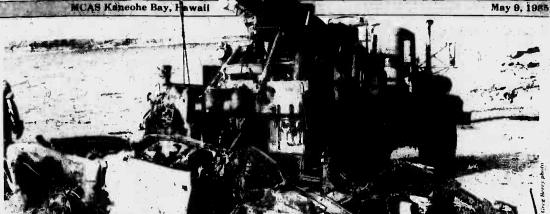


MCAS Kaneohe Bay, I





An M543 wrecker crew from MTCo., BSSG readies the remains of an automobile for hoisting onto a five ton truck.

# Marines assist state in removing 'eye sore'

by SSgt. Greg Berry Marines don't usually use a five-ton truck and a wrecker to clean a toilet bowl, but when it comes to hauling rusted automobiles out of one. they do.

Marines from Motor Transport Company, Bri-gade Service Support Group removed a derelict vehicle from Hanauma Bay, also known as the "Toilet Bowl," a natural rock formation that causes wave action initiating was a bit much for the toilet to "flush."

The cur was pushed off a cliff, next to Kalanianaole Highway, about 10 years ago, according to John Yamauchi of the State Litter Control Office. Waves pushed it to its resting place next to the Toilet Bowl where thousands of tourists saw the detracting sight.

The Marines were asked to airlift the wreck from the site in 1979, but winds in the area posed a safety hazard and they declined. The Army also declined to use a helicopter to remove the eyesore for the same safety reasons.

But Yamauchi called on the Marines again for help, and this time the challenge was accepted. Assets of state, and local government, and the Marine, Corps, teamed on April 30 for the clean-up

arine

April 30 for the clean-up project. "The recovery operation wen't easier than we anticipated," said Captain George Haase, MTCo., BSSG, "We expected that it would take object half an hour the take about half an hour to haul the vehicle up, but only took 12% minutes."

took 12% minutes." The operation provided excellent training for the M543 wrecker crew and the other. BSSG Marines there. "We could have cut it and hauled the car up in pieces, but we wanted to get the training," Haase said. Training is important to

Training is important to Motor Transport Marines,

National

and the dereliet vehicle recovery offered them several challenges. The vehicle had to be lifted more than 30 feet to get it out of the Toilet Bowl; then trucked over rough terrain to a place where it

terrain to a place where it could be hauled away by workers from Honolulu's Public Works Department. "We went about the extraction as if the vehicle was serviceable." Haase explained. "Most of the vehicles we recover are serviceable, so we train that way".

After the derelict was After the defenct was removed from the Toilet Bowl, it was hauled to an access road for disposal. The Marine's policed the area of bits and pieces of rusted metal and headed home.

The Toilet Bowl was clean.

# Corps changes advance pay policy

Marines preparing to execute Permanent Change of Station orders are now eligible to receive up to three months advance basic pay, repayable in 12 months, according to ALMAR 88/85. Advance pay was repay-ale in six months, but this created a hardsip for many servicemembers. The longer repayment schedule should alleviate many of the hardships associated with

The Third Annual Armed Forces Week Combined Military Band Concert will be presented May 16, at the Neal S. Blaisdell Center Concert

Sponsored jointly by the Chamber of Commerce of Hawaii, the Mayor of the City and County of Honolulu,

and the military services, the free concert will begin at 7:30

Hall.

p.m.

the high costs of PCS moves; and under unusual circum-stances or hardships, the repayment schedule may be extended to 24 months.

Advancements in pay will Advancements in pay will not be routinely approved without considering the purpose for the financial assistance, which is to provide a servicemember with funds to meet the unusual expenses when moving.

combined musical perform-

combined musical perform-ance by some 80 musicians from the U.S. Pacific Fleet Band, the 25th Infantry Division Band, the FMFPac Band of the Pacific from Clark Air Force Base, Philippines. The bands will perform patriotic and marching music under the direction of four conductors.

direction of four conductors.

**Combined services present concert** 

in honor of Armed Forces Week

Commanding officer approval is required for advance pay for lance corporals and below; while battalion, squadron, or detachment commanding officers must approve advance pay repayment schedules extending beyond 12 months for all Marines. The financial status of the Marine will be thoroughly reviewed to determine justification and need for

first-served basis, at military special services offices, the Chamber of Commerce of Hawaii, satellite city halls and the Veterans Adminis-tration Office in the Prince Kuhio Federal Building, or by calling 531-4111.

A performance for the general public will be presented May 19, at the Kapiolani Park Bandstand

at 4 p.m. Tickets are not required for this concert.

advance pay, and advance pay, and the amount approved, which should correspond with the needs and the ability of the Marine to repay it without undue hardship. All approved requests must be renaid before the member's

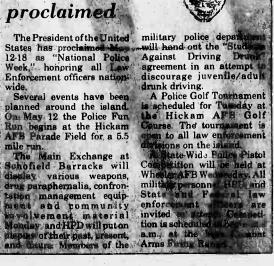
be repaid before the member's expected separation date, and, before the start of another PCS move.

Financial counseling is recommended to advise the Marine to consider drawing advance pay in two incre-ments — one portion at the old duty station and the other at the new station. This will provide a more controlled expenditure of funds in relation to actual needs at both locations.

Further changes to the policy allow for Marines currently repaying advances to apply for an adjustment in their existing schedules in accordance with the revised procedures. Only uncollected amounts will be readjusted, and requests will be reviewed on a case by case basis,

For more information read AlMar 88-85 and MCO 7220.211).

Police Week proclaimed States has proclaimed Ma 12-18 as "National Police Week," honoring all Law Enforcement officers nation.



The concert is open to the general public. Free tickets are available, on a first-come, The concert will feature a is a mother Behind every great leader . .

To put a new twist on an old expression: "The hand that ' rocks the cradle rules the United States." 'And Mother's Day is an apt occasion to recall that many American mothers hand long American mothers have long dreamed that a son of theirs would become president of this nation. Today, that aspiration might apply to daughters as well. So far, though, American presidents have been sons, and their mothers have been one writer and themations of thematic One writer and the search be

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hin bes by CPD Publications, annum is of the Navy of the life and the states of the states

to permit any verdict at all, the Presidents of the United States have been ... no master if they did or did not encage in sporadic fist funding ... Mama's boys."

Another interesting point a hother interesting point is that it was almost entirely the first-born offspring that became president. Reasons stylen to this are is that in most matter any secured the fast education, as well as the most maternal modding. This latter point word be a nore way the the sons involved. Washington, for the set inter

tym in ng why connected with the philose expressed by publishers http://icial.expression.of



6.4

as possible. Our nation, however, owes her a debt of gratitude, A scheme was devised in the

Washington family to d the "Father of Our the washington lamity to send the "Father of Our Country" off to be a seaman in the British Navy. But his mother, Mary Ball Washington, was against the idea and George eventually took up

it notes that still exist; it notes, in part: "... there was no end to my trouble while

\$

George was in the Army, but Fortunately, he went back into military service later. Many of the Presidential mothers were remarkable

mother of Franklin Pierce, who reputedly drank and wore red ribbon bows around her ankles.

After John F. Kennedy became president, his mother, Rose, took it upon herself to become a spokes-woman on mental health retardation.

Martha Young Truman, on the other hand, just spoke out. When she arrived in

. 4

Washington aboard the wasnington aboard the presidential plane on one Mother's Day, she remarked in a manner that "Give Them Hell Harry" would have been proud of: "Oh fiddlesticks! If I'd have known them have kno going to be all this fuss, I wouldn't have come."

The contributions of the presidential mothers can be presidential mothers can be summed up in an ode that Saga Delano Roosevelt received from Rose Sverdlik, of the Bronx, New York, which begins: "To you we are grateful, for you are the one To give nur country such

To give our country such a noble son ...."

