



ICED

INTERNATIONAL CONFERENCE ON EATING DISORDERS

Cultivating Global Perspectives



April 30 – May 2, 2009

Clinical Teaching Day

April 29, 2009

JW Marriott Cancun Resort & Spa
and CasaMagna Marriott Cancun Resort
Cancun, Mexico

Jointly Sponsored by the University of New Mexico
School of Medicine and the Academy for Eating Disorders



www.aedweb.org

Conference Program

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**AED thanks the National Institutes of Health /
National Institute of Mental Health for its support of the 2009 ICED.**

ICED Exhibitors

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Beau Cote Centre for Eating Disorders
Cambridge Eating Disorder Center
Castlewood Treatment Center for Eating
Disorders
Center for Change
The Children's Hospital Colorado
Comenzar de Nuevo A.C.
CRC Health Group ED Programs
Discovery Practice Management
Eating Disorder Center of Denver

Eating Recovery Center
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Treatment of Eating Disorders)
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Reasons Eating Disorder Center@BHC
Alhambra Hospital
Remuda Ranch
The Renfrew Center
River Oaks Hospital
Rogers Memorial Hospital
Rosewood Ranch
Timberline Knolls
Westwind Eating Disorder Recovery Center
Wiley-Blackwell



Jointly Sponsored by the University of
New Mexico School of Medicine and the
Academy for Eating Disorders

Visit www.aedweb.org
for more information
about AED

Academy for Eating Disorders

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President's Welcome

Dear Colleagues,

Bienvenido!

On behalf of the board of directors, it is my pleasure to welcome you to the Academy for Eating Disorders (AED) 2009 Cancun International Conference on Eating Disorders. Our 2009 Conference Committee and its co-chairs, Debbie Franko, PhD, FAED (USA) and Sloane Madden, MBBS, FRANZCP (Australia) have put together a world-class program centered on the theme, "Cultivating Global Perspectives."

The AED is very honored to open the conference with welcome remarks by the Mexican Minister of Health, the Honorable Dr. José Angel Córdova Villalobos. Later that morning, Dr. Nora Volkow will deliver her highly anticipated keynote address, "Common Brain Mechanisms in Addiction and Obesity." A native of Mexico, Dr. Volkow is current director of the National Institute on Drug Abuse at the National Institutes of Health in the United States and a pioneer in the areas of neuroimaging, addiction, and the neurobiology of obesity. We are pleased to welcome Dr. Volkow and look forward to what is sure to be an illuminating keynote address.

In addition, the Program Committee has prepared three outstanding plenaries that will provide important global perspectives on the stigmatization of eating disorders, new models and metaphors for understanding the culture-gene interaction and innovative ideas on the treatment of eating disorders. The first-rate slate of workshops, paper sessions, poster sessions and special interest group panels and meetings will offer further opportunities for conference attendees to learn and discuss leading-edge information about eating disorders research, treatment and prevention.

It will be difficult to pick and choose from this array of exciting offerings, but be sure to set aside time to attend the AED Global Think Tank IV session, "Are We There Yet? On the Road to Bridging Research and Practice" at noon on Friday. This unique interactive session offers a rare opportunity for our professional community to come together to openly discuss the causes and the impact of the research-practice divide and to problem-solve ways to address the divide. The AED is dedicated to taking the lead in addressing this critical issue. We hope you will join us in our effort to advance a research-practice partnership to ensure the highest quality eating disorders treatment, research and prevention worldwide.

Following the Global Think Tank on Friday, the Program Committee has thoughtfully kept the remainder of the afternoon free of conference events to allow everyone time to explore the beauty and history of this wonderful locale. Arrangements have been made with a local tour company to accommodate our conference participants. Information about tour reservations and area attractions and activities is available in your conference packets. The conference will close Saturday evening with our annual AED reception and dance party, an excellent time for all to relax with colleagues, enjoy a delicious buffet and dance or chat 'til the wee hours.

A warm welcome to all conference participants and many thanks to our 2009 conference co-chairs and Program Committee and to our valued exhibitors and sponsors for supporting the AED's commitment to providing state-of-the-art professional education and training.

Sincerely,
Judith Banker, MA, LLP, FAED
President
Academy for Eating Disorders



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Conference Proceedings

See the 2009 ICED Conference Proceedings, included with your registration packet, to view the full text of abstracts presented at the meeting.

About the Academy for Eating Disorders

The Academy for Eating Disorders is an international, transdisciplinary, non-profit membership organization for professionals and advocates engaged in research, treatment and prevention of eating disorders. The Academy is home to more than 1,400 members. Approximately 25 percent of these professionals reside outside of the United States.

AED provides members and the field at large with a variety of services, resources and educational programs, including the invaluable support of a community of dedicated colleagues.

Since the organization was founded in 1994, the International Conference on Eating Disorders (ICED) has been AED's flagship activity and the highlight of the AED year. The ICED is the primary gathering place for professionals and advocates engaged in research, treatment and prevention of eating disorders. Each year, ICED attendees, faculty, supporters and exhibitors create a unique, inspiring and intensive environment for education, training, collaboration and dialogue.

Eating disorders are characterized by a persistent pattern of aberrant eating or dieting behavior. These patterns of eating behavior are associated with significant emotional, physical and relational distress.

Specific Goals of the Academy for Eating Disorders

- Promote the effective treatment and care of patients with eating disorders and associated disorders
- Develop and advance initiatives for the prevention of eating disorders
- Disseminate knowledge regarding eating disorders to members of the Academy, other professionals and the general public
- Stimulate and support research in the field
- Promote multidisciplinary expertise within the Academy's membership
- Advocate for the field on behalf of patients, the public and eating disorder professionals
- Assist in the development of guidelines for training, practice and professional conduct within the field
- Identify and reward outstanding achievement and service in the field

Board of Directors

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 Joel Yager, MD

Teaching Day Committee

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 Anne Becker, MD, PhD
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Special Interest Group Discussion Panels

Tom Hildebrandt, PsyD, Co-Chair
 Carolyn Becker, PhD, FAED, Co-Chair
 Wayne Bowers, PhD, FAED
 Isabel Krug, MPH
 Janet Latner, PhD
 Dana Rofey, PhD

Meet the Experts Committee

Alison Field, ScD, FAED Chair
 Maria Teresa Rivera, RD, FAED
 James Locke, MD, FAED
 Daniel le Grange, PhD, FAED
 Michael Levine, PhD, FAED

AED Staff

Greg Schultz, *Interim Executive Director*
 Annie Cox, *Administrative Director*
 Buffy Finn, *Administrator*
 Jacky Schweinzger, *CMP, Conference Director*
 Shalini D'Souza, *Conference Administrator*
 Kismet Saglam, *Education Manager*
 Scott Freeman, *Accountant*
 Jill Hronek, *Communications Director*
 Matthew Lesh, *Communications Manager*

2009 Awards

AED Leadership Award for Clinical, Administrative or Educational Service

Ulrike Schmidt, MD, PhD, FAED

AED Leadership Award for Research

Steve Wonderlich, PhD, FAED

AED Outstanding Clinician Award

Ivan Eisler, PhD

AED Leadership Award for Corporate Service

Bos, International & Claude Carrier

AED Research-Practice Partnership Award

Delta Delta Delta Fraternity and Carolyn Becker, PhD, FAED

Past Awards and Honors

Lifetime Achievement

1995 Albert Stunkard, MD

1996 Arthur Crisp, MD

1996 Gerald Russell, MD

1998 Katherine Halmi, MD

2000 Paul Garfinkel, MD

2004 Peter Beumont, MD

2007 Francesca Brambilla, MD

Meehan / Hartley Award

1994 Vivian Meehan, RN, DSc

1996 Pat Howe Tilton

2000 Patricia Hartley, PhD

2002 Patricia Santucci, MD, FAED

2003 Craig Johnson, PhD

2004 Hispano Latino American Special Interest Group

2005 David Herzog, MD

2006 Michael Levine, PhD, FAED

2007 Claire Vickery and Kathryn Westin, MA, LP

2008 Susan Ringwood

Leadership Award for Clinical, Administrative or Educational Service

1998 Arnold Andersen, MD, FAED

2000 Pauline Powers, MD, FAED

2003 Marsha D. Marcus, PhD, FAED

2005 Robert Palmer, FRCPsych, FAED

2006 Michael Strober, PhD, FAED

2007 Patricia Fallon, PhD, FAED

2008 Roberta Sherman, PhD, FAED and Ron Thompson, PhD, FAED

Leadership Award for Research

1995 James Mitchell, MD, FAED

1998 Walter Kaye, MD, FAED

2000 W. Stewart Agras, MD

2002 Christopher Fairburn, DM

2003 B. Timothy Walsh, MD, FAED

2004 Janet Treasure, FRCPsych

2005 Ruth Striegel-Moore, PhD, FAED

2006 Cynthia Bulik, PhD, FAED

2007 Manfred Fichter, MD

2008 G. Terrance Wilson, PhD

Outstanding Clinician Award

2008 Susan Willard, LCSW, FAED

Distinguished Service

1998 Amy Baker Dennis, PhD, FAED

2002 Joel Yager, MD, FAED

Public Service

1995 Susan Blumenthal, MD

2000 S. Kenneth Schonberg, MD

Fellows Class of 2009

Congratulations to the AED fellows class of 2009. These members will be inducted as fellows during the business meeting and awards ceremony on Saturday, May 2.

Ursula Bailer, MD

Anne E. Becker, MD, PhD

Jacqueline C. Carter, PhD

Ross D. Crosby, PhD

Leslie J. Heinberg, PhD

Joel Jahraus, MD

Richard E. Kreipe, MD

Wendy Oliver-Pyatt, MD

Robert Palmer, FRCPsych

Susan Paxton, PhD

Mary R. Rouse, MD

Janet Treasure, FRCPsych

NIMH Student / Early Career Investigator Travel Fellowship Recipients

Thanks to a grant from the National Institute of Mental Health and the National Institute of Child Health and Human Development (awarded to Ruth Striegel-Moore, PhD, FAED, and Cynthia Bulik, PhD, FAED), and funds raised by the Academy, the Academy awards the Early Career Investigator Travel Fellowships. Eligible recipients are United States citizens or residents who are in training (NIMH funding) or AED members worldwide who currently are in training or less than three years out of training (AED). Additionally, eligibility requires evidence of academic excellence. These awards support attendance at the AED/EDRS Teaching Day and the AED 2009 International Conference.

Join AED Now!

We invite you to join AED and be a part of this important organization.

AED provides a forum for mental health professionals to share scientific advances, exchange ideas, foster new research and provide professional and public education on the issues surrounding eating disorders. A membership application is included in this book on page 60.

Join the Academy for Eating Disorders and register for the ICED at the member rate. See the dues table on page to determine your membership fee. Join AED Now!

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2009 NIMH Student / Early Career Investigator

Fellowship recipients are:

Rachel Calogero, PhD – Canterbury, UK
 Kim Cellone, MA – Boston, MA
 Trisha M. Dunkel, MA – Chicago, IL
 Troy Ertelt, MA – Grand Forks, ND
 Janna Fikkan, PhD – Durham, NC
 Rebecca Greif, PsyD – Demarest, NJ
 Megan Jones, MS – New Haven, CT
 Danyale McCurdy, MA – Kansas City, KS
 Emily Pisetsky, BA – Durham, NC
 Cristin Runfola, BA – Palo Alto, CA
 Christina Tortolani, MA – Boston, MA
 Sara Trace, MS – Richmond, VA

AED thanks the 2009 NIMH Travel Fellowship Council:

Cynthia Bulik, PhD, FAED
 Ross Crosby, PhD
 Debbie Franko, PhD, FAED
 Mae Lynn Reyes, PhD
 Ruth Striegel-Moore, PhD, FAED

AED Student / Early Career Investigator Travel Fellowship Recipients

AED is able to offer four additional Student/Early Career Investigator Travel Fellowships this year.

Eligible recipients are AED members, current trainees or less than three years post-training. These awards support attendance at the AED/EDRS Teaching Day and the AED 2009 International Conference.

The 2009 AED Student / Early Career Investigator Travel Fellowship recipients are:

Karina Franco, PhD – Tlalnepantla, Mexico
 Marie-Pierre Gagnon-Girouard, BS – Quebec, Canada
 Daniel Munoz, PhD – Portland, OR
 Jodie Richardson, BSc – Montreal, Canada

The 2009 ANZAED Student / Early Career Investigator Travel Fellowship recipients is:

Hunna Watson, PhD, MPsych(Clinical) – Northbridge, Australia

AED Clinician Scholarship Recipients

AED is pleased to provide scholarships to support conference attendance to AED members who are clinical scholars from around the world.

The 2009 clinical scholarship recipients are:

Sigrun Danielsdottir, Cand. Psychology – Reykjavik, Iceland
 Carolina Andrea Lopez, PhD – Santiago, Chile
 Christina Papanestros, LCSW – San Francisco, CA
 Kristine Tippen, PhD – Southfield, MI

Annual Early Career Investigator Award for Best Paper Published in 2008

This award is presented by *The International Journal of Eating Disorders* and Wiley InterScience to the best paper by a young investigator published in the journal each year. Candidates must not be more than five years post-advanced degree, or five years post-residency or fellowship training.

The recipient for the 2008 publication year is:

Kristin N. Javaras, DPhil

2005 Marian Tanofsky-Kraff, PhD

2006 Gabrielle Van Son, MA

2007 Jessica Baker, MS

AED Student Research Grant

This award is to support innovative and cutting-edge research conducted by student members of AED.

The 2009 research grant recipients are:

Kristen M. Culbert, MA, Lansing, MI, USA

Jocilyn Dellava, PhD, Chapel Hill, NC, USA

Continuing Education Credit

Meeting Objectives

As a result of this meeting, participants will be able to:

- Describe common brain mechanisms and environmental factors that underlie addiction and obesity and apply this knowledge to inform treatment development in eating disorders and obesity.
- Recognize the impact of stigma on patients with mental illness and identify the role of stigma in eating disorders, overweight and obesity.
- Apply successful interventions in depression and other mental illnesses to address stigma with patients.
- Explain how theories and research from behavioral, genetic and socio-cultural perspectives on eating disorders can be integrated and translated into new etiological models for eating disorders.
- Evaluate three new treatments for eating disorders: brief guided self-help treatment for recurrent binge eating, cognitive remediation for anorexia nervosa and parent to parent consultations in family therapy for adolescent anorexia nervosa.

Physicians

Continuing Medical Education Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New Mexico Office of Continuing Medical Education and the Academy for Eating Disorders. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians. Course Director, Joel Yager, MD, FAED, University of New Mexico.

Credit Designation

The University of New Mexico Office of Continuing Medical Education designates this educational activity for a maximum of 19.75 AMA PRA Category I Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is acceptable for up to 20 Elective credit(s) by the American Academy of Family Physicians.

Non-Physicians

The conference is co-sponsored by the Academy for Eating Disorders and The Institute for Continuing Education. Continuing education is offered as listed below. The conference offers 19.75 contact hours, with total hours

subject to change. Credit is awarded on a session-by-session basis, with full attendance required at the sessions attended. Application forms will be available on site. If you have questions regarding continuing education, or for a listing of learning objectives, please contact: The Institute at: +1-251-990-5030; FAX: +1-251-990-2665.

Psychology: The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling: The Institute for Continuing Education is an NBCCA approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for the content of this program. NBCC Provider No. 5643.

Social Work: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program, ASWB Provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal.

California Board of Behavioral Sciences Provider No. PCE 636.
Illinois Dept. Professional Regulation Provider No. 159-000606.
Ohio Counselor and Social Work Provider No. RCS 030001.
Florida Dept. Health, Div. SW, MFT, Counseling Provider BAP 255.

Marriage-Family Therapy: The Institute for Continuing Education is recognized as a provider of continuing education by the Illinois Board of Marriage and Family Therapy, Provider No. 168-000108.

Drug-Alcohol: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors. NAADAC Provider No. 00243.

Nursing: The Institute for Continuing Education is an approved provider of continuing education in nursing by the California Board of Nursing, Provider CEP 12646. Nurses are responsible for contacting their state board to determine if credit issued through an approved provider of the CA Board of Nursing is accepted by their state board.

CE Disclaimer: It is the responsibility of the attendee to check with their state licensing/certification board to determine if continuing education credit offered by The Institute for Continuing Education will meet their state's regulations.

Additional Accreditations

These additional accreditations may also be available, although they do not fall under the umbrella of credits offered by The Institute for Continuing Education.

Dietitians:

AED will submit an application to the Commission on Dietetic Registration for CPEUs for registered dietitians and dietetic technicians.

Continuing Education Registration and Requirements

A certificate fee of \$30 for members and \$45 for nonmembers is required. Check the appropriate box on the registration form. You also may pay on site. However, you may not register for credits after May 2. Credit is awarded on a session-by-session basis, with full attendance required at each session. One certificate will be issued for all activities attended. IMPORTANT! To receive continuing education credit, attendees must:

- Pay the fee (\$30 members/\$45 nonmembers)
- Sign in and sign out at designated locations
- Complete and return the continuing education evaluation packet

Please Note:

- State licensing bureaus and/or professional associations have their own requirements for licensing, certification and/or recertification. Individuals should contact their state licensing bureaus or professional associations regarding the applicability of the continuing education for their own professional needs.
- Learning objectives and the presentation level for all educational sessions will be available on the AED Web site several months prior to the conference.
- The following activities do not qualify for continuing education credits: poster sessions, committee meetings, Welcome and Conference Goals, SIG meetings, Student/Early Career Investigator Travel Fellowship Awards, Meet the Experts, Global Think Tank, exhibits and any other non-scientific session.

AED thanks members and friends who have made contributions to the Scholarship Campaign and General Fund. The Scholarship Campaign provides funding to sponsor the research and clinician scholarships for the 2009 International Conference on Eating Disorders. The General Fund provides essential support to AED educational, research, clinical and outreach programs. Thank you to all who have so generously contributed. Special thanks to the Butterfly Foundation and participants in the Combined Federal Campaign program.

Your continued support is vital to AED.

Full Disclosure Policy Affecting CME Activities

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the University of New Mexico School of Medicine to require the disclosure of the existence of any financial interest or any other relationship a faculty member, scientific program committee member or their families have with the manufacturer(s) of any commercial products or services discussed in an educational presentation. The 2009 ICED presenters and program committee members reported the following:

Carolyn Becker Consultant: Tri Delta Fraternity	Jocilyn Dellava Grant/Research Support: NIH	Katharine Loeb Grant/Research Support: NIMH	Mark Norris Grant/Research Support: Weston Foundation	Howard Steiger Grant/Research Support: Canadian Institutes of Health Research
Carmen Bewell Grant/Research Support: Canadian Institutes of Health Research	Samantha Fung Grant/Research Support: Hong Kong Research Grants Council	Michael Lowe Consultant: The Renfrew Center, Grant: NIMH	Rebecka Peebles Funded by: Stanford Pediatric Research Fund	Heather Thompson-Brenner Grant/Research Support: NIH
Ahmed Boachie Grant/Research Support: Center for Excellence in Child & Youth Mental Health	Elizabeth Goddard Grant/Research Support: Mental Health Foundation, Nina Jackson for Research into ED and Institute for Social Psychiatry	Laurel Mayer Grant/Research Support: AstraZeneca	Andrea Pinheiro Grant/Research Support: National Council for Scientific & Technological Development (Brazil)	Federica Tozzi Grant/Research Support: Swiss national Science Foundation & GlaxoSmithKline
Samantha Brooks Grant/Research Support: Nina Jackson Research Fellowship	Lien Goossens Grant/Research Support: Ghent University	Paulo Machado Grant/Research Support: Foundation for Science & Technology (Portugal)	Emily Pisetsky Grant/Research Support: NIH	Sara Trace Grant/Research Support: NIMH
Kelly Brownell Grant/Research Support: Redd Foundation, Board, American Health Publishing Co.	Melinda Green Grant/Research Support: McElroy Grant at Iowa College	Sandra Mansour Grant/Research Support: Canadian Institutes of Health Research	Abbie Pringle Grant/Research Support: Medical Research Council Studentship	Kristina Trim Grant/Research Support: Center for Excellence in Child & Youth Mental Health
Kimberly Brownley Grant/Research Support: UNC General Clinical Research Center	Carlos Grilo Grant/Research Support: NIMH	Suzanne Mazzeo Grant/Research Support: NIH	Lara Reba-Harrelson Grant/Research Support: NIH, Norwegian Ministry of Health, Norwegian Research Council	Sherry Van Blyderveen Grant/Research Support: Center for Excellence in Child & Youth Mental Health
Alejandro de Jesús Caballero Speaker: Eli Lilly	Patricia Groleau Grant/Research Support: Canadian Institutes of Health Research	Fiona McNicholas Grant/Research Support: St. John's of God	Christina Roberto Grant/Research Support: NIH	Sandra Verbeken Grant/Research Support: Ghent University
Eunice Chen Grant/Research Support: NIH	Renee Hoste Grant/Research Support: NIMH	Nadia Micali Grant/Research Support: NARSAD	Megan Roehrig Grant/Research Support: NIH	Marney White Grant/Research Support: NIH
Eva Conceição Grant/Research Support: Foundation for Science and Technology, Portugal	Josee Jarry Grant/Research Support: Social Sciences and Humanities Research Council of Canada	Jessica Miller Grant/Research Support: Center for Excellence in Child & Youth Mental Health	Ellen Rome Speaker Bureau: Merck	Jennifer Wildes Grant/Research Support: NIMH
Stephanie Couture Grant/Research Support: University of Montreal	Adele LaFrance Grant/Research Support: Center for Excellence in Child & Youth Mental Health	Longena Ng Grant/Research Support: York University SSHRC & Faculty of Health Minor Research	Francine Rosselli Grant/Research Support: NIH	Amanda Woods Grant/Research Support: NIMH
Scott Crow Grant/Research Support: GlaxoSmithKline, Consultant: Shire Pharmaceutical	Martha Peaslee Levine Speaker Bureau: Merck (husband, Dr. Richard Levine)	Sarah Jane Norwood Grant/Research Support: Center for Excellence in Child & Youth Mental Health	Deirdre Ryan Grant/Research Support: BODYWHYS, Ireland	
Hakeemah Cummings Grant/Research Support: NIH			Shona Shewmaker Employed: Remuda Ranch	
			Hayley Skinner Grant/Research Support: NIH	
			Melissa Slivka Grant/Research Support: NIH	

It is understood that presentations must give a balanced view of therapeutic options. Faculty use of generic names will contribute to this impartiality. The speaker will make every effort to ensure that data regarding the company's products (or competing products) are objectively selected and presented, with balanced discussion of prevailing information on the product(s) and/or alternative treatments. The speaker must also make the audience aware of any "off-label" or investigational uses described for any medication discussed.

General Conference Information

Opening Reception and Closing Social Event

A welcome reception for all registrants will take place from 6:00 – 7:30 p.m. on Thursday, April 30 in the CasaMagna Marriott, Maya Ballroom. The closing social event will take place from 7:00 – 10:00 p.m. on Saturday, May 2 at the JW Marriott's Seaside Garden. Reception type food will be served from 7:00 – 8:00 p.m. Business casual attire is appropriate for both events.

Additional Tickets

If you are interested in purchasing additional opening reception tickets or closing social event tickets, you may do so at the AED registration desk anytime during regular registration hours. Tickets are \$65 for the opening reception and \$65 for the closing social event.

Optional Box Lunches

AED will provide optional box lunches for the Special Interest Group meetings on Thursday, April 30 and Saturday, May 2. A \$20 US fee is required for each lunch. If you registered in advance, a ticket(s) is included in your registration packet. For those who are registering on site, tickets may be purchased at the AED registration desk during regular registration hours.

Current, New and Prospective Member Breakfast

The Current, New and Prospective Member Breakfast will take place from 7:00 – 8:00 a.m. on Friday, May 1 in Tulum F & G (JW Marriott). This breakfast event is available to all registered attendees.

AED Awards Ceremony & Business Meeting

Plan to attend the AED Business Meeting and Awards Ceremony. The meeting will take place from 9:30 – 10:30 a.m. on Saturday, May 2 in Tulum D & E (JW Marriott). This event is available to all registered attendees.

Committee Meeting Rooms

The Tikal (JW Marriott), Acapulco and Vallarta (CasaMagna Marriott) rooms are available for committee or small group meetings at designated times during the conference. Attendees can reserve meeting times by using the sign-up sheet outside the meeting room.

ICED Conference Recordings

Visit the sales desk in the registration area to purchase a CD and/or multimedia CD-ROM of the conference sessions from IntelliQuest Media. Discounts will be extended for on-site orders. You may contact them at +1-866-651-2586 or visit www.intelliquestmedia.com.

AED Bookseller

Gürze Books offers a large selection of eating disorders-related publications. Visit them at the sales desk in the registration area or contact them at +1-760-434-7533.

AED Registration Desk

The registration desk, located in the Tulum Foyer (JW Marriott), will be open:
Wednesday, April 29 10:00 a.m. – 5:00 p.m.
Thursday, April 30 7:30 a.m. – 6:00 p.m.
Friday, May 1 7:00 a.m. – Noon
Saturday, May 2 7:00 a.m. – 2:00 p.m.

Speaker Ready Room

The Speaker Ready Room will be available daily in Boardroom 2 (JW Marriott), as follows:

Wednesday, April 29 10:00 a.m. – 5:00 p.m.
Thursday, April 30 7:30 a.m. – 5:00 p.m.
Friday, May 1 7:00 a.m. – Noon
Saturday, May 2 7:00 a.m. – 2:00 p.m.

Exhibits

Vendor exhibits will be located in the Maya Ballroom (CasaMagna Marriott). Exhibit hours are:

Thursday, April 30 7:30 a.m. – 7:30 p.m.
Friday, May 1 7:00 a.m. – Noon
Saturday, May 2 7:00 – 11:00 a.m.

A light breakfast will be served daily and beverages will be available in the exhibit hall during the refreshment breaks each day. A directory of participating organizations is included in this program on page 52.

Solicitations

Solicitations by unauthorized persons are strictly prohibited. Sales and promotional activities are restricted to exhibitors and must take place in their own exhibit booths.

Poster Session

Posters will be presented by authors during the AED International Conference and will be available for viewing throughout the meeting. Poster abstracts can be found in the 2009 ICED Conference Proceedings, distributed with your registration materials.

The poster presentations are located in the Maya Ballroom (CasaMagna Marriott).

Poster Session Schedule

Poster Session I:

Wednesday, April 29
3:00 – 7:00 p.m. Poster Set-up

Thursday, April 30
7:30 a.m. – 6:00 p.m. Viewing

Thursday, April 30
6:00 – 7:30 p.m. Presentations (presenters must attend)

Thursday, April 30
7:30 – 8:00 p.m. Poster Dismantle

Poster Session II:

Friday, May 1
7:00 – 8:00 a.m. Poster Set-up

Friday, May 1
8:00 a.m. – Noon Viewing

Saturday, May 2
7:00 – 8:00 a.m. Presentations (presenters must attend)

Saturday, May 2
8:00 – 11:00 a.m. Viewing

Saturday, May 2
11:00 – 11:30 a.m. Poster Dismantle

Presenters are responsible for dismantling posters. Posters left behind at the close of the dismantling period will be disposed of and are not the responsibility of AED or the hotel.

Meet the Experts Session

Saturday, May 2, 8:00 – 9:30 a.m.
Coba (JW Marriott)

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for consultation on clinical cases, practice issues or ethical dilemmas? Are you interested in developing or evaluating an intervention to treat or prevent eating disorders? Do you want advice on writing a grant application or publishing your work? The Meet the Experts session offers an opportunity for informal discussions on these topics.

Attendance is limited, so sign up early. In order to attend this session, we ask that you sign up at the Meet the Experts table, located in the AED registration area, Tulum Foyer (JW Marriott). Please sign up for this event by Friday at noon, or as long as space is available.

Submit your questions for the experts. If you have a specific question to be addressed by experts, complete a “Meet the Experts Question Form” at the Meet the Experts table and deposit it in the basket on the table. Questions will be reviewed by the experts prior to Saturday’s morning session.

Experts and Topics (subject to last minute changes):

Eunice Chen & Ulrike Schmidt
 Treatment of AN

Scott Crow & Daniel le Grange
 Treatment of BN

Debra Katzman & Richard Kreipe
 Medical Complications

Steve Wonderlich & Hans Hoek
 DSM-V

Tracey Wade & Howard Steiger
 Neuroscience and Genetics

Mike Strober & Alison Field
 Getting Published

Debbie Franko & Ruth Striegel-Moore
 What Epidemiology can tell us about patients

Communications Committee
 Working with the Media

Message Board

A message board is available in the registration area during the registration hours. Check the board frequently. There will be no paging during the conference. To contact the Message Center, call the JW Marriott Cancun Resort & Spa at +53-998-848-9600 and ask to be transferred to the AED registration desk.

Meeting Evaluation

The ICED scientific program committee needs your input to enhance future AED meetings. You will receive an online meeting evaluation via e-mail shortly after the 2009 conference. AED greatly appreciates your input.

Special Needs

Notify AED staff members of any special needs by visiting the AED registration desk.

Questions

If you have questions regarding the program or registration, visit the AED registration desk.



