

### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Non-Formulary Medication Guideline	<ul> <li>Requests for Non-Formulary Medications that do not have specific Prior Authorization Guidelines will be reviewed based on the following: <ul> <li>Appropriate diagnosis/indication for requested medication</li> <li>Appropriate dose of medication based on age and indication</li> <li>Member meets one of the following: <ul> <li>Documented trial of three formulary agents for adequate duration has not been effective or tolerated</li> <li>All other formulary medications are contraindicated based on member diagnosis, other medical conditions or other medication therapy</li> <li>There are no other medications available on the formulary to treat member condition</li> </ul> </li> <li>For combination drug product requests: <ul> <li>Documented reasoning that combination product is clinically necessary and not just for convenience</li> </ul> </li> <li>Note: Patient medication trials and adherence are determined by review of pharmacy claims data over preceding twelve months. Additional information may be requested on a case-by-case basis to allow for proper review.</li> </ul> </li> <li>Off-Label and Orphan Drugs can be approved when the following criteria is met: <ul> <li>Prescribed by physician treating a chronic, disabling, or life-threatening disease</li> <li>The drug has been approved by the Food and Drug Administration (FDA)</li> <li>Documentation of trial and failure, intolerance or contraindication to Food and Drug Administration (FDA) approved medications (formulary and non-formulary) for same indication, if available</li> </ul> </li> </ul>	Initial Approval:         Six months or lesser of         requested duration         based on course of         therapy         Renewal Approval:         One year or lesser of         requested duration         based on course of         therapy         Requires:         o       Documentation of         positive response to         therapy



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	<ul> <li>The drug is listed in any of the following standard drug reference compendium as accepted for off-label use         <ul> <li>The United States Pharmacopoeia Drug Information</li> <li>National Comprehensive Cancer Network</li> <li>American Hospital Formulary Service Drug Information</li> <li>Thomson Micromedex DrugDex</li> <li>Clinical Pharmacology</li> </ul> </li> </ul>	
Medications requiring Prior Authorization	Requests for Medications requiring Prior Authorization (PA) will be reviewed based on the PA Guidelines/Criteria for that medication. Scroll down to view the PA Guidelines for specific medications. Medications that do not have a specific PA guideline will follow the Non-Formulary Medication Guideline. Additional information may be required on a case-by-case basis to allow for adequate review.	As documented in the individual guideline
Medications requiring Step Therapy	Medications that require Step Therapy (ST) require trial and failure of formulary agents prior to their authorization. If the prerequisite medications have been filled within the specified time frame, the prescription will automatically process at the pharmacy. Prior Authorization will be required for prescriptions that do not process automatically at the pharmacy. For a list of agents that have a Step Therapy requirement, go to our health plan website and review the Step Therapy Requirements document.	Initial Approval: Indefinite
Brand Name Medication	Aetna Medicaid requires use of generic agents that are considered therapeutically equivalent by the Food and Drug Administration (FDA)	Approval: One year



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Requests (i)	<ul> <li>For authorization of Brand Name Medication, submit the following:</li> <li>A hard copy or confirmation of electronic submittal of the Food and Drug Administration (FDA) MedWatch form detailing trial and failure, or intolerance/adverse effect to generic formulation, made by two different manufacturers <ul> <li>The completed hard copy form also requires to be submitted to the Food and Drug Administration (FDA) and is available at: FDA MedWatch Form</li> <li>Online reporting of the Food and Drug Administration (FDA) MedWatch form can be accessed at:</li> <li><a href="https://www.accessdata.fda.gov/scripts/medwatch/index.cfm?action=professional.report_ing1">https://www.accessdata.fda.gov/scripts/medwatch/index.cfm?action=professional.report_ing1</a></li> </ul> </li> </ul>	
Quantity Level Limits	<ul> <li>Requests that exceed established Quantity Level Limits will require prior authorization</li> <li>Drugs subject to additional utilization management requirements (for example, non-formulary, clinical prior authorization, and step therapy) must meet clinical criteria and medical necessity for approval, in addition to any established Quantity Level Limit</li> <li>Approval of Quantity Level Limit exceptions are considered after medication specific prior authorization guideline and medical necessity review</li> <li><u>Authorization Criteria for Quantity Limit Exceptions</u>:         <ul> <li>Quantities that Exceed Food and Drug Administration (FDA) Maximum Dose:</li> <li>Member is tolerating medication with no side effect, but had inadequate response at lower dose, and the inadequate response is not due to medication non-adherence</li> </ul> </li> </ul>	Initial Approval: One year Renewal Approval: One year



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	<ul> <li>Request meets one of the following:         <ul> <li>Dose is included in drug compendia or evidence-based clinical practice guidelines for same indication</li> <li>Published randomized, double blind, controlled trial, demonstrating safety and efficacy of requested dose is submitted with request</li> </ul> </li> <li>Quantities that <u>do not</u> Exceed Food and Drug Administration (FDA) Maximum Dose (Dose Optimization):         <ul> <li>Request meets one of the following:</li> <li>There was inadequate response or intolerable side effect to optimized dose</li> <li>There is a manufacturer shortage on higher strengths</li> <li>Member is unable to swallow tablet/capsule due to size, and cannot be crushed</li> <li>Effect of medication is wearing off between doses</li> <li>Member cannot tolerate entire dose in one administration</li> </ul> </li> <li>Quantities for Medications that <u>do not</u> have Established Food and Drug Administration (FDA) Maximum Dose:         <ul> <li>Member is tolerating medication with no side effects, but had inadequate response at lower dose, and the inadequate response is not due to medication non-adherence</li> </ul> </li> </ul>	
Oncology - Antineoplastic Agents	<ul> <li>Requested dose is considered medically necessary</li> <li>Requests for antineoplastic agents will be reviewed based on the following criteria:</li> <li>Member is under the care of an Oncologist or Hematologist</li> <li>Medication is prescribed for an Food and Drug Administration (FDA)-approved indication OR for a "medically accepted indication" as noted in the following Compendia:</li> </ul>	Initial Approval: 3 months Renewal Approval:
	National Comprehensive Cancer Network (NCCN) Drugs and Biologic Compendium or	1 year



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	<ul> <li>National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines, category 1, 2a, or 2b.</li> <li>Micromedex DrugDex</li> <li>Clinical Pharmacology</li> <li>The dose prescribed is within the Food and Drug Administration (FDA)-approved range for the indication and patient specific factors (for example., age, weight or Body Surface Area (BSA), renal function, liver function, drug interactions, etc)</li> <li>Requests for non-preferred or non-formulary antineoplastics must meet one of the following: <ul> <li>Trials of formulary preferred agents (when available based on Food and Drug Administration (FDA) indication and National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines) for an adequate duration were not effective or were poorly tolerated</li> <li>All other formulary preferred alternatives (when available based on Food and Drug Administration (FDA) indication and National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines) are <u>contraindicated</u> based on Food and Drug Administration (FDA) indication and National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines) are <u>contraindicated</u> based on the member's other medical conditions or drug interactions</li> <li>There are no formulary preferred medications for the patient's indication</li> <li>Member has a genetic mutation that is resistant to the formulary preferred agents</li> <li>All other formulary preferred agents are not alternatives supported by National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines for the indication</li> </ul></li></ul>	Requires: • Attestation of clinically significant improvement or stabilization of disease state



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	<ul> <li>treatment are submitted with the request <ul> <li>If a test with adequate ability to confirm a disease mutation exists, documentation that the test was performed to confirm the mutation</li> <li>Documentation has been provided of the results of required genetic testing where required per the drug package insert)</li> </ul> </li> <li>Member does not have any contraindications to the medication</li> <li>Member is not taking other medications that should be avoided with the requested drug based on the Food and Drug Administration (FDA)-approved labeling</li> <li>Request is not for experimental / investigational use or for a clinical trial</li> </ul>	
Dalfampridine (Ampyra) <sup>i</sup>	<ul> <li>May be approved when documentation of the following criteria is presented:</li> <li>Prescribed by, or in consultation with, a neurologist</li> <li>Member is 18 years of age or older</li> <li>Diagnosis of multiple sclerosis with one of the following:</li> </ul>	Initial Approval: 3 months Renewal: 1 year
	<ul> <li>Impaired walking ability defined as a baseline 25-foot walking test between 8 and 45 seconds</li> <li>Expanded Disability Status Scale between 4.5 and 6.5</li> <li>Member is not wheelchair-bound</li> <li>Does not have a history of seizures</li> <li>Member has not had disease exacerbation in the previous 60 days</li> <li>Does not have moderate to severe renal impairment (Creatinine Clearance less than 50</li> </ul>	<ul> <li>Requires:</li> <li>Member meets one of the following criteria:         <ul> <li>There is improvement in timed walking speed on 25-foot</li> </ul> </li> </ul>



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	mL/min)	walk
		<ul> <li>There is stability or improvement in Expanded Disability Status Scale score</li> </ul>
		<ul> <li>Member does not have moderate to severe renal impairment (creatinine clearance less than 50 mL/min)</li> </ul>
		<ul> <li>Annual Electroencephalogra phy (EEG) testing is completed</li> </ul>
		<b>Quantity Level Limit:</b> 2 tablets per day
Anthelmintic	Praziquantel pays at Point of Sale when one of the following infections is present:	Initial Approval:
	Flukes	Roundworm: 21 days
Praziquantel	Clonorchiasis	All others: 3 days



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(Biltricide) Albendazole (Albenza)	<ul> <li>Opisthorchiasis         <ul> <li>Paragonimiasis</li> <li>Fasciolopsis</li> </ul> </li> <li>Tapeworms         <ul> <li>Schistosomiasis</li> <li>Taeniasis</li> <li>Cysticercosis/Neurocysticercosis</li> </ul> </li> <li>Prescriptions for praziquantel that do not pay at Point of Sale may be approved for members who meet one of the following:             <ul> <li>Cysticercosis/Neurocysticercosis</li> </ul> </li> </ul> <li>Prescriptions for praziquantel that do not pay at Point of Sale may be approved for members who meet one of the following:         <ul> <li>Trial and failure with ivermectin or pyrantel</li> </ul> </li> <ul> <li>Infection falls either under Fluke or Tapeworm:                 <ul> <li>Flukes</li> <li>Clonorchiasis</li> <li>Paragonimiasis</li> <li>Paragonimiasis</li> <li>Fasciolopsis</li> <li>Tapeworms</li> <li>Schistosomiasis</li> <li>Taeniasis</li> <li>Cysticercosis/Neurocysticercosis</li> </ul> </li> <li>Albendazole pays at Point of Sale when one of the following infections is present:                    <ul> <li>Tapeworm</li> <li>Tapeworm</li> </ul> </li> </ul>	<ul> <li>Exceptions to Initial Approval: <u>Praziquantel</u>:         <ul> <li>Cysticercosis/Neuroc ysticercosis: Up to 15 days</li> </ul> </li> <li><u>Albendazole</u>:         <ul> <li>Cysticercosis/Neuroc ysticercosis: 120 tablets per month</li> <li>Clonorchiasis and Opisthorchiasis: Up to 7 days</li> <li>Hydatid Disease: Up to 112 tablets every 42 days for 4 months (112 tablets every 28 days with a 14-day drug-free period. Repeat up to 2 more cycles)</li> </ul> </li> </ul>



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	Cystericerosis/Neurocystercosis	Toxocariasis: 400 mg
	<ul> <li>Hydatid disease/Echinococcosis</li> </ul>	by mouth twice a day
	• Roundworm	for five days
	<ul> <li>Capillariasis</li> </ul>	
	Trichinellosis/Trichinosis	
	<ul> <li>Ascariasis</li> </ul>	
	<ul> <li>Toxocariasis</li> </ul>	
	<ul> <li>Baylisascariasis</li> </ul>	
	○ Flukes	
	<ul> <li>Clonorchiasias</li> </ul>	
	Opisthorchis	
	Prescriptions for albendazole that do not pay at Point of Sale may be approved for	
	members who meet one of the following:	
	Trial and failure with ivermectin or pyrantel	
	Infection is with one of the following:	
	o Tapeworm	
	<ul> <li>Taeniasis</li> </ul>	
	<ul> <li>Cystericerosis/Neurocystercosis</li> </ul>	
	<ul> <li>Hydatid disease/Echinococcosis</li> </ul>	
	<ul> <li>Roundworm</li> </ul>	
	<ul> <li>Capillariasis</li> </ul>	
	Trichinellosis/Trichinosis	
	<ul> <li>Ascariasis</li> </ul>	



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	<ul> <li>Toxocariasis</li> </ul>	
	<ul> <li>Baylisascariasis</li> </ul>	
	o Flukes	
	<ul> <li>Clonorchiasias</li> </ul>	
	<ul> <li>Opisthorchis</li> </ul>	
Anticoagulant -	Enoxaparin is the preferred medication AND will require prior authorization after	Initial Approval:
Injectable <sup>iii</sup>	exceeding recommended limit of 21 days' supply	Low Molecular Weight Heparins:
Low Molecular	• May be authorized for the following indications: Venous thromboembolism (VTE)	<ul> <li>Prophylaxis (post-</li> </ul>
Weight	prophylaxis (prevention of deep vein thrombosis (DVT) or pulmonary embolism (PE)):	ortho surgery) – Up to
Heparins:	<ul> <li>In members undergoing hip or knee replacement or hip fracture surgery</li> </ul>	35 days
	<ul> <li>In members with restricted mobility during acute illness</li> </ul>	Prophylaxis (non-
Enoxaparin	<ul> <li>Bridge therapy for perioperative warfarin discontinuation</li> </ul>	ortho surgery and
Fondaparinux	<ul> <li>In high risk pregnancy (for example: homozygous for factor V Leiden deficiency,</li> </ul>	major trauma) – Up to
Fragmin	Prothrombin Mutation 20210 or family history of venous thromboembolism (VTE))	14 days
	$\circ$ In cancer members with solid tumors who are at high risk of thrombosis (for example:	Prophylaxis (post-
	previous venous thromboembolism (VTE), immobilization, hormonal therapy,	surgery with cancer)
	angiogenesis inhibitors, thalidomide, and lenalidomide)	– 4 weeks
	o In members undergoing general and abdominal-pelvic surgery who are at moderate to	Venous
	high risk for venous thromboembolism (VTE)	thromboembolism
	o In members with major trauma (for example traumatic brain injury (TBI) or Spinal Cord	(VTE) treatment,
	Injury)	bridge therapy with
	• In members with atrial fibrillation undergoing cardioversion (up to 3 weeks before and 4	warfarin – 10 days or



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	<ul> <li>weeks after)</li> <li>Venous thromboembolism (VTE) treatment (treatment of deep vein thrombosis (DVT) or pulmonary embolism (PE)): <ul> <li>After trial and failure of Eliquis or Xarelto and warfarin (in non-cancer patients for long-term treatment)</li> <li>In members who are taking warfarin until the international normalized ratio (INR) is in therapeutic range for 5 days</li> <li>In a high risk pregnancy</li> <li>For recurrent venous thromboembolism (VTE) that occurred while taking oral anticoagulants</li> <li>For superficial vein thrombosis (SVT) of the lower limb</li> <li>For acute upper-extremity deep vein thrombosis (UEDVT) that involves the axillary or more proximal veins</li> </ul> </li> <li>In addition, for all non-formulary agents:</li> <li>Documentation to support trial and failure, intolerance, or contraindication to enoxaparin</li> </ul>	<ul> <li>as requested</li> <li>Cardioversion with warfarin – up to 7 weeks</li> <li>High risk pregnancy – Until 6 weeks after delivery (estimated date of confinement required for authorization)</li> <li>Prophylaxis in cancer – 6 months</li> <li>Lower-limb Superficial Vein Thrombosis (SVT) – 45 days</li> <li>Venous thromboembolism (VTE) and cancer Low to moderate bleeding risk – indefinite; High bleeding risk – 3</li> </ul>



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		months Provoked venous thromboembolism (VTE) –3 months Unprovoked venous thromboembolism (VTE) Low to moderate bleeding risk – indefinite; High bleeding risk – 3 months
		Renewal:• Length of renewal authorization based on anticipated length of therapy, indication and/or recent international normalized ratio (INR if on warfarin



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Anticoagulants - Oral <sup>i</sup> Eliquis Pradaxa Xarelto Savaysa	<ul> <li>Xarelto and Eliquis are the formulary preferred agents</li> <li>May be authorized for members who meet all of the following: <ul> <li>Member is age 18 years and older</li> </ul> </li> <li>Diagnosis of one of the following: <ul> <li>Prophylaxis of Deep Vein Thrombosis (DVT) after hip or knee replacement surgery</li> <li>Non-valvular atrial fibrillation <ul> <li>Member does not have moderate-to-severe mitral stenosis or a mechanical heart valve</li> <li>Member has a CHA<sub>2</sub>DS<sub>2</sub>-VASc score of 1 or more</li> </ul> </li> <li>Treatment of Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE) <ul> <li>Member received 5 – 10 days of initial therapy with a parenteral anticoagulant (For Pradaxa and Savaysa only)</li> </ul> </li> <li>Risk reduction of recurrent Deep Vein Thrombosis (DVT) or Pulmonary Embolism (PE) (Savaysa not indicated) <ul> <li>Member has received at least 6 months of standard anticoagulation treatment (3 months for Pradaxa)</li> <li>Risk reduction of cardiovascular (CV) events in chronic coronary artery disease (CAD) or peripheral artery disease (PAD) when used in combination with aspirin (Xarelto only)</li> </ul> </li> <li>In addition, for all non-formulary agents: <ul> <li>Documentation to support trial and failure, intolerance, or contraindication to Xarelto or Eliquis</li> </ul> </li> </ul></li></ul>	<ul> <li>Requirements Are Met</li> <li>Initial Approval: <ul> <li>Atrial fibrillation: 1</li> <li>year</li> </ul> </li> <li>Knee replacement: Up to 12 days from day of surgery</li> <li>Hip replacement: Up to 35 days from day of surgery</li> <li>Treatment of Deep Vein Thrombosis (DVT) or Pulmonary Embolism (PE): 3 months</li> <li>Risk reduction of recurrent Deep Vein Thrombosis (DVT) or Pulmonary Embolism (PE): 6 months</li> <li>Xarelto for Coronary Artery Disease (CAD) or Peripheral Artery Disease (PAD): 3</li> </ul>



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		months
		<ul> <li>Renewals:</li> <li>Atrial fibrillation: 1 year</li> <li>Treatment of Deep Vein Thrombosis (DVT) or Pulmonary Embolism (PE): 3 months</li> <li>Risk reduction of recurrent Deep Vein Thrombosis (DVT) or Pulmonary Embolism (PE): 6 months</li> <li>The American College of Chest Physicians (CHEST) recommends 3 month duration for most acute Venous Thromboembolism (VTE) treatment</li> </ul>
		(VTE) tr     • Xarelto



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		Artery Disease (CAD) or Peripheral Artery Disease (PAD): 6 months
		<ul> <li>Quantity Level Limit:</li> <li>Pradaxa: 2 caps per day</li> <li>Savaysa: 1 tablet per day</li> <li>Eliquis: 2 tablets per day</li> <li>Xarelto: 1 tablet per day</li> <li>Xarelto for Coronary Artery Disease (CAD) or Peripheral Artery Disease (PAD): 2 tablets per day</li> </ul>
Antidepressant s Non- Preferred <sup>v</sup>	<ul> <li>Members who are stable (new to plan and/or using samples) that are on non-preferred antidepressant will receive 3-month approval as continuity of care, in order to transition to preferred antidepressant</li> </ul>	Initial Approval: 1 year Renewal Approval:
Selective	Members who have started non-preferred antidepressant during recent hospitalization will	1 year



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Serotonin	receive 1-year initial approval	_
Reuptake Inhibitors (SSRI):	<ul> <li>General Criteria for All New Starts</li> <li>Member is 18 years of age or older (except for fluvoxamine and fluoxetine)</li> <li>Requested agent is Food and Drug Administration (FDA) approved for the indication being</li> </ul>	Requires: Response to therapy Quantity Level Limits:
Trintellix Viibryd Pexeva Fluoxetine weekly	<ul> <li>treated</li> <li>If formulary preferred agent is available in different formulation with same ingredient (for example, Pexeva, Aplenzin, Forfivo XL, fluvoxamine ER, paroxetine mesylate, fluoxetine weekly), member must have documented trial and failure of that formulary agent</li> </ul>	Pristiq, desvenlafaxine, Trintellix, Viibryd, Fetzima, Aplenzin, Forfivo XL, paroxetine
Fluoxetine	Additional Criteria Based on Indication	<u>ER</u> :
tablets Fluvoxamine ER Paroxetine ER Paroxetine mesylate capsule <b>Serotonin and</b>	<ul> <li>Major Depressive Disorder or Seasonal Affective Disorder (One of the Following)</li> <li>Documented failure, or intolerance to 3 formulary agents from at least 2 different classes of antidepressants <ul> <li>Selective Serotonin Reuptake Inhibitor, Serotonin Norepinephrine Reuptake Inhibitor, bupropion, or mirtazapine at adequate dose and duration (at least 4 weeks)</li> <li>One of these trials must be with preferred formulary agent from same class (Selective Serotonin Reuptake Inhibitor, or Serotonin Norepinephrine Reuptake Inhibitor)</li> </ul> </li> </ul>	1 tablet/capsule per day <u>Pexeva</u> : 10mg and 20mg: 1 tablet per day 30mg: 2 tablets per day 40mg: 1.5 tablets per day <u>Fluoxetine Tablets</u>
Norepinephrine Reuptake Inhibitors (SNRI): Fetzima	<ul> <li>Documented failure, or intolerance to 2 formulary agents and acceptable antidepressant augmentation regimen</li> <li>Selective Serotonin Reuptake Inhibitor , or Serotonin Norepinephrine Reuptake Inhibitor, plus bupropion, lithium, atypical antipsychotic, buspirone, or liothyronine, at adequate dose and duration (at least 4 weeks)</li> </ul>	<u>(Sarafem)</u> : 1 tablet per day <u>Fluvoxamine ER</u> : 2 tablets per day



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Venlafaxine SR tabs Pristiq Khedezla desvenlafaxine <b>Other:</b> Aplenzin Forfivo XL Nefazodone	<ul> <li>One of these trials must be with preferred formulary agent from same class (Selective Serotonin Reuptake Inhibitor, or Serotonin Norepinephrine Reuptake Inhibitor)</li> <li>Obsessive-Compulsive Disorder         <ul> <li>Documented failure, or intolerance to 3 formulary agents</li> <li>Selective Serotonin Reuptake Inhibitors, clomipramine, at adequate dose and duration (at least 4 weeks)</li> </ul> </li> <li>Panic Disorder or Generalized Anxiety Disorder         <ul> <li>Documented failure, or intolerance to 3 formulary agents from at least 2 different classes of antidepressants</li> <li>Selective Serotonin Reuptake Inhibitors, or Serotonin Norepinephrine Reuptake Inhibitors, at adequate dose and duration (at least 4 weeks)</li> </ul> </li> <li>Hot Flashes Associated with Menopause         <ul> <li>Documented failure, or intolerance to 3 formulary agents from at least 2 different classes of antidepressants</li> <li>Selective Serotonin Reuptake Inhibitors, or Serotonin Norepinephrine Reuptake Inhibitors, at adequate dose and duration (at least 4 weeks)</li> </ul> </li> <li>Hot Flashes Associated with Menopause         <ul> <li>Documented failure, or intolerance to 3 formulary agents from at least 2 different classes of antidepressants</li> <li>Selective Serotonin Reuptake Inhibitors, or Serotonin Norepinephrine Reuptake Inhibitors, at adequate dose and duration (at least 4 weeks)</li> <li>Trial and failure, intolerance, or contraindication, or member preference to avoid hormonal therapy</li> </ul> </li> <li>Premenstrual Dysphoric Disorder</li> </ul>	Requirements Are MetFluoxetine weekly:1 pack per 28 daysParoxetine mesylatecapsule:1 tablet per dayVenlafaxine SR Tablets:37.5mg, 75mg, and225mg: 1 tablet per day150mg: 2 tablets per dayNefazodone:2 tablets/day; up to600mg max daily dose
	<ul> <li>Documented failure, or intolerance to 3 formulary Selective Serotonin Reuptake Inhibitors, at adequate dose and duration (at least 4 weeks)</li> </ul>	



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Atypical Antipsychotics	Members under 18 years of age: Prior authorization is required for all agents.	Initial Approval: 6 months
Formulary:	Members 18 years of age and older: Prior authorization is required for non-preferred agents.	<u>Renewal:</u> One year
Aripiprazole tablets quetiapine risperidone olanzapine ziprasidone clozapine	Continuity of Care:Members who are stable (new to the plan and/or using samples) on non-preferred antipsychotic therapy will receive a 6-month approval in order to transition to a preferred antipsychotic therapy.Members who started a non-preferred antipsychotic therapy during a recent hospitalization will receive a 6-month initial approval.Non-Coverage:	Requires: Documentation of following: <ul> <li>Improvement in target symptoms</li> <li>Treatment plan containing rationale for continued use or plan for discontinuation</li> </ul>
Non- Formulary: paliperidone ER quetiapine ER	<ul> <li>Use of more than one antipsychotic, unless cross titration is needed for up to 60 days</li> <li>Use for indications that are not included in this guideline</li> <li><u>All Agents - Children Ages 6-17:</u> Criteria for ALL indications:</li> </ul>	<ul> <li>Member weight</li> <li>Screen for movement disorders</li> <li>Metabolic screen</li> </ul>
Saphris	Antipsychotic is prescribed within Food and Drug Administration (FDA) approved daily	



### Pharmacy Prior Authorization

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Latuda	dosing guidelines, treatment guidelines or recognized compendia	
Fanapt	• Baseline and yearly blood glucose using a test for hemoglobin A1c (HBA1c) or blood glucose	Quetiapine
Rexulti	Baseline and yearly cholesterol using a test of low-density lipoprotein-cholesterol (LDL-C)	QLL 90/30
Rexulti	or cholesterol	25mg, 50mg, 200mg,
Vraylar	Weight at baseline and yearly	300mg
Secuado	Screen for movement disorders associated with antipsychotic therapy	
Occuado	Diagnosis was based on a comprehensive evaluation by a psychiatrist, psychologist,	QLL 60/30
	neuropsychologist, neurologist or developmental pediatrician, and the member's	400mg
	symptoms meet the Diagnostic and Statistical Manual of Mental Disorders (DSM5) criteria	
	for that diagnosis	Quetiapine ER
	New starts of antipsychotic therapy only:	QLL 60/30
		50mg, 300mg, 400mg
	<ul> <li>Member continues to have residual symptoms despite use of evidence-based non-</li> </ul>	
	pharmacologic therapies such as behavioral, cognitive, and family based therapies	QLL 30/30
		150mg, 200mg
	Additional Criteria for Bipolar Disorder, Schizophrenia, Psychomotor Agitation Associated	
	with Autism Spectrum Disorder OR Chronic Tic Disorder (including Tourette's Syndrome)	<u>Risperidone</u>
	requires one of the following:	QLL 60/30
	Requested antipsychotic is preferred formulary agent	0.25mg, 0.5mg, 1mg,
	Member had inadequate response, or intolerable side effect to two preferred formulary atypical antipsychotics.	2mg
		QLL 90/30
	Additional Criteria for Major Depressive Disorder requires all the following:	3mg



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Member had inadequate response, or intolerable side effect to three different medication	
	regimens for depression at an adequate dose and duration (at least 4 weeks):	QLL 120/30
	<ul> <li>Antidepressant monotherapy</li> </ul>	4mg
	<ul> <li>Antidepressant augmentation (Selective Serotonin Reuptake Inhibitor (SSRI) or</li> </ul>	
	Serotonin- Norepinephrine Reuptake Inhibitor (SNRI) plus bupropion, Lithium,	QLL 480mL/30
	buspirone, or liothyronine), and	1mg/mL
	Member meets one of the following:	
	<ul> <li>Requested antipsychotic is preferred formulary agent, or</li> </ul>	<u>Olanzapine</u>
	<ul> <li>Member had inadequate response, or intolerable side effect to two preferred formulary</li> </ul>	QLL 30/30
	atypical antipsychotics	2.5mg, 5mg, 7.5mg,
		10mg, 15mg 20mg
	Non-Preferred Agents - Adults Age 18 and Older:	
	Criteria for ALL indications:	<b>Ziprasidone</b>
	Antipsychotic is prescribed within Food and Drug Administration (FDA) approved daily	QLL 60/30
	dosing guidelines, treatment guidelines or recognized compendia	20mg, 40mg, 60mg,
	Baseline and yearly blood glucose using a test for hemoglobin A1c (HBA1c) or blood glucose	80mg
	<ul> <li>Baseline and yearly cholesterol using a test of low-density lipoprotein-cholesterol (LDL-C) or cholesterol</li> </ul>	
	Weight at baseline and yearly	<u>Aripiprazole</u>
	Screen for movement disorders associated with antipsychotic therapy	QLL 30/30
	Additional Criteria for Bipolar Disorder or Schizophrenia:	Paliperidone ER
	<ul> <li>Member had inadequate response, or intolerable side effect to two preferred formulary atypical antipsychotics.</li> </ul>	QLL 30/30



#### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
		1.5mg, 3mg, 9mg
	Additional Criteria for Major Depressive Disorder requires all the following:	
	Member had inadequate response, or intolerable side effect to three different medication	QLL 60/30
	<ul> <li>regimens for depression at an adequate dose and duration (at least 4 weeks):</li> <li>Antidepressant monotherapy</li> </ul>	6mg
	<ul> <li>Antidepressant augmentation (Selective Serotonin Reuptake Inhibitor (SSRI) or</li> </ul>	<u>Latuda</u>
	Serotonin- Norepinephrine Reuptake Inhibitor (SNRI) plus bupropion, Lithium, buspirone, or liothyronine)	QLL 30/30
	Member had inadequate response, or intolerable side effect to two preferred formulary	<u>Fanapt</u>
	atypical antipsychotics	QLL 60/30
	Children Age 5 and Under:	<u>Rexulti</u>
	Most antipsychotics are not Food and Drug Administration (FDA) approved for use in children ages 5 and under. Safety and efficacy in this age group has not been established	QLL 30/30
	and is not supported by the currently published peer-reviewed medical literature including	Saphris
	the American Academy of Child and Adolescent Psychiatry (AACAP) Practice Parameter for the Use of Antipsychotics in Children & Adolescents.	QLL 60/30
	Request for coverage of antipsychotics in children age 5 and under is generally not	<u>Vraylar</u>
	considered to be medically necessary and should be reserved for use when member continues to have residual symptoms despite use of evidence-based non-pharmacologic	QLL 30/30
	therapies such as behavioral, cognitive, and family based therapies.	Secuado
	• Requests will be reviewed on a case-by-case basis by the Plan Medical Director.	QLL 30/30
	• Baseline and routine monitoring of weight, body mass index (BMI) or waist circumference,	



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	blood pressure (BP), fasting glucose, fasting lipid panel, and tardive dyskinesia using the Abnormal Involuntary Movement Scale (AIMS) or Dyskinesia Identification System (DISCUS) should be completed.	
Atypical	Continuity of Care:	Initial Approval:
Antipsychotics Long-Acting	Members who are stable (new to the plan and/or using samples) on non-preferred antipsychotic therapy will receive a 6-month approval in order to transition to a preferred	1 year
Injectable <sup>vii</sup>	antipsychotic therapy.	<u>Renewal:</u>
<u>Formulary</u>	Members who started a non-preferred antipsychotic therapy during a recent hospitalization will receive a 1-year initial approval.	1 year
Abilify Maintena		Requires:
Aristada	May be authorized when all the following criteria are met:	<ul> <li>Improvement in</li> </ul>
Invega	Member is 18 years of age or older	target symptoms
Sustenna	Prescribed by, or in consultation with a psychiatrist	Metabolic screening
Invega Trinza	Diagnosis of a Food and Drug Administration (FDA) approved indication:	within the last 60
Risperdal	<ul> <li>Schizophrenia / Schizoaffective Disorder</li> </ul>	days
Consta	<ul> <li>Bipolar I (Risperdal Consta, Abilify Maintena)</li> </ul>	Screen for tardive
<u>Non-formulary</u>	<ul> <li>Documentation that member has received the recommended oral dosage (per FDA approved labeling) to confirm tolerability and efficacy</li> </ul>	dyskinesia
Aristada Initio	Member has had or is at high risk for non-adherence to oral antipsychotic medications	Quantity Limits:
Perseris	which places member at risk for poor outcomes (Clinical Justification Required)	<ul> <li>Invega Sustenna: 1</li> </ul>
Zyprexa Relprevv	<ul> <li>Will not receive concurrent oral antipsychotics after the initial overlap period (per Food and Drug Administration (FDA) approved labeling)</li> </ul>	per 28 days after initial loading doses
	Provider agrees to support baseline and routine monitoring of all the following:	<ul> <li>Invega Trinza: 1 per</li> </ul>