1. S. A.

the Department of the Navy or the U.S. Marine Corps. The appearance of advertisements in this publication, including inserts, does not constitute an endorsement of the firms, products or services advertised by the Department of the Navy or the U.S. Marine Corps.

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Mother's Day

What's inside

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# Hawaii Marine

The Hawaii Marine is an unofficial newspaper published every Thursday by RFD Publications, Inc., 46-016 Alaloa St., Kaneohe, Hawaii 96744, in the interest of the U.S. Marine Corps personnel in Hawaii. All advertising is arranged by the publisher, RFD Publications, Inc., telephone 235-5881. Circulation is 8,000.

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Everything advertised in this publication must be made available for purchase, use or patronage without regard to race, creed, color, national origin, age or sex of the purchaser, user or patron. A confirmed violation or rejection of this policy of equal opportunities by an advertiser will result in the refusal to print advertising from that source.

Sun Press carriers delivering the Hawaii Marine may request a voluntary monthly contribution of \$1 from residents of government housing at the Air Station; however, the, contribution is strictly voluntary and residents will receive the Hawaii Marine whether they voluntarily contribute or not.

HAWAII MARINE

# Commentary

# Military retirement: What it is; what it isn't

by MGySgt. G.E. Hijar

For the past year or so, the military retirement system has been under the gun. Few weeks go by without hearing, or reading, about what Congress is doing to our "retirement bennies." We are concerned; and we should be. Countless articles have been written on the subject, and most of them present a perceived problem; but few, if any, offer any solutions. At times, we feel that we have been abandoned: that no one. in a position to make a difference, is doing anything to help dispel the myths about our retirement system. Not so!

Last month, the service chiefs testified before the House Armed Services Subcommittee on Military Personnel and Compensation, to discuss the military retirement system. All of them reassured us of their strong support.

During the hearings, many misunderstandings, and a host of myths, were brought into view; some of them were enlightening to the members of the subcommittee. From several reports and articles published, some interesting facts have surfaced.

Some people who work in these committees apparently have been misinformed on what is fact and what is myth, and the service chiefs are trying to "set the record straight.

We've always heard that after 20 years of active service we would receive "half" of our pay. Well, that really isn't so. What we really get is 50 percent of our basic pay, not including BAQ, BAS, clothing allowance, flight pay, special performance pay, etc.

Another misconception is the claim that military retirement is six times better than the average plan offered by civilian corporations. Studies have shown that, in reality, our retirement plan is 1.2 to 1.5 times better than the civilian pension plans, and with reason . . . service in the armed forces is not "average," by any means!

Few, if any, civilian occupations involve unlimited working hours. The often heard adage, "you're on duty 24 hours a day" is truer than you think. Read your enlistment contract, really read it; you'll be surprised on what you'll find printed on it.

One significant difference between us and the civilian worker is that we don't get "overtime pay," no matter how many hours we work, how many days a week. And pay is not, by far, the only difference; frequent transfers, time away from home and families, working on holidays, and countless other commitments set us apart from the civilian working sector.

So what is the bottom line? Interestingly enough, compensation received by more than 48 percent of all retirees is below the poverty level for a family of four. But this seemingly low compensation is no surprise when you consider that, in Fiscal Year 85, only six percent of the Defense budget was earmarked for retirement

"In the last 20 years, defense (spending) has gone up 14 percent in real terms --that is, standard noninflated dollars - and nondefense expenditures have gone up 207 percent . . . " said Air Force Secretary Verne Orr. during his recent visit here, as reported by the Honolulu Advertiser.

More often than not, military retirees are forced to get a job to be able to live in the standards they are accustomed to . . . and there is a reason for this. The median rank for all enlisted retirees is of a gunnery sergeant with 22 years active service. For officers, only five percent retire as colonels or above.

When the average retirement age is 42, the possibility of making ends meet without a job is pretty slim; especially with some of the cuts that are being made now. Since 1980, future benefits for the military have been cut by 15 to 20 percent.

Unlike a pensioned worker from the civilian sector, a service member's responsibility isn't over after 20 years of active service. More than 600,000 retirees are subject to recall if the "whistle blows;" and retirees, who are a part of Defense Mobilization Plans, are from 22 to 86 percent, depending on the branch of service.

As you go past the "over 20" mark, however, your benefits do increase. Retirement after 20 years is usually 38 percent of your aside from the money and benefits, an important "real" pay; and after 30 years, it's 57 percent. But is being missed. . .

The purpose of the present military retirement system is to keep a youthful and vigorous force. as it was

recognized in 1861, over 120 years ago, when the first General Retirement Law was enacted. Later, in 1916, ou present Fleet Reserve was created, further solidifying the "youthful and vigorous' stance. In 1980, the Defense Officers Personnel Management, commonly known as DOPMA, made legislation history when it was enacted by HASC.

May 9; 1985

When all it's said and done, one significant point remains

. . our retirement system was, and is, designed to keep a strong, capable, ready and fit force and to retain experienced members ... not to serve as an old age pension plan. So the next time anyone talks to you about the "unfairness" of our retirement system, or the age of our average retiree, tell them what it really is ... step back, and watch their reaction.

We, as prospective military retirees, can help dispel any myths about our "corporation;" because, as it looks now, it seems that our military forces are going to be "big business" for some time to come. MARINE · ALWAL

rom manufacturer's

suggested retail

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# **Mother's Day**

This Mother's Day, treat your mom to a gift she'll really enjoy - luxurious, new wall to wall carpet! Whether it's carpet for one room or the entire house, you'll save up to 53% on a wide range of styles in colors sure to please your mom. Hurry in to Pearl Harbor or Barbers Point Navy Exchanges today for the best selection! Sale ends this Sunday!

### SPECIAL SAVINGS ON THE PERFECT MOTHER'S DAYGIEI



HAWAII MARINE

# Today's military nurses: dedicated professionals

# by Donna Bolinger

Clara Barton, the Civil War's "angel of the battlefield" and founder of the American Red Cross, would be proud of her 1985 counterparts in military medicine. Not only have nurses become full-fledged members of the military medical community, they've also achieved recognition as professional military officers.

The professionalism and dedication displayed by Clara Barton and others like her during the American Revolution, the Civil War, and the Spanish-American War helped bring this about.

The road wasn't without obstacles. When talk first began before the turn of the century about establishing a permanent nurse corps, Army Surgeon General George M. Sternberg wasn't convinced it was a good idea.

Reluctant to have women serve with troops in the field, he urged against the added expense of "luxuries" needed by women, but not previously issued to men - bureaus, rocking chairs and other special items.

But during the Spanish-American War, more than 1,500 women served with the Army and Navy in the

Rico, the Philippines, Hawaii, China and Japan and on the hospital Ship, "Relief." These women were hired as contract nurses during an epidemic of typhoid fever that left a severe shortage of men to handle patient care.

The Army surgeon general was so impressed with the service of these women that he wrote in his 1899 annual report:

"American women may well feel proud of the record made by these nurses in 1898-99, for every medical officer with whom they served has testified to their intelligence, and skill, their earnestness, devotion, and self-sacrifice.

Two years later, the Army Nurse Corps was born. The Navy Nurse Corps was formed in 1908, and the Air Force Nurse Corps in 1949, shortly after the Air Force was established.

Since Surgeon General Sternberg's 1899 report, thousands of military nurses have been decorated for service and bravery. Hundreds have been killed in the line of duty.

Military nursing offered women their first opportunity to join the Armed Forces and, later, to earn a commission. It has opened other doors as

In 1970, Anna Mae Hays, chief of the Army Nurse Corps, was promoted to brigadier general, marking the first time that a woman or a nurse attained the rank of general officer.