**Save
the Date!**

2010

International Conference
 on Eating Disorders
 June 10 – 12, 2010
 Clinical Teaching Day
 June 9, 2010
Salzburg, Austria

Schedule-at-a-Glance

(Workshops designated with a **CSW** code indicate a **Core Skills Workshop**)

Wednesday, April 29

8:00 a.m. – 5:00 p.m.	AED Board of Directors Meeting	Tulum H (JW)
8:30 a.m. – 1:30 p.m.	AED/EDRS Research Training Day Workshop (invitation only)	Mexico / Cozumel (CasaMagna)
10:00 a.m. – 5:00 p.m.	Registration	Tulum Foyer (JW)
1:00 – 5:00 p.m.	Clinical Teaching Day Workshops (separate registration fee required)	
	A. Family-Based Treatment for Adolescent Eating Disorders	Tulum A (JW)
	B. El Manejo Ambulatorio de los Trastornos de la Conducta Alimentaria en el Contexto Hispano (Ambulatory Management of Eating Disorders in a Hispanic Context)	Uxmal I & 2 (JW)
	C. Cognitive Behavioral Therapy (CBT) for Bulimia Nervosa, EDNOS, and Binge Eating Disorder	Tulum B (JW)
	D. Working Across Systems: Targeting Interpersonal Maintaining Factors and Training the Family in the Management of Eating Disorders	Tulum C (JW)
	E. Managing the Nutritional Rehabilitation of the Eating Disordered Patient	Tulum G (JW)
	F. Management of Risk Associated with Eating Disorders	Chichen Itza I & 2 (JW)
	G. Trauma, Eating Disorders and Comorbidity: Research, Assessment and Treatment	Tulum F (JW)
3:00 – 7:00 p.m.	Exhibitor Set-Up	Maya Ballroom (CasaMagna)
3:00 – 7:00 p.m.	Poster Session I Set-Up	Maya Ballroom (CasaMagna)

Thursday, April 30

7:30 a.m. – 6:00 p.m.	Registration	Tulum Foyer (JW)
7:30 – 8:30 a.m.	Special Interest Group (SIG) Chairs Organizational Meeting	Coba (JW)
7:30 – 8:30 a.m.	Advisory Board Meeting & Breakfast	Tikal (JW)
7:30 – 8:30 a.m.	Continental Breakfast with Exhibitors	Maya Ballroom (CasaMagna)
7:30 a.m. – 7:30 p.m.	Poster Viewing Session I / Exhibit Hall Open	Maya Ballroom (CasaMagna)
8:30 – 9:00 a.m.	Welcome and Conference Goals <i>Debbie Franko, PhD, FAED and Sloane Madden, MD, FRANZCP</i> Scientific Program Committee Co-Chairs Presidential Address <i>Judith Banker, MA, LLP, FAED, President</i> <i>José Angel Córdova Villalobos, MD, Minister of Health, Mexico</i>	Tulum A-E (JW)
9:00 – 10:15 a.m.	Keynote Address Common Brain Mechanisms in Addiction and Obesity <i>Nora D. Volkow, MD, Director</i> National Institute on Drug Abuse, Bethesda, MD, USA	Tulum A-E (JW)
10:15 – 10:45 a.m.	Refreshment Break with Exhibitors	Maya Ballroom (CasaMagna)
10:45 a.m. – 12:15 p.m.	Workshop Session I	
	A. Update on DSM-V	Tulum A-G (JW)
	B. Working with Personality Traits and Disorders in People with Eating Disorders: A Dimensional-Trait and Interpersonal-Process Approach	Tulum G (JW)
	C. The Therapeutic Relationship in Cognitive-Behavioural Therapy for the Eating Disorders: Nasty? Brutish? Short? CSW	Tulum H (JW)
	D. Do Carers Care About Research? How Evidence and Clinical Guidelines Help Caregivers Support Recovery	Mexico/Cozumel (CasaMagna)
	E. First Do No Harm: A Model for the Prevention of Eating Disorders and Obesity: the Allure of Body Mass Index vs. Health at Every Size	Tulum D (JW)
	F. Exploring the Interface Between Family and Individual Therapy in the Treatment of Early Onset Anorexia Nervosa	Chichen Itza I & 2 (JW)
	G. Preventing Relapse Across the Eating Disorders: A Transdiagnostic Intervention Targeting Extreme Weight and Shape Concerns	Tulum E (JW)
	H. Eating, Feeding and Treating Patients with Eating Disorders: An Integration of Research and Clinical Practice	Tulum F (JW)
	I. Maintenance Treatment and Long-Term Support for Eating Disorders: Extending the Reach of Specialized Treatment Centers	Uxmal I & 2 (JW)
	J. Regulation of Cues for Childhood Obesity: The ROC Intervention	Coba (JW)
12:15 – 12:45 p.m.	Box Lunch Pick Up (Box lunch available for purchase. See registration form.)	Tulum Terrace (JW)
12:15 – 1:30 p.m.	Lunch on Your Own	
12:15 – 1:30 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available for purchase. See registration form.)	
	Athletes	Tulum A-C (JW)
	Body Image	Tulum D (JW)
	Trauma & ED	Tulum E (JW)
	Family Therapy	Tulum F (JW)
	Assessment & Diagnosis	Tulum G (JW)

Thursday, April 30 (continued)

	Inpatient/Residential Eating & Sleep Student Information Technology & ED Nutrition	Tulum H (JW) Chichen Itza 1 & 2 (JW) Uxmal 1 & 2 (JW) Coba (JW) Acapulco (CasaMagna)
	Additional SIG meetings will be held on Saturday, May 2 at 8:00 a.m. and 12:30 p.m. <i>Please see the detailed program for more information.</i>	
12:15 – 1:30 p.m.	HLA Chapter Meeting	Mexico/Cozumel (CasaMagna)
2:00 – 4:00 p.m.	Plenary Session I: The Stigmatization of Eating Disorders <i>Moderators: Ulrike Schmidt, MD, PhD, FAED, Maudsley Hospital, London, UK and Josie Geller, PhD, St. Paul's Hospital, Vancouver, BC, Canada</i> On Stigma and its Consequences for People with Mental Illnesses <i>Bruce G Link, PhD, Columbia University, Mailman School of Public Health, New York, NY, USA</i> Unravelling the Stigma of Depression <i>Kathleen Griffiths, PhD, Australian National University, Canberra, Australia</i> Stigma and Eating Disorders or "The Elephant in the Room" <i>Philippa Hay, MD, PhD, The University of Western Sydney, Sydney, Australia</i> Global Social and Policy Changes to Address Eating Disorders and Obesity <i>Kelly Brownell, PhD, Yale University, New Haven, CT, USA</i>	Tulum A – E (JW)
4:00 – 4:30 p.m.	Refreshment Break with Exhibitors	Maya Ballroom (CasaMagna)
4:30 – 6:00 p.m.	Workshop Session II	
	A. Integrative Cognitive-Affective Therapy for Bulimia Nervosa	Tulum A-C (JW)
	B. The "Therapy" in Nutrition Therapy: Challenges for the Dietitian	Tulum H (JW)
	C. Understanding and Working with Social Cognition in Anorexia Nervosa	Tulum G (JW)
	D. Anorexia Nervosa in the Desert: Overcoming Geographical Challenges in Service Delivery for Children and Families	Mexico/Cozumel (CasaMagna)
	E. Narrowing the Research-Practice Gap in Psychotherapy for Eating Disorders: Identifying Common Ground	Tulum D (JW)
	F. Disengagement or Direct Intervention: What is a Parent to Do? CSW	Tulum E (JW)
	G. We're in This Together: Building Collaborative Alliances between Families and Professional Care Givers	Chichen Itza 1 & 2 (JW)
	H. No Prescription Necessary: Abuse of Over-the-Counter Drugs Among Eating Disordered Patients	Uxmal 1 & 2 (JW)
	I. A Sexuality Group for People with Eating Disorders	Coba (JW)
	J. Acute and Chronic Changes in Refeeding of Anorexia Nervosa	Tulum F (JW)
6:00 – 7:30 p.m.	Opening Reception / Poster I Presentation & Viewing Session / Exhibit Hall Open	Maya Ballroom (CasaMagna)
7:30 – 8:00 p.m.	Poster I Dismantle	Maya Ballroom (CasaMagna)

Friday, May 1

7:00 – 8:00 a.m.	Current, New and Prospective Member Breakfast	Tulum F & G (JW)
7:00 – 8:00 a.m.	Continental Breakfast with Exhibitors	Maya Ballroom (CasaMagna)
7:00 a.m. – Noon	Poster Session II Set-Up & Viewing / Exhibit Hall Open	Maya Ballroom (CasaMagna)
7:00 a.m. – Noon	Registration	Tulum Foyer (JW)
8:00 – 10:00 a.m.	Plenary Session II: Culture and Genes: Is It Time for New Models and New Metaphors in Thinking About Predispositions, Triggers, and Causal Risk Factors? <i>Moderator: Anne E. Becker, MD, PhD, ScM, Harvard Medical School, Boston, MA, USA</i> Sociocultural Models: A Developmental Perspective <i>Linda Smolak, PhD, Kenyon College, Gambier, OH, USA</i> Behavior Genetic Models: A Developmental Perspective <i>Kelly Klump, PhD, FAED, Michigan State University, East Lansing, MI, USA</i> Highlighting Media and Other Cultural Factors: A Critical Examination of Behavior Genetics and Biopsychiatry <i>Michael P. Levine, PhD, FAED, Kenyon College, Gambier, OH, USA</i> Pulling It All Together: Expanded Models and New Metaphors <i>Tracey Wade, PhD, FAED, Flinders University, Adelaide, Australia</i>	Tulum A – E (JW)
10:00 – 10:30 a.m.	Refreshment Break with Exhibitors	Maya Ballroom (CasaMagna)
10:30 a.m. – Noon	Oral Scientific Paper Session I (brief scientific papers for presentation and discussion)	Listing on page 14
12:15 – 1:45 p.m.	The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards	Tulum D (JW)
12:15 – 1:45 p.m.	AED Global Think Tank IV (formerly AED World Summit Session) (Box lunches will be available)	Tulum E (JW)

Saturday, May 2

7:00 – 8:00 a.m.	Continental Breakfast with Exhibitors	Maya Ballroom (CasaMagna)
7:00 – 8:00 a.m.	Poster Presentation Session II / Exhibit Hall Open	Maya Ballroom (CasaMagna)

Saturday, May 2 (continued)

7:00 a.m. – 2:00 p.m.	Registration	Tulum Foyer (JW)
8:00 – 11:00 a.m.	Poster Session II Viewing	Maya Ballroom (CasaMagna)
8:00 – 9:30 a.m.	Special Interest Group (SIG) Discussion Panels	
	A. Predictors and Risks for Disordered Eating and Body Dissatisfaction in Ballet and Sport	Tulum A (JW)
	B. Can Obesity Treatment and Prevention be Reconciled with the Treatment and Prevention of Eating and Body Image Disorders?	Tulum B (JW)
	C. A Smile So Wide to Hide the Disease: a Clinical & Behavioral Approach to the Oral and Dental Aspects of Eating Disorders	Tulum C (JW)
	D. When There's Significant Pain and No Gain: Treating the Resistant and Refractory Patient with Comorbid Trauma and Eating Disorder	Tulum F (JW)
8:00 – 9:30 a.m.	Meet the Experts	Coba (JW)
8:00 – 9:30 a.m.	Special Interest Group (SIG) Annual Meetings	
	Neuroimaging & Neuropsychology	Tulum G (JW)
	Transcultural	Tulum H (JW)
	Males	Chichen Itza I & 2 (JW)
	Nursing Care	Uxmal I & 2 (JW)
	Additional SIG meetings will be held on Thursday, April 30 at 12:15 p.m. and Saturday, May 2 at 12:30 p.m. <i>Please see the detailed program for more information.</i>	
9:30 – 10:30 a.m.	Awards Ceremony and Business Meeting	Tulum D & E (JW)
10:30 – 11:00 a.m.	Refreshment Break with Exhibitors	Maya Ballroom (CasaMagna)
11:00 a.m. – 12:30 p.m.	Oral Scientific Paper Session II (brief scientific papers for presentation and discussion)	Listing on page 15
11:00 – 11:30 a.m.	Poster II Dismantle	Maya Ballroom (CasaMagna)
11:00 – 11:30 a.m.	Exhibitor Dismantle	Maya Ballroom (CasaMagna)
12:30 – 1:00 p.m.	Box Lunch Pick Up	Tulum Terrace (JW)
12:30 – 1:45 p.m.	Lunch on your own	
12:30 – 1:45 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available for purchase. See registration form.)	
	Bariatric Surgery	Tulum D & E (JW)
	Health at Any Size	Tulum A (JW)
	Psychodynamic Psychotherapy	Tulum B (JW)
	Prevention	Tulum C (JW)
	Medical Care	Tulum F (JW)
	Child & Adolescent ED	Tulum G (JW)
	Cognitive Behavioral Therapy	Tulum H (JW)
	Gender & Sexual Identity	Chichen Itza I & 2 (JW)
	New Investigators	Uxmal I & 2 (JW)
	Universities	Coba (JW)
	Additional SIG meetings will be held on Thursday, April 30 at 12:15 p.m. and Saturday, May 2 at 8:00 a.m. <i>Please see the detailed program for more information.</i>	
2:15 – 3:45 p.m.	Workshop Session III	
	A. Doing the Maudsley Approach with Hispanic Families: Maudsley en Español (This workshop will be presented in Spanish.)	Mexico/Cozumel (CasaMagna)
	B. The Role of VOICE: A Force In Individual Recovery and Societal Change	Uxmal I & 2 (JW)
	C. Reflections Body Image Program: Partnering with Sororities in Eating Disorders Prevention and Advocacy	Tulum C (JW)
	D. A Description and Examination of a Partial Hospitalization Program for Adults with Eating Disorders	Tulum G (JW)
	E. Healthy Exercise: Not Losing Your Balance	Tulum F (JW)
	F. Bridging the Clinical-Research Gap: Using an Effectiveness Design to Test CBT Efficacy Findings in a Feminist-Relational Intensive Outpatient Program	Chichen Itza (JW)
	G. Eating Disorders in Children and Adolescents: A Pediatric Perspective CSW	Tulum A (JW)
	H. Avoiding the "Top Ten" Most Common Eating Disorder Assessment Mistakes	Tulum D & E (JW)
	I. The Use of Medical Checklists in Organizing Multidisciplinary Eating Disorder Treatment CSW	Tulum H (JW)
	J. Therapy of Binge Eating Disorder: Two Psychotherapeutic Strategies	Tulum B (JW)
3:45 – 4:00 p.m.	Refreshment Break	Tulum Terrace (JW)
4:00 – 6:00 p.m.	Plenary Session III: New Ideas on the Treatment of Eating Disorders <i>Moderators: Jacqueline C. Carter, PhD, Toronto General Hospital, University of Toronto, Toronto, Canada; Drew Anderson, PhD, University at Albany (SUNY), Albany, New York, USA</i>	Tulum D & E (JW)
	Guided Self-Help for Recurrent Binge Eating <i>Ruth Striegel-Moore, PhD, Wesleyan University, Middletown, Connecticut, USA</i>	
	How Can We Use Cognitive Remediation in the Treatment of Anorexia Nervosa? <i>Kate Tchanturia, PhD, Institute of Psychiatry, King's College, London, UK</i>	
	Family Therapy Process Research: A New Phase in the Maudsley Model? <i>Paul Rhodes, PhD, University of Sydney, Sydney, Australia</i>	
	Discussant: <i>Marion P. Olmsted, PhD, Toronto General Hospital, University of Toronto, Toronto, Canada</i>	
7:00 – 10:00 p.m.	Closing Social Event	Seaside Garden (JW)

Scientific Paper Session I • Friday, May 1

Time	Tulum D (JW Marriott)	Tulum H (JW Marriott)	Tulum E (JW Marriott)	Chichen Itza I & 2 (JW Marriott)	Uxmal I & 2 (JW Marriott)	Tulum G (JW Marriott)	Mexico/ Cozumel (CasaMagna Marriott)	Coba (JW Marriott)	Tulum F (JW Marriott)	Tulum A-C (JW Marriott)
	BED & Obesity I	Biology/ Medical Complications I	Children & Adolescents I	ED in Special Populations & Body Image Disturbance	Epidemiology I	Gender Ethnicity & Culture	Other I	Personality & Cognition I	Risk Factors & Prevention I	Treatment of ED I
10:30 a.m.	Goossens Braet Verbeken Decaluwe, et al	Racine Culbert Larson Klump	Blyderveen Miller	Papezova Bednarova Yamamotova	Reba- Harrelson Bulik Hamer Torgersen, et al	Slane Burt Klump	Yu Man Wai Philippa Blaney Ho	Waller	DeBate Petee Zwald Huberty, et al	Mitchell
10:45 a.m.	Braet	Groleau Richardson Steiger Israel, et al	McNicholas Barry Lennon	Smeets Tiggemann Kemps Mills, et al	Tozzi Rothen Muglia Preisig	Elmen-Gruys	Dimitropoulos Carter Woodside	Kemps Wilsdon	Becker McDaniel Powell Prasifka, et al	Wildes Gaskill Gould McCabe, et al
11:00 a.m.	Dingemans Martijn Van Furth Jansen	Baker Lichtenstein Kendler	Katzman Streinegger Ö Snelgrove, et al	Anikian Peterson Ziemann Hummel, et al	Keski- Rahkonen	Murnen MacDonald Smolak	Dimitropoulos Carter Schacter Klopfer, et al	Pringle Cooper Harmer	Yager	Ghaderi
11:15 a.m.	Hudson Whisenhunt Barnicle Costello	Fichter	Björck Sandberg Af Sandeberg	Pinheiro Nunes Camey	Machado Figueiredo Conceição Vaz, et al	Peaselee Levine Gershenson Falkinburg Levine	Shoab Juarascio Timko	Claes Beck Vandereycken	Hildebrandt Lai Alfano	Bulik Baucom Kirby Pisetsky
11:30 a.m.	Fikkan Greeson Kristeller Haute, et al	Bruce Steiger Israel Joober, et al	Kally Zuercher	Sears Eddy Franko Kass, et al	Ahmed Pinhas Taylor Schacter	Hergenrother Browb	Ebner Latner Rosewall Chisholm	Calogero Pedrotty Thompson Menzel, et al	Jordan	
11:45 a.m.	Ertelt Simonich Marino Peterson, et al	Camarena	Roehrig Masheb White Grilo	Bardone-Cone Schaefer Maldonado Fitzsimmons, et al	Maekawa So Sumioka Shimanouchi, et al	Hennessey Thompson- Brenner	Hay Jorm Lujic Frayne, et al			

Scientific Paper Session II • Saturday, May 2

Time	Tulum A (JW Marriott)	Tulum H (JW Marriott)	Tulum B (JW Marriott)	Chichen Itza I & 2 (JW Marriott)	Tulum G (JW Marriott)	Uxmal I & 2 (JW Marriott)	Mexico/ Cozumel (CasaMagna Marriott)	Tulum C (JW Marriott)	Tulum F (JW Marriott)	Tulum D & E (JW Marriott)
	BED & Obesity II	Biology/ Medical Complications II	Child & Adolescent II	Comorbidity	Diagnosis, Classification & Measurement	Epidemiology II	Other II	Personality & Cognition 2	Risk Factors & Prevention II	Treatment of ED II
11:00 a.m.	Curtis Davis Patte Reid, et al	Green Davids Read David, et al	Torgersen Yestrøm Haugen Meltzer, et al	Root Thornton Lindroos Stunkard, et al	Spanos Burt Klump	De Young Franko Eddy Kass, et al	Marino Ertelt Wonderlich Crosby, et al	Raykos Steele	Unikel Ocampo Juárez Garcia	Lundgren Shapiro Bulik
11:15 a.m.	Brownley Hinderliter Heymen	Sim McGovern Elamin Swiglo, et al	Verbeken Braet Goossens Bosmans	Guerdjikova McElroy O'Melia Kortwal, et al	Eddy Crosby Doyle Hoste, et al	Pisetsky Root Thornton Lichtenstein, et al	Haedt Keel	Dellava Thornton Kaye Bulik, et al	DeBate Severson Shaw Zwald, et al	Mansour Bruce Steiger Zuroff
11:30 a.m.	Jones Grilo Masheb Roehrig Et al	Saucedo- Molina Cortes Cortes Quintero	Moens	Steiger Richardson Schmitz Joober, et al	Björk Norrng Clinton	Bodell Mayer Black Haynos, et al	Tiggemann Kemps	Miller Van Blyderveen	Spoor Stice Rohde	Arcelus
11:45 a.m.	Ciao Latner	Brooks	Pinhas Heinmaa Boachie Bjarnason, et al	Vrabel Rosenvinge Rø Hoffart, et al	Keel Crosby Holm-Denoma Haedt, et al	Allison Lundgren Crow Barness – Blakeman, et al	Watson	Bachner- Melman Zohar Ebstein Bachar	Micali Simonoff Treasure	Fursland Byrne
12:00 p.m.	Roberts Treasure Troop Campbell	Celone Thompson- Brenner Stern	Paxton Massey		Runfola Allison Peebles	Kass Lowe Eddy Thomas, et al		Mills Tiggemann Gee Hollitt	Grilo	Goddard Treasure MacDonald
12:15 p.m.	McCurdy Martin Lundgren Chambers, et al	Peebles Hardy Wilson Lock	Zerwas Von Holle Torgersen Reichbron- Kjennerud, et al		Cronmeyer Krohn Franzen Ackard	Trace Mazzeo Mitchell Gow, et al		Alonso-Alonso Prag Huang Sidhu, et al	Favaro Santonastaso Tenconi Degortes	Berardi Jarry Robillard Aubie

Detailed Program

Wednesday, April 29

8:00 a.m. – 5:00 p.m. Tulum H (JW Marriott)
AED Board of Directors Meeting

8:30 a.m. – 1:30 p.m. Mexico / Cozumel (CasaMagna Marriott)
AED/EDRS Research Training Day Workshop
 (invitation only)

8:30 a.m.
Welcome and Introductions
 Ruth Striegel-Moore & Cynthia Bulik

8:35 – 9:15 a.m.
How to Write a Fundable Grant
 Cynthia Bulik

9:15 – 9:45 a.m.
Writing the Statistical Methods Section
 Ross Crosby

9:45 – 10:15 a.m.
Strategies for Translational Research on Anorexia Nervosa and Bulimia
 B. Timothy Walsh

10:15 – 10:30 a.m.
Coffee Break

10:30 – 11:00 a.m.
Cultural Adaptation: Implications for Assessment and Treatment
 – Mae Lynn Reyes-Rodriguez

11:00 – 11:30 a.m.
What You Really Wanted to Know
 Ruth Striegel-Moore

11:30 – 12:00 p.m.
TBA

12:00 – 1:00 p.m.
Luncheon
Teaching Day Faculty:
Cynthia Bulik, PhD
Ross Crosby, PhD
Mae Lynn Reyes-Rodriguez, PhD
Ruth Striegel-Moore, PhD
B. Timothy Walsh, MD

Note: Attendance is by invitation and registration is required.
 This program was developed for NIMH/AED/ANZAED Travel Fellows and is supported with co-funding from the National Institute of Mental Health and the National Institute of Child Health and Human Development (R13 MH64468 Striegel-Moore, Principal Investigator; Bulik Co-Principal Investigator) and additional funds from the Academy for Eating Disorders Gala Fund, and the ANZAED.
 The organizers gratefully acknowledge the members of the Travel Fellowship Committee for their help in selecting the travel fellows: Drs. Ross Crosby, Debbie Franko, & Mae Lynn Reyes-Rodriguez

10:00 a.m. – 5:00 p.m. Tulum Foyer (JW Marriott)
Registration

1:00 – 5:00 p.m.
Clinical Teaching Day Workshops
 (separate registration fee required)

A.Tulum A (JW Marriott)
FAMILY-BASED TREATMENT FOR ADOLESCENT EATING DISORDERS

Daniel le Grange, PhD, FAED, The University of Chicago, Department of Psychiatry and Behavioral Neuroscience, Chicago, IL, USA

Eating disorders most typically onset in adolescence. Yet, no more than half a dozen randomized controlled trials for this age group have been published to date. All of these studies involve parents in treatment in that they are seen as a resource and are actively engaged to resolve their adolescent's eating disorder. Consequently, this family-based approach (FBT) to the treatment of adolescent eating disorders has come to be regarded as the treatment of choice, especially for adolescents with AN. For this session, a brief background to the development of FBT will be provided before presenting in more detail the rationale and the scientific support of FBT for adolescent eating disorders. Second, the fundamental assumptions of FBT for adolescent eating disorders will be reviewed as well as some of the key treatment targets and strategies. Finally, this session will highlight the similarities and differences of FBT strategies for adolescent AN and BN.

B.Uxmal 1 & 2 (JW Marriott)
EL MANEJO AMBULATORIO DE LOS TRASTORNOS DE LA CONDUCTA ALIMENTARIA EN EL CONTEXTO HISPANO (AMBULATORY MANAGEMENT OF EATING DISORDERS IN A HISPANIC CONTEXT)

Ovidio Bermudez, MD, FAED, Laureate Psychiatric Clinic & Hospital, Tulsa, OK, USA; Eva María Trujillo, MD, FAED, Comenzar De Nuevo, Garza Garcia, Mexico; Rullina Acra, LD/RD, Miami, FL, USA; Juanita Gempeler, Clinical Psychologist. CBT, Equilibrio, Bogata, Columbia; J. Armando Barriguete Melendez, MD, Eating Disorders Clínica Angeles, Mexico City, Mexico

This workshop will present the multidisciplinary approach to eating disorders with a didactic presentation from each member of a clinical team followed by an interactive discussion of how each discipline benefits from that point of view and with ample time for discussion from the participants about their own questions or clinical experiences.

The format will begin with introductions, presentation of two clinical cases, didactic presentations on the medical assessment of eating disorders (Dr. Eva Trujillo), common psychotherapeutic approaches (Dr. Juanita Gempeler and Dr. Armando Barriguete), practical aspects of nutritional counseling

(Dr. Rullina Acra), and working with families. Then we would open up the workshop for clinical discussion and Q & A.

This will be a 4 hour clinical teaching day, with the focus on clinicians with limited or moderate experience in treating eating disorders and important emphasis on the cultural aspects of the Hispanic context which, of course, offers opportunities and challenges to the ambulatory treatment of these patients.

C..... Tulum B (JW Marriott)

COGNITIVE BEHAVIORAL THERAPY (CBT) FOR BULIMIA NERVOSA, EDNOS, AND BINGE EATING DISORDER

G. Terence Wilson, PhD, Rutgers University, Piscataway, NJ, USA

The workshop is relevant for participants with a limited knowledge of CBT as well as more experienced therapists. Some familiarity with the Fairburn et al. (1993) treatment manual will be assumed. The major focus will then be on an expanded treatment model with broader therapeutic strategies. The latter will include methods for addressing dysfunctional body shape and weight concerns, negative affect, and interpersonal processes. The fundamental role of enhancing motivation in CBT will be highlighted. The workshop features lecture, discussion and role play.

D..... Tulum C (JW Marriott)
WORKING ACROSS SYSTEMS: TARGETING INTERPERSONAL MAINTAINING FACTORS AND TRAINING THE FAMILY IN THE MANAGEMENT OF EATING DISORDERS

Janet Treasure, PhD, FRCP, FRCPSych, Kings College London, Maudsley Hospital, London, UK

Family members carry a major share of the burden of responsibility for individuals with eating disorders but they lack the skills and resources for this role. This contributes to the difficulty that families have in coping and supporting a member with an eating disorder (Treasure et al., 2005). Family factors contribute to the maintenance of anorexia nervosa. We have developed an educational skills based intervention for carers which is tailored to modify these maintaining processes (Treasure et al., 2007). This includes a variety of resources such as a manual and DVDs and is supplemented by coaching (Treasure et al., 2007).

The aims are to (a) remediate interpersonal maintaining mechanisms (Schmidt & Treasure, 2006) (b) improve communication (c) decrease expressed emotion (over protection and hostility) and (d) increase behavior change skills.

In this workshop we will discuss the theory and evidence base around this model as background. I will demonstrate with interactive work in small groups and with DVDs how we teach these skills to family members. I will also give some feedback with research into this area.

E..... Tulum G (JW Marriott)
MANAGING THE NUTRITIONAL REHABILITATION OF THE EATING DISORDERED PATIENT

Leah L. Graves, RD, LD, FAED, Laureate Eating Disorders Program, Tulsa, OK, USA; Reba Sloan, MPH, LRD, FAED Private Practice, Nashville, TN, USA

As all patients with eating pathology struggle to properly fuel themselves, nutritional rehabilitation is a cornerstone of quality eating disorders care. This workshop will provide current information in the management of the nutritional rehabilitation process beyond the basics highlighting challenging issues and populations.

F..... Chichen Itza 1 & 2 (JW Marriott)
MANAGEMENT OF RISK ASSOCIATED WITH EATING DISORDERS

Frances Connan, PhD MRCPsych, Vincent Square Eating Disorders Service, CNWL NHS Foundation Trust, London, UK; Angelica Claudino, MD, PhD, Sao Paulo, Brazil

- Presentation of the risks associated with eating disorders
- Specific risk, including acute and chronic medical complications, and risk associated with treatment
- Non-specific risk, including self-harm, suicide, substance misuse and risk to children
- Assessment and formulation of risk
- Small group exercise: assessment and formulation of risk using case vignettes
- Risk Management and harm minimization
- Presentation illustrated with case material
- Small group exercise: formulation of an individualized risk management plan using case vignettes
- Review of workshop and clinical discussion

G..... Tulum F (JW Marriott)
TRAUMA, EATING DISORDERS AND COMORBIDITY: RESEARCH, ASSESSMENT, AND TREATMENT

Tim Brewerton, MD, DFAPA, FAED, Medical University of South Carolina, Charleston, SC, USA; Diann M. Ackard, PhD, FAED, Minneapolis, MN

Population-based estimates indicate that at least one in three women will be the victim of a sexual or physical trauma during their lifetime, whereas greater than one in two women with bulimia nervosa experience such events (Dansky, Brewerton, O'Neil & Kilpatrick, 1997). Traumatic experiences place individuals at heightened risk for the emergence or worsening of a myriad of behavioral and mental health concerns, including affective, anxiety,

Thursday, April 30 (continued)

investigate in these obese individuals both the brain DA system as well as regional brain metabolism, and to compare it with the changes seen in drug addicted individuals. Findings from these studies are increasing our understanding of the brain mechanisms common to both disorders and have important implications for targeted treatment development.

10:15 – 10:45 a.m. Maya Ballroom (CasaMagna Marriott)
Refreshment Break with Exhibitors

10:45 a.m. – 12:15 p.m.
Workshop Session I

A. Tulum A-C (JW Marriott) UPDATE ON DSM-V

B. Walsh, MD, Professor of Psychiatry, Columbia/NYSPI, New York, NY, USA; Evelyn Attia, MD, Clinical Professor of Psychiatry, Columbia University, New York, NY, USA; Anne Becker, MD, FAED, Associate Professor of Medical Anthropology, Harvard Medical School, Boston, MA, USA; Hans Hoek, MD, Professor of Psychiatry, University Medical Center Groningen, The Hague, Netherlands; Richard Kreipe, MD, Professor of Pediatrics, University of Rochester School of Medicine and Dentistry, Rochester, NY, USA; Marsha Marcus, PhD, Professor of Psychiatry and Psychology, University of Pittsburgh School of Medicine, Pittsburgh, PA, USA; Ruth Striegel-Moore, PhD, Professor of Psychology, Wesleyan University, Middletown, CT, USA; Terence Wilson, PhD, Oscar K Buros Professor of Psychology, Rutgers University, Piscataway, NJ, USA; Barbara Wolfe, PhD, Professor, William F. Connell School of Nursing, Boston College, Chestnut Hill, MA, USA; Stephen Wonderlich, PhD, Professor, Department of Clinical Neuroscience, University of North Dakota School of Medicine, Fargo, ND, USA

DSM-V is scheduled to be published in 2012, 18 years after the DSM-IV criteria were published and 12 years after the text was revised in DSM-IV-TR. The DSM-V Task Force and an Eating Disorders Work Group have been appointed and begun work. The Work Group has been asked to review, critique, and suggest revisions to the current diagnostic criteria for the following existing categories: Eating Disorders (Anorexia Nervosa, Bulimia Nervosa, Eating Disorder Not Otherwise Specified (EDNOS) and Feeding and Eating Disorders of Infancy or Early Childhood (Pica, Rumination Disorder, Feeding Disorder of Infancy or Early Childhood). In addition, the Workgroup was asked to consider whether obesity should be included in DSM-V. In its first meetings, the Work Group has noted several issues widely discussed in the field about the existing criteria, including the very high frequency of use of EDNOS in clinical settings. This issue overlaps with the major question of whether Binge Eating Disorder is a valid and useful diagnostic entity. In addition, other “atypical” variants of the recognized eating disorders have been suggested, such as Purging Disorder and Night Eating Syndrome. By the time of the AED meeting, the Work Group will have completed literature reviews and have begun to consider options for change. The purpose of

this workshop is for members of the Work Group to provide a brief summary of ideas regarding possible changes in the DSM-IV criteria for eating disorders, to facilitate a dialogue with attendees, and to obtain their feedback.

B. Tulum G (JW Marriott) WORKING WITH PERSONALITY TRAITS AND DISORDERS IN PEOPLE WITH EATING DISORDERS: A DIMENSIONAL-TRAIT AND INTERPERSONAL- PROCESS APPROACH

Howard Steiger, PhD, Director/Professor, Eating Disorders Program, Douglas University Institute/McGill University, Montreal, QB, Canada; Jodie Richardson, BSc, Coordinator of Knowledge Transfer/PhD Candidate, Eating Disorders Program, Douglas University Institute/McGill University, Montreal, QB, Canada

Personality pathology is common in people with eating disorders, and remains one of the most intriguing and challenging aspects of eating-disorder management. This workshop provides a comprehensive, up-to-date review of clinically-relevant findings on the association between eating and personality disturbances, and on shared developmental and constitutional/genetic determinants of eating and personality pathologies. It also provides indications and contraindications for the attempt to “tune” psychotherapy to specific personality traits and disturbances?emphasizing the impact of personality pathology upon the expression of eating symptoms, response in therapy, and the therapeutic relationship. This will be a “trait” and “interpersonal process” focused analysis. A main section of the workshop addresses clinical technique. Principles are drawn from within and beyond the eating-disorder literature, around which recommended, personality focused treatment techniques (including Dialectical Behavior Therapy, Cognitive-Behavioral Therapy, Interpersonal Psychotherapy, Brief Interpersonal Therapy, and other forms) are structured. Using selected case materials, interventions aimed at specific personality traits and organizations (e.g., perfectionism, self-criticism, impulsivity, compulsivity, affective instability, narcissism, self-destructiveness) will be addressed. Using clinical vignettes, ingredients of “trait-focused” psychotherapeutic techniques are reviewed that aim to minimize ruptures in therapeutic alliance and other impediments to change. Participants are invited to bring case materials from their own practice, for discussion purposes.

