# Longitudinal trajectories of the neural encoding mechanisms of speech-sound features during the first year of life

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# 35 Abstract

36 Infants learn to recognize the sounds of their mother language very early in exhibiting a remarkable ability to 37 development, process the fine-grained 38 spectrotemporal characteristics of speech. However, the neural machinery underlying this ability is not yet understood. Here, we used an auditory evoked potential termed 39 frequency-following response (FFR) to unravel the maturational pattern of the neural 40 encoding of two speech sound characteristics: voice pitch and temporal fine structure, 41 42 during the first year of life. The FFR was elicited to a two-vowel stimulus (/oa/) in a 43 sample of 41 healthy-term neonates that were tested at birth and retested at the ages of six and twelve months. Results revealed a shortening of neural phase-locking time to 44 stimulus envelope from birth to six months, with no further difference between six and 45 twelve months. While neural encoding of voice pitch was similar across age, encoding 46 47 of the stimulus temporal fine structure exhibited a rapid maturation from birth to six 48 months, without further improvement from this age onwards. Results highlight the first six months of age as a crucial period in the maturation of the neural encoding 49 50 mechanisms of the temporal fine structure of speech sounds, essential for phoneme discrimination during early language acquisition. 51

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Keywords: Early language acquisition, speech encoding, infant, newborn, FrequencyFollowing Response, auditory evoked potential

# 55 **1. Introduction**

Infants show a native talent for language acquisition even since the very early stages of 56 development. Behavioral evidence has shown that infants follow similar developmental 57 trajectories in the acquisition of their mother tongue regardless of their culture and 58 59 language, evolving from babbling (5 to 10 months; Kuhl, 2004) to their first words utterances by the age of 10 to 18 months (Feldman, 2019). Yet, there is a lack of 60 61 consensus regarding the neural mechanisms supporting this talent. Starting from the 62 tuning to the phonetic repertoire of the mother tongue, language acquisition entails a sophisticated fine-grained neural machinery across the entire auditory system to capture 63 64 the complex spectro-temporal acoustic features that characterize the speech sounds.

65 Despite postnatal hearing experience is essential for an adequate auditory and language 66 development, neonates are born with a wide range of universal speech perception abilities that allow them to acquire any language. For instance, neonates can 67 discriminate different languages they have not been exposed to if these are rhythmically 68 different (Byers-Heinlein et al., 2010; Mehler et al., 1988; Nazzi et al., 1998). They can 69 70 also encode the pitch of a speech sound in an adult-like manner (Arenillas-Alcón et al., 2021; Jeng et al., 2011, 2016), as well as recognize their mothers' voice (Decasper & 71 72 Fifer, 1980; Hepper et al., 1993) and melodies they have been exposed to during 73 pregnancy (Granier-Deferre et al., 2011).

74 Yet to imitate speech and acquire their mother tongue, babies still need to learn to 75 classify non-identical sounds into either separate or equivalent phonetic categories in a

76 language dependent manner. This competence emerges a few months later after birth, in 77 parallel with the myelination trajectory of the auditory pathway (Moore et al., 1995) and 78 the exposure to their specific native language (Kuhl et al., 1992, 2003; Rivera-Gaxiola 79 et al., 2005), a process mediated by statistical learning (Jusczy et al., 1994). Previous studies using behavioral paradigms demonstrated that by the age of six months, babies 80 81 are able to perceive the variability inherent in each phonetic unit and thus to identify 82 and discern vowels that are typical of their mother tongue, which alters phonetic perception towards a native-like model (Kuhl et al., 1992; Maye et al., 2002). Speech 83 84 perception at this stage, as measured following the conditioned head turn paradigm, 85 may serve as a predictor of future infant language abilities at the age of 13, 16 and 24 86 months (Tsao et al., 2004). A decline in the discrimination ability for nonnative contrasts in language is evident by the end of the first year of life (Rivera-Gaxiola et al., 87 88 2005; Tsao et al., 2006; Werker and Tees, 1984), when infants start to develop an adult-89 like attunement to their native language phoneme repertoire (Cheour et al., 1998; Kuhl 90 et al., 2006; Werker et al., 1981).

91 Research on neural mechanisms underlying the acquisition of speech sounds has 92 benefited from advances in the use of neonatal and infant brain potentials. One such 93 evoked potential is the mismatch negativity (MMN), elicited to acoustic and linguistic 94 changes (Kujala et al., 2023). Another recently growing body of research is exploring 95 the so-called frequency-following response (FFR). The FFR is a non-invasive auditory 96 evoked potential that is elicited to periodic complex stimuli such as speech or music,

97 and reflects neural activity from the auditory nerve to the cortex. It mimics the eliciting 98 stimulus, thus providing a unique snapshot into the neural encoding of the two 99 distinctive features that characterize the speech sounds: voice pitch, associated to its 100 fundamental frequency, and the temporal fine structure, associated to its formants 101 (Aiken & Picton, 2008; Coffey et al., 2019; Gorina-Careta et al., 2021; Krizman & 102 Kraus, 2019). The FFR has been studied in infancy to characterize normal and abnormal 103 developmental trajectories of neural speech encoding (Banai et al., 2005, 2009; Cunningham et al., 2001), as these appear disrupted in children with literacy 104 105 impairments, including dyslexia (Hornickel & Kraus, 2013), specific language 106 impairment (Basu et al., 2010), and autism (Font-Alaminos et al., 2020; Otto-Meyer et 107 al., 2018; Russo et al., 2008).

