

A decorative border with intricate floral and leaf patterns surrounds the central text. The border is composed of a double-line rectangular frame with ornate, symmetrical flourishes at each corner and along the sides.

COMMUNITY RESOURCES

TABLE OF CONTENTS FOR AGENCY RESOURCES:

- PAGES 3-5 FOOD PANTRIES & ONLINE LOCATION FINDERS FOR FOOD PANTRIES
- PAGE 5 AFTERNOON MEALS AT SAMARITAN'S TABLE; OTHER MEAL RESOURCES
- PAGE 6 CLOTHES CLOSETS; IMMEDIATE SHELTER AND TRANSITIONAL HOUSING
- PAGE 7 OTHER FINANCIAL ASSISTANCE; DOMESTIC ABUSE RESOURCES; HUMAN TRAFFICKING/SEXUAL ASSAULT RESOURCES
- PAGE 8 MENTAL HEALTH RESOURCES
- PAGE 9 INFORMATION FOR SENIORS
- PAGE 10 RESOURCES FOR: BLIND; DEAF; EBT EDGE MOBLE APP; EYE GLASS ASSISTANCE; CABARRUS GOVERNMENTAL CENTER; CUSTODY MEDIATION; FREE DENTAL CARE
- PAGE 11 RESOURCES FOR: MOTOR VEHICLE DEPARTMENT; ENVIRONMENTAL HEALTH; UNEMPLOYMENT OFFICE; LEGAL AID; LOW INCOME HOUSING.
- PAGE 12 RESOURCES FOR: MEDICAID/FOOD STAMPS; MEDICAL HEALTH CLINICS; PRESCRIPTION MEDICATION; SOCIAL SECURITY/DISABILITY; MEDICARE PART D
- PAGE 13 RESOURCES FOR: FINANCIAL LITERACY/BUDGETING; RE-ENTRY PROGRAMS; CHILD CARE FINANCIAL ASSISTANCE; FREE PHONES; VETERAN SERVICES; WEATHERIZATION ASSISTANCE; WIC
- PAGE 14 DHS CPS PREVENTION SERVICES; PREGNANCY RESOURCE CENTER; SUPPORT FOR FATHERS AND FAMILIES
- PAGE 15 PARTNERSHIP FOR CHILDREN SERVICES OFFERED
- PAGE 16 SENIORS LUNCH PLUS LOCATIONS; DISCOUNTS FOR INTERNET/AFFORDABLE CONNECTIVITY PROGRAM
- PAGE 17 HOUSING REPAIR THROUGH GRANTS; FREE PRE-K PROGRAMS; SUICIDE CRISIS LIFELINE
- PAGE 18 SELF SUFFICIENCY PROGRAM OPPORTUNITY
- PAGE 19 HEALTH ALLIANCE PROGRAMS: WIC; DENTAL;PREGNANCY; SUBSTANCE ABUSE ; SCHOOL HEALTH; ETC
- PAGE 20 TOOL TO IDENTIFY YOUR STRENGTHS, NEEDS AND PRIORITIES FOR GROWTH TO ASSIST REACHING GOALS
- PAGE 21 QR CODE AND WEB SITE FOR FOOD PANTRY LOCATIONS IN AREA; SILVER LININGS MENTAL HEALTH SERVICES
- PAGE 22 FOOD, GROCERIES FROM FEEDNC; SILVER LININGS MENTAL HEALTH FLYERS
- PAGE 23 3 HUMAN SERVICE LOCATIONS; EMAILS FOR DOCUMENTS; WEBSITES TO APPLY FOR PROGRAMS FOR DEPARTMENT OF SOCIAL SERVICES

DISCLAIMER: CABARRUS COUNTY OR CABARRUS COUNTY DSS ARE NOT RESPONSIBLE FOR THE ACCURACY OF THE INFORMATION PROVIDED ON RESOURCES REPORTED IN COMMUNITIES, THE INDIVIDUAL PROVIDERS OR THE SERVICES THEY PROVIDE. ATTEMPTS HAVE BEEN MADE TO KEEP INFORMATION AS CURRENT AND ACCURATE AS POSSIBLE HOWEVER MAY CHANGE ON A DAY TO DAY BASIS.

RESOURCE LIST TO FIND OTHER COMMUNITY ASSISTANCE ON MANY TOPICS & PROGRAMS

www.findhelp.org
ONLINE SITE that will provide more local resources not listed on these pages

www.findhelp.org
 Type in zip code and search for topic

Provides lists of **FOOD RESOURCES**; long-term housing; assisted living; independent living; nursing home care; public housing; safe housing; short term housing; nursing home; sober living; temporary shelters

UNITED WAY HOPE LINE Call **211** for Info on variety of needs and food locations or call 919.361.4835; 888.892.1162; 866.744.7778

VARIES BY ZIP CODE 24/7
WWW.211.ORG
AVAILABLE IN 180 LANGUAGES

ONLINE RESOURCE FOR CABARRUS CTY https://www.ncworks.gov/admin/gsipub/htmlarea/uploads/CRAG/Cabarrus_County.pdf

View location for food pantries at <https://cooperativeministry.com/food-pantry-map/> (see QR code pg 21)

FOOD PANTRIES	SERVING THE FOLLOWING LOCATIONS	DAYS/TIMES	ADDRESS	PHONE NUMBER	ONLINE ADDRESS & OTHER INFORMATION	REQUIREMENTS NEEDED
COOPERATIVE CHRISTIAN MINISTRY AND CCM SATELLITE PANTRIES	CABARRUS COUNTY AND KANNAPOLIS	PANTRY: MONDAY-FRIDAY, 10AM-1PM THURSDAYS: 3:30-6:00 PM	COOPERATIVE CHRISTIAN MINISTRY- MAIN CENTER 246 COUNTY CLUB DRIVE NE, CONCORD	704.786.4709 FOOD PANTRY: PRESS OPTION #3	WWW.COOPERATIVEMINISTRY.COM WWW.FACEBOOK.COM	FIRST COME, FIRST SERVE
	KANNAPOLIS	MONDAY & THURSDAY, 9AM-1PM	HELPING HANDS FOOD PANTRY @ BETHEL BAPTIST CHURCH, 1209 ¼ OPAL STREET, KANNAPOLIS	704.933.6600		
	ROWAN & CABARRUS COUNTIES	WEDNESDAY 9AM-11AM	NORTH KANNAPOLIS BAPTIST CHURCH 312 LOCUST STREET, KANNAPOLIS	704.933.2125	LIMITED TO FIRST 25 FAMILIES	CAN VISIT ONE TIME EACH MONTH
	CABARRUS & LOCUST	2ND SATURDAY 8AM-11AM	FEED THE SOULS PANTRY @BETHEL UMC, 12700 IDLEBROOK ROAD, MIDLAND	704.888.2653		
	KANNAPOLIS	SATURDAYS, 9-NOON	WEST POINT BAPTIST CHURCH 1100 PINE STREET, KANNAPOLIS	704.933.2631	CLOTHES CLOSET AS WELL	
	CONCORD & HARRISBURG	SATURDAYS, 9-12NOON. Usually closed on 5th Sat and Sat before holidays	WESTFORD UMC 273 HWY 49 SOUTH, CONCORD	704.782.1423	LIMITED TO FIRST 30 FAMILIES OR NOON, WHICHEVER COMES FIRST	

