

### **A Letter From the Executive Director**



The Burbank Park District Fusion Recplex is still going incredibly strong with over 1,400 members. The Fusion Recplex has something to offer to people of all ages. Our 37,000 square foot facility has a three-lane walking track, full gymnasium, spin studio, personal / team training studio, free weight area, 38 cardio machines, 18 Life Fitness strength machines & six free motion machines. Looking for guidance or an extra push? Then choose from over 50 group exercise classes. We have some NEW classes that began in the spring and have seen amazing results! METAFIT, WERQ, Insanity, Tread & Shed and Boxing Bootcamp. We brought PiYo back, and of course your favorites are still here Zumba, Tabata, Spin, and Yoga. Don't forget about the group water Aerobics classes that are included in your membership!

If you need a great place to host a birthday, baby shower or anniversary then look no further than one of our three spacious rental rooms. Please check out our fully remodeled Stevenson Room bathroom in the Fusion Recplex. Available for a wide variety of uses at convenient party times, add the use of our gym for kid's parties or with big groups. The Fusion Recplex is truly a place "Where Fitness and Recreation Become One." Don't take my word! See for yourself with a tour of this magnificent facility or visit us online at burbankparkdistrict.org and and take a virtual tour of everything we have to offer.

The Burbank Park District is looking forward to everyone enjoying our Independence Day Celebration on Saturday, June 30th. Have a Safe & Enjoyable Pool Season.

Bill Olsen

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Burbank Park District Executive Director

### **Board of Commissioners**



Edwin Krupa President



Monika Zielinski-Leffers Vice-President



Ted Arnold
Commissioner



Mary Faley Treasurer



Michele Govea Commissioner

### **Board Meetings**

The Park District Board of Commissioners meets on the second Wednesday of each month at 6:30 p.m. at the Fusion Recplex, 6100 W. 85th Street, Burbank, Illinois 60459. Parties interested in being placed on the agenda must notify the office manager before 3:00 p.m. on the Friday before the board meeting.

### **Building Hours**

#### **FUSION RECPLEX BUILDING**

6100 W. 85th Street, Burbank, IL 60459

**P:** 708-599-FUSE (3873) | **F:** (708) 599-1074

**Monday – Friday:** 6:00 am − 10:00 pm | **Saturday & Sunday:** 7:00 am − 7:00 pm

#### **NEWCASTLE RECREATION CENTER BUILDING**

8050 S Newcastle Ave, Burbank, IL 60459 **P:** (708) 599-2070 | **F:** (708) 599-2063

Monday - Friday: 9:00 am - 5:00 pm | Saturday: 9:00 am - 12:00 pm

Sunday: Closed

### THE FUSION RECPLEX FITNESS CENTER WILL HAVE THE FOLLOWING HOLIDAY HOURS:

Memorial Day – Monday, May 28, 2018

6:00 am - 2:00 pm

Independence Day – Wednesday, July 4, 2018

6:00 am - 2:00 pm

Labor Day – Monday, September 3, 2018

6:00 am - 2:00 pm

### THE NEWCASTLE PARK RECREATION CENTER WILL BE CLOSED AND NO CLASSES HELD ON:

Memorial Day – Monday, May 28, 2018

Independence Day – Wednesday, July 4, 2018

Labor Day - Monday, September 3, 2018



### **Online & Mail-in Registration**

Visit <u>www.burbankparkdistrict.org</u> to register for most programs. Be sure to visit our website and book your next class with our online sign-up.

Call for a Mail-In registration form and mail the form with payment (please do not send cash) to:

Fusion Recplex 6100 W. 85th Street Burbank IL, 60459

- Newcastle Recreation Center
- 8050 S. Newcastle
- Burbank, IL 60459



Photos provided by Carlos Lomeli and Chanel Koepke.

### **Park District Staff**

#### **EXECUTIVE DIRECTOR**

Bill Olsen | **P:** (708) 599 - 3873 **E:** bolsen@burbankparkdistrict.org

#### **RECREATION DIRECTOR**

Scott Piwowarczyk, CPRP\* | **P:** (708) 599 - 2070 **E:** spiwowarczyk@burbankparkdistrict.org

#### **FUSION FACILITY MANAGER**

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#### **FUSION FITNESS DIRECTOR**

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#### **FUSION PROGRAM MANAGER**

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#### **OFFICE/RECREATION STAFF**

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#### **OFFICE MANAGER**

Julie Court | **P:** (708) 599 - 3873 **E:** jcourt@burbankparkdistrict.org

#### PRESCHOOL COORDINATOR

Lisa Code | **P:** (708) 599 - 2070 **E:** lcode@burbankparkdistrict.org

#### **OFFICE STAFF**

Phyllis Nagel | **P:** (708) 599 - 2070 **E:** admin@burbankparkdistrict.org

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#### **PARKS DEPARTMENT**

Jim "Stash" Stefanek | **P:** (708) 599 - 2070 **E:** jstash@burbankparkdistrict.org

#### **FUSION RECPLEX BUILDING MAINTENANCE**

Michael Lamb | **P:** (708) 599 - 3873 **E:** mlamb@burbankparkdistrict.org

\*CPRP - Certified Park and Recreation Professional

#### **HOTLINE & SMARTPHONE APP**

For facility closure, class cancellation, Open Gym, Day Camp & weather cancellation information!

Call (708) 290 - 0094 or visit us online at www.rainoutline.com



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\*See website for full cancellation policies.

#### **ACTIVE DUTY TROOPS - WAIVER OF FEES**

This is for Active Duty members of the armed forces who reside in Burbank and their immediate family members who also reside at the same address in Burbank. For more information or if you have any additional questions, please contact Fusion Facility Manager. P: 708-599-3873 or info@burbankparkdistrict.org

#### **BROCHURE DISCLAIMER**

The Burbank Park District makes every attempt to print information that is current when the brochure is printed. However the information in this brochure is subject to change at any time without notice. Please call our offices for up to date information.

#### **ACTIVITY REGISTRATION INFORMATION:**

- Proof of residency is required during registration for resident rates
- 2. Due to high demand, there is limited space in our activities; you may be placed on a waitlist. Should space open up or a new section become available your will be notified with the information provided to the park district.
- You may confirm classes by calling the Park District Office at (708) 599-3873 four days in advance of the first class, or on line.
- The Park District reserves the right to raise fees at any time during a program, if published fees are not meeting the program's costs.
- 5. We also reserve the right to correct any fees/information that appear in the brochure by in error.
- 6. Due to earlier starting dates on some programs advertised, there will be a special registration to accommodate them.

#### **ACTIVITY CANCELLATION POLICY:**

 The Park District reserves the right to consolidate, postpone, reschedule or cancel any Park District program.

#### **ACTIVITY REFUND POLICY:**

- 1. If the Park District cancels a program, a full refund is issued.
- No refunds for trips. However, the individual may find a substitute.

Any class cancelled by the participant, before class has started.

1) Receives 100% refund credit applied to the household.

Any class cancelled by the participant, after the completion of the second class:

- Receive a refund (less 10% processing fee) min. \$5/max.
   \$20
- 2) \* Any Swim Lesson, must apply for a refund before start of the third class or no refund will be issued.

#### **NSF CHARGES:**

- There is a \$25.00 service charge by the Park District on all returned checks. The service charge is in addition to the check amount.
- 2) NSF check fees may only be paid in cash or debit/credit cards.

#### Outdoor Walking Paths at Our Parks

MacArthur Park 3.2 laps = 1 mile

Owens Park 12.8 laps = 1 mile

Nottingham Park 4.1 laps = 1 mile

Rice Park
6.2 (times from 77th Street
parking lot to baseball fields) = 1 mile

Harr Park
3.2 laps = 1 mile

### **Park Amenities & Locations**



Park	Address		Softball/Baseball	Parking	Playground	Picnicking	Skate Plaza	Basketball	Tennis Courts	Concessions	Rest Rooms	Walking Path	Soccer/ Football	In-Line Hockey	Gazebo	Outdoor Fitness Equipment	Dog Park
Commissioners Park	79th & Newland	6.8		х	х								х				х
Fitzgerald Park	83rd & Nashville	3.5		х	х	х	х	х	1			х	х		х	х	
Harr Park	83rd & Laramie	9		х	х	х		х	1		х	х	х		х	х	
Latrobe Park	76th & Latrobe	.4		х	х			х									
MacArthur Park	83rd & Mc Vicker	6.3	3	Х	Х	Х				х	х	Х	х				
Michael Looney Park	East 77th & Narragansett	28.9	5	х	х	х				х	х		х				
Narragansett Park	West 77th & Narragansett	9.9		х	х	х	х	2		х	х	х	х	х			
Newcastle Park	8050 S. Newcastle	16.2	5	х	х	х		х			х		х				
Nottingham Park	75th & Nottingham	3.4	1	х	х	х		х				х	х		х	х	
Owens Park	78th & Leclaire	.6		х	х	х						х	х		х		
Rice Park	77th & Central	12	5	х	х	х		2	2	Х	х	х	х				
Stevenson Park/Fusion Recplex	6100 W. 85th St.	4.9		х	х	х				х	х	х			х		



Open seasonally typically starting in May through August. The Burbank Water Park is a local hot spot for cooling off in the summer. In operation for over 40 years the water park has two water slides, two diving boards and a zero-depth two feet aquatic playground area for children under 9 years of age. The Burbank Grill is the concession stand that has a large menu of hot eats and treats available as well as its own seating area. [SP]

6100 West 85th Street, Burbank, IL P: (708) 599-5832\* | Hotline: (708) 290-0094\*\*

\*(Number valid during summer only) | \*\*(Updated if pool is closed due to weather)

#### **2018 SEASON SCHEDULE**

May 26th 2018 - August 26th 2018

#### **HOURS (WEATHER PERMITTING)**

Monday – Friday: 12:00 pm – 8:00 pm Saturday & Sunday: 11:30 am – 7:30 pm

#### POLICY FOR CLOSING OF POOL

The Park District reserves the right to close the pool facility if:

- There are less than 20 people present.
- The temperature is 70 degrees or below.
- Inclement weather is forecasted.
- A situation arises that would jeopardize the public health or safety of people in attendance.
- There are Park District scheduled events.

Note: The last day the pool will be open is August 26th 2018

#### **EARLY BIRD SEASON PASS RATES\* [SP]**

Early Bird season pass rates are available now through May 25th, 2018 \*Fusion Fitness Center members will receive a 10% discount on their pool pass purchase.

MEMBERSHIP TYPES	RESIDENT	NON-RESIDENT
Individual (3-61)	\$80	\$120
Senior Citizen (62+)	\$40	\$60
Additional Family Member	\$35	\$40

#### SEASON PASS HAS ITS BENEFITS

Season Pass Holders can enter Burbank Water Park Saturday & Sunday a full half hour prior to the park opening to the general public. Secure your favorite spot on the deck or under one of our large shade umbrellas for a full day of summer fun.

#### SEASON PASS RATES (Effective May 26, 2018)

MEMBERSHIP TYPES	RESIDENT	NON-RESIDENT
Individual (3-61)	\$100	\$150
Senior Citizen (62+)	\$55	\$80
Additional Family Member	\$40	\$50

#### **FAMILY SEASON PASSES**

Only family members of the same household who permanently reside at the address set forth in the membership application can be put on the family pass. All family members 18 years and older must show proof of residency to be included in the family pass. Any false information will result in pool privileges being **terminated** and all monies forfeited.

#### **DAILY FEE** [SP]

MEMBERSHIP		RESIDENT	NON-RESIDENT			
MEMBERSHIP	FEE	After 5:00 pm	FEE	After 5:00 pm		
2 & Under	FREE	FREE	Free	Free		
Youth (3-17)	\$7	\$5	\$11	\$7		
Adult (18-61)	\$8	\$6	\$12	\$8		
Senior (62+)	\$4	\$3	\$7	\$5		

#### **POOL PASSES ID CARDS**

Patrons will be issued a swipe card upon registration. The Pool pass must be presented every time you enter the water park. Replacement cards are \$5.00 and can be obtained at the Fusion Recplex or Newcastle buildings.

#### **DAILY GROUP RATES [JC]**

Groups are only considered organizations. Organizations must obtain a permit from the Park District Office prior to date of attendance.

PEOPLE	RESIDENT	NON-RESIDENT
20-100	\$5/person	\$8/person
101-300	\$4/person	\$8/person

#### **OPEN SWIM AND WATER WALKING**

Open water walking, swimming, and classes are free for Fusion members, and are available with a punch card to non-members. Water workouts provide a number of gentle benefits, including strengthening, flexibility, and low-impact cardio.



#### LAP SWIM [MG]

Age: All | Boys & Girls; Men & Women

Open Lap Swim is back, with 6 mornings and 2 nights to choose from. Whether you are walking in the water, swimming one lap at a time, or a masters swimmer, the Burbank Pool is the place to get fit this summer!

**Location:** Burbank Water Park



## Splash Bash Pool Rental

### THE SPLASH BASH POOL RENTAL INCLUDES:

- All Certified Lifeguards
- Two-Flume Waterslide
- L-Shaped Main Pool
- Two Low Diving Boards
- Zero-Depth to Two Feet Aquatics Play Land

#### **POOL RENTAL DATES & TIMES [JC]**

Tuesday, Thursday, Friday	8:15 pm – 9:45 pm
Saturday & Sunday	7:45 pm – 9:45 pm

#### **TUESDAY & THURSDAY**

People	Resident	Non-Resident
100 or less	\$250	\$350
101–150	\$346	\$488
150-200	\$400	\$600
201-250	\$435	\$688

#### FRIDAY, SATURDAY & SUNDAY

People	Resident	Non-Resident
100 or less	\$350	\$400
101–150	\$450	\$525
150–200	\$550	\$650
201-250	\$625	\$750

### **Additional Notes & Fees**

- For groups over 250, there will be an additional charge of \$2 per person on all patrons 3 years of age & over.
   Please be accurate in the amount of participants at your party so we can put the appropriate number of staff on duty.
- Pool Capacity is 873
- There is no refund if you cancel or change original date on permit, unless done 14 days prior to party.
- Concession stand will be made available for all parties for a \$100.00 fee. Requests for the concession stand may only be made with full payment at the time of application to allow for staff scheduling.
- You may also bring your own food in for a \$50 non-refundable fee.

To reserve your date, contact us at 708-599-3873.

Or email Info@burbankparkdistrict.org

### **Learn to Swim**

#### PARENT ORIENTATION [SP]

On the first day of each session a brief orientation will be held for the parents with children in our swim lesson program. We will explain lesson plans, classes, rain dates, parent mobile apps, graduations and sign the parent contract. During the first lesson, children are tested and placed in a level according to their ability. The lesson coordinator will be available that day and throughout the season for questions or concerns. Park district refund policy will be discussed on the first day of lessons during parent orientation.

#### **INFANT LESSONS** [SP]

Age: 6mo-2yrs | Boys and Girls

These lessons acquaint the infant with the water through a number of games and activities that will remove some fears. This program will get infants used to opening their eyes and putting their heads under water. All children must wear a swim diaper and a swim suit. The adult must be at least 16 years of age and are required to assist the child in the water.

