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Kingston

CITY GUIDE



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1

CITY HALL

- Visitor Information Centre
- Historic City Hall Tours
- 1000 Islands Cruises
- Sir John A. Theatrical Experience



2

ROYAL MILITARY COLLEGE OF CANADA

- RMCC Museum
- Douglas Firearms Collection
- Fort Frederick
- 1812 Walking Tour



3

FORT HENRY

- UNESCO World Heritage Site
- Renowned Fort Henry Guard
- Wednesday Night Sunset Ceremonies
- Battery Bistro



4

SPRINGER MARKET SQUARE

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- Farmers' Market
- Restaurants, Boutiques & Cafés



5

PUMP HOUSE STEAM MUSEUM

- Pump House Steam Museum
- City Park & Waterfront Path
- Ahoy Bike & Kayak Rentals
- Murney Tower



6

BELLEVUE HOUSE

- Restored home of Canada's First Prime Minister Sir John A. Macdonald
- Isabel Bader Performing Arts Centre • Tett Centre



7

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- Portsmouth Village
- Olympic Harbour



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QUEEN'S UNIVERSITY

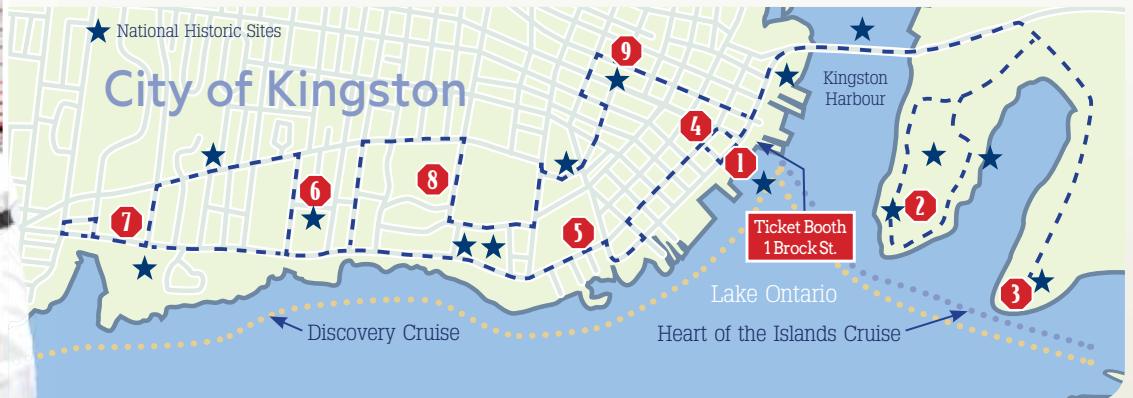
- Agnes Etherington Art Centre
- Miller Museum of Geology
- Museum of Health Care
- Summerhill House



9

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Photos: Market, Danielle van den Brink; Biker, Rob Whelan; Chef, Tim Forbes

Kingston

CITY GUIDE

Volume 1 | Issue 2



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For information on all of our publications, visit kingstonlife.ca.



FROM THE PUBLISHERS

This summer, we launched our first edition of Kingston City Guide, and the response from visitors and Kingstonians alike has been overwhelming. We're excited to be back with our fall issue to help you make the most of your visit to Kingston.

The fall is a favourite season for many, thanks to sweater weather and warm colours. It's the perfect time to explore a city, and you can't go wrong with making Kingston that place. While you're visiting, the Kingston City Guide is your go-to curated source for all that is authentically Kingston. We're here every season of the year, and aim to inspire our visitors to create and share their own unique experience in the Limestone City.

Left wanting more? Visit visitkingston.ca, where you will find boundless content and up-to-the-minute updates on where to stay, where to be, and what to see and do!

If you can't already tell, we're unapologetic about our love for Kingston, and know you will be, too! Don't forget to enter our "Win a Winter Weekend in Kingston" contest; you can see page 62 for details. We'd love to have you back again.

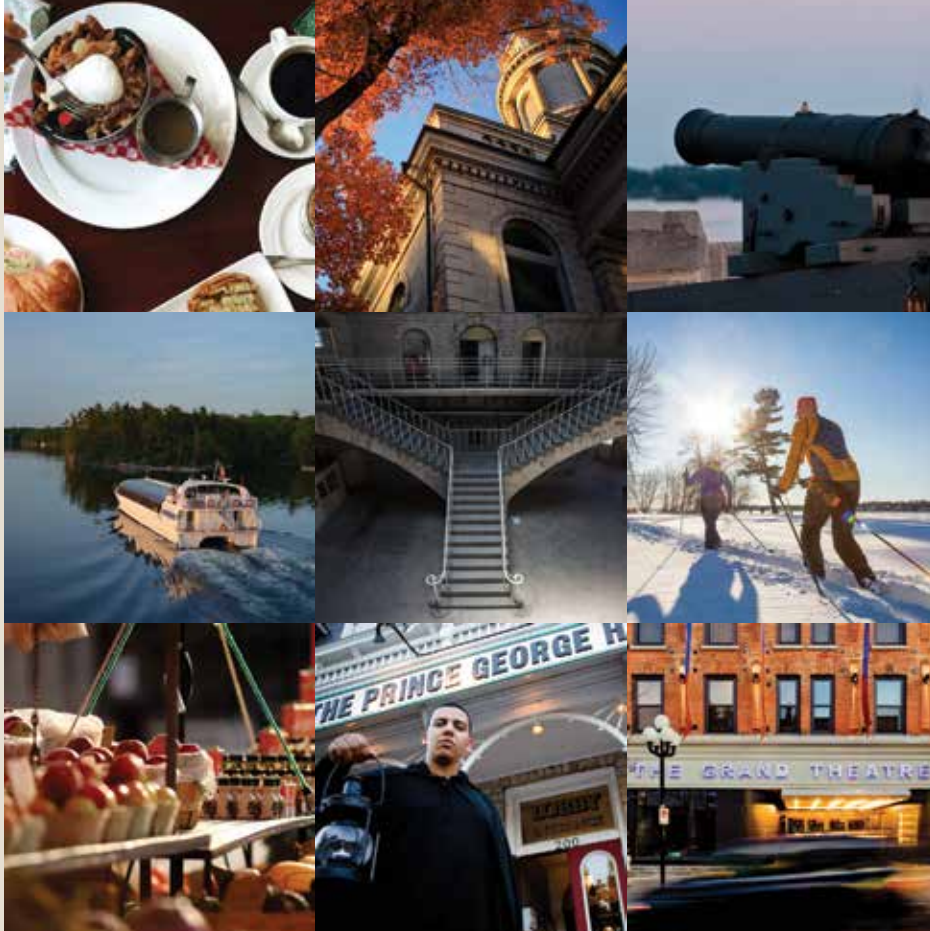
GET IN TOUCH

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K7L 4Z7

On the cover:

Shot on location on Bagot Street
with models Jana Marekova and
David Timan.

PHOTO BY MARC POLIDORO



WELCOME TO KINGSTON

Where culinary, culture and creators meet.

Home to a vibrant arts landscape, passionate local creative community, world-class attractions, thriving culinary scene, and historic tributes to our past – discover your new favourite getaway.

◁ 150 ▷
KINGSTON
visitkingston.ca



Welcome to Kingston

For more information on what's happening in the city, drop by the Visitor Information Centre (209 Ontario St.) or visit Tourism Kingston's website at visitkingston.ca

Welcome to Kingston, known as the Limestone City and Canada's first capital. Our vision is to be a smart and livable 21st-century city, with the goal of establishing Kingston as a leader in innovation and entrepreneurship.

This is an exciting year as we join the national festivities for Canada's 150th birthday, and we are thrilled to have you here as we celebrate our own unique contributions to the Canadian landscape. Kingston is a city of "firsts" and home to some of Canada's most important historical figures and events.

During your visit, I invite you to take time to discover Kingston, home to the region's best cultural attractions, and our beautiful waterfront, museums, galleries and historic sites, including Fort Henry and the exciting new Kingston Penitentiary Tours. I hope you get to experience our rich and vibrant community and enjoy your stay in Kingston.

Sincerely,

Bryan Paterson
MAYOR

GOOD TO KNOW

Population:

Greater Kingston, 159,561
(Statistics Canada, 2011)

Climate:

Proximity to Lake Ontario yields a moderate climate with four seasons.

Average Temperature:

Winter: -8°C (17°F)
Summer: 20°C (75°F)

Language:

Primary language is English, with government services and many local business services available in French.

Nicknames:

The Limestone City, YGK

WEBSITES TO BOOKMARK

visitkingston.ca
queensevents.ca
keepupwithkingston.com
rosalyngambhir.com
downtownkingston.ca
cityofkingston.ca
kingstonlife.ca
thewhig.com



Sir John's Public House

Where Canada began!

150

1867-2017



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Sir John A. Macdonald
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Canada's first Prime Minister



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\$11 Lunch Features:

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Breakfast:

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Sunday Brunch - 10:30 to 3:00;



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PHOTO OP: Visitors now have a chance to be a part of Kingston — literally. Following in the footsteps of cities like Toronto and Ottawa, the City of Kingston recently installed a giant sign beside the Kingston Visitor Information Centre (across from City Hall on Ontario St.), that invites people to become the 'I' in Kingston. Use the hashtag #iinkingston to be a part of the action.

Photo: Brooke Bresce
From her Instagram account



Looking for an inexpensive way to tour the city? In partnership with Toronto-based Dropbike, the City of Kingston recently launched a new bike-sharing pilot program where visitors can rent an orange bike from various locations in downtown Kingston. Rentals are \$1 per hour and visitors will need to download a smartphone application at www.dropbike.ca to gain access. (Available until the end of October.)

