



Highlights

For Computer Users

- Promote fitness and comfort as you compute, reducing potential back and neck pain by adding movement into your work routine in a truly ergonomic workstation
- Easily and simultaneously lift LCD screens to proper height for unsurpassed ergonomic comfort.
- Improve your energy and productivity by standing or sitting as you work, and then switch positions whenever you choose. This work style encourages healthy movement throughout the day

For IT and Facilities Staff

- IT deployment friendly—convert most work areas into a productive and complete computer workstation in minutes
- Modify existing office spaces or cubes by simply clamping a WorkFit-S on an existing worksurface, without the cost of expensive professional installers
- Safe and neat routing of cables
- Flexible, open-architecture design is scalable for future computer equipment

For HR and Company Cost Savings

- Manage the cost of healthcare premiums by promoting wellness in the daily work routine
- Provide standing work platforms for employees without having to buy expensive height-adjustable chairs

Ergotron®

WorkFit-S



Join the Uprising: Just Stand!

Sitting for long hours in front of a computer at work? Presenting Ergotron's WorkFit-S, the first-of-its-kind desktop workstation that promotes proper ergonomic positioning and inspires an on demand sit-stand work routine. This height-adjustable unit offers 18 inches (46 cm) base height adjustment, five inches (13 cm) individual display adjustment and a back-tilt keyboard tray. Designed to help workers counteract the harmful effects of increasingly sedentary life and work styles, the WorkFit-S encourages healthier movement throughout the day, energizing the worker while also helping companies manage the cost of healthcare premiums by promoting wellness in daily work routines.



- ① VESA® compliant
 - ② Lift range: LCD/notebook/keyboard tray adjust 18" (46 cm) in tandem; LCD adjusts 5" (13 cm) independently; maximum LCD height adjustment = 23" (58 cm)
 - ③ Designed for use with a separate, external keyboard for proper ergonomics. Keyboard adjusts 18" (46 cm). Optional Tablet/Document Holder (97-558-200) includes lift handle
 - ④ Ergonomic back-tilt keyboard tray with left or right mouse tray ensures wrists remain in a neutral position during data entry—avoid repetitive-stress injuries while increasing comfort and productivity. Wrist rest not included, order separately
 - ⑤ Desk clamp attaches to surface edge .4–2.4" (10–60 mm) thick
 - ⑥ Durable, easy-to-clean exterior composed of aluminium, high-grade plastic and powder coated painted steel
 - ⑦ Keyboard tray includes mouse tray that installs on left or right
- Patented Constant Force (CF) lift-and-pivot motion technology
 Monitor depth may affect weight capacity. See website for details



LD LCD Size	Weight Capacity	Lift	Tilt	Pan	Rotation	VESA†
≤ 22"	6–16 lbs* 2,3–7,3 kg	23" 58 cm	30°	—	360° P/L	MIS-D

*Maximum load on height-adjustment assembly = 24 lbs (11 kg). Includes weight of display in addition to contents on keyboard tray and in cable storage box. LCD pivot capacity = 6–16 lbs (2,3–7,3 kg)

HD LCD Size	Weight Capacity	Lift	Tilt	Pan	Rotation	VESA†
≤ 30"	16–28 lbs* 7,3–12,7 kg	23" 58 cm	30°	—	90° P/L	MIS-D/E/F

*Maximum load on height-adjustment assembly = 35 lbs (16 kg). Includes weight of display in addition to contents on keyboard tray and in cable storage box. LCD pivot capacity = 16–28 lbs (7,3–12,7 kg)

Dual LCD Size	Weight Capacity	Lift	Tilt	Pan	Rotation	VESA†
≤ 22"	12–28 lbs* 5,4–12,7 kg	23*** 58 cm	—	—	360° P/L	MIS-D

Maximum outside width of display is 21.25" (54 cm). This is typically the horizontal dimension of a 22" diagonal screen-size monitor

*Maximum load on height-adjustment assembly = 31 lbs (14 kg). Includes weight of displays in addition to contents on keyboard tray and in cable storage box. Laptop = 6–10 lbs (2,7–4,5 kg); monitor = 6–16 lbs (5,5–12,7 kg) combined.

**LCDs/keyboard tray adjust 18" (46 cm) in tandem; LCDs adjust 5" (13 cm) independently; maximum LCD height adjustment = 23" (58 cm)

LCD & Laptop Screen Size	Weight Capacity	Lift	Tilt	Pan	Rotation	VESA†
≤ 20"	12–26 lbs* 5,4–11,8 kg	23*** 58 cm	LCD only 30°	—	LCD only 360° P/L	MIS-D

*Maximum load on height-adjustment assembly = 31 lbs (14 kg). Includes weight of displays in addition to contents on keyboard tray and in cable storage box. Laptop = 6–10 lbs (2,7–4,5 kg); monitor = 6–16 lbs (5,5–12,7 kg)

**LCD/notebook/keyboard tray adjust 18" (46 cm) in tandem; LCD and laptop adjust 5" (13 cm) independently; maximum LCD height adjustment = 23" (58 cm)



Tablet/Document Holder for WorkFit-S 97-558-200 (black) includes lift handle

Worksurface for WorkFit-S 97-581-019 (black)
 Hinged Bow for WorkFit-S 97-583-009 (black)
 Large Keyboard Tray for WorkFit-S 97-584 (black)

Product Name	WorkFit-S, Single LD 33-342-200 (black and polished aluminum)
Part Number	WorkFit-S, Single HD 33-344-200 (black and polished aluminum) WorkFit-S, Dual 33-341-200 (black and polished aluminum) WorkFit-S, LCD & Laptop 33-340-200 (black and polished aluminum)
Product Includes	All: height-adjustment column, desk clamp, keyboard tray with mouse tray 33-342-200, 33-344-200: LCD pivot 33-341-200: crossbar with two (2) LCD mounts 33-340-200: laptop platform, one sliding monitor bracket
Shipping Dimensions	8"H x 23"W x 44"D (20 x 58 x 115 cm)
Shipping Weight	33-342-200, 33-344-200: 38.5 lbs (17,5 kg) 33-341-200: 40 lbs (18 kg) 33-340-200: 40 lbs (18 kg)
Warranty	5 years
†Compatible Display(s)	See www.ergotron.com for details



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