#GONAVY

# TRACK & FIELD 2023 MEDIA GUIDE

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<b>Coaching Staff</b>
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oudining otali	
Director of Navy Track & Field / Cross	Country Jamie Cook
Alma Mater	Penn State '99
Office Phone	(410) 293-5568
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Associate Head Coach	Chris Campbell
Alma Mater	Navy '89
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Alma Mater	Cornell '11
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Alma Mater	Binghamton '08
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Alma Mater	Bowling Green St. "17
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#### **Sports Information**

Track & Field Contact	RJ Larson
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Email	rlarson@usna.edu
Mailing Address	566 Brownson Road
	Annapolis, MD 21402

## 2022-23 Navy Track & Field Schedule

INDOOR			
Day	Date	Opponent	Location
Saturday	Dec. 3	Navy Invitational I	Annapolis, Md.
Saturday	Jan. 14	Princeton Dual	Annapolis, Md.
Friday-Saturday	Jan. 20-21	Wesley A. Brown Invitational	Annapolis, Md.
Saturday	Jan. 28	Patriot Games	Fairfax, Va.
Saturday	Feb. 4	Army-Navy Indoor Star Meet	West Point, N.Y.
Friday-Saturday	Feb. 10-11	Liberty Invitational	Lynchburg, Va.
Friday	Feb. 17	Navy Select	Annapolis, Md.
Saturday-Sunday	Feb. 25-26	Patriot League Indoor Championship	Annapolis, Md.
Friday-Saturday-Sunday	March 3-5	IC4A / ECAC Indoor Championship	Boston, Mass.
Friday-Saturday	March 10-11	NCAA Indoor Championship	Albuquerque, N.M.

#### **OUTDOOR**

Day	Date	Opponent	Location
Saturday	March 25	Navy Spring Invitational I	Annapolis, Md.
Saturday	April 1	Army-Navy Outdoor Star Meet	Annapolis, Md.
Saturday	April 8	George Mason Spring Invitational	Fairfax, Va.
Saturday	April 15	Virginia Grand Prix	Charlottesville, Va.
Friday-Saturday	April 21-22	Virginia Challenge	Charlottesville, Va.
Friday-Saturday	April 21-22	Navy Spring Invitational I	Annapolis, Md.
Thursday-Saturday	April 27-29	Penn Relays	Philadelphia, Pa.
Friday-Saturday	May 5-6	Patriot League Outdoor Championship	Bethlehem, Pa.
Friday-Sunday	May 12-14	IC4A / ECAC Outdoor Championship	TBD
Saturday	May 13	Princeton Elite	Princeton, N.J.
Wednesday-Saturday	May 24-27	NCAA Regional Championship	Jacksonville, Fla.
Wednesday-Saturday	June 7-10	NCAA Outdoor Championship	Austin, Texas

Navy Track and Field Program Information

Navy Hack and Held Hogiam information	
Location	Annapolis, Md.
Founded	October 10, 1845
Enrollment	4,400
Nickname	Midshipmen or Mids
Colors	Navy Blue and Gold
Superintendent	Vice Adm. Sean S. Buck, USN
Commandant	Col. James P. McDonough, USMC
Director of Athletics	Chet Gladchuk
Conference	Patriot League
Facility (Indoor)	Wesley A. Brown Field House
Facility (Outdoor)	Ingram Field
Athletics Website	navysports.com
Patriot League Men's Indoor Championships / Last	12 / 2022
Patriot League Women's Indoor Championships / Last	6 / 2022
Patriot League Men's Outdoor Championships / Last	9 / 2022
Patriot League Women's Outdoor Championships / Last	6 / 2022

#### NavySports.com / Social Media

For the latest in Navy news, results and schedules go to NavySports.com, the online home of the Naval Academy Athletic Department. Additionally, to get breaking news, in-meet updates, behind-the-scenes content and much more, become a fan of Navy on Facebook (facebook.com/navyathletics), follow Navy on Twitter (twitter.com/navyathletics) and watch videos on Navy's YouTube page (youtube.com/navyathletics).

#### **Media Guide Credits**

The Navy track and field media guide was written and edited by RJ Larson. Cover design and template was created by Mark Leddy and the Navy Sports Information staff. Photography was provided by Phil Hoffmann and the Annapolis and Anne Arundel County Conference and Visitors Bureau.

The Navy Sports Information staff extends its thanks to all Patriot League and opponent sports information offices and all members of past staffs that have assisted in compiling information that is an integral part of this guide. Any corrections or additions to the publication are welcome and should be directed via e-mail to rlarson@usna.edu.



# TRACK AND FIELD ROSTER (MEN)

Name	Event	Year	Ht.	Hometown / High School
Sebasteon Allen	Jumps	So.	6-0	East Orange, N.J. / East Orange Stem Academy
Alex Asady	Middle Distance	So.	5-8	Springfield, Va. / West Springfield
Baynes Autrey	Multis	Sr.	6-2	Mountain Brook, Ala. / Mountain Brook
lan Bartlett	Distance	Sr.	5-9 5-9	Fairfield, Conn. / Fairfield Ludlowe
Garrett Baublitz Joshua Boamah	Distance Throws	Jr. Jr.	5-9 6-4	Mifflintown, Pa. / Juniata San Diego, Calif. / Scripps Ranch
Brett Brady	Distance	Sr.	6-0	Phoenix, Ariz. / Butler Area (Pa.)
Cooper Branch	Distance	Fr.	5-9	Rochester, N.Y. / Irondequoit
Jackson Bryant	High Jump	Sr.	6-4	Vestavia Hills, Ala. / Vestavia Hills
Gabe Bullis	Pole Vault	So.	6-2	Alpena, Mich. / Alpena
Andrew Cabral	Distance	So.	5-10	Seekonk, Mass. / Seekonk
Owen Carrillo	Throws	So.	6-0	Liberty, Mo. / Liberty HS
Carl Cary	Throws	So.		Arlington, Va.
Jonah Caseltine	Throws	Fr.	6-3	Kingwood, Texas / Atascocita
Tyler Casey	Distance	Sr.	6-0	Collierville, Tenn. / Christian Brothers
Thomas Christie	Multis	So.	6-1	Warrington, Pa. / La Salle College HS
Garrison Clark	Distance	Sr.	5-9	Severna Park, Md. / Severna Park
Ben Countiss	Distance	So.	5-10	Houston, Texas / Cypress Creek
Alex Dachos	Distance	Fr.	6-2	King George, Va. / King George
Caden Dailey	Jumps	Sr. So.	6-1 5-11	Centreville, Va. / Centreville
Pete deJonge Keyshawn Dolford	Sprints Throws	So.	6-2	Weddington, N.C. / Weddington Hartsville, S.C. / Hartsville
Joseph Domingues	Distance	Sr.	5-8	Santa Marin, Calif. / Saint Joseph
Jayshon Dubose	Sprints / Hurdles	Jr.	6-2	Morristown, N.J. / Morristown Beard School
Matthew Dunaski	High Jump	Fr.	6-1	Lincoln, Neb. / Lincoln North Star
Austin Durfee	Sprints	Fr.	6-0	Eagle, Idaho / Eagle
lan Ellis	Sprints / Jumps	Jr.	6-0	North Richland Hills, Texas / Covenant Christian Academy
Jay Evans	Sprints	So.	6-1	Cusseta, Ga. / Chattahoochee County
Micah Evans	Pole Vault	So.	5-10	Naples, Fla. / Gulf Coast
Spencer Eves	High Jump	Sr.	6-1	Hillsdale, Mich. / Hillsdale
Colby Fahrney	Long Jump	Fr.	5-9	Portsmouth, R.I. / Portsmouth
Andre Faigal	Distance	Fr.	5-4	Hainesport, N.J. / Rancocas Valley Regional
Aidan Featherby	Jumps	So.	6-2	Corpus Christi, Texas / Flour Bluff
Tom Fodor	Distance	Jr.	5-11	Northport, N.Y. / Northport
Nico Gonzalez-Reed	Sprints	Jr.	5-9	Baltimore, Md. / Gilman
Tymique Goodman	Sprints	Fr.	5-9	Baltimore, Md. / Woodlawn
Greyson Gravitt Collin Greene	Distance Throws	So. Jr.	5-8 6-3	Flower Mound, Texas / Marcus
Jacques Guillaume	Middle Distance	So.	5-11	Elkridge, Md. / Howard HS Jacksonville, Fla. / Mandarin
Jack Haller	Pole Vault	Sr.	5-10	Cumming, Ga. / West Forsyth
Ryan Harris	Middle Distance	Jr.	5-10	Corpus Christi, Texas / Veterans Memorial
Hap Heroman	Throws	Fr.	6-7	Baton Rouge, La. / Catholic
Travis Hockin	Distance	Fr.	5-8	Denver, Colo. / Mullen
Sethan Hollier	Sprints	Sr.	5-11	Baton Rouge, La. / Catholic
Justice Hood	Multis	So.	6-1	Spotsylvania, Va. / Riverbend
Griffin House	Distance	Fr.	5-10	Bismarck, N.D. / Century
David Huizenga	Throws	Sr.	6-3	Long Valley, N.J. / West Morris Central
Joe Hurt	Jumps	So.	6-1	Carlsbad, Calif. / La Costa Canyon
Jonah Johnson	Sprints	Fr.	5-10	Plano, Texas / Lebanon Trail
Sam Keeny	Distance	Jr.	5-8	Annapolis, Md. / South River
Yakob Kelley	Distance	Fr.	5-8	Manlius, N.Y. / Fayetteville Manlius
Nathan Kent	Sprints Multip	Fr.	6-3	Rocklin, Calif. / Rocklin
Thomas Kephart Dwight Kinney	Multis Jumps	Fr. Jr.	6-1 5-11	Camarillo, Calif. / Oaks Christian Canton, Ga. / Cherokee
Alexander Kirkland	Distance	So.	6-1	Bel Air. Md. / John Carroll School
Colter Kirkland	Distance	Fr.	6-0	Hamilton, Mont. / Hamilton
Levi Knobloch	Hurdles	Jr.	6-2	Alpine, Calif. / Granite Hills
David Kowalchick	Throws	Jr.	5-11	Mt. Pleasant, S.C. / Wando
Paul Kowalchick	Throws	Jr.	6-2	Mt. Pleasant, S.C. / Wando
Sam Kwatkosky	Throws	Sr.	6-5	Ocala, Fla. / Trinity Catholic
Jack Lange	Distance	So.	5-10	Draper, Utah / Rowland Hall
Max Lapuh	Hurdles	Jr.	6-0	Cleveland, Ohio / Willoughby South
Gage Long	Distance	Fr.	5-11	Grand Island, Neb. / Grand Island Senior
Jack Mariano	Distance	Sr.	6-1	Quincy, Mass. / Xaverian Brothers
Sean Miller	Distance	So.	6-2	Ellicott City, Md. / Mount St. Joseph
Sam Moultrie	Distance	Jr.	6-0	Guntersville, Ala. / Guntersville
Cormac Mullin	Sprints	Fr.	5-10	Boise, Idaho / Bishop Kelly
Justin Mumford	Distance	Fr.	5-8	New Baden, Ill. / Wesclin Senior
Robbie Naberhaus	Distance	Fr.	5-0 5-10	Merritt Island, Fla. / Viera
Luke Nester	Distance	So.	5-10 6-1	Powell, Ohio / Columbus Academy
	Distance	30.		
	Distance	Fr	5-10	Columbus Ind / Columbus North
Matt Newell	Distance	Fr. Fr	5-10 5-9	Columbus, Ind. / Columbus North Huntsville Ala / Huntsville
	Distance Distance Distance	Fr. Fr. So.	5-10 5-9 5-7	Columbus, Ind. / Columbus North Huntsville, Ala. / Huntsville Louisville, Ky. / Trinity

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# TRACK AND FIELD ROSTER (MEN)

Name	Event	Year	Ht.	Hometown / High School
Jordan Payne	Jumps	Jr.	6-2	Wendell, N.C. / Panther Creek
Owen Pitchford	Distance	So.	5-10	Marathon, Fla. / Marathon
Peyton Pontif	Javelin	So.	6-2	Baton Rouge, La. / Episcopal
Braden Presser	Javelin	Jr.	6-4	Liberty, Mo. / Liberty North
Evan Prince	Distance	Fr.	6-1	Rabun Gap, Ga. / Tallulah Falls School
Mike Quispe	Middle Distance	Sr.	6-1	Cedar Point, N.C. / Croatan
Joe Reimann	Distance	Jr.	6-1	Cottage Grove, Minn. / East Ridge
Alex Rizzo	Distance	Sr.	6-0	Bronxville, N.Y. / Bronxville
Mitchell Rome	Distance	Sr.	5-11	Dallas, Pa. / Dallas
Jack Rooney	Distance	Jr.	5-8	Raleigh, N.C. / Broughton
Max Rubin	Throws	Fr.		Scottsdale, Ariz.
Walker Rudisaile	Pole Vault	Jr.	5-10	Marion, Texas / Marion
Benjemen Schneider	Jumps	So.	6-1	Savannah, Mo. / Savannah
Nicholas Shedd	Hurdles	Fr.	5-9	Ilion, N.Y. / Central Valley Academy
Daniel Sherrod	Sprints	Jr.	6-0	Bowie, Md. / Mount Saint Joseph
Jonathan Simmons	Middle Distance	So.	5-10	Oakland, Calif. / East Bay Innovation Academy
Carson Sloat	Distance	So.	6-0	Pasadena, Md. / Severna Park
Murphy Smith	Distance	So.	5-11	Charlotte, N.C. / Ardrey Kell
Conrad Swenson	Hurdles	Sr.	6-3	Lander, Wyo. / Lander Valley
Will Triplett	Distance	Fr.	6-0	Madison, Miss. / Madison Ridgeland Academy
Dane Vernor	Throws	Jr.	5-11	Ennis, Texas / Ennis
Brahmir Vick	Sprints	Jr.	5-9	Middletown, Del. / Middletown
Caleb Walker	Javelin	So.	6-3	Charleston, S.C. / Wando
Garrett Webb	Sprints	Fr.	5-9	Saginaw, Mich. / Valley Lutheran
Lucas Weber	Throws	So.	6-5	Dagsboro, Del. / Indian River
Tyler Weeks	Distance	Fr.		Springfield, Va.
Preston Wilson	Jumps	So.	6-0	St. Johns, Ariz. / St. Johns HS
Ryder Yriarte	Multis	So.	6-1	Covina, Calif. / Glendora
Tyler Yurich	Sprints	Fr.	6-0	Harmony, Pa. / Seneca Valley
Take Zoot	Distance	Fr.	5-9	Kawasaki, Kanagawa, Japan / The American School

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# TRACK AND FIELD ROSTER (WOMEN)

Name	Frant	Vaar	114	Hamataum / High Cabaal
Name	Event	Year	Ht.	Hometown / High School
Ellie Abraham	Distance	Jr.	5-5	Brookings, S.D. / Brookings
Charli Aldana-Proulx	Javelin	Jr.	5-6	Brookline, N.H. / Notre Dame Academy
Jia Anderson	Sprints / Hurdles	Fr.	5-9	Padua Academy / Wilmington, Del.
Rachel Anderson	Middle Distance	So.	5-7	Desoto, Texas / Desoto
Krislin Arjukese	Javelin Middle Distance	So.	6-0	Germantown, Md. / The Bullis School
Kylie Bedard	Middle Distance Distance	So. Sr.	5-4 5-7	Saco, Maine / Thornton Academy
Winter Boese Sami Bollinger	Jumps	So.	5-7 5-8	Clark, Colo. / Steamboat Springs Temecula, Calif. / Great Oak
Emily Boutin	Distance	Jr.	5-3	Chicopee, Mass. / Pope Francis Prep
Mckenna Brophy	Distance	Jr.	5-6	New Hope, Pa. / Central Bucks East
Dulce Carroll	High Jump	Fr.	6-2	Sheridan, Wyo. / Sheridan
Molly Chapman	Jumps	Sr.	5-8	Leesburg, Va. / Loudoun County
Anna Cherian	Distance	So.	5-3	Minnetonka, Minn. / Minnetonka
Shannon Clancy	Distance	Jr.	5-11	North Arlington, N.J. / Bergen County Technical
Sophie Compton	Distance	Fr.	5-2	San Diego, Calif. / Point Loma
Emily Ettrich	Distance	Sr.	5-6	Whispering Pines, N.C. / Pinecrest
Julia Galbraith	Distance	Sr.	5-4	Glen Allen, Va. / St. Catherine's School
Mayu Gayton	Jumps	Jr.	5-4	Jenkintown, Pa. / Abington Senior
Bri Gibson	Jumps	So.	5-7	San Diego, Calif. / High Tech
Farihah Hakim	Sprints / Jumps	Fr.	5-7	Charlotte, N.C. / Olympic
Caroline Harding	Distance	Jr.	5-5	Saint Paul, Minn. / Highland Park
Charlotte Hill	Distance	So.	5-6	Williston, Vt. / Northfield Mount Hermon
Charlene Huang	Distance	Fr.	5-1	Brentwood, Tenn. / Ravenwood
Caroline Hughes	Throws	Fr.	5-6	Ponte Vedra, Fla. / Ponte Vedra
Dara Hulstein	Javelin	Sr.	5-11	Cedar Falls, Iowa / Cedar Falls
Jordynn Hutchinson	Throws	So.	5-11	Spokane, Wash. / Mead
Stephanie Jacobs	Pole Vault	Sr.	5-5	Belleville, III. / Freeburg Community
Alanna Julius	Distance	Sr.	5-2	Minnetonka, Minn. / Minnetonka
Adorisa Kaeding	Distance	Fr.	5-5	Cologne, Minn. / Waconia
Mia-Claire Kezal	Distance	Fr.	5-8	Saco, Maine / Thornton Academy
Alexis Lambert	Sprints / Hurdles	Fr.	5-5	Haymarket, Va. / American Overseas School of Rome
Katherine Leddy	Distance	Fr.	5-3	Crofton, Md. / Arundel
Annie Lemelin	Sprints / Hurdles	So.	5-5	North Wales, Pa. / Mount Saint Joseph Academy
Olivia Love Hannah Lowenstein	Sprints	So. Jr.	5-6 5-6	Star, Idaho / Eagle Pompano Beach, Fla. / St. Thomas Aquinas
Jade Luinstra	Jumps Throws	Fr.	5-8	Bisbee, Ariz. / Bisbee
Olivia Lutkevich	Distance	So.	5-4	Kauai, Hawai'i / Island School
Abby Lutz	Distance	So.	5-9	Medford Lakes, N.J. / Paul VI
Kayla Malone	Throws	Sr.	5-7	Gahanna, Ohio / Bishop Hartley
Molly Mangan	Sprints	Sr.	5-6	Pittsburgh, Pa. / Mount Lebanon
Kayla McGuire	Distance	Jr.	5-9	Richmond Hill, Ga. / Richmond Hill
Mimi McHugh	Pole Vault	So.	5-4	Houston, Texas / St. Agnes Academy
Giulia Mesa	Jumps	Jr.	5-9	Arlington, Va. / Washington Liberty
Lauren Moore	Distance	Sr.	5-4	Danbury, Conn. / Danbury
Charlene Morke	Pole Vault	Sr.	5-7	Isanti, Minn. / Cambridge-Isanti
Renny Murphy	Javelin	So.	5-9	Berwick, Pa. / Berwick Area Senior
Kelly Murray	Distance	So.	5-6	Fort Washington, Pa. / Gwynedd Mercy Academy
Madeline Myers Autumn Nicholas	Distance Throws	So. Sr.	5-4 5-10	Klein, Texas / Klein Houston, Texas / Houston Christian
	Distance	So.	5-10	
Katelyn Pepin Sarah Perico	Multis	So.	5-6 5-6	Manchester, N.H. / Manchester Central Kansas City, Kan. / Bishop Miege
Caroline Rey	Sprints	Fr.	5-6	Washington, D.C. / Woodrow Wilson Senior
Isabella Romasko	Multis / Jumps	So.	5-9	Pinedale, Wyo. / Pinedale
Alycia Ruiz	Javelin	Jr.	5-8	Greenville, Pa. / Greenville
Elise Russell	Pole Vault	Jr.	5-4	Weston, Conn. / Weston
Alayna Schloeder	Pole Vault	Jr.	5-6	Rockford, Minn. / Rockford
Sabrina Sokol	Multis	Jr.	5-6	Ashburn, Va. / Broad Run
Phoebe Spackman	Distance	Jr.	5-11	Dallas, Texas / Highland Park
Elizabeth Sullivan	Distance	Sr.	5-5	Portsmouth, R.I. / Portsmouth
Sabrina Sutter	Sprints	Sr.	5-7	Shingletown, Calif. / Vail Ski & Snowboard Academy (Colo.)
Annie Taylor	Multis	Jr.	5-10	Nashville, Tenn. / Harpeth
Carolyn Thurlby	Distance	So.	5-5	Overland Park, Kan. / Blue Valley Northwest
Ava Ulatowski	Throws	Fr.	5-8	Sussex, Wis. / Arrowhead
Alex Wercinski	Distance	So.	5-5	Virginia, Minn. / Virginia
Helen West	Sprints Distance	Jr. Fr.	5-9 5-9	Pinehurst, N.C. / Pinecrest
Lily Williams Samantha Woodworth	Distance Distance	Fr. Fr.	5-9 5-4	Ridgewood, N.J. / Ridgewood Big Flats, N.Y. / Horseheads
Taylor Woodworth	Middle Distance	So.	5-4 5-5	Lacey, Wash. / River Ridge
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#### NAVY TRACK 2022-23 FIELD

# COACHING STAFF

# **JAMIE COOK**

DIRECTOR OF TRACK & FIELD / CROSS COUNTRY

Jamie Cook was named the Director of Track and Field at the United States Naval Academy in August of 2017. Cook joined the Midshipmen after an impressive career as an assistant coach at both Penn and Oregon, where he coached Olympians, National Champions, and All-Americans.

In his first five seasons at the helm of the Navy track and field team, Cook has won 14 Patriot League Coach of the Year honors (men's indoor - 2018, '20, '21; women's indoor - 2019, '20 '21; men's outdoor - 2018, '19, '21, '22; women's outdoor - 2018, '19, '21, '22) as well as being selected as the



USTFCCCA Mid-Atlantic Region Coach of the Year four times (men's outdoor - 2018, '19, '21; women's indoor - 2021).

Cook has directed the Midshipmen to 14 Patriot League Championships (men's indoor - 2018, '20, '21; women's indoor - 2019, '20, '21; men's outdoor - 2018, '19, '21, '22; women's outdoor - 2018, '19, '21, '22) while helping Navy claim 13 Stars (men's indoor - 2018, '20, '21; women's indoor - 2020, '21; men's outdoor - 2018, '19, '21, '22; women's outdoor – 2018, '19, '21, '22) in the Army-Navy Star Series, which is part of the overall Star Series presented by USAA.

In addition, Navy has claimed three IC4A Outdoor Championships (2018, '19, '21) and one ECAC Outdoor Championship (2021) under Cook's direction.

Navy captured both the men's and women's indoor Patriot League Conference Championships. It was the men's 12th win in program history and the eighth time in the last nine meets that the Midshipmen won the title. The women took home the sixth indoor title in program history and marked the third consecutive win for the Mids.

The Navy men finished with 264 total points, winning nine of 18 events, and broke a pair of school records (pole vault and heptathlon) during the two-day meet. The women's team finished with 202 points, claiming first in seven of 18 events, and broke five school records (60m hurdles, pentathlon, long jump, 4x800m relay, and distance medley relay) during the two-day meet.

The Midshipmen had 24 athletes earn First Team All-Patriot League honors and 16 earn Second Team All-Patriot League honors at the indoor championships. Baynes Autrey (Men's Track and Field) was named the Patriot League Indoor Field Athlete of the Meet after posing a meet record of 5,510 points in the heptathlon.

During the regular season, the Midshipmen men's team earned four Patriot League Track Athlete of the Week, three Field Athlete of the Week, and three Rookie of the Week, and the women earned four Track Athlete of the Week and three Field Athlete of the Week honors.

Navy had another dominant indoor season against Army in the annual Indoor Star Meet by sweeping for a pair of indoor stars (men – W, 101-80; women – W, 94-87) which is part of the overall Army-Navy Star Series presented by USAA.

During the indoor season, the men's track and field team posted 21 times/marks that ranked in Navy's all-time top-10, including finishing the indoor season with three school records. The women's team posted 35 times/marks that ranked in Navy's all-time top-10, including finishing the indoor season with six school records.

For his team's outstanding success, Cook was named the Patriot League Coach of the Year for both the men and women.

The Mids also stood out in the classroom under Cook's guidance. The men had a league-best four student-athletes selected to the Patriot League's 10-person indoor all-academic men's team. Senior Sean Casey was named the 2022 Patriot League Men's Indoor Track and Field Scholar-Athlete of the Year. The women had two studentathletes selected to the Patriot League's 11-person (one additional spot being awarded due to a tie in the voting) indoor all-academic women's team.

The momentum carried into the outdoor season, as Navy won the men's and women's Patriot League Outdoor Conference Championship. It is the fourth consecutive season that the Midshipmen have swept the Outdoor Championships. The men won their ninth title in program history and eighth in a row. The women's victory was their sixth outdoor championship and fourth consecutive.

The Navy men finished with a tournament record of 333 points to win by 94 points, winning 11 of the 22 events. The women's team ended with 281.50 points, claiming 10 in seven of 22 events for a 105.5-point win.

Cook and his athletes ended the outdoor season with a number of accolades. Cook was named the men's and women's Patriot League Outdoor Coach of the Year, bringing his total to 14 coach of the year awards. Miguel Mathias was named men's track athlete of the meet, while freshman Jacques Guillaume earned men's rookie of the meet and junior Caden Dailey was the men's highest point scorer. Katie Halbert was named women's field athlete of the meet, while also finishing as the women's highest

Navy had 25 athletes earn First Team All-Patriot League honors and 22 earn Second Team All-Patriot League honors. The Midshipmen sent 14 athletes to the 2022 NCAA East Preliminaries, and one athlete to the NCAA Outdoor Championship.

Navy earned another pair of stars in the Army-Navy Star Series presented by USAA after the men and women defeated Army in the annual Outdoor Star Meet. The mem posted a 107-93 for their 10th consecutive victory versus Army. The women earned their seventh straight win versus Army after a 117-86 victory.

The men's team ended the regular season with two Patriot League Track Athlete of the Week, four Field Athlete of the Week, and four Rookie of the Week honors during the outdoor season. The Navy women claimed three Patriot League Track Athlete of the Week and five Patriot League Field Athlete of the Week during the outdoor season.

In total, the men's team posted 22 times/marks that ranked in Navy's all-time top-10, including finishing the outdoor season with three school records, and the women's team posted 52 times/marks that ranked in Navy's all-time top-10, including finishing the outdoor season with seven school records.

The Midshipmen were also successful in the classroom during the spring. Navy had a league-best six student-athletes on the 11-member Patriot League all-academic men's squad (one additional spot being awarded due to a tie in the voting). Navy also had three student-athletes selected to the Patriot League's 10-person outdoor all-academic women's team.

Despite COVID difficulties throughout the year, Navy went undefeated in 2021.

The Midshipmen competed in three intercollegiate meets during the indoor season. Navy posted a sweep of Army for a pair of indoor Stars (men – W, 101-80; women – W, 98-83). Despite no team score, Navy won 8 of 13 events against William & Mary on the men's side, while sweeping all 13 events at the Patriot League Indoor Challenge. The women's team claimed 10 of 14 events versus William & Mary and won 14 of 15 events at the PL Indoor Challenge.

During the outdoor season, Navy swept Army for two outdoor Stars (men - W, 103-100; women - W, 111.5-88.5), while also sweeping the Patriot League Outdoor Championships and IC4A / ECAC Outdoor Championships.

At the PL Outdoor Championship, the men trailed by 19 points with two events remaining. The Midshipmen claimed first, third, and fourth in the high jump to earn 21 points and take a two-point advantage into the final race - the 4x400m relay - which Navy won to seal the victory. On the women's side, Navy won the PL Championship by nearly 80 points, notching the most points scored in Patriot League history (295) and smashing the previous high of 237 points set in 1994 by Army.

Cook was named the Patriot League Coach of the Year for both the men and women at the Patriot League Outdoor Championships. Clayton Thompson ('21) was the Track Athlete of the Meet and Top Point Scorer on the men's side, while Molly Mangan ('23) was the Track Athlete of the Meet on the women's side.

The Midshipmen swept the IC4A / ECAC Outdoor Championships for the first time in program history. For the men, it was the third consecutive win for the Mids in the meet, matching Navy's stretch of three straight titles in 1944, 1945, and 1946. For the women, it was the second ECAC Outdoor Championship in program history and the first since 1989 when the Mids claimed the Division II ECAC title.

Navy had 16 student-athletes - Cole Bailey ('22), Emma Foster ('21), Hayden Fox ('22), Jack Haller ('23), Eric Hughey ('21), David Huizenga ('23), Ann Jackson ('21), Thomas Johnstone ('21), Skyler Mason ('21), Sarah Morris ('21), Sam Orie ('21), Julian Perez ('21), Braden Presser ('24), Clayton Thompson ('21), Jadyn Tiracave ('22), Brahmir Vick ('24) - compete in 10 events at the 2021 NCAA East Preliminaries. The 16 Navy competitors are the most for the Midshipmen under Cook. The Mids had 13 competitors in 2019 and six in 2018.

The 2019-20 season saw Navy capture both the Patriot League Men's and Women's Indoor Championship titles. For the men, it was the 11th win in program history and the seventh time in the last eight years that the Midshipmen won the title. On the women's





# **COACHING STAFF**

individual award winner by John Finnegan ('20) who was tabbed the Track Athlete of the Meet. Sean Brennan ('19) was named the Field Athlete of the Meet, as well as the Top Point Scorer on the men's side during the outdoor meet, while Finnegan once again was tabbed the Track Athlete of the Meet.

For the second consecutive season, the Navy men's track and field team won the IC4A Outdoor Championship. The men's team posted a combined score of 109 points to win the 2019 title by 42. It was the first time that Navy has won back-to-back IC4A titles since the Midshipmen won three straight in 1944, 1945, and 1946. At the IC4A Championships, Navy tallied 16 All-East performances (top 8 finishers).

In addition, the 2018-19 men's team won an event at the prestigious Penn Relays for the first time in 73 years as the Midshipmen won the shuttle hurdle relay at Franklin Field in Philadelphia, Pa. The quartet of Kordell Williams ('19), Cameron Hurd ('20), Hunter Wargo ('20), and Clayton Thompson ('21) combined for a time of 56.96 to win the event by just over a half a second (0.53). In addition to winning the shuttle hurdle relay, the men's 4x400m relay team broke the school record, which was set 40 years ago. The team of Eric Hughey ('21), Simon Petsch ('21), Hurd, and John Finnegan ('20) clocked a time of 3:08.78 to best the previous record of 3:08.84, which was set in 1979.

The 2018-19 season saw 13 student-athletes – Sean Brennan ('19), John Finnegan ('20), Emma Foster ('21), Hayden Fox ('22), Eric Hughey ('21), Cameron Hurd ('20), Skyler Mason ('21), Kevin Murray ('20), Simon Petsch ('21), Stefano Pineda ('19), Clayton Thompson ('21), Jadyn Tiracave ('22), Cedric Williams ('20) – compete in 11 individual events and one relay at the 2019 NCAA East Preliminaries. Fox (javelin) and the 4x400m relay team of Hughey, Petsch, Hurd, and Finnegan advanced to the NCAA

**COOK AT A GLANCE Coaching Timeline** 2017-present Navy, Director of Track & Field 2010-17 Oregon, Assistant Coach 2001-10 Penn, Assistant Coach **Coaching Honors USTFCCCA Mid-Atlantic Region** Coach of the Year 2021 Indoor (W) Outdoor (M) 2018, '19, '21 Patriot League Coach of the Year 14 2018, '20, '22 Indoor (M) Indoor (W) 2019, '20, '22 2018, '19, '21, '22 Outdoor (M) Outdoor (W) 2018, '19, '21, '22 Patriot League Championships 14 2018, '20, '22 Indoor (M) Indoor (W) 2019. '20. '22 Outdoor (M) 2018, '19, '21, '22 Outdoor (W) 2018, '19, '21, '22 **Dual Meet Record** 7-2 (.778) Indoor (M) 4-4 (.500) Indoor (W) 4-0 (1.000) Outdoor (M) Outdoor (W) 4-0 (1.000) Overall 19-6 (.760) Army-Navy Record 4-1 (.800) Indoor (M) Indoor (W) 3-2 (.500) 4-0 (1.000) Outdoor (M) Outdoor (W) 4-0 (1.000) Overall 15-3 (.833) 15 **N-Stars** Indoor (M) 2018, '20, '21, '22 Indoor (W) 2020, '21, '22 2018, '19, '21, '22 Outdoor (M) Outdoor (W) 2018, '19, '21, '22 Championship. For their efforts finishing in the top 24, Finnegan, Fox, Hughey, Hurd, and Petsch each earned honorable mention All-America honors.

Off the track, Stefano Pineda ('19) was named to the 2018-19 Google Cloud Academic All-America Men's Track & Field/Cross Country First Team, selected by College Sports Information Directors of America (CoSIDA). With his selection, Pineda became the first Midshipmen in track and field history to earn first-team recognition in multiple seasons. In addition, Benjamin Stewart ('19) was awarded the men's Coaches' Calvert Award, which recognizes a graduating varsity letterwinner who displayed leadership, consistent effort, loyalty, and dedication to the sport and who has taken their abilities beyond the expectations of the coach, peers and themselves.

In his first season at the helm of the Midshipmen, Cook took steps to combine the Navy men's and women's track and field programs into one unit, and the 2017-18 track and field team recorded a memorable season. The Midshipmen men's team won the Patriot League Indoor Championship for the sixth consecutive year with Cook being named Patriot League Coach of the Year. In addition, Cook and the men's track and field team picked up a Star during the indoor season by beating Army, 97-84, in Annapolis. During the outdoor season, both the men's and the women's track and field teams claimed Patriot League Outdoor Championships with Cook being recognized as Patriot League Coach of the Year. The track and field team picked up two more Stars by winning both the men's and women's outdoor competitions against Army. In addition, the men's track and field team won the IC4A Outdoor Championships for the first time since 1973. The men's and women's track and field teams posted numerous times and marks in Navy's all-time top-10, including breaking 10 school records. The Midshipmen sent seven student-athletes to the NCAA East Regionals with javelin thrower Sean Richards advancing to Nationals and earning honorable mention All-American with a 22nd place finish.

Cook came to Annapolis as a 17-year veteran of coaching, serving as an assistant coach for seven years at the University of Oregon and 10 years prior at the University of Pennsylvania. During his coaching tenure, he has worked directly with sprinters, jumpers, hurdlers, pole vaulters, multi-eventers and relays. While at Oregon, he oversaw the combined events as well as high jump, pole vault and men's hurdles. In addition, Cook served as the recruiting coordinator which saw the Ducks continually being recognized as the No. 1 recruiting class in the country.

In conjunction with his coaching duties, he has developed training programs with an emphasis on speed development that has been used by Olympians, as well as players from the NFL, Major League Baseball and English Premier Soccer League. Cook is also a certified strength and conditioning specialist through the National Strength and Conditioning Association.

Cook has directly worked with several athletes in the Olympic Trials and Olympic Games, including a pair of finalists in the 2016 Rio Olympics – Devon Allen (United States) and Johnathan Cabral (Canada), who finished fifth and sixth in the 110-meter high hurdles, respectively. Allen was a three-time NCAA Champion in the hurdles and posted the second fastest time in NCAA history, winning the 2016 Olympic Trials in the 110m hurdles with of time of 13.03. Cabral was the 2016 and 2017 Canadian 110m hurdles champion. Cook coached Allen and Cabral at the 2017 International Association of Athletics Federation (IAAF) World Championships in London on August 6-7.

Cook still actively works with world-class athletes, including coaching Devon Allen to the third fastest hurdle time in world history (12.84) in 2022, just four-hundredths of a second behind the world record time set in 2012.

In his seven years at Oregon, Cook guided athletes to 27 All-America honors, 18 individual conference titles, and six individual NCAA Championships. He assisted on all 15 of the Duck's men's and women's NCAA titles in the men's and women's track and field program. His athletes also played a substantial role on the conference level, where the Ducks were undefeated – sweeping seven men's and women's Pac 12 titles during his tenure.

Cook developed six-time All-American Dakotah Keys into one of Oregon's all-time greatest decathletes. The three-time Pac-12 decathlon champion finished fourth in the heptathlon at the 2014 NCAA Indoor Championships and third in the decathlon at the 2014 and 2015 Outdoor Championships. Keys, a four-time NCAA outdoor qualifier, was joined by Mitch Modin and Joe Delgado at the 2015 championships, where Oregon was awarded the Webb Cup for the nation's top decathlon program.

Cook also worked with Brianne Theisen, who swept the NCAA indoor pentathlon

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# **COACHING STAFF**

and outdoor heptathlon titles in 2011 and 2012. In 2012, she set the collegiate and Canadian record in the pentathlon (4,555 points) and set the NCAA meet record with 6,440 points in the heptathlon, the second-best score in collegiate history, before going on to the London Olympics to represent Team Canada.

Prior to Oregon, Cook was the top men's assistant coach at the University of Pennsylvania from 2001-10. During his tenure with the Quakers, Cook coached 64 lvy League champions, oversaw seven school records, and helped Penn capture a pair of team titles (2001, 2002). The Quakers placed 11th at the 2003 NCAA Championships. He was also the combined events coordinator for the prestigious Penn Relays for 10 years.

Off the track, Cook played a key role in Penn's track and field alumni relations, which helped lead to the establishment of a \$1,000,000 endowment in 2003 and saw an annual fundraising total of \$250,000 in 2010.

Prior to joining the Quakers' staff, Cook was a three-time All-American in the decathlon for Penn State from 1995-98, where he was also a Big Ten, IC4A, and Penn Relays champion in the multi-events during his collegiate career.

Additionally, Cook was honored as a three-time Academic All-American while competing for the Nittany Lions. He was a 2004 U.S. Olympic Trials competitor in the decathlon and competed in six USA Track & Field combined events (decathlon / indoor heptathlon) from 2002-05. He also represented the United States versus Germany in the Decathlon Duel of 2003. His personal best in the decathlon of 7,853 points came during his 2004 Olympic Trials year.

Cook graduated from Penn State with a degree in kinesiology in 1999 and then in 2006, completed his work in the executive education program at Penn's Wharton School of Business with a concentration in finance/accounting.

Cook and his wife, Kristin, are the parents of two children, son, Calvin, and daughter, Sara.

# CHRIS CAMPBELL

ASSOCIATE HEAD COACH

Chris Campbell has been a member of the Navy men's track and field coaching staff since 2008, working primarily with the throwers. In 2017, the 1989 Academy graduate was promoted to associate head coach.

During his tenure, Campbell has assisted in directing the men's track and field team to 19 Patriot League Championships (indoor – 2008, '11, '13, '14, '15, '16, '17, '18, '20, '21; outdoor – 2008, '14, '15, '16, '17, '18, '19, '21, '22), while helping the women claim six titles (indoor – 2019, '20, '21; outdoor – 2019, '21, '22). Since Campbell joined the



coaching staff, the Midshipmen men have swept the indoor and outdoor league crowns seven times (2008, '14, '15, '16, '17, '18, '21), while the women have swept in program history (2019, '21).

In addition, Campbell has helped the Midshipmen to a 27-9 (.75) overall record in the Army-Navy Star Series, which is part of the overall Star Series presented by USAA. Navy captured both the men's and women's indoor Patriot League Conference Championships. It was the men's 12th win in program history and the eighth time in the last nine meets that the Midshipmen won the title. The women took home the sixth indoor title in program history and marked the third consecutive win for the Mids.

Navy had another dominant indoor season against Army in the annual Indoor Star Meet by sweeping for a pair of indoor stars (men – W, 101-80; women – W, 94-87) which is part of the overall Army-Navy Star Series presented by USAA.

Campbell worked with First team All-Patriot League indoor recipient Joshua Boamah (weight throw). Boamah ended with a distance of 20.18m (66' 2.5") at the Patriot League Indoor Championships, the fourth longest weight throw distance in program history. Boamah set a new personal record and the third longest distance in the weight throw in Navy history of 20.20m (66' 3.25") at the 2022 Darius Dixon Memorial Invitational.

Navy also won the men's and women's Patriot League Outdoor Conference Championship. It is the fourth consecutive season that the Midshipmen have swept the Outdoor Championships. The men won their ninth title in program history and eighth in a row. The women's victory was their sixth outdoor championship and fourth consecutive.

Navy earned another pair of stars in the Army-Navy Star Series presented by USAA after the men and women defeated Army in the annual Outdoor Star Meet. The men posted a 107-93 for their 10th consecutive victory versus Army. The women earned their seventh straight win versus Army after a 117-86 victory.

Campbell coached four athletes who earned All-Patriot League honors. Braden Presser (javelin) earned First Team All-Patriot League honors and Boamah (shot put, discus) earned second team honors for the men. Jadyn Tiracave (javelin) received First Team All-Patriot League honors and Renny Murphy (javelin) received second team honors for the women.

Campbell sent Boamah (hammer throw), Presser (javelin), and Hayden Fox (javelin) to Bloomington, Ind., for the 2022 NCAA East Preliminaries. Presser took sixth in the javelin, which qualified him for the NCAA Outdoor Championship in Eugene, Ore. Presser finished with a distance of 72.17m (236' 9"), which stands as the third best distance in Navy history since 1986.

Presser ended the outdoor season with three of the best javelin throws in Navy history, including the second farthest distance at 73.55m (241' 4") since 1986. He was also a two-time Patriot League Outdoor Field Athlete of the Week recipient during the 2022 outdoor season (March 22; April 5).

Despite COVID difficulties throughout the year, Navy went undefeated in 2021.

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The Midshipmen swept the IC4A / ECAC Outdoor Championships for the first time in program history. For the men, it was the third consecutive win for the Mids in the meet, matching Navy's stretch of three straight titles in 1944, 1945, and 1946. For the women, it was the second ECAC Outdoor Championship in program history and the first since 1989 when the Mids claimed the Division II ECAC title.

Campbell worked directly with eight of Navy's 16 student-athletes who competed at the 2021 NCAA East Preliminaries – Emma Foster ('21), Hayden Fox ('22), David Huizenga ('23), Skyler Mason ('21), Sarah Morris ('21), Sam Orie ('21), Braden Presser ('24), and Jadyn Tiracave ('22).

In addition, Foster qualified for the 2021 U.S. Olympic Team Trials – Track and Field at Hayward Field in Eugene, Ore.

Campbell's athletes finished the 2021 campaign with five school records. Orie finished her senior campaign with the Navy record in the shot put (indoor and outdoor), weight throw, and hammer throw, while Foster set the school mark in the javelin. On the men's side, Presser became the first javelin thrower to top 70m since 2016.

The 2019-20 season saw Navy capture both the Patriot League Men's and Women's Indoor Championship titles. For the men, it was the 11th win in program history and the seventh time in the last eight years that the Midshipmen won the title. On the women's side, it was the fifth indoor title in program history and marked the second consecutive win for the Mids.

As a team, Navy scored more points on the men's side (245 pts) in the conference meet than any other Division I school in the country, and as a collective team, the Mids scored more points combined between the men's and women's side (449.5 pts) in the conference meet than any other Division I school in the country. The Navy men won 11 of 18 events, including eight individual events and three relays. The women's team was able to finish with 204.5 points, claiming first or second in 10 of 18 events.



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Aside from winning the 2020 Patriot League Indoor Championship, the Midshipmen also claimed a pair of indoor Stars by winning the annual Army-Navy Indoor Star Meet. The men's team won 13 of 17 events to post a 109-71 victory over Army West Point. The Midshipmen recorded maximum points in eight events to cruise to the victory in America's Meet. The women's team posted a 93-80 victory over the Black Knights. The indoor victory was the first for the Midshipmen since 2014. Navy women won eight of the 17 events on the day. In addition, the Mids posted five school records – 60m dash, 200m dash, 4x400m relay, triple jump, and weight throw – en route to the victory.

During the season, the Navy men broke a pair of school records on the season, setting new benchmarks in the 1-mile run and the 60m hurdles, while the Mids' women broke the school record in eight events – 60m, 200m, 400m, pole vault, triple jump, weight throw, pentathlon, and 4x400m relay. Campbell worked directly with Ariana McKenzie ('21) who set the new school record in the weight throw (19.04m / 62-05.75).

In the classroom, Navy had five student-athletes named to the 2020 Patriot League Indoor All-Academic Team. The men's team posted a league-best three student-athletes, Ashwin Briggs ('22), Jake Brophy ('20), and Sean Casey ('22), while Kara Kakascik ('20) and Sam Orie ('21) were selected to the women's team.

Navy competed in one meet during the 2020 outdoor season before competition was halted due to the COVID-19 pandemic. The Mids swept the San Diego Collegiate Championship at Triton Stadium on the campus of UC San Diego.

The 2018-19 season marked the first time that the men's and women's track and field programs were combined. Campbell helped direct the women's track and field team to the Patriot League Indoor Championship for the first time since 2011. The outdoor season saw the women's team win its second consecutive title.

Thrower Sean Brennan ('19) was named the Field Athlete of the Meet, as well as the Top Point Scorer on the men's side during the outdoor meet. Brennan won the shot put, hammer throw, and the discus to earn Navy 30 points by himself.

For the second consecutive season, the Navy men's track and field team won the IC4A Outdoor Championship. The men's team posted a combined score of 109 points to win the 2019 title by 42. It was the first time that Navy has won back-to-back IC4A titles since the Midshipmen won three straight in 1944, 1945, and 1946. At the IC4A Championships, Navy tallied 16 All-East performances (top 8 finishers).

The 2018-19 season saw throwers Sean Brennan ('19), Emma Foster ('21), Hayden Fox ('22), Skyler Mason ('21), and Jadyn Tiracave ('22) compete at the 2019 NCAA East Preliminaries. Fox (javelin) advanced to the NCAA Championship, and for his efforts finishing in the top 24, he earned honorable mention All-America honors.

During the 2017-18 season, Sean Richards ('18) advanced to the NCAA Championships in Eugene, Ore. in the javelin. The outdoor captain received Honorable Mention All-American honors after finishing in the top 24 (22nd). He finished 11th at the NCAA East Preliminaries to advance to the national competition.

During the 2015-16 season, Campbell coached Jay Stell ('16) to his second First Team USTFCCCA All-America honor as Stell placed sixth in the javelin at the 2016 NCAA Outdoor Championship. Stell improved at each big event as he set the program record at the NCAA East Regionals with a third-place throw of 234-1. He then went on to cap off his career with a sixth-place program record-breaking throw of 242-2 at the NCAA Championship.

Campbell watched Navy throwers dominate during the 2013-14 season. Campbell guided Stell to a First Team USTFCCCA All-America laurel by finishing third in the javelin at the NCAA Outdoor Championship. Stell also placed fourth at the NCAA's East Regional Championship, won the Patriot League title, and set a new school record in the event. Stell became Campbell's second All-American and first since Zack Duncavage ('14) in 2013 at Navy.

Campbell led the Navy throwers to a banner year in 2011-12. Campbell helped Duncavage earn All-America Second-Team honors by placing 16th in the discus at the NCAA Outdoor Championship. Duncavage also placed seventh in the discus at the NCAA's East Regional Championship, won the Patriot League title, and set a new school record in the event. Duncavage became Campbell's first All-American while at Navy.

Also, in 2011-12, Miles Snelgrove won the javelin at the Patriot League Outdoor Championship, placed fifth at the IC4A Championship to earn All-East honors, and claimed 18th place at the NCAA's East Regional Championship. Chris Ricks also earned IC4A All-East honors in the hammer throw and Chris Boniwell won the Patriot League shot put title.

Campbell's throwers won the indoor league weight throw and the outdoor shot put during the 2010-11 season and Duncavage qualified for the NCAA East Regional in the discus

In both 2008 and 2009, Navy throwers earned Field-Athlete-of-the-Meet honors at the Patriot League Outdoor Championship, with team captain and Academic All-American Mark Van Orden ('09) sweeping the conference's hammer and weight throw titles to earn the distinction in 2009. Van Orden won two league titles as a senior and was named to the ESPN The Magazine/CoSIDA Academic All-American First Team.

Campbell, himself, was a four-year letter winner on the Midshipmen track and field team. A javelin thrower and former school record holder, he was elected team captain his senior year. Upon graduation, Campbell was assigned to the San Diego-based naval warship, USS COPELAND, which completed CARAT operations during Desert Storm and counter-narcotic operations off the coast of Central America in 1993.

Campbell completed his military obligation as an Operations Officer at Naval Station Annapolis and achieved the rank of Lieutenant before resigning from the Navy in 1995. While completing his military obligation, he served as a volunteer coach at Navy while completing an M.S. in Education at Johns Hopkins University.

Campbell's second coaching stop came at Ball State University, where he served as field events coach for the Cardinals program from 1996-99. During his tenure, Campbell directed student-athletes to NCAA qualifying marks in the hammer throw and high jump, four school records, and a Mid-American Conference hammer throw championship. In addition, he helped lead the 1998 Ball State women's squad to both the Indoor and Outdoor MAC team titles.

Following his three-year stint at Ball State, Campbell spent six seasons at Fresno State, including two as the associate head coach. There he mentored All-Americans in the decathlon, javelin, and shot put, while helping the women's team to the 2005 California-Nevada Coaches Association Team Championship, and the Bulldog men to the same title in 2000. The women's squad also captured the WAC title in 2002, its first conference championship in 10 years.

Campbell also held the role of recruiting coordinator while at Fresno State, inking several blue-chip athletes, including the nation's top-ranked high school javelin thrower in 2003. Additionally, he served as Vice President of the California-Nevada Coaches Association and as Men's and Women's Development Chairperson for the Central Valley Chapter of USA Track and Field. While there, he also completed a Master of Arts in Kinesiology in 2003.

Prior to Navy, Campbell served as an assistant for the combined men's and women's programs at Michigan State. Working primarily with the throwers and multi-event athletes, he tutored nine Spartans to 16 scoring positions at the Big Ten Championships, four NCAA regional qualifying marks, a pair of NCAA provisional marks in the women's pentathlon and heptathlon, and four school records. In addition to his coaching duties, Campbell served as assistant meet director for the 2006 Big Ten Outdoor Track and Field Championships and directed the 30-team Spartan Invitational.

Campbell has mentored a total of four NCAA All-Americans (2 discus, 2 javelin), one junior national All-American, one junior Pan-American Championship competitor, 27 NCAA Championship qualifiers (shot, discus, hammer, javelin), three Intercollegiate Association for Amateur Athletes of America (IC4A) champions, 31 All-East IC4A performers, 32 Patriot League champions, and two Patriot League Field Athletes of the Meet (Outdoor).

In addition, Campbell has mentored two NCAA Post-Graduate Scholarship winners and two Patriot League Scholar-Athletes of the Year.

Campbell has also completed USATF Coaching Education Schools through Level III and has been an NSCA Certified Strength and Conditioning Specialist since 1996. He served as president of the IC4A in 2013 and was a member of the USTFCCCA Ethics Committee from 2008-10.

Campbell and his wife, Julie, and son, Mark, reside in Annapolis.





# **COACHING STAFF**

# **SHELDON HUTCHINSON**

ASSISTANT COACH

Sheldon Hutchinson joined the Navy track and field program as an assistant coach in September 2021. Hutchinson works with Navy's long jumpers and triple jumpers while also assisting the staff with recruiting and other duties as assigned.

The indoor men's season was highlighted by freshman Aidan Featherby (long jump) and sophomore Jordan Payne (triple jump) earning First Team All-Patriot League honors, and Nahshon Houston (long jump) earning Second Team All-Patriot League honors, helping the men's team capture their



12th Patriot League Indoor Conference Championship in program history.

Sebasteon Allen claimed a Patriot League Rookie of the Week accolade (Jan 18.) for a victory in the triple jump versus Princeton.

Featherby was also a standout amongst the Midshipmen jumpers during the outdoor season, earning First Team All-Patriot League honors in the triple jump. His success, along with Houston's Second Team All-Patriot League honor in the long jump helped the men's team secure their eighth straight Patriot League Outdoor Conference Championship and ninth total in program history.

Caden Daily took home the Patriot League Outdoor Athlete of the Week award (April 12) for a victory in the long jump at the Larry Ellis Invitational. Joe Hurt claimed the Patriot League Rookie of the Week award (April 5) for a victory in the triple jump versus Army. He was also one of 10 Midshipmen at the 2022 NCAA East Preliminaries in Bloomington, Ind.

