

ADULT & CONTINUING EDUCATION 2023

SHORT COURSES & WEEKEND WORKSHOPS
WEST AUCKLAND



FOR MORE COURSES AND INFORMATION, VISIT OUR WEBSITE:
WWW.WESTAUCKLANDCOMED.CO.NZ

ADULT & COMMUNITY EDUCATION PROVIDERS

Rutherford College

Kotuku Street, Te Atatu Peninsula, Waitakere 0610. PO Box 45-327 Te Atatu

Email: commed@rutherford.school.nz - www.rutherfordcomed.co.nz

Ph: 834 4099 - **Facebook:** [rutherfordnightclass](https://www.facebook.com/rutherfordnightclass)



Office Hours: Monday - Wednesday 9am - 8pm
Thursday - Friday 9am - 2pm

School Holidays: Our office is closed, however we clear mail, phone messages, emails and online registrations regularly.

Please Note - Some courses may incur additional material fees



Glen Eden Community House

13 Pisces Road, Glen Eden P.O. Box 20 559, Glen Eden, 0641

Ph: 818 2194 - **Email:** admin@glenedencommunityhouse.co.nz
www.glenedencommunityhouse.co.nz



Literacy Waitakere

Level 1, 3055 Great North Road

P O Box 15742, New Lynn, Waitakere 0640 - **Ph:** 09 825 0220

Email: info@literacywaitakere.org.nz - www.literacywaitakere.org.nz



Sturges West Community House

58 Summerland Drive, Henderson, 0612 - **Ph:** 837 1938

Email: sturgeswestcomhouse@xtra.co.nz
www.sturgeswestcommunityhouse.co.nz

Further Training

 Apprenticeships, training, youth, NZQA and certificate courses.

Club Physical (Pg 16)	Ph: 09 414 3976	www.clubphysical.co.nz/locations/te-atatu/
EmployNZ (Pg 10)	Ph: 0800 002 159	www.employnz.co.nz/esol-auckland
English Language Partners (Pg 11)	Ph: 09 827 7882	www.englishlanguage.org.nz
Glen Eden Community House (Pg 12)	Ph: 09 818 2194	www.glenedencommunityhouse.co.nz
Literacy Waitakere (Pg 8)	Ph: 09 825 0220	www.literacywaitakere.org.nz
Rutherford College (Pg 9)	Ph: 09 834 3305	www.rutherford.school.nz
Rutherford College Community Education (Pg 10)	Ph: 09 834 4099	www.rutherfordcomed.co.nz
Sturges West Community House (Pg 13)	Ph: 09 837 1938	www.sturgeswestcommunityhouse.co.nz
Unitec Institute of Technology (Pg 15)	Ph: 0800 10 95 10	www.unitec.ac.nz
Vision West Home Healthcare (Pg 14)	Ph: 027 808 9822	www.homehealthcare.org.nz/careers
Women's Centre Waitakere (Pg 14)	Ph: 09 838 6381	www.womenscentre.org.nz