On Tour

FALL IS A PERFECT TIME TO EXPLORE THE CITY. IF YOU LOVE PAIRING LOCAL CRAFT BEER WITH FOOD, THESE TOURS COULD BE THE PERFECT WAY TO GET TO KNOW THE LIMESTONE CITY.

KINGSTON GANANOQUE BEER TOURS

New on the tour scene, this beer-focused excursion explores local history and landmarks around Kingston, Gananoque and the region by bus. The six-hour Kingston tour, dubbed 'The Ale Trail,' travels to five area breweries, including MacKinnon Brothers Brewing, King's Town Beer Company and new on the local craft beer scene, the Riverhead Brewing Company. Participants will have the chance to sample brews and food from the area.
\$99 + tax
www.kingstonganbeertours.com

BEER & BITES

Building on the success of Kingston Food Tours, owners Heather Ford and Daniel Barrett recently launched Beer & Bites. Led by a trained local guide, this two-hour downtown walking tour will hit local pubs, micro breweries, restaurants and shops, giving participants the chance to sample eight different local beers and pub fare. Guides will also touch on notable Kingston history along the way.
\$69 + tax
www.kingstonfoodtours.ca



Four Questions with Jason Goettler

SPOTLIGHT: LIMESTONE CITY TATTOO FESTIVAL by Erin Jones

The second annual Limestone City Tattoo and Arts Festival — coming to the Four Points by Sheraton on Sept. 16 and 17 — will feature two days of tattooing, with more than 40 artists from across North America. Along with custom artwork, it will also include vendors, entertainment and after-show parties for artists and patrons. We talked with Jason Goettler, co-owner of Inkwell — a tattoo shop at 272 Bagot St. — as well as one of the guest artists at the festival this year, about what to expect.

How would you describe your tattoo style?

It's a bold, graphic, comic-book illustrative style — but physically or proportionally accurate. It's not super cartoony where it's like giant heads or hands or something like that, but things that look a little bit more serious.

What draws you to the festival?

It's not so much about getting new clients or anything like that. I'm busy in Kingston before and after the festival. For me it's a cool opportunity to kind

of work on (a piece) that's super cool that I want to show off a little bit. It's a way to network and meet a bunch of new artists and kind of create those connections and open up the opportunity for guest spots. It's a cool opportunity to bring in new art, new artists, see different techniques, watch what other people are doing and get inspired.

You were also featured at the festival last year. How was the turnout?

The turnout was pretty crazy. On the Saturday we had, like, 2,000 people show up. I did actually meet a few people that came in to get some work done. This year it will be interesting to see what they do. It was the best experience I've ever had with a convention, ever. They really took care of the artists.

What do you think people look forward to about the festival?

A big thing is collectors looking forward to having access to a specific artist who otherwise would be on the other side of the country. Lots of prints, lots of differ-



Photo: Rob Whelan

ent kinds of arts. People who are more seasoned in the convention circuit will do a bunch of little paintings and stuff and just do a ton of prints. It's a cool way to collect art.

limestonetattoofestival.com



Art in the Country

GODFREY SCULPTURE PARK by Erin Jones

Looking for an inexpensive day trip idea? Godfrey Sculpture Park — 40 minutes west of the city, on Buck Bay Road — is open free to the public until Oct. 30, daily from 9 a.m. to 5 p.m. Pack a picnic and take a self-guided tour along the paths, trails, gardens and fields (a whole 60 acres of Canadian Shield). Established in 2016 by local artist Stefan Duerst, the park also features work by

other Kingstonians, including stone sculptor Chaka Chikodz, plus a “healing centre” that includes yoga workshops, healing therapy and acupuncture. “The combination of nature, art and healing art doesn't exist anywhere,” Duerst says. “We are groundbreaking in the way we are bringing all these things together in one location.” www.godfreysculpturepark.ca

Photo: Bernard Clark Photography



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Villa-Bellevue

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The Who, What & Where

A Comedy Of Errors

A Shakespearean farce with a vaudeville twist. Two sets of estranged twins are separated at birth, then find themselves in the same city 25 years later where mistaken identities, assumed personas and wild mishaps ensue with lightning-quick wit.

Continues to Sept. 16, various times, 1000 Islands Playhouse, Springer Theatre, 690 Charles St. S. in Gananoque, 1000islandsplayhouse.com. Regular tickets are \$35 but exceptions apply.

Limestone City Tattoo and Arts Festival

Back for a second year, this event celebrates tattoos and body art as a part of Kingston's cultural and creative landscape. Discover 50 distinct tattoo artists from Canada, America and around the world. Watch artists work or get some new ink of your own. There's even a tattoo stencil station for kids, with family-friendly art activities.

Sept. 16 to 17, various times, Four Points by Sheraton, 285 King St. E., limestoneattoofestival.com. Single-day pass is \$15, weekend pass is \$25.

Princess Street Promenade

The fall edition of your city's beloved annual street festi-



Ribfest & Craft Beer Show



The Kingston Multicultural Arts Festival



Fort Fright

Kingston Ribfest And Craft Beer Show

Sept. 8 to 10, various times, Memorial Centre, 303 York St., kingstonribandbeerfest.com. Free admission.

For craft beer, wrist band is \$6; 5oz samples after that are \$2 each.

Grab your napkins — this delicious and messy food fest is back! Make the most of the final days of summer as you savour barbecued ribs and chicken, small-batch craft beer and live entertainment in the park.

val, designed to celebrate the heart of downtown Kingston with fun, pedestrian-friendly activities, live entertainment, good eats and great shopping from local businesses.

Sept. 23, 10 a.m. to 5 p.m., along Princess Street from Division to Ontario streets, downtownkingston.ca. Free admission.

Fort Fright

If you're looking for a scary way to see Fort Henry, this is it. Live actors will make it their duty to terrify you during your spooky tour of the fort.

Sept. 28 to Oct. 29, 7-10 p.m., Fort Henry, 1 Fort Henry Dr. Admission \$18.

Kingston Writersfest

Celebrating storytelling and big ideas with great authors, audiences and special events like the International Marquee and Saturday Night Speakeasy. Presentations by Michael Chabon, Helen Humphreys, Pasha Malla, Mark Medley, Diane Schoemperlen and more. **Sept. 28 to Oct. 2, various times, Grand Theatre, 218 Princess Street, www.kingstonwritersfest.ca. Festival pass \$180; individual events priced separately — purchase before September 27 for lower rates.**

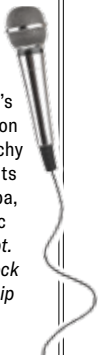
SEE & DO

I Love The 90s Tour
A concert dedicated to a revolving lineup of iconic musicians from everyone's favourite decade. Throw on some neon, grab a scrunchy and dance along to the hits as Vanilla Ice, Salt-N-Pepa, Young MC and C&C Music Factory perform live. *Sept. 8, 7:30 p.m., Rogers K-Rock Centre, 1 The Tragically Hip Way, rogersk-rockcentre.com. \$69.50-\$99.50.*

Kingston Multicultural Arts Festival
A colourful day filled with culture, food, crafts, art, music, live entertainment, dancing, workshops and more. Bring your family and friends to experience a global village in downtown Kingston. *Sept. 10, 11:30 a.m. to 5:30 p.m., Confederation Park, Ontario and Clarence streets, kipcouncil.ca. Free admission.*

Kingston Zombie Walk
It's time to grab your family and friends and become one of the walking undead ... even if it's just for the day. There will be costume prizes plus plenty of fake blood, theatrics and apocalyptic fun for all ages. Non-zombie observers also welcome! *Oct. 21, 1 to 3 p.m., Skeleton Park, Ordnance and Clergy streets, kingstonzombie.ca. Free to sign up or watch; donations accepted.*

Looking for more? For a complete list of events, visit visitkingston.ca.



Mini-Oktoberfest

Prost! Grab some local sausage, pretzels, mustard and potato salad from market vendors, with beer on tap served by MacKinnon Brothers Brewing Company. Featuring live music with German flair and activities for the kids. *Oct. 1, 11 a.m. to 2 p.m., Memorial Centre, 303 York St., memorialcentrefarmersmarket.ca. Free admission.*

Queen's Observatory Open House

Every second Saturday of the month, hear a professional astronomer share insights on everything from dwarf galaxies to cosmology and black holes. View the moon and planets from the outdoor deck, then head to the dome for a glimpse of deep space through the reflecting telescope. *Oct. 14, 7:30 to 9 p.m., Queen's Observatory in Ellis Hall, 58 University Ave., observatory.phy.queensu.ca. Free admission.*

Kingston Symphony, "Canadian Seasons"

A timely feast of Canadian music to mark Canada's 150th birthday. In this program, the Kingston Symphony features the extraordinary talent of Larry Larsen performing "Trumpet Concerto," John Burge's "Four Seasons of the Canadian Flag," plus a to-be-confirmed performance by the inaugural winner of the Isabel Bader Canadian Violin Competition. *Oct. 22, 2:30 p.m., Isabel Bader Centre for the Performing Arts, 390 King St. W., kingstonsymphony.ca. \$10-\$50.*

Vinyl Record Sale

Get your hands on some great finds! Sift through LPs, turntables, sound systems,

boom boxes, shelf systems and more to satisfy your hip, vinyl-loving heart. *Nov. 2 to 5, various times, Kingston Symphony Warehouse, 785 Sir John A. Macdonald Blvd., kingstonsymphony.ca. Free admission.*

Gordon Lightfoot

With his warm voice and nimble guitar technique, this legendary folk-rock singer-songwriter weaves together unforgettable hits from his historic 50-year musical career. Enjoy all the Lightfoot classics, from "If You Could Read My Mind" and "Sundown" to "Carefree Highway" and "Rainy Day People." *Nov. 9, 8 p.m., The Grand Theatre, 218 Princess St., kingstongrand.ca. \$89.50 for A Section, \$84.50 for B Section (plus tax and handling).*

Kingston Handweavers And Spinners Annual Sale

This event by the Kingston Handloom Weavers and Spinners features talented artists in a variety of textile media: weaving, spinning, felting and knitting. Pick up one-of-a-kind articles to wear, fabric art, unique home decor and more. *Nov. 10 to 13, various times, Tett Centre for Creativity and Learning, 370 King St. W., khws.ca. Free admission.*

Louis Lortie, Piano

Lortie is one of Canada's great piano players. He is made for performing and puts on shows that can only be experienced live. Audience members will love how he plays Chopin, Schubert and more. *Nov. 19, 2:30 p.m., Isabel Bader Centre for the Performing Arts, 390 King St. W., theisabel.ca. \$39, \$47 or \$55 based on seating.*



Prepare to be terrified during Fort Fright at Fort Henry.

