Wrestler Barcelona bound

THE

GLOBE

Camp Lejeune, N.C.

3, 1992

IS WEEK

inteers are needed for vy-Marine Corps Relief y. Volunteers will learn pay and allowances, v benefits, financial gement and policies.

unteers can increase edge, brush up on office learn new office skills, o help others and meet eople. The Navy-Marine Relief Society needs onists, clerical workers, elors and computer ors. Child care costs and owable gas mileage will id. No experience is For more sary. lation, call 451-5584/ 5644

es this week ...

y 24, 1944, Artillery, air naval bombardment n Tinian for the 4th iv landing.

y 24, 1972, The 4th e Expeditionary Brigade

y 25, 1777, Congress orizes a \$4 weekly istence for Marine

y 25, The XXV Olympic ner games begin in elona, Spain and iue through August 9. y 26, 1788, New York nes the 11th state to the U.S. Constitution.

y 26, 1983, The 6th e Expeditionary Brigade vated

y 27, 1789, The first ential cabinet department ablished and called the rtment of Foreign Affairs. iter becomes the rtment of State.

y 27, 1866, The first water telegraph cable en the United States ingland is completed.

y 27, 1898, Marines the USS Dixie raise the merican flag over Puerto

y 28, 1918, BGen John oune assumes command 2d U.S. Army Division in

y 30, 1861, The Office Assistant Secretary of avy is established.

ly 30, 1918, The 1st e Aviation Force arrives

INSIDE

ndar/2A sbriefs/2A lain's Corner/8A ts/1-2, 6, 9, 11B ers/13B

Circulation 28,500

Division leaders focus on learning

Story and photos by Sgt E.H. Hughes

MARINE CORPS COMBAT DEVELOPMENT COMMAND, Quantico, Va. — BGen Paul K. Van Riper, 2d Marine Division commanding general, members of his staff and several battalion commanders met here July 13-15 to take advantage of

educational opportunities at a Marine Corps school, a Civil War battlefield and a military services competition. After a six-

hour bus ride, the 31-member entourage attended a change of command at the Marine Corps University. The ceremony had special meaning for the division visitors because incoming president BGen Peter Pace was BGen Van Riper's former chief of

BGen Pace took command of the learning institution from BGen James R. Davis at Breckenridge Auditorium here in front of a crowd of family, friends and faculty. Featured at the ceremony were a Marine color guard and and band detachment, and remarks by LtGen Walter E. Boomer,

"We provide a forum for the genesis of new concepts," LtGen Boomer said. "We personify the management of training and education. The Marine who passes through our school is able to execute sound military judg-

LtGen Boomer, who commanded I MEF forces in Southwest Asia. spoke on change

and innovation, and how crucial they are to the forward movement of the Marine Corps. Without them, the Corps will

wither, even though we've been in existence more than 200 years," he said. Turning to the two commanders seated onstage, he added, "But that's not going to hap-

BGen Riper was ac-knowledged by the outgoing com-mander, BGen LtCol Joe F. Weber, CO, 3rd Bn, mander, BGen 10th Mar, examines a Napoleon Davis. The divi-LtCol Joe F. Weber, CO, 3rd Bn, sion commander

was the first president of the university, and had been instrumental in getting the program "headed in the right direction," BGen Davis said. The next day the Lejeune-based

entourage got an early start touring the fields of Chancellorsville, where in 1863 rebel Gen Robert E. Lee defeated a larger Union force under



Bob Krick, Military National Park chief historian, describes part of the action of the battle of Chancellorsville to BGen Paul K. Van Riper, 2d MarDiv CG, and members of his staff.

under Joseph Hooker. Despite their victory, the Confederates lost their leader, Gen Thomas J. "Stonewall"

The group was met by Mike Miller, a Marine Corps historian who spe-cializes in the Civil War. He took them through several key areas of the battlefield.

During the noon break, the Marine commanders stopped at a small house where Jackson's amputated

the battlefield was saved for poster-ity through the initiative of Marine legend MajGen Smedley D. Butler.

On Friday, the group visited the facilities of Weapons Training Bn. They toured the armory, where weapons are custom-made and modified for use by competition shooters, Marine snipers and Marine Expeditionary Unit (Special Operations Capable) personnel.

They also exchanged information with the Marines at the facility to

improve the quality of marksmanship in the Corps, as well as with staff members at the The Basic School for Marine officers.

"I wanted to let commanders and key staff come to Quantico to see how they build our weapons and sniper rifles, and meet some of the brains involved with the program," BGen Van Riper said.

See next week's Globe for an indepth look at the visit to the battle-

Lejeune's senior enlisted offer perspective on core values

Cpl. David J. Ferrier

Recently, more than 100 years of Marine Corps experience got together to discuss core values, a new term which seems to have sprung up overnight after the Tailhook scandal.

Sergeants Major Lawrence Cromwell, Marine Corps Base; Dou-

glas Berry, 2d Force Service Support Group; Ronnie Chamberlain, 2d Marine Division; and James Moore, 2d Surveillance, Reconnaissance and Intelligence Group, echoed the message from Commandant of the Marine Corps Gen Carl E. Mundy Jr. in his White Letter 10-92.

The letter directs Marines to focus

their priorities on "reaffirming and achieving expected standards of ethics, behavior and respect for each other and those around us."

What do these words mean to the ir "war horses" listed above who lead the four commands at Camp

Lejeune?

Moore summed up the comments

made by the other three regarding the meaning of the term "core values."

"I think they are the values the Marine Corps traditionally holds. The values that are above and beyond what is expected and given by civilians and our sister services. The Marine Corps holds itself to a higher standard when it comes to conduct and performance and that's what makes us Marines.'

The senior enlisted Marines said they think the Marines they command understand them?

"I firmly believe that it goes back to the certificate of appointment which says 'Know ye that reposing special trust and confidence in the fidelity and abilities of ...,'" said Berry. "All Marines are basically good at heart."

"Every Marine knows what kind of conduct is expected of them," said Moore. "Unfortunately we have not reinforced it to the extent that we should have. It dresn't matter if they

See CORE/14A

Superman syndrome, driving are deadly mix

Cpl. David J. Ferrier

One look at the green and white sign with the flashing traffic signal and the words "Deaths last year - 13, Deaths this year -- 19," clearly indicate Marines are not invincible. Yet that belief, that being young means being able to take risks and not suffer the consequences, seems to inhabit the majority of people in the service.

But that assumption is unfair and incorrect, according to CDR Manuel Rafanan, head of the Mental Health Department at the Naval Hospital

here.
"There is no distinction or stereotypical group of people who believe they are invincible. It is just human nature," he said.

Insurance companies in North Carolina seem to be giving young people the benefit of the doubt regarding insurance rates. Premiums are no longer increased if a driver is

ever, a surcharge is added if a driver has less than three years driving ex-perience, which could apply to young and old drivers alike.

It doesn't matter whether some

one is young or old, Marine or civilian, male or female; some people are simply carefree, Rafanan said.

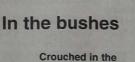
He added that this carefree attitude exists in all human beings, some just have more control over it than

"Everyone has the instinct of selfpreservation and not everyone wants to be Superman," Rafanan said.

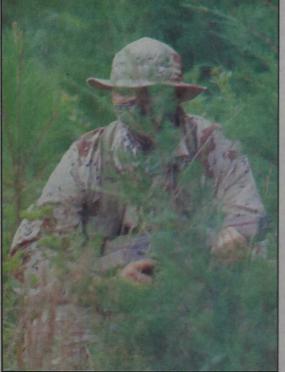
"But sometimes we experience unguarded moments that create energy and good feelings. If those feelings exceed our limitations then the experience can get out of control." Those unguarded moments can

occur anytime, but usually happen at

See SUPERMAN/14A



bushes, a corpsman from 1st Bn, 6th Mar, waits for a sign from the patrol leader to continue on. The battalion conducted an airfield seizure as part of its training with the 22d MEU. See related story on page 3A.



Cpl. David J. Ferrier

This week's question:

If your commander allowed life, what would you do?



"I wouldn't have bunk beds and I would put posters on the wall." Cpl Erick Wilson, Btry K, 3d Bn, 12th Mar, 2d MarDiv



"I would redecorate the room by changing around the furniture and buying a nice lounge chair. Brad Hudson, HQSVC Bn,



"I would change the way the room is setup. I feel Marines should have the basic comforts of home." LCpl Donald Stackhouse, Btry F, 2d Bn, 10th Mar, 2d MarDiv



"The first thing I would do is run out and buy a refrigerator. So on the weekends, I could sit, drink beer and watch TV without worrying about getting in trouble out in town. PFC Christopher Ulrey, Btry F, 2d Bn, 10th Mar, 2d



would invite a woman over. Being in a grunt unit, you need a release. It would definately raise my morale. LCpl Jeff Wilson, CoF, 2d Bn, 4th Mar, 2nd MarDiv



"I would lighten things up by decorating with plants, throwrugs." LCpi Rebecca Cone, Reserve Support Unit, MCB

-Briefs

This year, arrangements have been made to entertain a different group on each day of the exposition while the show remains open to everyone.

Highlights on the schedule of events include the Enlisted Awards Luncheon August 25 at noon, the Marine Corps Report to Industry August 26 at 9 a.m., and the reception and grand banquet August 26 at 6 p.m. For more information, call Jim Bracken, Capitol Convention and Exposition Company, 12658-B Lake Ridge Drive, Lake Ridge, Va. 22192, or call him at (703)

Spouses surveyed

Civilian spouses at Camp Lejeune have been randomly selected to participate in a short telephone survey. These interviews are being conducted by Caliber Associates at the request of the Marine Corps Family Programs in Arlington, Va.

The interviews focus on family support programs and personal experiences during Operations Desert Shield/Storm. The survey results will be used to improve Marine Corps Family Services. Those receiving calls are encouraged to participate.

Scholarships given

The Marine Military Academy currently has full and partial scholarships available for the upcoming school year, for dependents of active-duty Marine Corps personnel. These scholarships will be awarded to the most qualified applicants, based on financial need and a good academic record.

Interested families should call or write the admissions office as soon as possible. The address is 320 Iwo Jima Boulevard, Harlingen, Texas 78550, or call toll free 1 (800) 677-7407.

The Marine Military Academy accepts boys in grades eight through 12, plus one year of post graduate study. It is the only

private, secondary school in the country based on the customs and traditions of the U.S. Marine Corps.

Free lunches provided

Camp Lejeune Dependents' Schools Food Services will operate a Summer Food Service Program for Children at Tarawa Terrace I Elementary School, Tarawa Terrace II Elementary School and Brewster Middle School through August 5.

Nutritious lunches will be available for children at no charge. Any child, preschool through age 18 is eligible to participate. Tarawa Terrace I and Tarawa Terrace II schools will have meals available to children from 11 a.m.-noon Monday through Friday. Lunches will be served in the cafeteria in Tarawa Terrace

Lejeune Laurels

2d Med Bn

Joint Service Achievement Medal HM2 T.G. Jordan

Navy Achievement Medal HM1 C. Alva HM2 A.M. Taylor HM1 M.D. Smith

Good Conduct Award

HM3 W.M. Martinez HM3 T. Rhodes HM2 K.J. Jerdee HM3 J. Putnam

HM2 J.D. Hall HM2 T.G. Jordan HM3 A.I. Nwosu HM1 T.P. Quinn

Hot shots

For the week of July 14-17

· Rifle -- 242 Capt K.R. Clover, 2d Tank Bn, 2d MarDiv

I and in the gym at Tarawa Terrace II.

The SFSPC at Brewster Middle School will be open 1 10:15 a.m.-12:15 p.m. Summer school students will have havailable from 10:15 a.m.-11:15.

Children not attending summer school are encourage attend between 11:15 a.m.-12:15 p.m. at the Brewster Mi

The SFSPC differs from the National School Lunch Prog in that lunches are fully subsidized. Meals will be availab all children regardless of their ability to pay. The Summer! Program also differs from the National School Lunch Prog in that children must take all components of the meal patter ounces meat/meat alternate, three-quarters cup fruits/vegetal a serving of bread/bread alternate, and one-half pint of mi

For more information, call the Director of the Camp Leje Dependents' School Food Services at 451-2133.

Assessment rescheduled

The Kindergarten Assessment that was scheduled Wedday through August 7 has been canceled. It has been resch uled and will take place after school begins in late Septem For more information call 451-2453.

Community Calendar -

Local events

Civil War group meets

Marine expo scheduled

Washington Hotel in Washington, D.C.

The Civil War Round Table of Eastern North Carolina will present a program relating true Civil War spy episodes at its meeting today at 7:30 p.m. at Bruno's restaurant. The public is invited to attend the dutch treat dinner, which begins at 6 p.m. For more information, call 455-8378.

2d SRIG changes command

LtCol M.E. Bennett will take command of 8th Communica

tions Battalion, 2d Surveillance, Reconnaissance and Intelligence Group from LtCol G.R. Bradley during the change of

command ceremony today at 8 a.m. at Soiffert Field, French

Creek. Bradley will report to the Warfighting Center in Quantico,

Va. Bennett is reporting from the College of Naval Warfare,

The Camp Lejeune Red Cross needs volunteer caseworkers.

Remotely Piloted Vehicle Company is looking for enlisted

For more details, contact SSgt Greg Lumpkin at 451-3024/

Memorial service scheduled

A memorial service is scheduled Friday at 9 a.m. for LCpl Christopher S. Kitchens of Military Police Company, Head-

quarters and Service Battalion, 2d Force Service Support Group,

Kitchens died Monday at Portsmouth Naval Hospital, Virginia. For more information, call Capt. Jose A. Hernandez at

Separation briefs conducted A makeup pre-separation brief for all commands will be held Friday from 8 a.m.-4 p.m. A brief will also be held Monday at

8 a.m. for all 2d Marine Division personnel. Both briefs will be

The briefs, which are mandatory for all separating military

personnel, cover separation benefits, employment information,

veterans benefits, reserve obligations and opportunities, finan-

The 12th annual Modern Day Marine Military Exposition,

sponsored by the Marine Corps League and hosted by the Capital Marines Detachment, will be held August 25-27 at the Sheraton

All training will be provided by the Red Cross Office located in the Family Services Center, building 14.

Volunteers needed

Call 451-2173/2182 for more information

External pilots sought

in the Protestant Chapel, building 16.

held at the Marston Pavilion.

cial management and more.

active duty Marines to fill positions as external pilots

Youth activities offered

The Jacksonville Recreation and Parks Department is offering summer youth classes and camps in karate, drama, modeling, creative expression, ceramics, tennis, baseball, football and

For more information, call 455-2600, ext. 262, weekdays between 8:30 a.m.-5 p.m.