### Pharmacy Prior Authorization

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
	<ul> <li>Weight, body mass index (BMI), or waist circumference</li> <li>blood pressure</li> <li>fasting glucose</li> <li>fasting lipid panel</li> <li>tardive dyskinesia</li> <li>using the Abnormal Involuntary Movement Scale (AIMS) OR</li> <li>Dyskinesia Identification System Condensed User Scale (DISCUS)</li> <li>For Abilify Maintena and Invega Trinza/Sustenna only: Not taking a CYP3A4 inducer</li> <li>Additional Drug Specific Criteria: Invega Trinza:</li> <li>Trial of stable dose of Invega Sustenna for 4 months</li> <li>Aristada Initio:</li> <li>Use with one 30 mg dose of oral aripiprazole in conjunction with the first Aristada injection</li> </ul>	<ul> <li>84 days</li> <li>Risperdal Consta: 2 per 28 days</li> <li>Perseris: 1 per 28 days</li> <li>Abilify Maintena: 1 per 28 days</li> <li>Aristada 441 or 662mg: 1 per 28 days</li> <li>Aristada 882mg: 1 per 28 days or 1 per 42 days</li> <li>Aristada 1,064mg: 1 every 2 months</li> <li>Aristada Initio 675mg: 1 single dose</li> <li>Only to be used as a single dose and not repeated dosing, but may also be approved to allow member to re-initiate</li> </ul>



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		<ul> <li>Aristada following a missed dose of Aristada</li> <li>Zyprexa Relprevv 210mg: 2 per 28 days</li> <li>Zyprexa Relprevv 300mg: 2 per 28 days or 1 per 28 days</li> <li>Zyprexa Relprevv 405mg: 1 per 28 days</li> </ul>
Bonjesta	May be authorized when the following criteria are met:	Initial Approval:
Doxylamine	<ul> <li>Member is at least 18 years of age</li> <li>Diagnosis of nausea and vomiting in pregnancy</li> </ul>	3 months
Succinate and Pyridoxine Hydrochloride	<ul> <li>Inadequate response or intolerable side effects to dietary and lifestyle changes</li> <li>o For example, avoiding stimuli/triggers, avoiding spicy or fatty foods, eating frequent</li> </ul>	<u>Renewal:</u> 3 months
•	small meals, or inadequate response to ginger	Requires:
(Diclegis) <sup>viii</sup>	<ul> <li>Use of individual products (over-the-counter doxylamine and pyridoxine) as separate dosage forms has not achieved adequate treatment response         <ul> <li>Pyridoxine is available as a single agent and recommended dose 10-25mg orally every six to eight hours.</li> <li>Doxylamine is available as over-the-counter and as prescription products, with recommended dose as one-half 25mg over-the-counter tablet, or two chewable 5mg</li> </ul> </li> </ul>	Documentation member is still pregnant and continues to have nausea and vomiting symptoms



## Pharmacy Prior Authorization

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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	prescription tablets	Quantity Level Limit:
	<ul> <li>For Bonjesta: Use of generic prescription doxylamine succinate and pyridoxine hydrochloride has not achieved adequate treatment response</li> </ul>	Diclegis or generic Doxylamine Succinate and Pyridoxine Hydrochloride: 4 tablets per day Bonjesta: 2 tablets per day
Botulinum	Botox, Myobloc, Dysport, Xeomin	
Toxins	https://www.aetnabetterhealth.com/california/providers/pharmacy/prior-auth	
Cablivi <sup>ix</sup>	<ul> <li>Member meets all the following criteria:</li> <li>Age is 18 years or older</li> </ul>	Initial Approval: 30 days
	<ul> <li>Medication is prescribed by, or in consultation with a hematologist</li> <li>Diagnosis is for acquired thrombotic thrombocytopenic purpura (aTTP)</li> </ul>	<b>Renewal Approval:</b> 28 days
	<ul> <li>Diagnosis is confirmed by one of the following:</li> <li>Member has severe thrombocytopenia with microangiopathic hemolytic anemia</li> </ul>	Requires:
	<ul><li>(MAHA), confirmed by red blood cell fragmentation on peripheral blood smear</li><li>For example, schistocytes</li></ul>	Additional therapy up to a maximum of 28 additional days will be
	<ul> <li>Testing shows ADAMTS13 activity levels of less than 10%</li> <li>Medication will be given in combination with plasma exchange and immunosuppressive</li> </ul>	considered when



## **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>therapy <ul> <li>For example, systemic glucocorticoids, rituximab</li> </ul> </li> <li>Cablivi will be discontinued if member experiences more than 2 recurrences of aTTP while on treatment with Cablivi</li> </ul>	<ul> <li>provider submits the following:</li> <li>Documentation of remaining signs of persistent underlying disease         <ul> <li>For example, suppressed</li> <li>ADAMTS13 activity levels</li> </ul> </li> <li>Documentation date of prior episode and date of new episode</li> <li>Medication will be given in combination with plasma exchange and immunosuppressive therapy         <ul> <li>For example, systemic glucocorticoids, rituximab</li> </ul> </li> </ul>



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		Member has not
		experienced more
		than 2 recurrences
		while on Cablivi
		<b>Quantity Level Limit:</b>
		Total treatment duration
		per episode is limited to
		58 days beyond last
		therapeutic plasma
		exchange
<b>Calcipotriene</b> <sup>×</sup>	Calcipotriene will pay at the point of sale (without requiring a prior authorization) for 2	Initial Approval:
	months when the following criteria is met:	2 months
	<ul> <li>Diagnosis of psoriasis (ICD-10 L40.0 through L40.9*)</li> </ul>	
		<u>Renewal:</u>
	Prescriptions that do not pay at the point of sale require prior authorization and may be authorized for members who meet the following criteria:	2 months
	Diagnosis of psoriasis	Requires:
		Improvement in
		symptoms
		Quantity Level Limit
		<u>QLL)</u> :
		Ointment, cream:



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		120gm/30 days
		Solution: 60ml/30 days
Calcitonin	May be authorized when member meets the following criteria:	Initial Approval:
Gene-Related Peptide (CGRP)	• Prescribed by, or in consultation with neurologist for preventative treatment of migraines, treatment of acute migraines, or treatment of cluster headaches	3 months
Receptor	Age is 18 years or older	Renewal:
Antagonists <sup>xi</sup>	<ul> <li>Chronic Migraine (Aimovig, Emgality, Ajovy, Vyepti):</li> <li>Meadache occurring on 15 or more days per month with at least 8 migraine days per</li> </ul>	6 months
Aimovig	month for more than 3 months	Requires:
Ajovy Emgality Nurtec ODT Ubrelvy Vyepti	<ul> <li>Episodic Migraine (Aimovig, Emgality, Ajovy, Vyepti):         <ul> <li>Headache occurring less than 15 days per month with 4 to 14 migraine days per month</li> </ul> </li> <li>For Chronic and Episodic migraines, there is documented inadequate response, or intolerable side effects, to at least three medications for migraine prophylaxis from two different classes, for at least 3 months:         <ul> <li>Beta-Blockers: Propranolol, metoprolol, atenolol</li> <li>Anticonvulsants: Valproic acid, or divalproex, topiramate</li> <li>Antidepressants: Amitriptyline, venlafaxine</li> <li>Angiotensin-Converting Enzyme Inhibitors (ACE-Is)/Angiotensin II Receptor Blockers (ARBs): Lisinopril, candesartan, losartan, valsartan</li> <li>Calcium Channel Blockers: Diltiazem, nifedipine, nimodipine, verapamil</li> </ul> </li> <li>Acute Migraine (Ubrelvy, Nurtec ODT):         <ul> <li>Medication is for moderate or severe pain intensity</li> <li>Documented inadequate response, or intolerable side effect, with at least two triptans,</li> </ul> </li> </ul>	<ul> <li>Documentation of clinical response to treatment by reduction in migraine or headache days</li> <li>Aimovig 140mg monthly injection requires trial and failure with the 70mg injection</li> <li>Vyepti 300mg 90-day intravenous infusion requires trial and failure with the</li> </ul>



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## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>or member has a contraindication to triptan use</li> <li>Ubrelvy: <ul> <li>Member does not have End Stage Renal Disease (CrCl less than 15 mL/min)</li> <li>Member does not experience more than 8 migraine days per month</li> </ul> </li> <li>Nurtec ODT: <ul> <li>Member does not experience more than 15 migraine days per month</li> <li>Member does not experience more than 15 migraine days per month</li> <li>Member does not have End Stage Renal Disease (CrCl less than 15 mL/min or is on hemodialysis</li> <li>Member does not have severe hepatic impairment (Child-Pugh class C)</li> </ul> </li> <li>Episodic Cluster Headaches: (Emgality) <ul> <li>Headaches occurring at maximum 8 attacks per day, or minimum one attack every other day</li> <li>Trial and failure with verapamil for preventive treatment or sumatriptan (nasal or subcutaneous) for acute treatment</li> </ul> </li> <li>Aimovig 140mg monthly injection, requires trial and failure with the 70mg injection</li> <li>Vyepti 300mg 90-day intravenous infusion requires trial and failure with the 100mg intravenous infusion</li> <li>Medication will not be used in combination with another Calcitonin Gene-Related Peptide Receptor (CGRP) antagonist, or with Botulinum toxin (Botox)</li> </ul>	<ul> <li>100mg infusion</li> <li>Medication will not be used in combination with another Calcitonin Gene-Related Peptide Receptor (CGRP) antagonist, or with Botulinum toxin (Botox)</li> <li>Quantity Level Limits: Aimovig: <ul> <li>1mL per 30 days</li> </ul> </li> <li>Ajovy: <ul> <li>1.5mL per 30 days or 4.5mL per 90 days</li> </ul> </li> <li>Emgality for Cluster Headaches: <ul> <li>3mL for 1<sup>st</sup> 30 days then 1mL per 30 days</li> </ul> </li> </ul>



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		<ul> <li>Emgality for Migraine</li> <li>Headaches:</li> <li>2mL for 1st 30 days then 1mL per 30 days</li> </ul>
		<ul><li>Nurtec ODT:</li><li>15 tablets per 30 days</li></ul>
		<ul><li><b>Ubrelvy:</b></li><li>16 tablets per 30 days</li></ul>
		Vyepti: 3mL per 90 days
Capecitabine (Xeloda) <sup>xii</sup>	<ul> <li>General Criteria:</li> <li>Prescribed by or in consultation with an oncologist</li> <li>Member is 18 years of age or older</li> </ul>	Initial Approval: 1 year
	<ul> <li>In addition, capecitabine may be authorized when one of the following criteria is met:</li> <li>Locally unresectable or metastatic colorectal cancer</li> </ul>	<u>Renewal Approval:</u> 3 years
	<ul> <li>Triple negative breast cancer (estrogen receptor, progesterone receptor, and HER2- negative) when there is residual disease after preoperative therapy with a taxane, an alkylator, and an anthracycline</li> <li>Recurrent or metastatic breast cancer with one of the following:         <ul> <li>Human epidermal growth factor receptor 2 (HER2) negative alone or in combination with docetaxel</li> </ul> </li> </ul>	<b>Requires:</b> Clinically significant improvement or stabilization of disease state



### Pharmacy Prior Authorization

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Human epidermal growth factor receptor 2 (HER2) positive recurrent or metastatic breast cancer in combination with trastuzumab (Herceptin), lapatinib (Tykerb), or neratinib (Nerlynx)</li> <li>Rectal cancer</li> <li>Metastatic renal cell carcinoma (RCC) in combination with gemcitabine</li> <li>Pancreatic adenocarcinoma and pancreatic neuroendocrine tumors (PNET) (Islet tumors)</li> <li>Esophageal, esophagogastric junction or gastric cancers</li> <li>Recurrent, unresectable, or metastatic head and neck cancer</li> <li>Hepatobiliary cancers (extra/intra – hepatic cholangiocarcinoma and gallbladder cancer)</li> <li>Neuroendocrine tumors of lung and thymus</li> <li>Poorly differentiated neuroendocrine carcinoma (PDNEC)</li> <li>Occult primary tumors</li> <li>Ovarian cancer</li> </ul>	
Celecoxib <sup>xiii</sup>	<ul> <li>Penile cancer</li> <li>Celecoxib pays at Point of Sale when one of the following Step Therapy criteria are met:</li> <li>Member has filled 3 oral formulary Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) in the previous 180 days</li> <li>Member has filled one of the following in the previous 90 days:         <ul> <li>Proton Pump Inhibitor</li> <li>Histamine H2 Receptor Antagonist</li> <li>Prednisone</li> <li>Warfarin</li> <li>Xarelto</li> <li>Pradaxa</li> </ul> </li> </ul>	Initial and RenewalApproval: One YearQuantity Level Limit: 50mg, 100mg, 200mg: 60 capsules per 30 days400mg:



#### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Eliquis</li> <li>Prescriptions that do not pay at Point of Sale require prior authorization (PA) and Celecoxib may be authorized when one of the following criteria are met:         <ul> <li>Member had previous history of Gastro-Intestinal bleed, or Peptic Ulcer Disease</li> <li>Trial and failure of 3 formulary oral Non-Steroidal Anti-inflammatory Drugs (NSAIDs)</li> </ul> </li> <li>Member had a trial with one of the following:         <ul> <li>Proton Pump Inhibitor</li> <li>Histamine H2 Receptor Antagonist</li> <li>Prednisone</li> <li>Warfarin</li> </ul> </li> </ul>	30 capsules per 30 days
	<ul> <li>Xarelto</li> <li>Pradaxa</li> <li>Eliquis</li> </ul>	
Cinacalcet <sup>xiv</sup> (Sensipar)	<ul> <li>Criteria for Secondary Hyperparathyroidism due to Chronic Kidney Disease on Dialysis:</li> <li>Member is at least 18 years of age</li> <li>Serum calcium greater than or equal to 8.4mg/dL, prior to initiation of therapy</li> <li>Intact parathyroid hormone (iPTH) greater than or equal to 300pg/mL, prior to initiation of</li> </ul>	Initial Approval: 6 months Renewal Approval:
	<ul> <li>Intact paratify our normone (IPTH) greater than or equal to Soopg/ThL, phor to initiation of therapy</li> <li>Inadequate response or intolerable side effect to at least one type of phosphate binder</li> <li>Member meets one of the following criteria:         <ul> <li>Inadequate response or intolerable side effect to calcitriol or paricalcitol</li> <li>Serum phosphate greater than or equal to 5.5mg/dL, or serum calcium greater than or</li> </ul> </li> </ul>	1 year <b>Requires:</b> Serum Calcium 8.4- 12.5mg/dL



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>equal to 9.5mg/dL, and there is persistently elevated parathyroid hormone (PTH), despite maximum therapies to decrease phosphate</li> <li>Criteria for Parathyroid Cancer: <ul> <li>Member is at least 18 years of age</li> <li>Serum calcium is greater than or equal to 12.5mg/dL, prior to initiation of therapy</li> </ul> </li> <li>Criteria for Primary Hyperparathyroidism: <ul> <li>Member is at least 18 years of age</li> <li>Member is not a candidate for parathyroidectomy</li> <li>Serum calcium greater than or equal to 12.5mg/dL, prior to initiation of therapy</li> </ul> </li> </ul>	<ul> <li>Dosing information:</li> <li>1) Dialysis member with secondary hyperparathyroidis m: Up to 300 mg/day</li> <li>2) Hypercalcemia associated with parathyroid carcinoma or primary hyperparathyroidis m: Up to 360 mg/day</li> </ul>
Colony Stimulating Factors	https://www.aetnabetterhealth.com/california/providers/pharmacy/prior-authZarxio, Nivestym, Granix, Neupogen, Neulasta, Neulasta Onpro, Fulphila, Leukine, Udenyca,Ziextenzo	
Constipation Agents <sup>xv</sup>	Irritable Bowel Syndrome with Constipation (IBS-C) or Chronic Idiopathic Constipation (CIC) Amitiza may be authorized when the following are met:	<ul> <li>Initial Approval:</li> <li>Linzess: 6 months</li> <li>Amitiza, Movantik,</li> </ul>



## Pharmacy Prior Authorization

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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Symproic       Constipation (CIC)         Linzess       Member had a treatment failure on at least <b>TWO</b> of the following classes, <b>ON</b> (Nonpreferred/ Nonformulary)       Osmotic Laxatives (for example, lactulose, polyethylene glycol, sorbitol)         Stimulant Laxatives (for example, bisacodyl, senna)         Linzess may be authorized when the following are met:         Member is 18 years of age or older         Diagnosis of Irritable Bowel Syndrome with Constipation (IBS-C) or Chronic I Constipation (CIC)         Member had a treatment failure on Amitiza AND at least TWO of the following classes, ONE of which is an osmotic laxative         Osmotic Laxatives (for example, lactulose, polyethylene glycol, sorbitol)         Bulk Forming Laxatives (for example, bisacodyl, senna)	<ul> <li>Diagnosis of Irritable Bowel Syndrome with Constipation (IBS-C) or Chronic Idiopathic Constipation (CIC)</li> <li>Member had a treatment failure on at least <b>TWO</b> of the following classes, <b>ONE</b> of which is an osmotic laxative: <ul> <li>Osmotic Laxatives (for example, lactulose, polyethylene glycol, sorbitol);</li> <li>Bulk Forming Laxatives (for example, psyllium, fiber);</li> </ul> </li> </ul>	and Symproic: Indefinite (Amitiza/Movantik/ Symproic for Opioid- Induced Constipation requires at least 30 days of opioids in the prior four weeks)
	<ul> <li>Member is 18 years of age or older</li> <li>Diagnosis of Irritable Bowel Syndrome with Constipation (IBS-C) or Chronic Idiopathic Constipation (CIC)</li> <li>Member had a treatment failure on Amitiza AND at least TWO of the following laxative classes, ONE of which is an osmotic laxative <ul> <li>Osmotic Laxatives (for example, lactulose, polyethylene glycol, sorbitol);</li> <li>Bulk Forming Laxatives (for example, psyllium, fiber);</li> <li>Stimulant Laxatives (for example, bisacodyl, senna)</li> </ul> </li> </ul>	Renewal Approval:• Linzess: 6 months• Amitiza, Movantik, and Symproic: Indefinite (Amitiza/Movantik/ Symproic for Opioid- Induced Constipation requires at least 30 days of opioids in the prior four weeks)
		<u>Quantity Level Limit</u> (QLL):





## Pharmacy Prior Authorization

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Member has at least 30 days of opioids in the prior four weeks	Linzess: 30 tablets for 30
	<ul> <li>Member had a treatment failure of at least one medication from TWO of the following classes:</li> </ul>	days
	<ul> <li>Osmotic Laxatives (for example, polyethylene glycol (PEG) 3350, lactulose, magnesium citrate/hydroxide)</li> </ul>	
	<ul> <li>Stimulant Laxatives (for example, bisacodyl, sodium picosulfate, senna)</li> </ul>	
Corlanor <sup>xvi</sup>	May be authorized for members 18 years of age or older when the following criteria are	Initial Approval:
	met:	6 months
	• Diagnosis of stable symptomatic chronic heart failure (New York Heart Association (NYHA)	
	Class II-III)	<u>Renewals</u> :
	Left ventricular ejection fraction (LVEF) is less than or equal to 35%	1 year
	• Member is in sinus rhythm with a resting heart rate greater than or equal to 70 beats per	
	minute	Requires:
	Continuation of therapy with maximally tolerated beta-blocker, or there is intolerance or contraindication to beta-blockers	Member is     responding to
	Continuation of therapy with angiotensin-converting-enzyme inhibitor (ACEI)/Angiotensin	treatment
	Receptor Blockers (ARB), or Entresto, or there is intolerance, or contraindication to	Heart rate is within
	angiotensin-converting-enzyme inhibitor (ACEI)/Angiotensin Receptor Blockers (ARB), or	recommended range
	Entresto	for continuation of
	<ul> <li>Note: Entresto requires Prior Authorization</li> </ul>	maintenance dose
	Provider attestation that no contraindications to treatment exist:	For example, 50-
	<ul> <li>Acute decompensated heart failure</li> </ul>	60 beats per
	<ul> <li>Blood pressure less than 90/50 mmHg</li> </ul>	minute, or dose



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Pacemaker dependent (for example: heart rate maintained exclusively by pacemaker)</li> <li>Sick sinus syndrome, sinoatrial block of third-degree AV block (unless functioning demand pacemaker is present)</li> <li>Severe hepatic impairment (Child-Pugh class C)</li> <li>May be authorized for pediatric members 6 months of age or older when the following criteria are met:</li> <li>Diagnosis of heart failure due to dilated cardiomyopathy</li> <li>Member is in sinus rhythm with a resting heart rate of greater than or equal to 70 beats per minute</li> <li>Provider attestation that no contraindications to treatment exist: <ul> <li>Acute decompensated heart failure</li> <li>Blood pressure less than 90/50 mmHg</li> <li>Pacemaker dependent (for example, heart rate maintained exclusively by pacemaker)</li> <li>Sick sinus syndrome, sinoatrial block of third-degree AV block (unless functioning demand pacemaker is present)</li> <li>Severe hepatic impairment (Child-Pugh class C)</li> </ul> </li> </ul>	adjusted accordingly to achieve goal Quantity Level Limit: Adults and Pediatrics: 60 tablets per 30 days Oral solution for pediatrics: 120 ampules per 30 days
<b>Compounds</b> <sup>xvii</sup>	<ul> <li>Compounds are not a covered benefit with the following exceptions:</li> <li>If each active ingredient is Food and Drug Administration (FDA)-approved (non-bulk chemicals also known as Active Pharmaceutical Ingredient (API))</li> <li>If each active ingredient is used for an indication that is Food and Drug Administration (FDA)-approved or compendia supported</li> </ul>	Initial Approval: For market shortages: 3 months All others: 6 months



### Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>The final route of administration of the compound is the same as the Food and Drug Administration (FDA)-approved or compendia supported route of administration of each active ingredient. (for example, oral baclofen tablets should not be covered for topical use)</li> <li>Member meets one of the following:         <ul> <li>Has an allergy and requires a medication to be compounded without a certain active ingredient (for example dyes, preservatives, fragrances)</li> <li>This situation requires submission of a Food and Drug Administration (FDA) MedWatch form consistent with Dispense as Written (DAW) 1 guidelines</li> <li>Cannot consume the medication in any of the available formulations and the medication is medically necessary</li> <li>Commercial prescription product is unavailable due to a market shortage (or discontinued) and is medically necessary</li> <li>Request is for 17-alpha hydroxyprogesterone caproate (even if bulk ingredients are used) for the prevention of preterm birth, in women who are pregnant with a singleton pregnancy, and have history of prior spontaneous preterm birth</li> <li>Request is for formulary antibiotic or anti-infective for injectable use (For example, formulary injection needing to be mixed with sodium chloride to create an IV compound)</li> </ul> </li> </ul>	Renewals: For market shortages: 3 months All others: 1 year



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	exceeds \$200.	
	<ul> <li>The following compounds are examples of preparations that Aetna considers to be experimental and investigational, because there is inadequate evidence in the peer-reviewed published medical literature of their effectiveness:         <ul> <li>Bioidentical hormones and implantable estradiol pellets</li> <li>Nasal administration of nebulized anti-infectives for treatment of sinusitis</li> <li>Topical Ketamine, Muscle Relaxants, Antidepressants, Non-Steroidal Anti-Inflammatory Drugs (NSAIDS)</li> <li>Anticonvulsants products typically used for pain</li> <li>Proprietary bases: PCCA Lipoderm Base, PCCA Custom Lipo-Max Cream, Versabase Gel, Lipopen Ultra Cream, PCCA Pracasil Plus Base, Spirawash Gel Base, Versabase Gel, Versatile Cream Base, PLO Transdermal Cream, Transdermal Pain Base Cream, PCCA Emollient Cream Base, Penderm, Salt Stable LS Advanced Cream, Ultraderm Cream, Base Cream Liposome, Mediderm Cream Base, Salt Stable Cream</li> </ul> </li> </ul>	
Central	Authorization Guidelines for All Agents:	Initial Approval:
Nervous	The prescribed stimulant is a preferred formulary agent, or the member meets the criteria	Attention Deficit
System (CNS)	for a non-preferred stimulant as described below	Hyperactivity
Stimulants <sup>xviii</sup>	Stimulant is prescribed within Food and Drug Administration (FDA) approved daily dosing guidelines	Disorder/Attention Deficit Disorder
<b>Formulary</b>	Member will be taking only one type of stimulant medication as therapy (methylphenidate	(ADHD/ADD) less



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
amphetamine/ dextroamphet- amine dexmethyl- phenidate dextroamphet- amine methylphenidat e IR, ER, LA, CD/CR <b>Non-Formulary</b> Vyvanse Evekeo Aptensio XR Daytrana Quillivant XR Methamphet- amine Dyanavel XR Mydayis Adhansia XR	<ul> <li>or amphetamine-based drug) <ul> <li>A short-acting stimulant medication to be combined with a long-acting stimulant medication of the same drug type may be approved when there is documentation of the long-acting version not lasting for sufficient daily duration</li> </ul> </li> <li>Additional Guidelines for Adults over 18: <ul> <li>Member has a diagnosis of Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD), narcolepsy, idiopathic hypersomnia, or fatigue related to cancer or multiple sclerosis</li> <li>In addition, members initiating stimulant for Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD) must meet the following: <ul> <li>Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD)</li> <li>diagnosis is documented in medical record and is based on comprehensive evaluation by appropriate specialist, and includes evidence-based rating scale</li> <li>For example, but not limited to Adult Self Report Scale V1.1 (ASRS V1.1).</li> <li>The symptoms must also meet Diagnostic and Statistical Manual of Mental Disorders (DSM5) criteria</li> <li>Other conditions (such as depression, anxiety, conduct disorder or tics) have been ruled out or are being appropriately treated</li> <li>For members with history of substance abuse disorder, a urine drug screen is included in the treatment plan (does not require submission of results)</li> </ul> </li> </ul></li></ul>	<ul> <li>than 6 years: 1 year</li> <li>Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD) 6-18 years: Up to age 21</li> <li>Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD) greater than 18 years: 1 year</li> <li>Narcolepsy, idiopathic hypersomnia, or fatigue related to cancer or multiple sclerosis: 1 year</li> <li>Binge Eating Disorder (Vyvanse): 12 weeks</li> </ul>
Jornay PM	Member has a diagnosis of Attention Deficit Hyperactivity Disorder/Attention Deficit	<u>Renewal Approval</u> :



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Aptensio XR	Disorder (ADHD/ADD), or narcolepsy	Attention Deficit
Contempla XR-	In addition, members initiating stimulant for of Attention Deficit Hyperactivity	Hyperactivity
ODT	Disorder/Attention Deficit Disorder (ADHD/ADD) must meet the following:	Disorder/Attention
	<ul> <li>Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD)</li> </ul>	Deficit Disorder
	diagnosis is documented in medical record and is based on comprehensive evaluation	(ADHD/ADD) less
	by appropriate specialist or primary care provider.	than 6 years: 1 year
	• The evaluation must include an evidence-based rating scale	Attention Deficit
	<ul> <li>For example, but not limited to Swanson, Nolan, Pelham-IV Questionnaire (SNAP-</li> </ul>	Hyperactivity
	IV)).	Disorder/Attention
	<ul> <li>The symptoms must also meet Diagnostic and Statistical Manual of Mental</li> </ul>	Deficit Disorder
	Disorders (DSM5) criteria	(ADHD/ADD) 6-18
	• Other conditions (such as depression, anxiety, conduct disorder or tics) have been	years: up to age 21
	ruled out or are being appropriately treated	Attention Deficit
	• For members with history of substance abuse disorder, a urine drug screen is included	Hyperactivity
	in the treatment plan (does not require submission of results)	Disorder/Attention
	<ul> <li>Evidence-based behavioral therapy (child, teacher, and/or caregiver) has been</li> </ul>	Deficit Disorder
	considered as part of the treatment plan. The therapy can be ongoing, previously	(ADHD/ADD) greater
	completed or noted as not appropriate or necessary in this case	than 18 years: 1 year
	Additional Guidelines for Children Age 5 and Under:	Narcolepsy,
	<ul> <li>Member continues to have Attention Deficit Hyperactivity Disorder/Attention Deficit</li> </ul>	idiopathic
	Disorder (ADHD/ADD) symptoms despite evidence-based parent and/or teacher-	hypersomnia, or
	administered behavior therapy	fatigue related to
	<ul> <li>Requests for use in children age 5 and under are generally not considered to be medically</li> </ul>	cancer or multiple



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>necessary, since many stimulant medications are not Food and Drug Administration (FDA) approved for use in this age group</li> <li>Safety and efficacy in this age group has not been established and is not supported by the currently published peer-reviewed medical literature</li> <li>All requests will be reviewed on a case-by-case basis by the plan Medical Director</li> <li>Additional Guidelines for Non-Preferred Agents: <ul> <li>Member meets criteria noted above based on age</li> <li>Member has adverse reaction or contraindication to all preferred agents that does not also exist for the requested non-preferred drug, or</li> <li>Member has failed to respond to at least two formulary stimulants (one formulary stimulant from each of the stimulant subclasses) (for example, amphetamine/dextroamphetamine and methylphenidate/ dexmethylphenidate).</li> <li>Requests for a non-preferred, extended release product, require failure of extended release formulation of the preferred agents</li> <li>Requests for a non-preferred, immediate release product, require failure of the immediate release formulation of the preferred agents</li> </ul> </li> </ul>	sclerosis: 1 year Binge Eating Disorder (Vyvanse): 12 weeks Renewal Requirements for Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD) and Narcolepsy: Attestation of response to therapy Attestation of member adherence to therapy Renewal Requirements
	<ul> <li>Authorization Guidelines for Vyvanse for Binge Eating Disorder:</li> <li>Member is 18 years of age or older</li> </ul>	for Binge Eating Disorder:
	<ul> <li>Prescribed by, or in consultation with, a psychiatrist</li> <li>Member meets Diagnostic and Statistical Manual of Mental Disorders (DSM5) criteria for Binge Eating Disorder (BED) diagnosis</li> <li>Member has a Body Mass Index (BMI) of greater than 25 kg/m<sup>2</sup></li> </ul>	Member continues to receive evidence based behavioral therapy