Photo: Fort Fright, courtesy Visit Kingston

Out of the Vault

AT THE PUMPHOUSE,
SEPTEMBER 7 THROUGH NOVEMBER 25

What may come as a surprise to Kingstonians and visitors alike is that the City of Kingston is the proud owner of an impressive collection of locally, provincially and nationally significant Canadian art, donated by the Art Collection Society of Kingston in 1988.

To continue Canada's sesquicentennial celebration, a selection of artworks has been brought 'Out of the Vault'. This is your opportunity to take in the exhibit at the PumpHouse, September 7 through November 25, (Thursday and Friday 12 – 4 p.m. and Saturday 10 – 5 p.m.).

1 Alfred Pellán (1906-1988) Végétaux Marins, 1964 Oil on board

Végétaux Marins, is an impressive example of artist Alfred Pellán's energetic surrealist style. The abstracted natural forms are a visual milestone along Pellán's stylistic evolution from representational images to abstraction to surrealist, avant-garde forms.

2 Kenojuak Ashevak (1927-2013) Complex of Birds, 1960 Stonecut Print (ink on paper)

Kenojuak Ashevak is considered one of Canada's most acclaimed Inuit graphic artists. She received honorary degrees from Queen's University and the University of Toronto and was also a Companion in the Order of Canada.

3 William Kurelek (1927-1977) Milking Cows, 1964 Oil on Masonite

Milking Cows, is part of the Immigrant Farms in Canada series by William Kurelek. The series depicts his parent's experiences as immigrants from Ukraine to rural Alberta. Kurelek, an idealistic pragmatist, was known for his realistic depictions of the world.

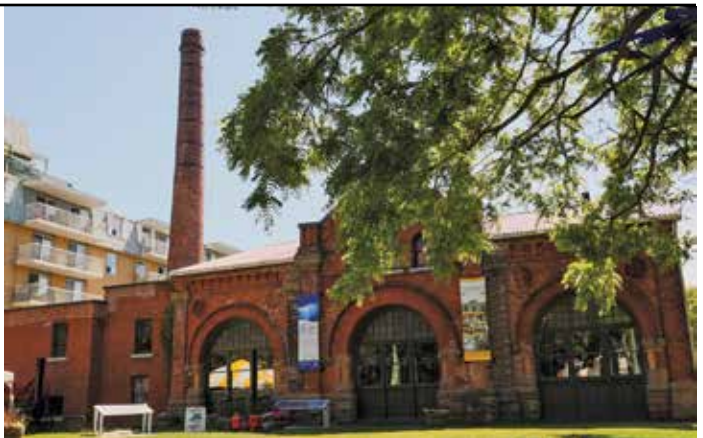


After months of renovations, the wraps are off the newly expanded PumpHouse. This notable heritage building on Lake Ontario provides something for everyone. Come see the refurbished Discovery Centre, an interactive space dedicated to children and learning. All new hands-on activities highlighting science, engineering, math and technology will spark the fascination of children and adults alike.

PumpHouse

23 Ontario St.
613-544-7867

For more information and hours of operation, visit kingstonpumphouse.ca



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Dine

When it comes to authentic and local, Kingston's food scene certainly delivers. Whatever you're craving — from inventive fine dining to superb ethnic eats — there's a pretension-free eatery to satisfy. Many restaurants source ingredients locally, so you're guaranteed to have a fresh and seasonal dining experience. And don't forget to check out the area's many farmers markets.

Caffeine fix

There are numerous coffee shops to choose from in Kingston, especially downtown. Pictured here are hot drinks from Coffeeco on King Street across from Springer Market Square.

*Photo courtesy of Juli Kim
From her Instagram account*

Locally Mouthwatering

FROM SWEET TO SAVOURY, CHARCUTERIE BOARDS OFFER A UNIQUE ASSORTMENT OF FLAVOURS THAT ARE BEST SHARED WITH GOOD COMPANY. CREATING YOUR OWN IS AN AWESOME WAY TO GET TO KNOW KINGSTON'S INCREDIBLE FOOD SCENE; ALTERNATIVELY, PICK UP A FEW OF THESE ITEMS AS GIFT IDEAS!

by Ashley Newton

Black Currant Mustard

Cressy Mustard Co., available at General Brock's Commissary, 86 Brock St.

Mustard is an essential spread with meat and cheese; General Brock's Commissary has a large selection of artisan mustards.

Kobasa

Haanover View Farms, available at the Memorial Centre Farmer's Market

A staple to any charcuterie board, the aroma of a top-notch sausage is the perfect accompaniment without stealing the spotlight.

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Kingston Olive Oil Company, 62 Brock St.

The subtle richness of a perfect olive oil will make experimenting with your meats and cheeses that much more exciting.

Fresh-Baked Baguette

Pan Chancho, 44 Princess St.

Don't forget to buy bread or crackers for your board!

Charcuterie Board

Local craftsman Nick Allinson, The Kingston Collective, 303 Bagot St., Suite 14

This beautiful handmade 12" x 36" charcuterie board is made of walnut.

Taggiasca Olives

Sapori Bottaga, 27 Princess St.

Even if you're not a fan of olives, you just might become one when you pair this flavour with everything else on your board.

Rolled Pancetta with Black Pepper

Sapori Bottaga, 27 Princess St.

Pick up some pancetta that's seasoned to perfection. This meat, like all of Sapori Bottaga's products, comes straight from Italy.



Photo: Marc Polidoro

5 Brothers Cheese

Gunn's Hill, available at Cooke's Fine Foods and Coffee, 61 Brock St.

This Ontario-made Gouda-style cheese is one of Cooke's best-selling semi-firm cheeses.

Old Cheddar

Wilton Cheese Factory, available at various local retailers

Select this traditional favourite to satisfy your taste buds and keep you reaching for more.

Haskap Berry Chutney

Winding Path Organic Farm, available at the Memorial Centre Farmers' Market

The haskap berry superfood is beloved in Japan and Russia; this all-natural preserve will make you wish you had more bread.

Orange Cranberry Goat Cheese

The Goaty Girls, available at the Memorial Centre Farmers' Market

If you've never tried goat cheese with citrus, try this one.

Stilton Pate

Pan Chancho, 44 Princess St.

Every charcuterie board needs a pate. You can't go wrong with this one.

Hot Red Pepper Jelly

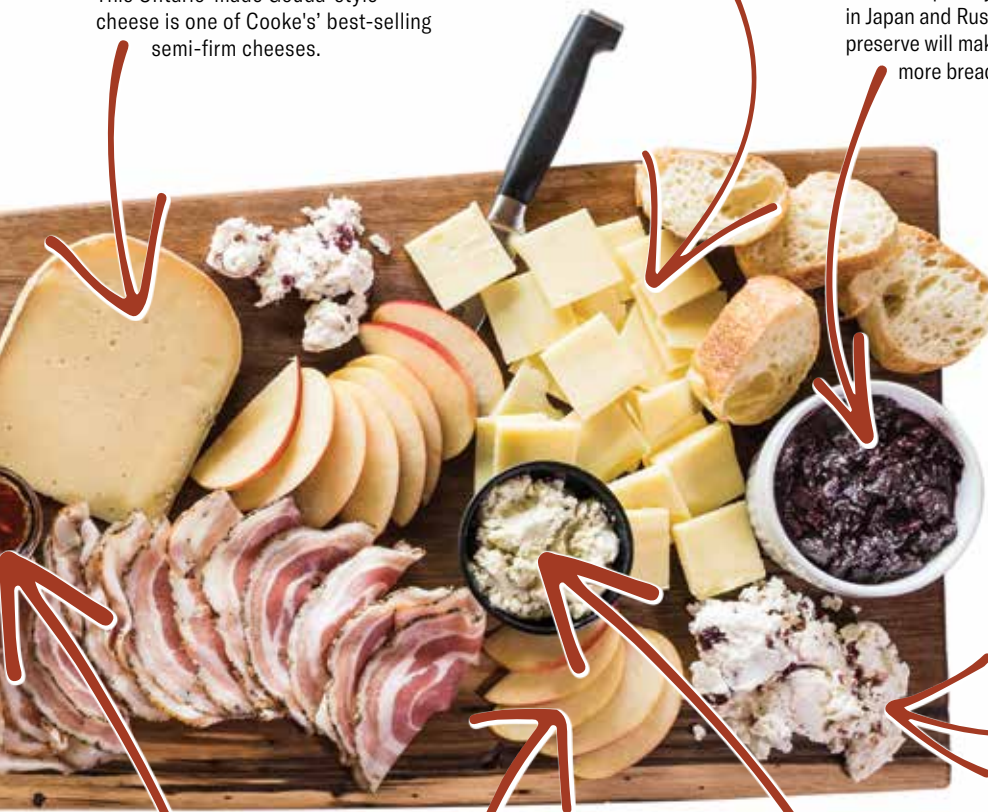
Kings Town Crier, available at Brock's Commissary, 86 Brock St.

