

# **Activity Guide**

WINTER/ SPRING 2022-23











# **Activity Guide**

WINTER/SPRING 2022-23

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Luci Willits





### **OUR MISSION STATEMENT**

Parks and Recreation Department's mission is to enhance Boise's quality of life by working in partnership with the community to foster and support citizen well being and healthy community environments.

### **ACTIVITY GUIDE**

The Activity Guide is published three times a year in December (Winter/Spring), in April (Summer) and in August (Fall) by Parks and Recreation Department, 1104 Royal Blvd., Boise, Idaho 83706, 208-608-7600, cityofboise.org/parks. Contents ©2022 Parks and Recreation Department, all rights reserved. Printed in Boise, Idaho.

### FEES, CHARGES & CLASS TIME DISCLAIMER

Fees set in this activity guide are subject to approval by the Boise City Council. Fees are subject to change at any time by resolution of the council without additional notice except as required by Idaho Code. Prices include sales tax when applicable. In the event of an error, omission or misprint in this guide, please refer to the fees and charges that were approved by the Boise City Council. Class times are subject to change. Boise Parks and Recreation Department reserves the right to cancel activities due to lack of registration.

### **REFUND & CANCELLATION POLICY**

Please see page 67 for the Refund and Cancellation Policy.

### **LEGALESI**

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# **VOLUNTEER**

[ ALL AGES ]



# REGISTER FOR CLASSES **STARTING AT 7AM:**

cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)

"The City of Boise is such an incredible place to live, work and play. We're excited to kick off new leagues and events at some of our more popular recreation facilities while offering a variety of classes and school break camps to keep kids entertained and engaged through the winter and spring. Thank you for supporting safe, affordable and accessible programming that benefits the entire community!"

-Doug Holloway





# **ART - ADULT/CHILD**

All materials are provided. Fees include both adult/guardian and child.

### **ABC ART**

AGES 2.5-5 + ADULT This fun class for children and adults incorporates art with the 26 letters of the alphabet. Preschoolers will have fun learning about letters through a variety of fun projects using different materials!

### **ART ADVENTURES**

AGES 2.5-5 + ADULT An art adventure that is just too much fun for little ones! This special fun-filled program lets imaginations run wild with inventive projects using different art materials each week.

### **ART DO-IT-TOGETHER**

AGES 4-7 + ADULT Come and have artistic fun with your child! Create one-of-a-kind clay sculptures, make a colorful batik project, draw with pastels and paint with watercolors.



Art Adventures

### **ART START**

AGES 2.5-5 + ADULT Preschoolers will be introduced to fun art projects using a variety of materials such as clay, paint, textiles, pastels and more.

### **CLAY CLASS FOR CREATIVE KIDS**

AGES 2.5-5 + ADULT During this fun class, adults and children will make plates, figures, vases and wall hangings. Students will decorate and glaze their one-of-a-kind clay creations.

### STORIES THAT COME ALIVE

AGES 2.5-5 + ADULT This six-session class includes art projects centered around special stories for children and uses a variety of materials including clay, paint and more.

AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
2.5-5 + Adult	ABC ART	Th	9-9:45AM	Mar 30-May 4	Fort Boise CC	Karen Hedger	\$52.50/\$80.83	302303-01
2.5-5 + Adult	ART ADVENTURES	Tu	10-10:45AM	Jan 10-Feb 14	Fort Boise CC	Karen Hedger	\$52.50/\$80.83	202702-01
4.7 . 4.4.4	ADT DO IT TOCETHED	w	4:15-5:15PM	Jan 11-Feb 15	Faut Daise CC	Karan Hadwar	\$69.67/\$107.44	202704-01
4-7 + Adult	ART DO-IT-TOGETHER	VV	4:15-5:15PM	Mar 29-May 3	Fort Boise CC	Karen Hedger		302704-01
2	ART START	Th	9-9:45AM	Jan 12-Feb 16	Faut Daise CC		\$52.50/\$80.83	202701-01
2.5-5 + Adult	AKI SIAKI	Tu	10-10:45AM	Mar 28-May 2	Fort Boise CC	Karen Hedger		302701-01
		Tu	9-9:45AM	Jan 10-Feb 14				202713-01
2.5-5 + Adult	CLAY CLASS FOR CREATIVE KIDS	Th	10-10:45AM	Jan 12-Feb 16	Fort Boise CC Kare	CC Karen Hedger	\$52.50/\$80.83	202713-02
		Tu	9-9:45AM	Mar 28-May 2				302713-01
2.5-5 + Adult	STORIES THAT COME ALIVE	Th	10-10:45AM	Mar 30-May 4	Fort Boise CC	Karen Hedger	\$52.50/\$80.83	302705-01

### **CAMPS**

# GEARLINGS MOUNTAIN BIKE CAMP – Beginner

AGES 4-5 Learn about bike basics, brakes, gears, how to communicate and explore the feel of riding on dirt trails. We will learn how to maneuver up and down hills using assistants with a TowWhee if needed.

### PRESCHOOL OPEN GYM

AGES 5 & Under + ADULT Preschoolers will love playing with balls, gym scooters and age-appropriate gym equipment in the Fort Boise Community Center gym.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)



AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
4-5	GEARLINGS MOUNTAIN BIKE CAMP - Beginner	Tu-Th	5-7PM	Apr 18-20	Fort Boise CC	\$37/\$56.80	320704-01
5 & Under + Adult	PRESCHOOL OPEN GYM	Tu. Th	9-11AM	Dec 6-Apr 27*	Fort Boise CC	\$1 per child	N/A

\*No preschool open gym: Dec 20-Jan 6 & Mar 20-24



An easy launch pad for your travel wish list.



# BOISE



**PRESCHOOL** 

# **OUTDOOR PRESCHOOL TOURS**







Looking for a fun outdoor experience for your  $3\frac{1}{2}$  - 5 year old? Come tour the **Foothills Learning Center** (FLC) and **Boise Urban Garden School** (BUGS) to learn about our preschool programs.



### **SET UP A TOUR**

FOOTHILLS | FLC-Parks@cityofboise.org | 208-608-7810 BUGS | BUGS@cityofboise.org | 208-972-8630

# ENVIRONMENTAL EDUCATION

### BOISE OUTDOOR PRESCHOOL – FLC & BUGS

AGES 3.5-5 Our preschool program will immerse your child in the outdoors (Foothills Learning Center - FLC) or garden (Boise Urban Garden School - BUGS). Children will become comfortable in nature while learning environmental stewardship principles. Preschoolers will explore the surrounding ecosystem, learn through a STEM-based curriculum, and develop cognitive, motor, and emotional skills. We will spend most of our class time outside and meet no matter the weather. Please send your child with a snack, water bottle and appropriate outdoor clothing. Registering for this activity will reserve your spot for the remainder of the school year and you will be billed monthly. Email to follow with more information.

- The five-day program will run thru May 19, 2023.
- The three-day programs will run thru May 18, 2023.

### **EXPLORE NATURE - Adult/Child**

AGES 2-5 Join your child for an exploration in nature! We will go on a short hike and participate in a craft, game or other activity at our outdoor facility. Children should dress for the weather and be accompanied by an adult. Fee includes child and adult.

### **FAMILY CAMPING BASICS**

AGES 4+ & ADULT Gain skills and confidence to take the whole family overnight camping this summer. Topics and activities will be tailored so that all ages can participate. Learn the gear, meals, and etiquette that will keep you safe, comfy, and enjoying the outdoors. Cost is per person.

### **GREEN BEANS - Afterschool**

AGES 5-10 Our month-long afterschool sessions let youth explore the garden in every season, with a focus on curiosity, creativity and healthy eating.

### GROW TOGETHER GARDENING – Adult/Child

AGES 2-4 + ADULT Spend a morning in our garden this spring exploring the natural world with your little ones. Instructors will facilitate

activities and garden tasks that will have you and your child working and learning together. Cost includes adult and child.

# LITTLE GARDENERS PRESCHOOL - Drop-Off

AGES 3.5-5 Our 3-hour preschool drop-off sessions focus on seasonal components of gardening that encourage exploration, creativity and healthy eating. Activities include garden tours, craft projects, science experiments, story time, bug catching and more. No matter the weather, there's fun to be had outside in the garden! Sign up per month to let your child dive deep into garden topics and grow with us.

### **STORY TRAIL ADVENTURE**

AGES 3-5 Offered the 2nd Friday of each month, we invite you and your preschooler to join us to walk our ¼ mile trail and read a story together. Afterwards each child can get creative with our story-related craft and activity. Children should dress for the weather and be accompanied by an adult.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
				Mar 11			324003-01
2-4 + Adult	GROW TOGETHER GARDENING – Adult/Child	Sa	10-11:30AM	Apr 8	BUGS	\$7	324003-02
	Aduly Ciliid			May 13			324003-03
	EXPLORE NATURE – Adult/Child			Feb 25			225965-01
2-5		Sa	10-11:30AM	Mar 25	Foothills LC	\$7	325965-01
				May 27			325965-02
	BOISE OUTDOOR PRESCHOOL – BUGS	M-F	9AM-12PM	Jan 9-Feb 3*	BUGS	\$416	224020-01
	BOISE OUTDOOK PRESCHOOL - BUGS	T, W, Th	9AM-12PM	Jan 10-Feb 2	BUGS	\$250	224020-03
3.5-5		T, W, Th	9AM-12PM	Jan 10-Feb 2		\$250	225097-01
	BOISE OUTDOOR PRESCHOOL – FLC	1, W, III	1-4PM	Jan 10-Feb 2	Foothills LC	\$250	225097-03
		M-F	9AM-12PM	Jan 9-Feb 3*		\$416	225097-05
			9AM-12PM	Jan 13-27	BUGS	\$61	224001-01
		F		Feb 3-24		\$81	224001-02
3.5-5	LITTLE GARDENERS PRESCHOOL – Drop-Off			Mar 3-31**		\$81	324001-01
	Brop Gil			Apr 7-28		\$81	324001-02
				May 5-19		\$61	324001-03
				Jan 13			225010-01
				Feb 10			225010-02
3-5	STORY TRAIL ADVENTURE	F	12:30-2PM	Mar 10	Foothills LC	\$7	325010-01
				Apr 14			325010-02
				May 12			325010-03
4+ & Adult	FAMILY CAMPING BASICS	Sa	10AM-12PM	May 20	Foothills LC	\$10	324204-01
5-10	GREEN BEANS – Afterschool	Tu	4.5.2004	Apr 4-25	BUGS	\$29	324101-01
D-1U	GREEN DEANS - AILEISCHOOL	iu	4-5:30PM	May 2-16	טטט	\$22	324101-02

\*No Class Jan 16 \*\*No Class Mar 20-24

# **GOLF**

### **GOLF LESSONS**

AGES 5-7 Classes cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level from beginner to advanced. Lessons include on-course instruction. Clubs will be provided for students during class time.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
r 7	5-7 GOLF LESSONS Tu. W. Th 4:15-5:15PM	4.4F F.4FDM	Apr 4-6	Oveil Hellew CC	400	370001-01	
5-7	– Quail Hollow	iu, w, in	4:15-5:15PW	May 2-4	Quail Hollow GC	\$69	370001-02
г 7	GOLF LESSONS	SSONS T W TI A4F F 4F DA		Mar 14-16	Wayna Caylana CC	\$69	380001-01
5-7	– Warm Springs	Tu, W, Th	4:15-5:15PM	May 2-4	Warm Springs GC	\$69	380001-02

# HOMESCHOOL ADVENTURES

### **HOMESCHOOL ZOO**

AGES 5-6 The Homeschool Zoo program provides a unique learning experience for students schooled at home. The course consists of classroom discussion, laboratory activities, animal encounters and specialized zoo tours. Classes align with Idaho State Science Standards and focus on topics and principles based on grade level. Themes will emphasize looking at animal groups and taxonomy, adaptations, habitats and ecology. Each individual household must register their child for the class. Kids only! Please bring a small snack for a 15-minute break during class.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
	HOMESCHOOL ZOO – Fur, Feathers, Scales		9-11AM	Jan 11			230550-01
- 0	HOMESCHOOL ZOO – Weathering Winter	W		Feb 1		\$16*	230550-02
5-6	HOMESCHOOL ZOO – Little Scientists			Mar 1	Zoo Boise		330550-01
	HOMESCHOOL ZOO – Backyard Explorers			Apr 5			330550-02

\*This activity qualifies for the FoZB discount.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

DECEMBER 5 (Residents) | DECEMBER 7 (Non-residents)







# FUN IN THE SUN!

### **SEASON SWIM PASS**

Looking for a holiday gift idea? Consider buying a season swim pass for family or friends.

RESIDENT NON-RESIDENT

Youth 17 and Under \$28.00 \$43.40 Adult 18 + \$42.00 \$65.10

Children under the age of 9 must be supervised at all times by an adult or a caregiver who is at least 16 years old.

CITYOFBOISE.ORG/POOLS

### **ICE HOCKEY**

### HOCKEY LEARN TO PLAY 1 (H1) Beginners

AGES 4-7 Players will learn how to sit on ice and stand up, proper stance, march forward, forward two-foot glide, dip, squat, scooter pushes, T-push, forward swizzles, snowplow stop and backwards skating. Full equipment required. Helmet must be provided by skater. No sticks allowed.

### HOCKEY LEARN TO PLAY 2 (H2) Prerequisite: Hockey Learn to Play 1 (H1)

AGES 4-7 Players will learn backward stance, skating forward using full strides, forward one-foot glides, backward hustle, backward swizzles, glide turns and moving snowplow stops. Full equipment required. Helmet and stick must be provided by skater.

### HOCKEY LEARN TO PLAY 3 (H3) Prerequisite: Hockey Learn to Play 2 (H2)

AGES 4-7 Players will learn one-foot snowplow stop, introduce hips with ¼ turn twist to hockey stop, full strides using 45-degree V-Push, shuffle stride, backwards hustle, backward C-Cuts, power pushes, backward outside edge glide, forward C-Cuts, C-push glide, forward outside & inside edges, gliding 2 foot turn and lateral crossover march. Classes will be structured following USA Hockey American Development Model (ADM) Program. Full equipment required. Helmet and stick must be provided by skater.

### HOCKEY LEARN TO PLAY 4 (H4) Prerequisite: Hockey Learn to Play 3 (H3)

AGES 4-7 Class includes on-ice coaching instruction and scrimmages. Full hockey equipment is required. Helmet and stick must be provided by skater.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)



### GOAL!

# Hockey Learn to Play

An annual membership from USA HOCKEY is required for all participants. Go to USAHockey.com to purchase your annual USA HOCKEY Membership before enrolling.

Idaho IceWorld will provide hockey rental equipment for a one-time equipment rental fee of \$35. This rental fee will be charged per child, one time for the duration of their participation in the Hockey Learn to Play program. This fee will be assessed at the time the equipment is picked up or assigned. Helmet and stick must be provided by skater.

The focus and goal of the Hockey Learn to Play curriculum is to teach beginner hockey players the fundamentals of skating. It is important for these developing players to become comfortable on the ice, learn the basic hockey stance, stride, knee bend, use of edges and how to hold a stick before moving into a 6U or 8U full hockey curriculum. Players need to be able to participate in class independently from adult. Scholarships are available.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
		Tu		Jan 10-Feb 28		¢120/0 alasasa	260000-01
4.7	LIOCKEY I FARN TO BLAY 4 / LIA Regionale	Th	F.20 CDM	Jan 12-Mar 2	ldaha lasWayld	\$129/8 classes	260000-02
4-7	HOCKEY LEARN TO PLAY 1 (H1) Beginners	Tu	5:30-6PM	Mar 14-Apr 25	Idaho IceWorld	¢112/7 -l	360000-01
		Th		Mar 16-Apr 27		\$113/7 classes	360000-02
		Tu		Jan 10-Feb 28		¢120/0 alassas	260001-01
4-7	HOCKEY LEARN TO PLAY 2 (H2) Prerequisite:	Th	5:30-6PM	Jan 12-Mar 2	ldaha laaWayid	\$129/8 classes	260001-02
4-7	Hockey Learn to Play 1 (H1)	Tu	5:30-6PM	Mar 14-Apr 25	Idaho IceWorld	\$113/7 classes	360001-01
		Th		Mar 16-Apr 27		\$113/7 Classes	360001-02
		Tu		Jan 10-Feb 28		\$209/8 classes	260002-01
4-7	HOCKEY LEARN TO PLAY 3 (H3) Prerequisite:	Th	C.4E 7.4EDM	Jan 12-Mar 2	ldaha lasWayld		260002-02
4-7	Hockey Learn to Play 2 (H2)	Tu	6:15-7:15PM	Mar 14-Apr 25	Idaho IceWorld	¢102/7 alassas	360002-01
		Th		Mar 16-Apr 27		\$183/7 classes	360002-02
		Tu		Jan 10-Feb 28		#200/9 alassas	260003-01
4-7	HOCKEY LEARN TO PLAY 4 (H4) Prerequisite:	Th	6:15-7:15PM	Jan 12-Mar 2	Idaho IceWorld	\$209/8 classes	260003-02
4-/	Hockey Learn to Play 3 (H3)	Tu	0.15-7.15PW	Mar 14-Apr 25	luano iceworia	\$183/7 classes	360003-01
		Th		Mar 16-Apr 27		\$105/7 Classes	360003-02

# **ICE SKATING**

# SPUDS AND TATER TOTS (On-Ice Adult Participation Required)

AGES 2-3 + ADULT On-Ice adult participation

**REQUIRED!** Basic skating skills will be taught to children while allowing the adult to offer support and security. One adult is allowed on the ice with the student. Both adult and child are required to wear ice skates. Accompanying adult and child must each have current Learn to Skate USA® membership.

Check out the curriculum for each Snowplow level at learntoskateusa.com

### **SNOWPLOW SAM 1 (Beginners)**

AGES 4-6 Young skaters will learn how to sit and stand up with their skates both on and off the ice. They will master marching in place, marching forward, going from marching to a two-foot glide and dipping in place.

# SNOWPLOW SAM 2 (Prerequisite Snowplow Sam 1)

AGES 4-6 Young skaters will learn how to march followed by a long glide, dip while moving, do backward walking and wiggles, forward swizzles, beginning snowplow stop motion and the two-foot hop in place.

### PROGRAM

### Learn to Skate

Recognized by Learn to Skate USA® as a top program in the country, Idaho IceWorld's Learn to Skate program provides a fun and structured way for skaters to be physically active and improve their skills under the professional eyes of certified instructors. We have group classes for all levels and ages. Check out the curriculum for each level at LearnToSkateUSA.com. All students of Idaho IceWorld's Learn to Skate program must have a current Learn to Skate USA® membership. Annual memberships are valid July 1-June 30. With your annual fee of \$16\* you will:

- Be a member of the best skating program endorsed by U.S. Figure Skating, USA Hockey, and US Speedskating.
- Gain great information to make sure your first glides on ice are successful ones.
- Receive a Welcome Packet in the mail, which includes a subscription to Learn To Skate USA® The Magazine valued at \$3 (allow 2-4 weeks for delivery)
- Receive secondary sport accident insurance
- Participate in lessons, performances, competitions, and all activities associated with Learn to Skate USA®.

Ice skates will be provided for all enrolled participants of the Learn to Skate program for use during class time.

Go to www.learntoskateusa.com to purchase before registering for class.

# SNOWPLOW SAM 3 (Prerequisite Snowplow Sam 2)

AGES 4-6 Young skaters will learn how to skate forward, do a forward one-foot glide, forward swizzles, backward swizzles, backward two-foot glide, moving forward snowplow stop and curves.

# SNOWPLOW SAM 4 (Prerequisite Snowplow Sam 3)

AGES 4-6 Young skaters will learn how to skate forward, advanced one-foot glide, backward swizzles, rocking horse, two-foot turns from forward to backward and two-foot hop.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
		М		Jan 9-Feb 27		\$129/8 classes	261000-01
2-3 +	COURCE AND TATED TOTS (A daily Bendining attended to the	W	F. AF C. AFDM	Jan 11-Mar 1	Idaha IsaWarid	\$129/8 classes	261000-02
Adult	SPUDS AND TATER TOTS (Adult Participation Required)	М	5:45-6:15PM	Mar 13-Apr 24	Idaho IceWorld	\$113/7 classes	361000-01
		W		Mar 15-Apr 26		\$113/7 classes	361000-02
		М		Jan 9-Feb 27		\$129/8 classes	261001-01
4-6	CNOWDLOW CAM 1 (Decision and	W	5:45-6:15PM	Jan 11-Mar 1	Idaho IceWorld	\$129/8 classes	261001-02
4-0	SNOWPLOW SAM 1 (Beginners)	М	5:45-6: ISPINI	Mar 13-Apr 24	idano iceworid	\$113/7 classes	361001-01
		W		Mar 15-Apr 26		\$113/7 classes	361001-02
		М		Jan 9-Feb 27		\$129/8 classes	261002-01
4.0	CNOWPLOW CAM 2 (Purpose initial Constant of Constant	W	5:45-6:15PM	Jan 11-Mar 1	Idaho IceWorld	\$129/8 classes	261002-02
4-6	SNOWPLOW SAM 2 (Prerequisite Snowplow Sam 1)	М		Mar 13-Apr 24		\$113/7 classes	361002-01
		W		Mar 15-Apr 26		\$113/7 classes	361002-02
		М		Jan 9-Feb 27		\$129/8 classes	261003-01
4-6	SNOWDLOW SAM 2 (Dravaquisita Snowplay Sam 2)	W	5:45-6:15PM	Jan 11-Mar 1	Idaho IceWorld	\$129/8 classes	261003-02
4-0	SNOWPLOW SAM 3 (Prerequisite Snowplow Sam 2)	М	5.45-6.15PW	Mar 13-Apr 24	idano icewona	\$113/7 classes	361003-01
		W		Mar 15-Apr 26		\$113/7 classes	361003-02
		М		Jan 9-Feb 27		\$129/8 classes	261013-01
4-6	SNOWPLOW SAM 4 (Prerequisite Snowplow Sam 3)	W	5:45-6:15PM	Jan 11-Mar 1	Idaho IceWorld	\$129/8 classes	261013-02
4-0	SNOWPLOW SAM 4 (Frerequisite Snowplow Sam 3)	М	5.45-0.15PM	Mar 13-Apr 24	idano iceworid	\$113/7 classes	361013-01
		W		Mar 15-Apr 26		\$113/7 classes	361013-02

# PERFORMING ARTS/DANCE



# PROGRAM Performing Arts

Through weekly dance classes we will work on the amazing physical benefits of dance and the role dance classes take in the development of young people. Depending on the age of our dancers, we will work on spatial awareness, lining up, taking turns, encouraging each other, learning our names, learning right from left, listening skills, following directions, shapes, creative thinking, respecting each other and problem solving.

### RECITAL FEES

Our annual dance recital is tentatively scheduled for May 13. A costume fee of \$9.54 and a recital fee of \$9 is added to your registration for the spring session. Participation in the recital is not mandatory. Fees are used to offset the cost of costuming and auditorium reservation, allowing the recital to be free for viewers to attend! Not all classes are in recital.

### **BALLET, JAZZ & CHEER COMBO**

AGES 3.5-5 This is the perfect class for those who just want to have fun moving and performing with music, but aren't sure how. Students will begin learning the basics of ballet, jazz and cheer. Participants should come ready to move and have a great time. No special shoes or clothing required.

### **BALLET - Musical**

AGES 3.5-5 This fun introduction to dance and ballet is great for boys and girls alike! Through basic steps, terminology, creative movement, storytelling dances and ballet, we will encourage creativity, coordination and self-esteem.

#### MOVE IT!

AGES 3.5-5 Come learn basic dance steps, terminology and explore your own creative movement styles through imaginative music and games in a fun positive environment. Class time will be spent helping young dancers enhance physical development, interaction with others, following directions and self-esteem.

### TAP - Beginner/Intermediate

AGES 3.5-7 What could be better than having fun while making music with your feet? Tap helps develop strong legs, balance and quick feet. Students will have a tremendous amount of fun learning the basics in a fun, positive environment. Tap shoes are needed. For information on where to purchase, please contact Clay Lee, 208-608-7684.

AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
255	DALLET 1477 0 CHEED COMPO	_	4.20 5.45014	Jan 20-Mar 10	Fact Daile a CC	Charles air Illinda	\$37/\$56.84	212866-01
3.5-5	BALLET, JAZZ & CHEER COMBO	F	4:30-5:15PM  2-2:45PM  10-10:45AM  11-11:45AM  11-11:45AM	Mar 17-May 12**	Fort Boise CC	Stephanie Hinton	\$55.54/\$75.38	312866-01
			2.2.45014	Jan 23-Mar 6*			\$28/\$42.88	212717-01
		М	Z-Z:45PM	Mar 13-May 8**			\$55.54/\$75.38	312717-01
255	DALLET Monitori	147	40.40.45444	Jan 18-Mar 8	Fact Dains CC	Charles als Illinters	\$37/\$56.84	212717-02
3.5-5	BALLET – Musical	W	10-10:45AM	Mar 15-May 10**	Fort Boise CC	Stephanie Hinton	\$55.54/\$75.38	312717-02
		Th	11-11:45AM	Jan 19-Mar 9			\$37/\$56.84	212717-03
		Th		Mar 16-May 11**			\$55.54/\$75.38	312717-03
255	MOVE IT!	Tu	10.10.45 444	Jan 17-Mar 7	F . D	Stephanie Hinton	\$37/\$56.84	212701-01
3.5-5	MOVE II:	Iu	2-2:45PM 10-10:45AM 11-11:45AM	Mar 14-May 9**	Fort Boise CC		\$55.54/\$75.38	312701-01
		т	11 11.45 0.04	Jan 17-Mar 7			\$37/\$56.84	212004-03
255		Tu	11-11:45AW	Mar 14-May 9**			\$55.54/\$75.38	312004-03
3.5-5	TAD Designer/Internetiate	Th	10.10.45 444	Jan 19-Mar 9	Fart Daine CC	Chambania Hintan	\$37/\$56.84	212004-04
	TAP – Beginner/Intermediate	Th	10-10:45AM	Mar 16-May 11**	Fort Boise CC	Stephanie Hinton	\$55.54/\$75.38	312004-04
г 7		14/	5:30-6:15PM	Jan 18-Mar 8			\$37/\$56.84	212004-01
5-1		W		Mar 15-May 10**			\$55.54/\$75.38	312004-01

\*No class Feb 20 \*\*No Class Mar 20-24

# **ZOO BOISE PRESCHOOL CLASSES**



### **PRESCHOOL ZOO**

AGES 3-5 + ADULT Join us for this informal introduction to the wonderful world of animals at Zoo Boise! This program series is designed for adults and preschoolers, and each week features a different animal. Activities are designed to be multi-sensory and may include mini zoo tours, movement activities, listening to stories, crafts, touching artifacts and meeting live animals. All children must be accompanied by an enrolled, paying adult and be ready to take part in the activities! Maximum of 2 children per enrolled adult. For everyone's safety and enjoyment, unregistered children (including siblings) may not attend. All children must be at least 3 years old. Both adult and child must register individually. Fees cover the entire month of programs.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)

# Friends of Zoo Boise

### **ZOO PROGRAM REGISTRATION**

To register for Zoo Boise programs, see Register for Classes at parks.cityofboise.org, stop by Fort Boise Community Center (700 Robbins Road), or call 208-608-7680. Registration is not available at Zoo Boise.

