



MISSISSIPPI STATE UNIVERSITY™

COLLEGE OF EDUCATION

Department of Kinesiology Course Syllabus

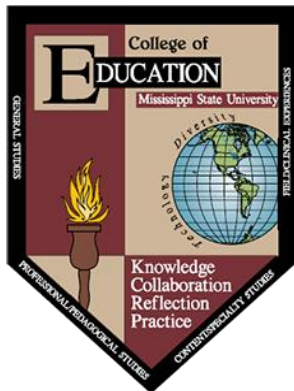
PE 3533 Coaching Sports

Credit Hours: Three (3) credit hours

Method of Instruction: C = Lecture

Catalog Description: Theoretical study of softball, baseball, football, and basketball fundamentals, positions, styles of offensive and defensive play, rules, signal methods, generalship and team play.

College of Education Conceptual Framework



The faculty in the College of Education at Mississippi State University are committed to assuring the success of students and graduates by providing learning opportunities that are continually improved as society, schools, and technology change. The organizing theme for the conceptual framework for the College of Education at Mississippi State University is educational professionals - dedicated to continual improvement of all students' educational experiences. The beliefs that guide program development center on the tenets of knowledge, collaboration, reflection, and practice. For additional information, please visit <https://www.educ.msstate.edu/about/framework/>.

Course Objectives

Upon completion of this course:

1. Students will appreciate the history and develop a personal philosophy of coaching softball, baseball, football, and basketball that identifies goals and objectives to be achieved by both coach and players of football. (SHAPE 1.a, 1.f, CAEP 1.1, CRT 1.1)
2. The student will recognize all sports covered as team sports with individuals performing tasks to secure team goals and students. (SHAPE 1.b, CRT 14.0)
3. The student will gain an appreciation of the skill and finesse it takes to perform the fundamentals of throwing, catching and hitting, etc. of each sport. (SHAPE 1.b, 1.d, CFPO 3, CRT 8.0)
4. Students will implement successful coaching and teaching strategies and techniques of various sports observed. (SHAPE 2.a, 3.a, CFPO 3, INTASC 7)
5. Students will understand the importance of athletics as it pertains to their school and community. (SHAPE 1.f, CFPO 12, CRT 7.1, INTASC 10)
6. Students will develop, plan, and implement a practice schedule for an assigned sport. (SHAPE 3.b, 4.b, CRT 2.1, CFPO 10, INTASC 7)
7. Students will teach the fundamental skills of softball, baseball, football, and basketball. (SHAPE 3.b, 4.b, CFPO 10, CRT 2.1, INTASC 7)

8. The student will gain an appreciation that athletics can play a significant role in the life of an individual and that there can be a significant carryover from athletics to life goals. (SHAPE 6. A, CFPO 12, CRT7.1, INTASC 9)

Detailed Course Outline/Topics Covered in the Course

1. Coaching philosophy, goals, team rules, time management techniques for practice and game organization (Time allotted: 15 hours)
2. Terminology of each observed sport
 - a. Offensive
 - b. Defensive
3. Fundamentals (Time allotted: 15 hours)
 - a. Conditioning drills
 - b. Agility drills
 - c. Receiving and kicking drills
 - d. Batting and hitting drills
 - e. Dribbling drills
4. Strategy (Time allotted: 10 hours)
 - a. Expressing yourself in an interview on basic offensive/defensive beliefs
 - b. Learning to control a game from sideline
 - c. Utilization of coaches in press box
5. Students will teach the fundamental skills of football. (Time allotted: 5 hours)

Text(s)/Course Materials

Students are responsible for handout materials and articles issued in class and placed on Library reserve. There is no text required for this course.

Description of Instruction

Lecture. The methods of instructions for the course include class discussion, lecture, demonstrations/drills on the football field, active student participation, and drills/formations on practice field.

Mississippi State University Honor Code

“As a Mississippi State University student, I will conduct myself with honor and integrity at all times. I will not lie, cheat, or steal, nor will I accept the actions of those who do.”

Upon accepting admission to Mississippi State University, a student immediately assumes a commitment to uphold the Honor Code, to accept responsibility for learning, and to follow the philosophy and rules of the Honor Code. Students will be required to state their commitment on examinations, research papers, and other academic work. Academic dishonesty will not be tolerated and will be dealt with according to MSU policy. Ignorance of the rules does not exclude any member of the MSU community from the requirements or the processes of the Honor Code.

For additional information visit: <http://students.msstate.edu/honorcode>.

Technology

Technology will be used in the classroom. PowerPoints and other video will be used to supplement the lecture and provide a guideline for the topics to be covered.

Respect of the classroom environment, the instructor, and fellow students is expected in the classroom at all times. All cell phones are to be turned off. This includes using your phone for text messaging.

Diversity

It is important to help students understand the significance of the diverse learner. We will address professionalism and how to help individuals or groups who are diverse in age, disability, ethnicity, gender, race, sexual orientation, socioeconomic class, and other characteristics. We will address these issues as outlined in the topics to be covered.

Accommodations for Students with Disabilities

Students with disabilities in need of accommodations to meet the expectations of this course are encouraged to bring this need to the attention of the instructor and should register with the Office of Student Support Services as soon as possible. The Office of Student & Disability Support Services is located in 01 Montgomery Hall and can be reached via telephone at (662) 325-3335.

<http://www.sss.msstate.edu>.

Field Component

The students are not required to complete any tasks outside the classroom.

