

TCMC[®]

THE COMMONWEALTH
MEDICAL COLLEGE



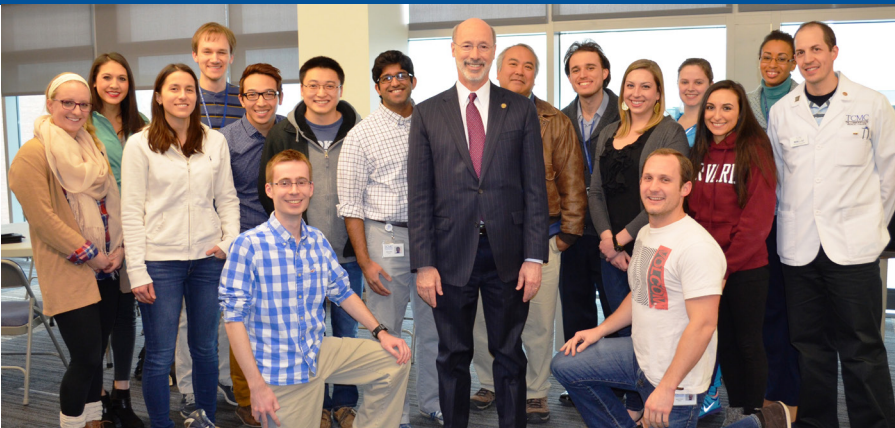
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eCHECK-UP

An electronic newsletter for clinical faculty of The Commonwealth Medical College

Spring 2015

Governor Tom Wolf Visits TCMC



In April, Governor Tom Wolf visited TCMC to meet with students, faculty and administration to learn more about PA's newest medical college, above.

Below, Steven J. Scheinman, MD, President and Dean of The Commonwealth Medical College (TCMC) and Linda Thomas-Hemak, MD, President and CEO of The Wright Center, signed a Memorandum of Understanding (MOU) formalizing the relationship and shared mission of the two institutions.

TCMC & The Wright Center Formalize Relationship



TCMC Datebook

7th Annual Golf Classic

Monday, June 8, 2015
Glenmaura National Golf Club

Gala 2015

Saturday, October 17, 2015
Mohegan Sun Pocono

Fall Keystone Symposium

November 14, 2015

Congratulations, Class of 2015!



The Commonwealth Medical College

Department of Faculty Affairs & Faculty Development



Pictured Left to Right: Mary Roman, JoAnn Babish,
Mary Theresa Mazur and Andrea DiMattia

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*eCHECK-UP is a publication of the Department
of Faculty Affairs & Faculty Development.*

*Newsletters will be published quarterly.
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The Commonwealth Medical College is
committed to non-discrimination in all
employment and educational opportunities.

eCHECK-IN

Updates from the Regional Deans

From the North

Now that the excitement of graduation is over, the North campus is getting ready to welcome our incoming 3rd year class. We are expecting 37 students in the North campus (including the Pocono region). As many of you know, there has been a re-design of the year, with 6 months of blocks and 6 months of the LIC (longitudinal integrated clerkships). We believe that this change represents the best of both worlds, and will allow our students to have the best clinical exposure and learning possible. The feedback from students and preceptors is very positive. The regional team is working hard to ensure a smooth transition. We are also working on an improved orientation program to help acquaint the students to these changes.

We have held 2 faculty development sessions, one at the Pocono region and one in Scranton to review these changes with our volunteer faculty. These were well attended and were accompanied by good discussions amongst the participants.

I completed my first year in this position on June 1, and would like to acknowledge the hard work put in by many people at TCMC, including all the faculty and staff. I particularly want to extend my thanks to Dr. Lisa Thomas, the Assistant Dean, and the regional education specialists for their hard work and commitment to education. None of this would be possible without Ms. Nora Alu and Dr. Elizabeth McGill - their work is invaluable, and I want to extend my special thanks and gratitude to them. We are looking forward to a great year!

-Dr. Shubhra Shetty, Regional Associate Dean, North Campus

From the South

We are very excited to have two of our South campus students selected to begin research opportunities during this upcoming academic year. Karissa Arthur has been accepted to the NIH Medical Research Scholars Program. Her chosen educational path involves mentored research in neurology. Karissa's goal is to become a physician scientist and expand her studies of the brain. The program, which will begin in July, is a comprehensive, year-long research enrichment program designed to attract the most creative, research-oriented medical, dental and veterinary students to the intramural campus of the NIH in Bethesda, Maryland.

Sungat Grewal will pursue a 1 year pre-doctoral Dermatology fellowship at the Perelman School of Medicine at the University of Pennsylvania with Dr. Joel Gelfand. She will spend the year investigating how psoriasis independently increases patients' risks for developing various systemic diseases such as diabetes, stroke, atherosclerosis, and chronic kidney disease.