108 The FFR has also been explored during the first months of life in several cross-sectional studies with different age periods of interest, as an attempt to describe its typical 109 trajectory along early development. A decrease in neural conduction times and neural 110 phase-locking onset has been already observed at the early age of 45 days (Ferreira et 111 al., 2021), with further shortenings until the age of ten months (Anderson et al., 2015). 112 An adult-like voice pitch encoding at birth has also been reported (Arenillas-Alcón et 113 al., 2021; Jeng et al., 2016), with a more robust neural representation with age across 114 the first year of life (Jeng et al., 2010; Ribas-Prats et al., in press; Van Dyke et al., 115 2017). The maturation of neural encoding of temporal fine structure components, as 116 117 assessed through neural responses to the high-frequency formants and harmonics,

begins as early as the first month of life (Ribas-Prats et al., in press) and continuous to

develop until the age of ten months (Anderson et al., 2015).

However, the studies reviewed above provide an incomplete view of the developmental 120 trajectory of speech-sounds neural encoding mechanisms during the first year of age. 121 Behavioral paradigms impose constraints on disentangling the neural underpinnings of 122 speech perception. Furthermore, cross-sectional designs adopted by previous 123 electrophysiological studies offer a limited approach to characterize the neural 124 125 correlates of speech development. The present longitudinal study was set to provide a 126 pioneering and comprehensive picture of the maturational pattern of the neural 127 mechanisms involved in encoding two distinct speech-sound features during the first postnatal year, as reflected in the FFR: voice pitch, as represented by its fundamental 128 129 frequency, and speech temporal fine structure, corresponding to its formants. We hypothesized an enhancement in the neural encoding of these two speech-sound features 130 as a function of age, starting from birth to six months and further continuing from six 131 132 months to the age of one year. Neural phase-locking onset was also expected to 133 decrease due to the well-known myelination process of the auditory pathway during the first year of life. 134

135 **2. Methods** 

#### 136 **2.1 Participants**

Sixty-six healthy-term neonates were recruited at the SJD Barcelona Children's 137 138 Hospital (Catalonia, Spain). Forty-one of them (21 females; mean age =  $1.75 \pm 1.09$ 139 days after birth; mean gestational age =  $39.71 \pm 0.91$  weeks) were followed-up in all 140 stages of the study: at the age of six months (aged 5.53 to 7.5 months after birth; mean =  $6.41 \pm 0.37$  SD) and at twelve months of age (aged 11.97 to 13.7 months after birth; 141 142 mean =  $12.60 \pm 0.40$  SD). All neonates were born after low-risk gestations, without 143 either pathologies or risk factors for hearing impairment (Joint Committee on Infant Hearing, 2019). Apgar scores were higher than 7 at 1 and 5 minutes after birth and, in 144 145 all cases, birth weight was adequate for their gestational age (Figueras & Gratacós, 146 2014). Furthermore, all infants had passed the universal hearing screening test as part of 147 the standard medical routine, based on an automated auditory brainstem response system to ensure auditory pathway health (ALGO 3i, Natus Medical Incorporated, San 148 149 Carlos, CA). To confirm the integrity of the auditory pathway, an auditory brainstem 150 response (ABR) to a click stimulus (10  $\mu$ s; delivered monaurally to the right ear at 60 151 dB SPL at a rate of 19.30 Hz, for a total of 4000 averaged sweeps) was also obtained 152 from every neonate.

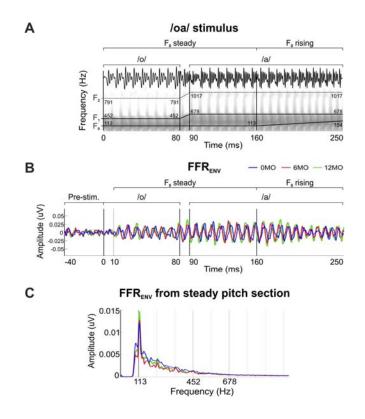
The study was approved by the Bioethics Committee of SJD Barcelona Children's Hospital (Internal review board ID: PIC-185-19). A written informed consent was obtained from all parents or legal guardians prior to the data collection in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki).

157 The data that supports the findings of this study and the code used for data analysis are

available upon reasonable request to the corresponding author.

# 159 **2.2 Stimulus**

- 160 To obtain the FFR, a two-vowel /oa/ stimulus was used (see Fig. 1A), as previously
- designed in our laboratory by Arenillas-Alcón et al. (2021). The stimulus had a total
- duration of 250 ms, with a steady  $F_0$  at 113 Hz for its first 160 ms and a linearly rising
- 163  $F_0$  from 113 to 154 Hz during its last 90 ms (from 160 to 250 ms). The stimulus was
- presented monaurally to the right ear at a rate of 3.39 Hz and an intensity of 60 dB SPL
- in alternating polarities through Etymotic shielded earphones of 300  $\Omega$  (ER, Elk Grove
- 166 Village, IL, EEUU) connected to a Flexicoupler® disposable adaptor (Natus Medical
- 167 Incorporated, San Carlos, CA).



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**Fig. 1.** (**A**) Temporal and spectral plots of the /oa/ stimulus with a schematic representation of its formant structure.  $F_0$ ,  $F_1$  and  $F_2$  are defined for the different stimulus sections. (**B**) Grandaveraged FFR<sub>ENV</sub> waveforms in the time domain from the 41 infants recorded at birth (0MO, blue), six months (6MO, red) and twelve months of age (12MO, green), obtained after averaged neural response polarities. (**C**) Amplitude FFR<sub>ENV</sub> spectra extracted from the analyzed steady part of the stimulus (10-160 ms).

# 175 **2.3 Procedure**

After a successful universal hearing screening test, the ABR and subsequently the FFR were recorded at the hospital room while the newborns were sleeping at their crib, following the same protocol used in previous studies (see Arenillas-Alcón et al., 2021, 2023; Ribas-Prats et al., 2019, 2022, 2023a, in press; for a review see Gorina-Careta el al., 2022). Recording was interrupted to any sign of discomfort or sleep disruption and it

was resumed when the newborn was asleep again. Infants that successfully completed 181 182 the neonatal FFR session were invited to two successive follow-up sessions: at six and 183 twelve months of age. Out of the 68 recruited neonates only 41 completed the two follow-up sessions, yielding a failure to complete the longitudinal study at one year in 184 39.7% of the participants. The infants that returned were retested at six and at twelve 185 186 months of age at a hospital dispensary, keeping the baby either asleep or as calm as 187 possible during the recording in order to ensure the highest quality of the EEG data. The total mean duration of the sessions was around 30 minutes, including a preparation time 188 189 of around 5 minutes, 20 minutes of recording (four /oa/ stimulus blocks  $\times$  1000 sweeps 190  $\times$  295 ms SOA), and the additional time for the rejected sweeps.

