

# Leisure World News

OF MARYLAND

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## A Sort of Homecoming

*75 Years After His Death in World War II, Resident's Uncle's Remains are Discovered*



1st Lt. Howard Lurcott, standing, second from right, was a pilot whose plane crashed off Betio Island in the South Pacific. Photos courtesy (media.defense.gov)

by Stacy Smith, Leisure World News

Thoughts of the uncle she never knew have preoccupied Janice Hechler ever since she received the call informing her that his remains, once missing amid the chaos and calamity of World War II, had been found.

Hechler's uncle, 1st Lt. Howard T. Lurcott, was an Army Air Force pilot who had been listed as missing in action and declared dead after the bomber plane he was flying crashed into a lagoon off Betio Island in the South Pacific on Jan. 21, 1944. Hechler was just three years

old at the time.

"The family never talked about it," she said, not even when, in a morbid coincidence, Lurcott's younger brother perished in a Navy plane crash decades later.

The military officially declared the older Lurcott's remains "non-recoverable" in 1949. But in 2017, History Flight, a non-profit civilian organization that works with the military to find, recover and repatriate the U.S.'s war dead to American soil, discovered a portion of his remains buried in a wooden coffin in an abandoned cemetery on Betio Island. Dozens of other

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## County Planning Board Approves Building's Site Plan



A revised rendering of the planned Administration Building. Screenshot by Leisure World News

by Stacy Smith,  
Leisure World News

The Montgomery County planning board voted unanimously to approve Leisure World's site

plan application for the Administration Building and Clubhouse I Site Improvements project at its public hearing on March 28. The site plan application

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## Board of Directors Adopts Amended Policies

by Stacy Smith, Leisure World News

The Leisure World Community Corporation (LWCC) board of directors approved a revision to its standing rule 1.5 concerning proposals for action at its regular meeting on March 26.

Whereas the standing rule formerly directed the LWCC executive committee to forward all proposals for action to the board of directors to be included in the next meeting packet, the rule's revision allows the executive committee discretion to return proposals

for action when clarification or additional information is needed.

The amended rule will also allow the executive committee to "assure that any proposal for action is properly prepared and clear before presenting it to the board of directors."

"We want to make sure that what this board gets is clear and succinct, with all the information [needed]," board chair Paul Eisenhaur said.

### Open Forum

The board also approved

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For an update on Leisure World's tree population, **see page 5.**

## Spotlight on...

# Writers of Leisure World

by Kimberly Y. Choi,  
Leisure World News

Fifteen of the Writers of Leisure World recently contributed essays and poetry to a self-published anthology titled "Lessons of Life: Wisdom from an Ageless Generation."

For several of them, this is their first time being published.

Member Bobbie Troy, whose poetry often concerns aging and mortality, suggests that as people get older, they gain a propensity to look back upon their memories and record their feelings.

Some of the memoir writers write to pass along their life experiences to their families.

### Sharing and Listening

In the brief five minutes members are allotted to read their work at each meeting of the Group, they stir emotion and inspire discussion.

In the past, members critiqued each other's pieces, but the Group has since decided to concentrate on the acts of sharing and listening, according to member Grace Cooper.

Beginners and the widely published are heard alike. The Group includes English professors and playwrights such as Cooper, whose plays have been produced, as well as people who have newly discovered the joy of writing.

Radha Pillai, the Writers' outgoing president, was not a writer before coming to Leisure World but joined because she knew she would love it.

Her membership motivates her to produce a piece to read at each Group meeting, she says.

### Intimacy in Word

The Writers come to know their fellows deeply through the exchange of writings, whether they be an observation about one's own life or a description of the wild thrill of deer hunting, in the case

of new Group president Woody Shields.

At one meeting, Troy recited her poem "I Speak to You," which she would like to have read posthumously. Another Group member even asked Troy's permission to have the poem read at her own service.

"You can't help but make friends in a Group like that," Troy says. "Some of my best friends in my whole life I have made in the Writers' Group."

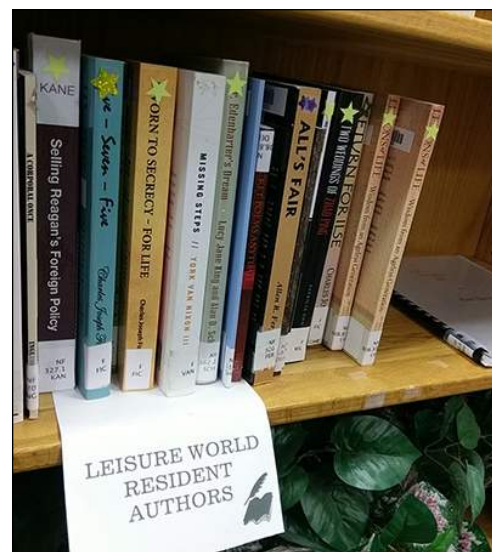
The Group is "like a microcosm of the whole community," Troy says. Members bring a diversity of backgrounds into their work.

The Writers' pieces are still on their minds when they go to lunch together after a meeting. Over their meals, members continue to talk about their writings and the stories behind them.

### Published Writers

Shields took on the laborious project of self-publishing "Lessons of Life," and all residents are invited to celebrate the anthology's publication with a party and readings by the authors on Thursday, May 2, at 11 a.m. in Clubhouse I.

The library in Clubhouse I

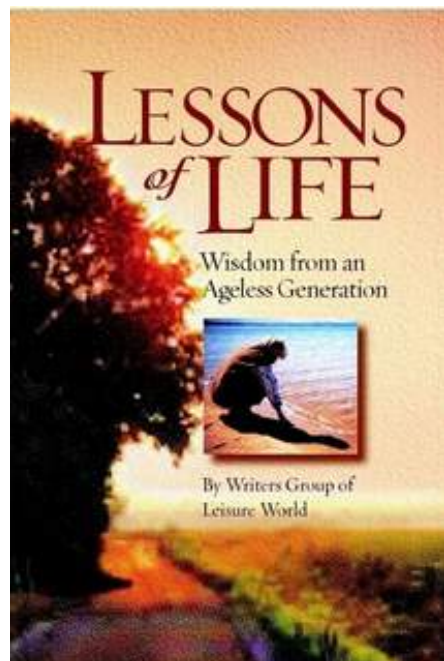


Two copies of the Writers of Leisure World's self-published book sit on the resident author's shelf in the library in Clubhouse I. Photo by Kimberly Y. Choi, Leisure World News

holds two copies of the book. It can also be purchased on Lulu and Amazon and will be available at the party at a discounted \$9.

In her introduction to the book, Pillai writes, "[w]e have woven our lives together with our written words into a delightful social community, eliciting emotions from laughter to tears. What a wonderful friendship we have created!"

The Writers of Leisure World is open to all residents. They meet on the first and third Thursdays of the month at 11 a.m. in Clubhouse I.



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## Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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# Homecoming

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servicemen’s remains were discovered along with him. Scientists used DNA and dental analysis to identify Lurcott. From this, they were also able to locate more of his remains among the unknown military personnel reinterred in the National Memorial Cemetery of the Pacific in Honolulu, Hawaii. Michael Mee, chief of identifications in the Army’s Past Conflict Repatriations Branch, traveled to Hechler’s Montgomery Mutual apartment on March 6 to share this information with her in person. Hechler received her uncle’s Meritorious Service Medal, awarded posthumously, along with a thick folder of details about his life and the circumstances surrounding his death – everything from a rendering of his reconstructed skeleton, to family letters and photos of the artifacts found with him, which included a sledgehammer, belt buckle and three buttons.

“I couldn’t believe it,” she said. “I thought for all these years there was nothing on this Earth that proved he existed.” Just 26 years old at the time of his death, Lurcott was on a bombing mission with the 38th Bombardment Squadron when his B-24 Liberator, named “Galloping Gus,” climbed approximately 300 feet in the air and then faltered shortly after takeoff, crashing about three miles from the runway. Water in the engine was presumed to be the cause of the crash. Nine other servicemen aboard the aircraft were also killed. Today, remnants of the plane are washed ashore, its wings visible at low tide, according to a channel WUSA9 TV report about the discovery of Lurcott’s remains that aired March 15. A black and white photo of Lurcott posing in uniform with his crewmates is shown in the TV segment. When enlarged, the photo reveals just how slight of frame he

was; his crest-fallen expression seems to foretell his fate. Hechler said she’d never even seen a photo of her uncle before the military contacted her. “He looks like such a little boy,” she said. “And his eyes look so sad.” Lurcott’s remains will be flown to Reagan National Airport for a military funeral at Arlington National Cemetery later this year, which Hechler is planning to attend. She would like her uncle to join his younger brother in the adjacent cemetery plot. “I just want to do right by him,” she said. Several military members are expected to attend the funeral to pay their respects, and she hopes that perhaps a few World War II veterans will be among them.



Montgomery Mutual resident Janice Hechler is interviewed about her uncle during a WUSA9 TV segment that aired March 15. Screenshot by Leisure World News

More than 72,000 service members still remain unaccounted for from World War II, according to the Defense POW/MIA Accounting Agency’s website. Some have been buried with honors as unknowns or officially buried at sea, while others are listed as lost at sea or MIA. Lurcott’s name is recorded on the Courts of the Missing at the National Memorial Cemetery of the Pacific in Honolulu, Hawaii. A rosette will be carved next to his name to indicate he has been accounted for.

# Board

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revisions to the LWCC open forum policy that define the policy’s purpose, amend some its procedures and add provisions regarding how residents’ questions will be addressed. Questions pertaining to an action item “will be answered either by the [board] chair or other appropriate person, if possible.” Questions raised during open forum at the end of a meeting will also be responded to either by the chair or another appropriate person, if possible, and “at the chair’s discretion,” according to the policy’s revised procedures. Any questions that need research in order to provide a correct response will be noted, and a response will be provided at the next board meeting. The purpose of the open forum policy is to “provide residents designated opportunities to speak at LWCC board and committee meetings in accor-

dance with the Maryland HOA Act and to ensure the business of the LWCC is completed thoughtfully and efficiently.” To view the revised LWCC open forum policy, sign in to (residents.lwmc.com), and click on “Documents” under the Documents dropdown arrow. In the Resource Center, click on the “Board of Directors” folder, and then on the “Open Forum Policy 2019” document.

**Position Description** The board approved a position description for general manager created by the Special Personnel Committee in March. The description includes detailed responsibilities in the areas of leadership, management, financial performance and human resources. The entire position description is available on (residents.lwmc.com) in the March 26 agenda packet.

**Postponements** The board chose to postpone taking action on several resolutions, which included:

- the Audit and Budget and Finance Advisory Committees’ recommendation to have the 2018 fiscal year deficit of \$12,301 carried forward and charged against future budget surpluses, and not charged back to the mutuals
- the Audit Advisory Committee’s recommendation to approve the 2018 Audit Report for the Leisure World of Maryland Trust, performed by the CPA firm of Malvin, Riggins & Company as amended
- the Community Planning

Advisory Committee’s resolution to adopt and use Leisure World Design Principles for Trust facility projects

- the Golf and Greens Advisory Committee’s recommended charter amendments

The next regular meeting of the LWCC board of directors is scheduled for Tuesday, April 30, at 9:30 a.m. in Clubhouse I. LWCC board meetings are open to all residents unless legally closed.

## Site Plan

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calls for the construction of a two-level building adjacent to Clubhouse I that will provide residential services, as well as reconfigured parking facilities, pedestrian accessibility to Clubhouse I, further improvements to the Clubhouse I restaurants and extensive landscaping and tree plantings throughout the site. With the planning board

deferring action on the site plan nearly a year and a half ago, Leisure World made revisions to the plan that were requested by the planning board, which include improvements to the Administration Building’s entryway access and pedestrian access from the parking lot to it. For more information about the site plan application, visit (<https://montgomeryplanningboard.org/agenda-item/march-28-2019/>), and scroll to “Item 6.”

# GOVERNANCE & Information

Security and Transportation Advisory Committee

## A Reminder to Drive Carefully

by Joyce Temple

The speed limit on Leisure World Boulevard is 30 mph, and signs are posted throughout the community reminding motorists of the speed limit. The Security and Transportation Advisory Committee is concerned about residents' safety and is initiating a campaign to encourage safe driving habits.

Be mindful of the car's speedometer while driving. Residents and visitors driving in excess of 30 mph are violating the posted speed limit. Remember that there are numerous pedestrians, on foot and in wheelchairs, who have the right-of-way in crosswalks.

Driving safely throughout the community helps ensure the safety of your neighbors and friends.



Photo by Leisure World News

Dial 301-598-1313  
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**2019 Broadcast Schedule - Channel 974**

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

<b>Executive Committee Meeting</b> The April 19 meeting airs on April 24, 25 and 26.	<b>Board of Directors Meeting</b> The April 30 meeting airs on May 6, 8 and 10.
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### Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

### April 11: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, April 11.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial

driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

### Reminder About Room Reservations

from the Education and Recreation Department

Clubhouses I and II have rooms available for Leisure World Clubs, groups and organizations to reserve for a meeting, party or other event. Residents must come to Clubhouse I or II to reserve a room.

The E&R staff works with residents to help them reserve their preferred room, however, reserved rooms may be subject to change. Several factors affect which room a club, group or organization's event may be held in, including the room's size and capacity, items needed for the event, such as microphones or a projector screen, and scheduling conflicts.

When arriving for a scheduled event, check the directory in the clubhouse lobby to see which room it's being held in.

### Leisure World of Maryland Resales

January through March, 2019

MONTH	RESALES	RESALES FUND FEES COLLECTED
January	30	\$118,298.98
February	16	\$59,410.00
March	24	\$93,932.00
<b>TOTAL</b>	70	\$271,640.98

The buyer of a home in Leisure World of Maryland contributes two percent of the home's selling price to the Resales Fund. Currently, those funds are used exclusively for Facilities Enhancement Plan (FEP) projects, which are selected by the Leisure World Community Corporation board of directors.

FEP projects have included the Fitness Center in Clubhouse II and renovations to the restaurant and Maryland Room in Clubhouse I.

# Dead Trees Removed for Residents' Safety

by Leisure World News

**A**sh trees make up about 25 percent of the hardwood trees in Leisure World, but in recent years they have become infested by emerald ash borer, a type of beetle, which has necessitated the trees' removal, said arborist Richard Jones.

Dead trees are removed for the safety of residents, as they or their branches can fall without warning. About 70 trees have been removed from the perimeter of the golf course in recent months, and will be replaced by a different species of tree.

The Grounds Maintenance department and McFall and Berry Inc., Leisure World's landscaping contractor, are working with the Landscaping Advisory Committee to choose



Richard Jones points out holes in a dead ash tree near the golf maintenance area. Photo by Leisure World News

the types of trees that will replace those that have been removed.

The emerald ash borer has killed millions of ash trees across Maryland and the Eastern Shore, according to a University of Maryland report. For questions about Leisure World's tree removal, contact Richard at (301-598-1314).

# CCOC Offers Training for Board Members

by Leisure World News

**T**he Montgomery County Commission on Common Ownership Communities (CCOC) is offering several board member trainings and financial management seminars.

The trainings and seminars are a way for board members to brush up on their knowledge of community governance, finances and budgeting and other related topics. They are located at the CCOC headquarters, 1401 Rockville Pike.

The trainings and seminars are free, but registration is required. Seating is limited, so plan to register early. See below for details and registration information.

- April 8 – “Financial Statement Fundamentals,” 6-8:30 p.m. ([www.eventbrite.com/e/financial-statement-fundamentals-tickets-59453268326](http://www.eventbrite.com/e/financial-statement-fundamentals-tickets-59453268326))
- April 15 – “Budgeting and its Relationship to the Reserve Study,” 6-8:30 p.m. ([www.eventbrite.com/e/budgeting-and-its-relationship-to-the-reserve-study-tickets-59410432202](http://www.eventbrite.com/e/budgeting-and-its-relationship-to-the-reserve-study-tickets-59410432202))
- May 6 – “Community Governance Fundamentals,” 6-9:30 p.m. ([www.eventbrite.com/e/ccoc-board-of-director-training-tickets-55513525449](http://www.eventbrite.com/e/ccoc-board-of-director-training-tickets-55513525449))
- June 3 – “Community Governance Fundamentals,” 6-9:30 p.m. ([www.eventbrite.com/e/ccoc-board-of-director-training-tickets-59465435719](http://www.eventbrite.com/e/ccoc-board-of-director-training-tickets-59465435719))
- June 10 – “Financial Statement Fundamentals,” 6-8:30 p.m. ([www.eventbrite.com/e/financial-statement-fundamentals-tickets-59466632298](http://www.eventbrite.com/e/financial-statement-fundamentals-tickets-59466632298))
- June 17 – “Budgeting and its Relationship to the Reserve Study,” 6-8:30 p.m. ([www.eventbrite.com/e/budgeting-and-its-relationship-to-the-reserve-study-tickets-59468377518](http://www.eventbrite.com/e/budgeting-and-its-relationship-to-the-reserve-study-tickets-59468377518))

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# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

**Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

**Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

**Brevity:** Being concise will ensure that your opinion will have maximum impact.

**Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

**Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.*

## REFERENDUMS FOR LEISURE WORLD

In the name of democracy, military dictator Ayub Khan of Pakistan designed a system of people voting for representatives who will vote for the president. An apparently innocent design, but people could not be fooled; they discarded it. The name is not important. The point is that just voting for representatives to the mutual is not real democracy or self-rule. If we do not want to vote for all officers in Leisure World, we can at least take referendum on important issues.

Once we invite issues for referendum, there will

be suggestions. There was a fierce debate about the current status of giving the whole campus and the whole “real day” to the golfers, versus making some changes. If the residents’ wishes differ from those holding power, and thus should be checked, referendum is the only option.

– Japoprata Choudhury

## BULK INTERNET

With regard to the bulk contract the Leisure World Community Corporation (LWCC) board is negotiating on behalf of all Leisure World residents, it is my understanding after attending a meeting

on March 6, that after a negotiating process with multiple companies, the LWCC board is set to make a deal with Comcast if the particulars can be agreed upon. Making a deal with Comcast is intuitive since we already have cable TV service from them and Comcast has exiting infrastructure. They would have to do less work to bring us on board for internet service, therefore the cost will be less. This was reported to be the case at the meeting. It makes sense.

As far as those residents who do not want to change their internet provider or do not have a computer, these people need to realize when an entity is undertaking an initiative for the greater good, some people will be inconvenienced. This is not an issue that can be looked at from an individual perspective. The cost that was mentioned in the meeting was \$30 per month for the next 10 years for high-speed internet! I think most people would be hard pressed to find that price anywhere for high-speed internet from anyone for that duration. Another resident wrote last month in this column in opposition to the deal: “Right now any resident can get internet access at the speed they need, at a cost they can afford, from the provider they want.” That simply is not true. I pay \$82 a month for mine and another resident at the meeting stated he pays \$90 a month. This deal would be a great savings.

Since Comcast will not allow any residents to opt out of this contract to get this great deal, it was reported in the meeting if a resident legitimately cannot afford to pay for internet service, each mutual will work with them to make accommodations. The process for this has not been determined. I

suggest we support the LWCC board so they are empowered to bring this deal home for us!

– Barbara Shavatt

## WHY STRATEGIC PLANNING?

The Special Strategic Planning Committee (SSPC) (which I have the honor of chairing) still gets asked about the value of strategic planning to Leisure World. In trying to help answer that question, the SSPC turns to two of America’s greatest philosophers:

“If you don’t know where you are going, you’ll end up someplace else.”

– Yogi Berra

“By failing to prepare, you are preparing to fail.”

– Benjamin Franklin

Both Berra and Franklin are saying, in their own way, that one must plan if one wants to have some control over the future. Indeed, we can imagine that Berra and Franklin were talking about the value of strategic planning for the future of Leisure World.

The point is that strategic planning will help us know where we want to go in the future and guide us to get there. And we will do this without the “surprises” we have now since we do not have a plan.

Having a plan is critically important since there are many “threats” to the future of Leisure World. Most notably, new communities for 55+ populations are popping up all around us, and each has great living conditions and great amenities and services. These communities are “competing” with us for new residents, and for serving current residents. If we don’t offer as much, or more, than

## SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to (residents. [lwmc.com](http://lwmc.com)) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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our “competitors,” all of us will lose. We will lose since our property values will not be maintained. We will lose since current residents will not have the most desirable and best amenities and services.

Put another way, strategic planning is a way for Leisure World to meet the interests and needs of current residents as well as people who will be choosing to live in a 55+ community.

A critical part of strategic planning is that, for the first time, we will have real data (and not anecdotes) about what residents want in the way of amenities and services. This will enable us to set priorities for getting things we want, and develop a consensus-based roadmap for how to get what we want.

The bottom line is that strategic planning, done as we are doing it now with expert help, will enable Leisure World to continue to thrive and serve its residents, and be the basis of assuring a very high quality future for current and future residents.

– Arthur N. Popper

## THOUGHTS ABOUT THE ADMINISTRATION BUILDING

For a long time, I was ambivalent about the need for a new Administration Building. I could see a possible need, but I was not convinced that the right studies had been done regarding the current Building to say that there was a good cost/benefit ratio in constructing a new Building.

However, several times over the past few months I had to spend time in offices in the current Building. The first time I was there, after about 15 minutes, my eyes started to water quite badly, and I started to have an asthma attack. I did not think much about this at first, but this has now happened every time I go into certain parts of the Building.

I finally realized that I was having a response to mold in the Building. Indeed, I am pretty confident that

my asthma (which lasted for over 12 hours in each case) was from mold since I had a similar reaction in an office I used to occupy at work. In that case, the diagnosis was a clear response to mold and it was subsequently found that mold was coming into my office from air conditioning blowers. Remediation of that problem was time consuming and very expensive! And there are still many rooms in that building, despite the immense work at remediation, that I cannot be in for more than 15 minutes!

Then, a few months ago, it was reported at a meeting of the Leisure World Community Corporation board that there was a need to remediate mold in the Administration Building (I had not mentioned my issue, so I was not responsible for this) at a cost of well over \$50,000. And this was just for a small amount of remediation. But it pointed out that there appears to be a mold problem in the Building, and that the costs for remediation were likely to grow.

The point is that the Admin-

istration Building is old and there are likely water issues (which promote the growth of mold) everywhere. This means that, over time, the mold problem will grow and fester. Clearly, this has real significance for the health and well-being of anyone spending any time in the building. While I am not suggesting I am an expert, I have been told that mold is very hard to clear completely, and it comes back over and over again. Thus, even if we spend hundreds of thousands of dollars on mold remediation in the whole Building, the problem will likely return. Indeed, it is likely that no degree of renovation will completely solve this problem in this old Building.

To my way of thinking, this issue must not be ignored. We need to move forward with a new Building, that meets modern codes and that can be designed so mold and other health issues are prevented. Consequently, we need to stop debate about the Administration Building and build it!

– Arthur N. Popper



## Ask The Expert

### The important changes made to Veteran's Aid and Attendance

### Free Educational Event

### Thursday, April 25th

12:00 pm - 1:30 pm

*Light Lunch to be Served*

If you are a Veteran, a spouse of a Veteran, or a Veteran's surviving spouse, you might be eligible for Aid and Attendance. Learn whether you or a loved one qualifies for Aid and Attendance. At the end of 2018, major changes occurred to the Aid and Attendance benefit. Amy L. Griboff, elder law attorney, will also discuss some of the major changes and planning strategies under the new rules.

**RSVP** [olney@olneymemorycare.com](mailto:olney@olneymemorycare.com) or 301.570.0525

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# EVENTS & *Entertainment*

## ■ Sock Hop Group

### April 6: Experience ‘Sock Hop Live’

by Abigail Murton

To keep toes ‘a tappin,’ the Sock Hop Group presents “Sock Hop Live” with the band Groove Quest on Saturday, April 6, from 7-10 p.m. in Clubhouse II. Admission is \$10 per person.

And then on Saturday, April 27, shimmy on back to Clubhouse II for another

sock hop dance, with great dance music provided by Take Two Entertainment. The dance is from 7-10 p.m., with a \$5 price of admission.



Attendees may bring their own snacks and beverages to both dances.

Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

## ■ AIM (Arts In Motion)

### April 12: Pepe González and Band with Vocalist Imani

by Grace C. Cooper

Pepe González and band, along with vocalist Imani, return to Café AIM on Friday, April 12, in the Clubhouse I Crystal Ballroom

Tickets, \$20 per person, (check only, payable to AIM) are on sale in the Clubhouse I E&R office.