In 1972, Alene Bertha Duerk, director of the Navy Nurse Corps, and E. Ann Heffley, director of the Air Force Nurse Corps, were the first women in their services to reach star rank.

Men had cared for their fellow soldiers before the creation of the all-female military nurse corps, but it wasn't until 1955 that they again became practicing nurses.

The Army Nurse Corps was the first to admit men, and the other services soon followed. Today, males make up 28 percent of the Army Nurse Corps, and 10 percent of the Air Force Nurse Corps.

The nursing profession has become more complex than Clara Barton might have imagined. "Nursing has become sophisticated, because medicine has become so sophisticated," according to Colonel Delores Haritos, Air Force Nurse Corps historian.

Colonel Elizabeth Finn, a nursing consultant to the Army surgeon general, said

The Navy Nurse Corps will celebrate their 77th birthday Monday with a cake cutting ceremony at Naval Medical Clinic Pearl Harbor.

today is on science, education, and specialization.

For military nurses, keeping up with these challenges is doubly difficult. "Today's military nurse has a dual role," said Harito's. "You not only have to be;a professional nurse; you have to be a professional military officer."

That means a long progression of civilian nursing and military career schools, and long hours training for the skills needed in both.

So what is it that keeps nurses coming into military nurse corps?

Brigadier General Connie L. Slewitzke, chief of the Army Nurse Corps, thinks she has the answer: "Nurses feel strongly about the chance to serve their country. They are dedicated nurses who are proud to wear the uniform . . . and proud to be professionals. The combination is unbeatable."



Beware of mail rip-offs The convenience of mailclaims or unusually low. prices; don't be rushed .

avoid offers that claim to be

your "last chance" to get a

bargain; keep a copy of the

advertisement you ordered

from; and never send cash,

use a check, money order or

credit card because these can

order has led to many people being ripped off. But the prospect of shopping by mail can be less risky if common sense is used when desiring to get "something for nothing."

"Don't look for simple answers to complex problems, warns Honolulu



A-3

### HAWAII MARINE

May 9, 1985

# Armed Forces Invitational Rodeo

A-4

# **Bulls-29**



A Parker Ranch cowboy from the Big Island ropes a calf in the calf-roping competition of the All-Armed Forces Invitational Rodeo

**Cowboys-1** 

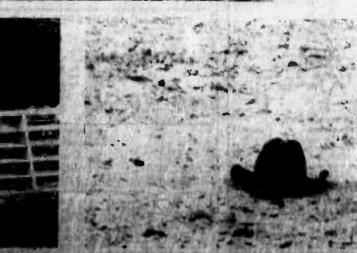


The term "hanging loose" could well describe this rider's attempt to stay on a bull.

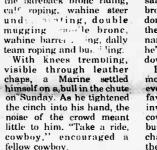
This cowboy was fortunate enough to land on his feet after being thrown seconds after coming out of the chute.



Young cowgirls perform acrobatic stunts on a horse, as part of the entertainment for the All Armed Forces Invitational Rodeo this weekend.



hat lying in the arena is me of the competitors to the hard luck among



Story and photos by SSgt. Bob Torres

Koa houoli took the place of

Koa houch took the place of mesquite brush as comboys, cowgirls, straw hats, tight jeans, bright scarves, calves and bulls were evident Saturday and Sunday at Barbers Point during the All-Armed Forces Invitational Bodgo

Paniolos from neighbor islands, wahines, and servicenembers competed in the bareback brone riding, cal<sup>r</sup> roping, wahine steer

Rodeo.

fellow cowboy. With a final deep breath, Mitch Gaskin, mounted on Black Badger, waved his free hand and the chute gate

swung open, beginning the swung open, beginning the eight seconds untill the end. Unfortunately, Gaskin's luck wasn't in the draw, as with two jumps, Black Badger dumped him on his back. "When them cowboys go down, it's surprising what they'll do," said the rodeo announcer as Gaskin "crabbed" his way out of the arena.

arena.

"I was a bull yesterday," said a cowboy wearing a brown shirt and straw hat. "I don't feel so good today. He's the ugliest bull around. His name is Darth Vader, and he's got one horn that hangs down

Bull riding is probably the most dangerous of rodeo events, and the crowd's favorite because of the risk involved. Not because the cowboy if likely to get gored, but because the rider takes a chance of getting stomped by the bull as he hits the turf. Ron Dewey, an Air Force cowboy, found that out as he fell off Andy Capp and was stepped on.

During the short break between the time that Dewey came off Andy Capp and the

came off Andy Capp and the next rider, there was a disturbance behind the stands as bulls were being prodded in the pens. "There's a bull riding a Marine," shouted the announcer as dust swirled and bull bellows could be heard. Finally, the Army's Greg Irvine mounted Darth Vader for the final ride of the rodeo. Seconds http:, Irvine was sprawled on his back and Vader was being hustled out of the arena.

"Well that's it folks; bulls 29, cowboys 1," said the announcer. "It looks like the Air Force's, Max McDonald, the only cowboy to stay on for eight seconds, is the bull riding winner. We'll see you all at Waimanalo in June."

Au at wamanalo in June." A worn straw hat in the middle of the arena spelled out the fate of some of the competitors for the day. Maybe in June the luck of the draw will change for a Marine cowboy.

Joseph Abrue, a Hawaiian paniolo, grimaces as he flips a calf during the calf-roping portion of the rodeo. Roping the calf, downing it, and wrapping three legs with "piggin string in the least time determines the winner of the event.

With spurs moving forward to rake the state of the source sunfishing, the horse managed to throw in the number was the number of the state of the st



his ride. Bucking, snorting and

المحجود والمراج المحجن وراري ومكان للمزار والمعر والجأبان الوب محجوه فيفعه فالمفاك المتكرة فأكر مراجك فللما ترتين

May 9, 1985

### HAWAII MARINE

# Legal Assistance

EDITOR'S NOTE: This is the first in a continuing series of articles by the Joint Legal Services Center, which is intended to make you aware of potential legal problems you may face.

# **Legal Affairs**

If you answer "no" to questions 1 through 7, or 'yes" to questions 8 through 12, you may have a problem which might require legal assistance.

1. If you are married, do you have a will?

2. If you have a will, have you reviewed it within the past 12 months?

3. Did you file a state/federal income tax return for last year?

4. Do you have liability insurance on your motor vehicle?

5. If you shipped a vehicle

to Hawaii, have you registered it within 10 days of operating it on the streets?

6. If you sold or transferred a vehicle locally, did you file a Notice of Transfer with the Motor Vehicle Branch of the Department of Finance within 10 days of the sale or transfer?

7. Prior to moving into your rental unit, did your landlord make a written inventory noting all details of the condition of the premises and furnishings? If so, was it made in duplicate, signed and retained by you and the landlord?

8. Have you changed or attempted to change your legal residence within the past year?

9. Have you given someone a power of attorney that is no longer necessary?

10. Do your debts (less mortgage payments) total more than three times your monthly net pay (gross pay minus taxes, social security, etc.)?

11. Have you recently signed an installment contract, lease, or contract for personal, family, or household goods without thoroughly reviewing it or discussing it with an attorney?

12. Do you have income other than from your primary employment?

Free and confidential assistance is available to active duty servicemembers, retirees, and their families. Services are provided on. a walk-in basis from 7:30 to 9 a.m., Monday through Friday, at the Joint Legal Services Center, building 256. Emergency service and special appointments can be arranged by calling 257-2160/2168.



# We're honoring Mom All Day!

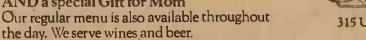
Give Mom a special treat on her day. Bring her to Kailua's newest treasure -Cinnamon's Restaurant.