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Attestation and/or claims history review of the following:         <ul> <li>Member is receiving nutritional counseling or psychotherapy</li> <li>Member had inadequate response or intolerance to at least two formulary medications used for Binge Eating Disorder (BED) (for example, Selective Serotonin Reuptake Inhibitors (SSRIs), topiramate, or zonisamide)</li> <li>Member has not taken monoamine oxidase inhibitors in the past 14 days</li> <li>There is no recent history of substance abuse</li> <li>Member is not concurrently taking other stimulants</li> <li>There is no history of cardiac disease (arrhythmia, cardiac structural abnormalities, coronary artery disease)</li> </ul> </li> </ul>	Decrease in the number of binge days per week
Cystic Fibrosis (pulmonary) Medications <sup>xix</sup>	<ul> <li>Medical Records required for all Cystic Fibrosis Medications</li> <li>Pulmozyme may be authorized when the following are met: <ul> <li>Member has a diagnosis of Cystic Fibrosis</li> <li>Member is at least 5 years of age</li> </ul> </li> </ul>	Initial Approval: Kalydeco, Symdeko and Orkambi, Trikafta: 3 months
Pulmozyme Tobramycin Nebulizer Tobi Podhaler Bethkis Kitabis Cayston Kalydeco	<ul> <li>Member is at least 5 years of age</li> <li>Tobramycin Nebulizer Solution (generic for Tobi) may be authorized when the following are met: <ul> <li>Member has a diagnosis of Cystic Fibrosis</li> <li>Member is at least 6 years of age</li> <li>Forced Expiratory Volume in one second (FEV<sub>1</sub>) is between 25-80% predicted</li> <li>Sputum cultures are positive for <i>P.aeruginosa</i>.</li> </ul> </li> </ul>	Non-cystic fibrosis bronchiectasis Tobramycin nebulizer solution, Kitabis, Tobi Podhaler, Bethkis: 12 months



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### **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Orkambi Symdeko	Member is not colonized with <i>Burkholderia cepacia</i>	All others: Indefinite
Trikafta	<ul> <li>Tobi Podhaler, Bethkis or Kitabis may be authorized when the following are met:</li> <li>Member meets above criteria for tobramycin nebulizer solution</li> <li>Member had an inadequate response, or intolerable side effect(s) with tobramycin nebulizer solution (generic).</li> </ul>	<b>Renewal:</b> Kalydeco, Symdeko, Orkambi, Trikafta: 12 months
	<ul> <li>Tobramycin Nebulizer Solution (generic for Tobi), Kitabis, Tobi Podhaler or Bethkis may be authorized for non-cystic fibrosis bronchiectasis when the following are met</li> <li>Sputum cultures or chart notes document the presence of pseudomonas aeruginosa</li> <li>Member has tried formulary alternatives (for example, ciprofloxacin, sulfamethoxazole/trimethoprim) or formulary alternatives are contraindicated for non-cystic fibrosis bronchiectasis</li> <li>In addition, for Tobi Podhaler, Bethkis and Kitabis member had an inadequate response, or intolerable side effect(s) with tobramycin nebulizer solution (generic)</li> </ul>	<ul> <li>Requires:</li> <li>Documentation to support response to therapy (symptom improvement and/or stable Forced Expiratory Volume in one second (FEV<sub>1</sub>)).</li> <li>Pediatric members:</li> </ul>
	<ul> <li>Cayston may be authorized when the following are met:</li> <li>Member has a diagnosis of Cystic Fibrosis</li> <li>Member is at least 7 years of age</li> <li>Forced expiratory volume in one second (FEV<sub>1</sub>) is between 25-75% predicted</li> <li>Sputum cultures are positive for <i>P.aeruginosa</i>.</li> <li>Member is not colonized with <i>Burkholderia cepacia</i></li> <li>Member had an inadequate response, or intolerable side effect(s) with 2 different formulary</li> </ul>	<ul> <li>Eye exam due to the possible development of cataracts.</li> <li>Transaminase (Aminotransferase (ALT), Aspartate</li> </ul>



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	tobramycin nebulizer solution products OR sputum cultures show resistance to tobramycin	Aminotransferase (AST)) monitoring
	Kalydeco can be recommended for approval when the following are met:	Liver Function Tests:
	Prescribed by, or in consultation with, a pulmonologist	Kalydeco, Symdeko,
	Member has a diagnosis of Cystic Fibrosis	Orkambi and Trikafta
	Member is at least 1 year of age	should be temporarily
	• Lab results to support member has one gating mutation OR one residual function mutation	discontinued if
	in the Cystic Fibrosis Transmembrane Conductance Regulator (CFTR) gene that is	Alanine
	responsive to Kalydeco (ivacaftor).	Aminotransferase
	Member is not homozygous for the Phe508del mutation in the Cystic Fibrosis	(ALT)/Aspartate
	Transmembrane Conductance Regulator (CFTR) gene.	Aminotransferase
	• For pediatric members, an eye examination is required at baseline and periodically	(AST) are greater
	throughout therapy.	than 5 times the
	• Transaminase (Aminotransferase (ALT), Aspartate Aminotransferase (AST)) monitoring and	upper limit of normal
	liver function tests have been evaluated and dose has been reduced for members with moderate to severe hepatic impairment	(ULN) or Alanine Aminotransferase
	<ul> <li>For members taking a moderate or strong CYP3A inhibitor (for example, fluconazole,</li> </ul>	(ALT) or Aspartate
	erythromycin, ketoconazole, itraconazole, posaconazole, voriconazole, telithromycin, and	Aminotransferase
	clarithromycin), reduce Kalydeco dose	(AST)) is greater
		than3 times the
	Orkambi can be recommended for approval when the following are met:	upper limit of normal
	Prescribed by, or in consultation with pulmonologist	(ULN) with bilirubin
	Member has a diagnosis of Cystic Fibrosis	greater than 2 times



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Member is at least 2 years of age	the upper limit of
	<ul> <li>Lab results to support member is homozygous for the F508del mutation in the Cystic Fibrosis Transmembrane Conductance Regulator (CFTR) gene</li> </ul>	normal (ULN)
	For pediatric members, an eye examination is required at baseline and periodically	
	throughout therapy.	Non-cystic fibrosis
	Transaminase (Aminotransferase (ALT), Aspartate Aminotransferase (AST)) monitoring at	bronchiectasis
	baseline and liver function tests have been evaluated and dose reduced for members with	Tobramycin nebulizer
	moderate to severe hepatic impairment	solution, Kitabis, Tobi
	<ul> <li>For members initiating Orkambi and are currently taking a strong Cytochrome P450, family 3, subfamily A (CYP3A) inhibitor (for example, ketoconazole, itraconazole, posaconazole, voriconazole, telithromycin, and clarithromycin), reduce Orkambi dose</li> </ul>	Podhaler, Bethkis: 12 months
	vonconazole, tellini omycin, and clantin omycin), reduce orkanior dose	Requires:
	Symdeko can be recommended for approval when the following are met:	Documentation to
	<ul> <li>Prescribed by, or in consultation with pulmonologist</li> </ul>	support response to
	Member has a diagnosis of Cystic Fibrosis	therapy
	Member is at least 12 years of age	
	Lab results to support ONE of the following:	
	<ul> <li>Member is homozygous for the F508del mutation in the Cystic Fibrosis</li> </ul>	QLL:
	Transmembrane Regulator (CFTR) gene	Tobramycin: 56
	<ul> <li>Member has at least one mutation in the Cystic Fibrosis Transmembrane</li> </ul>	ampules per 56 days
	Conductance Regulator (CFTR) gene that is responsive to Symdeko(tezacaftor- ivacaftor)	(28 days of therapy followed by 28 days
	• For members who are homozygous for the F508del mutation in the Cystic Fibrosis	off)



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Transmembrane Conductance Regulator (CFTR) gene, the member had an inadequate response, or intolerable side effect(s) with Orkambi</li> <li>Transaminase (Aminotransferase (ALT), Aspartate Aminotransferase (AST)) monitoring at baseline, and liver function tests have been evaluated and dose reduced for members with moderate to severe hepatic impairment</li> <li>For members taking a moderate to strong Cytochrome P450, family 3, subfamily A (CYP3A) inhibitor (for example, fluconazole, erythromycin, ketoconazole, itraconazole, posaconazole, voriconazole, telithromycin, and clarithromycin), reduce Symdeko dose.</li> <li>Trikafta can be recommended for approval when the following are met:</li> </ul>	<ul> <li>Cayston: 84 ampules per 56 days (28 days of therapy followed by 28 days off)</li> <li>Kalydeco: 56 tablets per 28 days</li> <li>Orkambi: 112 tablets per 28 days</li> <li>Symdeko: 56 tablets per 28 days</li> </ul>
	<ul> <li>Prescribed by, or in consultation with pulmonologist</li> <li>Member has a diagnosis of Cystic Fibrosis</li> <li>Pretreatment forced expiratory volume (FEV<sub>1</sub>)</li> <li>Member is at least 12 years of age</li> <li>Lab results to support the following:</li> <li>Member has at least one F508del mutation in the Cystic Fibrosis Transmembrane Regulator (CFTR) gene</li> <li>For members who are homozygous for the F508del mutation in the Cystic Fibrosis Transmembrane Conductance Regulator (CFTR) gene, the member had an inadequate response, or intolerable side effect(s) with Orkambi</li> <li>Transaminase (Aminotransferase (ALT), Aspartate Aminotransferase (AST)) monitoring at baseline, and liver function tests have been evaluated and dose reduced for members with moderate to severe hepatic impairment</li> </ul>	per 28 days • Trikafta: 84 tablets per 28 days



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	• For members taking a moderate to strong Cytochrome P450, family 3, subfamily A (CYP3A) inhibitor (for example, fluconazole, erythromycin, ketoconazole, itraconazole, posaconazole, voriconazole, telithromycin, and clarithromycin), reduce Trikafta dose	
Cytokines and Cell Adhesion Molecule (CAM) Antagonists	https://www.aetnabetterhealth.com/california/providers/pharmacy/prior-auth Actemra, Arcalyst, Cimzia, Cosentyx, Enbrel, Entyvio, Humira, Ilaris, Ilumya, Inflectra, Kevzara, Kineret, Olumiant, Orencia, Remicade, Renflexis, Siliq, Simponi, Simponi Aria, Skyrizi, Stelara, Taltz, Tremfya, Tysabri, Xeljanz, Xeljanz XR	
Daliresp <sup>xx</sup>	<ul> <li>May be approved for adults who meet all of the following:</li> <li>Member is 18 years of age or older</li> <li>Diagnosis of severe Chronic Obstructive Pulmonary Disease (COPD), (for example FEV<sub>1</sub> less than or equal to 50% of predicted) with chronic bronchitis</li> <li>Member had symptomatic exacerbations within the last year</li> <li>Member had inadequate response to a three-month trial and failure, or contraindication to</li> </ul>	Initial Approval: 6 months Renewals: 12 months
	<ul> <li>one of the following:         <ul> <li>long-acting beta-agonist (LABA) + long-acting muscarinic antagonist (LAMA) + inhaled corticosteroid (ICS)</li> <li>long-acting beta-agonist (LABA) + inhaled corticosteroid (ICS)</li> <li>long-acting beta-agonist (LABA) + long-acting muscarinic antagonist (LAMA)</li> </ul> </li> <li>Daliresp will be used in conjunction with one of the following unless contraindicated or intolerant:</li> </ul>	<b>Requires:</b> Improvement in the number of Chronic Obstructive Pulmonary Disease (COPD) exacerbations
	<ul> <li>long-acting beta-agonist (LABA)</li> <li>long-acting muscarinic antagonist (LAMA)</li> </ul>	<b>Quantity Level Limit</b> : 1 tablet per day



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>long-acting beta-agonist (LABA) + long-acting muscarinic antagonist (LAMA)</li> <li>long-acting beta-agonist (LABA) + inhaled corticosteroid (ICS)</li> <li>No evidence of moderate to severe liver impairment (Child-Pugh B or C)</li> </ul>	
Diabetic Testing	Diabetic Test Strip and Glucometer Quantity Limits:	Initial and Renewal Approvals:
Testing Supplies <sup>xxi</sup>	<ul> <li>All diabetic test strips are limited to 150 count per 30 days</li> <li>Glucometers are limited to 1 glucometer per 12 months</li> </ul>	1 year
	<ul> <li>Criteria to Receive Non-Formulary Diabetic Supplies (Member meets one of the following):</li> <li>Physical limitation (manual dexterity or visual impairment) that limits utilization of formulary product</li> <li>Insulin pump requiring a specific test strip</li> <li>Hematocrit levels chronically less than 35% or greater than 45%</li> <li>Accuchek Aviva, Accuchek Nano, Accuchek Performa, and Freestyle Freedom Lite are accurate for hematocrit 10-65%</li> </ul>	Initial Approval for Continuous Glucose Monitoring: 6 months • One Monitor/Reader/ Display Device • Sensors/Transmit ters allotted for 6 months (or approximately up
	Criteria to Receive Greater Than 150 Test Strips Per Month (Member meets one of the following):	to 6 months): o Freestyle
	<ul> <li>Newly diagnosed diabetes or gestational diabetes</li> <li>Children with diabetes that are less than 18 years of age</li> </ul>	Libre 10 day: 18



#### Pharmacy Prior Authorization

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Member is on insulin pump</li> <li>Member is on high intensity insulin therapy, and needs to routinely test more than 4-5 times daily</li> </ul>	sensors per 180 days
	Criteria to Receive Greater Than One Glucometer Per Year (Member meets one of the following):	<ul> <li>Freestyle</li> <li>Libre 14</li> <li>day: 12</li> <li>sensors</li> </ul>
	Current glucometer is unsafe, inaccurate, or no longer appropriate based on medical condition	per 168 days
	Current glucometer no longer functions properly, has been damaged, or was lost or stolen	<ul> <li>Dexcom</li> <li>G5: 24</li> </ul>
	<ul> <li>Criteria to receive a Continuous Glucose Monitoring (for example, FreeStyle Libre, Dexcom G5, Dexcom G6) system requires all of the following:</li> <li>Prescribed by, or in consultation with an endocrinologist</li> </ul>	sensors per 168 days
	<ul> <li>Diagnosis of Type 1 or Type 2 Diabetes</li> <li>Member age is appropriate for prescribed Continuous Glucose Monitor</li> </ul>	<ul> <li>Dexcom</li> <li>G6: 18</li> <li>sensors</li> </ul>
	• Member is using an insulin pump or on multiple daily insulin injections (3 or more daily injections)	per 180 days
	<ul> <li>Member is compliant with self-monitoring and requires one of the following:         <ul> <li>Monitoring blood glucose 4 or more times per day with frequent self-adjustments of insulin dosage OR</li> </ul> </li> </ul>	<ul> <li>Transmitters:         <ul> <li>Dexcom</li> <li>G5, G6: 2</li> <li>transmitter</li> </ul> </li> </ul>



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>History of hypoglycemic unawareness</li> </ul>	s per 180
	Attestation the member has completed a comprehensive diabetes education program	days
	<ul> <li>Criteria to receive another Continuous Glucose Monitoring system requires all of the following:</li> <li>Current monitor not functionally operating</li> <li>Current monitor is out of warranty</li> </ul>	Renewal Approval for Continuous Glucose         Monitoring:         Requires documentation of continued medical necessity         6 months         • Sensors/Transmit ters allotted for 6 months (or approximately up to 6 months):         • Freestyle Libre 10 day: 18 sensors per 180 days         • Freestyle



### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		Requirements Are Met
		Libre 14
		day: 12
		sensors
		per 168
		days
		o Dexcom
		G5: 24
		sensors
		per 168
		days
		o Dexcom
		G6: 18
		sensors
		per 180
		days
		Transmitters:
		o Dexcom
		G5, G6: 2
		transmitter
		s per 180
		days
<b>Direct Renin</b>	Member is 6 years of age or older	Initial Approval:
Inhibitors <sup>xxii</sup>	Diagnosis of hypertension	6 months



#### **Pharmacy Prior Authorization**

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Aliskiren (Tekturna) Tekturna HCT	<ul> <li>For oral pellets:         <ul> <li>Member is unable to swallow tablets</li> </ul> </li> <li>There was inadequate response, or inability to tolerate at least 2 formulary antihypertensive agents from any of the following therapeutic classes:             <ul> <li>Thiazide-type diuretic</li> <li>Calcium Channel Blocker</li> <li>Angiotensin-converting-enzyme (ACE) Inhibitor</li> <li>Angiotensin receptor blocker (ARB)</li> <li>Member is not pregnant</li> </ul> </li> </ul>	<ul> <li><u>Renewal Approval</u>: 6 months</li> <li><i>Requires</i>:</li> <li>Positive response to treatment</li> <li>Member is not pregnant</li> </ul>
Divalproex Extended- Release (ER) <sup>xxiii</sup>	<ul> <li>Divalproex extended-release (ER) products should pay at point of sale when:</li> <li>Member has a seizure disorder</li> </ul>	Initial approval: 1 year
Divalproex ER tablet	Prescriptions for divalproex extended-release (ER) tablets that do not pay at the point of sale require prior authorization (PA) and may be authorized for members who meet the following criteria:	<b>Renewal:</b> 1 year
Divalproex DR tablet	<ul> <li>Member is 18 years of age or older</li> <li>For women of childbearing age, member is utilizing effective contraception if other options are not effective or tolerated</li> <li>Member meets one of the following:         <ul> <li>Medication is being used for bipolar disorder and member is unable to adhere to or tolerate the delayed-release (DR) formulation</li> </ul> </li> </ul>	<i>Requires:</i> Member is responding to treatment





### **Pharmacy Prior Authorization**

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Medication is being used for migraine prophylaxis and two preferred agents have been tried and failed for the condition (for example amitriptyline, beta blockers (metoprolol, propranolol, or timolol), topiramate, or venlafaxine)</li> </ul>	
Dry Eye Medications <sup>xxiv</sup>	May be approved when all of the following criteria is met:         • Cequa:	Initial Approval: 6 months
Cequa Restasis Xiidra	<ul> <li>Member is 18 years of age or older</li> <li><u>Restasis</u>:         <ul> <li>Member is 16 years of age or older</li> </ul> </li> </ul>	<b>Renewal:</b> One year
Andra	<ul> <li><u>Xiidra</u>:</li> <li>Member is 17 years of age or older</li> </ul>	<b>Quantity Level Limit:</b> 60 vials per 30 days
	<ul> <li>Prescribed by, or in consultation with, an ophthalmologist or optometrist</li> <li>Diagnosis of Keratoconjunctivitis Sicca (dry eye syndrome, dysfunctional tear syndrome), dry eye disease, or dry eyes due to Sjogren's Syndrome</li> </ul>	
	• Trial and failure, or intolerance, of at least two different forms of formulary artificial tears, used at least four times per day (for example, gels, ointments, or liquids)	
Dupixent <sup>xxv</sup>	<ul> <li>For Moderate to Severe Atopic Dermatitis, may be authorized when all of the following is met:</li> <li>Member is 12 years of age or older</li> </ul>	Initial Approval: 4 months
	<ul> <li>Documented diagnosis of moderate to severe atopic dermatitis with baseline evaluation of condition:         <ul> <li>Using Patient-Oriented Eczema Measure (POEM), with a score greater than or equal</li> </ul> </li> </ul>	<u>Renewals:</u> 6 months



### Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
	to 8; OR	Requires:
	<ul> <li>Investigator's Global Assessment (IGA) with a score greater than or equal to 3</li> <li>Prescribed by, or in consultation with, a dermatologist, allergist or immunologist</li> <li>Member had an inadequate response or intolerable side effects to all of the following:         <ul> <li>Two preferred (medium to very high potency) topical corticosteroids (for example triamcinolone, clobetasol, mometasone, betamethasone, fluocinonide), or one preferred low potency topical corticosteroid, for sensitive areas, such as face,</li> <li>Tacrolimus</li> <li>One oral systemic therapy such as methotrexate, cyclosporine, azathioprine or mycophenolate</li> </ul> </li> </ul>	Atopic Dermatitis: • Response to medication therapy (for example, reduction in lesions), Patient-Oriented Eczema Measure (POEM) of 0 to 2 (clear or almost clear), or
	For Moderate to Severe Asthma, may be authorized when all of the following is met:	Investigator's Global
	Member is 12 years of age or older	Assessment (IGA) of
	<ul> <li>Documented diagnosis of moderate to severe asthma with one of the following (submission of medical records required):</li> </ul>	0 or 1 (clear or almost clear)
	<ul> <li>Eosinophilic phenotype, with pretreatment eosinophil count greater than or equal to 150/microL</li> </ul>	Asthma of Eosinophilic Phenotype:
	<ul> <li>Corticosteroid dependent asthma (has received greater than or equal to 5 mg/day oral prednisone or equivalent per day)</li> </ul>	Response to therapy     (for example, by a
	Prescribed by, or in consultation with a pulmonologist, allergist, or immunologist	decrease in
	Dupixent will be used as add on therapy to a medium or high dose Inhaled Corticosteroid	exacerbations from
	(ICS), plus one additional controller (for example, Long-Acting Beta Agonist (LABA), or	baseline,
	Long-Acting Muscarinic Antagonist (LAMA)	improvement in



### Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Member has been compliant with medium to high dose Inhaled Corticosteroids (ICS) plus a Long-Acting Beta Agonist (LABA), Long-Acting Muscarinic Antagonist (LAMA), or other controller for at least three months and remains symptomatic</li> <li>Asthma symptoms are uncontrolled, as defined by one of the following:         <ul> <li>Daily use of rescue medications (for example, Short Acting Beta-2 Agonists)</li> <li>Nighttime symptoms occurring one or more times a week</li> <li>Minimum of two exacerbations in the last 12 months requiring additional medical treatment (For example, systemic corticosteroids, emergency department visits, or hospitalization)</li> <li>Forced Expiratory Volume in less than one second (FEV<sub>1</sub>) is less than 80% predicted</li> </ul> </li> </ul>	<ul> <li>Forced Expiratory Volume in less than one second (FEV<sub>1</sub>) from baseline, etc.)</li> <li>Continued use of Dupixent as add on therapy to other asthma medications</li> <li>Dupixent will not be used with another monoclonal antibody</li> </ul>
	Dupixent will not be used with another monoclonal antibody	Cortioostoroid
	For Chronic Rhinosinusitis with Nasal Polyposis (CRSwNP), may be authorized when all of	<u>Corticosteroid</u> Dependent Asthma:
	<ul> <li>the following is met:</li> <li>Member is 18 years of age or older</li> <li>Documented diagnosis of chronic rhinosinusitis with nasal polyposis</li> <li>Dupixent will be used as add-on therapy to intranasal corticosteroids</li> <li>Prescribed by, or in consultation with an ear, nose, and throat (ENT) specialist or an allergist</li> <li>Symptoms have persisted for at least 12 weeks and two out of four hallmark signs and symptoms are present: <ul> <li>Mucopurulent drainage</li> </ul> </li> </ul>	<ul> <li>Response to therapy (for example, by a decrease in dose of oral steroids from baseline, a decrease in exacerbations from baseline, improvement in Forced Expiratory</li> </ul>



#### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

Requirements	Duration of Approval if Requirements Are Met
<ul> <li>Nasal obstruction</li> <li>Decreased sense of smell</li> <li>Facial pain, pressure, and/or fullness</li> <li>Attestation prescriber has confirmed mucosal inflammation is present</li> <li>Member's condition has been inadequately controlled by systemic corticosteroids and/or sinus surgery following intranasal corticosteroids</li> </ul>	<ul> <li>Volume in less than one second (FEV<sub>1</sub>) from baseline, etc.)</li> <li>Continued use of Dupixent as add on therapy to other asthma medications</li> <li>Dupixent will not be used with another monoclonal antibody</li> </ul>
	Chronic Rhinosinusitis with Nasal Polyposis (CRSwNP) Response to therapy (for example, by a decrease in the bilateral endoscopic nasal polyps score (NPS) or nasal congestion/obstructi
	<ul> <li>Nasal obstruction</li> <li>Decreased sense of smell</li> <li>Facial pain, pressure, and/or fullness</li> <li>Attestation prescriber has confirmed mucosal inflammation is present</li> <li>Member's condition has been inadequately controlled by systemic corticosteroids and/or</li> </ul>



### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		baseline)
		Continued use of
		Dupixent as add-on
		therapy to intranasal
		corticosteroids
		Dosing:
		Asthma, moderate to <u>severe:</u> Initial: 400 mg (given as two 200 mg injections) or 600 mg (given as two
		300 mg injections)
		Maintenance: 200 mg
		(following 400 mg initial
		dose) or 300 mg
		(following 600 mg initial
		dose) once every other week
		<u>Asthma, oral</u>



### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		<u>corticosteroid</u> <u>dependent</u> Initial: 600 mg (given as two 300 mg injections)
		Maintenance: 300 mg once every other week
		Atopic dermatitis: Initial: 600 mg (given as two 300 mg injections)
		Maintenance: 300 mg once every other week
		Chronic Rhinosinusitis with Nasal Polyposis (CRSwNP) 300mg once every other
Elmiron <sup>xxvi</sup>	<ul> <li>Elmiron will pay at the point of sale (without requiring a prior authorization) for 6 months when the following criteria is met:</li> <li>Diagnosis of interstitial cystitis (ICD-10 N30.1*)</li> </ul>	week Initial Approval: • 6 months



#### **Pharmacy Prior Authorization**

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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Prescriptions that do not pay at the point of sale require prior authorization and may be authorized for members who meet the following criteria:</li> <li>Diagnosis of bladder pain or discomfort associated with interstitial cystitis</li> </ul>	Renewal:• 6 monthsRequires:Improvement insymptoms (for example:pelvic/bladder pain,urinaryfrequency/urgency)
Emflaza <sup>xxvii</sup>	<ul> <li>Authorization criteria for members 2 years of age and older when all the following are met:</li> <li>Prescribed by or in consultation with a neurologist</li> <li>Documentation indicating member has diagnosis of Duchenne Muscular Dystrophy (DMD) confirmed by one of the following: <ul> <li>Genetic testing demonstrating a mutation in the dystrophin gene,</li> <li>Muscle biopsy evidence of total absence of dystrophin or abnormal dystrophin</li> </ul> </li> <li>Serum creatine kinase (CK) at least 10 times the upper limit of normal</li> <li>Documentation member had a trial of prednisone for at least 6 months with unmanageable and clinically significant weight gain/obesity or psychiatric/behavioral issues (for example abnormal behavior, aggression, or irritability)</li> <li>Documentation of baseline motor milestone scores by one of the following assessments: <ul> <li>6-minute walk test (6MWT)</li> <li>North Star Ambulatory Assessment (NSAA)</li> <li>Motor Function Measure (MFM)</li> </ul> </li> </ul>	Initial Approval: 6 months Renewal Approval: 12 months Requires: Clinical benefit from therapy documented as an improvement in baseline motor milestone scores Attestation to the following:



### Pharmacy Prior Authorization

### **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Hammersmith Functional Motor Scale (HFMS)</li> <li>Attestation of all the following: <ul> <li>Emflaza will not be given concurrently with live vaccinations</li> <li>Member does not currently have an active infection (including Hepatitis B Virus (HBV))</li> </ul> </li> <li>For members with history of Hepatitis B Virus (HBV) infection, prescriber agrees to monitor for Hepatitis B Virus (HBV) reinfection</li> </ul>	<ul> <li>Not given concurrently with live vaccinations</li> <li>Absence of an active infection (including Hepatitis B Virus (HBV)).</li> <li>If member has history of Hepatitis B Virus (HBV) infection, prescriber agrees to monitor for Hepatitis B Virus (HBV) reinfection</li> </ul>
Entresto <sup>xxviii</sup>	<ul> <li>May be approved when the following criteria are met:</li> <li>Diagnosis of heart failure and member meets one of the following:         <ul> <li>18 years of age and older with New York Heart Association (NYHA) Class II-IV chronic heart failure with a reduced ejection fraction (HFrEF) of less than or equal to 40%</li> <li>1 year or older with symptomatic heart failure and systemic left ventricular systolic</li> </ul> </li> </ul>	Initial Approval: One year Renewal Approval: One year



#### Pharmacy Prior Authorization

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>dysfunction</li> <li>For members 18 or older with heart failure and a reduced ejection fraction (HFrEF) of less than or equal to 40%: <ul> <li>Member is tolerating an angiotensin receptor blocker (ARB) or an angiotensin-converting-enzyme inhibitor (ACEI) and Entresto will replace the angiotensin receptor blocker (ARB) and/or angiotensin-converting-enzyme inhibitor (ACEI)</li> <li>Use in conjunction with other heart failure therapies (For example beta blockers, aldosterone antagonist, and combination therapy with hydralazine and isosorbide dinitrate)</li> </ul> </li> <li>For members 1 year or older with symptomatic heart failure and systemic left ventricular systolic dysfunction: <ul> <li>Member is not pregnant</li> </ul> </li> <li>Attestation that Entresto will not be used concomitantly or within 36 hours of the last dose of an angiotensin-converting-enzyme inhibitor (ACEI), or a medication containing aliskiren (For example Tekturna or Tekturna-hydrochlorothiazide)</li> <li>Attestation member does not have: <ul> <li>Severe hepatic impairment (Child Pugh Class C)</li> <li>History of angioedema</li> </ul> </li> </ul>	<ul> <li>Requires:         <ul> <li>Response to treatment</li> <li>Claims history review to verify use in conjunction with other heart failure therapies (For example beta blockers, aldosterone antagonist, and combination therapy with hydralazine and isosorbide dinitrate) for members 18 or older with heart failure and (HFrEF) of less than or equal to 40%</li> <li>Member is not pregnant</li> </ul> </li> </ul>



#### **Pharmacy Prior Authorization**

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Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		<ul> <li>24/26mg: 6 tablets per day (pediatric members only)</li> <li>Other strengths: 2</li> </ul>
		tablets per day
<b>Epidiolex</b> <sup>xxix</sup>	May be authorized when the following criteria are met:	Initial Approval:
	<ul> <li>Member is at least 2 years of age</li> <li>Prescribed by, or in consultation with a neurologist</li> </ul>	6 months
	Medication will be taken as adjunctive therapy to at least one other antiepileptic drug	<u>Renewals:</u>
	• Attestation that serum transaminases and total bilirubin levels have been obtained prior to initiation and will be taken periodically as appropriate (per Food and Drug Administration	1 year
	(FDA) approved labeling)	Requires:
	<ul> <li>Dose must be appropriate for member's liver function and should not exceed 20mg/kg/day</li> <li>For Lennox-Gastaut syndrome:         <ul> <li>Documentation member has tried and failed or has intolerance or contraindication to Onfi<sup>®</sup> (clobazam) and two of the following:             <ul> <li>Valproic acid, topiramate, lamotrigine, and/or felbamate</li> </ul> </li> </ul> </li> </ul>	<ul> <li>Member has had decrease in seizure frequency from baseline</li> <li>Serum transaminase</li> </ul>
	<ul> <li>For Dravet syndrome:         <ul> <li>Documentation member has tried and failed or has intolerance or contraindication to Onfi<sup>®</sup> (clobazam), valproic acid, and one of the following:</li> </ul> </li> </ul>	level has not been greater than 3 times the upper limit of
	<ul> <li>Topiramate, levetiracetam, zonisamide, lamotrigine, or felbamate</li> <li>*Note zonisamide and lamotrigine are not generally recommended in Dravet Syndrome treatment but will be recognized as previous therapy trials should they have been previously</li> </ul>	normal (ULN) while accompanied by bilirubin greater than



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Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	used.	<ul> <li>2 times the ULN</li> <li>Serum transaminase level has not been sustained at greater than 5 times the upper limit of normal (ULN)</li> </ul>
		<b>Quantity Level Limit:</b> 20mg/kg/day. <u>All</u> <u>requests require</u>
		<u>current weight</u> to confirm correct dose not being exceeded
Erythromycin Ethylsuccinate Suspension <sup>xxx</sup>	<ul> <li>May be authorized when one of the following criteria are met:</li> <li>Member has a diagnosis of gastroparesis characterized by delayed gastric emptying without the presence of mechanical obstruction, and         <ul> <li>Member has had an inadequate response, intolerable side effects, or contraindication to metoclopramide,</li> <li>Member has a bacterial infection other than gastroparesis, and</li> </ul> </li> </ul>	<ul> <li>Initial Approval:</li> <li>Gastroparesis: 4 weeks</li> <li>Bacterial infections: requested duration of therapy</li> </ul>
	<ul> <li>Member has had an inadequate response, intolerable side effects, or contraindication to both azithromycin and clarithromycin</li> </ul>	Renewals: 4 weeks Requires: • Member continues to