Hors d’oeuvres and snacks are included. Cocktails begin at 5 p.m., and the show starts at 6 p.m.

Reserved tables of eight or more are limited to members only. For more information or to join, visit (AimArts.net).



#### Kristine Key

The next AIM performance will be returning songstress Kristine Key, who will perform on Friday, May 10, in the Clubhouse I Crystal Ballroom.

Tickets for this performance, \$20 per person, (check only, payable to AIM) go on sale beginning Monday, April 15, at 8:30 a.m. in the Clubhouse I E&R office.

## Coming in 2019

The E&R Department is pleased to provide the following programs.

April 13, 9:30 a.m.	Spring Flea Market
April 13, 4:30 p.m.	The Musical Plumer Family
April 16, 1:30 p.m.	Steven Friedman – “Musicals My Grandchildren Should See”
April 27, 7:30 p.m.	Susan Winter – “Rise Up Singing”
April 30, 7 p.m.	Pianist Eric Abrahamson
May 4, 5 p.m.	Kentucky Derby Party – Gregg Harrison Jazz Band

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

## ■ The Inter-Faith Chapel

### April 7: Chamber Singers of The Chesapeake Chorale Perform

by Kevin Clemens

The Chamber Singers of The Chesapeake Chorale of Prince George’s County, Maryland, present a concert on Sunday, April 7, at 3 p.m. at The Inter-Faith Chapel.

The Chamber Singers’ program includes an in-depth exploration of the pairing of words and music. The music of George Frideric Handel will be a central part of the performance, including the thrilling and

inspiring musical selections from his Chandos Anthems and the beloved Coronation Anthems.

The Chamber Singers will pair Handel’s music with contemporary text settings by established and emergent composers. The focus will be on the meaning of the author’s words and on highlighting the distinctive voices of the composers.

The concert is free and open to all residents and their guests.

## ■ Fireside Forum

### April 7: History of the Ethnic Integration of Baseball

by Jonas Weiss

On Sunday, April 7, Phil Hochberg and Jerome Nelson present a program exploring the history of the ethnic integration of baseball.

Nelson is a retired federal administrative law judge and now serves as an arbitrator in the securities industry. He is a lifelong baseball fan, growing up in Boston and rooting for the Red Sox. He is now an Orioles season ticket holder.

Hochberg has a Washington, D.C., law practice specializing in the representation of professional and collegiate sports leagues and teams in regulatory matters and legislation. He also does

public address announcing at sporting events. He was an announcer for the Washington Senators and the Baltimore Orioles, and spent 38 years with the Washington Redskins. In 2013, Hochberg was inducted into the Washington D.C. Sports Hall of Fame at Nationals Park.

For several years, both Nelson and Hochberg taught baseball courses for the Osher Lifelong Learning Institute in Rockville and Columbia. They have given presentations at meetings of the Society for American Baseball Research.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Joan Hecht is the host for the speakers.



# April 12: Smithsonian Presentation on the Empresses of Ancient China

by Stella Shaw

Ancient China was a mysterious country with emperors that possessed God-like power. But do you know that China also had empresses, or what their lives were like?

On Friday, April 12, the Chinese Club hosts Jan Stuart, chief curator of Chinese art at the Smithsonian Institution's Freer and Sackler Galleries, to give a presentation on the galleries' exhibit, "Empresses of China's Forbidden City, 1644-1912." The free presentation is from 10-11 a.m. in Clubhouse I, and all residents are welcome to attend.

## About the Exhibit

The lives of the Qing dynasty empresses offer a compelling tale of opulence and influence as told in this first-ever, in-depth exhibition of the subject. From



At left, Empress Xiaoxian of the Qing dynasty. Photo by Walter Silver. At right, art curator Jan Stuart, courtesy photo



their royal portraits and the costumes they wore, to Buddhist art displayed in the Forbidden City, the exhibition breaks stereotypes by showing how actively the empresses exerted influence in the arts, religion, politics and diplomacy.

Most of the exhibit's artworks are from the Palace Museum in Beijing, China, and many have never been exhibited outside of

China. The exhibit runs through Sunday, June 23, at the Freer and Sackler Galleries in Washington, D.C.

## About the Presenter

Stuart is the first Melvin R. Seiden Curator of Chinese Art. She is currently co-curating and co-editing the exhibition and book, "Empresses of China's Forbidden City, 1644-1912," co-organized with the Peabody

Essex Museum in Salem, Massachusetts, and the Palace Museum in Beijing, China. She works broadly in the area of Chinese art, with a special focus on ceramics, decorative arts, textiles and court arts, including paintings, from the Song through Qing dynasty.

Her presentation will be a great introduction to this art exhibit. Don't miss the opportunity to find out more about China's empresses.

## ■ Education and Recreation Department

# It's Time for the 2019 Spring Flea Market

Join your friends and fellow residents on Saturday, April 13, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room for the semi-annual Leisure World Flea Market.

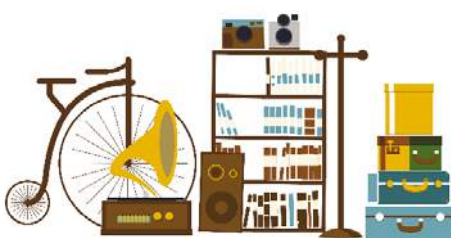
Sign-up for market space has been filled. The last day to cancel and receive a full refund is Friday, April 5. Residents only are eligible to rent vendor space at the market and a resident must be present at the table at all times.

Beginning Saturday, April 13, at 7:30 a.m., numbers will be given out to flea market vendors who want help bringing merchandise into the clubhouse.

Market vendors may begin bringing in their merchandise at 8 a.m. The market will open to the general public at 9:30 a.m.

Keep in mind that clothing offered for sale at the market must be clean and in good condition.

Vendors are reminded that



they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Individuals and organizations are responsible for the collection and payment of sales tax. You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at ([taxes.marylandtaxes.gov/Business\\_Taxes/Business\\_Tax\\_Types/Sales\\_and\\_Use\\_Tax/](http://taxes.marylandtaxes.gov/Business_Taxes/Business_Tax_Types/Sales_and_Use_Tax/)).

Remember, the items you are willing to part with may be your neighbor's sought after treasures.

Join us for a fun-filled day!

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## April 13: The Musical Plumer Family Returns

The Plumer Family returns on Saturday, April 13, to perform an eclectic musical program at 4:30 p.m. in the Clubhouse II auditorium.

Frank Plumer and his three children – Antonio, Julia and Cecilia – perform four hand and six hand piano, violin and songs sung in Italian, Hebrew, Yiddish, French, German, Spanish, Russian and Latin. They present a blend of more serious works and lighter fare to entertain audiences of all ages.

Sponsored by the E&R Department, tickets, \$6 per

person, are on sale in both clubhouses. Please bring your Leisure World ID.

### About the Performers

A musician from the age of four, professional pianist, accordionist and vocalist Frank Plumer performs at the Metropolitan Club as the principal pianist and frequently at the Army Navy Club. He has played at the Hay Adams Hotel, the Four Seasons Hotel in Georgetown, and at the Italian, French, Finnish, Spanish and Uruguayan embassies, as well as performing in Italy and Canada. Plumer has also entertained

many celebrities and Washington luminaries including Hillary Clinton, George W. Bush, Michelle Obama and former Maryland governor Martin O'Malley, among others.

Son Antonio, 18, began piano studies at the age of three. Adopted at the age of two from Bulgaria, Antonio won second place in the International Protégé Romantic Music Competition and performed at Carnegie Hall when he was 12. He placed second at the annual Steinway Piano Competition and performed at the Embassy of Germany.

In 2018, he was a finalist at the Washington International Piano Festival held at the Kennedy Center. Recently, he won the annual concerto competition at Catholic University and will be performing Shostakovich's Piano Concerto No. 2 on May 4, 2019 with the Catholic University Symphony Orchestra, where he is also a percussionist.

Daughters Julia and Cecilia have been playing piano and singing since the age of three. Julia is also in her third year of playing violin with the Peabody



The Musical Plumer Family, courtesy photo

Youth Orchestra. Both daughters have sung with The Washington National Opera Children's Chorus for many years, performing at Strathmore in Bethesda, Maryland, and in the operas "La Bohème," "Carmen," "Hansel and Gretel" and "The Little Prince" at the Kennedy Center.

In fall 2018, the sisters performed "La Bohème" at George Mason University with the Fairfax Symphony Orchestra. This month, Julia and her father will have the honor of playing for Daniel Mulhall, Irish ambassador to the U.S.

### ■ Lions Club of Leisure World

## April 14: Take the Stage Performance Company Returns

by Larry Cohen

Take the Stage Performance Company brings "School of Rock," "Bandstand," "Pajama Game" and "Newsies" to Leisure World on Sunday, April 14, at 7 p.m. in the Clubhouse II auditorium.

Take the Stage is a group of 26 outstanding performers from all over Montgomery County. Their performance is fast-paced, energetic, entertaining and family-friendly.

Susan Thompson, the troupe's artistic director, and local directors/choreographers Tammy Roberts, Donna Reese, Melani Drummer and two New York-based choreographers, Lisa Stevens and Chrissy Whitehead, work on the show.

Stevens is an international, Emmy award and Tony award-nominated Broadway and West End film director and choreographer who won an Olivier award for her work on "Bombay Dreams" in London and most recently choreographed "High School Musical."

Whitehead is a choreographer



Take the Stage Performance Company, courtesy photo

who starred in the Broadway revival company of "A Chorus Line" and in the Broadway company of "Chicago." She is also a former Rockette.

Tickets, \$10 per person, are checks only, payable to LW Lions Club, and available for purchase beginning on Friday, April 5, at 8:30 a.m. in the Clubhouse I E&R office. Tickets will also be available at the door on the day of the event (check or cash).

Revenue from the performance will help to fund Lions activities, such as Camp Merrick and the Leader Dog program, the eyeglasses program and a program to help the homeless in Montgomery County, as well as helping Leisure World's social workers assist needy residents.



### ■ Education and Recreation Department

## April 16: 'Musicals My Grandchildren Should See'

Steve Friedman's program on the history of Broadway, scheduled for Tuesday, April 16, at 1:30 p.m., has been moved from Clubhouse I to the Clubhouse II auditorium.

Using song and lecture, Friedman explores how Broadway's plays were transformed into musicals.

Your grandchildren all know about recent Broadway shows like "Dear Evan Hansen" and "Hamilton," but the gems of our era of musical theatre may be a mystery to them. If you want to provide them a great roadmap so they know what they should see when the opportunity arises, then this is a lecture for you.

This will not just be a list of "see this" or "see that," but will include the reasons why certain musicals can have an impact on young people today. These great musicals offer a different vantage point and lessons that can be learned.

Come share with anecdotes and songs from some of the greatest musicals ever staged, and why they are relevant for today's younger crowd.

Tickets are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



Steve Friedman, photo by Leisure World News

# April 27: Jazz Vocalist Performs ‘Rise Up Singing’

The E&R Department and the Foundation of Leisure World are pleased to introduce jazz vocalist Susan Winter to Leisure World.

Winter brings her show, “Rise Up Singing,” to the Clubhouse II auditorium on Saturday, April 27, at 7:30 p.m.

We live in a time of political, social and economic turmoil and feel a need for healing. Winter believes that music is that healer.

Working with musical director Alex Rybeck, Winter presents a program that reminds one that music, used as political, social and cultural commentary, is also a vehicle that can enlighten and uplift.

Directed by Barry Kleinbort,

“Rise Up Singing” features songs that draw on diverse and distinct material from movies and Broadway, folklore, Yiddish theater and contemporary artists.

Tickets are \$15 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



Susan Winter, courtesy photo

## About the Performer

An award-winning veteran of New York City’s cabaret scene, Winter now calls Florida her home base. By age 14, Winter was singing at a restaurant for tips and dinner. As a teen she toured with

Bob Carroll and, in her 20s, while teaching full time, was a regular at Catch a Rising Star Comedy Club.

She continued to regularly perform cabaret until she felt her two sons took precedence. Then in 2008, after a 30-year plus hiatus, she returned to her cabaret roots. A year later, in 2009, Winter produced her CD, “Love Rolls On...Live!”, recorded at the Metropolitan Club in New York City, and won the Bistro Award for “Outstanding Vocalist.” Today, Winter continues to hone her shows to keep them relevant to the world around us.

## About the Foundation

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.

If your club or organization has a need, email the Foundation at (foundation@lwmc.com).



## Musical Performances at the Clubhouse Grille

*The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).*

April 10	The Night and Day Band with Mike Suser
April 24	Motown Classics with The Winstons Duo
May 15	“Sax with Mike” Surratt
May 29	Michael Binder, Swing’N On A Star
June 5	Motown Classics with The Winstons Duo

# FLEA MARKET

## FIND YOUR TREASURE!

Saturday, April 13 | 9:30 a.m. to 2 p.m.  
Clubhouse I: Crystal Ballroom • Maryland Room

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# April 28: Experience ‘The Lofoten Islands’ and Take ‘A Scenic Journey Out West’

by Joanne and Larry Mars

**O**n Sunday, April 28, Joanne and Larry Mars, members of the Rossmoor and North Bethesda Camera Clubs, continue their photographic tradition of displaying the natural and man-made beauty they find in the many places they visit.

Their photo essay matinee begins at 3:30 p.m. in the Clubhouse II auditorium, and all residents are invited to attend.

The matinee includes two shows of dramatically diverse scenery – the seascapes, landscapes, fishing villages and birds of the Lofoten Islands of Norway and the multi-varied and imposing imagery found in Utah, Arizona and Nevada. As always, the photo essays are accompanied by beautiful music.

The Lofoten Islands of Norway are in the northwest

corner of the country and lie north of the Arctic Circle. The Islands are dotted with fishing villages, boats and harbors and are surrounded by towering mountain peaks.

A variety of birds live in the Lofotens and, being Norway, a midnight sun appears in spring and summer. The combination of all these elements makes for stunning and colorful scenery in every direction.

Last year, Joanne and Larry visited photo-rich and impressive locations in Utah, Arizona and Nevada, some quite familiar to many and some known only to a few.

Their journey started in Salt Lake City and continued to the imposing peaks of Zion National Park, the mighty amphitheater of Bryce National



At left, a scenic view of Norway. At right, rock formations in White Pocket, Arizona. Photos by Joanne and Larry Mars



Park and the snow covered Cedar Breaks National Monument in Utah.

The highlight of the journey came in White Pocket, Arizona, with its unbelievably other-

worldly rock formations.

Afterwards, they photographed the bright red rock scenery of Valley of Fire State Park in Nevada. The trip ended in Las Vegas, Nevada.

## ■ **Education and Recreation**

# April 30: Pianist Presents a History of Ragtime and Tin Pan Alley

**P**ianist Eric Abrahamson explores the history of Ragtime and early Tin Pan Alley on Tuesday, April 30, at 7 p.m. in the Clubhouse II auditorium.

Abrahamson plays a variety of rags and songs—some familiar and some no so familiar—setting each selection in its historical and musical context and taking the audience on an engaging journey through the America of 1890-1920. The music written during these decades became the foundation for the American music that was to follow.

Sponsored by the E&R department, tickets, \$8 per person, go on sale beginning on Tuesday, April 9, at 8:30 a.m. in both clubhouses. Please bring your Leisure World ID.

### **About the Performer**

Abrahamson, a lifelong resident of California, is a composer, arranger, orchestrator, musical director and teacher. He had composed a musical, and his original music has been used in television shows, commercials and amusement parks. He spends much of his time traveling throughout the U.S. playing concerts. “For me, the pleasure of performing comes from forming a connection with my audience and providing a memorably entertaining experience,” he says.

When Abrahamson is not traveling, he can be found directing music for Cedar Point amusement parks, teaching piano or composition, composing or playing ragtime piano on Main Street at Disneyland. He has also produced a CD, “Eric Abrahamson Plays Scott Joplin.”



Pianist Eric Abrahamson, courtesy photo

## ■ **Ballroom Dance Club**

# April 27: Welcome Spring with The Tony Luciano Band

by Joyce Hendrix

**T**he Club’s next dance is Saturday, April 27, with music provided by The Tony Luciano Band, one of the most requested dance trios.

Doors open at 7 p.m. in the Clubhouse I Crystal Ballroom, and the dance is from 7:30-10:30 p.m. To attend, make reservations with Hal Freeman by emailing (bobbihal@aol.com) or calling (301-438-7513).

Suggested attire for the dance is dressy for the ladies and jackets and ties for the gentlemen, no jeans or hats.

Members pay \$10 for admission, and non-members and guests pay \$15 per person, per dance. Resident may purchase an annual membership for \$10 at any dance. Guests must be invited by a Leisure World resident.



All ballroom dances feature live music, played in strict ballroom tempo, including waltzes, both slow and Viennese, foxtrot, swing, rumba, cha cha, samba, tango,

merengue, quickstep and polkas. Put on your dancing shoes and come dance with us.

# May 4: Race for the Roses at Kentucky Derby Party

On Saturday, May 4, get all gussied up (optional) in all your derby finery – with hats and fascinators, bowlers and boaters – and join the fun in the Clubhouse I Crystal Ballroom as you cheer for your favorite Kentucky Derby horse. Try your luck at picking the race winner, and maybe be the one who'll take home a bouquet of roses!

Doors open at 5 p.m. Snacks and light hors d'oeuvres will be available, as well as a cash bar with specialty drinks just for the occasion.

Listen and dance to the music of the Greg Harrison Jazz Band, beginning at 5:30 p.m. until race time and again after the race.

The race will be streamed live on a wide-screen TV. The race-horses' walk from the barn to the Paddock begins at 6:06 p.m.,

with the call for "Riders Up!" at 6:31 p.m. Join in the singing of "My Old Kentucky Home" and, at 6:50 p.m., watch what may be the most exciting two minutes in sports as the announcer proclaims, "They're off!"

When arriving at the Ballroom, each attendee receives a ballot on which to enter their top three picks for Derby winner, plus selects a 'blind' pick for any horse in the race. With two 'betting tickets' in hand, each person has a shot at winning a bouquet of red roses – in keeping with Kentucky Derby tradition!

In addition, after the race a winner for the 'best derby hat' in the Ballroom will be announced.

Tickets are \$25 per person and go on sale on Tuesday, April 9, at 8:30 a.m. in both

clubhouse E&R offices. Please bring your Leisure World ID.

### About the Band

The Greg Harrison Jazz Band will play favorites from the '20s, '30s, '40s era swing and New Orleans jazz. The group has performed in the Washington, D.C., metro area for more than 30 years and is a regular at several local restaurants, including Mon Ami Gabi

in Bethesda. Bandleader and founder Greg Harrison knew, at the age of 12, that he wanted to follow in the footsteps of famed jazz clarinetist Pete Fountain. And he had the good fortune to meet Fountain when he was 25. Fountain became his mentor and friend, and today Harrison still strives to honor his mentor's unique sound and style with every performance.

## Hispanos de Leisure World

# April 12: 'Unconscious'

by Carlota "Loty" Goldenberg

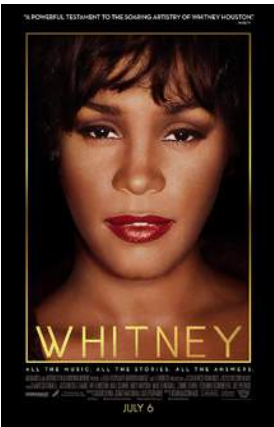
Hispanos de Leisure World present the Spanish film "Unconscious" (2004, 1 hour 40 minutes, comedy/mystery/romance, Spanish with English subtitles, rated R for sexual content including dialogue and some drug material) on Friday, April 12, at 3 p.m. in Clubhouse I.

Directed by Joaquín Oris-

trell and set in Barcelona in 1913, "Unconscious" is about a Freudian psychiatrist who disappears, and his pregnant wife and brother who try to solve the mystery of his disappearance. Some of the mystery's clues come from the files of four hysterical patients.

The movie presentation is free and open to all residents.

Coffee, tea and cookies will be available after the movie.



## Education and Recreation Department

### Thursday Afternoon at the Movies

# April 25: 'Whitney'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On April 25, the presentation is "Whitney" (2018, 2 hours, documentary/biography/music, rated R for language and drug content).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, April 9, at 8:30 a.m. Please bring your Leisure

World ID. Whitney Houston's stunning voice made her a pop-world icon and spawned a career that lasted from the mid-1980s until her tragic death in 2012. This comprehensive documentary charts the singer's triumphant career and turbulent private life. Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.

## 2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
April 14, 2 p.m.	Mamma Mia!	SOLD OUT
	Here We Go Again	
April 25, 1 p.m.	Whitney	April 25
May 16, 1 p.m.	Pope Francis: A Man of His Word	April 23
May 26, 2 p.m.	Won't You Be My Neighbor	May 7
June 20, 1 p.m.	Viceroy's House	May 21

Movies are subject to change.

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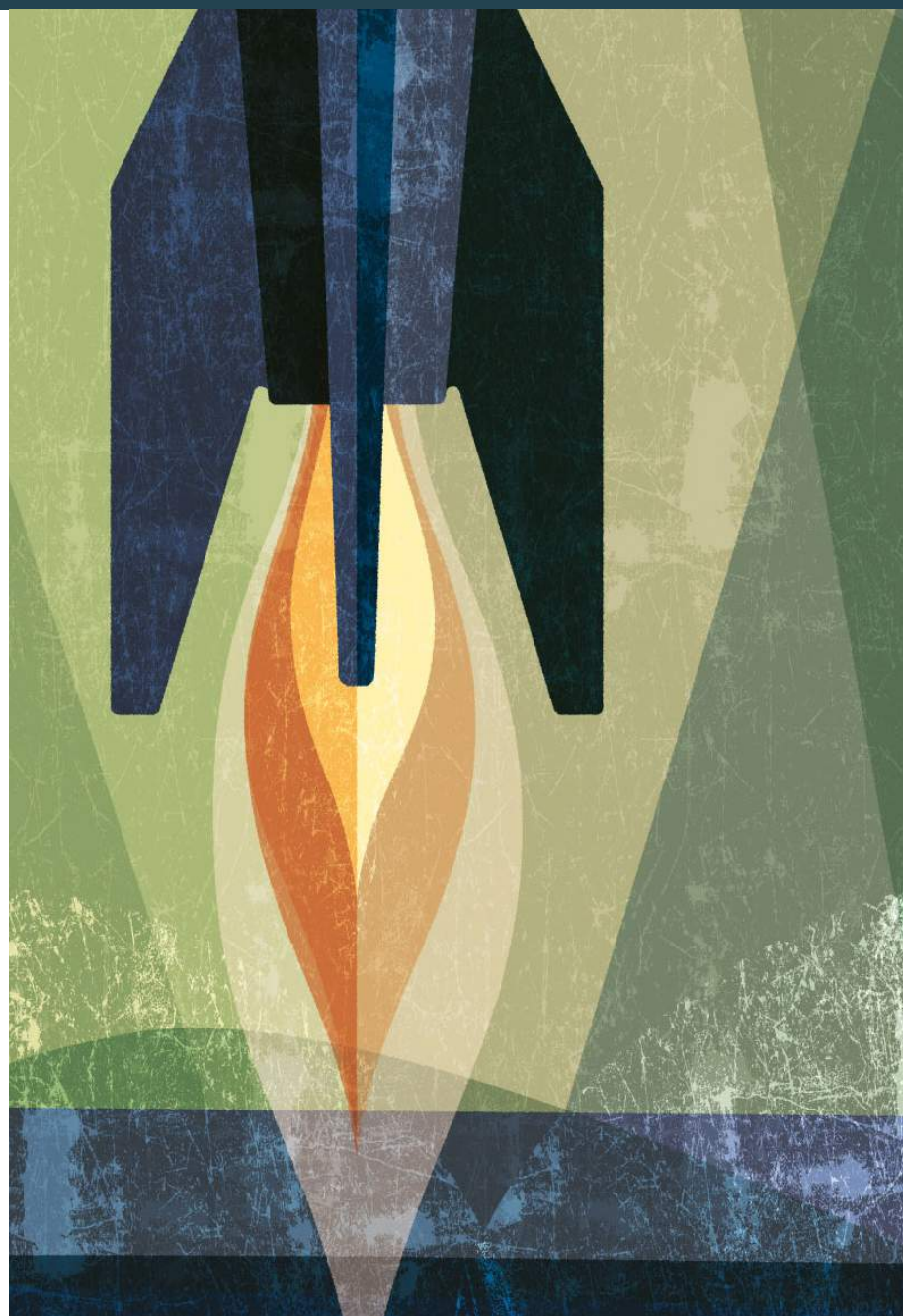
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—Daniel, 73

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# HEALTH & Fitness

## ■ Lions' Vision Support Group

### April 10: Training for Daily Living Tasks

by Larry Cohen

The Lions' Vision Support Group's next meeting is on Wednesday, April 10, at 1 p.m. in Clubhouse I, and includes guest speaker Amy Crouse, training director with Blind Industries and Services of Maryland.

