



RONHILL

Autumn/Winter 2019



Two top awards for three consecutive years -
2016, 2017 and 2018

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***“Just get your kit on, step out the door. You’ll be as right as rain.”
Dr. Ron Hill***

*An inspirational founder, Dr. Ron Hill, and our home, the industrial North of England, have made us what we are today.
For almost 50 years we’ve been putting the miles in - but It’s not something we make a song and dance about.*

We prefer to focus on expertly crafting faultless running gear, we owe that much to every runner out there pushing themselves. Running is pure, simple, unpretentious and deeply human. You become a runner by running - that’s it. Put one foot in front of the other and go. Then it’s just a question of will; legs and minds versus miles. A glorious, stubborn pursuit of better.

Like our founder, we define ourselves by our dedication to running and our unstoppable, daily hunt for improvement. Our testers have run thousands and thousands of miles over the years, and every stride of their insight and expertise lives in our gear. We’re aware there are other sports, but we have no interest in them. All our energy goes into continuing Ron’s legacy - forging the best kit we can for the purest sport there is.

A man and a woman are standing in a doorway, looking towards the camera. The man is in the foreground, wearing a dark jacket, and the woman is slightly behind him, also in athletic wear. The background is a brightly lit interior space.

Running is far more than just your run.

Our sport isn't just a bit of physical exercise. Running is everything; an escape, a release, a way to find time to think and feel, an opportunity to spend time with friends, a rewarding journey of improvement.

A commute into work through biting cold sets you up for whatever anyone can throw at you. Contacts made at a weekend parkrun can become friends for life. If you've set your sights on a big spring race, winter miles will give you the strength to meet your target. The rituals of stretching, conditioning, recording to an app, and social sharing all play their part in helping runners run.

Whatever type of runner you are, our AW19 collection has gear for you. Building on Dr. Ron Hill's pioneering legacy, our relentless pursuit of excellence has developed products which expertly answer the varied needs of today's runners.

Cutting edge reflectivity, innovative insulation, technical legwear, and fit for purpose design and fabrics prove that we still lead the pack after almost 50 years - the only UK specialist running brand. Every bit of technology we use stays true to our purpose and roots, to make exceptional, effective kit dedicated to runners.

Women's Infinity

Running isn't something we do, it's part of what we are, what makes us, us. Everyday. In all weathers. Over all terrains. Kit for those with a never-ending commitment. Going further. Going again. Forever.



RH-004426 UPDATED

Women's Infinity Nightfall jacket

A wolf in wolf's clothing. The Nightfall Jacket is in its element when things get serious.

For those of you that train to beat your best, even in the worst weather and the darkest conditions, the Nightfall Jacket is engineered to keep you unstoppable. The soft, quiet, premium Aqualite fabric is breathable, waterproof and windproof. The seams are fully taped - the hood is snug and secure, even when you're at full pace.

Ever since Dr Ron Hill pioneered the first waterproof jacket specifically for runners we've understood relentless improvement. This generation of the high-performance Nightfall jacket is at the cutting edge of reflectivity. High quality heat transfer strips at the top of the jacket offer all round reflectivity in a standout rainbow iridescent pattern - you'll be seen from all angles.

The sleek, understated look of the jacket offers versatility. A secure pocket with an internal key loop and a neat venting tab behind the front zip are the finishing touches.

This is the only jacket we produce that is both fully waterproof and super reflective.

We have carefully selected a premium Japanese fabric that is soft and quiet, with a 2.5 layer hydrophilic laminate providing high levels of waterproofing and breathability.



Grow-on hood

Super reflective

Secure pocket

Venting tab

R954
Black/Reflect

- Waterproof
- Windproof
- Breathable
- Super reflective
- Hydrostatic head 20,000 j/s-11092
- Breathability (Moisture permeability) 20,000 j/s 1099b-1
- Grown on hood
- Secure pocket
- Loop for key attachment
- Venting tab

Size: 6 - 16

Weight: 209g

Fibre content: 100% Polyamide







R954
Black/Reflect

RH-004427 **UPDATED**

Women's Infinity Nightfall Tight

The perfect partner to the Nightfall jacket for when things get serious.

Engineered for those whose commitment to running is as close to a religion as many will get. These are the tights that are going to get you out training and keep you ahead of the chasing pack.

These tights are a highly technical. They hug your tired muscles and move with you in full flow. The iridescent reflectivity will keep you seen from the road by spectators whose weekly mileage is clocked in the car and not on the pavements.

- Breathable
- Super reflective
- Skin fit
- Stretch for added movement
- Secure pocket
- Ankle zips

Size: 6 - 16

Weight: 220g

Fibre content: 91% Polyamide, 9% Elastane



RH-00586
Blackberry/Aquamint



RH-00307
Hot Pink/Charcoal

RH-003638 NEW COLOURS

Women's Infinity Fortify Jacket

To make a truly brilliant waterproof running jacket you need a perfect storm.

Firstly Dr Ron Hill MBE. A trailblazer, not just on the track but in the design of running clothing. To become the best you have to endure the worst and Ron quickly realized this whilst training to break records.

Secondly Manchester. The centrepiece of textile innovation that became known as Cottonopolis. The city and surrounding towns were thriving with the knowledge and expertise that Ron took full advantage of.

Finally rain. This is to Manchester like the sun is to California.

Situated west of the Pennines and close to the Irish sea, the constant scattering of rain makes Manchester the perfect place to design and test jackets.

40 years ago the perfect storm happened to produce the first fully waterproof running jacket. Since that day this jacket has done the miles - just like the runners code, the more miles you cover the better you become. You find small improvements and details that make the difference. The Fortify is the result of forty years work.

Winter weather is prone to change from one mile to the next, which can expose your choice of kit. The Fortify has the perfect sweet spot between breathability and water protection. The balance of the two will stop you from overheating and keep you dry when the rain arrives.

Its worth noting that heavy legs are bad enough without carrying extra weight - that's why we constructed this jacket in a lightweight 15-denier polyamide fabric. The jackets fully adjustable hood molds to your head giving you an un-obstructive view and stopping rain from getting in.

Finally, there's nothing worse than icy cold hands. The front chest pocket is the place to stash a pair of merino gloves for when you need them.

- Waterproof
- Windproof
- Breathable
- Reflective trim
- Relaxed fit
- Aqualite fabric
- Adjustable hood. Hydrostatic head 30,000 j/s 1092. Moisture permeability 35,000 j/s 1099-b1.
- Secure pocket with internal fob pocket including key hook
- Venting tab

Size: 6 - 16

Weight: 198g

Fibre content: 100% Polyamide

RH-004256 **NEW**

Women's Infinity Merino 1/2 Zip Tee

The Infinity Merino 1/2 Zip Tee is designed with winter in mind and is our product of choice to layer up with under your jacket.

