







November 5, 2014

#### REPORT CARDS/SKYWARD FAMILY ACCESS

First quarter ends on Friday, November 7th which means that report cards will be available the following week on Wednesday, November 12<sup>th</sup> for grades 1 thru 8. Grades K4 and K5 receive report cards for 1<sup>st</sup> and 2<sup>nd</sup> semester only.

First quarter report cards will be available online thru the Skyward Family Access link on Wednesday, November 12<sup>th</sup> for grades 1 thru 8.

The Skyward Family Access link is available from our website <a href="mylakecountryschool.org">mylakecountryschool.org</a>. Under the report card link of your child's account his/her report card will be updated each quarter.

If you don't have or have misplaced your login information, please contact the school office at 262-367-3606.

#### BLUE SHIRT DAY - Tomorrow, Thursday, November 6th!

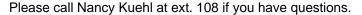
#### **BOY'S BASKETBALL SIGNUP**

The signup for boys' basketball will be open until Friday, November 17th thru Skyward Family Access. You will need your login and password.

#### Follow these directions:

- After logging in to Skyward Family Access, click on Fee Management on the left side of screen
- Under your son's name, click on Make a Payment
- Under your son's name, click next to Fee Management Payment, then click Update Payment Amount
- Click on Display Fee
- Check the box Display Unenrolled Activity Fees, and Save
- Find, Click on, and Add your son's grade level basketball fee
- Proceed to pay fee thru our vendor RevTrack

NOTE: 4<sup>th</sup> grade basketball does not have a fee <u>HOWEVER</u>; you still need to add it to your account to get on the basketball roster.





#### **VOLUNTEERS AND VISITORS**

Volunteers and Visitors are asked to sign-in each time you visit Lake Country using our computer & badge system. The system serves multiple purposes: increased security for our students, tracking the number of guests visiting our building, and logging the number of hours graciously donated by parents and loved ones to make LCS such a wonderful school. The office staff would be happy to call the classroom to check the teachers' availability if you are popping in for an unplanned visit. Thank you for your cooperation.



Lake Country School District 1800 Vettelson Road Hartland, WI 53029

Phone: (262) 367-3606 FAX: (262) 367-3205

#### **KEEPING YOUR CHILD HEALTHY THIS SCHOOL SEASON**

Q: Why should my child get vaccinated against influenza (flu)?

**A:** Influenza (flu) is a contagious respiratory disease that can lead to serious complications, hospitalization, or even death. Anyone can get the flu, and vaccination is the single best way to protect against influenza. Even healthy children and adults can get very sick from the flu and spread it to family and friends.

Q: Why should my child get vaccinated against influenza every year?

A: There are two reasons for getting a yearly flu vaccine.

- 1) The first reason is that because flu viruses are constantly changing, flu vaccines may be updated from one season to the next to protect against the most recent and most commonly circulating viruses.
- 2) The second reason that annual vaccination is recommended is that a person's immune protection from vaccination declines over time and annual vaccination is needed for optimal protection.

Q: How can I protect my child from Eboli, should it continue to spread across the United States?

**A:** The one way to protect your child from Eboli is to have your child have a flu shot. The reasoning behind this is that part of the diagnosing of any disease is through the process of elimination. If your child has been vaccinated against influenza, then that will aid your child's physician toward other possibility causes for illness, such as Enterovirus D68 or Eboli.

Please note that at this time there are no cases of Eboli in the State of Wisconsin. Should the situation change, Lake Country School District will work with the State and County to establish procedures and protocols.

Q: What is the Enterovirus D68 and how can I protect my child?

**A:** Enteroviruses are very common viruses. D68 Enterovirus is only one type. They cause about 10 to 15 million infections in the United States each year. Infants, children, and teenagers are more likely to get infected and become sick. That's because they do not yet have immunity (protection) from previous exposures to the viruses.

Symptoms include: fever, runny nose, sneezing cough, skin rash, mouth blisters, body aches.

Prevention: Good hygiene and hand washing with soap and water or a hand sanitizer. Avoid contact with people who are sick. Cleaning and disinfection frequently touched areas.