Blind Industries and Services of Maryland is a non-profit company that hires and trains visually impaired people to work for them in government contracts.

As part of their contract, they often train people in functional skills at home and while away, such as using a cane and assistive technology, as well as cooking and other daily living tasks.

#### Upcoming Meetings

At the Group's meeting in May, retinologist Dr. Reshma Kateria will talk about retinal issues, including macular degeneration, glaucoma and

retinitis pigmentosa, as well as the back of the eye in general. She will answer questions on the eye and eye diseases.

The meeting in June will present speaker Ashley Biggs from the Maryland State Library to talk about the accessibility of hard copy and digitized books for the visually impaired.



#### About the Group

Members of the Lions' Vision Support Group bring their years of experience, both with and without vision impairment, to share with each other.

Join the Group at its meetings on the second Wednesday of every month at 1 p.m. in Clubhouse I.

The Lions' Vision Support Group's mantra is, "We can do all that we did before. We just have to find new ways to do it."

For more information about the Group, call Larry Cohen at (908-770-9111) or email him at (topops@aol.com).

## ■ Cannabis 101 Club

### April 12: Cannabis Commission Returns to Register Residents

by Carminetta Verner

The Maryland Medical Cannabis Commission (MMCC) returns to Leisure World on Friday, April 12, to register residents for medical cannabis. The MMCC can register only 25 people per visit.

To place his or her name on the roster to register, a resident must contact Carminetta Verner at (lwcan101@gmail.com) with his or her name, email address and phone number.

These residents will be sent a form to complete prior to registration. Residents cannot walk-in on the day of registration without pre-registering with Carminetta.

Residents who have pre-registered will be given

an arrival time between 10:30 a.m. and 2:30 p.m. in Clubhouse I. By registering directly with the MMCC, residents will be approved and given a registration number at that time, avoiding the three to four-week wait time for approval from the MMCC when registering online.

The MMCC can also register you as a caregiver of a registered patient. A caregiver can be a relative. Residents do not have to be in a "care" facility to have a relative register as a caregiver.

The next MMCC registration is in June 2019. Residents with questions or concerns may contact Carminetta at (630-699-1629) after 10 a.m., or at (lwcan101@gmail.com).

## ■ Hadassah

### April 24: Author Presents 'Brain Health As You Age'

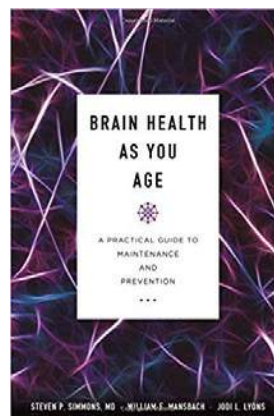
by Barbara Eisen

On Wednesday, April 24, Jodi Lyons, an eldercare consultant, speaks on her book, "Brain Health As You Age: A Practical Guide to Maintenance and Prevention."

She will share useful, achievable actions people can take to reduce their risk of brain function decline, and will describe important tools in separating myth from reality.

Her presentation is at 7 p.m. in Clubhouse I. All residents and their guests are invited.

A \$5 charge will be collected at the door and helps support Hadassah Alzheimer's research. Cash or check, payable to Hadassah, is accepted. If planning to attend, RSVP to either Judy Rumerman at (301-680-0850) or (judyrumerman@gmail.com), or Bobbi Gorban at (301-838-4336) or (bprem@aol.com).



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## April 24: Social Workers Present Panel Discussion on Services

by Susan Montgomery

**D**o you want to know more about the services that are available in the community to help you stay safe and independent?

On Wednesday, April 24, Leisure World's four highly trained and licensed clinical social workers present a panel discussion that includes information and education about the services they provide, as well as information about resources that are available in the community.

The panel discussion is from 10:30 a.m.-noon in Clubhouse I, and all residents and their guests are welcome to attend. The social workers will have multiple handouts,



From left, licensed clinical social workers Ann Johnson, Susan Montgomery, Wilma Braun and Sandy Hart. Photo by Leisure World News

including community and transportation resource guides.

The presentation is free, but residents are requested to sign up in advance beginning Tuesday, April 9, at 8:30 a.m. in the Clubhouse I E&R office, or by calling (301-598-1300).

## April 25: Cardiologist Talks A-Fib and Other Arrhythmias

by Sarah Hirschfield

**D**r. Reed Shnider, cardiologist, presents a program on atrial fibrillation, often called A-fib, and other cardiac arrhythmias on Thursday, April 25, at 2 p.m. in Clubhouse I. Many residents are managing cardiac issues and are interested in living a heart-healthy life.

The presentation is free, but registration is required and begins on Tuesday, April 9, at 8:30 a.m. in the Clubhouse I E&R office.

### About the Presenter

As the medical director of cardiac, rehab and wellness service at the MedStar Heart and Vascular Institute, Shnider brings a wealth of knowledge and experience in treating the whole person. He offers a holistic perspective, weaving conventional and alternative medicine together to enhance well-being.



Dr. Reed Shnider. Photo courtesy (medstarhealth.org)

Shnider is a graduate of the Hebrew University and the Georgetown University School of Medicine. He has practiced medicine in Leisure World and Olney, Maryland, and as far away as heart centers in Tanzania.



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# April 26: Seminar on Dosing and Journaling Medical Cannabis

by Carminetta Verner

On Friday, April 26, come to a seminar to learn about dosing and journaling of medical cannabis, and how to optimize the plant's therapeutic benefits.

Dr. Chintu Sharma of Arya Wellness Center and Dawn Marie Steenstra, licensed practical nurse and patient outreach coordinator for Mission Dispensaries, present the seminar, which is at 2 p.m. in the Clubhouse I Crystal Ballroom.

The seminar is free, but tickets are required and are available beginning on Tuesday, April 9, at 8:30 a.m. in the Clubhouse I E&R office. All residents and their guests are welcome. Get your tickets early.

## About the Seminar

Learn how the cannabinoid ratios work together in different ways when combining THC and CBD with other cannabinoids. Determining the optimal dose of medical cannabis may involve

trial and error.

One does not need to smoke marijuana or "get high" to benefit from medical cannabis, a common misconception about cannabis therapy.

Having so many smokeless ways to use medical cannabis, such as tinctures, sprays, patches, suppositories, capsules, topical ointments and other products, has changed the conversation about it.

Residents will also learn how to journal their usage of medical cannabis. Different strains, dosage levels and consumption methods of medical cannabis provide

different effects. Finding the right effect can be hard when a person is doing it by memory. Journaling how one feels before and after consuming medical cannabis can give a better understanding of what products work best for a person.

For more information, contact Carminetta Verner at (630-699-1629) after 10 a.m.



Dr. Chintu Sharma.

Photo courtesy

(cannabisdirectorymd.com)



Dawn Marie Steenstra.

Photo courtesy

(unitedpatientsgroup.com)

## Take a Tour of the Fitness Center

One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

— Leisure World News

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## April 29: MedStar Offers Workshop for Residents Living with Diabetes

by Leisure World News

MedStar Health medical center is offering a free, six-week workshop for adults living with diabetes. The workshop's attendees will learn how to manage their weight, monitor their symptoms and other skills for healthy living.

The workshop's first class is on Monday, April 29, and meets every Monday from 9:30 a.m.-noon, with the final class meeting in June. Classes meet at the medical center, located at 3305 North Leisure World Boulevard.

The workshop is open to all residents; you do not have to be a MedStar Health patient to attend. Caregivers and family members over 18-years-old are also welcome.

Registration is required. To register for the workshop, visit (MedStarMontgomery.org/Classes) or call (301-774-8881).



Photo by Leisure World News

# May 17: Learn How to Save a Life with CPR

by Fred Shapiro

**A**t a recent Center for Lifelong Learning (CLL) program conducted by the National Institutes of Health (NIH), residents asked if the NIH could provide a program on CPR. In response, the NIH has scheduled a program for Friday, May 17, at 2 p.m. in Clubhouse I.

The program is free, but residents are requested to register to ensure adequate seating beginning on Tuesday, April 9, at 8:30 a.m. in the Clubhouse I E&R office, or by calling (301-598-1300).

Juli Gebrecht from the NIH will demonstrate how

to effectively perform CPR and how to use an automatic external defibrillator (AED). CPR provides circulation to the brain, heart and other vital organs when pressure (compressions on the heart) pushes blood from the heart, and blood refills the heart on release.

An AED is a portable electronic device that automatically diagnoses the life-threatening cardiac arrhythmias of ventricular fibrillation and pulseless ventricular tachycardia.

The AED is able to treat these conditions through defibrillation, the application of electricity that stops the arrhythmia, allowing the heart

to re-establish an effective rhythm. Publicly accessible AEDs are common and are easy and safe for anyone to use.

An AED is located in Clubhouse I just outside the lobby and in Clubhouse II outside the Fitness Center.

Gebrecht will have CPR manikins and AEDs available for attendees to practice on, and residents are also welcome to just observe or assist those practicing.

## About the Presenter

Gebrecht became an aquatic instructor, and then an in-house CPR instructor in 1976. She taught CPR for the American Heart Association per



At right, Juli Gebrecht, courtesy photo diem, going to NIH as needed in 1983 and becoming the Training Center Coordinator in 1986. She retired in 2018.

Register for the program today and learn what you can do to save a life during an emergency.

## ■ FISH (Friends in Sickness and Health)

# Lost Something? Check with FISH

by Beth Leanza

**R**esidents who have lost a personal item, such as a phone, umbrella or hat, are encouraged to check if it's been returned to the FISH office in Clubhouse II. FISH stores items that have been turned in to the E&R offices.

It can take a couple of days for an item to get to Clubhouse II, so if your first call doesn't recover your item, call back again in a couple of days. Residents can also come by the FISH office to look for the item. Some mutuals have their own lost and found, especially if something is lost in or near that location.

Placing an address label on personal items such as canes and umbrellas can help FISH return the item to you faster.

## What Does FISH Do?

FISH lends assistive equipment to residents and employees of Leisure World. Borrowing an item is a great way to test it out before purchasing.

All items and equipment have been donated, and FISH does its best not to accept anything that is broken. The FISH office has wheelchairs, commodes, walkers and

shower chairs, among other items.

The FISH office is available by calling (301-598-1345). Volunteers are there Monday to Friday (except major holidays) from 10 a.m.-1 p.m. If Montgomery County Public Schools are delayed because of weather, the morning shift is cancelled. If schools are closed due to weather, FISH is also closed. The E&R office can assist residents after hours and on weekends.

## Free Stuff

FISH also accepts donated canes, easy reachers, elevated toilet seats and medical items, such as oxygen tanks and diabetic equipment, but

these items are given away.

These items are located in the Clubhouse II basement and are available for anyone to take.

## Want to Help?

To join FISH, call Beth Leanza at (301-598-4569) to set up a training session.

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## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit ([www.alz.org](http://www.alz.org)).

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or ([raywwjr@hotmail.com](mailto:raywwjr@hotmail.com)).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

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# CLUBS, GROUPS & Organizations

## ■ Garden and Environmental Club

### April 8: Speaker on Gardening and Climate Change

by Jean DeSchraver

The Garden and Environmental Club invites all residents and their guests to attend the Club's next meeting on Monday, April 8, at 10 a.m. in Clubhouse I.

The guest speaker is master gardener Irene Eckstrand. She will speak about gardening from a climate change and ecological perspective, including the basics of climate change and how people can protect the environment.

Since her retirement from the National Institutes of Health, Eckstrand has focused on some of her major interests, such as stormwater management, ecology and evolution applied to gardens and native plants.

Coffee, tea and delicious



A club member eyes the prize table at the Annual Spring Tea. Photo by Kimberly Y. Choi

homemade desserts will be served before, during and after the meeting.

Approximately 150 guests attended the annual Spring Tea. The Club thanks all participants for their support and donations, which are used to purchase a tree to be planted on Arbor Day, Friday, April 26.

## ■ Arts In Motion (AIM)

### AIM Searches for Potential Scholarship Recipients

by Grace C. Cooper

Spring is here, and the search is on for students interested in a career in the arts. AIM has contacted area high schools with application guidelines for two \$5,000 college scholarships that will be awarded in the fall to students who are planning to major in one of the arts.

In addition to bringing popular jazz artists to Leisure World, AIM's ever-popular concerts help fund these scholarships. Thanks goes to all of AIM's members and friends who support this endeavor.



#### April Performance

After two great instrumental concerts in February and March, AIM returns to popular singers on Saturday, April 12, with a performance by Pepe González and band with vocalist Imani. For details, see the Events and Entertainment section of this publication.

#### March Concert

The March concert by Keith Killgo was another successful evening of live jazz. Although the uncertain weather kept some concertgoers away, those who attended enjoyed themselves immensely.

## ■ New Yorkers and Friends Group

### April 11: Group Welcomes Spring with Poetry

by Linda Mahler

The New Yorkers and Friends Group invites all residents to join them at their monthly meeting on Thursday, April 11, at 10:30 a.m. in Clubhouse I. The Group will celebrate National Poetry Month.

First introduced in 1996 by the Academy of Poets as a way to increase poetry awareness and appreciation in the U.S., National Poetry Month has become the largest literary celebration in the world.

"Poem in Your Pocket Day" is part of this celebration and

members and friends are welcome to select a poem, carry it with them and share it with others at the April meeting.

The Group is planning to celebrate mothers and mother figures at its Thursday, May 9, meeting, as well as to observe national Older Americans Month. This year's theme is "Connect, Create, Contribute."

The New Yorkers and Friends Group welcomes new members, and strives to connect with friends, create engaging activities that promote learning, and contribute their time, talent and experience to benefit others.

## ■ Computer Learning Center

### Android Help is Back

Beginning Monday, April 8, computer center monitor Donna Copeland will be available to help residents with their Android devices every Monday from 1:30-3:30 p.m. in the Computer Learning Center in Clubhouse II.

Get help with getting started, learn more about familiar capabilities or learn new things your device can do. Bring your device for one-on-one, hands-on work.

— Donna Copeland



## ■ Vegetarian Society of Leisure World (VSLW)

### April 18: Group Gathers for Chinese Buffet Dinner

by Bob Fenichel

On Thursday, April 18, the VSLW will have one of its popular vegan Chinese buffet dinners at 6 p.m. in Clubhouse II, with food from the Vegetable Garden Restaurant in Leisure World Plaza.

The cost for the buffet dinner is \$9 for members and \$13 for non-members. To attend, mail a check, payable to VSLW, to treasurer Helen Gross at (3100 North Leisure World Blvd., #710, Silver Spring, MD, 20906) no later than Thursday, April 11.

Following the dinner, as an optional event, Bob Fenichel will present a food-centric slide show of his recent 12-day vegan cruise.

#### Group Information

Additional information on VSLW activities is available at ([www.vslw.org](http://www.vslw.org)). All residents are welcome at VSLW activities; they don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

## ■ Rossmoor Camera Club

# April 9: Learn How to Take Competition-Worthy Photos



Leisure World's globe at night. Photo by Jon Fife

by Fred Shapiro

**A**t the Rossmoor Camera Club's meeting on Tuesday, April 9, Jon Fife discusses the basic steps of photography – from composing a photo to taking competition-worthy images. The meeting is at 7 p.m. in Clubhouse II.

All residents are invited to attend. His talk offers helpful hints for everyone who enjoys taking photographs, and not just for those who compete in the Club's competitions.

The presentation considers how the photographer decides which photos to take and how to compose a photo, as well as which of the camera's features to use. Fife also explains how to move from the nascent stages of photo taking to more competitive photography.

Learn the post-processing programs, also known as the 21st century darkroom, that are available on your computer, and how they can help the photographer create competition-worthy images. American landscape photog-

rapher Ansel Adams said that 60 percent of an outstanding photograph is created in the darkroom.

Print copies of Fife's slide presentation will be made available on request, and will also be available on the Club's website, ([www.rossmoorcameraclub.com](http://www.rossmoorcameraclub.com)).

### About the Speaker

Fife started his photography journey at 10-years-old with old darkroom equipment he found in his basement next to his mother's washing machine. For a time, he worked exclusively with black and white film, taking pictures for the local newspaper and for his high school and college yearbooks.

With the advent of color slides and film, he continued his casual interest in photography by taking photos of his family on trips. It wasn't until he moved to Leisure World and joined the Camera Club that he became a more serious photographer.

Come to the meeting to learn how to take better photographs and how to use computer software to improve these images.



Jon Fife. Photo by Fred Shapiro

## ■ Italian Social and Cultural Club

# April 28: Club Takes Day Trip to Baltimore's Little Italy

by Flo Merola

**O**n Sunday, April 28, members of the Italian Social and Cultural Club and guests take a day trip to Little Italy in Baltimore, with lunch at one of Little Italy's finest restaurants, Sabatino's.

The cost is \$69. If interested in going, contact Eyre Tour and Travel at (301-854-6600, Ext. 4) or (301-598-1599), or see the Club Trips section of this publication for more information.

### Upcoming Elections

All board positions are currently available: president, vice president, secretary and treasurer.

The Club welcomes and encourages members to

self-nominate for any position by calling Club president Rene Fecteau at (202-308-8181). The self-nomination period closes on Wednesday, May 1.

All members are encouraged to attend the monthly board meetings, held on the first Wednesday of each month at 1 p.m. in Clubhouse I. The board welcomes members' thoughts and ideas.

### Bocce

Bocce returns on Friday, May 3, and continues on the first and second Friday of each month (weather permitting). The group meets at 10 a.m. on the bocce court outside Clubhouse I. Sign up is not required; just show up. It's fun and easy.

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# April 10: Speaker Discusses Upcoming Smithsonian Exhibit



From left, skeletons of a saber-toothed cat and Tyrannosaurus Rex. Photos courtesy Richard Bambach

by Frank Roddy

The Gem, Lapidary and Mineral Society (GLMS) holds its next meeting on Wednesday, April 10, at 7 p.m. in Clubhouse II.

The meeting's speaker, Dr. Richard Bambach, will describe the new exhibits that are coming to the Smithsonian National Museum of Natural History.

The new David H. Koch Hall

of Fossils exhibit, Deep Time, opens on Saturday, June 8, at the Smithsonian. Bambach will talk about the new exhibit and how it differs from past fossil displays.

## About the Exhibit

The exhibit has been completely redesigned, and all the specimens have been re-mounted. All the exhibit's skeletons now illustrate how animals actually stood and moved.

All life from a particular time in the past will be shown together – animals and plants – to help the visitor appreciate what it was like to actually live in that habitat. Marine life will be shown separately from life on land.

The exhibit's visitors will travel through ancient ecosystems, witness the

evolution of life and get up close to some 700 fossil specimens. The redesigned exhibit also emphasizes the influence humans have on geology and life on Earth.

All residents are invited to come to the April 10 meeting to enjoy a preview of the new exhibits that have been five years in the making.

## About the Speaker

Bambach has been a frequent speaker for the Club, discussing such topics as geology, paleobiology and fossil records, among others. He worked at the Smithsonian at many levels during his career, starting there just after high school.

His degrees specialized in

paleontology. He taught geology at Smith College, Virginia Tech and Harvard University. A Leisure World resident since 2005, he is currently a research associate in the department of paleobiology at the Smithsonian.



Dr. Richard Bambach. Photo courtesy Richard Bambach

## About the GLMS

The GLMS holds meetings on the second Wednesday of every month at 7 p.m. in Clubhouse II. All residents are welcome. Membership is \$15 per year, with the Club year starting in September.

Lapidary laboratory facilities are extensive and for use by all members trained by shop steward Mark Parker. Members can make their own jewelry just as many others have done. The annual lab fee is \$15 for residents. Contact Parker at (Kb3wuk@gmail.com) or (240-723-5860).

For questions about membership, contact GLMS president Frank Roddy at (roddy.frank2014@comcast.net) or (301-598-3698).

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# April 13: Artists ‘Do Their Own Fling’

by Ann Bolt

**R**ossmoor Art Guild (RAG) members are busy preparing for the Spring Fling, held on Saturday, April 13, from 1-3:30 p.m. in the Art Studio in Clubhouse I.

Returning presenter Linda Ely will inform and entertain the crowd with her presentation, “Bloom Where You Are Planted.” Using examples and techniques from her own work, she will share ideas for taking advantage of the tools and resources available to an artist at any given time.

She will also share examples of her musician series, landscapes in mixed media and embroidered landscapes. Prepare to be encouraged. Light refreshments will be available. All residents are welcome.

## May Workshop

And then on Tuesday, May 7, RAG presents the first of a series of workshops to orient potential and current artists in a variety of skills and techniques.

May’s workshop is called “A is for Apple Art,” and it features apples to paint, apples to eat and apple pie to savor. The workshop provides residents an opportunity to create their own paintings with guidance in the following mediums: watercolor, acrylic, pastel or pencil. It should be an engaging afternoon of apples.

To attend the workshop, registration must be received by Tuesday, April 30. Registration forms are available in the Studio foyer. Give the completed form and a check for \$20, payable to RAG, to any RAG teacher, or mail it to Judy Kirkland, (3623 Tarkington Ln., Silver Spring, MD 20906). Remember to indicate which media you would

like to use.

Other workshops may include such topics as mat cutting, preparing painting frames for exhibit, en plein air painting, life modeling and abstract art, as well as visits to art museums in Washington, D.C. Let RAG know what kind of a workshop you would find helpful.

## Clubhouse I Exhibit

The next Open Studio exhibit will center on all things Maryland – beyond just crabs. The exhibit begins on Saturday, May 4, in Clubhouse I and will run through June. All RAG members are welcome to participate.

Maria Clark is focusing on Glen Echo Park in its heyday, and Ann Bolt is thinking of rendering the six to 12 layered cakes from Smith Island. Others have suggested searching online for symbols that represent Maryland.

Open Studio, which meets on Saturday mornings, is based on independent study that should

not encroach on the plans of RAG teachers.

## Local Exhibits

Alex Michaels and Ann Bolt have each shared their artwork at nearby exhibits at James H. Blake High School and La Galeria at Ranazul Restaurant in Fulton, Maryland, respectively.

Michaels’ painting is called “Spread Your Wings and Fly.” She also participated in an artist talk before the exhibit ended March 26.

Bolt’s painting, a local snow scene that was recently shown in the Clubhouse II gallery, will be exhibited at The Galeria



Alex Michaels painting, “Spread Your Wings and Fly.” Photo by Alex Michaels



“Woodland Fantasy,” a watercolor painting by Ann Bolt. Photo by Ann Bolt

with the rest of Olney’s Art Association’s selections. All are welcome at the exhibit’s reception on Sunday, April 7, from 4-5 p.m. at the restaurant, located at 8171 Maple Lawn Boulevard. The exhibit runs through Saturday, April 27.

## Class Reminder

Current classes end Saturday, April 6, and resume with the Spring I session on Monday, April 8. Schedules are available in the Art Studio’s foyer in Clubhouse I. Sign up for a class and enrich the next six weeks of your life.



Maria Clark plans her Open Studio painting for the Maryland themed exhibit. Photo by Ann Bolt



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# April 17: Club Hosts Luncheon for Departing Member

by Maggi Lindley

The Ceramics Club's ceramicist of the month for April is Dottie Patch. "I never want to stop learning and doing art," she says.

Patch has drawing and painting experience from her experience teaching art and library media, but had not done ceramics in much depth until she joined the Club in June 2018. She has found the Club's members, especially the teachers, to be very knowledgeable and talented and eager to share their experiences.

Patch's work is on display in the Club's display cabinet in the art gallery between the two lobbies in Clubhouse II. The Club hopes residents will stop by and see her work.

## Luncheon

The Ceramics Club hosts a luncheon on Wednesday, April 17,

in honor of Reese Barnett, who will be leaving Leisure World soon. The luncheon is at noon at the Clubhouse Grille in Clubhouse I.

A sign up sheet is on the door of the studio in Clubhouse II. Those who intend to come should sign up by Friday, April 12.

