

MADURO'S OPPONENTS BRAVE TEAR GAS TO DELIVER AID

Opponents of Venezuela President Nicolas Maduro braved tear gas as they rescued boxes of emergency food and medicine from burning trucks during violent clashes on the Colombian border.

See The News Wire

Sunday, February 24, 2019



Vol. 127 | Issue No. 55

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Humid with sunshine

Our lawmakers are fighting contractor fraud

H.D. Custom Homes debacle prompts bills from Rep. Grant, Sen. Albritton

By ELAINE ALLEN-EMRICH COMMUNITY NEWS EDITOR

Two local lawmakers have filed bills to close loop holes that let some contractors rip off customers.

Rep. Mike Grant (R-Port Charlotte) represents Charlotte County and worked with State Attorney Amira Fox, 20th Judicial Circuit along with Charlotte County



Custom Homes customers and sub contractors who were left with little or nothing after the Englewood company abruptly

closed its doors in November.

contractor fraud.

The trio

dozens of H.D.

Many had unfinished homes they've already paid for with liens mounting. Most had to pay again for the same supplies and services. Subcontractors including pool companies, cabinet makers, disposal removal, and concrete workers were never fully paid for their services.

FRAUD | 8



FILE PHOTO BY ELAINE ALLEN-EMRICH

In December, more than 50 people attended a meeting involving customers of HD Custom Homes. Many spoke about what was not finished or not started with their homes mostly in Charlotte and Sarasota counties. The group was so large, it spilled into the lanai and side room of the Gulf Cove home.

WALK WITH CAUTION

What streets are most dangerous for pedestrians, and why?

By LIZ HARDAWAY

STAFF WRITER

obert Ward is scared to grab his mail, even though his mailbox is just across the street from

Between his home and mailbox is a two-lane street Hillsborough Boulevard in Port Charlotte — with no posted speed limit sign nearby, no sidewalk, no stop sign, and no crosswalk. Just dozens of cars zooming by.

He waits for a gap in traffic until feeling safe to cross the street and get his

"One problem is the speed," he said, "and people aren't paying attention.' Once the weekend hits, he said the road becomes "nothing but a drag strip."

It's so bad that he doesn't even let his 11-year-old daughter go get the mail.

A few blocks down the road is where the first stop sign past Toledo Blade Boulevard appears on Prineville Street.

That's where a 45-year-old from the study by Smart man was killed while walking in 2013. The death is

marked on a sprawling map as just one of thousands of pedestrian fatalities, which were analyzed in a recent national study covering 2008 to 2017.

That study called "Dangerous by Design" found Florida is the most dangerous state for pedestrians.

The North Port-Sarasota-Bradenton area is the fourth most dangerous metropolitan area having had between six and 13 pedestrian fatalities annually between 2010 and 2017.

And Charlotte County is not immune from such tragedy either. The county had between one and five of these deaths each year in that time.

It doesn't end there. An annual average of about 57 crashes with pedestrians unfolded in that time in Charlotte County. In Sarasota County, there were about 146 crashes involving pedestrians where people weren't necessarily injured.

A key recommendation

STREETS | 10



"There are some places where there are no accidents (with pedestrians)... It's so dangerous, no one walks there."

- Gary Harrell, Charlotte County-Punta Gorda MPO director



SUN PHOTO BY LIZ HARDAWAY

Though Robert Ward said he doesn't know anyone in his neighborhood of Hillsborough Boulevard in Port Charlotte who has been injured due to fast cars, his trash cans have been hit a few times, with one car's mirror even flying off from impact.



PROVIDED

Pedestrian fatalities in the region showing North Port, Port Charlotte, Punta Gorda, Englewood, Venice and Arcadia, which was featured in the **Dangerous by Design report** for the years 2008 to 2017.

Stay off the murals

Signs, police to deter riding, walking on new PG Harborwalk murals

By DANIEL SUTPHIN

STAFF WRITER

A new mural called "Tails from the Harbor" is being painted along the Punta Gorda Harborwalk under the U.S. 41 southbound bridge, and it's starting to get some real attention from visitors.

But, not always in the right

Images of kids riding their bikes on, and people walking on the 76-foot, inclined wall were posted to Facebook recently. That post has since been removed; however, the Punta Gorda Historical Mural Society asked the city for help in preventing this in the future.

"What happens is before the mural's (surface) is sealed, any kind of walking on it does scrape it up," said Kelly Gaylord, Mural Society president. "We haven't had many issues (with this but) it's a very

MURALS | 8



PHOTO RENDERING PROVIDED

A rendering of what murals will look like once they're completed, from the west side of U.S. 41 southbound bridge in Punta Gorda.





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SCF Venice is latest beneficiary of Jervey's generosity

Philanthropist is leaving bulk of his estate to school

By BOB MUDGE STAFF WRITER

WEST VILLAGES — Bill Jervey readily admits he has a thing for libraries.

He's also in a position financially to do things that get his name put on them, like his first real hero, Andrew Carnegie.

First, it was the new Venice Public Library.

On Wednesday, it will be the library at the State College of Florida (SCF) — Venice campus.

The campus' huge lake it's actually a watershed preserve — will also bear his name.

It goes back to when Jervey was a kid in Hawaii, hanging out at the local library to read books about finance. It's a facility he recently learned had been funded by Carnegie.

His family had moved to Hawaii in 1956 from just outside Washington, D.C., where his father worked at the forerunner to the Federal Aviation Administration.

"I wasn't a beach guy," Jervey said, so he spent his time in the stacks.

He bought his first stock at age 13 — shares of Curtis Publishing, which put out the Saturday Evening Post and the Ladies Home Journal. He made a quick profit and was hooked on investing.

He spent a lot of time in libraries as a student as well, graduating at the top of his class from the University of Hawaii; being awarded a Woodrow Wilson National Fellowship; and then earning master's and doctorate degrees from the

IF YOU GO

The ceremony recognizing Bill Jervey's gifts to State College of Florida is at 10 a.m. Wednesday, Feb. 27, on the Venice campus, 8000 South Tamiami Trail. It's open to the public.

University of Arizona. He kept investing the whole time.

After a year of teaching at a small college in New Mexico, Jervey decided it was time to act on his long-held dream of moving to Florida. His family had visited Venice in the mid 1950s but a job offer took him to Orlando to teach at Florida Technological University, now the University of Central

He was there for 13 years before deciding to leave his tenured position at age 37 and make his investing sideline his full-time job.

A week later, coincidentally, the stock market took off in what's sometimes called the "Reagan boom" and in less than a year,

Jervey was a millionaire. He made his way back to Venice as a resident about 10 years ago and decided to use his wealth to do good in the city he has adopted as his home.

His first gift was \$25,000 toward the Lord-Higel House renovation, a matching grant to get the project going again after it had languished for a time. Most often, he said, he likes to donate seed money like that, though he has also pledged \$50,000 as a capping grant to complete this project.

Next, he donated \$15,000 as a challenge grant toward



SUN PHOTO BY BOB MUDGE

Bill Jervey chats with State College of Florida, Manatee-Sarasota Foundation Executive Director Cassandra Holmes outside the library that now bears his name. He said he wanted the name to be a little different from the one on the William H. Jervey Jr. Venice Public Library.

acquiring a circus train car to be restored and displayed at the Venice Train Depot.

A million-dollar endowment to the Library Foundation for the benefit of Venice's library was next. He was a regular at the old one, monitoring his portfolio, until it was closed due to mold problems.

"That was like my second home," he said earlier.

Jervey had contemplated a smaller gift but agreed to the larger donation when he learned the facility could be named for him. It opened in December.

The urban forest being created along the east side of the Intracoastal Waterway is a recipient of a donation, too.

A growing 'family'

More than a year ago, Jervey said he was planning a major gift to "a local institution of higher learning."

His donation to SCF — a substantial gift now and

the bulk of his estate later — has been in the works for a couple of years, he said.

Like many people passing by on U.S. 41, Jervey said he didn't know the school existed, other than from seeing its sign. When he drove in to see it, he fell in love.

"I've been to universities all over the world that didn't have a campus this beautiful," he said.

He was equally impressed with the school's innovative programs, he said, such as the collegiate school that will be opening with a class of 11th-graders in the fall. Graduates will receive both a high school diploma and a two-year college degree.

There's also the Gator Engineering program, a collaboration with the University of Florida. Students take their basic math and science courses at SCF, then move to Gainesville for the engineering curriculum.

That program's "Den" - its study area — is the beneficiary of a capping donation from Jervey.

His estate will fund two endowments: one for students at SCF Venice and collegiate school graduates, one for the SCF Foundation to spend as it wishes.

All together, the gifts represent the largest donation the Foundation has ever received, Executive Director Cassandra Holmes said.

Jervey already sponsored scholarships for Venice High students, including one for the student representative to the city's Historic Preservation Board, but wanted to do something bigger in education.

With all the housing developments in the area around the SCF campus and the baseball complex that will be the center of Florida operations for the Atlanta Braves, "I think this campus is going to explode," he said.

Never married, Jervey said he thinks of the recipients of his major gifts as his children, including the SCF library and lake.

"My family is growing,"

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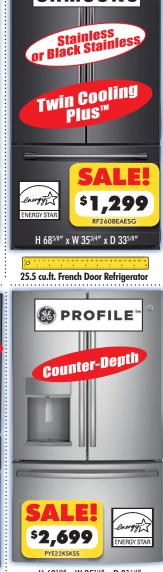
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E/N/C

Charlotte trash contract goes to hearing

Commissioners rejected the low bid as too high in December

By BETSY CALVERT STAFF WRITER

Charlotte County will pay for a mediator in negotiating its next trash service contract.

This is for the contract that commissioners rejected in December as having

too steep a jump in price from the existing contract.

Commissioners approved the cost of using a mediator — a lawyer — earlier this month.

The three-year trash contract is for residential and commercial properties in the county outside of Punta Gorda, which has its own service.

County code requires a mediator and a public hearing for the contract, said County Attorney Janette Knowlton. The contractor must

present their current and proposed schedule of fees, their revenues and projected growth, she said.

"It goes before a hearing officer, and they decide whether their rates fees and charges are just, reasonable

Sheriff's deputies shut

and compensable," Knowlton said.

The hearing date has not been set, but would likely be soon, Knowlton said. It will be a public hearing.

Two companies bid on trash service this year. The low bid was from the current

contractor, Pompano Beach-based Waste Management, Inc. The increase would cost households an extra

\$115 a year. Commissioners asked county staff to work with the contractor for

other options. Email: betsy.calvert@yoursun.com

Beach Road wreck victims identified

By STEVE REILLY STAFF WRITER

ENGLEWOOD — The Florida Highway Patrol hasn't concluded its investigation of the three-vehicle wreck on Beach Road Thursday, but troopers released the names of the motorists

Two of the three motorists have out-of-

state licenses. FHP identified Nancy Robertson, 86, as one of the out-of-state license holders. The Tennessee woman sustained multiple leg fractures and was

critical condition.

A second driver was identified as Patrick James Smith, 42, who was issued a Massachusetts license. He reportedly refused medical treatment.

FHP identified the third driver as Judith Ann Wheeler, 72, who was issued a Florida driver's license. She, too, was airlifted after the wreck. Her condition was unknown, according to FHP reports.

FHP identified the three sedans involved in the wreck: a 2004 white Cadillac, a leased 2018 black Nissan, airlifted from the scene in a Hertz rental 2019

silver Chevrolet sedan. However, troopers didn't identify Friday which motorist drove what vehicle.

The FHP received the 911 call at 1:17 p.m. Thursday but did not complete the on-scene investigation until 9:51 p.m.

Two of the three vehicles hit head-on, while the third was rear-ended at the foot of the Tom Adams Bridge on Manasota Key, according to FHP and other reports. The force of the accident caused a wheel to fly off one of the vehicles into a bicyclist warning sign on the side of the road.

Charlotte County

down Beach Road vehicle traffic for hours. Beach Road is the route between mainland Englewood and Manasota Key. The only other roadway on and off the barrier island is Manasota Beach Road, six miles north of Beach Road.

Southbound traffic on State Road 776 backed up for nearly a mile Thursday while emergency officials responded to the crash. FHP reopened the Beach Road shortly after 4 p.m. Thursday.

The FHP expects to conclude its investigation and issue a report next

Email: reilly@sun-herald.com



SUN FILE PHOTO BY STEVE REILLY

A three-car wreck on Beach Road Feb. 21 was violent enough to send a wheel from one of the cars flying into a pedestrian warning sign at the foot of the Tom Adams Bridge.

Woman dies in Desoto crash Saturday

A woman from Port St. Lucie died Saturday in a single vehicle crash along State Road 70 in Desoto County, according to Florida Highway Patrol.

Linda Wood, 68, was riding as a passenger in a 1997 Mercury driven by David Wood, 64, of Port St. Lucie.

David Wood was seriously injured and taken to Desoto Memorial Hospital, according to

FHP. Linda Wood was also taken Desoto Memorial

but did not survive. According to FHP, the crash happened around 8:30 a.m., west of SE **Highlands County Line**

Road. The vehicle was traveling west on State Road 70, but traveled onto the northern shoulder of the road, became airborne, and collided with a canal embankment, according

to FHP. The Charlotte County Sheriff's Office reported the following

arrests: • Jason Nathaniel Motz, 45, 100 block of Caddy Rd., Rotonda West. Charges: possession of not more than 20 grams of marijuana, possession or use of drug paraphernalia, and municipal ordinance violation. Bond:

• Anthony James Mangett, 41, 5100 block of Palengos Dr., Punta Gorda. Charge: aggravated battery/ person using a deadly weapon. Bond:

• Diane Jeanette Miller, 53, 9400 block of Galaxie Circle, Port Charlotte. Charges: possession of cocaine, two counts of possession of a controlled substance without a prescription, possession or use of drug paraphernalia, municipal ordinance violation, and tampering with or fabricating physical evidence. Bond: \$23,000.

· Diane Crol Todd, 64, 7400 block of Seamist Dr., Port Charlotte. Charges: possession of cocaine, possession or use of drug paraphernalia, and municipal ordinance violation. Bond: \$8,000.

· Nickolas Robert Muxlow, 30, 20300 block of Copland Ave., Port Charlotte. Charges: possession of cocaine and possession or use of drug

paraphernalia. Bond: \$7,500. • Alexis Xavier Lopez, 24, of Miami Gardens, Fla. Charges: possession or use of drug paraphernalia and convicted felon fails to register. Bond:



POLICE BEAT

The information for Police Beat is gathered from police, sheriff's office, Florida Highway Patrol, jail and fire records. Not every arrest leads to a conviction and guilt or innocence is determined by the court system.

· Kristina Lee Reilly, 33, of Venice, Fla. Charges: out of county warrant, failure to appear, and underlying

charge. Bond: \$6,070. • Daniel Tritto, 59, of Spring Hill, Fla. Charge: knowingly driving while license suspended or revoked. Bond:

\$3,000. • Shawn Matthew Carlson, 27, 21400 block of Ironton Ave., Port Charlotte. Charge: violation of probation or community control.

• Kimberly Anne King, 55, 17100 block of Toledo Blade, Port Charlotte.

Charge: violation of probation or

Perioa, III. Charge: DUI. Bond: \$5,000. • Demarco Lee Tibbetts, 35, 5300 block of Sago Plam Rd., North Port. Charge: possession of not more than

community control. Bond: none. • James Robert Porter, 46, of

block of Okolona St., North Port. Charge: DUI damage to property or person. Bond: \$3,000. • Omar Pulgarin, 27, of Nocatee,

Fla. Charge: battery by intentional touch or strike. Bond: \$5,000. • Joseph Patrick O'Neil Debell, 39.

20 grams of marijuana. Bond: \$2,500.

• Ronald Dean Moore, 61, 1800

of Miami, Fla. Charge: battery on officer/firefighter/EMT. Bond: \$15,000. · William Joseph Larson III.

31, 1600 block of Maryknoll Rd., Englewood. Charges: violation of probation or community control, two counts of possession of a controlled substance without a prescription, possession of not more than 20 grams of marijuana, and possession or use of drug paraphernalia. Bond: \$14,000.

• Stuart Ray Middleton, 41, 2800 block of 12th St., Englewood. Charge: simple assault. Bond: \$3,000.

• Jonathan Aaron Blid, 37, 9300 block of Catherine Ave., Englewood. Charges: tampering with or fabricating physical evidence, fleeing or attempting to elude LEO, and knowingly driving while license

suspended or revoked. Bond: \$8,000. · Daniel Garret Frank Boccia, 36, of Duneeden, Fla. Charge: out of county

warrant. Bond: none. • Domingo Cruz Diaz, 42, of Clear Water, Fla. Charge: operating a motor vehicle without a valid license. Bond:

\$3,000. The Punta Gorda Police Department reported the following arrests:

• Charles Backus Moore, 32, 2400 block of Conway Blvd., Port Charlotte. Charges: disorderly intoxication and violation of probation or community control. Bond: \$3,000.

· Lisa Ann Anderson, 59, of Travercity, MI. Charge: battery by intentional touch or strike. Bond:

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A PUBLIC HEARING ON PROPOSALS AND PETITIONS AS DESCRIBED BELOW WILL BE CONDUCTED BY THE PLANNING AND ZONING BOARD ON MONDAY, MARCH 11, 2019, at 1:30 P.M. OR AS SOON THEREAFTER AS THE MATTER MAY BE HEARD DURING THE COURSE OF ACTION. THE HEARING WILL BE HELD IN COMMISSION CHAMBERS, ROOM 119, FIRST FLOOR, BUILDING A, THE CHARLOTTE COUNTY ADMINISTRATION CENTER, 18500 MURDOCK CIRCLE, PORT CHARLOTTE, FLORIDA. THE PLANNING AND ZONING BOARD IS NOT BOUND TO CONSIDER THE PETITIONS IN THE ORDER LISTED IN THIS NOTICE. ANY OF THESE PETITIONS MAY BE CONSIDERED AS SOON AS THE MEETING COMMENCES.

COPIES OF SAID PETITIONS WITH COMPLETE LEGAL DESCRIPTIONS AND SUBSEQUENT STAFF REPORTS WILL BE AVAILABLE FOR REVIEW AT THE CHARLOTTE COUNTY COMMUNITY DEVELOPMENT DEPARTMENT (18400 MURDOCK CIRCLE) AND ALL CHARLOTTE COUNTY PUBLIC LIBRARIES. ADOBE PORTABLE DOCUMENT FORMAT (.pdf) FILES OF ALL PETITION PACKETS AND AN AGENDA WILL BE PLACED AT THE FOLLOWING INTERNET ADDRESS: http://www. charlottecountyfl.gov/boards-committees/pz/Pages/Meeting-Agendas.aspx

ALL INTERESTED PERSONS ARE URGED TO ATTEND THESE PUBLIC HEARINGS. THE PUBLIC IS WELCOME TO SPEAK; THERE WILL BE A FIVE-MINUTE TIME LIMIT FOR EACH CITIZEN'S PRESENTATION ON AN AGENDA ITEM. IF YOU HAVE SPECIFIC QUESTIONS OR COMMENTS, YOU ARE ENCOURAGED TO CONTACT A STAFF PERSON AT ANY TIME IN ADVANCE OF THE PUBLIC HEARING(S). PLEASE CALL 941-764-4903 AND MENTION THE PETITION NUMBER OF THE MATTER YOU WISH TO DISCUSS.

PETITION

PV-19-01-01 Legislative **Commission District II** P.G.B.K. Properties, LLC is requesting to vacate a portion of the Amended Plat Of South Punta Gorda Heights And Its First Addition Subdivision, including a one-block segment of Saint Pierre Road, a total of 11.77 acres, more or less, as recorded in Plat Book 5, Pages 17A-17C, of the Public Records of Charlotte County, Florida, and located south and west of U.S. Highway 41, north of First Avenue, and

east of Payne Street, in Section 34, Township 41, Range 23, in Commission District II. SHOULD ANY AGENCY OR PERSON DECIDE TO APPEAL ANY DECISION MADE BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT SUCH MEETING, A RECORD OF THE PROCEEDING, AND FOR SUCH PURPOSE, A VERBATIM RECORD OF THE PROCEEDING IS REQUIRED, WHICH RECORD INCLUDES THE TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

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VIEWPOINT

Publisher — Glen Nickerson Executive editor — Jim Gouvellis Editorial page editor — Stephen Baumann Commentary Editor — John Hackworth

Email letters to letters@sun-herald.com

Our View

Governor right to push ahead with drug imports

OUR POSITION: Ask a Canadian snowbird about drug prices north of the border.

7 hat key policy do conservative Republican Gov. Ron DeSantis and independent/progressive Sen. Bernie Sanders agree on?

That U.S. citizen should have access to lower-cost prescription drugs from neighbor-to-the-north

DeSantis told a crowd in The Villages Wednesday he would work to overcome federal roadblocks to citizens eager to import prescription medication from Canada. According to news reports, the announcement was met with enthusiastic cheers in the Republican stronghold.

Also critical, DeSantis said he'd spoken with President Trump about the matter. Trump also was enthusiastic about the possibility of lowering health care costs for both government and consumers through what should be a relatively simple action.

Include us in the cheering section.

This is a sensible move, something that Canadian snowbirds fully recognize. It's a market bargain-hunting U.S. residents have tapped into for years now, although it is, technically, not permitted.

Consider some numbers. The average price for patented prescription drugs is three times higher in the United States than Canada. According to The Commonwealth Fund, Americans spent \$1,011 per capita for pharmaceuticals in 2015, compared to \$669 per capita for Canadians.

As for individual medications, the monthly cost of the cholesterol drug Crestor is \$86 in the U.S., after an average discount of \$129; the same Crestor costs \$32 in Canada.

Lantus (a form of insulin used by diabetics) costs \$186 here (with a \$186 discount); \$67 north of the border. Advair (for asthma) costs \$155 monthly in the U.S. (with a \$155 discount), and \$74 in Canada. Sovaldi (used to treat hepatitis C) is a whopping \$17,000 monthly (with an average discount of \$12,300) in the U.S., and \$14,943 in Canada.

We could continue through the most-used medications in the United States, but you get the

Canadian drugs are cheaper. Drugs in all other developed nations are cheaper because the United States does not regulate or negotiate prices of new prescription medications that enter the market, according to the Vox new site. The Canadian government won't approve a drug unless it deems the cost to be reasonable.

That means the price of Humira, say, or Crestor, or Advair is lower. Same drug. Smaller cost.

Back to Sanders: His state, Vermont, was the first state in the U.S. to pass a law allowing the importation of Canadian prescription drugs last year. Problem is, the federal government hasn't signed off, as it must.

DeSantis wants the Legislature to do something similar. But the Republican governor has a key ally: the Republican president.

The governor also promised there would be "appropriate regulatory steps in place" to protect Florida citizens. The pharmaceutical industry so far has used its money and influence to fight off all such measures, under the guise of consumer protection.

Bunk.

This is a smart, targeted initiative: a cheaper alternative for those in need. It deserves cheers.



Letters to the Editor

Not a big fan of 'Young Sheldon'

Is it any wonder that there is violence in schools, because today's youth have such poor role models on television?

Recently, for example, I had the displeasure of watching an episode of "Young Sheldon," a "comedy" about a 10-year-old genius in high school and his adjustment to life in taking advanced classes. In the episode I saw Sheldon makes friends with the school bully, to save his older brother from being beaten up.

Encouraged with his success, he tries making friends with another bully, only to cause a fight. Sheldon, turns up with a sling shot, and a rock, takes aim and fires the rock at the bully. Then runs. Unfazed, the bully hunts Sheldon down and puts him in his locker.

If this was an actual situation, Sheldon would be expelled from school and possibly put in juvenile hall, genius or not.

I fail to see the humor in someone being nit by a rock. That is certainly assault and battery. And if only one person imitates this character's behavior, then the networks would be more than justified by cancelling the show.

If you want good comedy see the film "Stan & Ollie." Leave "Young Sheldon" alone.

Max Kramer Goodall II

North Port

Fare thee well old friend Joe

Recently, a good friend, passed away. That's a common-enough happening, considering our "age group" in Charlotte County and, nearby.

But "what" makes this something "noteworthy" is that this wonderful, curmudgeonly, cantankerous but always "the gentleman" was this. He refused to have his obituary published and, this, two weeks later, seems to be so.

Why? Well, in our disagreements (over various issues of no consequence) as I might quote something from a newspaper, near or far, he would quip, "What! That communist rag!" Didn't matter that it may have been a renowned journalist.

But here's the thing: My friend never belittled or showed disrespect. Just, disagreed, saying, "What can you expect from a communist rag?" Ergo, no obit.

As he sat and drank his Budweiser at the bar, he might regale those nearby with a "corrected" fact. I'm going to miss that. I am sure many others shall, also.

Here's to you, Joe Diddick.

Patrick Dickson Port Charlotte

Hold council meetings in the evening

Editor:

To the Punta Gorda mayor, City Council, city manager and staff:

It is way beyond time for you to vote on changing the time of City Council meetings from 9 a.m. to evening meetings. I suggest 6:30 p.m.

This change, as you know, would provide working class folks an opportunity to express their opinions on agenda items and, more importantly, would finally provide you the opportunity to hear and address a greater number of citizen/ taxpayer concerns.

As it stands now, you only near the opinions, wants and dissatisfactions of PGI folks who, as most of us know, are retired, and privileged.

If you refuse to bring this to a vote, if you claim some legal mumbo jumbo inhibits you from acting, or if you vote to continue the status quo, be assured most of us will undoubtedly understand your reasoning.

Furthermore, by not voting, your expressed intention to be "inclusive" will be, well, you

> **Ronna James** Punta Gorda

Congress must act on 'national emergency'

Donald Trump's fake national emergency is a direct attack on our democracy. The Constitution's separation of powers clause gives each of our three branches of government a system of checks and balances on the other two branches. Trump violated this provision by refusing to seeking the advice and consent of Congress prior to declaring his national emergency.

It is critical that Congress rein in this executive overreach of the rule of law. Congress is obligated to check Executive Branch abuses, and there is a clear path for them to do this.

First, the National

Emergencies Act provides a procedure for Congress to terminate a state of emergency by passing a resolution. Although this procedure has never been used, now is the time to act. Secondly, with their new oversight powers, House Democrats can immediately schedule hearings and investigations into this illegal power grab. They should do so ASAP.

And we, as voters, can aid in this process. Call or write your U.S. Congressional representative, Greg Steube or Vern Buchanan. Tell him to vote to end this phony national emergency, protect our democracy, and reestablish the rule of law.

> Karen J. Fisk Rotonda West

Too many contractors acting improperly

Editor:

I need to speak about constructor deceitfulness. This occurs quite often in Florida and I would like to educate the public with my experience.

The more I speak to people around town, this has occurred to more than we know. Contractors are taking advantage of the public for profit, leaving us to search for legal consultation. Those of us who are attempting to make this community more beautified are being taken advantage of. What to be aware of.

This unfortunate experience has left my husband and myself in a very large debt. I honestly believe our experience could help others faced with the same issues.

> **Maria Moniz** Englewood

What's needed is term limits

Editor:

I have been taking your paper for seven years and have read most of the letters to editor. It appears to me that most of the people are very one-sided.

I will keep it very simple. I think our politicals are a disgrace. I think the people running for office can play as dirty as they like until the election is over, but when they have won they need to go to Washington and forget their party and get their heads together and solve the problems of the U.S.

I think all they worry about is winning the next election and keeping the party in power. I think that they have made the House and Senate jobs so good

they will almost anything to stay in office.

That is one very good reasons to put in term limits.

Rodney Cannon Punta Gorda

Missed opportunity for NYC development

Boy, talk about shooting yourself in the foot. The protesters in New York who object to Amazon getting tax breaks or economic incentives have killed the goose. Now some other lucky state and city will benefit.

Where were those protesters when sports stadiums received huge incentives? In this case we are talking about jobs and tax revenue and economic vitality.

I have never been a fan of bribing business to come to any area. The benefits to both sides should be all that is necessary. But we have evolved into a practice of incentivizing business. And we have a segment of our population who, in the absence of an understanding of the business woria, oppose businesses based on the belief that "businesses are too wealthy." Driving away business based on erroneous beliefs is (to be kind) misguided.

This is a great opportunity for a public discussion and education.

Jean Arcamone Englewood

Mosaic, DeSoto square off April 3

Editor:

In July 2018 the Board of County Commissioners of DeSoto County voted to deny Mosaic's request to rezone 14,000 acres from farming to mining. Mosaic has requested an appeal to dispute this resolution. The date for this public mediation is Wednesday, April 3, beginning at 9 a.m. in the DeSoto Administration Building, 1st Floor Boardroom, 201 East Oak St., Arcadia.

Charlotte County definitely has an environmental interest in any decision concerning Mosaic, especially for a county that borders us.

I would strongly urge Charlotte County citizens, organized groups, and elected officials (Punta Gorda City Council members and county commissioners) to attend this important meeting.

Jane Merriam Punta Gorda

How to submit a Letter to the Editor

Letters are welcome on virtually any subject, but we do have some rules. Please keep them to less than 250 words. Letters will be edited to length as well as for grammar and spelling. All letters must be signed with full name - not initials. An address and telephone number must be included. The phone number and address are not for publication, but must be provided. Due to the number of letters received, we are able to run only one letter per person per month.

The Letters to the Editor section is designed as a public forum for community discourse, and the opinions and statements made in letters are solely those of the individual writers. The newspaper takes no responsibility for the content of these letters. Please send or bring correspondence to the Sun, Letters to the Editor, 23170 Harborview Road, Charlotte Harbor, FL 33980. Readers may email Letters to the Editor at letters@sun-herald.com. Further questions or information, call 941-681-3003.

E/N/C

Thou shall read this and hopefully comply

ules are a necessity, I think we can all agree. Otherwise, this crazy world would be a whole lot more crazier than it is, so I reckon we ought to be thankful for them.

Today I'd like to present some new rules that need enforcing in the worst kind of way, even if they're not written. On second thought, they're written as of today, in this column.

We're all familiar with the Ten Commandments and are familiar with the definition of the haves and the have nots. I call



Grits & Pieces

Luke

WILSON

mine the shalls and the shall nots, and though they're not inscribed on stone tablets, they ought to be. Here's a dozen for

Thou shall not walk around with thy britches pulled down so low that thy underpants are exposed to the

world. Penalty for such

behavior may result in an atomic wedgie.

Thou shall use turn signals when driving. Nearby drivers are not mind-readers, thou knowest.

Thou shall not create and perpetuate drama on Facebook by posting cryptic lamentations that beseech others to ask what ails thee. Knock it off, or risk being deleted.

Thou shall not use cellphones during family dinners. That is just plain rude and, besides, thy phone may get all greasy if thou art eating fried chicken.

Thou shall chew with thy mouth closed. Nobody wants or needs to see the mess thy teeth have ground food into, nor hear the smacking racket it makes. Eww.

Thou shall not leave the toilet-paper roll empty without replacing it with a fresh roll. Failure to do so will ensure that thee will find it empty some day, when thou art most deserving.

Thou shall respect thy parents and elders. Otherwise, thy children and grandchildren will

learn such behavior and impart it to thee.

Thou shall not talk during theater movies, nor when watching television with others, except during commercials. Hold thy comments and thy tongue.

Thou shall refrain from sharing spoilers in regards to movie or book endings. Jumping the gun may result in thee being jumped thyself.

Thou shall not text while driving, lest thee risk meeting thy maker too soon.

Alas.

Thou shall wash thy hands before exiting restrooms, especially in dining establishments. Those failing to comply need to be scourged and forced to eat liver in exile for the rest of thy

Thou shall not put sugar on grits.

Woe be unto those who do, and may infestations and plagues be upon those who do.

These are but a few, but implementation and enforcement of all this just might bless this mess we call life here on earth. Amen.

When faith helped me remember how to live

Adapted from a sermon delivered at Washington National Cathedral on Feb. 17, 2019.

7 hen the Dean of the Washington National Cathedral and I were conspiring about when I might speak, I think he mentioned Feb. 3 as a possibility. A sermon by me on that date would have been considerably less interesting because I was, at that point, hospitalized for depression. Or maybe it would have been more interesting, though less coherent.

Like nearly one in 10 Americans — and like many of you — I live with this insidious, chronic disease. Depression is a malfunction in the instrument we use to determine reality. The brain experiences a chemical imbalance and wraps a narrative around it. So the lack of serotonin, in the mind's alchemy, becomes something like, "Everybody hates me." Over time, despair can grow inside you like a

tumor. I would encourage anyone with this malady to keep a journal. At the bottom of my recent depression, I did a plus and minus, a pro and con, of me. Of being myself. The plus side, as you'd imagine, was short. The minus side included the most frightful cliches: "You are a burden to your friends." "You have no future." "No one would miss you."

The scary thing is that these things felt completely true when I wrote them. At that moment, realism seemed to require

hopelessness. But then you reach your breaking point and do not break. With patience and the right medicine, the fog in your brain begins to thin. If you are lucky, as I was, vou encounter doctors and nurses who know parts of your mind better

A Little Act

That Can Save So Many ...



Washington Post

Michael **GERSON**

than you do. There are friends who run into the burning building of your life to rescue you, and acquaintances who become friends. You meet other patients, from entirely different backgrounds, who share your symptoms, creating a community of the wounded. And you learn of the valor they show in lonely rooms.

Over time, you begin to see hints and glimmers of a larger world outside the prison of your sadness. The conscious mind takes hold of some shred of beauty or love. And then more shreds, until you begin to think maybe, just maybe, there is something better on the far side of despair.

I have no doubt that I will eventually repeat the cycle of depression. But now I have some self-knowledge that can't be taken away. I know that — when I'm in my right mind — I choose hope.

That phrase — "in my right mind" — is harsh. No one would use it in a clinical setting. But it fits my experience exactly.

•In my right mind when I am rested and fed, medicated and caffeinated — I know that I was living within a dismal lie.

• In my right mind, I know I have friends who will not forsake me.

• In my right mind, I know that chemistry need not be destiny.

• In my right mind, I know that weeping may endure for the night, but joy comes in the morning.

I think this medical condition works as a metaphor for the human condition.

All of us — whatever

our natural serotonin level — look around us and see plenty of reason for doubt, anger and sadness. A child dies, a woman is abused, a schoolyard becomes a killing field, a typhoon sweeps away the innocent. If we knew or felt the whole of human suffering, we would drown in despair. By all objective evidence, we are arrogant animals, headed for the extinction that is the way of all things. We imagine that we are like gods, and still drop dead like flies on the windowsill.

The answer to the temptation of nihilism is not an argument though philosophy can clear away a lot of intellectual foolishness. It is the experience of transcendence we cannot explain, or explain away. It is the fragments of love and meaning that arrive out of the blue in beauty that leaves a lump in your throat, in the peace and ordered complexity of nature, in the shadow and shimmer of a cathedral, in the unexplained wonder of existence itself.

I have one friend, John, who finds God's hidden hand in the habits and coloring of birds. My friend Catherine, when her first child was born, discovered what she calls "a love much greater than evolution requires." I like that. "A love much greater

than evolution requires." My own experience is tied to this place. Let me turn to an earlier, happier part of my journals, from

May 2, 2002: "It has probably been a month," I wrote, "since some prompting of God led me to a more disciplined Christian life. One afternoon I was led to the Cathedral, the place I feel most secure in the world. I saw the beautiful sculpture in the Bishop's Garden — the prodigal son melting into his father's arms — and the

inscription how he fell on his neck, and kissed him. I felt tears and calm, like something important had happened to me and in me. ... My goals are pretty clear. I want to stop thinking about myself all the time. I want to be a mature disciple of Jesus, not a casual believer. I want to be God's man."

I have failed at these goals in a disturbing variety of ways. And I have more doubts than I did on that day. These kinds of experiences may result from inspiration ... or indigestion. Your brain may be playing tricks. Or you may be feeling the beating heart of the universe. Faith, thankfully, does not preclude doubt. It consists of staking your life on the rumor of grace.

This experience of pulling back the curtain of materiality, and briefly seeing the landscape of a broader world, comes in many forms. It can be religious and nonreligious, Christian and non-Christian. We sometimes search for a hidden door when the city has a hundred open gates. But there is this difference for a Christian believer: At the end of all our striving and longing we find, not a force, but a face. All language about God is metaphorical. But the metaphor became flesh and dwelt among us.

Becoming alert to this reality might be called "enlightenment," or the work of the Holy Ghost, or "conversion." There really is no formula. Historically, there was Paul's blinding light on the road to Damascus. There was Augustine, instructed by the voice of a child to "take up and read." There was Pascal sewing into his jacket: "Since about half-past ten in the evening until about half-past midnight. FIRE.

Certitude. Feeling. Joy. Peace." There was Teresa of Avila encountering the suffering Christ with an "outpouring of tears." There was John Wesley's heart becoming "strangely warmed."

Here is how G.K. Chesterton described this experience in a poem called "The Convert":

"The sages have a hundred maps to give That trace their crawling cosmos like a

They rattle reason out through many a sieve That stores the sand

and lets the gold go free: And all these things are

less than dust to me Because my name is Lazarus and I live."

It is impossible for anyone but saints to live always on that mountaintop. I suspect that there are people here today — and I include myself — who are stalked by sadness, or stalked by cancer, or stalked by anger. We are afraid of the mortality that is knit into our bones. We experience unearned suffering, or give unreturned love, or cry useless tears. And many of us eventually grow weary of ourselves tired of our own sour

At some point, willed cheerfulness fails. Or we skim along the surface of our lives, afraid of what lies in the depths below. It is a way to cope, but no way to live.

I'd urge anyone with undiagnosed depression to seek out professional help. There is no way to will yourself out of this disease, any more than to will yourself out of tuberculosis.

There are, however, other forms of comfort. Those who hold to the wild hope of a living God can say certain things:

• In our right minds

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 as our most sane and solid selves — we know that the appearance of a universe ruled by cruel chaos is a lie and that the cold void is actually a sheltering sky.

• In our right minds, we know that life is not a farce but a pilgrimage or maybe a farce and a pilgrimage, depending on the day.

• In our right minds, we know that hope can grow within us — like a seed, like a child.

• In our right minds, we know that transcendence sparks and crackles around us — in a blinding light, and a child's voice, and fire, and tears, and a warmed heart, and a sculpture just down the hill — if we open ourselves to seeing it.

Fate may do what it wants. But this much is settled. In our right minds, we know that love is at the heart of all things.

Many, understandably, pray for a strength they do not possess. But God's promise is somewhat different: That even when strength fails, there is perseverance. And even when perseverance fails, there is hope. And even when hope fails, there is love. And love never fails.

So how do we know this? How can anyone be so confident?

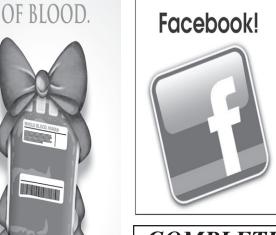
Because we are Lazarus, and we live.

Michael Gerson's email address is michaelgerson@ washpost.com.

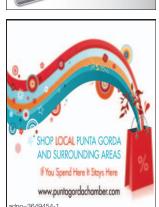


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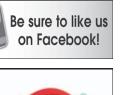
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Winchester woes on Sarasota County radar

North Port, Englewood residents complained about road conditions

By WARREN RICHARDSON

SUN CORRESPONDENT

NORTH PORT — Complaints by Englewood and North Port residents about the bumpy ride along Winchester Boulevard have reached the ears of Sarasota County decision-makers.

And Tuesday could see the start of eventual relief coming for those who use the road.

Sarasota County Administrator Jonathan Lewis will ask the county commissioners during his report Tuesday to add \$5 million to the county's 2019 budget to repave the deteriorating road between

River Road and the county line, a total of three miles.

That request will also include the four lanes of River Road near the intersection with Winchester.

Charlotte County repaved its portion of the road within the last two years.

According to county documents, if commissioners approve Lewis' request Tuesday, the estimated schedule to complete the project is nine months, which also includes design work and the procurement process to choose a contractor.

If the River Road portion is eliminated, the estimated timeline shortens to

county documents.

The repaving project is not included in the county's current five-year capital improvements plan, but with a rating of 43 out of 100 possible points, and pot holes continuing, county officials feel the urgency to take

County traffic studies indicated an annual average daily traffic count of 9,647 vehicles enduring the bone-rattling conditions every day.

"This area is of highest concern due to its current degraded condition and traffic volume," Spencer Anderson, the county's

eight months according to Public Works director, wrote in a memo to commissioners explaining the issues.

Commissioners will meet Tuesday and Wednesday in commission chambers at the **County Administration** Center, 1660 Ringling Blvd., Sarasota. The meetings will begin at 9 a.m.

Access Sarasota TV will also televise the meetings, and agendas are available at www.scgov.net by clicking on Meetings and Agendas under the Services tab. For more information, residents can also call the county's Call Center at 941-861-5000.

Email: jondaltonwr@gmail.com



SUN FILE PHOTO BY STEVE REILLY

Residents complaining about Winchester Road between North Port and Englewood have reached Sarasota County Commissioners — who are going to discuss the roadway Tuesday at their next meeting.

Turn lane into planned Sunseeker area coming

Rebuilt Main Street to get a right turn lane off U.S. 41

By BETSY CALVERT STAFF WRITER

The state is building a right turn lane on U.S. 41 onto the Sunseeker-built Main Street just before

the southbound bridge over Charlotte Harbor.

To allow construction crews to work, Florida Department of Transportation announced it will be intermittently closing southbound lanes from 7 p.m. to 6 a.m. weekdays for the project. Closed lanes will be from Oakley Street to Main Street.

Las Vegas-based

Allegiant Travel Company, which is about to construct the Sunseeker Resort, rebuilt the old Main Street as part of the deal to rezone 22 acres along the waterfront.

Charlotte County still owns Main Street. Work there is ongoing and Main Street is not yet open for traffic.

Sunseeker property is located immediately south of Main Street and is currently a largely cleared landscape of dirt, rubble and construction equipment.

Email: betsy.calvert@yoursun.com

MURALS **FROM PAGE 1**

delicate situation. I think it will take care of itself (in the long run)."

The city complied with the society's request and is in the process of developing signage and other deterrents, according to City Communications Manager Melissa Reichert.

"We were made aware of the concerns with people climbing on and riding bikes on the mural (Monday)," wrote Reichert in an email to the Sun.

"Police Chief Pam Davis directed foot patrols to look for and discourage climbing on the murals and suggested that signage be put into place directing people not to climb on the murals.'

Most days, Harborwalk visitors can find artist Skip Dyrda on site, crafting his waterfront piece. He is also responsible for "Our First Firehouse" located at Punta Gorda Fire Station No. 1 (1410 Tamiami Trail) and "Ladies Remembered" at The Bayside Eye Center (314 N. Tamiami Trail).

Work on the new harbor

mural has slowed in recent weeks because of cold and rainy weather. Dyrda estimates the project will be done by the end of March, according to Gaylord.

"All our murals capture a slice of our history," Gaylord said. "The marine life in the harbor has played a major role in the settlement and development of Punta Gorda."

Dyrda began painting the mural on Jan. 8. He designed the work based on the shape and size of the wall, and the location along the harbor. The mural surface is the new

retaining wall constructed after the walk was widened in 2017, according to a Mural Society press release.

It's not the typical straight vertical wall the nonprofit is used to developing but, rather, angled with a 40-percent downward grade slope. It measures 76 feet in length and the total surface is just over 1,100 sq. ft. in size.

"I think it's a great design for this wall and will add to the Harborwalk experience," Gaylord said. "The artist likes to add small objects and animals to his

murals that you might not see the first time you look at it. This draws you in to take a closer look."

The mural will depict a variety of local fish, dolphins and other sea life.

Fish was the major source of food for the natives for thousands of years and the reason the Spanish established fishing 'ranchos' in Punta Gorda to harvest the fish and send it back to their settlements in the Caribbean. Fishing has (also) been the area's major industry for many years," Gaylord said. "We hope the mural will not only provide

a lesson in our area's history but also inspire conservation of our fragile marine environment by highlighting species that are no longer here or in much less numbers.'

The Mural Society is a nonprofit. All the money for the Harborwalk mural comes from donations, Gaylord said.

"The fundraising is complete," Gaylord said, "and we've raised all the money for the mural through individual donations and six sponsors."

Email: dsutphin@sun-herald.com

FROM PAGE 1

HD Custom Homes owners Stephen Dukes and Matt Harden put their Englewood homes up for sale. Harden surrendered his construction license to the state. Dukes is still a licensed Realtor who can sell homes through a new corporation.

What the legislation does ...

Grant's proposed House Bill 877 and an identical bill SB-1092 filed by Sen. Ben Albritton (R-Bartow), who represents parts of Charlotte County, amends the current state law. It changes criminal penalties for fraud offenses. It revises the maximum amount of a prospective buyer's deposit for a residential dwelling that must be put in escrow.



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It doesn't allow a prospective customer to waive the right to have the the deposit put in escrow. It requires escrow of certain payments received for the improvement of real property. The provision says a person, firm, corporation, agent, officer or employee who receives any payment on real property more than five percent of the project's cost must put the payment in an escrow account with a savings and loan association, bank or trust.

The proposal is also aimed at better protecting subcontractors.

According to the proposed language, a Florida Bar licensed attorney "must" give a certified letter detailing the amount and date of any payments made to subcontractors out of the payment received within 30 days after the receipt of payment.

All withdrawals from the account "shall require the signatures of both the building contractor or developer and the buyer or the buyer's agent," the new language specifies.

New Patients

Welcome

The new language removes the additional month a customer has to wait to file a complaint if the work isn't started after 90 days.

If the newly proposed law passes, contractors who collect money, but don't start the work on permits pulled for "any" 90 day period, face a third-degree felony for permits less than \$20,000; a second-degree felony for \$20,000 to \$49,999 and a first-degree felony for receiving \$50,000 or more. If the amount of payments misapplied has an aggregate value of less than \$1,000, the violator commits a third-degree felony.

Grant and Fox said under the current state statutes it's difficult to prosecute contractors who do repair, restoration, addition, improvement, or construction work of residential property, with the intent to defraud the owner, fail or refuse to perform any work for any 90-day period.

It's why they deleted the "intent requirement" for contractor fraud offenses. They said it's

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nearly impossible to prove "beyond a reasonable doubt" if the contractor at the time of the sale didn't plan to build a house or a pool when taking deposits or full payments from

customers. Dukes told some of his HD Custom Homes customers he merely "ran out of money" he collected from them to finish their homes. He blamed the rising cost of supplies after Hurricane Irma in September 2017. Customers challenged him saying he took his family on lavish vacations and cruises and threw company parties which were posted on social media. Hardin, Dukes' business partner, was spotted in Facebook posts while on Key West diving excursions.

The language says the contractor "must give proper notification" via a certified letter that includes the reason for termination of the contract or the failure to perform sent return receipt requested, mailed to the last address on the contracting agreement.

The provisions says a state attorney or the statewide prosecutor, upon the filing of an indictment or information against a contractor, subcontractor,

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FILE PHOTO BY ELAINE ALLEN-EMRICH

Phil Jeleniewski, a 73-year-old Vietnam veteran, shows a signed contract he had with HD Custom Homes. He and his wife Diane gave HD Custom Homes \$10,000 in deposits in April. They sold their home up north before learning no permits were pulled to begin construction of their new home here.

or sub-subcontractor — which charges such person with a violation shall send a copy of the case to the Department of Business and Professional Regulation. The Department of Business and Professional Regulation "shall promptly open an investigation." If probable cause is

found, the investigative report is sent back to the

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state attorney and the property owner. Currently, customers are not informed of investigations.

If the bill is passed, the new laws would take effect July 1.

While none of the provisions are retroactive to protect former HD Custom Homes customers, many are working with the Charlotte County Sheriff's Office who moved forward investigating nearly two dozen

complaints. Some customers hired attorneys to get some money back from the state recovery fund. It gives a small portion of money back to customers who have been ripped off by contractors. The statewide fund is built through money collected on every permit.

Email: eallen@sun-herald.com



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STREETS

Growth America and National Complete Streets Coalition is to stop referring to pedestrian fatalities as unavoidable "accidents."

"We are continuing to design streets that are dangerous for all people," the report notes. "Federal and state policies, standards and funding mechanisms still produce roads that prioritize high speeds for cars over safety for all people."

Local planners, however, say roads here aren't designed to be dangerous. It's an issue of focus.

"Oftentimes in the past what the design has been focusing on is the automobile, rather than pedestrians or bicyclists," said Gary Harrell, the director of the Charlotte County-Punta Gorda Metropolitan Planning Organization. "The philosophy is changing greatly."

Charlotte County deaths

Last year, five pedestrians were killed in Charlotte County.

One involved 90-year-old Vera Lozen, a Port Charlotte resident who was doing her daily walk one November morning.

She was walking along a painted crosswalk on Aaron Street in Port Charlotte, when Edward Bedingfield, 46, made a right turn onto Aaron Street from Gertrude Street, striking Lozen and pinning her under his 2003 Chevy Venture. Lozen died at the scene, the Florida Highway Patrol said in November.

Bedingfield received a traffic ticket for failing to yield at the right-of-way to a pedestrian at a crosswalk with signage. It carries a civil penalty of \$163, according to Charlotte Clerk of Courts records.

A case was filed Feb. 12 and Bedingfield has a traffic arraignment March 5.

Charlotte County has had 42 pedestrian fatalities since 2006. Fatalities have declined, with 2006 being the height involving six fatalities. The second highest year for fatalities was in 2011 with five.

Since then, these deaths every year have amounted to four or less, with two in 2017, according to data from Florida's Integrated Report Exchange System (FIRES).

Still, it seems some areas see more of them than others.

Many pedestrian deaths in Charlotte County occurred near major roadways, particularly along U.S. 41. Eight fatalities have occurred along there since 2008.

Another apparent hot spot was near Port Charlotte Boulevard, and two deaths happened along Conway Boulevard and Melbourne Street, right before the bridge crossing to Punta Gorda.

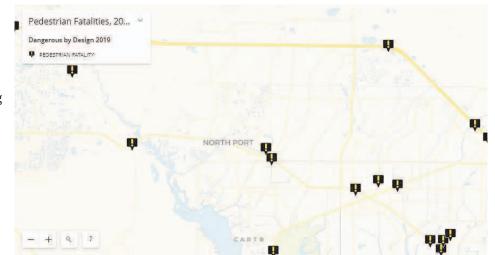
There were also two deaths off U.S. 75, one on the intersection with Harborview Road, and another before the bridge crossing the Peace River. Three additional deaths were along U.S. 17 in Punta Gorda.

The Charlotte County-Punta Gorda MPO adopted its Regional Bicycle-Pedestrian Master Plan in late October. The study defines a plan to build a more complete network of bike lanes, sidewalks and trails to make the area safer to walk and bike in.

"There are some places where there are no accidents (with pedestrians)," said Harrell, Charlotte County-Punta Gorda MPO director.

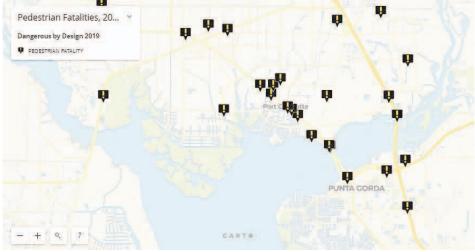
"It's so dangerous, no one walks there," he added.

There are certain areas that truly can be improved, Harrell said, pointing to Taylor Road as a focus spot. The city of Punta Gorda



MAP PROVIDED

Pedestrian fatalities in the North Port area featured in the Dangerous by Design report that was recently released spanning the years 2008 to 2017.



MAP PROVIDED

Pedestrian fatalities in the Punta Gorda and Port Charlotte area from the Dangerous by Design report for the years 2008 to 2017.

PEDESTRIAN SAFETY TIPS

Always walk on the sidewalk if there is one. If no sidewalks are present, walk against the direction of traffic so that you can see oncoming vehicles.

Always cross the roadway where pedestrians are expected, at corners or in crosswalks. Cross where pedestrians are expected. Always watch for traffic when crossing the street.

Never enter the street from between parked cars. If a pedestrian has to cross mid-block, yield to the vehicle.

Be seen. Wear bright, reflective colors on clothes, shoes, hats and wristbands. Carry a flashlight when walking at night.

Pay attention. Avoid wearing headphones so that you can hear the traffic and pedestrians around you. Never text or look at your cell phone when crossing the street.

Follow pedestrian signs and signals. Pedestrians should yield to vehicles if the crosswalk signal is red or flashes "Don't Walk."

Florida Department of Highway Safety and Motor Vehicles



SUN PHOTO BY LIZ HARDAWAY

design," Austin said,

tive road designs.

death.

"it now recognizes the

need...(for) context-sensi-

Lozen's family is still in

shock after her November

woman, just going on her

She was a healthy

daily morning walk to

should be more side-

get some exercise. There

walks, a family member

to be careful when they

see pedestrians.

said, and urged motorists

Sarasota County

deaths

With the North Port-

Sarasota-Bradenton area

listed in the report as the

fourth most dangerous

pedestrians nationwide,

Sarasota County has had

since 2006, according to

metropolitan area for

a total of 97 fatalities

annually just recently

data from FIRES.

North Port residents Andrea and Bill May prefer to walk in Gilchrist Park in Punta Gorda. "It's very safe," Bill said, as the couple drives four or five times a week to walk their dog, Gunther, for an hour along the water.

is also planning a 17-mile system of shared-use pathways linking major city neighborhoods to places to work and play, said Mitchell Austin, the chief planner of urban design for Punta Gorda.

"Florida in general, like most sunbelt states, has a very auto-centric development pattern and transportation system," Austin said. "Crashes tend to be more frequent and more severe particularly for vulnerable roadway users like people walking, bicycling or riding a motorcycle.'

Construction for the pathways began in 2008, and since then the city has completed approximately nine miles, Austin said. The city will also be working on additional construction and engineering designs for Harborwalk improvements, lighting on the Shreve Street path and new pathways along Cooper Street and Airport Road.

The Florida Department of Transportation (FDOT) recognizes the rankings by the report "are in part the result of decades of transportation decisions," Austin said, with the state continuing to implement a Complete Streets policy adopted in 2014.

"Where FDOT used to have a one size fits all standard for roadway

ing consecutive years involved 13, 11 and 12 fatalities. The Sarasota/Manatee MPO "have strongly embraced a Complete Streets approach to

began getting into the

2014, with 11 fatalities

that year. The follow-

double digits starting in

improving safety and mobility for pedestrians," said Alvimarie Corales-Cuadrado, the multi-modal transportation planner for the Sarasota/Manatee MPO.

One problem area shown in the Dangerous by Design study is along Veterans Boulevard, where two people died at the intersection on U.S. 41 and one person died in a nearby neighborhood. The Sarasota/Manatee MPO is starting a sidewalk project in mid-2019 along Veterans to "address some of the pedestrian fatalities in these areas, Corales-Cuadrado said, as well as safety improvements on U.S. 41 from Tuscola Boulevard to Ortiz Boulevard, and roadway improvements on U.S. 41 from Salford Boulevard and Sumter Boulevard. Both projects are slated to end in Spring, 2019.

"Pedestrian safety is certainly a vitally important issue in our community and for jurisdictions here," Corales-Cuadrado

said. The MPO has implemented performance measures to track their progress, and completed a safety report last year that highlights the most dangerous intersections and corridors.

"More than \$12 million worth of safety projects are currently underway or planned in the next five years in Sarasota and Manatee counties," Corales-Cuadrado said. The projects will "incorporate a very high level of consideration of safety and complete streets."

"It's not just about moving cars from one place to another," she said.

Email: Liz.Hardaway@yoursun.com

Pedestrian death rates

In Florida, there were 5,433 pedestrian deaths in the 10-year span, which is an annual average of 2.73 pedestrian deaths per 100,000 people, or a Pedestrian Danger Index (PDI) calculated in the report, from Smart Growth America, as 182.0. Compare that to the national figures of 1.55 average annual deaths per 100,000 and a 55.3 PDI.

Based on PDI, the 20 most dangerous states for walking in the United States are:



Rank	State	Fatalities (2008-2017)	Average per 100,000	Danger index
1	Florida	5,433	2.73	182
2	Alabama	841	1.74	145
3	Delaware	250	2.67	127.1
4	Louisiana	1,047	2.25	125
5	Mississippi	551	1.84	122.7
6	Georgia	1,782	1.76	117.3
7	New Mexico	537	2.58	117.3
8	Texas	4,831	1.79	111.9
9	Arizona	1,503	2.23	111.5
10	South Carolina	1,144	2.37	107.8
11	Nevada	601	2.12	101
12	Tennessee	856	1.31	100.8
13	North Carolina	1,762	1.77	98.3
14	Oklahoma	596	1.54	85.6
15	Arkansas	427	1.44	84.7
16	California	7,127	1.84	68.2
17	Missouri	779	1.29	67.9
18	Maryland	1,059	1.78	65.9
19	Michigan	1,409	1.42	64.6
20	Kentucky	610	1.38	57.5

GRAPHIC PROVIDED

Top U.S. pedestrian death rates. Florida ranks as the most dangerous state in the nation for walking.

CHARLOTTE PEDESTRIAN FATALITIES

Year	Crashes	Fatalities	Injuries
2017	57	2	48
2016	53	3	45
2015	56	3	50
2014	64	4	53
2013	57	3	41
2012	61	2	45
2011	56	5	43
2010	56	1	55

— Source: Florida's Integrated Report Exchange System

SARASOTA COUNTY PEDESTRIAN FATALITIES

JANAJU	IN COUNTIL	LDESTRIANTA	IALITIL
Year	Crashes	Fatalities	Injuries
2017	185	12	140
2016	154	11	122
2015	123	13	94
2014	151	11	126
2013	150	7	123
2012	140	6	120
2011	129	8	111
2010	136	7	125

— Source: Florida's Integrated Report Exchange System

PEDESTRIAN LAWS

Florida Statue 316.130

Pedestrians shall obey the instructions of any official traffic control device specifically applicable to the pedestrian unless otherwise directed by a police officer.

Pedestrians shall be subject to traffic control signals at intersections. Sidewalks

When provided, pedestrians shouldn't walk along or on the roadway. When not provided, pedestrians walking along or on a highway or road shall walk on the shoulder facing traffic.

Crosswalks

Drivers at an intersection, even with a green light, should stop before entering the crosswalk and remain stopped to allow a pedestrian, with a permitted signal, to cross a roadway. This applies to when the pedestrian is on the crosswalk, or steps into the crosswalk and is upon the half of the roadway which the vehicle is traveling, or is too close to this half of the roadway to be in danger.

Pedestrians should walk on the right half of the crosswalk. When there's not a traffic signal

If there is no signage indicating otherwise, yield to the pedestrian

crossing the roadway at the crosswalk. Pedestrian tunnel or overhead pedestrian crossing

Any pedestrian crossing a roadway at a point where this type of infrastructure has been provided shall yield to vehicles.

Be a smart pedestrian

No pedestrian shall suddenly leave a curb or other place of safety and walk or run into the path of a car "which is so close that it is impossible for the driver to yield."

Don't pass a stopped car at a crosswalk

Cars behind a stopped car yielding to a pedestrian should not overtake and pass the stopped vehicle.

When not at a crosswalk

Pedestrians yield to vehicles.

RECOMMENDATIONS

The number of fatalities

The Fixing America's Surface Transportation (FAST) Act expires in 2020. This act provided long-term funding for road, bridge, bicycling and walking improvements from 2016 to 2020.

Smart Growth America, a coalition of advocacy organizations, which conducted the Dangerous By Design report, urges Congress to adopt a strong, complete street policy.

"We need performance measures that ensure states set targets that require progress toward creating safer streets and hold them accountable," the study states. "We also need more high quality data on the street conditions where

fatalities occur."

"National policy must reflect safety as a higher priority," the study states, recommending the reallocation of spending to invest in projects to support walking, biking, transit and other modes of transportation.

Here's the suggestions from the report: 1. Set performance targets that will improve

2. Prioritize safety over vehicle movement.

3. Provide state transportation officials and engineers with the most up-to-date training and education on implementing Complete

4. Prioritize projects that will benefit those

who suffer disproportionately.

5. Embrace the flexibility provided by the Federal Highway Administration to design safer

6. Design roads to reduce speeds wherever possible.

7. Pass actionable Complete Streets policies that lay the groundwork for implementation. 8. Stop referring to pedestrian fatalities as

unavoidable "accidents." 9. Test out bold, creative approaches to safer street design.

— Smart Growth America's Dangerous by

Design 2019 report

Empanadas, tamales and flan, oh mi!

Latin cuisine is embraced by Charlotte Harbor, Port Charlotte, Grove City

atino owners **Julio Aguilar** and **Walter** Jimenez, of the now-shuttered Charlie's Subs, once feared intro-



WADE COLUMNIST

buds to Hispanic cuisine. Today, a new restaurant in Charlie's location celebrates

do two others in Port Charlotte and Grove City.

Charlotte Puerto Rican cantinas start small

When Desiree and **Marcos Marroquin** moved to Port Charlotte, they gravitated toward the cuisine Desiree had cooked since she was 11. The local Puerto Rican restaurant scene then was **Dary Colom**'s now-departed Cilantro's Restaurant, where the couple got to know Aguilar and Jimenez.

The Marroquins already had a New Jersey restaurant — the 4.5-star, 100-seat Surrender Café of Woodbridge, renowned for its empanadas, pernil (pork roast) and tres leches cake.

With family members managing Woodbridge, they began the process of opening Surrender Café Express in Charlie's Charlotte Harbor unit. Both eateries embody, in name, the Marroquins' deep faith in yielding to what God intends.

Charlie's hidden Whidden Industrial Park location didn't concern them.

"It's small, which is good when you're just starting a place," said Desiree. "If you work hard and do things right, you'll succeed. I know my kitchen is clean and my food is delicious.

Still, I know the challenges the location has, which is why we expanded the kitchen, leaving no inside seating. We do just takeout and delivery. But once people get to know our food and we've trained workers to prepare it, we'd like to

open a larger place." The menu, she explained, "isn't 100 percent typical Puerto Rican, because I give it my own spin. And we didn't really change breakfast

or sandwiches, because people like them."

Surrender Café (\$), 941-235-2353, 4290 James Street, is open Monday to Friday 7 a.m. to 4 p.m., Saturday 9 a.m. to 3 p.m.

The colorful wrap on one of Port Charlotte's newest food trucks reads, "Because of you Mom ... Cocino con Corazón."

Doris Fernandez' mom, Lydia, always wanted her own restaurant.

"When I was growing up," said Doris, "I wanted to help her, but she passed away before we could do something together."

Only after Doris and husband Victor became empty-nesters was it time for her to start cooking with heart ... on wheels.

"A restaurant was hard, so we said, 'Let's try this and maybe do the restaurant later."

The Puerto Rican Spice food truck menu is small, cooked to order and delicious. Empanadas are compact and crispy, filled with frying cheese, guava, beef, veggies, even pizza. Because Doris grew up in Philadelphia, there's Philly cheesesteak for \$6. On different days, you can have pernil, chicken fricassee or beef stew with rice, plantains and a side for \$7.50. And of course there's flan.

What would Mom think of the truck?

"Oh, she'd love it," said Doris. "She'd be here with me right now."

Puerto Rican Spice (\$), 941-258-4822, will for now be at two locations: Mondays at 24Twentyone Event Center, 2421 Tamiami Trail, and Wednesdays at Lowe's Home Improvement, Murdock Carrousel, 11 a.m. to 5 p.m.

Tikka masala tamales?

The mellifluous moniker of a unique Indian-Mexican fusion hints at Valerie Emery's creativity.

"I'm not Hispanic and didn't grow up with Mexican food," explained the owner of Grove City's Tamale Mundo, open since November in the former **Green Fox Bistro** space. "I'm Cherokee, so I knew things like fry bread but fell in love with tamales

SUE | 12



SUN PHOTO BY SUE WADE

The Tamale Mundo team: Katie Kupse, Karen Given, chef-owner Valerie Emery and Hunter Smith.



Doris Fernandez is cooking with love at Puerto Rican Spice food truck in Port Charlotte.

HARVESTERS NEEDED

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LEMON BAY



SUE FROM PAGE 11

"For a long time, I told myself I was too old for the food business, then I realized the only thing I'd regret was not trying."

At 54, Emery has returned to her passion. She went into the organic tamale business at the end of 2016, eventually sharing the plant-based kitchen of Green Fox owner **Nicole Netik**.

After outgrowing that location, she moved to a commercial kitchen in Sarasota but kept watching the Green Fox spot until it was available.

Only recently has she been able to maintain regular store hours and keep up with burgeoning production for three farmers markets — Englewood's Dearborn Street on Thursdays, Sarasota's Phillippi Farmhouse Market on Wednesdays, and Sarasota Farmers Market on Saturdays.

She serves lunch only one day a week: Friday. Otherwise, from Monday to Friday, the store sells frozen tamales to take home and reheat following a set of simple instructions.

As "Tamale World" implies, Emery has mastered crossover cuisine, borrowing complementary spices from worldwide cuisines including Mediterranean, Caribbean, Korean and East Indian. The cumin in the Tikka Masala Tamale, for instance, works perfectly in a Mexican recipe.