Friends of Zoo Boise Annual Pass Holders receive discounts on some classes. If you are a Friends of Zoo Boise (FoZB) pass holder, please enter your discount coupon code to receive your FoZB discount rate. A current pass is required and must be available for proof with identification at program check-in. Need help applying your code? Call us at Fort Boise Community Center at 208-608-7680. To get your membership code or purchase a FoZB annual pass, call Kayla Wilcox at 208-608-7765, email mwilcox@cityofboise.org or go online at zooboise.org/support/annual-membership

### DISCOUNTS

Friends of Zoo Boise Annual pass holders receive discounts on some zoo classes. If you are a Friends of Zoo Boise (FoZB) pass holder, please enroll in the class you are interested in and use the single activity number listed. A current pass is required to receive a coupon code for 15% OFF A ZOO BOISE CLASS. Need help applying your code? Call us at Fort Boise Community Center at 208-608-7680. To get your membership code or purchase a FoZB annual pass, call Kayla at 208-608-7765, email mwilcox@cityofboise.org or go online at zooboise.org/support/annual-membership.

All Zoo Boise classes are taught by Friends of Zoo Boise (FoZB) staff.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
	PRESCUENT TOO S : A/T: F III I:III	Tu		Jan 10-24			230201-01
	PRESCHOOL ZOO: Series 1 (Tiger, Frog, Hornbill)	Sa		Jan 14-28		\$26.50*	230201-02
	PRESCHOOL ZOO: Series 2 (Snow Leopard, Lizard, Pied Crow)  PRESCHOOL ZOO: Series 3 (Giraffe, Walking Stick, Sea Eagle)	Tu		Feb 7-21	Zoo Boise		230201-03
3-5 +		Sa	10-11AM	Feb 11-25			230201-04
Adult		Tu	IO-TIAIVI	Feb 28-Mar 14			330201-01
	PRESCHOOL 200. Series 5 (Girafie, Walking Stick, Sed Eagle)	Sa	-	Mar 4-18			330201-02
	DDFCCHOOL 700. Cories A/Driveste, Developet Warrely	Tu		Apr 11-25			330201-03
	PRESCHOOL ZOO: Series 4 (Primate, Parakeet, Worm)			Apr 15-29			330201-04

\*This activity qualifies for the FoZB discount.



# **ART**

All materials are provided.

### **ART & ANIMALS**

AGES 6-8 This exciting class lets students explore art using animals as their subjects as they draw, paint and sculpt animals and reptiles.

### **ART DO-IT-TOGETHER**

AGES 4-7 + ADULT Come and have artistic fun with your child! Create one-of-a-kind clay sculptures, make a colorful batik project, draw with pastels and paint with watercolors.

### **CLAY**

AGES 6-8 Pinch, coil, slab and sculpt your way to fun! Students will create interesting pots, creatures and everyday objects using clay and fired glazes.

### **DRAWING & PAINTING**

AGES 6-12 Learn the fundamentals of drawing and painting. Drawing techniques, technical skills and color will be explored using brushes, pencils, inks, chalks, charcoal, watercolor and acrylics.

### **FUN WITH CARTOONS**

AGES 8-12 Make up your own comics! We'll create characters, story boards and graphic books using a variety of media including clay, watercolor, paint and pencil. Cost includes lab and materials fee.

### **MEDIEVAL FANTASY ART**

AGES 9-12 This imaginative class brings history and fantasy to life by creating castles, knights, horses and dragons with charcoal, paint, oil pastels and watercolors.

### **POTTERY FOR KIDS**

AGES 9-14 Create original pots by forming clay on an electric potter's wheel. Make unique and more advanced hand-built projects. Young potters will also learn how to apply colored glazes onto their completed masterpieces.

AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
4-7 +	ART DO-IT-TOGETHER	w	4:15-5:15PM	Jan 11-Feb 15	Fart Daise CC	Karen Hedger	\$69.67/\$107.44	202704-01
Adult	ART DO-II-TOGETHER	VV	4.15-5.15PW	Mar 29-May 3	Fort Boise CC			302704-01
6-8	ART & ANIMALS	Tu	4:15-5:45PM	Jan 10-Feb 28	Fort Boise CC	Staff	\$66.50/\$102.53	202724-01
6-8	CLAY	Th	4:15-5:45PM	Jan 12-Mar 2	Fort Boise CC	Staff	\$66.50/\$102.53	202708-01
0-0	CLAT	1111	4.15-5.45PW	Mar 30-May 18	roit boise CC	Stall	\$00.50/\$102.55	302708-01
6-8	DRAWING & PAINTING	М	4:15-5:45PM	Jan 9-Feb 27	Fort Boise CC	Staff	\$66.50/\$102.53	202720-01
0-0	DRAWING & FAINTING	IVI	4.13-3.43FW	Mar 27-May 15	TOIL DOISE CC	Stail	\$00.30/\$102.33	302720-01
8-12	FUN WITH CARTOONS	W	4:15-5:45PM	Mar 29-May 17	Fort Boise CC	Staff	\$66.50/\$102.53	302733-01
9-12	MEDIEVAL FANTASY ART	W	4:15-5:45PM	Jan 11-Mar 1	Fort Boise CC	Staff	\$66.50/\$102.53	202726-01
9-12	DRAWING & PAINTING	Th	4:15-5:45PM	Jan 12-Mar 2	Fort Boise CC	Staff	\$66.50/\$102.53	202721-01
9-12	DRAWING & PAINTING	1111	4.15-5.45PW	Mar 30-May 18	roit boise CC	Stall	\$66.50/\$102.55	302721-01
		М		Jan 9-Feb 27				202728-01
		Tu		Jan 10-Feb 28				202728-02
9-14	POTTERY FOR KIDS	W	4:15-5:45PM	Jan 11-Mar 1	Fort Boise CC	Staff	\$66.50/\$102.53	202728-03
		М		Mar 27-May 15				302728-01
				Mar 28-May 16				302728-02

### **CAMPS**

### GEAR GRINDERS MOUNTAIN BIKE CAMP – Beginner

AGES 6-8 Young riders will learn to correctly use front brakes, rear brakes and appropriate use of gears. Participants will encourage each other and use teamwork while being introduced to climbing and descending safely.

# GEAR SMASHERS MOUNTAIN BIKE CAMP – Intermediate

AGES 6-8 Riders will continue to build confidence in using front/rear brakes and gears while we introduce the 5-core mountain bike skills, body position, braking, climbing, descending and cornering.

### GEAR GREASERS MOUNTAIN BIKE CAMP – Beginner

AGES 9-12 We will learn to execute the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. Riders will gain confidence in braking and using gears at the appropriate times and focusing on climbing with proper body mechanics before learning how to safely descend.

# GEAR MASTERS MOUNTAIN BIKE CAMP – Intermediate

AGES 9-12 Riders will begin to advance the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. We will introduce how to handle rocks, gain speed while in control, and climb/descend safely and confidently.

### **LEGO® SPIKE**

AGES 10-14 Combine your love of LEGOS with easy coding. SPIKE has colorful LEGO building elements, easy-to-use hardware and an intuitive drag-and-drop coding language based on Scratch. SPIKE Prime engages kiddos through playful learning activities like LEGO Break Dancer, Robotic Arm or Racing Car. These activities will have kids thinking critically and solving complex problems, regardless of their learning level.

### SCHOOL BREAK DAY CAMPS – Oh Behave! (Grades 2-5)

AGES 7-10 Animals use specialized tools and behaviors, including teamwork and competition, to live in the deepest sea, driest desert and highest mountains. Put on your "field gear" and together we can observe/ explore the adaptations that animals use to survive in their habitat.

### SCHOOL BREAK DAY CAMPS – Dr. Zoolittle (Grades 2-5)

AGES 7-10 Learn the language of veterinarians using imaginative play for some tasks (sorry,

we won't be doing a dental cleaning on a tiger), reading x-rays, planning diets/Rx, and visiting with zoo staff to learn about the care provided for hundreds of animals.

### SCHOOL BREAK DAY CAMPS – Art Safari (Grades 2-5)

AGES 7-10 Animals have always been celebrated in different forms of art. From paintings to sculpture, to dance and music, we'll explore all forms of art and make some of our own with a messy Zoo Boise twist.



PROGRAM

# Get In Gear Mountain Bike Camps

Boise Parks and Recreation is proud to partner with Get in Gear Mountain Bike School. Camps emphasize learning to navigate our Ridge to Rivers trail system, proper etiquette, respect for nature, how to be a good teammate and having fun! We will cover some basic bike maintenance and first aid skills. Details for what to expect each day will be emailed the week before camp. For questions on what level is appropriate for your rider, please contact Sheree Chaffin at sheree@getingear.us

Riders need to bring a maintained mountain bike, snacks and water bottle. BMX, fixed geared or training/strider bikes will not work on the trails except for Gearlings level.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
6-8	GEAR GRINDERS MOUNTAIN BIKE CAMP – Beginner	Tu-Th	5-7PM	May 2-4	Fort Boise CC	\$37/\$56.80	320706-02
6-8	GEAR SMASHERS MOUNTAIN BIKE CAMP – Intermediate	Tu-Th	5-7PM	Apr 4-6	Fort Boise CC	\$37/\$56.80	320725-01
	SCHOOL BREAK DAY CAMPS – Oh Behave! (Grades 2-5)	F		Feb 17			230801-01
7-10	SCHOOL BREAK DAY CAMPS - OII Bellave! (Glades 2-5)	Г	9AM-4PM	Apr 21	Zoo Boise	\$55**	330801-01
7-10	SCHOOL BREAK DAY CAMPS – Dr. Zoolittle (Grades 2-5)		9AW-4PW	Jan 16	Zoo Boise	\$55	230803-01
	SCHOOL BREAK DAY CAMPS – Art Safari (Grades 2-5)	М		Feb 20			230802-01
9-12	GEAR GREASERS MOUNTAIN BIKE CAMP – Beginner	Tu-Th	5-7PM	May 9-11	Fort Boise CC	\$37/\$56.80	320709-02
9-12	GEAR MASTERS MOUNTAIN BIKE CAMP – Intermediate	Tu-Th	5-7PM	Apr 11-13	Fort Boise CC	\$37/\$56.80	320710-01
10 14	LEGO® SPIKE	_	C 7-20DM	Jan 13-Mar 3	Dials Farellass CC	\$72/\$442.CO	219319-01
10-14	LEGO® SPIKE	F	6-7:30PM	Mar 10-May 5*	Dick Eardley SC	\$73/\$112.60	319319-01

\*No Class Mar 20-24 \*\*This activity qualifies for the FoZB discount.

### COOKING



**FAMILY NIGHT OUT SERIES** 

ALL AGES + ADULT Family time is best when you're learning and working together! Come to one of our Family Night Out cooking classes for some true together time in the kitchen. Students under the age of 16 must be accompanied by a paying adult. The cost is per person and each must register individually.

MEATLESS MONDAYS – Join the plant-based revolution with recipes you can use for your family's Meatless Monday meals.

MUFFIN MADNESS – Muffins are perfect packages for delicious savory and sweet meals and treats.

EXPLORING INDIAN FLAVORS — Expand your palate with our staff-favorite recipes inspired by the cuisines of India!

CHIPS AND DIPS — Homemade chips and dips are a fun way to up the flavor and nutrition in your snacking game.

### **KID'S CULINARY SERIES**

AGES 7-14 There are more opportunities than ever to hone your cooking skills and discover new flavors in our Kid's Culinary classes.

BRUNCH BASICS – If you love the first meal of the day, or even breakfast for dinner, this class is for you!

JR. CHEF – Specifically designed for younger cooks, this class will provide the basic skills and building blocks for a lifetime of success in the kitchen.

BASTA PASTA! – Make some amore in the kitchen with homemade pastas and sauces.

FOCACCIA FANTASY – Develop your own world out of dough and veggies in this creative, hands-on class.

GARDEN TO KITCHEN DELISH – Learn delicious, environmentally-friendly recipes to build a sustainable plate today and for the future.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	FEE RES/NR
	FAMILY NICHT OUT CEDIES - Machines Mandaus	W		Jan 11			224201-01
FAMILY NI FAMILY NI FAMILY NI	FAMILY NIGHT OUT SERIES – Meatless Mondays	Tu		Jan 17			224201-02
	FAMILY NIGHT OUT SERIES – Muffin Madness	W		Feb 8	DUCC		224201-03
	FAMILY NIGHT OUT SERIES – MUITIN Madriess	М	F 7DM	Feb 13		\$21	224201-04
	FAMILY NICHT OUT SERIES - Evaluring Indian Flavors	W	5-7PM	Mar 8	BUGS	\$21	324201-01
	FAMILY NIGHT OUT SERIES – Exploring Indian Flavors	Tu		March 14			324201-04
	FAMILY NICUT OUT SERIES Chine and Dine	W		May 10			324201-02
	FAMILY NIGHT OUT SERIES – Chips and Dips	М		May 15			324201-03
7-10	KID'S CULINARY SERIES – Jr. Chef	W		Feb 1			224011-03
7-10	KID 3 CULINART SERIES – JI. CIIEI	М		Feb 6			224011-04
	VID'S CHI INADV SEDIES Devices	М		Jan 9			224011-01
	KID'S CULINARY SERIES – Brunch Basics	W		Jan 18			224011-02
	KID'S CULINARY SERIES – Basta Pasta!	М	4-6PM	Mar 6	BUGS	\$21	324011-02
9-14	MIDIC CHI INADV CEDIEC Francis Fontoni	W		Apr 5			324011-03
	KID'S CULINARY SERIES – Focaccia Fantasy	М		Apr 10			324011-04
	VID'S CHI INADV SEDIES Condon to Vitabes Delich	W		May 3			324011-05
	KID'S CULINARY SERIES – Garden to Kitchen Delish	М		May 8			324011-06

# ENVIRONMENTAL EDUCATION

### **BUGS COMMUNITY DAYS**

ALL AGES + ADULT Welcome spring with community events at BUGS! Each FREE event will bring you resources for the whole family, get you prepped for planting, and excited to embrace the growing season. This is a drop-in activity and registration is not required.

### **CITY NATURE CHALLENGE HIKE**

ALL AGES + ADULT Join us for this hike in Hulls Gulch as we collect observations of plants and wildlife for the City Nature Challenge. Bring your smartphones or cameras and help us snap pictures along with your guide. Please dress to be outdoors and bring your own snacks and water. Hike will be 2 hours long but is adaptable for all ages.

### **FAMILY CAMPING BASICS**

AGES 4+ & ADULT Gain skills and confidence to take the whole family overnight camping this summer. Topics and activities will be tailored so that all ages can participate. Learn the gear, meals, and etiquette that will keep you safe, comfy, and enojoying the outdoors. Cost is per person.

### **FOOTHILLS FAMILY DAYS**

ALL AGES + ADULT Venture to the Foothills Learning Center for a day of family fun. We will have guided hikes, nature tables, crafts and more. Entrance is free but may be limited due to capacity.

### **GREEN BEANS - Afterschool**

AGES 5-10 Our month-long afterschool sessions allow youth to explore the garden in every season, with a focus on curiosity, creativity and healthy eating.

### **HIKE & LEARN**

ALL AGES + ADULT Join us this Spring for a new family event at the Foothills Learning Center! We will host an evening family hike lead by a local naturalist or FLC staff. Each month we will discover a new trail and explore new topics depending on the season.

# TOUR TUESDAYS AT THE WATERSHED

AGES 5+ & ADULT Join us for a tour of the West Boise Water Renewal Facility. This 60-minute walking tour will give you a behind-thescenes view of what happens when you flush! Learn how the City of Boise is renewing your used water, recovering valuable resources and ultimately protecting the health of the Boise River. Closed-toe shoes required, ages 5 and up. Registration is required thru the Eventbrite link found on our event calendar at boisewatershed.org.



Foothills Family Days

# WATERSHED WEEKEND PROGRAMS

ALL AGES + ADULT Go with the flow to the WaterShed for fun activities the whole family can enjoy! FREE admission. Find more info at boisewatershed.org.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
				Jan 10			
Agos El				Feb 14	_		Pre-registration
Ages 5+ & Adult	TOUR TUESDAYS	Tu	9-10AM	Mar 14	Boise WaterShed	FREE	required through Eventbrite link on
a / lault				Apr 11			boisewatershed.org
				May 9			
All Ages + Adult	BUGS COMMUNITY DAYS — Plant Sale	Sa	11AM-1PM	May 6	BUGS	FREE	N/A
All Ages + Adult	CITY NATURE CHALLENGE HIKE	Sa	10AM-12PM	Apr 29	Foothills LC	FREE	325074-01
All Ages + Adult	FOOTHILLS FAMILY DAY	Sa	11AM-2PM	Apr 22	Foothills LC	FREE	N/A
	HIKE & LEARN	F	5:30-6:30PM	Mar 17			319965-01
All Ages + Adult				Apr 21	Foothills LC	\$3	319965-02
+ Adult				May 19			319965-03
	WATERSHED WEEKEND – Resolution Solutions			Jan 21			
	WATERSHED WEEKEND – Wonders of Winter			Feb 18			
All Ages + Adult	WATERSHED WEEKEND – Block Fest™	Sa	10AM-1PM	Mar 18	Boise WaterShed	FREE	N/A
Adult	WATERSHED WEEKEND – Earth Week Festival			Apr 15			
	WATERSHED WEEKEND – WaterShed Birthday Bash!			May 20			
4+ & Adult	FAMILY CAMPING BASICS	Sa	10AM-12PM	May 20	Foothills LC	\$10	324204-01
5-10	GREEN BEANS – Afterschool	Tu	4-5:30PM	Apr 4-25	BUGS	\$29	324101-01
J-1U	GREEN DEANS - AILEISCHOOL	lu	4-3.3UPIVI	May 2-16	0003	\$22	324101-02

# **GOLF**

### **GOLF LESSONS**

AGES 5-13 Classes cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level from beginner to advanced. Lessons include oncourse instruction. Clubs will be provided for the students during class time.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

DECEMBER 5 (Residents) | DECEMBER 7 (Non-residents)

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
5-7	GOLF LESSONS – Quail Hollow	Tu, W, Th	4:15-5:15PM	Apr 4-6		\$69	370001-01
5-7	GOLF LESSONS – Quali Hollow	iu, w, iii	4.13-3.13PW	May 2-4	Quail Hollow GC	209	370001-02
5-7	GOLF LESSONS – Warm Springs	Tu, W, Th 4:15-5:15PM		Mar 14-16	Warm Springs GC	\$69	380001-01
5-7	GOLF LESSONS – Walli Springs	iu, vv, iii	4.15-5.15FWI	May 2-4	warm springs ac	\$03	380001-02
7-13	GOLF LESSONS – Quail Hollow	Tu, W, Th	4:15-5:15PM	Apr 18-20	Quail Hollow GC	\$69	370005-01
7-13	GOLF LESSONS – Quali Hollow	iu, vv, iii	4.15-5.15FWI	May 16-18	Quali Hollow GC	\$03	370005-02
				Feb 28-Mar 2			380005-01
			Mar 7-9 Mar 28-30 Apr 4-6	Mar 7-9			380005-02
				Mar 28-30			380005-03
				Apr 4-6			380005-04
7-13	GOLF LESSONS – Warm Springs	Tu, W, Th	4:15-5:15PM	Apr 11-13	Warm Springs GC	\$69	380005-05
				Apr 18-20			380005-06
				Apr 25-27			380005-07
				May 9-11			380005-08
				May 16-18			380005-09





Polecat Trail

# **HOMESCHOOL ADVENTURES**

### **WATERSHED HOMESCHOOL DAYS**

AGES 5-12 Calling all homeschools! The WaterShed offers free programs catered to children ages 5–12, but all ages are welcome. Families will enjoy our new format of station-based activities that focus on a different topic each month. Adults and children will go at their own pace to visit each station to learn, create and explore! Registration required for children only thru the Eventbrite link found on our event calendar at boisewatershed.org.

### **BUGS HOMESCHOOL DAYS**

AGES 6-12 Spend some time outside with instructors learning about our environment during these sessions specifically designed for homeschoolers.

SEEDS & PLANTING – Join BUGS staff in the garden for a lesson on seeds and plant life cycles as we get ready for the upcoming growing season in the Treasure Valley.

POLLINATORS – As the weather warms, pollinators start to wake from their long winter slumber. Join us in the BUGS garden as we learn about pollinators and their role in making a productive garden.

### **HOMESCHOOL ZOO**

AGES 7-13 The Homeschool Zoo program provides a unique learning experience for



**BUGS Homeschool Days - Pollinators** 

students schooled at home. The course consists of classroom discussion, laboratory activities, animal encounters and specialized zoo tours. Classes align with Idaho State Science Standards and focus on topics and principles based on grade level. Themes will

emphasize looking at animal groups and taxonomy, adaptations, habitats and ecology. Each individual household must register their child for the class. Kids only! Please bring a small snack for a 15-minute break during class.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
	WATERSHED HOMESCHOOL DAYS – Snow Science	М	10AM-12PM 1-3PM	Jan 23			Registration
5-12	WATERSHED HOMESCHOOL DAYS – Celebrate Science	Tu	10AM-12PM 1-3PM	Feb 21	Boise WaterShed	FREE	required through Eventbrite link on boisewatershed.
	WATERSHED HOMESCHOOL DAYS – Snow School at Bogus Basin	М	10AM-2PM	Mar 13	Bogus Basin		org
6-12	BUGS HOMESCHOOL DAYS – Seeds & Planting	Th	12:30-2PM	Mar 16	BUGS	\$7	324104-01
0-12	BUGS HOMESCHOOL DAYS – Pollinators	1111	12.3U-ZFIVI	May 18	6003	Φ/	324104-02
2ND 8	3RD GRADE						
	HOMESCHOOL ZOO – Amazing Adaptations			Jan 18			230551-01
7-8	HOMESCHOOL ZOO – Ecosystem Explorers	w	9-11AM	Feb 8	Zoo Boise	\$16*	230551-02
7-0	HOMESCHOOL ZOO – Art Safari			Mar 8			330551-01
	HOMESCHOOL ZOO – Tropics to Tundra			April 12			330551-02
4TH &	5TH GRADE						
	HOMESCHOOL ZOO – Wildlife Research			Jan 25			230552-01
0.40	HOMESCHOOL ZOO – Junior Zookeeper	<b></b>	0.444.40044	Feb 15	7	40.4*	230552-02
9-10	HOMESCHOOL ZOO – Endangered Species	W	9AM-12PM	Mar 15	Zoo Boise	\$24*	330552-01
	HOMESCHOOL ZOO – Celebrate Spring			April 19			330552-02
6TH -	8TH GRADE						
	HOMESCHOOL ZOO – Art Safari			Feb 22			230553-01
11-13	HOMESCHOOL ZOO – Animal Behavior	W	9AM-12PM	Mar 29	Zoo Boise	\$24*	330553-01
	HOMESCHOOL ZOO – Endangered Species			April 26			330553-02

\*This activity qualifies for the FoZB discount.

# ICE HOCKEY/ICE SKATING



### **ICE HOCKEY**

# GOAL! Hockey Learn to Play

Find more information on page 8.

Check out the curriculum for each level at learntoskateusa.com

### **HOCKEY LEARN TO PLAY (H1) Beginners**

AGES 4-17 Players will learn how to sit on ice and stand up, proper stance, march forward, forward two-foot glide, dip or squat, scooter pushes or T-push, forward swizzles, snowplow stop and backwards skating. Full equipment required. Helmet must be provided by skater. No sticks allowed for this level.

### **HOCKEY LEARN TO PLAY 2 (H2)** Prerequisite: Hockey Learn to Play 1 (H1)

AGES 4-17 Players will learn backward stance, skating forward using full strides, forward one-foot glides, backward hustle, backward swizzles, glide turns and moving snowplow stops. Full equipment required. Idaho IceWorld will provide rental equipment at no additional charge. Helmet and stick must be provided by skater.

### **HOCKEY LEARN TO PLAY 3 (H3)** Prerequisite: Hockey Learn to Play 2 (H2)

AGES 4-17 Players will learn one-foot snowplow stop, introduce hips with  $\frac{1}{4}$  turn twist to hockey stop, full strides using 45-degree V-Push, shuffle stride, backwards hustle, backward

C-Cuts or power pushes, backward outside edge glide, forward C-Cuts, C-push glide, forward outside & inside edges, gliding 2 foot turn and lateral crossover march. Classes will be structured following USA Hockey American Development Model (ADM) Program. Full equipment required. Helmet and stick must be provided by skater.

### **HOCKEY LEARN TO PLAY 4 (H4)** Prerequisite: Hockey Learn to Play 3 (H3)

AGES 4-17 This is the first step to playing organized hockey. Full hockey equipment is required. Helmet and stick must be provided by skater.

### PROGRAM Learn to Skate

Find more information on page 9. Skates are included with the cost of the class.

### **ICE SKATING**

### **SNOWPLOW SAM 1-4**

AGES 4-6 Full class descriptions on page 9.

### **BASIC 1 (Beginners)**

AGES 7-12 Beginning skaters will learn the proper way to fall and get up, march, forward two-foot glide, dip, forward swizzles, backward wiggles, snowplow stop and a two-foot hop in place. Once all skills are mastered, skaters advance to Basic 2 and receive a Certificate of Achievement and a Basic 1 badge. Check out the curriculum for each level at learntoskateusa.com.

### **BASIC 2 (Prerequisite Snowplow** Sam 4 or Basic 1)

AGES 7-12 Skaters will learn scooter pushes, forward one-foot glides, backward two-foot glides, rocking horse, backward swizzles, two-foot turns from forward and backward, moving snowplow stop and curves. Once all skills are mastered, skaters advance to Basic 3 and receive a Certificate of Achievement and a Basic 2 badge. Check out the curriculum for each level at learntoskateusa.com.

### **BASIC 3 (Prerequisite Basic 2)**

AGES 7-12 Advancing skaters will learn forward stroking, half swizzle pumps on a circle, moving two-foot turn, backward one-foot glides, backward snowplow stop, forward slalom, and forward pivots. Once all skills are mastered, skaters advance to Basic 4 and receive a Certificate of Achievement and a Basic 3 badge. Check out the curriculum for each level at learntoskateusa.com

### **BASIC 4 (Prerequisite Basic 3)**

AGES 7-12 Advancing skaters will learn forward outside and inside edges on a circle, forward crossovers, backward half swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin and forward lunges. Once all skills are mastered, skaters advance to Basic 5 and receive a Certificate of Achievement and a Basic 4 badge. Check out the curriculum for each level at learntoskateusa.com.

### BASIC 5 (Prerequisite Basic 4)

AGES 7-12 Advancing skaters will learn backward outside and inside edges on a circle, backward crossovers, forward outside threeturn, advanced two-foot spin, hockey stop and a side toe hop. Once skills are mastered, skaters advance to Basic 6 and receive a Certificate of Achievement and a Basic 5 badge. Check out the curriculum for each level at learntoskateusa.com.

