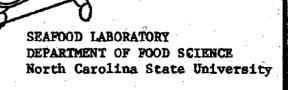
PROCEEDINGS OF THE WORKERSY

SEAFOOD

PROCESSING & MARKETING

THE COASTAL PLAINS AREA



UNC SEA GRANT PUBLICATION No. 75-24

SEAFOOD PROCESSING AND MARKETING

IN THE

COASTAL PLAINS AREA 1,2,3

T. M. Miller, N. B. Webb, and F. B. Thomas
Department of Food Science

and

J. E. Easley, Jr. Department of Economics and Business

North Carolina State University Raleigh, North Carolina

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- e) "Factors Related to the Quality and Utilization of Seafoods", (Project No. 2074) of the Morth Carolina Agricultural Experiment Station, School of Agriculture and Life Sciences, N.C.S.U., Raleigh, N. C. The use of trade names in this publication does not imply endorsement by the North Carolina Agricultural Experiment Station of the products named, nor criticism of similar ones not mentioned.
- 3. Contributions by the N.C. Agricultural Extension Service Specialist Staff are gratefully acknowledged.

ABSTRACT

This jointly supported project is aimed at examining present and developing aspects of seafood processing and marketing in North Carolina, as a working example for the Coastal Plains area. "Processors" as distinguished from "Handlers" are defined, while commercial landings of important species, ex-vessel prices, and seasonal availability are shown for three coastal regions.

Seafood freshness is the most important requirement for processing, requiring that rapid cooling and adequate sanitation be initiated promptly at sea. Adequate hold insulation helps achieve rapid cooling, while small refrigeration units for cooling air in holds are suggested as an additional improvement.

Good Manufacturing Practices for unloading and subsequent processing are explained in the guideline publications listed. Subjective and laboratory tests for freshness, and requirements for freezing, thawing, glazing and packaging are explained in terms relevant to the local fisheries.

Recent grey trout processing experiments are used to demonstrate how handling conditions at sea affect subsequent unfrozen and frozen shelf life after this fish has been packaged whole, or headed and gutted, or in the form of fillets. Subjective ratings at time of landing did not fully predict shelf life determined by taste panel evaluations. A consumer panel applied higher ratings than the laboratory panel, but both could not distinguish between cooked fillets from unfrozen and frozen fish. "Superchilling" was shown to offer potential for improved distribution methods.

In North Carolina most processing operations have evolved from existing shore handling facilities. Flow patterns are provided to show what applies to most operations. Logical development of processing and packaging facilities is therefore explained in terms of unit operations, building components, and basic equipment requirements. Identification of such factors as labor productivity, yields, product mix and plant output enter into predictions of processing feasibility.

Technological aspects of marketing include such factors as quality, "frozen" vs. "fresh", inspection, consumer preferences, and use of seafoods as economical protein sources. Urgent needs for future development of processing and marketing are listed in Section 9.0, the most important being to develop and promote excellent frozen products capable of having the same acceptability as prime fresh unfrozen seafoods.

TABLE OF CONTENTS

			Page
	PREFACE		ī
1.0	INTRODUCT	ION	Ŧ
	1.01	Audience	1
2.0	SEAFOOD HA	ANDLERS AND PROCESSORS	1
	2.01	Ports	Ĭ
	2.02	Districts	1
	2,03	Handlers and Processors	j
3.0	RESOURCE		5
	3.01	Commercial Landings	5
	3.02	Sport Fish Landings	29
4.0	HANDLING [BEFORE PROCESSING	33
	4.01	General Principles	33
	4.02	Specific Requirements	33
	4.03	Rapid Cooling of Catch	35
	4.04	Hold insulation	37
	4.05	Mechanical Refrigeration	38
5.0	SHORE HAN	DLING AND PROCESSING	38
	5.01	Good Manufacturing Practices	38
	5.02	Processing Plant Guidelines	38
	5.03	Seafood Quality Criteria	40
	5.04	Freezing	44

			Page
5.0	SHORE HANDI	ING AND PROCESSING	
	5.05	Thawing	$l_{\mathbf{i}}l_{\mathbf{j}}$
	5.06	Glazes	46
6.0	PROCESSING	INVESTIGATION	47
	6.01	Trout as a Raw Material	47
	6.02	Test Plan	50
	6.03	Composition as Related to Storage	52
	6.04	Experimental Processing	52
	6.05	Evaluation Methods	59
	6.06	Evaluation Panels	65
	6.07	Experimental Results	67
7.0	PROCESSING	FACILITIES	80
	7.01	Products to be Produced	80
	7.02	Plant Components	86
	7.03	Prototype Plant	99
	7.04	Processing Feasibility	103
8.0	MARKETING		115
	8.01	Implications	116
	8.02	Comments	118
	8.03	N.E.R. Marketing Program	118
9.0	FUTURE RES	SEARCH	121
	3.0	Resource	121
	4.01	General Principles	121
	4.03	Rapid Cooling of Catch	122
	4.04	Hold Insulation	122

			Page
9.0	FUTURE RESE	ARCH	
	4.05	Mechanical Refrigeration	122
	5.0	Shore Handling and Processing	122
	5.03	Seafood Quality	122
	5.04	Freezing Equipment	122
	5.05	Thawing	122
	5.06	Glazes	123
	7.0	Processing	123
	7.01	Products to be Produced	123
	7.02	Plant Components	123
	8.0	Marketing	123
10.0	WORKSHOP P	ROCEEDINGS	125
	Getti	ng the Most Out of Processing - N. B. Webb	126
	Pinpo	inting Problems - T. M. Miller	128
	Trout	Storage Has Problems - T. M. Miller	129
	Figur	ing if Finfish Processing Pays - J. E. Easl	ey 130
	Makin	g Best Use of the Resource - E. G. McCoy	131
	Кеер	it Cold - R. M. Collins, III	133
	Packa	iging Can Be Simple - R. G. Heidenreich	135
	Getti	ng the Product to the Consumer - M. Evans	137
	The F	Product Must Fit the Market - F. B. Thomas	139
	Comme	ents During Panel Discussion - R. Martin	141
	Comme	ents During Panel Discussion - A. Ward	142
	Comme	ents During Panel Discussion - G. Crow	143

PREFACE

The material presented in this publication was developed from results of the pilot research project on fish processing and marketing. In addition, relevant information was compiled from previous publications, appropriately referenced. This report provided a basis for discussion at the SEAFOOD PROCESSING AND MARKETING WORKSHOP, held at Morehead City, N. C., July 29, 1975.

The information presented at the Workshop included pertinent information in this publication. Supplemental information and recommendations as a result of the Workshop will be included in two types of subsequent publications. Firstly, a report of the research finding of the project and recommendations for further research will be published. Secondly, a publication will be prepared on finfish handling, processing and marketing systems for the Coastal Plains area, using North Carolina as a working example. This publication will include a compilation of currently available information which can be used on a practical basis for assisting fishing, processing and marketing firms.