C. Tulum H (JW Marriott) THE THERAPEUTIC RELATIONSHIP IN COGNITIVE- BEHAVIOURAL THERAPY FOR THE EATING DISORDERS: NASTY? BRUTISH? SHORT? CSW

Glenn Waller, DPhil, Professor of Psychology, Institute of Psychiatry, King's College London, London, United Kingdom

Despite its effectiveness, cognitive-behavioural therapy (CBT) for the eating disorders is routinely presented as overlooking key therapeutic relationship elements that are potentially powerful clinical tools. The therapeutic relationship in CBT is often portrayed (to paraphrase Hobbs) as being ‘nasty, brutish and short’. This workshop will address the active role of the

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therapeutic relationship in CBT for the eating disorders. It will be argued that the effective relationship-based element in CBT is different to that proposed in some other therapies. The focus is on a relationship that is task-focused, and hence needs to be shaped according to the tasks of therapy that are applicable to the individual patient.

Content

This workshop will begin by discussing relationship-level problems that participants have encountered (and solutions that they have developed). Then there will be a discussion of key relationship elements that need to be considered when delivering CBT, including:

- Engaging the patient as the therapist, while the clinician learns to be a coach.
- The clinician's need to be authoritative rather than authoritarian
- Working with therapy-interfering behaviours without blame
- Focusing on change rather than maintenance (being a boring clinician)
- Considering the degree to which clinicians can become dependent on their relationship with the patient when the therapy is going nowhere
- Maintaining safe boundaries for the patient

Examples of problematic relationship issues in CBT will be presented for participants to discuss, in order to think about how to solve common problems and share solutions (always keeping the CBT on track). The black and white thinking behind the 'nasty, brutish and short' assumption (vs. the alternative of 'nice, humanistic and long') will be challenged, allowing that the therapeutic relationship in CBT needs to be firm, individual-centered and relatively short if the therapy is to be effective.

D.Mexico/Cozumel (CasaMagna Marriott)
DO CARERS CARE ABOUT RESEARCH? HOW EVIDENCE AND CLINICAL GUIDELINES HELP CAREGIVERS SUPPORT RECOVERY

Laura Collins, MS, Director, F.E.A.S.T., Warrenton, VA, USA; Susan Ringwood, BA, Chief Executive Officer, BEAT, Norwich, United Kingdom; Ulrike Schmidt, PhD, Professor, Maudsley Hospital, London, United Kingdom; Donna Friedman, Ann Arbor, MI, USA

Evidence based recommendations are a popular topic among eating disorder professionals, but how do families and caregivers respond to this type of information? This workshop brings a patient, a carer, an advocate, and a researcher/clinician together to address how current science and research findings have, and have not, improved patient and caregiver support. We will present newly completed research comparing clinician perceptions of caregiver needs with actual expectations and offer perspectives from different countries and health systems. A 25-year sufferer

of an eating disorder will describe and evaluate the effectiveness of how differing treatment approaches and interventions have been presented to her by clinicians throughout the course of her treatment, including the more recent emphasis on the use of "evidence-based" practices. A caregiver advocate will describe the continuing confusion among parents about what evidence exists to support different treatment approaches and will offer case vignettes to demonstrate how the science is interpreted in day-to-day family life. The presenters will summarize concrete recommendations from all three stakeholder perspectives for how evidence-based practice can be presented to caregivers effectively, thereby maximizing treatment adherence, and positive outcomes. Attendees will have an opportunity, through role-play and small group discussion, to practice the recommended ways to effectively present evidence-based practice to caregivers.

E..... Tulum D (JW Marriott)
FIRST DO NO HARM: A MODEL FOR THE PREVENTION OF EATING DISORDERS AND OBESITY: THE ALLURE OF BODY MASS INDEX VS. HEALTH AT EVERY SIZE

Margo Maine, PhD, FAED, Psychologist, Maine & Weinstein Specialty Group, West Hartford, CT, USA; Michael Levine, PhD, FAED, Professor, Kenyon College, Gambier, OH, USA; Jennifer O'Dea, PhD, Associate Professor, University of Sydney, Sydney, Australia; Joslyn Smith, BA, Senior Legislative Assistant, American Psychological Association, Washington DC, USA

Despite the public health threat related to the increase of eating disorders across age, gender, race, ethnicity and culture, public health initiatives tend to solely target obesity. Obesity and eating disorders share many risk factors, but misguided interventions will not reduce obesity and may well increase the rate of eating disorders. This workshop presents a comprehensive approach to preventing eating and weight disorders across the spectrum, arguing for a systemic approach to replace the current stigmatizing tendency to identify, isolate, and blame victims. The workshop reviews the current legislative trend to mandate BMI reporting in schools, despite the limitations of the BMI as an accurate measurement of obesity or of health risk. While there are virtually no data on the effectiveness of mandatory BMI reporting, research does suggest the potential to do harm. The notion that BMI reporting helps to decrease rates of obesity assumes that at-risk individuals will begin to diet and thereby lose weight. Dieting, however, is often associated with weight gain attendant to both binge-eating and metabolic changes. Thus, this workshop offers a critical evaluation of the Health At Every Size paradigm, which honors diversity of body types and focuses on healthy behaviors such as: normalizing eating, both amounts and frequency; learning to recognize internal cues of hunger and satiety; developing alternative coping mechanisms for stress reduction and emotional expression; and enjoying moderate physical activity. The workshop illustrates the state of the art of a unified approach to prevent both obesity and eating disorders, reviewing model programs and research findings and pointing to new directions for public health initiatives to address these problems and "do no harm."

**F..... Chichen Itza 1 & 2 (JW Marriott)
EXPLORING THE INTERFACE BETWEEN FAMILY
AND INDIVIDUAL THERAPY IN THE TREATMENT OF
EARLY ONSET ANOREXIA NERVOSA**

Dasha Nicholls, MD, PhD, Consultant Child & Adolescent Psychiatrist, Great Ormond Street Hospital, London, United Kingdom; Hilary Davies, MSc, Family Therapist, London, United Kingdom

Family therapy is generally accepted as the first-line treatment for anorexia nervosa of short duration in children and adolescents. Nevertheless, individual therapy continues to be offered routinely in a number of settings, particularly inpatient units, although the nature of this therapy varies widely. The UK National Institute of Clinical Excellence guidelines support the view that children and young people should be seen alone in addition to within their family context. This workshop will consider the purpose and benefits of working individually with young people at different stages in the treatment process, before exploring how individual therapy can work alongside family therapy in relation to the overall treatment aims. How individual therapy is integrated with other aspects of treatment, in particular family therapy, needs careful consideration if it is to be useful and tensions between the two distinct therapeutic processes avoided. Specific issues that arise include considering where responsibility for managing eating behaviour lies, how confidentiality issues are managed, and team dynamics including the potential for splitting. Developmental differences in approach between children and older adolescents will be highlighted throughout.

**G..... Tulum E (JW Marriott)
PREVENTING RELAPSE ACROSS THE EATING
DISORDERS: A TRANSDIAGNOSTIC INTERVENTION
TARGETING EXTREME WEIGHT AND SHAPE
CONCERNS**

Kathryn Trotter, PhD, Staff Psychologist, University Health Network, Toronto, ON, Canada; Traci McFarlane, PhD, Staff Psychologist, University Health Network, Toronto, ON, Canada

Overconcern with weight and shape is the core maladaptive cognitive feature across the eating disorders and this is reflected in current diagnostic criteria. Rates of relapse following behavioral remission are high. Evidence that extreme weight and shape concerns are resistant to our current treatments and predict relapse support the importance of these concerns as a maintaining factor. Body checking and avoidance behaviors are not only a behavioral consequence of overconcern with weight and shape but also serve to maintain these extreme thoughts and beliefs. Body avoidance prevents opportunities to learn new information about the body and that feared outcomes do not come true. Body checking is likely to lead the eating disordered person to draw incorrect conclusions about her/his body owing to selective attention to disliked parts of the body and confirmatory cognitive biases. Participants in this workshop will learn how to apply specific psychoeducational, behavioral, cognitive and mindfulness

interventions in order to reduce body checking and avoidance, and decrease the overvaluation of weight and shape. For example, the application of in vivo graded exposure therapy to reduce anxiety and avoidance will be taught. Through gradual, repeated, prolonged and generalized exposure practices, individuals with eating disorders habituate to their negative thoughts and feelings about their bodies and learn that their negative predictions and feared outcomes do not occur. In addition, mindfulness strategies to help these clients distance themselves from their body image distress and take a neutral observer's stance will also be taught.

**H. Tulum F (JW Marriott)
EATING, FEEDING AND TREATING PATIENTS
WITH EATING DISORDERS: AN INTEGRATION OF
RESEARCH AND CLINICAL PRACTICE**

Laurel Mayer, MD, Assistant Professor of Clinical Psychiatry, Columbia University/NYSPI, New York, NY, USA; Michael Devlin, MD, Associate Professor of Clinical Psychiatry, Columbia University/NYSPI, New York, NY, USA; Joanna Steinglass, MD, Assistant Professor of Clinical Psychiatry, Columbia University/NYSPI, New York, NY, USA; Evelyn Attia, MD, Professor of Psychiatry, Columbia University/NYSPI, New York, NY, USA

By definition, eating behavior is disturbed in patients with eating disorders. The nature of these disturbances is a challenge for researchers to systematically investigate and for clinicians to treat. The goal of this workshop is to engage clinicians and clinical researchers in a dialogue about the relevance of laboratory-based eating behavior studies to clinical practice. Research results from three recent studies will be presented and the relevance to clinical practice will be discussed. Dr. Michael Devlin will present the rationale and development of an adolescent eating behavior laboratory and preliminary data from normal-weight, over-weight and obese teens prior to bariatric surgery. Dr. Laurel Mayer will present findings from a multiple-item laboratory meal study conducted in hospitalized patients with anorexia nervosa (AN) before and after normalizing weight. Dr. Joanna Steinglass will discuss the role of fear and avoidance in AN eating behavior and will present preliminary data regarding the adaptation of exposure therapy interventions for relapse prevention treatment of patients with AN. Dr. Evelyn Attia will discuss how these findings inform clinical practice.



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**I.....Uxmal 1 & 2 (JW Marriott)
MAINTENANCE TREATMENT AND LONG-TERM
SUPPORT FOR EATING DISORDERS: EXTENDING
THE REACH OF SPECIALIZED TREATMENT CENTERS**

Stephanie Bauer, PhD, Research Fellow, University of Heidelberg, Heidelberg, Germany; Hans Kordy, PhD, Director, University of Heidelberg, Heidelberg, Germany

A number of effective treatments for eating disorders (ED) exist. However, at the end of even the best available treatment, a substantial portion of patients is not symptom-free. In addition, the risk of relapse following successful treatment is high. Finally, a subgroup of patients has to be described as chronically ill and needs specialized care repeatedly throughout the course of their illness. Thus it appears that there is a need for extending the reach of specialized institutions to stabilize treatment gains by providing additional support to patients following their discharge. Such programs have to meet several requirements: 1. Given that ED follow very heterogeneous courses, maintenance and long-term programs have to be flexible enough to meet patients' individual needs for support in the various stages of their illness, 2. They have to be feasible for both patients and institutions in routine care, and 3. They have to be cost-effective. Interventions based on Information Technology (IT) promise to meet these requirements: They allow to continuously monitor patients' symptoms, to inform clinicians on their patients' symptom status and changes over time, and thus to offer timely support of varying intensity at reasonable effort. Over the past years, the Center for Psychotherapy Research has developed and evaluated various forms of IT-enhanced interventions aiming at the optimization of care. In this workshop we will introduce an Internet-based platform developed for the maintenance treatment and long-term support of ED patients. The various online components of the program will be demonstrated and illustrated with clinical examples. Finally, we will discuss how individualized maintenance treatment strategies may optimize health care for ED patients taking into account service research and cost-effectiveness considerations.

**J.....Coba (JW Marriott)
REGULATION OF CUES FOR CHILDHOOD OBESITY;
THE ROC INTERVENTION**

Kerri Boutelle, PhD, Associate Professor, University of California, San Diego, La Jolla, CA, USA; Nancy Zucker, PhD, Assistant Professor, Duke University, Durham, NC, USA; Carol Peterson, PhD, Assistant Professor, University of Minnesota, Minneapolis, MN, USA

Pediatric obesity affects 1/3 of children in the US, which is associated with significant medical and psychological comorbidities. Environmental challenges make sustained obesity management seemingly insurmountable and necessitate the development of targeted approaches to help children manage the current obesogenic environment. Schachter's externality theory of obesity suggests that overweight individuals share an enhanced sensitivity to external food cues and decreased sensitivity to feelings of

satiety. Focusing on food cue sensitivity and internal hunger cues is an undeveloped area of interventions for children who are food stimulated, potentially helping them navigate perpetual contextual pressures to eat. Eating in the absence of hunger is considered a measure of disinhibited eating in children, has been suggested as pathogenic of binge eating disorder in children, and can be operationalized via a free access paradigm. This workshop will describe two novel 8-week treatments for children who eat in the absence of hunger and their mothers. The two treatments differentially focus on recognizing internal cues of hunger vs. resisting external cues that elicit craving. The first treatment, entitled "Volcravo", is based on a cue responsivity and sensitivity training paradigm to decrease children's responsiveness to foods they crave. The second treatment, entitled "CAAT", uses appetite awareness training to increase the children's responsiveness to their own hunger cues. Both treatments are presented in age appropriate language, using metaphors that are useful to 8-12 year old children and their families, and use in vivo exposure. Both treatments include basic behavioral treatment skills, including stimulus control, coping skills training, and parenting skills. The first pilot trial is underway, and pre and post treatment data will be presented including effects on laboratory measures of eating in the absence of hunger.

12:15 – 1:30 p.m.

Lunch on Your Own

12:15 – 1:30 p.m.

Special Interest Group (SIG) Annual Meetings

(Box lunch available with advanced purchase. See registration form.)

The following Special Interest Groups will hold annual meetings. New members are welcome. Additional SIG meetings will be held on Saturday, May 2 from 8:00 – 9:30 a.m. and 12:30 – 1:45 p.m.

Athletes Tulum A – C (JW Marriott)
Co-Chairs: Ron Thompson, PhD, FAED & Jennifer Harriger, MS

Body Image Tulum D (JW Marriott)
Co-Chairs: Leslie Heinberg, PhD & Janelle Coughlin, PhD

Trauma and Eating Disorders Tulum E (JW Marriott)
Co-Chairs: Diann Ackard, PhD, LP, FAED & Timothy Brewerton, MD, DFAPA, FAED

Family Therapy Tulum F (JW Marriott)
Co-Chair: Elizabeth McCabe, MSW

Assessment and Diagnosis Tulum G (JW Marriott)
Co-Chairs: Drew Anderson, PhD & Carol Peterson, PhD

Thursday, April 30 (continued)

Inpatient/Residential Tulum H (JW Marriott)
Co-Chairs: Craig Johnson, PhD, FAED & Stephanie Setliff, MD

Eating and Sleeping Chichen Itza I & 2 (JW Marriott)
Co-Chairs: Kelly Allison, PhD & Piergiuseppe Vinai, MD & Yael Latzer, DSc

Student Uxmal I & 2 (JW Marriott)
Co-Chairs: Rebecca Greif, BA & Kelly Bhatganar, MA

Information Coba (JW Marriott)
Technology and Eating Disorders
Co-Chairs: Stephanie Bauer, PhD & Jennifer Shapiro

Nutrition Acapulco (CasaMagna Marriott)
Co-Chairs: Cinda Nab, BS, RD & Christina Reiter, MS, RD

12:30 – 1:30 p.m. Mexico/Cozumel (CasaMagna Marriott)
HLA Chapter Meeting

2:00 – 4:00 p.m. Tulum A – E (JW Marriott)
Plenary Session I: THE STIGMATIZATION OF EATING DISORDERS
Moderators: Ulrike Schmidt, MD, PhD, FAED, Maudsley Hospital, London, UK and Josie Geller, PhD, St. Paul's Hospital, Vancouver, BC, Canada

Mental illnesses are highly stigmatized conditions and eating disorders and obesity are no exception. Stigmatizing beliefs about eating disorders and obesity include that these disorders reflect a weakness of character, are self-inflicted, that outcome is poor, that the disorders are incurable and that it is difficult to communicate with people who have these disorders. Stigmatizing beliefs about mental illness are deeply rooted in society and result in poorer outcomes, distress and discrimination for those with mental illness. Health professionals are not exempt from these beliefs. Professor Bruce Link will open this plenary by giving an introduction to the topic and reviewing the current evidence base on stigma in mental health in general. The second speaker, Professor Kathy Griffiths, will focus on ways in which stigmatization of mental disorders can be reduced, using her work on stigma reduction in depression as an exemplar. Professor Philippa Hay will talk about stigmatization of eating disorders and Professor Kelly Brownell will conclude the session by giving a global perspective on legal, economic, marketing and other issues that could simultaneously help with weight stigma, obesity and ED.

Presentations:
ON STIGMA AND ITS CONSEQUENCES FOR PEOPLE WITH MENTAL ILLNESSES
Bruce G Link, PhD, Columbia University, Mailman School of Public Health, New York, NY, USA

UNRAVELLING THE STIGMA OF DEPRESSION
Kathleen Griffiths, PhD, Australian National University, Canberra, Australia

STIGMA AND EATING DISORDERS OR “THE ELEPHANT IN THE ROOM”
Professor Philippa Hay, MD, PhD, The University of Western Sydney, Sydney, Australia

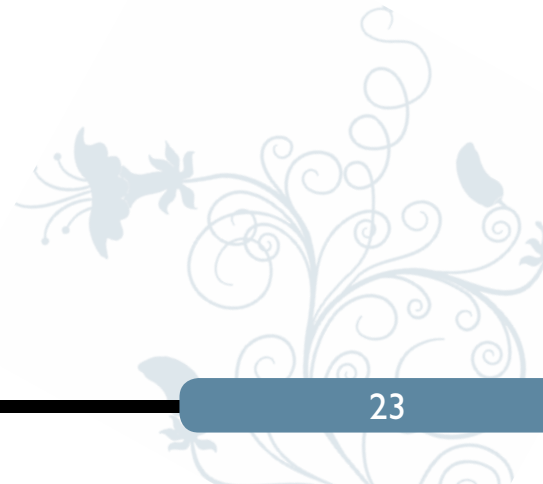
GLOBAL SOCIAL AND POLICY CHANGES TO ADDRESS EATING DISORDERS AND OBESITY
Kelly Brownell, PhD, Yale University, New Haven, CT, USA

4:00 – 4:30 p.m. Maya Ballroom (CasaMagna Marriott)
Refreshment Break with Exhibitors

4:30 – 6:00 p.m.
Workshop Session II

A..... Tulum A-C (JW Marriott)
INTEGRATIVE COGNITIVE-AFFECTIVE THERAPY FOR BULIMIA NERVOSA
Stephen Wonderlich, PhD, Chester Fritz Distinguished University Professor, Department of Clinical Neuroscience, University of North Dakota School of Medicine, Fargo, ND, USA; Carol Peterson, PhD, Research Assoc./Assistant Professor, University of Minnesota, Minneapolis, MN, USA

This workshop will introduce Integrative Cognitive-Affective Therapy (ICAT), a newly developed psychotherapy for bulimic symptoms. The first part of this presentation will describe the etiological/maintenance model of bulimic symptoms that has been used to develop ICAT. The workshop will then provide a detailed review of the four ICAT phases: Phase I, which introduces the importance of emotion and facilitates treatment motivation; Phase II, which implements a structured meal plan for nutritional rehabilitation; Phase III, which focuses on self-directed style, interpersonal patterns, and self-oriented cognition related to self-discrepancy; and Phase IV, which emphasizes relapse prevention strategies. Features central to all phases of ICAT will also be reviewed, including the use of emotion-focused techniques and technology-based assessments. Clinical examples will be provided to illustrate ICAT concepts and psychotherapeutic strategies. Preliminary pilot data supporting the efficacy of ICAT as well as the underlying psychopathology model will also be presented.



Thursday, April 30 (continued)**B. Tulum H (JW Marriott)
THE “THERAPY” IN NUTRITION THERAPY:
CHALLENGES FOR THE DIETITIAN**

Lisa Hoffman, BASc, BSW, MSW(cand), RD, Dietitian, University Health Network, Toronto General Hospital, Toronto, ON, Canada; Holly Dickinson, BSc, RD, Dietitian, University Health Network, Toronto General Hospital, Toronto, ON, Canada; Tracie Burke, MEd(can), BASc, RD, Dietitian, University Health Network, Toronto General Hospital, Toronto, ON, Canada

Achieving normal eating is one of the most frightening and confusing aspects of recovery from an eating disorder. The purpose of this workshop is to explore the skills and strategies that can be used by dietitians to facilitate clients' willingness to work toward recovery-focused eating. In today's society it has become normative to diet, control one's weight and be overly conscious of eating for health. This workshop will explore the dilemma this creates for clients working toward recovery and look at some ways dietitians can help their clients to develop a healthy and pleasurable relationship with food. Although, Nutrition Therapy is a well-established intervention for treating clients with eating disorders, the therapeutic skills required to provide effective treatment are not routinely included in dietitian education programs. From a dietitians perspective, this workshop will focus on the practical application of skills needed to develop a strong therapeutic alliance, work with clients' ambivalence about change, address misconceptions about eating and body weight, and provide nutritional recommendations that clients both trust and understand. Through the use of case examples and clinical vignettes, this workshop will focus on the therapy involved in providing effective Nutrition Therapy. Audience participation will be encouraged through discussion and problem solving related to questions and challenges that audience members have experienced in their own clinical work. As the emphasis is on therapeutic skills, this workshop may be of interest to dietitians working with eating disorder clients and other professionals that work in a setting that includes nutrition rehabilitation.

**C. Tulum G (JW Marriott)
UNDERSTANDING AND WORKING WITH SOCIAL
COGNITION IN ANOREXIA NERVOSA**

Ulrike Schmidt, MD, PhD, Professor of Eating Disorders, Institute of Psychiatry, London, United Kingdom; Anna Oldershaw, MSc, MS, Institute of Psychiatry, London, United Kingdom; Kate Tchanturia, PhD, Senior Lecturer, Institute of Psychiatry, London, United Kingdom

Social cognition has been defined as “*the mental operations underlying social interactions, which include the human ability to perceive the intentions and dispositions of others*” (Brothers, 1990).

Aspects of social cognition encompass emotion recognition and regulation, and Theory of Mind (ToM), i.e. the ability to represent the mental states of others in terms of their intentions, desires and beliefs, and to use that representation to understand and predict behavior. Social cognition underpins social behavior. In anorexia nervosa (AN), there is considerable evidence to suggest that

social functioning is substantially impaired (Schmidt et al., 1995) and that some of these difficulties are present premorbidly. The study of social cognition in AN has recently gathered momentum, building on work in other neurodevelopmental disorders such as autism (Baron-Cohen, 1995) and schizophrenia (Pinkham et al., 2006). Emerging evidence from our group and others suggests that people with AN do indeed show significant impairments in different aspects of social cognition (Tchanturia et al., 2004; Russell et al., in press; Oldershaw et al., submitted; Hambrook et al., submitted) and models of the causation and maintenance of AN incorporating social cognitive impairments are beginning to appear (Schmidt & Treasure, 2006; Zucker et al., 2007). In this workshop we will introduce the topic by briefly covering what social cognition is, and by summarizing the research evidence on social cognitive impairments in anorexia nervosa. The main part of the workshop will look at (1) how social cognitive impairments may contribute to the maintenance of AN, (2) how clinicians can use information about social cognitive impairments to talk to their patients and their carers, and (3) how in our clinical practice we address social cognitive impairments in treatment with people with AN. The format of the workshop will be interactive using videos and role-plays to support learning.

**D. Mexico/Cozumel (CasaMagna Marriott)
ANOREXIA NERVOSA IN THE DESERT: OVERCOMING
GEOGRAPHICAL CHALLENGES IN SERVICE
DELIVERY FOR CHILDREN AND FAMILIES**

Julie McCormack, Master of Science, Specialist Clinical Psychologist, Eating Disorders Program, Princess Margaret Hospital for Children, Perth, Australia; Julie Potts, Bachelor of Science, Program Manager, Eating Disorders Program, Princess Margaret Hospital for Children, Perth, Australia; Hunna Watson, PhD, Research Psychologist, Eating Disorders Program, Princess Margaret Hospital for Children, Perth, Australia; Emily Harper, Master of Science, Clinical Psychologist Registrar, Eating Disorders Program, Princess Margaret Hospital for Children, Perth, Australia

Rural individuals and families with eating disorders experience significant barriers and inequities to treatment relative to their urban counterparts. There is poorer early identification and an increased severity and length of illness, as evidenced by lower BMI at assessment and a higher readmission rates in our clinical setting. This workshop will explore geographical challenges in service provision for health providers, schools and families. The presenters will draw on findings from a clinical audit and research study conducted in Western Australia that investigated patient and health provider experiences, and outcomes of three innovative treatment pathways to address these challenges. The three innovations were the development of an internet group therapy program, rural in reach training and consultation and creative use of step-down day-hospital treatment. Using case examples, we will explore common dilemmas including the maintenance of therapeutic relationships over distance, differences between rural and city cultures, and utilization of technology. Together with the audience we will workshop possibilities to overcome challenges in order to reduce barriers and increase equity of service access in different treatment settings.

E..... Tulum D (JW Marriott)
**NARROWING THE RESEARCH-PRACTICE GAP
IN PSYCHOTHERAPY FOR EATING DISORDERS:
IDENTIFYING COMMON GROUND**

Kristin von Ranson, PhD, Associate Professor of Psychology, University of Calgary, Calgary, AB, Canada; Susann Laverty, PhD, Senior Counselor, University of Calgary, Calgary, AB, Canada

Psychotherapists use a variety of approaches in treating eating disorders. Most common is an eclectic approach, which is consistent with therapists' paramount desire to tailor treatment to individual client needs (von Ranson & Robinson, 2006). By contrast, clinical trials suggest that cognitive-behavior therapy and interpersonal psychotherapy are most effective in treating many eating disorders (National Institute for Clinical Excellence, 2004). Thus a gap exists between approaches described by researchers as "gold standards" for eating disorders treatment and those in use by front-line psychotherapists. How do we reconcile research and practice perspectives? This workshop will explore contentious issues related to the selection of psychotherapeutic approaches and techniques in an atmosphere of respect for diverse perspectives and to learn from one another. The goals of this workshop are to: (1) discuss the research-practice gap in psychotherapy for eating disorders, (2) re-examine what practices are in the best interests of clients, (3) strengthen best practices in eating disorders research and treatment, and (4), we will describe recent Canadian survey findings describing therapists' approaches to and motivations for eating disorders treatment, the definition of treatment efficacy used by researchers, and best practices for psychotherapy for eating disorders. Next, we will present participants with controversial questions for discussion, such as: What produces change in eating disorders treatment? How do we know when treatment is working? What key factors should drive clinical decision-making regarding treatment? What problems are there with applying research findings to psychotherapy for eating disorders, or with relying on clinical acumen alone? What roles should clients play in making decisions about their treatment? Finally, we will seek common ground and guide participants in considering how each one can work toward narrowing the research/practice divide.

F..... Tulum E (JW Marriott)
**DISENGAGEMENT OR DIRECT INTERVENTION:
WHAT IS A PARENT TO DO? CSW**

Judith Brisman, PhD, Director EDRC, Eating Disorder Resource Center, NYC, NY, USA; Judith Rabinor, PhD, Director, American Eating Disorders Center, Lido Beach, NY, USA

Currently there is much controversy regarding the role of parents when a teenager or child has an eating disorder. Approaches veer from encouraging active refeeding to limiting parental intervention. All parents need to be involved with their eating-disordered child or teen-- the question is how. This workshop will offer clinical, theoretical and experiential means of considering how the therapist best guides parents with their urgent questions as to what to do next. The workshop will begin with an overview of conceptual paradigms that guide our work, comparing and contrasting the Maudsley strategic approach with

interpersonally-informed strategies of parental disengagement from the issues with food. Treatment outcome studies will be reviewed. Interpersonal and relational theory will inform a discussion that considers what kind of parental involvement is best in differing situations, given varying psychological, familial and developmental pictures. Regardless of the type of parental intervention, there are always many specific things families can do to use this point of crisis as an opportunity to allow for better care of everyone in the family-- and to specifically set the stage for the possibility of recovery. The eating disorder can be used to consider issues related to communication, boundaries, rights and responsibilities for everyone involved. Case examples will be used throughout and audience discussion and participation will be encouraged. A Powerpoint presentation will highlight theoretical and clinical material.

G..... Chichen Itza 1 & 2 (JW Marriott)
**WE'RE IN THIS TOGETHER: BUILDING
COLLABORATIVE ALLIANCES BETWEEN FAMILIES
AND PROFESSIONAL CARE GIVERS**

Kathryn Westin, MA, President EDC, Emily Program, Bethpage, TN, USA; Doris Smeltzer, MA, MFT, President, Andrea's Voice Foundation, Napa, CA, USA; Grainne Smith, Dip. Ed., Director, NEEDS Scotland, Aberdeenshire, United Kingdom; Susan Ringwood, BA Hons, Chief Executive, BEAT, Norwich, United Kingdom

Sponsored by the AED Charter Committee and the AED Patient and Carers' Task Force.

This workshop aims to explore with professional care givers the power of building alliances with family care givers as resources to reaching treatment goals.

The AED developed the *Worldwide Charter for Action on Eating Disorders* in 2006 to provide people with eating disorders, and their families and loved ones, with a list of their basic rights and reasonable expectations regarding eating disorder treatment and services. Communication emerged as a key element in each area addressed in the Charter. The core value underlying the Charter is that a partnership among people with eating disorders, their families and the treating team, with rights and responsibilities for all sides, is imperative for any quality eating disorder service or individual healthcare encounter. Effective communication between professional care givers and families leads to more effective treatment and recovery from eating disorders.

Drawing on evidence based research and personal experience from around the globe, members of the AED Charter Committee and Patient Carers' Task Force will present on the importance of open communication, engagement, and working in partnership with treatment teams. The presenters include Susan Ringwood, an internationally known expert on supporting families and carers; Grainne Smith, a carer, presenter and author on effective communication; and Doris Smeltzer, a mother who has spent the past 10 years fighting eating disorders in her daughter's name. The moderator is Kitty Westin, a carer and activist who has traveled the globe speaking on the importance of advocacy.

The *Worldwide Charter for Action on Eating Disorders* will be used as a focus for debate.

Thursday, April 30 (continued)

**H.....Uxmal 1 & 2 (JW Marriott)
NO PRESCRIPTION NECESSARY: ABUSE OF
OVER-THE-COUNTER DRUGS AMONG EATING
DISORDERED PATIENTS**

Deborah Mangham, MD, Assistant Medical Director, Melrose Institute, St. Louis Park, MN, USA; Ann Vosti, MD, Lead Physician, Partial Hospital Program, Melrose Institute, St. Louis Park, MN, USA; Joel Jahraus, MD, Executive Director, Melrose Institute, St. Louis Park, MN, USA

Many eating disordered patients abuse non prescription substances in an attempt to lose weight. They typically use these drugs in supra therapeutic doses and in potentially toxic combinations. Our purpose is to familiarize the clinician with the constantly changing landscape of over the counter (OTC) drug abuse. Our presentation style will be both didactic and interactive. We will discuss the major categories of OTC drugs that are abused by eating disordered patients; laxatives, diet pills, diuretics and emetics. We will describe the toxic effects of each class individually and in combination. The workshop will include several representative case reports from our practice. Presenters will review the latest trends in OTC drug abuse including new products such as hoodia and orlistat, and products that have been removed from the market such as phenylpropanolamine and ephedra. We will discuss the availability of prescription and non prescription medications via the internet. Our workshop will include a comprehensive literature review highlighting prevalence data, demographic profiles, risk factors, and comorbidities of patients who abuse OTC drugs. We will display some of the products more commonly abused. Interspersed throughout our presentation will be provocative discussion questions for audience interaction and participation.