### **BASIC 6 (Prerequisite Basic 5)**

AGES 7-12 Advancing skaters learn forward inside open mohawk from a standstill, forward inside three-turn, backward to forward two-foot turn on a circle, backward stroking, beginning one-foot spin, T-stops, bunny hop, forward spiral on a straight line and shoot the duck. Once all skills are mastered, skaters advance to Pre-Free Skate and receive a Certificate of Achievement and a Basic 6 badge. Check out the curriculum for each level at learntoskateusa.com.

# **ICE HOCKEY/ICE SKATING CON'T**

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
ICE H	OCKEY						
4-7	HOCKEY LEARN TO PLAY 1-4 (H1-H4) – Class info	ormation	on page 8.				
		Tu		Jan 10-Feb 28		\$209/8 classes	260004-01
8-17	HOCKEY LEARN TO PLAY (H1) Beginners	Th	7:30-8:30PM	Jan 12-Mar 2	Idaho IceWorld	\$209/6 Classes	260004-02
0-1/	HOCKET LEARN TO FLAT (HI) Beginners	Tu	7.30-6.30FW	Mar 14-Apr 25	luano icewona	\$183/7 classes	360004-01
		Th		Mar 16-Apr 27		\$100/7 Classes	360004-02
		Tu		Jan 10-Feb 28		\$209/8 classes	260005-01
8-17	HOCKEY LEARN TO PLAY 2 (H2) Prerequisite	Th	7:30-8:30PM	Jan 12-Mar 2	Idaho IceWorld	\$205/0 classes	260005-02
0-17	Hockey Learn to Play 1 (H1)	Tu	7.50-6.501 W	Mar 14-Apr 25	luano icewona	\$183/7 classes	360005-01
		Th		Mar 16-Apr 27		\$100/7 Classes	360005-02
		Tu		Jan 10-Feb 28		\$209/8 classes	260006-01
8-17	HOCKEY LEARN TO PLAY 3 (H3) Prerequisite	Th	7:30-8:30PM	Jan 12-Mar 2	Idaho IceWorld	\$209/0 Classes	260006-02
0-17	Hockey Learn to Play 2 (H2)	Tu	7.50-6.50FWI	Mar 14-Apr 25	Idano iceworid	\$183/7 classes	360006-01
		Th		Mar 16-Apr 27		\$103/7 Classes	360006-02
		Tu		Jan 10-Feb 28		\$209/8 classes	260007-01
8-17	HOCKEY LEARN TO PLAY 4 (H4) Prerequisite	Th	7.20 0.20DM	Jan 12-Mar 2	Idaha IsaWarid	\$209/6 Classes	260007-02
0-1/	Hockey Learn to Play 3 (H3	Tu	7:30-8:30PM	Mar 14-Apr 25	Idaho IceWorld	\$183/7 classes	360007-01
		Th		Mar 16-Apr 27		\$103/7 Classes	360007-02
ICE SI	KATING						
4-6	SNOWPLOW SAM 1-4 – Class information on pag	ge 9.					
		М		Jan 9-Feb 27		\$129/8 classes	261004-01
7-12	BASIC 1 (Beginners)	W	5:45-6:15PM	Jan 11-Mar 1	Idaho IceWorld	\$123/0 Classes	261004-02
7-12	BASIC 1 (Beginners)	М	5.45-6.15PW	Mar 13-Apr 24	Idano icewona	\$113/7 classes	361004-01
		W		Mar 15-Apr 26		\$113/7 CldSSeS	361004-02
		М	6:15-6:45PM	Jan 9-Feb 27		\$129/8 classes	261005-01
7-12	BASIC 2 (Prerequisite Snowplow Sam 4 or	W	6:45-7:15PM	Jan 11-Mar 1	Idaho IceWorld		261005-02
7-12	Basic 1)	М	6:15-6:45PM	Mar 13-Apr 24	luano icewona	\$113/7 classes	361005-01
		W	6:45-7:15PM	Mar 15-Apr 26		\$113/7 Classes	361005-02
		М	6:15-6:45PM	Jan 9-Feb 27		\$129/8 classes	261006-01
7-12	BASIC 3 (Prerequisite Basic 2)	W	6:45-7:15PM	Jan 11-Mar 1	Idaho IceWorld	\$123/0 Classes	261006-02
7-12	basic 3 (Frerequisite basic 2)	М	6:15-6:45PM	Mar 13-Apr 24	Idano iceworid	\$113/7 classes	361006-01
		W	6:45-7:15PM	Mar 15-Apr 26		\$113/7 classes	361006-02
		М	6:15-6:45PM	Jan 9-Feb 27		\$129/8 classes	261007-01
7-12	BASIC 4 (Prerequisite Basic 3	W	6:45-7:15PM	Jan 11-Mar 1	Idaho IceWorld	\$123/0 classes	261007-02
7-12	BASIC 4 (Frerequisite basic 3	М	6:15-6:45PM	Mar 13-Apr 24	luano icewona	\$113/7 classes	361007-01
		W	6:45-7:15PM	Mar 15-Apr 26		ψ113/7 Clu33C3	361007-02
		M	6:15-6:45PM	Jan 9-Feb 27		\$129/8 classes	261008-01
7-12	BASIC 5 (Prerequisite Basic 4)	W	6:45-7:15PM	Jan 11-Mar 1	Idaho IceWorld	#123/0 Classes	261008-02
/-IZ	DASIC 3 (Frerequisite pasic 4)	M	6:15-6:45PM	Mar 13-Apr 24	Idano icevvonu	\$113/7 classes	361008-01
		W	6:45-7:15PM	Mar 15-Apr 26		#113// Classes	361008-02
		M	6:15-6:45PM	Jan 9-Feb 27		\$129/8 classes	261009-01
7-12	BASIC 6 (Prerequisite Basic 5)	W	6:45-7:15PM	Jan 11-Mar 1	Idaho IceWorld	Ψ123/O Cla2262	261009-02
/-IZ	BASIC O (Frerequisite pasic 3)	M	6:15-6:45PM	Mar 13-Apr 24	luano icevvoliu	\$113/7 classes	361009-01
		W	6:45-7:15PM	Mar 15-Apr 26		\$113/7 Classes	361009-02

# PERFORMING ARTS

### **PROGRAM**

# Youth Performing Arts

Through weekly dance classes we will work on the amazing physical benefits of dance and the role dance classes take in the development of young people. Depending on the age of our dancers, we will work on spatial awareness, lining up, taking turns, encouraging each other, learning our names, learning right from left, listening skills, following directions, shapes, creative thinking, respecting each other and problem solving.

### RECITAL FEES

Our annual dance recital is tentatively scheduled for May 13. A costume fee of \$9.54 and a recital fee of \$9 is added to your registration for the spring session. Participation in the recital is not mandatory. Fees are used to offset the cost of costuming and auditorium reservation, allowing the recital to be free for viewers to attend!

Not all classes are in recital.



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### **BALLET – Beginner**

AGES 6-8 This class introduces new dancers to the basics and beginning techniques of traditional ballet while continuing to build on those techniques with returning students. This class will keep you on your toes with fun, expressive movements and age-appropriate music.

### **BALLET – Intermediate**

AGES 8-12 This class will follow a more traditional ballet class structure focusing on increasing strength, flexibility and coordination while continuing to learn new fundamentals and ballet terminology. Beginners may join class with instructor approval.

### **HIP HOP**

AGES 8-12 Hip Hop is a fun high-energy dance style that will have everyone up and moving! Music is fun and age-appropriate. Come ready to move and learn some cool new moves. Classes are great exercise and great fun!

### TAP - Beginner/Intermediate

AGES 5-7 What could be better than having fun while making music with your feet? Tap helps develop strong legs, balance and quick feet. Boys and girls alike will have a tremendous amount of fun learning the basics in a fun, positive environment. Tap shoes are needed. For information on where to purchase, please contact Clay Lee, 208-608-7684.

AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
5-7	TAD Designer/Internaciate	w	5:30-6:15PM	Jan 18-Mar 8	Faut Daise CC	Chambania I limban	\$37/\$56.84	212004-01
5-7	TAP – Beginner/Intermediate	VV	5.30-6.15PW	Mar 15-May 10**	Fort Boise CC	Stephanie Hinton	\$55.54/\$75.38	312004-01
		М		Jan 23-Mar 6*			\$37/\$56.80	212706-01
6-8	BALLET – Beginner	IVI	4:30-5:30PM	Mar 13-May 8**	Fort Boise CC	Ctanhania Hinton	\$67.54/\$93.94	312706-01
0-0	DALLET - Degitillet	Tu	4.50-5.50PW	Jan 17-Mar 7	FOIL BOISE CC	Stephanie Hinton	\$49/\$75.40	212706-02
		Iu		Mar 14-May 9**			\$67.54/\$93.94	312706-02
8-12	BALLET – Intermediate	F	5:30-6:30PM	Jan 20-Mar 10	Fort Boise CC	Stephanie Hinton	\$49/\$75.40	212767-01
0-12	DALLET - IIItermediate	Г	5.5U-0.5UPIVI	Mar 17-May 12**	FOIL BOISE CC	Stephanie militori	\$67.54/\$93.94	312767-01
		Tu		Jan 17-Mar 7			\$37/\$56.84	212513-01
8-12	HIP HOP	Iu	5:45-6:30PM	Mar 14-May 9**	Fort Boise CC	Stephanie Hinton	\$55.54/\$75.38	312513-01
8-12	HIP HOP	Th	5:45-6:3UPINI	Jan 19-Mar 9	FOIL BOISE CC		\$37/\$56.84	212513-02
	T	111		Mar 16-May 11**			\$55.54/\$75.38	312513-02
0.40	TAD D : (1)		C 45 7014	Jan 18-Mar 8	F . D	6	\$37/\$56.84	212004-02
8-12	TAP – Beginner/Intermediate	W	6:15-7PM	Mar 15-May 10**	Fort Boise CC	Stephanie Hinton	\$55.54/\$75.38	312004-02

\*No class Feb 20 \*\*No Class Mar 20-24

# SPORTS/FITNESS

### **JUNIOR TENNIS EXCELLENCE PROGRAM**

AGES 8-12 Designed to prepare juniors for tournament play. Juniors must have good rallying, returning and serving skills and have approval from the Tennis Pro, Duane Stotland (208-972-7954) to join. Tuesday classes are for at-level play and Thursday classes are combined for match play. If a player does not meet the level requirements when evaluated, it is at the instructor's discretion to disenroll.

### **MARTIAL ARTS - Karate Shotokan-Mixed Level**

AGES 7-12 Learn traditional Shotokan Karate including dojo etiquette, warm-up, Kihon, Katas, and Kumite. Class will focus on Kihon or basic techniques (blocks, punches, kicks and stances) and Katas or prearrange forms (formal exercise) and Kumite or sparring as students progress.

### **PARKOUR**

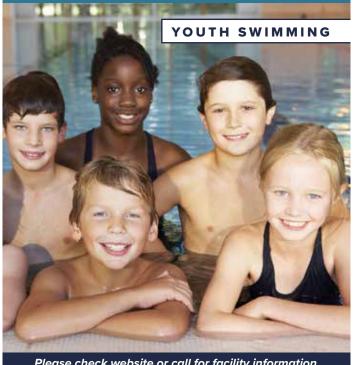
AGES 6-11 Parkour is getting from point A to point B as quickly and efficiently as possible using just your body and environment. Learn how to land, roll and fall safely as well as move quickly in your own style. Each week has its own "theme"; vaulting, jumping, flipping and climbing. Classes held at Myth Parkour, 2902 S Featherly Way in Boise (near Cole Rd and Victory Rd).

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AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
				Jan 6-27				220501-01
				Feb 3-24	Myth Parkour (2902 S Featherly Way in Boise – near Cole	Staff	\$25/\$38.20	220501-02
6-11	PARKOUR	F	5-6PM	Mar 3-31**				320501-01
				Apr 7-28	Rd and Victory Rd)			320501-02
				May 5-26	, ,			320501-03
7 10	MARTIAL ARTS – Karate	NA 14/	5:30-6:45PM	Jan 9-Feb 27*	Diels Familian CC	Alvin Sablan,	\$36/\$55.25	220333-01
7-12	Shotokan- Mixed Level	M,W	5.50-0.45FW	Mar 1-Apr 26**	Dick Eardley SC	Jennifer Harrington	\$43.50/\$66.88	320333-01
8-12	JUNIOR TENNIS EXCELLENCE PROGRAM – Lower Level	Tu, Th	Tu 4:30-6PM/ Th 4:30-6:30PM	Apr 11-May 30	Ann Morrison Park	Duane Stotland	\$113.50/\$175.38	350044-01
8-12	JUNIOR TENNIS EXCELLENCE PROGRAM – Higher Level	Tu, Th	Tu 6-7:30PM/ Th 4:30-6:30PM	Apr 11-May 30	Ann Morrison Park	Duane Stotland	\$113.50/\$175.38	350044-02

\*No Class Jan 16 or Feb 20 \*\*No Class Mar 20-24

# **BOISE CITY AQUATIC CENTER**



Please check website or call for facility information.

**WEST BOISE FAMILY YMCA** 

5959 N. Discovery Place • (208) 377-9622 • ymcatvidaho.org



# LIFEGUARDING

# LOOKING FOR A **GREAT SUMMER JOB?**

BE A LEADER | EARN MONEY | SAVE LIVES

Interested in becoming a lifeguard with the City of Boise? Register today to get certified. Classes fill up quickly.



### CONTACT

Connie Bartich 208-608-7685 cbartich@cityofboise.org

# **SPRING BREAK CAMPS**



### PROGRAM

# Guided Field Trips & School Outreach

We are ready for field trip season at Zoo Boise. We have a variety of programs available to meet the Idaho State Science Standards within each grade level. Additionally, we could tailor a program to help you meet other requirements or expand your content area.

NEW in 2022! For the new school year, we can offer outreach at your school: educators will bring interesting BioFacts (pelts, skulls, etc.) and share how Zoo Boise contributes to conservation around the world. \*We do not bring live animals off-site. For more information, current pricing and discounts for Title I schools, visit Zoo Boise's website at zooboise.org/education-programs/ schools-youth-groups.

### BOGUS BASIN SNOWSCHOOL – Spring Break Edition

AGES 9-12 Hit the snow with Bogus Basin's Environmental Education team for a week of snow science and winter wildlife exploration. Spend spring break exploring the local mountain while learning through games and activities. Participants must come prepared to spend each day out on the snow. Proper fitting winter clothing and boots are required. Snowshoes provided by Bogus Basin. Camp will be based out of the Frontier Point Nordic Lodge. Transportation to Bogus Basin from FBCC will be provided.

### **GARDEN & CULINARY CAMP**

AGES 6-12 Explore the BUGS garden and kitchen in this full-day camp. We'll learn about growing and preparing delicious and nutritious veggies. Plus, camp crafts and games!

### GEAR GRINDERS MOUNTAIN BIKE CAMP – Beginner

AGES 6-8 Young riders will learn to correctly use front brakes, rear brakes and appropriate use of gears. Participants will encourage each other and use teamwork while being introduced to climbing and descending safely.

### GEAR GREASERS MOUNTAIN BIKE CAMP – Beginner

AGES 9-12 We will learn to execute the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. Riders will

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
5-7 (Grades K-2)	ZOOKEEPING SPRING BREAK CAMP	M-W	9AM-12PM	Mar 20-22	Zoo Boise	\$80	330800-01
5-12	LEARN TO SKATE SPRING BREAK CAMP (Beginner – Basic 4)	M-Th	9AM-12PM	Mar 20-23	Idaho IceWorld	\$167	361200-01
6-8	GEAR GRINDERS MOUNTAIN BIKE CAMP – Beginner	M-F	12-3PM	Mar 20-24	Fort Boise CC	\$91/\$140.50	320706-01
6-8	SPRING BREAK ART CAMP	M-F	9AM-12PM 1-4PM	Mar 20-24	Fort Boise CC	\$101.50/\$156.78	302766-01 302766-02
6-12	GARDEN & CULINARY CAMP	M-F	9AM-4PM	Mar 20-24	BUGS	\$146	324009-01
6-12	SPRING BREAK PLAYCAMP	M-F	8AM-5PM	Mar 20-24	Whitney CC	\$99/\$152.90	313000-01
6-12	SPRING BREAK PLAYCAMP	IVI-F	8AIVI-5PIVI	War 20-24	Whittier CC	\$99/\$152.90	313001-01
7-15	GOLF SPRING BREAK CAMP	M-F	9AM-4PM	Mar 20-24	Warm Springs GC	\$295	380010-01
8-10 (Grades 3-5)	ZOOKEEPING SPRING BREAK CAMP	M-W	9AM-4PM	Mar 20-22	Zoo Boise	\$160*	330800-02
8-12	LEGO® ANIMATION	M-F	9AM-12PM	Mar 20-Mar 24	Fort Boise CC	\$91/\$140.50	319419-01
8-11	"REC 'EM"	M-F	9AM-4PM	Mar 20-24	Fort Boise CC	\$130.50/\$201.73	319707-01
9-12	BOGUS BASIN SNOWSCHOOL – Spring Break Edition	M-F	9AM-4PM	Mar 20-24	Fort Boise CC	\$130.50/\$201.73	319829-01
9-12	GEAR GREASERS MOUNTAIN BIKE CAMP – Beginner	M-F	8-11AM	Mar 20-24	Fort Boise CC	\$91/\$140.50	320709-01
9-12	SPRING BREAK ART CAMP	M-F	9AM-12PM	Mar 20-24	Fort Boise CC	\$101.50/\$156.78	302767-01
J-12	SI KING BILAK AKT CAMIF	141-1	1-4PM	Widi 20-24	TOTE BUISE CC	ψισι.συ/φισσ./ο	302767-02
11-13 (Grades 6-8)	ZOOKEEPING SPRING BREAK CAMP	M-W	9AM-4PM	Mar 20-22	Zoo Boise	\$160*	330800-03

\*This activity qualifies for the FoZB discount.

# SPRING BREAK CAMPS CON'T

gain confidence in braking and using gears at the appropriate times and focusing on climbing with proper body mechanics before learning how to safely descend.

### **GOLF SPRING BREAK CAMP**

AGES 7-15 Camp will focus on all aspects of the golf game and teach junior golfers how to play a round of golf on their own. All skill levels are welcome. The daily schedule allows for practice at the driving range, play on the course, and breaks for movies and down-time. Participants are responsible for their lunch each day and should dress appropriately for the weather conditions.

### LEARN TO SKATE SPRING BREAK CAMP (Beginner – Basic 4)

AGES 5-12 Camp includes skate rental, instruction from certified instructors, snacks, games, friendship and fun in a secure, family-friendly environment. Receive a camp T-shirt to wear for the final day performance when skaters show off their new skills.

### **LEGO® ANIMATION**

AGES 8-12 Create and build your own mini movie set out of Legos and anything else to help create your own animated movie! Use technology to make an animated movie with complete editing capabilities, effects, music and narration all through iMovie and Stop Motion. Kids will receive a video to keep.

### "REC 'EM"

AGES 8-11 Come enjoy fun recreational activities around the Boise area! Participants will need to bring a snack, lunch and water bottle each day. A tentative schedule will be emailed the week before camp starts.

#### **SPRING BREAK ART CAMP**

AGES 6-12 Let your child explore their creativity in these three-hour classes offered during Spring Break. Activities will include clay, watercolor, drawing, designing, sculpting and more! Students can choose from sessions offered in the morning or afternoon. All materials provided.

### SPRING BREAK PLAYCAMP

AGES 6-12 Make new friends and have fun at the Spring Break playcamps located inside our community centers. Camps offer recreational games, crafts, hands-on science projects and more! Playcamp staff have previous experience working with youth and are trained in CPR/First Aid to ensure that your child has a safe and positive experience. This camp is for youth in 1st-6th grade only.

# ZOOKEEPING SPRING BREAK CAMP

AGES 5-13 What is it like to work at a zoo? Learn to design and create exhibits, make diets, identify scat, train animals, make enrichment toys for animals, meet zoo staff and find out how zoos and their visitors are helping to protect animals in the wild.



### RENTAL INFORMATION

### **Private Pool Reservations**

Looking for a new and unique venue to host your family reunion, company picnic or child's birthday party? Consider renting one of four Boise Pools for your celebration. In the evening, after public swim closes, you will have private use of your selected pool, with lifeguards to keep your group safe. We offer price options and can accommodate groups from 20 to 500 people, depending on the location. Fort Boise Community Center will begin taking reservations for private pool parties starting Wednesday, February 1st, 2023. The 2023 Summer Private Pool Party Season runs June thru mid-August. If you are interested in booking a party, please contact Fort Boise Community Center at 208-608-7680, Monday-Friday, during normal business hours. All reservations must be made 10 days prior to your requested date and full payment is required when the party is booked.

### **NATATORIUM PRIVATE PARTIES**

**RENTAL AVAILABILITY:** Sunday-Saturday, evenings

**COST:** \$248 per hour for residents and \$384.40 per hour for non-residents Hydrotube use is included.

### **IVYWILD PRIVATE PARTIES**

**RENTAL AVAILABILITY:** Monday-Saturday, evenings

**COST:** \$248 per hour for residents and \$384.40 per hour for non-residents

# BORAH AND FAIRMONT PRIVATE PARTIES

**RENTAL AVAILABILITY:** Monday-Saturday, evenings

COST: \$90 per hour for residents and \$139.50 per hour for non-residents. Fairmont Pool — an inflatable obstacle course can be added for an additional \$35 per hour for residents and \$54.25 per hour for non-residents.

# **SUMMER DAY CAMPS**



**REGISTRATION OPENS FOR THESE SUMMER DAY CAMPS ON** 

Monday, February 6, 2023 at 7 a.m. for Boise residents and Wednesday, February 8, 2023 at 7 a.m. for non-residents.

### MOUNTAIN DISCOVERY – Bogus Basin

AGES 9-12 Mountain Discovery camps provide an opportunity to explore the world we live in through the eyes of environmentalists, naturalists, wildlife biologists and resource management experts. With instructor guided hands-on activities, campers will develop a deeper appreciation for the natural world as they explore Bogus Basin. Participants will be transported to and from Bogus Basin Mountain each day for this one-of-a-kind experience. Please come prepared each day by dressing for the weather and bringing a snack, lunch and water bottle.

### **REC 'EM**

AGES 8-11 Come enjoy fun recreational activities around the Boise area! Activities may include hiking, swimming, ice/roller skating, group/team challenges and scavenger hunts. Participants need to bring a snack, lunch and water bottle each day. A tentative schedule will be emailed the week before camp starts.

#### SUMMER PLAYCAMPS

AGES 6-11 Welcome to Playcamp, the outdoor summer camp located in your own neighborhood park! These week-long day camps are offered to children going into 1st-6th grade. Playcamp activities are designed to encourage healthy recreational play and meet the physical and social needs of your child. Camps offer recreational games, arts, crafts, environmental education, hands-on science projects, field trips and swimming. All of the Playcamp staff are trained in CPR/ First Aid to ensure that your child has a safe and positive experience.

WEEK #1	May 30-June 2* (Jullion closed) (Week 1 Camp is Tuesday- Friday; Pro-rated 4-Day Fee: \$79.40/\$122.52) June 5-9	WEEK #6	July 5-7 (Week 6 Camp is Wednesday- Friday, Camp Closed July 3-4 holiday; Pro-rated 3-Day Fee: \$59.80/\$92.14)
WEEK #3	June 12-16	<b>WEEK #7</b>	July 10-14
WEEK #4	June 20-23 (Week 4 Camp is Tuesday-	WEEK #8 WEEK #9	July 17-21 July 24-28
	Friday; Pro-rated 4-Day Fee: \$79.40/\$122.52, Camp closed June 19th for holiday)	WEEK #10 *	July 31-Aug 4 (Last week for Eagle Rock, Jullion, Catalpa and Winstead)
WEEK #5	June 26-30	WEEK #11 *	Aug 7–11 (Cassia, Ivywild, Elm Grove, and Sunset Only)

AGE	CLASS	DAY	TIME	LOCATION	FEE RES/NR	ACTIVITY#
6-11*	SUMMER PLAYCAMPS	M-F	Anytime between 7:30AM-5:30PM	Various City of Boise Park Locations	\$99/\$152.90	SAVE THE DATE: REGISTRATION OPENS Monday, February 6, 2023 at 7 a.m. for Boise residents and Wednesday,
8-11	REC 'EM**	M-F	9AM-4PM	Fort Boise CC	\$130.50/\$201.73	February 8, 2023 at 7 a.m. for
0-11	REC EIVI	Tu-F	9AW-4PW	FOIL BOISE CC	\$130.50/\$201.73	non-residents.
9-12	MOUNTAIN DISCOVERY  – Bogus Basin**	M-F	9AM-4PM	Fort Boise CC	\$130.50/\$201.73	non-residents.

\*Camp is open to youth going into 1st – 6th grade \*\*Camp dates to be determined

# **NEW REGISTRATION DATES**





Playcamps, Rec 'Em and Mountain Discovery Camps

Monday, February 6, 2023
7 a.m. for Boise Residents

Wednesday, February 8, 2023
7 a.m. for Non-Residents

All other summer camps offered by Boise Parks and Recreation will continue to have registration periods that open along with the launch of the Summer Activity guide in mid-April. Thank you for your understanding as we work to improve processes and better serve our community!



Questions or concerns, please call 208-608-7680.

cityofboise.org/all-day-camps



# ART

All materials are provided.

### **DRAWING & PAINTING**

AGES 13-18 Class focuses on beginning and intermediate drawing techniques for teens. Students will explore a variety of drawing and painting mediums including pen, pencil, charcoal, pastel, watercolor and acrylics. All materials are provided.

### **POTTERY FOR KIDS**

AGES 9-14 Learn to create original pots by forming clay on an electric potter's wheel. Students will also make unique and more advanced hand-built projects, and learn how to apply colored glazes onto their completed masterpieces.



AGE CLASS DAY TIME DATE LOCATION INSTRUCTOR FEE RES/NR ACTIVITY# 202728-01 Μ Jan 9-Feb 27 Jan 10-Feb 28 202728-02 Tu POTTERY FOR KIDS 202728-03 9-14 W 4:15-5:45PM Jan 11-Mar 1 Fort Boise CC Staff \$66.50/\$102.53 Μ Mar 27-May 15 302728-01 Tu Mar 28-May 16 302728-02 **DRAWING & PAINTING** 13-18 Th 4:15-5:45PM Jan 12-Mar 2 Fort Boise CC Dot Martin \$66.50/\$102.53 202745-01

# **CAMPS**

### **LEGO® SPIKE**

AGES 10-14 Come check out this new fun way to combine your love of LEGOS with easy coding. SPIKE has colorful LEGO building elements, easy-to-use hardware, and an intuitive drag-and-drop coding language based on Scratch. SPIKE Prime engages kiddos through playful learning activities like LEGO Break Dancer, Robotic Arm or Racing Car. These activities will having kids thinking critically and solving complex problems, regardless of their learning level.

AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
10 14	LECO® CDIVE	_	6-7:30PM	Jan 13-Mar 3	Dick Eardley SC	Jackie Stafford	\$73/\$112.60	219319-01
10-14 I	LEGO® SPIKE	F		Mar 10-May 5*				319319-01

\*No Class Mar 20-24

### COOKING

### **FAMILY NIGHT OUT SERIES**

ALL AGES + ADULT Full class descriptions on page 14.

### **KID'S CULINARY SERIES**

AGES 7-14 Full class descriptions on page 14.

### **TEEN CULINARY SERIES**

AGES 14+ There are more opportunities than ever to hone your cooking skills and discover new flavors in our Teen Culinary classes. SOURDOUGH 301 – This latest sourdough class will focus on artesian-stye, highhydration loaves.

KOMBUCHA & KIMCHI – Fermentation explorations continue with homemade kombuchas and kimchis.

DORM COOKING BASICS – Ready to tackle cooking on your own but want a few pointers? This class is designed for older

teens heading out into the world, or for those who just want to master new skills.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)

AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#		
All Ages + Adult	FAMILY NIGHT OUT SERIES – CI	ass inforn	nation on page 14.							
9-14	(ID'S CULINARY SERIES – Class information on page 14.									
13-18	TEEN CULINARY SERIES – Dorm Cooking Basics		4-6PM	May 18				324205-03		
14.	TEEN CULINARY SERIES – Sourdough 301	Th		Mar 16	BUGS	Staff*	\$21	324205-01		
14+	TEEN CULINARY SERIES – Kombucha & Kimchi		5:30-7:30PM	April 20	1			324205-02		

\*Registered Dietitian

# ENVIRONMENTAL EDUCATION

### **BEEKEEPING 101**

AGES 14+ This series provides the basics you need to be ready for beekeeping.

### **CITY NATURE CHALENGE HIKE**

ALL AGES + ADULT Join us for this hike in Hulls Gulch as we collect observations of plants and wildlife for the City Nature Challenge. Bring your smartphones or cameras and help us snap pictures along with your guide. Hike will be 2 hours long but is adaptable for all ages.

### **FAMILY CAMPING BASICS**

AGES 4+ & ADULT Gain skills and confidence to take the whole family overnight camping this summer. Learn the gear, meals, and etiquette that will keep you safe, comfy, and enojoying the outdoors. Cost is per person.

### **FOOTHILLS FAMILY DAYS**

ALL AGES + ADULT Venture to the Foothills Learning Center for a day of family fun. We will have guided hikes, nature tables, crafts and more.

### **HIKE & LEARN**

ALL AGES + ADULT Join us this Spring for a new family event at the Foothills Learning Center! We will host an evening family hike lead by a local naturalist or FLC staff. Each month we will discover a new trail and explore new topics depending on the season.

# TOUR TUESDAYS AT THE WATERSHED

AGES 5+ & ADULT Join us for a tour of the West Boise Water Renewal Facility. This 60-minute walking tour will give you a behind-the-scenes view of what happens when you flush! Learn how the City of Boise is renewing your used water, recovering valuable resources and ultimately protecting the health of the Boise River. Closed-toe shoes required, ages 5 and up. Registration is required. All tours require registration thru the Eventbrite link found on our event calendar at boisewatershed.org.

# WATERSHED WEEKEND PROGRAMS

ALL AGES + ADULT Go with the flow to the WaterShed for fun activities the whole family can enjoy! FREE admission. Find more info at boisewatershed.org.

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#				
14+	BEEKEEPING 101	Sa	10AM-12PM	Jan 7-28	BUGS	\$81	224042-01				
4+ & Adult	FAMILY CAMPING BASICS	Sa	10AM-12PM	May 20	Foothills LC	\$10	324204-01				
Ages 5+ & Adult	TOUR TUESDAYS – Class information on page 15.										
All Ages + Adult	CITY NATURE CHALENGE HIKE	Sa	10AM-12PM	Apr 29	Foothills LC	FREE	325074-01				
All Ages + Adult	FOOTHILLS FAMILY DAYS – Class inform	ation or	n page 15.								
All Ages + Adult	HIKE & LEARN — Class information on p	HIKE & LEARN — Class information on page 15.									
All Ages + Adult	WATERSHED WEEKEND — Class informa	ition on	page 15.								

# **HOMESCHOOL ADVENTURES**

### **HOMESCHOOL ZOO**

AGES 7-13 The Homeschool Zoo program provides a unique learning experience for students schooled at home. The course consists of classroom discussion, laboratory activities, animal encounters and specialized zoo tours. Classes align with Idaho State Science Standards and focus on topics and principles based on grade level. Themes will emphasize looking at animal groups and taxonomy, adaptations, habitats and ecology. Each individual household must register their child for the class. Kids only! Please bring a small snack for a 15-minute break during class.



AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
6TH - 8TH GRAD							
	HOMESCHOOL ZOO – Art Safari			Feb 22			230553-01
11-13	HOMESCHOOL ZOO – Animal Behavior	w	9AM-12PM	Mar 29	Zoo Boise	\$24*	330553-01
	HOMESCHOOL ZOO – Endangered Species			April 26			330553-02

\*This activity qualifies for the FoZB discount.

# SPRING BREAK CAMPS

### **GOLF SPRING BREAK CAMP**

AGES 7-15 Camp will focus on all aspects of the golf game and teach junior golfers how to play a round of golf on their own. All skill levels are welcome. The daily schedule will allow for practice at the driving range, play on the course, and breaks for movies and down-time. Participants are responsible for their lunch each day and should dress appropriately for the weather conditions.

### **ZOOKEEPING**

AGES 11-13 What is it like to work at a zoo? Learn to design and create exhibits, make diets, identify scat, train animals, make enrichment toys for animals, meet zoo staff and find out how zoos and their visitors are helping to protect animals in the wild.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)



Golf Spring Break Camp

AGE	CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
7-15	GOLF SPRING BREAK CAMP	M-F	9AM-4PM	Mar 20-24	Warm Springs GC	\$295	380010-01
11-13 (Grades 6-8)	ZOOKEEPING	M-W	9AM-4PM	Mar 20-22	Zoo Boise	\$160*	330800-03

\*This activity qualifies for the FoZB discount.

# **SPORTS/FITNESS**

#### **GOLF LESSONS**

AGES 7-13 Classes cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level from beginner to advanced. Lessons include oncourse instruction. Clubs will be provided for the students during class time.

### PROGRAMS

### Hockey Learn to Play

Find more information on page 8.

### Learn to Skate

Find more information on page 9.

### HOCKEY LEARN TO PLAY 1-4 (H1-H4)

AGES 8-17 Full class descriptions on page 18.

### **ICE SKATING - Teen Level 1-6**

AGES 13-17 Teens will enjoy these classes which follow the more progressive Learn to Skate USA Adult curriculum. Beginners through experienced recreation skaters will receive instruction appropriate to their skill levels. Level placement will take place at the first class if skater is uncertain where they fit in. Instruction will include the skills outlined in the curriculum found at LearntoSkateUSA.com. A current Learn to Skate membership is required to register.



Homeschool Zoo

### LADY GEARS MOUNTAIN BIKE CAMP – Beginner

AGES 16+ Ladies wanting to learn the lifelong sport of mountain biking will begin with the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. Riders will work to gain confidence in braking and using gears at the appropriate times and focusing on climbing with proper body mechanics before learning how to safely descend. We will introduce how to handle rocks and gain speed while in control. Riders need to bring a maintained mountain bike.

# MARTIAL ARTS – Karate Shotokan (Mixed Level)

AGES 13+ Learn traditional Shotokan Karate including dojo etiquette, warm-up, Kihon, Katas, and Kumite. Class will focus on Kihon or basic techniques (blocks, punches, kicks and stances) and Katas or prearrange forms (formal exercise) and Kumite or sparring as students progress.

AGE	CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
7-13	GOLF LESSONS – Quail Hollow	Tu-Th	4:15-5:15PM	Apr 18-20	Quail Hollow GC	Staff	\$69	370005-01
7-13	GOLL FE22ON2 – Angli Hollom	Iu-III	4.13-3:13PM	May 16-18	Quali Hollow GC			370005-02
				Feb 28-Mar 2				380005-01
				Mar 7-9				380005-02
				Mar 28-30				380005-03
				Apr 4-6				380005-04
7-13	GOLF LESSONS – Warm Springs	Tu-Th	4:15-5:15PM	Apr 11-13	Warm Springs GC	Staff	\$69	380005-05
	, and a			Apr 18-20				380005-06
				Apr 25-27				380005-07
				May 9-11				380005-08
				May 16-18				380005-09
8-17	HOCKEY LEARN TO PLAY 1-4 (H1-H	4) – Class in	formation on pa	ge 19.				
13-17	ICE SKATING – Teen Levels 1-6	М	6:45-7:15PM	Jan 9-Feb 27	Idaho IceWorld	Staff	\$129/8 classes	261101
	TOT GIVEN TO TOOM EDITION TO			Mar 13-Apr 24			\$113/7 classes	361101
16+	LADY GEARS MOUNTAIN BIKE CAMP – Beginner	Tu-Th	5-7PM	Apr 25-27	Fort Boise CC	Staff	\$37/\$56.80	302746-01
	MARTIAL ARTS – Karate			Jan 9-Feb 27*		Alvin Sablan,	\$53/\$81.60	220334-01
13+	Shotokan- Mixed Level	M,W	5:30-7:30PM	Mar 1-Apr 26**	Dick Eardley SC	Jennifer Harrington	\$61/\$94	320334-01

\*No Class Jan 16 & Feb 20 \*\*No class Mar 20-24



# **ART** (18+)

A supply list for classes will be available at the first class.

#### **DRAWING - All Levels**

Improve both drawing and observation skills by learning about the fundamentals of line, shape, value, perspective and proportion. This is a fun, low pressure, relaxing class. No experience or drawing ability is required.

### **DRAWING – Spring Botanical**

Learn the skills and classical approaches used by illustrators to create botanical drawings. Each week we'll explore a different theme such "through the microscope" or "cross-section of a fruit" and complete at least one drawing each class. All materials provided.

### **ENAMELING – Beginning**

Vitreous enameling is an ancient art dating back to 13th century, B.C. Students will explore a variety of techniques for fusing glass to metal to create and fabricate small artworks of exquisite beauty including earrings and pendants. All materials provided.

### **ENAMELING - Drop-In Open Studio**

The enameling open studio gives experienced students the opportunity to work on projects of their own design, following their own interests. An enameling teacher will be on hand to set up the studio, answer questions, and assist students as needed. Basic materials provided at no additional cost.

### **GLASS MOSAICS**

This class will cover the basics of creating mosaics including types of glass, tools,

rendering/cutting and grouting. Each student will create a wonderful glass mosaic piece.

### **PAINTING ACRYLIC – All Levels**

Beginning students will learn the basics of acrylic painting including techniques of color, composition, texture and layering while intermediate/advanced students will refine their skills in these areas. A variety of styles and subject matter such as still-life, landscape, portrait and abstraction will be explored.

### PAINTING, OIL - All Levels

Beginners will learn the basics of oil painting. Intermediate/advanced painters will refine their skills in traditional techniques such as underpainting, glazing and alla prima painting. Class explores a variety of styles and subject matter such as still-life, landscape, portrait and abstraction.

### **PASTELS - All Levels**

Beginners will learn the basics of hard and soft pastels, the types of papers and surfaces available and many of the styles used by pastel artists today. Intermediate/advanced students will refine their skills and learn new techniques through a variety of fun projects.

### PHOTOGRAPHY – Camera Functions

Explore the "how to's" of digital and 35mm photography. Learn shutter speed, depth of field, composition and use of attachments and lenses. Please bring your camera to the first class.

### **POTTERY - All Levels**

Beginner potters will learn basic techniques for hand-built and wheel-thrown pottery along with glazing and firing methods. Students with previous clay experience will have the opportunity to refine their wheel throwing and hand-building skills. Glazes and firings are provided. Students must purchase clay and tools. Open studio times for independent work are included with class fee. Studio is open daily and a schedule will be emailed to customers.

### POTTERY - Level I

Beginning potters will learn basic techniques for hand-built and wheel-thrown pottery along with glazing and firing methods. Students must purchase clay and tools. Glazes and firings are provided. Open studio times for independent work are included with class fee. Studio is open daily and a schedule will be emailed to students.

### POTTERY - Level II

This class is for potters with previous experience. Class focuses on refining skills of throwing on the wheel and developing better hand-building construction techniques. Students will also explore advanced techniques of glazing and learn Raku and Cone 10 reduction firing. Glazes and firings are provided. Students must purchase clay and tools. Open studio times for independent work are included with class fee. Studio is open daily and a schedule will be emailed.

# POTTERY HANDBUILDING - All Levels

Students of all levels will enjoy the rich tradition of making pottery with hand-building techniques such as pinch, coil and slabs. Learn beautiful decorating processes that have been used throughout the world for centuries. Clay, glazes, and firings are provided. Students must purchase tools. Open studio times for

# **ART** (18+)

independent work are included with class fee. Studio is open daily and a schedule will be emailed.

### **POTTERY - Open Studio**

Open studio sessions are available for potters to work independently on throwing, hand-building or glazing. Fee covers glazes and firing but students must provide clay and tools. Lab is open daily and a schedule will be emailed.

### **WATERCOLOR – All Levels**

This class offers instruction from beginning to advanced painters. Explore various types of subjects and composition as well as more in-depth techniques of painting will be covered for those with previous experience. Draw, paint, observe and analyze realistic subjects.



Pottery - Open Studio

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY
DDAMING All Lavele	т.	6:30-8:30PM	Jan 10-Feb 28	Fart Daile a CC	Kate Masterson	¢0750/¢45050	201712-01
DRAWING – All Levels	Tu	1-3PM	Mar 28-May 16	Fort Boise CC	Staff	\$97.50/\$150.58	301712-01
DRAWING – Spring Botanical	Tu	6:30-8:30PM	Mar 28-May 2	Foothills LC	Kate Masterson	\$94.70/\$134.58	301743-01
-NAMELING B : :	Tu	6 20 0014	Jan 10-Feb 28		201102-01		
ENAMELING – Beginning	Th	6:30-9PM	Mar 30-May 18	Fort Boise CC	Rick Friesen	\$137.53/\$203.88	301102-01
FNIAMELING B. I. O. C. I.	W	6 20 0014	Jan 11-Mar 1	F . D	D: 1 E :	<b>#40.50</b> /	A1/A
ENAMELING – Drop-In Open Studio	Tu	6:30-9PM	Mar 28-May 16	Fort Boise CC	Rick Friesen	\$12.50/per class	N/A
GLASS MOSAICS	М		Jan 30-Mar 6	F . D		\$108.50/\$167.63	201728-01
	Tu	6:30-9:30PM	Mar 28-May 2	Fort Boise CC	Boise Mosaic Works		301728-01
INTING ACRYLIC All Loyals	W	1-3PM	Jan 11-Mar 1	<b>5</b> . <b>5</b>	Staff	40750/445050	201101-01
PAINTING ACRYLIC – All Levels	Th	6:30-8:30PM	Mar 30-May 18	Fort Boise CC	Kate Masterson \$97.50/\$150		301101-01
DAINTING OIL ALL :	Th	6:30-8:30PM	Jan 12-Mar 2	F . D	B: 1.5.	40750/4150 55	201720-01
PAINTING, OIL – All Levels	W	1-3PM	Mar 29-May 17	Fort Boise CC	Rick Friesen	\$97.50/\$150.58	301720-01
PASTELS – All Levels	Th	1-3PM	Mar 30-May 18	Fort Boise CC	Rick Friesen	\$97.50/\$150.58	301718-01
PHOTOGRAPHY – Camera Functions	W	6:30-8:30PM	Apr 5-26	Fort Boise CC	Bill Farnsworth	\$49.25/\$75.79	301719-01
	147	12:30-3:30PM			Kevin Flynn		201723-01
	W	6:30-9:30PM	Jan 11-Mar 1		David Scott		201723-02
	Th	6:30-9:30PM	Jan 12-Mar 2		Jerry Hendershot	440700/400700	201723-03
POTTERY – All Levels		12:30-3:30PM		Fort Boise CC	Kevin Flynn	\$187.90/\$267.38	301723-01
	W	6:30-9:30PM	Mar 29-May 17		David Scott		301723-02
	Th	6:30-9:30PM	Mar 30-May 18		Jerry Hendershot		301723-03
	Th		Jan 12-Mar 2		Cole Calvin	\$187.90/\$267.38	201722-01
POTTERY – Level I		9AM-12PM	Mar 30-May 18	Fort Boise CC			301722-01
			Jan 10-Feb 28		Rick Jenkins	\$187.90/\$267.38	201724-01
POTTERY – Level II (3 HR Class)	Tu	6:30-9:30 PM	Mar 28-May 16	Fort Boise CC			301724-01
			Jan 10-Feb 28				201725-01
POTTERY – Level II (2 HR Class)	Tu	1-3 PM	Mar 28-May 16	Fort Boise CC	Rick Jenkins	\$139.90/\$192.98	301725-01
		1	Jan 9-Feb 27	1			201727-01
POTTERY HANDBUILDING – All Levels	M	6:30-9:30PM	Mar 27-May 15	Fort Boise CC	Kerry Moosman	\$209.10/\$288.58	301727-01
			Jan 9-Mar 5			A445 00:122-12	201731-01
POTTERY – Open Studio	Variable	Variable	Mar 27-May 21	Fort Boise CC	N/A	\$145.69/\$201.95	301731-01
	М	6:30-8:30PM	Jan 9-Feb 27				201739-01
	Tu	9:30-11:30AM	Jan 10-Feb 28				201739-02
	W	9:30-11:30AM	Jan 11-Mar 1		Rick Friesen		201739-03
WATERCOLOR – All Levels	М	6:30-8:30PM	Mar 27-May 15	Fort Boise CC		\$97.50/\$150.58	301739-01
	Tu	9:30-11:30AM	Mar 28-May 16				301739-02
	W	9:30-11:30AM	Mar 29-May 17				301739-03

# **COOKING (18+)**

#### **CULINARY SERIES**

AGES 14+ There are more opportunities than ever to hone your cooking skills and discover new flavors in our Culinary classes.

### **FAMILY NIGHT OUT SERIES**

ALL AGES + ADULT Family time is best when you're learning and working together! Come to one of our Family Night Out cooking classes for some true together time in the kitchen. Students under the age of 16 must be accompanied by a paying adult. The cost is per person and each must register individually.

MEATLESS MONDAYS – Join the plant-based revolution with recipes you can use for your family's Meatless Monday meals.

MUFFIN MADNESS – Muffins are perfect packages for delicious savory and sweet meals and treats.

**EXPLORING INDIAN FLAVORS** – Expand your palate with our staff-favorite recipes inspired by the cuisines of India!

CHIPS AND DIPS – Homemade chips and dips are a fun way to up the flavor and nutrition in your snacking game.

### **FOOD FOR LIFE**

This four-class series presents healthpromoting dietary strategies that are both budget-friendly and accessible. Each class features a cooking demonstration with samples of delicious and health-promoting dishes, along with handouts of easy and affordable recipes participants can prepare at home.

THE POWER OF YOUR PLATE –
Recipes: Apple Cinnamon Oatmeal,
Zesty White Bean Dip

HOW FOODS FIGHT HEART DISEASE — Recipes: Fruited Breakfast Quinoa, Sweet Potato Lentil Curry

### FOODS FOR A HEALTHY WEIGHT -

Recipes: Hummus and Sun-Dried Tomato Wrap, Speedy Veggie Pasta Dinner

### HOW FOODS FIGHT DIABETES -

Recipes: Zesty Corn Edamame Salad, Cuban Lime Rice

### **FOOD & WINE PAIRING**

AGES 21+ We're pairing our delicious recipes with local wines in this hands-on, informative cooking class. Must be over 21 to register and attend.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
CULINARY SERIES – Sourdough 301 (14+)	Th	E-20 7-20DM	Mar 16	BUGS	Ct-ff	\$21	324205-01
CULINARY SERIES – Kombucha & Kimchi (14+)	Th 5:30-7:30PM Mai Apr  W Jan Tu Jan W Feb M 5-7PM Mai Tu Mai W May M May Apr	April 20	BOGS	Staff	\$21	324205-02	
FAMILY NIGHT OUT SERIES – Meatless Mondays	W		Jan 11			\$21	224201-01
(All Ages + Adult)	Tu		Jan 17				224201-02
FAMILY NIGHT OUT SERIES – Muffin Madness	W		Feb 8	BUGS	Staff		224201-03
(All Ages + Adult)	M		Feb 13				224201-04
FAMILY NIGHT OUT SERIES – Exploring Indian Flavors	W	5-7PM	Mar 8				324201-01
(All Ages + Adult)	Tu		Mar 14				324201-04
FAMILY NIGHT OUT SERIES – Chips and Dips	W		May 10				324201-02
(All Ages + Adult)	М		May 15				324201-03
FOOD FOR LIFE – THE POWER OF YOUR PLATE			Jan 20		Barbara Smith	FREE	215013-01
FOOD FOR LIFE – HOW FOODS FIGHT HEART DISEASE	_	11 A M 12 D M	Feb 17	Diale Faudlance CC			215013-02
FOOD FOR LIFE – FOODS FOR A HEALTHY WEIGHT	F	TIAM-12PM	Mar 17	Dick Eardley SC			315013-01
FOOD FOR LIFE – HOW FOODS FIGHT DIABETES			Apr 21				315013-02
FOOD & WINE PAIRING (21+)	Th	5:30-7:30PM	Feb 9	BUGS	Staff	\$25	224106-01



### FUNDRAISER

# CHAIRHOOPS – WHEELCHAIR BASKETBALL TOURNAMENT

MARCH 16-18, 2023

The Wheelchair Basketball Tournament for people with and without disabilities. Gather your friends and create your team of 10 players to support the AdVenture program which offers recreation for individual with disabilities. Wheelchairs are provided and no experience is needed (tournament is divided into a recreation division and a competitive division). Register early, the tournament is limited to 20 teams. All registered players will receive a ChairHoops T-shirt. Games will be played on Thursday evening at Fort Boise Community Center, on Friday evening at Timberline High School and during the day on Saturday at Timberline High School. The team registration fee of \$160 is due by March 1, 2023, but register early as the tournament fills up. For more information or to register call 208-608-7681.

# **ENVIRONMENTAL EDUCATION (18+)**

#### **ART IN THE FOOTHILLS**

Nature enthusiasts and art aficionados are welcome to join this new class that integrates art and nature. The Foothills Learning Center and Idaho Conservation League team up to cover several art styles, mediums and themes across the class. Each class will be structured around one project and medium.

### **BEEKEEPING 101**

AGES 14+ This series provides the basics you need to be ready for beekeeping in the coming year.

### **BOISE BIRDING**

Beginner to expert birders welcome. Classes are free but registration is required.

### **BUGS COMMUNITY DAYS**

ALL AGES + ADULT Welcome spring with community events at BUGS! Each FREE event will bring you resources for the whole family, get you prepped for planting and excited to embrace the growing season. This is a drop-in activity and registration is not required.

#### CITY NATURE CHALLENGE HIKE

ALL AGES + ADULT Join us for this hike in Hulls Gulch as we collect observations of plants and wildlife for the City Nature Challenge. Bring your smartphones or cameras and help us snap pictures along with your guide. Please dress to be outdoors and bring your own snacks and a water. Hike will be 2 hours long but is adaptable for all ages.

### **TOUR OF THE RESERVES**

Get to know your backyard as the Foothills Learning Center and Idaho Conservation League team up to offer these short hiking "tours" of the city-owned natural reserves.

### **WATERSHED STUDIO**

Create beautiful artwork at the Boise WaterShed! Classes are taught by a team of artists and experts who explore a topic and instruct you in an art method to create a one-of-a-kind piece of art. Registration is required. Light refreshments provided. Class descriptions are found on our event calendar at boisewatershed.org.

# WATERSHED WEEKEND PROGRAMS

ALL AGES + ADULT Go with the flow to the WaterShed for fun activities the whole family can enjoy! FREE admission. Find more info at boisewatershed.org.



Beekeeping 101

CLASS (18+)	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
			Jan 26			225102-01
			Feb 23			225102-02
ART IN THE FOOTHILLS	Th	6-7PM	Mar 23	Foothills LC	\$12	325102-01
			Apr 27			325102-02
			May 25			325102-03
BEEKEEPING 101 (14+)	Sa	10AM-12PM	Jan 7-28	BUGS	\$81	224042-01
			Jan 4		FREE	225015-01
			Feb 1			225015-02
BOISE BIRDING	W	9-10AM	Mar 1	Foothills LC		325015-01
			Apr 5			325015-02
			May 3			325015-03
BUGS COMMUNITY DAYS – Plant Sale	Sa	11AM-1PM	May 6	BUGS	FREE	N/A
CITY NATURE CHALLENGE HIKE (All Ages + Adult)	Sa	10AM-12PM	Apr 29	Foothills LC	FREE	325074-01
			Mar 16	Camel's Back Reserve	FREE	319966-01
TOUR OF THE RESERVES	Th	5:30-6:30PM	Apr 20	Hyatt Hidden Lakes Reserve		319966-02
			May 18	Polecat Gulch Reserve		319966-03
WATERSHED STUDIO – Plight of the Refugee			Jan 27			225006-01
WATERSHED STUDIO – Mary Todd Lincoln – the first "first lady"			Feb 24			225006-02
WATERSHED STUDIO – Bats of Idaho	F	6-9:30PM	Mar 24	Boise WaterShed	\$15	325006-01
WATERSHED STUDIO – The Atlas of Drowned Towns			Apr 28			325006-02
WATERSHED STUDIO – What's the Buzz			May 19			325006-03
WATERSHED WEEKEND – Resolution Solution (All Ages + Adult)			Jan 21			
WATERSHED WEEKEND – Wonders of Winter (All Ages + Adult)			Feb 18			
WATERSHED WEEKEND – Block Fest™ (All Ages + Adult)	Sa	10AM-1PM	Mar 18	Boise WaterShed	FREE	N/A
WATERSHED WEEKEND – Earth Week Festival (All Ages + Adult)	Ju	10/101 11 111	Apr 15	Boise Wateronea	- KEL	11/13
WATERSHED WEEKEND – WaterShed Birthday Bash! (All Ages + Adult)			May 20			

# **LEARNING (18+)**

# INFORMATION Horticulture Series

Unless noted otherwise, all classes will be held virtually. Please provide a valid email address.

### **FRUIT TREE PRUNING**

Knowing how and when to prune for fruit is much different than pruning an ornamental tree. If you have a fruit tree, this is the class for you!

### LAURA MOORE CUNNINGHAM CITY ARBORETUM TOUR – In Person

Come tour the nursery and see where the city grows its trees. We will look at basic nursery production, discuss species identification and learn about characteristics of small trees. Next we'll walk to the Kristin Armstrong Municipal Park and look at mature specimens. We will walk on uneven surfaces which may be potentially dusty or muddy depending on the spring weather. Please wear appropriate footwear. Class is free, but registration is required.

