

July 2023

Celebrating July

**Family
Reunion Month**

**Park and
Recreation Month**

**World Watercolor
Month**

**Canada Day
July 1**

**Air Conditioning
Appreciation Days
July 3–31**

**Independence Day
(U.S.)
July 4**

**Swimming Pool
Day
July 11**

**Hammock Day
July 22**

**World Nature
Conservation Day
July 28**



Ms. Helen , and her daughter
Angela enjoy a picnic!

Our Lady Of Hope

**13700 North Gayton Road Richmond, VA 23233
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Happy Fourth of July!!!!

We are officially in the “Good Old Summertime”! July brings warmer weather as well as all the wonderful fruits and vegetables of the season to be enjoyed. It is hard to believe how quickly this year is passing.

We had so much fun last month with so many great activities. The Father’s Day Cruise- In and Cookout was an enormous success with many attending, enjoying the tasty food, lovely weather and viewing the wonderful vintage cars. In addition, “Parrots on Paradise” was a hit with our residents who took turns petting the parrots and being their temporary “roost” when they rested on their shoulders! Check out all the photos on our website.



Mr. Bill and his son Tom enjoy the
Antique Car show!

We would like to thank all those who donated and participated in our recent “Longest Day” Fundraiser for Alzheimer’s research. We had a lot of fun and supported a very worthwhile cause!

This month, as a community outreach and fulfill our own sense of purpose, Commonwealth Catholic Charities, JAVA Music Club and the residents of Our Lady of Hope, are joining together in a service project to collect new items for use by foster children in the Richmond area. Many times, these children are moved from place to place with only a trash bag to hold their belongings and little else. A complete “wish” list is available in the lobby or reception office. We will continue to receive donations until August 1. Anything you can do is much appreciated.

We look forward to a fun-filled July! Of course, we will have many, many trips planned. Trips of scenic rides to different areas enjoying the nice weather and to see the sites! Trips for “retail therapy” for shopping at our favorite stores such as Macy’s, Target, Walmart, etc.

The first week of July is “Spirit Week.” Each day has a fun filled activity – Nerd Day, Red, White & Blue Day; Funky-Crazy Hair Day; Dress Like Favorite Book Character and Formal Clothing Day. Something for everyone!

Some additional planned activities this month: The Joy of Painting by Dori, the music of Gayton Baptist Camp Choir and Special Music by Dan just to name a few! Always something fun planned. Check your calendars...you do not want to miss the fun!

A note from Director of Life Enrichment, Julia Stankova: I will be leaving Our Lady of Hope to pursue a new career opportunity on July 15. I have enjoyed all the many friends I have made while here and thank you all for what you do to make our residents happy.

May your month be filled with miracles, blessings, and wonderful surprises. Have a safe July 4th!



Ms. Doris poses at the park on
a beautiful day!

Summer is all about fun here at Our Lady of Hope!



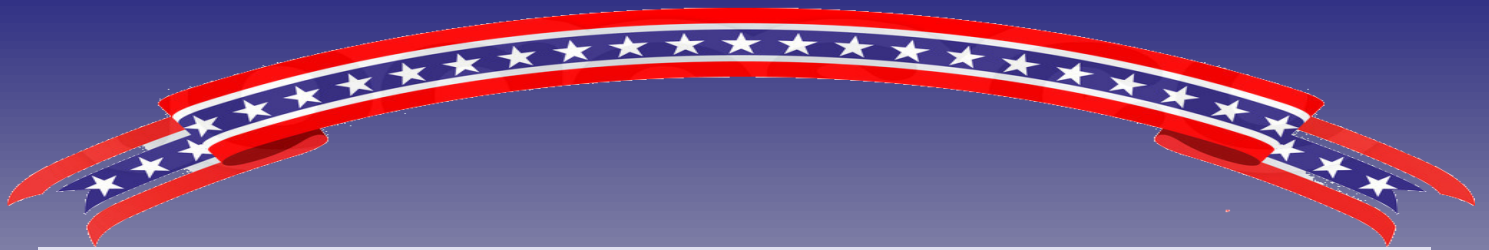
RETAIL
therapy



THE LONGEST DAY

alzheimer's association





Message from our Director of Pastoral Care

July 4, 2023, will be the 247th Year we celebrate Independence Day. A time of celebrating liberty, justice, and freedom. Historically the Declaration of Independence was signed on July 4, 1776. In part it reads, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

Even though the Declaration of Independence is considered one of the most important documents in American history declaring life, liberty, and justice. The true declaration of life, liberty, and justice: "Freedom," is a gift freely offered through Christ Jesus, "*I am the way the truth and the life.*" John 14:6 As Christians, we have freedom through Christ Jesus, 2 Corinthians 3:17 reminds us that: "*Now the Lord is Spirit and where the Spirit of the Lord is, there is Freedom.*"

As you enjoy the hot days that summer will bring our way, remember to freely to share and show the gift of freedom by way of God's wonderful love. The gift that keeps on giving.

Peace and Blessings,

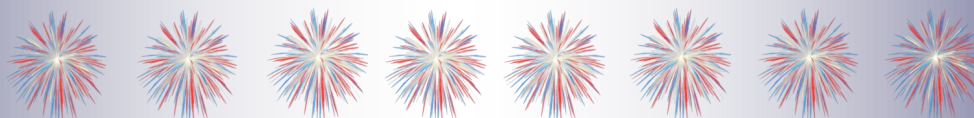
Chaplain Felicia Barwell



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June Memories



Happy Birthday!

7/1 Margaret Hoppe
7/5 Bessie Marie Hodges
7/5 Sara Parker
7/8 Julia Reissner
7/8 Gerald Levesque
7/9 Susan "Sue" Bradley
7/9 Melvin "Mel" Ressler

7/12 Rosemarie O'Keeffe
7/23 Anna Fierro
7/26 Jeanne Woodburn
7/27 Lillian Traver
7/28 Dolores Diekemper
7/29 Saida Ljubijankic
7/31 Elinor Powell



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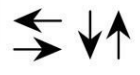




July 4th

Word Search Puzzle

D	E	C	L	A	R	A	T	I	O	N	Y	Y	C
C	T	J	V	K	H	I	S	T	O	R	Y	Z	W
L	H	C	T	R	X	A	F	R	E	E	D	O	M
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G	R	N	I	Y	B	V	B	J	Q	O	O	R	D
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FIREWORKS
HISTORY
JULY
PRIDE

LIBERTY
DECLARATION
FAMILY
INDEPENDENCE

NATION
SUMMER
PATRIOTISM
FREEDOM