The authors wish to express their appreciation to the following Advisory Task Force members for their helpful advice in promulgating plans and guiding the direction of the investigations reported herein:

```
Mr. Paul Allsbrook, Div. of Commerce and Industry, N. C. Dept. N.E.R.;
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Also, we are grateful for the dedicated work of the following personnel who conducted various portions of the studies, assisted in compiling the data, and prepared this publication:

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Mr. Keith W. Gates

Mr. David A. Hill

Ms. Marjorie E. Sun

Ms. Joyce A. Taylor

Mr. Michael D. Taylor

The help and assistance of Mrs. Frances P. Turbyfill in connection with the taste panel is appreciated. The cover design is by Ms. Leslie L. Miller, UNC Institute of Marine Sciences.

SEAFOOD PROCESSING IN NORTH CAROLINA

1.0 INTRODUCTION:

The Seafood Processing Project has been conducted by the Seafood Laboratory since February, 1975 with the following objectives:

- A. To appraise the North Carolina seafood processing industry as it currently exists.
- B. To define some requirements for expanding, diversifying and improving seafood processing activities in North Carolina.

1.01 Audience:

This study is intended to help those concerned with improved utilization of the coastal fisheries and to help them define unsolved problems. Its thrust is directed towards:

- A. Fishermen
- 8. Seafood Handlers and Processors
- C. Advisory Services for A. and B., including those supported by Coastal Plains Regional Commission, UNC Sea Grant, NCSU School of Agriculture and Life Sciences.

2.0 SEAFOOD HANDLERS AND PROCESSORS:

2.01 Ports:

Page 2 shows the coastal portion of North Carolina to which this study has reference. Those ports (unloading points) handling most of the catch are shown in capital letters while less active ports are shown in small letters.

2.02 Districts:

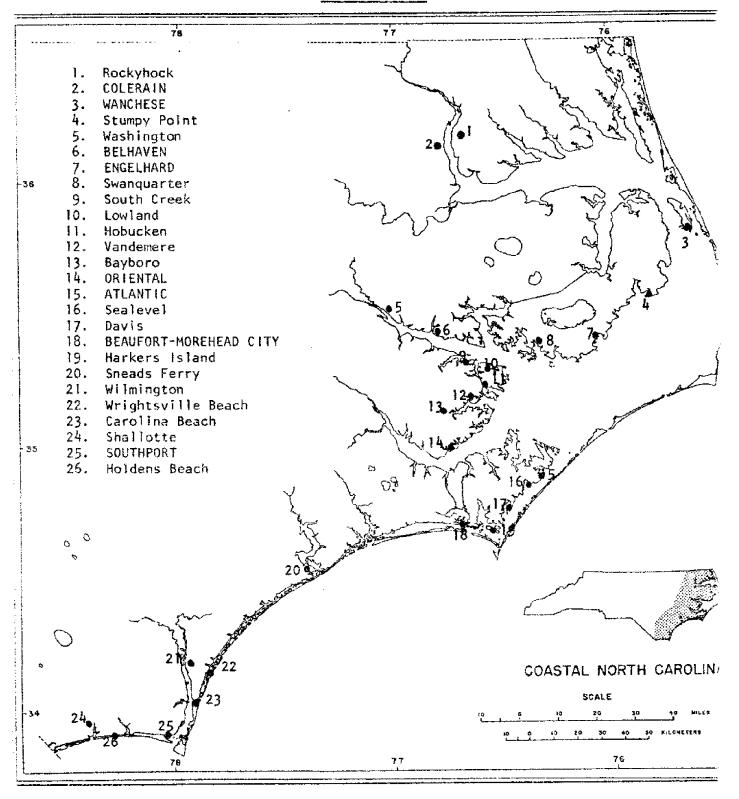
Page 3 shows a division of the North Carolina coastline into Northern, Central and Southern Districts, a Togical separation in considering processing aspects while coinciding with NMFS reporting of commercial fisheries statistical data.

2.03 Handlers and Processors:

- A. Handlers: Operations limited to receiving, washing, sorting, icing, shipping.
- B. Processors: Conduct additional operations such as described below: (page 4)

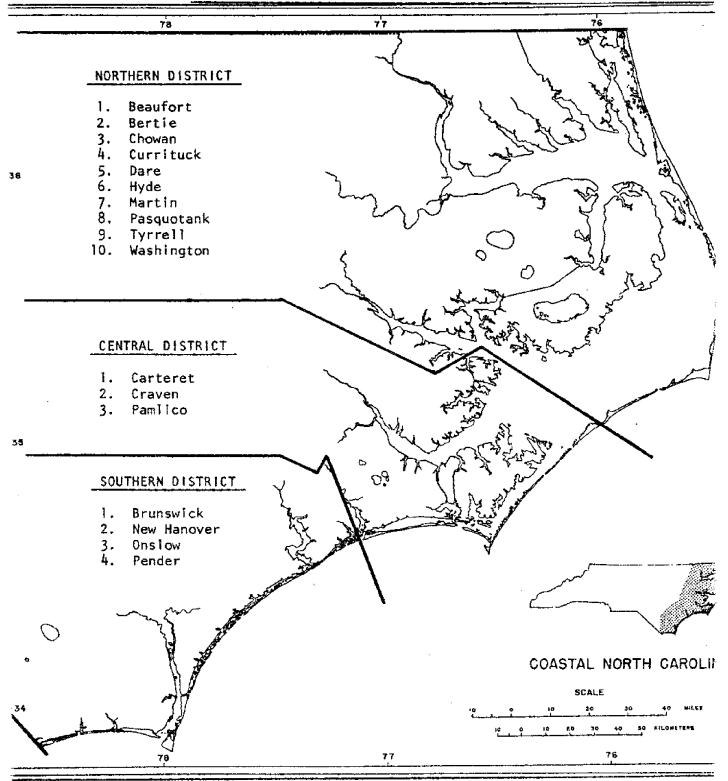
2.01 Ports

FISHING PORTS



2.02 Districts

NATIONAL MARINE FISHERIES SERVICE COMMERCIAL FISHERIES STATISTICAL DISTRICTS



2.0 Seafood Handlers and Processors

1. Finfish:

- (a) Dresses appreciable amounts
- (b) Removes and preserves roe
- (c) Salts and/or pickles and/or smokes
- (d) Glazes and freezes, whole or dressed
- (e) Employs special forms of packaging materials

2. Shrimp:

- (a) Shells and veins(b) Glazes and freezes
- (c) Packages

3. Crabs:

- (a) Picks and packs crab meat
- (b) Steams whole crabs(c) Further processes crab meat
- (d) Produces clean carapaces

4. Oysters and Clams:

- (a) Repacker
- (b) Shucker-Packer
- (c) Produces clean clam shells

5. Scallops:

- (a) Shucks and packs
- (b) Freezes and packages

Industrial Finfish:

- (a) Grinds and/or freezes for baits
- (b) Dehydrates for animal feeds

2.03 Handlers and Processors

*N. C. HANDLERS AND PROCESSORS, by Districts
Number Concerned with Major Categories

	Northern	Central	Southern
HANDLERS	220	128	247
PROCESSORS			
Finfish	50	69	51
Shrimp	25	29	21
Crabs	13	18	3
Oysters & Clams	7	22	9
Scallops	- -	12	-
Industrial Fish	14	6	•

*SOURCE: "North Carolina Seafood Processors", N. C. Dept. of Natural and Economic Resources, Division of Commerce and Industry, 1974.

3.0 RESOURCE:

3.01 Commercial Landings:

Commercial landings of important sepcies, seasonal peaks, and exvessel prices, based on data collected by NMFS, are important in planning handling and processing operations.

FINFISH:

Α.	Alewife	(Page	7)
В.	Bluefish	(Page	8)
С.	Catfish & Bullheads	(Page	9)
D.	Croaker	(Page	10)
E.	Flounders	(Page	11)
F.	King Whiting	(Page	12)
G.	Mullet	(Page	13)
н.	Porgy (Scup)	(Page	14)
i.	Sea Bass	(Page	15)
J.	Grey Trout	(Page	16)
Κ.	Spotted Trout	(Page	17)
L.	Shad	(Page	18)
Μ.	Spot	(Page	19)
N.	Striped Bass	(Page	20)
0.	White Perch	(Page	2 1)

SHELLFISH:

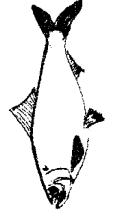
Ρ.	Crabs,	Blue,	Hard		(Page	2 2)
0.	Crabs.	Blue.	Soft &	Peeler	(Page	2 3

3.01 Commercial Landings

R.	Clams, Hard, Meats	(Page 24)
S.	Oysters, Meats	(Page 25)
Τ.	Scallops	(Page 26)
U.	Scallops, Calico	(Page 27)
٧.	Shrimp, Saltwater, Heads on	(Page 28)

3.01 Commercial Landings: A. ALEWIFE

· 	 																_
	1974		6,209		5.1		ŧ I		1974	يو	453	5,341 397	00	0	00	00	
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DISTRICT LANDINGS &	1969		19,762		t i		1 1	MONTHLY N.	1969	ı	375	12,588 6,759	00	0	00	00	
			1,000 lbs. ¢/lb.		1,000 lbs. ¢/lb.		1,000 lbs. ¢/lb.		MONTH	Jan - r	Mar	Apr May	Jun f::-	Aug	Sep Oct	Nov Dec	;
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C. LANDINGS &

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YEAR

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& EX-VES	1971	Northern	258	10.0	Central	317	10.2	Southern	1	۰. م	•		C. LANDINGS (1,000 pounds)	1971	9	9.0	m	<u>~</u> :	0 9 9	19	4	ر د ک	107	ρΩ
	1970		158	œ o.		330	8.0		ć	8 4.9			C. LAND	1970	_		m	ין סכ	25	20.	- <u>1</u> -	/- 63	√ <u>4</u> -	Z#
DISTRICT LANDINGS	1969		384	12.2		483	10.0		5	9.5	1	;	MONTHLY N.	1969	c) 1	1 -	4- 6-	2.50	83	125	<u>8</u>	108	<u>~</u>
			1,000 15s.	¢/16.		1,000 15s.	¢/1b.			1,000 lbs.				MONTH	<u>2</u>	e e	Mar	Арг	Yay Cill	בייר	Aug	Sep Oo+	Nov	Dec
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NDINGS & EX-VESSEL	1,000 lbs.	1,272	736	542 323	435	816	437	519	752	ላሪያ የ 13	515	704	888	872	195		1,168		•	,			A P	



C. LANDINGS & EX-VESSEL PRICES

1,000 15s.

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- P. C.

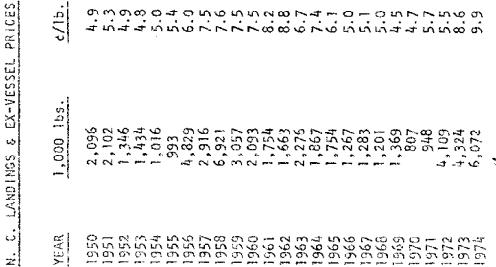
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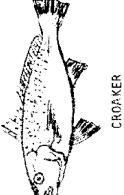
CATFISH & BULLHEADS

3.01 Commercial Landings

D. CROAKER

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	1970		3.6		717		7.4.8	C. LAND	1970	54	89	115	- 26	. ₹2	, 54	5 13 13	, ~	26	700
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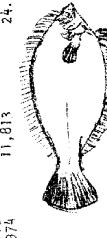




3.01 Commercial Landings

E. FLOUNDERS

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DISTRICT L	1969		1,206 26.0		1,535		25.7	MONTHLY N.	1969	277	188	221	א ע -	. . .	[4] [4]	307	700
			1,000 lbs.		1,000 lbs. ¢/lb.		1,000 lbs. ¢/1b.	geory (year), e mate i hanggam, anggan da	MONTH	ი ა ი ა	Mar	Apr	Yes.	J. 1.	Aug	vep Oct	Nov



N. C. LANDINGS & EX-VESSEL PRICES

1,000 lbs.

FLOUNDERS

3.01 Commercial Landings F. KING WHITING

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3.01 Commercial Landings G. MULLET

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j	1970	7.2	447 5.5	565	C. LANDINGS	1970	2002-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1	7
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IL PRICES	11.0		8 4 7 4 8 0 8 9 8 9				20.00.4. C	
NGS & EX-VESSE			2,194 2,22 3,226 3,236			1,172	1,123	

3.01 Commercial Landings H. PORGY (SCUP)

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S EX~VESSEL	1971	Northern	86 15.2	Central	117	Southern	13.2	LANDINGS (1,000	1971	29 45	42 67	. 0	000	0 O M	21
1	1970		52		147		13.0	C. LAND	1970	26 34	84 99	83	; ; ;	014	œ
DISTRICT LANDINGS	1969		74 12.3		178		0.4	MONTHLY N.	1969	49 64	33	47 20	000	2 1 2	20
			1,000 lbs. ¢/lb.		1,000 15s.		1,000 lbs. ¢/lb.	MO	HINOM	. ის იცი		,	Jun Ju) Aug	Sep Oct No:	Dec
SSEL PRICES	¢/16.	Reported							Reported	2.7.5 2.7.6	23.0 25.0	30.0			į
LANDINGS & EX-VESSEL	1,000 165.	Not	NO X	Not	N Zot Not Not Not Not Not Not Not Not Not N	Not	NOT NOT NOT NOT NOT	Not Not Not		252 212 207	200	99			
	YEAR	1950	1952 252 253 253	192	1957 1958 1958	2000	1962 1963 1963	2965	200	262 1970 1791	1972	1974	`	MV	

3.01 Commercial Landings i. SEA BASS

	1374	18 8 32.4	286	843	366 130 117 30 30 20 20 20 20 20 20 20 20 20 20 20 20 20
ES	1973	31.3	33.4	516 33.5 ds)	1973 889 173 166 151 151 151 151 151 151 151 151 151
SEL PRICES	1972	29.5		738 490 508 9.1 22.3 32.5 3	1972 114 177 177 178 180 146
E EX-VESSEL	1971	103 19.4 2	154 21.8	490 22.3 3	1971 1777 1777 178 199 199 199 199 199 199 199 199 199 19
;	1970	239 18.3	18 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	738 20.1	122 2223 232 232 232 232 232 232 232 232
DISTRICT LANDINGS	5961	222	254 18.4	536 18.4 MONTHLY N.	250 250 250 250 250 250 250 250 250 250
		1,000 lbs. ¢/16.	1,000 lss. ¢/15.	1,000 lbs. \$/15.	MONTH Heb Mar Aor Aug Sep Oct Nov
SEL PRICES	!	72.2 8 6 7 2 8 6 7 8 8 6 7 8 8 8 8 8 8 8 8 8 8 8 8 8		0 0	Not Reported 18.3 19.4 32.3 33.2 39.7
LANDINGS & EX-VESSEL	1,000 lbs.	9 / 6 110 14 / 6 14 / 6	28 80 7.4 5.	25. 1, 287. 1, 090 735.	1,173

3.01 Commercial Landings J. GREY TROUT

	1974		1,400 12.4		4 85.60 80.60		711		1974	2,071		164	91	2.5	127	176 279	242 260
ES	1973	Lrict	9.6	ار. ار:	4,553 8.4	ict	79	(sp	1973	,62		7/8	t∪ (156	205	162 143	162 336
SEL PRICE	1972	O S	1,220	Distri	6,123	rn Distr	6.5	(1,000 pcunds)	1972	1,172	1,747	/h/*	125	22.22	74	96 - 8	346 708
s EX-VESSEL	1761	Northern	297	Centra	3,343	Southern	a No	LANDINGS (1,	1971	554		860 536	20	22 C	73	η, w τυ σο	106 561
LANDINGS	1970		161		2,278		۳ <u>م</u>	C. LAND	1970	327	452	732	200	70 70 70	5 P	117 44	27
DISTRICT	1969		132		1,396		10 10.2	MONTHLY N.	1969	62	275	5,6	,	20		103	100 ± 100 ± 100 m
			1,000 lbs.		1,000 lbs. ¢/lb.		1,000 lbs. ¢/lb.	G. A	MONTH	Jan	Feb	7. co	TO W	, duh	Jul Aug	Sep	ooc Nox



LANDINGS & EX-VESSEL PRICES

1,000 15s.

CREY TROUT

3.01 Commercial Landings K. SPOTTED TROUT

								······································	The bir directly is a serie	
	1974		253		397		19 36.0	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	1974	63329623121213 6332823121213
ES	1973	ict	31.3	t:	407	iot	36.3	ds)	1973	20 10 10 10 10 10 10 10 10 10 10 10 10 10
SEL PRICES	1972	Northern District	128 31.4	1 District	368 30.0	rn District	30.1	LANDINGS (1,000 pounds)	1972	77.839.850.377
& EX-VESSEL	1371	Northe	128 28.9	Central	207	Southern	31.4	INGS (1,0	1971	32424473
	1970		134 27.6		260 26.0		10 30.6	C. LAND	1970	27 6 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
DISTRICT LANDINGS	1969		49 30.6		131		32.1	MONTHLY N.	1969	- 288 - 87 WW W O I W
			1,000 lbs. ¢/1b.		1,000 lbs. ¢/lb.		1,000 lbs.		MONTH	Lan May May Jun Aug Sep Oct
RICES	¢/1b.	29.9	2 2 2 3 5 4 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	1000	2225	25.75	31.9	200.00	32.0	20.05.7. 20.08.4.09.4.7.09.4.20.00.00.00.00.00.00.00.00.00.00.00.00.

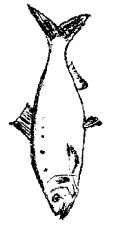


LANDINGS & EX-VESSEL

1,000 15s.

3.01 Commercial Landings L. SHAD

	1974	249, 26.2	33.5	20 32.5	1974	22224
	·		5.	2 2.		8 7 7 8 7 8 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
PRICES	972 1973 District	173 26.2 ict	. ~ +	ı 🙎 🤇	1973	· •
1	r-1	N 0	7 6		1972	2 68 143 143 0 0 0 0 0
& EX-VESSEL	1971 Northern	423 14.6 Central	217 21.8 Southern	47 41 3.6 16.8 LANDINGS (1.4	1971	778877
1	1970	19.6	345 20.5	47 23.6 C. LAND		222 1290 1290 1200 1200 1200 1200 1200 1
DISTRICT LANDINGS	1969	431	238 22.8	50 20.4 MONTHLY N.		600 000 000 000 000 000 000
		1,000 lbs.	1,000 lbs. 4/15.	1,000 lbs.	ноитя	Jen Mar Aug Nov Dec
29.1 CES	30.9	22 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	144444 144444 144444 144444 144444 144444 144444 144444 144444 144444 1444 1444 14444 14444 14444 14444 14444 14444 14444 14444 14444 14444 1444	2222 2222 2022 2022 2022 2022	16.4	22.23 2.33.20 2.85.59 2.57.20

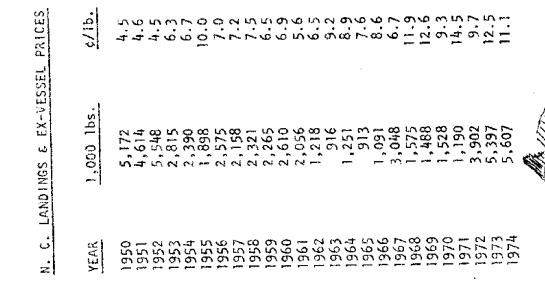


W. C. LANDINGS & EX-VESSEL PF

1,000 15s.

3.01 Commercial Landings
M. SPOT

	1974	513	4,676 10.6	814 8.41	1974	11 17 196 280 2,32 465 62
FS	1973	524 14.3 ct	4,561 12.2	312 14.7	1973	2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2
SEL PRICES	1972 21s	10.	1 "	23 423 .8 9.5]		2000 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
EX-VESSEL	1971 Northern	284 14.4 Centra	634 4.1			0 0 0 180 170 170 170 170 170 170 180 170 170 170
LAND INGS &	1970	9.7	1,023	135 2 12.8 15	1970	208 206 206 309 440 355
DISTRICT LA	1969	239 13.8	1,123	125 12.6 12.6	, ,	141 125 125 125 136
		1,000 lbs.	1,000 lbs.	1,000 lbs.	HLNOW	Jan Feb Mar Apr Jun Jun Sep Oct Nov



3.01 Commercial Landings N. STRIPED BASS

	1974		992 38.7		23 34.2		0.7			1974	200	£3.	95 72		5 7 2	32 60 80	~ 0	701
£.\$	1973	rict	1,692	<u> </u>	23 23 24 25 25 26 26 27	t)	33.8		15)	1973	568 266	2 m c	जा <i>न</i> े 30	tV ⊶	- 63 - 7	<u></u> 28	2.5	162
SEE PRICES	1972	0 5	1,237	Distric	23 28.9	n District	30.0		(1,000 pounds	1972	22.7	r 40 ;	ರು ಶ	4-	- rv	25 67	97	50
TEX=A=XE	1971	Northern	1,444	Central	2 17.9	Southern	24.6			1571	504	158	ლ თ. ლ	22 13	igi,	42 28	103	213
LAND NGS E	1970		2,213		101 16.6		4 24.3		C. LANDINGS	1970	554	229	102 25	28,	N 0	46 67	250	394
DISTRICT L	1969		1,564		0.4		22.3		MONTHLY N.	1969	220		∞ 	55	52	229 102	166	767
			1,600 lbs. ¢/1b.		1,000 lbs. ¢/lb.		1,000 lbs.		H(MONTH	Lab Tab	, m	Apr May	E C C C	Aug	Sep Oct	Nov	Dec
EL PRICES	¢/1b.	20.7	7.87	0.00	, w. o.	18.1	7.65. 5.6-1-c	4.91 15.9	5.3	20.7	20.7	တက	$-\infty$	1		Ť	•	***************************************
CANDINGS & EX-VESS	1,000 lbs.	796	647	- 5 1-	597 1,096	872 782	250 747 736	7 1 t	\sim	1,568	, w.j	٠.٠. الم	, O					STRIPED BASS
5.	61 21	O :	- N M-4	1 <u>1</u> 23 (4	2 700 3	<u>ත් පි</u>	- 22 S	当点	10 F	က်တ် မြ	9:	· 24 5	v-it		·			

3.01 Commercial Landings O. WHITE PERCH

	 	- 	 					· · · · · · · · · · · · · · · · · · ·		- MANAGEMENT OF THE STREET, TH
	1974		308		20.0		ŧ 1		1974	22 100 100 112 112 124 13
ès.	1973	ct Ct	145 14.4	+J	t r	티	1 1	5)	1973	80 D Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z
EX-VESSEL PRICES	1972	Northern District	202	District	1 1	n District	ţ I	punod 00	1972	0884-2256849 0884-22568
	1971	Norther	367 12.2	Central	I I	Southern	ı	NGS (1,0	1971	12727
NDINGS &	1970		211		ŧ i		1 1	C. LANDINGS (1,000 pounds)	1970	130 130 130 130 130 130 130 130 130 130
DISTRICT LANDINGS	1969		206 11.6		! \$		r 1	MONTHLY N.	1969	22 22 22 22 23 20 20 20 20 20 20 20 20 20 20 20 20 20
			1,000 lbs. c/15.		1,000 lbs.		1,000 lbs.		MONTH	Jan Mar May Jun Jun Sep Oct Dec
ESSEL PRICES	¢/1b.	<u>တင်</u> ဆင်း	- 0, 0, v	מי אי מי מי מס מי	0000	2 or 5	-000		Reported	18.22.33.22.44.23.44

N. C. LANDINGS & EX-VE

1,000 16s.

Commercial Landings 3.01

P. CRA	BS, BLU	E, HARĐ			
	1974	8,253 10.3	4,636 10.4	274	290 290 290 698 698 856 1,040 2,146 72,922 2,317 724 724
ES	1973		3,528 13.1	262 12.6 ds)	1973 144 179 407 825 2,129 2,596 1,436 1,966 167
SEL PRICES	1972 rn Bistric	ο <u> </u>	,482 9.5 Dist	14 643 .0 10.7 1	1972 1 243 1 1,051 1 240 1 1,207 2 2,203 2 456 4 852 0
EX-VES	1971 red 1706	9,409 7.4 Centra	4,752 4 8.3 Southern		1,123 1,123 1,158 1,158 2,707 1,028 1,115
LANDINGS	1970	12,874	7,599	407 3 4.7 9 C. LAHDINGS	22.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2
OISTRICT 1/	1969	15,043 4.6	6,690 9,8	427 10.4 HONTHLY N.	2,965 2,947 2,637 4,010 4,520 1,817 1,840 1,540 2,222
OCCUPATION AND AND AND AND AND ADDRESS OF A STATE AND ADDRESS OF A S		1,000 lbs.	1,000 lbs. ¢/lb.	1,000 lbs.	MONTH Apr May Jun Sep Sep Oct
SEL PRICES	71			w4 n n n n 4 & 0 0 w v n	
LAMDINGS & EX-VES	1,000 lbs.	6,680 7,822 6,162 10,487 9,727 9,727	W (1	15,886 12,221 18,835 24,092 22,334 18,914	2,160 2,160 0,880 3,475 3,163 3,163
N. C. LA	< 1 t	ብ የብ የብ የብ የብ	50 50 50 50 50 50 50 50 50 50 50 50 50 5	~~~~~	256 961 976 1976 1976 1977 1979

3.01 Commercial Landings Q. CRABS, BLUE, SOFT AND PEELER

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	1974	1 6 66.6	. o.	i i	1974	なここのとにゅてしこしの
S	1973	7	13 66.6	1 1	1973	0000-4240000
EX-VESSEL PRICES		22 45.4 5		4.1	1972	10002-200110
4	1971	Northern 17. 47.0 Central	32 54.8 Souther		1970 1971 1972	000000000000
LANDINGS &	1970	13 - 4	्रक् १८० १८०	: 1	C. LAND	.00822298880
DISTRICT	1969	29 29	64 45.3	; ;	1969	0004 22 201:
10		1,000 lbs. ¢/lb.	1,000 lbs. ¢/lb.	1,000 lbs. ¢/lb.	MONTH	Lan Apr Jun Jul Sep Oct
L PRICES	6/1b.					45.2 38.3 51.0 58.0 70.0 70.0
EX-VESSEL	lbs.		0		10 10 et	700000

C. LANDINGS &

3.01 Commercial Landings R. CLAMS, HARD, MEATS

															~~~~	-			
	1974		1	ţ		66 1.05		221	<u> </u>		1974	36	34	25 3.5	<u>. 5</u>	20 18	<u>8</u> 4	27	23
S	1973	iar	1 1 1 +1	137	81.7	242	7.6	ds)	1973	28	22	V 4 0 ∞	9	თ თ	16	222	) O		
SEL PRICES	1972	rn District	ŧ	I	1 District	55.2			- 10	LANDINGS (1,000 pounds)	1972	47	33	e	. <del></del>	32	<u>m</u> 0	3 <u>m n</u>	0
& EX-VESSEL	1971	Northern	١.	ı	Centra	82 55.5	_ O.	172	23.7	1NGS (1.	1971	2	32	w w	36.0	<u>~</u> ∞	25	<u>,                                    </u>	2 K 5 TU
1	1970		i	ł		65 53.8		217	, o.	C. LAND	1970	0	1.7	£3.	25	∞ —	91	2 = 5	22
DISTRICT LANDINGS	1969		p	54.5		20 20 20 20 20 20 20 20 20 20 20 20 20 2	i 1	211	ာ စ	MONTHLY N.	1969	32	29	30	23.	<u>- &amp;</u>	7.1	26 1	~ <u> -</u>
10			1,000 16s.	¢/16.		1,000 lbs.		1,000 lbs.	¢/ (p.	OW	HONTH	Jan	Feb	7.00 7.00	May	Jun Jul	Aug	oct Cot	Nov Dec
23018d T	¢/!b.	80.	23.0	26.0	29.5 28.7	- wo	0.04		<b>4 4</b>		46.3 52.5	52.6 51.8	58.3		1,12				
LANDINGS & EX-VESSEL	1,000 16s.	836	834 774	- 51 <del>4</del>	244 3.55	2 5 2 2 4 5 2 5 4 2 5 4 3 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	340 432	490 247	332 225	313 285	287 253	293 336	254	274 380	288	C			
, c	YEAR	GT.	1.C. Li	7 (), 1 f),	ar ar Turin	1956 1957 788	S S S S S S S S S S S S S S S S S S S	88	38	300	30.00	⊸o Ի	.6	27 (	22 QJ 1				

3.01 Commercial Landings R. CLAMS, HARD, MEATS

	1974		ì	ı		99	<u>_</u>		, , ,	777		-		1974		36	34	20	25	n c	2 6	ထ္	9	27	23	-											
S	1973	n District	Distric	Distric	Distric	Distric	Distric	U	U	O.	O.	O.	U	اب		ᇷ	137	01.7	ict	che	75.2			15)	1973		28	22	79	æ, -	<u>o</u> o	א ס	<u> 3</u>	59	25 <b>1</b> 2	O	
EX-VESSEL PRICES	1972							1	1	District	77	77.7	rn District	701	5. <u>5</u>	· · · ·		(1,000 pounds)	1972		47	m 	∞ '	26 , o	φ <u>(</u>	32	<u> </u>	25	<u>. 7</u>	<u> </u>							
S EX-VES	1971	Northern	1,	;	Centre	82	ر. د.	Southern	£	7/: 2/:5	) }			1471		31	32	35	ω <u>,</u>	9	<u>~</u> a	≎ <b>rv</b>	.5	<i>ا</i> م	1 W												
,	1970		ì	•		65	0. 22.			/ 1 7 T	) ;		C. LANDINGS	1970		0	27	43	ტ (		, Σ	~ \@	91	_ ;	22												
DISTRICT LANDINGS	1969		<b>F</b> ~-	54.5		33	53.3			- 17 29 29 29	·		MONTHLY N.	1969		32	53	30	24	23	<u> </u>	2 2	<u>8</u>	26	17	,											
01			1,000 15s.	¢/1b.		1,000,15s.	.dl/>			1,000 lbs.			OW.	E CO		Jan	Feb	Mar	Apr	Way	Jun 1	, pr	Sep	Oct	Dec												
EL PRICES	6/16.	8.8	23.0	26.0	29.5	35.1 40.3	0.04	0.0 <del>1</del>	31.8	0.07	1 -3T	\$ \$ \frac{1}{2} \tag{1}	38.6	46.3 57.5	52.6	51.3	58.3	59.5	77.4	71.1																	
LANDINGS & EX-VESSEL	1,000 165.	836	834 724	7. 7.	244 122	148 243	20 00 10 00	かなな	064	247	225 225	200	235	287	293 293	336	254	274	300	207																	
C. LAN	EAR	950	951 951	1 tV	ው ማ ማ ተ	956 57	0) ( 10) 1 00 (	O A	1961	962	tre over over	. IU	966	7967	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	970	1/6	972	973	974																	

3.01 Commercial Landings S. OYSTERS, MEATS

	1974		294 77.4		100		22]		1974	2 80 2 47 2 107 8 18 8 19 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	
S	1973	İct	ict	312 82.6	벙	68 82.3	101	242 75-2	(spi	1973	264 262 388 000 000 124 000
EX-VESSEL PRICES	1	rn Distric	175 75.4	1 District	102	ern District	197	(spunod 000	1972	25.00 2.00 2.00 2.00 2.00 2.00 2.00 2.00	
s ex-ves	1971	Northern	201	Central	98 69.0	Southern	172	LANDINGS (1,000	1971	31 0 0 0 1 4 1 0 0 0 1 1 0 0 0 1 1 0 0 0 1 1 0 0 0 1 1 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	
	1970		71.8		73.3		217	C. LAND	1970	00200:1220	
DISTRICT LANDINGS	1969		73.5		104		211	MONTHLY N.	1969	047 047 047 047 047 047 047 047 047 047	
The control of the co			1,000 15s.		1,000 lbs.		1,600 Tos.		МСМТН	Jan Mar Apr Jun Sep Nov	

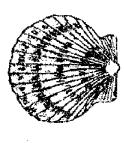
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# 3.02 Sport Fish Landings:

### A. Anglers:

U. S. anglers caught 1.6 billion pounds of fish in 1970, according to "1970 Salt Water Survey". In this study, it was reported that the coastal area extending from Cape Hatteras to East Florida Keys accounted for more than 25% of the U. S. total, indicating it to be the most prolific area. The more important species caught in this southeast area were as follows:

Species	Million Pounds
Barracuda	3.7
Bass, Black	12.4
Billfishes	12.5
Bluefish	19.3
Catfishes	15.6
Croakers	5.9
Dolphin	27.8
Drum, Black	12.1
Drum, Red	13.4
Flounders, Summer	8.9
Groupers	24.1
Grunts	26.0
Jacks	33.3
Kingfishes	14.5
Mackerel, King	34.9
Mackerel, Spanish	14.6
Porgies	24.0
Puffers	4 . k
Sea Trout, Spotted	24.0
Snappers, Red	5.7
Snappers, Yellowtall	20.2
Snook	0.81
Spot	9.8
Tunas	5.9

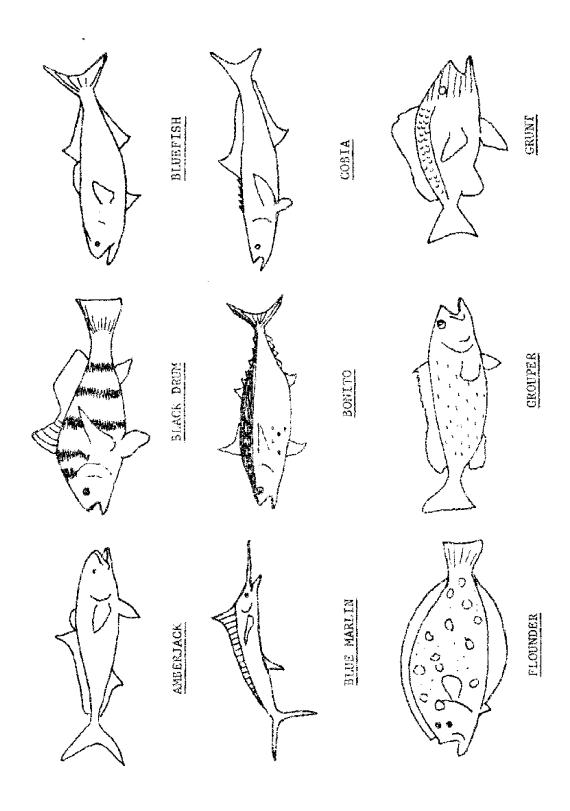
Total of landings of these and other species in S. E. coastal area = 404 million pounds, i.e., more than 25% of 1.577 billion pounds U. S. total.

### B. Head Boats:

Huntsman surveyed the fishery extending from Hatteras to Charleston involving in 1973 a total of 23 boats of which 10 operated offshore and 13 inshore:

^{1.} Dr. Gene R. Huntsman, Offshore Demersal Fisheries, NMFS, Resource Assessment Seminar, September 18-19, 1974.

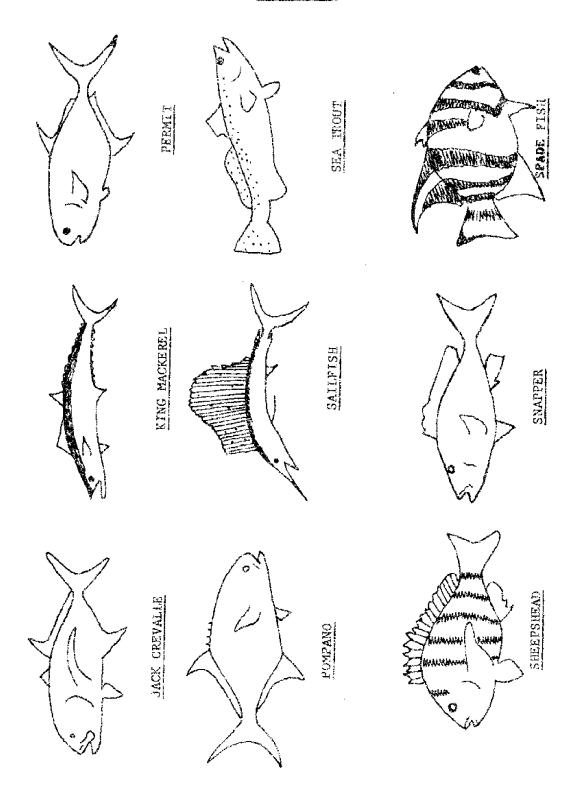
# SPORT FISH



Sports Fish Illustrations by L. L. Miller, Institute of Marine Sciences

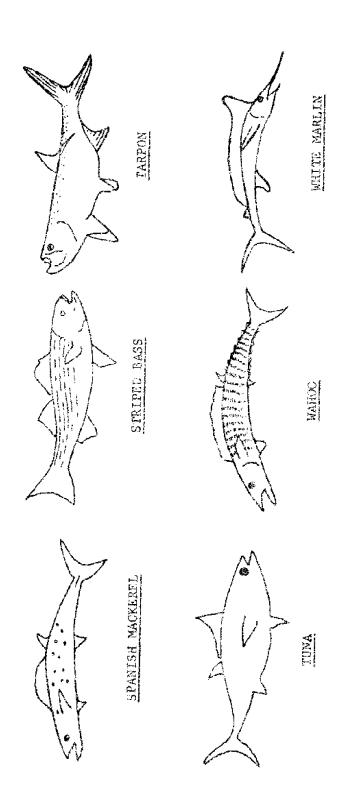
# 3.02 Sport Fish Landings

# SPORT FISH



# 3.02 Sport Fish Landings

# SPORT FISH



### 3.02 Sport Fish Landings

# HEAD BOAT LANDINGS 1974 N.C. & S.C.

 Porgies
 746,000 lbs.

 Grunts
 143,000 lbs.

 Snapper
 157,000 lbs.

 Grouper
 263,000 lbs.

 Grouper, other species
 99,000 lbs.

