



The Mt. Tron Mail

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TRONFJELL
FREDSUNIVERSITET

KONTOR - UTSTILLING



The signboard at the new office in Alvdal. "Kontor" = office; "utstilling" = exhibition.

The Peace University Project Entering a New Phase

In these days an office is being established in the centre of Alvdal, on the first floor of the old dairy building beside Shell. In a room attached to the office an exhibition about the project is now being set up - drawings, photos, model. The office will have a provision of information and networking function, and work to collect the financial means for the building project. In the exhibition room a Yoga course is already going on in the afternoons and evenings. Thus starts Phase 2 of the project, which is otherwise divided into four phases. Read more about this, interesting visits to Shantibu, travelling activities and possible collaborations on the next pages.



To the left:

Mt. Tron and the village of Alvdal seen from the top of the local ski jump, on 07.06.2013, at 11:59 hrs. In the foreground is the river Folla and (to the right) the confluence with the river Glomma.

Below:

Panorama of the same scene at the same place and time, looking further south in the valley (in backlight), which was fully flooded by river water a few days earlier.

“Who am I?”

By Bjørn Pettersen

(Previously published in Norwegian in the cultural paper *Breidablikk* in 2004)

Man has always and in every culture of the world asked himself this question: ”Who am I really – behind all self- and society-made identities?” The question is as old as mankind and is universally human, independent of race, geography, position, situation or conviction. It has been the subject of thought for the deepest thinking philosophers and the most important motivation of all sincere truth seekers in all ages, including the various founders of religions. Does the answer to this question even exist? And if so, why has it never been expressed or written? Is it that language is, in itself, inadequate for this purpose, so that both logically and practically it is impossible to impart this with words?

Everything we experience in this world we experience through the mind. The mind is our medium for learning and understanding anything, so therefore the mind forms our frame of reference for everything in life. Through the mind our physical sense impressions from the outer world are being transformed to thoughts, feelings, desires etc., and we remember, consider, imagine, plans, decides, are awake, dream and sleep through the mind. It is by mental processes that our ideas, wishes and hankerings are converted into will and thereafter action through our physical organs, as are, for instance, linguistic expressions through our organs of speech. Also all so-called “supernatural” phenomena like visions, “out-of-body-experiences”, “near-death-experiences”, close encounters with extraterrestrial beings and innu-

merable other extraordinary experiences happen within the mental sphere. But what would happen if we were to ”experience” something completely without mind – i.e. if the mind would be absolutely passive and non-active? What then? Our languages are, as a matter of necessity, built up around the mind’s frame of reference so that all the various combinations of sound which constitute our languages, can only be expressed, understood and be meaningful through an active mind. How then to communicate “something” which lies fully outside all of this? Because the everlasting truth about you is not to be found in your physical body, in the world of your mind, or in your individual identity. The use of words like “experience” and “something” in this connection doesn’t give any meaning at all, and neither can one think or reason about it!

Then does an “experience” or “state” exist in which the mind has become fully passivated? “Yes”, the wise say clearly and founders of religions have always shown ways to reach ”there”. All religions and spiritual systems are in reality ways of purifying the mind such that it will become “pure as a mirror of the soul”, and all who “experience” this “find themselves”. Contrary to the mind’s and this world’s “relative truths”, such an “experience” is denoted as “Absolute Truth” which is “One” and which is “experienced” similarly by all who “experience” it. It is the ultimate of everything that can be “experienced” in life.



What has happened since the last issue?

World Dignity University

The thoughts and ideas of the University of Peace continue to be well received among serious institutions around the world, and that is happening even if the ideas are not very well known and including institutions we, ourselves, have not approached. Several academic institutions have, over the past couple of years, made contact with us with a wish to collaborate. This goes especially for the **World Dignity University**, which is co-founded by **Evelin Lindner**. Visit their homepages on: <http://www.worlddignityuniversity.org/>. Evelin is regarded as the foremost researcher in the world on problems connected with humiliation and dignity, and has also established the **Human Dignity and Humiliation Studies** (see: <http://www.humiliationstudies.org/>). She holds a Doctorate in both medicine and psychology, and has written several books on human dignity problematics: *Humiliation and International Conflict* (2006); *Emotion and Conflict* (2009); *Gender, Humiliation, and Global Security* (2010); *A Dignity Economy* (2012). Evelin has a unique life experience, is 100 % dedicated to her work, maintains a global network of 1,000 hand picked persons, travels continually all over the world and works tirelessly. She was born into a displaced family, separated from mother tongue, culture, or tradition, and intentionally designs her life as a global life, without a specific homeland or dwelling. It shall be interesting to see how collaborating with the World Dignity University develops.