Al-Anon meets

Al-Anon Family Group, a group that helps people affected by a family member's drinking, meets Mondays and Wednesdays at 8 p.m. and Fridays at 10 a.m. at 617 New Bridge Street

Al-Anon meetings are also held Tuesdays at Help Inc. on Highway 258 in Richlands at 8 p.m. and at Swansboro United Methodist Church at 8 p.m.

Alcoholics group meets

The Marine Corps Air Station New River Alcoholics Anonymous Group conducts open meetings on Mondays, Wednesdays and Fridays from 11:45 a.m.-12:45 p.m. at MCAS New River

For more information, call 451-6415/6921.

Overeaters Anonymous

Overeaters Anonymous meets every Saturday at 10 a.m. at Saint Anne's Episcopal Church on Henderson Drive near Jacksonville High School.

The group also meets on Tuesdays at 7:30 p.m. at Brynn Marr Hospital and Mondays at 4:30 p.m. at the Naval Hospital Classroom D. For more information, call 346-4978.

Interpreters sought

The Wilmington Regional Resource Center for the Deaf and Hard of Hearing is looking for anyone who has training interpreting for the deaf. Interpreters are needed as educational interpreters in the Jacksonville area.

For more information, call (919) 251-5702.

Christian Day Camp held

The Camp Lejeune Protestant Chapel will sponsor a Chris Day Camp, August 10-14, from 9-11:30 a.m., at the building chapel. The day camp is for all children, kindergarten thro middle school.

Children can be registered by calling 451-3210.

Learn public speaking

Improve your communication skills. Classes on effect public speaking are given by the Jacksonville Toastmas every Wednesday at 7:30 p.m. in the Naval Hospital's Cla

For more information, call Ron Bower at 451-0755.

Interviews scheduled

An established corporate management school will be int viewing candidates at the Family Service Center, building Wednesday from 8 a.m.-3p.m., August 3 from 8a.m.-12:30p. and August 4 from 12:30p.m.-5:30p.m.

For more information or to make an appointment, call 45

MWR events

Beach concert staged

The Morale, Welfare and Recreation Onslow Beach Entertainment Series, along with 93.3 WDLX, presents The Bill Lyerly Band Friday from 2 p.m.- 5 p.m. The free concert will be on the Enlisted Beach, Come enjoy some classic rock 'n' roll. Call 451-3535 for more information.

Kroeger lecture changed

Otto Kroeger's lecture on the Myers-Briggs Type Indicator scheduled for August 14 from 7-9:30p.m. in Goettge Memorial

Field House has been changed to Marston Pavilion.
There will also be an additional day to take the MBTI test on July 29 from 5:30-8:30 p.m. at Marston Pavilion. The cost of the test is \$5. Admission to the lecture is \$2.

Movies shown

The Camp Johnson Theater and Courthouse Bay Theater invite you to join them for some great entertainment at a price you can't beat anywhere. Adult admission is \$2; \$1 for children 11 and under, children 5 and under get in for free. Call 451-1759 for current showings at both theaters

Currently scheduled at the Camp Johnson Theater are "The Exorcist," Sunday and Wednesday; "Alien 3," Monday; and "City of Joy," Tuesday. Currently scheduled at the Courthouse Bay Theater are "The Exorcist," Friday and Tuesday; "Wild Hearts Can't Be Broken," Saturday; "Alien 3," Monday; "City of Joy," Monday and Thursday; and "History of the World Part

Ender's Game' discussed

Join the stimulating debate and discussion of O.S. Card's

book, "Ender's Game," Tuesday at 11:30a.m. at the Historical Reading Room in the Base Library. Refreshments will be served. Call 451-5724 for more information.

Tour Base Library

The Base Library will hold a workshop/tour for home- are \$65. Parents and school-age children are invited to visit the facility.

Workshop held

The Hadnot Point Auto Hobby Shop will hold a six-day engine rebuilding workshop beginning today at 5 p.m. The class is limited to the first 15 registrants. To register, call 451-1550.

News from information, Tickets and Tours

- · Ozzy Ozbourne performs his "No More Tours" tour with guests Slaughter and the Ugly Kid Joe at Hardee's Walnut Creek Amphitheater, August 4 at 8 p.m. Reserved seating is \$24; limited tickets are available. Call 451-3535 for more informa-
- · Elton John will perform at Hardee's Walnut Creek Amphitheater, August 15 at 8 p.m. Reserved seating is \$28.50.
- Deposits are being accepted for an Atlantic City bus trip to Trump Plaza. The bus leaves October 31 at midnight and will return November 4 at midnight. The cost of the trip is \$170 which includes deluxe motor coach, three nights lodging and

\$15 in coins.

- · A trip to Kings Dominion in Doswell, Va., is planned! August 8. The new water park addition has been a tremendo success. Tickets cost \$34 for adults; \$30 for children ages 3
- · A Hang Gliding Trip is scheduled for August 15. Ticke
- A Myrtle Waves Bus Trip is slated for August 22. Ticke are \$19.
- A trip to Busch Gardens, Va., is scheduled for August 2 Tickets are \$33 for adults; \$29 for children ages 3-6.
- · Join ITT on the fall cruise -- Caribbean-style -- to Bermu October 12-18. The cruise departs from Wilmington at deposits are being accepted now The category II price is \$816 and includes transportation

from Camp Lejeune if more than 10 patrons sign up for the

- A luxurious trip to Cozumel, Mexico departing from Ell Airport to Cozumel is scheduled for November 13-20. Ticke
- · Discount tickets are available for the following location Busch Gardens, Carowinds, Biltmore Estates, Cinema, Disne World, Hershey Park, Jamestown & Yorktown, Kings Domi ion, Myrtle Waves, NC Zoo, Putt Putt, Six Flags, Tryon Palac.

 USS NC Battleship Lightshow, Water Country USA.

 All tickets are discounted for active-duty and retired milester active and retired milester active.

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Marines defend airfield against helo assault

ry and photos by David J. Ferrier

oisonous snakes, blood-sucking squitoes and syrup-thick foliage qued Marines of Headquarters and port Company, 1st Battalion, 6th rines as they prepared to defend rairfield against Company C, 1st 6th Mar's helicopter assault. The invading company's mission to seize control of the airstrip,

ieve documents from the "enand conduct proper prisoner of handling. The defending unit or gressor force" was made up of lligence, operations, communions and scout sniper Marines. he players, which included avia-

assets from Marine Medium He-

licopter Squadron 261, are part of the 22d Marine Expeditionary Unit, which is in its six-month work-up

"This is the first time we've done anything like this with all key players involved at once," said Capt G.P. Wells, assistant operations officer. "We have one of the best opportunities to take theory and put it into practice.

The aggressor force's practice began around noon July 8 as they crammed into High Mobility Multipurpose Wheeled Vehicles for a sweltering two-hour ride to Marine Corps Air Station Cherry Point's Atlantic Field, a seemingly abandoned strip cracked with sporadic tufts of grass.

Clad in desert cammies, the ag-

gressor team wasted no time in setting up defensive positions as well as hammocks draped in protective mosquito netting. Not 5 feet from three Marines' sleeping position one of the corpsmen found and removed a footlong copperhead snake.

Patrolling tactics like "use common sense" and "pass all hand and arm signals" were refreshed before the men were sent out. Toting lifelike rubber AK-47s and rocket launchers, Marines scoured the field for any sign of reconnaissance teams with no success. Tired from the energy-draining heat, they fell into fitful bouts of sleep, interrupted by the incessant buzzing and biting of in-

Morning found the Marines ravenous as well as covered with swelling bug bites. Earlier they had hosed each other down with every type of repellant, but to no avail. Once again patrols were dispatched, this time with greater success. Boot tracks and broken twigs indicated where about six scouts had had "eyes on" the aggressor's position the previous night.

Later that afternoon, one team returned to camp with a report they had heard the recon team moving away from them. More than a dozen Marines were sent out "on-line" to sweep through some of the thickest growth they had seen. Along the way, wild blackberries provided a needed tart treat.

Nearly ready to give up, the patrol began to head back to camp when one Marine literally walked into the recon team's position and "lit them

Returning to the command post, the aggressors broke down their elaborate hammocks and communication antennas in preparation for the as-

Darkness slowly approached before the low droning of helicopters was heard in the distance.

Silhouetted against the moonlit sky, two AH-1T Cobra helicopters flew into view, providing a hovering security for five CH-46 and two CH-53 helicopters laden with the assault force. Landing behind the Marines, the CoC leathernecks stormed out of the helicopters and began their charge

toward the enemy.

Minutes ticked by as the desertclad Marines waited for the attack. Seemingly without warning, wave



A camouflaged Marine creeps through the towering grass as he scouts for intruders

after wave of attacking Marines crashed through the brush spraying the area with blank fire. Wasting no time the assaulting Marines performed the five prisoner of war techniques of search, silence, segregate, speed and safeguard effortlessly.

Disoriented from the attack, the Marines could only watch helplessly as burlap bags and twist ties were placed over their heads and around their wrists. Suddenly the call came for the assault force to pull back to the helos for extraction, leaving the

bound Marines to the bugs. When it was all over, Cpl Ilario Pantano, an assistant team leader for Scout Sniper Platoon, commented on the performance of his fellows.

"I think we all joined the Corps for the same reasons, to have the chance to do all this 'gungy' stuff," said Pantano. "We adapted well to the environment considering none of us had worked together before. Whatever deficiencies we had, our enthusiasm made up for everything.

Cub Scouts plan day camp

being planned for a Cub Scout Day Camp for the White Oak River Districts Cub Scouts. Camp dates are August 3-7

The program will reinforce and educate Cub-aged boys in a multifaceted look at their environment.

The White Oak River District includes the Greater Jacksonville area plus Hubert, Swansboro, Havelock, Sneads Ferry, Richlands, Comfort and Camp Leieune.

Day Camp registration fees are \$25 per youth. This covers cost of insurance, T-shirt, souvenir patch,

drinks and all program materials.

A sack lunch needs to be taken and coolers will be provided. Camp

opens at 9 a.m. August 3 and closes at 3 p.m. August 7. Families are invited to join campers for supper the last day and stay for the closing campfire ceremony that will last until

leaders should be registered Boy Scouts of America leaders before August 1. For more information. call GySgt James Wolf at 451-



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Ilario Pantano, a scout sniper, patrols Atlantic Field in search of

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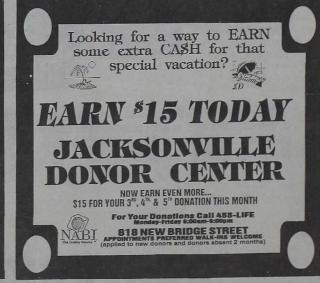
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Jacksonville, NC

Leathernecks' invested energies = new place for NCOs to 'hang or



Cpl Dennis Mintz takes time out in 10th Marines' NCO lounge.

Pet of the

Week

Charlie is a 13-week-

shelter at 451-2695.

Story and photo by Cpl Chandra Lynn Powers

The cool air was welcoming as the door opened. Plush carpet met the soles of feet with every step. The familiarity of the room might remind some of a den in their own homes. It is hard to believe the entire decor was done by volunteers from 2d Battalion, 10th Marines, 2d Marine Division.

Noncommissioned officers recently took up a collection to build their own NCO lounge on the third deck of their barracks. The lounge was designed to give the NCOs of the battalion the

opportunity to create a social

atmosphere of their own.

"This was a change that needed to come," said PO2 Keith Bell, corpsman for 2d Bn, 10th Mar. "It creates an atmosphere where people can meet in a relevant arriver or a relevant arriver. meet in a relaxed environ-

The idea for building their own lounge has been in the making since January. Due to deployments, though, the actual work only began in April.
"I talked to the NCOs at a

meeting in January and gave them the idea," said SgtMaj Kenn Capper, sergeant major for 2d Bn, 10th Mar.

'They organized a commit-

tee on their

own." Each NCO was asked for a donation but not required to give. The money was purchase the raw materials to build the lounge. Cpl Anthony Boscaino, of Headquarters Battery, played an instrumental role in the construction of the

lounge.

PO2 Keith Bell, selects a book from the NCO lounge's professional reading "We decided to build the lounge on our own so it met our needs. It gave us something to do and allowed us to give something back to the Marine Corps."

The lounge is furnished with chairs and couches that were donated or bought at a bargain price. "The NCOs didn't want any garrison property in the lounge," Capper said. "They wanted it to be decorated like they would decorate their own

The lounge is equipped with a large beverage cooler, coffee pot, microwave, card tables, bar counter, bar stools, dart board, professional reading library, two televisions, a

video cassette recorder, and Marine Corps memorabilia such as unit photos, posters and an American and Kuwaiti flag.
"The camaraderie aspect of

the whole project was the number one consideration,"_ Capper said. "They need the feeling that they are special because they are NCOs. That is one of the reasons we made the whole third deck just NCOs. Now they can unwind without troops, SNCOs or officers around."

Capper also encourages the NCOs to use the lounge for meetings to discuss vital issues. "Since the lounge has been built, they have solved more problems on a day to day basis than ever before," he said. "Now they have a private

place to talk."

"I'm meeting more the battalion now," Ba said. "Before, all I kn the people in my own If there is no place for to go, they stay in the rooms. Hopefully, the will continue to serve purpose in providing a

for open communication. The lounge has a da who is responsible for sure it is open during nated hours and mainta upkeep.

"One of the biggest of the lounge is that w police our own actions Capper said. "It was h work, but it was worth Any unit can do it if their minds to it."