#### 191 **2.4 Data acquisition**

192 ABR and FFR recordings were carried out using a SmartEP platform connected to a Duet amplifier, including the cABR and Advanced Hearing Research modules 193 194 (Intelligent Hearing Systems, Miami, Fl, USA). Three disposable Ag/AgCl electrodes located in a vertical montage were employed for the recording, with the active electrode 195 196 placed at Fpz, ground at the forehead and reference at the right mastoid. Impedances 197 were kept below 10 k $\Omega$  for all electrodes. The continuous FFR signal was acquired at a sampling rate of 13333 Hz with an online bandpass filter between 30 and 1500 Hz. 198 199 Online data was epoched from -40.95 (for the baseline period) to 249.975 ms (relative 200 to the stimulus onset). An automated online rejection of artifacts was applied, excluding 201 any sweep with voltage values exceeding  $\pm 30 \,\mu$ V.

#### 202 **2.5 Data processing**

203 An offline bandpass filter from 80 to 1500 Hz was applied for FFR analysis. Neural 204 responses to alternating polarities were averaged [(Condensation + Rarefaction)/2] to 205 emphasize the FFR components related to the stimulus envelope (FFR<sub>ENV</sub>) and to 206 minimize the involvement of putative cochlear microphonics. In addition, to assess the 207 neural encoding of the vowels' first formant  $(F_1)$  and minimizing the contribution of 208 envelope related activity (Aiken & Picton, 2008; Krizman & Kraus, 2019), the FFR 209 temporal fine structure ( $FFR_{TFS}$ ) was analyzed by subtracting the neural response to the 210 alternating polarities [(Rarefaction–Condensation)/2]. Only the steady part of the 211 stimulus was considered for the analysis. Thus, the  $FFR_{TFS}$  (spectral peaks 212 corresponding to  $F_1$ ) was analyzed separately for the /o/ section (10 to 80 ms,  $F_0 = 113$ Hz,  $F_1 = 452$  Hz) and for the /a/ steady section (90 to 160 ms,  $F_0 = 113$  Hz,  $F_1 = 678$ 213 214 Hz).

FFR parameters were evaluated using custom scripts from Matlab R2019b (The Mathworks Inc., 2019) used in previous studies performed in our laboratory (Arenillas-Alcón et al., 2021; Ribas-Prats et al., 2019). A comprehensive description is given below for the three parameters extracted and tested separately for the different frequencies of interest (for a detailed description, see Arenillas-Alcon et al., 2021; Ribas-Prats et al., 2019).

*Neural lag.* In order to assess the neural transmission delay occurring along the auditory
 pathway, the neural lag value was obtained. This parameter accounts for the time lag
 11

between the stimulus presentation and the neural phase-locking onset (Arenillas-Alcón
et al., 2021; Jeng et al., 2010; Ribas-Prats et al., 2019). It was computed from the crosscorrelation between the stimulus and the neural response as the time shift that
corresponded to the maximum cross-correlation magnitude.

227 Spectral amplitude. In order to analyze the neural-phase locking magnitude at the 228 frequency of interest ( $F_0$ , 113 Hz; /o/  $F_1$ , 452 Hz; /a/  $F_1$ , 678 Hz), spectral amplitude was 229 obtained as an indicator of the response strength at that given frequency (Arenillas-230 Alcón et al., 2021; Ribas-Prats et al., 2019; White-Schwoch et al., 2015b). To obtain the 231 FFR frequency decomposition, spectral amplitude was calculated after applying the Fast 232 Fourier Transform (FFT; Cooley & Tukey, 1965), by computing the mean amplitude within a  $\pm 5$  Hz frequency window centered at the frequency peak of interest. Spectral 233 234 amplitude at  $F_0$  was retrieved from the FFR<sub>ENV</sub> corresponding to the /oa/ steady section 235 (10 to 160 ms) to assess voice pitch encoding of the speech-sound stimulus. Spectral 236 amplitudes at the stimulus  $F_1$  frequencies were extracted separately from the FFR<sub>TES</sub> 237 corresponding to the /o/ section (10 to 80 ms) and the /a/ steady section (90 to 160 ms).

Signal-to-noise ratio. Signal-to-noise ratio (SNR) at the frequency peak of interest was calculated in order to estimate the FFR relative spectral magnitude. It was computed by dividing the spectral amplitude value obtained for the given frequency of interest ( $\pm 5$ Hz window centered at the peak of interest) by the mean amplitude of its two flanks (28 Hz windows centered at  $\pm 19$  Hz from the frequency of interest). SNR at F<sub>0</sub> was extracted from the FFR<sub>ENV</sub> to evaluate voice pitch encoding. SNRs at vowels F<sub>1</sub> were

retrieved from the FFR<sub>TFS</sub> to assess the formant structure encoding of the auditory stimulus and analyzed following the same procedure as for the spectral amplitude parameter (i.e., the values were extracted separately from the neural responses to the vowel sections).

#### 248 **2.6 Statistical analysis**

Statistical analyses were performed using SPSS 25.0 (IBM Corp, Armonk, NY). Descriptive statistics are presented for each parameter as median and interquartile range for each time of measurement (see Table 1). Results were considered statistically significant when p < .05. Normality was assessed with Shapiro-Wilk's test and, as all parameters followed a non-normal distribution, Friedman's test was applied. After a given significant result, Wilcoxon signed-rank test was employed to explore each time point measurements pair.