### **ORGANIC GARDENING**

You'll learn the basics of organic gardening and leave knowing how to grow a successful organic garden, and how you can enjoy the health and personal benefits of cultivating your own food. Topics will include garden planning, plant selection and care, water, and weed and pest management.

### **ROSES**

Caring for roses is a year 'round job. Class will cover pruning techniques and how to treat some of the most common pests in roses, including Bacterial Cane Blight.

# TREASURES OF THE BOISE FRONT: Wildflowers & More

Did you know that the Boise Front is special for its diversity of rare, unusual and even



Organic Gardening

recently-discovered wildflowers? We will go on a photographic journey to explore the floristic treasures of the Boise Front, from Bonneville Point to Mores Mountain to Spring Valley, growing in a diversity of unique habitats.

### **TREE BIOLOGY**

Get the dirt on soil and plant interactions. Learn the basics of caring for the soil, as well as basic plant structures. You'll walk away with a growing understanding on how to manage soil and proper tree care for healthier, longer living trees.

### **TREE PROBLEMS**

Learn about insects and diseases that affect our trees and the most common problems people create by incorrect cultural practices. Learn to identify the problems and get suggestions on how to correct them.

### TREE PRUNING

This class addresses much more than just cutting off branches. Incorrect pruning can cause serious problems for your trees. Learn the correct way to make a pruning cut, the tree's response to the cuts and how to prune for the long-term health and beauty of your trees.

### TREE SELECTION AND PLANTING

Planting incorrectly is one of the most common reasons for tree failure. Unfortunately, sometime the problem isn't evident for 10 or more years. Once you've chosen the perfect tree for your area, learn the correct way to plant (or what to look for when someone else plants) to ensure the tree's long-term success.

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE	ACTIVITY#
FRUIT TREE PRUNING	W	6-8PM	Jan 25	Virtual	Casey Branning	FREE	235000-01
TREE PRUNING	W	6-8PM	Feb 1	Virtual	Jake Kite	FREE	235400-01
TREE BIOLOGY	W	6-8PM	Feb 8	Virtual	Susan Bell	FREE	235200-01
TREE SELECTION AND PLANTING	W	6-8PM	Feb 15	Virtual	Ryan Rodgers	FREE	235600-01
TREE PROBLEMS	W	6-8PM	Feb 22	Virtual	Steven Constable	FREE	235800-01
ORGANIC GARDENING	W	6-8PM	Mar 1	Virtual	Laura Kohtz	FREE	337001-01
ROSES	W	6-8:30PM	Mar 8	Virtual	Andrea Wurtz	FREE	337100-01
TREASURES OF THE BOISE FRONT: Wildflowers & More	W	6-7PM	Mar 15	Virtual	Barbara Ertter	FREE	337102-01
LAURA MOORE CUNNINGHAM CITY ARBORETUM TOUR – In Person	W	6-8:30PM	May 17	City Nursery	Ryan Rodgers	FREE	335500-01

# PERFORMING ARTS CON'T (18+)



### **BALLET - Beginner**

Have you always dreamed of learning ballet but never had the chance? This unique class will give you the opportunity to enter the world of classical ballet for the first time and from the most basic level. No special clothing required, just come ready to move and dressed comfortably.

### **FLAMENCO**

Class time will be spent learning basic steps, body positioning and the flow of arm/hand movement. As class progresses, we will work on percussive steps and brazeo (arms) and how to coordinate them into a short dance piece. Through a fiery Flamenco song list, we will keep our focus on dancing for fun while building self-confidence and coordination. No partner needed!

### TAP

These classes are fun, challenging and guaranteed to make you feel like you have had a great workout! **BEGINNER** class is for those who have never tapped before or tapped when very young. For dancers who have tapped awhile and are ready for the next level of skill

sets, the **INTERMEDIATE** class is perfect for you. If you are unsure what level is best for you, feel free to speak with the instructor.

### TAP ADVANCED MASTERS

Are you a serious tap dancer with six or more years of tap training? If you want to be challenged, push yourself, learn some different tap choreography and have some great fun, this is the class for you! Choreography will be anything from blues tap to rock to jazz tap and musical theater tap.

### **TAP DANCING DIVAS – ADVANCED**

AGES 55+ Dancing has no age limit! Move your feet and make your spirits soar! The choreography is low impact yet challenging.



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)

### INFORMATION

### Dance

Adult performing arts is an ongoing learning experience helping to enhance strength, flexibility and coordination, all while having fun in a friendly environment!

Our annual dance recital is tentatively scheduled for May 13. A costume fee of \$9.54 and a recital fee of \$9 is added to your registration for the spring session. Participation in the recital is not mandatory. Fees are used to offset the cost of costuming and auditorium reservation, allowing the recital to be free for viewers to attend! Not all classes are in recital. BEGINNER TAP CLASSES WILL NOT BE IN THE RECITAL.

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
BALLET – Beginner	М	5:45-6:45PM	Jan 23-Mar 6*	Fort Boise CC	Stephanie Hinton	\$47.50/\$73.06	211502-01
BALLET – Beginner	IVI	5.45-0.45FW	Mar 13-May 8**	Fort Boise CC		\$63/\$97.08	311502-01
FLAMENCO	Tu	7:15-8:15PM	Jan 17-Mar 7	Fort Boise CC	Estefania Sanchez	\$63/\$97.08	211704-01
FLAMENCO	Iu		Mar 14-May 9**	FOIL BOISE CC	Esterama sanchez		311704-01
TAD Daniman	Tu	7-8PM	Jan 17-Mar 7	Fort Boise CC	Kay Mack	\$63/\$97.08	211734-01
TAP – Beginner			Mar 14-May 9**				311734-01
TAP – Intermediate	Th	6-7PM	Jan 19-Mar 9	Fort Boise CC	Kay Mack	\$63/\$97.08	211734-03
IAF – IIItermediate			Mar 16-May 11**			\$72/\$106.08	311734-03
TAP – Advanced Masters	Tu 6-7	6-7PM	Jan 17-Mar 7	F . D	Kay Mack	\$63/\$97.08	211735-01
TAP - Advanced Masters			Mar 14-May 9**	Fort Boise CC	nay wack	\$72/\$106.08	311735-01
TAD DANCING DIVAS Advanced (EE I)	Th	1-2PM	Jan 19-Mar 9	Fact Daile a CC	Kay Mask	\$63/\$97.08	211701-01
TAP DANCING DIVAS – Advanced (55+)			Mar 16-May 11**	Fort Boise CC	Kay Mack	\$72/\$106.08	311701-01

\*No Class Feb 20 \*\*No Class Mar 20-24

# **SOCIAL PARTNER DANCING (18+)**

### **BALLROOM** – Intro

If you are interested in partner dancing but don't know where to start, this is the perfect class for you. Each week we will learn a new dance including Waltz, Foxtrot, Rumba, Tango, Cha Cha and East Coast Swing.

### **COUNTRY SWING**

Country Swing is a great place to start learning partner dancing. The patterns are easy to pick up, and in no time at all students will be able to jump out onto the dance floor with confidence!

### **LINE DANCE**

Learn some of the most popular and common line dances that are great for weddings, parties or just a night out. Line dances will include Boot Scootin' Boogie, The Hustle, Electric Slide, Footloose and more.

### SALSA – Beginner

Salsa is the iconic Latin dance. Danced and performed all around the world, it's one of the

most recognized social dances of all time. We will learn basic Lead and Follow technique, beginner combos and short routines to help each student transition between moves.

### **SWING LINDY HOP - Beginner**

This dance was created in the late 1920s as a variation on the Charleston. Named after Charles Lindberg and his famous 'Hop' over the Atlantic, the Lindy Hop was danced to the Big Bands of the 30s and 40s.

### **SWING WEST COAST – Beginner**

West Coast Swing is a modern dance defined by its smooth style, versatility and playful nature. Whether you enjoy Top 40, Country, or Hip Hop, this is the dance for you!

# CLASSES Social Partner Dancing

Joel and Stephanie bring 20+ years of Social Partner dancing and instruction, their signature style and method will get you movin' and groovin' in no time. Whether you're headed to a wedding or out on the town, these classes will give you the edge you need to feel confident on the dance floor. **NO EXPERIENCE NECESSARY**.

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
			Jan 4-25		Stephanie Hinton	\$32/\$49.04	211716-01
		6-7PM	Feb 1-22				211716-02
BALLROOM – Intro	W		Mar 1-29*	Fort Boise CC			311716-01
			Apr 5-26				311716-02
			May 3-24				311716-03
			Jan 4-25				211547-01
			Feb 1-22				211547-02
COUNTRY SWING	W	7-8PM	Mar 1-29*	Fort Boise CC	Stephanie Hinton	\$32/\$49.04	311547-01
			Apr 5-26				311547-02
			May 3-24				311547-03
			Jan 4-25				211548-01
			Feb 1-22	22		211548-02	
LINE DANCE	W	8-9PM	Mar 1-29*	Fort Boise CC	Stephanie Hinton	\$32/\$49.04	311548-01
			Apr 5-26				311548-02
			May 3-24				311548-03
			Jan 6-27		Stephanie Hinton	\$32/\$49.04	211726-01
			Feb 3-24				211726-02
SALSA – Beginner	F	6-7PM	Mar 3-31*	Fort Boise CC			311726-01
			Apr 7-28				311726-02
			May 5-26				311726-03
			Jan 6-27			\$32/\$49.04	211736-01
		7-8PM	Feb 3-24		Stephanie Hinton		211736-02
SWING LINDY HOP – Beginner	F		Mar 3-31*	Fort Boise CC			311736-01
			Apr 7-28				311736-02
			May 5-26				311736-03
			Jan 6-27				211745-01
			Feb 3-24				211745-02
SWING WEST COAST – Beginner	F	8-9PM	Mar 3-31*	Fort Boise CC	Stephanie Hinton	\$32/\$49.04	311745-01
			Apr 7-28				311745-02
			May 5-26				311745-03

\*No Class Mar 20-24

# **SPORTS/FITNESS (18+)**

# **B.A.D.** (BEGINNER ADULT **DEVELOPMENT) CLINIC**

Get in the game! Experience a fun, positive, relaxed environment with other beginner players while learning the great game of hockey. Our coaches teach all the fundamental skills that you will need, with a heavy emphasis on proper skating skills. Small area games are also incorporated to keep it interesting. No skating experience expected. Hockey equipment IS NOT provided. Full hockey equipment, current USA Hockey Membership (and positive attitude) required.

# **GOLF LESSONS**

Classes will cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level, from beginner to advanced, and will have on-course instruction.

# **GOLF SCHOOL - One-Day**

A comprehensive workshop for golfers who want to sharpen their game! This program will be held at Quail Hollow Golf Course and instructed by Peter Nichenko, PGA golf professional, John Russell, PGA Assistant Golf Professional or Stuart Hampton, PGA Assistant Golf Professional.



Golf Lessons

# **ICE SKATING – Adult Levels 1-6**

Adults will enjoy these classes which follow the more progressive Learn to Skate USA Adult curriculum. Beginners through experienced recreational skaters will receive instruction appropriate to their skill levels. Level placement take place at the first class if skater is uncertain where they fit in. Instruction will include the skills outlined in the Adult 1-6 curriculum found at LearntoSkateUSA.com. A current Learn to Skate membership is required to register.

# **LADY GEARS MOUNTAIN BIKE** CAMP - Beginner

Ladies will begin with the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. Riders will work to gain confidence in braking and using gears at the appropriate times and focus on climbing with proper body mechanics before learning how to safely descend. We will introduce how to handle rocks and gain speed while in control. Riders need to bring a maintained mountain bike.

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#	
B.A.D. (Beginner Adult Development) Clinic	Tu	8:45-9:45PM	Jan 10 - Feb 28	Idaho IceWorld	Kory Scoran	\$225/8 Classes	260101-01	
			Apr 4-6				371001-01	
	Tu-Th	6-7:30PM	Apr 18-20	Quail Hollow GC	Staff	\$99	371001-02	
GOLF LESSONS – Quail Hollow			May 2-4				371001-03	
			May 9-11				371001-04	
			May 16-18				371001-05	
			Mar 28-30				381001-01	
			Apr 11-13				381001-02	
			Apr 18-20			\$99	381001-03	
GOLF LESSONS – Warm Springs (Evenings)	Tu-Th	6-7:30PM	Apr 25-27	Warm Springs GC	ngs GC Staff		381001-04	
			May 2-4				381001-05	
			May 9-11				381001-06	
			May 16-18				381001-07	
	Tu-Th	10:30AM- 12PM	Apr 4-6	Warm Springs GC	C Staff	\$99	381002-01	
			Apr 11-13				381002-02	
GOLF LESSONS – Warm Springs (Mornings)			Apr 25-27				381002-03	
GOLF LESSONS – Walli Springs (Mornings)			May 2-4				381002-04	
			May 9-11				381002-05	
			May 16-18				381002-06	
			Apr 20	Quail Hollow GC			371101-01	
COLE SCHOOL One Day	Th	9AM-4PM	Apr 27		Ougil Hallow CC Staff	Staff	\$169	371101-02
GOLF SCHOOL – One-Day		9АМ-4РМ	May 11		Statt	\$169	371101-03	
			May 18				371101-04	
ICE SKATING – Adult Levels 1-6	М	6:45-7:15PM	Jan 9-Feb 27	Idaho IceWorld Staff	\$129/8 classes	261102		
ICE SKATING - Adult Levels 1-0			Mar 13-Apr 24	luatio icewona	Staff	\$113/7 classes	361102	
LADY GEARS MOUNTAIN BIKE CAMP – Beginner	Tu-Th	5-7PM	Apr 25-27	Fort Boise CC	Staff	\$37/\$56.80	302746-01	

# MARTIAL ARTS – Karate Shotokan - Mixed Level

Learn traditional Shotokan Karate including dojo etiquette, warm-up, Kihon, Katas and Kumite. Class will focus on Kihon or basic techniques (blocks, punches, kicks and stances) and Katas or prearrange forms (formal exercise) and Kumite or sparring as students progress.

### **MEDITATION**

Start the day out right. This class provides exploration of mindfulness with a variety of



Tai Chi & Qigong

# **PASSES**

# Fort Boise Community Center

Affordable daily, monthly and annual passes are available. Passes include access to the cardio equipment (12+), weight room (16+), showers/locker rooms (18+), as well as the gymnasium for drop-in activities. Cardio equipment and weight room includes stair machines, exercise bikes, universal-style weight stations, treadmills, elliptical cross-trainers and free weights. See rates below.

Teen Priority Time* (12-17) \$1	Monthly Pass – Resident \$24
Youth* (12-17)\$3	Monthly Pass – Non-Resident \$37.20
Adult (18-61)	Annual Pass – Resident \$233
Senior (62+)	Annual Pass – Non-Resident \$361.15
YOUTH (12-17)** (includes sales tax)	SENIOR (62+) (includes sales tax)
Monthly Pass – Resident \$11	Monthly Pass – Resident \$18
Monthly Pass – Non-Resident\$17.05	Monthly Pass – Non-Resident \$27.90
Annual Pass – Resident \$132.50	Annual Pass – Resident \$196
Annual Pass – Non-Resident \$205.38	

\*Pass includes access to gym equipment and weight room for those over 12.
\*Teen Priority time 3-5:30PM. Gym and Teen Activity Center are free during this time for teens only.

\*\*Guardian presence is required for those under 12 yrs old.

ADULT (18-61) (includes sales tax)

techniques to be calm with your thoughts and to feel stillness. Beginners welcome. Students may need to do some stretching and slow walking. Students need to bring a blanket to stay warm and something firm to sit on like a cushion or yoga bolster.

# PICKLEBALL – Beginner

New to pickleball and want a better understanding of the game? Basic rules, strokes and scoring are taught in these lessons. Students may sign up for more than one session. Bring your own paddle or a paddle will be available for use onsite.

# **PICKLEBALL - Intermediate**

Experienced players practice dinks, volleys, smashes, the serve, ground strokes and footwork. Students may sign up for more than one session. Bring your own paddle or a paddle will be available for use onsite. (Must have previously taken beginner pickleball)

### PILATES

Enjoy a series of non-impact exercises to develop strength, flexibility, balance and inner awareness while strengthening abs, obliques and back muscles. Muscles are strengthened and lengthened without creating bulk, which is helpful in preventing and rehabilitating from injuries.

# STRENGTH & TONE – Early Risers

Looking for a light to moderate intensity class? This is for you! With a light cardio warm up, we will use strength training to tone your body with resistance bands, light weights and body weight movements.

# **STRENGTH TRAINING**

A combination class for adults of all ages. Get a full body workout using machines and other resistance equipment featuring individual instruction on proper form and technique. Participants will make gains in muscular strength and flexibility.

# TAI CHI & QIGONG - Beginner

This course is an introduction to a version of Yang Style Tai Chi as modified and taught by Cheng Manching. Students will learn the basic principles of Tai Chi and how to do this Tai Chi form. In addition, students will learn an 18 movement Qigong (Chi gong) routine.

# TAI CHI & QIGONG - Intermediate

Students will learn the entire 37 posture form as taught by Cheng Manching. Students must complete the beginner course or get approval from the instructor to enroll in the intermediate course.

**DAILY DROP-IN PASS** (includes sales tax)

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY
MARTIAL ARTS – Karate Shotokan –		F 20 7 200M	Jan 9-Feb 27*	D: 1 5 11 60	Alvin Sablan,	\$53/\$81.60	220334-01
ixed Level (13+)	5:30-7:30PM	Mar 1-Apr 26**	Dick Eardley SC	Jennifer Harrington	\$61/\$94	320334-01	
			Jan 5-26			\$15/\$22.70	205714- 01
			Feb 2-23				205714-02
MEDITATION	Th	10-10:30AM	Mar 2-30	Fort Boise CC	Mike McClenahan	\$18.50/\$28.13	305714-01
			Apr 6-27			445/400 70	305714-02
			May 4-25			\$15/\$22.70	305714-03
		Jan 4-25				250137-01	
	W	9:30-11AM	Feb 1-22	Fort Boise CC			250137-02
PICKLEBALL – Beginner			Mar 1-29**		Staff	\$53/\$81.60	350137-01
	Tu	42.4.20DM	Apr 4-25	Distillings i Develo			350137-02
	Th	12-1:30PM	Apr 6-27	Phillippi Park			350137-03
			Jan 4-25				250138-01
	W	8-9:30AM	Feb 1-22	Fort Boise CC			250138-02
PICKLEBALL – Intermediate			Mar 1-29**		Staff	\$53/\$81.60	350138-01
	Tu	40.00444.0044	Apr 4-25	5			350138-02
	Th	10:30AM-12PM	Apr 6-27	Phillippi Park			350138-03
			Jan 4–25			\$29/\$44.40	205701-01
			Feb 1–22				205701-02
PILATES	W	12-1PM	Mar 1–29	Fort Boise CC	Mike McClenahan	\$36/\$55.25	305701-01
			Apr 5-26			\$29/\$44.40	305701-02
			May 3-31			\$36/\$55.25	305701-03
			Jan 3-26	Fort Boise CC	Anne Schorzman	\$38.52/\$59.16	205716-01
			Jan 31-Feb 23				205716-02
STRENGTH & TONE – Early Risers	Tu, Th	8-8:45AM	Feb 28-Mar 30			\$47.90/\$73.70	205716-03
			Apr 4-27			\$38.52/\$59.16	305716-01
			May 2-25				305716-02
			Jan 9-Feb 1*		Jamie Stevens		205705-01
			Feb 6-Mar 1*			\$43/\$66.10	205705-02
STRENGTH TRAINING – Monday & Wednesday	M, W	11AM-12PM	Mar 6-29	Fort Boise CC		\$49/\$75.40	305705-01
veullesuay			Apr 3-26				305705-02
			May 1-24				305705-03
			Jan 13-Feb 3		Staff	\$25/\$38.20	205725-01
			Feb 10-Mar 3				205725-02
STRENGTH TRAINING – Friday	F	11A-12PM	Mar 10-31	Fort Boise CC			305725-01
			Apr 7-28				305725-02
			May 5-26				305725-03
			Jan 5-Feb 9			\$38.50/\$59.13	215009-01
Al CHI & QIGONG – Beginner	Th	Th 3-4PM	Feb 23-Mar 30	Dick Eardley SC	Doug Myers		215009-02
I a a a a a a a a a a a a a a a			Apr 13-May 18	<b>_</b>	Doug myers		315009-01
TAI CHI & QIGONG – Intermediate Th			Jan 5-Feb 9				215019-01
	Th	2-3PM	Feb 23-Mar 30	Dick Eardley SC	Doug Myers	\$38.50/\$59.13	215019-02
		Apr 13-May 18	Dick Editaley 30		φου.ου/φου.ιο	315019-01	

\*No Class Jan 16 & Feb 20 \*\*No Class Mar 20-24

# **YOGA - All Levels**

Yoga improves flexibility, strength and balance. As part of this practice, one builds awareness and the ability to relax. Students need to bring a mat and dense blanket. Beginners are welcome.

### YOGA - Gentle

Beginners welcome. Movements will be adapted to a variety of fitness levels. Class will use chairs and other props for support. Improve your flexibility, balance and strength. This class does not get down on the floor.

### ZUMBA – Intro

AGES 50+ This low-impact senior dance fitness class for seniors looking to get in better shape. This class can be done standing, in a chair or alternating and is a great way to enjoy the fun energetic rhythms of Zumba!

CLASS (18+)	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
Tu			Jan 3-31		Mike McClenahan	\$36/\$55.25	205704-01
			Feb 7-28			\$29/\$44.40	205704-02
	Tu	12-1PM	Mar 7-28	Fort Boise CC			305704-01
			Apr 4-25				305704-02
YOGA – All Levels			May 2-30			\$36/\$55.25	305704-03
TOGA – All Levels			Jan 5-26		Mike McClenahan	\$29/\$44.40	205704-03
		9-10AM	Feb 2-23	Fort Boise CC			205704-04
	Th		Mar 2-30			\$36/\$55.25	305704-04
			Apr 6-27			\$29/\$44.40	305704-05
			May 4-25				305704-06
			Jan 4-25	Dick Eardley SC	Mike McClenahan	\$26/\$39.75	215007-01
			Feb 1-22			\$26/\$39.75	215007-02
YOGA – Gentle	W	10:30-11:30AM	Mar 1-29			\$32.25/\$49.44	315007-01
			Apr 5-26			\$26/\$39.75	315007-02
			May 3-31			\$32.25/\$49.44	315007-03
ZUMBA – Intro (50+)			Mar 7-28	Dick Eardley SC	Melissa Catchings	\$19.76/\$30.08	315005-01
	Tu	12:30-1:15pm	Apr 4-25				315005-02
			May 2-30			\$24.45/\$37.35	315005-03





# **SENIOR CENTER THRIFT STORE**

The prices can't be beat! Check out our selection of clothing, accessories, housewares, home décor and more.

Donations benefit local seniors.







**DICK EARDLEY SENIOR CENTER** 

# **GET A LIBRARY CARD!**

**BOISE PUBLIC LIBRARY CARD**  Borrow or download close to 600,000 titles!

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- DVDs
- Emagazines
- Newspapers
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# Fort Boise Community Center Adult Drop-In Activities

REMEMBER! NO ADDITIONAL FEE FOR MONTHLY OR ANNUAL PASS HOLDERS.

# **BADMINTON**

All skill levels welcome.

AGES	16+
DAY/TIME*	F / 6-9PM; Oct 8-May 27 Su / 2-5PM; Oct 3-May 1
LOCATION	Fort Boise CC
FEE	\$5/day Adult \$4/day Senior

### **BASKETBALL**

Indoor court, locker room and showers provided. No registration necessary. All skill levels welcome.

AGES	16+
DAY/TIME*	M / 11:30AM-2PM
DATES	Continuous
LOCATION	Fort Boise CC
FEE	\$5/day Adult \$4/day Senior



# **PICKLEBALL**

All skill levels welcome. Some paddles will be available for use. Please bring paddles if you have your own.

AGES	16+
DAY/TIME*	Tu, Th / 11AM-3PM F / 9AM-2PM
LOCATION	Fort Boise CC
DATES	Oct 5-Apr 28
FEE	\$5/day Adult \$4/day Senior

# VOLLEYBALL

Indoor court, locker room and showers provided. No registration necessary. All skill levels welcome.

AGES	16+
DAY/TIME*	Sa / 9AM-1PM Su / 10AM-2PM
LOCATION	Fort Boise CC
DATES	Thru May 1
FEE	\$5/day Adult \$4/day Senior

### **VOLLEYBALL FOR SENIORS**

All skill levels welcome.

AGES	50+
DAY/TIME*	M / 9-11:30AM
LOCATION	Fort Boise CC
DATES	Continuous
FEE	\$5/day Adult
	\$4/day Senior

\*Dates and times are subject to change



Sports wheelchairs are provided. You don't

Get a great workout and try something new!

Dates and details on page 60 of the Activity

Guide or call 208-608-7680 to learn more.

need to use a wheelchair to participate.



# League Play (16+)



# **BASKETBALL**

# MEN'S SUMMER 3-ON-3 BASKETBALL LEAGUE

This league is open to all levels of basketball play ranging from our elite competitive division to our friendly recreational division. Rosters can include up to 7 players with 3 on the court at one time with unlimited dead-ball substitutions.

DIVISIONS:	A, B1, B2, B3
ELIGIBILITY:	16+, Men's
LEAGUE PLAY:	League runs from May 29-August 4. Teams play 10 regular season games. Game times are 6:30p.m., 7:20 p.m., 8:10 p.m.
LOCATION:	Once per week (Monday-Thursday) at Baggley Park, Phillippi Park
FEES:	\$163 Team Fee; \$20 Non-Resident Player Fee
REGISTRATION:	April 17-May 5
END OF SEASON TOURNAMENT:	End of Season tournament included. All teams advance to a single elimination tournament.

# **VOLLEYBALL**

# MEN'S & WOMEN'S SPRING ADULT VOLLEYBALL LEAGUE

Join our 6 on 6 indoor volleyball league, with all play levels available. Volleyball leagues are a great way to stay active year round with friends and family.

DIVISIONS:	MEN: Power, Competitive 1-3 (3 being least competitive) WOMEN: Power, Competitive 1-7 (7 being least competitive)
ELIGIBILITY:	16+, Women's and Men's
LEAGUE PLAY:	Begins March 6. Teams play 8 league games with a league tournament for the top 50% finishers enter a single elimination tournament.
LOCATION:	Fort Boise Community Center, Fairmont Junior High School, South Junior High School
FEES:	\$364 Team Fee, \$20 Non-Resident Player Fee
REGISTRATION:	Jan 23-Feb 10
END OF SEASON TOURNAMENT:	Included

# **COED SUMMER SAND VOLLEYBALL LEAGUE**

This league is open to all levels of volleyball play ranging from our power division to our friendly recreational division. Games are played 4 on 4 with unlimited substitutions.