**I.....Coba (JW Marriott)
A SEXUALITY GROUP FOR PEOPLE WITH EATING
DISORDERS**

Kelli Young, MEd, Occupational Therapist- Psychotherapist, University Health Network- Toronto General Hospital, Toronto, ON, Canada; Debbi Tjeng, MSW, Social Worker- Psychotherapist, University Health Network- Toronto General Hospital, Toronto, ON, Canada

The purpose of this workshop is to present a framework for exploring the topic of sexuality within a group therapy program for individuals with eating disorders. To date, the literature pertaining to the connection between eating disorders and sexuality has been scarce. Furthermore, the subject of sexuality is seldom a focal point in treatment programs. Therapists, like their clients, may feel anxious discussing matters related to sex and sexuality, and they may feel ill-equipped to manage this material therapeutically. The therapeutic factors inherent in a group make it an ideal forum for addressing this important topic. The presenters of this workshop have co-facilitated a "Sexuality Group" in the Eating Disorders Program at the Toronto General Hospital for the past 13 years. Together they will present approaches and methods used in their group that participants can adapt for use

in their own practice. Through case discussions and a thorough review of current literature, participants will gain an appreciation for the relevance of addressing sexual attitudes, knowledge, and behaviors in clients with eating disorders. Video-taped interviews will illuminate the particular struggles facing many clients with eating disorders as they attempt to explore their sexual identities and navigate intimate relationships. This workshop will provide participants with the strategies and tools necessary to develop and implement a sexuality group in their own settings. Using fun and interactive methods, the presenters will dispel commonly accepted myths about sex and sexuality. They will also demonstrate techniques, activities, and interventions used in their group and suggest ways in which participants can adapt these for use in their own groups. This workshop will incorporate both didactic and experiential components, allowing ample time for group discussion.

**J.....Tulum F (JW Marriott)
ACUTE AND CHRONIC CHANGES IN REFEEDING OF
ANOREXIA NERVOSA**

Simon Clarke, FRACP, Director, Westmead Hospital, Sydney, CT, Australia; Michael Kohn, FRACP, Director, Westmead Hospital, Sydney, CT, Australia

Patients with Anorexia Nervosa (AN) requiring refeeding are often treated inadequately or not at all because of inappropriate fears about the morbidity and mortality of the syndrome. The authors will discuss their experience in managing over 1000 inpatients admitted with AN in particular the new findings related to the syndrome. This should enable more appropriate management of the condition and its sequelae. Recent new theories regarding the aetiology of the refeeding syndrome will enable clinicians to review their treatment of the patients. Discussion will take place regarding the need to manage patients outside recognized eating disorders units

Our research has highlighted the changes taking place in patients with chronic refeeding over time. Cognitive and emotional changes take place over weeks at different times. There are significant changes in body composition we have discovered which will result in a change in discharge criteria after refeeding. The research into the 4 compartments (fat, water, protein and bone) is unique and should produce a reappraisal of the measures utilized in clinical management.

6:00 – 7:30 p.m. Maya Ballroom (CasaMagna Marriott)
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Opening Reception / Poster I Presentation Session / Exhibit Hall Open

7:30 – 8:00 p.m. Maya Ballroom (CasaMagna Marriott)
.....
Poster I Dismantle

Friday, May 1

7:00 – 8:00 a.m. Tulum F & G (JW Marriott)
Current, New and Prospective Member Breakfast

7:00 – 8:00 a.m. Maya Ballroom (CasaMagna Marriott)
Continental Breakfast with Exhibitors

7:00 a.m. – Noon Maya Ballroom (CasaMagna Marriott)
Poster Session II Set-Up & Viewing / Exhibit Hall Open

7:00 a.m. – Noon Tulum Foyer (JW Marriott)
Registration

8:00 – 10:00 a.m. Tulum A – E (JW Marriott)
Plenary Session II: CULTURE AND GENES: IS IT TIME FOR NEW MODELS AND NEW METAPHORS IN THINKING ABOUT PREDISPOSITIONS, TRIGGERS, AND CAUSAL RISK FACTORS?

Moderator: Anne E. Becker, MD, PhD, ScM, Harvard Medical School, Boston, MA, USA

This plenary session will provide a critical examination of biopsychiatric, developmental, and sociocultural models in the context of the types of interlocking evidence necessary to establish a causal risk factor. The time is ripe for this discussion for at least 3 reasons. First, the bodies of research pertaining to the models in question are quite large and of direct relevance to the very meaning of the word “cause” or the phrase “causal risk factor”—and yet they are quite prone to being misunderstood and inappropriately applied. Second, because there remains tension between the biopsychiatric and sociocultural perspectives, a critical examination of both models, particularly from a developmental perspective, is of value in determining whether the clash between these perspectives is necessary or whether there is a synthesis of these models that may ultimately provide the most meaningful explanation of the etiology of the eating disorders. Finally, it is worth examining in detail the ways in which these models have specific implications for treatment and preventive interventions.

Presentations:

SOCIOCULTURAL MODELS: A DEVELOPMENTAL PERSPECTIVE

Linda Smolak, PhD, Kenyon College, Gambier, OH, USA

BEHAVIOR GENETIC MODELS: A DEVELOPMENTAL PERSPECTIVE

Kelly Klump, PhD, FAED, Michigan State University, East Lansing, MI, USA

HIGHLIGHTING MEDIA AND OTHER CULTURAL FACTORS: A CRITICAL EXAMINATION OF BEHAVIOR GENETICS AND BIOPSYCHIATRY

Michael P. Levine, PhD, FAED, Kenyon College, Gambier, OH, USA

PULLING IT ALL TOGETHER: EXPANDED MODELS AND NEW METAPHORS?

Tracey Wade, PhD, FAED, Flinders University, Adelaide, Australia

10:00 – 10:30 a.m. Maya Ballroom (CasaMagna Marriott)
Refreshment Break with Exhibitors

10:30 a.m. – Noon
Oral Scientific Paper Session I
(Brief scientific papers for presentation and discussion)

A. BED & Obesity I Tulum D (JW Marriott)
Chair: Ruth Striegel-Moore, PhD, FAED

10:30 a.m.

P1

THE STABILITY OF EATING PATHOLOGY AND RISK FACTORS FOR LOSS OF CONTROL OVER EATING AMONG OVERWEIGHT YOUTH: A 6-YEAR LONGITUDINAL STUDY

Lien Goossens, Master, PhD Student, Ghent University, Ghent, Belgium; Caroline Braet, Professor, PhD, Ghent University, Ghent, Belgium; Sandra Verbeken, Master, PhD Student, Ghent University, Ghent, Belgium; Veerle Decaluwé, PhD, Lessius University College, Antwerp, Belgium; Guy Bosmans, Master, PhD Student, Ghent University, Ghent, Belgium

10:45 a.m.

P2

TOWARDS DEFINING SUBTYPES IN OVERWEIGHT CHILDREN: DIFFERENCES IN SYMPTOMATOLOGY AND TREATMENT OUTCOMES

Caroline Braet, PhD, Professor, Ghent University, Ghent, Belgium; Wim Beyers, PhD, Professor, Ghent University, Ghent, Belgium

11:00 a.m.

P3

THE EFFECT OF EXPECTANCIES AND MOOD ON OVEREATING IN PATIENTS WITH BINGE EATING DISORDER

Alexandra Dingemans, MSc, Researcher/PhD-Student, Center for Eating Disorders Ursula, Leidschdam, Netherlands; Carolien Martijn, PhD, Assistant Professor, University Maastricht, Maastricht, Netherlands; Eric van Furth, PhD, Director, Center for Eating Disorders Ursula, Leidschendam, Netherlands; Anita Jansen, PhD, Professor, University Maastricht, Maastricht, Netherlands

Friday, May 1 (continued)

11:15 a.m.

P4**AN EXAMINATION OF BODY CHECKING AND BODY AVOIDANCE IN PATIENTS UNDERGOING BARIATRIC SURGERY**

Danae Hudson, PhD, Associate Professor of Psychology, Missouri State University, Springfield, MO, USA; Brooke Whisenhunt, PhD, Associate Professor, Missouri State University, Springfield, MO, USA; Nathaniel Barnicle, MA, Graduate Student, Missouri State University, Springfield, MO, USA; Megan Costello, MA, Graduate Student, Missouri State University, Springfield, MO, USA

11:30 a.m.

P5**MINDFULNESS VS. PSYCHOEDUCATION TREATMENT OF BINGE EATING: DIFFERENTIAL OUTCOMES ASSOCIATED WITH BASELINE DIETARY RESTRAINT AND DISINHIBITION**

Janna Fikkan, PhD, Postdoctoral Fellow, Duke Integrative Medicine, Durham, NC, USA; Jeffrey Greeson, PhD, Assistant Professor, Duke Integrative Medicine, Durham, NC, USA; Jean Kristeller, PhD, Professor of Psychology, Indiana State University, Terre Haute, IN, USA; Virgil Sheets, PhD, Professor of Psychology, Indiana State University, Terre Haute, IN, USA; Ruth Wolever, PhD, Assistant Professor, Duke Integrative Medicine, Durham, NC, USA

11:45 a.m.

P6**AN EXAMINATION OF BINGE EATING EPISODE DURATION IN INDIVIDUALS WITH BINGE EATING DISORDER**

Troy Ertelt, MA, Graduate Research Assistant, University of North Dakota, Grand Forks, ND, USA; Heather Simonich, MA, Clinical Research Coordinator, Neuropsychiatric Research Institute, Fargo, ND, USA; Joanna Marino, MA, Graduate Research Assistant, University of North Dakota, Grand Forks, ND, USA; Lisa Peterson, MA, Graduate Research Assistant, University of North Dakota, Grand Forks, ND, USA; James Mitchell, MD, President, Neuropsychiatric Research Institute, Fargo, ND, USA; Kathy Lancaster, BA, Clinical Research Coordinator, Neuropsychiatric Research Institute, Fargo, ND, USA; Scott Crow, MD, Professor, University of Minnesota Department of Psychiatry, Minneapolis, MN, USA; Carol Peterson, PhD, Research Associate, Eating Disorders Research Program, Minneapolis, MN, USA

B. Biology/Medical Complications I Tulum H (JW Marriott)

Chair: Howard Steiger, PhD, FAED

10:30 a.m.

P7**WHAT IS DIETARY RESTRAINT? A CLOSER LOOK AT ITS FACTOR STRUCTURE, GENETIC ETIOLOGY, AND ASSOCIATION WITH DISORDERED EATING**

Sarah Racine, BS, Graduate Student, Michigan State University, Lansing, MI, USA; Kristen Culbert, MA, Graduate Student, Michigan State University, East Lansing, MI, USA; Christine Larson, PhD, Assistant Professor, University of Wisconsin-Milwaukee, Milwaukee, WI, USA; Kelly Klump, PhD, Associate Professor, Michigan State University, East Lansing, MI, USA

10:45 a.m.

P8**ASSOCIATION BETWEEN THE BRAIN-SPECIFIC TRYPTOPHAN HYDROXYLASE (TPH2) GENE AND COMPULSIVITY IN BULIMIA-SPECTRUM DISORDERS**

Patricia Groleau, BA, PhD. Student, McGill University, Douglas Mental Health University Institute, Montreal, QB, Canada; Jodie Richardson, BSc, PhD. Student, McGill University, Montreal, QB, Canada; Howard Steiger, PhD., Director, McGill University, Montreal, QB, Canada; Mimi Israel, MD, Chief Psychiatrist, McGill University, Douglas Institute, Montreal, QB, Canada; Kenneth Bruce, PhD., Associate Professor, McGill University, Montreal, QB, Canada; Ridha Joobar, MD, PhD, Director, Douglas Mental Health University Institute, Montreal, QB, Canada; Heidi Howard, PhD, Post-doc Student, Douglas Mental Health University Institute, Montreal, QB, Canada; Rosherrie De Guzman, BSc, Research Assistant, Douglas Mental Health University Institute, Montreal, QB, Canada

11:00 a.m.

P9**GENETIC COVARIATION BETWEEN AGE OF MENARCHE AND DISORDERED EATING**

Jessica Baker, MS, Doctoral Student, Virginia Commonwealth University, Richmond, VA, USA; Paul Lichtenstein, PhD, Professor in Genetic Epidemiology, Karolinska Institute, Stockholm, Sweden; Kenneth Kendler, MD, Distinguished Professor, Virginia Commonwealth University, Richmond, VA, USA

11:15 a.m.

P10**SELF-INJURIOUS BEHAVIOR (SIB), IN THE CONTEXT OF IMPULSIVITY, BORDERLINE PERSONALITY DISORDER (BPD) AND SEXUAL ABUSE (SX-AB) IN EATING DISORDERS (ED): PSYCHOLOGICAL AND GENETIC FACTORS**

Manfred Fichter, Professor, MD, Roseneck Hospital for Behavioral Medicine affil. with the University of Munich, Prien, Germany

Friday, May 1 (continued)

11:30 a.m.

P11

ASSOCIATION OF GLUCOCORTICOID RECEPTOR GENE POLYMORPHISM BCL1 AND CHILDHOOD ABUSE WITH RISK OF BULIMIA NERVOSA IN WOMEN

Kenneth Bruce, PhD, Assistant Professor McGill University, Montreal, QB, Canada; Howard Steiger, PhD, Director & Professor, Douglas Inst & McGill U, Montreal, QB, Canada; Mimi Israel, MD, Psychiatrist in Chief, Douglas Institute, Montreal, QB, Canada; Ridha Joobar, MD, PhD, Psychiatrist, Douglas Institute, Montreal, QB, Canada; Jodie Richardson, BSc, Doctoral student, Douglas Institute & McGill U, Montreal, QB, Canada; Patricia Groleau, BA, Doctoral student, Douglas Inst & McGill U, Montreal, QB, Canada

11:45 a.m.

P12

FAMILY BASED-ASSOCIATION STUDY BETWEEN EATING DISORDER AND SEROTONINERGIC GENES

Beatriz Camarena, PhD-student, MSc., Instituto Nacional de Psiquiatria Ramon de la Fuente, Mexico City, Mexico

C. Children & Adolescent I

Tulum E (JW Marriott)

Chair: Leora Pinhas, FRCP

10:30 a.m.

P15

PEER VICTIMIZATION AND EATING DISORDER SYMPTOMS: THE MEDIATING ROLES OF PERFECTIONISM AND FEARS OF HUMILIATION/ REJECTION

Sherry Van Blyderveen, PhD., Psychologist & Assistant Professor (Adjunct), Hamilton Health Sciences/McMaster University, Hamilton, ON, Canada; Jessie Miller, PhD., Post-Doctoral Student, McMaster University, Hamilton, ON, Canada

10:45 a.m.

P16

TIMING OF PUBERTAL DEVELOPMENT AND RISK FOR EATING DISORDERS

Fiona McNicholas, FRC Psych, Professor, Lucena Clinic, Dublin 6, Ireland; Edwina Barry, MD, Dr, Lucena Clinic, Dublin 6, Ireland; Ruth Lennon, MSc, MS, Lucena Clinic, Dublin 6, Ireland

11:00 a.m.

P17

PAEDIATRIC HEALTHCARE PROVIDERS AND RESEARCHERS CAN WEIGHT NO LONGER!

Debra Katzman, MD, Professor of Pediatrics, The Hospital for Sick Children, Toronto, ON, Canada; Cathleen Steinegger, MD, Assistant Professor of Pediatrics, The Hospital for Sick Children, Toronto, ON, Canada; Nuray Ö, Kanbur, MD, The Hospital for Sick Children, Toronto, ON, Canada; Deirdre Snelgrove, MA, Research Coordinator, The Hospital for Sick Children, Toronto, ON, Canada; Leora Pinhas, MD, Assistant Professor of Psychiatry, The Hospital for Sick Children, Toronto, ON, Canada

11:15 a.m.

P18

PSYCHIATRIC COMORBIDITY IN CHILDREN AND ADOLESCENTS WITH EATING DISORDERS

Caroline Björck, PhD, Programme director, Clinical neuroscience/Karolinska Institutet, Stockholm, Sweden; Monica Sandberg, MSc, Research Assistant, Clinical neuroscience/Karolinska Institutet, Stockholm, Sweden; Anna-Maria af Sandeberg, MD, Clinical director, Clinical neuroscience/Karolinska Institutet, Stockholm, Sweden

D. ED in Special Population & Body Image Disturbance Chichen Itza (JW Marriott)

Chair: Nadia Micali, MD

10:30 a.m.

P19

PAIN AND BODY PERCEPTION IN EATING DISORDER PATIENTS WITH SELF-HARMING BEHAVIOR

Hana Papezova, Professor, Head of ED Unit, Psychiatric Dpt 1st Medical School Charles University, Prague, Prague 2, Czech Republic; Bibiana Bednarova, MD, Postdoc Student, Psychiatric Dpt 1st Medical School Charles University, Prague, Prague 2, Czech Republic; Anna Yamamotova, Professor, Professor Associate, Department of Physiology and Clinical Physiology, 3rd Faculty of Medicine, Charl, Prague 2, Czech Republic

Friday, May 1 (continued)

10:45 a.m.

P20**BODY CHECKING INDUCES AN ATTENTIONAL BIAS FOR BODY-RELATED CUES**

Elke Smeets, MSc, PhD Student, Maastricht University Faculty of Psychology, Maastricht, Netherlands; Marika Tiggemann, PhD, Professor, Flinders University, Adelaide, Australia; Eva Kemps, PhD, Flinders University, Adelaide, Australia; Jennifer Mills, PhD, York University, Toronto, Canada; Anne Roefs, PhD, Maastricht University Faculty of Psychology, Maastricht, Netherlands; Anita Jansen, PhD, Professor, Maastricht University Faculty of Psychology, Maastricht, Netherlands

11:00 a.m.

P21**THE STRING TEST ASSESSMENT: A NOVEL TEST FOR PERCEPTUAL BODY IMAGE DISTORTION**

Aimee Arikian, MA, Research Assistant, University of Minnesota, Minneapolis, MN, USA; Carol B. Peterson, PhD, FAED, Research Associate/Therapist, University of Minnesota, Minneapolis, MN, USA; Kevyn Ziemann, MA, LP, Therapist, University of Minnesota, Minneapolis, MN, USA; Thomas J. Hummel, PhD, Professor, University of Minnesota, Minneapolis, MN, USA; Scott J. Crow, MD, Professor, University of Minnesota, Minneapolis, MN, USA

11:15 a.m.

P22**BINGE EATING DURING PREGNANCY AND PERINATAL OUTCOMES: A COHORT STUDY IN A DISADVANTAGED POPULATION IN BRAZIL**

Maria Angelica Nunes, MD, PhD, Professor, I Post Graduate Program in Epidemiology, Federal University of Rio Grande do Sul, Porto Alegre, Brazil; Andrea Pinheiro, MD, PhD, Post Doc Fellow, Post Graduate Program in Epidemiology, Federal University of Rio Grande do Sul, Porto Alegre, Brazil; Suzi Camey, PhD, Professor of Statistics, Department of Statistics, Federal University of Rio Grande do Sul, Brazil, Porto Alegre, Brazil

11:30 a.m.

P23**ETIOLOGY OF EATING DISORDERS IN MIDDLE-AGE WOMEN UNDERGOING TREATMENT IN AN INPATIENT EATING DISORDER FACILITY**

Zina Kally, PhD, Senior Research Specialist, Remuda Ranch Programs for Eating Disorders, Wickenburg, AZ, USA; Juliet N. Zuercher, BS, Registered Dietitian, Remuda Ranch Programs for Eating Disorders, Wickenburg, AZ, USA

11:45 a.m.

P24**CHRONIC DIETING IN MORBIDLY OBESE BARIATRIC SURGERY CANDIDATES**

Megan Roehrig, PhD, Postdoctoral Associate, Yale University, Dept of Psychiatry, New Haven, CT, USA; Robin Masheb, PhD, Assistant Professor, Yale School of Medicine, Department of Psychiatry, New Haven, CT,

USA; Marney White, PhD, Assistant Professor, Yale School of Medicine, Department of Psychiatry, New Haven, CT, USA; Carlos Grilo, PhD, Professor, Yale School of Medicine, Department of Psychiatry, New Haven, CT, USA

E. Epidemiology I**Uxmal 1 & 2 (JW Marriott)**

Chair: Pam Keel, PhD, FAED

10:30 a.m.

P25**PATTERNS OF MATERNAL FEEDING AND CHILD EATING ASSOCIATED WITH EATING DISORDERS IN THE NORWEGIAN MOTHER AND CHILD COHORT STUDY**

Lauren Reba-Harrelson, MA, Doctoral Student, Clinical Psychology, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Cynthia Bulik, PhD., William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Robert Hamer, PhD., Professor, Department of Biostatistics, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Leila Torgersen, PhD., Professor, Norwegian Institutes of Public Health, Oslo, AK, Norway; Ted Reichborn-Kjennerud, MD, Professor, Norwegian Institute of Public Health, Oslo, AK, Norway; Ann Von Holle, MS, Biostatistician, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

10:45 a.m.

P26**PREVALENCE AND CLINICAL RELEVANCE OF EATING DISORDERS IN A POPULATION-BASED SAMPLE FROM LAUSANNE (SWITZERLAND)**

Federica Tozzi, MD, Medical Genetics Advisor, GlaxoSmithKline, Verona, Italy; Stephane Rothen, PhD, Psychologist, CHUV Département de Psychiatrie, Prilly (VD), Switzerland; Pierandrea Muglia, MD, Director, GlaxoSmithKline, Verona, Italy; Martin Preisig, MD, Professeur, CHUV Département de Psychiatrie, Prilly (VD), Switzerland

11:00 a.m.

P27**FACTORS THAT INFLUENCE OUTCOMES OF EATING DISORDERS IN GENERAL POPULATION**

Anna Keski-Rahkonen, MD, PhD, Research Scientist, University of Helsinki, Helsingin Yliopisto, Finland

11:15 a.m.

P28**EATING DISORDERS IN AN ATLANTIC ISLAND: A TWO STAGE EPIDEMIOLOGICAL STUDY**

Paulo Machado, PhD, Professor, Universidade do Minho, BRAGA, Portugal; Lissa Figueiredo, MA, MS, Universidade do Minho, BRAGA, Portugal; Eva Conceição, MA, MS, Universidade do Minho, BRAGA, Portugal; Ana Vaz, MA, MS, Universidade do Minho, BRAGA, Portugal; Hans Hoek, MD, PhD, Prof, Parnassia Psychiatric Institute, Den Haag, Netherlands

Friday, May 1 (continued)

11:30 a.m.

P29 **PSYCHOSOCIAL FUNCTIONING AND RECOVERY IN EATING DISORDERS**

Meredith Sears, BA, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; Kamryn Eddy, PhD, Postdoctoral Fellow, Massachusetts General Hospital, Boston, MA, USA; Debbie Franko, PhD, FAED, Professor, Northeastern University, Boston, MA, USA; Andrea Kass, BA, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; Heather Thompson-Brenner, PhD, Research Assistant Professor, Boston University, Boston, MA, USA; David Herzog, MD, Psychiatrist, Massachusetts General Hospital, Boston, MA, USA

11:45 a.m.

P30 **ASPECTS OF SELF-CONCEPT AND EATING DISORDER RECOVERY**

Anna Bardone-Cone, PhD, Assistant Professor, University of Missouri, Columbia, MO, USA; Lauren Schaefer, BA, Research Assistant, University of Missouri, Columbia, MO, USA; Christine Maldonado, MA, Doctoral Student, University of Missouri, Columbia, MO, USA; Ellen Fitzsimmons, BA, Doctoral Student, University of Missouri, Columbia, MO, USA; Megan Harney, BS, Doctoral Student, University of Missouri, Columbia, MO, USA; Melissa Lawson, MD, Assistant Professor, University of Missouri, Columbia, MO, USA; D. Paul Robinson, MD, Assistant Professor, University of Missouri, Columbia, MO, USA; Roma Smith, LPN, Senior Nurse, University of Missouri, Columbia, MO, USA

F. Gender, Ethnicity & Culture **Tulum G (JW Marriott)**
Chair: Anne Becker, MD, PhD

10:30 a.m.

P31 **GENDER DIFFERENCES IN GENETIC RELATIONSHIPS BETWEEN DISORDERED EATING AND ALCOHOL USE**

Jennifer Slane, MA, Graduate Student, Michigan State University, Lansing, MI, USA; S. Alexandra Burt, PhD, Assistant Professor, Michigan State University, East Lansing, MI, USA; Kelly Klump, PhD, Associate Professor, Michigan State University, East Lansing, MI, USA

10:45 a.m.

P33 **DOES THIS MAKE ME LOOK FAT..... OR PHAT?: USING PARTICIPANT OBSERVATION AT A WOMEN'S PLUS SIZED CLOTHING STORE TO IDENTIFY RACIAL DIFFERENCES IN BODY IMAGE PRESENTATION**

Kjerstin Elmen-Gruys, MA, Doctoral Student, University of California, Los Angeles, Los Angeles, CA, USA

11:00 a.m.

P34 **"I FEEL SO FAT!" DEVELOPMENT OF A QUANTITATIVE MEASURE OF "FAT TALK"**

Sarah Murnen, PhD., Professor of Psychology, Kenyon College, Gambier, OH, USA; Paige MacDonald, BA, Student, Kenyon College, Gambier, Oh, OH, USA; Linda Smolak, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA

11:15 a.m.

P35 **EATING DISORDERS IN ANABAPTIST PATIENTS: OFFERING INSIGHTS INTO THE ETIOLOGY OF EATING DISORDERS**

Martha Peaslee Levine, MD, Assistant Professor, Penn State Milton S Hershey Medical Center, Hershey, PA, USA; Barbara Gershenson, PhD, Assistant Professor, Penn State Milton S Hershey Medical Center, Hershey, PA, USA; Kristen Falkinburg, BS, Graduate Student in Applied Psychological Research Program, Penn State Harrisburg, Hershey, PA, USA; Richard Levine, MD, Division Chief and Professor, Penn State Milton S Hershey Medical Center, Hershey, PA, USA

11:30 a.m.

P36 **BOLLYWOOD GOES HOLLYWOOD: CHANGING BODY SIZE IN MAINSTREAM INDIAN MEDIA OVER THE LAST 60 YEARS**

Iram Ahmed, Doctor of Medicine, Resident (PGY-1), University of Toronto, Toronto, ON, Canada; Leora Pinhas, MD, FRCPC, Psychiatric Director for the Eating Disorders Program, The Hospital For Sick Children, Toronto, ON, Canada; Benjamin Taylor, MSc, PhD Candidate, University of Toronto, Toronto, ON, Canada; Reva Schachter, MSc, Research Assistant Inpatient Eating Disorders Program, Toronto General Hospital, Toronto, ON, Canada

G. Other I **Mexico/Cozumel (JW Marriott)**
Chair: Susan Paxton, PhD

10:30 a.m.

P37 **STRESS AND COPING IN PARENTS OF PEOPLE WITH EATING DISORDERS: AN EVALUATION OF A COPING-FOCUSED INTERVENTION GROUP**

Yu Man Wai Philippa, MSocSc in ClinPsy, Centre-In-Charge, Hong Kong Eating Disorders Assn, Hong Kong, Hong Kong; Simone Blaney, PhD, Assistant Professor (Honorary), University of Hong Kong, Pokfulam, Hong Kong; Samuel Mun Yin Ho, PhD, Associate Professor, The University of Hong Kong, Hong Kong, China

Friday, May 1 (continued)

10:45 a.m.

P39
SOCIAL SUPPORT, FAMILY STIGMA AND FAMILY FUNCTIONING IN CARERS OF YOUNG ADULTS WITH ANOREXIA NERVOSA: A MEDIATION ANALYSIS

Gina Dimitropoulos, PhD., Clinical Social Worker/Researcher, University of Toronto, Toronto, ON, Canada; Jacqueline Carter, PhD., Associate Professor, University Health Network, Toronto, ON, Canada; D. Blake Woodside, MD, Professor, University Health Network, Toronto, ON, Canada

11:00 a.m.

P40
EXPERIENCES OF SIBLINGS OF INDIVIDUALS WITH ANOREXIA NERVOSA: PRELIMINARY FINDINGS FROM A QUALITATIVE STUDY

Gina Dimitropoulos, PhD., Clinical Social Worker/Researcher, University Health Network, Toronto, ON, Canada; Jacqueline Carter, PhD., Assistant Professor, University Health Network, Toronto, ON, Canada; Reva Schachter, MSc., Research Coordinator, University Health Network, Toronto, ON, Canada; Kristina Klopfer, BSc, Graduate student, University Health Network, Toronto, ON, Canada; D. Blake Woodside, MD, Professor, University Health Network, Toronto, ON, Canada

11:15 a.m.

P41
PRO-EATING DISORDER COMMUNITIES ON SOCIAL NETWORKING SITES

Amber Shoab, BS, Graduate Student, Towson University, Towson, MD, USA; Adrienne Juarascio, BA, Graduate Student, Drexel University, Philadelphia, PA, USA; Alix Timko, PhD., Assistant Professor, Towson University, Towson, MD, USA

11:30 a.m.

P42
WEIGHT-RELATED VICTIMIZATION AND POSTTRAUMATIC STRESS DISORDER SYMPTOMS IN EATING DISORDERED YOUTH

Jeanean Hergenrother, Masters, Doctoral Candidate, St. John's University, New York, NY, USA; Jeanean Hergenrother, Masters, Doctoral Candidate, St. John's University, New York, NY, USA; Elissa Brown, PhD., Professor, St. John's University, Jamaica, NY, USA

H. Personality & Cognition I **Coba (JW Marriott)**

Chair: TJ Raney, PhD

10:30 a.m.

P43
PERSONALITY DISORDER COGNITIONS IN THE EATING DISORDERS

Glenn Waller, DPhil, Professor of Psychology, Institute of Psychiatry, King's College London, London, United Kingdom

10:45 a.m.

P44
IMPULSIVITY CONTRIBUTES TO COGNITIVE DISINHIBITION IN BULIMIA NERVOSA

Eva Kemps, PhD, Flinders University, Adelaide, SA, Australia; Alexandra Wildon, MPsych(Clinical), Graduate Psychologist, Flinders University, Adelaide, SA, Australia

11:00 a.m.

P45
PREDICTING VULNERABILITY TO EATING DISORDERS: COGNITIVE AND EMOTIONAL BIASES

Abbie Pringle, MSc, PhD Student, University of Oxford, Oxford, United Kingdom; Myra Cooper, DPhil, Senior Research Tutor, University of Oxford, Oxford, United Kingdom; Catherine Harmer, PhD, Senior Research Fellow, University of Oxford, Oxford, United Kingdom

11:15 a.m.

P46
BEHAVIORAL INHIBITION/ACTIVATION AND EFFORTFUL CONTROL IN EATING DISORDERS

Laurence Claes, PhD, Professor, KULeuven – Department of Psychology, Leuven, Belgium; Ilse Beck, MA, PhD Student, KULeuven – Department of Psychology, Leuven, Belgium; Walter Vandereycken, MD, PhD, Professor, KULeuven-Department of Psychology, Leuven, Belgium

11:30 a.m.

P47
THE ROLE OF IMPULSIVITY IN EMOTIONAL AND EXTERNAL EATING AMONG RESTRAINED EATERS

Daria Ebneter, Diplom, Graduate Student, University of Hawaii, Honolulu, HI, USA; Janet Latner, PhD, Associate Professor, University of Hawaii, Honolulu, HI, USA; Juliet Rosewall, PhD, Psychology Intern, University of Canterbury, Christchurch, New Zealand; Amy Chisholm, BA (Hons), Psychology Intern, University of Canterbury, Christchurch, New Zealand

11:45 a.m.

P48
PATTERNS OF SIBLING INTERACTIONS, PERSONALITY, AND INTERPERSONAL DISTRUST IN WOMEN WITH ANOREXIA NERVOSA

Hiroko Maekawa, MA, University Lecturer, Kanazawa Gakuin University, Kanazawa, Japan; Mirai So, MD, National Defense Medical College, Tokorozawa, Japan; Takako Sumioka, MD, National Hospital Organization Tokyo Medical Center, Meguro-ku, Japan; Tomoko Shimanouchi, MD, Umeoka Hospital, Setagaya-ku, Japan; Yutaka Ono, MD, PhD, Professor, Keio University, Yokohama, Japan; Kathleen Pike, PhD, Professor, Temple University, Minato-ku, Japan

Friday, May 1 (continued)

I. Risk Factors & Prevention I Tulum F (JW Marriott)

Chair: Jacqui Carter, PhD

10:30 a.m.

