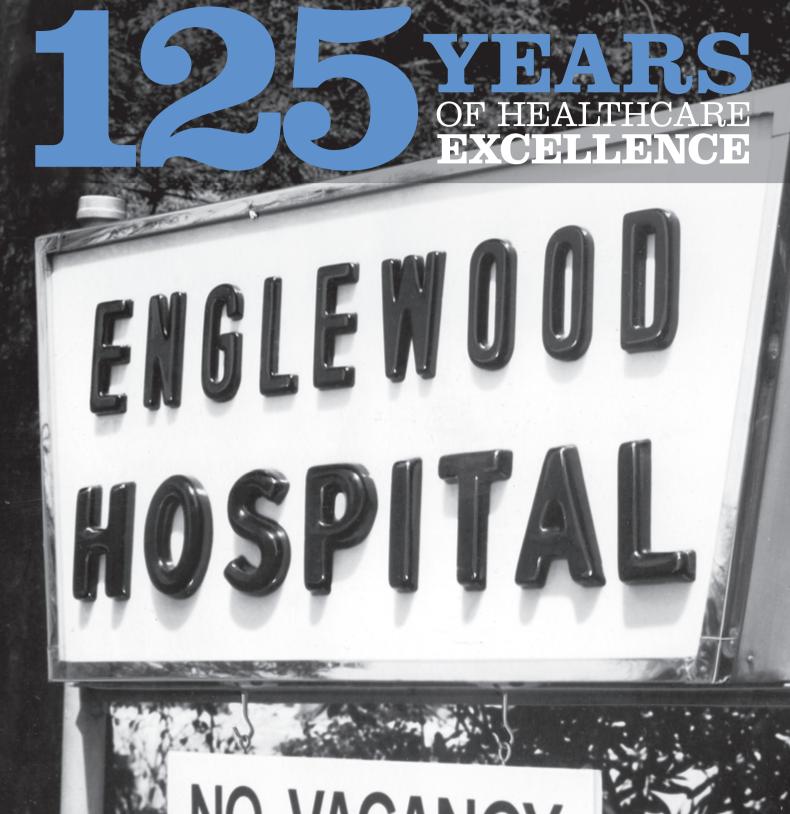
COMMEMORATIVE MAGAZINE



NO VACANCY



Ippolito family, Bergen County, NJ

## Four generations. One hospital.

The Ippolitos have had their share of health scares. Cancer. Stroke. Heart disease. And more broken bones than you can count. But they've also had many reasons to celebrate.

Cancer remission. Stroke recovery. A mended heart. And always another baby on the way.

We've been there for them through it all. Giving hope. Showing compassion.

And ensuring families can celebrate together in the best of health. One more reason to make Englewood Hospital and Medical Center

your hospital for life.



englewoodhealth.org









Dear Friends,

n behalf of the State of New Jersey, I am pleased to congratulate Englewood Hospital and Medical Center on celebrating its 125th anniversary.

Since its inception, Englewood Hospital and

Medical Center has been dedicated to providing high quality patient care. Our State is fortunate to benefit from not only the caliber of services and groundbreaking techniques and

"The longevity
of Englewood
Hospital and
Medical Center is
a testament to its
many awards and
accomplishments."

programs, but from the renowned and highly trained staff members who provide a high level of compassionate care. The longevity of Englewood Hospital and Medical Center is a testament to its many awards and accomplishments, and I commend the staff for their dedication to providing exceptional patient care.

Again, congratulations on this milestone and best wishes in all your future endeavors.

Sincerely,

### **Chris Christie**

Governor





The "No Vacancy" photo on our cover was originally used to help promote Englewood Hospital's Building Fund campaign in the 1960s. At the time, it was the hospital's most ambitious Building Fund campaign in its history and resulted in the expansion of the West Wing in 1965.

Contents © 2015 Englewood Hospital and Medical Center. Some images within appear courtesy of North Jersey Media Group

### From the Chairman of the Board and the President

rom our humble beginnings in May of 1890, to the current and ever-evolving era of healthcare, Englewood Hospital and Medical Center has grown to become one of the nation's top hospitals.

Through modernizations and expansions, we now offer more services than ever imagined 125 years ago, when our first patient arrived with a broken leg at our modest 12-bed facility in a horse-drawn wagon.

"We look forward to continuing our legacy of service and medical excellence for years to come."

In the days, months, and decades that have followed, we have skillfully and compassionately helped thousands of others, utilizing the latest technology and some of the best minds medicine has to offer, without losing sight of our core mission: we care for people.

Much like our founders, we see a need and take action. It is that innovative spirit, commitment to excellence, and passion for people that have allowed us to gain the trust and confidence of the communities we have served for more than a century.

As we celebrate our 125th anniversary, we look forward to continuing our legacy of service and medical excellence for years to come.



Thomas C. Senter, Esq. Chairman of the Board

Dar Hotel

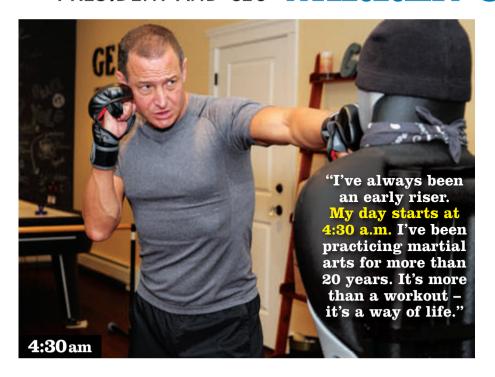


Warren Geller President and CEO

Wan Khn

### A DAY IN THE LIFE:

### PRESIDENT AND CEO WARREN GELLER





## "There are two things I can't live without: MY GIRLS AND MY CELL PHONE.

We're a 24/7 operation; I'm looking at updates from our team – nursing, operations, emergency department, communications. My tavorite e-mails come from our patients, though – nothing better than hearing about a great experience."



"Never underestimate the value of listening. I check in with staff and patients every day. I hear about what we're doing right and what we can be doing better. Mrs. Vecchione just gave birth to their second son. How cute is this kid? He's perfect."



"Our second radiation system is ready for patients, almost two and a half years ahead of schedule. It's in high demand. WE'RE IN THE MIDST OF A MODERNIZATION PROJECT, and as soon as a space is completed, it's available to patients. When you're facing cancer, immediate access to these services is critical."



"WE'VE ALREADY SECURED \$25.7M FOR OUR CAPITAL CAMPAIGN; now we're executing a strategy to secure the other half of that. We just went public with it in June."





"There's a lot of moving parts to this job, but at the end of the day, the mission is simple: **WE CARE FOR PEOPLE**. I'm lucky to be surrounded by creative, smart, like-minded individuals who share that passion."



"Meeting with one of our donors and volunteers, **JACQUIE LEBOWITZ**. We catch up, talk about our families, and new developments at the hospital, which almost always leads to the same question: 'How can I help?' I'M CONSTANTLY BLOWN AWAY BY THE GENEROSITY OF OUR COMMUNITY."



"CONNIE AND
DEBBIE MANAGE
THE SANDWICH
STATION; Connie's
been here 28 years. She
knows everyone's name
and what they want. As
soon as I walk in, she's
already handing me my
lunch. Chicken breast
with provolone cheese.
It's simple, but I like it."



"I report the hospital's progress and updates to the chairman and board of trustees monthly. **THEY'RE THE STEWARDS OF THE COMMUNITY**, making sure we're doing right by our patients and paying attention to safety, quality, financial stability – everything that affects our ability to care for patients."



### Dear Friends,

t is my pleasure to extend to you my congratulations on celebrating the 125th Anniversary of Englewood Hospital and Medical Center (EHMC). It is my honor to represent EHMC in Congress and therefore I wish to present to you this letter of Special Congressional Recognition for your dedication to serving the lives of so many in our community.