Add some spice to your board! This is sweet jelly with a kick.

Local Apples

Baycrest Farms, available at the Kingston Public Market

Fall is the perfect season for fresh apples. Sink your teeth into a slice topped with fresh cheese; you'll thank us.





Joy McBride

HEAD PASTRY CHEF by Josephine Matyas

Baker Joy McBride has a long history working in restaurants, but it was a career that began humbly enough, baking desserts for friends. Joy was the person who always brought the cake to the party. As her reputation grew, so did her business: from parties to catering jobs, and eventually to her longtime position as head pastry chef at Pan Chancho.

What brought you to Kingston?
I came here in 1985 to do a PhD at Queen's University in history.

What is your neighbourhood and what makes it special?
I live in Portsmouth Village, close enough (to Lake Ontario)

that we can walk along the water. We have the best neighbours in the world — there's a real sense of community.

Do you have a favourite spot to enjoy fall in the city?
I love being anywhere outside,

Joy's Local Picks

Farmers Market Finds

Buying something fresh from the Kingston farmers market — like corn, because we don't grow corn in our home garden.



For a real treat, we visit a woman named Saafa who has a stall at the Memorial Market where she sells all kinds of flatbreads and these absolutely delicious Syrian sweets like baklava.

Getting yarn from Purlin's J's Roving Yarn Co.

I just started knitting and I go to knit nights at The Portsmouth Tavern on Thursday evenings. It's a drop-in; people are very kind and will help you learn to knit.



especially down by the water. My favourites are any of the hiking trails along the water, like Lemoine Point or CFB Kingston.

What's your favourite thing to bake in the fall using local ingredients?

Definitely baking with apples ... and fall is perfect apple time. I like to try different recipes and am always on the lookout for apple varieties. When we travel I call it orienteering for apples.

What is Kingston's best-kept secret?

All the little nooks and crannies you can wander through, like the cut-throughs behind Chez Piggy.

We're So Crafty

WOLFE ISLAND SPRING CRAFT BEER

Kingston's newest neighbour and the latest addition to the city's burgeoning craft beer scene, the Wolfe Island Spring Craft Brewery serves up tasty suds of all sorts to thirsty patrons around town. With a wide selection of lagers, ales and everything in between, the Wolfe Island Spring Craft Brewery boasts a robust lineup of full-bodied brews for every palate.

Try their signature brew Wolfenstein Cannonball Ale - a German Steinbier brewed with an authentic, 36lb solid iron cannonball, literally dredged from the bottom of Lake Ontario and likely leftover from one of many conflicts surrounding the Great Lakes during the War of 1812. The cannonball is heated significantly hotter than the German's brewers. This heat caramelizes sugars from the malt to help balance bitterness from the hops, and the residual iron the cannonball leaves in the beer gives it its crisp and refreshing finish.



▼ Sip on these this summer.



LIGHTHOUSE LAGER

4.2% ABV, 18 IBU. A crisp and refreshing lager based on traditional German pilsners. Brewed with German noble hops. Pairs well with fish and other light proteins.



BILLY BISHOP RED ALE

5.2% ABV, 35 IBU. This beer is an Irish-style red ale brewed with traditional European grains. It pairs well with BBQ meats and vegetables.



ORANGE-WHITE

4.8% ABV, 12 IUB. This Belgian-style white beer is brewed with orange zest and coriander. It is designed to be enjoyed as a most refreshing libation on your favourite summer patio.

<http://wolfeisland.beer/>





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www.atomica.ca



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68 Princess St., 613-549-7673
chezpiggy.com



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www.diannekingston.com



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harpersburgerbar.com



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506 Princess St., 613-531-0003
themansionkingston.com



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The Heart of the 1000 Islands



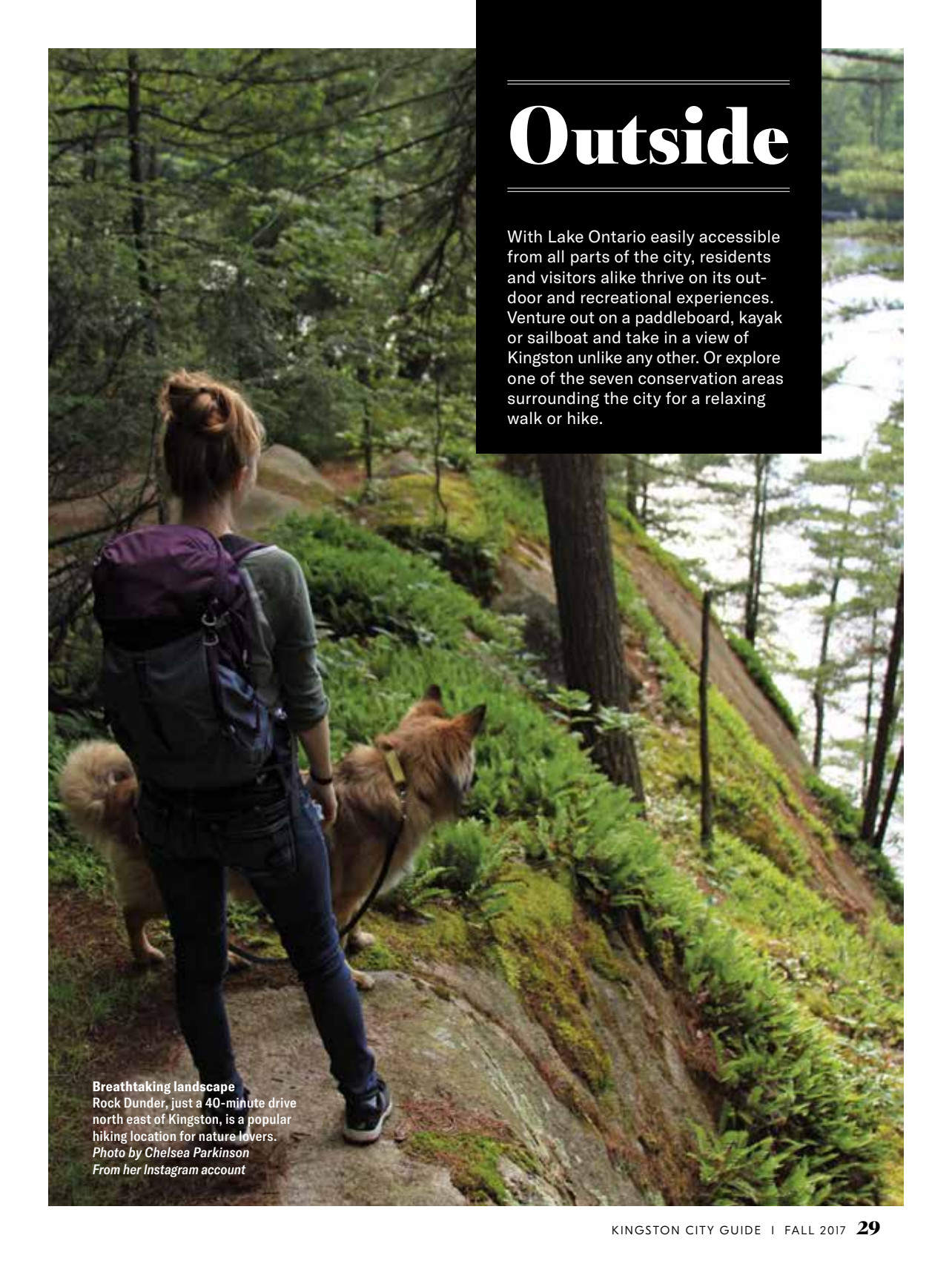
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Outside

With Lake Ontario easily accessible from all parts of the city, residents and visitors alike thrive on its outdoor and recreational experiences. Venture out on a paddleboard, kayak or sailboat and take in a view of Kingston unlike any other. Or explore one of the seven conservation areas surrounding the city for a relaxing walk or hike.

A hiker with a purple backpack and a dog on a rocky trail overlooking a forest.

Breathtaking landscape
Rock Dunder, just a 40-minute drive north east of Kingston, is a popular hiking location for nature lovers.
Photo by Chelsea Parkinson
From her Instagram account



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Off the Beaten Path

THREE NEIGHBOURHOODS TO EXPLORE

by Erin Jones



A Bagot Street property in Kingston's Sydenham Ward, in the heart of downtown.

Kingston has some truly unique neighbourhoods, full of rich history, thriving culture, and incredible architecture. Here are three 'hoods worth checking out.

1 Portsmouth

THE ONE TO WATCH: Portsmouth Village is known for its rich, storied history and loved for its stretches of public waterfront. Not far from the downtown core, the neighbourhood is defined by Johnson Street to the north, Portsmouth Avenue to the west and Lake Ontario to the south. It's home to Queen's north campus, Richardson Stadium, St. Lawrence College and Lake Ontario Park. One of Kingston's biggest tourist attractions, Kingston Penitentiary's prison tours, is located in Portsmouth Village. The 178-year-old former prison complex is in the process of being redeveloped to include public access to the entire waterfront, and more open space — using heritage buildings for mixed commercial and residential use. Also in redevelopment is the Portsmouth Olympic Harbour building, which will be torn down and replaced with a community hub and highrise buildings up to 25 storeys tall. With a fusion of old and new, Portsmouth is sure to be the neighbourhood to watch in Kingston.