 Red Snapper
 60,000 lbs.

 Others
 127,000 lbs.

TOTAL

1.6 million pounds

### 4.0 HANDLING BEFORE PROCESSING:

# 4.01 General Principles:

PRIME FRESH SEAFOODS constitute the only raw material suitable for processing. Keeping seafoods suitable for processing depends on:

### A. Rapid Cooling:

Spoilage starts when death occurs. This is equally true if the catch dies in the net. Rapid reduction of temperature to 32°F or below is required to limit bacterial growth and other damaging offeces.

Species (such as crabs and oysters) which must be kept alive require temperature adjustment and other conditions best suited for prolonged survival.

### B. Adequate Sanitation:

The higher the bacterial count the more rapid the spoilage. Convenient and effective arrangements are needed for quick washing of product and freeing from extraneous materials. Contact surfaces must be smooth and clean. Ice, suitable for human consumption, must be stored and handled under sanitary conditions. Complete drainage of runoff liquids measures to avoid possibility of contamination coming from this source is necessary.

### C. Gentle Handling:

Rough handling of raw material is not acceptable.

### D. Fast Handling:

Misimize exposure to ambient temperature.

# 4.02 Specific Requirements:

### 4.02 Specific Requirements

### FINFISH:

### Stowage rules:

- A. Icebed should be about 6" deep.
- B. Jagged ice should not be used.
- C. ice buffer of 3" between fish and sides.
- D. Fish layers should be arranged for most effective heat removal by the ice.
- E. Shelving should be employed to relieve pressure.
- F. ice should be used generously.

Special handling based on size:

C. Small Fish:

Apply ice without dressing.

H. Large Fish:

The following rules, specified in Norway2, should be considered for certain species:

"Throat Cutting - Shall be effected either by the knife being introduced below the guilet and as near the head as possible so as not to damage the earbones of the fish, and as far as the backbone so as to sever the main arteries (double cut method) or by cutting across the heart and the gills (single cut method)".

"Evisceration - Fish to be marketed in the fresh or frozen state shall be eviscerated as soon as possible after it has been drained of blood, preferably within one hour after being caught. At atmospheric temperatures of over 5°C (41°F) the fish may not be kept uneviscerated for more than four hours".

### SHRIMP:

Handling on board should be as follows:

- A. Cull from secondary products, storing each separately.
- B. Avoid trampling, or piling deeply on deck.
- C. Protect from sun and drying effects of wind.
- D. Wash thoroughly with clean sea water.
- E. Heading is desirable when practical or permitted.
- F. Icing should be based on using 1½ times the weight of the shrimp, dispersing them throughout finely crushed ice.
- G. Draining runoff liquids must be unhampered.
- H. SODIUM BISULFITE treatments must be controlled in order to be ef-

 [&]quot;Royal Resolution of 8 April 1960 on the quality control of fish and fisheries products." Il March 1961. Norsk Lovtidend No. 10, 13 April 1961, pp. 174-201.

### 4.02 Specific Requirements

fective and to limit residual sulfite. Recommended method is to dip shrime (in wire basket) in a solution of 1.25% sodium bisulfite, the immersion lasting about I minute, then removing. The basket should be vigorously shaken while in the solution and again after removal.

### CRABS, BLUE:

Live crabs should not be in direct contact with ice. Avoid rapid temperature reduction. Dead raw crabs deteriorate quickly, even when iced to minimize spoilage, resulting in mushy meat texture. Other important considerations include:

- A. Holding area, or containers, should be clean.
- B. Rough handling, or exciting, should be avoided.
- G. Runoff liquids (including blice) must be kept away.
- 0. Shocking in cold water should be avoided,
- E. Comer with damp material to arrive at evaporative cooling.
- F. Protect from sun and wind while assuring demp atmosphere.
- Limit holding time for live crabs to one day.

### OYSTERS AND CLAMB!

Shellfish are the most perishable of seafoods, easily contaminated and requiring sanitary harvesting, handling and processing. Product safety requires live delivery to the user, cool temperatures helping extend viability.

- A. Shellfish should be taken only from approved growing areas.
- B. Boat should be equipped with closed tellets.
- C. Harvester should accept responsibility for cuiling, and washing shellstock with water from approved growing areas, or washing with potable water.
- D. Runoff liquids, including blige, should be kept away from catch.
- E. Holding areas, sacks, or containers should be clean.

### SCALLOPS: (Bay, Calico and Sea)

Boat holds should be sanitary and well-drained. Catch should be shaded from sun, sheltered from wind and preferably continually sprayed with clean salt water. Upon unloading, catch should be freed of extraneous matter. Truck transport should provide clean, well-drained covered holding areas, load well-iced.

INDUSTRIAL PRODUCTS: (Certain finfish, crab waste, shrimp heads)

Keep fresh until processed.

# 4.03 Rapid Cooling of Catch:

Ice provides the best means of removing heat from seafoods. It is

### 4.03 Rapid Cooling of Catch

also the only basis of refrigeration employed aboard North Carolina fishing boats, making it essential to fully understand its use:

### A. Clean Ice:

Must be made from potable water, delivered and stored under sanitary conditions.

### B. Cold Ice:

Melting while aboard the boat must be minimized since slushy ice has lower cooling value:

### Example:

- (1) Fish weighing 100 pounds at 70°F requires at least 25 pounds of ice to reduce temperature to 32°F.
- (2) Fish weighing 100 pounds at 70°F requires about 33 pounds of slush ice to accomplish the same cooling (32°F), imposing heavier labor requirement on the crew and increasing refrigeration costs.

Superchilled ice (below 32°F) does not add appreciably to its cooling ability.

### Example:

- (1) Suppose the ice is at 23°F.
- (2) Its ability to chill fish is 3% greater than ice at 32°F.

Seawater ice (below 32°F) is only slightly more effective in chilling fish than ice made from fresh water.

### C. Flaked vs. Crushed Ice:

Jagged, large lumps which bruise the catch should be avoided. Finely divided ice also results in quicker cooling.

### Washing Effect:

Ice cannot remove heat from seafcod without melting. The washing effect of melted ice is part of effective preservation.

### E. Ice Requirements:

The catch requires 20% of its weight in ice for reducing temperature from 70°F to 32°F and at least an equal amount for over-

### 4.03 Rapid Cooling of Catch

coming heat exchange through the hull, to air in the hold, and to other factors.

Depending upon vessel construction, weather conditions, water temperatures, and trip length, the using requirement ranges from 50 to 100% of the salch weight.

### F. Hold Losses:

Uninsulated holds permit sufficient nest exchange to melt about 2 pounds of ice per day per square foot of vertical surfaces involved in storing the seafood. An 80 foot trawler has about 600 square feet of such surfaces, excluding overhead.

### G. Sait as Melting Agent:

The importance of rapid melting ice in intimate contact with the catch in order to achieve rapid cooling has been explained. One way to speed up the process is to add limited amount of salt at time the ice is applied.

# 4.04 Hold insulation:

The insulation most used in North Carolina is sprayed-on polyurethane foam. Basic steps in its application involve:

### A. Preparing Hold Surface:

Metal must be clean, free of grease, rust, then primed with suitable paint. Wood must be free of grease and dirt, completely dry. The foam is applied with special spraying equipment, tightly bonding to these surfaces.

### B. Applying Urethane:

Should be at least 2" thick, providing a surface level with structural members so that skin can be readily applied.

### C. Skin Materials:

Plaster, fibreglass, USDA approved elastomer, or thin stainless steel sheeting have been used in various installations.

### D. Cost:

Material plus application cost is about 40¢/board foot.

### Example:

80 foot trawler 1,167 square feet of hold surfaces to be insulated with average urethane foam thickness of 3 inches.

### 4.04 Hold insulation

3 X 1167 X .4 = \$1,400 (Foam Installation only).

# 4.05 Mechanical Refrigeration:

It has frequently been proposed that mechanical refrigeration be considered for use aboard N. C. trawiers. It is usually assumed that this would eliminate the need for shore icing facilities. A decision to completely refrigerate a vessel is not a simple one. There are a number of alternatives to consider in selecting the right system, depending upon which offers the best chance of safeguarding product quality. For example, the use of refrigerated sea water, successfully used aboard menhaden boats, is open to question because of adverse effects on flavor of seafoods.

Besides the cost of the initial investment in fully refrigerating a vessel, there is also the problem of shore maintenance, Shorter opterating life of equipment used at tea, and power limitations. Basically, making ice in a shore based facility is the least cost approach to refrigeration.

The above comments indicate the need for further investigation. Now ever, there is a partial approach to mechanical refrigeration at sea which merits consideration. In affect this would be used to supplement what can be accomplished with insulation. It would involve cooling the air which circulates in the hold thereby reducing the melting of ice which would threaten the catch.

The use of an overhead convection cooling unit to reduce air temporaature in the hold has been suggested.

### 5.0 SHORE HANDLING AND PROCESSING:

# 5.01 Good Manufacturing Practices (CMF's):

Food and Drug Administration, May 29, 1969, issued 'Human Foods: Current Good Manufacturing Practice (Sanitation) in Manufacturing, Processing, Packaging or Holding', describing such criteria as sanitation, plant and grounds, equipment and utensils, sanitary facilities and controls, senitary operations, processes and controls, and personnel. These apply in determining 'WHETHER THE FACILITIES, METHODS, PRACTICES AND CONTROLS USED IN THE MANUFACTURE, PROCESSING, PACKASING, OR HOLDING OF FOOD IN CONFORMANCE WITH OR OPERATED OR ADMINISTERED IN CONFORMITY WITH GOOD MANUFACTURING PRACTICES TO ASSURE THAT FOOD FOR HUMAN CON-SUMPTION IS SAFE AND HAS BEEN PREPARED, PACKED, AND HELD UNDER SANITARY COMMITTIONS'.

Action announced in Federal Register, Volume 34, Number 89, April 26, 1969.

# 5.02 Guidelines for Seafood Handling and Processing Plants:

### 5.02 Guidelines for Seafood Handling and Processing Plants

### A. Finfish:

- "Sanitation Recommendations for Fresh and Frozen Fish Plants", Lane, Fishery Facts - 8, NMFS, Seattle, 1974.
- (2) "Draft Code of Practice for Frozen Fish", Organization for Economic Cooperation and Development, International Institute for Refrigeration, Paris, 1969
- (3) "Inspection Guidelines for Fish Processing Plants", N. C. Food and Drug Administration, 1974.

### B. Shrimp:

(1) "Revised Draft of Practice for Shrimps or Prawns", FAO Dept. of Fisheries, Rome, 1974.

### C. Crabs, Blue:

- (1) "Development of Improved Handling, Holding, and Transporting Techniques for North Carolina Blue Crab", Angel, Crow, Webb, Otwell, Dept. Food Science, N. C. State University, 1974.
- (2) "Technical Operations Manual for the Blue Crab Industry", Millor, Webb, Thomas, Dept. Food Science, N. C. State University, Sea Grant No. UNC-SG-74-12, 1974.

### D. Oysters and Clams:

- (1) "Sanitation of the Harvesting and Processing of Shellfish", National Shellfish Sanitation Program Manual of Operations, Part II, U. S. Dept. HEW, 1965.
- (2) "Laws, Rules and Regulations Relative to the Sanitation of Shellfish", Dept. Health Services, N. C. Dept. Human Resources, 1973.

### E. Scallops:

- "Quality Control and Operating Manual for the Scallop Industry", Webb, Thomas, Dept. Food Science, N. C. State University, N. C. Div. Commercial and Sports Fisheries, 1968.
- (2) "Rules and Regulations Relative to the Samitation of Scalloos", N. C. State Board of Health, 1968.
- (3) "Fish Inspection Regulations", The Canada Gazette, 11, No. 2, 12 Jan. 1955.

### F. Industrial Fish:

# 5.02 Guidelines for Seafood Handling and Processing Plants

- "Sanitation Guidelines for Salmonella Control in Processing Industrial Fishery Products", USDA Ars 91-51, 1965.
- (2) PJ. S. Salmonella Lontrel Program Relating to Fish Moal!. E. Spencer Garrett, Microbial Safety of Fishery Products, Academic Press, New York, 1973.

# 5.03 Seafood Quality Criteria:

Seafood quality descriptions vary with geographic locations, species being handled, venders and buyers. Common objectives include describing what is required to achieve customer acceptance, product safety, and tolerances commensurate with the realities of commercial bandling.

### A. Finfish:

### (3) Fresh:

*"Freshness" is described by checking and defining the properties of certain parts of fish. including:

### ROUND FISH:

# Subjective - External

- (a) Eyes Prominant, clear, bright.
- (b) Gills Pink to dark, or bright in color, no bad oder.
- (c) Slime Moderare amount, characteristic oder.
- (d) Skin Shiny, color not faded, scales adhere tightly.
- (a) Flesh Firm and elastic.
- (f) Belly Neither swollen nor collapsed nor torm.
- (g) Mutilation No evidence of rough handling, fork holes, bruises.

### Subjective - Internal

(h) Beily Cavity - Free of bad odor after dressing, flesh adheres to backbone, belly walls firm, elastic and relatively free of discoloration.

^{* &}quot;Off-Condition" is even more difficult to define than "freshness". In most instances, even one bad characteristic makes fish unsuitable for human consumption.

### 5.03 Seafood Quality Criteria

- Viscera Smooth, shiny and adhering to wall of visceral cavity.
- (j) Organoleptic Appraisal after cooking results in texture, flavor and odor ratings of "good" to "excellent". Cooking is based on employing a method which does not mask undesirable characteristics. Example: Place the unseasoned product in a boilable film-type pouch, immerse in boiling water, cook to internal temperature 160°F (71°C).

### Objective Tests

- (k) Parasites Substantially lacking.
- Laboratory Criteria Include volatile bases (under 30 mg/100 gm), trimethylamine nitrogen (under 3 mg/ 100 gm), and hydrogen ion concentration (below 6.5 microequivs.).

Organoleptic changes due to bacterial growth may initially be caused by anacrobic conditions in underlying surfaces, along pen boards and bottoms, resulting in "bliginess", an odor resembling hydrogen sulfide. With exposure to oxygen, aerobic organisms can multiply rapidly if conditions are favorable, generating such off odors as slight musty, sweet, milky, soapy and yeasty. Generally microbiological spoilage in fish is the prime factor in causing flavor changes. "Rancidity" as judged by taste panels does not necessarily correlate with other methods of measuring fat oxidation, i.e., peroxide, TBA and indine number. Undoubtedly, oxidation can be panels important factor in the onset of off flavors.

Bacteriological examinations include total plate count and examination for pathogens if safety is in question. However, such indices have not been established specifically for North Carolina finfish and it is doubtful that such values can be related to organoleptic changes

 [&]quot;Symposium on Foods: Lipids and Their Oxidation", H. W. Schultz, ed.,
 The Avi Publishing Co., Inc., 1962., pp. 173-175.

^{4. &}quot;The Freezing Preservation of Foods", Donald K. Tressler, ed., The Avi Publishing Co., Inc., 1968, pp. 179-196.

^{5. &}quot;Microbiology of Foods and Food Processing", John T. Nickerson, American Elsevier Publishing Co., 1972, pp. 152-157.

### 5.03 Seafood Quality Criteria

occurring within acceptable limits of freshness.

### DRESSED, FILLETS, STEAKS

Oressed portions of fresh fish chould be in accordance with (a) through (1) above, and in addition should have the following properties:

(m) Dressing and Sutting - Should be cleanly out and trimmed in accordance with best commercial practice.

### (2) Frozenii

"Freshness" definitions for frozen fish are identical to those applying to ited fish with exception of slightly different texture.

# ROUND, DRESSED, FILLETS, STEAKS

- (a) Storage Should not exceed holding time needed to assure "good acceptablility" and must have been held continuously at less than 0°F (-18°C).
- (b) Glazing " Should be sufficiently thick to prevent occurrence of oxidation and dehydration.
- (c) Drip Loss Relatively small drip losses indicate good practice. "Drip" refers to fluid not reabsorbed by fish tissue when frozen fish thaws, and separating freely without aid of external forces other than gravity.

### B. Shrimo:

### (1) Fresh:

- Fresh shrimp slip orisely over one another, handling dryly, without offensive odor, are firm fleshed, and semi-trans-
  - (a) Odor Should not smell of hydrogen sulfide or ammonia. If treated with sodium bisulfite, sulfite odor should not be apparent.
  - (5) Flesh Firm, elestic and not mushy.
  - (c) Color Normal for species, free of "black spot".
  - (d) Extraceous Marter Free of seaweed, fish, and grit.
  - (e) Mutilation Gently handled, individuals undamaged.

# 5.03 Seafood Quality Criteria

- (f) Organoleptic Flavor, odor and texture good to excellent after pouch cooking described in 5.03 A. (1) (j).
- (g) Laboratory Criteria Checks for prime condition during first few days ided storage based on contents of gly-cogen sugar, acid soluble orthophosphate, and lactic acid. Freshly caught shrimp has a pH of about 7.2, increasing gradually to 8.0 and above where the quality becomes unacceptable. "Black spot" (melanosis) is caused by a complex oxidative reaction. Bisolfite compounds, used in its control, should be used judiciously. Onset of spoilage may be indicated by increase in trimethylamine nitrogen, volatile acids, Nessler ammonia, sulfhydryl groups, and a rapid rise in total plate counts (bacterial content). Carroll, Reese and Ward demonstrated enzymic and bacterial effects on cellular structure by employing histological methods.

### (2) Frozen:

Shrimp has excellent freezing characteristics provided the raw material has been selected for optimum freshness, properly packaged, and held at sufficiently low storage temperature:

- (h) Color Free of greyish-white discoloration.
- Glaze Used if packaging has limitations in protective value. Should be uniformly applied, avoiding ice accumulations.
- (i) Storage Similar to 5.03 A. (2) (a).
- (k) Drip Loss Similar to 5.03 A. (2) (c).

### C. Crabs, Blue:

Quality criteria for crab meat is discussed in the publication listed under 5.02 C. (2), pages 26 to 29. Although assumed that crab meat cannot be successfully frozen, appreciable amounts are in fact held in frozen storage as a necessary method of keeping up with customer demand.

### D. Oysters and Clams:

Fresh shellstock should have shells tightly closed, meat bright,

^{6. &}quot;Microbiological Study of Iced Shrimp: Excerpts from the 1965 Iced-Shrimp Symposium", B. J. Carroll, G. B. Reese, B. Q. Ward, U. S. Dept. of the Interior, Circular 284, May 1968, pp. 13-16.

### 5.03 Seafond Quality Oritoria

and full of clear liquid. Upon shucking, the meats should be bright in color, solld, plume and free of sucken areas. Good commercial practice should limit free liquid to about 5%. Oyr star meats will be in the 6.5 to 6.7 pH range when fresh, dropping to below 6.0 when stale. For oysters and clams, fecal coliforms must be below 230 MPN while sotal plate count should desirably be under 100,000, but no higher than 500,000/ml.

Storage temperature of frozen cysters is especially critical in arriving at more than several months of storage life. Clam meats are easier to store, but require raw material of prime quality if results are to be acceptable.

### E. Scallegs:

Fresh shellstock should be received alive, with shells closed. Meat quality is described in the publications listed under 5.02 E. 1, 2 5 3.

# 5.04 Freezing:

The freezing of seafoods must be sufficiently fast to prevent or to similar adverse quality changes (physical, blochemical and bacterial ological) which affect flavor, odor and texture. There is basis for believing that now material of high initial quality can be subjected to freezing times ranging from a few hours to as much as one day without statisficant influence on quality.

Freezing should be carried out with equipment designed to freeze the product...not by placing in the frezen storage area. Such equipment should not be loaded beyond its capacity to freeze all of the rew material within one day. A suggested freezing rate of penetration is 0.25 inches per hour.

One should be aware of the weight losses that can occur when a raw material is placed to a blast freezer. This can be minimized by placing whole or dressed fish in molds covered with plastic film, or by employing plastic page providing low oxygen and moisture permemability (See page 45).

Fillets are best protected from oxidation and dehydration by arranging attractively in packages sufficiently thin to allow freezing to progress at the required speed. If individually frozen (IQF) it is desirable to apply a protective film in the form of a glaze to supplement the protective effect of a plastic film.