From its humble beginnings as a 12-bed hospital, EHMC has transformed into a world-class medical center with over 531 beds. EHMC is one of the nation's leading providers of comprehensive, high-quality, humanistic care as evidenced by its ranking in the top 5% for patient safety, and being ranked fourth in the State of

New Jersev for overall care. In the 2015 issue of New York magazine's 'Best Doctors' 32 physicians from EHMC

"Clearly the best has yet to come at EHMC."

were named among the region's best. EHMC continues to lead the nation and the world forward in the medical field, as it has been internationally recognized for its patient blood management and bloodless work. As it continues to grow, I look forward to seeing the progress of its new Cancer Treatment and Wellness Center. Clearly the best has yet to come at EHMC.

Again, congratulations on your 125th anniversary. Englewood Hospital and Medical Center has served as such a vital part of our community's well-being for all of these years, and for that I am grateful. As your Representative in Congress, please never hesitate to reach out to me.



Sincerely,

Bill Pascrell, Jr. Member of Congress Ninth District

Bill Joverell &

### Dear Friends,

ongratulations to Englewood Hospital and Medical Center on its 125th Anniversary.

"EHMC serves as a hospital and health care leader..."

For more than a century, EHMC has provided the highest quality, compassionate care to its community and we are confident it will continue to do so for many years to come. We commend the Medical Center's recognition for clinical excellence and patient safety and would like to congratulate its physicians and nurses for the excellence in the care they provide.

EHMC serves as a hospital and health care leader, as an employer of more than 2,500 individuals, and as a teaching center for the next generation of medical professionals. It is truly a pillar of the municipality, the county, and the region. We wish EHMC the best of luck as it moves forward to open its new Cancer Treatment and Wellness Center in 2016, and with its new affiliation with the Hackensack University Health Network.

It is a tremendous accomplishment to celebrate 125 years of providing committed and compassionate care to the community. As your United States Senators, it is our honor to acknowledge your 125th anniversary.



Sincerely,

**Robert Menendez** 

United States Senator

Cory A. Booker United States Senator





Congratulations

to Englewood Hospital and Medical Center on their 125th Anniversary.

We are proud of our long-term commitment and partnership with this acute care hospital renowned for its cardiac and bloodless surgery programs and their leadership in breast care, oncology and joint replacement.

We take pride in their continued success.



Englewood, NJ 07631

### Audi Meadowlands 425 Route 3 East Secaucus, NJ 07094



28 Grand Avenue Englewood, NJ 07631



### Dear Friends,

e would like to congratulate Englewood Hospital and Medical Center (EHMC) on its historic 125th anniversary. "Every day EHMC seeks to be a leader in the health care field..."

From the time it opened its door and dedicated its first building on June 14, 1890 to today, EHMC has never wavered from its mission, "the care, maintenance and cure of the sick, the injured and the infirm." Englewood continues to serve its community and we applaud the free health fairs, screenings, wellness services and education seminars that the center offers to the residents of Bergen County, as well as the diverse training program it offers to local ambulance services and first responders.

Every day EHMC seeks to be a leader in the health-care field and it's no wonder that it has been nationally recognized for its cardiac surgery and cardiac care, breast imaging and cancer care, spine surgery, and maternity care services. We are equally proud of EHMC's international recognition for its patient blood management and bloodless surgery.

We wish Englewood Hospital and Medical Center the best of luck as it begins its next 125 years of service as a health care and community leader.

Sincerely,

**Loretta Weinberg** Senator, District 37

Loute tourkey)



**Gordon M. Johnson** Assemblyman, District 37

A In Malason



**Valerie Vainieri Huttle** Assemblywoman, District 37

Woll aw Side

### Dear Friends,

t is with great pleasure and pride that I write this letter, offering my deepest congratulations on behalf of the entire City of Englewood to Englewood Hospital and Medical Center on the occasion of its 125th Anniversary.

Englewood Hospital and Medical Center, or EHMC, has long been one of Englewood's most treasured and valuable assets, one that the entire community has come to know, trust and rely upon. Englewood Hospital and Medical Center is one of New Jersey's and the Nation's leading providers of comprehensive, high-quality, humanistic care. Founded in 1890, the fully-accredited, nonprofit, community teaching hospital has consistently ranked among the top hospitals for clinical excellence, patient safety, including recognition in 2014 as one of only 94 U.S. hospitals and the only Bergen County hospital to earn The Leapfrog Group's "Top Hospital" designation.

Its list of accolades is long and we, as a City, are proud to support EHMC on this most important occasion and to thank it for its service to the City and community. EHMC provides

"EHMC has long been one of Englewood's most treasured and valuable assets..."

free health fairs, screenings, wellness services, and educational seminars. Its Emergency Medical Services (EMS) operates the largest hospital-based ambulance system in Bergen County, providing dedicated ambulance services to Englewood and neighboring municipalities, and it offers CPR classes and other training for first responders.

For the past 125 years, Englewood Hospital and Medical Center has occupied a space in the City of Englewood of the highest importance. We, as a City, salute EHMC and all of those members of the EHMC family who have worked so tirelessly to care for our entire community and make Englewood Hospital and Medical Center into a world-class medical facility that is accessible to us all.

B

Sincerely,

Frank Huttle III
Mayor

# Congratulations Englewood Hospital and Medical Center on 125 Years of Health Care Excellence!

We are proud to partner with you to provide compassionate, skilled home and hospice care.

VNA of Englewood is Bergen County's leading nonprofit Medicare and Medicaid provider of Home, Palliative and Hospice Care, operated by VNA Health Group in partnership with Englewood Hospital and Medical Center. Our expert medical team led by nurses and physicians cares for nearly 3,000 patients each year.

VNA of Englewood also operates the Ruth Hyman Spiritual Support in the Jewish Tradition Hospice Program, accredited by the National Institute for Jewish Hospice.



### **Home Health and Hospice Services**

Nursing Care Visiting Physicians Rehabilitation Therapy
Home Health Aide Care Social Work Services Infusion Therapy
Palliative Care Bereavement Services Telehealth

This year, the Centers for Medicare and Medicaid Services issued star ratings of home health agencies based on how well their patients' health conditions improved. VNA of Englewood was among only 7 out of 48 home health agencies in New Jersey to earn 4.5 out of 5 stars, the state's highest rating.



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## With you every step of the way.

6 a.m. spin class. 8 a.m. school drop-off. 9 a.m. meeting. We get it.

We're moms, daughters, sisters and wives, too. Which is why we know how important it is to keep you going. People are counting on you, and you can count on us. Highly trained, board-certified physicians who have you covered from head to toe – one more reason to make Englewood Hospital and Medical Center

your hospital for life.

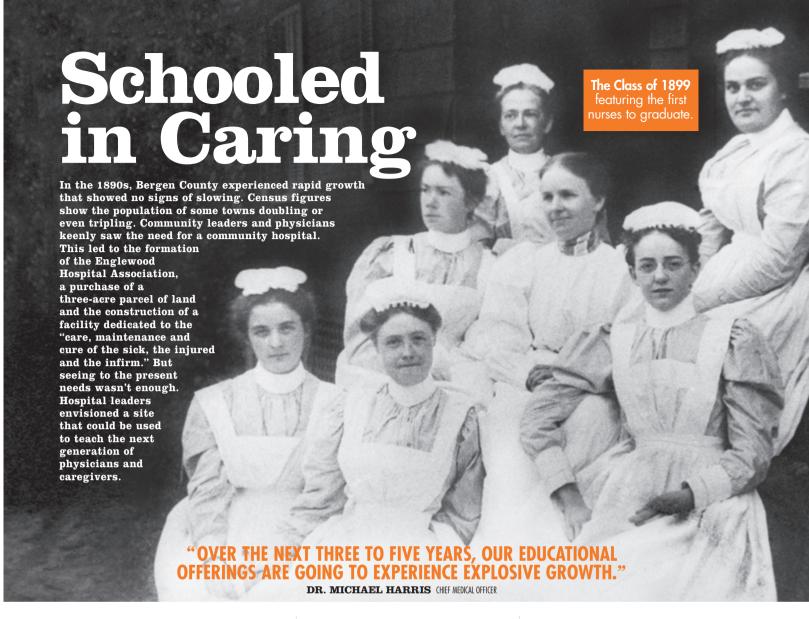


englewoodhealth.org









### **School of Nursing**

In 1896, four young women became the first students at the Englewood Hospital Training School of Nursing. Two decades later, World War I strained the medical field, and many returning soldiers were treated at Englewood Hospital. In addition, a succession of health crises - infantile paralysis in 1916, scarlet fever in 1917 and a deadly flu strain in 1918 - led hospital leaders to look toward expanding the school. In 1930, a new building with the space to teach and house 120 nursing students was completed. The nursing curriculum advanced through the decades and became more specialized. New graduates filled nursing shortages during World War Il and helped meet ever-expanding needs. At the end of 1996, the nursing school graduated its last class. More than 1,500 nurses graduated from the school over its 100-year history.