Breanna Mealer (long jump) was the top jumper for the women's team during the indoor season, earning First Team All-Patriot League honors to help the women's team capture their sixth Patriot League Indoor Conference Championship. Mealer also posted a school-record performance of 6.03m (19' 9.5") in the long jump.

Molly Chapman earned a Patriot League Field Athlete of the Week award for her victories in the high jump and triple jump versus Army. Chapman put herself on the awards list again in the outdoor season, earning First Team All-Patriot League recognition in the triple jump to give the women their fourth consecutive conference championship and sixth in program history.

Freshman Sami Bollinger notched a school-record outdoor performance in the triple jump with a distance of 12.29m (40' 4").

Prior to joining the Navy staff, Hutchinson worked at Nebraska as a volunteer assistant coach for three seasons (2018-21). He arrived in Lincoln from Maricopa, Ariz. where he served as a head coach for track and field at the middle school / high school level (2008-18).

While at Nebraska, Hutchinson worked directly with several student-athletes that claimed All-Big Ten accolades, including Lishanna Ilves, Angie Mercurio, Shylia Rylie, and leva Turke on the women's side and Papay Glaywulu and Elijah Lucy on the men's team. Ilves and Mercurio also excelled at the national level as the duo each earned Second Team All-America distinction in the long jump and triple jump, respectively. During his tenure, the Husker men's track and field team was crowned Big Ten indoor champions for the 2019 season.

Before joining the Nebraska coaching staff, Hutchinson was a teacher and head coach at the prep level for 10 years.

Hutchinson started his coaching career at Desert Wind Middle School in Maricopa, Ariz., serving as head track and field coach from 2008 to 2014. He built the track and field program within the first year of the school's opening, teaching students the importance of technique and injury prevention in track and field. Hutchinson was made the science department head at Desert Wind in 2009.

He moved to Maricopa High School in 2014, remaining as the head coach until 2018. While at Maricopa, he oversaw over 120 student-athletes, guiding the track and field program through endurance, speed-endurance, speed, and agility workouts. In addition, Hutchinson taught chemistry and physics, using Arizona State Teaching Standards in creative and motivating methods.

Collegiately, Hutchinson competed on the Nebraska track and field team from 1998-03. He was a three-time All-American, earning the honor in 1999, 2000, and 2001 in the triple jump. Twenty years after setting the school records, he sat in third on the Nebraska top 10 list in the triple jump during the indoor season for his leap of 16.39m (53-09.25) in 2000, while also ranking third in the Husker top 10 list in the triple jump for the outdoor season with his jump of 16.22m (53-02.75) in 1999. His record leap of 16.39m (53-09.25) in the triple jump at the Big XII Outdoor Championships in 2000 stood until 2010

A native of Gaithersburg, Md., Hutchinson graduated from Nebraska in 2003 with a bachelor's degree in educational sciences, kinesiology, and exercise science. He earned a master's degree in education, teacher education, and professional development from the University of Phoenix in 2010.

## **CHRIS JOHNSON**

ASSISTANT COACH

Chris Johnson joined the Navy track and field program as an assistant coach in August 2021. Johnson works with Navy's high-jumpers and multi-event athletes while also assisting the staff with recruiting and other duties as assigned.

Johnson brought immediate success to Navy's squad in his first indoor season. For the men's team, Baynes Autrey (heptathlon) and Cole Bailey (high jump) earned First Team All-Patriot League honors, and Jacob Jancek (heptathlon) earned Second Team All-Patriot League honors to help the men's team capture their 12th Patriot League Indoor Conference Championship in program history.



Autrey posted a program record of 5,510 points at the championships and was named the Patriot League Indoor Field Athlete of the Meet.

Autrey continued his success during the outdoor season, earning First Team All-Patriot League honors in the decathlon. Along with Autrey, Bailey earned Second Team All-Patriot League honors in the high jump to help secure the men's eighth straight Patriot League Outdoor Conference Championship and ninth total in program history. Bailey went on to be one of the 10 men's track and field student-athletes representing the Naval Academy at the 2022 NCAA East Preliminaries in Bloomington, Ind.

For the women's team, Taylor Buchanan (high jump) and Erin Higgins (pentathlon) earned First Team All-Patriot League honors, and Katie Halbert (pentathlon) earned Second Team All-Patriot League honors to help the women's team capture their sixth Patriot League Indoor Conference Championship.

Halbert was named the Patriot League Indoor Track Athlete of the Week (Feb. 8), and Patriot League Indoor Field Athlete of the Week (Jan. 25). High jumper Molly Chapman also earned a Patriot League Indoor Field Athlete of the Week award (Feb 8.).

During the indoor season, Chapman and Taylor Buchanan tied for the school record in the high jump, posting a height of 1.73m (5' 8"). In the pentathlon, Erin Higgins registered a record 3,834 points at the Indoor Championships. Halbert set a new school record in the 60m hurdles with a time of 8.51 seconds.

Halbert only improved in the outdoor season, earning Patriot League Outdoor Women's Field Athlete of the Meet and Patriot League Outdoor Women's Highest Point Scorer. She earned First Team All-Patriot League honors in the 100m hurdles, 4x100m relays and long jump. She also took home Second Team All-Patriot League honors in the heptathlon. Navy also earned first team honors from Chapman (triple jump), Higgins (heptathlon) and Hannah Lowenstein (high jump). Buchanan (high jump) earned second team honors for the Midshipmen. The combined success of these athletes gave the women their fourth consecutive conference championship and sixth in program history. Buchanan and Lowenstein both represented the Naval Academy at the 2022 NCAA East Preliminaries in the high jump.

Of the eight women's Patriot League weekly awards won by Navy athletes during the 2022 outdoor season, six were won by athletes coached by Johnson. Lowenstein won the Patriot League Field Athlete of the Week award three times (April 5, April 19, May 3). Higgins (April 26) and Buchanan (May 3) also claimed the weekly honor. Halbert earned the Patriot League Female Track Athlete of the Week on April 5.

Halbert also posted the school record in the outdoor 100m hurdles, clocking a time



#### NAVY TRACK 2022-23 & FIELD

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of 13.48. She was also part of the 4x100 relay team that set a school record with a time of 45.95 seconds. In the heptathlon, Higgins registered a record 5,395 points and was a member of the 4x400m relay team that tallied a school-record time of 3:44.42.

Lowenstein set the school record in the high jump, posting a height of 1.77m (5-

Prior to joining the Navy staff, Johnson worked at Tulane as an assistant coach for three seasons (2018-21). He arrived in New Orleans from Valley City State University in North Dakota where he served as the head coach of cross country and track and field (2015-18).

During his time at Tulane, Johnson worked directly with eight student-athletes who scored points at the AAC Indoor and Outdoor Championships in nine total events. including Migle Muraskaite who won the women's heptathlon. He also worked directly with Hannah Patrick, who qualified for the 2021 NCAA East Regional in the javelin. Johnson's athletes broke the Tulane school record in the women's indoor pentathlon (two times) and women's outdoor heptathlon (two times).

Following the 2020-21 season, Johnson was named the Tulane University Athletics Green Globe Assistant Coach of the Year. During the 2019-20 campaign, he coached Maren Butler to the third-best overall mark and the second-best by a freshman in program history in the indoor women's shot put.

In his first year at Tulane in 2018-19, Johnson saw huge improvements with multiple athletes he coached. Tom Watson (javelin), Olivia Hicks (high jump), and Jorien Vallien (high jump) all scored at the American Athletic Conference Championship for the first time in their careers. Watson had a personal best javelin throw during the season and just missed out on the podium at the conference championship meet.

During his time with Valley City State, Johnson helped the Vikings' program grow and boasted 86 All-Conference members, 18 conference champions, two Field Athletes of the Meet, and 37 total Athlete of the Week awards. One of his athletes also earned NAIA National Field Athlete of the Week honors, and 21 of his athletes reached the NAIA National Championship.

At Valley City State, four of Johnson's athletes were named All-Americans and two won national championships. He also contributed to team and individual success in the classroom with his teams winning 13 total Scholar Team Awards and his Vikings being named Daktronics-NAIA Scholar-Athletes 15 times.

In his term with the Vikings, 31 different school records and eight different conference records were broken by VCSU student-athletes.

Before his tenure with Valley City State, Johnson was an assistant coach with Dickinson College in Carlisle, Pennsylvania, in 2013-14 and 2015. In his time assisting the Red Devils, 26 of his student-athletes earned All-Conference honors, and six won conference championships. He coached the Centennial Conference Rookie of the Year one season and seven Athlete of the Week award winners. He also coached one athlete to an All-American honor and had his student-athletes break seven school records.

Johnson also served as a graduate assistant coach at the University of Mary in Bismarck, North Dakota, from 2011-13.

As a two-sport student-athlete at Dickinson College, Johnson played baseball and was a member of the track and field team. He was a track and field team captain as a senior and a three-time Centennial Conference champion as a javelin thrower and jumper. He competed post-collegiately in the javelin and was sponsored by Adidas Garden State Track and Field Elite. He holds a personal best in the javelin of 65.28m (214-2). Johnson was inducted into the Dickinson College Athletics Hall of Fame as a member of the 2010 track and field team in 2021.

A native of Yardley, Pennsylvania, Johnson earned his bachelor's degree in history from Dickinson College in 2011 and his Master of Education in college teaching from the University of Mary in 2013.

# AARON LANZEL

ASSISTANT COACH

A 2003 USNA graduate and decorated Midshipmen student-athlete, Aaron Lanzel was announced as the head coach in August of 2018. He is no stranger to the program as he competed for the Midshipmen cross country and track and field teams during his time as an undergrad (1999-2003) before joining the United States Navy in the aviation community.

In his first season at the helm of the Midshipmen in 2018, Lanzel led an extremely young squad that had just

one regularly-scoring senior runner and two more juniors



who pointed in every varsity race. Highlights from the 2018 season included, Kevin Murray winning the Patriot League Championship and Jake Brophy earning the Navy Invitational crown earlier in the campaign. As a team, Navy placed fourth at the Patriot League Championship and eighth at the NCAA Mid-Atlantic Regional Championship.

The program took the next step in 2019 as Lanzel guided the team to the Navy Invitational title, Army-Navy Star Meet win and a second-place result at the Patriot League Championship. Navy finished within three points of claiming the league title, 37-40. Individually, senior Jake Brophy was dominant every time he started for Lanzel and the Mids as he placed first or second in four regular season races before winning the Patriot League Championship and coming in second at the NCAA Mid-Atlantic Regional Championship. Brophy qualified to race at the 2019 NCAA Championship in Terre Haute, Indiana. As the distance coach for the track & field program, Lanzel helped Brophy become the first Midshipmen to break the 4:00-mile mark in January of 2020. In recognition of his work with the distance runners he was honored as the 2020 USTFCCCA Mid-Atlantic Region Men's Assistant Coach of the Year.

Lanzel's third season as head coach was severely impacted by the COVID-19 pandemic as the Mids' competitive slate was condensed to just two head-to-head meets, one against Pitt and the second against Army. In Navy's 2020 season opener, the Mids turned in a strong effort to defeat the Pitt Panthers by a score of 23-37. Led by Julian Perez' first place result, Navy runners captured six of the top-eight finishes. In the 2020 Star Meet, Navy were victorious once again over Army on the strength of Julian Perez' victory and a sweep of the fourth, fifth, sixth and seventh positions to earn a 23-34 win.

Lanzel was an accomplished student-athlete for the Midshipmen beginning with his freshman season of action in the Fall of 1999 with the cross country team. A distance specialist, he'd ply his craft with both the cross country and track and field programs in Annapolis all four years. The captain of the 2002 cross country team and 2003 outdoor track and field team, Lanzel competed 11 times versus Army in Star Meets and came away with a 9-2 record. His name still appears in the Navy track and field record books as a member of the fastest indoor distance medley relay team in history (9:39.17 -3/3/2002), as well as holding a top-10 time in the outdoor 1,500 meters (3:44.25 -4/11/2003). He concluded his intercollegiate career at Navy by collecting the Class of 2003 Naval Academy Athletic Association Sword. The sword is given to the individual who contributed the most to athletics during their four years at the Naval Academy.

After graduation, Lanzel was commissioned as a pilot in the U.S. Navy. Serving from 2004 through 2010, he completed flight training and was a pilot and Mission Commander of the P-3C Orion aircraft. He was deployed to both the Pacific and Middle East with the majority of his time spent in Iraq, where he completed 99 combat missions.

In addition to his service with the United States Navy, Lanzel, a sub-4:00 miler, was able to make time to compete in national track and field events. At the 2004 USATF Indoor National Championships, he finished fifth overall at 1500 meters, though his crowning achievement in national competition was earning his way into the semifinals of the 2004 Olympic Trials for the United States in the same event. He is one of just 11 USNA graduates to have competed in either the Olympics or Olympic Trials for the

In addition to his experience with the Olympic Trials, Lanzel has competed on the U.S. Military World team in cross country in 2006 (in Tunisia), 2008 (Switzerland), 2010 (Belgium) and in track in 2003 (Italy) and 2011 (Brazil).







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#### TRACK 2022-23 NAVY FIELD

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Following his active duty with the U.S. Navy, he came back to the Academy as an assistant under Al Cantello from June 2010 through December 2013. During that span on staff, the Mids finished in first place in the Patriot League in 2010, 2011 and 2013 with a second place result in 2012, the only blemish on the perfect run of titles. Four Midshipmen earned All-Patriot League First Team honors with another 14 garnering spots on the second team from 2010 to 2013. With Lanzel's assistance, Cantello was named the Patriot League Coach of the Year in 2010, 2011 and 2013.

From 2013 to 2015, Lanzel turned his attention to engineering and consulting with the Medtronic organization. While employed at Medtronic, Lanzel developed algorithms, hardware, software and training programs for physiological monitoring systems that utilized heart rate, HRV, anaerobic threshold, breathing rate, VO2max, speed, and accelerometry. He completed two U.S. Provision Patent Applications. As a consultant, he trained and advised coaches associated with the NBA, NFL, MLB, NHL and NCAA, as well as special force groups in the military.

Lanzel becomes the fifth head coach in the storied history of the Navy men's cross country program following Louis Mang (1922-26), Earl Thompson (1927-51), Jim Gehrdes (1952-67) and Al Cantello (1968-2018).

A 2003 USNA graduate with a degree in electrical engineering, Lanzel lives in Annapolis with his wife Ashley and daughter Aletheia.

her tenure winning two NCAA Mideast Regional Championships. In her five years at Hopkins, Lewnes coached cross country runners to 17 All-America honors and 33 student-athletes earned All-America honors on the track. She was named the Mideast Assistant Coach of the Year during the 2014 and 2015 indoor seasons.

Before joining JHU, Lewnes spent the 2011-12 school year as a volunteer coach at Cornell University, where the women won both the cross country and outdoor track & field Heptagonal Conference Championships.

As a collegiate athlete, Lewnes (nee Standridge) was the track & field team captain and earned numerous accolades for the Big Red in middle distance events. An ECAC champion in the distance medley relay, previous school record holder in the 1000 and third all-time in school history in the 800. Additionally, she garnered All-America honors with a ninth-place finish at the 2010 Outdoor NCAA Division I Championships in Eugene. Oregon.

A 2011 graduate of Cornell University, Lewnes earned a degree in Communication. She went on to earn a Master of Science in Counseling from Johns Hopkins University's School of Education in 2017. Lewnes lives in Annapolis with her husband Mack, who was an All-American wrestler for Cornell. The couple are the proud parents of a daughter, Liliana.

## KIM LEWNES

ASSISTANT COACH

Announced in June of 2019, Kim Lewnes became the fourth head coach in the storied history of the Navy women's cross country program following Karen Boyle (1987-2019), Barbara Lawson (1984-1986) and Major Rocky Rosacker, USMC (1983). All-time, Navy has won over 85 percent of its regular season contests, 21 of 34 Star Meets over Army and four Patriot League titles (2007, 2008, 2011 and 2012). No stranger to the Naval Academy and the Midshipmen, Lewnes was most recently on staff as a volunteer assistant under Boyle. Lewnes brings a decorated past as a collegiate competitor and assistant to her new role as head coach.



In her first season at the helm of the program in 2019, Lewnes helped the Midshipmen finish top-three in a trio of early-season competitions and a fourth-place result at the Patriot League Championship. Navy came up three points shy of coming in third at the league meet, 87-90. A pair of All-Patriot League individual performances led Navy's cause as junior Emily Craig placed fourth, while freshman Elizabeth Sullivan crossed the finish line in 14th place.

Lewnes' second season as head coach was severely impacted by the COVID-19 pandemic as the Mids' competitive slate was condensed to just two head-to-head meets, one against Pitt and the second against Army. In Navy's 2020 season opener, the team hit on all cylinders and cruised to a perfect 15-50 victory as the first eight runners to cross the finish line of the 6k race were all Mids. In the 2020 Star Meet, Navy had six of the top-10 finishers, including race champion Emily Craig, but were edged in team points by the Black Knights, 27-29.

Lewnes' initial experience with the Midshipmen came during the 2017 fall season when she came aboard as Boyle's assistant coach. During her two years, Navy earned back-to-back third place results at the Patriot League Championship and saw a trio of runners garner All-Patriot League honors: Grace West (2018-first team, 2017-second), Ali Valenti (2017-first) and Emily Craig (2017-second). As part of the Mids' 2018 regular season slate, the team turned in a dominant victory over Army in the teams' annual Star Meet. Racing at the USNA Cross Country Course, Navy saw three of its runners finish in the top-four, including West winning the race with the seventh-fastest time in program history.

Prior to joining the Naval Academy, Lewnes spent five years as an assistant coach at Johns Hopkins University. From 2012 through 2016, Lewnes helped guide the women's cross country team to four NCAA Championships and five Mideast Regional Championships. The men's cross country team also reached new heights during

# **RORY QUILLER**

VOLUNTEER ASSISTANT COACH

Rory Quiller joined the Navy Track and Field staff in the fall of 2012, the 2022-2023 season will be his eleventh year coaching the Midshipmen pole vaulters.

In his time at the Academy, Navy pole vaulters have dominated the Patriot League Conference, sweeping the medal stand (first-third) on four occasions (men's indoor 2013, 2014, 2015; and women's indoor 2017) a feat no conference rival has been able to duplicate. The Navy pole vaulters finished first through fourth on three of those occasions, scoring 31 points in the 2014 men's indoor competition and 29.33 points in the 2017 women's indoor meet.



Under Quiller's tutelage, Class of 2015 graduate, Mark Vetere, won five Patriot League pole vault titles and broke the Outdoor Championship meet record (17'0, 5.18m), as well as set the outdoor program record at the Penn Relays with a jump of 17'3.5 (5.27m). Vetere went on to set the indoor program record with a jump of 17'1.5 (5.23m) at the Army-Navy Star Meet.

Other notable vaulters in Quiller's tenure at the Academy include Amanda Graham (15), a 2015 Patriot League Outdoor Champion with a height of 12'6 (3.80m); as well as Jiles Maness ('16), the 2014 Patriot League Indoor Champion and program record holder in both indoor and outdoor, 17'2.5 (5.25m) and 17'4 (5.30m), respectively. Charlene Kearns ('18), a multiple conference champion, won the 2016 and 2017 Patriot League Outdoor Championship titles with a jump of 12'6 (3.80m) and 12'2 (3.70m),

Rosemary Brinegar ('19) won the 2017 Patriot League Indoor title and cleared 12'8 (3.86m), while Jonathan Drablos ('17) was the winner of the 2017 League Outdoor title at 16'7 (5.05m). Kaitlyn Stafford ('20) won the 2019 League Indoor title at 12'6 (3.80) and Stefano Pineda ('19) won the 2019 League Outdoor title and cleared a height of 17'1 (5.21m). Charlene Morke ('23) was crowned the 2020 indoor conference champion and broke the Conference, Meet, and Academy indoor records with a top height of 4.08m (13-04.50). She repeated as conference champion winning the indoor meet in

Thomas Johnstone ('21) claimed the Patriot League 2021 outdoor title with a height of 4.98m (16-04.00). Stephanie Jacobs ('23) became the third woman in program history to clear the 4.00m barrier with her jump of 4.01m (13-01.75) en route to a 2021 Patriot League Indoor Challenge Title. Most recently, Walker Rudisaile ('24) swept the indoor and outdoor Conference Titles for 2022, while setting both the Conference and Academy records with a top jump of 5.35m (17-6.50).

Before joining the staff at Annapolis, Quiller served one-year stints as the pole

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vault coach at both Colorado State University and Colorado School of Mines, while he trained for the 2012 US Olympic Trials in the pole vault. Quiller finished eighth in that competition, to compliment his 13th place finish at the 2008 US Olympic Trials. In his time as a post-collegiate athlete, he competed nationally and internationally with notable finishes in the 2008 US Indoor Championships (2nd), and 2011 US Indoor Championships (3rd).

While at Binghamton University as a student-athlete, Quiller was a three-time Division I All-American and a National Champion in the pole vault (2008), with an NCAA best jump that year of 18'6.5 (5.65m). After Quiller completed his Bachelor's degree at Binghamton University, he stayed with the Bearcats as a graduate assistant coach while completing his MBA in 2010.

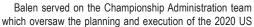
Quiller was commissioned as a Human Resource Officer in the United States Navy in 2012 and served until the end of 2016. He currently works as an Instructor of Physical Disciplines at the Academy and resides in Annapolis with his wife Mandy, an accomplished pole vaulter herself (7x NEC Champion & Mount St. Mary's University Hall of Fame Member), their daughters, Kira and Lacey, and dog, Bronx.

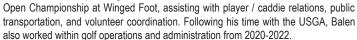
## **AUSTIN BALEN**

DIRECTOR OF TRACK & FIELD OPERATIONS

Austin Balen joined the Navy Track & Field / Cross Country staff as Director of Operations in August of 2022. Balen comes to Navy with over 10 years of experience in athletic operations from highly successful programs and organizations.

Prior to coming to the Naval Academy, Balen served on the staffs of Duke Men's Basketball, Duke Football, University of North Carolina Football and Bowling Green Football, as well as a stint with the United States Golf Association.





During his two stints at Duke, Balen worked on the staffs of Mike Krzyzweski and David Cutcliffe at Duke Men's Basketball (2017-2018) and Duke Football (2016) respectively where he assisted in day-to-day operations, recruiting, summer camp operations, and team travel. In his time with Duke Football, Balen assisted in the planning and design of the renovated outdoor practice facilities for the football program. In between his stints at Duke, he served on the staff of University of North Carolina Football assisting with football operations and wide receivers during the 2017 season.

Balen is a 2017 graduate of Bowling Green State University where he also served on the football staff.

In his current role, Balen oversees the day-to-day operations, team travel, championship arrangements, home meet operations, and all other team related activities of the Track & Field / Cross Country programs. He also serves as the Camp Director for Navy Track & Field summer camps.

Balen, a native of Philadelphia, PA now resides in Kent Island, MD.



# **TOP MIDSHIPMEN DURING COOK ERA**

NCAA	NCAA Championship Qualifiers		
2022	Braden Presser	Javelin	
2019	Hayden Fox	Javelin	
	Eric Hughey	4x400m Relay	
	Simon Petsch		
	Cameron Hurd		
	John Finnegan		
2018	Sean Richards	Javelin	

2022	LE Ellie Abraham	3,000m
2022	LIIIC ADIAHAH	Steeplechase
	Cole Bailey	High Jump
	Joshua Boamah	Hammer Throw
	Winter Boese	3,000m
	winter boese	
	Taylor Duchanan	Steeplechase
	Taylor Buchanan	High Jump
	Sean Casey	800m
	Charles Crispi	Pole Vault
	Caden Dailey	Long Jump
	Hayden Fox	Javelin
	Hannah Lowenstein	High Jump
	Braden Presser	Javelin
	Alex Rizzo	800m
	Walker Rudisaile	Pole Vault
	Brahmir Vick	110m Hurdles
2021	Cole Bailey	High Jump
	Emma Foster	Javelin
	Hayden Fox	Javelin
	Jack Haller	Pole Vault
	Eric Hughey	400m
	David Huizenga	Discus
	Ann Jackson	Long Jump
	Thomas Johnstone	Pole Vault
	Skyler Mason	Javelin
	Sarah Morris	Javelin
	Sam Orie	Hammer Throw
	Julian Perez	3,000m Steeplechase
	Braden Presser	Javelin
	Clayton Thompson	110m Hurdles
	Clayton mompoon	400m Hurdles
	Jadyn Tiracave	Javelin
	Brahmir Vick	110m Hurdles
2019	Sean Brennan	Shot Put
2013	Sean Dieilian	Hammer Throw
		Discus
	John Finnegan	800m
	John Finnegan	
	Emma Foster	4x400m Relay
		Javelin
	Hayden Fox	Javelin
	Eric Hughey	4x400m Relay
	Cameron Hurd	400m Hurdles
		4x400m Relay
	Skyler Mason	Javelin
	Kevin Murray	3,000m
		Steeplechase
	Simon Petsch	4x400m Relay
	Stefano Pineda	Pole Vault
	Clayton Thompson	110m Hurdles
		400m Hurdles
	Jadyn Tiracave	400m Hurdles Javelin

2018	John Barber	Shot Put
		Discus
	Sean Brennan	Discus
	Skyler Mason	Javelin
	Stefano Pineda	Pole Vault
	Sean Richards	Javelin
	Clayton Thompson	400m Hurdles

#### **Patriot League Championship Major Awards** (Men - Indoor)

2022	Baynes Autrey	Field Athlete of the Meet
2020	Jake Brophy	Track Athlete of the Meet
	Caden Dailey	Rookie of the Meet
	Clayton Thompson	Top Point Scorer
2019	John Finnegan	Track Athlete of the Meet
	Cedric Williams	Field Athlete of the Meet
		Top Point Scorer

#### **Patriot League Championship Major Awards** (Men – Outdoor)

(111011	Outuo01)	
2022	Caden Dailey	Top Point Scorer
	Jacques Guillaume	Rookie of the Meet
	Miguel Mathias	Track Athlete of the Meet
2021	Clayton Thompson	Track Athlete of the Meet
		Top Point Scorer
2019	Sean Brennan	Field Athlete of the Meet
		Top Point Scorer
	John Finnegan	Track Athlete of the Meet
2018	Clayton Thompson	Rookie of the Meet

#### **Patriot League Championship Major Awards** (Women - Outdoor)

2022	Katie Halbert	Field Athlete of the Meet
		Top Point Scorer
2021	Molly Mangan	Track Athlete of the Meet

#### **Patriot League Champions**

	· Indoor)	,,,,,
2022	Baynes Autrey	Heptathlon
	Cole Bailey	High Jump
	Ian Bartlett	4x800m Relay
	Garrett Baublitz	4x800m Relay
	Joshua Boamah	Weight Throw
	Ashwin Briggs	4x800m Relay
	Sean Casey	4x800m Relay
	Jay Evans	4x400m Relay
	Aidan Featherby	Long Jump
	Jacques Guillaume	400m
		4x400m Relay
	Sethan Hollier	4x400m Relay
	Jordan Payne	Triple Jump
	Walker Rudisaile	Pole Vault
	Jonathan Simmons	4x400m Relay
2021	Ashwin Briggs	800m
		Distance Medley Relay
	Jake Brophy	3,000m
		5,000m
	Sean Casey	4x800m Relay
	-	Distance Medley Relay
	Caden Dailey	Long Jump
	John Finnegan	4x400m Relay
	_	4x800m Relay

	Eric Hughey	400m
	0 ,	4x400m Relay
	Cameron Hurd	4x400m Relay
	James Love	4x400m Relay
	David Nelson	4x800m Relay
	Chase Rivera	Distance Medley Relay
	Clayton Thompson	60m Hurdles
	,	Heptathlon
	Cedric Williams	Triple Jump
	Nicholas Williams	4x800m Relay
		Distance Medley Relay
2019	Sean Brennan	Weight Throw
	Jake Brophy	1-Mile
		4x800m Relay
	John Finnegan	500m
	·	4x400m Relay
		4x800m Relay
	Eric Hughey	400m
	• •	4x400m Relay
	Cameron Hurd	4x400m Relay
	Kevin Murray	5,000m
	David Nelsen	4x800m Relay
	Simon Petsch	4x400m Relay
	Benjamin Stewart	Heptathlon
	Clayton Turner	4x800m Relay
	Cedric Williams	Long Jump
		Triple Jump
2018	Sean Brennan	Shot Put
	Cory Donley	4x800m Relay
	John Finnegan	400m
	Josh Hanna	1,000m
		4x800m Relay
	Justin Hyytinen	800m
		4x800m Relay
	Demetrius Lanier	200m
	Jake Shewbert	4x800m Relay
	Aaron Watson	60m
	Cedric Williams	Triple Jump
	Kordell Williams	60m Hurdles

Patrio	ot League Champio	ns
(Men -	- Outdoor)	
2022	Baynes Autrey	Decathlon
	Ian Bartlett	4x800m Relay
	Brett Brady	3,000m Steeplechase
	Ashwin Briggs	4x800m Relay
	Sean Casey	4x800m Relay
	Caden Dailey	100m
		4x100m Relay
	Jay Evans	4x100m Relay
	Aidan Featherby	Triple Jump
	Jacques Guillaume	400m
	Sethan Hollier	4x100m Relay
	Miguel Mathias	5,000m
		10,000m
	David Nelsen	4x800m Relay
	Braden Presser	Javelin
	Walker Rudisaile	Pole Vault
	Brahmir Vick	4x100m Relay
2021	Cole Bailey	High Jump
	Sethan Hollier	4x400m Relay
	Eric Hughey	400m
	•	





4x400m Relay

# **TOP MIDSHIPMEN DURING COOK ERA**

	Thomas Johnstone	Pole Vault
		Decathlon
	James Love	4x400m Relay
	Simon Petsch	4x400m Relay
	Clayton Thompson	110m Hurdles
		400m Hurdles
2019	Sean Brennan	Shot Put
		Discus
		Hammer Throw
	Ashwin Briggs	4x800m Relay
	Jake Brophy	5,000m
	, ,	4x800m Relay
	Sean Casey	4x800m Relay
	John Finnegan	400m
	9	800m
		4x400m Relay
	Eric Hughey	4x400m Relay
	Cameron Hurd	400m Hurdles
		4x400m Relay
	Demetrius Lanier	4x100m Relay
	Evan Lexo	100m
		4x100m Relay
	Kevin Murray	3.000m
	,	Steeplechase
-	Simon Petsch	4x400m Relay
-	Austin Pierce	4x100m Relay
	Stefano Pineda	Pole Vault
	Benjamin Stewart	Decathlon
	Aaron Watson	4x100m Relay
	Cedric Williams	Triple Jump
2018	Nicholas Williams	4x800m Relay
	John Barber	Shot Put
	Jake Brophy	10,000m
	Cory Donley	5,000m
	Devin Enslen	4x100m Relay
	Demetrius Lanier	4x100m Relay
	Evan Lexo	4x100m Relay
	Benjamin Stewart	Decathlon
	Clayton Thompson	400m Hurdles
-	Aaron Watson	4x100m Relay
	Kordell Williams	110m Hurdles
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# Second Team All-Patriot League

	· Indoor)	agao
2022	Charles Crispi	Pole Vaul
	Sethan Hollier	200m
	Nahshon Houston	Long Jump
	Jacob Jancek	Heptathlon
	Alex Rizzo	1-Mile
	Brahmir Vick	60m Hurdles
2021	Sean Casey	800m
	Thomas Johnstone	Heptathlon
	Evan Lexo	60m
	Chase Rivera	1-Mile
	Cedric Williams	Long Jump
2019	Evan Lexo	60m
	Mike Milcarek	Weight Throw
	Kevin Murray	3,000m
	Stefano Pineda	Pole Vaul
	Clayton Thompson	60m Hurdles
		Heptathlon
2018	John Barber	Shot Put
	Jake Brophy	1-Mile

Eric Hughey	500m
Stefano Pineda	Pole Vault
Jake Shewbert	1,000m
Cedric Williams	Long Jump

# Second Team All-Patriot League

(Men -	- Outdoor)	
2022	Cole Bailey	High Jump
	Joshua Boamah	Shot put
		Discus
	Sean Casey	800m
	Caden Dailey	200m
	Jay Evans	4x400m Relay
	Jacques Guillaume	400m Hurdles
	•	4x400m Relay
	Sethan Hollier	4x400m Relay
	Nahshon Houston	Long Jump
	Jacob Jancek	110m Hurdles
	Alex Rizzo	1,500m
	Elliott Schultz	3,000m
		Steeplechase
	Jonathan Simmons	400m
		4x400m Relay
2021	Baynes Autrey	Decathlon
	Ian Bartlett	4x800m Relay
	Ashwin Briggs	4x800m Relay
	Sean Casey	4x800m Relay
	Hayden Fox	Javelin
	Sethan Hollier	200m
	Octifall Floring	4x100m Relay
	Eric Hughey	4x100m Relay
	David Huizenga	Discus
	Julian Perez	3,000m Steeplechase
	Austin Pierce	100m
	Ausummerce	4x100m Relay
	Clayton Thompson	4x100m Relay
	Clayton monipson	Long Jump
	Alex Rizzo	4x800m Relay
	Brahmir Vick	110m Hurdles
2019	Jake Brophy	1,500m
2019		Javelin
	Hayden Fox	
	Benjamin Stewart	Long Jump
	Aaron Watson	100m
2018	Kordell Williams	119m Hurdles
2010	Jahmaal Daniel	100m 4x800m Relay
	Josh Hanna	
	Eric Hughey	400m
	Cameron Hurd	400m Hurdles
	Justin Hyytinen	4x800m Relay
	Michael Karls	4x800m Relay
	Skyler Mason	Javelin
	Mike Milcarek	Shot Put
	Stefano Pineda	Pole Vault
	Clayton Thompson	110m Hurdles
	Cedric Williams	Triple Jump
	Nicholas Williams	4x800m Relay

# **Patriot League Champions**

(Women -	Indoor
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2022	Ellie Abraham	Distance Medley Relay
	Taylor Buchanan	High Jump
	Katie Halbert	60m Hurdles
	Erin Higgins	Pentathlon

	Alanna Julius	Distance Medley Relay
	Anna Kovacs	Distance Medley Relay
	Molly Mangan	200m
	Breanna Mealer	Long Jump
	Charlene Morke	Pole Vault
	Annie Taylor	Distance Medley Relay
2021	Chloe Alfieri	4x400m Relay
	Chelsey Edwards	400m
	·	4x400m Relay
	Audrey Fernandez	Triple Jump
	Kara Kakascik	4x400m Relay
	Molly Mangan	4x400m Relay
	Charlene Morke	Pole Vault
2019	Amanda Agana	4x400m Relay
	Chloe Alfieri	4x400m Relay
	Chelsey Edwards	400m
	·	4x400m Relay
	Lauren Heaton	4x400m Relay
	Kara Kakascik	500m
	Kaitlyn Stafford	Pole Vault
2018	Amanda Agana	4x400m Relay
	Brittany Burg	4x400m Relay
	Chelsey Edwards	4x400m Relay
	Christina Quigley	4x400m Relay

# **Patriot League Champions**

(Women –	Outdoor)
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2022	Ellie Abraham	3,000m
		Steeplechase
	Molly Chapman	Triple Jump
	Katie Halbert	100m Hurdles
		4x100m Relay
		Long Jump
	Erin Higgins	Heptathlon
	Hannah Lowenstein	High Jump
	Molly Mangan	4x100m Relay
	Breanna Mealer	4x100m Relay
	Sabrina Sutter	200m
		4x100m Relay
	Jadyn Tiracave	Javelin
	Helen West	400m
2021	Chloe Alfieri	400m
		4x400m Relay
	Alexa Arthun	100m Hurdles
		4x100m Relay
	Chelsey Edwards	4x400m Relay
	Katie Halbert	Heptathlon
	Ann Jackson	4x100m Relay
	Molly Mangan	100m
		200m
		4x100m Relay
		4x400m Relay
	Sabrina Sutter	4x100m Relay
	Shania Vincent	4x400m Relay
2019	Amanda Agana	400m Hurdles
	Cat Goss	Heptathlon
2018	Amanda Agana	400m
	Brittany Burg	400m Hurdles







# **TOP MIDSHIPMEN DURING COOK ERA**

	nd Team All-Patriot Le	eague
2022	Ellie Abraham	800m
		4x800m Relay
	Katie Halbert	Pentathlon
	Erin Higgins	4x400m Relay
	Alanna Julius	4x800m Relay
	Anna Kovacs	4x800m Relay
	Molly Mangan	4x400m Relay
	Kelly Murray	4x800m Relay
	Jessica Nangle	5,000m
	Sabrina Sutter	200m
		4x400m Relay
	Helen West	400m
		4x400m Relay
2021	Chloe Alfieri	400m
	Alexa Arthun	Pole Vault
	Emily Craig	5,000m
	Stephanie Jacobs	Pole Vault
	Kara Kakascik	800m
	Lindsay Lewis	Pentathlon
	Molly Mangan	200m
	Breanna Mealer	Long Jump
	Sam Orie	Weight Throw
2019	Amanda Agana	500m
	Lauren Heaton	400m
	Lindsay Lewis	Pentathlon
	Ariana McKenzie	Weight Throw
	Sam Orie	Shot Put
2018	Brittany Burg	400m
	Ashanti Curry	Shot Put

2022	Winter Boese	3,000m
		Steeplechase
	Taylor Buchanan	High Jump
	Katie Halbert	Heptathlor
	Erin Higgins	4x400m Relay
	Molly Mangan	100n
		200n
		4x400m Relay
	Charlene Morke	Pole Vaul
	Renny Murphy	Javelir
	Sabrina Sutter	4x400m Relay
	Maddie Warrender	1,500n
	Helen West	4x400m Relay
2021	Ellie Abraham	3,000n
		Steeplechase
		4x800m Relay
	Bronte Bacchetta	4x800m Relay
	Audrey Fernandez	Triple Jump
	Katie Halbert	100m Hurdles
	Stephanie Jacobs	Pole Vaul
	Eva Knowles	4x800m Rela
	Breanna Mealer	Long Jump
	Jessica Nangle	10,000n
	Sam Orie	Shot Pu
	Sabrina Sutter	200n
	Maddie Warrender	4x800m Relay
2019	Amanda Agana	4x400m Rela
	Sydney Barber	4x400m Relay

	Chelsey Edwards	400m
	•	4x400m Relay
	Sophie Gatzounas	Javelin
	Lauren Heaton	4x400m Relay
	Ariana McKenzie	Hammer Throw
	Breanna Mealer	100m Hurdles
	Sam Orie	Shot Put
	Regine Tugade	200m
2018	Amanda Agana	4x100m Relay
	Brittany Burg	400m
	Ashanti Curry	Shot Put
	Rachel Duncavage	Discus
	Chelsey Edwards	4x100m Relay
	Amanda Henson	100m
		200m
		4x100m Relay
	Regine Tugade	4x100m Relay

#### **ACADEMIC ACCOLADES**

C-CIDA	A	A II A a a	
COSIDA	Academic	All-American	

2022	Sean Casey	First Team
	Ashwin Briggs	Second Team
	Brett Brady	Third Team
	Maddie Warrender	Third Team
2021	Sean Casey	First Team
	Thomas Johnstone	First Team
2019	Stefano Pineda	First Team
2018	Stefano Pineda	First Team
	Josh Hanna	Second Team

#### **CoSIDA Academic All-District**

2022	Brett Brady
	Ashwin Briggs
	Sean Casey
	Annie Taylor
	Maddie Warrender
2021	Sean Casey
	Emma Foster
	Thomas Johnstone
	Sam Orie
	Maddie Warrender
2020	Emma Foster
	Kevin Murray
	Sam Orie
	Maddie Warrender
2019	Michael Karls
	Stefano Pineda
	Benjamin Stewart
2018	Jake Brophy
	Josh Hanna
	Stefano Pineda
	Benjamin Stewart

Patriot League Track & Field	
Scholar-Athlete of the Year	

2022	Sean Casey	Indoor
2021	Thomas Johnstone	Outdoor
	Sam Orie	Indoor
2019	Stefano Pineda	Indoor
		Outdoor
2018	Stefano Pineda	Outdoor

#### Patriot League All-Academic

	, = ougue , , toude	
2022	Ellie Abraham	Indoor
		Outdoor
	Baynes Autrey	Indoor
	John Bowers	Outdoor
	Brett Brady	Indoor
		Outdoor
	Ashwin Briggs	Indoor
		Outdoor
	Sean Casey	Indoor
		Outdoor
	Katie Halbert	Indoor
		Outdoor
	Miguel Mathias	Outdoor
	Braden Presser	Outdoor
	Sabrina Sutter	Outdoor
2021	Evelyn Berecz	Indoor
	Ashwin Briggs	Indoor
		Outdoor
	Sean Casey	Indoor
		Outdoor
	Derek Gess	Indoor
	Katie Halbert	Outdoor
	David Huizenga	Indoor
	Thomas Johnstone	Outdoor
	Molly Mangan	Indoor
		Outdoor
	Sam Orie	Indoor
		Outdoor
	Maddie Warrender	Indoor
2020	Ashwin Briggs	Indoor
	Jake Brophy	Indoor
	Sean Casey	Indoor
	Kara Kakascik	Indoor
	Sam Orie	Indoor
2019	Jake Brophy	Indoor
		Outdoor
	Sam Orie	Indoor
		Outdoor
	Stefano Pineda	Indoor
		Outdoor
	Benjamin Stewart	Indoor
		Outdoor
2018	Jake Brophy	Outdoor
	Josh Hanna	Indoor
	Demetrius Lanier	Indoor
	Stefano Pineda	Indoor
		Outdoor
	Benjamin Stewart	Outdoor





# **MIDSHIPMEN PROFILES (MEN)**

# **BAYNES AUTREY**

Multis | SR. | 6-2 | Mountain Brook, Ala.

CAREER HONORS / INDOOR

2022 Patriot League Men's Field Athlete of the Meet

2022 Patriot League Champion (Heptathlon)

2022 First Team All-Patriot League (Heptathlon)

2022 Academic All-Patriot League

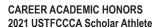


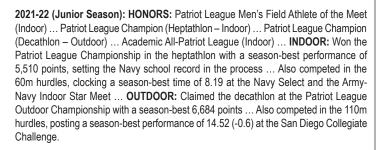
2022 Patriot League Champion (Decathlon)

2022 First Team All-Patriot League (Decathlon)

**2021 IC4A All-East** (Decathlon – Champion)

2021 Second Team All-Patriot League (Decathlon)





**2020-21 (Sophomore Season): HONORS:** IC4A All-East (Decathlon – Outdoor Champion) ... Second Team All-Patriot League (Decathlon – Outdoor) ... USTFCCCA Scholar Athlete ... **INDOOR:** Competed in a pair of intercollegiate meets, registering a top time of 8.19 in the 60m hurdles against William & Mary, while posting a distance of 14.17m (46-06.00) in the triple jump at the Army-Navy Indoor Star Meet ... **OUTDOOR:** Won the decathlon (6,833 – season high) at the IC4A Outdoor Championship to earn All-East distinction ... Finished second in the decathlon (6,820) at the Patriot League Outdoor Championship to earn second-team all-conference honors ... Also notched top performances in the 110m hurdles (14.70 / +1.9) and triple jump (13.74m / 45-01.00 / +2.5) at the Army-Navy Outdoor Star Meet.

2019-20 (Freshman Season): INDOOR: Multis athlete who competed in the heptathlon at the Patriot League Indoor Championship and the Wesley Brown Invitational ... Tallied a season-best 4,780 points in the heptathlon at the Patriot League Championship, claiming fifth place ... Outside of the multi events, primarily competed in the 60m hurdles, long jump, and triple jump ... Recorded a season-best time of 8.90 at the PL Championship in the 60m hurdles, while notching marks of 6.71m (22-00.50) in the long jump at the Navy Select and 13.85m (45-05.25) in the triple jump at the Army-Navy Indoor Star Meet ... OUTDOOR: Competed in one meet during the season, which was shortened by the coronavirus pandemic (COVID-19) ... Ran the 110m hurdles (16.83) and threw the javelin 49.64m (162-10) at the San Diego Collegiate Challenge.

High School / Personal: Lettered in football (3 years), baseball (2), and track and field (1) at Mountain Brook High School ... Named team MVP as a senior in 2019 ... Member of First Priority Christian Club, Future Business Leaders of America, Mu Alpha Theta, National Honor Society, National Business Honor Society, and Church Youth Group ... National Merit finalist ... Son of Andy and Pam Autrey ... Grandfather, Ronnie Baynes, played baseball, football, basketball, and track at Auburn.

## IAN BARTLETT

Distance | SR. | 5-9 | Fairfield, Conn.

**CAREER HONORS / INDOOR** 

2022 Patriot League Champion (4x800m Relay)

2022 First Team All-Patriot League (4x800m Relay)

**CAREER HONORS / OUTDOOR** 

2022 Patriot League Champion (4x800m Relay)

2022 First Team All-Patriot League (4x800m Relay)
Patriot League Track Athlete of the Week (May 3, 2022)

2021 IC4A All-East (4x800m Relay - Champion)

2021 Second Team All-Patriot League (4x800m Relay)



**2021-22** (Junior Season): HONORS: Patriot League Champion (4x800m Relay – Indoor) ... Patriot League Champion (4x800m Relay – Outdoor) ... Patriot League Track Athlete of the Week (May 3) ... INDOOR: Member of the 4x800m relay team that clocked a combined time of 7.33.99 (season best) to win the Patriot League Championship in the event ... As an individual, competed in the 800m, posting a season-best time of 1:51.80 at the Darius Dixon Invitational ... OUTDOOR: Ran the second leg of the 4x800m relay that earned First Team All-Patriot league distinction, winning the event with a time of 7:30.13 ... Member of the 4x800m relay team that clocked a season-best time of 7:24.92 to win the event at the Penn Relays ... Individually, posted a season-best time of 1:49.13 in the 800m at the Princeton Elite Invitational.

2020-21 (Sophomore Season): HONORS: IC4A All-East (4x800m Relay – Outdoor Champion) ... Second Team All-Patriot League (4x800m Relay – Outdoor) ... INDOOR: Posted a top time of 1:52.53 in the 800m run at the Patriot League Indoor Challenge ... OUTDOOR: Member of the 4x800m relay team that posted a time of 7:30.33 at the IC4A Outdoor Championship to win the event and earn All-East distinction ... Part of the 4x800m relay team (7:45.32) that earned Second Team All-Patriot League honors during the PL Outdoor Championship ... Individually, clocked a season-best time of 1:51.23 in the 800m run at the Navy Invitational II.

**2019-20 (Freshman Season): INDOOR:** Primarily competed in the 800m run during the indoor season ... Posted a season-best performance in the 800m at the Army-Navy Indoor Star Meet, clocking a time of 1:53.37 to finish third in the event ... Advanced to the finals in the 800m at the Patriot League Indoor Championship with a time of 1:56.41 in the prelims, before trimming the time to 1:56.06 in the finals ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: An 11-time varsity letterwinner at Fairfield Ludlowe High School: eight via indoor/outdoor track & field and three from football (running back/cornerback) ... Two-time CIAC Connecticut State Class L Champion in the outdoor 800m run (2017, '18) ... member of three 4x800m FCIAC Connecticut State Champion relay teams (2016, '17 – Indoor; 2017 – Outdoor) ... Finished second at the 2018 New England High School Championship in the 1,000m run to earn All-New England honors ... Served as team captain of his track teams during both his junior and senior seasons ... Attended NAPS during the 2018-19 school year ... Son of Hugh and Michelle.



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# **MIDSHIPMEN PROFILES (MEN)**

# GARRETT BAUBLITZ

Distance | JR. | 5-9 | Mifflintown, Pa.

**CAREER HONORS / INDOOR** 2022 Patriot League Champion (4x800m Relay) **2022 First Team All-Patriot League** (4x800m Relay)

2021-22 (Sophomore Season): HONORS: Patriot League Champion (4x800m Relay - Indoor) ... INDOOR: Member of the 4x800m relay team that clocked a season-best time of 7:33.99 to win the Patriot League title in the event ... Ran the third leg of the

a top performance of 1:58.47 at the Army-Navy Outdoor Star Meet.



2020-21 (Freshman Season): INDOOR: Recorded a top time of 2:26.60 in the 1,000m at the Army-Navy Indoor Star Meet, while clocking a season-best time of 1:52.45 in the 800m run against William & Mary ... OUTDOOR: Registered a time of 1:55.81 in the 800m at the Navy Invitational III.

High School / Personal: Member of the cross country and track and field teams at Juniata High School ... Placed second at the 2018 PIAA Cross Country State Championship and was named First Team All-State; in total, earned three state XC medals for placing in the top-10 as a sophomore, junior, and senior ... Swept the Pennsylvania District 6 Cross Country Championship with four straight victories throughout high school ... Won the 2019 PIAA 800m and 1600m outdoor titles; placed second in the 1600m in 2018 ... District 6 1600m champ four straight years ... 2020 Pennsylvania (PTFCA) Indoor Mile Champion ... Juniata's Class Salutatorian ... Son of Rick and Sally ... Father participated in soccer and track and field at York College.

# JOSHUA BOAMAH

Throws | JR. | 6-4 | San Diego, Calif.

**CAREER HONORS / INDOOR** 2022 Patriot League Champion (Weight Throw) 2022 First Team All-Patriot League (Weight Throw)

**CAREER HONORS / OUTDOOR** 2022 NCAA East Regional Qualifier (Hammer Throw) 2022 Second Team All-Patriot League (Shot Put) 2022 Second Team All-Patriot League (Discus) Patriot League Field Athlete of the Week (March 29, 2022)

2021 IC4A All-East (Shot Put) 2021 IC4A All-East (Discus) 2021 IC4A All-East (Hammer Throw)

2021-22 (Sophomore Season): HONORS: NCAA East Regional Qualifier (Hammer Throw - Outdoor) ... Patriot League Champion (Weight Throw - Indoor) ... Second Team All-Patriot League (Shot Put - Outdoor) ... Second Team All-Patriot League (Discus - Outdoor) ... Patriot League Field Athlete of the Week (March 29) ... INDOOR: Won the weight throw at the Patriot League Championship with a throw of 20.18m (66-02.50) to earn first-team all-conference accolades ... Registered a season-best distance in the weight throw (20.20m / 66-03.25) at the Darius Dixon Invitational ... Posted a season-best throw of 16.95m (55-07.50) at the Patriot League Indoor Championship to claim the bronze medal ... OUTDOOR: Qualified for the NCAA East Regional in the hammer throw ... Earned Second Team All-Patriot League in the shot put (17.02m / 55-10.25) and discus (50.58m / 165-11), while earning bronze in the hammer throw (58.57m / 192-02) ... Posted a season-best distance of 63.18m (207-03) in the hammer throw at the NCAA East Prelims ... Registered a season-best throw of 17.29m (56-08.75) in the shot put at the Larry Ellis Invitational, while recording a top

All-East (Discus - Outdoor) ... IC4A All-East (Hammer Throw - Outdoor) ... INDOOR:

Recorded a season-best throw in the shot put against William & Mary with a distance of 15.80m (51-10.00), while registering a top mark of 17.22m (56-06.00) in the weight throw at the Patriot League Indoor Challenge ... OUTDOOR: Earned IC4A All-East distinction in the shot put (seventh place), discus (sixth place), and hammer throw (seventh place) at the IC4A Outdoor Championship ... Posted season-best distances in the shot put (15.63m / 51-03.50) and hammer throw (56.22m / 184-05) at the IC4A Outdoor Championship ... Notched a top mark of 51.78m (169-10) in the discus at the Patriot League Outdoor Championship, finishing just outside of all-conference distinction, earning the bronze medal.

2020-21 (Freshman Season): HONORS: IC4A All-East (Shot Put - Outdoor) ... IC4A

High School / Personal: Lettered in track and field (4 years), soccer (3), and football (1) at Scripps Ranch High School in San Diego, Calif. ... Earned Conference Championship in track and field as a junior ... Son of Charles and Lynelle Boamah ... Uncle, Chris Bowens ('20), is an alumnus of the Naval Academy.

## **BRETT BRADY**

**CAREER ACADEMIC HONORS** 

Distance | SR. | 6-0 | Phoenix, Ariz.

**CAREER HONORS / OUTDOOR** 2022 Patriot League Champion (3,000m Steeplechase) 2022 First Team All-Patriot League (3,000m Steeplechase)

distance of 52.79m (173-02) in the discus at the Penn Relays.