#### **ATTENTION DEER HUNTERS!**

The eighth grade will be dissecting deer hearts in science class and we need your help. We are asking for heart donations throughout the season. Hearts that are whole and not damaged will be accepted. Please put a gallon size zipper style bag in your pocket when hunting this fall. Place the heart in the bag and freeze it until you or your child can bring it in to school. If possible, please label the bag buck or doe. Donations may be dropped off in the office or Mrs. Koszarek's room. Many thanks!

#### **GOT A GREAT PHOTO? GET IT IN THE YEARBOOK!**

Submit your Lake Country School candid photos to Jennifer at Empire Photography for a chance for it to be included in the 2014-2015 Lake Country School Yearbook!

Submissions should be emailed to <a href="mailto:schoolpics@empirephotos.com">schoolpics@empirephotos.com</a>. Include in the subject of your email "LCS Yearbook Photo"

Include in the body of the email (1) a brief description of what the photo is depicting, (2) student names of any students featured, and (3) the name of the featured homeroom class (if applicable).



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#### **BOOSTER CLUB NEEDS YOUR HELP**

Calling ALL parents/guardians of students involved in athletics here at LCS or any parent/guardian who students who will someday be involved in athletics here at LCS and would like to help!!!

Lake Country School is hosting the 7th grade Girls Basketball Tournament this year and we NEED your help! The tournament is the biggest fundraiser our Booster Club has and we need volunteers to make it a success.

Please follow the Link to a Sign-up Genius and pick at least 1 (or maybe more) slot(s) to work both the Admissions Table and/or the Concession Stand during the tournament. Slots are short, so feel free to sign-up for multiple slots/days if you can.

#### www.SignUpGenius.com/go/10C0F4DA9A62EAAF49-7thgrade

Also, if there is a parent interested in being our "Concessions Coordinator" for the tournament, please e-mail Jason Blawat for more information at: <a href="mailto:blawatj@mylakecountryschool.org">blawatj@mylakecountryschool.org</a>

Thank-you in advance for helping to make the 7th Grade Girls Tournament a huge success!

#### **SPIRITWEAR**

See attached for information on online ordering. The online store will be open from **November 4**<sup>th</sup> **through the 18**<sup>th</sup>. Don't miss your opportunity.

#### **BUGSY MALONE**

Don't forget the musical this weekend! Check the school calendar for times and check out the impressive list of cast members attached in this issue of the Clips. It will be an amazing show. Good Luck to the Cast!









#### **COMMUNITY BULLETIN BOARD**

Community groups shall indemnify and forever save harmless the Lake Country School District Board Of Education and its officers, agents and employees from any and all claims whatsoever kind, nature or description arising out of the use of any school facilities and communications. Lake Country School does not endorse these organizations.

#### **Check The Community Section On Our Website For Information On The Following:**

- 2014 Arrowhead Girls Fall Ball Youth Basketball Skills Sessions
- 2014 Arrowhead Boys Fall Ball Youth Basketball Skills Sessions
- Boys & Girls 4 9 years old Try Hockey For Free! Saturday, Nov. 8<sup>th</sup>
- Arrowhead Wrestling
- Mullett Ice Center Fall 2014 Hockey & Skate Lessons
- YMCA at Pabst Farms November
- **Delafield Public Library Programs**
- Westbrook Church Upward Basketball and Cheer League
- 4H Club
- Lake Country Field Hockey for Girls
- Lake Country Children's Theater
- American Red Cross Babysitting Course Nov. 15<sup>th</sup> and 22<sup>nd</sup>
- Children Grieve Too Pro Health Care. November 20th

To access: put cursor over Community Events on the gray menu bar of our website. Click on the dropdown below labeled Community Events Page. This will bring up the links for all listed above.



SAVE THE DATE! HOLIDAY TRAIN COMING TO HARTLAND, DECEMBER 7<sup>TH</sup>!

Wildcat Clips deadline: Friday, November 14th, 2014.

Please provide your Clips submission request to Lisa Acton. E-mail Lisa at actonl@mylakecountryschool.org in a Word document. We reserve the right to edit and/or limit items submitted to fit our Clips format. All Clips submissions are subject to approval by Mark Lichte.