Today, nursing professionals from around the country, as well as EHMC's own nurses, hone their skills at the medical center. "The fundamentals of nursing education continue today," said Kathy Kaminsky, senior vice president of clinical effectiveness, chief quality officer and interim chief nursing officer. "As a Magnet hospital, we are deeply committed to innovations in professional nursing practice."

### **Physician Training**

Englewood Hospital began its physician educational program with one intern in the early 1900s. As with the nursing school, the needs of the community directed the growth of medical internships. By the 1980s, the hospital had established ties with several New York City medical schools, most notably The Mount Sinai School of Medicine. Today, 39 doctors take part in the residency program in internal medicine. The medical center also serves as a site for training in surgery, vascular surgery, pathology, anesthesiology, critical care, and podiatry.

Earlier this year, Englewood Hospital established an affiliation with Hackensack University Health Network, which along with Seton Hall University, announced the formation of a new medical school. "Over the next three to five years, our educational offerings are going to experience explosive growth," said Dr. Michael Harris, chief medical officer.

"This is an opportunity to train the next generation of physician leaders, giving them exposure to both clinical practice and research so that our legacy of innovative, high quality, compassionate care and medical excellence continues to make an impact."

### Radiography

The School of Radiography was an innovative concept before its time. Creating a school provided standardized and quality training; previously, technicians trained via apprenticeships. Its first seven students graduated in 1966 with training in specialties such as general X-ray, cobalt therapy, and nuclear medicine. As equipment became more sophisticated, the school has kept pace with technology and advanced training.

### **Pharmacy**

A Pharmacy Residency Program began in 1999 with two licensed pharmacists. Since that time, pharmacy residents have participated in the accredited postdoctoral training every year. In addition to structured pharmacy residency training, student pharmacist education has become a focus over the past decade. The clinical pharmacy staff has included a faculty member from the Ernest Mario School of Pharmacy at Rutgers University since 2003, and the department mentors more than 40 pharmacy students during their experiential rotations annually. The Department of Pharmacy at Englewood Hospital Medical Center maintains active affiliations with several pharmacy schools.



## Caring Matters Most

Caring – it's the common thread that weaves together Englewood Hospital's 125 years of fulfilling the commitment its founders made to the community in June 1890, when the hospital first opened its doors and admitted its first patient. And like that first patient, many thousands of others have placed their lives in the skilled hands of the hospital's physicians, surgeons, nurses and technicians, assured they would receive the high-quality care that EHMC has delivered throughout its history.



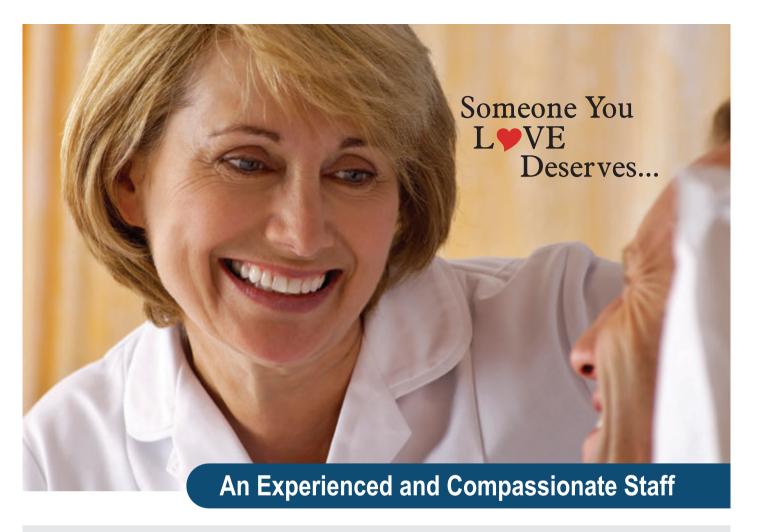
#### Clockwise from top left:

Making children feel cared for and comforted is a role the nurses at Englewood Hospital have embraced throughout the hospital's history. Nurse Nina Daratsos spends quality time with then 8-year-old Kristen Deramo of Ridgefield who enjoyed a ride on a rocking horse during her stay at the hospital in 1979.

Families, too, are of concern to the staff of Englewood Hospital and Medical Center – particularly when a child or loved one needs to know they are not alone during an overnight or extended stay at the hospital. Above, Gerri Kulvicki of Cliffside Park spent the night with her then six-year-old son John in the Pediatric Unit at EHMC, circa 1979.

Sharing in special occasions like a milestone birthday lets patients and their families know that the hospital staff values the important things in their lives.





### **CareOne Skilled Nursing and Assisted Living Centers**

For over 45 years, CareOne has been dedicated to providing unparalleled programs and services for our clients. At CareOne Skilled Nursing Centers, we implement a wide range of medical specialty programs meticulously designed to provide quality outcomes for our patients.

CareOne Assisted Living Centers are designed to exceed the expectations of our residents and their families. Call today and learn how we enable residents to thrive and achieve their fullest potential through our strong continuum of care.

### Someone You Love Deserves CareOne

Congratulations to Englewood Hospital and Medical Center on 125 years of serving the people in our communities

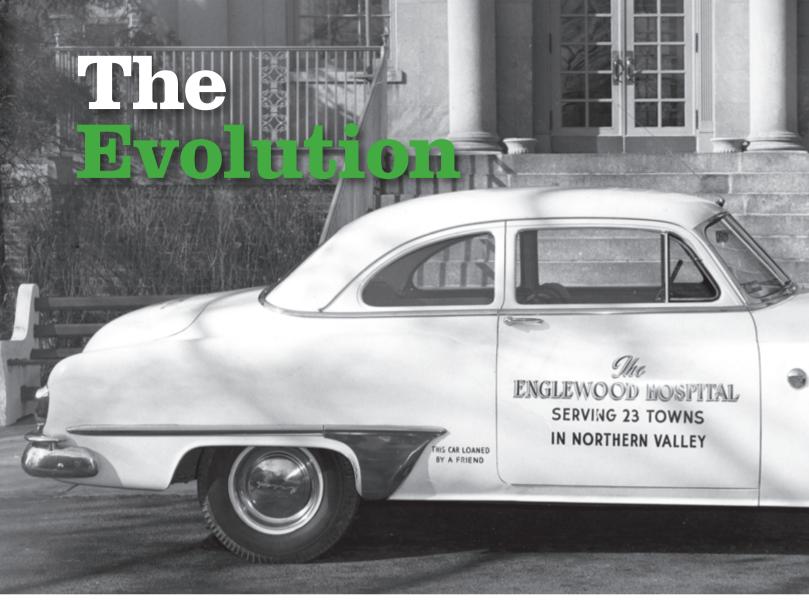
Take a virtual tour at www.care-one.com Toll Free 877.99.CARE1











## Change, growth, and improvement

are constants in the evolution of Englewood Hospital and Medical Center. From its earliest beginning as a 12-bed wooden structure built on a three-acre site on Engle Street, the hospital has been in a state of perpetual motion - growing wider and higher to meet the ever-increasing healthcare needs of the community. Seventy patients were treated in the first year of the hospital's founding. In the years following, an upward trend prompted the hospital to keep pace and expand its footprint well beyond the three-acre site. Fast forward to today, the hospital admits roughly 17,000 patients a year and continues to make increases in staffing and state-of-the-art technology.