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Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		show improvement in
		symptoms from baseline
		and tolerates oral
		feeding
Erythropoiesis	Preferred Agents:	Initial Approval:
Stimulating	Epogen and Retacrit are the preferred Erythropoiesis Stimulating Agents (ESA).	• Perioperative:
Agents		Up to 21 days of
(ESAs) <sup>xxxi</sup>	Non-Preferred Agents:	therapy per surgery
	<ul> <li>Requests for Procrit require trial and failure of Epogen and Retacrit.</li> </ul>	All other indications:
	• Requests for Aranesp and Mircera require trial and failure of Epogen, Retacrit and Procrit.	3 months
Preferred		
Agents:	Documentation is required for both initial and renewal requests	<b>Renewal Approval:</b>
Epogen		• 3 months
Retacrit	General Authorization Guidelines for All Indications:	
	Member does not have uncontrolled hypertension	Requires:
Non-Preferred	Member has adequate iron stores to support erythropoiesis demonstrated by one of the	<ul> <li>Follow up iron studies</li> </ul>
Agents:	following:	showing member has
Procrit	<ul> <li>Serum ferritin greater than or equal to 100 ng/mL, and transferrin saturation (iron</li> </ul>	adequate iron to
Aranesp	saturation) greater than or equal to 20%	support
Mircera	<ul> <li>Reticulocyte hemoglobin content (CHr) greater than 29 pg</li> </ul>	erythropoiesis
		Anemia due to
	Additional Criteria Based on Indication:	Chronic Kidney



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Anemia due to Chronic Kidney Disease (CKD)	Disease:
	Hemoglobin less than 10 g/dL within the last 2 weeks	<ul> <li>Adults: Hemoglobin les</li> </ul>
	Anemia due to Cancer Chemotherapy	than 11 g/dL for
	Anemia is because of concomitant myelosuppressive chemotherapy	those on dialysi
	Diagnosis of non-myeloid malignancy (for example, solid tumor) and expected outcome is not cure	or less than 10g/dL for those
	There is a minimum of two additional months of planned chemotherapy	not on dialysis
	Hemoglobin less than 10 g/dL within the last 2 weeks	within the last 2 weeks
	Anemia in Members with Human Immunodeficiency Virus (HIV) receiving zidovudine	<ul> <li>Pediatrics:</li> </ul>
	(Procrit, Epogen, and Retacrit only)	Hemoglobin les
	Zidovudine dose less than or equal to 4200 mg/week	than 12 g/dL in
	<ul> <li>Endogenous erythropoietin levels ≤ 500 IU/L</li> </ul>	the last 2 weeks
	Hemoglobin <10 g/dL within the last 2 weeks	Anemia due to cancer
	Reducing transfusions in members undergoing elective, non-cardiac, nonvascular surgery ( <i>Procrit, Epogen, and Retacrit only</i> )	chemotherapy, or member with Huma
	• Hemoglobin greater than 10 g/dL, and less than or equal to 13 g/dL within 30 days prior to planned surgery date	Immunodeficiency Virus:
	Member is at high risk for perioperative blood loss	<ul> <li>Hemoglobin les</li> </ul>
	Member is unable or unwilling to donate autologous blood preoperatively	than 11 g/dL within the last 2





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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Anemia associated with Myelodysplastic Syndrome (MDS) (Procrit, Epogen, Retacrit, and Aranesp only)</li> <li>Recent endogenous erythropoietin level less than or equal to 500 IU/L</li> <li>Hemoglobin less than 10 g/dL within the last 2 weeks</li> </ul> Anemia in member receiving Hepatitis C treatment (Retacrit, Procrit, and Epogen only) <ul> <li>Member is receiving combination therapy with ribavirin and interferon alpha</li> <li>Hemoglobin less than 12 g/dL within the last 2 weeks</li> </ul>	weeks <ul> <li>Anemia due to Myelodysplastic Syndrome: <ul> <li>Hemoglobin less than 12 g/dL in the last 2 weeks</li> </ul> </li> </ul>
Estradiol Vaginal Cream 0.01% <sup>[i]</sup>	<ul> <li>Estradiol Vaginal Cream 0.01% is approved when <u>one</u> of the following criteria is met:</li> <li>Member had inadequate response, intolerable side effects, or contraindication to Estradiol Vaginal Tablets</li> <li>Member is 10 years of age or younger with a diagnosis of labial adhesion</li> </ul>	Initial Approval: 6 months Renewal Approval: 6 months Requires: Attestation of response to therapy
Eucrisa <sup>xxxii</sup>	<ul> <li>May be authorized when all of the following criteria is met:</li> <li>Member is at least two years of age</li> <li>Diagnosis of mild to moderate atopic dermatitis with baseline evaluation of condition:         <ul> <li>Using Patient-Oriented Eczema Measure (POEM), with a score greater than or equal to 3; OR</li> <li>Investigator's Global Assessment (IGA) with a score greater than or equal to 2</li> </ul> </li> <li>Prescribed by, or in consultation with, a dermatologist, allergist or immunologist</li> </ul>	Initial Approval: 4 weeks Renewals: 3 months Requires:



### Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Member had an inadequate response or intolerable side effects to all of the following:         <ul> <li>Two preferred (medium potency) topical corticosteroids (such as hydrocortisone, triamcinolone, mometasone, betamethasone, fluticasone); for sensitive areas, such as the face, one preferred low potency topical corticosteroid</li> <li>Tacrolimus</li> <li>One oral systemic therapy such as methotrexate (MTX), cyclosporine, azathioprine or mycophenolate</li> </ul> </li> </ul>	<ul> <li>Response to medication therapy (for example, reduction in lesions), Patient-Oriented Eczema Measure (POEM) of 0 to 2 (clear or almost clear), or Investigator's Global Assessment (IGA) of 0 or 1 (clear or almost clear)</li> </ul>
		60 gm tube per month 100 gm tube per month
everolimus	General Criteria:	Initial Approval:
	<ul> <li>Prescribed by, or in consultation with oncologist</li> </ul>	6 months
(Afinitor /	<ul> <li>Member is 18 years of age or older</li> </ul>	
Afinitor	<ul> <li>Age exception: Afinitor disperz for the following diagnosis:</li> </ul>	<u>Renewal:</u>



#### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
disperz) <sup>xxxiii</sup>	<ul> <li>Subependymal Giant Cell Astrocytoma (SEGA)</li> <li>Tuberous Sclerosis Complex Associated Partial-Onset Seizures</li> </ul>	1 year
	<ul> <li>In addition, may be authorized when one of the following criteria are met:</li> <li>Breast Cancer <ul> <li>Human epidermal growth factor receptor 2 (HER2)-Negative breast cancer and Hormone receptor positive</li> <li>For example, estrogen-receptor positive, or progesterone-receptor positive</li> </ul> </li> <li>Member status meets one of the following: <ul> <li>Postmenopausal</li> <li>Premenopausal woman being treated with ovarian ablation/suppression</li> <li>Male</li> </ul> </li> <li>Failure of treatment with letrozole, anastrozole, or tamoxifen</li> <li>Used in combination with exemestane</li> </ul> <li>Advanced Neuroendocrine Tumors <ul> <li>Member meets one of the following criteria:</li> <li>Progressive neuroendocrine tumor of pancreatic origin</li> <li>Progressive, well-differentiated, non-functional neuroendocrine tumors of gastrointestinal tract or lung</li> </ul> </li> <li>Note: Afinitor tablets is not indicated for treatment of members with functional carcinoid tumors</li> <li>Tuberous Sclerosis Complex</li> <li>Renal angiomyolipoma, not requiring immediate surgery</li>	<b>Requires:</b> Clinically significant improvement or stabilization of disease state

6/3/2019, 8/1/2019, 10/1/2019, 12/2/2019, 4/1/2020, 06/08/2020

Current Version Effective: 8/18/2020



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### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Advanced Renal Cell Carcinoma</li> <li>Member meets one of the following criteria:         <ul> <li>Non-clear cell histology</li> <li>Clear cell histology</li> <li>Trial and failure with Sutent) or sorafenib (Nexavar)</li> </ul> </li> </ul>	
	<ul> <li>Waldenstrom Macroglobulinemia -Lymphoplasmacytic Lymphoma</li> <li>Trial and failure with a first line chemotherapy regimen         <ul> <li>For example, bendamustine-rituximab, bortezomib-dexamethasone-rituximab, rituximab-cyclophosphamide-dexamethasone, or others</li> </ul> </li> </ul>	
	<ul> <li>Soft Tissue Sarcoma         <ul> <li>Member has one of the following diagnosis:</li> <li>Perivacular epithelioid cell</li> <li>Recurrent Angiomyolipoma</li> <li>Lymphangioleiomyomatosis</li> </ul> </li> </ul>	
	<ul> <li>Soft Tissue Sarcoma - Gastrointestinal Stromal Tumors (GIST)</li> <li>Member had trial and failure with imatinib, Sutent and Stivarga</li> <li>Will be used in combination with imatinib, Sutent, or Stivarga</li> </ul>	
	<ul> <li>Classical Hodgkin Lymphoma</li> <li>Relapse or refractory disease         <ul> <li>Failure to first line chemotherapy regimen</li> <li>ABVD (doxorubicin, bleomycin, vinblastine, dacarbazine), or BEACOPP (bleomycin, etoposide, doxorubicin, cyclophosphamide, vincristine, procarbazine, prednisone), or others</li> </ul> </li> </ul>	
	Thyroid Carcinoma	



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### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Member has locally advanced or metastatic disease</li> <li>Diagnosis is of follicular, Hürthle cell, or Papillary carcinoma</li> </ul>	
	Thymomas and Thymic Carcinomas	
	<ul> <li>Trial and failure with at least one first line chemotherapy regimen         <ul> <li>For example, cisplatin, doxorubicin, cyclophosphamide preferred for thymoma, or carboplatin-paclitaxel preferred for thymic carcinoma, or others</li> </ul> </li> </ul>	
	<ul> <li>Bone cancer</li> <li>Member has relapsed, refractory or metastatic Osteosarcoma</li> <li>Member had failure with at least one first line chemotherapy regimen</li> <li>Used in combination with Nexavar</li> </ul>	
	Afinitor Disperz tablets for oral suspension	
	<ul> <li>Subependymal Giant Cell Astrocytoma (SEGA) associated with Tuberous Sclerosis</li> <li>Complex (TSC)</li> <li>Age is 1 year or older</li> <li>Membra is not a condidate for curvical reception</li> </ul>	
	<ul> <li>Member is not a candidate for surgical resection</li> <li>Tuberous Sclerosis Complex (TSC) Associated Partial-Onset Seizures</li> <li>Age is 2 years or older</li> </ul>	
	Treatment is adjunctive with antiepileptic medication	
Griseofulvin <sup>xxxiv</sup>	<ul> <li>Griseofulvin is approved when ONE of the following criteria is met:</li> <li>Member had inadequate response, intolerable side effect, or contraindication to ONE of the following agents:</li> </ul>	Initial Approval: 6 months
	o fluconazole	Renewal Approval:



#### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	○ itraconazole	6 months
	o ketoconazole	
	o terbinafine	
	OR	
	Member has a diagnosis of tinea capitis	
Growth	Genotropin, Humatrope, Norditropin, Nutropin, Omnitrope, Saizen, Serostim, somatropin,	
Hormone	Zorbtive, Zomacton	
	See Detailed document:	
	Aetna Better Health of California Pharmacy Guidelines	
Gonadotropin	Requests for non-preferred agents require trial of <u>one</u> preferred agent in addition to clinical	Initial Approval:
Releasing	criteria (exception for gender dysphoria/gender incongruence)	Endometriosis
Hormone		6 months
(GnRH)	Endometriosis	
Analogs <sup>xxxv</sup>	Prescribed by, or in consultation with a gynecologist or obstetrician	Uterine Leiomyoma
U	Member is at least 18 years of age	(fibroids)
	Meets one of the following criteria:	3 months
Firmagon	• Trial and failure of at least one formulary hormonal cycle control agent (for example,	Dysfunctional uterine
Leuprolide	Portia, Ocella, Previfem), or medroxyprogesterone, in combination with a non-steroidal	bleeding
acetate	anti-inflammatory drug (NSAID)	2 months
	<ul> <li>Member has severe disease or recurrent symptoms</li> </ul>	
Lupaneta Pack		Central Precocious
	Effective: 01/01/2018 02/01/2018 02/01/2018 05/01/2018 06/01/2018 08/01/2018 10/01/2018 12/01/2018	Puberty



#### **Pharmacy Prior Authorization**

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Lupron Depot	Uterine Leiomyoma (fibroids)	Supprelin LA: 12 months
Lupron Depot-	Prescribed by, or in consultation with a gynecologist or obstetrician	All others: 6 months
PED	Member is at least 18 years of age	Cancer
Eligard	<ul> <li>Prescribed to improve anemia and/or reduce uterine size prior to planned surgical intervention</li> </ul>	2 years
Orilissa	Trial and failure of iron to correct anemia	Gender Dysphoria 6 months
Trelstar	Endometrial Thinning for Dysfunctional Uterine Bleeding	6 monuns
Triptodur	<ul> <li>Prescribed by, or in consultation with gynecologist or obstetrician</li> </ul>	Renewal Approval:
Vantas	Member is at least 18 years of age	Central Precocious
	<ul> <li>Prescribed to thin endometrium prior to planned endometrial ablation or hysterectomy within the next 4-8 weeks</li> </ul>	<b>Puberty</b> 6 months - 1 year (up to
Synarel		age 11 for females, and
Supprelin LA	<ul> <li>Central Precocious Puberty</li> <li>Prescribed by, or in consultation with endocrinologist</li> </ul>	age 12 for males)
Zoladex	<ul> <li>Magnetic Resonance Imaging (MRI) or Computed Tomography (CT) Scan has been performed to rule out brain lesions or tumors</li> <li>Onset of secondary sexual characteristics earlier than 8 years in females, and 9 years in males</li> <li>Response to a Gonadotropin Releasing Hormone (GnRH) stimulation test (or if not available, other labs to support Central Precocious Puberty (CPP), such as luteinizing hormone level, estradiol and testosterone level)</li> <li>Bone age advanced 1 year beyond chronological age</li> <li>Baseline height and weight</li> </ul>	<ul> <li>Requires:</li> <li>Clinical response to treatment (for example, pubertal slowing or decline, height velocity, bone age, estradiol, and testosterone level)</li> </ul>



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Advanced Prostate Cancer</li> <li>Prescribed by, or in consultation with oncologist or urologist</li> <li>Member is at least 18 years of age</li> <li>Advanced Breast Cancer</li> </ul>	Endometriosis (Lupron Depot/Lupaneta only): 6 months <i>Requires</i> • Treatment is for
	<ul> <li>Prescribed by, or in consultation with an oncologist</li> <li>Member is at least 18 years of age and premenopausal at time of diagnosis</li> </ul>	recurrence after initial course of
	<ul> <li>Advanced Ovarian Cancer</li> <li>Prescribed by, or in consultation with an oncologist</li> <li>Member meets one of the following: <ul> <li>Cannot tolerate or does not respond to cytotoxic regimens</li> <li>The drug requested is being used for post-operative management</li> </ul> </li> <li>Member is at least 18 years of age</li> </ul>	<ul> <li>therapy</li> <li>Total duration of treatment for both initial and recurrent symptoms will not be longer than 12 months</li> </ul>
	<ul> <li>Salivary Gland Cancer</li> <li>Prescribed by, or in consultation with an oncologist</li> <li>Member has androgen receptor positive recurrent disease, with distant metastases</li> <li>A performance status (PS) score of 0 – 3 by Eastern Cooperative Oncology Group (ECOG) standards</li> </ul>	<ul> <li>Add-back therapy (norethindrone) will be used concurrently</li> </ul>
	<ul> <li>Gender Dysphoria/Gender Incongruence in adolescents</li> <li>Prescribed by a Pediatric Endocrinologist that has collaborated care with a Mental Health Provider</li> </ul>	Uterine Leiomyoma (fibroids) or Dysfunctional Uterine Bleeding
	Member shows a persistent, well-documented diagnosis of gender non-conformity or	Long-term use is not



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval i Requirements Are Me
	dysphoria that worsened with puberty	recommended
	Exhibits signs of puberty with a minimum Tanner stage 2	
	• Member has made a fully informed decision and has given consent, and parent/guardian	Gender Dysphoria
	consents to treatment, or member has been emancipated	12 months
	The member's comorbid conditions are reasonably controlled	Requires:
	Member has been educated on any contraindications and side effects to therapy	Lab results to support
	Member has been informed of fertility preservation options prior to treatment	response to treatment
	Gender Dysphoria/Gender Incongruence in Adults	(for example, follicle- stimulating hormone
	Member is 18 years of age or older	(FSH), luteinizing
	Prescribed by an Endocrinologist that has collaborated care with a Mental Health Provider	hormone (LH), weight,
	Member shows a persistent, well-documented diagnosis of gender	height, tanner stage,
	dysphoria/incongruence	bone age)
	• The member has the capacity to make a fully informed decision and consents to treatment	bone age)
	Mental health concerns, if present, are reasonably well controlled	
	Member has been informed of fertility preservation options prior to treatment	
lepatitis C	Preferred agent: Mavyret	
	Treatment Policy for the management of Chronic Hepatitis C is available at:	
	https://www.aetnabetterhealth.com/california/providers/pharmacy/prior-auth	
lereditary	Berinert, Cinryze, Firazyr, Kalbitor, Ruconest, Takhzyro	



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Angioedema (HAE) Agents	https://www.aetnabetterhealth.com/california/providers/pharmacy/prior-auth	
Hetlioz <sup>xxxvi</sup>	<ul> <li>Authorization criteria for members 18 years of age and older:</li> <li>Prescribed by, or in consultation with a sleep specialist (board-certified by the American</li> </ul>	Initial Approval: 6 months
	Board of Sleep Medicine)	omonuis
	Diagnosis of non-24 sleep-wake disorder	Renewals:
	<ul> <li>Requires at least 14 days of documentation of progressively shifting sleep-wake times with sleep diaries (may submit actigraphy if available) (submit documentation)</li> </ul>	1 year
	Member is completely blind with no light perception	Requires:
	No other concomitant sleep disorder (for example, sleep apnea, insomnia)	Attestation that circadian
	Member did not achieve increases in nighttime sleep or decreases in daytime sleep that	rhythms are entrained to
	resulted in a change of entrainment status after a 3 month continuous trial of melatonin or has a documented intolerance or contraindication to the use of melatonin therapy	normal 24-hour cycle
	(recommended dose for non-24-hour sleep wake disorder is melatonin 5-10 mg once daily)	Quantity Level Limit:
		30 capsules every 30 days
HP Acthar <sup>xxxvii</sup>	Submission of appropriate medical records and clinical/chart notes is required.	Initial Approval:
		1 month
	May be authorized when the following criteria has been met:	
	Infantile Spasm:	<u>Renewal:</u>
	Member is two years of age or under	Treatment beyond 4
	<ul> <li>Prescribed by or in consultation with neurologist or epileptologist</li> </ul>	weeks for same episode
	Diagnosis of Infantile Spasm (West syndrome)	is not recommended,



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Confirmation of diagnosis by an electroencephalogram</li> <li>Documentation of current body surface area</li> <li>NOTE: All other indications have not been supported by clinical trials by the manufacturer and are considered experimental and investigational, and hence not medically necessary and will not be covered</li> </ul>	and is not medically necessary, as prolonged use may lead to adrenal insufficiency or recurrent symptoms, which make it difficult to stop treatment <b>Dosing:</b> Infantile spasms: 150u/m <sup>2</sup> into twice daily doses of 75u/m <sup>2</sup>
Hydroxyproges terone caproate injection Makena Auto- Injector <sup>xxxviii</sup>	<ul> <li>Approved when all the following criteria is met:</li> <li>Member is currently pregnant with singleton gestation</li> <li>Prescribed by, or in consultation with provider of obstetrical care</li> <li>Member has history of spontaneous preterm singleton delivery <ul> <li>For example, delivery of infant less than 37 weeks gestation</li> </ul> </li> </ul>	Initial Approval:Until 37 weeks gestationInjections start no earlierthan 16 weeks 0 daysand no later than 23weeks 6 daysSubcutaneousAdministration:Auto-Injector 275mgweekly
		Intramuscular



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Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		Administration: Injection 250mg weekly
Idiopathic Pulmonary Fibrosis Agents <sup>xxxix</sup>	<ul> <li>Documentation is required to support approval, when all the following criteria are met:</li> <li>Member is 18 years of age or older</li> <li>Prescribed by, or in consultation with, a pulmonologist</li> <li>Diagnosis of idiopathic pulmonary fibrosis (IPF) confirmed by one of the following: <ul> <li>High resolution computed tomography (HRCT) demonstrating usual interstitial</li> </ul> </li> </ul>	Initial Approval: 3 months <u>Renewal:</u> 6 months
Esbriet Ofev	<ul> <li>Ingritteretation compared tomography (interly domensional and great interetation pneumonia (UIP)</li> <li>Surgical lung biopsy with usual interstitial pneumonia (UIP)</li> <li>Forced vital capacity (FVC) greater than or equal to 50% predicted</li> <li>Carbon Monoxide Diffusion Capacity (DLCO) greater than or equal to 30%</li> <li>Baseline liver function tests (LFTs) prior to initiating treatment</li> <li>Member is not a current smoker</li> <li>Other known causes of interstitial lung disease have been ruled out (for example, domestic and occupational environmental exposures, connective tissue disease, or drug toxicity)</li> </ul>	Requires:Documentation of all thefollowing:• Stable Forced Vital Capacity (FVC) (recommend discontinuing if there is greater than 10% decline in Forced Vital Capacity (FVC) over 12-month period)• Liver function tests



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PA Guideline	Requirements	Duration of Approval if
		Requirements Are Met
		(LFTs) are being
		monitored
		Member is not a
		current smoker
		Compliance and
		adherence to
		treatment
		Quantity Level Limit:
		<u>Ofev:</u>
		2 caps per day
		Esbriet:
		9 caps per day or 3 tabs
		per day
Imatinib <sup>x1</sup>	General Criteria:	Initial Approval:
(Gleevec)	<ul> <li>Prescribed by or in consultation with an oncologist</li> </ul>	1 year
	<ul> <li>Member is 18 years of age or older</li> </ul>	
	<ul> <li>Exceptions: pediatric members with newly diagnosed Philadelphia Chromosome</li> </ul>	<u>Renewal Approval</u> :
	Positive Acute Lymphoblastic Leukemia (Ph+ALL), who will receive imatinib in	1 year
	combination with chemotherapy, newly diagnosed Philadelphia chromosome-positive	
	(Ph+) chronic myeloid leukemia (CML), or Desmoid Tumors	Requires:
	In addition, Imatinib can be authorized for members who meet one of the following criteria:	Member does not



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Adult and pediatric members with newly diagnosed chronic myeloid leukemia (CML)</li> <li>Pediatric members with newly diagnosed Philadelphia Chromosome Positive (Ph+) Acute Lymphoblastic Leukemia (ALL) in combination with chemotherapy</li> <li>Relapsed or refractory Philadelphia Chromosome Positive (Ph+) Acute Lymphoblastic Leukemia (ALL)</li> <li>Myelodysplastic/Myeloproliferative diseases (MDS/MPD) associated with platelet-derived growth factor receptor (PDGFR) gene rearrangements, as determined by an Food and Drug Administration (FDA) approved test</li> <li>Aggressive systemic mastocytosis (ASM) with one of the following:         <ul> <li>Food and Drug Administration (FDA) approved test showing member is without D816V c-Kit mutation</li> <li>Member's c-Kit mutational status is unknown</li> </ul> </li> <li>Hypereosinophilic syndrome (HES) and/or chronic eosinophilic leukemia (CEL)</li> <li>Unresectable, recurrent, or metastatic Dermatofibrosarcoma protuberans (DFSP) in adults</li> <li>Kit-positive (CD117) unresectable and/or metastatic positive gastrointestinal stromal tumors (GIST)</li> <li>Adjuvant treatment after complete gross resection of Kit-positive (CD117) gastrointestinal stromal tumors (GIST)</li> <li>Bone cancer: Chordoma</li> <li>Pigmented Villonodular Synovitis / Tenosynovial Giant Cell Tumor (PVNS/TGCT)</li> <li>Steroid-Refractory Chronic Graft-Versus-Host Disease (GVHD)</li> <li>Metastatic or Unresectable Melanoma as second-line therapy for tumors with activating mutations of c-Kit</li> </ul>	<ul> <li>show evidence of progressive disease while on therapy</li> <li>Member does not have unacceptable toxicity from therapy</li> </ul>



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Adults and adolescents 12 and older for aggressive fibromatosis (desmoid tumor) that is unresectable or not susceptible to radiotherapy</li> <li>Post-transplant relapse for chronic myeloid leukemia (CML) if member has not failed imatinib prior to transplant</li> <li>AIDS-Related Kaposi Sarcoma as subsequent systemic therapy for relapsed/refractory disease</li> </ul>	
Immune Globulins	Gamunex-C, Gammagard, Gammagard SD, Gammaked, Flebogamma DIF, Asceniv, Bivigam, Cutaquig, Cuvitru, Gamastan, Gammaplex, Hizentra, Hyqvia, Octagam, Privigen, Panzyga, Xembify See detailed document: <u>Aetna Better Health of California Pharmacy Guidelines</u>	
Increlex <sup>xli</sup>	<ul> <li>For Members that Meet the Following Criteria:</li> <li>Prescribed by or in consultation with a pediatric endocrinologist</li> <li>Member is 2 years of age and not older than 19 years of age</li> <li>Documentation showing member has no evidence of the following: <ul> <li>Epiphyseal closure</li> <li>Active or suspected neoplasia</li> </ul> </li> <li>Documentation supporting one of the following diagnoses: <ul> <li>Growth hormone (GH) gene deletion with development of neutralizing antibodies to</li> </ul> </li> </ul>	Initial Approval: 6 months6 monthsRenewal Approval: • 6 months - If at least doubling of pretreatment growth velocity• 1 year - If growth velocity is greater



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Growth hormone (GH)</li> <li>Severe, Primary Insulin-like growth factor 1 (IGF-1) deficiency</li> <li>Height standard deviation score less than or equal to -3</li> <li>Basal Insulin-like growth factor 1 (IGF-1) standard deviation score less than or equal to -3</li> <li>Normal or elevated growth hormone levels (greater than 10ng/mL on standard growth hormone stimulation tests)</li> <li>Member shows no evidence of secondary forms of Insulin-like growth factor 1 (IGF-1) deficiency, such as growth hormone deficiency, malnutrition, hypothyroidism, or chronic treatment with pharmacologic doses of corticosteroids</li> <li>Increlex will not be approved as a substitute to growth hormone for growth hormone indications</li> </ul>	<ul> <li>than or equal to 2.5 cm/yr</li> <li>Requires: <ul> <li>Documentation of growth charts</li> <li>Epiphyses are open (confirmation of ope growth plates in members 10 years o age or older)</li> <li>Member has no active or suspected neoplasia</li> <li>Member is not on concurrent growth hormone therapy</li> </ul> </li> <li>Quantity Limit: 0.24 mg/kg/day</li> </ul>
Injectable Osteoporosis Agents	Forteo, Prolia, Zoledronic acid, Tymlos and Evenity See Detailed document:	



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Aetna Better Health of California Pharmacy Guidelines	
Inlyta	General Criteria:	Initial Approval:
(axitinib) <sup>xlii</sup>	<ul> <li>Prescribed by or in consultation with an oncologist</li> </ul>	1 year
	<ul> <li>Member is 18 years of age or older</li> </ul>	
	In addition, Inlyta may be authorized when one of the following criteria is met: • Advanced renal cell carcinoma (RCC) meets one of the following:	<b><u>Renewal Approval:</u></b> 3 years
	<ul> <li>Member has renal cell carcinoma (RCC) with clear cell histology</li> <li>Member has renal cell carcinoma (RCC) with non-clear cell histology AND</li> <li>There was a trial and failure with Sutent (sutinib), Cometriq (cabozantinib), or Afinitor (everolimus)</li> <li>Differentiated thyroid carcinoma (for example, papillary, follicular, and Hürthle cell) meets all the following:</li> </ul>	<b>Requires:</b> Member has been on Inlyta and does not show evidence of progressive disease while on therapy
	<ul> <li>Unresectable recurrent, persistent locoregional, or distant metastatic disease</li> <li>Progressive and/or symptomatic iodine-refractory disease</li> <li>Nexavar (sorafenib) and Lenvima (lenvatinib) are not available or are not clinically appropriate</li> </ul>	<b>Quantity Level Limit</b> : 20mg/day
Interleukin 5	May be authorized for the treatment of severe eosinophilic asthma when the following are	Initial Approval:
(IL-5)	met:	6 months
Antagonists <sup>xliii</sup>	Member is at least:	
-	<ul> <li>12 years old (Nucala, Fasenra)</li> </ul>	Renewal for Severe
Nucala	<ul> <li>18 years old (Cinqair)</li> </ul>	Eosinophilic Asthma:
Cinqair	Prescribed by, or after consultation with a pulmonologist or allergist/immunologist	1 year



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Fasenra	<ul> <li>Lab results to support one of the following blood eosinophil counts:         <ul> <li>Greater than or equal to 150 cells/mcL within 6 weeks of dosing (Nucala, Fasenra)</li> <li>Greater than or equal to 300 cells/mcL at any time in the past 12 months (Nucala, Fasenra)</li> <li>Greater than or equal to 400 cells/mcL at baseline (Cinqair)</li> </ul> </li> <li>Member has been compliant with one of the following regimens for at least 3 months:         <ul> <li>Medium or high dose inhaled corticosteroids (ICS) plus long-acting beta agonist (LABA)</li> <li>Other controller medications (for example, Leukotriene receptor antagonists (LTRA), or theophylline) if intolerant to a long-acting beta agonist (LABA)</li> </ul> </li> <li>Asthma symptoms are poorly controlled on one of the above regimens as defined by any of the following:         <ul> <li>At least two exacerbations in the last 12 months requiring additional medical treatment (systemic corticosteroids, emergency department visits, or hospitalization)</li> <li>Daily use of rescue medications (short-acting inhaled beta-2 agonists)             <ul> <li>Nighttime symptoms occurring more than once a week</li> </ul> </li> </ul></li></ul>	<ul> <li>Requires:</li> <li>Demonstration of clinical improvement (for example, decreased use of rescue medications, or systemic corticosteroids, reduction in number of emergency department visits, or hospitalizations)</li> <li>Compliance with asthma controller medications</li> <li>Dosing for Severe Eosinophilic Asthma:</li> </ul>
	<ul> <li>tiotropium (requires prior authorization (PA)).</li> <li>Member will not receive in combination with Xolair or another Interleukin-5 (IL-5) inhibitor</li> </ul>	<u>Nucala</u> : 100mg every 4 weeks
	<ul> <li>Criteria for Eosinophilic Granulomatosis with Polyangiitis (EGPA): (Nucala Only)</li> <li>Member is at least 18 years old</li> </ul>	<u>Cinqair</u> : 3mg/kg every 4 weeks <u>Fasenra</u> : 30mg every 4



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Prescribed by, or after consultation with a pulmonologist or allergist/immunologist	weeks for first 3 doses,
	Diagnosis is for at least 6 months, with history of relapsing or refractory disease	then once every 8 weeks
	Member has been on stable dose of oral prednisolone or prednisone greater than or	Demonstral for
	equal to 7.5 mg/day but less than or equal to 50 mg/day for at least 4 weeks.	<u>Renewal for</u> Eosinophilic
	Member has a Five Factor Score (FFS) of less than 2.	Granulomatosis with
	Member had a trial and failure, or contraindication to cyclophosphamide.	Polyangiitis (EGPA):
	**Note: Not covered for treatment of other eosinophilic conditions or relief of acute bronchospasm or status asthmaticus**	1 year
	bioinchospasition status astriniaticus	Requires:
		Member response to treatment
		Tapering of oral corticosteroid dose
		Dosing for Eosinophilic
		Granulomatosis with
		Polyangiitis (EGPA):
		Nucala: 300mg every 4
		weeks as 3 separate
		100mg injections
Insulin Pens <sup>xliv</sup>	General criteria for all members:	Initial Approval:
	Diagnosis of Type I or Type II Diabetes Mellitus	1 year