Evaluation of Student Progress

Student Activities/Assessments/Percentage of Grade:

1. *Coaching Notebook* (30%) Each student will prepare a coaching notebook that contains a personal coaching philosophy, teaching information, conditioning strategies, offensive/defensive team and individual drills, offensive/defensive strategies, team rules, and other information relevant to coaching a specific sport.
2. *Practice Plan* (20%) Each student will prepare a detailed practice plan intended to cover 12 two-hour practice sessions. The practice plan is intended to cover 12 practices preceding a team's first game. Each practice session should be detailed and conform to the format that will be presented in class. In addition, all drills and strategies utilized in the practice plan should be included in the coaching notebook.
3. *Drill Evaluations* (20%) Each student will be responsible for leading a portion of the class in drills intended to teach a specific skill/strategy. The student will be responsible for providing handouts to the class which provides information on the drill(s) being used to teach the skill. Each student will be evaluated by the class and instructor on the content/organization of the drill, teaching methodologies used, and feedback provided to drill participants.
4. *Coaching Philosophy* (10%) Each student will develop a written personal coaching philosophy that identifies the role of a coach, how he/she will deal with players, and main goals and objectives to be achieved. The student should view this philosophy as his/her creed of coaching and the document that defines the type of coach he/she wants to be.
5. *Observations* (10%) Each student will observe two practice sessions and provide written summary of what was viewed. The two observations must be of teams at different levels (i.e., high school and college). It is recommended the student obtain permission from the coaching staff prior to attending practice. The written report should detail how the practice was conducted, drills/teaching strategies used, interaction of coaching staff with players, and overall evaluation of the practice session. Each written summary should also contain the time and date of the observation, the name of the head coach and school/team, and where the observation took place.
6. *Attendance* (10%) Critical to the success of a student enrolled in this course is regular class attendance. Students are allowed to miss two class periods without loss of points. Each absence

beyond the allotted two will result in a loss of two percentage points from the student's attendance grade. Communication with the instructor regarding attendance in both appreciated and necessary.

Grading Scale

100 – 90 = A
89 – 80 = B
79 – 70 = C
69 – 60 = D
59 or below = F

Attendance Policy

In accordance with university policy (AOP 12.09), students are expected to attend all classes. AOP 12.09 also defines what an excused absence is.

1. All students will be expected to receive assignments on the day they are administered and turn those assignments in on the scheduled due date.
2. Late assignments will not be accepted by an unexcused student. It is the responsibility of the student, not the instructor, to maintain a record of all missed work.
3. An athlete participating in a University athletic event must turn in those assignments prior to or on the day of the assignment due dates.
4. Students may not make up tests if a University Excuse does not apply to their absence.
5. A University-approved excuse includes proof of death/series illness in immediate family, proof of personal medical emergency, and proof of personal illness or to one dependent on you, religious holy day, required military duties, required participation in a university-wide event, and mandatory admission interviews from professional/graduate school that cannot be rescheduled.
6. If a student does have a University Excuse, that student is required to make up any missed work within one week upon returning to the class.
7. Any person scheduled to miss class due to an official MSU event (athletes, band members, cheerleaders, student workshops, etc.) who misses a test or assignment due to that event will have two class periods to take the missed test upon returning to class. The student is responsible for rescheduling the makeup test with the instructor. The instructor is not responsible for reminding students to make up missed work!

Title IX Policy

MSU is committed to complying with Title IX, a federal policy that prohibits discrimination, including violence and harassment, based on sex. This means that MSU's educational programs and activities must be free from discrimination based on sexual orientation, sexual harassment, and other forms of sexual misconduct. If you or someone you know has experienced discrimination, sexual violence and/or harassment by any member of the University community, you are encouraged to report the conduct to MSU's Director of Title IX IEEO Programs at 325-8124 or by e-mail to titleix@msstate.edu. Additional resources are available at <http://www.msstate.edu/web/security/title9-12.pdf>, and at <http://students.msstate.edu/sexualmisconduct/>.

University Safety Statement

Mississippi State University values the safety of all campus community members. Students are encouraged to register for Maroon Alert texts and to download the Everbridge App. Visit the Personal Information section in Banner on your mystate portal to register. To report suspicious activity or to request a courtesy escort via Safe Walk, call University Police at 662-325-2121, or in case of emergency,

call 911. For more information regarding safety and to view available training resources, including helpful videos, visit ready.msstate.edu.

Mississippi Educator Code of Ethics

This code shall apply to all persons licensed according to the rules established by the Mississippi State Board of Education and protects the health, safety and general welfare of students and educators. Ethical conduct is any conduct which promotes the health, safety, welfare, discipline and morals of students and colleagues. Unethical conduct is any conduct that impairs the license holder's ability to function in his/her employment position or a pattern of behavior that is detrimental to the health, safety, welfare, discipline, or morals of students and colleagues. Any educator or administrator license may be revoked or suspended for engaging in unethical conduct relating to an educator/student relationship (Standard 4). Additional information on the Mississippi Educator Code of Ethics 10 standards is available at https://www.mdek12.org/sites/default/files/documents/code-of-ethics_final.pdf.

Mississippi College and Career-Ready Standards

Content standards outline the skills and knowledge expected of students from grade to grade and subject to subject. In addition to the Mississippi College and Career-Readiness Standards, the Mississippi Department of Education has developed a wide variety of training materials for educators and administrators across the state.

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