1/23/2024 RESOURCE LIST PROVIDED BY CABARRUS COUNTY DEPARTMENT OF SOCIAL SERVICES PAGE 4

NAME OF FOOD PANTRY	SERVING THE FOLLOWING LOCATIONS	DAYS/TIMES	ADDRESS	PHONE NUMBER	ONLINE ADDRESS, OTHER INFORMATION & REQUIREMENTS NEEDED
CORNER FIELD MARKET BY CFA CHURCH	CABARRUS COUNTY	TUESDAYS 1-4:00 PM & 6-7:30 PM THURSDAY 1PM-4PM FOR ANYONE BY APPT	280 CONCORD PKY SOUTH, CONCORD 28027	704.413.7711 TO OBTAIN APPT.	Will make some exceptions for walk-ins as they are able https://www.cabarrusdreamcenter.com/ OR https://cornerfieldmarket.as.me/schedule.php
CHARITY BAPTIST CHURCH	SERVES ALL AREAS *SEE REQUIREMENTS	TUESDAYS 9:15-10:30AM WEDNESDAYS 6:45-8PM	2420 BRANTLEY ROAD, KANNAPOLIS	704.938.7664 EXT. 2	*BRING PHOTO ID AND UTILITY BILL (power, gas or water bill) WITHIN PAST 30 DAYS. CAN RECEIVE FOOD ONCE PER HOUSEHOLD EVERY 30 DAYS
CENTRAL BAPTIST CHURCH		2ND TUESDAYS OF THE MONTH 10-12NOON	1810 MOOSE ROAD, KANNAPOLIS 28083	704.933.8006	BRING PHOTO ID
LIVING FAITH CHURCH		EVERY OTHER SATURDAY (CHECK WEBSITE FOR DATES) 11-1PM	3251 ROCK HILL CHURCH ROAD, CONCORD	704.782.3641	www.lfcob.org
SALVATION ARMY OF CABARRUS COUNTY- CONCORD CORPS	CABARRUS, ROWAN, STANLY COUNTIES	MON/TUES /WED 10-NOON; 1PM-2PM APPTS ONLY	216 PATTERSON AVENUE SE, CONCORD 28025	704.782.7822 CALL FOR APPTS.	CLOTHING/FOOD PANTRY. BRING PHOTO ID AND PROOF OF RESIDENCY.
THE HOUSE OF HOPE OPERATION BREAD BASKET		MONDAYS: 3-5PM WEDNESDAYS: 10-12NOON	212 BROAD DRIVE SW, CONCORD 28025	704.784.2581	For FOOD PANTRY RECOMMEND BRINGING PHOTO ID AND PROOF OF RESIDENCY.
SECOND HARVEST PANTRY BY CONCORD CHRISTIAN CHURCH		THURSDAYS 10-NOON SATURDAYS 11-NOON	265 MANOR AVENUE SW, CONCORD 28025	704.788.4726	NO REQUIREMENTS. RING DOOR BELL FOR ASSISTANCE.
CROSSROAD CHURCH FOOD PANTRY	FAMILIES WITH STUDENTS OF CERTAIN ELEMENTARY SCHOOLS		220 GEORGE W. LILES PKWY, CONCORD 28027	704.795.0423 EXT. 1150	Must have children at Carl A Furr Elementary School, Weddington Hills Elementary School or the Cabarrus Charter School. Client must contact the School Social Worker to let need for food. The SW will contact Crossroads Church.
BAPTIST SHARING HOUSE SPONSORED BY BAPTIST ASSOCIATION	SERVES ALL AREAS	MON, TUES, THURS 8-11AM APPOINTMENTS RECOMMENDED	117 PEACHTREE ST., CONCORD	704.788.6507 CALL FOR APPOINTMENTS	FOOD PANTRY, CLOTHING, HOUSEHOLD
BIG ELM MINISTRIES	FROM 10AM-NOON Date of the pantry changes every month. Call for appt.		905 MCKNIGHT STREET, KANNAPOLIS	704.933.5862 BY APPT ONLY	https://www.facebook.com/Big-Elm-Ministries-1602266603321490/ FOOD PANTRY AND MEDICAL EQUIPMENT
MT. PLEASANT FOOD MINISTRY	MT. PLEASANT RESIDENTS ONLY		8615 PARK DRIVE, MT. PLEASANT	980.621.8634	FOOD PANTRY BRING PROOF OF RESIDENCY
HARRISBURG CRISIS ASSISTANCE MINISTRY	HARRISBURG RESIDENTS ONLY		ROCKY RIVER PRESBY CHURCH 7940 ROCKY RIVER ROAD, CONCORD	704.957.8629	FOOD PANTRY NEED PHOTO ID
LAKEVIEW BAPTIST CHURCH	SERVES ALL AREAS		2532 LANE STREET, KANNAPOLIS 28083	704.932.1495	www.facebook.com/lakeviewkannapolis/ Check facebook to ensure operation dates.
BLESSINGS BOXES (6 Locations in Cabarrus County)	ALL ARE WELCOME		CONCORD: At Fire Station 4 and 5; at ZMAX Dragway; One Life Church; Rotary Square. KANNAPOLIS: at Cabarrus Health Alliance		nonperishable foods, personal hygiene items and activity books for kids
BROADUS BAPTIST CHURCH	COMMUNITY		59 GREEN STREET SW, CONCORD		Nonperishable food items only. Number of visits depend on need and resources Proof of need/resources required.

NAME OF FOOD PANTRY ORGANIZATION	SERVING THE FOLLOWING LOCATIONS	DAYS/TIMES	ADDRESS	ONLINE ADDRESS & OTHER INFORMATION REQUIREMENTS NEEDED PHONE NUMBER
MAIN STREET MISSION	KANNAPOLIS, & ROWAN COUNTY	TUESDAY-SATURDAY 9-3PM	306 S. MAIN STREET, CHINA GROVE	GROCERIES ON SLIDING SCALE, ACCEPT EBT 704.855.2909
ROWAN HELPING MINISTRIES	ROWAN COUNTY RESIDENTS ONLY	MEALS SERVED 3 X PER DAY; NOON MEAL OPEN TO ALL; SHELTER -24/7; FINANCIAL ASSISTANCE M-F	226 N. LONG STREET, SALISBURY	CALL FOR HRS AND LOCATIONS: 704.637.6838 Meals; clothes; financial assistance; shelter; food MUST BRING ROWAN COUNTY ID
SUMMER MEALS FOR KIDS < 18 WHEN SCHOOLS ARE CLOSED	NUMEROUS SITES IN ALL COUNTIES	CHECK WEBSITE FOR TIMES /DAYS	National Hunger Hotline: M-F; 7AM-10PM 1.866.348.6479 FOR SPANISH: 1.877.842.6273	https://www.fns.usda.gov/meals4kids No applications, no questions, feed all children under 18
MOBILE FOOD PANTRIES AT VARIOUS LOCATIONS IN CABARRUS COUNTY	CABARRUS COUNTY RESIDENTS. HELD ONCE OR TWICE A MONTH, APRIL-OCTOBER OPEN FOR 2 HOURS. TIMES VARY. THESE ARE DRIVE THRU EVENTS. LIMIT ONE PICK UP PER DAY PER HOUSEHOLD.		SPONSORED BY SECOND HARVEST FOOD BANK AND COOPERATIVE CHRISTIAN MINISTRY. CALL FOR INFORMATION TO BE MAILED TO YOU OR PICK UP A FLYER ABOUT THE SITES OF THE MOBILE FOOD PANTRIES FROM CABARRUS DHS, 1303 SOUTH CANNON BLVD, KANNAPOLIS 704.920.1400	NEEDED AT REGISTRATION WHICH WILL BE AT THE SITE OF EACH MOBILE FOOD PANTRY: •YOUR NAME; •NUMBER OF PEOPLE IN YOUR FAMILY • AGE OF EACH MEMBER; •YOUR ADDRESS; •YOUR PHONE #; •PROOF OF YOUR HOUSEHOLD'S GROSS INCOME. REGISTRATION BEGINS ONE HOUR BEFORE SERVING TIME. PREPARE TO CARRY HOME SEVERAL BAGS AND/OR BOXES OF GROCERIES

SAMARITAN'S TABLE : AFTERNOON MEALS	DAYS/TIMES	ADDRESS	NO REQUIREMENTS NEEDED
NEW HOPE LUTHERAN CHURCH/JOURNEY UMC	MONDAYS, 5-5:30PM TAKE OUT MEAL	1615 BRANTLEY ROAD, KANNAPOLIS 704.932.3716	ALL ARE WELCOME. NO FORMS TO FILL OUT. PROVIDED BY AREA CHURCHES, BUSINESSES AND CIVIC ORGANIZATIONS
TRINITY UNITED METHODIST CHURCH	WEDNESDAY, 5-5:30PM TAKE OUT MEAL	416 EAST 1ST STREET, KANNAPOLIS PH: 704.933.1127 COME EARLY!	
KIMBALL MEMORIAL LUTHERAN CHURCH	THURSDAYS, 5-5:30PM TAKE OUT MEAL	101 VANCE STREET, KANNAPOLIS 704-933-4101 DRIVE THRU CHURCH OFFICE@KIMBALLCHURCH.ORG	

OTHER MEAL RESOURCES	NAME OF ORGANIZATION	ADDRESS	PHONE NUMBER	ONLINE ADDRESS & OTHER INFORMATION	SCHEDULE
•TAKEOUT THURSDAYS •WEEKEND SURVIVAL BACKPACKS	OPPORTUNITY HOUSE	72 CORBAN AVENUE SW, CONCORD	704.786.4020	www.facebook.com/OpportunityHouseandNarrowGate/ www.opphouse.net	CHECK WEBSITE OR CALL FOR SCHEDULES
NOON MEAL OPEN TO ALL	ROWAN HELPING MINISTRIES	226 N. LONG STREET, SALISBURY	704.637.6838	MEALS SERVED 3 X PER DAY; shelter -24/7; clothes; food; financial assistance M-F for rowan residents	MUST BRING ROWAN COUNTY ID for other assistance
NOON MEAL OPEN TO ALL 11:30-12:30PM	CENTER OF HOPE SHELTER AND SOUP KITCHEN	216 PATTERSON AVE. SE, CONCORD	704.782.7710	Shelter for THOSE WHOM HAVE HAD A COVID TEST < 5 DAYS OLD	For Shelter assistance NEED VALID ID; NON SEX OFFENDERS
DELIVERED NOON MEALS 10:30-1PM M-F	CABARRUS COUNTY MEALS ON WHEELS	ADMINISTRATIVE OFFICE : 342 PENNY LANE, CONCORD	704.932.3412	Meals for seniors and individuals with disabilities	Must apply for services and complete approval process

CLOTHES CLOSETS		Dates offered varied at Our Community Closet Our Lady of Guadalupe Hall , 135 Manor Avenue SW, Concord 28025			
FOREST HILL UMC SECOND BLESSINGS		251 UNION STREET, NORTH CONCORD		"No verification required" https://www.foresthillumc.org/clothing-closet/	
OUR COMMUNITY CLOSET SPONSORED BY ROCKY RIVER CHURCH		887 PITTS SCHOOL ROAD SW, CONCORD 28027 704.795.7625 704.469.0419		www.ourcommunitytableconcordnc.org https://www.facebook.com/ourcommunitytableconcordnc.org/	
MON, TUES, THURS 8-11AM APPOINTMENTS ONLY	BAPTIST SHARING HOUSE SPONSORED BY BAPTIST ASSOCIATION	117 PEACHTREE ST., CONCORD	704.788.6507 CALL FOR APPOINTMENTS	FOOD PANTRY, CLOTHING, HOUSEHOLD	MUST MAKE AN APPOINTMENT. *Must have some kind of ID from any country and/or Medicaid card; birth certificate for all household members
ROWAN COUNTY RESIDENTS ONLY; CALL FOR TIMES	ROWAN HELPING MINISTRIES	226 N. LONG STREET, SALISBURY	704.637.6838	MEALS SERVED 3 X PER DAY; shelter-24/7; clothes; food; financial assistance M-F	MUST BRING ROWAN COUNTY ID for other assistance
"THE NET" CLOTHING CLOSET, FAMILY LIFE CAMPUS		925 N Enochville Ave China Grove, NC 28023	704.932.7720	Thursdays 10am-4pm Select Saturdays Please call the church office for Saturday dates and times.	