# **Special Mother's Day Menu:**

Breakfast 7:00 am to 1:00 pm -- Homemade Cinnamon Apple Coffee Cake. French Scrambled Eggs. Country Ham. Coffee or Tea-\$5.25

### Lunch and Dinner

12:00 Noon to 9:00 pm - Cream of Spinach Soup or Salad. Prime Rib or Lobster-Seafood Thermidor En Pastry Shell. Stuffed Baked Potato. Fresh Spinach and Broccoli with Hollandaise. Chocolate Mousse or Fresh Strawberries En Meringue Shell-\$11.95 AND a special Gift for Mom Our regular menu is also available throughout





315 Uluniu Street in Kailua Square Phone 261-8724

A-5

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THE SOUTHLAND CORPORATION

HAWAII MARINE

# At a glance

# 'Return to Iwo'

A-6

"Return to Iwo Jima" a one-hour documentary, hosted by Ed McMahon, a retired Marine colonel, is scheduled to air on public Broadcasting Service, KHET-TV Channel 11, Memorial Day, May 27 at 9:30 p.m.

The documentary is a study of the historic World War II battle and a chronicle of the February 1985 return of American and Japanese Iwo Jima veterans to the island, for a reunion marking the 40th anniversary of the battle.

## **Dependent Dentistry**

The Dependent Preventive Dentistry Program is scheduled for Saturday and parents should make an appointment for their children now.

Preventive dentistry consists of a dental examination, lectures on dental hygiene and nutrition, and the application of stannous flouride. It does not include X-rays or dental care such as filling cavities.

The dental program for dependents is limited to relieving pain in severe emergencies and preventive dentistry only.

## Giant Swap Meet

"Giant Swap Meet!" will be held from 9 a.m. to 1 p.m. on May 31 in the courtyard behind the 7-Day Store.

If you would like to make some extra cash from the things you no longer need, this is your chance. Registration for sellers deadline is May 28, and the fee is \$1. Space is limited, and is given on a first-come, firstserved basis.

All sellers must be cleared through the Armed Services YMCA. Formore information call Armed Services YMCA Armed Services YMCA Outreach on Wednesday from 9 to 11 a.m. at bldg. 455, next to the 7-Day Store.

Emma Pavich, the island expert on child sex abuse, will talk about how to teach children to prevent being sexually molested or abused.

The program will include "frank discussions about kinds of touch that are "ok" and not "ok"; activities with children that promote prevention of rape/abuse; and giving children the right to say "no." There is a fee of \$1 which can be paid at the program.

For reservations or information call 254-4965 or 254-4719.

## HMR-161 reunion

The third annual reunion of Marine Helicopter Squadron (HMR)-161 will be held in Honolulu, May 24 through 26.

All active, reserve, or former officers or enlisted members of HMR-161, HMR (L)-161 and HMM-161 and their families are invited to attend.

For more information or to add names to the reunion mailing list, write: John A. Hoag, Reunion Chairman, c/o First Hawaiian Bank, P.O. Box 3200, Honolulu, HI 96847 or call 1-808-525-6108; or Dick Blanc, Reunion Vice Chairman, 44-038 Kaimalu Place, Kaneohe, HI 96744 or call 1-808-247-6993.

# VA benefits book

The Veterans Administration's "Federal Benefits for Veterans and Dependents Handbook" is now available.

The handbook outlines medical care, education, compensation, pension, insurance, home loan guarantee, job training and burial assistance.

In addition, the handbook lists the addresses and local telephone numbers of all VA offices, medical centers, national cemetaries, Vietnam Veteran Counseling Centers and other VA facilities.

The handbook can be purchased for \$2.50 from the Superintendent of Documents, Washington, D.C. 20402. The stock number is 051-000-00170-2.

# Lose something?

The Provost Marshal's Office has 43 mopeds, two bicycles and one pool stick in its Lost and Found Department. For information call 257-2103/2104.

# **MORTGAGE POINTS**

When shopping for a new mortgage or refinancing to a lower rate check the following points.

- FHA/VA Points: Consistently the lowest price in Honolulu. 90-day lock in available on discount points.
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Outreach at 254-4965 or 254-4719.

# Child Abuse Seminar

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**HAWAII MARINE** 

A-7

# Salutes

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AND

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You may qualify if you or any member of

your family has been injured.

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EDITOR'S NOTE: Salutes recognizes individuals for their achievements and exceptional performance, and welcomes arrivals to Hawaii.

The information is compiled by Unit Information Officers in conjunction with Fleet Home Town News Releases submitted to the Public Affairs Office.



### Surfing champ

SSgt. Kelly Rhode, H&S Bn. Camp Smith, received a third place trophy during the Performance Hawaii North Shore Mobile Surfing Contest held at Haleiwa.

SOMS Welcome aboard: Cpl. T.L. Williamson

HQCo, 3dMar Welcome aboard: PFC S.E. Kane PFC S.D. Kirk PFC J.R. Lopez III PFC J.A. Maxfield PFC H.L. Ruiz LCpl. W.J. Carty LCpl. T.E. laudenslager LCpl. P.J. Lonero LCpl. D.F. Martek LCpl. P.E. Plummer LCpl. R.M. Quillen LCpl. P.D. Vanwormer Cpl. R.J. Lanners Cpl. K.B. York Sgt. R.F. Bacote Sgt. S.R. Haskell Sgt. D. Hutchinson SSgt. J.R. Grice SSgt. B. Jones Jr. SSgt. B.T. Wilson GySgt. H.C. Voorhees

2/3

Welcome aboard: Pvt. Q. Chappell Jr. PFC R.M. Moreno PFC B.J. Roberts PFC V.C. West PFC M.A. Wolford PFC D.D. Yeck LCpl. R. Russ LCpl. S.G. Young Sgt. R.D. Brown Sgt. V.D. Matthews Sgt. S.M. Miller Sgt. E.I. Olsen HM1 A. Garibaldi HMI J.A. Riddle GySgt. R.F. Bolger GySgt. J. Granados 2ndl.t. R.K. Knapper



**Army Certificate** 

of Achievement

Staff Sergeant Anthony Baxton, 1st Marine Brigade,

received an Army Certificate

of Achievement, recognizing

him for his superior

performance as the Marine Corps liaison to the U.S. Army Support Command Hawaii, from August 1984 to April 1985.

Promoted: PFC D.E. Stewart LCpl. R.E. Courrier LCpl. J.P. Gentry LCpl. K.L. Grays LCpl. P.K. Lutz LCpl. R.D. Mitchell

Good Conduct Medal: LCPI.T.R. Decker Letter of Appreciation: Cpl. E.S. Young Sgt. R.P. Stafford

HMM-364 Welcome aboard: PFC A.J. Craythorn PFC E.F. Johnson LCpl. J.A. Carlucci LCpl. J.A. Kelly I.Cpl. K.L. Kitner LCpl. M.A. McAnally Cpl. F. Caban Cpl. T.M. Johnson

Promotion: LCpl. D.L. Covey

HMH-463 Promotions: Sgt. C.A. Decker Sgt. S.A. Gallagher Sgt. L.D. Staggs



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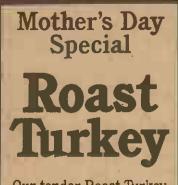


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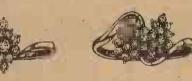
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Selected styles