We are so proud of our 4th year students and their successful match to their residency programs. We wish them well as they embark on a new chapter in their lives. We'd also like to extend our heartfelt congratulations to Adenike Akinsemoyin, Sideris Facaros, Sungat Grewal, David Louis, Megha Patel, and Brianna Shinn, MD4 students, for their induction into the Gold Humanism Honor Society.

-Dr. Michael Ferraro, Regional Associate Dean, South Campus

From the West

The TCMC West Campus continues to be a lively learning environment. Dr. Shenberger, the Regional Staff and I enjoyed having many of our M4 students back this spring. Weekly Chief's Rounds were filled with many well done case presentations, astute medical discussions and stories from experiences beyond the TCMC community. The entire Regional Team traveled, despite snow and ice, to be part of the Match Day, and several also attended the recent graduation celebration. I speak for us as a regional community when I say we are exceptionally proud of our graduates and hope to see them back as clinical colleagues someday.

The Class of 2016 has turned their focus now to preparation for the Shelf exams and Step II. The clinical growth during a short 12 months in the clinical environment is astounding. Planning the away rotations seems to help offset the stress of exams. All in all, the atmosphere is upbeat as our students see their career goals coming into focus.

Word is out to our volunteer faculty of changes in the M3 curriculum and the response has been very positive. Block leaders are looking forward to more uninterrupted time with students and the Selectives in Neurology, Path/Lab Medicine and Introduction to Diagnostic Radiology have been supported by the faculty with enthusiasm. As we prepare for our 5th LIC year, we are grateful to the many volunteer faculty mentoring our students.

-Dr. Margrit Shoemaker, Regional Assistant Dean, West Campus

Student & Faculty Updates

Excellence in Public Health Award



Jessica Pozzuto, a fourth-year student at The Commonwealth Medical College (TCMC) has been selected to receive a 2015 Excellence in Public Health Award from the U.S. Public Health Service Physician Professional Advisory Committee. Upon announcing the award, Kimberly Smith, MD, a

medical officer with the U.S. Public Health Service, said, "This award is a testament to the education provided by The Commonwealth Medical College and to the high caliber of your students. We hope that this will encourage your faculty and students to continue their strong work in public health." Pozzuto received a Master of Biomedical Sciences from TCMC in 2011. She is a recipient of a National Health Service Corps scholarship, which will require her to work in a medically underserved community for four years after residency. Pozzuto will begin a residency in pediatrics at Akron Children's Hospital in Akron, OH.

Myasthenia Gravis Foundation Support Group



MD3 student, Karissa Arthur, met with members of the Myasthenia Gravis Support Group to share information on this neurological disease. "I have read about Myasthenia Gravis throughout my medical studies, but I have never had the opportunity to meet patients who suffer from the disease. The meeting allowed me to hear about the disease from their point of view and learn what it is like to live with a debilitating illness every day. It's hard for these patients because they do not look sick, and other people often have a hard time understanding their disease," she said. From left to right, support group members: Francis Utz, Terri Justick, Leonice Jones, Karissa Arthur, Harry Krewsun and Vera Krewsun, founder, MG Foundation Support Group, Scranton Chapter.

IAMSE Master Teacher Award



Professor of Pharmacology at TCMC, John L Szarek, PhD, CHSE, was awarded the Master Teacher Award by the International Association of Medical Science Educators. The award is given annually to the professor who has demonstrated consistent, extraordinary excellence in teaching, both at TCMC and within IAMSE.

Dr. Szarek received his PhD in Pharmaceutical Sciences from the University of Kentucky College of Pharmacy, a BS in Pharmacy from the University of Illinois Chicago College of Pharmacy, and a BS in Biology from the University of Illinois Urbana. He is a Certified Healthcare Simulation Educator by the Society for Simulation in Healthcare. As an advocate for the flipped classroom and interprofessional education, he co-leads the interprofessional education curriculum for TCMC. He has published abstracts and manuscripts related to medical education, and conducted many faculty development sessions on topics such as facilitating small group sessions, the use of simulation in medical education, question writing, and presentation skills.

MBS Grad Authors Book

Mike Rotstein, MBS '15, is the co-author of two books, *Treatment Options for Chronic Venous Insufficiency and Post Thrombotic Syndrome* and *Deep Vein Thrombosis*. Both cover commonly seen venous abnormalities. "I wrote these books because I have a passion for medicine and writing. Both my parents suffered from these ailments and passed away.

I was offered the chance to co-write and publish about these conditions in layman's terms to help protect the public. By collaborating on these books, I could combine both loves in a way that helps patients learn about and prevent a very common illness," Mike said. He is now writing a third book that explains twenty of the top selling herbs used for ailments and their effectiveness.



Match Results 2015

In March, the TCMC class of 2015 participated in the residency match, hosted by the National Resident Matching Program (NRMP). They competed with over 41,334 applicants for more than 30,000 open residency spaces across the nation. TCMC students successfully matched into competitive residency programs: 50% in primary care, nine matched in surgery, six in OB/GYN, five in anesthesiology and all others in a variety of competitive specialties. Nineteen students will continue training in PA and 24 will be training in bordering states.