DIVISIONS:	Power, Competitive & Recreational
ELIGIBILITY:	16+, COED
LEAGUE PLAY:	League runs from May 8-August 4. Teams play 10 regular season games. Game times are 6:30p.m., 7:20 p.m., 8:10 p.m.
LOCATION:	Once per week (Monday-Thursday) at Baggley Park, Catalpa Park, Phillippi Park
FEES:	\$164 Team Fee; \$20 Non-Resident Player Fee
REGISTRATION:	April 3-21
END OF SEASON TOURNAMENT:	End of Season tournament included. Single Elimination for top 50% of teams in each division.

All fees are due upon registration. Team roster must have player's names, addresses, phone numbers and resident player verification. All teams must complete a new roster-no rollovers. For rosters, see cityofboise.org/parks, sports@cityofboise.org or call 208-608-7651.

Continue your Holiday Parties into 2023 at the

# Quail Hollow Banquet Facility!







Tucked in the Boise Foothills, the banquet facility at QUAIL HOLLOW GOLF COURSE offers event space with spectacular views. The space is available for celebrations throughout the year. Located only 4.5 miles from downtown, Quail Hollow is convenient for all your Treasure Valley guests.

Space accommodates up to sixty people for a sit-down dinner or eighty people for cocktails and appetizers.

A minimum of 25 guest is required for all parties.

The professional banquet staff can work with you to customize your event.



Call the Event Coordinator at 208-972-8590 for pricing and menu details.

Quailhollowboise.com | QHGolfevent@cityofboise.org Quail Hollow Golf Course 4720 N. 36th Street Boise. ID 83703



PARKS AND RECREATION







Boise Urban Garden School is excited to offer customized culinary and nutrition lessons for groups of up to 12 in our garden and kitchen. Schedule a class on nutrition for athletic performance for sports teams, private birthday parties with a culinary theme, and more.

Request your lesson online at the cityofboise.org/bee, via email at BUGS@cityofboise.org or by calling 208-972-8630.







PARKS AND RECREATION

# League Play



### SOFTBALL

### SPRING SLOWPITCH SOFTBALL - GOLD

Boise Parks and Recreation offers organized weeknight adult softball leagues at all levels. Registration is by team only. All leagues are registered through USA Softball. All teams play 10 games throughout the season, 1 game/week. Men: MWF, Women: M/W, Coed: T/TH. There are multiple divisions to accommodate teams of all abilities.

DIVISIONS:	GOLD: Men's, Women's, Senior and Coed
ELIGIBILITY:	GOLD 16+
LEAGUE PLAY:	April 17-July 8
LOCATION:	Willow Lane Athletic Complex, Fort Boise Park, Ann Morrison Park
FEES:	Team Fee \$619; Player Fee \$12.90; Non-Resident Player Fee \$20;
REGISTRATION:	Feb 13 - March 10
END OF SEASON TOURNAMENT:	\$160 Double Elimination

# SPRING SLOWPITCH SOFTBALL - SUNDAY COED

Our Sunday Coed league is a recreational, fun, family friendly league. All games are played on Sundays in the late afternoon to evening. We have multiple levels to accommodate any ability. This league is a great place to start for newer teams. Each team gets 8 games in the season-no games Memorial Day Weekend. Registration is by team only.

DIVISIONS:	SUNDAY COED: A-G (G being least competitive)
ELIGIBILITY:	SUNDAY COED 14+
LEAGUE PLAY:	April 17-July 8
LOCATION:	Willow Lane Athletic Complex, Fort Boise Park, Ann Morrison Park
FEES:	Team Fee \$471; Player Fee \$12.90; Non-Resident Player Fee \$20
REGISTRATION:	Feb 13 - March 10
END OF SEASON TOURNAMENT:	\$160 Double Elimination

All fees are due upon registration. Team roster must have player's names, addresses, phone numbers and resident player verification. All teams must complete a new roster-no rollovers. For rosters, see cityofboise.org/parks, sports@cityofboise.org or call 208-608-7651.

\$12 from each team registration fee is designated for our youth scholarship fund which helps local youth participate in our programming opportunities.

# **ZOO BOISE (18+)**

# SUNSET AT THE ZOO - Go Green

You will see the zoo in a new light after dark! Celebrate St. Patrick's Day and learn green practices to keep your world wild. Enjoy a guided tour where you may see different animals and different behaviors after hours. We will have an evening of fun activities, up close animal encounters, seasonal appetizers, and beer/cider will be available for purchase.

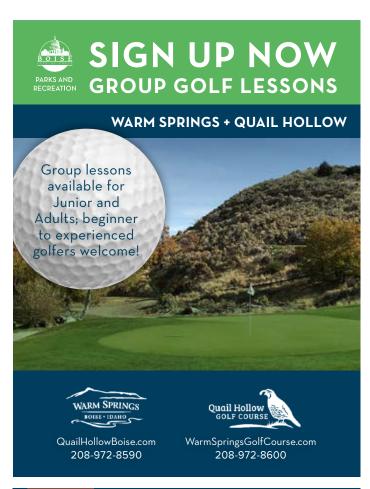
# WOO AT THE ZOO – A Wild Valentine's Celebration for Adults

Birds do it. Bees do it. Snow leopards do it. Find out how animals at Zoo Boise woo each other at Woo at the Zoo. Open to both singles and sweethearts 18+, this Valentine's Day event will reveal the intimate secrets of exotic animal mating and dating – from the humorous and

tawdry to passionate. Enjoy a guided stroll through the zoo, presentations by zookeepers, up-close animal encounters and other animal-amore-related activities. A pasta dinner, dessert, drinks, photos with your sweetheart and take-home chocolate are included.

CLASS	DAY	TIME	DATE	LOCATION	FEE RES/NR	ACTIVITY#
SUNSET AT THE ZOO — Go Green	Th	6-8:30PM	Mar 16	Zoo Boise	\$35*	330282-01
WOO AT THE ZOO – A Wild Valentine's Celebration for Adults	Sa	4-7PM	Feb 11	Zoo Boise	\$60*	230700-01

\*This activity qualifies for the FoZB discount.





# **CHAIRHOOPS**

WHEELCHAIR BASKETBALL TOURNAMENT FUNDRAISER

FOR PEOPLE WITH + WITHOUT DISABILITIES!



# THE CHAIRHOOPS TOURNAMENT

supports the AdVenture Program which offers recreation for individuals with disabilities.

Gather your friends and create a 10-person team. No experience is needed, wheelchairs are provided.

The \$160 team registration fee is due by March 1, 2023.

For more information call (208) 608-7680.

CITYOFBOISE.ORG/ADAPTIVE-RECREATION





# DISCOVER THE LIBRARY'S EVENTS AND PROGRAMS

BoisePublicLibrary.org/Calendar





BoisePublicLibrary.org

@boisepublib











# Lifetime and Leisure Programs

One-day adult education, leisure and social programs offer a variety of opportunities to get out and enjoy Boise and the surrounding area. Come with us and explore the hidden gems in Boise and learn more about our great city. Transportation for programs provided from one or more of the community centers. If minimum enrollment is not met at one site, you may be asked to meet at a different location for transportation. Return times for many programs are approximate as travel and question/ answer time can vary. \*\* Seating on the shuttle will be based on registration. Please contact the program staff if you have concerns.

# **ACTIVITY LEVEL GUIDE**

Some day trips require a lot of standing, walking or climbing stairs. Please refer to the key below for activity level of each activity.

= this activity involves stairs

= light standing or walking

= long periods of standing, light walking

= walking 1 mile or more, or standing on hard surfaces

# LOCATION KEY:

**DESC** – Dick Eardley Senior Center (690 Robbins Rd, Boise, ID) WCC – Whitney Community Center (1609 S Owyhee St, Boise, ID) MNCC – Morley Nelson Community Center (7701 W Northview St, Boise, ID)

# LIFETIME AND LEISURE (62+)

# ADA COUNTY LANDFILL 🛹



Visit the Ada County landfill and learn about the scale house, the older Hidden Hollow landfill, the new modern North Ravine landfill, the recycling program, Leachate ponds and the gas to energy program.



Put on your fancy hat and join us for High Tea at Chateau de Fleurs. Experience a 3-course event including choice of tea, frittata and elegant desserts.

# **ALLEN NOBLE HALL OF FAME**



Do you want to learn more about our local college, or maybe get an up-close view of the blue "smurf turf"? Join us for a guided tour of the Allen Noble Hall of Fame Gallery at Boise State.

# **BIRDING TOUR – Boise Foothills**



Visit the Foothills Learning Center and learn about common local birds that are year-round residents as well as migratory species. This tour includes some hiking in the foothills.

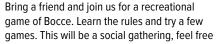
# **BIRDING TOUR - Old Fort Boise**



Fort Boise Wildlife Management Area, at the confluence of the Snake, Boise and Owyhee Rivers. View raptors, shorebirds, songbirds, upland birds and waterfowl. Please dress for walking; binoculars recommended. Light snacks provided.

# BOCCE FREE PLAY 🛹

to bring your own snacks.



# LIFETIME AND LEISURE (62+)

### BOISE ART TOUR 🛹 🛹



Join the Arts and History Department for a walking tour of public art in downtown Boise. After this tour we will have lunch, then tour the James Castle House, a museum showcasing a local artist. Cost of lunch is on your own or pack a lunch from home.

# **BOISE LITTLE THEATER**



Join us for dinner at Elmer's then to Boise Little Theater for The Play That Goes Wrong. Must register by April 27 for reservations. Cost of dinner is on your own.

# **BOISE STATE PUBLIC RADIO**



Join us for a tour of Boise State Public Radio. Learn about the virtues of publicly-supported media and get a behind-the-scenes glimpse of how it all comes together.

# BOISE WATERSHED TOUR 🛹 🛹





This 60-minute walking tour gives you a behind-the-scenes view of what happens when you flush! Learn how the city is renewing used water, recovering valuable resources and ultimately protecting the health of the Boise River.

# **CALDWELL WINTER**

# WONDERLAND



Explore the joy of the season at Indian Creek Plaza in Caldwell. Take time to see the lights and explore local restaurants and shops. Dinner and purchases are on your own.

# CULINARY LESSON 🛹



Boise Urban Garden School's (BUGS) mission is to teach kids of all ages about gardening and growing food to eat. We will tour the gardens and learn tips to growing your food, tour the teaching kitchen and help prepare a seasonal dish using garden ingredients.

# EAGLE FISH HATCHERY 🛹 🦛





# **EAGLE ISLAND STATE PARK**





Visit Eagle Island State Park, 545 acres with a swimming beach at the pond. It's one of Idaho's many state parks and located just off State Street. Tour the new visitors' center, go for a walk or sit and enjoy the view.

# **EAGLE SATURDAY MARKET**



Established in 2002, the Eagle Saturday Market is a handmade market located in the heart of downtown Eagle. You'll find an array of arts and crafts along with local produce, cards and



Boise Foothills Birding Tour

flowers, woodwork, specialty food items and freshly prepared food. Saturdays come alive with local musicians.

# ECOLOGY HIKE

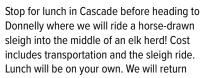




Explore the sagebrush steppe and riparian ecosystems found at the Boise Foothills Learning Center. Take a guided hike to learn about common animals and plants, as well as why there may be different organisms depending on the ecosystem. Through interactive activities, identify the needs of organisms and how they adapt to their ecosystem.

# ELK HERD SLEIGH RIDE 🛹 🛹





around 5PM depending on winter road conditions. Date subject to change depending on snow conditions and elk herd.

# FIRE STATION TOUR 🛹 🛹





Join us for a tour of Meridian Fire Station #6 and learn about fire station operations and general life at the fire house.

# **GOURMET MARSHMALLOWS**

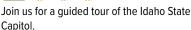


Based on an idea from their daughter, this family set out to create a perfect marshmallow. Take a tour of Creekside Mallow Co. operations and shop in their gourmet shop in Caldwell.

# **IDAHO STATE CAPITOL**







# LIFETIME AND LEISURE

# **BONUS PROGRAMS**

Many fun events are not advertised until just before they happen. Sometimes interest grows for a specific activity after the schedule has been printed. The BONUS programs are one additional program announced each month where we will provide transportation and assistance. To find out about monthly bonus programs, be sure you are on our email list. If you prefer a phone call instead of email, just let us know!

Please contact us at seniorcenter@cityofboise.org or 208-608-7580.

# LIFETIME AND LEISURE (62+)



Pinball Museum

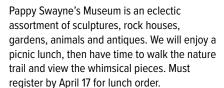
# FALCONRY ARCHIVES



Visit the Archives of Falconry Museum at the World Center for Birds of Prey. We will visit the birds at the center then tour the archives to learn about this ancient craft.

# FERRY MUSEUM





# FIRE ECOLOGY



Understand the effects of wildfire on the local ecosystem and how fire has shaped our Idaho landscape. Learn about the fire triangle, fire ecology in both forest and sagebrush steppe ecosystems, and human influences on fire in the West. We will be hiking in the foothills on this tour.

# **HAGERMAN FISH HATCHERY**





We will travel to Hagerman and tour the fish hatchery and learn about their work. Then we will go to Hagerman for lunch and a visit to the Hagerman Museum. Cost of lunch is on your own or you are welcome to bring a lunch from home.

# HOT SPRINGS 🛹



Givens Hot Springs in Nampa, a family hot spring destination located along the Snake River. Bring your swimsuit and pack a lunch.

# INITIAL POINT GALLERY 🛶 🧸



The Meridian Arts Commission maintains an elegant art display space called Initial Point Gallery on the third floor of Meridian City Hall. Join us for the monthly gallery reception to welcome the new artist.

# **MILITARY HISTORY MUSEUM**

The Idaho Military History Museum covers a broad spectrum of military history. Via photos and artifacts, you will see Gowen Field as it was during World War II, as well as Idahoans in the Philippine Insurrection through Operation Iraqi Freedom/Enduring Freedom.

# NAMPA TRAIN DEPOT 🛹



The Nampa Train Depot Museum features exhibits on Nampa Railroad History, antique dolls, rodeo, Mustache cups and more.

# PAINT SPLATTER ART



Try out a new kind of fun! Blacklight paint splatter room! Create your masterpiece or a gift for a grandchild. You will get dirty on this fun adventure.

# PHOSPHORUS REMOVAL FACILITY

Continuing our tour of Public Works operations, we will visit the Phosphorous Removal Facility. This innovative project enhances water quality of the Boise and Snake rivers. After the tour we will stop for lunch in Caldwell. Cost of lunch is on your own.

# PINBALL MUSEUM 🛹



Join us for a trip to the Pinball Museum, a private collection of around 70 machines spanning the decades from the 1960s to today. Maybe you'll find your favorite! All games are free play.

# PLANETARIUM 🚅 🛹





Travel with us to Twin Falls and the College of Southern Idaho. Tour the current night sky at the Faulkner Planetarium, the largest planetarium theatre in Idaho. See a full dome documentary about the night sky. We will also tour the Herrett Museum. This trip includes a box lunch. Please register by March 24 for lunch order.

# **POLLINATOR GARDEN TOUR**

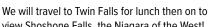




We will start our day with breakfast at Le Peep, then tour a pollinator garden in Meridian. Cost of breakfast is on your own.

# SHOSHONE FALLS 🚧 🚧





view Shoshone Falls, the Niagara of the West! Cost of lunch is on your own.

# STEINWAY CONCERT



"Stars of Steinway" is a celebration of the great repertoire for the instrument and professional concert pianists who bring the notes to life. Concerts are free, donations accepted. Cost is for transportation only.

# WINERY – HAT RANCH 🛹



Enjoy the ride to Sunnyslope where we will visit Hat Ranch Winery. A rotating selection of 5 wines will be available for tasting. Cost of tasting is on your own. Light snacks will be provided.

# **ZOO BOISE – Veterinarian Tour**



Come with us to meet with zoo animal care staff! Take a tour on the wild side of Zoo Boise, where we will get an inside look into what makes Zoo Boise's medical facility essential to continuing conservation efforts and helping endangered species.

# **LIFETIME AND LEISURE (62+)**

DATE	OUTING 62+	DAY	TIME	LOCATION	FEE RES/NR	ACTIVITY#
Jan 6	CALDWELL WINTER WONDERLAND	F	5:30-9PM	Dick Eardley SC	\$14/\$21.15	203052-01
Jan 11	AFTERNOON TEA	W	12:15-3:30PM	Dick Eardley SC	\$60/\$92.45	203088-01
Jan 12	PINBALL MUSEUM	Th	6-8PM	Dick Eardley SC	\$15/\$22.70	203387-01
Jan 19	MILITARY HISTORY MUSEUM	Th	10AM-12:30PM	DESC/WCC*	\$15/\$22.70	204038-01
Jan 24	HOT SPRINGS	Tu	9AM-2PM	DESC/WCC*	\$26/\$39.75	204291-01
Jan 28	NAMPA TRAIN DEPOT	Sa	1-4PM	Dick Eardley SC	\$15/\$22.70	203050-01
Feb 9	PAINT SPLATTER ART	Th	1:15-4:30PM	Dick Eardley SC	\$44/\$67.65	204015-01
Feb 13	ELK HERD SLEIGH RIDE	М	8:40AM-5:15PM	DESC/MNCC*	\$33/\$50.60	204041-01
Feb 16	FIRE STATION TOUR	Th	1-4PM	Dick Eardley SC	\$10.50/\$15.73	203081-01
Feb 21	EAGLE FISH HATCHERY	Tu	12:30-4:30PM	DESC/MNCC*	\$10.50/\$15.73	204058-01
Feb 23	ELK HERD SLEIGH RIDE	Th	8:40AM-5:15PM	DESC/MNCC*	\$33/\$50.60	204041-02
Feb 28	ALLEN NOBLE HALL OF FAME	Tu	12:30-4PM	Dick Eardley SC	\$10.50/\$15.73	203009-01
Mar 1	AFTERNOON TEA	W	12:15-3:30PM	Dick Eardley SC	\$60/\$92.45	303088-01
Mar 3	INITIAL POINT GALLERY	F	4-7PM	Dick Eardley SC	\$10.50/\$15.73	204099-01
Mar 5	STEINWAY CONCERT – Russian Ballet	Su	3:30-6:30PM	Dick Eardley SC	\$10.50/\$15.73	304222-01
Mar 6	ZOO BOISE – Veterinarian Tour	М	12:30-3PM	Dick Eardley SC	\$14/\$21.15	304114-01
Mar 7	ADA COUNTY LANDFILL	Tu	10:30AM-1:30PM	Dick Eardley SC	\$10.50/\$15.73	303080-01
Mar 9	BIRDING TOUR – Boise Foothills	Th	1-3:30PM	Dick Eardley SC	\$15/\$22.70	303045-01
Mar 16	GOURMET MARSHMELLOWS	Th	1-4PM	DESC/WCC*	\$15/\$22.70	303047-01
Mar 21	PHOSPHORUS REMOVAL FACILITY	Tu	9AM-1PM	DESC/WCC	\$14/\$21.15	304169-01
Mar 28	POLLINATOR GARDEN TOUR	Tu	9AM-12PM	Dick Eardley SC	\$10.50/\$15.73	304064-01
Mar 30	HAGERMAN FISH HATCHERY	Th	8:30AM-4:30PM	DESC/WCC*	\$28/\$42.85	304058-01
Apr 4	IDAHO STATE CAPITOL	Tu	9:45-11:45AM	Dick Eardley SC	\$10.50/\$15.73	305233-01
Apr 5	FALCONRY ARCHIVES	W	12:45-4:30PM	Dick Eardley SC	\$25/\$38.20	304016-01
Apr 8	PLANETARIUM	Sa	11AM-6:30PM	Dick Eardley SC	\$35/\$53.70	303310-01
Apr 11	BOISE WATERSHED TOUR	Tu	10:30AM-1PM	DESC/MNCC*	\$10.50/\$15.73	304052-01
Apr 13	FIRE ECOLOGY	Th	1-3:30PM	Dick Eardley SC	\$15/\$22.70	303018-01
Apr 15	BOISE ART TOUR	Sa	9:30AM-3PM	Dick Eardley SC	\$10.50/\$15.73	303073-01
Apr 19	WINERY – HAT RANCH	W	1-4:30PM	DESC/WCC*	\$18/\$27.35	305050-01
Apr 23	STEINWAY CONCERT – Pedroni	Su	3:30-6:30PM	Dick Eardley SC	\$10.50/\$15.73	304222-02
Apr 27	FERRY MUSEUM	Th	1:30-4:30PM	DESC/WCC*	\$25/\$38.20	304311-01
May 2	CULINARY LESSON	Tu	1-4:30PM	Dick Eardley SC	\$15/\$22.70	303025-01
May 3	BOCCE FREE PLAY	W	1-3PM	KA Municipal Park	\$5/7.75	304560-01
May 9	BOISE STATE PUBLIC RADIO	Tu	1:30-3PM	Dick Eardley SC	\$10.50/\$15.73	304134-01
May 10	BOCCE FREE PLAY	W	1-3PM	KA Municipal Park	\$5/7.75	304560-02
May 11	ECOLOGY HIKE	Th	1-3PM	Dick Eardley SC	\$15/\$22.70	305020-01
May 16	SHOSHONE FALLS	Tu	10AM-5:30PM	Dick Eardley SC	\$25/\$38.20	304074-01
May 18	BIRDING TOUR – Old Fort Boise	Th	9:45AM-3:30PM	DESC/MNCC*	\$18/\$27.35	303112-01
May 20	EAGLE SATURDAY MARKET	Sa	9AM-12PM	Dick Eardley SC	\$10.50/\$15.73	304161-01
May 23	EAGLE ISLAND STATE PARK	Tu	1-4PM	DESC/MNCC*	\$12/\$18.05	303254-01
May 25	BOISE LITTLE THEATER	Th	5-9PM	Dick Eardley SC	\$24.50/\$37.43	305012-01

\*The bus leaves from the second location 15 minutes later than the printed time. You will be given an option of pickup location at the time of registration.

See key for location names & addresses.

# DICK EARDLEY SENIOR CENTER DROP-IN PROGRAMS (62+)



# ABOUT

# Dick Eardley Senior Center

# **ABOUT**

The Dick Eardley Senior Center is a meeting place where older adults can participate in a variety of programs, classes, activities and services focused on health, life-long learning, recreation and more. It is a lively place that connects older adults to the community, where they can take classes, share a meal, engage in games and activities, and socialize. We offer a welcome orientation and facility tour on the second Wednesday of each month beginning at 11AM. Join us!

# FINANCIAL ASSISTANCE

Boise Parks and Recreation offers financial scholarships to qualified adults age 62 and older. Scholarships can help pay for classes and activities. To find out if you qualify, apply in advance at the Dick Eardley Senior Center or Fort Boise Community Center.

# **ON-SITE SHOPPING**

The center features a craft boutique offering one-of-a-kind items that are made locally by people age 50 and older. There is also a community thrift store on site where donations of new and slightly used items are always welcome. Proceeds from the thrift store help provide programs and services for seniors. Both stores are open 10AM-2PM Tuesday-Friday.

# **DONATIONS**

We accept donations of new and gently used items to sell in our thrift store. All proceeds stay at the Senior Center and are used to offer unique and creative programming as well as scholarships to older adults who have financial difficulties. Thrift store donations are accepted during regular business hours. We also accept tax-deductible monetary donations. Those can be mailed to Dick Eardley Senior Center, c/o Boise Parks and Recreation, 690 Robbins Road, Boise, ID 83702.

# DICK EARDLEY SENIOR CENTER

ADDRESS: 690 Robbins Road PHONE: 208-608-7580

EMAIL: seniorcenter@cityofboise.org WEB: cityofboise.org/senior-center HOURS: Monday-Friday from 9AM-5PM.

LUNCH: Lunch is prepared on site by Metro Meals on Wheels and served weekdays from 12-12:30PM. For Meals on Wheels information, call 208-321-0031.

# **HOLIDAY CLOSURES:**

New Year's Day Observed, January 2 Martin Luther King Jr. Day, January 16 Presidents' Day, February 20 Memorial Day, May 29

# **CARDS**

# **BRIDGE**

Monday & Thursday 1-5PM, \$2 per visit.

# **CANASTA**

Wednesday 1-5PM, \$2 per visit.

# **EUCHRE**

Tuesday 1-5PM, \$2 per visit.

# **HAND AND FOOT**

Thursday 1-5PM, \$2 per visit.

# **INTRO TO PINOCHLE**

Friday 2-5PM, \$2 per visit.

# **PINOCHLE**

Friday 10AM-2PM, \$2 per visit.

# **FITNESS**

### **FIT AND FALL PROOF**

Tuesday & Friday 1-2PM, FREE. Offered through a partnership with Central District Health.

# **LONGEVITY STICK**

Tuesday 10:30-11:30AM, \$2 per visit. Longevity stick incorporates movements designed to improve balance, flexibility, strength and mental focus.

# SOCIAL

# **ACRYLICS SOCIAL GROUP**

Wednesday 1-3PM, \$2 per visit or \$5 includes materials.

# **ARTS & CRAFTS SOCIAL CLUB**

Tuesday 2-4PM, \$2 per visit. Call the front desk for information.

# **BILLIARDS**

Monday-Friday 9AM-5PM, \$2 per visit.

### **BINGO**

Thursday 10-11AM, FREE.

# **BOOK CLUB**

Monthly, FREE. Call the front desk for information.

# **CHAT-N-CHEW SOCIAL GROUP**

Thursday 10-11:30AM, \$2 per visit.

# **DRUMMING DIVAS**

Thursday 11:30AM-12:30PM, \$2 per visit.

# **DICK EARDLEY SENIOR CENTER DROP-IN PROGRAMS (62+)**

# KNITTING/CROCHETING

Wednesday 10AM-12PM, \$2 per visit.

# **TEDDY BEAR FACTORY SEWING**

Wednesday 9-11:30AM, \$2 per visit.

# **SERVICES**

### **HOUSING 101**

2nd Tuesday 11AM-12PM Free. Meet with Paige Oeding, a seniors real estate specialist for help and information.

### **LEGAL COUNSEL**

4th Tuesday 11AM-1PM, free service provided by local attorneys. Call for appointment, 208-608-7580.

# **WELCOME TOUR**

2nd Wednesday 11AM, FREE. Come take a tour and learn about the programs available. Includes lunch for new visitors!

# **TRAVEL**

# **TRAVEL**

Explore Switzerland, Austria & Bayaria in Fall of 2023. For trip details, please contact the Senior Center. If you are interested in a specific destination, please call us at 208-608-7578. Are you on our email list? Be the first to know as new travel opportunities are added. Email seniorcenter@cityofboise.org

# **SPECIAL EVENTS**

# SENIOR PROM, Thursday, February 23, 7PM

We're excited to announce the return of Senior Prom, an annual event organized by students in Timberline High School's leadership club. Enjoy dinner, dancing and mingling with the students who made it all happen. There is no cost to attend, and all older adults are welcome. Please RSVP to 208-608-7580.

# MOTHER'S DAY, Friday, May 12, 11:30AM

Come have lunch and help us celebrate mothers! Metro Meals on Wheels will prepare a special Mother's Day meal complete with dessert, and every mom in attendance will receive a flower from our event sponsor, Blue Cross of Idaho. Moms, you are invited to be our guest and enjoy a lunch hour in your honor (regular lunch charges apply).