In addition, to ensure that the spectral amplitude and SNR measurements obtained for 256 257 the stimulus  $F_1$  where specific to the corresponding stimulus vowel section (i.e., 452 Hz for the /o/ vowel, and 678 Hz for the /a/ vowel), as well as its possible interaction with 258 age, a repeated measures Analysis of Variance (rmANOVA) test was performed. For 259 260 that, the variables Age (0, 6 and 12 months) and Stimulus Section (/o/ and /a/) were chosen as within-subject factors. Bonferroni correction was applied to adjust *p*-values 261 262 for multiple pairwise comparisons. Greenhouse-Geisser correction was used when the assumption of sphericity was violated. Partial eta squared ( $\eta p2$ ) was reported as a 263 264 measure of effect size.

#### 265 Table 1

Descriptive statistics expressed as median (IQR, interquartile range), and Friedman test comparison between the 41 neonates recorded at birth (0-MO) and their retest at the age of six (6-MO) and twelve months (12-MO) for each FFR parameter assessed. Wave V amplitude and

269 latency values at birth are also depicted for the extended 66 neonatal sample as mean (SD).

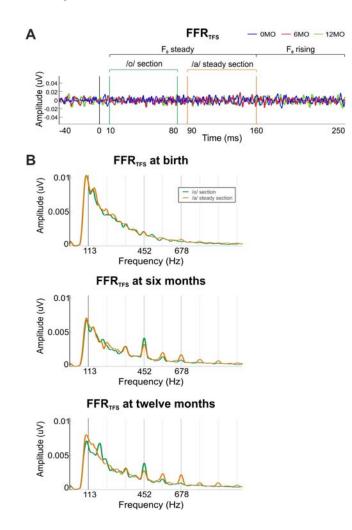
Measures N = 41	0-MO	6-MO	12-MO	Friedman test	df	<i>p</i> value
Wave V						
Amplitude (µV)	0.08 (0.14)	-	-	-	-	-
Latency (ms)	8.50 (0.38)	-	-	-	-	-
FFR						
Neural lag (ms)	8.03 (2.03)	6.68 (1.95)	6.53 (1.76)	22.84	40	<.001
FFR <sub>ENV</sub>						
Spectral amplitude $F_0$ ( $\mu V$ )	.008 (.008)	.009 (.012)	.013 (.014)	2.10	-	.35
SNR $F_0$ (dB)	3.99 (5.69)	4.75 (7.90)	6.41 (5.41)	1.81	-	.41
FFR <sub>TFS</sub>						
Spectral amplitude at /o/ $F_1$ (10-80 ms; $\mu V$ )	.0018 (.002)	.0031 (.005)	.0027 (.005)	4.44	-	.10
SNR at /o/ $F_1$ (10-90ms; dB)	1.38 (4.88)	4.83 (6.98)	3.52 (4.96)	15.85		<.001
Spectral amplitude at /a/ $F_1$ (90-160 ms; $\mu V$ )	.0008 (.001)	.0012 (.002)	.0017 (.002)	6.78	-	.034
SNR at $/a/F_1$ (90-160 ms; dB)	1.73 (4.08)	2.61 (5.99)	3.81 (3.79)	7.37	-	.025

#### 270 **3. Results**

An ABR to a click stimulus was obtained from every neonate before the FFR recording to confirm the integrity of the auditory pathway. All recruited infants (N = 66) had an identifiable wave V peak at birth, with a mean latency of 8.50 ( $\pm$  0.38 SD) ms and a mean amplitude of 0.08 ( $\pm$  0.14 SD)  $\mu$ V (Table 1). Values were similar to those previously reported at the literature (Arenillas et al., 2021; Ribas-Prats et al., 2019; Stuart et al., 1994).

In order to unravel the maturational pattern of the neural encoding of speech sounds features during the first year of life, FFRs elicited to the /oa/ stimulus were collected from the sample of forty-one neonates that completed the follow-up at the ages of six and twelve months. The corresponding grand-average  $FFR_{ENV}$  and  $FFR_{TFS}$  waveforms

- are shown in Fig. 1B and Fig. 2A respectively. Table 1 depicts the descriptive statistics
- and results from the Friedman test comparison for all FFR parameters evaluated at the
- three developmental stages (i.e., 0, 6 and 12 months).



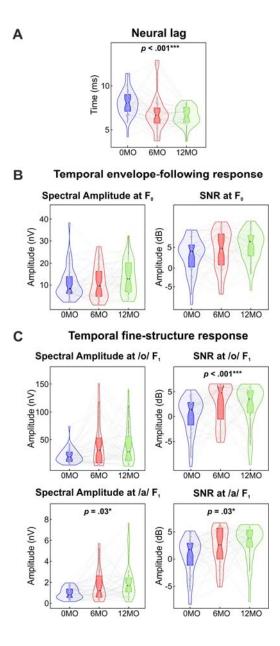
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Fig. 2. (A) Time-domain grand-averaged FFR<sub>TFS</sub> waveforms extracted after substracting neural
responses to alternating stimulus polarities from the 41 infants recorded at birth (0MO, blue)
and retested at six months (6MO, red) and twelve months of age (12MO, green). (B) Amplitude
FFR<sub>TFS</sub> spectra obtained for the two vowel sections: /o/ (green), /a/ (orange).