## Nominations and Dues

Nominations for the Club's board are being accepted. To nominate someone for any of the positions available (president, vice president, secretary or treasurer) see the notice on the door of the studio.

Nominations close on Tuesday, May 7. Voting for these positions takes place at the Club's next meeting on Wednesday, May 8.

Dues for the 2019-2020 year will be collected in June 2019 (\$10 for the year, plus \$5 or \$10 for a small or large locker).



Ceramics created by ceramicist of the month, Dottie Patch. Photo by Maggi Lindley

## Upcoming Classes

The following classes will be available shortly, with date and times to be announced:

Beth Youse will present a demonstration on the use of a new device – a precision paint applicator.

Carma Fauntleroy has volunteered to present two Saturday classes, one focusing on a tech-

nique using EZ Stroke and the other a training session for those interested in using the rolling press with a specific prepared earthenware clay. (This clay is like slip, but is meant for molding).

## Studio and Gift Shop

The Club's Studio is located in Clubhouse II. Members are available to give a tour and answer questions. The Studio also houses the gift shop. A Club member made each piece that is for sale.

All money made from gift shop sales is given to charity, so not only can residents find a gift for a relative or friend, but they can also contribute to a worthy cause. Earlier this year the Club donated the money raised in 2018 to the Manna Food Bank and the Kensington Fire Department, which serves Leisure World.

## Join the Club

Residents interested in joining the Club will first set up an appointment with a trainer. At that time, new members pay their \$10 annual dues and may begin crafting their ceramics.

Members can buy paints, brushes and other tools in the Studio. New members learn how to pour the molds, and then clean the piece for its first firing, thus turning it from greenware to bisque. Following that firing, the piece is ready for painting.

Once painted, a piece goes back for a second firing. It is then ready for glazing, followed by its final firing. After that, a new member has his or her first beautiful ceramic piece.

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# Get Tickets to See ‘The Best of Irving Berlin’

by Hannette Allen

The cast has been chosen for Fun and Fancy Theatre Group’s upcoming show, “An American Treasure: The Best of Irving Berlin.”

More than 30 performers will bring Berlin’s story to life with this entertaining musical. Directed by Stan Jones and Allan Okin, the show will be Fun and Fancy’s musical presentation for May.

Producers Elizabeth Evans and Abigail Murton managed to encourage a record number of new singers and dancers to audition, and they look forward to dazzling the stage with that glow of newfound stardom. Residents can watch a sneak preview of the performance at the Group’s meeting on Wednesday, May 1.

## Tickets

Tickets for “An American Treasure: The Best of Irving Berlin” cost \$10 and will be

sold on Mondays, Wednesdays and Fridays, from Monday, April 8, through Friday, May 17, between 11 a.m.-2 p.m. in the Clubhouse I lobby.

Tickets will also be sold on Saturdays from April 13 through May 11 between noon-3 p.m. in the Clubhouse II lobby.

All seats are reserved and all sales are final – cash or check only (payable to Fun and Fancy). Additional sale dates include:

- Mondays, 5-7 p.m., Clubhouse I lobby
- Tuesdays, 5-7 p.m., Clubhouse I lobby
- Before and after the May 1 meeting and “preview;” meeting starts at 7:30 p.m., Clubhouse II lobby
- Tuesday, April 9, 8-10 a.m. Clubhouse I lobby
- Tuesday, April 23, 8-10 a.m., Clubhouse I lobby
- If available, tickets will be sold at the Clubhouse II auditorium, starting one hour before showtime on each

performance date. Residents who would like to help with ticket sales should contact ticket captain Elaine Strass at (elaine.strass@yahoo.com). Any help is much appreciated.

## Performance Dates

- Friday, May 10, at 7:30 p.m. (“Meet the Cast” wine and cheese reception)
  - Saturday, May 11, at 7:30 p.m.
  - Sunday, May 12, at 2 p.m. (champagne and cake reception)
  - Friday, May 17, at 7:30 p.m.
  - Saturday, May 18, at 7:30 p.m.
  - Sunday, May 19, at 2 p.m.
- All performances are in the Clubhouse II auditorium.

## Stage Presence

Ernie Poland is presenting



Members of Fun and Fancy rehearse “An American Treasure: The Best of Irving Berlin.” Photo by Pat McConnell

a class on “stage presence” for Fun and Fancy members only on Saturday, April 20, from 1:30-3:30 p.m. in Clubhouse II. The class will cover stage geography (upstage vs. downstage), working with other performers, projecting your voice and using your body effectively.

The class is a valuable opportunity to learn more about performing. To sign up, call Steve Bennof at (301-456-5825).

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# May 2: 'Understanding Yourself and Others Through Process Communication'

by Fred Shapiro

**I**mprove your communication with others by attending the upcoming course, "Understanding Yourself and Others Through Process Communication," presented by the Center for Lifelong Learning (CLL) beginning Thursday, May 2.

Using theatrics, cartoons and lecture, instructor Dianne Bradley leads students through the six Process Communication Model (PCM) personality types. The course teaches students how to apply the concepts of PCM to understand themselves better as well as enhance their communication with others.

Students will learn how the six PCM personality types view the world and the best ways to communicate with each type. Students will

also acquire tools to apply these skills through fun and non-threatening activities using realistic scenarios. Learning about the PCM can help students assess their own communication styles and provide low-stress options for interacting with others.

## About the Instructor

Bradley has been inspired by the CLL classes she has taken at Leisure World and decided to develop a course for residents to share her knowledge of the PCM, which has been useful to her in both her personal and professional life.

After becoming a certified trainer in the PCM in 1998, which was successfully used in the business world to help managers motivate and communicate with their employees, Bradley was instrumental in adapting PCM for

the educational community.

Along with some of her colleagues, she developed a training prototype for use in educational settings and since then has given numerous presentations, seminars and workshops to educators to help them motivate and reach all of their students.

She is the author of several articles on using PCM in educational settings and has co-authored two books for educators on PCM, one of which has been translated into several other languages.

Bradley has used this model extensively in her work with teachers to help them better reach and teach all of their students, especially those who demonstrate learning and behavioral difficulties in the classroom. In addition, she has given workshops on PCM



Dianne Bradley. Photo by Fred Shapiro

for the business community entitled, "Women in Science and Engineering and Leadership Training Institutes."

For more information about the course and how to register, see the Classes and Seminars section of this publication.

For more information about all CLL courses and lectures, visit ([www.cllmd.com](http://www.cllmd.com)).

## ■ Center for Lifelong Learning (CLL)

# May 13: 'The Art of Keeping Your Money and Your Sanity'

by Fred Shapiro

**F**inancial stability is often a major concern for older adults. To address this issue, the Center for Lifelong Learning (CLL) will share best practices for keeping more of your money in a program featuring John Jakiun of Brookstone Capital Management and Taokym Retirement Solutions.

The program is on Monday, May 13, at 2 p.m. in Clubhouse I. Although free, residents are requested to register for the program beginning Tuesday, April 9, at 8:30 a.m. in the Clubhouse I E&R office, or by calling (301-598-1300).

The program covers topics that impact retirees and those preparing for retirement, such as how to keep more money and have more financial indepen-

dence and freedom by making practical, everyday decisions.

The program also touches on preserving assets for retirees and future generations. The program includes a question and answer period.

## About the Presenter

Jakiun strives to help people be smart with their money so that they can retire years before they thought possible, and have the retirement they planned. He is currently a managing member of Brookstone Capital Management and Taokym Retirement Solutions.

He has a master's in science information systems from Stevens Institute of Technology, a bachelor's of science from The College of Saint Elizabeth and an associate's degree in science from County College of Morris.



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# May 16: Professor Presents ‘America’s Abandonment of the Jews During the 1930s and 1940s’

by Fred Shapiro

With many expressing a need to remember the Holocaust because of growing anti-Semitism in the U.S. and Europe, the Center for Lifelong Learning (CLL) presents professor Arnold Sherman to give his program entitled, “America’s Abandonment of the Jews During the 1930s and 1940s.”

The program is on Thursday, May 16, at 2 p.m. in Clubhouse I. Admission is free, but residents are asked to register to attend to ensure adequate seating by either stopping by the Clubhouse I E&R office beginning on Tuesday, April 9, at 8:30 a.m., or by calling (301-598-1300).

Since the end of World War II, many books have been published about the Nazis and the Holocaust. Some of the older studies, such as Arthur Morse’s “While Six Million Died: A Chronicle of

American Apathy” and William Perl’s “The Four-front War: From the Holocaust to the Promised Land” are well known.

But in the last 25 years there has been an increase in the amount and quality of this scholarship, perhaps as a response to Holocaust denial, which has also increased in recent years. Sherman will discuss two of these works, both by author David Wyman.

Scholarship on this topic also includes the brilliant work of Laurel Leff, who wrote about how The New York Times concealed news of what was happening to Europe’s Jews in its back pages.

Stephen Norwood has written on anti-Semitism in America’s elite universities, especially Harvard University, and the desire of people like Harvard’s former president James Conant to have good relationships with Hitler and his colleagues.

Only one of America’s schools of journalism hired a refugee Jew who had fled Europe, and he was hired as a researcher, not a journalist.

The Jews have certainly not been the only people who have been poorly treated in this country. As the Rev. Martin Luther King Jr. said so profoundly, “In the end, we will remember not the words of our enemies, but the silence of our friends.” That was certainly true for the Jews in America in the 1930s and 1940s.

Sherman believes that if we are to understand what president Franklin Roosevelt and the U.S. State Department did in ignoring and abandoning the Jews during the Holocaust, then we have to understand America’s long history of racism and bigotry against many other ethnic minorities and immigrant groups. Sherman hopes to develop and expand on this

aspect of U.S. history in a future talk at Leisure World.

## About the Presenter

Sherman received a doctorate in history at Yale University, working with an early American historian named Ed Morgan. He taught for five years at Virginia Tech in the 1970s, and then attended the University of Cincinnati to study clinical psychology.

He completed all the requirements for another doctorate, except for the dissertation, having earned a master’s degree in psychology in 1981. He and his wife, Susan, whom he met at Queens College, moved to Vermont in 1988, where he taught for a number of years at Champlain College.

They moved to Maryland in 2003 and Sherman taught at several local community colleges as well as University of Maryland University College online.



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Free. RSVP to The Inter-Faith Chapel office  
at 301-598-5312 by Friday, April 12.



# April 24: Attend Meeting to Learn About County's Zero Waste Efforts

by Tina Lunson

At the Club's meeting on Wednesday, April 24, the Sierra Club's Zero Waste lead Amy Maron will report on rapidly moving developments in Montgomery County's waste handling processes.

Many issues are at play as the County modernizes waste management. Maron will share some positive developments with the Group. The meeting is at 2 p.m. in Clubhouse I.

LED bulbs are the topic of discussion at the Group's Wednesday, May 22, meeting. Details are forthcoming.

## Wildlife Rehabilitation

LW Green's last meeting featured an illustrated presentation about wildlife rehabilitation – the care, healing and release of orphaned or injured wildlife. Speaker Tina Lunson, a Maryland-licensed wildlife rehabber, shared photos of orphaned babies whose homes had been destroyed or whose parents had been killed.

Lunson spoke of the dilemmas that animals face when confronted with so much human construction, machinery and traffic. Wildlife displacement is a huge problem as over-development results in loss of habitat. Loss

of food sources and many kinds of animals crowded into ever-smaller patches of land and forest can result in animals' ill health.

Climate change is altering migration and disrupting blooming and seeding times of food sources, so that arrival of babies and ripening of foods may no longer coincide.

Rehabbers do all they can to ease these problems on a case-by-case basis, and to mend birds and animals that cross humans' hurried paths. Although some animals don't survive, many recover and are freed to their native environments.

## About LW Green

LW Green is a grassroots group of residents working to realize a greener and healthier environment. Monthly meetings are held on the fourth Wednesday of each month at 2 p.m. in Clubhouse I. Residents don't have to be a member of the Group to attend its meetings. For more information, visit ([www.lw-green.org](http://www.lw-green.org)).



## ■ Edmonson Historical Society

# May 7: Visit Edmonson Sisters' Statue and Alexandria Black History Museum

by Juanita Sealy-Williams

On Tuesday, May 7, the Edmonson Historical Society sponsors a trip to visit the Edmonson Sisters' statue in Alexandria, Virginia.

Tickets, \$40 per person, go on sale beginning Tuesday, April 9, at 8:30 a.m. in the Clubhouse I E&R office.

The Edmonson sisters, Mary and Emily, were among the 77 enslaved people who tried

to escape Washington, D.C. by sailing on a ship called The Pearl.

The girls were the daughters of Paul Edmonson, a freed slave who owned a 40-acre farm on the land that is now a part of Leisure World. Because their mother was still enslaved, their 14 children were also slaves who were rented out to wealthy lawyers and others in Washington, D.C., and Maryland.

They were all captured and

brought back to the area, with the girls, ages 13 and 15, sent to New Orleans to be sold to a prostitution house. A yellow fever epidemic resulted in the girls being brought back to their owners, Bruin & Hill in Alexandria, Virginia, to keep them from contracting the disease.

The girls' freedom was eventually bought by the Rev. Henry Ward Beecher and the Plymouth Congregational Church in Brooklyn, New York.



The Edmonson sisters are memorialized in a statue in Alexandria, Virginia. Photo courtesy ([www.publicartarchives.org](http://www.publicartarchives.org)).

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In 2008, the city of Alexandria commissioned sculptor Erik Blome of Chicago, Illinois, to create the statue that was erected on the spot where the Edmonson sisters had been held in a slave market. It is a 10-foot bronze sculpture depicting the sisters coming out of a rock that represents slavery.

The trip will include a tour of the Alexandria Black History Museum as well as the Freedom House Museum.

For more information, see the Club Trips section of this publication, or call Juanita Sealy-Williams at (301-822-4531).

# Club Provides College Scholarships to Local High School Students

by Jack Colvis

Each year in the spring, the Kiwanis Club awards a graduating high school senior with its \$5,000 Sullivan scholarship. The Club's scholarship committee receives and reviews dozens of applications, and this year is no different.

The Kiwanis Club Scholarship Program has been a hallmark of the Club since the program was established in 1978-79 during the Club presidency of William H. Sullivan.

The scholarship is named in his honor.

In 1978, the Club made a commitment each year to provide scholarships to two full-time students at Rockville High School. The first awards of \$700 each were made in the fall of 1979.

The Club has continued to award a Sullivan scholarship in the spring of each year to a graduating senior who attends either the James H. Blake or Albert

Einstein high schools, both located in Montgomery County.

The award is \$5,000 for the first year of college. The recipient is always very grateful for this award to start the path to a college education.



## Club Information

Residents who would like to spend some of their time serving the local community and children in small ways are encouraged to consider joining the Kiwanis Club. Every month

the Club has a worthwhile project activity.

Contact Heather Benjamin-Alexis at (240-433-0948) or Jack Colvis at (301-598-5380) to learn how to become a supporting member.

Residents are encouraged to visit the Kiwanis Club meetings, which are held on the first and third Friday afternoon of each month in Clubhouse I.

To learn more about the Kiwanis International organization, visit ([www.kiwanisone.org](http://www.kiwanisone.org)). Kiwanis is an IRS 501 (c)(4) non-profit organization.

## ■ League of Women Voters

# April 10: League Discusses County's Economic Development

by Maxine Lewack

The League of Women Voters holds its next meeting on Wednesday, April 10, at 10:15 a.m. in Clubhouse I. Montgomery County's economic development and business potential will be discussed. All residents are invited to attend.

While Montgomery County has long been thought of as a good place to live, with good schools, clean air and fine homes, it was sometimes referred to as "business unfriendly."

When the private/public partnership Montgomery County Economic Development Corporation was established in 2016, the County set goals for economic development in the areas of vitality, talent, creative economics and place making. Now, the County is being touted as an ideal location for business success through its synergy of talent, resources and support.

Currently, one-third of the County's residents are foreign-born. The expectation is that this diversity of thinking will yield unmatched innovation

for businesses in the area. The well educated population, with 58 percent of residents over 25 years of age having earned a bachelor's degree or higher, provides an attractive talent pool for businesses.

## Fundraiser

The Montgomery County League of Women Voters sponsors a fundraiser, "Sunday at the Movies," on Sunday, April 14, from 2-5 p.m. at the Arts Barn located at 311 Kent Square Road in Gaithersburg. Tickets are \$35 each and may be purchased at the door.

The event begins with a drinks and finger food reception at 2 p.m., followed by a showing of the movie, "The Best Democracy That Money Can Buy: The Case of the Stolen Election" at 3 p.m.

The documentary shows how a computer program called "Crosscheck" was used during the 2016 presidential election to promote claims of widespread voter fraud, supposedly identifying 7.2 million voters who voted twice. The film will be followed by a panel discussion.

## ■ National Active and Retired Federal Employees (NARFE) Chapter 1143

# April 15: Attend Group's General Membership Meeting

by John Moens and Joe Cook

Next month, the Chapter has its first and only general membership meeting of the 2018-2019 season on Monday, April 15, at 2 p.m. in Clubhouse I, with refreshments served at 1:30 p.m.

The Chapter is planning a special event for May that will be open to all residents. Last May, the Chapter had its pet event.



## President's Visit

On March 18, the new NARFE national president Ken Thomas addressed the Chapter in Clubhouse I. It was the first time in at least five years that the president has addressed Chapter 1143.

Thomas ended the practice of using NARFE investment funds for expenses in the general fund. He is considering changing the NARFE logo and name to make it more descriptive of what the organization does. The Chapter will post more about his visit on its website, ([mdnarfe.org](http://mdnarfe.org)).

## Legislative Training Conference

On March 11, NARFE Legislative Training Conference opened in Alexandria, Virginia. Attendees learned that President Trump has introduced a budget similar to the previous one, which proposes \$177 billion in cuts to pay and benefits for federal workers and retirees, as well as a federal pay freeze.

On March 13, Conference attendees gathered in state federations from as far away as Hawaii for scheduled visits with senators, congressmen and women and their staffs.

Among other things, attendees learned about a bipartisan effort to pass legislation to allow Medicare to negotiate drug prices and that Rep. Don Byer, a Virginia Democrat, credited the Republicans for setting aside politics to join in ensuring Federal employees received back pay after the shutdown.

If interested in joining NARFE, contact John Lass at (301-288-4210). Tell him you've decided to stand up for your rights and benefits.

## ■ Republican Club

# April 16: Learn About MedStar's Healthcare and Aging Services

by Fred Seelman

The Republican Club adjusts its meeting time to 7 p.m. beginning at its next meeting on Tuesday, April 16. The meeting place will continue to be Clubhouse I.

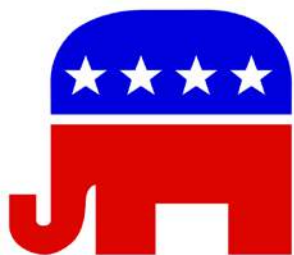
The Club will pick up on a theme that it addressed earlier this year: healthcare and aging services. It was the subject of interest at the February meeting when the guest speaker talked about the differing healthcare and other services available at the Silver Spring senior community, Riderwood.

At the April meeting, Kellia Giambrone, manager of operations at MedStar Health medical center in Leisure World, will talk about the healthcare services provided by the medical center and MedStar in general. Her presentation will include information about costs and how services are paid for.



Kellia Giambrone, courtesy photo

Healthcare is a big issue for the Republican Party. Come to the April 16 meeting and tell the Club about your healthcare concerns.



### Contact Us

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@

gmail.com), or call first vice president Robert Kammer at (301-847-9820). Join us for another quality event on April 16.

## ■ Democratic Club

# April 11: Hear from Councilmember Sidney Katz



At left, Montgomery County Councilmember Sidney Katz is the Club's speaker on Thursday, April 11, courtesy photo. At right, Rona Kramer, Secretary of the Maryland Department of Aging, speaks at the Club's March 14 meeting. Photo by Fred Shapiro



by Roger Blacklow

Councilmember Sidney Katz, a friend to many residents, addresses the Democratic Club's Thursday, April 11, meeting at 7 p.m. in the Clubhouse I Crystal Ballroom.

Katz has been a force on the County Council. Although not a Leisure World resident, he is knowledgeable on issues that affect the community, including transportation and more. He was ever-present during last year's election and has not disappeared after being re-elected. Come prepared to ask him questions after the presentation.

### May Meeting

The Democratic Club holds its biennial meeting and election of its executive committee on Thursday, May 9, at 7 p.m. in the Clubhouse I Crystal Ballroom. All residents are invited to attend, but only current members of the Democratic Club will be allowed to vote during the election.

Residents who are not currently a member but want to participate in the election should begin their membership no later than Friday, April 26. A membership that is purchased now will be in effect until May 30, 2020.

New members should

send a check for \$15, payable to the Democratic Club of Leisure World, to Jon Fife at (3200 N. Leisure World Blvd., Apt. 1001, Silver Spring, MD 20906).

### Preparing for 2020

The Democratic Club will be fully engaged in the attempt to unseat the President and other members of the Republican Party in 2020. The Club will soon start to plan its 2020 political action program. Campaigning simply won't wait until next year. If interested in joining, contact the Club at (leisureworlddemclub@gmail.com).

The Club plans to vastly improve its communications efforts in preparing to unseat the current President, and is looking for volunteers to help in this effort. For more information, email (leisureworlddemclub@gmail.com).



### Nominations

On or about Thursday, April 11, the nominations and elections committee will announce their slate of nominations for president, first and second vice presidents, secretary, treasurer and three at-large members.

More information is forthcoming. Watch the Donkey Dispatch and attend the April general membership meeting. Nominations also may be heard from the floor at the general meeting on May 9.

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# Guest Musicians Perform at Holy Week Services

by Kevin Clemens

Guest musicians will be a part of the Holy Week and Easter worship services at The Inter-Faith Chapel.

On Palm Sunday, April 14, from 9-11 a.m., violinist Heather Haughn will play the prelude and postlude in addition to the hymns and choral works sung by the Chancel Choir.

Haughn will play the “Praeludium and Allegro” of Fritz Kreisler and “Allegro for Violin” of Joseph-Hector Fiocco. Both are favorite encore works of violinist Itzhak Perlman and can be found on YouTube. Haughn teaches at the Duke Ellington School for the Arts in Washington, D.C., and resides in Baltimore.

## Maundy Thursday

On Maundy Thursday, April 18, at 7 p.m. clarinetist Santana Moreno will play the prelude and other voluntaries for the Holy Communion service.

For the prelude, Moreno

will play the first movement of Johann Baptist Vanhal’s “Sonata in B-flat Major.” Other voluntaries he will play include Niels Gade’s “Fantasiestücke, Opus 43” and Ferruccio Busoni’s “Elegia.” The hymns and choral works of the Chancel Choir will be enhanced with clarinet descants and obligatos.

Moreno earned a graduate degree in clarinet performance from the prestigious Peabody Conservatory in Baltimore.

## Good Friday

On Good Friday, April 19, at noon, the solemn service of The Lord’s Passion will be reflected in the readings, sermon and music.

Noelle Drewes, who earned a doctorate in woodwind performance from the University of Maryland, will play the oboe and English horn. Drewes will play a transcription of Gabriel Fauré’s “Sicilienne” for English horn and piano for the prelude.

The Chancel Choir will sing

Theodore Dubois’ “The Seven Last Words of Christ” with tenor soloist, JaMarvae A. Lard of Odenton, Maryland. Lard recently graduated from the Southern University of Mississippi with a degree in vocal performance.

The baritone soloist is Louis Davis, Jr., of Washington, D.C. Davis is a graduate of Morgan State University with a degree in vocal performance. He sings with the Washington National Opera.

Drewes will close the service with “Aria” by Flor Peeters.

## Easter

Easter Sunday, April 21, services at 9 a.m. and 11 a.m. will include trumpeters Todd Butler and Danny Gouker. For the prelude, Butler and Gouker will play “My Spirit Be Joyful” by Johann Sebastian Bach.

The two trumpets will enhance the hymns and the choral works, including “Awake, Now, Wintry Earth” from Bach’s Cantata 129, sung by the Chancel Choir. The



The Inter-Faith Chapel. Photo by Leisure World News

service will conclude with the first movement of Antonio Vivaldi’s “Concerto for 2 Trumpets in C Major.”