P49

CHANGES IN PSYCHOSOCIAL FACTORS AND PHYSICAL ACTIVITY FREQUENCY AMONG 3RD TO 8TH GRADE GIRLS WHO PARTICIPATED IN A DEVELOPMENTALLY FOCUSED YOUTH SPORT PROGRAM

Rita DeBate, PhD, Associate Professor, University of South Florida, Tampa, FL, USA; Kelley Pettee, PhD, Assistant Professor, University of Nebraska Medical Center, Omaha, NE, USA; Marissa Zwald, BS, Graduate Research Assistant, University of South Florida, Tampa, FL, USA; Jennifer Huberty, PhD, Varner Professor, Assistant Professor, University of Nebraska Omaha, Omaha, NE, USA; Yan Zhang, PhD, Assistant Professor, Texas Tech University Health Science Center, Lubbock, TX, USA

10:45 a.m.

P50

THE FEMALE ATHLETE BODY PROJECT: DECREASING EATING DISORDER RISK FACTORS IN FEMALE ATHLETES

Carolyn Becker, PhD, Associate Professor, Trinity University, San Antonio, TX, USA; Leda McDaniel, BA, Project Coordinator, Trinity University, San Antonio, TX, USA; Marc Powell, LAT, ATC, Head Athletic Trainer, Trinity University, San Antonio, TX, USA; Kristin Prasifka, BA, Student, Trinity University, San Antonio, TX, USA; Leah Hay, BA, Student, Trinity University, San Antonio, TX, USA

11:00 a.m.

P51

A PERSONAL AND PROFESSIONAL APPROACH TO UNDERGRADUATE EDUCATION FOR THOSE INVOLVED IN IMPROVING BODY IMAGE AND EATING BEHAVIORS

Zali Yager, PhD, Lecturer, La Trobe University, Bendigo, Victoria, Australia

11:15 a.m.

P52

INCREASED BODY IMAGE DISTURBANCE AMONG EARLY ONSET ANABOLIC-STEROID USERS: IMPLICATIONS FOR PREVENTION PROGRAMS

Tom Hildebrandt, PsyD, Assistant Professor, Mount Sinai School of Medicine, New York, NY, USA; Justine Lai, BA, Research Assistant, Mount Sinai School of Medicine, New York, NY, USA; Lauren Alfano, BA, Research Coordinator, Mount Sinai School of Medicine, New York, NY, USA

11:30 a.m.

P53

THE ROLE OF MINDFUL EXERCISE IN THE PREVENTION OF EATING DISORDERS

Rachel Calogero, PhD, Postdoctoral Fellow, University of Kent, Canterbury, United Kingdom; Kelly Pedrotty, MS, Exercise Consultant, The Renfrew Center, Philadelphia, PA, USA; J. Kevin Thompson, PhD, Professor of Psychology, University of South Florida, Tampa, FL, USA; Jessie Menzel, BA, Student, University of South Florida, Tampa, FL, USA; Michael Levine, PhD, Psychologist, Kenyon College, Gambier, OH, USA

11:45 a.m.

P54

MEDIA LITERACY INTERVENTION IN TANZANIA: EFFECTS OF THE GO GIRLS! PROGRAM

Moira Hennessey, PhD., Postdoctoral Fellow, Cambridge Health Alliance, Somerville, MA, USA; Heather Thompson-Brenner, PhD., Research Assistant Professor, Boston University, Boston, MA, USA

J. Treatment of ED I Tulum A-C (JW Marriott)

Chair: Robert Palmer, FRCPsych

10:30 a.m.

P55

LACK OF USE OF OVER-THE-COUNTER DRUG ORLISTAT BY PATIENTS WITH EATING DISORDERS

James Mitchell, MD, President & Scientific Director, Neuropsychiatric Research Institute, Fargo, ND, USA

10:45 a.m.

P56

DEVELOPMENT OF EMOTION ACCEPTANCE BEHAVIOR THERAPY (EABT) FOR ANOREXIA NERVOSA: RESULTS OF AN INITIAL PILOT STUDY

Jennifer Wildes, PhD, Assistant Professor of Psychiatry, Western Psychiatric Institute & Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Jill Gaskill, CRNP, Program Director in Eating Disorders, Western Psychiatric Institute & Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Joanna Gould, MSW, Senior Research Principal, Western Psychiatric Institute & Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Elizabeth McCabe, PhD, Clinical Administrator in Eating Disorders, Western Psychiatric Institute & Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Eric Rickin, MD, Assistant Professor of Psychiatry, Western Psychiatric Institute & Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Rebecca Ringham, PhD, Instructor in Psychiatry & Inpatient Program Director, Eating Disorders, Western Psychiatric Institute & Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Marsha Marcus, PhD, Professor of Psychiatry & Psychology, Western Psychiatric Institute & Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA

Friday, May 1 (continued)

11:00 a.m.

P57

A RANDOMIZED TRIAL OF ACCEPTANCE AND COMMITMENT THERAPY FOR ANOREXIA NERVOSA

Ata Ghaderi, PhD, Associate Professor, Uppsala University, Uppsala, Sweden

11:15 a.m.

P58

UCAN: UNITING COUPLES (IN THE TREATMENT OF) ANOREXIA NERVOSA

Cynthia Bulik, PhD, Director, UNC Eating Disorders Program, The University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Donald Baucom, PhD, Professor of Psychology, The University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Jennifer Kirby, PhD, Research Assistant Professor, The University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Emily Pisetsky, BA, Research Assistant, The University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

11:30 a.m.

P59

HOW MUCH DOES THERAPEUTIC ALLIANCE AFFECT TREATMENT NON-COMPLETION AND OUTCOME?

Jennifer Jordan, PhD, Research Fellow, University of Otago, Christchurch, Christchurch, New Zealand

11:45 a.m.

P60

THE RELATIVE COSTS OF ADMISSIONS FOR EATING DISORDERS: A CASE REGISTER POPULATION STUDY

Phillipa Hay, DPhil, Professor, University of Western Sydney, Penrith South DC, Australia; Louisa Jorm, PhD, Prof, University of Western Sydney, Penrith South DC NSW, Australia; S Lujic, PhD, School of Medicine, Penrith South DC, Australia; Anna Frayne, MPsych, Research Officer, University of Western Sydney, Penrith South DC, Australia; Stephen Touyz, PhD, Professor, University of Sydney, Sydney, Australia

12:15 – 1:45 p.m. Tulum D (JW Marriott)
The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards

12:15 – 1:45 p.m. Tulum E (JW Marriott)
AED Global Think Tank IV

(formerly AED World Summit Session)
 (Pre-registration is required. Box lunch is provided.)

ARE WE THERE YET? ON THE ROAD TO BRIDGING RESEARCH AND PRACTICE

This interactive problem-solving session, re-named the AED Global Working Session, follows-up on the themes raised in Seattle at the (formerly) AED World Summit Session III. The session will begin with a brief overview of the progress made over the past

year in bridging research and practice within the AED through the implementation of steps developed at the 2008 Seattle session and initial steps outlined in the AED Road Map for bridging the gap. The remainder of the session will use small and large group discussion to clarify the core philosophical differences that serve as roadblocks to research-practice integration and to examine ways to enhance the effectiveness of our current Road Map in addressing these blocks. Copies of the Road Map will be provided to participants.

Saturday, May 2

7:00 – 8:00 a.m. Maya Ballroom (CasaMagna Marriott)
Continental Breakfast with Exhibitors

7:00 – 8:00 a.m. Maya Ballroom (CasaMagna Marriott)
Poster Presentation Session II / Exhibit Hall Open

7:00 a.m. – 2:00 p.m. Tulum Foyer (JW Marriott)
Registration

8:00 – 11:00 a.m. Maya Ballroom (CasaMagna Marriott)
Poster Session II Viewing

8:00 – 9:30 a.m.
Special Interest Group (SIG) Discussion Panels

**A.....Tulum A (JW Marriott)
 PREDICTORS AND RISKS FOR DISORDERED EATING AND BODY DISSATISFACTION IN BALLET AND SPORT**

Moderator: Ron A. Thompson, PhD, FAED, Private Practice, Bloomington, Indiana USA

Sponsored by the Athlete Special Interest Group

Sport participation has been associated with both increased and decreased risk of disordered eating. This panel will discuss possible risk, predictive, and protective factors associated with body dissatisfaction and disordered eating in sport and ballet. Specific issues discussed will include age, gender, the intensity of sport participation, the type of participation (higher risk activities such as ballet and gymnastics versus non-lean sport participation), and the effect of revealing attire on female participants in sport and dance.

Presentations:

RISK AND PROTECTIVE FACTORS IN WOMEN'S ARTISTIC GYMNASTICS: THE RELATIONSHIP TO DISORDERED EATING AND NEGATIVE BODY IMAGE

Jennifer Harriger, MS, Doctoral Student, Dept of Psychology, University of New Mexico, NM, USA

The presenter will discuss how characteristics such as perfectionism, athletic identity, self-esteem, objectified body

Saturday, May 2 (continued)

consciousness, level of training, and pubertal development may either protect or predispose gymnasts to negative body image or eating pathology. Implications for future directions in prevention and treatment of athletes with eating disorders will be discussed.

EATING DISORDERS IN BALLET STUDENTS FROM BUENOS AIRES

Guillermina Rutzstein, PhD, Dept of Psychology, Universidad de Buenos Aires, Argentina

The presenter will discuss a study whose purpose was to assess the degree of body image satisfaction in young ballet students and identify those at high risk for the development of eating disorders. Findings indicated 17.7% of 107 female ballet students (aged 13 to 18) were judged to be at risk for developing an eating disorder. The factors of age, education level, socio-economic status, current weight, ideal weight, and psychometric data (EDI-2, FS Figure Scale) will be discussed relative to study findings.

WEIGHING IN FOR THE TEAM: THE IMPACT OF EARLY ADOLESCENT WEIGHT TRAJECTORIES AND SPORTS INVOLVEMENT ON LATE ADOLESCENT DISORDERED EATING AND BODY DISSATISFACTION

Kristen, Fay, MA, Eating and Weight Disorders Clinic, Boston, MA, USA

The presenter will discuss a study using a group-based modeling strategy to examine relations among weight trajectories and sports involvement in early to late adolescence on disordered eating attitudes and body dissatisfaction in late adolescence. Empirically derived weight status trajectories across early to middle adolescence for girls and boys will be discussed as predictors of late adolescent eating disorder outcomes. The type and intensity of sport participation will be examined as moderator variables.

REVEALING ATHLETE UNIFORMS AND THEIR POSSIBLE EFFECTS ON COMPETITIVE THINNESS, BODY DISSATISFACTION, AND DISORDERED EATING IN FEMALE ATHLETES

Roberta Sherman, PhD, FAED, Private Practice, Bloomington, Indiana, USA

The presenter will examine the role of revealing uniforms or attire in competitive thinness, body dissatisfaction, and disordered eating in female athletes. In addition to a review of the literature, examples of revealing attire will be shown to illustrate the differences in uniforms of male and female athletes in the same sports. Recommendations regarding current and future research, as well as recommendations regarding changes in current uniforms will be discussed.

B. Tulum B (JW Marriott) CAN OBESITY TREATMENT AND PREVENTION BE RECONCILED WITH THE TREATMENT AND PREVENTION OF EATING AND BODY IMAGE DISORDERS?

*Michael Levine, PhD, FAED, Kenyon College, Gambier, OH, USA
Co-sponsored by the Body Image SIG, Health at Every Size SIG and the Prevention SIG*

This session will include a moderated panel discussion focusing on the apparent conflict between attempts to treat and prevent eating disorders and attempts to treat and prevent obesity. The focus will include such questions as: do obesity interventions inherently stigmatize individuals who are fat? Can obesity prevention and treatment co-exist with proactive body image programming? Are there iatrogenic effects on eating disturbance that result from obesity prevention and/or treatment? How do we balance the needs of many obese persons with the needs of a smaller subset of individuals with eating disorders? The main aim of this panel is to explore the significant controversy in this area, which has repeatedly sparked lengthy email debates on a variety of listservs.

Specific presentations will not be made. Rather, speakers will speak briefly about their area of expertise and their overall view on the controversy. This will be followed by discussion points facilitated by moderator and fielding of audience questions, group and audience discussion. The panel will work to identify future research goals that might better inform this dialectic.

Panelists:

Sigrún Danielsdóttir, Cand. Psych, Landspítali University Hospital, Reykjavik, Iceland

Drew Anderson, PhD, SUNY Albany, Albany, NY, USA

Leslie J. Heinberg, PhD, Clinic Lerner College of Medicine of Case Western Reserve University, Cleveland, OH, USA

Deb Burgard, PhD., Private Practice, Los Altos, CA, USA

Saturday, May 2 (continued)**C..... Tulum C (JW Marriott)
A SMILE SO WIDE TO HIDE THE DISEASE: A CLINICAL
& BEHAVIORAL APPROACH TO THE ORAL AND
DENTAL ASPECTS OF EATING DISORDERS**

*Moderator: Ovidio Bermudez, MD Medical Director, ED Program
Laureate Psychiatric Clinic and Hospital, Tulsa, OK*

Sponsored by the Medical Care SIG

Eating disorders are clear and present threats particularly to women's and in an increasing frequency to men's health. However, there have been marked advances in our knowledge and understanding of these disorders over time. One important benefit of our growing knowledge is understanding the need for a multi-disciplinary and coordinated approach to treatment. Dental professionals can make important contributions as members of the eating disorder treatment team, such as early recognition and diagnosis and treatment of the oral manifestations of eating disorders. It is also clear that this kind of collaboration between the mental health/medical care providers and the dental professionals requires a high level of knowledge sharing among different fields of expertise. Thus, the aim of this session, which is specifically designed for non-dental professionals, is to provide an overview of general oral and dental aspects of eating disorders in order to create a better understanding of its oral implications and to incorporate different treatment strategies.

Presentations:**AN OVERVIEW OF COMMON ORAL AND DENTAL
FINDINGS AND TREATMENT STRATEGIES FOR
EATING DISORDERS**

*Yigit Sirin DDS, PhD Istanbul University, Faculty of Dentistry,
Department of Oral Surgery, Istanbul, Turkey*

This presentation will provide information on the following subjects: common oral and dental findings and treatment options, oral hygiene habits of eating disorder patients and the impact of eating disorders to oral health, the role of dental professional in early recognition of eating disorders, how do the dental professional help your diagnosis? The story of St. Sibrinus and things you should know: false knowledge among dental professionals and pitfalls of the dental literature about eating disorders.

**DENTAL ANXIETY AND FEAR OF DENTISTRY IN
EATING DISORDER PATIENTS**

*Basak Yucler MD, PhD Istanbul University, Faculty of Medicine,
Department of Psychiatry, Istanbul, Turkey*

Do you cringe at the thought of sitting in the dental chair? Are you afraid of the sound of the dental drill? Well, if you do, you are not alone. Dental fear is ranked fifth among the most common fears. Primary reason for people to avoid dental treatment is the fear of pain. The fear and anxiety may result in complete avoidance which

triggers the deterioration of the teeth and it can lead to lifelong problems. What to do if you are also suffering from a disorder that is already destroying your oral health? The aim of this presentation is to provide information on fearful dental behaviour of eating disorder patients and their sociodemographic background.

**D..... Tulum F (JW Marriott)
WHEN THERE'S SIGNIFICANT PAIN AND NO GAIN:
TREATING THE RESISTANT AND REFRACTORY
PATIENT WITH COMORBID TRAUMA AND EATING
DISORDER**

*Moderators: Laura J. Weisberg, PhD (Co-Chair, Psychodynamic
Psychotherapy SIG; Duke University Medical Center, Durham, NC, USA)
and Diann M. Ackard, PhD (Co-Chair, Trauma and Eating Disorders
SIG; Private Practice, Golden Valley, MN, USA; and Department of
Epidemiology and Community Health, School of Public Health, University
of Minnesota, Minneapolis, MN, USA)
Co-Sponsored by the Psychodynamic Psychotherapy SIG and Trauma
and Eating Disorders SIG*

This international panel will tackle difficult and complex issues associated with the resistant, refractory eating disordered patient who also has a history of trauma. Dr. Josie Geller will discuss motivational issues and offer effective methods for promoting change among this patient population. Dr. Yael Latzer will present an integrative approach, drawing upon a number of different empirically validated treatments, to treating Night Eating Syndrome in patients with bulimia nervosa or binge eating disorder who have experienced trauma. Dr. Timothy Brewerton will present the integration of knowledge from the eating disorder and traumatology fields on the challenges facing therapists who work with this population – - challenges including legal issues, countertransference, and vicarious traumatization. Dr. Robert Palmer will present clinical case material from “extreme” cases providing an opportunity to discuss the experience of working with this challenging subgroup of patients.

**ADDRESSING MOTIVATIONAL ISSUES IN TREATING
INDIVIDUALS WITH AN EATING DISORDER AND
TRAUMA HISTORY**

*Josie Geller, PhD, Director of Research, Eating Disorders Program at
Providence Health; Associate Professor, Department of Psychiatry,
University of British Columbia, Canada; and Senior Scholar, Michael
Smith Foundation for Health Research*

Dr. Geller will discuss motivational issues in the care of individuals with eating disorder and trauma history. Critical to promoting change in this group is a trusting therapeutic alliance and a treatment plan that takes into account the function of eating disorder symptoms, personal barriers to recovery, and locus of control for change. The pace and timing of treatment, as well as the relative benefits of integrated vs. sequential approaches, will also be addressed.

Saturday, May 2 (continued)

TREATING PATIENTS WITH COMORBID EATING DISORDERS AND TRAUMA: FOCUS ON BULIMIA NERVOSA AND BINGE EATING DISORDER WITH NIGHT EATING SYNDROME

Yael Latzer, PhD, Faculty of Social Welfare and Health Sciences, Haifa University, Haifa, Israel

Dr. Latzer will present an integrative approach to the treatment of Night Eating Syndrome in bulimic and binge eating patients who have experienced trauma. This approach, developed with her colleagues O. Tzischinsky and M. Givon, emphasizes an individualized approach that incorporates elements drawn from several therapeutic models including CBT, IPT, family based treatment, EMDR, psychodynamic psychotherapy, and psychopharmacology. The treatment is based in an understanding of the syndrome as a means of coping with the emotional sequelae of the traumatic experiences.

CHALLENGES TO THERAPISTS IN THE LONG-TERM PSYCHOTHERAPY OF TRAUMATIZED EATING DISORDER PATIENTS

Timothy D. Brewerton, MD, DFAPA, FAED, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA

The treatment of eating disorders is a challenging undertaking for any health professional but when Trauma and its sequelae enter the picture it often becomes even more daunting if not overwhelming for therapists. The fields of eating disorders and traumatology have both made impressive gains in the last several years, and this presentation will seek to integrate the best of both worlds from a clinical perspective. Regardless of theoretical orientation therapists are faced with a host of challenging issues in working with these patients, including increased comorbidity, resistance and refractoriness to treatment, potential legal issues, and a host of transference and countertransference issues, such as repetition-compulsion or reenactment of prior traumas and/or neglect, the wish to rescue, as well as vicarious traumatization and abandonment of the patient.

DILEMMAS, DITHERING, DEATH AND DOWNRIGHT PANIC

Robert Palmer, FRCPsych, Eating Disorders Service, Leicestershire Partnership NHS Trust, Brandon Mental Health Unit, Leicester General Hospital, Leicester, UK; and Editor, European Eating Disorders Review

Professor Bob Palmer will present and discuss some of the clinical dilemmas facing clinicians involved with “extreme” cases describing interventions and approaches that seemed to be effective and those that clearly were not. And ponder why?

8:00 – 9:30 a.m. Coba (JW Marriott)
Meet the Experts

8:00 – 9:30 a.m.
Special Interest Group (SIG) Annual Meetings

The following Special Interest Groups will hold annual meetings. New members are welcome. Additional SIG meetings will be held on Thursday, April 30 from 12:15 – 1:45 p.m. and Saturday, May 2 from 12:30 – 1:45 p.m.

Transcultural Tulum H (JW Marriott)
Co-Chairs: Richard Gordon, PhD & Armando Barriguete, MD, FAED

Males Chichen Itza I & 2 (JW Marriott)
Co-Chairs: Mark Warren, MD, MPH & Rita Debate, PhD & Tom Hildebrandt, PsyD

Nursing Care Uxmal I & 2 (JW Marriott)
Co-Chair: Sandra Hannon-Engel, MSN, RN, CS

Neuropsychology & Neuroimaging Tulum H (JW Marriott)
Co-Chairs: Neuropsychology – Kate Tchanturia, PhD & Janet Treasure, FRCPsych
Neuroimaging – Ian Frampton, DClinPsych & Walter Kaye, MD, FAED

9:30 – 10:30 a.m. Tulum D & E (JW Marriott)
Business Meeting and Awards Ceremony

10:30 – 11:00 a.m. Maya Ballroom (Casa Magna Marriott)
Refreshment Break with Exhibitors

11:00 a.m. – 12:30 p.m.
Oral Scientific Paper Session II
(brief scientific papers for presentation and discussion)

A. BED & Obesity II Tulum A (JW Marriott)
Chair: Josie Geller, PhD, R Psych

11:00 a.m.
P61
OBESITY WITH AND WITHOUT BED: A STUDY OF ADDICTIVE TRAITS AND BEHAVIOUR
Claire Curtis, MA, Student, York University, Toronto, ON, Canada; Caroline Davis, PhD, Professor, York University, Toronto, ON, Canada; Karen Patte, MA, Student, York University, Toronto, ON, Canada; Caroline Reid, MA, Student, York University, Toronto, ON, Canada; Robert Levitan, MD, Psychiatrist, Centre for Addiction & Mental Health, Toronto, ON, Canada; Jacqueline Carter, MD, Psychiatrist, Toronto General Hospital, Toronto, ON, Canada; Kaplan Allan, MD, Psychiatrist, Centre for Addiction and Mental Health, Toronto, ON, Canada; James Kennedy, MD, Department and Head of the Psychiatric Neurogenetics Section, Centre for Addiction and Mental Health, Toronto, ON, Canada

Saturday, May 2 (continued)

11:15 a.m.

**P62
EFFECT OF GLYCEMIC LOAD ON PEPTIDE YY LEVELS IN A BIRACIAL SAMPLE OF OBESE AND NORMAL WEIGHT WOMEN**

Kimberly Brownley, PhD, Assistant Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Alan Hinderliter, MD, Associate Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Steve Heymen, PhD, Assistant Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

11:30 a.m.

**P63
PSYCHOLOGICAL AND BEHAVIORAL CORRELATES OF WEIGHT STATUS MISPERCEPTION AMONG OVERWEIGHT AND OBESE WOMEN**

Megan Jones, MS, Graduate Student, PGSP-Stanford PsyD Consortium, New Haven, CT, USA; Carlos M. Grilo, PhD, Professor of Psychiatry and Psychology, Yale University, New Haven, CT, USA; Robin M. Masheb, PhD, Assistant Professor, Yale University, New Haven, CT, USA; Megan E. Roehrig, PhD, Postdoctoral Fellow, Yale University, New Haven, CT, USA; Marney A. White, Assistant Professor, PhD, Yale University, New Haven, CT, USA

11:45 a.m.

**P64
REDUCING OBESITY STIGMA: THE EFFECTIVENESS OF COGNITIVE DISSONANCE AND SOCIAL CONSENSUS INTERVENTIONS**

Anna Ciao, BA, Graduate Student, University of Hawaii, Honolulu, HI, USA; Janet Latner, PhD, Associate Professor, University of Hawaii, Honolulu, HI, USA

12:00 p.m.

**P65
STRESS INDUCED INCREASE IN BMI IS ASSOCIATED WITH CHANGES IN FOOD CHOICE AND CORTISOL SECRETION IN HEALTHY ADULT WOMEN.**

Cliff Roberts, PhD, Senior Lecturer, Kings College London, Institute of Psychiatry, London, United Kingdom; Janet Treasure, PhD, Consultant Psychiatrist, Kings College London, Institute of Psychiatry, London, United Kingdom; Nick Troop, PhD, Reader, University of Hertfordshire, Herts, United Kingdom; Iain Campbell, DSc, Sub Dean, Kings College London, Institute of Psychiatry, London, United Kingdom

12:15 p.m.

**P66
BINGE EATING DISORDER: AN FMRI INVESTIGATION OF REWARD PROCESSING IN OBESE GROUPS WITH AND WITHOUT BINGE EATING DISORDER**

Danyale McCurdy, MA, Clinical Psychology Doctoral Candidate / Graduate Research Assistant, University of Kansas Medical Center, Kansas City, KS, USA; Laura Martin, PhD, Post-Doctoral Fellow, University

of Kansas Medical Center, Kansas City, KS, USA; Jennifer Lundgren, PhD, Assistant Professor, University of Missouri – Kansas City, Kansas City, MO, USA; Rebecca Chambers, MA, Research Assistant, University of Kansas Medical Center, Kansas City, KS, USA; Konoy Mandal, MD, Psychiatrist, Research Medical Center, Kansas City, MO, USA; Cary Savage, PhD, Director of fMRI, University of Kansas Medical Center, Kansas City, KS, USA

B. Biology/Medical Complications II Tulum H (JW Mriott)

Chair: Michael Kohn, MD, FRACP

11:00 a.m.

**P67
THE PHYSIOLOGY OF A BINGE: VAGAL ACTIVITY, NEUROPEPTIDE Y, A VORACIOUS APPETITE, AND REDUCED METABOLISM**

Melinda Green, PhD, Assistant Professor, Cornell College, Mt. Vernon, IA, USA; Christopher Davids, Research Assistant, Cornell College, Mt. Vernon, IA, USA; Katherine Read, Research Assistant, Cornell College, Mt. Vernon, IA, USA; Kugler David, Research Assistant, Cornell College, Mt. Vernon, IA, USA; Lindsey Carter, Research Lab Coordinator, Cornell College, Mt. Vernon, IA, USA; Amanda Jepsen, Research Assistant, Cornell College, Mt. Vernon, IA, USA

11:15 a.m.

**P68
THE INFLUENCE OF ESTROGEN THERAPIES ON BONE MINERAL DENSITY IN PREMENOPAUSAL WOMEN WITH ANOREXIA NERVOSA AND AMENORRHEA:**

Leslie Sim, PhD, Assistant Professor, Mayo Graduate School of Medicine, Rochester, MN, USA; Lauren McGovern, MD, Resident, Mayo Clinic, Rochester, MN, USA; Mohamed Elamin, MBBS, Research Post-doc, Mayo Clinic, Rochester, MN, USA; Brian Swiglo, MD, Fellow, Mayo Clinic, Rochester, MN, USA; Victor Montori, Associate Professor, MD, Mayo Clinic, Rochester, MN, USA

11:30 a.m.

**P69
INFLUENCE OF RISKY EATING BEHAVIORS ON THE NUTRITIONAL STATUS OF MEXICAN UNIVERSITY STUDENTS**

Teresita Saucedo-Molina, PhD, Instituto de Ciencias de la Salud. Universidad Autónoma del Estado de Hidalgo, Pachuca, Hidalgo, Mexico; Trinidad Fernández Cortes, Master, Instituto de Ciencias de la Salud. Universidad Autónoma del Estado de Hidalgo, Pachuca, Hidalgo, Mexico; Jessica Zaragoza Cortes, Instituto de Ciencias de la Salud. Universidad Autónoma del Estado de Hidalgo, Pachuca, Hidalgo, Mexico; María Itzel Nayeli Bravo Quintero, Instituto de Ciencias de la Salud. Universidad autónoma del Estado de Hidalgo, Pachuca, Hidalgo, Mexico

Saturday, May 2 (continued)

11:45 a.m.

P70

DIFFERENTIAL NEURAL ACTIVATION UNDERLYING APPETITIVE RESPONSE TO VISUAL FOOD CUES: AN fMRI STUDY IN PEOPLE WITH RESTRICTING AND BINGE-PURGING ANOREXIA

Samantha Brooks, MSc, PhD Student, Institute of Psychiatry, King's College, London, London, United Kingdom

12:00 p.m.

P71

A NEUROIMAGING INVESTIGATION OF BULIMIA NERVOSA: IMPLICIT LEARNING AND FRONTOSTRIATAL FUNCTIONING

Kim Celone, MA, Graduate Student, Boston University, Boston, MA, USA; Heather Thompson-Brenner, PhD, Research Assistant Professor, Boston University, Boston, MA, USA; Chantal Stern, D Phil, Professor, Boston University, Boston, MA, USA

12:15 p.m.

P72

EATING DISORDERS NOT OTHERWISE SPECIFIED: ARE DIAGNOSTIC CRITERIA FOR EATING DISORDERS MARKERS OF MEDICAL SEVERITY?

Rebecka Peebles, MD, Instructor, Stanford University, Mountain View, CA, USA; Kristina Hardy, PhD, Assistant Professor, Duke University Medical Center, Durham, NC, USA; Jenny Wilson, MD, Research Assistant/Resident, Stanford University, Mountain View, CA, USA; James Lock, MD, PhD, Professor, Stanford University, Palo Alto, CA, USA

C. Children & Adolescents II **Tulum B (JW Marriott)**

Chair: Sloane Madden, MD, FRANZCP

11:00 a.m.

P73

BREAST-FEEDING PRACTICE IN MOTHERS WITH EATING DISORDERS IN THE NORWEGIAN MOTHER AND CHILD COHORT STUDY

Leila Torgersen, Dr.Psychol, PhD, Norwegian Institute of Public Health, Oslo, Norway; Eivind Ystrøm, PhD-Student, Norwegian Institute of Public Health, Oslo, Norway; Margaretha Haugen, PhD, Norwegian Institute of Public Health, Oslo, Norway; Helle Meltzer, PhD, Norwegian Institute of Public Health, Oslo, Norway; Ann Von Holle, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Cecilie Berg, PhD-Student, Norwegian Institute of Public Health, Oslo, Norway; Ted Reichborn-Kjennerud, MD, Norwegian Institute of Public Health, Oslo, Norway; Cynthia Bulik, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

11:15 a.m.

P74

DECISION-MAKING AND THE REGULATION OF EATING BEHAVIOUR IN CHILDREN

Sandra Verbeken, Master, PhD Student, Ghent University, Gent, Belgium; Caroline Braet, Professor, PhD, Ghent University, Gent, Belgium; Lien Goossens, Master, PhD Student, Ghent University, Gent, Belgium; Guy Bosmans, Master, PhD Student, Ghent University, Gent, Belgium

11:30 a.m.

P75

OBSERVATION OF FAMILY FUNCTIONING AT MEALTIME: A COMPARISON BETWEEN FAMILIES OF CHILDREN WITH AND WITHOUT OVERWEIGHT.

Ellen Moens, PhD, Doctor Assistant, Ghent University, Ghent, Belgium

11:45 a.m.

P76

MULTI FAMILY GROUP THERAPY FOR ADOLESCENTS WITH EATING DISORDERS: PRELIMINARY FINDINGS

Leora Pinhas, MD FRCP, Psychiatrist, Hospital for Sick Children, Toronto, ON, Canada; Margus Heinmaa, PhD, Psychologist, Hospital for Sick Children, Toronto, ON, Canada; Ahmed Boachie, MD FRCP, Psychiatrist, Hospital for Sick Children, Toronto, ON, Canada; Sheila Bjarnason, MA, Social Worker, Hospital for Sick Children, Toronto, ON, Canada; Ivan Eisler, PhD, CPsychol, AcSS, Head of Child and Adolescent Eating Disorder Service, Institute of Psychiatry, London, United Kingdom; Karin Jasper, PhD, Clinical Specialist, Hospital for Sick Children, Toronto, ON, Canada

12:00 p.m.

P77

EXPLORING RELATIONSHIPS BETWEEN PARENT EATING AND FEEDING PRACTICES AND PRE-SCHOOL CHILD EATING BEHAVIORS

Susan Paxton, PhD, Prof, La Trobe University, Melbourne, Victoria, Australia; Robin Massey, BBSC PgradDip, Project Manager, La Trobe University, Melbourne, Victoria, Australia

12:15 p.m.