In the 1950s, Englewood Hospital served the healthcare needs of 23 towns in the Northern Valley region of Bergen County. Today, its familiar logo and vehicles can be seen beyond the hospital at its satellite locations and throughout the community.









The hospital's original Hospitality Shop was relocated and remodeled in 1990. At that time, manager Barbara Laino, left, took care to ensure the shop was well-stocked with cards, booklets, gift items and other merchandise to accommodate customers. Today, THE EDITH AND WALTER KLEINEKE HOSPITALITY SHOP is located in the hospital's Main Lobby.







unit for patients recovering from orthopedic



An integrated leadership model is critical in modern day healthcare. A healthy partnership between physicians and executives unites clinical and business objectives, and allows hospitals to thrive in key areas of quality, safety, and strategic planning. Pictured are Dr. Gregg Lobel, medical staff vice president, Warren Geller, president and CEO, Dr. Jeffrey Matican, medical staff president, and Dr. Alexandra Gottdiener, chief of medicine.

## The Very Best Physicians

Complex Procedures Performed Close to Home

o best serve the health needs of the community, Englewood Hospital and Medical Center is recruiting world-class multidisciplinary physicians. Patients don't have to travel across the Hudson River to receive the highest quality healthcare.

"We have always had outstanding physicians," said chief medical officer Dr. Michael Harris, a nationally recognized expert in the field of gastrointestinal surgery who came to Englewood Hospital in 2012 from the Mount Sinai School of Medicine. "But in those areas where we didn't have a program, we decided we would recruit only the very best. So in 2000, we began by launching our cardiac surgery program with the top openheart surgeons from Mount Sinai."

Since then, Englewood Hospital has continued to build a highly specialized team of renowned experts, such as Dr. Michael Stifelman, who is among the world's most experienced robotic surgeons, with one of the largest and most diverse robotic uro-oncology and urinary reconstructive practices in the nation. Dr. Harris also pointed out Dr. Steven Brower, nationally recognized for the surgical treatment of cancer, who is the medical director of the hospital's state-of-the-art Cancer

"AS WE'VE CONTINUED TO GROW, WE'VE ALSO BUILT A PHYSICAL PLANT THAT IS SECOND TO NONE. IT IS TECHNICALLY ADVANCED WITH THE LATEST EQUIPMENT. BUT IT'S ALSO A MUCH MORE HUMANISTIC ENVIRONMENT THAN AN ACADEMIC HOSPITAL."

DR. MICHAEL HARRIS

CHIEF MEDICAL OFFICER

Treatment and Wellness Center, scheduled to open in 2016.

Senior leadership and physician leadership have worked together to raise the bar. "The leadership structure, both executive and medical, 'gets it,' said Dr. Harris. "Patient care drives everything we do. It's sophisticated care; we have the infrastructure to provide complex procedures for patients who need them, but want to stay near home."

"The hospital is fortunate to have a unique partnership between its administration and expert medical staff," said Dr. Jeffrey Matican, medical staff president. "It's an alliance that doesn't exist in every healthcare institution, but we've found that it improves the quality of care and fosters growth, morale, and efficiency. It's all about the patients and what we can do on every level to make their experience the absolute best it can be."

### **AN ALL-ACCESS PASS TO CARE**

"In the recent past, 60 percent of patient care revolved around the hospital," noted Dr. Harris. "Now it's the opposite. The majority of care is in the community, outside the hospital." EHMC's physician network, MD Partners, works as a team to improve patient care by providing easy access to more physicians and a more personalized approach to care.

"It's like a group practice without walls," explained Michael Pietrowicz, chief strategy officer. "Because the team has all the patient information at their disposal, wait times are reduced and there is less redundancy. In other words, there is no need to repeat tests, for example, and wait for lab results, which to a patient can feel like it's 'déjà vu all over again."

Currently, there are 200 primarycare providers and multidisciplinary specialists throughout Bergen, Essex, Hudson and Rockland counties participating in MD Partners. The number is growing, but as Dr. Harris emphasized, "We are very selective."



MD Partners is a comprehensive multispecialty group of nearly 200 physicians and other providers in northern New Jersey and Rockland County, New York, dedicated to delivering high-quality healthcare using today's most innovative techniques and procedures in a compassionate, humanistic environment. By turning to a physician in the MD Partners network, you will gain access to a team of connected physicians providing coordinated care. A patient portal offers access to your medical information online, and network members accept most major insurances.



LEARN MORE. Go to mdpartnersehmc.org or call 844-33-MD NOW





## Congratulations on your 125 years of excellence.

An inspiration to us in our 100<sup>th</sup> year, as we both look towards the future.



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## The Future Is Now

EHMC Grows Through Modernization Project

s Englewood
Hospital and
Medical Center
celebrates its
125th anniversary,
the future has
never looked brighter. Construction
is wrapping up on a new Cancer
Treatment and Wellness Center, part
of a \$90-million modernization plan
that anticipates the ever-expanding
needs of the community.

The six-story **CANCER TREATMENT AND WELLNESS** 

CENTER, housed in the Russell and Angelica Berrie Center for Humanistic Care, will "bring together patient comfort and convenience combined with our award-winning compassionate care and all the high-tech bells and whistles," said Tom Greco, vice president for general services at EHMC. Some facets of the new addition – like new, highly advanced radiation oncology equipment – are already serving patients, while the full completion of this Cancer Treatment and Wellness Center is anticipated in the near future.

"Among the expansion's many advantages are private rooms at the new infusion center for patients to enhance family support, and increased hours for services like radiation therapy to accommodate those who work," said Helene Wolk, senior vice president of operations.

"This cancer center brings everything together to achieve the best outcome for a patient," said Dr. Steven Brower, newly appointed medical director of the Cancer Treatment and Wellness Center.

Embedded in the new cancer center is the new **GRAF CENTER FOR INTEGRATIVE MEDICINE**.

The Graf Center will combine the modern clinical model and traditional medicine with complementary therapies, including medically managed massage, yoga, nutrition counseling, acupuncture, meditation and stress management. Its services are available for patients, their families and the community. •



INVASIVE SURGICAL TECHNIQUES, **EFFECTIVE GENE-BASED CHEMOTHERAPY** AND RADIATION TREATMENT **TOOLS THAT CAN MATCH THE EXACT SHAPE** AND SIZE OF A **TUMOR WHILE** SPARING HEALTHY TISSUE ARE ALL A PART OF OUR ARSENAL TO BEAT CANCER."

Dr. Steven
Brower
MEDICAL DIRECTOR OF THE CANCER
TREATMENT AND WELLNESS CENTER



### ARRIVING IN STYLE

Englewood Hospital and Medical Center is experiencing a year of record-breaking number of births. Part of the modernization plan included a transformation of maternity services.

The **Family Birth Place** is located in Englewood Hospital's main inpatient facility. It boasts eight new labor and delivery rooms with infant resuscitation stations, private bathrooms, and 75 percent more space than former rooms.

Making for a true family experience with more space and privacy for new parents, the Mother/Baby Unit features 24 modern and private postpartum rooms with advanced bedside-care technology.

## Historic Partnership

AFFILIATION
IS A
PARTNERSHIP
OF TWO
STRONG
LEADING
INSTITUTIONS
IN BERGEN
COUNTY
THAT SHARE
A COLLECTIVE
VISION...

Michael Pietrowicz ENGLEWOOD HOSPITAL'S CHIEF STRATEGY OFFICER Announced earlier this year, the historic affiliation between Englewood Hospital and Medical Center and Hackensack University Health Network will enable both organizations to expand patient care and offer new programs.