Cpl Chandra Lynn Powers



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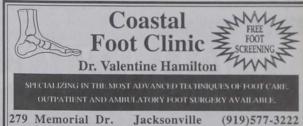
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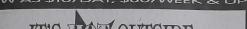
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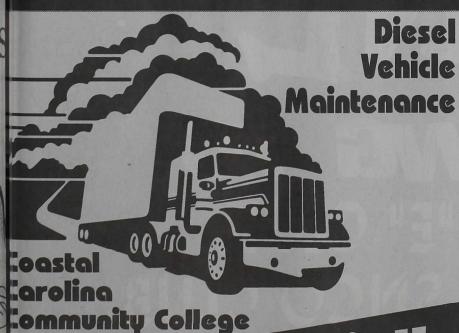
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Preventing Lyme disease best cure

WASHINGTON, D.C. - Practicing preventive neasures is the best way to reduce your chances of contracting Lyme disease. This can be done by avoiding areas such as trees, dense undergrowth and all grass that are likely to be tick-infested -- especially luring the high-risk spring and summer seasons when

When working or playing in tick-infested areas, ight colored protective clothing should be worn to nake ticks readily visible. Insect or tick repellents hould be applied as recommended. In heavily tick-

nfested areas ants legs should e tucked into ocks and the unction sealed vith masking

Periodio earches for our children or thers in your arty during outdoor activities and after undressing

ould be recorded.

fected.

re advisable. Pets should be checked on a regular asis and treated as necessary, as they may bring ticks Remember that being bitten by a tick does not ecessarily lead to Lyme disease - not all ticks are

Because ticks must be attached for at least 24 hours efore Lyme disease organisms are transferred, the dds against infection are improved when ticks are moved promptly and properly. Ticks should be moved with tweezers by grasping the tick where its outh enters the skin and then applying gentle presire. The tick bite should be cleansed with disinfecnt. If the tick was attached, it should be saved in a r, and the date and place where the tick was required

If a rash or other symptoms of Lyme disease evelop, having the tick may be important in aiding in diagnosis. If the tick was not attached, it should be estroyed.

The first symptom of Lyme disease is usually a red sh that gradually increases in size. Like chickenpox e rash starts out flat, becomes raised, may blister and rm scabs. The rash may even have a blue tinge to it. ultiple rashes are not uncommon.

Other common symptoms of Lyme disease include tigue, headache, neck stiffness, jaw discomfort, pain stiffness in muscles or joints, slight fever, swollen ands or conjunctivitis. Treatment in the early stages usually very effective -- so symptoms should not be ken lightly. Seek medical assistance if symptoms ist. Prevention, however, is the best cure

Chaplain's Corner

A God who reveals himself

LT Peter Carmichael

Scriptures tell us no one has ever seen God at anytime. God is unimaginable, incomprehensible, indescribable, and cannot be grasped by our mind: "A God who is comprehensible is not God." If we read about men and women in the Bible, particularly in the Old Testament, they experience God as

Their encounters with God are in a "dark cloud" (Psalms 18:9,11, 97.2 Deuteronomy 4:11 and 12). At best they may hear his voice.

There is a danger in our times, not simply to

speculate about the nature of God, but to create him in our own image. God is defined according to our human terms and theology is based on comfort and popularity with the masses. TQM (Total Quality Management) has even taken over in certain circles of religious faith groups: the "consumer" (man) defines the "product" (God). Ultimately, this is not worship of the true and living God but the worship of human creatures.

These idols of false gods need to be smashed with the truth of God we encounter in Scriptures

Even though the true and living God is ineffable and mysterious in essence, he has chosen to reveal

himself in certain persons, at certain times and places: God revealed himself to Abraham, Isaac, Jacob and the patriarchs. He gave the law of Moses. He spoke through his servants, the prophets. According to the New Testament Gospel, God has most fully and completely revealed himself when his only-begotten son became incarnate in Jesus Christ, "who is the expressed image of the invisible God," Revelation is

complete in Christ; nothing needs to be added. Christians, be wary of the false gospel of the New Age and "every wind of false doctrine." Remember, it is God who teaches us who he is: "Blessed is God who

reveals himself to us.'

Roman Catholic

Sunday Masses	
St. Francis Xavier Chapel	8:30 & 11:30 a.m.
TT Community Center	Noon
Camp Geiger Chapel	11 a.m.
Courthouse Bay Chapel	
Naval Hospital Chapel	
French Creek Religious Center	9 a.m.
MCAS New River Chapel	9:30 a.m.
Brig	
Weekday Masses (Mon Fri.)	
St. Francis Xavier Chapel	11:45 a.m.
Naval Hospital Chapel	
Camp Geiger	
MCAS New River Chapel	11:45 a.m.
Courthouse Bay Chapel	
Saturday Masses	
St. Francis Xavier Chapel	
Camp Johnson Chanel	5 n m

Will be held in the Catholic Annex, building 17A, Wednesdays, 5 p.m. before the first and third Sunday of each month. Call unit chaplains to register.

Confessions

St. Francis Xavier Chapel.... ..4-4:45 p.m. Sat. (or contact the unit chaplain)

Eastern Orthodox

Camp Johnson Chapel, Divine . 10:30 a.m.

Islamic (Muslim Juma)

Potestant Chapel 11:45 a.m. Fri.

Jewish

Sabbath Eve Service Building 67 7:30 p.m. Fri.

Latter Day Saints

Sunday Sacrament meeting ..4:30 p.m. Protestant Chapel...

Lutheran (WELS)

Camp Johnson Chapel Sunday School 3:30 p.m. Sunday Worship 4:30 p.m.

Protestant Sunday Worship

Protestant Chapel	. 9 a.m. and 10:30 a.m.
Camp Johnson Chapel	9 a.m.
TT Community Center	10:30 a.m.
Camp Geiger Chapel	9:30 a.m.
French Creek Chapel	
Courthouse Bay Chapel	
Naval Hospital Chapel	9 a.m.
Protestant Chapel Praise Service	7 p.m.
Brig	9 a.m.
Weekday Worship	
Protestant Chapel	7 p.m. Wed.
Chapel Fellowship and Bible Study)	
Seventh Day Adventist	
Camp Johnson Chapel	10 a.m. Sat.

Other Faith Groups ... 451-3210 For information call ..

The St. Francis Catholic Chapel will be closed for renovation during July.

Saturday and Sunday masses will be held in

Goettge Memorial Field House during the weekend. Daily masses will be held at the Base Chaplain's Office, building 37. For more information, call





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p Lejeune Dependents' ; have changed the testing kindergarten assessment September 20 in order to ize the children with before taking the test. S Early Childhood and Language Arts Coordinaon Haley said the later date should make students thers more comfortable ch other. "We feel like t more valid results by this way, rather than students in unfamiliar dings."

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s already achieved.

It is unlikely that parents can help the children "cram" for the test, but they may still have time for some preparatory action.

Jeanne Darling, CLDS school psychologist suggests parents work with children on counting to 10, identifying common objects, repeating stories in their own words and answering "thinking" questions.

"These are good pre-kindergarten steps to take whether there is an assessment or not," Darling said.
"One of the best preparation steps is reading to a child. There is nothing more important than reading."

The EPSF is a national, standardized assessment exam used at CLDS for the past four years. Before that, a similar test was conducted that measured similar skill levels.

Once the test is completed and scored, the child is placed at one of five achievement levels under each category.

Those achievement levels include considerable strength,

moderate strength and average, moderate and considerable need

Children achieving in one of the top three levels indicate a readiness for beginning kindergarten and being able to work at a level with the majority of other children. Darling said the trend in previous years has shown an "overwhelming majority" of students are up to par with their expected capabilities.

However, about 10 percent of the 500 children expected to take the assessment will fall under one of the last two categories.

These "slow learners" will not be held back, Darling said, but mainstreamed in an effort to bring them up to the average level.

them up to the average level.
"Even children considered slow
learners will do well in kindergarten for a year," Darling said.

"But, if more of the child's scores range in the moderate need and considerable need area, the youngster will need special help in the classroom. In that case, a program will be devised to bring the child up to the standard of his peers."



Good sport

SSgt Richard Mendez devotes some off-hours time to 9-year-old Cedric Williams, who is learning to shoot pool at the Youth Center here. Mendez is a part-time recreation aide at the center and spends much of his time teaching youth about bodybuilding techniques. The amateur bodybuilder will hold a workshop on the sport in late August at MCAS New River. Further details will follow next month

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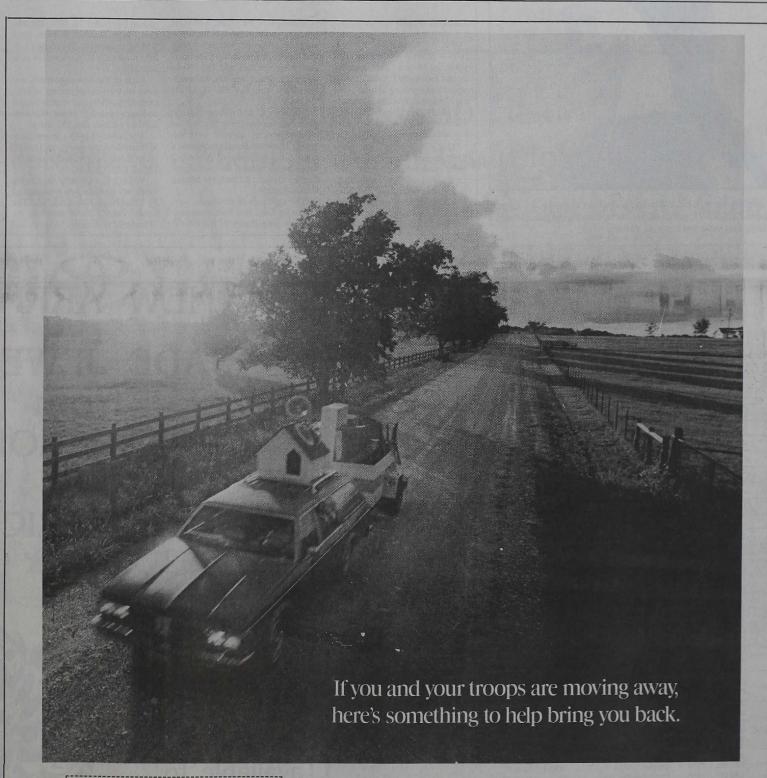
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Marines keep touch with basic warrior skills

MCB CAMP LEJEUNE, N.C. LCpl Jimi Hendrix lifted his head from the muddy water to flick a bug off his grungy arm as he low crawled through a creek and prepared, with the rest of his squad, to ambush an oncoming patrol.

Armed with his rifle, the Combat Service Support Detachment-21 plane loading technician waited to fire at a laser receiver mounted on the helmet of his enemy, to activate an electronic tone that indicates he has and colored smoke grenade haze

As Hendrix settled into the mud, he remembered the pointers he learned in an ambush class earlier that day, and prepared to put them to

His adrenaline surged at the sound of approaching footsteps crackling dry leaves. His heart pumped faster as the steps got closer. The squad leader fired the first shots, buzzing the unsuspecting point-man's receiver. Within seconds, the cracking of blanks, noise of laser receivers

After the skirmish, teams went to opposite sides of the creek to tally their losses. The ambush was a suc cess. The patrolling enemy squad suffered nine losses, while it knocked out only two of the ambushers

Hendrix says the most vital part of the annual battle skills training was the "realism" of the practical appli-cation. "That (practical application) is what really made the information sink in my head."

Smith was one of 77 CSSD-21 Marines to weather the rain, heat and ticks of the woods here, where the detachment pitched camp June 8-12. During the stay, they learned and applied land navigation, squad patrolling and nuclear, chemical and biological warfare defense skills. According to Cpl Steve Vickers,

switching from his desk job to go to the field was a productive change. 'Before I came out here, I had forgotten a lot of the stuff they (the instructors) went over, but actually being in the field and applying it brought it all back for me," said the Wing Information Systems Management Office computer programmer.

"It keeps us in touch with our basic warrior skills," said Commanding Officer, Major Arthur H. Sass. "Be-

Cherry Point's Cpl Steven Shaffer, a plane loading technician, powers up a fellow detachment Ma MILES gear during CSSD-21's recent battle skills and essential subjects training.

cause we don't get to go to the field much, it was not just an exercise, it was a lot of fun.

"The bottom line is, whenever you can take a group of Marines to the field, in the rain and mud, and still Sass said summing up the we

time — then it's time well

Marine Corps commissions two Prowler squadrons

Capt. G. T. Hill

MCAS CHERRY POINT, NC — History was made July 1 when the Marine Corps commissioned two more EA-6B Prowler squadrons, splitting Marine Tactical Electronic Warfare Squadron-2 (VMAQ-2) and forming VMAQ-1 and VMAQ-3, which will have fire aircraft each.

Q-2's "Playboys" was originally formed when VMCJ 1, 2, 3 were combined in July of 1975. Its mission is to jam enemy radar and communications. In addition, they conduct airborne electronic reconnaissance in support of Fleet Marine Force operations.

Throughout the years, VMAQ-2 has deployed worldwide to the Western Pacific, Europe, Southwest Asia, and Australia, where they have operated from airfields and U.S. Navy aircraft carriers. Currently, the squadron flies the EA-6B ICAP II "Prowler."

The uses of and defense against electronic warfare have become increasingly sophisticated over the years. These challenges prompted a continuous presence of VMAQ-2 detachments around the world, re-flecting the need for multiple Marine EA-6B forces

The vital role of electronic warfare in the Gulf War further emphasized the importance of the EA-6B and on December 11, 1991, the Marine Corps decided to form three VMAQ squadrons. The reserve EA-6B squadron, VMAQ-4, will be activated Nov. 1.

Each of the new squadrons will have its own commanding officer, executive officer and sergeant major and approximately twenty-five additional officers and 150 troops.

The future VMAQ-1, currently on a WestPac deployment as Detachment X-Ray, will be commanded by LtCol. R. S. Collins.

VMAQ-2, currently at Cherry Point will continue to be commanded.

Point, will continue to be commanded by LtCol G. E. Monarch, III. The future VMAQ-2 will maintain the "Playboys" nickname. Monarch and his squadron will deploy WestPac in November, replac

LtCol J. C. Burgin, III, command the VMAt "Moondogs," formerly VMA Det. Zulu. The "Moondogs" cently returned from WestPac plan to return there in May, 19 "I'm enthused about havir

larger deployment base in thel 6B community. More importar the split-up recognizes the role of electronic warfare today's battlefield," said Mona

EVER

Open

VMAQ-3's formal standup emony will be held at the VM hangar July 10. In addition, X-Ray will become VMAQ-

Coastal Carolina Community College

LCpl Jimi Hendrix, a plane loading technician at the MCAS Cherry

Point-based, CSSD-21, camouflages his face during the detachment's

battle skills and essential subjects training.

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tate Senate voting districts drawn

residents can now bettter prepare themselves for electing members to the state Senate by noting the state's recent politcal districts restructur-

In the past, Onslow County comprised a whole state senate district and a large part of a two-seat state

Now the county has three senate districts and four house districts, represented by a total of eight state

7th Congressional District for national elections, for state legislators Boney, supervisor of the Bureau of

Most of the base is part of the 7th State Senate District. Onslow Beach, however, is within the 4th State Sen-Representatives, the base and the air station is divided into four districts, the 4th, 10th, 12th, and 80th. The 80th district makes up the housing areas, Boney said. The 10th is the air station, the 4th is the barracks area,

Marines must be North Carolina esidents to vote here. To be considered a North Carolina resident, one must file state income taxes.