ART, CRAFT & PHOTOGRAPHY

Acrylic & Water Based Oil Painting

at Rutherford or Sturges West - From \$90

Anime Art

at Rutherford College - From \$120

Creative Drawing - an Introduction

at Rutherford College - From \$120



Crochet for Beginners

at Rutherford College - From \$135

Dot Art Workshop

at Rutherford College - From \$99

Embroidery - Contemporary & Textured Stitches

at Rutherford College - From \$75

Felt Sewing

at Rutherford College - From \$120

Floral Art

at Rutherford College - From \$109



Maori Carving & Culture

at Rutherford College - From \$110

Mosaics

at Rutherford College - From \$129

Pattern Making

at Rutherford College - From \$95



Photography

at Rutherford College - From \$65

Picture Framing

at Rutherford College - From \$139

Pottery / Slip Casting

at Rutherford College - From \$249

Raranga - Flax Weaving

at Rutherford College - From \$69

Resin Art

at Rutherford College - From \$149

Sculpture Painting

at Rutherford College - From \$99

Sewing - Beginners & Beyond

at Rutherford College - From \$129

Soft Stone Sculpture

at Rutherford College - From \$149

Water Colour Painting

at Rutherford or Glen Eden - From \$120



Glass Fusing

at Rutherford College - From \$99

Jewellery Making

at Rutherford College - From \$50

Leather Craft

at Rutherford College - From \$149



BUSINESS, FINANCE & COMPUTERS

Accounting for Residential Property Income

at Rutherford College - From \$129

Bookkeeping, Accounting and Taxation

at Rutherford College - From \$149



Build an Awesome LinkedIn Profile

at Rutherford College - From \$119

Digital Cleanse

at Rutherford College - From \$20

Google Workshop

at Rutherford College - From \$69

InDesign

at Rutherford College - From \$99

Keyboard / Touch Typing Skills

at Rutherford College - From \$49

KiwiSaver

at Rutherford College - Free

Marketing your Small Business

at Rutherford College - From \$59

Microsoft Excel

at Rutherford College - From \$79

Microsoft Office

at Rutherford College - From \$120



Mobile Phone Photography and Editing

at Rutherford College - From \$40

Photoshop

at Rutherford College - From \$59

Property Management Made Simple

at Rutherford College - From \$59

Share Trading

at Rutherford College - From \$99



Social Media Marketing for Small Business

at Rutherford College - From \$89

Starting and Managing a Small Business

at Rutherford College - From \$120

Steps to Financial Freedom

at Rutherford College - From \$75

Video Editing for Social Media

at Rutherford College - From \$49

Xero Web Based Accounting

at Rutherford College - From \$79



GENERAL INTEREST

▣ Dog Obedience

at Rutherford College - From \$129



▣ Capsule Wardrobe Creation

at Rutherford College - From \$29

▣ Eating for Womens' Wellbeing

at Rutherford College - From \$99

▣ Family History Research

at Rutherford College - From \$95

▣ Look Fabulous after 40

at Rutherford College - From \$29

▣ Makeup Artistry

at Rutherford College - From \$79

▣ Rongoa - Traditional Māori Medicine

at Rutherford College - From \$99

▣ Speaking With Confidence

at Rutherford College - From \$75

▣ Successful Event Planning

at Rutherford College - From \$65

▣ Style on a Shoestring

at Rutherford College - From \$29



▣ Write - A - Will

at Rutherford College - From \$25

▣ Writing

at Rutherford College - From \$110



RECREATION, MUSIC & DANCE

▣ Golf for Beginners

at Rutherford College - From \$159

▣ Guitar - Acoustic

at Rutherford College - From \$85



▣ Salsa & Bachata

at Rutherford College - From \$99



▣ Tai Chi Qigong

at Rutherford College - From \$75

▣ Ukulele

at Rutherford College - From \$75

▣ Yoga

at Rutherford College - From \$85



HOME, GARDEN & DIY

□ Basic Car Maintenance

at Rutherford College - From \$129

□ Basic Home Maintenance & DIY

at Rutherford College - From \$99



□ Botanical Face Creams

at Rutherford College - From \$85

□ Candle Making with Soy Wax

at Rutherford College - From \$125



□ Producing Vegetables and Fruit from a Small Urban Garden

at Rutherford College - From \$99

□ Propagating from Seeds

at Rutherford College - From \$37

□ Pruning & Grafting

at Rutherford College - From \$37

□ Soap Making

at Rutherford College - From \$90

□ Solid Shampoo and Conditioner Bars

at Rutherford College - From \$85



□ Successful Plant Propagation

at Rutherford College - From \$39

□ Vegetative Propagation

at Rutherford College - From \$37



□ Container Gardening

at Rutherford College - From \$39

□ Engine Repairs

at Rutherford College - From \$110

□ Growing and Caring for Indoor Plants

at Rutherford College - From \$49

□ Picture Framing

at Rutherford College - From \$145



□ Welding - Beginners & Beyond

at Rutherford College - From \$389

□ Woodwork & Woodturning

at Rutherford College - From \$120



IN THE KITCHEN

□ Argentine Cuisine

at Rutherford College - From \$45

□ Amazing Arancini Balls

at Rutherford College - From \$45

□ Baking

at Rutherford College - From \$65

□ Balinese Cuisine

at Rutherford College - From \$99

□ Barista Courses with NZQA Credits

at Rutherford College - From \$269

□ Cupcake & Cake Decorating

at Rutherford College - From \$25

□ Cheesemaking

at Rutherford College - From \$99

□ Chutneys, Relishes & Preserves

at Rutherford College - From \$65

□ Cooking with Confidence

- No experience needed!