This shared vision is leading the way to the future. Both organizations will continue to be independent healthcare providers as they work closely to improve access to a variety of services and create health management programs for various populations. Multicultural communities, preventive medicine and early intervention are among the earliest areas for collaboration. The partnership is expected to increase the extent of the presence of both partners in New Jersey, New York and beyond the borders of both states.

For Englewood Hospital, "the affiliation is the result of a deliberate three-year process and journey," said **MICHAEL** 

PIETROWICZ, Englewood Hospital's chief strategy officer. The impetus for the affiliation stemmed from a forward-looking viewpoint on the part of its board of trustees and leadership "at a time of strength," said **THOMAS C. SENTER, ESQ.** chairman of the Board of Trustees, EHMC.

Early activities of the young partnership have included five major strategic initiatives and about 30 smaller ones, all of which are already in play, said Pietrowicz. "We came out of the gate with significant plans and projects in progress."

One example of these early efforts has been the collaboration to create a regional cardiac surgery program expected to be the largest of its kind in northern New Jersey. Both organizations already enjoy award-winning clinical outcomes and excellent patient satisfaction in this area. Better access to the bounty of advanced care offered by the partners will occur in many specialties.

The affiliation also makes Englewood Hospital a key figure in the establishment of the Hackensack Meridian School of Medicine. Thanks to an innovative patient-centered curriculum, the new medical school "will train the doctors of the future rather than those of the past," said **DR. MICHAEL**HARRIS, chief medical officer. Englewood Hospital will be a clinical training site for medical students, physicians, advanced practice nurses, physician assistants and various technologists. •

The leadership of EHMC and HackensackUHN at the ceremonial signing of the affiliation. Standing: Joseph Simunovich, chairman of the Board of Trustees, HackensackUHN, and Thomas C. Senter, Esq., chairman of the Board of Trustees, EHMC. Seated: Robert C. Garrett, president and chief executive officer, HackensackUHN, and Warren Geller president and chief executive officer, EHMC.



## CONGRATULATIONS TO OUR PARTNER

## ENGLEWOOD HOSPITAL AND MEDICAL CENTER ON YOUR 125TH ANNIVERSARY

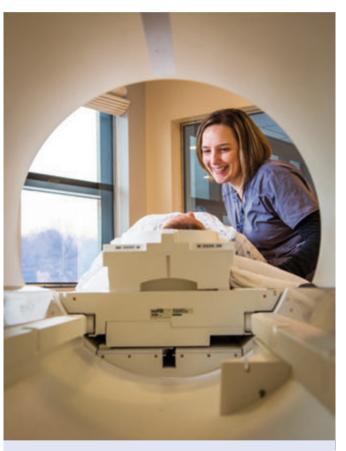


HackensackUHN.org



# The Cancer Team

Modern, Humanistic Care



### **Better Detection and Patient Experience**

The 3 TESLA (3T) MRI machine is one of the most powerful systems available, providing radiologists with more detailed, high-resolution images, delivered by twice the magnetic field strength of earlier systems.

"WE'RE NOW ABLE TO BETTER DEFINE THE ANATOMY, SEE ABNORMALITIES MORE CLEARLY, AND MAKE DIAGNOSES THAT MAY NOT HAVE BEEN POSSIBLE PREVIOUSLY."

DR. MARK SHAPIRO

CHIFF OF RADIOLOGY

nglewood Hospital's modern approach to cancer screening, imaging, diagnosis and treatment begins at its new Cancer Treatment and Wellness Center. The hospital continues to be a leader in harnessing medical science by offering clinical trials, advanced technology and personalized treatment plans, along with complementary therapies and support services,

### Risk Assessment

all in one convenient location.

Although most cancer is not hereditary, some individuals have a significantly greater chance of getting the disease. The hospital's **GENETIC COUNSELORS** advise an increasing number of individuals and families each year to determine their risk for certain hereditary cancers.

"BASED ON RESULTS, WE CAN OFFER SHORT-AND LONG-TERM STRATEGIES TO PROACTIVELY MINIMIZE FUTURE RISK AND PREVENT DISEASE PROGRESSION THROUGH CONSULTATIONS AND SCREENINGS," said Patricia Mazzola, a nurse practitioner specializing in genetics.

### **Advanced Breast Imaging**

A nationally recognized leader in breast care since the 1990s, Englewood Hospital has adopted **BREAST TOMOSYNTHESIS**, a 3D mammography that helps experts see abnormalities that may have otherwise gone undetected. Instead of capturing a single image of overlapping breast tissue, the new system creates a series of individual, one-millimeter 3D images. Benefits include more accurate and earlier diagnosis.

"THIS NEW IMAGING TOOL GIVES US THE POWER TO ... DIAGNOSE AND TREAT BREAST CANCER IN ITS EARLY STAGES."

DR. MINDY GOLDFISCHER

CHIEF OF BREAST IMAGING

### **Extraordinary Surgical Precision**

ROBOTIC SURGERY is a minimally invasive approach that allows surgeons to operate with much greater control, precision and flexibility during procedures. An extraordinary computerized system controlled by the surgeon, it offers enhanced visualization and technical capabilities, all via a one-to-two centimeter incision. "ROBOTIC SURGERY HAS BEEN ONE OF THE MOST REVOLUTIONARY ADVANCES IN CONTEMPORARY MEDICINE," said Dr. Nimesh Nagarsheth, director of robotic surgery.

### **Infusing Hope**

An expansion of the existing infusion center has been a focal point of the new Cancer Treatment and Wellness Center.

"OFFERING THE LATEST, MOST ADVANCED TREATMENTS WAS CERTAINLY PARAMOUNT, BUT DESIGNING A SPACE FOR PATIENTS THAT SUPPORTED HEALING WAS ALSO A PRIORITY," explained Dr. Michael Schleider, chief of oncology at EHMC. "The center is more comfortable and private. Every room is equipped with a recliner and touchscreen tablet, etched sliding glass doors, and an option to dim the lighting. It's a completely

customizable experience. Our hope is was the relaxing new

ambience is going to make a difference for patients who

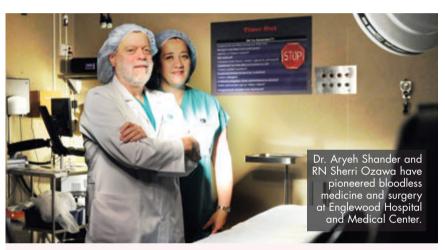
have treatments that last for hours at a time.

20



# The Human Touch

nnovation, leadership and a pioneering spirit have been hallmarks of Englewood Hospital's continuous role in the advancement of highquality, humanistic care. The hospital has been a leader in introducing new treatments and continues to earn regional and national recognition for clinical excellence.



### World-Renowned Bloodless Services

More than 20 years after its establishment, Englewood Hospital's **BLOODLESS MEDICINE** and surgery program has drawn tens of thousands of patients from far and wide. Transfusion-free surgery was introduced for patients for whom blood transfusions were not an option. "Sharing our bloodless experience and expertise nationally and internationally with physicians, nurses and our nation's service men and women has been a point of pride for Englewood Hospital. **WE REMAIN COMMITTED TO ADVANCING THIS CARE TO OUR PATIENTS AND THE REST OF THE MEDICAL COMMUNITY,"** said Dr. Aryeh Shander, executive medical director of the Institute for Patient Blood Management and Bloodless Medicine and Surgery.

### **Highly Specialized Knee Replacement**

Orthopedic surgeons at EHMC's Joint Replacement Center perform more than 500 hip and knee replacement surgeries every year. While the procedure itself is common, one surgeon saw an opportunity to improve outcomes by developing a custom knee implant for patients with atypical proportions or smaller joint sizes. The **FREEDOM KNEE** total knee implant, "gives patients greater comfort and range of motion, two factors linked with **FEWER COMPLICATIONS AND FASTER RECOVERY**," said chief of orthopedics Dr. Asit Shah, the implant's designer.