289 **3.1 Neural lag** 

290	Results revealed a consistently shortened neural phase-locking onset as a function of
291	age ( $X^2(2) = 27.84$ , $p < .001$ ; see Fig. 3A). Post-hoc analyses revealed shorter neural lag
292	at both six ( $Mdn = 6.68$ ; $z = -3.51$ , $p < .001$ ) and twelve months of age ( $Mdn = 6.53$ ; $z =$
293	-4.39, $p < .001$ ) in comparison to that at birth ( <i>Mdn</i> = 8.03). Neural transmission delay
294	at the age of six and twelve months were similar ( $z =97$ , $p = .33$ ). To further support
295	the results obtained, statistical analyses were repeated for the entire sample that
296	completed the follow-up session at six months of age ( $N = 54$ ; 27 females; mean age at
297	birth = $1.81 \pm 1.28$ days; mean gestational age = $39.73 \pm 0.97$ weeks; age at six months
298	= 5.53 to 7.77 months after birth; mean age at six months = $6.42 \pm 0.43$ months).
299	Similar results were obtained for neural transmission delay (i.e., shortened neural lag at

300 six months; z = -3.79, p = <.001; see Table 2).



**Fig. 3.** Data distribution from the 41 infants recorded at birth (0MO, blue) and retested at six (6MO, red) and twelve months of age (12MO, green). Violin plots are depicted for (**A**) the neural lag, (**B**) the  $FFR_{ENV}$  obtained to the steady part of the stimulus (10-160 ms), and (**C**) the  $FFR_{TFS}$  corresponding to /o/ (upper panel) and /a/ (lower panel) stimulus sections.

306 Table 2

307	Descriptive statistics and comparison between the sample of 54 neonates recorded at birth (0-
308	MO) and their retest at the age of six (6-MO) for each FFR parameter assessed.

FR measures N = 54	0-MO	6-MO	t test	df	p value
Neural lag (ms)	8.03 (2.08) <sup>a</sup>	6.64 (1.82) <sup>a</sup>	-3.79 <sup>b</sup>	53	<.001
FFR <sub>ENV</sub>					
Spectral amplitude $F_0$ ( $\mu V$ )	$.008 (.008)^{a}$	.009 (.010) <sup>a</sup>	-0.28 <sup>b</sup>	-	.78
SNR $F_0$ (dB)	3.12 (3.98)	4.27 (4.99)	-1.55	-	.12
FFR <sub>TFS</sub>					
Spectral amplitude at /o/ $F_1$ (10-80 ms; $\mu$ V)	.0017 (.002) <sup>a</sup>	.0032 (.005) <sup>a</sup>	-3.72 <sup>b</sup>	-	<.001
SNR at $/o/F_1$ (10-90ms; dB)	$1.03 (5.12)^{a}$	$4.38(6.67)^{a}$	-3.24 <sup>b</sup>		.001
Spectral amplitude at $/a/F_1$ (90-160 ms; $\mu V$ )	$.0008 (.001)^{a}$	$.0012 (.002)^{a}$	-2.97 <sup>b</sup>	-	.003
SNR at $/a/F_1$ (90-160 ms; dB)	$1.63(5.15)^{a}$	$2.65(5.70)^{a}$	-2.31 <sup>b</sup>	-	.021

309 Results are expressed as mean (SD). <sup>a</sup> Median (IQR, interquartile range). <sup>b</sup> Wilcoxon Signed-Rank Test.

# 310 **3.2 Temporal envelope-following response**

Grand-average FFR<sub>ENV</sub> waveforms were obtained at each developmental stage (see Fig. 311 312 1B). The corresponding frequency spectrum for averaged polarities is shown in Fig. 1C. The strength of the stimulus  $F_0$  neural representation along the first year of life was 313 assessed by means of the spectral amplitude and SNR parameters computed on the 314 315 FFR<sub>ENV</sub>. Statistical analyses revealed no significant differences across age (at birth, at six and at twelve months) in neither spectral amplitude parameter ( $X^2(2) = 2.10$ , p =316 .35) or in SNR ( $X^2(2) = 1.81$ , p = .41; see Fig. 3B). Results remained statistically 317 318 similar for both parameters in the analysis with the extended fifty-four infants sample that could complete the recording at the age of six months (i.e., spectral amplitude, z = -319 320 .28, p = .78; SNR,  $t_{(53)} = -1.55$ , p = .13).

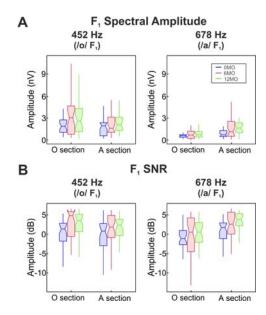
#### 321 **3.3 Temporal fine-structure response**

322 The maturation of neural mechanisms for the encoding of the speech-sound formant 323 structure along the first year of life was analyzed from the FFR<sub>TFS</sub>. Grand-average 324 FFR<sub>TFS</sub> waveforms are illustrated in Fig. 2A for each developmental stage. In order to 325 evaluate phase-locking at the stimulus  $F_1$ , neural responses to each stimulus vowel 326 section were assessed separately. Fig. 2B illustrates the frequency spectrum 327 corresponding to both vowel sections at birth, six and twelve months of age. Spectral 328 amplitudes and SNRs were retrieved selecting the spectral peaks corresponding to the frequency of interest according to each vowel (452 Hz for the /o/; 678 Hz for the /a/). 329 330 Fig. 3C depicts spectral amplitude and SNR values for the FFR<sub>TFS</sub> along the three 331 developmental stages.

Neural encoding of the /o/ vowel F<sub>1</sub>. Spectral amplitude and SNR at /o/ vowel F<sub>1</sub> (452 332 333 Hz) were analyzed at the corresponding stimulus /o/ vowel section. No differences were observed for spectral amplitude between the three stages of development ( $X^2(2) = 4.44$ , 334 p = .1; see Table 1). For the SNR, significant differences were obtained (X<sup>2</sup>(2) = 15.85, 335 336 p < .001), with larger values at six months (Mdn = 4.83; z = -2.73, p = .006) and twelve 337 months of age (Mdn = 3.52; z = -2.60, p = .009) in comparison to birth (Mdn = 1.38); SNR values at six and twelve months of age were similar (z = -.72, p = .47). Wilcoxon 338 339 signed-rank test assessed for the extended six-months old sample (i.e., fifty-four infants) 340 revealed larger values at six months of age in the two parameters assessed (spectral 341 amplitude, z = -3.72, p < .001; SNR, z = -3.24, p = .001; see Table 2).