This tee features Tech Merino - our premium 50/50 merino and polyester blend that offers numerous benefits.

Runners go through many highs and lows during a long run and one of them will be your body temperature. Merino has a unique quality, which will help lower your temperature when you start to overheat and warm you up when your temperature is low. To put this to test we handed this over to our ambassador in Canada who ran over 200km in Winnipeg and Cold Lake in temperatures ranging from +5c to -27c. The feedback was that in the colder temperatures it was a perfect layering piece with the Stride Winter Gilet or an Infinity Fortify jacket.

Our sub-zero hero said that the tech merino was "very likely the best winter running top that I have ever worn".

Merino isn't just about temperature regulation. The natural fibres of the wool are smoother and finer than others making it soft next to the skin.

Merino has the additional benefit of being anti-microbial which makes it odour resistant.

Additionally our Tech Merino has higher strength and increased abrasion resistance for better durability.

- Fibre blend of natural merino wool and synthetic polyester
- Lightweight
- Soft with a quality wicking treatment
- Quick drying
- Breathable
- Naturally anti-microbial and odour resistant
- Thumb loops
- Reflective

Size: 6 - 16

Weight: 167g

Fibre content: 50% Wool (Merino), 50% Polyester

Anti-microbial

*Tech Merino-
Merino/Polyester
50/50 blend*

Odour resistant

Reflective tab

Thumb loops



RH-00323
Grey Marl/Hot Pink



RH-00586
Blackberry/Aquamint



RH-003408 NEW COLOURS

Women's Infinity Merino Hoodie

The Infinity Merino Hoodie is designed with winter in mind and is our product of choice to layer up with under your jacket.

This hoodie features Tech Merino - our premium 50/50 merino and polyester blend that offers numerous benefits.

Runners go through many highs and lows during a long run and one of them will be your body temperature. Merino has a unique quality, which will help lower your temperature when you start to overheat and warm you up when your temperature is low. To put this to test we handed this over to our ambassador in Canada who ran over 200km in Winnipeg and Cold Lake in temperatures ranging from +5c to -27c. The feedback was that in the colder temperatures it was a perfect layering piece with the Stride Winter Gilet or an Infinity Fortify jacket.

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Additionally our Tech Merino has higher strength and increased abrasion resistance for better durability.

- Fibre blend of natural merino wool and synthetic polyester
- Lightweight
- Soft with a quality wicking treatment
- Quick drying
- Breathable
- Naturally anti-microbial and odour resistant
- Thumb loops
- Reflective

Size: 6 - 16

Weight: 174g

Fibre content: 50% Wool (Merino), 50% Polyester



RH-00285
Black/Hot Pink

RH-004225 NEW
Women's Infinity Tight

Super luxurious tight made from true space-dye yarn fabric and tonal power mesh in a modern silhouette with a perfect fit.

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket

Size: 6 - 16

Weight: 206g

Fibre content: 92% Polyester, 8% Elastane



RH-00586
Blackberry/Aquamint

RH-003815 **NEW COLOURS**

Women's Infinity Crop Tight

Super luxurious tight made from true space-dye yarn fabric and tonal power mesh in a modern silhouette with a perfect fit.

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket

Size: 6 - 16

Weight: 205g

Fibre content: 92% Polyester, 8% Elastane

RH-004221 **NEW**

Women's Infinity Marathon L/S Tee

Softness, stretch and zero chaffing is what makes the Marathon Tee really perform. A unique t-shirt in the range due to its "knitted in a tube" circular knit construction.

This process results in no excess seams, which delivers superior comfort. The t-shirt's design features different knit mesh structures in key zones across the body and is produced from a super soft yarn combination of polyamide/polyester which give improved wicking results from previous versions of this product.

- Super soft, high stretch seamless knit construction for zero chaffing
- Breathable
- Wicking
- Slim fit
- Reflective
- Vapourlite fabric

Size: 6/8 - 10/12 - 14/16

Weight: 138g

Fibre content: 70% Polyamide, 30% Polyester



Mesh structure

Seamless construction

RH-00299
Hot Pink Marl

Reflective tab



RH-00588
Blackberry/Grey Marl

RH-003916 **NEW COLOURS**

Women's Infinity Marathon S/S Tee

Softness, stretch and zero chaffing is what makes the Marathon Tee really perform. A unique t-shirt in the range due to its "knitted in a tube" circular knit construction.

This process results in no excess seams, which delivers superior comfort. The t-shirt's design features different knit mesh structures in key zones across the body and is produced from a super soft yarn combination of polyamide/polyester which give improved wicking results from previous versions of this product.

- Super soft, high stretch seamless knit construction for zero chaffing
- Breathable
- Wicking
- Slim fit
- Reflective
- Vapourlite fabric

Size: 6/8 - 10/12 - 14/16

Weight: 111g

Fibre content: 70% Polyamide, 30% Polyester





RH-003858 NEW COLOURS

Women's Infinity Marathon Twin Short

Our most technical twin short featuring an inner next to skin short perfect for comfort on the run combined with a flattering stretch woven outer. If you are heading off for a long run, prefer twin shorts and want to carry items without carrying a separate waist belt then this is your ideal short.

The outer short features quick access drop pockets, which are ideal for carrying gels. 2-in-1 zipped secure pockets for valuables, with an inner fob pocket for keys or parkrun card. The outer short is made in premium stretch woven fabric with elastane and side splits for a great range of movement, and even has a reflective trim.

The inner supportive short features 2 mesh pockets and a ventilated gusset and undercarriage panel for maximum breathability and comfort. This is made in a quality knit fabric with elastane which has good stretch and recovery over repeated use and a wicking finish for maximum comfort whilst on the run.

- Breathable
- Wicking
- Reflective trim
- Relaxed fit
- Outer: Flexlite fabric. Inner: Powerlite fabric
- Inner short: stretch for added movement and support, 2 mesh pockets, ventilated - outer: stretch for added movement, 2 gel stash pockets & 1 secure pocket
- Inner inside leg (size 12): 18cm, outer inside leg: 8cm

Size: 6 - 16

Weight: 180g

Fibre content: Outer: 100% Polyester. Inner: 88% Polyester, 12% Elastane

Loose fit style

Jacquard fabric



*Open/split
back design*



Reflective trim

RH-00299
Hot Pink Marl

RH-003828

Women's Infinity Air-Dry Tee

From our wearer trial and lab testing feedback this jacquard fabric combines excellent wicking with superb evaporation or drying rates and is highly breathable. The result is a super comfortable feel, however long or hot your autumn run.

Jacquard fabrics incorporate the design into the weave instead of being printed or dyed giving interest to the surface. We have combined this with relaxed styling and an open/split back which will ventilate as you run. Designed to be layered over our Run Bra.