Marines can easily see if they pay North Carolina income taxes by looking on their Leave and Earnings State

does not constitute residence, because only county taxes are paid. Before registering to vote, Marines

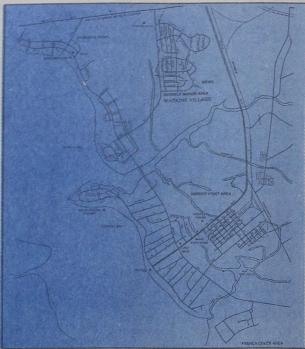
North Carolina residents aboard Camp Lejeune and Marine Corps Air Boney said. About 600 Camp Lejeune

residents are registered to vote in the state, Boney said. Only about 100 actually vote.

Marines from other states can vote in their state with an absentee ballot,

which they can obtain through I unit voting assistance representati

Onslow Bureau of Elections, Bo said.





These maps outline the new voting districts within Camp Lejeune for the state Senate as part of the redistricting plan. T map to the left shows an overvie of North Carolina senate districts, blue indicating district seven and yellow indicating district four. The map to the far let shows a closer view of the Hadni Point, Paradise Point and Berkel Manor areas, all which are in the seventh district.

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Senior enlisted address issue of core values

CORE from 1A

what acceptable conduct is and is not."

Chamberlain said he believes value conflicts arise when Marines bring the values they had as civilians into the service. Many teens own televisions, VCRs, cars, have their own rooms and expect to live like that in the Corps. "Those same values that were near and dear to them as a civilian, they expect to have them here. Because of today's society we have to be flexible and able to understand

Moore said he believes Marines today mostly value material things. He said the Marines of his era differed from today's enlisted. "When you were told what you would or would not do, you accepted that. You were not so quick to challenge authority. But today's PFC and lance corporal have been challenging authority since day one.'

The other sergeants major concurred with Moore. "Marines today are more demand-ing," said Berry. "They don't readily accept things the four of us accepted. Their questions are considered a challenge to those of our experience.

One minor question Marines of today ask is why are a Marine's boots laced left over right? Chamberlain said the answer of "well, that's just the way it is" doesn't satisfy Marines anymore

"I've been lacing my boots that way for 27 years and never asked why," he said. "Now when you tell a Marine his laces must be left over right, he wants to know why. Questions ike that make us do our homework in order o maintain our credibility.

Berry agreed that the fact that Marines ask

uestions and challenge authority isn't necessarily negative. For example, their questions have helped him re-evaluate his values. Because they want to know why things are like that causes me to ask, just why they are like that. It's made an improvement on me as

Cromwell said the family has a great impact on the quality of Marine the Corps enlists today. "We didn't start teaching them values in the Marine Corps. Their parents taught them as they grew up.

A third indicator that values have changed over the years was emphasized by Moore during the discussion. "When I was a PFC it vas unheard of to hear of a Marine stealing from another Marine. It was something a Marine just didn't do. It was unthinkable. Now just look at the blotter and everytime you'll see something about theft. The Marine Corps hasn't gotten larger so that tells me the values of Marines tend to change."

Berry related another anecdote. "In 1965 at 2d Reconnaissance Battalion you could leave your paycheck cashed on your rack, take a shower and when you came back the money would still be there. The mixture of bills might have changed; you might find a jar of pennies, but if you left \$200, \$200 would

Berry went on to say that he no longer considers a Marine who steals a Marine. "I have personal heartburn with saying Marines steal. In my mind they are not Marines. If an individual wearing the uniform would do that to a Marine, he has crossed the barrier and is expelled from the Band of Brothers.

In his white letter, Gen Mundy said incidents such as excessesive use of alcohol, lack of discipline, and unethical conduct like stealing, are clear signals that Marines need to ethics, respect and overall conduct. Those core values haven't changed since the ser-geants major day, but the reasons recruits join the Corps in the first place has.

Growing up during World War II and Korea, Cromwell said he knew Marines went to war, but that was all he knew about them. Chamberlain knew from age 12 he wanted to be a Marine and did everything he could to ensure he would become one. A smart-alecky recruiter motivated Berry to sign the dotted line. "He told me 'Fat chance. We don't think you can do it.' It was a good recruiting technique. I accepted just to prove him Moore involuntarily joined; he was drafted. Draft-dodging was common at the time and he didn't really want to be in the military, but he felt he owed it to the country. "I had a sense of responsibility, not to myself, but to the country that had given me so

As varied as their personalities are, the sergeants major said so are the reasons Marines join the Corps today. Gen Mundy said in his white letter the "warrior spirit and professional focus we have strived so hard to imbue must not be misunderstood as a replacement for civility and law-abiding be-

Chamberlain said today's warriors must be promised something tangible before they will sign up. "Contracts, duty stations, military occupational specialties, promotions ... they want to see it in black and white. They don't want to leave things to chance like we

Cromwell said it sometimes takes a conflict to see a swell of patriotism. "When a crisis breaks out, recruiters love it. During Saudi they had people beating down their doors to join."

Berry said he felt it was a combination of tangible and intangible benefits that makes people want to join today's Marine Corps. "Once they see the tangible benefits, that mystique of being a Marine, the challenge, the history will sway them. Everyone I assume has a basic need to be number one and we capitalize on that."

It would be naive to assume that everyone lives up to that number one attitude all the time. So what do these four senior leaders do about problems in their commands?

They agreed that there are no problems

specifically associated with their commands, rather they all share common shortcomings. They adhere to the commandant's letter which "the leaders in our Corps must lead and teach by example to a standard well above that even expected of subordinates."

Cromwell and Moore said communication between Marines of different ranks is a frequent headache. Cromwell said communication becomes especially important when a Marine gets in trouble. "No one will talk to him or try to get him squared away." He described an incident where a Marine was being forced out of the Marine Corps, but never brought his difficulty to his superiors. "It must be a two-way street for it to work."

Chamberlain said he believes the people who constantly show up on the blotters don't understand the meaning of core values. "Until they are reeducated or separated from the service, we're going to continue to have problems." Finally, Berry said the difficulty lies in maintaining a balance between mission accomplishment and troop welfare. "We

can convey to their subordinates the imp ance of this. Is what I want mission relate Or is it for my welfare?"

Another issue all four Marines said th felt very strongly about was returning to power to police their own to the noncom sioned officers. Berry summed up th statements this way. "Give the staff NCO a NCO the support they need in the form of away.' Give them a mission and everythi they need to do it and leave them alo When you come back, they get the praise it's done right, or corrective criticism if n But they are allowed to make mistakes!"

Berry and the other sergeants major we in adamant agreement about the issue of be in the barracks, a topic addressed in a pro ous white letter from Gen Mundy. ally put our lives in the hands of Marines a daily basis and we do so with the utm confidence," Chamberlain said. "Yet wh we get back in garrison and get them dust off, we turn around and say 'Time out. You not mature enough to drink beer in the b racks.' This has been a long time coming a I don't foresee any problems. If there are, handle it expeditiously."

Concluding their conference, Berry wrapp up his feelings on the relaxed alcohol po his confidence in the core values of Marine which chimed well with the commandan words - "We must ensure that our actions me not only the expectations of the American Peop but our own expectations as well.

There is no doubt in my mind that our NO can handle this," Berry said. "They are going benefit from this one small act of trust in th fidelity and ability and when they benefit, t Marine Corps benefits.'



Age is not always a determining factor in automobile accidents. Insurance companies in North Carolina add a surcharge if a driver has less than three years driving experience, whether young or old.

Young drivers not invincible

SUPERMAN from 1A

events like parties, holidays and cel-

Rafanan said the prospect of being free and the release after work can cause feelings of invincibility. "I like to think of it as 'impulsitivity,' a lack of decision making. People seek immediate gratification of their needs, act on it and then later come to regret

To assist in an automobile driver's decision making, the base has a datory for drivers under age 26. According to Cpl Steven Jones, a DIC instructor, most accidents involve people under 26.

The younger generation has a tendency to buy a car for speed, versus an older person who buys a family car. The Driver Improvement Course gets "back to beginnings" to refresh their driving skills.'

Rafanan said moderation and a realization of a person's responsibil-ity might curb urges to act impulingly invincible person might also be a needed slap in the face.

"But some people never learn. They go from one accident to the other and don't learn from their own

He cautioned that although impulsive people might be more accident prone and at a higher risk, even the most cautious person could run into disaster. "The safest driver could still have an accident. In life there are no guarantees.'



Cpl. David J. Ferrier

They say it's your birthday

1stSgt Roman "Lash" Larue, first sergeant of HQ Btry, 10th Marines, receives a birthday cake from USO representative Matt Hardiman July 17. The USO presents a cake each month to a deserving person selected by their unit.

Follow safety rules when swimming around locks, dams

WILMINGTON, N.C. -There have been 28 drownings on the Cape Fear River since 1963. Of these, 26 occurred at the three locks and dams managed by the Wilmington District U.S. Army Corps of Engineers and two occurred on the river itself, below

Thirty-four people were actually involved in the accidents that resulted in the 26 drownings. The other eight people were either rescued or swam to safety.

In 1989 a drowning was averted at Lock and Dam No. 1 when a boat capsized about 30 yards below the dam and the lockmaster was able to reach the victim by boat and rescue him.

The most recent drowning in June occurred at Lock and Dam No. 1 in Bladen County north of Riegelwood, as the result of a boating accident. An active-duty soldier and his 21-year-old son were fishing too close to the dam and their boat capsized. Both men were thrown from the boat and the soldier was able to swim to safety. His son's body was found four days later less than a mile down-

The 26 deaths and other accidents that occurred at the locks and dams could have been prevented if

basic safety precautions had been

According to Lawrence Crawley Jr., Bridges and Locks Management Section chief, the areas beneath the dams are the most hazardous. The downstream side of the dams

have a continuous circular motion of water called a boil," he said. person or an object, such as a log or a boat, can be sucked into it by the currents and continue to be turned

The other two locks and dams on the Cape Fear River are William O. Huske, about 20 miles south of Fayetteville, and Lock and Dam No. south of Elizabethtown.

All three of the locks and dams are clearly marked with buoys and warning signs advising boaters to stay clear of the dam. Crawley says boating accidents can be avoided and lives can be saved

if these few safety precautions are The three main safety rules to

follow at the locks and dams are: Swift currents can sweep you over the dam. Stay at least 300 feet from the dam on the upstream side.

2. You can be pulled to the dam from the downstream side. Stay at least 200 feet from the dam on the downstream side.

3. Even though water may cover

one dam during flood stages, the other dams may have a waterfall with dangerous conditions below

Boaters should also wear a U.S. Coast Guard-approved personal flotation device when boating. They are also cautioned that the locks and dams are closed on week ends and federal holidays and no federal workers are around to respond to emergencies.

All three locks and dams are open Monday-Friday from 8 a.m.-5 p.m. They are all closed on weekends and federal holidays. Picnic areas and boat ramps are open 24 hours each day, seven days a week.

More information on safety practices at locks and dams can be obtained by contacting the Wilmington District, U.S. Army Corps of Engineers Public Affairs Office at (919)251-4626 from 8 a.m.-4 p.m. Monday-Friday.

Information available include the pamphlet, "Hazards of the Locks and Dams on the Cape Fear River," a 30-minute movie on safety at locks and dams that's available for loan to interested groups, and various speakers are available to make presentations/ briefings to interested groups on locks and dam safety.

Cheney asks Congress for budget approval sees proposed defense cuts as 'too steep'

Jim Garamone

defense Secretary Dick Cheney told lawmakers recently that some members of Congress are proposing defense cuts "too steep and too dangerous" for the time.

Testifying before the Senate Appropriations Defense Subcommittee, Cheney asked the legislators to stick with the plan proposed by the president. He said cuts beyond those proposed by the administration would end up destroying the finest military force the United States has ever fielded.

"If we try to reduce the force too quickly, we can break it," he said. "If we fail to fund the training and high quality we have come to expect, we will end up with an organization that may still outwardly look like a military, but will simply not function. It will take a long time, lost lives and many resources to rebuild. Our nation's security will be hurt, not furthered, by such precipitous defense cuts.

Cheney said if the drawdown is done correctly, it will provide the necessary security for American interests. He said the decisions Congress will make are "not about jobs back home in some congressman's district, not about political pork, not about the economic impact in the communities affected, although obviously,

He said the decisions will be about America's security, deterring war, about winning war if one is forced upon the country and about saving the lives of the men and women of the armed forces.

Cheney said the administration's fiscal year 1993 defense budget considers the changes in the world. "With the passing of the Cold War threat — a global war beginning on short notice in Europe - we have been able to identify some missions and forces no longer needed," he said. "But we built our new regional defense strategy, and the base force to implement it, not by cutting down from Cold War levels, but by judging what would be needed to further democracy and our national security interests in a post-Cold War world."

He said the DoD took a fresh look at the defense needs of the country. One premise is that the United States will need to station troops overseas

He cited Europe, Southwest Asia and the Pacific. "These forces are critical to allow us to defend our national interests and to come to the aid of our friends if they should again be threatened," he

While forward-deployed troops

are important, another aspect is th United States may have to reconst tute forces quickly. He said this capability would deter or defend against a strategic attack.

Cheney said the developments of the last three years - the dissolution of the Warsaw Pact, th breakup of the Soviet Union, treaties reducing nuclear arms - give the United States a strategic depth it hasn't had in years. This depth enables the United States to respond to the emergence of another global threat in a graduated, multidimensional way, he

The threats today are vague distant and harder to define, nut this may not always be the case.

Today we face a fundamental choice," he said. "We can make the investments required to maintain the strategic depth that v have won - a much smaller investment than we made to secur

Or we can fail to secure these advantages, and eventually the threats will not be remote, they w not be vague, and we will not have the alliances and the capabilities to deal with them.

We will wish then that we had made the much smaller investmen that we ask for today to preserve the depth in our strategic position that we have won.'

wart, N.Y.'s LCpl Sear East (

James A. Finch iternoon rain nearly ha le elimination softball nSunday at Harry Aggan lands to the field's nev

we, three of six the played, but the moural field cause men East Coast te Tamp Lejeune saldes Marine Corp Jejeune; 2d Force S gar Group; 2d Marine Marine Expeditionary mellance Reconnaissa tence Group; Marine Station New River; ny Point; Camp Elmor erson Hall; Marine Co.