at Rutherford College - From \$65

□ Curry Night

at Rutherford College - From \$40



□ Dumpling Night

at Rutherford College - From \$40

□ Food Hygiene Certificate

at Rutherford College - From \$169

□ Indian Cooking

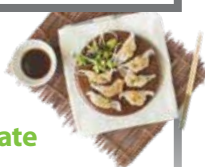
at Rutherford College - From \$65

□ Italian Cooking

at Rutherford College - From \$65

□ Kombucha

at Rutherford College - From \$35



□ Korean Cuisine

at Rutherford College - From \$65

□ Lebanese Cuisine

at Rutherford College - From \$99

□ Making Sauerkraut

at Rutherford College - From \$50

□ Malaysian Cooking

at Rutherford College - From \$65

□ Mediterranean Cuisine

at Rutherford College - From \$65

□ Mexican Cuisine

at Rutherford College - From \$65

□ Pasta Making

at Rutherford College - From \$65

□ Plant Based Cooking

at Rutherford College - From \$115

□ South East Asian Cuisine

at Rutherford College - From \$50

□ Spanish Tapas

at Rutherford College - From \$75

□ Sugar Roses - With Fondant

at Rutherford College - From \$50

□ Tasty Thai Cooking

at Rutherford College - From \$75

□ Vegetarian Cooking - Indian Style

at Rutherford College - From \$65

□ Vietnamese Street Food

at Rutherford College - From \$65






Literacy Waitākere

Whāia te ara ako

Tuition is FREE

to learners who meet our conditions

Enrol at any time

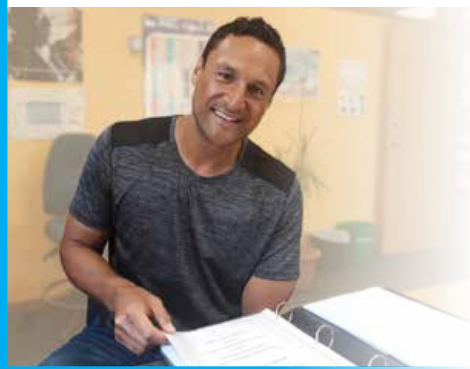
 Phone: 825 0220 to make a time to see us

 3055 Great North Rd, New Lynn

 Email: info@literacywaitakere.org.nz

 www.literacywaitakere.org.nz

 www.facebook.com/literacywaitakereorg



- Learn in small groups, work towards your own goals with qualified and experienced tutors.
- Catch up with learning missed at school.
- Learners must be 16 or over, not in full time education, and have citizenship or permanent residency.
- Employers and community groups – we can customize modules to meet your needs.

** All courses are subject to funding, group numbers and tutor availability.*

Read, Write, Spell

Reading & understanding, writing & spelling, speaking & listening. Learn what you want to learn at your own pace.

Everyday Maths and Financial Literacy

For shopping, budgeting, discounts, interest rates & work skills.

Learner Licence

Learn the Road Code to sit your Learner Licence.
- *Two sessions a week for six weeks.*
- *Runs once a term.*

Computer Skills

For learners attending other groups with us.

Computer Beginner

Start from scratch with Windows and the internet.

Computer Intermediate

Focus on computer skills for work including email, office programmes like Word and Excel, applying for jobs online, CV and cover letters.

Digital Literacy Skills

Get online with Google Workspace and a Chromebook in a short course. Internet search, being safe online, Google Docs, saving and finding files in the cloud, shopping, transport apps, social media.

Tuhi-a-kōrero

NZ English and pronunciation for life and work.

ESOL Academic English and IELTS Preparation

Higher level reading, writing, listening and speaking to prepare for an IELTS or OET exam, or progress to higher level study.