**Location:** Burbank Water Park | **Instructor:** BWP Swim Instructors **Class Length:** 30 min

Code	Day	Date	Time	Res	Non
211502-01	M/W	6/18 - 6/27	11:00 - 11:30 am	\$30	\$45
211502-02	M/W	7/9 - 7/18	11:00 - 11:30 am	\$30	\$45

#### PARENT+ SWIM LESSONS [SP]

Age: 2-4 | Boys and Girls

Parent + swim lessons help children develop basic skills that will be built upon in higher level classes. This is a great class to introduce children to water and calm any separation anxiety or fear of water. Adults, with the help of the instructor, will teach the child basic skills such as submerging their face and kicking. The adult must be at least 16 years of age and children who are not potty-trained must wear a swim diaper under their bathing suit

**Location:** Burbank Water Park | **Instructor:** BWP Swim Instructors **Class Length:** 30 min

Code	Day	Date	Time	Res	Non
211506-01	T/TH	6/5 - 6/14	11:00 - 11:30 am	\$30	\$45
211506-02	T/TH	6/19 - 6/28	11:00 - 11:30 am	\$30	\$45
211506-03	T/TH	7/10 - 7/19	11:00 - 11:30 am	\$30	\$45
211506-04	T/TH	7/24 - 8/2	11:00 - 11:30 am	\$30	\$45
211806-05	Sa	6/9 - 6/23	10:00 - 10:30am	\$30	\$45
211506-06	Sa	7/14 - 7/28	10:00 – 10:30am	\$30	\$45

#### **LEARN TO SWIM** [SP]

Age: 3-15 | Boys and Girls

The Burbank Park District swim program presents an extensive selection of courses. This program provides opportunities for achievement and allows smooth transitions between levels of instruction. A wide variety of activities are offered at every level. These activities stimulate interest and motivate students to advance to the next level of swim instruction. During the first lesson, children are tested and placed in a level according to their ability. PLEASE REGISTER FOR ALL SWIM LESSONS DESIRED TO GUARANTEE YOUR CHILD'S PLACEMENT IN THEM. REGISTRATION FOR ONE SESSION WILL NOT GUARANTEE PLACEMENT IN SUCCEEDING SESSIONS Any swim lesson, must apply for a refund BEFORE start of the third class, or no refund will be issued.

**Location:** Burbank Water Park | **Instructor:** BWP Swim Instructors **Class Length:** 40 min

Code	Day	Date	Time	Res	Non
211501-01	M-TH	6/4 - 6/14	9:00 - 9:40am	\$55	\$80
211501-02	M-TH	6/4 - 6/14	9:50 - 10:30am	\$55	\$80
211501-03	M-TH	6/4 - 6/14	10:40 -11:20am	\$55	\$80
211501-04	M-TH	6/18 - 6/28	9:00 - 9:40am	\$55	\$80
211501-05	M-TH	6/18 - 6/28	9:50 - 10:30am	\$55	\$80
211501-06	M-TH	6/18 - 6/28	10:40 -11:20am	\$55	\$80
211501-07	M-TH	7/9 - 7/19	9:00 - 9:40am	\$55	\$80
211501-08	M-TH	7/9 - 7/19	9:50 - 10:30am	\$55	\$80
211501-09	M-TH	7/9 - 7/19	10:40 -11:20am	\$55	\$80
211501-010	M-TH	7/23 - 8/2	9:00 - 9:40am	\$55	\$80
211501-011	M-TH	7/23 - 8/2	9:50 - 10:30am	\$55	\$80
211501-012	M-TH	7/23 - 8/2	10:40 -11:20am	\$55	\$80

#### LAP SWIM [MG]

Age: All | Boys & Girls; Men & Women

Open Lap Swim is back, with 6 mornings and 2 nights to choose from. Whether you are walking in the water, swimming one lap at a time, or a masters swimmer, the Burbank Pool is the place to get fit this summer!

M-Sat Mornings, 7am- 9am & M/Wed, 8:15-9:15pm Open to pool pass holders and Fusion members

**Location:** Burbank Water Park

Swim lessons a'la carte!! What's that? See page 26!

### **Private Swim Lessons**

Bundled packages can be purchased up to July 30th.

#### PRIVATE SWIM LESSONS [SP]

Age: All | Boys & Girls; Men & Women

Looking to boost your swimming (youth & adult) or diving skills at a quicker pace? Then private lessons are for you. Private lessons offer one-on-one instruction for ages 3 and up and for all abilities. These lessons are 30 minutes long based on the availability of our instructors. Lessons cannot be scheduled during normal pool hours. Hurry in...there are limited lessons available! Additional times available by appointment. **PRIVATE SWIM LESSONS MUST BE SCHEDULED WITH OUR SWIM COORDINATOR.** During these hours: 8am-9am and 11:30am-12pm M-Th; 8am-12pm Friday; 8am-11am Saturday. Also 8pm-9pm on night with H2O Aerobics.

Location: Burbank Water Park | Instructor: BWP Swim Instructors Class Length: 30 min

Code	Day	Date	Bundles	Fee
211504-01	Arranged	6/4 - 8/4	3-Pack Bundle	\$40
211504-02	Arranged	6/4 - 8/4	5-Pack Bundle	\$60

### **Water Aerobics**

All Water Aerobics classes are free for Fusion Members. Non-Members can participate in any class with a punch card purchase or for a 1 class price of \$6. Punch Cards prices are class descriptions are on page 19. [MG]

#### **HOTLINE & SMARTPHONE APP**

For facility closure, class cancellation, Open Gym, Day Camp & weather cancellation information!

Call (708) 290 - 0094 or visit us online at www.rainoutline.com



### **Lesson Cancellations**

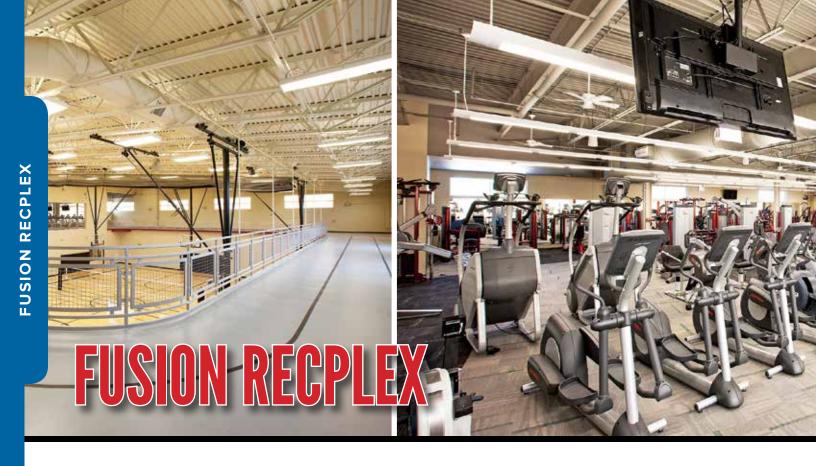
Staff will try to run classes whenever possible. Classes may be cancelled for inclement weather or pool mechanical problems. Always assume swim lessons will be held unless it is announced at **RainoutLine.com or (708) 290-0094**, or download the free app to your smartphone. Class cancellations will be made at least 30 minutes prior to a lesson. We may only cancel certain lesson times and not others. Lessons will be canceled and make up dates will be scheduled on Friday mornings. No more than two make up days will be scheduled per session. **Subject to weather**. More information will be provided at the parent orientation meeting on the first day of class.

# BRB at the BWP Thursday July 19 & August 16

Teens Only: 6th, 7th, and 8th Graders!

We opened the BWP for you! Meet your friends at the pool to cool off or dance poolside to your favorite Teen Mixer DJ Duo. DJ will be poolside spinning your favorite jams. Challenge your friends to some fun water games and win prizes. Concession will be available. [MR]

BURBANK ROCKIN' (SWIM) BASH AT THE BURBANK WATER PARK 8:15PM – 10:00PM • \$5.00 at the door



The Fusion Recplex was built through a grant from the State of Illinois "Parks and Recreation Facility Construction Grant Program" Illinois Department of Natural Resources 2013 and opened on September 7th 2013. The facility services the Burbank Residents and the surrounding communities. It has become the home for the Burbank Park District's Administration offices, as well as a number of its programs. Among its many amenities, the Fusion Recplex has a full size basketball court that can be used for basketball, volleyball, indoor floor sports and rented out for a variety of sports. The building also has a 5,000+ square foot fitness center, walking track, locker room with showers and steam room, two 1,100 square foot multi-purpose rooms, a 2,300 square foot aerobics room that can also be rented out and a separate Kid's Zone room. The facility has basic vending and 18 Samsung flat screen TV, as well as free Wi-Fi. The Fusion Recplex sells monthly and yearly memberships, as well as day passes and single use punch cards to use for classes at the fitness center. The Fusion Recplex is located at 6100 W. 85th St. and is located next to the Burbank Water Park.

### **Amenities and Services**

The Burbank Park District Fusion Fitness Center boasts a first-class fitness facility with a wide variety of amenities including one regulation size gymnasium, 1/16 mile indoor walking track, Hydro massage room and a certified massage staff room, Kids zone services and a lobby/lounge area complete with free Wi-Fi connection. **We are proud to say we are "LEED Green Building Certified!"** 

- Personal training studio
- Designated group exercise classes included in membership
- Kids zone area
- Three-lane indoor track (1/16 mile)
- One full-size gymnasium (2-halves)
- Freemotion® strength equipment
- Hammer Strength® free weight equipment

#### LOBBY/LOUNGE AREA

- Lounge seating & Free WI-FI
- Beverage & snack vending machines
- Flat screen TV viewing

- Life Fitness® plate loaded strength equipment
- Stairmasters, Concept Rowers, AMT Cross-Trainers
- Life Fitness® strength circuit machines
- Precor® & LF treadmills with personal viewing monitors
- Precor® & LF recumbent and upright bikes
- Spinning studio with Keiser® Spin Bikes
- Corridor lounge area to view gym activities

#### **CORRIDOR GYM VIEWING AREA**

- Seating area to view your child's program
- Vending machines
- Flat screen TV viewing

### **Fusion Membership and Pricing**

MEMBERSHIP PRICING	ADULT		JUNIOR & 62+		62 +1		FAMILY	
	Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident
Continuous Membership	\$30	\$35	\$25	\$30	\$40	\$45	\$65	\$70
Annual Charge	\$320	\$365	\$260	\$310	\$440	\$480	\$705	\$800

#### MEMBERSHIP INCLUDES

- Includes over 50 different group Exercise Classes, Open Gym, Spin Classes, Walking Track.
- Annual Membership Saves you MONEY! Annual
   Memberships are cheaper in total cost than paying monthly.
- 13-15 year olds must take a weight floor introduction class. Required of all 13-15 year olds.
- Continuous Monthly Memberships renew every year unless cancelled in person and in writing.
- Add additional family members to Family monthly

- memberships for \$20.00 per person, per month, or \$140.00 per person per year.
- \*Six free guest passes per membership per year.\* Must be 18 or older or with parent.
- Rates are locked-in until membership is canceled.
- First and last month due at signing for continuous memberships.
- Monthly memberships require a card fee.

### 1 & 3 Month Memberships

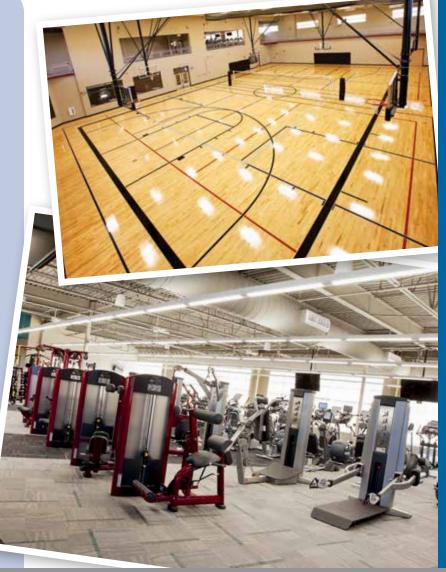
MEMBERSHIP	RESIDENT & NONRESIDENT
1 Month (30 Days)	\$45 (one time fee)
3 Month (90 Days)	\$115 (one time fee)

#### MEMBERSHIPS INCLUDE

One time charge all up front, cash, check or credit card.

- 13+ ages and all resident types.
- Includes all fitness classes.
- Minors need parent approval, signature and ID.
- 13-15 years old must take a Weight Floor Introduction class and pass test.
- After sign up 3 day cancellation period.
- After 3 days, NO refund ever, for any reason, 100% commitment.
- May not be transferred to any other service or membership type.
- No guest passes.
- Issued a membership card which expires 30 or 90 days after.
- Can be renewed an unlimited number of times.
- Prices subject to change.

**Note:** Memberships may not be transferred to other memberships. **This Membership does not receive any discount on pool passes.** 



### **Fusion Recplex Daily Fees**



#### FITNESS CENTER DAILY FEES

AGE	RESIDENT	NON-RESIDENT
Jr. (13–17)	\$5	\$10
Adult (18+)	\$8	\$15
Senior (62+)	\$4	\$8
Fusion Members		-ree

**Note:** (13-17) must have a parent's signature to use Fitness Center. (13-15) must complete The Youth Weight Floor Intro Class.

#### **WALKING TRACK**

Our beautiful three-lane (1/16 mile) track is available daily or with our annual membership. The Walking Track has large windows that allows natural light and views of McArthur Park & Stevenson Park.

AGE	RESIDENT	NON-RESIDENT
Annual	\$35	\$45
Daily	\$3	\$6
Fusion Members	Fi	ree

This Membership does not receive any discount on pool passes.

#### **OPEN GYM QUICK PASS**

Age: All Ages | Open To Everyone

The Open Gym Quick Pass speeds up the payment and paper work for Open Gym registration. Sign up once and swipe in without filling out the paperwork for a year. Simply sign up for the Free Open Gym Quick Pass and you save \$1.00 off the daily cost of open gym. Ages 0 – 17 years old need a parent present during registration, even if a parent has signed a waiver before. Passes & waiver good for one year. Price reduction is only valid with pass, no exceptions. Lost passes purchased for \$5.00. Regular open gym rates apply to anyone without an Open Gym Quick Pass. Pass sold to individuals not as a family pass.

\*All Prices are \$1.00 less with Open Gym Quick Pass.

#### **Open Gym Daily Fees**

AGE	RESIDENT	NON-RESIDENT	
Jr. (0–17)	\$5	\$7	
Adult (18+)	\$7	\$13	
Senior (62+)	\$5	\$9	
Fusion Members	Free		

**NOTE:** 10 and under must have parent/guardian supervision in gym. You must be 11 yrs. and up to enter the basketball gym with no adult. All players under 18 yrs. must have parent sign-off on waiver. **NO REFUNDS!** 

### **Group Fitness Class Punch Cards**

Punch cards are sold as is. If lost or destroyed, they will not be replaced or given a credit. Punch card sales are final. All classes are included with a Fusion membership.

CLASS	FEE
Single Class	\$6
10 Classes	\$50
20 Classes	\$90

## Kids Zone





NEW
AVAILABLE NOW
KID ZONE PARTY RENTAL

See Page 46

The Fusion Recplex offers a great place where your children can be dropped off while you achieve your fitness goals. Child must be at least 6 months old to 12 years old. Parents must sign in and out with a one hour minimum and two hour maximum. Parent cannot leave facility.

#### **HOURS**

$$\begin{split} & Monday - Saturday: 8:00 \ am - 12:00 \ pm \\ & Monday - Friday: 5:00 \ pm - 9:00 \ pm \end{split}$$

#### **MONTHLY FEES**

1st Child	\$12 unlimited
2nd Child	\$5 unlimited

#### **HOURLY FEES**

Fusion Member	\$2/hour per child
Non-Member	\$3/hour per child

## FUSION SPONSORS



5114 W. 95th Street Oak Lawn, IL 60453 708-568-0366



6053 W 79th St. Burbank, IL 708-599-9860 Barbara Langnes



7708 S. Cicero Ave. Burbank, IL 60459 708-741-5974



5500 W. 79th St. Burbank, IL 60459 708-422-7777

\*10% Off Team Apparel With Code Word FUSION



7820 S. Cicero Burbank, IL 60459 847-261-4266



5740 W. 87th St. Burbank, IL 60459 708-636-9594

\*10% Off All Orders Delivered To Fusion Recplex



708.974.3772 Leslie Dahl, DVM

SIT-N-PRETTY GROOMING 708-974-9208

11010 Southwest Hwy

Palos Hills, IL 60465 708-974-3772

HOW CAN YOUR BUSINESS
BE A FUSION SPONSOR?
CALL BILL OLSEN 708-599-3873

### Therapeutic Massage

Call Fusion RecPlex at 708-599-3873 for new specials!

#### **SWEDISH MASSAGE**

This classic form of full body massage relaxes the body and mind, improves muscle tone, and stimulates circulation.

#### **DEEP TISSUE MASSAGE**

A more intense massage. Deep tissue relaxes chronic areas of tension in the body through slow strokes and direct pressure. Deep tissue massage is excellent for relieving tension, tightness, and muscle pain. Medium to deep pressure.