- Breathable
- Reflective trim
- Relaxed fit
- Vapourlite fabric
- Super wicking and drying

Size: 6 - 16

Weight: 103g

Fibre content: 96% Polyester, 4% Elastane

Women's Stride | *Focus. Improve. Achieve. Track, field, road – it doesn't matter where – we #RunEveryDay*



RH-004312 NEW

Women's Stride Sundown Jacket

Fluorescent, reflective and illuminated. The Sundown Jacket takes visibility seriously. Safety is one of those things it's good to be belt and braces with, especially on the road or commuting through the varying light conditions of winter. The Sundown jacket's fluorescent colours work brilliantly to keep you visible in the half light of cold mornings and afternoons. Once it gets dark the jacket's high reflectivity, visible from all sides, lets drivers know exactly where you are.

Dr Ron Hill first pioneered the use of reflective strips on his clothing over 40 years ago while he was training for the Olympics. Running over 100 miles a week around the dark streets of Manchester teaches you a lot about the need to be seen. Helping to keep runners safe is a big deal for us - which is why the jacket comes with a magnetic LED light button which you can attach where you want.

The Sundown will also protect you from the wind and light showers on the road, wherever it takes you that day.

- Reflective
- Includes magnetic led light
- Water resistant - DWR C6
- Wind resistant
- Activelite
- Breathable
- Lightweight
- 2 zipped hand warmer pockets
- Thumb loops
- Venting tab.
- Relaxed fit

Size: 6 - 16

Weight: 168g

Fibre content: 100% Polyester



R629
Fluo Yellow/Reflect



RH-00618
Thistle/Reflect







Thermolite active insulation

Venting tabs

Reflective

Thumb loops



Matrix insulating fabric

Reflective tab

Two hand warmer pockets

RH-004401 NEW

Women's Stride Hybrid Jacket

Built for those who don't stop for anything, our new Hybrid jacket will become your favourite winter running partner. Breathable, super lightweight and warm, but crucially, not too warm. The considered, technical combination of fabrics will keep you running through the cold without overheating.

This isn't an easy problem to solve. Everything we know about cold weather running went into finding an answer. It's about the balance between warmth, weight, movement and moisture management, and using exactly the right material exactly where it's needed. The Thermolite Active insulation we've used for core warmth is specifically developed for high intensity activities, standard insulation wouldn't have done the job. And our Matrix thermal grid fleece provides stretch and wicking on the arms and side panels.

The Hybrid jacket will be a vital addition to your running kit, perfect for pacing out the miles on cold, crisp days. Understated looks mean you'll want to keep it on post run, it's brilliant at keeping the heat in. And when you do actually take it off, it's easy to clean and quick to dry.

- Thermolite active insulation
- Activelite
- Wind resistant
- Breathable
- Lightweight
- Regulite
- Thermal
- Stretch for added movement and support
- Wicking
- Reflective
- 2 zipped hand warmer pockets
- Thumb loops
- Venting tab.
- Slim fit

Size: 6 - 16

Weight: 265g

Fibre content: Main body: 100% Polyester.
Contrast: 96% Polyester, 4% Elastane



RH-00586
Blackberry/Aquamint





RH-002596 UPDATED

Women's Stride Winter Gilet

This technical wind resistant insulated gilet is designed to keep your core warm; ideal for cold dry winter days.

This hybrid features thermolite active; a breathable insulated upper front and upper back body to keep your core cosy. Thermolite active has been specifically designed for active sportswear. Its major benefits are that it's very soft, low in bulk and delivers super lightweight warmth by trapping an insulating layer of warm air between the fabric and your skin. It's engineered to keep you warmer longer without weighing you down.

The side panels are in a warm stretch fleece back fabric which keeps the fit snug, reduces the bulk and gives stretch for movement. Easy to clean and quick to dry.

- Wind resistant
- Breathable
- Reflective trim
- 2 Zipped hand warmer pockets
- Thermolite active insulation
- Superior warmth
- Low bulk
- Very soft

Size: 6 - 16

Weight: 206g

Fibre content: Main body: 100% Polyetser.
Contrast: 87% Polyester, 13% Elastane





Wide flat waistband

Secure pocket

Drawcord

Thermal brushed fabric

Reflective print

RH-00586
Blackberry/Aquamint



RO09
All Black

RH-003395 NEW COLOURS

Women's Stride Winter Tight

The blue ribbon Italian fabric makes these our warmest, softest and comfiest running tight.

The brush back polyamide fabric features a high level of LYCRA® SPORT to ensure your leg muscles are warm and supported, yet still allowing the freedom of movement you need to hit top speed.

For the extreme testing conditions needed, we through caution to the wind and sent these tights to Winnipeg, Canada (also known as "Winterpeg").

Regularly tested in -10°C the fabric proved impassable to the freezing air whilst remaining breathable. Our ambassador who is a marathoner commented:

"I really like the soft fleece fabric that lined the inside of the tight and was surprised by how well it performed. I have worn a lot of winter tights, and it's unusual to find a warm tight that is breathable. This is a very important feature when running in 0°C or colder as sweat freezes if the tight doesn't breathe".

The function of these tights is to provide warmth and comfort for running in the depths of winter.

- Heavier weight with a brushed inner surface
- LYCRA® SPORT - great stretch and recovery
- Wicking
- Thermal
- Reflective tape
- Secure pocket

Size: 6 - 18

Weight: 236g

Fibre content: 85% Polyamide, 15% Elastane (LYCRA® SPORT)

Matrix insulating fabric

Zippered pocket



Thumb loops

Mitt

RH-00292
Charcoal/Hot Pink

Reflective tab

RH-003388 NEW COLOURS

Women's Stride Matrix 1/2 Zip

For the people that see running as a summer activity, this isn't the top for you.

The autumn temperature falls like leaves from the trees and when training you are quick to feel the cold. Winter training starts with the best intention but the extremities of the weather can soon knock your plan out of kilter.

The Matrix 1/2 zip tee is a layering piece that is essential for the winter season.

Made in a soft fabric with a fleece texture, we've carefully selected this because of its unique knitted grid pattern.

It retains the warm air that you produce between your body and the outer surface of the top.

The grid pattern also creates low bulk which means that it will layer effectively over a base layer or under a jacket. It can also be worn next to skin if preferred.

The different sized yarns within the grid work to draw sweat from the inside surface to the outer keeping you dry.

Depending on how cold the conditions are there's the option of a full mitten to stop your body heat escaping through your hands.

The Matrix 1/2 zip has been designed to give you harmony during the challenging winter months.