Marine Corps Recruit suffered a loss, te only Lejeune team rop into the losers' 1 Apply got a Day 1 dup their first victory to a 17-12 victor

Base Albany, Ga.;

the Stewart, N.Y.; You

on Hall. JEF/2d SRIG 11, N e Barracks Stewart and took an early

ormer, a ames A. Finch than 250 spectators ak High School gys

kickboxing. were eight amater outs headlined by th ight Muay Thai kir etween New Be Lane, W ssociation champ, a ennie Reynolds. A James M. Mason, a idquarters Battalior reserve SSgt Me Affairs Group, Was a former Marine sur sined his WKA title

chnical knockout murderous sid thigh were the land an agonizing gradum was the prelud

SPORTS



y 23, 1992

Vol. 49 No.30



single with two runners on, followed by a one-run double from Hendrix. The last run came on

Peco's sacrifice for a 11-5 ballgame.

the top of the seventh, ending the

2d FSSG 8,

MCAS Beaufort 4

Stewart dropped three outs in

2d FSSG scored seven runs over

the first 5 1/2 innings, while hold-

wart, N.Y.'s LCpl Sean McDonald scoops a grounder while a MEF/SRIG runner makes a dash for third.

East Coast Regionals get soggy start on the Harry Agganis field

James A. Finch

fternoon rain nearly hampered tart of the East Coast Regional ole elimination softball tournat Sunday at Harry Agganis field. 'hanks to the field's new drainsystem, three of six Day 1 ies were played, but the washed intramural field caused post-

ourteen East Coast teams -from Camp Lejeune -- are ig for the regional crown. The includes Marine Corps Base ip Lejeune; 2d Force Service port Group; 2d Marine Divi-; II Marine Expeditionary Force/ urveillance Reconnaissance and lligence Group; Marine Corps Station New River; MCAS ry Point; Camp Elmore, Va.; derson Hall; Marine Corps Locs Base Albany, Ga.; Marine acks Stewart, N.Y.; Yorktown, Marine Corps Recruit Depot s Island, S.C., and MCAS Beau-

verall, Lejeune teams fared in their opening games. II 7/2d SRIG and 2d FSSG had l wins, while MCB Camp une suffered a loss, making the only Lejeune team to take rly drop into the losers' bracket. MarDiv got a Day 1 by and ted up their first victory on Day ith a 17-12 victory over rson Hall.

arine Barracks Stewart, N.Y., off and took an early lead. Down two outs and with two runners on, LCpl Sean McDonald cracked a one-run single to left field for a 1-0 ballgame

MEF/SRIG answered quickly with two runs in the bottom of the inning. Cpl M.C. Peco's single to right center set up a one-run triple from Cpl P.F. Cunningham, tying the game at one. CWO-2 M.E. Gribben then drove Cunningham home with a right field single, giving MEF/SRIG a 2-1 lead.

Stewart went scoreless in the second, and MEF/SRIG capitalized with three runs, beginning with singles from Cpl M.R. Hartman and SN R.E. Mimms to set up a one-run single from Sgt B.K. Leonhard for a 3-1 ballgame. Cpl D.F. Hendrix got a run batted in on a sacrifice followed by Peco's one-run single, taking the ballgame to 5-1.

Stewart managed two runs through the third and fourth innings, while holding MEF/SRIG scoreless. SSgt Raymond Cannon's triple set up a sacrifice from Sgt Frank Allers in the third and Cpl Shane Thigpen's triple set up a onerun single from SSgt John Wingler,

taking the ballgame to 5-3.

In the fifth, Stewart tied the game at five with Allers' one-run double and McDonald's sacrifice, but MEF/SRIG regained the lead with two runs on one-run singles from GySgt C.S. Morrow and

MEF/SRIG got its final runs in the sixth. Sgt T.L. Pufall led off with a homer over the center field

Rugby's on the loose

3d Bn, 6th Mar over 2d Tanks 24-4

Intramural rugby season began July 13 on the rugby field in front of Goettge Memorial Field

There are six participating teams including 3d Battalion, 6th Marines; Marine Corps Air Station New River; 2d Surveillance, Reconnaissance and Intelligence Group; Headquarters and Support Bn, Marine Corps Base; 1st Bn, 6th Mar and 2d Tank Bn. The teams play two games a night on Mondays and Wednesdays.

In the second game July 15, the 3d Bn, 6th Mar 'Red Horse' (2-0) defeated 2d Tanks (1-1) 24-4.

The Red Horse steadily dominated throughout the game. Their advantage in size and speed helped them to a 13-0 lead by the half.

Scoring began just four minutes into the game. Red Horse 1stLt Rich Hulit converted a penalty kick, giving his team a 3-0 lead. Two minutes later, 1stLt Tony Fuller juked 2d Tankers and sprinted 10 meters to score the game's first tri and give the Red

Horse a 7-0 lead after the failed point after attempt. At the 10:30 mark in the first half, 2d Tanks executed a drop kick from near the Red Horse tri zone. The ball sailed 25 meters before dropping into the hands of Red Horse Cpl Joel Rodriguez. Rodriguez sprinted to the goal line before passing to 1stLt Todd Desgrosseilliers, who plunged in for the score. Hulit converted the PAT for a 13-0 game before the half.

Nine minutes into the second half, a Red Horse runner received the ball from a scrum down and powered to the goal line. The Red Horse found a hole on the next play for the score and a 17-0 game

With 10 minutes left in the game, 2d Tanks capitalized on two offsides penalties and a chance at scoring from five meters out when Capt Steve Snyder bulled in for Tanks first tri and a 17-4 game after the failed PAT.

Five minutes later, the Red Horse put the final points on the board. Cpl Noris Hill scored after a tri zone battle for possession of the ball and Hulit converted the PAT for 24-4 final.



SN R.E. Mimms makes it to first base before the Stewart, N.Y. throw.

ing MCAS Beaufort scoreless Sgt Kenny Rowland's one-run

single in the first started the scoring drive. Cpl Tony Hawkins' second inning double led to a one-run single from LCpl Leroy Hensly,

taking the game to 2-0. Hawkins' high sacrifice to center field brought home two runs on error in the third. Cpl Johnny Byrd and Sgt Eric Sutton got singles in the sixth inning to set up GySgt Eddie

0 ballgame. Sgt Roger Taylor then cracked a sacrifice for the final unanswered run at 7-0.

Beaufort finally answered in the bottom of the sixth with their only four runs, beginning with singles from Cpl Bret Thormahlen and Sgt Jeff Carr to set up LCpl Eric Hamberger's sacrifice fly.

Cpl Joseah Sabel's one-run double, and Cpl Manny Marte's and Sgt Erik Kvarme's one-run singles finished the Beaufort bat at 7-4.

2d FSSG scored the game's final run on Byrd's one-run double in the top of the seventh before Beaufort dropped three outs in the bottom of the inning for an 8-4 final.

MCAS Cherry Point 9, MCB Camp Lejeune 4

Lejeune never found a rhythm to match the stick happy MCAS Cherry Point team. Five of Cherry Point's nine runs came on sacrifices resulting from good base hitting to get runners on.

Cherry Point led off in the first with two runs. MSgt Anthony DeJesus walked and SSgt Earl Maready got on with a linedrive double. Sgt Jimmy Ward and Cpl Handy Jernigan then popped consecutive sacrifices, giving Cherry Point a 2-0 lead.

MCB got a run on error in the bottom of the inning, but Cherry Point inched farther ahead with a run in the second. Cpl Ted Holdcraft burned the MCB center fielder with a shot that hopped the fence, stopping him at second base. Sgt Arnold Breckenridge then cracked a one-run double for a 3-1 ballgame. MCB's one-run single in the

bottom of the second was the last run they'd get for 2 1/2 innings, while Cherry Point managed an additional three runs through the fifth inning for an untouchable 6-2

The three Cherry Point runs came in the third inning. DeJesus'

See REGIONALS/2B



fence. Mimms cracked a one-run GySgt C.S. Morrow cracks a shot to left field for a MEF/SRIG base hit in their first game Sunday.

ormer, active duty, reserve Marines make showing in kickboxing competition

James A. Finch

ore than 250 spectators piled into the e Oak High School gymnasium July witness full contact competition at its t - kickboxing.

here were eight amateur and profesd bouts headlined by the world super yweight Muay Thai kickboxing title h between New Bern's Dennis ricane" Lane, World Kickng Association champ, and No.1 con-T Zennie Reynolds. Also in action Cpl James M. Mason, a radio operator Headquarters Battalion, 2d Marine ion and reserve SSgt Melvin Robinson, livil Affairs Group, Washington D.C. ine, a former Marine supplyman, easstained his WKA title with a third I technical knockout of Reynolds. inual, murderous side kicks to thigh were the key to early ry. After round 2, a bruised thigh olds and was the prelude to his third "We expected a different fight from Reynolds," said W.N. Stankowski, one of Lane's training assistants and the Marine Corps Service Support School's boxing coach. "We looked for him to use a quick jab, stick and move and show a lot of different angles. I had no idea he would have the nerve to try and stand toe-to-toe with someone as confident and powerful as

"Zennie's a good fighter," Lane added. "But, my game plan was to put a lot of pressure on him and make him come to me. I caught him with a lot of good side kicks and knees to the abdomen and was able to take him out early."

"Dennis dropped more than 20 pounds and increased his endurance training to prepare for a chasing match," Stankowski said. "There wasn't much room for Reynolds to run because Dennis combines his kicking and boxing skills so well. He became the crafty fighter, moving from side to side, showing different angles and setting up his kick, which is about as fast as the fastest

Lane got his start with the boxing side of kickboxing with Stankowski while he was stationed here in the early '80s. "Dennis was an ex-high school football star looking for something new to do, so I taught him to box," Stankowski said. "The great thing about the guy is that he never gets too big that he doesn't remember where he started. Whenever he comes here to train, he always manages to run me down and I give him any assistance he needs.'

When he's not helping an old pupil train for a world title fight, Stankowski is busy training other young fighters. Right now he is forming a team to train and take to the October National Boxing Championships at the Olympic Training Center in Marquette, Mich.

The win put Lane's record at 25-3 with 22 knockouts. Next on his agenda is a chute boxing match against the Japanese cham-'After Japan I'm setting my sights on unifying all the kickboxing belts in the super heavyweight class, including the Karate International Council of Kickboxing and International Sport Karate Association belts," Lane said.

"I'm heading back to College Park, Md., right now to train with Vietnam Karate/ Kung Fu grandmaster Oeoc-Dung, an excellent specialist in knees and elbows fighting which I'll be using a lot of in

Qeoc-Dung trained two fighters who participated in the night's bouts. Washington D.C.'s Omar Gonzalez lost his middleweight match to Dallis Trigs of Long Beach, N.C. "I've only been training Omar for three months now," Queoc-Dung said. "Before coming to me he had no martial arts or boxing background and in just three months he almost defeated an opponent with more than six years experience under

Queoc-Dung's other fighter was reserve SSgt Melvin Robinson, 28, a Washington D.C., real estate agent attached to the 4th CAG. Robinson was also on the bad end of a split decision with his super light heavyweight opponent.

"I'm not used to this North Carolina heat," Robinson commented. "And, I had

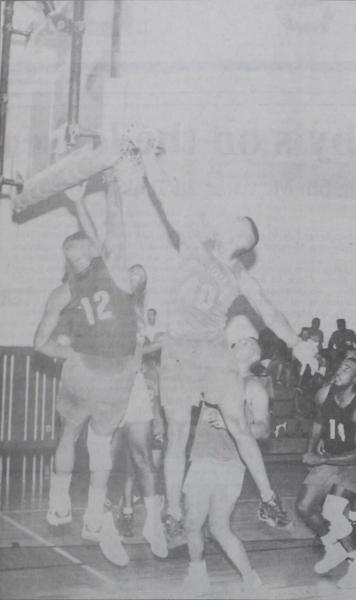
to drop six pounds in one morning because I was caught off guard on the weigh in. I lost a lot of power doing that and the fatigue factor came into play a lot earlier in the fight than I expected.'

Robinson's martial arts background is in Tae kwan do and Judo. In 1985, he was a member of the All-Marine Judo team. He got into kickboxing because he "needed something more realistic than formal martial arts training. I feel that kickboxing is the best practical application because competing is as close to a real fight as you can

The surprise participant was Cpl James M. Mason, 24, of HQ Bn, 2d MarDiv. He stole the North Carolina amateur super middleweight title from Jacksonville's Danyale Richards with a 3-0 unanimous decision after making a last-minute entry into the competition.

"I wasn't favored at all in this fight," Mason said. "This is Richards' hometown and no one knew any thing about me. But,

See KICKBOXING/2B



Ol and 5th Bn, 10th Mar engage in a battle under the boards.

8th MT Bn, SOI, MALS-26 score opening-day victorie

Cpl James A. Finch

When summer league basketball hit the sports scene Monday, Lejeune softballers were no longer the exclusive 'boys of

Twenty-two teams have been split into two leagues and will trample the Area 5 hardwood Monday through Thursday

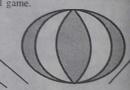
Red League teams play Mondays and Tuesdays and include 8th Engineer Support Battalion; 5th Bn, 10th Marines; MALS-

26; Headquarters and Service Bn, 2d Force Service Support Group; 2d Supply Bn; 2d Light-Armored Infantry Bn; 2d Medical Bn; 10th Mar; School of Infantry; 8th Motor Transport Bn and Travel Management Office.

Gold League teams play Wednesdays and Thursdays and include 2d Maintenance Bn; 2d Tank Bn I and II; 2d Dental Bn; Postal; II Marine Expeditionary Force; 1st Bn. 10th Mar; MWSS-272; MATC-28; 2d Radio Bn and Disbo.

In the first opening-day game, 8th MT Bn defeated 8th EngSpt Bn 64-54 to start

their season with a bang. The game sta slow and sloppy, but the teams quickly into a rhythm, Motors more so than Engineers. SOI used size and speed to by 5th Bn, 10th Mar in the second game MAL-26 demolished 10th Mar 77-37 in final game.





8th MT Bn's Cpl Gene Butler gets a hand on an 8th EngrSpt Bn pass. Motors defeated the Engineers 64-54.