2022 Academic All-Patriot League (Outdoor) 2022 Academic All-Patriot League (Indoor) 2022 CoSIDA Academic All-American (Third Team) 2022 CoSIDA Academic All-District (First Team)



2021-22 (Junior Season): HONORS: Patriot League Champion (3,000m Steeplechase - Outdoor) ... CoSIDA Academic All-American (Third Team) ... CoSIDA Academic All-District (First Team) ... Academic All-Patriot League (Indoor) ... Academic All-Patriot League (Outdoor) ... INDOOR: Primarily competed in the 3,000m, posting a seasonbest time of 8:19.09 at the Princeton Dual ... Took bronze in the Patriot League Indoor Championship in the 5,000m with a season-best time of 14:25.81 ... Clocked a time of 4:09.22 in the 1-mile run at the Wesley Brown Invitational ... OUTDOOR: Won the 3,000m steeplechase at the Patriot League Outdoor Championship with a time of 9:05.82 ... Clocked a season-best time of 8:56.84 in the steeplechase at the Virginia Challenge.

2020-21 (Sophomore Season): INDOOR: Notched a season-best time of 2:32.30 in the 1,000m at the Army-Navy Indoor Star Meet, while clocking a top performance of 8:30.40 in the 3,000m against William & Mary ... OUTDOOR: Primarily competed in the 3,000m steeplechase, registering a top time of 9:21.67 at the Navy Invitational II.

2019-20 (Freshman Season): INDOOR: Competed primarily in the 3,000m run, while also participating in the 1-mile run ... Notched a season-best time of 8:37.41 in the 3,000m at the Darius Dixon Invitational, while posting a season-best time of 4:18.69 in the mile at the Navy Invitational II ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Four-sport athlete at Butler Area High School, earning three varsity letters in hockey as a defenseman, three for track, two for golf, and two for cross county (XC, golf and hockey all overlapped as fall sports) ... Recorded medalist finishes at the PIAA State Championships in XC, ITF and OTF ... Competed at the 2018 New Balance Outdoor National Championships and finished 11th in the DMR ... Helped Butler finish runner-up at both the 2017 WPIAL Class AAA Cross Country and 2018 WPIAL Class AAA Indoor Track and Field Championships ... Teammates at Butler with Syracuse's Noah Beveridge ('22) ... Ran for the club cross country team at Purdue

# **MIDSHIPMEN PROFILES (MEN)**

University during the 2018-19 academic year ... Son of Michael and Sheila ... Born and raised in Pennsylvania calls Phoenix, Arizona home now.

# JACKSON BRYANT

High Jump | SR. | 6-4 | Vestavia Hills, Ala.

2021-22 (Junior Season): INDOOR: Registered heights in the high jump in four meets during the indoor season with a seasonbest mark of 1.96m (6-05.00) at the Navy Select ... OUTDOOR: Posted a season-best height of 1.91m (6-03.25) in the high jump at the Navy Spring Meet II.



2020-21 (Sophomore Season): INDOOR: Registered a height of 1.90m (6-02.75) in the high jump at the Patriot League Indoor

Challenge ... OUTDOOR: Recorded marks in the high jump in a pair of meets with a top height of 1.90m (6-02.75) at the Navy Spring Invitational.

2019-20 (Freshman Season): INDOOR: Competed in the high jump in five meets during the year ... Posted a season-best height of 1.95m (6-04.75) at the Navy Select ... Registered a height of 1.90m (6-02.75) at the Princeton Dual and the Navy Invitational I ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Three-year letterwinner in track and field at Vestavia Hills High School ... Finished second in the high jump at the Outdoor State Meet (2019) and fourth at the Indoor State Meet (2019) ... Helped VHHS finish second in the State Meets - Indoor (2018) and Outdoor (2019) ... Member of the National Honor Society, Spanish Honor Society, Rho Kappa ... Son of William and Kirsten Bryant.

# **TYLER CASEY**

Distance | SR. | 6-0 | Colliersville, Tenn..

2021-22 (Junior Season): INDOOR: Recorded a season-best time of 1:56.76 in the 800m at the Navy Invitational, while posting a time of 2:27.52 in the 1,000m at the Navy Select ... **OUTDOOR:** Competed in the 800m, registering a season-best performance of 1:54.13 at the George Mason Invitational.



2020-21 (Sophomore Season): INDOOR: Recorded a seasonbest time of 1:59.04 in the 800m during the Navy Intrasquad 2 ...

**OUTDOOR:** Clocked a season-best time of 1:53.75 in the 800m at the Navy Invitational II, while finishing with a time of 4:09.70 in the 1,500m at the Navy Twilight Meet.

2019-20 (Freshman Season): INDOOR: Competed in the 1,000m run at the Navy Invitational I, Darius Dixon Invitational, and the Navy Select ... Posted a season-best time in the 1,000m run at the Darius Dixon Invite with a time of 2:35.38 ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Competed in cross country and track and field at Christian Brothers High School ... Two-time Memphis Commercial Appeal All-Metro Cross Country Team honoree (2017-18) ... Served as the team captain of Christian Brothers' XC and TF teams during his senior seasons ... Helped his XC team win the 2018 Memphis D2-AA Regional Championship, as well as his TF team win the 2019 Memphis D2-AA Regional Championship ... Finished runner-up in the 800m and 4x800m relay at the 2019 Tennessee DII State Track & Field Championship ... Also ran with the Memphis Jets AAU team ... Son of Michael and Denise ... Father is a retired Navy officer ... Brother Ryan ('22) plays tennis at the U.S. Coast Guard Academy, while his sister Reagan ('23) is a member of the cross country and track and field programs at Memphis.

# **GARRISON CLARK**

Distance | SR. | 5-9 | Severna Park, Md.

2021-22 (Junior Season): INDOOR: Recorded times in the 1-mile (4:16.47), 3.000m (8:23.74), and 5.000m (15:05.30) at the Darius Dixon Invite, Navy Select, and Princeton Dual, respectively ... OUTDOOR: Competed in the 5,000m run, posting a season-best time of 14:40.10 at the Larry Ellis Invitational.

2020-21 (Sophomore Season): INDOOR: Posted season-best times in the 1-mile (4:20.83) and 3,000m (8:29.20) during Navy's

intrasquads ... OUTDOOR: Clocked a season-best time of 14:54.55 in the 5.000m at the Navy Spring Invitational, while recording a top time of 31:13.00 in the 10,000m at the Navy Invitational II.

2019-20 (Freshman Season): INDOOR: Distance runner who competed in three meets during the indoor season - Princeton Dual, Patriot Games, and Darius Dixon Invitational ... Posted a time of 8:41.33 in the 3,000m run at the Princeton Dual, while clocking a season-best time of 14:57.81 in the 5.000m at the Darius Dixon Invite ... Also ran in the 5.000m at the Patriot Games ... **OUTDOOR**: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Ran indoor (3) and outdoor track (3), as well as cross country (4) at Severna Park High School and accumulated 10 varsity letters ... Earned MPSSAA 4A All-State honors in each of his final three cross country seasons (seventh place in 2016; second in 2017; and fourth in 2018) and led Severna Park to Maryland Class 4A State Championships in 2017 and 2018 ... The 2018 MPSSAA 4A State Champion in the 3,200m outdoor run as a junior; finished runner-up in the same event as a senior in 2019 ... Placed top-four at both the 2018 and 2019 MPSSAA 4A State Indoor Championships in the 3,200m run ... Extracurriculars included the Severna Park Physics Club, Chess Club and Lemon Club ... Son of Daniel and Ginger ... Brothers Reece (Queens University, 2015-16) and Cooper ('21) played/currently play collegiate tennis (St. Mary's, MD, 2017-present).

# CADEN DAILEY

Jumps | SR. | 6-1 | Centreville, Va.

#### **CAREER HONORS / INDOOR**

2020 Patriot League Championship Men's Rookie of the Meet 2020 Patriot League Champion (Long Jump) 2020 First Team All-Patriot League (Long Jump) Patriot League Field Athlete of the Week (March 1, 2021)

Patriot League Rookie of the Week (Feb. 11, 2020)

Patriot League Rookie of the Week (Jan. 14, 2020)



#### **CAREER HONORS / OUTDOOR**

2022 NCAA East Regional Qualifier (Long Jump)

2022 Patriot League Championship Men's Highest Point Scorer

2022 Patriot League Champion (100m)

2022 Patriot League Champion (4x100m Relay)

2022 First Team All-Patriot League (100m)

2022 First Team All-Patriot League (4x100m Relay)

2022 Second Team All-Patriot League (200m)

Patriot League Field Athlete of the Week (April 12, 2022)

2021 IC4A All-East (Long Jump)

2021-22 (Junior Season): HONORS: NCAA East Regional Qualifier (Long Jump -Outdoor) ... Patriot League Championship Men's Highest Point Scorer (Outdoor) ... Patriot League Champion (100m - Outdoor) ... Patriot League Champion (4x100m Relay - Outdoor) ... Second Team All-Patriot League (200m - Outdoor) ... Patriot League Field Athlete of the Week (April 12) ... INDOOR: Earned bronze in the long





#### TRACK 2022-23 NAVY & FIELD

# **MIDSHIPMEN PROFILES (MEN)**

jump at the Patriot League Indoor Championship with a distance of 7.25m (23-09.50) ... Registered a season-long distance of 7.37m (24-02.25) in the long jump in the Princeton Dual ... Also competed in the 60m dash, clocking a season-best time of 6.88 in the prelims of the PL Championship ... OUTDOOR: Qualified for the NCAA East Regional in the long jump ... Named Men's Highest Point Scorer at the Patriot League Outdoor Championship with top-8 finishes in the 100m (1st place / 10 points), 4x100m (1st / 2.5), 200m (2nd / 8), and long jump (4th / 5) for 25.5 total points ... Posted a season-best distance of 7.61m (24-11.75 / +1.3) in the long jump at the Larry Ellis Invitational ... Clocked season best performances in the 100m (10.78m / +1.4) and 200m (21.61 / +1.3) at the Navy Spring Meet I and Navy Spring Meet II, respectively ... Member of the 4x100m relay team that posted a season-best performance of 41.05 at the Navy Spring Meet II.

2020-21 (Sophomore Season): HONORS: IC4A All-East (Long Jump - Outdoor) ... Patriot League Field Athlete of the Week (March 1) ... INDOOR: Posted a season-best distance of 7.58m (24-10.50 - Navy school record) in the long jump at the Patriot League Indoor Challenge ... Recorded a season-best time of 6.82 in the 60m at the PL Indoor Challenge, while clocking a time of 21.72 in the 200m against William & Mary ... **OUTDOOR:** Earned All-East distinction with a sixth-place finish in the long jump with a distance of 7.14m (23-05.25 / +0.1) at the IC4A Outdoor Championship.

2019-20 (Freshman Season): HONORS: Patriot League Indoor Championship Men's Rookie of the Meet ... Patriot League Indoor Champion in the long jump ... Patriot League Rookie of the Week (Jan. 14; Feb. 11) ... INDOOR: Selected as the Patriot League Indoor Championship Men's Rookie of the Meet after earning First Team All-Patriot League honors in the long jump, while also scoring points for the Midshipmen in the 60m dash ... Claimed first place in the long jump at the PL Championship with a distance of 7.24m (23-09.00) ... Registered a season-long distance of 7.46m (24-05.75) in the long jump to claim first place in the Army-Navy Indoor Star Meet ... Notched a season-best time of 6.93 in the 60m dash during the annual Star Meet ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Lettered in track and field (6 years) and football (1) at Centreville High School in Clifton, Va. ... 6A State Champion in 2018 ... Student Section Leader for CHS ... Prepped at NAPS during the 2018-19 school year ... Son of Debbie

## JOSEPH DOMINGUES

Distance | SR. | 5-8 | Santa Marin, Calif.

3:56.65.

2021-22 (Junior Season): INDOOR: Competed in the 800m in four meets during the indoor season, clocking a season-best time of 1:54.32 at the Army-Navy Indoor Star Meet ... OUTDOOR: Notched a season-best performance of 1:53.25 in the 800m at the George Mason Invitational.



2019-20 (Freshman Season): INDOOR: Middle-distance runner who competed in the 800m and 1,000m individual races in five meets during the indoor season ... Clocked a season-best time of 1:59.63 in the 800m run at the Navy Select ... In the 1,000m run, registered a season-best time of 2:34.38 at the Darius Dixon Invitational ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).



High School / Personal: Member of the cross country and track and field teams at St. Joseph High School, earning four letters in each sport ... Garnered CCAA All-Mountain League honors during his 2017 and 2018 cross country seasons ... Capped his 2017 cross country season by finishing sixth overall at the CIF State Championship (Division 5) to earn All-State accolades ... The 2018 and 2019 CCAA Mountain League Champion in the 800m event for outdoor track ... Finished runner-up in the 1,600m run at the 2018 CIF Southern Section D4 Finals ... Selected as the 2019 recipient of the Joni Gray "Heart and Soul" Award given by the Northern Santa Barbara County Athletic Round Table ... Son of Joseph and Guineveve ... Uncle, Andrew Domingues, wrestled collegiately at the University of Minnesota.

## **JAY EVANS**

Sprints | SO. | 6-1 | Cusseta, Ga.

**CAREER HONORS / INDOOR** 2022 Patriot League Champion (4x400m Relay) 2022 First Team All-Patriot League (4x400m Relay)

**CAREER HONORS / OUTDOOR** 2022 Patriot League Champion (4x100m Relay) 2022 First Team All-Patriot League (4x100m Relay) 2022 Second Team All-Patriot League (4x400m Relay)



2021-22 (Freshman Season): HONORS: Patriot League Champion (4x100m Relay - Outdoor) ... Patriot League Champion (4x400m Relay - Indoor) ... Second Team All-Patriot League (4x400m Relay – Outdoor) ... **INDOOR:** Member of the 4x400m relay team that won the event title with a collective time of 3:15.80 ... Posted a season-best time of 6.96 in the 60m dash at the Army-Navy Indoor Star Meet, while clocking a top performance of 21.83 in the 200m at the Navy Select ... OUTDOOR: Earned First Team All-Patriot League in the 4x100m relay, while earning second-team distinction in the 4x400m relay ... Recorded season-best performances in the 100m (10.76 / +1.6) and 200m (21.57 / +1.6) at the Army-Navy Outdoor Star Meet ... Member of the 4x100m relay team that clocked a season-best performance (41.05) at the Navy Spring Meet II, while also competing in the top 4x400m relay (3:14.24) at the Penn Relays.

High School / Personal: Lettered in track and field (4 years) and football (4) at Chattahoochee County High School in Cusseta, Ga. ... Earned All-State recognition as a junior ... Named team captain and team MVP ... Received Best Defensive Back Award in football as a senior ... Honor Student and class valedictorian ... Member of the National Honor Society ... Senior Class Vice President ... Prepped at the Naval Academy Prep School (NAPS) during the 2020-21 school year ... Son of Jim and Michelle Evans.

#### SPENCER EVES

High Jump | SR. | 6-1 | Hillsdale, Mich.

**CAREER HONORS / OUTDOOR** 2021 IC4A All-East (High Jump)

2021-22 (Junior Season): INDOOR: Posted heights in the high jump in five meets during the indoor season with a season-best jump of 2.01m (6-07.00) at the Army-Navy Indoor Star Meet ... Also cleared 2.00m (6-06.75) at the Wesley Brown Invitational ...

OUTDOOR: Recorded marks in the high jump in six meets during the outdoor season with a season-best height of 2.01m (6-07.00) at the Navy Spring Meet II.

2020-21 (Sophomore Season): HONORS: IC4A All-East (High Jump - Outdoor) ... **INDOOR:** Registered a season-best height of 1.99m (6-06.25) in the high jump during the Army-Navy Indoor Star Meet ... OUTDOOR: Earned All-East distinction with an







# **MIDSHIPMEN PROFILES (MEN)**

eighth-place finish in the high jump with a height of 1.95m (6-04.75) at the IC4A Outdoor Championship ... Recorded a season-best height of 2.03m (6-08.00) in the high jump at the Navy Twilight Meet ... Also cleared 2.00m (6-06.75) at the Navy Invitational III.

**2019-20 (Freshman Season): INDOOR:** Registered heights in the high jump in eight meets during the indoor season ... Recorded a season-best jump of 1.95m (6-04.75) three times – Army-Navy Indoor Star Meet, Navy Invitational II, and Navy Invitational I ... **OUTDOOR:** Competed in the high jump in one meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Registered a height of 1.86m (6-01.25) at the San Diego Collegiate Challenge.

**High School** / **Personal**: Lettered in track and field (4 years), basketball (4) and football (3) at Hillsdale High School ... Helped HHS win the State Championship in 2016, while earning an individual Championship in the high jump in 2017 ... Earned All-State honors in basketball in 2019 ... Member of the National Honor Society ... Son of Brian and Rhonda Eves ... Brother, Brock ('21), is a member of the track and field / cross country team at University of Wisconsin Parkside.

## AIDAN FEATHERBY

Jumps | SO. | 6-2 | Corpus Christi, Texas

CAREER HONORS / INDOOR
2022 Patriot League Champion (Long Jump – Indoor)
2022 First Team All-Patriot League (Long Jump – Indoor)

CAREER HONORS / OUTDOOR
2022 Patriot League Champion (Triple Jump – Outdoor)
2022 First Team All-Patriot League (Triple Jump – Outdoor)



2021-22 (Freshman Season): HONORS: Patriot League Champion (Triple Jump – Outdoor) ... Patriot League Champion (Long Jump – Indoor) ... INDOOR: Earned First Team All-Patriot League, winning the long jump with a season-best distance of 7.36m (24-01.75) ... Claimed bronze in the triple jump at the Patriot League Indoor Championship with a season-best performance of 14.10m (46-03.25) ... OUTDOOR: Won the Patriot League Championship in the triple jump with a season-best distance of 14.81m (48-07.25 / NWI)

Notched a season-best performance in the long jump at the Patriot League Outdoor Championship, registering a jump of 7.12m (23-04.50 / 0.0) to claim third in the event.

# **JACQUES GUILLAUME**

Middle Distance | SO. | 5-11 | Jacksonville, Fla

**CAREER HONORS / INDOOR** 

2022 Patriot League Champion (400m)

2022 Patriot League Champion (4x400m Relay)

2022 First Team All-Patriot League (400m)

2022 First Team All-Patriot League (4x400m Relay)



2022 Patriot League Championship Men's Rookie of the Meet

2022 Patriot League Champion (400m)

2022 First Team All-Patriot League (400m)

2022 Second Team All-Patriot League (400m Hurdles)

2022 Second Team All-Patriot League (4x400m Relay)

Patriot League Rookie of the Week (April 26, 2022)

Patriot League Rookie of the Week (March 22, 2022)

**2021-22 (Freshman Season): HONORS:** Patriot League Championship Men's Rookie of the Meet (Outdoor) ... Patriot League Champion (400m – Outdoor) ... Patriot League Champion (400m – Indoor) ... Patriot League Champion (4x400m Relay – Indoor) ...

Second Team All-Patriot League (400m Hurdles – Outdoor) ... Second Team All-Patriot League (4x400m Relay – Outdoor) ... Patriot League Rookie of the Week (March 22; April 26) ... INDOOR: Claimed the Patriot League Championship in the 400m with a time of 48.36, while taking First Team All-Patriot League honors in the 4x400m relay with a collective time of 3:15.80 ... Won the 400m at the Army-Navy Indoor Star Meet with a season-best time of 47.85 ... Clocked a season-best time of 21.97 in the 200m while combining for a season-best time of 3:14.03 in the 4x400m relay at the Darius Dixon Invitational ... OUTDOOR: Earned First Team All-Patriot League in the 400m (48.26), while claiming second-team honors in the 400m hurdles (52.99 – season best) and 4x400m relay (3:17.10) at the Patriot League Outdoor Championship ... Recorded a season-best time of 47.30 in the 400m at the Princeton Elite Meet, while combining to post the top 4x400m relay time of the season (3:14.24) at the Penn Relays.

# **JACK HALLER**

Pole Vault | SR. | 5-10 | Cumming, Ga.

CAREER HONORS / OUTDOOR 2021 NCAA East Regional Qualifier (Pole Vault) 2021 IC4A All-East (Pole Vault – Champion)

**2021-22 (Junior Season): INDOOR:** Pole vaulter who posted a season-best height of 5.10m (16-08.75) at the Army-Navy Indoor Star Meet ... Competed in the heptathlon during the Patriot League Indoor Championship, finishing seventh to earn points for



the team ... **OUTDOOR:** Registered heights in the pole vault in seven meets, notching a season-best performance of 5.07m (16-07.50) at the Navy Spring Meet II.

**2020-21 (Sophomore Season): HONORS:** NCAA East Regional Qualifier (Pole Vault – Outdoor) ... IC4A All-East (Pole Vault – Outdoor Champion) ... **INDOOR:** Registered a season-best height of 4.89m (16-00.50) in the pole vault at the Army-Navy Star Meet ... **OUTDOOR:** Qualified for the NCAA East Regional in the pole vault ... Earned IC4A All-East distinction in the pole vault, recording a season-best jump of 5.08m (16-08.00) at the IC4A Outdoor Championship to win the event and qualify for regionals ... Participated in the decathlon at the Patriot League Outdoor Championship, finishing fifth in his first collegiate multis.

2019-20 (Freshman Season): HONORS: Patriot League Rookie of the Week (Feb. 4) ... INDOOR: Pole vaulter who registered heights in eight meets on the season ... Posted a season-best jump of 5.05m (16-06.75) to win the pole vault in the Army-Navy Indoor Star Series Meet ... Also posted a height of 5.00m (16-04.75) at the Patriot League Indoor Championship, placing fourth to just miss the podium in the event ... OUTDOOR: Competed in one meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Posted a height of 4.75m (15-07.00) in the pole vault at the San Diego Collegiate Challenge.

**High School / Personal:** Lettered for four years in track and field at West Forsyth High School ... Named All-State, All-Metro, and team MVP in 2017 and 2018 ... Prepped at NAPS during the 2018-19 school year ... Son of Richard and Julie Haller ... Had three siblings – Jeff ('14), Lauren ('16), and Cassie ('19) – who all graduated from the Naval Academy.



# **MIDSHIPMEN PROFILES (MEN)**

# **SETHAN HOLLIER**

Sprints | SR. | 5-11 | Baton Rouge, La.

**CAREER HONORS / INDOOR** 

2022 Patriot League Champion (4x400m Relay) 2022 First Team All-Patriot League (4x400m Relay)

2022 Second Team All-Patriot League (200m)



2021 IC4A All-East (100m)

2021 IC4A All-East (200m)

2021 IC4A All-East (4x100m Relay)

2021 IC4A All-East (4x400m Relay)

2022 Patriot League Champion (4x100m Relay)

**2021 Patriot League Champion** (4x400m Relay)

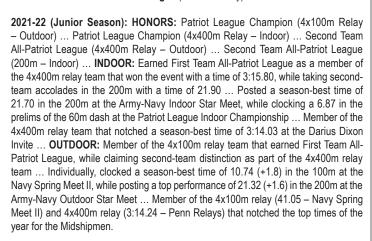
2022 First Team All-Patriot League (4x100m Relay)

2021 First Team All-Patriot League (4x400m Relay)

**2022 Second Team All-Patriot League** (4x400m Relay)

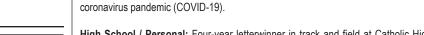
2021 Second Team All-Patriot League (200m)

2021 Second Team All-Patriot League (4x100m Relay)



2020-21 (Sophomore Season): HONORS: IC4A All-East (100m - Outdoor) ... IC4A All-East (200m - Outdoor) ... IC4A All-East (4x100m Relay - Outdoor) ... IC4A All-East (4x400m Relay – Outdoor) ... Patriot League Champion (4x400m Relay – Outdoor) ... Second Team All-Patriot League (200m - Outdoor) ... Second Team All-Patriot League (4x100m Relay – Outdoor) ... INDOOR: Recorded season-best times in the 60m (6.91) and 200m (21.74) at the Navy Intrasquad 1 with top performances in intercollegiate meets coming in the 60m (7.00) against William & Mary and 200m (22.53) at the Army-Navy Indoor Star Meet ... OUTDOOR: Earned IC4A All-East distinction in the 100m (seventh place), 200m (second), 4x100m relay (second), and 4x400m relay (second) ... Clocked a season-best time of 10.67 (+1.8) in the 100m in the preliminaries of the IC4A Outdoor Championship ... Finished second in the 200m at the Patriot League Outdoor Championship with a time of 21.25 (+0.0) to earn second team all-conference honors ... Member of the 4x100m relay team that finished second at both the PL Outdoor Championship (40.89 - season best) and IC4A Championship (41.20) to garner All-Patriot League and All-East accolades, respectively ... Ran the second leg of the 4x400m relay team at the PL Championship that clocked a season-best time of 3:10.38 to win the event and earn First Team All-PL honors.

**2019-20 (Freshman Season): HONORS:** Patriot League Rookie of the Week (Dec. 10) ... **INDOOR:** Sprinter who primarily competed in the 60m and 200m dashes during the indoor season ... Posted a season-best time of 7.01 in the 60m dash on two occasions – in the preliminaries of the Darius Dixon Invitational and at the Wesley A. Brown Invitational ... Notched a season-best time of 21.79 in the 200m dash at the Darius Dixon Invite ... Also made appearances in the 400m dash and 4x400m relay ...



**High School / Personal:** Four-year letterwinner in track and field at Catholic High School of Baton Rouge ... Helped Catholic win seven State Titles, seven Regional Championships, and eight individual titles between 2015-18 ... Earned All-State and team MVP accolades in 2016, '17, and '18 ... Selected as team captain in 2017 and 2018 ... Served as an ambassador for the Scholars Laboratory of Baton Rouge ... Spent the 2018-19 academic year at the New Mexico Military Institute, Roswell, N.M., which is a Naval Academy Foundation School ... Son of Henni Hollier.

OUTDOOR: Did not compete during the outdoor season, which was shortened by the

## **DAVID HUIZENGA**

Throws | SR. | 6-3 | Long Valley, N.J.

CAREER HONORS / OUTDOOR 2021 NCAA East Regional Qualifier (Discus) 2021 IC4A All-East (Discus) 2021 Second Team All-Patriot League (Discus)

CAREER ACADEMIC HONORS
2021 USTFCCCA Scholar Athlete

2021 Academic All-Patriot League (Indoor)



**2021-22** (Junior Season): INDOOR: Recorded a season-best throw of 15.84m (51-11.75) in the shot put at the Princeton Dual, while registering a top performance of 15.75m (51-08.25) in the weight throw at the George Mason Patriot Games ... **OUTDOOR:** Notched a season-best distance of 15.22m (49-11.25) in the shot put at

the Navy Spring Meet II ... Earned bronze in the discus at the Patriot League Outdoor Championship with a third-place finish (49.60m / 162-09), while posting a season-best throw of 53.07m (174-01) in the discus at the Penn Relays ... Recorded a season-long distance of 52.65m (172-09) in the hammer throw at the San Diego Collegiate Challenge.

**2020-21 (Sophomore Season): HONORS:** NCAA East Regional Qualifier (Discus – Outdoor) ... IC4A All-East (Discus – Outdoor) ... Second Team All-Patriot League (Discus – Outdoor) ... USTFCCCA Scholar Athlete ... Academic All-Patriot League (Indoor) ... **INDOOR:** Posted season-best performances in the shot put (14.54m / 47-08.50) and weight throw (15.09m / 49-06.25) at the Patriot League Indoor Challenge

**OUTDOOR:** Qualified for the NCAA East Regional in the discus ... Finished second at the Patriot League Outdoor Championship in the discus with a season-best throw of 53.88m (176-09) to earn All-Patriot League honors and qualify for the NCAA East Preliminaries ... Finished fifth in the discus at the IC4A Outdoor Championship to earn All-East distinction ... Registered a season-best throw of 14.98m (49-01.75) in the shot put at the Navy Twilight Meet, while posting a top performance in the hammer throw at the Navy Invitational III with a distance of 48.99m (160-09).

2019-20 (Freshman Season): INDOOR: Thrower who competed in the shot put and weight throw during the indoor season ... Posted a season-best throw of 14.28m (46-10.25) in the shot put at the Navy Invitational I ... Registered a season-best distance of 14.32m (46-11.75) in the weight throw at the Patriot Games ... OUTDOOR: Competed in one meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Registered marks in the shot put (14.15m / 46-05.25), discus (48.47m / 159-00), and hammer throw (43.04m / 141-02) at the San Diego Collegiate Challenge.

**High School / Personal:** Lettered for three years in both indoor and outdoor track and field at West Morris Central High School in Chester, N.J. ... Earned MVP accolades in 2017, '18, '19, while receiving All-County distinction in 2019 ... Selected team captain as a senior ... Member of the National Honor Society, High Honor Roll, Spanish Honor Society (secretary) ... Volunteered as a camp counselor and flag rugby coach ... Son





# **MIDSHIPMEN PROFILES (MEN)**

of Casper and Mary Huizenga ... Brother, Casper, played rugby at Kutztown University of Pennsylvania, while sister, Aniela, played volleyball at The College of New Jersey (TCNJ) ... Twin brother, Michael ('24), spent a year as member of the New Jersey Institute of Technology (NJIT) track and field team before transferring to the Naval Academy.

# **LEVI KNOBLOCH**

Hurdles | JR. | 6-2 | Alpine, Calif.

CAREER HONORS / OUTDOOR 2022 IC4A All-East (400m Hurdles)

2021-22 (Sophomore Season): HONORS: IC4A All-East (400m Hurdles – Outdoor) ...INDOOR: Posted a season-best time of 51.61 in the 400m at the Navy Select, while clocking a top time of 1:07.13 in the 500m at the Army-Navy Indoor Star Meet ... OUTDOOR: Earned IC4A All-East honors in the 400m hurdles



(54.81) with a seventh place finish ... Notched a season-best time of 54.50 in the 400m hurdles at the Navy Spring Meet II ... Recorded a top time of 51.54 in the 400m at the Ross and Sharon Irwin Meet.

**2020-21 (Freshman Season): INDOOR:** Competed during the Navy Intrasquad 1, recording times in the 60m (7.90), 400m (54.68), and 60m hurdles (10.03) ... **OUTDOOR:** Participated in the 400m hurdles, registering a season-best time of 57.10 at the Navy Invitational II.

## SAM KWATKOSKY

Throws | SR. | 6-5 | Ocala, Fla.

2021-22 (Junior Season): INDOOR: Recorded season-best performances in the shot put (15.02m / 49-03.50) and weight throw (19.23m / 63-01.25) at the Patriot League Indoor Championship ... OUTDOOR: Registered a season-best throw of 14.80m (48-06.75) in the shot put at the San Diego Collegiate Challenge, while posting a top performance of 45.29m (148-07) in the discus at the Navy Spring Meet II ... Logged a season-best distance of 57.10m (187-04) in the hammer throw at the Army-Navy Outdoor Star Meet.



**2020-21 (Sophomore Season): INDOOR:** Recorded a season-best mark of 16.21m (53-02.25) in the weight throw against William & Mary ... Competed in the shot put during a pair of Navy Intrasquad meets, notching a season-best throw of 14.18m (46-06.25)

**OUTDOOR:** Registered a season-best throw of 13.91m (45-07.75) in the shot put at the Navy Invitational III, while posting a top performance of 44.19m (145-00) in the discus at the Navy Invite II ... Posted a season-best distance of 54.03m (177-03) in the hammer throw at the IC4A Outdoor Championship.

2019-20 (Freshman Season): INDOOR: Thrower who took part in the shot put and weight throw during the indoor season ... Notched a season-long throw of 13.60m (44-07.50) in the shot put at the Darius Dixon Invitational ... Registered a season-best distance of 14.82m (48-07.50) in the weight throw at the Navy Invitational II ... OUTDOOR: Competed in Navy's only meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Registered distances in the shot put (12.48m / 40-11.50), discus (44.70m / 146-08), and hammer throw (44.41m / 145-08) at the San Diego Collegiate Challenge.

**High School / Personal:** Lettered in track and field (4 years), football (4), and basketball (2) at Trinity Catholic High School ... Selected as the men's track and field team MVP as a senior, while also being named team captain ... Earned defensive MVP and team

captain for football ... Helped basketball team to a State Championship runner-up finish in 2018 ... Student Body President as a senior ... Member of the National Honor Society, serving as the leadership chairman ... Son of John and Barbara Kwatkosky.

# **JACK MARIANO**

Distance | SR. | 6-1 | Quincy, Mass.

**2021-22 (Junior Season): INDOOR:** Ran the mile (4:23.61) at the Navy Invitational, while taking part in the 3,000m (8:57.35) at the Navy Select ... **OUTDOOR:** Recorded a season-best time of 9:29.63 in the 3,000m steeplechase at the Navy Spring Meet II.

2020-21 (Sophomore Season): INDOOR: Competed in the 1-mile run (4:26.72) and 3,000m (8:48.04) in a pair of Navy Intrasquad meets during the indoor season ... OUTDOOR: Recorded a

season-best time of 14:58.91 in the 5,000m at the Navy Invitational III, while posting a time of 9:52.51 in the 3,000m steeplechase at the Navy Twilight Meet.

**2019-20 (Freshman Season): INDOOR:** Distance runner who competed in the 1,000m, one-mile, and 3,000m runs as an individual ... Clocked a season-best time of 2:32.09 in the 1,000m run at the Patriot Games, while registering a time of 4:19.23 in the one-mile run at the Darius Dixon Invitational ... In the 3,000m run, recorded a season-best time of 8:35.57 at the Navy Select ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Competed with the Xavierian Brothers High School indoor (4 letters) / outdoor (4) track and field, and cross country (3) teams ... Won the individual 2018 Catholic Conference Cross Country Championship and was the conference MVP for 2018 ... The 2019 MIAA Division I State Champion for the indoor mile run, as well as the 2019 Catholic Conference Champion for the indoor two-mile run ... Served as team captain for both the cross country and track and field programs ... Named to the 2018 Boston Globe and Boston Herald All-Scholastic Teams ... Member of the National, Music, and Spanish Honor Society groups ... Volunteered with the Appalachia Service Project ... Son of Andrew and Ann ... Cousin Ryan Mariano graduated from the Naval Academy with the Class of 2018.

# **JORDAN PAYNE**

Jumps | JR. | 6-2 | Wendell, N.C.

CAREER HONORS / INDOOR
2022 Patriot League Champion (Triple Jump)
2022 First Team All-Patriot League (Triple Jump)
Patriot League Rookie of the Week (March 1, 2021)



CAREER HONORS / OUTDOOR

2022 Second Team All-Patriot League (Triple Jump)

**2021-22 (Sophomore Season): HONORS:** Patriot League Champion (Triple Jump – Indoor) ... Second Team All-Patriot League (Triple Jump – Outdoor) ... **INDOOR:** Earned First Team All-Patriot League honors, winning the triple jump with a distance of 14.69m (48-02.50) ... Won the triple jump at the Army-Navy Indoor Star Meet with a season-best distance of 14.71m (48-03.25) ... Registered a season-best distance of 6.86m (22-06.25) in the long jump at the Navy Invitational ... **OUTDOOR:** Finished second in the triple jump at the Patriot League Outdoor Championship with a season-best performance of 14.77m (48-05.50 / NWI) to earn second-team all-conference distinction ... Also competed in the long jump at the PL Championship, registering a distance of 6.74m (22-01.50 / +0.3).

**2020-21 (Freshman Season): HONORS:** Patriot League Rookie of the Week (March 1) ... INDOOR: Recorded a season-best distance of 15.06m (49-05.00) in the triple





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# **MIDSHIPMEN PROFILES (MEN)**

jump at the Patriot League Indoor Challenge ... **OUTDOOR:** Earned bronze with a third-place finish in the triple jump at the Patriot League Outdoor Championship with a season-best distance of 14.83m (48-08.00 / +1.9).

High School / Personal: Lettered in track and field (4 years) and football (4) at Panther Creek High School in Cary N.C. ... Helped track and field team win the State Indoor Championship as a senior ... Four-time All-State performer as a junior / senior ... Regional Champion in the triple jump as a junior, while earning All-Region distinction in the triple jump four times ... Finished as the runner up at the State Championship in the triple jump as a junior ... Named Conference Athlete of the Year as a junior ... Selected team captain as a senior ... In football, named All-Conference and team captain as a senior ... Editor in Chief of newspaper class ... Son of Douglas Payne and Tiffany Lowe-Payne ... Father, Douglas, played football at Salisbury University, while brother, Andre, played football at Howard University.

# **BRADEN PRESSER**

Javelin | JR. | 6-4 | Liberty, Mo.

#### **CAREER HONORS / OUTDOOR**

2022 Honorable Mention All-American (Javelin)

2022 NCAA Championship Qualifier (Javelin)

2022 NCAA Regional Qualifier (Javelin)

2021 NCAA Regional Qualifier (Javelin)

2021 IC4A All-East (Javelin)

2022 Patriot League Champion (Javelin)

2022 First Team All-Patriot League (Javelin)



#### **CAREER ACADEMIC HONORS**

2022 Patriot League All-Academic Team (Outdoor)

2022 USTFCCCA Scholar Athlete (Track and Field)

2021 USTFCCCA Scholar Athlete (Track and Field)

**2021-22 (Sophomore Season): HONORS:** Honorable Mention All-American (Javelin – Outdoor) ... NCAA Championship Qualifier (Javelin – Outdoor) ... NCAA Regional Qualifier (Javelin – Outdoor) ... Patriot League Champion (Javelin – Outdoor) ... USTFCCCA Scholar Athlete ... Patriot League All-Academic Team (Outdoor) ... Patriot League Field Athlete of the Week (March 22; April 5) ... **OUTDOOR:** Earned Honorable Mention All-America accolades with an 18th-place finish in the javelin at the NCAA Outdoor Track and Field Championships ... Qualified for the NCAA Championships with a distance of 72.17m (236-09) at the NCAA East Preliminaries to finish sixth in the javelin ... Earned First Team All-Patriot League, while also winning the javelin at the Army-Navy Outdoor Star Meet ... Posted a season-best distance of 73.55m (241-03) in the javelin at the Ross and Sharon Irwin Meet in California.

2020-21 (Freshman Season): HONORS: NCAA Regional Qualifier (Javelin – Outdoor) ... IC4A All-East (Javelin – Outdoor) ... USTFCCCA Scholar Athlete ... OUTDOOR: Qualified for the NCAA East Regional in the javelin ... Finished third with a season-best throw of 70.22m (230-04) in the javelin at the IC4A Outdoor Championship to earn All-East distinction and qualify for the NCAA East Preliminaries ... Took bronze in the Patriot League Outdoor Championship with a then-season-best throw of 67.82m (222-06).

High School / Personal: Lettered in track and field (4 years) and football (1) at Liberty North High School in Liberty, Mo. ... State runner-up in the javelin as a sophomore and junior, setting the Liberty North school record in the event (189-0) as a junior ... Earned First Team All-Conference as a freshman, sophomore, and junior ... Named team captain as a senior ... Selected Second Team All-Conference as a punter, helping the football team to the Conference and District Championships as a senior ... Member of the National Honor Society, serving as vice president ... Valedictorian ... Son of Emily and Ryan Schmitt and Chris and Martha Presser ... Father, Chris, played baseball at Baker University, while mother, Emily, competed in volleyball at Baker University.

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# **MIKE QUISPE**

Middle Distance | SR. | 6-1 | Cedar Point, N.C.

**2021-22 (Junior Season): INDOOR:** Recorded a season-best time in the 200m (22.63) and 400m (50.36) at the Navy Select, while clocking a top performance in the 500m (1:06.58) during the Princeton Dual ... **OUTDOOR:** Registered a season-best time of 49.65 in the 400m at the George Mason Invitational ... Also participated in the 200m (23.62 / -0.1) at the Navy Spring Meet I.



**2020-21 (Sophomore Season): INDOOR:** Did not compete during the indoor season ... **OUTDOOR:** Competed in the 400m, clocking a season-best time of 51.35 at the Navy Invitational III ... Member of one of the 4x400m relay teams that competed during the Navy Invitational II.

**2019-20 (Freshman Season): INDOOR:** Primarily competed in the 500m as a freshman during the indoor season ... Clocked a season-best time of 1:06.69 in the 500m at the Navy Invitational II ... Also took part in the 400m, 800m, and 4x400m relay ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

**High School / Personal:** Lettered for four years in track and field at Croatan High School in Newport N.C. ... Helped CHS to the 2018 Indoor State Championship ... Earned All-State accolades in 2016, '17, and '18 ... Member of the Beta Club ... Prepped at NAPS during the 2018-19 school year ... Son of Rodolfo and Kerri Quispe ... Sister, Meagan Quispe ('22), currently attends the Naval Academy.

## **ALEX RIZZO**

Distance | SR. | 6-0 | Bronxville, N.Y.

CAREER HONORS / INDOOR 2022 Second Team All-Patriot League (1-Mile)

CAREER HONORS / OUTDOOR
2022 NCAA East Regional Qualifier (800m)
2021 IC4A All-East (4x800m Relay – Champion)
2022 Second Team All-Patriot League (1,500m)
2021 Second Team All-Patriot League (4x800m Relay)



2021-22 (Junior Season): HONORS: NCAA East Regional Qualifier (800m – Outdoor) ... Second Team All-Patriot League (1,500m – Outdoor) ... Second Team All-Patriot League (1,500m – Outdoor) ... Second Team All-Patriot League (1-Mile – Indoor) ... Patriot League Track Athlete of the Week (Jan. 18; Jan. 25) ... INDOOR: Earned Second Team All-Patriot League in the mile with a time of 4:05.95, while taking bronze in the distance medley relay at the Patriot League Indoor Championship with a collective time of 10:08.12 ... Posted a season-best time of 4:00.35 in the mile at the BU Valentine Invitational ... Won the mile at the Army-Navy Indoor Star Meet with a time of 4:00.84 ... OUTDOOR: Earned Second Team All-Patriot League in the 1,500m with a second-place time of 3:50.02 ... Registered season-best performances in the 800m (1:48.53) and 1,500m (3:41.59) at the Virginia Challenge ... Member of the 4x800m relay team that won the event at the Penn Relays with a season-best time of 7:24.92.

2020-21 (Sophomore Season): HONORS: IC4A All-East (4x800m Relay – Outdoor Champion) ... Second Team All-Patriot League (4x800m Relay – Outdoor) ... INDOOR: Ran as season-best time of 1:52.21 in the 800m at the Navy Intrasquad 3, while posting a time of 1:52.24 in the event in an intercollegiate meet against William & Mary ... Notched a time of 4:05.82 in the mile at the Patriot League Indoor Challenge with a time of 2:23.81 in the 1,000m at the Navy Intrasquad 2 ... OUTDOOR: Earned IC4A All-East honors as a member of the 4x800m relay team that won the event with a season-best time of 7:30.33 at the IC4A Outdoor Championship ... Earned Second Team All-Patriot League in the 4x800m relay, clocking a then-season-best time of 7:45.32 at the PL

# **MIDSHIPMEN PROFILES (MEN)**

Outdoor Championship  $\dots$  Individually, recorded a season-best time of 3:47.96 in the 1,500m at the IC4As.

**2019-20 (Freshman Season): INDOOR:** Posted a season-best time of 4:17.31 in the one-mile run at the Darius Dixon Invitational ... Also ran the 1,000m and the 4x800m relay at the Army-Navy Star Series Meet ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

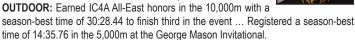
High School / Personal: A 2019 New York State DII Champion for the 1,600m run at both the NYSPHSAA Indoor and Outdoor Championship meets ... Member of Bronxville's 2019 DII State Championship-winning outdoor 4x800m relay team ... Ran with Bronxville's sprint medley relay team that won the 2019 New Balance National Indoor Championship; his distance medley team placed third in the nation at the same meet ... Rizzo's DMR team finished runner-up at the 2019 Penn Relays ... Bronxville placed second in the team standings at the 2019 New York State Outdoor T&F Championship meet ... Finished fourth at the 2018 NYSPHSAA Class C State Cross Country Championship after crossing the line fifth at the 2017 meet ... In total, garnered nine All-State honors, two All-American nods and earned four New York State titles ... Captained seven of his Bronxville teams beginning with his sophomore track and field season ... Son of Peter and Charlotte ... Twin brother Matthew runs cross country and track and field at Stanford ... Older sister Meredith ran for the XC and TF programs at Yale (2013-17), as well as at Georgetown as a grad student ('17-18).

# MITCHELL ROME

Distance | SR. | 5-11 | Dallas, Pa.

CAREER HONORS / OUTDOOR 2022 IC4A All-East (10,000m)

**2021-22** (Junior Season): HONORS: IC4A All-East (10,000m – Outdoor) ... INDOOR: Recorded a season-best time of 14:38.35 in the 5,000m at the Darius Dixon Invitational, while clocking a time of 8:21.96 in the 3,000m at the Wesley Brown Invitational ... OUTDOOR: Farned IC4A All-East honors in the 10,000m with a



**2020-21 (Sophomore Season): INDOOR:** Did not compete during the indoor season ... **OUTDOOR:** Recorded a season-best time of 14:59.81 in the 5,000m at the Navy Spring Invitational ... Posted a time of 32:03.59 in the 10,000m at the Navy Invitational II.

**2019-20 (Freshman Season): INDOOR:** Recorded a season-best time of 15:28.84 in the 5,000m at the Navy Invitational I, while clocking a time of 8:59.40 in the 3,000m run at the Wesley A. Brown Invitational

**OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Competed in cross country and track and field for Dallas High School ... 2018 Wyoming Valley Conference and District 2 Class 2A Champion ... Earned All-State honors, finishing fourth in the 2018 PIAA Class 2A State Championship race; also earned All-State as a junior in 2017 after placing 12th ... Medaled and received Third Team All-Northeast status by finishing 30th at the 2018 Foot Locker Northeast Championship ... Helped Dallas win the PIAA Class 2A Cross Country State Championship in 2015 and 2016 ... Son of Craig and Amy ... Both parents were collegiate athletes as father wrestled at Wilkes University, while mother ran XC/TF at Penn State ... Older sisters Regan and Ally ran XC/TF in college; Regan at William & Mary (2014-17) and Providence (2018-19) and Ally at Princeton (2016-21).

# **WALKER RUDISAILE**

Pole Vault | JR. | 5-10 | Marion, Texas

CAREER HONORS / INDOOR 2022 Patriot League Champion (Pole Vault) 2022 First Team All-Patriot League (Pole Vault)

CAREER HONORS / OUTDOOR 2022 NCAA East Regional Qualifier (Pole Vault) 2021 IC4A All-East (Pole Vault) 2022 Patriot League Champion (Pole Vault) 2022 First Team All-Patriot League (Pole Vault)



2021-22 (Sophomore Season): HONORS: NCAA East Regional Qualifier (Pole Vault – Outdoor) ... Patriot League Champion (Pole Vault – Outdoor) ... Patriot League Champion (Pole Vault – Indoor) ... Patriot League Field Athlete of the Week (Feb. 1; Feb. 15; Feb. 22) ... INDOOR: Earned the First Team All-Patriot League with a first-place finish in the pole vault, clearing a season-best height of 5.35m (17-06.50) ... Earned points for the team at the Patriot League Indoor Championship with a fifth-place finish in the 200m (22.24 – season best) ... Won the pole vault at the Army-Navy Indoor Star Meet (5.20m / 17-00.75) ... OUTDOOR: Qualified for the NCAA East Preliminaries in the pole vault ... Won the pole vault at the Patriot League Outdoor Championship with a season-best vault of 5.18m (17-00.00) ... Tied for first with teammate Charles Crispi ('22) in the pole vault to earn maximum points at the Army-Navy Outdoor Star Meet.

**2020-21 (Freshman Season): HONORS:** IC4A All-East (Pole Vault – Outdoor) ... Patriot League Rookie of the Week (Feb. 16) ... **INDOOR:** Recorded a season-best height of 5.00m (16-04.75) in the pole vault to win the event at the Army-Navy Indoor Star Meet ... Also registered a height of 5.00m (16-04.75) in the pole vault at the Navy Intrasquad 3 ... **OUTDOOR:** Earned IC4A All-East honors in the pole vault with a season-best height of 4.98m (16-04.00) to finish second in the event.

**High School / Personal:** Lettered in track and field at Marion High School in Marion, Texas ... Won the State Championship in the pole vault as a junior ... Son of Richard and Valerie Rudisaile.

# **JONATHAN SIMMONS**

Middle Distance | SO. | 5-10 | Oakland, Calif.

CAREER HONORS / INDOOR 2022 Patriot League Champion (4x400m Relay) 2022 First Team All-Patriot League (4x400m Relay)

CAREER HONORS / OUTDOOR
2022 Second Team All-Patriot League (400m)
2022 Second Team All-Patriot League (4x400m Relay)
Patriot League Rookie of the Week (April 19, 2022)



2021-22 (Freshman Season): HONORS: Patriot League Champion (4x400m Relay – Indoor) ... Second Team All-Patriot League (400m – Outdoor) ... Second Team All-Patriot League (4x400m Relay – Outdoor) ... Patriot League Rookie of the Week (April 19) ... INDOOR: Member of the 4x400m relay team that won the event with time of 3:15.80 to earn First Team All-Patriot League honors ... Earned bronze in the 400m at the Patriot League Indoor Championship with a season-best time of 48.73 ... Clocked a season-best time of 1:04.25 in the 500m at the Wesley Brown Invitational ... Member of the 4x400m relay team that posted a season-best time of 3:14.03 at the Darius Dixon Invitational .... OUTDOOR: Earned Second Team All-Patriot League in the 400m (48.35) and 4x400m relay (3:17.10) with second-place finishes at the Patriot League Outdoor Championship ... Posted a season-best time of 47.73 in the 400m at the Princeton Elite Invitational ... Member of the 4x400m relay team that clocked a top

# **MIDSHIPMEN PROFILES (MEN)**

performance of 3:14.24 at the Penn Relays.

**High School / Personal:** Attended East Bay Innovation Academy in Oakland, Calif., Oakland Technical High School in Oakland, Calif., and Skyline High School in Oakland, Calif. ... All-State in track and field as a senior, while earning team MVP and being named team captain for both track and cross country teams ... Helped Skyline cross country team to the Oakland Athletic League (OAL) Championship as a junior and senior ... Salutatorian ... Student Body Vice President as a junior and President as a senior ... Son of Megan and Karl Simmons.

# **CONRAD SWENSON**

Hurdles | SR. | 6-3 | Lander, Wyo.

2021-22 (Junior Season): INDOOR: Recorded season-best performances in the 400m (51.28) and 60m hurdles (8.65) at the Navy Invitational ... Took part in a pair of 4x400m relay races during the indoor season ... OUTDOOR: Registered a season-best time of 15.30 (+0.9) in the 110m hurdles at the Navy Spring Meet I, matching that time (15.30 / -0.8) in the preliminaries at the IC4A Outdoor Championship ... Posted a season-best performance of 56.76 in the 400m hurdles at the Army-Navy Outdoor Star Meet.



**2020-21 (Sophomore Season): INDOOR:** Recorded a season-best time of 51.01 in the 400m against William & Mary, while clocking a season-best time of 1:07.06 in the 500m at the Army-Navy Indoor Star Meet ... Registered top performances in the 60m (7.40) and 60m hurdles (8.74) at the Navy Intrasquad 1

**OUTDOOR:** Recorded season-best performances in the 110m hurdles (15.85 / +1.0) and 400m hurdles (56.68) at the Navy Spring Invitational.

**2019-20 (Freshman Season): INDOOR:** Posted a season-best time of 8.85 in the prelims of the 60m hurdles at the Navy Invitational I ... Recorded a season-best time of 1:06.77 in the 500m at the Navy Invitational II ... Also competed in the 400m dash and the 4x400m run ... **OUTDOOR:** Competed in Navy's one meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Clocked a time of 16.23 in the 110m hurdles, while crossing the finish line with a time of 58.65 in the 400m hurdles at the San Diego Collegiate Challenge.

**High School** / **Personal:** Lettered in track and field (4 years), football (3), and basketball (3) at Lander Valley High School ... Wyoming 3A State Champion in the 300m hurdles (2018), Wyoming 3A West 4x100m relay champion (2019), Wyoming 3A Sprint Medley Relay Regional Champion (2019) ... Earned All-State (2018, '19), team MVP (2018, '19), team outstanding freshman (2016), and team captain (2018, '19) ... Winner of the 59th Annual Wilford Mower Award, presented to the top Class 3A/4A athlete in the Big Horn Basin and Fremont County ... Member of National Honor Society and Future Farmers of America ... Son of Paul and Carol Swenson ... Father, Paul, played football at Kansas University (1981-85).

# **BRAHMIR VICK**

Sprints | JR. | 5-9 | Middletown, Del.