- Breathable
- Wicking
- Reflective trim
- Small secure pocket
- Thumb loops
- Mitt

Size: 6 - 16

Weight: 162g

Fibre content: 96% Polyester, 4% Elastane



RH-00586
Blackberry/Aquamint

Soft fabric with a peached finish

High collar



Reflective print

Thumb loops

RH-00623
Thistle Marl/Aquamint



Reflective tab

RH-004257 NEW

Women's Stride Thermal L/S Zip Tee

This is a lightweight base-layer designed to be worn next to the skin and ideal worn on cooler days or as a layering piece.

This fabric is a super soft polyester with a peached finish in modern marl look. Independent lab and wearer trials have provided very good wicking and evaporation results. The front zip allows flexibility for venting once you have warmed up on your run.

This updated style has a cosy high collar featuring small notch allowing for neck movement, thumb loops and reflectivity.

- Lightweight and breathable
- Quick drying
- Reflective trim
- Front ½ zip with lockdown puller
- Thumb loops

Size: 6 - 16

Weight: 150g

Fibre content: 100% Polyester



RH-00590
Charcoal Marl/Spa
Green



RH-00557
Hot Pink Marl/
Charcoal

RH-004274 NEW

Women's Stride L/S Tee

This new jacquard LS tee makes a real design statement, and is an ideal weight for wearing on cooler days. The bright colour options colours and reflective elements also make this a practical choice if you want to be seen whilst road running.

There is a trend for jacquard fabrics right now which provide interesting patterns that are knitted into the fabric. The fabric weight is slightly heavier than our standard short sleeved tees and this makes it a good choice on days when it's too cool for a SS tee and too warm for a jacket. Sweetheart V neckline has good coverage and is flattering on the body.

- Breathable
- Wicking
- Reflective trim
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 146g

Fibre content: 100% Polyester



Jacquard fabric

Reflectivity

RH-00307
Hot Pink/Charcoal

Reflective tab



RH-00614
Thistle/Aquamint

RH-004281 NEW

Women's Stride Windspeed Jacket

This is our core wind resistant running jacket. Whether you are new to running or have been obsessed with running for years you will appreciate the benefits of a wind resistant jacket. Perfect for most days, when it's not raining, a wind resistant jacket will be the most comfortable option for some protection from wind chills and a light drizzle. This is because the breathability is not impeded by a waterproof laminate found on waterproof jackets which need to be more robust to keep the rain out.

Through experience and research we know that the ideal wind resistant jacket has an air permeability of around 5. Air permeability measures how wind resistant any fabric is with a score of 0 being totally windproof, whilst a result of around 5 means that the trade-off between wind resistance and breathability is at the ideal level for runners.

The AW19 Stride Windspeed Jacket has charcoal reflectivity front and back, and new graphics to sleeve hem.

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Thumb loops
- Venting tab

Size: 6 - 16

Weight: 138g

Fibre content: 100% Polyester



RH-00307
Hot Pink/Charcoal

Inner drawcord

Flat waistband

Back zip security pocket



Thigh stash pocket

Reflectivity

Power mesh

Ankle zips

RH-004276 NEW

Women's Stride Stretch Tight

This is our core traditional running tight, and we have been producing versions of this for nearly five decades. So there's a lot of experience and miles in these tights.

There are key characteristics that make these products favourites season after season. The high quality polyamide fabric gives good coverage and support and works throughout the year. The much-loved flat wide waistband with inner draw cord gives superb comfort and security, and the elasticated hem and ankle zips with lock down puller. Mesh is used behind the knee to add extra breathability and reflective trim keeps you safe when light levels are low.

This updated design features flattering seamlines and a new stretch pocket on one thigh, in addition to the zip secure pocket at the centre back. Our product testers have commented that they love having two pockets for carrying different items and many like carrying their phone in this new thigh pocket.

- Breathable
- Reflective trim
- Stretch for added movement
- Secure pocket
- Ankle zips
- Side stash pocket

Size: 6 - 18 (All Black), 6 - 16 (Black/Hot Pink)

Weight: 225g

Fibre content: 91% Polyamide, 9% Elastane

RH-00285
Black/Hot Pink



RO09
All Black

Inner drawcord

Flat waistband

Back zip security pocket



Thigh stash pocket



Reflectivity

Power mesh

R009
All Black

RH-004428 NEW

Women's Stride Stretch Capri

This is a capri length version of our stride stretch tight.

There are key characteristics that make these products consumer favourites season after season. The high quality polyamide fabric gives good coverage and support and works throughout the year. The much-loved flat wide waistband with inner draw cord gives superb comfort and security, and the elasticated hem stops the leg length from riding up. Mesh is used behind the knee to add extra breathability and reflective trim keeps you safe when light levels are low.

This updated design features flattering seamlines and a new stretch pocket on one thigh, in addition to the zip secure pocket at the centre back. Our product testers have commented that they love having two pockets for carrying different items and many like carrying their phone in this new thigh pocket.

- Breathable
- Reflective trim
- Stretch for added movement
- Secure pocket
- Side stash pocket
- Inside leg length: 44cm (size 12)

Size: 6 - 18

Weight: 194g

Fibre content: 91% Polyamide, 9% Elastane



R009
All Black

RH-003641

Women's Stride Stretch Short

The high quality polyamide fabric gives good coverage and no show through. The favourite flat wide waistband with inner drawcord gives superb comfort and security. Reflectivity is integrated into the graphics. Women have told us they like the longer inside leg length on this type of product.

- Breathable
- Reflective trim
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket
- Inside leg length: 21cm (size 12)

Size: 6 - 16

Weight: 140g

Fibre content: 91% Polyamide, 9% Elastane

RH-003813

Women's Stride Twin Short

Our popular twin short with the stretch woven outer and supportive next-to-skin inner short. The inner is made in a quality knit fabric with elastane which has good stretch and recovery over repeated use and a wicking finish for maximum comfort whilst on the run. Following feedback we slightly lengthened the inner short from 6 inches to 7 inches for SS19 onwards.

- Breathable
- High wicking
- Reflective trim
- Inner: Stretch for added movement
- Outer: Secure pocket
- Inner inside leg (size 12): 18.5cm, Outer inside leg: 7.5cm

Size: 6 - 16

Weight: 145g

Fibre content: Main: 100% Polyester. Inner: 88% Polyester, 12% Elastane



Women's Momentum | *Escape. De-stress. Energise. Before breakfast, home from work, at lunch time, on the school run, down to the shops. With friends. On your own. Live to the rhythm of your daily run.*



RH-004429 UPDATED

Women's Momentum Afterlight Jacket

Lightweight, wind resistant and highly reflective. The Afterlight jacket has got the balance between these three deceptively simple benchmark attributes absolutely right. We know because lots of you have told us. The Afterlight hasn't been around for that many seasons, but already it is a firm favourite - it is the 'just right' visible, protective layer for running in the cooler months.