#### **HOT STONE MASSAGE**

Hot stone massage, in combination with a complete bodywork session, promotes deeper muscle relaxation. The use of smooth, water-heated stones on key points of the body allows the therapist to access deeper muscle layers. Hot stone massage decreases pain, reduces tension, and increases flexibility in joints.

#### **FOOT MASSAGE**

Clients will experience a massage that is both relaxing and relieves foot pain. Stress, tension, and stiffness will flow away from the feet during this 30 minute massage. The feet are soaked in water with a soaking medium and then massaged with salt and sugar scrubs as well as foot masks and foot lotions. \*The client should wear loose pants that can be pulled up to keep out of water.

#### **HONEY PAT MASSAGE**

Honey pat massage is the process of applying honey to the skin in a rolling technique. The result is reduced appearance of lines and wrinkles as well as reduced muscle tension.

### **Honey Pat Massage**

This is included in Chinese Facial Massage.

The Honey Pat Massage is an add-on to any massage

#### **CHINESE FACIAL MASSAGE**

Chinese facial massage uses pressure points to improve the flow and circulation of energy and blood throughout the entire body. Energy blockages are released, allowing the flow of energy to improve how you look and feel. The effects are improved facial tone, increased circulation, and tightening of skin.

#### INDIAN HEAD MASSAGE

Indian head massage is based on the ancient Indian healing system of Ayurveda. The massage focuses on the body parts most prone to tension and stress: Upper back, neck, face, and scalp. Indian head massage encourages relaxation, improved concentration, increased circulation, and reduced stress. This technique is delivered with the client fully clothed using a chair or as part of complete bodywork session and with or without organic Ayurvedic herbal scalp oils.

#### REIK

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. A treatment feels like a wonderful glowing radiance that flows through and around you. Reiki treats the whole person including body, emotions, mind and spirit creating many beneficial effects that include relaxation and feelings of peace, security and well-being. Many have reported miraculous results.

#### **REFLEXOLOGY**

Reflexology is a treatment where the therapist works on reflex points on your feet and hands that are thought to relate to specific organs and glands in the body. Stimulating those points with finger pressure promotes health in those organs and glands via the body's energetic pathways.

Reflexology can be a good treatment choice for people who want to keep their clothes on during a massage. It is also a good choice if you are pressed for time and don't want to get oil on your body or in your hair.

#### SAMPLER MASSAGE THERAPY

Come and try 4 different 60-minute massages. The Sampler offers a choice of Swedish massage, Deep Tissue massage, Hot Stone massage, Chinese Facial massage with Honey Pat, Reiki, or Reflexology. The package should be used within 5 weeks of the initial massage session purchase. See Massage Therapist for details.

#### **FACIAL FUSION MASSAGE**

This massage is a combination of lymphatic strokes, relazation strokes, pressure points, and face lift massage techniques. Clients will feel relaxed and rejuvenated after this massage. The massage can benefit people with sinus problems, tension headaches, nosebleeds, and more.

#### **PRFNATA**

Designed to ease some of the stress put on the body due to pregnancy, this gentle massage provides relaxation and helps reduce swelling. Prenatal massage can be safely performed throughout most trimesters with a doctor's note.

\*Not performed during first trimester.

MASSAGE	30 MIN.	60 MIN.	90 MIN.
Chinese Facial	N/A	\$60	N/A
Deep Tissue Massage	\$40	\$70	\$100
Deep Tissue 2 Sessions	\$75	\$130	\$185
Deep Tissue 3 Sessions	\$115	\$165	\$270
Facial Fusion Massage	\$30/35 min.		
Foot Massage	\$20	N/A	N/A
Hot Stone Massage	N/A	\$80	\$110
Hot Stone 2 Sessions	N/A	\$150	\$200
Hot Stone 3 Sessions	N/A	\$210	\$295
Indian Head Massage	\$30	N/A	N/A
Reflexology	\$40	\$70	N/A
Reiki	\$40	\$70	N/A
Sampler Massage	\$230 =	Four 60 min.	Massage
Prenatal	\$40	\$70	\$100
Swedish Massage	\$40	\$70	\$100
Swedish 2 Sessions	\$75	\$130	\$185
Swedish 3 Sessions	\$115	\$165	\$270

#### **CANCELLATION FEE**

There will be a fee of \$15 assessed by the Massage Therapist if no notice is given, for no show or late cancellation. NO same day substitutions. **WE DO NOT DO REMINDER CALLS.** 

### **Hydro Massage**

MEMBERSHIP	Unlimited Monthly	Unlimited Annual	Single Use (30 min)
Fusion Members	\$30	\$300	\$8
Non-Members	\$30	\$300	\$10

#### **BENEFITS OF HYDRO MASSAGE:**

- Relieve arthritis
- Relieve muscle soreness
- Decrease general pain
- Increase flexibility
- Speed-up recovery
- Increase circulation
- Private and comfortable setting

#### WHAT IS IT?

- You can enjoy HydroMassage in just 30 minutes; so enjoy one before or after work or during your lunch break... anytime!
- You don't have to get undressed. You can enjoy your massage fully clothed and comfortable.









### Teen and Kid's Fitness at the Fusion

#### TEEN STRENGTH CHALLENGE [MG]

Age: 11-15 | Boys and Girls

Learn lifting and strength training form, while getting a kick-butt workout, and having fun. This is the perfect class to safely and effectively introduce teens into a strength training and fitness lifestyle. Help build healthy habits that will last a lifetime, including olympic lifting technique, agility, plyometrics, and core work. \*No class 7/3

**Location:** Fusion Recplex | **Instructor:** Fusion Instructor **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
110430-01	Tues	5/15-6/19	7:00pm-8:00pm	\$45	\$45
110430-02	Tues	6/26-8/7*	7:00pm-8:00pm	\$45	\$45

#### KID & FAMILY FITNESS [MG]

Age: 3-10 | Boys and Girls

Parent & kids can move, stretch, and play together, while learning all about fun fitness. Teaches exercises, games, and good body mechanics. Help your child learn to love exercise!

**Location:** Fusion Recplex | **Instructor:** Fusion Instructor **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
114060-01	Sat	5/12-6/16	11:00am-11:45am	\$35	\$40
114060-02	Sat	7/7-8/11	11:00am-11:45am	\$35	\$40

#### KID'S YOGA [MG]

Age: 5-12 | Boys & Girls

A FUN, progressive look at everything YOGA. Learn new poses, flexibility, mindfulness, and deep breathing...while building strength and core power! A great way to develop safe, self-soothing and coping mechanisms and a great supplement to other sports! \*No class 5/28

**Location:** Fusion Recplex | **Instructor:** Fusion Instructor **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
114090-01	Mon	5/14-6/25*	6:00pm-6:45pm	\$40	\$45
114090-02	Mon	7/2-8/6	6:00pm-6:45pm	\$40	\$45



#### TEEN YOGA [MG]

Age: 11-16 | Boys & Girls

A FUN, progressive look at everything yoga. Learn new poses, flexibility, mindfulness, and deep breathing...while building strength and core power! A great way to develop safe, self-soothing and coping mechanisms and a great supplement to other sports!
\*No class 5/28

**Location:** Fusion Recplex | **Instructor:** Fusion Instructor **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
2114091-01	Mon	5/14-6/25	6:45pm-7:30pm	\$40	\$45
2114091-02	Mon	7/2-8/6	6:45pm-7:30pm	\$40	\$45

#### NO BOYS ALLOWED STRENGTH CLASS [MG]

Age: 8-12 | Girls

A "girls only" opportunity for exercise, strength training, and agility work! Use weights, ropes, ladders, and TRX suspension, in this fun, functional class. Educational and challenging! \*No class 7/5

**Location:** Fusion Recplex | **Instructor:** Fusion Instructor **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
2114015-01	Thurs	5/17-6/21	5:30pm-6:30pm	\$40	\$45
2114015-02	Thurs	6/28-8/9*	5:30pm-6:30pm	\$40	\$45

#### KID'S ZUMBA FITNESS AND GAMES [MG]

Age: 4-12 | Boys and Girls

A fun, fast-paced dance class that incorporates cardio, coordination, dance moves and games! Great for boys and girls, and guaranteed to get your kids moving, sweating, and smiling!

**Location:** Fusion Recplex | **Instructor:** Fusion Instructor **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
21114013-01	Sat	5/12-6/16	9:30am-10:15am	\$30	\$35
2114013-02	Sat	7/7-8/11	9:30am-10:15am	\$30	\$35



### **Group Exercise at the Fusion**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 AM	6:00 AM	6:00 AM	6:00 AM	8:30 AM	8:00 AM	8:30 AM
Spinning <sup>™</sup>	Cardio Strength (45 min)	Spinning™ <i>(45 min)</i>	Cardio Strength (45 min)	Spinning <sup>™</sup>	Spinning™	Insanity
8:45 AM				8:45 AM	8:00 AM	10:00 AM
Tabata &	8:30 AM	9:00 AM	9:00 AM	METAFIT™	Zumba™	Barbell
Conditioning	Cardio Strength	TRX™ (PT)	Water in Motion™			
	Interval			10:00 AM	9:00 AM	10:00 AM
9:30 AM		9:00 AM	9:30 AM	Water in Motion™	Boxing	Cycle
Power Yoga (MP)	9:00 AM	Water in Motion™	Tread 'n Shed			
	Tread 'N Shed		(Treadmill)	9:30 AM	9:30 AM	11:15 AM
10:00 AM	(Treadmill)	10:00 AM		Power Yoga (MP)	TRX® (PT)	Boxing
Zumba Gold™	0.20 414	Aqua Zumba™	5:30 PM			
(45 min)	9:30 AM Stretch and Flex		Beginner's Yoga (MP)	11:00 AM	9:30 AM	
	Stretch and Flex	10:00 AM	(IVIF)	Gentle Yoga (MP)	Aqua Zumba™	
5:30 PM	9:30 AM	METAFIT™	6:00 PM			
Cardio Strength	Hip Hop Cycle		Cardio Strength	5:30 PM	10:00 AM	
6:00 PM	The Hop Cycle	11:00 AM	Interval	Zumba™	P90X	
Candlelight Yoga	6:00 PM	Chair Yoga				
(MP)	Zumba <sup>™</sup>	E 22 214	7:00 PM	6:30 PM		
( )	Toning	5:30 PM Cardio Blast	Cycle	METAFIT™		
6:15 PM		(30 min)	·			
Cycle	6:00 PM	(00 11111)	7:00 PM			
(45 min)	Beginner's Yoga	6:00 PM	Zumba/Strong			
	(MP)	Sculpt	by Zumba™ ¯			
6:30 PM	7 -					
Core Commotion	6:30 PM	6:30 PM	7:00 PM			
(30 min)	Cycle	Barbell	Vinyasa Yoga			
			(MP)			

8:00 PM

20/40 Tabata



7:00 PM

Vinyasa Yoga

(MP)

7:00 PM

Pilates Sculpt

8:00 PM

Cardio Strength

interval

6:30 PM

Spinning™

7:30 PM

WERQ®

8:30 PM

**Butts and Guts** 

(30 min.)

**8:00 PM**Water in Motion™

#### **HOTLINE & SMARTPHONE APP**

For facility closure, class cancellation, Open Gym Day Camp & weather cancellation information!

Call (708) 290 - 0094 or

7:00 PM

 $\mathsf{WERQ}^{\scriptscriptstyle\mathsf{TM}}$ 

7:00 PM

Core de Force

8:00 PM

PiYo (MP)

**8:00 PM** Aqua Zumba<sup>™</sup>

visit us online at www.rainoutline.com





### **Class Descriptions**

#### **CARDIO BOX**

Cardio Box is a cardio kickboxing and conditioning workout that blends striking with interval training. Jabs, crosses, hooks, and uppercuts, front kicks and roundhouse kicks. A fast-paced and FUN class, designed to take your Cardio Kickboxing workout to the extreme.

#### CARDIO STRENGTH/CARDIO INTERVAL

A combo of different cardio varieties mixed with strengthening exercises, using dumb bells, bar bells, bands, and your own body weight. Interval uses specifically timed cardio segments to maximize your calorie burn!

#### **BOXING CONDITIONING AND DRILLS**

Learn beginner's boxing moves and combinations, with a well-rounded conditioning workout. Great for all levels.

#### **BUTTS & GUTS**

A shortened, intense focus on Glute and Lower Body Strengthening. Give your legs, tush, and hips a great, concentrated workout, in both 30 and 60 minute options.

#### TRX® SUSPENSION TRAINING

A total body mix up of cardio intervals, body weight, and equipment strength training. Great for building endurance, burning calories and gaining strength. With modifications, appropriate for all levels! Incorporates TRX, ropes, weights and kettlebells. TRX® uses bodyweight exercise to develop strength, balance, flexibility and core stability simultaneously. No matter what level, you can get a fun, effective workout.

#### **PIYO™**

PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of Yoga. And, we crank up the speed to deliver a true fat-burning, low-impact workout that leaves your body looking long, lean, and incredibly defined.

#### **SCULPT**

Work your muscles in a variety of ways by utilizing strengthening exercises to tighten and tone. Very little cardio & lots of strength.

#### **PILATES SCULPT**

Core strengthening and muscle building combine to make this class a safe and effective muscle building experience for all levels.

#### SPINNING® / CYCLE/ HIP HOP CYCLE

This indoor cycling class will increase your cardio endurance and burn tons of calories. Joint friendly and low-impact with easily adjustable intensity. Bring a towel and a water bottle. Hip Hop includes fun toning moves, set to music! Check in early for help setting up your bike, if it's your first time. Spots are limited

#### TREAD 'N SHED (TREADMILL)

Running, Walking, Strengthening, Treadmill & Track...this class has it all! A total body cardio boot camp; prepare to sweat! Space may be limited, must get a pass at the front desk!

#### STRETCH & FLEX

A great class option for everyone. Balance and core work...a fun class for beginners or anyone looking for a well-rounded low-impact workout!

#### **MUSCLE SKILLS AND DRILLS**

Use barbells, dumbbells, steps, and plyometric interval training to push your workouts to the max! Athletic and dynamic moves.

#### **METAFIT**

Metafit is a style of HIIT and is designed to boost your fitness, rocket your energy levels & get massive results in the shortest amount of time possible.

#### POWER YOGA / VINYASA FLOW YOGA

This class combines sequences of flowing postures w/rhythmic breathing to provide an intense body-mind workout. Core strength, flexibility & joint mobility. Power Yoga is more advanced, including deep holds & optional arm balance poses, great for core strength.

#### GENTLE YOGA / CANDLELIGHT / BEGINNER'S

Beginner's yoga is a great way to get started if you are new to yoga or just looking for a relaxing environment. Gentle involves some chair poses and can be a good option for anyone with injuries or restrictions. You can complete gentle or beginners' entirely in with the chair. Tai Chi incorporates mindful balance poses.

#### **ZUMBA®**

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Easy to follow and moves can be modified.

#### **ZUMBA GOLD®**

Zumba Gold is a great option for beginners those who want to try Zumba®, but at a less advanced pace, with no twisting or jumping.

#### **WERQ®**

WERQ® is the wildly addictive cardio dance workout based on today's hottest pop, rock, and hip hop music, mixing low-intensity and high-intensity moves for an interval-style, calorie-burning experience! If you like Zumba, you'll love WERQ! Easy to follow and moves can be modified.

#### CORE COMMOTION/ CORE STRONG / CARDIO BLAST

Core is a shortened, intense focus on Core Strengthening, Abs and Glutes. Cardio Blast is an action packed cardiovascular workout of intervals and plyometrics. All are a great addition to your existing workout & each are 30 minutes long.

#### **BARBELL STRONG**

Using weighted barbells, with a targeted, structured approach, Barbell Strong will get you toned, and fit! Common exercises include squats, curls, shoulder presses, and deadlifts, working upper body, lower body, and core, for total-body conditioning.

#### WATER IN MOTION® AND AQUA ZUMBA®



Offers the benefits of a high energy calorie burning workout without the high impact pull that gravity plays on the body.

#### See desk copy or online for up-to-date class schedule

### **Group Fitness Class Punch Cards**

Punch cards are sold as is and if lost or destroyed they will not be replaced or given a credit. Punch card sales are final. All classes are included with a Fusion membership.