## $\underline{BUGSY\ MALONE} \quad \text{CAST LIST (in order of appearance)}$

Roxy Robinson	Incoh Blougl
Bugsy Malone	
Bugsy Malone understudy	
Bronx Charlie	
Laughing Boy	
Benny Lee	
Yonkers	
Shoulders	•
Violinist	
Flash Frankie	,
Barber	
Tallulah	
Tillie	
Dotty	
Fizzy	
Fizzy Understudy	Gracey Dempsey
Ma Becker	
Blousey	Gabby Gramz
Blousey understudy	•
Bangles	
Loretta	
Velma	
Ethel	-
Bernadine	5 5
Eunice	
Doodle	
Fat Sam	
Knuckles	
	•
Paper Boy	
Radio Announcer	
Snake Eyes	5
Louis	1 5
Ritzy	
Angelo	
Waitress	
Dandy Dan	-
Luella	
Butler/Shady	
Cellist	
Opera Singer	
Ventriloquist	Lola Elahi
Marbini	Kaelyn Glassey
Oscar de Velt	Jackie Peddie
Lena	Lauren Trieber
Seymour Scoop	Katie Weston
O'Dreary	Elise Ove
Captian Smolsky	
Leroy	
Cagey Joe	
Looney Bergonzi/Big Boxer	
Pickett	
Jo the Bar Keep	
Baby Face	
Duby I decimination	vviii iviciei

# Unleash your LCS WILDCAT SPIRIT





## The online Store opens NOV 4-NOV 18

Simply check out the LCS Store at:

https://www.promoplace.com/midcitysports/stores/lakecountry To view the new logos, styles and color of the latest gear to bring on your LCS spirit. All payments and orders are online. Proceed benefit

LCS sports

Mid-City Sports in Hartland can assist you for the perfect fit. (Youth sizes run small—be sure to try before you buy)

In December, you will receive a personal email letting you know your order is ready for pick up just in time for the holiday gift giving. All orders will be picked up at Mid-City Sports.

(Personalization is available on select items)

Mid-City Sports N55 W29505 County Road K Hartland, WI 53029 262-326-1003 Store Hours M-F: 10am-7pm Sat: 9am-3pm



## Our FIRST LEGO LEAGUE teams are busily preparing for regionals!

Come and support our teams as they share their solutions to the "World Class: Learning Unleashed" challenge (http://www.firstlegoleague.org/challenge/2014fllworldclass).

Regional tournaments are scheduled as follows:

TEAM	REGIONAL	REGIONAL
	LOCATION/ADDRESS	DATE
<u>Team: United 6</u>		
Evan Bartelson, Jacob Bleuel, Kilian Gould, Eric Jiang, Colin Kane, Teekay Kowalewski	Milwaukee Area Technical College (MATC) 700 West State Street Milwaukee, WI 53233	Saturday, November 15
Team: APPetite 4 Winning		
Nick Amtmann, Teagan Brohman, Reese Conrad, Jake Davis, Kevin Jiang, Alex Mennen, Iris Mennen	Milwaukee Area Technical College (MATC) 700 West State Street Milwaukee, WI 53233	Saturday, November 15
Team: Cheeze Weezels		
Peter Garza, Brooke Gile, Jack Rovin, Alex Hart, Nick Hart, Mahati Karthikeyan, Josh Otte	Mukwonago High School 605 W. School Road Mukwonago, WI 53149	Sunday, November 23

### The BEST way to learn about this program is to attend a regional event!

If your child is interested in participating in FIRST LEGO LEAGUE in the future, **plan on attending anytime between 1 P.M. and 3:30 P.M.** to watch the robots attempt to complete "missions" and experience the high-energy fun! In the morning, attendees can visit team booths, view research/oral presentations and watch teams practice their robot missions.

More information regarding tournament competition times and locations will be available by contacting Mrs. Schneider (367-3606 x126) or via email <a href="mailto:schneider@mylakecountryschool.org">schneider@mylakecountryschool.org</a> after Thursday, November 13.