### **Integrative Medicine**

A modern clinical model combines traditional medicine with complementary therapies, including medically managed massage, yoga, nutrition counseling, acupuncture, meditation and stress management. The **GRAF CENTER FOR INTEGRATIVE MEDICINE** opened in 2015 for patients, their families and the community. "The integration of **MEDICAL CARE AND THERAPIES** is consistent with the hospital's commitment to state-of-the-art care in a humanistic environment," said Helene Wolk, senior vice president for operations.

### **Pediatric Imaging**

Children who require magnetic resonance imaging (MRI) have the support of pediatric specialists who make the experience as **SAFE AND COMFORTABLE** as possible. MRI is a powerful diagnostic tool, offering outstanding accuracy and the absence of radiation. "Physicians and experts in child psychology offer counseling and information to relieve anxieties while offering the latest advancement in the area of **PEDIATRIC MRI**," said Dr. Elizabeth Carlin, chief of pediatrics and newborn medicine.



### A Blood Thinner Alternative

One device, the **WATCHMAN**, may eliminate the need for blood thinners for people with atrial fibrillation. "While drugs may stop stroke-causing blood clots from forming in the heart, there's an increased risk of bleeding complications," said Dr. Grant Simons, chief of electrophysiology, who in 2012 led the hospital's clinical research team in a national study of the device. Shaped like a parachute and guided through a catheter, IT CAN CATCH POTENTIAL BLOOD CLOTS BEFORE THEY HAVE THE CHANCE TO TRAVEL TO THE BRAIN AND CAUSE A STROKE.



### **Transformative GI Surgery**

Patients with ulcerative colitis are benefiting from a procedure called **J-POUCH** surgery. Surgeons remove a patient's entire colon and use part of the small intestine to rebuild it. The resulting "J-shaped" pouch allows the patient to produce a natural bowel movement. "Patients who were previously forced to plan their day around the nearest restroom now have the ability and freedom to live their lives without this burden," said Dr. Michael Harris, chief of surgery.

"WE'RE RESTORING THEIR QUALITY OF LIFE AND HELPING THEM TO MANAGE THIS CHALLENGING DISEASE."

### State-of-the-Art Neurosurgery

AWAKE CRANIOTOMY, the gold standard in certain types of brain surgery, provides neurosurgeons with enhanced ability to remove tumors while sparing surrounding tissue. AWAKE AND TALKING, PATIENTS ARE ABLE TO GIVE MEANINGFUL FEEDBACK TO THE MEDICAL TEAM. "Ongoing testing and evaluation supply extremely valuable data that guides the surgeon in the critical effort

to minimize post-op neurological

damage," said neurosurgical oncologist Dr. Kevin Yao.





## Research

From Innovative Ideas Come Cures

... WE ARE ALSO

**ACTIVELY SEEKING** 

IMPROVED TREATMENT

FOR THE FUTURE.

JAMIE KETAS

DIRECTOR, CLINICAL RESEARCH CENTER

he path to creating new medical knowledge, developing better treatments, and improving patient outcomes is research. As part of a long-standing commitment to the advancement of patient care, a growing number of Englewood Hospital and Medical Center medical professionals are contributing to the devel-

opment of new drugs, devices, and medical practices as part of the hospital's Clinical Research Center. An example of Englewood Hospital's rich research tradition is the knowledge gained through the blood-

less medicine program established by Dr. Aryeh Shander, chief of Critical Care and Anesthesiology at Englewood Hospital. In working with patients for whom blood is not an option, Dr. Shander was able to research and develop the improved patient blood management guidelines now used as the standard for all patients.

Much of the hospital's current research is focused in the areas of cardiology, oncology,

and gastroenterology. Across all areas, there are about 60 open research studies at any given time. These studies range from investigator-initiated studies to clinical trials of new cancer drugs and cardiac devices to the collection of clinical outcomes data in registry databases. While the details of each individual research project are impressive, it is the rapidly growing clinical research

> setting that makes the hospital unique. "The ability to offer our patients participation in groundbreaking research studies in an environment that is familiar and close to home is integral to our organizational mission," said Jamie

Ketas, director, Clinical Research Center.

The Clinical Research Center, with several dedicated research coordinators, provides the extra resources necessary to support both the medical professionals leading the research and the patients participating in the studies. "We are able to provide state-of-the-art care today, while we are actively seeking better treatments for the future," Ketas said.

## enterprise in a community

### **ABSORB** This device may lessen the local inflammatory reactions and reduce complications for any future by-pass surgery.

**Notable** 

Hospital

cardiology clinical trials

at Englewood

Principal Investigator: Dr. Joseph DeGregorio. .....

### **REVEAL**

Patients at a high risk of developing atrial fibrillation will receive, and be monitored by, a Reveal cardiac monitor. Principal Investigator: Dr. Jay Erlebacher.

### **ISCHEMIA**

.....

This international study seeks to establish the standard of care for treating stable ischemic heart disease.

Principal Investigator: Dr. Richard Goldweit.



Rosemarie F., 85, breast cancer survivor and Senior Olympic gold medalist

## What if

a hospital, understanding that hearing the word "cancer" has the potential to break the human spirit, built an entirely new Cancer Treatment and Wellness Center? Home to the most sophisticated diagnostic and treatment technology, and powered by a team of specialists who champion your care. Helping you triumph over life's most daunting challenges – one more reason to make Englewood Hospital and Medical Center

your hospital for life.



englewoodhealth.org









## Making a Difference

nglewood Hospital and Medical Center is an institution that has survived and thrived for 125 years. Serving the community for that long, it has a lot of stories to tell. And, who better to tell them than three EHMC staffers who have remained loyal for decades, a man who volunteered at the hospital in his youth and feels the experience inspired his medical career, or one treated at the hospital as a child who credits EHMC for saving his life? Employees, volunteers past and present, and a former pediatric patient recall their most memorable experiences over the decades.

"I WOULDN'T BE HERE TODAY IF IT WEREN'T FOR THOSE PEOPLE AND THE STAFF WHO MADE ME FEEL AT HOME."

LATORI MICKLE

### LATORI MICKLE

Latori had surgery for a brain tumor at EHMC when he was eight years old. Today he is 43. "I remember the staff



Latori Mickle, today, at age 43

was just great," he said. "[The surgery] was a difficult thing for me – cutting my hair. I was growing an Afro and I remember crying. The nurses were gentle, caring and loving. I liked the attention of the nurses – I felt like royalty! The rooms back then had four to six kids; it was good, because we all became very close. I wouldn't be here today if it weren't for those people and the staff who made me feel at home. Later, in my teenage years, if I had to go to the hospital I didn't mind."



### Dr. Scott Eder

Dr. Eder was born at Englewood Hospital, served there as a junior volunteer in his late teens (1968-70) and now has a private practice specializing in gynecology and women's health care in Lawrenceville.

Eder recalled, "As a volunteer, I first delivered newspapers and worked in the Hospitality Shop and in Courtesy, which was to transport patients and specimens, and help nurses send records from one place to another. Then I got posted to the Emergency Room, the most prestigious area that you could be in as a junior volunteer. I helped with intake of patients and watched all the drama that went on.

"I've worked at many hospitals in my career, but Englewood Hospital is really important. Without Englewood, I never would have become a doctor," he said. "We had no physicians in our family. It was something I basically researched myself, and pursued."

### Karen Rafti

The director for the Center of Nursing Practice, Karen has been a nurse at EHMC for 40 years. It all began for her in 1975 when she entered Englewood Hospital

School of Nursing. In her class of more than 100 nursing students, she remembers there were only four male students, and that the class dwindled to less than 50 students by the time she graduated in 1977. Her most



meaningful experience over the years at EHMC has been the sense of "family" at the hospital. "You were taking care of people who you also saw when you were outside the hospital doing everyday activities," said Rafti, who lives within ten minutes of the hospital. "I stayed at EHMC because of that sense of community – the connections people make here, helping each other."