Getting a lightweight jacket specifically for running 'right' doesn't just happen. Half a century of specialist running knowledge is sewn in to this trustworthy performer. But just because the Afterlight is reliable, doesn't mean it's dull. Actually, it's a bit of a stylish attention seeker.

A patterned print gives 360° reflective coverage, and additional reflective strips to the front and back complete the job of letting drivers know where you are.

A roll away hood provides extra protection if needed, and a secure pocket provides somewhere to keep keys, a parkrun barcode, or your trusty smartphone.

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Roll away hood
- Venting tab

Size: 6 - 16

Weight: 154g

Fibre content: 100% Polyester



RH-00608
Hot Pink/Reflect



RH-00589
Blackberry/Reflect



R629
Fluo Yellow/Reflect







RH-004430 **UPDATED**

Women's Momentum Afterlight L/S Tee

Three key benefits are lots of reflectivity, lightweight and high-wicking. Designed for all year round use when the weather is cool but its not cold and a jacket would be too much.

The all over reflective print gives the tee 360° reflective coverage, whilst the fluorescent colour options provide good conspicuity during the hours of sunrise and sunset.

- Breathable
- Wicking
- Reflective print

Size: 6 - 16

Weight: 125g

Fibre content: 100% Recycled Polyester

360° Reflectivity



RH-00589
Blackberry/Reflect



RH-00608
Hot Pink/Reflect



R629
Fluo yellow/Reflect



RH-00589
Blackberry/Reflect

RH-004431 UPDATED

Women's Momentum Afterlight Tight

Reflective, thermal and breathable. The brush inner surface of these tights sets them apart from regular running tights. This thermal quality makes them perfect for the autumn and winter months when the weather is cold and you want to keep your legs warm during your run. Through the winter we can often be found out running in dark conditions so the reflective print, at the lower leg, has been placed to give these tights 360° reflective coverage.

- Breathable
- Wicking
- Reflective trim
- Stretch for added movement
- Secure pocket
- Heavier weight with a brushed inner surface

Size: 6 - 16

Weight: 224g

Fibre content: 87% Polyester, 13% Elastane



R954
Black/Reflect

RH-004400 **NEW**

Women's Momentum Lux Jacket

This jacket is a showstopper and can be worn before, during or after your run. The fabric has a light quilted design, which not only looks good but keeps you warm and cosy. It has lots of features including a high neck for extra warmth, a curved dropped hem, thumb loops, kangaroo hand warmer pockets and reflective trim.

- Breathable
- Thermal
- Reflective trim
- Stretch for added movement
- 2 hand warmer pockets
- Thumb loops

Size: 6 - 16

Weight: 463g

Fibre content: 61% Recycled Polyester, 38% Polyester, 1% Elastane



High, deep
waistband

Open mesh
ventilation

Ribbed knit
structure

Open mesh
ventilation

Open mesh
ventilation

RH-004293 NEW

Women's Momentum Seamless Tights

Our new Seamless Tights are stylish, flexible, and designed to support your muscles. The high waistband and strong performance fabric hold you in for a flattering look, while still allowing you to run, stretch, train and recover however you want. They'll make you feel like a superhero - quite an achievement for a pair of tights.

We know some superheroes like to wear their underwear on the outside, but these tights are all about keeping everything very hidden, no visible lines thank you very much. Less seams means less chaffing, and the holes aren't just there for decoration - they are a neat way to add ventilation.

If you love to run, and you're on a journey to improve your health and wellbeing, these tights will be your dependable sidekick. They'll also be there for core sessions, stretching, the gym and other general hero work.

- High stretch seamless knit construction for zero chaffing
- Stretch for added movement and support
- Super soft
- Skin fit
- Breathable
- Ventilated
- Lightweight
- Vapourlite

Size: 6/8 - 10/12 - 14/16

Weight: 259g

Fibre content: 91% Polyamide, 9% Elastane









RH-00613
Multi Pyramid

RH-004007 UPDATED

Women's Momentum Sculpt Tight

Designed to accentuate the body. Feel good. Look good.

This tight features a combination of solid and print panels from our latest seasonal print selection. This tight features a stash pocket to the side of the leg, which can securely hold small items. It also works well with most phones. The tight offers a high waistband for a flattering silhouette and a curved seam to the rear enhances the figure. We carefully selected the fabric for great stretch and recovery. A back zip security pocket is offset for floor work in the gym in addition to running.

- Breathable
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket
- Thigh stash pocket

Size: 6 - 16

Weight: 219g

Fibre content: 87% Polyamide, 13% Elastane



RH-00582
Black/Hot Pink Wave

RH-004433 NEW

Women's Momentum Sculpt Crop Tights

Designed to accentuate the body. Feel good. Look good.

This tights features a combination of solid and print panels from our latest seasonal print selection. This tights features a stash pocket to the side of the leg, which can securely hold small items. It also works well with most phones. The tights offers a high waistband for a flattering silhouette and a curved seam to the rear enhances the figure. We carefully selected the fabric for great stretch and recovery. A back zip security pocket is offset for floor work in the gym in addition to running.

- Breathable
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket
- Thigh stash pocket
- Inside leg length: 71cm (size 12)

Size: 6 - 16

Weight: 222g

Fibre content: 91% Polyamide, 9% Elastane



Drawcord

High, deep waistband

Reversible

RH-003376 UPDATED

Women's Momentum Reversible Tight

Being a reversible tight makes this product arguably one of the most versatile in our range. One side is plain black so will go with everything in your kit bag, whereas the other has a flattering monochrome leaf print giving a more interesting look to your running outfit.

This tight is slightly thicker than our regular printed tights so you get even more support, holding you in, and makes for a very flattering silhouette. The additional thickness is good for the winter months too. The tights sleek profile is finished with a high waist band for a super comfortable fit.

The reversible tight is a great 2-in-1 option.

- Breathable
- Wicking
- Stretch for added movement
- Reversible

Size: 6 - 16

Weight: 239g

Fibre content: 85% Polyester, 15% Elastane

RH-00579
Grey Leaf

Drawcord

*High, deep
waistband*

*Offset back zip
security pocket*



*New seasonal
print*

RH-00609
Hot Pink Wave

RH-001324 UPDATED

Women's Momentum Tight

Like the shorter crop tight, these tights are popular for running, training in the gym and also for a post-workout coffee with friends. This product features our Hot Pink Wave print a perfect option between our monochrome colourway (Grey Wave print) and the brighter colourways in the crop tight.

The offset back pocket has auto-lock zips.

- Breathable
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket

Size: 6 - 16

Weight: 225g

Fibre content: 87% Polyamide, 13% Elastane



RH-00622
Grey Wave



RH-00615
Thistle/Black Gradient

RH-002463 **UPDATED**

Women's Momentum Crop Tight

Printed leg wear continues to be a big trend and we take a lot of time and care over the selection of our seasonal prints.