### Good luck to our teams!



#### The Arrowhead Union High School District

South Campus/District Office 700 North Avenue Hartland, Wisconsin 53029 (262) 369-3611 North Campus 800 North Ave. Hartland, Wisconsin 53029 (262) 369-3612

http://arrowheadschools.org

Dear Parent or Guardian,

November 3, 2014

Welcome to Arrowhead High School. This letter contains meeting dates to explain choices in English, Social Studies, and Science for next year's freshmen students. Freshmen options include the following:

- English 9 aligned with Social Studies 9
- Integrated Learning Experience (ILE)
- Advanced Placement (AP) Human Geography connected with English 9 Honors
- Science 9/Biology Honors Block

Students who are highly able or highly motivated should plan on attending these meetings with their parents. However, other interested students and parents are welcome to attend as well. This meeting does not replace freshmen orientation scheduled for January 20 and 21, 2015.

There will be a media presentation with handouts, followed by a question/answer format, so parents and students can learn about the options and make an informed choice for 9th grade.

It should be noted that students who are considering the English 9 Honors connected with AP Human Geography or Science 9/Biology Honors Block will be expected to take an online ACT at Arrowhead High School. We are offering the ACT at Arrowhead on two dates: January 10, 2015 and January 17, 2015. A score of 430 or higher on the ASPIRE reading test is an indicator that students should consider taking the ACT in January. More specific information will be provided at the informational meetings.

The meetings will be held at the Arrowhead High School North Campus Theater on **December 1** and **December 3**. You may choose to attend either meeting, which will begin promptly at **6:30 p.m**. and last for one hour.

Again, please remember that these meetings are not to replace the annual freshmen orientation which will be held the evenings of January 20 and January 21, 2015. If you have any questions, please contact your school representative as follows:

Hartland-Lakeside –Michele Schmidt-mschmidt@hartlake.org Lake Country – Debby Schneider – schneiderd@mylakecountryschool.org Merton – Corinne Meissner-<u>MeissnerC@merton.k12.wi.us</u> North Lake – Jill Jacobs jacjil@northlakeschool.org Richmond – Donna Held <u>dheld@richmond.k12.wi.us</u>
Stone Bank – Brigid Harmeyerb.<u>harmeyer@stonebank.k12.wi.us</u>
Swallow –Rachel Crockford-crockfordr@swallowschool.org
Other private schools – Kim Dion <u>dion@arrowheadschools.org</u>

We look forward to meeting with you.

Bonnie Laugerman, Ed.D. Directors of Learning laugerman@arrowheadschools.org 262 369-3611 ext.4204

Sue Casetta Social Studies and English Department Chair casetta@arrowheadschools.org 262-369-3611 ext.4130

## Your Lake Country School PTO Page

**November 5, 2014** 

#### **NEXT PTO GENERAL MEETING:**

Thurs., Nov. 13th at 6:30pm - LCS conference room

Join in! All LCS parents, legal guardians, and staff are members of the PTO. Now is a great time to get involved!

## THE PTO HAS A WEBSITE!

https://sites.google.com/site/lakecountryschoolpto

You can also access the website under "Parent Organizations"

on the LCS website. Find information on PTO events, volunteer
opportunities, fundraisers, meeting minutes, reports, and more!



#### **MEETING TONIGHT: Nov. 5th**

Join the 2015 Fun Run Committee!

Volunteers are needed to help with planning & logistics for the Feb 4<sup>th</sup> Fun Run. Assistance is needed with tasks including decorating display case, coordinating fitness stations, deciding on fun run incentives, helping on day of the run & brainstorming what new items families might like to see in the online auction. There are a lot of ways to get involved! We'll meet in LCS conference room at 6:30pm on 11/5 with 3-4 meetings to follow. Attending meetings isn't required to participate. Contact Heather Ragen (ragen@wi.rr.com) if interested. **Many Thanks!** 

#### Do you shop at Target? Link your card!

Check out the **CHARGE OF EDUCATION** program at: www.target.com/tcoe

Help grow Target's monthly donation to Lake Country!

Share the word with family, friends, & neighbors!

They can link their cards online too!

