

National Longitudinal Study of Adolescent Health: Wave 1 In-Home Questionnaire

Psychological & Emotional Well-Being

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies or Valid Cases ¹			
						Public	Restricted		
PLEASE TELL ME HOW OFTEN YOU HAVE HAD EACH OF THE FOLLOWING CONDITIONS IN THE PAST 12 MONTHS: Moodiness	0 Never	All Respondents	Section 3: General Health	H1GH20		1,319	4,501		
	1 Just a few times					2,853	9,077		
	2 About once a week					1,503	4,528		
	3 Almost every day					535	1,699		
	4 Every day					276	886		
	6 Refused					4	17		
8 Don't know				14	37				
Frequent crying	0 Never							4,449	14,282
	1 Just a few times							1,615	5,054
	2 About once a week					H1GH21		315	994
	3 Almost every day							86	280
	4 Every day							31	104
Fearfulness	6 Refused							4	18
	8 Don't know					4	13		
	0 Never					3,648	11,570		
	1 Just a few times					2,430	7,779		
	2 About once a week					274	902		
PLEASE TELL ME WHETHER YOU HAVE LEARNED ABOUT EACH OF THE FOLLOWING THINGS IN A CLASS AT SCHOOL:	3 Almost every day					94	321		
	4 Every day					48	140		
	6 Refused					4	17		
	8 Don't know					6	16		
	0 No								
Stress	1 Yes	All Respondents	Section 4: Taught at School	H1TS13	1	6,485	20,674		
	6 Refused								
	8 Don't know								
How to handle conflict	9 Not applicable								
Suicide									
				H1TS14	1	6,480	20,669		
				H1TS17	1	6,483	20,687		

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You felt that you could not shake off the blues, even with help from your family and your friends.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS3		4,668	14,474
	1 Sometimes					1,296	4,429
	2 A lot of the time					372	1,293
	3 Most of the time					144	481
	6 Refused					6	23
	8 Don't know					18	45
	9 Not applicable					0	0
You felt that you were just as good as other people.	0 Never or rarely					H1FS4	
	1 Sometimes	1,353	4,682				
	2 A lot of the time	2,070	6,545				
	3 Most of the time	2,345	6,993				
	6 Refused	6	25				
	8 Don't know	15	38				
	9 Not applicable	0	0				
You had trouble keeping your mind on what you were doing.	0 Never or rarely			H1FS5		2,624	8,105
	1 Sometimes	2,768	8,983				
	2 A lot of the time	816	2,690				
	3 Most of the time	277	912				
	6 Refused	7	24				
	8 Don't know	12	31				
	9 Not applicable	0	0				
You felt depressed.	0 Never or rarely			H1FS6		3,994	12,338
	1 Sometimes	1,853	6,192				
	2 A lot of the time	444	1,539				
	3 Most of the time	193	624				
	6 Refused	8	25				
	8 Don't know	12	27				
	9 Not applicable	0	0				
You felt that you were too tired to do things.	0 Never or rarely			H1FS7		2,755	8,542
	1 Sometimes	2,934	9,425				
	2 A lot of the time	630	2,149				
	3 Most of the time	168	581				
	6 Refused	6	24				
	8 Don't know	11	24				
	9 Not applicable	0	0				
You felt hopeful about the future.	0 Never or rarely			H1FS8		720	2,412
	1 Sometimes	1,567	5,378				
	2 A lot of the time	2,185	6,871				
	3 Most of the time	2,003	6,001				
	6 Refused	6	26				
	8 Don't know	23	57				
	9 Not applicable	0	0				

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You thought your life had been a failure.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS9		5,451	17,044
	1 Sometimes					782	2,809
	2 A lot of the time					164	541
	3 Most of the time					80	277
	6 Refused					9	30
	8 Don't know					18	44
	9 Not applicable					0	0
You felt fearful.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS10		4,714	14,832
	1 Sometimes					1,545	5,096
	2 A lot of the time					163	558
	3 Most of the time					65	203
	6 Refused					7	28
	8 Don't know					10	28
	9 Not applicable					0	0
You were happy.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS11		172	620
	1 Sometimes					1,230	4,178
	2 A lot of the time					2,690	8,564
	3 Most of the time					2,397	7,339
	6 Refused					6	23
	8 Don't know					9	21
	9 Not applicable					0	0
You talked less than usual.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS12		3,642	11,297
	1 Sometimes					2,206	7,229
	2 A lot of the time					476	1,606
	3 Most of the time					161	557
	6 Refused					7	25
	8 Don't know					12	31
	9 Not applicable					0	0
You felt lonely.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS13		4,157	13,021
	1 Sometimes					1,787	5,935
	2 A lot of the time					401	1,269
	3 Most of the time					140	466
	6 Refused					7	26
	8 Don't know					12	28
	9 Not applicable					0	0
People were unfriendly to you.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS14		4,307	13,611
	1 Sometimes					1,839	6,039
	2 A lot of the time					256	764
	3 Most of the time					87	278
	6 Refused					6	26
	8 Don't know					9	27
	9 Not applicable					0	0