342 To investigate the specificity of the neural encoding of the formant structure corresponding to each of the two vowels of the /oa/ stimulus, and its possible interaction 343 344 with age, a two-way rmANOVA test was conducted with the factors Age (0, 6 and 12 months) and Stimulus Section (/o/ and /a/) on the spectral amplitude and its SNR at 452 345 Hz, corresponding to the  $/0/F_1$  (see Fig. 4). Spectral amplitude results revealed a main 346 effect of stimulus section ( $F_{(1.40)} = 7.96$ , p = .007,  $\eta p = .17$ ), with higher spectral 347 348 amplitudes for the /o/ section ( $M = .0033 \pm < .001$ ) compared to the /a/ section (M = $.0026 \pm < .001$ ). A main effect of age was also observed ( $F_{(2,80)} = 4.50, p = .014, \eta p 2 =$ 349 350 .10), with larger amplitudes at the age of six months ( $M = .004 \pm .001$ ; p = .012) and the 351 age of twelve months ( $M = .003 \pm < .001$ ; p = .048) in comparison to birth ( $M = .002 \pm$ 352 < .001). No significant developmental changes between six and twelve months-old stages were found (p = 1). Interaction between age and stimulus section was not 353 significant ( $F_{(2.80)} = 2.95, p = .06, \eta p 2 = .07$ ). 354

Significant differences in SNR were not observed for the stimulus section ( $F(1,40) = 2.70, p = .108, \eta p 2 = .06$ ). A main effect of age ( $F_{(2,80)} = 8.10, p = .001, \eta p 2 = .17$ ) was obtained with the same pattern as that observed for spectral amplitude. Larger SNRs were found at both six months ( $M = 1.99 \pm .57$ ; p = .009) and twelve months of age (M $2.10 \pm .41$ ; p = .001) in comparison to birth ( $M = -.13 \pm .53$ ); with no significant variation from six to twelve months of age (p = 1). Significant differences were not found for the age per stimulus section interaction ( $F_{(2,80)} = .19, p = .825, \eta p 2 = .005$ ).



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Fig. 4. Neural encoding of the first formant corresponding to the two vowel steady sections
measured in (A) spectral amplitude and (B) SNR. Data are plotted from infants at birth (blue),
six months (red) and twelve months of age (green), and for /o/ F<sub>1</sub> (452 Hz, left) and /a/ F<sub>1</sub> (678
Hz, right) encoding at the different stages of development.

367 *Neural encoding of the /a/ vowel*  $F_{I}$ . In order to estimate the encoding of the /a/ vowel  $F_1$  (678 Hz), spectral amplitudes and SNRs were evaluated for the /a/ vowel section. 368 Significant differences were found as a function of age for spectral amplitude  $(X^2(2) =$ 369 6.78, p = .034), with larger values at six months (*Mdn* = .0012; z = -2.74, p = .006) and 370 371 twelve months of age (Mdn = .0017; z = -4.88, p < .001) in comparison to values 372 obtained at birth (Mdn = .0008). Remarkably, spectral amplitudes obtained at twelve 373 months were also statistically larger than the those at six months (z = -2.15, p = .032). Similar results were observed for SNR ( $X^2(2) = 7.37$ , p = .025), where infants presented 374 larger SNRs at the age of six months (Mdn = 2.61; z = -2.12, p = .034) and at twelve 375 376 months of age (Mdn = 3.81; z = -2.84, p = .004) compared to birth (Mdn = 1.73). No differences in SNR values were observed between six and twelve months of age (z = -377

1.07, p = .29). Wilcoxon signed-rank test assessed for the extended six-months old sample (i.e., fifty-four infants) also indicated larger values at six months of age than at birth in the two parameters assessed (spectral amplitude, z = -2.67, p = .003; SNR, z = -2.31, p = .021).

Two-way rmANOVA tests were hence conducted to examine neural response 382 383 specificity to Stimulus Section (/o/ and /a/) as a function of Age (0, 6 and 12 months) on the spectral amplitude and its SNR at 678 Hz, corresponding to the  $/a/F_1$  (see Fig. 4). 384 385 Spectral amplitude yielded a main effect of stimulus section ( $F_{(1,40)} = 36.36, p < .001$ , 386  $\eta p2 = .48$ , with higher values for the /a/ section ( $M = .002 \pm <.001$ ) in comparison to 387 the /o/ section ( $M = .001 \pm <.001$ ). A main effect of age was also revealed ( $F_{(2.80)} = 7.92$ , p = .001,  $\eta p = .17$ ), with significantly larger values at both six months ( $M = .0013 \pm$ 388 389 <.001; p = .010) and twelve months of age ( $M = .0015 \pm <.001; p = .001$ ) in comparison to the ones obtained at the moment of birth ( $M = .0008 \pm <.001$ ); but no significant 390 changes appeared from six to twelve months age (p = .89). The age per stimulus section 391 392 interaction was significant  $(F_{(1.74,69.50)} = 5.99, p = .006, \varepsilon = .83)$ . Post-hoc analysis 393 revealed higher spectral amplitudes at 678 Hz during the /a/vs. the /o/vowel sections at the three stages of development (birth, z = -3.40, p = .001; six-months, z = -3.34, p = -3.40394 395 .001; twelve-months, z = -4.32, p < .001).

396 SNR results yielded a main effect of stimulus section ( $F_{(1,40)} = 38.90, p < .001, \eta p2 =$ 

.49), indicating higher values at the /a/ section ( $M = 1.93 \pm .31$ ) in comparison to the /o/

section ( $M = -.39 \pm .30$ ). A main effect of age ( $F_{(2,80)} = 3.83$ , p = .026,  $\eta p = .09$ ), with

significantly larger values at twelve months of age ( $M = 1.68 \pm .42$ ) than at birth (M = -400 .18 ± .43; p = .019). No significant age per stimulus section interaction was found 401 ( $F_{(1,72.69.06)} = .80, p = .44, \varepsilon = .86$ ).