CAREER HONORS / INDOOR
2022 Second Team All-Patriot League (60m Hurdlesr)

CAREER HONORS / OUTDOOR
2022 NCAA East Regional Qualifier (110m Hurdles)
2021 NCAA East Regional Qualifier (110m Hurdles)
2021 IC4A All-East (110m Hurdles)
2022 Patriot League Champion (4x100m Relay)





2021-22 (Sophomore Season): HONORS: NCAA East Regional Qualifier (110m Hurdles – Outdoor) ... Patriot League Champion (4x100m Relay – Outdoor) ... Second Team All-Patriot League (60m Hurdles – Indoor) ... INDOOR: Earned Second Team All-Patriot League honors in the 60m hurdles with a second-place finish with a season-best time of 7.90 ... Won the 60m hurdles (7.97) at the Army-Navy Indoor Star Meet ... Became the second Midshipmen in program history to break eight seconds in the 60m hurdles, clocking a 7.99 at the Navy Invitational ... OUTDOOR: Qualified for the NCAA East Regional in the 110m hurdles ... Earned First Team All-Patriot League as part of the 4x100m relay (41.66) ... Broke the Navy school record with a season-best time of 13.71 (-1.5) at the NCAA East Preliminary ... Won the 110m hurdles (13.95 / +1.2) at the Army-Navy Outdoor Star Meet ... Member of the 4x100m relay team that clocked a season-best time of 41.05 at the Navy Spring Meet II.

2020-21 (Freshman Season): HONORS: NCAA East Regional Qualifier (110m Hurdles – Outdoor) ... IC4A All-East (110m Hurdles – Outdoor) ... Second Team All-Patriot League (110m Hurdles – Outdoor) ... Patriot League Rookie of the Week (Feb. 10; April 20) ... INDOOR: Recorded a season-best time of 8.03 in the 60m hurdles at the Army-Navy Indoor Star Meet and at the Navy Intrasquad 1 ... Notched season-best performances in the 60m (7.04) and 200m (22.87) at the Navy Intrasquad 1 ... OUTDOOR: Qualified for the NCAA East Regional in the 110m hurdles ... Posted a season-best time of 13.91 (+2.2) in the 110m hurdles at the NCAA East Prelims ... Best wind-legal time in the 110m hurdles came at the IC4A Outdoor Championship (14.07 / +1.0) to finish second and earn All-East honors ... Finished second at the Patriot League Outdoor Championship (14.14 / +1.3) in the 110m hurdles to earn all-conference accolades.

**High School / Personal:** Lettered in track and field at Middletown High School in Middletown, Del. ... 2018-19 and 2019-20 Delaware Boys Track & Field Gatorade Player of the Year ... A seven-time high school All-American in track and field ... 2018-19 Delaware Boys Track and Field Athlete of the Year ... Set the state record in the 55m and 110m hurdles ... Co-President and founder of Focus Young Men's Group – A youth group addressing on racism and social justice for young men of color ... Member of the Athletic Leadership Committee ... Honor Roll Son of Johnny and Ericka DiCastanado.

# **MIDSHIPMEN PROFILES (WOMEN)**

# ELLIE ABRAHAM

Distance | JR. | 5-5 | Brookings, S.D.

#### **CAREER HONORS / INDOOR**

2022 Patriot League Champion (Distance Medley Relay)

2022 First Team All-Patriot League (Distance Medley Relay)

2022 Second Team All-Patriot League (800m)

2022 Second Team All-Patriot League (4x800m Relay)

#### **CAREER HONORS / OUTDOOR**

2022 NCAA East Regional Qualifier (3,000m Steeplechase)

2022 ECAC All-East (1,500m)

2022 Patriot League Champion (3,000m Steeplechase)

2022 First Team All-Patriot League (3,000m Steeplechase)

2021 Second Team All-Patriot League (3,000m Steeplechase)

2021 Second Team All-Patriot League (4x800m Relay)

#### CAREER ACADEMIC HONORS

2022 USTFCCCA Scholar Athlete (Track and Field)

2022 Patriot League All-Academic Team (Outdoor)

2022 Patriot League All-Academic Team (Indoor)



2020-21 (Freshman Season): HONORS: Second Team All-Patriot League (3,000m Steeplechase - Outdoor) ... Second Team All-Patriot League (4x800m Relay -Outdoor) ... Patriot League Rookie of the Week (April 27) ... INDOOR: Posted a season-best time of 2:53.79 in the 1,000m at the Army-Navy Indoor Star Meet ... Recorded top times in the 800m (2:15.82) and 1-mile (4:59.37) during a pair of Navy's Intrasquad meets ... Member of the 4x800m relay team that clocked a season-best performance of 9:16.86 against Army ... OUTDOOR: Earned Second Team All-Patriot League honors in the 3,000m steeplechase with a season-best time of 10:32.75 at the Patriot League Outdoor Championship ... Member of the 4x800m relay team (9:07.23) that earned Second Team All-Patriot League distinction with a second-place finish at the PL Outdoor Championship ... Clocked season-best performances in the 800m (2:13.72) and 1,500m (4:32.84) at the Navy Invite II and III, respectively.

High School / Personal: Ran cross country for Brookings High School for six seasons, as well as track for four; additionally played club soccer ... Won the 2015 and 2017 South Dakota High School Class AA State Championships ... Swept the Eastern South Dakota individual championships four straight years from 2016 through 2019 ... Named the 2017 South Dakota Gatorade Cross Country Player of the Year ... Garnered South Dakota Class AA All-State, All-Eastern South Dakota and Brookings HS Team MVP honors all six seasons competing in cross country ... Served as team captain her

final three years with the XC squad ... Accomplished in distance track events too as she holds Brookings' school records in the 800m, 1600m and medley relay ... Won the South Dakota Class AA 800-meter State Championship in 2017 and 2018, also won with the medley relay team at the same state championships ... Abraham and Brookings' medley relay team set the state meet record at the 2017 championship Participated in South Dakota's All-State Choir (three years) and All-State Band (four years) ... Daughter of Ross and Julie.

## WINTER BOESE

Distance | SR. | 5-7 | Clark, Colo.

**CAREER HONORS / OUTDOOR** 

2022 NCAA East Regional Qualifier (3,000m steeplechase) 2022 Second Team All-Patriot League (3,000m steeplechase)

record time of 11:32.80 to finish second at the Penn Relays.

**CAREER ACADEMIC HONORS** 2022 USTFCCCA Scholar Athlete (Track and Field)

2021-22 (Junior Season): HONORS: NCAA East Regional Qualifier (3,000m steeplechase - Outdoor) ... Second Team All-Patriot League (3,000m steeplechase - Outdoor) ... USTFCCCA Scholar Athlete (Track and Field) ... Patriot League Track Athlete of the Week (April 26) ... INDOOR: Scored points in Navy's victory at the Patriot League Indoor Championship with a fifth-place finish in the mile (4:51.24 – season best) and an eighth-place finish in the 3,000m (9:52.41) ... Recorded a season-best time of 9:50.60 in the 3,000m at the Darius Dixon Invitational ... OUTDOOR: Qualified for the NCAA East Regional in the 3,000m steeplechase ... Earned Second Team All-Patriot League in the steeplechase with time of 10:28.53 ... Clocked a Navy school record in the steeplechase (10:14.85) at the Virginia Challenge ... Ran in the 1,500m (4:34.41) at the ECAC Outdoor Championship, while scoring points with a seventh-place finish in the 5,000m (16:44.23) at the Patriot League Outdoor Championship ... Member of the distance medley relay that clocked a school-

2020-21 (Sophomore Season): INDOOR: Recorded a season-best time of 2:56.74 in the 1,000m at the Army-Navy Indoor Star Meet ... Clocked times in the mile (5:06.48) and 3,000m (10:14.87) at Navy Intrasquad meets ... OUTDOOR: Finished just off of the podium with a fourth-place finish at the Patriot League Outdoor Championship with a season-best time of 11:03.71 in the 3,000m steeplechase ... Clocked a time of 17:48.46 in the 5,000m at the Navy 5K Time Trial, while registering a time of 4:40.44 in the 1,500m at the Navy Invitational II.

2019-20 (Freshman Season): INDOOR: Primarily competed in the distance events, recording season-best times in the 3,000m (10:29.18) and 5,000m (18:13.58) at the Darius Dixon Invitational and Patriot Games, respectively ... Notched season-best times of 2:20.96 in the 800m and 5:06.63 in the mile at the Navy Select ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: An eight-time letter winner at Steamboat Springs High School; four in each of cross country and track and field ... Earned First Team All-State Class 3A honors as a sophomore in 2016 after placing seventh at the Colorado State Championship and later Second Team All-State Class 3A accolades as a junior in 2017 following her ninth-place finish at the state meet ... Aided Steamboat Springs' second-place finish at the 2017 Colorado Class 3A State Championship ... In track, finished eighth in the 800m run at the state championship in 2017 before coming back the following year and placing third in the 4x800m relay at the 2018 Colorado Class 4A State Championship ... Played hockey during the winter seasons with the Steamboat 19U, a member of the Mountain States Girls Hockey League ... Daughter of Richard and Donna.





#### TRACK 2022-23 NAVY & FIELD

# **MIDSHIPMEN PROFILES (WOMEN)**

# **EMILY BOUTIN**

Distance | JR. | 5-3 | Chicopee, Mass.

**CAREER HONORS / OUTDOOR** 2021 ECAC All-East (3.000m)

2021-22 (Sophomore Season): HONORS: Patriot League Athlete of the Week (Feb. 22) ... INDOOR: Recorded a seasonbest time of 4:53.30 in the mile at the Navy Select, while posting a top performance of 9:48.75 in the 3,000m at the Wesley Brown Invitational ... Scored points at the Patriot League Indoor



Championship with a sixth-place finish in the mile (4:55.09) and seventh-place finish in the 3,000m (9:51.87) ... OUTDOOR: Clocked a season-best time of 4:33.96 in the 1,500m at the Virginia Challenge, while posting a season-best time of 16:40.42 in the 5,000m at the Larry Ellis Invitational ... Member of the distance medley relay that clocked a school-record time of 11:32.80 to finish second at the Penn Relays.

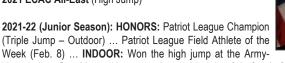
2020-21 (Freshman Season): HONORS: ECAC All-East (3,000m - Outdoor) ... **INDOOR:** Recorded a season-best time in the 1.000m (2:58.75) against William & Mary, while clocking times in the mile (5:05.11) and 3.000m (10:18.40) at Navy Intrasquads ... OUTDOOR: Earned ECAC All-East honors in the 3,000m at the ECAC Outdoor Championship with a sixth place finish with a time of 10:08.67 ... Recorded a season-best time of 10:05.50 in the 3,000m at the Navy Twilight Meet ... Registered a time of 4:38.88 in the 1,500m at the Navy Invite III.

High School / Personal: Earned 12 combined varsity letters running cross country, indoor track and outdoor track at Pope Francis Prep School ... Won the 2018 and 2019 MIAA Western Division XC Championship and finished second at the 2019 MIAA State Meet out of 176 runners ... Garnered Pioneer South All-League and First Team All-Western Massachusetts honors in all four seasons competing with Pope Francis' cross country teams ... Mirrored those honors as an All-Valley League North All-Star and First Team All-Western Massachusetts performer all four seasons with the indoor track team ... Named All-Valley League North All-Star and All-Western Massachusetts in 2018 and 2019 for outdoor track ... Collected Outstanding Runner Performer accolades across all three sports ... Daughter of Roger and Marie ... Father serves in the United States Army ... Second cousin and sponsor parent Jeff McNichols graduated from USNA in 1999.

# **MOLLY CHAPMAN**

Jumps | SR. | 5-8 | Leesburg, Va.

**CAREER HONORS / OUTDOOR** 2022 Patriot League Champion (Triple Jump) 2022 First Team All-Patriot League (Triple Jump) 2021 ECAC All-East (High Jump)





Navy Indoor Star Meet with a school-record height of 1.73m (5-08.00), tying with teammate Taylor Buchanan ('22) to earn maximum points in the event ... Also won the triple jump at the Star Meet with a season-best mark of 11.94m (39-02.25) ... Finished fourth in the triple jump (11.80m / 38-08.75) at the Patriot League Indoor Championship ... OUTDOOR: Earned First Team All-Patriot League in the triple jump with a season-best distance of 12.21m (40-00.75 / NWI), while finishing fourth in the high jump with a season-best height of 1.68m (5-06.00) at the conference meet ... Also, topped 12-meters in the triple jump with a distance of 12.08m (39-07.75 / +1.0) at the Army-Navy Star Meet, finishing second behind teammate Sami Bollinger ('25) to claim maximum points for the Midshipmen in the event.

2020-21 (Sophomore Season): HONORS: ECAC All-East (High Jump – Outdoor) ... INDOOR: Recorded a season-best height of 1.70m (5-07.00) in the high jump against William & Mary ... Notched a season-long distance of 12.06m (39-07.00) in the triple jump at the Patriot League Indoor Challenge ... OUTDOOR: Earned ECAC All-East honors in the high jump with a season-best height of 1.66m (5-05.25) to finish fifth at the ECAC Outdoor Championship ... Logged a distance of 11.82m (38-09.50 / +3.0) in the triple jump at the Army-Navy Outdoor Star Meet, while registering a performance of 11.80m (38-08.75 / +1.1) in the triple jump at the Patriot League Outdoor Championship ... Notched a distance of 5.64m (18-06.00 / +1.4) in the long jump at the Navy Invitational II.

2019-20 (Freshman Season): INDOOR: Cleared a season-best height of 1.68m (5-06.00) in the high jump at the Wesley A. Brown Invitational ... Just missed tying her season-best height in the high jump at the Patriot League Indoor Championship, recording a height of 1.65m (5-05.00) ... Registered a season-best distance of 11.67m (38-03.50) in the triple jump at the Navy Invitational I ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-

High School / Personal: Lettered in track and field (3 years), gymnastics (3), and cheerleading (3) at Loudoun County High School in Leesburg, Va. ... Helped LCHS to Region and Conference Championships in 2018 ... Earned All-State (2016, '17, '18), All-County (2016, '17), Rookie Award (2016), and MVP (2017, '18) ... National qualifier and state runner-up ... Team captain as a senior ... Member of the Drama Club and Improv Team, serving as captain for both ... Prepped at NAPS during the 2018-19 school year ... Daughter of Michael and Ann Chapman ... Brother, Kevin, played football at the Coast Guard Academy ... Brother, Patrick, was a 2003 graduate of the Naval Academy.

# **EMILY ETTRICH**

Distance | SR. | 5-6 | Whispering Pines, N.C.

2021-22 (Junior Season): INDOOR: Recorded a season-best time of 2:17.36 in the 800m at the Navy Select, while posting a time of 3:01.15 in the 1,000m at the Wesley Brown Invitational ... OUTDOOR: Registered a season-best time of 4:37.26 in the 800m at the Larry Ellis Invitational ... Earned bronze as a member of the 4x800m relay team (9:05.57), while also scoring points in the 1,500m (4:37.26 - season best) with a seventh-place finish at the Patriot League Outdoor Championship.



2020-21 (Sophomore Season): INDOOR: Clocked season-best performances in the 400m (1:01.73) and 800m (2:17.38) at the Navy Intrasquad 3 ... Recorded a time of 1:26.09 in the 500m against William & Mary ... OUTDOOR: Registered a season-best time of 2:18.39 in the 800m at the Navy Invitational II, while posting a time of 4:45.74 in the 1,500m at the Navy Invite III.

2019-20 (Freshman Season): INDOOR: Recorded a season-best time of 2:22.48 in the 800m run at the Navy Select, while clocking a top performance of 3:04.15 in the 1,000m run at the Wesley A. Brown Invitational ... Registered a time of 5:20.14 in the one-mile run at the Navy Invitational I ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Ran track and cross country at Pinecrest High School, earning a combined seven varsity letters; four for track and field and three for cross country ... Finished in third place at the 2018 New Balance Outdoor Nationals in the Girls Distance Medley Relay event in the "Emerging Elite" classification ... Vice President of Pinecrest's National Honor Society, as well as a volunteer with North Carolina Special Olympics ... Daughter of Brian and Kerry ... Father is a retired U.S. Army officer ... Previously attended University of North Carolina in Chapel Hill during the 2018-19 school year.

# **MIDSHIPMEN PROFILES (WOMEN)**

# **JULIA GALBRAITH**

Distance | SR. | 5-4 | Glen Allen, Va.

2021-22 (Junior Season): INDOOR: Recorded a season-best time of 2:25.84 in the 800m during the Princeton Dual, while clocking a season-best performance of 3:08.36 in the 1,000m at the George Mason Patriot Games ... OUTDOOR: Registered a season-best time of 2:24.21 in the 800m at the Navy Spring Meet II, while also running in the 1,500m (5:13.65) during the Navy Spring Meet I.



**2020-21 (Sophomore Season): INDOOR:** Competed in the 800m (2:22.49) and 1,000m (3:07.72) at a pair of Navy Intrasquad meets ... **OUTDOOR:** Posted a season-best performance in the 1,500m of 4:57.50 at the Navy Spring Invitational ... Recorded a time of 2:30.94 in the 800m at the Navy Invitational II, while clocking a time of 18:53.28 in the 5,000m at the Navy 5K Time Trial.

2019-20 (Freshman Season): INDOOR: Primarily competed in the 1,000m and one-mile runs during the indoor season ... Clocked a season-best time of 3:01.11 in the 1,000m run at the Navy Select, while registering a season-best time of 5:18.88 in the one-mile run at the Navy Invitational I ... Recorded a time of 2:24.59 in the 800m run a the Patriot Games ... Member of the distance medley relay team that notched the second-fastest time of the season with a collective time of 12:30.49 at the Darius Dixon Invitational ... OUTDOOR: Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Collected 12 combined varsity letters as a four-sport athlete at St. Catherine's School: soccer (5), indoor track and field (4), cross country (2) and field hockey (1) ... Earned All-State (VISAA) honors five times for her efforts in track and field (1600m in 2017-18-19; 3200m in 2107 and 2019), as well as twice more in cross country (2017 and 2019) ... Member of eight Virginia State Championship programs; soccer (2015-16-17), indoor track and field (2017-18-19) and cross country (2018-19); additionally won nine League of Independent School (LIS) titles in those three sports ... Participated with St. Catherine's Honor Council, peer advisor program and medical club ... Volunteered with the Jacob's Chance Organization by helping children with special needs learn how to play sports ... Daughter of Roger and Maria ... Both parents are USNA graduates, her father is a Class of 1989 grad, while her mother is a Class of 1990 grad ... Mother ran with the cross country and track teams at Navy.

#### DARA HULSTEIN

Javelin | SR. | 5-11 | Cedar Falls, Iowa

2021-22 (Junior Season): Former Navy volleyball player who joined the track and field team during the offseason ... INDOOR: Primarily competed in the weight throw, posting a season-best distance of 16.47m (54-00.50) at the Army-Navy Indoor Star Meet ... OUTDOOR: Predominantly competed in the hammer throw, recording a season-best performance of 51.41m (168-08) at the Princeton Elite Invitational ... Registered season-best distances in the discus (30.77m / 100-11) and javelin (34.23m / 112-04) at the



Navy Spring Meet II  $\dots$  Notched a season-best throw of 10.63m (34-10.50) in the shot put at the San Diego Collegiate Challenge.

**2020-21 (Sophomore Season):** Member of the Navy volleyball team ... Did not appear in a match.

**2019-20 (Freshman Season):** Member of the Navy volleyball team ... Played in nine matches and 17 sets on the year ... Appeared in seven matches and 14 sets during the league regular season ... Posted four kills, two blocks and one dig in five sets against Lafayette ... Started the match against the Leopards ... Registered two kills at American.

**High School / Personal:** Graduated from Cedar Falls High School ... Played volleyball and golf at the school ... The volleyball team won the 2017 state (Iowa) title and reached the championship match in 2019 ... Individually, earned all-conference and all-metro honors as a senior ... Played on the club level for the Six Pack Volleyball Club ... Holds four CrossFit records at her gym ... Physics major.

# STEPHANIE JACOBS

Pole Vault | SR. | 5-5 | Belleville, III.

CAREER HONORS / INDOOR 2020 Second Team All-Patriot League (Pole Vault)

CAREER HONORS / OUTDOOR
2021 ECAC All-East (Pole Vault)
2021 Second Team All-Patriot League (Pole Vault)



2021-22 (Junior Season): INDOOR: Recorded marks in the pole vault in six meets with a season-best height of 3.90m (12-09.50) at the Navy Select ... Helped the Midshipmen sweep the top two spots and earn maximum points in the pole vault (3.80m / 12-05.50) at the Army-Navy Indoor Star Meet ... OUTDOOR: Cleared a season-best height of 3.90m (12-09.50) at the Army-Navy Outdoor Star Meet, helping Navy finish 1-2 in the event and claim maximum points.

2020-21 (Sophomore Season): HONORS: ECAC All-East (Pole Vault – Outdoor) ... Second Team All-Patriot League (Pole Vault – Outdoor) ... INDOOR: Registered a season-best height of 4.01m (13-01.75) in the pole vault at the Patriot League Indoor Challenge, becoming just the third student-athlete in program history to top 4.00m ... OUTDOOR: Finished sixth in the pole vault at the ECAC Outdoor Championship with a jump of 3.76m (12-04.00) to earn All-East honors ... Claimed second place in the pole vault at the Patriot League Outdoor Championship with a season-best height of 3.95m (12-11.50) to earn Second Team All-Patriot League accolades.

**2019-20 (Freshman Season): HONORS:** Second Team All-Patriot League (Pole Vault – Indoor) ... **INDOOR:** Tied for second in the pole vault at the Patriot League Indoor Championship with a height of 3.80m (12-05.50) to earn All-Conference accolades ... Recorded a season-best height of 3.83m (12-06.75) in the pole vault at the Darius Dixon Invitational ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by coronavirus pandemic (COVID-19).

**High School / Personal:** Lettered for four years in the pole vault at Freeburg Community High School in Freeburg, III. ... Helped Freeburg win Conference Championships in 2015, '16, '17, '18 ... Earned All-State accolades in 2018 ... Member of the National Honor Society and the Fellowship of Christian Athletes ... Prepped at NAPS during the 2018-19 school year ... Daughter of Bud and Krys Jacobs.

#### **ALANNA JULIUS**

Distance | SR. | 5-2 | Minnetonka, Minn.

CAREER HONORS / INDOOR
2022 Patriot League Champion (Distance Medley Relay)
2022 First Team All-Patriot League (Distance Medley Relay)
2022 Second Team All-Patriot League (4x800m Relay)

**2021-22 (Junior Season): HONORS:** Patriot League Champion (Distance Medley Relay – Indoor) ... Second Team All-Patriot League (4x800m Relay – Indoor) ... **INDOOR:** Earned First Team

All-Patriot League as a member of the distance medley relay team (11:43.73 – season best), while claiming second-team honors in the 4x800m relay (8:50.44 – season best) ... Registered a season-best time in the 1,000m (2:55.21) at the Army-Navy Indoor Star Meet, while clocking a top performance in the mile (4:57.26) at the Navy Select ...





#### TRACK & FIELD NAVY 2022-23

# **MIDSHIPMEN PROFILES (WOMEN)**

Also competed in the 800m (2:16.36 - Darius Dixon Invitational) and 3,000m (10:28.94 - Navy Invite) ... OUTDOOR: Posted a season-best time of 11:04.07 in the 3,000m steeplechase at the Army-Navy Outdoor Star Meet, while recording top performances in the 800m (2:18.64) and 1,500m (4:44.61) at the Navy Spring Meet II.

2020-21 (Sophomore Season): INDOOR: Clocked a time of 5:11.54 in the mile against William & Mary ... OUTDOOR: Recorded a time of 4:44.74 in the 1,500m at the Navy Invitational III, while registering a time of 11:43.06 in the 3,000m steeplechase at the Navy Invite II.

2019-20 (Freshman Season): Was not a member of the Navy cross country or track and field programs as a freshman.

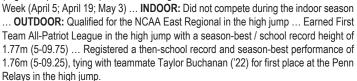
High School / Personal: Earned a pair of varsity letters playing center midfield for the Minnetonka High School soccer team ... Daughter of Andrew and Julie ... Older brother Drew graduated from the Naval Academy as part of the Class of 2018 ... Attended the University of Minnesota during the 2018-19 academic year.

## HANNAH LOWENSTEIN

Jumps | JR. | 5-6 | Pompano Beach, Fla.

**CAREER HONORS / OUTDOOR** 2022 NCAA East Regional Qualifier (High Jump) 2022 Patriot League Champion (High Jump) 2022 First Team All-Patriot League (High Jump)

2021-22 (Sophomore Season): HONORS: NCAA East Regional Qualifier (High Jump - Outdoor) ... Patriot League Champion (High Jump - Outdoor) ... Patriot League Field Athlete of the



2020-21 (Freshman Season): INDOOR: Recorded a season-best height of 1.66m (5-05.25) in the high jump at the Army-Navy Indoor Star Meet ... Won the high jump with a height of 1.65m (5-05.00) at the Patriot League Indoor Challenge ... OUTDOOR: Posted top performance in the high jump (1.65m / 5-05.00) at the Army-Navy Outdoor Star Meet ... Registered a distance of 5.05m (16-07.00 / +1.3) in the long jump at the Navy Invitational II.

High School / Personal: Competed in the high jump at St. Thomas Aquinas High School in Fort Lauderdale, Fla. ... Finished in first place at Districts, County, and Regional Championships in the high jump as a sophomore and junior ... Placed in the high jump at the State Championships ... Helped St. Thomas Aguinas win Florida Track and Field State Championship as a sophomore and junior ... Attended North Broward Preparatory School ... Member of the Dance Team, French Club, National Dance Honor Society, and National English Society ... Daughter of Susan and Jerry Lowenstein.

# **MOLLY MANGAN**

Sprints | SR. | 5-6 | Pittsburgh, Pa.

**CAREER HONORS / INDOOR** 

2022 Patriot League Champion (200m)

2022 First Team All-Patriot League (200m)

2022 Second Team All-Patriot League (4x400m Relay)

**2020 Patriot League Champion** (4x400m Relay)

2020 First Team All-Patriot League (4x400m Relay) 2020 Second Team All-Patriot League (200m)

#### **CAREER HONORS / OUTDOOR**

2022 Patriot League Champion (4x100m Relay)

2022 First Team All-Patriot League (4x100m Relay)

2022 Second Team All-Patriot League (100m)

2022 Second Team All-Patriot League (200m)

2022 Second Team All-Patriot League (4x400m Relay)

2021 Patriot League Women's Track Athlete of the Meet

2021 ECAC All-East (200m - Champion)

**2021 ECAC All-East** (400m)

2021 ECAC All-East (4x100m Relay)

2021 ECAC All-East (4x400m Relay)

2021 Patriot League Champion (100m)

2021 Patriot League Champion (200m)

2021 Patriot League Champion (4x100m Relay)

2021 Patriot League Champion (4x400m Relay)

2021 First Team All-Patriot League (100m)

2021 First Team All-Patriot League (200m)

2021 First Team All-Patriot League (4x100m Relay)

2021 First Team All-Patriot League (4x400m Relay)

#### CAREER ACADEMIC HONORS

2021 Academic All-Patriot League (Indoor)

2021 Academic All-Patriot League (Outdoor)

2021-22 (Junior Season): HONORS: Patriot League Champion (4x100m Relay -Outdoor) ... Patriot League Champion (200m - Indoor) ... Second Team All-Patriot League (100m - Outdoor) ... Second Team All-Patriot League (200m - Outdoor) ... Second Team All-Patriot League (4x400m Relay - Outdoor) ... Second Team All-Patriot League (4x400m Relay - Indoor) ... Patriot League Track Athlete of the Week (March 22) ... INDOOR: Earned First Team All-Patriot League in the 200m (24.88). while claiming second-team honors in the 4x400m relay (3:51.57) and taking bronze in the 400m (57.02) ... Posted a season-best time of 24.73 in the prelims of the 200m at the PL Indoor Championship ... Clocked a season-best performance of 55.84 in the 400m at the Navy Invite, while winning the 400m at the Army-Navy Indoor Star Meet with a time of 56.16 ... Member of the 4x400m relay team that clocked a season-best time of 3:49.61 at the Star Meet ... OUTDOOR: Earned First Team All-Patriot League as a member of the 4x100m relay (47.00), while taking second-team honors in the 100m (12.27 / +1.4), 200m (24.87 / +0.5), and 4x400m relay (3:50.06) ... Clocked season-best performances in the 100m (11.78 / +3.0) and 200m (24.18 / +1.7) at the Army-Navy Outdoor Star Meet ... Member of the 4x100m (45.95 – season best) and 4x400m (3:45.67) relays that won the events at the Army-Navy Outdoor Star Meet ... Member of the 4x400m relay that clocked a season-best time of 3:44.42 to win the event at the Penn Relavs.

2020-21 (Sophomore Season): HONORS: Patriot League Women's Track Athlete of the Meet (Outdoor) ... ECAC All-East (200m - Outdoor Champion) ... ECAC All-East (400m - Outdoor) ... ECAC All-East (4x100m Relay - Outdoor) ... ECAC All-East (4x400m Relay - Outdoor) ... Patriot League Champion (100m - Outdoor) ... Patriot League Champion (200m - Outdoor) ... Patriot League Champion (4x100m Relay - Outdoor) ... Patriot League Champion (4x400m Relay - Outdoor) ... Academic All-Patriot League (Indoor) ... Academic All-Patriot League (Outdoor) ... Patriot League







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# **MIDSHIPMEN PROFILES (WOMEN)**

Track Athlete of the Week (Feb. 16; March 1; April 6) ... **INDOOR:** Posted a season-best time of 7.61 in the 60m at the Army-Navy Indoor Star Meet, while clocking a season-best time of 24.35 in the 200m at the Patriot League Indoor Challenge ... Member of the 4x400m relay team that clocked the two fastest times of the season at the PL Indoor Challenge (3:49.28 – season best) and Army-Navy Indoor Star Meet (3:51.06) ... **OUTDOOR:** Earned ECAC All-East distinction in the 200m (champion), 400m (second place), 4x100m relay (second), and 4x400m relay (third) at the ECAC Outdoor Championship ... Earned First Team All-Patriot League honors in the 100m (11.87 / +0.4), 200m (24.21 / -0.6), 4x100m relay (46.69), and 4x400m relay (3:42.38 – season best), winning each event at the Patriot League Outdoor Championship ... Clocked season-best performances in the 100m (11.81 / +1.6) and 200m (23.84 / +5.3) in the prelims of the PL Outdoor Championship ... Top wind-legal time in the 200m (23.91 / +1.0) came at the ECAC Outdoor Championship, winning the event ... Posted a top time of 54.39 in the 400m at the ECAC Championship ... Clocked a time of 1:01.23 in the 400m hurdles at the Navy Twilight Meet.

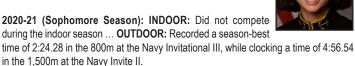
2019-20 (Freshman Season): HONORS: Patriot League Champion (4x400m Relay – Indoor) ... Second Team All-Patriot League (200m – Indoor) ... Patriot League Rookie of the Week (Feb. 11) ... INDOOR: Member of the 4x400m relay team that finished in first place at the Patriot League Championship with a time of 3:47.90 to earn First Team All-Patriot League accolades ... Earned Second Team All-Patriot League in the 200m dash with a time of 24.51 ... Member of the 4x400m relay team that set the school record (3:42.73) at the Army-Navy Indoor Star Series Meet, winning the event and helping the Midshipmen claim the indoor Star ... Posted a season-best time of 7.59 in the preliminaries of the 60m dash at the PL Championship ... Notched a season-best time of 24.42 in the 200m dash of the Army-Navy Star Meet ... OUTDOOR: Competed in Navy's one meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Recorded a time of 12.35 (-2.6) in the 100m dash, while clocking a time of 1:03.35 in the 400m dash at the San Diego Collegiate Challenge ... Ran the third leg of the 4x100m relay that clocked a collective time of 46.98.

**High School / Personal:** Four-year letterwinner in track and field at Mount Lebanon ... Won the WPIAL Women's Championship in the 4x400m and the 4x100m relays as a senior ... Earned PIAA All-State (2018, '19), team MVP (2017), and Rookie of the Year (2016) ... Member of the National Honor Society ... 2019 High School Cum Laude inductee ... Naval Sea Cadet throughout high school ... Member of local Pittsburgh robotics team (2012-18) ... Daughter of Jim Mangan and Marlene Mangan ... Father, Jim, competed in track and field collegiately for one year, while aunts, Meg and Winnifred Mangan, were each four-year track and field athletes in college.

#### LAUREN MOORE

Distance | SR. | 5-4 | Danbury, Conn.

**2021-22 (Junior Season): INDOOR:** Posted a time of 5:12.77 in the mile during the Princeton Dual, while clocking a time of 10:26.01 in the 3,000m at the Navy Invitational ... Took part in the 4x800m relay (9:40.99) against Princeton ... **OUTDOOR:** Did not compete during the outdoor season.



**2019-20 (Freshman Season): INDOOR:** Recorded a season-best time of 5:01.99 in the one-mile run at the Darius Dixon Invitational ... Posted a season-best time of 2:19.53 in the 800m run at the Navy Select, while registering a time of 2:59.30 in the 1,000m run at the Princeton Dual ... Ran the anchor leg of the distance medley relay that combined for a season-best time of 12:10.16 at the Patriot League Indoor Championship ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Earned 10 combined varsity letters at Danbury High School, seven for track (indoor / outdoor) and three for cross country ... Led Danbury to a sweep of the 2018 FCIAC, Class LL and Connecticut Open State Girl's Cross Country State Championship; finished second at the Class LL Championship (All-State recognition) ... Helped Danbury to a dominant four-year run of Class LL indoor championships (2016, '17 and '19 titles; '18 runner-up) ... As a senior in 2019, won the 2019 FCIAC, Class LL and Connecticut Open 1600m Indoor Championships ... Earlier in her career won the 1,600m run at the 2018 New England Outdoor Championship after taking titles in the 1,600m and 3,200m events at the 2018 Class LL Outdoor Championship ... Daughter of Kevin and Kim.

## CHARLENE MORKE

Pole Vault | SR. | 5-7 | Isanti, Minn.

CAREER HONORS / INDOOR
2022 Patriot League Champion (Pole Vault)
2022 First Team All-Patriot League (Pole Vault)
2020 Patriot League Champion (Pole Vault)
2020 First Team All-Patriot League (Pole Vault)



CAREER HONORS / OUTDOOR 2022 Second Team All-Patriot League (Pole Vault) 2021 ECAC All-East (Pole Vault)

2021-22 (Junior Season): HONORS: Patriot League Champion (Pole Vault – Indoor) ... Second Team All-Patriot League (Pole Vault – Outdoor) ... Patriot League Field Athlete of the Week (Feb. 22) ... INDOOR: Earned First Team All-Patriot League honors in the pole vault with a winning height of 3.95m (12-11.50) ... Notched a season-best vault of 4.00m (13-01.50) to win the event at the Army-Navy Indoor Star Meet, helping the Midshipmen earn maximum points in the pole vault ... OUTDOOR: Claimed Second Team All-Patriot League accolades in the pole vault with a season-best height of 3.94m (12-11.00) ... Won the pole vault at the Army-Navy Outdoor Star Meet with a winning height of 3.90m (12-09.50), combining with teammate Stephanie Jacobs ('23) to go 1-2 and earn maximum points.

2020-21 (Sophomore Season): HONORS: ECAC All-East (Pole Vault – Outdoor) ... INDOOR: Won the pole vault at the Army-Navy Indoor Star Meet with a season-best height of 3.91m (12-10.00) ... OUTDOOR: Earned ECAC All-East distinction with a third-place finish in the pole vault at the ECAC Outdoor Championship with a height of 3.86m (12-08.00) ... Posted a season-best height of 3.87m (12-08.25) in the pole vault at the Navy Invitational III ... Took bronze at the Patriot League Outdoor Championship in the pole vault with a height of 3.75m (12-03.50).

2019-20 (Freshman Season): HONORS: Patriot League Champion (Pole Vault – Indoor) ... Patriot League Field Athlete of the Week (Feb. 4, Feb. 25) ... Patriot League Rookie of the Week (Dec. 10, Jan. 14, Jan. 21, Feb. 4, Feb. 25) ... INDOOR: Won the Patriot League Championship in the pole vault with a height of 4.00m (13-01.50) to earn First Team All-Patriot League honors ... Became the second Midshipmen in program history to clear 4.00m in the pole vault, accomplishing the feat four times during the season ... Recorded a school-record and season-best height of 4.08m (13-04.50) in the pole vault at the Navy Select ... Also cleared 4.00m (13-01.50) at the Navy Invitational II and Wesley A. Brown Invitational ... OUTDOOR: Competed in Navy's one meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Posted a height of 3.75m (12-03.50) in the pole vault at the San Diego Collegiate Challenge.

**High School / Personal:** Lettered in track and field (4 years) and gymnastics at Cambridge-Isanti High School in Cambridge, Minn. ... Helped Cambridge-Isanti win the 2019 Section Championship ... Three-time Conference and Section Pole Vault Champion (2017, '18, '19) ... Won the State Championship in the pole vault as a senior (2019), while placing fourth in 2018 and third in 2017 ... USATF Junior Olympics and

# **MIDSHIPMEN PROFILES (WOMEN)**

All-American ... Selected team captain as a junior and senior ... Taught Sunday School and Vacation Bible School at her church ... Grew up on a farm with over 100 sheep and a llama named Leslie ... Daughter of Fred Morke and Linda Johnson-Morke.

# **RENNY MURPHY**

Javelin | SO. | 5-9 | Berwick, Pa.

CAREER HONORS / OUTDOOR 2022 Second Team All-Patriot League (Javelin)

2021-22 (Freshman Season): HONORS: Second Team All-Patriot League (Javelin – Outdoor) ... OUTDOOR: Earned Second Team All-Conference in the javelin posting a throw of 42.75m (140-03) to go 1-2 with teammate Jadyn Tiracave ('22) in the event at the Patriot League Outdoor Championship ... Registered



a season-best throw of 44.56m (146-02) in the javelin at the San Diego Collegiate Challenge.

High School / Personal: Lettered in track and field (4 years), basketball (4), and soccer (2) at Berwick Area High School in Berwick, Pa. ... Placed seventh in the javelin at the Pennsylvania Interscholastic Athletic Association (PIAA) State Championship (2019); Fourth in the National Scholastic Athletics Foundation (NSAF) National Virtual Meet (2020), First in the NSAF Meet of Champions in Myrtle Beach, S.C. (2021), First in the PIAA District 2AAAA Championship (PR 145-7 – 2021), and Third at the PIAA State Championship (2021) ... In basketball, earned first team All-Conference (junior, senior), while finishing career with over 1,000 points scored ... Selected honorable mention All-Conference in soccer in 2019 ... Member of, National Honor Society, Student-Council (class president), Distinguished Honor Roll, Youth in Philanthropy, Interact, Swing Choir, and Chorus ... Daughter of Jan and Dan Murphy ... Father, Dan, played football at Juniata College.

#### **KELLY MURRAY**

Distance | SO. | 5-6 | Fort Washington, Pa.

CAREER HONORS / INDOOR 2022 Second Team All-Patriot League (4x800m Relay)

2021-22 (Freshman Season): HONORS: Second Team All-Patriot League (4x800m Relay – Indoor) ... INDOOR: Member of the 4x800m relay team that clocked a season-best time of 8:50.44 to earn Second Team All-Patriot League honors ... Earned bronze in the 800m with a third-place finish at the Patriot League Indoor



Championship with a season-best time of 2:11.35 ... Recorded times in the 1,000m (2:56.58 – Princeton Dual) and mile (5:06.43 – Darius Dixon Invite) ... Part of the 4x800m relay (9:10.98) that won the event at the Army-Navy Indoor Star Meet ... OUTDOOR: Took bronze at the Patriot League Outdoor Championship as part of the 4x800m relay team that clocked a season-best time of 9:05.57 ... Recorded a season-best time of 2:12.11 at the Army-Navy Outdoor Star Meet ... Notched a top performance of 4:40.76 in the 1,500m at the Navy Spring Meet I.

**High School / Personal:** Three-sport athlete at Gwynedd Mercy Academy as she lettered in cross country, swimming and track and field ... Earned PIAA All-District and All-AACA Conference honors three times and four Team MVP nods in cross country ... Set the 2017 AACA course record at the Tyler State Park ... Garnered six All-AACA and two Team MVP accolades in track and field ... Placed on the podium at the PIAA District 1 swim meets in 2017 and 2021 ... Captained all three teams as a senior ... Daughter of Edward and Carolyn.

# **AUTUMN NICHOLAS**

Throws | SR. | 5-10 | Houston, Texas

CAREER HONORS / OUTDOOR 2021 ECAC All-East (Discus) 2021 ECAC All-East (Hammer Throw)

**2021-22 (Junior Season): INDOOR:** Recorded a season-best throw of 12.83m (42-01.25) in the shot put at the Patriot League Indoor Championship ... Registered a top performance of 17.80m (58-04.75) in the weight throw at the Army-Navy Indoor Star Meet



... **OUTDOOR:** Posted a season-best distance of 12.85m (42-02.00) in the shot put at the Navy Spring Meet II ... Notched a top mark of 46.58m (152-10) in the discus at the Penn Relays ... Recorded a season-best distance of 54.12m (177-07) in the hammer throw at the Princeton Elite Invitational.

**2020-21 (Sophomore Season): HONORS:** ECAC All-East (Discus – Outdoor) ... ECAC All-East (Hammer Throw – Outdoor) ... **INDOOR:** Recorded a season-best throw of 12.74m (41-09.75) in the shot put against William & Mary ... Registered a top distance of 16.54m (54-03.25) in the weight throw at the Army-Navy Indoor Star Meet ... **OUTDOOR:** Finished seventh in the discus (43.96m / 144-03) and eighth in the hammer throw (53.61m / 175-11 – season best) at the ECAC Outdoor Championship to earn All-East accolades ... Posted a season-best throw of 13.36m (43-10.00) in the shot put at the Patriot League Outdoor Championship ... Tossed a season-best performance of 47.07m (154-05) in the discus at the Navy Twilight Meet.

**2019-20 (Freshman Season): INDOOR:** Thrower who recorded top performances at the Patriot League Indoor Championship ... Posted a season-best throw of 13.42m (44-00.50) in the shot put at the PL Championship, while registering a top distance of 15.78m (51-09.25) in the weight throw during the Patriot League meet ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Lettered in basketball (4 years) at Houston Christian High School in Houston, Texas ... Earned All-Conference accolades as a freshman, sophomore, junior, and senior, while being selected MVP final three seasons of high school ... Finished high school career with several school records – Most Points in a Career, Most Rebounds in a Career, Most Rebounds in a Season (freshman), Most Rebounds in a Game (sophomore), and Most Blocks in a Game (junior) ... Received Academic All-Athletic Conference Award ... Member of the National Honor Society ... Daughter of Ollieta and Yohance Nicholas ... Father, Yohance, played basketball at St. Phillips in Enid, Okla. (2 years) and continued to play professional basketball throughout Europe for about eight years ... Grandfather, James Marlin, played baseball at Texas Southern University, while other grandfather, Samuel Demaris, swam at Southern University.

# **ALYCIA RUIZ**

Javelin | JR. | 5-8 | Greenville, Pa.

CAREER HONORS / OUTDOOR 2022 ECAC All-East (Javelin)

**2021-22 (Sophomore Season): HONORS:** ECAC All-East (Javelin – Outdoor) ... **OUTDOOR:** Earned All-East distinction in the javelin with a season-best throw of 41.99m (137-09) to finish sixth at the ECAC Outdoor Championship.



**2020-21 (Freshman Season): OUTDOOR:** Registered distances in the javelin in a pair of meets on the year with a season-best throw of 34.36m (112-09) at the Navy Invitational III.





# **MIDSHIPMEN PROFILES (WOMEN)**

**High School / Personal:** Lettered in track and field (3 years) and volleyball (3) at Greenville High School in Greenville, Pa. ... District Medalist as a sophomore and junior in track and field ... Named volleyball team captain as a senior ... Member of the National Honor Society, Student Council (treasurer / historian), Art Club, Spanish Club, and Key Club ... Daughter of Laura Brumbaugh and Gerardo Ruiz.

# SABRINA SOKOL

Multis | JR. | 5-6 | Ashburn, Va.

CAREER HONORS / OUTDOOR 2021 ECAC All-East (Heptathlon)

**2021-22 (Sophomore Season): INDOOR:** Recorded a season-best 3,334 points in the pentathlon during the Wesley Brown Invitational ... Scored points for the team with a sixth-place finish in the pentathlon (3,333 points) at the Patriot League Indoor Championship ... Clocked a season-best time of 9.19 in the 60m



hurdles at the Patriot Games, while clearing a season-best height of 1.63m (5-04.25) in the high jump at the Wesley Brown Invite ...  ${\bf OUTDOOR}$ : Finished just off of the podium with a fourth-place finish in the heptathlon, notching a season-best 4,555 points at the Patriot League Outdoor Championship ... Clocked top performances in the 200m (26.88 / +0.4) and 100m hurdles (15.35 / +0.8) at the Navy Spring Meet II and George Mason Invitational, respectively, while posting season best marks in the high jump (1.61m / 5-03.25), long jump (5.30m / 17-04.75 / NWI), and javelin (32.97m / 108-02) at the PL Outdoor Championship.

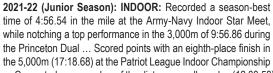
**2020-21 (Freshman Season): HONORS:** ECAC All-East (Heptathlon – Outdoor) ... **INDOOR:** Tallied a season-high 3,062 points in the pentathlon at the Patriot League Indoor Challenge ... Recorded a season-best height of 1.58m (5-02.25) in the high jump during the PL Indoor Challenge ... Clocked a season-best time of 9.60 in the 60m hurdles at the Navy Intrasquad 1 ... **OUTDOOR:** Finished fourth in the heptathlon at the ECAC Outdoor Championship with a season-high 4,592 points to earn All-East honors ... Registered season bests in the 100m hurdles (15.49 / -0.6) and the high jump (1.65m / 5-05.00) during heptathlon events during the ECAC and Patriot League Outdoor Championships, respectively.

High School / Personal: Lettered in track and field and field hockey at Broad Run High School in Ashburn, Va. ... Conference Champion in the high jump (2017, '18, '19), while winning the AAU Indoor Championship in the high jump (2018, '19) ... USATF Region 3 Champion in the heptathlon (2018, '19) ... Earned All-State in the hurdles (2019) and the high jump (2017, '18, '19) ... Selected as team captain (2018, '19, '20), while earning team MVP (2018, '19), and setting the school record in the 100m hurdle ... Co-President of Science National Honor Society and Vice President of Health Occupations Students of America and National Art Honor Society ... Member of the National Honor Society, National Technical Honor Society, the Interact Club, the Global Ambassadors, and PEN (English Honor Society) ... Daughter of Mark and Nellie Sokol.

# **ELIZABETH SULLIVAN**

Distance | SR. | 5-5 | Portsmouth, R.I.

CAREER HONORS / OUTDOOR 2021 ECAC All-East (1,500m)





... Competed as a member of the distance medley relay (12:00.58) at the Darius Dixon Invitational ... **OUTDOOR:** Scored points with a sixth-place finish in the 10,000m

(35:16.73 - season best), while also notching a season-best performance in the 5,000m (17:00.49) at the Patriot League Outdoor Championship ... Member of the 4x1500m relay that clocked a record performance of 18:19.18 at the Penn Relays.

**2020-21 (Sophomore Season): HONORS:** ECAC All-East (1,500m – Outdoor) ... **INDOOR:** Clocked a season-best time of 5:00.81 in the mile at the Navy Intrasquad 3, while posting a season-best time of 10:06.70 in the 3,000m at the Navy Intrasquad 2 ... **OUTDOOR:** Finished eighth in the 1,500m at the ECAC Outdoor Championship with a season-best time of 4:32.68 to earn All-East honors ... Clocked a season-best time of 10:14.73 in the 3,000m at the Navy Twilight Meet, while registering a time of 17:29.23 in the 5,000m at the Navy 5K Time Trial.

**2019-20 (Freshman Season): INDOOR:** Primarily competed in the one-mile and 3,000m runs during the indoor season ... Clocked a season-best time of 5:00.83 in the one-mile run at the Princeton Dual ... Posted a season-best performance of 10:01.61 in the 3,000m at the Darius Dixon Invitational ... Ran the opening leg of the 4x800m relay that clocked the second-fastest time of the season (9:29.58) at the Princeton Dual ... **OUTDOOR:** Did not compete during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19).

High School / Personal: Earned varsity letters with the cross country and track and field programs at Portsmouth High School ... Collected three Rhode Island State Championships during her senior year in 2018-19 as she won individual titles at the state cross country meet and later in the 1,000m and 1,500m runs at the winter indoor championship ... Named the 2018-19 Rhode Island Gatorade Player of the Year for Cross Country ... Placed 10th at the 2018 Nike Cross National Northeast Regional Championship, where she was top finisher from the state Rhode Island ... Helped Portsmouth to Rhode Island Girls Cross Country State Championship titles in both 2017 and 2018, as well as a runner-up result at the 2019 indoor state championship ... Served as team captain during her senior season ... Participated in National Honor Society and Language Honor Society ... Daughter of Daniel and Jeanne ... Mother was a member of the cross country and track and field team at Northeastern University, while grandfather, Jack Hand, competed in baseball, cross country, and track and field at Fordham University ... Older sister Mary Lyn ('21) was a member of the Navy cross country and track and field teams.

## **SABRINA SUTTER**

Sprints | SR. | 5-7 | Shingletown, Calif.

**CAREER HONORS / INDOOR** 

2022 Second Team All-Patriot League (200m)

2022 Second Team All-Patriot League (4x400m Relay)

CAREER HONORS / OUTDOOR

2021 ECAC All-East (200m)

2021 ECAC All-East (4x100m Relay)

2021 ECAC All-East (4x400m Relay)

2022 Patriot League Champion (200m)

2022 Patriot League Champion (4x100m Relay)

2021 Patriot League Champion (4x100m Relay)

2022 First Team All-Patriot League (200m)

2022 First Team All-Patriot League (4x100m Relay)

2021 First Team All-Patriot League (4x100m Relay)

2022 Second Team All-Patriot League (4x400m Relay)

2021 Second Team All-Patriot League (200m)

CAREER ACADEMIC HONORS

2022 Academic All-Patriot League (Outdoor)

**2021-22 (Junior Season): HONORS:** Patriot League Champion (200m – Outdoor) ... Patriot League Champion (4x100m Relay – Outdoor) ... Second Team All-Patriot



# **MIDSHIPMEN PROFILES (WOMEN)**

League (4x400m Relay – Outdoor) ... Second Team All-Patriot League (200m – Indoor) ... Second Team All-Patriot League (4x400m Relay - Indoor) ... Academic All-Patriot League (Outdoor) ... Patriot League Track Athlete of the Week (Dec. 7) ... INDOOR: Earned Second Team All-Patriot League distinction in the 200m (25.07) and 4x400m relay (3:51.57) at the Patriot League Indoor Championship ... Also scored points in the long jump (5.58m / 18-03.75 - season best) with an eighth-place finish at the PL Championship ... Crossed the finish line with a season-best time of 7.96 in the preliminaries of the 60m at the Darius Dixon Invitational ... Posted a season-best time of 24.61 in the 200m at the Navy Invite, while winning the 200m (24.71) at the Army-Navy Indoor Star Meet ... Member of the 4x400m relay that clocked a season-best time of 3:49.61 at the Army-Navy Indoor Star Meet ... OUTDOOR: Earned First Team All-Patriot League in the 200m (24.56 / +0.5) and 4x100m relay (47.00), while claiming second-team honors in the 4x400m relay (3:50.06) ... Also earned points in the 100m (12.41 / +1.4) with a fifth-place finish and long jump (5.53 m / 18-01.75 / +1.0 - season)best) with a sixth-place finish at the Patriot League Outdoor Championship ... Clocked season-best performances in the 100m (11.83 / +3.0) and 200m (24.13 / +1.7) at the Army-Navy Outdoor Star Meet ... Member of the 4x400m relay (3:45.67) that won the event at the Army-Navy Outdoor Star Meet ... Member of the 4x400m relay that clocked a season-best time of 3:44.42 to win the event at the Penn Relays.