P78

MATERNAL EATING DISORDERS AND INFANT TEMPERAMENT

Stephanie Zerwas, PhD., Research Assistant Professor, University of North Carolina Chapel Hill, Chapel Hill, NC, USA; Ann Von Holle, MS, Biostatistician, University of North Carolina Chapel Hill, Chapel Hill, NC, USA; Leila Torgersen, PhD, Researcher, Norwegian Institute of Public Health, Oslo, Norway; Ted Reichborn-Kjennerud, MD, Director, Department of Adult Mental Health, Norwegian Institute of Public Health, Oslo, Norway; Cynthia Bulik, PhD, William R. and Jeanne H. Jordan Distinguished Professor, University of North Carolina Chapel Hill, Chapel Hill, NC, USA

Saturday, May 2 (continued)**D. Comorbidity** **Chichen Itza 1 & 2 (JW Marriott)**

Chair: Glenn Waller, DPhil, FAED

11:00 a.m.

P79**SHARED AND UNIQUE GENETIC AND ENVIRONMENTAL INFLUENCES ON BINGE EATING AND NIGHT EATING: A SWEDISH TWIN STUDY**

Tammy Root, PhD, Postdoctoral Fellow, University of North Carolina, Chapel Hill, Chapel Hill, NC, USA; Laura Thornton, PhD, Statistician, University of North Carolina, Chapel Hill, Chapel Hill, NC, USA; Ann Karin Lindroos, PhD, Researcher, MRC Human Nutrition Research, Cambridge, United Kingdom; Albert Stunkard, MD, Professor, University of Pennsylvania, Philadelphia, PA, USA; Paul Lichtenstein, PhD, Professor, Karolinska Institutet, Stockholm, Sweden; Nancy L Pedersen, PhD, Professor, University of Southern California, Los Angeles, CA, USA; Finn Rasmussen, PhD, Professor, Karolinska Institutet, Stockholm, Sweden; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina, Chapel Hill, Chapel Hill, NC, USA

11:15 a.m.

P80**PSYCHIATRIC MORBIDITY IN WEIGHT MANAGEMENT SEEKING ADULTS**

Anna Guerdjikova, PhD, MSW, Research Asst. Prof, University of Cincinnati; Lindner Center of Hope, Mason, OH, USA; Susan McElroy, MD, Professor, University of Cincinnati; Lindner Center of Hope, Mason, OH, USA; Anne O'Melia, MD, Medical Director, Lindner Center of Hope, Mason, OH, USA; Renu Kotwal, MD, Assistant Professor of Clinical Psychiatry, University of Cincinnati, Cincinnati, OH, USA; John Hawkins, MD, Chief Deputy of Research, Lindner Center of Hope, Mason, OH, USA

11:30 a.m.

P82**TRAIT-DEFINED, EATING-DISORDER SUB-PHENOTYPES: ASSOCIATIONS WITH ABUSE HISTORY AND TRIALLELIC 5HTTLPR**

Howard Steiger, PhD, Director, Eating Disorders Program, Montreal, QB, Canada; Jodie Richardson, BSc, PhD candidate, McGill University, Montreal, QB, Canada; Norbert Schmitz, PhD, Researcher, Douglas Hospital, Montreal, QB, Canada; Ridha Joobar, MD, PhD, Psychiatrist, Douglas Hospital, Montreal, QB, Canada; Mimi Israel, MD, Chief Psychiatrist, Douglas Hospital, Montreal, QB, Canada; Kenneth Bruce, PhD, Psychologist, Douglas Hospital, Montreal, QB, Canada; Lise Gauvin, PhD, Professor, University of Montreal, Montreal, QB, Canada; Cathy Dandurand, BA, Research Assistant, Douglas Hospital, Montreal, QB, Canada; Annelie Annestin, BA, Research Assistant, Douglas Hospital, Montreal, QB, Canada

11:45 a.m.

P84**A FIVE-YEAR PROSPECTIVE STUDY OF PERSONALITY DISORDERS IN ADULTS WITH CHRONIC EATING DISORDERS**

KariAnne Vrabell, Cand Psychol, Psychologist / PhD-Student, Modum Bad Research Institute, VIKERSUND, Norway; Jan Rosenvinge, Professor, University in Tromsø, Tromsø, Norway; Øyvind Rø, PhD, Modum Bad Research Institute, VIKERSUND, Norway; Asle Hoffart, Professor, Modum Bad Research Institute, VIKERSUND, Norway; Egil Martinsen, Professor, Aker University Hospital, Oslo, Norway

E. Diagnosis, Classification & Measurement**Tulum G (JW Marriott)**

Chair: Tom Hildebrandt, PsyD

11:00 a.m.

P85**INVESTIGATING THE HERITABILITY OF UNDUE INFLUENCE OF WEIGHT AND SHAPE ON SELF-EVALUATION**

Alexia Spanos, MA, Graduate Student, Michigan State University, East Lansing, MI, USA; S. Alexandra Burt, PhD, Assistant Professor, Michigan State University, East Lansing, MI, USA; Kelly Klump, PhD, Associate Professor, Michigan State University, East Lansing, MI, USA

11:15 a.m.

P86**AN EXAMINATION OF DIAGNOSTIC CLASSIFICATION IN ADOLESCENTS WITH EATING DISORDERS USING LATENT PROFILE ANALYSIS**

Kamryn Eddy, PhD, Postdoctoral Fellow, Massachusetts General Hospital, Boston, MA, USA; Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, ND, USA; Angela Celio Doyle, PhD, Instructor, University of Chicago, Chicago, IL, USA; Renee Rienecke Hoste, PhD, Instructor, University of Chicago, Chicago, IL, USA; David Herzog, MD, Professor, Massachusetts General Hospital, Boston, MA, USA; Daniel Le Grange, PhD, Professor, University of Chicago, Chicago, IL, USA

Saturday, May 2 (continued)

11:30 a.m.

P87

THE IMPACT OF USING DIFFERENT OUTCOME MEASURES ON REMISSION RATES IN A THREE-YEAR FOLLOW-UP OF EATING DISORDERS

Tabita Björk, PhD, Researcher, Psychiatric Research Centre, Örebro, Sweden; Claes Norring, PhD, Associated Professor, Uppsala University, Stockholm, Sweden; David Clinton, PhD, Associated Professor, Karolinka Institute, Stockholm, Sweden

11:45 a.m.

P88

LATENT STRUCTURE OF BULIMIC SYNDROMES

Pamela Keel, PhD, Professor, The University of Iowa, Iowa City, IA, USA; Ross Crosby, PhD, Director of Biomedical Statistics & Methodology, Neuropsychiatric Research Institute, Fargo, ND, USA; Jill Holm-Denoma, PhD, Lecturer/Clinical Associate, Denver University, Denver, CO, USA; Alissa Haedt, MA, Graduate Student, University of Iowa, Iowa City, IA, USA; Gravener Julie, BS, Graduate Student, University of Rochester, Rochester, NY, USA; Thomas Joiner, PhD, Professor, Florida State University, Tallahassee, FL, USA

12:00 p.m.

P89

PREVALENCE AND CLINICAL CORRELATES OF NIGHT EATING SYNDROME IN UNIVERSITY STUDENTS: A COMPARISON OF EXISTING AND PROPOSED DIAGNOSTIC CRITERIA

Cristin Runfola, BA, Research Assistant, Pacific Graduate School of Psychology, Redwood City, CA, USA; Kelly Allison, PhD, Assistant Professor of Psychology, University of Pennsylvania School of Medicine, Philadelphia, PA, USA; Rebecka Peebles, MD, Instructor of Adolescent Medicine, Stanford University School of Medicine, Mountain View, CA, USA; Rebecka Peebles, MD, Instructor of Adolescent Medicine, Stanford University School of Medicine, Mountain View, CA, USA

12:15 p.m.

P90

APPLES AND ORANGES: COMPARING REMISSION RATES AMONG ADULT WOMEN WITH EATING DISORDERS

Catherine Cronemeyer, MA, Research Manager, Park Nicollet Eating Disorders Institute, St. Louis Park, MN, USA; Sara Krohn, MS, Biostatistician, Park Nicollet Health Research Center, St. Louis Park, MN, USA; Lisa Franzen, BAS, Research Study Coordinator, Park Nicollet Eating Disorders Institute, St. Louis Park, MN, USA; Diann Ackard, PhD, Research Scientist, Private Practice, Golden Valley, MN, USA

F. Epidemiology II

Uxmal 1 & 2 (JW Marriott)

Chair: Phillipa Hay, MD, PhD, FRANZCP

11:00 a.m.

P91

THE 5-YEAR COURSE OF SELF-INDUCED VOMITING IN WOMEN WITH EATING DISORDERS

Kyle De Young, MA, Graduate Student, University at Albany, State University of New York, Albany, NY, USA; Debbie Franko, PhD, Professor, Northeastern University, Boston, MA, USA; Kamryn Eddy, PhD, Postdoctoral Fellow, Harris Center for Education and Advocacy in Eating Disorders, Boston, MA, USA; Andrea Kass, BA, Research Assistant, Harris Center for Education and Advocacy in Eating Disorders, Boston, MA, USA; Meredith Sears, BA, Research Assistant, Harris Center for Education and Advocacy in Eating Disorders, Boston, MA, USA; David Herzog, MD, Director, Harris Center for Education and Advocacy in Eating Disorders, Boston, MA, USA

11:15 a.m.

P92

UNDERSTANDING THE RELATION BETWEEN ANOREXIA NERVOSA AND BULIMIA NERVOSA IN A SWEDISH NATIONAL TWIN SAMPLE

Emily Pisetsky, BA, Graduate Student, University of North Carolina Chapel Hill, Chapel Hill, NC, USA; Tammy L Root, PhD, Post Doctoral Fellow, University of North Carolina Chapel Hill, Chapel Hill, NC, USA; Laura Thornton, PhD, Biostatistician, University of North Carolina Chapel Hill, Chapel Hill, NC, USA; Paul Lichtenstein, PhD, Professor, Karolinska Institutet, Stockholm, Sweden; Nancy L Pederson, PhD, Professor, University of Southern California, Los Angeles, CA, USA; Cynthia M Bulik, PhD, Professor, University of North Carolina Chapel Hill, Chapel Hill, NC, USA

11:30 a.m.

P93

PERCENT BODY FAT PREDICTS OUTCOME IN ANOREXIA NERVOSA: A REPLICATION STUDY

Lindsay Bodell, BA, Research Assistant, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Laurel Mayer, MD, Psychiatrist, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Elizabeth Black, AB, Research Assistant, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Annie Haynos, BA, Research Assistant, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Danila Musante, AB, Research Assistant, Columbia University/New York State Psychiatric Institute, New York, NY, USA; B. Timothy Walsh, MD, Psychiatrist, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Evelyn Attia, MD, Psychiatrist, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Janet Schebendach, RD, Research Nutritionist, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Sarah Fisher, MA, Research Assistant, Columbia University/New York State Psychiatric Institute, New York, NY, USA

Saturday, May 2 (continued)

11:45 a.m.

P94**A LONGITUDINAL STUDY OF THE COURSE OF NIGHT EATING SYNDROME**

Kelly Allison, PhD, Assistant Professor, University of Pennsylvania School of Medicine, Philadelphia, PA, USA; Jennifer D Lundgren, PhD, Assistant Professor, University of Missouri – Kansas City, Kansas City, MO, USA; Scott J Crow, MD, Professor, University of Minnesota, Minneapolis, MN, USA; Heather Barness-Blakeman, Research Assistant, University of Pennsylvania School of Medicine, Philadelphia, PA, USA; Jennifer N Lesser, Research Assistant, University of Pennsylvania School of Medicine, Philadelphia, PA, USA; James E Mitchell, MD, Christoferson Professor and Chair, University of North Dakota School of Medicine and Health, Fargo, ND, USA

12:00 p.m.

P95**DOES WEIGHT SUPPRESSION PROSPECTIVELY PREDICT EATING DISORDER OUTCOME IN BULIMIA NERVOSA PATIENTS?**

Andrea Kass, BA, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; Michael Lowe, PhD, Professor, Drexel University, Philadelphia, PA, USA; Kamryn Eddy, PhD, Postdoctoral Fellow, Massachusetts General Hospital, Boston, MA, USA; Graham Thomas, MA, Clinical Psychology Intern, Drexel University, Philadelphia, PA, USA; Debbie Franko, PhD, Professor, Northeastern University, Boston, MA, USA; Meredith Sears, BA, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; Heather Thompson-Brenner, PhD, Research Assistant Professor, Boston University, Boston, MA, USA; David Herzog, MD, Psychiatrist, Massachusetts General Hospital, Boston, MA, USA

12:15 p.m.

P96**ASSESSING THE HERITABILITY OF PURGING DISORDER IN A POPULATION BASED SAMPLE OF FEMALE TWINS**

Sara Trace, MS, Doctoral Candidate, Virginia Commonwealth University, Richmond, VA, USA; Suzanne Mazzeo, PhD, Associate Professor, Virginia Commonwealth University, Richmond, VA, USA; Karen Mitchell, MS, doctoral candidate, Virginia Commonwealth University, Richmond, VA, USA; Rachel Gow, MS, doctoral candidate, Virginia Commonwealth University, Richmond, VA, USA; Mike Neale, PhD, Professor, Virginia Commonwealth University, Richmond, VA, USA; Kenneth Kendler, MD, Professor, Virginia Commonwealth University, Richmond, VA, USA; Cynthia Bulik, PhD, William R. and Jeanne H. Jordan Distinguished Professor of Eating Disorders, The University of North Carolina, Chapel Hill, NC, USA

G. Other II Mexico/Cozumel (CasaMagna Marriott)

Chair: Armando Barriguete Melendez, MD, PhD, FAED

11:00 a.m.

P97**CAFFEINE, ARTIFICIAL SWEETENER, AND FLUID INTAKE IN ANOREXIA NERVOSA**

Joanna Marino, MA, Researcher, University of North Dakota, Grand Forks, ND, USA; Troy Ertelt, MA, Researcher, University of North Dakota, Grand Forks, ND, USA; Stephen Wonderlich, PhD, Director of Clinical Research, Neuropsychiatric Research Institute & University of North Dakota School, Fargo, ND, USA; Ross Crosby, PhD, Director of Biomedical Statistics and Methodology, Neuropsychiatric Research Institute & University of North Dakota, Fargo, ND, USA; Kathy Lancaster, BA, Researcher, Neuropsychiatric Research Institute, Fargo, ND, USA; James Mitchell, MD, President and Scientific Director, Neuropsychiatric Research Institute & University of North Dakota, Fargo, ND, USA; Sarah Fischer, PhD, Assistant Professor, University of Georgia, Athens, GA, USA; Peter Doyle, MA, Intern, University of Chicago, Chicago, IL, USA; Danielle Grange, PhD, Associate Professor of Psychiatry, University of Chicago, Chicago, IL, USA; Carol Peterson, PhD, Assistant Professor of Psychiatry, University of Minnesota, Minneapolis, MN, USA; Scott Crow, MD, Professor of Psychiatry, University of Minnesota, Minneapolis, MN, USA

11:15 a.m.

P98**PRELIMINARY FINDINGS FROM ECOLOGICAL MOMENTARY ASSESSMENT OF PURGING DISORDER**

Alissa Haedt, MA, Graduate Student, University of Iowa, Iowa City, IA, USA; Pamela Keel, PhD, Professor, University of Iowa, Iowa City, IA, USA

11:30 a.m.

P99**CHOCOLATE AND COFFEE: IMAGERY REDUCTION OF FOOD CRAVING**

Marika Tiggemann, PhD, Professor, Flinders University, Adelaide, Australia; Eva Kemps, PhD, Senior Lecturer, Flinders University, Adelaide, Australia

11:45 a.m.

P100**EXTRAORDINARY, INVINCIBLE – BUT NOT ILL?: FITTING A HEURISTIC MODEL OF ADAPTATION TO ACCOUNT FOR THE PERCEIVED VALUE OF ANOREXIA NERVOSA**

Hunna Watson, PhD, Research Psychologist, Centre for Clinical Interventions, Northbridge, Australia

Saturday, May 2 (continued)

H. Personality & Cognition II Tulum C (JW Marriott)

Chair: Juanita Gempeler, CBT

11:00 a.m.

P103

THE COMPLEX ROLE OF DISTRESS TOLERANCE IN EATING DISORDERS: FURTHER EVIDENCE FROM A CLINICAL SAMPLE

Bronwyn Raykos, PhD, Clinical Psychologist, Centre For Clinical Interventions, Eating Disorders Service, Western Australia, Australia; Anna Steele, PhD, Clinical Psychologist Registrar, Centre For Clinical Interventions, Eating Disorders Service, Western Australia, Australia

11:15 a.m.

P104

CHILDHOOD CHARACTERISTICS, LOW BODY MASS INDEX, AND CALORIC RESTRICTION

Jocilyn Dellava, PhD, Post-Doctoral Fellow, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Laura Thornton, PhD, Statistician, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Walter H. Kaye, MD, Professor, University of Pittsburgh, Pittsburgh, PA, USA; Cynthia M. Bulik, PhD, Jordan Distinguished Professor of Eating Disorders, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; The Genetics of Anorexia Nervosa Consortium, Collaborative, Research, The Genetics of Anorexia Nervosa Consortium, Chapel Hill, NC, USA

11:30 a.m.

P105

EXAMINING THE ROLE OF INTROVERSION IN THE SEVERITY OF EATING DISORDER SYMPTOMOLOGY

Jessie Miller, PhD, Post-Doctoral Student, McMaster University, Hamilton, ON, Canada; Sherry Van Blyderveen, PhD, Psychologist & Assistant Professor (Adjunct), Hamilton Health Sciences/McMaster University, Hamilton, ON, Canada

11:45 a.m.

P106

THE RELATIONSHIP BETWEEN SELFLESSNESS LEVELS AND THE SEVERITY OF ANOREXIA NERVOSA SYMPTOMATOLOGY

Rachel Bachner-Melman, PhD, Psychologist, Hebrew University of Jerusalem, Jerusalem, Israel; Ada Zohar, PhD, Head of Behavioral Sciences, Ruppin Academic Medical Center, Jerusalem, Israel; Richard Ebstein, PhD, Professor, Hebrew University of Jerusalem, Jerusalem, Israel; Eytan Bachar, PhD, Chief Psychologist, Hadassah University Medical Center, Hadassah University Medical Center and Hebrew University of Jerusalem, Jerusalem, Israel

12:00 p.m.

P107

EFFECTS OF VISUAL WEIGHT-RELATED FEEDBACK USING MODIFIED DIGITAL PHOTOGRAPHS ON BODY DISSATISFACTION AND MOOD.

Jennifer Mills, PhD, Assistant Professor, York University, Toronto, ON, Canada; Marika Tiggemann, PhD, Professor, Flinders University, Adelaide, Australia; Bethany Gee, Honours BSc, Grad Student, Ryerson University, Toronto, ON, Canada; Sarah Hollitt, BSc in progress, Flinders University, Adelaide, Australia

12:15 p.m.

P108

BRAIN RESPONSES ASSOCIATED WITH THE CALORIC CONTENT OF FOOD WITH AND WITHOUT AWARENESS: RELEVANCE FOR UNCONTROLLED EATING

Miguel Alonso-Alonso, MD MPhil, Instructor in Neurology, Berenson-Allen Center for Noninvasive Brain Stimulation-Department of Neurology, Boston, MA, USA; Elke Praeg, PhD, Research Fellow in Neurology, Berenson-Allen Center for Noninvasive Brain Stimulation-Department of Neurology, Boston, MA, USA; Xin Huang, BSc, Research Assistant, Berenson-Allen Center for Noninvasive Brain Stimulation-Department of Neurology, Boston, MA, USA; Arshdeep Singh Sidhu, BSc, MA student, Boston University School of Medicine, Boston, MA, USA; Shahid Bashir, PhD, Research Fellow in Neurology, Berenson-Allen Center for Noninvasive Brain Stimulation-Department of Neurology, Boston, MA, USA; Alvaro Pascual-Leone, MD, PhD, Professor, Berenson-Allen Center for Noninvasive Brain Stimulation-Department of Neurology, Boston, MA, USA

I. Risk Factors & Prevention II Tulum F (JW Marriott)

Chair: Tracey Wade, PhD FAED

11:00 a.m.

P109

THE ROLE OF FAMILIAL CRITICISM IN EATING DISORDERED BEHAVIORS AMONG MEXICAN ADOLESCENTS

Claudia Unikel, PhD, Instituto Nacional de Psiquiatria, Mexico City, Mexico; Rene Ocampo, Masters, Dr., Secretaria de Salud, Mexico City, Mexico; Francisco Juárez, Doctoral Candidate, Psychologist, Instituto Nacional de Psiquiatria, DF, Mexico; Fatima Garcia, BA, Psychologist, Instituto Nacional de Psiquiatria, DF, Mexico

11:15 a.m.

P110

EATING DISORDERS & ORAL HEALTH: SECONDARY PREVENTION TRAINING FOR ORAL HEALTH PROVIDERS

Rita DeBate, PhD, Associate Professor, University of South Florida, Tampa, FL, USA; Herb Severson, PhD, Senior Research Scientist, Deschutes Research, Inc, Eugene, OR, USA; Tracy Shaw, MA, Research Assistant, Deschutes Research, Inc, Eugene, OR, USA; Marissa Zwald, BS, Graduate Research Assistant, University of South Florida, Tampa, FL, USA; Steve Christiansen, BA, Media Director, InterVision Media, Eugene, OR, USA

Saturday, May 2 (continued)

11:30 a.m.

P111**DISSONANCE EATING DISORDER PREVENTION PROGRAM: RESULTS FROM A RANDOMIZED EFFECTIVENESS TRIAL**

Sonja Spoor, PhD, Research Associate, Oregon Research Institute, Eugene, OR, USA; Eric Stice, PhD, Senior Researcher, Oregon Research Institute, Eugene, OR, USA; Paul Rohde, PhD, Senior Researcher, Oregon Research Institute, Eugene, OR, USA

11:45 a.m.

P112**RELATION OF MATERNAL EATING DISORDERS TO INFANT FEEDING DIFFICULTIES: THE ROLE OF ANXIETY AND DEPRESSION IN PREGNANCY AND THE POSTPARTUM IN A LONGITUDINAL PROSPECTIVE COHORT**

Nadia Micali, MD, PhD, Clinical Lecturer, Institute of Psychiatry, King's College London, London, United Kingdom; Emily Simonoff, PhD, Professor of Child Psychiatry, Institute of Psychiatry, King's College London, London, United Kingdom; Janet Treasure, PhD, FRCPsych, Professor of Psychiatry, King's College London, London, United Kingdom

12:00 p.m.

P113**DO STRESSFUL LIFE EVENTS PREDICT EATING DISORDER RELAPSE? SIX-YEAR OUTCOMES FROM THE COLLABORATIVE PERSONALITY DISORDERS STUDY**

Carlos Grilo, PhD, Professor, Yale University, New Haven, CT, USA

12:15 p.m.

P114**PERINATAL COMPLICATIONS AND COGNITIVE DYSFUNCTION IN EATING DISORDERS: A DISCORDANT SIBLING DESIGN STUDY**

Angela Favaro, PhD, Assistant Professor, Dept Neurosciences, Padova, Italy; Paolo Santonastaso, MD, Full Professor, Department of Neurosciences, Padova, Italy; Elena Tenconi, PhD, Dept Neurosciences, Padova, Italy; Romina Bosello, MD, Department of Neurosciences, Padova, Italy; Daniela Degortes, MSc, student, Department of Neurosciences, Padova, Italy

J. Treatment of ED II**Tulum D & E (JW Marriott)**

Chair: Ulrike Schmidt, MD, PhD, FAED

11:00 a.m.

P115**THE EFFECT OF COGNITIVE BEHAVIORAL THERAPY FOR BULIMIA NERVOSA ON NIGHTTIME EATING IN INDIVIDUALS DIAGNOSED WITH BULIMIA NERVOSA**

Jennifer Lundgren, PhD, Assistant Professor, University of Missouri-Kansas

City, Kansas City, MO, USA; Jennifer R Shapiro, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Cynthia M Bulik, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

11:15 a.m.

P116**TREATMENT OUTCOME IN WOMEN WITH BULIMIA NERVOSA IS PREDICTED BY CHANGES IN AUTONOMOUS VERSUS CONTROLLED MOTIVATION FOR THERAPY**

Sandra Mansour, MA, Doctoral Student, McGill University, Montreal, QB, Canada; Kenneth Bruce, PhD, Psychologist/Researcher, Douglas Mental Health University Institute, Verdun, QB, Canada; Howard Steiger, PhD, Director, Douglas Mental Health University Institute, Verdun, QB, Canada; David Zuroff, PhD, Professor, McGill University, Montreal, QB, Canada

11:30 a.m.

P117**FACTORS ASSOCIATED WITH TREATMENT OUTCOME IN PATIENTS WITH BULIMIC DISORDERS TREATED WITH A MODIFIED VERSION OF INTERPERSONAL PSYCHOTHERAPY**

Jon Arcelus, MRCPsych, PhD, Leicester Eating Disorders, Leicester, United Kingdom

11:45 a.m.

P118**THE EFFECT OF CBTE ON EATING DISORDER SYMPTOMS AND OTHER PSYCHOPATHOLOGY: TRAJECTORIES AND MAINTENANCE OF CHANGE**

Anthea Fursland, PhD, Centre for Clinical Interventions, Northbridge WA, Australia; Susan Byrne, PhD, Research Fellow, University of Western Australia, Northbridge WA, Australia

12:00 p.m.

P119**SKILLS TRAINING FOR CARERS OF SOMEONE WITH AN EATING DISORDER: EFFECTIVENESS AND ACCEPTABILITY**

Elizabeth Goddard, MSc, Research Assistant / PhD Student, Institute of Psychiatry, London, United Kingdom; Janet Treasure, PhD, Consultant Psychiatrist, Institute of Psychiatry, London, United Kingdom; Pamela Macdonald, MSc, PGCE, PhD Student, Institute of Psychiatry, London, United Kingdom

12:15 p.m.

P120**THE CLINICAL EFFECTIVENESS OF CBT FOR THE TREATMENT OF BODY IMAGE DISTURBANCE IN WOMEN WITH EATING DISORDERS**

Kelty Berardi, MA, PhD Candidate, University of Windsor, Ottawa, ON, Canada; Josee Jarry, PhD, Professor, University of Windsor, Windsor, ON, Canada; Sara Robillard, PhD, Clinical Psychologist, St. Joseph's Care Group, Thunder Bay, ON, Canada; Cheryl Aubie, PhD, Psychologist, QEII Eating Disorder Clinic, Halifax, NS, Canada

Saturday, May 2 (continued)

11:00 – 11:30 a.m. Maya Ballroom (CasaMagna Marriott)
Poster Session II Dismantle

11:00 – 11:30 a.m. Maya Ballroom (CasaMagna Marriott)
Exhibitor Dismantle

12:30 – 1:45 p.m.
Lunch on your own

12:30 – 1:45 p.m.
Special Interest Group (SIG) Annual Meetings
(Box lunch available for purchase. See registration form.)
The following Special Interest Groups will hold annual meetings. New members are welcome. Additional SIG meetings will be held on Thursday, April 30 from 12:15 – 1:30 p.m. and Saturday, May 2 from 8:00 – 9:30 a.m.

Bariatric Surgery Tulum D & E (JW Marriott)
Co-Chairs: Carol Signore, MAT, LMAT, MS & Edi Cooke, PsyD

Health at Any Size Tulum A (JW Marriott)
Co-Chairs: Ellen Shuman & Deb Burgard, PhD

Psychodynamic Psychotherapy Tulum B (JW Marriott)
Co-Chairs: Judy Banker, LLP, MA, FAED & David Tobin, PhD, FAED & Laura Weisberg, PhD

Prevention Tulum C (JW Marriott)
Co-Chairs: Riccardo Dalle Grave, MD & Carolyn Becker, PhD, FAED

Medical Care Tulum F (JW Marriott)
Co-Chairs: Ovidio Bermudez, MD, FAED & Laird Birmingham, MD, FAED & Kim McCallum, MD

Child and Adolescent Eating Disorders Tulum G (JW Marriott)
Co-Chairs: Nancy Zucker, PhD & Katharine Loeb, PhD

Cognitive Behavioral Therapy Tulum H (JW Marriott)
Co-Chairs: Wayne Bowers, PhD, ABFP, FAED & Myra Cooper, DPhil

Sexual and Gender Identity Chichen Itza 1 & 2 (JW Marriott)
Co-Chairs: Lara Reba-Harrelson, MA & Kim Brownley, PhD

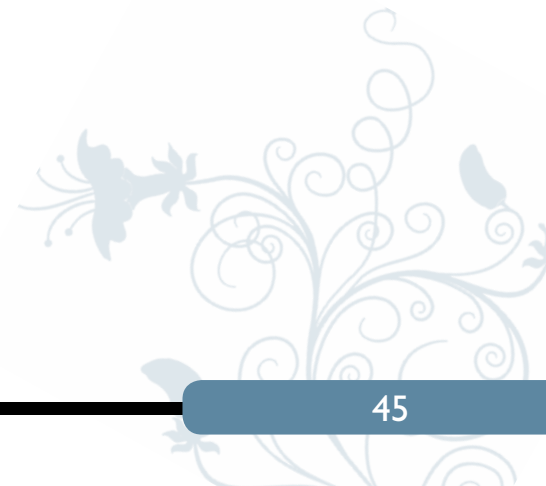
New Investigators Uxmal 1 & 2 (JW Marriott)
Co-Chairs: Marci Gluck, PhD & Jennifer Boisvert, MA

Universities Coba (JW Marriott)
Co-Chairs: Sara Shepherd, PhD & Peggy Maher, PhD, RD

2:15 – 3:45 p.m.
Workshop Session III

A.....Mexico/Cozumel (CasaMagna Marriott)
DOING THE MAUDSLEY APPROACH WITH HISPANIC FAMILIES : MAUDSLEY EN ESPAÑOL
Tomas Silber, MD, Medical Director, ED Program, CNMC, Children's National Medical Center, Washington, DC, USA

This workshop will be conducted in Spanish. It is intended for Spanish speaking professionals (physicians, pediatricians, therapists etc.) who either are not familiar with, or have not practiced the Maudsley Method, and would like to learn more about it, or even desire to actually begin to employ the approach with Latino families. It will start with a didactic component describing the method, the theory underlying its application, and the evidence supporting it (randomized clinical trials). This will be followed by role playing and practical discussions on how to select families, detect contraindications to its application, empower parents, support re-feeding efforts and transition control of eating to the adolescent. The workshop is intended to be interactive and problem solving, eg: what to do when other members of a multidisciplinary treatment team are not familiar with or are even opposed to the method. It will also include an analysis of the reasons for this change in the treatment paradigm for Anorexia Nervosa and review a neurobiological hypothesis about why this treatment, by rapidly abolishing semistarvation, works so well. The workshop will end focusing, on why the Maudsley approach blends naturally with the usual practices in the Hispanic culture, such as parental monitoring and supervision, filial respect, collaboration by the extended family, and recognition of expertise.



Saturday, May 2 (continued)

**B.Uxmal 1 & 2 (JW Marriott)
THE ROLE OF VOICE: A FORCE IN INDIVIDUAL
RECOVERY AND SOCIETAL CHANGE**

Cynthia Bulik, PhD, William R. and Jeanne H. Jordoan Distinguished Professor of Eating Disorders, University of North Carolina, Chapel Hill, Chapel Hill, NC, USA; Aimee Liu, MFA, Faculty, Goddard College, Beverly Hills, CA, USA; Susan Ringwood, BA, FRSA, Chief Executive Officer, Beat, Norwich, Norfolk, United Kingdom; Marvy Rieder, BA, FRSA, Founder/ President, marVie Foundation, Blaricum, Netherlands

The individual and the collective voice are powerful instruments for change, personal and societal. Eating disorders are fraught with stigma, secrecy, and complexity, which drive sufferers and their families into shame-filled isolation. Shame and isolation also breed silence, which encourages governments, industry, and the global community to ignore the seriousness of eating disorders as an issue.