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Formulary Rapid Acting: Admelog Admelog Solostar Rapid Acting:	<ul> <li>(For Plans with age restriction on formulary pens)</li> <li>Documentation to support member meets one of the following: <ul> <li>A school-aged child requiring multiple daily injections</li> <li>Visual impairment</li> <li>Physical disability or dexterity problems and unable to draw up syringe</li> <li>Environmental factors which prevent use of vial formulation</li> </ul> </li> </ul>	<u>Renewal:</u> 1 year
Apidra Solostar Humalog KwikPen Novolog	<ul> <li>OR</li> <li>Documentation to support inadequate response, intolerable side effects, or contraindication to two formulary insulins within the same class (for example, rapid, regular, or basal)</li> </ul>	
FlexPen Admelog Solostar Fiasp FlexTouch	<ul> <li>Toujeo Solostar and Toujeo Max Solostar only:</li> <li>Documentation to support inadequate (three month) response, intolerable side effects, or contraindication to formulary basal insulin pens         <ul> <li>For hypoglycemia: consistent evidence of hypoglycemia such as a Self-Monitoring</li> </ul> </li> </ul>	
<u>Short Acting</u> : Humulin R KwikPen	Blood Glucose reading must be provided OR Documentation to support required units of basal insulin exceeds 100 units/day	
Intermediate <u>Acting</u> : Humulin N KwikPen		



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
Humulin 70/30		
KwikPen		
<u>Basal Insulin</u> :		
Basaglar		
KwikPen		
Lantus Solostar		
Levemir		
Flextouch		
Toujeo Solostar		
Toujeo Max		
Solostar		
Tresiba		
FlexTouch		
<b>Interferons</b> <sup>xlv</sup>	Chronic Hepatitis B	Initial Approval:
	(Intron A, Pegasys)	Hepatitis B
α-Interferon	• Prescribed by, or in consultation with, an Infectious Disease physician, Gastroenterologist,	Intron A
Alferon N	Hepatologist, or Transplant physician	Adults: 16 weeks
Intron A	Diagnosis of Chronic Hepatitis B	Children: 24 weeks
Pegasys	Current lab results to support one of the following:	Pegasys
	<ul> <li>Documentation of Alanine Aminotransferase (ALT) greater than or equal to 2 times</li> </ul>	o 48 weeks
	the Upper Limit of Normal (ULN)	Osteopetrosis
γ-Interferon	<ul> <li>Significant histologic disease and documentation of elevated Hepatitis B Virus</li> </ul>	○ 12 months
Actimmune	Deoxyribonucleic Acid (DNA) level above 2,000 IU/mL (Hepatitis B e-antigen (HBe-	





### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Ag negative)) or above 20,000 IU/mL (HBe-Ag positive)	
	Compensated Liver disease	Chronic Granulomatous
	Age restriction for <i>Pegasys</i>	Disease
	• Pediatrics: 3 years of age or older, non-cirrhotic and Hepatitis B e-antigen (HBe-	o 12 months
	Ag) positive	
	<ul> <li>Adults: 18 years of age or older</li> </ul>	Hairy-cell Leukemia
	Age restriction for Intron A:	o 6 months
	<ul> <li>1 year of age or older</li> </ul>	
	Follicular Non-Hodgkin's Lymphoma (Stage III/IV)	Kaposi's sarcoma
	(Intron A)	<ul> <li>16 weeks</li> </ul>
	Member is 18 years of age or older	
	Prescribed by, or in consultation with Hematologist/Oncologist	Follicular Non-
	Given in conjunction with anthracycline-containing combination chemotherapy	Hodgkin's Lymphoma
	Acquired Immune Deficiency Syndrome (AIDS)-related Kaposi's sarcoma	(Stage III/IV)
	(Intron A [powder for solution ONLY])	o 6 months
	Member is 18 years of age or older	
	<ul> <li>Prescribed by, or in consultation with Infectious Disease physician, or Human</li> </ul>	Condylomata
	Immunodeficiency Virus specialist	Acuminate
	Hairy-cell Leukemia	Intron A
	(Intron A)	o 3 weeks
	Member is 18 years of age or older	Alferon N
	Prescribed by, or in consultation with Hematologist/Oncologist	o 8 weeks
	Member meets one of the following:	<b>Renewal Approval:</b>



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	<b>Duration of Approval if</b>
		<b>Requirements Are Met</b>
	<ul> <li>Demonstrated less than a complete response to cladribine or pentostatin</li> </ul>	Hepatitis B
	• Relapsed after less than 2 years of demonstrating a complete response to cladribine or	Intron A
	pentostatin	• Additional 16 weeks
	Chronic Granulomatous Disease	still Hepatitis B e-
	(Actimmune)	antigen (HBe-Ag)-
	Member is one year of age or older	positive
	Prescribed by, or in consultation with Immunologist, or Infectious Disease specialist	<ul> <li>Indefinite for</li> </ul>
	Malignant Osteopetrosis	Hepatitis B e-antiger
	(Actimmune)	(HBe-Ag)-negative
	For treatment of severe, malignant Osteopetrosis	Chronic Granulomatou
	Prescribed by, or in consultation with Hematologist, or Endocrinologist	Disease
	Condylomata acuminata – genital or venereal warts	• 12 months, if no
	(Intron A, Alferon N)	evidence of disease
	Member is 18 years of age or older	progression
	For intra-lesional use	Osteopetrosis
	Lesions are small and limited in number	• 12 months, if no
	Trial and failure of topical treatments or surgical technique (for example, imiquimod	evidence of disease
	cream, podofilox, cryotherapy, laser surgery, electrodessication, surgical excision)	progression
		Condylomata
		acuminate
		Intron A
		3 weeks
		<ul> <li>Treatment is</li> </ul>



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
		administered at
		week 12 to week
		16
		Alferon N
		8 weeks
		<ul> <li>There is at least 3 months between treatments unless lesions grow, or new lesions appear</li> <li>All other indications</li> <li>12 months</li> <li>For Hairy-Cell Leukemia it is not recommended to continue if disease has progressed</li> </ul>
Intravaginal	Crinone 8% Gel and First-Progesterone are Approved when ALL the following criteria are	Initial Approval:
Progesterone	met:	Approve as requested



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
<b>Products</b> <sup>xlvi</sup> Crinone First- progesterone suppositories	<ul> <li>Prescribed by, or in consultation with, a provider of obstetrical care</li> <li>Member is not on Makena (17-hydroxyprogesterone)</li> <li>Member is pregnant with singleton gestation and meets either of the following: <ul> <li>History of spontaneous preterm birth (delivery of an infant less than 34 weeks gestation)</li> <li>Cervical length less than 25 mm before 24 weeks of gestation</li> </ul> </li> <li>Crinone is approved for the treatment of secondary amenorrhea when ALL the following criteria are met: <ul> <li>Prescribed by, or in consultation with a provider of obstetrical care</li> <li>Member has had an inadequate response, or intolerable side effects to, progesterone capsules</li> <li>Crinone 8% Gel can be approved for use when 4% gel has been tried and failed</li> </ul> </li> </ul>	until 35 weeks gestation Begin progesterone use no earlier than 16 weeks, 0 days and no later than 23 weeks, 6 days Crinone 4% and 8%: For the treatment of amenorrhea: up to a total of 6 doses Requests for additional quantities will require review Progesterone products will not be covered for
Janus	General Authorization Guideline for All Indications:	uses related to infertility Initial Approval:
Associated Kinase Inhibitors <sup>xIvii</sup>	<ul> <li>Prescribed by, or in consultation with hematologist/oncologist</li> <li>Member has been screened for tuberculosis         <ul> <li>If screening was positive for latent tuberculosis, member has received treatment for latent tuberculosis prior to initiating therapy</li> </ul> </li> </ul>	6 months <b>Renewal:</b> 1 year



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Inrebic	There is no evidence showing member has a serious current active infection	
Jakafi	Additional Criteria Based on Indication:	Requires:
	<ul> <li>Myelofibrosis: <ul> <li>Member is at least 18 years of age</li> <li>Baseline platelet count is at least 50 X 10<sup>9</sup>/L</li> </ul> </li> <li>Diagnosis is primary myelofibrosis, post-polycythemia vera myelofibrosis, or post-essential thrombocythemia myelofibrosis</li> <li>Intermediate or high-risk disease is defined as having two or more of the following risk factors: <ul> <li>Age greater than 65 years</li> <li>Constitutional symptoms (weight loss greater than 10% from baseline and/or unexplained fever, or excessive sweats persisting for more than 1 month)</li> <li>Hemoglobin less than 10g/dL</li> <li>White Blood Cell count greater than 0% to 25 x 10<sup>9</sup>/L</li> <li>Peripheral Blood blasts greater than 1%</li> <li>Platelet count less than 100 X 10<sup>9</sup>/L</li> <li>Red Cell Transfusion</li> <li>Unfavorable karyotype [for example, complex karyotype, or sole, or two abnormalities that include trisomy 8, 7/7q-, i(17q), inv(3), 5/5q-, 12p- or 11q23 rearrangement]</li> </ul> </li> <li>Additionally, for Inrebic: <ul> <li>Member had a trial and failure, or intolerance with Jakafi</li> <li>Documentation showing no signs of severe hepatic impairment (baseline total bilirubin</li> </ul> </li> </ul>	<ul> <li>For Myelofibrosis:</li> <li>Spleen size reduction of greater than or equal to 35% OR</li> <li>Symptom improvement (greater than or equal to 50% reduction in total symptom score from baseline) OR</li> <li>Absence of disease progression</li> <li>Additional criteria for Inrebic includes documentation that liver function tests, and thiamine levels are being monitored periodically during therapy</li> </ul>



## Pharmacy Prior Authorization

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>level greater than 3-times the upper limit of normal)         <ul> <li>Documentation of serum thiamine levels taken at baseline and periodically during therapy to avoid Wernicke's encephalopathy</li> </ul> </li> <li>NOTE: Inrebic is only indicated for Myelofibrosis         <ul> <li><b>Polycythemia Vera</b></li> <li>Member is at least 18 years of age</li> <li>Inadequate response or intolerance to hydroxyurea</li> <li>Diagnosis of Polycythemia vera required by meeting all 3 major criterions, or the first 2 major criterions plus minor criterion below: <ul></ul></li></ul></li></ul>	<ul> <li>For Polycythemia Vera:         <ul> <li>Hematologic improvement (decreased hematocrit, platelet count or white blood cell count) OR</li> <li>Reduction in palpable spleen length OR</li> <li>Improvement in symptoms (for example, pruritus, night sweats, bone pain)</li> </ul> </li> <li>For Acute Graft-Versus- Host Disease:         <ul> <li>Response to treatment OR</li> <li>Symptoms are recurring during or after taper, and retreatment is</li> </ul> </li> </ul>





### **Pharmacy Prior Authorization**

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Acute Graft-Versus-Host Disease:</li> <li>Member is at least 12 years of age</li> <li>There was Inadequate response to steroids after an allogenic hematopoietic stem cell transplant</li> <li>Diagnosis of grade 2 to 4 disease, based on Mount Sinai Acute GVHD International Consortium (MAGIC) criteria</li> </ul>	needed
Jardiance <sup>xlviii</sup>	<ul> <li>Jardiance is approved when the following criteria is met:</li> <li>Member has an estimated glomerular filtration rate (eGFR) of greater than or equal to 45mL/min/1.73m<sup>2</sup> and one of the following:         <ul> <li>Trial and failure of Steglatro or Segluromet</li> <li>Diagnosis of Diabetes Mellitus Type 2 with established cardiac disease</li> </ul> </li> </ul>	Initial Approval: 1 year Renewal: 1 year
<b>Juxtapid</b> <sup>xlix</sup>	Medical Records Required with Requests         May be authorized when all the following criteria are met:         • Member is 18 years of age or older         • Prescribed by, or in consultation with Cardiologist, Endocrinologist, or Lipid Specialist	Initial Approval: 3 months <u>Renewal Approval</u> : 6 months
	<ul> <li>Females of reproductive potential have a negative pregnancy test prior to starting treatment</li> <li>Used as an adjunct to a low-fat diet and exercise</li> <li>Diagnosis of homozygous familial hypercholesterolemia (HoFH) as evidenced by one of the following:         <ul> <li>Genetic confirmation of 2 mutant alleles at the Low-Density Lipoprotein Receptor</li> </ul> </li> </ul>	<ul> <li>Requires:</li> <li>Member is continuing a low-fat diet and exercise regimen</li> <li>Current lipid Panel within the past 90</li> </ul>



## Pharmacy Prior Authorization

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>(LDLR), Apolipoprotein B100 (APO-B100), or Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9)</li> <li>History of untreated Low-Density Lipoprotein (LDL) greater than 500 mg/dL, or treated Low-Density Lipoprotein (LDL) greater than 300 mg/dL on maximum dosed statin and evidence of one of the following: <ul> <li>Presence of cutaneous xanthoma before the age of 10 years</li> <li>Heterozygous familial hypercholesterolemia (HeFH) in both parents</li> </ul> </li> <li>Current lipid panel/Low-Density Lipoprotein (LDL) from past 90 days</li> <li>Member had a failure or contraindication to a 90-day trial of a Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) Inhibitor (for example, Repatha or Praluent)</li> <li>Attestation to the following: <ul> <li>Member does not have significant hepatic impairment (Child-Pugh B or C)</li> <li>Will be used in conjunction with other lipid lowering therapies such as statins, ezetimibe, bile acid sequestrants, or Low-Density Lipoprotein (LDL) apheresis</li> </ul> </li> </ul>	<ul> <li>days showing Low- Density Lipoprotein (LDL) reduction from baseline</li> <li>Claims history to support compliance or adherence to Juxtapid and adjunctive lipid lowering therapies</li> <li>Prescriber attestation of monitoring liver related tests, and dosing adjusted according to prescribing information</li> <li>Females of reproductive potential are currently using contraception</li> </ul>



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		Juxtapid: 1 tablet per day
Korlym <sup>ı</sup>	<ul> <li>Member is 18 years of age or older</li> <li>Documentation (submit chart notes) that diagnosis is of endogenous Cushing syndrome with all the following:         <ul> <li>Uncontrolled hyperglycemia due to glucose intolerance or type 2 diabetes mellitus</li> <li>Member failed surgery or is not a candidate for surgery</li> <li>There was failure to achieve adequate glycemic control despite individualized diabetic management</li> </ul> </li> <li>Prescribed by or in consultation with endocrinologist</li> <li>Baseline labs for hemoglobin A1c (HbA1c)</li> <li>Prescriber attestation to all the following:         <ul> <li>Female members of childbearing potential are not pregnant</li> <li>Female members do not have history of unexplained vaginal bleeding, endometrial hyperplasia with atypia, or endometrial carcinoma</li> <li>Member does not require concurrent long-term corticosteroid use for serious medical conditions or illnesses (for example immunosuppression after organ transplant)</li> </ul> <li>Other accepted and approved indications for mifepristone are not covered using the Korlym product</li> </li></ul>	Initial Approval: 6 months Renewal Approval: 12 months Requires: • Documentation of improved glycemic control as evidenced by Hemoglobin A1c (HbA1c) labs lower than baseline • Female members of childbearing potential are currently using non-hormonal contraception
		Quantity Level Limit: • Maximum dose



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		1200 mg per day
Lidocaine 5%	• Approvable when <u>one</u> of the following criteria is met:	<u>Approval</u> :
<b>Ointment</b> <sup>ii</sup>	<ul> <li>Diagnosis is for <u>one</u> of the following:</li> </ul>	3 months
	<ul> <li>Production of anesthesia of accessible mucous membranes of oropharynx</li> </ul>	
	<ul> <li>Anesthetic lubricant for intubation</li> </ul>	<b>Quantity Level Limit</b> :
	<ul> <li>There was inadequate response, intolerable side effects, or contraindication to</li> </ul>	50 grams per 30 days
	<i>lidocaine 4% cream</i> , and use is for <u>one</u> of the following:	
	<ul> <li>For temporary relief of pain associated with minor burns, including sunburn,</li> </ul>	
	abrasions of skin, and insect bites	
	<ul> <li>For FDA-approved or compendia-supported diagnosis</li> </ul>	
Lidocaine	Lidocaine 5% Patch or ZTLido 1.8% Patch may be authorized for:	Initial Approval:
Topical Patch	Member that is 18 years of age or older	3 months
	Diagnosis is for post herpetic neuralgia	
Lidocaine 5%	• Documentation or Pharmacy claims history supporting trial and failure with topical lidocaine	<u>Renewal Approval:</u>
Patch <sup>lii</sup>	4% patch	12 months
	Documentation or Pharmacy claims history supporting trial and failure, or intolerance, to	
ZTLido 1.8%	two oral formulary alternatives	Quantity Level Limit:
Patch	<ul> <li>For example, gabapentin, tricyclic antidepressants</li> </ul>	90 patches per 30 days
	For ZTLido:	
	Documentation or Pharmacy claims history to support trial and intolerance, or	
	contraindication to Lidocaine 5% patch	
	Lidocaine 5% Patch may be authorized for:	
	Member that is 18 years of age or older	



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## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Diagnosis of diabetic peripheral neuropathy	
	• Documentation of Pharmacy claims history supporting trial and failure with topical lidocaine 4% patch	
	<ul> <li>Documentation or Pharmacy claims history supporting trial and failure, or intolerance to two oral formulary alternatives</li> </ul>	
	• For example, duloxetine, venlafaxine, gabapentin, tricyclic antidepressants	
	Documentation or Pharmacy claims history supporting therapy with a diabetic medication	
Lucemyra <sup>liii</sup>	May be authorized when the following criteria are met:	Initial Approval:
(lofexidine)	Member is 18 years of age or older	14 days per episode of
	<ul> <li>Symptoms of opioid withdrawal are experienced due to abrupt opioid discontinuation</li> <li>Opioids have been discontinued</li> </ul>	treatment (224 total tablets)
	<ul> <li>Member meets one of the following criteria:         <ul> <li>Trial and failure, or contraindication to clonidine, or member has a clinically significant adverse effect</li> <li>Medication was initiated in an inpatient setting</li> </ul> </li> <li>Member is on a behavioral modification plan for substance abuse counseling (psychosocial</li> </ul>	<u><b>Dosing</b></u> : Three 0.18 mg tablets taken orally four times daily for 7 days
	support)	
	<ul> <li>Member is not currently taking benzodiazepines, alcohol, barbiturates, or other sedating agents</li> </ul>	Approvable for a maximum of 224 tablets per 14-day supply for a 1- month period
		<b>Quantity Level Limit</b>



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
		<u>(QLL):</u>
		Maximum dose 0.72
		mg/dose (4 tablets) or
		2.88 mg/day (16 tablets
		per day) or 224 tablets
Lyrica CR and	Lyrica CR is approved only for post-herpetic neuralgia and diabetic peripheral	Initial Approval:
Pregabalin <sup>liv</sup>	neuropathy. Requests may be authorized when a member has tried and failed the	4 months
	immediate-release formulation and the criteria below have been met	
		<u>Renewal:</u>
	Authorization criteria for Partial Onset Seizures:	12 months
	<ul> <li>Documentation of weight for members between 1 month to 16 years of age</li> </ul>	
	Authorization Criteria for Neuropathic Pain Associated with Spinal Cord Injury (SCI):	Requires:
	Member is 18 years of age or older	Positive response to
	Member had inadequate treatment response, intolerance or contraindication to	therapy
	gabapentin	
	Authorization Criteria for Post-Herpetic Neuralgia:	<b>Quantity Level Limits:</b>
	Member is 18 years of age or older	Immediate-release: 3
	Member had inadequate treatment response, intolerance or contraindication to	capsules/day (approvals
	gabapentin	for titrations outside this
	Authorization Criteria for Cancer Related Neuropathic Pain:	range will be limited to 2
	Member is 18 years of age or older	- 3 months)
	• Member had inadequate treatment response, intolerance or contraindication to two of the	
	following:	Solution: 600mg/day



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	o gabapentin	
	<ul> <li>tricyclic antidepressants</li> </ul>	Extended-release:
	o venlafaxine	• 82.5mg & 165mg
	o duloxetine	tablets – 3/day
	Authorization Criteria for Fibromyalgia:	• 330mg tablet – 2/day
	Member is 18 years of age or older	
	Member had inadequate treatment response, intolerance or contraindication to a tricyclic	
	antidepressant and one other formulary agent:	
	<ul> <li>Duloxetine or gabapentin</li> </ul>	
	Authorization Criteria for Diabetic Peripheral Neuropathy:	
	Member is 18 years of age or older	
	Member had inadequate treatment response, intolerance or contraindication to duloxetine	
	and one other formulary agent used for neuropathy:	
	<ul> <li>tricyclic antidepressants</li> </ul>	
	o venlafaxine	
	o gabapentin	
Monoamine	Medical Records required for all Indications	Initial Approval:
<b>Depletors</b> <sup>IV</sup>		3 months
	<u>Tardive Dyskinesia (Ingrezza, Austedo)</u>	Demoural Annuarial
Ingrezza	Member is 18 years of age or older	Renewal Approval:
Austedo	Diagnosis of moderate to severe tardive dyskinesia	6 months
Tetrabenazine	Prescribed by, or in consultation with a neurologist or psychiatrist	Tardive Dyskinesia
	Abnormal Involuntary Movement Scale (AIMS) score greater than or equal to 6	Requires:



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	<b>Duration of Approval if</b>
		<b>Requirements Are Met</b>
	Provider has attempted an alternative method to manage condition	Documentation of
	• For example, dose reduction, discontinuation of offending medication, or switching to	improvement in AIMS
	alterative agent such as atypical antipsychotic	score (decrease from
	<ul> <li>Documentation of atypical antipsychotic used</li> </ul>	baseline by at least 2
	<ul> <li>Time frame of stability on the atypical antipsychotic</li> </ul>	points).
	Additional Criteria for Austedo:	Provider is
	<ul> <li>Member does not have any of the following:</li> </ul>	monitoring for all the
	<ul> <li>Hepatic dysfunction</li> </ul>	following:
	<ul> <li>Active suicidal thoughts or behaviors</li> </ul>	<ul> <li>Emergent or</li> </ul>
	<ul> <li>Untreated or undertreated depression</li> </ul>	worsening
	<ul> <li>Congenital long QT syndrome, or arrhythmias associated with a prolonged QT interval</li> </ul>	depression
		<ul> <li>Suicidal thoughts</li> </ul>
	Additional Criteria for Ingrezza:	and behaviors
	Member does not have any of the following:	<ul> <li>EKG, for</li> </ul>
	<ul> <li>Active Suicidal thoughts and behaviors</li> </ul>	members at risk
	• Untreated or undertreated depression	for QT
	<ul> <li>Congenital long QT syndrome, or arrhythmias associated with a prolonged QT interval</li> </ul>	prolongation
	Huntington's Chorea (Austedo, Tetrabenazine)	o Hepatic
	Member is 18 years of age or older.	dysfunction (for
	Diagnosis is confirmed by neurologist consult and genetic testing	Austedo only)
	Unified Huntington's Disease Rating Scale (UHDRS), total maximal chorea score of 8 or	Huntington's Chorea
	greater	Requires:
	Member had inadequate response, or intolerable side effects to amantadine	<ul> <li>Documentation of</li> </ul>



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Member does not have any of the following:         <ul> <li>Hepatic dysfunction</li> <li>Active suicidal thoughts or behaviors</li> <li>Untreated or undertreated depression</li> <li>Congenital long QT syndrome, or arrhythmias associated with a prolonged QT interval</li> </ul> </li> </ul>	<ul> <li>improvement in Total Maximal Chorea score (3 points or greater) from baseline</li> <li>Provider is monitoring all the following:         <ul> <li>Emergent or worsening depression</li> <li>Suicidal thoughts and behaviors</li> <li>EKG, for members at risk for QT prolongation</li> <li>Hepatic dysfunction</li> </ul> </li> </ul>
		Quantity Level Limits:Ingrezza 30/30Austedo 120/30Tetrabenazine



### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		120/30
Multaq <sup>Ivi</sup>	<ul> <li>Multaq may be authorized when the following criteria are met:</li> <li>Member is 18 years of age or older</li> <li>Diagnosis of paroxysmal or persistent atrial fibrillation and         <ul> <li>Member is currently in normal sinus rhythm, or</li> <li>Member plans to undergo cardioversion to normal sinus rhythm</li> </ul> </li> </ul>	Initial Approval: 3 months Renewal Approval: 6 months
	<ul> <li>Prescribed by, or in consultation with a cardiologist</li> <li>Attestation member does not have any contraindications as outlined per the prescribing information including, but not limited to the following: <ul> <li>Symptomatic heart failure with recent decompensation requiring hospitalization</li> <li>New York Heart Association (NYHA) Class IV chronic heart failure</li> </ul> </li> <li>Member had inadequate response, intolerable side effect, or contraindication to one of the following formulary alternatives: <ul> <li>amiodarone</li> <li>propafenone</li> <li>flecainide</li> <li>sotalol</li> </ul> </li> </ul>	<ul> <li>Requires:</li> <li>Attestation that member has positive response to treatment</li> <li>Monitoring of electrocardiogram (ECG) every 3 monthe to make sure atrial fibrillation (AF) has not become permanent</li> </ul>
		<b>Quantity Level Limits:</b> 60/30 days
Multiple	Copaxone, Glatiramer acetate, Glatopa, Rebif/Rebidose, Extavia, Avonex, Betaseron,	



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Sclerosis	Aubagio, Plegridy, Tecfidera, Gilenya, Mayzent, Mavenclad, Mitoxantrone, Tysabri, Lemtrada, Ocrevus, Vumerity	
	https://www.aetnabetterhealth.com/california/providers/pharmacy/prior-auth	



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Nexavar	General Criteria:	Initial Approval:
(sorafenib) <sup>Ivii</sup>	<ul> <li>Prescribed by or in consultation with an oncologist</li> <li>Member is 18 years of age or older</li> </ul>	1 year
	<ul> <li>In addition, Nexavar may be authorized when one of the following criteria are met:</li> <li>Advanced renal cell carcinoma (RCC) with clear cell histology: <ul> <li>Trial of a preferred first-line Tyrosine Kinase Inhibitor (such as Sutent (sunitinib), Votrient (pazopanib))</li> <li>Note: Sorafenib is no longer recommended for Non-Clear Cell Renal Cell Carcinoma</li> </ul> </li> <li>Hepatocellular carcinoma <ul> <li>Disease is metastatic or member is otherwise not eligible for transplant</li> </ul> </li> <li>Treatment of differentiated thyroid carcinoma (for example, papillary, follicular, and Hürthle cell), that is refractory to radioactive iodine treatment</li> <li>Metastatic medullary thyroid carcinoma (MTC) that is persistent or recurrent: <ul> <li>Member has symptomatic or progressive disease</li> <li>Trial of Caprelsa (vandetanib) or Cometriq (cabozantinib)</li> </ul> </li> <li>Bone Cancer <ul> <li>Recurrent Chordoma</li> <li>Trial of Gleevec (imatinib), Sutent (sunitinib), or Sprycel (dasatinib)</li> <li>Osteosarcoma, dedifferentiated chondrosarcoma, or high-grade Undifferentiated Pleomorphic Sarcoma (UPS)</li> <li>Member has relapsed/refractory or metastatic disease</li> <li>Trial of a first-line regimen containing cisplatin and doxorubicin</li> </ul> </li> </ul>	<ul> <li><u>Renewal Approval:</u> 3 years</li> <li><i>Requires</i> <ul> <li>Member does not show evidence of progressive disease while on therapy</li> <li>Member does not have unacceptable toxicity from therapy</li> </ul> </li> </ul>



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Angiosarcoma</li> <li>Advanced or unresectable desmoid tumors (aggressive fibromatosis)</li> <li>Gastrointestinal stromal tumor (GIST)         <ul> <li>Disease progression occurred while on Gleevec (imatinib), Sutent (sunitinib), or Stivarga (regorafenib)</li> </ul> </li> <li>Solitary fibrous tumor/hemangiopericytoma</li> <li>Relapsed or refractory acute myeloid leukemia (AML)         <ul> <li>Nexavar will be used in combination with Vidaza (azacitidine) or Dacogen (decitabine)</li> </ul> </li> </ul>	
Non-Stimulant Attention Deficit Hyperactivity Disorder (ADHD) Medications <sup>[Viii</sup>	<ul> <li>Member has <i>FLT3</i>-ITD mutation positive</li> <li>Intuniv (guanfacine ER), Kapvay (clonidine ER) and atomoxetine (Strattera) are all indicated for the treatment of attention deficit/hyperactivity disorder (ADHD).</li> <li>Intuniv and Kapvay were studied in pediatric patients (6-17 years).</li> <li>Atomoxetine (Strattera) was studied in both pediatric and adult patients (≥ 6 years).</li> <li>Intuniv and Kapvay may be used as an adjunctive therapy to stimulant medications but should not be used to act the used to be used.</li> </ul>	Initial Approval: 1 year Renewal Approval: 1 year Requires:
<b>Preferred</b> : Guanfacine ER <b>Non-Preferred</b> : Atomoxetine Clonidine ER	<ul> <li>not be used together.</li> <li>Member must meet ALL following criteria for approval: <ul> <li>Diagnosis of attention deficit/hyperactivity disorder/attention deficit disorder (ADHD/ADD)</li> <li>If request is for Clonidine ER, member must meet ALL the following: <ul> <li>Member is 6 to 17 years of age</li> <li>Inadequate response, intolerable side effect, or contraindication to guanfacine ER (Intuniv)</li> </ul> </li> </ul></li></ul>	Response to therapy



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval in Requirements Are Met
	If request is for atomoxetine:	Requirements Are me
	<ul> <li>Member is 6 years of age or older</li> </ul>	
	<ul> <li>Member must meet one of the following:</li> </ul>	
	<ul> <li>Inadequate response, intolerable side effect or contraindication to formulary</li> </ul>	
	extended-release amphetamine agent AND formulary extended-release	
	methylphenidate agent	
	<ul> <li>Member is a poor candidate for stimulants (for example, member or a household</li> </ul>	
	member has history of drug abuse, tic disorder, cardiovascular issues)	
	• If member is less than 18 years of age: Inadequate response, intolerable side effect, or	
	contraindication to guanfacine ER	
	Children age 5 and under:	
	Guanfacine ER, clonidine ER, and atomoxetine are not FDA approved for use in children	
	ages 5 and under.	
	• The safety and efficacy in this age group has not been established and is not supported by	
	the currently published peer-reviewed medical literature.	
	• For preschool-aged children (4–5 years of age), the American Academy of Pediatrics	
	recommends that the primary care or treating clinician prescribe evidence-based parent	
	and/or teacher-administered behavior therapy as first line treatment.	
Nuedexta <sup>lix</sup>	May be authorized when all of the following criteria are met:	Initial Approval:
		3 months
	Member is 18 years of age or older	
	• Medication is prescribed by, or in consultation with, a specialist (for example, a psychiatrist,	Renewal:
	psychologist, neuropsychologist, or neurologist)	1 year