**2020-21 (Sophomore Season): HONORS:** ECAC All-East (200m – Outdoor) ... ECAC All-East (4x100m Relay – Outdoor) ... ECAC All-East (4x400m Relay – Outdoor) ... Patriot League Champion (4x100m Relay – Outdoor) ... Second Team All-Patriot League (200m – Outdoor) ... **INDOOR:** Clocked a season-best time of 25.29 in the 200m at the Army-Navy Indoor Star Meet ... Recorded a season-best time of 8.03 in the 60m at the Navy Intrasquad 1 ... **OUTDOOR:** Finished sixth in the 200m (24.70 / +1.0), second in the 4x100m relay (46.43 – season best), and third in the 4x400m relay (3:46.92) at the ECAC Outdoor Championship to earn All-East distinction ... Member of the 4x100m relay team that won the PL title with a time of 46.69 at the Patriot League Outdoor Championship with a time of 24.54 (-0.6) to earn Second Team All-Patriot League honors ... Took bronze in the 100m at the PL Championship with a time of 12.19 (+0.4) ... Clocked season-best times in the 100m (12.16 / +1.7) and 200m (24.50 / +3.2) at the Navy Invitational III.

2019-20 (Freshman Season): INDOOR: Primarily competed in the 200m dash as an individual during the indoor season ... Recorded a season-best performance of 24.97 in the 200m dash at the Patriot League Indoor Championship, just missing all-conference distinction with a fourth-place finish ... Also competed in the long jump at the Patriot League Championship, posting a season-best distance of 5.41m (17-09.00) ... At the Wesley A. Brown Invitational, registered season-best times in the 60m (8.02) and 400m (59.75) dashes ... Member of one of Navy's 4x400m relay teams that combined for a time of 3:54.92 at the Navy Invitational ...OUTDOOR: Competed in Navy's one meet during the outdoor season, which was shortened by the coronavirus pandemic (COVID-19) ... Clocked a time of 12.74 (-2.6) in the 100m dash, while recording a time of 25.10 (-1.4) in the 200m dash at the San Diego Collegiate Challenge ... Ran the anchor leg of the 4x100m relay that combined for a time of 46.98 at the San Diego Challenge.

**High School / Personal:** Member of the track and field team at Battle Mountain High School, while attending Vail Ski & Snowboard Academy in Vail, Colo. ... Placed in the top 10 in the 200m dash in 2017 (8th), 2018 (10th), and 2019 (3rd) at the Colorado State Championships ... Also placed third in the long jump at the 2019 Colorado State Championships ... Left home as a sophomore to attend the top ski academy in the country ... Participated in International Ski Federation races ... National Merit Commended Student ... Member of the Steadman Philippon Research Institute Science Club ... Daughter of Bill and Ann Marie Sutter.

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# **ANNIE TAYLOR**

Multis | JR. | 5-10 | Nashville, Tenn.

CAREER HONORS / INDOOR
2022 Patriot League Champion (Distance Medley Relay)
2022 First Team All-Patriot League (Distance Medley Relay)

CAREER HONORS / OUTDOOR 2021 ECAC All-East (Heptathlon)

CAREER ACADEMIC HONORS
2022 CoSIDA Academic All-District (First Team)
2021 USTFCCCA Scholar Athlete



2021-22 (Sophomore Season): HONORS: Patriot League Champion (Distance Medley Relay – Indoor) ... CoSIDA Academic All-District (First Team) ... INDOOR: Earned First Team All-Patriot League as a member of the distance medley relay that posted a season-best time of 11:43.73 at the Patriot League Indoor Championship ... Scored at the Patriot League Indoor Championship with a fifth-place finish in the pentathlon (3,503 points) and a seventh-place finish in the 60m hurdles (9.09) ... Posted a season-best score of 3,520 points in the pentathlon at the Wesley Brown Invitational ... Clocked a season-best time of 8.93 in the prelims of the 60m hurdles at the PL Championship ... Member of the 4x400m relay that posted a season-best time of 3:49.61 at the Army-Navy Indoor Star Meet ... OUTDOOR: Earned bronze in the heptathlon with 4,613 points at the Patriot League Outdoor Championship, helping the Mids sweep the podium in the event ... Registered a season-best 4,631 total points in the heptathlon at the Navy Spring Meet II ... In addition to the heptathlon, primarily competed in the 100m hurdles (14.70 / +0.9 – Navy Spring Meet II) and 400m hurdles (1:02.87 – San Diego Collegiate Challenge).

2020-21 (Freshman Season): HONORS: ECAC All-East (Heptathlon – Outdoor) ... USTFCCCA Scholar Athlete ... Patriot League Rookie of the Week (March 1; April 20) ... INDOOR: Set the Navy school record in the pentathlon at the Patriot League Indoor Challenge with 3,709 total points, winning three of the five events ... Recorded a season-best time of 58.25 in the 400m at the Navy Intrasquad 3 ... Clocked a season-best time of 9.01 in the 60m hurdles at the PL Indoor Challenge ... OUTDOOR: Finished third at the ECAC Outdoor Championship in the heptathlon with 4,793 total points to earn All-East honors ... Claimed bronze at the Patriot League Outdoor Championship in the heptathlon with a season-best tally of 4,846 points, falling one point shy of the Navy school record in the event ... Took bronze in the 100m hurdles at the PL Championship with a time of 14.71 (-1.5) ... Top times in the 100m hurdles (14.51 / +0.6) and 400m hurdles (1:01.83) came at the PL Championship and Navy Invitational III, respectively.

High School / Personal: Lettered in track and field (5 years) and soccer (4) at Harpeth Hall High School in Nashville, Tenn. ... Helped Harpeth Hall to the Regional (2016, '17, '18, '19) and State (2016) Championships ... Earned 2018 State Champion in the hurdles ... Nominated for Track Athlete of the Year ... Selected as team captain 2019-20 ... President of Native American Heritage Club, publicity officer of Real Worlds, and member of Best Buddies ... Magna Cum Laude (National Latin Exam) ... Daughter of Robert and Becky Taylor ... Father Robert, played football at McPherson College, while mother, Becky, was a cheerleader at Ole Miss.

# **MIDSHIPMEN PROFILES (WOMEN)**

# **CAROLYN THURLBY**

Distance | SO. | 5-5 | Overland Park, Kan.

CAREER HONORS / OUTDOOR
2022 ECAC All-East (3,000m Steeplechase)

**2021-22 (Freshman Season): HONORS:** ECAC All-East (3,000m Steeplechase – Outdoor) ... **INDOOR:** Clocked a season-best time of 10:03.96 in the 3,000m at the Navy Select, while posting a top performance of 5:08.21 in the mile at the Army-Navy Indoor Star Meet ... Ran in the 5,000m (17:42.85) at the Darius Dixon

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Invitational ... **OUTDOOR:** Earned ECAC All-East honors with an eighth-place finish in the 3,000m steeplechase, posting a season-best time of 10:48.76 in the event ... Registered a season-best time of 17:37.16 in the 5,000m at the George Mason Invitational.

High School / Personal: Competed in cross country (3), soccer (3) and track and field at Blue Valley Northwest High School ... Three-time All-State Kansas Class 6A Cross Country recipient for finishing in the top-20 ... As a senior in 2020, placed ninth at the Class 6A Shawnee Mission South Regional and 11th at the Kansas Class 5A/6A State Championship ... As a team, Blue Valley Northwest HS placed first at the district and regional championship and second at the state championship in 2020 ... Individually, finished 11th at 2019 KSHSAA 6A State Championship and 18th at the event as a sophomore in 2018 ... Garnered All-State Class 5A/6A status for finishing eighth in the 1600m at the 2021 Kansas State HS Outdoor TF Championship ... Earned All-State musician playing the double bass ... HS teammate Riley Beach ('25) runs for lowa State XC/TF ... Daughter of Trace and Kristin ... Father, Trace, graduated from the U.S. Air Force Academy (Class of 1994) and played tennis for the Falcons ... Born in California grew up in Kansas.

# **HELEN WEST**

Sprints | JR. | 5-9 | Pinehurst, N.C.

CAREER HONORS / INDOOR 2022 Second Team All-Patriot League (400m) 2022 Second Team All-Patriot League (4x400m Relay)

CAREER HONORS / OUTDOOR 2022 Patriot League Champion (400m) 2022 First Team All-Patriot League (400m) 2022 Second Team All-Patriot League (4x400m Relay)



2021-22 (Sophomore Season): HONORS: Patriot League Champion (400m – Outdoor) ... Second Team All-Patriot League (4x400m Relay – Outdoor) ... Second Team All-Patriot League (400m – Indoor) ... Second Team All-Patriot League (4x400m Relay – Indoor) ... INDOOR: Earned Second Team All-Patriot League in the 400m (56.13 – season best) and 4x400m relay (3:51.57) ... Clocked season-best times in the 500m (1:15.94) and 4x400m relay (3:49.61) at the Army-Navy Indoor Star Meet ... Posted a top performance in the 200m (25.29) at the Navy Select ... OUTDOOR: Earned First Team All-Patriot League honors in the 400m (56.00), while earning second-team distinction in the 4x400m relay (3:50.06) ... Also earned points at the Patriot League Championship with a seventh-place finish in the 200m (25.76 / +0.5) ... Clocked season-best performances in the 200m (25.16 / +0.9) and 400m (55.97) at the Ross and Sharon Irwin Meet ... Member of the 4x400m relay that clocked a season-best time of 3:44.42 to win the event at the Penn Relays, while also winning the 4x400m relay at the Army-Navy Outdoor Meet with a time of 3:45.67.

**2020-21 (Freshman Season): INDOOR:** Recorded season-best performances in the 200m (26.29), 400m (58.10), and 4x400m relay (3:49.28 – team season best) at the Patriot League Indoor Challenge ... Clocked a season-best performance of 1:17.98 in the 500m against William & Mary ... **OUTDOOR:** Advanced to the finals of the 400m

at the Patriot League Outdoor Championship with a fourth-place time of 57.19 (season best) in the prelims before taking sixth in the finals with a time of 57.78 ... Posted a time of 1:05.63 in the 400m hurdles at the PL Outdoor Championship.

High School / Personal: Lettered in indoor track and field (4 years), outdoor track and field (4), and cross country (4) at Pinecrest High School in Southern Pines, N.C. ... Earned All-State (500m indoor as a senior), All-Region (400m outdoor as a junior; 4x400m relay outdoor as a freshman, sophomore, and senior), All-Conference (400m outdoor as a sophomore and senior; 4x400m relay outdoor as a freshman, sophomore, and senior), while setting the sprint medley relay record as a freshman ... Selected team captain for cross country, indoor TF, and outdoor TF as a senior ... Helped the cross country team to four Conference Championships (freshman, sophomore, junior, and senior), while leading the outdoor track and field team to three Conference Championships (freshman, sophomore, junior) ... Earned individual championships in the 400m (conference and regional) as a junior, while combining to win the 4x400m relay (conference) as a sophomore and junior ... Salutatorian of class (535 students) ... Student Government, Study Body Public Affairs Officer, North Carolina School of Science and Math Online Ambassador, North Carolina Governor Page, North Carolina Senate Page, and Co-founder of Jump Moore Community Jump Rope Club ... Daughter of Matthew and Juliana West ... Father, Matthew, played tennis and baseball at Long Beach State ... Sisters, Grace ('20) and Mary Margaret ('21), attended the Naval Academy and were members of the track and field / cross country teams.



#### NAVY TRACK & FIELD 2022-23

## **2021-22 SEASON IN REVIEW**

- The Navy men's track and field team went undefeated in 2021-22, defeating Princeton (W, 90-86), beating Army (W, 101-8) and winning the Patriot League Indoor Championship. During the outdoor season, the men beat Army (W, 107-93), and won the Patriot League Outdoor Championship.
- The Navy women's track and field team team posted a victory over Army (94-87), while also winning the 2022 Patriot League Indoor Championship. The women repeated their success during the outdoor season, defeating Army (117-86) and winning the Patriot League Outdoor Championship.

### **Army-Navy Star Meets**

- Both the men and women swept the Army-Navy Indoor and Outdoor competitions for the second straight season, earning four Stars on the year.
- The Navy men's track and field team posted a 101-80 victory over rival Army in the annual Indoor Star Meet. The Midshipmen won 10 of the 17 events in America's Meet, earning maximum points in seven events on the day. With the win, the Navy men's team improved to 34-27-2 all-time against Army, including a 22-9-2 mark in Annapolis. The Mids won their third consecutive indoor Star Meet and their eighth of the last 10 indoor star competitions.
- The Navy men's track team defeated Army 107-93 in the annual Outdoor Star Meet in West Point, N.Y. It was the 10th consecutive outdoor victory in the series for Navy. The Midshipmen won 11 of 19 events, earning maximum points in six events to claim Navy's 51st win in the all-time series.
- The women's team trailed by as many as 10 points at the midway point of the meet, but outscored Army 44-27 down the stretch to come away with a 94-87 victory in the Indoor Star Meet at Wesley A. Brown Field House. With the win, the women's track and field team defeated the Black Knights for the third straight season.
- The women then claimed a 117-86 victory over Army in the Outdoor Star Meet. With the win, the women's track and field team defeated the Black Knights for the seventh consecutive time. Navy won 13 of 19 events, including maximum points in nine individual events and a pair of relay victories

### **Patriot League Indoor Championship**

- The Navy men's and women's track and field team swept the 2022 Patriot League Indoor Track and Field Championship, which was held at Bucknell's Gerhard Fieldhouse in Lewisburg, Pa. For the men, it was the 12th win in program history and the eighth time in the last nine meets that the Midshipmen won the title. On the women's side, it was the sixth indoor title in program history and marked the third consecutive win for the Mids.
- Director of Navy Track and Field Jamie Cook was named 2021 Patriot League Men's and Women's Outdoor Coach of the Year, while Junior Baynes Autrey was the Men's Field Athlete of the Meet.
- The Navy men finished with 264 total points, winning nine of 18 events over the weekend. As a team, Navy broke a pair of school records - pole vault and heptathlon - during the two-day meet.
- The women's team totaled 202 points, claiming first in seven of 18 events. As a team, Navy broke five school records - 60m hurdles, pentathlon, long jump, 4x800m relay, and distance medley relay - during the two-day meet.

### **Patriot League Outdoor Championship**

The Mids swept the Patriot League Outdoor Championships at Ingram Field in Annapolis, Md. It was the fourth consecutive season that the Midshipmen have swept the Outdoor Championship. Director of Navy Track and Field Jamie Cook was named 2022 Patriot League Men's and Women's Outdoor Coach of the Year. In addition, senior Miguel Mathias was named Men's Track Athlete of the Meet, while freshman Jacques Guillaume earned Men's Rookie of the Meet and junior Caden

- Dailey was the Men's Highest Point Scorer. For the women, senior Katie Halbert was named Women's Field Athlete of the Meet, while also finishing as the Women's Highest Point Scorer.
- The men won its ninth outdoor title in program history and the eighth in a row. Navy men finished with a tournament-record 333 points to win by 94 points and took first in 11 events.
- On the women's side, the Patriot League Title was the sixth outdoor championship for the women and fourth consecutive title. Navy finished with 281.50 points, claiming 10 in seven of 22 events for a 105.5 margin of victory.
- · Navy won seven of 18 events on the men's side, including six individual events and one relay, while the women's team also secured seven of 18 events, including five individual events and two relays.

#### **NCAA East Preliminaries**

- Navy had 10 men's track and field student-athletes represent the Academy at the 2022 NCAA East Preliminaries in Bloomington, Ind. The 10 student-athletes senior Cole Bailey (High Jump), sophomore Joshua Boamah (Hammer Throw), senior Sean Casey (800m), senior Charles Crispi (Pole Vault), junior Caden Dailey (Long Jump), senior Hayden Fox (Javelin), sophomore Braden Presser (Javelin), junior Alex Rizzo (800m), sophomore Walker Rudisaile (Pole Vault), and sophomore Brahmir Vick (Middletown, Del.) - competed in seven events at the NCAA Regional meet.
- · Navy had four women's track and field student-athletes represent the Academy at the 2022 NCAA East Preliminaries in Bloomington, Ind. The four student-athletes - sophomore Ellie Abraham (3,000m Steeplechase), junior Winter Boese (3,000m Steeplechase), senior Taylor Buchanan (High Jump), and sophomore Hannah Lowenstein (High Jump) - competed in a pair of events at the NCAA Regional meet.

### **Academics**

- In the classroom, Navy had nine USTFCCCA Academic honorees, five CoSIDA Academic All-District awards, and four CoSIDA Academic All-Americans. In addition, Ashwin Briggs and John Bowers earned Graduate with Distinction honors.
- The USTFCCCA announced its 2022 collegiate academic awards and nine Navy track and field student-athletes - Ellie Abraham, Baynes Autrey, Winter Boese, Sean Casey, Hayden Fox, Katie Halbert, Gregory Mathias, David Nelsen and Braden Presser – were named to the team.
- · Navy track and field student-athletes Brett Brady, Ashwin Briggs, Sean Casey, Annie Taylor and Maddie Warrender garnered Academic All-District II accolades for track and field / cross country from the College Sports Information Directors of America (CoSIDA), advancing to the national ballot. Casey garnered first-team recognition with Briggs claiming second-team distinction. Brady and Warrender received third-team laurels.
- During the indoor season, Navy had a league-best four student-athletes junior Baynes Autrey, junior Brett Brady, senior Ashwin Briggs, and senior Sean Casey - selected to the Patriot League's 10-person Indoor All-Academic men's team. Casey was named the 2022 Patriot League Men's Indoor Track and Field Scholar-Athlete of the Yearophomore Ellie Abraham and senior Katie Halbert were selected to the Patriot League's 11-person (one additional spot being awarded due to a tie in the voting) Indoor All-Academic women's team.
- For the outdoor season, Navy had a league-best six student-athletes senior John Bowers, junior Brett Brady, senior Ashwin Briggs, senior Sean Casey, senior Miguel Mathias, and sophomore Braden Presser - on the 11-member men's squad and the women had three of student-athletes – sophomore Ellie Abraham, senior Katie Halbert and junior Sabrina Sutter – selected to the Patriot League's 10-person Outdoor All-Academic women's team.





## **2021-22 SEASON IN REVIEW**

### **Special Recognition**

- Men's track and field senior David Nelsen broke the school record in the 1-mile run at the 2022 BU David Hemery Valentine Invitational, marking the second sub-4minute mile in program history. Nelsen won his heat with a new school record time of 3:59.52. The senior became the second Midshipmen to ever clock a time under four minutes in the mile, joining Jake Brophy ('20) who crossed the finish line with a then-school record time of 3:59.98 at BU as a senior in 2020.
- Sophomore Braden Presser punched his ticket to the NCAA Outdoor Championship
  in Eugene, Ore. with a sixth-place finish in the javelin at the NCAA East Preliminaries.
  Presser registered a distance of 72.17m (236-09) to move on to the Championship.
  The top 12 advance to the NCAA Outdoor Championships and Presser cruised with
  a sixth-place performance. The distance was the third best in Navy history and the
  second-best for the sophomore this year.
- During the indoor season, the men's track and field team posted 21 times/marks that ranked in Navy's all-time top-10, including finishing the indoor season with three school records. Senior **David Nelsen** set the school record in the 1-mile run, clocking a time of 3:59.52, while sophomore **Walker Rudisaile** broke the pole vault record with a height of 5.35m (17-06.50). In the heptathlon, junior **Baynes Autrey** posted a record 5,510 points. As a team, the Mids posted top-10 performances in the 1,000m run (2x), 1-mile run (5x), 3,000m run, 60m hurdles (3x), pole vault (5x), long jump (2x), weight throw (2x), and heptathlon (2x).
- The women's track and field team posted 35 times/marks that ranked in Navy's all-time top-10, including finishing the indoor season with six school records. Senior Katie Halbert set the school record in the 60m hurdles, clocking a time of 8.51. The 4x800m relay team of junior Alana Julius, senior Anna Kovacs, freshman Kelly Murray and sophomore Ellie Abraham combined to break the school record with a time of 8:50.44. Along with Julius, Kovacs and Abraham, sophomore Annie Taylor, tallied a school-record time of 11:43.73 in the distance medley relay. Junior Molly Chapman and senior Taylor Buchanan tied for the school record in the high jump, posting a height of 1.73m (5-08.00). Senior Breanna Mealer posted a school-record performance of 6.03m (19-09.50) in the long jump. In the pentathlon, senior Erin Higgins registered a record 3,834 points. As a team, the Mids posted top-10 performances in the 200m dash, 800m run, 1-mile run (2x), 3,000m run (2x), 5,000m run (2x), 60m hurdles (7x), 4x800m relay, distance medley relay (2x), high jump (5x), pole vault (2x), long jump (4x), and pentathlon (6x).
- During the outdoor competition, the men's track and field team posted 22 times/ marks that ranked in Navy's all-time top-10, including finishing the outdoor season with three school records. Junior Alex Rizzo set the school record in the 1,500m run, clocking a time of 3:41.59, while sophomore Brahmir Vick broke the 110m hurdles record with a time of 13.71. The foursome of senior Sean Casey, junior lan Bartlett, senior Ashwin Briggs and Rizzo posted a collective time of 7:24.92 to set the Navy record in the 4x800m relay. As a team, the Mids posted top-10 performances in the 800m run (3x), 1,500m run, 5,000m run (3x), 110m hurdles (6x), 4x800m relay (2x), pole vault, long jump, hammer throw, and javelin (4x).
- The women's track and field team posted 52 times/marks that ranked in Navy's all-time top-10, including finishing the outdoor season with seven school records. Senior Jessica Nangle set the school record in the 10,000m run with a time of 34:40.51, while senior **Katie Halbert** posted the school record in the 100m hurdles, clocking a time of 13.48. The 4x100m relay team of Halbert, senior Breanna Mealer, junior Molly Mangan and junior Sabrina Sutter combined to break the school record with a time of 45.95, while sophomore Helen West, senior Erin Higgins, Sutter and Mangan tallied a school-record time of 3:44.42 in the 4x400m relay. Sophomore Hannah Lowenstein set the school record in the high jump, posting a height of 1.77m (5-09.75), while freshman Sami Bollinger notched a school-record performance in the triple jump with a distance of 12.29m (40-04.00). In the heptathlon, **Higgins** registered a record 5,395 points. As a team, the Mids posted top-10 performances in the 200m dash (5x), 400m run, 800m run, 5,000m run (7x), 10,000m run (3x), 100m hurdles (6x), 3,000m steeplechase (8x), 4x100m relay (2x), 4x400m relay, high jump (7x), pole vault (3x), triple jump (4x), and heptathlon (4x).





Talada Janean

## 2021-22 SEASON IN REVIEW - INDOOR (MEN)

### PATRIOT LEAGUE INDOOR CHAMPIONSHIP

**GERHARD FIELDHOUSE** 

LEWISBURG, PA. // Feb. 26-27, 2022

Patriot League Finish (Points): 1st (264 Points)

Patriot League Championship Awards: Jamie Cook, Coach of the Meet; Baynes Autrey, Patriot League Indoor Field Athlete of the Meet

First Team All-Patriot League (Champions): Baynes Autrey (Heptathlon); Cole Bailey (High Jump); Ian Bartlett (4x800m Relay); Garrett Baublitz (4x800m Relay); Joshua Boamah (Weight Throw); Ashwin Briggs (4x800m Relay); Sean Casey (4x800m Relay); Jay Evans (4x400m Relay); Aidan Featherby (Long Jump); Jacques Guillaume (400m, 4x400m Relay); Sethan Hollier (4x400m Relay); Jordan Payne (Triple Jump); Walker Rudisaile (Pole Vault); and Jonathan Simmons (4x400m Relay)

Second Team All-Patriot League (Runner Ups): Charles Crispi (Pole Vault); Sethan Hollier (200m); Nahshon Houston (Long Jump); Jacob Jancek (Heptathlon); Alex Rizzo (1-mile); and Brahmir Vick (60m Hurdles)

#### 2022 ALL-PATRIOT LEAGUE PERFORMANCES

	_			
200m				
Finish	Name	Meet	Date	Time
2nd	Sethan Hollier	PL Championship	02/27	21.90
400m				
Finish	Name	Meet	Date	Time
1st	Jacques Guillaume	PL Indoor Championship	02/26	48.82
Mile	Nama	Mant	Data	T:
Finish	Name Alex Rizzo	Meet  Di Indoor Championahin	<b>Date</b> 02/27	Time
2nd	Alex Rizzo	PL Indoor Championship	02/27	4:05.95
60m Hu	ırdles			
Finish	Name	Meet	Date	Time
2nd	Brahmir Vick	PL Indoor Championship	02/27	7.90
4x400m	n Relay			
Finish	Name	Meet	Date	Time
1st	Jonathan Simmons	PL Indoor Championship	02/27	3:15.80
	Sethan Hollier			
	Jay Evans			
-	Jacques Guillaume			
4x800m	Polov			
Finish	Name	Meet	Date	Time
1st	Garrett Baublitz	PL Indoor Championship	02/26	7:33.99
131	Ian Bartlett	I E IIIdoor Championship	02/20	1.55.55
	Sean Casey			
	Ashwin Briggs			
	7 to i i i i i i i i i i i i i i i i i i			
High Ju	ımp			
Finish	Name	Meet	Date	Mark
1st	Cole Bailey	PL Championship	02/27	2.05m (6-08.75)
Pole Va				
Finish	Name	Meet	Date	Mark
1st	Walker Rudisaile	PL Indoor Championship		5.35m (17-06.50)
2nd	Charles Crispi	PL Indoor Championship	02/26	5.05m (16-06.75)
Long	umn			
Long Ju	ump Name	Meet	Date	Mark
1st	Aidan Featherby	PL Indoor Championship		7.36m (24-01.75)
131	/ waarr r cautorby	i E indoor Onampionship	02120	7.00111 (27-01.70)

PL Indoor Championship

Triple J	Triple Jump					
Finish	Name	Meet	Date	Mark		
1st	Jordan Payne	PL Indoor Championship	02/27 14.69	m (48-02.50)		
Heptath	Heptathlon					
Finish	Name	Meet	Date	Points		
1st	Baynes Autrey	PL Championship	02/27	5,510		



2nd

Nahshon Houston

\*

02/26 7.33m (24-00.75)

## 2021-22 SEASON IN REVIEW - INDOOR (WOMEN)

## PATRIOT LEAGUE INDOOR CHAMPIONSHIP

**GERHARD FIELDHOUSE** 

LEWISBURG, PA. // Feb. 26-27, 2022

Patriot League Finish (Points): 1st (202 Points)

Patriot League Championship Awards: Jamie Cook, Coach of the Meet

First Team All-Patriot League (Champions): Ellie Abraham (Distance Medley Relay); Taylor Buchanan (High Jump); Katie Halbert (60m Hurdles); Erin Higgins (Pentathlon); Alanna Julius (Distance Medley Relay); Anna Kovacs (Distance Medley Relay); Molly Mangan (200m); Breanna Mealer (Long Jump); Charlene Morke (Pole Vault); and Annie Taylor (Distance Medley Relay)

Second Team All-Patriot League (Runner Ups): Ellie Abraham (800m, 4x800m Relay); Katie Halbert (Pentathlon); Erin Higgins (4x400m Relay); Alanna Julius (4x800m Relay); Anna Kovacs (4x800m Relay); Molly Mangan (4x400m Relay); Kelly Murray (4x800m Relay); Jessica Nangle (5,000m); Sabrina Sutter (200m, 4x400m Relay); and Helen West (400m, 4x400m Relay)

#### 2022 ALL-PATRIOT LEAGUE PERFORMANCES

200m
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Finish	Name	Meet	Date	Time
1st	Molly Mangan	PL Indoor Championship	02/27	24.88
2nd	Sabrina Sutter	PL Indoor Championship	02/27	25.07

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7	υ	v	ı	ı	Ŀ

Finish	Name	Meet	Date	Time
2nd	Helen West	PL Indoor Championship	02/27	56.13

### 800m

Finish	Name	Meet	Date	Time
2nd	Ellie Abraham	PL Indoor Championship	02/27	2:11.19

## 5,000m

Finish	Name	Meet	Date	Time
2nd	Jessica Nangle	PL Indoor Championshi	p 02/26	16:58.59

#### 60m Hurdles

Finish	Name	Meet	Date	lime
2nd	Katie Halbert	PL Indoor Championship	02/27	8.59

## 4x400m Relay

Finish	Name	Meet	Date	Time
2nd	Sabrina Sutter Helen West Erin Higgins Molly Mangan	PL Indoor Championship	02/27	3:51.57

## 4x800m Relay

Finish	Name	Meet	Date	Time
2nd	Alanna Julius	PL Indoor Championship	02/26	8:50.44
	Anna Kovacs			
	Kelly Murray			
	Ellie Abraham			

#### DMR

DIVIR				
Finish	Name	Meet	Date	Time
1st	Alanna Julius	PL Indoor Championship	02/27	11:43.73
	Annie Taylor			
	Anna Kovacs			
	Ellie Abraham			

## High Jump

Finish	Name	Meet	Date	Mark
1st	Taylor Buchanan	PL Indoor Championship	02/27	1.70m (5-07.00)

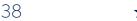
Long Jump					
Finish	Name	Meet	Date	Mark	
1st	Breanna Mealer	PL Indoor Championship	02/26	6.03m (19-09.50)	

#### Pole Vault

Finish	Name	Meet	Date	Mark
1st	Charlene Morke	PL Indoor Championship	02/26 3.9	5m (12-11.50)

#### Pentathlon

Femali	11011			
Finish	Name	Meet	Date	Points
1st	Erin Higgins	PL Indoor Championship	02/26	3,834
2nd	Katie Halbert	PL Indoor Championship	02/26	3,750







#### TRACK & FIELD 2022-23 NAVY

## 2021-22 SEASON IN REVIEW - OUTDOOR (MEN)

### PATRIOT LEAGUE OUTDOOR CHAMPIONSHIP

**INGRAM FIELD** 

ANNAPOLIS, MD. // MAY 6-7, 2022

Patriot League Finish (Points): 1st (333 Points)

Patriot League Championship Awards: Jamie Cook, Coach of the Meet; Miguel Mathias,

Track Athlete of the Meet; Caden Dailey, Top Point Scorer

First Team All-Patriot League (Champions): Baynes Autrey (Decathlon); Ian Bartlett (4x800m Relay); Brett Brady (3,000m Steeplechase); Ashwin Briggs (4x800m Relay); Sean Casey (4x800m Relay); Caden Dailey (100m, 4x100m Relay); Jay Evans (4x100m Relay); Aidan Featherby (Triple Jump); Jacques Guillaume (400m); Sethan Hollier (4x100m Relay); Miguel Mathias (5,000m, 10,000m); David Nelsen (4x800m Relay); Braden Presser (Javelin); Walker Rudisaile (Pole Vault); and Brahmir Vick (4x100m Relay) Second Team All-Patriot League (Runner Ups): Cole Bailey (High Jump); Joshua Boamah

(Shot Put, Discus); Sean Casey (800m); Caden Dailey (200m); Jay Evans (4x400m Relay); Jacques Guillaume (400m Hurdles, 4x400m Relay); Sethan Hollier (4x400m Relay); Nahshon Houston (Long Jump); Jacob Jancek (110m Hurdles); Jordan Payne (Triple Jump); Alex Rizzo (1,500m); Elliott Schultz (3,000m Steeplechase); and Jonathan Simmons (400m, 4x400m Relay)

#### 2022 ALL-PATRIOT LEAGUE PERFORMANCES

2022 F 100m	ALL-PATRIOT LEA	AGUE PERFURMANCES		
Finish	Name	Meet	Date	Time
1st	Caden Dailey	PL Outdoor Championship	05/07	10.89 (0.5)
100	Gudon Bulley	1 L Oddoor Orlampionomp	00/01	10.00 (0.0)
200m				
Finish	Name	Meet	Date	Time
2nd	Caden Dailey	PL Outdoor Championship	05/07	22.08 (0.7)
400				
400m Finish	Name	Meet	Date	Time
1st	Jacques Guillaume	PL Outdoor Championship	05/07	48.26
2nd	Jonathan Simmons	PL Outdoor Championship	05/07	48.35
800m				
Finish	Name	Meet	Date	Time
2nd	Sean Casey	PL Outdoor Championship	05/07	1:53.64
	,			
1,500m				
Finish	Name	Meet	Date	Time
2nd	Alex Rizzo	PL Outdoor Championship	05/06	3:50.02
5,000m				
Finish	Name	Meet	Date	Time
1st	Miguel Mathias	PL Outdoor Championship	05/06	14:08.22
10,000n	n			
Finish	Name	Meet	Date	Time
1st	Miguel Mathias	PL Outdoor Championship	05/06	30:20.65
110m H			_	
Finish	Name	Meet	Date	Time
2nd	Jacob Jancek	PL Outdoor Championship	05/07	15.03 (0.2)
400m H	urdles			
Finish	Name	Meet	Date	Time
2nd	Jacques Guillaume	PL Outdoor Championship	05/07	52.99
	Steeplechase			
Finish	Name	Meet	Date	Time
1st	Brett Brady	PL Outdoor Championship	05/07	9:05.82
2nd	Elliott Schultz	PL Outdoor Championship	05/07	9:05.91

4x100m	•	Maak	Dete	T:
Finish 2nd	Name Brahmir Vick	Meet DL Championship	<b>Date</b> 05/06	Time 41.66
ZIIU	Caden Dailey	PL Championship	03/00	41.00
	Sethan Hollier			
	Jay Evans			
	Jay Evalis			
4x400m	Relay			
Finish	Name	Meet	Date	Time
2nd	Jonathan Simmons	PL Outdoor Championship	05/06	3:17.10
	Sethan Hollier			
	Jay Evans			
	Jacques Guillaume			
4x800m	Polov			
Finish	Name	Meet	Date	Time
1st	David Nelsen	PL Outdoor Championship	05/06	7:30.13
	lan Bartlett			
	Sean Casev			
	Ashwin Briggs			
High Ju Finish	mp Name	Meet	Date	Mark
2nd	Cole Bailey	PL Outdoor Championship	05/07	2.07m (6-09.50)
ZIIU	Oole Balley	1 L Odlador Orlampionship	03/01	2.07111 (0-03.30)
Pole Va	ult			
Finish	Name	Meet	Date	Mark
1st	Walker Rudisaile	PL Outdoor Championship	05/06	5.18m (17-00.00)
Long Ju	ımp Name	Meet	Date	Mark
2nd	Nahshon Houston	PL Outdoor Championship		7.15m (23-05.50)
ZIIU	Natistion Houston	FL Outdoor Championship	03/00	7.1311 (23-03.30)
Triple J	ump			
Finish	Name	Meet	Date	Mark
1st	Aidan Featherby	PL Outdoor Championship	05/06	14.81m (48-07.25)
2nd	Jordan Payne	PL Outdoor Championship	05/06	14.77m (48-05.50)
01( D				
Shot Pu Finish	ιτ Name	Meet	Date	Mark
2nd	Joshua Boamah	PL Outdoor Championship		17.02m (55-10.25)
ZIIU	ooshaa boanlan	1 L Odlador Orlampionship	03/01	17.0211 (00-10.20)
Discus	Throw			
Finish	Name	Meet	Date	Mark
2nd	Joshua Boamah	PL Outdoor Championship	05/07	50.58m (165-11)
Javelin Finish	Name	Meet	Date	Mark
1st	Braden Presser	PL Outdoor Championship	05/07	Mark 69.46m (227-11)
131	Diducti i 163361	- L Outdoor Orianipionship	03/01	55. <del>7</del> 0111 (221-11)
Decathl	on			
Finish	Name	Meet	Date	Points
1st	Baynes Autrey	PL Championship	05/07	6,684



\*

Heptathlon Finish Name

Erin Higgins

Katie Halbert

1st

2nd

## 2021-22 SEASON IN REVIEW - OUTDOOR (WOMEN)

### PATRIOT LEAGUE OUTDOOR CHAMPIONSHIP

**INGRAM FIELD** 

ANNAPOLIS, MD. // MAY 6-7, 2022

Patriot League Finish (Points): 1st (281.5 Points)

Patriot League Championship Awards: Jamie Cook, Coach of the Meet; Katie Halbert, Field Athlete of the Meet and Women's Highest Point Scorer

First Team All-Patriot League (Champions): Ellie Abraham (3,000m Steeplechase); Molly Chapman (Triple Jump); Katie Halbert (100m Hurdles, 4x100m Relay, Long Jump); Erin Higgins (Heptathlon); Hannah Lowenstein (High Jump); Molly Mangan (4x100m Relay); Breanna Mealer (4x100m Relay); Sabrina Sutter (200m, 4x100m Relay); Jadyn Tiracave (Javelin); and Helen West (400m)

Second Team All-Patriot League (Runner Ups): Winter Boese (3,000m Steeplechase); Taylor Buchanan (High Jump); Katie Halbert (Heptathlon); Erin Higgins (4x400m Relay); Molly Mangan (100m, 200m, 4x400m Relay); Charlene Morke (Pole Vault); Renny Murphy (Javelin); Sabrina Sutter (4x400m Relay); Maddie Warrender (1,500m); and Helen West (4x400m Relay)

## 2022 ALL-PATRIOT LEAGUE PERFORMANCES

A	Λ	Λ		
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100m				
Finish	Name	Meet	Date	Time
2nd	Molly Mangan	PL Outdoor Championship	05/07	12.27 (1.4)
200m				
Finish	Name	Meet	Date	Time
1st	Sabrina Sutter	PL Outdoor Championship	05/07	24.56 (0.5)
2nd	Molly Mangan	PL Outdoor Championship	05/07	24.87 (0.5)
400m				
Finish	Name	Meet	Date	Time
1st	Helen West	PL Outdoor Championship	05/07	56.00
1,500m	1			
Finish	Name	Meet	Date	Time
2nd	Maddie Warrender	PL Outdoor Championship	05/06	4:31.87
		. 2 oddoor ondingronomp	00/00	
	Hurdles			
Finish	Name	Meet	Date	Time
1st	Katie Halbert	PL Outdoor Championship	05/07	14.27 (1.2)
3,000m	1 Steeplechase			
Finish	Name	Meet	Date	Time
1st	Ellie Abraham	PL Outdoor Championship	05/07	10:28.52
2nd	Winter Boese	PL Outdoor Championship	05/07	10:28.53
4x100r	n Relay			
Finish	Name	Meet	Date	Time
1st	Ann Jackson	PL Outdoor Championship	05/07	47.00
	Breanna Mealer			
	Molly Mangan			
	Sabrina Sutter			
4x400r	n Relay			
Finish	Name	Meet	Date	Time
2nd	Helen West	PL Outdoor Championship	05/07	3:50.06
	Sabrina Sutter			
	Erin Higgins			
	Molly Mangan			
المامالا				
High J	ump Name	Meet	Date	Mark
riiiiSil	INGILIE	INICCL	Date	iviark

PL Outdoor Championship

PL Outdoor Championship

05/06

05/06

1.77m (5-09.75)

1.68m (5-06.00)

	•			
Pole Va	ult			
Finish	Name	Meet	Date	Mark
2nd	Charlene Morke	PL Outdoor Championship	05/06	3.94m (12-11.00)
Long J	ump			
Finish	Name	Meet	Date	Mark
1st	Katie Halbert	PL Outdoor Championship	05/06 5	5.74m (18-10.00)
		· · ·		
Triple J	ump			
Finish	Name	Meet	Date	Mark
1st	Molly Chapman	PL Outdoor Championship	05/06 12	2.21m (40-00.75)
	•			,
Javelin				
Finish	Name	Meet	Date	Mark
1st	Jadyn Tiracave	PL Outdoor Championship	05/07	44.87m (147-02)
1st	Renny Murphy	PL Outdoor Championship	05/07	42.75m (140-03)
		' '		

Meet

PL Outdoor Championship

PL Outdoor Championship

Date

05/07

05/07

**Points** 

5,090

4,946



Hannah Lowenstein

Taylor Buchanan

1st

2nd

40



## **ALL-TIME INDOOR PERFORMANCES (MEN)**

60 1	60 Meters				
Rk	Time	Name	Date		
1.	6.73	Jordan Sartor-Francis	02/06/2016		
2.	6.82	Caden Dailey	02/27/2021		
	6.82	Devin Enslen	02/03/2018		
	6.82	Jordan Sartor-Francis	01/16/2016		
5.	6.84	Evan Lexo	02/16/2019		
	6.84	Jordan Sartor-Francis	02/19/2016		
7.	6.85	Jordan Sartor-Francis	02/22/2015		
	6.85	Jordan Sartor-Francis	02/23/2014		
9.	6.86	Aaron Watson	02/18/2018		
	6.86	Evan Lexo	02/17/2018		
	6.86	Devin Enslen	02/08/2018		

200	200 Meters				
Rk	Time	Name	Date		
1.	21.01	Jordan Sartor-Francis	02/22/2015		
2.	21.05	Jordan Sartor-Francis	03/09/2014		
3.	21.19	Jordan Sartor-Francis	02/22/2015		
4.	21.26	Devin Enslen	02/19/2017		
	21.26	Jordan Sartor-Francis	02/19/2016		
6.	21.31	Demetrius Lanier	02/25/2018		
	21.31	Jordan Sartor-Francis	02/22/2015		
8.	21.37	Devin Enslen	03/05/2017		
9.	21.40	Austin Batiste	02/22/2015		
	21.40	Jordan Sartor-Francis	02/06/2016		

400 Meters			
Time	Name	Date	
46.72	Eric Porter	03/07/2004	
46.90	Austin Batiste	03/19/2014	
46.96	Eric Porter	03/06/2004	
47.16	Austin Batiste	02/19/2016	
47.25	Michael Greene	02/13/1988	
47.36	Michael Greene	01/31/1986	
47.44	Austin Batiste	02/06/2016	
47.53	Austin Batiste	03/06/2016	
47.55	Austin Batiste	02/13/2016	
47.57	Efrem Venters	03/04/1990	
	Time 46.72 46.90 46.96 47.16 47.25 47.36 47.44 47.53 47.55	Time         Name           46.72         Eric Porter           46.90         Austin Batiste           46.96         Eric Porter           47.16         Austin Batiste           47.25         Michael Greene           47.36         Michael Greene           47.44         Austin Batiste           47.53         Austin Batiste           47.55         Austin Batiste	

500	500 Meters				
Rk	Time	Name	Date		
1.	1:00.84	Michael Greene	03/07/1987		
2.	1:00.90	Michael Greene	03/08/1987		
2. 3.	1:01.53	Michael Greene	03/13/1987		
4.	1:01.72	Michael Greene	01/24/1987		
5.	1:01.80	Paul Harris	01/19/2008		
6.	1:02.02	John Finnegan	02/17/2019		
7.	1:02.07	Michael Greene	02/28/1987		
8.	1:02.10	Paul Harris	03/04/2006		
9.	1:02.16	Jeff Colvin	03/09/1980		
10.	1:02.21	Michael Greene	03/01/1987		

Rk	Time	Name	Date
1.	1:48.46	Paul Harris	02/20/2007
2.	1:48.91	Paul Harris	03/09/2007
3.	1:49.29	Paul Harris	01/26/2008
4.	1:49.85	Craig Meekins	03/08/2008
5.	1:50.02	Paul Harris	03/10/2007
6.	1:50.71	Paul Harris	12/01/2006
7.	1:50.73	Paul Harris	02/12/2005
	1:50.73	Doug Kay	02/09/2002
9.	1:50.84	John Finnegan	02/24/2019
10.	1:50.95	Craig Meekins	02/11/2006

Rk	Time	Name	Date
1.	2:22.58	Ashwin Briggs	01/30/2021
2.	2:23.51	Ashwin Briggs	01/22/2022
	2:23.51	Lance Davidson	03/01/1987
4.	2:23.81	Alex Rizzo	01/24/2021
5.	2:24.0-	Dallas Roper	01/15/1983
6.	2:24.1-	Dallas Roper	02/05/1983
7.	2:14.16 (p)	Nicholas Palermo	03/08/2014
8.	2:24.40	Lance Davidson	03/08/1987
9.	2:24.53	Sean Casey	01/22/2022
	2:24.53	Scott Abel	02/23/1986

1-Mile				
Rk	Time	Name	Date	
1.	3:59.52	David Nelsen	02/12/2022	
2.	3:59.98	Jake Brophy	01/25/2020	
3.	4:00.35	Alex Rizzo	02/12/2022	
4.	4:00.77	Steve Schroeder	02/13/2016	
5.	4:00.84	Alex Rizzo	02/05/2022	
6.	4:00.98	Alex Rizzo	01/22/2022	
7.	4:01.12	Ashwin Briggs	02/12/2022	
8.	4:01.49	Steve Schroeder	01/30/2016	
9.	4:01.56	Erik Schmidt	03/06/2004	
10.	4:01.57	Michael Ryan	01/23/1999	
		•		

3,000 Meters			
Rk	Time	Name	Date
1.	7:55.12	Cody Rome	03/05/2011
2.	7:55.24	Cody Rome	03/03/2012
3.	7:55.80	Miguel Mathias	02/12/2022
4.	7:56.23	Greg Keller	01/29/1993
5.	7:56.90	Ron Harris	03/13/1987
6.	7:58.61	Steve Schroeder	01/15/2015
7.	7:59.3-	Ron Harris	03/08/1987
8.	8:00.14	Ron Harris	03/14/1986
9.	8:01.72	Greg Keller	01/25/1992
10.	8:01.89	Ron Harris	03/09/1986

5,00	5,000 Meters				
Rk	Time	Name	Date		
1.	14:03.10	Andrew Hanko	02/19/2011		
2.	14:04.—	John Mentzer	01/26/1997		
3.	14:10.63	Cody Rome	02/18/2012		
4.	14:10.67	Todd Washburn	02/08/1993		
5.	14:12.51	Bruce Frame	02/27/1994		
6.	14:13.32	Todd Washburn	01/29/1993		
7.	14:14.20	Christopher Galvin	03/02/2013		
8.	14:16.45	John Clopeck	02/26/1984		
9.	14:16.87	Sam Peckham	02/22/2015		
10.	14:17.73	Lucas Stalnaker	01/16/2016		

Rk	Time	Name	Date
1.	7.82	Brahmir Vick	12/03/2022
2.	7.87	Clayton Thompson	02/13/2021
3.	7.90	Brahmir Vick	02/27/2022
4.	7.91	Clayton Thompson	01/30/2021
	7.91	Clayton Thompson	01/24/2021
6.	7.92 (p)	Brahmir Vick	12/03/2022
	7.92	Clayton Thompson	02/08/2020
8.	7.93 (p)	Clayton Thompson	12/07/2019
9.	7.94 (p)	Brahmir Vick	02/26/2022
10.	7.96	Brahmir Vick	01/22/2022
	7.96	Clayton Thompson	02/21/2020
	7.96	Clayton Thompson	02/15/2020
	7.96	Clayton Thompson	02/01/2020
	7.96	Clayton Thompson	12/07/2019

	1100	olaj toli illollipooli	12/01/2010
4x4	00-meter F	Relay	
Rk	Time	Name	Date
1.	3.11.58	J.Cadiente	03/09/2014
		Nate Gainey	
		B. Bogaard	
		A. Batiste	
2.	3:12.03	Eric Hughey	02/17/2019
		Cameron Hurd	
		Simon Petsch	
		John Finnegan	
3.	3:12.07	W.Ricks	02/10/2007
		C.Meekins	
		C. Lindsay	
		P. Harris	
4.	3:13.04	Cam DeCoursey	02/19/2016
		G. Harris	
		Nate Gainey	
		A. Batiste	
5.	3:13.23	Eric Hughey	12/07/2019
		Simon Petsch	
		Cameron Hurd	
		John Finnegan	
6.	3:13.58	Cam DeCoursey	03/06/2016
		G. Harris	
		Nate Gainey	
		Roberto Swersky	
7.	3:13.4- (y)		12/15/1979
	(7)		
8.	3:13.64	Eric Hughey	02/24/2019
		Cameron Hurd	
		Simon Petsch	
		John Finnegan	
9.	3:13.71		02/11/2006
10.	3:13.78		02/14/2004

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## **ALL-TIME INDOOR PERFORMANCES (MEN)**

Rk	00-meter F Time	Name	Date
1.	7:27.39	L. Wright J. Wolstenholme J. Fisher D. Roper	02/27/1983
2.	7:28.48	R. McCoy J. Kingsland S. Schroeder N. Palermo	02/22/2015
3.	7:28.9– (y)		02/12/1983
4.	7:29.98	John Finnegan Clayton Turner David Nelsen Jake Brophy	02/17/2019
5.	7:30.01	, , , , , , , , , , , , , , , , , , ,	03/07/2010
6.	7:30.73	Roberto Swersky J. Hyytinen S. Schroeder N. Palermo	02/19/2016
7.	7:30.94 (y)		03/06/1983
8.	7:30.97 (y)		02/14/1986
9.	7:31.29 (y)		01/28/1983
10.	7:32.0- (y)		03/04/1972

		1010 (1:11	
Dist Rk	tance Medle Time	ey Relay Name	Date
1.	9:39.17	Aaron Lanzel E. Porter D. Kay E. Schmidt	03/03/2002
2.	9:39.9- (y)		02/08/1985
3.	9:41.71		02/09/2007
4.	9:44.26		02/09/2002
5.	9:46.94		03/05/2000
6.	9:48.2-		02/12/2000
7.	9:48.71		02/27/1983
8.	9:48.79 (y)		03/01/1987
9.	9:49.39	Jake Shewbert John Finnegan Justin Hyytinen Jake Brophy	03/04/2018
10.	9:49.7- (y)	2	02/06/1977

High Jump				
Rk	Mark	Name	Date	
1.	2.29m (7-06.00)	Leo Williams	03/12/1983	
2.	2.28m (7-05.75)	Leo Williams	03/13/1982	
	2.28m (7-05.75)	Leo Williams	02/20/1982	
4.	2.27m (7-05.25)	Leo Williams	03/16/1981	
5.	2.24m (7-04.25)	Leo Williams	03/06/1983	
6.	2.23m (7-03.25)	Leo Williams	01/22/1983	
7.	2.22m (7-03.25)	Leo Williams	02/27/1982	
	2.22m (7-03.25)	Leo Williams	03/08/1981	
9.	2.21m (7-03.00)	Leo Williams	03/11/1983	

Pole	Pole Vault				
Rk	Mark	Name	Date		
1.	5.35m (17-06.50)	Walker Rudisaile	02/26/2022		
2.	5.26m (17-03.00)	Walker Rudisaile	02/12/2022		
	5.26m (17-03.00)	Walker Rudisaile	01/29/2022		
4.	5.25m (17-02.75)	Walker Rudisaile	02/18/2022		
	5.25m (17-02.75)	Jiles Maness	01/24/2015		
	5.25m (17-02.75)	Jiles Maness	02/21/2014		
7.	5.23m (17-01.75)	Mark Vetere	02/01/2014		
8.	5.22m (17-01.50)	Matthew Poirier	01/23/1999		
9.	5.20m (17-00.75)	Walker Rudisaile	02/05/2022		
	5.20m (17-00.75)	Stefano Pineda	02/16/2019		
	5.20m (17-00.75)	Jiles Maness	01/31/2015		

Lon	g Jump		
Rk	Mark	Name	Date
1.	7.58m (24-10.50)	Caden Dailey	02/27/2021
2.	7.49m (24-07.00)	Jim Campbell	02/03/1973
	7.49m (24-07.00)	Anthony Terrell	02/10/1990
4.	7.46m (24-05.75)	Caden Dailey	02/08/2020
5.	7.41m (24-03.75)	Brian O'Malley	12/01/1985
6.	7.40m (24-03.50)	Caden Dailey	01/30/2021
7.	7.37m (24-02.25)	Caden Dailey	01/15/2022
	7.37m (24-02.25)	Joel Robertson	01/22/1994
	7.37m (24-02.25)	Anthony Terrell	02/07/1988
10.	7.36m (24-01.75)	Aidan Featherby	02/26/2022

Rk	Mark	Name	Date
1.	15.79m (51-09.75)	Joel Robertson	03/06/1994
	15.79m (51-09.75)	Joel Robertson	02/27/1994
3.	15.67m (51-05.00)	Joel Robertson	02/05/1994
4.	15.65m (51-04.25)	Josh Stewart	01/23/1999
5.	15.62m (51-03.00)	Anthony Terrell	02/10/1990
	15.62m (51-03.00)	Anthony Terrell	02/26/1989
	15.62m (51-03.00)	Anthony Terrell	02/11/1989
8.	15.51m (50-10.75)	Joel Robertson	02/13/1993
9.	15.49m (50-10.00)	Anthony Terrell	02/09/1991
10.	15.47m (50-09.25)	Joel Robertson	01/22/1994