### 402 **4. Discussion**

This study describes the longitudinal trajectory of speech-sound neural encoding 403 mechanisms required for language acquisition across the first year of life, as examined 404 through the electrophysiological recordings of the frequency-following response (FFR) 405 406 elicited to the /oa/ syllable at birth, six and twelve months of age. While no age-related 407 changes were observed in the encoding of voice pitch, a significant enhancement was 408 depicted across the first six-month postnatal period in neural transmission times and 409 neural encoding of the stimulus temporal fine structure. Results contribute to knowledge from previous studies on the developmental trajectory of speech-sound neural encoding 410 mechanisms (Anderson et al., 2015; Arenillas-Alcón et al., 2021, Ribas-Prats et al. 411 2019, in press), by specifically filling the gap with a longitudinal sample spanning the 412 413 first year of life, and by unveiling an early neural maturation in the neural encoding of the speech temporal fine structure. Results point to a sensitive developmental window in 414 the emergence of core neural mechanisms required for speech acquisition that occurs 415 within the first six months after birth, which may underlie the co-occurring critical 416 behavioral language milestones (i.e., acquisition of phonetic categories). 417

Language acquisition relies on an accurate development of the auditory brain, which is already functional to process sounds at the beginning of the third trimester of pregnancy

420 (Hepper & Shahidullah, 1994; Moore & Linthicum, 2007; Querleu et al., 1988; Ruben, 1995). Around the 27<sup>th</sup> gestational week, the first traces of myelin can be observed in 421 422 both the cochlear nerve (Moore & Lithicum, 2001) and the brainstem auditory pathway 423 (Moore, et al., 1995), paralleling the first fetuses' behavioral and electrophysiological outcomes to auditory stimulation (Draganova et al., 2018; Hepper & Shahidullah, 1994; 424 Schneider et al., 2001). At birth, the cochlea has reached its adult size and is fully 425 426 functional (Lavigne-Rebillard & Dan Bagger-Sjöbäck, 1992; Moore & Linthicum, 427 2007), but the auditory brain is not completely mature yet. The shortened neural 428 transmission delay observed in our results at the age of six months aligns with prior 429 literature showing acceleration of auditory neural responses as a function of 430 development (Amorim et al., 2009; Anderson et al., 2015; Madrid et al., 2021; Ribas-Prats et al., in press; Sharma et al., 2016). This decrease in neural lag can be attributed 431 432 to age-related increasing myelination in the auditory white matter tracts along the 433 brainstem, midbrain (Moore et al., 1995), and primary auditory cortex (Su et al., 2008) that occurs during this early period of development. 434

The perception of speech sound  $F_0$  and  $F_1$  plays a crucial role in language acquisition, as these acoustic features constitute key cues that facilitate the learning of a native language (Moon & Hong, 2014). Indeed, voice pitch perception is defined by sound  $F_0$ (Oxenham, 2012) and provides phonological, syntactic and semantic cues needed for distinguishing words units from a continuous speech (Nakatani & Schaffer, 1978) and for speaker identification (Mary & Yegnanarayana, 2008). Early sensory experience in

utero has been demonstrated to be a prerequisite for auditory learning and neural 441 plasticity during the perinatal period (Draganova et al., 2018; Webb et al., 2015). Once 442 443 they are born, neonates can track the sound envelope, irrespective of the language they 444 have been exposed to during pregnancy (Ortiz Barajas et al., 2021). Our results support previous findings describing an intrauterine perception of low-frequency speech cues 445 446 (Hepper & Shahidullah, 1994; Voegtline et al., 2013) and an adult-like voice pitch 447 encoding at birth (Anderson et al., 2015; Arenillas-Alcón et al., 2021; Jeng et al., 2011), as no age-related changes were observed here in neither spectral amplitude and SNR 448 449 values at the stimulus  $F_0$  peak.

450 Some discrepancies emerge in literature in relation to the developmental pattern of 451 speech  $F_0$  neural encoding during the first year of life. While most of the studies report a 452 more robust neural encoding of pitch as a function of age, this pattern does not constantly reach statistical significance across the literature. For instance, Jeng and 453 454 colleagues (2010) found pitch encoding improvement on a single infant tested at different time-points through the first ten months of age (i.e. 1, 3, 5, 7 and 10 months). 455 456 Similarly, Van Dyke et al. (2017) described stronger  $F_0$  neural encoding when 457 comparing a group of older infants (7-12 months old) with a group of younger infants (2-7 months old). Ribas-Prats and colleagues (in press) also observed age-related 458 improvements from the first postnatal month to six months of age in a longitudinal 459 sample of healthy-term neonates. Yet, in a cross-sectional study performed by Anderson 460 461 et al. (2015), a similar but not significant trend was found in  $F_0$  neural encoding for a

sample of infants aged from 3 to 10 months. Similarly, our results show a linear pattern 462 463 of stronger pitch encoding through age during the first postnatal year, although this 464 increase did not reach statistical significance. These discrepancies may arise from the inconsistency on the stimuli frequency components employed across various studies or 465 the individual linguistic environment to which individuals from different study samples 466 467 are exposed, as suggested by the linguistic experience model (see Jeng et al., 2011; 468 Kuhl et al., 1992). Notably, Jeng and colleagues (2011) compared two samples of neonates exposed to different languages during pregnancy (i.e., English and Chinese) 469 470 with two matched samples of adults of the same native languages. While Chinese adults 471 showed larger pitch strength values compared to their matched neonates, pitch strength 472 values were comparable between the American neonatal and adult samples.