Evelin Gerda Lindner visited Shantibu during three weeks in August 2012, and got some badly needed rest and quiet. Photo: BP.

Other universities and centres

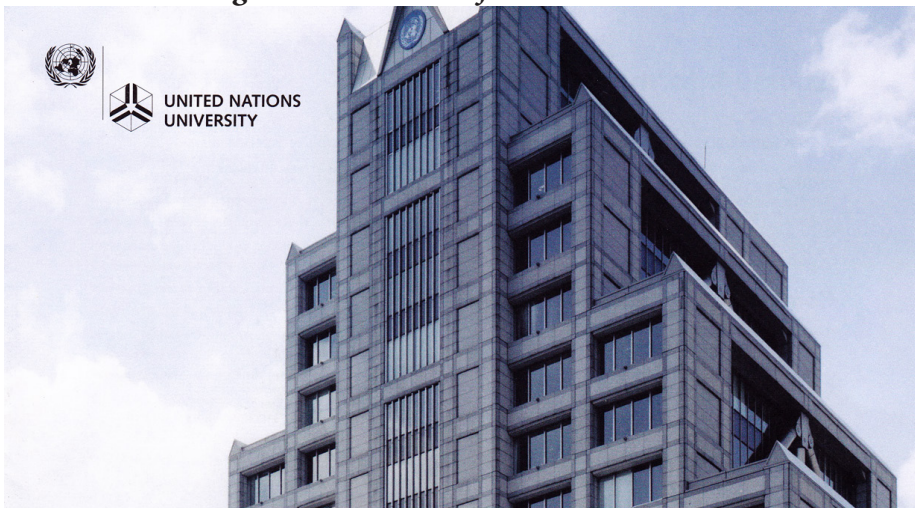
Others interested in collaborating who have contacted us are: **IVK - Norge** or **Norsk Sirkel for Ikkevoldskom-**

munikasjon, which is the Norwegian branch of the global **Center for Nonviolent Communication**; and the **University of Human Unity** in Auroville, India, which is based on the Indian rishi Sri Aurobindo's great literary inheritance. One of the leaders of the latter is the Ukrainian **Vladimir Iatsenko**, who, together with his son and Norwegian wife, visited Shantibu in July last year. Latest in this "category" is **Roswitha Lasser** and her **Wisdom University**. Roswitha is married to the former rector of the United Nations University in Tokyo, Japan.

United Nations University (UNU)

At the beginning of April this year board members of the Mt. Tron University of Peace Foundation travelled to Japan for a meeting with the management of the United Nations University in Tokyo. On the 15th April we had talks with **Vice Rector Professor Govindan Parayil** and **Senior Officer Dr. Veselin Popovski** at the Institute for Sustainability and Peace. Among the areas we discussed was the possibility of exchanging students in the future. The meeting was arranged with the help of the world renowned journalist and author **Anita Pratap**, who is married to the Norwegian ambassador to Japan and who visited Shantibu last August.

The picture (taken from their Postgraduate Degree Programmes brochure) shows the UNU's headquarters in Tokyo where the meeting with the management took place.





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2560 ALVDAL

YOGA

Interessert i å lære Yoga?

*Lær yogaøvelser tilpasset dine individuelle behov
(Yoga-terapi) fra kompetent yogalærer.*

Frisklivtrenere og andre yogalærere lærer fra oss.

*Velg tid, kurslengde og pris selv! Passer for alle
mellom 8 og 80 år.*

*Du finner oss i 2. etasje i Gammelmeieriet ved
Shell, Alvdal (østre ende, inngang fra øst).*

*Ta kontakt med Bjørn på mobil: 909 67 904
eller epost: shanti@tronuni.org*

Velkommen!

This is the advertisement for the Yoga course initiated by the Mt.Tron University of Peace Foundation and which is held in the exhibition room adjacent to the office of the University of Peace in the centre of Alvdal. The courses are held in the afternoons and evenings when visitors to the exhibition during office hours are no longer there. The courses are customised, they are adapted to the individual and delivered through private tutoring with one or two experienced Yoga teachers. The activity functions as an introduction to the first step ("Learn Language of Body") of the later, more broadly constructed, art of life course at the University of Peace. We expect the income from this activity to cover the office and exhibition room rental charges and, perhaps also the operational costs of the office.

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