Sho	t Put		
Rk	Mark	Name	Date
1.	18.45m (60-06.50)	Scott Haney	02/10/1973
2.	18.41m (60-04.75)	Scott Haney	02/03/1973
3.	18.35m (60-02.75)	Scott Haney	02/24/1973
4.	18.29m (60-00.00)	Scott Haney	01/20/1973
5.	18.26m (59-11.00)	Scott Haney	03/04/1973
6.	18.17m (59-07.25)	Scott Haney	02/17/1973
7.	18.06m (59-03.00)	Michael Berkowitz	02/08/1964
8.	18.01m (59-01.25)	Robert Sehnert	01/18/1991
9.	18.01m (59-01.00)	Robert Sehnert	12/01/1990
10.	17.99m (59-00.50)	Scott Haney	01/27/1973
	·	·	

## **ALL-TIME INDOOR PERFORMANCES (MEN)**

Wei	Weight Throw				
Rk	Mark	Name	Date		
1.	20.76m (68-01.50)	Ted Bregar	03/09/1973		
2.	20.38m (66-10.50)	Ted Bregar	03/04/1973		
3.	20.20m (66-03.25)	Joshua Boamah	02/12/2022		
4.	20.18m (66-02.50)	Joshua Boamah	02/26/2022		
5.	20.07m (65-10.25)	Sean Brennan	02/24/2019		
6.	19.98m (65-06.75)	Ted Bregar	02/16/1974		
7.	19.94m (65-05.00)	Matthew Howard	03/03/1991		
8.	m (65-02.50)	Ted Bregar	02/23/1974		
9.	19.86m (65-02.00)	Ted Bregar	03/03/1974		
10.	19.81m (65-00.00)	Zack Duncavage	02/17/2013		

### Heptathlon

Rk	Points	Name	Date
1.	5,510	Baynes Autrey	02/27/2022
2.	5,509	Benjamin Stewart	02/17/2019
3.	5,501	Clayton Thompson	01/18/2020
4.	5,332	Baynes Autrey	01/22/2022
5.	5,331	Clayton Thompson	01/12/2019
6.	5,311	Ron Belany	02/23/2008
7.	5,299	Benjamin Stewart	01/12/2019
8.	5,259	Clayton Thompson	03/01/2020
9.	5,218	Ron Belany	01/19/2008
10.	5,191	Ron Belany	03/09/2008

## **MISCELLANEOUS RECORDS**

## 4x60m Shuttle Hurdle Relay

Rk	Time	Name	Date
1.	32.41	Brahmir Vick	02/12/2022
		Baynes Autrey	
		Jacob Jancek	
		Max Lapuh	

### Pentathlon

Rk	Points	Name	Date
1.	3,698	Bill Higginbottom	02/23/1997
2.	3,696	Bill Higginbottom	02/24/1996
3.	3,691	Bill Higginbottom	03/02/1997
4.	3,674	Rick Smith	01/25/1981
5.	3,617	Robert Weissenfels	02/24/1990

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### Notes:

c - converted from hand-time

m - converted from meters to yards

y - converted from yards to meters



 $\star$ 

## **ALL-TIME INDOOR PERFORMANCES (WOMEN)**

Rk	Time	Name	Date
1.	7.56	Regine Tugade	03/01/2020
2.	7.57	Regine Tugade	02/08/2020
3.	7.59 (p)	Molly Mangan	02/29/2020
	7.59	Loni Forsythe	02/03/2007
5.	7.60	Molly Mangan	02/08/2020
6.	7.61	Molly Mangan	02/13/2021
7.	7.62	Regine Tugade	01/11/2020
8.	7.63	Regine Tugade	01/18/2020
9.	7.64	Molly Mangan	03/01/2020
	7.64 (p)	Regine Tugade	02/29/2020
	7.64	Regine Tugade	12/07/2019

200	200 Meters			
Rk	Time	Name	Date	
1.	24.31	Regine Tugade	02/21/2020	
2.	24.35	Molly Mangan	02/27/2021	
3.	24.42	Molly Mangan	02/08/2020	
4.	24.46	Regine Tugade	02/24/2019	
5.	24.51	Molly Mangan	03/01/2020	
6.	24.53	Chloe Alfieri	02/17/2019	
7.	24.57	Molly Mangan	02/01/2020	
8.	24.59	Regine Tugade	02/08/2020	
9.	24.60	Regine Tugade	02/17/2019	
10.	24.61	Sabrina Sutter	12/04/2021	
	24.61	Molly Mangan	02/13/2021	

400	400 Meters			
Rk	Time	Name	Date	
1.	54.79	Chelsey Edwards	02/15/2020	
	54.79	Chelsey Edwards	02/24/2019	
3.	54.83	Molly Mangan	12/03/2022	
4.	55.01	Tineisha Davis	01/05/2002	
5.	55.06	Amanda Agana	02/25/2018	
6.	55.21	Chloe Alfieri	12/07/2018	
	55.21	Chelsey Edwards	02/17/2019	
8.	55.29	Chloe Alfieri	02/08/2020	
9.	55.33	Tineisha Davis	03/03/2002	
10.	55.34	Tineisha Davis	02/15/2002	

Rk	Time	Name	Date
1.	1:12.39	Tineisha Davis	03/05/2005
2.	1:12.40	Tineisha Davis	01/31/2004
3.	1:12.50	Tineisha Davis	03/06/2004
4.	1:12.56	Tineisha Davis	03/05/2005
	1:12.56	Tineisha Davis	03/09/2003
6.	1:12.64	Tineisha Davis	02/21/2004
7.	1:12.75	Chelsey Edwards	02/08/2020
8.	1:12.80	Joanna Helm	03/05/2000
9.	1:13.00	Tineisha Davis	02/07/2004
10.	1:13.13	Tiniesha Davis	02/21/2003

Rk	Time	Name	Date
1.	2:05.89	Jess Palacio	03/05/2011
2.	2:06.27	Jess Palacio	02/27/2011
3.	2:07.27	Jess Palacio	02/10/2011
4.	2:08.69	Jess Palacio	01/29/2011
5.	2:09.49	Carol Womack	02/23/1986
6.	2:10.00	Carol Womack	03/14/1987
7.	2:10.32	Kara Kakascik	02/21/2020
8.	2:10.72	Carol Womack	03/01/1987
9.	2:10.76	Kara Kakascik	03/01/2020
10.	2:11.19	Ellie Abraham	02/27/2022

Rk	Time	Name	Date
1.	2:47.89	Meghan Harvey	03/06/2016
2.	2:49.01	Meghan Harvey	03/06/2015
3.	2:49.53	Jess Palacio	01/14/2012
4.	2:51.13	Meghan Harvey	02/22/2016
5.	2:51.31	Meghan Harvey	03/06/2015
6.	2:51.93	Erin O'Marr	03/05/2000
7.	2:52.24	Meghan Harvey	02/06/2016
8.	2:52.29	Meghan Harvey	02/20/2015
9.	2:52.70	Jess Palacio	01/07/2011
10.	2:52.80	Vicki Moore	03/05/2006

1-Mile Run				
Rk	Time	Name	Date	
1.	4:38.43	Jess Palacio	01/28/2012	
2.	4:40.27	Jess Palacio	02/10/2012	
3.	4:43.58	Jess Palacio	02/20/2011	
4.	4:45.52	Jess Palacio	01/14/2012	
5.	4:50.80	Jess Palacio	03/07/2010	
6.	4:51.21	Kim McGreevy	03/05/1995	
7.	4:51.24	Winter Boese	02/27/2022	
8.	4:51.47	Ellie Abraham	02/12/2022	
9.	4:52.64	Amy Baxter	02/25/2001	
10.	4:52.66	Jess Palacio	03/09/2012	

3,000 Meters			
Rk	Time	Name	Date
1.	9:34.44	Melissa Foon	03/05/2000
2.	9:40.41	Melissa Foon	02/18/2001
3.	9:40.48	Melissa Foon	03/04/2001
4.	9:40.85	Jessica Nangle	01/15/2022
5.	9:44.05	Melissa Foon	02/25/2001
6.	9:45.36	Jessica Nangle	02/27/2022
7.	9:45.50	Emily Craig	03/01/2020
8.	9:45.98	Annie-Norah Beveridge	03/03/2013
9.	9:46.05	Melissa Foon	02/27/2000
10.	9:47.59	Amy Watson	02/12/2009

Rk	Time	Name	Date
1.	16:40.86	Justine Whipple	03/04/2006
2.	16:46.75	Brigid Byrne	03/02/2013
3.	16:49.11	Annie-Norah Beveridge	03/02/2013
4.	16:51.06	Brigid Byrne	02/16/2013
5.	16:56.65	Jessica Nangle	02/12/2022
6.	16:58.59	Jessica Nangle	02/26/2022
7.	17:02.12	Brigid Byrne	01/19/2013
8.	17:03.16	Brigid Byrne	02/18/2012
9.	17:04.4-	Melissa Foon	12/09/2000
10.	17:04.79	Justine Whipple	01/27/2006

Rk	Time	Name	Date
1.	8.51	Katie Halbert	02/26/2022
2.	8.56	Katie Halbert	02/05/2022
3.	8.59	Katie Halbert	02/27/2022
	8.59 (p)	Katie Halbert	02/26/2022
5.	8.62 (p)	Katie Halbert	02/12/2022
6.	8.66	Jia Anderson	12/03/2022
	8.66	Katie Halbert	01/21/2022
8.	8.68	Katie Halbert	02/12/2022
9.	8.70	Kirsten Andrews	02/17/2007
10.	8.71	Kirsten Andrews	02/18/2007

4x400-meter Relay Rk Time		Name	Date
1	3:42.73	Chelsey Edwards	02/08/2020
1.	3.42.73	Kara Kakascik	02/00/2020
		Chloe Alfieri	
		***************************************	
2	3:44.21	Molly Mangan	12/07/2019
۷.	3:44.21	Chelsey Edwards	12/07/2019
		Chloe Alfieri	
		Kara Kakascik	
	0.44.40	Molly Mangan	00/45/0000
3.	3:44.43	Molly Mangan	02/15/2020
		Chelsey Edwards	
		Kara Kakascik	
_		Chloe Alfieri	
4.	3:46.31	Chelsey Edwards	02/25/2018
		Christina Quigley	
		Brittany Burg	
		Amanda Agana	
5.	3:46.62	Lily Brose	02/19/2017
		Christina Quigley	
		Brittany Burg	
		Amanda Agana	
6.	3:46.80	Chelsey Edwards	02/17/2019
		Amanda Agana	
		Chloe Alfieri	
		Lauren Heaton	
7.	3:47.52	Chloe Alfieri	01/11/2020
		Chelsey Edwards	
		Molly Mangan	
		Kara Kakascik	
8.	3:47.90	Chelsey Edwards	03/01/2020
		Chloe Alfieri	
		Kara Kakascik	
		Molly Mangan	
9.	3:48.22	Chelsey Edwards	02/18/2018
٠.		Christina Quigley	
		Brittany Burg	
		Amanda Agana	
10.	3:48.33	Chelsey Edwards	01/13/2018
		Christina Quigley	
		Brittany Burg	
		Amanda Agana	
		, and rigaria	

## **ALL-TIME INDOOR PERFORMANCES (WOMEN)**

Rk	Time	Name	Date
1.	8:50.44	Alanna Julius Anna Kovacs Kelly Murray Ellie Abraham	02/26/2022
2.	8:53.78	Kaitlyn Jan Kara Kakascik Phoebe Kirk Amanda Aqana	02/19/2017
3.	8:56.22	Rachel Fairbanks A. Mulkey Amanda Agana M. Harvey	02/19/2016
4.	8:57.73	Phoebe Kirk Bronte Bacchetta Kathleen Murphy Anna Kovacs	02/17/2019
5.	8:59.78	Liz Milewski Erin Neumann Mansfield Murph Jess Palacio	02/19/2011
6.	9:02.28	Shannon Cuthbert M. Harvey C. Shawver M. Zell	02/20/2015
7.	9:04.81		03/06/2004
8.	9:05.17		02/18/2012
9.	9:05.34		02/21/2004
10.	9:06.31		02/27/2000

Rk	ance Medley I Time	Name	Date
1.	11:43.73	Alanna Julius Annie Taylor Anna Kovacs Ellie Abraham	02/27/2022
2.	11:44.02	Erin Seiffert Lauren Heaton Kara Kakascik Kaitlyn Jan	02/19/2017
3.	11:54.03	Lisa Procaccini Kacee Jossis Sara Waters Melissa Foon	01/26/2001
4.	11:56.03		03/04/2001
5.	11:58.56		03/08/2009
6.	11:59.30	Erin Seiffert Brittany Burg Kara Kakascik Grace West	01/19/2017
7.	11:59.47		01/29/2005
8.	12:00.15	Erin Seiffert Lauren Heaton Phoebe Kirk Kaitlyn Jan	03/05/2017
9.	12:00.58	Elizabeth Sullivan Annie Taylor Winter Boese Alanna Julius	02/12/2022
10.	12:01.68	A. Mulkey Hali McFadgen Kaitlyn Jan M. Harvey	02/19/2016

High	Jump		
Rk	Mark	Name	Date
1.	1.73m (5-08.00)	Molly Chapman	02/05/2022
	1.73m (5-08.00)	Taylor Buchanan	02/05/2022
	1.73m (5-08.00)	Suzanne Dondero	02/23/1997
4.	1.72m (5-07.75)	Kristin Smith	03/02/2013
	1.72m (5-07.75)	Kristin Smith	03/03/2012
6.	1.71m (5-07.25)	Hannah Lowenstein	12/03/2022
	1.71m (5-07.25)	Molly Chapman	01/22/2022
8.	1.70m (5-07.00)	Taylor Buchanan	02/27/2022
	1.70m (5-07.00)	Taylor Buchanan	01/15/2022
	1.70m (5-07.00)	Darryl Langford	02/05/2021
	1.70m (5-07.00)	Molly Chapman	02/05/2021
	1.70m (5-07.00)	Julia Speranzo	02/03/2018
	1.70m (5-07.00)	Kristin Smith	02/16/2013
	1.70m (5-07.00)	Kristin Smith	02/03/2013
	1.70m (5-07.00)	Kristin Smith	01/12/2013
	1.70m (5-07.00)	Veronica Ffrench	12/06/2012
	1.70m (5-07.00)	Kristin Smith	12/06/2013
	1.70m (5-07.00)	Veronica Ffrench	02/18/2012
	1.70m (5-07.00)	Kristin Smith	02/03/2012
	1.70m (5-07.00)	Kristin Smith	01/28/2012
	1.70m (5-07.00)	Kristin Smith	02/19/2011
	1.70m (5-07.00)	Kristin Smith	02/05/2011
	1.70m (5-07.00)	Kristin Smith	01/29/2011
	1.70m (5-07.00)	Kristin Smith	02/26/2010
	1.70m (5-07.00)	Kristin Smith	01/16/2010

### Pole Vault

Rk	Mark	Name	Date
1.	4.08m (13-04.50)	Charlene Morke	02/21/2020
2.	4.07m (13-04.25)	Jacqui Charnigo	03/02/2008
3.	4.01m (13-01.75)	Stephanie Jacobs	02/27/2021
4.	4.00m (13-01.50)	Charlene Morke	02/05/2022
	4.00m (13-01.50)	Charlene Morke	02/29/2020
	4.00m (13-01.50)	Charlene Morke	02/01/2020
	4.00m (13-01.50)	Charlene Morke	01/18/2020
8.	3.97m (13-00.25)	Charlene Morke	12/07/2019
9.	3.95m (12-11.50)	Charlene Morke	02/26/2022
	3.95m (12-11.50)	Jacqui Charnigo	01/26/2008

### Long Jump

Rk	Mark	Name	Date
1.	6.03m (19-09.50)	Breanna Mealer	02/26/2022
2.	5.98m (19-07.50)	Katie Halbert	01/21/2022
3.	5.93m (19-05.50)	Kirsten Andrews	02/17/2007
4.	5.92m (19-05.25)	Katie Halbert	02/05/2022
5.	5.88m (19-03.50)	Breanna Mealer	02/05/2022
6.	5.82m (19-01.25)	Breanna Mealer	02/17/2019
	5.82m (19-01.25)	Hali McFadgen	02/19/2017
8.	5.80m (19-00.50)	Chantelle Nagbe	02/19/2000
9.	5.79m (19-00.00)	Breanna Mealer	02/29/2020
10.	5.78m (18-11.75)	Lindsay Lewis	12/07/2019
	5.78m (18-11.75)	Breanna Mealer	02/02/2019

## Triple Jump

Rk	Mark	Name	Date
1.	12.40m (40-08.25)	Audrey Fernandez	02/08/202
2.	12.33m (40-05.50)	Audrey Fernandez	02/27/202
3.	12.23m (40-01.50)	Audrey Fernandez	01/30/202
4.	12.20m (40-00.50)	Evelyn Berecz	01/12/2019
5.	12.14m (39-10.00)	Audrey Fernandez	02/03/2018
	12.14m (39-10.00)	Crystan Mclymore	02/22/201
7.	12.08m (39-07.75)	Molly Chapman	12/03/202
8.	12.09m (39-08.00)	Evelyn Berecz	02/03/2018
9.	12.06m (39-07.00)	Molly Chapman	02/27/202
10.	12.06m (39-06.75)	Audrey Fernandez	02/25/2018

## **ALL-TIME INDOOR PERFORMANCES (WOMEN)**

Shot	Shot Put					
Rk	Mark	Name	Date			
1.	14.97m (49-01.50)	Sam Orie	02/27/2021			
2.	14.52m (47-07.75)	Jen Leatherman	02/07/2004			
3.	14.42m (47-03.75)	Sam Orie	02/24/2019			
4.	14.40m (47-03.00)	Sam Orie	02/13/2021			
5.	14.26m (46-09.50)	Sam Orie	01/24/2021			
6.	14.25m (46-09.00)	Sam Orie	02/02/2019			
7.	14.19m (46-06.75)	Teronda Brown	02/03/2013			
8.	14.18m (46-06.25)	Sam Orie	02/15/2020			
	14.18m (46-06.25)	Teronda Brown	02/21/2014			
10.	14.12m (46-04.00)	Sam Orie	02/21/2020			
	14.12m (46-04.00)	Ashanti Curry	01/30/2016			
	14.12m (46-04.00)	Ashanti Curry	02/06/2016			

### Weight Throw

Rk	Mark	Name	Date
1.	19.88m (65-02.75)	Sam Orie	02/27/2021
2.	19.49m (63-11.50)	Sam Orie	02/13/2021
3.	19.16m (62-10.50)	Sam Orie	01/24/2021
4.	19.04m (62-05.75)	Ariana McKenzie	02/08/2020
5.	19.02m (62-05.00)	Sam Orie	02/05/2021
	19.02m (62-05.00)	Sam Orie	02/29/2020
7.	18.83m (61-09.50)	Ariana McKenzie	02/29/2020
8.	18.61m (61-00.75)	Sam Orie	02/08/2020
9.	18.52m (60-09.25)	Jen Leatherman	01/31/2004
10.	18.35m (60-02.50)	Jen Leatherman	01/09/2004

### Pentathlon

Rk	Points	Name	Date
1.	3,834	Erin Higgins	02/26/2022
2.	3,750	Katie Halbert	02/26/2022
3.	3,709	Katie Halbert	01/21/2022
	3,709	Annie Taylor	02/27/2021
5.	3,691	Erin Higgins	01/21/2022
6.	3,605	Lindsay Lewis	02/29/2020
7.	3,547	Lindsay Lewis	01/18/2020
8.	3,541	Katie Halbert	02/27/2021
9.	3,520	Annie Taylor	01/21/2022
10.	3,518	Lindsay Lewis	02/26/2022
	3,518	Lindsay Lewis	02/16/2019

## MISCELLANEOUS RECORDS

### 4x60m Shuttle Hurdle Relay

Rk	Time	Name	Date
1.	34.68	Katie Halbert	02/12/2022
		Alexa Arthun	
		Lindsay Lewis	
		Breanna Mealer	

### Notes:

p – preliminaries

c – converted from hand-time

m – converted from meters to yards

y – converted from yards to meters



## **ALL-TIME OUTDOOR PERFORMANCES (MEN)**

100	100 Meters				
Rk	Time	Name	Date		
1.	10.41	Jordan Sartor-Francis	05/02/2015		
	10.41	Brian Proctor	05/10/1992		
3.	10.42	Evan Lexo	04/06/2019		
4.	10.43	Clay Stackhouse	04/14/1990		
5.	10.44 (c)	Michael Jefferson	04/16/1994		
	10.44 (c)	Brian Proctor	04/03/1993		
	10.44	Brian Proctor	04/18/1992		
	10.44 (c)	Clay Stackhouse	03/31/1990		
9.	10.45	Evan Lexo	05/04/2019		
	10.45	Clay Stackhouse	04/14/1990		

Rk	Time	Name	Date
1.	10.41	Jordan Sartor-Francis	05/02/2015
	10.41	Brian Proctor	05/10/1992
3.	10.42	Evan Lexo	04/06/2019
4.	10.43	Clay Stackhouse	04/14/1990
5.	10.44 (c)	Michael Jefferson	04/16/1994
	10.44 (c)	Brian Proctor	04/03/1993
	10.44	Brian Proctor	04/18/1992
	10.44 (c)	Clay Stackhouse	03/31/1990
9.	10.45	Evan Lexo	05/04/2019
	10.45	Clay Stackhouse	04/14/1990

Rk	Time	Name	Date
1.	10.41	Jordan Sartor-Francis	05/02/2015
	10.41	Brian Proctor	05/10/1992
3.	10.42	Evan Lexo	04/06/2019
4.	10.43	Clay Stackhouse	04/14/1990
5.	10.44 (c)	Michael Jefferson	04/16/1994
	10.44 (c)	Brian Proctor	04/03/1993
	10.44	Brian Proctor	04/18/1992
	10.44 (c)	Clay Stackhouse	03/31/1990
9.	10.45	Evan Lexo	05/04/2019
	10.45	Clay Stackhouse	04/14/1990
200	Meters		
ъ.			

200	200 Meters				
Rk	Time	Name	Date		
1.	20.81	Jordan Sartor-Francis	05/02/2015		
2.	20.83	Jordan Sartor-Francis	05/03/2014		
3.	21.00	Torrance Chaplin	04/10/1999		
4.	21.02	Torrance Chaplin	05/14/2000		
5.	21.03	Torrance Chaplin	04/03/1999		
6.	21.07	Jordan Sartor-Francis	04/17/2015		
7.	21.08	Torrance Chaplin	04/08/2000		
8.	21.09	Evan Lexo	04/06/2019		
9.	21.10	Jordan Sartor-Francis	05/07/2016		
	21.10	Jordan Sartor-Francis	05/31/2014		
	21.10	Torrance Chaplin	03/25/2000		

Rk	Time	Name	Date
1.	45.68	Torrance Chaplin	05/06/2000
2.	45.99	Michael Greene	05/02/1987
3.	46.11	Michael Greene	05/03/1987
4.	46.16	Michael Greene	05/10/1986
5.	46.27	Torrance Chaplin	05/14/2000
6.	46.32	Torrance Chaplin	04/08/2000
7.	46.34	Torrance Chaplin	05/31/2000
8.	46.36	Michael Greene	04/10/1987
9.	46.37	Eric Porter	05/14/2004
10.	46.40	Eli Anderson	06/03/1976

800	800 Meters				
Rk	Time	Name	Date		
1.	1:47.55	Paul Harris	05/12/2007		
2.	1:48.53	Alex Rizzo	04/23/2022		
3.	1:48.67	Sean Casey	05/14/2022		
	1:48.67	Paul Harris	05/26/2006		
5.	1:48.77	Paul Harris	05/25/2007		
6.	1:48.86	Paul Harris	04/06/2007		
7.	1:48.96	Paul Harris	05/26/2007		
8.	1:49.1- (y)	Dale Bateman	05/11/1974		
9.	1:49.13	lan Bartlett	05/14/2022		
10.	1:49.24	Craig Meekins	05/30/2008		

1,500 Meters				
Rk	Time	Name	Date	
1.	3:41.59	Alex Rizzo	04/22/2022	
2.	3:41.99	Greg Keller	05/30/1992	
3.	3:42.84	Ron Harris	04/10/1987	
4.	3:42.95	Steve Schroeder	04/23/2016	
5.	3:43.63	Ron Harris	05/24/1987	
6.	3:44.05	Erik Schmidt	04/11/2003	
	3:44.05	Michael Ryan	05/22/1999	
8.	3:44.25	Aaron Lanzel	04/11/2003	
9.	3:44.91	Jesse Kemp	05/28/1994	
10.	3:45.16	Ron Harris	05/11/1986	

5,000 Meters				
Rk	Time	Name	Date	
1.	13:45.75	Ron Harris	06/02/1987	
2.	13:53.74	Ron Harris	05/03/1987	
3.	13:56.93	Andrew Hanko	04/16/2011	
4.	13:57.10	Miguel Mathias	05/14/2022	
5.	13:57.28	Miguel Mathias	04/02/2022	
6.	13:57.76	Miguel Mathias	04/22/2022	
7.	13:58.27	Todd Washburn	05/01/1993	
8.	14:00.11	Andrew Hanko	05/13/2011	
9.	14:00.35	Ron Harris	05/25/1986	
10.	14:01.36	Cody Rome	04/20/2012	
		•		

10,0	000 Meters		
Rk	Time	Name	Date
1.	29:00.80	John Mentzer	04/24/1997
2.	29:08.81	Lucas Stalnaker	06/07/2017
3.	29.11.82	Lucas Stalnaker	04/22/2017
4.	29:15.15	John Mentzer	04/23/1998
5.	29:34.31	Christopher Galvin	05/11/2013
6.	29:42.60	Lucas Stalnaker	04/11/2015
7.	29:47.04	John Mentzer	06/04/1998
8.	29:49.69	John Mentzer	06/04/1997
9.	29:52.34	Bruce Frame	05/21/1995
10.	29:52.40	Bruce Frame	04/28/1995

110-	110-Meter Hurdles				
Rk	Time	Name	Date		
1.	13.71	Brahmir Vick	05/27/2022		
2.	13.75 (p)	Brahmir Vick	05/14/2022		
3.	13.77	Clayton Thompson	04/24/2021		
4.	13.80	Clayton Thompson	05/16/2021		
5.	13.82	Brahmir Vick	04/23/2022		
6.	13.83 (p)	Brahmir Vick	05/25/2022		
7.	13.89	Brahmir Vick	03/19/2022		
8.	13.95	Brahmir Vick	04/02/2022		
9.	13.98 (p)	Clayton Thompson	05/15/2021		
	13.98	Clayton Thompson	04/03/2021		
	13.98	Clayton Thompson	05/24/2019		

400	400-Meter Hurales				
Rk	Time	Name	Date		
1.	50.95	Clayton Thompson	05/23/2019		
2.	51.32	Cameron Hurd	05/04/2019		
3.	51.33	Greg Blanchard	05/06/1984		
4.	51.50	Greg Blanchard	04/21/1984		
5.	51.64	Clayton Thompson	05/16/2021		
	51.64	Greg Blanchard	05/05/1985		
	51.64 (y)(c)	Courtland Gray	05/15/1965		
8.	51.79	Clayton Thompson	05/01/2021		
9.	51.80	Clayton Thompson	05/24/2019		
10.	51.81	Clayton Thompson	04/06/2019		

Rk	Time	Name	Date
1.	8:40.4-	Bob Packowski	05/13/1989
2.	8:42.42	Jonathan Clemens	04/24/1997
3.	8:43.00	Greg Keller	06/06/1992
4.	8:44.06	Bob Packowski	05/03/1987
5.	8:45.92	Jonathan Clemens	06/04/1997
6.	8:45.96	Greg Keller	04/25/1992
7.	8:46.46	Greg Keller	06/02/1993
8.	8:48.32	Greg Keller	05/23/1993
9.	8:48.48	Jonathan Clemens	04/27/1996

4x1	00-Meter	Relay	
Rk	Time	Name	Date
1.	39.96	Aaron Watson	05/05/2018
		Devin Enslen	
		Evan Lexo	
		Demetrius Lanier	
2.	39.98	Aaron Watson	05/23/2018
		Devin Enslen	
		Evan Lexo	
		Demetrius Lanier	
3.	40.14	Aaron Watson	04/06/2019
		Austin Pierce	
		Evan Lexo	
		Demetrius Lanier	
4.	40.21	Aaron Watson	04/28/2018
		Devin Enslen	
		Evan Lexo	
		Demetrius Lanier	
5.	40.39	Aaron Watson	05/04/2019
		Austin Pierce	
		Evan Lexo	
		Demetrius Lanier	
6.	40.45	Aaron Watson	04/07/2018
		Devin Enslen	
		Demetrius Lanier	
		Evan Lexo	
7.	40.46	Aaron Watson	03/17/2018
		Devin Enslen	
		Evan Lexo	
		Demetrius Lanier	
8.	40.52	Aaron Watson	05/07/2017
		Devin Enslen	*******
		Evan Lexo	
		Demetrius Lanier	
9.	40.58	Aaron Watson	03/31/2018
٥.	10.00	Devin Enslen	00/01/2010
		Demetrius Lanier	
		Evan Lexo	
10.	40.62	Aaron Watson	04/15/2017
10.	TO.02	Devin Enslen	04/10/2011
		Evan Lexo	
		Demetrius Lanier	
	40.62	K. Williams	04/02/2016
	TU.UZ	Devin Enslen	04/02/2010
		Demetrius Lanier	
		J. Sartor-Francis	
	40.62	K. Williams	05/01/2016
	40.02	Devin Enslen	03/01/2010
		Devin Ensien  Demetrius Lanier	
		J. Sartor-Francis	
		J. Santor-Mancis	





## **ALL-TIME OUTDOOR PERFORMANCES (MEN)**

Rk	Time	Name	Date
1.	3:07.24	Eric Hughey	05/25/2019
		Simon Petsch	
		Cameron Hurd	
		John Finnegan	
2.	3:08.78	Eric Hughey	04/26/2019
		Simon Petsch	
		Cameron Hurd	
		John Finnegan	
3.	3:08.84 *	Prutzman	05/20/1979
		Sheairs	
		Bailey	
		Colvin	
4.	3:08.90	Eric Hughey	05/04/2019
		Simon Petsch	
		Cameron Hurd	
		John Finnegan	
5.	3:08.92	Eric Hughey	04/27/2019
		Simon Petsch	
		Cameron Hurd	
		John Finnegan	
6.	3:09.03		05/25/1980
7.	3:09.48		05/13/2007
1.	3.09.40		03/13/2007
8.	3:09.71		05/05/2007
٠.	0.00		00/00/2001
9.	3:09.80		04/25/1987
10.	3:09.97	Eric Hughey	06/05/2019
10.	0.00.01	Simon Petsch	00/00/2013
		Cameron Hurd	
		John Finnegan	
		John Filmogan	

4x800-meter Relay				
Rk	Time	Name	Date	
1.	7:24.92	Sean Casey	04/30/2022	
		lan Bartlett		
		Ashwin Briggs		
		Alex Rizzo		
2.	7:26.88	Evers	04/30/2010	
		Stevenson		
		Ash		
3.	7:27.55	Rome	05/15/2011	
J.	1.21.33		03/13/2011	
4.	7:27.59	Nicholas Williams	05/03/2019	
		Sean Casey		
		Ashwin Briggs		
	7:27.59	Jake Brophy	04/03/2008	
	1.21.39		04/03/2000	
6.	7:27.87		05/04/2012	
7.	7:28.06		05/04/2007	
8.	7:28.3–		04/30/1977	
9.	7:29.10	W. Kennedy	05/02/2014	
		N. Palermo		
		S. Rynning		
10.	7:30.13	J. Kingsland David Nelsen	05/06/2022	
10.	1.30.13	lan Bartlett	03/00/2022	
		Sean Casey		
		Ashwin Briggs		

High Jump			
Rk	Mark	Name	Date
1.	2.29m (7-06.00)	Leo Williams	06/04/1982
2.	2.26m (7-05.00)	Leo Williams	04/30/1983
3.	2.25m (7-04.50)	Leo Williams	06/06/1981
4.	2.24m (7-04.25)	Leo Williams	04/18/1982
5.	2.22m (7-03.25)	Leo Williams	05/03/1981
6.	2.21m (7-03.00)	Leo Williams	06/01/1983
	2.21m (7-03.00)	Leo Williams	05/08/1983
	2.21m (7-03.00)	Leo Williams	05/25/1980
9.	2.20m (7-02.50)	Leo Williams	05/24/1981
10.	2.19m (7-02.25)	Dan Williams	05/06/1984
	2.19m (7-02.25)	Dan Williams	04/30/1983
	2.19m (7-02.25)	Leo Williams	04/23/1983
	2.19m (7-02.25)	Leo Williams	04/18/1981

Pole	e Vault		
Rk	Mark	Name	Date
1.	5.30m (17-04.50)	Jiles Maness	03/14/2015
2.	5.27m (17-03.50)	Mark Vetere	04/26/2013
3.	5.26m (17-03.00)	Tom Delaney	03/30/2002
4.	5.21m (17-01.00)	Stefano Pineda	05/23/2019
5.	5.20m (17-00.75)	Jiles Maness	04/17/2015
	5.20m (17-00.75)	Jiles Maness	05/18/2014
7.	5.18m (17-00.00)	Walker Rudisaile	05/06/2022
	5.18m (17-00.00)	Mark Vetere	05/21/2015
	5.18m (17-00.00)	Tom Delaney	04/13/2002
	5.18m (17-00.00)	Tom Delaney	03/24/2001

Long Jump				
Mark	Name	Date		
m (25-00.25)	James Campbell	05/19/1983		
7.61m (24-11.75)	Caden Dailey	04/16/2022		
7.60m (24-11.25)	Anthony Terrell	05/05/1991		
7.55m (24-09.25)	Lucas Kerley	05/10/1992		
7.53m (24-08.50)	James Campbell	06/02/1973		
7.51m (24-07.75)	Jim Thorell	05/04/1963		
7.46m (24-05.75)	James Campbell	05/12/1973		
7.46m (24-05.75)	James Campbell	05/12/1973		
7.46m (24-05.75)	James Campbell	04/21/1973		
7.45m (24-05.50)	Lucas Kerley	03/21/1992		
	Markm (25-00.25) 7.61m (24-11.75) 7.60m (24-11.25) 7.55m (24-09.25) 7.53m (24-08.50) 7.51m (24-07.75) 7.46m (24-05.75) 7.46m (24-05.75) 7.46m (24-05.75)	Mark         Name          m (25-00.25)         James Campbell           7.61m (24-11.75)         Caden Dailey           7.60m (24-11.25)         Anthony Terrell           7.55m (24-09.25)         Lucas Kerley           7.53m (24-08.50)         James Campbell           7.51m (24-07.75)         Jim Thorell           7.46m (24-05.75)         James Campbell           7.46m (24-05.75)         James Campbell           7.46m (24-05.75)         James Campbell		

Trip	Triple Jump				
Rk	Mark	Name	Date		
1.	15.92m (52-02.75)	Joel Robertson	05/23/1993		
2.	15.88m (52-01.25)	Joel Robertson	03/19/1994		
3.	15.84m (51-11.75)	Joel Robertson	05/28/1994		
4.	15.77m (51-09.00)	Josh Stewart	05/02/1999		
5.	15.75m (51-08.25)	Joel Robertson	05/08/1994		
6.	15.72m (51-07.00)	Joel Robertson	04/09/1994		
7.	15.68m (51-05.50)	Josh Stewart	04/01/2000		
8.	15.66m (51-04.50)	Josh Stewart	04/08/2000		
9.	15.65m (51-04.25)	Joel Robertson	04/10/1993		
10.	15.64m (51-03.75)	Josh Stewart	04/03/1999		

Sno	t Put		
Rk	Mark	Name	Date
1.	m (61-00.50)	Michael Berkowitz	05/30/1964
2.	18.58m (60-11.50)	Scott Haney	05/26/1973
3.	18.56m (60-10.75)	Griffie Loy	04/21/2017
4.	18.47m (60-07.50)	Scott Haney	04/21/1973
5.	18.38m (60-03.75)	Scott Haney	06/08/1973
6.	18.02m (59-01.50)	Griffie Loy	04/01/2017
7.	18.01m (59-01.25)	Griffie Loy	04/15/2017
8.	17.95m (58-10.75)	Eric Christensen	04/22/1978
9.	17.92m (58-09.50)	Michael Berkowitz	06/20/1964
10.	17.85m (58-06.75)	Sean Brennan	05/25/2019

## **ALL-TIME OUTDOOR PERFORMANCES (MEN)**

Discus Throw				
Rk	Mark	Name	Date	
1.	58.74m (192-08)	Zack Duncavage	05/04/2013	
2.	58.47m (191-10)	Zack Duncavage	06/07/2013	
3.	58.27m (191-02)	Zack Duncavage	04/27/2014	
4.	57.18m (187-07)	John Campbell	04/01/2017	
5.	56.44m (185-02)	Zack Duncavage	04/06/2013	
6.	56.31m (184-09)	Zack Duncavage	05/23/2013	
7.	56.08m (184-00)	Zack Duncavage	04/19/2014	
8.	56.02m (183-09)	John Campbell	04/08/2017	
9.	55.88m (183-04)	John Campbell	03/18/2017	
10.	55.76m (182-11)	Zack Duncavage	05/24/2012	

#### **Hammer Throw**

Rk	Mark	Name	Date
1.	66.63m (218-07)	Ted Bregar	05/12/1973
2.	m (218-06)	Ted Bregar	04/06/1974
3.	66.24m (217-04)	Ted Bregar	06/09/1973
4.	64.82m (212-08)	Ted Bregar	05/26/1973
5.	64.80m (212-07)	Ted Bregar	04/27/1974
6.	64.08m (210-03)	Ted Bregar	06/08/1973
7.	63.32m (207-09)	Ted Bregar	05/25/1974
	63.32m (207-09)	Ted Bregar	04/07/1973
9.	63.20m (207-04)	Sean Brennan	04/20/2019
10.	63.18m (207-03)	Joshua Boamah	05/25/2022

### Javelin Throw (1986-present)

Rk	Mark	Name	Date
1.	73.81m (242-02)	Jay Stell	06/09/2016
2.	73.55m (241-03)	Braden Presser	03/19/2022
3.	72.17m (236-09)	Braden Presser	05/25/2022
4.	71.99m (236-02)	Braden Presser	04/02/2022
5.	71.79m (235-06)	Jay Stell	05/27/2016
6.	71.35m (234-01)	Jay Stell	05/30/2014
7.	71.30m (233-11)	Jay Stell	06/14/2014
8.	71.01m (233-00)	Jay Stell	05/15/2016
9.	70.84m (232-05)	Braden Presser	04/30/2022
10.	70.72m (232-00)	Jay Stell	04/05/2014

#### Decathlon

Rk	Points	Name	Date
1.	7,449	Richard Smith	05/24/1981
2.	7,387	Bradley Stephan	05/24/1974
3.	7,245	Richard Smith	05/19/1979
4.	7,231	Richard Smith	04/24/1981
5.	7,224	Richard Smith	03/28/1981
6.	7,143	Richard Smith	06/03/1981
7.	7,127	Bradley Stephan	04/26/1974
8.	7,124	Richard Smith	04/25/1980
9.	7,061	Bradley Stephan	05/25/1973
10.	7,047	Bradley Stephan	03/28/1974

<b>MISCELLANEOUS</b>	<b>RECORDS</b>
Javelin Throw (1922-1985)	

Jave	Javeiiii 11110W (1722-1703)				
Rk	Mark	Name	Date		
1.	80.08m (262-09)	Perry Puccetti	04/30/1983		
2.	76.39m (250-07)	Perry Puccetti	04/23/1983		
3.	75.79m (248-08)	Randy Charleson	05/19/1973		
4.	75.64m (248-02)	Perry Puccetti	04/18/1981		
5.	75.20m (246-09)	Perry Puccetti	06/04/1981		
6.	74.96m (245-11)	Frank Delape	05/03/1975		
7.	74.70m (245-01)	Perry Puccetti	05/24/1981		
8.	74.54m (244-07)	Robert Kirk	06/14/1969		
9.	74.38m (244-00)	Jay Bass	05/24/1981		
10.	74.06m (243-00)	Perry Puccetti	05/07/1983		

### **Distance Medley Relay**

Rk	Time	Name	Date
1.	9:31.25	Davidson	04/25/1987
		Greene	
		Ross	
		Harris	
2.	9:35.9- (y)		04/27/1974
3.	9:37.8-		04/26/1986
4.	9:38.68		04/23/1999
5.	9:39.37		04/25/2003
6.	9:42.98		04/20/2002
7.	9:45.49		04/28/2000
8.	9:47.08		04/28/1988
9.	9:48.37		04/27/2012
10.	9:49.19		04/24/1998

### **Sprint Medley Relay**

Rk	Time	Name	Date
1.	3:18.48	Davidson	04/26/1986
		Heitmeyer	
		Sawyer	
		Harris	
2.	3:18.75		04/25/1986
3.	3:19.47		04/30/1988
4.	3:21.81		04/24/1993
5.	3:22.76		04/29/1988

## 4x110m Shuttle Hurdles Relay

TAI	TATION SHALLE HAIAICS Relay			
Rk	Time	Name	Date	
1.	56.96	Kordell Williams	04/26/2019	
		Cameron Hurd		
		Hunter Wargo		
		Clayton Thompson		
2.	58.21	Clayton Thompson	04/27/2018	
		Monte Guess		
		Hunter Wargo		
		Kordell Williams		

#### Notes:

- $^\star$  0.24 seconds added due to hand time
- c converted from hand-time
- m converted from meters to yards
- y converted from yards to meters



\*

## **ALL-TIME OUTDOOR PERFORMANCES (WOMEN)**

100 ľ	100 Meters				
Rk	Time	Name	Date		
1.	11.74 (c)	Loni Forsythe	04/16/2005		
2.	11.81 (p)	Molly Mangan	04/30/2021		
3.	11.82	Molly Mangan	04/24/2021		
	11.82	Regine Tugade	04/06/2019		
5.	11.84	Regine Tugade	05/04/2018		
6.	11.85	Regine Tugade	03/23/2019		
	11.85	Amanda Henson	05/04/2018		
8.	11.87	Molly Mangan	05/01/2021		
	11.87	Amanda Henson	05/05/2018		
10.	11.88	Loni Forsythe	04/14/2007		
	11.88	Loni Forsythe	03/24/2007		

200	200 Meters				
Rk	Time	Name	Date		
1.	23.91	Molly Mangan	05/16/2021		
2.	24.13	Sabrina Sutter	04/02/2022		
3.	24.18	Molly Mangan	04/02/2022		
4.	24.21	Sabrina Sutter	04/23/2022		
	24.21	Molly Mangan	05/01/2021		
6.	24.29	Amanda Henson	05/04/2018		
7.	24.31	Molly Mangan	04/23/2022		
8.	24.37	Molly Mangan	03/19/2022		
9.	24.38	Regine Tugade	04/06/2019		
10.	24.39	Amanda Henson	05/05/2018		

400	400 Meters				
Rk	Time	Name	Date		
1.	54.16	Tineisha Davis	04/16/2005		
2.	54.38	Molly Mangan	04/23/2022		
3.	54.39	Molly Mangan	05/16/2021		
4.	54.55	Tineisha Davis	05/07/2005		
5.	54.56	Tineisha Davis	05/15/2005		
6.	54.67	Tineisha Davis	05/14/2005		
7.	54.84	Chelsey Edwards	03/23/2019		
8.	54.99	Tineisha Davis	05/16/2004		
9.	55.05	Amanda Agana	05/05/2018		
	55.05	Tineisha Davis	04/08/2000		

Rk	Time	Name	Date
1.	2:05.22	Jess Palacio	05/13/2012
2.	2:05.42	Jess Palacio	05/15/2011
3.	2:05.92	Jess Palacio	05/14/2011
4.	2:06.27	Jess Palacio	05/27/2011
5.	2:06.59	Jess Palacio	05/12/2012
6.	2:07.22	Jess Palacio	04/22/2011
7.	2:07.31	Stefani Green	05/26/1984
8.	2:07.35	Jess Palacio	05/07/2011
9.	2:07.82	Jess Palacio	05/26/2011
10.	2:08.46	Ellie Abraham	04/02/2022

,	) Meters		
Rk	Time	Name	Date
1.	4:20.87	Jess Palacio	04/19/2012
2.	4:22.58	Jess Palacio	05/07/2011
3.	4:24.72	Jess Palacio	05/15/2010
4.	4:25.26	Jess Palacio	04/16/2010
5.	4:25.36	Jess Palacio	05/05/2012
6.	4:25.71	Kim McGreevy	05/06/1995
7.	4:26.78	Jess Palacio	05/01/2010
8.	4:27.24	Jess Palacio	03/31/2012
9.	4:27.70	Jess Palacio	04/02/2011
10.	4:28.05	Jess Palacio	03/26/2011

5,000 Meters				
Rk	Time	Name	Date	
1.	16:29.77	Melissa Foon	04/26/2001	
2.	16:34.02	Jessica Nangle	05/07/2022	
3.	16:40.42	Emily Boutin	04/15/2022	
4.	16:42.16	Meghan Sculli	05/07/2022	
5.	16:44.23	Winter Boese	05/07/2022	
6.	16:45.87	Winter Boese	04/15/2022	
7.	16:46.13	Emily Craig	11/10/2020	
8.	16:47.93	Jessica Nangle	04/02/2022	
9.	16:48.78	Jessica Nangle	04/22/2022	
10.	16:50.12	Claire Ostrowski	05/14/2017	

10,0	10,000 Meters				
Rk	Time	Name	Date		
1.	34:40.51	Jessica Nangle	05/06/2022		
<u>2.</u> 3.	34:51.23	Brigid Byrne	04/18/2013		
3.	35:08.27	Melissa Foon	04/22/2001		
4.	35:11.84	Justine Whipple	05/11/2007		
5.	35:16.73	Elizabeth Sullivan	05/06/2022		
6.	35:20.79	Justine Whipple	05/04/2007		
7.	35:28.60	Meghan Sculli	05/06/2022		
8.	35:30.02	Justine Whipple	05/12/2006		
9.	35:35.51	Brigid Byrne	04/19/2012		
10.	35:40.28	Brigid Byrne	05/03/2013		
		·			

100-	100-Meter Hurdles				
Rk	Time	Name	Date		
1.	13.48	Katie Halbert	04/02/2022		
2.	13.83	Alexa Arthun	04/24/2021		
3.	13.84 (p)	Katie Halbert	05/06/2022		
	13.84 (p)	Katie Halbert	04/16/2022		
5.	13.92	Katie Halbert	04/22/2022		
6.	13.93	Alexa Arthun	05/16/2021		
7.	13.95	Katie Halbert	03/19/2022		
	13.95	Kirsten Andrews	05/14/2006		
9.	13.99 (p)	Alexa Arthun	04/30/2021		
10.	14.01	Lindsay Lewis	04/23/2022		

Rk	Time	Name	Date
1.	58.44	Joanna Helm	05/14/2000
2.	59.28	Joanna Helm	04/27/2000
3.	59.52	Amanda Agana	05/04/2019
4.	59.73	Brittany Burg	05/24/2018
5.	59.82	Brittany Burg	05/05/2018
6.	59.98	Brittany Burg	04/26/2018
7.	1:00.17	Amanda Agana	04/06/2019
8.	1:00.40	Joanna Helm	05/06/2000
9.	1:00.42	Amanda Agana	04/25/2019
10.	1:00.44	Joanna Helm	05/13/2000

Rk	Time	Name	Date
1.	10:14.85	Winter Boese	04/22/2022
2.	10:20.14	Ellie Abraham	04/22/2022
2. 3. 4.	10:24.01	Amy Baxter	05/18/2001
4.	10:24.53	Ellie Abraham	05/28/2022
5.	10:27.37	Winter Boese	04/02/2022
6.	10:28.52	Ellie Abraham	05/07/2022
7.	10:28.53	Winter Boese	05/07/2022
8.	10:32.02	Winter Boese	05/28/2022
9.	10:32.75	Ellie Abraham	05/02/2021
10.	10:44.63	Amy Baxter	04/26/2001
			-

4x100-Meter Relay			
Rk	Time	Name	Date
1.	45.95	Katie Halbert	04/02/2022
		Breanna Mealer	
		Molly Mangan	
		Sabrina Sutter	
2.	45.98	Amanda Henson	05/05/2018
		Chelsey Edwards	
		Regine Tugade	
		Amanda Agana	
3.	46.08	Amanda Henson	03/23/2019
		Chelsey Edwards	
		Regine Tugade	
		Chloe Alfieri	
4.	46.11	Amanda Henson	04/06/2019
		Chelsey Edwards	
		Regine Tugade	
		Chloe Alfieri	
5.	46.12	Amanda Henson	04/07/2018
		Chelsey Edwards	
		Regine Tugade	
		Amanda Agana	
6.	46.33	Lindsay Lewis	04/23/2022
		Breanna Mealer	
		Molly Mangan	
		Sabrina Sutter	
7.	46.35	Amanda Henson	04/27/2018
		Regine Tugade	*
		Chelsey Edwards	
		Amanda Agana	
8.	46.40	Amanda Henson	04/26/2019
٥.	10.10	Chelsey Edwards	0 112012010
		Regine Tugade	
		Chloe Alfieri	
9.	46.43	Ann Jackson	05/15/2021
٥.	10.10	Molly Mangan	00/10/2021
		Alexa Arthun	
		Sabrina Sutter	
10.	46.52	Amanda Henson	04/20/2018
١٠.	10.02	Chelsey Edwards	07/20/2010
		Regine Tugade	
		Amanda Agana	
		Amanua Ayana	

## **ALL-TIME OUTDOOR PERFORMANCES (WOMEN)**

4x40	0-Meter Relay		
Rk	Time	Name	Date
1.	3:42.38	Chelsey Edwards	05/01/2021
		Shania Vincent	
		Chloe Alfieri	
		Molly Mangan	
2.	3:43.18	Chelsey Edwards	05/04/2019
		Lauren Heaton	
		Sydney Barber	
		Amanda Agana	
3.	3:43.47	Brittany Burg	04/21/2018
		Chelsey Edwards	
		Christina Quigley	
		Amanda Agana	
4.	3:43.92	Chelsey Edwards	04/25/2019
		Chloe Alfieri	
		Lauren Heaton	
		Amanda Agana	
5.	3:44.27	Kacee Jossis	05/12/2002
		Amy Stokes	
		Eva Tukarski	
		Tineisha Davis	
6.	3:44.35	Brittany Burg	05/05/2018
		Chelsey Edwards	
		Christina Quigley	
		Amanda Agana	
7.	3:44.42	Helen West	04/29/2022
		Sabrina Sutter	
		Erin Higgins	
		Molly Mangan	
	3:44.42	Chelsey Edwards	04/06/2019
		Lauren Heaton	
		Kara Kakascik	
		Amanda Agana	
9.	3:44.59	Brittany Burg	03/24/2018
		Chelsey Edwards	
		Christina Quigley	
		Amanda Agana	
10.	3:45.67	Helen West	04/02/2022
		Sabrina Sutter	
		Erin Higgins	
		Molly Mangan	

4x80 Rk	0-meter Relay Time	Name	Date
1.	8:45.45	Annie-Norah Beveridge Shannon Cuthbert Mansfield Murph Jess Palacio	05/04/2012
2.	8:50.13		05/02/1998
3.	8:54.89		05/07/2005
4.	8:56.49	Shannon Cuthbert C. Shawver M. Harvey M. Zell	05/02/2015
5.	8:59.49	Phoebe Kirk Kathleen Murphy Anna Kovacs Kara Kakascik	05/03/2019
6.	8:59.82	TOTAL NOTICE OF	05/24/1997
7.	9:02.26		04/30/2010
8.	9:03.02	Maddie Warrender Bronte Bacchetta Anna Kovacs Eva Knowles	05/16/2021
9.	9:04.54	Eva Knowies	04/27/1995
10.	9:04.60		05/03/2003

Rk	Mark	Name	Date
1.	1.77m (5-09.75)	Hannah Lowenstein	05/07/2022
2.	1.76m (5-09.25)	Taylor Buchanan	04/29/2022
	1.76m (5-09.25)	Hannah Lowenstein	04/29/2022
4.	1.75m (5-08.75)	Kristin Smith	04/07/2012
	1.75m (5-08.75)	Krystina Johnson	03/20/2010
6.	1.74m (5-08.50)	Hannah Lowenstein	04/16/2022
7.	1.73m (5-08.00)	Hannah Lowenstein	04/02/2022
	1.73m (5-08.00)	Kristin Smith	04/22/2010
9.	1.71m (5-07.25)	Hannah Lowenstein	05/28/2022
	1.71m (5-07.25)	Taylor Buchanan	04/23/2022
	1.71m (5-07.25)	Kristin Smith	04/17/2013