SHELTER/TRANSITIONAL HOUSING			WEB SITE and what PROVIDES:
COOPERATIVE CHRISTIAN MINISTRY	MON –THURS : 9AM-12PM 246 COUNTY CLUB DRIVE, CONCORD, NC 704.786.4709 HOMELESS /SHELTER /HOUSING: PRESS OPTION #6	WWW.COOPERATIVEMINISTRY.COM FOR ONLINE APPLICATIONS Crisis assistance offered, transitional housing program (this is not emergency housing)	
SALVATION ARMY CENTER OF HOPE EMERGENCY SHELTER	216 PATTERSON AVE., CONCORD NC www.salvationarmycarolinas.org/cabarrus 704.782.7822 704.782.7710	crisis assistance and casework with emergency needs (lodging, food, rent, utilities, etc.) Shelter for THOSE WHOM HAVE HAD A COVID TEST < 5 DAYS OLD; NEED VALID ID; NON SEX OFFENDER	
HOPE HOUSE FOUNDATION	15604 NORTHCROSS DR, HUNTERSVILLE, NC 28078 704.992.1902	info@hopehousefoundation.org Provides housing and support for single, unaccompanied women or women with children (boys up to age 8). To be eligible for housing at Hope House, you must meet certain requirements and qualifications.	
MY FATHER'S HOUSE	769 SUNDERLAND RD., SW CONCORD, NC 28027 704.918.1269	http://www.cooperativeministry.com/programs/shelter-and-housing/my-fathers-house MAX. stay up to 60-90 days; families have access to: overnight accommodations (one family per room); showers; laundry; nursery; computers; kitchen facilities	
UNION COUNTY COMMUNITY SHELTER	160 MEADOW STREET, MONROE, NC 28110 704.289.5300 704.289.5399	UNIONSHELTER.ORG CRISIS ASSISTANCE FOR SINGLE ADULTS AND FAMILIES	
OPPORTUNITY HOUSE	72 CORBAN AVENUE SW, CONCORD 704.786.4020 www.opphouse.net/cabarrus-county-community-reentry	www.opphouse.net/cabarrus-county-community-housing Clothing closet ; Access to free washers and dryers for laundry; full-service bathroom with showers ;Toiletries are provided; Tents and backpacks are available upon request to individuals experiencing homelessness with the most critical need. Assist navigating barriers to employment, education, health, sobriety ; recent incarceration	
MAIN STREET MISSION serving KANNAPOLIS & ROWAN COUNTY	TUESDAY-SATURDAY 9-3PM 306 S. MAIN STREET, CHINA GROVE 704.855.2909	www.marketandmeeting.org .GET AHEAD CLASSES to break cycle of poverty; tools/classes for recently incarcerated and Spanish speaking clients. WILL NEED TO APPLY FOR CLASSES. CLIENTS WILL NEED TRANSPORTATION FOR 8 WK SERIES OF CLASSES.	
VICTORY IN JESUS CHRIST MINISTRIES INC.	107 MCGILL AVE NW, CONCORD 28025	757.914.5550	DOMESTIC NON-PROFIT CORP. Inhouse drug treatment, etc..

ONLINE RESOURCE FOR ROWAN CTY

https://www.ncworks.gov/admin/gsipub/htmlarea/uploads/CRAG/Rowan_County.pdf

FINANCIAL ASSISTANCE	DAYS/TIMES NAME OF ORGANIZATION	ADDRESS	PHONE NUMBER	ONLINE ADDRESS & OTHER INFO.	REQUIREMENTS NEEDED
CABARRUS COUNTY RESIDENTS	MONDAY –THURSDAY 9AM-12PM COOPERATIVE CHRISTIAN MINISTRY	246 COUNTY CLUB DRIVE, CONCORD	704.786.4709 PRESS OPTION #802. LEAVE MESSAGE	www.cooperativeministry.com FOR ONLINE APPLICATIONS	RENT; UTILITIES OR LIFE SUSTAINING MEDICATIONS
HARRISBURG RESIDENTS ONLY	MONDAYS 8:30-12NOON HARRISBURG CRISIS ASSISTANCE MINISTRY	ROCKY RIVER PRESBY CHURCH 7940 ROCKY RIVER ROAD, CONCORD	704.957.8629	FINANCIAL ASSISTANCE WITH BILLS. NO RENT OR MORTGAGE PAYMENTS	NEED PHOTO ID; COPY OF BILL WITH CURRENT ADDRESS
CABARRUS COUNTY RESIDENTS	FIRST CALL, FIRST SERVE. DO NOT LEAVE MESSAGE SALVATION ARMY OF CABARRUS COUNTY	216 PATTERSON AVE. SE, CONCORD	704.782.7816	CALL ON FRIDAYS 10-11AM . LIMITED # OF CUSTOMERS PER WEEK or until they run out of funding for that month	
VARIES BY ZIP CODE	24/7 CALL 211 UNITED WAY HOPE LINE CALL 211	Info for needs related to pandemic; bills; mental health; crisis; housing; food; substance abuse	CALL 211 919.361.4835 888.892.1162 866.744.7778	WWW.211.ORG	AVAILABLE IN 180 LANGUAGES

DOMESTIC ABUSE	ADDRESS	PHONE NUMBER, ONLINE ADDRESS & OTHER INFORMATION	WEB ADDRESS	SERVICES INCLUDE
CABARRUS VICTIMS ASSISTANCE NETWORK (CVAN)	PO BOX 1749, CONCORD NC 28026 OFFICE: 704.788.1108	24/7 HOTLINE 704.788.2826 Business ph: 704.788.1108	https://www.cvan.org	Services still up and running: 24-Hour Hotline; Shelter Services; Court Program and Counseling through the Hotline. Services modified re-opening: Outreach Center - go to Outreach Center page for change in hours. Services temporarily suspended: Support Groups; Jail Program; Teen Program.
SAFE ALLIANCE	601 East Fifth Street- Administrative Office Suite 400 , Charlotte, NC 28202 704.332.9034	24/7 HOTLINE 980.771.4673 (HOPE)	https://www.safealliance.org	Provides resources for survivors of sexual violence and abuse, including counseling services, safety planning, ongoing advocacy and more. PARENTING, DOMESTIC VIOLENCE AND SEXUAL ASSAULT
NC COALITION AGAINST DOMESTIC VIOLENCE (NCCADV)	3710 University Drive, Suite 140, Durham, NC 27707	919.956.9124	https://ncadv.org Outside of regular business hours? Want to talk to someone right now? Call the National Domestic Violence Hotline at 1.800.799.7233, available 24/7. TTY: 1-800-787-3224	We lead the state's movement to end domestic violence and to enhance work with survivors through collaborations, innovative trainings, prevention, technical assistance, state policy development and legal advocacy

DV/HUMAN TRAFFICKING/ RAPE SEXUAL ASSAULT

ESTHER HOUSE	30 day program/shelter	704-961-7502/704-961-7500 is the 24 hour crisis line.
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MENTAL HEALTH	ADDRESS	PHONE NUMBER, ONLINE ADDRESS & OTHER INFORMATION	WEB ADDRESS	SERVICES INCLUDE
DAYMARK RECOVERY SERVICES	284 EXECUTIVE PARK DRIVE, SUITE 100, CONCORD MONDAY-FRIDAY 8-5PM	704.939.1100 24-Hour Crisis Hotline 866.275.9552 Suicide Prevention Lifeline 800.273.8255	https://www.daymarkrecovery.org/locations.cabarrus-center	provides an array of outpatient and psychiatric services for the treatment of a mental illness, substance abuse problem, or developmental disability. NEED: Insurance /Medicaid Card; id or Social Security Card; any referral documentation
ATRIUM BEHAVIORIAL HEALTH	301 MEDICAL PARK DRIVE #202, CONCORD MONDAY –FRIDAY 8-5PM	704.403.2626 24 HR CRISIS ASSISTANCE 1.800.418.2065		
ATRIUM INPATIENT BEHAVIORIAL HEALTH FOR ADULTS	24/7 HELP LINE 704.444.2400 800.418.2065 704.403.1836		https://atriumhealth.org/medical-services/prevention-wellness/behavioral-health/locations	Atrium Health’s comprehensive, integrated system of inpatient, outpatient, school-based, crisis and residential treatment programs, makes us the most comprehensive behavioral healthcare provider in the region.
NOVANT BEHAVIORIAL HEALTH	24 HOUR ACCESS LINE: 1.800.786.1585		HTTPS://wwwnovanthealth.org/home/services/behavioral-health.aspx	
PARTNERS HEALTH MANAGEMENT	OFFICE LOCATIONS: •Corporate: 901 S. New Hope Road, Gastonia, NC 28054 •Elkin Regional: 200 Elkin Business Park Drive, Elkin, NC 28621 •Hickory Regional: 1985 Tate Blvd.SE, Hickory, NC 28602	Telephone number, Toll-free: 1-833-589-2184 To reach any office, call 1--877-864-1454 (Relay NC 711 or TTY (English) 1-800-735-2962; (Spanish) 1-888-825-6570	Email: questions@partnersbhm.org OR CountyQuestions@partnersbhm.org https://www.partnersbhm.org/resources 1-888-235-4673 704-884-2614; 336-527-1421	If you are experiencing a mental health crisis and need someone to connect you to the right help. Also resources on Dental Care; Health care; Various Mental Health issues; and food insecurity. Bilingual assistance is available.
FREE SERVICES FOR MENTAL HEALTH, DISABILITIES OR SUBSTANCE ABUSE	HOPE 4 NC HELPLINE	24/7 1.855.587.3463 711/TTY AND TRANSLATORS AVAILABLE		FREE AND CONFIDENTIAL
UNITED WAY HOPE LINE	24/7 CALL 211	CALL 211 919.361.4835 888.892.1162 866.744.7778	WWW.211.ORG	Info for needs related to pandemic; bills; mental health; crisis; housing; food; substance abuse. AVAILABLE IN 180 LANGUAGES
RHA HEALTH SERVICES	219 LePhillip Ct, Concord, NC 28025	704-721-5551	www.rhahealthservices.org	Comprehensive outpatient services for the treatment of Mental Health and Substance Use. We also see children and we accept Medicaid, no insurance, and BCBS.
SILVER LININGS	919-757-6498 www.silverliningsnc.com referrals@silverliningsnc.com		License therapists that are carefully selected to meet each client’s needs treating: Depression; Anxiety; Grief; Stress; Trauma; Relationship Issues; Family Problems; Adjustment; Senior related struggles; and more SEE FLYERS ON PAGE 21	

