

Implementing a Fluoroless Approach to Ablation The Unleaded Experience

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Radiation Risk

- Radiation exposure from CV imaging has been identified by the American College of Cardiology as a safety concern
 - ALARA As Low As Reasonably Achievable
- Background radiation exposure 3.1 mSv/year
 - 1 mSv = 10 chest X-rays
 - Diagnostic Cath 7.6 +/- 6 mSv
 - TAVR 25.6 +/-6.2 mSv
 - Cardiac CTA 8-12 mSv
 - AF ablation 15 mSv



• Obese patients have 75% greater dose during imaging

Andrea K et al. Patient radiation exposure and influencing factors at interventional cardiology procedures. Phys Med 2016;32(Suppl 3):324

























Benefits of Zero Fluoroscopy

- Reduce risks of
 - Malignancy
 - Cataracts
 - Benign tumors
 - Genetic defects
 - Radiation Burn
 - Orthopedic injury (lead aprons)

Reduced fluoroscopy has its advantages...

- Repeated Exposure over time is dangerous to Patients, Physician, and Staff
- Especially advantageous for:
 - childbearing women
 - younger women who may be planning a family in future
 - younger patients
 - history of cancer
 - history of skin damage
 - patients who may need repeat procedures