

# **An Emerging STI:** Raising Awareness About Mycoplasma genitalium

## **Globally Prevalent**

- ▶ Affects **up to 3**% of the general population.¹
- ▶ Detected in 1.5%-16.8% of women in a metropolitan OB/GYN setting and in 31% of non-gonococcal urethritis cases in men.<sup>2,3</sup>

### **Hidden by Symptomatic Ambiguity**

- ▶ The majority of infected patients show no signs or symptoms.⁴
- ▶ Like a chlamydial infection, when patients are symptomatic they present with common symptoms of cervicitis and/or urethritis.5
- Misidentifying STIs based on common symptoms may lead to ineffective treatment regimens, persistent infections and may potentially lead to antibiotic resistance.<sup>6</sup>

### **Serious Health Consequences**



### ✓!\ Urethritis

Responsible for 30% of persistent or recurrent urethritis cases in men.7



#### HIV

Infected patients are **2 times** more likely to acquire HIV.8



### Cervicitis

Detected in 10-30% of women with clinical cervicitis.6



#### /!\ PID

Identified in up to 22% of pelvic inflammatory disease (PID) cases.6

### **Treatment Challenges and Antibiotic Resistance**

Antibiotics commonly used to treat CT and NG are often ineffective against M. genitalium, so accurate identification is crucial.7

- ▶ *M. genitalium* is largely unaffected by the antibiotic **doxycycline**, commonly used in CT/NG treatment.6
- ▶ **Azithromycin** is more effective, but up to 50% of *M. genitalium* infections may be resistant.6

In light of these treatment challenges, accurate identification is key in determining the most effective treatment for each infection.

References: 1. Anagrius C, et al. Treatment of Mycoplasma genitalium. Observations from a Swedish STD Clinic, PLOS One. Published April 8, 2013. Accessed August 30, 2017 2. Munson E, et al. Clinical Laboratory Assessment of Mycoplasma genitalium Transcription-Mediated Amplification Using Primary Female Urogenital Specimens. J Clin Microbiol. 2016;54(2):432-438. doi:10.1128/JCM.02463-15.
3. Seña AC, et al. Chlamydia trachomatis, Mycoplasma genitalium, and Trichomonas vaginalis Infections in Men with Nongonococcal Urethritis: Predictors and Persistence After Therappy. J Infect Dis. 2012;20(3):357-65. doi:10.1093/infidis/jis356. 4, Manhart LE, et al. Mycoplasma genitalium: Is It a Sexually Transmitted Pathogen? Curr Infect Dis Rep. 2010;12(4):306-13. doi:10.1007/s11908-010-0114-3. 5. Falk L, et al. Signs and Symptoms of Urethritis and Cervicitis among Women with or without Mycoplasma genitalium or Chlamydia trachomatis Infection. Sex Transm Infect. 2005;81(1):73-8. doi:10.1136/s10.04.010439. 6. CDC. Sexually Transmitted Diseases and Treatment Guidelines: Mycoplasma genitalium. http://www.cdc.gov/std/tg2015/. Updated June 4, 2015. Accessed August 30, 2017. 7. Taylor-Robinson D, et al. Mycoplasma genitalium: from Chrysalis to multicolored butterfly. Clin Microbiol Rev. 2011;24(3):498-514. doi:10.1128/CMR.00006-11. 8. Manhart LE, et al. Mycoplasma genitalium Infection in Sub-Saharan Africa: How Big Is the Problem? Sex Transm Dis. 2013;40(5):428-30.

ADS-02008-001 Rev. 001 © 2017 Hologic, Inc. All rights reserved. Hologic, The Science of Sure and associated logos are trademarks and/or registered trademarks of Hologic, Inc. and/or its subsidiaries in the United States and/or other countries. This information is intended for medical professionals in the U.S. and is not intended as a product solicitation or promotion where such activities are prohibited. Because Hologic materials are distributed through websites, eBroadcasts and tradeshows, it is not always possible to control where such materials appear. For specific information on what products are available for sale in a particular country, please contact your local Hologic representative or write to diagnostic.solutions@hologic.com.