COUNTY RESOURCES FOR SENIORS

<p>ADULT AND AGING PROGRAM for older adults/Seniors and adults with disabilities CABARRUS COUNTY DSS 704.920.1400 option #7</p>	<p>These populations may find answers to many questions and resources to assist in addition to: obtain fans from the Cool Breeze Program; SHIIP Medicare counseling; LIEAP energy assistance; In-home care assistance; Eye Care Resources; Adult Daycare or Placement services; Caregiver Support services; Lunch Plus Info; Crisis Intervention; Employment for 55 and older; Guardianship; Grief Counseling; Housing Assistance; Legal Assistance; Special Assistance; Case Management; Denture Assistance; Tax Assistance; Abuse Prevention/Reporting; and much more! http://cabarruscounty.us/departments/adult-and-aging-services</p>	
<p>SENIOR CENTER of Cabarrus County</p>	<p>331 CORBAN AVENUE SE, CONCORD 28025 704.920.3484 M-F: 8AM-9PM SATURDAYS: 8-NOON (CALL for pandemic schedule and appointments for services</p>	<p>www.cabarruscounty.us/departments/active-living-parks Lunch & Learn; Resources for seniors; fitness center; game room; computer lab</p>





Building Better
Caregivers

A six-week workshop for people who are caregiving for a loved one

You will learn how to:

- ✓ Reduce stress for caregiver and care partner
- ✓ Improve health using self-care methods
- ✓ Manage difficult care partner behaviors
- ✓ Plan for the future
- ✓ Find information and resources
- ✓ Increase communication skills

All participants are welcome, respected and valued. Please contact us to request accommodations. Call 704-920-1400, OPTION #7 for more



Complimentary Safety Device Program is available provided by Lee Goodman from the City of Kannapolis Fire Dept for community members that may benefit from this service through grants and private donations. The City of Kannapolis Fire Dept can offer safety devices and safety programs to assist residents. Phone 704.920.4283 or email lgoodman@kannapolisnc.gov

OTHER COUNTY RESOURCES

<p>BLIND: SERVICES FOR THE BLIND or Medical Eye Care Program</p> <p>CABARRUS COUNTY DEPT. OF SOCIAL SERVICES, CALL DIRECTLY: 704.920.1554. LEAVE MESSAGE FOR WILLIAM ROYSTER, Social Worker for the Blind, NC Division of Services for the Blind, ADO Mr. Royster works mainly off site and visits this office on an as-needed basis</p>	<p>EMAIL: •william.royster@dhhs.nc.gov OR •wroyster@cabarruscounty.us</p> <ul style="list-style-type: none"> ◇ Program is income based. ◇ Requires citizenship. ◇ ILS-Independent Living Skills Program includes Independent Living Skills training; VR- Vocational Rehabilitation; and O&M - Orientation and Mobility training. <p><i>NC Division of Services for the Blind: DOES NOT provide transportation, in home workers, or housing services. For those resources, contact Cabarrus County Dept of SOCIAL SERVICES at 704.920.1400</i></p>	
<p>DEAF: SERVICES FOR THE DEAF/HARD OF HEARING/DEAF-BLIND NC DEPT OF HEALTH AND HUMAN SERVICES DIVISION OF SERVICES FOR THE DEAF AND HARD OF HEARING</p> <p>Works to ensure that all Deaf, Hard of Hearing, or Deaf-Blind North Carolinians have the ability to communicate their needs and to receive information easily and effectively in all aspects of their lives, especially their health and well-being.</p>	<p>BRENDA FREEMAN, COMMUNITY ACCESSIBILITY SPECIALIST CHARLOTTE REGIONAL CENTER 5501 EXECUTIVE CENTER DRIVE, SUITE 200, CHARLOTTE NC 28212 704.568.8558 VIDEO PHONE: 704.935.2043 Brenda.freeman@dhhs.nc.gov</p> <p>820 S. BOYLAN AVENUE, RALEIGH, NC 27699 MAILING ADDRESS: 2301 MAIL SERVICE CENTER, RALEIGH NC 27699-2301 TEL (V/TTY): 919.527.6930 800.851.6099 VP:919.890.0859 FAX: 919.715.0926 https://www.ncdhhs.gov/dsdhh</p>	
<p>DEAF: SERVICES FOR CHILDREN WHO ARE DEAF/HARD OF HEARING at BEGINNINGS</p>	<p>https://ncbegin.org/about-us/ 156-A Wind Chime Court, Raleigh, NC 27615 V/TTY: 800.541.4327 V/TTY: 919.715.4092 FAX: 919.715.4093 www.raleigh@ncbegin.org Families needing assistance in Spanish within CAB. CO can reach out to: Gheydis Paredes, Parent Educator 704.224.5076 (voice/text) gparedes@ncbegin.org</p>	<p>Provide emotional support for parents and access to information as a central resource for deaf or hard of hearing children, age birth through 21. Services also available to deaf parents who have hearing children. The mission of BEGINNINGS is to inform and empower parents as they make decisions about their child .</p>
<p>Ebt EDGE mobile app</p>	<p>https://www.ebtedgemobile.com/</p>	<p>1-866-719-0141</p>
<p>EYE GLASS ASSISTANCE THROUGH LION'S CLUBS</p>	<p>CABARRUS COUNTY DSS 704.920.1400 option #7</p>	<p>A social worker will complete a referral on behalf of clt for assistance though the Lion's Club</p>
<p>EYE GLASS ASSISTANCE</p>	<p>PO Box 1184, Concord NC 28026 CALL: 704.906.8568 APPLY ONLINE: https://www.new-eyes.org/ Or call: 973.376.4903</p>	<p>Helps with activities such as tutoring programs, international disaster relief efforts, help obtaining eye glasses</p>
<p>CABARRUS COUNTY GOVERNMENTAL CENTER</p>	<p>65 CHURCH STREET, SOUTH, CONCORD, NC http://www.cabarruscounty.us 704.920.2100; 704.920.2126; 704.920.2112</p>	<p>Register of Deeds; Building Permits; County Taxes; Government</p>
<p>CLERK OF COURT OF CABARRUS COUNTY: Custody Mediation</p>	<p>TO OBTAIN appt for Custody Mediation , the only way to do so right now is via email or obtain personal attorney. EMAIL: D19A.CustodyMediation@nccourts.org</p>	
<p>FREE DENTAL CARE, FIND LOCAL ONLINE</p>	<p>If you have a low income and a dental problem, you may be able to get free dental care in your state via Dental Lifeline https://dentallifeline.org/donated-dental-services-dds-application/ Typically, you need to lack adequate income for a dental visit and have a permanent disability, be 65 or older, or qualify as medically fragile.</p>	

OTHER COUNTY RESOURCES

DEPARTMENT OF MOTOR VEHICLES (DMV or BMV) Identification and Drivers License	Driver's License Office: 2192 KANNAPOLIS HWY, CONCORD M-F: 8-4:30PM PHONE: 704.782.7214	TO MAKE APPT ONLINE: www.ncdot.gov/dmv/license-id/driver-license-appointments/Pages/default.aspx
DEPARTMENT OF MOTOR VEHICLES Vehicle Plate/Tag Renewal	•929 CONCORD PKY, SOUTH, CONCORD 704.723.4991 M-F: 9-5PM	•1509 DALE EARNHARDT BLVD, KANNAPOLIS 704.932.3146 M-F: 9-5PM
ENVIRONMENTAL DIVISION of HEALTH ALLIANCE of Cabarrus County	www.cabarrushealth.org/8/Environmental-Health CALL : 704.920.1000 LOCATED AT : 300 Mooresville Rd, Kannapolis, NC 28081	Septic Tank Perk; Well/Water testing; Lead/Mold testing; Food Vendor Permits; Public health reports
JOB EMPLOYMENT at NCWORKS (formerly Employment Security Commission) Unemployment Office	845 Church Street, North, Suite 201, Concord 28025 CALL 704.786.3183 M-F 8-4:30PM	www.ncworks.gov or call 1.855.629.67570 Customers will be able to use designated computers to allow career seekers access to job portal and visit with NCWORKS virtual consultant
LEGAL AID of North Carolina	363 CHURCH STREET N. SUITE 200, CONCORD, NC 28025 1.800.849.8009 704.786.4145 866.219.5262 FAX: 704.786.4149 M-F: 8:30AM-4PM MON/THURS: 5-8:30PM	www.legalaidnc.org Legal advise pro bono for low income families. Assist in obtaining Medicaid if denied and waiting on SSA Disability. Spanish available
LOW INCOME HOUSING by City of Concord Housing Authority	Administrative Office: 283 Harold Goodman Circle, SW, Concord NC. M-F 9-5PM Housing Office: 704.920.6100 Fax: 704.920.6960 Tech Center: 704.920.6110	www.concordnc.gov/Departments/Housing Four public housing sites and Computer Training Classes. WAIT LIST INFO: www.waitlistcheck.com/nc2981
LOW INCOME HOUSING	<ul style="list-style-type: none"> • https://www.usa.gov/finding-home • Housing Counselor: 1.800.569.4287 • https://www.gosection8.com/Section-8-rental-housing-in-Cabarrus/NC/ • https://affordablehousingonline.come/housing-search/North-Carolina/Cabarrus-County • https://hellosection8.com/Recent-Section-8-Listings-in-NC.html • www.rentalhousingdeals.com/index.php/section-8-housing/NC/Concord 	Also check with various local realtors to see if they assist or know of any listings for those with Section 8 vouchers
HABITAT FOR HUMANITY	http://www.habitat.org/housing-help/apply CABARRUS COUNTY RESIDENTS CALL: 704-786-4001	Habitat for Humanity is a nonprofit organization that helps people in the community and around the world build or improve a place they can call home.
WeBuild Concord	4 Barbrick Ave SW, Suite 10, Concord NC 28025 Phone: 704-784-0039 https://webuildconcord.org/apply-for-a-home	Building Homes, Partnerships, and Opportunities. WeBuild Concord builds equitable and affordable homes for residents.