Butler earned undergraduate and graduate degrees in trumpet performance from Towson State University and resides in Eldersburg, Maryland. Gouker earned an undergraduate degree in trumpet performance from Towson State University and a graduate degree in trumpet and jazz performance from the University of New York. Gouker resides in Brooklyn, New York, and is a freelance musician.

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# April 23: Educator Presents Program About Recovering Family History

by Dave Edfors

On Tuesday, April 23, the Unitarian Universalists present a program by Dr. Myrna Teck about the search for our ancestors and family histories. The program is at 2:30 p.m. in Clubhouse II.

Like many people, Teck wondered where her family came from, and what future generations would like to know about them. As the Russian proverb goes: “You live as long as you are remembered.”

Teck embarked on a search for her own family history last summer. Her trip to Poland and Belarus combined attendance at an International Genealogical Conference with a trip to her ancestral villages.

The neglected and sad state of the Jewish cemetery in Goniadz, her grandmother’s Polish village, prompted her to spearhead an effort to restore

its dignity and have it function as a resource for learning.

Goniadz was a village of 4,500 before World War II, but its population declined after the Holocaust and is now just 2,000. The cemetery is the only evidence that Teck’s family ever lived in that area before the war.

For more photographs and details about this recovery project, visit ([www.jewishheritagepoland.org](http://www.jewishheritagepoland.org)) and click on “Goniadz” under “Towns.”

Join the Unitarian Universalists on April 23 for this informative and inspiring presentation, which will be followed by light refreshments and conversation. You don’t have to be a member of the Unitarian Universalists to attend its meetings. All residents are welcome.

For information about the organization, contact Helen Pechacek at (301-384-2415) or ([helenpechacek@gmail.com](mailto:helenpechacek@gmail.com)).



Goniadz Jewish Cemetery in Poland. Photo by Myrna Teck

## About the Presenter

Myrna Teck is a visual arts educator who became interested in gravestones as a teenager when her father took her to the local cemetery to practice her driving skills.

As a visual arts professional, she has photographed many cemeteries throughout the U.S. and abroad. In 2007, she founded the JAE Corporation, a non-profit entity focused on presenting

artworks through the prism of a culture.

She worked as an art teacher in Norfolk, Virginia’s public schools and at Virginia Wesleyan College. In 1983, she left teaching and became the program coordinator at the Chrysler Museum. In 1989, she returned to graduate school at the University of Kansas and received her doctorate in visual arts education.



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# April 25: Community Commemorates the Holocaust

by Fred Shapiro

A succession of bombings and shootings has revealed extremist groups' dangerous anti-Semitic agendas.

The media has reported in recent months about the concerns by both the U.S. government and community organizations that the brutality of the Holocaust is being forgotten, and steps must be taken to assure that it is not.

The Inter-Faith Missions Committee holds its annual service to commemorate the victims of the Holocaust at its Yom HaShoah Holocaust Remembrance program on Thursday, April 25, at 2 p.m. in Clubhouse II.

The United States Holo-

caust Memorial Museum is expected to provide a speaker for the program. Due to the aging population and health condition of survivors, the speaker will not be named until shortly before the event.

In the past, residents have also heard from speakers who were survivors of the camps, children who were shipped to safer locations or hidden, an Albanian whose family hid Jews, as well as members of the U.S. military who were liberators of the concentration camps.

As is customary for the event, residents who are survivors of the Holocaust will participate by lighting seven candles and readings memorializing those who died in the camps, the survivors, the resistance, the

righteous Gentiles and the future for all mankind and the State of Israel.

The survivors participating this year are being organized by Susan Weiss. Rev. Dr. Woodie Rea hosts the program, with participation by Rabbi Gary Fink, Cantor Mike Kravitz and the Jewish Residents of Leisure World (JRLW) choir.

The program also includes readings and prayers by clergy and members of the four religious organizations in Leisure World that constitute The Inter-Faith Missions Committee – The Inter-Faith Chapel, Lady of Grace Catholic Church, the Unitarian Univer-

salists and JRLW.

The program is being organized by JRLW, working along with Rea.

Join members of the Leisure World community as they remember the victims of the Holocaust and dedicate themselves to making sure such an atrocity never happens again.



Fred Firnbacher lights a candle for victims of the Holocaust at a past Yom HaShoah Holocaust Remembrance program. Photo by Fred Shapiro

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# April 10: Commentator Bob Levey Speaks at Club's Spiritual Adoption Luncheon

by Carole Mund

**S**piritual adoption is a virtual adoption that supports educational scholarships for children in Israel. Last year NA'AMAT RBZ sponsored five scholarships of \$360 each, and donated \$500 to the Ruth Bader Ginsberg Scholarship Fund.

This year's spiritual adoption luncheon, the Club's biggest fundraiser of the year, is held on Wednesday, April 10, at 11:30 a.m. in the Clubhouse I Crystal Ballroom. Attendees

will, hopefully, contribute to support the various services for children that NA'AMAT sponsors.

The luncheon's speaker is Bob Levey, a nationally recognized columnist and commentator on political news. For 23 years, he wrote a daily column in The Washington Post and has been named "Washingtonian of the Year" by Washingtonian magazine.

Levey will speak on national and local issues, and will introduce his novel, "Larry Felder, Candidate," a fictional

story of a columnist turned political candidate. The novel reflects some of the scenarios associated with a congressional campaign. His presentation includes a book sale (\$20 per book, cash, checks and credit cards accepted) and a book signing.

The luncheon includes a plated salad and dessert. The cost is \$26 per person. For questions or if you are interested in attending, contact Harriet Chaikin at (301-502-3303).

All residents are invited to join NA'AMAT RBZ at this luncheon; they do not need to be a Club member to attend.

## Tribute Cards

Tribute cards and memorial cards are the perfect way to acknowledge events of friends and family. Funds collected from tribute cards help support and maintain the essential programs NA'AMAT sponsors, and is an easy way to attain donor credit.

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training and legal aid to women, services and assistance for

new immigrants and centers for the prevention and treatment of domestic violence.

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards. Each card is \$4 if purchased and sent by the purchaser, or \$4.50 if sent by Lenore Kallen, tribute chairperson. Full donor

credit is given for each card. For questions, contact Lenore at (301-922-4348).

## Donor Credit

The many activities Club members enjoy not only provide opportunities for socialization with friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides.

Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT. A donor credit of \$50 affords a member an invitation to the annual donor luncheon.

By now members should have received notice of the amount of donor credit they've achieved through active support of NA'AMAT RBZ. Contact Theda Rosenblum at (301-598-9105) for questions concerning your donor credit.

## Save the Date

- May 8 – Donor Luncheon at Argyle Country Club
- May 15 – Overnight Trip to Dover Downs, Delaware, including a show commemorating Cher. For details, see the Club Trips section of this publication or call Trudy Stone at (301-438-0016).

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).



Bob Levey. Photo courtesy The Washington Post

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## April 14: Voices of Vets, Inc. Performs at Brunch

by Fred Shapiro

Jewish War Veterans Post 567 holds its next brunch on Sunday, April 14, at 10:15 a.m. in the Clubhouse I Crystal Ballroom.

The brunch features entertainment by musical group Voices of Vets, Inc., organized and lead by the group's CEO, Kassandra Sandacz, and joined by musicians Lauren Walter and Todd Simon. Located in Baltimore, Maryland, Voices of Vets, Inc. is a non-profit performing group that travels the U.S. providing live music at veterans' homes.

The group's goal is to visit all the veterans' homes in the U.S. to let veterans know that their

service and sacrifice has not been forgotten. So far, the Group has toured Tennessee, North Carolina, Pennsylvania, Washington, D.C., and Maryland. In June they will visit the veterans' homes in Florida.

Music therapy is rapidly becoming an integral part of helping many elderly and dementia patients. Hearing music from an earlier time can have a positive impact on them.

Voices of Vets, Inc. was organized by Sandacz after a government teacher, Col. William P. Holmes, suggested she visit Charlotte Hall Veterans Home to sing for the veterans.

Attend the brunch to see the smiles and good times they share

with veterans.

The cost of the brunch buffet, which includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and more, is \$14 per person. To attend, mail a check, payable to JWV 567, to Jerry Cohen at (3330 N. Leisure World Blvd., Apt. 919, Silver Spring, MD 20906) by Monday, April 8. For questions, call Jerry at (240-970-5024).

### About Post 567

Veteran or other residents who are interested in providing ideas for programs and services to help veterans are encouraged to attend the Post's monthly business meetings, held on the



Voices of Vets, Inc. performs at the Bender Jewish Community Center of Greater Washington in Rockville. Photo by Fred Shapiro

first Wednesday of the month at 11 a.m. in Clubhouse I.

Join Post 567 as it strives to improve the quality of life for veterans living in Leisure World.

## ■ Jewish Residents of Leisure World

## April 24: Celebrate Passover with a Community Seder

by Jonas Weiss

The Passover holiday begins on the evening of Friday, April 19. Fred Firnbacher leads a community Kosher for Passover Seder on Wednesday, April 24, at 6 p.m. in Clubhouse I.

The cost is \$40 for adults and \$20 for children under 12. A reservation form is available in the JRLW newsletter, with spaces to indicate food choices (chicken, salmon or vegetarian) and to write the names of at least eight people to reserve a table.

Reservations are necessary by Monday, April 8, with checks payable to JRLW and sent to Milli White at (2901 S. Leisure World Blvd., Apt. 106, Silver Spring, MD 20906).

### Religious Services

Rabbi Gary Fink talks about intermarriage at a family Shabbat service on Friday, April 5, at 7:30 p.m. at The Inter-Faith Chapel.

Cantor Michael Kravitz leads a Conservative Shabbat service on Saturday, April 13, at 9:15 a.m. in Clubhouse II. Sid Sussan

chants the Haftorah and Jerry Miller delivers the D'var Torah.

Join Rabbi Moshe Samber and volunteers for Sabbath services, with discussions of the Torah portion as well as study of rabbinical writings, on Saturday, April 6, 20 and 27 at 9:15 a.m. in Clubhouse II.

### Good Deeds Day

On Sunday, April 7, many communities across the country will assist people in various ways as part of national Good Deeds Day. On that day, JRLW will collect donations of packaged food from 10 a.m. to 2 p.m.

in the Clubhouse I lobby. The food will be taken to Manna Food Center for distribution to Montgomery County residents who are dealing with hunger or food insecurity.

### Donations

For the Torah maintenance fund, send checks, payable to JRLW, (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906). Send donations for prayer books (\$25 minimum) to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD

20906).

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum) Yiskor

or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



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# April 15: Judaic Study Group Discusses The Passover Haggadah

by Barbara Eisen

The Hadassah Judaic Studies Group meets on Monday, April 15, at 1:30 p.m. in Clubhouse I.

The topic, just in time for Passover, is the Haggadah. Peri Schuyler will lead the discussion.

Given that the Haggadah is so completely integral to conducting the Passover Seder, how much do we really know about it? How did it come about?

The Group will consider if there are different Haggadahs for Orthodox, Conservative and Reform, or for Ashkenazi and Sephardim, as well as how the content was determined and from where it derived. As Jews, we're never without questions, and of course, it wouldn't be Passover without asking, "why?"

Join the Group to learn more about Haggadah traditions from the Sarajevo

to the Maxwell House. Bring a Haggadah of your own and add your tradition to the mix. All residents are welcome.

For questions or more information, contact Peri Schuyler at (perislaptop@aol.com) or (301-869-2968), Marcia Elbrand at (216-496-6633), Shari Goldstein at (240-293-6442), or Naomi Kline at (240-669-7683).

## Presentation

On Wednesday, April 24, Jodi Lyons, an eldercare consultant, speaks on her book, "Brain Health As You Age: A Practical Guide to Maintenance and Prevention."

For more information about the presentation, see the Health section of this publication.

## Greeting Cards

Jan Bloom sells Hadassah greeting cards. The price of the cards is \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting.

Call Jan at (301-593-7720) to buy cards between meetings.

## Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40.

Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

## General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

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## ■ Jewish Discussion Group

# April 28: 'From Visionary Education to a World of Impact'

by Jerome "Jerry" Cohen

The Group's next session is on Sunday, April 28, at 10:30 a.m. in Clubhouse II, and features a special presentation by Irv Elenberg, director of development for the Washington, D.C., Metropolitan Area chapter of American Technion Society.

Elenberg will give a talk entitled "From Visionary Education to a World of Impact."

The Technion - Israel Institute of Technology is a major source of innovation and brainpower that drives the Israeli economy and is a key to Israel's reputation as the world's "start-up nation."

Technion's people, ideas and inventions make immeasurable contributions to the world in the areas of medicine, energy, computer science, water conservation and nanotechnology.

Join the Group on April 28 for this educational talk and participate in what is sure to be a lively question

and answer session following the presentation.

## March Session

At the March session, artist and printmaker Pauline Jakobsberg presented a talk entitled "Two Legacies." Using her artworks and stories, she retold her late husband's journey from Nazi Germany to Bolivia and then the U.S.

The Group very much appreciated and enjoyed her presentation and her lovely works of art.

## About the Group

The Jewish Discussion Group invites everyone to attend its free discussion group sessions held on the fourth Sunday of every month from 10:30 a.m.-noon in Clubhouse II.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

# May 8: Group Hosts an Evening of Magic and Trivia for Members Only

by Patricia Means

LWAAAC hosts “Fun Night,” an appreciation event for members-only, on Wednesday, May 8, from 6-9 p.m. in the Clubhouse I Crystal Ballroom. Light refreshments will be served and a cash bar opens at 6 p.m., with showtime at 7 p.m.

The evening’s fun-filled entertainment includes illusionist Don Juan, who will impress the audience with a magical performance. Trivia games will be played after the show, with prizes for the winners.

This members-only event is free, but tickets are required and available from Tuesday, April 9, through Monday, May 6, at the Clubhouse I E&R office. For more information, contact Lois Fuller, event chair, at (240-242-3711).

## Election of Board of Directors

The LWAAAC nominating committee continues its search to fill the electoral slate for the 2019-2020 board of directors.

The most important responsibility of a member is to participate in the election process. It is critical that nominations are submitted for the forthcoming election.

Glenne Martin has replaced Dee Dee Spriggs as chair of the nominating committee. For more information, contact Glenne at (301-438-3537).

## Healthful Thursdays

Session 2 of the Healthful Thursdays Program on Chronic Diseases and Wellness is on Thursday, April 11. The session covers medications and long-term complications.

Session 3 is on Thursday,

April 18, and delves into how to prevent and manage diabetes and hypertension, as well as healthy eating habits, exercise and coping behaviors. Session 4 is on Thursday, April 25, and covers stress management and goal setting.

All sessions are from 1-3 p.m. in Clubhouse I. The sessions are free, but a ticket is required for each session and are available at the Clubhouse I E&R office.

For more information, contact Jannifer Woodson, event chair, at (832-259-7063).

## Robocalls

LWAAAC is using the One Call Now robocall system. Telephone messages are received directly from president Juanita Sealy-Williams, and her name and telephone number, (301-822-4531), are displayed or announced via a resident’s caller identification system.

Members who are not receiving LWAAAC telephone messages may inform Juanita Sealy-Williams at (301-822-4531).

## Amenities

Members should notify LWAAAC of illness, disability, death or other situations that affect a member or that person’s

immediate family by contacting Louise Langley, amenities chair, at (301-598-3876).

## The Drumbeat

The April issue of The Drumbeat will be emailed to members in mid-April. Members who have not provided an email address to LWAAAC should send it to (lwaaac2@gmail.com).

Members who do not have email address may request a hard copy of The Drumbeat by placing a note in the LWAAAC mail slot in the Clubhouse I E&R office, or by contacting Patricia Means at (301-598-0550).

## ■ Women’s Fun Bunch

# April 27: Brunch and Glass Blowing Demonstration

by Marlene Golden

The Women’s Fun Bunch has planned an exciting excursion to the Art of Fire in Gaithersburg for a special glass blowing demonstration on Saturday, April 27.

Club members will gather at Clubhouse II at 10:15 a.m. and carpool to the Olney Tavern in Olney, Maryland, for brunch (pay on your own). After brunch, Club members will carpool to Art of Fire for a 1 p.m. glass blowing demonstration.

The cost to attend the glass blowing demonstration is \$10 per person. Checks should be made payable to Elinor Tattar and mailed to her at (15300 Pine Orchard Dr., Apt. 3K, Silver Spring, MD 20906). Registration is limited to 30 participants and the deadline for payment is Saturday,

April 13.

Art of Fire Contemporary Glass Studio was established in 1984 and moved to its present location off of Hawkins Creamery Road in Montgomery County in 1999. A renovated dairy barn now houses a gallery and hot shop. As well as producing decorative and functional glass for customers, Art of Fire offers glassblowing classes and “create your own” workshops.


For more information about this excursion, call Marlene Golden at (301-438-7773). For more information about Art of Fire, visit (www.artoffire.com).

To join the Women’s Fun Bunch, a group for Leisure World widows, send a check for \$15, payable to Elinor Tattar, to (15300 Pine Orchard Dr., Apt. 3K, Silver Spring, MD 20906).

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# May 15: Annual Scholarship Luncheon at Manor Country Club

by Carole Mund

The Rossmoor Women's Club (RWC) Scholarship Luncheon is on Wednesday, May 15, at noon at nearby Manor Country Club, located at 14901 Carrolton Road in Rockville.

Each year, the RWC awards scholarships to three students from Blake High School and three students at Montgomery College who have demonstrated academic achievement and financial need. The RWC's new officers will also be installed at the luncheon.

Education committee chairperson Rita Posner and the committee, in conjunction with the educational counselors at

each site, identify the scholarships' recipients.

The luncheon includes a choice of Caesar salad with grilled salmon or Cobb salad with grilled chicken breast, along with soup, warm rolls and butter, iced tea and lemonade. By popular demand, the luncheon will again include a warm brownie sundae for dessert.

To attend the luncheon, mail a check for \$35, payable to Rossmoor Women's Club, to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906). Include your phone number on the check. Guests are welcome.

Checks are due on Friday, May 10, and no reservations can be accepted after that date. Refunds

are not available after May 10. For questions, contact Carolyn at (301-806-5383).

Club members are asked to bring along donations for the Betty Ann Krahne Center, the only emergency domestic violence shelter for women and their children in Montgomery County. The Center's wish list includes full-size toiletries, new bathrobes, diapers, baby wipes, gift cards, suitcases and luggage. Club members will deliver the donated goods to the Center following the luncheon.

## Membership

It is not too soon to renew membership in the RWC. Membership includes the remainder of this year as well full

membership for next year.

Membership in the RWC is open to residents and non-residents, and affords the opportunity to attend all meetings and trips. The RWC provides an opportunity in which to make a difference, as well as an opportunity to meet new people from the community.

To join, mail a \$40 check for membership dues, payable to the Rossmoor Women's Club, to Arlene Siller at (Rossmoor Women's Club, 3100 North Leisure World Blvd., #909, Silver Spring, MD 20906). For questions or additional information, contact Arlene at (abs929@yahoo.com).

## Fundraising and Volunteering

Many of the RWC's activities incorporate fundraising to support charities in Leisure World and Montgomery County. Other activities include volunteering on behalf of the Club.

The RWC has established annual college scholarships to high achieving local high school and Montgomery College ACES students with documented financial need. Funds and volunteer support services have been donated to a variety of charities, including A Wider Circle, A Head Start Program, The Fisher House Foundation, which provides housing for families of wounded soldiers; and The Betty Krahne Center for Domestic Violence.

## Visit to Head Start

Throughout the year, Rita Posner coordinates a group of Club members to visit a Head Start classroom at Harmony Hills Elementary School. The members assist the children in their many activities.

Members often bring treats for the children as well as packages of food for them to take home during school vacations. The joy expressed by the children is very rewarding. The volunteers are rotated so that as many members as possible have the opportunity to share in this hands-on experience.



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# May 15: Club Travels to Lancaster for a Musical Journey

by Elizabeth Brooks-Evans

On Wednesday, May 15, the Going It Alone Club (GIAC) sponsors a daytrip to the American Music Theater in Lancaster, Pennsylvania. Other scheduled trips include:

- July 16-18 – Gaming in Atlantic City, New Jersey
  - Sept. 16-20 – Pigeon Forge and Smoky Mountains Show Trip, Gatlinburg, Tennessee
- More detailed information on these trips can be found in the Club Trips section of this publication.

Sign-ups up for trips takes place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions. The GIAC newsletter, which also has more trip information, is also available at that time.

For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Armchair Travel

GIAC meets every Saturday beginning with armchair travel at 2 p.m. in Clubhouse II, followed by various games at 2:30 p.m.

On Saturday, April 6, while viewing “Travel Skills, Part One,” learn tips on travel from Rick Steves’ 30 plus years as a European travel guide. Starting in the Netherlands and Germany, learn about transportation by train and car within Europe, changing money and settling in upon arrival. How much a person enjoys the delights of Europe depends upon how well he or she plans his or her travel.

On Saturday, April 13, watch “Travel Skills, Part Two” as Steves focuses on skills to use when visiting Venice, Siena and the Cinque Terre in Northern Italy. Learn about trip planning, packing safety, and — perhaps the most rewarding skill of all — connecting with the locals.

Going beyond the sights, Steves shares some practical tips to help make European travel fun and hassle-free.

## Games

Games begin at 2:30 p.m. and include bridge and Rummikub in the Clubhouse II lobby. Mexican train dominoes and old-fashioned dominoes are played in the Game Room. Members are also welcome to bring or suggest other favorite games.

Free bingo with prizes is sometimes played on the second and fourth Saturdays of the month. Pokeno is sometimes played on the first and third Saturdays of the month. On one Saturday of each month, one lucky member at SAL receives a door prize.

For more information about games, contact Sylvia Pachenker at (301-598-5325).

## Membership

To become a member of GIAC or to renew membership, visit SAL any time between 1:30-3 p.m. in Clubhouse II. The membership fee is a nominal \$7 per year. Beginning Monday, July 1, 2019, the membership fee increases to \$8 per year.

The income from dues is used to pay Club expenses and enhance activities. For more information about membership, contact Sylvia Pachenker at (301-598-5325).

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- Identify FTD subtypes
- Discuss unique care considerations for FTD
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# Spend an Evening with the Boomers

by Beth Leanza

If you enjoy participating in events in the evenings, then the Baby Boomer Club may be for you. The Club's schedule is great for retired residents as well as those who still work or are active.

Club members like to watch movies together once a month on Friday nights in Clubhouse II, and also go out

once a month on Saturdays to have dinner and take in a movie at a local theater. On some Friday nights, Club members go to Toby's Dinner Theatre in Columbia for a buffet and musical. In the summer, the Club has a weekend barbecue at East Norbeck Park.

## Ready to Join?

The Club's membership is ready and waiting to receive dues and get you signed up. Send a check for \$5 per member, payable to Baby Boomer Club, to Susan Landesberg at (3503 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does.

Adding the Baby Boomer group email address (bbclw@googlegroups.com) to your contact list or address book will help to prevent the Club's emails

from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with walk information.

## Friday Hikes with Joyce

Anyone is welcome to join the walks led by Joyce Richardson on Fridays. Most walk about three miles, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday night.

- April 12 – Crescent Trail (Bethesda) Meet and park in the Bethesda Swimming Pool parking lot at 1:15 p.m. Bring water. Drive through the Connecticut Gate and take Connecticut Avenue South for 8.7 miles. Turn right onto Bradley Lane (MD-191) and drive for 1.1 miles. Turn left on Hillandale Road and drive for 0.4 miles. Parking is on the right.
- April 19 – Rock Creek Park Trail (Aspen Hill) Meet in the lower circular parking lot at

1:15 p.m. Bring water. Drive through Connecticut Gate and onto Connecticut Avenue. Turn right onto Aspen Hill Road and continue for 1.4 miles. Turn right onto Baltic Avenue. Travel about 0.2 miles and then turn right into the parking lot.

## Sunday Walkers

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Afterward, join the walkers for breakfast. For more information, email Ted Michos at (Tedmichos@gmail.com).

## Weeknight Walks

For a shorter walk (about one mile), meet in the lobby of Clubhouse I at 5:15 p.m. No announcement is made; just look for a group forming and introduce yourself.

## AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar.

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# Group Publishes Collection of its Writing

by Denise Barker

The Writers of Leisure World gathered on March 21 to share their writings and to get first copies of their new collection, "Lessons of Life: Wisdom from an Ageless Generation."