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Diamond

fashion rings

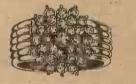


1/2 Carat T.W. Orig./Reg. \$850 - \$925, NOW \$599



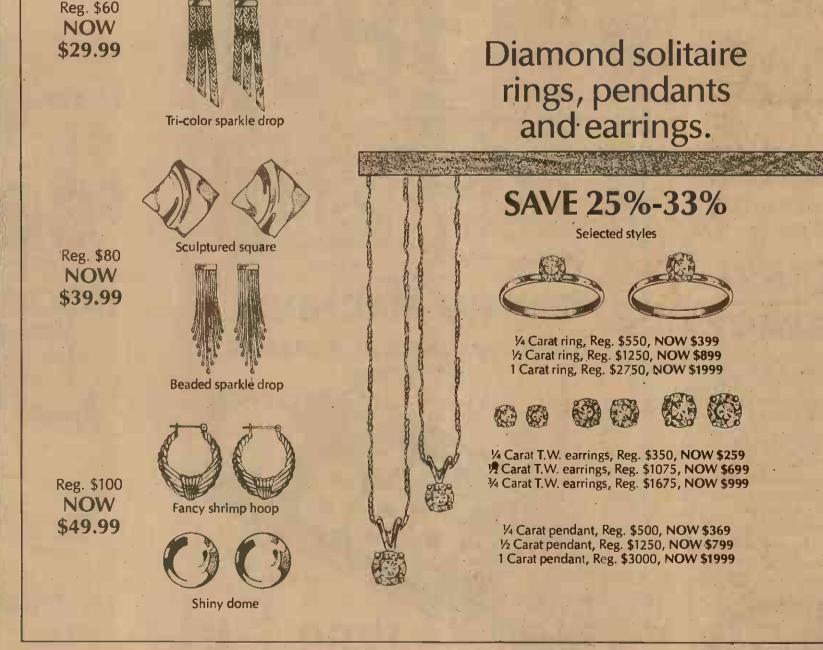


1 Carat T.W. Orig./Reg. \$1350,,NOW \$999





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	EFI		Sale and a	

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'til/9pm!

**Open** 



Queen Terese Cruz, escorted by King Gene Gutierrez and her royal entourage, is led to her seat of honor during the "May Day is Lei Day" program at Mokapu Elementary School.

# May Day is lei day'

# Mokapu school has a birthday

### Story and photos by SSgt. Bob Torres

All hues and colors of the. rainbow were evident at the Mokapu Elementary School, Friday, as children in Hawaiian garb presented a "May Day is Lei Day" program.

Children from kindergarten through sixth grade danced, hulaed and sang their way into the audience's hearts as small bodies, with youthful smiles, writhed and sang under the sunny Hawaiian skies.

As the program began, Lea Gonsalves, a fourth-grade teacher, greeted the crowd with a welcoming chant. Children and guests stood for the opening ceremony and the beating of gourds and strumming of ukeleles filled the air. Gladys Naitoh, principal of the school, welcomed special guests who included, Brigadier General and Mrs. O.K. Steele, Colonel and Mrs. Charles D. Robinson, and other dignitaries.

One of the special guests, Mileka Pomeikai Kincaid, a Niihau native, was introduced as a Lei Day Queen in 1936. Naitoh welcomed former and retired teachers of the school, including Cathy Steele who taught as a primary grade teacher.

"Because we're also celebrating the school's 35th anniversary, we tried to get in young children burst into song as Leo Nani Mokapu and the sixth-grade ukelele ensemble led the "May Day is Lei Day" song accompanied by the audience.

The May Day queen was introduced and the royal procession began. Queen Terese Cruz was escorted by King Gene Gutierrez and Royal Kahili bearers, Chris Milligan and Jake Feeney, led by the royal crown bearer, Sajid Gonzales. As Terese Cruz was

As Terese Cruz was crowned by her father, First Sergeant Thomas Cruz, BSSG, the assembled crowd clapped and cheered the forward and hulaed to "I Am Hawaii' as her special presentation to the audience. The second-grade classes did their rendition of Hawaii's State Song and the fourthgrade classes did a rendition of "Kawika."

Then, one of the hits for the day took the place of honor. The kindergarten class moved to the center of the royal grounds and portrayed their "Hawaiian Rainbows." First grade students came next with "Haru Ga Kita," followed by third-graders presenting "Itu Ipo."

Fifth grade students danced to "Tinikling" and then sixth grade students did the "May Pole Dance" and for the finale, everyone participated in the school's "Hawaii Aloha."









touch with former faculty members to join us," said Naitoh. "It is a very special occasion for us."

The smiles and grins of

queen.

"Is she getting married or something?" queried a small voice from the second row of a kindergarten class.

Queen Terese came



Eliza Grisby, a kindergarten pupil, dances a hula during the "May Day is Lei Day" program at Mokapu Elementary School Friday.

# Good nutrition essential for athletes

Good nutrition is necessary for peak athletic peformance. With the exception of an increased need for calories and water, the basic dietary requirements for athletes are no diferent from nonathlete. There are no special foods, food regimens, or vitamin supplements that enhance athletic performance.

The athlete's diet should contain enough calories for energy, fluid for water balance, and a variety of foods from the Basic Four food Groups. Misconceptons concerning the nutrient needs of athletes can hinder athletic performance and jeopardize overall health.

Ideally, the athelte's diet should have 15 percent of total calories from protein souces, 30 percent from fat, and 55 percent from carbohydrates, different from the typical American diet which is higher in protein and fat and lower in carbohydrates.

Water is the most critical nutrient for an athlete as dehydration will significantly decrease athletic performance. Drinking water before, during and after an event is strongly recommended.

Thirst is not a good indicator of actual fluid need.

The best way to check dehydration is to monitor body weight frequently. A general rule is to drink 14-16 ounces of water for every pound of body weight lost.

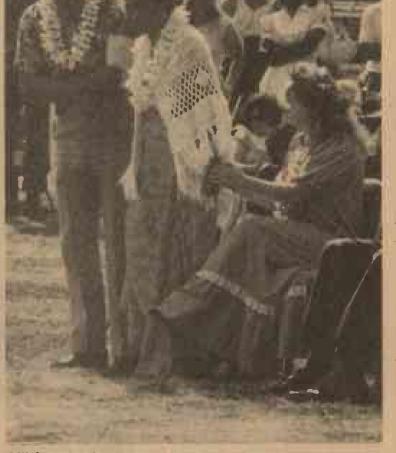
Protein foods are not good sources of energy during athletic events or exercise. The best meal before an athletic event is something such as spaghetti rather than a lean steak. The meal should be eaten two to three hours before the event so it will be digested and out of the stomach before the competition.

Carbohydrate foods are the

best source of additional calories for an athlete. Complex. carbohydrates, such as whole grains, breads and cereals are better than simple carbohydrates, such as sugar, honey or corn syrup.

Fat is important to a wellbalanced diet. But since it is digested slowly, it is best to limit fat intake during training and competition.

Heavy sweating during exercise can cause a loss of sodium and potassium. Sodium is plentiful in our diets as table salt and in the composition of food.



Mileka pomeikai Kincaid, a native of Niihau, was the special guest during the "May Day is Lei Day" program. Kincaid was a 1936 Lei Day Queen.

# Hawaii Polo Club to hold two matches here

Four teams from the Hawaii Polo Club will hold two matches at Platt Field, here, Saturday at 2 p.m., and again on June 1.

Opening ceremonies will begin at 2 p.m., followed by the first match at 2:15. At 3:15, entertainment will be provided between matches with the second match starting at 3:45 p.m. Closing ceremonies start at 4:45 p.m.

The Persian sport was introduced to Hawaii in 1866 with limited success until 1964, when it was professionally organized. Hawaiian professional polo is enjoying increased popularity in its 22nd season.