# 5.05 Theying:

 [&]quot;Oraft Code of Practice for Frozen Fish", Organization for Economic Cooperation and Development, international Institute for Refrigeration, Parls, 1969.

# PROPERTIES OF PLASTIC FILMS

PROPERTY		MATERIAL	
	Low density polyethylene	High density polyethylene	PVDC
YIELD (m ² /kg) (for 25 um film)	42.6	41.2	23.4
TENSILE STRENGTH (MN/m ² )	8.6-17.3	17.3-34.6	48.4-138
ELONGATION AT BREAK (%)	500	30 <b>0</b>	20-40
TEAR STRENGTH (Elmendorf) (g/25 um)	200~300	20-60	10-30
BURST_STRENGTH (Muller) (kN/m²) (for 25 um film)	330	—	205-485
WATER VAPOR TRANSMISSION (g/m^/day) (for 25 um film at 90% R.H. and 38°C)	15-20	5	1.5~5.0
OXYGEN_FERMEABILITY (cm²/m²/day/atm) (for 25 um film)	6,500-8,500	1,600-2,000	8-25
CARBON, DICKIDE PERMEABILITY (cm²/m²/day/atm) (for 25 um film)	30,000-40,000	8,000-10,000	50
RESISTANCE TO DILS AND GREASES	Some oils cause swelling	6000	Excellent

Source: J. H. Briston, Plastic Flims, John Wiley & Sons, 1974, p. 286.

### 5.05 Thewing

A "rule of thumb" is that 125 FTU is required for thuwing one (1) pound of fish although facty fish require less heat. Many thawing methods have been suggested, but air blast or circulating water are those immediately available, equated on the following basis:

### A. Air Blast:

Saturated air at  $70^{\circ}$  F  $921^{\circ}$ C), moving 1500 ft./min. is effective in limiting thawing time. An irregular mass with interspaces, such as whole fish, will thew quickly while a  $4^{\circ}$  block will require about 5 hours.

### B. Water:

Should not be above  $70^{\circ}F$  ( $21^{\circ}C$ ), moving at  $4^{\circ}/min$ . This will accomplish thawing at about the same rate as an air blast under conditions described in  $\Lambda$ .

## 5.06 Glazes:

Ice glazer are formed by dipping the frozen seafood in water or applying it with a spray. The resulting film should be clear, and thick enough to prevent dehydration and exidation. Unless protected by packaging materials such glazes evaporate and must be restored frequently. Also, an ice glaze is brittle, tends to flake and expose the product.

Suggested thickening agents are sodium alginate, or carboxymethyl-cellulose. Glazing is most effective when applied to whole fish intended for further processing. Consumers dislike a thick glaze which melts in an unsightly manner.

An edible coating, applied in two stages, is claimed to provide a barrier against oxygen and moisture, structure control and sealing of flavor.

An edible coating, described by Miller, et al. 9 was employed in the tests reported in Section 6.0:

Gelatine	1.6%
Ascorbic Acid	2. <b>5</b> %
Lemon Juice	12.5%
Water	83.4%

^{8. &}quot;Edible Coating Isolates Oxygen and Moisture, Controls Structure - Seals in Flavor", Richard D. McCormick, Food Product Development, Vol. 9, No. 4, May 1975, p. 14.

^{9.} T. M. Miller, Carteret County Seafood Processing Project - Part 3, April 1969, p. 56.

# 6.0 Processing Investigation

### 6.0 PROCESSING INVESTIGATION:

This work was undertaken to provide guidance on some basic problems of concern to North Carolina processors, including:

- A. Effect of Conditions at Sea Upon Storage Characteristics of Iced or Frozen Finfish.
- B. Finding Simple Approaches to Processing and Packaging.
- C. Selecting Suitable Methods of Judging Quality and Shelf Life.

Those items presented so far in Sections 1.0 through 5.0 had a great deal of relevance to this investigation while the implications of the research are discussed in succeeding Sections 7.0 PROCESSING FACILITIES, 8.0 MARKETING IMPLICATIONS, and 9.0 FUTURE RESEARCH.

Plans for this Processing Investigation were broadly outlined by the Pilot Fish Processing Project Task Force, meeting January 16, 1975 at Wrightsville Beach, N. C. It was decided that the work would be confined to a single commercially important species, i.e. Grey Trout, Cynoscion regalis.

# 6.01 Trout as a Raw Faterial:

A. Grey and White Trout Landings:

Those are reported on page 48 in terms of states along the Atlantic and Gulf seabcards. Because of variable landings in any one area it is necessary to consider alternate landing points as well as the possibility of having to rely upon white trout if a shortage of grey trout develops.

S. Common and Scientific Names:

Spotted Trout, Speckled Trout - Cynoscion regalis
White Frout, Sand Trout - Cynoscion nebulosus
Cynoscion arenarius

C. Weight-Length Relationship:

Merriner provided data of possible use to processors in sestimating size relationships and yields, as shown on page 49.

^{10. &}quot;Assessment of the Weakfish Resource, A Suggested Management Plan, and Aspects of Life History in North Carolina", John V. Merriner, PhD Thesis, North Carolina State University, 1973.

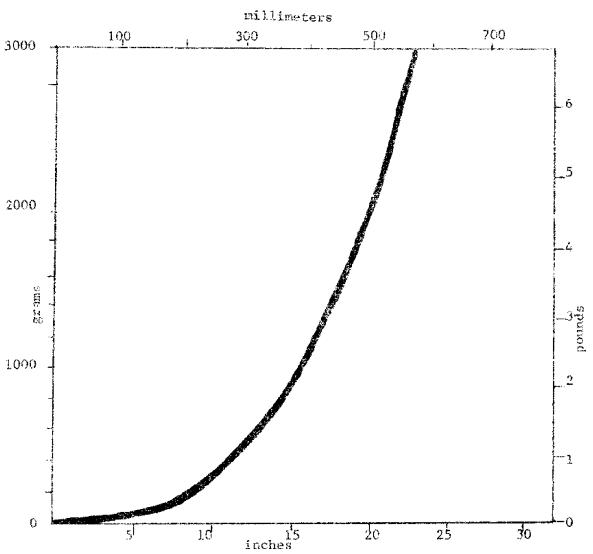
WHITE & GREY TROUT LANDINGS

STATE		YEAR (1,	YEAR (1,000 Pounds)	
	1974	1973	1972	1761
	The second secon	GREY	TROUT	
Maryland	371	522	313	408
Virginia	2765	5023	2615	2285
North Carolina	9509	6222	7372	3645
South Carolina	61	8	1	ı
Georgia	į	•	1	ł
florida, E.	38	207	175	144
		TIHM	WHITE TROUT	
Florida, W.	34	226	544	278
Alabama	1591	1522	936	980
Mississippi	267	118	157	163
Louisiana	135	151	149	132
Texas	ı	9	20	2

Source: NMFS Statistics

# 6.01 Trout as a Raw Material

### WEIGHT-LENGTH RELATIONSHIP--WEARFISH CAUGHT IN G.C.



Source: J.V. Merriner, thesis

## 6.02 Test Plan:

On three occasions, Michael Taylor of the Seafood Laboratory went to sea aboard the "Sonya Glenn", operated by Captain Willie Ethridge, Jr. of Wanchese. These trips, which started three (3) weeks apart on 1/26/75, 2/16/75, and 3/9/75 were aimed at observing finfish handling practices, and at collecting two basic samples:

A. Average of trout caught during trip - 500 lbs.

B. Trout, superchilled with salt-ice - 500 lbs.

Upon returning to Wanchese the vessel was unloaded at the facility operated by Willie Ethridge, III. Sample A was collected and packed in ice during the unloading, sorting and icing process while Sample B was removed from a pen in the boat hold, packed in salt-ice mixture. Both samples were transported to Morehead City and held overnight in the cold room at Ottis' Fish Market.

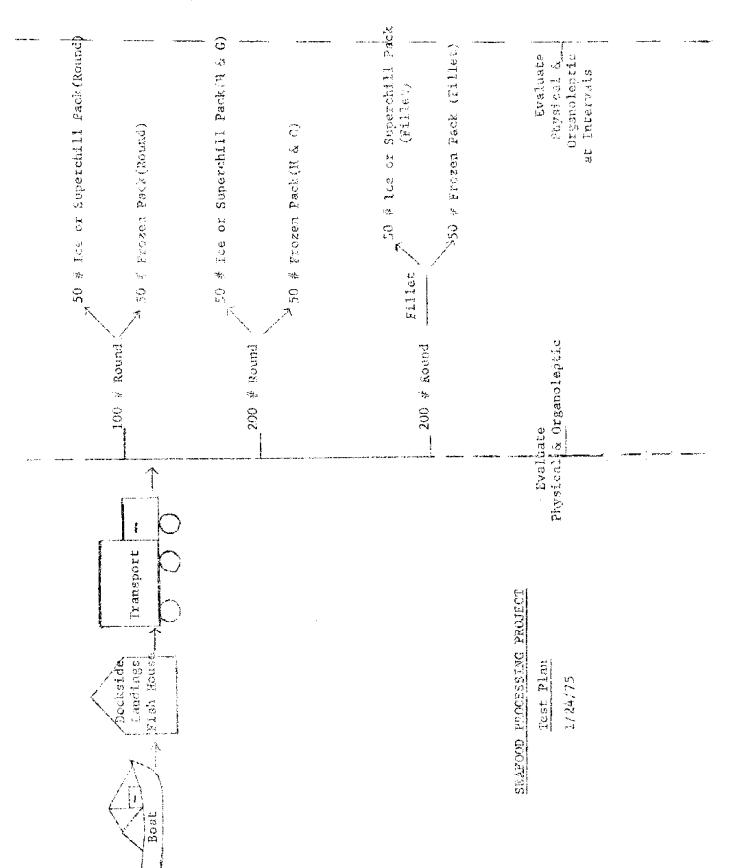
Processing, packing and subsequent storage shown in the Test Plan, page 51, was carried out the day after receipt at Ottis'. Since different conditions and durations occurred during each sea trip, it was the effects of these uncontrolled factors which were to be evaluated in terms of storage characteristics.

The effect of these varying conditions at sea were to be measured on a number of processed samples, as follows:

Preservation	Preservation	Packaged
at Sea	& Storage Ashore	<u>Form</u>
lce @ 32°F	ice @ 32°F	Round Headed & Gutted Fillet
lce @ 32°F	Fz Held @ O°F∵	Round Headed & Gutted Fillet
SI @ 28°F	SI @ 28°F	Round Headed & Gutted Fillet
SI @ 28°F	Fz Held @ O°F*	Round Headed & Gutted Fillet
* Storage - up to 90 days	Fz = Frozen S! = Salt-I	

# 6.03 Composition as Related to Storage:

A tentative prediction of shelf life in frozen storage can be made



### 6.03 Composition as Related to Storage

by examining the ratio of protein to fat in finfish. This is shown on page 53. "Relative Suitability" of various species as determined from experience is compared with Protein/Fat (P:F) ratios calculated from other data. Widely used proximate compositions for some varieties of finfish landed in North Carolina appear on page 54. Again, these are examined in terms of P/F ratio. Grey trout (Weakfish) is shown to be in the limited shelf life range when judged on this basis.

Analytical data, appearing on pages 55 and 56 indicate that when grey trout components are examined separately, there are areas even more likely to present preservation problems, i.e. high levels of subcutaneous fat and in belly flaps.

These considerations together with published estimates assigning 2-3 month prime quality storage life to trout, led to defining a standard to be used in instructing the laboratory taste panel. This is shown on page 57. For purposes of this study, a Hedonic Rating of 2.5 to 4.0 was defined as representing the "Good Acceptability" predicted for trout in the illustrated table.

# 6.04 Experimental Processing:

Experimental processing of samples collected from the three trips resulted in the following yields:

Sample (Initial Preservation)	Count	Processed Form	Yield
A (Iced)	83	SH&G Fillet	67% 56%
B (S.I.)	84	SH&G Fillet	65% 56%
ዘ (Iced)	82	SH&G Fillet	67% 58%
(s.1.)	88	SHSG Fillet	6 <b>8</b> % 59%
P (Iced)	100	SH&G Fillet	61% 51%
0 (S.1.)	100	SH&G Fillet	61% 51%

Estimates of labor involved in this experimental processing appear on page 58.

RELATIVE SULTABILITY OF FISH FOR FREEZING AND FROZEN STORAGE

High Suitability	Tital I	High Suitability PrF Medium Suitability PrF   Low Suitability	7-5	Low Suitability	PrF
Haddock	 	18.3 Ocean Perch	2	(5.0 Mackerel	٠ <u>٠</u>
Cod	60 60 10)	58.7 Whiting	42	600	
Flounder	20,1	r se ke	, M,	41.3 (Gatfluh (Freshwater)	ν. Γ
Halibut	100 PM	17.4 Red Snepper	22.0	Sea Herring	
Pollock	22.6	22.6 Rockfish	r, o	10.5 Spanish Mackerel	Ø5
		Suprafiles	03 -4*	Chub	
		A	् ्र		
			)		والمتعارف

Relative Suitability Ratings - "The Sreezing Preservation of Foods", Tressier, Arsdol, and Copley, The Avi Publishing Co. (1968) Chapter 8. J. W. Slavín, page 183. Sources

Protein and Fat Data - "Composition of Foods - Baw, Processed, Prepared", Ag. Handbook No. 8, USDA (Rev. Dec. 1963).

6.03 Composition as Related to Storage

COMPOSITION DATA

Finfish (Raw)		Composition	and Ratio	Protein Fat	
	Moisture	Protein (P)	Fat (F)	Ratio P <del>.</del> F	Ash
Alewife	74.4%	19.4%	4.9%	4.0	1.5
Black Sea Bass	79.3%	19.2%	1.2%	16.0	1.2
Bluefish	75.4%	20.5%	3.3%	6.2	1.2
Croaker (Atlantic	79.2%	17.8%	2.2%	8.1	1.3
Flatfishes	81.3%	16.7%	0.8%	20.1	1.2
Kingfish	77.3%	18.3%	3.0%	6.1	1.3
Mackerel (Atlantic)	67.2%	19.0%	12.2%	1.6	1.6
Mullet (Striped)	72.6%	19.6%	6.9%	2.8	1.3
Ocean Perch (Atlantic Redfis	79.7% h)	18.0%	1.2%	15.0	1.1
Porgy & Scup	76.2%	19.0%	3.4%	5.6	1.3
Shad	70.4%	18.6%	10.0%	1.9	1.3
Spot	65.3%	17.6%	15.9%	1.1	1.2
Weakfish Raw Gooked, Broiled	76.78 61.48	16.5% 24.62	5.6% 11.4%	2 9	1.2 2.6
	- , - Frg	+n ) + V ::	6 4 0 F16	des er file	We do to

Source: "Composition of Foods - Raw, Processed, Prepared", Agricultural Handbook No. 9, USDA (Rev. Doc. 1963).

PROXIMATE ANALYSIS

Trout (Grey) Components

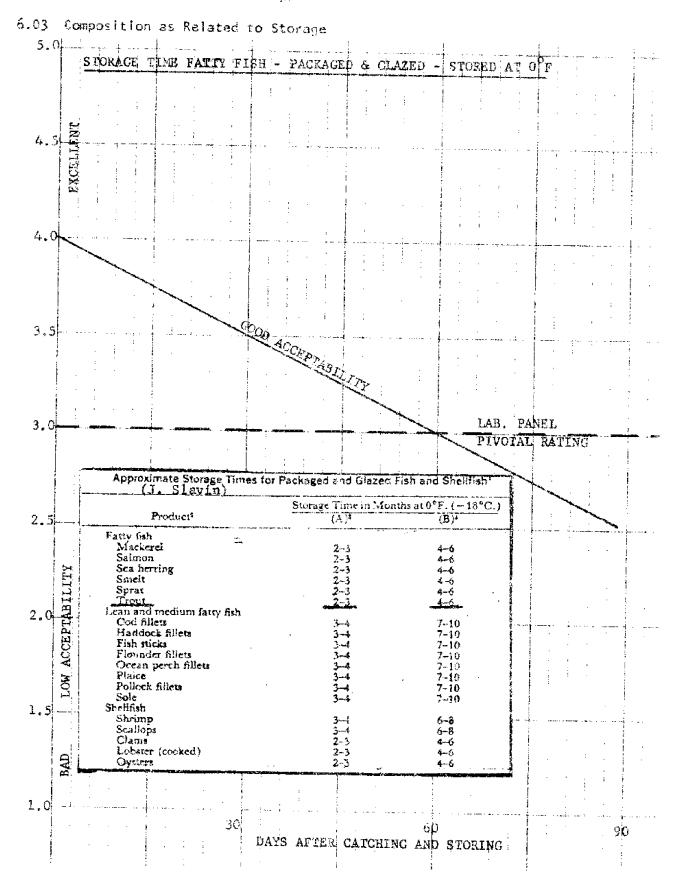
	Moisture	Protein (P)	Fat (F)	Ratio	A Sol
Headed and Gutted	75.45%	16.88%	6.28%	2.7	
Fillet	77.83%	16.56%	4.01%	4.1	୍ ୬୫୬
Skin and Underlying Fat of Fillet	70.95%	866.41	11.54%	<del>د</del> .	0.85%
Abdominal Cavity	69.85%	13.58%	12.84%		0.70¢

Source: Keith Gates, Seafood Laboratory, Morehead City, N. C. 3/3/75

COMPOSITION OF GREY TROUT SAMPLES - TRIP NO. 3

63 - 73 Days in Frozen Storage

STORAGE FORM	PRETREATMENT	PORTION ANALYZED	MOISTURE	PROTEIN	FAT	ASH
Rnd	1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	74 0	78.99%	17.65%	3.60%	1.03%
P48	72 in 8 and 6 and	8elly Flap	જુ	i - •	, , ,	336
HSG	**************************************	43	1, 4, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,	17.77	. 27 . 58 . 58	100
988	10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Selly Flap	1 500 C/68	.75	1 4. 4. 83.	1.03%
	F	100		امير سيء ا	نين	0.95%
i i i i i i i i i i i i i i i i i i i	FC 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Selly Flap	200	1 4 4	نسارت ا	1 1
Rnd	N. I.	0 ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (		က်ထ	1	1,22%
Rod	73+ S	Selly Flap	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	ည်းက		1.48%
H60	24-15		80.54 1.08 1.08 1.08			1.06% 1.22%
888	S-F2	de la	5.26		; · -;	1 (C) ~~**
2 1 1 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1	S1-F2		.75	• • •		1.098
 	5-1-5	Belly Flap	ကူလို့	20, 24	3. 5.	129



# LABOR TIME FOR OPERATIONS

SAMPLE AND OPERATION INVOLVED	VOLVED	RATE (2 MEN)
Salt-loe fish in round	Salt-loe fish in round - scaled by mand, headed, gutted = 200%/35 min.	343 lbs/hr
Salt-ice fish in round	Salt-ice fish in round ~ scaled by hand, filleted, frames cleaned = 166#/35 min.	28 <b>5</b> lbs/hr
leed fish in round	<pre>" mackine scaled, headed, gutted = 100#/37 min"</pre>	162 lbs/hr
leed fish in round	<pre>- machine scaled, filleted, frames cleaned = 100#/39 min.</pre>	158 lbs/hr

### 6.04 Experimental Processing

Samples prepared for storage were washed briefly in water, drained, dipped in gelatine-lemon juice-ascorbic acid solution described in Section 5.06, then again drained.

Packing for iced, or salt-iced storage, involved arranging the three forms, i.e. round, scaled headed and gutted, and filleted, in layers in 16" x 12" x 1 3/4" waxed cartons, employing pliofilm dividers between layers. Top surfaces were covered as completely as possible with pliofilm, the boxes closed and surrounded by ice, or salt-ice mixture, then held in a cold room with ambient temperature of 34°F. Refrigerating materials were replenished every few days, the products thereby being held at 32°F and at about 28°F between sampling intervals.

Packing for frozen storage involved arranging the three forms in units convenient for intermittent sampling, and wrapping in PVDC film. These units were then arranged in waxed cartons of up to  $2\frac{1}{2}$  depth. The cartons were placed on perforated metal shelves and subjected to rapidly circulated air at below  $0^{\circ}F$ . Complete freezing occurred within 8 hours. After 24 hours, the cartons were placed in 1.5 mil pliofilm bags which were then packed in sealed corrugated master cartons. Frozen samples were stored at under  $0^{\circ}F$  at Carteret Quick Freezing Co., Inc., Beaufort.

# 6.05 Evaluation Methods:

Subjective testing involved use of the following methods of recording observations:

- A. Fish Rating Form page 60
- B. Raw Fillet Rating Form page 61
- C. Cooked Fillet Rating Form page 62
- D. Consumer Rating Form page 63 (Directions for Consumer Form) - page 64

Gould and Peters ladiscuss biochemical indices of quality in fish, with special reference to frozen products. Most apparent in this review is lack of objective methods capable of indicating undefinable flavor changes potentially objectionable to consumers. Laboratory support was therefore limited to proximate analyses and the thiobarbituric acid reaction.

^{11. &}quot;On Testing the Freshness of Frozen Fish", Edith Gould and John A. Peters, Fishing News (Books), Ltd., 1971.

# 6.05 Evaluation Methods

# FISE SATING FORM

Evaluacor	a desiration and the second	Jate	AND	ime	AM	PM
Samples Invo	lved		and the second of the second o			complete des

RATING S	RATING		
Bright, Lustrous	<u> </u>	<b>{</b>	
1.00	1	Dark Red 10	
No off Odor O			
		Soft 5	
Bright Red 0	Faded Red 3	Dork, Dirty Brown 5	
Firm O	Soft 3	Broken S	
None 0	Miror 3	Axcessive	
	Bright, Lustrous  O  Prominent,  Clear  O  Bright Red  O  Clisten, Fight  O  Bright Resilient  O  Bright Red  O  Firm  C  Bright Red  O  Firm  O  Firm  C  Bright Red  O  Firm  Firm  O  Firm  Firm  O  Firm  Firm  O  Firm   Prominent, Stattened, Clear Fart Cloudy O 3  Bright Dull Red Red O 3  No off Stight Odor Disagreeable O 5  Glisten, Duil, easily Tight Removed O 3  Firm, Slightly Resilient Soft O 3  Bright Faded Red Red C 3  Firm Soft O 3  Firm Soft O 3	Bright, Dark Dull O 3 LO  Prominent, Clattened, Sunken, Clear Part Cloudy O 3 LO  Bright Dull Dark Red Red Red Red Red Red Disagreeable O 5  Glisten, Duil, easily Dull, Removed Loose O 5  Firm, Slightly Soft Soft O 3  Bright Red Red Dirty Brown O 5  Firm Soft Broken O 5	

# 6.05 Evaluation Methods

# PROCESSING PROJECT - RAW FILLET RATING FORM

Evaluator	• • • • • • • • • • • • • • • • • • •	Date		Time	AH	PM	
Samples i	nvolved	-			- magaging magalifer or old on Managan Alphanas Sciences St.		-unvelopedate
		) ==	Poor; 5	= Excellent			
Code No.	Sample No.	Color	Lack of Cutting Defects	Belly Cavity			J
				c			
					<u> </u>		

6.05	Evaluati	on Methods

## PROCESSING PROJECT - ORGANOLEPTIC RATINGS - COOKED

Evaluator	Date	Time	АМ	PM
			, 1	











-Pirito Aria -Pilipi Baye									
*****************		<u> </u>			N OF FILL			& BELLY P	í
h-Million L-Million	CODE	SAMPLE	ODOR	FLAVOR	TEXTURE	COMMENT	ODOR	TEXTURE	COMMENI
1	A B C	<del></del>							
2	A B C	g 							
3	A B C							<u>.</u>	
4	A B C								
. 5	А В С					·			
6	A B C								
7	A B C								·
8	A B C	<u>.</u>				·			
9	A B C								
10	A B C								
		[							

## ABBREVIATIONS

B - Birter

D - Discolored

F - Fishy

M - Mushy

0 - 0ily

R - Rancid

T - Tough

## 6.05 Evaluation Methods

# Consumer Rating Form TROUT FILLETS

State Age and Person Sampl	d Sex of Each ing Fillets	SAMPLE MARKING =				
Age	Sex		0			
ns die de Callel Hald di Salas, annua actinquino _{Callego} — una esp						Communication of the State of State of State of the State of State of the State of State of the State of State
- And And Anguige rape take you have man con-					g, wap nee gap you had gan me was war har t	19. see ga 2., ok see siib see liib see si
State Age an Person Sampl	d Sex of Each ing Fillets	SAMPLE N	MARKING =			
Age	Sex		$\odot$			
CA Waller do not not not not not not not not not no		<u> </u>	<u> </u>			

6.05 Evaluation Methods

March 3, 1975

#### INSTRUCTIONS

- 1. We have given you two samples of three trout fillets, each identified by a geometric form such as a triangle \( \times \), rectangle \( \times \), rectangle \( \times \), or square \( \times \). Keep refrigerated. All fillets must be cooked in the same way, but you can select the method you like best, provided you confine it to BAKING or BROILING.
- 2. A suggested cooking method: Brush melted butter or margarine on both sides of fillets. Lay on pan, skin side down, sprinkle with salt, pepper, paprika, parsicy, lemon juice, as desired. Bake in 350°F oven 20 to 30 minutes (until fiel flakes easily with fork).
- 3. Be sure you can identify the samples after cooking, then ask each member of your family to express an opinion on both samples, placing a check mark in the column under the facial expression most nearly expressing their reactions. The middle face can be considered as representing an average reaction.

## 6.06 Evaluation Panels:

#### A. Rating Unfrozen Round Fish:

One or more staff members conducted these evaluations, depending upon time, place, and availability of observers. Those involved were familiar with fresh scafcods, having little difficulty in arriving at fair agreement on scores. The form shown on page 60 is based on a scoring system of zero for a perfect fish up to 70 for a completely bad fish. Conversion to the Hedonic Scale, used in comparing results with what was obtained in rating cooked filtets, was accomplished by assuming a 1 to 5 scale to be inversely proportional to the 70 to 1 scale employed in scoring

#### d. Sating Daw Fillets:

One or more staff members were involved in applying Medonic Ratings to new fillers subsequently cooked and tried by the Laboratory Tuste Panel.

#### 1. Laboratory Paste Panel:

Nondrads of observations were made by a Taste Panel consisting of four non-smokers, i male, 3 female, all under forty. The Railing form first used in this work did not require separate evaluation of skin and belily portions. It was soon noted that these portions caused lower ratings than would be assigned to the larger part of the fillets. As a result the revised form shown on page 12 was adopted.

Fillets raken from various samples during iced, salt-leed, and frozen storage were disped for 15 minutes in 3% salt solution, drained, and baked in a uniform mennet without further seasoning. The cooked fillets were submitted to the panel either in pairs, or in a triangular configuration consisting of paired and single samples.

Results of a paired vs. single sample test, fed randomized for each trial, are shown on page 66. This test indicates ability to detect differences.

Some trials involved comparing samples baked without flavoring while identical combinations were cooked with butter, pepper and mild spices. The latter cooking method increased Hedonic Ratings by about one (I) point.

#### D. Consumer Panel:

This test, involving 140 people of various ages, was based on supplying fillets to families, parmitting them to cook the samples as desired. The form and directions shown on pages 63

## LABORATORY TASTE PANEL

# TRIANGLE TEST + TROUT FILLETS HEDONIC RATINGS (5 = Excellent)

AMPLE	- THE TOTAL CONTRACTOR OF THE STATE OF	F	ANELIST		AVERAGE
	LSB	JAT	мт	FT	and and a second se
Α	2.8	4.0	, 3·7	3.7	3 (
A	3.1	3.5	4.0	4.3	3.6
М	1.7	2.7	3.0	2.0	2.4
В	2.1	3.8	3.3	4.3	
В	2.8	3.6	4.0	3.6	3.4
	*3.8	3.0	¥#*0	*4.7	3,8
С	2.8	3.8	4.3	3.3	2.0
c	1.2	2.7	3.8	4.0	3.2
K	3.0	*3.5	*4.7	*5.0 -	4.1
D	2.8	4.0	4,3 **	4.7	
) [	2.5	3.0	4.7	2.5	3.6
J	2.2	*4.7	4.3	*3.7	3.7
17.	2.8	3.5	4.0	5.0	
E	3.5	3.2	3.7	4.3	3.8
CEL	3.0	2.8	* <b>k</b> .2	*5.0	3.8
ř	3.3	4.2	4.0	4.0	
F	3.8	* 4.7	÷ 5₊0	4.0 [	4.1
Н	3.5	2.8 ist Assigned	3.8	4.0	3.5

#### 6.06 Evaluation Panels

and 64 were employed in this experiment.

## 6.07 Experimental Results:

#### A. Observations at Sea:

The three sampling trips undertaken in connection with the experimental work were aboard a good trawler operated by an excellent captain. It was observed that boat sanitation was good, there was plenty of ice, and hold pens were insulated.

Time at sea, natural factors and catch rates provided distinctly different prehandling conditions before processing was initiated:

	<u>lst Trip</u>	2nd Trip	3rd Trip
Length of Trip, Days	2.5	1.0	4.0