She also makes a Mediterranean tamale with spinach, mushrooms, sun-dried tomato, marinated artichokes and goat cheese. Butternut Squash Apple Almond is a new vegan flavor using West Indian Colombo curry powder. The popular Smoked Pork Chile Verde includes pork smoked for 14 to 16 hours.

"The tamale style is Mexican, but ours are quite different," said Emery. "They're entirely gluten-free. We use organic, spice-infused corn grain and non-GMO ingredients. Whereas a traditional tamale has half an ounce of meat in 1 to 3 ounces of dough, ours have 2 ounces of dough and 3 ounces of meat and cheese.

"I make them the way I like them — with a lot of

Tamale Mundo (\$),

941-830-8744, 3031 Placida Road, is open Monday to Friday 10 a.m. to 3 p.m., served hot to your table only on Fridays. Order pickup at market or store from tamalemundo.com.

Last chance for Febtoberfest

If you missed the bier bash Friday and Saturday in the alley beside **Sandra's Restaurant (\$-\$\$)**, 111 W. Olympia Avenue, Punta Gorda, you've got one more shot at it today. From noon until 4, owners **Sandra** and **Rainer Ruhland** are throwing a Bierfest with outside stage and seating, live German music and, of course, bier.

Send restaurant and bar news and recommendations to columnist Sue Wade at suewade47@aol.

Average price ranges are \$ = inexpensive (under \$10), \$\$ = moderate (\$11-\$30), and \$\$\$ = pricey (over \$30), including tip and beverage.



SUN PHOTOS BY SUE WADE

An array of Tamale Mundo tamales are garnished with purple-cabbage slaw, baby heirloom tomatoes from Sarasota's Honeyside Farms and swirls of crema.



Surrender Café Express owners Marcos and Desiree Marroquin are all moved into Charlie's Subs' former space in Whidden Industrial Park.





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Bra Dazzle brunch raises money for uninsured, under-insured patients

See page 9





Model aircraft
enthusiasts gather
in PG to spread their
(small) wings
• See page 10

SIP, LISTEN, DANCE



14th annual Wine and Jazz Festival swings to success in Punta Gorda • See page 11

Our Town: SunCoast Homes

Sunday, February 24, 2019

Appraisal sabotages new construction

Better to build near other new homes

uestion: I applied for a loan on a new home I had plans to build, but the lender denied it because the appraisal came in low. The builder said he hasn't encountered this issue with his other projects and suggested that I change lenders.

Instead of using new homes for comps, the appraiser used homes built two years ago. Perhaps that's because there weren't many to choose from. The neighborhood where I hoped to build is an established area, so most of the resales are older homes.

There are hundreds of new home construction contracts out there based on building permits issued, but these values or contracts weren't used in the appraisal process.

Also, the replacement cost shown on the appraisal does equal the cost to build the home, but the lender would only consider the market-value approach.

Is this normal? Maybe all the other new construction buyers are cash buyers.

Answer: If you had asked me this question during the five-year period spanning 2007 to 2011 I would've answered: "Yes. It is normal that low appraisals sabotage new construction projects." In fact, this was so common that most builders went out-of-business and new construction slowed to a trickle during that period.

Those were the post-bubble years. The number of new homes built, and the value of homes, imploded. From February 2006 to March 2011, home prices declined by 48 percent. During this period, the issuance of permits declined a remarkable 88 percent.

Buyers hoping to finance new construction with a mortgage were out of luck. That's because the market values shown on appraisals were adjusted downward to reflect the fact that new construction homes were losing value during the construction period. And worse, there was an expectation of further declines beyond the completion.

Of course, lenders refused to finance new construction on projects that were losing value, even as they were being built.

Since our market hit the bottom in 2011, home prices and other market conditions have improved significantly, fueling an accelerated pace of new construction. A quick look at county data indicates the number of new, single-family homes have increased from 317 in 2012 to 1,291 in 2018.

So, in this environment, the answer is "No, it is NOT normal for an appraisal to sabotage new construction financing." To shed light on this, I spoke with Mark Dean, co-founder of DM Dean, Inc.

Mark relayed to me that last year he completed 120 new homes locally. He only encountered one instance where the lender's appraisal failed to support the value of the home. Coincidentally, that project was also in your neighborhood.



Columnist

Brett **SLATTERY**

Mark agreed with your inference that the lack of new construction in your neighborhood creates difficulty in finding comparables. While an established, attractive neighborhood is desirable, the insistence of many lenders that only near-by homes be used as comparables can negatively influence the outcome.

For this reason, Mark says it is much easier to obtain an acceptable appraisal in areas where there is a high concentration of new construction. These include areas like Rotonda West, South Gulf Cove, and Punta Gorda.

Mark also noted, from his experience, that a home which has significantly less square footage under air than surrounding homes can create obstacles in the

appraisal process.
You referenced hundreds of other new homes under construction "out there" that could be used as comps. Because real estate is hyper-local, most lenders place constraints on appraisers that limit the appraisers to comps within a specific radius of the subject property. So the other homes "out there" aren't useful as comps.

I agree with you that it could be problematic if an appraisal is based on comps that sold a couple years ago. Home values have increased significantly in recent years. However, if you read the appraisal carefully, you may see that the appraiser has adjusted the price of those comps to reflect this.

You stated that the appraisal shows the replacement cost of the new home does justify the cost you will pay to construct your new home. However, the lender's focus is on the market value of the home because it is the resale value, not the cost, that serves as collateral for the loan.

Regarding cash buyers, I ran the numbers on 383 newly constructed homes that were sold on the MFR-MLS during 2018. Only ¹/₃ of the buyers paid cash; the rest financed their new construction.

And finally, I strongly agree with your builder, and with Mark, that you shop for another lender. I recommend you focus on local lenders because they have a better grasp of our local market. They are also more likely to use a local appraisal service that is familiar with our market.

Thank you for your question, and to Mark Dean of DM Dean, Inc. for information included in today's column.

Brett Slattery is a Realtor and broker/owner of Brett Slattery Realty llc. Brett and his wife, Deb, specialize in residential home sales and listings. Reach him via 941-468-1430, Brett@ BrettSlattery.com, or www. BrettSlattery.com.

3200 Emerald Lane, North Port



500 Gardens Edge #524, Venice



8561 Amberjack Circle #204, Englewood



Home seller financing as viewed by buyers and sellers

By JACK GUTTENTAG

THE MORTGAGE PROFESSOR

I received two letters of note in the same week. One read: "I am about

to buy a home, and the seller is offering me a loan at an interest rate 0.5 percent lower than the bank's rate. Should I

www.yoursun.com

An offer of seller financing should put you on your guard.

Most cases of seller financing involve a prospective buyer willing

to pay the ask price who does not meet standard qualification requirements. In such cases, the seller is a reluctant lender looking to realize a target price on the house. In the case at hand, however, a qualified borrower exists but the seller wants to make the loan anyway, even at a below-market rate. The question is, why?

The best case is that the seller views the mortgage as a good investment. The worst case is that the seller wants to be the lender in order to conceal one or more problems connected to the property — mold, leaky roof, poor drainage, defective title, the list is endless — that he knows will come to light if an outside lender is involved.

Unless the seller can document that he is a mortgage investor who owns multiple mortgages, the buyer should assume the worst. If he proceeds with the seller as the lender, he should protect

himself in all of the following ways:

- Retain a real estate attorney.
- Require the seller to accept home and termite inspections by experts selected by the buyer.
- If there is an existing mortgage on the property, require the seller to provide a current statement; agree to a procedure where mortgage payments by the buyer are directed toward repayment of the existing mortgage; and agree to a procedure where the timely payment of property taxes and insurance is assured.
- · Check whether a new title insurance policy is needed.
- Make sure the new mortgage is recorded.

If I were the buyer in this case, I would view a loan rate 0.5 percent below the market as not worth the hassle.

The other letter writer asked, "What interest rate and fees should I charge if Ivv want to act as a

private mortgage lender?

It is not clear whether this would-be lender is a home seller asking about a single transaction or is looking to go into business. As a seller focused on one deal, his major concerns should be:

- The sale price. He can afford to be generous on the interest rate and loan fees if the home price is favorable.
- The credit worthiness of the buyer. The seller should do a credit check, and verify income and employment, just as institutional lenders do.
- The risk features of the loan. When you are dependent on one loan, you want that loan to be well-secured, with the down payment especially important.
- The procedures to be used in paying taxes and insurance.
- Access to servicing software. You do not want to keep track of payments, balances, taxes, insurance and late charges on the backs of envelopes.

If the would-be lender who wrote me is looking to become a non-institutional source of mortgage loans for anyone, his problem is altogether different. Individuals cannot lend in the market for qualified loans because they are not be authorized to deal with the federal agencies, which dominate this major segment of the market. They could operate in the nonqualified loan market, but to be competitive they would have to bring a substantial organization and capital to the process. An individual with limited resources could operate only in the hard money market.

Hard-money lenders lend strictly on the value of the collateral. They require borrowers to put 30-35 percent down, and charge high interest rates with short terms. These lenders do not bother with income, employment or credit reports. If borrowers cannot pay, the hard money lenders

For more info: events@BabcockRanch.com

HOME 3



Quarter Auction Tuesday, March 19th, 2019 @6:00pm

Charlotte Harbor Event and Conference Center 75 Taylor Street, Punta Gorda

It's a game where bidders play for prizes valued from \$12-\$50 or even higher!

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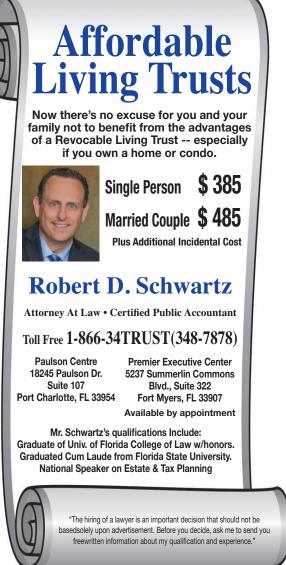
- **\$3 for Paddle Rental (\$ goes to charity) You may rent more than one!
- **Roll of Quarters for bidding
- **Extra Cash for 50/50 drawing (50% goes to the charity)
- ** Extra cash to purchase products from vendors**

There is a cash bar and food available for purchase.

> For more information call: Kat Padgett 941-286-2056









Townhouses are increasingly the place to call home nationwide

By STEVE BROWN

THE DALLAS MORNING NEWS

LAS VEGAS — The house of tomorrow may be a

townhouse.
Rising construction
prices and higher land
costs have more builders
and buyers turning to
the high-density urban
models.

Young buyers like the central location of most townhouses, too.

"If you look at the last four quarters of data of production of townhomes, the single-family attached market is up 24 percent," said Robert Dietz, chief economist of the National Association of Home Builders. "It's growing eight times as fast as the overall

single-family market."
With new home prices soaring, builders are hunting ways to produce more affordable houses. But finding land priced right for traditional homes — particularly in urban

markets — is a challenge. Townhouses are increasingly an option, Dietz said.

"Townhouse construction tends to be a little smaller and more entry-level-market and more dense," he said. "We see this as a great growth potential for the home building market."

Townhouse starts totaled 14 percent of the total building market in 2018 — tied for the highest rate of construction ever, according to the NAHB.

"It's the way out of some of those supply side headwinds," he said at the building industry's annual meeting this week in Las Vegas. "This kind of home is selling.

"It's just a question of whether builders can build it."

Builders often have to compete with apartment developers for townhouse land. And cities can lag in providing proper zoning for the product. There can be pushback from traditional homeowners, too.

When a large new home community in Fort Worth, Texas, recently added townhouses to its offering mix, homeowners in the development protested the move.

Builders started about 1,459 townhouses in the Dallas-Fort Worth area in 2018, according to Dallas housing analyst Residential Strategies. That was only about a 4 percent share of the market.

"This compares to the previous market peak in second quarter 2006, when there were 2,541 annual townhouse starts, representing a 5 percent share of market," said Residential Strategies principal Ted Wilson.

Wilson said townhouses are attracting more D-FW buyers.

"Over the past three years, townhouse construction has grown by



TNC DUOT

Townhouses are growing in popularity, in part due to rising construction prices and higher land costs.

126 percent," he said.
"With housing affordability being a significant challenge for many first-time buyers, townhomes offer

an affordable solution.

"Incredibly, we have noted that there have even been family buyers for

townhouses in some of the preferred school districts."

Empty nesters seeking to downsize are also attracted to the smaller homes.

Danushka Nanayakkara of the NAHB's forecasting and analysis department said the industry is forecasting continued townhouse growth.

"This is a very appealing market for the millennials that want to walk to work and restaurants in an urban location," she said. "It's a way for builders to have more density."

How do we make sure animals in no-pet community really are for emotional support?

By GARY M. SINGER

SUN SENTINEL

Q: I live in a 55+ community that does not allow pets. Now there are many dogs in the community claiming to be emotional support animals. Can we put a stop to this? — Debbie

Q: In our no-pet community, the folks with ESA dogs allow them to run wild, using the whole property as their toilet. I get that we have to allow them their ESAs, but don't they have to follow the rules still? — B.

A: The rules that govern an emotional support animal, or "ESA," are different from those for service animals. Service animals, such as those that assist the visually impaired, are specially trained and governed by certain disabilities laws, such as the Americans with Disabilities Act, or "ADA," as well as housing

ESAs do not require any training and are not covered by the ADA. However, they are often a legitimate form of therapy and comfort for people that need it. Unfortunately, these laws are sometimes abused by unscrupulous people. Many websites sell "ESA kits" to certify that a pet is a needed ESA. One

Florida attorney even got a certain cartoon pet certified as an ESA on behalf of a very famous mouse living in Orlando.

Because this is such a touchy subject and most people want to help those in need, many community associations have been reluctant even to question anyone who wants an animal in an otherwise no-pet community.

Recently, because of some abuse, more and more communities are pushing

Associations are required to make reasonable accommodations for those in need of assistance. This does not

mean "any" accommodation, and associations are allowed to verify that the ESA is needed and to put reasonable restrictions and rules regarding ESAs. Reasonableness is key for both the association and the person seeking the accommodation.

The association cannot question an actual doctor's judgment, nor can an owner allow their ESA to run wild. Reasonable rules can be put in place restricting where dogs can be walked and requiring owners to clean up after. Violators can accrue fines and other enforcement per the community's rules.

Gary M. Singer is a

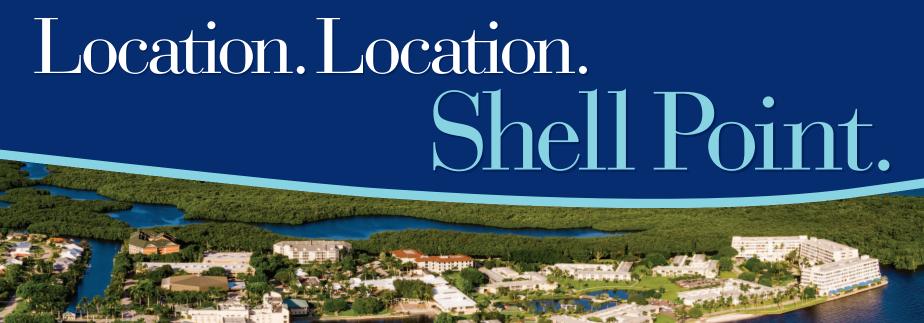
Florida attorney and board-certified as an expert in real estate law by the Florida Bar. He practices real estate, business litigation and contract law from his office in Sunrise, Fla. He is the chairman of the Real Estate Section of the Broward County Bar Association and is a co-host of the weekly radio show Legal News and Review. He frequently consults on general real estate matters and trends in Florida with various companies across the nation. Send him questions online at www. sunsentinel.com/askpro or follow him on Twitter @GarySingerLaw.

HOME FROM PAGE 2

get their money back through foreclosure. Before the great depression of the 1930s, all mortgage lenders including the institutions were hard money lenders. Today, they are a very small part of the market.

Jack Guttentag is professor emeritus of finance at the Wharton School of the University of Pennsylvania.
Comments and questions can be left at http://www.mtgprofessor.com.

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Camp sign-ups available in North Port

STAFF REPORT

NORTH PORT — Summer isn't really that

Because of that, the city of North Port has opened up registration for its summer camps.

"With a wide variety of safe, fun, and engaging activities — the annual Parks & Recreation Summer Camp provides positive and lifechanging experiences for children and teens entering first through eighth grade," the city said in a news release. "Depending on the camper's upcoming grade school level, they will join either the Xtreme Teen

Camp program or the **GMAC Summer Camp** program."

Teen Extreme is for middle school students going into sixth through eighth grades and takes place from 8:30 a.m. to 4:30 p.m. from June 3 — Aug. 9 at the Morgan Family Community Center, 6207 W. Price Blvd., the city stated.

"This teen camp will combine the fun of day camp with more challenging programs and activities for older kids. Campers will enjoy two field trips per week," it said.

Cost is \$85 per week, the city said. There is also weekly extended care for

an additional cost.

GMAC Summer Camp is for elementary school students in first through fifth grades and runs from 8:30 a.m. to 4:30 p.m. on June 3- Aug. 9 at the George Mullen Activity Center.

It "offers an exciting full day of programs that are designed to build character and self-esteem in both small and large group settings," the city's news release stated.

Cost is \$70 per week There is also weekly extended care for an additional cost..

Those interested can registration online at www.CityofNorthPort. com/camp. They can



SUN FILE PHOTO

The Orange Octopuses dance to "Best Summer Ever" at George Mullen Activity Center in North Port on Friday as the kids celebrate the end of summer camp.

also register in person at the Morgan Family Community Center, 6207 West Price Blvd., or the

George Mullen Activity Center, 1602 Kramer Way. For more information, call 941-429-7275.

North Port hosts annual Baby Shower

STAFF REPORT

NORTH PORT — The city is hosting its annual Community Baby Shower and Pre-School Expo in early

More information will be released in coming weeks, but officials are marking time and day from 10 a.m.-noon April 6 at George Mullen Activity Center, 1602 Kramer

Way, North Port.

It is hosted by North Port's Social Services Division along with Healthy Start Coalition of Sarasota County.

It is "for pregnant women and families with children up to age 4," the city said in a news release.

"There is no cost to attend. The event will feature information exhibits, door prizes, refreshments, a Diaper

Derby, activities for kids and much more," the city said.

For more information, call North Port's Social Services Division at 941-429-3700.

COMMUNITY NEWS BRIEFS

'Conversations'

North Port is hosting "Community Conversations" to help discuss the city's budget. The next event takes place from 6-7:30 p.m. Feb. 25 at SCF-Venice, at the Sarah H. Pappas Professional Development Center, Building 800, Room 801, Selby Room, 8000 S. Tamiami Trail.

North Port Project Graduation

North Port High School **Project Graduation meets** at 6 p.m. Tuesday, Feb. 26, at North Port High's Success Center. It is seeking volunteers. For more information, email nphsprojectgrad@gmail.

Community festival

San Pedro Catholic Church hosts its Community Festival March 1-3, co-sponsored by the city of North Port, the Atlanta Braves, Quality TV and other area businesses. It includes rides, games, a car and bike show, music and other events. During it, North Port will make a proclamation welcoming the Atlanta Braves.

Tour de Parks

Friends of Legacy Trail hosts its annual Tour de Parks ride on Sunday, March 24. It starts and finishes at Venice Train Depot, 303 East Venice Avenue, Venice. There are 21-, 35- or 62-mile rides along Legacy Trail and other routes. Registration is \$40 through Feb. 27; \$45 between Feb. 28-March 20 and \$50 after March 20. The 62-mile ride begins at 7:30 a.m.; the 21-mile ride begins at 9:30 a.m. For more information, visit www. friendsofthelegacytrail. org.

St. Patrick's Dinner **Dance**

Holy Name Society of San Pedro Catholic Church hosts a St. Patrick's Dinner Dance beginning at 6 p.m. Saturday, March 16 with Meloni's corned beef and cabbage supper and music by Happy Feet. The donation is \$20. For tickets or more information, call Ron Sadowski at 941-416-5559 or Fred Kalita at 941-429-6602.

AMVETS dinner

AMVETS Post 2000 Ladies Auxiliary hosts a St. Patrick dinner from 2-7 p.m. Sunday, March 17. It includes corned

beef, potatoes, cabbage and dessert for a \$10 donation. The post is at 401 Ortiz Blvd., Warm Mineral Springs. For more information, call 941-429-1999.

Quarter auction

A North Port Quarter Auction will benefit North Port High School Project Graduation at 6:30 p.m. April 16 at Morgan Family

Community Center, 6207 W. Price Blvd., North Port. Participants must be 18 or older. For more information, call 941-586-8126 or email npqainfo@ gmail.com.

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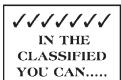
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3138 OTHER NOTICES

PUBLIC NOTICE **IRRIGATION WATER** RESTRICTIONS

Charlotte County Mosquito and Aquatic Weed Control an-nounces water use restrictions for the purposes of irrigation in the following fresh water bodies (Freshwater Canals and Fresh Water ponds) located in and around Tropical Gulf Acres. Specfically Pond 9 bordered by Capistrano Dr., Easel Dr., Saffron Dr., and Alandra Dr. and Pond 7 known as Bisset Lake at Bisset Park on Path ave and bordered by Pannikin Ave.

Do not use water from the above water bodies for irriga tion purposes. Buoys will be placed in the waterways during the restriction duration. Water restrictions begin March 4, 2019 and will end 30 days later on April 4, 2019. When the buoys are removed from the water bodies, it will be safe to use the water for irrigation purposes. Area residents may also be contacted by Aquatic Weed Staff who will be in the area providing information. If residents affected by this notice have questions or need additional information, please call Charlotte County Aquatic Weed Control at 941-764-4370 between the hours of 08:00 AM and 3:00 PM. Publish:02/22/19, 02/23/19, 02/24/19

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Alice is home again; lots of her friends still waiting

Suncoast Humane Society's '10 Times the Love' program is in progress

ven though Alice is just one of more have been adopted during Suncoast Humane Society's "10 Times the Love" special adoption promotion, what a special story she is.

We first met Alice in 2013 when she was brought in because of landlord issues. This beautiful 2-year-old, female Tortoiseshell was adopted almost immediately. For more than five years, Alice enjoyed a wonderful home with her human companion. Then, sadly, health issues forced her owner to move to a state far away. The health problems, coupled with the fact the airline refused to allow Alice a seat, forced a very tough decision. As a result, Alice was returned to Suncoast Humane Society.

Now 7 years old, Alice remained in the shelter's adoption cattery for nearly eight months. All the while, her previous owner kept thinking about Alice, checking the Society's website, seeing her picture and missing

Thankfully, the owner's health was greatly improving, and so one day, after many phone conversations with Suncoast Humane Society's adoption staff, the owner did something almost unbelievable.

She hopped on an airplane, flew to a nearby airport, rented a limousine, and headed for Suncoast Humane Society.

Following a brief meeting with friends who met her at the shelter, the adoption papers were signed and she and Alice were reunited.



Suncoast **Humane Society** Phil **SNYDER**

This story actually gets better. The limo had been waiting in the parking lot at Suncoast Humane Society. Alice and owner were rushed back to the airport, boarded the plane to her new home far away and sat together in first class. Alice is now enjoying the time of her life. Her owner keeps the adoption staff updated on a regular basis.

The "10 Times the Love" adoption special has proven to be the purr-fect solution to an overwhelming problem that was facing Suncoast Humane Society just a month ago. The day the promotion started, animal care staff was caring for more than 130 homeless cats at the animal shelter. Since then, more than 90 felines have been adopted, thanks to the special \$10 adoption fee. This success has prompted the Society to extend the promotion through March 16.

There are presently 30 cats and kittens available for adoption at Suncoast Humane Society. Hardly a day goes by that cats and dogs are not surrendered to area animal shelters. If you have room in your home and your heart, please consider adopting from a shelter. You will be giving a homeless pet that second chance at a

quality life. Phil Snyder is executive director of the Suncoast Humane Society. Email him at philsnyder@ humane.org.



PHOTO PROVIDED BY LENA HART

Alice the cat has returned home.

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OBITUARIES

CHARLOTTE

OUR TOWN — SUNCOAST HOMES

Jeff Ellsworth Lennox

Jeff Ellsworth Lennox, 57, of Punta Gorda, Florida went to be with



the Lord on Wednesday, Nov. 14, 2018. He was born in Pontiac, Michigan son of

Marie Lennox and the late Donald E. Lennox Sr.

Jeff graduated from Waterford Twp. High School in Waterford, Michigan. He was a Cub Scout and a Boy Scout; he loved sports of all kinds playing softball and basketball in Jr High. Jeff was a plumber by trade and worked out of Local 630 in West Palm Beach. He was a master plumber, journeyman plumber, pipe fitter and medical gas technician. Jeff worked most on hospitals, prisons and nuclear power plants. He lost his three year battle with cancer. Jeff deeply appreciated all the love and support from his church family and Pastor Bob.

He is greatly missed by his mother, Marie; brother, Donald E. (Deborah) Lennox Jr; nieces, Nicole and Noelle; great niece, Lyla Lennox all of Goodrich, Michigan and many cousins throughout the United States.

A celebration of Life Service will be held at 11 a.m. on Saturday, March 2, 2019 at Friendship United Methodist Church 12275 Paramount Dr., TGA Punta Gorda, FL.

In lieu of flowers donations will be greatly appreciated in Jeff's memory to Friendship UMC.

If you wish to contact family or leave condolences visit www.nationalcre mation.com.

Janet Alice Nelson

Janet Alice Nelson, 94, of Port Charlotte, Florida died peacefully Monday,



February 18, 2019 with loved ones at her side. Janet was born December 11, 1924 in Erie,

Pennsylvania. She was a retired Registered Nurse specializing in Neonatal Nursing. Later she worked for many years at the Post Office in Glen Head, NY. She was a Deacon and member of the Glenwood Presbyterian Church in Glenwood Landing, NY and also a member of the American Legion Auxiliary in Glen

Head, NY. Since moving to Port Charlotte in 1982, Janet was very active in the community. She was a member of the First Presbyterian Church in Port Charlotte. At the church she enjoyed serving at the weekly Coffee Hour and was a former board member of the church's Small World Nursery School. Janet also served the church with her special ministry of sending encouraging cards and notes to people.

In addition, she enjoyed volunteering at Fawcett Memorial Hospital since 1985. Within that time, she devoted over 5,500

hours and was honored to receive the Frist **Humanitarian Volunteer** Award in recognition of her humanitarian and philanthropic spirit. Furthermore, at Murdock Family Medicine/ Millennium she created the volunteer program and served as a volunteer for 13 years.

Janet's deep faith and love were a true inspiration for all whose lives were touched by her. Many people (of all ages) who were blessed to know Janet lovingly called her "Grandma". She is survived by her loving family, a daughter, Cathy Asaro of Port Charlotte; 5 grandchildren, Sandy Asaro, Frankie Asaro, Tanner Braun, Tina Nelson, George Nelson III; and 5 great grandchildren, Connor Asaro, Zachary Nelson, Tai Nelson, Jaiden Nelson, and Keira Nelson. She is also survived by many other dear family members and friends. She was preceded in death by her husband, George L. Nelson and a stepson, George L. Nelson, Jr.

A Memorial Service celebrating Janet's life will be held at a future date at the First Presbyterian Church, 2230 Hariet Street, Port Charlotte, Florida 33952. Interment was held at Restlawn Memorial Gardens in Port Charlotte.

In lieu of flowers, memorial contributions may be made to First Presbyterian Church of Port Charlotte.

Friends may visit online at www.robersonfh.com to extend condolences to the family.

Arrangements by Roberson Funeral Home Port Charlotte Chapel.

Helen V. Skrocki

Helen V. Skrocki, 93, of Port Charlotte, Florida died on Thursday, Feb. 21, 2019 at Tidewell Hospice House, Arcadia, Florida.

Arrangements by Roberson Funeral Home & Crematory Port Charlotte Chapel.

Lucille M. Stock

Lucille "Mickey" M. Stock, 91, of Port Charlotte, Florida died Wednesday,



February 20, 2019 at Tidewell Hospice House in Port Charlotte. Mickey

was born December 14 1927 to the late Otto and Lillian (Kongstvedt) Michelsen in Duluth, Minnesota. She was a retired secretary for a children's home in Minnesota and moved to Port Charlotte in 1991 from Duluth. She was a member of Holy Trinity Lutheran Church of Port Charlotte.

Lucille lived life with an adventurous spirit and an infectious smile. She made friends wherever she went. She volunteered for 10 years making costumes for the Charlotte Players. Throughout her life she loved to travel and camp having many great adventures with her family across the United States and later in life across the world.

Waiting to greet her in heaven are her husband Richard D Stock and her Daughter Candace Rae Stock. She is also preceded by her three sisters Esther, Ellen and Lorraine.

She is survived by her loving family, her companion and friend, Hugh C. Wyatt of Port Charlotte; two daughters, Kitty (Mark) Russell of Duluth, MN and Coleen (Todd) Nordwall of Hermantown, MN; a son, Thomas M. Stock of Denton, TX; Her 5 grandchildren Jessica, Rick, Seth, Tyler and

grandchildren. Memorial services will be held Monday 11:00 AM, February 25, 2019 with a visitation starting at 10:00 AM at Holy Trinity Lutheran Church, 2565 Tamiami Trail, Port Charlotte, FL 33952.

Heather and 10 great

Memorial contributions in lieu of flowers may be made to: The American Federation for the Blind or Holy Trinity Lutheran Church.

Friends may visit online at www.robersonfh.com to extend condolences to the family.

Arrangements by Roberson Funeral Home & Crematory Port Charlotte Chapel.

Dolores Williams

Dolores "Dolly" Williams, 86, passed away on Monday, Feb. 4, 2019



in Port Charlotte, Florida. Dolly was born and

raised in Erie, Pennsylvania and worked

as a teacher's aide with the special needs children she loved. At the suggestion of her mother's friend, she began writing letters to an Air Force private stationed overseas during the Korean War. When that serviceman returned to the U.S., they were married, and Dolly and Bill Williams were devoted to each other for the next 63 years. They traveled for many years in their Airstream and, after retirement, split their time between Pennsylvania and Port Charlotte.

Bill preceded Dolly in death. Dolly also survived the deaths of her brothers and sisters- Bob Angelotti, Helen Smith, Joe Angelotti, and Audrey Heaverly Dolly was a cherished aunt to many nieces and nephews and considered her nephew and his wife, Rick and Colleen Heaverly of Punta Gorda, Florida to be her own children. Her grandson, Noah, survives her and was very special to her. She is also survived by a son and his wife. Dolly was also part of a family at River Commons in Port Charlotte where she made many friends, including the late Helen Carpenter, was a floor volunteer, participated in tai chi and music, taught exercise classes to the residents, helped the staff in the dining hall, and made sure all felt valued. Her life was an example of her living faith: kindness, caring, support, compas-

sion, and service to others. Services will be held at Port Charlotte Presbyterian Church at 2230 Hariet Street in Port Charlotte on March 30, at 11 a.m. She will be laid to rest with the love of her life in Sarasota National Cemetery. In lieu of flowers, the family requests donations in her name to her church.

Anytime her family gathers for a photo, they will indeed smile and say "whiskey" and remember how deeply Dolly loved and was loved.

ENGLEWOOD

Norman Hall

Norman Hall, 85, of Rotonda West, passed away after a sudden illness on Sunday, Feb. 17, 2019.



He was born on Dec. 26, 1933 to Perley Hall and Edna Seaver in Northfield, Vermont.

Norman graduated from Northfield High School. He was a veteran of the US Air Force, he spent most of his career working for IBM in New York and Vermont before retiring to live in Florida, where he worked part time at The Links at Rotonda Golf Course.

He is survived by his wife, Arlene McLeod; his sons and their spouses and partners, Michael and Donna Hall, David Hall and Joseph Romano, Kevin and Liza Hall, Thomas and Cheryl Hall, Jonathan and Hal Blondell-Hall; his grandchildren, Sean Hall and partner, Susan Mahl, Cristy Hall, Samantha Hall, Alexis Hall and Lana Hall; and by his great-grandson, Colby Cooper; as well as many nieces and nephews. He was preceded in death by his first, wife Jean Lahoud; and by his daughter, Andrea.

He will be remembered for his humor, honesty, and his prowess as a do-it-vourselfer.

Friends are invited to make donations in his memory to Tidewell Hospice, 210 Wexford Blvd, Venice FL. 34292.

Mildred Messner

Mildred "Millie" Messner, 101, died in Englewood on Wednesday, Feb. 20, 2019.

She was born Feb. 25, 1917 as one of ten children to Mary Ann and Alexander Hache. Millie moved to

Englewood in 1984 where she enjoyed golfing, bowling, line dancing and swimming.

She is survived by stepson, Edward (Carol) Messner; stepdaughter-in-law, Roxann Messner; several grandchildren; and great-grandchildren. She is also survived by siblings, Marion Rea, Donelda Soave, Doris (Ted) Jamieson and Desmond (Rosemary) Hache; numerous nieces and nephews.

Millie was preceded in death by husbands, Joseph Skidmore, William Graham and Marvin Messner; son, David Skidmore; stepsons, David, Bob and James Messner.

Arrangements are with National Cremation Society of Port Charlotte,

Harry Ross Varney Jr.

Harry Ross Varney Jr. age 88 of Englewood, Florida died peacefully in Venice Florida of



natural causes, his family by his side. Harry was born on July 14,1930 in Burlington, Vermont to

Dr. Harry Ross Varney Sr. and Gladys Fuller Varney. Harry was married to Catherine Turner August 30, 1952. They had five children: Linda (Steve) Reinhalter of NC, Robert (Donna) Varney of VT, Suzanne (Erik) Johnsrud of WY, Dorothy (Jeff) Hill of VT and Carol Varney of FL and 14 grand-children and 3 great grand-children.

He received a BS in Agricultural Economics from University of Vermont and an MS in Agricultural Economics from Purdue University. Harry was town Lister and Selectman in Charlotte VT. He was a member of Masonic Lodge Friendship #24 for 62 years. He was member of Myakka Pines GC and Kwiniaska GC.

Harry was predeceased by his parents and beloved grand-daughter Sara Varney.

A graveside service will follow at a later date in Greenwood Cemetery, Bristol, Vermont.

In lieu of flowers please donate to Parkinson's Disease research.



E/N/C

COMMUNITY NEWS BRIEFS

Free tax help

AARP is hosting its Tax-Aide Program at various sites around North Port until April 15, but membership with AARP is not required. It takes place:

- 9 a.m.-1 p.m. Mondays at Holiday Park Recreational Center, Tuscola Boulevard Phase 1 Hall;
- 10:30 a.m.-5 p.m. Wednesdays at North Port Senior Center, 4940 Pan

American Blvd.;

- 9 a.m.-1 p.m. Thursdays at San Pedro Catholic Church Activity Center, 14380 Tamiami Trail;
- 10:30 a.m.-2:30 p.m. Fridays at North Port Senior Center, 4940 Pan American Blvd.;
- 10 a.m.-2 p.m. Fridays — by appointment only — Shannon Staub Public Library, 4675 Career Lane.
- Call 941-861-1744. Taxpayers seeking

assistance should bring photo identification, last year's tax return, a Social Security card along with income and deduction documents.

Scholarships available

Suncoast Credit Union has three available for \$2,000 each with a deadline of March 1 for Sarasota County students and March 31 for

Charlotte County students. Requirements: Demonstrate financial need, plan to enroll in a four-year university, two-year college, or technical college in Florida, begin post-secondary school in 2019-2020, submit a statement of goals and extracurricular activities. Apply online at launchyourplan.com/ suncoast-credit-unionscholarship/ Allamanda Garden Club has two

scholarships available for \$2,000 each with a deadline of March 31. Requirements: Must be a college junior or senior or graduate/ doctoral students pursuing degrees in the sciences or horticulture-related fields. College sophomores going into junior year are eligible. Preference to students who are residents of North Port, Port Charlotte, Englewood or Venice. For more information or to apply, visit allamandagardenclub.

com or contact Lisa Colburn by emailing info@ AllamandaGardenClub.

Yard sale

St. Nathaniel's Episcopal Church hosts a church yard sale from 8 a.m.-noon March 23. To reserve a table at a cost of \$15, contact Helen between 9 a.m.-1 p.m. Tuesdays, Wednesdays or Thursdays at 941-426-2520.

AREA PROPERTY TRANSFERS															
CHARLOT ML# STATUS			TH PORT - COURT ADDRESS	ESY OF		GORDA, F			TH PORT AS	SSOCIA Built	TION OF REALTORS PROPERTY STYLE	SOLD TERMS	LP/SQFT	SP/LP	LP/SQFT
C7408444 Sold C7410545 Sold	PORT CHARLOTTE PORT CHARLOTTE	33952 33948	3100 HARBOR BLVD #207 19505 QUESADA AVE #E108		841 689	62900 77000	2/14/2019 2/15/2019	Community None	1 1 0 1 1 0	1970 1985	Condominium Condominium	Cash Cash	74.79 115.97	1 0.96	74.79
C7408405 Sold D6103367 Sold C7409800 Sold	PUNTA GORDA PUNTA GORDA NORTH PORT	33955 33983 34287	11298 5TH AVE 2200 BROADPOINT DR 402 MONZA AVE	84900 89900 93900	744 1688 1582	83250 85000 91350	2/15/2019 2/15/2019 2/15/2019	None None None	2 1 0 3 2 0 2 2 0	1962 1986 1973	Single Family Residence Single Family Residence Single Family Residence	USDA Cash Cash	114.11 53.26 59.36	0.98 0.95 0.97	
C7410436 Sold C7409896 Sold	PORT CHARLOTTE PORT CHARLOTTE	33952 33948	21906 CELLINI AVE 19505 QUESADA AVE #F202	95500	905 838	90000 95000	2/19/2019 2/19/2019 2/19/2019	None Community	2 1 1 2 2 0	1961 1985	Single Family Residence Condominium	Cash Cash	105.52 118.14	0.94 0.96	71.26 113.37
C7403908 Sold C7408849 Sold	PORT CHARLOTTE PORT CHARLOTTE	33980 33948	3310 LOVELAND BLVD #207 19505 QUESADA AVE #S105	99000 104900	1044 899	85000 100000	2/15/2019 2/15/2019	Community None	2 2 0 2 2 0	1990 1985	Condominium Condominium	Cash Cash	94.83 116.69	0.86 0.95	81.42
C7410089 Sold C7410022 Sold	PORT CHARLOTTE PORT CHARLOTTE	33952 33952	1627 SCOTTEN ST 21968 FELTON AVE	107000 115000	1409 874	89500 115000	2/15/2019 2/15/2019	None None	2 2 0 2 1 0	1970 1960	Single Family Residence Single Family Residence	Cash Conventional	75.94 131.58	0.84	
C7408540 Sold 05730224 Sold N6104037 Sold	PORT CHARLOTTE PORT CHARLOTTE PORT CHARLOTTE	33952 33952 33981	2554 AMBROSE LN 21323 COTTONWOOD AVE 12120 WEIMAR AVE	115900 118200 129900	1363 1284 918	110000 109000 125000	2/14/2019 2/19/2019 2/19/2019	None None None	3 1 0 2 2 0 2 1 0	1960 1982 1984	Single Family Residence Single Family Residence Single Family Residence	Cash Conventional Cash	85.03 92.06 141.5	0.95 0.92 0.96	
C7410097 Sold C7409831 Sold	PORT CHARLOTTE PORT CHARLOTTE	33948 33952	4358 PATES ST 1242 STAMFORD ST	138000 140000	904 1082	134000 144500	2/19/2019 2/15/2019	None None	2 1 0 2 2 0	1982 1980	Single Family Residence Single Family Residence	FHA Cash	152.65 129.39	0.97 1.03	82.72 80.06
A4422312 Sold N6103956 Sold	PUNTA GORDA ENGLEWOOD	33983 34224	1470 SAN CRISTOBAL AVE 6800 PLACIDA RD #1015	140000 144500	1148 1092	135000 148000	2/14/2019 2/15/2019	Community Community	2 2 0 2 2 0	1989 1991	Condominium Condominium	Cash Cash	121.95 132.33	0.96 1.02	117.6
C7409299 Sold N6103096 Sold C7403490 Sold	PUNTA GORDA PORT CHARLOTTE PORT CHARLOTTE	33983 33980 33952	1335 SAXONY CIR #313 23050 RYE AVE 2272 STARLITE LN	148525 149000 149500	1165 1399 1192	140000 155000 142000	2/14/2019 2/19/2019 2/19/2019	Community None Private	2 2 0 2 2 0 3 1 0	1993 1981 1964	Condominium Single Family Residence Single Family Residence	Cash VA Cash	127.49 106.5 125.42	0.94 1.04 0.95	70.68
A4421150 Sold C7407795 Sold	NORTH PORT PORT CHARLOTTE	34287 33952	6437 ELMWOOD RD 3167 PINETREE ST	149900 152900	1292 1100	140000 145000	2/15/2019 2/15/2019 2/15/2019	None Private	3 1 0 2 2 0	1982 1972	Single Family Residence Single Family Residence	VA Conventional	116.02 139	0.93 0.95	
D6103255 Sold C7406772 Sold	PUNTA GORDA PORT CHARLOTTE	33950 33952	523 E MCKENZIE ST 3254 JAMESTOWN ST	154900 158900	1120 1310	145000 158900	2/15/2019 2/14/2019	None None	3 2 0 2 2 0	2008 1979	Single Family Residence Single Family Residence	Cash Conventional	138.3 121.3	0.94 1	76.69
C7409536 Sold C7408992 Sold	PORT CHARLOTTE NORTH PORT	33952 34286	1402 KENMORE ST 3879 PORTAIR AVE	159000 159000	1313 1287	152000 133000	2/15/2019 2/14/2019	None None Drivate	2 2 0 3 2 0	1983 1985	Single Family Residence Single Family Residence Single Family Residence	FHA Cash	121.1 123.54	0.96 0.84	68.59 66.27
C7410193 Sold C7409322 Sold C7401055 Sold	NORTH PORT PORT CHARLOTTE PUNTA GORDA	34287 33954 33955	316 ORTEGA PL 23042 AUGUST AVE 25295 ESTRADA CIR	164900 164900 165000	1274 1262 1234	169900 164900 160000	2/15/2019 2/15/2019 2/15/2019	Private None None	2 2 0 3 2 0 3 2 0	1984 1994 1994	Single Family Residence Single Family Residence Single Family Residence	Conventional Conventional Conventional	129.43 130.67 133.71	1.03 1 0.97	67.1 88.47 110.8
U8030361 Sold C7407703 Sold	PORT CHARLOTTE PORT CHARLOTTE	33952 33948	1086 VERONICA ST 17511 TERRY AVE	166000 166888	1190 1440	166000 158000	2/15/2019 2/17/2019	None None	2 2 0 3 2 0	1979 1980	Single Family Residence Single Family Residence	VA FHA	139.5 115.89	1 0.95	92.02
A4409682 Sold N6103350 Sold	PUNTA GORDA NORTH PORT	33982 34287	4614 GREENBRIAR DR 5738 SABAL TRACE DR #10	167000 169900	1432 1168	167000 162500	2/15/2019 2/15/2019	None Community	3 2 0 2 2 0	2006 2005	Single Family Residence Condominium	USDA Cash	116.62 145.46	1 0.96	86.98 118.1
C7408346 Sold C7403474 Sold C7411486 Sold	NORTH PORT PORT CHARLOTTE NORTH PORT	34287 33980 34286	6119 JORDAN ST 24156 BUCKINGHAM WAY 2729 MAXIMO RD	169900 170000 174900	1365 1239 1270	169900 160000 162500	2/19/2019 2/14/2019 2/19/2019	None Community None	3 2 0 2 2 0 3 2 0	1959 2001 2006	Single Family Residence Single Family Residence Single Family Residence	FHA Cash Cash	124.47 137.21 137.72	1 0.94 0.93	102.04 85.93 85.12
C7409685 Sold C7406063 Sold	NORTH PORT PORT CHARLOTTE	34286 33952	1146 WOODCREST LN 1461 SCHENLEY ST	174900 174900 174900	1702 1458	169000 170000	2/14/2019 2/15/2019	None None	3 2 0 3 2 0	2003 1974	Single Family Residence Single Family Residence	Other VA	102.76 119.96	0.97 0.97	73.8
C7410044 Sold D6104390 Sold	PORT CHARLOTTE NORTH PORT	33980 34287	23269 OLEAN BLVD 2633 RIDGEWOOD DR	175000 175000	1364 1032	172500 145000	2/14/2019 2/14/2019	None None	3 2 0 3 2 0	1978 1991	Single Family Residence Single Family Residence	Cash FHA	128.3 169.57	0.99 0.83	88.85
C7410226 Sold A4420950 Sold	PORT CHARLOTTE ENGLEWOOD	33948 34224	4203 PERCH CIR 1170 MARTIN DR	177900 179000	1485 802	175000 179000	2/19/2019 2/14/2019	None None	3 2 0 2 1 0	1987 1960	Single Family Residence Single Family Residence Single Family Residence	Conventional Cash	119.8 223.19	0.98	94.34 181.17
C7404639 Sold C7409577 Sold D6104331 Sold	PORT CHARLOTTE PORT CHARLOTTE PORT CHARLOTTE	33980 33952 33981	24328 BUCKINGHAM WAY 3490 GREAT NECK ST 6259 COLISEUM BLVD	179500 179891 179900	1079 1296 1212	172000 157500 163000	2/18/2019 2/14/2019 2/15/2019	Community Private Community	2 2 0 2 2 0 3 2 0	2001 1983 2005	Single Family Residence Single Family Residence Single Family Residence	Cash Cash Cash	166.36 138.8 148.43	0.96 0.88 0.91	88.97
C7405620 Sold D6102064 Sold	PUNTA GORDA ENGLEWOOD	33983 34224	25666 AYSEN DR 10123 STONECROP AVE	179900 179900 179900	1516 1502	179500 153500	2/15/2019 2/15/2019	None None	3 2 0 3 2 0	1989 1990	Single Family Residence Single Family Residence	Conventional Cash	118.67 119.77	1 0.85	82.19 69.77
N6103058 Sold C7406804 Sold	PORT CHARLOTTE PORT CHARLOTTE	33952 33954	22611 QUASAR BLVD 23493 PEACHLAND BLVD	180990 184000	1499 1780	180990 177000	2/15/2019 2/15/2019	None None	4 2 0 3 2 0	2018 1989	Single Family Residence Single Family Residence	FHA Conventional	120.74 103.37	1 0.96	93.53 68.74
A4419198 Sold A4416459 Sold C7406607 Sold	NORTH PORT NORTH PORT PORT CHARLOTTE	34286 34286 33952	2198 ALLIANCE AVE 2781 W PRICE BLVD 21286 MULBERRY AVE	185000 187900 189000	1241 1572 1560	189400 178000 180000	2/15/2019 2/15/2019 2/14/2019	None None Private	3 2 0 3 2 0 3 2 0	2002 1993 1984	Single Family Residence Single Family Residence Single Family Residence	VA FHA	149.07 119.53 121.15	1.02 0.95 0.95	71.31 80.07
D6102849 Sold C7251426 Sold	PORT CHARLOTTE PORT CHARLOTTE PORT CHARLOTTE	33953 33980	3413 GRAND VISTA CT #203 24363 FOLKSTONE AVE		1759 1382	182000 194000	2/15/2019 2/15/2019 2/15/2019	None Community	3 2 0 2 2 0	2003 2004	Condominium Single Family Residence	VA Cash Conventional	109.15 141.03	0.95 0.95 1	83.03 96.76
C7405303 Sold D6103983 Sold	NORTH PORT PORT CHARLOTTE	34286 33953	1789 RAYWOOD AVE 3313 GRAND VISTA CT #202	195000 199900	1380 1766	185000 189900	2/14/2019 2/15/2019	None Community	3 2 0 2 2 0	2001 2000	Single Family Residence Condominium	Conventional Cash	141.3 113.19	0.95 0.95	93.25
A4404379 Sold N6103051 Sold	NORTH PORT ENGLEWOOD	34286 34223	2384 W PRICE BLVD 1885 NEPTUNE DR	204900	1641 1567	202000 182000	2/15/2019 2/15/2019	None None	3 2 0 2 2 0	2006 1979	Single Family Residence Single Family Residence Single Family Residence	Conventional Conventional	124.86 130.82	0.99	80.86 75.86
N6100928 Sold C7405851 Sold C7406660 Sold	PUNTA GORDA NORTH PORT PORT CHARLOTTE	33982 34288 33948	28131 ARROWHEAD CIR 1026 VALENTINE ST 19652 MIDWAY BLVD	205000 206900 207500	1672 1437 1893	203500 206900 211000	2/18/2019 2/19/2019 2/15/2019	Community None Private	3 2 0 3 2 0 3 2 1	2018 2018 1985	Single Family Residence Single Family Residence Single Family Residence	Cash Cash FHA	122.61 143.98 109.61	0.99 1 1.02	90.81 102.12 81.22
N6101132 Sold C7407941 Sold	PORT CHARLOTTE ENGLEWOOD	33980 34224	3935 RIVER BANK WAY 10309 GREENWAY AVE	207835 208000	1672 1094	205835 193000	2/19/2019 2/15/2019	Community Private	3 2 0 2 2 0	2018 1983	Single Family Residence Single Family Residence	VA Conventional	124.3 190.13	0.99 0.93	91.85
A4416032 Sold C7403781 Sold	NORTH PORT PUNTA GORDA	34286 33983	3754 DULUTH TER 25496 BANFF LN	209900 210000	1692 1571	207000	2/14/2019 2/14/2019	None None	3 2 0 3 2 0	2005 2004	Single Family Residence Single Family Residence	Conventional Conventional	124.05 133.67	0.99 0.97	82.11 88.07
D6101849 Sold C7250542 Sold C7408717 Sold	ENGLEWOOD PUNTA GORDA NORTH PORT	34224 33955 34287	7050 SUNNYBROOK BLVD 17444 BOCA VISTA RD 8819 ATTALLA AVE	214900 215000 219300	1291 2047 1546	208900 205000 219300	2/15/2019 2/15/2019 2/14/2019	None Private None	3 2 1 2 2 0 3 2 0	2018 2006 2019	Single Family Residence Condominium Single Family Residence	Conventional Cash Cash	166.46 105.03 141.85	0.97 0.95 1	110.01 100.15 100.32
C7406622 Sold C7409475 Sold	PORT CHARLOTTE PORT CHARLOTTE	33952 33981	450 NOTSON TER 5308 MAHONEY ST	219900 220000	1816 1168	175000 220000	2/15/2019 2/15/2019	Private Private	3 3 0 3 2 0	1959 1985	Single Family Residence Single Family Residence	Cash VA	121.09 188.36	0.8 1	100.52
C7402111 Sold C7408952 Sold	PUNTA GORDA PORT CHARLOTTE	33983 33952	582 ENCARNACION ST 1130 BIRCHCREST BLVD	220000 224900	1547 2090	215000 225900	2/14/2019 2/19/2019	None Private	3 2 0 3 2 0	2018 1988	Single Family Residence Single Family Residence	VA Conventional	142.21 107.61	0.98	
N6103043 Sold C7409439 Sold D6102933 Sold	NORTH PORT PUNTA GORDA ENGLEWOOD	34288 33983 34223	4358 KILLDEER TER 26511 VALPARAISO DR 69 WINDSOR DR	225000 228500 229900	1249 1717 1902	210000 219500 200000	2/15/2019 2/19/2019 2/14/2019	Private None Private	3 2 0 3 2 0 2 2 0	2005 2003 1984	Single Family Residence Single Family Residence Single Family Residence	Conventional FHA Cash	180.14 133.08 120.87	0.93 0.96 0.87	83.19
A4404179 Sold C7407420 Sold	ENGLEWOOD NORTH PORT	34223 34287	23 JAMESTOWN AVE 4501 TARGEE AVE	229900 237000	2119 1877	218000 235000	2/14/2019 2/20/2019	Private None	3 2 0 3 2 0	1988 2017	Single Family Residence Single Family Residence	Other Cash	108.49 126.27	0.95 0.99	86.33
C7407487 Sold C7401034 Sold	NORTH PORT PUNTA GORDA	34287 33950	5307 BARLOW TER 255 W END DR #2407	237500 238500	1554 1497	225000 223500	2/20/2019 2/19/2019	Private Community	3 2 0 3 2 0	1991 2004	Single Family Residence Condominium	Conventional Cash	152.83 159.32	0.95 0.94	95.74
C7408218 Sold C7410509 Sold D6104146 Sold	NORTH PORT NORTH PORT ENGLEWOOD	34286 34287 34223	3283 SARDINIA AVE 4890 LIBBY CT 1065 BAYSHORE DR	239900 242500 243800	1453 1564 3286	225000 239000 260000	2/15/2019 2/20/2019 2/15/2019	Private Private None	3 2 0 3 2 0 5 4 0	2003 1994 1974	Single Family Residence Single Family Residence Single Family Residence	Cash Conventional Cash	165.11 155.05 74.19	0.94 0.99 1.07	109.6 101.19
C7406551 Sold D6104451 Sold	NORTH PORT ENGLEWOOD	34288 34224	5608 JERICHO AVE 9387 WESTMINSTER AVE	251900 259000	1840 2232	251900 255000	2/15/2019 2/15/2019 2/15/2019	None Private	3 2 0 3 2 0	2019 1989	Single Family Residence Single Family Residence	Conventional Conventional	136.9 116.04	1.07	101.29 93.89
C7405088 Sold T3142028 Sold	NORTH PORT NORTH PORT	34289 34289	1970 BOTTLEBRUSH WAY 2504 DAISY DRIVE	259900 264454	3270 1574	237500 266354	2/14/2019 2/16/2019	None Community	4 3 1 2 2 0	2007 2018	Single Family Residence Single Family Residence	Cash Conventional	79.48 168.01	0.91 1.01	53.39 169.22
C7409413 Sold A4422778 Sold C7249029 Sold	NORTH PORT PORT CHARLOTTE NORTH PORT	34286 33952 34288	2443 COMET LN 1261 TALBOT ST 5005 WEATHERTON ST	265900 274900 278000	2020 2192 2156	254000 270000 270000	2/19/2019 2/15/2019 2/15/2019	Private Private Private	3 2 0 4 2 0 3 2 1	2003 2001 2001	Single Family Residence Single Family Residence Single Family Residence	Cash Conventional FHA	131.63 125.41 128.94	0.96 0.98 0.97	89.88 90.73 84.43
C749029 Sold C7409144 Sold D6104395 Sold	NORTH PORT ENGLEWOOD	34286 34224	3346 BELLEVILLE TER 1170 DELMAR ST	279800 285000	1722 1498	260000 279250	2/15/2019 2/15/2019 2/15/2019	Private Private Private	3 2 0 3 2 0	2005 1972	Single Family Residence Single Family Residence	Conventional Cash	162.49 190.25	0.97 0.93 0.98	113.14 115.34
C7406564 Sold C7410268 Sold	PUNTA GORDA PUNTA GORDA	33955 33955	26324 STILLWATER CIR 3245 SUGARLOAF KEY RD	289800 299000	1962 1516	283000 285000	2/15/2019 2/20/2019	Community Community	3 2 1 2 2 0	1999 1984	Single Family Residence Condominium	Cash Cash	147.71 197.23	0.98 0.95	182.11
C7406835 Sold D6102419 Sold	PUNTA GORDA PORT CHARLOTTE	33982 33981	28383 COCO PALM DR 14519 MAYSVILLE CIR	299900 307500	2216 1603	275000 307500	2/15/2019 2/20/2019	Private Private	2 2 0 3 2 0	1969 2018	Single Family Residence Single Family Residence	VA VA	135.33 191.83	0.92	109.82 121.35
D6104109 Sold T3115403 Sold C7409690 Sold	ENGLEWOOD NORTH PORT PORT CHARLOTTE	34224 34289 33980	7186 BARGELLO ST 1560 HYSSOP LOOP 1200 PINE CT	309900 313349 325000	2067 2107 1726	302000 308349 315000	2/19/2019 2/14/2019 2/15/2019	Private Community Private	3 2 0 3 2 0 3 2 1	2005 2018 2005	Single Family Residence Single Family Residence Single Family Residence	Cash Cash Conventional	149.93 148.72 188.3	0.97 0.98 0.97	100.5 146.35 84.22
D6103853 Sold C7409522 Sold	ENGLEWOOD Punta Gorda	34224 33982	8147 DREW ST 6041 ALAN BLVD	329900 330000	1831 1737	302000 321000	2/15/2019 2/15/2019	Private Private	3 2 0 3 2 1	1956 2007	Single Family Residence Single Family Residence	Conventional Conventional	180.17 189.98	0.92 0.97	95.87 94.77
C7408745 Sold C7409782 Sold	PUNTA GORDA PORT CHARLOTTE	33950 33948	98 VIVANTE BLVD #417 18569 KLINGLER CIR	340000 359900	1915 1931	323000 335000	2/15/2019 2/19/2019	Community Private	3 2 0 3 3 0	2007 1980	Condominium Single Family Residence	Cash Conventional	177.55 186.38	0.95 0.93	
C7405555 Sold C7406470 Sold D6102921 Sold	PUNTA GORDA PUNTA GORDA PORT CHARLOTTE	33983 33950 33953	2407 SOFIA LN 1477 PARK BEACH CIR #32 13016 N MARSH DR	374900 399000 399500	2701 1951 1960	360000 385000 390000	2/20/2019 2/19/2019 2/15/2019	Private None Private, Comm	3 2 0 3 2 1 3 2 0	1998 1982 2012	Single Family Residence Condominium Single Family Residence	Conventional Conventional Conventional	138.8 204.51 203.83	0.96 0.96 0.98	197.33 148.51
T3117520 Sold C7410207 Sold	ENGLEWOOD PUNTA GORDA	33953 34224 33950	1071 KANT ST 1601 PARK BEACH CIR #133	410000	2935 1802	395000 395000 419900	2/15/2019 2/19/2019 2/15/2019	None Community	3 3 0 2 2 0	1976 1988	Single Family Residence Condominium	Conventional Cash	139.69 233.02	0.96 1	106.18
C7403064 Sold T3144888 Sold	PUNTA GORDA PUNTA GORDA	33950 33955	528 MARSEILLES CT 3321 SUNSET KEY CIR #604	434000 449000	2128 1957	415000 446000	2/20/2019 2/15/2019	None Community	3 2 0 3 3 0	2002 2004	Single Family Residence Condominium	Conventional Cash	203.95 229.43	0.96 0.99	131.41 210.68
C7408691 Sold C7410146 Sold	PUNTA GORDA PUNTA GORDA PORT CHARLOTTE	33950 33950	436 PANAREA DR 782 MONACO DR 2620 PEBBLE CREEK PL	459900 475000 499000	1963 2672	460000 490000 490000	2/19/2019 2/15/2019 2/15/2019	Private Private	3 2 1 4 3 0	1998 1988	Single Family Residence Single Family Residence Single Family Residence	Conventional Conventional	234.28 177.77 248.01	1.03	135.06 151.09
A4416106 Sold C7403900 Sold C7400942 Sold	PUNTA GORDA ENGLEWOOD	33948 33950 34223	901 MESSINA DR 296 MAGNOLIA AVE	499000 499800 539900	2012 2977 1707	490000 450000 430000	2/15/2019 2/15/2019 2/15/2019	Private Private Private	3 3 0 4 3 0 3 2 0	2016 1993 1976	Single Family Residence Single Family Residence Single Family Residence	Conventional Cash Cash	248.01 167.89 316.29	0.98 0.9 0.8	113.35
D6101994 Sold C7405142 Sold	PORT CHARLOTTE PUNTA GORDA	33981 33950	15580 RUSTON CIR 2143 WYATT CIR	549900 569000	2342 2605	505000 555000	2/14/2019 2/19/2019	Private Private	3 2 1 3 2 0	2013 1985	Single Family Residence Single Family Residence	Cash Conventional	234.8 218.43	0.92 0.98	149.14 145.4
C7406217 Sold C7408108 Sold	PUNTA GORDA PUNTA GORDA	33950 33950		624900 874900	2403 2857	600000 849000	2/15/2019 2/15/2019	Private Private	4 3 1 3 2 1	2005 2001	Single Family Residence Single Family Residence Single Family Residence	Cash Cash	260.05 306.23	0.96 0.97	176.78 218.2
C7410620 Sold C7411949 Sold	PUNTA GORDA PUNTA GORDA	33950 33950	1634 CASEY KEY DR 505 S CRETE CT	895000 920000	3039 4813	890000 920000	2/15/2019 2/14/2019	Private Private	3 3 0 4 3 1	2001 2004	Single Family Residence Single Family Residence	Cash Cash	294.5 191.15	0.99 1	226.12 137.66

Free showing of film on refugee crisis

'Human Flow' by Chinese artist coming March 9 to Mid-County Regional Library

By BETSY CALVERT

Staff Writer

Four citizen groups in Charlotte County want you to see a 2017 film made by a Chinese dissident about the global refugee crisis.

Those groups raised money to bring a film called "Human Flow" by Chinese artist Ai WeiWei — who was once labelled the world's most powerful artist — to Charlotte County.

The 140 minute film will be shown for free Saturday, March 9, at 1:30 p.m., at the Mid-County Public Library, 2050 Forrest Nelson Blvd., in Port Charlotte

Called "strangely beautiful" by a New York Times critic, the film travels to 23 countries to witness what the artist

A4206098 Sold 145 SHORELAND DR

and others have called the largest refugee crisis since World War II. An estimated 65 million people worldwide have been forced to leave their homes due to famine, war and climate change.

"It's going to be a challenge that the world is shrinking, and people from different cultures and different religions are going to have to live with each other," a narrator states in the film.

Ai WeiWei has said

he was compelled to make this film in part due to his own childhood experience of displacement. During the Cultural Revolution, the Chinese government exiled his family in 1958 because it considered his father anti-communist. They lived in a cave for

five years.



PHOTO PROVIDED

Four citizen groups are presenting the documentary "Human Flow" on March 9 at the Mid-County Library. It is about the worldwide displacement of about 65 million people from their homes, which is the largest refugee crisis since World War II. The film was made by the dissident Chinese artist Ai WeiWei who designed the bird's nest sports stadium for the 2008 Olympics in Beijing.

Ai went on to become a successful artist in China. He was the artist behind the bird's nest design of the Beijing National Stadium for the 2008 Olympics — a government monument

he later said he regretted helping to create. Due to his criticism of his government, he was arrested and detained for 81 days. A few years ago, he was allowed to travel again. He made the film while living in Germany, and with funding from backers there.

The groups who are sponsoring the event include the Immigrant Justice Committee of the Unitarian-Universalist Fellowship of Charlotte County, Indivisible Action of Southwest Florida, the Hispanic American Citizens Council and the Democratic Hispanic Caucus.

Why see this film?

Immigration Justice Committee member Laura Anderson said the film helped her to understand the struggle of the many immigrants she meets in Charlotte County, from her Russian neighbors to hospital employees who helped her sister, to people with foreign accents who serve her in grocery stores.

"While I hear stories in the news, they are really just snippets of disconnected information and this movie connected for me, cause and effect, made the story compelling, and made the migrants human," she said.

"Because of the Human Flow movie I have much more compassion for the hardships all of these people face because they were not born in this country," Anderson added. "I don't know their stories but I know all of them have gone through the process of finding a new home."

Email: betsy.calvert@yoursun.com

Need that hard-to-find item? Find it in the Classifieds.