REGIONALS from 1B

rrored double and Maready's single set up a sacrifice rom Sgt Jimmy Ward. SSgt Mike Berg then came on rith a one-run single followed by a sacrifice from LCpl illy Henderson, taking the game to 6-2. MCB answered in the fifth with an errored one-run

iple and one-run single to close the lead to 6-4, but herry Point again sprinted ahead in the sixth with ree runs. Singles from Cpl Handy Jernigan and Berg et up Sgt Herb Brinkman's sacrifice fly. Cpl Ted oldcraft and SSgt Kevin Crigger followed with onein doubles from a 9-4 ballgame before the third out

MCB failed to redeem themselves in the final nings and dropped to the losers' bracket with the 9-

All game results through Day 2 are as follows:

New River 3, Camp Elmore 0 II MEF/2d SRIG 11, Stewart 5 2d FSSG 8, Beaufort 4 Parris Island 8, Yorktown 2 Cherry Point 9, Lejeune 4 Henderson Hall 6, Quantico 3

Cherry Point 15, Parris Island 14 2d MarDiv 17, Henderson Hall 12 Lejeune 12, Yorktown 0 New River 3, Albany 0 II MEF/2d SRIG 5, 2d FSSG 4 Beaufort 7, Stewart 6

ICKBOXING from 1B

was confident that my ring expeence and endurance would be up

par." Mason started with martial arts age 5 in St. Louis. Through time d training, he earned black belts Ikedo, Tae kwan do and Wing hung Kempo. He was a St. Louis olden gloves boxer at age 12. That into kickboxing, where he was a top 5 amateur kickboxer five years in a row as a teen-ager and won a gold medal in the 1986 Puerto

Rican Olympics. He said his biggest influence in joining the Marine Corps in August 1988 was his father, a retired warrant officer. Since then he's gone 8-0 as a kickboxer and was No. 1 in

his weight class on Okinawa from 1988-90.

"I plan to get out of the Marine Corps next month and pursue a career as a professional kickboxer, Mason said. "I'm dedicated to the sport but pretty mellow about the whole thing. I'll go back St. Louis with my trainer, Robert Biggs, and just take things one step at a time.

Talk

Cpl James J. Cohn

Although football training (believe it or not) a bigger sports story right now Olympics.

only every four years, but it's been almost six months since the Super Bowl, and I'm suffering withdrawal symptoms. It's not pretty.

Let's just skip training camp and the pre-season and start the regular season. The pre season is a joke anyway; nobody cares who wins or loses. I'm sorry. That's not right. If one team doesn't hit the showers feeling embarrassed and/or humiliated,

something is very, very wrong. Now, the Olympics is more of a fraternal thing, but at least there will be some humiliation

summer games. Yes, that's right, I'm talking about the Dream

I'm going to go out on a limb on this one, but I think the Dream Team is going to win the gold. Sure this may sound a bit premature, but I'm a risk-taker. Somebody has got to make these

As long as I'm making predictions, I'll take this opportunity to repeat my annual predic-tions that the Denver Broncos will win the Super Bowl and the Chicago Cubs will win the World Series. Obviously, none of my predictions have ever come to pass, and it's not looking too good for the Cubs this year.

my predictions will come true. And who knows? Maybe they'll both happen in the same century. Other people have dreams of world peace and saving the environment. This is my dream, and in it's own way, it's just as beautiful.

What time is it? I'm so glad you asked. It's German phrase of the week time. Remember, kids, to have this entered on your transcripts so you can get admitted to a good college. Here goes, Bitte, hasse mich nicht weil ich so schon bin. Hasse mich nur, da ich soviel Geld Fur diese schreckliche schauspielerische Darstellung in dieser bloden Anzeige bekomme," translates to 'Don't hate me because I'm beautiful. Hate me because I'm raking in big bucks for this horrible acting job in this stupid commercial."

I'm outta here.

Triathlon training the smart way

LCpl Jimmy G. Davis

Camp Lejeune will holding its 7th Annual Toughman Triathlon September 5 at 8 a.m. The endurance race will boast a three-quarter mile swim, 26-mile bike ride and a 10-Kilometer run.

In preparation for this event many Marines are out swimming, biking and running. One of these Marines, SSgt Bob Bieri, chairman of the Association of Military Triathletes, offers a few training

"The most difficult parts of becoming a triathlete is deciding the best way to train and getting through your first race," said Bieri, a two-time Ironman veteran.

"Training can seem to be an insurmountable task at first," said Bieri. "You have to gain knowledge and competence in three separate endurance sports. There are dietary, physiological, monetary and psychological concerns along with time constraints to deal with

Goal-setting is important to help deal with these concerns, according to Bieri. "For your first race, your goal should be to finish comfortably."

To help with training and to monitor progress, Bieri suggested keeping a record of training. Include distances covered, time spent, how you felt and any other comments. By looking back at it, you can decide what works or what is wrong with your training.

You should also monitor your pulse and weight. Fluctuations from your "norm" are indicators of stress or over-training fatigue.

Cycling tips:

When cycling, you want to think in terms of pedaling in complete circles with most of the power coming from the action that simulates scraping mud Try to maintain 80-100 from your shoe on a curb. revolutions per minute. And remember that by hammering on a larger gear is only asking for trouble, especially when you consider that you have to run a 10K race afterwards.

Running and swimming:

Running is something that the average Marine and sailor does quite often; however, running after cycling 26 miles is different. If you have the time, walk or jog a mile after your cycling workout to start letting your legs know what they are in for.

The best thing you can do for swimming is to have someone analyze and work on your stroke. Swimming is more technique than muscle power

Below is a sample workout for the next few weeks, intended for the novice. A guide to go by is to ensure you can complete a mile swim, cycle 15 miles and run 10K in an hour or less.

WEEK 1 Sunday: Swim one-half mile; run six miles.

Monday: Rest. Tuesday: Swim one-half mile; run six miles. Wednesday: Cycle 20 miles. Thursday: Swim one-half mile

Saturday: Cycle 20 miles; run six miles.

WEEK 2

Sunday: Swim one-half mile; cycle 20 miles. Monday: Rest.

Tuesday: Swim one-half mile; run six miles. Wednesday: Cycle 15 miles (moderate to intense)

Thursday: Swim one-half mile; run eight miles Friday: Rest. Saturday: Run six miles.

WEEK 3

Sunday: Swim three-quarters of a mile; run si miles

Monday: Cycle eight miles (Intense); run six

Tuesday: Rest.

Wednesday: Swim one-quarter mile (Intense); Thursday: Cycle 15 miles (moderate to intens

Friday: Rest. Saturday: Swim one mile; run six miles.

WEEK 4

Sunday: Swim three-quarters of a mile; cycle miles.

Monday: Rest.

Tuesday: Swim one mile; run six miles. Wednesday: Cycle eight miles (high intensity) Thursday: Swim one-quarter of a mile; run fo

Friday: Rest Saturday: Cycle 15 miles; run six miles.

WEEK 5

Sunday: Cycle 25 miles; run six miles. Monday: Swim one mile.

Tuesday: Cycle 15 miles; run six miles (mode

Wednesday: Cycle 10 miles (high intensity). Thursday: Swim one-quarter of a mile (low intensity).

Friday: Rest.

Saturday: Swim one-quarter of a mile; run eig

WEEK 6

Sunday: Swim 1.5 miles (moderate intensity). Monday: Cycle 20 miles; run four miles. Tuesday: Rest.

Wednesday: Swim one mile; cycle 10 miles

Thursday: Swim one-half mile; (high intensity

run eight miles (low intensity). Friday: Rest.

Saturday: Cycle 25 miles; run eight miles (lov intensity).

As you progress further with your training keep in mind the 5 percent rule.

Do not increase your weekly totals by more t

percent," said Bieri. "While that might not seem like much, simple math will tell you that in eight weeks you will double your original mileage and in 12 you can

triple your mileage. Although it might seem like a long, slow proc to increase mileage, adhering to the 5 percent rule can reduce your risk of over-training and injury,

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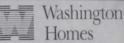
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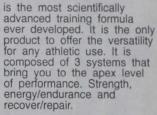
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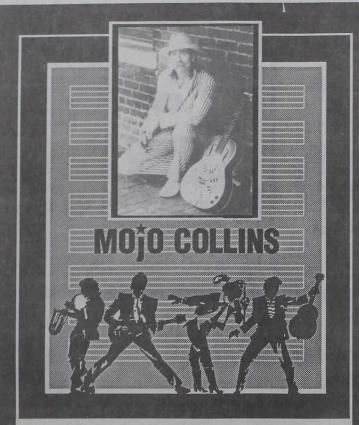
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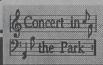


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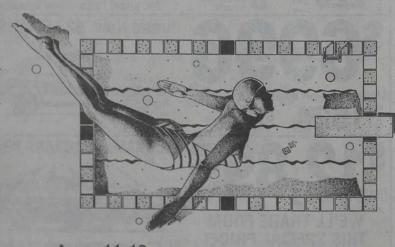
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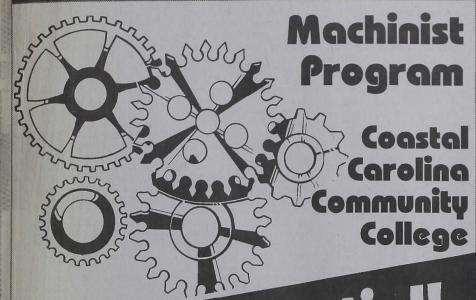
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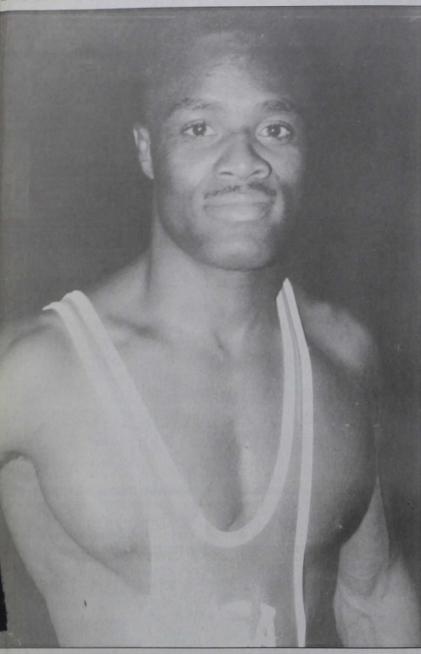
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farine wrestler en route to Barcelona



ars of amateur wrestling success, Sgt Buddy Lee made the Olympic team.

Cpl Russ Torrey

MARINE CORPS COMBAT DEVELOPMENT COMMAND Quantico, Va. - Accomplishing a goal supersedes all other priorities to some.

For one Marine here it was earning a place in Olympic history

Sgt Buddy Lee earned a spot on the U.S. Olympic Wrestling Team after defeating longtime rival Ike Anderson in Greco-Roman wrestling at the Olympic Trials in California recently

Lee started with organized sports in junior high school, playing mainly basketball, football and track.

"I injured my ankle at basket-ball tryouts in high school, so I couldn't play," Lee said. "After that healed, I went out for the wrestling team when I was 15." His high school record was 90-4-There he was three-time district champion, three-time regional champion, state runnerup, state champion and four-time team most valuable player.

Lee also earned many victories and titles at Old Dominion University in Virginia including two-time National Collegiate Athletic Association All-American, four-time most valuable player, freshman team All-American, senior and freshman Athlete of the Year and three-

time outstanding male athlete. He also earned a bachelor's degree in secondary education.

"It was when I won my first national title that I thought I had the chance to make it to the Olympics. As a child, I always dreamed of being in the Olympics. It's the pinnacle of amateur competition.

"I made a commitment to myself that I wasn't going to let anyone take away my dream. In order to make it there, you can't let anyone sidetrack you. You have to stay completely focused on what you want to accomplish for many years.

much work is involved in training. We might work out twice a day, two hours for each workout. Then we'd do any extra things we wanted to, like lifting weights and spend hours studying films of past matches and future oppo-

Lee chose to focus on Greco-Roman wrestling a number of years ago to get better workouts. Only the upper body can be used to pin a man. Using the legs in any way is illegal.

Lee has maintained a 136.5 pound competitive weight for the last 15 years.

"There are two factors involved that allow me to stay at this weight. One is not living with mom, and the other is not being married. I normally don't cook for myself because of my schedule. I don't have time to eat three meals a day.

"The key to being a successful athlete is knowing your body inside out and how it works. I know how to get my body to perform at its optimum level."

One tool Lee used to learn about and train his body is jumping rope.

'A man named Herbert Rainey taught me to jump rope not only to stay in shape but as an art form. He was a martial artist and he taught me to practice discipline, believe in myself and follow my dreams.

"Even today he continues to support me and he always believes in me. He even came to

my Olympic trials."
Rainey's ideas and teachings stayed with Lee throughout his career. Lee continues to use the jump rope as part of his training. He likes it so well that he started his own jump rope manufacturing company

Lee even gives seminars and performs his unique jump rope techniques in front of school children.

"The slogan for my seminars is 'skip over drugs, jump into fitness.' Giving seminars,

teaching them to follow their dreams is probably how I most benefit the Marine Corps.

"Many athletes are looked up to and don't really use their talents to make a difference in the community. That's why I don't have any heroes in pro sports," said the 34-year-old wrestler.

"Teammates of mine like Eric Wetzel and Keith Wilson are more like heroes to me. They spend time with young children and give back to the community. A hero does things from the heart, not for materialistic

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"They also helped me out as a teammate and gave me good input, making it possible for me to have an Olympic team berth."

Since Lee's enlistment in 1982, he has been Armed Forces National Champion several times, three times Military World Champion, three times Greco-Roman National Champion, 10 times Marine Champion, four times National Olympic Sports Festival Champion, two times World Team member, 1985 Marine Athlete of the Year, 10th place finisher in the 1989 World championships, Olympic alternate in 1988, 4th place finisher in World Championships, 1992 Double Gold Interservice National Champion, voted outstanding wrestler in recent Olympic Trials, two time World Cup silver medalist and Pan-American silver medalist.

"This will be my last Olympics. When the Olympics are over it will be the end of one career and the beginning of another. I want to launch my own fitness campaign through jump rope. I want to teach kids about success, perseverance, discipline, commitment and many other things to show them how to help themselves and society. I want to teach kids to make a difference in a corrupt world. I can't rest in peace until I do that.