Av. Ambient Temp., °F	63	50	42
Av. Sea Temp., °F	45	46	44
Fish Quant./Tow	Small	Large	Medium
Hrs. before loing	1.5	4.0	7.0
Hrs. before Salt-Icing	1.5	4.0	6.3
Hrs. from Time Caught to Processing	76	37	105

Trip No. I provided the best preservation conditions before receipt in Morehead City.

Trip No. 2 had heavy catches which couldn't be handled expeditiously, while Trip No. 3 encountered rough weather and difficulty in stowing the catch.

#### B. Raw Fish Ratings:

Ratings of all fish handled unfrozen in the round, and of raw fillets handled or prepared in connection with Taste Panel evaluations were recorded and examined in an effort to find relationships between physical appearance, odor when raw, and the reactions of taste panels to cooked samples. This data failed to establish a correlation.

It was concluded that most of these observations, applied to the raw trout samples would not serve to predict consumer reaction as long as the products remained in good to excellent condition.

#### 6.07 Experimental Results

The TBA values appearing on page 69 were determined on processed and frozen samples from Trip No. 3 at storage intervals of 63 and 73 days. When these figures are averaged the following values become apparent:

Treatment before	Form in which	Part	T.B.A.
Freezing	Stored	Sampled	Absorbance
lced	Round	Fillet	0.182
Salt-Iced	Round	Fillet	0.157
iced	Round	Belly F.	0.066
Salt-Iced	Round	Belly F.	0.834
iced	H&G	Fillet	0.170
Salt-iced	H&G	Fillet	0.312
loed	неG	Belly F.	·
Salt-loed	НеG	Belly F.	
iced	Fillet	Fillet	0.079
Salt-iced	Fillet	Fillet	0.139
lced	Fillet	Belly F.	
Salt-loed	Fillet	Belly F.	

The higher absorbance values, bolieved to indicate something about the onset of oxidation, did not appear when the fish was stored in the round, but the effect of the sail-ice treatment upon the other samples seems apparent.

On two occasions, trout purchased from a local source were subjected to the TBA tast. Subjectively, these were rated as being in poor to fair condition. In one instance the absorbance values were 0.195 for the fillet and 0.417 for the belly flap. In the other, the values were 0.723 and 1.223, respectively.

T.B.A. VALUES - GREY TROUT SAMPLES
(Trie No. 3)

	€7 m	ip No. 3)	
STORAGE FORM	PRETREATMENT	PORTION ANALYZED	T.B.A. ABSORBANCE
Rnd	1-Fz	Fillet	0.157 0.207
Rnd	1-Fz	Belly Flap	0.000 0.131
H&G		Fillet	0.155
H&G	1-Fz	Belly Flap	0.324
F		Fillet	0.115 0.042
F	1-Fz	Belly Flap	0.000 0.025
Rnd		Fillet	0.174
Rnd	SI-Fz		0.654
H&G	SI-Fz	Fillet	0.391
H&G	S1-Fz	Selly Flap	0.233 0.245
F		Fillet	0.129 0.1 <del>4</del> 9
F	SI-Fz	Belly Flap	0.162 0.900

Absorbance values read in Spectronic 20.

^{12. &}quot;A New Extraction Method for Determining 2-Thiobarbituric Acid Values of Pork and Beef During Storage", Vernon C. Witte, Gary F. Krause, Milton E. Bailey, Journal of Food Science, Vol. 35, pp. 582-585, 1970.

#### 6.07 Experimental Results

#### C. Cooked Fish Ratings:

(1) Conducted by Laboratory Taste Panel:

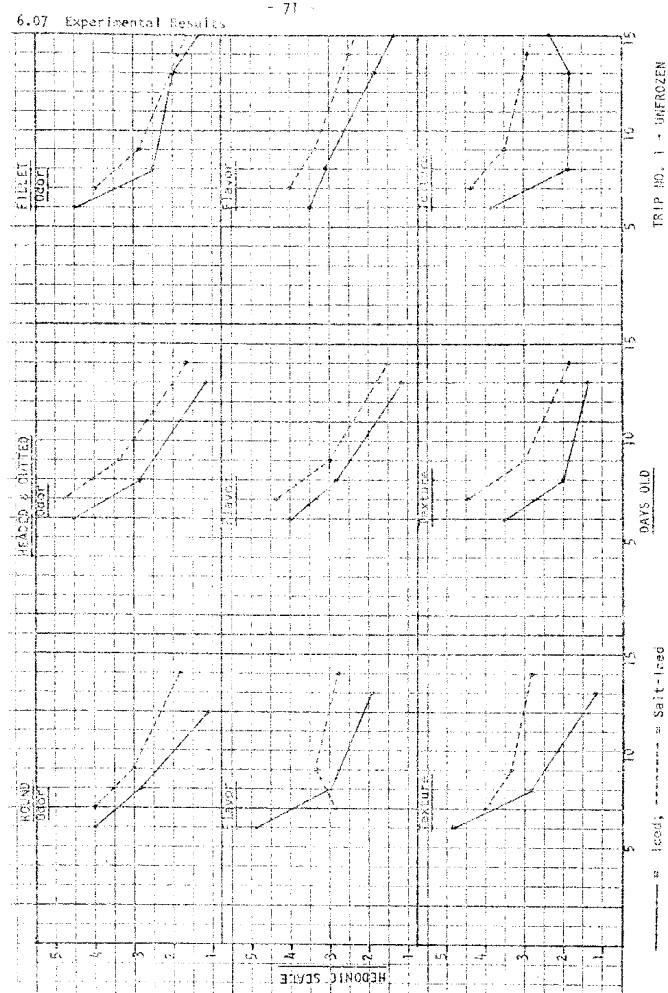
The Laboratory Taste Panel was discussed under 6.06 A. C. Evaluations were conducted on samples taken from unfrozen and frozen storage. As previously explained, those samples which had been packed and stored in the round, or headed and gutted, were filleted. The fillets so obtained, as well as those initially filleted and held in storage in this form, were then placed in 3% salt solution for 15 minutes before cooking. This step served to make the groups which had been initially preserved in ice indistinguishable from those which had been preserved in salt-ice.

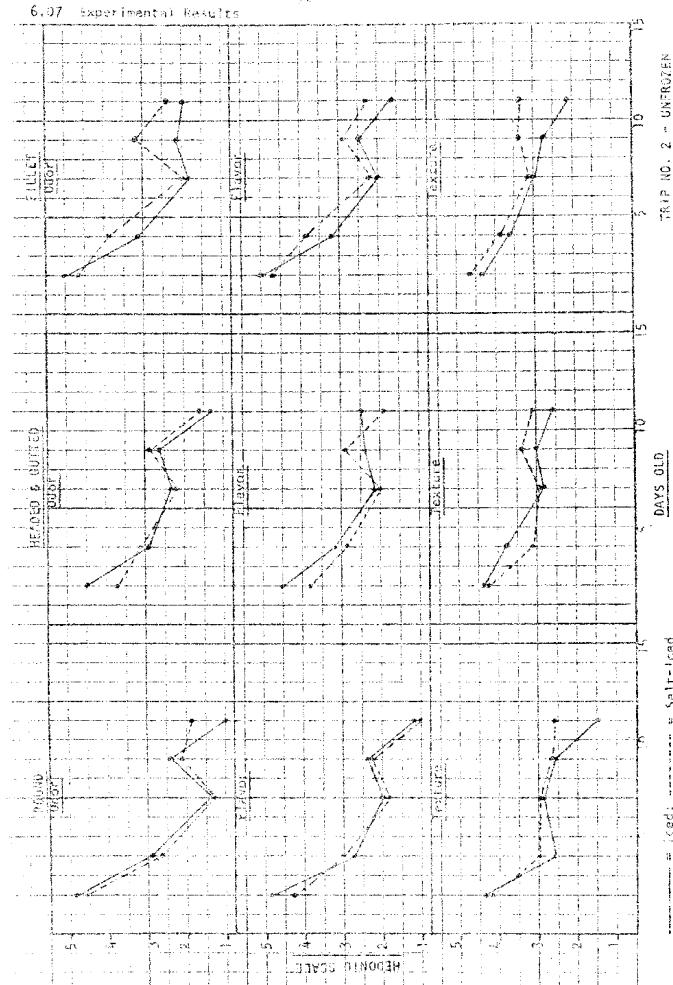
Graphs appearing on pages 71 to 76 summarize many hedonic evaluations for odor, flavor and texture of stored samples checked at various intervals. The table on page 77 interprets these graphs in terms of number of days for Hedonic Ratings of odor, flavor and texture to decrease to 2.5. Page 57 defines "Good Acceptability" as being in the 2.5 to 4.6 hedonic range. It must be assumed that odor, flavor, and texture are equally important. Consequently, the first one to drop to 2.5 determines the shelf life.

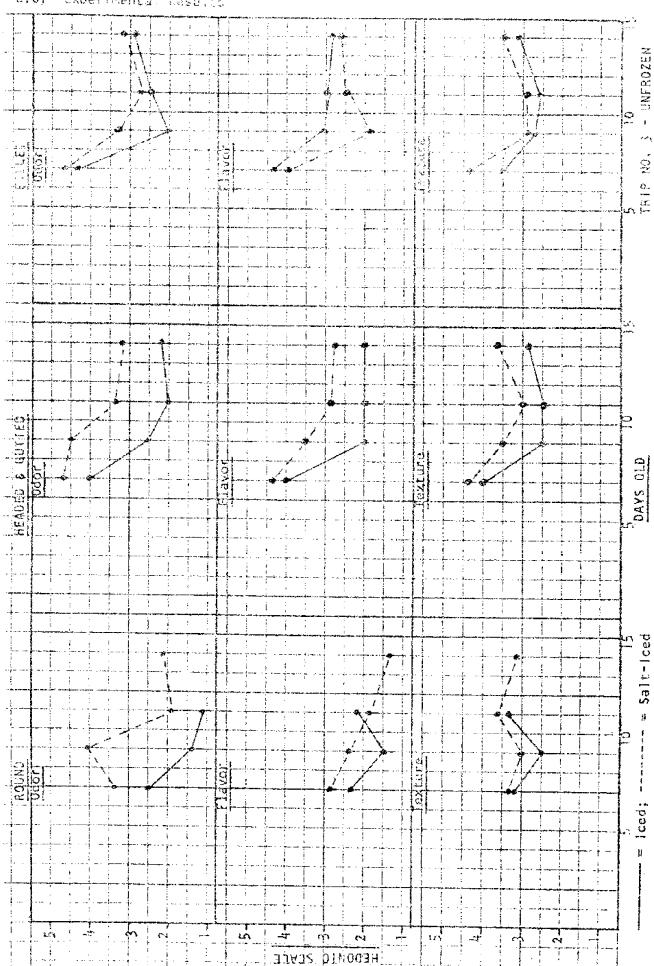
These results are interpreted as follows:

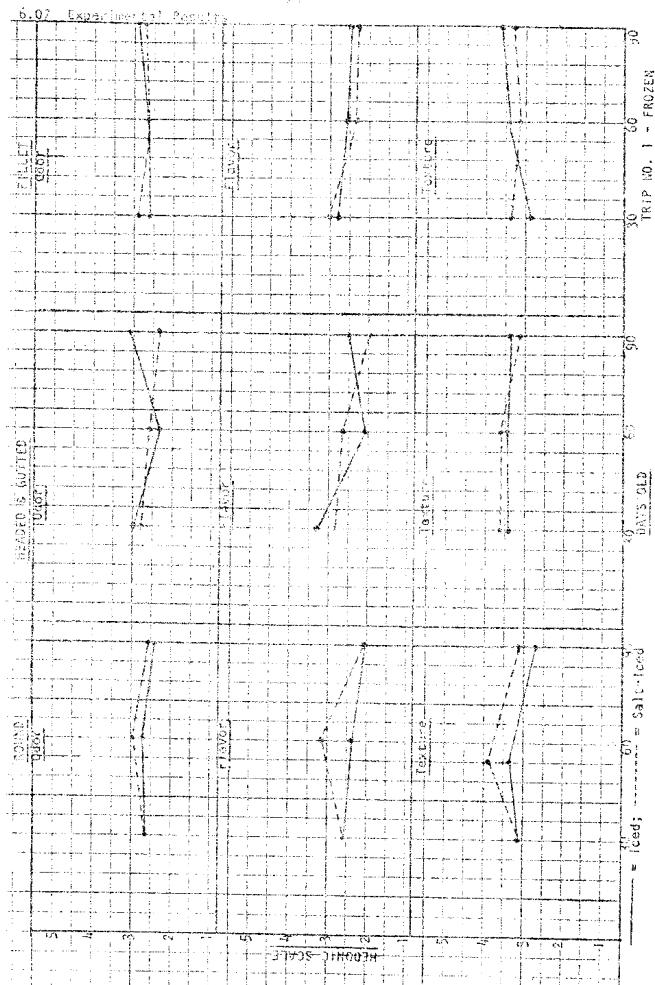
- (a) This work was intended to measure the effect of conditions at sea upon storage properties. Observations at sea showed that Trip I provided the most favorable handling conditions, while Trip 2 was the least favorable. In general, results of the storage tests were related to what occurred at sea.
- (b) Salt-loing had a definite effect upon the shelf life of unfrozen samples from trips 1 and 3. The benefits were not demonstrated with the frozen samples.
- (c) Processed forms, i.e. Round, H&G and Fillet did not show consistent differences in storage life. This indicates that if there is rapid initial chilling and holding, a good shelf life can be expected from any processed form.

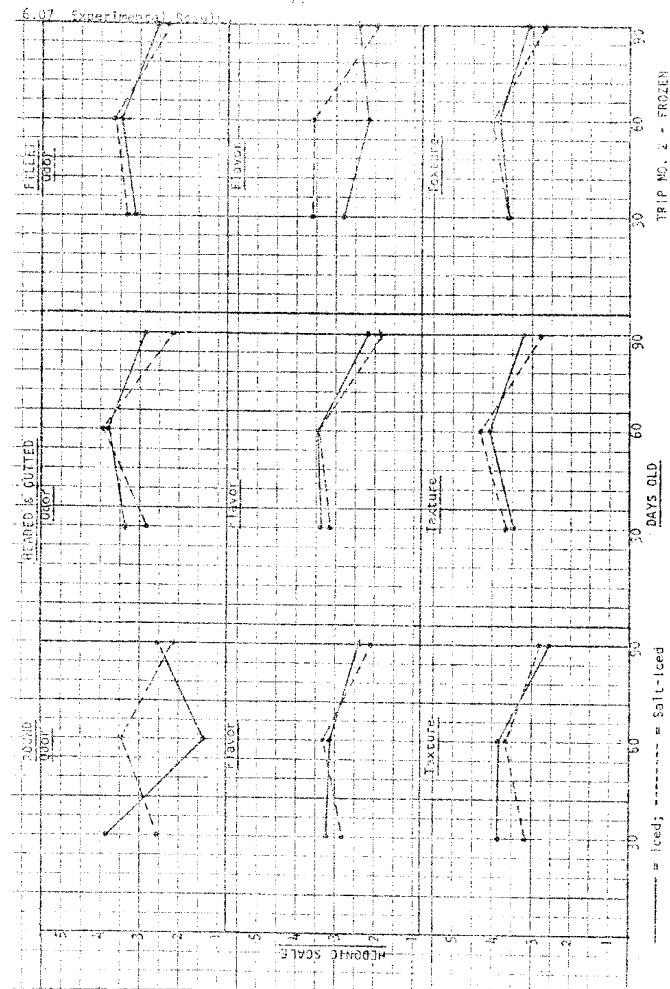
Perhaps the most noteworthy observation was the panel's inability to make a distinction between unfrozen and frozen fillets.

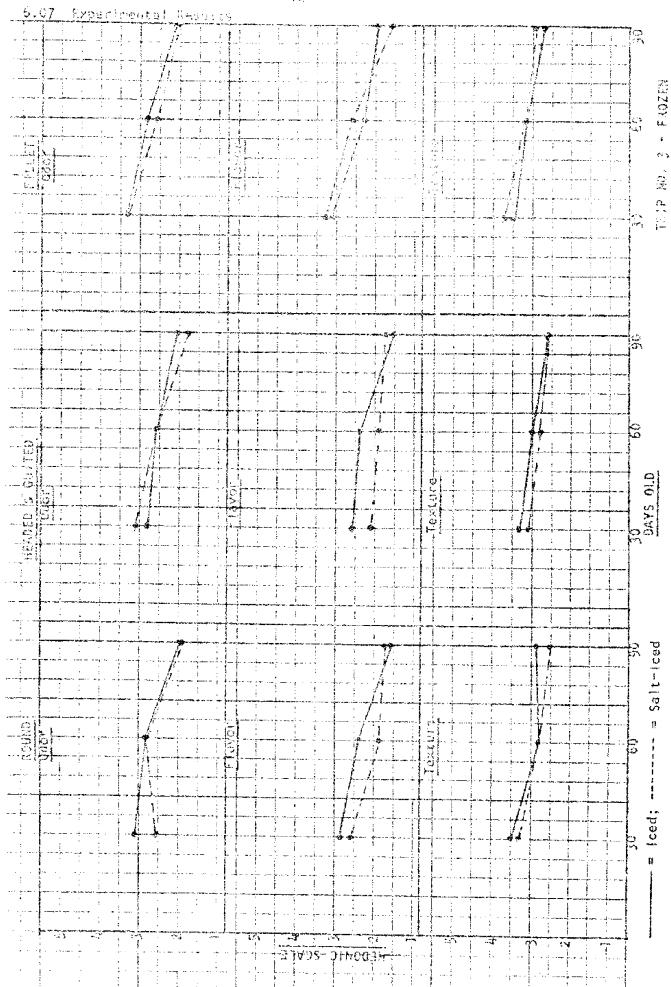












STORAGE LIFE - BASED ON PROPPING TO 2,5 HEDONIC RATING

		2.5 FILLET	10.8 14.0 15.0+	6.3* 6.4 15.0+	15.0+ 8,2* 15.0+		2.5 FILLET	008 008 008	48 8000 4000 + 000	65 60* 90+
1L.T-1CED		DAYS TO H.R. = D H&G	11.4 16.9* 11.0	6.0 5.2* 15.0	15.0+*	ALT-1CED	DAYS TO H.R. = 0 H&G	800 87,4 00 + 00	87 78* 90+	65 <36* 90+
SEA HANDLING - SALT-ICED		DAY:	11.2* 15.0+ 15.0+	4.2.5. 4.2.0.	10.3 8.4* 15.0+	SEA HANDLING - SALT-ICED	ROUND	90 70* 90+	80 80 40 +	985 80 80 80
SEA HAND			Odor Flavor Texture	Odor Flavor Texture	Odor Flavor Texture	SEA HAN		Odor Flavor Texture	Odor Flavor Texture	Odor Flavor Texture
		TRIP NO.		tА	m		TRIP NO.		7	m
UNFROZEN			·			FROZEN				
21		2.5 FILLET	8.0 10.2 7.2	ကက် ကိုထင်	8,54 10,01 10,04		2.5 F1LET	905 408 408 408	43% 60+	70 53* 90+
0 0 0		TO H.R. =	0.0 % 0.0 %	60.0°	ဝက္ခ် တက္ထေ	- 1CED	DAYS TO H.R. = 2.5 ROUND HEG F	044 406 406	98 99 + % 50 + 0 + 0	655 34* 90+
SEA HANSI ING - ICED	Jene 1 1 1 2 1 m 3 1 1 2 m mgmmh- menne merkemeterine	ROUND	\$0.0°	4 2 4 8 0 4 9	% % % o	SEA HANDLING	ROUND	84 424 904	88 88 88 88 88 88 88 88 88 88 88 88 88	www.
್ ಮ <i>Մ</i>			Odor Flavor Texture	Odor Flavor Texture	Odor Flavor Texture	SEA		Odor Flavor Texture	Odor Flavor Texture	Odor Flavor Texture
		TRIP NO.	-	2	m		TRIP NO.	مسم	~	m

For purposes of this study, lowest hedonic rating assigned odor, flavor, or texture determines length of time that sample has "Good Acceptability." **-**\$¢

#### 6.07 Experimental Results

#### (2) Conducted by Consumers:

Successful marketing depends upon products which are highly acceptable to consumers. Laboratory taste panels try to predict such reactions, but the consumer has the last word.

The form and directions shown on pages 63 and 64, were supplied to families with enough fillets for a family meal.

Samples used in this experiment were as follows:

- (a) Secured during Trip No. 1, iced, then 5 oz. fillets frozen, thawed when 34 days old.
- (b) Secured during Trip No. 1, salt-iced, then 5 oz. fillets frozen, thewed when 35 days old.
- (c) *Fresh-Unfrozen, av. wt. fillers = 5 cz.
- (d) *Fresh-Unfrozen, av. wt. fillets = 8 to 12 oz.

The above samples, kept anonymous by geometric symbols, were packed in trays, overwrapped with plastic film, and refrigerated at 34°F until distributed to families; "a" or "b" being compared with either "c" or "d". Most of the samples were prepared and cooked within 24 hours.

Results appearing on page 79 show that reactions to each of the four groups were rather similar, the greatest difference being between "a" and "b". However, the frozen samples appear to have been received as well as "c" and "d". Size of the fillets, as indicated by "c" and "d" did not appear to exert much effect on the results.

^{*} Purchased from retail outlet. Estimate fish about 3 days old.

CONSUMER TROUT FILLET RATINGS - STARTED 3/3/75

Hedonic Scale (MS) 5 = Excellent)

Range	A9 (34 days old) - thawed (Av. Fillet Wt. = 5 oz.)	89 (35 days old) - thawed (Av. Fillst Wt. = 5 oz.)	Fresh ~ Unfrozen (Av. F. Wr.=5 oz.)	Fresh · Unfrozen (F. Wt. = 8 to 12 oz.
- 10	3.9 (8)	3.8 (12)	3.6 (13)	4.6 (7)
11 - 20	4.3 (12)	3.4 (12)	3.6 (21)	3.5 (4)
21 - 30	4.2 (19)	4.2 (13)	4.3 (21)	3.8 (10)
31 - 45	3.5 (22)	3.8 (19)	4.1 (30)	4.1 (12)
dn - 95	4.3 (14)	3.6 (17)	3.7 (27)	4.3 (3)
AVERAGE	4.2 (73)	3.8 (73)	3.9 (112)	4.1 (36)

Source: Seafcod Laboratory, Morehead City, N. C.

#### 7.0 PROCESSING FACILITIES:

The North Carolina seafood industry consists of many independent operators, mostly limiting activities to basic forms of processing. It seems that most companies can best be helped by discussing requirements in terms of components likely to be needed. The handler of seafoods may assess his present facilities and find that he has much of what is required to conduct primary processing steps, i.e., scaling, dressing finfish, and heading shrimp. The building of an additional facility capable of complying with Sections 5.01 and 5.02, ("Good Manufacturing Practices: and "Guidelines for Seafood Handling and Processing Plants") may then follow modular concepts, involving shapes and sizes capable of achieving desired output, permitting additions for future needs, while minimizing initial investment.

#### 7.01 Products To Be Produced:

#### A. Superchill Pack:

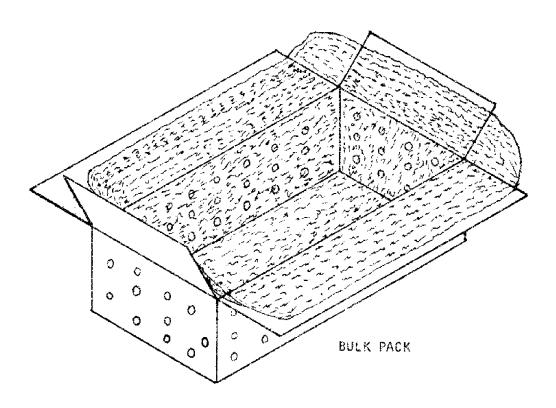
Round, dressed, or filleted fish can be superchilled and packed in strong corrugated paper cartons equipped with a waterproof pliofilm bag liner into which a porous material has been inserted. The sealed cartons, tightly stacked, and kept in a 28° F atmosphere while in transit, can be delivered to customers without employing ice, will have longer shelf life than ice-packed finfish, and delivery can be accomplished with greater payload. This method is used effectively in delivering unfrozen poultry to retail outlets.

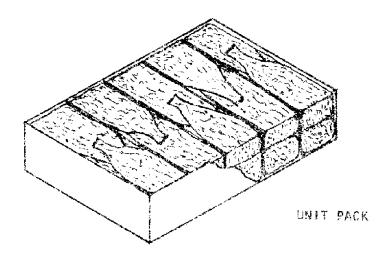
#### B. (OF Bulk-Packs:

Finfish and shrimp, individually frozen by arranging or spreading on metal trays, covered with waxed paper, or passed through blast freezer by conveyor, are then rapidly dipped in, or sprayed with cold water to make an ice glaze. These IQF products can then be packed in pilofilm bags, the bags sealed and placed in master cartons for frozen storage. Time of exposure to the blast freezer should be kept at a minimum because of dehydration, or oxidative reactions.

#### C. Bulk Packs: (shown on page 81)

Typical corrugated cartons involved in this packing method measure 24"x12"x7" for the 25 pound size, 22"x16"x11" for the 50 pound size, and 25"x16"x15" for the 100 pound size. The 25 pound "biddy box" is illustrated on the next page. The sides of this box have many openings to permit free entry of cold air. A pliofilm bag, about 3 mils thick, is used as a liner. Round or dressed fish is placed





in the bag after which the top is folded and held in position by the closed carton. It is important it use pliofilm of sufficient thickness to reduce moisture loss and entry of oxygen. The success of this method also depends upon how well the bag is folded for complete sealing. Dipping in an adherent glaze before packing should be considered.

#### 9. Unit Packs: (shown on page 81)

A method employed in the Seafood Laboratory involves dipping the product in gelarine glazing solution, draining, then placing on sheets of PVDC film in "sardine" or other convenient arrangement. The film is folded over the product with edges overlapping, held together by its electrostatic properties. The units are then packed in 5 pound  $(11-1/2)^n \times 6-1/4^n \times 2-3/4^n$  or 10 pound  $(13-1/2)^n \times 9-1/4^n \times 2-1/2^n$  boxes which help mold the packages into uniform shapes. Upon leaving the blast freezer the boxes are placed in corrugated paper master cartons for holding in frozen storage. The unit pack method enables convenient removal of desired amounts from the boxes, the PVDC film then readily separating from the frozen product.

### E. Layer Packs: (shown on page 83)

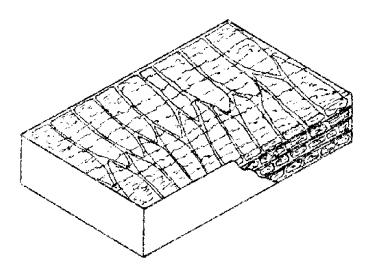
Boxes employed in layer packing must be strong enough to resist sagging when loaded, must hold desired weights while limiting thickness to what can be frozen readily, and must have dimensions which fit the master carton.

Round, dressed or filleted fish can be packed in these boxes in layers separated by pliofilm, parchment, or waxed paper. The problem is to achieve easy separation. A really satisfactory layer pack would enable easy removal of components, would be less expensive than producing IQF products while providing the important advantage of better shelf life.

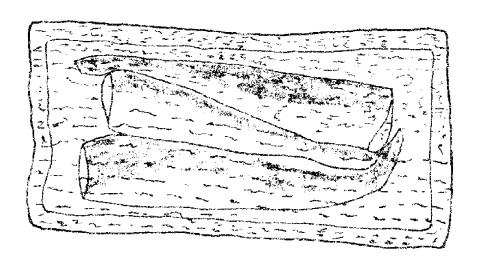
#### F. Blocks: (shown of page 84)

Miller, et al. described the use of wooden frame molds of various sizes in which large sheets of plastic film were placed before filling with round, dressed or filleted finfish. The plastic was then folded over the contents to effectively seal after which pressing into shape and freezing was accomplished by means of a plate freezer. A variety of products were frozen into blocks of less than 2" thickness, were packed in master cartons, were shown

^{13.} Miller, p. 46.

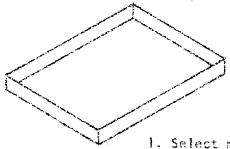


LAYER PACK

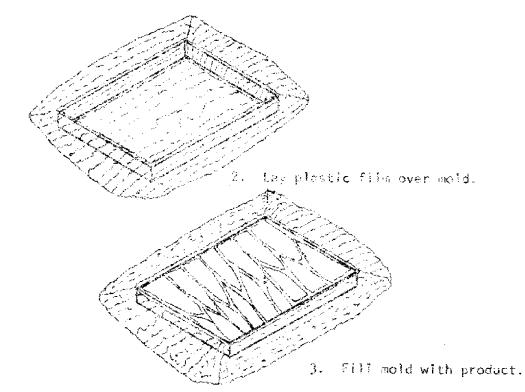


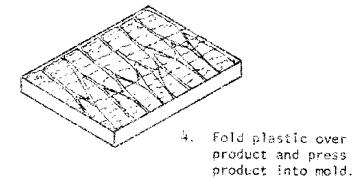
POUCH PACK

F. Steps in Producing Fish Blocks



1. Select mold of required size.





to conserve space in Troven storage rooms, and had excellent shelf life. These blocks were also convenient to handle in fish markets since the products separated readily when left in ice overnight.

A similar block can be made by employing a reasonably strong box (16"x12"x1-3/4) over which is laid a large sheet of plastic film. The contents are then arranged and the plastic film folded over the contents which are then pressed into position with the lid. The box can then be placed on metal shelves butted against other boxes to help support the sides, and frozen in a blast freezer.

#### G. Pouches and Trays:

Pouches provide a packaging method which can be undertaken without much investment, offering a way to attractively display package contents which can be thawed easily by holding the pouch under cold water, and also capable of providing excellent moisture and exygen barriers for extended storage. This is a good way to back dressed or filleted fish (see page 83), posled and develoed shrimp, and other scafoods.

An important advantage that tray packs have over pouches is ease of filling. The tray-film combinations employed by retail outlets in packing red meats are not necessarily suitable for finfish or shellfish, so the recommendations of the supplier must be considered.

Pouch packed products must be laid on flat metal surfaces and contents carefully arranged before freezing. Tray packs with suitable plastic film should also be arranged on level metal trays for freezing, or other customers may require delivery without freezing.

#### 7.02 Plant Components:

Having examined the product forms, then the plan to produce them should start with (1) preparing a flow diagram outlining the operation from unloading to shipment, and (2) estimating some equipment, space, capacity, costs and labor requirements.

#### A. Flow Pattern:

Flow diagrams on the next two pages indicate primary and secondary handling and processing of finfish and shrimp, accomplished in two separate buildings or areas. The primary steps can be conducted in many existing handling facilities while the secondary ones require more careful handling, conducted in a better environment.

#### Row Material Handling Building or Area: (page 87)

One should consider accomplishing initial processing steps where the raw material is unloaded, not only because of proximity, but because bacterial levels are harder to control during these stages. Scaling, heading and gutting of finfish, or shrimo heading, are steps which release large numbers of bacteria. Consequently, there must be separation from activities involving preparation of seafoods for iced shipments. The need for controlling bacterial loads becomes even more rigid when the raw materials enter secondary stages of processing.

## Processing Building or Area: (page 88)

#### (1) Finfish:

### (a) Trimming, Cleaning, Filleting, Steaking:

These steps must be designed to aliminate defects. off-color body parts, and extraneous materials not acceptable in an edible product. Froducts must be cut correctly and uniformly.

#### (b) Washing:

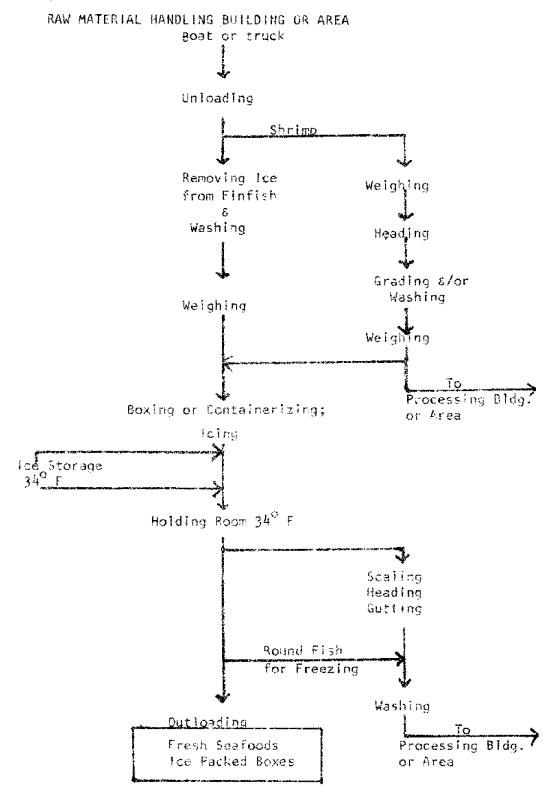
Washing, by passing through water, or by using strong sprays, should be accomplished rapidly to minimize changing moisture content, removing flavors, and leaching out nutrients.

#### (c) Glazing:

Glazing, employing a one-step dip or spray, is a logical and needed part of preparing the product for packaging.

#### 7.02 Plant Components

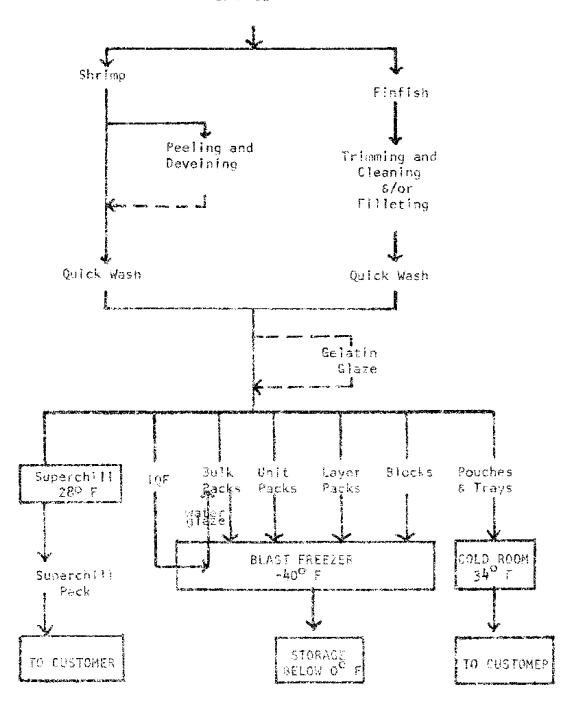
#### A. Flow Pattern



# 7.02 Plant Components A. Flow Pattern

#### PROCESSING BUILDING OR AREA

From Raw Material Handling Building or Area



#### 7.02 Plant Components

#### (d) Product Forms:

Those are discussed in Section 7.01, and appear in the flow pattern shown on page 88.

#### (e) Mechanization:

Conveyors and machines can be introduced to improve the efficiency of operations placing reliance on hand labor. However, it previous experience with processing is lacking, the basis for relying upon manual operations is that investment is minimized and mistakes avoided. Mechanization can then be planned carefully as part of future improvements supported by earnings.

#### (2) Shrimp

#### (a) Peeling and Deveining:

For ling and deveining equipment should be considered to extend plant capabilities. In this instance it is difficult to find justification for hand operations.

#### (b) Product Forms:

These are discussed in Section 7.01, and appear in the flow pattern shown on page 88.

#### B. Component Parts:

The following lists show some basic units, space requirements, capacities, and costs which may be involved:

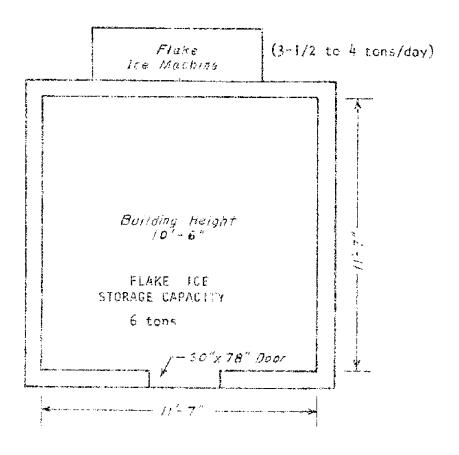
UNIT	SPACE RQD.	CAPACITY	COST
Bandsaw, Heading	3' x 3'	1000 lbs/hr	\$ 400
Grader, Shrimp	3' x 12'	650 lbs/hr	350
Packaging, Seal & Shrink	3' × 8'	300 lbs/br	1,200
Packaging, Table Top Sealer	2 * × 2 *	120 lbs/hr	75
Packaging, Table Top Wrapper	2" × 3"	200 15s/hr	120
Refrigeration, Ice Machine and Flake Ice Storage,p.91	11'7"×11'7"×10'6" (1408 cc.ft.)	4 tons/day	14,040
Refrigeration, Gold Storage (28° or 34° F),p.92	11170×30190×10160 (3739 ca.ft.)	680 boxes (Storage)	11,000
Refrigeration, Blast Freezer (-30° to -40° F), p.93	11 ¹ 7"x15 ¹ 5"x10 ¹ 6" (1875 cu.ft.)	5,000 lbs/ day	24,200

7.02 Plant Components

UNIT	SPACE RQD.	CAPACITY COST
Refrigeration, frozen Storage (-5° to 0° F), p.94	2112"x3019"x1016" (6832 cu.ft.)	190,000 lbs 32,000 (Storage)
Scaler, Electric, Hand	1' x 1'	300 lbs/hr 285
Scaler, Electric, Simor	3' x 10'	5,000 lbs/hr 10,000
Scale, Platform	3 * x 3 *	500 lbs 450 max. capacity
Scale, Spring	3' × 3'	100 lbs 100 max. capacity
Table, Cutting, Stainless,p.95-6	41 x 161	650 lbs/hr 1,100
Table, Cutting Wood, p.97	41 x 161	650 lbs/br 350 (Built Locally)
Table, Pocking, Stainless	41 × 33	650 16s/hr 600
Table, Packing, Wood	4- × 8:	650 lbs/hr 75
Table, Shrimp Heading, Stainless	P : 8 16,	500 lbs/br 1,200
Table, Shrimp Heading, Wood	41 × 161	500 lbs/hr 300
Table, Sorting w/ conveyors	5° x 20°	5,000 to 10,000 +1,000(used) 1bs/hr +5,000(new)
Tunnel, Glazing, Stainless	31 × 101	+1,000 lbs/hr 3,500
Tunnel, Washing, Stainless	3' × 8'	+1,000 lbs/hr 2,500
Unloader, Moisting Bucket	4: × 4:	5,000 lbs/hr 500 (Built locally)
Unloader, 1-Beam & Movable Hoist	2' × 5'	5,000 lbs/hr 2,200 (Built locally)
Unloader, Deck Conveyor	2° × 20°	5,000 lbs/hr 300
Unloader, Fish Pump	4° × 8°	8,000 to 10,000 2,500 lbs/hr w/8" hose (Built locally)

## 7.02 Plant Components

B. Refrigeration, Ice Machine Flake Ice Storage



Refrigeration Equipment + 1 + 1 HP Unit (Maintaining  $33^{\circ} - 35^{\circ}$  F) gravity evaporator

insulation - 4" ureshane, "k" - 0.118

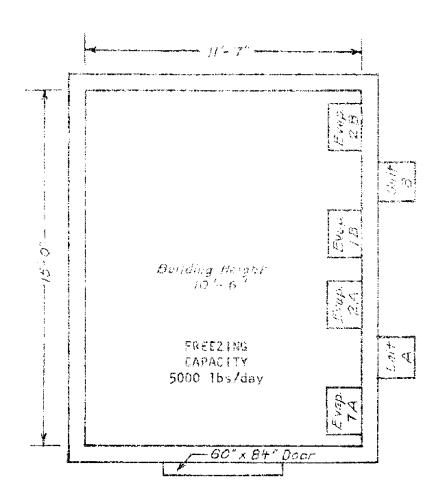
finish - galvanized steel

# 7.02 Plant Components B. Cold Storage Room

1157" 60" x 84" Door Building Height Refrigeration Equipment  $A = 3 \text{ HP for } 32^{\circ} - 35^{\circ} \text{F}$ 10169  $B = 5 \text{ HP for } 28^{\circ} - 32^{\circ} \text{F}$ EvapilA Insulation - 4" urethane *K* - 0.118 Finish - galvanized steel Evap 2A Unit AorB Evap 3B 60°x 84° Door 7

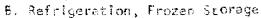
## 7.02 Plant Components

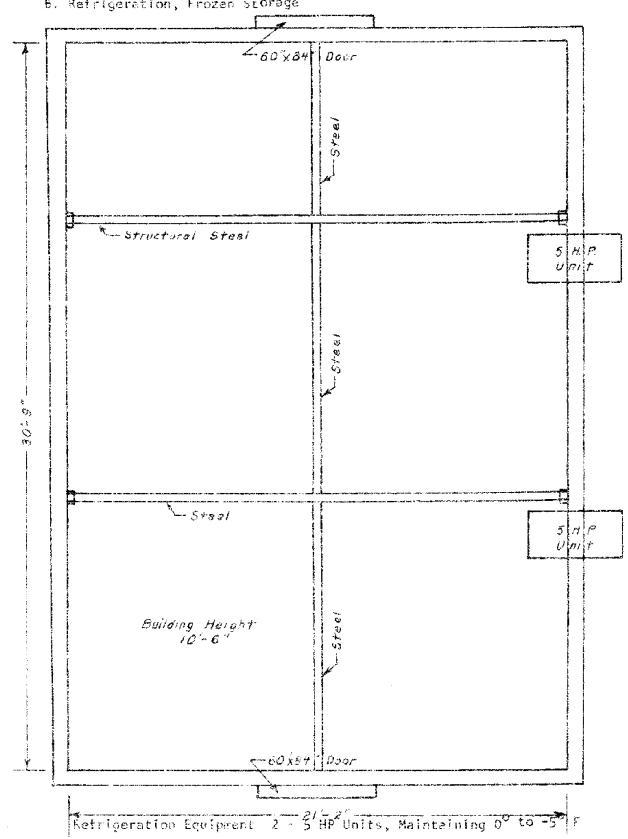
B. Refrigeration - Blast Freezer



Refrigeration Equipment - 2 - 15 T Units  $(-30^{\circ}\text{ to }-40^{\circ}\text{F})$  Insulation 4" wrethans, "K" - 0.118 Finish - galvanized steel

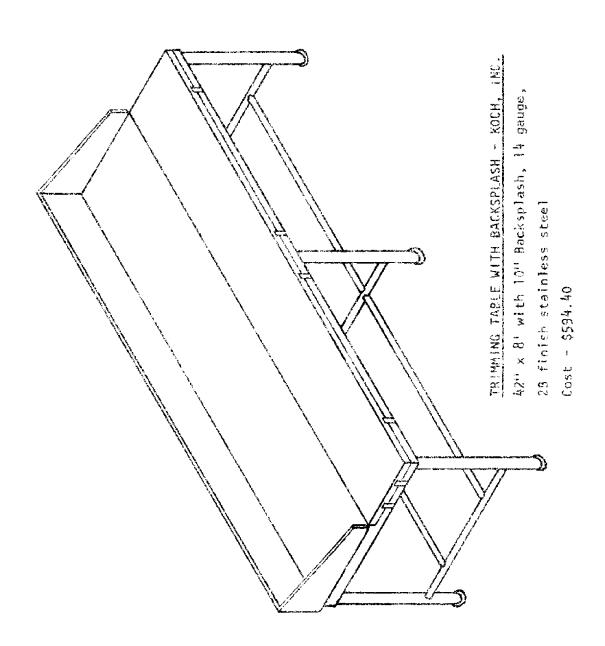
### 7.02 Plant Components





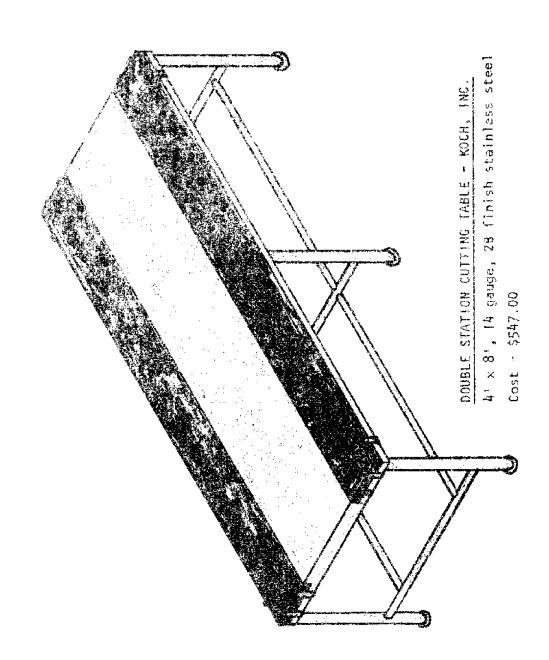
## 7.0 Processing Facilities

## 7.02 Components



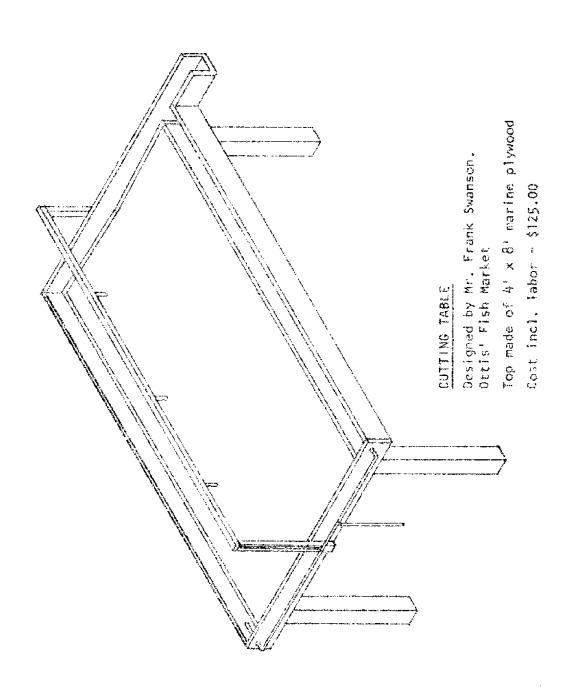
## 7.0 Processing Facilities

## 7.92 Components



## 7.0 Processing Facilities

## 7.02 Components



#### 7.02 Plant Components

It should be noted that wooden tables must be tightly made and completely sealed with varnish or other non-toxic coating. Since wood is not usually recommended it is important to have the approval of the regulatory agencies if it is used.