Photo: Marc Polidoro

2 Skeleton Park

THE ONE TO INSPIRE:

Arguably the most hip part of Kingston, Skeleton Park is named after McBurney Park, a former public burial site in the 1800s. Just a few blocks from downtown, it's burrowed at the end of Clergy Street and bordered by Alma and Ordnance streets. Rumoured to be haunted, the eclectic surrounding neighbourhood is teeming with artists of all kinds. It's also home to one of Kingston's largest and longest-running summer festivals, The Skeleton Park Arts Festival, which has featured big names like The Trews and Sarah Harmer. You don't want to miss the annual Skeleton Park Halloween Parade — a New Orleans-style "second line" parade around the park. The area is so hip, Kingston's own The Tragically Hip even have a song named after the park.

3 Sydenham Ward

THE ONE TO TOUR:

Downtown's Sydenham Ward is very close to Queen's campus, and with over 500 properties built in the 19th century, it's designated a Heritage Conservation District. With inns, churches, museums, parks, old defences like Murney Tower, and retail businesses, it's hard not to get lost in the beauty of the charming architecture and prominent gardens. At night, the Haunted Walk of Kingston explores the neighbourhood's spooky past.



Beth Wartman

MANAGER, *THE CYCLEPATH* by Erin Jones

Beth Wartman is the manager of The Cyclepath Kingston, a city mainstay for over 25 years, and its two-year-old sister shop, Ted's Performance Bike Shop. The two stores, located steps away from one another at 471 and 477 Princess Street respectively, offer cyclists a full repair shop plus bikes and gear for all types of cyclist. A lover of all things outdoors, Wartman is an avid biker herself.

What is your favourite thing about fall?

Usually the change of colours ... so obviously riding my bike in various places so I can see those changes.

Why do you choose to live in Kingston?

It has just about everything that I would want in terms of recre-

ation, retail, great restaurants. I find it's a city that's easy to get around in and it still sort of has a small-town feel.

What is some of your favourite biking gear?

I would say my shorts and my saddle on my bike. That's probably what makes me the most comfortable when I'm doing

Beth's Local Picks



Stone City Ales

There's always something new to try. I love their charcuterie boards and their menu. It's a great place. My favourite drink [there] ... probably Uncharted.

Elm Café

Great coffee, great baked goods. It's just a nice little shop. In the winter-time I really love getting their hot chocolate with the Ghirardelli chocolate in it.



Trailhead

It basically meets all the outdoor needs I have beyond biking.

long rides. Bontrager shorts and then my saddle is made by Specialized.

What are some of your favourite places to bike in Kingston?

I love right now riding the K&P Trail and all the different expansions. In Kingston I enjoy riding out to the east end towards Gananonque and places like that. I also love riding a little bit more towards the north to some of the smaller villages like Westport.

At the end of a long ride, what do you look forward to most?

If I'm going with other people, finding a really nice place that's bike-friendly to stop and get a bite to eat — just doing a ride and coming back and going to one of the patios ... We like Stone City Ales a lot.

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November 18, 2017

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613-530-2050 | www.kingstonsymphony.ca



Culture

Whatever fuels your cultural fires, there are abundant opportunities in Kingston for you to spark your creative side. Harbour towns have always had more than their fair share of artistic expressions, a product of the creative impulses that arise from people coming and going. And, artists have long been drawn to the city's artistic spirit, beautiful waterfront setting and incredible venues. The result is a small city overflowing with talent of all kinds. Lucky you! You've got a lot of exploring to do, and you don't have to travel far.



Creatives in Kingston
Kingston artist Su Sheedy creates one of her luminous encaustic works at her studio in her home.
Photo by Tim Forbes

Back in time

Canada's first prime minister called Kingston home. Tour Bellevue House to see how he lived in the 1840s.



Culture Capital

FROM SMALL, ARTIST-RUN GALLERIES AND SPECIALIZED MUSEUMS TO SITES OF NATIONAL SIGNIFICANCE, THERE IS A CHANCE TO TAKE IN CULTURE AT EVERY TURN by Ashley Newton




 **HISTORY BUFF**

 **ART LOVER**

 **SPORTS FAN**

 If you're interested in learning what life was like in the past, Kingston has a bit of something for everyone — from medical to military history and beyond. Visit Bellevue House, a National Historic Site, to see how Sir John A. Macdonald

and his family lived in the late 1840s, or witness the majesty of the original pumps that provided running water to Kingston as early as 1850 at the Pump House Steam Museum.

 If you're in the downtown area, be

sure to visit local favourites like Martello Alley and Studio 22. Venture toward Queen's University and stop by the Agnes Etherington Art Centre or Union Gallery, and don't forget to head near the water where Modern Fuel Artist-Run Centre is located inside the Tett Centre for Creativity and Learning.

 **Hockey lover?** Kingston is home to the original Hockey Hall of Fame. The hall covers intriguing artifacts, achievements by Kingston players and the oldest hockey jersey from Queen's University. The whole family will appreciate learning about one of Canada's most beloved sports.

Photo: Tim Forbes (Courtesy of The Great Waterway)



Mathieu Léger

Espace plausible ; Plausible Space

On view September 9 - November 10, 2017

Located on the Queen's University campus since 1994, the gallery contributes to the Kingston art scene through its program of exhibitions of contemporary visual and interdisciplinary art by both student and professional artists.



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613-533-3171 | uniongallery.queensu.ca
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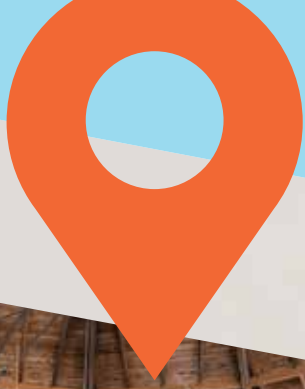


One Of A Kind Lifestyle Store
290 Princess Street KINGSTON artnoise.ca

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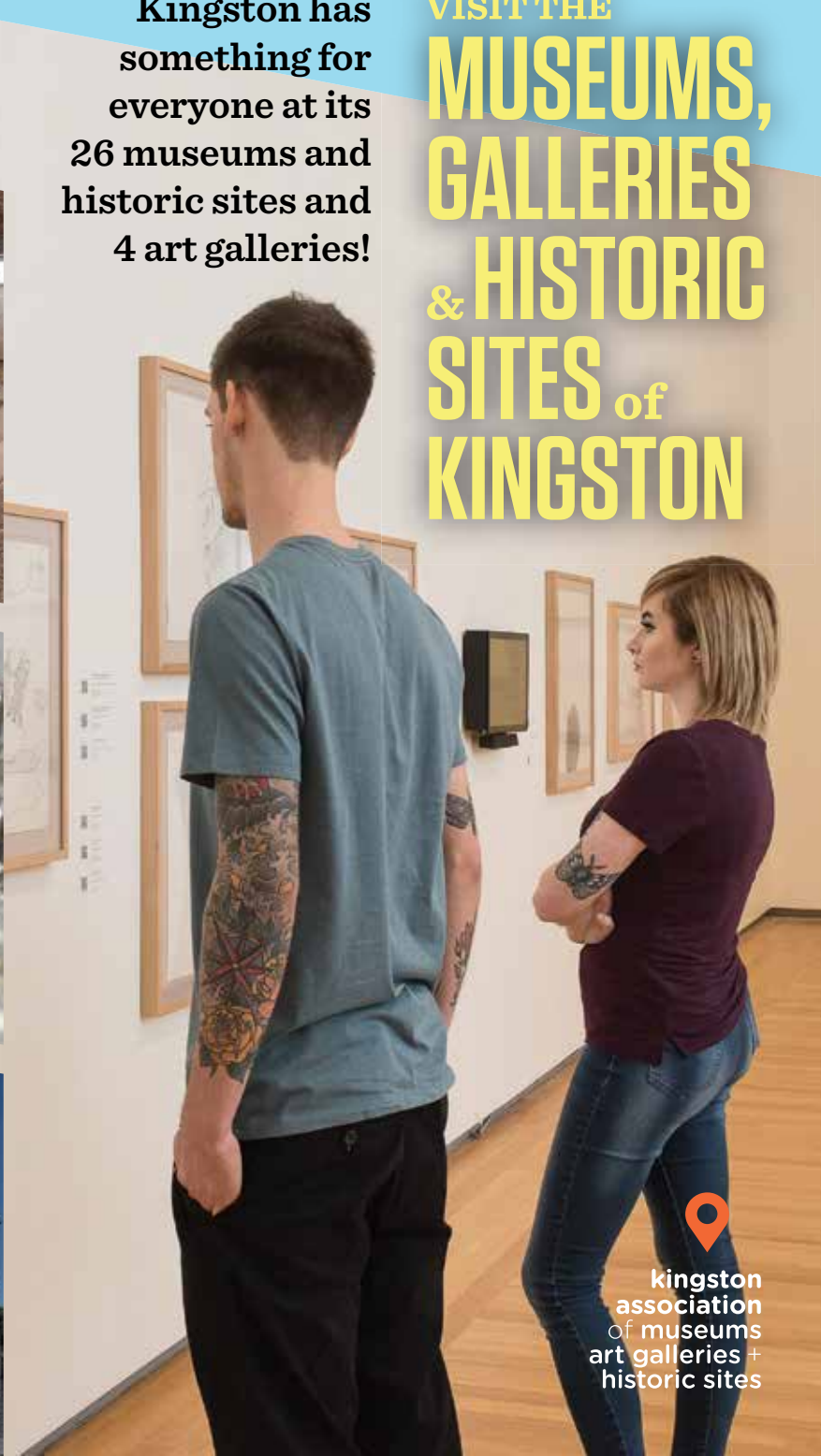
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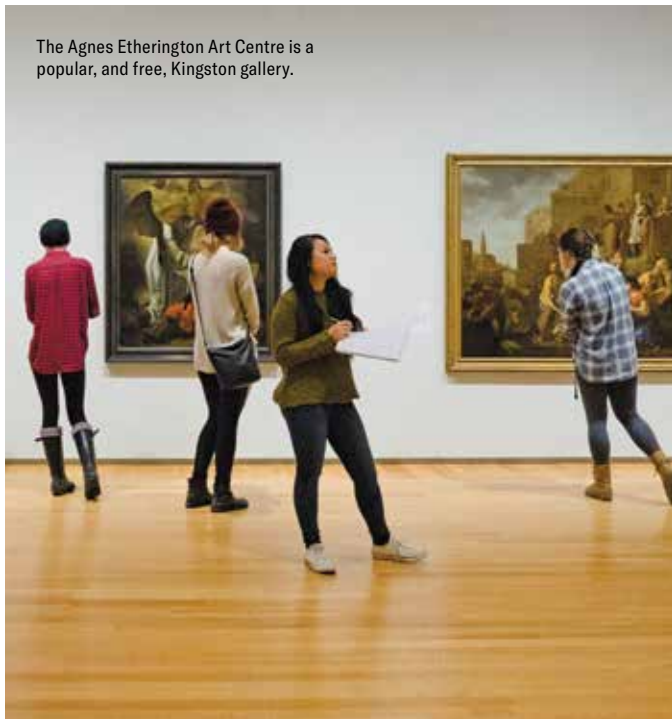
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Valuable Venues