For the first time we are offering a 'fade print' in the range that goes from a dense black through blackberry to thistle at the lower leg.

- Breathable
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket
- Inside leg length: 71cm (size 12)

Size: 6 - 16

Weight: 216g

Fibre content: 87% Polyamide, 13% Elastane



RH-00405
Charcoal Marl/Black

RH-003377

Women's Momentum Agile Tigh

The curved style lines compliment the body where the melange fabric and mesh meet around the leg. Whilst the mesh adds beauty to the design it also makes this crop tigh highly breathable.

This tigh features a stash pocket to the side of the leg which can securely hold small items. It also works well with most phones. The tigh offers a high waistband that keeps you in comfortably with a secured zip pocket off centred to the back, a curved seam to the rear to enhance the figure and a carefully selected fabric for great stretch and recovery.

- Breathable
- Wicking
- Stretch for added movement
- Secure pocket
- Thigh stash pocket

Size: 6 - 16

Weight: 188g

Fibre content: 88% Polyester, 12% Elastane



RH-00607
Grey Marl/Spa Green

RH-003394 NEW COLOURS

Women's Momentum Workout Hoodie

Everyone needs a favourite hoodie.

Something to throw on before and after mid-week training, to cover your glowing efforts after a parkrun and again on a Sunday to lounge in recovering from a long run.

The Momentum Workout Hoodie does all of the above and so much more. The luxurious fabric is both breathable and wicking, which means you can run in this as well as look good in it.

This hoodie has been rigorously tested and the feedback is always unanimous - today's runner loves its versatility and function.

The half zip is great for controlling core body temperature whilst out on your run. Reflectivity, a secure pocket and thumb loops are additional features that make this hoodie so popular.

- Breathable
- Wicking
- Reflective trim
- Secure pocket
- Thumb loops
- 1/2 Zip ventilation

Size: 6 - 16

Weight: 235g

Fibre content: 88% Polyester, 12% Elastane



RH-00585
Blackberry Marl/Aquamint



RH-00290
Charcoal Marl/Hot Pink

RH-003972 **NEW COLOURS**

Women's Momentum L/S Tee

The Momentum Tees come in a ribbed effect fabric which instantly gives a more interesting and feminine feel to the look.

Our testing has shown good wicking and evaporation test results making this a great layering tee for the autumn/winter season.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 126g

Fibre content: 95% Polyester, 5% Elastane



Raglan sleeves

*Fabric: Mauve
colour rib effect*

RH-00585
Blackberry Marl/Aquamint

RH-0003970 NEW COLOURS

Women's Momentum S/S Tee

The Momentum Tees come in a ribbed effect fabric which instantly gives a more interesting and feminine feel to the look.

Our testing has shown good wicking and evaporation test results making this a wonderful tee for milder autumnal and early spring days.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 96g

Fibre content: 95% Polyester, 5% Elastane



Raglan sleeves

*Fabric: Momo
colour rib effect*

RH-00557
Hot Pink Marl/Charcoal



RH-00585
Blackberry Marl/
Aquaint

RH-003968

Women's Momentum Deluxe S/S Tee

Perfect workout tee for both inside and outside of the gym.

This soft fashionable tee has a feminine scoop neck and drop shoulder and provides a relaxed look.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 96g

Fibre content: 100% Polyester



RH-00292
Charcoal/Hot Pink



RH-003971

Women's Momentum Body Tank

A modern tank in the longer length, racer back style with a flattering fit. This fabric has had great feedback from our product testers, being lighter and more breathable than ever before.

- Breathable
- Wicking
- Slim fit
- Powerlite fabric

Size: 6 - 16

Weight: 96g

Fibre content: 88% Polyester, 12% Elastane

RH-003929

Women's Momentum Run Bra

This circular knit, or seamless bra is soft and comfortable. Best styled by layering this piece under vests.

The removable pads allows the user choice to customise their shape and coverage.

The Ronhill Run Bra is best for A to C cup and we advise anyone bigger than a C cup to choose a bra that is specifically designed for the fuller bust.

- Breathable
- High wicking
- Super soft high stretch seamless knit construction for zero chaffing
- Removable pads
- Suitable up to C-cup bra size

Size: S, M, L

Weight: 80g

Fibre content: 78% Polyamide, 16% Polyester, 6% Elastane



Women's Everyday |

Running feels good. So go running every day. Leave the adrenaline-fuelled nonsense to others. This fuss free gear calmly does the job. Step out your door and let your legs do the rest.



RH-002245 **NEW COLOURS**

Women's Everyday Jacket

Just a running jacket? Nothing more, nothing less? Well certainly it has more than meets the eye. This functional running jacket has a flattering silhouette, which really slims the waistline and features neat articulated sleeves. The jacket is really lightweight and breathable with a water resistant finish.

The cuffs and hem are semi articulated and the front zip security pocket is easy to access. The jacket features a fleece-lined collar, which is soft and comfortable around the neckline. We have also lined the pocket bags so your keys don't get caught.

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket

Size: 6 - 18

Weight: 143g

Fibre content: 100% Polyester



RH-00583
Blackberry



RH-00302
Hot Pink

RH-002769 **NEW COLOURS**

Women's Everyday L/S Tee

Going for a weekend run in the park? Cold morning? This is the one for you. A nice and easy to wear tee in a carefully designed feminine block with flat locked seams and raglan style lines.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 158g

Fibre content: 100% Polyester



RH-00584
Blackberry Marl



RH-00214
Charcoal Marl

RH-00299
Hot Pink Marl

RH-002239 **NEW COLOURS**

Women's Everyday S/S Tee

For your weekend run in the park or the start line of your first marathon. A perfect choice for every run, everyone, every day.

A nice and easy to wear tee in a carefully designed feminine block with flat locked seams and raglan style lines.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 18

Weight: 100g

Fibre content: 100% Polyester



RH-00584
Blackberry Marl



RH-00214
Charcoal Marl

RH-00299
Hot Pink Marl



RH-00214
Charcoal Marl

RH-002241

Women's Everyday Vest

Great for track sessions, park runs or race days.

This vest has a simple modern racer back style vest - great for warm days.

This fabric is really lightweight with a subtle melange appearance. Cool and comfortable with flat locked seams and a quality wicking treatment.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 75g

Fibre content: 100% Polyester



RH-00285
Black/Hot Pink

RH-003989

Women's Everyday Slim Pant

This Slim Pant is ideal for days when you don't want to wear tights. Featuring a flat waistband and style lines, including the curved seam to the rear, to enhance the figure. This pant features a water repellent treatment to the fabric, which keeps you dry if you get caught out in a light shower, a back zip secure pocket and reflective tape to back leg complete with colour contrast stitch lines.