This interactive workshop, presented by the members of the AED Advisory Board, addresses the range of voices needed to strengthen and empower individual recovery, to improve eating disorder research, treatment and prevention, and to increase public awareness about the seriousness of eating disorders. AED Advisory Board Chair Susan Ringwood and members Cynthia Bulik, Aimee Liu and Marvy Rieder will discuss their own initiatives to raise individual and collective voices as agents for change. Aimee Liu, author of the highly regarded book *Gaining: The Truth About Eating Disorders* will discuss “the existential voice” and the use of individual expression as a pathway to recovery based on letters she has received from her readers; Cynthia Bulik, widely published researcher/clinician and author, will describe the “scientific voice” and how research can be used to bring resonance to the voice of personal recovery and political advocacy; model and activist Marvy Rieder will describe “the activist voice” and how one individual, by integrating education and awareness programs within the fashion industry, can effect social change from the inside out; and Beat Executive Director Susan Ringwood, will describe “the chorus”—the unified voice of many — and how organizations and key stakeholders can advance improvements in prevention, treatment, and research by joining forces.

Through guided discussion participants will explore ways in which they can assist in bringing about change in their own therapeutic and community settings by applying these paradigms to identify and strengthen the effective use of their own voices.

**C. Tulum C (JW Marriott)
REFLECTIONS BODY IMAGE PROGRAM: PARTNERING
WITH SORORITIES IN EATING DISORDERS
PREVENTION AND ADVOCACY**

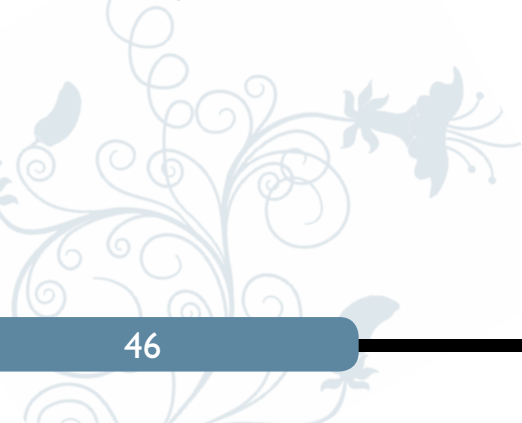
Carolyn Becker, PhD, Associate Professor, Trinity University, San Antonio, TX, USA; Susan Woda, MPA, Senior Director of Operations, Delta Delta Delta Fraternity, Arlington, TX, USA

Researchers have made marked progress in developing eating disorder (ED) prevention programs. The ultimate impact of such programs (e.g., true dissemination), however, will depend on partnerships with key social systems. Reflections: Body Image Program is a peer-led, 2-session, dissonance-based intervention that encourages sorority members to actively challenge the thin-ideal standard of female beauty. Reflections, which has been endorsed by the AED, was created by blending the latest ED prevention science with a participatory approach that actively engaged sorority members and leaders in the creation and expansion of the program. By April 2009, local sorority members will have contributed over 14,000 unpaid hours to the creation, testing, and ongoing management of this program at Trinity University, and the Delta Delta Delta Fraternity will have invested thousands of hours and hundreds of thousands of dollars in an effort to disseminate and expand Reflections, making it available to any sorority chapter nationwide. Additionally, Tri Delta has engaged other key partners (e.g., AED, NEDA, NOW & Seventeen Magazine) in an advocacy effort aimed at reducing fat talk among women of all ages. To date, four other national sororities, including Delta Gamma and Pi Beta Phi, have agreed to implement Reflections in one or more chapters, and multiple universities have expressed interest in the program. In this workshop we will review the history of Reflections and discuss why we believe that both an evidence-based and participatory approach was critical to the development and expansion of Reflections. The goal is for participants to learn from our experience to facilitate the development of new atypical partnerships that can impact EDs. We also will briefly review results from studies supporting the efficacy and effectiveness of Reflections, and will explain how interested workshop participants can become involved with Reflections, both at the programmatic and research level.

**D. Tulum G (JW Marriott)
A DESCRIPTION AND EXAMINATION OF A PARTIAL
HOSPITALIZATION PROGRAM FOR ADULTS WITH
EATING DISORDERS**

Mimi Israel, MD, Psychiatrist, Associate Professor, Douglas Institute, McGill, Montreal, QB, Canada; Kenneth Bruce, PhD, Psychologist, Douglas Institute, McGill, Montreal, QB, Canada; Christiane Jolicoeur, BSc, Occupational Therapist, Douglas Institute, McGill, Montreal, QB, Canada

Consensus guidelines suggest that specialized treatment for eating disorders (EDs) should be delivered via a stepped-care approach offering graded-intensity outpatient treatments, and inpatient programs. The guidelines also highlight the lack of empirical literature on stepped-care for EDs, or on the absolute



Saturday, May 2 (continued)

and relative effectiveness of intensive outpatient treatments for EDs, particularly for Anorexia Nervosa. This workshop will review existing literature on partial hospitalization and day treatments and provide a detailed clinician-oriented description of the intensive outpatient treatments currently used for adults by the Douglas Institute Eating Disorders Program in Montreal. We will also examine the impact on patient care of the introduction of partial-hospitalization into an already existing stepped-care program consisting of outpatient, day program, and full-hospitalization treatment modalities. In this regard, we will present treatment outcome data collected (in over 400 patients) for each service prior to, and since, the introduction of partial hospitalization in January 2004. Included here will be a description of pretreatment patient characteristics (demographics, ED diagnoses and symptoms, co-morbidity, medication use) as well as treatment-induced improvements in eating- and general psychiatric symptoms, motivation for change, and psychosocial adaptation. Data relating to patient satisfaction and treatment completion will also be discussed, and the impact of the introduction of partial hospitalization on inpatient services (e.g., length and number of admissions) highlighted. The workshop will provide specific information on the structure and function of a partial-hospitalization program for those who may be considering introducing such a program into their treatment facility. It will also offer an opportunity for brainstorming between professionals who run similar programs in order to share innovative ideas and generate future research directions

E..... Tulum F (JW Marriott) HEALTHY EXERCISE: NOT LOSING YOUR BALANCE

Ron Thompson, PhD, FAED, Psychologist, Bloomington Center for Counseling and Human Development, Bloomington, IN, USA; Roberta Sherman, PhD, FAED, Psychologist, Bloomington Center for Counseling and Human Development, Bloomington, IN, USA

This workshop will define and discuss healthy exercise, and compare and contrast it with “unbalanced” exercise. It will examine the concept of balance in exercise, as well as how to find and maintain a healthy balance, not only in exercise but also in the relationship between exercise and eating. The consequences of unhealthy or unbalanced exercise will be contrasted with the benefits of healthy exercise, and the myth of more exercise is better will be challenged regarding health, sport performance, and immune function. Practical treatment recommendations for regaining exercise balance will be offered. Other topics to be discussed will include but not be limited to: identification of exercise problems using both quantitative and qualitative factors, difficulties associated with identifying unhealthy exercise, when exercise is in need of intervention, when exercise is part of an eating disorder, and special issues related to males and exercise.

F..... Chichen Itza 1 & 2 (JW Marriott) BRIDGING THE CLINICAL-RESEARCH GAP: USING AN EFFECTIVENESS DESIGN TO TEST CBT EFFICACY FINDINGS IN A FEMINIST-RELATIONAL INTENSIVE OUTPATIENT PROGRAM

Michael Lowe, PhD, Professor, Department of Psychology, Drexel University, Philadelphia, PA, USA; Amy Neeren, PhD, Visiting Assistant Professor, Department of Psychology, Haverford College, Haverford, PA, USA; Douglas Bunnell, PhD, VP, Director of Outpatient Clinical Services, The Renfrew Center, Wilton, CT, USA

Controlled research with selected bulimic samples indicates that we have increasingly effective treatments for patients with bulimia nervosa (BN). Many clinicians, however, are reluctant to adopt evidenced based treatments, often claiming that protocols for CBT, in particular, do not address the realities of clinical practice. This widely recognized gap between research and practice is a persistent hindrance to the development of truly effective treatments. This workshop reports on the development of a NIMH-funded treatment study conducted in a large, for profit, outpatient clinical setting. The study introduced a group based CBT intervention into an ongoing intensive outpatient program. The existing treatment protocols were grounded in relational and psychodynamic principles and the program treated adolescents and adults with a variety of eating disorder and psychiatric diagnoses. The study introduced a more formal approach to symptom management involving cognitive restructuring, psychoeducation on the role of dietary restriction, and the use of food challenge experiences inside and outside of the treatment sessions. The primary investigators regularly observed the treatment groups and reported feedback on adherence to the protocols in regular meetings. The workshop will address several themes that emerged over the course of the study including the conflicts between psychodynamic/relational and CBT approaches, the potential conflicts between research and clinical objectives, and issues concerning staff motivation to adhere to research protocols. Practicing therapists may be minimally familiar with empirically supported treatments and this may limit the feasibility of using existing staff to deliver new treatments in which they have not been formally trained.

Audience members will have the opportunity to discuss challenges of conducting research in community-based clinical settings and incorporating empirically-based findings into existing treatments.

Saturday, May 2 (continued)**G.....Tulum A (JW Marriott)****EATING DISORDERS IN CHILDREN AND ADOLESCENTS: A PEDIATRIC PERSPECTIVE CSW**

Jorge Pinzon, MD, Alberta Children's Hospital / Calgary Eating Disorders Program, Calgary, AB, Canada

This workshop will cover: definition, classification, aspects of psychological and biological literature with some medical aspects of the conditions.

The learning objectives are:

- To learn about current issues in diagnosis of eating disturbances in childhood and early adolescence
- To learn about classification of eating disorders in this age group
- To learn about aspects of assessment and how it differs from the older adolescent and adults

Significant differences exist in the presentation of childhood and early adolescence eating disorders and disturbances.

The workshop participants will learn this by reviewing some background literature in the area, by learning about different classification modalities, including ICD-10, DSM-IVR, and GOS (Great Ormond Street) criteria. This presentation will be supported by current evidence-based literature in the area. From the medical point of view reference will be made to limitation in classification as it relates to linear growth, pubertal development and the use of normative data that may not be applicable to this population.

In terms of classification and diagnosis, the audience will be introduced to the EDE and its child version and the different eating disturbances such as Food avoidance emotional disorder (FAED), selective eating, pervasive refusal syndrome, restrictive eating as described in the literature mostly by UK authors. Lastly treatment differences will be covered, with particular attention to the treatment approach initially conceptualized at the Maudsley Institute in England and now manualised by authors in the U.S.

H.....Tulum D & E (JW Marriott)
AVOIDING THE "TOP TEN" MOST COMMON EATING DISORDER ASSESSMENT MISTAKES

Carol Peterson, PhD, Research Assoc/Assistant Professor, University of Minnesota, Minneapolis, MN, USA

Although information obtained during the assessment process provides an essential foundation for conducting clinical work and research, ensuring that assessment data are accurate is particularly complicated in the eating disorders field as a result of diagnostic, measurement, and interpersonal challenges. The purpose of this workshop is to provide guidelines for maximizing the accuracy of assessment data by avoiding the "top ten" most common

assessment mistakes made by eating disorder clinicians and researchers (including the presenter). Some of these assessment challenges occur because of the complexity of eating disorder symptoms and diagnostic criteria, including defining and measuring concepts like overvaluation of shape and weight, dietary restraint, and body image. Other problems arise in the administration, scoring, and interpretation of measurement instruments. Finally, the interpersonal environment of the assessment interview is particularly difficult, especially when the researcher or clinician questions the accuracy of the information provided by the individual with eating disorder symptoms. The interview process can also be complicated by the interviewer's own feelings, including fear, anger, and sadness. Although these emotions are expected in the context of eating disorder assessment, monitoring and managing them can help establish rapport and elicit accurate data. This workshop will discuss specific techniques to facilitate honest self-disclosure as well as strategies to use the interviewers' own emotions to the advantage rather than to the detriment of the assessment process.

I.....Tulum H (JW Marriott)
THE USE OF MEDICAL CHECKLISTS IN ORGANIZING MULTIDISCIPLINARY EATING DISORDER TREATMENT

Scott Crow, MD, Professor, University of Minnesota, Minneapolis, MN, USA; Julie Lesser, MD, Physician, Park Nicollet Clinic – Meadowbrook, St. Louis Park, MN, USA; Joel Jahraus, MD, Physician, Park Nicollet Clinic – Meadowbrook, St. Louis Park, MN, USA; Deborah Mangham, MD, Physician, Park Nicollet Clinic – Meadowbrook, St. Louis Park, MN, USA

The goal of this workshop is to describe the implementation of medical checklist systems in the treatment of people with eating disorders. Eating disorder treatment is typically complex and multidisciplinary, addressing a wide variety of factors and involving multiple care providers from multiple disciplines. Also, the experience level of care providers often varies from highly expert to relatively inexperienced. In such a complex treatment with multiple parts, there is always the risk that some parts will be overlooked, potentially compromising or delaying effective treatment. The use of checklists has received recent attention in the provision of complex treatments in other medical settings, such as intensive care units. Experience with the application of the checklist approach to eating disorders treatment will be discussed. Examples will include using the checklist across levels of care and tracking adherence to evidence-based protocols including family based treatment, cognitive behavioral therapy and dialectical behavioral therapy. We will discuss use of the checklists in tracking outcomes and in individualizing care. Advantages of this approach and challenges encountered in its implementation will be discussed. Recommendations for checklist approaches will be provided.

Saturday, May 2 (continued)

J..... Tulum B (JW Marriott)
THERAPY OF BINGE EATING DISORDER:TWO PSYCHOTHERAPEUTIC STRATEGIES CSW
Piergiuseppe Vinai, MD, STUDI COGNITIVI, Magliano Alpi, Italy; James Mitchell, PROFESSOR, University of North Dakota School of Medicine and Health Sciences, Fargo, ND, USA; Patrizia Todisco, MD, SPEDALI CIVILI BRESCIA, Gussago (BS), IA, Italy

Half a century after the first description of Binge Eating Disorder (BED) by Stunkard, the optimal therapy for BED remains an open question. BED seems to respond to some degree to most treatments that have been tested, if the results focus on binge eating behaviour, while substantial weight loss remains elusive. This workshop will focus on two different therapeutic approaches to BED. One presentation will focus on the use of a cognitive behavioral treatment for BED that has been validated in two randomized trials. This manual based approach relies heavily on readings and homework assignments, and can be delivered in a treatment package over three months. The therapy can be used in group and individual formats. A second presentation will suggest a general strategy to deal with cognitive and emotional mechanism responsible for the eating behaviour (escape from awareness, blocking of emotion, emotional eating, disinhibition) and a specific strategy to deal with the other problematic areas in these patients (e.g. self-esteem, relationships). These techniques and instruments are derived from a cognitive-behavioral approach (food diary, cognitive restructuring, etc.) but also include other elements specifically developed to address these targets. Ample time will be provided for participants to engage in a guided discussion on both approaches.

3:45 – 4:00 p.m. Tulum Terrace (JW Marriott)
Refreshment Break

4:00 – 6:00 p.m. Tulum D & E (JW Marriott)
Plenary Session III: NEW IDEAS ON THE TREATMENT OF EATING DISORDERS
Moderators: Jacqueline C. Carter, PhD, Toronto General Hospital, University of Toronto, Toronto, Canada; Drew Anderson, PhD, University at Albany (SUNY), Albany, New York, USA

Presentations:

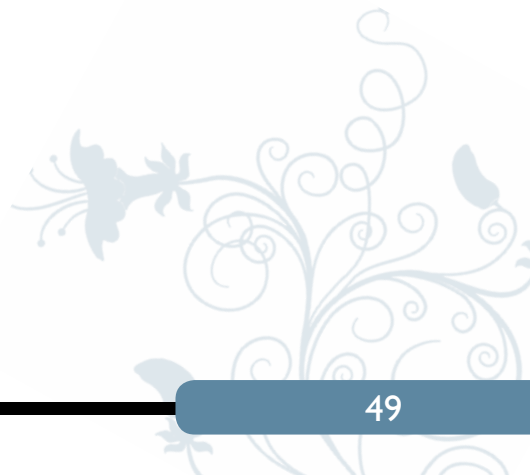
GUIDED SELF-HELP FOR RECURRENT BINGE EATING
Ruth Striegel-Moore, PhD, Wesleyan University, Connecticut, USA

HOW CAN WE USE COGNITIVE REMEDIATION IN THE TREATMENT OF ANOREXIA NERVOSA?
Kate Tchanturia, PhD, Institute of Psychiatry, King's College, London, UK

PARENT-TO-PARENT CONSULTATION IN THE MAUDSLEY MODEL OF FAMILY-BASED TREATMENT FOR ANOREXIA NERVOSA:A RANDOMIZED CONTROLLED TRIAL AND QUALITATIVE ANALYSIS
Paul Rhodes, PhD, University of Sydney, Sydney, Australia

Discussant
Marion P. Olmsted, PhD, Toronto General Hospital, University of Toronto, Toronto, Canada

7:00 – 10:00 p.m. Seaside Garden (JW Marriott)
Closing Social Event



Faculty List

Diann Ackard, PhD, FAED, Offices of Diann M Ackard, PhD, LP, LLC
 Rullina Acra, MD, Private Practice
 Drew Anderson, PhD, SUNY Albany
 Evelyn Attia, MD, Columbia Center for Eating Disorders
 J.Armando Barriguete-Melendez, MD, Instituto Nacional De La Nutricion Mexico
 Stephanie Bauer, PhD, Univ of Heidelberg
 Anne Becker, MD, Massachusetts General Hospital
 Carolyn Becker, PhD, FAED, Trinity Univ
 Ovidio Bermudez, MD, Laureate Psychiatric Clinic & Hospital
 Kerri Boutelle, PhD, Laureate Psychiatric Clinic & Hospital
 Timothy Brewerton, MD, DFAPA, FAED, Laureate Psychiatric Clinic & Hospital
 Judith Brisman, PhD, Eating Disorder Resource Center
 Kelly Brownell, PhD, Yale Univ
 Kenneth Bruce, PhD, Douglas Hospital
 Cynthia Bulik, PhD, FAED, Univ of North Carolina Chapel Hill
 Douglas Bunnell, PhD, The Renfrew Center
 Deb Burgard, PhD, Private Practice
 Tracie Burke, MEd,(cand), RD, Toronto General Hospital
 Simon Clarke, MBBS, FRACP, Westmead Hosp Dept of Adolescent Med
 Angelica Claudino, MD, PhD, Institute of Psychiatry, King's College London
 Laura Collins, MS, F.E.A.S.T.
 Frances Connan, PhD, MRCPsych CNWL Mental Health Ntts Trust
 Scott Crow, MD, FAED, Univ of Minnesota
 Sigrun Danielsdóttir, Cand. Psych Landspítali Univ Hospital
 Hilary Davies, MSc, Great Ormond Street Hospital
 Michael Devlin, MD, New York State Psychiatric Institute
 Holly Dickinson, BSc, RD, University Health Network, Toronto General Hospital
 Kristen Fay, MA, Eating and Weight Disorders Research Clinic, MGH
 Donna Friedman
 Josie Geller, PhD, St Paul's Hospital Eating Disorders Program
 Juanita Gempeler, CBT, Equilibrio Ltda
 Elizabeth Goddard, MSc, Institute of Psychiatry
 Leah Graves, RD, LD, FAED, Laureate Eating Disorders Program
 Kathleen Griffiths, PhD, Australian National University
 Emily Harper, MS, Princess Margaret Hospital for Children
 Jennifer Harriger, MS, University of New Mexico
 Phillipa Hay, MD, PhD, Foundation Chair of Mental Health
 Leslie Heinberg, PhD, Cleveland Clinic Lerner College of Medicine
 Hans Hoek, MD, Parnassia Psychiatric Institute
 Lisa Hoffman MSW(cand), RD, Toronto General Hospital
 Mimi Israel, MD, FRCP, FAED, Douglas Hospital Eating Disorders Program
 Joel Jahraus, MD, Eating Disorders Institute
 Rebecca James, MSW, Pi Beta Phi Fraternity
 Christiane Jolicoeur, BSc Douglas Institute
 Kelly Klump, PhD, FAED, Michigan State Univ Dept of Psychology
 Michael Kohn, FRACP, Adolescent Medical Unit
 Hans Kordy, PhD, Univ of Heidelberg
 Richard Kriepe, MD, Univ of Rochester Medical Ctr
 Yael Latzer, PhD, Haifa University
 Susann Laverty, PhD, University of Calgary
 Daniel le Grange, PhD, FAED, The Univ of Chicago
 Julie Lesser, MD, Methodist Eating Disorders Institute
 Michael Levine, PhD, FAED, Kenyon College
 Bruce Link, PhD, Columbia University
 Aimee Liu, MFA, Goddard College

Michael Lowe, PhD, Drexel University
 Margo Maine, PhD, FAED, Maine & Weinstein Specialty Group
 Deborah Mangham, MD, Methodist Hospital
 Marsha Marcus, PhD, Western Psychiatric Institute
 Laurel Mayer, MD, Columbia University/NYSPI
 Julie McCormack, MS, Princess Margaret Hospital for Children
 Traci McFarlane, PhD, Western Psychiatric Institute
 James Mitchell, MD, FAED, Neuropsychiatric Research Institute
 Amy Neeren, PhD, Haverford College
 Dasha Nicholls, MBBS, MD, Neuropsychiatric Research Institute
 Jennifer O'Dea, PhD, University of Sydney
 Anna Oldershaw, MSc, King's College London, Institute of Psychiatry
 Marion Olmsted, PhD, Toronto General Hospital
 Robert Palmer, FRCPsych, Univ of Leicester
 Carol Peterson, PhD, FAED, Univ of Minnesota
 Jorge Pinzon, MD, Alberta Children's Hospital
 Julie Potts, BS, Princess Margaret Hospital for Children
 Judith Rabinor, PhD, American Eating Disorder Institute
 Paul Rhodes, PhD, University of Sydney
 Jodie Richardson, BSc, McGill Univ
 Marvy Rieder, BA, FRSA marVie Foundation
 Susan Ringwood, BA, Hons BEAT
 Guillermina Rutzstein, PhD, Universidad De Buenos Aires
 Ulrike Schmidt, PhD, Maudsley Hospital
 Roberta Sherman, PhD, FAED, BCCHD
 Tomas Silber, MD, Children's National Medical Ctr
 Yigit Sirin, DDS, PhD, Istanbul University
 Reba Sloan, MPH, LRD, FAED, Private Practice
 Doris Smeltzer, MA, MFT, Andrea's Voice Foundation
 Grainne Smith, DipEd, NEEDS Scotland
 Josylyn Smith, BA, American Psychological Association
 Linda Smolak, PhD, Kenyon College
 Howard Steiger, PhD, FAED, McGill Univ/Douglas Hospital
 Joanna Steinglass, MD, Columbia University/NYSPI
 Ruth Striegel-Moore, PhD, Wesleyan Univ
 Kate Tchanturia, PhD, Cornell Univ Medical Center C/O Melanie Katzman
 Ron Thompson, PhD, BCCHD
 Debbie Tjeng, MSW, University Health Network- Toronto General Hospital
 Patrizia Todisco, MD, SPEDALI CIVILI BRESCIA
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 Kathryn Trottier, PhD, Cpsych University Health Network
 Eva Maria Trujillo, MD, Comenzar De Nuevo
 Piergiuseppe Vinai, MD, GNOSIS Research Group Studi Cognitivi Research Group
 Nora Volkow, MD, National Institute of Drug Abuse
 Kristin von Ranson, PhD, FAED, Univ of Calgary
 Ann Vosti, MD, Melrose Institute
 Tracey Wade, PhD, FAED, Flinders Univ
 Glenn Waller, DPhil, FAED, CNWL/King's College London
 B. Timothy Walsh, MD, FAED, Columbia Univ/NYSPI
 Hunna Watson, PhD, Centre for Clinical Interventions
 Kathryn Westin, MA, The Emily Program Foundation
 G. Terence Wilson, PhD, Rutgers Univ
 Susan Woda, MPA, Delta Delta Delta Fraternity
 Barbara Wolfe, PhD, Boston College Connell School of Nursing
 Stephen Wonderlich, PhD, Neuropsychiatric Research Institute
 Kelli Young, MEd, University Health Network- Toronto General Hospital
 Basak Yucel, MD, PhD, Istanbul Univ Istanbul Med Faculty
 Nancy Zucker, PhD, Duke Univ Medical Ctr

Exhibitor Directory

Alexian Brothers Behavioral Health Hospital

Booth Number: 110

1650 Moon Lake Blvd.
Hoffman Estates, IL 60169
Phone: +1-847-755-8058
E-mail: krissy.weik@abbhh.net
Web site: www.abbhh.org

Alexian Brothers Behavioral Health Hospital (ABBHH) is a freestanding, multi-specialty behavioral health hospital in Chicago's northwest suburbs. One area of specialization is Eating Disorders. The clinically based treatment program is a group-based, skills-based program using the Self-Regulatory Model. Patients are instructed how to recognize eating disorders/ self-destructive patterns and identify and use alternative coping skills to interrupt the unhealthy patterns. ABBHH is JCAHO and DASA accredited and meets the highest standards for mental health and substance abuse treatment.

Beau Cote Centre for Eating Disorders

Booth Number: 303

RR#1 AR-49
Bowen Island, BC V0N 1G0
Canada
Phone: +1-604-947-9003
Fax: +1-604-947-9503
E-mail: info@beaucote.ca
Web site: www.beaucote.ca

Beau Cote is committed to clinical excellence and cutting edge treatment. Our state-of-the-art programming fully integrates sound medical, psychiatric, and psychological protocols treating both eating disorders and co-occurring conditions. Dr. Laird Birmingham, Medical Director and international eating disorders specialist, Dr. Alexander Goumeniouk, Psycho-pharmacologist, and Dr. Beverley Richardson and Dr. Norma Benedict, Certified Eating Disorder Specialists, lead our multi-disciplinary treatment team. Beau Cote has been Awarded Three-Year CARF Accreditation, is Licensed under CCALA/CCFL-Vancouver Coastal Health Authority.

Cambridge Eating Disorder Center

Booth Number: 205

3 Bow St.
Cambridge, MA 02138
Phone: +1-617-547-2255
Fax: +1-617-547-0003
E-mail: seda@cedcmail.com
Web site: www.eatingdisordercenter.org

Cambridge Eating Disorder Center (CEDC) provides comprehensive continuum of care to individuals suffering from eating disorders. Its services include a 22 bed residential program

for females 16 years and older, Partial Hospital Program (PHP) for individuals 13 years and older and Intensive Outpatient Program (IOP) for individuals ages 13 and over, and outpatient services. CEDC is located in Cambridge, Massachusetts, and is accredited by the Joint Commission on Accreditation of Health Care Organizations (JCAHO).

Castlewood Treatment Center for Eating Disorders

Booth Number: 410

800 Holland Road
Ballwin, MO 63021
Phone: +1-636-386-6611
Fax: +1-636-386-6622
E-mail: jamie@castlewoodtc.com
Web site: www.castlewoodtc.com

Castlewood Treatment Center is nationally known for specializing in treatment of anorexia, bulimia, and compulsive overeating in a sanctuary-like setting. We provide a full continuum of care; including our residential program, stepdown program and intensive outpatient program. We offer specialized psychiatric care and in-house nutritionist. Unlike other treatment centers, we specialize in trauma-resolution therapies, and utilize Internal Family System therapy. Castlewood provides an individualized treatment approach tailored to meet the needs of each client.

Center for Change

Booth Number: 201

1790 North State Street
Orem, UT 84057
Phone: +1-801-224-8255
Fax: +1-801-224-8301
E-mail: tnoyes@centerforchange.com
Web site: www.centerforchange.com

Center for Change is committed to helping women break free and fully recover from eating disorders. Our multi-disciplinary approach leads women to a healthier, more balanced routine, restoring a sense of control and peace in their life. The Center's clinical staff help the client make the very important transitions from acute inpatient treatment, to residential care, and then to transitional day/partial or outpatient treatment as they are ready to progress on their journey to recovery. The Center is JCAHO accredited.

The Children's Hospital Colorado

Booth Number: 302

13123 E. 16th Ave, B-361

Aurora, CO 80045

Phone: +1-720-777-8347

Fax: +1-720-777-7312

E-mail: kelley.margaret@tchden.org

Web site: www.thechildrenshospital.org

The Children's Hospital Colorado has provided a comprehensive, multidisciplinary team approach for the treatment of eating disorders since 1988. We manage medically complicated patients (male and female) with severe eating disorders from ages 6-21. Our specialized multidisciplinary team focuses on the needs of children, adolescents, young adults and their families utilizing a family-centered approach which spotlights a parent-supported nutrition model. Services span all levels of care – inpatient eating disorders unit, PHP, IOP and outpatient clinic services.

Comenzar de Nuevo A.C.

Booth Number: 401

Av. Humberto Lobo 240-8

San Pedro Garza Garcia, N.L. 66220

Mexico

Phone: +52 811 340 0275

Fax: +52 818 129 4684

Comenzar de Nuevo A.C. is a non-profit organization founded in Monterrey, Mexico since August 1999, with the purpose of education, prevention and treatment of Eating Disorders. We offer the best options for treatment through a multidisciplinary team of bilingual professionals highly specialized in Eating Disorders. We follow a therapeutic model based on scientific evidence that integrates individual, group, family and couple therapies, designed for every patient. We strive for people to have a better quality of life.

CRC Health Group ED Programs

Booth Numbers: 209 / 210

6185 Paseo del Norte, Suite 150

Carlsbad, CA 92011

Phone: +1-919-606-6099

Fax: +1-919-293-0013

E-mail: jholland@crchealth.com

Web site: www.crchealth.com

Supporter: Silver

CRC Health Group's Eating Disorders Programs set the standard of excellence in the treatment of eating disorders through providing quality care and a choice of providers. Our unique and intimate facilities, located throughout the United States, provide individuals with a variety of treatment options focusing on their individual needs. Our residential facilities are located in home-like settings with scenic and peaceful surroundings. Programs are

designed to be collaborative and patient-driven with an emphasis on self-responsibility and self-awareness utilizing skills based treatment for life-time recovery.

We firmly believe that successful recovery can only be measured by how well our residents return to their daily lives upon discharge from treatment. We provide a system of services that support and encourage the lowest possible relapse rates, promoting healthy lifestyle choices and the tools necessary for long term recovery.

We currently offer eating disorder treatment at the following residential facilities: Carolina House – Durham, North Carolina www.carolinaeatingdisorders.com, Center for Hope of the Sierras – Reno, Nevada www.centerforhopeofthesierras.com and Montecatini – Carlsbad, California www.montecatinieatingdisorder.com. Additionally, we offer eating disorders treatment at these CRC facilities: Life Healing Center – Sante Fe, New Mexico www.life-healing.com, Sierra Tucson – Tucson, Arizona www.sierratucson.com and The Victorian of Newport Beach – Newport Beach, California www.eatingdisordertreatment.com. For more information on our programs and services, contact the CRC National Resource Center at +1-866-540-5240 or visit our Web site at www.crchealth.com.

Discovery Practice Management

Booth Number: 309

4281 Katella Ave., Suite 111

Los Alamitos, CA 90720

Phone: +1-800-760-3934

E-mail: elizabeth.rock@centerfordiscovery.com

Web site: www.centerfordiscovery.com

Center for Discovery the premier adolescent residential treatment program specializing in eating disorders and dual-diagnosis. We treat both male and female adolescent's ages 10 and 19 in beautiful residential settings. Our facilities are located in Whittier, Downey, Lakewood, La Habra, Long Beach, and Menlo Park, California. Our newest program, Oceanaire, specializes in the treatment of young adult women with eating disorders and is nestled in Palos Verdes, California. Discovery Practice accepts insurance and is JCAHO Accredited.

Eating Disorder Center of Denver

Booth Number: 304

950 S. Cherry St., Suite 1010
 Denver, CO 80246
 Phone: +1-720-889-4234
 Fax: +1-720-889-4258
 E-mail: kwalters@edcDenver.com
 Web site: www.edcDenver.com

Eating Disorder Center of Denver (EDC-D) offers help and hope through the best of conventional and integrative therapies for patients and family members affected by anorexia, bulimia and binge eating disorders. Services include a cost-effective partial hospitalization program, with available housing, and an evening intensive and outpatient programs. A strong team of physicians, clinicians, experiential therapists, family therapists and dietitians work together to match each patient's motivation and change style to the appropriate treatment modality.