AREA PROPERTY TRANSFERS

SOUTH SARASOTA COUNTY - COURTESY OF VENICE AREA BOARD OF REALTORS

300111	SANASOIA COUNTI	1 - CO	COURTEST OF VENICE AREA BOARD OF REALIONS									
ML# STAT	TUS ADDRESS	BE I	FB H	B YEAR BUILT	SW SUBDIV COMMUNITY NAME	PROPERTY STYLE	SOLD TERMS	SP / SQFT	SP/LP	CLOSE DATE	CLOSE PRICE	POOL Y/N
N6102855 So	old 1186 BIRD BAY WAY #109	1	1	0 1979	Bird Bay Village	Condominium	Cash	141.18	0.89	2/12/2019	120000	FALSE
N6103224 So	old 1707 BONITAS CIR #1734-D	2	2	0 1980	Villa Nóva	Condominium	Cash	113.83	0.93	2/12/2019	135000	FALSE
U8021039 So	old 215 RUBENS DR #E	2	2		Sorrento Park	Condominium	Cash	110.08	0.97	2/15/2019	142000	FALSE
A4423029 So		2	2	0 1983	Bird Bay Village	Condominium	Conventional	141.34	0.94	2/15/2019	150100	FALSE
C7408176 So		2	2	0 1975	Venice Gardens	Single Family Residence	Cash	115.36	0.89	2/14/2019	160000	TRUE
N6101840 So		2	2	0 1982	Mission Lakes	Condominium	Cash	158.83	1	2/15/2019	169000	FALSE
	old 415 CYPRESS RD	2	2	0 1902	South Venice	Single Family Residence	Conventional	136.03	1	2/13/2019	169900	FALSE
A4421682 So		2	2	0 1977						2/11/2019	170000	FALSE
		2	2	0 1965 0 1980	Bird Bay	Condominium	Cash	160.08	0.97 0.93			
	old 214 WOODLAND DR #214				Pine Run	Condominium	Conventional	130.7		2/14/2019	172000	FALSE
N6103760 So		3		0 1991	Golf Green	Condominium	Cash	146.36	0.96	2/12/2019	185000	FALSE
A4415543 So		3		0 1978	East Gate Terrace	Single Family Residence	Conventional	180.95	0.97	2/13/2019	190000	FALSE
A4418063 So		2	2	0 1973	Bella Costa	Condominium	Cash	197.33	1	2/12/2019	199900	FALSE
A4416332 So		3	2		Stoneybrook At Venice	Single Family Residence	Conventional	156.71	0.98	2/15/2019	215000	FALSE
	old 703 GONDOLA PARK DR #703BLG		2	0 2001	The Residence At Gondola Park	Condominium	Cash	171.88	0.92	2/15/2019	220000	FALSE
N5916733 So	old 1008 EUCLID RD	3	2		South Venice	Single Family Residence	FHA	134.49	0.96	2/15/2019	225000	TRUE
D6100566 So	old 200 WETHERBY ST	2	2	0 1996	Wexford On The Green	Single Family Residence	Conventional	142.42	0.98	2/15/2019	235000	FALSE
D6104148 So	old 595 E BAFFIN DR	3		0 1988	South Venice	Single Family Residence	Conventional	147.87	0.96	2/11/2019	240000	TRUE
N6103024 So	old 101 PARK BLVD S #310	2	2	0 1973	Venice Park Sec Of Venice	Condominium	Cash	274.04	0.96	2/14/2019	265000	FALSE
05756766 So	old 837 CHALMERS DR #837	3		0 1999	Patios Of St Andrews Park At Plant	Single Family Residence	Cash	144.43	0.99	2/12/2019	268500	FALSE
N6102610 So		2	2	0 2014	Islandwalk At The West Villages	Single Family Residence	Cash	187.2	0.99	2/15/2019	269000	FALSE
A4415332 So		3		0 1987	Southwood	Single Family Residence	Conventional	168.61	0.98	2/15/2019	275000	FALSE
	old 740 TANAGER RD	3		0 2006	South Venice	Single Family Residence	Cash	137.84	0.98	2/11/2019	275000	FALSE
	old 248 CORNELL RD		2	0 2006	South Venice	Single Family Residence	VA	131.59	1	2/14/2019	279900	FALSE
A4413910 So		3		0 2005	Gran Paradiso	Condominium	Conventional	130.27	0.98	2/15/2019	284900	FALSE
N6101813 So		3	2		Nokomis	Single Family Residence	Conventional	180.24	0.88	2/13/2019	290000	FALSE
T3138242 So				0 1962 0 2019		Single Family Residence				2/14/2019	290000 294497	FALSE
		3		0 2019	Not Applicable	Single Family Residence	Cash	175.61	1	2/15/2019		FALSE
N6102226 So			2	0 2006	Stoneybrook At Venice	Single Family Residence	Conventional	151.01	0.98	2/15/2019	328000	FALSE
C7410108 So		3		0 2014	Not Applicable	Single Family Residence	Cash	171.36	0.95	2/12/2019	341000	FALSE
	old 5525 SENTIERO DR			0 2017	Not Applicable	Single Family Residence	Conventional	203.81	0.98	2/15/2019	342000	FALSE
	old 1383 STILL RIVER DR	3	2	0 2015	Grand Palm	Single Family Residence	Conventional	195.58	0.99	2/15/2019	345000	FALSE
N6102362 So		2	2	0 2016	Not Applicable	Single Family Residence	Cash	169.08	0.92	2/15/2019	350000	FALSE
A4422043 So		3		0 2005	Triano	Condominium	Cash	174.81	0.99	2/15/2019	350500	FALSE
A4403722 So		2		0 1973	Valencia Condo Apts	Condominium	Conventional	281.93	0.98	2/14/2019	362000	FALSE
A4420774 So		3	2	0 2001	Rivendell	Single Family Residence	Conventional	204.14	0.97	2/15/2019	365000	FALSE
A4411566 So	old 5704 SEMOLINO ST	2	2	0 2018	Not Applicable	Single Family Residence	Conventional	216.1	0.92	2/15/2019	365000	FALSE
A4215482 So	old 1619 STILL RIVER DR	3		0 2018	Grand Palm	Single Family Residence	Conventional	154.88	0.9	2/11/2019	370000	FALSE
A4418588 So	old 704 MISTY PINE DR	3	2	0 1998	Sawgrass	Single Family Residence	Conventional	179.07	0.98	2/13/2019	373000	FALSE
N6103268 So		3	2	1 2003	The Lakes Of Jacaranda	Single Family Residence	Cash	190.84	0.95	2/15/2019	375000	TRUE
C7406192 So		3	3	0 2017	Sarasota National	Single Family Residence	Cash	172.04	0.95	2/11/2019	379000	FALSE
N6101613 So		3		0 2001	Venetia	Single Family Residence	Conventional	173.91	0.95	2/14/2019	380000	TRUE
A4212577 So		3		0 2018	Grand Palm	Single Family Residence	Cash	166.03	0.92	2/12/2019	393000	FALSE
N6103189 So		2		0 2016	Sarasota National	Single Family Residence	Conventional	214.07	0.98	2/15/2019	420000	TRUE
N6101232 So		2		0 1968	Nokomis	Single Family Residence	Cash	351.88	0.96	2/14/2019	477500	FALSE
	old 516 TAMIAMI TRL S #402	3	3		Not Applicable	Condominium	Seller Financing	231.23	1	2/14/2019	499000	FALSE
	old 4360 CORSO VENETIA BLVD	3 4	3			Single Family Residence		189.48	0.95	2/14/2019 2/12/2019	515000	TRUE
					Venetia		Cash					
N6103141 So		3	2	0 1988	Venice Acres	Single Family Residence	Conventional	222.27	0.96	2/14/2019	529000	TRUE
	old 909 DAWN ST		2	0 1990	Venezia Park	Single Family Residence	Cash	278.47	0.98	2/15/2019	577000	TRUE
N6102613 So			2		Sansovino The	Condominium	Cash	501.2	0.96	2/14/2019	625000	FALSE
	old 755 EGRET WALK LN	4	3		Waterford	Single Family Residence	Conventional	208.14	0.96	2/14/2019	690000	TRUE
N6103439 So	old 840 THE ESPLANADE N #201	2	2	0 1974	Sansovino The	Condominium	Cash	495.05	0.98	2/11/2019	750000	FALSE

Conventional

Single Family Residence

297.91

Condominium

Single Family Residence

Cash

-												
					A BOARD OF REALTORS							
		ADDRESS	CITY	ZIP	LEGAL SUBDIVISION NAME	SQFT	PRICE	RF	FR	HB	BUILT	POOL
D6105060	SLD	900 S MCCALL RD Unit#1A	ENGLEWOOD	34223	HAR/LEMON BAY PH 1 BLDG 1	2,550	\$13,900	,	1	^	1972	None
D6102998	SLD	1475 FLAMINGO DR Unit#30		34224	HOLIDAY TRAVEL PK ENGLEWD	424	\$68,000	2	1	0	1982	Community
C7405140	SLD	6398 SPINNAKER BLVD	ENGLEWOOD	34224	PORT CHARLOTTE SEC 062	1,002	\$101,000	2	2	0	1987	None
D6102913 D6103639	SLD SLD	6800 PLACIDA RD Unit#211	ENGLEWOOD	34224 34223	FIDDLERS GREEN PH 01	1,092 1,248	\$125,000	2	2	0	1984 1983	Community
		718 BUTTERFIELD CIR	ENGLEWOOD		TANGERINE WOODS		\$135,000		2	-		Community
N6103956 D6100242	SLD SLD	6800 PLACIDA RD Unit#1015 5150 PLACIDA RD	ENGLEWOOD	34224 34224	FIDDLERS GREEN 02 PH 06 W OF ROAD	1,092 1,104	\$148,000 \$150,000	2	2	0	1991 1960	Community None
D6100242	SLD	725 TANGERINE WOODS BLVD		34223	TANGERINE WOODS	1,104	\$130,000	2	2	0	1983	Community
D6102103	SLD	195 ANNAPOLIS LN	ROTONDA WEST	33947	ROTONDA WST OAKLAND HILLS	1,200	\$155,900	2	2	0	1965	Private
D6103547	SLD	850 E 7TH ST	ENGLEWOOD	34223	ROCK CREEK PARK 3RD ADD	1,200	\$132,000	3	2	0	1979	None
N6103469	SLD	70 S BUENA VISTA AVE	ENGLEWOOD	34223	ALAMEDA ISLES	1,005	\$165,500	2	2	0	1978	Community
A4420950	SLD	1170 MARTIN DR	ENGLEWOOD	34224	HARRIS	802	\$179,000	2	1	0	1960	None
D6104331	SLD	6259 COLISEUM BLVD	PORT CHARLOTTE		PORT CHARLOTTE SEC 095	1,212	\$163,000	3	2	0	2005	Community
D6104331	SLD	10123 STONECROP AVE	ENGLEWOOD	34224	PORT CHARLOTTE SEC 064	1,502	\$153,500	3	2	0	1990	None
D6104069	SLD	1120 LAMPP DR	ENGLEWOOD	34223	ROCK CREEK PARK 3RD ADD	1,108	\$169,500	2	2	0	1972	None
N6103051	SLD	1885 NEPTUNE DR	ENGLEWOOD	34223	OVERBROOK GARDENS	1,567	\$182,000	2	2	0	1979	None
C7407941	SLD	10309 GREENWAY AVE	ENGLEWOOD	34224	PORT CHARLOTTE SEC 064	1,094	\$193,000	2	2	0	1983	Private
D6103066	SLD	104 VENICE RD	ROTONDA WEST	33947	ROTONDA HEIGHTS	1,389	\$200,000	3	2	0	2007	None
C7401993	SLD	13385 BLAKE DR	PORT CHARLOTTE		PORT CHARLOTTE SEC 058	1,755	\$213,800	4	2	0	2018	None
C7406305	SLD	106 CREVALLE RD	ROTONDA WEST	33947	ROTONDA LAKES	1,841	\$194,000	3	2	0	2006	None
D6101849	SLD	7050 SUNNYBROOK BLVD	ENGLEWOOD	34224	PORT CHARLOTTE SEC 065	1,291	\$208,900	3	2	1	2018	None
A4423867	SLD	40 BUNKER WAY	ROTONDA WEST	33947	ROTONDA PEBBLE BEACH	1,792	\$224,100	3	2	0	1991	Private
C7409475	SLD	5308 MAHONEY ST	PORT CHARLOTTE	33981	PORT CHARLOTTE SEC 052	1,168	\$220,000	3	2	0	1985	Private
D6104073	SLD	1172 SEAHORSE LN	ENGLEWOOD	34224	HOLIDAY MOBILE ESTS	1,534	\$225,000	2	2	0	2002	None
D6102933	SLD	69 WINDSOR DR	ENGLEWOOD	34223	ENGLEWOOD ISLES SUB	1,902	\$200,000	2	2	0	1984	Private
A4404179	SLD	23 JAMESTOWN AVE	ENGLEWOOD	34223	PINE LAKE DEV	2,119	\$218,000	3	2	0	1988	Private
C7406317	SLD	4020 CAPE HAZE DR	ROTONDA WEST	33947	CAPE HAZE WINDWARD	1,863	\$237,000	3	2	0	1991	Private
D6104146	SLD	1065 BAYSHORE DR	ENGLEWOOD	34223	ENGLEWOOD GARDENS	3,286	\$260,000	5	4	0	1974	None
D6102365	SLD	8 and 10 ABAFT PL	PLACIDA	33946	ROTONDA SANDS	2,032	\$243,000	3	2	0	2007	Private
C7405711	SLD	65 BROADMOOR LN	ROTONDA WEST	33947	ROTONDA WEST BROADMOOR	1,868	\$250,000	3	2	1	1991	Private
D6104451	SLD	9387 WESTMINSTER AVE	ENGLEWOOD	34224	PORT CHARLOTTE SEC 084	2,232	\$255,000	3	2	0	1989	Private
D6104709	SLD	218 ALBATROSS RD	ROTONDA WEST	33947	ROTONDA LAKES	1,395	\$255,000	3	2	0	2003	Private
N6103144	SLD	126 ARROW LN	ROTONDA WEST	33947	ROTONDA HEIGHTS	1,815	\$275,000	3	2	1	2004	Private
D6104395	SLD	1170 DELMAR ST	ENGLEW00D	34224	WOODBRIDGE	1,498	\$279,250	3	2	0	1972	Private
D6102911	SLD	13 SPORTSMAN PL	ROTONDA WEST	33947	ROTONDA WEST BROADMOOR	2,459	\$310,000	3	3	0	1993	Private
D6104429	SLD	360 SWEETWATER DR	ROTONDA WEST	33947	ROTONDA HEIGHTS	2,167	\$318,000	3	2	0	2007	Private
D6103853	SLD	8147 DREW ST	ENGLEWOOD	34224	PINE COVE	1,831	\$302,000	3	2	0	1956	Private
D6103469	SLD	14473 FORT MYERS AVE	PORT CHARLOTTE	33981	PORT CHARLOTTE SEC 87	2,339	\$300,000	4	2	0	2016	Private
D6103282	SLD	186 CLEAR LAKE DR	ENGLEWOOD	34223	STILLWATER	2,020	\$340,000	3	2	0	2005	Private
D6103811	SLD	10300 CORAL LANDINGS CT	PLACIDA	33946	LANDINGS CORAL CRK	2,396	\$345,000	4	3	0	2008	None
D6101190	SLD	196 BROADMOOR LN	ROTONDA WEST	33947	ROTONDA WEST BROADMOOR	2,098	\$400,000	3	2	0	2018	Private
C7400942	SLD	296 MAGNOLIA AVE	ENGLEWOOD	34223	PAULSEN PLACE	1,707	\$430,000	3	2	0	1976	Private
D6101994	SLD	15580 RUSTON CIR	PORT CHARLOTTE		PORT CHARLOTTE SEC 081	2,342	\$505,000	3	2	1	2013	Private
D5920551	SLD	6585 MANASOTA KEY RD	ENGLEWOOD	34223	MANASOTA KEY	3,064	\$925,000	5	3	1	1979	None
D6103601	SLD	5000 GASPARILLA ROAD	BOCA GRANDE	33921	BOCA GRANDE CLUB PH 10		\$2,325,000	3	3	0	1987	Community
D5922901	SLD	16160 SUNSET PINES CIR	BOCA GRANDE	33921	GULF SHORES NORTH 04	7,575	\$6,323,500	7	6	3	2006	Private

Towns-End Shores

PROPERTY STYLE	SOLD TERMS	CLOSE	ID/COLT	CD/COET	CD/I I
			LP/SQFT		SP/LI
Dock-Rackominium	Cash	2/15/2019	\$5.45	\$5.45	1
Mobile Home	Cash	2/15/2019	\$176.65	\$160.38	0.91
Single Family Residence	Cash	2/12/2019	\$100.80	\$100.80	1
Condominium	Conventional	2/12/2019	\$117.22	\$114.47	0.98
Manufactured Home	Cash	2/13/2019	\$114.58	\$108.17	0.94
Condominium	Cash	2/15/2019	\$132.33	\$135.53	1.02
Single Family Residence	FHA	2/12/2019	\$134.96	\$135.87	1.01
Manufactured Home	Cash	2/15/2019	\$99.14	\$95.57	0.96
Single Family Residence	Conventional	2/15/2019	\$133.25	\$129.92	0.97
Single Family Residence	Cash	2/11/2019	\$96.04	\$79.28	0.83
Manufactured Home	Cash	2/14/2019	\$160.70	\$156.72	0.98
Single Family Residence	Cash	2/14/2019	\$223.19	\$223.19	1
Single Family Residence	Cash	2/15/2019	\$148.43	\$134.49	0.91
Single Family Residence	Cash	2/15/2019	\$119.77	\$102.20	0.85
Single Family Residence	VA	2/13/2019	\$180.42	\$152.98	0.85
Single Family Residence	Conventional	2/15/2019	\$130.82	\$116.15	0.89
Single Family Residence	Conventional	2/15/2019	\$190.13	\$176.42	0.93
Single Family Residence	Cash	2/15/2019	\$151.18	\$143.99	0.95
Single Family Residence	FHA	2/13/2019	\$121.82	\$121.82	1
Single Family Residence	Conventional	2/14/2019	\$116.73	\$105.38	0.9
Single Family Residence	Conventional	2/15/2019	\$166.46	\$161.81	0.97
Single Family Residence	Cash	2/14/2019	\$122.21	\$125.06	1.02
Single Family Residence	VA	2/15/2019	\$188.36	\$188.36	1
Manufactured Home	Cash	2/15/2019	\$149.28	\$146.68	0.98
Single Family Residence	Cash	2/14/2019	\$120.87	\$105.15	0.87
Single Family Residence	Other	2/14/2019	\$108.49	\$102.88	0.95
Single Family Residence	Conventional	2/11/2019	\$130.27	\$127.21	0.98
Single Family Residence	Cash	2/15/2019	\$74.19	\$79.12	1.07
Single Family Residence	Conventional	2/13/2019	\$122.98	\$119.59	0.97
Single Family Residence	Conventional	2/15/2019	\$136.51	\$133.83	0.98
Single Family Residence	Conventional	2/15/2019	\$116.04	\$114.25	0.98
Single Family Residence	VA	2/11/2019	\$193.48	\$182.80	0.94
Single Family Residence	Conventional	2/13/2019	\$154.27	\$151.52	0.98
Single Family Residence	Cash	2/15/2019	\$190.25	\$186.42	0.98
Single Family Residence	Conventional	2/14/2019	\$131.76	\$126.07	0.96
Single Family Residence	Conventional	2/14/2019	\$149.98	\$146.75	0.98
Single Family Residence	Conventional	2/15/2019	\$180.17	\$164.94	0.92
Single Family Residence	Cash	2/12/2019	\$141.09	\$128.26	0.91
Single Family Residence	Cash	2/12/2019	\$172.77	\$168.32	0.97
Townhouse '	Cash	2/13/2019	\$146.04	\$143.99	0.99
Single Family Residence	Cash	2/15/2019	\$200.14	\$190.66	0.95
Single Family Residence	Cash	2/15/2019	\$316.29	\$251.90	0.8
Single Family Residence	Cash	2/14/2019	\$234.80	\$215.63	0.92
Single Family Residence	Cash	2/13/2019	\$318.86	\$301.89	0.95

2/14/2019 \$850.18

Conventional 2/11/2019 \$1,438.94

\$839.35 0.99

\$834.79

2/14/2019

1225000

TRUE

Men strut their stuff for mammograms

Bra Dazzle brunch raises money for uninsured, under-insured

By ELAINE ALLEN-EMRICH COMMUNITY NEWS EDITOR

VENICE — The Bra Dazzle brunch Saturday raised awareness of the importance of getting a mammogram in a fun, lighthearted way.

The event at Jacaranda West Golf and Port and Venice. Country Club showcased a bra-decorating contest for individuals, business owners,

students, and cancer survivors, who helped raise thousands to pay for mammograms for those who are under-insured or have no insurance and are in need of the preventative test in Englewood, Charlotte County, North

Local businesses also gave numerous prizes for the event by Rita Bertler and her

son Chris of Pro Audio Service, along with a team of volunteers and male models. The men showcasing homemade bras included Jake Campbell, Roman Romanenko, Brian Faro, Karl Thatcher, Rick O'Neal, Spencer Heldenbrand and Anthony Watts. For more information, visit www. dollarsformammograms. org



SUN PHOTOS BY BY ELAINE ALLEN-EMRICH

The Bra Dazzle models, under the direction of Dollars for Mammograms founder Rita Bertler, take a second to show their sexiest pose. From left: Roman Romanenko, Spencer Heldenbrand, Anthony Watts and Rick O'Neal. Each of the bras sold between \$75 and \$400 at the sold out event



Karl Thatcher, the owner of Kustom Firearms in Englewood, gets the crowd cheering as he raises money for Dollars for Mammograms.



Bra Dazzle supporter Evelina Hutton paid \$300 for the Victoria's Secret bra that came with a halo.

Kristen Conti, of Coldwell

Banker Sunstar Realty in

totaling \$300.

Englewood, bought two bras









Port Charlotte, FL 33981



Joan Mathews, supporter and friend of Rita Bertler, founder of Dollars for Mammograms and Bra Dazzle, paid \$575 for two bras at the event Saturday at Jacaranda West Golf and Country Club. Mathews is a longtime attendee of the annual event.

Looking For A Lampshade? A New Store In Port Charlotte Specializes In That

The Lamp Shade Store in Port Charlotte hasn't been around long, but keeping all inventory in stock has been

challenging.
Q.) When did you open your business?

A.) We opened Oct 1. of this yéar. Q.) How many employees do

you have? A.) One employee. Q.) What is your most popular

item or service? A.) The retro drum lampshades are a popular shade that people want. We also provide lamp repairs. Q.) What is the hardest part

about your business? A.) I think that would have to be keeping all the inventory

in stock. Q.) vynat sets you apart from

other businesses? A.) My customer service

and the fact that we are a one of a kind business.

IF YOU GO Name Of Business: The Lamp Shade Store 2675 Tamiami Trail, Port Charlotte Owner Michael Langton

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Q.) What advice do you have for someone just starting a business? A.) Be very patient and

have a large bank roll.

Q.) What does the future hold for your business?

A.) I am hoping to expand e day with multiple

> Photo cutline: SUN PHOTO BY DEBRA **GOUVELLIS**





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Boyd Brothers





It's a bird. No, it's a plane!

Model aircraft enthusiasts gather in PG to spread their (small) wings

By LIZ HARDAWAY STAFF WRITER

PUNTA GORDA — Brightly colored wings buzzed through clouds, pushing against the slight wind.

Meanwhile, the actual pilot remained safely on the

The Charlotte Radio Control Society had their Vintage RC Society Fellowship gathering Friday and Saturday at their Shell Creek model airfield in Punta Gorda.

This was where people from all around the area donned their sunglasses, puffed cigars and flipped burgers. They banded together and laughed while grading each other on their various landing techniques.

"Flying is social," said Dennis Fortunato, the club's president, but "you have to have thick skin to fly here."

"When you have to charge your battery, that's the best part," said snowbird John Klingele. "You get to interact with everyone."

The Charlotte Radio

Control Society has 104 members and growing. Some are retired pilots.

But every plane has an expiration date, said the club's president, Dennis Fortunato.

"Cashing is a part of flying," Fortunato said.

Multiple members said their love of model airplanes began with piloting control line airplanes as a

The model planes, which are each registered with the FAA, are exempt to drone rules as they keep the planes where they can see

One model plane, their Wright Flyer, recently went on a road trip to North Carolina to be showcased at the NBA All-Star Dunk Competition. The plane was signed by De'Aaron Fox with the Sacramento Kings and Malcolm Brodgen with the Milwaukee Bucks.

The plane took 9 guys working 10 hours a day to complete by the competition Feb. 16 in Charlotte, North Carolina.

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SUN PHOTO BY LIZ HARDAWAY

Joe Dolliver carries his Alaskan bush model plane to fly it in the Shell Creek model airfield Saturday morning.

the famous plane after Tuesday at the K&K Hobby Shop in Port Charlotte, which has acquired it.

The airfield is open seven days a week, with Tuesday and Saturday being the most popular flying days. Thursdays are usually reserved for maintenance.

"Anybody can come watch," Fortunato said, but he asks visitors to drive 10 mph on their road as it's hard to keep the asphalt in place.

To get to the model airfield, which doesn't have a postal address, take Highway 17 out of Punta Gorda to Washington Loop Road. Head east on Washington Loop Road for about a mile or so, until you see the Punta Gorda Water Works plant. The club's flying site is located behind the water plant. GPS Coordinates to the SHELL CREEK R/C FIELD main gate are: N 26 '58' 25.5 "W 081 ' 55 ' 46.3 ".

For more information on the club visit: https:// charlotterc.com/

Email: Liz.Hardaway@yoursun.com



Explore Charlotte history at FGCU's Renaissance Academy

PROVIDED BY RICK RAMOS

FLORIDA GULF COAST University

History is more than a simple chronology learned in school. It comes in a variety of forms depending on the perspective from which it is studied.

One form is the micro-history, which is the intensive historical investigation of a single event, individual or community. Micro-history, a term coined in 1959, asks "large questions in small places," in the words of Charles Joyner, the Burroughs Distinguished Professor **Emeritus of Southern** History and Culture at Coastal Carolina University and a past president of the Southern Historical Association.

In his class "Punta Gorda and Charlotte Harbor Area Prior to 1865," author **Graham Segger explores** the area's micro-history and how national and international events impacted it. The class is 10 a.m. to noon Feb. 28 at Florida Gulf Coast University's Renaissance Academy, 117 Herald Court, Suite 211, in Punta Gorda.

"The class is for people who have an interest in history or curiosity about the Punta Gorda and Port Charlotte region. When you know your history, you have a better sense of where you are and where you're going," Segger said. "One of the things I'm trying to do is

connect Charlotte Harbor to larger global events like the aboriginal presence in the early years, Spanish exploration and the Seminole and Civil Wars."

The class expands on Segger's self-published book "Where Do We Live? Research by a Seasonal Resident of Burnt Store Road," which is based on the correspondence, journals and memoirs of conquistadors, army officers, customs collectors, trading house operators, surveyors and other travelers. The book was featured in the Fort Myers News-Press and other publications. All proceeds from sales of the e-book at wheredowelive. com go the Burnt Store-PPYC Charitable Boating Foundation.

In the class, Segger investigates a variety of diverse topics related to Charlotte Harbor and the surrounding region, such as: the indigenous Calusa people; the first Europeans to arrive in the area; a land dispute that took nearly a century to settle; Charlotte Harbor's role in the Seminole and Civil Wars; and how Spanish fishermen from Cuba underscored the other events.

Before Europeans arrived in southwest Florida during the 16th Century, the region was dominated by the Calusa Indians.

"The Calusa were notable as the only aboriginal people whose culture was almost exclusively

maritime based," Segger said. "Their food supply, tools and even the land their villages were built upon came from maritime resources."

Whether Ponce de Leon or Hernando de Soto was the first European to touch on the shores of Charlotte Harbor remains "a great ongoing debate to which there is no definitive

answer," Segger said. A dispute between the U.S. government and Richard Hackley, who claimed Spain had granted him ownership of nearly one-third of the state including Charlotte Harbor, arose in the early 19th Century. It took until 1905, or nearly 100 years to settle the issue of who owned Charlotte Harbor, according to Segger.

During the Seminole and Civil Wars, various engagements were fought in and around Charlotte Harbor. Small-scale naval actions were common during the Civil War, as Confederates tried to smuggle cotton out and needed supplies in to the area, while Union forces tried to halt the smuggling efforts.

Throughout most of this history, Cuban fisherman established temporary ranchos, fishing for mullet to meet the Lenten demand in Catholic Cuba.

For more information or to register for "Punta Gorda and Charlotte Harbor Area Prior to 1865," call 941-505-0130.

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BUSINESS Journal



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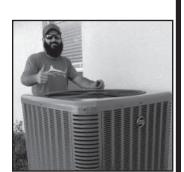
auto mechanic and the business enjoys an excellent reputation. Dr. D's is located at 23415 Janice Avenue in the Whidden Industrial Park in Charlotte Harbor and the phone number is 941-743-3677. For the call or stop by Dr. D's Auto Repair.

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jewelry are just a few of the items in stock. If you are on the search for timepieces, you can find them there, from vintage wristwatches to Rolexes. They also have the stock and knowledge to service Rolex watches. There are even designer pieces for a low price. Westchester Gold sells predominantly jewelry but antiques also line the shelves

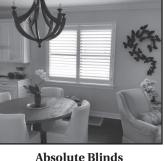
and decorate corners. To browse jewelry online, visit Westchester Gold and Diamonds' website: http:// westchestergold.com/. Whether you're in the market for a unique adornment or an interesting antique, Westchester Gold and Diamond might be the place for you!

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coverings for home or office, Absolute Blinds is there to assist you with free estimates. The store is at 2842 Tamiami Trail, Port Charlotte. Past and present customers can like Absolute Blinds' Facebook page. For more information, visit www.absoluteblinds. com or call 941-627-5444.



Absolute Blinds 2842 Tamiami Trail, Port Charlotte call 941-627-5444

Get all the new movies for free at your library Check out the catalog and

reserve a movie or three

¬ he weather has been warmer than usual this week, and maybe you need to get out of the sun and watch a good movie. You can get them all for free at the library. Here are a few suggestions for what to watch next.

"Bohemian Rhapsody." I asked a friend of mine if she had seen the new "Bohemian Rhapsody" movie and she said that she hadn't wanted to spend the money at the theater. I guess I need to remember to remind my friends more often that you can get all the new movies for free at the library. This movie was incredibly well done; after only a few minutes I completely forgot that these were actors playing a part and not the actual band. Actor Remi Malek does an impressive job portraying Freddie Mercury and the other actors look eerily like the rest of the band. The scenes from "Live Aid" reminded us that we had the whole concert on DVD so we spent the rest of the weekend watching that and seeing a lot of old favorite artists. This movie is a must see for anyone growing up with rock music in the 1980s.

"The Front Runner." This film is about Gary Hart's presidential campaign in 1998; which is very timely since we are starting another presidential campaign cycle (already!). The story chronicles the ups and downs on the campaign trail. Hart wants to run a positive campaign and talk about issues facing the country, but the press just wants to know about his family and personal escapades. This type of scrutiny by the press would make anyone skeptical about running for office and it eventually ends Gary Hart's campaign.

Most of these new movies are in high demand, so if you want to watch them right when they come out you need to get on the request list. You can access your library account on line



Englewood Charlotte Library LYNDA

CITRO

and put up to 15 items on hold at a time and we can call, text or email you when your items arrive.

And don't forget, if you can't get to the library in person you can still get movies at home through the library. If you have an iPad, Android device or smart TV we have streaming movies available through Hoopla on our website. To access Hoopla, go to the library website at http://www2. youseemore.com/charlottecounty/. Click on the desired button in the middle of the page for Hoopla, and you are on your way. Your library is there for you online 24/7.

Great Decisions

The next installment of the Great Decisions Discussion is this Friday from noon to 2 p.m. Join with other community members for lively and informative discussions on the major global issues of our time. Discussions center on the topics outlined in the Great Decisions briefing book provided by the Foreign Policy Association. A copy of the book will also be available as a reference at the library.

Instructor John Randazzo is an Englewood resident and member of the Friends of the Englewood Charlotte Library. He has facilitated Great Decisions discussions in Maine and has a background in teaching English and creative writing. The topic for this week is "The Rise of Populism in Europe."

I hope to see you soon at the library.

The Englewood Charlotte Library is at 3450 N. Access Road in the Tringali Recreation Complex off State Road

COMMUNITY NEWS BRIEFS

Troop 26 benefit

The next Charity Quarter Auction will benefit Boy Scout Troop 26 of Englewood. It's set for 6 p.m. Feb. 27 at American Legion Post 113, 3436 Indiana Road, Rotonda West. Games start at 7 p.m. There will be vendors, prizes and drawings. Paddles are \$3 or three for \$6. You must be 18 or older to play. Bring lots of quarters.

Englewood Democrats

The Englewood Democratic Club will meet at 5:30 p.m. Feb. 27 at the Elsie Quirk Library, 100 W Dearborn St. Members will elect officers and board members for 2019 and vote on club bylaws. Democrats registered to vote in Florida are eligible to join as voting members. Any U.S. registered voter, regardless of affiliation, may join the club as an associate (non-voting) member. Members will meet the fourth Wednesday each

month at the library. For more information, contact Peter Imhoff, Muriel Glaim, or Pam Nolan at Precinct527dems@ gmail.com or call 941-475-4607.

Boating classes

The U.S. Coast Guard Auxiliary will have several classes in **Englewood this Feburary** and March. GPS course for mariners is 6:30-9 p.m. Feb. 25 at 1949 Englewood Road. Cost is \$35 for one person, or \$50 for two, using same book. Boat Smart classes are 9 a.m. to 1:30 p.m. Feb. 23 at the Elks lodge, 401 Indiana Road, Englewood. This course is free. "Suddenly in Command" is set for 10 a.m. to noon March 9 at 1949 Englewood Road. Cost \$20. Must register. Boating Skills and Seamanship is 1:30-4 p.m. Mar 19, 21, 26, 28. Cost is \$45 for, or \$65 for two using same book. Call 941-680-2860 or email helenmcclaskie@ hotmail.com to register and for information.

Sip, listen, dance



Dancing in pink, Fort Myers resident Pamela Seudder has come to the Wine and Jazz Festival every year for seven years. "There are 16 of us that come every year," she said, with some friends coming from Michigan and Virginia. "We met through a group from Naples," she said, "and we're always dancing."

14th annual Wine and Jazz Festival swings to success

By LIZ HARDAWAY STAFF WRITER

PUNTA GORDA —

Wine, or jazz? Attendees at the Punta Gorda Chamber of Commerce's 14th annual Wine and Jazz Festival in Laishlev Park didn't have to choose Saturday, as they got enjoy both.

"It's a hard decision," Naples resident Bob Miller said as he was trying to decide which was better. "You can have wine all the time, but you don't get

to listen to live jazz everyday."

His favorite part, though, were the clouds.

While spectators sipped on their fine wine, performances from Matt Marshak, Sax Pack and Gerald Albright filled the park with smooth, rhythmic jazz music.

About 1,800 people were in attendance Saturday, along with 20 vendors, according to the Punta Gorda Chamber of Commerce. Email: Liz.Hardaway@yoursun.com



The Sax Pack's Steve Cole improvises on his saxophone as Jeff Kashiwa prepares for his solo.

BREAKING

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- **B. BEACH HOUSE** Garden State Lucy twist underwire tankini top with removable soft cups and an H-back that fits and flatters the bust. Sizes 8-16, \$69 (Instore only). Emma solid skort with hidden zip pocket. Sizes 8-16, \$46.
- C. COCO REEF Santa Cruz 5-way bandini with molded cups and underwire for shapely support. Convertible neckline allows you to reinvent your look for versatility. Sizes 32/34D, 32/34DD, 36/38C-DDD, \$82 (Instore only). Solid side shirred classic bikini bottom. Sizes S-XL, \$42.
- D. JESSICA SIMPSON Tijara cropped cami features removable soft cups. Sizes S-XL, \$58. Side shirred hipster. Sizes S-XL, \$44.
- E. JESSICA SIMPSON Under the Sea scalloped edge halter bra top. Sizes S-XL, \$54. Hipster bottom. Sizes S-XL, \$46.

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CHARLOTTE EVENTS

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Chorale Concert: Bach to Bacharach, The Charlotte Chorale accompanied by symphonic musicians will perform a selection of masterworks by Bach, Beethoven, Brahms, Bernstein & Bacharach. 300 yrs of powerful music with complex & captivating melodies and interweaving vocals. March 2, 4 p.m., CPAC in PG. Tickets \$25 call 941-204-0033

Secular Community Meeting, The monthly meeting of the Secular Community of SW FL will take place from 3 to 5 pm on February 24 at the Punta Gorda Boat Club, located at 802 W Retta Esplanade, Punta Gorda. Howard Goldson will speak about Secular Morality. If you have any questions, contact Barb Hazlett at 414-801-8163.

Suncoast Statesmen Barbershoppers, present their Annual Show, HARMONY SHOWCASE, on Sun Mar 24 at 4:30 pm at Burnt Store Presbyterian Church, 11330 Burnt Store Road PG 33955 featuring the multi-talented guest quartet, THROWBACK, & Enharmonics from Port Charlotte High School. Only \$20. Call Paul 419-343-7246 or Jack 941-625-1128

"Whose Streets?" — Free Film at Library, Monday, Feb. 25, 5:30 p.m. Mid County Regional Library. The documentary "Whose Streets?" is the story of the Ferguson uprising by the people who lived it. It shows young people fighting for the community they loved. . Drive. Martha Bireda will lead a discussion following the film.

The Community Calendar items are entered by the event organizers and are run "as submitted." To submit an item, go to www.yoursun. com, select an edition and click on the "Community Calendar" link on the left. Click "Submit Event," and fill out the appropriate information.

ENGLEWOOD EVENTS

■ TODAY

Breakfast Buffet, Am. Legion 113 3436 Indiana Road. 697 3616 Open to the public for breakfast, buffet or to order from kitchen 8-12

Chicken BBQ, BBQ Chicken Dinner \$10 donation. 11:30 am — 1 pm. 941-525-7212 265 Pine St. Public Welcome. Great value.

Sunday Dinner, Broasted Chicken Dinner 2-5 p.m.. Eat in or get to go! Bar food available all day. Rotonda Elks, members & guests

Bar Poker, Bar Poker

 Rotonda VFW Post. Starts at 1 pm. Stop in and join the fun. Members & guests. 697-1123

Saxophones Concert,

3 p.m., top area artists, classical to jazz, freewill offering, EU Methodist Church, 474-5588, www.englewoodumc.net

Ballroom Classes, Starting Monday Feb. 25 4:00 Beginner/ **Intermediate Englewood Sports** Complex for info call 941-496-9692

Fc Fuel Teen Group, FUEL High School Youth Group meets Sun. 4 p.m. @ 140 Rot. Blvd. W. Join us for fun, food & Bible Study. 475-7447

NORTH PORT EVENTS

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WINNERS CIRCLE

American Legion Post

• Sunday Darts winners Feb. 17: Game 1: 1-Tommie Holl, Mike Vest; 2-Nancy Heder, Pat Seaman; 3-Fern Tropea, Tony Panacci. Game 2: 1-George Stern Jr., Geo Holl; 2-Tommie Holl, Nancy Becker; 3-Margaret Baldwin, Mike Vest.

American Legion Post 110

• Bridge winners Feb. 18: Jane Cain, 5710; Ann Beers, 4870; Corlotta Crowell, 4110; Jerry Flower, 3750.

Charlotte Harbor Yacht

• Slam Bridge winners Feb. 20: 1-Chuck Floramo; 2-Diane Floramo; 3-Carol Jeffrey.

Cultural Center of Charlotte County

• Duplicate Bridge Club winners Feb. 14 (a.m.): (N/S) 1-Jessica Jenks, Mary Brose; 2-Peter Harrington, Bob Bonjean; 3-RJ Moore, Jean Holcomb. (E/W) 1-Bob Rancourt, Janet Williams; 2-Linda Jones, Aurel Leaf; 3-Gary and Judy Cole. Feb. 14 (p.m.): (N/S) 1-Phyllis Morgan, Bill Murphy; 2-Diana and Warren Prince; 3-Sue Zlotocha, Judy Nick. (E/W) 1-Rosalie Bourque, Mary Ann Baird 2-Ann Benmayor, Mary Knowles; 3-Nicole

Parker, Bill Sharp. Feb. 19: (N/S) 1-Bob Rancourt, Dottie Harrop; 2-Liz Barnes, Victoria Chaison; 3- Judy Nick, Sue Zlotocha. (E/W)

1-Bonnie Elliott, Steve Nick, 2- Doug Brenner, Ken Facer; 3-Ann Benmayor, Bruce Baurer. • Mahjong winners Feb. 14:

Table 1: Kathy Cimaglia, Toni Trezise; Table 2: Carole Drake, Linda Chappell; Table 3: Brenda Merran; Table 4: Julee Craig, Marie Devlin; Table 5: Emily Hughes. Feb. 19: Table 1: Carole Drake, Gina Adamo; Table 2: Merry Davine, Barb Polisar: Table 3: Stephanie Stromberg, Evelyn Kalmaer; Table 4: Marie Devlin; Table 5: Cindy Robertson; Table 6: Jerrie Lee.

• Port Charlotte Cribbage Club 147 winners Feb. 18: Bob Sheehan, 31; John McPherson, 27; Lorraine Titus, 27; Bea Cook, 25; Roland Cull, 25; Bob Labossiere, 25. Feb. 20: Frank White, 16; Bea Cook, 15; Lynn Davis, 15; John McPherson, 14; Bob Labossiere, 14.

Englewood Elks

• Trivia Game winners Feb. 19: 1-Villains: 2-Oak Forest Nuts

Fisherman's Village Yacht Basin

• Mahjongg winners: Feb. 19:

210; 2-Leslie Ryan, 170; 3-Julianna Smith, 145; 4-Peggy Healy 110. Feb. 21: 1-Marilyn Johnson, 285; 2-Julianna Smith, 265; 3-Fran Shoemacher, Martha Huntszicker, 170; 4-Patty Smith, 145.

Pauline Comeau, Connie Desplinter,

Isles Yacht Club

• Duplicate Bridge winners Feb. 20: 1-Jan Savino, Emma May Goddard; 2-Chip and Sally Smith; 3-Sherry Lane, Chris Taylor.

Kings Gate

• Friday Night Double Deck Pinochle winners Feb 15: Kathy Garbowicz, 1269; Gary Sblendorio, 1202.

Kingsway Country Club

 Ladies Bridge winners Feb 13: 1-Marlene Warburton, 2-Judy Mau. Feb 15: 1-Gerrie McGee, 2-Judy Mau. Feb. 20: 1-Marlene Warburton, 2-Linda Bellmore.

• Partners Bridge winners Feb. 13: 1-Jim and Gerrie McGee; 2-Bev Bossert, Jeanne; 3-Rodger Dowdell, Lucy Schmidt. Feb. 20: 1-Dave Baker, Norma Block; 2-Linda Bellmore, Bev Bossert.

Moose Lodge 2121

• Euchre Card Game winners Feb. 21: John Farney, 83; Bonnie Cumper, 77; Rolf Boehler, 74; Alice Williams, 71; Gary Fisher, 70; Larry Barratt, 70; Denny Solomon, 70;

Debby Laczek, 70. • Contract Bridge winners Feb. 20: Andy Sponogle, 5080; Barbara Allore, 5070; Carolanne, Hoehle, 4960; Jay Oberlander, 4790; Art

Port Charlotte Bridge Club

• Bridge winners Feb. 15: 1-Cleta Clark, 4860; 2-Marla Johanson, 3930; 3-Blanche Thum, 3900; 4-Pat Mulligan, 3790.

PGI

Fritz, 4780.

• PGICA Monday Night Duplicate Bridge winners Feb. 18: 1-Melissa Brown, Jeanne Hogan; 2-Jackie and Bob Whiteaker; 3-Lila Jameson, Jack Bulkley.

Riverwood • Friday Night Trivia Game winners Feb. 15: 1-Sawgrass

Sharks; 2-Riverwood Rebels.

Twin Isles Country Club

• Duplicate Bridge winners Feb. 20: 1-Emma Mae Goddard, Pam Lawler; 2-Joan Lasley, Dagmar Shepard. Feb. 21: 1-Katie Costello, Mary Lou Miller; 2-tie — Nancy Padgett, Sharon Groff and Nancy Scheer, Joanne Ryder.

WEEKLY RECORD

Charlotte County marriage licenses

- Kent Wayne Renner of Port Charlotte, and Kelley Anne Wright of Port Charlotte
- · Roland Emile Olivier of Milan, N.H., and Joan Paulette Paustian of Milan, N.H.
- · Ronald Wayne Dyer of Greensburg, Ind., and Kimberly Rene
- Pittman of Greensburg, Ind. · Mark Andrew Nugent of Wisconsin Rapids, Wis., and Sue Ann
- Rokus of Wisconsin Rapids, Wisc. • Maria Consuelo Romero of Central Islip, N.Y., and Luis Ricardo
- Gomez Florez of Central Islip, N.Y. · Weston Gabriel King of Romulus, Mich., and Keeley Marie
- Sanders-Masch of Romulus, Mich. • Richard John Sleezer of Toms River, N.J., and Mary Fraser Judge of Island Heights, N.J.
- · James Donald Lenway of Faribault, Minn., and Bonnie Lou Stoltz of Faribault, Minn.
- Simone Natasha Nembhard of Port Charlotte, and Vincent Simpson of Port Charlotte
- Danny Joe Quick of Port Charlotte, and Kathy Joy Brantley of

Port Charlotte

- Mohit Rajendrabhai Patel of Port Charlotte, and Jennifer Renea Harrison of Port Charlotte
- Casey Levi Eaton of Port Charlotte, and Talisa Lynn Meng of Port Charlotte
- James Curtin Taylor of Port Charlotte, and Deborah Janice Cascio of Port Charlotte
- William Russell Knowles of Punta Gorda, and Danna Marie Vanantwerp of Punta Gorda
- Adrian Jacob Bowen of North Port, and Devon Rowand McCarthy of North Port
- Romario Brian Dino Williams of North Port, and Kimberley Delesha
- Richards of North Port Salvador Morales of Port Charlotte, and Marta Graciela
- Rodriguez Flores of Port Charlotte · Louis Walter Winter of Orlando, and Ruth Marie Sommers of Punta Gorda
- David Juan Sousa of Port Charlotte, and Amber Dawn Burrell of Port Charlotte
- David James Neel of Port Charlotte, and Amanda Marionna Kunstmann of Port Charlotte
- Robert Aulden McLean of Port

Charlotte, and Tanya Liberty Purcell of Port Charlotte

- Beatrice Stephanie Liautaud of Fort Myers, and Travonte Daray Russ of Fort Myers
- Luigi Amabile of North Port, and Dorothy Denice Packett of North
- Fernando Arturo Putzeys of Port Charlotte, and Angela Dawn Jones of Port Charlotte
- Aaron Alex Salcedo of Sarasota, and Kristen Elizabeth Barker of Sarasota
- Kyle Anthony Vulgamore of Port Charlotte, and Kristen Nichole Roughton of Port Charlotte Melissa Sue Odom of North
- Port, and Carlinton Obraine Sinclair of North Port • Nicholas Charles Daniels of
- North Port, and Riana Lea Neil of North Port

Charlotte County divorces

- Lynette M. Alexander v. Robert C. Alexander
- Annie Rachel Arroyo v. Carlos
- Gabriel Mercado • Jeffrey George Beeten v. Tina

• Julia A. Bennie v. Robert Joseph

- Gary Bills v. Leather Marie Bills • Cherie Sue Bolyard v. David Alan Bolyard
- Adrian J. Bowen v. Darlene Marie Bowen • Miranda Leigh Dansky v. Kelly
- Lynn Nancy Dansky • Amanda Davis v. Joshua Davis
- Jacob Evan v. Cherain Evan • Jessica Giglia v. Jeremy William Giglia
- Jamie Hunt v. Stephanie Hunt · Barbara A. Letendre v. Michael J. Letendre
- Robin Long v. George Long Jr. Melanie McCall Moulton v. William Coburn Moulton
- Brittanie Amber Nunez v. Eduin Portillo
- Thomas J. O'Connell v. Amanda O'Connell
- Mark Stadtmiller v. Joy Marie Stadtmiller
- Margaret G. Thomas v. William H. Thomas
- Danielle Anne Vander Ploeg v. David Thomas Vander Ploed
- Desmond S. Wint v. Annette A. Wint

BIRTHDAYS



Happy 95th birthday to Marjorie Morrison on her special day Feb. 23.



Happy 20th birthday to Hannah Hernandez on her special day

Feb. 25.



Happy 76th birthday to Diane "Red" Jacobs on her special day

Feb. 25.



Happy 10th birthday to Elizabeth AnnMarie Miles on her special day Feb. 25.



Happy 62nd birthday to Rumpung West-on her special day Feb. 26.





Happy 88th birthday to Albert Johnson on his special day Feb. 27.

Adult Day Care



Happy 9th birthday to **Bryce Matthew Morse** on his special day March 1.

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St. Baldrick's: Shaving heads for kids with cancer

Organizers seeking people to volunteer to have their heads shaved/donate for research

By DAN MEARNS

FEELING FIT CORRESPONDENT

There is nothing more heartbreaking than a child with cancer. This was recognized by President Trump in his recent State of the Union address, which came 10 days before International Childhood Cancer Day on Feb. 15. Joining First Lady Melania Trump in the gallery for the speech was 10-year-old Grace Eline, whom the president said completed treatment for brain cancer last fall.

The president said he will ask the Congress for \$500 million over the next 10 years to fund childhood cancer research, which is extremely underfunded. More money will be needed and needed sooner.

An opportunity for locals to contribute takes place on March 9, when the Celtic Ray Public House in Punta Gorda hosts the area's first St. Baldrick's Shave-a-Thon from 2 p.m. to 6 p.m. Organizers Ben and Kathi Haynie are seeking people who will volunteer to have their heads shaved and encourage their friends to donate money for childhood cancer research.

"Whether they decide to shave their head, volunteer, or donate, we hope everyone will be a part of the excitement," said Kathi Haynie,

ST. BALDRICK'S SHAVE-A-THON

The Celtic Ray Public House, 145 E. Marion Ave., Punta Gorda, hosts the area's first St. Baldrick's Shave-a-Thon from 2 p.m. to 6 p.m. March 9.

Organizers Ben and Kathi Haynie are seeking people who will volunteer to have their heads shaved and encourage their friends to donate money for childhood cancer research.

For more information on St. Baldrick's, visit www.stbaldricks.org or call Kathi at 775-220-1644.

The event includes many raffle prizes and a 50-50 raffle. Everyone who shaves their head and raises at least \$50 will receive a St. Baldrick's T-shirt.

A nonprofit, 501(c)(3) organization, the St. Baldrick's Foundation is the leading private funder of childhood cancer research grants in the United States and around the world. Kids with cancer often lose their hair during treatment, so the head shaving shows kids with cancer that they're not alone.

The charity was started in 2000 by a trio of insurance executives who shaved their heads at Jim Brady's Irish pub in Manhattan on St. Patrick's Day. The name is a combination of "bald" and St. Patrick's — St. BALDrick's. St. Baldrick's became an independent



PHOTO PROVIDED

Kathi, Shaun and Ben Haynie wear shirts honoring childhood cancer victim Joshua at a St. Baldrick's event in Las Vegas.

foundation 2005 and has raised more than \$258 million to support research.

The Haynies, who moved to Punta Gorda in April of last year, brought the St. Baldrick's concept with them from Nevada, where they attended events in both Las Vegas and Reno.

"My husband was the first to shave his head." Kathi said. "This will be the ninth year he's done it, and he raised money each time. I did it two years ago, and my stepson Shaun's done it for two years in a row, and he'll be coming from San Diego to do it again this year.'

of the most successful St. Baldrick's shave events on the West Coast.

"It's a lot bigger there than it is here," she noted.
"It's just not taken off on was reluctant. the East Coast much, I guess. I think they do two in Fort Myers and one up in Tampa, but nothing in between. In Vegas, there

Kathi said Reno has one were probably 10 or 12 on the same day.'

Although Kathi watched her husband and others have their heads

"I couldn't do it. I was too vain," she said. "Then my boss at the time came

KIDS | 4

Take Safety to Heart

Positive Aging Symposium addresses senior safety

By RUSTY PRAY

FEELING FIT CORRESPONDENT

Stephen Carter, executive director of the Cultural Center of Charlotte County, glanced around one of the center's meeting rooms.

Vendors, from the Charlotte County Sheriff's Office to Lifelong Learning to Bayfront Health lined the walls. At least 100 people sat at tables waiting for the seventh annual Positive Aging Symposium to begin.

The theme was Take Safety to Heart.

"What we're to trying to do is get everybody in the community together to let people know how seniors

Tanya Metyk, M.D. **Board Certified Internal Medic**

can go out and do things, where they would go to do them, and how we can help them," he said.

The Positive Aging Symposium was hosted and coordinated by a community group — the Positive Aging Committee that was formed in 2016 with focus on educating elders in Charlotte County on relevant issues and local resources related to those issues, according to a press release. The group is cochaired by the Friendship Centers of Charlotte County and the Florida Department of Health. Additional members include representatives

For more photos, see page 4.

from Bayfront Health and various industries including health care, social services, and others who serve the elder residents and visitors of Charlotte County.

Carter is a board member.

'What we find is, as we get older, there's the isolation factor," he said. "Maybe you're by yourself now, and it's 'What do I do? Where do I go?' That's the idea behind doing these."

The agenda included a presentation by Jennifer McManus of Bayfront Health on stopping bleeding, applying tourniquets and performing compression-only CPR. Gregory Whyte of the Cultural



Jennifer McManus demonstrates a combat application tourniquet from the Stop the Bleed program.

Center demonstrated the importance of balance and fall prevention, Tammy Wilkie of the Sheriff's Office talked about Project Lifesaver; Diane Young of the Sheriff's Office made a presentation on scams and economic crimes against seniors; and Kris Chana of Chelsea Place discussed a free senior referral service.

"It's beautifully laid out and full of information,"



FEELING FIT PHOTO BY JERRY BEARD

Charlotte County Sherriff's Office Community Affairs Specialist Tammie Wilkie, demonstrates the Project Lifesaver transponder, at the Positive Aging Symposium, in Port Charlotte. The wristband shown on the left, can be found by the radio on the right. This helps the Sheriffs Department locate someone who is wearing the wristband and who may be in trouble.

AARP's Tess Canja said. "You should be able to leave here with an excellent idea of how to save yourself and how to help others."

Wilkie presented

an underpublicized but vitally important Sheriff's program called Project Lifesaver, that fits

SAFETY | 4

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E/N/C www.yoursun.com **The Sun** | Sunday, February 24, 2019 Page 2

Doctors in Charlotte County are prepared to fight breast cancer

By JOHN F. GUARINO M.D., P.A.

Patients in Charlotte County can receive excellent, effective treatment for breast cancer. Charlotte County has a multi-



GUARINO

tude of specialists with experience and expertise in treating breast cancer. We have board-certified radiologists, general surgeons, radiation oncologist, medical

oncologist as well as plastic surgeons that are all well trained in treatments of breast cancer care.

Dr. Vance Wright-Browne, oncologist at Florida Cancer Specialists stated "Charlotte County is able to provide all facets of state of the art breast care including 3D

mammography, stereotactic and ultrasound guided biopsies, breast conservation surgery, mastectomy, 3D conformational radiation and systemic chemotherapy. Patients can feel comfortable that their experience and care here is equivalent to that in large volume centers, while performed in close proximity to their homes, family and community.'

Charlotte County hospitals, as well as outpatient imaging centers, have state of the art, breast imaging modalities. Minimally invasive stereotactic, ultrasound guide and MRI guided biopsies are done on an outpatient basis.

Dr. Margo Roca, a radiologist at Millennium's Women's Center explained, "For years I have referred breast cancer patients to local colleagues of general surgeons, radiation oncologists and medical oncologists. Their multi-disciplinary approach has been highly successful and efficient, while providing excellent cosmetic results and patient satisfaction."

General surgeons complete a five year surgical residency. Breast surgery is a large component of the training. Surgeons, through continuing medical education, stay up-to-date with the latest treatment options in regards to mastectomy vs. lumpectomy with sentinel lymph node biopsy. I perform a variety of breast procedures in my office and outpatient surgery center with excellent results and patient satisfaction.

Breast conservation surgery will require post-operative radiation. Dr. David Rice of

21st Century Oncology stated, "Radiation is used along with surgery to reduce the chances of cancer recurrence. In Charlotte County we have radiation machines capable of treating the affected areas effectively without exposing normal tissue to excessive dose. New technology allows for shorter treatment interval, compliance and convenience. Patients who had surgery locally were treated appropriately, with excellent cosmetic results and high patient satisfaction.'

At times, patients will need chemotherapy to minimize a recurrence or metastasis. Dr. Ivor Percent, oncologist at Florida Cancer Specialists added, "In Charlotte County we utilize a multi-disciplinary treatment approach to breast cancer. Our radiologists,

surgeons, pathologists, radiation oncologists and oncologists closely work together to ensure patients in our community have access to world class medicine in a hometown environment. We accomplish this through an interdisciplinary conferences and continual communication between the treating physicians. We also have access to national clinical trials. Charlotte County has comprehensive breast care available that is second to none."

The doctors in Charlotte County are prepared to fight this disease.

John F. Guarino M.D., P.A. is a general surgeon who practices in Charlotte County. He is located at 4245 Kings Highway, Unit A, Port Charlotte. He can be reached at 941-391-5102.

Diabetes still a dangerous condition in era of modern medicine

BY AMERICAN HEART ASSOCIATION NEWS

Despite medical advances, having diabetes is still linked to a higher risk of dying from cardiovascular disease, new

research shows. It's long been known that diabetes – a condition that causes blood sugar to rise – increases the risk of death from multiple causes. Past research

showed people with diabetes are twice as likely to develop and die from cardiovascular diseases, including heart disease, heart failure, heart attack and stroke.

But there has been little research looking into diabetes-related mortality among patients getting routine care in the modern era of reducing cardiovascular disease risk. For the new study,

published Tuesday in the Journal of the American Heart Association, researchers from several Veterans Affairs hospitals looked at data from more than 960,000 people including nearly 330,000 with diabetes - who received routine primary care from 2002-2014 in the

VA Healthcare System. After analyzing an average eight years' worth of data for each patient,

researchers concluded that while diabetes-related deaths were lower than they were in the 1980s and 1990s, diabetes still had a major impact on higher death rates. The study found diabetes was associated with a 16 percent increase in dying from any cause and an 18 percent increase in dying from cardiovascular disease.

The study also showed that for people who had diabetes, an A1C level of 6 to 6.9 percent was associated with the lowest levels of death, regardless of how old they were. An A1C test measures a person's average blood glucose control for the past two to three months.

"I think that's notable, because it shows age alone isn't that informative. Treatment decisions are a lot more complicated than just basing decisions on someone's age," said Dr. Sridharan Raghavan, the study's lead

Raghavan, a professor at the University of Colorado School of Medicine, said that while the exact relationship between A1C levels and mortality rates — and how to use A1C measurements to guide care — remains unclear, doctors should watch the levels closely in patients with diabetes.

"Even if we don't understand the relationship, it can still tell us something

about a person's overall health and risk of mortali-

ty," he said. Dr. David Aguilar, a cardiologist who wasn't involved in the study, said the research was limited by being an observational study of mostly male military veterans. But he said the results added to the body of evidence for treating diabetes to lower mortality risk.

"It shows that we're doing better, but it also reminds us of the importance of glucose control. We need to treat people according to guidelines and get their hemoglobin A1C levels to less than 7 percent if they can tolerate that safely," said Aguilar, an associate professor of cardiovascular medicine at the McGovern Medical School at the University of Texas Health Science Center at Houston.

Aguilar, who wrote an editorial that accompanied the study, called for future studies that explore the best strategies to lower cardiovascular risk with newer diabetes medications. Raghavan said more research is needed to pinpoint which patients are best able to lower their mortality risk by maintaining specific A1C levels.

Both agreed that education is key to dropping the risk even further. Aguilar pointed to "Know their risk."

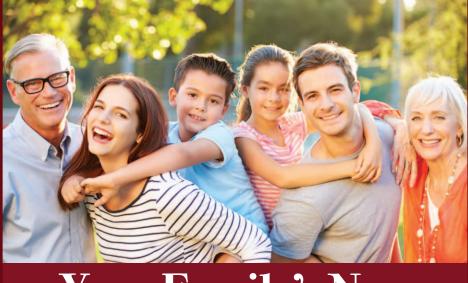
Diabetes by Heart," a new initiative launched by the American **Diabetes Association** and American Heart Association to raise awareness about the link between the two diseases.

According to a recent Harris Poll, only about half of people 45 and older with Type 2 diabetes recognized their risk for a heart attack or stroke. About 26 million American adults have been diagnosed with diabetes, and an additional 92 million have prediabetes, a condition that increases the risk for Type 2 diabetes.

You can actually mitigate a lot of the mortality risk related to diabetes by controlling cardiovascular risk factors like smoking and cholesterol levels and blood pressure levels," Raghavan said.

Aguilar said doctors need to have frank discussions with patients about the relationship between diabetes and cardiovascular disease, and talk about how exercise and maintaining a healthy weight decreases heart disease risk.

"It's not just about blood sugar," he said. "Health care providers have to focus on a comprehensive approach and discuss all the different issues and strategies that will empower the patient to lower



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Deadlines:

Support groups and News & Notes are published as space permits. To be included send the information to feelingfit@sun-herald.com. Deadlines for listings are the Monday prior to publication.

Correction

A photo in the Feb. 17 edition of Feeling Fit misidentified Mari Usera in the photo caption. The correct photo is below.



FEELING PHOTO BY SANDY MACYS

Mari Usera, left, leads others in a start of their walk at the 2019 Charlotte County Heart Walk held at Laishley Park, 120 Laishley Court, Punta Gorda.



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3D printer helps surgeons rebuild deformed jaws in Haiti

By TOM AVRIL

THE PHILADELPHIA INQUIRER

For five years, Jefferson
University Hospital surgeons
have been traveling to Haiti to rebuild the jaws of patients whose
faces are disfigured by benign,
yet massive tumors. These are
delicate operations, made all the
more challenging because the
doctors cannot see what they are
dealing with until they arrive in
a sparsely equipped operating
room in Port-au-Prince and meet
their patients.

This year they tried a new tactic: making models of the patients' jaws in advance, with 3D printers in Philadelphia.

The idea was to use the plastic models as a guide, allowing the physicians to bend titanium surgical plates in the exact shape of each patient's jawbone — a task normally done during surgery. Shaping the plates in advance would save up to an hour in the operating room, reducing time under anesthesia, the risk of infection, and other complications, and it also would help the surgeons achieve a more faithful reconstruction of each patient's original anatomy.

The concept is unusual even in the United States. Jefferson physicians have been making jaw models for this type of surgery only for the past year and a half, using a suite of printers housed in a former bank vault in Philadelphia.

For patients in poverty-stricken Haiti, still recovering from the 2010 earthquake, the high-tech advance was like something from another world.

"It was life-changing," said Patrick Jean-Gilles, chief resident of the ear, nose and throat/head and neck surgery department at

Haiti State University Hospital.
Jean-Gilles sent discs containing three patients' CT scans to
Jefferson in early January, and
Robert S. Pugliese, director of
Jefferson's Health Design Lab,
got to work. Assisted by medical

students, he converted the scans into computer files that could be interpreted by the lab's printers. Then he kept watch for days as the printer nozzles glided back and forth, depositing layer after layer of plastic in the shape of the patients' jaws and other facial bones.

Though invented decades ago, 3D printers have only recently begun to transform medicine in various ways, as the cost of the boxy machines has declined. Some physicians use printed models of body parts as a visual aid, planning the best approach for surgery when a patient's anatomy is especially complex. Others use printers to fashion actual devices to be implanted in a patient. Those typically are made from plastic and other inert materials, though increasingly, researchers are experimenting with devices that can "print" cartilage and other living tissue.

A printed model of a jawbone lies somewhere in between. It can help in visualizing the best strategy for a surgery, and it also serves as a template for bending the titanium plate that is screwed into what remains of a jaw eroded by a tumor.

Dominick Gadaleta, Jefferson's chief resident for ear, nose, and throat/head and neck surgery, demonstrated the process last month, shaping a narrow strip of metal with a device that looked like a heavy-duty pair of pliers. He matched the metal's curvature precisely to the contours of a jawbone model made from one of the Haitian patient's scans.

"It's a much better anatomical fit" than what can be achieved in the operating room, Gadaleta said

Jefferson surgeons have used this technique on two dozen U.S. patients so far, and they say it is especially useful for patients in Haiti, some of whose tumors are so large that the bone beneath has been destroyed. In the case of a 26-year-old Haitian woman

whose right jaw was completely gone, physicians planned to bend the metal in a mirror image of her left jaw, said Joseph M. Curry, a Jefferson head and neck surgeon who is a co-leader of the Haiti project.

The various benign tumors of the jaw are no more common in Haiti than in the U.S., but here they typically are removed while still small. In Haiti, where such surgeries were not readily available until recently, some patients' tumors have grown to half the size of their faces. They need both a delicate tumor removal and also a complex reconstructive procedure that is not yet performed by Haitian physicians.

The growths are generally not painful, but patients can suffer from stigma, isolation, and difficulty eating and finding a job, Curry said.

Curry flew to Miami the night of Jan. 15, then caught an early morning flight to Haiti the next day, the first of four days he would spend in the operating room at St. Luke's Hospital in Port-au-Prince. He was one of a team of 20, including Jefferson surgeon David Cognetti, two surgeons from the University of Miami, and nurses, residents, and students from both institutions. Two of the group were there on a different mission: discussing a potential "telehealth" program through which Haitian physicians could consult their U.S. counterparts.

Eight patients underwent tumor removal and facial reconstruction surgery. The surgeons had 3D-printed models in only two of the cases, as the necessary CT scans cost more than \$300 — out of reach for many people in the impoverished country, Jean-Gilles said. A third 3D-printed model had been made for a ninth patient, but the physicians were concerned she might have cancer, and elected to postpone the surgery pending the results of a biopsy.



PHOTO PROVIDED

Dr. Joseph Curry, right, and Robert Pugliese look at a 3D-printed model of the jaw of a Haitian woman with a disfiguring tumor.

The surgeons occupied two operating rooms at St. Luke's, tackling one case per day in each room. Some of the clinicians were tasked with cutting away the tumors while others handled the reconstruction. Jean-Gilles took part as well.