Some of the basic rules and characteristics of the game are:

The playing field is 300 yards long, 160 yards wide; and the equipment is balls, mallets and ponies;

Playing periods are sevenminute "chukkers" with up to 30 seconds in overtime; and the team has four players — No. 1 and 2 are offensive and No. 3 is a roving player, who is responsible for both offense and defense, No. 4 player is basically defensive.

Scoring is anytime the ball crosses the line between two goal posts.





**Royal Goulet** 

# Marines compete in Interservice bowling

The 1985 Interservice Bowling Championship was recently completed at the Naval Air Station Whidbey Island, Wash. Women Marines placing in

the doubles event was Master Sergeant P. Murray and, Sergeant C. Reyes in fifth place with a total pinfall of 2,128.

Tenth place went to Sergeants C. Gordon and J. Stockman with a total pinfall of 2,051.

In eleventh place was Staff Sergeant D. Diferdinando and Gunnery Sergeant S. Meneely, with total pinfall of 2,043.

Male Marines placing in doubles were staff Sergeant J. Dillon and Gunnery Sergeant T. Oaks with a total pinfall of 2.479.

Eighth place was captured

by Corporal B. Genz and Staff Sergeant W. Reynolds, with a total pinfall of 2,400.

with a total pinfall of 2,400. In ninth place was Staff Sergeant A. Loumakis and Corporal S. Hickey with a total pinfall of 2,347. The Marinee' men's team came in third with a total pinfall of 7,273, while the women's teams came in fourth with a total pinfall of 6.927 6,227.

Corporal Steve Hickey, MCAS El Toro is one of the four top male finishers and is competing in the ABC Masters Tournament in

Masters Tournament in Tulsa, Okla. Kaneohe Bay finishers were: Royal Goulet with 6,244 pins and 173 average; Deborah Muzzy, 5,955 and 165; Sheryl Gobell, 5,685 and 157; and Stockman with 6,181 pins and a 171 average.

Deborah Muzzy

Shervl Gobell

### Sports Shorts

HAWAII MARINE

**Rainbow 10K** 

The Tropic Lightning Strider's Annual Rainbow 10K Road Race will be held May 18 at 8 a.m., with the start and finish at Schofield Barracks' Stoneman Field. The flat and fact 6.2 mile

The flat and fast 6.2 mile The flat and fast 6.2 mile course, will have water points and mile-split times avail-able. A \$10 fee includes a racing singlet. Company-sized military units can participate at 25¢ per runner if running in formation.

Unique awards and gift certificates will be awarded following the race. Military gift units running in formation will be eligible for awards if 25 percent of their total strength participates.

For more information call Mark Lopshire at 655-4115 or 486-5834.

### Tennis championships

Sergeant Kevin Ginche-reau, HqCoBde, defeated First Lieutenant John Nisbet, HMM-262, 6-4 and 6-3 to win the Spring Tri-Annual Open Division Tennis

Championships. Corporal Bradley Lamie and Lieutenant Dan Kruezer, both from H&S BSSG, were the other finalists in this double elimination event.

### Horseshoe Tourney

A Horseshoe and Wrist-A Horseshoe and Wrist-Wrestling Tournament will be held Saturday at 11:15 a.m. Sign up at the Athletic Ofice, Station Gym, as soon as possible.

### Swim Team

The Aulea Swim Team is holding try-outs at the Kailua Parks and Recreation pool, behind the Library, from 5:15 to 6:15 p.m., Monday through Friday. If you are interested in competitive automine the

competitive swimming, stop by the Rec Center or call 262-7545 for more information.

### 'Catfight'

The Spring Station Cat-Fight has been rescheduled for May 15, with a shotgun start at 1 p.m. at 3;30, p.m. Entry is \$7. An awards and pupit party will be held after play.

### Running Festival

or the stic

stores, gyms, health clubs, running clubs, clinics, and sporting goods stores. Information may also be Information may also be obtained by calling the Honolulu Marathon Association office 734-7200

There will be 20 divisions The four Ultramarathon events, 100 miles, 100 kilometers, 50 miles and 50

Unlimited. Entry deadline for the relay, Festival Mile, and Centipede Championships is

Tuesday; for the Ultras is May 17. Golf

May 15. Units are en-couraged to enter as many golfers as possible. Registration is from 9:45 a.m. to 12:30 p.m., at the Golf Course. Tee times will be from

The next unit Intramural Golf tournament will be held

10 a.m. to 2 p.m.

# "It's the best way to stay in touch."

As a Marine in Reserve you could keep up with your military training. earn extra money, and keep building a strong future with a fine retirement plan. But perhaps the best part of being a Marine Reservist

is being back with the team. For two days each month you'll receive good money

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MARINE RESERVE



for the relays, and three age divisions each for men and women in the Festival Mile

J. Stockman

kilometers, are being conducted by the Hawaii Kai Fun Runners and Tinman

<sup>17</sup>May 9, 1985

HAWAII MARINE

# **NRS** Volunteers receive awards

These Navy Relief Society volunteers recently received hourly awards during the Navy Relief Award Ceremony. First row, (I to r) are; Lynn Sack, 500 hours; Bea Williams 100; Helen Courneya, 100; Joan Mausser, 600; Letty Noble 500; Cindy Brierley, 100 and Mary Wagner, 100.

The second row are : Jane Mills, 300 hours; Lauryne Harvey, 100; Judi Stevens 2,000; Susan Wells, 100; Susan Griffin, 300; Nancy Thomas 100 and Maureen Nealis, 300. A Certificate of Appreciation was also awarded to Helen Courneya.



# 24 years not enough for Navy Relief's 'Auntie Pat'

### by Sgt. L.C. Brooks

"Auntie Pat" may be a more appropriate name and title in a family setting, but Patricia Perry, office manager of the Kaneohe Branch Navy Relief Society, is called that by many who have known her during the 24 years she's worked for the organization.

Perry began working for Navy Relief in January 1961 at NAS Barbers Point as a bookkeeper. She transferred to Pearl Harbor in December 1977 where she worked as a secretary/clerk.

She crossed the island in May 1979 as bookkeeper for the society, and was promoted to her current position in 1983.

Volunteers from the Kaneohe and Pearl Harbor branches recently held a surprise party for Perry in



honor of the 24 years she's worked with Navy Relief.

"It was such a surprise," she said. "I felt like 'Queen for a Day.' " During the party, Perry received at least 15 leis among other gifts.

Gifts from workers at the society are treasured by Perry because military life is so transient that most volunteers serve at a specific branch for a limited amount of time. It is this part of Perry's job that's hardest to bear. "It hurts me to say goodbye ... I can go back to day one and tell you about all of my dedicated volunteers," said Perry.

Training volunteers is just one reason why Perry has been with Navy Relief for so long. "I love everything the society represents. The changes are coming fast for this 'old lady,' but I know it's

Patricia Perry

all for the benefit of the young service family," she said.

Perry intends to be a part of these changes. Her future plans include staying with the society for 16 more years. "I always said that, once I passed the 20-year mark, I'd give them another 20 years," said the Oahu native.

Although Navy Relief is a large part of Perry's life, she's had a chance to develop hobbies. "Believe it or not, I love to skate," she said. "I'm

not afraid and I'll challenge anybody. I've outskated a lot of my children's friends."

Watching old movies is another of her pastimes. "I love the old movies on Saturdays," she said. "I especially like the ones that make me cry.'

Family ties are also a very important part of Perry's life. She and her husband, Stanley, who has worked for a sugar company for 34 years, have a son, Reggie, and a daughter and son-in-law, Donna and Jack. Her 16 month-old grandson is the joy of her life, according to Perry.

Over the years, Perry has. contributed much to Navy Relief and her sincere dedication to her job is evident to all who have worked with her.