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You enjoyed life.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS15		255	870
	1 Sometimes					1,043	3,688
	2 A lot of the time					2,047	6,638
	3 Most of the time					3,141	9,497
	6 Refused					8	27
	8 Don't know					10	25
	9 Not applicable					0	0
You felt sad.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS16		3,405	10,471
	1 Sometimes					2,629	8,657
	2 A lot of the time					336	1,175
	3 Most of the time					120	395
	6 Refused					6	25
	8 Don't know					8	22
	9 Not applicable					0	0
You felt that people disliked you.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS17		4,246	13,474
	1 Sometimes					1,859	6,085
	2 A lot of the time					276	828
	3 Most of the time					105	298
	6 Refused					6	28
	8 Don't know					12	32
	9 Not applicable					0	0
It was hard to get started doing things.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS18		3,124	9,789
	1 Sometimes					2,814	8,992
	2 A lot of the time					462	1,562
	3 Most of the time					84	348
	6 Refused					7	26
	8 Don't know					13	28
	9 Not applicable					0	0
You felt life was not worth living.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H1FS19		5,728	18,088
	1 Sometimes					545	1,911
	2 A lot of the time					149	450
	3 Most of the time					63	234
	6 Refused					7	28
	8 Don't know					12	34
	9 Not applicable					0	0

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PLEASE TELL ME WHETHER YOU AGREE OR DISAGREE WITH EACH OF THE FOLLOWING STATEMENTS: You never argue with anyone.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF7		174	597
	2 Agree					995	1,864
	3 Neither agree nor disagree					963	3,307
	4 Disagree					3,495	10,859
	5 Strongly disagree					1,258	4,038
	6 Refused					6	37
	8 Don't know					13	42
	9 Not applicable					0	1
	When you get what you want, it's usually because you worked hard for it.					1 Strongly agree	All Respondents
2 Agree		3,256	10,266				
3 Neither agree nor disagree		1,143	3,703				
4 Disagree		431	1,354				
5 Strongly disagree		69	235				
6 Refused		7	36				
8 Don't know		20	51				
9 Not applicable		0	1				
You never get sad.		1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF10		
	2 Agree	712					2,182
	3 Neither agree nor disagree	1,116					3,724
	4 Disagree	3,563					11,177
	5 Strongly disagree	872					2,868
	6 Refused	7					38
	8 Don't know	14					40
	9 Not applicable	0					1
	You never criticize other people.	1 Strongly agree					All Respondents
2 Agree		1,170	3,829				
3 Neither agree nor disagree		1,764	5,617				
4 Disagree		2,779	8,676				
5 Strongly disagree		364	1,232				
6 Refused		8	41				
8 Don't know		37	78				
9 Not applicable		0	1				
You usually go out of your way to avoid having to deal with problems in your life.		1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF14		
	2 Agree	2,071					6,756
	3 Neither agree nor disagree	1,725					5,540
	4 Disagree	1,781					5,390
	5 Strongly disagree	268					865
	6 Refused	14					51
	8 Don't know	39					112
	9 Not applicable	0					1

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Difficult problems make you very upset.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF15		976	3,168
	2 Agree					2,972	9,379
	3 Neither agree nor disagree					1,306	4,308
	4 Disagree					1,074	3,297
	5 Strongly disagree					141	484
	6 Refused					10	42
	8 Don't know					25	66
	9 Not applicable					0	1
	When making decisions, you usually go with your "gut feeling" without thinking too much about the consequences of each alternative.					1 Strongly agree	All Respondents
2 Agree		1,896	6,035				
3 Neither agree nor disagree		1,311	4,308				
4 Disagree		2,181	6,859				
5 Strongly disagree		481	1,487				
6 Refused		15	52				
8 Don't know		47	131				
9 Not applicable		0	1				
When you have a problem to solve, one of the first things you do is get as many facts about the problem as possible.		1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF18		
	2 Agree	3,537					11,207
	3 Neither agree nor disagree	1,113					3,565
	4 Disagree	516					1,615
	5 Strongly disagree	59					209
	6 Refused	17					56
	8 Don't know	54					125
	9 Not applicable	1					2
	When you are attempting to find a solution to a problem, you usually try to think of as many different ways to approach the problem as possible.	1 Strongly agree					All Respondents
2 Agree		3,925	12,263				
3 Neither agree nor disagree		811	2,721				
4 Disagree		305	977				
5 Strongly disagree		39	140				
6 Refused		12	51				
8 Don't know		52	128				
9 Not applicable		0	1				
When making decisions, you generally use a systematic method for judging and comparing alternatives.		1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF20		
	2 Agree	3,156					10,083
	3 Neither agree nor disagree	1,662					5,354
	4 Disagree	674					2,165
	5 Strongly disagree	69					229
	6 Refused	15					57
	8 Don't know	77					207
	9 Not applicable	1					2