The Group is planning to celebrate their new book with a publishing party featuring cake and a book signing on Thursday, May 2, at 11 a.m. in Clubhouse I

At the March 21 meeting, Lee Hardy shared memories of her extraordinary mother, who was a Gray Lady in World War I. Hardy recalled visiting the butcher shop with her.

Radha Pillai wrote of her understanding of God, a force that controls the universe. She explained how everyone's mind, with its different sets of images and experiences, forms one's

concept of God.

Viola Stendardi offered a grim and vivid poem that describes the life of an immigrant with two jobs who lives in a crowded, rundown apartment. Denise Barker shared a poem about speeding and visiting the Motor Vehicle Administration.

Joanie Friedlander wrote a personal version of the oldies song, "It's Magic," to celebrate her relationship with her boyfriend.

Woody Shields wrote of a development in Maryland's deer management: maximum sustained yield, which encourages hunters to harvest female deer. This provides an ecological service by restraining the deer population.

## March 7 Meeting

The Group also met on March 7. Pillai recalled dyeing sari fabric in the sun in India, and how by spreading it

out, the sun's warmth would reach all sides. She noted that current politics pulls our thoughts in different directions much like fabric, but it is her hope that the "fabric of our minds" will also be made even and smooth.

Phil Wendkos read some hints on "tahsin," or self-improvement in Arabic, including studying and reading, refraining from being disparaging and using positive encouragement.

Jane Hawes told of the wildlife in her garden and how aphids were eating her evergreens and azaleas; she finally got a recommendation for a non-damaging insecticide from the University of Maryland. She likes birds and found ways to attract cardinals, blue jays, sparrows and woodpeckers. She is thinking of starting a novel entitled, "Cheep, Cheep."

Barker read a poem about being a creature of weather:

despairing winter, blooming in spring and thriving in green summer. Tom Anessi shared some of his poetry, and Marion Bedell shared some advice from famous writers.

The Writers of Leisure World meet on the first and third Thursday of each month at 11 a.m. in Clubhouse I. All residents are welcome to attend.

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# Learn More About Mac Support

by Brent Malcolm

Mac users can execute support activities that are a little more technical, but still within the competencies of the typical Mac user.

## macOS Recovery

The Recovery system contains tools to help users look up information online when macOS won't start, and to repair or

reinstall the system. These instructions help users restore from Time Machine, reinstall macOS, get help online, repair or erase a hard disk and more.

To activate it, turn on the Mac and immediately press and hold Command R. Learn more at ([bit.ly/mlrecovery](http://bit.ly/mlrecovery)).

## Safe Mode

When the user starts a Mac in Safe Mode, the macOS performs extra checks and prevents certain third-party software from running. Use Safe Mode to isolate issues with the Mac.

Safe Mode also helps resolve issues that might keep the Mac from completely starting up, or to isolate other issues related to the startup disk. To activate it, start the Mac and press and hold the shift key. See how to use it at ([bit.ly/mlsafemode](http://bit.ly/mlsafemode)).

## Reset SMC

The System Management Controller (SMC) handles low-level functions such as

battery management, keyboard backlighting and thermal management. Some of the symptoms that might indicate a SMC problem are: fan runs fast; no response when pressing the power button; or the Mac sleeps or shuts down unexpectedly.

See ([bit.ly/resetsmc](http://bit.ly/resetsmc)) for a through explanation of the SMC's functions and instructions for resetting it.

## Reset NVRAM

The non-volatile Random Access Memory stores key settings for the Mac, such as sound volume, display resolution, time zone and Start-up-Disk preferences. See ([bit.ly/mlresetnvr](http://bit.ly/mlresetnvr)) for a detailed explanation of the NVRAM and how to reset it.

## Hardware Issues

Your Mac includes tools that check for certain hard-

ware issues without going to a Genius Bar. For Macs introduced in June 2013 or later, see ([bit.ly/mldiag](http://bit.ly/mldiag)), otherwise see (<https://support.apple.com/en-us/HT201257>).



## Apple Club News

The Club's next meeting is on Tuesday, April 23, at 10 a.m. in Clubhouse II. The meeting's speaker is yet to be determined. For more information about

the Club, visit (<http://mac.computerctr.org>).

## Today's Tip – Skip the Confirmation Query

When users initiate a Log Out or a Restart, they see a window asking if they really want to Log Out or Restart. To bypass this query, hold down the Option button when initiating the Log Out or Restart.

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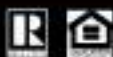


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# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Book Club Network:** The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

**Boston Group:** If you have not yet attended a meeting and are a Bostonian, please let us hear from you. Members arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189) and leave a message.

**Clipper Workshop:** Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

**Enriched Encounter Group:** The Group meets the second and fourth Friday of the month at Clubhouse II at 10:30 a.m. The group discusses all subjects with the exception of politics. Meetings have been very exciting and stimulating. For additional information call Wally Becker at (301-288-4276).

**Hispanos de Leisure World:** All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is April 12. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**LW LGBTQ Alliance:** Our group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail.com).

**Model Railroad Club:** If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no commit-

tees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

**The Philadelphians:** For further information, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

**Quilting Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is April 11.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 award-winning stories by various authors. On Wednesday, April 17, John Moens will lead a discussion of "The Stamp Collector" by Dave King. On Wednesday, May 1, Alisa Samba will lead a discussion of "More or Less Like a Man" by Michael Powers. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Town Meeting Organization:** (TMO) is a movement of residents concerned about governance and management that meets every month to discuss and schedule community-wide town hall meetings. Topics such as the proposed administration building, funding a strategic plan, community governance and management involvement in mutual elections, are addressed. The town halls are held to inform and involve residents in issues affecting them. TMO meets the third Thursday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information, email (admin@townmeetingorganization.com).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

# Leisure World Club Trips

The next deadline for trip submissions is **Monday, April 8**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to [lwnews@lwmc.com](mailto:lwnews@lwmc.com).

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

**April  
28**

## A Taste of Italy Baltimore, MD

The **Italian Social and Cultural Club** invites you along on a trip to historic Little Italy in Baltimore for sightseeing and lunch at the world-famous Sabatino's Italian Restaurant.

The bus departs Clubhouse II at 10:30 a.m., with lunch at Sabatino's at approximately 11:30 a.m. Following lunch, there will be time to explore Little Italy. The bus departs for Leisure World at 3:30 p.m., arriving at Clubhouse II at approximately 4:30 p.m.

The cost is \$69 per person and includes transportation and lunch. Lunch features salad with Sabatino's house dressing, Italian bread and butter and an entrée choice of lasagna, linguini marinara, tortellini with sauce, cheese ravioli, eggplant parmigiana, chicken alle marche or chicken lynn red, with cake or spumoni for dessert. To make reservations, call Eyre Tour and Travel at (301-598-1599) or (301-854-6600, Ext. 4), or drop by the Eyre office in Clubhouse I.

**May  
7**

## Edmonson Sisters Statue Alexandria, VA

The **Edmonson Historical Society** is sponsoring a trip to visit the Edmonson Sisters statue in Alexandria, Virginia, on Tuesday, May 7. The cost is \$40 per person and tickets may be purchased from E&R in Clubhouse I from Tuesday, April 9 to Friday, May 3, checks only, payable to Edmonson Historical Society. The trip includes a tour of the Alexandria Black History Museum, as well as the Freedom House Museum, with a two-hour break for lunch or shopping. Lunch at the waterfront is on your own (brown bag or restaurant). Some nearby Old Town Restaurants include Blackwall Hitch, Chart House, Vola's Dockside Grill, Fish Market, Il Porte Ristorante, Landini Brothers, Mia's Italian Kitchen, Urbano, The Wharf, Daniel O'Connell's Irish Restaurant and Virtue Feed & Grain. Make a reservation in advance for 12:15 p.m. is strongly recommended. The bus departs from Clubhouse II at 9 a.m. and returns at approximately 4 p.m. This trip is open to all Leisure World residents as well as to Riderwood residents and members of The People's Community Baptist Church. For more information, call Juanita at (301-822-4531).

**May  
15**

## American Music Theatre Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, "Ovation – An AMT Pop Orchestra Experience." The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop artists. The trip also includes lunch at Bird-in-Hand Restaurant. The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 13, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

**May**

**15-16**

## Dover Downs Hotel and Casino Dover, DE

Return to Dover Downs with **NA'AMAT RBZ Club** on this popular trip with its overnight stay in Dover, Delaware. The cost is \$120 per person, double occupancy; \$170 single occupancy. The package includes round trip transportation, beautiful hotel accommodations, breakfast buffet, plus \$50 play money. As a special treat, this trip also includes a tribute show to Cher. So please make your reservations early. The bus leaves Clubhouse II at 10:30 a.m. on Wednesday, May 15 and returns at approximately 2:30 p.m. on Thursday, May 16. Send your check(s), payable to NA'AMAT, to Trudy Stone at 15101 Interlachen Dr., #801, Silver Spring, MD 20906. Be sure to indicate with whom you will be rooming. If you have any special needs, indicate what they are with your check. Questions? Call Trudy at (301-438-0016).

**July**

**16-18**

## Casino on the Boardwalk Atlantic City, NJ

Join the **Going It Alone Club** on a trip to Atlantic City, New Jersey. Enjoy two nights, with two breakfasts and one dinner, plus a casino bonus. The bus departs from Clubhouse II at 8 a.m. on Tuesday, July 16, returning on Thursday, July 18, after breakfast. The cost is \$250 for members, \$258 for non-members, double occupancy (add \$99 for single occupancy). A deposit of \$75 is due at sign up with the balance due by Saturday, May 18; no refund will be issued after this date unless a replacement is made. Travel insurance is available. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

**7/29-8/2  
2019**

## National Black Theatre Festival, NC

**LWAAAC** is hosting a five-day/four-night trip to the National Black Theatre Festival in Winston-Salem, North Carolina. The Festival is the 16th biennial event with over 100 theatrical performances, films, workshops, seminars, international conferences, vendors and much more that will saturate the city with an impressive array of entertainment. All residents are invited. The cost is \$937 per person, double occupancy, or \$1,450 for single occupancy and includes travel, hotel accommodations, breakfast, shuttle service to and from the convention center and a city tour. Call (800-321-3973, Ext. 4) to reserve a spot. The deposit to Eyre Travel is \$100 per person at the time of booking with the final payment due by Tuesday, May 28. Incremental payments may be arranged, and travel insurance may be purchased. For details, visit Eyre Tour and Travel in Clubhouse I. A fact sheet and the daily itinerary are available from Al Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

**Sept.**

**16-20**

## Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee. The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park. The bus departs Clubhouse II at 8 a.m. on Monday, Sept. 16 and returns late afternoon on Friday, Sept. 20. The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by Tuesday, July 9. Travel insurance is available. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

# EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm  
Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4  
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

### Wolf Sanctuary, PA

Thu., 4/25, 7:15 am-5:45 pm .....\$99.00 per person  
Enjoy this outdoor guided tour that will introduce you to wolves. This is a more relaxed walk over natural grass, stones and dirt. Please wear good walking shoes. Lunch at Good 'N Plenty, admission and tour, and transportation included. *\*Not recommended for guests with limited mobility.*

### Springfest in Ocean City, MD

Sat., 5/4, 7:45 am-9:15 pm .....\$60.00 per person  
Transportation only to inlet. Explore the arts and crafts. Listen to the entertainment and enjoy delicious food.

### Getaway to Gettysburg, PA

Sat., 5/4, 8:00 am-7:00 pm .....\$115.00 per person  
Explore the Gettysburg Visitor Center and cyclorama, the Shriver House and lunch at Farnsworth House.

### Guinness Brewery Tour, Baltimore, MD

Thu., 5/9, 11:30 am-7:15 pm .....\$89.00 per person  
Open Gate Brewery & Barrel House is the first Guinness brewery on American soil since 1954, and serves as a world-class visitor center. Tour the brewery and learn about the storied history of Guinness and ask questions about the brewery and beers on tap. Afterwards, enjoy a tasting of Guinness products. Prior to the tour enjoy lunch at Ram's Head Tavern in Savage Mill.

### \*Back by popular demand\* Grounds for Sculpture, Hamilton, NJ

Tues., 5/14, 7:45 am-7:45 pm .....\$135.00 per person  
See art and nature at play in the Grounds for Sculpture! Trip includes transportation, admission and lunch at Rat's Restaurant.

### Heroes & Legends, PA

Thu., 5/16, 7:50 am-6:05 pm .....\$95.00 per person  
Visit the Quecreek Mine rescue site museum – guided tour. Lunch at Oakhurst Grill included as well. End the day at the Flight 93 National Memorial in Shanksville, PA.

### Go Safari at Lake Tobias Park, PA

Thu., 5/30, 7:15 am-5:30 pm .....\$87.00 per person  
Guide will share knowledge about various species and their habitats. Transportation, admission and snack included. *Trip is not recommended for guests in wheelchairs or limited mobility.*

### Top of Philly, PA

Sat., 6/1, 7:00 am-8:45 pm .....\$125.00 per person  
Includes Liberty Observation Deck, National Constitution Center and lunch.

### Longwood Gardens, PA

Sun., 6/2, 7:15 am-6:00 pm .....\$79.00 per person  
Trip includes admission to the gardens and transportation. Café on site for lunch on own.

### Ellis Island & Statue of Liberty, NY

Sat., 6/8 7:15am-11:00 pm .....\$113.00 per adult  
.....\$99.00 per child  
Trip includes transportation, ferry tickets to Ellis and Liberty Island and a \$10.00 Cracker Barrel Gift Card

### Tea Time and Meadowbrook Gourds, PA

Thu., 6/13, 8:15 am-5:45 pm .....\$94.00 per person  
Trip includes transportation, luncheon tea and a guided tour of Meadowbrook Gourds

### Made in America Factory Tour, PA

Thu., 6/20, 7:30 am-7:15 pm .....\$79.00 per person  
Closed toe shoes required.\* Trip includes transportation, boxed lunch at Brown's Orchard & Farm, Harley Davidson and Utz Factory tours.

### "Hello Dolly" starring Betty Buckley, DC

Sat., 6/20 11:30am-6:00pm .....\$159.00 per person  
Enjoy this classic at the Kennedy Center! Trip includes transportation, ticket to show and bus snack.

### "The Story of Jesus", Sight & Sound Theatre, PA

Sat., 6/22, 9:45 am-9:15 pm .....\$159.00 per person  
"The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

### Annapolis State House and Severn River Cruise

Fri., 6/28, 8:00 am-4:15 pm .....\$118.00 per person  
House tour of the State House. Step-on guided tour of Annapolis and a boxed lunch while cruising the Severn River included.

### National Harbor, MD

Fri., 7/19, 9:00 am-4:40 pm .....\$45.00 per person  
You choose where you want to spend the day: Tanger Outlets, MGM Casino or at the Harbor! Transportation only.

## Spotlight On...

### Queens of Egypt Exhibit, National Geographic Museum, DC.

Mon., 7/8, 9:05 am-2:50pm .....\$60.00 per person  
This exhibition takes you back 3,500 years, to ancient Egypt. Learn of legendary queens as Nefertari, Nefertiti, Hatshepsut, and Cleopatra VII; see statues, jewelry, and sarcophagi; and take a 3-D tour of one of the most well-preserved tombs in the Valley of the Queens. Lunch on own at the cafeteria on site. Trip includes transportation and admission.

## MULTI-DAY TRIPS

### Wildwood, NJ

June 2-5

### Journey Around Lake Michigan

July 13-21 (fly/drive)

### Ark Encounter, KY

July 14-17

### Pigeon Forge, TN

Aug. 25-29 \*new shows and stops

### Castles of NY-1000 Islands

Aug. 26-29

### Mackinac Island, MI

Sept. 2-8

### Finger Lakes, NY

Sept. 22-25

### Hudson Valley, NY

Sept. 25-27

### The Colors and Cathedrals of French Canada

Sept. 27-Oct. 4 (fly/drive)

### Niagara Falls Canada

Sept. 16-19

### Albuquerque Balloon Fiesta

Oct. 4-9 (fly/drive)

### The Wright Experience at Falling Water, PA

Oct. 22-24

## CRUISES

### Royal Caribbean

Oct. 31-Nov. 8

Eight-night Southeast Coast and Perfect Day Cruise

**We can book any cruise line anywhere you want to cruise.**

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

**INCLEMENT WEATHER POLICY:** Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

# SPORTS, GAMES & *Scoreboards*

## ■ 10-Pin Bowling League

### League Standings Remain Unchallenged

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 79 to 174. If you have not bowled in years, come out and join the fun.

The top league standings as of March 22 are: Wild Things in first place; Half and Half in second place; and Huggers in third place.

#### Top scores for the week of March 8 are:

- Scratch Game – Wild Things, 632 pins
- Scratch Series – Half and Half, 1,878 pins
- Handicap Game – Pin Busters, 908 pins
- Handicap Series – Half and Half, 2,709 pins
- High Average Men – Steve Mueller, 175 pins
- Scratch Game Men – Steve Mueller, 244 pins
- Scratch Series Men – Steve Mueller, 596 pins
- Handicap Game Men – Steve Mueller, 285 pins
- Handicap Series Men – Steve

Mueller and Bill Thomas, 719 pins

- High Average Women – Chris Porter, 168 pins
- Scratch Game Women – Chris Porter, 180 pins
- Scratch Series Women – Ruth Sentelle, 481 pins
- Handicap Game Women – Rita Penn, 274 pins
- Handicap Series Women – Tina Moser, 704 pins

#### Top scores for the week of March 15 are:

- Scratch Game – Huggers, 624 pins
- Scratch Series – Huggers, 1,783 pins
- Handicap Game – Winners, 888 pins
- Handicap Series – Winners, 2,594 pins
- High Average Me – Steve Mueller, 175 pins
- Scratch Game Men – Steve Mueller, 209 pins
- Scratch Series Men – Steve Mueller, 539 pins
- Handicap Game Men – Chuck Martinez, 254 pins
- Handicap Series Men –

- George Spangler, 671 pins
- High Average Women – Chris Porter, 168 pins
- Scratch Game Women – Ruth Sentelle and Chris Porter, 169 pins
- Scratch Series Women – Ruth Sentelle, 483 pins
- Handicap Game Women – Myra Galinn, 247 pins
- Handicap Series Women – Myra Galinn and Kazue Waller, 689 pins

- Handicap Game Men – Mark Bandak, 269 pins
- Handicap Series Men – Mark Bandak, 731 pins
- High Average Women – Chris Porter, 167 pins
- Scratch Game Women – Ruth Sentelle, 181 pins
- Scratch Series Women – Ruth Sentelle, 519 pins
- Handicap Game Women – Julie Thomas, 259 pins
- Handicap Series Women – Barbara Gould, 702 pins

#### Top scores for the week of March 22 are:

- Scratch Game – Wild Things, 627 pins
- Scratch Series – Half and Half, 1,776 pins
- Handicap Game – Wild Things, 906 pins
- Handicap Series – Winners, 2,668 pins
- High Average Men – Steve Mueller, 174 pins
- Scratch Game Men – Stan Galinn, 205 pins
- Scratch Series Men – Mark Bandak, 524 pins



You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league will bowl every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested in joining, call Rita at (301-814-9196).

## GOOD TO KNOW: GOLF IN SESSION

by Leisure World News

With the coldest days of the year seemingly behind us, many residents may be itching to catch some rays with a walk outside.

The community has several walking paths

teeming with greenery and scenic views during springtime, including the Broadwalk in Montgomery Mutual and walking paths in Mutuels 9 and 10.

A walking path encircling the first three buildings of Greens I and II offers breathtaking views of the golf course and nearly intersects with the golf path. Walkers are reminded, though, not to cross over onto the golf path any time between 7 a.m.-7 p.m.

For the safety of all residents, the golf path is reserved for golfers and golf carts during these hours. Residents may walk on the golf path any time before 7 a.m. or after 7 p.m.



Photo by Leisure World News

## ■ Duplicate Bridge Club

### April 15: Club Holds Second Mentor Session

by Jerry Miller

On Monday, April 15, the Duplicate Bridge Club holds its second session in which experienced bridge players will partner with less experienced bridge players as mentors. The game begins at 6:30 p.m. in Clubhouse I, with a short discussion of opening bids.

Mentors will be regular duplicate players at the Club's Tuesday and Friday night games. The mentors will offer on-the-spot lessons in both bidding and play. In addition, a printout of the hands will be provided at the end of play.

To attend, RSVP to Aaron Navarro at (abn123@netzero.net) to ensure that a sufficient number of experienced players will be available. A fee of \$2 per person will be collected at the game.

#### Games

Duplicate games are played on Tuesdays and Fridays at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com). Results also appear on (cuebid.com).

Players who need a partner for either the Tuesday or Friday game should call Shirley Light at (301- 598-6611) at least 24 hours in advance.

## ■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points. Flight C includes only ACBL member pairs, each with less than 500 master points.

### Tuesday, March 5, 2019

#### North-South Flight A

1. Diane Keiper – Marshall Kramer
2. Allen Shaw – Patti Anschutz
3. Alan Ferraro – Liz Ferraro
4. Alfred Caponiti – John Ryan

#### Flight B

1. Alan Ferraro – Liz Ferraro
2. Susan Weiss – Sue Swift

#### East-West Flight A

1. Jerry Miller – Marlys Moholt
2. Saul Penn – Elaine Conway
3. Michael Benefiel – Marcia Fletcher
4. Dora Levin – Merrill Stern

#### Flight B

1. Michael Benefiel – Marcia Fletcher
2. Nancy Gordon – Bernice Felix

### Friday, March 8, 2019 One section only

1. Aaron Navarro – Judith Perrier
2. Wendy Morrison – Howard Brewer

### Tuesday, March 12, 2019

#### North-South Flight A

1. Madhav Deshmukh – Wayne Leanza
2. Wendy Morrison – Vern Skinner
3. Jerry Miller – Gerald Lerner
4. Stephan Billstein – Marcia Fletcher

#### Flight B

2. Stephan Billstein – Marcia Fletcher

#### East-West Flight A

1. Patti Anschutz – Robert Kerr
2. Susan Weiss – Bernice Felix
- 3.(tie) Michael Watts – Lorraine Hegel
- (tie) Joan Marie Thomas – Kathleen Hooley

#### Flight B

1. Susan Weiss – Bernice Felix
2. Joan Marie Thomas – Kathleen Hooley

### Friday, March 15, 2019

#### North-South Flight A

1. Stephan Billstein – Jim Cowie
2. Aaron Navarro – Stephen Weiner

#### East-West Flight A

1. Rosmarie Sutor – Shirley Light
2. Lorraine Hegel – Saul Penn

#### Flight B

1. LeAnna Gipson – Judy Tankersley
2. Robert Kerr – Nabil Copty
3. LeAnna Gipson – Judy Tankersley

#### Flight C

### Tuesday, March 19, 2019

#### North-South Flight A

1. Jerry Miller – Gerald Lerner
2. Alfred Caponiti – John Ryan
3. Alan Ferraro – Liz Ferraro
4. Stephan Billstein – Bernice Felix

#### Flight B

1. Alan Ferraro – Liz Ferraro
2. Stephan Billstein – Bernice Felix

#### East-West Flight A

1. Saul Penn – Elaine Conway
2. Shirley Light – Robert Catlett
3. Joe Boland – Howard Brewer
4. Doug Brasse – Merrill Stern

#### Flight B

1. (tie) Susan Weiss – Sue Swift
- (tie) LeAnna Gipson – Michael Kravitz

### Friday, March 22, 2019

#### North-South Flight A

1. Alan Ferraro – Liz Ferraro
2. Aaron Navarro – Nancy Gordon

#### East-West Flight A

1. Judith Perrier – Saul Penn
2. Susan Weiss – Sue Swift

#### Flight B

1. Susan Weiss – Sue Swift

## ■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

### March 6, 2019

No game played.