6/3/2019, 8/1/2019, 10/1/2019, 12/2/2019, 4/1/2020, 06/08/2020

Current Version Effective: 8/18/2020



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Diagnosis of pseudobulbar affect (PBA)	
	<ul> <li>Documentation that member has at least one underlying neurologic condition associated with pseudobulbar affect (PBA)</li> </ul>	<b>Requires</b> : Decreased frequency of
	• Member has had a cognitive assessment to evaluate for the presence of pseudobulbar affect (PBA) (for example, Center for Neurologic Study-Lability Scale (CNS-LS) greater than or equal to 13 or The Pathological Laughter and Crying Scale (PLACS) greater than or equal	pseudobulbar affect (PBA) episodes
	to 13)	<b>Quantity Level Limit:</b> 2
	<ul> <li>Member does not have any contraindications to therapy (for example, QT prolongation, Atrioventricular (AV) block, or monoamine oxidase inhibitor (MAOI) therapy in the previous 14 days)</li> </ul>	capsules per day
	Member has tried and failed selective serotonin reuptake inhibitors (SSRIs) or tricyclic antidepressants (TCAs)	
	• Dose adjustments to desipramine, paroxetine, and digoxin will be made if co-administered with Nuedexta	
Ondansetron	Ondansetron Oral Solution will pay at the point of sale (without requiring prior	Initial Approval:
Oral Solution <sup>1x</sup>	authorization) when the following criteria is met:	One year
	Member is 3 years of age or younger	
		Renewals:
	Prescriptions that do not pay at the point of sale require prior authorization and may be	One year
	authorized for members who meet one of the following:	
	Member is 3 years of age or younger	
	Trial of ondansetron tablet or ondansetron orally disintegrating tablet (ODT)	
Onychomycosi	May be authorized when all the following criteria is met:	Initial and Renewal



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
S <sup>lxi</sup>	For Jublia	Approvals:
	$\circ$ Member is 18 years of age or older	48 weeks
Jublia	For Kerydin	
Kerydin	<ul> <li>Member is 6 years of age or older</li> </ul>	<b>Quantity Level Limit:</b>
	<ul> <li>Diagnosis of onychomycosis of toenail is due to one of the following organisms:         <ul> <li>Trichophyton rubrum</li> <li>Trichophyton mentagrophytes</li> </ul> </li> </ul>	<ul> <li>Jublia - 8mL per month</li> <li>Kerydin - 10mL per</li> </ul>
	<ul> <li>Attest to confirmation of onychomycosis of toenail with one of the following tests:</li> <li>Positive potassium hydroxide preparation test</li> </ul>	month
	<ul> <li>Positive fungal culture</li> <li>Nail biopsy</li> </ul>	
	<ul> <li>Member had trial and failure, or contraindication, with two formulary antifungal agents (for example, itraconazole, oral terbinafine, or ciclopirox)</li> </ul>	
	Treatment is due to one of the following medical conditions:	
	Diabetes Mellitus	
	Human Immunodeficiency Virus	
	Immunosuppressed members	
	Peripheral Vascular Disease	
	Pain caused by onychomycosis	
	Not approved for cosmetic use	
Opioid Guideline	See detailed document:	
	Aetna Better Health of California Pharmacy Guidelines	



### **Pharmacy Prior Authorization**

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Oral Liquids	An oral liquid may be authorized for members over 12 years of age when the following criteria is met:	
Antidepressant		
s: Citalopram Solution 10mg/5ml Escitalopram Solution 5mg/5ml Nortriptyline Solution 10mg/5ml Sertraline Solution 20mg/5ml	<ul> <li>Medical necessity of an oral liquid due to an inability to use an oral solid dosage form (medical necessity includes but not limited to dysphagia, ulcers, stomatitis, feeding tube)</li> </ul>	
Antivirals:		
Acyclovir		
Suspension		
200/5ml		
Tamiflu/		



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Oseltamivir		
Suspension		
6mg/ml		
Corticosteroids		
: Prednisone		
Solution		
5mg/5ml		
Ulcer Drugs:		
Carafate		
Suspension		
1gm/10ml		
Dicyclomine		
Solution		
10mg/5ml		
Famotidine		
Suspension		
40mg/5ml		
First-		
Lansoprazole		
Suspension		



### **Pharmacy Prior Authorization**

## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
3mg/ml		
First-		
Omeprazole		
Suspension		
2mg/ml		
Urinary Anti- infective:		
Nitrofurantoin		
Suspension 25mg/5ml		
Otezla <sup>lxii</sup>	Psoriatic Arthritis	Initial Approval:
Olezia	Member must meet all the following criteria:	4 months
	•	4 11011015
	<ul> <li>Diagnosis of moderate to severe Psoriatic Arthritis</li> <li>Age is 18 years or older</li> </ul>	Renewal Approval:
	<ul> <li>Age is to years of older</li> <li>Prescribed by or in consultation with a Rheumatologist</li> </ul>	12 months
	<ul> <li>Documentation of active Psoriatic Arthritis with a three months trial of one of the following:</li> </ul>	
	•	Requires:
	<ul> <li>Methotrexate (leflunomide or sulfasalazine, if methotrexate is contraindicated)</li> </ul>	•
	<ul> <li>Anti-tumor necrosis factor antagonists such as Humira or Enbrel.</li> </ul>	Response to treatment
	Plaque Psoriasis	
	Member must meet all the following criteria:	Quantity Level Limit:
	Diagnosis of moderate to severe Plaque Psoriasis	60 tablets per 30 days
	Age is 18 years or older	after initial 5-day titration



### Pharmacy Prior Authorization

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Prescribed by or in consultation with a dermatologist</li> <li>Documentation to support an adequate 3-month trial and failure, or intolerance with methotrexate or cyclosporine, or there is a true contraindication to both.</li> <li>Attestation to one of the following:         <ul> <li>More than 10% of body surface area affected</li> <li>Less than 10% body surface area affected, but involves sensitive areas (for example: hands, feet, face or genitals) that interferes with daily activities</li> </ul> </li> </ul>	
	<ul> <li>Psoriasis Area and Severity Index score of more than 10</li> <li>Trial and failure for 2 months with phototherapy</li> <li>PUVA (psoralen ultraviolet type A), UVB (ultraviolet type B)</li> </ul>	
	<ul> <li>Oral Ulcers Associated with Behçet's Disease</li> <li>Member must meet all the following criteria: <ul> <li>Diagnosis of Behçet's disease with active recurrent oral ulcers</li> <li>Age is 18 years or older</li> <li>Prescribed by or in consultation with a rheumatologist, dermatologist, or another specialist</li> <li>Documentation of previous trial and failure with at least one Non-Biologic Disease-Modifying Anti-Rheumatic Drug such as methotrexate, leflunomide, sulfasalazine or hydroxychloroquine</li> </ul> </li> </ul>	
Oxbryta <sup>lxiii</sup>	<ul> <li>May be authorized with documentation of all the following:</li> <li>Diagnosis of sickle cell disease</li> <li>Member is 12 years of age or older</li> </ul>	<b>Initial approval</b> : 6 months



## Pharmacy Prior Authorization

### **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Prescribed by or in consultation with a hematologist, or other specialist with expertise in the diagnosis and management of sickle cell disease</li> <li>Failure of a 3-month trial of hydroxyurea or clinical rationale as to why it cannot be used</li> <li>Baseline hemoglobin level between 5.5 and 10.5g/dL within the past 3 months</li> <li>Member has had 1 or more vaso-occlusive crises in the past 12 months</li> <li>Member is not receiving regular red-cell transfusion therapy, has not received a transfusion in the past 60 days, and has not been hospitalized for vaso-occlusive crisis within 14 days</li> <li>Adakveo will not be used concurrently</li> </ul>	Renewal: 12 months Requires: • Documentation showing there has been a sustained hemoglobin increase from baseline of more than 1g/dL
		<b>Quantity Level Limits:</b> 3 tablets per day
Proprotein Convertase Subtilisin/Kexi n Type 9 Inhibitors	Medical Records Required with RequestAuthorization Criteria for all indications:• Prescribed by, or in consultation with, a Cardiologist, Endocrinologist, or Lipid Specialist• Current lipid panel results within the past 90 days• Will be used in combination with maximum tolerated dosed statin and other lipid lowering	Initial Approval: 3 months Renewal Approval: 6 months
(PCSK9 Inhibitors) <sup>Ixiv</sup> Repatha Praluent	<ul> <li>therapies such as ezetimibe or bile acid sequestrants</li> <li>Member meets one of the following: <ul> <li>Trial and failure of 2 high intensity statins for 90 days</li> <li>For example, atorvastatin greater than or equal to 40 mg and rosuvastatin greater than or equal to 20 mg, at maximum tolerated doses and in combination with other</li> </ul> </li> </ul>	<ul> <li>Requires:</li> <li>Current Lipid Panel within past 3 months</li> <li>Claims history to support compliance</li> </ul>



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>lipid lowering therapies such as ezetimibe or bile acid sequestrants</li> <li>Member had intolerance to at least 2 different statins as defined by one of the following:         <ul> <li>Documentation supporting skeletal muscle related symptoms</li> <li>For example, myopathy, myositis or abnormal biomarkers such as alanine aminotransferase/aspartate aminotransferase (ALT/AST) 3 times the upper limit of normal, elevation of creatinine kinase 10 times the upper limit of normal, or elevation of creatine kinase 4 times the upper limit of normal with evidence of rhabdomyolysis)</li> <li>Documentation that dose reduction was attempted for resolution of symptoms and for biomarker abnormalities rather than discontinuation of statin therapy altogether</li> <li>Documentation that is contraindicated for statin therapy</li> <li>For example, chronic active liver disease, persistent elevation of serum transaminases</li> </ul> </li> <li>Additional Criteria based on Indication         <ul> <li>Repatha or Praluent</li> </ul> </li> </ul>	or adherence
	<ul> <li>Atherosclerotic Cardiovascular Disease:</li> <li>Member is 18 years of age or older</li> <li>There is supporting evidence of high cardiovascular disease risk <ul> <li>For example, history of acute coronary syndrome, myocardial infarction, stable or unstable angina, coronary or other revascularization (percutaneous coronary</li> </ul> </li> </ul>	Repatha• Atherosclerotic Cardiovascular Disease o02 syringes per 28



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>intervention/coronary artery bypass grafting), stroke, transient ischemic attack, peripheral arterial disease presumed to be of atherosclerotic origin).</li> <li>Lab results to support a Low-Density Lipoproteins level greater than or equal to 70 mg/dL (treated)</li> <li>Repatha or Praluent</li> <li>Heterozygous Familial Hypercholesterolemia</li> <li>Member is 18 years of age or older</li> <li>There is evidence of one of the following:         <ul> <li>Low-Density Lipoprotein (LDL)-C is greater than 190 mg/dL either pretreatment or highest on treatment</li> <li>Physical evidence of tendon xanthomas or evidence of these signs in a 1<sup>st</sup> or 2<sup>nd</sup> degree relative Deoxyribonucleic acid (DNA) based evidence of a Low-Density Lipoprotein receptor mutation, Apolipoprotein B100 (APO-B100), or Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) mutation</li> <li>Who/Dutch Lipid Network Criteria result with a score of greater than or equal to 70 mg/dL on treatment.</li> </ul> </li> <li>Repatha         <ul> <li>Hemozygous Familial Hypercholesterolemia:</li> <li>Member is 13 years of age or older</li> <li>There is evidence of one of the following:                 <ul> <li>Genetic confirmation of two mutant alleles at low-density lipoprotein receptor, or</li> </ul> </li> </ul> </li> </ul>	days Heterozygous Familial Hypercholesterolemi a: 2 syringes per 28 days May be increased to 3 (140mg) syringes OR 1 (420mg) syringe per 28 days if LDL is >70 after initial trial <b>Repatha</b> Homozygous Familia Hypercholesterolemi a 3 (140mg) syringes OR 1 (420mg) syringe per 28 days



### Pharmacy Prior Authorization

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Apolipoprotein B100 (APO-B100), or Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9),</li> <li>History of untreated Low-Density Lipoprotein level over 500mg/dL, or treated Low-Density Lipoprotein level over 300mg/dL and member is on maximum dosed statin with evidence of one of the following: <ul> <li>Presence of cutaneous xanthoma before the age of 10</li> <li>Evidence of Heterozygous Familial Hypercholesterolemia in both parents</li> </ul> </li> <li>Low-Density Lipoprotein reduction was less than 50% on current lipid lowering therapy</li> <li>For example, high intensity statin + ezetimibe or bile acid sequestrants</li> </ul>	
Platelet Inhibitors <sup>lxv</sup>	May be approved when all the following criteria are met: Brilinta:	Approve for members stabilized in hospital
Brilinta	<ul> <li>Diagnosis of Acute Coronary Syndrome (for example, unstable angina, ST-Elevation</li> </ul>	Initial Approval
	Myocardial Infarction (STEMI), or Non-ST-Elevation Myocardial Infarction (NSTEMI))	Brilinta 12 months
Zontivity	Aspirin dose does not exceed 100 mg per day	History of stent
	Member does not have any of the following:	thrombosis or re-



### **Pharmacy Prior Authorization**

### **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Active pathological bleed</li> <li>History of intracranial hemorrhage</li> <li>Planned Coronary Artery Bypass Grafting (CABG)</li> </ul> Zontivity: <ul> <li>Member has a history of Myocardial Infarction, or Peripheral Artery Disease</li> <li>Will be used with aspirin and/or clopidogrel</li> <li>Member does not have any of the following: <ul> <li>History of stroke (Transient Ischemic Attack)</li> <li>Intracranial hemorrhage</li> <li>Active pathological bleeding (for example, peptic ulcer)</li> </ul> </li> </ul>	stenosis may be         approved indefinitely         Zontivity: 12 months         Renewal Approval         12 months         Requires:         Member is not at high         risk of bleeding, or has         significant overt bleeding
Progestin-only Intrauterine Devices (IUD) <sup>Lxv</sup> Preferred: Liletta	<ul> <li>Liletta is the formulary preferred agent. Requests for non-preferred agents will be approved when ONE of the following criteria is met:</li> <li>Member has tried and failed or has a documented contraindication to Liletta that is not present with the requested progestin-only intrauterine device (IUD)</li> <li>Request is for Mirena and medication is being used to treat heavy menstrual bleeding</li> </ul>	Quantity Level LimitBrilinta: 2 tablets per dayZontivity: 1 tablet per dayZontivity: 1 tablet per dayApproval:1 yearQuantity Level Limits:Lilleta, Kyleena, andMirena – 1 IUD every 5years



### **Pharmacy Prior Authorization**

## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
<b>Non-Preferred:</b> Kyleena Mirena Skyla		Skyla – 1 Intrauterine Device (IUD) every 3 years
Promacta <sup>Ixvii</sup>	<ul> <li>For all indications:</li> <li>Attestation that Provider to monitor the following labs at baseline and regularly throughout therapy, per frequency outlined in package insert: <ul> <li>Ocular examination</li> <li>Complete blood count with differentials</li> <li>Platelet count</li> <li>Liver function tests</li> </ul> </li> <li>Chronic immune thrombocytopenia (ITP) - Relapsed or Refractory: <ul> <li>Member is at least 1 year of age</li> <li>Member had insufficient response to corticosteroids or immunoglobulins</li> <li>Documentation that Promacta is being used to prevent major bleeding in member with platelet count is normal range (150,000-450,000/mm<sup>3</sup>)</li> </ul> </li> </ul>	Initial Approval: 4 weeks Dosing Restrictions by Indication: • Chronic ITP: • 75mg/day • Hepatitis C- associated Thrombocytopenia: • 100mg/day • Aplastic Anemia: • 150mg/day
	<ul> <li>Hepatitis C-associated Thrombocytopenia:</li> <li>Member is at least 18 years of age</li> <li>Medication is prescribed by or in consultation with a hepatologist, gastroenterologist, or infectious disease specialist</li> </ul>	<ul> <li>Renewal Approval:</li> <li>Chronic ITP         <ul> <li>(idiopathic</li> <li>thrombocytopenic</li> <li>purpura) with</li> </ul> </li> </ul>



# Pharmacy Prior Authorization

## Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Member has chronic hepatitis C with baseline thrombocytopenia (documentation of platelet count less than 75,000/mm<sup>3</sup>) that prevents initiation of interferon-based therapy when interferon is required</li> <li>NOTE: If member is not receiving interferon-based therapy for treatment of Hepatitis C, Promacta should NOT be approved</li> <li>Severe Aplastic Anemia: <ul> <li>Member meets one of the following:</li> <li>Age is at least 17 years old for treatment of refractory aplastic anemia</li> <li>Age is at least 2 years old for first-line treatment of severe aplastic anemia in combination with standard immunosuppressive therapy</li> </ul> </li> <li>Medication is prescribed by or in consultation with a hematologist</li> <li>Diagnosis of severe aplastic anemia is confirmed by documentation of both the following: <ul> <li>Bone marrow cellularity less than 25% (or 25 to 50% if less than 30 percent of residual cells are hematopoietic)</li> <li>At least two of the following: <ul> <li>Absolute Neutrophil Count (ANC) less than 500/mm<sup>3</sup></li> <li>Platelet count less than 20,000/mm<sup>3</sup></li> </ul> </li> </ul></li></ul>	
	<ul> <li>OR</li> <li>Anemia is refractory to previous first line treatment, including hematopoietic cell transplantation or immunosuppressive therapy with combination of cyclosporine A and antithymocyte globulin (ATG)</li> </ul>	associated Thrombocytopenia with documented platelet increase to



## Pharmacy Prior Authorization

## **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Documentation member has a platelet count less than 30,000/mm<sup>3</sup></li> <li>Limitations of Use: Promacta is not indicated for treatment of myelodysplastic syndrome and is not a covered benefit</li> </ul>	<ul> <li>greater than 50,000/mm<sup>3</sup>:         <ul> <li>Duration of antiviral treatment</li> </ul> </li> <li>Hepatitis C- associated Thrombocytopenia without documented platelet increase to greater than 50,000/mm<sup>3</sup>:         <ul> <li>4 additional weeks with dose increase up to a maximum of 100mg/day</li> </ul> </li> <li>Aplastic anemia with documented platelet increase to greater than or equal to 50,000/mm<sup>3</sup>:         <ul> <li>6 months at</li> </ul> </li> </ul>



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## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		current dose • Aplastic Anemia without documented platelet increase to greater than or equal to 50,000/mm <sup>3</sup> : • 4 additional weeks with dose increase up to maximum of 150mg/day



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## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Proton Pump Inhibitors <sup>Ixviii</sup> <u>Formulary:</u> Omeprazole Prescription Capsules Omeprazole Over the Counter (OTC) Omeprazole Magnesium Over the Counter (OTC) Caps Omeprazole 20mg Orally Disintegrating Tablet (ODT)	<ul> <li>Dexilant, esomeprazole Rx (prescription), and omeprazole/sodium-bicarbonate may be authorized when the following criteria are met:         <ul> <li>Trial and failure of at least three formulary Proton Pump Inhibitors (PPIs)</li> <li>One of the trials must be with a formulary Proton Pump Inhibitor (PPI) at double the usual starting dose:                 <ul></ul></li></ul></li></ul>	<ul> <li>Initial Approval:</li> <li>Once daily non- formulary: One year</li> <li>Severe erosive esophagitis, stricture, Zollinger-Ellison: One year</li> <li>All Others: One year</li> <li>All Others: Once daily non- formulary: One year</li> <li>Severe erosive esophagitis, stricture, Zollinger-Ellison: One year</li> <li>All Others: One year</li> <li>All Others: One year</li> </ul>
First- omeprazole Omeprazole & SyrSpend SF	<ul> <li>Zollinger-Ellison)</li> <li>Requests for high dose non-formulary Proton Pump Inhibitors (PPIs) require use of a formulary Proton Pump Inhibitor (PPI) at high dose</li> </ul>	<ul><li><i>Requires:</i></li><li>Response to therapy</li><li>For High Dose Proton</li></ul>



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## **Non-Formulary and Prior Authorization Guidelines**

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Alka		Pump Inhibitors:
Pantoprazole		Rationale for
Lansoprazole		continuing high dose
Prescription		and failure to once
Capsules		daily dosing after
Lansoprazole		completion of high
Over the		dose course
Counter (OTC)		
First-		
lansoprazole		
Rabeprazole		
20mg tablet		
Non-Formulary:		
Dexilant		
Esomeprazole		
Nexium		
granules/suspe		
nsion		
Nexium Over		
the Counter		
(OTC)		
Prilosec		



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## Non-Formulary and Prior Authorization Guidelines

Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
granules		
Aciphex		
Sprinkle		
Protonix		
Granules		
Omeprazole-		
sodium		
bicarbonate		
Prevacid		
Solutab		
Prilosec Over		
the Counter		
(OTC)		
Prevacid Over		
the Counter		
(OTC)		
Lansoprazole		
Orally		
Disintegrating		
Tablet (ODT)		
Pulmonary	Authorization Guideline for All Agents:	Initial Approval:
Arterial	Prescribed by, or in consultation with pulmonologist or cardiologist	6 months
<b>Hypertension</b> <sup>lxix</sup>	Evidence of right heart catheterization with mean Pulmonary Arterial Pressure (mPAP)	



### Pharmacy Prior Authorization

### **Non-Formulary and Prior Authorization Guidelines**

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	greater than or equal to 25 mmHg	Renewal:
PREFERRED	Medical records supporting diagnosis of Pulmonary Arterial Hypertension World Health     Organization Group I with Functional Class II to IV symptoms	1 year
AGENTS	<ul> <li>Member meets one of the following criteria:</li> </ul>	Requires:
<u>Oral:</u> sildenafil tadalafil Tracleer Letairis Opsumit <u>Injectable:</u> epoprostenol	<ul> <li>Negative vasoreactivity test</li> <li>Contraindication to vasoreactivity test</li> <li>For example, low blood pressure, low cardiac index, or presence of severe Functional Class IV symptoms</li> <li>Positive vasoreactivity test with inadequate response, or intolerance, to one calcium channel blocker:         <ul> <li>For example, amlodipine, nifedipine ER, or diltiazem</li> <li>Contraindication to use of calcium channel blockers</li> </ul> </li> <li>Note: Adempas may include World Health Organization Group IV and does not require trial of calcium channel blocker</li> </ul>	<ul> <li>Medical records and lab results to support response to therapy; maintain or achieve a low risk profile</li> <li>For example, improvement in 6- minute walk distance functional class, or reducing time to</li> </ul>
PREFERRED	Additional Drug Specific Criteria:	clinical worsening
AGENTS:	Brand Revatio (sildenafil) oral suspension	Quantity Level Limit:
<u>Oral:</u> Adempas	<ul> <li>Documentation to support inability to swallow, and necessity of brand suspension formulation</li> </ul>	<u>Adempas</u> : 90 tablets per 30 days
Orenitram	tadalafil	<u>Opsumit:</u>
Revatio Uptravi <b>Inhaled:</b>	<ul> <li>Documentation to support trial and failure of, or intolerance to sildenafil</li> <li>Adempas (riociguat)</li> <li>Member meets one of the following diagnoses:</li> </ul>	30 tablets per 30 days <u>Orenitram: Determine by</u> <u>tolerability:</u>



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
Tyvaso	o Diagnosis of Pulmonary Arterial Hypertension, World Health Organization Group I (as	90 tablets per 30 days
Ventavis	described above) and member tried and failed all preferred oral agents:	<u>Sildenafil</u> :
Injectable:	<ul> <li>Phosphodiesterase 5 Inhibitors (sildenafil and tadalafil)</li> </ul>	90 tablets per 30 days
Flolan	<ul> <li>Endothelin Receptor Antagonists (Tracleer, Letairis and Opsumit)</li> </ul>	Brand Revatio oral
Remodulin	<ul> <li>Diagnosis of Chronic Thromboembolic Pulmonary Hypertension, World Health</li> </ul>	suspension:
treprostinil	Organization Group IV and one of the following:	180 mL per 30 days
Veletri	Recurrent or persistent Chronic Thromboembolic Pulmonary Hypertension, after	<u>Tadalafil</u> :
Veletit	surgical treatment	60 tablets per 30 days
	Inoperable Chronic Thromboembolic Pulmonary Hypertension	<u>Tracleer</u> :
	Uptravi (selexipag), Orenitram (treprostinil)	60 tablets per 30 days
	<ul> <li>Member does not have severe hepatic impairment (Child-Pugh class C)</li> </ul>	<u>Letairis</u> :
	<ul> <li>For members with World Health Organization Functional Class II and III symptoms:</li> </ul>	30 tablets per 30 days
	<ul> <li>There was a trial and failure with all preferred oral agents:</li> </ul>	<u>Uptravi:</u>
	<ul> <li>Phosphodiesterase 5 Inhibitors (sildenafil and tadalafil)</li> </ul>	60 tablets per 30 days
	<ul> <li>Endothelin Receptor Antagonists (Tracleer, Letairis and Opsumit)</li> </ul>	(may be higher during
	For members with World Health Organization Functional Class IV symptoms:	titration phase)
	<ul> <li>There was a trial and failure with one Prostacyclin Analog such as epoprostenol</li> </ul>	<u>Tyvaso</u> :
		54 mcg (9 breaths) per
	Tyvaso (treprostinil), Ventavis (Iloprost), Remodulin (treprostinil), treprostinil	treatment session, 4
	<ul> <li>Member has World Health Organization Functional Class III-IV symptoms (for example,</li> </ul>	times daily
	Tyvaso and Ventavis) or Functional Class II-IV symptoms (for example, Remodulin)	<u>Flolan/Veletri</u> :
	<ul> <li>For members with World Health Organization Functional Class II and III symptoms:</li> </ul>	56 vials per 28 days
	<ul> <li>There was a trial and failure with all preferred oral agents:</li> </ul>	Remodulin/treprostinil:
L	o more was a that and failure with all preferred oral agents.	



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Phosphodiesterase Type 5 Inhibitors (sildenafil and tadalafil)</li> <li>Endothelin Receptor Antagonists (Tracleer, Letairis, and Opsumit)</li> <li>For members with World Health Organization Functional Class IV symptoms:         <ul> <li>There was a trial and failure with one Prostacyclin Analog such as epoprostenol</li> </ul> </li> </ul>	1 vial per 30 days
	<ul> <li>Coverage Limitation:</li> <li>Any contraindications to treatment including but not limited to the following:</li> <li>Pregnancy: Endothelin Receptor Antagonists and Adempas</li> <li>Concurrent use of nitrate or nitric oxide donors (for example, isosorbide mononitrate, isosorbide dinitrate, nitroglycerin): Phosphodiesterase Type 5 Inhibitors and Adempas</li> <li>Child Pugh class C hepatic impairment: Orenitram, Uptravi</li> <li>Heart Failure with severe left ventricular dysfunction: Veletri/epoprostenol</li> <li>Pulmonary veno-occlusive disease: tadalafil, sildenafil, Letairis, Opsumit, epoprostenol, Tracleer</li> </ul>	
	<ul> <li>Coverage Exclusions:</li> <li>Requests for Viagra (sildenafil) for Pulmonary Arterial Hypertension must be redirected to Revatio (sildenafil).</li> <li>Requests for Cialis (tadalafil) for Pulmonary Arterial Hypertension must be redirected to tadalafil.</li> </ul>	
	<ul> <li>Additional Information:</li> <li>Pediatric case requests have an accepted off-label use and will require to further be sent to medical director for review</li> </ul>	
	WHO Functional Classification of Pulmonary Hypertension	





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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	(modified after New York Heart Association (NYHA) FC)	
	Class I:	
	• No limitation of physical activity. Ordinary physical activity does not cause undue dyspnea or fatigue, chest pain, or near syncope.	
	Class II:	
	Slight limitation of physical activity. Comfortable at rest, but ordinary physical activity	
	causes undue dyspnea or fatigue, chest pain, or near syncope.	
	Class III:	
	Marked limitation of physical activity. Comfortable at rest, but less than ordinary activity	
	causes undue dyspnea or fatigue, chest pain, or near syncope. Class IV:	
	<ul> <li>Inability to carry out any physical activity without symptoms. Dyspnea and/or fatigue may be present at rest and discomfort is increased by any physical activity.</li> </ul>	
Pyrimethamine	Documentation Requirement Includes Physician Progress Notes, and Lab Work per Below	Initial Approval:
(Daraprim) <sup>txx</sup>	Criteria	Toxoplasmosis, Primary
		Prophylaxis
	Toxoplasmosis Encephalitis – Primary Prophylaxis	Approve 3 months
	Member must meet all of the following:	Toxoplasmosis, Acute
	<ul> <li>Prescribed by, or in consultation with an Infectious Disease specialist</li> </ul>	Treatment
	<ul> <li>Diagnosis of Human Immunodeficiency Virus (HIV) with cluster differentiation 4 (CD4)</li> </ul>	Approve 6 weeks
	count less than 100 cells/microL	Acquired and
	<ul> <li>Seropositive for anti-toxoplasma immunoglobulin G anti-bodies (IgG)</li> </ul>	Congenital
	<ul> <li>Intolerance or contraindication to trimethoprim-sulfamethoxazole</li> </ul>	Toxoplasmosis,



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>For non-life-threatening reactions, National Acquired Immuno-Deficiency Syndrome (AIDS) Guideline recommends re-challenge         <ul> <li>Pyrimethamine to be given in combination with leucovorin</li> <li>Note: Discontinue treatment if cluster differentiation 4 (CD4) is greater than 200 cells/microL for more than 3 months, in response to antiretroviral therapy</li> </ul> </li> <li>Toxoplasmosis Encephalitis – Treatment, Human Immunodeficiency Virus (HIV)</li> </ul>	Treatment - Non- Human Immunodeficiency Virus (HIV) Related • Approve 6 weeks
	<ul> <li>Associated</li> <li>Member must meet all of the following: <ul> <li>Prescribed by, or in consultation with an Infectious Disease specialist, or Human Immunodeficiency Virus (HIV) specialist</li> <li>Diagnosis of Human Immunodeficiency Virus (HIV) with cluster differentiation 4 (CD4) count less than 100 cells/microL</li> <li>Seropositive for anti-toxoplasma immunoglobulin G anti-bodies (IgG)</li> <li>Magnetic resonance imaging (MRI), or Computed Tomography (CT) results, to support Central Nervous System (CNS) lesions</li> <li>Treatment will be in combination with a sulfonamide and leucovorin</li> </ul> </li> <li>Toxoplasmosis Encephalitis, Chronic Maintenance Therapy (Secondary Treatment / Secondary Prophylaxis)</li> <li>Member must meet all of the following:</li> <li>Prescribed by, or in consultation with an Infectious Disease specialist, or Human Immunodeficiency Virus (HIV) specialist</li> <li>Member has successfully completed 6 weeks of initial therapy</li> </ul>	Renewals:Toxoplasmosis, ChronicMaintenance Therapy• Approve 6 monthsToxoplasmosis, PrimaryProphylaxis• Compliance to treatment• Lab results to support Cluster Differentiation 4 (CD4) Count• Approve 3 months• Note: Restart Primary Prophylaxis, if



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
	<ul> <li>There is documented improvement in clinical symptoms</li> </ul>	differentiation 4
	<ul> <li>Magnetic Resonance Imaging (MRI), or Computed Tomography (CT) indicates</li> </ul>	(CD4) count
	improvement in ring enhancing lesions, prior to start of maintenance therapy	decreases to less
	<ul> <li>Antiretroviral Therapy has been initiated</li> </ul>	than 100 to 200
	<ul> <li>Treatment is in combination with a sulfonamide and leucovorin</li> </ul>	cells/microL
	Note: Discontinue treatment if cluster differentiation 4 (CD4) is greater than 200	
	cells/microL for more than 6 months, in response to Antiretroviral Therapy	<b>Quantity Level Limit</b>
	Acquired and Congenital Toxoplasmosis, Treatment (Non-Human Immunodeficiency Virus	<u>(QLL):</u>
	(HIV) Related)	Induction: 90/30
	Member must meet all of the following:	Maintenance: 60/30
	<ul> <li>Prescribed by, or in consultation with an Infectious Disease specialist</li> </ul>	
	o Pyrimethamine will be used in combination with a sulfonamide and leucovorin	
Ranolazine	For members who meet all of the following:	Initial Approval:
(Ranexa) <sup>lxxi</sup>	Member is 18 years of age or older	1 year
	Diagnosis of chronic angina	
	Member had an inadequate trial and failure to one formulary agent from each of the	<u>Renewal:</u>
	following three drug classes:	1 year
	o Beta blockers	
	<ul> <li>Calcium channel blockers</li> </ul>	<b>Quantity Level Limit:</b> 2
	<ul> <li>Long acting nitrates</li> </ul>	tablets/day
	Or has a documented contraindication or intolerance to beta blockers, calcium channel	
	blockers, AND long-acting nitrates	