NO MATTER YOUR TASTE, KINGSTON PROMISES TO KEEP YOU BUSY WITH AN
ENDLESS ARRAY OF CULTURAL ACTIVITIES

by Ashley Newton

The Agnes Etherington Art Centre is a popular, and free, Kingston gallery.



1 ART

A city as culturally diverse as Kingston offers no shortage of art galleries and hands-on cultural experiences. Take a walk down Princess Street and you'll see the dedicated work of artists and artisans at places like Martello Alley (203 B Wellington St.), The Kingston Collective (303 Bagot St. #14) and Studio 22 (320 King St. E., across from Springer Market Square). Slightly farther from the downtown area, on the Queen's University campus, are the Agnes Etherington Art Centre (36 University Ave.) — offering free tours year-round — and The Union Gallery (inside Stauffer Library). The Modern Fuel Artist-Run Centre, inside the Tett Centre for Creativity and Learning (Morton Way), is just a short walk west on King Street by the waterfront, where both spaces offer a number of workshops, discussions and fun activities for every age.

Photo: Tim Forbes

2 MUSIC

Kingston's music scene thrives every season of the year. Venues like the Rogers K-Rock Centre (1 The Tragically Hip Way) and the Isabel Bader Centre for the Performing Arts (390 King St. W.) offer unique live experiences for music lovers. Looking to enjoy a show in a smaller setting? Musiikki Café (73 Brock St.) is the place to be on Tuesdays for open mic nights. Other establishments like The Common Market (136 Ontario St.) and Sir John's Public House (343 King St. E.) host some of the city's other major open mic nights, guaranteeing a good time for those brave enough to take the stage and for those waiting to hear something new.

3 FILM

Nestled in the downtown core is The Screening Room (120 Princess St.), a favourite place for many to watch new releases, indie favourites and more. The theatre itself is known for hosting several movie events throughout the year, showcasing old classics and other films that are hard to find. This is a place you won't want to overlook: it has a good taste for the old while keeping the appeal of lesser-known movies fresh for its audiences.



Philippe Laprise

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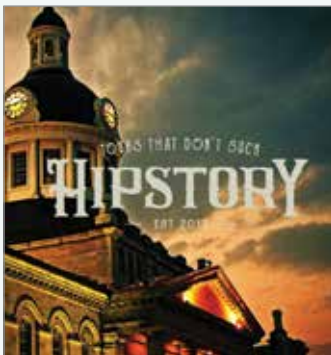
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1 Brock St., 1-800-848-0011
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1 Brock St., 1-800-848-0011
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MODERN FUEL

Modern Fuel is a non-profit artist-run gallery located in the Tett Centre. Modern Fuel facilitates the presentation of local and international contemporary art.

Suite 305, 370 King Street W., 613.548.4883 | info@modernfuel.org
modernfuel.org



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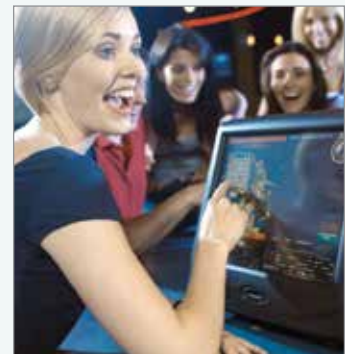
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Shop

Shopping gets more exciting when each storefront has its own personality. Regardless of what you're looking for, passionate and knowledgeable shop owners are ready to welcome you inside their doors. Many retailers carry wares from local artists and artisans, meaning your perfect purchase will always be a reminder of the time you spent in the Limestone City.

Pop-up shopping

Pictured here is YGK Studios Fashion and Finds Pop-Up Shop in its new downtown location at The Kingston Worx in collaboration with The Goodway. Photo by Kaley Noel Photography



Classic Treasures

THE BEST OF VINTAGE AND ANTIQUE SHOPPING IN KINGSTON

by Ashley Newton



The bustling Sunday Antique Market in Kingston's Springer Market Square.

DOWNTOWN

1 Sunday Antique Market
Springer Market Square
kingstonantiquemarket.ca
This unique market offers a complete outdoor shopping experience, paired with musical entertainment and exciting vendors. Snack on local produce while you shop. Open Sundays from 9 a.m. to 3 p.m.

2 Antique Alley
207 Wellington St.
antiquealley.ca
Discovering Antique Alley among the buildings of downtown is just as fun as finding the antiques and deals hidden within its walls. Located just off Princess Street, this shop features specialty items like typewriters, branded fridges, fashion items and accessories, with new arrivals in often.

3 End of the Thread Antique Emporium
201 Princess St.
endofthethread.com
What began as a popular antique shop and café in Brighton recently expanded to an eye-catching storefront in Kingston, for those looking for that unique purchase.

WEST END

4 Pickers World
1473 Princess St.
pickersworld.weebly.com
Located on the brink of the West End across from the Ambassador Hotel, this is a popular daily antique market packed into two levels of fun. Bring your own sellable antiques when you visit and your items could be put on sale for other collectors to cherish.

5 Collins Bay Flea Market
666 Collins Bay Rd.
collinsbayfleamarket.com
Looking for a one-stop shop for antiques in the West End? Kingston's oldest flea market is open year-round; with over 25 vendors, this antique hot spot has become a popular favourite for locals and collectors alike.

EAST END

6 Barriefield Antiques
242 James St.
antiqueskingston.com
For those in the East End, Barriefield Antiques provides an eclectic assortment of clocks, furniture, china, collectibles, lamps and more. For those looking to peruse or collect, each corner of this Barriefield village staple is home to endless possibilities. Open 11 a.m. to 4 p.m. Fridays and 9 a.m. to 5 p.m. Saturdays and Sundays.

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fancythat.ca

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207B Wellington St., 613-545-1120
antiquealley.ca



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Cataraqui Centre is the largest shopping centre in the greater Kingston area, with a great variety of stores including H&M, Hudson's Bay, SportChek and Sears.

945 Gardiners Rd., 613-389-7900
cataraquicentre.ca



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cher-mere.ca



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253 Ontario St., 613-541-0707
chrisjameskingston.com



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255 Ontario St., 613-546-7967
cornerstonecanadianart.com



GENERAL BROCK'S COMMISSARY

Relive Kingston's history during the War of 1812 and take home a "Taste of Upper Canada." Featuring an array of local artisanal specialty foods, including jams, mustards, rubs, sausages, chocolates and more!

86 Brock St., 613-484-1587
generalbrockscommisary.com



THE KINGSTON COLLECTIVE

We carry a wide selection of locally curated goods including original art, prints, cards, soaps, candles, charcuterie boards, scarves, kimonos and more. Plus, we host a variety of creative workshops and pop-up markets.

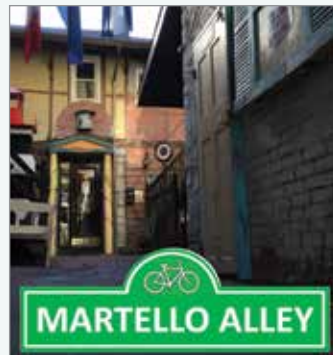
303 Bagot St., Suite 14
ygkcollective.com



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62 Brock St., 613-546-5483
kingstonliveoil.com



MARTELLO ALLEY

Ontario's most unique art experience, located in a historic downtown alley. Home to over 20 artisans with an eclectic collection of original fine art, photography and prints. Proud sponsor of Froid'Art and Jardin'Art, Kingston's public outdoor art events.

Open daily 10 a.m. - 5 p.m.
203 Wellington St., 613-767-2966
martelloalley.com



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undrformen.com



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Your source for unique clothing, jewelry and gifts. You'll find a full selection of local and made-in-Canada items, including premium maple products and souvenirs.

248 Ontario St., 1-800-848-0011
waterfrontgifts.ca



WELLINGTON FOREIGN EXCHANGE

We are a specialized currency exchange service located downtown. If you require a foreign currency, or if you have foreign currency you wish to convert, we have excellent rates, charge no fees and have more than 50 currencies on hand.

153 Wellington St., 613-531-8731
wellingtonfx.com

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1 Johnson St., Kingston, ON | at the Delta Hotels by Marriott Kingston Waterfront
Reservations: 613.549.6243 | www.aquaterrakingston.com

Nightlife

A city of surprises, you will find that numerous venues — from pubs and restaurants to nightclubs — offer a wide and varied array of entertainment to keep you going well into the early-morning hours. Want to enjoy a unique nightlife experience? Look no further than one of the many patios you'll find tucked away in unexpected places.



