

# HOW CAN I HELP A FRIEND/PEER /STUDENT IN DISTRESS OR CRISIS? (GB CAMPUS)

## IS THE STUDENT EXPERIENCING SUICIDAL THOUGHTS?

"I am here to listen and help."  
 "Are you thinking about suicide?"  
 "Are you thinking about hurting yourself?"



**MILD RISK**  
 THE STUDENT IS IN DISTRESS, BUT NOT REPORTING SUICIDAL THOUGHTS OR PLAN AND INTENT. CHOOSE ANY OF THE LISTED REOURCES.

"I am going to stay with you and make sure you connect with someone who can be of support."  
 "Have you thought about how or when you would do it?"



## DOES THE STUDENT REPORT A PLAN FOR SUICIDE?



**HIGH RISK**  
 THE STUDENT IS REPORTING SUICIDAL THOUGHTS WITH A SPECIFIC PLAN. STAY WITH THE STUDENT AND CHOOSE FROM THE OPTIONS, BASED ON YOUR LOCATION.

(On Campus) Call **920-403-3299**, the **St. Norbert College Emergency Campus Safety Line**, Available **24/7**

(Off Campus) Call **920-436-8888**, the **Family Services Crisis Center**, Available **24/7**

(Off Campus) Call **911** and request **Crisis Intervention Team (CIT) Officer**, Available **24/7**

**REMINDER: NOTHING IN YOUR STUDENT HEALTH RECORD ENTERS YOUR ACADEMIC RECORD!**

Connect with Student Behavioral Health Resource Navigator, **Kerri Corcoran, 414-955-4219, kcorcoran@mcw.edu** and/or **Dr. David Cipriano 414-314-5562**

Encourage student to schedule a counseling visit by calling **(833) 927-1860**  
**Students get 10 unbilled visits per year**

Call **715-845-4326** or (toll free) **800-799-0122**, the **(Marathon County) North Central Healthcare Crisis Line**, Available **24/7**

Utilize mental health crisis lines 24/7

- **988** for National Suicide Prevention Line
- **1-866-488-7386** for LGBTQ Trevor Project Support Center
- **1-877-565-8860** for Trans Lifeline's Peer Support Hotline

Utilize the Wisconsin Crisis Text Line: Text **"HOPELINE"** to **741741**

Student Health and Wellness Website: <https://www.mcw.edu/education/academic-and-student-services/student-wellness> or email: [student\\_health@mcw.edu](mailto:student_health@mcw.edu)

Encourage student to schedule a counseling visit by calling **(833) 927-1860, Com Psych, St. Norbert Counseling Services at 920-403-3045 OR Bellin Psychiatric Services at 920-433-6073, Option 1.**  
**Students get 10 unbilled visits per year**

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Connect with **Dana Daggs**, Student Services Manager, at (o) **920-403-4501** OR (c) **920-362-1780**

Connect with Student Behavioral Health Resource Navigator, **Kerri Corcoran, 414-955-4219, kcorcoran@mcw.edu**

Use the **Concern Navigation Tool** on Infoscope to report concerns anonymously on EthicsPoint

Additional Behavioral Health Locations:

- <https://findtreatment.samhsa.gov>
- [psychologytoday.com/us](https://psychologytoday.com/us)