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Rectiv	Rectiv may be authorized when the following criteria are met:	Initial Approval:
	Patient has a diagnosis of pain associated with anal fissures.	6 months
		Renewal:
		1 year
<b>Revlimid</b> <sup>1xxii</sup>	General Criteria:	Initial Approval:
(lenalidomide)	<ul> <li>Prescribed by or in consultation with an oncologist</li> <li>Member is 18 years of age or older</li> </ul>	1 year
	<ul> <li>In addition, Revlimid may be authorized when one of the following criteria is met:</li> <li>Multiple myeloma</li> <li>Mantle cell lymphoma, after relapse or progression with two prior therapies, one of which includes Velcade (bortezomib)</li> <li>Myelodysplastic Syndrome, member meets one of the following: <ul> <li>Symptomatic anemia associated with the 5q-deletion cytogenetic abnormality</li> <li>Symptomatic anemia without the 5q-deletion, and serum erythropoietin levels greater than 500 mU/mL or history of failure, contraindication, or intolerance to a preferred erythropoietin</li> </ul> </li> <li>Diffuse Large B-cell Lymphoma with one of the following: <ul> <li>Used as maintenance therapy for ages 60 – 80 years</li> <li>Used as second-line therapy or as therapy for relapsed/refractory disease</li> </ul> </li> <li>Follicular lymphoma</li> <li>Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma with one of the following: <ul> <li>Used for post first-line chemoimmunotherapy maintenance</li> </ul> </li> </ul>	<ul> <li>Renewal Approval: 1 year</li> <li>Requires <ul> <li>Member does not show evidence of progressive disease while on therapy</li> <li>Member does not have unacceptable toxicity from therapy</li> </ul> </li> </ul>



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if
		<b>Requirements Are Met</b>
	<ul> <li>Used for relapsed or refractory disease</li> </ul>	
	Systemic light chain amyloidosis, in combination with dexamethasone	
	Hodgkin's Lymphoma, as subsequent therapy for relapsed/refractory disease	
	<ul> <li>Adult T-cell leukemia/lymphoma, second-line or subsequent therapy</li> </ul>	
	Peripheral T-cell lymphoma, second-line or subsequent therapy for relapsed or refractory disease	
	Marginal Zone Lymphoma, including Mucosa-Associated Lymphoid Tissue Lymphoma, nodal marginal zone lymphoma, and splenic marginal zone lymphoma	
	<ul> <li>Disease has been previously treated and therapy will be given in combination with rituximab</li> </ul>	
	• Myelofibrosis-associated anemia with serum erythropoietin levels greater than or equal to 500 mU/mL, or failure with a preferred erythropoiesis stimulating agent	
	Acquired Immune Deficiency Syndrome (AIDS)-Related B-cell lymphoma, as second-line     or subsequent therapy	
	Castleman's Disease, as second-line or subsequent therapy for disease that has progressed following therapy for relapsed/refractory or progressive disease	
	Mycosis fungoides/Sezary syndrome	
Second/Third	Imatinib, a first-generation Tyrosine Kinase Inhibitor (TKI), is the preferred agent for Chronic	Initial Approval:
Generation	Myeloid Leukemia (CML) and Acute Lymphoblastic Leukemia (ALL) with prior authorization	1 year
Tyrosine Kinase Inhibitors (TKI)	Imatinib should NOT be used in patients who had treatment failure with a second or third generation Tyrosine Kinase Inhibitor (TKI)	<u>Renewal Approval:</u> 3 years
for Chronic	Tasigna and Sprycel - Second generation Tyrosine Kinase Inhibitors (TKIs), are formulary	- ,



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#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Myeloid	preferred with prior authorization	Requires
Leukemia (CML) and Acute Lymphoblastic Leukemia (ALL) <sup>Lxxiii</sup>	<ul> <li>General Criteria:</li> <li>Prescribed by or in consultation with an oncologist</li> <li>Member is 18 years of age or older</li> <li>Exception for Tasigna: Diagnosis of Chronic myeloid leukemia (CML) in chronic phase for 1 year of age or older</li> <li>Exception for Sprycel: Diagnosis of Chronic myeloid leukemia (CML) in chronic phase and newly diagnosed Philadelphia Chromosome Positive (Ph+) Acute Lymphoblastic Leukemia (ALL) in those 1 year of age or older</li> </ul>	<ul> <li>Requires</li> <li>Member does not show evidence of progressive disease while on therapy</li> <li>Member does not have unacceptable toxicity from therapy</li> </ul>
Generation: Sprycel (dasatinib) Tasigna (nilotinib) Bosulif (bosutinib)	<ul> <li>In addition, Tasigna or Sprycel may be authorized when one the following criteria is met:</li> <li>Newly diagnosed Chronic Myeloid Leukemia (CML) in chronic phase: <ul> <li>Low to intermediate risk group determined by EUTOS, Euro [Hasford], or Sokal scores, requires trial of imatinib; or</li> <li>High risk group determined by EUTOS, Euro [Hasford], or Sokal scores</li> </ul> </li> <li>Newly diagnosed Philadelphia chromosome positive (Ph+), or BCR-ABL1 positive Acute Lymphoblastic Leukemia (ALL)</li> </ul>	
<u>Third</u> <u>Generation</u> : Iclusig (ponatinib)	<ul> <li>Chronic Myeloid Leukemia (CML) in chronic or advanced phase, or Philadelphia chromosome positive (Ph+), or BCR-AB1 positive Acute Lymphoblastic Leukemia: Intolerance, disease progression, or resistance to prior therapy of imatinib</li> <li>Follow-up treatment for Chronic Myeloid Leukemia (CML) with allogeneic hematopoietic cell transplant</li> </ul>	
	In addition, Bosulif may be authorized when ONE the following criteria is met:	



### Pharmacy Prior Authorization

### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
<ul> <li>Newly diagnosed Philadelphia chromosome positive (Ph+) Chronic Myeloid Leukemia (CML) in chronic phase:         <ul> <li>Low or intermediate risk group determined by EUTOS, Euro [Hasford], or Sokal scores, requires trial of imatinib, AND Tasigna or Sprycel</li> <li>High risk group determined by EUTOS, Euro [Hasford], or Sokal scores, requires trial of Tasigna or Sprycel</li> </ul> </li> <li>Chronic Myeloid Leukemia (CML) in chronic phase or in advanced phase, or Philadelphia chromosome positive (Ph+), or BCR-ABL1 positive Acute Lymphoblastic Leukemia (ALL), and intolerance, disease progression, or resistance to imatinib and Tasigna or Sprycel</li> <li>Follow-up treatment for Chronic Myeloid Leukemia after allogeneic hematopoietic cell transplant</li> </ul>		
	<ul> <li>In addition, Iclusig may be authorized when one of the following criteria is met:</li> <li>Chronic Myeloid Leukemia (CML) in chronic phase, or advanced phase, or Philadelphia chromosome positive (Ph+), or BCR-ABL1 positive Acute Lymphoblastic Leukemia (ALL) (note: not indicated in newly diagnosed chronic phase CML)</li> <li>T315I-positive OR</li> <li>Disease has not responded to 2 or more Tyrosine Kinase Inhibitor (TKI) therapies (for example, imatinib, Tasigna, Sprycel, or Bosulif), or other Tyrosine Kinase Inhibitor (TKI) therapies (For example, imatinib, Tasigna, Sprycel, or Bosulif), or other Tyrosine Kinase Inhibitor (TKI) therapies (Interpreted to 2 or more Tyrosine Kinase Inhibitor (TKI) therapy is not indicated.</li> <li>Follow-up treatment for Chronic Myeloid Leukemia (CML) after allogeneic hematopoietic cell transplant</li> </ul>	
Somatostatin	Criteria for approval of Non-Preferred agents:	Initial Approval:
Analogs <sup>lxxiv</sup>	Must meet general clinical and indication-based criteria	6 months



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	Member had inadequate response, intolerable side effects, or contraindication to	
Preferred	Sandostatin Long Acting Release (LAR)	Renewal:
agents:	General Authorization Criteria for ALL Indications:	Acromegaly,
Octreotide	Member is 18 year of age or older (unless prescribed for pediatric chemotherapy-induced diarrhea)	Cushing's, Carcinoid and VIPomas: One
Sandostatin	Sandostatin Long Acting Release (LAR) and Somatuline Depot:	year
Long Acting Release (LAR)	<ul> <li>Baseline testing for the following:</li> <li>A1c or fasting glucose</li> <li>Thyroid-stimulating hormone</li> </ul>	<ul> <li>All other indications:</li> <li>6 months</li> </ul>
<u>Non-preferred</u> agents:	<ul> <li>Electrocardiography</li> <li><u>Signifor and Signifor Long Acting Release (LAR)</u>:         <ul> <li>Baseline testing for the following:</li> </ul> </li> </ul>	<i>Requires:</i> Documentation of the
Signifor	<ul><li>A1c, or fasting plasma glucose</li><li>Electrocardiography</li></ul>	following for all indications:
Signifor Long Acting Release (LAR) Somatuline Depot	<ul> <li>Electrocardiography</li> <li>Potassium</li> <li>Magnesium</li> <li>Thyroid-stimulating hormone</li> <li>Liver function tests</li> <li>Attestation that gallbladder ultrasound has been completed</li> </ul>	<ul> <li>A1c or fasting glucose</li> <li>Electrocardiography</li> <li>Monitor for cholelithiasis and discontinue if complications of</li> </ul>
Dobot	Additional Criteria Based on Indication:	cholelithiasis are
	<ul> <li><u>Acromegaly</u> (Octreotide, Sandostatin Long Acting Release, Somatuline Depot, Signifor Long Acting Release):         <ul> <li>Prescribed by, or in consultation with, an endocrinologist</li> </ul> </li> </ul>	<ul> <li>Thyroid-stimulating hormone</li> </ul>



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		<b>Requirements Are Met</b>
	<ul> <li>Member has one of the following:</li> </ul>	Response to therapy
	<ul> <li>Persistent disease following radiotherapy and/or pituitary surgery</li> </ul>	
	<ul> <li>Surgical resection is not an option as evidenced by one of the following:</li> </ul>	<b>Documentation of</b>
	a) Majority of tumor cannot be resected	additional requirements
	b) Member is a poor surgical candidate based on comorbidities	per indication or drug:
	c) Member prefers medical treatment over surgery, or refuses surgery	Acromegaly:
	<ul> <li>Baseline insulin-like growth factor-1 (IGF-1) meets one of the following criteria:</li> </ul>	Decreased or
	<ul> <li>Greater than or equal to 2 times the upper limit of normal for age</li> </ul>	normalized insulin-
	<ul> <li>Remains elevated despite a 6-month trial of maximally tolerated dose of</li> </ul>	like growth factor-1
	cabergoline (unless member cannot tolerate, or has contraindication to	(IGF-1) levels
	cabergoline)	Cushing's:
	<u>Carcinoid Tumor or Vasoactive Intestinal Polypeptide Secreting Tumor (VIPomas)</u>	• Decreased or
	(Octreotide, Sandostatin Long Acting Release, Somatuline Depot) - To reduce frequency	normalized cortiso
	of short-acting somatostatin analog rescue therapy:	levels
	<ul> <li>Prescribed by, or in consultation with, oncologist or endocrinologist</li> </ul>	Signifor:
	<u>Cushing's Syndrome</u> (Signifor):	<ul> <li>Liver function test</li> </ul>
	<ul> <li>Member has persistent disease after pituitary surgery, or surgery is not an option</li> </ul>	
	<ul> <li>Member had inadequate response, intolerable side effects, or contraindication to</li> </ul>	<b>Quantity Level Limits</b> :
	cabergoline	Octreotide:
	o NOTE: Member does not need a trial of octreotide or Sandostatin Long Acting Release	Max dose
	for approval	1500mcg/day
	Hepato-renal syndrome (Octreotide):	• Sandostatin (LAR):
	<ul> <li>Prescribed by hepatologist or nephrologist</li> </ul>	Maximum dose



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Must be used in combination with midodrine and albumin</li> <li><u>Gastro-entero-pancreatic neuroendocrine tumor</u> (Octreotide, Sandostatin Long Acting Release, Somatuline Depot):         <ul> <li>Prescribed by, or in consultation with, oncologist or endocrinologist</li> <li>Member has persistent disease after surgical resection, or is not a candidate for surgery</li> </ul> </li> <li>Octreotide may be reviewed for medical necessity and approved for the following:</li> <li>Chemotherapy induced diarrhea in pediatrics, when prescribed by, or in consultation with, oncologist</li> <li>Dumping Syndrome in adults 18 years of age or older</li> <li>Enterocutaneous fistula in adults 18 years of age or older</li> <li>Hyperthyroidism due to thyrotropinoma in adults 18 years of age or older</li> <li>Short bowel syndrome (associated diarrhea) in adults 18 years of age or older</li> <li>Portal hypertension and/or upper gastrointestinal bleed related to variceal bleeding, in adult members with esophageal varices that are 18 years of age or older</li> </ul>	<ul> <li>40mg every 4 weeks</li> <li>10mg and 30mg vials: 1 vial per 28 days</li> <li>20mg vials: 2 vials per 28 days</li> <li>Signifor: 2 vials per day</li> <li>Signifor (LAR): 1 vial per 28 days</li> <li>Somatuline Depot: 1 syringe per 28 days</li> </ul>
Spinraza <sup>lxxv</sup> (nusinersen)	<ul> <li>May be authorized when all the following criteria are met:</li> <li>Member has a diagnosis of spinal muscular atrophy confirmed by genetic testing</li> <li>Prescribed by, or in consultation with a neurologist</li> <li>Documentation that member has Type I, Type II, or Type III Spinal Muscular Atrophy</li> <li>Member is 15 years of age or younger at initiation of treatment</li> <li>Member is confirmed to have at least 2 copies of the Survival Motor Neuron-2 (SMN2) gene</li> <li>Genetic test confirms presence of one of the following chromosome 5q mutations or deletions:</li> </ul>	Initial Approval: 2 months2 monthsRenewal Approval: 4 months4 monthsRequires: • Response to therapy



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Homozygous deletions of Survival Motor Neuron-1 (SMN1) gene</li> <li>Homozygous mutation in the Survival Motor Neuron-1 (SMN1) gene</li> <li>Compound heterozygous mutation in the Survival Motor Neuron-1 (SMN1) gene (deletion of Survival Motor Neuron-1 (SMN1) exon 7 (allele 1), and mutation of Survival Motor Neuron-1 (SMN1) (allele 2))</li> <li>Member is not dependent on any of the following:         <ul> <li>Invasive ventilation for more than 16 hours per day, or tracheostomy</li> <li>Non-invasive ventilation for at least 12 hours per day</li> </ul> </li> <li>Baseline motor milestone score is obtained using one of the following assessments:         <ul> <li>Hammersmith Functional Motor Scale Expanded (HFMSE)</li> <li>Hammersmith Infant Neurologic Exam Part 2 (HINE-2)</li> <li>Revised Upper Limb Module (RULM) test</li> <li>Children's Hospital of Philadelphia Infant Test of Neuromuscular Disorders (CHOP-INTEND)</li> <li>Six-minute walk test</li> </ul> </li> <li>Baseline labs to rule out coagulation abnormalities and thrombocytopenia:         <ul> <li>Platelet count</li> <li>Prothrombin time (PT), and activated partial thromboplastin time (aPTT)</li> </ul> </li> <li>Baseline labs to rule out renal toxicity:         <ul> <li>Quantitative spot urine protein testing</li> </ul> </li> </ul>	<ul> <li>as demonstrated by medical records of one of the following         <ul> <li>Maintained, or improved motor milestone score, using the same exam as performed at baseline (refer to specific exam below)</li> <li>Achieved, and maintained any new motor milestones, whe otherwise would be unexpected to so, using the same exam as performed at baseline</li> </ul> </li> </ul>



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PA Guideline	Requirements	<b>Duration of Approval if</b>	
		<b>Requirements Are Met</b>	
		Requirements per Exam	
	Spinraza will not be approved for spinal muscular atrophy without confirmation of the	Performed:	
	chromosome 5q mutation or deletion testing.	Hammersmith Infant	
		Neurologic Exam	
		Part 2 (HINE-2)	
		<ul> <li>One of the</li> </ul>	
		following:	
		<ul> <li>Improvement</li> </ul>	
		or	
		maintenance	
		of previous	
		improvement	
		of at least a 2	
		point increas	
		in ability to	
		kick	
		<ul> <li>Improvement</li> </ul>	
		or	
		maintenance	
		of previous	
		improvement	
		of at least a 1-	
		point increase	



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PA Guideline	Requirements	Duration of Approval if
		Requirements Are Met
		in any other
		milestone (for
		example, head
		control,
		rolling, sitting,
		crawling),
		excluding
		voluntary
		grasp
		Hammersmith
		Functional Motor
		Scale Expanded
		(HFMSE)
		<ul> <li>Improvement, or</li> </ul>
		maintenance of
		previous
		improvement, of
		at least a 3-point
		increase in score
		from baseline
		Revised Upper Limb
		Module (RULM)
		<ul> <li>Improvement, or</li> </ul>



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		maintenance of
		previous
		improvement, of
		at least a 2-point
		increase in score
		from baseline
		Children's Hospital
		of Philadelphia
		Infant Test of
		Neuromuscular
		Disorders (CHOP
		INTEND)
		o Improvement, or
		maintenance of
		previous
		improvement, of
		at least a 4-point
		increase in score
		from baseline
		6-Minute Walk Test
		(6MWT)
		<ul> <li>Maintained, or</li> </ul>
		improved score



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		from baseline
		<ul> <li>The following laboratory tests showing improvement from pretreatment baseline status:         <ul> <li>Platelet count</li> <li>Coagulation test such as prothrombin tim (PT), activated partial thromboplastin time (aPTT)</li> <li>Quantitative spo urine protein test</li> </ul> </li> </ul>
		Quantity Level Limit:
		Initial:
		• 12 mg (5 mL) per
		administration
		Total of 4 loading



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		doses. First 3 doses are given at 14-day intervals. The 4th dose is given 30 days afte the 3rd dose. <u>Maintenance:</u> Given once every 4 months
Spiriva Respimat <sup>lxxvi</sup>	<b>Incruse Ellipta</b> is the formulary preferred agent for the treatment of chronic obstructive pulmonary disease (COPD) and does not require prior authorization	Initial Approval: 12 months
<ul> <li>Spiriva Respimat may be authorized when:</li> <li>Member is 6 years of age or older with a diagnosis</li> </ul>	<ul> <li>Spiriva Respimat may be authorized when:</li> <li>Member is 6 years of age or older with a diagnosis of asthma</li> <li>Member is currently taking an inhaled corticosteroid (ICS), and will continue with an inhaled</li> </ul>	<b>Renewal Approval:</b> 12 months
	<ul> <li>corticosteroid (ICS) when Spiriva is initiated</li> <li>There was a trial and failure with at least two formulary agents: <ul> <li>Inhaled corticosteroid</li> <li>Inhaled corticosteroid with a long-acting beta-2 agonist</li> <li>Montelukast or zafirlukast</li> </ul> </li> <li>NOTE: Spiriva HandiHaler, and Incruse Ellipta are not Food and Drug Administration (FDA) approved for asthma</li> </ul>	<b>Requires:</b> Member is currently taking an inhaled corticosteroid (ICS), and will continue to take the inhaled corticosteroid (ICS) along with the Spirite Pospimot
Sucraid	May be authorized when the following criteria is met:	Spiriva Respimat Initial Approval:



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Prescribed by a gastroenterologist, endocrinologist, or genetic specialist</li> <li>Member does not have secondary (acquired) disaccharidase deficiencies</li> <li>Documentation to support the diagnosis of congenital sucrose-isomaltase deficiency has been submitted:         <ul> <li>Diagnosis of congenital sucrose-isomaltase deficiency has been confirmed by low sucrose activity on duodenal biopsy and other disaccharidases normal on same duodenal biopsy</li> <li>If small bowel biopsy is clinically inappropriate, difficult, or inconvenient to perform, the following diagnostic tests are acceptable alternatives (all must be performed and results submitted):                 <ul> <li>Stool pH less than six; AND</li> <li>Breath hydrogen increase greater than 10 parts per million (ppm) following fasting sucrose challenge; AND</li> <li>Negative lactose breath test</li></ul></li></ul></li></ul>	2 months <u>Renewal:</u> 12 months <i>Requires</i> : Documentation to support a response to
Sutent (sunitinib) <sup>Lxxviii</sup>	<ul> <li>less and 17,000 units for those weighing more than 15kg</li> <li>General Criteria:         <ul> <li>Prescribed by or in consultation with an oncologist</li> <li>Member is 18 years of age or older</li> <li>In addition, Sutent may be authorized when one the following criteria is met:</li> </ul> </li> </ul>	Initial Approval: 1 year Renewal Approval:
	Treatment of Gastrointestinal Stromal Tumor (GIST) after disease progression while on or intolerance to imatinib	3 years <b>Requires:</b>



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Treatment of advanced Renal Cell Carcinoma (RCC)</li> <li>Adjuvant treatment for member at high risk of Recurrent Renal Cell Carcinoma (RCC) following nephrectomy         <ul> <li>Clear cell histology and stage III disease</li> <li>Unresectable, locally advanced, or metastatic pancreatic neuroendocrine tumors (pNET)</li> </ul> </li> <li>Angiosarcoma Solitary fibrous tumor/hemangiopericytoma</li> <li>Alveolar Soft Part Sarcoma (ASPS)</li> <li>Differentiated thyroid carcinoma (for example, papillary, follicular, and Hürthle cell) meets all the following:         <ul> <li>Unresectable recurrent, persistent locoregional, or distant metastatic disease</li> <li>Progressive and/or symptomatic iodine-refractory disease</li> <li>Nexavar (sorafenib) and Lenvima (lenvatinib) are not available, or are not clinically appropriate</li> </ul> </li> <li>Metastatic medullary thyroid carcinoma (MTC) that is persistent or recurrent:         <ul> <li>Member has symptomatic or progressive disease</li> <li>Trial of Caprelsa (vandetanib) or Cometriq (cabozantinib)</li> </ul> </li> <li>Locally advanced, advanced, or recurrent thymic carcinomas:         <ul> <li>Trial and failure of a first-line systemic therapy (for example carboplatin/paclitaxel or cisplatin/doxorubicin/ cyclophosphamide with prednisone)</li> <li>Recurrent chordoma</li> </ul> </li></ul>	<ul> <li>Member does not show evidence of progressive disease while on therapy</li> <li>Member does not have unacceptable toxicity from therapy</li> </ul>
Synagis <sup>lxxix</sup>	May be authorized for members in the following groups when the criteria is met: A. Preterm Infants without Chronic Lung Disease (CLD):	Initial Approval: 1 dose per month for a maximum of 5 doses per



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Gestational Age (GA) less than 29 weeks, 0 days	season
	• 12 months of age or younger at the start of Respiratory Syncytial Virus (RSV) season	
	B. Preterm Infants with Chronic Lung Disease (CLD):	**Note: infants born
	Gestational Age (GA) less than 32 weeks, 0 days	during Respiratory
	Member meets ONE of the following:	Syncytial Virus (RSV)
	$\circ$ Is less than 12 months of age at the start of Respiratory Syncytial Virus (RSV)	season may require
	season AND has required greater than 21% oxygen for greater than 28 days after birth	fewer than 5 doses**
	$\circ$ Is between 12 and 24 months of age at the start of Respiratory Syncytial Virus (RSV)	Requires:
	season AND continues to require medical support (for example, supplemental	Current weight to
	oxygen, chronic systemic corticosteroid therapy, diuretic therapy, or	confirm correct vial size
	bronchodilator therapy) within 6 months of the start of Respiratory Syncytial Virus (RSV) season	at 15mg/kg dose
	C. Infants with Hemodynamically Significant Congenital Heart Disease:	
	Member meets one of the following:	
	$\circ$ Is between 12 and 24 months of age at the start of Respiratory Syncytial Virus (RSV)	
	season AND has undergone cardiac transplantation during Respiratory Syncytial	
	Virus (RSV) season	
	$\circ$ Is less than 12 months of age at the start of Respiratory Syncytial Virus (RSV)	
	season AND meets ONE of the following:	
	<ul> <li>Has a diagnosis of acyanotic heart disease that will require cardiac surgery</li> </ul>	
	AND is currently receiving medication to control heart failure	
	<ul> <li>Diagnosis of cyanotic heart disease AND prophylaxis is recommended by a</li> </ul>	



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Pediatric Cardiologist	Requirements Are Met
	<ul> <li>Diagnosis of moderate to severe pulmonary hypertension</li> </ul>	
	D. Children with Anatomic Pulmonary Abnormalities or Neuromuscular Disorder:	
	<ul> <li>Is 12 months of age or younger at the start of Respiratory Syncytial Virus (RSV) season</li> </ul>	
	<ul> <li>Disease or congenital anomaly impairs ability to clear secretions from the upper airway because of ineffective cough</li> </ul>	
	E. Immunocompromised Children:	
	<ul> <li>Is 24 months of age or younger at the start of Respiratory Syncytial Virus (RSV) season</li> </ul>	
	<ul> <li>Child is profoundly immunocompromised during Respiratory Syncytial Virus (RSV) season</li> </ul>	
	F. Children with Cystic Fibrosis	
	Member meets one of the following:	
	<ul> <li>Is 12 months of age or younger and has clinical evidence of chronic lung disease (CLD) and/or nutritional compromise in the first year of life</li> </ul>	
	<ul> <li>Is 24 months of age or younger with manifestations of severe lung disease (previous hospitalization for pulmonary exacerbation in the first year of life or abnormalities on</li> </ul>	
	chest radiography or chest computed tomography that persist when stable) or weight for length less than the 10th percentile.	
	The following groups are not at increased risk of Respiratory Syncytial Virus (RSV) and should NOT receive Synagis:	



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<b>Tadalafil</b> (Cialis) <sup>Ixxx</sup>	<ul> <li>Infants and children with hemodynamically insignificant heart disease (for example, secundum atrial septal defect, small ventricular septal defect, pulmonic stenosis, uncomplicated aortic stenosis, mild coarctation of the aorta, and patent ductus arteriosus)</li> <li>Infants with lesions adequately corrected by surgery, unless they continue to require medication for congestive heart failure</li> <li>Infants with mild cardiomyopathy who are not receiving medical therapy for the condition</li> <li>Children with cystic fibrosis (unless the above criteria is met)</li> <li>Children with Down Syndrome (unless qualifying heart disease or prematurity)</li> <li>Children who had met the criteria above but experienced break through Respiratory Syncytial Virus (RSV) hospitalization during the current season.</li> <li>Tadalafil 2.5mg and 5mg may be approved for members who meet all the following:         <ul> <li>Two alpha blockers</li> <li>For example, alfuzosin, tamsulosin, doxazosin, terazosin</li> <li>Finasteride for at least 6 months</li> </ul> </li> <li>Member is not using any form of organic nitrate (for example, nitroglycerin, isosorbide dinitrate, isosorbide mononitrate or amyl nitrate) or Adempas</li> <li>NOTE: Use of tadalafil for treatment of erectile dysfunction including penile rehabilitation is not a covered benefit</li> </ul>	Initial Approval: 3 months Renewal Approval: 12 months Requires: • Demonstration of improvement in symptoms • Improvement of International Prostate Symptom Score



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		<ul> <li>(I-PSS), or American Urological Association (AUA) Symptom Index score from baseline</li> <li>Member continues to not use organic nitrates or Adempas</li> <li>Quantity Level Limit: 30/30 days</li> </ul>
<b>Tarceva<sup>lxxxi</sup></b> (erlotinib)	General Criteria:         •       Prescribed by or in consultation with an oncologist         •       Member is 18 years of age or older	Initial Approval: 1 year
	<ul> <li>In addition, Tarceva may be authorized when one the following criteria is met:</li> <li>Locally advanced or metastatic pancreatic cancer in combination with gemcitabine (Gemzar)</li> <li>Advanced or metastatic Non-Small Cell Lung Cancer (NSCLC) with one of the following: <ul> <li>Epidermal Growth Factor Receptor (EGFR) exon 19 deletion or exon 21 (L858R) substitution mutation</li> <li>Trial and failure, or adverse effect to at least one chemotherapy regimen (for example:</li> </ul> </li> </ul>	Renewal Approval:3 yearsRequires:• Member does not show evidence of progressive disease while on therapy



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	<ul> <li>platinum-based chemo regimen containing cisplatin or carboplatin)</li> <li>Central Nervous System Cancer <ul> <li>Member is positive for the sensitizing Epidermal Growth Factor Receptor (EGFR) exon</li> <li>19 deletion or exon 21 (L858R) substitution mutation, and meets one of the following:</li> <li>Brain metastases as result of recurrent Non-Small Cell Lung Cancer (NSCLC)</li> <li>Leptomeningeal or spinal metastases from Non-Small Cell Lung Cancer (NSCLC)</li> </ul> </li> <li>Advanced Renal Cell Carcinoma (RCC): <ul> <li>Non-clear cell histology</li> <li>Trial and failure with Sutent (sunitinib), Cometriq (cabozantinib), or Afinitor (everolimus)</li> </ul> </li> <li>Advanced, recurrent, or metastatic vulvar cancer when used as a single agent</li> <li>Recurrent chordoma <ul> <li>Trial of Gleevec (imatinib), Sutent (sunitinib), or Sprycel (dasatinib)</li> </ul> </li> </ul>	Member does not have unacceptable toxicity from therapy
Tavalisse <sup>lxxxii</sup>	<ul> <li>May be authorized when the following criteria are met:</li> <li>Member is 18 years of age or older</li> <li>Diagnosis of chronic immune thrombocytopenia (ITP)</li> <li>Medication is prescribed by or in consultation with a hematologist</li> <li>Insufficient response to a previous treatment (such as corticosteroid, splenectomy, intravenous immunoglobulin [IVIG], anti-D immunoglobulin, Thrombopoietin (TPO) Receptor Agonists (Promacta®, Nplate®), or Rituxan®)</li> <li>Documentation of a baseline platelet count: less than 30 x 10<sup>9</sup>/L</li> <li>After obtaining baseline assessments, provider agrees to:</li> <li>Monitor complete blood counts (CBCs), including platelet counts, monthly until a</li> </ul>	Initial approval: 4 months Renewals: 6 months Requires: • After 12 weeks, platelet count increases to a level



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>complete blood counts (CBCs), including neutrophils, regularly         <ul> <li>Monitor liver function tests (LFTs) (for example, alanine aminotransferase [ALT], aspartate aminotransferase [AST] and bilirubin) monthly</li> <li>Monitor blood pressure every 2 weeks until establishment of a stable dose, then monthly thereafter</li> </ul> </li> <li>No concomitant use with a strong CYP3A4 inducer (for example, phenobarbital, carbamazepine)</li> </ul>	<ul> <li>clinically important bleeding.</li> <li>Provider continues to monitor complete blood counts (CBCs), including neutrophils, blood pressure, liver function tests (LFTs)</li> </ul>
Testosterone agents <sup>lxxxiii</sup>	Non-Preferred products require trial and failure of two preferred formulary agents in addition to meeting the clinical criteria	Quantity Level Limit:2 tablets/dayInitial Approval:• 6 months
<b>Preferred:</b> Testosterone enanthate Testosterone cypionate Testosterone gel Testosterone	<ul> <li>Testosterone Replacement Therapy (TRT):</li> <li>Diagnosis of hypogonadism in males with consistent symptoms supported by one of the following:         <ul> <li>Documentation of two pretreatment serum total testosterone levels confirmed on two separate mornings with results below normal range (less than 264ng/dL or less than the reference range for the lab)</li> <li>Documentation of one pretreatment free or bioavailable testosterone level (less than the reference range for the lab), and             <ul> <li>Member has a condition that may alter sex-hormone binding globulin (for</li> </ul> </li> </ul> </li> </ul>	<ul> <li>Renewal:</li> <li>Delayed Puberty: 6 months All others: 12 months</li> <li>Requires:</li> <li><u>All indications</u> (except breast</li> </ul>