CLASS	FEE	
Single Class	\$6	
10 Classes	\$50	
20 Classes	\$90	

### **Adult Fitness & Activities**

#### **PERSONAL TRAINING**

Age: All

If you need motivation, guidance, and accountability, or if you love new challenges, give personal training a try. The personal attention you get with a fitness professional, combined with a program designed to meet your goals and needs, offers you a wonderful way to stay motivated and achieve success. Trainers will help you make real progress, set-up your workout schedules, and hold you accountable to your goals. Some of the great benefits include:

Education

Concrete Measurements

Accountability

Proper Form

Motivation

· Nutritional Guidance

If you are considering working with a trainer, but have questions, make a consulting appointment with our Fitness Manager or one of our trainers! (708) 599-3873

#### **ONE-ON-ONE TRAINING**

Age: All Ages

Location: Fusion Recplex | Instructor: Fusion Personal Trainer

Session Length: 60 min

SESSION	FEE
1-9	\$42/hour
10-24	\$37/hour
25+	\$35/hour

#### SMALL GROUP TRAINING

Age: All Ages

Small Group training offers all of the motivation and personal attention of working with a trainer, but with the accountability and fun of a social environment. Groups consist of 3 to 6 people.

Location: Fusion Recplex | Instructor: Fusion Personal Trainer

Session Length: 60 min

SESSION	FEE
1-9	\$22/hour/per person
10-24	\$19/hour/per person
25+	\$17/hour/per person

#### **HOTLINE & SMARTPHONE APP**

For facility closure, class cancellation, Open Gym, Day Camp & weather cancellation information!

Call (708) 290 - 0094 or visit us online at www.rainoutline.com



### BURBANK SUMMER FITNESS IN THE PARK SERIES

Age: 18+ | Men & Women

This summer, we want you to experience a new way to workout, while enjoying your neighborhood parks! We are offering different classes, from Running Bootcamp and Metafit, to Yoga and TRX, at a variety of times. These are great classes to experience and are free to try! Make this summer the "Summer of Wellness" and start getting healthy, practically in your own backyard! Rainout classes for Yoga will be held at Fusion. All other classes go to rainoutline.com or call (708)209-0094 for weather related cancelations.

#### **WERQ**

WERQ at Fitzgerald Park. Try this fun, hip hop dance cardio blast!!

Location: Fitzgerald Park | Class Length: 60 min

Day	Date	Time	Fee
Thursday	6/14	7:00 pm	Free
Thursday	6/21	7:00 pm	Free
Thursday	6/28	7:00 pm	Free

#### **RUN 4 FUN - RUNNING & CIRCUIT CLASS**

Running and Bootcamp class! If you like Tread & Shed, then you'll love this one, at the spacious and sunny MacArthur Park.

Location: MacArthur Park | Class Length: 60 min

Day	Date	Time	Fee
Thursday	7/12	7:00 pm	Free
Thursday	7/19	7:00 pm	Free
Thursday	7/26	7:00 pm	Free

#### YOGA

Join us for fun, flexible fitness during relaxing, mindful yoga.

**Location:** Stevenson Park | **Class Length:** 60 min

Day	Date	Time	Fee
Sunday	6/3	10:00 am	Free
Sunday	6/10	10:00 am	Free
Sunday	6/17	10:00 am	Free

#### TRX BOOTCAMP AND RECOVERY

TRX is the fun and versatile body weight training system that lets you bring the gym outdoors! Enjoy this fun circuit style bootcamp at Harr Park! Follow it up with a 30 minute stretch.

Location: Harr Park | Class Length: 90 min

Day	Date	Time	Fee
Saturday	8/4	10:00 am	Free
Saturday	8/11	10:00 am	Free
Saturday	8/18	10:00 am	Free

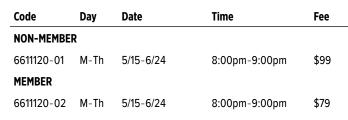


#### **INSANITY 6 WEEK CHALLENGE**

Age: 18+ | Men & Women

This fun, intense, 6 week challenge is a sure fire way to get in shape fast! Fun, easy to follow workouts, great for any level, are designed to push your body further than you've ever been. Start your challenge with weight, measurements, and before/after photos!

**Location:** Fusion Recplex **Class Length:** 60 min



#### TRIATHLON PREP CLASS

Age: 13+ | Men & Women

This is the perfect training class to work your way towards your first triathlon, or if you're a veteran, improve your time. Cycling, track work, and pool time. \*No class 7/5

**Location:** Fusion Recplex **Class Length:** 60 min / 6 weeks

Code	Day Date		Time	Fee	
6611450-01	Th	6/7-7/19	10:30am-11:30am	\$45	



#### **FUSION INDOOR DUATHLON**

Age: 13+ | Men & Women

Once you've completed your triathlon training, we can provide the perfect opportunity for you to register and complete your own race!! Get your start with our indoor duathlon. Cycle, run, and cycle in timed increments of 15 minutes each, trying to achieve your furthest distance. Men's and Women's overall prizes. Register early, spots are limited! You do not have to complete the prep class to register for the race.

**Location:** Fusion Recplex **Race Length:** 45 min

Code	Day	Date	Time	Fee	
6612100	Sa	7/28	8:00 am	\$23	



Check out our website for Partner Yoga, Piyo Vino, and Brunch Crunch programs. Make your workout a fun, party-filled social event!

www.burbankparkdistrict.org

### **Adult Activities**

#### CHAIR/GENTLE YOGA

Age: 13+ | Men and Women

This class combines sequences of flowing postures with rhythmic breathing, to provide an inclusive mind-body workout. Beginner's Yoga is less intense than our regular yoga, and offers detailed instruction into new poses, and good modification. Gentle yoga can be completed from the safety and comfort of a chair, with no floor poses.

Location: Fusion Recplex | Instructor: Fusion Instructor

Class Length: 55 min

Wednesday at 11:00am Friday at 11:00am



#### **HEARTSAVER CPR** [BN]

**Age: 16+** 

MEDIC First Aid PediatricPlus CPR, AED, and First Aid for Children, Infants and Adults provides an ideal training solution for schools, child care providers, youth sports coaches and others required to learn how to respond to medical emergencies involving children and infants. Adult CPR and AED will also be covered. Completion of this course give a 2-year certification in accordance with the Medic First Aid guidelines. Participants will be issued a PediatricPlus workbook and certification card. Perfect for individuals who desire or are required to be certified in Pediatric First Aid, CPR, and AED.

Location: Fusion Recplex | Instructor: Mary Crout

Class Length: 240 min

Code	Day	Date	Time	Fee
2202020-01	Th	6/21	5:00pm-9:00pm	\$60
2202020-02	Th	7/26	5:00pm-9:00pm	\$60
2202020-03	Th	8/23	5:00pm-9:00pm	\$60

#### **BLOOD PRESSURE SCREENINGS** [MG]

Meet and discuss your blood pressure questions with a Stickney Township Public Health professional. We'll coordinate with easy walking and exercises programs to help you manage your numbers.

#### BINGO TUESDAY IBNI

Age: 55+ | Men and Women

Once a month, we have Bingo Tuesday here at the Fusion Recplex! We play 5 games of Bingo to win gift cards from local stores!! Each player can have up to 6 Bingo Cards at one time!! Please call us for more details at 708-599-3873.

**Location:** Fusion Recplex | **Instructor:** Park District Staff

Class Length: 60 min

Code	Day	Date	Time	Fee
231901-01	Tu	6/12	1:00pm-2:00pm	Free
231901-02	Tu	7/17	1:00pm-2:00pm	Free
231901-03	Tu	8/21	1:00pm-2:00pm	Free

#### MOVIE TIME [BN]

Age: 55+ | Men and Women

Do you enjoy watching movies and eating popcorn? We may watch a classic movie, or maybe a documentary, but you aren't going to know unless you come!! Pop and popcorn are provided.

Location: Fusion Recplex | Instructor: Park District Staff

Class Length: 120-180 min Resident Only

Code	Day Date		Time	Fee	
231902-01	Tu	8/28	1:00pm-3:00pm	Free	

### Wine Wednesdays

Enjoy a night of wine and painting! You supply the wine: we supply the painting materials and professional painting instructor! You don't need to be an experienced painter to create art. You will learn as you go and bring home your own artwork that night.

**Ages:** 21+ | **Length:** 2.5 Hours **Location:** Fusion Recplex

Code	Date	Time	Fee
222036-01	6/27	6:00pm-8:30pm	\$39
222036-02	7/18	6:00pm-8:30pm	\$39
222036-03	8/15	6:00pm-8:30pm	\$39

Sponsored by:





FUSION BIRTHDAY PARTY	FEES
Resident	\$175
Non-Resident	\$200

For More information about our Birthday Party Packages call us at 708-599-3873 (BN)

#### **PACKAGES INCLUDE:**

- Parties are for 4-10 year old children.
- 20 children and 2 adults
- 2 hours of room time & 1/2 of the gym
- Birthday Cake
- Table and chairs for 20 kids and 2 adults
- All party packages come with 2 party leaders
- Three large pizzas with plates and napkins
- Parties include 20 invitations (extra sold separately)
- Renters can arrive 30 min. prior to start of rental to decorate. If extra time is needed to decorate, it must be paid for in advance.
- All parties must end on time and vacate the rented spaces within 15 minutes of end time.
- Saturday and Sunday parties only, based on availability (14 day advanced notice)
- · No alcohol allowed, no exceptions!
- · The renter is responsible for all items not listed
- \$5 each additional child or adult (Maximum 35 people)
- 2 hour maximum....No time extensions, no inflatables

#### **THEMES SUGGESTIONS**

- Basic a traditional party.
- Kid's Rock a rock and roll themed party with music and dancing.
- Volleyball play as many games of volleyball as you can!
- Basketball show off your moves on the basketball court.
- Movie pick a movie and enjoy it during your party.
- Arts and Crafts make some really fun craft projects during your party.



## AMAMAMAMA

## Independence Day Celebration Saturday, June 30th, 2018

Michael Looney Park \* 77th & Narragansett

EVENTS	TIME	TICKETS
Carnival Games	4:30 – 8:30 pm	1
Pony Rides	4:30 – 8:30 pm	4
Face Painting	4:30 – 8:30 pm	4
Trackless Train	4:30 – 8:30 pm	4
Inflatable Moonwalks	4:30 – 8:30 pm	2
Bungee Run	4:30 – 8:30 pm	2
Climbing Wall	4:30 – 8:30 pm	2
Inflatable Slide	4:30 – 8:30 pm	2
Petting Zoo	4:30 – 8:30 pm	Free
Bingo	4:30 – 8:30 pm	3 Cards for \$3
Beer Garden	4:30 – 10:00 pm	Prices Vary
Food Vendors	4:30 – 10:00 pm	Prices Vary
Glow Item Booth	4:30 – 10:00 pm	Prices Vary
DJ Music	4:30 – 10:00 pm	Free



### **Ticket Prices**

7 Tickets - \$5.00

14 Tickets - \$10.00

30 Tickets - \$20.00 BEST VALUE



#### **Wristband – \$18.00**

(Unlimited use of all attractions except carnival games)

"Early Bird" Wristband Special – \$13.00

(Purchase between 4:30 – 5:30 pm)

#### RAY MAZA HORSESHOE TOURNAMENT

Anyone for horseshoes? This is the time to see who is Number 1. All of the backyard battles can finally be put to the test. Join us in this single or double elimination tournament. Then make a day of it by enjoying the rest of our Independence Day Celebration ending with our Fabulous Fireworks display. The amount of cash prizes awarded will depend on enrollment. Registration taken the day of the event, or register in-person or online. Trophies will be awarded for 1st, 2nd, 3rd and 4th place at last game.

Note: Call 708-599-3873 or 708-599-2070 to register

Code	Age	Day	Date	Time	Fee
222015-01	Adults 18+	6/30	Sa	3:00 pm	Free

#### **BEAN BAG TOURNAMENT**

So you think you're good with the "bags"? Then join us for a little friendly competition. We'll have a single elimination tournament to see who gets the bragging rights to the next year. The winner will get some great prizes. Call to register or sign-up the day of the contest.

Note: Call 708-599-3873 or 708-599-2070 to register

Code	Age	Day	Date	Time	Fee
242016-01	6-16	Sa	6/30	5:30 pm	Free
242016-02	17+	Sa	6/30	5:30 pm	Free

#### TUZIK'S BAKERY PIE EATING CONTEST

How fast can you eat a whole blueberry pie? Would you like to find out? Well, here is your opportunity! Join us for our Annual Tuzik's Bakery Pie-Eating Contest. The contest will take place at our Independence Day Celebration. Prizes will be awarded to the fastest pie eater in each age group. Pies are donated by Tuzik's Bakery located in Oak Lawn. Register in-person, online, call in, or sign up the day of the event.

Note: Call 708-599-3873 or 708-599-2070 to register

Code	Age	Day	Date	Time	Fee
242021-01	6-8	Sa	6/30	6:00 pm	Free
242021-02	9-14	Sa	6/30	6:00 pm	Free
242021-03	15-21	Sa	6/30	6:00 pm	Free
242021-04	22+	Sa	6/30	6:00 pm	Free



at 9:30

### 4th of July Sponsors

The Burbank Park District would like to thank the following sponsors for their generous support:

#### **PATRIOT SPONSORS**

City of Burbank Stickney Township Burbank American Little League Burbank Girl's Fastpitch Burbank National Little League Burbank Titans Youth Football Novotny Engineering Louis F. Cainkar, LTD

#### **BLUE SPONSOR**

Thurzo-Spellman Enterprises, Inc Burbank Sports

### WHITE SPONSOR

Sherwin Williams

#### **RED SPONSORS**

Anagnos Door Company Barraco's Pizza Burns Plumbing Dr. Michael Kowalik, DDS Eco Chem John Gino's Pizza & Catering

Nick's Barbecue Uncle Sam's Dunkin Donuts & Baskin Robbins (Burbank on Harlem)















## Looking to keep your kid(s) active as well as entertained this summer?

Look no further! The BPD Summer Fusion Fun Camp is what they need! Our 14 weeks of summer camp will keep your kids busy. Each day your camper will experience a wide variety of sports, indoor/outdoor activities, arts/crafts, and the pool every day. Not to mention a staff that is fun, energetic, and CPR certified.

We have some new field trips planned this summer and some returning favorites. Don't miss this summer of Fusion Fun at the Burbank Park District. Campers are expected to bring their own lunch and a drink, we discourage sharing lunches. PLEASE send your camper(s) in their swimsuit EVERYDAY as well as sending a towel and sunscreen. PLEASE label all items, we are not responsible for lost or stolen items. ALL Camper(s) are required to wear gym shoes and SOCKS every day (NO sandals or open toed shoes).

A camp T-shirt will be provided for full day campers. T-shirt must be worn on

A camp 1-shirt will be provided for full day campers. 1-shirt must be worn on field trip days!

No Camp on July 4, 2018

#### WHAT DO I NEED TO BRING TO SIGN MY CHILD UP FOR SUMMER CAMP?

- A state issued ID ( Driver's License)
- Proof of residency

A camp t-shirt will be provided for FULL DAY campers, this t-shirt MUST be worn on field trip days.

Swim Lessons, Fusion Fun Camp! Swim Lessons, Fusion Fun Camp! Swim Lessons, Fusion Fun Camp!

Can't decide? Sign-up for both! We'll bring your camper to swim lessons and then back to camp!
Let the registration desk know you want Swim
Lessons a'la carte! \$10 per swim lesson session for your camper to get safely from camp to their swim lessons and back to camp again.