DISCLAIMER: CABARRUS COUNTY OR CABARRUS COUNTY DSS ARE NOT RESPONSIBLE FOR THE ACCURACY OF THE INFORMATION PROVIDED ON RESOURCES REPORTED IN COMMUNITIES, THE INDIVIDUAL PROVIDERS OR THE SERVICES THEY PROVIDE. ATTEMPTS HAVE BEEN MADE TO KEEP INFORMATION AS CURRENT AND ACCURATE AS POSSIBLE HOWEVER MAY CHANGE ON A DAY TO DAY BASIS.

OTHER COUNTY RESOURCES

<p>MEDICAID and FOOD STAMPS (FOOD AND NUTRITION PROGRAM)</p>	<p>CABARRUS COUNTY DSS , now at 3 locations:</p> <ul style="list-style-type: none"> • 1303 S. CANNON BLVD, KANNAPOLIS, 28083 • 4855 MILESTONE AVE. KANNAPOLIS, 28081 • 280 CONCORD PARKWAY SOUTH, SUITE 110 , CONCORD, NC 28027 <p>M-F: 8-5PM PHONE: 704.920.1400</p>	<p>Apply in person at agency, pick up applications or visit www.epass.nc.gov ; www.healthcare.gov ; www.ncdhhs.gov</p>
<p>MEDICAL CLINICAL SERVICES at Cabarrus Health Alliance (CHA) for all ages</p>	<p>CALL : 704.920.1000 M-F : 8-5PM LOCATED AT : 300 Mooresville Rd, Kannapolis, NC 28081 www.cabarrushealth.org</p>	<p>Shot records as well as medical clinical services on sliding scale or free.</p>
<p>MEDICAL CLINICAL SERVICES at Health Net /Community Free Clinic (CCP) (Pink Card)</p>	<p>http://communityfreeclinic.org 528 LAKE CONCORD ROAD, NC 28025 CALL 704.782.0650 Application intake: Tue/Thurs: 9-11AM; Wed: 1-3PM. Lockbox available for application drop off *Applications required</p>	<p>Comprehensive primary and specialty care along with lab services and pharmacy. MUST APPLY FIRST. Some patients meeting certain conditions may need to apply for medicaid first at DHS and receive denial letter however patients that meet that criteria will be notified</p>
<p>MEDICAL CLINICAL SERVICES MCGILL FAMILY CENTER</p>	<p>202 MCGILL AVENUE NW STE D, CONCORD CALL : 704.792.2242</p>	<p>HOURS: MON 8-5PM; TUE 8-7PM; WED 7-5PM; THU 8-7; FRI 8-5 P. MEDICAL, DENTAL, FNS, MEDICAID</p>
<p>MEDICAL CLINICAL SERVICES LOGAN FAMILY MEDICINE</p>	<p>298 LINCOLN STREET, SW, CONCORD CALL : 704.792.2313</p>	<p>HOURS: MON 8-5PM; TUE 8-7PM; WED 7-5PM; THU 8-7; FRI 8-5 PM. MEDICAL, DENTAL, FNS, MEDICAID</p>
<p>MedAssist.org FREE PRESCRIPTION MEDS</p>	<p>1-866-331-1348</p>	<p>They are a mail-order pharmacy out of Charlotte that provides free prescriptions to residents of NC. There is an income limit but it is at 300% FPL. The applications are available in English and Spanish and are available on the website: MEDASSIST.ORG</p>
<p>MEDICARE, DISABILITY and SOCIAL SECURITY at Social Security Administration Office</p>	<p>830 FLORENCE STREET, NW, CONCORD 28027 MON-FRIDAY: 9-4PM CALL: 1.888.366.6149 TTY: 1.800.325.0778 INTERP SERVICES: 1.800.772.1213</p>	<p>www.ssa.gov NATIONAL PHONE #: 1-800-772-1213</p>
<p>Assistance with obtaining PRESCRIPTIONS through MEDICARE PART D</p>	<p>https://www.ssa.gov/benefits/medicare/prescriptionhelp/</p>	<p>1-800-325-0778</p>
<p>OPPORTUNITY HOUSE</p>	<p>72 CORBAN AVENUE SW, CONCORD. CALL 704.786.4020 for Caseworker Appt. https://www.opphouse.net/copy-of-programs</p>	<p>Assist navigating barriers to employment, education, health, sobriety ; recent incarceration. Offering: meals; computer lab; adult tutoring; caseworker assistance; children and student services; church services; Bible Study; Parish Nurse: Tues/Thurs and much more.</p>
<p>NEED MEDICAL INSURANCE: AFFORDABLE CARE INSURANCE PLAN</p>	<p>800-318-2596 www.healthcare.gov (OBAMA CARE)</p>	<p>Provided by US Dept. of Health & Human Services By Affordable Health Care Act.</p>

OTHER COUNTY RESOURCES

<p>PROSPERITY UNLIMITED, INC. (ASSISTS WITH FINANCIAL LITERACY/CRISIS BUDGETING) https://prosperitycdc.org/index.html</p>	<p>PO BOX 1095, CONCORD 28026 1660 GARNET STREET, KANNAPOLIS NC 28083 CALL FOR APPT. M-F, 8:30-5PM AT: 704.933.7405 FAX: 704.938.7431 EMAIL lmack@prosperitycdc.org</p>	<p>Does NOT give or make financial payments. Offers advice on finances; housing; homebuying; foreclosure. Must have income verification. Do not wait at last minute for advice. Act before it is too late for help on these topics.</p>
<p>RE ENTRY PROGRAMS</p>	<p>FOR re-entry programs for those whom may have criminal background: https://centerforcommunitytransitions.org/</p>	
<p>CHILD CARE FINANCIAL ASSISTANCE</p>	<p>http://ncchildcare.ncdhs.gov/Services/FinancialAssistance CABARRUS COUNTY DSS , now at 3 locations:</p> <ul style="list-style-type: none"> • 1303 S. CANNON BLVD, KANNAPOLIS, 28083 • 4855 MILESTONE AVE. KANNAPOLIS, 28081 • 280 CONCORD PARKWAY SOUTH, SUITE 110 , CONCORD, NC 28027 <p>M-F: 8-5PM PHONE: 704.920.1400</p>	
<p>CABARRUS COUNTY DEPARTMENT OF HUMAN SERVICES (DHS)</p>	<p>CABARRUS COUNTY DSS , now at 3 locations:</p> <ul style="list-style-type: none"> • 1303 SOUTH CANNON BLVD. KANNAPOLIS HOURS 8-5 PM MONDAY-FRIDAY • 280 CONCORD PARKWAY SOUTH, SUITE 110, CONCORD, NC 28027 HOURS 8:30-4:30 PM MONDAY-FRIDAY • 4855 MILESTONE AVE. KANNAPOLIS, 28081 HOURS 8-5PM MONDAY-FRIDAY <p>PHONE : 704-920-1400</p>	
<p>FREE PHONE BY ASSURANCE FREE PHONE BY SAFELINK</p>	<p>1-800-395-2108 1-800-977-3768</p>	<p>These services are not affiliated with Cabarrus County DSS or Cabarrus County Govt.</p>
<p>FREE TAX PREPARATION</p>	<p>Tax-Aide, from AARP Foundation, provides in-person and virtual tax assistance to anyone, free of charge, but it focuses on those 50 and older. The program opens during winter for the next season https://www.aarp.org/money/taxes/aarp_taxaide . And, if your adjusted gross income is less than \$73,000, you can use the Internal Revenue Service’s Free File. You’ll be able to fill out and file your return for free at https://www.irs.gov/filing/free-file-do-your-federal-taxes-for-free</p>	
<p>VETERANS SERVICES of Cabarrus County</p>	<p>www.cabarruscounty.us/departments/veterans-services 363 CHURCH ST, N, SUITE 180, CONCORD, NC 28025 CALL: 704.920.2869 M-F 8-5PM</p>	<p>Explore local benefits for Veterans and their families; apply for VA Benefits; and info about VA Medical Center</p>
<p>WEATHERIZATION ASSISTANCE of Cabarrus County</p>	<p>65 CHURCH STREET-SOUTH, CONCORD, NC 704.920.2142 ; 704.920.2100 M-F : 8-5PM cabarruscounty.us/resources/weatherization</p>	<p>Offers education and home improvements to reduce energy costs. Improvements may include sealing air leaks and adding insulation. Participants must meet income limits. Homeowners or renters with landlord permission</p>
<p>WIC: WOMEN, INFANTS & CHILDREN Program at Cabarrus County HEALTH ALLIANCE</p>	<p>MONDAY-FRIDAY: 8-5PM •300 Mooresville Rd, Kannapolis, NC 28081 CALL 704.920.1204 •280 CONCORD PARKWAY SOUTH, SUITE 110B, CONCORD NC 28027 CALL 704.920.1204</p>	<p>A supplemental food and nutrition education program for pregnant, postpartum women ; women who breast feed their infants ; and for infants and children up to age 5.</p>