# Windward Marathon slated for Sunday; run thru Air Station

Long distance runners will get a chance to go for a personal record during the Fifth Windward Marathon. to be held Sunday starting at 5 a.m.

The 26.2-mile road race will start at Enchanted Lake, continue through Lanikai, Kailua and will include parts of the Air Station. The race will end at Enchanted Lake.

Runners will come into the Air Station through the Mokapu Rd. gate, turn on Harris Avenue; hook around Lawrence Dr., turn on Cushman Avenue, turn on Middaugh Street; back on Harris to Mokapu. The course will then turn on "A" Street. to First Street, onto Third Street, to Seldon Street, turn on Harris onto Mokapu, and back out the gate.

There will be aid stations every two to three miles, and medical assistance will be at the aid stations and at the finish line. Packet pickup will be at Enchanted Lake Park

on May 11, from 10 a.m. to 2 p.m. All finishers will receive commemorative T-shirts.

Awards will be given to the first three male and female finishers, and the first three male and female finishers in the Masters category (over 40). There are five age categories, and a wheelchair and race walker division.

To encourage the runners along the course, residents are being asked to come out and support the event by cheering them on, providing a water hose for a quick cooldown, and doing anything to make the grueling run a little more bearable for the participants.

The course will start on Keolu Drive, run through Wanaao, Makealani Place, Aummoe, Kailua Road, Aalapapa Drive, Mokulua Drive, Kainalu Drive, Kainui Drive, Oneawa Street, and Mokapu Road into the Air Station.

# Ticket info

The Special Services Ticket Sales Office has tickets for the following events:

Julian Lennon – Waikiki Shell; May 10; \$16.70 and \$11.70.

Ice Capades - NBC; May 10-19; \$11.20, \$9.70 and \$7.70. Baseball discount tic-

kets. Books of 20 are \$25 for all home games. Single tickets \$1.25

Honolulu Boys Choir Sheraton Waikiki Hotel; \$25.70 and \$20.70.

Search for Talent -Waikiki Shell; May 11, \$7.70.

Professional Championship Rodeo - Waimanalo; June 15-16; Family tickets \$15, adults \$7.50.

Call Margaret at 254-3304, or stop by building 219, for more information.



Tues. thru Sat. -Also-Country/Western Favorite "DIXIE" Every Sat. Nite For More Information Telephone: 257-2873 ¥ Skipper8

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DINNER 3pm-Closing (with coupon and

the purchase of one House Specialty) Treat yourself to Skipper's Island fresh salad bar with your favorite

he Parrot

Wailua, Kauai/From \$36

Waikiki/From \$33

RENT A CAR. Reservations may also be made through ALOHA AIRLINES, phone 836-1111.



Movie schedule

Movies start daily at 7:15 p.m. For more information call the Station Theater at 257-3668.

### **Tonight &** Tomorrow

Country (PG). Jessica Lange. Drama. Jewell and Gill Ivy have worked on the farm that has bound their family together for generations. When government bureaucrats threaten to take away, they decide to fight back.

### Saturday & Sunday

City Heat (PG). Clint Eastwood and Burt Reynolds. Mystery spoof. A mystery set during the 1940's. Clint Eastwood and Burt Reynolds act for the first time ogether as friendly adversaries.

# AAFES recalls products

The Army and Air Force Exchange Service is recalling a Bunny Hopper pendant, an "Easter Chick or Rabbit" and a Doorway sit-up and pull-up

bar. A costume jewelry Bunny Hopper pendant, manufactured by Treasure Masters Corporation, is being recalled as a precaution because some customers may perceive this time as a toy, even though it is marketed as costume jewelry.

The item consists of a bell, spring and small lead-like metallic bunny head on a strong necklace. The bunny head and spring will slip over the knot at the end of the string with every little force, and both are small parts. The pendant has no age level recommendation, but was intended for children older

Monday Surprise Classic

> **Tuesday &** Wednesday

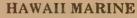
Toy Soldiers (R) Jason Miller. Drama. The United States government won't go to war over a handful of students held captive by vigilante killers who are members of a "death squad". Five friends of the students can make the difference between freedom and death.



Division of Oshman's Sporting Goods Inc.

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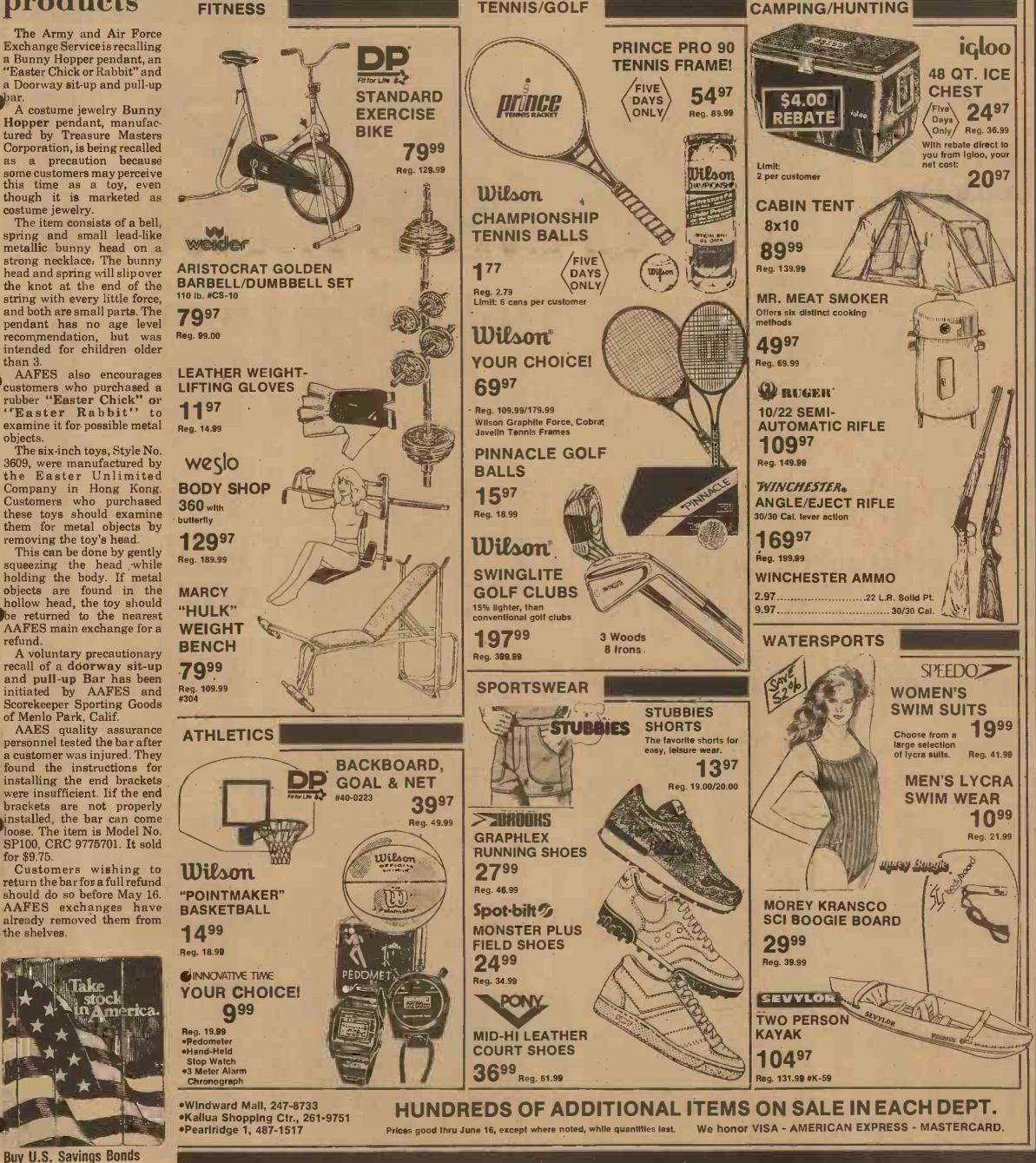


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·B-6

### Hale Koa Presents

Hawaii's own "Lady of

Hawaii's own "Lady of Love." Loyal Garner, returns to the Hale Koa Hötel's Banyan Tree Showroom in May, June, and July. Loyal will sing some of her favorite songs and best known hits, such as the foot-stom ping Paniolo tune "Kokee;" the beautiful "Behold Laie;" and the ballad "Blind Man in the Bleachers." Loyal will be joined by one of Oahu's best Hula Halaus (schools). Hula Halaus (schools).