#### 2014-2015 PTO Board Members

President: Danielle Henry
Vice President: Cyndi Tomich
Secretary: Jenny Berglin
VP Appropriations: Gina Woida
VP Fundraising: Heather Ragen
VP Special Events: Gretchen Marek

#### **UPCOMING PTO EVENTS:**

- Nov. 5 Fun Run Planning Committee mtg. at 6:30pm in the LCS conference room
- Nov. 6 Culver's Spirit Night in Hartland from 4:30-8:30pm
- Nov. 11 Donuts with Dads from 7:15-8:00am in the cafetorium
- Nov. 13 PTO General meeting at 6:30pm in the LCS conference room



#### New to PTO:



**Photographers:** Group made up of individuals willing to donate their time and use their talents to document school memories and special events.

**Committee Chair:** Responsible for coordinating the photographers, uploading images to a specific location, and updating the two display cases in the school throughout the school year.

Interesting in being a part of this committee?
Please email: ptolakecountry@gmail.com



#### **Donuts with Dads**

Join us for a fun & delicious morning with your kids! Tuesday, November 11<sup>th</sup> 7:15am-8am in the cafetorium

#### SEPTEMBER TOTALS FOR GROCERY RECEIPTS & BOXTOPS!

**Sentry and Piggly Wiggly Receipts:** \$192.15 – LCS earns 1% of the total on each Sentry and Piggly Wiggly receipt submitted. Keep collecting and turning in to LCS!

**BoxTops:** \$554.20 – Super work LCS! Keep collecting BoxTops and turn them in to your classroom(s). They make a **BIG** difference right here at LCS!





www.facebook.com/LakeCountryPTO





#### Lake Country Ski and Snowboard Club

Our next event will at Little Switzerland in Slinger, WI. We are offering a 4-Time Friday Night Program for kids 7 and up. Parents, friends and family are allowed to participate at the same rate. This package is significantly discounted off the regular rate. A child's lift ticket and snowboard rental for all 4 nights would normally cost \$292 (children age 13+ and adults \$332).

#### **Rates**

4 Lift tickets	\$65
4 Lift Tickets	\$85
4 Beginner Lessons*	
4 Lift Tickets	\$95
4 Ski Rentals	
4 Lift Tickets	\$120
4 Snowboard Rentals	
4 Lift Tickets	\$120
4 Ski Rentals	
4 Beginner Lessons*	
4 Lift Tickets	\$140
4 Snowboard Rentals	
4 Beginner Lessons*	

\*beginner lessons are only for children age 7-17
Includes a Discount Loyalty Card for additional days of Skiing and Riding

#### **Friday Dates**

December 5<sup>th</sup>, December 19<sup>th</sup>, January 23<sup>rd</sup> & February 13<sup>th</sup> (make-up date February 27<sup>th</sup>)

Please contact Angela Hobbs for signup information 262-337-1223 or e-mail at <a href="mailto:ski@angelahobbs.com">ski@angelahobbs.com</a>

Our group is not affiliated with LCS DEADLINE – NOVEMBER 21

### **LAKE COUNTRY SCHOOL** 2015/2016 CALENDAR

#### July

MTWTFS 1 2 3 4 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 27 28 29 30 31

#### August

SMTWTFS 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 (31)

#### September

MTWTFS 2 3 4 5 (7) 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

#### October

SMTWTFS 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

#### November

S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 (25) (26) (27) 28 29 30

#### December

SMTWTFS 1 2 3 4 5 8 9 10 11 12 14 15 16 17 18 19 20 21 22 23 24 25 26 27 (28) (29) (30) (31)

#### Schedule of Events

- Aug. 13 Registration/Picture Day 2-7 p.m.
- Aug. 25- Open House 5:30-7 p.m.
- Aug. 24, 25, 26-All Staff Workday/In-service
- Sept. 1-First Day of School
- · Sept. 7-Labor Day
- Oct. 22-Parent Conferences 11-7 p.m.
- · Oct. 23-No School/Staff
- Nov. 6-End of Quarter 1/2 Day
- Nov. 25, 26, 27-Thanksgiving Break
- Dec. 23 Jan. 1-Winter Break
- Jan. 18 No school/In-service MLK Day
- Jan. 22-End of Quarter
- Feb. 19-No school Parent Conferences
- Feb. 22-No School/Staff
- March 24 End of Quarter 1/2 Day
- March 25 April 1-Spring Break
- May 27-Students Off Test Data Day
- May 30-Memorial Day
- June10-Last Day School 1/2 Day