Grand Rounds Schedule

Breast Cancer: Role of the Pathologist on Diagnosis and Management

June 11

12:15-1:15 PM, Room 3079

Carmine Cerra, MD
Associate Professor of Pathology, TCMC

Gift of Life

August 13

12:15-1:15 PM, Room 2045

Lisa Litchkowski
Hospital Services Coordinator, Gift of Life

Eating healthy in today's world: Organic foods, GMO's & Antibiotics

September 10

12:15-1:15 PM, Room 2045

Dana H. Manning, PharmD, RD, LDN
Nesbitt School of Pharmacy
Wilkes University

Challenging the dogma:

Examining nutrition guidelines and recommendations in the age of evidence based medicine

October 8

12:15-1:15 PM, Room 2045

Dana H. Manning, PharmD, RD, LDN
Nesbitt School of Pharmacy
Wilkes University

Palliative Care

December 10

12:15- 1:15 PM, Room 2045

Mary Lawhon Triano, MSN, CRNP-C, ACHPN
Assistant Professor of Family Medicine
TCMC

Anesthesiology (5)

- Hershey Medical Center/Penn State, PA
- Temple University Hospital, PA
- Stony Brook Teaching Hospital, NY
- University of Rochester/Strong Memorial Hospital, NY
- Yale New Haven Hospital, CT

Dermatology (2)

- Geisinger Health System, Danville, PA
- University of Minnesota Medical School, MN

Emergency Medicine (3)

- University of New Mexico, NM
- University of Connecticut School of Medicine, CT
- Hackensack University Medical Center, NJ

Family Medicine (4)

- The Wright Center for Graduate Medical Education, PA (2)
- Lancaster General Hospital, PA (2)

Internal Medicine (16)

- Cooper University Hospital, NJ (2)
- Danbury Hospital, CT
- Dartmouth Hitchcock Medical Center, NH
- Guthrie/Robert Pakcer Hospital, PA
- Hershey Center/Penn State, PA
- Icahn SOM St. Lukes-Roosevelt, NY
- Johns Hopkins/Bayview, MD
- Lankenau Medical Center, PA (2)
- Loma Linda University, CA
- North Shore-LIJ Center Health System, PA
- Temple University Hospital, PA
- University of Iowa Hospitals and Clinics, IA
- University of Texas Med Branch-Galveston, TX
- Virginia Commonwealth Health System, VA

Medicine-Preliminary (5)

- Cooper University Hospital, NJ
- Drexel University COM/Hahenmann University Hospital, PA
- Hershey Medical Center, PA
- MedStar Franklin Square Medical Center, MD
- St. Vincent Hospital, Worcester, MA

Medicine-Primary (1)

- New York University School of Medicine, NY

Neurology-Advanced PG 2-4 (1)

- New York Public Hospital-Weill Cornell Medical Center, NY

Obstetrics-Gynecology (6)

- North Shore-LIJ Health System, NY
- Lankenau Medical Center, PA
- Rutgers Robert W Johnson Medical School, NJ
- Monmouth Medical Center, NJ
- Temple University Hospital, PA
- Boston University Medical Center, MA

Ophthalmology (1)

- Drexel University College of Medicine, PA

Orthopaedic Surgery (4)

- Akron General Medical Center/NEOMED, OH
- Louisiana State University Health Science Center, LA
- Summa Health/NEOMED, OH
- University of Rochester/Strong Memorial Hospital, NY

Pediatrics-Preliminary (1)

- Geisinger Health System, PA

Pediatrics (6)

- Oregon Health and Science University, OR
- University of Maryland Medical Center, MD
- University of California Davis Medical Center, CA
- Children's Hospital-NEOMED, OH
- University of Connecticut School of Medicine, CT
- Yale New Haven Hospital, CT

Physical Medicine & Rehabilitation (1)

- Hershey Medical Center/Penn State, PA

Plastic Surgery, Integrated (1)

- Rutgers-New Jersey Medical School, NJ

Psychiatry (2)

- University of South Florida COM, Tampa, FL
- University of San Francisco-Fresno, CA

Radiology-Diagnostic (1)

- Dartmouth-Hitchcock Medical Center, NH

Surgery-General (5)

- Geisinger Health System, PA
- Eastern Virginia Medical School, VA
- Grand Strand Regional Medical Center, SC
- University of California Los Angeles Medical Center, CA
- Drexel University COM/Hahenmann University Hospital, PA

Surgery-Preliminary (5)

- Baystate Medical Center, MA
- Rhode Island Hospital/Brown University, RI
- Rutgers-New Jersey Medical School, NJ
- Albany Medical Center, NY
- York Hospital, PA

Surgery-Preliminary/Urology (1)

- Rutgers-New Jersey Medical School, NJ

Transitional (2)

- Lehigh Valley Hospital, PA
- Madigan Army Medical Center, WA