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<p>CABARRUS COUNTY PREVENTION/AFTERCARE SUPPORT SERVICES</p>	<p>Cabarrus County Department of Social Services 1303 South Cannon Blvd., Kannapolis, NC 28083 Phone: 704.920.1400 www.cabarruscounty.us For Cabarrus County Residents however will refer other county residents to other resources.</p>	<p>Support Services Provided: Family Advocacy; Food & Assistance Referrals ; Medical & Health Services; Coordination; Parental & Familial Support; Parenting Classes & Life Skills Training; Substance Abuse Treatment Referrals; Mental Health Services Coordination; Linkage to Career & Vocational Resources</p>
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Gate Pregnancy
www.Gateprc.org
704-788-0501
MON 10-6 PM
WED 9-5 PM

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The Administration for Children and Families (ACF) has developed a flyer to connect fathers to federal resources and services that can help support them and their children. The information is from the Office of Child Support Services (OCCS) contains a link to the flyer. This flyer is being add to the North Carolina Child Support website, Parents Portal.
<https://www.acf.hhs.gov/css/outreach-material/find-services-fathers-and-families>

The Administration for Children and Families (ACF) is committed to promoting the economic and social well-being of children, youth, families, individuals, and communities. The Find Services for Fathers and Families flyer includes information about health care, mental health services, nutrition programs, employment assistance, housing, higher education, and child support services. VISIT THE WEBSITE <https://www.acf.hhs.gov/css/outreach-material/find-services-fathers-and-families>

Find Services for Fathers and Families



Support for Fathers & Families

- Fatherhood Information:** Access educational resources and tips to help dads be their best connections with other dads in your community
- Fatherhood Programs:** Look for local programs to learn parenting skills and make connections with other dads in your community
- Local Child Support Resources:** Apply for child support or get help with your case because of a change in your financial situation
- Debt Compromise:** See if your state has debt compromise options for child support arrears to be partially or completely forgiven
- Parenting Visitation:** Look for programs to help with access to and time with your children
- Medicaid:** Learn about Medicaid and if you're eligible based on your household income, family size, age, disability, or other factors
- Children's Health Insurance Program (CHIP):** Take a quick screening about eligibility for CHIP or other health insurance options for low-income children under 18 years old
- Behavioral Health Information for Parents and Caregivers:** Learn about mental health and substance use disorders
- Substance Abuse and Mental Health Programs:** Get help with mental health and substance use challenges for you or your family
- Title IV Federal Student Financial Aid (FAFSA):** Look for grants, loans, and work-study programs to help pay for education
- Child Support Employment Programs:** Find out if your state has training and employment services to help noncustodial parents find stable employment
- Responsible Fatherhood Programs:** See if there is a fatherhood program near you with connections to employment and economic stability opportunities
- Public Housing Program:** Find information about affordable housing for eligible low-income families and individuals
- Housing Choice Voucher Program:** Learn about the housing voucher program to help low-income families and individuals pay rent
- Supplemental Nutrition Assistance Program (SNAP):** See if you qualify for aid so that you can purchase healthy food for yourself and your family

Higher Education

Employment

Housing

Nutrition

Learn More

To learn about other support you may be eligible for and how to apply in your area, visit www.benefits.gov.

The Administration for Children and Families (ACF) is committed to supporting the economic and social well-being of children and families. ACF programs aim to empower families, support the development of children, and encourage strong, healthy communities.

Fatherhood Questions/Concerns?
1-877-4DAD411
Help@FatherhoodGov.Info



CABARRUS PARTNERSHIP FOR CHILDREN SERVICES PROVIDED FROM JULY 1, 2023 – JUNE 30, 2025 FUNDING PROVIDED BY SMART START

Health/Early Intervention
Early Intervention and Health are essential for children with developmental needs and timing is critical in order for them to fulfill their potential. A healthy start is vital to a child's future!

Child Care Health Consultant (Partnership)

Child care health consultant activity provides training and on-site assistance to 90+ child care providers to improve the health and safety of children and prevent the spread of communicable disease. Service provided by registered nurses.
Debra Pless – 704-791-0058
Melissa Jones – 704-787-2638

Emergency Dental Services (Cabarrus Health Alliance)

Dental Services provide emergency treatment and follow up for children whose families have no dental insurance or Medicaid. The Cabarrus Health Alliance provides this program.
Dr. Eily Steele – 704-920-1096

Assuring Better Child Health and Development/ ABCD (Partnership)

Improves the quality of child development services in primary care medical practices by enhancing developmental screening and referral for children ages birth-5 in the context of the medical home. Helping to identify children for early intervention services and making sure they receive the needed services.
Starla Hatley - 704-490-0976

Early Care and Education
The Cabarrus Partnership for Children works with local child care facilities, Head Starts, Public Schools, church preschools to improve the quality of care in Cabarrus County.

NC Pre-Kindergarten Program (Partnership)

The NC Pre-Kindergarten Program provides a free high quality pre-kindergarten education for 389 four year olds who may not have been able to access a high quality program to be prepared for kindergarten. Funding is administered by the Cabarrus Partnership for Children, and services are provided in child care centers, Cabarrus County Schools, and Kannapolis City Schools.
Lissy Rios – 704-933-8278 ext. 1
Patricia Sehorn – 704-933-8278 ext. 3

Early Education Liaison (RCCC)

Rowan Cabarrus Community College (RCCC) will provide an Early Education Liaison (EEL) to address teacher and administrator education in Cabarrus County. This position will serve as a liaison between the community college and child care facilities in Cabarrus County and be responsible for managing and conducting communications with students concerning their enrollment and retention.
Nicole Sessoms - 910-545-7242

Child Care WAGE\$

The Child Care WAGE\$®

Program provides education-based salary supplements to low-paid teachers, directors and family child care providers working with children between the ages of birth to five in participating counties.
Child Care Services Association – 919-967-3272

Inclusive Child Care (Endless Opportunities)

Training and coaching for early childhood educators. Provides training in Pyramid Model & Conscious Discipline. The classroom management model supports the inclusion of children with emotional, behavioral, and/or identified special needs in the child care setting.
P.U.R.E. Excellence – Waynett Taylor – 336-588-7833

Family Education/Support
The Cabarrus Partnership for Children provides families with education, information, and resources they need as their child's first and most important teacher.

Social Emotional Intervention for Young Children (Kids Interactive Developmental Services)

Social Emotional Intervention for Young Children will provide in a child's home or child care setting an assessment and create goals and identify needs for possible services. Can provide: Triple P Parenting Program, Pyramid Model, or Play Therapy.
Pamela Ragan – 704-789-9603

Dolly Parton Imagination Library (Partnership)

Dolly Parton Imagination Library is a book gifting program for children Birth – 5 years. All registered children receive a book in the mail monthly until they are 5 years of age.
Lauren Westin – 704-933-8278, option 6

Substance Use Network (SUN) Project

(Partnership & Cabarrus Health Alliance)

The SUN Clinic is a cross-sector collaborative system of compassionate care that uses best practices to support the health, safety, well-being and recovery of pregnant patients with a substance use disorder, their infant/s and families.
Gina Hoferl – 704-953-5619

Safe Kids Cabarrus

Safe Kids Cabarrus is led by the Safe Kids Cabarrus Coalition, which provides dedicated and caring staff, operation support and other resources to assist in achieving our common goal: keeping your kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.
Starla Hatley – 704-490-0976
safekidscabarrus@gmail.com

The LunchPlus Program is offered to Cabarrus County residents ages 60 and above. It provides an opportunity to meet new people and enjoy companionship. Volunteer opportunities are also available. Volunteer if you would like to contribute their time and talents. Transportation is available through Cabarrus County Transportation Services, depending on location.

LUNCHPLUS LOCATIONS:

Concord LunchPlus Club

Logan Multi-Purpose Center
184 Booker Drive, SW, Concord, NC 28025
704-785-5512
Hours: 9:00 am—1:00 pm

Harrisburg LunchPlus Club

Harrisburg United Methodist Church
4560 Highway 49 South, Harrisburg, NC 28075
704-794-3947
Hours: 9:00 am — 1:00 pm

Kannapolis LunchPlus Club

Living Water Church of God
162 North Little Texas Road, Kannapolis, NC 28083
704-785-6444
Hours: 9:00 am — 1:00 pm

Midland LunchPlus Club

United Love Baptist Church
11487 Flowes Store Road, Midland, NC 28107
704-785-5689
Hours: 9:00 am — 1:00 pm


Mt. Pleasant LunchPlus Club

Mt. Pleasant Senior Center
8615 Park Drive, Mt. Pleasant, NC 28124
704-920-3496
Hours: 9:00 am — 1:00 pm

NW Cabarrus LunchPlus Club

Bethpage Presbyterian Church
6020 Mooresville Rd., Kannapolis, NC 28081
704-794-7239
Hours: 9:00 am—1:00 pm (M,W-F, closed Tuesday)

You can find us under the Government, Departments, Social Services tabs. <https://www.cabarruscounty.us/Government/Departments/Human-Services/Adult-and-Family-Services/LunchPlus-Clubs>
You can also see our Facebook page at www.facebook.com/CabCoLPC.



AFFORDABLE CONNECTIVITY PROGRAM

TWO STEPS TO ENROLL

1

Go to AffordableConnectivity.gov to submit an application or print a mail-in application

2


Contact your preferred participating provider to select an eligible plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must **both** apply for the program **and** contact a participating provider to select a service plan.

LEARN MORE

Call 877-384-2575, or Visit fcc.gov/acp



WHAT IS IT?

The Affordable Connectivity Program is an FCC program that helps connect families and households struggling to afford internet service.

The benefit provides:

- Up to \$30/month discount for internet service;
- Up to \$75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.

WHO IS ELIGIBLE?