## Pharmacy Prior Authorization Non-Formulary and Prior Authorization Guidelines

### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
packets	example obesity, diabetes mellitus, hypothyroidism, etc.), or	cancer): Hematocrit
Testosterone	<ul> <li>Documentation that member's initial testosterone concentrations were at or</li> </ul>	less than 54%
solution	near the lower limit of normal	<u>Testosterone</u>
30mg/act	<ul> <li>Diagnosis of one of the following:</li> </ul>	Replacement
	<ul> <li>Bilateral Orchiectomy</li> </ul>	Therapy (TRT) and
Branded	<ul> <li>Genetic disorder due to hypogonadism (for example, Klinefelter syndrome)</li> </ul>	Female to Male
Products	<ul> <li>Panhypopituitarism</li> </ul>	Transsexualism (FtM
Non-Preferred	• Diagnosis of hypogonadism is not made during, or recovery from an acute illness, or when	TS): Documentation
Androderm	member is engaged in short-term use of certain medications (for example opioids and	testosterone remains
Androgel	glucocorticoids)	within the normal
Aveed	Attestation member does not have either of the following:	male range
Axiron	<ul> <li>Prostate cancer</li> </ul>	Delayed Puberty:
Delatestryl	<ul> <li>Male breast cancer</li> </ul>	Documentation
Depo-	Attestation that serum testosterone, prostate specific antigen (PSA), hemoglobin,	showing
Testosterone	hematocrit, liver functions tests, and lipid concentrations will be monitored periodically as	measurements of
Fortesta	appropriate	height/weight,
Jatenzo	Female to Male Transsexualism (FtM TS):	Tanner stage of
Natesto	Member must meet all the following:	pubertal
Striant	Age of 16 years or older	development, bone
Testim	An evaluation from a mental health professional shows there is a persistent, well-	age, and testicular
Testopel	documented diagnosis of gender dysphoria	size continue to be
Vogelxo	Co-morbid mental health concerns have been or are actively being addressed	taken and there is still
Xyosted	• Member made a fully informed decision and has given consent, and the parent and/or	evidence of small



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### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	guardian consents to treatment for those under 18 years of age	testes
	NOTE: Per the World Professional Association for Transgender Health (WPATH) Standards	For Testosterone
	of Care psychotherapy is not an absolute requirement for hormone therapy	Replacement
	Delayed Puberty:	<u>Therapy (TRT):</u>
	Member is at least 14 years of age	<ul> <li>Attestation</li> </ul>
	Prescriber is a pediatric endocrinologist or urologist	member has not
	• Serial physical evaluations have been made over time (six months or more) to help confirm	developed
	the diagnosis	prostate or male
	o Examination must include measurements of height/weight, Tanner stage of pubertal	breast cancer(s)
	development, bone age, and testicular size	<ul> <li>Prostate specific</li> </ul>
	• Prescriber has determined there are few to no signs of puberty and pubertal delay is severe	antigen (PSA),
	or the member's psychosocial concerns cannot be resolved without treatment	hemoglobin, live
	Palliative treatment of inoperable breast cancer in women:	functions tests,
	Prescribed by oncologist	and lipid
	Acquired Immunodeficiency Syndrome (AIDS) - Associated wasting syndrome:	concentration
	• Diagnosis of Human Immunodeficiency Virus/Acquired Immunodeficiency Virus (HIV/AIDS)	continue to be
	Attestation of a loss of at least 10% of body weight	monitored
		Breast cancer:
		Member is
		responding to
		therapy without
		disease progression
		HIV/AIDS-wasting:



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Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		member has seen
		and maintained
		increased weight
		from baseline
		<b>Quantity Level Limit:</b>
		Testosterone solution
		30mg/act: 6 mL/day
Topical	When used for treatment of burns, dermal ulcers, wounds, radiation dermatitis:	Intial Approval:
Hyaluronic	Prescriber must be a dermatologist	<b>Burns or dermatitis:</b>
Acid Agents	Patient must be at least 18 years old	• 3 fills of generic
-		agent
Bionect	When used for treatment of xerosis:	
HyGel	Prescriber must be a dermatologist	Xerosis:
Hylira	Trial and failure of ammonium lactate or a topical corticosteroid	<ul> <li>Up to 1,000 grams of</li> </ul>
XClair	Patient must be at least 18 years old	equivalent generic
		agent per 30 days for
		three months
		Renewal:
		3 months
Tranexamic	Member is 12 years of age or older	Initial Approval:
Acid	Treatment is for cyclic heavy menstrual bleeding	90 days



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### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Tablets <sup>lxxxiv</sup>	<ul> <li>Prescriber attestation that member has no fibroids, or fibroids are less than 3 cm in size</li> <li>There was inadequate response, intolerable side effect, or contraindication to one oral Non-Steroidal Anti-inflammatory Drug (NSAID)</li> <li>Member had inadequate response, intolerable side effect, or contraindication to one of the following:         <ul> <li>Oral hormonal cycle control combinations</li> <li>Oral progesterone</li> <li>Progesterone-containing intrauterine device (IUD)</li> <li>Member does not have history of thrombosis or thromboembolism (including retinal vein or artery occlusion)</li> </ul> </li> <li>Approved for treatment and prevention of acute bleeding episodes, such as dental surgery, in members with hemophilia.</li> </ul>	<ul> <li><u>Renewal Approval</u>: 6 months</li> <li><u>Requires</u>:</li> <li>Reduction in menstrual blood loss</li> <li><u>Quantity Level Limit</u>:</li> <li>Menstrual bleeding: 30 tablets per 30 days</li> <li>Hemophilia: 84 tablets per 30 days</li> </ul>
Transmucosal Immediate	Transmucosal immediate release fentanyl (TIRF) agents are opioid analgesics that are approved for the management of breakthrough cancer pain in members who are receiving and	Initial Approval: 1 year
Release	are tolerant to opioid therapy for underlying persistent cancer pain.	Renewals: 1 year
Fentanyl (TIRF)		<b>_</b>
Agents <sup>lxxxv</sup>	Transmucosal immediate release fentanyl (TIRF) agents are available only through a restricted	Requires:
Abstral	TIRF Risk Evaluation and Mitigation Strategy (REMS) Access program.	Improvement in     breakthrough cancer



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### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
(fentanyl) sublingual tablets fentanyl citrate lozenge	<ul> <li>The preferred formulary product is the generic fentanyl citrate with prior authorization (PA).</li> <li>May be authorized for members when all of the following criteria are met:</li> <li>Member is at least 16 years old for Actiq or generic fentanyl citrate lozenge and at least 18 years old for Abstral, Fentora, Lazanda, and Subsys</li> <li>Prescribed by, or in consultation with, an oncologist or pain specialist</li> </ul>	<ul> <li>pain</li> <li>Continued use of a long-acting opioid around-the-clock while on treatment</li> </ul>
Fentora (fentanyl) buccal tablets Lazanda (fentanyl citrate) nasal spray Subsys (fentanyl) sublingual spray	<ul> <li>Documentation to support diagnosis of cancer and that treatment will be used for breakthrough cancer pain</li> <li>Member is on a long-acting opioid around-the-clock for treatment of cancer pain</li> <li>Attestation member is not on a benzodiazepine or gabapentinoids (gabapentin or pregabalin), but if concomitant use is deemed necessary therapy will be tapered and/or member will be monitored closely for adverse effects</li> <li>Member must be considered opioid-tolerant and is considered opioid-tolerant if the member has received at least <u>one week</u> of treatment on <u>one</u> of the following medications: <ul> <li>Oral morphine sulfate at doses of at least 60 mg/day</li> <li>Fentanyl transdermal patch at doses of at least 25 mcg/hour</li> <li>Oral oxycodone at doses of at least 25 mg/day</li> <li>Oral hydromorphone at doses of at least 60 mg/day</li> <li>Oral hydrocodone at doses of at least 25 mg/day</li> <li>Oral hydrocodone at doses of at least 60 mg/day</li> <li>An alternative opioid at an equianalgesic dose for at least one week (for example, oral methadone at doses of at least 20 mg/day)</li> </ul> </li> </ul>	<b>Quantity Level Limit</b> (QLL): Abstral: 4 tablets/day Actiq: 4 lozenges/day Fentora: 4 tablets/day Lazanda: 1 bottle/day Subsys: 8 sprays/day
	methadone at doses of at least 20 mg/day) And	



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	• For all non-formulary agents, member had inadequate response or intolerable side effects with generic fentanyl citrate lozenge.	
	**Note: transmucosal immediate release fentanyl (TIRF) products are not covered for the management of acute or postoperative pain including migraine headaches or for members who are not tolerant to opioids and who are not currently on opioid therapy.	
Tykerb (lapatinib) <sup>lxxxvi</sup>	<ul> <li><u>General Criteria</u>:</li> <li>Prescribed by or in consultation with an oncologist</li> <li>Member is 18 years of age or older</li> </ul>	Initial Approval: 1 year
	<ul> <li>In addition, Tykerb may be authorized when one of the following criteria is met:</li> <li>Recurrent or metastatic breast cancer, human epidermal growth factor receptor 2 positive (HER2+) in combination with an aromatase inhibitor (for example, anastrozole, letrozole, or exemestane) <ul> <li>Member meets one of the following:</li> <li>Postmenopausal or premenopausal, and receiving ovarian ablation or suppression</li> <li>Will receive testicular steroidogenesis suppression (for male members)</li> </ul> </li> <li>Recurrent or metastatic breast cancer that is human epidermal growth factor receptor 2 positive (HER2+) <ul> <li>Used in combination with capecitabine (Xeloda) or trastuzumab (Herceptin)</li> <li>Disease progression while on trastuzumab prior to initiation of either combination regimen</li> </ul> </li> <li>Recurrent chordoma <ul> <li>Trial of Gleevec (imatinib), Sutent (sunitinib), or Sprycel (dasatinib)</li> </ul> </li> </ul>	<ul> <li><u>Renewal Approval</u>: 3 years</li> <li><u>Requires:</u></li> <li>Member does not show evidence of progressive disease while on therapy</li> <li>Member does not have unacceptable toxicity from therapy</li> </ul>



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### Non-Formulary and Prior Authorization Guidelines

#### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Disease is epidermal growth factor receptor positive (EGFR+)</li> </ul>	
	Subsequent therapy of advanced or metastatic colon or rectal cancer:	
	<ul> <li>Disease is not appropriate for intensive therapy</li> </ul>	
	<ul> <li>Treatment will be in combination with trastuzumab</li> </ul>	
	Central Nervous System cancers meet one of the following:	
	<ul> <li>Recurrence of tumors in adult intracranial and spinal ependymoma (excluding</li> </ul>	
	subependymoma)	
	<ul> <li>Treatment is in combination with temozolomide</li> </ul>	
	<ul> <li>Brain metastases in recurrent breast cancer</li> </ul>	
	<ul> <li>Treatment is in combination with capecitabine</li> </ul>	
Viscosuppleme	Preferred Agents:	Initial Approval:
nts <sup>lxxxvii</sup>	Hyalgan and Gel-one are the preferred viscosupplements for Osteoarthritis	• 1 series
Preferred	Non-Preferred Agents will not be covered	Renewal:
Agents:	Authorization Criteria:	• 1 series
_	<ul> <li>Member had inadequate response, intolerable side effects, or contraindications to all the</li> </ul>	<ul> <li>No more than 2 series</li> </ul>
Gel-One	following:	of injections are
Hyalgan	<ul> <li>Conservative non-pharmacologic therapy</li> </ul>	allowed per lifetime
Non-Preferred	<ul> <li>For example, physical therapy, land based or aquatic based exercise, resistance</li> </ul>	
Agents:	training, or weight loss	Requires:
Euflexxa	• Adequate trial of pharmacologic therapy, one of which must be oral or topical non-	• 6 months has elapsed
	steroidal anti-inflammatory drugs (NSAIDs)	since previous
Supartz FX	<ul> <li>For example, acetaminophen, duloxetine, or topical capsaicin</li> </ul>	treatment



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### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
Synvisc Synvisc-One Monovisc Orthovisc Gel-Syn GenVisc 850 Hymovis Visco-3 Durolane	<ul> <li>Intra-articular steroid injections</li> <li>Member reports pain which interferes with functional activities         <ul> <li>For example, ambulation, or prolonged standing</li> </ul> </li> <li>Pain is not attributed to other forms of joint disease</li> <li>Member has not had surgery on the same knee in the past 6 months</li> <li>Treatment is not requested for any of the following indications:         <ul> <li>Temporomandibular joint disorders</li> <li>Chondromalacia of patella (chondromalacia patellae)</li> <li>Pain in joint, lower leg (patellofemoral syndrome)</li> <li>Osteoarthrosis and allied disorders (joints other than knee)</li> <li>Diagnosis of osteoarthritis of the hip, hand, shoulder, et cetera</li> </ul> </li> <li>Documentation to meet one of the following criteria:         <ul> <li>Radiographic evidence of mild to moderate osteoarthritis of the knee</li> <li>For example, severe joint space narrowing, subchondral sclerosis, osteophytes</li> <li>Symptomatic osteoarthritis of the knee according to the American College of Rheumatology clinical and laboratory criteria, which requires knee pain, and at least five of the following:             <ul> <li>Bony enlargement</li> <li>Bony tenderness</li> <li>Crepitus (noisy, grating sound) on active motion</li> <li>Erythrocyte sedimentation rate (ESR) less than 40 mm/hour</li> <li>Less than 30 minutes of morning stiffness</li> <li>No palpable warmth of synovium</li> </ul> </li> </ul></li></ul>	<ul> <li>Documentation to support improved response to previous series         <ul> <li>For example, a dose reduction with non-steroidal anti-inflammatory drugs (NSAIDs), or other analgesics</li> </ul> </li> </ul>





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### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Over 50 years of age</li> <li>Rheumatoid factor less than 1:40 titer (agglutination method)</li> <li>Synovial fluid signs (clear fluid of normal viscosity, and white blood cells less than 2000/mm3)</li> </ul>	
Votrient <sup>lxxxviii</sup>	<ul> <li>General Criteria:</li> <li>Prescribed by or in consultation with an oncologist</li> <li>Member is 18 years of age or older</li> </ul>	Initial Approval: 1 year
	<ul> <li>In addition, Votrient may be authorized when one of the following criteria is met:</li> <li>Advanced Renal Cell Carcinoma (RCC)</li> <li>Advanced or metastatic Soft Tissue Sarcoma (STS) and one of following: <ul> <li>Angiosarcoma</li> <li>Pleomorphic rhabdomyosarcoma</li> <li>Retroperitoneal/intra-abdominal soft tissue sarcoma</li> <li>Soft tissue sarcoma of the extremity, superficial trunk, head or neck</li> <li>Gastrointestinal stromal tumor (GIST) and disease progression after imatinib (Gleevec), sunitinib (Sutent), and regorafenib (Stivarga)</li> </ul> </li> <li>Metastatic Dermatofibrosarcoma Protuberans (DFSP)</li> <li>Recurrent or metastatic uterine sarcoma that has progressed with prior cytotoxic therapy (for example doxorubicin, docetaxel/gemcitabine, doxorubicin/ifosfamide)</li> <li>Epithelial, ovarian, Fallopian tube, or primary peritoneal cancer must meet the following: <ul> <li>Disease is stage 2 to 4</li> <li>Member received primary treatment with chemotherapy (for example carboplatin with paclitaxel) and/or surgery and achieved complete clinical remission</li> </ul> </li> </ul>	<ul> <li><u>Renewal:</u> 3 years</li> <li><i>Requires:</i> <ul> <li>Member does not show evidence of progressive disease while on therapy</li> </ul> </li> <li>Member does not have unacceptable toxicity from therapy</li> </ul>



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### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	• Differentiated thyroid carcinoma (for example, papillary, follicular, and Hürthle cell) meets	
	all the following:	
	<ul> <li>Unresectable recurrent, persistent locoregional, or distant metastatic disease</li> </ul>	
	<ul> <li>Progressive and/or symptomatic iodine-refractory disease</li> </ul>	
	<ul> <li>Nexavar (sorafenib) and Lenvima (lenvatinib) are not available or are not clinically appropriate</li> </ul>	
	Metastatic medullary thyroid carcinoma (MTC) that is persistent or recurrent:	
	<ul> <li>Member has symptomatic or progressive disease</li> </ul>	
	<ul> <li>Trial of Caprelsa (vandetanib) or Cometriq (cabozantinib)</li> </ul>	
Wakefulness	Armodafinil is the preferred formulary agent and requires prior authorization.	Initial Approval:
Agents <sup>Lxxxix</sup>		6 months
	Modafinil is non-formulary and may be authorized if the member meets criteria and has a	
Armodafinil	documented trial and failure of armodafinil.	Renewal:
Modafinil		1 year
Sunosi	Sunosi requires a documented trial and failure of both armodafinil and modafinil where	
Wakix	indicated (narcolepsy and sleep apnea).	Requires:
		Response to
	Wakix requires a documented trial and failure of both armodafinil and modafinil where	treatment
	indicated (narcolepsy).	For Obstructive Sleep
		Apnea (OSA):
	May be authorized for members at least 17 years old for excessive daytime sleepiness	member must be
	associated with narcolepsy when the following is met:	compliant with
	<ul> <li>Prescribed by, or in consultation with, a sleep specialist</li> </ul>	Continuous Positive



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### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Multiple sleep latency test (MSLT) or maintenance of wakefulness test (MWT) performed	Airway Pressure
	after polysomnography supports diagnosis of narcolepsy	(CPAP) or Bilevel Positive Airway
	May be authorized for members at least 17 years old for excessive daytime sleepiness	Pressure (BIPAP)
	associated with Obstructive Sleep Apnea (OSA) when the following is met:	For Shift-Work Disorder
	Prescribed by, or in consultation with, a sleep specialist	(SWD): member must
	Polysomnography has confirmed the diagnosis of Obstructive Sleep Apnea (OSA)	still be a shift-worker
	Member remains symptomatic despite optimization of Continuous Positive Airway	
	Pressure (CPAP) or Bilevel Positive Airway Pressure (BIPAP) therapy, and compliance for at least 1 month	
	<ul> <li>Continuous Positive Airway Pressure (CPAP) or Bilevel Positive Airway Pressure (BIPAP) will be continued after modafinil or armodafinil is started</li> </ul>	
	• Daytime fatigue is significantly impacting, impairing, or compromising the member's ability to function normally	
	**Note: Wakix is not indicated for Obstructive Sleep Apnea (OSA).	
	May be authorized for members at least 17 years old for excessive daytime sleepiness	
	associated with Shift-Work Disorder (SWD) when the following is met:	
	Prescribed by, or in consultation with, a sleep specialist	
	Sleep log and actigraphy monitoring have been completed for at least 14 days and show a disrupted sleep and wake pattern	
	• Disruption is not due to another sleep disorder, medical condition, poor sleep hygiene, or	



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	substance abuse disorder Symptoms have been present for 3 or more months	
	• The sleepiness is significantly impacting, impairing, or compromising the member's ability to function normally	
	**Note: Sunosi and Wakix are not indicated for Shift-Work Disorder (SWD)	
Weight	General Criteria for All Medications:	Initial Approval:
Reduction	• Member has Body Mass Index (BMI) greater than or equal to 30kg/m <sup>2</sup> (obese); <b>OR</b>	
Medications <sup>xc</sup>	• Member has Body Mass Index (BMI) greater than or equal to 27kg/m <sup>2</sup> (overweight) and ONE of the following obesity-related risk factors:	Saxenda: 4 months
Preferred:	<ul> <li>Coronary heart disease</li> </ul>	Xenical, Alli, Qsymia: 6
Benzphetamine	<ul> <li>Dyslipidemia</li> </ul>	months
Phentermine	<ul> <li>Hypertension</li> </ul>	
Phendimetrazin	<ul> <li>Diabetes</li> </ul>	All others: 3 months
е	<ul> <li>Sleep apnea</li> </ul>	
Phendimetrazin	<ul> <li>Osteoarthritis</li> </ul>	First Renewal:
e XR	Member is not pregnant and/or breastfeeding	
Diethylpropion,	• Member is not receiving other medications for weight loss or has history of an eating	6 months
Diethylpropion	disorder (for example anorexia, bulimia)	
ER	• Member had failure with a weight loss treatment plan (for example low calorie diet,	Requires:
Orlistat (OTC	increased physical activity and behavioral therapy) for a minimum of 6 months	Documentation of
Alli)	Member will continue with low calorie diet, increased physical activity and behavioral	weight loss of greater
Qsymia	therapy with requested drug	than or equal to 5%
Contrave	In addition, for Qsymia:	of baseline weight



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Member is 18 years of age or older	Member's BMI is
Non-Preferred:	Member meets ONE of the following:	greater than or equal
Saxenda	• Had an inadequate response, intolerable side effects, or a contraindication to orlistat	to 24 kg/m <sup>2</sup>
Orlistat (Xenical)	(Alli) OR a sympathomimetic (for example, phentermine, diethylpropion,	_
	benzphetamine)	Additional Renewal:
	$\circ$ Had a good response to a sympathomimetic, however has taken the medication for	6 months
	the maximum recommended duration	
	In addition, for Contrave:	Requires:
	Member is 18 years of age or older	Member has
	Member meets ONE of the following:	maintained at least
	<ul> <li>Had an inadequate response, intolerable side effects, or a contraindication to orlistat (Alli) OR a sympathomimetic (for example, phentermine, diethylpropion,</li> </ul>	67% of their initial weight loss
	benzphetamine)	Member's BMI is
	<ul> <li>Had a good response to a sympathomimetic, however has taken the medication for</li> </ul>	greater than or equal
	the maximum recommended duration	to 24 kg/m <sup>2</sup>
	Member is not using chronic opioids concurrently.	
	Member does not have seizure disorder or history of seizures	QLL:
	Member is not currently using monoamine oxidase inhibitors (MAOIs)	Xenical: 3 capsules per
	Comorbid mental health conditions have been ruled out or are stable/being adequately	day
	treated	Saxenda: 5 pens (15mL)
	In addition, for Saxenda:	per 30 days
	Member is 18 years of age or older	
	• Member has had inadequate efficacy or intolerable side effects with trials of at least 3	



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	formulary agents OR has contraindications to all formulary agents	Formulary agents also
	Member is not concurrently on Victoza, other Glucagon-Like Peptide-1 (GLP-1) Receptor Agonists, or insulin	have quantity and age limits. Refer to formulary
	Member does not have a personal or family history of Medullary Thyroid Carcinoma (MTC) or Multiple Endocrine Neoplasia Syndrome Type 2 (MEN 2)	for detailed information.
	**Note: Saxenda is indicated for weight management only and should not be approved for treatment of type 2 diabetes mellitus	
	In addition, for Xenical:	
	Member has had inadequate efficacy or intolerable side effects with a trial of three formulary agents OR has contraindications to all formulary agents	
	Member does not have any of the following:	
	<ul> <li>Chronic malabsorption syndrome</li> </ul>	
	• Cholestasis	
	• Member must be able to adhere to a low-fat diet (less than 30% of calories from fat)	
<b>Xifaxan</b> <sup>xci</sup>	Xifaxan 200mg may be authorized when the following are met:	Initial Approval:
	Treatment is for Traveler's Diarrhea	Traveler's Diarrhea: 3
	Member is 12 years of age or older	days
	Member had inadequate response, intolerable side effect, or contraindication to azithromycin or a fluoroquinolone	Hepatic Encephalopathy: 12 months
	<ul> <li>Xifaxan 550mg may be authorized when one of the following is met:</li> <li>Treatment is for Irritable Bowel Syndrome with Diarrhea:</li> <li>Member is 18 years of age or older</li> </ul>	Irritable Bowel Syndrome with Diarrhea: One-time authorization of 14 days
	Member had inadequate response or intolerable side effect to at least 2 of the following	autionzation of 14 days



## Pharmacy Prior Authorization

### **Non-Formulary and Prior Authorization Guidelines**

### Scroll down to see PA Criteria by drug class, or Ctrl+F to each document by drug name

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>agents: <ul> <li>Loperamide, bile acid sequestrants, antispasmodics, or tricyclic antidepressants</li> </ul> </li> <li>Treatment is for Hepatic Encephalopathy: <ul> <li>Member is 18 years of age or older and meets <u>one</u> of the following:</li> </ul> </li> </ul>	<b>Renewal Approval:</b> Hepatic Encephalopathy: 12 months
	<ul> <li>There was an inadequate response to a recent 3-month trial of lactulose and member will continue use of lactulose concomitantly with Xifaxan (review claim history)</li> <li>There was an intolerable side effect to lactulose. (Provide date and type of adverse</li> </ul>	<i>Requires:</i> Decreased symptoms or blood ammonia levels
	event experienced; unpleasant taste is not considered an intolerance to lactulose)	Irritable Bowel Syndrome with Diarrhea: 14 days; Maximum 3 treatment courses per year
		<b>Requires:</b> Symptom resolution during previous treatment course
		<b>Quantity Level Limit:</b> Irritable Bowel Syndrome with Diarrhea: 3 tablets per day
		Traveler's Diarrhea: 3 tablets per day;



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		<b>Requirements Are Met</b>
		Maximum 1 treatment
		course per 90 days
		Hepatic Encephalopathy
		2 tablets per day
Xolair <sup>xcii</sup>	May be authorized when all of the following are met:	Initial Approval:
	Member six years of age and older	Asthma:
	Diagnosis of moderate to severe persistent asthma	6 months
	Prescribed by, or after consultation with a pulmonologist or allergist/immunologist	
	• Positive skin test or in vitro reactivity to a perennial allergen (for example: dust mite, animal	Chronic urticaria:
	dander, cockroach, etc.)	3 months
	Documentation to support Immunoglobulin E (IgE) is between 30 and 1300 IU/mL	
	Member has been compliant with medium to high dose inhaled corticosteroids (ICS) + a	Renewal:
	long-acting beta agonist (LABA) for at least three months or other controller medications	Asthma:
	(for example: LTRA (Leukotriene Receptor Antagonists) or theophylline) if intolerant to a long-acting beta agonist (LABA)	1 year
	<ul> <li>Asthma symptoms are poorly controlled on one of the above regimens as defined by any of</li> </ul>	Requires
	the following:	Demonstration of clinical
	<ul> <li>Daily use of rescue medications (short-acting inhaled beta-2 agonists)</li> </ul>	improvement (for
	<ul> <li>Nighttime symptoms occurring more than once a week</li> </ul>	example: decreased use
	<ul> <li>At least two exacerbations in the last 12 months requiring additional medical</li> </ul>	of rescue medications or
	treatment (systemic corticosteroids, emergency department visits, or	systemic corticosteroids
	hospitalization)	reduction in number of
	Member will not receive in combination with Interleukin-5 (IL-5) antagonists (Nucala,	emergency department



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	Fasenra, or Cinqair) or Dupixent	visits or hospitalizations)
		and compliance with
	May be authorized when all of the following criteria are met:	asthma controller
	Member is 12 years of age and older	medications
	Diagnosis of chronic urticaria	
	Prescribed by an allergist/immunologist or dermatologist	Chronic urticaria:
	Currently receiving H1 antihistamine therapy	6 months
	• Failure of a 4 week, compliant trial of a high dose, second generation antihistamine	
	(cetirizine, loratadine, fexofenadine)	Requires
	and	Demonstration of
	• Failure of a 4-week, compliant trial of at least THREE of the following combinations:	adequate symptom
	<ul> <li>H1 antihistamine + Leukotriene inhibitor (montelukast or zafirlukast)</li> </ul>	control (for example:
	<ul> <li>H1 antihistamine + H2 antihistamine (ranitidine or cimetidine)</li> </ul>	decreased itching)
	<ul> <li>H1 antihistamine + Doxepin</li> </ul>	
	<ul> <li>First generation + second generation antihistamine</li> </ul>	<b>Dosing Restriction:</b>
		Asthma: Per
	**Note: Off-label use for Allergic Rhinitis or food allergy is not covered**	manufacturer, Do not
		exceed 375mg every 2
	**Xolair is not indicated for the relief of acute bronchospasm or status asthmaticus **	weeks
		Urticaria: Initial dose of
		150mg per 4 weeks.
		Dose may be increased



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
		to 300mg per 4 weeks if necessary.
Xyrem <sup>xciii</sup>	Documentation such as progress notes, lab results or other clinical information is required to support member has met all approval criteria below.	Initial Approval: 6 months
	May be authorized for members 7 years of age or older when all the following criteria are met:	<b>Renewal Approval:</b> 6 months
	<ul> <li>Diagnosis of one of the following: <ul> <li>Severe Narcolepsy with cataplexy</li> <li>Severe Narcolepsy with excessive daytime sleepiness</li> </ul> </li> <li>Member does not have succinic semialdehyde dehydrogenase deficiency (inborn error of metabolism variably characterized by mental retardation, hypotonia, and ataxia)</li> <li>Prescribed by, or in consultation with a neurologist or sleep specialist that is board-certified by the American Board of Sleep Medicine</li> <li>Member has no concomitant fills for Central Nervous System (CNS) depressants <ul> <li>Please note, Central Nervous System (CNS) depressant drugs may include, but are not limited to the following: <ul> <li>Alcohol</li> <li>Sedative hypnotics</li> <li>Narcotic analgesics</li> </ul> </li> </ul></li></ul>	<ul> <li><i>Requires:</i></li> <li>There are no concomitant fills for Central Nervous System (CNS) depressants</li> <li>Adherence to medication as demonstrated by prescription claims history</li> <li>Response to therapy is indicated by a decrease in symptoms as</li> </ul>



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	<ul> <li>Benzodiazepines</li> <li>Sedating antidepressants</li> <li>Sedating antipsychotics</li> <li>Sedating antippileptic drugs</li> <li>General anesthetics</li> <li>Muscle relaxants</li> <li>Polysomnography indicates the following:         <ul> <li>At least 6 hours of sleep time occurred during the overnight polysomnogram</li> <li>Other conditions of sleepiness have been ruled out</li> </ul> </li> <li>Multiple sleep latency test (MSLT) indicates the following:         <ul> <li>Mean sleep latency is of 8 minutes or less</li> <li>There are 2 or more sleep onset rapid eye movement periods (SOREMPs) (within 15 minutes of sleep onset)</li> <li>If a sleep onset rapid eye movement period (SOREMP) is identified on polysomnography, then multiple sleep latency test (MSLT) can show one sleep onset rapid eye movement period (SOREMP)</li> </ul> </li> <li>Cataplexy:         <ul> <li>Members that are 17 years of age or older require:                 <ul> <li>Trial and failure, intolerance, or contraindication to Modafinil for a period of 60-</li> </ul> </li> </ul> </li> </ul>	Requirements Are Met         demonstrated by         Epworth Sleepiness         Scale (ESS) and/or         Maintenance of         Wakefulness Test         (MWT)         Quantity Level Limit:         9 grams per day or         18 mL per day or         540 mL per 30 days



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PA Guideline	Requirements	Duration of Approval if Requirements Are Met
	Excessive Daytime Sleepiness:	
	<ul> <li>Trial and failure, intolerance, or contraindication to 2 Central Nervous System (CNS)</li> </ul>	
	stimulants such as amphetamine, dextroamphetamine, or methylphenidate	
	<ul> <li>Dosage trial is for a period of 60 days at maximum tolerated dose</li> </ul>	
	<ul> <li>Members that are 17 years of age or older require:</li> </ul>	
	<ul> <li>Trial and failure, intolerance, or contraindication to Modafinil</li> </ul>	
	<ul> <li>Dosage trial is for a period of 60-days (prior authorization required)</li> </ul>	
	• Prescriber and member must both be enrolled in the Xyrem Risk Evaluation and Mitigation	
	Strategy (REMS) Program	

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