Pole	· Vault		
Rk	Mark	Name	Date
1.	3.98m (13-00.75)	Kirsten Andrews	04/14/2007
2.	3.97m (13-00.25)	Amanda Hasenauer	04/05/2003
3.	3.95m (12-11.50)	Stephanie Jacobs	04/30/2021
4.	3.94m (12-11.00)	Charlene Morke	05/06/2022
5.	3.91m (12-10.00)	Amanda Hasenauer	04/20/2002
6.	3.90m (12-09.50)	Charlene Morke	04/02/2022
	3.90m (12-09.50)	Stephanie Jacobs	04/02/2022
	3.90m (12-09.50)	Jacqui Charnigo	05/12/2007
	3.90m (12-09.50)	Kirsten Andrews	04/26/2007
	3.90m (12-09.50)	Amanda Hasenauer	04/13/2002

Long Jump				
Rk	Mark	Name	Date	
1.	6.05m (19-10.25)	Ann Jackson	05/05/2021	
2.	5.96m (19-06.75)	Breanna Mealer	04/06/2019	
3.	5.95m (19-06.25)	Lindsay Lewis	04/20/2019	
4.	5.93m (19-05.50)	Ashley Bucholz	05/06/2011	
5.	5.86m (19-02.75)	Ann Jackson	04/17/2021	
6.	5.84m (19-02.00)	Lindsay Lewis	04/06/2019	
	5.84m (19-02.00)	Kirsten Andrews	05/04/2007	
8.	5.78m (18-11.75)	Breanna Mealer	05/03/2019	
9.	5.77m (18-11.25)	Michelle Schiller	05/01/2004	
	5.77m (18-11.25)	Joanne Uwujaren	04/20/2002	

Tripl	e Jump		
Rk	Mark	Name	Date
1.	12.29m (40-04.00)	Sami Bollinger	04/02/2022
2.	12.26m (40-02.75)	Audrey Fernandez	04/07/2018
3.	12.21m (40-00.75)	Molly Chapman	05/07/2022
4.	12.20m (40-00.50)	Crystan Mclymore	04/23/2016
5.	12.16m (39-10.75)	Evelyn Berecz	05/16/2021
6.	12.15m (39-10.50)	Sami Bollinger	05/14/2022
7.	12.10m (39-08.50)	Crystan Mclymore	05/02/2015
8.	12.08m (39-07.75)	Molly Chapman	04/02/2022
9.	12.05m (39-06.50)	Chantelle Nagbe	05/14/2000
10.	12.02m (39-05.25)	Audrey Fernandez	03/27/2021
	12.02m (39-05.25)	Joanne Uwujaren	05/03/2003

Sho	Shot Put				
Rk	Mark	Name	Date		
1.	15.42m (50-07.25)	Sam Orie	05/01/202		
2.	15.20m (49-10.50)	Sam Orie	05/05/202		
3.	14.98m (49-01.75)	Sam Orie	05/15/202		
4.	14.79m (48-06.25)	Sam Orie	04/17/202		
	14.79m (48-06.25)	Ashanti Curry	05/02/201		
6.	14.73m (48-04.00)	Sam Orie	04/03/202		
7.	14.67m (48-01.75)	Sam Orie	04/24/202		
8.	14.61m (47-11.25)	Sam Orie	04/06/2019		
9.	14.54m (47-08.50)	Sam Orie	03/16/2019		
	14.54m (47-08.50)	Ashanti Curry	05/05/201		
		-			

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## **ALL-TIME OUTDOOR PERFORMANCES (WOMEN)**

Discus Throw				
Rk	Mark	Name	Date	
1.	51.97m (170-06)	Maressa Guynn	05/04/2013	
2.	50.49m (165-07)	Lauren Allam	05/07/2011	
3.	50.22m (164-09)	Lauren Allam	04/26/2012	
4.	49.65m (162-10)	Teronda Brown	04/24/2014	
5.	49.46m (162-03)	Lauren Allam	05/04/2013	
6.	48.39m (158-09)	Teronda Brown	05/04/2013	
7.	48.03m (157-07)	Lauren Allam	05/12/2013	
	48.03m (157-07)	Maressa Guynn	04/25/2013	
9.	47.93m (157-03)	Lauren Allam	04/21/2012	
10.	47.73m (156-07)	Maressa Guynn	05/12/2013	

Hammer	

Rk	Mark	Name	Date
1.	60.67m (199-00)	Sam Orie	05/14/2021
2.	60.29m (197-10)	Sam Orie	04/30/2021
3.	59.05m (193-09)	Sam Orie	04/24/2021
4.	58.81m (192-11)	Jen Leatherman	05/16/2004
5.	58.47m (191-10)	Ariana McKenzie	05/11/2019
6.	58.33m (191-04)	Jen Leatherman	05/01/2004
7.	57.99m (190-03)	Jen Leatherman	04/17/2004
8.	57.79m (189-07)	Jen Leatherman	05/29/2004
9.	57.43m (188-05)	Jen Leatherman	04/10/2004
10.	57.19m (187-07)	Sam Orie	04/17/2021

#### Javelin Throw

Rk	Mark	Name	Date
1.	51.97m (170-06)	Emma Foster	04/03/2021
2.	49.70m (163-01)	Emma Foster	05/27/2021
3.	49.48m (162-04)	Emma Foster	05/23/2019
4.	49.31m (161-09)	Emma Foster	04/17/2021
5.	49.19m (161-05)	Jadyn Tiracave	04/20/2019
6.	48.98m (160-08)	Danielle Still	05/04/2007
7.	48.59m (159-05)	Emma Foster	04/20/2019
8.	48.53m (159-02)	Emma Foster	03/07/2020
9.	48.22m (158-02)	Danielle Still	05/06/2006
10.	47.53m (155-11)	Jadyn Tiracave	05/23/2019

### Heptathlon

Rk	Points	Name	Date
1.	5,395	Erin Higgins	04/23/2022
2.	5,090	Erin Higgins	05/07/2022
3.	4,946	Katie Halbert	05/07/2022
4.	4,873	Danielle Still	05/06/2006
5.	4,872	Katie Halbert	05/01/2021
6.	4,861	Katie Halbert	05/15/2021
7.	4,846	Annie Taylor	05/01/2021
8.	4,841	Erin Higgins	05/01/2021
9.	4,809	Katie Halbert	04/23/2022
10.	4,796	Annie Taylor	04/17/2021

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Dista	Distance Medley Relay			
Rk	Time	Name	Date	
1.	11:32.80	Emily Boutin	04/29/2022	
		Lindsay Lewis		
		Ellie Abraham		
		Winter Boese		
2.	11:46.46	Annie-Norah Beveridge	04/26/2012	
		Mansfield Murph		
		Shannon Cuthbert		
		Jess Palacio		
3.	11:48.47		04/24/2003	
3. 4. 5. 6. 7.	12:02.89		04/23/2009	
5.	12:03.22		04/04/2009	
6.	12:05.83		04/26/2001	
7.	12:07.56	A. Mulkey	04/25/2015	
		S. Bernhardt		
		M. Zell		
		M. Harvey		
8.	12:25.66		04/29/2005	
<u>8.</u> 9.	12:31.70		04/22/1990	
10.	12:32.70		05/17/1986	

## 4x1500-Meter Relay

Rk	Time	Name	Date
1.	18:19.18	Maddie Warrender	04/30/2022
		Elizabeth Sullivan	
		Meghan Sculli	
		Jessica Nangle	

### **Sprint Medley Relay**

Rk	Time	Name	Date
1.	3:18.48	Davidson	04/26/1986
		Heitmeyer	
		Sawyer	
		Harris	
2.	3:18.75		04/25/1986
3.	3:19.47		04/30/1988
4.	3:21.81		04/24/1993
5.	3:22.76		04/29/1988

### Shuttle Hurdle Relay

Rk	Time	Name	Date
1.	59.41	Lindsay Lewis	04/26/2019
		Breanna Mealer	
		Katherine Halbert	
		Evelyn Berecz	

#### Notes

- c converted from hand-time
- m converted from meters to yards
- y converted from yards to meters

## **ALL-TIME CAPTAINS**

MEN	
2022-23	Baynes Autrey (Indoor)
	Sam Kwatkoksy (Outdoor)
2021-22	Sean Casey (Indoor) Hayden Fox (Outdoor)
2020-21	Clayton Thompson (Indoor)
	Skyler Mason (Outdoor)
2019-20	John Finnegan (Indoor)
	Evan Lexo (Outdoor)
2018-19	Sean Brennan (Indoor)
2017-18	Demetrius Lanier (Outdoor)  Devin Enslen (Indoor)
2017-10	Sean Richards (Outdoor)
2016-17	Nate Gainey (Indoor)
	Griffie Loy (Outdoor)
2015-16	Austin Batiste (Indoor)
0044.45	Jay Stell (Outdoor)
2014-15	Tom Buffone (Indoor) Joshua Kingsland (Outdoor)
2013-14	Zack Duncavage (Indoor)
2010 11	Weston Kennedy (Outdoor)
2012-13	Mitch Simmonds (Indoor)
	Kolton Kempel (Outdoor)
2011-12	Dominic Della Pelle (Indoor)
2010-11	Christopher Ricks (Outdoor)  David Ash (Indoor) *
2010-11	David Ash (Indoor)  David Ash (Outdoor)
2009-10	Mark Van Orden (Indoor)
	Matthew Hanley (Outdoor)
2008-09	Andrew Grant (Indoor)
	Chris Bordino (Outdoor)
2007-08	Craig Meekins (Indoor)
2006-07	Lucas Burke (Outdoor)  Cameron Lindsay (Indoor)
2000-07	Cole Herron (Outdoor)
2005-06	Sam Spletzer (Indoor)
	Joshua Sink (Outdoor)
2004-05	Joshua McCann (Indoor)
2003-04	Ralph Lufkin (Outdoor)
2003-04	Eric Porter (Indoor) Nate Michael (Outdoor)
2002-03	Ray Driscoll (Indoor)
	Aaron Lanzel (Outdoor)
2001-02	C.J. Simonsen (Indoor)
	Tom Delaney (Outdoor)
2000-01	Robert Schwenzer (Indoor)
1999-00	Jonathan Hayes (Outdoor)  Torrance Chaplin (Indoor)
1333-00	Eric Adams (Outdoor)
1998-99	Matt Poirier (Indoor)
	John McNamara (Outdoor)
1997-98	James Koehler (Indoor)
4000.07	John Mentzer (Outdoor)
1996-97	Blair Swaim (Indoor) Jon Clemens (Outdoor)
1995-96	Greg Sutton (Indoor)
.000 00	Bill Pennington (Outdoor)
1994-95	Bruce Frame (Indoor)
	John Krall (Outdoor)
1993-94	Joel Robertson (Indoor)
1992-93	Matt Niedzwiecki (Outoor) Greg Keller (Indoor)
1332-33	Lucas Kerley (Outdoor)
1991-92	Jeff Nordstrom (Indoor)
	John Fox (Outdoor)
1990-91	Matthew Howard (Indoor)
	Eric Cash (Outdoor)

1989-90	Efrem Venters (Indoor) *
	Efrem Venters (Outdoor)
1988-89	Chuck Bailey (Indoor)
	Chris Campbell (Outdoor)
1987-88	Michael Greene (Indoor)
	Kevin Ross (Outdoor)
1986-87	Wallace Moore (Indoor) *
	Wallace Moore (Outdoor)
1985-86	Jeff Wolstenholme (Indoor)
	Brian O'Malley (Outdoor)
1984-85	Lloyd Wright (Indoor)
	Austin Coleman (Outdoor)
1983-84	Tae Andrews (Indoor)
	Joe Konicki (Outdoor)
1982-83	Leo Williams (Indoor) *
	Leo Williams (Outdoor)
1981-82	Rick Smith (Indoor)
	Mark Banks (Outdoor)
1980-81	Pat Bailey (Indoor)
	Mark Donahue (Outdoor)
1979-80	Jeff Colvin (Indoor)
	Jim Sheairs (Outdoor)
1978-79	Erik Christensen (Indoor)
	Charlie Booth (Outdoor)
1977-78	Jim Cheever (Indoor)
	Dave Barile (Outdoor)
1976-77	Henry Brus (Indoor)
	Elijah Turner / Claude Barron (Outdoor)
1975-76	Andy Hutchinson (Indoor)
	Donald Parker / Randy Pritchett (Outdoor)
1974-75	Todd Brannon (Indoor)
	Ed Stefanik (Outdoor)
1973-74	Ted Bregar (Indoor)
	Brad Stephan (Outdoor)
1972-73	Scott Haney (Indoor)
1071 70	Steve Harkins / Wayne Kennard (Outdoor)
1971-72	John P. McLaughlin (Indoor)
1970-71	R.C. Brilla (Outdoor)
1970-71	J.A. Bloom (Indoor)
4000 70	D.P. Miller (Outdoor)
1969-70	P.M. Felix (Indoor)
1000.00	R.O. Clark (Outdoor)
1968-69	E.S. Potts (Indoor)
1967-68	J.R. Paddock (Outdoor)
1907-00	J. Kiffer (Indoor)
1000 07	P.J. Katauskas / J.P. Cosgrove (Outdoor)
1966-67	R.C. Smith, Jr. (Indoor)
1005.00	J.S. Payne (Outdoor)
1965-66	G.L. Dimming (Indoor)
	J.G. Prout (Outdoor)
WOME	N
2022-23	Molly Mangan (Indoor)
	Molly Chapman (Outdoor)
2021-22	Katie Halbert (Indoor)
	Alexa Arthun (Outdoor)
2020-21	Chelsey Edwards (Indoor)
	Sam Orie (Outdoor)
2019-20	Regine Tugade (Indoor)
	Kara Kakascik (Outdoor)
2018-19	Rosemary Brinegar (Indoor)
	Amanda Henson (Outdoor)
2017-18	Brittany Burg (Indoor)
	Ashanti Curry (Outdoor)
2016-17	Lily Brose (Indoor)
	Stephanie Simon (Outdoor)
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Ashley Ross (Indoor) Angie Cleveland (Outdoor) Sarah Bernhardt (Indoor) Sierra Parks (Outdoor) Veronica Ffrench (Indoor) Teronda Brown (Outdoor) Stephanie Payne (Indoor) Melanie Sluzewicz (Outdoor) Mansfield Murph (Indoor) Amanda Phelps (Outdoor) Ashley Bucholz (Indoor) Janet von Eiff (Outdoor) Abby Geseck (Indoor) Mia Blundetto (Outdoor) Debbi Cho (Indoor) Angelique Martin (Outdoor) Lauren Burmeister (Indoor) Jacqui Charnigo (Outdoor) Kirsten Andrews (Indoor) Priscilla Lewis (Outdoor) Cayanne McFarlane (Outdoor) Katie Scotidas (Indoor) Tineisha Davis (Outdoor) Kacee Jossis (Indoor)
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Lauren Baker (Outdoor)
Joanne Uwujaren (Indoor)
Shannon Crites (Outdoor)
Laura Zarcaro (Indoor)
Jessica Crocker (Outdoor)
Marcia Flack (Indoor)
Jocelyn Batcher (Outdoor)
Joanna Helm (Indoor)
Chantelle Nagbe (Outdoor)
Alyssa Donovan (Indoor)
Meghan Filson (Outdoor)
Regina Ware (Indoor)
Sarah Neville (Outdoor)
Rhonda Leverett (Indoor)
Jen Drake (Outdoor)
Alicia Chiaramonte (Indoor)
Naomi Jackson (Outdoor)
Sonja Knight (Indoor)
Nancy Olson (Outdoor)
Christine Westrich (Indoor)
Rebecca Ingraham (Outoor)
Linda Garner (Indoor)
Nora Connelly (Outdoor)
Alexis Petrosky (Indoor)
Rochelle Smith (Outdoor)
Maureen Magnan (Indoor)
Elizabeth Fitzpatrick (Outdoor)
Racquel Williams (Indoor)
Honore Mealey (Outdoor)
Carol Womack (Indoor) *
Carol Womack (Outdoor)
Matice Wright (Indoor)
Erin Martin (Outdoor)
Janet Walters (Indoor)
Joanie Rangitsch (Outdoor)
Patty Peterson (Indoor) *
Patty Peterson (Outdoor)
Indoor and Outdoor seasons

<sup>\* –</sup> Captain for both Indoor and Outdoor seasons

## **ARMY-NAVY STAR MEET RESULTS (MEN)**



# Army-Navy Indoor All-Time Series Overall:

34-27-2

In Annapolis: 22-9-2 In West Point: 12-18



Army-Navy	Indoor	Series Results	
Date	W/L	Score	Site
02/27/1960	L	46-63	Н
02/25/1961	L	50-59	Α
02/24/1962	L	53.5-55.5	Н
02/23/1963	L	52.3-56.6	Α
02/22/1964	L	53-56	Н
02/20/1965	L	49-60	Α
02/26/1966	W	65.5-42.5	Н
02/25/1967	L	47-62	Α
02/24/1968	L	45-64	Н
03/01/1969	L	25-84	Α
02/21/1970	L	36-73	Н
02/20/1971	L	40-69	Α
02/19/1972	W	93-25	Н
02/17/1973	W	80.5-37.5	Α
02/16/1974	W	93-25	Н
02/22/1975	W	69-49	Α
02/21/1976	W	79-39	Н
02/19/1977	L	50-68	Α

02/18/1978	Т	68-68	Н
02/17/1979	L	48.3-87.7	Α
02/16/1980	Τ	68-68	Н
02/21/1981	W	73-63	Α
02/20/1982	L	66-70	Н
02/18/1983	L	67-69	Α
02/17/1984	W	85-51	Н
02/14/1985	L	65.3-70.6	Α
02/13/1986	W	96-40	Н
02/14/1987	W	74-62	Н
02/13/1988	W	85.3-50.7	Н
02/11/1989	L	67.3-68.6	Α
02/10/1990	W	77-59	Н
02/09/1991	W	77-59	Α
02/07/1992	W	91-45	Н
02/06/1993	W	88-48	Α
02/05/1994	L	59-77	Н
02/04/1995	L	57-79	Α
02/03/1996	L	52-84	Н
02/01/1997	L	63-82	Α

02/07/1998	W	80-65	Н
02/06/1999	W	93-88	Α
01/26/2000	W	101.5-79.5	Н
02/10/2001	L	75-106	Α
02/02/2002	W	92-89	Н
02/15/2003	W	92-88	Α
02/07/2004	W	101-80	Н
02/05/2005	W	101-80	Α
02/04/2006	W	93-88	Н
02/03/2007	W	95-86	Α
02/02/2008	W	95-86	Н
02/07/2009	L	74-107	Α
02/25/2010	L	84-97	Н
02/05/2011	L	85-96	Α
02/04/2012	W	98-83	Н
02/03/2013	W	93-88	Α
02/01/2014	W	100-81	Н
02/07/2015	W	102-79	Α
02/06/2016	W	107-74	Н
02/04/2017	Ĺ	84-97	Α

02/03/2018	W	97-84	Н
02/02/2019	L	81-100	Α
02/08/2020	W	109-71	Н
02/13/2021	W	101-80	Α
02/05/2022	W	101-80	Н

## **Army-Navy Outdoor All-Time Series**

Overall: 51-44 In Annapolis: 25-21 25-23 In West Point: At Neutral Site: 1-0 (at Biloxi, Miss. `99)

<u>--/--/197</u>3

Army-Navy Outdoor Series Results				
Year	W/L	Score	Site	
<u>//</u> 1923	L	58.33-67.67	Α	
<u>/</u> 1924	L	56-79	Н	
<u>/</u> 1925	W	72.5-62.5	Α	
//1926	L	65.6-69.4	<u>H</u>	
<u>/</u> 1927	L	31.33-103.67	Α	
<u>/</u> 1928	L	41.5-84.5	<u>H</u>	
<u>//1929</u>		No meet	t held	
//1930		No meet	t held_	
<u>//</u> 1931		No meet	t held	
<i></i> /1932		No meet	t held	
<u>/</u> 1933	L	50-76	Α	
<u>//1934</u>	W	76.33-49.67	Н	
<u>/</u> 1935	L	57.9-68.1	Α	
//1936	L	61.33-64.67	<u>H</u>	
//1937	W	68-58	<u>A</u>	
//1938	W	70-56	<u>H</u>	
//1939	L	81-45	Α	
//1940	W	69-57	<u>H</u>	
//1941	Ĺ	59.33-66.67	Α	
//1942	L	62.33-63.67	Н	
//1943	W	65.33-60.67	A	
//1944	W	74-52	Н	
//1945	W	72.4-53.6	A	
<u>//1946</u>	W	70.33-55.67	<u>H</u>	

//1947	L	51.5-74.5	Α
//1948	L	54-77	Н
//1949	L	23.5-107.5	Α
<del>/1950</del>	L	44.5-86.5	Н
<del>//</del> 1951	L	62.33-68.67	Α
<del>//</del> 1952	L	61.6-69.4	Н
<del>//1953</del>	L	57.5-73.5	Α
<del>//1954</del>	W	81.6-49.4	Н
//1955	L	65.33-65.67	Α
//1956	W	71.5-59.5	Н
//1957	L	65-66	Α
//1958	W	84.33-46.67	Н
//1959	W	74-66	Α
//1960	W	76.67-54.33	Н
//1961	W	91-49	Α
//1962	L	74-75	Н
//1963	L	67-82	Α
//1964	L	69-80	Н
//1965	W	85-68	Α
//1966	L	76-78	Н
//1967	L	67-87	Α
//1968	L	40-114	Α
//1969	L	44-110	Н
//1970	L	46-108	Α
//1971	L	74-80	Н
//1972	W	100-54	Α

//1973	VV	100-34	
//1974	W	84-70	Α
<u>//1975</u>	W	86-77	Н
<del>//</del> 1976	W	92-70	Α
//1977	L L	80-83	Н
<del>//</del> 1978		78-85	Α
<del>//</del> 1979	W	82-81	Н
<del>//</del> 1980	L L	68-95	Α
<u>//1981</u>	L	65-98	H
//1982	W	97-66	Α
//1983	W	103-60	Н
//1984	W	82-81	Α
<u>//1985</u>	W	97-66	<u>H</u>
//1986	W	83-79	Α
//1987	W	84-79	<u>H</u>
//1988	W	92-71	A
//1989	L	77-86	<u>H</u>
//1990	W	88-75	A
//1991	W	100-63	<u>H</u>
//1992	W	93.2-69.8	A
//1993	W	109-54	<u>H</u>
//1994	L	81-82	Α
//1995	L	75.5-87.5	<u>H</u>
//1996	L L L	57-106	Α
//1997		74-89	<u>H</u>
//1998	W	92-71	A

<i></i> /1999	W	157-132	N
<u>//2000</u>	W	108-95	Α
<u>//2001</u>	W	102-101	Н
<u>//2002</u>	L	89-114	Α
//2003	W	103-100	<u>H</u>
//2004	W	105-98	<u>A</u>
//2005	W	102-100	<u>H</u>
04/14/2006	L	97-105	A
04/14/2007	L	100-103	<u>H</u>
04/11/2008	W	118-85	Α
04/11/2009	L	85-117	<u>H</u>
04/10/2010	L	84-119	<u>A</u>
04/08/2011	L	97-103	<u>H</u>
04/07/2012	W	102.5-100.5	Α
04/06/2013	W	105-97	<u>H</u>
04/05/2014	W	124-79	<u>A</u>
04/04/2015	W	115-85	Н
04/02/2016	W	119-84	A
04/01/2017	W	108-95	<u>H</u>
04/07/2018	W	102-101	Α
04/06/2019	W	110-93	Н
04/03/2021	W	103-100	Н
04/02/2022	W	107-93	Α
04/02/2022	VV	107-93	A

## **ARMY-NAVY STAR MEET RECORDS (MEN)**





	Army-Navy	Indoor Star Meet	Records	
Event	Name	School	Time / Distance	Year
60m Dash	Jerry Blow	Army	6.64 (c)	02/16/1980
200m Dash	Kedrin Jefferson	Army	21.32	02/08/2020
400m Dash	Michael Greene	Navy	47.25	02/13/1988
500m Dash	Michael Greene	Navy	1:02.51	02/14/1985
800m Run	Cardell Williams	Army	1:51.39	02/21/1981
1,000m Run	Tom Szoka	Army	2:23.50	02/13/1986
1-Mile Run	Dan Browne	Army	3:59.37	02/01/1997
3,000m Run	Miguel Mathias	Navy	8:04.71	02/05/2022
60m Hurdles	Clayton Thompson	Navy	7.87	02/13/2021
	Domonick Sylve	Army	7.87	02/05/2011
4x400m Relay	Cochran	Army	3:14.0 (h,y)	02/24/1968
	Morrill			
	Forsythe			
	Foos			
4x800m Relay	Ferrara	Army	7:35.69	02/25/2010
	Livingston			
	Meyer			
	Torre Santiago			
High Jump	Leo Williams	Navy	2.28m (7-05.75)	02/20/1982
Pole Vault	Mark Vetere	Navy	5.23m (17-01.75)	02/01/2014
Long Jump	Wendell Champion	Army	7.49m (24-07.00)	02/14/1985
Triple Jump	Joel Robertson	Navy	15.67m (51-05.00)	02/05/1994
Shot Put	Michael Renard	Army	18.76m (61-06.75)	02/08/2020
Weight Throw	Jamir Gibson	Army	21.20m (69-06.75)	02/05/2022

Army-Navy Outdoor Star Meet Records				
Event	Name	School	Time / Distance	Year
100m Dash	Clay Stackhouse	Navy	10.48	//1990
200m Dash	Torrance Chaplin	Navy	21.03	<i>—</i> / <i>—</i> /1999
400m Run	Torrance Chaplin	Navy	46.32	//2000
800m Run	Tom Szoka	Army	1:49.3 (h)	<i>//</i> 1985
1,500m Run	Ron Harris	Navy	3:42.84	<i></i> /1987
5,000m Run	Gregory Mathias	Navy	13:57.28	04/02/2022
110m Hurdles	Brahmir Vick	Navy	13.95 (1.2)	04/03/2021
400m Hurdles	Justin Young	Army	51.79	04/06/2019
3,000m Steeplechase	Tyno Carter	Army	8:52.58	<i>—</i> / <i>—</i> /1989
4x100m Relay	Aaron Watson	Navy	40.14	04/06/2019
	Austin Pierce			
	Evan Lexo			
	Demetrius Lanier			
4x400m Relay	Al-Tarik Samuel	Army	3:10.01	04/06/2019
-	Kevin Sembrat			
	Justin Young			
	Tyrell Maddox			
High Jump	Leo Williams	Navy	2.25m (7-04.50)	<i>—</i> / <i>—</i> /1982
Pole Vault	Thomas Johnstone	Navy	5.17m (16-11.50)	04/03/2021
Long Jump	Kevin Kullander	Army	7.57m (24-10.00)	<i>—</i> / <i>—</i> /1981
Triple Jump	Josh Stewart	Navy	15.66m (51-04.50)	<i>//</i> 2000
Shot Put	Mike Berkowitz	Navy	18.63m (61-01.50)	//1964
Discus	John Campbell	Navy	57.18m (187-07)	04/01/2017
Hammer Throw	Gerald Ingalls	Army	64.92m (213-00)	<i>—/—/</i> 1966
Javelin	August Cook	Army	72.08m (236-06)	04/03/2021

## **ARMY-NAVY STAR MEET RESULTS (WOMEN)**



# Army-Navy Indoor All-Time Series Overall:

18-17-1

In Annapolis: 10-7-1 In West Point: 8-10



Army-Navy I	ndoor S	Series Results	;
Date	W/L	Score	Site
02/14/1987	L	46-72	Α
02/12/1988	L	35-83	Н
02/10/1989	L	28-90	Α
02/09/1990	L	45-73	Н
02/08/1991	L	23-95	Α
02/07/1992	L	49-69	Н
02/05/1993	L	53-63	Α
02/04/1994	L	35.7-82.3	Н
02/03/1995	L	54-64	Α
02/02/1996	Τ	74-74	Н
01/31/1997	W	73-63	Α
02/07/1998	L	71-74	Н
02/06/1999	W	93-88	Α
02/12/2000	W	113-68	Н
02/11/2001	W	100-81	Α
02/02/2002	W	93-88	Н
02/15/2003	L	81-97	Α
02/07/2004	W	94.5-86.5	Н

02/05/2005	L	89-92	Α
02/04/2006	W	99.5-81.5	Н
02/03/2007	W	107-73	Α
02/02/2008	W	93.5-87.5	Н
02/07/2009	W	92-88	Α
02/26/2010	W	97-87	Н
02/05/2011	W	103.5-77.5	Α
02/04/2012	W	112.5-68.5	Н
02/03/2013	W	97-84	Α
02/01/2014	W	104-77	Н
02/07/2015	L	87-94	Α
02/06/2016	L	90-91	Н
02/04/2017	L	81-100	Α
02/03/2018	L	86.5-94.5	Н
02/02/2019	L	88.5-89.5	Α
02/08/2020	W	93-80	Н
02/13/2021	W	98-83	Α
02/05/2022	W	94-87	Н

## **Army-Navy Outdoor All-Time Series**

Overall: 21-14 In Annapolis: 12-5 In West Point: 8-9 At Neutral Site: 1-0 (at Biloxi, Miss. '99)

Army-Navy (	Outdooi	Series Resul	ts
Year	W/L	Score	Site
04/11/1987	L	65-94	Н
04/09/1988	L	39-115	Α
04/07/1989	L	64-90	H
04/07/1990	L	71-83	Α
04/05/1991	L	55-99	Н
04/05/1992	L	61-93	Α
04/09/1993	L	73-81	Н
04/01/1994	L	65-89	Α
03/31/1995	W	83-71	Н
04/05/1996	L	73.7-80.3	Α
04/02/1997	W	82.5-71.5	Н
04/01/1998	L	60-103	Α
04/03/1999	W	103-100	N
04/08/2000	W	118-85	Α
04/07/2001	W	107-96	Н
04/20/2002	W	109-94	Α
04/05/2003	L	97-106	Н
04/17/2004	L	91-112	Α
04/16/2005	W	110-92	Н
04/14/2006	W	104-99	Α
04/14/2007	W	107-96	Н
04/11/2008	L	83.5-119.5	Α
04/11/2009	W	116-87	H

04/10/2010	W	107-93	Α
04/08/2011	W	129-73	Н
04/07/2012	W	116-87	Α
04/06/2013	W	107-96	Н
04/05/2014	L	99.5-103.5	Α
04/04/2015	W	101-99	Н
04/02/2016	W	103-100	Α
04/01/2017	W	105-98	Н
04/07/2018	W	107-96	Α
04/06/2019	W	111-92	Н
04/03/2021	W	111.5-88.5	Н
04/02/2022	W	117-86	Α



## **ARMY-NAVY STAR MEET RECORDS (WOMEN)**





Army-Navy Indoor Star Meet Records				
Event	Name	School	Time / Distance	Year
60m Dash	Loni Forsythe	Navy	7.50	02/05/2005
200m Dash	Calli McMullen	Army	23.82	02/08/2020
400m Dash	Chloe Alfieri	Navy	55.29	02/08/2020
500m Dash	Chelsey Edwards	Navy	1:12.75	02/08/2020
800m Run	Anna Tovkach	Army	2:07.16	02/05/2022
1,000m Run	Samantha Coletti	Army	2:51.07	02/03/2018
1-Mile Run	Catherine Gaffigan	Army	4:50.30	02/03/1995
3,000m Run	Georgia Jones	Army	9:42.62	02/13/2021
60m Hurdles	Katie Halbert	Navy	8.56	02/05/2022
4x400m Relay	Chelsey Edwards	Navy	3:42.73	02/08/2020
	Kara Kakascik			
	Molly Mangan			
	Chloe Alfieri			
4x800m Relay	Sydney Smith	Army	9:05.53	02/02/2019
	Cassie Mundekis			
	Samantha Coletti			
	Haley Watson			
High Jump	Meagan Hilla	Army	1.74m (5-08.50)	02/06/2016
Pole Vault	Charlene Morke	Navy	4.00m (13-01.50)	02/05/2022
Long Jump	Katie Halbert	Navy	5.92m (19-05.25)	02/05/2022
Triple Jump	Diana Wills	Army	12.82m (42-00.75)	02/09/2090
Shot Put	Emily Fink	Army	15.72m (51-07.00)	02/05/2022
Weight Throw	Emily Mikoud	Army	20.49m (67-02.75)	02/13/2021

Army-Navy Outdoor Star Meet Records				
Event	Name	School	Time / Distance	Year
100m Dash	Loni Forsythe	Navy	11.50	04/16/2005
200m Dash	Sabrina Sutter	Navy	24.13	04/02/2022
400m Run	Tineisha Davis	Navy	54.16	04/16/2005
800m Run	Anna Tovkach	Army	2:08.31	04/03/2021
1,500m Run	Kim McGreevy	Navy	4:28.10	03/31/1995
5,000m Run	Georgia Jones	Army	16:39.62	04/03/2021
100m Hurdles	Katie Halbert	Navy	13.48 (1.7)	04/02/2022
400m Hurdles	Amanda Agana	Navy	1:00.17	04/06/2019
3,000m Steeplechase	Winter Boese	Navy	10:27.37	04/02/2022
4x100m Relay	Katie Halbert	Navy	45.95	04/02/2022
	Breanna Mealer			
	Molly Mangan			
	Sutter Sabrina			
4x400m Relay	Chelsey Edwards	Navy	3:44.42	04/06/2019
	Lauren Heaton			
	Kara Kakascik			
	Amanda Agana			
High Jump	Kristin Smith	Navy	1.75m (5-08.75)	04/07/2012
Pole Vault	Kirsten Andrews	Navy	3.98m (13-00.75)	04/14/2007
Long Jump	Diana Wills	Army	6.11m (20-00.50)	04/09/1988
Triple Jump	Diana Wills	Army	13.07m (42-10.75)	04/07/1990
Shot Put	Emily Fink	Army	15.49m (50-10.00)	04/02/2022
Discus	Lauren Allam	Navy	49.65m (162-10)	04/05/2014
Hammer Throw	Abigail Green	Army	61.89m (203-01)	04/03/2021
Javelin	Emma Foster	Navy	51.97m (170-06)	04/03/2021



#### TRACK & FIELD 2022-23 NAVY

## **ALL-TIME ACHIEVEMENTS (MEN)**

## NCAA CHAMPIONSHIP (TEAM)

Year	Season
1945	Outdoor

## NCAA CHAMPIONS (INDIVIDUAL)

Year	Name (Event - Season)
1982	Leo Williams (High Jump - In)
1981	Leo Williams (High Jump - In)
1981	Leo Williams (High Jump - Out)
1973	Ted Bregar (Weight Throw - In)
1945	William Kash (440yd – Out)
1945	John VanVelzer (100yd - Out)
1945	Robert Patton (Javelin – Out)

## **NAVY SCORING IN THE** NCAA CHAMPIONSHIP (INDOOR)

Place
51st
44th
64th
41st
42nd
41st
49th
50th
21st
14th
15th
46th
48th
15th
17th

## **NAVY SCORING IN THE** NCAA CHAMPIONSHIP (OUT-

DOOK)	
Year	Place
2017	59th
2016	64th
2014	38th
1993	59th
1992	50th
1987	45th
1983	85th
1982	53rd
1981	17th
1973	36th
1969	33rd
1968	23rd
1966	49th
1964	40th
1963	20th
1962	35th
1961	27th
1960	39th
1958	32nd
1952	20th
1951	27th
1945	1st
1943	20th
1936	25th

## **ALL-AMERICANS (INDOOR)**

Year	Name (Event)
2007	Paul Harris (800)
2004	Erik Schmidt (Mile)
1999	Michael Ryan (Mile)
1997	John Mentzer (5,000)
1993	Greg Keller (Mile)
1993	Todd Washburn (5,000)
1992	Greg Keller (Mile)
1991	Matt Howard (Weight Throw)
1990	Matt Howard (Weight Throw)
1989	Charles Bailey (Weight Throw)
1988	Charles Bailey (Weight Throw)
1987	Michael Greene (500)
1987	Ron Harris (3,000)
1987	Ron Harris (5,000)
1983	Leo Williams (High Jump)
1982	Leo Williams (High Jump)
1981	Leo Williams (High Jump)
1973	Scott Haney (Shot Put)
1973	Ted Bregar (Weight Throw)
1969	Edwin Potts (Weight Throw)
1960	Henry Sage (Weight Throw)

### **ALL-AMERICANS (OUTDOOR)**

Year	Name (Event)
2022	Braden Presser (Javelin)
2019	John Finnegan (4x400m Relay)
2019	Hayden Fox (Javelin)
2019	Eric Hughey (4x400m Relay)
2019	Cameron Hurd (4x400m Relay)
2019	Simon Petsch (4x400m Relay)
2018	Sean Richards (Javelin)
2017	Lucas Stalnaker (10,000m)
2016	Jay Stell (Javelin)
2014	Jay Stell (Javelin)
2013	Zack Duncavage (Discus)
2012	Zack Duncavage (Discus)
1998	John Mentzer (10,000)
1997	Jon Clemens (Steeplechase)
1997	John Mentzer (10,000)
1993	Stan Duplaga (Javelin)
1993	Greg Keller (Steeplechase)
1993	Todd Washburn (5,000)
1992	Greg Keller (Steeplechase)
1991	Robert Sehnert (Shot Put)
1983	Leo Williams (High Jump)
1982	Leo Williams (High Jump)
1981	Leo Williams (High Jump)
1973	Ted Bregar (Hammer Throw)
1969	Edwin Potts (Hammer Throw)
1968	James Dare (Steeplechase)
1963	Douglas Tozour (Hammer Throw)
1947	Fredric Bouwman (Long Jump)
1947	Fredric Bouwman (Triple Jump)
1946	Bert Atkinson (High Jump)
1946	Robert Banks (High Hurdles)
1945	William Kash (440-yard)
1945	John VanVelzer (100-yard)
1945	Robert Patton (Javelin)
1935	Fred Bakutis (Javelin)

## **ALL-AMERICANS** (CROSS COUN-

Name (Site)
Jon Clemens (Tucson, Ariz.)
Greg Keller (Bloomington, Ind.)
Ron Harris (Milwaukee, Wis.)
John Lawlor (Lawrence, Kan.)

## **OLYMPIANS**

Year	Name (Event)
1984	Leo Williams (High Jump - Alternate)
1972	Ted Bregar (Hammer Throw -
Alternate)	
1972	James Dare (Steeplechase - Alter-
nate)	
1936	Joe Patterson (400 Hurdles - 4th)

#### **OLYMPIC TRIALS**

Year	Name (Event)
2008	John Mentzer (Marathon - 18th)
2004	Aaron Lanzel (1,500 – 13th)
2004	Mark Newman (Marathon)
2004	Erik Schmidt (1,500)
2000	Torrance Chaplin (400)
2000	Mark Newman (Marathon)
2000	Michael Ryan (1,500 - 10th)
1996	Ron Harris (5,000 - 3rd)
1996	Mark Newman (Marathon)
1972	Ted Bregar (Hammer Throw - 6th)

## **PATRIOT LEAGUE CHAMPIONSHIPS**

Year	Season	
2022	Indoor	
2020	Indoor	
2018	Indoor	
2017	Indoor	
2016	Indoor	
2015	Indoor	
2014	Indoor	
2013	Indoor	
2011	Indoor	
2008	Indoor	
2005	Indoor	
2004	Indoor	
2004	Indoor	
2004 <b>Year</b>	Indoor Season	
Year	Season	
<b>Year</b> 2022	Season Outdoor	
Year 2022 2021	Season Outdoor Outdoor	
Year 2022 2021 2019	Season Outdoor Outdoor Outdoor	
Year 2022 2021 2019 2018	Season Outdoor Outdoor Outdoor Outdoor	
Year 2022 2021 2019 2018 2017	Season Outdoor Outdoor Outdoor Outdoor Outdoor Outdoor Outdoor	
Year 2022 2021 2019 2018 2017 2016	Season Outdoor Outdoor Outdoor Outdoor Outdoor Outdoor Outdoor Outdoor	

## PATRIOT LEAGUE HONORS

Year

2022

2022

2021 2020

2020

2019

2019 2019 Coach of the Year (Season)

2022	Jamie Cook (Outdoor)
2022	Jamie Cook (Indoor)
2021	Jamie Cook (Outdoor)
2020	Jamie Cook (Indoor)
2019	Jamie Cook (Outdoor)
2018	Jamie Cook (Outdoor)
2018	Jamie Cook (Indoor)
2017	Stephen Cooksey (Outdoor)
2017	Stephen Cooksey (Indoor)
2016	Stephen Cooksey (Outdoor)
2016	Stephen Cooksey (Indoor)
2015	Stephen Cooksey (Outdoor)
2015	Stephen Cooksey (Indoor)
2014	Stephen Cooksey (Outdoor)
2014	Stephen Cooksey (Indoor)
2013	Stephen Cooksey (Indoor)
2011	Stephen Cooksey (Indoor)
2008	Stephen Cooksey (Outdoor)
2008	Stephen Cooksey (Indoor)
2005	Stephen Cooksey (Indoor)
2004	Stephen Cooksey (Indoor)

ear/	Season	
2022	Indoor	
2020	Indoor	
2018	Indoor	
2017	Indoor	
2016	Indoor	
2015	Indoor	
2014	Indoor	
2013	Indoor	
2011	Indoor	
2008	Indoor	
2005	Indoor	
2004	Indoor	
ear/	Season	
2022	Outdoor	
2021	Outdoor	
2019	Outdoor	
2018	Outdoor	
2017	Outdoor	
2016	Outdoor	
2015	Outdoor	
2014	Outdoor	
2008	Outdoor	

#### Most Outstanding Performer Year 2022 Miguel Mathias (Track - Out)

Baynes Autrey (Field - In) Clayton Thompson (Track – Out)

Jake Brophy (Track - In)

Caden Dailey (Rookie - In)

Sean Brennan (Field – Out)

John Finnegan (Track - In)

John Finnegan (Track - Out)

Jacques Guillaume (Rookie - Out)

2019 John Finnegan (Track – III)	
2019	Cedric Williams (Field - In)
2018	Clayton Thompson (Rookie – Out)
2017	Cameron Hurd (Rookie – Out)
2016	John Campbell (Field – Out)
2015	Mark Vetere (Field – Out)
2014	Zack Duncavage (Field – Out)
2013	Weston Kennedy (Track – In)
2013	Zack Duncavage (Field – In)
2013	Austin Batiste (Rookie – In)
2013	Jay Stell (Rookie – Out)
2012	Mark Vetere (Rookie – In)
2012	Mark Vetere (Rookie – Out)
2010	Andrew Hanko (Track – In)
2010	Dean Black (Rookie – Out)
2009	Mark Van Orden (Field – Out)
2008	Ron Belany (Field – In)
2008	Darryl Hunter (Field – Out)
2007	Paul Harris (Track – Out)
2006	Paul Harris (Track – In)
2005	Jamar Green (Track – In)
2005	Ralph Lufkin (Field – In)
2005	Kyle Obrock (Co-Field – Out)
2004	Eric Porter (Track – In)
2002	Tom Delaney (Field – Out)

Greg Keller (Co-Athlete - Out)



1993

### TRACK & FIELD 2022-23 NAVY

## **ALL-TIME ACHIEVEMENTS (MEN)**

Year	Top Point Scorer *
2022	Caden Dailey (Out)
2021	Clayton Thompson (Out)
2020	Clayton Thompson (In)
2019	Sean Brennan (Out)
2019	Cedric Williams (In)
<ul> <li>Establis</li> </ul>	shed during the 2018-19 season
SATDI	OT LEADUE CHAMDIONS (INC. CO.)
	OT LEAGUE CHAMPIONS (INDOOR)
<b>5m</b> 994	Michael Jefferson
60m	
2018	Aaron Watson
2015	Jordan Sartor-Francis
200m	
2018	Demetrius Lanier
2015	Jordan Sartor-Francis
2014	Jordan Sartor-Francis
2005	Jamar Green
2004	Eric Porter
100	
400m	Jacques Guillaums
2022	Jacques Guillaume
2020	Eric Hughey
2019 2018	Eric Hughey John Finnegan
2015	Austin Batiste
2013	Austin Batiste William Ricks
2006 2005	Jamar Green
2003	Eric Porter
500m	
2019	John Finnegan
2016	Nate Gainey
2015	Nate Gainey
2012	Matt Evers
2011	Matt Evers
2007	Paul Harris
2006	Paul Harris
2004	Eric Brye
1994	Matthew Niedzgiecki
300m	
2020	Ashwin Briggs
2018	Justin Hyytinen
2012	Lucas Connelly
2008	Craig Meekins
	-
1,000m	
2018	Josh Hanna
2013	Weston Kennedy
2012	Dominic Della Pelle
2010	Cody Rome
2009	Jonathan Grant
2004 2000	Erik Schimdt
	Aaron Lanzel

1-Mile Run 2019

2013 2012

2011

Jake Brophy Weston Kennedy

Ken Bunnell

Dominic Della Pelle

		ALL-IIME
3,000m	1	
2020	Jake Brophy	
2013	Kyle Satterwhite	
2012	Cody Rome	
2011	Cody Rome	
2010	Andrew Hanko	
2005	Joshua Sink	
1998	Michale Ryan	
	,	
5,000m	1	
2020	Jake Brophy	
2019	Kevin Murray	
2015	Sam Peckham	
2012	Cody Rome	
2011	Andrew Hanko	
2010	Andrew Hanko	
55m H		
2006	Marcus Scarborough	
2000	Matt Woehmyer	
1996	T.J. Peterson	
60m H	urdles	
2020	Clayton Thompson	
2018	Kordell Williams	
2017	Kordell Williams	
2012	Mitch Simmonds	
2008	Ron Belany	
2007	Ron Belany	
2005	Travis Rainey	
2004	Adesina Ekundayo	
	n Relay	
2022	Jonathan Simmons	
	Hollier	
Jay Ev		
	s Guillaume	
2020	Eric Hughey Cameron Hurd	
	James Love	
	John Finnegan	
2019	Eric Hughey	
2013	Cameron Hurd	
	Simon Petsch	
	John Finnegan	
2017	Dan Kelly	
	Cam DeCoursey	
	Simon Whitfield	
	Nate Gainey	
2011	Jackson	
	Kempel	
	Ash	
	Evers	
2008	Carpentier	
	Ricks	
	Meekins	
	Harris	
2007	Harris	
	Ricks	
	Meekins	
	Lindsay	
2006	Harris	
	Ricks	
	Meekins	
	Lindsay	

2005	Green
	Ricks Levinson
	Harris
2004	Brye
2001	Green
	Levinson
	Porter
4×200r	n Relay
2022	Garrett Baublitz
lan Bar	
Sean C	
Ashwin	•
2020	John Finnegan
	Sean Casey
	David Nelsen
	Nicholas Williams
2019	John Finnegan
	Clayton Turner
	David Nelsen
	Jake Brophy
2018	Cory Donley
	Jake Shewbert Josh Hanna
	0001111011110
2016	Justin Hyytinen Justin Hyytinen
2010	Nick Palermo
	Steve Schroeder
	Roberto Swersky
2012	Kennedy
	Connelly
	Haney
	Della Pelle
2008	Harris
	Meekins
	Kozy
	Burke
2004	McCann
	Schmidt
	Sink
	Taveras
	ce Medley Relay
2020	Chase Rivera
	Nicholas Williams Sean Casey
	Ashwin Briggs
2014	Swersky
2014	Dunn
	Palermo
	Rynning
2012	Haney
	Kingsland
	Kennedy
	Bunnell
2011	Haney
	Stevenson
	Rome
	Hanko
2010	Foote
	Ash
	Della Pelle
	Stevenson

 $\star$ 

## **ALL-TIME ACHIEVEMEN**

2007	Sarchione
	Carpentier
	Kozy
	Burke
2004	Schmidt
	Sink
	Taveras
	Spletzer
High Ju	ump
2022	Cole Bailey
2016	Tyler Russell
2007	Cole Herron
2006	Stephen White
2005	Stephen White
1998	Aaron Shulski
Pole Va	ault
2022	Walker Rudisaile
2015	Mark Vetere
2014	Jiles Maness
2013	Mark Vetere
2012	Mark Vetere
2011	Ryan Kochert
2005	Kelly Stephens
2001	Tom Delaney
1994	Rob Green
Long J	ump
2022	Aidan Featherby
2020	Caden Dailey
2019	Cedric Williams
2008	Ron Belany
Triple .	
2022	Jordan Payne
2020	Cedric Williams
2019	Cedric Williams
2018	Cedric Williams
2008	
2006	Dante Marshall
0005	Dante Marshall Dante Marshall
2005	Dante Marshall
	Dante Marshall Dante Marshall Dante Marshall
Shot P	Dante Marshall Dante Marshall Dante Marshall ut
Shot P 2018	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan
Shot P 2018 2016	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy
Shot P 2018 2016 2014	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage
Shot P 2018 2016 2014 2008	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter
Shot Post 2018 2016 2014 2008 2007	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter
Shot P 2018 2016 2014 2008 2007 2005	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter
Shot P 2018 2016 2014 2008 2007 2005 2001	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes
Shot Pr 2018 2016 2014 2008 2007 2005 2001 1997	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols
Shot P 2018 2016 2014 2008 2007 2005 2001	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn
Shot Pr 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah
Shot Pr 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019 2016	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell
Shot Pr 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019 2016 2015	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell Tom Buffone
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019 2016 2015 2013	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell Tom Buffone Zack Duncavage
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019 2016 2015 2011	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell Tom Buffone Zack Duncavage Chris Ricks
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019 2016 2015 2011 2010	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell Tom Buffone Zack Duncavage Chris Ricks Mark Van Orden
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019 2016 2015 2011 2010 2009	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell Tom Buffone Zack Duncavage Chris Ricks Mark Van Orden
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2016 2015 2011 2010 2009 2008	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell Tom Buffone Zack Duncavage Chris Ricks Mark Van Orden Mark Van Orden Chris Bordino
Shot P 2018 2016 2014 2008 2007 2005 2001 1997 1995 Weight 2022 2019 2016 2015 2011 2010 2009	Dante Marshall Dante Marshall Dante Marshall  ut Sean Brennan Griffie Loy Zack Duncavage Darryl Hunter Darryl Hunter Darryl Hunter Steven Ranes Colin Echols Blake Wilburn  t Throw Joshua Boamah Sean Brennan John Campbell Tom Buffone Zack Duncavage Chris Ricks Mark Van Orden

	VIIKAG
re /	MENI
	MEN)
Heptat	
2022	Baynes Autrey
2020 2019	Clayton Thompson  Benjamin Stewart
2013	Rand Montermini
2008	Ron Belany
	ron Boldiny
<b>PATR</b>	IOT LEAGUE CHAMPIONS (OUTDOOR)
100m	, , , , , , , , , , , , , , , , , , ,
2022	Caden Dailey
2019	Evan Lexo
2015	Jordan Sartor-Francis
2014	Jordan Sartor-Francis
200m	
2017	Devin Enslen
2014	Jordan Sartor-Francis
2008	Shun White
2007	Paul Harris
400m	
2022	Jacques Guillaume
2022	Eric Hughey
2019	John Finnegan
2007	Paul Harris
2004	Eric Porter
800m 2019	John Finnegan
2019	Craig Meekins
2006	Paul Harris
1,500m	
2013	Weston Kennedy
2012	Dominic Della Pelle
2011	Andrew Hanko
2010	Andrew Hanko
5,000m	1
2022	Miguel Mathias
2019	Jake Brophy
2018	Cory Donley
2016	Steve Schroeder
2011	Andrew Hanko
2010	Andrew Hanko
2009	Andrew Hanko
2000	Jared Moore
10,000	m
2022	Miguel Mathias
2018	Jake Brophy
2017	Lucas Stalnaker
2014	Ryan Kelley
2013	Christopher Galvin
110m F	lurdles
2021	Clayton Thompson
2018	Kordell Williams
2017	Kordell Williams
2007	Ron Belany
2006	Marcus Scarborough
2005	Trevis Rainey
2004	Adesina Ekundayo
2000	Jay Tanjuan