- Water resistant - WR C6
- Breathable
- Reflective trim
- Slim fit
- Regulite fabric
- Secure pocket

Size: 6 - 16

Weight: 216g

Fibre content: 100% Polyester



RO09
All Black

RH-003409

Women's Everyday Trackster

Just as appropriate to runners now as they were back then. A running classic. The Everyday Trackster is a slim functional running pant based on Ron's design classic that put the brand on the map. Features include a water repellent treatment to the fabric, which keeps you dry if you get caught out in a light shower.

The flat waistband and style lines, including the curved seam to the rear, enhance your figure. Other details include reflective print to the back. The practical foot stirrups hark back to the original design and are useful for securing your pant leg in place whilst running.

- Water resistant - WR C6
- Breathable
- Reflective trim
- Slim fit
- Regulite fabric
- Secure pocket
- Foot stirrups

Size: 6 - 16

Weight: 220g

Fibre content: 100% Polyester



RO09
All Black

RH-002243

Women's Everyday Run Tight

Running tights. They may not be for everyone, but these are. These tights are designed on a modern block with flattering style lines. Made in a comfortable fabric it feels great on and provides lots of stretch and recovery. An internal pocket is tucked into the waistband for small items. The ankle zips feature reflective trim with lock down zips.

- Breathable
- Wicking
- Reflective trim
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support
- Ankle zips

Size: 6 - 18

Weight: 199g

Fibre content: 90% Polyester, 10% Elastane



RO09
All Black

RH-002381

Women's Everyday Run Capri

Whether it is on the pavement, track or trail you're ready to go. A deep modern and supportive waistband, and flattering curved seams through the thigh and over the bottom give this a great flattering fit. This comfortable fabric feels great on and provides lots of stretch and recovery. An internal pocket is tucked into the waistband for small items.

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support

Size: 6 - 18

Weight: 168g

Fibre content: 90% Polyester, 10% Elastane

Men's Infinity | *Running isn't something we do, it's part of what we are, what makes us, us. Everyday. In all weathers. Over all terrains. Kit for those with a never-ending commitment. Going further. Going again. Forever.*





RH-004421 UPDATED

Men's Infinity Nightfall Jacket

A wolf in wolf's clothing. The Nightfall Jacket is in its element when things get serious.

For those of you that train to beat your best, even in the worst weather and the darkest conditions, the Nightfall Jacket is engineered to keep you unstoppable. The soft, quiet, premium Aqualite fabric is breathable, waterproof and windproof. The seams are fully taped - the hood is snug and secure, even when you're at full pace.

Ever since Dr Ron Hill pioneered the first waterproof jacket specifically for runners we've understood relentless improvement. This generation of the high-performance Nightfall jacket is at the cutting edge of reflectivity. High quality heat transfer strips at the top of the jacket offer all round reflectivity in a standout rainbow iridescent pattern - you'll be seen from all angles.

The sleek, understated look of the jacket offers versatility. A secure pocket with an internal key loop and a neat venting tab behind the front zip are the finishing touches.

This is the only jacket we produce that is both fully waterproof and super reflective.

We have carefully selected a premium Japanese fabric that is soft and quiet, with a 2.5 layer hydrophilic laminate providing high levels of waterproofing and breathability.

- Waterproof
- Windproof
- Breathable
- Super reflective
- Reflective trim
- Hydrostatic head 20,000 j/s-11092
- Breathability (Moisture permeability) 20,000 j/s 1099b-1
- Grown on hood
- Secure pocket
- Loop for key attachment
- Venting tab



R954
Black/Reflect

Size: S, M, L, XL

Weight: 242g

Fibre content: 100% Polyamide







R954
Black/Reflect

RH-004422 UPDATED

Men's Infinity Nightfall Tight

The perfect partner to the Nightfall jacket for when things get serious.

Engineered for those whose commitment to running is as close to a religion as many will get. These are the tights that are going to get you out training and keep you ahead of the chasing pack.

These tights are a highly technical. They hug your tired muscles and move with you in full flow. The iridescent reflectivity will keep you seen from the road by spectators whose weekly mileage is clocked in the car and not on the pavements.

- Breathable
- Super reflective
- Skin fit
- Stretch for added movement
- Secure pocket
- Ankle zips

Size: S, M, L, XL

Weight: 260g

Fibre content: 91% Polyamide, 9% Elastane

RH-003389 **NEW COLOURS**

Men's Infinity Fortify Jacket

To make a truly brilliant waterproof running jacket you need a perfect storm.

Firstly Dr Ron Hill MBE. A trailblazer, not just on the track but in the design of running clothing. To become the best you have to endure the worst and Ron quickly realized this whilst training to break records.

Secondly Manchester. The centrepiece of textile innovation that became known as Cottonopolis. The city and surrounding towns were thriving with the knowledge and expertise that Ron took full advantage of.

Finally rain. This is to Manchester like the sun is to California.

Situated west of the Pennines and close to the Irish sea, the constant scattering of rain makes Manchester the perfect place to design and test jackets.

40 years ago the perfect storm happened to produce the first fully waterproof running jacket. Since that day this jacket has done the miles - just like the runners code, the more miles you cover the better you become. You find small improvements and details that make the difference. The Fortify is the result of forty years work.

Winter weather is prone to change from one mile to the next, which can expose your choice of kit. The Fortify has the perfect sweet spot between breathability and water protection. The balance of the two will stop you from overheating and keep you dry when the rain arrives.

Its worth noting that heavy legs are bad enough without carrying extra weight - that's why we constructed this jacket in a lightweight 15-denier polyamide fabric. The jackets fully adjustable hood molds to your head giving you an un-obstructive view and stopping rain from getting in.

Finally, there's nothing worse than icy cold hands. The front chest pocket is the place to stash a pair of merino gloves for when you need them.

- Waterproof
- Windproof
- Breathable
- Reflective trim
- Relaxed fit
- Aqualite fabric
- Adjustable hood. Hydrostatic head 30,000 j/s 1092. Moisture permeability 35,000 j/s 1099-b1.
- Secure pocket with internal fob pocket including key hook
- Venting tab

Size: S, M, L, XL

Weight: 219g

Fibre content: 100% Polyamide



R010
Fluo Yellow



R848
Black/Fluo Yellow



RH-00603
Fig/Charcoal

RH-004315 NEW

Men's Infinity Merino 1/2 Zip Tee

The Infinity Merino ½ Zip Tee is designed with winter in mind and is our product of choice to layer up with under your jacket.

This tee features Tech Merino - our premium 50/50 merino and polyester blend that offers numerous benefits.