Explore Switzerland, Austria and Bavaria

# FOR YOUR HEALTH

### **BLOOD PRESSURE CLINIC**

2nd & 4th Thursdays 10:30AM-12PM, FREE.

# **PET THERAPY VISITS**

Last Thursday of each month, 11AM-12PM Come and give good-dog pats to Taco and Patches.

# LIVING WELL WITH DIABETES. Tuesdays, Jan. 10-Feb. 14, 10AM-12PM

This evidence-based program from Stanford University is designed for people living with or taking care of someone with diabetes. Participants learn ways to live a healthy life with a chronic condition. The workshop meets once a week for six weeks and covers topics such as symptoms of diabetes, healthy ways to manage high and low blood sugars, working effectively with health care providers, stress-reduction techniques, and the importance of nutrition, diet and exercise. The workshop is FREE and at the end, each participant receives a copy of the "Living Well with Chronic Diseases" book and a relaxation CD to take home. Space is limited. Call to reserve your spot, 208-608-7580.

# **SPRING HEALTH FAIR & DRUG** TAKEBACK EVENT, Wednesday, April 12, 10:30AM-12PM

The Idaho Senior Living Council presents its annual Spring Health Fair at the Dick Eardley Senior Center. Everyone is invited to attend. Representatives from senior needsrelated businesses and organizations in the

Treasure Valley will come together to help seniors discover the many choices in Idaho senior living opportunities and services. The Boise Police Department will collect unwanted prescriptions and over-the-counter medications during the event. This event is free to attend and there will be door prizes from all participating vendors. For more information or to be involved in the health fair, contact Mike Briggs at 208-996-4000.

# **ABOUT**

# Drop-In Programs

We offer daily programs for older adults. Most classes have a small fee which can be paid at the start of each class. A punch card is available with \$20 worth of classes. Those with a punch card do not need to bring money each day; instead, they can just use their card which can be stored at the front desk.

# Educational **Opportunities**

The Dick Eardley Senior Center offers a variety of educational opportunities to challenge the mind, learn a new skill, or engage with like-minded individuals. Sign up for the monthly newsletter or call the front desk for current information, 208-608-7580.

# **LEARNING** (62+)

# **FOOD FOR LIFE**

This four-class series presents healthpromoting dietary strategies that are both budget-friendly and accessible. Each class features a cooking demonstration with samples of delicious and health-promoting dishes, along with handouts of easy and affordable recipes participants can prepare at home.

### THE POWER OF YOUR PLATE -

Recipes: Apple Cinnamon Oatmeal, Zesty White Bean Dip

# HOW FOODS FIGHT HEART DISEASE -

Recipes: Fruited Breakfast Quinoa, Sweet Potato Lentil Curry

# FOODS FOR A HEALTHY WEIGHT -

Recipes: Hummus and Sun-Dried Tomato Wrap, Speedy Veggie Pasta Dinner

### **HOW FOODS FIGHT DIABETES -**

Recipes: Zesty Corn Edamame Salad, Cuban Lime Rice

# **MENTAL FITNESS MONTH**

We will explore tools and techniques for cognitive fitness. Join us for this four-part series and learn different ways to keep your brain fit and strong.

# MAY 5 - THE MUSIC CONNECTION

We'll make music using percussion instruments (no skill needed!) and explore the benefits of music on mental fitness.

# MAY 12 - BRAIN AEROBICS

Let's work out those brains! Join us for fun mental exercises and memory techniques you can do anywhere at any time.

### MAY 19 - FOOD & BRAIN HEALTH

Learn how eating certain foods can promote brain health. Take home samples and recipes.

# MAY 26 - CREATE-A-GAME

We'll work together to invent a new game, then get into teams and play it. There will be prizes!



REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) **DECEMBER 7** (Non-residents)

CLASS	DAY	TIME	DATE	LOCATION	INSTRUCTOR	FEE RES/NR	ACTIVITY#
FOOD FOR LIFE – THE POWER OF YOUR PLATE			Jan 20				215013-01
FOOD FOR LIFE – HOW FOODS FIGHT HEART DISEASE	_	11AM-12PM	Feb 17	Diek Fordlov SC	Barbara Smith	FREE	215013-02
FOOD FOR LIFE – FOODS FOR A HEALTHY WEIGHT	[	TIAIVI-IZPIVI	Mar 17	Dick Eardley SC	barbara Siliitii	FREE	315013-01
FOOD FOR LIFE – HOW FOODS FIGHT DIABETES			Apr 21				315013-02
MENTAL FITNESS MONTH	F	10-11:30AM	May 5-26	Dick Eardley SC	Staff	\$12/\$18.05	315012-01

# Dick Eardley Senior Center

# **PUNCH CARDS**



Purchase punch cards at the Senior Center, leave them at the Senior Center.

We'll keep track of your balance and let you know when it's time to renew.

Punch cards are good for \$20 worth of drop-in programs at the Senior Center and can be used in conjunction with scholarships.

Stop by or call 208-608-7580 for details.





# AT WARM SPRINGS + QUAIL HOLLOW

We can pre-book golf outings for groups over 20 people and make your event a memorable occasion!



WARMSPRINGSGOLFCOURSE.COM 208-972-8600 WSGolfEvent@cityofboise.org



QUAILHOLLOWBOISE.COM 208-972-8590 QHGolfEvent@cityofboise.org



Metro Meals on Wheels is proud to partner with the Dick Eardley Senior Center.

- Lunch served weekdays at 12-12:30 p.m.
- Suggested donation
   \$4 for ages 60+ | \$6 under age 60

(208) 321-0030

MetroMealsOnWheels.net





**MOTHER'S DAY** 

LUNCHEON



Senior needs-related businesses and organizations will come together to help seniors discover the many choices in Idaho.

The Boise Police Department will collect unwanted prescriptions and over-the-counter medications during the event.

Free to attend. Door prizes from all participating vendors.

**Dick Eardley Senior Center** 690 Robbins Road

208-608-7580



# LIVING WELL WITH DIABETES





# TUESDAYS, JAN. 10-FEB. 14, 2023 FREE! | 10AM-12PM

This evidence-based program from Stanford University is designed for people who are living with diabetes, pre-diabetic, or caring for someone with diabetes.

Participants learn ways to live a healthy life with a chronic condition.

Each participant will receive a copy of the "Living Well with Chronic Diseases" book and a relaxation CD to take home.

Space is limited.
Call to reserve your spot, 208-608-7580

DICK EARDLEY SENIOR CENTER 690 Robbins Rd.







### **PROGRAMS & SERVICES**

Boise Parks and Recreation's AdVenture program provides a wide range of programs for youth and adults with disabilities. We also offer inclusion services in which modifications may be provided so that an individual with a disability can fully participate in any of Boise Parks and Recreation's programs. Services such as sign language interpreters, additional staff, adaptive equipment, etc. may be provided with a minimum of three weeks advance notice of the program start date with no cost to the participant. To inquire about inclusion services, please contact Emily Kovarik at 208-608-7687 (TTY: 1-800-377-3529) or ekovarik@cityofboise.org. Reasonable modifications are based on individuals' needs and abilities. More information is available at cityofboise.org/adaptive-recreation.

### PARTICIPANT PERSONAL NEEDS

The adaptive recreation staff and volunteers provide leadership for the program but are unable to provide assistance with self-care needs (feeding, toileting assistance, etc.). Care providers should accompany participants who need personal care. Participants who have behavioral issues may be asked to participate with an aide in attendance. Please let us know upon registration if you will be bringing your own aide as fees for aides may be waived or may vary depending on the activity. Participants should enjoy meeting new people, be able to function in a group setting and need to be able to adjust to new routines and environments. Please call 208-608-7681 to learn more.

### **AGES**

Many of our programs welcome people under the specified age range. However, an adult may need to sign up with them. Please call 208-608-7680 to learn more.

# **FINANCIAL ASSISTANCE**

Boise Parks and Recreation offers financial scholarships to qualified youth, seniors and adults with disabilities. To find out if you qualify to receive a scholarship to help pay for a class or activity, apply in advance at Fort Boise Community Center.

# **DONATIONS WELCOME**

We rely on donations so that we can offer scholarships to adults with disabilities who have financial difficulties. Please send tax-deductible donations to the AdVenture Heritage Fund, Boise Parks and Recreation, 700 Robbins Road, Boise, Idaho 83702. Thank you, your support is greatly appreciated!

# **VOLUNTEER** ★

If you are age 18 or older, the AdVenture program could use your help! Please consider volunteering. It's a great way to give back to the community and someone who needs a hand. Please contact Sonya Buchholz at 208-608-7681 or by email at sbuchholz@cityofboise.org.



# ADAPTIVE RECREATION

# **Customized Activities for Groups**

AdVenture offers a variety of adaptive recreation opportunities for groups, including art, dance, outdoor adventures and more. We use the expertise and resources of the AdVenture program to customize recreation programs to meet your group's specific needs and goals. Please contact 208-608-7687 for more information.

# **CLASSES & CLUBS**

### **ADAPTIVE ART**

AGES 15+ This is the perfect class for participants with disabilities to explore several different forms of art ranging from pottery, drawing, painting and more! The fee includes instruction and supplies.

### **ADVENTURE WALKING CLUB**

AGES 15+ Join us for a leisurely walk in the park. The club is designed for individuals with disabilities who enjoy being outdoors, getting exercise and who can stay with the group. The club will be held rain or shine. We will meet at Fort Boise and drive to a different park each week.

# **BOWLING CLUB**

AGES 16+ The AdVenture Bowling Club is a fun, noncompetitive group offering socialization opportunities for individuals with disabilities. The fee covers bowling, shoe rental and staff supervision. This activity meets at the Bowling Alley in the BSU Student Union Building.

# **DANCE ABILITY**

AGES 12+ This class will explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance.



# **FITNESS CLASS**

AGES 15+ Join our fitness class and work on stretching, band workouts and aerobic activity. This is a great opportunity to get fit in a supportive and fun environment. Classes are structured for different levels of ability. The 4PM class will focus on more advanced techniques and students must be able to follow two-step directions.

# **ICE SKATING - Adaptive**

AGES 5+This program is designed to give individuals with disabilities the opportunity to develop their ice skating skills. Students will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Scholarships are available. \*Various days and times available. Call 208-608-7718 to learn more and register.

CLASS	AGE	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#									
		М	4:15-5:15PM	Jan 23-Mar 13*		\$50	200539-01									
		Tu	5-6PM	Jan 24-Mar 14		\$57	200539-02									
ADADTIVE ADT	15+	Sa	10-11AM	Jan 28-Mar 18*	Fort Boise CC	\$50	200539-03									
ADAPTIVE ART	15+	М	4:15-5:15PM	Mar 27-May 15	Fort Boise CC	\$57	300539-01									
		Tu	5-6PM	Mar 28-May 16		\$57	300539-02									
		Sa	10-11AM	Apr 1-May 20		\$57	300539-03									
ADVENTURE WALKING CLUB	15+	М	5:30-7:30PM	May 1-22	Fort Boise CC	\$33	300800-01									
DOWNING CLUB	46.	т	7.0.20014	Jan 24-Mar 14	DOLL OLD	\$61	200730-01									
BOWLING CLUB	16+	Tu	7-8:30PM	Mar 28-May 16	BSU SUB		300730-02									
			3-4PM				200538-01									
DANICE ADJUSTY	42.											4-5PM	Jan 25-Mar 15	Fart Daine CC	420	200538-02
DANCE ABILITY	12+	12+	12+	12+	W	3-4PM		Fort Boise CC	\$39	300538-01						
			4-5PM	Mar 29-May 10**			300538-02									
			3-4PM	Laur 24 May 40			200728-01									
FITNESS OF VCC	45.	Tu, Th	4-5PM	Jan 24-Mar 16	F . D	<b>.</b>	200728-02									
FITNESS CLASS	15+		3-4PM		Fort Boise CC	\$61	300728-01									
			4-5PM	Mar 28-May 18			300728-02									
ICE CVATING Advantus	F.	Vi	Vi	Jan/Feb Session	Idala a IsaMada	0-11										
ICE SKATING – Adaptive	5+	Varies	Varies	Mar/Apr Session	Idaho IceWorld	Call										

\*No class Feb 18 or 20 \*\*This class will have the opportunity to perform in the Boise Parks and Recreation Dance Recital on Saturday, May 13.

# **CLASSES & CLUBS CON'T**

### **MUSIC CLASS**

AGES 12+ Learn about music in this fun, handson class designed for individuals who have disabilities. Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. No music experience is needed.

### **SOCIAL CLUBS**

AGES 18+ These clubs are ideal social opportunities for adults with intellectual disabilities. Activities may include games, art, dinner and more! Members of the club need to bring \$2-\$7 for each day to cover activity costs. Prior to the start of the club, a detailed schedule and fee break down will be available. Register early, these clubs fill up fast!

# **YOGA CLASS - Adaptive**

AGES 15+ Yoga helps to improve flexibility, strength and balance and provides an opportunity to work on body awareness and the ability to relax. This class is designed for individuals who have disabilities, and our instructor is great at adapting the yoga poses for people of all abilities.

CLASS	AGE	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
			4:30-5:30PM	Jan 26-Mar 16			200764-01
MUSIC CLASS	12+	Th	5:45-6:45PM	Jan 26-Mar 16	Dial Faudlay CC	\$39	200764-02
MUSIC CLASS	IZ+	In	4:30-5:30PM	Mar 30-May 18	Dick Eardley SC	\$39	300764-01
			5:45-6:45PM	Mai 30-May 16			300764-02
SOCIAL CILIP. Tuesday	18+	Tu	6-8:30PM	Jan 17-Feb 28	Diek Fordlov CC	¢00 E0	200330-01
SOCIAL CLUB – Tuesday	18+	Iu	6-8:30PW	Mar 14-May 2*	Dick Eardley SC	\$80.50	300330-01
COCIAL CILIP Wednesday	18+	w	6-8:30PM	Jan 18-Mar 1	Morley Nelson CC	\$80.50	200320-01
SOCIAL CLUB – Wednesday	10+	VV	0-0.3UPIVI	Mar 15-May 3*	Moriey Neison CC	\$60.50	300320-01
COCIAL CLUB. Thursday	18+	Th	6-8:30PM	Jan 19-Mar 2	Whitney CC	¢00.50	200300-01
SOCIAL CLUB – Thursday	10+	111	0-0.3UPIVI	Mar 16-May 4*	williney CC	\$80.50	300300-01
SOCIAL CLUB. Friday	18-32	F	6:30-9PM	Jan 20-Mar 3	Diek Fordlov CC	\$80.50	200310-01
SOCIAL CLUB – Friday	10-32	Г	0.30-9PW	Mar 17-May 5*	Dick Eardley SC	\$60.50	300310-01
VOCA CLASS Adaptive	45.		E-20 C-20DM	Jan 23-Mar 13**	Dial Faudlan CC	\$48.25	200753-01
YOGA CLASS – Adaptive	15+	M	5:30-6:30PM	Mar 27-May 15	Dick Eardley SC	\$55	300753-01

\*No Clubs Mar 21-24 \*\*No Class Feb 20

# **ONE-DAY ACTIVITIES**

# **AQUARIUM & LUNCH**

AGES 16+ Explore the Boise Aquarium with AdVenture. We will discover and learn about the animals and marine life that live there. Before our visit, we will socialize over lunch.

# **ARCADE & LUNCH**

AGES 16+ During this fun day we will go to the Wahooz Arcade where each participant will get a \$5 game card. After playing at the arcade, we will eat lunch.

# **BIKE FAIR - Adaptive**

ALL AGES Try out a variety of adaptive cycles at our bike fair! You can try upright and recumbent hand cycles, trikes, recumbent trikes, tandem bikes and trikes. This is a great time to learn about adaptive cycles and discover what type works for you. Registration is not required, drop in between 10AM-2PM to try the cycles.

\*\*All ages and ability levels are welcome; youth under age 18 must attend with an adult.

# **BIKE RIDE**

AGES 16+\* Join us for an hour-long adaptive bike ride along the beautiful Boise Greenbelt. Bring your own bike or use one of our adaptive hand cycles, adult tricycles, recumbent tricycles, or tandem bikes or trikes (call 208-608-7680 for bike availability and reservations). These rides are designed as supervised group rides and are not a bike riding lessons; however, proper trail manners and safety will be addressed. Participants must be able to follow directions and stay with the group or attend with someone who can assist. \*Youth under 16 are welcome but must attend with an adult.

# **BIKE RIDE & PICNIC**

AGES 16+\* This program is very similar to the Adaptive Bike Ride (please see previous description), however, at this activity we will have a picnic after the 1.5 hour long ride.

# **BOWLING & DINNER**

AGES 16+ Looking for something fun to do? Join us for dinner and bowling! The cost includes transportation from Fort Boise Community Center, dinner and bowling.

# **BRUNEAU SAND DUNES**

AGES 18+ Bruneau Sand Dunes is a beautiful area featuring towering dunes of sand for climbing and playing. We will spend the day exploring the dunes, eating lunch and having fun! Participants must be able to stay with the group.

### **BSU BASKETBALL GAME**

AGES 16+ Cheer on Boise State University Women's Basketball team as they take on the competition. Before the game we will socialize over a meal. The fee includes transportation from Fort Boise Community Center, meal and game ticket.

# **ONE-DAY ACTIVITIES CON'T**

# **CERAMICA & LUNCH**

AGES 16+ During this fun activity we will get creative painting a piece of pottery and then eat lunch.

# **DANCING & DESSERT**

AGES 18+ Dance the night away with AdVenture at the Valentine's Dance hosted by the Arc Inc. Before the dance we will socialize over a yummy dessert.

# **NEW DESSERT & PIZZA NIGHT**

AGES 16+ Learn how to bake a delicious dessert that we will eat at the end of the night! We will also play games and eat a pizza dinner at this social evening. Unfortunately, we are unable to accommodate special diets.

# **DINE & DECORATE**

AGES 16+ Get creative with AdVenture! We will eat a takeout meal and then create seasonally themed arts and crafts projects.

# **DINNER & A MOVIE**

AGES 18+ Enjoy dinner and a movie during these fun Friday evenings! We will have takeout dinner and then watch a movie (rated G-PG13) at the community center.

CLASS	AGE	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
AQUARIUM & LUNCH	16+	F	12-4PM	Jan 20	Dick Eardley SC	\$33.50	200721-01
ARCADE & LUNCH	16+	Sa	10AM-1PM	Mar 4	Fort Boise CC	\$29.50	300536-01
BIKE FAIR – Adaptive	ALL**	Sa	10AM-2PM	May 20	Fort Boise CC	FREE	300759-01
				Apr 12			300737-01
				Apr 19			300737-02
BIKE RIDE	16+*	W	6-7:30PM	Apr 26	Kristin Armstrong Municipal Park	\$7	300737-03
				May 3			300737-04
				May 10			300737-05
DIVE DIDE & DICAIC	16+*	C-	0.204M 42DM	Apr 29	Kristin Armetus va Municipal Doule	¢10	300738-01
BIKE RIDE & PICNIC	10+	Sa	9:30AM-12PM	May 13	Kristin Armstrong Municipal Park	\$18	300738-02
DOWNING & DINNED	10.	_	E-20 0-20DM	Feb 24	Faut Bains CC	420	200722-01
BOWLING & DINNER	16+	F	5:30-8:30PM	Mar 31	Fort Boise CC	\$29	300722-01
BRUNEAU SAND DUNES	18+	Sa	9:30AM-4PM	May 6	Dick Eardley SC	\$31	300712-01
DCII DACVETDALL CAME	16+	W	5-9PM	Jan 11	Dick Fordlov CC	\$29	200718-01
BSU BASKETBALL GAME	10+	S	12:30-4:30PM	Feb 11 Dick Eardley SC		\$29	200718-02
			Jan 14			200744-01	
CEDAMICA & LUNCU	10.	Sa	10 AM 12-20 DM	Feb 18	Diels Faudlass CC	¢22	200744-02
CERAMICA & LUNCH	16+		10AM-12:30PM	Mar 18	Dick Eardley SC	\$32	300744-01
				Apr 15			300744-02
DANCING & DESSERT	18+	F	5:30-9:30PM	Feb 10	Fort Boise CC	\$23	200710-01
DESSERT & PIZZA NIGHT	16+	W	5:30-8PM	Mar 8	Dick Eardley SC	\$26	300711-01
DINE & DECORATE – Snow				Jan 18			200545-01
DINE & DECORATE – Valentine's Day	16+	W	5:30-8PM	Feb 8	Dick Eardley SC	\$32	200545-02
DINE & DECORATE – St Patrick's Day	10+			Mar 15	Dick Editiley SC		300545-01
DINE & DECORATE – Paper Flowers		Sa	10AM-12:30PM	Apr 1			300545-02
				Jan 6			200203-01
				Jan 13			200203-02
				Jan 20			200203-03
				Feb 3			200203-04
				Feb 17			200203-05
DINNER & A MOVIE	E 18+ F	F	5:30-8:30PM	Mar 3	Dick Eardley SC	\$25	300203-01
				Mar 17			300203-02
				Mar 24			300203-03
				Apr 7			300203-04
				Apr 21			300203-05
				May 12			300203-06

# **ONE-DAY ACTIVITIES**



Elk Herd Sleigh Ride

# **ELK HERD SLEIGH RIDE**

AGES 5+\* Ride on a horse-drawn sleigh into the middle of an elk herd! This trip also includes a delicious lunch in Cascade. Cost includes transportation from Fort Boise Community Center, the sleigh ride and lunch. Return time depends upon winter road conditions. There are a limited number of seats so sign up early! \*Participants under the age of 18 must be accompanied by an enrolled adult.

# **FOOTHILLS HIKE & DINNER**

AGES 16+ Socialize over dinner and then go on a relaxed hike in the beautiful Boise Foothills.

# **GAME NIGHT & DINNER**

AGES 16+ Alt's game night with AdVenture! We will play board games, BINGO, floor curling and more. We will also eat pizza and make ice cream sundaes! Please be sure to register in advance; this is not drop-in program.

# **GAMES & DINNER AT THE PARK**

AGES 16+ Try out the fun and relaxed sports of Bocce, Disc Golf and more at the park! We will also eat takeout dinner in the park.

# **HOCKEY GAME & DINNER**

AGES 16+ Watch some fast-paced hockey as the Idaho Steelheads take on the competition. Before the game we will socialize over dinner. Fee includes transportation from Fort Boise Community Center, dinner and game ticket.

# **HOT SPRINGS TRIP**

AGES 18+ Soak in a beautiful Idaho hot spring resort with AdVenture. This fun outing also includes a late lunch in Idaho City. The cost includes transportation from Fort Boise Community Center, lunch and the hot springs entrance fee. The hot spring is accessible and

has a lift, however, there is no lifeguard on duty so participants should know their swimming limits.

# **MUSIC NIGHT & DINNER**

AGES 18+ We have a super fun music night planned! We will make our own instruments, play drums and other percussion instruments, sing along to music videos and socialize over takeout dinner.

# OLD PENITENTIARY TOUR & LUNCH

AGES 18+ Join us for takeout lunch in the park and then go on a tour of the historic and fascinating Old Idaho Penitentiary.

# **POTTERY, LUNCH & ZOO TRIP**

AGES 16+ Create a unique pottery piece, have takeout lunch and then take a trip to the zoo. Participants must be able to stay with the group.

# SNOWSHOEING & HOT SPRINGS ADVENTURE

AGES 18+ Experience the beauty of snow-covered hills and fresh mountain air on a snowshoe trip near Idaho City. We will wear special snowshoes that prevent us from sinking in the snow during our approximately one-hour hike over mostly flat terrain. People of all fitness levels are welcome; we tailor the hike to the group. After snowshoeing, we will eat lunch in Idaho City and then soak in the beautiful hot springs. There is no lifeguard on duty at the hot springs so participants must know their swimming limits. The cost includes transportation from Fort Boise Community Center, snowshoes, lunch and hot springs entrance.

### **THEATER & LUNCH**

AGES 18+ Spend your Saturday with us eating lunch and then watching a play at the Boise Little Theater. Participants must have the ability to sit quietly through a two-hour play. In January we will see "The Gods of Comedy" and in April we will see the "The Mad Ones" which are both rated PG 13+. Before enrolling, please view play descriptions at boiselittletheater.org/season-75 to make sure these plays are a good fit for you.

# **TUBING & PIZZA**

AGES 16+ Enjoy thrills and chills on an exciting trip to the tubing hill at Bogus Basin. Per Bogus Basin's rules, participants will need to ride on the tube on their own but can travel in tandem with another tube beside them (tubes are provided). Participants must be able to stand on the moving conveyer belt that brings us up the hill. After tubing, we will head back to Fort Boise Community Center for a late pizza lunch. Participants must be willing and able to follow instructions and stay with the group.

# WARHAWK AIR MUSEUM & LUNCH

AGES 16+ Tour the Warhawk Air Museum and learn about the history and personal experiences of people who lived through times of war, learn about aviation history, view a large collection of war time memorabilia and see the unique collection of rare airplanes and equipment. Before the tour we will eat lunch.

# **ZOO & DINNER**

AGES 16+ Check out the cool animals at Zoo Boise! After our trip to the zoo, we will socialize over dinner in the park. Participants must be able to stay with the group.

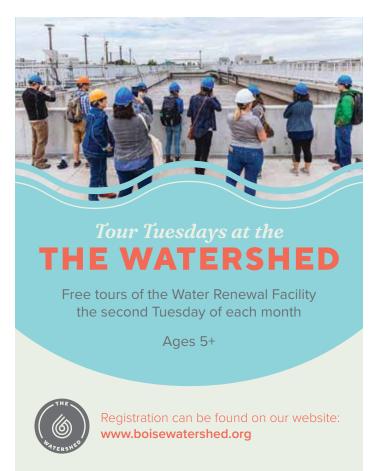
CLASS	AGE	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#
ELK HERD SLEIGH RIDE	5+*	Sa	9AM-5:30PM	Feb 25	Fort Boise CC	\$52	200735-01
FOOTHILLS HIKE & DINNER	16+	Th	5:30-8PM	May 11	Dick Eardley SC	\$25	300620-01
GAME NIGHT & DINNER	16+	Sa	5-7:30PM	Apr 8	Dick Eardley SC	\$21	300510-01
GAMES & DINNER AT THE PARK	16+	Sa	5-7:30PM	Apr 29	Kristin Armstrong Municipal Park	\$26	300716-01
HOCKEY GAME & DINNER	16+	F	5:30-10PM	Jan 27	Fort Boise CC	\$44	200509-01
HOCKEY GAME & DINNER	10+	F	5:30-10PM	Mar 10	Fort Boise CC	<b>\$44</b>	300509-01
HOT SPRINGS TRIP	18+	Sa	9AM-3:30PM	Mar 11	Fort Boise CC	\$49	300713-01
MUSIC NIGHT & DINNER	18+	Th	5:30-8PM	Jan 19	Diely Ferrelley CC	\$32	200546-01
MUSIC NIGHT & DINNER	18+	Tu	5:30-8PM	Mar 7	Dick Eardley SC	\$32	300546-01
OLD PENITENTIARY TOUR & LUNCH	18+	F	11:30AM-2:30PM	Apr 21	Fort Boise CC	\$29	300575-01
POTTERY, LUNCH & ZOO TRIP	16+	F	9AM-3PM	Mar 31	Fort Boise CC	\$33	300561-01
SNOWSHOEING & HOT SPRINGS ADVENTURE	18+	Sa	8:45AM-5PM	Feb 4	Fort Boise CC	\$55	200714-01
THEATER & LUNCH	40.	C-	42.4.45044	Jan 28	Fort Daire CC	<b>.</b>	200303-01
THEATER & LUNCH	18+	Sa	12-4:45PM	Apr 22	Fort Boise CC	\$41	300303-01
TUBING & PIZZA	16+	Sa	9AM-2PM	Jan 21	Fort Boise CC	\$47	200717-01
WARHAWK AIR MUSEUM & LUNCH	16+	F	11:30AM-3:30PM	Feb 24	Fort Boise CC	\$35	200205-01
ZOO & DINNER	16+	F	3-6PM	Apr 28	Zoo Boise	\$27.50	300757-01

\*Participants under the age of 18 must be accompanied by an enrolled adult.



# REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks

**DECEMBER 5** (Residents) | **DECEMBER 7** (Non-residents)





Proud Sponsorship with Idaho IceWorld

# **ADVENTURE SEEKER PROGRAM**

INDIVIDUALS WITH PHYSICAL DISABILITIES ARE WELCOME TO SIGN UP FOR ANY PROGRAMS MENTIONED IN THIS ACTIVITY GUIDE. HOWEVER, THE FOLLOWING 'ADVENTURE SEEKER' PROGRAMS ARE DESIGNED SPECIFICALLY FOR PEOPLE WITH PHYSICAL DISABILITIES AND THEIR FRIENDS/FAMILY.



Wheelchair Basketball

# **ADAPTIVE CYCLING**

AdVenture offers many adaptive bike rides and participants can use one of our adaptive cycles (handcycles, recumbent trikes, tandems etc.) or bring their own. Please see page 57 for dates or call 208-608-7680 to learn more.

# WHEELCHAIR BASKETBALL – Skills & Drills

AGES 7+ Learn how to play wheelchair basketball. Beginners and experts of all ages are welcome at this wheelchair basketball skills development class. You do not have to have a disability to play and basketball wheelchairs are provided. Please register for the session, drop-in is not available.

# WHEELCHAIR BASKETBALL

AGES 18+\* Come play pickup wheelchair basketball. The first hour is designed for beginning and intermediate players and the second hour will be more competitive. You do not have to have a disability to play and wheelchairs are provided. Drop-in fee is \$5 or enroll in the session at a discounted rate. \*Participants younger than 18 may enroll but must be accompanied by an adult.

# WHEELCHAIR RUGBY

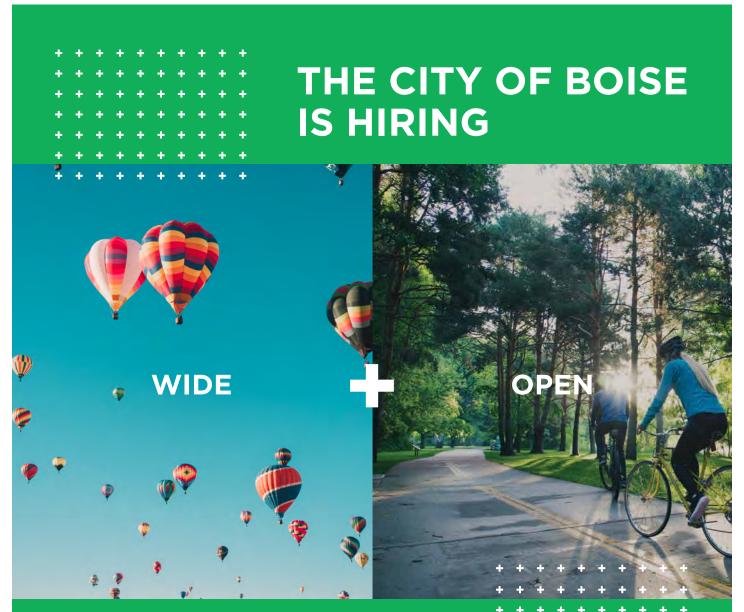
AGES 18+\* This Paralympic Sport is a fast-paced and high-contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage during this competitive practice time. Rugby wheelchairs are provided for your use. Drop-in fee is \$5 or enroll in the session at a discounted rate. \*Teens under 18 may enroll if accompanied by an adult.

# CHAIRHOOPS – WHEELCHAIR BASKETBALL TOURNAMENT FUNDRAISER March 16-18, 2023

The Wheelchair Basketball Tournament for people with and without disabilities. Gather your friends and create your team of 10 players to support the AdVenture program which offers recreation for individual with disabilities. Wheelchairs are provided and no experience is needed (tournament is divided into a recreation division and a competitive division). Register early, the tournament is limited to 20 teams. All registered players will receive a ChairHoops T-shirt. Games will be played on Thursday evening at Fort Boise Community Center, on Friday evening at Timberline High School and during the day on Saturday at Timberline High School. The team registration fee of \$160 is due by March 1, 2023, but register early as the tournament fills up. For more information or to register call 208-608-7681.

CLASS	AGE	DAY	TIME	DATE	LOCATION	FEE	ACTIVITY#									
WHEELCHAIR BASKETBALL – Skills & Drills	7+	Sa	4:15-5:15PM	Jan 7-Mar 11	Fort Boise CC	\$33.50	200780-01									
WHEELCHAIR BASKETBALL - SKIIIS & DTIIIS	/+	Sa	4:15-5:15PW	Apr 1-29	Fort Boise CC	\$17.25	300780-01									
	40. #			Jan 7-Mar 11		\$33.50	200708-01									
WHEELCHAIR BASKETBALL	18+*	Sa		Apr 1-29	Fort Boise CC	\$17.25	300708-01									
		Sa	1:15-3:45PM	Jan 7-Feb 25		¢24.2F	200706-01									
WHEELCHAIR RUGBY	10.1*		Sa	Ja	Ja	Ju		18+*				3a 1.13-3	1.13-3.43PW	Mar 4-Apr 29*	Fort Boise CC	\$31.25
WHEELCHAIR RUGDT	10+							42.2.20014	Jan 11-Feb 22	FUIT BUISE CC	\$27.45	200706-02				
		W	12-2:30PM	Mar 1-Apr 26		\$31.25	300706-02									

\*No Rugby Mar 22 or 25

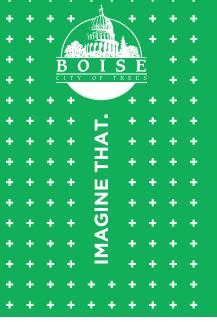


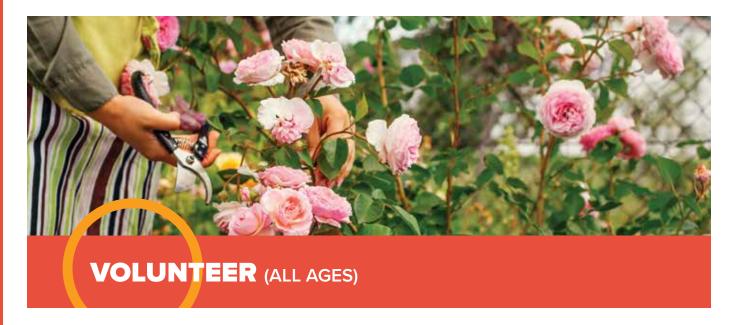
# YOU: GOOD HUMAN US: HIRING GOOD HUMANS

Learn why the City of Boise is an amazing place to work, and how you can join our team of community-serving-super-humans.

Capes not included.

208.972.8090 | cityofboise.org/JoinUs





# **VOLUNTEER**

Have a love of the outdoors and wondering what to do with your spare time? Boise Parks and Recreation's volunteer program will get you out communing with nature and meeting people with similar interests. Beginning in March, volunteers will head out in force to help care for our local parks and open spaces, and we'd like to invite you to be part of the effort.

# **EDUCATION**

# **Idaho Master Naturalists**

The City of Trees Idaho Master Naturalist chapter is seeking participants for its 2023 class. The Idaho Master Naturalist program is an adult environmental education and volunteer program that engages participants

in the stewardship of Idaho's natural world. Certify as an Idaho Master Naturalist by completing 40 hours or education and 40 hours of volunteer service with the City of Trees chapter. Classes take place 9AM-12PM on the second and fourth Wednesday each month, from March-October. There is a \$100 participation fee.



# **CONTACT:**

Jerry Pugh
Community Programs Coordinator

Boise Parks and Recreation 208-608-7617 jpugh@cityofboise.org

**VOLUNTEER OPPORTUNITIES** cityofboise.org/caringforparks

# **VOLUNTEER**

# Pollinator Posse, Tuesday Mornings; 9 – 11 AM

Pollinator populations across the globe have declined drastically, with some species declining up to 90%. Boise Parks and Recreation is providing pollinator habitat by planting, monitoring and maintaining dedicated pollinator areas in Boise parks. Our Pollinator Posse is a group of champions who hold weekly work parties to help plant new pollinator plants, prune, remove weeds and monitor for pollinator use. Weekly work parties begin in late March.

# Tree Stewards, Thursday Mornings; 9-11 AM

Boise Parks and Recreation is seeking participants for its 2023 Tree Steward program. The program gives residents an opportunity to learn about and care for our community's trees through a combination of training and hands-on experience. Volunteers complete an orientation in March of 2023, where trained

# **VOLUNTEER**

and certified tree care professionals teach how to identify trees, how trees grow, proper planting techniques, pruning basics and how to diagnose common tree problems. Participants will then help care for park trees on Thursday mornings through October. Participants completing 30 hours of service during the year become certified Tree Stewards.

# Julia Davis Park Rose Garden, Friday Mornings, 8 – 11 a.m.

Since 1935, the Julia Davis Rose Garden has attracted gardeners who share a passion for roses. It is a labor of love by and for the people of Boise, and you can help continue that tradition by volunteering. Beginning April 2, weekly work sessions will be held Fridays from 8-11AM. No green thumb is required. Our professional staff will provide direction and training for anyone interested in lending a hand.

# **VOLUNTEER FOR WILDLIFE CONSERVATION**

# Zoo Boise

At Zoo Boise, our mission is to connect our community with the conservation of wildlife worldwide. This winter, we will be recruiting passionate, conservation-minded individuals to become volunteers and provide a fun and educational experience for our zoo guests in the spring and summer of 2023. Volunteer opportunities include:

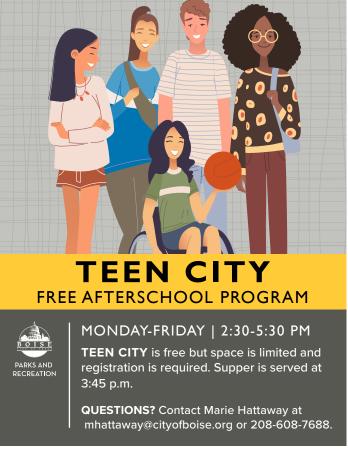
- · Raising funds for conservation at our public animal encounters
- · Sharing the value of volunteering with a family member
- Greeting guests and hosting education stations throughout the zoo



- Volunteering at our exciting annual events including Easter Eggstravaganza and Boo at the Zoo
- Captaining our Conservation Cruise, which takes guests on a journey to "Africa"

Visit zooboise.org/support/ volunteer today to learn more about our volunteer opportunities at Zoo Boise!





# Facility Rentals

### **BOISE DEPOT**

The Boise Depot is a unique venue for weddings, parties, corporate and fundraising events. A beautiful historic Spanish-style structure, the Depot was opened in 1925 to elaborate fanfare in the capital city.

The Great Hall, a 3,542-square-foot space with a soaring multi-story atrium, once served as the building's waiting room. The original 1925 Barkalow Brothers Newsstand has been slightly restored and is featured on the west wall. With a splendid panoramic view of the Boise Front, the grounds include Platt Gardens, a lovely park with pathways, a gazebo and ponds.

The Great Hall may be reserved 365 days in advance. Maximum occupancy is 300 or 165 for sit-down events.

### **Boise Depot Fees\***

# **GREAT HALL RATES**

8 Hours or Fridays and Saturdays	\$1,025**
5 hours	\$625**
6 hours	\$750**
Additional hours	\$130/hr.

# Additional Amenities with Great Hall Reservation

THE RESTRICTION OF THE PROPERTY OF THE PROPERT	
Bell Tower 4 hours	\$110
Bell Tower 2 hours	\$55
Meeting Station	\$80/hr.
North Plaza (flat rate up to 8 hrs.)	\$315
North Plaza additional hours	\$72/hr.
Platt Gardens	\$72/hr.

# 12 hours......\$2,050\*\*

**Holiday Rates** 

# DEPOT LIMITED EVENTS Meeting Station Rental Rehearsals or Setups

Meeting Station Kental, Kenedisals of Setups	
2 hours	\$260
Additional hours	\$130/hr.

<sup>\*</sup>Fees include tax.

For more information or to reserve the Depot, call 208-608-7600 or email reserve @cityofboise.org.

# DICK EARDLEY SENIOR CENTER & FORT BOISE COMMUNITY CENTER

The Dick Eardley Senior Center and Fort Boise Community Center not only provide recreational and social opportunities, but also provide room rental opportunities. When rooms aren't used for regular activities and classes, certain rooms can be rented during and after business hours.

# **Dick Eardley Senior Center Fees\***

# MONDAY-FRIDAY, 8AM-5PM

A/B Room, C Room, or Gold Room (first two nours)	\$/6
MONDAY-FRIDAY, EVENINGS; SATURDAY-SUNDAY, ALL DAY	•
Entire Facility (first 4 hours)	\$920
Dining Room (first 4 hours)	\$360
A/B Room, C Room, or Gold Room (first two hours)	\$119
Additional Hours	\$59 50/hr

For more information or to reserve a room, call 208-608-7580 or email seniorcenter@cityofboise.org.

# Fort Boise Community Center Fees\*

For-profit organizations/coaches must carry liability insurance or purchase through the city. Call for for-profit rental rates.

ROOM	<b>NON-PROFIT RENTAL RATES</b>
Gym	\$51.50/hr
Dance/Multi-Purpose Room	\$19.50/hr
Teen Center	\$38.75/hr

Please call for details and to check availability, 208-608-7680.

\*All fees include tax. A deposit, liability insurance and additional staff fees may be added to the rental. Alcohol is permitted with a permit and rental. Non-residents are subject to non-resident rental rates. Prices quoted are for Boise City residents. Please call for non-resident rates.

### JIM HALL FOOTHILLS LEARNING CENTER

Situated in the heart of the Boise Foothills, the Foothills Learning Center is surrounded by nature, making it a great facility for educational programs. When the Foothills Learning Center isn't used for environmental education programs, the facility can be rented out.

The classroom can accommodate up to 25 guests while the conference room can accommodate up to 15 guests.

### **FACILITY RENTAL RATES\***

Half Day (up to 4 hours):	\$125
Full Day (4-8 hours):	\$250

\*All fees include tax. A deposit, liability insurance and additional staff fees may be added to the rental. Alcohol is permitted with a permit and rental.

For more information or to reserve a room, call 208-608-7810 or email flc-parks@cityofboise.org.

# **QUAIL HOLLOW GOLF COURSE**

Whatever your occasion, from corporate functions to wedding receptions, celebrations of life, parties and special events, Quail Hollow is a unique venue to host your event. The Banquet and Board Rooms offer an intimate setting for any occasion. Both rooms open to a balcony overlooking Quail Hollow Golf Course and panoramic views of the Boise Foothills.

The Banquet Room is a 1,000 square-foot space that can accommodate 80 guests, 60 seated and the Board Room is a 300 square-foot space that can accommodate between 18 and 26 guests depending on the setup. All catering is provided by The Foothills Grill.

# **BANQUET ROOM RENTAL RATES\***

\$500 plus tax
\$150/hr plus tax
. \$40/hr for each additional staff
\$300
\$50

### **BOARD ROOM RENTAL RATES\***

BOARD ROOM RENTAL RATES	
First 4 Hours	\$250 plus tax
Additional Hours	\$150/hr plus tax
Additional Staff	\$40/hr for each additional staff
Security Deposit	\$300
Reservation Charge Fee	\$50

All prices subject to change without notice.

For more information or to reserve a room, call 208-972-8590 or email qhgolfevent@cityofboise.org.

<sup>\*\*</sup>Rentals require a \$300 refundable deposit and liability insurance.

<sup>\*</sup>Please contact our event coordinator for a more detailed cost breakdown.

# Facility Rentals

# **BOISE URBAN GARDEN SCHOOL (BUGS)**

BUGS houses a Grade A kitchen that can be rented out for birthday parties, meetings, and other gatherings. Our outdoor space is beautiful spring through fall. Our indoor space can accommodate groups of 20 or less.

### **FACILITY RENTAL RATES\***

\*All fees include tax. A deposit, liability insurance and additional staff fees may be added to the rental. Alcohol is permitted with a permit and rental.

Call 208-972-8630 or email bugs@cityofboise.org for more information.



Boise Urban Garden School (BUGS)

# Locations

# **ART CENTER**

700 Robbins Rd 208-608-7680 activities@cityofboise.org

# BOISE COMMUNITY FORESTRY

4969 Dorman St • 208-608-7700 forestryinfo@cityofboise.org

# **BOISE DEPOT**

2603 Eastover Terrace 208-608-7644 reserve@cityofboise.org

Boise Depot is a unique venue for weddings, parties, corporate and fundraising events.

# BOISE URBAN GARDEN SCHOOL

(BUGS) 2995 N Five Mile Rd 208-972-8630 cityofboise.org/bee

# BOISE WATERSHED ENVIRONMENTAL EDUCATION CENTER

(Boise WaterShed, BWS) 11818 W Joplin Rd 208-608-7300 bw@cityofboise.org boisewatershed.org

# DICK EARDLEY SENIOR CENTER

(Dick Eardley SC)
690 Robbins Rd
208-608-7580
seniorcenter@cityofboise.org
cityofboise.org/senior-center

# FORT BOISE COMMUNITY CENTER

(Fort Boise CC)
700 Robbins Rd
208-608-7680
activities@cityofboise.org
cityofboise.org/fort-boise

M-F: 8AM-9PM, Sa: 9AM-3PM, Su: 10AM-5PM Closed weekends May-Sept.

# **GARFIELD KID CITY**

1914 S Broadway Ave 208-854-4974

# GRACE JORDAN COMMUNITY CENTER

(Grace Jordan CC) 6411 W Fairfield Ave 208-854-4910

# **IDAHO ICEWORLD**

7072 S Eisenman Rd 208-608-7716 iiwinfo@cityofboise.org idahoiceworld.com

# **JEFFERSON KID CITY**

200 S Latah St 208-854-2514

# JIM HALL FOOTHILLS LEARNING CENTER

(Foothills LC) 3188 Sunset Peak Rd 208-608-7810 flc-parks@cityofboise.org cityofboise.org/bee

# MCMILLAN KID CITY

10901 W McMillan Rd 208-855-4481

# MORLEY NELSON COMMUNITY CENTER

(Morley Nelson CC) 7701 W Northview St 208-854-4917

# PARKS AND RECREATION ADMINISTRATION

1104 Royal Blvd 208-608-7600 bpr@cityofboise.org cityofboise.org/parks

M-F: 8AM-5PM, closed legal holidays

# QUAIL HOLLOW GOLF COURSE

(Quail Hollow GC) 4720 N 36th St 208-972-8590 quailhollowboise.com

# **TAFT KID CITY**

3722 W Anderson St 208-854-6218

# WARM SPRINGS GOLF COURSE

(Warm Springs GC) 2495 Warm Springs Ave 208-972-8600 warmspringsgolfcourse.com

# WHITNEY COMMUNITY CENTER

(Whitney CC) 1609 S Owyhee St 208-854-6625

# WHITTIER KID CITY

225 N 29th St 208-472-2073

# **ZOO BOISE**

355 Julia Davis Dr 208-608-7760 zooboise.org 10AM-5PM Sept-May 9AM-5PM June-Aug

# Park Reservations



Kathryn Albertson Park

PAVILIONS	RESIDENT	NON-RESIDENT	LOCATIONS	ADDITIONAL INFORMATION
HALF DAY 9AM-2PM; 3PM-8PM	\$140	\$217	Ann Morrison 'Old Timers' Pavilion, Esther Simplot West and Central Pavilions, Julia Davis Boise and Agriculture Pavilions, Veterans Memorial Pavilion	These sites can be reserved Jan. 1
FULL DAY 9AM-8PM	\$275	\$426.25		Amplified Sound can be added when reserving one of these sites
SHELTERS	RESIDENT	NON-RESIDENT	LOCATIONS	ADDITIONAL INFORMATION
HALF DAY 9AM-2PM; 3PM-8PM	\$95	\$147.25	Borah, Camel's Back, Cassia, Eagle Rock, Esther Simplot Pier, Ivywild, Kristin Armstrong Municipal, Marianne Williams, Phillippi, Veterans Memorial Picnic, Winstead Parks	Most sites can be reserved Oct. 15.
FULL DAY 9AM-8PM	\$185	\$286.75		<ul> <li>2022</li> <li>Esther Simplot Pier &amp; Veterans Memorial Picnic can be reserved Jan. 1</li> <li>Discount applies to Boise City</li> </ul>
DISCOUNTED RATE MON-THURS 9AM-2PM	\$70			Residents, excludes holidays
GARDENS	RESIDENT	NON-RESIDENT	LOCATIONS	ADDITIONAL INFORMATION
HALF DAY 9AM-2PM; 3PM-8PM	\$110	\$170.50	Esther Simplot Friendship Island, Julia Davis Rose Garden and Rotary Plaza, Kathryn Albertson Eyrie and Rookery	These sites are for formal ceremonies Receptions aren't permitted but a beer/
FULL DAY 9AM-8PM	\$215	\$333.25		wine permit can be purchased for a toast

# **PARK FEES**

Payment is required to finalize a reservation. All major credit cards, checks, cash, and money orders are accepted. Rates include sales tax except for gardens/gazebos.

# **MISCELLANEOUS PERMITS**

AMPLIFIED SOUND for private events	\$30
BEER/WINE PERMIT	\$10
INFLATABLE PERMIT	charge
(Must apply for permit and choose from approved list of	vendors.)

# **REFUNDS & CANCELLATIONS**

Refunds are only provided if the cancellations are made prior to ten (10) calendar days of the reservation. A \$15 processing fee is collected for any cancellation. An event cannot be rescheduled within ten (10) calendar days of the reservation. Refunds or rescheduling is not granted due to poor weather conditions or acts of nature.

# **SPECIAL EVENTS**

If you are interested in having a special event in a city park, please call 208-608-7600 or email parksspecialevents@cityofboise.org.

# **CONTACT US**

PHONE: 208-608-7600

EMAIL: reserve@cityofboise.org

WALK IN: Boise Parks and Recreation Administration Office, 1104 Royal Blvd, Boise, ID 83706, 8AM-5PM, Monday-Friday.

Office is closed all legal holidays.

# 4 Ways to Register

- 1. ONLINE: cityofboise.org/parks.
- MAIL-IN: Check or money order. Make checks payable to: City of Boise.Mail to Fort Boise Community Center, 700 Robbins Rd, Boise ID 83702.
- WALK-IN: Fort Boise Community Center, 700 Robbins Rd, Boise ID 83702.
   Cash, credit/debit cards, check or money order.
- 4. PHONE-IN: Credit Cards only: 208-608-7680 or 1-800-377-3529 (TTD/Y).

# REGISTRATION BEGINS 7AM ON: DECEMBER 5 FOR RESIDENTS DECEMBER 7 FOR NON-RESIDENTS

### **PAYMENT INFORMATION**

Full payment is required prior to enrollment. Registrations cannot be accepted from participants with past due balances. Do not mail cash. Returned checks are subject to a \$20 handling fee.

### **REFUND & CANCELLATION POLICY**

We depend on your enrollment for a successful class! Please plan your schedule carefully. Classes which do not meet minimum enrollment are subject to cancellation. In the case of a cancellation, please contact Fort Boise Community Center at 208-608-7680. Refunds are issued:

- In full if the class or program is canceled.
- Minus a \$15 per household member processing fee if you cancel at least ten calendar days before the starting date of the class. Choose from these three options:
- 1. Transfer to another class
- 2. Credit vour account
- 3. Receive a refund, allow 3-4 weeks for processing.

Refunds and transfers are not issued:

- When requested less than ten calendar days before the starting date of the class.
- If the fee paid is less than the \$15 processing fee.
- For team fees after registration ends.
- · For all team sports player fees.

### WHO IS A RESIDENT?

Boise residents live within the city limits and pay Boise city taxes. The boundaries that the U.S. Post Office uses and those that determine the city limits are not the same. Even though you may have a Boise mailing address, you may not live within the Boise City limits. Questions about residency? Please call customer service staff at 208-608-7680 or 208-608-7600.

### NON-RESIDENT POLICY

Boise residents directly contribute to the operations of Boise Parks and Recreation
Department's programs and services by payment of their property taxes. The Fair-Share
Policy (Non-resident Fee) allocates an additional fee to non-resident users so that they also
contribute, on an equitable basis, to the overall financing of the department's operations.

### SCHOLARSHIP INFORMATION

- Partial scholarships are available for youth, seniors and people with disabilities. Call 208-608-7680 for details or download an application form from cityofboise.org/parks.
- You can help ensure all young people in Boise have the same opportunity to participate by adding \$1, \$5, \$10 or more to your registration payment. Donations are tax deductible.

### ACCOMMODATION

We support the Americans with Disabilities Act and encourage participation by everyone. If you require modifications to participate in our programs or use our recreation facilities, please call 208-608-7687 or 1-800-377-3529 (TTY) or check the appropriate box on your registration form. At least two weeks notification to class date is required.

# PERSONAL RELEASE STATEMENT

When you register for a recreation class with the City of Boise, this Personal Release Statement is implied:

I understand that the registered activities and services may have an element of hazard or inherent danger and I take full responsibility for my actions and physical condition. I agree to indemnify and hold harmless the City of Boise and its employees from any liability loss, cost or expense (including attorney's fees, medical and ambulance costs) that I may incur while participating in the recreation activities. I give my consent to use any photographs or videotape taken of me in future promotional or marketing materials.

# REGISTRATION FORM (Please print clearly, thank you!) **Email** Phone ( Name (Parent/Guardian/Adult Participant) **Mailing Address** Zip ☐ Please check here if you need a modification because of a disability to effectively participate in an activity. **ACTIVITY NUMBER** PARTICIPANT NAME BIRTH DATE (MM/DD/YR) **ACTIVITY NAME** FEE ☐ YES I would like to donate to Boise Parks and Recreation Accessibility Scholarship Program: For adults with disabilities \$ To help a child in need \$\_\_\_\_\_ TOTAL PAYMENT ENCLOSED \$\_\_\_\_ I have read and agree to the PERSONAL RELEASE STATEMENT above. Parent/Guardian/Adult Participant Signature \_ \_ Date\_\_