This special engagement is open to active duty or retired military, reservists or National Guardsmen, and holders of a military club card.

Tickets are \$18.95 for adults and \$12.95 for children under 12, and includes a buffet dinner featuring Roast



### Today

Lunch Roast beef aundwich, Reuben Frankwich, baked benns, soup, saind bar, dessert

Dinner Turkey chow mein, pepper steak, carrots/rice, soup, salad bar, dessert

Friday

Breakfast Grilled Canadian bacon, home tries, created beef, eggs any style Lunch

Italian yeal cutlet, BLT, turkey sandwich, french fries, soup, salad bar, dessert

Tuna and noodle casserole, fish portions, broccoli, soup, salad bar, dessert Dinner

Saturday

Breakfast/brunch Grilled ham slices, hash browns, bacon, creamed beef, eggs any style, barbecue beef, french fries, soup

Dinner Swiss sleak, barbecue chicken, corn, baked potatoes, soup, salad bar, dessert

### Sunday

Breakfast/brunch Baked sausage links, hash browns, eggs any style, apple coffee cake, cheeneburgers, holdogs, french fries, soup, salad bar, dessert

Dinner Oven roast beef, Rock Cornish hens, mixed vegetables, soup, salad bar, dessert

### Monday

Breakfast Breaded luncheon meat, home fries, creamed beef, eggs any style

Lunch Monte Cristo sandwich, Italian pepper beef, soup, salad bar, dessert

Dinner Breaded pork slices, stuffed beef rolls, mashed potators, sopp, salad har, dessert

Tuesday

Breakfast Beef hash, hash browns, french toast, eugé any style

Hot roast pork and submarine andwiches, chili dogs, soup, salad handwic bar, dem

Salisbury steak, Swiss steak, onion gravey, soup, salad bar dessert

### Wednesday

kfast assye links, hash howns hed beef, give any style , rosst beef and mill opt and choose sandwichter bar, demort

har bur, denerts har on carrie, harritas, Ments onn, ante, nalad bar, desa al minite autopilitations a me reconnery. Clarks with ta faellity for more informati

Baron of Beef, Loyal's fabulous show, and gratuity. Tickets can be purchased up to two weeks in advance at the hotel or at any Military 15

### Sea Life Park

Ticket Outlet on Oahu.

Sea Life Park makes learning about the marine environment a fascinating experience for children and adults with explorations. Preschoolers aged 3, 4 or 5, and an adult companion can explore the ocean world together in chass sessions featuring learning experi-ences with live animals, arts

and crafts, bamboo pole fishing, tide pooling, songs, story-telling and role playing. A one-session Saturday class held from 9 to 11 a.m., entitled "Super Sea Turtles," will meet May 18.

For information and registration call 259-7933.

### Childbirth preparation eight-week Bradley An

Childbirth Preparation class will be offered at the Castle

Medical Center auditorium on consecutive Wednesdays, 7 to 9:30 p.m., beginning May

15. The class offers informa-tion, labor and coaching rehearsal, group discussion and support, and uses audio-visual materials. Topics include exercises for pregnancy and hirth. pregnancy and birth, relaxation, natural breath-ing, nutrition, breast feeding, consumerism, recognizing birth fears, discomforts of pregnancy, normal birth patterns, Cesarean birth,

LOYAL GARNER

THE

newborn appearance, emo-tional aspects of pregnancy Also included is a tour of Castle's labor and delivery

Volunteers

needed

The Muscular Dystrophy Association is looking for

facilities and alternate Birthing Room. Cost if \$75. To reserve a space in the class call 263-5162.

volunteers to spend a week aiding campers with a neuromuscular disease in daily living activities and recreational programs. The MDA summer camp

will be held from June 28 to July 4, at Camp Erdman,

and a desire to help and enjoy the fellowship of others. For more information, and applications, call the MDA office at 945-3545.





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HAWAII MARINE

Kaneohe Bay, Hawaii

# Special Services

# Swimming Lessons

**Registration for swimming** lessons scheduled for Saturday at the Station Pool has been cancelled. Lessons will be available mid-June. Call Dependent Rec for more information.

# **Ice Capades** discount tickets

Discount coupons for Ice Capades' May 10-19 shows at NBC Arena are available at Camp H.M. Smith's Morale, Welfare, and Recreation

Scuba class **Special Services offers** scuba diving classes at all levels. Free introductory scuba class meets on the second Saturday of each month, from 9 to 11 a.m.

Preregistration is required,

information, call 477-5142.

Ticket vouchers are also

available through the Special

Services Ticket Office at

Kaneohe Bay. Cost of the

tickets are \$11.20, \$9.70 and

\$7.70. For more information

or to reserve tickets, call 257-

31087/3520.

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Office, building 209. The and all equipment will be provided. discount is for \$1.50. For more

Water certification, advanced open water, and seven specialty classes from deep diver to equipment repair are also offered. All classes are taught by Professional Association of Diving Instructors. Diving compasses now available for certified divers.

For more information call the Outdoor Recreation Equipment Center at 257-2548.

# **Youth Soccer**

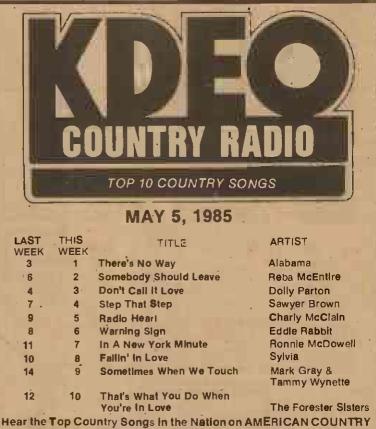
Youth soccer season is approaching and coaches are needed who have soccer experience and enjoy working with children.

Application forms are available at Dependent Rec or call 254-2963 for more

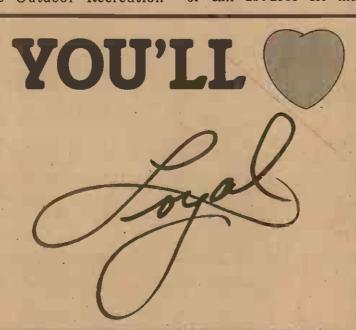
information.

Tentative registration dates are May 13-24 from 3 to

4:30 p.m., at Dependent Rec Office, bldg. 1391.



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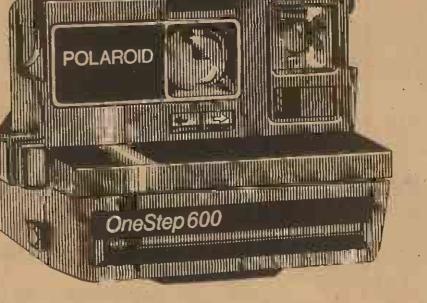


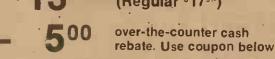


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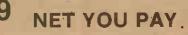
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