

Supplementary Figure 1. Parallel analysis results.

Supplementary Table 1. Mental health and well-being scale scores among women with and without probable mental disorder at baseline.

	Probable	No probable	Total Sample
	Mental	mental	(N=727)
	Disorder	disorder	Mean (Sd)
	(N=161)	(N=566)	
	Mean (Sd)	Mean (Sd)	
Psychological distress (K6)	18.8 (3.2)	15.9 (4.1)	16.6 (4.1)
Functional impairment (WHODAS)	31.6 (7.9)	21.3 (7.4)	23.6 (8.6)
Depression symptoms (PHQ-9)	19.7 (3.8)	13.9 (4.3)	15.2 (4.8)
Post-traumatic stress symptoms (PCL-6)	26.5 (2.5)	20.7 (4.4)	22.0 (4.8)
Subjective well-being (WHO-5)	3.8 (3.8)	8.7 (5.0)	7.6 (5.2)
Psychological flexibility (AAQ-II)	14.2 (6.0)	23.2 (7.9)	21.2 (8.4)
Standardized sum score	5.0 (1.7)	-1.4 (3.1)	0 (3.9)