473 Stimulus  $F_1$  is closely linked to the discrimination of vowel sounds (Kiefte et al., 2010, 2013; Nenadić et al., 2020) and phoneme recognition (Diehl and Lindblom, 2004). 474 Auditory postnatal experience is essential for infants to encode high-frequency 475 476 components of speech sounds. During pregnancy, the maternal womb acts as a low-pass filter and limits auditory stimulation as it attenuates frequencies above 500 Hz 477 (Gerhardt & Abrahms, 1996, 2000; Hepper & Shahidullah, 1994; Parga et al., 2018), 478 479 which impedes neonates from hearing high-frequency components before birth. The higher spectral amplitude and SNR values observed at the /a/ vowel F<sub>1</sub> peak (i.e. 678) 480 Hz) as a function of age support a non-mature neural encoding at birth of these 481 482 frequency components above circa 500 Hz. Similarly, the ability to track the formant

structure of speech seems to be not fully developed at birth, but postnatally experience-483 484 dependent, as supported by the higher SNR at both vowels'  $F_1$  by the age of six months. 485 These results align with the spectrally ascendant developmental pattern of the auditory system described by Graven and Browne (2008), stating that low-frequency sounds are 486 tuned first in the cochlea, and highlighting the period from 25 gestational weeks to six 487 488 months of age as the most critical in the neurosensory development of the auditory 489 system. Moreover, the absence of further differences in SNR values at both vowels  $F_1$ between six and twelve months of age highlights a special relevance of the first six-490 491 months postnatal period on the maturation of the temporal fine structure encoding of 492 speech. These results support previous cross-sectional FFR studies reporting an 493 enhancement of  $F_1$  neural encoding as a function of age (Anderson et al., 2015; Van Dyke et al., 2017), as well as the longitudinal findings by Ribas-Prats et al. (in press), 494 495 but further extend these latter findings on the longitudinal trajectory on neural F1 496 encoding through early development to the age of twelve months.

This language-specific attunement to frequencies across the auditory pathway is essential for early language acquisition, as it relies on infants' ability to apprehend the phonological structure corresponding to a given language (Best et al., 2016; Cutler, 2008). This experience will indeed contribute and facilitate the appropriate identification of native language phonemes by the age of six months (Best et al., 2016; Cheour et al., 1998; Kuhl et al., 1992). Moreover, a perceptual re-organization by the age of six months has been previously proposed, suggesting an attentional shift from

504 syllabic units at birth to phonemic units at six months, cues that are more relevant for 505 word and grammar learning (Nallet & Gervain, 2021; Ortiz Barajas et al., 2021). A rich 506 extrauterine auditory environment is key in the improvement of phonemic categories 507 perception in early language acquisition. During this postnatal period, there is a notable increase in social interactions that play a vital role on infant development, such as in the 508 509 initial coordination of gestures, vocalizations and facial expressions in interaction with 510 others (Kuhl, 2004, 2010). The co-occurring temporal fine structure encoding bootstrap by the early age of six months revealed in our results suggest an outstanding relevance 511 512 of this novel and rich extrauterine environment on acoustic and language acquisition.

513 Future studies are needed to replicate this pattern of development during the first year of 514 life in healthy-term infants. Our results uncover the first six-months of life as a key 515 period in neural speech encoding development. Thus, it is essential to include earlier developmental stages in future longitudinal studies to fully examine this early period of 516 development. Several language-related disabilities such as dyslexia (Banai et al., 2009), 517 518 learning related disorders (King et al., 2002) or autism (Russo et al., 2008) have been associated with alterations in the spectro-temporal encoding of complex sounds. Also, 519 clinical conditions that occur during the gestational period such as fetal alcohol 520 521 syndrome (Wyper & Rasmussen, 2011) or fetal growth restriction (Partanen et al., 2018; Ribas-Prats et al., 2022) have an impact on cognitive outcomes, being language one of 522 523 the major areas affected. Therefore, research on early maturation of neural speech 524 encoding related to language abnormalities in infancy is the next crucial step to

525 comprehend key differences that underlie an inadequate or delayed language526 acquisition.

527 Early interventions aimed at improving speech encoding in language affected conditions during the first months of life have not been explored yet. However, the positive effect 528 529 of musical experience and training in speech encoding has been previously documented for both prenatal (Arenillas-Alcón et al., 2023) and postnatal periods (Wong et al., 530 2007), suggesting its potential as a promising intervention tool worth exploring. The 531 532 clinical potential of the electrophysiological tool used in this study has been previously 533 discussed along the literature (Gorina-Careta et al., 2022; Kraus & White-Schwoch, 534 2015a; Ribas-Prats et al., 2019), suggesting the FFR as a potential biomarker of early language acquisition. Using the FFR as a screening test to early detect speech encoding 535 536 abnormalities could open the possibility to further design and implement preventive 537 protocols for language-related impairments. The present study provides normative FFR 538 values for the first year of life (i.e., at birth and at six and twelve months of age) and it 539 may thus serve as a reference for future studies on speech-sound neural encoding 540 development.

#### 541 **5.** Conclusion

The present longitudinal study describes the outstanding maturation of the temporal fine structure neural encoding mechanisms during the very early stages of development. The findings highlight the crucial role of the first six postnatal months in shaping the neural mechanisms that support the encoding of speech sounds, and hence are of major 29 546 relevance for speech perception and language acquisition. Specifically, our findings unveiled an enhancement in the neural encoding of the formant structure throughout the 547 548 first six postnatal months, without further maturation up to the first year of life. This reveals a critical maturational period for the neural machinery underlying the ability to 549 550 discriminate the subtle variations that define phonemes, promoting the formation of phonetic categories. Notably, no significant changes in the neural encoding of voice 551 552 pitch were observed across this developmental period, which supports a mature voice pitch encoding already at birth. These findings contribute to our understanding of early 553 554 neural speech encoding and underscore the significance of investigating neural 555 correlates of early speech processing disabilities. Further research in this field can 556 provide valuable guidance for addressing language-related abnormalities and promoting healthy language development in infants. 557

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