### **Day Camps**

#### **ALL GROUPS DAY CAMP AGES 3-12**

This is an all day program

Days	Session	Dates	Time
M – F	I	<mark>5/29</mark> -6/15	8:30am-3:00pm
M-F	II	<mark>6/1</mark> 8-7/6	8: <mark>30am-3:00</mark> pm
M – F	III	7/9-7/27	8:30am-3:00pm
M – F	IV	7/30-8/17	8:30am-3:00pm
M – F	Week 13	8/20-8/24	8:3 <mark>0am-3:00pm</mark>
M – F	Week 14	8/27-8/31	8:3 <mark>0am-3:00pm</mark>

Resident	Non-Resident
\$235 per session	\$295 per Session

Non-Field Trip Weeks				
\$100 per week	\$120 per week			
	M			
Field Trip	weeks			
\$110 per week	\$130 per week			
Non-Field	Trip Days			
\$30 Daily	\$45 Daily			

<sup>\*</sup> See Camp handouts for full Field Trip Schedule.

### FUSION FITNESS & SPORTS SUMMER DAY CAMP

Ages: 7-14 Max: 50

Join our Fusion Fitness & Sports summer day camp. The Sports Campers time will include skills, drills and games for all sorts of their favorite sports. Campers will learn sportsmanship as well as how important it is to be a team player. Your Sports Camper will spend the afternoon at the pool. Please make sure to always send a lunch as well as swim suit, towel, and sunblock. Label all personal belongings.

Sports Camp is ONLY available per session. A session consists of three weeks. There will be NO Sports Camp offered Weeks 13 & 14. Campers may join Fusion Fun Camp during those weeks. Don't forget to add Before or After camp if you need extended camp hours.

Days	Session	Dates	Time
M – F	I	5/29-6/15	8:30am-3:00pm
M – F	II	6/18-7/6	8:30am-3:00pm
M – F	III	7/9-7/27	8:30am-3:00pm
M – F	IV	7/30-8/17	8:30am-3:00pm
	Resident		Non-Resident
	\$255 Per Session		\$315 Per Session

#### DAY CAMP (AGES 3-4)

#### Full Day 3 -4 's

Your camper will swim M/W/F weather permitting. MUST come to camp in his/her swim suit. MUST bring a lunch, as well as a change of clothes.

#### AM 1/2 Day Only

Your 3 -4 camper will swim in the a.m. weather permitting on Mon/Wed/Fri

#### PM ½ Day Only

PLEASE make sure your camper has eaten lunch prior to arriving to camp. There will be no swimming in the PM ½ Day session UNLESS you are informed.

AM & PM campers will be offered a FULL DAY of camp on certain Field Trip Days

Days	Session	Dates	Time
M – F		5/29 - 6/15	8:30am-3:00pm - Full Day 8:30am-11:30pm - 1/2 Day AM 12:00pm-3:00pm - 1/2 Day PM
M – F	II	6/18 - 7/6	8:30am-3:00pm - Full Day 8:30am-11:30pm - 1/2 Day AM 12:00pm-3:00pm - 1/2 Day PM
M – F	III	7/9 - 7/27	8:30am-3:00pm - Full Day 8:30am-11:30pm - 1/2 Day AM 12:00 P-3:00pm - 1/2 Day PM
M – F	IV	7/30 - 8/17	8:30am-3:00pm - Full Day 8:30am-11:30pm - 1/2 Day AM 12:00 P-3:00pm - 1/2 Day PM
M – F	Week 13	8/20 - 8/24	8:30am-3:00pm - Full Day 8:30am-11:30pm - 1/2 Day AM 12:00pm-3:00pm - 1/2 Day PM
M – F	Week 14	8/27 - 8/31	8:30am-3:00pm - <mark>Full Day</mark> 8:30am-11:30pm - <mark>1/2 Day AM</mark> 12:00pm-3:00pm - <mark>1/2 Day PM</mark>
	Resident Non-Resident		
\$120	am or pm Ses	sion	\$150 am or pm Session

\$235	5 FULL DAY Session	\$295 FULL DAY Session
	Non-Field	Trip Weeks
	am or pm Weekly FULL DAY Weekly	\$75 am or pm Weekly \$105 FULL DAY Weekly
	Field Tri	p Weeks
	am or pm Weekly FULL DAY Weekly	\$85 am or pm Weekly \$130 FULL DAY Weekly
		T' B

#### Non-Field Trip Days

\$15 am or pm Daily	\$20 am or pm Daily
\$30 FULL DAY	\$45 FULL DAY

<sup>\*</sup> See Camp handouts for full Field Trip Schedule.



Those families with more than one child enrolled in an entire session of Day/Sports Camp will receive a 10% discount on the overall cost per session.

This discount DOES NOT apply to daily or weekly rates.

### **Day Camps**

### Early risers get up early and get going!



#### **EARLY RISERS**

Need to be at work early? Then drop your child off early at camp. We will have structured activities and a snack every morning. This is perfect for the working parent.

Fees	Session	Weekly	Daily
Resident	\$74	\$35	\$10
Non-Resident	\$104	\$45	\$15

Days	Session	Dates	Time	
M – F	1	5/29-6/15	7:00am-8:30am	
M – F	II	6/18-7/6	7:00am-8:30am	
M – F	III	7/9-7/27	7:00am-8:30am	
M – F	IV	7/30-8/17	7:00am-8:30am	
M-F	Week 13	8/20-8/24	7:00am-8:30am	
M – F	Week 14	8/27-8/31	7:00am-8:30am	
* No Camp on July 4				

#### **AFTER CAMP**

Working late? Can't pick up your children at the end of camp? Leave your kids with us, we'll keep them busy. We will play games, sports, go swimming and have a snack.

Fees	Session	Weekly	Daily	
Resident	\$110	\$45	\$15	
Non-Resident	\$150	\$60	\$22	

Days	Session	Dates	Time
M – F	I	5/29-6/15	3:00pm-6:00pm
M – F	II	6/18-7/6	3:00pm-6:00pm
M – F	III	7/9-7/27	3:00pm-6:00pm
M – F	IV	7/ <mark>3</mark> 0-8/17	3:00pm-6:00pm
M – F	Bonus Week 10	8/20-8/24	3:00pm-6:00pm
M – F	Bonus Week 11	8/27-8/31	3:00pm-6:00pm
* No Camp	on July 4		





### DAY GAMP FAMILY SWIM NIGHT!

Thursday, June 28th 8pm-10pm

Spend a summer evening swimming at the pool with your favorite counselor!

### **Gymnastics**

### **Anything But Routine**

The Gymnastics program is designed to encourage development as an athlete and person. Please register ahead of time to avoid class cancellations.

No class: 7/3, 7/4

#### **CLASS POLICIES & GYMNASTICS ATTIRE:**

- Girls: Leotards, biker shorts, unitard (NO jeans, straps, zippers or belts, and no leotards with shirts (safety issue), no socks or tights, hair must be tied up off the face, no jewelry.
- Boys: Stretch Shorts, T-Shirts (NO street clothes)
- Bathroom Breaks: Parents are responsible for taking their child to the bathroom before class: coaches can't leave class to take children to the bathroom.
- Make up policy: All classes that are cancelled by the Burbank Park District will be made up at the park's discretion. There are no individual make up classes offered.
- Watching Classes: Parents are allowed to view all classes from viewing windows that are located outside the gymnastics class. No parent is allowed to sit in the gym to view her/his child's gymnastics class. This is for the safety of the children and the coaches.

#### TUMBLE WITH YOUR TOT [BN]

Age: 1-3 years | Boys and Girls

This is a parent/grandparent participation class where the instructors teach proper use of gymnastic equipment. This class also uses guided discovery, exploration, and minimally organized activities to learn sharing, following simple directions, and socialization.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
2108303-01	SA	6/16-7/21	9:00am-9:45am	\$30	\$45
2108303-02	SA	7/28-9/1	9:00am-9:45am	\$30	\$45

#### MINI STARS [BN]

Age: 3 years | Boys and Girls

This is the first class of structured gymnastics without parent participation. Coaches will focus on basic skills on individual movement, following directions and socialization. Child must be potty trained.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
2108301-01	Th	6/14-7/19	6:30pm-7:15pm	\$36	\$54
2108301-02	Sa	6/16-7/21	10:00am-10:45am	\$36	\$54
2108301-03	Th	7/26-8/30	6:30pm-7:15pm	\$36	\$54
2108301-04	Sa	7/28-9/1	10:00am-10:45am	\$36	\$54

#### SUPER STAR TOTS IBNI

Age: 4-5 years | Boys and Girls

This class will focus on the fundamental skills of gymnastics including forward rolls, jumping, swinging and balancing. Coaches will emphasize communication, following directions, and gross motor activities.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
2108302-01	Th	6/14-7/19	6:30pm-7:30pm	\$42	\$63
2108302-02	Sa	6/16-7/21	10:00am-11:00am	\$42	\$63
2108302-03	Th	7/26-8/30	6:30pm-7:30pm	\$42	\$63
2108302-04	Sa	7/28-9/1	10:00am-11:00am	\$42	\$63

### STRETCHING/CONDITIONING/DANCE GYMNASTICS CLASS [BN]

**Age:** 5+ years | **Boys and Girls** 

Students will work on a variety of stretches that will help them with their flexibility, conditioning drills that work all the muscles in the body to get them stronger and dance to get them ready next season. This class is designed for the beginner gymnast or seasoned gymnast.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
2108305-01	Tu	6/12-7/17	6:45pm-7:45pm	\$35	\$52
2108305-02	W	6/13-7/18	5:45pm-6:45pm	\$35	\$52
2108305-03	Tu	7/24-8/28	6:45pm-7:45pm	\$42	\$63
2108305-04	W	7/25-8/29	5:45pm-6:45pm	\$42	\$63

### **Gymnastics**

#### **BEGINNER GYMNASTICS** [BN]

Age: 6-12 years | Boys and Girls

Students will learn basic skills on floor, vault, beam and bars. We will focus on the development of their strength, flexibility, balance and coordination. This is designed for the beginner gymnastics with little to no experience

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
2108307-01	W	6/13-7/18	7:45pm-8:45pm	\$40	\$60
2108307-02	W	7/25-8/29	7:45pm-8:45pm	\$48	\$72

### Gymnastics Clinic

Our one day clinic is a jammed packed day of fun! Each participant will work on all four events throughout the day.

This clinic is highly recommended for gymnasts of all skill levels!

This is a great day for children to work on their current skills and start new ones. Please make sure that your child brings a lunch and a bottle of water.

**Location:** Fusion Recplex

**Instructor:** Fusion Gymnastics Staff

Class Length: 6 hours

Code	Day	Date	Time	Fee
2108290-01	Su	8/19	8:30am-3:30pm	\$60 BEFORE 7/1/18
				\$70 AFTER 7/1/18

No registration after 8/12



#### **DEVELOPMENTAL GYMNASTICS [BN]**

Age: 6-13 | Boys and Girls

This class is designed for children that have taken a gymnastics class previously. Children will continue to learn basic skills on vault, beam bars, and floor. This class will expand their knowledge of gymnastics while having fun.

Location: Fusion Recplex | Instructor: Fusion Gymnastics Staff

Class Length: 90 min

Code	Day	Date	Time	Res	Non
210814-01	Tu	6/12-7/17	6:45pm-8:15pm	\$54	\$81
210814-02	Sa	6/16-7/21	11:15am-12:45pm	\$54	\$81
210814-03	Sa	6/16-7/21	1:00pm-2:30pm	\$54	\$81
210814-04	Tu	7/24-8/28	6:45pm-8:15pm	\$54	\$81
210814-05	Sa	7/28-9/1	11:15am-12:45pm	\$54	\$81
210814-06	Sa	7/28-9/1	1:00pm-2:30pm	\$54	\$81

#### KIP CLASS [BN]

Age: 6+ years | Boys and Girls

Students will work on their kip on the bars. There will be different stations and drills set up to help them achieve their kip.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
2108304-01	W	6/13-7/18	4:30pm-5:30pm	\$45	\$67
2108304-02	W	7/25-8/29	4:30pm-5:30pm	\$54	\$81

#### PRACTICE MAKES PERFECT [BN]

Age: 6+ years | Boys and Girls

We may not have class in session, but you can still come in and make sure that you are practicing all of your gymnastics and tumbling skills during this open gym time. This is a non-structured class, which pre-registration is required.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 120 min

Code	Day	Date	Time	Fee
2108306-01	Th	5/31	4:00pm-6:00pm	\$10 per class
2108306-02	? Th	6/7	4:00pm-6:00pm	\$10 per class

### **Gymnastics**.

#### TUMBLING ONLY [BN]

Age: 6-13 | Boys and Girls

Tumbling is fun for all athletes who want to gain strength, flexibility, and confidence with overall coordination. This class will focus only on the tumbling mats. Sign up and get ready to jump, twist, flip your way across the floor.

Location: Fusion Recplex | Instructor: Fusion Gymnastics Staff

Class Length: 75 min

Code	Day	Date	Time	Res	Non
2108190-01	W	6/13-7/18	4:00pm-5:15pm	\$60	\$90
2108190-02	Th	6/14-7/19	8:00pm-9:00pm	\$60	\$90
2108190-03	W	7/25-8/29	4:00pm-5:15pm	\$72	\$108
2108190-04	Th	7/26-8/30	8:00pm-9:00pm	\$72	\$108

#### PRE-TEAM GYMNASTICS [BN]

Age: 7-13 | Boys and Girls

Students signing up for this class must have taken at least 2 sessions of developmental classes or have instructor consent. Students will be taught new skills through proper progression to ensure a safe learning environment. This program is geared to get your gymnast ready for our competitive team gymnastics program. All children in this class will be encouraged to join our tumbling team.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
210820-01	W	6/13-7/18	5:30pm-7:30pm	\$45	\$67
210820-02	W	7/25-8/29	5:30pm-7:30pm	\$54	\$81

#### FLIPSTAR TEAM [BN]

Must have consent from coach to register

Must have consent from coach to sign up. No payment plans are available for the summer sessions.

**Location:** Fusion Recplex | **Instructor:** Fusion Gymnastics Staff **Class Length:** 150 min

Code	Day	Date	Time	Fee
2108220-01	Tu/Th	6/12-7/19	4:00pm-6:30pm	\$120
2108220-01	Tu/Th	7/24-8/30	4:00pm-6:30pm	\$120





# Fusion Flipstars Competitive Gymnastics Team

Are you "flip-flopping" to be a Flipstar, but not sure where to start? Team is a great transition for those who love gymnastics and would like to take the next step! The Fusion Flipstars offer competitive competition teams for both gymnastics and tumbling. Read below about our 3 different competitive teams.

**Tumbling Team:** Tumbling Team uses the mats only. Children ages 3-14 years old will compete with other partk districts in the conference. There are NO tryouts for the Tumbling Team. This team is ideal for any child that enjoys gymnastics and would like to do more in the sport. The team is for ANYONE, no experience necessary. The Tumbling Team boosts self-esteem, teaches good sportsmanship, and refines skills while having fun. Tumbling season runs from November through February.

**Compulsory Team:** Flipstars competitive team, competes with other park districts in these four events: floor, beam, bars, and vault. Each child will learn the USAG compulsory routines on vault, uneven bars, balance beam and floor. Compulsory season runs from August through December.

**Optional Team:** Flipstars optional team, will compete with other park districts in all four of the events (floor, beam, bars, and vault). Each child will receive a routine that is fitted to their style and ability on each event. We follow the IHSA rules. Optional season runs from January through May.