Calculating amount refrigerated rooms will hold is based on assuming 2/3 of cubic capacity as usable space. The following carton volumes help estimate holding capacity:

25 lb. freezer carton = 1.2 cubic feet 50 lb. freezer carton = 2.3 cubic feet 100 lb. freezer carton = 3.6 cubic feet

100 le, wooder box = 4.1 cubic feet

#### C. Labor Requirements:

### (1) Unit Operations:

Manpawer requirements for some unit operations include:

- (a) Unloading Bosts Hoist and bucket requires 5 men while the I-Beam unloader requires 4. The deck conveyor eliminates one man. The fish pump requires 4 men.
- (b) Washing and Removing Ice Keeping this tank and conveyor combination in operation requires I man.
- (c) Sorting People required depends upon size and varlety of species, but 10 to 20 people are usually involved in operating a 20' sorting belt.
- (d) Weighing A platform scale can be operated by 1 man, but a spring scale may require 2 men because of additional lifting.
- (e) Scaling A large machine can be operated by one man.
- (f) Heading A bandsaw speeds up subsequent dressing operations. This equipment can be operated by one man.
- (g) Packing Placing dressed fish, fillets and steaks in containers requires about half as many people, as required for cutting.

### (2) Cutting:

if the plant is based mostly on hand labor, then estimates of labor requirements must start with cutters required, then figuring number of persons needed to keep the process in motion. It is estimated that experienced cutters can fillet 60 lbs., 80 lbs., and 100 lbs. of whole flounder per hour to produce 6/8 oz., 8/10 oz., and 10/12 oz. fillets, respectively. Similar figures apply to 6/8 oz., 8/10 oz., and 10/12 oz. whole dressed flounder.

## 7.02 Plant Corponents

Pan trout(200 to 250 count) can be headed and gutted by an experienced cutter at a rate of 80 pounds of round trout per hour. Mechanical removal of heads may double this rate. It is estimated that larger whole trout (100 count) can be handled at a rate of 75 to 80 pounds per hour, while this figure may exceed 100 pounds per hour if heads are mechanically removed.

# 7.03 Prototype Plant:

@ 40¢/linear foot

The prototype plant shown on page 102 is an example of a tentative levous which enables arriving ut proliminary cost estimates. This building should be able to handle over 1,000,000 pounds per year of finfish, a product rik consisting of finfish, shrimp and other species:

4. Basic Construction Requirements:

BUILDING AND ACCESSORIES	APPROX. COST, BLOCK BUILDING	1975 PRICES PREFAB BUTEDING
Building - Cost per sq. ft. Includes concrete foundation, floor drains, water and sewage lines, walts.	\$ 16/sq.ft.	. \$ 6/sq.ft.
roof, and labor	\$ 28,800	\$ 10,800
Insulation - (including labor) Polyurethane Foam 840¢/bd.ft. Blown Insulation 820¢/bd.ft.	360	3,360
Air Conditioning - (including labor)  "A"coil unit with two sets of  overhead ducts.  cooling unit - 7-1/2 ton(90,000 BTU)	6,000	6,000
Framing - For walls and partitions Top and Bottom Plates (#2 Pine) Precut Studs Rafters (2"x6" - #2 Pine)	27 52	167 180 281
Plywood - 3/8" thick (C-D Grade)	506	825
Glue-In-Place Paneling @40¢/sq.ft.	1,900	1.900
7 Doors (36" x 80") @\$12.25 each	86	86
Bathroom Fixtures and Sinks	1,500	1,500
Wiring (400 amp - 3 phase panel) Including - motor circuit w/conduit @ 60¢/linear foot Lighting Circuits w/conduit	1,500	1,500

#### 7.03 Prototype Plant

BUILDING & ACCESSORIES		, 1975 PRICES PREFAB BUILDING
The state of the s	April Carlo St., Spr. S. St., Spr. Safe J. Stephan E. P. Ch. And Material State Medical Anti-Anti-Anti-Anti-Anti-Anti-Anti-Anti-	BO-MERCHAN - STATE - SALE - SERVICE
Paint - Exterior @\$8.25/gallon w/150 sq. ft. coverage	\$ 200	\$
Labor - 1-1/2 times material costs	8,657	9,659
Estimated Cost	\$ <b>4</b> 9.588	§36,258

### B. Special Building Requirements:

### (1) Building Site:

Suitable land with good water supply, above flood level, well drained, away from neighbors who might contribute pollution via air or water, odors, insects, and rodents. The land must be adequate for effluent handling, or accessible to city sewers.

#### (2) Foundation:

Construction should be adequate for present and future loads, and planned in advance for additions to building.

#### (3) Floors:

Floors should be smooth, non-skid, and resistant to movement of heavy loads, sloped  $1/4^{\prime\prime}$  per foot for easy washdown, strategically located drains minimum of  $4^{\prime\prime}$  diameter. Floors in low temperature rooms are a separate and distinct problem.

### (A) Walls:

Wells should be surfaced with imporvious material, smooth and completely washable. The curbing should be water-proof and well-sealed to the walls. One should consider insulating the processing areas.

#### (5) Ocors and Windows:

Boorways through which products move should be minimum of 5' wide; should provide screens or fly chase fans. Windows should be screened and tightly sealed into the walls with ledges having a 45° slope for easy washing.

Doors of toilet and dressing rooms should be solid, selfclosing, and should completely fill openings.

### 7.03 Prototype Plant

(6) Electrical and Lighting Suggestions:

Consider installing two separate lines for 3 phase plus a single phase circuit, the latter for lighting. Heavy duty motors should be balanced on the two three phase circuits for optimum economy. Electrical wiring should be overhead, above the ceiling, the three phase wiring in thick wall conduit and the single phase distributed to strategic locations in thin wall conduit. Lighting fixtures should be vapor proof and provided with shields of non-shattering material.

(7) Water Supply and Plumbing:

There must be adequate potable water supply, certified by proper authorities. Ample hot water is needed, and there should be sanitary drinking fountains. Discharge of various effluents should be into approved systems with toilet lines separate from processing lines and without cross-connections. There should be at least one wash basin for each twenty-five employees and one stool for each fifteen persons of each sex. Toilet rooms should have outside ventilation.

### Special Information Sources:

Refrigeration: Mr. Roger Collins III

Coastal Refrigeration Company Greenville, North Carolina

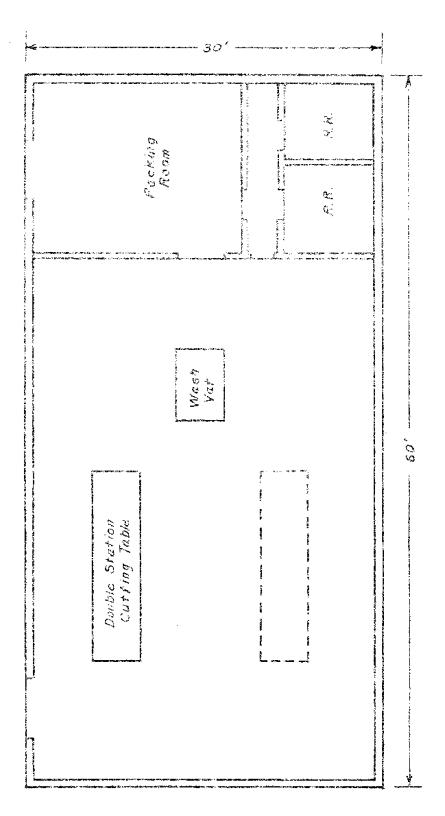
Packaging:

Mr. Bob Heidenreich

Packaging Products Corporation

Rockland, Maine

# 7.03 Prototype Plant



SECONDARY PROCESSING BUILDING

Before getting into the actual steps of figuring if finfish processing pays, some recent trends in fish consumption and landings should be reviewed. The trends hold some interesting implications - though speculative at this point - for future seafood marketing

The first chart shows the trends in per capita consumption in the U.S. for various seafood product forms. As the top chart illustrates, per capita consumption of fish and shell-fish remained quite stable over the period 1960 to 1967, averaging 10.6 pounds per year. Beginning in 1968, a definite upward trend has developed as illustrated by Chart 1. During the period 1968 through 1973, average per capita consumption was 11.7 pounds + an increase over the 1960-1967 period of 1.1 pounds, or 10.4 percent.

The peak per capita consumption in 1972 of 12.6 pounds is probably in part a result of the sharp increase in prices of meats and poultry and the consumer's attempt to substitute lower-priced sources of protein. Higher meat and poultry prices in 1973 resulted in a drop in per capita consumption of all meats (beef, veel, pork, chicken, and turkey) to 226 pounds, a drop of 6 percent from the 1972 level.

Rising demand for edible fishery products has been increasingly met by imported product, perhaps in part as a result of insufficient processing of domastic product, or insufficient domestic supply or processible product. The supply of total edible product accounted for by commercial landings decreased from 57.4 percent of rotal supplies in 1961, to 33.1 percent in 1973, with imported product making up the difference. Chart 2 shows the breakdown in total supplies available for consumption between imports and domestic commercial landings. A significant percentage of imports is in frozen form. Little variation has occurred in domestic landings of edible fishery products.

With relatively stable commercial landings of edible fishery products, rising imports might be thought of (in general)

[&]quot;Commercial Fishing: An Overview", presented at the Commercial Fishing Seminar held April 24, 1975 at the East Carolina University Region al Development Institute, by Nr. J. E. Easley, Jr.

[&]quot;Fisheries of the United States, 1973", Current Fisheries Statistics No. 5500, 1974, p. 76, National Marine Fisheries Service.

[&]quot;Shifts In Food Consumption", Charles Brooks, Extension Economics Outlook Information, N. C. State University, October 15, 1975.

National Marine Fisheries Service, p. 55.

CHART 1

U.S. Par Capita Consumption of Commercial Fish & Shellfish 1960-1973

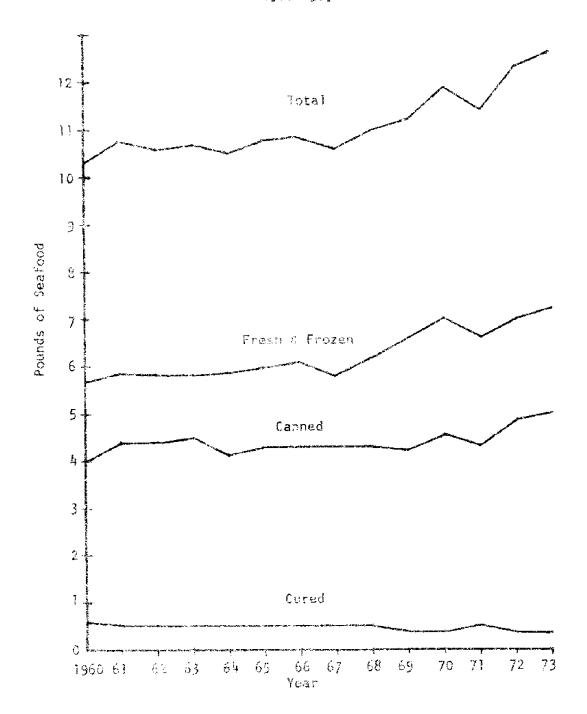
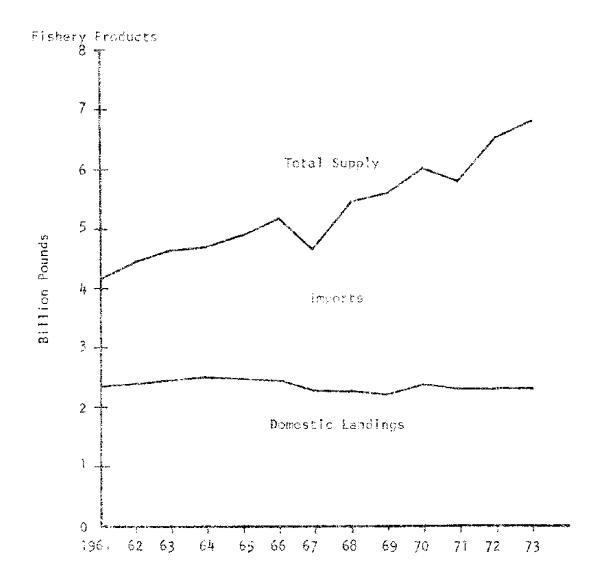


CHART 2

Supply of Edible Commercial Fishery Products, 1961-73

(Round weight)



as one result of increasing demand for fishery product. Another factor which could become increasingly important, given recent consumer concern with health foods, is the low fat content of fish a together with the characteristic of polymersaturated fats. Table 1 contains a cost comparison of 20 grams of several protein sources. (Iwanty grams represents one-third of the delity amount recommended for a 20 year-old man.) Note than the two fishery products are both in the medium price range. As consumers become more educated over time as to the food values of different items, these figures suggest that fish may fare better in the market, at least with respect to the cost of protein.

Table 1. Cost of 20 Grams of Protein from Selected Meats and Meat Alternatives

Food Item	Cost of 20 Grams of Protein (dollars)
Dry beans	.09
Peanut butter	. 14
Turkey, whole	.18
Chicken, whole	.21
Ocean trout, dressed	.21
Hamburger	.24
Tuna fish, canned	.25
Cheese, cheddar	12:15 12:15
Pork sausage	<b>.</b> 35
Rib roast of beef	.51
Bacon, sliced	. 56

Source: "Minimizing Cost of Protein Foods," John ikerd and Charles Brooks, Extension Economics Outlook Information, N. C. State University, October 15, 1974.

In general, however, fish consumption does not tend to respond to income changes as rapidly as some of the other major protein sources, such as beef. The quantity of fish consumed may, however, respond more significantly to changes in prices of these other protein sources, especially in less active inland markets. This point is conjecture as little research has been undertaken along these lines, but if this is the case, then fish consumption will in part depend on future meat and

poultry prices.

While there may be "shake out" periods in the fishery such as those occurring in summer, 1974, with shrimp, future fish consumption should continue to increase, chough perhaps slowly. An important factor in the industry's growth will be the effect of rising costs, particularly fuel, on the fisherman, and from the demand side, the effects of rising fuel prices on the tourist traffic. If tourist traffic is significantly reduced in the future, then the industry may have to explore expanded inland marketing with less reliance on the traditional local markets. Such shifts in marketing could also dictate alterations in product forms. While these ideas are purely speculative at this point, they might be worth watching as well as researching in the future.

Turning to the North Carolina fishery, the industry accounted for employment of 2,290 fugl-time and 1.615 part-time commercial fishermen in 1973. Receipts of these fishermen in 1973 were just under 16 million dollars for almost 130.5 million pounds landed. Of these receipts, shrimo were the single most valuable specie with a value of 4.7 million dollars. Preliminary 1974 figures of the National Marine fisheries Service indicate landings of 196 million pounds, valued at approximately 17.4 million dollars.

Chart 3 lilustrates landings poundage and value for North Carolina from 1960 to 1974. (see page 108). The overall decline in quantity landed during this period for the most part is accounted for by the declining menhaden catch, which has suffered from overfishing and deterioration of nursery areas. Though Chart 3 does not show it, the quantity landed of several finfish species suitable for processing has increased in recent years. Among these species are flounder, croaker, and grey trout.

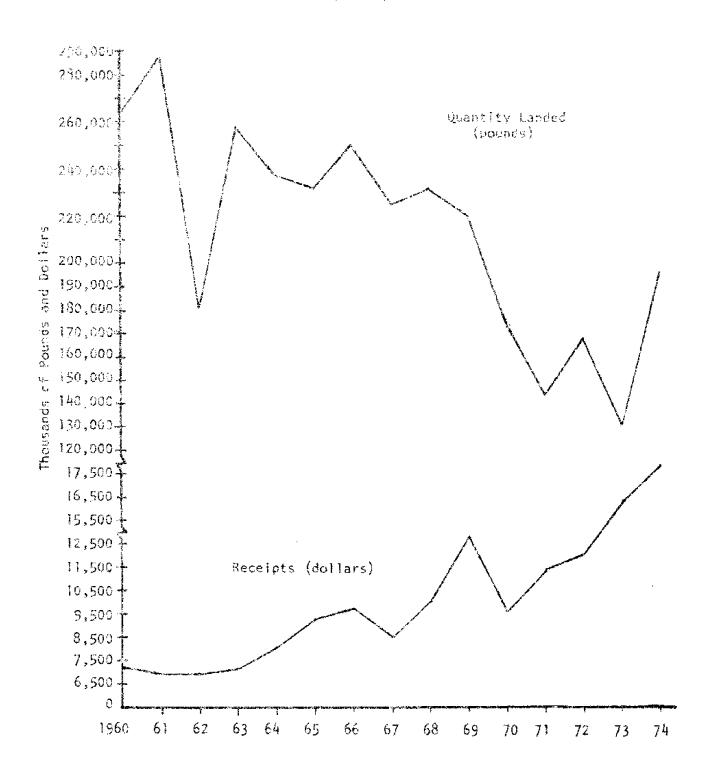
^{18.} National Marine Fisheries Service, p. 82.

^{19. &}quot;North Carolina Fisheries Data", J. E. Basiey, Jr. and Seth Sossamon, N. C. Agricultural Extension Service, Miscellaneous Extension Poplication 128, November, 1974, p. 4.

^{20. &}quot;History and Status of North Carolina's Marine Fisheries", Walter F. Godwin, or al., Division of Commercial and Sports Fisheries, Information Series Number 2, July 1971, p. 12.

^{21.} Easley and Sossamon, pp. 12-13.

OMART 3 Worth Carolina Landing,, 1**3**60-1874



As fresh markets become more saturated with increasing landings of processible finfish, the natural reaction of the industry is to look increasingly at the potential for processing. Larger quantities of fish moving into processing would tenu to reduce the fluctuations that occur in prize, which should also aid the Fishermen. However, an important question which we have been addressing recently and will continue to work on is this: Are the peak harvesting seasons of processible finfish (those with an established market for the processed product) long enough, together with sufficient landings, to pay the investor to process? Since some processing is now being done, the extension of this question is, given our landings and season lengths, what size plant will return the bighest yield on the dollars invested? This is a question which we are currently purshing. More pressing business management problems for those in industry who are considering a processing line or facility probably revolve around the cuestion of, "will it pay?" The following discussion lays out some of the issues dealing with this question that should be incorporated into decision-making.

The figures that follow are tentative and may be outdated, hence the cost of a particular item or the absolute amount of dollar raturns, etc., may not be accurate. The point of this crommation is the technique involved in arriving at projected raturns and not the rigures thomselves.

Suppose vot are considering investing in a processing plant or a processing line within your existing plant. You may have a hunch that it will pay, but how much will it pay? What would be your decision if the projected rate of return on your investment were 17 percent? What if it were 3 percent? Would your banker view these differently? Some of the problems in projecting costs and revenues are highlighted within the context of a bachnique for computing these costs and returns.

As an example, figure a hypothetical plant that is capable of processing anywhere from 750,000 to 1,000,000 pounds of fish per year, depending upon the number of days it operates. A point worth noting here is that the more days per year of anticipated operation, the more of one of the following will be necessary to earn the greatest return on investment. First, larger freezer space might be necessary in order to buy and store more fish during peak harvesting. Second, more purchases of out-of-state fish during off-season here might be necessary. A third is to simply purchase the fish here and process as long as the supply lasts. Some combination of these alternatives may be feasible, but each leads to a different input price which should be accounted for in the computations.

in order to illustrate how some of the findings generated in this project can be used in simulating a plant's costs and revenue, we will briefly outline how and where these enter the computations. Let's assume that flounder, grey trout and croaker will be handled with the output mix of:

> Flounder - 54 percent Trout - 36 percent Croaker - 10 percent

Assume further that the type of processing is the following (with the respective yields):

Flounder - 55 percent (fillet) Trout* - 51 percent (fillet) Croaker - 50 percent (HSG)

*Project findings suggest this yield should be 55 percent.

These yields directly affect costs and revenues. For example, the higher these yields, the lower the purchases of raw material necessary to achieve a given output, hence the lower the costs. One result of the project has been an improvement in our knowledge of what these are, at least for trout.

in the table of net revence figures, the output mix is assumed to consist of 70 percent frozen and 30 percent fresh. These can be set in any proportion for generating net revenue.

An additional important figure entering the projections is labor productiveness related to various species and product forms. Those shown below were used to compute net revenue; however, the project findings again suggest that an update is needed.

Labor Productivities Used to Compute Net Revenue (In pounds per day)

	Fillet	₽ 8 G
Flounder	280	•
Trout*	h L 0	
Croaker		800

^{*}Project findings suggest this figure should be approximately 600 pounds per day.

The productivity figures, like the yield porcentages, are unucla) to mer revenue projections. There in execute determining the number of outlers needed to produce a niven quantity per day (north, etc.), hence size here a large impact upon bet revenue.

How these are used in projecting net reverue for a hypothetical plant is as follows: First, using output mix percentages and some target level of output desired, compute the number of cutters needed to achieve the desired output for each specie. Then, output per day divided by the above productivity figures (on a per day basis) yields the number of cutters necessary. That is.

Number of cutters = Sutput per day
Productivity

One could work the other way as well: given the number of cutters and the productivity figures, output ber day is easily computed by simply pultiplying the two.

Revenue par day by specie is then computed by multiplying expected price of the product by pounds per day produced for each specie and adding.

To compute the daily raw material needed (and its cost), the following computations are required:

Input poundage = Tercent yield for each specie. Then, the multiplication

(Input Poundage) (Input Prices) =

Input Raw Material Cost,

gives us the cost for each specie. Sum these for total raw material cost. One can easily see why it is crucial to employ an accurate yield figure in the above computations.

Without going into a great deal of detail, the next step is to list the various plant and equipment items. These are used to compute annual costs (those that are incurred regardless of the number of days the plant operates). The project report lists many examples of these. Plant components are listed in modular form to allow for different systems, etc. From this listing a depreciation schedule can be set up on plant and equipment components. These can be totaled for a yearly depreciation charge. However, don't forget to include property taxes, insurance, and expected maintenance charges as part of the annual cost. Economists also include

an additional item as an annual cost - the interest on the investment (not necessarily the mortgage interest). The reason for this charge is that once the capital is invested, there is a foregoing of some interest return on those funds, hence it represents an additional cost. Total ail these for yearly costs.

Operating expenses should be projected also. Labor charges, utilities, sales fees, raw material costs, and foregone interest charges on working capital are examples of the major annual charges. If possible, these should be computed on or converted to an hourly or daily basis.

By computing costs on an hourly basis, one can ascertain the effects of varying days of plant operation on net revenue. It is impossible to predict the exact length of the harvestming season for a given specie, so it is even more important to gain some understanding of the impact of varying days of operation on net revenue before committing capital to processing.

Likewise, it is difficult to project prices baid for raw material, hence these can be varied in the projections. To illustrate some of these effects, the following table contains not revenue computed for different input prices and different days of operation. One could vary other figures (such as interest rates, etc.) to get some idea of the sensitivity of net revenue to that item.

Though the figures contained in the table need to be reworked, some idea is gained of how sensitive net revenue is to factors such as days of operation and input prices. Note that both revenue and costs fail as operating days are reduced, but revenue falls faster. This results from the fixed yearnly costs (in a sense) being spread over a smaller quantity of product.

To ascertain the effect of varying the days of operation, observe net revenue for a given price set across days of operation. For example, net revenue under price set ! for 200 days is \$99,635; under the same price set for 160 days, net revenue drops to \$71,927 - a 28 percent drop in revenue for a 40-day decline in operating period.