#### **SYMBOL KEY**



No School for Students/Staff

Workdays/In-Service for Staff-No school for students

1/2 day for students

First Day of School

**Lake Country School District** 1800 Vettelson Road, Hartland, WI 53029 Phone: 262-367-3606 Fax: 262-367-3205 www.lcs.k12.wi.us

#### January

S M T W T F S (1) 2 3 4 5 6 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

#### **February**

S M T W T F S 1 2 3 4 5 6 8 9 10 11 12 13 14 15 16 17 18 19 20 21 (22) 23 24 25 26 27 28 29

#### March

SMTWTFS 2 3 4 5 1 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 (28)(29)(30)(31)

#### April

SMTWTFS (1) 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

#### May

T W 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 (30) 31

#### June

SMTWTFS 1 2 3 4 5 6 7 8 9 🔼 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Patty on Bun OR Waffle w/ Cheese Omelet Juice Cup Mini Carrots w/ Hummus Cookie	4 Cheeseburger on Bun OR Chicken Nuggets Cucumbers Radishes Banana	5 Soup and Salad Bar OR Cheese Pizza Spinach Salad Peppers Fruit Cup Goldfish Crackers	Walking Taco with Nacho Cheese Doritos OR Soft Shell Taco Lettuce Cheese and Salsa Celery Sticks Carrots Apple	<b>7</b> ½ Day of School No Lunch
Baked American and Mozzarella Cheese Sandwich OR Mini Corn Dogs Sweet Potato Casserole Mini Carrots Pineapple Cup Cookie	Yogurt and Fruit Parfait Bagel and Cream Cheese OR Pancakes and Yogurt Cup Celery Sticks Juice Cup	French bread Pizza OR Meatball Sub Salad Orange Smiles Green Beans Rice Krispy Treat	Soup and Salad Bar OR Chicken Nuggets Grape Tomatoes Applesauce Cup Cucumbers	14  Build a Burger OR Cheese Ravioli w/ Marinara Sauce Spinach Salad Baked Beans Kiwi Fruit Fruit Snack
Soft Shell Taco or Chicken Fajita Cheese Cup, Salsa and Lettuce Mini Carrots Apple Dessert	Pasta w/ Marinara Sauce and Mozzarella Cheese Cup OR Lasagna Casserole Cucumbers Fruit Cup Mixed Green Salad	Soup and Salad Bar OR Cheese Pizza Salad Banana Mixed Vegetables Nutrigrain bar	Chinese Chicken Salad w/ Banana Bread OR Chicken Nuggets Sweet Potato Fries Pear Cup Mini Carrots	21 Chicken and Gravy w/ Mashed Potatoes OR Hot Dog w/ Bun Spinach Salad Baked Beans Applesauce Cup Dessert
Pizza Dippers w/ Marinara Sauce OR BBQ Chicken Wings Mini Carrots Grape Tomatoes Fresh Fruit	<b>25</b> Pepperoni Pizza OR Greek Salad Celery Corn Kiwi Fruit Fruit Snack	<b>26</b> Thanksgiving Break No School	Thanksgiving Break No School	28 Thanksgiving Break No School

#### **News**

A Leaf of Spinach History

North Americans began growing spinach in the early
19th century. In the 20th century, spinach was popularized by the cartoon character, Popeye, who gained amazing strength whenever he ate a can of spinach.

One cup of fresh spinach provides:
An excellent source of vitamin A and
Vitamin K\*

A good source of vitamin C and folate.

A ½ cup of cooked spinach provides:
An excellent source of vitamin A,
vitamin K, folate, and magnesium.
A good source of vitamin C,
vitamin B6 calcium, iron, potassium,
and riboflavin

#### A Slice of Sweet Potato History

Sweet potatoes are believed to have been domesticated in Central and South America nearly 5,000 years ago. They then spread to Mexico, the Caribbean, the West Indies, and parts of North America. When Christopher Columbus landed on America's shores

in 1492, the Native Americans were growing sweet

potatoes. Columbus and his men oved the tasty sweet potatoes so much that they brought them back to Europe to grow their own, where they continued to increase in popularity.