On each patient's jawbone, the surgeons screwed in a sterilized metal plate. In the two cases with the printed models, the plates had been custom-bent in advance.

Then the surgeons cut pieces from each patient's fibula, the smaller of the two lower-leg bones, and attached those to the metal plates. (People can still walk with most of that bone removed.) With painstaking care, they attached the blood vessels in the implanted bones to veins and arteries in the patients' necks. In the two cases where models were printed in advance, the time saved during surgery meant less time for the pieces of leg bone to go without oxygen, in addition to the other advantages. Each case took all day.

The team worked with limited resources. Unlike in the U.S., the patients did not undergo scans of their legs to ascertain the health of blood vessels before the surgeons removed the fibula. Because the patients were fairly

young, the team decided it could omit that step, Curry said.

Also unlike in the U.S., the patients recovered with non-opioid pain medications. Opioids can suppress the respiratory system, and the Haitian hospital had limited technology to monitor the patients' breathing rate. But the non-opioid alternative, though safer, provided less pain relief.

"They do remarkably well," Curry said. "They're not comfortable, but they're OK."

While all eight surgeries were successful, the surgeons achieved a better fit for the two patients whose jaw models had been printed in advance, Curry said.

"It's giving them basically their old jawline back," he said. A week later, Jean-Gilles said

all eight were recovering well. "They are all so satisfied," the Haitian surgeon said.

And with the knowledge gained from working alongside the Jefferson and Miami surgeons, Jean-Gilles plans eventually to undertake the complex reconstructive surgeries himself.

But at Jefferson, lab director Pugliese said that because the printers have already saved so much time in the operating room, they already have paid for themselves.

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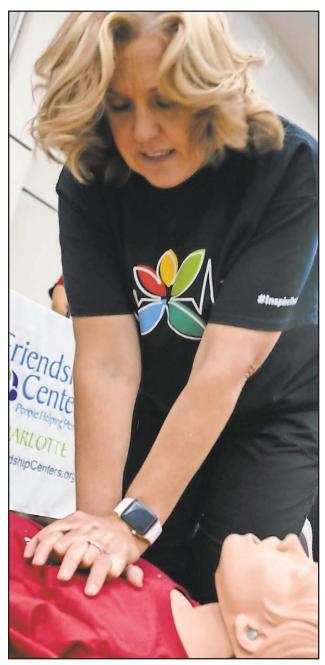
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E/N/C The Sun | Sunday, February 24, 2019 Page 4 www.yoursun.com

Positive Aging Symposium

The Positive Aging Symposium was held at the Charlotte Cultural Center, in Port Charlotte, on Feb. 14. Speakers presented information on identity theft, CPR, fall prevention and bleeding.

Sponsors of the Symposium spoke to the crowd. Lunch was served, and a raffle held. For more information on Stop the Bleed, visit BleedingControl.org. For information on the Project Lifesaver wristband, contact Tammy Wilkie of Charlotte County Sheriff's Office, at 941-833-1824.



FEELING FIT PHOTO BY JERRY BEARD

Jennifer McManus demonstrates Hands Only CPR.

SAFETY **FROM PAGE 1**

Alzheimer's patients and others with a propensity to wander with a personalized wristband that emits a tracking signal. When a caregiver notifies 911 that a person is missing, a search-and-rescue team is dispatched with the tracking device.

Currently, she said, 31 are enrolled in the Charlotte County program. Considering an estimated 8,000 people in Charlotte County are afflicted with the disease, and more than half of them tend to wander from home, that number could be higher.

"We have to make sure there's a way to help them and a way to help the caregivers," she said. "When I go to a house to put a Project Lifesaver band on a family member, I watch the caregivers breathe a sigh of relief.

They have an additional tool to keep their loved one safe, and it gives our deputies a tool to be able to find them and get them back home."



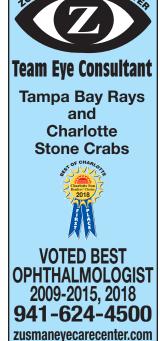
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FEELING FIT PHOTO BY JERRY BEARD

Charlotte County Sherriff's Office Economic Crimes Unit's Sqt. Diane Young, tells the crowd how to avoid scams and identity theft.



FEELING FIT PHOTO BY JERRY BEARD

Tidewell Hospice's Nafi Cunningham explains how hospices



FEELING FIT PHOTOS BY JERRY BEARD

Martial arts and fitness instructor Gregory Whyte tells the crowd how to prevent falls, at the Positive Aging Symposium, in Port



FEELING FIT PHOTO BY RUSTY PRAY

Jesse Cantwell of LifeCare Center of Punta Gorda was among the more than 20 vendors to attend the Positive Aging Symposium at the Cultural Center of Charlotte County.



FEELING FIT PHOTO BY RUSTY PRAY

Tammie Wilkie, left, and Judy Prummell work a table on behalf of the Charlotte County Sheriff's Office at the Positive Aging Symposium. Wilkie made a presentation on Project Lifesaver.

Alzheimer's support groups

The Alzheimer's Association holds monthly caregiver suapport groups for spouses, adult children and family members who want to connect and share insight with others in similar situations. RSVP is not required to attend. For questions on groups and services through the Alzheimer's Association, please call 941-235-7470.

Port Charlotte area

• 3 p.m. third Tuesday at South Port Square (Harbor Terrace), 23033 Westchester Blvd., Port Charlotte.

• 3 p.m. third Thursday at Port Charlotte United Methodist Church, 21075 Quesada Ave., Port Charlotte. Punta Gorda area

• 3 p.m. third Monday at Life Care center, 450 Shreve St., Punta Gorda.

• 3 p.m. second Tuesday at Punta Gorda Civic Association, 2001 Shreve St., Punta Gorda.

Englewood area

• 10:30 a.m. third Friday, **Englewood United Methodist** Church, 700 E. Dearborn St., Englewood.

Alzheimer's Caregiver **Support Group**

The Alzheimer's Caregiver Support Group meets from 3 p.m. to 4 p.m. the second Tuesday every month at The Springs at South Biscayne, 6235 Hoffman St., North Port. Call

941-426-8349 to register.

Amputee Support Group

The Amputee Support Group meets at 3 p.m. on the second Monday of every month at the Life Care Center, Punta Gorda. Contact George Baum at 941-787-4151 for more information.

At Ease, Veterans

Combat veterans from Gulf Cove United Methodist Church are providing some of the support and discussion that our veterans deserve. On the first Tuesday of each month at 6 p.m., they are at the American Legion Post 113, at 3436 Indiana Road in Rotonda West. Veterans are invited and encouraged to join them. Gulf Cove UMC is located at 1100 McCall Road in Port Charlotte, just 3/4 mile south of the Myakka River on Route 776. The church can be reached at 941-697-1747 or GulfCoveUMC@gmail.com and their website is found at http:// GulfCoveChurch.com.

Breast cancer networking

The Venice Breast Cancer Networking Group meets on the third Tuesday of the month at the Elite Health Wellness Center at 4125 S. Tamiami Trail, Suite 2, Venice. Time is from 2 p.m. to 3 p.m. It is a

safe place for newly diagnosed and survivors to talk with informative speakers in alternate months. Contact Dawn Moore at 941-408 9572 or http://www.jfcs-cares.org/ services/cancer-support/.

Breastfeeding support group

The Florida Department of Health, local partners and organizations, such as the American Academy of Pediatrics, strongly recommend babies exclusively breastfeed for the first six months of life and continue to breastfeed for one to two years.

There are a variety of programs and resources to empower breastfeeding moms. Health professionals and peer counselors provide a range of services from right after birth at the hospital to breastfeeding support groups in the community as noted below:

 Tuesdays, 11:30 a.m. to 1 p.m., WIC in partnership with Lactation Love Breastfeeding Support Group, Jacaranda Library, 4143 Woodmere Park Blvd., Venice. Contact: Arielle Ball, DOH-Sarasota, WIC and Nutrition Services, Arielle.Ball@ FLHealth.gov or 941-685-3324.

• Second Wednesday each month, 1 p.m. to 2:30 p.m., North Port Library conference room, 13800 Tamiami Trail, North Port. Contact: Jamee Thumm, Healthy Start Coalition of Sarasota County, jamee. thumm@gmail.com or 941-373-7070, ext. 307.

KIDS **FROM PAGE 1**

to me crying and she said she had to leave work. I asked her what happened, and she said her nephew Joshua passed away. She was in her 30s, and I figured he was probably in his 30s, too. I said, 'I'm sorry. What happened?' She said, 'Well, he had cancer.' I said, 'Oh, I'm sorry. Cancer is a terrible thing.'

Then she really lost it. He was only 7 years old. That was the turning point for me. I lost my ego and said I'm going to do it in Joshua's honor. We raised \$5,000 that year,

the three of us. Now we're continuing Joshua's legacy cross-country."

Kathi admitted that getting people to shave their heads was proving a little tougher here than in Nevada.

"We're still trying to recruit people," she said. "I think a lot of people, on the day of the event, will decide to shave. We're getting the word out there, and we're telling people what it is. This first year is probably going to be a little slow, but we've already raised \$2,000.

Kathi praised Celtic Ray owner Kevin Doyle for providing the venue for the March 9 St. Baldrick's.

"Kevin actually knew the event," she said. "It's usually at a pub because it's always around St. Paddy's day. When I brought the idea to Kevin, he was very excited about it. When I told him we did it at McMullan's Irish Pub last year in Vegas, he goes, 'Oh, I know McMullan's. We've got better fish and chips than they do.' '

The Celtic Ray is located at 145 E. Marion Ave., on the corner of Marion and Nesbit St., in Punta Gorda. For more information on St. Baldrick's, visit www. stbaldricks.org or call Kathi at 775-220-1644.

Zero-waste grocery shopping comes to US

EMAGAZINE.COM

Dear EarthTalk: I've heard about zero-waste grocery stores in Europe where everything is sold in bulk and customers bring and fill up their own reusable containers and bags. When will we get some of these here on this side of the pond?

— Jane Smith, Boston
Many mainstream American
grocery stores and chains now
have bulk sections for dried
foods like nuts and spices,
though most everything else
still comes sealed in plastic,
cardboard, aluminum or glass,
which customers then recycle
or discard once they devour the
contents.

The U.S. Environmental Protection Agency estimates that containers and packaging make up almost a quarter of all landfill waste, with the average American generating four pounds of trash a day, most of it food-related. Furthermore, Americans throw out about a third of the food we

buy, largely because we're forced to buy more than we need due to the way food is prepackaged for sale.

One solution to both of these problems is the zero-waste grocery store, which sells in bulk (or "loose") to customers who bring their own containers and shopping bags and fill them up with just the amount of food they will eat. Besides the obvious environmental benefits of reducing the stream of waste to landfills and energy-intensive recycling processors, zero-waste grocery stores also tend to be easier on the wallet — given that packaging adds upwards of 40 percent to the cost of many everyday food items.

Zero-waste food stores began turning up in Europe in just the last 15 years. The success of stores like Germany's Original Unverpackt, France's Day By Day, Denmark's LØS Market and the UK's Bulk Market and Earth.Food.Love shows a strong proclivity, at least in Europe, for a green grocery experience.

Zero-waste markets are a harder sell in the U.S., but that hasn't stopped a few entrepreneurs from trying. The nation's first zero waste grocery store, In.gredients in Austin, Texas, opened with fanfare in 2012 but had trouble competing with a nearby traditional grocery store — and finally shut its doors for good last April. "We realized ... we weren't changing shoppers' habits," Erica Howard Cormier, In.gredients' former GM, told CNBC. "You have to plan a lot to go to the grocery store with your own containers, and people would go to the store across the street because they forgot their container."

Nevertheless, others have ventured forth undaunted.
Some of the biggest are Precycle and the Filling Station in New York City, Dill Pickle Co-op in Chicago, Simply Bulk Market and Zero Market in Colorado, the Refill Shoppe near Los Angeles, People's Food Co-op in Portland,

PHOTO PROVIDED

Zero-waste grocery stores sells in bulk (or "loose") to customers who bring their own containers and shopping bags and fill them up with just the amount of food they will eat.

OR and Central Co-op in Seattle. And in Vancouver, BC is Nada, one of the biggest and most successful zero waste markets in the world. The store claims to have diverted some 30,500 containers from landfills since opening in 2014.

A search on the Litterless.com's

"Zero Waste Grocery Guide" turns up dozens of zero waste grocery options in most major U.S. metropolitan areas, even if some are smaller specialty stores or just sections in traditional markets. So grab a few containers and that old college reunion tote bag and get shopping.

This messy school cafeteria project dives into how students eat and waste food

By ANN DOSS HELMS

THE CHARLOTTE OBSERVER

Whitewater Middle School students in Charlotte donned plastic gloves and plunged into some 200 pounds of food their classmates trashed after eating in the cafeteria.

They mucked out the remains of pasta, tacos and yogurt parfaits. They tallied untouched green salads, fresh Asian pears and whole-grain rolls with only a bite or two nibbled out, all destined for the landfill.

It was, they said, both disgusting and enlightening.

"You don't realize how much food waste you're making till you actually see it," said eighth-grader Cody Gist.

"People don't eat half their food — or any of their food," marveled classmate Destiny Davis.

After the food audit, in which students sorted and weighed food waste, liquids, disposable trays and other types of cafeteria trash, Whitewater switched to compostable paper trays. Working with Every Tray Counts, a nonprofit group based in Chapel Hill, the school hopes to set the stage for a full-district switch from polystyrene to paper trays, following the lead of Chapel Hill-Carborro, Durham and, most recently, Wake

County Public Schools. On one level, it's a lesson on choices, tradeoffs and unintended consequences. The northwest Charlotte school added environmental science as a school-wide theme and magnet program this year. Teachers are guiding their pupils through research on the ways food and waste are linked to profit and poverty, healthy and toxic neighborhoods, social justice and global

trends.
But this isn't just an academic exercise.
Whitewater is joining a network of schools, businesses and neighborhoods working to make composting as mainstream as recycling. The strategies being crafted today have big implications for taxpayers and residents across Mecklenburg County.

"The larger issue is conservation of landfill space," said Laurette Hall, an environmental management official with Mecklenburg County Solid Waste. The county has enough space to last maybe 25 more years, she said, which isn't as much as it sounds like in a rapidly

growing and urbanizing area.

And Charlotte-Mecklenburg Schools is a major player, generating more than 10,000 tons of trash a year.

WHAT'S UP WITH THE TRAYS?

To trace the challenges of school cafeteria trash, let's start with the question most adults ask: "What happened to the hard plastic plates and trays we remember?"

Some CMS schools still use them, says Catherine Beam, executive director for school nutrition. But there are two big barriers, she says.

One is hiring the staff to scrape the plates and put reusable items into dishwashers. Cafeteria assistants make less than \$12 an hour and work part time. In a healthy economy, not only school cafeterias but restaurants around the region are struggling to fill dishwasher jobs, Beam said.

The other is speed.
Some crowded schools use disposable trays and utensils so students can dump everything in the trash and clear out quickly for another lunch shift to take their place, Beam said.

In either case, the solution can be divided polystyrene trays. They're convenient but they take up landfill space and are suspected of releasing carcinogens, according to the federal government's National Toxicology Program.

Every Tray Counts began when a couple of Chapel Hill mothers realized their kids were eating from and throwing out the polystyrene trays. They launched the push for paper trays that can be turned into soil.

The sturdy paper trays cost about 6 cents each, compared with about 3.5 for polystyrene, says Beam. That doesn't sound like much until you consider that CMS uses about 2 million polystyrene trays a year. That means switching to paper would cost the district about \$50,000.

Every Tray Counts is picking up the tab for the Whitewater pilot.

WHERE DOES IT GO?

Mecklenburg County composts yard waste but doesn't have a facility for food waste, Hall said. For that, the county turns to the private Earth Farms Organics in Gaston County.

For about five years,



PHOTO PROVIDED

Teachers are guiding their pupils through research on the ways food and waste are linked to profit and poverty, healthy and toxic neighborhoods, social justice and global trends.

the county has worked with up to 25 public schools to haul food waste to Earth Farms, but without the compostable trays, Hall said. And she noted that the city of Charlotte is testing a neighborhood curbside pickup program for food scraps to be hauled to Earth Farms.

Mecklenburg County is paying to get Whitewater's compostable waste to Earth Farms.

Part of the project will be teaching students to sort what goes into composting bins, said Susan Scope of Every Tray Counts, who's working with the school. For instance, paper napkins can go with the food scraps, but if students drop in chip bags, plastic forks or other unsuitable trash the whole load could be too contaminated to use.

Scope said her vision is not just for CMS to adopt composting districtwide, but to see public landfills across the state add food-waste composting and have commercial garbage haulers agree to deliver it. "We would like North Carolina to be a leader," she said.

WHY ALL THE UNEATEN FOOD?

During the food audit, the students doing the sorting got a dramatic lesson in unintended consequences, as they saw green salads and fresh fruit deposited in the trash untouched. Why?

Anyone who has read Michelle Obama's best-selling memoir "Becoming" knows about the former first lady's passion for fighting childhood obesity, partly through making school lunches healthier. Because the

federal government pays for meals for low-income students (about \$58 million for CMS this year), the U.S. Department of Agriculture gets to lay down some rules.

Among them: Students must take at least one fruit or vegetable with their lunch.

But as the Whitewater trash-sorters learned, that doesn't mean everyone eats what they take. Beam, the CMS nutrition chief, says health regulations mandate that food like that can't be reused — it may look untouched but you can't be certain it's uncontaminated once it's been handed out.

Some of the students said they'd like to see the rules changed so no one is compelled to take items they don't want. Beam, however, says that with several fruits and vegetables on each day's menu, she wishes

students would just make smarter choices and pick something they like.

THE BIG PICTURE

The final tally: From one day's lunch, just over 700 students at Whitewater generated 207 pounds of food waste and other compostable material, just over 50 pounds of discarded liquid and almost 16 pounds of trays, said Jeffie Hardin, staff coordinator for the school's Green Team environmental club.

That comes to almost 274 pounds of waste each school day that could be diverted from the landfill, she said.

"That would equal 49,266 pounds which could be kept out of the landfill" in a school year, Hardin said. "Multiply that by the number of schools in CMS.... Mindblowing."

The kids also collected almost 34 pounds of cartons, cans, bottles and foil that could potentially be recycled, and about 39 pounds of plastics and other trash, Hardin said.

Principal Beth
Thompson said she has
watched the students
advise each other about
the new approach to
sorting their trash.

"Students understand why it mattered because of the extensive learning they had experienced and so not one student resisted, fussed about or refused to do a little extra work when throwing away their waste."

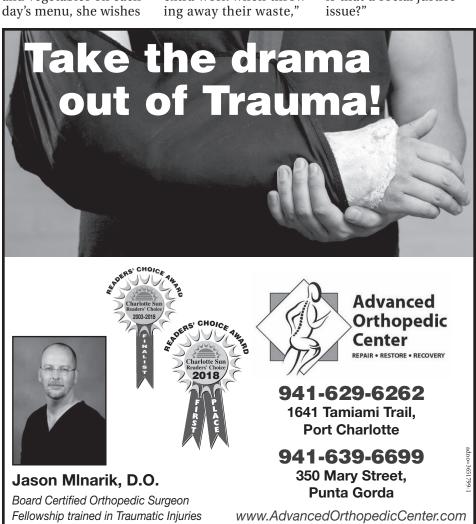
Thompson said.
Whitewater teachers

like Kenan Kerr and
Mollie Lyman make
sure students understand how their own
eating habits are part of
bigger issues. In Kerr's
environmental literature class, for instance,
they read novels such
as Carl Hiaasen's "Scat"
and nonfiction books
such as Eric Scholsser's
"Fast Food Nation: The
Dark Side of the AllAmerican Meal."

Lyman, who works with several language arts classrooms, makes sure classes are discussing such issues as how impoverished neighborhoods often have less access to healthy food and how food choices affect animal welfare and the global economy. They had a visit from Alicia Pruett of The Bulb, a Charlotte nonprofit that takes donated food and creates "mobile markets" in neighborhoods that lack healthy food access She told them for instance, how one bad clementine in a bag makes it unusable for a retailer, but the group removed the spoiled fruit and repackages the good items.

The challenges of poverty aren't theoretical at Whitewater. It's one of 80 CMS schools where poverty levels are so high it qualifies for federal Title I money.

Lyman says she wants all her students to ask some basic questions: "What do we eat? What do we waste? And how is that a social justice issue?"



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NEWS & NOTES

Florida Department of **Health Environmental** Health staff moving

in Charlotte County announces plans to move its Environmental Health staff from its current location in the building department of Murdock Circle to the Department of Health location at 1100 Loveland Blvd., Port Charlotte. The move will

Staff will cease operations at Murdock Circle at the close of business on March 1. For client convenience there will be a drop box in Murdock, with collections scheduled daily.

The Environmental Health program provides inspections of facilities such as tattoo and piercing shops, group care facilities, food establishments, mobile home parks, and swimming pools, as well as processes applications and conducts

Fundraiser to benefit local rider

Family and friends of Michelle Davidson will hold a fundraiser from 1 p.m. to 5 p.m. on Feb. 24 at the Cold River Saloon, 3149 Duncan Road, Punta Gorda. Michelle, an experienced motorcycle rider, was in a horrific accident on Jan. 4, when she was hit by a car. The injuries she sustained were acutely serious. She faces numerous surgeries and extensive recovery. There will be great music by Yes Dear; a cash bar, Boss BBQ will be serving up their famous barbecue; there will be a 50/50 raffle; a Tricky Tray auction; a "Booze Basket" will also be up for grabs. For more information, call Fay at 305-331-5519 or email Fluepnitz@gmail.com.

Healing Hearts Group

The Healing Hearts Group will hold its February gathering at Restaurant, 14415 Tamiami Trail, North Port. The group meets to offer fellowship and friendship for those who are lonely and single. Supported by The North Port Community United Church of Christ, all ages and faiths are 941-423-3031.

Nutrition management for diabetes

Deciding what and how much to eat can be one of the most challenging parts of living with diabetes. Please join for a comprehensive, two-part class, where the focus will be on diet and lifestyle approaches to manage diabetes. Feb. 26, from 2 p.m. to 3 p.m. at H2U Center of Fawcett Memorial Hospital, 3280 Tamiami Trail, Suite 493, Port Charlotte. Speaker: Ashley Pospisil, MS, RD, LDN at Fawcett Memorial Hospital registered dietitian. Please make reservations by calling

needed, Join the team, become a volunteer. For an application and more information, visit the volunteer office at Fawcett Memorial Hospital or call Judy at 941-624-8007.

Foundation for

- North Port JFCS Care Partner LCSW (Open Forum and Sharing); "Parkinson's Power Hour with Courtnie Giddens; Feb. 27 from 1:30 p.m. to 3 p.m. at Neuro Challenge North Port, 5600 Peace
- Voice Aerobics with Mary Spremulli, SLP; Feb. 28 from 10 a.m. to 11:30 a.m. at 5600 Peace River Road, North Port.
- Discussion Group with Dr. John Moore, Care Partner Support Group (Open Forum and Sharing); Feb. 28 from 3 p.m. to 4:30 p.m. at Jacaranda Public Library, 4143 Woodmere Park Blvd., Venice.
- Sharing); March 5 from 10 a.m. to 11:30 a.m. THE BEAN on 41 Coffee Shop, 2705 Tamiami Trail, Punta
 - North Port JFCS Care Partner

The Florida Department of Health be effective March 1. This concludes a transition that began a year ago as part of consolidation of resources to improve services.

site evaluations for septic systems.

For more information, call 941-624-7200.

to meet

11:30 a.m. on Feb. 26 at Olde World invited. For more information, call

941-624-4441.

Transportation Ambassadors

Neuro Challenge Parkinson's

- Connection with Carolyn Stephens, River Road.
- Movers and Shakers PD
- Care Partner Support Group with Courtnie Giddens (Open Forum and Gorda.

Mary Anne Crecelius and her husband Roy Taylor celebrate Crecelius's mother, Anne Bastianelli's 100th birthday on Feb. 12, at Solaris Healthcare Charlotte Harbor.

Happy 100th Birthday



Betsy Smith and Craig Smith celebrate with Anne Bastianelli.

Connection with Carolyn Stephens, LCSW (Open Forum and Sharing); Parkinson's Power Hour with Kelly and Peter Gaylord "Strategies for Living Well with PD A PwP & CarePartner's Perspective Lessons Learned & Tips"; March 6 from 1:30 p.m. to 3 p.m. at Neuro Challenge North Port, 5600 Peace River Road.

- Parkinson Wellness Club "Choosing the Health Care professionals for your PD Team" (with Cindy Underwood); March 7 from 10 a.m. to 11:30 a.m. at Jacaranda Trace 3600 William Penn Way Venice.
- Cause 4 Hope Gala, March 9 from 5:30 p.m. to 10 p.m. at Michael's On East, 1212 S East Ave, Sarasota.
- Port Charlotte Parkinson's Support Group with Courtnie Giddens (Open Forum and Sharing); March 12 from 1:30 p.m. to 3 p.m. at Murdock Baptist Church, 18375 Cochran Blvd., Port Charlotte.
- Parkinson Wellness Club "Choosing the Health Care professionals for your PD Team" with Cindy Underwood; March 13 from 1:30 p.m. to 3 p.m. at SMH ER and Health Care Center, 2345 Bobcat Village Center Road, North Port.
- Englewood Parkinson's Support Group (Open Forum and Sharing); March 15 from 10 a.m. to 11:30 a.m. at St. David's Episcopal Church 401 S. Broadway, Englewood.
- North Port JFCS Care Partner Connection with Carolyn Stephens. LCSW (Open Forum and Sharing) Parkinson's Power Hour with Courtnie Giddens; March 20 from 1:30 p.m to 3 p.m. at Neuro Challenge North Port: 5600 Peace River Road, North Port.
- Punta Gorda Parkinson's Support Group and Courtnie Giddens "Transitioning Through Phases of Care with Your Loved One" (with Bruce Lopes from Care Patrol); March 22 from 10 a.m. to 11:30 a.m. at Punta Gorda Civic Association, 2001 Shreve St., Punta Gorda.
- North Port JFCS Care Partner Connection with Carolyn Stephens, LCSW (Open Forum and Sharing) Parkinson's Power Hour with Courtnie Giddens; March 27 from 1:30 p.m. to 3 p.m. at Neuro Challenge North Port, 5600 Peace River Road.
- Voice Aerobics with Mary Spremulli, SLP; March 28 from 11 a.m. to 12:30 p.m. at 5600 Peace River Road, North Port.
- Movers and Shakers Parkinson's Support Group (with Dr. John Moore) Venice Care Partner Support Group (Open Forum and Sharing); March 28 from 3 p.m. to 4:30 p.m. at Jacaranda Public Library, 4143 Woodmere Park Blvd., Venice.

For a full listing of Neuro Challenge programs and services, visit www.neurochallenge.org.

Trivia night

Chelsea Place Adult Day Care, 3626 Tamiami Trail, Port Charlotte, will host a sports theme trivia night from 5:30 p.m. to 7 p.m. on Feb. 28. A \$10 donation at the door includes trivia, food and drinks. Wear your favorite sports jersey. Proceeds will benefit Senior Friendship Centers. For more information, call Aime at 941-787-0687 or RSVP to Anthony 352-533-8414.

Charlotte County 'Fit for Life' Senior Games 2019

Charlotte County Community Services will host "Fit for Life" Senior Games 2019 from March 2-31. This Olympic-style event focuses on athletic competition and recreation opportunities for senior citizens. The games are sanctioned by the Florida Sports Foundation and serve as a qualifier for the Florida Senior

Games State Championships. Events will take place at various county recreation facilities and parks. Registration is now open. Additional information is available at the Tringali Recreation Center, 3460 N. Access Road, Englewood and on our website www.CharlotteCountyFL. gov. Registration deadline for games shirt is Feb. 8. For more information, contact Padmini Sooknanan at 941-681-3742 or Padmini.Sooknanan@ CharlotteCountyFL.gov.

Tappercise dancers to perform annual show

On March 2, there will be a lively group of Tappercise dancers from Venice, Sarasota and Englewood performing in an annual show to benefit Tidewell Hospice for the last time. The event will take place at the Venice Gardens Civic Center, 406 Shamrock Blvd., at 7 p.m. followed by open dancing from 8 p.m. to 9:30 p.m. with the band Twice as Nice. All proceeds go to Tidewell Hospice. Tickets are on sale for \$15, or purchase tickets at the door for

\$18. Tappercise will still be available to do road shows at Nursing Homes, Assisted Living Facilities and smaller communities, but no big public shows after this one. For more information about Tappercise, to become a dancer or to purchase tickets now, please call Sharon de Marc at 941-408-0019.

'Show the Love Luncheon'

"Show the Love" Luncheon, raising funds for Charlotte County mothers and babies, will be held from 11:30 a.m. to 1 p.m. on March 8 at the 2421 Event Center, 2421 Tamiami Trail, Port Charlotte. Cost is \$20 per person. For more information, call 941-764-9700. Call Healthy Start for tickets or sponsorship

opportunities, 941-764-9700. **Shave-A-Thon fundraiser** for children's cancer

The Celtic Ray, 145 E. Marion Ave., Punta Gorda, will host "St. Baldrick's" a shave-a-thon for children's cancer from 2 p.m. to 6 p.m. on March 9. The fundraiser includes a silent auction and 50/50 raffle. For more information, call 775-220-1644 or visit www.stbaldricks.org/events/ puntagorda.

Registration is open for golf charity event

The fifth annual ARCHway Institute for Mental Health and Addictive Disorders Golf Scramble is set for March 9, at Twin Isles Country Club, 301 Madrid Blvd., Punta Gorda, starting with registration at 7 a.m. with an 8:15 a.m. shotgun scramble. Entry fee is \$100. The fee includes greens fees/cart and buffet lunch following scramble. For lunch and the silent auction only, cost is \$35. ARCHway is also hosting a Tennis Mixer beginning at 2 p.m. on March 8 at Twin Isles.

Half of the proceeds of this outing will benefit the CBHC (Charlotte Behavioral Health Care) in Charlotte County and the Sheriff's Addiction Recovery Initiative to be used to help an individual who is in need of financial help for recovery. Some monies will also go to help pay for someone's first month in a structured sober living facility in Florida. To register online for either or both events, go to www.thearchwayinsti-

For more information, contact Dan Stuckey at DStuckey57@ hotmail.com for more information or 314-452-4982.

Understanding and using protein

By GREGORY WHYTE

THE CULTURAL CENTER OF CHARLOTTE COUNTY'S FITNESS CENTER

Protein is the building and repairing material used by the body and is important at every stage of life. It is also used as a source of energy and is important for blood cell formation. The word protein is a Greek one meaning "of principal or first importance." The main constituent of body tissue is protein. It is the substance found in muscles, nails, hair, skin and etcetera. A considerable portion of our food should be protein.

Proteins are created from approximately 20 basic amino acids. Unfortunately, not all living things are able to synthesize (create) all 20 of the amino acids. Most plants and microorganisms are able to do so, but humans and other animals must secure some of the amino acids through the food they eat. The amino acids secured in this manner are referred to as "essential amino acids" and include:

lysine, valine, histidine, threonine, leucine, tryptophan, isoleucine, methionine and phenylalanine. The protein foods we consume are digested so as to release their amino acids.

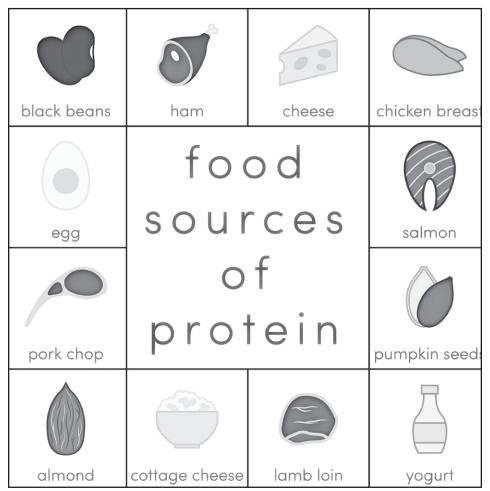
Ensuring that we get the protein we need each day, will require that we secure food items that supply the various essential amino acids. In some ways, this process becomes similar to putting together a puzzle. Each piece (an amino acid) is important for the completion of the whole (a protein food item). Since different foods will supply different amino acids, a good way to ensure that all the essential amino acids are had each day is to eat a wide variety of foods that are good sources of amino acids.

Foods that are good sources of protein are milk and its products, meat, fish, eggs and soy which is a plant protein that comes closest to being considered a "complete protein." Other sources of protein especially those of a vegetarian nature — are cereals and grains, nuts

and seeds and legumes. Today, the use of protein powders is quite popular. Soy, egg, rice and whey are common ones. Making use of these powders is a good way to help satisfy your protein needs.

Consuming even the highest quality protein foods is not enough. You must also ensure that you are getting adequate amounts of those foods. If you are an athlete or an extremely active person you should know the types and amounts of foods that are specific to your needs. A woman who is pregnant, a mother who is lactating or a person in his/her senior years will all require varying amounts of protein.

The more active you are, the more protein you will need. Athletes, bodybuilders, endurance and strength-trained individuals will need more protein each day than the less active (sedentary) members of the society. Protein needs will also increase for women who are pregnant or breastfeeding and for persons who are overly stressed or recovering from



GRAPHIC PROVIDED

illnesses.

To determine the amount of protein you need each day, you simply divide your weight (in pounds) by 2.2. The result will be your weight in kilograms. Next, you

multiply your weight (in kilograms) by 0.8 to 1.8 (this range, 0.8 to 1.8 represents your level of activity; low to high respectively). The result of your calculation is the grams of protein your

body requires each day. For answers to your health and fitness related questions, call 941-625-4175, ext. 263 or visit the Cultural Center's Fitness Center at 2280 Aaron St., Port Charlotte.

Medical Alliance targets opioid awareness

By DEBBIE FLESSNER

Correspondent

Since 1947, the Sarasota County Medical Society of America has served Sarasota County in creating impactful health projects and endeavors.

An all-female group consisting of both physicians and physician spouses, it supports medical families through education and advocacy, provides fellowship for members and helps promote and support the health and well-being of families in the community.

The Sarasota Medical Alliance Foundation is the nonprofit arm of SCMSA that promotes health education, identifies and addresses health care needs and issues, and supports health-related charitable endeavors in the Sarasota

County community. Erin Lilly, who also holds down a paying job at the Venice Area Chamber of Commerce, is in her second year as foundation executive board president. During her in involvement in the organization, she has made quite an impact, primarily with a project she

finds very important. "When we first moved here to Venice and I joined the Sarasota Medical Alliance, I heard them talking about supporting Sarasota Drug Free Youth, so I signed up for that committee," Lilly said. "There were a lot of

stories in the news about opioid issues and during a meeting with the Drug Free Sarasota coalition, I said to them, 'You need to create something like a Physician's Advocate Award that will enable physicians to passively educate their patients about opioids."

Her thought was that physicians assumed that patients knew about all the dangers associated with opioid use but didn't necessarily have the time to broach the subject with them during busy office visits. In conjunction with Drug Free Sarasota, she came up with what she believed was a viable solution. And three years later, it still is.

They created the Drug Free Sarasota Physician Advocate Award Program, to find a way to connect physicians with the addiction and recovery community. To get started, they conducted focus groups with three major addiction and recovery family organizations in Sarasota County and formulated a two-part component project.

"We came up with a waiting room literature model to help fix the disconnect between the doctors and patients, when it came to discussing opioids," Lilly said. "When we wrote it, we wanted to address the question, 'What do you wish your physician had told you?' It's really just a patient



PHOTOS PROVIDED

Carole Lash, third from right, is a Venice Medical Academy instructor and the scholarship liaison who works with the Sarasota Medical Alliance Foundation to provide scholarships to students.

education piece."

The first part of the program consists of an educational tear sheet, which is given to the patient to read just before they receive an opioid. The second component is an award module that also serves as a literature holder for existing Drug Free Sarasota literature. It sits in the waiting room or exam room of physician offices and has information about Sarasota County's Drug Free Youth program, the Marchman Act (which offers support for individuals who have been involuntary committed to a drug program, and their families), information about the availability and use of naloxone (opioid overdose reversal), and advice about how to spot signs of overdose.

Physicians and healthcare facilities can enroll in the program simply by agreeing to have the waiting room literature award module brought to their office, and having

their assistants trained to hand out the tear sheets.

The Physician Advocate Award Program even earned Lilly and her collaborators the Southern Medical Association Alliance award for best health project in 2017. All four major hospitals in Sarasota County and the Lakewood Ranch Medical Center in Manatee County got behind the project.

Some of the other projects supported by the SMÁF are a scholarship program for local aspiring medical students, the sponsorship of a video series aimed at educating teens about dealing with depression, anxiety and abuse, G.E.M.S. (a longstanding comprehensive babysitting course) and other community efforts.

Coming up in May will be the organization's spring fundraiser. It's only open to SMAF members, but if you or your company make a sponsorship donation, you will be welcome to attend.

Lilly said that though



Casino Royale 2019 is the theme of this year's Sarasota Medical Alliance Foundation fundraising event.

the SMAF has traditionally been a fellowship organization, she is pleased that the community outreach aspect has become even more important.

"We have more than 200 total female physicians and physician spouses and partners in our group," she said. "We're really focusing on creating and sustaining meaningful health projects in Sarasota County, and

we're proud to be partnering with Drug Free Sarasota on the Physician Advocate Award project. Physicians like being able to show their patients they care in this way."

For more information about the Sarasota Medical Alliance Foundation, and to find out how you can donate toward the spring fundraiser, visit the website at Donate-SMAF.org.

Support Groups

Lung cancer support group

The North Port Lung Cancer Support Group meets from 2 p.m. to 3 p.m. the third Wednesday of every month at Sarasota Memorial ER in North Port along Toledo Blade Boulevard. The group is for people with lung cancer along with their caregivers. No RSVP nor charge is required. For more information, call or email Marc Cohen at 941-240-8989 or marcscohen@aol.com.

NAMI Family support groups

Port Charlotte: The National Alliance on Mental Illness will have a Family Support Group meeting from 7 p.m. to 8:30 p.m. the second Tuesday of each month at Unitarian Universalist Fellowship, 1532 Forrest Nelson Blvd., Port Charlotte. This is for family members and caregivers of individuals with a mental illness. For

more information, contact Ken and Ginger at 701-306-0023.

North Port: The family support group meets from 6 p.m. to 7:30 p.m. on the fourth Monday of the month at Shannon Staub Library, 4675 Career Lane North Port. The National Alliance on Mental Illness family support group is a peer-led group for family members and caregivers of adults living with mental illness. All meetings are free and confidential. For more information, call 941-376-9361 or visit the website at namisarasotacounty.org.

Venice: The family support group meets from 7 p.m. to 8:30 p.m. on the first Wednesday of the month at Venice Health Park, 1201 Jacaranda Blvd., room 1283. The National Alliance on Mental Illness family support group is a peer-led group for family members and caregivers of adults living with mental illness. All meetings are free and confidential. For more information, call 941-376-9361 or visit the website at

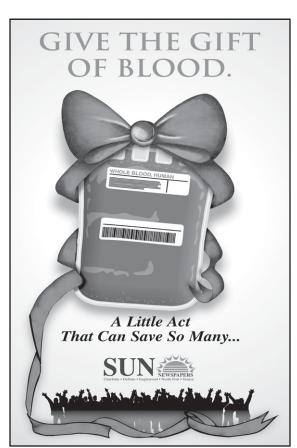
namisarasotacounty.org.

Holly's Hope

Holly's Hope, a group formed by Joan and Ed Morgan after their daughter Holly died by suicide in 2017, will host the first support group in North Port to help with grief from suicide. The group will meet on the fourth Monday of every month at 6 p.m. in Module Three outside New Hope Community Church, 5600 S Biscayne Drive. For more information on the group, contact Vogel at 317-250-7316, or email at amy.vogel98@ gmail.com.

Lung Matters support group

Lung Matters support group meets from 2:30 p.m. to 3:30 p.m. on the third Tuesday of each month. Call Port Charlotte Rehab Center for locations and more information at 941-235-8011.



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The fix for foot pain could be a surgery you didn't know about

By STACEY BURLING

THE PHILADELPHIA INQUIRER

Brian Adams was born with

very flat feet. They didn't stop him from playing a variety of sports — volleyball, baseball, basketball — in his youth. He grew to be a 6-foot-3-inch man who loved to "run, not jog." Those flat feet served him

Until they didn't.

In the last few years, Adams, now 50, started having shin splints. The odd out-toed positioning of his feet compressed a nerve in his leg. "It felt like a burning poker behind my left ankle," said Adams, a state property management specialist who lives in Edgewater Park, N.J. The pain grew so intense that he started dragging his foot "like Igor." Neither a special orthopedic boot nor physical therapy helped. His knees started hurting too. The inside of his foot was numb.

"I was worried that this one issue was going to disrupt the balance and structure of everything," Adams said. "I thought I was just doomed, to be honest with you."

But he wasn't, Steven Raikin, director of the foot and ankle service at Rothman Orthopaedic Institute, told him. That is how Adams ended up in an operating room recently, his bare left foot held high in the air as Raikin prepared to surgically repair its fallen arch. Like many people, Adams had not even known that the procedure

It would not be easy. Raikin would make multiple incisions and then cut, hammer, saw and sew the foot into a more normal shape. Full recovery will take a year, but Raikin said most patients wind up with about 80 percent of normal function, far better than they had before surgery.

Foot problems are among the most common complaints of middle and older age. They are not trivial. When people's feet hurt, they are less likely to exercise and more likely to fall, doctors said. About a third of people over 65 have foot pain, stiffness or aches. Almost everyone will have it at some point.

"It's incredibly prevalent," said Casey Jo Humbyrd, chief of the foot and ankle division at Johns Hopkins Medical Center and head of health policy for the American Orthopaedic Foot and Ankle Society. It's harder, she said, to find of arthritis, fuse painful joints.

older people who don't have foot problems.

Many of us take our feet for granted, but we quickly learn how much they matter when they hurt. Surgeons, Raikin said, often tell patients, "You take 10,000 steps a day and you never think about your feet until they hurt. Then that's all you think about."

Later-life problems with bones and tendons stem from a combination of unfortunate genes, wear and tear, old injuries, and more controllable risk factors such as obesity and diabetes. Women who cram their feet into too-small, too-pointy, too-tall shoes may pay for their fashion consciousness with bunions, hammer toes, and arch problems.

Though they can happen at any time, the deformities become more common as people reach their 50s and increase from there. You just have to live with some conditions, such as thinning fat pads on the ball of the foot and the heel. The pain from others can be controlled with orthotics, physical therapy, and better-fitting, lower-heeled shoes with arch

When none of those work, surgery is a last-resort fix for several of the most common complaints: flat feet, bunions, arthritis and hammer toes.

Surgeons said the test for whether you should go under the knife is never how your feet look. "You should only be having surgery for pain," Humbyrd said.

The foot is made up of 28 bones that are supported and moved by multiple muscles, tendons and ligaments. They absorb three to five times more force than the hips, Raikin said, one reason they are stressed by extra body weight.

You might expect that the arch of the foot is a hard structure like a bridge, but the primary support is ligaments that, over time, can become stretched or torn.

"I tell patients it's like a rubber band," Raikin said. "Once a rubber band has been in the sun too long and lost its elasticity, it can never get its elasticity back."

Older patients also often have severe arthritis in joints that affect the arch. Every foot is different, and repairs involve a tapas menu of small steps that may replace and reroute tendons, free constricted muscles and nerves, realign the heel and, in the case



TNS PHOTO

Orthopedic surgeon Steven Raikin, left, and Dr. Alexis Williams, an orthopedic surgery resident, right, begin 50-year-old Brian Adams' surgery for fallen arches by releasing tightened calf muscles at Rothman Orthopaedic Specialty Hospital in Bensalem.

Each patient may need a different combination of four to six surgical steps, said Kate O'Connor, a Penn Medicine orthopedic surgeon.

In Adams' case, Raikin began by releasing the calf muscle. It had been compressing the tibial nerve, causing the foot numbness.

Compared with orthopedic surgeons who replace big joints such as hips and knees, he used more delicate tools, a small scalpel and long-handled tweezers. He made two more incisions along the side and back of the foot. He found the posterior tibial tendon, which runs underneath the arch. It was about twice the normal size bloated and riddled with tears.

Raikin explained that the tendon enlarged as it tried, futilely in this case, to heal itself. He cut away about 2 1/4 inches of the damaged tendon. He pointed out a yellow, Y-shaped structure, a nerve that had been compressed by the awkward position of the foot, which tends to roll outward when feet are flat.

He cut away bands of tissue that were constricting it. Then he pulled out the flexor digitorum longus, a tendon that normally moves the toes. This one was healthy. It was stretchier, thinner and shinier than the one Raikin had removed. He would reroute it to take the place of the damaged tendon.

Tendons, he said, travel on specific tracks, like trains. He moved

this one from the toe track to the arch track. Other tendons would allow Adams to keep moving his toes but not as well as before. He pulled the tendon until an arch formed — "Right now, that's a normal arch," he said — and attached it to a bone with a special screw.

Raikin was not done. In severe flat footedness, the heel bone tilts outward "like a banana falling on its side." Fixing that required yet another incision. Then Raikin inserted a slim, rectangular saw blade that cut the 1.5-inch heel bone in half laterally. He shifted the back piece half inward about 3/8 inch and screwed the two pieces together with a long, titanium screw. He sawed off some extra bone and tamped the heel in place with a hammer.

He pressed the foot against a clear piece of plastic to make sure the arch on the inside looked right. It did. It was noticeably thinner and more shapely.

In less than an hour, Raikin was done. Next it would be Adams' turn to work, but first he would have to go home and do nothing for two weeks.

Surgical procedures are also available to help people with unremitting pain from bunions, arthritic joints and hammer toes.

Hammer toes, which generally affect the second, third and fourth toes, become more common from the 50s on. Toes get locked in a bent position that is painful in

shoes. Surgeons release the locked joint and pin or fuse it straight.

Arthritis can affect any of the 33 joints in the foot and ankle. Ankle replacement surgery is growing in popularity, but patients should know that replacement parts don't last forever, O'Connor said. Some may prefer fusion surgery, which affects mobility but lasts longer than artificial joints.

In the big toe, another common arthritis site, doctors can now replace damaged cartilage with a cushion that preserves toe movement. Fusion is an option there, too, and it is the most common solution for pain in other joints, O'Connor said. The pain comes from the bones rubbing against each other. That stops when they are fused.

Fixing bunions is a bigger deal - requiring longer recovery time – than many people realize. Bunions look like a growth on the inner edge of the front of the foot, but they actually are a malformed joint.

Some combination of genetics and too-tight shoes makes the big toe migrate toward the outer edge of the foot. This puts pressure on the metatarsophalangeal joint — the place where the toe joins the foot — and makes it bow outward. To fix the bunion, surgeons cut and realign bones leading to the big toe. Many people with bunions also have hammer toes.

A new study finds a way for people to cut their risk of developing a dangerous superbug infection after leaving the hospital

By MARILYNN MARCHIONE

AP CHIEF MEDICAL WRITER

Think of it as decontaminating yourself. Hospitalized patients who harbor certain superbugs can cut their risk of developing full-blown infections if they swab medicated goo in their nose and use special soap and mouthwash for six months after going home, a study found.

It's a low-tech approach to a big problem: About 5 percent of patients have MRSA — antibiotic-resistant Staph bacteria lurking on their skin or in their noses, putting them at high risk of developing an infection while recovering from an illness or an operation. These can affect the skin, heart, brain, lungs, bones and joints, and most of them land people back in the hospital.

The hygiene steps that researchers tested trimmed that risk by nearly one third.

"It's a very simple solution. You don't have to swallow a medicine, you just have to clean the outside of your body for a little while longer," said Dr. Susan Huang of the University of California Irvine School of Medicine. She led the federally funded study, published Wednesday by the New England Journal of Medicine.

A lot has been done to curb infections in hospitals and attention is shifting to what happens after patients leave. Nine states California, Washington, Nevada, Minnesota, Illinois, South Carolina, Pennsylvania, Maine and New Jersey — require that hospitals test the most vulnerable patients, such as those in intensive care, for MRSA. Many other places do it voluntarily

The study involved more than 2,000 patients at hospitals in southern California who were found to carry MRSA, or methicillin-resistant Staphylococcus aureus bacteria. All were given information on ways to avoid infection, and half also got special products — mouthwash, liquid soap containing an antiseptic and an antibiotic ointment to swab in the nose. They were told to use these Monday through Friday, every other week for six months.

A year later, 6 percent of those in the deep-clean group had developed a MRSA infection versus 9 percent of the others. They also had fewer infections from other germs. Doctors estimated that 25 to 30 people would need to be treated to prevent one case.

There were no serious side effects; 44 people had dry or irritated skin, and most continued using the

products despite that.

Heather Avizius was one. The 41-year-old nanny has had MRSA infections in the past and entered the study after severe complications of Crohn's disease landed her in St. Jude Medical Center in Fullerton,

California, eight years ago. "I took the regimen very, very seriously" and has not had MRSA since, she said. "I felt cleaner and safer" and less worried about spreading germs to her children,

she said. Nearly half dropped out of the study early or couldn't be found for follow-up.

"Many people may think 'I feel fine, I don't really need to do this," said Dr. John Jernigan of the U.S. Centers for Disease Control and Prevention. But "the risk doesn't end once you go home."

Federal grants paid for the products. They would



AP PHOTO

Researcher Raheeb Saavedra demonstrates how to use a medicated ointment for a study on preventing superbug infections.

cost \$150 to \$200 for six months otherwise, Huang said. The antiseptic soap was a 4 percent chlorhexidine solution sold in many drugstores.

Other soaps, even ones labeled antibacterial, "may not have the active ingredients to remove MRŠA," said Dr. Robert Weinstein,

another study leader and an infections specialist at Cook County Health and Rush University Medical Center in Chicago.

It's worth it for patients to do whatever they can to prevent an MRSA infection,

"You left the hospital, you don't want to go back."

Caregivers Support Group

Port Charlotte United Methodist Church, 21075 Quesada Ave., Port Charlotte, hosts a caregiver support group from 1 p.m. to 2:30 p.m. every Wednesday. The cost is free and is open to any caregiver dealing with a care-receiver with any debilitating disease. There are no requirements to join the group. For more information, contact Mike Boccia at 941-815-6077.

Codependents **Anonymous**

Co-Dependents Anonymous (CoDA) is a Twelve Step Fellowship of men and women whose common purpose is recovery from CoDependence and the development and maintenance of healthy relationships. The Coda meetings in the area meet at the Oasis Alana Club at 2936 S. McCall Road, Englewood.

Monday Step from 7 p.m.-8:30 p.m.

Thursday Open from 11:30 a.m.-1 p.m. Friday from 11:30 a.m.-1 p.m. starting in October. For more information, contact Barbara at 941-474-4190.

Courage Over Cancer

Gulf Cove United Methodist Church's cancer care program, Courage Over Cancer, offers support and ministry to men, women, and families who are affected by cancer. Church and community members

touched by this disease are provided with help and spiritual counsel that are specific to their needs as a cancer patient, caregiver, or loved one. This ministry is based on the outreach program Our Journey of Hope which was developed by the Cancer Treatment Centers of America. If you or someone you know could benefit from a friend to support them through this journey, contact the church at 941-697-1747 or GulfCoveUMC@gmail.com.

Gulf Cove UMC is located at 1100 McCall Road in Port Charlotte.

Food Addicts Anonymous

A 12-step program for those who wish to recover from food addiction. Group meets from 6 p.m. to 7 p.m. on Thursdays, at First Alliance Church, 20444 Midway Blvd., Port Charlotte. For more information, call 941-380-6550.

The new game-a-day platform Meditations proves there is joy in fleeting, text-free play

Games are experiences designed to provoke emotion

By TODD MARTENSLos Angeles Times

Over the last several weeks, new video games have tackled unexpected subjects in unpredictable ways. One release was designed to capture the sensation of seeing a newborn smile for the first time. Another sought to illustrate how an entire family could drift apart after the death of a beloved grandfather.

The former was over in about 30 seconds. The latter took a couple of minutes. Both have since disappeared.

The games are part of the online project Meditations, which officially launched Jan 1. The free, web-based platform, led by independent developer Rami Ismail, delivers a new game each day of the year — yes, all 365 of them.

The games are bite-size and can be completed in less than five minutes, but there's a catch: Each is available for only 24 hours, at which point it gets archived until it appears again on the same day in 2020.

So far, there has been a wide swath of games; some are puzzles, others are relatively abstract and most are lightly interactive experiences designed to provoke an emotion. There have been games, for instance, about family, pets, anger, anxiety and pure effervescent joy.

More than 350 developers created games for Meditations; many are professionals, some are students, and they come from all over the globe.

If there's any sort of connective thread among the works, it's that they all feel deeply personal and embody a belief that games are as intimate as they are playful. The games are also text-free; that's one of Ismail's requirements.

"What I want to prove with this is that games are a more global language than any written or spoken language we have," says Ismail, co-founder of Dutch studio Vlambeer ("Ridiculous Fishing").

"English is a lovely lingua franca for our planet, but if you put a soccer ball on the ground and kick it toward someone, they understand they need to kick it back," he continues. "There's no discussion needed beyond a signal of me being playful. So play with me."

Think of each new game in the Meditations series as akin to discovering a song; after all, they're about the same length. Most, when finished, simply close, a digital representation of self-destructing. And while it's likely that many people will hear about a Meditations game after the 24-hour window has passed, for some of the participating designers, that was the draw.

"I think the fact that you can only play each game on a certain day gives them additional value," says Spanish developer Luis Diaz Peralta, who releases many of his games for free and often wonders if they'll find an audience.

"There is something beautiful about fleeting things," says Southern California developer John Vanderhoef, "like shooting stars or a momentary field full of fireflies."

Ismail was inspired in part to start the project after discovering and playing the short puzzle game "Tempres," a work that asks the player to slow down to solve it.

"After completing it," he says, "I felt calmer. I thought that was fascinating. It was a little five-minute thing I played, and my day had a color to it. It had a tone to it."

He began to want a daily game-based ritual. "I wanted 365 days to have a color from a game — an inspiration, a thought, a moment of empathy, a challenge, a consideration or thoughtfulness."

Each Meditation is preceded with a brief mission statement from the designer.

For Jan. 2, Adriel Wallick wrote of the struggles of an introvert. Wallick's game required players to carefully manage the growth of a circle to conserve and expend its energy, serving as a metaphor for time alone versus time spent socially.

The following day, Lisa Brown went deep on depression. Brown's stark game put players in control of a tiny purple fairy who struggled to get a human-like figure to leave the room. Make it out and you are enveloped by beaming light. But doing so was a challenge and required flopping up and over a pit of a despair; succumbing to its bleakness was far easier.

"I think a lot of games, especially larger games, are forced to take a more literal approach," says Ismail. "When you make a game that is more akin in length to a song, you get more abstract modes of interaction and abstract modes of communication.

"That means they map better to the human experience," he continues,

Meditations project. The free, web-based platform, led by independent developer Rami Ismail, delivers a new game each day of the year.

adding, "It's like, 'Here is a feeling.' It's a single with a grandparent. As the mission. Players had

statement and action."
Adds Jupiter Hadley,
who helped curate the
project, "These are like
concentrated versions of
the feelings and emotions
the developers wanted to
bring out."

Peralta's black-and-white game focused on his family's celebrations on Three Kings Day and how they were forever changed when a grandfather died. In one scene, we see the family gathering to sing. In another, years later, the family members are isolated and drift off on their own.

"My mother saw people on Twitter talking about the game and asked me to show it to her," Peralta says. "That caught me off guard. I started the game and sat behind her silently, not knowing what to expect. I was quite nervous. When she was finished, she told me it was beautiful and she sent it over to a few more relatives, who also wrote me back to say they loved it."

Love and loss also figured into the game of Finland's Kimmo Lahtinen, who used an innocent and inviting drawing to show a young child sitting at a table with a grandparent. As the game unfolds, the player tries to stop everything on the screen from disappearing — an ultimately fruitless act.

Finland's Kimmo Lahtinen designed a brief game about memories and family for the web-based

"The sadness and overwhelming futility of fighting against time was definitely intentional make people remember their loved ones and think about things they remember and haven't thought about in a long time," Lahtinen says. "Sadness in itself isn't necessary the feeling I have about my memories of my grandmother — they are more happy and hopeful — but you have to let the project be what it wants to be instead of forcing it into some specific direction."

Not all the games, of course, have such a diary-like tone. Vanderhoef, a gamemaker and assistant professor of film, television and media at Cal State Dominguez Hills, was approached late in the project, and Jan. 19 was simply one of the remaining dates. So he found a true-life event — a helicopter carrying workers to an oil rig that was struck by lightening.

A docu-game, Vanderhoef's entry used old-school pixels to illustrate the rescue mission. Players had little control, as the game shifted from day to night in silence. "Ocean storms, though terrible to be in, have a natural and horrific beauty to them," Vanderhoef says. "The game wants to capture a sense of adventure, dread — existential dread — and ultimately salvation. I wanted the audience to feel the beats of that

TNS GRAPHIC

The hoped-for audience, says Ismail, is those who don't consider themselves game players—the people, perhaps, who participated in Netflix's choose-your-own adventure "Black Mirror: Bandersnatch" and discovered that games not only surround us but can tackle any subject.

journey, short as it may

"Being playful would once save your life," Ismail says. "If you climbed a tree for fun, and a tiger came, you'd be in that tree a lot faster than someone who didn't. We want to be playful. It gets beaten out of us by society, but we want to play. It's a powerful part of being a human.

"It's not a wonder," he concludes, "that this is the defining medium of our century."



TOPS (Take Off Pounds Sensibly

Pounds Sensibly) TOPS (Take-Off-Pounds-Sensibly) support group meets weekly throughout the year at South Punta Gorda Heights Civic Association, 11200 1st Ave., Punta Gorda. Weigh-in starts at 8:45 a.m. and support group meeting starts at 9:30 a.m. All are welcome.TOPS is a low-cost support group. Rather than focus on a specific diet, the group examines behaviors underlying weight problems such as stress-induced and emotional eating, the relationship between weight and health and strategies for obtaining and maintaining a healthy weight. Strategies such as portion control, dealing with emotional eating, reducing carbohydrate consumption, journaling, eating more slowly and engaging with others and many more topics are discussed each week. Members are welcomed with smiles and hugs, have a non-judging environment to share their struggles and gain inspiration by working with others who are dealing with similar

challenges. For more

information visit us

at topschapter0828.

Facebook at TOPS

Chapter 0828.

wordpress.com or on

Lung Cancer Support Group of Punta Gorda

Lung Cancer Support Group of Punta Gorda meets the second Tuesday of each month at 2 p.m. on the 4th floor of the medical office building at Bayfront Health hospital campus on E. Marion Ave., Punta Gorda.

Speakers: March 12: Dr. Bobe, Pulmonologist

April 9: Dr. Glick, Oncologist Florida Cancer Specialists May 14: Thomas Cappello, speaking on

estate planning
For more information,
call 941-637-9575 or
email icgarg@embarq
mail.com.

Alcoholics Anonymous

Call 941-426-7723 for information on meetings in the Arcadia, Venice, Port Charlotte, Punta Gorda, North Port and Englewood areas, including dates times and places.

Ostomy support meetings

The Charlotte County Ostomy Support Group meets at 2 p.m. on the second Tuesday of the month in Port Charlotte. For more information and assistance, contact Jerry Downs at 941-629-7568 or Gloria Patmore at 941-627-9077.

The Charlotte Prostate Support Group meeting

The Charlotte Prostate Support Group will meet from 1 p.m. to 3 p.m. March 15, at the Fawcett Hospital H2U facility located 3280 Tamiami Trail, Suite 493, Port Charlotte, FL 33982 (Promenades Mall, behind the Winn-Dixie, next to the Sherriff's Office). The speaker will be Mr. Bradlee Robbert, Director of Patient Services, UF Proton

experience both medical and social at UF's Proton facility in Jacksonville. A cancer diagnosis is not required for attendance... many of our members have other prostate issues. We try to present an open, casual, environment to discuss any prostate concern.

will address the patient

Women are cordially invited to attend and participate. Refreshments and room provided by Fawcett Memorial Hospital. Our next meeting will be April 12, and the speaker will be Dr. Luis Fernandez, M.D., Primary Care and Family Practice physician from Port Charlotte.



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Quote is from actual patient. Photo is not actual patient.



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E/N/C The Sun | Sunday, February 24, 2019 Page 10 www.yoursun.com

Are teens getting high on social media?

The surprising study seeking the pot-Instagram link

By PETER ROWE

THE SAN DIEGO Union-Tribune

This is a teen's brain on marijuana.

This is a teen's brain on social media.

See any difference? In a groundbreaking study, a UCSD psychiatrist is investigating whether social media affects the adolescent brain in the same way as cannabis. Establishing a link could change how medical professionals view teens' engagement with Instagram, Snapchat and other social media

platforms. "Psychiatrists don't recognize excessive social media use as addictive behavior," said Dr. Kara Bagot, a child psychiatrist and assistant professor in residency at the University of California San Diego. "If it shows similar changes in the activation of the brain's reward circuitry, then we can develop a treatment

model." Other researchers have looked at how social media, for better or worse, affects teens. But Bagot's study is the first to compare social media to

cannabis. "There are studies already that show video games, computer games, social media and increased tech use associated with poor outcomes in physical health, mental health and risk-taking," she said. "We have to have more conversations about how to responsibly use social media."

RARE STANCE

Bagot was a high school

junior in Los Angeles when AOL introduced Instant Messenger, an early texting system. She was not an avid user.

As an undergraduate at Johns Hopkins, a medical student at the University of Illinois at Chicago and then a resident at Yale, she paid scant attention to online platforms.

That pattern continues. The last time she posted to her Facebook page, George W. Bush was in the White House. She's never Tweeted, although her Twitter account contains messages from others, with several applauding her December 2018 appearance on "60 Minutes," discussing adolescent brains and social media.

"I have too much going on in my real life to worry about other people's lives or some representation of my life," she said. "We communicate in other ways that are more real

and more meaningful." Bagot insists she has no bias against social media, but she is concerned about electronic media's effects on children. The mother of two sons, ages 5 and almost 3, she limits what and when they can watch when it comes to videos and television.

"Now," she said, "my 5-year-old knows. He doesn't even ask about watching 'Paw Patrol' on a weekday. It just doesn't happen.'

Hers is a rare stance, Bagot acknowledges: "I had to drag my husband into that."

In the U.S., it would be virtually impossible to create a social media-free bubble around adolescents. In a 2018 Pew

Research Center survey, 95 percent of teens said they had a smart phone, the device most often used to access social media. Moreover, 89 percent said they were online "almost constantly" or 'several times a day.'

Evidence shows that social media usage offers some benefits. While roughly six in 10 teens have experienced cyberbullying, eight in 10 insist that social media makes them feel more connected to friends.

Researchers have noticed that, at the same that social media use among adolescents has risen, teens are delaying getting their drivers' licenses. Rates of underage use of alcohol, cigarettes and illicit drugs are all falling.

"The thinking is," Bagot said, "if you are not hanging out with your peers you tend to use drugs less."

Yet studies also link social media use to depression, insomnia and negative body images. And while postponing some rites of passage (learning to drive, say) may benefit society (and other drivers), Bagot wonders whether this is healthy.

"Kids are increasingly engaging with each other online," she said, "but they are engaging less with real life."

FOUR GROUPS

Bagot's study is a small part of the massive, \$300 million Adolescent Brain Cognitive Development (ABCD) initiative, which will track nearly 12,000 children



TNS PHOTO

Dr. Kara Bagot, a researcher at the University of California, San Diego, poses for a portrait on the campus on Feb. 13, in San Diego, California. Bagot conducts research into the brain activity of teenage social media users.

across a decade. The largest captured by a functional study ever conducted on the minds of teenagers, it was launched in 2015 with experts from more than 20 research institutions,

including UC San Diego. When ABCD began, Sandra Brown, UCSD's vice chancellor for research, predicted that it could "lead to novel approaches to education as well as new types of interventions for common problems emerging during adolescence."

The "novel approach" Bagot plans to use: scanning teens' brains as they view images of marijuana, pot paraphernalia and their own Instagram posts. Researchers will alter the latter, adding or subtracting "likes," to inspire positive or negative

Looking at images

MRI, Bagot's team will see if images of marijuana and Instagram posts light up the same portion of the

While the 60 adolescent subjects will be evenly divided into four groups – heavy marijuana users, light marijuana users, heavy social media users and light social media users — none will be intoxicated while undergoing brain scans.

"We drug test them before they go in," Bagot said. "We want them to go in completely sober."

Subjects, 14- to 18-yearsold, are still being recruited and none have yet undergone a brain scan. Bagot's experiment is funded through the spring, so she plans to finish by the end of the school year.

Education on social media, the professor said, should continue even further.

'We have to teach kids to be good stewards of their own information," Bagot said, citing instances where old Instagram or Facebook posts of reckless or risqué behavior have led to rescinded job offers. "They don't understand that they are leaving a digital footprint."