Net revenue is highly responsive to changes in raw material prices. For a given number of days operation, note the drop in net revenue when moving to the higher input prices making up price set it. The price changes embodied in price set it are \$.05 per pound higher for flounder, and \$.03 per pound higher for trout and croaker. These appear to be small price changes, yet look at the effects.

SUMMARY OF NET REVENUE COMPUTATIONS

			Days of	Days of Operation		
	e de la cale de la cal	200	and the state of t	180	An anticome ( of a report many many many many many many many many	
	Price Set 1	Price Set 11	Price Set 1	Price Set ()	Price Set :	
L.D.S. (D.C.P.U.T.)	974,400	974,400	876,980	876,960	779,520	775,520
Oper. Cost/16 (cents) ²	18.86	18.91	18 8 31	18.91	18.86	18,91
Annual Cost/Pb. (cents) ³	3.95	3.95	98°4	4.39	45.4	李田、李
Annual & Operation Cost(A)	22,81	22,86	64 64 64	23.30	23.80	23.85
Total Revenue (5)	891,696	660, 108	802,526	802,526	713,357	713,357
Less: Op - Am. Costs	(222,261)	(222,743)	(203,893)	(204,532)	(185,526)	(185,916)
Equals	659,435	850, 399	50%/633	598,134	527,003	527, 454
Less: Raw Manerial Costs	(269,800)	(643,440)	(512,692)	(620, 675)	(455,364)	(514,720)
Equals Net Revenue	563,00	00 40° 50°	85,741	19,134	11,927	12,721

Exclude land cost, income taxes, charges for waste treatment, and actential income from the sale of scrap naterial. **-**):

ths. output a daily putput rate multiplied by number of operating days.

Operating cost per 16. from preceding table.

 3 Annual cost per 16. * annual cost divided by annual 16s. output - annual cost = \$38,496.

4. Operating # annual costs # annual # operating costs per lbs. in dollars multiplied by lbs. output. Eq. 222,261 = .2281 x 974,400.

Saw material costs = doily raw material cost estimates - shown in section covering Assumption, number 6 multiplied by number of days of operation.

To summarize, these types of computations are valuable management aids. If one is considering investing in finfish processing, he should learn all he can about the expected costs and returns. One aim of this project has been to improve our knowledge of some of the figures necessary for the computations.

# 8.0 MARKETING:

Frey ²² lists two basic concepts of marketing as follows:

"Marketing is an organized system of business activities that makes possible the flow of goods through productive stages to ultimate consumption"

and

"Marketing strives to match production and consumption by representing the producer to the consumer, and the consumer to the producer".

These concepts make it apparent that much more than buying and selling is involved in marketing. An important factor determining price and consumer acceptance is "quality", the measuring and preservation of which requires technology. Similarly, correct flow of goods through manufacturing, storage and subsequent handling fails within the purview of the present study.

In representing the producer to the consumer, and vice versa, there must be judgements of product acceptability. Such judgements can be helped by awareness of organoleptic changes occurring in seafoods between time of catch and final consumption. The findings of taste panels then provide enswers as to why some products meet strong resistence while others are highly acceptable. Other questions which should be considered by the researcher and which bear on marketing include the following:

- A. Can quality be overlooked?
- E. is supply dependable?
- C. Is "frozen" as good as fresh?
- D. Will Federal inspection help?
- E. What is the selling problem?
- F. What are consumer preferences?
- G. Po product forms influence acceptability?
- Will health benefits sell seafoods?
- 1. Can economies be exploited?
- J. is enjoyment being overlacked?
- K. Can rostalgla help build markets?

^{22. &}quot;Marketing Handbook", Albert Wesley Frey, editor, The Ronald Press Co., New York, 1965, Section 1-2.

# 8.01 implications:

### A. Quality:

It must be accepted as the ground rule of processing that quality when brought ashore and throughout subsequent steps must be kept in prime fresh condition. Anything less is not acceptable if a stable market is to exist.

### B. Supply:

This publication presents statistical summaries to assist in determining a product mix likely to be available to plants at various seasons. There are gaps in supply which can be reduced by frozen storage. Alternate sources must also be considered as dictated by transportation costs and ex-vessel prices in other localities. Effort in developing markets for less used species will help the supply situation, e.g. try to develop market for bluefish.

#### C. "Frozent":

Evidence reported in this publication supports observations made in a (Carteret County) study that consumers cannot distinguish between fresh and frozen finfish. These findings do not necessarily conflict with other studies which indicate changes caused by freezing. It simply means that if prime quality seafoods are correctly handled, protected from dehydration and oxidation, and frozen under reasonably good conditions, the reduction in quality, i.e. textural changes, is not detected by most consumers.

#### D. Inspection:

Voluntary Federal inspection seems a long range rather than immediate possibility for most companies. Plants must first achieve complete compliance with the recommended processing guidelines. Certifications placed on inspected products undoubtedly help sell products.

#### E. Selling:

All possibilities cannot be covered here, but two important considerations become evident. First, the unique nature of the North Carolina fishery, in its variety of delicious species, must be promoted, not simply equated with what comes from distant fisheries. Second, since retailing and institutional sales often depend interchangeably on fresh and frozen supplies, there must be well-documented support of the concept that both forms are equally good.

#### F. Preferences:

in looking for potential markets, the seller must not permit

### 8.01 implications

his personal Dias to cloud his judgement. The reactions of retailers and consumers to specific species, to seiling fresh or frozen product forms, is documented in detail by Sanchez and Konopa²³ and Konopa³⁴. Seiling requires expertise and knowledge of geographic differences in product acceptability.

### G. Forms:

This publication, in reporting storage characteristics of whole, headed and gutted, and filleted grey trout, produced evidence that it is feasible to freeze in the round. Alternate methods of packaging were shown to held promise of meeting specific requirements of customers. If consideration is given to such approaches there should be increased customer interest in local products, designed to meet their needs.

#### H. Health:

National Marine Fisheries Service has provided much of the basic information supporting the use of seafoods in maintaining health, in geriatric, low-cholesterol and reducing diets. Simple brochures, relating these facts to North Carolina species will help build markets.

### 1. Economies:

In these days of high-priced animal proteins many seafoods offer tremendous savings which should be explained in promoting seafoods. (See Tables on pages 107, 108)

### J. Enjoyment:

There is no doubt that North Carolinians like seafoods served in most restaurants, but variety in preparing seafoods is usually lacking. The institutional sales can increase if more variety is introduced, based on employing underutilized species.

#### K. Nostalgia:

The North Carolina fisheries have a "captive audience" who

^{23. &}quot;Fish as a Household Menu Item, Attitudes of Consumers in Cuyahoga and Summit Counties, Ohio", Pater Sanchez and Leonard J. Konopa, Institute for 21st Century Business, Kent State University, 1974.

^{24. &}quot;Survey of Selected Retail Food Stores Handling Fish in Cuyahoga and Summit Counties, Ohio", Leonard J. Konopa, Institute for 21st Century Business, Kent State University, 1973.

since childhood have been coming to the coast to enjoy the bounty of the fisheries. The challenge is to bring this "Fresh-caught" flavor to any part of state, so that between visits they can enjoy something of equal quality at home.

## 8.02 Comments:

in the course of the field studies involved in this project an impressive number of new or expanding operations was noted. There is evidence of the vitality and activity needed to make these processing endeavors successful, thereby contributing to the prosperity of Coastal Carolina.

As important attribute of these enterprises is that they form the backbone of small coastal communities. In one way or another they have arrived at marketing systems which have supported their enterprises.

The planning of this project was based on the assumption that good as well as bad points are present in seafood handling and processing operations. The objective, as stated initially, is to examine the industry in its present state and consider how step-wise improvements can be achieved.

The array of improvements recently seen aboard boats, and in shore facilities provides basis for believing that the industry is "on the move". Judicious rather than headlong development, avoiding over-ficancing, staying within known operating and marketing patterns as a means of remaining solvent, while moving in a well-planned way towards solution of the problems of expanding the product lines and finding new customers seems to be what is needed.

# 8.03 N.E.R. Marketing Program:

Mr. Alveh Ward 25 provided the following information:

"The state of North Carolina has an ongoing Seafood Marketing Systems Development Program, assigned to the Division of Economic Development, Department of Natural and Economic Resources. The Marketing staff, consisting of Fay McCotter Lewis (Seafood Consumer Specialist) and A. Paul Allsbrook (Seafood Marketing Specialist), has assigned responsibilities for programs designed to aid and assist North Carolina's sea-

^{25.} Memorandum dated July 23, 1975

RECOMMENDED DAILY ALLOWANCES OF PROTEIN

	AGE (/ears)	WEIGHT (1bs.)	HE1GHT (1n.)	PROTEIN (gm.)
CHILDREN	e	3]	\$0	25
a sanagamana a sa	\$ : \$	42	4.3	30
	۵ د د	62	55	40
MALES	12 - 14	95	59	20
~	18 - 22	1°	69	09
~~ ~~~	35 - 55	154	88	N)
	55 - 754	15	The second secon	ÇQ
FEMALES	12 - 14	76	19	Ω,
	16 ~ 18	119	63	ម្តា
	18 - 22	128	**	in in
· · · · · · · · · · · · · · · · · · ·	35 ~ 55	128	63	N.
	55 - 75+	128	62	LO LO

Food and Nutricion Board, National Academy of Sciences, National Research Council, 1968. Source:

ONE CHAIN STORE, MOREHEAD CITY, N. C.

PROBUCT	PRICE 100	COST OF 100 gm PROTEIN	FISH SPECIES	LBS. OF WHOLE FISH TO PRODUCE 100 gm PROTEIN
Beans with pork	.29/1b.	1.04	Alewife	2.3
Broilers, oven ready	,61/69,	1.20	Sass, Black, Sea	2.9
Eggs	.74/doz.	.88	Bluefish	2.1
Turkey	,65/33,	66.	Croaker, Atlantic, raw	3.6
Hamburger, regular	.41/56.	1.17	Eel, American, raw	8.
Frankfurters, regular	.79-1,43/16.	2.00	Flounder	4.0
Salami, cooked	,50 ¼/69,	3.46	Kingfish (Whiting)	2.7
Sologna, sliced	.79/8 oz.;	2.20	Shad	2.5
Sirloin Steak	2,28/15.	3.23	Spanish Mackerel	6.1
Bacon, sliced	1,39-1.89/16.	4.19	Weakfish	2.8

Source: Seafood Laboratory, Morehead City, N. C.

### 8.03 N.E.R. Marketing Program

food industry in establishing new market outlets for their products, in developing these markets, and in informing and educating the consumer as to the proper preparation, nutritious use, and promotion of North Carolina Fishery products.

Its assignment to the state's industrial development agency lends emphasis to the role of seafcod marketing in North Carolina as a vital tool of expansion and development of plants and facilities vitally needed to create and maintain employment, as well as increase per capita income, in the coastal areas."

## 9 G FUTURE RESEARCH!

Many of the industry needs will become apparent during the Workshop meeting. A limited list or aspacially important problem areas appears below.

### 3.0 Resource:

- A. Section 3.01 Commercial Landings:
  - N.M.F.S. Statistics: Unavoidably misses "off-thecuff" landings.
  - 2. Resource Assessment: Complicated by landings at ports outside of North Carolina.
  - Fuel Shortage: Logistics of trucking vs. having boats return long distances to home ports. Also, how this choice relates to preservation of the catch.
- 3. Section 3.02 Sport Fish Landings:
  - I. N. C. Landings: More accurate figures are needed to judge extent that processing plants should plan upon custom handling those species landed by sportsmen on a custom basis.

### 4.01 General Principles:

- A. Chilling Scafoods: Methods of rapidly and inexpensively removing heat from seshoods require investigation by entoineers as well as technologists.
- B. Crab Handling: information needed on how to keep crabs alive and affects of in transit mortality upon meat quality.
- C. Handling Large Fish: The possibility that a bleeding technique or other partial dressing method should be applied

### 9.0 FUTURE RESEARCH

### 4.01 General Principles

as means of improving acceptability should be investigated.

D. Bisulfite used on Shrimp: The correct application of this chemical and limits of residual sulfur dioxide needs clarification.

### 4.03 Papid Cooling of Catch:

- A. Transportation and Storage of Ice: A realistic appraisal of the cost, supply, availability as those factors effect boats and shore installation is needed.
- B. Stowing and Icing Catch: Methods of immediately and economically putting catch below deck and correctly icing is a paramount problem on trawlers.
- 6. Long Haul Boats: Some way must be devised to rapidly cool the fish when caught.

# 4.04 Hold Insulation:

A. Suitable smooth skin materials to cover sprayed-on insulation are needed.

# 4.05 Mechanical Refrigeration:

A. Mechanical Refrigeration: Feasibility study dealing with several refrigeration options about trawlers is needed.

### 5.0 Shore Handling and Processing:

#### 5.03 Seafood Quality:

A. Testing for Freshness: Cubjective tests often seem unrer liable. Should temperature recorders or other indications of cooling conditions be the criteria? What other dockside tests are available? When should cooking tests be applied? What chemical indices are fully established as applying to North Carolina species?

#### 5.04 Freezing Equipment:

Well prepared statement of equipment and building construction options.

### 5.05 Thawing:

Thawing: Alternate approaches most useful in terms of North

### 9.0 FUTURE RESEARCH

### 5.05 Thawing

Carolina packaging methods.

## 5.06 Glazes:

Glazes: Various combinations for single stap application of highly protective edible coatings.

# 7.0 Processing:

### 7.01 Products to be Produced:

- A. Easy Separation: Additional work on methods of easily separating tightly packed seafoods as possible replacement of costly IOF methods.
- B. Cost Analysis: Alternate packing methods assessed in terms of costs, stability of product and consumer acceptability.
- C. Blocks: What can be done to increase acceptance of frozen whole fish, put up in blocks, as method of delivering "Fresh-caught" flavor to seefood markets.
- D. institutional Requirements: Define specific needs of restaurants, hospitals, schools, prisons, military and measures to be taken to enter this market.

### 7.02 Plant Components:

- A. Economic Considerations: More basic cost, depreciation, annual overhead, maintenance and other data needed to accurately predict profitability of operation.
- B. Construction Materials: Suitability costs of alternate materials including such problems as how well plaster coatings work when applied to urethane insulation. Low cost methods achieving sanitary surfaces are needed.
- Time Studies: More specific information concerning labor needs and economics of replacing manpower with mechanization is required before greater processing efficiency can be attained.
- 0. Poliution: Realistic cost assessments of control measures to comply with regulations.

### 8.0 Marketing:

A. Emphasizing North Carolina Seafoods: What support does

## 9.0 FUTURE RESEARCH

# 8.0 Marketing

the industry need to market its coastal catch?

- B. Frozen North Carolina Seafoods: Steps to be taken to develop and promote frozen products which are in fact equal to fresh.
- C. Price Differentials: What must be done to justify price differences between local and imported products, and to convince consumers of the value of quality and dependability.

### .... ANNOUNCING ....

## INDUSTRY WORKSHOP HEETING

Tues., July 29 & Weds., July 30, 1975

### SEAFOOD PROCESSING AND MARKETING IN NORTH CAROLINA

Chairman - Dr. Neil B. Webb

You are invited to participate in an important WORKSHOP, July 29, Auditorium, Carteret Technical Institute, Morehead City, N. C.

You are invited because you are a processor, or considering going into processing, or supplying goods, equipment and services to processors, or interested in buying, distributing and selling processed seafoods. This meeting provides an opportunity to exchange ideas all day Tuesday and the following day if you come the the Seafood Laboratory Open House.

### TUESDAY

9:00	to	9:30	AM	REGISTRATION (No Fee)	Auditorium
9:30	to	10:00	AM	PROCESSING	Neil Webb
10:00	to	15:30	AM	"PINPOINTING PROBLEMS"	Ted Miller
10:30	t o	10:45	AM	Coifee Break	
10:45	to	11:15	ДМ	"TROUT STORAGE HAS PROBLEMS"	Ted Miller
11:15	to	11:45	ДМ	PETGURING IF FINEISH PROCESSING PAYS!	dim Easley, Jr.
12:00	to	1:30	ΡМ	Lunch - Pick Your Own Restaurant	
1:30	to	1:45	PM	"MAKING BEST USE OF THE RESOURCE"	Ed McCay
1:45	to	2:15	PM	"KEEP IT COLD"	Roger Collins, III
2:15	to	2:45	PM	"PACKAGING CAN BE SIMPLE"	Bob Heldenreich
2:45	ţo	3:15	PM	"GETTING THE PRODUCT TO THE CON- SUMER"	Melton Evans
3:15	ta	3:30	FM	Coffee Brusk	
3:30	to	4:00	PM	"THE PRODUCT MUST FIT THE MARKET"	Frank Thomas
h:00	to	4:45	MG	iDEA EXCHANGE (Panel - Roy Martin, Alvah Ward, Skipper Crow, and Jim Easley)	Frank Thomas
4:45	to	5:00	PM	WRAP-UP	Meil Webb

NEIL B. WESB Associate Professor Department of Food Science N. C. State University Raleigh, N. C. 27607

B.S. - Animal Science, West Virginia University; M.S. - Meat Science, University of Illinois; PhD - Meat Science, University of Missouri. Fields of research interest include biochemistry and texture of protein foods, comminuted meat and seafood products, microbiological problems associated with plant and product sanitation. In charge of the Applied Research program of the Seafood Laboratory group.

### GETTING THE MOST OUT OF PROCESSING

The program to be presented today is the culmination of a research project on fish processing recommended by the Commercial Fisheries Committee of the N. C. Marine Science Council approximately four years ago. The objectives of this research project were to evaluate methods, define problems, and develop improved techniques for the handling, processing and marketing of finfish. This research has been jointly sponsored by the Coastal Plains Center for Marine Development Services. Coastal Plains Regional Commission, National Fisheries Institute, U.N.C. Sea Grant Program, N. C. Agricultural Experiment Station, and North Carolina Agricultural Extension Service.

Within a broad scope, marketing is defined as a function of every step from harvesting through consumption. Probably the most important factor in marketing activities is the delivery of a consistent product to the consumer. Unless systems are developed and monitored which will give fishery products which are of consistently high quality we cannot develop and maintain strong markets. Even with inconsistent supplies, a consistent quality will build a strong reputation in the marketplace.

in the handling and processing of figurery products the problems are numerous, the solutions few, e.g. when adequate technological and operational solutions are developed, economics may prohibit implementation. Since

### 

to: Thomas and the form mean marker will be recovered active thes commenting as a my unilliburies o mes polonomicasion asacies work designed to sacception the file objectives united leaves toyered by observing as splived by futbout and a north of continuely, with the earth angled to a concentrate with the Front of Pariffic Pariffiches of the George product quality, development of contacts with a poster a media red to began a one processing and packs ging of the felt, and the application of machaut for judging overlier was the faction of the fisher fee product that the processing and distribut give fore positions are shown on rages 27 and 88 of the conference car you . The experimental newsports shown on page 5% of the conference resold, writing second that both long against eachilled grey trout were used our substraction by the defound to the pilot laboratory at Morehead City where they were packered in round tested and gutted, and filleted forms. insce samples were evaluated and them divided into various storage tests reglading reed, saltelend of 20°F, and frozen. Evaluations were conduring moth by Taboratory and componer panels. Additional imputs into the not jobs included economic analyses, plant surveys and a survey of pristogrant unilization of fish.

The contamenda has been planned to include the results of this research is very importantly, to supplement the results of the square with income from individuals who have worked with various segments if the locative which were not included in the study.

TSD M. MILLSK
Food Science Extension Specialist (Scaroods)
Department of Food Science
N. C. State University