Downtown nooks
Kingston Brewing Company's tuck-away patio and alleyway resembles the unique nooks found throughout Kingston.
*Photo courtesy of Ellen Young
From her Instagram account*



Benjamin Nelson

DRUMMER, PS I LOVE YOU by Erin Jones

Local artist Benjamin Nelson constantly has projects on the go. At any given time you can find him on tour, playing drums in the well-known two-piece indie rock band PS I Love You, or making music with his two other bands, Slow High and Secret Promise. He also works as a successful freelance graphic designer and illustrator for local businesses, record labels, bands and festivals. Nelson says PS I Love You's critical acclaim and solid fan base has been "a huge gift" that has allowed him to travel and see all parts of the world. "We had no plans — just to make music for our friends and ourselves," said Nelson.

What neighbourhood do you live in?

The Fruit Belt, north of Skeleton Park. It's cosy. I like how quiet my neighbourhood is.

Why do you choose to live in Kingston?

I lived in Toronto when I was

younger, I've been to big cities — I still feel very out of place in big cities. All my friends are here; all my family is here. Kingston's my pace.

What is your favourite spot to enjoy a fall day in the city?

My favourite spot to sit is the

Benjamin's Local Picks

Antique market at Springer Market Square

I like going to the antique market every Sunday. Last year I got into restoring mid-century furniture. That market's really good for a variety of things and has some decent deals.



Coffee Way donuts

The best donuts in the world! I like the Hawaiian fruit one.



The Elm Café

The Elm Café is my favourite spot. It's a meeting place for people in this area.

Local band Konig

Konig is a solo artist who's on her way up. She's pretty cool!

Kingston Memorial Centre at the bleachers. They have that little dog park there and you can (people-)watch and sit and have a coffee.

What is your favourite music venue in Kingston?

I like playing The Toucan. It's a fun time and the staff is really nice.

What's Kingston's best-kept secret?

The Elm Café on Montreal Street is Kingston's best-kept secret. Really good people run it, really good people work there, really cool people go there.

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Kingston's Ale Trail



IRON DUKE
on Wellington



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We feature a wide variety of beer on tap, local and international wines, plus our daily drink specials! Join us for drinks, live music 7 days a week and late-night eats — our kitchen is open until 2am every day!

506 Princess St., 613-531-0003
mansion.rocks



THE GRIZZLY GRILL

We have a broad craft beer menu with a local weekly brew special, handmade cocktails, an extensive wine list with some of the best flavours from around the world, and just around the corner! Stop by and pair it with our late-night menu.

395 Princess Street, 613-544-7566
Grizzlygrill.ca



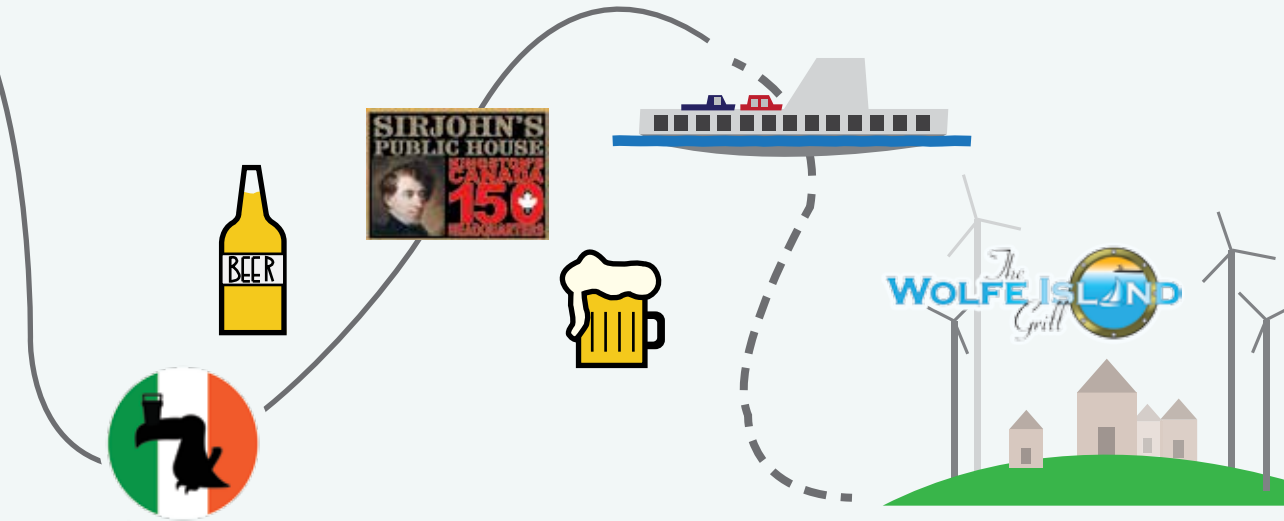
THE IRON DUKE ON WELLINGTON

17 beers to choose from on tap: the perfect mix of local craft & international brews. \$5 pints Sundays, Mondays & Wednesdays. You are bound to find a new favourite or stumble across an old faithful at the Duke!

207 Wellington St., 613-542-4244
www.ironduke.ca



While in town, be sure to check out the growing selection of outstanding craft beers. Walk (or take a short ferry ride) the Kingston Ale Trail, and enjoy these fine establishments' array of local and international beers, sure to delight the most discerning beer lover. Our tip for the trail – please be responsible!



THE TOUCAN

Kingston's Irish pub of choice! Delicious pub food, comfortable atmosphere and a beautiful courtyard patio. Our pub offers a large selection of great pints, live sports & live music. Daily food & drink specials at unbeatable prices!
 76 Princess St., 613-544-1966
thetoucan.ca



SIR JOHN'S PUBLIC HOUSE

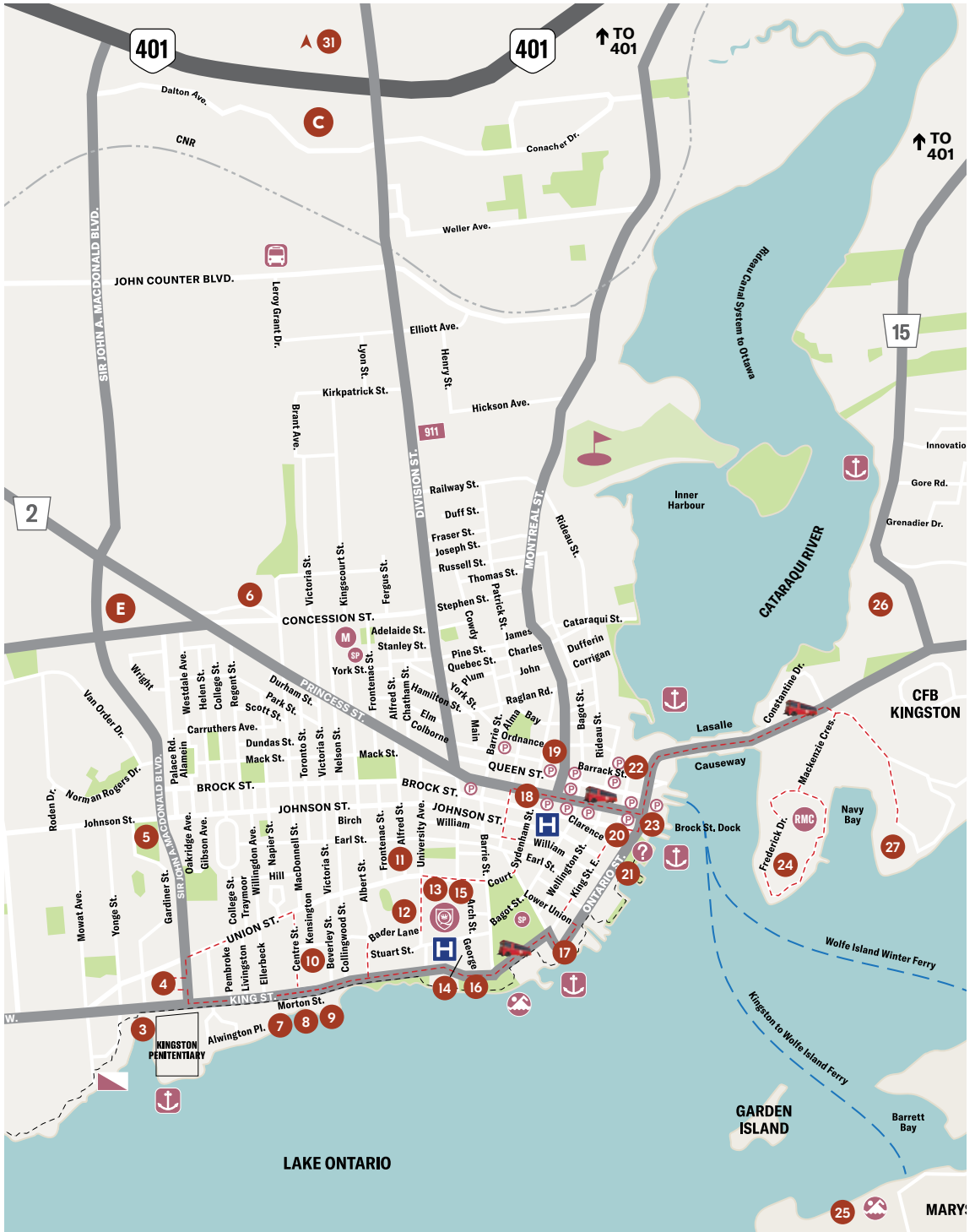
Sir John A. Macdonald would be proud of our 15 local, regional and Scottish draft taps as well as Kingston's best happy hour Monday to Friday from 4:00 to 6:00 p.m.
 343 King St. East, 613-766-9296
foodandheritage.com/sir-johns-public-house/