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

- Participates in any of the following assistance programs: SNAP, Medicaid, Federal Public Housing Assistance, Veterans Pension or Survivor Benefits, SSI, WIC, or Lifeline;
- Participates in any of the following Tribal specific programs: Bureau of Indian Affairs General Assistance, Tribal TANF, Food Distribution Program on Indian Reservations, or Tribal Head Start (income based);
- Participates in the Free and Reduced-Price School Lunch Program or the School Breakfast Program, including through the USDA Community Eligibility Provision;
- Received a Federal Pell Grant during the current award year; or
- Meets the eligibility criteria for a participating broadband provider's existing low-income internet program.

Contacts for Housing Repair Opportunities through grants

- City of Concord (704) 920-5122
Urgent repair and full rehabilitation (Homeowners only)
- City of Kannapolis (704) 920-4332
Urgent repair and full rehabilitation (Homeowners only)
- Cabarrus County (704) 920-2141
Weatherization, Heating and Air Repair and Replacement, and Housing and Home Improvement (Home Modification Accessibility) (Homeowners and some rental)
- Independent Living Rehabilitation (Division of DHHS)- (704) 568-8804 Home Modification Accessibility

FREE PRE-K PROGRAMS

THE NC PRE-KINDERGARTEN AND HEAD START PROGRAMS IN CABARRUS COUNTY PROVIDES FREE HIGH QUALITY PRESCHOOL PROGRAMS FOR 3 AND 4 YEAR OLD CHILDREN OF INCOME ELIGIBLE FAMILIES. SERVICES AND CLASSROOMS ARE AVAILABLE IN PRIVATE CHILDCARE CENTERS, SELECTED CABARRUS COUNTY SCHOOLS, AND AT MCKNIGHT HEAD START AND PRE-K SITE IN KANNAPOLIS

ELIGIBILITY BASED ON INCOME.

FOR MORE INFORMATION VISIT:
[HTTPS://CABARRUSPARTNERSHIP.ORG/EARLY-EDUCATION](https://cabarruspartnership.org/early-education)

OR CALL:
704-933-8278 OPTION 1



You can now call or text '988' to get help in a mental health crisis
Getting help as early as possible is essential to preventing a mental health crisis or keeping it from worsening



If you or someone you know needs support now,
CALL OR TEXT: 988
CHAT: 988lifeline.org



People in mental health crises can dial 9-8-8 to reach the National Suicide Prevention Lifeline and immediately connect to trained crisis counselors 24/7. The new three-digit number provides a faster, easier way to get the help already available at 1-800-273-TALK (8255).

In addition to providing trained crisis counseling, the call center connects callers to assistance in their local community based on their specific needs.

North Carolina's call center is one of the most responsive. In May 2022, 98% of calls were answered in less than seven seconds, the second-best rate in the country.

About Us

The Salisbury-Rowan Community Action Agency (SRCAA), Inc. is a responsible non-profit, committed to providing comprehensive services for economically disadvantaged individuals, children and families in its service areas of Rowan, Cabarrus and Davidson Counties. These services are designed to enhance the quality of life and promote the opportunity for self-sufficiency.



Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.

Contact Information

(704) 633-6633

www.srcaa.com

<https://www.facebook.com/SRCAAinc>

twitter.com/SRCAA.2021

Main Office Location

Salisbury-Rowan Community Action Agency, Inc
1300 West Bank Street
Salisbury, NC 28144



Scan QR Code to Visit Our Website



Our Mission

Salisbury-Rowan Community Action Agency, Inc. provides services for individuals, children, and families to enhance their quality of life and promote opportunities for self-sufficiency.

Our Vision

Everyone will have an opportunity for success in life.

Self-Sufficiency Program

The Self-Sufficiency Program is designed to assist individuals and families who are committed to achieving their goals through work and education. Program participants and their families receive tuition for skills and vocational training, and assistance with employment preparedness.

Supportive Services:

- Job Training
- Financial Training
- Professional Development

Men Of Action

Men of Action is a Male Involvement Program that focuses on improving men's ability to be actively involved in the lives of their children. In order to strengthen families and combat the causes of poverty, Comprehensive services are provided to support participants with obtaining employment, vocational training, financial literacy, and parenting education specific to men.



Head Start/ Early Head Start Programs

Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through educational, health, nutritional, social and other services to enrolled children and families. Our program provides comprehensive services to expectant mothers, infants, toddlers and preschool children. The program serves eligible families in Rowan and Davidson Counties (NC). The program promotes the well-being of children and their families by creating trusting and positive relationships that encourage parents to become engaged in the early development and learning experience.

Supportive Services:

- School Readiness
- Children with disabilities
- Health & Nutrition
- Comprehensive services to expectant mothers, infants, toddlers and preschool children.
- Additionally, Community Action provides early childhood education classes funded through the North Carolina Pre-K program in Rowan County.

Early Learning Services (Stem Program)

Early Learning Services childcare program provides full day, before and after school care year-round to meet the needs of the community by providing services that are blended with child-care subsidies, and private pay options for children aged 3-4 years.

Children enrolled in Early Learning Services, experiences hands on learning through our STEM focused pre-school curriculum which increases their social and cognitive development. Early Learning Services promote the well-being of children and their families by creating trusting and positive relationships that encourage parents to become engaged in the early development and learning experiences of the children.

Services are offered in Rowan and Davidson Counties (NC).



CABARRUS HEALTH ALLIANCE

24 Hour Public Health Emergency #704-920-1203
 Customer Care Line: 704-920-1005

<https://www.cabarrushealth.org>

Behaviorial Health:	LiVe Well Counseling	704-920-1199
	RISE Clinic	704-920-1393
	SUN Clinic	704-920-1289
	Syringe Service Program	704-920-1126

- Environmental Health: 704-920-1207
- Family Support
- Clinical Services: 704-920-1205
- Communicable Disease
- School Health

WIC 8:30-5pm M-F: 704-920-1204

KANNAPOLIS LOCATION: CLINIC HOURS:

300 Mooresville Road
 Kannapolis, NC 28081
 704-920-1000
 704-933-3345 Fax

Monday-Friday
 8-5pm

Most of our programs are based at this location, and the majority of services are offered here.

CONCORD LOCATION:

Communities at the Village - Dental Health

280 Concord Pkwy S
 Suite 110A
 Concord, NC 28027
 704-920-1070



Dental Clinic Hours 7:30-5pm M-F

Pay on sliding scale. Free for children K-12 that do not have Dental Insurance and attend school in Cabarrus County or City of Kannapolis

The SUN Clinic

Are you pregnant and currently using alcohol or any other substances?

Please contact the Cabarrus Health Alliance for comprehensive, compassionate care for you and your baby.

www.cabarrushealth.org

in Partnership with Cabarrus County Partnership for Children



The SUN clinic at the Cabarrus Health Alliance offers high quality:

- Prenatal Care by an OB/GYN with specialized training in addictions
- Ultrasound, Lab and Fetal Monitoring
- Medication Assisted Treatment in the form of Buprenorphine
- Mental Health and Substance Use Therapy Services by licensed providers
- Nutritional Counseling
- Case Management Services
- Recovery Supports
- Peer Support Specialist services
- WIC
- Dental Care
- Newborn Care

All in one modern, convenient location

For more information, call 704-920-1289.

300 Mooresville Road, Kannapolis, NC





What is Aspire?

Aspire is a tool to help you identify your strengths, needs, and priorities for growth, so we can better help you reach your goals.

Aspire is a technology-based survey about wellbeing. The Aspire survey asks about six areas of your life and includes 55 questions. For each question, you will rate yourself as red, yellow, or green. You can skip any questions you don't want to answer. Aspire can help you identify your strengths, areas of need, and to set your own priorities for growth.

After the survey, you can select your top 2-3 goals. An Aspire coach will help you create an action plan for reaching those goals. They will provide information, access to resources, and support while you work on your action plan. If you would like, the coach will check back in with you each month to see how they can support your progress.

Six areas of wellbeing

- 

Income & Employment
- 

Housing
- 

Health & Environment
- 

Education & Culture
- 

Social Capital
- 

Personal Strengths

Each question is answered as **green, yellow, or red**



How it Works

To Learn more about Aspire:

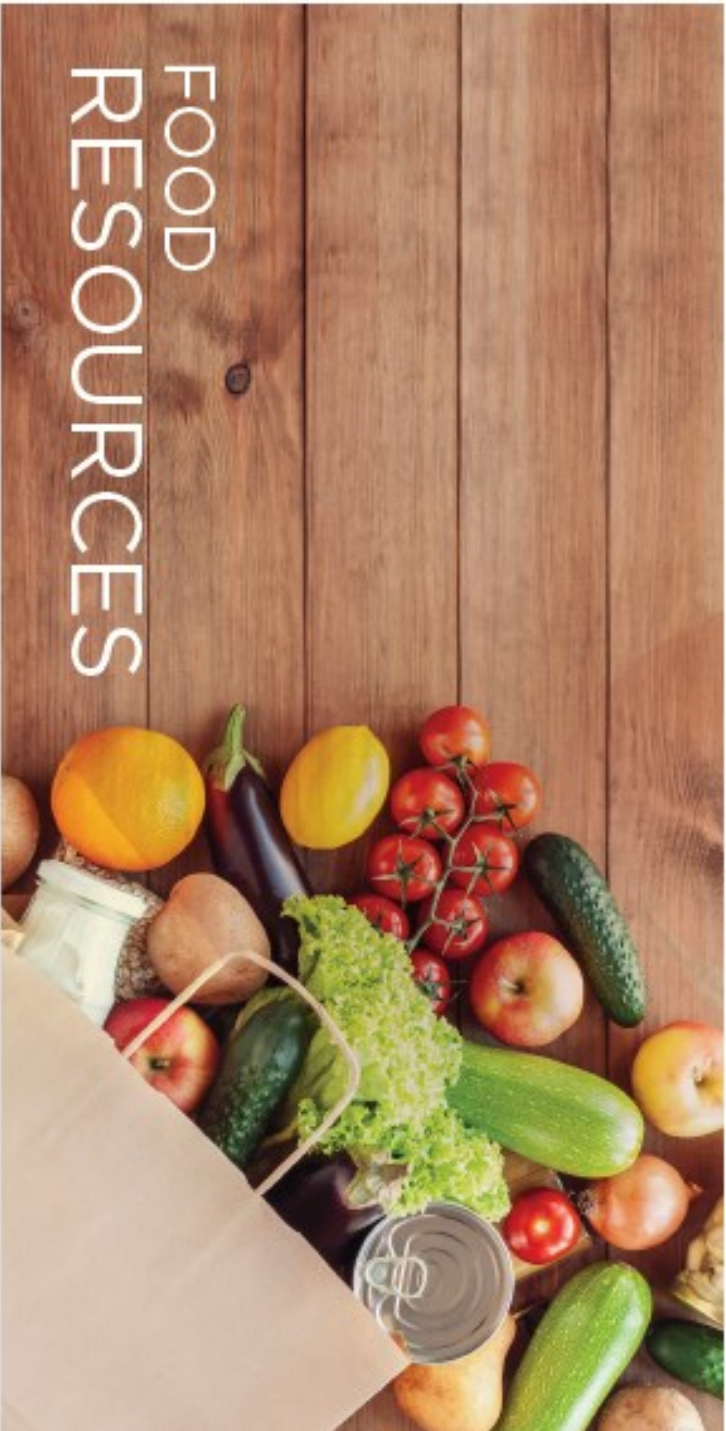
Contact a social worker at our agency, or contact the UNC Community Aspirations Hub at aspire@unc.edu