And those footprints sometimes track mud on other people. Often, objectionable posts include more than one person.

"At some point," Bagot said, "you are responsible for your friends' information as well."

Acting responsibly, though, can be difficult if you are high — on cannabis or social media.

roups

Cancer support group

Fawcett Memorial

Hospital, an HCA affiliate, now offers a cancer support group for cancer patients, their families

and caregivers. The group meets the last Wednesday of each month from noon to 1:30 p.m. with

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lunch provided. Research shows that social support has benefits for cancer patients, those recovering from treatment and their family and loved ones by reducing anxiety and stress, emotional distress and depression, fatigue and the experience of pain while improving mood, self-image, ability to cope with stress and feelings of control. In addition, having a supportive social network can help with recovery and adjusting to life after treatment. The support group allows those experiencing a cancer diagnosis to cope with the

emotional aspects by providing a safe place to share their feelings and challenges while allowing people to learn from others facing similar situations. Cancer patients and

their family members are encouraged to attend. Active participation is not required, listeners are welcome. Physicians and other health professionals will periodically speak to the group on cancer related topics. For more information or to RSVP, please call Fawcett's oncology patient navigators at 941-624-8318.

Cancer Support Ministry

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ministry to anyone affected by this life altering diagnosis. Whether you are new diagnosis or have been battling for a long time, the cancer ministry provides a place where people who understand the treatment journey are available to help, listen and support patients, as well as survivors, caregivers and family members. The Cancer Support Ministry meets the first Wednesday of every month at 6:30 p.m. in room 9 at 507 W. Marion Ave., Punta Gorda. All adult cancer survivors and their caregivers are welcome to attend, regardless of cancer type, church affiliation or faith base. For more information, contact Mitzi Kohrman, kohrman1562@comcast.net.

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SMILES

What's new with the nutrition facts label?

By BARBARA QUINN

THE MONTEREY COUNTY HERALD

What's the most important information to look for — always, always, always — on a food label? Most people say calories. Others say fat. Sugar is important, too, especially added

But what's the most important information? Serving Size. Everything else is based on that particular amount of

Let's say, for instance, I want to compare different brands of ice cream. The US Food and Drug Administration (the folks who recently updated the Nutrition Facts label) has changed some of the standard serving sizes on food labels "to reflect what people actually eat and drink. For example, the serving size for ice cream was previously 1/2 cup and now is 2/3 cup."

Right. So, back to my example. When comparing ice creams, I need to know that the calories and other nutrients listed on the label are accurate only if I eat $^2/_3$ cup. If twice that much gets accidentally scooped into my bowl, I will chalk up double the calories, fat, sugar and you get the picture.

Of course, calories are important, too. So important that the newest Nutrition Facts label now shows CALORIES in BIG, BOLD letters.

"Calories from fat" is one item that was removed from the newest food label. That's because research now shows that the amount of fat we consume is less important than the type of fat. And that explains why we still see Saturated and Trans fats on this new label; they are the types of fat says the FDA.

most associated with inflammatory conditions such as heart disease.

"Added Sugars" has been added to the newest Nutrition Facts label to help us see the difference between those that occur naturally in a food (such as raisins in cereal) and those that are added (such as sugar in cereal). Other sugars in the Added Sugar category include syrups, honey and concentrated sugars from fruit or vegetable juices. This information

Nutrition Facts label on everything for awhile. The deadline for large manufacturers is Jan.1, 2020. Smaller companies have until 2021 to comply,

can help us stay within the guideline to limit our intake of added sugar to no more than 10 percent of our daily Nutrients on the new label have changed as well. Vitamins A and C have been replaced with vitamin D and potassium, since these nutrients are more apt to be lacking in our diets. Another good addition: We will now see the actual amounts (in milligrams or micrograms) of nutrients on the label instead of just the percent Daily Value (percentDV). And to help those who wonder what in the heck is the percentDaily Value, a footnote has been added to the bottom of the Nutrition Facts label to better explain it. In short, percentDV tells us what percentage of the recommended amount of a nutrient is contained in one serving of a particular food. A 3-cup serving of raw spinach, for example, provides 8 percent of the calcium we need in a day. By the way, you won't see the newest

Support Groups

Overeaters anonymous

Overeating a problem? Overeaters Anonymous offers free meetings at 10 a.m. Thursdays at Pilgrim United Church of Christ, 24515 Rampart Blvd., Port Charlotte. Call 941-626-8969 for more information.

Port Charlotte Pulmonary Hypertension & Pulmonary Fibrosis Support Group

The group meets from noon to 2 p.m. on the second Thursday of every month at 2370 Harbor Blvd., Port Charlotte. RSVP Linda Milo at 941-255-5043.

Sex Addicts Anonymous

Sex Addicts Anonymous is a 12-step support group for those who are struggling with sexual compulsion and/or emo tional dependency. No dues or fees. The meetings are held at 7:30 p.m. Mondays in Englewood and 7 p.m. in Port Charlotte. For more information, call 941-222-0539 or email saaenglewood@gmail.com.

Stroke support group

A stroke support group will be held at 1 p.m. on the last Friday of each month at Fawcett Memorial Hospital, Executive FeelingFit@sun-herald.com.

Dining Room, 21298 Olean Blvd., Port Charlotte.

Substance abuse support group

The Substance Abuse support group meets at 5:30 p.m. Wednesdays at the Lifeworks Substance Abuse Services, 4678 Tamiami Trail, Suite 105, Port Charlotte. Contact George at 941-979-5023 for more information.

Women's cancer support group

Celebrate Life women's cancer support group meets at 10 a.m. on the first Wednesday of each month at the Punta Gorda Isles Civic Association, 2001 Shreve St., Punta Gorda. There typically is a speaker. Lunch at a Punta Gorda restaurant follows the meeting. Contact either Diane Mabye at 941-575-7746 or Sara Benson at 941-575-6765 to learn a little more about Celebrate Life.

To submit information about your support group, email the details to

BAYFRONT NEWS & NOTES

Feb. 25, 2:30 p.m. to 4:30 p.m. Ouit Your Way. Bayfront Health Port Charlotte, Conference Center, 2500 Harbor Blvd., Port Charlotte. Quitting tobacco isn't easy. Finding help should be. Bayfront Health and Tobacco Free Florida offer free tools and services to help you get started. Free. Call 866-534-7909 to register

Feb. 26, 1:15 p.m. to 2:15 p.m. **Emotions of the Heart: Stress** Management Class. Bayfront Health Wellness & Rehab Center, 733 E.

Olympia Ave., Punta Gorda. Everyone experiences stress from time to time; however, excessive stress can take a toll on your health. Learn techniques to recognize, manage, overcome and cope. Free. Call 941-637-2450 to

register.

Feb. 27, 5 p.m. to 6 p.m. Attend a Seminar: What Do You Have To Lose? Bayfront Health Punta Gorda Medical Office Plaza, 713 E. Marion Ave., Suite 131, Punta Gorda. If you're considering weight loss surgery, the best place to start is with the right information. That's why we offer free weight loss seminars as an opportunity to talk with the experts. Seminars are

interactive and include members of our weight loss team. You are invited to bring a family member, friend, or other support person with you. Free. Register at www.BayfrontCharlotte WeightLoss.com or call 941-766-4564 to schedule a free consultation.

Feb. 28, 10 a.m. to 11 a.m. Hands-Only CPR and Early Heart Attack Care (EHAC). The Friendship Center of Desoto County, 219 W. Oak St., Arcadia. Hands-only CPR is a method of CPR that has been recommended by the American Heart Association (AHA) since 2010 and is ten times more likely to save someone in cardiac arrest then not doing anything. Help given immediately in an emergency can often make the difference between life and death. Free. Seating is limited. RSVP required. Call 863-494-5965 to register.

Feb. 28, 10 a.m. to 11:30 a.m. Forever Bonds Breastfeeding Support Group. Bayfront Health Port Charlotte, Conference Center, 2500 Harbor Blvd., Port Charlotte/ New moms — and moms-to-be — are invited to share and learn about breastfeeding. Free. Call 941-624-7214 to register.





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Doctors talk heart health at Fawcett's cardiovascular symposium

By KAYLA GLEASON

FEELING FIT CORRESPONDENT

"How many of you have experienced heart problems," asked Fawcett Memorial Hospital's President and CEO Bill Hawley.

Nearly half of the guests filling the Charlotte Harbor Event and Conference Center stood

According to the Centers for Disease Control and Prevention, heart disease is the leading cause of death in American men and women.

And, in an effort to get the word out on both preventative measures and care options, the hospital held their second annual Cardiovascular Health Symposium on Wednesday.

"I'm sorry that you have to be here," said Dr. Dennis Stapleton, a cardiovascular surgeon, "that's what I tell all my patients."

As the first of three guest speakers, Stapleton went on to detail the choices patients have when facing heart surgery.

His number one piece of advice?

"Ask your friends, nurses, primary care doctor, cardiologist who the best choice is, who they would recommend. Ask them who they would pick if it was them or a family member looking



Bill Hawley President and CEO of Fawcett Memorial, introduces Dr. Dennis Stapleton, at the Fawcett Memorial Cardiovascular Health Symposium.

for a surgeon."

And doctors at Fawcett continue striving to be a first choice.

"We are currently a top 100 hospital for cardiac intervention according to Hospital Grade and a 5-star recipient for treatment of heart failure and heart attack care. I'm very proud of that," Hawley said.

Stapleton added: "If I keep you here to operate, you can trust there's no one better in the area to do your surgery. I'll be the one who sees you every day, I'll be the one holding your hand and helping you through the process."

Many patients, however, might never even have to meet Stapleton due to the preventative measures of other staff, including Dr. Melody Stratton and Dr. Sergio Cossu.

Stratton, a cardiologist, detailed early warning signs, as well as ways to



FEELING FIT PHOTOS BY JERRY BEARD

The majority of the crowd stands, when asked by Bill Hawley, President and CEO of Fawcett Memorial, to show who has been affected by Cardiovascular disease, at the Fawcett Memorial Cardiovascular Health Symposium, in Punta Gorda, Wednesday.



Cardiothoracic Surgeon Dr. Dennis Stapleton answered common questions about open heart surgery.

deter heart problems.

"Cardiovascular disease is largely preventable. Heart disease has been so well studied we know what causes it and we know how to prevent it," she said

Some risk factors, unfortunately, are unchangeable, including age, being male or having a family history of heart disease.

Still, there are many more influences we can control and help to lower the risk such as tobacco use, high blood pressure, high cholesterol, diabetes, obesity and lack of physical activity.

"Everyone is different, so heart disease looks different in everyone – we had one lady come in with stomach pains and, turns out, she was having



Electrocardiologist Dr. Sergio Cossu, explains heart rhythm problems.

a heart attack. But early recognition is key, we try to keep you away from Dr. Stapleton," Stratton said.

Another common cardiac issue comes in the form of atrial fibrillation, or irregular rhythm, which Cossu specializes in.

"We're still cardiologists, we just have extra training in the electrical system – we like to say cardiologists are divided into plumbers and electricians," he said.

An irregular heartbeat can be divided into tachyarrhythmia meaning it's too fast — and bradyarrhythmia

— and bradyarrhythmia — too slow. Both issues can cause palpitations, dizziness and shortness of breath and lead to everything from blood clots to stroke. "Here in Charlotte County, it's almost an epidemic due to the age of our population and it's been estimated that 5.6 million people in the United States will have atrial fibrillation by 2050," Cossu said.

Luckily, atrial fibrillation also has a variety of treatment options so patients and doctors can decide together what works best, from anticoagulants to surgery.

"Talking about cardiac care, we are a great hospital. [These doctors] make the community a safer place for all of us to live," said Hawley.

"This is a growing community so our hospital has to grow too."

In addition to the very visible parking garage



Dr. Melody Stratton explained catheterization lab procedures.

MORE INFORMATION

The American College of Cardiology has a heart disease risk calculator on their website for those interested at http://tools.acc.org/ASCVD-Risk-Estimator-Plus/#!/calculate/estimate/

The risk calculator should not replace regular health screenings.

construction project, Fawcett is also adding more patient rooms, expanding their cardiac catheterization labs and planning for a helipad, all to better treat and provide for those coming through their doors.

"You can get your life back and get back to the people and things that you love," Stapleton said.

Moga

- Englewood Beach: Daily at 8:30 a.m.; and Wednesday at 5 p.m. 941-473-0135. Sunset class on Wednesday nights will be at 6 p.m., effective March 13.
- Manasota Beach, 8570 Manasota Key Road: Monday-Friday at 8 a.m. and 9 a.m.; Saturday 9 a.m.
- Venice Beach Yoga, Daily 8 a.m. and 9 a.m.; Monday-Thursday at 5 p.m.
- North Jetty, Nokomis Beach Yoga, 1000 S. Casey Key Road: 9 a.m. Monday-Friday. All ages and abilities bring a

towel or blanket and join. Free will donation.

• Yoga Tots — The Punta Gorda Library, 424 W. Henry St., hosts the free program Yoga Tots Storytime from 10:15 a.m. to 10:45 a.m. on Fridays for children ages 12-36 months. Bring your toddler, towels or yoga mat to stretch your mind and muscles with a story and fun yoga poses. For more information, call 941-833-5460 or email: PuntaGordaLibrary@ charlottecountyfl.gov.

If you would like your free yoga event added to our events, email feeling-fit@sun-herald.com.

Don't forget to recycle your newspapers!

High cost of insulin may be sending consumers to use over-the-counter version, researchers say

By SARAH GANTZ

THE PHILADELPHIA INQUIRER

As drug prices continue

to rise, patients who can't afford their medicine are taking some truly drastic steps.

Some travel across borders or order through international online pharmacies, where medications commonly retail for much less. Others try to ration or skip doses.

Researchers at Christiana
Care Health System in
Delaware set out to learn
more about an option
for people struggling to
manage diabetes amid
rising insulin prices: Overthe-counter insulin.

Human synthetic insulin has been available over the

counter, without a prescription, since the 1950s and retails for a fraction of the price of the newer, analog insulins that are now commonly prescribed.

Still, Walmart-brand ReliOn human insulin is available without a prescription in every state except Indiana and retails for a fraction of the cost of brand-name versions, making it popular among patients who can't afford the pricer versions their doctors prescribed, according to the researchers' findings, published in a research letter in JAMA Internal Medicine Feb. 18.

Researchers surveyed 582 Walmart and chain pharmacies about their sales and customers. Just over half of the 557 pharmacies that completed the survey were Walmart pharmacies. Among them, 87 percent said they sold over-the-counter insulin daily. Non-Walmart pharmacies reported infrequent over-the-counter insulin sales.

Fifty-five percent of the pharmacies surveyed said they were aware of patients who purchased over-the-counter insulin because they could not afford their prescription insulin.

A 10 milliliter vial of ReliOn costs \$24.88, compared to between \$152 and \$163 for a vial of Novolin or Humulin, according to the report.

"Many patients with diabetes are struggling to afford their medication. The availability of insulin over the counter is potentially a solution for some patients, but doesn't come without potential consequences, especially for patients who do not have access to a health care provider to help use that medication safely,' said lead author Jennifer N. Goldstein, a doctor and assistant program director of internal medicine at Christiana Care System.

Human synthetic insulins predate federal drug prescribing regulations established in 1951 and have continued to be available without a prescription since then.

These days, patients are more commonly prescribed a combination of newer, analog insulins that help keep blood sugar levels even throughout the day. They're often considered easier to use and more predictable, Goldstein said.

Human insulins like ReliOn don't last as long and must be taken more often. But they are effective in managing diabetes for many patients with careful attention to diet, meal times, and when insulin peaks.

While the pharmacy survey found that this type of insulin is popular, it's unclear whether the type of insulin a patient chose had any effect on their health.

"It's really unclear whether over-the-counter insulin is associated with better or worse outcomes for patients because there's no data," Goldstein said. "The next step is really to try to examine use and outcomes."



Neuro Challenge for Parkinson's patients and caregivers

St. David's, 401 S.
Broadway, Englewood, is welcoming Neuro
Challenge, a non-profit organization dedicated to improving the quality of life of people with Parkinson's and their caregivers. Neuro Challenge provides ongoing monthly support groups, educational programs, and individualized care, advising to help empower people with Parkinson's

and their caregivers with A Better Approach to Parkinson's. They will meet in St. David's Parish Hall every the third Friday of every month at 10 a.m. Neuro Challenge serves Manatee, Sarasota and Charlotte counties - there are an estimated 9,000 people with Parkinson's in the three county service area. For more information, call 941-926-6413, 941-474-3140 or go to www.neurochallenge. org. Neuro Challenge is happy to include people with other neurological illnesses — ie: MS; ALS;





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Wanted: Public servants for thankless jobs. OK, who's in?

By CHRISTOPHER BORRELLI CHICAGO TRIBUNE

CHICAGO — Earlier this month, on a cold, foggy night in the Chicago Loop, students in a public administration class at DePaul University had a conversation about whether they wanted to be public administrators. They wondered, if federal shutdowns and unpredictable governing are the State of Public Service in 2019, maybe they didn't care to

become public servants? They didn't ask what their country could do for

They asked why they should do for their country.

Bradly Johnson sat at the front of the class wearing a concerned expression and a dark sweater. He said he didn't feel confident, he felt scared. He said, "Maybe it's a selfish reason, but I would worry about a paycheck — could it be taken away by someone with an agenda?" He said if anyone came to him right now with a federal job he's perfect for, "I guess I would have to tell them, seriously, 'Hell no.'

"I mean, do I want to be a part of that?"

Angela Tucker, seated in the back row, shook her head slowly. Her dad



Bradly Johnson participates in a discussion about ethics in teacher Samantha Loo's class on Feb. 12 at the School of Public Service at DePaul University in Chicago, Illinois.

works for the Department of Defense, he was paid throughout the latest shutdown, he was essential. "But I wonder, should I work for a department that might be less likely to be affected by any future shutdowns? Or do I work for a department more aligned with my passions?"

The room went still. They are graduate students, most in their mid-20s. They were seasoned; a handful already had worked for the federal government. But this was not what they signed up for when they considered public service — and there is statistical evidence

that all of this wariness is having a toll on public administration programs nationwide.

The students' textbooks were open to a section on "General Ethical Perspectives," textbooks that never anticipated the general perspective that the U.S. federal

government might partially close someday and not pay nearly one million public servants for a month, then only weeks later veer toward yet another shutdown, because the executive branch wants to build a gigantic wall on the Mexican border. For the almost two dozen students in MPS 594 Ethical Leadership in Public Service, recent history loomed large. So Samantha for the government now Loo, their instructor, who prides herself on discussing with students the everyday ramifications of a life in government, set aside time to ask her public service students if the lurching, uncertain trajectory of government had them rethinking the

"I mean, even if you're not planning to work for the federal government," she said to them, "how has (the potential for more shutdowns) effected outlooks on public service?"

The room was cold, the students buried beneath layers of sweatshirts, down jackets and knitted shawls. Luis Gonzales, wrapped in a heavy blanket, said he works in HR hiring, "and so I think the worry now is those individuals who might be passionate about

public service might not,

you know, consider work in a place that's just not stable."

Students said they can't stop thinking of anxious families.

They said they can't stop thinking about federal employees making long commutes to "jobs that are no longer the secure government work they thought they signed up for."

In other words, working is like working anywhere. Curse the federal bureaucracy, but once, for millions, bureaucracy meant a degree of stability, owning a home, having a family.

James Perry, distinguished professor emeritus at the School of Public and Environmental Affairs at Indiana University in Bloomington, said there was a time when a worker entering the government in the '60s "might expect to spend 30 years in a federal job — certainly there are people there now who still have those type of jobs."

Indeed, ask around and public administration schools report that enrollment is either up or booming; the University of Chicago's Harris School of Public Policy says enrollment doubled in as

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EMPLOYMENT Services Professional 2010 2015 2020 2025 Banking Clerical Computer 2030 2035 2040 2050 Medical Musical Restaurant/Hotel SkilledTrades Management 2060 Sales Child/Adult Care Needed 2100 General Part-time/ Temp Home Based Business Seeking Employment 2120

2005 SERVICES

PROFESSIONAL RESUMES: SARASOTA/CHARL CO. CALL FOR DETAILS 941-214-5257

2020 CLERICAL/OFFICE



OFFICE ASST: Fast Paced Multi-Tasker, QB, Data Entry, Phones. P.C. Email Resume or Letter of Interest to: kpaine@sunletter.com

2030 MEDICAL

\$2000 Sign on **BONUS!!**

SOLARIS HEALTHCARE is now Hiring POSITIONS AVAILABLE

FULL TIME, PRN &

Apply: solarishealthcare.vikus.net

CARE GIVER FOR PRIVATE Home. 4PM-10PM SHIFT, PORT CHARLOTTE 941-629-0872

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Find New Clients by Advertising Your Services in the Senior Directory Every Wednesday in The Sun Newspapers.

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CNA's (3-11) or (11-7) Cook (Full Time) SLPN (3-11) OPS SLPN (7-3) OPS RN (3-11) **OPS CNA/Trainee OPS Food Support** Worker **OPS Maintenance** Repairman

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941-613-0919 Online:

www.peoplefirst.myflorida.com

MEDICAL OFFICE HELP needed for busy MD practice in Pt. Charlotte, CMA certified pref. Competitive salary & benefits. Email Resume to KSSESHADRIMD@ yahoo.com or Call (941)-627-5151

2030 MEDICAL

HEALTHCARE

www.HorizonTechInstitute.Com "ADVANCE YOUR CAREER" icensed & Accredited School Murdock Town Center on 41 1032 Tamiami Tr Unit 3 YOU can become a LPN within 11 months. Enrollment ongoing.

PHLEBOTOMY, EKG, Classes Start 03/04 LPN-wkds 03/04 CNA- 03/04 Med. Asst. 03/04

Start Working In 2-5 wks! Classes Start Each Month

- Call For Class Dates

 Nursing Assistant (120hrs)
 Home Health Aide (75hrs) Phlebotomy Tech (165hrs) EKG Tech (165hrs)
- Patient Care Tech (600hrs) Job Assist. & Pymt. Plans
 Call Now to Register! 941-889-7506

2040 RESTAURANT/ HOTEL

DELI HELP, Early Morning, 5:30AM-1:30PM Full-Time. Some Exp. Req'd. 941-661-5913

PREP COOK, DISHWASHER, & EXP. LINE COOK NEEDED. Tolls Paid SOUTH BEACH BAR & GRILL Boca Grande 941-964-0765

2050 SKILLED TRADES

Sarasota County **BUS DRIVER**

START A NEW CAREER! No Experience Required: If you have a good driving record and are customer service oriented, we will train you! Training includes

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JOB OPENINGS AT www.scgov.net/careers FOR ASSISTANCE CALL (941) 861-5742.

IMMEDIATE OPENINGS FT PARTS/COUNTER HELP & MECHANIC Mechanic

should be knowledgable in small engines, mowers, Diesel, tractors and hydraulics. Pay based on verifiable experience. Apply in person @ 5195 Duncan Rd. PG

PEST TECHNICIAN F/T, Exp. Preferred. Boca Grande Area. Company Truck, Cell Phone, & Tolls Provided. Must Have Clean DL (941)-964-0888

2070 SALES

PART TIME SALES. FURNITURE/MATTRESS EXPERIENCE REQUIRED. 12-4 SUNDAY PLUS ONE WEEK DAY. \$9 AN HOUR PLUS COMMISSION. RETIREE'S WELCOME TO APPLY. CONTACT BOBDP.TSS@GMAIL.COM

2100 GENERAL

ARTISTREE LANDSCAPE seeks an experienced tech

in turf & ornamental applications. Clean Florida DL, 2 yr. driving history required. Great opportunity! 2 wks pd. vacation after 1 year & pd. holidays after 90 days! Great health plans -

Call 941-488-8897. Apply online at: www.artistree.com or in person at 160 Pond Cypress Road, Venice, FL 34292

> Tenice 🎬 Gondolier Sun

CARRIERS NEEDED

The Venice Gondolier Sun is now taking applications for carriers in Venice and surrounding areas. Must have dependable vehicle, a valid Florida Drivers License and proof of insurance.

Apply in person: 200 E. Venice Ave. Venice, FL 34285 No Phone Calls Please.

CLEANING PERSON, P/T with Exp. and References for Residental House Cleaning. Call 941-639-2235

DOCK HAND Needed at Marina on Boca Grande. Call 941-964-0154

2100 GENERAL

now hiring

DRIVERS, & WAREHOUSE HELP for Local Seafood Company. EXC Pay!!! 941-380-9212

GENTLEMAN in Englewood needs someone to drive him shopping 2 days per week, 2 hours a day for \$70, (941)-662-6142

HOUSEKEEPING START IMMEDIATELY! Apply in Person to: DAYS INN 1941 Tamiami Trl. Port Charlotte

IMMEDIATE OPENINGS!

We Have Several Open Positions for Sales Representatives to Promote the Sun Newspapers at Various Locations, Grocery Stores, and Events Throughout the Area.

This is an Enjoyable Year-Round Position with the Potential to Earn \$100-\$300+ Per Day on a Part Time Basis! Perfect for College Students, Retirees, and as Supplemental Income This is an Opportunity to Work in a Positive, Professional Work

Flexible Hours. If You Are:

Environment with

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- Complete and Thorough Training
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To Make an Appointment for an Interview, Please Call Andy at 941-268-5731

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Biology (9-month) Chemistry (10-month) Positions are full-time. Application review begins 4/7/19. For details and to apply visit http://sfsc.interviewex-

change.com. 863-784-7132. EA/EO.



MAINTENANCE TECH (Professional Handyman) WellPath/FCCC F/T

Maintenance service & repairs of plumbing, carpentry, painting, plastering, machine servicing, & electrical servicing. High school diploma or equivalent required. 1 yr. of general maintenance. EPA cert. for refrigerants or HVAC training.

THERAPEUTIC SECURITY TECH (TST) Wellpath/FCCC

NEW RATES. Front-line support to residents in living units by continuously monitoring esidents & unit activities. Benefits, 401K, promotional opportunity, High school diploma or equivalent required. 1 yr. direct care experience in a forensic, correctional, mental health or hospital setting.

CUSTODY TECH (CT) Wellpath/FCCC

NEW RATES. This position assists C/O's in maintaining custody, safety of residents. Assist with other duties. Benefits, 401k, career opportunity, High school diploma or equiva lent required. 1 yr. direct care experience in a forensic, correctional, mental health or hospital required.

https://wellpathcareers.com/ **₩ wellpath** To hope and healing.

13619 SE Hwy. 70, Arcadia **ADVERTISE!**

MARKETING DEPT needs 4 eople. Must be motivated and outgoing. F/T & P/T positions Avail. Hourly + Comm. **941-769-1000 or Fax** Resume to 941-625-2118 2100 GENERAL

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2110 PART TIME/ **TEMPORARY**

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Retired, sitting at home doing nothing, thinking about workng a few hours a day a couple days a week? We might just have the answer. We are currently seeking on-call drivers and attendants to staff our rapidly growing Mortuary Transport Service. All training and equipment is provided. Call our office if you think you might be interested for an interview. Our employees must be well mannered, no criminal histories and drug free. Position requires you to be on-call 24 hours a day on the days you commit to work. Must have operating cell phone and we require professional dress Night-time Dispatcher(11P-8A) positions also available to work from home after training

1000

941-429-0406 1pm-4pm

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REAL ESTATE 1010 - 1650

Open House Real Estate Auctions 1010 1015 Homes/General For Sale 1030 Waterfront Homes For Sale 1031 Foreclosures For Sale 1035 Golf Course Community For Sale Condos/Villas For Sale Townhouses For Sale 1040 1060 Duplexes For Sale Tri-Plex For Sale Apartments For Sale 1080 1090 Mobile Homes For Sale

Interval Ownership

1100 Out of Area Homes For Sale Trade/Exchange 1115 1120 Wanted To Buy

Lease Option Homes Condos/Villas 1280 1300 Townhouses **Duplexes** 1320 Apartments Hotel/Motel 1340 Mobile Homes 1345 1350 Misc. Rentals Efficiencies Room To Rent 1370 Rentals To Share Vacation/Seasonal Wanted To Rent

LOTSLots & Acreage
Waterfront 1500 1515 1520 Out Of Area Lots Commercial Lots 1540 Trade/Exchange

Business For Sale 1610 **Business Rentals** 1615 Income Property 1620 Commercial/ Industrial Prop. 1640 Warehouse & Storage 1650 Farm/Ranches

1010 OPEN HOUSE

02/24/19

1010 OPEN HOUSE

BRAND NEW GULF-ACCESS **MODEL HOME! OPEN 12-4** SAT. & SUN. or by Appt.

2000sf 3/2/3 Car Garage w/POOL! 2989 Cabaret St., Port Charlotte SUN REALTY 941-875-4150 Hope Sage, Owner/Agent



OPEN SUN. 12-3PM 3/2/2 Remodeled w/ major updates.

Open concept home on private, oversized lot. Granite countertops with breakfast nook. Formal dining room. Must See \$299,900. For Sale by owner

10190 CHARLÉMONT AVE Englewood 941-740-1687



ENGELWOOD- Park Forest OPEN THURS - SUN 12-3PM 250 PARK FOREST BLVD 2/2/2, Den, Lg. Encl. Lanai. Hurricane Windows & Garage Door. Kitchen & Baths Updated! \$245K 941-475-4223

FIVE STAR REALTY OPEN HOUSES

Stop by Five Star Realty to pick up a home tour flyer with directions.

SUNDAY 2/24/2019

3400 Bal Harbor Blvd, Punta Gorda, FL 33950, 12:00PM-3:00PM

1315 Penguin Court, Punta Gorda, FL 33950,

12:00PM-3:00PM 572 Toulouse Drive, Punta Gorda, FL 33950, 1:00PM-3:00PM

509 Royal Poinciana, Punta Gorda, FL 33955, 1:00PM-3:00PM

2840 Suncoast Lakes Blvd, Port Charlotte, FL 33980, 1:00PM-3:00PM

1400 Mineo Drive #10A, Punta Gorda, FL 33950, 1:00PM-3:00PM FOR MORE INFORMATION

AND PHOTOS, VISIT:

WWW.FIVESTARREALTY.COM



New listing beautiful maintenance free Trotter home in White Stone section of Southwood of Venice. 3/2 pool home with many upgrades **Sunday 12-5**. 5073 Winter Rose Way Call Helen 941-320-1737 or office 941-954-4443



PT CHARLOTTE, FL 33948 Spacious 3/2/2 Pool Home on DOUBLE Lot \$264,900 Bobbi Bevis-941.815.1176 **The Bevis Group**

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11826 SW DALLAS DR. S AKE SUZY. NEWLY RENOVATED Magnificant Waterfront! 3/2/2, 1982sf. \$299,900. Russell du Toit, MVP Realty 941-623-3500 1010 OPEN HOUSE

OPEN HOUSE SUNDAY 1 PM - 4 PM 2179 Palm Ct in Charleston Park, North

Your Host: Kimberlee Hicks Nix & Associates Real Estate



OPEN SUN. 1-4 13868 Alafaya St ISLAND WALK 2/2/2 PLUS DEN, 1600SF, 2 YRS OLD. \$271,000 (618)-910-1408

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RESORT STYLE 55+ Community OPEN HOUSE WED. 10-2 701 Aqui Esta Dr P.G. Preview our homes at ww.buttonwoodvillage.com 941-575-1701



Resort Style 55+ Community OPEN HOUSE WED 10-2P 27110 Jones Loop, PG Preview our homes @ www.venturalakes.net 941-575-6220

1020 HOUSES FOR SALE



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ROTONDA WEST NEW 3/2/2 WITH SPLIT LAY-OUT, OPEN FLOOR PLAN, OVER-SIZED 2 CAR GARAGE, LOCATED IN AN "X" FLOOD ZONE, CITY SEWER/WATER, GORGEOUS POOL AND CAGE, \$299,900 RELIANCE PROJECT MGM'T, LLC

CGC # 1512533 **CALL TODAY FOR FLOOR PLANS** AND YOUR PERSONAL TOUR
941-468-8300

Port. Gated Community \$74/mo HOA fees 3/2/2 - 2,458 sf under roof, Original Owner, Room for a Pool \$269,900 **Seller Financing Available Blue Mind Group** 941-916-8289

1020 HOUSES FOR SALE



DEEP CREEK'S Finest! Built strong in 1998, this up dated 2198 sq ft 3/2.5 poo home is beautiful. 13' ceilings crown moldings, huge kitcher with center island, large maste suite with spacious bath and walk in closets. Lanai with huge greenbelt views! Call today for info and list of upgrades!
\$335,000

Pat Walker 941-276-4674

REMAX Anchor Realty



ENGLEWOOD 3/2 family room, lg. Scr. porch, 2 car garage. Great floor plan. New kitchen & hurricane windows. \$225,000 and Lot next door \$15,000 941-492-5050 INVESTMENT REALTY OF W.FI.



2019 Home w/corner lot Rm f/RV & boat storage Tile/granite throughout 9'4 walls/wood cabinets \$239,900. Call 941-662-0833



ENGLEWOOD NEW 3/2/2, 1600+ SF., SPLIT LAYOUT, OPEN FLOOR PLAN, OVERSIZED 2 CAR GARAGE, LOCATED IN "X" FLOOD ZONE, WITH CITY WATER 80' x 125' Home Site. SPRING DELIVERY. \$239,900. CALL FOR FLOOR PLANS AND YOUR PERSONAL

Tour TODAY! Reliance Proje ect Management, LLC CGC # 1512533 941-468-8300



* * \$179,900.** New Custom Homes From \$179,900. on Your Lot. Custom 3/2/2 ~ Classic Series. We Also Have Home Sites Available.

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103 BROADMOOR LN.
PORT CHARLOTTE
3+2, LIKE NEW, BUILT 2016,
TRADE CONSIDERED. CARL ANDERSON, REAL ESTATE BROKER 941-441-6808



NORTH PORT 2305 Shackleford Ave. 3/2.5/2 2262 SF, 2 Story, Upgraded and Move in Ready New AC, Appli, Paint, Carpe JUST RÉDUCED! \$223,900 Allison James Estates & Homes David Lucarini 941-993-8336



NORTH PORT 4911 Whispering Oaks Dr.,
GOLFER OR NOT, YOU'RE
GOING TO LOVE THE
LEISURELY, LUXURIUS RESORT LIFESTYLE afforded in this LIKE NEW MAINTENACE-FREE TURN-KEY FURNISHED 1500 SF 2-bedroom, 2-bath + den/office with 2-car garage in fabulous gated golf commu nity of Heron Creek. NEW exterior paint! AC replaced in December 2015! **\$215,000** Patty Gillespie Remax Anchor 941-875-2755

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NORTH PORT 5574 Gagnon Terrace. SOLAR POWERED HOME!! Immaculate, 3 bdrm 2 bath, Pool home, 1987sq ft built in 2004. Fenced yard, private setting. RV parking. Beautiful! Don't miss this

energy efficient home. Perfect! \$289,900 Pat Walker 941-276-4674 REMAX Anchor Realty

1020 HOUSES FOR SALE



NORTH PORT Make this 4/3/3 +
OFFICE/DEN POOL HOME
YOURS! CROWN MOULDING,
TRAY CEILINGS,

INTERCOM/RADIO THROUGHOUT, TILE. SITUATED ON GOLF Course Lot. Immecaulately Kept! 1 Year Premium Home WARRANTY! \$464,900. Sharon Kerr 941-286-7315 Coldwell Banker Sunstar Realty

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ON THE RIVER 1935 CITRON ST, PT CHAR Majestic views 200' of waterfront 3/3/2 with pool, 3000sf Living, New Roof, Oversized Lot, By owner Poss. Owner Fin. \$678,000 941-286-5175



PORT CHARLOTTE 15341 Mille Fiore Blvd., CHARACTER, CHARM, AND ARCHITECTURAL DETAIL ABOUND in this STUNNING MEDITERRANEAN DESIGN. 2000 SF 3/2/2 WITH 12x27 HEATED PEBBLE TECH POOL with serene wooded view (privacy!) in rear. Located in NW Port Charlotte's very private gated community of Villa Milano. Available turn-key fur-nished! CITY WATER & SEWER LOW HOA FEES! \$300,000 Patty Gillespie Remax Anchor 941-875-2755

PRICED TO SELL!



PORT CHARLOTTE 15349 Mille Fiore Blvd. Seller Paid \$450K to build this specatular home: it's priced at only \$315K! STUNNING CUSTOM 1-0WNER Waterfront 2200 SF 3/2/2 + Formal Din-ing Room, Breakfast Nook & Den/Office. Huge Screened Lanai Highlighting incredible pond with waterfall in gated community of Villa Milano. Low HOA (\$98/MO) 315,000

Patty Gillespie, Remax Anchor 941-875-2755



PORT CHARLOTTE 21963 Catherine Ave. Great investment/starter home, move in ready, newly screened lania, all appliances, rv/boat parking, reduced price \$97,000 call for appointment 941-391-2650



PORT CHARLOTTE 3/2/2 Custom Built Sailboat POOL Home! Built in 2000, 2,199 SQ. FT., CONCRETE SEAWALL, NEW DOCK, SS APPLIANCES & MORE! \$422,000. McCarthy Realty, Inc. Call Ellen 941-628-6954



PORT CHARLOTTE 33948 COMPLETELY UPDATED 3/2/2.
BRAND NEW PLUMBING, CARPET,
GRANITE, APPLIANCES & MORE Freshly Painted In & Out.

Move in Ready! \$214,000. Bianca Mesa K COMPANY REALTY 941-286-6069



PORT CHARLOTTE 3504 Harbor Blvd., A spacious 1800+ SF 3/2/2 POOL home with fully fenced yard in a very convenient area priced to fit your budget at just \$180,000! CITY WATER & SEWER!

Patty Gillespie, Remax Anchor 941-875-2755



Beautifully Remodeled Home 4201 Yucatan Circle, 2/2/2 1,200 sqft open floor plan. *Price Reduced \$ 174,900* A must see upgraded turn key home excellent location. Call Neil Macklin 941-822-5955

1020 HOUSES FOR SALE



PORT CHARLOTTE Suncoast Lakes Gated community, 3 bdrm 2 bath, large lanai, 1936 sq ft, 2 car gar, community pool Freshly painted,

new carpet in bedrms \$250,000. Pat Walker 941-276-4674 **REMAX Anchor Realty**



Suncoast Lakes is a gated community and home to this 3/2 open and spacious great room floor plan, (1913 sq ft). Lovely lanai looking out to greenbelt area. Large kitchen with lots of counter space and

large pantry. Built in 2006. See this one today! \$245,000 Pat Walker 941-276-4674 REMAX Anchor Realty



Awesome **POOL** Home That Sits on 3 Lots. Fireplace, New Appl., Fenced Yard. Move in Ready! Great Location & Privacy. \$270,000. **941-456-5059 or 941-628-8392**



PUNTA GORDA 3/3/2 27013 Creekbridge Dr. 3328 SF pool home w/extra lot & privacy fence. 11 rooms, & upgrades too numerous to mention. \$315,000 941-914-4071



PUNTA GORDA Nice 2/2/CP Doublewide on Sailboat Canal w/ CHA. \$140,000. **ALSO** 28` Hunter Sailboat Available. 941-624-0355 or 941-800-7105



RIVERWOOD- GATED/GOLF RESORT STYLE COMMUNITY. YOU HAVE TO SEE THIS 180 DEGREE View of Golf & Water 3/2 Come See to Appreciate! Offered at \$284,000. Maureen Duso or Kelli GEDDEIS 941-625-7653 OCEAN PARTNERS REAL ESTATE



ROTONDA to-be-built 2711sf Permitted 3/2/2 **Oversized Lakefront Lot** Tile/granite throughout 9'4 walls/wood cabinets \$329,900. Call 941-662-0833

ROTONDA WEST

129 Mariner Lane. 3/2/2 Pool Home, 1900 SF, Split Floor Plan, Updated Kitchen and Baths, New AC, Private Backyard. Beautiful Landscap ing. Call For Showing! \$269,000 330-312-1434



VENICE 4/2/3 20750 Granlago, Gran Paradiso, Water & preserve view. West Villages Realty. OPEN HOUSE Sun 2 1-4p. \$399,000 239-634-6404



THIS STUNNING, UPGRADED 3/2.5/2 LAKEFRONT HOME LOCATED IN LAKES OF JACARANDA SHINES! COVERED FRONT PORCH, QUARTZ COUNTERS, RESURFACED CABINETS W/ ISLAND, NEWER APPL., EIK THAT OPENS TO FAMILY ROOM! INCREDIBLE PAVER LANAI W/ LAKE VIEWS. CLUBHOUSE, POOL, TENNIS & MORE! \$422,500. Sharon Kerr 941-286-7315 Coldwell Banker Sunstar Realty

1030 WATERFRONT HOMES



1030 WATERFRONT HOMES

10578 RIVERSIDE RD PORT CHARLOTTE. FL 33981 *REDUCED* **OPEN BY APT**



UNIQUE ONE OF A KIND SAILING COMPOUND

A SAILOR'S DREAM! GORGEOUS 3 BEDROOM 2.5 BATH 4 CAR GARAGE HOME WITH HEATED POOL & SPA AND OVER 2,550 SF UNDER AC OF LIVING SPACE (3284SF TOTAL) A 160' CONCRETE SEAWALL, 145' OF DOCK INCLUDING 2 BOAT LIFTS. IF SAILING AND LIVING ON THE WATER IS YOUR DREAM, THIS IS YOUR DESTINATION FLA GOLF PROPERTIES INC 941-698-4653



2/2 2nd bath off carport. Sits on canal with dock. Great view. 6379 Pontiac Lane, North Port, Fl. \$195,000. 812-789-3393



HOME IN PGI 3BR/2.5 BTH PLUS a Study/den and more, situated on a fabulous wate-front location in PGI. SAILBOAT ACCESS and QUICK OUT to CHARLOTTE HARBOR. Beautiful open kitchen & family room design. Great for entertaining! Water views from virtually every room. Designer pool & spa. \$1,199,000.00

Jeff Cardillo, Re/Max Harbor Reality 941-626-1613



PUNTA GORDA 2/2.5/2 99 VIVANTE BLVD #313, AMAZING WATER VIEWS, FULLY FURNISHED condo at Vivante. Garage w/storage room. \$445,000 Call 401-536-7670



PUNTA GORDA ISLES Printa GORDA ISLES
Prime Sailboat location.
3 BR/2.5 BA plus Loft Over
2600 Sq.Ft. Heated Pool, Spa,
Boat Lift Built in 2001
with updates. \$784,000
Marie Sellitto 941-626-3770 **Coldwell Banker Sunstar**

USE CLASSIFIED!



SAY WOW PUNTA GORDA-TO THIS 2 STORY 4/5.5/2 ESTATE ON 30 ACRES INCLUDES REESTANDING 2 STORY GARAGE

WITH 2 IN-LAW APTS. &
DETACHED 1 STORY HOME.
PRIVATE BOAT RAMP, NATURAL SPRING, SECURITY CAMERAS, GATED, GRANITE, 10-20'
CEILINGS, TRAVERTINE, MARBLE
ONYX, & SO MUCH MORE!!
COME AND SEE THE PINNACLE OF LUXURY IN PARADISE!

\$3,900,000. Stefanie Pish, 941-716-334 Coldwell Banker Sunstar

1040 CONDOS/VILLAS **FOR SALE**



DEEP CREEK 2Bd/2Ba/1Cg CLEAN & NICELY DECORATED Pool, 1200+ Sq Ft., in 55+ Pine View Villas complex. Huge 28' Lanai. \$159,000 Charlotte Harbor Properties Susan Postle 941-628-5412



condition with expansive lake view. Meticulously maintained this 2 bd 2 bath is fully furnished with lovely furniture, 20 in. ceramic tilé flooring, vaulted ceilings, freshly painted in neutral colors.
Nothing to do but move in and enjoy! Community pool nearby. Condo fee \$666 per quarter! Pat Walker 941-276-4674 REMAX Anchor Realty

To Advertise in The Showcase of Homes Please Call 866-463-1638 or Email; special@sunnewspapers.net

1040 CONDOS/VILLAS FOR SALE



4790 TURNBERRY TRACE.
ONE OF THE MORE DESIREABLE GATED COMMUNITIES IN THE AREA! GREAT LOCATION, MINUTES FROM ALL! 1480sf, 2 Bedrooms w/ Media Room or Third Bedroom, 2 Bath, 2 CG w/ Sink & Fridge. All New Appl. 2018. Lanai w/ LARGE PATIO. WELL FURNISHED UNIT! CLUBHOUSE W/ WORKOUT AREA, LARGE HEATED POOL. LOW HOA FEES! TURN-KEY W ALL FURNISHINGS! \$259,900 941-426-1364



View Loads of Upgrades & Updates! Gated Community W/Pool. \$224,900 BARB McHENRY 941-833-1667 COLDWELL BANKER SUNSTAR REALTY



55+ Community! 2/2 Beautifully Maintained, Fully Furnished, Granite Counter Tops, Walk-in Closet in Master. Low Fees. \$144,500. RICHARD LUNDGREN, HORIZON REALTY International of Venice. 941-276-0029



Beautiful Well Maintained 2/2/2 w/Den. Great Floorplan & Upgrades! Private View of Lush Greenery! Gated Community W/Pool-Barb McHenry 941-833-1667 COLDWELL BANKER SUNSTAR REALTY



VENICE 3/2/2.5 20200 Ragazza #202, Gran Paradiso Almost 2200 sq.ft! West Villages Realty. OPEN HOUSE Sun 2/24, 1-4p. \$279,000 941-330-5318

VENICE CHARMING! Pool side/golf course SW Sunset Views. 1BR/1BA. w/ newly remodeled kitchen w/ granite counter tops. AC & waterheater less than 3 yrs old. \$134,900 407-416-0384

1090 MOBILE HOMES



ENGLEWOOD SPACIOUS 2BR/1BA 14x52 55+ PARK, NO DOGS ALLOWED. REDUCED TO \$11,900. 941-474-1353



PUNTA GORDA 701 Aqui Esta Lot 9, Doublewide in Button-wood Village, 55+, 1450 SF plus scrnd & tiled Lanai, Turn Key 3bdrm/2bath. Location ideal for snowbirds. Furn'd, Park rent incls Trash pick up. 941-505-5096

Find the new You in the Classifieds!



BEAUTIFUL LOT RENTAL & 55 + COMMUNITY. **NEW & PRE-OWNED HOMES** NO DOGS. CATS OK Call 941-488-5672 www.VeniceRanch.com



1095 MANUFACTURED HOMES FOR SALE

E/N/C



ARCADIA VILLAGE **COUNTRY CLUB AN ACTIVE** 55+ COMMUNITY Come Visit One of Florida's Best-Kept Secrets, or Take a Drone Tour on Our Website... Call to Schedule an Appoinment For a Tour!!! Ted 800-538-2590 www.arcadiavillage.com



NEW 3/2 DblWide Delivered & Set-Up on Your Lot w/ Skirting, Steps & Air! Only \$59,695. + Tax. Financing For **ALL** Credit Scores Avail! Prestige Homes, Punta Gorda 941-637-1122

1210 HOMES FOR RENT

NEED A RENTAL ●
 Paradise Properties &

 Rentals, Inc 941-625-RENT



docks and davits 2bd/2ba walk to nokomis beach Annual \$2400 month 941-445-4338



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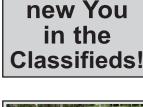
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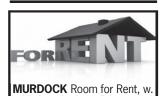
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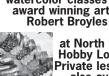
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6012

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6015

6020

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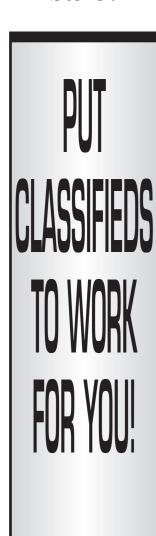


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Skills shortage tightens job market; 83% of HR professionals report difficulty recruiting

ALEXANDRIA, Va.(BUSINESS WIRE) — The skills gap is real and getting worse, with 83 percent of HR professionals saying they had difficulty recruiting suitable candidates in the past 12 months, according to new research from SHRM — the Society for Human Resource Management. The findings highlight the urgent need to address the training of workers and improve publicpolicy governing work.

"A majority of Americans (63 percent) believe what employers facing difficulty in recruiting have known for some time — there is a skills shortage in the workforce," said Johnny C. Taylor, Jr., SHRM-SCP, president and chief executive officer of SHRM. "What is now clear is that innovative thinking and resolute action are needed, and public policy must change."

Additionally, 83 percent said they have noticed a decrease in the quality of job applicants, with one-third citing a lack of needed technical skills.

The gap is evident in the trades, middle-skilled positions and highly skilled STEM positions.

Carpentry, plumbing, welding and machining are the technical abilities most lacking in the workforce. Data analysis, science, engineering, medical and finance are other areas in short

The survey found a contrast between the most common remedies used by employers to address the talent shortage — expanding advertising and outsourcing recruiting, among them and those that HR professionals say are the most effective:

Providing onsite training to employees (seminars and training programs);Starting or expanding training programs to help improve skills of new hires;Providing offsite training to employees (workshops and development programs);Increasing compensation.

Other remedies identified by SHRM are better preparing the youngest workers through collaboration with educational institutions and recruiting from nontraditional sources such as people with criminal backgrounds and military veterans.

More than one-quarter of HR respondents said their businesses collaborate with schools to build a pipeline of job candidates. But almost one-half believe that the education system has done very little to help address the issue.

For some jobs with labor shortages, employment-based immigration is the right remedy.

A majority (85 percent) of HR respondents to the SHRM **Employment-Based Immigration** Survey said it was very important to recruit workers regardless of their national origin.

While about three-quarters of survey respondents said foreignborn workers contribute positively to U.S. economic growth and help drive innovation, more than one-third said their businesses were challenged by an insufficient number of employment-based visas, such as H-1Bs, to recruit these workers. Additionally, one-third said the employment-based immigration process was lengthy and complex with unpredictable results.

Respondents also called for the removal of roadblocks to ensuring a legal workforce. What is needed now, according to HR professionals:

More employment visas: 33 percent of those who use work visas in recruiting say more are needed to recruit, hire, transfer and retain talented employees. Mandatory E-Verify: 81 percent support a national, entirely electronic system that accurately confirms identity for employment and combats identity theft. Trusted Employer Program: 56 percent approve its creation for low-risk, immigration-compliant employers.

Methodology: The SHRM Skills Gap Survey polled 1,028 HR professionals and the SHRM **Employment-Based Immigration** Survey polled 785 HR professionals. Both were conducted in September 2018. A separate NORC Amerispeak Omnibus poll asked 1,059 Americans about national issues of significance to them.

JOBS FROM PAGE 1

many years. That said, students at many of these schools are considering nongovernment careers in advocacy groups, nonprofits or consulting firms.

"Plus, at least in Illinois, you have public service students who saw a state not being able to fund itself, and now they're wondering 'Why am I doing this?' " said Bob Blankenberger, chairman of the public administration department at the University of Illinois at Springfield. "It might be exacerbated lately but they see our ongoing love-hate with public administration, they hear the politicians' vow to fix 'lazy government workers' at the same time those same people tend to rely on the good graces of their expertise. So they get distressed over the negative atmosphere and taking a step towards that job.'

Or as Rebecca Hendrick, director of the doctoral graduate studies program in public administration at the University of Illinois at Chicago, put it: "I wouldn't work for the federal government myself today, and I would instruct my own students to do the same."

Despite what local universities say, according to the Network of Schools of Public Policy, Affairs and Administration, national enrollment in public administration programs has been trending downward, particularly among those schools that have a curriculum focused on public administration at the federal level. The organization, a Washingtonbased group that provides accreditation to more than 300 university public administration programs,

plans to formally study

this year how the shutdown is affecting the attitudes of students. Until then, ask a future public servant.

Patrick Hanley, a second-year graduate student at the Harris School, said "I firmly believe in public service, even at the federal level, but it breaks my heart." He interned for the U.S. Senate, the Department of Justice and worked in the office of the city treasurer in Chicago. He intends "to work on high-impact interesting projects that bring service to people." But "when your (college) debt payments are higher than your rent payments - and I'm a single guy without a family — your priorities are different. In a perfect world I would work directly for the government."

Instead, he's going into private consulting. Perry said that at

Indiana University, about 30 percent of public administration students now steer toward private consulting firms (that nevertheless often rely on government contracts). 'The 'why,' however, is a combination of things. During the '90s, (federal jobs) became less secure. There were shutdowns, yes. But hyperpartisanship now means coming to agreements is harder. And so we have started to see a decline in the pursuit of those bipartisan public interests we thought we had in common — like initiatives for clean air and water. You start to see disagreements in what public service means to us.'

There is optimism. Joe Wenzel, a UIC graduate student in public administration who served five years in the military, said some of his fellow students are "looking to the nonprofit side (after graduating) where at least they don't have to deal with a random political appointee who doesn't believe in the mission of the agency they run," but for him, "all this turbulence within the government has only reinforced in me the need to have decent public servants."

At Northern Illinois University, Kurt Thurmaier, chairman of the public administration department, said his program rarely hears about discouraged students, "because we never see the federal government as their pinnacle anyway." He said the school — which claims to have graduated a third of the city managers in Illinois — sticks to local government, "and there are dysfunctional city councils but you don't hear much about local governments shutting down over ideological clashes."

Meanwhile, at DePaul, Meghan Mathew sat in the back corner. She had done two years in the Peace Corps, spent time in Zambia with developmentally disabled students.

She raised her hand slowly and spoke with a toneless anger.

"I feel pushed away from public service now, I don't feel valued, because you see how someone who doesn't value public service themselves can use power to take away health care and impact my family. So yeah, of course it affects my outlook, no question."

Dana Dutcher nodded fast in agreement. She said that she worked for a nonprofit and would like to be part of an organization that works closer with government, "but to work for a government, with an 'America First' agenda, that doesn't care about the human rights of its employees? I do have faith this will end when someone is out of office."

Yelp fired manager after he didn't take calls, check email '24/7/365,' lawsuit claims

By ETHAN BARON

THE MERCURY NEWS (TNS)

Mark Weathers' path to termination at Yelp started with an email his boss sent him a few minutes before midnight on Good Friday. Weathers didn't answer it, because he wasn't checking his email a few minutes before midnight on Good Friday.

That's according to a religious-discrimination lawsuit Weathers filed against the San Francisco online-review company, claiming he was fired after not being responsive to work communications "24/7/365."

A Yelp spokesperson said the suit was without merit. "Yelp respects religious and personal responsibilities and makes reasonable accommodations when requested," the spokesperson said in an emailed statement. "While the company does not typically comment on personnel actions, the claims alleged here are inaccurate and Yelp will respond to them in the appropriate forum."

Weathers worked as a San Franciscobased security manager for Yelp from October 2016 till June 2018, according to the suit filed Tuesday in San Francisco County Superior Court.

On Good Friday last March, Weathers' boss, head of security Rick Lee, sent him an email about an employee in Yelp's Phoenix offices seeking after-hours access to a building, the suit said. After Weathers failed to respond to the 11:49 p.m. email, an upset Lee called him Saturday to find out why the message had not been answered, the suit said.

"Mr. Weathers indicated that he had not checked his email because it was Easter weekend and he was spending time with his family and attending church services," according to the suit. "In fact, Mr. Weathers was attending a church-sponsored event when he answered Mr. Lee's phone call.

"Mr. Lee said Mr. Weathers needed to be responsive, even while he was

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attending church services."

The following day, Easter Sunday, while Weathers was in church with his family, Lee emailed him and site managers, and told Weathers to contact the managers to find out what happened with the after-hours-access request and make sure it didn't happen again, the suit said.

"He demanded that Mr. Weathers provide an 'after action review' to him by the close of business the following day, necessitating that Mr. Weathers contact each of his co-workers on Easter Sunday," the suit alleged. "In addition, Mr. Lee admonished, 'Each leader on this email should make a regular practice of checking email and setting cell phones to take inbound calls 24/7/365.'

Weathers provided the report, and explained to Lee that he had "made a choice to focus on Easter Weekend," as it was a very important weekend for him, so he did not check email as he would on other weekends, the suit said.

'Mr. Lee responded, 'You should be checking emails and vmails/inbound calls every day (regardless of weekend or holiday)," the suit claimed. Lee, according to the suit, said he understood that Weathers would need to turn off devices during church services, but that "a 12-hour gap of non-checking is not acceptable." Lee reminded Weathers that one Christmas Eve, Lee had spent four hours working on an incident, when he would have preferred to be with his family, the suit said.

Lee also told Weathers, who is pursuing a degree in ministry leadership and has a severely autistic son, that he didn't care about Weathers' religious holidays or children, the suit claimed.

Meetings over the matter with Lee and Yelp's human resources department led up to Weathers' firing on June 5, 2018, according to the suit. Weathers claims Yelp discriminated against him on the basis of religion, and that it fired him in part over his religious practices. He is seeking unspecified damages.

If your boss is a bad fit, do this before you head for the door

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Q: I want a manager who knows what I'm doing and can help as needed, but who also lets me just do it without constantly jumping in and telling me what or how.

I know my new manager well — I reported to her before — and while I like her as a person, she's the opposite of my ideal boss. How can I manage this?

–Jeanne, 49, product development manager

A: Get off to a fresh start based on open and respectful communication.

To prepare, think about what has worked well in your professional relationship.

It's helpful to build on positives. You may have to dig deep, particularly if you are still carrying a lot of baggage

from the first round of working for her. Focus on what you like about her as a person, and think about ways that can help now.

For example, you may be confident that her intentions are good as a manager.

That's no small thing. It gives you cause to think that she really is interested in your best interests, in the company's success, and in doing a good job as a leader.

This creates an opening to express your needs framed within acknowledgment of this positive attribute.

For example, you might say, "I know that you care a lot about the success of your employees. I appreciate that and would like to share ways that you can best help me succeed in my role."

This will be better than "it drives me crazy when you ...'

Also allow for the possibility that

things may have changed since you reported to her before.

She may have learned how to lead without neglecting or micromanaging, and you may find that she doesn't get under your skin as much.

On the other hand, her patterns may

be much the same as before. Give thought to the underlying motivations that may be driving her behavior.

She may have been burned in the past or might not know how to share goals without defining action.

If her background is as a highly effective problem solver, her go-to action will be to solve problems.

She may also be somewhat scattered, thus accounting for her lack of attention

If you understand, then you can adapt and manage the interactions with her.

Set up the structure that you'd like and that you think will work for her style. For example, you might maintain a simple list of tasks, their status, and support you would like, and review it with her regularly.

Build in a chance for her to share how she would approach it, but also set an expectation that you're bringing your own expertise and approach.

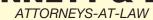
If she mandates that you do things in certain ways that you disagree with, outline the risks and be prepared to advocate for your approach.

Finally, don't let it get into your head. Avoid any tendency to ruminate it outside of work — vent and move on.

Managers come and go, and, if it really is unmanageable, you can take charge by looking for new opportunities.

While that may not be preferable, sometimes just knowing that there are alternatives make the challenges more workable.







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Sunday, February 24, 2019

Severely ill children left in limbo by **Venezuela-US crisis**



Maduro's opponents brave tear gas in push to deliver aid



Demonstrators stand next to a torched bus during clashes with the Bolivarian National Guard in Urena, Venezuela, near the border with Colombia, Saturday, Feb. 23, 2019. Venezuela's National Guard fired tear gas on residents clearing a barricaded border bridge between Venezuela and Colombia on Saturday, heightening tensions over blocked humanitarian aid that opposition leader Juan Guaido has vowed to bring into the country over objections from President Nicolas Maduro.

They rescued boxes of emergency food from burning trucks during violent clashes on the Colombian border

By CHRISTINE ARMARIO and **LUIS ANDRES HENAO**

ASSOCIATED PRESS

CUCUTA, Colombia — Opponents of Venezuela President Nicolas Maduro braved tear gas as they rescued boxes of emergency food and medicine from burning trucks during violent clashes on the Colombian border with security forces blocking the entry of U.S.supplied humanitarian

The panicked scene Saturday on the binational Santander bridge was the dramatic high point of a day that also saw two people killed in unrest near Brazil, at least 23 soldiers switch loyalties to opposition leader Juan Guaido, and Maduro break off diplomatic relations with Colombia amid an increasingly unpredictable and unruly fight for power in the oil-rich South American nation.

For weeks, the opposition has been amassing aid on three of Venezuela's borders with the aim of launching a "humanitarian avalanche" exactly one month after Guaido declared himself interim president at an outdoor rally in a direct challenge to Maduro's rule.

Even as the 35-year-old lawmaker has won the backing of more than 50 governments around the world, he's so far been unable to cause a major rift inside the military — the

socialist leader's last-remaining plank of support in a country ravaged by hyperinflation and widespread shortages.

"Our call to the armed forces couldn't be clearer: put yourself on the right side of history," Guaido said in an appeal to troops as he pulled himself onto a truck and shook hands with its driver during a ceremonial send-off of the aid convoy from the Colombian city of Cucuta.

But almost as soon as the aid convoy departed, the limitations of Guaido's high-stakes gamble became clear.

At the Santander bridge, a group of activists led by exiled lawmakers managed to escort three

flatbed trucks of aid past the halfway point into Venezuela when they were repelled by security forces firing tear gas and buckshot. In a flash the cargo caught fire, with some eyewitnesses claiming the National Guardsmen doused a tarp covering the boxes with gas before setting it on fire. With a black cloud rising above, the activists — protecting themselves from the fumes with vinegar-soaked cloths unloaded the boxes by hand in a human chain stretching back to the Colombian side of the bridge.

"They burned the aid and fired on their own people," said 39-year-old David Hernandez, who was hit in the forehead with a tear gas canister that left a bloody wound and growing welt. "That's the definition of

dictatorship." He said he decided to join Saturday's protest thinking of his father, who is dying from advanced bone cancer they can't treat because of

Venezuela's shortages. Amid the aid push, Maduro struck back, breaking diplomatic relations with Colombia, whose government he accuses of serving as a staging ground for a U.S.-led effort to oust him from power.

"My patience has run out," Maduro said,

AID 4

Prosecutors paint dark portrait of manipulative R. Kelly

His bond set at \$1 million

By MICHAEL TARM ASSOCIATED PRESS

CHICAGO — Prosecutors on Saturday painted a dark portrait of a manipulative and sometimes violent R. Kelly, describing how he repeatedly sought out underage girls for sex, including one he encountered at her 16th birthday party and another who met the R&B star while he was on trial for child pornography.

The accounts emerged as Kelly made his first court appearance since being accused of sexually abusing four people in a case that could produce another #MeToo reckoning for a celebrity.

A judge gave Kelly a chance to go free while awaiting trial, setting bond at \$1 million. That means the 52-year-old Grammy winner must post \$100,000 to be released or remain



R. KELLY

behind bars until he is tried on the allegations that date back as far as 1998 and span more than a decade.

The prosecution released four documents — one for each accuser outlining the basis for the charges.

A 16-year-old girl reported meeting Kelly in 1998 at a restaurant where she was having a birthday party. Kelly's manager gave her the

KELLY | 4

NKorea confirms leader Kim Jong Un on train to summit



PHOTO PROVIDED BY KOREAN CENTRAL NEWS AGENCY/KOREA NEWS SERVICE VIA AP

In this Saturday, photo provided by the North Korean government, North Korean leader Kim Jong Un waves from a train before leaving Pyongyang Station, North Korea, for Vietnam. The content of this image is as provided and cannot be independently verified.

2nd summit with Trump set for Wednesday

By DAKE KANG

ASSOCIATED PRESS

DANDONG, China — North Korean leader Kim Jong Un was on a train Sunday to Vietnam for his second summit with President Donald Trump, state media confirmed.

Kim was accompanied by Kim Yong Chol, who has been a key negotiator in talks with the U.S., and Kim Yo Jong, the leader's sister, the North's official Korean Central News

Agency reported. TV footage and photos distributed by the North's state-run news agency showed Kim inspecting a guard of honor at the Pyongyang station before waving from the train.

Late Saturday, an Associated Press reporter saw a green-and-yellow train similar to one used in the past by Kim cross into the Chinese border city of Dandong via a bridge.

SUMMIT | 4



A man is detained during clashes with the Bolivarian National Guard in Urena, Venezuela, near the border with Colombia, Saturday.

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Severely ill children in limbo

Children from Venezuela have become unintended victims of US sanctions

By JOSEPH WILSON and LUIS ALONSO LUGO

ASSOCIATED PRESS

BARCELONA, Spain — Carlos Acosta thought his prayers had been answered when he was able to fly his son out of Venezuela, where hospitals lack basic supplies, to Spain for a needed bone marrow transplant.

That was until Acosta's 12-year-old son Jesus, along with at least eight other severely ill children, became the unintended victims of U.S. sanctions against companies tied to the embattled government of Venezuelan leader Nicolas Maduro.

The bills for Acosta and Jesus, who had the operation but requires follow-up care and possibly a second transplant, had been covered by the Houston-based "Simon Bolivar Foundation," a charity funded by Citgo, a subsidiary of Venezuela's state-run oil giant PDVSA.