### **BETTY KARLSEN**

Betty has worked as a volunteer at EHMC since 1967, providing crafts materials and activities for the patients. Two days a week, she wheels around a cart decorated with handmade puppets and stocked with supplies for sewing, knitting, beadwork and other crafts. Her special memories?

"We have a project making small, stuffed bears for the emergency room, and I make a dozen a week,"

Karlsen said. "One time, a young man was looking at my bears and told me he still has one I gave him in the ER as a child!

"We also have a few women who knit or crochet afghans, and last year we gave out about 70 to four different charitable organizations. Going around with the cart, I meet a lot of nice people. Even if they don't take anything, they're just glad to have someone to talk to," she said.

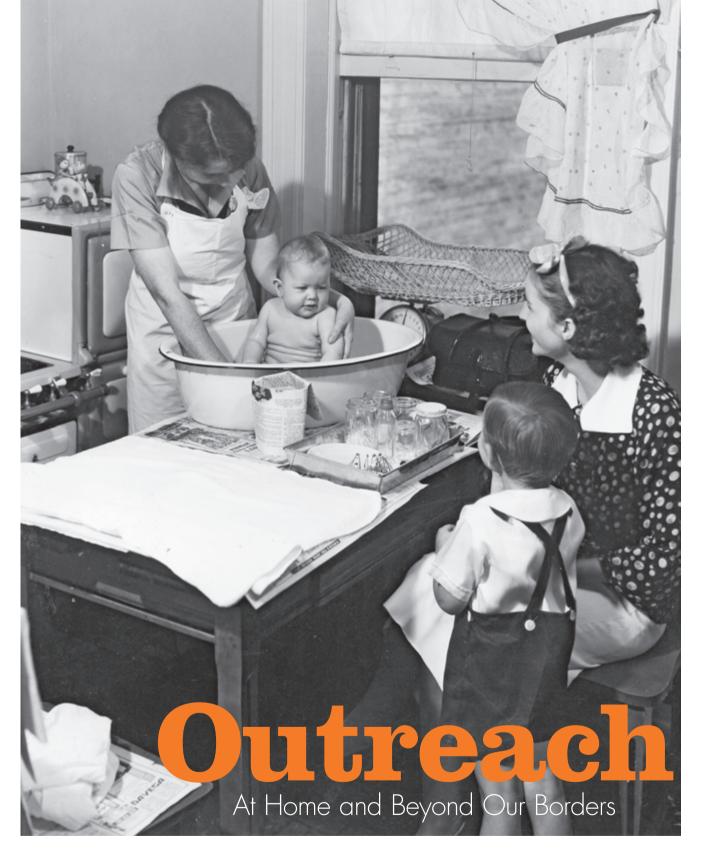


### **Priscilla Thomas**

Priscilla, a medical technologist, has worked in the lab of Englewood Hospital since 1964.

"Back then, we didn't have a phlebotomy team," she recalled.
"All the techs would come in in the morning and we'd all have a pile of slips – we had our own basket with the tubes and paraphernalia to draw blood. Each tech would go to a different floor to draw blood. We trained for that and it was part of the routine.

"I liked dealing with the patients – it put a face to what I was doing. I kind of miss that," Thomas said.



Through educational and support programs, health screenings and other initiatives, Englewood Hospital and Medical Center is taking healing to the community, locally and abroad.

Reaching out into the community has long been a vital part of Englewood Hospital's mission of providing health care. Visits by public health nurses provide care and health instruction to individuals and families in their homes. By 1940, the department had made more than 300,000 visits.

### Health Screenings and Fairs

The medical center offers free health screenings and health fairs, including screening for early detection of cancers, vascular disease, high blood pressure, cholesterol levels and diabetes, among others. The medical center has seen attendance increase year after year, including from people who do not have health insurance or a primary care physician.

### Center for Korean Health and Wellness

A dedicated center specifically for the region's Korean population helps the Korean-American community navigate the healthcare system, including through the translation of hospital signage, healthcare programs and services, and special event information. The center is led by its medical director.

Dr. Gerald Lee and
a team of hospital
staff and 80-plus
Korean-speaking
volunteers who
provide vital
information and
social support
for patients and
families. The
medical center also
provides a Korean
menu for inpatients, new
mothers, and café visitors.

### Childbirth Education and Pre/Postnatal Wellness

To help expectant mothers and their partners during all stages of pregnancy and childbirth, EHMC offers various classes and support programs, including Lamaze, prenatal and "Mommy and Me" yoga, breast-

feeding, infant care
basics, sibling
preparation,
effective parenting, postpartum and new
mom support
groups, and
infant/child
CPR classes.



The hospital's Emergency Medical Services department is one of 159 in the United States accredited from the Commission on Accreditation of Ambulance Services (CAAS) for its compliance with national standards of excellence and is nationally recognized by

the American Heart Association. EHMC's EMS training center provides classes to first responders and paramedics. EHMC also offers CPR training to parents, grandparents, babysitters, school personnel, camp counselors and students. The hospital donates defibrillators and offers training on their use, and provides ambulance and emergency personnel at school sports and public events.



Five years after a devastating 7.1 earthquake leveled most of Haiti and killed 316,000 people, efforts to rebuild its infrastructure continue. Because humanitarian aid is still vital to its people, EHMC donated an ambulance to Haiti Emergency Reponse Operations (HERO). EHMC supporters Steven Epstein and his daughter Olivia provided the means to transport the ambulance to Haiti, which will be used by first responders in the capital city of Port-au-Prince.

### **Heeding the Call for Help Overseas**

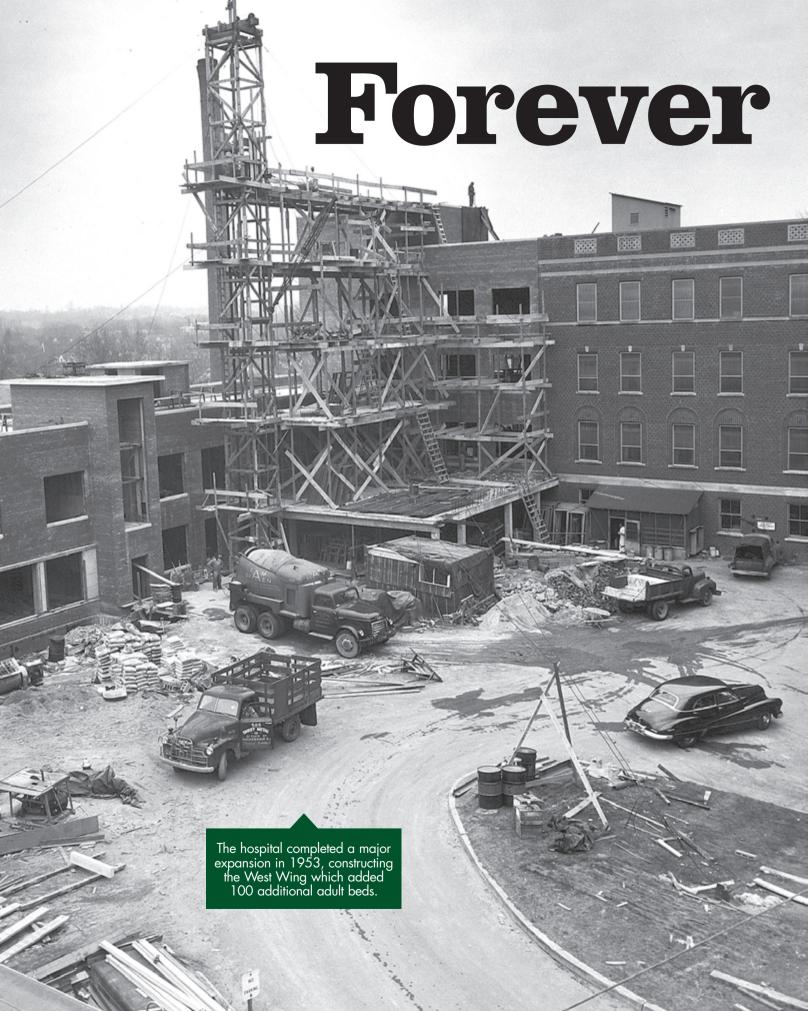
The medical center has a long history of providing medical and other services as needed to those who are victims of disasters here and abroad. After the devastating earthquake in Haiti in 2010, several doctors and nurses from EHMC rushed to action and have visited Haiti repeatedly to render aid. The hospital recently donated an ambulance to Haiti, in addition to other medical supplies.