If you are interested in becoming a Flipstar, or in need of more information...please email Beth Nagel at bnagel@ burbankparkdistrict.org with the subject: FLIPSTARS



### **Youth Sports**

#### LIL DRIBBLERS [BN]

Age: 3-5 years | Boys and Girls

This program includes exclusively design equipment tailored to enhance the basketball experience for each participant. The program challenges children to develop new cognitive, physical and social skills. In addition, each child will experience social interaction with children and adults in a fun environment. No class 7/2, 7/5

**Location:** Fusion Recplex | **Instructor:** Hot Shots Sports **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
2113350-01	М	6/4-7/23	5:15pm-6:00pm	\$70	\$80
2113350-02	TH	6/7-7/26	5:15pm-6:00pm	\$70	\$80
2113350-03	М	7/30-8/27	5:15pm-6:00pm	\$50	\$60
2113350-04	TH	8/2-8/30	5:15pm-6:00pm	\$50	\$60

#### **HOOP TIME BASKETBALL [BN]**

Age: 6-12 | Boys and Girls

This class will keep your child moving and help enhance their basketball skills through drills and various activities. Players also experience 3 vs 3 and 5 vs 5 scrimmages while receiving tips and active instruction from Hot Shots Sports coaching staff. Class size is limited so please register early. No class 7/2, 7/5



Location: Fusion Recplex | Instructor: Hot Shot Sports Class Length: 60 min

Code	Day	Date	Time	Res	Non
AGES: 6-8					
211316-01	М	6/4-7/23	6:00-7:00pm	\$70	\$80
211316-02	Th	6/7-7/26	6:00-7:00pm	\$70	\$80
211316-03	М	7/30-8/27	6:00-7:00pm	\$50	\$60
211316-04	Th	8/2-8/30	6:00-7:00pm	\$50	\$60
AGES: 9-12					
211316-05	М	6/4-7/23	7:00-8:00pm	\$70	\$80
211316-06	Th	6/7-7/26	7:00-8:00pm	\$70	\$80
211316-07	М	7/30-8/27	7:00-8:00pm	\$50	\$60
211316-08	Th	8/2-8/30	7:00-8:00pm	\$50	\$60

#### SPORTS AND MORE [BN]

Age: 3-5 | Boys and Girls

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. No class 7/3

**Location:** Fusion Recplex | **Instructor:** Hot Shots Sports **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
2113300-01	Tu	6/5-7/24	5:15-6:00pm	\$70	\$80
2113300-02	Tu	7/31-8/28	5:15-6:00pm	\$50	\$60

#### PEE WEE BASEBALL CAMP [SP]

Age: 3-5 | Boys and Girls

Bases will be loaded with incredible excitement and fun-filled activities to get your child on deck with the game of baseball. In this non-competitive environment, children will have a ball learning how to hit off a tee, running bases, playing catch, as well as having opportunity to learn various field positions. Participants should bring their own glove for familiarity. Parent participation welcomed. A game will be played at the end of each class. The camp will be held outside. Please bring a water bottle. For cancellations due to inclement weather or class changes, go to www.sportsrusil.com. No class July 3rd.

**Location:** Fitzgerald Park | **Instructor:** Sports R Us

Class Length: 50 min

Code	Day	Date	Time	Res	Non
211317-01	Tu	6/12-7/17	4:30pm-5:20pm	\$50	\$60
211317-02	Tu	7/31-8/28	4:30pm-5:20pm	\$50	\$60

#### DODGEBALL [BN]

Age: 9-12 | Boys and Girls

The youth dodgeball class gives participants an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls with the safety of game play being an important factor. Each week, different teams are formed and a different style of dodgeball are played. No class 7/3

**Location:** Fusion Recplex | **Instructor:** Hot Shot Sports **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
211321-01	Tu	6/5-7/24	7:00pm-8:00pm	\$70	\$80
211321-02	Tu	7/31-8/28	7:00pm-8:00pm	\$50	\$60

#### YOUTH SOCCER TRAINING CAMP [SP]

#### Age: 7-13 | Boys and Girls

Join us for a non-competitive, skill development program. We will go over the basic skills of dribbling, passing, shooting, goal tending, and positions. There will be weekly progress on the technical aspects of the game. Our speed and agility training session is built to make our participants faster, stronger, and more agile athletes. We use SKLZ equipment for our class which is highly recommended by multiple coaches and trainers. Scrimmage games are played at the end of each class. The camp will be held outside. Please bring a water bottle. For cancellations due to inclement weather or class changes, go to www.sportsrusil.com. No class July 3rd.

Location: Fitzgerald Park | Instructor: Sports R Us

Class Length: 60 min

Code	Day	Date	Time	Res	Non
AGES: 7-9					
211329-01	Tu	6/12-7/17	5:30pm-6:30mp	\$50	\$60
211329-02	Tu	7/31-8/28	5:30pm-6:30pm	\$50	\$60
AGES: 10-13					
211329-03	Tu	6/12-7/17	6:30pm-7:30pm	\$50	\$60
211329-03	Tu	7/31-8/28	6:30pm-7:30pm	\$50	\$60

#### MICRO SOCCER [BN]

#### Age: 3-6 | Boys and Girls

Kick in some excitement with this instructional program perfect for the first timer. With the use of smaller sized soccer balls, players will learn the basic skills of dribbling, passing, shooting, and goal-tending. Instructors will work with participants on good sportsmanship, participation, and teamwork. This is a great class for both boys and girls. Games will be played at the end of each class. No class 7/7.

**Location:** Fusion Recplex | **Instructor:** Sports R Us

Class Length: 50 min

Code	Day	Date	Time	Res	Non
AGES: 3-4					
211301-01	SA	6/9-7/14	9:00am-9:50am	\$55	\$75
211301-02	SA	7/28-8/25	9:00am-9:50am	\$55	\$75
AGES: 5-6					
211301-03	SA	6/9-7/14	10:00am-10:50am	\$55	\$75
211301-04	SA	7/28-8/25	10:00am-10:50am	\$55	\$75

#### **RECREATIONAL SOCCER LEAGUE [SP]**

Age: 6-13 | Boys and Girls

Join the exciting world of soccer! We will explore all avenues of the game while competing in the South Suburban Soccer Association. You will be able to show your talent off against other park districts such as Oak Lawn, Hickory Hills, Worth, Blue Island, Bridgeview and Alsip. Your team will play 4 home games and 4 road games depending on enrollment. Standings will be kept for junior and senior levels with playoffs at the end of regular season. Your child will receive a flashy uniform, trophy and a pizza party at the end of the season. Practice time will be determined by your volunteer coach starting the week of August 20. Shin guards must be provided by parents. We may play one weeknight game. All players must bring their own soccer ball for practices.

Code	Location	Day	Game Dates	Time	Limit	Res	Non
211201-01	Pee Wee – Harr Park	Sa	9/8-10/27	12:30pm & 2:00pm	18 per team	\$75	\$90
211201-02	Midget – Harr Park	Sa	9/8-10/27	12:30pm & 2:00pm	18 per team	\$75	\$90
211201-03	Junior – Fitzgerald Park	Sa	9/8-10/27	12:30pm & 2:00pm	18 per team	\$75	\$90
211201-04	Senior – Fitzgerald Park	Sa	9/8-10/27	12:30pm & 2:00pm	18 per team	\$75	\$90

#### CO-ED DIVISION (CUTOFF DATE IS SEPTEMBER 1)

Pee Wee	6-7 years	Junior	10-11 years
Midget	8-9 years	Senior	12-13 years

Volunteer coaches are needed at all levels, if interested call 708-599-2070.



### **Youth Sports**

#### LIL SLUGGERS BASEBALL CAMP [BN]

Age: 5-7 years | Boys and Girls

Tee up for some summer baseball fun! Join us for our skill enhancing, non-competitive class for all skill levels. We will practice throwing, catching, base running, hitting and fielding strategies. Equipment will be provided, however, each child will need to bring a glove. Soft baseballs will be used. Please bring a water bottle. No class 7/7

Location: Fusion Recplex | Instructor: Sports R Us

Class Length: 45 min

Code	Day	Date	Time	Res	Non
2113232-01	Sa	6/9-7/14	11:00am-11:50am	\$55	\$75
2113232-02	Sa	7/28-8/25	11:00am-11:50am	\$55	\$75

#### TRIPLE PLAY [BN]

Age: 6-8 years | Boys and Girls

This class features three sports that alternate each week. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork, and sportsmanship. (The three sports can change each session, depending on preference.)

**Location:** Fusion Recplex | **Instructor:** Hot Shots Sports **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
2113233-01	Tu	6/5-7/24	6:00pm-7:00pm	\$70	\$80
2113233-02	Tu	7/31-8/28	6:00pm-7:00pm	\$50	\$60

### **AIKIDO**

Aikido is a Japanese martial art which, when translated, means "the way (do) of harmonizing (ai) energy (ki)." This philosophy of harmony makes the practice of aikido – with its emphasis on cooperative practice and connecting with a practice partner – unique among marital arts.

Participants will learn a variety of techniques including joint locks, throws, pins, how to safely respond to these techniques through practice of rolling and falling as well as using Aikido in everyday life (avoiding conflict.) Aikido is an adaptable art, suitable for student of all ages and ability levels.

Location: Newcastle Park Recreation Center - SIDE C

Instructor: Aikido Association of America

#### **INTRO FOR ADULTS** [SP]

**Age:** 14 & up

Designed for students ages 14 and up who want to experience Aikido for the first time. This class focuses on learning basic movements and techniques, developing balance and flexibility, and establishing connections with practice partners.

Code	Day	Date	Time	Res	Non
222301-01	Fri	6/8-6/29	6:30-7:30pm	\$35	\$45
222301-02	Fri	7/6-7/27	6:30-7:30pm	\$35	\$45
222301-03	Fri	8/3-8/24	6:30-7:30pm	\$35	\$45

#### CHILDREN AND PARENTS (Parents Optional) [SP]

Age: 7-13

This class offers instruction for children ages 7 to 13 in the fundamentals of Aikido including basic movements, defensive skills, and practice working cooperatively with partners. Parents and children can participate together, or parents are welcome to watch. No class on 6/16, 7/21, 8/18.

Code	Day	Date	Time	Res	Non
212302-01	Sa	6/9-7/14	10:00-11:00am	\$49	\$59
212302-02	Sa	7/21-8/25	10:00-11:00am	\$49	\$59

#### **ONGOING STUDENTS** [SP]

Age: All Ages

Open to students of all levels and ages who want to engage in a more immersive study of Aikido. Registering for this class allows participants to attend all Friday and Saturday classes. Students will study a range of open-hand and weapons techniques, deepen understanding of the principles of Aikido, and refine their practice of extension and body movements. No class 6/16, 7/21, 8/18.

Code	Day	Date	Time	Res	Non
242303-01	Fri	6/8-6/29	7:30pm-8:30pm	\$35	\$45
242303-02	Sa	6/9-7/14	11:00am-12:00pm	\$49	\$59
242303-03	Fri	7/6-7/27	7:30pm-8:30pm	\$35	\$45
242303-04	Sa	7/21-8/25	11:00am-12:00pm	\$49	\$59
242303-05	Fri	8/3-8/24	7:30pm-8:30pm	\$35	\$45

### **Taekwondo**

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of G.Master Ki Hong Kim\* (9th Dan Kukkiwon World Taekwondo Headquarters.) **A \$45.00 uniform fee is required at the first class**. Belt testing is offered through The KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.

#### **YOUTH TAEKWONDO** [SP]

#### Age: 8-13 | Boys and Girls

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Taekwondo tradition and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline.

Location: Newcastle | Instructor: K. H. Kim's Taekwondo Staff Class Length: 50 min/11 weeks

Code	Day	Date	Time	Res	Non
211101-01	Sa	6/16-8/25	9:45-10:30 am	\$99	\$110

#### PARENT/CHILD TAEKWONDO [SP]

#### Age: 7+ with parent | Boys and Girls

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional the Taekwondo techniques including punching, kicking, and blocking. **Fees are per person.** 

Location: Newcastle | Instructor: K. H. Kim's Taekwondo Staff Class Length: 50 min

Code	Day	Date	Time	Res	Non
241101-01	Sa	6/16-8/25	8:45-9:35 am	\$99	\$110

#### **LITTLE DRAGONS** [SP]

#### Age: 4-5 | Boys and Girls

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training.

Location: Newcastle | Instructor: K. H. Kim's Taekwondo Staff Class Length: 40 min

Code	Day	Date	Time	Res	Non
211103-01	Sa	6/16-8/25	11:35am-12:15pm	\$99	\$110

#### **EARLY TAEKWONDO** [SP]

#### Age: 6-7 | Boys and Girls

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skills, and self-confidence through creative activities.

**Location:** Newcastle | **Instructor:** K. H. Kim's Taekwondo Staff **Class Length:** 45 min

Code	Day	Date	Time	Res	Non
211102-01	Sa	6/16-8/25	10:40-11:25 am	\$99	\$110

#### **ADULT TAEKWONDO** [SP]

#### Age: 14+ | Boys and Girls

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. This is a great program for those looking to maintain and improve their physical fitness.

**Location:** Newcastle | **Instructor:** K. H. Kim's Taekwondo Staff **Class Length:** 50 min

Code	Day	Date	Time	Res	Non
221101-01	Sa	6/16-8/25	8:45-9:35am	\$99	\$110



### **Dance Revolution**



Welcome to the Burbank Park District Dance Program: Dance Revolution. BPD Dance Revolution offers dance classes for children ages 3 and up, as well as adults, including ballet, tap, jazz, hip hop and pointe. All classes are held at our Newcastle Park facility, which features a spacious dance area, sound system, mirrors, and mounted bars.

Why dance? It's so much more than rights and tutus. Dance classes build social skills; dancers learn to take turns, to share attention, and to cooperate with others as they work within a group. Dance classes build self-confidence; dancers learn to overcome challenges, to master new goals, to value discipline, commitment and work ethic. Creative thinking and problem solving skills are also developed through dance. Additionally, dance is an opportunity to teach children the importance of being part of something larger than themselves.





Students must be the required age before the first day of class. Grade level refers to the grade in which students will be attending in the Fall of 2018. Parent watch day will be August 7th & 9th where students will show off the routines and skills they learned all summer.

#### HIP HOP/JAZZ CLASS

Hip Hop/Jazz will be taught as a combination class. Students will work on multiple routines, one jazz and one hip hop. Class will include stretching, turns, leaps, jumps, tricks, along with Jazz and Hip Hop technique.

#### **BALLET/TAP**

Ballet/Tap will be taught as a combination class. Students will work on multiple routines, one ballet and one tap. Class will include classic ballet technique and tap exercises.

#### WHAT SHOULD MY DANCER WEAR?

Young dancers are strongly encouraged to wear tights and leotards. You may add skirts, shorts, leggings, etc. Older dancers should be in active wear. No recital costumes, no jeans, and no big, bulky clothing.

#### **SHOES**

**Ballet:** Creative Movement, Pre, Level 1 - 4: White leather ballet shoes. **Fabric slippers are not allowed in class**. Socks should be worn until correct shoes can be purchased. Level 5 - 6 will be discussed in class.

Pointe: Level 4 - 6 will be discussed in class.

**Tap:** Level 1 - 4: Black patent leather Mary Jane style. Level 5 - 6 & Adult: Black leather oxford style, lace up or slip on.

**Jazz:** Level 3 - Adult: Black leather jazz shoes, lace up or slip on.

**Hip Hop:** Black sequin high top sneakers. Clean, dry gym shoes should be worn until correct shoes are ordered.





Questions?
Contact Miss Natalie at
Burbankdancerevolution@gmail.com

Code	Level	Age/Grade	Day	Date	Time	Res	Non
210909-01	Creative Movement	3 yrs	T	6/19 - 8/7	4:30 – 5:00pm	\$25	\$30
210909-02	Pre-Ballet	4 yrs.	T	6/19 - 8/7	5:00 - 5:30pm	\$25	\$30
210909-03	Level 1 Ballet/Tap Class	K-1st.	T	6/19 - 8/7	5:30 - 6:30pm	\$45	\$30
210909-04	Level 3/4/5 Ballet	4th-8th	T	6/19 - 8/7	6:30 - 7:00pm	\$25	\$30
210909-05	Level 3/4/5 Hip Hop/Jazz	4th-8th	Т	6/19 - 8/7	7:00 – 8:00pm	\$45	\$50
210909-06	Level 2 Tap/Ballet Combo	2nd-3rd	Th	6/21 - 8/9	4:15 – 5:15pm	\$45	\$50
210909-07	Level 2 Jazz/Hip Hop Combo	2nd-3rd	Th	6/21 - 8/9	5:15 – 6:15pm	\$45	\$50

# Picnics in the Park

Join the Burbank Park District in celebrating Parks & Recreation by attending our annual "Picnics in the Park!" Fridays at noon throughout the summer, join us for free entertainment, games and fun at a local park near you. Bring your sack lunch and picnic with us at these location on these days:

Friday, June 22

**Noon** (Fitzgerald Park, 83rd and Nashville)

Friday, July 20

Noon (Harr Park, 83rd and Laramie)

Friday, August 10

Noon (Stevenson Park, 6100 W. 85th St.)
"Free Lunch Provided" August 10th Only



**Special Note:** For the Friday, August 10th picnic at Stevenson Park only, the Park District will provide hot dogs, chips & drinks free of charge to all those who attend. **This is for the August 10th picnic only.** 



## **Dog Classes**

### PUPPY OBEDIENCE [SP]

Age: 14+ | Dog Age: 10 Weeks to 9 Months | Boys and Girls

CONGRATULATIONS on your new puppy! Are you interested in starting off on the right paw with puppy obedience? This is the single most important class you will ever attend. Intensive socialization with puppy play time! Learn how to handle your puppy in a safe and effective way. Basic commands such as SIT, FOCUS, DOWN, STAY, and much more are introduced in a fun, positive and happy way to strengthen the bond between you and your puppy. Time will also be given to discuss common puppy behaviors and how to manage them. Special note: Please do NOT bring your puppy on the first day of class as this day will be an orientation day for the owner only. Please be sure to bring your puppy's current vaccination & rabies records on the first day. Children 14 and younger must have adult supervision. NO PRONGS NOR CHOKE COLLARS ARE ALLOWED IN CLASS. No class 5/28, 9/3.