Reasons to Eat Sweet Potatoes

A ½ cup of sweet potatoes is: An excellent source of vitamin A\* and vitamin C. A good source of fiber, vitamin B6 (pyridoxine), and potassium.



## November 2014 Calendar of Events

Lake Country School District 1800 Vettelson Road, Hartland, WI 53029 Phone: (262) 367-3606 Fax: (262) 367-3205

Web Page: mylakecountryschool.org

Monday	Tuesday	Wednesday	Thursday	Friday
3 3:15-4:45 p.m. Good News Club Health Classroom 6:30-8 p.m. Wyldlife Mtg - Lower Gym	4 Raku Day for Grades 3 & 5 Outdoor Classroom  Wildcat Spiritwear Online Store Opens Today https://www.promoplace.com/mi dcitysports/stores/lakecountry  3:15-4:15 p.m. LCSEF Chess Club Guidance & Health Classrooms	5 6:30-7:30 p.m. PTO Fun Run Planning Mtg Conference Room  Wildcat Clips emailed home; also available on website at: www.mylakecountryschool.org	6 PBIS – All School Assembly on RESPONSIBILITY 9-2:30 p.m. Grade 8 Spanish Class Field Trip to Latino Arts & LaPerla Restaurant 4:30-8 p.m. Culver's Spirit Night in Hartland 5:30 p.m. Bugsy Malone Musical Dress Rehearsal	7 End of 1st Quarter 1/2 Day for Students  11:20 a.m. Dismissal No lunch served  6:30 p Bugsy Malone Musical Performance  7-9 p.m. Gr 7/8 Dance @ Richmond \$5.00 and Student ID  SATURDAY, 11/08/14 6:30 p.m. Bugsy Malone Musical Performance  SUNDAY, 11/09/14 2 p.m. Bugsy Malone Musical Performance
3:15-4:45 p.m. Good News Club Health Classroom	11 7:15-8 a.m. PTO Sponsored Donuts w/Dad Cafetorium 2-3 p.m. Grade 3 NuKids in the Classroom Outdoor Classroom 3:15-4:15 p.m. LCSEF Chess Club Guidance & Health Classrooms	12 Q1 Report Cards Available in Skyward Family Access for Grade 1-8 7-9 p.m. Nagawicka Bay Sailing Club Condo Mtg Conference Room	13 10:30-2 p.m. Grade 8 Filed Trip to AHS "A Christmas Carol"  3:15-4 p.m. Environmental Club Mtg  Cub Scout Pack 169 Mtg & Popcorn Delivery Cafetorium  6:30 p.m. PTO General Mtg Conference Rm	14 Deadline to Submit Articles for the Wildcat Clips
17 Signup for Boy's Basketball Closes Today 3:15-4:45 p.m. Good News Club Health Classroom 6:30-8 p.m. Wyldlife Mtg - Lower Gym 7-9 p.m. Clever Clover 4H Club Mtg Conference Rm	Wildcat Spiritwear Online Store Closes Today https://www.promoplace.com/mi dcitysports/stores/lakecountry  3:15-4:15 p.m. LCSEF Chess Club Guidance & Health Classrooms  3:30 p.m. Staff Mtg – LMC  6 p.m. Board Mtg Conference Room	19 7-4 p.m. Gr 6 To Chicago Field Museum 3:15-4:15 p.m. Daisy Troop #6333 Mtg 3:15-4:30 p.m. Student Council Mtg Guidance Classroom 3:15-5 p.m. Brownie Troop #6019 Mtg Health Classroom  Wildcat Clips emailed home; also available on website at: www.mylakecountryschool.org	20	21
3:15-4:45 p.m. Good News Club Health Classroom	25 10 a.m. Gr 1 Thanksgiving Re- Enactment Stage/Cafetorium 3:15-4:15 p.m. LCSEF Chess Club Guidance & Health Classrooms	26 THANKSGIVING BREAK – NO SCHOOL	27 THANKSGIVING BREAK – NO SCHOOL	28 THANKSGIVING BREAK – NO SCHOOL