CABARRUS COUNTY
America Thrives Here

Community Aspirations HUB

Tara Allman: tallman@cabarruscounty.us 704-920-1520 and Erolyn Sweeney: esweeney@cabarruscounty.us 704-920-1751



FOOD RESOURCES

There are many locations in Cabarrus County and the surrounding areas that provide both healthy produce and other perishable/non-perishable foods. Scan the QR code below to see the locations and hours of operation for these resources.



HOW IT WORKS



Scan QR Code or visit cooperativeministry.com/food-resources.



Select the Food Resources button that best serves your need.



Click on a specific location for details on the nearest food resources to you.



CABARRUS COUNTY
America Thrives Here

<https://cooperativeministry.com/food-pantry-map/>

FOOD, GROCERIES FROM FEEDNC <https://www.feednc.org> **2456 CHARLOTTE HWY, MOORESVILLE NC 28117**
704-660-9010 DINING HOURS: 9-2 PM M-F. Meals are free and open to everyone. GRASSROOTS GROCERY: FeedNC provides weekly groceries to residents of Iredell, Cabarrus, Rowan and North Mecklenburg counties who meets income-based eligibility

BE THE AUTHOR
OF YOUR OWN
STORY



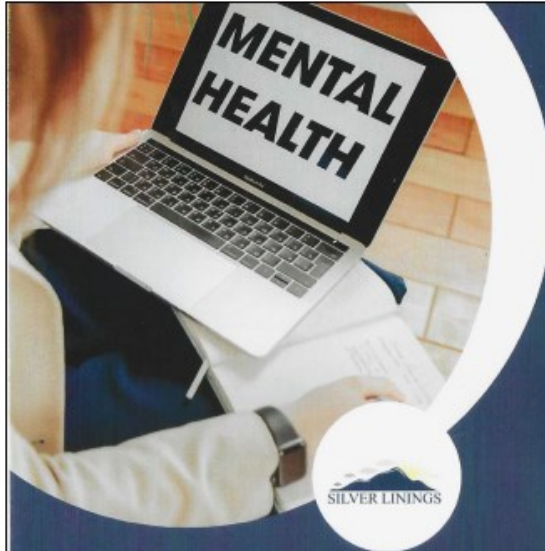
Silver Linings provides mental health counseling in Cabarrus County!

Counseling can take place via teletherapy or we will come to your home.

GET IN TOUCH!

www.cabarruscounseling.com
919-757-6498

Let us help you find your Silver Lining!






Silver Linings

Counseling for Adults (including seniors) ages 21 and over

We are here to help you find your Silver Lining.

Call today to make an appointment in-home, our office in Cary or via teletherapy!

We accept Medicare and most major insurances.

-  919-757-6498
-  www.silverliningsnc.com
-  referrals@silverliningsnc.com

About Silver Linings

Silver Linings services North Carolina with licensed therapists (LCSWs) that are carefully selected to meet each client's needs.

Let us help you find realistic solutions to your struggles!

What We Treat:

- Depression
- Anxiety
- Grief
- Stress
- Trauma
- Relationship Issues
- Family Problems
- Adjustment
- Senior related struggles
- And more

Are you ready to find your Silver Lining?

Appointments available now!
Contact us today to get started:

919-757-6498
referrals@silverliningsnc.com



NAMI Family-to-Family is a free, 8-session education program for family, friends and significant others of adults with mental health conditions. NAMI Family-to-Family provides information about anxiety, depressive disorders, schizophrenia, bipolar disorder and other mental health conditions. Other topics covered include communication, problem solving, treatment and recovery.

The course is designed to increase understanding and advocacy skills while helping participants maintain their own well-being. The program is taught by trained family members who have a loved one with a mental health condition. NAMI Family-to-Family is an evidence-based program (EB). For information on the research base for the program, visit nami.org/research.

NAMI offers the NAMI Family-to-Family Education Program free of charge to participants, beginning January 9th. For more information and how to register, please contact NAMI Cabarrus at 704.302.4587 or namicab@namicabarrus.org



Participant Perspectives

"This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers...it has helped me to understand better and communicate more effectively with my brother."

"The course has helped me to realize that my son is still inside the body that is often times hidden by the mental illness and that I am not alone in this."



Contact us to register for a NAMI Family-to-Family class @ namicabarrus.org



Please register online @ namicabarrus.org

Location: Cabarrus Senior Center
331 Corban Ave Concord, NC

Contact: Ismael Carrasquillo
iscarr44@gmail.com
namicab@namicabarrus.org
704.302.4587

Family-to-Family Class Schedule Jan. 2024

Time: 6:00 PM to 8:30 PM
8 Classes (2 Classes per week for 4 weeks)
Tuesday and Thursday

- Week 1: Jan 09 & Jan 11
- Week 2: Jan 16 & Jan 18
- Week 3: Jan 23 & Jan 25
- Week 4: Jan 30 & Feb 01



What is the NAMI Basics Education Program?

NAMI Basics is a free, six-session program designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties. NAMI Basics helps parents and other family caregivers of children to understand the illnesses that are causing those behavioral difficulties, and the critical role families play in the treatment of those illnesses. The program is taught by trained teachers who are also the parents or family caregivers of individuals who experienced emotional or behavioral difficulties with youths and/or adolescents.

NAMI Cabarrus, the local organization of the National Alliance on Mental Illness, will offer its NAMI Basics Education Program beginning **Tuesday January 23, 2024**. It will be held on Tuesdays and Thursdays 6 PM – 8 PM at the Crossroads Church Concord, NC



Participant Perspectives

"This is such a great step by step program that walks parents every step of the way. It is as if you are holding their hand through it all."

"The course is inclusive of almost all aspects of family and child resources. I could have spent a lifetime getting all this information on my own. I feel supported, strong and ready to go forward."

"NAMI Basics bridges the gap. It provides help that can't be found in a doctor's office."

Contact us to register for this NAMI Basics class! @ namicabarrus.org



Please Register online: namicabarrus.org

Location: The Crossroads Church
220 George W Liles Pkwy Concord, NC

Contact: Ismael Carrasquillo
iscarr44@gmail.com
704.302.4587

Class Schedule 2024

2 classes per week for 3 weeks

- Week 1: Jan 23 & 25 – 6:00 PM to 8:00 PM
- Week 2: Jan 30 & Feb 1 - 6:00 PM to 8:00 PM
- Week 3: Feb 6 & Feb 8 - 6:00 PM to 8:00 PM

CABARRUS COUNTY DEPARTMENT OF SOCIAL SERVICES (DHS) now at 3 locations:

•1303 SOUTH CANNON BLVD. KANNAPOLIS, NC 28083
HOURS: 8-5 PM MONDAY-FRIDAY

•280 CONCORD PARKWAY SOUTH, SUITE 110,
CONCORD, NC 28027
HOURS: 8:30-4:30 PM MONDAY-FRIDAY

•4855 MILESTONE AVE. KANNAPOLIS, 28081
HOURS: 8-5 PM MONDAY-FRIDAY

PHONE for all locations :
704-920-1400
FAX: 704.920.1401

CABARRUS COUNTY DEPARTMENT OF SOCIAL SERVICES (DHS)
NOW AT 3 LOCATIONS:
•1303 SOUTH CANNON BLVD. KANNAPOLIS, NC 28083
•280 CONCORD PARKWAY SOUTH, SUITE 110, CONCORD, NC 28027
•4855 MILESTONE AVE. KANNAPOLIS, NC 28081
PHONE: 704.920.1400 FAX: 704.920.1401

You may SEND DOCUMENTS via email to the agency at:

ADULT MEDICAID	adultmedicaid@cabarruscounty.us
CHILD SUPPORT	childsupport@cabarruscounty.us
DAY CARE PROGRAM	daycare@cabarruscounty.us
ENERGY/CIP/LIEAP/LHWAP PROGRAMS	energyassistance@cabarruscounty.us
FOOD & NUTRITION SERVICES	foodnutrition@cabarruscounty.us
FAMILY & CHILDREN'S MEDICAID	fcmedicaid@cabarruscounty.us
WORK FIRST (WFFA)	workfirst@cabarruscounty.us

YOU MAY APPLY online at the following websites:

Food and Nutrition Services; Medicaid; Energy Assistance/ LIEAP:	http://epass.nc.gov
Child Support Services	www.ncchildsupport.com
NEW** MEDICAID EXPANSION	https://medicaid.ncdhhs.gov/north-carolina-expands-medicaid