**Location:** Newcastle | **Instructor:** Kimberly Bandusky, ABCDT **Class Length:** 60 min/8 weeks

Code	Day	Date	Time	Res	Non
141801-03	М	5/7-6/25	7:00-8:00pm	\$90	\$112
241801-01	М	8/13-10/1	7:00-8:00pm	\$90	\$112

### PUPPY PLAYTIME [SP]

Age: 14+ | Dog Age: 12 weeks to 9 months | Boys and Girls

Socialization is very important to dogs, especially puppies. Each play session is supervised by our Certified Dog trainer to ensure every puppy is having a good experience. Puppies must be at least 12 weeks old and no older than 9 months. Please bring proof of puppy vaccinations to playtime session. **Phone-in registration required. Call 708-599-2070.** 

**Location:** Newcastle | **Instructor:** Kimberly Bandusky, ABCDT **Class Length:** 60 min/6 weeks

Code	Day	Date	Time	Fee
241805-01	Sa	6/16	10:00-11:00am	FREE
241805-02	Sa	7/21	10:00-11:00am	FREE
241805-03	Sa	8/18	10:00-11:00am	FREE
241805-04	Sa	9/15	10:00-11:00am	FREE

### WANNA GO FOR A WALK [SP]

Age: 14+ | Dog Age: 6 months + | Boys and Girls

Want to enjoy a fun walk with your dog and meet some new dog owners & dogs, too? Meet our dog trainer in the parking lot at Newcastle Park at 6:45p on Wednesday evenings (WEATHER PERMITTING) to enjoy a nice walk around town. "Well-mannered, flat-leashed & tagged dogs welcome! NO RETRACTABLE-FLEXI

LEADS PLEASE. Please be sure to bring doggie bags.

Location: Fitzgerald Park Every Week, Weather Permitting

Day Date Time (Foe

Day	Date	Time	Fee
Th	4/19-10/20	6:30pm	Free







### **BASIC OBEDIENCE [SP]**

Age: 14+ | Dog Age: 6 Months + | Boys and Girls

Do you want a reliable response from your furry friend? This class is designed to encourage a positive and happy approach to communicating with your dog and strengthening your bond. Learn to build strong responses to SIT, FOCUS, DOWN, STAY, LOOSE-LEASH WALKING, and much more. Time will also be given to discuss approaches to help you manage and change negative behavior issues (ie: barking, jumping, etc.). Special note: Please do NOT bring your dog to class on the first day as this day will be an orientation day for the owner only. Please remember to bring your dog's current vaccination & rabies records on the first day. Children 14 and younger must have adult supervision.

NO PRONGS NOR CHOKE COLLARS ARE ALLOWED IN CLASS.

Location: Newcastle | Instructor: Kimberly Bandusky, ABCDT Class Length: 60 min/6 weeks

Code	Day	Date	Time	Res	Non
241802-01	W	8/15-9/26	7:00-8:00pm	\$90	\$112

### **INTERMEDIATE/ADVANCED OBEDIENCE** [SP]

Age: 14+ | Dog Age: 6 months + | Boys and Girls

This class is for dogs/owners who have successfully completed either "puppy" or "basic" obedience training here. Dogs must have a reliable sit, stay, come & walk nicely on leash. This class is designed to take basic training to the next level by solidifying the cue and adding "distance, duration, and distractions." Strengthening your dog's reliability in every situation and challenging you and your dog through fun interactive games. SPECIAL NOTE: Please bring your leashed dog (no flexi-leads) dog and current vaccination & rabies records to the FIRST day of class. Children under the age of 14 must have adult supervision. If you dog wears a harness, please be sure to have it on in class. Owners please do not wear sandals, flip-flops or open-toed shoes in class and bring pea-sized meaty treats. NO PRONGS NOR CHOKE COLLARS ARE ALLOWED IN CLASS.

Location: Newcastle | Instructor: Kimberly Bandusky, ABCDT Class Length: 60 min/6 weeks

Code	Day	Date	Time	Res	Non
141803-01	W	5/9-6/20	7:00-8:00pm	\$90	\$112

## BURBANK BARKING LOT DOG PARK

77TH & NEWLAND AVE. COMMISSIONERS PARK

MEMBERSHIPS ARE AVAILABLE AT BURBANK PARK DISTRICT OFFICES

RESIDENTS: 1 YEAR \$50.00 / 2 YEAR \$85.00

NON-RESIDENTS: 1 YEAR \$75.00 / 2 YEAR \$130.00

\*Fees are per household, with a maximum of 4 dogs.

HOURS: Sunrise to Sunset - Open Year Round

All Emergencies call 911. Minor issues call Burbank Park District 708-599-3873



### REGISTRATION

Owners are required to register all dog(s) with Burbank Park District with the following documents: Immunizations records. All dogs must be collared & have current tags.

Must register dogs individually.

Sign a liability form.

Pay the 1 or 2 year fee which are non-refundable Do not bring dogs to office for registration.





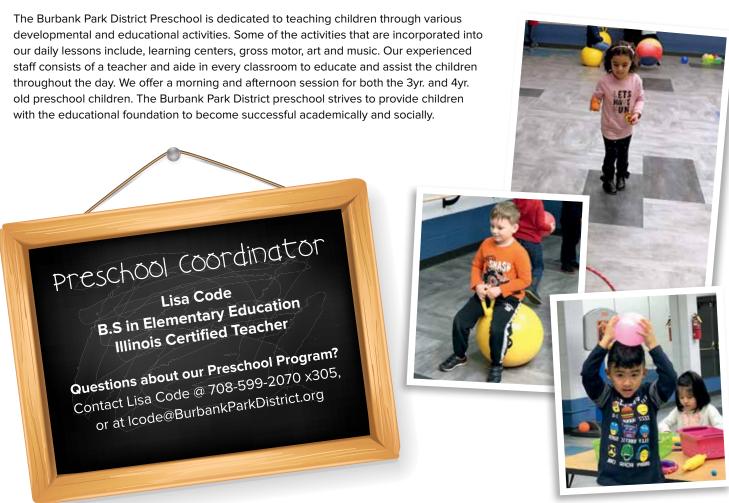
### DOG PARK ID CARD

Dog owners are required to have Dog Park ID card on their person to access the dog park at all times. New ID cards issued at \$5.00 per replacement card









### 3 YEAR-OLD PRESCHOOL [SP]

### Age: 3+ | Boys and Girls

In the 3 year old Preschool Program, the children will work towards mastering fine motor and socialization skills. Basic age appropriate concepts, letters and numbers will be introduced throughout the program. The children will participate in various activities such as: music, movement, games, and seasonal arts and crafts. These activities are designed to promote the development of the social and educational needs of a child in the 3 and 4 year old age group.

Children must be 3 years of age by September 1, 2018. It is required that children must be potty trained and out of diapers/pull-ups in order to attend the 3 year old Preschool program.

BIRTH CERTIFICATES AND IMMUNIZATION RECORDS ARE REQUIRED AT TIME OF REGISTRATION. Registration is on-going, sign up now.

**Location:** Newcastle

Class Length: 2 Hours / 2 days a weeks

### 4 YEAR-OLD PRESCHOOL [SP]

### Age: 4+ | Boys and Girls

In the 4 year old Preschool Program, it is our goal to have the children master basic skills that are appropriate for their age group. An example of these skills would be recognizing and/or printing letters, numbers, shapes and patterns. We will introduce these concepts through a variety of creative and hands-on educational activities. The children will enhance their social skills and develop a positive self-concept while striving to become independent thinkers.

Any child that is interested in attending our Preschool Program must be 4 years of age by September 1, 2018. This guideline must be followed in order to enable your child to attend Kindergarten in the upcoming year. BIRTH CERTIFICATES AND IMMUNIZATION RECORDS ARE REQUIRED AT TIME OF REGISTRATION.

Registration is on-going, sign up now.

Location: Newcastle

Class Length: 2.5 Hours / 3 days a weeks

Days	Reside	ident Fees Days Resident Fees		Fees	Non-Resident Fees				
2	\$125/S	ession	11, 101 1	\$150/Session	3 6 6	\$175 / Se	ession	\$220 /	Session
Code	Day	Session	Date	Time	Code	Day	Session	Date	Time
410511-01	Tu/Th	1	9/18-11/8	8:30am-10:30am	410411-01	M/W/F	1	9/17-11/9	8:30am-11:00am
410511-02	Tu/Th	2	11/12-1/17	8:30am-10:30am	410411-02	M/W/F	2	11/12-1/18	8:30am-11:00am
410511-03	Tu/Th	3	1/22-3/14	8:30am-10:30am	410411-03	M/W/F	3	1/21-3/15	8:30am-11:00am
410511-04	Tu/Th	4	3/19-5/16	8:30am-10:30am	410411-04	M/W/F	4	3/18-5/17	8:30am-11:00am
410511-05	Tu/Th	1	9/18-11/8	11:00am-1:00pm	410411-05	M/W/F	1	9/17-11/9	11:30am-2:00pm
410511-06	Tu/Th	2	11/13-1/17	11:00am- <mark>1:00</mark> pm	410411-06	M/W/F	2	11/12-1/18	11:30am-2:00pm
410511-07	Tu/Th	3	1/22-3/14	11:00am-1:00pm	410411-07	M/W/F	3	1/21-3/15	11:30am-2:00pm
410511-08	Tu/Th	4	3/19-5/16	11:00am-1:00pm	410411-08	M/W/F	4	3/18-5/17	11:30am-2:00pm

**Please note:** A \$10.00 late fee will be charged if the preschool tuition is not paid prior to the first day of class. This applies to each session. **10% discount** - receive a 10% discount if you pay for all four (4) sessions in full prior to the first session starting.

### ABC...SCHOOL'S FOR ME [SP]

### Age: 21/2-3 yrs | Boys and Girls

This program is designed to help children with the transition into preschool. This class is for a child that might not be quite ready for preschool or has missed the required September 1st enrollment date for 3yr. old preschool. It will be offered twice a week from September through March. **Children will attend without a parent/guardian.** This will help ease with the separation from parent/guardian when attending preschool in the future.

The curriculum contains developmentally appropriate cognitive, social and physical activities to prepare children for preschool. The children will participate hands-on activities that will enhance socialization, listening and motor skills. The children will be introduced to colors, letters and numbers through music, art, games and play.

\*Children must be 2 1/2 by the start of the program. A copy of a birth certificate is required at the time of registration. The staff will not change diapers, pull-ups or clothes. A parent/guardian must be available to come if your child has an accident.

Location: Newcastle

Class Length: 1.5 Hours / 2 days a weeks

Days	Resident Fees			Non-Resident Fees	
2	\$100/Session			\$125/Session	
Code	Day	Session	Date	Time	
410511-20	M/W	1	9/24-10/3	31 8:45am-10:15am	
410511-21	M/W	2	11/5-12/12	2 8:45am-10:15am	
410511-22	M/W	3	12/17-2/6	8:45am-10:15am	
410511-23	M/W	4	2/11-3/20	8:45am-10:15am	

## Summer Fun

### **BUBBLE MANIA [BN]**

#### Age: 2-4 | Boys and Girls

Do you love bubbles? Let's play with bubble wands that make bubbles big and small. Parents are asked to stay and participate. Class size is limited to 10 participants.

Location: Stevenson Gazebo | Instructor: Park District Staff

Class Length: 45 min

Code	Day	Date	Time	Res	Non
210113-01	F	6/22	10:00 - 10:45am	\$4	\$6

### **ALPHABET SOUP [SP]**

#### Age: 2-4 | Boys and Girls

Add some songs and stories with some movement and activities you will have a mish mash of possibilities. This is a 4 week class.

Location: Newcastle | Instructor: Park District Staff

Class Length: 45 min/4 weeks

Code	Day	Date	Time	Res	Non
210120-01	Th	7/12-8/2	1:00 - 1:45pm	\$15	\$22

### A TODDLER'S DREAM [SP]

#### Age: 2-3 | Boys and Girls

Let's begin to explore a world of messy crafts. We will work with Play-dough, pudding and finger paints. We are guaranteed to be messy, so make sure to Dress for the Mess. This is a 4 week class

Location: Newcastle | Instructor: Park District Staff

Class Length: 45 min/4 weeks

Code	Day	Date	Time	Res	Non
210117-01	Th	7/12-8/2	2:00 - 2:45pm	\$15	\$22



### PAJAMA PARTY [BN]

### Age: 5-10 | Boys and Girls

Come and hang out for a slumbering good time and join us for a pajama party! Come dressed in your PJ's and enjoy some games, watch a movie, and have ice cream sundaes. Feel free to bring your sleeping bag or blanket and a pillow.

Location: Fusion | Instructor: Park District Staff

Class Length: 300 min

Code	Day	Date	Time	Res	Non
210104-01	F	7/20	5:00 - 10:00pm	\$25	\$30

### MAGIC CLASS [SP]

### Age: 5-12 | Boys and Girls

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mindreading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All matierials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionall, you can sign up for this class again and again since brand new tricks are always taught at each session! This class is held at the Oak Lawn Park District Oakview Center, 4625 W. 110th Street, Oak Lawn.

Location: Oakview Center, 4625 W. 110th St. Oaklawn

Instructor: Magic Team of Gary Kantor

Class Length: 55 min

Code	Day	Date	Time	Res	Non
210102-01	Th	6/28	6:45 - 7:40pm	\$20	\$25

### **SUPERHERO SPECTACULAR** [SP]

#### Age: All | Boys and Girls

Calling all Superhero fans!! Whether it be Spiderman, Wolverine, or Batman, come join us as we celebrate our heroes!! Come dressed as your favorite Hero and we will supply the fun.

Location: Newcastle | Instructor: Park District Staff

Class Length: 2 hrs

Code	Day	Date	Time	Res	Non
212002-01	F	8/10	6:00 - 8:00pm	\$15	\$20

### **HORSEBACK RIDING** [SP]

Age: 8+ | Boys and Girls

We're co-oping with New Traditions Riding Academy to offer an extradinary horsemandhip program. This program includes not only high-quality riding instructions but also comprehensive horse care instructions. They will provide an exciting, enjoyable learning experience that will benefit each studen'ts physical and emotional well-being while building self-confidence and teaching responsibility. Must register at the Burbank Park District, then call New Traditions Riding Academy at 598-7718 to reserve your dates.

**Location:** New Traditions Riding Academy 10100 S. Kean Ave. **Instructor:** Riding Academy Staff | **Class Length:** 60 min

Code	Level	Lessons	Fee
240103-01	Beginner	5 Lessons	\$160
240103-02	Beginner	10 Lessons	\$280
240103-03	Advanced	5 Lessons	\$190
240103-04	Advanced	10 Lessons	\$330

Day	Time
М	4:30-5:30pm
W	4:30-5:30pm
F	7:00-8:00pm (Family)
Sa	1:30-2:30pm
Su	2:30-3:30pm



## Pies in the Sky

We have hit 8 years of our pizza competition! This is what we do: We will sample pizzas from different participating pizza locations in Burbank as well as other nearby neighborhoods, and then we vote on them.