### March 13, 2019

1. Joyce Fischer and Joan Thomas, 4,750
2. Joe Boland and Ann Boland, 3,860
3. Joyce Riseberg and Dick Riseberg, 2,820

## ■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

### March 7, 2019

1. Shirley Gilmore, 3,290
2. Judith Lane, 3,220
3. Michele Frome, 2,790

### March 21, 2019

1. Evelyn Armstrong, 3,220
2. Judith Lane, 2,720
3. Mary Lee Amato, 2,640

### March 14, 2019

1. Michele Frome, 3,490
2. Mary Lee Amato, 2,920
3. Judy Lindley, 2,820

## ■ Friday Bridge

Compiled by Shirley Rosenhaft

### March 1, 2019

1. Mort Faber, 3,460
2. Bernice Cohen, 2,940
3. Bob Stromberg, 2,740
4. Belle Lieberman, 2,580

### March 15, 2019

1. Betty Hecht, 3,600
2. Mark Levin, 2,940
3. Sunny Levin, 2,550. Bob Stromberg, 2,490

### March 8, 2019

1. Shirley Griffin, 3,540
2. Mark Levin, 2,790
3. Jerry Weiss, 2,770
4. Jackie McCarthy, 2,510



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# British Royalty Plays the Royal Game

by Bernie Ascher

Duchess of Sussex Meghan Markle is due to deliver her first child in April. The child will become the seventh in line to the throne. Queen Elizabeth II, currently 92-years-old and a chess player, has reigned for 67 years, longer than any other British Monarch.

Upon the death of her father, George VI, Elizabeth became Queen in 1952 at the age of 26. As Queen, she has seen four million visitors, answered 3.5 million pieces of correspondence, issued 450,000 telegrams to celebrants of diamond wedding anniversaries and launched 23 ships.

Thirteen U.S. presidents have served during her reign. She has seen the decolonization of British territories in Africa, Egypt's nationalization of the Suez Canal, Britain's entry into the European Union (E.U.) and Britain's exit from the E.U. ("Brexit), currently in progress.

The heir apparent is Charles, Prince of Wales – Duke of Corn-

wall and Duke of Rothesay – and eldest child of the Queen. Charles, now 70, married Princess Diana in 1981. She died in a car crash in Paris in 1997. They have two children, princes William and Harry.

Charles is currently married to Camilla, Duchess of Cornwall. His siblings are Anne, Princess Royal; Prince Andrew, Duke of York; and Prince Edward, Earl of Wessex.

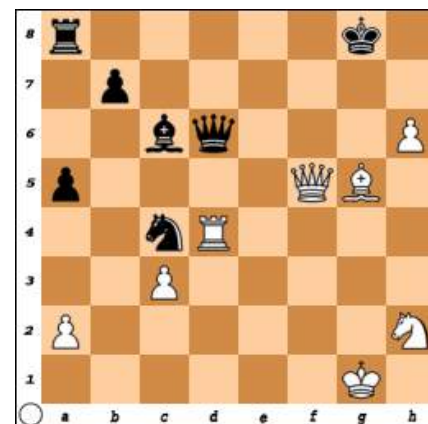
Second in line for the throne is Prince William, eldest son of Prince Charles, who married Kate Middleton in 2011 at Westminster Abbey. Their children – George, Charlotte and Louis – are third, fourth and fifth in the line of succession; followed by William's brother, Harry, and Harry's soon-to-be-born child. What a great gift for the Queen if Harry's son were born on April 21, her birthday.

Hopefully, the new heir will join the ranks of other British Monarchs and Ministers who are known to have played chess. In addition to Queen Elizabeth II, they include: Elizabeth I, Victoria, King Charles I, Edward

III, Edward VII, George III, Henry II, Henry VIII, John I; and Prime Ministers Benjamin Disraeli, William Gladstone, Robert Peel, William Pitt, Winston Churchill, Arthur Balfour and Clement Atlee (but not Margaret Thatcher).

Residents do not have to be royalty to play chess at Leisure World. They do not have to travel to London. They can play without fanfare and in casual clothes. In the diagram on this page, White's Rook has just captured a Pawn at d4 and is threatening Black's Queen. Black, however, can win the game in five moves. Do you see it?

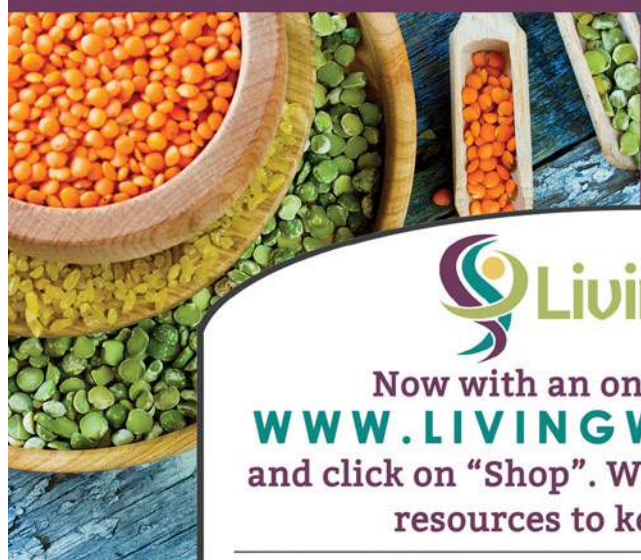
The solution follows this reminder to visit the Chess Club on Mondays, Wednesdays and Fridays any time between 1-4 p.m. in Clubhouse II. Stop by and play a friendly game or two. Membership is free. Beginners and "rusty players" are welcome. For further information, call Club president Bernie Ascher at (301-598-8577).



**SOLUTION:** Black moves the Queen to g3, checking the King. The King moves to f1, but is checked again as the Queen moves to g2. White moves the King to e1. Black checks the King again by moving the Rook from a8 to e8. This forces White's King to d1. Black moves the Bishop from c6 to a4, checking the King. White moves the King to c1. The Black Queen then moves to b2. Checkmate!

So, do not wait for a coronation. Do not wait for a royal birth. Do not wait for the sun to set on the British Empire. Play chess now!

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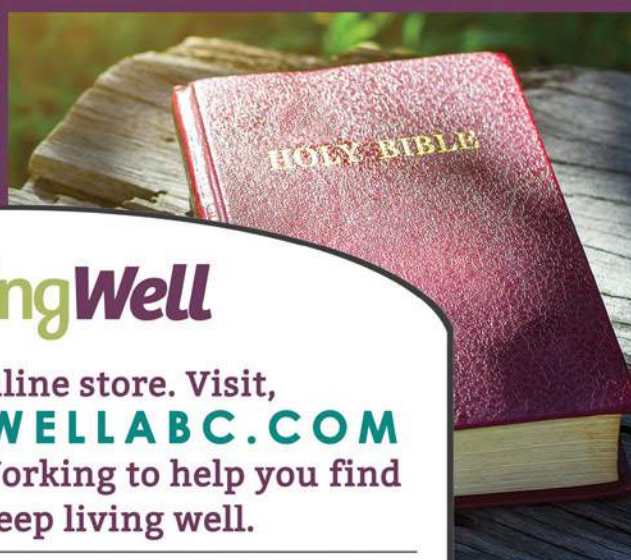
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# Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

## Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecom-mongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies' Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Chess:** Free chess lessons for beginners and "rusty" players on Monday from noon-1 p.m., or by appointment. Call Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah-jongg:** Learn how to play Mah-jongg. Call (301-598-3438).

**Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

**Ping-Pong Club:** Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

## Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

• **Thursday Night Poker** meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Volleyball for Everyone.** If you are a LW resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Mondays and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).

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# CLASSES & *Seminars*

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

**\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## EDUCATION

### **NEW – Understanding Yourself and Others through Process Communication, a CLL course:**

Do the responses of your significant other baffle you? Why doesn't your daughter appreciate your advice? Does your cousin realize her criticisms hurt your feelings? If your grandson would only do his homework in an organized way, he could do it in half the time. Why is it so hard to get alone time?

If any of these are familiar thoughts and feelings to you, consider joining this class. By learning the simple Process Communication Model, you will be better able to understand not only others in your life but will also get to know yourself better.

After becoming familiar with the six personality types identified in the Process Communication Model, you will be able to communicate more effectively with friends, significant others, grandchildren and others with whom you come in contact.

During the class sessions, the six personality types will be demonstrated and described through cartoons, theatrics and lecture. Participants will learn the needs and communication styles of each type and practice communication skills in a fun and non-threatening way using realistic scenarios.

The class will be a combination of lecture, demonstration and discussion.

This course is led by Dianne Bradley, a certified trainer in the Process Communication Model and co-author of two books and several journal articles on this topic. Class meets Thursdays, May 2-May 16, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

*For more information about the Center for Life-long Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com)).*

## EXERCISE

### **NEW – Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.) - Advanced:**

Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, April 15-May 20 and/or Thursdays, April 11-May 30, 9:15-10:15 a.m. **Fee: \$60, one day per week, \$90, two days. Register at Clubhouse I.**

### **NEW – Stretch, Tone and Balance for the Active Adult (10:30 a.m.) – Beginner to Moderate:**

This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, April 15-May 20 and/or Thursdays, April 11-May 30, 10:30-11:30 a.m. **Fee: \$60, one day per week; \$90, two days. Register at Clubhouse I.**

**NEW – Ba Duan:** This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

**Limited enrollment.** Class meets Mondays, May 13-July 15, 4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

**NEW – Gentle Yoga – Wednesdays and Saturdays with Marilyn:** Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful

mind in the face of life's stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Wednesdays, May 8-July 10 and/or Saturdays, May 5-July 6, 9-10:15 a.m. **Fee: \$84/one day, \$145/two days per week. Register at Clubhouse I.**

**NEW – Tap Dancing in a Chair with Carol – a New Approach to Tap:** If you are an experienced tapper and miss it or a beginner who always wanted to tap, but right now your body says, "no," this is the class for you. For experienced tappers, this will be a "remember when" and a "do I ever love tapping again"; for beginners you'll enjoy an easy start with the basics, and before long you'll feel like a real tapper. (Experienced tappers who don't need a chair are welcome to take the class, but all students work from a chair.)

One student says it keeps her mind alert remembering the dance sequences, another says it is a novel, refreshing activity. Whatever their reason they all agree it's a fun way to exercise. Hope you will join us!

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the Physical Education Department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended. If you have questions, give Carol a call at (301-598-5980).

Class meets Thursdays, April 18-May 23, 4-5 p.m. **Fee: \$38. Register at Clubhouse II.**

**NEW – Mild Exercise with Shirley:** All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, April 23-May 28, and Wednesdays, April 24-May 29, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**NEW – Senior Sneakers:** Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), April 22-May 27, and Thursdays (with Sue), April 25-May 30, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**Zumba Gold with Denny – Mondays, Wednesdays or Fridays:** This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays April 29-June 17, 10:30-11:30 a.m.; Wednesdays, May 1-June 19, 10-11 a.m.; or Fridays, May 3-June 21, 1-2 p.m. **Fee: \$55 for one day; \$100 for two days; \$150 for three days. Register at Clubhouse II.**

## WATER EXERCISE

**NEW – Water Exercise with Nancy:** Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are

available for purchase from the instructor.

Class meets Tuesdays, April 23-May 28, and Thursdays, April 25-May 30, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**NEW – Non-impact Fusion Water Exercise with Beth:** This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, April 23-May 28, and Thursdays, April 25-May 30, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**NEW – Aqua Fit with Shirley:** This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, April 24-May 29, from 1-2 p.m. **Fee: \$38, one day per week; \$63, when taken with one day of another water class. Register at Clubhouse II.**

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3310 N LEISURE WORLD BLVD #328	Fairways North	Unit/Flat	3	2.5	\$305,000	\$305,000	\$0
3310 N LEISURE WORLD BLVD #931	Fairways North	Unit/Flat	3	2.5	\$299,900	\$299,900	\$0
3352 CHISWICK CT #57-2G	Montgomery Mutual Coop	Unit/Flat	2	1	\$97,000	\$97,000	\$0
3322 CHISWICK CT #61-2H	Montgomery Mutual Coop	Unit/Flat	1	1	\$74,900	\$73,500	\$0
3632 GLENEAGLES DR #8-1G	Montgomery Mutual Coop	Unit/Flat	1	1	\$68,000	\$62,000	\$0
3300 DENSMORE CT #204	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$364,900	\$364,900	\$0
3142 ADDERLEY CT #243-B	Rossmoor Mutual #11	Row/Townhouse	2	2	\$149,900	\$149,900	\$0
3602 TARKINGTON LN #75-B	Rossmoor Mutual #18	Twin/Semi-Detached	2	2	\$305,000	\$301,500	\$0
15300 PINE ORCHARD DR #85-2J	Rossmoor Mutual #19	Other	2	2	\$134,900	\$134,900	\$0
15301 PINE ORCHARD DR #86-1F	Rossmoor Mutual #19	Unit/Flat	3	2	\$190,000	\$188,200	\$0
15320 PINE ORCHARD DR #83-2H	Rossmoor Mutual #19	Unit/Flat	2	2	\$159,900	\$157,500	\$0
15300 BEAVERBROOK CT #88-1E	Rossmoor Mutual #19B	Unit/Flat	3	2	\$189,900	\$185,000	\$0
15107 INTERLACHEN DR #2-611	The Greens	Unit/Flat	1	1	\$126,000	\$126,000	\$0
15100 INTERLACHEN DR #4-106	The Greens	Unit/Flat	2	2	\$178,900	\$178,900	\$3,000
15107 INTERLACHEN DR #2-1024	The Greens	Penthouse Unit/Flat	2	2	\$183,000	\$172,000	\$0
3005 S LEISURE WORLD BLVD #616	Turnberry Courts	Unit/Flat	3	2	\$359,900	\$359,999	\$0
14800 PENNFIELD CIR #208	Villa Cortez Codm	Unit/Flat	1	2.5	\$149,000	\$149,000	\$5,000
14801 PENNFIELD CIR #104	Villa Cortez Codm	Unit/Flat	2	2	\$349,900	\$349,900	\$0



**ACTIVE!!!**

**15115 Interlachen Drive, #3-121**

Updated 3BR 2.5BA Condo! Fresh paint and new carpet! Fountain and golf course view!



**UNDER CONTRACT!!!**

**3005 S Leisure World Blvd, #106**

Updated 2 bedroom, 2 full bath condo!  
Custom tile work in kitchen!



**UNDER CONTRACT!!!**

**3342 Chiswick Court, #59-2B**

Updated 2 BR, 1 FBA Elizabeth model co-op!  
Bright and beautiful sunroom!

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# CALENDAR *of Events*

**Dial 301-598-1313  
for recorded Daily Events**

**Friday, April 5**

**Clubhouse I**

9:00 a.m. AARP Tax Preparation  
(Appointment required)  
10:00 a.m. Chinese Brush and Ink  
Landscape Painting Art Class  
11:00 a.m. The Ultimate Puccini  
Experience Class  
12:15 p.m. Kiwanis Club  
1:30 p.m. Watercolor Any Level Art Class  
3:00 p.m. Hispanos de LW: Bingo  
7:00 p.m. Friday Duplicate Bridge

**Clubhouse II**

1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
4:00 p.m. Pickleball Club

**Saturday, April 6**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
10:00 a.m. Open Art Studio  
10:00 a.m. American Needlepoint Guild  
(ANG)  
6:00 p.m. LWAAAC and Hispanos de  
LW Latin Dance Party

**Clubhouse II**

9:15 a.m. JRLW Services  
11:00 a.m. Pickleball Club  
2:00 p.m. Going It Alone Club: Social

**Sunday, April 7**

**Clubhouse I**

10:00 a.m. Good Deeds Day: Food  
Collection for Manna Food Center

**Clubhouse II**

11:00 a.m. Good Deeds Day: Help with  
Digital Devices  
2:30 p.m. Fireside Forum: “Ethnic  
Integration of Baseball”  
6:00 p.m. Baby Boomer Club

**Monday, April 8**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength  
Training Class  
10:00 a.m. Garden and Environmental  
Club  
10:30 a.m. Stretch, Tone and Balance  
Class  
11:00 a.m. Lawn Bowls Club  
1:00 p.m. Oils and Acrylics Art Class  
1:30 p.m. Leisure World Chorale  
7:00 p.m. Bingo

**Clubhouse II**

11:00 a.m. Chair Yoga Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Line Dance Class  
3:00 p.m. Ping-Pong Club  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club  
Operating Session

**Tuesday, April 9**

**Clubhouse I**

9:30 a.m. Any Medium Art Class

9:30 a.m. Garden Plot Group  
10:00 a.m. Stepping On Program  
10:00 a.m. CLL Course: Advanced  
Conversational Spanish  
11:00 a.m. Arts in Motion (AIM):  
Quarterly Meeting  
1:00 p.m. CLL Course: Intermediate  
Conversational Spanish  
1:00 p.m. Amateur Radio Club  
1:30 p.m. Book Club Network: Non-  
Fiction Book Club  
5:00 p.m. Lawn Bowls Club  
7:00 p.m. Trivia Club  
7:00 p.m. Duplicate Bridge

**Clubhouse II**

9:30 a.m. Beginner and Advanced  
Tai Chi Class  
10:00 a.m. LW Apple Clinic  
12:30 p.m. Pickleball Club  
12:30 p.m. Scrabble Group  
1:30 p.m. Comedy and Humor Club  
3:00 p.m. Parkinson’s Support  
Group  
4:00 p.m. Pickleball Club  
7:00 p.m. Camera Club

**Wednesday, April 10**

**Clubhouse I**

9:00 a.m. AARP Tax Preparation  
(Appointment required)  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Applied Principles-Any  
Medium Art Class  
10:15 a.m. League of Women  
Voters: County’s Economic  
Development discussed  
11:00 a.m. CLL Course: An Army of  
Educators  
11:30 a.m. NA’AMAT RBZ Club:  
Spiritual Adoption Luncheon  
1:00 p.m. Oils and Acrylics  
Miniatures Art Class  
1:30 p.m. CLL Course: Founding  
Our Nation’s Capital  
6:45 p.m. Chicago Bridge

**Clubhouse II**

1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
2:00 p.m. Chair Yoga Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club  
Operating Session  
7:00 p.m. Gem, Lapidary and  
Mineral Society: Richard Bambach  
on new “Deep Time” exhibit

**Thursday, April 11**

**Clubhouse I**

9:15 a.m. Stretch, Tone and  
Strength Training Class  
10:00 a.m. Painting is for Everyone  
Art Class  
10:30 a.m. Stretch, Tone and  
Balance Class  
10:30 a.m. New Yorkers and  
Friends Group  
10:30 a.m. ALL Course: Who Are  
Arab-Israelis?  
12:30 p.m. Ladies’ Bridge

## Leisure World Mutual Meetings

**April 9**

**Mutual 16 Board**

9:30 a.m., Sullivan Room  
**Mutual 19A Board**  
9:30 a.m., Clubhouse II  
**Mutual 7 Board**  
1:00 p.m., Sullivan Room  
**Mutual 5 Annual**  
2:00 p.m., Clubhouse I  
**Mutual 25 Board**  
7:00 p.m., Sullivan Room

**April 10**

**Mutual 11 Board**

10:00 a.m., Sullivan Room  
**Mutual 19A Annual**  
2:00 p.m., Clubhouse II

**April 11**

**Mutual 12 Board**

1:00 p.m., Sullivan Room  
**Mutual 8 Annual**  
5:00 p.m., Clubhouse I

**April 12**

**Mutual 22 Board**

4:00 p.m., Clubhouse I

**April 16**

**Mutual 14 Board**

9:30 a.m., Sullivan Room  
**Mutual 10 Annual**  
12:30 p.m., Clubhouse II  
**Mutual 13 Board**  
1:30 p.m., Sullivan Room

**April 17**

**Mutual 5 Board**

9:00 a.m., Sullivan Room  
**Mutual 19B Agenda**  
1:00 p.m., Sullivan Room  
**Mutual 11 Annual**  
6:30 p.m., Clubhouse I

**April 18**

**Mutual 15 Board**

9:30 a.m., Sullivan Room  
**Mutual 12 Annual**  
10:00 a.m., Clubhouse I

**April 22**

**Mutual 9 Board**

10:00 a.m., Sullivan Room  
**Mutual 14 Annual**  
3:00 p.m., Clubhouse I

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com)  
and check the calendar for any changes. Mutual board meetings are open to  
respective mutual residents and absentee owners.*

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

**Audit**

April 18, 2:00 p.m., Sullivan Room

**Budget and Finance**

April 17, 10:00 a.m., Clubhouse II

**Communications**

April 18, 10:00 a.m., Clubhouse I

**Community Planning**

April 8, 9:30 a.m., Clubhouse I

**Energy**

April 16, 9:30 a.m., Clubhouse I

**Golf and Greens**

April 5, 9:30 a.m., Clubhouse I

**Government Affairs**

April 15, 2:00 p.m., Sullivan Room

**Health**

April 10, 2:00 p.m., Clubhouse I

**Landscape**

April 11, 9:30 a.m., Clubhouse II

**Physical Properties**

April 9, 9:30 a.m., Clubhouse II

**Restaurant**

April 15, 10:00 a.m., Clubhouse I

**Security and Transportation**

April 11, 9:30 a.m., Clubhouse I

**LWCC Board of Directors**

April 30, 9:30 a.m., Clubhouse I

The meeting airs on May 6, 8 and 10 at 4 p.m. and 7 p.m. on channel 974.

**LWCC Executive Committee**

April 19, 9:30 a.m., Sullivan Room

The meeting airs on April 24, 25 and 26 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com)  
and check the calendar for any changes. Meetings are open to all residents and  
absentee owners.*

1:00 p.m. Oils and Acrylics Art  
Class

1:00 p.m. LWAAAC Healthful  
Thursdays

2:00 p.m. CLL Course: Great Decisions  
in Foreign Policy

6:00 p.m. Lawn Bowls Club

7:00 p.m. Democratic Club

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai  
Chi Class

9:30 a.m. Quilting Group

10:00 a.m. MVA Mobile Office

11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club  
12:30 p.m. Men's Bridge  
2:00 p.m. Model Railroad Club  
Operating Session  
2:00 p.m. Mind-Body Exercise Club  
4:00 p.m. Friends of India Association

Friday, April 12

**Clubhouse I**  
9:00 a.m. AARP Tax Preparation  
(Appointment required)  
9:30 a.m. Chinese Club: Presentation on  
the Empresses of Ancient China  
10:00 a.m. Chinese Brush and Ink  
Landscape Painting Art Class  
10:30 a.m. Cannabis 101 Club: MMCC  
Registration  
11:00 a.m. Health Advisory Committee:  
Mindfulness Seminar  
11:00 a.m. The Ultimate Puccini  
Experience Class  
11:00 a.m. Book Club Network: Literary  
Ladies Who Lunch  
1:30 p.m. Watercolor Any Level Art Class  
3:00 p.m. Hispanos de LW movie:  
"Unconscious"  
5:00 p.m. Arts in Motion (AIM): The  
Pepe González and Band with Vocalist  
Imani

7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
10:00 a.m. Computer Learning  
Center: Car Free Riding Basics  
Class  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
4:00 p.m. Pickleball Club  
7:00 p.m. Baby Boomer Club: Movie

Saturday, April 13

**Clubhouse I**  
9:00 a.m. Gentle Yoga Class  
9:30 a.m. Spring Flea Market  
10:00 a.m. Open Art Studio  
1:00 p.m. Rossmoor Art Guild:  
Spring Fling  
7:00 p.m. Sock Hop Dance  
**Clubhouse II**  
9:15 a.m. JRLW: Shabbat Services  
2:00 p.m. Going It Alone Club: Social  
4:30 p.m. E&R Event: The Musical  
Plumer Family

Sunday, April 14

**Clubhouse I**  
10:15 a.m. Jewish War Veterans Post  
567 Brunch: Voices of Vets, Inc.

**Clubhouse II**  
11:00 a.m. Pickleball Club  
2:00 p.m. E&R Movie: "Mamma  
Mia! Here We Go Again"  
7:00 p.m. Lions Club: Take the Stage  
Performance Company

Monday, April 15

**Clubhouse I**  
9:15 a.m. Stretch, Tone and Strength  
Training Class  
9:45 a.m. AARP Driver Safety Class  
10:00 a.m. Painting is for Everyone Art  
Class  
10:30 a.m. Stretch, Tone and Balance Class  
1:00 p.m. Oils and Acrylics Art Class  
1:30 p.m. Leisure World Chorale  
1:30 p.m. NARFE  
1:30 p.m. Hadassah Judaic Study Group  
6:00 p.m. Duplicate Bridge Club: Mentor-  
Mentee Session  
6:00 p.m. Lions Club  
7:00 p.m. Bingo  
**Clubhouse II**  
10:00 a.m. Clipper Workshop  
11:00 a.m. Chair Yoga Class  
12:30 p.m. Men's Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Line Dance Class  
3:00 Ping-Pong Club  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class  
5:15 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club  
Operating Session

Tuesday, April 16

**Clubhouse I**  
9:00 a.m. Blood Pressure Testing  
9:30 a.m. Any Medium Art Class  
10:00 a.m. Stepping On Program  
10:00 a.m. CLL Course: Advanced  
Conversational Spanish  
10:30 a.m. NA'AMAT RBZ Club  
10:30 a.m. Lions Club Charter Day  
1:00 p.m. CLL Course: Intermediate  
Conversational Spanish  
5:00 p.m. Lawn Bowls Club  
7:00 p.m. Trivia Club  
7:00 p.m. Duplicate Bridge  
7:00 p.m. Republican Club  
7:00 p.m. Wood Shop Users Group  
Meeting  
**Clubhouse II**  
9:30 a.m. Beginner and Advanced Tai  
Chi Class

10:00 a.m. LW Apple Club  
12:30 p.m. Scrabble Group  
1:30 p.m. E&R Event: Steve Friedman  
Presents "Musicals My Grandchildren  
Should See"  
1:30 p.m. Comedy and Humor Club  
1:30 p.m. Stroke Support Group

Wednesday, April 17

**Clubhouse I**  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Applied Principles-Any  
Medium Art Class  
10:00 a.m. Library Guild General  
Meeting  
11:00 a.m. Short Story Group  
1:00 p.m. Oils, Acrylics and Miniatures  
Art Class  
1:30 p.m. CLL Course: Founding Our  
Nation's Capital  
2:00 p.m. Cannabis 101 Club:  
Quarterly Meeting  
6:45 p.m. Chicago Bridge  
**Clubhouse II**  
11:00 a.m. Mild Exercise Class  
1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Aqua Fit Class  
2:00 p.m. Chair Yoga Class  
5:15 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club  
Operating Session

Thursday, April 18

**Clubhouse I**  
9:15 a.m. Stretch, Tone and Strength  
Training Class  
10:00 a.m. Painting is for Everyone Art  
Class  
10:30 a.m. Stretch, Tone and Balance  
Class  
11:00 a.m. Writers of Leisure World  
12:30 p.m. Ladies' Bridge  
1:00 p.m. Oils and Acrylics Art Class  
1:00 p.m. LWAAAC Healthful  
Thursdays  
2:00 p.m. Town Meeting Organization  
2:00 p.m. Book Club Network:  
Thursday Readers  
6:00 p.m. Lawn Bowls Club  
**Clubhouse II**  
9:30 a.m. Beginner and Advanced Tai  
Chi Class  
10:00 a.m. Stitching Group  
11:30 a.m. Pickleball Club  
12:30 p.m. Men's Bridge  
2:00 p.m. Model Railroad Club  
Operating Session  
2:00 p.m. Mind-Body Exercise Club  
4:00 p.m. Tap Dancing in a Chair Class

Friday, April 19

**Clubhouse I**  
10:00 a.m. Chinese Brush and Ink  
Landscape Painting Art  
10:00 a.m. Book Club Network:  
Bookies  
10:00 a.m. Book Club Network:  
Searchers  
12:15 p.m. Kiwanis Club  
1:30 p.m. Watercolor Any Level Art  
Class  
3:00 p.m. Hispanos de LW: Bingo  
7:00 p.m. Friday Duplicate Bridge  
7:00 p.m. Democratic Club: Election  
Debate  
**Clubhouse II**  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
4:00 p.m. Pickleball Club

Wills, Wealth Planning & Trusts



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APRIL–MAY 2019

# UPCOMING SEMINARS & EVENTS

## AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org).

### **PARKINSON'S POINTERS LIVESTREAM SEMINAR: "THE ABCs OF DBS"**

THURSDAY, APRIL 4 • 6:30–8 P.M.

