

Sanford Diabetes Symposium

November 14, 2019

Registration Fee: \$75

Sanford Employee/Student Registration Fee: \$25

The registration fee includes continental breakfast, lunch and online access to available electronic faculty presentations.

Registration Information

Pre-registration/payment via Sanford Success Center is required. (Only Visa/MasterCard accepted)

- **General Registration:**

Go to "www.sanfordhealth.org/conferences" and find this event by date, or visit

<https://www.sanfordhealth.org/classes-and-events/2019-sanford-diabetes-symposium>. If

you do not have a current Sanford SuccessCenter account, you will be prompted to create one. An email address is required to create an account.

- **Sanford Employee Registration:**

Register on SuccessCenter, search **cs-8882**.

If you have special dietary needs (i.e., vegetarian, etc.), please call the LEAD Center at (701) 417-4802 or (800) 437-4010.

Online registration closes at noon on November 13, 2019. To register after online registration closes, call Sanford LEAD Center at (701) 417-4802, (800) 437-4010 or TDD (701) 234-6655.

Cancellation information: The fee, less \$20, will be refunded if you choose to cancel on or before November 12, 2019. No refunds will be given after November 12, 2019. To cancel, call Sanford LEAD Center at (701) 417-4802, (800) 437-4010 or TDD (701) 234-6655 or email CenterforLearning-FGO@SanfordHealth.org.

Questions or more information? Call Sanford LEAD Center at (701) 417-4802 or (800) 437-4010. Please share extra brochures with your colleagues.

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PO Box 2010
Fargo, ND 58122

SANFORD
HEALTH



SANFORD DIABETES SYMPOSIUM

NOVEMBER 14, 2019
DELTA HOTEL BY MARRIOTT
1635 42ND ST. SW
FARGO, ND

SANFORD
HEALTH

Sanford Diabetes Symposium

This symposium is designed to enhance the knowledge and competence of participants by providing an update on the latest research and management of diabetes and subsequent complications. The target audience includes nurses, advanced practice providers, primary care physicians, diabetes educators, dietitians, pharmacists and other interested health care professionals.

Learning Objectives

Upon completion of this program, participants should be able to:

- Discuss 2019 American Diabetes Association medication management recommendations including various classes and clinical indications
- Review diet parameters and specific nutrient needs for all stages of chronic kidney disease
- Examine the role of SGLT2 inhibitors from a nephrology perspective and clinical outcomes
- Define childhood obesity and identify nutritional habits that cause weight gain in children
- Review the prevalence of type 2 diabetes in Children and explore treatment options
- Explore the use of Continuous Glucose Monitoring and which patients may best benefit
- Discuss the current guidelines for prescribing physical activity to persons with diabetes and best practices

Faculty

Anita Aarestad, RDN, LRD, CSR — Nephrology, Sanford Broadway Medical Building

Gautam Phadke, MD — Nephrology, Sanford Broadway Medical Building

Darshan Khangura, MD — Endocrinology, Sanford Southpointe Clinic

Abby Wetterling, RDN, LRD, CDE — Pediatric Endocrinology, Sanford Broadway Clinic

Luis Casas, MD — Pediatric Endocrinology, Sanford Broadway Clinic

Vanessa Skolness, NP — Endocrinology, Sanford Southpointe Clinic

Stephanie Critchley, RDN, LRD, CDE — Diabetes Education, Sanford Southpointe Clinic

Brad Hintermeyer, CEP, ACSM — Exercise Physiology, Sanford Southpointe Clinic

Program Agenda

7:30 -8:25 a.m.	Registration, continental breakfast & exhibits
8:25-8:30 a.m.	Welcome and Introductions
8:30-9 a.m.	Nutrition for Diabetes and Kidney Disease Anita Aarestad, RDN, LRD, CSR
9-10 a.m.	The Role of SGLT2 Inhibitors: A Nephrologist's Perspective Gautam Phadke, MD
10-10:15 a.m.	Break & Exhibits
10:15-10:45 a.m.	Nutrition Therapy for Childhood Obesity and Type 2 Diabetes Abby Wetterling, RDN, LRD, CDE
10:45-11:45 a.m.	Treatment of Type 2 Diabetes in the Pediatric Population Luis Casas, MD
11:45 a.m.-12:45 p.m.	Lunch & Exhibits
12:45-1:45 p.m.	Diabetes and Physical Activity Bradley Hintermeyer, CEP, ACSM
1:45-2 p.m.	Exhibits
2-3 p.m.	Diabetes Medication Update Darshan Khangura, MD
3-4 p.m.	The Future of Diabetes Management: Continuous Glucose Monitoring Vanessa Skolness, NP & Stephanie Critchley, RDN, LRD, CDE
4 p.m.	Adjournment

For your comfort, we recommend dressing in layers as it is difficult to control the room temperature in conference facilities.

Faculty and/or presentations may be subject to change.

Participants with disabilities who require assistive devices and accessible meeting rooms in order to attend this educational activity may call Sanford LEAD Center at (701) 417-4802, (800) 437-4010 or TDD (701) 234-6655.

Continuing Education

Credit/Contact Hours

Sanford Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Sanford Health designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Sanford Health is an approved provider of continuing nursing education by Ohio State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91) (OH-467, 1/1/2020).

CME 5.75 Contact hours

ANCC 6.0 Contact hours

Sanford Health (BOC AP#: P2211) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 6.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.



Application to Commission on Dietetic Registration for 6.25 contact hours.

Accommodations

A block of rooms have been reserved at the Delta by Marriott. Room reservations must be received September 19th to get the special rate of \$99 per night. Reservations can be made by calling (701) 277-9000.

[Book your group rate for SANFORD DIABETES](#)