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After carrying out a solution to a problem, you usually try to analyze what went right and what went wrong.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF21		1,018	3,349
	2 Agree					3,727	12,034
	3 Neither agree nor disagree					1,116	3,463
	4 Disagree					525	1,545
	5 Strongly disagree					54	178
	6 Refused					12	48
	8 Don't know					51	126
	9 Not applicable					1	2
	You have a lot of good qualities.					1 Strongly agree	All Respondents
2 Agree		3,511	11,162				
3 Neither agree nor disagree		466	1,697				
4 Disagree		65	225				
5 Strongly disagree		9	40				
6 Refused		10	40				
8 Don't know		15	46				
9 Not applicable		0	0				
You have a lot to be proud of.		1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF32		
	2 Agree	3,120					9,897
	3 Neither agree nor disagree	460					1,650
	4 Disagree	127					439
	5 Strongly disagree	14					72
	6 Refused	9					40
	8 Don't know	16					45
	9 Not applicable	0					0
	You like yourself just the way you are.	1 Strongly agree					All Respondents
2 Agree		2,774	8,845				
3 Neither agree nor disagree		868	2,835				
4 Disagree		534	1,699				
5 Strongly disagree		58	225				
6 Refused		10	40				
8 Don't know		12	33				
9 Not applicable		0	0				
You feel like you are doing everything just about right.		1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF34		
	2 Agree	3,275					10,081
	3 Neither agree nor disagree	1,367					4,619
	4 Disagree	593					2,016
	5 Strongly disagree	51					183
	6 Refused	10					39
	8 Don't know	12					35
	9 Not applicable	0					0

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies or Valid Cases ¹	
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You feel socially accepted.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF35		1,857	5,731
	2 Agree					3,674	11,707
	3 Neither agree nor disagree					667	2,354
	4 Disagree					241	728
	5 Strongly disagree					40	142
	6 Refused					10	39
	8 Don't know					15	43
	9 Not applicable					0	1
	You feel loved and wanted.					1 Strongly agree	All Respondents
2 Agree		3,136	10,095				
3 Neither agree nor disagree		495	1,783				
4 Disagree		119	403				
5 Strongly disagree		19	88				
6 Refused		10	39				
8 Don't know		12	35				
9 Not applicable		0	1				
During the past 12 months, did you ever seriously think about committing suicide?		0 No	All Respondents	Section 33: Suicide	H1SU1		
	1 Yes	821					2,748
	6 Refused	46					159
	8 Don't know	22					81
	9 Not applicable	1					4
During the past 12 months, how many times did you actually attempt suicide?	0 0 times	Respondents reporting that they have thought seriously about suicide in the past year	Section 33: Suicide	H1SU2		587	1,937
	1 1 time					131	483
	2 2 or 3 times					64	219
	3 4 or 5 times					10	44
	4 6 or more times					25	60
	6 Refused					3	4
	7 Legitimate skip					5,683	17,997
	8 Don't know					1	1
Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	0 No	Respondents reporting that they have attempted suicide in the past year	Section 33: Suicide	H1SU3		164	605
	1 Yes					66	199
	6 Refused					0	2
	7 Legitimate skip					6,274	19,939
Have any of your family tried to kill themselves during the past 12 months?	0 No	All Respondents	Section 33: Suicide	H1SU6		6,115	19,557
	1 Yes					310	926
	6 Refused					40	137
	8 Don't know					38	122
	9 Not applicable					1	3
Have any of them succeeded?	0 No	Respondents reporting that a family member has attempted suicide in the past year	Section 33: Suicide	H1SU7		239	739
	1 Yes					69	185
	7 Legitimate skip					6,194	19,819
	8 Don't know					2	2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies or Valid Cases ¹	
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How much do you feel that adults care about you?	1 Not at all	All Respondents	Section 35: Protective Factors	H1PR1		59	170
	2 Very little					147	516
	3 Somewhat					671	2,200
	4 Quite a bit					2,009	6,325
	5 Very much					3,577	11,374
	6 Does not apply					13	40
	96 Refused					14	68
	98 Don't know					14	52
How important is religion to you?	1 Very important	Respondents reporting that they identified with some religion		H1RE4		2,812	8,667
	2 Fairly important					2,218	7,231
	3 Fairly unimportant					391	1,273
	4 Not important at all					193	628
	6 Refused					3	7
	7 Legitimate skip					879	2,909
	8 Don't know					8	30
	How often do you pray?					1 At least once a day	Respondents reporting that they identified with some religion
2 At least once a week		1,370	4,302				
3 At least once a month		586	1,841				
4 Less than once a month		496	1,622				
5 Never		440	1,385				
6 Refused		6	13				
7 Legitimate skip		879	2,909				
8 Don't know		5	24				
Many churches, synagogues, and other places of worship have special activities for teenagers - such as youth groups, Bible classes, or choir. In the past 12 months, how often did you attend such youth activities?	1 Once a week or more	Respondents reporting that they identified with some religion		H1RE7		1,403	4,342
	2 Once a month or more, but less than once a week					926	2,862
	3 Less than once a month					862	2,685
	4 Never					2,421	7,915
	6 Refused					6	10
	7 Legitimate skip					879	2,909
	8 Don't know					7	22

This project was supported with a grant from the U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation, grant number 5 UOI AE000001-04. The opinions and conclusions expressed herein are solely those of the author(s) and should not be construed as representing the opinions or policy of any agency of the Federal government.

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