Seafood Laboratory
Morehead City, N. C. 28557

8.5. - Chemistry (Chemical Engineering), Johns Hopkins University. Sesearch and quality control in the menhaden industry for 23 years. Vice-President in Charge of Research, Wallace Menhaden Products, Inc., of New Orleans. Concurrently, served as Director, Marine Chemurgics. Inc., Douan, N. C., a consulting firm dealing with fishery technology. Has occupied present position for 3 years.

### PIMPOINTING PROBLEMS

This publication has been distributed to processors in order to provide background for the workshop. "Processing" is defined in terms of how it applies to North Carolina fisheries. Seafood landings are through 76 points, located in 17 coastal counties— finere are 595 seafood handlers while those companies engaged in some form of processing total 170 landing finfish and 75 conducting operations concerned with shrimp. In most instance, the operations classifying them as "processors" are of limited scope.

As walls for undertaking or expanding processing the report lists the sconomically two important finish and shallfish in terms of eatch histories, peak months and regional landings. It notes the extensive sports fish landings as offering opportunities for custom dressing, packaging and freezing.

Prime fresh seafoods are a <u>must</u> for processing. Seafoods require rapid cooling immediately after landing, and sanitary measures followed consistently. Each precautions as holding at low temperatures, rapid and careful handling must prevail when landed and upon shipment to the consumer.

Freezing must be sufficiently rapid, requiring adequate capacity, suit-

able rooms and equipment. Products must be protected from oxidation and moisture loss: Glazes and sulfable packaging methods are employed as part of the protective system.

The report describes various methods of packaging in relation to the processing facilities and components described in Section 7.0 Technological considerations involved in marketing include quality, supply, inspection, and most important, a realistic assessment of frozen vs. unfrozen seafoods in terms of consumer acceptance.

### TROUT STORAGE HAS PROBLEMS

The research reported in Section 6.0 (beginning on page 47) of this publication, deals with grey trout, selected as a commercially important species suitable for demonstrating how handling conditions at sea can influence unfrozen and frozen storage characteristics. The previously known difficulties encountered in preserving the fresh caught flavor of trout provided an experimental basis for testing how conventional icing vs. superchilling affected shelf-life as evaluated on basis of organoleptic ratings of a laboratory tasks panel and by a group of consumers.

This work indicated that handling conditions at sea exerted appreciable influence upon storage life of trout held in its while holding in superchilled (28°F) extended storage life by several days. There were indicated that 90 days frozen storage was more successful when initiated with repidly chilled and correctly ited raw material. Freezing in the round vs. fillets vs. headed and gutted indicated that these forms did not show appreciably different storage characteristics. The consumer panel found frozen vs. fresh fillets to be equally acceptable. The belly flaps of trout were found to be the part of the fillets most likely to develop bad flavors and odors while in storage.

J. E. EASLEY, JR. Extension Economist, Seafoods Economics Department N. C. State University Raleigh, North Carolina 27607

B.A. - Economics, N.C.S.U.; M.A. - Economics, Southern Methodist University; PhD - Economics, N.C.S.U. Taught economics at Campbell College 1968-1969 through 1970-1971 academic years. Current position since September 1973. Interested in economics of processing, management tools and/or applications for commercial fishermen.

# FIGURING IF FINEISH PROCESSING PAYS

One of the objectives of this research project has been the more precise identification of certain ratios (e.g. labor productivities in processing) that are necessary for an economic feasibility study. This topic treats the use of some of these ratios within the context of how one might determine the economic feasibility of processing. The emphasis is on the methodology involved in a feasibility study as a financial management tool rather than the results per se. Special treatment is given to how labor productivities and percent yields in processing finfish (filleting and heading and gutting) affect costs and returns. Some treatment is also given the effects of varying season length (days of plant operation) and input raw material prices on net revenue. Tentative figures are used for illustrative purposes.

EDWARD G. McCOY Director, Division of Marine Fisheries Morehead City, N. C. 28657

M.S. - Marine Biology, N.C.S.U. Shrimp was one of his main areas of study. Formarly Chief, R.S.D. Section, N. C. Division of Commercial and Sports Fisheries and now Director, Division of Marine Fisheries, N.E.R.

# MAKING BEST USE OF THE RESOURCE

Species appearing on pages 7 through 28 of the report discussed in terms of catch trends, which ones are most promising as source of supply for processing, also seasonal aspects of catching each species. In discussing 200 mile extended jurisdiction, states that this should help develop a squid fishery. It also is a potentially important resource for N. C. The R/V Dan Moore trawling in 80 to 100 fathoms reported catching 250 lbs/hr plus an abundance of other species such as butterfish (2 to 10 times weight of squid per hour). This was in spite of the fact that the grounds had been heavily fished by foreign vessels. Suggested that potential of many species rests in deboning operations (mechanical deboning). Scrap fish offers potential of 10-20 million lbs/hr for deboning. The biologist is not able to accurately predict availability of fish from one year to another because there is insufficient information on stocks and catch per unit effort.

Question: What is the potential market for squid?

Answer: There's a tremendous market for squid in 10 lb. frozen quantitles overseas, particularly to Italians and other western European countries.

Question: Has it been definitely proven that foreign fisheries are responsible for the decline in the river hearing fishery?

(Alewifo)

Answer: Yes. On the basis that adding U.S. cetch to what is reported in foreign landings the total equals what was caught in pre-

vious years (domestically).

Question: Since landings of alewife in 1938 were 5 million pounds,

doesn't this indicate that the species is cyclic?

Answer: This particular instance was not explained, however levels

since 1938 were rather constant.

ROGER M. COLLINS, III (Accompanied by Mr. R. C. Holland, V.P.) Secretary/Treasurer Coastal Refrigeration Co., Inc. Greenville, N. C.

This company was requested to supply a speaker because of their extensive involvement in supplying refrigerated equipment to the Coastal North Carolina seafood handlers and processors. This service has been rendered since 1946, presently representing seven different equipment manufacturers and specializing in pre-fab freezer units, ice manufacturing machines, ice rooms, biast freezers, cold storage rooms, and storage freezers.

### KEEP IT COLD

Reirigeration equipment and ice equipment should be designed and matched to a specific need, looking to future expansion possibilities.

- What is a ten of refrigeration?
  - A. 144 STU's required to change one pound of ice at 32°F to one pound of water at 32°F
- 11. How do we figure a refrigoration product load?

Formula -  $Q = W/c(t_1 - t_2) + h_p + c(t_2 - t_3) /$ 

Q = heat to be removed, 610

W = weight of product, pounds

c = specific heat above freezing (BTU to raise or lower | pd.1°F above freezing)

t, - tg = difference between entering and product freezing temper-

 $h_{z}$  = latent heat of fusion, BTU's to change product to solid

c, = specific heat below freezing

 $t_2^4 - t_3^4 =$  freezing temperature of product minus desired room temperature

2000 # shrimp to 0°F entering at 50°F, Freeze at 28°F

Q = 2000 / .86(50-28) + 119 + .45(28-0)/

0 = 2000 / .86 (22) + 119 + .45 (28) / ...

Q = 2000 / 150.52/

Q - 301,040 STU

Pages 91 through 94 etc.

- III. Factors affecting freezing time
  - A. Size and shape of package
  - 8. Refrigeration unit capacity
  - 5. Temperature of the cooling medium Rate of heat exchange through evaporator

As to freezers, it is essential to maintain 500-100 cu.ft. per minute of air moving through evaporators and around product. Normal heat removal will give approximately 1/4" penetration per hour; the thinner or smaller size packages provide better penetration.

Warned against storing fish and ice in same room. Concerning rooms for superchilling at below 32°F, described the need for an electric defrost system, while above 32°F, an air defrost system is adequate. Never use direct blower evaporators in storage rooms for ice or seafood when the room temperature is to be above 32°F. These blowers tend to melt ice more quickly and remove moisture from unpackaged seafood products.

Discussed boat refrigeration possibilities, mostly in terms of the air cooling system described on page 38 of the report. In relation with insulated holds, which are rapidly gaining popularity because of ice saving ability, refrigeration systems are being investigated which could keep hold temperatures to approximately 35°F. Hold temperature varies with host characteristics. Without refrigeration these holds are seldom below 45° to 50°F. A small refrigeration unit with gravity evaporators could reduce ice requirements as much as 50% per trip.

ROBERT G. HEIDENPEICH Vice President Packaging Products Corporation 236 Weymouth Street Rockland, Mass. 02370

B.S. - Business Administration, Lehigh University. Also, graduate study in Taw.

Member U.S. Army Reserve, Major

Business experience includes market development with Ludlow Papers and Monsanto, Line Sales with Ekco Products, Inc. Joined Packaging Products Corporation as a principal in 1969.

### PACKAGING CAN BE SIMPLE

This company is the largest distributor of diversified packaging materials, catering to the seafood industry along the east coast. No other state has been as active in promoting seafood industry through the academic community as North Carolina. Referring to page 80 concerning superchill packs, one approach used in Canada is to use plastic containers and chill before the product goes into them. A second method is to put the fillets into the freezer in the afternoon. Then take out the next day before completely frozen, sending them this way to the market. Since product will show no signs of freezing by the time it reaches the market, this provides a very attractive glistened look to the product. Some superchilled products are shipped out of Boston in insulated containers packed in dry ice.

IQF is used in this area more than in New England and requires an additional amount of labor and glazing after freezing. The irregular shapes constitute a packaging problem. One approach is to put in clear or white poly bags.

Bulk Packs - These are put out in 25# and 50# boxes lined with poly bags. As used in North Carolina industry are normally 1 1/4 to 1 1/2 mil. Those present agreed that it should be increased to 2 mils. Demonstrated method of folding top of poly bags, but a sealing method could also be

employed, using portable heat elements.

Uni Pack - Referred to cello pack employed in wrapping crabs individually or, individual fillets (showed 5# mackerel package). The use of Saran film is difficult as it becomes brittle when in frozen condition. On the other hand, polyethylene remains flexible.

Layer Pack - Used instead of IQF. Needs to be frozen as quickly as possible - mostly in 5% and 10% units. So far, polyethylene and cello appear best. Showed method of separation by dropping package.

Block Packs - Least desirable because this is rostly used on skinless products. However, later discussion indicated that the method of using blocks as suggested in the report is worthy of consideration.

Overwraphing Cartons - Described the use of stretch film employing a machine similar to one used in the supermarkets. Shrink films applied in a more sophisticated way employing polyethylene, a sealer and a shrink tunnel.

Preservative Dips - May be usefully employed prior to packaging.

Labeling - One of the most neglected areas of completing packaging. Suggested pressure sensitive labels or non-stick labels with clear over-wrap. Covered minimum local requirements for product identification.

MELTON EVANS President Evans Seafood Co. Washington, N. C.

Mr. Evans is a wholesale distributor of iced and some frozen N. C. seafoods with 30 years experience. He furnishes seafood to northern metropolitan areas and believes that he can be helpful in supplying processing companies with year-round supplies of raw material.

# GETTING THE PRODUCT TO THE CONSUMER

Explained that he is a distributor (wholesaler) of fresh seafoods distributing from eastern North Carolina into New Jersey and points north. Basically, he buys during periods of plentiful supply and distributes to areas with inadequate supplies. He buys almost exclusively from the primary sources, i.e. the seafood dealers or handlers. At this time of year be handles a lot of N. C. seafoods, delivering to New Jersey and Philadelphia such species as croaker and trout. In summer and spring he distributes seafoods from Cape Charles, Virginia - this year largely involving large grey troat and supplying these to processors. His facility at Washington is completely modern and operated under stringent sanitary conditions. His greatest problem is obtaining top quality seafoods from fishermen. Poor quality at dock results in delivery of something unacceptable on the consumer's table. He unged handlers to put seafoods in clean boxes and again emphasized that the fisherman is the starting point of good seafood. Another problem area mentioned is that seafood retailers do not always keep sufficient ice on display seafoods. The seafood handlers also do not always put enough ice on seafoods, especially on the bottoms of the cartons. A good clean package will help sell seafoods. Good quality seafond has made his company a success.

Question: How do you check the quality of fish?

Answer: Based on his long experience can tell by looking at the fish.

However, many people have trouble determining freshness.

Question: What species are important for year-round supply?

Answer: Flounders, crocker, trout. Crocker sells well in eastern N. C. Flounder is the main seller everywhere because it is easily filleted. Most housewives insist upon filleted fish. Large trout sold well this year because it makes a good fillet and is being used in hospitals, etc. This species can be dressed in a way to be completely boneless.

Question: Can you sell filleted bluefish?

Answer: Not well in this area. However, sells in the northern markets and this includes the large sizes. Best in Philadelphia and Boston.

Question: Pow about butterfish?

Answer: Hasn't handled any during the past 2 years. Did catch some around Cape Charles. But there aren't many along the eastern coast.

Question: How about an incentive system for encouraging fishermen to take better care of the catch?

Answer: No. The handlers are the ones who should accept the responsibility since they generally supply the fishermen with ice.

FRANK B. THOMAS Extension Professor (Seafoods) Department of Food Science North Carolina State University Raleigh, North Carolina 27607

8.S. - University of Delaware; M.S. - Penn State; PhD - Penn State; Post-doctoral studies - M.I.T.; Sabbatical - University of Hawaii Joined N. C. Agricultural Extension Service in 1958. Helped Initiace extension to reafood industry in 1958. Helped establish research program in seafoods in 1964. Since 1970 has been involved In Sea Grant Advisory Services - Seafood Laboratory, morehead City to better serve the coast. Member - Commercial and Sports Fisheries Advisory Committee to Mar-

rine fisheries Commission.

## THE PRODUCT MUST FIT THE MARKET

Marketing is a sequence of events from ocean to table. Two interesting possibilities include the juvenile feeding market and the geriatric market. The problem with the baby food market is the reluctance of the mothers to accept this particular food. The geriatric market is very promising because of the autritional implications of seafoods. As far as the school market is concerned, one problem is to change the attitudes of the young people towards fish and other seafoods.

One out of three people is on a diet and this provides a good basis for using fish every day instead of only on Friday. Sig chain stores offer excellent markets but the product must be presented in attractive forms. There are certainly dollars to be made in seafoods. The seafood section of the supermarket is often neglected from the standpoint of the appearance of the merchandise and its variety.

Eleven pounds per year per capita consumtion was reported in 1968. This has not gone up as much as one would normally expect presently being at a level of 12 pounds per year. The necessity of attractive seafood displays has been mentioned - also might provide menu and recipe suggestions to greater extents, specific to N. C. Such dishes must not only meet

gourmet tastes but have an appeal to everyday diets. There are so many ways to prepare fish with so little being used! Some of the product problems mentioned include coating defects, incomplete cleaning, voids in packaged fish, oxidative rancidity. This is the time for originality in marketing. The small processor definitely has a place in gaining new markets.

ROY MARTIN
Director, Science and Technology
National Fisheries Institute, Inc.
Washington, N. C.

B.S. - Chemistry, Valparaiso University, Northwestern University Seventeen years with Swift and Co., Chicago. Pioneered edible soy proteins. Joined National Fisheries Institute, Inc. three and onehalf years ago. This organization represents 600 processors, fishermen, brokers, wholesalers and dealers.

### COMMENTS DURING PANEL DISCUSSION

The biggest problem in the U.S. seafood industry is quality. The interior of the country is a tremendous untapped market. Each person in the U.S. consumes only 12 pounds of seafood per year vs. 200 pounds of red meat. The 200 mile limit will provide an "economic zone" for fisheries. The U.S. is going to need an alternate source of protein other than red meat and this demand will depend to some extent upon economic conditions. We must speak out on the need for better instruction of fishermen as to what is needed, stressing that quality begins on the water. While N.C. does not have a large basic processing industry, it has a great potential for one. One way to accomplish this is to re-evaluate nomenclature. There's a need for changing the names of certain fish such as croaker to something like "ocean whitefish". Processing requires technology and there is need for competent people in such organizations.

ALVAH WARD N. C. Dept. N.E.R. Raleigh, N. C.

B.S. - Commerce, Citadel; M.B.A. - UNC School of Business Native of Dare County, owned and managed ice and Coal Storage freezing operation in Manteo. Joined State government in 1969 -Seafood industry Consultant, Division of Commerce and Industry. Coordinated and directed seafood marketing program organized in 1972 and now serves as advisor to this program.

### COMMENTS DURING PANEL DISCUSSION

The U.S. carch at dockside in 1973 was valued at \$907 million but may have had a cumulative impact on the U.S. economy of \$6.7 billion. If foreign imports were replaced by domestic production there would be another \$3 billion increase. Morth Carolina has made a modest effort to assist in development of marketing systems since 1972. The program has been gaining momentum in its effect on various areas of consumer protection developing new marketing systems. National Marine Fisheries Service has a marketing program with nation-wide implications while Sea Grant has a number of projects concerning various aspects of marketing. Coastal Plains Regional Commission has provided support for such programs including the one under discussion today. All of this indicates the need for coordination in working out programs which will be aimed at the most needed areas of effort.

GENE L. (SKIPPER) CROW, JR. Research Technician II N. C. State University Seafood Laboratory Morehead City, N. C. 28557

Experience includes 4 years as commercial fisherman and also served as first mate on sport fishing boat. Spent 2 years with Engineering Advisory Services, School of Engineering, N. C. State University working with gear technology, harvesting underutilized species, twin trawl, live blue crab handling, wild eel harvesting and eel aquaculture.

### COMMENTS DURING PANEL DISCUSSION

In gathering information presented in Section 7.0 (Processing Facilities) visited 37 processing, handling, and distributing facilities. During these visits it became apparent that quite a few were planning to expand present facilities to include some form of processing. Many details provided in Section 7.0 are based on these field observations.

Currently in N. C. and northern S. C. there are 60 trawlers with insulated holds. This indicates that the fishermen is becoming interested in arriving at the dock with top quality seafoods.