Find Strength in Uncertainty: Strategies for Stress

8 week course: Discover ways to recover from stress and setbacks, and rewire your brain for resilience.

Work Readiness

8 week course: Identifying your skills, CV and cover letters, job applications, interview skills, employment rights and responsibilities.

NCEA, LITERACY & LANGUAGES

Hola

Bonjour

Hallo

こんにちは

▣ Barista Course with NZQA Credits

at Rutherford College - From \$269

▣ Food Hygiene Certificate

at Rutherford College - From \$169

▣ LCQ - Liquor Controller Qualification

at Rutherford College - From \$199

▣ NCEA English - Level 1 and 2

at Rutherford College - From \$159

▣ NCEA Mathematics - Level 1 and 2

at Rutherford College - From \$109

▣ Workplace First Aid

at Rutherford or Glen Eden - From \$99



▣ Languages

at Rutherford College - From \$99



Chinese



Samoan



Dutch



Spanish



French



Te Reo Maori



German



NZ Sign Language



Italian



Japanese



Korean



▣ ESOL

at Rutherford College - From \$15



RUTHERFORD COLLEGE WELCOMES ADULT STUDENTS

If you are 19 years of age or older you can join our students in timetabled classes during the day.

You can study any of our school subjects leading to NCEA qualifications.

This is an excellent way of gaining skills and qualifications in preparation for further study.

For more information contact:

Rutherford College - Careers Department
Kotuku Street, Te Atatu Peninsula

Phone: 8343305 DD1

Email: careers@rutherford.school.nz

FREE ESOL Courses

Learn practical English for life in New Zealand with EmployNZ's highly skilled teachers.

These courses are for Refugees, Migrants, and New Zealand Residents or Citizens where English is your second language.

We have 2 training centres:

- 275 Onehunga Mall, **Onehunga**
 - 404 Great North Rd, **Henderson**
- Both are close to public transport.

Complete these 20-week ESOL courses with us to get ready for a job or higher level study:

1. **Beginner English**
2. **English for Everyday Life in NZ (Elementary)**
3. **English for Work & Study (Pre-Intermediate)**

We also have ESOL Part-time classes available.

Ready to join our FREE ESOL classes?

Apply Now

Call 0800 002 159

or visit www.employnz.co.nz/esol-auckland



EmployNZ
Training for Employment



FREE ESOL COURSES

-  Day & Night Time
-  Student Visas Available
-  PELTS Students Welcome



Rutherford College

Tohea – To strive for personal excellence

Special conditions apply

www.rutherfordcomed.co.nz

Kotuku Street, Te Atatu Peninsula - Ph: 834 4099 - Email: commmed@rutherford.school.nz

FREE!*

English for adults

با ما انگلیسی بیاموزید.

저희와 함께 영어를 배웁시다.

साडे वेळो मंगरेनी सिधे

Kaalay, Ingiriiska aynu si wada jir ah u baranno

私たちと英語を学ぶ

Cùng Học Anh Ngữ Với Chúng Tôi

हमारे साथ अंग्रेजी सीखो

မိမိတို့နှင့်အတူ အင်္ဂလိပ်စာ သင်ယူပါ။

เรียน ภาษา อังกฤษ กับ เรา

跟我们学英文

تعلم الإنجليزية معنا

Ao'ao lau gagana Peretania ma I matou



English for everyday life

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Address Level 1, 3091 Great North Road, New Lynn

Email auckland@englishlanguage.org.nz

Web www.englishlanguage.org.nz

*Free for New Zealand resident visa holders and citizens.



GLEN EDEN COMMUNITY HOUSE

13 Pisces Rd, Glen Eden P: (09) 818 2194

E: admin@glenedencommunityhouse.co.nz

W: www.glenedencommunityhouse.co.nz

****Contact us for more info or enrolment**



Body Rhythm Yoga

Tuesday - 10am - 11.30am - \$12 casual / \$100 p/term.
Weekly sessions which include a gentle yoga class suitable for all levels of fitness. With a 1/2 hour yoga Nidra to finish. Bring a blanket/mat & water bottle.