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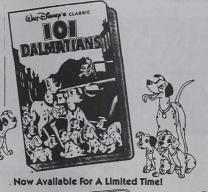


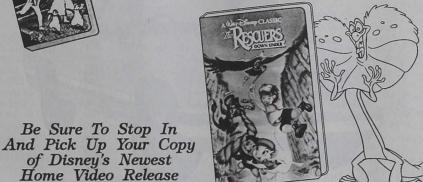
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30 July - 9 August Main & MCAS Exchanges





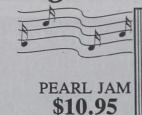




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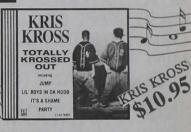














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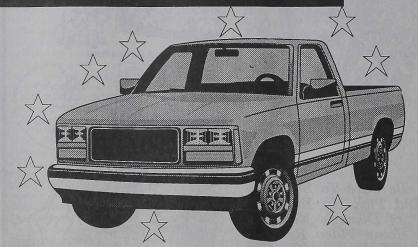
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92 - 93 Fall Aug

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I out an application to a counselor

Coastal G 444 Jackso

Lejeune recreation over Scuba: Try the free er Scuba class being offered from noon-5 p.m. at Area 5 all 451-2024 to reserve your

n to Bowl: French Creek g Center will hold clinics Tuesday for adults and Adult clinics cost \$50 and m 6-8 p.m. Youth clinics 0 and run from 9-11 a.m. 1-1799/1801 to register.

th Fall Soccer: Registration or fall soccer are August 1 a.m.-1 p.m. at Berkeley Youth Center, Marine Corps ion New River Morale Cen-Tarawa Terrace Community August 3-7 from 9 a.m.-5 Marston Pavilion and MCAS tiver Morale Center; and 8 from 8 a.m.-1 p.m. at 1Pavilion, MCAS New River Center and Tarawa Terrace inity Center. Soccer is open ndents ages 5-13. Call 451-379 for more information.

-In-Motion: The Kids-Infitness program begins 1 at Area 1 Gym. Cost is \$2 is. Call 451-5430 for more

n classes: Registration for ng classes will be held Sunnigh August 5 at the Tarawa outdoor pool from 12-5 asses for babies and small will go August 10-19. Cost per student. Call 451-2513 e information.

ne Athletics ng intramural sports ipants

mural tennis begins play at idise Point courts Monday Marine Division and 2d ervice Support Group, and 3 for 2d Surveillance, Re-

connaissance and Intelligence Group, II Marine Expeditionary Force and Marine Corps Base. The All-Camp tourney is set for August 17-21. The 2d MarDiv and 2d FSSG organizational meeting was Tues-The 2d SRIG, II MEF and MCB meeting goes noon Tuesday at Goettge Memorial Field House.

Intramural soccer begins play August 3 on the "O" Street field. Intramural Skeet begins at the skeet range August 6, with the All-Camp competition set for August

20 and Top Gun for September 3. For information concerning any of these intramural sports, contact the Lejeune assistant athletic director at 451-3636.

J&T Classic softball tourney coming

The J&T Classic Men's American Softball Association tourney will be held August 1-2 at Northeast Ball Park. Entry fee is \$70 for the 20-team competition. For more information call Joe Smith at 327-

Hunter Education classes offered

A North Carolina Hunter Safety Course will be offered August 15 and 22 at the Jacksonville Police Range. Participants must complete both training days, which go from 9 a.m.-4 p.m., for qualification as a safe hunter. Hunter safety certification is now required for all new applicants for hunting licenses in North Carolina. For pre-registration call E.H. Arkland at 326-3252.

Toughman Triathlon coming September

The Lejeune Morale, Welfare and Recreation Division will host the 7th Annual Toughman Triathlon

3/4-mile swim, 26-mile bike race and 10,000-meter run beginning 8 a.m. Registration fees are \$15 before August 28 and \$20 for late registration. For more information, call Paul Nilsen at 451-2094/2108, weekdays 8 a.m.-4 p.m.

Camp Johnson seeking boxers

Camp Johnson is seeking boxers to form a team to participate in the National Boxing Championships to be held October 4-9 at the Olympic Training Center in Marquette, Mich. For boxers to participate, they must pay a \$15 registration fee if not with USA Boxing Inc. Workouts are scheduled for Mondays, Wednesdays and Fridays from 6:30-9 p.m. and Saturdays from 8 a.m.-noon. Fighters will be trained by former All-Marine fighter/coach W.N. Stankowski. Call Stankowski at 451-0715 for more information or stop by the Camp Johnson gym during workouts.

Run with the sergeants major

Retired or active duty sergeants major are sought for a team to run in the Marine Corps Marathon October 25. Call SgtMaj I.A. Irrera at 455-7307 for more information.

Runners needed for **Corps Marathon Team**

Marathoners with a 2-hour, 30minute run time are needed for this year's Marine Corps Marathon team. For more information, call Lejeune MWR at 451-2094.

Bonnyman offers specials

Mondays are family nights at Bonnyman Bowling Center. Special family rates go from 5-9 p.m. 6:30 and 8:30 p.m.

A Scotch Doubles No Tap Tournament is scheduled through July. For bowling center information, call 451-5121/5485.

Table Tennis competition available in Jax

The Jacksonville Recreation and Parks Department is offering open play table tennis on Thursdays from 6-8 p.m. at the Jack Amyette Recreation Center. For more information, call Michael Liquori at 455-2600 Monday-Friday 8:30 a.m.-5:30 p.m.

New tennis league formed

The Ultra Slim Fast team tennis league has matches beginning at 9 a.m. every Saturday at the Paradise Point tennis courts. Balls are fee. All skill levels welcome. Call ENS Steve Hailey at 451-4920 or 353-7954 for more information.

Tennis lessons offered

Tennis Lessons are now being offered at the Paradise Point tennis courts. The lessons require a fee and may be taken private or in small or large groups. Contact ENS Steve Hailey at 451-4920 or 353-7954 for more details.

Community center offers outdoor skating

Parents, grab your children and enjoy outdoor skating in the Tarawa Terrace Community Center park-

Outdoor skate takes place every third Sunday of the month. The skating runs from 3-6 p.m. and costs \$1 per person. The fee covers admission and skate rental

seeking members

The Cape Fear Men's Lacrosse Club of Wilmington is looking for a few good men to play organized lacrosse on a limited schedule this summer in the Wrightsville Beach area. In the past, Marines have been the key ingredient in the team's success. The season highlight will be a weekend tournament in Charleston, S.C. For more information, call Taz Brown at 256-6263 (home) or 343-0938 (work).

Marinas offer sailing instruction

Gottschalk Marina has established its sailing instruction schedule for the 1992 season. Instruction will be broken down into three separate, one-weekend periods. Each weekend course will qualify the individual in a specific type of sailing craft. The first weekend will provide Sunfish qualification and basic sailing instruction. The second weekend will offer qualification on 17-foot O'Day and 19-foot Compac sailboats. The third weekend will provide instruction on multihulled sailing craft, such as the Marina's 14-foot Hobie Cats Sailing instruction will be offered through the last weekend in October. The fee is \$20 per person for each course. For more information, call 451-8307.

Drag racing held each week

Drag races are scheduled every Wednesday night at the Coastal Plains Dragway. For more information, call the track at 347-2200 or the office at 455-3555.

Free judo lessons offered

The Camp Lejeune/Marine

Corps Air Station Judo Club offers free lessons every Monday, Wednesday and Friday from 6:30-8:30 p.m. at building AS-226, MCAS New River. Lessons are open to active duty and dependents. Children may start at age 5. For more information, call Al Almon at 451-0723

Okinawan karate offered to active duty

Karate classes are held at Goettge Memorial Field House Monday and Wednesday from 6-8 p.m. and Saturday from 6:30-8:30 p.m. There is a \$25 monthly fee. The class is traditional Okinawan Karate and open to active duty personnel only. For more information, call MSgt Raymond Heberlig at 451-5522/

Hash House Harriers schedule Sunday runs

The Hash House Harriers have runs scheduled at 4 p.m. every Sunday. The runners follow a powder trail through the woods and residential areas to find the finish. Fees are \$3. Beverages are provided at the finish. Contact Tim Roden at 455-7538 for details.

Local running club formed

The Jacksonville Roadrunners, a local running club, provides race information, running clinics and regular events for serious runners and anyone else who likes to run (speed is not essential). Membership is \$10 (\$15 per family) for the 1992 calendar year. Membership includes a newsletter, National Roadrunners membership and discounts at local sporting good stores. For further information and a free copy of the newsletter, call Tim

See SHORTS/11B



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Camp Johnson (Bldg #419) Hours: Mon-Fri 0830-1700 Closed Sat & Sun 451-0996

Courthouse Bay (Bldg #11) Hours: Mon-Fri 0830-1600 Closed Sat & Sun 451-7155

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Sunday's post-gai downpours and gloon overcast skies could o greaten opening-day p the East Coast Regio.

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Roden at 455-7538

Soccer participants needed by varsity team

Anyone interested in playing varsity soccer, contact MSgt Mena Fernandez at 451-5224/1628.

Devilfish seeking interested swimmers

The Devilfish are seeking interested swimmers ages 7-18. Call Area 5 pool for more information.

Powerhouse Club meets monthly

The Semper Fit Powerhouse Club meets 4:30-6:30 p.m. the last Wednesday of each month at the Fitness Center. Call 451-5430 for

more information.

Youth activities in Jax

Jacksonville Recreation and Parks Department offers numerous youth classes and clubs. Call 455-

Aerobics classes offered weekly

The Area 1 Gym offers the following aerobics classes: Early Morning Workout, 6-7 a.m. Tuesday and Thursday; high/low combination, 9:15-10:30 a.m. Saturday; Creative Movement, for ages 18 months through 5 years, 9-10:15 a.m., in conjunction with Fat Burner, a combination of high and low impact, 9-10:15 a.m., Monday-Friday; High impact, 11:30 a.m.-12:30

p.m. Monday-Friday and 7-8 p.m., Monday-Thursday; Low impact, 5-6 p.m., Monday, Wednesday and Friday. The classes are free for

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tails on any of these programs.

Water aerobics are held from 11:30-12:30 p.m. Monday, Wednesday and Friday and 6:30-7:30 p.m. Monday, Wednesday and Thursday at the Area 2 pool.

Belly Burner classes are offered Monday-Friday at noon in the Area

High impact aerobic classes are held 11:30-12:30 p.m. Monday, Wednesday and Friday and 5:30-6:30 p.m. Monday and Wednesday at the Camp Johnson Gym.

INTRAMURAL GOLF

(As of July 17)

Red League

ALCO.	Deagu	
Maint "D"	8	0
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Maint "C"	6	2
Maint "A"	4	4
3d Bn, 2d Mar	3	4
10th Mar	3	4
Supply "C"	3	5
1st Bn, 2d Mar	2	6
NavHosp "B"	2	6
Maint "B"	1	7

William.	Locar
White	Leagu

SRIG	5	1	
LdgSpt Bn	4	1	
FCAC	4	3	
2d Radio	3	2	
HOSPT	3	3	
MCES	3	3	
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Brig	2	3	
FMSS	2	3	
TngSPT	2	4	
Sup "A"	0	4	
Sup "B"	0	4	

Blue League

8th Comm 8 1

PMO NavHosp "A" PA School MCSSS Compt "A" 8th EngrSpt "A" HqDiv 8th EngrSpt "B" Compt "B"

INTRAMURAL RUGBY

(As of July 17)

3d Bn, 6th Mar	2	0
HQSPT Bn	1	0
2d Tank Bn	1	1
1st Bn, 6th Mar	0	0
MCAS New River	0	1
2d SRIG	0	2

COMMUNITY SERVICES BRANCH SPORTS

COED SOFTBALL

(As of July 17)

American League

Kriss Kross

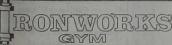


National League

Wrecking Crew	4	0
The Posse	3	1
Just Do It	3	1
Unique	2	1
On Fire	2	1
Tenacity	1	2
Hurricanes	1	3
No Cents	1	3
Red Hots	0	4

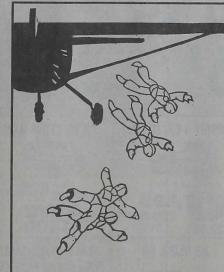


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Trinitron console To atrol, \$200, television

aboo rattan chair, \$25, c

26-3084.

HELP WANTED

EXPERIENCED Computer [sign, Graphics and typesetter. M type 45 words per minute. Exc. lent benefits. Apply in person Me day - Friday, 9am - 5 pm at E.N Publications, 122 Branchwo Shopping Center, Gum Bran Road. No phone calls please.TI

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3102 Belmont Ct(Foxhorn Village) \$61,000 100 Bryan Street (New River)2/1 \$34,200 \$25 \$34,200

206 Cardinal Road (Cardinal Villag 3/1 5 \$52,700 \$38 \$52,700 403 Sharon Way (Branchw \$60,000

909 Welsh Lane(C.Club Hills)3/2.5 \$98,500 2474 Northwoods Dr. (Wood)

\$89,300 489 Hemlock Dr.(Aragona Village) 3/2 \$51,800 \$38 SNEADS FERRY

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\$10.245 or \$196 mo.

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JUST ARRIVED! Turbo Diesel PICKUPS Both 2 and 4 Wheel Drives

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88 TOYOTA MR2 90 OLDS. CUTLASS 25,000 miles 33,000 miles 23035B 2049A 89 GMC S-15 PICKUP 44,000 miles 17,000 miles 43,000 miles 89 BUICK SKYLARK 91 SONOMA EXT. CAB 89 GEO TRACKER 23141A 23137B 2065A 43,000 miles 24,000 miles 34,000 miles 38,000 miles 8,000 miles 37,000 miles 14,000 miles 65,000 miles 91 PONT. GRAND AM 89 GEO METRO SLI 2128B 89 ISUZU AMIGO 89 OLDS. CUTLASS 91 SONOMA ST 23147B 2077A 2152 90 CUTLASS 2-door 91 PONTIAC SUNBIRD 86 GMC PICKUP 2128A 2100 23144A 21063A 56,000 miles **85 NISSAN SENTRA**

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308 Topsail Reef(Oceanfront)1/1 \$50,000 \$3

WANTED

ed to trade: 12 speed 27" touring for a 27" mountain bike or lady's cycle, call 577-7998

ed: Evening dress blue uniform. grade; size: blouse 40-44 short, er 36-38 short, call 577-1794.

