

Pulsense PS-100B (S/M)



Get fitter with every beat using this next generation heart rate and activity monitor to track your pulse and activity, and set achievable goals that fit around your lifestyle. You can also use the sleep phase alarm to get you out of bed at the optimal time, so you can start your day the right way.

Start making moves that make a difference

The PS-100 measures heart rate and activity 24 hours a day, tracking your steps, distance, calories, sleep quality and heart rate across five zones. It will automatically set targets based on the goals you want to achieve, helping you plan weight loss and fitness. These will help you exercise more effectively, while tracking how everyday activities count over its 36-hour battery life.

Heart rate sensing technology

While there are a number of products available that measure heart rate and numerous devices that display a user's activity, Epson has successfully created a device that can accurately monitor both. Pulsense combines data from a unique optical sensor and accelerometer to fill the void, utilising Epson's heart-sensing technology to deliver a high level of accuracy.

Connect and track your progress

Bluetooth Smart connectivity and the free smartphone app¹ make it easy to input calories and track your weight. The simple dials make interpreting and tracking your progress over a day, week or month very straight forward. A weekly summary report email helps keep you motivated and focused. LED indicator lights make it simple to see which heart rate zone you are in and will also vibrate to notify you of incoming call, email and calendar notifications. Water resistant to 3bars, it has an impressive 480 hours of internal storage.

DATASHEET



KEY FEATURES

- **In touch with your body**
24-hour heart rate and activity monitoring
- **Track your progress**
Use the free smartphone app or track your progress online
- **Compact and water resistant design**
Water resistant up to 3atm and comfortable to wear
- **LED indicator lights and vibrate alarm**
Check your heart rate zone at a glance
- **Sleep phase wake-up alarm**
Start your day the right way



PRODUCT SPECIFICATIONS

FUNCTIONS	
Target setting	Steps, Weight, Time in fat burning zone, Calories burned per day
Automatic tracking	Heart rate zone training, Heart rate activity tracking, Heart rate based calories burned tracking, Sleep Quality tracking, Sleep AutoDetect, Sleep phase wake up alarm, Steps and distance tracking
Manual tracking	Calorie intake tracking, Weight tracking, Body Fat % tracking
Notifications	Weekly Summary Emails, E-mail, Incoming Call, Schedule Alerts

MEASUREMENTS	
Steps	Yes
Distance	Yes
Calories Burned	Active, Inactive
Mind	Elevated, Relaxed
Exercise	Above fat burning zone, Fat burning zone, Below fat burning zone
Sleep	Still, Restless
Instant Heart Rate	Below fat burning zone, Fat burning zone - Low, Fat burning zone - Mid, Fat burning zone - High, Aerobic, Anaerobic, Maximum

GENERAL	
Wrist Size	135-160 mm
Battery life (heart rate on)	36 hrs
History capacity	480 hr
Multi axis accelerometer	Yes
Supported smart devices	For the latest compatibility please go to https://www.epson.co.uk/pulsense
Width	max. 22 mm
Thickness	max. 12.5 mm
Weight	30 g
Battery type	Lithium Polymer 40mAh
Water resistant	30m
User interface	Tap
Vibrate	Yes
Connection to Smart phone	Bluetooth 4.0
Heart Rate Monitor	Optical
5 LED HR Zone indicator	Yes
Pulsense View web app	Yes
Supported web browser	Safari, Chrome, Firefox, Internet Explorer 9 or later

OTHER	
Warranty	12 months Carry in

LOGISTICS INFORMATION

SKU	E11E207A13
EAN code	8715946539874
Dimensions Single Carton	80 x 40 x 179 mm
Carton Weight	0.12 Kg
Multiple Order Quantity	20 Units
Country of Origin	China
Pallet Size Euro	1,620 Units (180 x 9)
Pallet Size Block	2,160 Units (240 x 9)

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WHAT'S IN THE BOX

- Cradle
- Information sheet
- Main unit
- Quick Start Guide

For more information please contact:

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+ Local call rate.

Web: www.epson.co.uk
www.epson.ie

1. For latest compatibility, visit www.epson.eu/pulsense

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