Eating Recovery Center

Booth Number: 109

1830 Franklin Street, Suite 500
 Denver, CO 80218
 Phone: +1-877-825-8584
 Fax: +1-303-825-8585
 E-mail: info@eatingrecoverycenter.com
 Web site: www.eatingrecoverycenter.com

At Eating Recovery Center Doctors Ken Weiner and Rick Bishop are committed to making treatment a *life restoring* event. Our continuum of care enables us to guide patients through each stage of recovery to wellness. Eating Recovery is the result of years of meticulous preparation, combining an integrated approach that includes medical treatment, behavioral support, family counseling, nutritional guidance and other essentials that provide patient's with the tools they need to maintain a long-term recovery.

F.E.A.S.T. (Families Empowered And Supporting Treatment of Eating Disorders)

Booth Number: 202

25 Cayuga Court
 Averill Park, NY 12018
 Phone: +1-518-248-0385
 Fax: +1-518-674-5953
 E-mail: mbphase2@yahoo.com
 Web site: www.feast-ed.org

F.E.A.S.T. was formed in early 2008 by an advisory board of parents who are currently supporting or have supported their loved ones to recovery.

It is an organization of and for parents and caregivers to help loved ones recover from eating disorders by providing information and mutual support, promoting evidence-based treatment, and advocating for research and education to reduce the suffering associated with eating disorders. Visit us at: www.feast-ed.org.

Fundación Ellen West

Booth Number: 105

Carretera México-Toluca 3847 Km. 20.5
 Cuajimalpa de Morelos, México DF,
 C.P. 05000 Mexico
 Phone: +55 5812 0877
 E-mail: comunicacion@ellenwest.org
 Web site: www.ellenwest.org

Founded in 1998, Ellen West is the Mexican Foundation against Anorexia and Bulimia and the first specialized treatment center for eating disorders in Mexico. Our mission is to provide the best multidisciplinary treatment for people who suffer from eating disorders regardless of their financial means, as well as the creation of awareness about such diseases. Our main objectives are to educate, develop research, train specialists, create a volunteer network, and to implement prevention programs.

Laureate Eating Disorders Program

6655 S. Yale Avenue
 Tulsa, OK 74136
 Phone: +1-918-491-5775
 Fax: +1-918-491-3765
 E-mail: lmrillo@saintfrancis.com
 Web site: www.eatingdisorders.laureate.com

The Laureate Eating Disorders Program is entering its twentieth year of operation under the leadership of Craig Johnson, PhD, and Ovidio Bermudez, M.D. It is internationally recognized as a Center for Excellence in treatment and research. Laureate provides acute, residential, and partial levels of care. Magnolia House, our transitional living home, offers a no-cost thirty day stay for those who complete treatment. Laureate provides complete outpatient services, including medication management, psychotherapy, and nutritional counseling.

Supporter: Traditional

Lindner Center of HOPE

Booth Number: 108

4075 Old Western Row Road
 Mason, OH 45040
 Phone: +1-513-536-0721
 Fax: +1-513-536-0709
 E-mail: anna.guerdjikova@lindnercenter.org
 Web site: www.lindnercenterofhope.org

The Harold C. Schott Foundation Eating Disorder Program at the Lindner Center of HOPE is a not-for-profit treatment and research program affiliated with the University of Cincinnati. We are located on a beautiful 39 acre campus in Mason, Ohio. Inpatient and outpatient treatment for adolescent and adult patients with anorexia nervosa, bulimia nervosa, binge eating disorder and related mental health concerns is provided by a multidisciplinary team of specialists. For information, please visit <http://www.lindnercenterofhope.org/PatientCare/SpecialtyTracks/EatingDisorders/tabid/196/Default.aspx>

McCallum Place**Booth Number: 101**

231 W. Lockwood Avenue, Suite 201

St Louis, MO 63119

Phone: +1-314-968-1900

Fax: +1-314-968-1901

E-mail: jenkamer@mccallumplace.com

Web site: www.mccallumplace.com

McCallum Place provides comprehensive medical and psychiatric care, specialized psychotherapies and nutritional support for patients with eating disorders. Our state-of-the-art treatment, which integrate the latest findings from eating disorders research with experienced clinical practice, are designed to create an environment of structure and support. We offer programs that address each type of need from intensive, 24-hour care to intensive outpatient and day programs, and are in network with Blue Cross Blue Shield, Aetna and Mercy.

MeritCare Health System**Booth Number: 308**

100 4 Street South, Suite 204

Fargo, ND 58103

Phone: +1-701-234-4088

Fax: +1-701-234-4130

E-mail: cyndy.skorick@meritcare.com

Web site: www.meritcare.com

The Eating Disorders Institute (EDI), located in Fargo, North Dakota, has a notable history of important research and successful treatment for eating disorders. Led by co-directors Stephen Wonderlich, Ph.D and James Mitchell, M.D., EDI is a cooperative program formed by MeritCare Health System, The Neuropsychiatric Research Institute and the University of North Dakota School of Medicine & Health Sciences. EDI brings together leading experts to evaluate, treat and conduct research at the outpatient, inpatient, and partial levels of care.

Oliver-Pyatt Centers**Booth Number: 302**

6150 SW 76th Street

South Miami, FL 33143

Phone: +1-305-6631738

Fax: +1-305-663-1876

E-mail: woliver@oliverpyattcenters.com

Web site: www.oliverpyattcenters.com

The Oliver-Pyatt Centers' programs are tailored to meet the unique needs of each client. We address the core issues driving the eating disorder, while providing the tools needed to live a meaningful life, free from food and weight preoccupation. Individual therapy is the cornerstone of effective eating disorder treatment, and the primary reason to choose the Oliver-Pyatt Centers. We incorporate state of the art approaches, guided by our compassionate multi-disciplinary treatment team.

Park Nicollet Melrose Institute**Booth Number: 301**

3525 Monterey Avenue S

St. Louis Park, MN 55416

Phone: +1-952-993-6200

E-mail: schalc@parknicollet.com

Web site: www.parknicollet.com/eatingdisorders

Supporter: Gold

Park Nicollet Melrose Institute (formerly Methodist Hospital Eating Disorders Institute) is healing eating disorders together with patients and families. We customize care to meet diverse patient needs with our revolutionary Melrose Institute treatment model. We offer inpatient, residential and four outpatient levels for children and adults. Our new building – specially designed for eating disorders treatment – opens March 16 in St. Louis Park, Minn. Please join us for our grand opening celebration on Thursday, May 21. Discover more at parknicollet.com/eatingdisorders.

Puente de Vida**Booth Number: 106**

P.O. Box 86020

San Diego, CA 92138

Phone: +1-858-452-3915

Fax: +1-858-452-1798

E-mail: cschaefer@puentedevida.com

Web site: www.puentedevida.com

Puente de Vida offers residential, partial and intensive outpatient eating disorder treatment for ages 15 and up. Our multi-disciplinary team specializes in complex co-morbidity. Our six bed residential program, located in La Jolla, California, provides medical and nutritional restoration and extinguishes compensatory behaviors of an eating disorder through the internalization of the program structure and support. We utilize group, individual and family therapy, CBT/DBT, meal support, imagery and trauma therapy. New skills acquired are reinforced in the PHP /IOP program.

Rader Programs**Booth Number: 207**

26560 Agoura Road, Suite 108

Calabasas, CA 91302

Phone: +1-800-841-1515 ext. 219

Fax: +1-818-880-3750

E-mail: rader@raderprograms.com

Web site: www.raderprograms.com

The treatment staff at Rader Programs has been providing eating disorders treatment for over 25 years. Our mission is to help save the lives of those suffering from these devastating disorders. We recognize the complexity of eating disorders and understand the emotional, physical, nutritional, exercise, family and social components. Our treatment approach is centered on the special needs of each individual and we provide a nurturing, supportive environment to help individuals achieve recovery.

Reasons Eating Disorder Center@BHC Alhambra Hospital

Booth Number: 403

4619 Rosemead Blvd

Rosemead, CA 91770

Phone: +1-626-592-6903

Fax: +1-626-270-4226

E-mail: nichole.damiani@psysolutions.com

Web site: www.bhcalhambrahospital.net/reasons

We offer intensive eating disorder treatment in four programs: inpatient, residential, partial hospitalization, and intensive outpatient for males and females ages 12 and older. Each program is designed to treat eating disorders and co-existing concerns such as anxiety, depression, compulsive disorders, and chemical dependency. Our multidisciplinary team includes a psychiatrist, psychologists, therapists, dietitians, nurses and support staff. We accept most major managed healthcare and medical insurance plans and offer affordable payment arrangements. 1.800.235.5570. www.bhcalhambrahospital.net/reasons.

Remuda Ranch

Booth Number: 405

One East Apache Street,

Wickenburg, AZ 85390

Phone: +1-928-684-4508

Fax: +1-928-684-4507

E-mail: Karen.jones@remudaranch.com

Web site: www.remudaranch.com

Remuda Ranch provides intensive inpatient and residential programs for eating and anxiety disorders. Since 1990, we have treated nearly 9,000 patients of all beliefs through our Christian programs. Age-appropriate care for women and girls, and a separate program for boys, help patients find hope, healing and embrace life. Utilizing the highly effective Remuda Model of Treatment, 95% of our patients remain in recovery one, five and ten years after treatment. For additional information call +1-800-445-1900.

The Renfrew Center

Booth Number: 102

475 Spring Lane

Philadelphia, PA 19128

Phone: +1-800-736-3739

Fax: +1-215/482-7390

E-mail: info@renfrewcenter.com

Web site: www.renfrewcenter.com

The Renfrew Center has been a pioneer in eating disorder treatment and research since 1985. Over 50,000 women have passed through its doors and The Renfrew Center Foundation has trained nearly 20,000 professionals. The Renfrew Centers accept

most insurance and provide a comprehensive range of services in Pennsylvania, Florida, New Jersey, New York, Connecticut, North Carolina, Tennessee and Texas. For additional information about Renfrew programs and services, call 1-800-RENFREW or visit www.renfrewcenter.com

River Oaks Hospital

Booth Number: 204

1525 River Oaks Road West

New Orleans, LA 70123

Phone: +1-800-598-2040

Fax: +1-229-249-0903

E-mail: barbara.bolongaro@uhsinc.com

Web site: www.riveroakshospital.com

The Eating Disorders Treatment Center is committed to an eclectic approach which concurrently addresses physical and mental health problems. The treatment goal of the multidisciplinary treatment team is to enable patients to work through the conflicts and issues underlying their eating disorder by identifying, addressing, and relieving the psychological underpinnings and aberrant behaviors simultaneously. Therapies include (but are not limited to) CBT, DBT, and insight oriented psychotherapy.

Rogers Memorial Hospital

Booth Number: 307

34700 Valley Road,

Oconomowoc, WI 53066

Phone: +1-800-767-4411

Fax: +1-262-646-9771

E-mail: lschwechel@rogershospital.org

Web site: www.rogershospital.org

Rogers Memorial provides 24-hour inpatient care, residential treatment and partial hospitalization for men, women, adolescents, and children (8 and up). We also offer specialized care for co-occurring anxiety disorders using CBT and ERP. Treatment is comprised of small, age-specific groups yielding the most individualized treatment possible. Rogers Memorial is a specialty not-for-profit hospital that has contracts with most major insurance providers to deliver high quality, yet affordable care. For more info, stop by our booth!

Rosewood Ranch

Booth Number: 107

36075 S.Rincon Road,
Wickenburg, AZ 85390
Phone: +1-928-684-9594
Fax: +1-928-684-9562
E-mail: debhughes@rosewoodranch.com
Web site: www.rosewoodranch.com

Rosewood is a 24 bed inpatient program combined with a 20 bed extended care facility designed to treat both male and female adults 18 and older who are suffering from anorexia, bulimia, compulsive overeating and related disorders. Rosewood is nestled in an intimate setting in the beautiful foothills of the Sonoran Desert Mountains. Our multidisciplinary team applies an integrative approach utilizing various treatment modalities and activities to ensure the best care for each patient. Most insurance accepted.

Timberline Knolls

Booth Number: 208

40 Timberline Drive,
Lemont, IL 60439
Phone: +1-877-257-9611
Fax: +1-630-257-9708
E-mail: dvaughan@timberlineknolls.com
Web site: www.timberlineknolls.com

At Timberline Knolls, we believe every woman has the potential to be the best she can be, even if she's been affected by an eating disorder, addiction, self-harming or other destructive behavior. At our innovative residential treatment center on 43 beautiful acres just outside of Chicago, we use an individualized, strengths-based approach to help create emotionally strong, responsible, radiant women who overcome problems, believe in themselves and have the ability to thrive in the real world.

Westwind Eating Disorder Recovery Center

Booth Number: 203

458 14th St.
Brandon, MB R7A4T3
Canada
Phone: +1-204-728-2499
Fax: +1-204-571-6708
E-mail: lynne@westwind.mb.ca
Web site: www.westwind.mb.ca

Westwind eating disorder recovery centre offers a small residential program in a caring and supportive environment with a comfortable home-like setting. Our unique programs, developed collaboratively with each client, emphasize individualized treatment with one to one counselling every day, as well as three group counselling sessions daily facilitated by our highly qualified staff

using evidence-based therapies. Westwind ensures that you are a full partner in your journey back to health, after all this is your recovery!

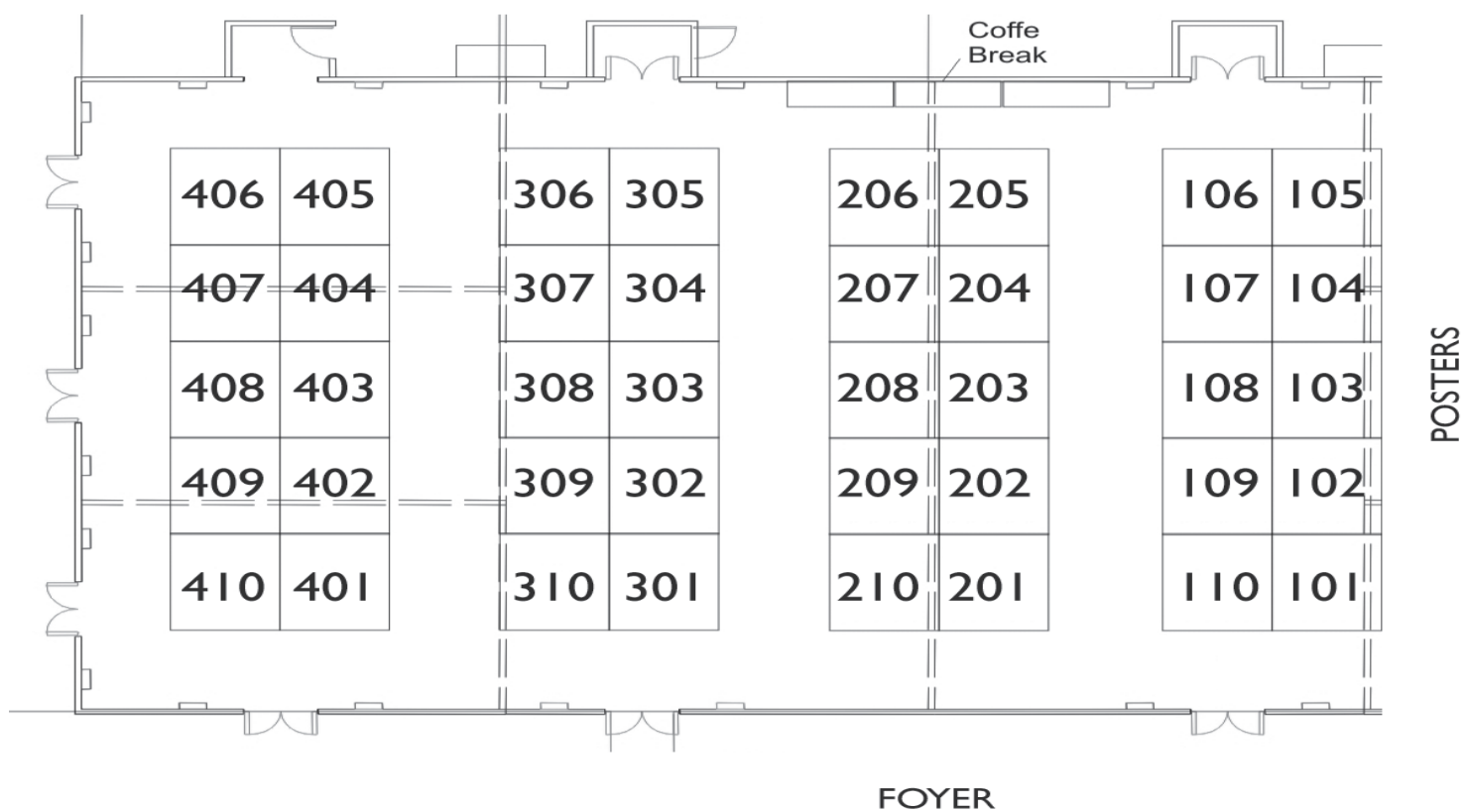
Wiley-Blackwell

Booth Number: 310

111 River St
Hoboken, NJ 07030
Phone: +1-800-434-3422
Fax: +1-800-597-3299
E-mail: orders@wiley.com
Web site: www.wiley.com

Wiley-Blackwell, the scientific, technical, medical and scholarly publishing business of John Wiley & Sons, publishes on behalf of more societies and membership associations than anybody else and offers libraries and individuals 1250 online journals, thousands of books in print and online, reviews, reference works, databases, and many other innovative resources for teaching and learning, including across the social sciences and humanities.

Exhibit Hall Floor Plan

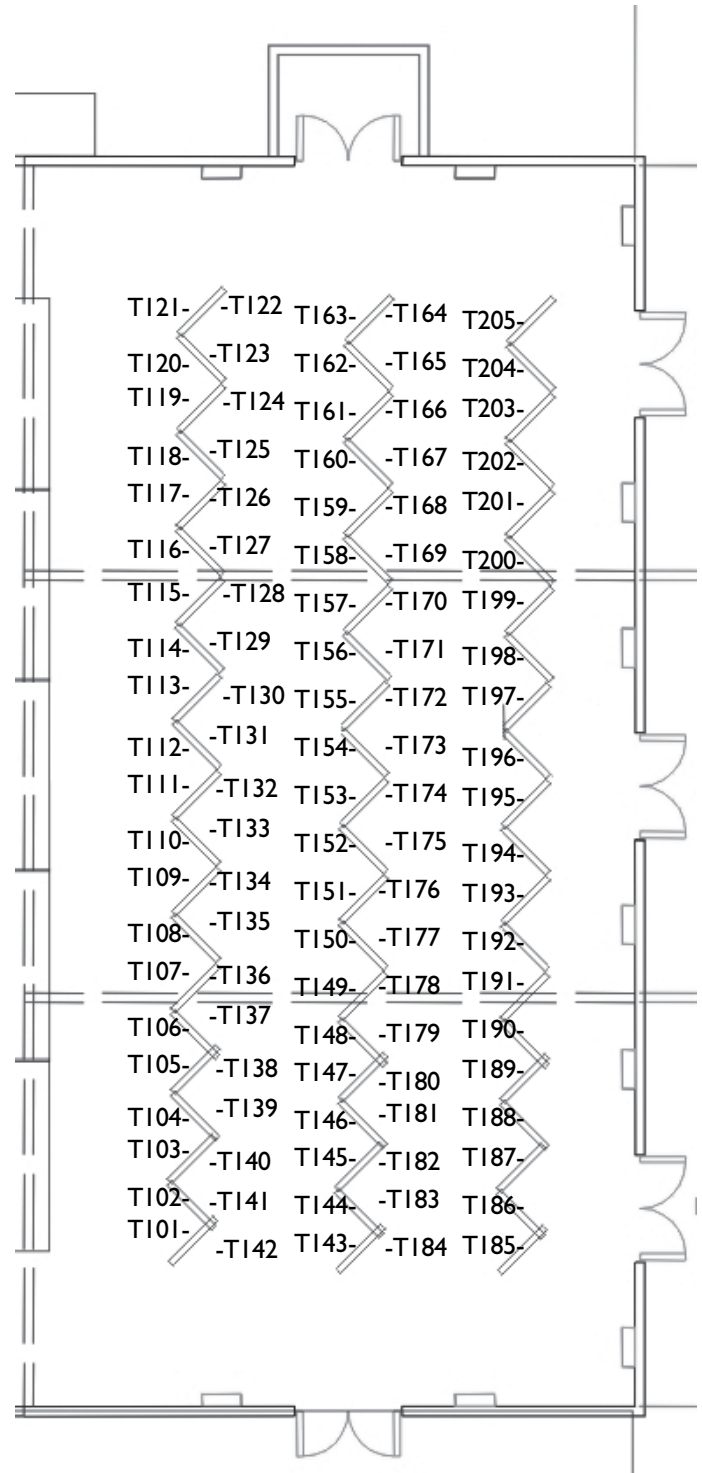
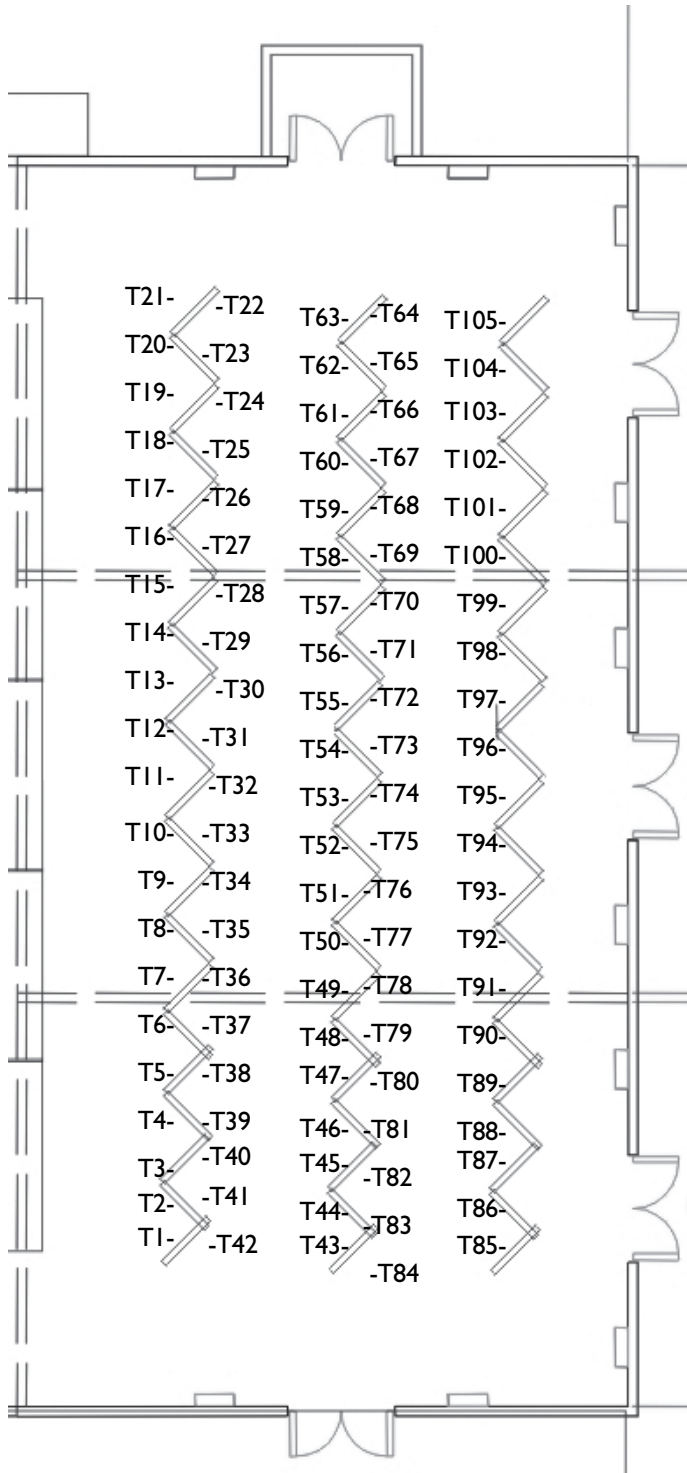


Poster Session I Floor Plan

Thursday, April 30

Poster Session II Floor Plan

Friday, May 1 & Saturday, May 2





Membership Application

I am applying for membership as: Regular Affiliate Student

Name (First/Given) _____ (Last/Family) _____ Credentials _____

Female Male

Organization _____

Address _____

City _____ State/Province _____ ZIP/Postal Code _____

Country _____

Phone (Business) _____ Fax _____ E-mail _____

Professional Information

Highest Degree: _____

Discipline:

Dietetics/Nutrition Nursing Psychology Exercise Physiology Counseling Primary Medicine
 Marriage/Family Therapy Psychiatry Social Work Physician/Pediatrician Other (specify) _____

Institutional Affiliation: _____

Do you see patients or accept clinical referrals? Yes No

If someone referred you to AED, please indicate his/her name _____

List memberships in other professional organizations: _____

Are you a member of an AED sister organization? If so which one? _____

Are you interested in learning about or joining a SIG? Yes No

For a complete listing and description of current SIGs, visit www.aedweb.org.

Practice Parameters (check all that apply)

I see: Children Adolescents Adults All ages Families
 My practice is: Outpatient Inpatient/residential Residential Both Other (specify): _____

Payment Information (Please see the AED dues chart to find the dues amount for your membership type and nation of residence.)

Membership year is **January 1 through December 31**. Dues are billed on a calendar year, not anniversary. Dues are not prorated.

Journal subscribers will receive back issues for the months prior to the join date of that membership year.

AED is pleased to introduce an "Introductory Membership" category, available to new members to the AED. The Introductory Membership is a one-year reduced rate to members who are new to the AED, or those coming back to the AED after a hiatus of 5 years or longer. Introductory Members will be able to access the *International Journal of Eating Disorders* and *AED Forum* Newsletter, be able to hold office positions and vote on AED issues, and be eligible for reduced conference registration fees. Please see the 2009 Dues Table for the fee schedule for this new membership category.

Based on past dues increases, members who renew for 2 or 3 years could save as much as 15% by locking in their rate. Pay now and avoid future dues increases. Yes! Sign me up for: 1 year 2 years 3 years

Check (make payable to the Academy for Eating Disorders in US funds)

VISA MasterCard American Express

Payment Enclosed: \$ _____

Card Number _____ Expiration Date _____

Credit Card Billing Address (if different from above) _____

Signature _____

Mail or fax payment to:

Academy for Eating Disorders • 36841 Treasury Center • Chicago, IL 60694-6800 • Fax: 847/480-9282

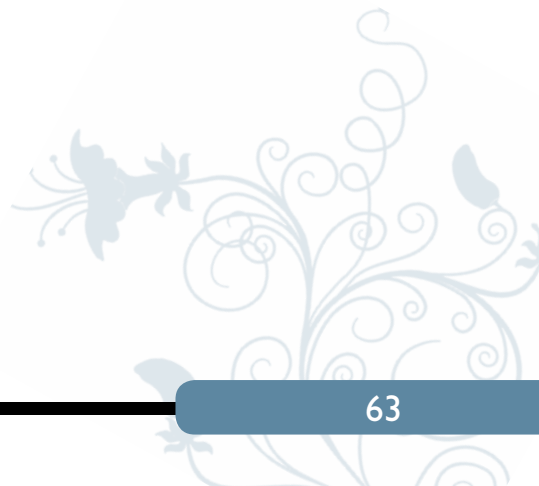
Dues Table

In order to reflect the international nature of our organization's mission and membership, AED used a tiered dues structure with dues levels based on economic indicators which the World Bank applies in order to evaluate all nations. This structure recognizes the impact of varying economic conditions on the relative cost of AED membership to each individual.

The table below shows a listing of dues according to a member's nation of residence and membership category selected:

Nations designated by the World Bank as "low income" or "lower middle income"			
Afghanistan, Albania, Algeria, Angola, Armenia, Azerbaijan, Bangladesh, Belarus, Benin, Bhutan, Bolivia, Bosnia-Herzegovina, Brazil, Bulgaria, Burkina Faso, Burundi, Cambodia, Cameroon, Cape Verde, Central African Republic, Chad, Colombia, Comoros, Congo (Democratic Republic), Congo (Republic), Cote d'Ivoire, Cuba, Democratic Republic of Korea, Djibouti, Dominican Republic, Ecuador, Egypt, El Salvador, Equatorial Guinea, Eritrea, Ethiopia, Federated States of Micronesia, Fiji, Gambia, Georgia, Ghana, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, India, Indonesia, Iran, Iraq, Jamaica, Jordan, Kazakhstan, Kenya, Kiribati, Kyrgyz Republic, Lao PDR, Lesotho, Liberia, Macedonia, Madagascar, Malawi, Maldives, Mali, Marshall Islands, Mauritania, Moldova, Mongolia, Morocco, Mozambique, Myanmar, Namibia, Nepal, Nicaragua, Niger, Nigeria, Pakistan, Papua New Guinea, Paraguay, Peoples Republic of China, Peru, Philippines, Romania, Russian Federation, Rwanda, Samoa, Sao Tome and Principe, Senegal, Serbia and Montenegro, Sierra Leone, Solomon Islands, Somalia, South Africa, Sudan, Suriname, Swaziland, Syrian Arab Republic, Tajikistan, Tanzania, Thailand, Timor-Leste, Togo, Tonga, Tunisia, Turkey, Turkmenistan, Uganda, Ukraine, Uzbekistan, Vanuatu, Vietnam, West Bank and Gaza, Yemen, Zambia, Zimbabwe			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$180	\$180	\$143
without journal subscription	\$124	\$124	\$47
Nations designated by the World Bank as "upper middle income"			
American Samoa, Antigua and Barbuda, Argentina, Barbados, Belize, Botswana, Chile, Costa Rica, Croatia, Czech Republic, Dominica, Estonia, Gabon, Grenada, Hungary, Latvia, Lebanon, Libya, Lithuania, Malaysia, Mauritius, Mayotte, Mexico, Northern Marianna Island, Oman, Palau, Panama, Poland, Saudi Arabia, Seychelles, Slovak Republic, St. Kitts and Nevis, St. Lucia, Trinidad and Tobago, Uruguay, Venezuela			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$222	\$222	\$143
without journal subscription	\$126	\$126	\$47
Nations designated by the World Bank as "high income"			
Andorra, Aruba, Australia, Austria, Bahamas, Bahrain, Belgium, Bermuda, Brunei, Cayman Islands, Channel Islands, Cyprus, Denmark, Faeroe Islands, Finland, France, French Polynesia, Germany, Greece, Greenland, Guam, Hong Kong, Iceland, Ireland, Isle of Man, Israel, Italy, Japan, Kuwait, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, Netherlands Antilles, New Caledonia, New Zealand, Norway, Portugal, Puerto Rico, Republic of Korea, Qatar, San Marino, Singapore, Slovenia, Spain, Sweden, Switzerland, United Arab Emirates, United Kingdom, U.S. Virgin Islands			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$269	\$269	\$159
without journal subscription	\$173	\$173	\$63
Members from the North America (U.S. and Canada) pay dues as follows:			
	Regular/Affiliate Members	Fellows	Student Members
Includes journal subscription	\$225	\$225	\$109
without journal (students only)			\$53

*New member introductory rate: \$180 with journal. Please note requirements on application.





ACADEMY FOR EATING DISORDERS
111 DEER LAKE ROAD, SUITE 100
DEERFIELD, IL 60015 USA

FUTURE DATES

2010

**International Conference
on Eating Disorders**

June 10 – 12, 2010

Clinical Teaching Day

June 9, 2010

**Salzburg Congress and
Sheraton Salzburg**

Salzburg, Austria

2011

**International Conference
on Eating Disorders**

May 5 – 7, 2011

Clinical Teaching Day

May 4, 2011

InterContinental Miami

Miami, FL USA

2012

**International Conference
on Eating Disorders**

May 3 – 5, 2012

Clinical Teaching Day

May 2, 2012

Hilton Austin

Austin, TX USA

The logo for the International Conference on Eating Disorders (ICED) features the letters 'ICED' in a large, bold, blue font, followed by a large, stylized number '9'. The '9' is decorated with intricate, light blue floral and vine patterns. Below the 'ICED' text, the words 'INTERNATIONAL CONFERENCE ON EATING DISORDERS' are written in a smaller, blue, sans-serif font.

ICED
INTERNATIONAL CONFERENCE ON EATING DISORDERS