YARD SALES

ut unit, glass top table, clothing, rms, kitchen items and more, 2007 ers Ridge Dr. Hunters Creek, call

REAL ESTATE

plands Area" available August 31. clean, 3BR, 1.5BA, central air and stove, refrigerator, dishwasher, W/ ok up, no pets, deposit required,

/month, call 455-4999. per Trailer, 12', excellent condi-\$995, call 393-8574.

le Home for lot for rent, \$70 per h, near MCAS New River; 2 bedmobile home forrent, \$250/month,

field- off Gumbranch Rd., for rent, privacy fence, ceiling fan, \$535/ h, call 451-5592 room 206.

tent: 3 BR, 1 BA, home recently deled, close to base and shopping r. call 347-7076.

ale/rent, very nice 3 BR house, fire new heat pump, sun deck, garage, 100, call 347-5684. combination mobile home door

dead bolt 34x78 excellent condi-5-2 BR mobile home for sale, set

lot, \$3000, call 455-3651. Toyota motor home, 20', excellent

tion, \$12,000, call 327-0901. Jouse, 7 rooms, large front porch

1.5 acres near Food Lion, Sneads would sell house only you move, 27-0901.

N: Military Personnel only for sale; , 2BA, den, living room, large en area, fire place, no hassle of check, assume VA loan, call for

ing, 346-6713. tent: 4 Br house in Newport, RI, ct for Naval War College student,

lcar garage, in Equestrian Commuwith pool and tennis courts, \$625/ h, available 15 August, call 327-

wner: brick ranch in exclusive borhood (Forest Hills), convely located to schools, bases, 3 BR. special features, must see, call

r, large yard, many nice features, 00, call 353-9468.

de by Owner, 3 BR, with central nished garage, call 938-2616. ent: 3BR, 2BA house, very clean,

close to back gate, \$495 call 326-

kittens to a good home, call 353-

ded, call 577-5410. tiful toy poodle puppies for sale, 19-728-5937.

registered male Pug., all shots, call

Miniature Schnauzers and cocker el for sale. Free kittens, call 347-

sale: 4FT Green rat Snake very great pet, call 346-3521.

d, for more info call324-6399. its for sale: pair of minilop rabbits, es with feeders and bottles, call

7 to choose from, if interested call 5729.

FURNITURE AND APPLIANCES

oak desk, mahogany butcher block/ ed picnic table, sand box, chain saw accessories, call 326-1336.

case with glass doors, like new DBO, large vinyl dog kennel, \$30, ue coffee table, dropleaf sides with

inserts, \$100, call 347-1196 ony Trinitron console TV w/recontrol, \$200, television stand, Bamboo rattan chair, \$25, call 938-

ndition, call 455-9934 n size waterbed with Seally pos-

pedic box springs and mattress, call 353-0029. One 12x12, red, \$50, one 5x8, tan,

bed, queen size, \$450, stroller, \$45, ack carrier, \$25, call 455-0725. lovox, '41" color TV, many fealovox, 41" color TV, many fea-\$1200, call 938-2967.

and matching chair, \$80, very good tion, call 455-2842.

formal glass and marble dining room table w/eight white high back chairs, Two glass, marble end tables, call 346-

Sears brown vinyl recliner, artificial xmas tree, microwave, vacuum attachments, washer and dryer, call 938-

Coffee table and 2 matching end tables contemporary style, \$50, call 451-7143. Large country style sofa and matching love seat, \$150, call 451-7143.

Crib mattress and bumper pads, \$125, DP Tone 3000 rowing machine \$20, call

Large fish tank, wood heater, kitchen cabinet, baby stroller, queen size comforter, king size bedspead, call 353-

Walnut student desk, cream carpet, new double stroller, Graco walker, car seat, sofa and love seat, call 346-5992. Kenwood home stereo system 860, KLA-

900 speakers and stereo cabinet, \$800, call call 347-4357. Bedroom furniture, queen size headboard,

2 night stands, ladies triple dresser with mirror, twin head board, call 353-9256. Refrigerator and freezer, side by side, \$200,

Sofa and chair and lamp, \$50, call 347-

Twin box spring, Rochester 650 4BBL

7x9.6 tent, sleeps four w/4 sleeping bags, 3 air mattress, 4 stools, and 2 gas burner stoves, \$100; 4-man raft w/3 life jackets and 2 paddles, \$100, call 455-1557.

Two wing back chairs, Ottoman, draperies, blue sofa, twin beds, headboard, refrigera-

Solid black king size waterbed sheet, \$15, standard size ruffled pillow shams, \$10, excellent condition, call 326-5918.

for rainbow vacuum cleaners, set of real estate vocabulary tapes, call 347-2066. Bose 501 speakers, new, \$450, Dehumidifier, \$110, call 938-3753.

MISCELLANEOUS

used. Tusa regulator, octobus, dive console w/knife, BC-jacket, weight, belts, complete 1/4" wet suit. Cost \$1400, sell \$800.

16' Capri Bayliner, 85hp, hand held radio, skis and 5 life vest, \$3,500, call 353-6452. Golf clubs: Hogan Radials irons 2-9, PW SW putter, Spaulding Top Flite Woods drivers 2.5, 3.5, 4.5, with headcovers, Spaulding Pro Style bag with 60 excellent shag balls, call 346-67-04.

Airconditioner, 6000 BTU, \$200, call 577-

Mens uniforms, cleaned and pressed, dress blues, short sleeve shirts, green trousers,

Large storage shed as is where is, \$150, carpets, call 353-2647.

20 Disk harrow, 5" Hardee Bushhog, Aerator - Pulverizer leveling blade, landsc

rake, BEFCO landscaper tiller, all 3pt hitch, 7 day/6 night Florida Bahamas cruise/va-

cation for two, hotel accomadations included, asking \$398, call 353-1438. Roper air conditioning unit 10,000 BTU,

asking \$350, also, Pentax 35mm camera, Alpine climber stair machine, \$50, call

Nintendo system, \$50, games, \$10, Large joystick, \$15, have 10 games, call 353-

Woodstove, black bart model, 3200 with var spd fan, pipes, roof flashing, \$300, call

Antique luggage stand, \$15, call 347-1196. Tarus travel trailer, 22' fully self contained, sleeps 6, excellent condition, call 353-

Black and Decker hand circular saw, Sears ower, neavy duty trailer nitch,

5ft Massey Fergunson finishing mower deck for a tractor with 3pt hitch, \$900, call

Gibson guitar w/case, \$500, 250 gal diesel tank, \$450, twin chimney pig cooker on wheels, \$350, 346-8819.

Gas gril, \$40, "One Step" cloth car seat, \$30, off white carpet, \$40, call 353-9084. GE refrigerator, almond coler, excellent condition, \$150, call 577-4317.

Apache pop up camper, new canvas equipped with stovem sink, heatmall working, sleeps 5, \$600, call 455-6059. Sofa, samll portable poll table, dress blue

jacket, 3pr trousers, ball fown, WM overcoat, call 353-6683.

Baby nite monitor, tame with hot rock, \$50 OBO, call 328-1134. Wood burning stove insert 3 speed blower

fan with automatic shut off, \$775, call 346-Wire fence with stakes, 50ft, \$10, Geryy

umbrella, call 577-4390. Stereo equipment - luxman pre amplifier, \$175, proton tuner, \$75 excellent condi-

tion, call 577-3492. Panasonicwalkman with external speakers, Polaroid one step camera, twin bed with mattress, 12" B&W Tv, desk, night

dress. call 455-3453. 16 cubic foot freezer, 4x8 utility trailer, \$300, call 353-0712.

Man's diamond ring, size 10, \$150, lady's wedding band set, \$300, gas dryer, \$100,

Tandy 1000SX with monitor, printer, \$800, call 353-9492.

Datsun Z car, Seilo chronograph watch, fishing rod and rollers, cast iron skillet, ignition coil for Z car, call 455-3453.

Mowing boxwes, all sizes, .\$50-\$2.00, call Konica FT1 35mm camera, built in winder

auto exposure, 35-105mm lens, flash; metal storage shed, call 353-7653 Car ramp, Nintendo and games, Antema with remote control positioing, Pioneer cassettecar stereo w/80 watt speakers, call

Caild's car seat, \$15, call 455-2842. Fiberglass shell for short bed truck, various size storm windows, pool equipment, call

Frigedare 14.5 cuft refrigerator, \$75, Philco, 16.4 cuft refrigerator, \$100, call 353-3966. 8ft Cabover truck camper, stove, icebox, sleeps 3, \$500 OBO, call 451-7143.

Lawn mower, \$50, riding mower, \$380, GE air conditioning, 10,000 BTU, \$100, Hot Point air canditioner, under warranty,

\$200 firm, call 353-4004. Sears craftsman lawn tractor, 18hp, 6spd, 2 range transmission, 44" mowing deck, perfect condition, \$1700 OBO, call 577-5361. Plane ticket to Waterloo, IA. round trip for only \$125, call 451-1812 room C206.

MOTORCYCLES

91 Honda Nighthawk 750, new, 1000 miles, \$3800, extras included, call 451-

77 Harley Davidson Super Glide, chrome, cherry red, Barnett clutches, S&S Super carburator, call 577-8296,

90 Suzuki DR 650S, excellent condition, blue and white, helmet included, \$2000, call 353-0236

86 Honda VF700, Magna w/cover, 83 Kawasaki 550 LTD, excellent condition, \$900, call 577-4311 room 319.

84 Honda Interceptor VF500, \$1200, 87 Yamaha SRX 250cc, 3400 miles,

new tuneup, new battery, helmet, vest, kit and cover, \$995, call 353-2084. 82 XLH Sportster, excellent condition, must see, \$3500, phone 346-3521

Garelli moped, blue w/gold rims, \$300, BMX Diamond Back Dirt Bike, call

black, low miles, \$4500, call 346-5337. 85 Kawasaki Vulcan 700CC, \$1300, 79 Honda CB 500, project, \$450, call 326-

90 Honda Transalp Enduro, 600, V-Twin, low miles, good condition,

90 Suzuki DR650S, excellent on off road, very nice condition, helmet included, call \$2000, call 353-0236.

AUTOMOBILES

78 Plymouth Volare, motor rebuilt. auto trans, \$600, call 347-3000. 87 Ford EXP, great condition, good tires, many extras, \$2200, call 347-

89 Dodge Dakota, good condition, very depndable, \$4200, call 326-7338.

91 Toyota Camry, burgundy w/gray interior, loaded only15K miles, call

77 Chevy Chevette, 4cyl, auto, \$75, call 577-1209. 86 Nova, gray, excellent condition, \$4000, call 346-3521.

85 Subaru Brat, sun roof, new exhaust, new front tires, \$1900, call 326-4098 79 Dodge power wagon, short bed, 4x4, automatic transmision, good tiresm call 353-0712.

84Bronco II XLT 4x4, excellent condi-

or, loaded, \$2,200 call 328-1828. 91 Ford ranger, low miles, many extras, \$8200, call 347-2532 37K, JVC system,

\$5800, call 577-4190. 91 Hyundai Sonata, black with grey interio, power everything, call 577-

84 GMC S-15, pick up truck with camper shell, only \$1800, good condi-

tion, call 326-1336. \$6175, call 353-2711.

87 Dodge Omni, good condition, \$1200, call 326-6629. 83 Ford Ranger, newly rebuilt engine, runs great, \$2500, call 353-1356.

90 Escort GT, loaded, assume loan of 91 Honda Civic DX, light blue, 4dr, excellent condition, new tires, oil change, 46,000 miles, \$9500, call 326-

87 Ford Ranger XLT, 61K miles, red w/ tan int., AM/FM cass., \$3,800 neg call 451-1781 Rm. 321 ask for Cpl

85 Chry Laser, 5spd turbo, 2 dr, hatchback, new tires, cassette, \$2350, call

65 Chevy pickup, auto trans, new fuel pump, \$1200, call 938-2402.

90 Mitsubishi Eclipse GS, like new,

low miles, all black, \$8900, call 353-84 Oldsmobile, excellent condition, \$1895, call 393-8171.

call 393-8171, \$1795 73 VW Bug, as is whole or whole parts,

rea cheap, call 328-4558. 78 Chrysler LeBaron, excellent body need minor repairs, \$1000, call 455-

special, \$8500 OBO, call 455-4335.

81 Monte carlo, needs work, \$500, call 87 Chevy S-10, AC 4cyl, 4spd, \$3800,

84 Ford tempo, AC, am/fm cassette, runs great, \$1300, call 353-5901. 87 Pontiac SW 9 pass, all factory op-

85 Ford F150 pickup, 6 cylinder, 3sp overdrive, long bed, \$4200, 81 Honda Accord, 2drhatchback, \$1200, call 455-

will not be printed.

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83 Mazda 626, \$1000 OBO, excellent condition, call 347-7483.

condition, good body, needs a bed, \$2500, call 346-8819.

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\$800, 68 Holiday Rambler, 68 Chevy Bug, 64Cadillac, 41800, call 353-2623, 78 MGB conv, classic, great condition. has bra, stereo, ready to go, \$2000, call

81 full size Ford Bronco, \$3000, 77

Lemans \$1100, 80 Mercury Bobcat,

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LARGEST **EVER GIVEN!**

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XLT, AIR, STEREO CASSETTE, SLIDING REAR WINDOW, CRUISE, TILT, PLUS MUCH MORE! (SKT7947)

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AUTOMATIC TRANSMISSION, ELECTRIC MIRRORS, STEREO CASSETTE, "SPECIAL" CHROME WHEELS. (SK7217)

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(UP TO 60 MONTHS)

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\$44**9**5

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4X4, AUTOMATIC, 6-CYLINDER, POWER STEERING, POWER BRAKES, STEREO WITH CASSETTE, BLUE, SYGS/9294.

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inewresidents of On sentee voting in their h ales will be available ilitary personnel

iters is a non-part itical organization ourages the infor active participation iens in governmen wurages all who to resigter and

Dates this wee

My 31, 1790, The S government pate sed, for a process bong potash. July 31, 1876, The

at Guard Academ ed shed. August 1, 1944, H allers and Ser Malion, 2d FSS(

August 1, 1947, The I cal Service Corp Ligust 3, 1919, Maj M A. Lejeune le France in a ticker-t August 3, 1942, Milk lee, the first woman r

ris commissioned. Igust 3, 1942, The I s is the first shi the North Pole. as Guard is founde August 4, 1855, Mar In the USS Powh Fure 17 pirate junks

og Kong. August 5, 1921, rigize River Patrol F sablished

dyou know? Pere were 15 stars esonthe U.S. flag di ⁹ War of 1812.

INSIDE endar/2A Wsbriefs/2A

aplain's Corner/10 orts/1-2, 4, 8, 9B Renv1-2, 4-6, 9C