Term 1 - 31 Jan Term 2 - 2 May
Term 3 - 18 Jul Term 4 - 10 Oct

Busy Fingers Stitch & Yarn Hand Craft Group

Thursday - 10am - 2pm - \$4 p/session.
Social group - help keep traditional crafts alive, share your knowledge & ideas with others while working on your own project.
Also available - learn basic crochet or knitting.

Term 1 - 2 Feb Term 2 - 27 April
Term 3 - 20 Jul Term 4 - 12 Oct

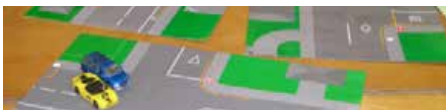
Watercolour Painting

Wednesday - 9.30am - 12.30pm - \$125. 8 weeks -
Materials extra - Beginners & Advanced. Learn to paint watercolours using a variety of techniques.

Term 1 - 15 Feb Term 2 - 3 May
Term 3 - 19 Jul Term 4 - 11 Oct

Kundalini Yoga with Donna ***NEW***

Starting - 1 Feb - 6.30pm - 7.30pm. \$12 p/class.
Suitable for everyone, no previous experience required. Incorporating yoga postures, chanting, meditation, and a deep relaxation with a gong bath. Bring along your yoga mat, a cushion or blanket. Ph: Donna - 021910077 or
Email: admin@glenedencommunityhouse.co.nz



First Aid Refresher Course

Saturday - 8.30am - 3.15pm - \$105
Current certificate to be no more than 27 months.

Term 1 - 11 Mar Term 2 - 10 Jun
Term 3 - 2 Sept Term 4 - 18 Nov



First Aid for Workplace - Comprehensive

Saturday - 8.30am - 5.30pm - \$130
The minimum qualification recommended by Work Safe NZ. NZQA units: 26551 & 26552.

Term 1 - 11 Mar Term 2 - 10 Jun
Term 3 - 2 Sept Term 4 - 18 Nov



Learner Licence Course

Tuesday & Wednesday - 6.30pm - 8.30pm
\$25 - 6 sessions over 3 weeks. Take the first steps to becoming a fully licensed driver. Instruction & explanation of the road rules. Must supply your own current Road Code.

Term 1 - 28 Feb Term 4 - 31 October



Other Groups

For more information, contact:

Steadfast Church Ministries

Pastor Elia - 021 264 4110

Poetry Appreciation (through U3A)

Doreen - 09 818 4704

West Auckland Tramping Group

David - 09 835 3272 Email: spiersy37@hotmail.com



Hire the Community House for tutoring, meeting, information session or even your child's next pre-school birthday party. *Great facility with: kitchen, covered deck area, fenced playground for littlies, parking at the rear of the building, good wheelchair access, standard size trestle tables & chairs. Contact us for bookings/further information.*



Sturges West Community House

STURGES WEST COMMUNITY HOUSE

58 Summerland Drive, Henderson 0612

Phone (09) 837 1938

Email – sturgeswestcomhouse@xtra.co.nz

www.sturgeswestcommunityhouse.co.nz

We have the following classes available on a term basis, please ring/email our Co-ordinator to enrol

Acrylic/Water-Based Oil Painting

Join us for this popular class where you will gain knowledge and confidence in a stimulating and supportive environment.

Each term runs for 8 weeks at \$90 (plus materials)

Time 1.30pm – 3.30pm

Term 1 – starts Friday 3rd February 2023

Term 2 – starts Friday 5th May 2023

Term 3 – starts Friday 28th July 2023

Term 4 – starts Friday 20th October 2023

Pencil Drawing

Explore pencil drawing including line, tone, light and shadow also a little Art History as well.

Each term runs for 8 weeks at \$90 (plus materials)

Time 10am – 12noon

Term 1 – starts Friday 3rd February 2023

Term 2 – starts Friday 5th May 2023

Term 3 – starts Friday 28th July 2023

Term 4 – starts Friday 20th October 2023



Beginners Pencil Drawing

Pencil Drawing for beginners a great class for all to learn together with our wonderful art tutor.