But last week Acosta and the parents of eight other children receiving treatment in Barcelona got a letter from the foundation saying it could no longer support them due to fallout from the diplomatic crisis between Washington and Venezuela. That left them wondering what would become of them, along with other sick kids waiting to leave Venezuela.

The letter said: "Unfortunately, due to the recent changes to legal regulations and the sanctions imposed by the United States on Venezuela and Petroleos de Venezuela ("PDVSA"), the Foundation has been prohibited from paying services and expenses incurred by

the Patient as of February 26,

The email with the letter included plane tickets for Acosta and his son to fly back to Venezuela on Sunday.

Acosta said he and Jesus are not going anywhere. They can't. Jesus, whose immune system is weak, would be incredibly vulnerable to getting sick on the flight.

And once home, Acosta said he wouldn't be able to guarantee that his son got clean blood for the transfusions he has needed since he was diagnosed at 5 months old with Thalassemia, a blood disorder that means his body doesn't produce enough red blood cells. Acosta said Venezuela's hyperinflation has driven prices beyond his reach and led to the scarcity of medicines and basics like medical gloves and sanitized syringes.

"Going back would be a death sentence" for Jesus, Acosta told The Associated Press from the apartment where he has been staying since arriving to Barcelona in

July.
"Thank God he was given the chance to have the transplant," he said. "But right now Venezuela is not safe in the least for him in his state of

Acosta did not criticize the sanctions that the Trump administration hopes will pressure Maduro to step down in favor of Juan Guaido, whose claim to the interim presidency is recognized by the U.S. and dozens of other countries. Last month the U.S. blocked companies from entering into financial transactions with PDVSA. That made it very hard for



AP PHOTO

In this Thursday, photo, 12-year old Jesus Acosta, poses for a photo at a hostel in Barcelona, Spain, where he has come for a bone marrow transplant and follow up care.

Maduro's struggling regime to access overseas assets and earnings, including those from Citgo. It is expected that the U.S. will try to hand over control of Citgo to people chosen by Guaido.

Acosta hopes that if Guaido can take power, the money will once again flow through to the foundation, and the families.

The other children from Venezuela who are being treated at the Sant Joan de Deu hospital have problems that include brain tumors, eye glaucoma, leukemia and heart conditions.

Apart from paying medical costs, plane tickets and accommodation in a hostel for the patient and one of the parents, the foundation gave them a 930-euro (\$1,053) monthly stipend.

But payments dried up earlier this month.

Fortunately, the Sant Joan de Deu Hospital stepped in and footed the hotel bill for this month. Acosta, who can't legally work in Spain, is getting meals with the other parents from the hospital's cafeteria.

Sant Joan de Deu Hospital executive Toni Arias told the AP the Simon Bolivar Foundation had provided it with sufficient funds to cover the remaining medical care of the nine children. Arias said the hospital is also trying to find charities or local government aid to help with the parents' living expenses.

"We are not going to let them be cast out on the street," Arias said.

HEADLINES AROUND THE WORLD

Counting starts in Nigeria's delayed poll marked by violence

LAGOS, Nigeria (dpa) -Nigerians were set to head to the polls on Saturday, in a tight presidential race between two Muslim candidates from the country's north.

It is the second attempt by Africa's most populous nation to hold the polls, after the electoral commission in a surprise move postponed them by a week just hours before polling stations were scheduled to open on Feb.

Terrorism, insecurity, a struggling economy and corruption are the key political issues for Nigeria's roughly 200 million

About 84 million registered voters will be able to elect their president at more than 175,000 polling stations between 8 a.m. and 2 p.m.

Young man, woman slain in honor killing

KARACHI, Pakistan (AP) — Pakistani police say a young man and a woman have been killed in the country's commercial hub, Karachi, allegedly by relatives over a perceived affront to family honor.

Officer Idrees Bangash says Saturday that Naseeb Khan, 25, and Bibi Dakhtar 20, were found dead with slit throats in the city's western suburbs three days ago.

Bangash said initial findings revealed that they both belonged to the conservative Pashtun tribe and resided in the same neighborhood. They went missing last year. He suspects they were killed on the orders of an elders' council. He added that the woman family's has absconded, and no arrests have yet been made.

More than 1,000 women are slain every year by relatives in so-called "honor killings" in the conservative, Muslim-majority

Judge: US violated victim rights in Epstein sex abuse case

He spent 13 months in prison when he could have gotten life

By CURT ANDERSON

AP LEGAL AFFAIRS WRITER

FORT LAUDERDALE — Federal prosecutors in Florida violated the rights of victims by secretly reaching a nonprosecution agreement with a wealthy financier accused of sexually abusing dozens of underage girls, a federal judge ruled Thursday.

U.S. District Judge Kenneth Marra said in a 33-page decision that victims of financier Jeffrey Epstein should have been consulted under federal law about the deal. Marra stopped short of invalidating the non-prosecution agreement but asked prosecutors and victims' lawyers to recommend in 15 days how to move forward.

"While the government spent untold hours negotiating the terms and implications of the (agreement) with Epstein's attorneys, scant information was shared with victims," Marra wrote. "Instead, the victims were told to be 'patient' while the investigation proceeded."

The law, Marra added, "lends

itself to only one interpretation; namely, that victims should be notified of significant events resulting in resolution of their case without a trial."

Epstein, now 66, reached the deal in 2008 with then-Miami U.S. Attorney Alexander Acosta's office to end the federal probe that could have landed him in prison for life. Epstein instead pleaded guilty to lesser state charges, spent 13 months in jail, paid financial settlements to victims and is a registered sex offender.

Acosta, now President Donald Trump's labor secretary, has defended the deal as appropriate given what prosecutors knew and could prove at the time, especially with many victims reluctant to testify. Marra said in his ruling he was not passing judgment on whether the deal should have been struck, only that victims' rights were violated.

Bradley Edwards, attorney for two victims who brought the lawsuit, said the decision should mean the non-prosecution agreement is thrown out — possibly exposing Epstein to federal

charges once again. The agreement also granted immunity to anyone who assisted Epstein in finding the underage girls or concealing the abuse.

"Rather than work to correct the injustices done to the victims, the government spent 10 years defending its own improper conduct," Edwards said in an email.

The Miami U.S. attorney's office declined comment Thursday. The Justice Department, however, recently opened a separate investigation into the handling of the Epstein case to determine whether prosecutors committed professional misconduct.

U.S. Sen. Ben Sasse, the chairman of the Senate Judiciary Oversight Subcommittee, said in a prepared statement that the Justice Department should reopen its non-prosecution agreement so Epstein and anyone else who abused these children are held accountable.

"Jeffrey Epstein is a monster and his victims deserve justice, Sasse said. "I'm relieved that the court agrees that it was wrong



In this July 30, 2008 file photo, Jeffrey Epstein is shown in custody in West Palm Beach, Fla. Epstein, a wealthy financier has been accused of sexually abusing dozens of underage girls.

to hide this child rapist's pathetically soft deal from his victims, in violation of federal law. The fact that it's taken this long to get this far is heartbreaking and infuriating."

Earlier this month, the Labor Department run by Acosta issued a statement saying the secretary welcomes the Justice Department probe.

Court documents show Epstein had a Palm Beach, Florida, mansion where at least 40 underage girls were brought for what turned into sexual encounters. Authorities say he

S S N S

had female fixers who would look for suitable girls, some local and others recruited from Eastern Europe and other parts of the world.

Before the scandal broke, Epstein was friends with Trump and had visited his Mar-a-Lago resort. Trump at the time told interviewers that Epstein was "a great guy." Records also show former President Bill Clinton flew on Epstein's jet more than two dozen times on various philanthropic trips. Neither Trump nor Clinton have been implicated in any wrongdoing.

HEADLINES AROUND THE STATE

Mayor charged with shooting at deputies

PORT RICHEY (AP) — A Florida mayor accused of shooting at deputies trying arrest him on allegations of practicing medicine without a license has been removed from office.

Gov. Ron DeSantis signed an executive order Friday suspending Port Richey Mayor Dale Massad.

Pasco County Sheriff Chris Nocco says Massad fired on deputies during an early morning raid Thursday before surrendering. No deputies were

The sheriff says Massad has a history of drug use, violence and threats and owns several guns, which

prompted deputies to raid the home.

State officials say the 68-year-old mayor was treating patients at home though he lost his physician's license in 1992.

Besides illegal medical practice charges, jail records show, Massad faces five counts of attempted murder.

Man sues hair dye maker after being scarred

ORLANDO (AP) — A Florida man is suing a consumer products company after he says he suffered permanent scarring and discoloration on his face from using a men's hair

David Collier's lawsuit says the company Combe didn't properly warn consumers that they could have allergic reactions to its Just For Men hair dye.

Collier claims his batch of Just for Men was defective.

The lawsuit also says African-American consumers such as Collier face a much higher risk of allergic reactions to an ingredient in the hair dye than white customers do.

The company advises consumers to perform a skin-test on themselves before using the product.

Man indicted for duping Texas school district out of \$2M

FORT WORTH, Texas (AP) — A federal grand jury has indicted a Florida

man accused of duping a Texas school district into transferring him nearly \$2 million.

Prosecutors announced Friday that Donald Howard Conkright was indicted on two counts of wire fraud.

Authorities allege the 61-year-old Conkright sent an email to a manager for the Crowley school district near Fort Worth, Texas, falsely claiming to contain updated banking information for a construction company that worked with the school district.

Prosecutors say the district owed money to the company and it sent nearly \$2 million to the new bank account. But authorities say the money was actually sent to Conkright's personal bank account.

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0 P E N

ANSWER TO CROSSWORD

Smile: Some airliners have cameras on seat-back screens

Airlines say cameras are not being used currently

By DAVID KOENIG

AP AIRLINES WRITER

Now there is one more place where cameras could start watching you — from 30,000 feet.

Newer seat-back entertainment systems on some airplanes operated by American Airlines, Delta Air Lines, United Airlines and Singapore Airlines have cameras, and it's likely they are also on planes used by other carriers.

All four airlines said that they have never activated the cameras and have no plans to use them.

However, companies that make the entertainment systems are installing cameras to offer future options such as seat-to-seat video conferencing, according to an American Airlines spokesman.

A passenger on a Singapore flight posted a photo of the seat-back display last week, and the tweet was shared several hundred times and drew media notice. Buzzfeed first reported that the cameras are also on some American planes.

A United spokeswoman repeatedly told a reporter Friday that none of its entertainment systems had cameras before apologizing and saying that some did. On Saturday, Delta also said some of its in-flight entertainment screens have the cameras.

The airlines stressed that they didn't add the cameras — manufacturers embedded them in the entertainment systems. American's systems are made by Panasonic,



AP FILE PHOTO

Newer seat-back entertainment systems on some airplanes operated by American Airlines and Singapore Airlines have cameras, and it's likely they are also on planes used by other carriers. American and Singapore both said Friday, that they have never activated the cameras and have no plans to use them.

while Singapore uses Panasonic and Thales, according to airline representatives. Neither Panasonic nor Thales responded immediately for comment.

As they shrink, cameras are being built into more devices, including laptops and smartphones. The presence of cameras in aircraft entertainment systems was known in aviation circles at least two years ago, although not among the traveling public.

Seth Miller, a journalist who wrote about the issue in 2017, thinks that equipment makers didn't consider the privacy implications. There were already cameras on planes — although not so intrusive — and the companies assumed that passengers would trade their images for convenience, as they do with facial-recognition technology at immigration

checkpoints, he said.

American Airlines spokesman Ross Feinstein said cameras are in "premium economy" seats on 82 Boeing 777 and Airbus A330-200 jets. American has nearly 1,000 planes.

"Cameras are a standard feature on many in-flight entertainment systems used by multiple airlines," he said.

Singapore spokesman James Boyd said cameras are on 84 Airbus A350s, Airbus A380s and Boeing 777s and 787s. The carrier has 117 planes.

While the airlines say they have no plans to use the cameras, a Twitter user named Vitaly Kamluk, who snapped the photo of the camera on his Singapore flight, suggested that just to be sure the carriers should slap stickers over the lenses.

Mueller: Manafort 'brazenly violated the law' for years

By CHAD DAY and ERIC TUCKER sentencing recommendation next week. He

WASHINGTON —
Former Trump campaign chairman Paul Manafort committed crimes that cut to "the heart of the criminal justice system" and over the years deceived everyone from bookkeepers and banks to federal prosecutors and his own lawyers, according to a sentencing memo filed Saturday by

special counsel Robert

Mueller's office. In the memo, submitted in one of two criminal cases Manafort faces, prosecutors do not yet take a position on how much prison time he should serve or whether to stack the punishment on top of a separate sentence he will soon receive in a Virginia prosecution. But they do depict Manafort as a longtime and unrepentant criminal who committed "bold" crimes, including under the spotlight of his role as campaign chairman and later while on bail, and who does not

deserve any leniency.
"For over a decade,
Manafort repeatedly and
brazenly violated the
law," prosecutors wrote.

Citing Manafort's lies to the FBI, several government agencies and his own lawyer, prosecutors said that "upon release from jail, Manafort presents a graye rick of reciding

grave risk of recidivism."
The 25-page memo,
filed in federal court in
Washington, is likely
the last major filing by
prosecutors as Manafort
heads into his sentencing hearings next
month and as Mueller's
investigation approaches
a conclusion. Manafort,
who has been jailed
for months and turns
70 in April, will have a
chance to file his own

sentencing recommendation next week. He and his longtime business partner, Rick Gates, were the first two people indicted in the special counsel's investigation. Overall, Mueller has produced charges against 34 individuals, including six former Trump aides, and three companies.

Manafort pleaded guilty to two counts of conspiracy arising from his Ukrainian political consulting work and his efforts to tamper with witnesses. As part of that plea, he agreed to cooperate with Mueller's team, a move that could have helped him avoid a longer prison sentence. But within weeks, prosecutors say he repeatedly lied to investigators, including about his interactions with Konstantin Kilimnik, a business associate who the U.S. says has ties to Russian intelligence. That deception voided the plea deal.

The sentencing memo comes as Manafort, who led Donald Trump's 2016 campaign for several critical months, is already facing the possibility of spending the rest of his life in prison in a separate tax and bank fraud case in Virginia. Mueller's team endorsed a sentence of between 19.5 and 24.5 years in prison in that case.

Prosecutors note that the federal guidelines recommend a sentence of more than 17 years, but Manafort pleaded guilty last year to two felony counts that carry maximum sentences of five years each.

Prosecutors originally filed a sealed sentencing memo on Friday, but the document was made public on Saturday with certain information still redacted, or blacked out.

Amazon cargo plane crashes; 3 believed dead

By MARC FREEMAN

SUN SENTINEL

An Amazon Prime cargo plane originating from Miami crashed into a bay east of Houston early Saturday afternoon, killing three people on board, local officials said.

"Knowing what I saw I according to the Federal don't believe anyone could Aviation Administration.

have survived," Chambers County Sheriff Brian Hawthorne said, describing floating debris.

The plane, a twin-engine Boeing 767 cargo jetliner operated by Atlas Air, crashed into Trinity Bay near Anahuac, Texas, shortly before 12:45 p.m., according to the Federal Aviation Administration.

Atlas Air Flight 3591, flying from Miami to Houston, lost radar and radio contact about 30 miles southeast of Houston George Bush

Intercontinental Airport.
Purchase, N.Y.-based
Atlas Air Worldwide, which
has an office in Miami,
said in a statement that
the company is fully

cooperating with investigators and confirmed there were three people on the plane when it went down.

According to the website Flight Aware, the plane left Miami at 11:33 a.m. and its last reported altitude was about 3,000 feet, when it appeared the aircraft was descending toward Houston.

Invacare is an exception, and not in a good way

ear Mr. Berko:
About six years
ago, you wrote that
medical stocks and defense
stocks are not

so affected by

the changes

in our coun-

as mining,

stocks are.

100 shares

So I bought

of Lockheed

try's economy

beverage, ho-

tel and retail



Malcolm
BERKO
COLUMNIST

Martin at \$73 and 200

shares of Invacare a few

months later at \$28. I have

a good profit in Lockheed

\$300, but I'm down \$24

the medical equipment

business. Should I buy

with Invacare, which is in

more shares of Invacare at

\$5 or take my loss and sell

Martin, which is now about

my shares? And should I take my profit on Lockheed Martin, which traded at over \$360 last year? — LG, Akron, Ohio

Dear LG: Indeed, I did say that, and I'd say it again if you hadn't already done so. But that axiom doesn't apply to every company in the defense and medical businesses, and it's apparent that Invacare (IVC-\$5.10) was one of last year's 273 (more or less)

exceptions that imploded. IVC's revenues came in at less than \$1 billion in 2018, much less than the \$1.4 billion it brought in the year you purchased the stock. The company's president, CEO and chairman, Matthew Monaghan, has been able to consistently lose money every year since you bought the stock,

and I can't figure out how he does it. The few observers I talked with believe that IVC will lose money in the next year. However, there's a 72 percent degree of probability IVC will earn 40 cents a share by 2020.

IVC, with its various subsidiaries, designs, manufactures and sells medical equipment and supplies for the home health care and extended care markets around the globe. It makes custom manual wheelchairs and power wheelchairs. All sops are generously paid for by Medicare and Medicaid. IVC also markets, designs and sells such lifestyle products as pressure-relieving overlays and mattress replacement systems. Again, generous commissions are paid by Medicare and Medicaid.

IVC designs, manufactures and distributes home care beds and accessories and numerous personal care products. In addition, IVC sells respiratory therapy products, such as stationary oxygen concentrators. And Medicaid and Medicare don't give a hoot

in hell what they shell out. CEO Monaghan owns 207,000 shares of IVC, while its largest shareholders — Vanguard, BlackRock and Dimensional Fund Advisors — own 11 million shares. One of the few positives that might make IVC attractive to some investors is IVC's \$11.30 book value — meaning that if IVC decided to close its business, liquidate every asset at an almost fair price and eliminate its \$240 million debt with the

proceeds, there'd be about \$11.30 in cash remaining per share to pay off all the shareholders. Ergo, if you bought 1,000 shares of IVC today at \$5.10 and management liquidated the company, you'd get back about \$11,300. In 2017, the book value was \$12.89.

Management tells us that

IVC's poor performance has been caused by high material costs, soft demand overseas (especially in Asia), President Donald Trump's tariffs, changes in development and consent decrees issued by the Food and Drug Administration. Those reasons for IVC's failures over the past six years are valid, but IVC's statements have failed to tell us the primary reason: management. The bumbling bipeds in

management stink at what they do. Furthermore, the feeble-minded board of directors has failed to protect the shareholders. Those wankers ought to be tarred and feathered, be sent to the gulag and have their board attendance fees clawed back. Shareholders should consult a law firm about suing the board for failing to protect investors.

IVC is untimely, and I doubt the shares have any recovery potential for at least a year. Sell IVC and take a loss. However, hold on to Lockheed Martin (LMT-\$299.33) for a recovery back to the mid-\$300s. Peace isn't about to break out. War is wonderfully profitable.

Email Malcolm Berko at mjberko@yahoo.com.

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AID **FROM PAGE 1**

speaking at a massive rally of red-shirted supporters in Caracas and giving Colombian diplomats 24 hours to leave the country.

The clashes started at dawn in the Venezuelan border town of Urena, when residents began removing yellow metal barricades and barbed wire blocking the Santander bridge. Some of the protesters were masked youth who threw rocks and later commandeered a city bus and set it afire. At least two dozen people were injured in the disturbances, according to local health officials.

At the Simon Bolivar bridge, a group of aid volunteers in blue vests calmly walked up to a police line and shook officers' hands, appealing for them to join their fight.

But the goodwill was fleeting and a few hours later the volunteers were driven back with tear gas, triggering a chaotic stampede.

At least 23 members of the National Guard deserted the force and took refuge inside Colombia, according to migration officials.

A video provided by Colombian authorities shows three soldiers at the Simon Bolivar bridge wading through a crowd with their assault rifles and pistols held above their heads in a sign of surrender. The young soldiers were then ordered to lie face down on the ground as migration officials urged angry onlookers to keep a safe distance.

"I've spent days thinking about this," said one of the soldiers, whose identity was not immediately known. He called on his comrades to join him: "There is a lot of discontent inside the forces, but



AP PHOTO

A woman moves away from the flames of a burning bus after it was pushed away during clashes with the Bolivarian National Guard in Urena, Venezuela, near the border with Colombia, Saturday.

Guaido, who has offered amnesty to soldiers who join the opposition's fight, applauded their bravery, saying it was a sign that support for Maduro was crumbling. Later, he greeted five of the military members, who in turn offered a salute, calling the opposition leader Venezuela's "constitutional president" and their commander in

also lots of fear."

"They aren't deserters," Guaido said. "They've decided to put themselves on the side of the people and the constitution ...

International leaders including U.N. Secretary-General Antonio Guterres are appealing for the sides to avoid violence.

But at least two people were killed and another 18 injured in the town of Santa Elena de Uairen, near the border with Brazil, according to local

health officials. The town was also the site of deadly disturbances a day earlier when members of the indigenous Pemon tribe clashed with security forces.

The push comes on the heels of a giant concert organized by British billionaire Richard Branson aimed at pressuring Maduro to accept the aid. Tens of thousands of Venezuelans gathered in a field to hear pop stars like Juanes sing beneath a scorching sun. Guaido made a surprise appearance toward the end.

The opposition planned to hold three simultaneous aid pushes on Saturday. Aside from the events in Colombia, they also hope to get humanitarian assistance delivered by sea and through Venezuela's remote border with Brazil, which the government of Maduro has ordered closed.

Amid the sometimes-chaotic and hard-to-verify flow of information, opposition lawmakers and Guaido said the first shipment of humanitarian aid had crossed into Venezuela from Brazil — although reports from the ground revealed that two trucks carrying the aid had only inched up to the border

Dueling demonstrations also took place in the capital. Government opponents, one of them dressed like Captain America in a nod to the administration of U.S. President Donald Trump's prominent role cornering Maduro, headed toward an air base. With the opposition mostly mobilized along the border, a much larger mass of red-shirted government supporters, some of them on motorcycles, filed downtown toward the

Venezuela's military has served as the tradi-

presidential palace.

tional arbiter of political disputes in the South American country, and in recent weeks, top leaders have pledged their unwavering loyalty to Maduro. However, many believe that lower-ranking troops who suffer from the same hardships as many other Venezuelans may be more inclined to now let the aid enter.

Opposition leaders are pushing forward in belief that whether Maduro lets the aid in or not, he will come out weakened. They also contend that if the military does allow the food and medical gear to pass, it will signify troops are now loyal to Guaido.

Analysts warn that there may be no clear victor and humanitarian groups have criticized the opposition as using the aid as a political weapon.

ALMANAC

Today is Sunday, Feb. 24, the 55th day of 2019. There are 310 days left in the year.

Today in history

On Feb. 24, 1942, the SS Struma, a charter ship attempting to carry nearly 800 Jewish refugees from Romania to British-mandated Palestine, was torpedoed by a Soviet submarine in the Black Sea; all but one of the refugees perished.

On this date

In 1761, Boston lawyer James Otis Jr. went to court to argue against "writs of assistance" that allowed British customs officers to arbitrarily search people's premises, declaring: "A man's house is his castle." (Although Otis lost the case, his statement provided early inspiration for American independence.)

In 1920, the German Workers Party, which later became the Nazi Party, met in Munich to adopt its platform.

In **1961**, the Federal Communications Commission authorized the nation's first full-scale trial of pay television in Hartford, Connecticut.

In **1983**, a congressional commission released a report condemning the internment of Japanese-Americans during World War II as a "grave injustice."

In 1988, in a ruling that expanded legal protections for parody and satire, the Supreme Court unanimously overturned a \$150,000 award that the Rev. Jerry Falwell had won against Hustler magazine and its publisher, Larry Flynt.

Today's birthdays

Actor-singer Dominic **Chianese Singer Joanie Sommers** is 78. Actress Jenny O'Hara is 77. Actor Barry Bostwick is 74. Actor Edward James Olmos is 72. Rock singer-musician George Thorogood is 69. Actress Debra Jo Rupp is 68. Actress Helen Shaver is 68. News anchor Paula Zahn is 63. Baseball Hall of Famer Eddie Murray is 63. Country singer Sammy Kershaw is 61. Actor Mark Moses is 61. Actress Beth Broderick is 60. Actor Emilio Rivera is 58. Singer Michelle Shocked is 57. Movie director Todd Field is 55. Actor Billy Zane is 53. Actress Bonnie Somerville is 45. Jazz musician Jimmy Greene is 44. Boxer Floyd Mayweather Jr. is 42. Rhythmand-blues singer Brandon Brown (Mista) is 36. Rock musician Matt McGinley (Gym Class Heroes) is 36. Actor Wilson Bethel is 35. Actor Alexander Koch is 31. Actor Daniel Kaluuya (Film: "Get Out") is 30. Rapper-actor O'Shea Jackson Jr. is 28.

Bible verse

"But Jesus said unto them, they need not depart: give ye them to eat." — Matthew 14:16.

This is not a call to compromise but to complete surrender of the church that Christ may be made irresistible to the soul who tends to wonder.

ODD NEWS

Turtle disaster?

100-pound

tortoise missing

ROSWELL, N.M.

woman is on a des-

perate hunt for her disappearing pet that

can't run fast and

can't be missed — a

100-pound tortoise.

KOB-TV reports

missing earlier this

Mexico after strong

Dusty the Turtle went

month in Roswell, New

winds knocked open a

gate that housed him.

was pet sitting Dusty

she believes the turtle

for her niece, says

Shana Emmert, who

(AP) — A New Mexico

KELLY **FROM PAGE 1**

singer's business card and suggested she call Kelly. The girl's mother heard the exchange, took the card and told the manager her daughter was 16. But her daughter later retrieved the card from her purse. She contacted Kelly, who gave her instructions and taxi fare to his studio, where they had sex periodically for a year, the documents said.

Another accuser, also 16, met Kelly at his 2008 trial, where he gave her an autograph. He later invited her to his home in the Chicago suburb of Olympia Fields, where they had sex multiple times, according to the documents, which said he also slapped, choked and spit on her.

In early 2003, a Chicago hairdresser told prosecutors that she thought she was going to braid Kelly's

his pants and instead tried to force her to give him oral sex. The woman. who was 24, was able to pull away, but Kelly ejaculated on her and spit in her face, the documents said.

Prosecutors also described a witness who had access to videotapes showing Kelly having sex with a 14-year-old girl. The witness turned the tape over to authorities and identified the girl, who repeatedly states her age on the footage, according to the documents.

Kelly's DNA was found in semen on one of the accuser's shirts, and semen found on a shirt worn by another was submitted for DNA testing, Cook County State's Attorney Kim Foxx said. It was not clear when the accusers turned the shirts over to authorities, whether it was shortly after the abuse or more

Kelly's attorney, Steve Greenberg, said his client is not a flight risk. He told the judge, "Contrary to the song, Mr. Kelly doesn't like to fly." One of Kelly's best-known hits is "I Believe I Can Fly.'

The judge called the allegations "disturbing." The singer-songwriter looked down at the floor as the judge spoke.

After the hearing, Greenberg told reporters that Kelly did not force anyone to have sex.

"He's a rock star. He doesn't have to have nonconsensual sex," Greenberg said.

The judge ordered Kelly to surrender his passport, ending his hopes of doing a tour of Europe in April. Kelly defiantly scheduled concerts in Germany and the Netherlands despite the cloud of legal issues looming over him. Greenberg denied that

trailed for decades by allegations that he violated underage girls and women and held some as virtual slaves. He was charged with 10 counts of aggravated sexual abuse.

Kelly, who was acquitted of child pornography charges in 2008, has consistently denied any sexual misconduct.

The jury in 2008 acquitted Kelly of child pornography charges that centered on a graphic video that prosecutors said showed him having sex with a girl as young as 13. He and the young woman allegedly seen with him denied they were in the 27-minute video, even though the picture quality was good and witnesses testified it was them, and she did not take the stand. Kelly could have gotten 15

years in prison. Charging Kelly now for

up for the summit with

era Government Guest

House in central Hanoi

venue for the Trump-Kim

meeting, with the nearby

is expected to be the

Metropole Hotel as a

the two places have

been beautified with

Vietnam.

backup. Streets around

flowers and the flags of

Workers were also

putting final touches on

the International Media

Center. Vietnam's Foreign

Ministry says some 2,600

members of the foreign

press have registered for

North Korea, the U.S and

Officials say the colonial-

beefed-up security.

accusers are cooperating this time and willing to testify.

Because the alleged victim 10 years ago denied that she was on the video and did not testify, the state's attorney office had little recourse except to charge the lesser offense under Illinois law, child pornography, which required a lower standard of evidence.

Each count of the new charges carries up to seven years in prison, and the sentences could be served consecutively, making it possible for him to receive up to 70 years. Probation is also an option.

The walls began closing in on Kelly after the release of a BBC documentary about him last year and the multipart Lifetime documentary "Surviving R. Kelly," which aired last month. Together they detailed allegations he was holding women against their will

any tour was planned. actions that occurred in The recording artist, the same time frame as recently. whose legal name is the allegations from the At the bond hearing, Robert Kelly, has been 2008 trial suggests the and running a "sex cult." hair, but he pulled down

mouthpiece Nhan Dan newspaper quoted the Department of Roads as saying the ban will first apply to trucks 10 tons or bigger, and vehicles with nine seats or more on the 105-mile stretch of Highway One from Dong Dang, the border town with China, to Hanoi from 7 p.m. Monday to 2 p.m. Tuesday, followed by a complete ban Tuesday on all vehicles from 6 a.m. to 2 p.m.

The People's Committee railway station is located,

SUMMIT FROM PAGE 1

The Trump-Kim meeting is slated for Wednesday and Thursday in Hanoi.

Their first summit last June in Singapore ended without substantive agreements on the North's nuclear disarmament and triggered a months-long stalemate in negotiations as Washington and Pyongyang struggled with the sequencing of North Korea's nuclear disarmament and the removal of U.S.-led sanctions against the North.

Kim's overseas travel plans are routinely kept secret. It could take more than two days for the train to travel thousands of kilometers (miles) through

China to Vietnam.

Vietnam's Foreign Ministry announced Saturday that Kim would pay an official goodwill visit to the country "in the coming days" in response to an invitation by President Nguyen Phu Trong, who is also the general secretary of Vietnam's ruling Communist Party.

In his upcoming meeting with Trump, experts say Kim will seek a U.S. commitment for improved bilateral relations and partial sanctions relief while trying to minimize any concessions on his nuclear facilities and weapons.

While Kim wants to leverage his nuclear and missile program for economic and security benefits, there continue

to be doubts on whether he's ready to fully deal away an arsenal that he may see as his strongest guarantee of survival.

Last year, North Korea suspended its nuclear and long-range missile tests and unilaterally dismantled its nuclear testing ground and parts of a rocket launch facility without the presence of outside experts, but none of those steps were seen as meaningful cutbacks to the North's weapons capability.

While North Korea has repeatedly demanded that the United States take corresponding measures, including sanctions relief, Washington has called for more concrete steps from Pyongyang toward denuclearization.

Hanoi has been gearing

Meanwhile, Vietnam has announced a traffic ban along Kim's possible arrival route.

the event.

The Communist Party's

in Lang Son province, where the Dong Dang issued a statement Friday instructing the road operator to clean the highway stretch and suspend road works, among other things, on Feb. 24-28 as "a political

strolled away from the backyard and into the desert during the wind storm. According to Emmert's neighbors, the 100-pound Dusty was last spotted near Berrendo Creek in

The family is offering a \$500 reward for the turtle's safe return.

Roswell and hasn't

been seen since.

36 37

53

80

87 88

116 115

93

106 107

119

123

104 Syracuse player,

105 Sacha Baron Cohen

107 Original edition of

110 Words of triumph

this puzzle's theme

character

109 Actor Diggs

_ (aid)

103 Be of ____

once

62

68

74

104 105

122

86 Put away, in a way

87 Longtime Steelers

coach Chuck

88 Small digit

94 Gain entry to

95 Kind of scholar

96 Freeman of "Now You

93 Reeked

73

78

109 110

85

91

97

114

38

42

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No. 0217

57

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100

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NEW YORK TIMES SUNDAY CROSSWOR

17

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83 84

113

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51

TRIVIAL MATTERS BY DAVID KWONG / EDITED BY WILL SHORTZ

David Kwong is a professional magician and crossword constructor. He was the head magic consultant for the hit 2013 film "Now You See Me" (see the sly nod at 96-Down). He is currently performing in a one-man magic-and-puzzles show, "The Enigmatist," in New York City. Audience members must solve four puzzles in an anteroom to get into the show. (Hints are available, if needed.) This is David's 19th puzzle for The Times. — W.S.

ACROSS

- 1 Not rumpled, as a bed
- 5 Slice, for example **9** Veal topper, informally
- 13 Cookie containers
- 17 "Yeah, right!"
- 18 Certain body of believers
- 21 Part of a Latin 101
- conjugation 22 What kind of tree
- 24 High-grade cotton
- 25 Capital that was home to the world's tallest building before the Burj Khalifa
- **26** Pears and apples 27 Vladimir Lenin's real
- last name
- 29 Nahuatl speaker
- [Science & Nature]

30 Answer to 22-Across

- **32** Multipurpose
- 33 Fixed
- **34** Polite **36** Moving vehicle
- 38 "Carmen" and "Elektra"
- 39 "Jeez!"
- **40** Mimicking
- **42** Director Anderson
- 43 Simulated 46 Answer to 113-Across
- [Geography]

Online subscriptions: Today's puzzle and more than 4,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).

- 48 Answer to 13-Down [History]
- **50** First name on a famous plane
- 52 Farm females
- **53** Host for a destructive beetle
- 55 Abbr. on a label of brandy
- 58 Class skippers
- **61** Princess seduced by Zeus
- 63 Cartesian conclusion
- 65 Word said before "do" **66** What 1986
- romantic comedy got its title from a song by the Psychedelic Furs?
- 68 Who wrote a 2003 best seller about a ____?
- 71 Tres + cinco
- 72 "Little ol' me?"
- 73 Fine fabric
- **76** Regard

75 Asmara is its capital

- 77 World Cup cry
- 79 Newspaper units:
- Abbr.
- 81 Clammy 82 Answer to 68-Across
 - [Art & Literature]
 - 85 Answer to 66-Across [Entertainment]
 - 89 "Phooey!"
 - 90 Have a bawl
 - 91 Amherst campus, for short
 - 92 Cacophonous
 - 94 Knight's wear, in England

- **97** Pad
- 98 Find a new tenant for
- 99 Calendar units: Abbr. 102 Select, as sides for a game
- 104 Answer to 39-Down [Sports & Leisure]
- 106 "To repeat ..."
- 108 Lens covers
- 109 Meerkat in "The Lion King"
- 111L iving, to Livy
- 112 Nose out
- **113** What comes
- from a farm bird? 117 Blacken
- 118 Song heard at the start of "Saturday Night Fever"
- 119 Ride provider
- 120 Some I.R.S. data, for short
- 121 Not hush-hush
- **122** Kind
- 123 What a judge does for much of the day

DOWN

- $1 \, \text{Some roadsters} \\$ 2 Brightly lit
- 3 Clinton who once ran for president
- 4 Tour de France stage
- **5** "Pipe down!"
- **6** 60 minuti
- 7 Get rid of
- 8 "When it comes to ..."
- goals

- 10 Spanish ouzo flavoring 11 Nutritional std.
- 12 Bump on a slope
- 13 Where were battleships sunk in
- an 1894 ?
- 14 Key of Beethoven's "Für Elise"
- **15** Quimby of children's books
- 16 Lines on sheet music
- 18 CBS debut of 2000 19 Comic actor known
- for his shock humor 20 1966 Donovan hit with
- a rhyming title 23 "That tastes bleah!"
- 28 "Holv cow!"
- 30 Cole Porter's "Well, Did You ____?"
- **31** Jungle tangle
- 32 Sweet and kind
- 35 1962 hit for the Ikettes **36** Part of an itinerary
- 37 Cost to get a hand
- **39** What annual game have the ___ won more than any other team?
- **40** Too
- 41 Condition once called "shell shock," for short
- **43** Process 44 How chicken teriyaki
- is usually served
- "up" **9** Scorer of 12 World Cup 47 Court plea, in brief
- the first permanent U.S. settlement west of the Rockies

49 Oregon city that was

- **51** A, B, C or D, in multiple choice: Abbr.
- **54** Foal's mother
- 56 Like Fenway among all major-league ballparks
- 45 Gave reluctantly, with 57 Folds
 - 59 Cinephile's channel 60 "Buzz off!"

The Motley Fool

62 Natty neckwear **64** Locale for Jacques

121

- Cousteau **67** Crankcase device
- 69 Like a moray **70** Director Burton
- 74 Follower of the Gospels
- 78 Wry Bombeck
- 80 Resilience
- 84 Loaves from wholegrain flour

83 "It's a waste of time"

- See Me" 111 Whack 98 TV Tarzan player
 - 114 Length of a pool and
 - back
 - 115 Partner of tuck
 - 116 Suffix with elect

101 Unwelcome looks FOR ANSWERS TURN TO PAGE 2

100 Fate

99 Hot stuff

Ask the Fool

Buy-side, Sell-side

Please explain the difference Cociween buy-s side analysts. — T.W., Ashland, Kentucky They both study companies

Aand make buy and sell recommendations, but buy-side analysts work in-house for institutions such as mutual funds and pension funds that buy assets, while sell-side analysts are often employed by banks and brokerages, providing broad analysis and recommendations to their customers. (Getting customers to trade generates com-

mission fees for a brokerage.) You may be able to access many sell-side analysts' research reports through your brokerage. Learn more at Broker.Fool.com.

What's a REIT's "FFO"?— F.P., Norfolk, Virginia

The acronym REIT stands for A Real Estate Investment Trust, a special kind of company that typically owns many properties and collects rents from tenants; a REIT (rhymes with "beet") often focuses on a niche such as offices, laboratories, nursing homes, hotels, shopping centers or apartments. REITs are required to pay out at least 90 percent of their taxable income as dividends. (As examples, Public Storage, American Tower and

Weyerhaeuser are all large REITs.)

Investors studying companies

often look at net income, which reflects the bottom-line profit after expenses have been subtracted from revenue. With REITs, the book value of their properties is decreased over time, with the depreciation charged against their net income, reducing it. In reality, though, the value of those real estate properties probably isn't

falling, and may well be growing. Since a REIT's net income tends to understate its health, investors should look at its "funds from operations," or FFO, instead. The FFO metric ignores the effect of depreciation and other noncash charges, so it gives you a better picture of the REIT's true performance. Learn more about REITs at REIT.com

Want more information about stocks? Send us an email to foolnews@fool.com.



Millions or Billions If you're wondering how you might become a billionaire — or even if you'd settle for millionairehood — don't assume that you have to stay busy trading in and out of stocks. Yes, some people have gotten rich through frequent trading, but they're not the norm — and it's not the most effective wealth-

How to Make

building strategy. A much better strategy has worked for the likes of Jeff Bezos, Warren Buffett and Bill Gates: sticking with strong and growing companies

for decades. Yes, they founded their own companies, but you don't have to. Instead, invest in a handful of great businesses, aiming to own them for many years. Here are some common characteristics of companies many

- billionaires have owned: · A sustainable competitive advantage that keeps them at the forefront
- of their industries. · A shareholder-friendly management team that, preferably, owns a

To Educate, Amuse & Enrich™ piece of the company, giving them a

stake in its success. A solid balance sheet, featuring little debt or at least manageable debt. A business that pumps out lots of cash.

Ideally, find these businesses when

they're still relatively small. Many

billionaire investors also make the

most of market downturns, snapping up bargains. Of course, many of us don't have the time or talent to study stocks and pick winners. But that's OK, because we can do what Warren Buffett has recommended: "Own a cross-section of businesses that in aggregate are bound to do well. A low-cost S&P 500 index fund will achieve this goal." He also advises investors to "accumulate shares over a long period" and not sell when the market

drops. Buffett notes that in his own

will, he's instructed a trustee: "Put

10 percent of the cash in short-term

government bonds and 90 percent in

a very low-cost S&P 500 index fund.

(I suggest Vanguard's.)" Following these guidelines may not make you a billionaire, but many of us can become millionaires by saving and investing significant sums in strong stocks - and being patient.

Name That Company

when a mechanic launched a

company to make piston rings

for Toyota. After World War II,

I focused on making motorized

and by 1964 I was a top motorcycle

maker. My first car debuted in 1963.

bicycles and then motorcycles,

I was the first automaker to meet the

Clean Air Act standards in the 1970s.

aviation products, churning out close to

30 million engines annually. My worldwide

employees number more than 200,000. I've

made more than 100 million cars. Who am I?

Think you know the answer? We'll announce it in next week's edition.

Today I'm a major global manufacturer

of cars, motorcycles, power products and

I trace my roots back to 1937,

My Dumbest Investment

A Fastest-Growing

Implosion I bought into the hype and bit the dust big-time on a penny stock. It

taught me to invest more gradually and be leery of penny stocks. On a positive note, I invested a tenth of my assets in some Fool recommendations and have recouped more than my cost. — A., online

The Fool Responds: Penny stocks are a great way to lose most or all of your money. The stock you invested in, from a British company specializing in mobile payments, had many investors hopeful — but like many penny-stock companies, it didn't have a long track record of solid growth and profits. Instead, investors liked its story, which included promising technology; partnerships with Visa, Mastercard and IBM; appearances on lists of "fastest-growing" companies; and a new CEO who also hailed from Visa. But as with many promising companies, things didn't work out as hoped, in part because this company faced

some deep-pocketed competition. Visa sold its stake in the company in 2014, and the stock lost close to 90 percent of its value in — a year in which the company also lost its CEO and other executives. Once worth more than a billion pounds sterling, it ended up bought by another business for

70 million pounds. For best results in investing, stick with proven and profitable companies. We're happy that you recouped your losses - albeit via other stocks.

Motley Fool Goes Mobile!



the go, now FREE on

The Motley Fool Take

What's Up, Doc? Not all medical needs require extensive in-person visits with your doctor. Sometimes all you need is a visual inspection, a question-andanswer session, an order for lab

work or a prescription. Enter Teladoc Health (NYSE: TDOC), a leader in telemedicine, in which patients see providers via telecommunications services such as video conferencing. If you can get the medical care you need without traveling to a doctor's office, it's a win for you. If your doctor — or some doctor in your network — can spend more time on diagnosis and treatment while spending less money on overhead costs, it's a win for the doctor. With the cost of a telemedicine consultation lower than a traditional visit, it can

be a win for both. Teladoc has grown quickly both organically and through acquisitions, and now claims customers representing roughly 40 percent of the Fortune 500. Its revenue grew 62 percent year over year in its third quarter, to \$111 million.

Though Teladoc has been posting losses instead of profits, that's because it's spending about half its revenue on sales and marketing, growing its market share and cementing its leadership in the industry now so it can focus on profit later.

With a long-term growth opportunity in telehealth, Teladoc could be a big winner over the next decade. (The Motley Fool owns shares of and has recommended Teladoc Health.)

LAST WEEK'S TRIVIA ANSWER

I trace my roots back to 1937, when a man from Winston-Salem, North Carolina, bought a doughnut recipe from a New Orleans French chef and started selling doughnuts to local markets and to passersby drawn by their aroma. I trademarked my bowtie logo in 1955 and opened my first retail store in 1989. In 1992 I introduced my "hot now" light, which, when lit, meant that there were hot doughnuts available. Today, my offerings can be bought in about 12,000 supermarkets, convenience stores and other stores, as well as in my own 1,400 retail locations in 33 countries. Who am I? (Answer: Krispy Kreme)



Want to Invest? Email us at foolnews@fool.com, and we'll send you some tips to start investing. Sorry, we can't provide individual financial advice.

E/N/C **The Sun** | Sunday, February 24, 2019 Page 6 www.yoursun.com

CROSSWORD PUZZLE

PREP-POSITIONING

By Gail Grabowski

- **ACROSS** Cheese companion
- 4 Brewery fixtures 8 Minute dispute 12 Sandal features
- 19 "Barefoot Contessa"
- cook Garten 20 Journalist Larson
- Pro shop purchase
- 22 Group bar orders
- 23 Revenue for a monarchy?
- 26 Crêpe cousin 27 "My mom is gonna

- 28 San Simeon family 30 Sleep __
- Running total
- 32 "The Hurt Locker" backdrop
- 33 Upscale automaker
- 35 It might be generic 38 Novelist Waugh
- 39 Kids nagging parents about lack
- of air conditioning? 44 Which one
- 45 Predator and Iconia computers
- 47 Jack Reacher creator Child
- 48 Dept. formed under Carter
- 49 Bread grain
- 50 Agassi rival
- 53 Muses' domain 55 Massage offering
- 57 Important span 58 Bungalow inundated with
- vacationing relatives? _ column:
- concrete-filled steel support
- 64 Rope in 66 Quite a stretch
- 67 Freshly stained
- 68 Dr. Leary's turn-on 69 Sullen
- 70 Old Venetian coin 72 Capital that's home to the Potala
- Palace

- 74 "This is my __"
 77 Dodge logo critter
- 79 Poor, as excuses go 80 Ghee-brushed
- bread 81 Unwitting victim
- 83 Puts the worm on 85 Funny BBQ scene that got cut?
- 88 It's often bookmarked
- 89 Be there 91 Decorative jug
- 92 It may be lit during the holidays
- 94 Withdrawn
- 95 They may be wireless
- 98 Ristorante suffix 99 Links army leader
- 100 Loan letters Unlikely winner of a trite joke contest?
- 104 Vicksburg soldiers108 One of Tom
- Brady's three 110 "JAG" spin-off
- 111 Has too much 112 Piazza De Ferrari
- city 113 Humorist Barry
- 115 Takes care of a tov? 119 "To conclude ... "
- 120 Govt. water-testing sites 123 Group unhappy
- with election results? 125 SoCal daily
- 126 Pre-calc course
- 127 Rich deposit 128 Job ad abbr.
- 129 Pose a greater climbing challenge 130 "I'll get this one"
- 131 Chuck 132 Chekov's orig.
- "Star Trek" rank
- DOWN 1 NHL Hall of Famer
- Stan

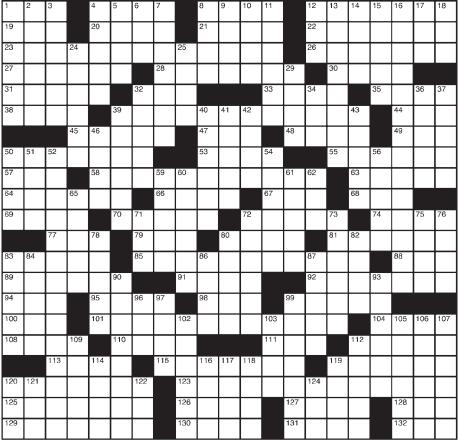
celebration

2 Dog or dogie

- 3 It may be scented 4 WWII surrender
- 5 2016 MLB retiree 6 Virginia senator
- Kaine Vail toppers
- 8 Gp. advocating adoption 9 Substandard
- 10 Charity
- 11 Line dance step 12 On the job,
- initially 13 "Rebel Without a
- Cause" actor 14 The Bee Gees,
- e.g. 15 New-product div. 16 Preview from St.
- Peter? 17 Candy invented in
- Austria 18 Dallas-to-Houston
- 24 Easy pill to swallow
- 25 Pianist Peter 29 Confident 32 Less favorable
- 34 Unpleasant noise 36 DIY mover
- 37 Sidestepped 39 Flung with force 40 Put on
- conspicuous display Seedless plants
- 42 Green of "Robot Chicken" 43 Question doaaedly
- 46 Shoe with lots of holes 50 Tourney ranking
- 51 River of Pisa 52 "You're a big girl
- now"? 54 "Who cares?"
- 56 Roundup catcher Postgame staple
- 60 Band aide 61 Should have said

- 62 Area 51 creatures, it's said 65 Doggone mad
- 71 Battleship letters 72 Hugh of "House" "Just
- 75 Fiend of fantasy 76 Legendary soccer 78 "Morning Joe"
- network 80 Ad infinitum
- 82 Hatcher of "Desperate Housewives"
- 83 Jazz count 84 Pal of Aramis
- 86 Relative who
- shares your birthday, perhaps
- "Hair" styles 90 Queen's mate
- 93 Mother canonized
- by Pope Francis 96 Hammer throw trajectory
- 97 Impudent sort 99 Pasta water prep
- instruction 102 Did, but doesn't
- now 103 Campus recruiting
- gp. 105 Dining selection 106 Balladeer Michael
- Give the okay 109 Bush or Clinton, 112 Rubbernecks, with
- 114 Seductive sort
- 116 Struggling to decide 117 Triathlon
- component 118 "Picnic" playwright 119 Bygone Fords
- 120 2015 Payne Stewart Award
- honoree Ernie Touch gently
- Return ID Great Lakes' __ Canals

Los Angeles Times Sunday Crossword Puzzle Edited by Rich Norris and Joyce Nichols Lewis



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2/24/19

GOREN BRIDGE

BLOODLINES

North-South vulnerable, North deals

NORTH **♠** 7 **♥AQ832 ♦ K 10 6 ♣ K Q 8 6** WEST **EAST ♦** J 5 4 3 2 **★** K 10 9 6 **♡KJ754** $\heartsuit 106$ ♦ J 9 7 $\Diamond Q3$ ♣ J **4** 10 9 5 4 SOUTH **∧** A Q 8 $\heartsuit 9$

 \Diamond A 8 5 4 2 ♣ A 732 The bidding: EAST **NORTH** SOUTH WEST

Pass

Pass

Pass

 $2 \diamondsuit$

34

Pass

Pass

Pass

60 All pass Opening lead: Five of ♥

10

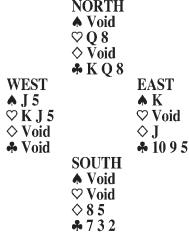
34

South in today's deal was Paul Bethe. A good player in his own right, he is the son of Henry and Kitty Bethe. His father was a National Champion and his mother a World Champion. He and his partner had a lucky misunderstanding in the auction. Paul thought his fourth-suit forcing three-spade bid followed by five clubs set clubs as the trump

suit. His partner was on a different

wavelength and bid the slam in the suit that, luckily, was breaking 3-2.

It looked easy at first, so Bethe won the ace of hearts on the opening lead, led a spade to the ace, and ruffed a spade. He cashed the king of diamonds, ruffed a heart to his hand, and ruffed the queen of spades. A club to his ace and the ace of diamonds left this position:



Bethe led a club and would have claimed 12 tricks had both opponents followed. He won with dummy's king and led a heart. He didn't know who held the last trump, but it didn't matter. Should either opponent ruff, Bethe would have the rest. He ruffed the heart, led a club to the queen, and led another heart, scoring his last trump "en passant".

CRYPTOGRAMS

CRYPTOGRAMS BE A GOOD SPORT by Myles Mellor

Z FZERFZCC SCZNRD BZE PMLDEPN.

MR KRRURU EVHR BZPRD. EV

HZKZQRD FDLQMPCN OZCCRU JVD PMR

2. S D N N J W S Y Y I N S I R A N J O P S Y Y Z X S V

SDJPO JRP UPTVLTA XSIRLTP WONEP.

RP ZPYYPV FCLIEYZ, "ALUP XP XZ FCSOJPOWSIE!"

DRCLRJ SLPOMRD!

3. MT UO FPWY M TFPCG MT M IMI,

FUO NMAOY APUMAAOY MWR COMWWG

MHHCOERMFOY PSO AMIRE APAOSF PN

EPOCTO, FUO HQSEU WRSO!

NWFFBX ZEBNW ZEBKRIG AWKMSWX

H AMBXNWOMEX, FMBXG VHSW. LDWY!

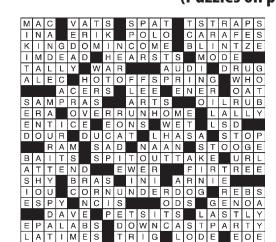
NDW LIHGWOX HOW HIYHGX OHBXBFV

H OHKRWN.

SUPERB

PUZZLE ANSWERS

(Puzzles on previous pages)



quickly,"Give me my quarterback!"

Answer:

GLANCE CLOSET

EITHER IRONIC **THROWN** Her jeans had worn out and were -

> ON THEIR LAST LEGS

for the relief pitcher! 2. A football coach got really mad after the vending machine broke. He yelled

1. A baseball player was thirsty. He needed some water. So the manager brightly called

3. As he told a story as a gag, the famed Mohammed Ali really appreciated one magic moment of course, the punch line!

4. Tennis quite quickly becomes a boisterous, noisy game. Phew! The players are al-

ways raising a racket.

HOLIDAY MATHIS HOROSCOPES

the journey

ARIES (March 21-April 19). The most beautiful things have something a little unpolished about them to keep them accessible and imperfect, because inaccessibility isn't very compelling and

may disagree on a few things, which is why it's very important to recognize and unite on that which you do agree. No one needs to be convinced or changed. Everyone just needs to be accepted. GEMINI (May 21-June 21). You're observant, clever and convincing. The bottom line is that you

can sway people, and this is both a power and a

TAURUS (April 20-May 20). You and a loved one

perfection is boring.

strong anyway.

responsibility. Before you get going, stop and ask yourself what's best for all. CANCER (June 22-July 22). Whether you're the teacher, the boss or the cheering section, repeated uplift is the way. It's not enough to give encouragement once and then expect people to do well. It's the habitual enthusiasm that will make a difference. LEO (July 23-Aug. 22). Groups change. Organizations become reorganizations or splinter into factions, or they dissolve, allowing new groups to form. The thing to do is to accept that the way it is now isn't how it will always be and to show up

VIRGO (Aug. 23-Sept. 22). You've been thinking

enticing on many levels, although it's also a real

plan well, you can pull off something amazing.

stretch for you. When you put your mind to it and

LIBRA (Sept. 23-Oct. 23). You follow the same path

and end up somewhere different. How could this

be? Maybe you go further than before, or maybe

about an endeavor that's extremely interesting and

SCORPIO (Oct. 24-Nov. 21). It's as if your whole mind is lit up and ready to wrap around this day. That's why nothing exists in one dimension for you, and three is also too few, because you are

understanding things on levels unexplainable.

SAGITTARIUS (Nov. 22-Dec. 21). Optimism comes

the company you keep changes everything about

naturally to you today. You'll so easily see how things are working and work even better once you make a few small adjustments. CAPRICORN (Dec. 22-Jan. 19). The talks won't go as anticipated — a good sign you're doing it right. The

only conversation that's predictable is the terrible

kind in which one person speaks and never lets the other person contribute. AQUARIUS (Jan. 20-Feb. 18). Quite simply and suddenly, what appealed to you before won't anymore. It's as if the attraction just lifted — floated off. Taking its place will be freedom and more options

than you knew existed. PISCES (Feb. 19-March 20). Do all you can to get the right amount of sleep; it's crucial to this educational cycle you're in. Learning is a physical process. When you sleep, the neurons in your brain build the architecture to use what you've learned.

TODAY'S BIRTHDAY (Feb. 24). You get newer instead of older this year because of improvements. Fresh education gives you all the motivation you need, and by May, you'll be looking back, already impressed as to how far you've come. Loved ones follow your lead. Love and friendship are the centerpiece in carefree days of July. Leo and Cancer adore you. Your lucky numbers are: 3, 7, 20, 12 and 45.

CROSSWORD PUZZLE

7 LITTLE W©RDS

represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

SOLUTIONS

CLUES

- 1 study of Earth's surface (9)
- 2 study of viruses (8)
- 3 study of reliable inferences (5)
- 4 study of diamonds and such (8)
- **5** study of "buried treasures" (10)
- 6 study of elements (9)
- 7 study of mushrooms (8)

ARCH	PHY	GIC	GY	GEO
LO	EOL	GRA	GY	GEM
GY	CHE	OGY	VIR	OLO
TRY	OLO	OLO	MIS	MYC

42/2 4' CEMOFOCA 2' PHCHEOFOCA 2' CHEMIZLIBA S' MACOFOCA 3' FOCIC LOGGA, 8 PUSMOLE: 1' CEOCHEMBHA 5' AIBOFOCA 3' FOCIC

JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

	1	9		4	5			
		6				5		
			9				4	
	9	2	1		8			7
		7				1		
3			6		4	9	8	
	6				9			
		8				7		
			3	2		4	9	

Rating: GOLD

Solution to 2/24/19

7	1	9	8	4	5	2	6	3
8	4	6	2	1	3	5	7	9
5	2	3	9	6	7	8	4	1
4	9	2	1	3	8	6	5	7
6	8	7	5	9	2	1	3	4
3	5	1	6	7	4	9	8	2
2	6	4	7	8	9	3	1	5
9	3	8	4	5	1	7	2	6
1	7	5	3	2	6	4	9	8

DEAR ABBY

Wife refuses conversation with husband about important topics

DEAR ABBY: My husband and I have problems communicating because I don't talk enough, but that's the way I was raised. My

family just didn't talk about serious things. I'm not saying avoidance is right, but I have a hard time talking seriously.

When I feel put on the spot, I find it difficult to form my words correctly, and I shut down.

My husband doesn't understand why I don't talk when it comes so easy for him. This gives him the impression that I don't "want" to talk, and therefore, I don't care about our marriage as much as he does. Any advice? — MY LIPS ARE SEALED

DEAR MY LIPS: Issues that are not discussed often grow greater until they erode relationships. If you value your marriage, use this issue as a jumping-off point to start talking with a psychologist or other licensed mental health professional.

The way you were raised was unhealthy. It is destructive to building relationships



Dear Abby

as well as self-esteem, and can have lifelong consequences, as you are finding out.

Please don't put it off, because your communication problem won't resolve until you do something proactive about it.

DEAR ABBY: May I educate your readers about a little-known disorder called misophonia?

It means "hatred of sound," and it can cause rage or panic. Misophonia is triggered by sounds such as breathing, eating, yawning, chewing or whistling. It can also be caused by a repetitive motion, such as when someone is fidgeting, jostles you or taps their foot continuously.

I suffer from this disorder. I work in the health care field and am often surrounded by people who chew and/or pop/ crack their gum. I have had the difficult, often embarrassing, conversation about my disorder many times to no avail. The gum-chewing continues.

Do you agree it is unprofessional to chew gum in the workplace?

How do I make people understand this is a real disorder that causes me physical pain and duress? — SUFFERING IN THE WEST

DEAR SUFFERING:

I have to agree that chewing gum in the workplace is both unsightly and unprofessional. In the interest of full disclosure, I confess I'm guilty of the

Before I condemn anyone for eating, chewing, yawning, foot-tapping, etc., allow me to point out that the solution to your problem may be as simple as noise-canceling headphones. I urge you try it before requesting a private

DEAR ABBY: Is it selfish for a 62-year-old recently widowed grandmother to

want more in her life besides her one daughter and three grandchildren? — WANTS MORE IN THE EAST

DEAR WANTS

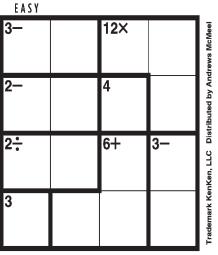
MORE: Of course it isn't selfish! If "someone" is trying to sell you that nonsensical idea, my advice is not to buy

You deserve happiness and fulfillment, and you should not allow anyone to prevent you from seeking it.

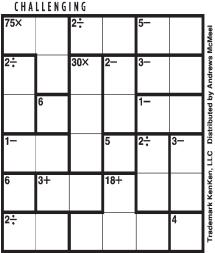
(Could it be the "someone" wants a free baby sitter?)

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www. DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Abby shares more than 100 of her favorite recipes in two booklets: "Abby's Favorite Recipes" and "More Favorite Recipes by Dear Abby." Send your name and mailing address, plus check or money order *for* \$16 (*U.S. funds*) *to*: Dear Abby, Cookbooklet Set, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)



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RULES

2-24-19

 Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.

2 The numbers within the heavily

Freebies: Fill in single-box cages with the number in the top-left corner

outlined boxes, called cages, must

combine using the given operation

(in any order) to produce the target

numbers in the top-left corners.

s, RS

HELOISE

Dear Readers: Identity theft is a huge national problem. It's essential that you protect your identity and your credit cards.

When you get a new card, sign it in ink and record all of the information. Here are more hints:

- Never lend credit cards to anyone. Do not leave your card or receipts behind, where people could find them.
- Tear up incorrect receipts. Keep all accurate receipts for your tax files.
- Never give out your credit card number over the phone — unless you have made the call. Scammers call day and night claiming that they are checking your record and numbers, that you have a charge that is overdue that you have to pay immediately, or that you have to buy gift cards to cover the charges. They can be aggressive and threatening, but don't fall for this. Contact your credit card company directly.
- Open billing statements as soon as you get them and check all of the charges.



Hints from Heloise

Call the credit card company to correct errors right away. — Heloise

Dear Readers: Are crawdads, mudbugs, crayfish and crawfish all the same? Here's the answer to this fish question.

- 1. Yes. These are freshwater crustaceans that really look like tiny lobsters with claws and are about three to six inches long.
- 2. Crawfish are normally boiled and turn fire-engine red when cooked.
- 3. However, crawfish also are battered and deep-fried and often called Cajun popcorn because this dish was touted by the famous New Orleans Chef Paul Prudhomme. - Heloise

Dear Heloise: I have too many clothes inside my closet. It's such a mess that I just don't know where to start. Help me! — Loretta in New

Dear Loretta: There's an easy way of tackling this job by sorting through your closet and getting rid of unwanted or unused garments. Try my A-B-C method to first organize and then sort.

Take out all your clothes and put them into three piles:

- A. Clothes you wear often.
- B. Clothes you put on just occasionally.
- C. Clothes you have not worn in at least a year.

Then do the following: Examine the clothes in the A pile to see if they need any repairs. If not, return to the closet. If you decide that you are going to wear a number of the B pile clothes, place them in the back of the closet.

The rest that you don't want to ever wear again should be put into the C pile. Clothes in the C pile should be tossed out if they are ripped or worn out.

The rest of the clothes in the C pile should be donated to charity. — Heloise

Dear Readers: Our refrigerators get so much daily use, and we stuff them full. It's easy to forget what's lurking inside containers or take-out cartons that get shoved to the back of the shelves once new items are put in front. When it's crammed, it's time for a clean-out.

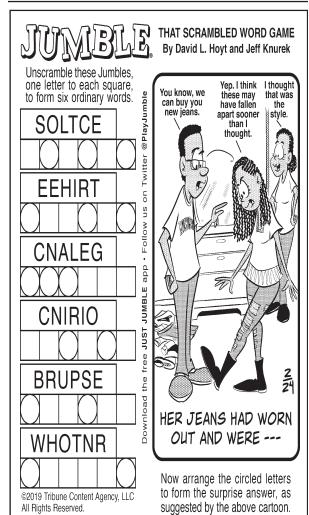
First, give the fridge a smell test to discover where the smell is coming from on each shelf. Toss out old or outdated items and anything with green fuzz.

Put leftovers in sealed containers or zip-top bags and label with a date. Clean the shelves with soapy water to clear off any spills, and wipe walls with white vinegar.

To control odors, pour baking soda into a plastic margarine tub. Poke holes in the lid and put it in the fridge. Replace every three months

Put small dishes of lemon or lime slices on different shelves. — Heloise

JUMBLE



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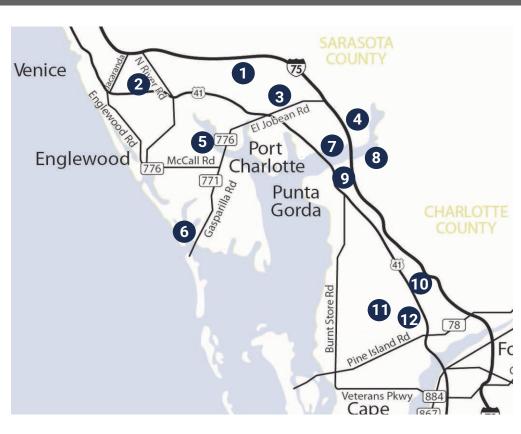
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Familiar face in new town

Ex-Ray Jake Bauers hopes to have big year with Cleveland Indians.

See the story on page 6.

Sunday, February 24, 2019

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■ RAYS

O Canada, next part-time home or native land?

Rays' principal owner wants to keep team in Tampa Bay but doesn't deny Montreal report



Fans walk into Tropicana Field for Fan Fest on Feb. 9. With a new stadium in Tampa Bay not on the horizon, speculation persists regarding the team's future. One recent report stated that a plan has been floated to split the Rays between Montreal and Tampa. Rays' principal owner Stuart Sternberg wouldn't deny talks involving a group looking to bring baseball back to Montreal.

By MARC TOPKIN TAMPA BAY TIMES

PORT CHARLOTTE – The Rays are headed across the bay to Ybor. Or they're staying in St. Petersburg. Or they're eventually moving to Portland, Vegas or Nashville. Then there's the latest rumeur chaude that they're going to split home games between the Trop and Montreal.