400m F	lurdles	
2021	Clayton Thompson	
2019	Cameron Hurd	
2018	Clayton Thompson	
2017	Cameron Hurd	
	Steeplechase	
2022	Brett Brady	
2019	Kevin Murray	
2017	Sam Williams	
2012	Ken Bunnell	
2011	Dean Black	
2010	Dean Black	
2008	Josh Olsen	
2006	Michael Niemi	
1993	Greg Keller	
4x100n	n Relay	
2019	Aaron Watson	
	Austin Pierce	
	Evan Lexo	
	Demetrius Lanier	
2018	Aaron Watson	
	Devin Enslen	
	Evan Lexo	
	Demetrius Lanier	
2013	Goldstone	
	Bogaard	
	Batiste	
	Simmonds	
2004	Brazier	
	Hines	
	Hunt Porter	
	FUILEI	
4x400n	n Relay	
2021	James Love	
	Sethan Hollier	
	Simon Petsch	
	Eric Hughey	
2019	Eric Hughey	
	Simon Petsch	
	Cameron Hurd	
	John Finnegan	
2016	Simon Whitfield	
	G. Harris	
	Nate Gainey	
	Batiste	
2007	Harris	
	Lindsay	
	Meekins	
	Ricks	
2005	Green	
	Harris	
	Lindsay	
	Ricks	

### TRACK & FIELD 2022-23 NAVY

## **EACHIEVEMENTS (MEN)**

4x800r	n Relay
2022	David Nelsen
Ian Bar	tlett
Sean C	Casev
Ashwin	•
2019	Nicholas Williams
2013	Sean Casey
	Ashwin Briggs
0044	Jake Brophy
2014	Kingsland
	Kennedy
	Palermo
	Rynning
III:ala II	
High J	
2021	Cole Bailey
2016	Tyler Russell
2015	Tyler Russell
2010	Josh Houston
2008	William Stillman
2007	Stephen White
2006	Stephen White
1998	Larry Smith
Pole Va	
2022	Walker Rudisaile
2021	Thomas Johnstone
2019	Stefano Pineda
2017	Jonathan Drablos
2015	Mark Vetere
2014	Mark Vetere
2013	Mark Vetere
2012	Mark Vetere
2008	Kraegan Bramer
2002	Tom Delaney
Long J	•
2008	Ron Belany
2005	Adriel Morgan
1993	Lucas Kerley
<b>-</b> · ·	
Triple	•
2022	Aidan Featherby
2019	Cedric Williams
01 4 5	
Shot P	
2019	Sean Brennan
2018	John Barber
2015	Griffie Loy
2014	Zack Duncavage
2012	Chris Boniwell
2011	Chris Boniwell
2008	Darryl Hunter
2007	Darryl Hunter
2005	Darryl Hunter
2004	Nate Michael
Discus	
2019	Sean Brennan
2014	Zack Duncavage
2013	Zack Duncavage
2012	Zack Duncavage
2008	Darryl Hunter
2007	Andre Barber
2004	Nate Michael
1007	Ion Cagnon

Jon Gagnon

	ALL-TIME
Hamme	er Throw
2019	Sean Brennan
2017	John Campbell
2016	John Campbell
2015	Tom Buffone
2010	Mark Van Orden
2009	Mark Van Orden
2008	Mark Van Orden
1993	Larry Coleman
Javelin	
2022	Braden Presser
2017	Sean Richards
2016	Sean Richards
2015	Jay Stell
2014	Jay Stell
2013	Jay Stell
2012	Miles Snelgrove
2008	Bo Lawson
2005	Kyle Obrock
Decath	lon
2022	Baynes Autrey
2021	Thomas Johnstone
2019	Benjamin Stewart
2018	Benjamin Stewart
	DVEDVIEW.
Team T	OVERVIEW itles
Year	Season
1993	Indoor
1992	Indoor
1974	Indoor
1973	Indoor
V	0
Year	Season
1993 *	Outdoor
1992	Outdoor
1991	Outdoor
1945 * Brogge	Outdoor m-best score of 146 points (12th-most all-time)
- riogia	m-vest score or 140 points (12th-most air-unie)
	OVERVIEW
Team T	
Year	Season
2021	Outdoor
2019	Outdoor
2018	Outdoor
1973	Outdoor
1946	Outdoor
1015	Outdoor

1973	Scott Haney (Indoor)
1965	Mike Brown (Indoor)
	OVERVIEW
Team 7	Γitles
1991	
Coach	of the Year
Year	Name
1991	Stephen Cooksey



1945

Total

Outdoor Outdoor **Individual Champions** 

Season 40 \* Outdoor \* - Ranks as the 14th-most of any program

Year	Name (Season)
2000	Torrance Chaplin (Outdoor)
1999	Michael Ryan (Indoor)
1992	Greg Keller (Indoor)
1991	Anthony Terrell (Outdoor)
1987	Ron Harris (Indoor)
1986	Michael Greene (Indoor)
1982	Leo Williams (Indoor)
	, ,



## **ALL-TIME ACHIEVEMENTS (WOMEN)**

NCAA CHAMPIONS (INDIVIDUAL - DII)	
Year	Name (Event – Season)
1991	Marty Shue (1,500m - In)
1987	Carol Womack (800m – In)

## ALL-AMERICANS (DIVISON I)

TILL THE THE (BITIOSITI)		
Year	Name (Event – Season)	
2012	Jess Palacio (1-Mile - In)	
1995	Kim McGreevey (3,000m - Out)	

### NCAA CHAMPIONSHIPS (INDOOR)

Year	Name (Event)
1991	Marty Shue (1,500m)
1989	Sarah Colvin (1,500m)
1987	Carol Womack (800m)
1987	Janet Walters (800m)
1987	Mary Balch (3,000m)

### NCAA CHAMPIONSHIPS (OUTDOOR)

110/1/1	CHAIN ICHOIN C (COLDCON)
Year	Name (Event)
1991	Marty Shue (3,000m)
1989	Carol Womack (800m)
1987	Carol Womack (800m)
1987	Carol Womack (800m)
1986	Carol Womack (800m)
1985	Stefani Green (800m)
1985	Stefani Green (400m Hurdles)
1984	Stefani Green (800m)
1984	Stefani Green (400m Hurdles)
1983	Stefani Green (800m)
1983	Stefani Green (400m Hurdles)

### NCAA DIVISION I EAST REGIONALS (OUTDOOR)

(טטוט	•
Year	Name (Event)
2022	Ellie Abraham (3,000m Steeplechase)
	Winter Boese (3,000m Steeplechase)
	Taylor Buchanan
	Hannah Lowenstein (High Jump)
2021	Emma Foster (Javelin)
	Ann Jackson (Long Jump)
	Sarah Morris (Javelin)
	Sam Orie (Hammer Throw)
	Jadyn Tiracave (Javelin)
2019	Emma Foster (Javelin)
	Jadyn Tiracave (Javelin)
2018	Brittany Burg (400m Hurdles)
2015	Ashanti Curry (Shot Put)
2014	Lauren Allam (Discus)
	Teronda Brown (Disucs)
	Maressa Guynn (Discus)
2013	Lauren Allam (Discus)
	Maressa Guynn (Discus)
	Alix Membreno (Javelin)
2012	Lauren Allam (Discus)
	Alix Membreno (Javelin)
	Jess Palacio (1,500m)
2011	Lauren Allam (Discus)
	Alix Membreno (Javelin)
	Jess Palacio (800m)
	Amanda Phelps (Hammer)
2010	Krystina Johnson (High Jump)
	Jess Palacio (1,500m)
2009	Carey Young (Steeplechase)
2008	Jacqui Charnigo (Pole Vault)

2007	Kirsten Andrews (Pole Vault)
	Jacqui Charnigo (Pole Vault)
2006	Kirsten Andrews (Pole Vault)
	Kirsten Andrews (100m Hurdles)
	Jacqui Charnigo (Pole Vault)
	Danielle Still (Javelin)
2005	Taren Burkett (4x400m)
	Erin Demchko (4x400m)
	Loni Forsythe (100m)
	Vicki Moore (4x400m)
	Jessica Orr (4x400m)
	Danielle Still (Javelin)
2004	Kirsten Andrews (100m Hurdles)
	Loni Forsythe (100m)
	Jen Leatherman (Hammer)
	Danielle Still (Javelin)
2003	Tineisha Davis (400m)
	Tineisha Davis (4x400m)
	Amanda Hasenauer (Pole Vault)
	Kacee Jossis (4x400m)
	Amy Stokes (4x400m)
	Eva Tukarski (4x400m)
	Joanne Uwujaren (Long Jump)
	Joanne Uwujaren (Triple Jump)

### **OLYMPIANS**

Year	Name (Event)	
2021	Regine Tugade (200m - 13th)	
2016	Regine Tugade * (200m)	
* – Comp	eted during Plebe Summer of freshman year	

#### **OLYMPIC TRIALS**

Sassan

Outdoor

Outdoor

Outdoor

Outdoor

2019

2018

2012

2003

Year	Name (Event)
2021	Emma Foster (Javelin _ 10th)

## PATRIOT LEAGUE CHAMPIONSHIPS

Itai	Jeasun
2022	Indoor
2020	Indoor
2019	Indoor
2011	Indoor
2009	Indoor
2001	Indoor
Year	Season
2022	Outdoor
2021	Outdoor

DATRICT	I F	/CIIE	HUNUB	S

PATRIOT LEAGUE HONORS			
Year	Coach of the Year (Season)		
2022	Jamie Cook (Outdoor)		
2022	Jamie Cook (Indoor)		
2021	Jamie Cook (Outdoor)		
2020	Jamie Cook (Indoor)		
2019	Jamie Cook (Outdoor)		
	Jamie Cook (Indoor)		
2018	Jamie Cook / Carla Criste (Outdoor)		
2012	Carla Criste (Outdoor)		
2011	Carla Criste (Indoor)		
2010	Carla Criste (Indoor)		
2009	Carla Criste (Indoor)		
2001	Carla Criste (Indoor)		

Year	Most Outstanding Performer
2022	Katie Halbert (Field - Out)
2021	Molly Mangan (Track - Out)
2013	Maressa Guynn (Field – Out)
2012	Jess Palacio (Track – Out)
2011	Jess Palacio (Track – Out)
	Jess Palacio (Track – In)
2011	Amanda Phelps (Field – Out)
	Lauren Allam (Rookie – Out)
2010	Jess Palacio (Track – Out)
2009	Amy Watson (Track – In)
2007	Kirsten Andrews (Field – Out)
	Kirsten Andrews (Field – In)
	Loni Forsythe (Track – In)
	Justine Whipple (Track – Out)
2006	Danielle Still (Field – Out)
2005	Jacqui Charnigo (Rookie – In)
	Tineisha Davis (Track – Out)
2004	Tineisha Davis (Track – In)
2003	Joanne Uwujaren (Field – Out)
2002	Amanda Hasenauer (Field – In)
2000	Joanna Helm (Track – Out)
	Joanna Helm (Track – In)
Year	Top Point Scorer *
2022	Katie Halbert

## PATRIOT LEAGUE 25TH-ANNIVERSARY

### TEAM (1990-2015)

,	1 = 1 1111 (1000 2010)		
Class	Name		
2012	Jess Palacio		
2007	Kristen Andrews		
2005	Tiniesha Davis		
2000	Joanna Helm		

#### PATRIOT LEAGUE ALL-DECADE TEAM (4000 2000)

(1990-2	(1990-2000)		
Class	Name		
2001	Amy Baxter		
2001	Joanna Helm		
2000	Chantelle Nagbe		

### PATRIOT LEAGUE CHAMPIONS (INDOOR)

Trishette Hall
Loni Forsythe
Molly Mangan
Loni Forsythe
Tineisha Davis
Tineisha Davis
Marcia Flack
Chelsey Edwards
Chelsey Edwards
Arabia Littlejohn
Arabia Littlejohn
Kara Kakascik





Mansfield Murph

Abby Gesecki

Tineisha Davis

2011

2010

2005

## **ALL-TIME ACHIEVEMENTS (WOMEN)**

2004	Tineisha Davis
2003	Tineisha Davis
2002	Amy Stokes
2001	Kacee Jossis
1997	Rhonda Leverett
800m	I DI
2011	Jess Palacio
1996	Maureen Moroney
1,000m	
2008	Vicki Moore
2007	Vicki Moore
1995	Nancy Olson
1-Mile	Less Dalasia
2011	Jess Palacio
2010	Jess Palacio
2001	Amy Baxter Kim McGreevy
1995	Kim wcGreevy
3,000m	
2009	Amy Watson
2007	Justine Whipple
2001	Melissa Foon
1997	Rebecca Cline
1996	Jackie Hayes
5 0002	
<b>5,000</b> m 2012	Brigid Byrne
2009	Amy Watson
2008	Erica Ziel
2006	Justine Whipple
2001	Melissa Foon
1996	Jackie Hayes
55m Hu 2006	Kirsten Andrews
2000	Joanna Helm
2000	Joanna Heim
60m Hı	ırdles
2022	Katie Halbert
2007	Kirsten Andrews
2005	Kirsten Andrews
4 400	B.1
4 <b>x400n</b> 2020	n Relay Chelsey Edwards
2020	Chloe Alfieri
	Kara Kakascik
	Molly Mangan
2019	Chelsey Edwards
2010	Amanda Agana
	Chloe Alfieri
	Lauren Heaton
2018	Chelsey Edwards
	Christina Quigley
	Brittany Burg
	Amanda Agana
2011	Colleen McFadden
	Kristin Smith
	Mansfield Murph
	Arabia Littlejohn
2010	Abby Gesecki
	Colleen McFadden
	Mansfield Murph
	Arabia Littlejohn

	1	ALL-IIME AC
2005	Michelle Bostic	
	Taryn Burkett	
	Tineisha Davis	
0000	Lori Simerly	
2003	Tineisha Davis Kacee Jossis	
	Amy Stokes	
	Eva Tukarski	
1994	Becky Ingraham	
	Rhonda Leverett	
	Beth Schutte Christine Westrich	
	n Relay	
2011	Liz Milewski Mansfield Murph	
	Erin Neumann	
	Jess Palacio	
2004	Tineisha Davis	
	Erin Demchko	
	Gina DiPiero	
1996	Kacee Jossis	
1990	Alyssa Donovan Lori Kelley	
	Tanya Lehmann	
	Maureen Moroney	
Distan	ce Medley Relay	
2022	Alanna Julius	
	Annie Taylor	
	Anna Kovacs	
2009	Ellie Abraham	
2009	Maureen Dooley Jess Palacio	
	Kayla Sax	
	Ashley Waddle	
2007	Taryn Burkett	
	Erin Demchko	
	Vicki Moore	
2006	Stefanie Peskosky Lauren Burmeister	
2000	Erin Demchko	
	Maureen Dooley	
	Vicki Moore	
1995	Alicia Berlwoski	
	Rhonda Leverett	
	Kim McGreevy	
1994	Nancy Olson  Marcia Bailey	
1001	Kim McGreevy	
	Nancy Olson	
	Karri Zaremba	
High J	ump	
2022	Taylor Buchanan	
2013	Kristin Smith	
2012	Veronica Ffrench	
2011 2009	Kristin Smith Christine Scales	
2000	Shannon Crites	
1996	Suzanne Dondero	
1994	Suzanne Dondero	
Pole V	ault	
2022	Charlene Morke	
2020	Charlene Morke	
2019	Kaitlyn Stafford	

2017	Rosemary Brinegar
2008	Jacqui Charnigo
2005	Kirsten Andrews
2003	Tina Terry
2001	Amanda Hasenauer
2000	Amanda Hasenauer
Long J	
2022	Breanna Mealer
2007	Kirsten Andrews
2000	Chantelle Nagbe
1995	Sonja Knight
Triple .	
2020 1997	Audrey Fernandez Chantelle Nagbe
1995	Sonja Knight
Shot P 2014	ut Teronda Brown
Weight 2012	Throw Amanda Phelps
2011	Amanda Phelps
2004	Jen Leatherman
Pentatl	nlon
2022	Erin Higgins
2011 2000	Arian Davis Joanna Helm
	IOT LEAGUE CHAMPIONS (OUTDOOR)
PATR 100m 2021	
100m	Molly Mangan Loni Forsythe
100m 2021 2007	Molly Mangan Loni Forsythe Loni Forsythe
<b>100m</b> 2021	Molly Mangan Loni Forsythe
100m 2021 2007 2005 1997	Molly Mangan Loni Forsythe Loni Forsythe
100m 2021 2007 2005 1997 200m	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe
100m 2021 2007 2005 1997 200m 2022	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter
100m 2021 2007 2005 1997 200m 2022 2021	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan
100m 2021 2007 2005 1997 200m 2022	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter
100m 2021 2007 2005 1997 200m 2022 2021 2004 400m	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe
200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West
200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri
200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2021 2018	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana
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100m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki
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200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009 2005	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki Tineisha Davis
200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009 2005 2004	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki Tineisha Davis Tineisha Davis
200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009 2005 2004 2003 800m 2012	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki Tineisha Davis Tineisha Davis
200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009 2005 2004 2003 800m 2012 2011	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki Tineisha Davis Tineisha Davis Tineisha Davis Tineisha Davis Jess Palacio Jess Palacio
200m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009 2005 2004 2003	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki Tineisha Davis Tineisha Davis Tineisha Davis Tineisha Davis
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100m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009 2005 2004 2003 800m 2012 2011 2010 1,500m 2012	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki Tineisha Davis Tineisha Davis Tineisha Davis Tineisha Davis Jess Palacio Jess Palacio Jess Palacio
100m 2021 2007 2005 1997 200m 2022 2021 2004 400m 2022 2021 2018 2010 2009 2005 2004 2003 800m 2012 2011 2010 1,500m	Molly Mangan Loni Forsythe Loni Forsythe Chantelle Nagbe  Sabrina Sutter Molly Mangan Loni Forsythe  Helen West Chloe Alfieri Amanda Agana Abby Gesecki Abby Gesecki Tineisha Davis Tineisha Davis Tineisha Davis Tineisha Davis Jess Palacio Jess Palacio Jess Palacio



## **ALL-TIME ACHIEVEMEN**

5,000m	1	
2013	Brigid Byrne	
2008	Erica Ziel	
2007	Justine Whipple	
1997	Rebecca Cline	
10,000		
2013	Brigid Byrne	
2007	Justine Whipple	
2006	Justine Whipple	
100m l	Hurdles	
2022	Katie Halbert	
2021	Alexa Arthun	
2007	Kirsten Andrews	
2006	Kirsten Andrews	
2005	Katie Scotidas	
2004	Kirsten Andrews	
400 1	lumilla a	
400m i 2019	Hurdles Amanda Agana	
2018	Brittany Burg	
	<i>j</i> - a	
	Steeplechase	
2022	Ellie Abraham	
2009	Carey Young	
2008	Arwyn Becker	
4x100r	n Relay	
2022	Katie Halbert	
	Breanna Mealer	
	Molly Mangan	
	Sabrina Sutter	
2021	Ann Jackson	
	Molly Mangan	
	Alexa Arthun	
	Sabrina Sutter	
2006	Kirsten Andrews	
	Priscilla Lewis	
	Yasmin Sauls	
	Danielle Still	
1997	Tamara Allen	
	Trishette Hall	
	Rhonda Leverett	
	Chantelle Nagbe	
4x400r	n Relay	
2021	Chelsey Edwards	
•	Shania Vincent	
	Chloe Alfieri	
	Molly Mangan	
2018	Brittany Burg	
-	Chelsey Edwards	
	Christina Quigley	
	Amanda Agana	
2012	Sarah Bernhardt	
	Colleen McFadden	
	Mansfield Murph	
	Natasha Druggan	
2005	Taryn Burkett	
	Tineisha Davis	
	Jessica Orr	
	Vicki Moore	
2003	Tineisha Davis	
	Kacee Jossis	
	Amy Stokes	
	Eva Tukarski	

	VI INAU
'S (	WOMEN)
	n Relay
2003	Tineisha Davis
2000	Kacee Jossis
	Lisa Procaccini
	Amy Stokes
	Arriy Otokes
High J	ımp
2022	Hannah Lowenstein
2012	Veronica Ffrench
2003	Shannon Crites
Pole V	nult
2017	Charlene Kearns
2017 2016	Charlene Kearns
2015	Amanda Graham
2013	Jacqui Charnigo
2008	Kirsten Andrews
2007	Lauren Baker
	Eddron Barron
Long J	
2022 2007	Katie Halbert Kirsten Andrews
2007	Joanne Uwujaren
2003	Joanne Owujaren
Triple .	
2022	Molly Chapman
2014	Crystan McLymore
2013	Crystan McLymore
2003	Joanne Uwujaren
2000	Chantelle Nagbe
Shot P	ut
2014	Teronda Brown
2011	Amanda Phelps
Discus	
2014	Maressa Guynn
2013	Maressa Guynn
2013	Alix Membreno
2011	Lauren Allam
2004	Jen Leatherman
	Amanda Dhalaa
2011	Amanda Phelps
Javelir	
2022	Jadyn Tiracave
2007	Danielle Still
2006	Danielle Still
2005	Danielle Still
Heptat	nlon
2022	Erin Higgins
2022	Katie Halbert
2021	Cat Goss
2006	Danielle Still
2006 2004	Danielle Still
	OVERVIEW
Team 1	•
	Season
Year	
	Outdoor
2021	Outdoor Indoor *
Year 2021 1991 1989	Indoor *
2021	

V~~~	Nama (Casaan)
Year	Name (Season)
1990	Susie Stewart (Outdoor)
1987 1985	Carol Womack (Outdoor) Stefani Green (Outdoor)
Individ Year	ual Champions (Indoor) Name (Event)
1991	Maureen Magnan (Weight Throw)
1991	Kerry O'Neill (5,000m)
1991	Marty Shue (1,500m)
1991	Marty Shue (3,000m)
1990	Marty Shue (3,000m)
1989	Alexis Petrosky (600m)
1989	Susie Stewart (3,000m)
1989	Carol Womack (800m)
1988	Amy Colvin (1,000m)
1988	Amy Colvin (1,500m)
1988	Honore Mealey (600m)
1987	Carol Womack (1,000m)
1985	Stefani Green (800m)
1985	Janet Walters (1,000m)
1984	Stefani Green (800m)
1983	Stefani Green (800m)
1983	Sue Honan (400m)
	ual Champions (Outdoor)
Year	Name (Event)
2021	Molly Mangan (200m)
2007	Jacqui Charnigo (Pole Vault)
<u>1991                                  </u>	Liz Fitzpatrick (3,000m)  Maureen Magnan (Discus)
1991	Maureen Magnan (Hammer)
1991	Michelle Montgomery (10,000m)
1991	Kerry O'Neill (5,000m)
1991	Marty Shue (1,500m)
1991	Rochelle Smith (Javelin)
1990	Maureen Magnan (Discus)
1990	Marty Shue (3,000m)
1990	Susie Stewart (5,000m)
1990	Susie Stewart (10,000m)
1989	Laura Bush (10,000m)
1989	Maureen Magnan (Hammer)
1989	Rochelle Smith (Javelin)
1989	Susie Stewart (5,000m)
1989 1989	Susie Stewart (5,000m) Carol Womack (800m)
1987	Tawny Petrick (400m Hurdles)
1987	Carol Womack (800m)
1985	Stefani Green (400m Hurdles)
1985	Stefani Green (800m)
1984	Stefani Green (800m)
Dolay (	Champions (Indoor)
Kelay ( Year	Name (Event)
1991	Kathy Fitzpatrick (DMR)
	Kerry O'Neill
	Morgan Paul
	Racquel Williams
1991	Sarah Crouse (4x800m)
	Lael House
	Morgan Paul
1000	Racquel Williams
	Kathy Litzpatrick (LMD)
1990	Kathy Fitzpatrick (DMR) Lael House

Kerry O'Neill Racquel Williams

## **ALL-TIME ACHIEVEMENTS (WOMEN)**

1989	Laura Hatcher (4x200m) Kristi Keffer
	Michelle Van Exel
	Racquel Williams
1988	Amy Colvin (DMR)
	Sarah Colvin
	Dawn Hillman
	Carol Womack
1988	Amy Colvin (4x800m)
	Sarah Colvin
	Dawn Hillman
	Liz Fitzpatrick
1987	Maria Filonczuk (DMR)
	Dawn Hillman
	Michelle Van Exel
	Carol Womack
1987	Maria Filonczuk (4x800m)
	Michelle Van Exel
	Janet Walters
	Carol Womack
1986	Gretchen Otto (4x800m)
	Janet Walters
	Berth Watt
	Carol Womack

#### Relay Champions (Outdoor)

Year	Name (Event)	
1991	Nora Connelly (DMR)	
	Maureen O'Dell	
	Morgan Paul	
	Marty Shue	
1987	Mary Balch (DMR)	
	Maria Filonczuk	
	Tracy Fuchs	
	Carol Womack	

### **HEPS OVERVIEW**

### Individual Champions (Indoor)

Year	Name (Event)	
1995	Kim McGreevy (1-Mile)	
1994	Sonja Washington (Weight Throw)	

## Individual Champions (Outdoor)

Year	Name (Event)
1999	Susan Smith (Javelin)
1994	Naomi Jackson (Javelin)
1994	Rhonda Leverett (400m)
1993	Jenna Hausvik (200m)
1986	Carol Womack (800m)
1984	Stefani Green (400m Hurdles)
1983	Stefani Green (400m Hurdles)

### **EAIAW OVERVIEW**

#### Individual Champions Year Name (Event - Season)

1983	Stefani Green (400m Hurdles – Out)
1982	Stefani Green (600m - In)
1982	Stefani Green (400m - Out)
1982	Stefani Green (400m Hurdles - Out)
	•

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## **ALL-TIME ACADEMIC ACHIEVEMENTS (MEN)**

COSIDA ACADEMIC ALL-AMERICANS		
Year	Name (Team)	
2022	Sean Casey (1st)	
	Ashwin Briggs (2nd)	
	Brett Brady (3rd)	
2021	Sean Casey (1st)	
	Thomas Johnstone (1st)	
2019	Stefano Pineda (1st)	
2018	Stefano Pineda (1st)	
	Josh Hanna (2nd)	
2017	Ryan Speir (1st)	
2015	Tom Buffone (1st)	
2014	Tom Buffone (2nd)	
	Brett Bogaard (2nd)	
2013	Christopher Galvin (1st)	
2012	Cody Rome (2nd)	
2011	Cody Rome (2nd)	
2010	Mark Van Orden (1st)	
2009	Mark Van Orden (3rd)	
2007	Michael Niemi (2nd)	
2004	Eric Eckstrand (3rd)	
2000	Eric Adams (3rd)	
1992	Matt Bogdan (1st)	

# COSIDA ACADEMIC ALL-DISTRICT (Since 2003)

Year	Name (Team)
2022	Sean Casey (1st)
	Ashwin Briggs (1st)
	Brett Brady (1st)
2021	Sean Casey (1st)
	Thomas Johnstone (1st)
2020	Kevin Murray (1st)
2019	Michael Karls (1st)
	Stefano Pineda (1st)
	Benjamin Stewart (1st)
2018	Jake Brophy (1st)
	Josh Hanna (1st)
	Stefano Pineda (1st)
	Benjamin Stewart (1st)
2017	Nate Gainey (1st)
	Ryan Speir (1st)
	Sam Williams (1st)
2016	Sam Peckham (1st)
2015	Tom Buffone (1st)
2014	Tom Buffone (1st)
	Brett Bogaard (1st)
2013	Christopher Galvin (1st)
2012	Cody Rome (1st)
2011	Cody Rome (1st)
2010	Cody Rome (1st)
	Mark Van Orden (1st)
2009	Mark Van Orden (1st)
2007	Michael Niemi (1st)
2004	Eric Eckstrand (1st)
2003	Aaron Lanzel (1st)
	Eric Eckstrand (2nd)

## **USTFCCCA ALL-ACADEMIC HONOREES**

Year	Name
2022	Baynes Autrey
	Sean Casey
	Hayden Fox
	Miguel Mathias
	David Nelsen
	Braden Presser

2021	Baynes Autrey
	Ashwin Briggs
	Sean Casey
	Hayden Fox
	David Huizenga
	Thomas Johnstone
	Skyler Mason
	Braden Presser
	Grant Van Valkenburg
2019	John Finnegan
	Skyler Mason
	Kevin Murray
	Stefano Pineda
	Benjamin Stewart
2018	Demetrius Lanier
	Skyler Mason
	Stefano Pineda
	Benjamin Stewart
2017	Stefano Pineda
2012	Christopher Galvin
	Ryan Kochert
	Cody Rome
2011	Dean Black
	Cody Rome
2009	Mark Van Orden
2008	Craig Meekins
	John Olsen
	Mark Van Orden
2007	Craig Meekins
	John Olsen

# PATRIOT LEAGUE TRACK AND FIELD SCHOLAR-ATHLETE OF THE YEAR

Year	Name (Season)
2022	Sean Casey (Indoor)
2021	Thomas Johnstone (Outdoor)
2019	Stefano Pineda (Outdoor)
	Stefano Pineda (Indoor)
2018	Stefano Pineda (Outdoor)
2015	Tom Buffone (Outdoor)
	Tom Buffone (Indoor)
2013	Christopher Galvin (Outdoor)
	Christopher Galvin (Indoor)
2012	Cody Rome (Indoor)
2011	Cody Rome (Indoor)
2010	Mark Van Orden (Outdoor)
	Mark Van Orden (Indoor)
2009	Mark Van Orden (Indoor)
2006	Michael Niemi (Outdoor)
	· · · · · · · · · · · · · · · · · · ·

### PATRIOT LEAGUE ALL-ACADEMIC TEAM

Year	Name (Season)
2022	Baynes Autrey (Indoor)
	John Bowers (Outdoor)
	Brett Brady (Outdoor)
	Brett Brady (Indoor)
	Ashwin Briggs (Outdoor)
	Ashwin Briggs (Indoor)
	Sean Casey (Outdoor)
	Sean Casey (Indoor)
	Miguel Mathias (Outdoor)
	Braden Presser (Outdoor
2021	Ashwin Briggs (Outdoor)
	Ashwin Briggs (Indoor)
	Sean Casey (Outdoor)
	Sean Casey (Indoor)

	Derek Gess (Indoor)				
	David Huizenga (Indoor)				
	Thomas Johnstone (Outdoor)				
2020	Ashwin Briggs (Indoor)				
	Jake Brophy (Indoor)				
	Sean Casey (Indoor)				
2019	Jake Brophy (Outdoor)				
	Jake Brophy (Indoor)				
	Stefano Pineda (Outdoor)				
	Stefano Pineda (Indoor)				
	Benjamin Stewart (Outdoor)				
	Benjamin Stewart (Indoor)				
2018	Jake Brophy (Outdoor)				
	Josh Hanna (Indoor)				
	Demetrius Lanier (Indoor)				
	Stefano Pineda (Outdoor)				
	Stefano Pineda (Indoor)				
	Benjamin Stewart (Outdoor)				
2017	Nate Gainey (Outdoor)				
	Nate Gainey (Indoor)				
	Josh Hanna (Indoor)				
	Stefano Pineda (Outdoor)				
	Benjamin Stewart (Indoor)				
	Sam Williams (Outdoor)				
2016	Sam Peckham (Outdoor)				
	Sam Peckham (Indoor)				
	Nate Gainey (Indoor)				
2015	Tom Buffone (Outdoor)				
	Tom Buffone (Indoor)				
	Nate Gainey (Indoor)				
	Sam Peckham (Outdoor)				
	Sam Peckham (Indoor)				
2014	Brett Bogaard (Outdoor)				
	Brett Bogaard (Indoor)				
	Tom Buffone (Outdoor)				
	Matthew Deisher (Indoor)				
2013	Brett Bogaard (Outdoor)				
	Brett Bogaard (Indoor)				
	Tom Buffone (Outdoor)				
	Jeremy Cadiente (Indoor)				
	Christopher Galvin (Outdoor)				
	Christopher Galvin (Indoor)				
2012	James Pearson (Indoor)				
	Cody Rome (Outdoor)				
	Cody Rome (Indoor)				
2011	Cody Rome (Outdoor)				
	Cody Rome (Indoor)				

PATRIOT LEAGUE ALL-ACADEMIC TEAM

## **ALL-TIME ACADEMIC ACHIEVEMENTS (WOMEN)**

COSIDA ACADEMIC ALL-AMERICANS			
Name (Team)			
Maddie Warrender (3rd)			
Brigid Byrne (1st)			
Brigid Byrne (3rd)			
Kirsten Andrews (1st)			
Kirsten Andrews (3rd)			
Stefani Green (2nd)			

## COSIDA ACADEMIC ALL-DISTRICT

(Since 2003)		
Year	Name (Team)	
2022	Annie Taylor	
	Maddie Warrender	
2021	Emma Foster (1st)	
	Sam Orie (1st)	
	Maddie Warrender (1st)	
2020	Emma Foster (1st)	
	Sam Orie (1st)	
	Maddie Warrender (1st)	
2017	Lily Brose (1st)	
	Erin McDonnell (1st)	
	Erin Seiffert (1st)	
	·	

#### **USTFCCCA ALL-ACADEMIC HONOREES**

OOTI OOOA ALL-AOADLIIIO HONOKLLO		
Year	Name	
2022	Ellie Abraham	
	Winter Boese	
	Katie Halbert	
2021	Audrey Fernandez	
	Emma Foster	
	Katie Halbert	
	Ann Jackson	
	Sam Orie	
	Annie Taylor	

### **USA TODAY ALL-ACADEMIC TEAM**

00/1	TODALI ALLE ALGA IDELINIO TEALIN	
Year	Name (Team)	
2008	Vicki Moore (2nd)	

# PATRIOT LEAGUE WOMEN'S SCHOLAR-ATHLETE OF THE YEAR

(All Sports)				
Year				
2013	Brigid Byrne			
2007	Kirsten Andrews			

# PATRIOT LEAGUE TRACK AND FIELD SCHOLAR-ATHLETE OF THE YEAR

Year	Name (Season)
2021	Sam Orie (Indoor)
2013	Brigid Byrne (Outdoor)
2009	Erica Ziel (Outdoor)
	Erica Ziel (Indoor)
2008	Vicki Moore (Outdoor)
	Vicki Moore (Indoor)
2007	Kirsten Andrews (Outdoor)
	Kirsten Andrews (Indoor)
2006	Kirsten Andrews (Outdoor)

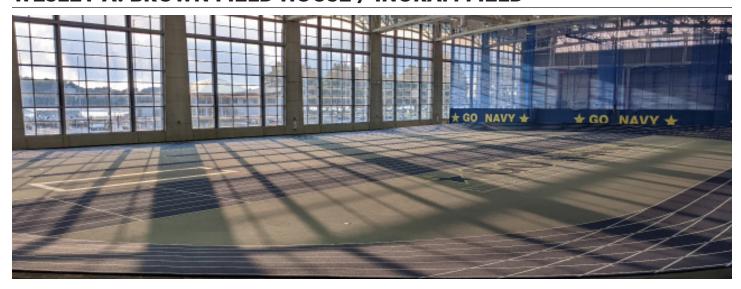
#### Name (Season) Year Ellie Abraham (Outdoor) 2022 Ellie Abraham (Indoor) Katie Halbert (Outdoor) Katie Halbert (Indoor) Sabrina Sutter (Outdoor) Evelyn Berecz (Indoor) Katie Halbert (Outdoor) Molly Mangan (Outdoor) Molly Mangan (Indoor) Sam Orie (Outdoor) Sam Orie (Indoor) Maddie Warrender (Indoor) 2020 Kara Kakascik (Indoor) Sam Orie (Indoor) 2019 Sam Orie (Outdoor) Sam Orie (Indoor) 2017 Lily Brose (Outdoor) 2016 Morgan O'Connor (Outdoor) Morgan O'Connor (Indoor) 2015 Sarah Bernhardt (Indoor) Shannon Cuthbert (Outdoor) 2014 Emily Jensen (Outdoor) 2013 Annie-Norah Beveridge (Outdoor) Annie-Norah Beveridge (Indoor)

Brigid Byrne (Outdoor) Brigid Byrne (Indoor)

Brigid Byrne (Outdoor) Brigid Byrne (Indoor) Brigid Byrne (Outdoor) Brigid Byrne (Indoor) Liz Milewski (Indoor)

2012

## **WESLEY A. BROWN FIELD HOUSE / INGRAM FIELD**



#### **WESLEY A. BROWN FIELD HOUSE**

Built facing the scenic Severn River in 2008, the Wesley A. Brown Field House is a 140,000-square-foot multi-function athletic facility that has served as the home for the Naval Academy's men's track & field program.

The facility boasts a unique combination of a 76,000-square-foot retractable Magic Carpet Astroturf system and a Mondo track surface with hydraulically controlled banked curves. The 200-meter hydraulic banked track is one of only four of its kind in the United States. It also features dual pole vault/jumping runways and throwing areas.

State-of-the-art weight training and sports medicine facilities, as well as equipment storage areas round out this newest crown jewel to the Navy athletics arsenal.

The facility is named for the late Lieutenant Commander Wesley A. Brown, CEC, USN, (Ret.), the first African American to graduate from the U.S. Naval Academy.

Brown was born April 3, 1927 in Baltimore, Md. He graduated from Dunbar High School in Washington, D.C., where he was Cadet Corps Regimental Commander during his senior year.

Nominated for admission by New York Congressman Adam Clayton Powell, Brown entered the Academy in 1945 and graduated in June of 1949. Lt. Cmdr. Brown, a veteran of World War II, the Korean and Vietnam Wars, retired in June

1969 after serving 20 years in the Navy's Civil Engineer Corps. He holds the Navy Commendation Medal, World War II and Korean War Victory, Korean Service, and American Theater and Antarctic Service Ribbons.

Brown passed away in 2012.

### **INGRAM FIELD**

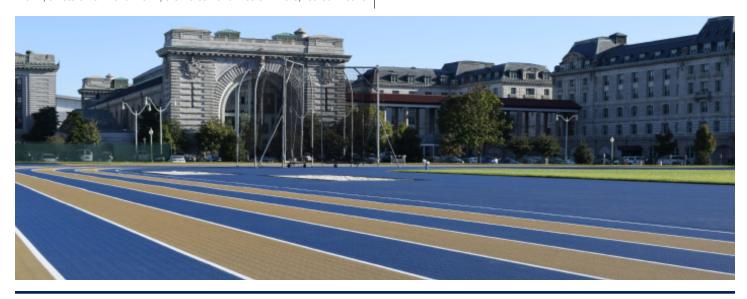
The all-weather MONDO track located northeast of Michelson Hall and Chauvenet Hall is the site of Navy's outdoor track and field meets.

Considered to be one of the premier facilities in the United States, it is named in honor of Vice Admiral Jonas H. Ingram, who commanded the U.S. South Atlantic Fleet during World War II. He was also the Naval Academy Director of Athletics from 1925-1930.

The track underwent a \$1.7 million renovation in the fall of 2001, with new all-weather surfacing placed on the quarter-mile oval and jump areas.

The field area boasts six shot put circles, a discus-throwing circle and a javelin throwing area in the middle of the track. The field has four long/triple jump pits and a "D" zone that allows two high jump areas to be used concurrently.

The facility is also equipped with lights and Navy regularly holds 'twilight' meets at the facility. Additionally, the facility also features a Daktronics scoreboard, which displays current times and marks during meets.







## **WESLEY A. BROWN FIELD HOUSE FACILITY RECORDS**

Event	M/W	Name	School	Time / Distance	Date
60m Dash	М	Reggie Dixon	Hampton	6.70	12/04/2010
60m Dash	W	Jada Seaman	Virginia	7.46	02/01/2020
200m Dash	М	Devon Allen	Unattached / Team USA	20.94	01/27/2018
200m Dash	W	Calli McMullen	Army West Point	23.82	02/08/2020
400m Run	М	Keon Rantin	Morgan State	47.50	02/01/2020
400m Run	W	Stephanie Davis	South Carolina	54.58	01/13/2018
500m Run	М	John Finnegan	Navy	1:02.02	02/17/2019
500m Run	W	Lenora Guion-Firmin	Maryland-Eastern Shore	1:12.11	01/14/2012
800m Run	М	Clyde Wilson	Army West Point	1:50.70	02/22/2015
800m Run	W	Jess Palacio	Navy	2:07.27	02/10/2011
1,000m Run	М	Ashwin Briggs	Navy	2:22.58	01/30/2021
1,000m Run	W	Rachel McArthur	Villanova	2:46.51	01/12/2019
1-Mile Run	М	Stephen Schroeder	Navy	4:01.49	01/30/2016
1-Mile Run	W	Nicole Hutchinson	Villanova	4:38.18	01/12/2019
3,000m Run	М	Stephen Schroeder	Navy	7:58.61	01/31/2015
3,000m Run	W	Autumn Eastman	Georgetown	9:43.99	12/05/2017
5,000m Run	М	Andrew Hanko	Navy	14:03.10	02/19/2011
5,000m Run	W	Shelby Stableford	Boston University	16:53.52	02/21/2015
60m Hurdles	М	Devon Allen	Unattached / Team USA	7.64	01/27/2018
60m Hurdles	W	DeAna Forbes	James Madison	8.53	12/05/2017
4x400m Relay	М	E.Hughey, C.Hurd, S.Petsch, J.Finnegan	Navy	3:12.03	02/17/2019
4x400m Relay	W	C.Edwards, K.Kakascik, C.Alfieri, M.Mangan	Navy	3:42.73	02/08/2020
4x800m Relay	М	Tobias, Westwood, Jagelsky, Garcia-Garrison	Bucknell	7:28.36	02/22/2015
4x800m Relay	W	M.Casey, S.Antonioli, J.Sessions, C.Severe	Lehigh	8:48.80	02/17/2019
Distance Medley Relay	М	C.Comber, L.Wetzel, A.Marston, T.Potts	Villanova	9:49.57	01/12/2019
Distance Medley Relay	W	L.Olivere, K.Ciluffo, N.Hutchinson, A.Campbell	Villanova	11:25.22	01/12/2019
High Jump	М	Brenton Foster	Virginia	2.21m (7-03.00)	02/01/2020
High Jump	W	Several Tied		1.80m (5-10.75)	//
Pole Vault	М	Michael Fairbanks	William & Mary	5.43m (17-09.75)	03/27/2021
Pole Vault	W	Charlene Morke	Navy	4.08m (13-04.50)	02/21/2020
Long Jump	М	Caden Dailey	Navy	7.58m (24-10.50)	02/27/2021
Long Jump	W	Rougui Sow	South Carolina	6.21m (20-04.50)	01/13/2018
Triple Jump	М	Damon McLean	Princeton	15.55m (51-00.25)	01/26/2013
Triple Jump	W	Hanifah Abdulqadir	South Carolina	13.04m (42-09.50)	01/13/2018
Shot Put	М	Jeff Kline	Maryland	19.65m (64-05.75)	12/03/2022
Shot Put	W	Maura Kimmel	Penn	16.71m (54-10.00)	01/12/2019
Weight Throw	М	Adam Kelly	Princeton	21.41m (70-03.00)	01/06/2018
Weight Throw	W	Sam Orie	Navy	19.88m (65-02.75)	02/27/2021
Heptathlon	М	Joe Delgado	Unattached	5,775 pts.	01/18/2020
Pentathlon	W	Ashley Adams	Towson	3,766 pts.	02/10/2011



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## **INGRAM FIELD FACILITY RECORDS**

Event	M/W	Name	School	Time / Distance	Date
100m Dash	М	Clay Stackhouse	Navy	10.20	<i></i> /1990
100m Dash	W	Loni Forsythe	Navy	11.74	04/16/2005
200m Dash	М	F. Budd	Villanova	20.50 (y)	//1961
200m Dash	W	Ebony Thomas	Army	24.15	05/03/2008
400m Dash	М	Michael Greene	Navy	46.16	<i></i> /1986
400m Dash	W	Tineisha Davis	Navy	54.16	04/16/2005
800m Dash	M	R. Smith	Princeton	1:49.00	//2002
800m Dash	W	Louisa Gerritz	Yale	2:07.50	05/10/1986
1,500m Run	M	Ron Harris	Navy	3:42.84	<i>—</i> / <i>—</i> /1987
1,500m Run	W	Kristin Manwaring	Dartmouth	4:22.89	05/06/1995
5,000m Run	М	M. Layman	Air Force	13:55.80	<i>—</i> / <i>—</i> /1982
5,000m Run	W	Andrea Claeson	Boston University	16:20.92	05/07/2022
10,000m Run	М	G. Whitney	Cornell	29:17.80	//1986
10,000m Run	W	Deidre Milligan	Dartmouth	33:51.62	05/06/1995
110m Hurdles	М	Devon Allen	Nike	13.12	04/23/2022
100m Hurdles	W	Jailya Ash	UConn	13.64	04/23/2022
400m Hurdles	М	Wellington Ventura	UConn	50.97	04/17/2021
400m Hurdles	W	Gabrielle Davis	UConn	59.47	04/23/2022
3,000m Steeplechase	М	M. King	Cornell	8:44.27	//2002
3,000m Steeplechase	W	Ellie Abraham	Navy	10:28.52	05/07/2022
4x100m Relay	М	A. Watson, A. Pierce, E. Lexo, D. Lanier	Navy	40.14	04/06/2019
4x100m Relay	W	A. Henson, C. Edwards, R. Tugade, C. Alfieri	Navy	46.11	04/06/2019
4x400m Relay	М	Johnson, Brown, Reevers, Snoddy	U.S. All Stars	3:09.78 (y)	//1982
4x400m Relay	W	C. Edwards, L. Heaton, K. Kakascik, A. Agana	Navy	3:44.42	04/06/2019
High Jump	М	T. Harris	Princeton	2.31m (7-07.00)	//2002
High Jump	W	Allison Barwise	Boston U.	1.89m (6-02.25)	05/03/2014
Pole Vault	M	Tom Delaney	Navy	5.26m (17-03.00)	//2002
Pole Vault	W	Emma Chee	UConn	4.23m (13-10.50)	04/23/2022
Long Jump	M	U. Ikpeowo	Princeton	7.77m (25-06.00)	<i></i> /1995
Long Jump	W	Victoria Rybalko	Maine	6.14m (20-01.75)	03/22/2003
Triple Jump	M	T. Wreh	Penn	16.28m (53-05.00)	//2002
Triple Jump	W	Leah Blackall	Maryland	12.74m (41-09.75)	03/30/2019
Shot Put	M	C.J. Hunter	Penn State	19.25m (63-02.00)	//1990
Shot Put	W	Vanessa Henry	UMES	15.57m (51-01.00)	03/24/2012
Discus	M	John Campbell	Navy	57.18m (187-07)	<i></i> /1969
Discus	W	Obiageri Amachi	Unattached	56.28m (184-08)	05/05/2021
Hammer Throw	M	Ted Bregar	Navy	66.59m (218-05)	//1974
Hammer Throw	W	Emily Fink	Army	63.60m (208-08)	05/06/2022
Javelin *	M	Austin Cook	Army	72.08m (236-06)	04/03/2021
Javelin	W	Emma Foster	Navy	51.97m (170-06)	04/03/2021
Decathlon	M	Joe Delgado	Unattached	7,882 pts.	04/17/2021
Heptathlon	W	Allison Barwise	Boston U.	5,628 pts.	05/03/2014

\*\*D. Reese (Maryland) set the old javelin record of 77.59m (254-06.004) in 1969. Javelins were redigned prior to the 1986 season.\*\*



## **PATRIOT LEAGUE**

Now in its fourth decade as an all-sport conference combining academic and athletic excellence, the Patriot League sponsors championships in 24 men's and women's sports. Initially started as an NCAA Division I-AA football conference in 1986, the Patriot League became an all-sport conference in 1990 and includes American, Army West Point, Boston University, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh, Loyola Maryland and Navy as full members, and Fordham, Georgetown, MIT and Richmond as associate members. These institutions are among the oldest and most prestigious in the nation and their alumni have and continue to play leadership roles in shaping our country.

The Patriot League's mission is simple: to provide successful competitive athletic experiences while maintaining high academic standards, and to prepare its student-athletes to be leaders in society. During the 2021-22 academic year, Patriot League student-athletes and teams accomplished the following:

- ★ The League's 96 percent graduation success rate (GSR) is the second-best mark in the nation, finishing in the top three each year since the rating has been released in 2013. All 10 member schools were at 91 percent or higher, each exceeding the record-high national GSR of 89 percent. In addition, the League's 86 percent Federal Graduation Rate (FGR) places it as the national leader for the ninth-consecutive year.
- ★ 14 student-athletes earned CoSIDA Academic All-America recognition including first-team accolades for Loyola Maryland's Elli Kluegel (Women's At-Large, Lacrosse), Navy's Sean Casey (Men's Track & Field/Cross Country) and Matt Nocita (Men's Soccer). Second-team honorees include Fordham's Ryan Greenhagen (Football), Georgetown's Ahmad Wilson (Football), Loyola Maryland's Paige Sim (Women's Soccer) and Aidan Olmstead (Men's At-Large, Lacrosse), and Navy's Ashwin Briggs (Men's Track & Field/Cross Country) and Chloe Dawson (Women's Soccer). Third-team honorees include Boston University's Emily Gant (Softball), Lehigh's Seth Slavin (Men's Track & Field/Cross Country), Navy's Brett Brady (Men's Track & Field/Cross Country), Derrick Thompson (Men's At-Large, Tennis) and Maddie Warrender (Women's Track & Field/Cross Country).
- ★ 38 Patriot League student-athletes received CoSIDA Academic All-District recognition.
- ★ There were 3,502 student-athletes named to the Patriot League Academic Honor Roll in 2021-22. The total marked the fifth-consecutive year the League has topped 3,000 honorees.
- ★ Loyola Maryland's Elli Kluegel (Women's Lacrosse) and Aidan Olmstead (Men's Lacrosse) were named the Patriot League Female and Male Scholar-Athlete of the Year honorees, respectively. Both were repeat honorees.
- ★ Lehigh's Kara Bonner (Women's Cross Country/Track & Field) and Loyola Maryland's Jake Fowler (Men's Cross Country) were named the League's 2021-22 Sportsmanship Award winners for demonstrating fairness, equality and excellence in academics and athletics.
- ★ Navy's Sydney Harrington (Women's Swimming & Diving) and Victoria Tran (Women's Soccer) was the League's nominee for the 2021-22 NCAA Woman of the Year award, honoring the academic achievements, athletics excellence, community service and leadership of graduating female college athletes.



- ★ Four Patriot League student-athletes were recognized among the 2021-22 Senior CLASS Award winners and finalists. Navy's **Christian Policelli** (Baseball) was the 2022 Senior CLASS Award winner in baseball. Lehigh's Tommy Schelling (Men's Lacrosse) received Senior CLASS Award First Team honors, with Loyola Maryland's Aidan Olmstead (Men's Lacrosse) making the second-team in men's lacrosse. Navy's **Matt Nocita** (Men's Soccer) claimed Senior CLASS Award Second Team honors in men's soccer.
- ★ Twenty-eight Patriot Leaguers were All-America selections during the 2021-22 athletic year with first-team status for Army West Point's Brendan Nichtern (Men's Lacrosse), Boston University's Roy Meyer (Men's Lacrosse), Fordham's Nick Zakelj (Football), Holy Cross's Jacob Dobbs (Football) and Loyola Maryland's Katie Detwiler (Women's Lacrosse).
- ★ Lehigh's Adam Retzbach was selected in the 14th round (407th overall) of the 2022 Major League Baseball (MLB) Draft by the Baltimore Orioles. Two Patriot League student-athletes were selected in the 2022 Major League Soccer (MLS) Super Draft, including Navy's Matt Nocita, who was selected in the 1st round (7th overall) by the New York Red Bulls, and Loyola Maryland's Justin Ingram, who was taken in the second round (48th overall) by Inter Miami. Three Patriot League men's lacrosse student-athletes were selected in the 2022 Premier Lacrosse League (PLL) College Draft, including Army West Point's Brendan Nichtern (2nd Rd., 9th overall) and Loyola Maryland's Ryan McNulty (3rd Rd., 17th overall) and Kevin Lindley (4th Rd., 32nd overall).
- ★ Navy collected its eighth-consecutive Patriot League Presidents' Cup following the 2021-22 academic year. The Mids broke Bucknell's previous record of seven-straight titles. Army West Point finished atop the men's standings, while Navy topped the women's standings.
- ★ Navy's **Hannah Montau** (Women's Diving) qualified for the NCAA Women's Swimming and Diving for the fourth time in her career. Navy's Caleb Mauldin (Men's Swimming) was invited to the NCAA Men's Swimming and Diving Championship.
- ★ The Patriot League continues to lead the 32 NCAA Division I conferences in both Academic Progress Rate (APR) and retention trends by conference. In the latest release of data by the NCAA, the League is second in eligibility trends by conference. The League had 165 of its 195 teams score at or above the national average multi-year APR of 984. Seventy-one squads earned a perfect score of 1,000.