Dr. Gregg P. Lobel, director of pediatric anesthesia

and Eleanor Dunn, RN, are among many who donate their medical skills for much-needed operations and procedures overseas. Lobel, who's been going on medical missions to places such as the Dominican Republic, Vietnam and Africa for close to 10 years, said the patients are usually children and the procedures vary but are often ENT or urology-related. The trips are arranged by organizations such as Healing the Children New Jersey. EHMC medical staff volunteer their services and time, and travel at their own expense.







## Grateful

Milestones Reached with Help from Friends and Benefactors

alk about coming a long way. On June 25, 1890, Englewood Hospital admitted its first patient in a 12-bed, wooden building on a three-acre tract of land on Engle Street. Today, as the 531-bed medical center marks its 125th anniversary, JAY C. NADEL, chairman of the Board of Trustees of the EHMC Foundation, says the hospital could not have reached this milestone by itself.

"When future generations look back on this moment in time, they will see yet another constant in our history – A CULTURE OF PHILANTHROPY CULTIVATED BY BENEFACTORS WHO BELIEVE IN THE WORK WE'RE DOING AND HAVE SHOWN THEIR GENEROSITY BY INVESTING IN OUR VISION," said Nadel.

"Englewood Hospital and Medical Center owes its success to its legion of friends and benefactors," said **WARREN GELLER**, president and CEO of EHMC. "Throughout our history, philanthropy, by way of individual donors, families, business partners and others, has helped to firmly anchor the medical center as a vital resource in our region."

This past decade, the medical center made a strategic decision to reorganize its physical campus to better meet the needs of its patients, and the community responded in a big way.

"We opened the RUSSELL AND ANGELICA BERRIE CENTER FOR HUMANISTIC CARE in 2004, ushering in a new era of outpatient care for our patients," said DEBRA ALBANESE, vice president of

development and executive vice president of the EHMC Foundation. "Five years later, we celebrated the grand opening of **THE KAPLEN PAVILION**, which introduced a new level of excellence in emergency medicine. We could not have made these strides without the incredible generosity of these two families and hundreds of donors in our community."

More recently, philanthropic contributions have continued to positively influence patient care at EHMC. The Foundation raised over \$15 million last year and welcomed nearly 1,700 new donors. More than 2,500 donors participated in the Foundation's fundraising events.

In early June of this year, hospital officials announced the public phase of a new capital campaign: **TRANSFORMING THE FUTURE: OUR CAMPAIGN FOR ENGLEWOOD HOSPITAL AND MEDICAL CENTER**. In the 18 months prior to that announcement, the Foundation had already secured more than \$25 million in gifts and pledges, thanks to the support of "philanthropic champions" in the community.

The campaign will benefit EHMC's modernization program, which includes the **CANCER TREATMENT AND WELLNESS CENTER** and **THE FAMILY BIRTH PLACE**, as well as other campus initiatives. This includes investment in technology, infrastructure and talent acquisition.

Geller says the campaign has the potential to be a game-changer in the healthcare arena in this area. "This campaign is set to revolutionize health care in our region by empowering our physicians and clinicians to reach new, bolder heights in care and safety," he explained. "They will have access to cutting-edge technology, allowing them to seamlessly fuse healthcare and compassion to deliver a patient experience unlike any other."

Philanthropy has provided direct program support and opportunities to invest in new technology and education at EHMC. Beyond that, it has had a tremendous direct impact on patients, especially those unable to afford care.

"Philanthropic support leaves an indelible mark on patient care and outcomes," Albanese explained. "Our donors' investment in EHMC allows doctors, nurses and staff to deliver the highest-quality medical care, providing patients with a seamless experience that helps to improve and save lives. Perhaps most important, these funds help allow us to offset the costs of charity care and ensure that our most vulnerable patients have access to the very best care." ●



### Last Wish Of a Jazz Legend

Legendary jazz trumpeter

Dizzy Gillespie was a patient at Englewood Hospital before his passing in early 1993 from pancreatic cancer. During his final days, he expressed a wish to support his passion for jazz and fellow musicians through the creation of a memorial in his name.

The Dizzy Gillespie Memorial Fund at Englewood Hospital and Medical Center fulfills that wish by providing a complete range of medical care – including hospitalization, diagnostic tests and surgical services – to jazz musicians who are uninsured and without the ability to pay.

EHMC oncologist Dr. Frank Forte treated Gillespie before his passing and followed through on his last wish, helping to establish the Memorial Fund that perpetuates today through a partnership between EHMC and the New York City-based Jazz Foundation of America. The care it affords to musicians in need is provided through a network of more than 80 dedicated Englewood Hospital physicians who volunteer their services.

**Above** Gillespie performs at Fairleigh Dickinson University's commencement in Rutherford in 1981.

Englewood Hospital and Medical Center

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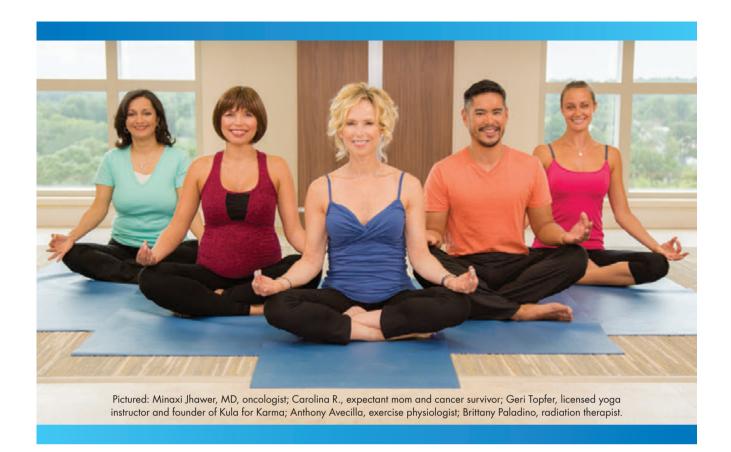
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nglewood Hospital and Medical Center gratefully acknowledges the volunteer members of our boards of trustees for their selfless commitment and service, continued leadership and support, and countless contributions for which the impact is immeasurable. Your legacy of care and compassion will live on not only within the walls of this great institution, but through the lives of those Englewood Hospital and Medical Center has had the opportunity to help. Thank you.



## Get centered.

You're the focus of our attention.

A physician-led team to help you breathe through the pain, get stronger, and feel better.

Our experts at The Graf Center for Integrative Medicine are reimagining what wellness looks like. Medically supervised yoga, acupuncture, nutritional counseling, stress management, and massage. One more reason to make Englewood Hospital and Medical Center your hospital for life.















## Powered by our people.

Since 1890, Englewood Hospital and Medical Center has undergone significant growth, modernization, and transformation. What began as a humble 12-bed hospital has become one of New Jersey's and the nation's leading hospitals. One thing has not changed since our founding: the commitment and passion of the highly skilled doctors, nurses, and others who have joined us over the past 125 years to provide their community with the highest-quality care in a humanistic environment. We were founded by leaders committed to making a difference. Our healthcare team today looks back on our history as a source of pride and inspiration as we aim for new heights.



englewoodhealth.org