Each term runs for 8 weeks at \$90 (plus materials)

Time 10am – 12noon

Term 1 – starts Monday 13th February 2023

Term 2 – starts Monday 1st May 2023

Term 3 – starts Monday 25th July 2023

Term 4 – starts Monday 30th October 2023 (6 weeks only)

Spanish (Beginners/Intermediate)

Come and join our wonderful tutor, learn in a fun and relaxed environment, our courses cover grammar and conversation skills to get you started whether heading overseas or the challenge of a 2nd (or 3rd) language.

Beginners class is on **Wednesday** from 7pm – 8.30pm

Term 1 – starts Wednesday 8th February 2023

Term 2 – starts Wednesday 3rd May 2023

Term 3 – starts Wednesday 26th July 2023

Term 4 – starts Wednesday 18th October 2023

Each term runs for 8 weeks at \$90

Intermediate class is on **Tuesday** from 7pm – 8.30pm

Term 1 – starts Tuesday 7th February 2023

Term 2 – starts Tuesday 2nd May 2023

Term 3 – starts Tuesday 25th July 2023

Term 4 – starts Tuesday 17th October 2023

Each term runs for 8 weeks at \$90

We also have Walking Groups, Card Groups, Knitting Group, Yoga, Heartbeats Group, Playgroups, Embroiderers OutWest, Toastmasters, Hawaiian Dance, Bellydance, Weight Watchers, Miniature War Gaming and Board Gaming Club.

Please see our website www.sturgeswestcommunityhouse.co.nz for more details.



CONFERENCE ROOM

We have a conference room here at Sturges West available for groups of up to 20 for small conferences, training, meetings etc. The room includes; Unlimited WiFi, 50" TV Screen, Kitchenette, Whiteboard, Air Conditioning, Heat Pump, Chairs and Tables. Not for Profit and Commercial rates.

Please call (09) 837 1938 for further information.



SUPPORT WORKERS NEEDED

Support workers are needed to assist clients in their own homes with showering, housework, shopping, meal preparation and passive exercises.

Full training is provided. Entry Level applicants can apply now! Full drivers licence and reliable vehicle, good communication skills with clear spoken English and a New Zealand residency or valid work permit essential. Starting rate from \$21.50 per hour.

APPLY TODAY!

P 027 808 9822

E HR@visionwest.org.nz

homehealthcare.org.nz/careers

supporting independence | *Kia Tāmanakotia*



**Home
Healthcare**
AUCKLAND



WOMEN'S CENTRE WAITAKERE

We are committed to providing affordable, confidential and effective counselling for women.

DEALING WITH DIFFICULT EMOTIONS

Helping women unpack uncomfortable emotions and learn strategies to work them through.

CHANGE, GROWTH AND TRANSFORMATION

Breaking the cycle of unhealthy relationships.

**COURSES HELD EACH TERM,
CONTACT US FOR START DATES**

6 Week Courses. Suggested Koha \$5/session
PLEASE contact us if this cost will prevent you from attending

WE SUPPORT, WE CONNECT, WE STRENGTHEN
E tautoko ana, e honoana, e whakapakari ana matou

111 McLeod Rd, Te Atatu - Phone: 838 6381 - Email: info@womenscentre.org.nz
f womenscentrewaitakere - Web: www.womenscentre.org.nz

Find your thing at Unitec

100+ courses to choose from



Architecture
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Computing &
Information Technology
Construction
Creative Industries
Early Childhood Education
Engineering
English Language
Environmental & Animal Sciences
Foundation & Bridging Education
Healthcare
Social Work & Community Development
Sport, Exercise & Recreation
Supported Learning
Trades

Enrol Now for February 2023

Q Study at Unitec



“A higher level of fitness will strengthen your body AND your mind. I live by this”

Brahm Richards – Club Physical Team

- Rutherford College Dux Ludorum 2014 & 2015
- Youth Olympics contender 2014
- Commonwealth Games – 2018 & 2022
- Oceania Champion – Judo and Wrestling
- Australia Cup 2019
- Six times NZ Judo Champion
- Seven times NZ Wrestling Champion
- Karate Black Belt



CLUB PHYSICAL
you belong

**Try five days
for just**

\$29

Club Physical – 278 Te Atatu Road (next to Wendy's)