With 20 years of experience in Deep Brain Stimulation (DBS) and 30 years of Parkinson's research in his arsenal, neurosurgeon Zachary Levine, MD, is a leader and innovator in the neuromodulation/DBS community worldwide. During this seminar, he'll share his expertise on the past, present and future of DBS as well as procedure eligibility, new technology and more.

Presented in partnership with the Parkinson Foundation.

Register by April 2. Check-in begins and hors d'oeuvres served at 6 p.m.

### **CAREGIVER CONNECTION: "A CAREGIVER RETREAT"**

TUESDAY, APRIL 16 • 1–4 P.M.

Experience an hour of relaxation, far away from the stresses of caregiving! You're invited to the spa and salon in Brooke Grove's new rehab center, where you'll be treated to hand and seated massages, a manicure/pedicure and other opportunities for pampering.

Appointments are available from 1–4 p.m.

FREE. RSVP by April 14.

### **LIVING WELL SEMINAR: "SPRING CLEAN YOUR DIET"**

WEDNESDAY, APRIL 17  
1–2:15 P.M.

Would you like to know more about how you can optimize your day-to-day food choices in order to positively impact your health? If so, this seminar is for you! Explore meal planning, diet modifications and food labeling tips that will help you look and feel your best.

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by April 15.

### **HEALTHY LIVING CLASS: "CHAIR YOGA"**

*April 24 through June 5*

MONDAYS & WEDNESDAYS  
9:45–10:30 A.M.

Chair yoga can improve mobility, increase energy, boost physical function and otherwise enrich your life! Take the road toward better health with this class that is ideal for seniors or those with stiffness or movement limitations.

Six-week Session Fee: \$30

Reservations are requested by April 21.

### **SMOOTH MOVE SEMINAR: "TOO MUCH STUFF: IT ISN'T THE MOVE, IT'S THE STUFF!"**

TUESDAY, MAY 7  
10:30 A.M.–12 P.M.

During this seminar, you'll gain tips and ideas for downsizing by efficiently sorting through the contents of your home. A simple decision-making model will help you decide what to gift, sell, donate, recycle or throw away.

Reservations are requested by May 5. Check-in begins and hors d'oeuvres served at 10 a.m.

  
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# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

### ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (atticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

### REAL ESTATE FOR SALE

NEWER BUILDING in LEISURE WORLD offers 2 fabulous condos for sale in popular Creekside. 2 bedroom + den with huge open kitchen with walls of windows, sunroom, new flooring and 1775 sq. ft. Another new listing with 2 bedroom and 2 full baths in model condition, 1325 sq. ft. Call for a private tour. Susan Cohen, Weichert Realtors (301-651-5923).

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and

Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

TOWNHOUSE FOR SALE. Spacious end unit with private patio. Features two large bedrooms, two baths. Open floorplan, walk out to peaceful patio. Call listing agent to view — Kelly Corbey (301-404-9132) (Rory S. Coakley Realty, Inc). Price: \$179,000.

### REAL ESTATE FOR RENT

2 BEDROOM, 2 BATH in the Greens. E model with 980 sq. ft. Great view, newer appliances, lots of closets, \$1,575 per month. Roberta Campbell, Weichert Realtors, (301-681-0550) office, (301-801-7906) mobile.

A BEAUTIFULLY UPDATED, 2 bed/2 full bath condo with sunny, large balcony on fifth floor in Greens II. \$1,800/month. Minimum 2 year lease. (301-966-3086).

FAIRWAYS NORTH, 1 bedroom, 1.5 bath. Model B. Beautiful, sunny spaces, newly renovated. Apartment on sixth floor. Hardwood floors throughout. Ample closet space. Eat-in kitchen with window. Separate space for washer and dryer. Enclosed glass sunroom. \$1,575, long-term lease. Non-smoker. One cat okay. Available May 2019. Please call (240-888-6942).

### FOR SALE

CLUB CAR (Precedent Electric) 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

FURNITURE FOR SALE. All negotiable. Will send photos! Six-foot high entertainment center and bookcase with glass doors and room for large TV, \$795 b/o. Three-piece matching bedroom set: four-post bed, new mattress; dresser with mirror; armoire with mirror, \$395 each, \$995 b/o for three. Dining room table, seats six, plush upholstered chairs, \$450 b/o. Steve Harvith (301-801-4693). Texting is preferable. Prices are negotiable.

PIANO, in Leisure World, Weber, white, five-foot, baby grand in very

good condition. Best offer. Call (301-461-4331).

### RETAIL SALES

SCHAEFFER'S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144)

### AUTO SALES

'97 CADILLAC. Sedan DeVille. White/blue leather, factory chrome wheels, MD-inspected, only 52,400 miles, \$5,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

'05 TOYOTA SOLARA. 2-door, convertible, V6, SLE, pearl-white, loaded with leather, aluminum wheels, all-power. Like new. MD-inspected. Timing belt and water pump done recently with receipts. \$7,900. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

'04 HYUNDAI SANTA FE, all-wheel drive, loaded with leather, 121,000 miles, \$4,499. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

I BUY CARS and trucks. Licensed dealer. I can come to you to look at the vehicle. Tom (301-806-8140).

### AUTO SERVICES

NEW LEVEL AUTO SERVICE. European, domestic and Asian cars. Complete auto repair, electrical problems, computer diagnostic. ASE certified technicians with more than 15 years of experience will service your car at a reasonable price in the area. Call us today (301-762-1200). Ask for Christian. 716 East Gude Drive, Rockville, MD 20850. We have senior discount and 30-point free inspection in your car, any service. Maryland vehicle state inspection for only \$79. (www.newlevelautoservice.com)

### TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). Email: (Steve.Your.Driver@gmail.com).

CALL & RIDE — Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a 4-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any special assistance you may need. Call Ken at (508-612-9647).

TRANSPORT YOUR CAR. Auto transport to and from the D.C. metro area to Florida. Call Haley's Auto Transport LLC for appointment (540-683-1174).

### CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens — Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

HELLO, IT'S ROSE. CAREGIVER with over ten years' experience. Certified as a CNA and in first aid, CPR. Have clean background check, tuberculosis screening. Worked with agencies, Montgomery Hospital, private duty. Full-time or part-time, live-in or -out. Please call if you need help with your loved one (240-855-2994) any time. Thank you.

CNA —with 25 years' experience. Seeking position to care for sick/elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

CAREGIVER WITH CNA license and 8 years' experience. Available to work daytime, nighttime and weekends, full-time or part-time. Have own transportation. (240-715-8189).

CNA WITH CPR LICENSE. I have been looking after elderly ladies and gentlemen since 1992. I would like a live-in and full-time position. I'm a good person and I smile. Call (301-646-8859).

CNHS: Comfort Nursing & Healthcare Services Inc. Bringing nursing to the comfort of your home by RN/LPN and aides. 8115 Maple Lawn Blvd Ste 350, Fulton, Maryland 20759. For more information, call (240-701-9855) or email (comfortnursinghealthcare1@gmail.com) Monday-Friday, 9 a.m.-5 p.m. (comfortnursinghealthcare.com)

I AM CNA/GNA with more than 15 years' experience and worked in nursing home, assisted living and home care. Duties include personal hygiene, light housekeeping, laundry, shopping, meal preparation, bathing, dressing, errands, transportation to appointments and medication reminders. Filipina, U.S. citizen, can drive and with own car, honest, dependable, loving and hard worker, with excellent references. Please call (240-643-3392) cell, (301-926-2547) home. (salardaluzviminda@yahoo.com)

ARE YOU LOOKING for a caregiver/companion for your loved one? I am available Tuesdays, Wednesdays, Fridays and Saturdays. Caring, loving, responsible and reliable person with good references and rates. (240-552-4222).

CNA with CPR LICENSE. I care about my patients! 10 years' experience. Activities of daily living, bathing, light cleaning, cooking, laundry, companionship. Weekdays, day/night. Price negotiable. References. Germaine (202-387-5262), (germaine.g.abc@gmail.com).

LPN and GREAT CAREGIVER with CPR. More than 14 years' experience. Trustworthy, loving and caring lady. Live-in or live-out, full-time. I have great references, reasonable rates. Please call (301-768-3039). Thanks.

HELLO. MY NAME IS MARIA. I am a very loving and caring CNA with over 13 years' experience, mostly hospice.

Excellent reference. CPR certified. Available 24/7. Will perform personal care, meds, housekeeping, shopping, doctor visits and errands. Have own transportation. (240-409-7573).

CERTIFIED NURSING ASSISTANT, competent and compassionate with 13 years' experience. Great references and drives. Cell phone (240-393-1625).

CNA/GNA. Takes care of elderly people—if you need help, call me. Full-time, live-out, own car. Can drive to doctor's appointments, errands, gives showers, cooks, everyday care. Responsible, honest. (240-722-8499).

CNA/CMT – over 16 years of experience. Very dependable. Excellent references in LW. Have car. Light cooking, doctor's appts., escort service, errands. Bonded, insured. Call Ana (240-491-8978), (240-277-7403).

CNA, GNA, MEDICINE AIDE, elderly care. Over 10 years' experience. Certified CPR, first aid. Reliable, responsible, loving and caring, respectful. Great references. Good driving record. Day or night shift. Call (301-275-8713).

SPECIALIZING IN ELDER CARE for over 21 years. I have all my credentials updated. I have my own car. Looking for full-time work. Run errands, prepare meals, assist with meds, light housekeeping. (240-280-6776).

HI, IT'S DORA. CNA/GNA/first aid and CPR license. That's all I've done for a living for 25 years. Ready to assist with all your needs. Looking for live-in or full-time. Worked for Arlington County agency and Fairfax Area Agency on Aging, and nursing homes in Maryland. Very good references and background check. Drives, own a car. (703-867-2121).

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-

252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

SERVING YOU HOME CARE: Our family serving your family. License #R4289. We believe in a holistic approach to care: body, mind and emotion to achieve optimal health and wellness. 5-step wellness program: safety, nutrition, mental health, socialization, physical activity. (410-980-3145), (www.servingyouhomecare.com), (info@servingyouhomecare.com).

CNA with 25 years of experience. Doctor's appointments, baths, laundry, preparing meals, light housekeeping, etc. Excellent references! Worked in Leisure World for over 10 years. Jeneba Bah, (240-565-9138), (c.jenevive@yahoo.com).

LOVING, CARING PERSON. Have worked in Leisure World for 12 years. I am looking for a full- or part-time job, Monday-Friday. LW reference. Please call Alice (240-839-0087).

WeSAP NURSING SERVICES. We support aging in place. Nursing care, personal care and non-skilled care. Services catered to individual needs. Advocate of equality. Call for free consultation (301-604-4201), (240-286-0778), (wesapllc@gmail.com), (wesapllc.com).

HOME SERVICES

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

M.G.V. PAINTING & DRYWALL — Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 yrs. experience. Insured. References in your complex.

Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

SMALL MOVES AND TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

COOPER REFUSE–JUNK REMOVAL. Prices starting as low as \$65. Lifting and loading from wherever the item is located. Donation or recycling of all qualified items. Call today and save (301-996-7704)

GUARDIAN ANGEL LAWN SERVICE. Experienced in flowerbeds, mulching, edging, weeding, plowing gardens and repairs. For all your gardening and household needs, please call Robert at (240-477-2158), (301-987-1277).

CLEANING SERVICES

R&G CLEANING SERVICES –Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

HOUSE CLEANING – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your

# WILLSON'S

## Leisure World Renovations

Providing renovation services exclusively for residents of Leisure World!

**Our Showroom at Physical Properties is Now Open!**

Come see our impressive selections of:

**Kitchen Cabinets • Stone Tops**

**Vanities • Flooring • Windows**

**Full Time Staff On Site**

Visit us today!

Call our showroom

**301-598-1348**

or call me directly

**Brian Willson**

President

**301-252-2199**

brian.willson@yahoo.com

free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

**HOUSE CLEANING SERVICES** — reliable, honest and fair pricing. 18 years' local experience with four years here at LW. References upon request. Please call Delia for free estimate (240-441-5456).

**MARIA'S HOUSE CLEANING, FREE** estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

**CARE DRY CARPET CLEANING.** Experience the difference. Host dry extraction system. Green, clean and dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

#### COMPUTER HELP

**COMPUTER SERVICES** — Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

**A+ COMPUTER SERVICES.** Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve

important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

**COMPUTER LESSONS / SERVICES** — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). **COMPUTERTUTOR**

#### PERSONAL SERVICES

**PRESERVE YOUR FAMILY MEMORIES!** Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

**TIRED OF POLISHING** your silver? Turn it into cash, which does

not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

**DAHLSTROM SENIOR SUPPORT SERVICES.** Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. Assistance with Pet Care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 57-yr. old semi-retired Doctor, Leisure World Resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

**LICENSED BEAUTICIAN.** It is my pleasure to give you haircuts, color and perms in your home. Reference available. Please call Silvia, (240-277-0890).

**TRY ONLINE DATING** — Dating coach for seniors will come to your residence in Leisure World (LW) (or within 20 miles of LW). In a one-hour session will get you online. Will take pictures, write profile, suggest free and paid sites and let you know the most effective ways to answer ads. \$100 (LW residents \$49.99). Easy Elder Tech (301-802-6633).

#### NOTARIES

**NOTARY**, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

#### PET CARE

**DOG WALKING SERVICE** — Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Please call (301-598-3454) for more information.

#### WELLNESS

**WELLNESS CONSULTANT.** Having health challenges such as fibromyalgia, lupus, asthma, allergies, acid reflux and more? Our wellness products are placed in health professional practices. For a free consultation contact: Lisa (301-928-1188), (lisagallowaygonow@yahoo.com).

#### DONATIONS WANTED

**HOUSING UNLIMITED, INC** is a non-profit organization that provides

## We Provide Compassionate Urology Care for the Residents of Leisure World.

*Chesapeake Urology is conveniently located at 3801 International Drive in Silver Spring, just around the corner from Leisure World.*



**Richard A. Kurnot, M.D.**  
General Urology for Men and Women



**Cheryl Shih, M.D.**  
General Urology for Men and Women: English, Mandarin Chinese, Spanish



**Vik Uberoi, M.D.**  
General Urology for Men and Women: English, Hindi, Spanish



**Anup A. Vora, M.D.**  
General Urology for Men and Women: English, Hindi, Gujarati, Spanish

**Chesapeake**  
**UROLOGY**

*The most personal care for life's most personal issues.*

**301-598-9717**

**chesapeakeurology.com**

Prostate, Bladder and Kidney Cancers and Conditions • Kidney Stones • Erectile Dysfunction • Urinary Tract Infections • Pelvic Pain • Bladder Control Conditions • Enlarged Prostate  
Female Urinary Incontinence • Pelvic Organ Prolapse • IC/Painful Bladder • Pelvic Pain

housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

**WANTED: CAR DONATIONS.** Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

**BOOK DONATIONS WANTED** for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids’, cooking, foreign languages, gardening, history, mystery, sci-fi, science, women’s studies, African-American and Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258)

HELP WANTED

**CAT LOVER/COMPANION.** Wanted April 22-May 8. Ericka is a black and white sweet-natured 2-year-old cat who would be flexible to stay with a person in their home, or they can come to my home (at least 4 hours a day). Volunteer plus small stipend. Please call for details (240-970-5200). Turnberry resident.

ACTIVITY OPPORTUNITIES

**SCRABBLE CLUB FOR WOMEN**—seeking a few new members— Club meets at founder’s LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using ‘official Scrabble rules’ and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

**BOOK CLUB FOR WOMEN**—seeking a few “Serious Readers”: 15+ year-old club reads award-winning fiction and meets at founder’s LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

**KNITTING AND NEEDLECRAFTS GROUP:** 10+ year-old club meets every Sunday, 2-5 p.m, with typically 8-12 crafters (any needlework is fine) at founder’s LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

**FILM GROUP FOR WOMEN** forming: Seeking 10+ members to watch/discuss ‘Bethesda Row’ caliber movies at founder’s LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

VOLUNTEER OPPORTUNITIES

**MAKE A DIFFERENCE** in a family’s life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

**VOLUNTEER WITH REPRESENTATIVE PAYEE!** Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

**MUSEUM GUIDES** – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

**MEALS ON WHEELS** is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

**HELP A CHILD!** In just one-two hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

**BLANKETEERS** — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

**ENGLISH AND MATH TUTORS** needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

NOTICES

**KEEPING SENIORS SAFE** — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

**PROTECT YOURSELF** against Identity Theft. In this Financial Literacy workshop, presented by the Montgomery County’s Office of Consumer Protection, learn the steps to take to protect yourself and your family from identity theft. Free. All are welcome. Please register at: (https://bit.ly/2OpjRYe). Twinbrook Library, April 11, 2-3 p.m.

**MR. ROGERS:** Won’t You Be My Neighbor? For over 30 years, Fred Rogers was beamed daily into homes across America where he and his cast of puppets and friends spoke simply and directly to young children about some of life’s weightiest issues. This film looks back on Fred Rogers’ radical legacy of love and kindness. Rated PG-13. Free, no registration. Twinbrook Library, April 13, 2-4 p.m.

**FAMILY TIES TO FREEDOM:** A discussion with descendants. A historian leads a discussion with descendants of families connected to the freeing of the slaves of George Washington’s grandchildren. Sunday, April 14, 2-4 p.m. Sandy Spring Museum, 17901 Bentley Road, Sandy Spring, MD 20860. Free. Reserve at (https://www.sandyspringmuseum.org/event/family-ties-freedom-discussion-descendants).

**“SEE ME”** at the Smithsonian. The experience of looking closely allows us to appreciate beauty, exchange ideas or simply respond to the work in front of us. Smithsonian invites individuals living with dementia, together with their care-partner, to join us for tours highlighting the joy of close-looking. Free; registration required. Contact Smithsonian Accessibility Program at (access@si.edu) or (202-633-2921). Freer|Sackler Gallery: Wednesday, April 17.

**“CRAFTING HISTORY”:** Please join us at Woodlawn Manor Cultural Park for our new workshop series! Our spring workshop will help teach you about heirloom gardening, featuring a speaker from Maryland Master

Gardeners. April 27, 10:30 a.m.-2:30 p.m. \$30 for Workshop, includes box lunch. Register at www.ActiveMontgomery.org by April 22. Call (301-929-5989) with questions.

WANTED

**CLUB CAR WANTED** for purchase. Batteries should be in good condition. Please contact John at (240-271-2821).

**OWNER LIVING IN GREENS II** (15100 Interlachen Dr.) is interested in renting or purchasing a garage space in that building. Please contact owner at (301-598-5953). Thank you.

**FAST CASH FOR USED CARS** — Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

**WILL BUY MILITARY, WW2, WW1, Civil War** memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

**CASH FOR RUGS:** oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755).

**CASH FOR JEWELRY:** gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

**TURN YOUR STERLING SILVER** and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

**CASH FOR RECORDS, CDs, and tapes.** Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

**BUYING JEWELRY, OLD COINS,** antiques, gold, silver, old art, old toys, military items, wristwatches, pocket watches, fountain pens, etc. Tom (240-476-3441).

# Easter SUNDAY Dinner!



Sunday, April 21st  
in the Clubhouse I Crystal Ballroom  
\$28 plus tax and gratuity

*Our all-you-can-eat buffet will feature...*

- Fresh Seasonal Salads
- Roasted Brussels Sprouts
- Tender Leg of Lamb
- Honey Glazed Carrots
- Sliced Beef Tenderloin
- Whipped Sweet Potatoes
- Honey Ham
- Green Bean Almondine
- Whipped Potatoes and Gravy
- Fresh Roasted Turkey
- Homemade Bread
- Stuffing
- Fresh Broiled Salmon
- Assorted Cakes, Pies and Cobblers

*\*Available for 12:00 p.m., 3:00 p.m., or 6:00 p.m.  
Call 301-598-1330 to make reservations*

## Mother's Day Brunch

*Mother's Day Brunch Buffet on Sunday, May 12 from 10:00 a.m. – 3:00 p.m.  
in the Clubhouse I Crystal Ballroom. Buffet is \$25 per person*

Scrambled Eggs

Ricotta Cheese filled Blintzes with Toppings

Bacon and Sausage

Broiled Fresh Salmon

Fresh Fruit Display

Chicken Marsala and Rice Pilaf

Assorted Danish, Croissants and Muffins

Sliced Beef Tenderloin

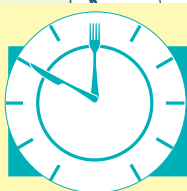
Donuts and Cinnamon Rolls

Biscuits, Cheese Grits, Quiche and more...

Corned Beef Hash and Cream Chipped Beef

Coffee, Ice Tea, and Juices

*Call 301-598-1330 to make reservations*



Clubhouse Grille is now open Tuesday – Saturday: 4 p.m. – 9 p.m.

**Clubhouse Grille Hours:** Tues. – Sat.: 4 p.m. – 9 p.m.

**Stein and Terrace Room Hours:** Sunday: 9:30 a.m. – 8 p.m. | Mon. – Tues.: 9 a.m. – 8 p.m. | Wed. – Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331