That's life with low attendance, a lack of sponsors and no firm plan for a new stadium to replace Tropicana Field, which, going by its 1990 opening date (as opposed to the 1998 start of Rays play), is eighth oldest in the majors.

In addressing questions about the latest timeshare silliness out of Montreal, Rays principal owner Stuart Sternberg said Friday that the speculation "unfortunately" comes with territory, that if they had a new stadium in the works "this stuff

wouldn't be happening."

While reiterating his focus is getting a new stadium built to keep the team in the Tampa Bay area (and that he has "no intention" of selling all or part of it), Sternberg pointed out it's positive for the game that other cities want a team.

And, certainly, it's not the worst thing for his cause that the Rays are the ones most speculated on relocating if it can create any urgency or action among Tampa Bay folks.

Though the Rays are locked in to play all home games at the Trop through 2027, Sternberg has been saying more frequently of late that given logistics and construction timetables, they will soon have to start considering options for 2028, which will only fuel more relocation speculation in

numerous places. The Montreal sharing

RAYS | 6

Mottola's aggressive, analytical style suits Rays

By BEN BAUGH

STAFF WRITER

It's seemed as if Rays hitting coach Chad Mottola was destined for a career in sport in his home state of Florida.

The future Major League Baseball outfielder grew up in Broward County, and his predilection during the early years of his interscholastic career pointed toward the sport of football. But as fate would have it, he would be directed toward another discipline, one that found him being drafted by the Baltimore Orioles in the 10th round.

"I didn't sign, but that kind of steered me in the direction of baseball," said Mottola. "I was just kind of maturing. I was a

17-year-old high school kid."

It was that interscholastic success that saw Mottola receive interest from a number of Division I schools, eventually choosing one in his home state. He chose one in Orlando.

"I had never heard of UCF. growing up three hours away, to show you how far that's come," said Mottola, who attended St. Thomas Aquinas in Fort Lauderdale.

Mottola's hard work would begin paying dividends, excelling collegiately, eventually becoming a first round selection, going fifth overall in the 1992 Major League Baseball draft, taken by the Cincinnati

"Growth spurts came in college rather then in high school for me, and got me on the map then," said Mottola. "I had been drafted earlier on, so I had an idea of what I wanted to do, but it came pretty fast."

However, being selected in the first round of the MLB draft was life transforming, and with it came a series of adjustments and eye-opening experiences.

"I knew it was coming, but until it happens, it kind of sinks in later in life," said Mottola. ""At the time, I didn't have an agent. My dad did everything. I don't think that's close to happening anymore. We just assumed everybody had your best interest at heart. Than you learn that this is a business, and there's another side to this

MOTTOLA | 4



SUN PHOTO BY TOM O'NEILL

Tampa Bay Rays hitting coach Chad Mottola talks with another coach during the first official full squad workout on Monday at Charlotte Sports Park.

■ NFL

Goodell has wide-ranging powers to discipline Kraft



AP PHOTO

NFL Commissioner Roger Goodell, right, talks with New England Patriots owner Robert Kraft before the Patriots faced the Oakland Raiders in 2017, in Mexico City. Kraft, 77, faces a likely league probe after being charged with two counts of soliciting a prostitute in a Jupiter massage parlor.

By BARRY WILNER

AP Pro Football Writer

NFL Commissioner Roger Goodell has wide-ranging powers to discipline teams, coaches, players, and, yes, owners. Pending the completion

of police investigations in Florida — and likely a league inquiry as well - Goodell could punish **New England Patriots** owner Robert Kraft for being charged with two misdemeanor counts of soliciting a prostitute.

The 77-year-old Kraft was twice videotaped in a sex act at a shopping-center massage parlor in Florida, police

said Friday. The charges come amid a crackdown on sex trafficking in which hundreds of arrest warrants were issued.

Goodell could fine and/ or suspend Kraft from any activities involving the Super Bowl champions.

Goodell fined Kraft and the Patriots \$250,000 in 2007 for filming other teams' signals, and \$1 million in 2014 for deflating footballs during the AFC title game. The "Deflategate" case damaged Goodell's close relationship with Kraft.

Even though Goodell is employed by the owners, at a cost of about \$40 million annually in

salary and bonuses, he views the commissioner's role as one protective of

the game and the league. **Indianapolis Colts** owner Jim Irsay, was suspended by Goodell after he was arrested in 2014 near his home in suburban Carmel and was held overnight after he failed sobriety tests and police found prescription medications in his car.

He was charged with operating a vehicle while intoxicated, along with four felony counts of possession of a controlled substance.

He pleaded guilty to a misdemeanor count of

driving while intoxicated. Irsay drew a six-game suspension and \$500,000

fine from Goodell. Last year, Jerry Richardson essentially was forced to sell the Carolina Panthers after allegations of his sexual and racial misconduct in the workplace. Following a six-month investigation, he was fined \$2.7 million by Goodell.

In 2012, following a long investigation into the New Orleans Saints' bounties system, Goodell fined Saints owner Tom Benson \$500,000 and stripped the team of second-round draft picks in 2012 and 2013.



Page 2 E/N/C The Sun | Sunday, February 24, 2019 www.yoursun.com

Florida Lotterv

www.flalottery.com

■ PICK 2	
Feb. 23N	7-
Feb. 23D	7-
Feb. 22N	0-
Feb. 22D	3-
Feb. 21N	4-
Feb. 21D	6-

D-Day, N-Night

■ PICK 3

— I ICN 3	
Feb. 23N	4-7-9
Feb. 23D	4-4-2
Feb. 22N	2-0-3
Feb. 22D	5-1-7
Feb. 21N	7-8-7
Feb. 21D	4-7-6
D-Day, N-Night	

■ PICK 4

Feb. 23N	0-3-9-0
Feb. 23D	
Feb. 22N	1-2-0-8
Feb. 22D	5-5-0-8
Feb. 21N	3-6-3-5
Feb. 21D	0-9-9-2
D-Day, N-Night	

■ PICK 5

Feb. 23N	7-3-4-9-6
Feb. 23D	9-8-5-5-4
Feb. 22N	3-8-2-2-9
Feb. 22D	0-3-6-8-0
Feb. 21N	4-5-3-5-4
Feb. 21D	3-1-5-7-8
D-Day, N-Night	

■ FANTASY 5

Feb. 23	Late			
Feb. 22	3-25-34-35-36			
Feb. 21				
PAYOFF FOR FEB. 22				
15-digit winners	\$208,309.37			
309 4-digit winners	\$108.50			
8,822 3-digit winners	\$10.50			

■ CASH FOR LIFE Feb. 21 3-4-34-38-39

	•••
Feb. 18	1-37-39-48-54
Cash Ball	4
PAYOFF	FOR FEB. 21
0 5-5 CB	\$1,000/Day
0 5-5	\$1,000/Week
7 4-5 CB	\$2,500
7 4-5	\$500
■ JACKPOT	TRIPLE PLAY
Feb. 22	2-9-11-25-30-38
Feb. 19	7-8-18-25-43-46
Feb. 15	8-11-19-35-36-41
PAYOFF	FOR FEB. 22
1 6-of-6	\$1,600,000

38,404 3-of-6.....\$1 **ESTIMATED JACKPOT** \$500,000

49 5-of-6.....\$430.00

2,150 4-of-6.....\$23.50

Feb. 23	Late
Feb. 20	.14-30-32-34-52-53
Feb. 16	2-12-16-29-43-52
PAYOFF	FOR FEB. 20
0 6-digit winners	\$3.5 million
17 5-digit winner	rs \$4 958

ESTIMATED JACKPOT \$4 million

..\$87.50

■ POWERBALL

646 4-digit winners ..

	Late
Powerball	Late
	• • •
	27-49-50-51-52
	2
PAYOFF	FOR FEB. 20
	\$282 million
0 5-5	\$1 million
	\$50,000
	\$100
ESTIMAT	ED JACKPOT
\$30	4 million

\$30 4	IIIIIIIIIII
■ MEGA MIL	LIONS
Feb. 22	18-24-31-34-55
Mega Ball	4
•	• •
Feb. 19	17-24-34-56-65
Mega Ball	3
PAYOFF F	OR FEB. 22
0 5 of 5 + MB	\$224 million
) 5 of 5	\$1 million
4 of 5 + MB	\$10,000
22 4 of 5	
ESTIMATE	D JACKPOT

\$245 million

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■ NHL: Roundup

Reinhart's hat trick snaps four-game skid, leads Sabres to 5-2 victory over Capitals

BUFFALO, N.Y. (AP) Sam Reinhart scored three goals and the **Buffalo Sabres snapped** a four-game skid with a 5-2 victory over the

CDODTC ON TV

SPUNIS UN IV
AAF FOOTBALL
4 p.m. CBSSN — Birmingham at Atlanta
8 p.m. NFL — San Antonio at San Diego
AUTO RACING 2 p.m.
FOX — NASCAR Monster Energy Cup Series: The Fold of Honor QuikTrip 500, Atlanta, Ga.

12:30 a.m. (Monday) NBCSN — IBSF World Cup: fourman bobsled, Calgary (taped) **BOWLING**

BOBSLEDDING/SKELETON

3 p.m. FS1 — PBA Bowling: Indianapolis Open, Indianapolis, Ind.

MEN'S COLLEGE BASKETBALL

12 p.m. CBSSN — SMU at Central Florida **1:30 p.m.** CBS — Villanova at Xavier

2 p.m. CBSSN — Drake at Illinois State ESPN — Cincinnati at UConn 3:45 p.m.

CBS — Michigan State at Michigan ESPNU — Loyola-Chicago at

Southern Illinois ESPNU — Wake Forest at North

ESPN2 — Stanford at Arizona WOMEN'S COLLEGE BASKETBALL 12 p.m.

ESPN2 — Florida State at Miami ESPNU — North Carolina State at North Carolina

ESPN2 — Michigan at Michigan ESPNU — Houston at Memphis FS2 — St. John's at Georgetown Vanderbilt at Mississippi

4 p.m. BTN — Penn State at Illinois ESPN2 — South Carolina at Tennessee SEC — Ole Miss at Arkansas

6 p.m. SEC — Georgia at Alabama 6:30 p.m.

BTN — Minnesota at Rutgers WOMEN'S COLLEGE LACROSEE 12 p.m.

BTN — North Carolina at Maryland
MEN'S COLLEGE VOLLEYBALL 2 p.m. BTN — Loyola-Chicago at Ohio

12 p.m. GOLF — PGA Tour Golf: WGC-Mexico Championship, final round,

1:30 p.m. GOLF — PGA Tour Golf: Puerto Rico Open, final round, Rio Grande NBC - PGA Tour Golf: WGC-Mexico Championship, final round, Mexico

2 p.m.

NBA — Sioux Falls Skyforce vs. Raptors 905

5 p.m. – LA Clippers at Denver **7:30 p.m.** - San Antonio at New York NHL HOCKEY 12:30 p.m. – NY Rangers at Washington

7 p.m. NBCSN — St. Louis at Minnesota **RODEO** 12 p.m.

CBS — PBR Bull Riding: Iron Cowboy, Los Angeles, Calif. RUGBY

ESPNEWS -— Pro14: Cheetas vs.

 Six Nations Championship: round 3, Italy vs. Ireland 2 p.m. NBCSN — Premiership: Leicester

vs. Worcester 7 p.m. - Major League Rugby: United New York vs. Seawolves de

Seattle 6:25 a.m.

ESPN2 -- Serie A: Samporia vs. 9 a.m.

NBCSN — Premier League: Manchester United vs. Liverpool 9:30 a.m FS1 — Bundesliga: Hannover 96 vs

11:50 a.m FS2 — Bundesliga: Bayer Leverku-sen at Borussia Dortmund

SKIING **10:30 p.m.** - FIS Alpine World Cup,

vomen's combined, Switzerland 11:30 p.m

NBCSN — FIS World Nordic Championships: cross country women's team sprint finals, Austria (taped) TRACK AND FIELD

4 p.m.NBCSN — U.S. Indoor Championships: Day 3, Staten Island, N.Y.

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Washington Capitals on Saturday.

Jack Eichel had two assists in picking up his 66th point — two more than the fourth-year player's career high set last season. Rookie Rasmus Dahlin and Jason Pominville also scored in a game in which the Sabres never trailed.

Carter Hutton stopped 31 shots, and Buffalo snapped a 0-3-1 skid while topping the threegoal mark for the first time in eight games, dating to a 6-5 overtime loss to Carolina on Feb. 7.

The Sabres avoided a major scare when leading scorer Jeff Skinner was helped off the ice five minutes into the second period and was unable to place any weight on his left leg. Skinner, however, returned for the start of the third period.

Alex Ovechkin scored his league-leading 44th goal for the Capitals, while extending his goal streak to five games. Andre Burakovsky also scored for Washington, which squandered a chance to win three straight for the first time since Jan. 6-10.

Braden Holtby stopped 33 shots in dropping to 6-8-2 in his past 18 appearance. Holtby has allowed 59 goals over that span and has failed to win consecutive starts.

The Sabres showed no signs of being the team that coach Phil Housley described as "soft" a week earlier when they closed a seven-game homestand with a 6-2 loss to the New York Rangers.

Buffalo jumped to a 2-0 led in the first period. The Capitals cut the lead to one in the second period before Reinhart capped the third hat-trick of his career by scoring into an empty net with 56 seconds left.

Ovechkin had cut the Sabres' lead to 2-1 in the second by scoring on a breakaway 2:28 into the

Dahlin responded with a power-play goal with 31 seconds remaining in the period, and Nic Dowd serving a tripping penalty for upending Buffalo's Nathan Beaulieu in the corner.

Rasmus Ristolainen started the play by feeding Eichel in the left circle. Eichel then immediately fed the puck through the middle to an open Dahlin, who onetimed a shot inside the right post before Holtby could get across.

Buffalo had another response in the third period after Washington's Burakovsky tipped in Christian Djoos' point shot 4:16 into the frame.

Reinhart scored 1:23 later by deflecting in Matt Hunwick's shot from the blue line.

Panthers 6, Kings 1

Aleksander Barkov and Keith Yandle scored on the power play and Florida had three goals in the second period on the way to a 6-1 victory over the Los Angeles Kings on Saturday.

Jonathan Huberdeau, Vincent Trocheck. Jamie McGinn and Ian McCoshen also scored. and Barkov, Huberdeau and Yandle added assists for the Panthers, who have won four of five and are 10-5-0 in their last 15.

Florida's Roberto Luongo stopped 18 shots and tied Ed Belfour for third place in career wins among goaltenders with

Dustin Brown scored for the Kings, who dropped their seventh straight. Jonathan Quick stopped 17 of 23 shots before being lifted in the third period. Jack Campbell made two saves in relief.

Huberdeau broke a 1-all tie in the first period. He stepped out of the penalty box and collected an errant Kings slap shot that wrapped around the boards. Huberdeau then skated in on Quick and scored his 17th goal of the season at 13:33.

Barkov netted his 25th goal at 18:16 for a 3-1 lead during a 5-on-3 power play after the Kings' Derek Forbort and Oscar Fantenberg went off for penalties.

Yandle pushed the lead to 4-1 when he scored the second man-advantage goal, his ninth, at 19:22, through plenty of traffic in front of Quick.

Trocheck skated into the left circle in the second period, took a pass from Evgenii Dadonov and scored his sixth goal, and first Jan. 21 at 11:56 of the first.

Brown tied it at 1 when he stole a pass just outside the blue line, raced in on Luongo and scored his 13th goal at 13:59.

Brown, who ended a run of 12 games without a goal, nearly scored his second to give Los Angeles its first lead on a short-handed breakaway in the period's last

minute, but Luongo denied him.

McGinn and McCoshen scored their first goals of the season in the third period — McGinn at 6:14, McCoshen 28 seconds later — for the final margin.

Rangers 5, **Devils 2**

Ryan Strome had two goals, Chris Kreider and Jimmy Vesey each had a goal and an assist, and the New York Rangers beat the New Jersey Devils 5-2 on Saturday.

Brady Skjei also scored. Mika Zibanejad and Pavel Buchnevich each had two assists and Alexandar Georgiev made 19 saves for the Rangers.

Andy Greene and Kenny Agostino scored and Cory Schneider had 29 saves for the Devils.

Both teams sat key players with the league's trade deadline two days awav. The Devils traded defenseman Ben Lovejoy to Dallas for defenseman Connor Carrick and a third-round pick earlier in the day and also kept out forward Marcus Johansson.

The Rangers sat forwards Mats Zuccarello and Kevin Hayes as well as defenseman Adam McQuaid.

Trailing 3-0 in the third period, the Devils scored when Agostino got his third of the season at 2:20. He took advantage of a turnover in the Rangers' zone to score his first goal with the Devils. The Rangers answered

as defenseman Brady Skjei sent a one-timer past Schneider for his fourth of the season. The score withstood a video review for goalie interference.

The Devils rallied again as Greene took a pass from Kyle Palmieri and wristed it past Georgiev for his fourth of the season at 12:59.

Strome added an empty-netter in the final minute for his second of the game to clinch the win. Early on, the Rangers

dominated the matchup between the area rivals and playoff also-rans in the Eastern Conference. They opened the scoring with two goals early in the first period. Vesey scored his 14th of

the season off a scramble in front of the net at 4:48 just as a Devils penalty expired. A few minutes later and with a Devils power play about to end, Vladislav Namestnikov

drew a tripping penalty on Drew Stafford to give the Rangers another man advantage. And they took advantage.

With the power play nearly over, Kreider sent a no-look pass to Strome, who scored his ninth of the season. Buchnevich assisted on both of the goals.

The Rangers kept up the pressure and made it 3-0. Kreider scored on another scramble in front of the Devils' net for his 25th of the season. The Rangers outshot the Devils 15-4 in the period.

Blue Jackets 4, Sharks 0

Sergei Bobrovsky recorded his second shutout in two nights, Matt Duchene scored his first goal for his new team and the Columbus Blue Jackets beat the San Jose Sharks 4-0 on Saturday.

Bobrovsky had 26 saves and got shutouts in both games of a back-to-back for the first time in his career. He was in the net when the Blue Jackets beat Ottawa 3-0 on Friday night, hours after the Senators traded Duchene to Columbus.

Duchene, making his home debut after being dealt for a pair of top prospects and draft picks, tapped in a loose puck after a rebound early in the second period to put the Blue Jackets up 2-0.

Cam Atkinson had a goal and an assist, and Boone Jenner and Pierre-Luc Dubois also scored for the Blue Jackets, who have won seven of their last 10. They started the day in third place in the Metropolitan Division.

Martin Jones had 19 saves for the Sharks before being replaced by Aaron Dell halfway through the third period after Columbus scored for the fourth time. Dell had three more stops.

San Jose is in second place behind Calgary in the Pacific Division.

A charging Jenner collected a great centering pass from Josh Anderson and finished from the slot to get the Blue Jackets on the board nine minutes into the game.

Duchene tallied 59 seconds into the second period. Late in the period, with San Jose's Micheal Haley in the penalty box for interference, Atkinson poked in a puck that got loose behind Jones, snapping a six-game power-play drought.



AP PHOTO

Florida Panthers defenseman Mark Pysyk (right) and Los Angeles Kings right wing Dustin Brown battle for control of the puck during the second period on Saturday in Sunrise. Brown scored the lone goal for the Kings in the 6-1 loss, their seventh straight. ■ HIGH SCHOOL WRESTLING: Class 2A-District 10 Championship

Charlotte dominates field to take district title

Bv SCOTT LOCKWOOD

Sun Correspondent

VENICE – Outside of winning another district championship, the Charlotte Tarpons wrestling team had one big goal at Saturday's Class 2A-District 10 tournament: qualify all 14 of their wrestlers for the upcoming regional tournament.

They met that goal with relative ease.

The Tarpons had 11 wrestlers win individual district titles, and the other three starters qualified by placing in the top four in the annual meet at Venice High School. Charlotte also claimed the district title, outscoring runner-up Venice 275-153.

Charlotte freshman Andrew Austin opened up the finals on a winning note, defeating Venice junior Lauren Stone on a technical fall in the 106-pound final. Stone, who won her third straight girls wrestling state championship last weekend and qualified for the boys state finals a year ago, also earned a regional berth.

Defending state champion Donovan Cataldi (120-pound class), Malachi Schaeffer (126), Ted Gjerde (132), Richard Lawyer (138), Cody Rice (145), Cade Newton (182), Anthony Andou (195) and Lucas Willis – another former state champion won the 152-pound title and claimed his 200th career victory.

The 170-pound tilt between Charlotte's Sean Taft and Palmetto's Matt Wyatt was one of the day's best. The duo squared off to a scoreless draw in the

first two rounds before Taft scored 7 quick points in the final minute to earn a 7-2 win.

"He's a first-year kid and he's come a long way this year," Charlotte coach Evan Robinson said.

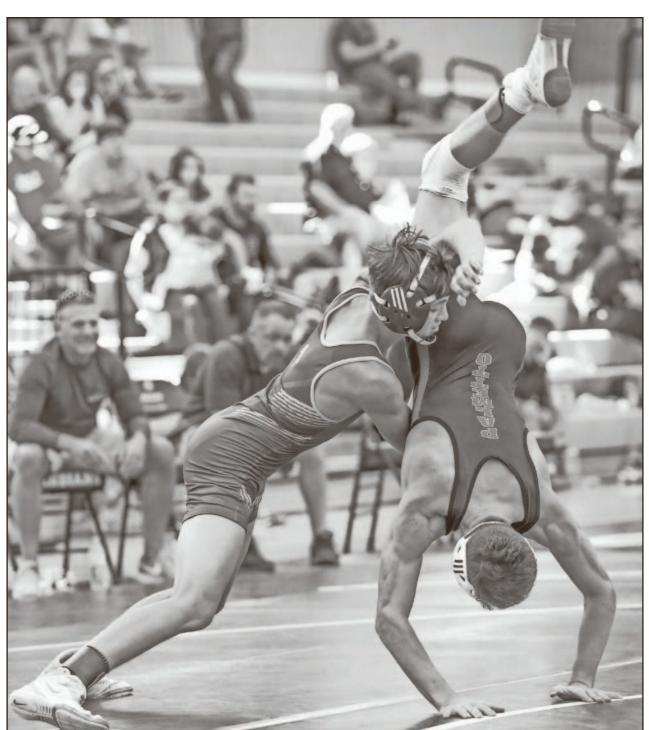
Charlotte's Jose Valdez and Venice's Jack Marble staged an epic battle for the 220-pound title. Marble kept things close for most of the match until Valdez took him to the mat and came away with a pin. The Charlotte senior improved to 46-1 on the season.

"The sky is the limit and Jose has his sights set on a state title," Robinson said of Valdez, a state runner-up a year ago. "He's working hard and hopefully he can get to that goal. He's a hungry kid and he fights for every moment."

Patrick Nolan (113), Matthew Andou (160) and Taylor Johnson (285) also earned regional berths for the Tarpons, who will host a Class 2A regional tournament next Saturday at the Wally Keller Gym.

"Everybody pretty much did their job,' Robinson said. "You couldn't ask for more. With 14 guys next week that's a lot of points we can score. Hopefully we don't leave many on the table...and that our home field advantage pays off."

Jack Stone won the 113-pound title for Venice, while Tyler Conway (138), Eric Beck (120), Josh Stewart, (160), Elijah Day (170) and Will Litzler (182) qualified for the regional.



SUN PHOTO BY JUSTIN FENNELL

Charlotte's Donovan Cataldi takes Palmetto's Colby Smith to the mat during Saturday's Class 2A-District 10 wrestling tournament at Venice High School. Cataldi went on to win the 120-pound district title over Smith via pinfall and improved to 42-4 for the season.

"We competed really well," Venice coach Pat Ryan said.

'In tournaments like this there's people that wrestle at and above

expectations...and unfortunately there's times where kids wrestle below expectations. The key is to punch your ticket to next

week, where everybody is 0-0 again."

Port Charlotte's Nick Sloane (126), Okten Logue (220) and Anthony Mandile (runner-up in 285) qualified for Saturday's regional tournament. The Pirates finished sixth in team points with 30.

■ HIGH SCHOOL WRESTLING: Class 1A-District 12 Championship

Mantas capture district title, send 12 to regionals

STAFF WRITER

Rays wrestling team sent an authoritative message Saturday afternoon, by dominating the competition in District 12, and in the process sending 12 wrestlers to regionals.

Their definitive victory in the District 12 tournament, saw them better runner-up Immokalee by a margin of 216.5 to 110.5, and with the victory cementing their status as one of the area's premier teams.

"We have a core group of guys who we figured would do well, and they have," said Mike Schyck, Lemon Bay wrestling coach.

"I have a few other young kids who came out this year, and have steadily improved. Louis Baldor just keeps getting better.'

The seven Mantas that captured district honors were Bryce Taranto, Eric Dagg, Derick Dagg, Lance Schyck, Tyson Davids, Louis Baldor and Brock LaVallee. Luke Heffner and Marshall Locke advance to the regionals based on their runner-up performances.

Jonathon Hartsikov, Shae Dixon and Kyle Dragon placed third and will be moving on.

Imagine School at North Port also took part in the district tournament and has seven wrestlers moving onto regionals this Friday and Saturday.

The Sharks continued to evolve throughout the season, and their per-The Lemon Bay Manta sistence and hard work paid off, with a strong performance when it counted most.

"It's been a fantastic season watching these boys grow into the sport," said Tyler Crane, Imagine High School at North Port wrestling

"I've focused a lot of energy into building a team. We lost a lot of kids last season. Some graduates and a few transfers when Coach McCabe left," Crane said.

"But we were able to take a group of 6th, 7th, 8th and 9th graders, who were led by two seniors, and put together a season and build our team."

Fr. Caleb McRae, 106-pound division, second place; eighth-grader Koen Hoffman, 126-pounds, second place; Sr. Jonathan Thornhill, fourth place; eighth-grader Tyler Rodriguez, 138-pounds, third place; eight-grader Nick At, a two-time regional qualifier, 145-pounds, third place; Fr. Aksel Johnson, 170-pounds, third place and Sr. Nick Berhalter, 195-pounds, third place, are advancing to regionals.

We will be carrying this momentum into the post season, and more importantly the offseason," said Crane.

"We're hungry, the season isn't over yet, and we're excited for the next."



SUN PHOTO BY TIM KERN

Kyle Dragon tries to make his move on a tough Dunbar opponent in the Class 1A-District 12 championships on Saturday.

LOCAL PREP BRIEFS

BASEBALL

Snowbird Baseball Classic The Northeastern Howlin' Huskies defeated the South Dakota State Jackrabbits, 12-9.

SOFTBALL

The North Port Lady Bobcats defeated the Island Coast Gators Friday night, 17.0 The game was mercy ruled after three innings. The Lady Bobcats raised their record to 3-0.

PREP SPORTS CALENDAR

SUNDAY

■ Baseball

RAYS: Yankees at Rays, 1:05 p.m. **Snowbird Baseball Classic**

South Dakota State vs. Northeastern, North County Recreation Park, 10 a.m.

MONDAY

Baseball

RAYS: Miami at Rays, 1:05 p.m.

Port Charlotte at Charlotte, Season opener, 7 p.m.

■ Tennis

Charlotte Boys and Girls Tennis vs. Ida Baker, Home, 3 p.m.

E/N/C The Sun | Sunday, February 24, 2019 Page 4 www.yoursun.com

■ WORLD GOLF CHAMPIONSHIP

Johnson overcomes tree trouble for four-shot lead

By DOUG FERGUSON

AP GOLF WRITER

MEXICO CITY — Dustin Johnson watched a six-shot lead shrink to two before putting together enough birdies Saturday for a 5-under 66 and a four-shot lead over Rory McIlroy going into the final round of the Mexico Championship.

Johnson nearly threw away his six-shot lead through eight holes when McIlroy made a 35-foot birdie putt on No. 9, and then Johnson ran into some serious tree trouble on the 10th hole. He hit trees with three consecutive shots and had to two-putt from across the green to salvage a double bogey.

It was his first score worse than par at Chapultepec Golf Club this week.

And it was his last of the day.

"I didn't let it bother me because I knew I was playing well and there were plenty of holes I could make birdie," Johnson said.

Johnson answered with two straight birdies, sandwiched two birdies around a big par save, and restored a cushion going into Sunday. McIlroy got no closer than two shots all day and had to settle for a 68.

No one else was closer than seven shots of the lead.

Tiger Woods pulled within four shots after Johnson's blunder, but his hopes ended on the

Woods had a 5-iron from the middle of the fairway on the par-5 15th, put it into a bunker, blasted out weakly to 25 feet and four-putted for a double bogey, with the last three putts from just outside 3 feet.

He followed that with a three-putt bogey on the 16th, and a birdie on the final hole gave him a 70. Woods, who hit 16 greens in regulation, was 10 shots behind and in no mood to speak to anyone after the round.

Johnson, the only player to capture all four World Golf Championships, is going for his sixth WGC title and his 20th career victory on the PGA Tour, which would make him a lifetime member at age 34.

McIlroy did his best to hang around. He made back-to-back bogeys on the front nine that put him six behind, and then ran off three straight birdies to close the gap. He missed a 3-foot par putt on the 14th hole and was suddenly left a tall order for Sunday.

It's even tougher on everyone else.

Masters champion Patrick Reed finished with three straight birdies for a 64 and was in the group seven shots behind with Patrick Cantlay (65), Sergio Garcia (69) and Cameron Smith (68).

Reed started birdie-eagle and missed plenty of short putts. He said he would need as many opportunities on Sunday



AP PHOTO

Dustin Johnson hits the ball on the third hole during the third round of the WGC-Mexico Championship at the Chapultepec Golf Club in Mexico City. Johnson has a four-shot lead over Rory McIlroy going into the final round on Sunday.

and even a better score.

"It's going to take a really special day tomorrow," Reed said.

"I don't think 7 under is going to get it done. I'm thinking it's going to at least take 10 (under) to maybe even a 59 depending on how he finishes the day."

Johnson had a two-shot lead to start the third round over McIlroy and Matt Kuchar, whose hopes for a Mexican sweep of PGA Tour events fizzled with a 79. Johnson seized command on the second hole, when he hit a driver over the trees

on the 367-yard hole, hopped it onto the green to 4 feet and made the putt for eagle.

He holed a 10-foot birdie on No. 5 and kept getting looks at medium-range birdie attempts without making them.

The 10th hole was merely a detour.

Johnson hit driver off the tee into the trees and had a reasonable gap through the trees. But his lob wedge came out high, hit a tree and bounced into the bushes. Johnson was able to get a free drop from a sprinkler line, but that did him no good. His

next shot came out soft and struck a tree trunk, rolling into the bushes. He did well to punch that away from the bunker and onto the far left side of the green.

McIlroy smashed his drive and flipped a wedge into short range for birdie, making it a two-shot swing.

That was as close as anyone came to Johnson, who looks poised to win for the second time in four weeks after his victory at the Saudi International.

Then again, Johnson had a six-shot lead in

the HSBC Champions in Shanghai at the end of 2017 and wound up tying a PGA Tour record for largest 54-hole lead lost in the final round. He has a 4-3 record on the PGA Tour when he has the lead.

"D.J. is playing very well. He seems to be comfortable on this golf course. He's going to be very tough to beat," McIlroy said.

"Tomorrow I'm going to have to go out there and probably shoot something similar wo what I shot the first day (63) to have a chance.'

■ NHL

Only history's best are ahead of the Lightning

By JOHN ROMANO TAMPA BAY TIMES

TAMPA — They are architects of history. They built teams, and they

built legacies. One is a Hall of Fame coach, the other a Hall of Fame executive. They were rivals for parts of two decades, and partners for parts of two others. Combined, they have 21 Stanley Cups on their resumes.

And for the past four months Scotty Bowman and Jimmy Devellano have been watching, sometimes together, as the Lightning has shredded the league and flirted with the NHL record of 62 victories.

Their NHL record of 62 victories.

Only two teams have ever eclipsed the 60-win mark, the 1977 Canadiens (60) and the 1996 Red Wings (62). Devellano

was the general manager for that Detroit team, and Bowman coached them

So what is their assessment of Tampa Bay? The Lightning could

kate with either team

"I'd like to see the Lightning play that Detroit team," said Devellano. "They're very similar. All kinds of talent, goals coming from different places, a stud on defense, a good goaltender. Oh yeah, the Lightning could have played with Detroit."

"Most teams you can look at and say they need better goaltending or better this or better that," Bowman said. "You don't say that with these guys. They're deep, they're very good. Very impressive."

Bowman, 85, and Devellano, 76, know this first-hand. Both retired in the Sarasota area, and both are frequent

spectators at Amalie Arena

They agree that, in some ways, what the Lightning has done in 2018-19 is already as remarkable as their Montreal and Detroit teams in the 1970s and 1990s. There is one champion every year, but truly great teams have been harder to come by in the salary cap era.

Building a stellar roster today requires sharp accountants as well as dedicated scouts. Even if the Lightning falls short of 62 wins or 130 points and Tampa Bay is on pace for both – it will still likely be the most dominant regular season since the cap was instituted 15 vears ago.

In that sense, the Lightning is a bit different from the Canadiens and Red Wings. Those teams were part of legitimate dynasties, built during a

time when it was easier to keep a roster intact.

That '77 Montreal team was in the middle of a seven-year stretch with five Stanley Cup titles. The '96 Red Wings lost in the Western Conference finals, but went on to win three of the next six Stanley Cups.

The Lightning may not have that luxury. Winning the Presidents' Trophy for the best regular season record is a grand accomplishment, but the window for a Stanley Cup

will not stay open long. "The Presidents' Trophy is a wonderful thing. I give it more credit than fans and media do," Devellano said.

"But our sport isn't geared that way. The big thing is the Stanley Cup, and that's the way it is. We learned that lesson in Detroit. That's a lesson the Lightning needs to pay attention to."

ly match either Montreal or Detroit for sheer star power. The Canadiens had nine Hall of Famers on that "77 team, not including Bowman. The Red Wings had seven, plus Bowman.

Montreal also dominated the league in ridiculous ways. The Canadiens outscored their opponents by 216 goals, or an average of 2.7 goals a game.

While those numbers were particularly gaudy, Bowman says its an example of the Lightning having a tougher schedule in a league now geared for parity.

"I don't remember a lot of teams that were ever expected to give us a challenge," Bowman said.

"What the Lightning is doing is hard. I know it's a little easier to score now, but not at the rate they're scoring. They

Tampa Bay will not like- can get 3 or 4 goals in a period. They've done a nice job adding young guys like (Brayden) Point, (Mathieu) Joseph, (Anthony) Cirelli and Yanni Gourde with (Steven) Stamkos and (Nikita) Kucherov and (Tyler) Johnson. There's not much difference from one line to the next.'

> So can Lightning players do it? Can they match Detroit's 62 wins? Can they join the Canadiens and Red Wings as the NHL's only 60-game winners?

'They're so far ahead, I don't even check the standings," Devellano said. "What do they need to do?"

It would take a 15-5 finish to catch the Red Wings, or 13-7 to reach 60 wins.

"Oh hell yes, they can do that," Devellano said.

"I'd like to see it. They're a good group."

MOTTOLA **FROM PAGE 1**

game. That you don't anticipate, until you go through it."

Those vagaries associated with the game, and the opportunity to play for a number of organizations would play a significant role in Mottola's career, providing him with the necessary tools to become a Major League Baseball coach.

"At the time, the journey wasn't too fun, and what happens when you're a prospect, everybody tinkers with you and wants to give you that last thing to get you over the hump," said Mottola.

"Then I became a free agent and started bouncing around and learning things on my own

He had a breakout year for the Syracuse SkyChiefs in 2000, hitting .309, with 33 Home Runs, 102 RBI and 30 stolen

bases, earning the International voices in those organizations League Most Valuable Player Award.

"It came together in 2000, but you get a label in this game," said Mottola.

"As you get older, you wait for injuries, you don't control your destiny anymore. I finally got to have fun again, be me and do the things that I wanted to do, rather than the things the Reds wanted me to do. And that's when I discovered a lot of stuff."

Mottola, who played for the Reds, Blue Jays and Orioles, returned the Major Leagues in 2001 with the Florida Marlins.

"That was kind of cool to return home, so that kind of checked a box," said Mottola. "It's one of those things, I bounced around pretty good for 16 years, my last eight or nine years, I knew what I was doing. My first eight or nine, I had no idea. It really helped me a lot, hearing so many

and being able to apply it

Mottola's career as a player ended in 2007, and he was looking forward to life after baseball, his second child having just been born, with the intention of staying involved in sport, having a number of friends in the NFL, but he received a propitious phone call from someone who was always a great believer in his ability. Former Major League player, New York Mets bench coach and current Marlins director of player development, Dick Scott.

Scott, who was working as the Blue Jays director of player development at the time, reached out to Mottola, with a proposition that would be life-transforming.

"He called me in January, and said, 'Are you really done.' and I said, 'Yes, it physically hurts too much to get ready

every day. I feel like I gave it all I had, and I'm done.' He invited me to spring training and I got really mad at him. He said, 'I think you'll really like this.' It was a very loose first year of doing it, and I ended up loving it. I kind of saw it through. Mottola continued to rise

up through the organization, eventually reaching the major league level as the Blue Jays hitting coach.

A couple of former major league outfielders played an influential role in Mottola's

"Dwayne Murphy really impacted me as a player, then he impacted me as a coach," said Mottola, "I got to see him turn around Edwin Encarnacion and Jose Bautista. The things he did, I was part of it as a player, I was part of it as a coach. And with Cito Gaston there, knowing about hitting, I really got advanced fast being

around those types of guys who are forward thinking that don't really get the credit they deserve."

It's that evolution that's served Mottola well as he continues to progress as a coach. The aggressive style that he brought from the Blue Jays organization and the analytical side applied by the Rays, and the Rays' front office's approach has allowed him to grow.

"I'm in a great organization now, the way we think outside the box, because I know the traditional baseball style of hitting doesn't work<' sadi Mottola."Now all of these hitting thoughts are coming in. It's just been an enjoyable ride on the coaching side that the playing side prepared me for. I give a lot of credit to the front office, the way they discover players, so we have a plan going in. I think it's been a great blend of growth."

SCOREBOARD

PRO BASKETBALL

NBA
All times Eastern
EASTERN CONFERENCE

	W L	PCI GD
Milwaukee	44 14	.759 -
Toronto	44 16	.733 1
ndiana	40 20	.667 5
Philadelphia	38 22	.633 7
Boston	37 22	.627 71/2
Brooklyn	31 30	.508 141/2
Charlotte	28 31	.475 161/2
Detroit	27 30	.474 161/2
Miami	26 31	.456 171/2
Orlando	27 33	.450 18
Washington	24 36	.400 21
Atlanta	20 40	.333 25
Chicago	15 44	.254 291/2
Cleveland	14 46	.233 31
New York	11 48	.186 331/2

WESTERN CONFERENCE				
	W	L	PCT	GB
Golden State	42	16	.724	_
Denver	40	18	.690	2
Oklahoma City	38	20	.655	4
Portland	36	23	.610	61/2
Houston	33	25	.569	9
Utah	32	26	.552	10
San Antonio	33	27	.550	10
L.A. Clippers	33	27	.550	10
Sacramento	30	28	.517	12
L.A. Lakers	29	30	.492	131/2
Minnesota	28	30	.483	14
Dallas	26	32	.448	16
New Orleans	27	34	.443	161/2
Memphis	23	38	.377	20½
Phoenix	11	50	.180	32½
Fridanta Camaa				

Friday's Games Chicago 110, Orlando 109 Indiana 126, New Orleans 111 Charlotte 123, Washington 110 Toronto 120, San Antonio 117 Detroit 125, Atlanta 122 Minnesota 115, New York 104 L.A. Clippers 112, Memphis 106 Denver 114, Dallas 104 Oklahoma City 148, Utah 147, 20T **Saturday's Games** Portland 130, Philadelphia 115 Atlanta 120, Phoenix 112 Brooklyn 117, Charlotte 115

Cleveland 112, Memphis 107 Indiana 119, Washington 112 New Orleans 128, L.A. Lakers 115 Detroit at Miami, late Boston at Chicago, late Sacramento at Oklahoma City, late Houston at Golden State, late Minnesota at Milwaukee, late Dallas at Utah, late Todav's Games

Orlando at Toronto, 3:30 p.m. L.A. Clippers at Denver, 5 p.m. San Antonio at New York, 7:30 p.m. Monday's Games
Golden State at Charlotte, 7 p.m.

Indiana at Detroit, 7 p.m.
Portland at Cleveland, 7 p.m.
Phoenix at Miami, 7:30 p.m. San Antonio at Brooklyn, 7:30 p.m. Atlanta at Houston, 8 p.m. L.A. Lakers at Memphis, 8 p.m. Milwaukee at Chicago, 8 p.m. Philadelphia at New Orleans, 8 p.m. Sacramento at Minnesota, 8 p.m. Dallas at L.A. Clippers, 10:30 p.m.

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6-14 4-5 16, Curry 4	-7 2-2 11, Trent Jr. 0-1
0-0 0, Hood 3-8 0-0	7. Totals 49-99 27-29 130
PHILADELPHIA (11	5)
Butler 5-9 5-5 15, H	arris 8-14 1-1 20,
Marjanovic 2-5 0-2	4, B.Simmons 11-17 7-8
29, Redick 1-10 4-4	7, Ennis III 0-2 2-2 2,
Bolden 3-4 0-0 7, Sc	ott 5-8 2-4 15, Johnson
1-2 0-0 2, McConne	II 3-9 0-0 6, J.Simmons
3-7 1-2 8. Totals 42-	87 22-28 115.
PORTLAND	27 32 41 30 -130

PHILADELPHIA 3-Point Goals—Portland 5-23 (Harkless 1-1, Hood 1-3, Curry 1-3, McCollum 1-5, Lillard 1-5, Trent Jr. 0-1, Collins 0-1, Aminu 0-2, Layman 0-2), Philadelphia 9-24 (Scott 3-4, Harris 3-7, Bolden 1-2, J.Simmons 1-2, Redick 1-5, Ennis III 0-1, Johnson 0-1, Butler 0-2). Fouled Out—None. Rebounds—Portland 53 (Layman 11), Philadelphia 33 (Harris 8). Assists-Portland 29 (Lillard 8), Philadelphia 28 (B.Simmons 10). Total Fouls—Portland 23, Philadelphia 23. Technicals-Nurkic, Kanter, B.Simmons, Scott. A-20,619

HAWKS 120, SUNS 112 PHOENIX (112)

Oubre Jr. 5-19 1-2 14, Jackson 3-6 0-0 6, Ayton 6-8 2-2 14, Johnson 10-16 5-6 29, Booker 8-23 8-8 26, Bridges 2-10 0-0 6, Bender 1-2 1-2 4, Holmes 2-2 0-0 4, Melton 3 0-0 4, Daniels 2-4 0-0 5. Totals 41-93 ATLANTA (120)

Prince 6-15 7-9 21, Collins 4-10 10-10 19, Dedmon 7-15 3-4 18, Young 5-14 11-12 23, Bazemore 9-19 0-0 23, Bembry 2-5 1-2 5, Spellman 4-6 0-1 9, Len 0-2 0-0 0, Adams 0-1 0-0 0, Carter 0-2 0-0 0, Anderson 1-3 0-0 2. Totals 38-92 32-38 120.

3-Point Goals-Phoenix 13-37 (Johnson 4-6, Oubre Jr. 3-9, Booker 2-6, Bridges 2-8, Bender 1-2, Daniels 1-3, Melton 0-1, Jackson 0-2), Atlanta 12-33 (Bazemore 5-9, Prince 2-6, Young 2-6, Spellman 1-2, Collins 1-3, Dedmon 1-4, Len 0-1, Adams 0-1, Carter 0-1), Fouled Out-Oubre Jr., Rebounds-Phoenix 41 (Ayton 12), Atlanta 50 (Collins 14). Assists—Phoenix 25 (Booker 8), Atlanta 22 (Young 8) Total Fouls-Phoenix 29 Atlanta 22. Technicals—Phoenix coach Suns (Defensive three second), Jackson, Phoenix coach Igor Kokoskov. A-15,214 (18,118).

NETS 117, HORNETS 115

BROOKLYN (117) Harris 5-7 6-6 19, T.Graham 3-6 0-0 7, Allen 4-8 3-6 11, Russell 14-31 6-6 40, LeVert 2-8 0-0 6, Carroll 2-5 4-6 10, Kurucs 2-2 0-0 4, Davis 3-4 1-2 7, Napier 4-10 0-0 10, Crabbe 1-6 0-0 3. Totals 40-87 20-26 117. CHARLOTTE (115)

Bridges 2-4 0-0 4, M.Williams 3-7 4-4 11, Zeller 3-9 7-8 13, Walker 12-28 2-2 32, Batum 4-11 2-2 14, Kidd-Gilchrist 3-6 2-4 9, Biyombo 1-1 4-4 6, Parker 10-16 1-2 21, Lamb 1-3 2-2 4, Monk 0-1 1-2 1. Totals 39-86 25-30 115.

3-Point Goals—Brooklyn 17-43 (Russell 6-15, Harris 3-4, Carroll 2-4, LeVert 2-4, Napier 2-6, T.Graham 1-3, Crabbe 1-5, Allen 0-2), Charlotte 12-35 (Walker 6-15, Batum 4-9, Kidd-Gilchrist 1-2, M.Williams 1-5, Zeller 0-1, Bridges 0-1, Lamb 0-2). Fouled Out-Zeller. Rebounds—Brooklyn 42 (Allen 11), Charlotte 42 (Zeller 11). Assists—Brooklyn 23 (Russell 7), Charlotte 15 (Parker 5). Total

Fouls—Brooklyn 26, Charlotte 23. A—19,158

PACERS 119, WIZARDS 112 INDIANA (119)

Bogdanovic 8-15 0-4 18, Young 9-11 3-3 22, O'Quinn 4-6 0-0 8, Collison 4-7 6-6 15, Matthews 5-9 2-2 14, McDermott 4-7 0-0 12, Sabonis 5-9 3-7 13, Leaf 2-3 0-0 4, Joseph 5-10 0-0 11, Evans 1-6 0-0 2. Totals 47-83 14-22 119.

WASHINGTON (112)

Ariza 4-10 0-1 8, Green 1-6 2-3 4, Portis 3-7 0-0 7, Satoransky 5-7 0-0 12, Beal 12-22 8-8 35, W.Johnson 0-3 1-2 1, Parker 4-8 2-3 12, Brown Jr. 0-1 0-0 0, Bryant 9-11 2-4 23, Randle 4-4 0-0 10. Totals 42-79 15-21 112.

4-5, Bogdanovic 2-5, Matthews 2-6, Young 1-1, Collison 1-2, Joseph 1-3, Evans 0-3), Washington 13-35 (Bryant 3-4, Beal 3-8, Randle 2-2, Satoransky 2-3, Parker 2-4,

Portis 1-2, Brown Jr. 0-1, W.Johnson 0-3, Green 0-4, Ariza 0-4). Fouled Out-None. Rebounds-Indiana 41 (Sabonis 12). Washington 32 (Bryant 12). Assists-Indiana 29 (O'Quinn, Collison 5), Washington 27 (Ariza 7). Total Fouls—Indiana 21, Washington 23. A-19,648 (20,356).

CAVALIERS 112, GRIZZLIES 107 MEMPHIS (107) Holiday 4-7 0-0 10, Rabb 4-7 0-0 8, Valanciunas 11-19 2-3 25, Conley 5-12 8-8 18, Bradley 1-5 2-3 4, Parsons 1-7 2-2 4, Miles 1-6 0-0 3, Caboclo 2-5 0-0 4, Noah 5-8

6-10 16, Wright 6-14 2-2 15. Totals 40-90 22-28 107. CLEVELAND (112) Osman 4-9 0-0 11, Love 9-15 8-8 32, Zizic 6-7 6-7 18, Sexton 8-16 0-0 20, Knight 2-5 0-0 4, Nance Jr. 2-6 0-2 4, Chriss 2-8 1-2 6, Dellavedova 3-7 3-4 10, Nwaba 1-3 0-0 2, Clarkson 2-10 0-0 5, Stauskas 0-2 0-0 0.

Totals 39-88 18-23 112. MEMPHIS 24 32 28 23 -107 RESULTS
CLEVELAND 37 26 19 30 -112 SATURDAY'S GAMES
3-Point Goals—Memphis 5-25 (Holiday EAST 2-4, Valanciunas 1-1, Miles 1-3, Wright 1-3, Bradley 0-2, Rabb 0-2, Conley 0-3, Caboclo 0-3, Parsons 0-4), Cleveland 16-42 (Love 6-9, Sexton 4-6, Osman 3-6, Dellavedova 1-4, Chriss 1-5, Clarkson 1-6, Nance Jr. 0-1, Nwaba 0-1, Stauskas 0-1, Knight 0-3).

Cleveland 25 (Dellavedova 6). Total Fouls-Memphis 21, Cleveland 26. Technicals— Noah, Memphis coach JB Bickerstaff. A-19,432 (20,562). PELICANS 128, LAKERS 115

Fouled Out-None. Rebounds-Memphis 43 (Valanciunas 11), Cleveland 52 (Love

12). Assists-Memphis 18 (Rabb, Noah 4),

LA. LAKERS (115)
James 11-17 2-6 27, Kuzma 7-14 1-2 16,
McGee 4-4 2-2 10, Ingram 10-18 6-9 29,
Bullock 2-6 3-4 9, Chandler 0-0 0-0 0,
Wagner 2-4 0-0 4, Caruso 0-0 0-0 0, Rondo 3-5 0-0 7. Stephenson 2-3 0-0 4. Caldwell-Pope 2-6 3-3 7, Hart 1-4 0-0 2. Totals 44-81 NEW ORLEANS (128)

K.Williams 4-10 0-0 11, Randle 9-17 4-6 24, Okafor 4-7 2-2 10, Payton 5-10 2-2 14, Holiday 10-18 2-3 27, Johnson 1-4 0-0 2,

Kuzma 1-5, Stephenson 0-1, Caldwell-Pope Clemson 76, Boston College 66 0-2, Hart 0-2, Wagner 0-2), New Orleans 15- Coastal Carolina 95, Georgia St. 82 40 (Holiday 5-9, K.Williams 3-7, Payton 2-4, Clark 2-5, Randle 2-7, Jackson 1-6, Johnson Duquesne 79, George M 0-2). Fouled Out—None. Rebounds—L.A. FIU 79, FAU 76 Lakers 39 (Kuzma 8), New Orleans 41 (Diallo Florida 64, Missouri 60 10). Assists—L.A. Lakers 33 (James 12), Florida Gulf Coast 78, Kennesaw St. 56 New Orleans 31 (Payton 9). Total Fouls—L.A. Georgia Southern 92, Appalachian St. 69 Lakers 21. New Orleans 21. Technicals-Stephenson. A-18,626 (16,867).

ODDS

PREGAME.COM LINE NATIONAL BASKETBALL ASSOCIATION

FAV	ORITE	LINE	O/U	UNDERDOG
at To	oronto	91/2	2191/2	Orlando
at D	enver	9	232	L.A. Clippers
San	Antonio	81/2	2211/2	at New York

COLLEGE BASKETBALL

	CULLEGE DASKE	IDALL	
	Today		
	FAVORITE	LINE	UNDERDOG
	at UCF	71/2	SMU
	at S. Illinois	1	Loyola Of Chicago
r	at IUPUI	5	Green Bay
	Villanova	5	at Xavier
).	at Illinois State	11/2	Drake
	Cincinnati	6	at UConn
	at Michigan	31/2	Michigan State
	at IllChicago	9	Milwaukee
	at Arizona State	181/2	California
	at N.C. State	171/2	Wake Forest
	at Rutgers	Pk	Minnesota
_	at Arizona	41/2	Stanford
0			

25 31 26 33 -115 NATIONAL HOCKEV LEACHE

•	NATIONAL HUCKEY LEAGUE										
	Today										
	FAVORITE	LINE	UNDERDOG	LIN							
	at Chicago	-120	Dallas	+11							
	at Washington	Off	N.Y. Rangers	01							
	at Detroit	Off	San Jose	01							
٠.	Calgary	-260	at Ottawa	+23							
d	at Minnesota	-109	St. Louis	-10							
	Winnipeg	-128	at Arizona	+11							
a	Updated odds	available at	Pregame.com	m							

TRANSACTIONS

BASEBALL

American League
CHICAGO WHITE SOX — Agreed to terms
with RHP Ervin Santana and OF Preston Tucker on minor league contracts. CLEVELAND INDIANS — Signed RHP Tyler Clippard to a minor league contract.

DETROIT TIGERS — Agreed to terms with INF Josh Harrison on a one-year contract.
SEATTLE MARINERS — Promoted Joe Bohringer to assistant general manager.

National League
CINCINNATI REDS — Signed INF Jose Anderson 1-3 0-0 2. Iglesias to a minor league contract.
NEW YORK METS — Claimed SS Hanser
33 26 28 25 —112 Alberto off waivers from Baltimore. 33 30 23 34 —120 ST. LOUIS CARDINALS — Signed C. 13-37 (Johnson St. 13-37 (Johnson SAN FRANCISCO GIANTS — Designated RHF Jake Barrett for assignment.

> BASKETBALL National Raskethall Association NBA — Fined Houston G James Harden \$25,000 for public criticism of officiating.

USGA — Flected Mark Newell president.

National Hockey League CAROLINA HURRICANES — Activated C Jordan Staal from injured reserve.

DALLAS STARS - Traded D Connor Garrick and a 2019 third-round draft pick to New Jersey for D Ben Lovejoy. Assigned G Colton Point from Texas (AHL) to Idaho (ECHL). DETROIT RED WINGS — Assigned G Harris Sateri to Grand Rapids (AHL). Recalled RW Filip Zadina from Grand Rapids.
PITTSBURGH PENGUINS — Recalled D Jeff
Taylor from Wheeling (ECHL) to Wilkes-Barre/Scranton (AHL).

American Hockey League
TEXAS STARS — Assigned G Colton Point to 34 29 27 27 -117 Idaho (ECHL). 20 30 34 31 -115 TORONTO MARLIES - Recalled D Sam Jardine from Newfoundland (ECHL).

WILKES-BARRE/SCRANTON PENGLINS Recalled F Cam Brown from Whee (ECHL). **ECHL** - Suspended Rapid City coach Daniel

Tetrault three games.
BRAMPTON BEAST — Released F Stefano Pezzetta. CINCINNATI CYCLONES — Released G Josh

Taylor as emergency backup. KANSAS CITY MAVERICKS — Loaned F Jared VanWormer to Colorado (AHL). MANCHESTER MONARCHS - Traded D Eric Schurhamer and F Zeb Knutson to Indy.
TOLEDO WALLEYE — Released G Derick Burton as emergency backup.

SOCCER

Major League Soccer PHILADELPHIA UNION — Traded F CJ Sapong to Chicago for general and targeted Canisius at Iona, 1 p.m. allocation money

THE AP TOP 25 RESULTS/SCHEDULE Manhattan at Fairfield, 3:30 p.m. Minnesota at Rutgers, 6:30 p.m. All times Eastern Friday's Games No. 21 Iowa 76, Indiana 70, OT

No. 25 Buffalo 80, Kent State 57 Saturday's Games

No. 1 Duke 75, Syracuse 65 No. 2 Gonzaga at San Francisco, late No. 3 Virginia 64, No. 18 Louisville 52 No. 4 Kentucky 80, Auburn 53 No. 13 LSU 82, No. 5 Tennessee 80, OT No. 6 Nevada vs. Fresno State, late No. 8 North Carolina 77, No. 16 Florida St. 59 No. 9 Houston 71, South Florida 59 No. 11 Marquette 76, Providence 58 No. 12 Kansas at No. 14 Texas Tech. late No. 15 Purdue 75, Nebraska 72 Texas Christian 75, No. 19 Iowa State 72 No. 20 Virginia Tech 67, Notre Dame 59 No. 22 Wisconsin at Northwestern, late No. 23 Kansas State 85, Oklahoma State 46

Today's Games
No. 7 Michigan vs. No. 10 Michigan St., 3:45 No. 17 Villanova at Xavier, 1:30 p.m.

No. 24 Maryland 72, Ohio State 62

Albany (NY) 84, UMBC 75 Boston U. 72, Loyola (Md.) 65 Brown 68, Dartmouth 65 Bryant 81, Mount St. Mary's 58 Colgate 93, Navy 71 Drexel 68. Delaware 60 Duke 75, Syracuse 65 Fairleigh Dickinson 74, Wagner 66 Hartford 75, Mass.-Lowell 73 Harvard 88, Yale 86 James Madison 104, Hofstra 99, OT LIU Brooklyn 69, St. Francis (Pa.) 66 Marquette 76, Providence 58 Md.-Eastern Shore 62, Delaware St. 56 Northeastern 73, Towson 58 Penn 68, Cornell 50 Richmond 84, La Salle 75

Robert Morris 67, St. Francis Brooklyn 62 Sacred Heart 80, Central Connecticut St. 66 St. Bonaventure 74, Fordham 53 Temple 84. Tulsa 73 UMass 80, Saint Joseph's 79 Vermont 69, Binghamton 63 Maine at Stony Brook, late Seton Hall at St. John's, late Columbia at Princeton, late

Diallo 8-8 2-2 18, Jackson 2-10 0-0 5, Clark
7-12 1-1 17. Totals 50-96 13-16 128.
LA. LAKENS 35 22 27 31 -115 Austin Peay 92, UT Martin 78

NEW ORLEANS 42 27 31 28 -128
3-Point Goals—L.A. Lakers 10-29 (Ingram 3-4, James 3-6, Bullock 24, Rondo 1-3, Kuzma 1-5, Stephenson 0-1 Caldwall 0-2 Coll. of Charleston 84, Flon 74 Duquesne 79, George Mason 78 FIU 79, FAU 76

Hampton 74, Radford 71 High Point 87, Gardner-Webb 79 Howard 74, Coppin St. 73 Jackson St. 71, Grambling St. 60 Jacksonville St. 104, E. Kentucky 101, 20T Kentucky 80, Auburn 53 LSU 82. Tennessee 80. OT Maryland 72, Ohio St. 62 Mercer 74, Chattanooga 69 Miami 80, Georgia Tech 65 Middle Tennessee 86, Charlotte 67 Mississippi 72, Georgia 71 Mississippi St. 76, South Carolina 61 NC A&T 63, SC State 62

NC Central 78, Savannah St. 69 NJIT 77. Jacksonville 73 New Orleans 60, McNeese St. 51 Nicholls 100, Cent. Arkansas 57 Norfolk St. 75, Morgan St. 74 North Carolina 77, Florida St. 59 North Florida 75, Liberty 70 Old Dominion 67, W. Kentucky 63 Presbyterian 71, UNC-Asheville 55 South Alabama 68, Troy 52 Southern U. 59, Alabama A&M 49 Stetson 63, North Alabama 60 The Citadel 87, Samford 83, OT UAB 76, Southern Miss, 72, OT

VCU 85, George Washington 57 Virginia 64, Louisville 52 William & Mary 71. UNC-Wilmington 63 Winthrop 80, Charleston Southern 78, 20T Wofford 72, Furman 64 Cleveland St. at N. Kentucky, late VMI at W. Carolina, late North Texas at Louisiana Tech, late East Carolina at Tulane, late SE Missouri at Murray St., late E. Illinois at Tennessee St., late Alabama A&M at Southern U., late

MIDWEST Akron 70, Miami (Ohio) 58 Akron /0, Miami (Olio) 58 Bradley 63, Evansville 61 Cent. Michigan 64, Ball St. 57 Creighton 82, Georgetown 69 Dayton 70, Saint Louis 62 E. Michigan 77, W. Michigan 76, OT Kansas St. 85, Oklahoma St. 46 Missouri St. 67, Indiana St. 61 Nebraska-Omaha 58, N. Dakota St. 50 North Dakota 81, Denver 63 Oakland 95, Detroit 75 Penn St. 83, Illinois 76 Purdue 75, Nebraska 72

S. Dakota St. 94, South Dakota 89 Toledo 57, N. Illinois 54 Virginia Tech 67, Notre Dame 59 Wright St. 82, Youngstown St. 54 Valparaiso at N. Iowa, late Memphis at Wichita St., late Oral Roberts at W. Illinois, late Wisconsin at Northwestern, late SOUTHWEST

Arkansas St. 72, UALR 65 Baylor 82, West Virginia 75 Houston 71, South Florida 59 Lamar 63, Texas A&M-CC 58 Oklahoma 69, Texas 67 Prairie View 69, MVSU 63 SE Louisiana 75, Abilene Christian 66 Stephen F. Austin 81, Incarnate Word 54 TCU 75, Iowa St. 72 Texas State 64, Louisiana-Lafayette 62 Texas-Arlington 91, La.-Monroe 86, 20T Houston Baptist at Sam Houston St., late Kansas at Texas Tech, late Ark.-Pine Bluff at Texas Southern, late Texas A&M at Arkansas, late

Rice at UTEP, late
FAR WEST
Air Force 82, San Jose St. 68 Colorado St. 83, Wyoming 48 E. Washington 86, N. Arizona 73 Loyola Marymount 63, Pacific 56 New Mexico St. 88, Rio Grande 79 Oregon St. 67, Southern Cal 62 S. Utah 85. Idaho 76 Seattle 77, Chicago St. 57 Utah St. 78, Boise St. 71, OT Utah at Washington St., late Long Beach St. at UC Riverside, late Portland at Pepperdine, late Fresno St. at Nevada. late Saint Mary's (Cal) at San Diego, late Montana St. at Montana, late UMKC at Utah Valley, late

San Diego St. at UNLV, late Oregon at UCLA, late Hawaii at Cal Poly, late BYU at Gonzaga, late
UC Davis at CS Northridge, late Cal St.-Fullerton at UC Santa Barbara, late California Baptist at CS Bakersfield, late Sacramento St. at Portland St., late Colorado at Washington, late San Francisco at Santa Clara, late

SCHEDULE All times Eastern TODAY'S GAMES

Holy Cross at Lehigh, noon American U. at Army, 1 p.m. Marist at Siena, 2 p.m. COLLEGE BASKETBALL

Cincinnati at Oconii, 2 p.m.
Niagara at St. Peter's, 2 p.m.
Quinnipiac at Monmouth (NJ), 2 p.m.
Lafayetta at Boxingli 3:30 p.m. SMU at UCE, noon ETSU at UNC-Greensboro, 3 p.m.

Wake Forest at NC State, 6 p.m. MIDWEST

Green Bay at IUPUI, 1 p.m. Villanova at Xavier, 1:30 p.m. Drake at Illinois St., 2 p.m. Michigan St. at Michigan, 3:45 p.m. Loyola of Chicago at S. Illinois, 4 p.m. Milwaukee at Ill.-Chicago, 4:12 p.m.

FAR WEST California at Arizona St., 6 p.m. Stanford at Arizona, 8 p.m. WOMEN'S BASKETBALL
THE AP TOP 25 RESULTS/SCHEDULE All times Eastern

Friday's Games UCLA 74, No. 2 Oregon 69 No. 7 Stanford 56, Arizona 54 Butler 61, No. 11 Marquette 57 No. 12 Oregon State 68, Southern Cal 61 California 69, No. 17 Arizona State 60 No. 24 Drake 66, Evansville 39 Saturday's Games

No. 1 Baylor 73, No. 20 Iowa State 60 No. 15 Gonzaga 64, San Francisco 44 No. 19 Texas 81, Texas Tech 57 No. 25 Rice 59, North Texas 47 Today's Games No. 2 Oregon vs. Southern Cal, 2 p.m. No. 3 UConn at Tulsa, 3 p.m. No. 4 Louisville vs. Boston College, 2 p.m. No. 6 Mississippi State vs. Vanderbilt, 2 p.m. Norfolk No. 7 Stanford vs. No. 17 Arizona State,

No. 9 N.C. State at North Carolina, Noon No. 11 Marquette vs. Xavier, 3 p.m. No. 12 Oregon State vs. UCLA, 4 p.m. No. 13 South Carolina at Tennessee, 4 p.m. No. 14 Miami vs. No. 22 Florida State, Noon No. 16 Kentucky vs. LSU, 2 p.m. No. 23 South Dakota at South Dakota State.

No. 24 Drake vs. Indiana State, 3 p.m.

PRO HOCKEY

EASTERN CONFERENCE

	Detroit	62	23	30	9	55	174			
	Ottawa	61	22	34	5	49	186			
WESTERN CONFERENCE										
		GP	W		ОТ	PTS	GF			
	Calgary	61	38	16	7	83	223			
	San Jose	62	36	18	8	80	223			
	Winnipeg	61	37	20	4	78	209			
	Nashville	64	36	23	5	77	193			
	St. Louis	61	33	23	5	71	181			
	Vegas	63	32	26	5	69	185			
	Dallas	61	30	26	5	65	153			
	Colorado	62	27	24	11	65	206			
	Minnesota	62	29	27	6	64	171			
	Arizona	61	28	28	5	61	160			
	Chicago	62	26	27	9	61	208			
	Vancouver	61	26	27	8	60	172			
	Anaheim	61	24	28	9	57	138			
	Edmonton	60	25	29	6	56	169			
	Los Angeles	61	23	32	6	52	145			
	2 points for wi									
	Top 3 teams in	eacl	h div	isio/	n an	ıd tw	o wile			
	cards per conf	eren	ce a	dva	nce	to pla	yoff			
	Friday's Game	ς .								