Categories include Best Tasting Pie, Children's favorite, Best Specialty Pie, and Most Creative Pie!

This is really a fun night out for the whole family!! Water and soda will be provided.

**Location:** Fusion Recplex | **Instructor:** Park District Staff **Class Length:** 60 min

Code	Day	Date	Time	Res	Non
242017-01	F	8/24	6:00 - 7:00pm	\$10	\$13

For advertising information, contact Bill Olsen at 708-599-3873 or bolsen@BurbankParkDistrict.org

## Why advertise in the Burbank Park District Seasonal Program Guide?

- This is our #1 promotional material promoting all the programs, special events and services offered to patrons during a particular season.
- 11,000 program guides are ordered each season.
- From the 11,000, around 9,400 are directly delivered to Burbank homes.
- The additinal 1,600 are distributed through park district facilities and community-wide events.
- Shelf life is around 4 months (3 program guides a year).
- The program guide is also available for download at www.BurbankParkDistrict.org, increasing visability.
- There are a variety of packages available, ranging in price and placement. Something for everyone!

## Say Cheese!

Our Park District photographers periodically take pictures of participants in our classes during special events and in the district's parks. Please be aware that these photos are for Park District use and may be used in the District's brochures, pamphlets, flyers and web site. You must give us written notice if you or your family members do not want to be photographed or published.

## **Trips and Adventures**

### SHIPSHEWANA, INDIANA FLEA MARKET [SP]

Age: All Ages (under 16 must be accompanied by a paid adult)

You can find over a thousand vendors selling everything from fresh fruit to handcrafted furniture at the unique market. The small community of 536 comes alive with traffic lining the streets to see this "do not miss" Hoosier tradition. Lunch in on your own. Fee includes transportation and plenty of room to store shopping items. Refreshments will be available on the bus.

Note: Coach Bus departs from the Newcastle Park Recreation Center, 8050 S. Newcastle, Burbank.

Code	Day	Date	Time	Limit	Fee
140702	Wed	5/30	7:00am-7:00pm	40	\$35

### HISTORIC TROLLEY TOUR & LUNCH - STARVED ROCK [SP]

Age: All Ages (under 16 must be accompanied by a paid adult

Board a Starved Rock Trolley outside of the Great Hall of the Lodge for our most popular tour! First stop is at the Starved Rock State Park Visitor Center where you watch a short video of the area. Then, you explore the Illinois Waterway Visitor Center where you can check out Starved Rock from across the river and watch as cargo barges pass through the lock system. Next, the trolley heads to historic Utica and you learn about the Illinois and Michigan Canal. While aboard, the driver narrates the history and legends of the area. Lunch is provided prior to the trolley tour in the main dining room of the Starved Rock Lodge.

Note: Coach Bus departs from the Newcastle Park Recreation Center, 8050 S. Newcastle, Burbank.

Code	Day	Date	Time	Limit	Fee
1207007	Wed	5/16	9:00am-4:00pm	40	\$60

### MYSTIQUE CASINO [SP]



#### Age: 21+

Want to try a "New Casino"? Join us as we travel to Dubuque, IA for a day filled with fun and excitement! Nearly 1,000 slot machines are waiting for you, ranging from penny to \$25 slots. Find fun for the whole night with your favorite games including Life of Luxury, Wheel of Fortune and Triple Diamond. Fee includes motor coach transportation, refreshments and snacks on the bus, buffet, \$10 slot play and a deck of cards.

Slots • Blackjack • Roul ette • Craps • Triluz Mississippi Stud • Texas Hold 'Em • Crazy 4 Poker

Note: Coach Bus departs from the Kruger Park Recreation Center, 9100 S. 88th Avenue, Hickory Hills

Code	Day	Date	Time	Limit	Fee
120706	F	6/8	9:00am-8:15pm	10	\$39

### WHITE SOX VS. ST. LOUIS CARDINALS "\$1 HOTDOG NIGHT" [SP]

Age: All Ages (under 16 must be accompanied by a paid adult)

Spending a summer evening at a ballgame? What more could you ask for? Join us as we travel to Guaranteed Rate Field to see the White Sox take on the Cardinals. With all the new young talent on the White Sox, it's guaranteed to be an exciting game! Fee includes your ticket and motor coach transportation.

NOTE: Seats are in Section 154 (Lower Corner, Rows 23 – 26)

NOTE: Coach bus departs from the Fusion RecPlex, 6100 W. 85th Street, Burbank

Location: Guaranteed Rate Field

Code	Day	Date	Time	Limit	Fee
2207001	Wed	7/11	5:30pm bus departs	20	\$49
			7:10pm game time		

### WISCONSIN STATE FAIR [SP]

Age: All Ages (under 16 must be accompanied by a paid adult)

Enjoy a two-hour drive to the Wisconsin State Fair in a comfortable air-conditioned motor coach bus. This exciting event offers something for everyone: live music, entertainment, amusement rides, arts, crafts, farm animals and a wide variety of food vendors including the "World Famous Cream Puffs!" We'll get you there and bring you back. The day is yours to enjoy! Fee includes motor coach transportation and admittance

NOTE: No alcohol will be allowed on the bus.

Note: Coach Bus departs from the Newcastle Park Recreation Center, 8050 S. Newcastle, Burbank.

Location: Milwaukee, Wisconsin

Code	Day	Date	Time	Limit	Fee
240705	Sa	8/11	9:00am – 11:00pm	40	\$40



### **GERMAN FEST** [SP]

Age: All Ages (under 16 must be accompanied by a paid adult)

GET YOUR DEUTSCH ON! Join us as we travel to one of the largest German festivals in North America. German Fest Milwaukee is known for its authentic food, culture and entertainment. Raise a stein and polka the night away! The day is yours to enjoy! We plan to stay for fireworks at 10:30 p.m. and then leave immediately after. Fee includes motor coach transportation and admittance.

Note: Coach Bus departs from the Newcastle Park Recreation Center, 8050 S. Newcastle, Burbank.

Location: Milwaukee, Wisconsin

Code	Day	Date	Time	Limit	Fee
2207005	Sat	7/28	11:00am-1:00am	40	\$40

### WHITE SOX VS. CLEVELAND & BINGO [SP]

Age: 21 years & up

Food, Fun, Bingo & Baseball! What more could you ask for? Join us for a 2 hour pregame all you can eat buffet & unlimited beer, wine and soft drinks. Bingo on the patio with a former White Sox player calling the bingo numbers. Fee includes buffet, bingo/prizes, ticket, t-shirt (while supplies last at the park) and transportation. Note: Seat are in the outfield box reserve. No alcohol will be allowed on the bus

Note: Bus departs from the Kruger Park Rec. Center, 9100 S. 88th Avenue, Hickory Hills

Location: Guaranteed Rate Field

Code	Day	Date	Time	Limit	Fee
2207003	Th	6/14	10:30am-4:45pm	10	\$58

### CHICAGO FOOD TRUCK FESTIVAL [SP]

Age: All Ages (under 16 must be accompanied by a paid adult)

All appetites welcomed to this new event in Chicago's South Loop. Join us as we gear up to a tasting of up to 45 gourmet food trucks in the city and a tasting palate delighting mixed Sangria all over music and games with other beautiful Chicagoans. This event is a joyful day for the family full of food and fun. Fee includes transportation and admission into event.

Note: Bus departs from the Kruger Park Rec. Center, 9100 S. 88th Avenue, Hickory Hill

Location: Chicago, IL

Code	Day	Date	Time	Limit	Fee
2207006	Sat	6/23	10:30am-3:30pm	10	\$28

### **WRIGLEY FIELD TOUR & LUNCH** [SP]

Age: 18 years & up

This trip welcomes any baseball fan to tour Wrigley Field and view the renovations made to this iconic stadium. This 75-90 minute walking tour will include trips to the bleachers, playing field and seating bowl area near home plate. After our tour, we will visit a local establishment for lunch. Note: Trip includes transportation, tour entrance, lunch and refreshments.

Note: Bus departs from the Kruger Park Rec. Center,

9100 S. 88th Avenue, Hickory Hills

**Location:** Wrigley Field

Code	Day	Date	Time	Limit	Fee
2207004	Th	6/28	9:30am-3:30pm	10	\$69

### FOUR WINDS CASINO RESORT [SP]

Age: 21 years & up

Join us for an exciting day at Four Winds Casino in South Bend, Indiana! At Four Winds, you can play on 1,800 of the latest games ranging from \$.01 to \$25 including some of the area's largest jackpots! Wheel of Fortune Big money with a jackpot that starts at \$125,000. Note: Fee includes transportation, \$15 instant credit/free slot play and a \$10 food coupon. We will arrive at the Casinos at 10:00 a.m. and leave the casino at 2:30 p.m. Everyone must bring government issued picture I.D. to casino to receive the above package.

Note: Bus departs from the Kruger Park Rec. Center,

**9100 S. 88th Avenue, Hickory Hills Location:** South Bend, Indiana

Code	Day	Date	Time	Limit	Fee
2207027	Th	7/12	8:15am-4:30pm	10	\$33
2207028	Fri	8/31	8:15am-4:30pm	10	\$33

### **ODYSSEY CHICAGO RIVER EXPERIENCE** [SP]

Age: All Ages (Under 16 must be accompanied by an adult)

This (new-2018-summer) single-level, glass enclosed boat will ply the waters of the Chicago River, offering stunning 360 degree views of the surrounding architecture and River walk. Fee includes transportation, lunch (salad, entrée & dessert), two hour cruise, gratuity and a DJ. Entree Choice: Oven Baked Atlantic Salmon, Maple & Mustard Glazed Chicken Breast, Braised Beef Short ribs, Jumbo Forrest Mushroom Ravioli

Note: Bus departs from the Kruger Park Rec. Center, 9100 S. 88th Avenue, Hickory Hills

Location: Chicago, IL

Code	Day	Date	Time	Limit	Fee
2207008	Fri	8/24	10:30am-3:30pm	10	\$79

## **Building Rentals**

Looking for an awesome place to have your next family gathering, baby shower, birthday party, wedding shower or any other group function? Look no further! Rentals at the Fusion Recplex are easy and fun. Stop by to look at our selection of rooms any day or night. Our rooms can hold up to 120 people and, with the option to add the gym, you can increase your head count and the fun. We will do all the setup and break down of the tables and chairs (included in the rental cost, no diagrams). All you need to do is decorate and invite the guests. We allow catering and outside vendors (with approval). It can be used for sports events as well. Rentals are booked based on availability and on a first come, first serve basis, so stop by now! Friday, Saturday and Sunday facility rentals allowed until midnight.

Beer and wine are permitted in the room you rent for a \$70 fee. At no time is liquor other than beer and wine allowed. See Rental Contract for More details and costs.

Fusion Building Rentals	Resident Fee	Non-Resident Fee
Stevenson Room (120)	\$140.00/hr	\$170.00/hr
Multi-Purpose Room 1 (60)	\$80.00/hr	\$95.00/hr
Multi-Purpose Room 2 (60)	\$70.00/hr	\$85.00/hr
Multi-Purpose Room Full (120)	\$140.00/hr	\$170.00/hr
Basketball Gym 1/2 (N)	\$30.00/hr	\$40.00/hr
Basketball Gym 1/2 (S)	\$30.00/hr	\$40.00/hr
Basketball Gym Full	\$55.00/hr	\$75.00/hr
Lobby	\$10.00/hr	\$15.00/hr
Beer & Wine Flat Fee	\$70.00	\$70.00
Kid Zone	\$50.00/hr	\$50.00/hr

<sup>\*</sup>See rental contract for full rental agreement.

### STEVENSON ROOM

### 120 people

The Fusion Recplex is the new home of the Stevenson room formerly the Stevenson Building. The room now serves as the Fusion Recplex large function room. The room has an attached kitchen and bathrooms and has access to the Fusion Recplex. The Stevenson Room is great for social events of all kinds and has a room capacity of 120 people.

### **MULTI-PURPOSE ROOM**

### Half room -60 people / both rooms - 120 people

The Multi-Purpose Room is actually two rooms that can be rented together or individually. They are approximately 1,000 square feet each. Multi-Purpose Room 1 has a sink and has access to the gym via court 1, and Room 2 has an HD Projector with screen and a wall or mirrors. They are great for parties or to rent for your next function. Bring your own laptop and cables to use projector or sound system.

### KID ZONE RENTAL

NEW rent the Kid Zone for your party needs. We will staff the Zone with our trained/CPR Certified and Entertaining Staff Members. Kids can be Ages 2 to 12 Must be a minimum of two hours. Must be booked 14 days or more before the rental and they must give approximate head count. Parties must keep their Kid Zone Children wrist-banded. Kid Zone participants must be signed in and out with a parent or guardian 18 years of age or older. Wrist bands MUST be worn at all times. Any Child misbehaving or causing problems can be removed at the Kid Zone staff's discretion

#### **BASKETBALL GYM**

The Fusion Recplex has a full size basketball court with six hoops and a divider. The gym also has a connected concession room with a sink. The gym can be used for basketball, volleyball or for any large indoor sport. No Food or drinks can be brought into the gym at any time other than water. Volleyball & basketball nets provided, Renter needs to bring their own balls and equipment. No soccer nets. Renter's equipment that causes damage will be charged to renter.



**Burbank Park District** 

preferred caterer!

## **Building Rentals**

### **GAZEBO RENTALS**

The Burbank Park District has five gazebos available for rent for your next function. There is a 2 hour minimum. Alcohol is not permitted in the parks at any time. Vendors for special services must be cleared with the park district at time of rental. See contract for more information. You can reserve a date by going to www.burbankparkdistrict.org and logging in to our Online Registration. You may also contact our staff at 708-599-3873 or 708-599-2070.

Park Rentals by Location	Resident Fee	Non-Resident Fee
Fitzgerald Park - 83rd & Nashville	\$50.00/hr.	\$60.00/hr.
Harr Park - 83rd & Laramie	\$50.00/hr.	\$60.00/hr.
Nottingham - 75th & Nottingham	\$50.00/hr.	\$60.00/hr.
Owens Park - 78th & Leamington	\$20.00/hr.	\$25.00/hr.
Stevenson Park - 6100 W. 85th St.	\$60.00/hr.	\$70.00/hr.



### **NEWCASTLE RECREATION CENTER**

Newcastle has two wonderful rooms available Friday through Sunday to rent for your next function. You will be allowed to decorate 30 minutes before your scheduled time. If extra decoration time is needed, it may be purchased by the half hour. Tables and chairs are set up by park staff. You may arrange them any way you want during setup time. (No set up diagrams for park staff) **Beer and wine are permitted in the room you rent for a \$70 fee.** At no time is liquor other than beer and wine allowed. All liquor is to remain in the room at all times.

Your guests may not leave the room with liquor in their possession. Underage drinking is not permitted.

You are solely responsible for your food, guests and their actions. Maximum capacity with tables and chairs is 100.

Call 708-599-2070 to check availability.

Side	Resident Fee	Non-Resident Fee
Side A&B (100)	\$100.00/hr.	\$110.00/hr.
Side C (50)	\$70.00/hr.	\$80.00/hr.
Beer & Wine Fee	\$70.00	\$70.00



Alcohol is not permitted in the parks at any time. Ticketable by Burbank Police.

### **Affiliations**

The Burbank Park District works cooperatively with and supports the following groups and organizations:

Burbank American Little League Call: Juan Castellanos (708) 653-1266

Burbank National Little League Call: Ken Welsh (708) 529-5315

Burbank Girls Fast Pitch Assn. Call: George Harcar (708) 423-6757

Burbank Titans Youth Football And Cheerleading Association Call: Lorie Heklowski (708) 262-7248

## **Other Association Contacts**

Girl Scouts Of Greater Chicago & Northern Indiana Call: Teresa Diaz (773) 425-7220

> Boy Scouts And Cub Scouts Call: (312) 421-8800

Burbank Swim Team Call: Sylivia Olivo (708) 952-1995 (773) 206-8871

Burbank Titans Wrestling Club Call: Lorie Heklowski (708) 262-7248





\*\*\*\*\*\*\*ECRWSSEDDM\*\*\*\*

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