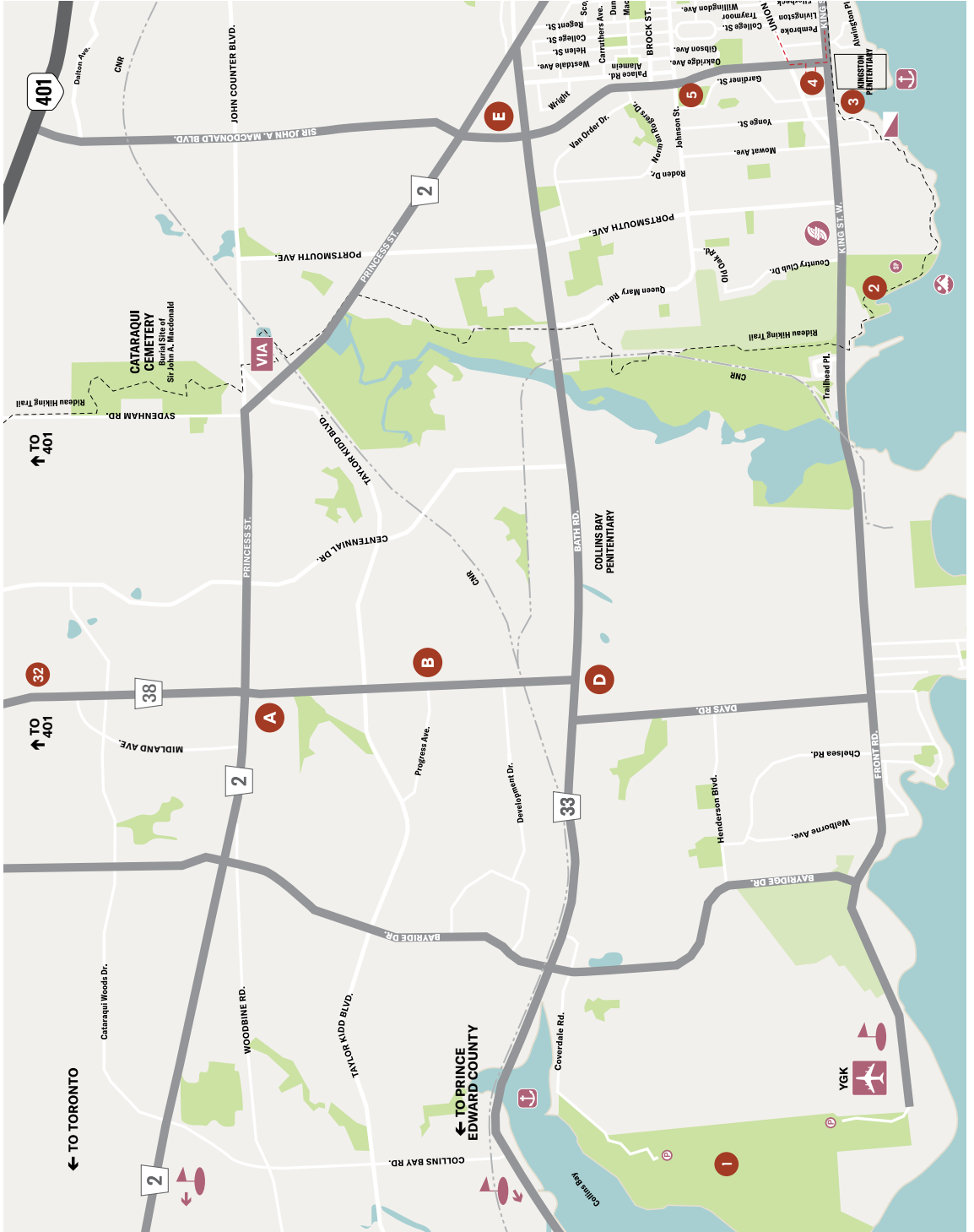


THE WOLFE ISLAND GRILL

Open 7 days a week until midnight, just a short free ferry ride from Kingston! Enjoy our local sourced menu and local craft beer from down the road. Nightly specials, waterfront patio and live entertainment.
 1222 Main St. (Hwy 96), Wolfe Island
 613-385-1515
Wolfeislandgrill.ca







CITY PARKING

Metered parking is available throughout the city and downtown core, both on-street and in some parking lots. The maximum length of stay at meters varies between two and three hours. The cost for metered parking varies between \$1 an hour and \$1.50 an hour. Attended parking garages offer longer-term parking than metered or on-street options. For more information visit cityofkingston.ca.



WOLFE ISLAND FERRY

Schedule is seasonal

613-548-7227

wolfeisland.com/ferry.php

From Kingston	From Wolfe Island
6:15 a.m.	5:45 a.m.
7:15 a.m.	6:45 a.m.
8:30 a.m.	7:45 a.m.
9:30 a.m.	9:00 a.m.
10:30 a.m.	10:00 a.m.
11:30 a.m.	11:00 a.m.
12:30 p.m.	12:00 p.m.
2:00 p.m.	1:15 p.m.
3:00 p.m.	2:30 p.m.
4:00 p.m.	3:30 p.m.
5:00 p.m.	4:30 p.m.
6:00 p.m.	5:30 p.m.
7:00 p.m.	6:30 p.m.
8:00 p.m.	7:30 p.m.
9:00 p.m.	8:30 p.m.
10:00 p.m.	9:30 p.m.
11:20 p.m.	10:40 p.m.
12:40 a.m.	12:00 a.m.
2:00 a.m.	1:20 a.m.

HORNE'S FERRY

Operates May until fall

613-385-2402 (Canada)

315-783-0638 (U.S.)

hornesferry.com

From Wolfe Island	From Cape Vincent
8:00 a.m.	8:15 a.m.
9:15 a.m.	9:30 a.m.
10:15 a.m.	10:30 a.m.
11:15 a.m.	11:30 a.m.
12:15 p.m.	12:30 p.m.
1:15 p.m.	2:00 p.m.
2:45 p.m.	3:00 p.m.
3:45 p.m.	4:00 p.m.
4:45 p.m.	5:00 p.m.
5:45 p.m.	6:00 p.m.
7:00 p.m.	7:30 p.m.



WIN A WINTER WEEKEND IN KINGSTON

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What better way to beat the winter blues than with a free trip to Kingston. Enter online to win a fresh made daily, all-inclusive **stay** in #YGK to experience winter with us — including the magic of Lumina Borealis! Prize includes:

1. 4 economy VIA Rail round-trip tickets
2. 2-nights' accommodation
3. 4 tickets to Lumina Borealis
4. \$100 food voucher for AquaTerra or The Vu

visitkingston.ca/winterweekend

For full contest details.

◁ 150 ▷
KINGSTON
visitkingston.ca

25 REASONS TO VISIT KINGSTON THIS WINTER

1.
**MOZART'S PIANO
AT THE ISABEL**

Nov 13, 2017
theisabel.ca

2.
**THE 2017
JUDGEMENT OF
KINGSTON**

Nov 4, 2017
judgementofkingston.ca

3.
**PETER AND
THE WOLF**

Nov 5, 2017
kingstonsymphony.ca

4.
**LUMINA
BOREALIS**

Dec, 2017
luminaborealis.com

5.
**FATHER,
GODFATHER,
AND SON**

Nov 28, 2017
theisabel.ca

6.
**ALL THINGS
CHRISTMAS**

Nov 18 + 19
kingstonsymphony.ca

7.
**ELTON JOHN
AT THE K-ROCK
CENTRE**

Nov 14, 2017
rogersk-rockcentre.com

8.
**CROSS-COUNTRY
SKIING**

crca.ca

9.
**EDDIE PALMIERI
AT THE GRAND**

Dec 2, 2017
kingstongrand.ca

10.
SANTA PARADE

Nov 18, 2017
downtownkingston.ca

11.
**LEMON BUCKET
ORKESTRA**

Nov 2, 2017
theisabel.ca

12.
**SHOP AFTER
DARK**

Dec 1, 2017
downtownkingston.ca

13.
**FAT GOOSE
CRAFT
COLLECTIVE**

Dec 1 + 2, 2017
fatgoosecraftfair.com

14.
**THE ORIGINAL
HAUNTED WALK**

Until Dec, 2017
hauntedwalk.com

15.
**SNOW MUCH
FUN**

Dec 8, 2017
kingstonregion.com

16.
**SKATING
IN SPRINGER
MARKET SQUARE**

Dec, 2017
cityofkingston.ca

17.
**THE
NUTCRACKER
AT THE GRAND
THEATRE**

Dec 6 + 7, 2017
kingstongrand.ca

18.
**OH WHAT
A NIGHT! AT
THE GRAND
THEATRE**

Nov 30, 2017
kingstongrand.ca

19.
**KINGSTON
FOOD TOURS**

kingstonfoodtours.ca

20.
**SANTA IN
THE SQUARE**

Until Dec 24, 2017
downtownkingston.ca

23.
**ELVIS
ANTHOLOGY
AT THE GRAND
THEATRE**

Nov 11, 2017
kingstongrand.ca

22.
**CANDLELIGHT
CHRISTMAS**

Dec 19 + 20
kingstonsymphony.ca

21.
**WINDOW
WONDERLAND**

Until Dec 25, 2017
downtownkingston.ca

24.
**KINGSTON
FRONTENACS
45TH SEASON**

kingstonfrontenacs.com

25.
**K-TOWN
COUNTDOWN
DEC 31, 2017**

cityofkingston.ca



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SAT. 9:30 - 6:00

SUN. 11:00 - 5:00

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CATARAQUICENTRE.CA