Columbus 3, Ottawa 0 Minnesota 3. Detroit 2 Colorado 5, Chicago 3 Calgary 2, Anaheim 1 Winnipeg 6, Vegas 3 Saturday's Games N.Y. Rangers 5, New Jersey 2 Buffalo 5, Washington 2 St. Louis 2, Boston 1, SO Carolina 3, Dallas 0 Florida 6. Los Angeles 1 Columbus 4, San Jose 0 Colorado 5, Nashville 0 Montreal at Toronto, late

Pittsburgh at Philadelphia, late N.Y. Islanders at Vancouver, late Anaheim at Edmonton, late Today's Games N.Y. Rangers at Washington, 12:30 p.m. San Jose at Detroit, 3 p.m. Dallas at Chicago, 3 p.m. St. Louis at Minnesota, 7 p.m. Calgary at Ottawa, 7 p.m. Winnipeg at Arizona, 9 p.m. Monday's Games Buffalo at Toronto, 7 p.m. Montreal at New Jersey, 7 p.m. Los Angeles at Tampa Bay, 7:30 p.m. Edmonton at Nashville, 8 n.m.

Florida at Colorado, 9 p.m. Anaheim at Vancouver, 10 p.m. All times Eastern EASTERN CONFERENCE ATLANTIC DIVISION

AILANTIC DIVISION											
		GP	W	L	0L	SOL	PTS	GF			
	Charlotte	56	35	14	6	1	77	177			
	Bridgeport	56	31	18	5	2	69	179			
	Hershey	53	30	20	0	3	63	145			
	Providence	54	27	19	7	1	62	168			
	Lehigh Valley	54	27	21	3	3	60	176			
	WB/Scranton	154	25	22	5	2	57	172			
	Springfield	55	22	23	6	4	54	179			
	Hartford	55	22	25	5	3	52	157			
NORTH DIVISION											
		GP	W	L	OL	SOL	PTS	GF			
	Rochester	54	33	16	3	2	71	178			
	Syracuse	52	32	16	2	2	68	183			

Utica

Delictine	٠.	20	20	-	-	02	100
Cleveland	55	25	23	6	1	57	163
Laval	56	23	24	5	4	55	148
Binghamton	56	23	28	5	0	51	153
WESTERN C	ONE	ER	ENC	Έ			
CENTRAL DI	VIS	ON					
	GP	W	L	OLS	OL	PTS	GF
Grand Rapids	55	31	16	4	4	70	163
Iowa	55	28	16	6	4 5		163 179
	55	28	16	6		67	

lowa	55	28	16	6	5	67	179	159	
Chicago	52	29	17	5	1	64	179	148	
Rockford	55	26	21	3	5	60	136	152	
Texas	54	26	22	3	3	58	167	161	
Milwaukee	55	23	21	10	1	57	145	154	
San Antonio	53	25	23	5	0	55	139	154	
Manitoba	55	25	25	3	2	55	140	168	
PACIFIC DIV	ISIO	N							
	GP	W	L	OLS	OL	PTS	GF	GA	
Bakersfield	49	31	15	2	1	65	173	133	
San Jose	48	29	13	2	4	64	159	130	
San Diego	50	28	16	3	3	62	182	166	
Tucson	48	25	17	4	2	56	152	146	

49 24 21 3 1 52 144 160 51 21 25 4 1 47 179 202 48 16 25 5 2 39 149 199 Ontario 2 points for win, 1 point for OT/shootout loss Friday's Games Charlotte 2, Lehigh Valley 1 Cleveland 3, Milwaukee 2, OT Rochester 4, Utica 3, OT

Colorado

San Jose 3, Iowa 2, SO Syracuse 1, Toronto 0, OT Belleville 5, Binghamton 3 Bridgeport 5, Providence 4, OT Hershey 4, WB/Scranton 2 Hartford 3, Springfield 2 Grand Rapids 4, Texas 3. SO Laval 3, Manitoba 0 San Antonio 4, Ontario 2 Saturday's Games Laval 3, Manitoba 1 Lehigh Valley at Charlotte, late Providence at Hartford, late Rockford at Hershey, late Springfield at Bridgeport,late Toronto at Syracuse, late Belleville at Rochester, late Utica at Binghamton, lae Grand Rapids at Chicago, late Colorado at Ontario, late

Bakersfield at Tucson, late San Antonio at San Diego, late Today's Games Hershey at Bridgeport, 3 p.m. Milwaukee at Cleveland, 3 p.m. Hartford at Providence, 3:05 p.m. Rockford at WB/Scranton, 3:05 p.m. Texas at Chicago, 4 p.m. San Jose at Stockton, 8 p.m. Monday's Game Bakersfield at Tucson, 9:05 p.m.

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EASTERN CONFERENCE NORTH DIVISION

	GP	W	L	OLS	OL	PTS	GF	GA	
Newfoundlar	35	14	4	0	74	193	141		
Adirondack	53	28	18	5	2	63	169	154	(
Manchester	55	28	24	1	2	59	175	179	ı
Brampton	53	26	21	5	1	58	174	163	•
Maine	53	28	24	0	1	57	164	180	ı
Reading	53	23	21	4	5	55	160	173	ı
Worcester	53	23	22	5	3	54	136	161	(
SOUTH DIV									
	GP	W	L	OLS	OL	PTS	GF	GΑ	2
Florida	54	36	13	5	0	77	208	130	:
Jacksonville	53	27	22	2	2	58	155	160	

4 0

50 27 19

54 22 25

WESTERN CONFERENCE

South Carolina53 25 23 Atlanta 51 23 20

Orlando

Ciriciniau	23	30	כ	3	3	OZ	210	123	1			
Toledo	52	31	14	4	3	69	183	170	1			
Kalamazoo	52	27	22	1	2	57	183	196	1			
Fort Wayne	51	24	18	3	6	57	158	174	1			
Wheeling	54	24	24	5	1	54	184	181	1			
Indy				2	1	53	172	184	1			
MOUNTAIN DIVISION												
MOUNTAIN	אוע	131	JIA						2			
MOUNIAIN				OLS	OL	PTS	GF	GA	-			
Idaho	GP	W	L	OLS					2			
	GP 54	W 33	L 17		2	70	184	148	2			
Idaho	GP 54 52	W 33 31	17 16	2	2	70 67	184 180	148 150	2 2			
Idaho Utah	GP 54 52 56	W 33 31	17 16 20	2 4 4	2	70 67 66	184 180	148 150 162	2 2 2			

56 21 26 6 3 51 168 199 26. (19) Ray Ciccarelli, Chevrolet, 125. 56 21 27 5 3 50 132 186 27. (17) Austin Wayne Self, Chevrolet, 56 18 32 4 2 42 161 207 Accident, 118. Wichita | Ference | Fere

81 185 159 2 Points for win, 1 point for OI, 77 174 146 Friday's Games 15 207 198 Maine 4, Adirondack 3, OT 73 195 180 Reading 4, Manchester 3, SO 73 184 177 Florida 5, South Carolina 3 72 181 170 Fort Wayne 6, Wichita 5 71 210 191 Allen 7, Utah 5 61 76 189 Kansas City 5, Toledo 3 63 179 206 Atlanta 4, Rapid City 0 62 190 204 Saturday's Games 161 213 201 Sewfoundland 4, Brampton 3 56 182 213 Newfoundland 4, Brampton 3 8 182 213 Maine at Manchester, late 213 Maine at Manchester, late 207 Greenville at Orlando, late

Reading at Adirondack, late Norfolk at Jacksonville, late

GA Florida at South Carolina, late Wichita at Indv. late Utah at Allen, late Kalamazoo at Kansas City, late 169 Atlanta at Rapid City, late Tulsa at Idaho, late Today's Games Greenville at Orlando, 1 p.m. Newfoundland at Brampton, 2 p.m. Norfolk at Jacksonville, 3 p.m.

Worcester at Maine, 3 p.m. Adirondack at Reading, 4 p.m. Cincinnati at Fort Wayne, 5 p.m. Utah at Allen, 5:05 p.m. 189 Monday's Games None scheduled

PRO FOOTBALL

ALLIANCE OF AMERICAN FOOTBALL Lee Westwood Hideki Matsuyama All times Eastern

	W	L	T	PCT.	PF	P
Birmingham	2	0	0	1.000	38	
Orlando	2	0	0	1.000	77	3
Atlanta	0	2	0	.000	18	6
Memphis	0	2	0	.000	18	4

WESTERN CONFERENCE												
	W	L	T	PCT.	PF	PA						
Arizona	2	1	0	.667	73	63						
San Antonio	1	1	0	.500	44	43						
San Diego	1	1	0	.500	30	25						
Salt Lake	1	2	0	.333	54	65						

Saturday's Games Salt Lake 23, Arizona 15 Memphis at Orlando, late Today's Games Birmingham at Atlanta, 4 p.m. San Antonio at San Diego, 8 p.m

AUTO RACING

NASCAR MONSTER ENERGY CUP FOLDS OF HONOR 500 LINEUP Friday's qualifying for today's race at Atlanta Motor Speedway, Hampton, Ga. (Car number in parentheses)
1. (10) Aric Almirola, Ford, 181.473 mph. 2. (17) Ricky Stenhouse Jr., Ford, 180.428. 3. (14) Clint Bowyer, Ford, 180.410. 4. (11) Denny Hamlin, Toyota, 180.328. 5. (41) Daniel Suarez, Ford, 180.216. 6. (18) Kyle Busch, Toyota, 179.942. 7. (42) Kyle Larson, Chevrolet, 179.842. 8. (1) Kurt Busch, Chevrolet, 179.796. 9. (19) Martin Truez Jr., Toyota, 179.697. 10. (3) Austin Dillon, Chevrolet, 179.598. 11. (48) Jimmie Johnson, Chevrolet, 179.417. 12. (34) Michael McDowell, Ford, 179.330. 13. (6) Ryan Newman, Ford, 179.383. 14. (21) Paul Menard, Ford, 179,371. 15. (20) Erik Jones, Toyota, 179.249. 16. (88) Alex Bowman, Chevrolet, 179.116. 17. (24) William Byron, Chevrolet, 178.960. 18. (4) Kevin Harvick, Ford, 178.891. 55 29 19 5 2 65 180 187 19. (2) Brad Keselowski, Ford, 178.850.

20. (95) Matt DiBenedetto, Toyota, 178.672. 65 189 184 20. (95) Matt DiBenedetto, Toyota, 178.67 65 189 184 21. (13) Ty Dillon, Chevrolet, 178.562. 62 183 183 22. (9) Chase Elliott, Chevrolet, 178.487. 57 163 187 23. (38) David Ragan, Ford, 178.201. 55 148 163 24. (32) Corey Laloie, Ford, 177.989. 153 194 25. (47) Ryan Preece, Chevrolet, 178.281. 26. (12) Ryan Blaney, Ford, 178.155. 27. (22) Joey Logano, Ford, 178.006. 28. (8) Daniel Hemric, Chevrolet, 177.943. 29. (43) Bubba Wallace, Chevrolet, 177,715. 30. (37) Chris Buescher, Chevrolet, 176.995. 31. (36) Matt Tifft, Ford, 176,696 32. (15) Ross Chastain, Chevrolet, 175.989. 33. (00) Landon Cassill, Chevrolet, 175.933. 34. (96) Parker Kligerman, Toyota, 175.810.

35. (77) Garrett Smithley, Chevrolet, 170.072. 36. (51) Cody Ware, Ford, 168,255. 36. (31) Gouy ware, Ford, 168.255. 37. (52) BJ McLeod, Chevrolet, 0.000.

NASCAR XFINITY RINNAI 250 Saturday at Atlanta Motor Speedway,

Hampton, Ga.

Lap length: 1.5 miles
(Starting position in parentheses) 1. (3) Christopher Bell, Toyota, 163 laps. 2. (1) Cole Custer, Ford, 163. 3. (7) Justin Allgaier, Chevrolet, 163. 4. (9) Brandon Jones, Toyota, 163. 5. (12) Tyler Reddick, Chevrolet, 163. 6. (8) Jeffrey Earnhardt, Toyota, 163. 7. (6) Ryan Preece, Chevrolet, 163. 8. (13) Justin Haley, Chevrolet, 163. 9. (4) Noah Gragson, Chevrolet, 163. 10. (5) Austin Cindric, Ford, 163. 11. (18) Ryan Sieg, Chevrolet, 163. 12. (16) Michael Annett, Chevrolet, 163. 13. (11) Brandon Brown, Chevrolet, 163. 14. (15) Ross Chastain, Chevrolet, 163. 15. (28) Chase Briscoe, Ford, 162. 16. (35) Gray Gaulding, Chevrolet, 162. 17. (22) Garrett Smithley, Chevrolet, 162. 18. (17) Jeremy Clements, Chevrolet, 162. 19, (23) Alex Labbe, Chevrolet, 162, 20. (10) John Hunter Nemechek, Chevrolet,

21. (19) Josh Williams, Chevrolet, 161. 22. (21) Bayley Currey, Chevrolet, 159. 23. (20) Ray Black II, Chevrolet, 159. 24, (29) BJ McLeod, Chevrolet, 159, 25. (30) Stephen Leicht, Chevrolet, 159. 26. (2) Chad Finchum, Toyota, 158. 27. (27) David Starr, Chevrolet, 158. 28. (33) Timmy Hill, Toyota, 157. 29. (32) Joey Gase, Toyota, 156. 30. (25) Matt Mills, Chevrolet, 154. 31. (24) Tommy Joe Martins, Toyota, 152. 32. (14) Vinnie Miller, Chevrolet, transmis-33. (36) Mike Harmon, Chevrolet, electrical. 34. (26) Josh Bilicki, Chevrolet, ignition, 87. 35. (37) Morgan Shepherd, Chevrolet, brakes, 45. 36. (31) Jeff Green, Chevrolet, vibration, 42. 37. (34) John Jackson, Toyota, suspen-

NASCAR GANDER OUTDOOR TRUCKS ACTIVE PEST CONTROL 200 Saturday at Atlanta Motor Speedway, Hampton, Ga. Lap length: 1.54 miles

(Start position in parentheses)
1. (7) Kyle Busch, Toyota, 130.
2. (12) Johnny Sauter, Ford, 130.
3. (5) Grant Enfinger, Ford, 130.
4. (3) Brett Moffitt, Chevrolet, 130. 58 174 173 5. (6) Ben Rhodes, Ford, 130. 55 159 168 6. (21) Ross Chastain, Chevrolet, 130. 54 142 148 7. (1) Austin Hill, Toyota, 130. 51 168 205 8. (2) Harrison Burton, Toyota, 130. 2 41 141 197 9. (11) Todd Gilliland, Toyota, 130. 10. (14) Timothy Peters, Chevrolet, 130.
 WESTERN CONFERENCE
 11. (15) Tyler Dippel, Chevrolet, 130.

 CENTRAL DIVISION
 12. (4) Sheldon Creed, Chevrolet, 130.

 6P W L OLSOL PTS
 6F GA 13. (29) Brennan Poole, Toyota, 130.

 Cincinnati
 53 38 9 3 3 82 210 123 14. (10) Matt Crafton, Ford, 130.

14. (10) Matt Cratton, Ford, 130.
15. (22) Gus Dean, Chevrolet, 130.
16. (28) Cory Roper, Ford, 130.
17. (27) Anthony Alfredo, Toyota, 130.
18. (9) Stewart Friesen, Chevrolet, 130.
19. (20) Jordan Anderson, Chevrolet, 130. 20. (26) Parker Kligerman, Chevrolet, 130. 21. (31) Korbin Forrister, Chevrolet, 130. 22. (25) Jennifer Jo Cobb, Chevrolet, 130. 23. (23) Jesse Little, Ford, 130. 24. (16) Natalie Decker, Toyota, 127. 25. (18) Spencer Boyd, Chevrolet, 126.

29. (32) Norm Benning, Chevrolet, Steering,

30. (13) Josh Reaume, Toyota, Engine, 78. 31. (24) Timmy Hill, Chevrolet, Brakes, 53. 32. (8) Joe Nemechek, Chevrolet, Accident,

GOLF

INTERNATIONAL FEDERATION OF PGA TOURS
WORLD GOLF CHAMPIONSHIPS MEXICO CHAMPIONSHIP Saturday's leaders at Chapultepec GC,

Mexico City. Purse: \$10.25 million. Yardage: 7,345; Par: 71 (35-36) Third Round

Dustin Johnson Rory McIlroy 64-67-66—197 63-70-68—201 Patrick Reed 72-68-64-204 Patrick Cantlay 72-67-65-204 69-66-69-204 Sergio Garcia Cameron Smith 69-67-68-204 68-68-69-205 68-69-68-205 Ian Poulter Kiradech Aphibarnrat David Lipsky 68-71-68-207 72-66-69—207 71-66-70—207 Tiger Woods Tommy Fleetwood 70-65-72-207 71-72-65—208 69-73-66—208 Paul Casey Kander Schauffele Francesco Molinari 71-67-70-208 73-71-65—209 72-70-67—209 Gary Woodland 71-71-67-209 67-70-72—209 71-69-70—210 Tyrrell Hatton Danny Willett Kevin Kisner 73-67-70-210 Charles Howell III Matthew Fitzpatrick 69-68-73-210 72-71-68-211 Tony Finau 73-69-69-211 Keegan Bradley 69-73-69-211

Branden Grace 71-71-69-211 Rafa Cabrera Bello 76-69-66-211 70-75-66—211 69-68-74—211 **Bubba Watsor** Richard Sterne Patton Kizzire 69-73-70-212 73-70-69-212 **Brooks Koepka** Rickie Fowler 71-73-68-212 Aaron Wise 73-68-71-212 HaoTong Li Joost Luiten Matt Kuchar 66-67-79-212 Shugo Imahira Justin Thomas 73-67-73-213 66-73-74-213 Webb Simpson 73-72-68-213 72-75-66—213 71-72-71—214 Kevin Na Abraham Ance Billy Horschel 68-76-70-214 Russell Knox 72-72-70—214 72-68-74—214 Erik van Rooven Thorbiørn Olesen 72-74-68-214 70-74-71—215 67-74-74—215 Aaron Rai George Coetzee Matt Wallace 74-71-70-215 70-69-76-215 77-74-64-215 Jake McLeod Byeong Hun An Jon Rahm 72-72-72-216 79-65-72-216 72-73-71-216 Phil Mickelson Henrik Stenson

Alex Noren Eddie Pepperell 71-74-74—219 77-70-73—220 75-73-73-221 77-75-69-221 77-74-71-222 Bryson DeChambeau Adrian Otaegui Satoshi Kodaira 75-72-76-223 75-76-72—223 74-73-77—224 Tom Lewis 76-76-72-224 Lucas Bjerregaard Sanghyun Park Matthew Millar 80-79-68-227 74-82-74-230 Shaun Norris 79-80-73-232

73-72-72-217

75-70-72—217 70-77-70—217

70-76-72-218

76-73-69—218 72-72-75—219

75-69-75-219

Kyle Stanley

Shane Lowry Emiliano Grillo

Jordan Spieth

Ryan Fox

Alexander Björk Shubhankar Sharma

PGA TOUR PUERTO RICO OPEN Saturday's leaders at Coco Beach Golf & Country Club, Rio Grande, Puerto Rico. Purse: \$3 million. Yardage: 7,506; Par: 72 (a-denotes amateur) Third Round Aaron Baddelev 70-68-66-204

Nate Lashley 70-67-69-206 Martin Trainer Joey Garber Martin Piller 68-74-65—207 68-73-66—207 70-68-69-207 Wyndham Clark Johnson Wagner 69-69-69-207 Roberto Castro 68-72-68-208 66-73-69-208 71-67-70-208 Andres Romero Ben Crane 68-69-71-208 Roberto Diaz 68-68-72-208 Roger Sloan Boo Weekley 72-73-65-210 J.J. Henry 74-69-67-210 72-70-68—210 70-71-69—210 **Daniel Berger** Kyoung-Hoon Lee Jose de Jesus Rodriguez 70-71-69-210 Kramer Hickok 69-71-70-210 73-71-67—211 69-74-68—211 Cameron Davis Parker McLachlin 72-70-69-211 71-71-69—211 69-73-69—211 Scott Brown David Hearn 68-73-70-211 Sepp Straka Charl Schwartzel 67-73-71-211 70-68-73-211 **Curtis Luck** Sebastian Munoz 74-71-67-212 71-71-70-212 Julian Etulain 72-70-70-212 70-71-71—212 70-70-72—212 Shawn Stefani

75-69-69-213

75-69-69-213

Adam Schenk

Robert Streb

Cameron Tringale

Jake of all trades: Indians counting on Bauers

Indians hoping former Tampa Bay Rays infielder can offset loss of run producers in lineup

By GABRIELLA KREUZ ASSOCIATED PRESS

GOODYEAR, Ariz. — The Cleveland Indians are heading into the 2019 season missing some big bats from last year's lineup. They hope Jake Bauers brought one from Tampa.

Bauers, who came over in a December trade with the Rays, is being counted on to help fill the power void left with the departures of sluggers Edwin Encarnacion and Yonder Alonso in trades and the Indians' decision not to re-sign All-Star Michael Brantley as a free agent.

As the three-time defending AL Central champions contend with unusually chilly and wet weather that has dumped an inch of rain on this arid area the past two days — significant for a region that typically only gets about eight inches a year — the 23-year-old Bauers has been getting in work to make sure he sprays the ball around this season.

"I'm trying to use the whole field again, trying to stay left center-center field and open everything up as opposed to just kind of pulling the ball too much," said Bauers, who batted .201 with 11 home runs and 46 RBIs in 96 games after being brought up by the Rays

This year, Bauers is

optimistic he can make an impact in all facets of the game.

"Getting on base, maybe taking the extra base when I can, driving in runs, basically just doing whatever the situation calls for," the easygoing Bauers said while sipping coffee in the clubhouse on Friday. "I think that's what I was taught at a young age and it's something I'm fairly

Bauers can play first base and he'll be one of several candidates to get a shot in a crowded outfield, a topic he discussed in a recent meeting with Indians manager Terry Francona.

We talked a lot about playing first base or left field and what the mix is going to be like," said Bauers, who spends down time during camp hiking with his 9-month-old Golden Retriever-Cocker Spaniel mix, Praxton. "They just have some things to figure out. I'm sure as we get deeper into the spring, we'll sort that all out."

Bauers has displayed versatility, so what's his biggest strength?

With eyebrows raised, the self-proclaimed bad surfer from Huntington Beach, California, took in the question along with a deep breath.

"Knowing how to win," he said after a short pause. "I think that's



Former Tampa Bay Rays first baseman Jake Bauers came to the Cleveland Indians in an off-season trade and the Indians are hoping the 23-year-old can help them fill the run-producing void left after the team traded Edwin Encarnacion and Yonder Alonso and decided not to re-sign All-Star outfielder Michael Brantley. Bauers could be asked to play the outfield as well as first base.

an underrated thing in today's game. I think the things you can't put on paper aren't valued as

much as they could be."

Bauers could also help the Indians in another vital area. The loss of Brantley, starter Josh Tomlin, All-Star catcher Yan Gomes and closer Cody Allen has created a vacuum in the clubhouse and dugout.

"We've lost some guys that had terrific leadership qualities," Francona said. "Guys like Tomlin, Brantley, there's no getting around that. We don't need to anoint leaders. The best way to lead is by example."

If Bauers can produce

offensively the way he did for the Rays after his call-up last June, he'll be leading in no time.

Bauers batted .252 with five home runs in his first 36 games last season before the All-Star break. His numbers dipped toward the end of 2018, but the potential is evident.

He's eager to show his

new teammates what he can do, and anxious to start at first when the Indians open their Cactus League season on Saturday against the Cincinnati Reds.

"I think I got those excited butterflies when I think about it," said Bauers, who will bat second.

Orioles veterans Cashner and Cobb looking to rebound

By RICH DUBROFF ASSOCIATED PRESS

SARASOTA, Fla. (AP) — In the new world of the Baltimore Orioles where youth and inexperience are the rule, there are two veteran pitchers hoping to prove they still have some skills.

Last spring training, the Orioles added two free agent pitchers, Andrew Cashner and Alex Cobb, and both had substandard years.

Cashner, who signed a two-year \$16 million contract, was 4-15 with a 5.29 ERA. Cobb, who late in spring training agreed to a four-year, \$57 million deal, had the worst season of his career, going 5-15 with a 4.90 ERA.

"I don't want to touch too much on what we had going on last year," Cobb said. "I felt like there were a lot of times where we were going into competition without a full arsenal, far behind the competition we were facing, and that's frustrating.'

Baltimore was derided in the past because they lagged far behind what had become industry standard in the informa-

tion age. "It's tough to go in there with a lot of confidence because you know how much more information is being given to the other side because I've been on the other side," Cobb said. "I feel like it's an even playing field now."

Under new general manager Mike Elias and new manager Brandon Hyde, the Orioles are not only more analytically oriented, but they're a lot looser. Even better for the 32-year-old Cashner, they added pitching coach Doug Brocail to the staff last month.

In 2017. Brocail was the Texas Rangers' pitching coach, and Cashner had one of his best seasons under him with an 11-11 record and 3.40 ERA. Brocail is a hard-nosed coach, but he and Hyde, who was the Chicago Cubs' bench coach last year, have brought a different tone to camp, adopting some of Joe Maddon's practices.

As the pitchers took the

field for their first stretch on Feb. 13, suddenly loud music was blaring, a sharp difference from former manager Buck Showalter's tenure.

"It's kind of a lot more fun," Cashner said. "I think it's kind of just trying to let everybody be themselves. It's not so much worrying about certain things as it is showing up and being the best ballplayer you can be. That's kind of the style (Hyde) had under Joe Maddon."

Last season, Cashner missed time with a back strain, a neck strain and a knee injury that ended his season by mid-September. Good fortune and a new pitching coach could help.

"I think my biggest thing is health, first and foremost," Cashner said. "I feel like I kind of struggled with that last year. Working with Doug is a treat for me, and it's special just because he played for so long and me and him mesh really well together."

Along with Dylan Bundy, Cashner and Cobb are the most tenured starting pitchers Hyde

"I think experience is important," Hyde said. "Especially the right experience, the right type of people, really good veteran guys do make a major impact in how they prepare, just watching them play."

The 31-year-old Cobb

had an awful start to his first season with Baltimore. Before the All-Star break, Cobb was 2-12 with a 6.41 ERA. He improved markedly in the second half with a 3-3 record and 2.56 ERA.

Cobb is confident that with new management, the Orioles are on the right track

"I feel like we've got the guys that have been around the league, seen championship caliber organizations," Cobb said. "When you have those guys come in and have seen that much success and tell you that your stuff is good, it does play; we need to tweak a few things here and there, it's not a full rebuild, it gives you confidence."

plan would face myriad issues, topped by St. Petersburg mayor Rick Kriseman making it basically moot, saying he wouldn't even consider it.

Asked if he had talked to the group trying to bring baseball back to Montreal, Sternberg said, "I talk to people all the time. I'm not going to deny not speaking to them, speaking to them, other cities. People are always looking to talk to us. I don't go seek anybody out. ... I can't tell you how many times I get emails from people, 'I was in the game, would you meet with me..." I try to generally avoid that stuff, and I do."

Sternberg will listen, but reiterated he wants to keep the team "for generations to come" in the Tampa Bay area, and "I don't want to move." But until they have a plan to stay, it's going to be an increasingly popular topic of conversation.

Players, knowing their shelf life with the team, say the uncertainly is not an issue or distraction. "We don't really concern ourselves with that," Matt Duffy

For now, anyway.

Scherzer: Pitch clock disrupts game

By CHUCK KING ASSOCIATED PRESS

WEST PALM BEACH — If three-time Cy Young Award winner Max Scherzer has his way, Major League Baseball's pitch clock will die in the South Florida humidity.

"I know as players that's something that MLB is trying to negotiate," the Washington Nationals ace said Saturday night. "I don't think there's negotiation here. As players, it just shouldn't be in the game. Having a pitch clock, if you have ball-strike implications, that's messing with the fabric of the game. There's no clock in baseball and there's no clock in baseball for a reason."

After pushing for an agreement with players last season, management decided on its own to experiment with 20-second pitch clocks during spring training this year, part of the sport's effort to speed the pace of play. Owners have the right to implement the clocks for the regular season but would prefer to reach an agreement with the union.

Under the phase-in designed to allow teams to get used to the concept without fear of penalty, pitchers and batters who were taking too long in Saturday's games were merely warned to hurry up.

When the policy, which has been used in some minor leagues since 2015, is phased in, a ball could be charged in certain situations to pitchers who do not begin their motion in time. Batters delaying the game might draw a strike.

Washington played its Grapefruit League opener Saturday night against Houston. Scherzer came close to using the full 20 seconds on a couple of occasions with runners on base, but the clock didn't expire.

beneath the main outfield scoreboard and two at ground level behind home plate near each dugout. "Now having to actually throw to it, I think it's more of a

distraction than anything," Scherzer said. "I get that there

The Ballpark of the Palm Beaches features a pitch clock



Nationals pitcher Max Scherzer, a three-time Cy Young Award winner, said the pitch clock is "messing with the fabric of the game. There's no clock in baseball and there's no clock in baseball for a reason."

are parts of the game that we can clean up and I think that there can be meaningful changes. I'm fundamentally against this."

A newly elected member of the Major League Baseball Players Association's executive committee, Scherzer felt his first outing dragging a bit, attributing the slow play to a high amount of foul balls. He referenced an article published a few days ago by FiveThirtyEight citing an increase in foul balls as being a major reason for longer games.

"I'm not going to put my name next to this clock," he said. Scherzer allowed one run on Jake Marisnick's homer, one of three hits he gave up in two innings. He struck out three and walked one while throwing 25 of 44 pitches for strikes.

The home run by Marisnick to straightaway center field led off the game and came on a 2-2 fastball.

■ MEN'S BASKETBALL: Roundup

Barrett, Zion-less No. 1 Duke, stop Syracuse

SYRACUSE, N.Y. — No. 1 Duke played without one of the nation's top players but found a new standout who helped the Blue Devils avenge an earlier loss.

Sophomore Alex O'Connell scored 20 points in his first start of the season while RJ Barrett scored 30 points as the Blue Devils beat Syracuse, 75-65, in ACC basketball Saturday night at the Carrier Dome.

The game was played before a crowd of 35,642, which established a new record for the largest attendance for an on-campus NCAA college basketball game.

The Blue Devils (24-3, 12-2 ACC) played their first game since star freshman Zion Williamson suffered a sprained right knee. The 6-7 All-American candidate was not in uniform for the first time this season.

Duke has played large parts of two games — an 80-78 win at Florida State on Jan. 12 and Wednesday's 88-72 loss to North Carolina — without Williamson after he was injured during those games. But Saturday marked the first time they'd played an entire game without their national player of the year candidate.

Still Duke, which lost 95-91 in overtime to Syracuse on Jan. 14 at Durham, found a way to win.

O'Connell played a big role, scoring 17 of his 20 points in the second half as Duke rallied from a five-point halftime deficit.

Syracuse (18-9, 9-5 ACC) struggled shooting down the stretch, making just three field goals over the game's final 12 minutes. The Orange finished at 34 percent from the field.

Duke, after shooting just 40 percent and 3 of 15 on 3-pointers in the first half, shot 48 percent in the second half. The Blue Devils hit six 3-pointers in the second half, finishing at 44.1 percent for the game (9 of 29, 31 percent on 3-pointers).

After Syracuse led, 34-29, the Blue Devils hit seven of their first 11 shots after halftime, including 3 of 4 3-pointers, to lead 50-46 with 13:49 to play.

O'Connell had a big play in that Duke push, grabbing a loose ball to sink a 3-pointer while being fouled. He added the free throw on play that gave Duke its first lead of the second

O'Connell's 3-pointer from the corner with 10:29 to play gave Duke a 56-52 lead.

Duke's lead grew to 58-52 when Barrett scored inside with 9:16 to play.

Syracuse went seven consecutive possessions without scoring, a drought of 4:57 without scoring a point.

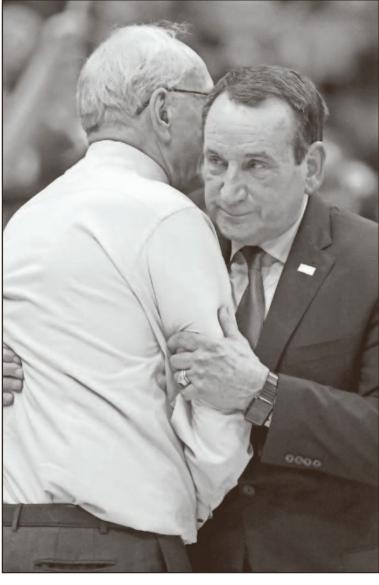
But Duke scored only five points during that stretch.

A Marek Dolezaj basket and two Elijah Hughes free throws cut Duke's lead to 58-56.

But Duke pulled away with its defense playing a big role.

Barrett's 3-pointer started a 7-0 Duke run. O'Connell's steal and slam dunk extended the lead. After a Tyus Battle miss, Barrett finished a fast break by taking a lob pass from Tre Jones for a slam dunk that put Duke up 65-56 with 4:44 to play.

Barrett scored 17 points over the game's first 20 minutes to keep Duke close while their 3-pointers weren't falling. But the Blue Devils got little



AP PHOTO

Duke coach Mike Krzyzewski, right, embraces Syracuse coach Jim Boeheim after Duke won 75-65. It was the first game for Boeheim after he was involved in a fatal crash. Duke played without injured star Zion Williamson.

production from anyone else as they shot 40 percent overall.

The first 20 minutes saw five lead changes and three ties. No team led by more than three points until six points in a row by Syracuse's Dolezaj turned a 23-22 Duke lead into a 28-23 Orange advantage with 4:58 left until halftime.

Barrett scored Duke's final six points of the half. But the Orange took their five-point lead to halftime.

Joey Baker, a 6-7 guard from Fayetteville, made a surprising debut for Duke thus eliminating the chance of him redshirting barring an injury.

No. 3 Virginia 64, No. 18 Louisville 52

De'Andre Hunter scored 19 of his career-high 26 points after halftime, and No. 3 Virginia rallied from a 12-point deficit to beat No. 18 Louisville 64-52 on Saturday.

The Cavaliers (24-2, 12-2 Atlantic Coast Conference) trailed early in the second half before regrouping to hold the Cardinals (18-10, 9-6) to 6 of 30 from the field (20 percent) and 31 percent shooting overall. Virginia also found its offense, shooting 59 percent and using a 12-1 run over 4:36 for a 55-48 lead it stretched to 12 for its fourth consecutive victory.

Hunter was perfect after the break, making all six shots to finish 9 of 11 from the field. Mamadi Diakite added 14 points, while Jay Huff came off the bench to score 12.

No. 4 Kentucky 80, Auburn 53

Kentucky coach John Calipari surpassed Joe B. Hall on the school's all-time wins list and is second behind Adolph Rupp. Calipari is 298-68 in 10 seasons with the Wildcats. Hall compiled a 297-100 record in 13 seasons and led the Wildcats to a national championship in 1978.

PJ Washington scored 24 points to lead No. 4 Kentucky. Washington led three players in double figures and helped lead the Wildcats to a regular-season sweep of the Tigers. The Wildcats (23-4, 12-2 Southeastern Conference) defeated Auburn 82-80 last month and made things easier the second time around. Tyler Herro followed Washington with 17 points and Ashton Hagans added 14.

Kentucky played without senior forward Reid Travis, who sprained his right ankle in a 66-58 win at Missouri last Tuesday. Travis is expected to miss the next two weeks.

Chuma Okeke led Auburn (18-9, 7-7) with 14 points, followed by Jared Harper with 12 and Anfernee McLemore with 10.

No. 13 LSU 82, No. 5 Tennessee 80 (OT)

Javonte Smart capped a career-best 29-point performance with a crucial rebound and go-ahead free throws in the final seconds.

Skyler Mays added 23 points, including a game-tying 3 with 1:16 left in regulation for LSU (22-5, 12-2 SEC), which pulled into a tie with Tennessee and Kentucky atop the Southeastern Conference despite playing without its leading scorer, point guard Tremont Waters.

Admiral Schofield had 27 points and Grant Williams 18 for Tennessee (24-3, 12-2).

Waters was ruled out with an undisclosed illness shortly before the game, and the challenge only got tougher for LSU when starting forward Naz Reid committed two early fouls. Reid never found his rhythm, missing all nine shots he attempted from the floor. He scored his only point when he hit the second of two free throws in the final minute of overtime.

No. 8 UNC 77, No. 16 Florida St 59

Cameron Johnson had 18 points and 10 rebounds, Luke Maye added 15 points and 11 rebounds, while freshman Nassir Little scored 18 points and Coby White finished with 10. The Tar Heels (22-5, 12-2 Atlantic Coast Conference) have won 10 of 11 to remain in a first-place tie.

David Nichols scored 16 points and Terance Mann added 10 for the Seminoles (21-6, 9-5).

No. 11 Marquette 76, Providence 58

Sam Hauser had 18 points and 13 rebounds, while Sacar Anim scored 18. The Golden Eagles (23-4, 12-2 in the Big East) led by 11 points at half-time and showed no signs of letting up, shooting 53.6 percent in the second half to finish at 54.9 percent for the game. Anim went 8 for 12 and Hauser 7 for 10 for Marquette, which got only 14 points on 2-of-12 shooting from leading scorer Markus Howard.

Alpha Diallo had 19 points and six rebounds for the Friars (15-13, 5-10 Big East).

No. 15 Purdue 75, Nebraska 72

Matt Haarms scored 17 points and Grady Eifert beat the shot clock for two huge baskets down the stretch. Purdue (20-7, 13-3 Big Ten) won its second straight close road game, having beaten Indiana 48-46 on a tip-in with 3 seconds left Tuesday. Ryan Cline's 3-pointer to end the first half gave the Boilermakers a two-point lead, and they never trailed

Their 14th win in 16 games pulled them into a brief three-way tie for first in the Big Ten with Michigan and Michigan State. The tie will be broken Sunday when those two teams meet in Ann Arbor.

Glynn Watson Jr. scored a season-high 25 points and James Palmer added 15 points and a season-high eight assists for Nebraska (15-13, 5-12), which lost for the ninth time in 11 games.

TCU 75, No. 19 Iowa State 72

Kouat Noi had 20 points with 13 rebounds, while Alex Robinson also had a double-double and TCU ended a three-game losing streak.

TCU, which had blown a 10-point lead it built before halftime, finally went ahead to stay when Desmond Bane hit a 3-pointer from the left wing with just under two minutes left to snap a 68-68 tie. JD Miller later drove hard for a layup, knocking down one defender without a call and getting fouled by another to make it 73-70 in the final 41 seconds. He missed the free throw.

Iowa State (19-8, 8-6 Big 12) was within 73-72 when Marial Shayok found a gap and drove for a layup with 22 seconds left. Noi added two free throws before the Cyclones got to attempt two 3-pointers in the final three seconds, the last after a TCU turnover while the buzzer sounded before a lengthy review that added .4 seconds on the clock.

The Frogs (18-9, 6-8) hadn't won since a 92-83 victory at Iowa State two weeks ago.

No. 20 Virginia Tech 67, Notre Dame 59

Kerry Blackshear Jr. had 22 points and 14 rebounds as No. 20 Virginia Tech defeated Notre Dame 67-59 on Saturday.

The Hokies (21-6, 10-5 Atlantic Coast Conference), leading from the game's first basket onward, grabbed to a 14-4 advantage over the initial eight minutes.

The Fighting Irish (13-14, 3-11), who got as close as six points on three occasions in the second half, lost their third straight game and their ninth in their last 11 outings.

T.J. Gibbs led Notre Dame with 18 points but was just 5 of 17 from the field with three 3-pointers. John Mooney added 12 points and 10 rebounds.

Nickeil Alexander-Walker added 12 points for Tech.

No. 23 Kansas St 85, Oklahoma St 46

Balanced offense, stellar defense and good shooting propelled No. 23 Kansas State.

The Wildcats had no problems as Xavier Sneed and Austin Trice led the team with 12 points each and Kamau Stokes had 11. K-State had 10 players score.

The Wildcats (21-6, 11-3 in Big 12 play) shot 62 percent and held the Cowboys to 31 percent. Oklahoma State (10-17, 3-11) was led by Yor Anei, who had 12 points as the Cowboys struggled the entire game to find the basket.

No. 24 Maryland 72, Ohio State 62

Anthony Cowan Jr. scored 19 points, while Bruno Fernando had 14 points and 10 rebounds and No. 24 Maryland remained unbeaten at home in the Big Ten.

The Terrapins (21-7, 12-5) used a 13-0 run to take a 52-36 lead.

Although the margin dwindled to two points with 5:27 left, Maryland held on to improve to 14-2 at home, including 7-0 in the conference.

With three Big Ten games left, including two at home, the Terrapins are in fourth place and in position to secure a double bye in the conference tournament.

Fernando scored all of his points after halftime, and reserve freshman Serrel Smith Jr. contributed a career-high 14 points for Maryland. Despite a slow start,

Fernando secured his ninth double-double in his last 10 games.

Duane Washington Jr. scored 15 and Andre Wesson had 13 for Ohio State (17-10, 7-9).

■ NBA: Roundup

Efficient Young leads Pacers over struggling Wizards

WASHINGTON (AP)
Thaddeus Young scored 22
points on 9-of-11 shooting,
Bojan Bogdanovic added 18
and the streaking Indiana
Pacers held off the struggling
Washington Wizards 119-112
on Saturday night.

Domantas Sabonis added 13 points and 12 rebounds, while Darren Collison scored 11 of his 15 points in the fourth quarter to help the Pacers overcome 23 turnovers and sweep a second straight back-to-back set.

Indiana has won eight of

nine. The Pacers previously dropped four in a row following the loss of All-Star guard Victor Oladipo for the season with a ruptured tendon in his right knee. Bradley Beal scored 35 points

Bradley Beal scored 35 points for the Wizards, a night after posting a season-high 46 at Charlotte. He converted an exceptional four-point play that brought Washington within two midway through the fourth quarter.

Thomas Bryant added 23 points and 12 rebounds.

Pelicans 128, Lakers 115

Jrue Holiday hit five 3-pointers and scored 27 points while Anthony Davis watched from the bench, and the New Orleans Pelicans beat the Los Angeles Lakers 128-115 on Saturday night.

Former Laker Julius Randle had 24 points for the Pelicans, who looked in sync and motivated as they slowed LeBron James and the Lakers' push to qualify for the playoffs.

James had 27 points and 12 assists, and Brandon Ingram scored 29 points for Los Angeles.

Trail Blazers 130, 76ers 115

Jusuf Nurkic and Enes Kanter took advantage of Joel Embiid's absence.

Nurkic scored 24 points and grabbed 10 rebounds, Kanter had 16 and eight, and the Portland Trail Blazers beat the Philadelphia 76ers 130-115 on Saturday.

The Sixers struggled in their second game without Embiid, the All-Star center who is expected to miss at least a week with a sore left knee.

Ben Simmons had 29 points and 10 assists and Tobias Harris scored 20.

The Blazers had a 53-33 rebounding edge, including 19 offensive boards. Damian Lillard had 17 points as seven players reached double figures.

The Blazers (36-23) have won three in a row.



78° / 63°

Winter Haven

Lake Wales

87/62

85/63

Arcadia

85/64

Fort Myers

87/66

84°/70°

74°/55°

86° (1997)

37° (1978)

0.00

0.29"

2.69

4.20

Weeds absent

1.70" (1966)

Delays

none

none

Bonita Springs

Limestone

87/62

Protect your home and enjoy the outdoor lifestyle with today's technology.

WEDNESDAY

clouds, a t-storm in

spots



A thunderstorm in

spots in the afternoon

80° / 65°

TIDES

Mon.

Today

Today

Today

Venice

Today

MARINE

Wind

The Sun

Today

Monday

Monday

Last

Feb 26

Today 10:01a

10:54a

minor periods are shorter

Tue. 11:45a 5:32a

The Moon

Mon.

Mon.

El Jobean

Mon.

Punta Gorda

Englewood

Boca Grande

High

8:12a

6:49a

4:35a

6:07a

7:14a

8:44a

3:34a

5:04a

direction in knots in feet

WSW 10-20 1-3

SUN AND MOON

Mar 6

SOLUNAR TABLE

Cape Sable to Tarpon Springs

7-14 1-2

Tarpon Springs to Apalachicola

Today 6:42a 12:48a 6:16p 12:27p

5:19a 10:43a 4:53p



Rather cloudy with a

thunderstorm possible

83° / 63°

30% chance of rain

High Low

2:00a 6:54p 12:50p

12:16a 5:31p 11:06a

9:24a 4:15p 11:13p

1:17a 6:48p 12:56p

2:29a 7:26p 1:19p

9:22a 3:08p 10:55p

chop

Set

6:26 p.m.

6:27 p.m.

Set

10:39 a.m.

11:20 a.m.

Full

Mar 20

5:57p

WODI D CITIES

9:31a 4:57p

9:45a 3:46p

Speed Seas Bay/Inland

Rise

6:57 a.m.

6:57 a.m.

Rise

First

Mar 14

4:41a 11:19p

The solunar period schedule allows planning days

so you will be fishing in good territory or hunting in

good cover during those times. Major periods begin at the times shown and last for 1.5 to 2 hours. The

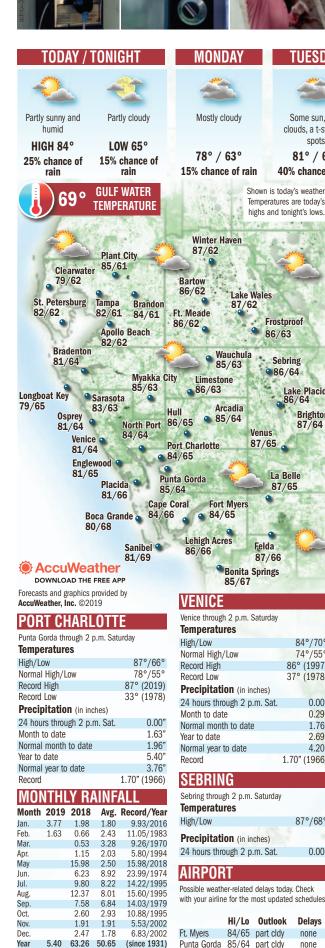
WEATHER HISTORY

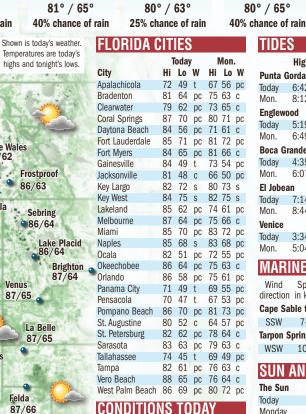
Major Minor Major

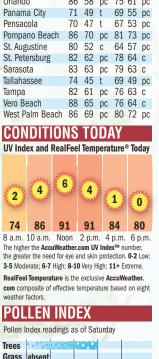
3:48a 10:25p 4:13p

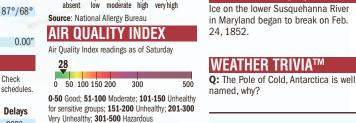
11:58 p.m.

888-962-7283 StormSmart.com









Main pollutant: Particulates Average annual temperature is -72(F). Source: scgov.net A: It is the coldest place of Earth.

THE NATION -10s | -0s | 0s | 10s | 20s | 30s | 40s | 50s | 60s | 70s | 80s | 90s | 100s | 11 Shown are noon positions of weather systems and precipitation. Temperature bands are highs for the day 40/26 Ottaw 41/21 Chic 34/7 39/21 Kansas City 30/13 El Paso 65/36 **Precipitation** 8,8,8,8 Cold Warm Stationary Showers T-storms Flurries Snow Ice

(For the 48 contiguous states yesterday)

High	ligh 90° at Immokalee, FL		Low23° at Daniel, WY										
Today Mon.					1	Today			Mon.				
City	Hi	Lo	W	Hi	Lo	W	City	Hi	Lo	W	Hi	Lo	W
Albuquerque	48	26	рс	55	28	рс	Jackson, MS	61	36	S	63	39	рс
Anchorage	24	9	рс	25	11	S	Kansas City	30	13	S	34	20	рс
Atlanta	64	38	S	61	39	рс	Knoxville	56	31	S	51	29	рс
Baltimore	63	32	r	44	28	S	Las Vegas	56	40	рс	62	43	S
Billings	4	-7	sn	1	-4	sf	Los Angeles	65	46	S	66	47	S
Birmingham	60	36	S	60	40	рс	Louisville	49	25	рс	45	28	S
Boise	41	37	С	47	40	r	Memphis	54	31	S	55	34	рс
Boston	50	34	r	40	20	рс	Milwaukee	36	4	sn	16	6	С
Buffalo	53	23	sh	24	12	С	Minneapolis	19	-9	sf	5	-8	С
Burlington, VT	41	30	sh	31	11	С	Montgomery	68	40	S	66	43	рс
Charleston, WV	57	27	рс	44	26	S	Nashville	55	30	S	52	33	рс
Charlotte	71	36	sh	60	33	S	New Orleans	69	50	S	65	58	С
Chicago	34	7	sf	19	12	C	New York City	54	33	r	41	24	S
Cincinnati	47	21	рс	38	23	S	Norfolk, VA	70	41	r	55	36	S
Cleveland	52	21	sf	29	17	рс	Oklahoma City	54	31	S	58	37	S
Columbia, SC	77	35	sh	63	36	S	Omaha	19	-4	S	13	2	С
Columbus, OH	51	19	С	32	21	S	Philadelphia	59	33	r	42	27	S
Concord, NH	39	30	sn	34	11	С	Phoenix	63	41	рс	68	46	рс
Dallas	58	37	S	61	43	рс	Pittsburgh	56	20	sf	31	19	рс
Denver	39	21	S	45	21	рс	Portland, ME	41	32	sn	38	14	С
Des Moines	19	1	С	12	4	C	Portland, OR	45	32	sh	35	31	sn
Detroit	45	19	sn	27	14	С	Providence	50	31	r	40	20	рс
Duluth	22	-13	sn	5	-12	рс	Raleigh	73	37	sh	58	30	S
Fairbanks	19	1	S	22	0	рс	Salt Lake City	47	36	рс	50	40	С
Fargo	7	-20	С	-2	-18	рс	St. Louis	41	20	S	39	25	S
Hartford	48	32	r	38	19	рс	San Antonio	66	43	S	65	52	рс
Helena	5	-7	sn	2	-4	sn	San Diego	64	47	S	64	49	S
Honolulu	80	64	S	79	65	рс	San Francisco	57	46	рс	58	51	r
Houston	68	44	S	65	53	рс	Seattle	43	33	С	42	33	sn
Indianapolis	38	16	рс	32	20	S	Washington, DC	67	35	r	48	32	S

MORLD CITIES													
	1	oda	oday M			Mon.				Today			
City	Hi	Lo	W	Hi	Lo	W	City	Hi	Lo	W	Hi	Lo	W
Amsterdam	55	35	рс	58	36	рс	Mexico City	75	51	рс	75	51	po
Baghdad	70	46	S	71	50	S	Montreal	40	26	r	27	2	sf
Beijing	57	31	рс	50	29	рс	Ottawa	41	21	r	22	0	С
Berlin	53	32	рс	55	37	рс	Paris	59	35	рс	61	37	S
Buenos Aires	74	55	S	69	46	рс	Regina	-9	-31	рс	-9	-21	S
Cairo	72	58	рс	80	52	S	Rio de Janeiro	96	81	рс	96	80	рс
Calgary	2	-20	рс	1	-13	рс	Rome	54	33	S	57	36	S
Cancun	84	73	S	85	73	sh	St. John's	16	7	S	30	25	sn
Dublin	56	45	рс	59	41	рс	San Juan	83	71	рс	83	73	sh
Edmonton	-1	-29	S	0	-24	S	Sydney	73	68	С	77	66	рс
Halifax	29	27	sn	37	14	С	Tokyo	54	47	S	58	44	sh
Kiev	32	29	С	43	32	рс	Toronto	46	22	r	24	11	С
London	60	36	S	62	38	S	Vancouver	42	28	С	40	23	C
Madrid	65	36	S	67	37	S	Winnipeg	0	-21	sn	-3	-19	S
Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.													ice.

■ NASCAR

New rules could lead to wrecks, inflame tempers

By JENNA FRYER

AP AUTO RACING WRITER

HAMPTON, Ga. — NASCAR was long overdue for an added punch to its racing product and eagerly awaits the results from a new competition package designed to increase the entertainment factor for the troubled series.

The new rules debut Sunday at Atlanta Motor Speedway, where the prevailing opinion is that the bumpin-and-bangin and rubbin-is-racin lore of NASCAR will return.

"This is going to cause probably more wrecks and more tempers are going to fly and more drama is going to be there," said reigning NASCAR champion Joey Logano.

NASCAR for 2019 will use a package created to deliberately slow cars and keep them closer together. It isn't intended to be the "pack racing" beloved by fans at Daytona and Talladega, but drivers so far anticipate that will be the effect.

Packs usually lead to crashes, which typically create conflict and the headlines NASCAR needs. The series is coming off a season in which three drivers combined to win 20 of 36 races — results that did nothing to stop NASCAR's slide in attendance and television ratings.

NASCAR's solution was overhauling the competition package in a way that, if it works, should close the gap between the top teams and the underdogs while spicing up the action.

Hi/Lo Outlook

84/65 part cldy

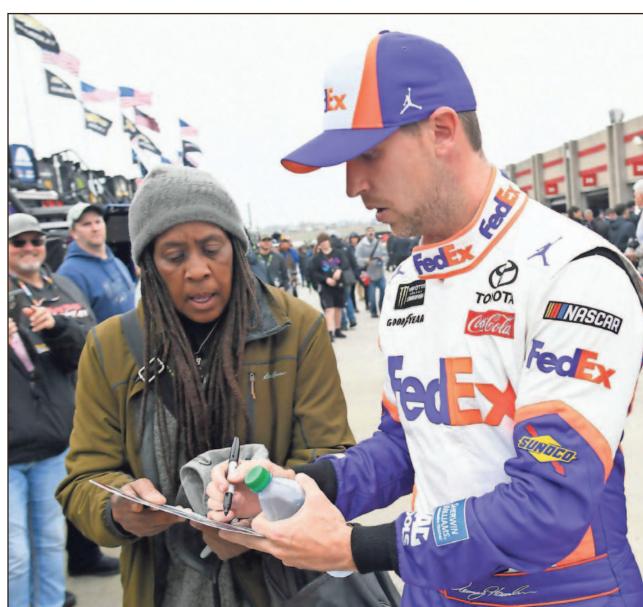
83/63 part cldv

"I think everybody is going to be in attack mode in a lot of ways," said Georgia native Chase Elliott. "How that translates into the race and how aggressive people get, I mean there is only so much space on the track, right? At some point, somebody is going to have to draw the line as to what is smart and

what is not." The package was not used in last week's season-opening Daytona 500, a crash-fest won in overtime by Denny Hamlin. Atlanta is not expected to be a true indicator of how the racing will look this season, in part because the fast and bumpy track has the oldest racing surface in the series. The track was last paved in 1997 and the abrasive asphalt eats tires and limits passing opportunities.

NASCAR knows a better indicator of what to expect will come from next week's race at Las Vegas Motor Speedway, followed by a completely different look in Week 4 when the series visits ISM Raceway in Phoenix, a 1-mile, low-banked tri-oval that is nothing like the 1.5-mile Atlanta

and Las Vegas speedways. NASCAR's second and final practice session, Saturday in a steady mist, got off to a bumpy start



AP PHOTO

Daytona 500 winner Denny Hamlin signs an autograph after practice before a NASCAR Xfinity race at Atlanta Motor Speedway on Saturday, in Hampton, Ga. NASCAR will unveil its new competition package on Sunday, which is expected to slow cars and keep them closer together. Reigning NASCAR champion Joey Logano expects this to lead to more crashes, more tempers and drama.

when Brad Keselowski couldn't make it to his car because of illness. Team Penske had Xfinity Series driver Austin Cindric start practice for Keselowski, but

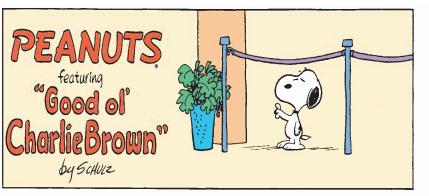
Keselowski eventually got in the car and ran two stints. He was met at the Penske hauler by a medical crew that drove Keselowski to the care center, and crew chief

Paul Wolfe said the driver "isn't doing too good." Kyle Busch quickly posted the fastest lap of all Toyota drivers but then hit the wall and had

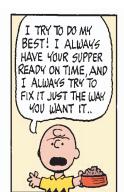
to go to the garage with

damage that sidelined him the remainder of the session. Erik Jones, his teammate at Joe Gibbs Racing, later headed to the garage with a power steering issue.

The FUNNIES

















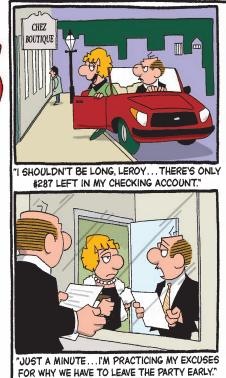


UNNY HOEST AND JOHN REINER



i and Louis

by BRIAN and GREG WALKER









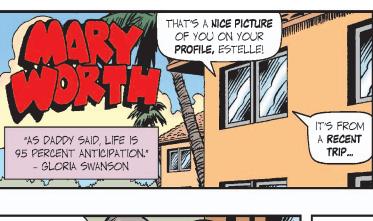




















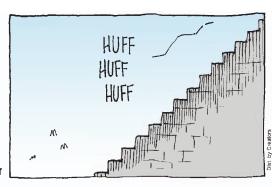




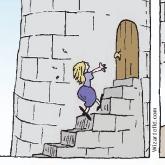












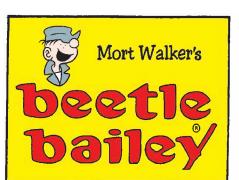


































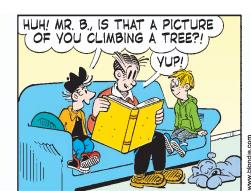




























Comics Page 3











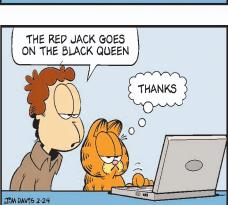




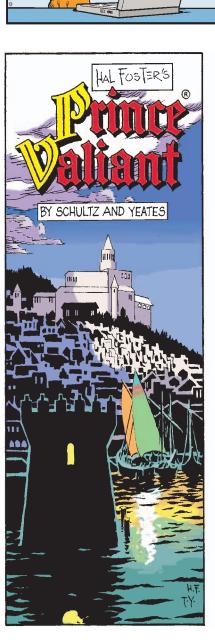




HI. I'M WHISKERS, AND WELCOME TO "PROPER TECHNIQUES FOR SHREDDING SOFA ARMS"

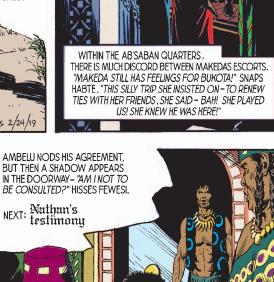


IN THIS WEB TUTORIAL, I'LL BE INSTRUCTING YOU CATS OUT THERE ON THE FINER POINTS OF THIS FUN AND CREATIVE PASTIME















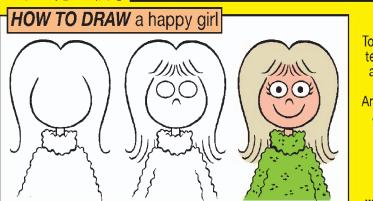


ning his scam. packing winter clothes. He forgot that fact while planlia. Andy would not be Solution -- Febuary is a summer month in Austra-

©2019 by King Features Syndicate Inc. World rights Rese

an insurance scam?







Which one of these animals does not live in Australia?

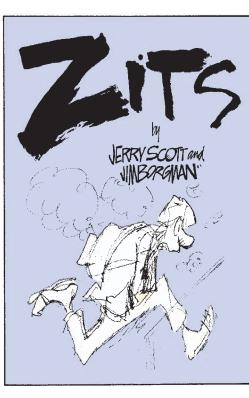
- a) Kangaroo
- b) Koala
- c) Aardvark
- d) Wombat
- e) Platypus

Answer -- c) The aard-vark is native to Africa.

BY BOB WEBER JR. Spot six differences between these panels.



Read more Slylock Fox and Comics for Kids online! On Instagram @slylockfoxcomic On Instagram @spotsixdifferences www.facebook.com





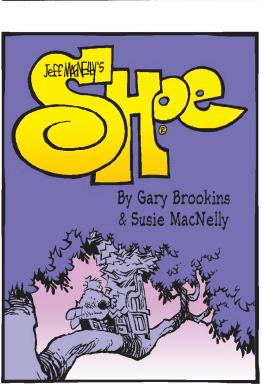


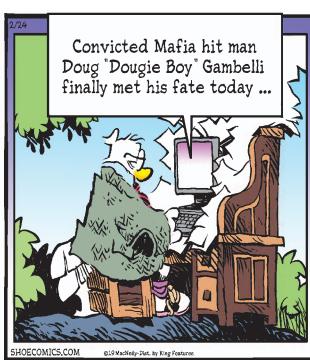


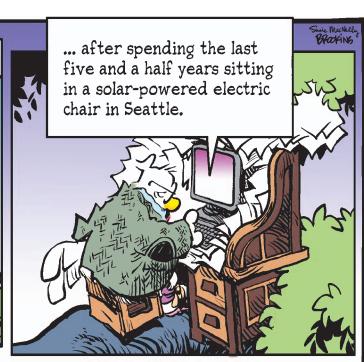




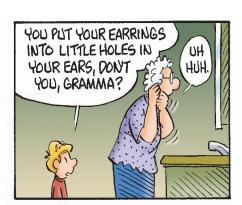






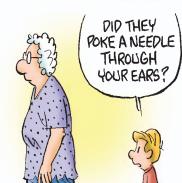


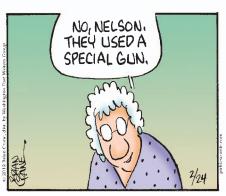














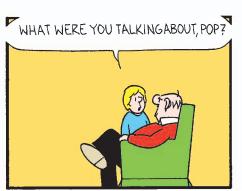






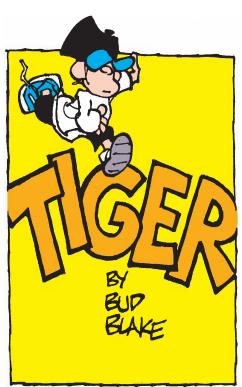






















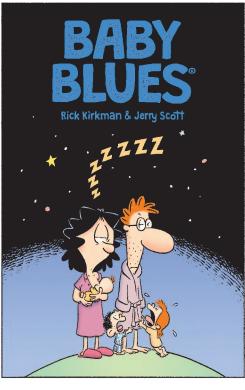




Comics Page 5

IT WOULD MAKE YOUR MOTHER

VERY HAPPY.















ROSE





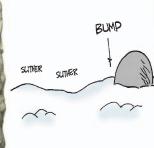




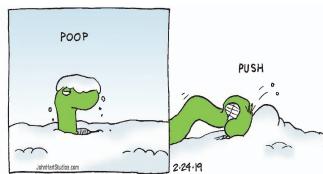


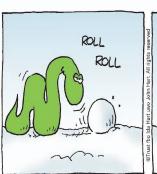


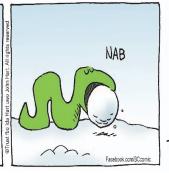


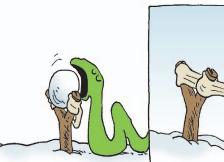
















WE'VE MADE IT

THROUGH TOUGH TIMES BEFORE,

THOUGH.

REMEMBER

THAT YEAR I WAS UNEMPLOYED?

I ESPECIALLY

REMEMBER HOW YOU

STOPPED SHAVING

AND WORE THE SAME HOODIE EVERY ER SINGLE DAY.

SINGLE DAY.







THESE ALERTS ALWAYS

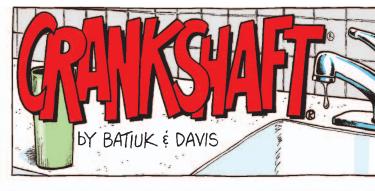
STARTLE ME!



















THE PHANTOM

THE LATCH TURNS IN THE COCKPIT HATCH ...

J AH! SHE'S IN THE AIRCRAFT!

www.sun-herald.com









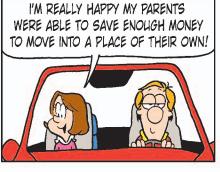


I'M REALLY HAPPY YOUR

PARENTS MOVED, TOO!











DENNIS THE MENACE



DENNIG! IT'S TIME FOR YOUR DOCTOR'S APPOINTMENT!





BY HANK KETCHAM