Runners go through many highs and lows during a long run and one of them will be your body temperature. Merino has a unique quality, which will help lower your temperature when you start to overheat and warm you up when your temperature is low. To put this to test we handed this over to our ambassador in Canada who ran over 200km in Winnipeg and Cold Lake in temperatures ranging from +5c to -27c. The feedback was that in the colder temperatures it was a perfect layering piece with the Stride Winter Gilet or an Infinity Fortify jacket.

Our sub-zero hero said that the tech merino was "very likely the best winter running top that I have ever worn".

Merino isn't just about temperature regulation. The natural fibres of the wool are smoother and finer than others making it soft next to the skin.

Merino has the additional benefit of being anti-microbial which makes it odour resistant.

Additionally our Tech Merino has higher strength and increased abrasion resistance for better durability.

- Fibre blend of natural merino wool and synthetic polyester
- Lightweight
- Soft with a quality wicking treatment
- Quick drying
- Breathable
- Naturally anti-microbial and odour resistant
- Thumb loops
- Reflective

Size: S, M, L, XL

Weight: 182g

Fibre content: 50% Wool (Merino), 50% Polyester



RO09
All Black

RH-003387

Men's Infinity Pant

The Men's Infinity Pant provides our most premium pant in the men's range. The high quality stretch woven fabric in a double weave is soft and stretchy. A modern design, with a loose fit at the top that tapers below the knees to help keep them from flapping as you run. Ideal for guys who don't want to wear a tight and could also be useful for warm up runs as there's enough room to wear a short underneath. Other key features include two front welt pockets, reflective prints on lower side panels, and a secure zipped pocket.

- Breathable
- Wicking
- Reflective trim
- Slim fit
- Secure pocket plus 2 x hand warmer pockets

Size: S, M, L, XL

Weight: 296g

Fibre content: 89% Polyester, 11% Elastane

RH-004233 NEW

Men's Infinity Marathon L/S Tee

Softness, stretch and zero chaffing is what makes the Marathon Tee really perform. A unique t-shirt in the range due to its "knitted in a tube" circular knit construction. This process results in no excess seams, which delivers superior comfort. The t-shirt's design features different knit mesh structures in key zones across the body and is produced from a super soft yarn combination of polyamide/polyester which give improved wicking results from previous versions of this product.

- Super soft, high stretch seamless knit construction for zero chaffing
- Breathable
- Wicking
- Slim fit
- Reflective
- Vapourlite fabric

Size: S, M, L

Weight: 172g

Fibre content: 70% Polyamide, 30% Polyester



RH-00167
Black/Grey Marl



RH-003915

Men's Infinity Marathon S/S Tee

Softness, stretch and zero chaffing is what makes the Marathon Tee really perform. A unique t-shirt in the range due to its "knitted in a tube" circular knit construction. This process results in no excess seams, which delivers superior comfort. The t-shirt's design features different knit mesh structures in key zones across the body and is produced from a super soft yarn combination of polyamide/polyester which give improved wicking results from previous versions of this product.

- Super soft, high stretch seamless knit construction for zero chaffing
- Breathable
- Wicking
- Slim fit
- Reflective
- Vapourlite fabric

Size: S, M, L

Weight: 143g

Fibre content: 70% Polyamide, 30% Polyester



RH-00603
Fig/Charcoal



RO09
All Black

RH-003848 NEW COLOURS

Men's Infinity Marathon Twin Short

Our most technical twin short featuring an inner next to the skin short perfect for comfort on the run combined with a flattering stretch woven outer. If you are heading off for a long run, prefer twin shorts and want to carry items without carrying a separate waist belt then this is your ideal short.

The outer short features quick access drop pockets, which are ideal for carrying gels. 2-in-1 zipped secure pockets for valuables, with an inner fob pocket for keys or parkrun card. The outer short is made in premium stretch woven fabric with elastane and side splits for a great range of movement, and even has a reflective trim.

The inner supportive short features 2 mesh pockets and a ventilated gusset and undercarriage panel for maximum breathability and comfort. This is made in a quality knit fabric with elastane which has good stretch and recovery over repeated use and a wicking finish for maximum comfort whilst on the run.

- Breathable
- Wicking
- Reflective trim
- Relaxed fit
- Outer: Flexlite fabric. Inner: Powerlite fabric
- Inner short: stretch for added movement and support, 2 mesh pockets, ventilated - outer: stretch for added movement, 2 gel stash pockets & 1 secure pocket
- Inner inside leg: 24cm, outer inside leg: 12cm

Size: S, M, L, XL

Weight: 185g

Fibre content: Outer: 100% Polyester. Inner: 84% Polyester, 16% Elastane

RH-003837 NEW COLOURS

Men's Infinity Air-Dry S/S Tee

A modern tee where the fabric does all the talking.

From our wearer trial and lab testing feedback this new jacquard fabric combines excellent wicking with superb evaporation or drying rates and is highly breathable. The result is a super comfortable feel, however long or hot your autumn run. Jacquard fabrics incorporate the design into the weave instead of being printed or dyed giving interest to the surface and an updated look. This makes it really stand out from the crowd and provides a different look from the popular melange fabrics. The subtle features on the AW19 design include a dropped hem with split sides, contrasting colour bar tacks and a reflective tab to the back hem.

- Breathable
- Reflective trim
- Relaxed fit
- Vapourlite fabric
- Super wicking and drying

Size: S, M, L, XL

Weight: 138g

Fibre content: 96% Polyester, 4% Elastane



Men's Stride | *Focus. Improve. Achieve. Track, field, road – it doesn't matter where – we #RunEveryDay*



RH-004273 NEW

Men's Stride Sundown Jacket

Fluorescent, reflective and illuminated. The Sundown Jacket takes visibility seriously. Safety is one of those things it's good to be belt and braces with, especially on the road or commuting through the varying light conditions of winter. The Sundown jacket's fluorescent colours work brilliantly to keep you visible in the half light of cold mornings and afternoons. Once it gets dark the jacket's high reflectivity, visible from all sides, lets drivers know exactly where you are.

Dr Ron Hill first pioneered the use of reflective strips on his clothing over 40 years ago while he was training for the Olympics. Running over 100 miles a week around the dark streets of Manchester teaches you a lot about the need to be seen. Helping to keep runners safe is a big deal for us - which is why the jacket comes with a magnetic LED light button which you can attach where you want.

The Sundown will also protect you from the wind and light showers on the road, wherever it takes you that day.

- Reflective
- Includes magnetic led light
- Water resistant - DWR C6
- Wind resistant
- Activelite
- Breathable
- Lightweight
- 2 zipped hand warmer pockets
- Thumb loops
- Venting tab.
- Relaxed fit

Size: S, M, L, XL

Weight: 192g

Fibre content: 100% Polyester



R629
Fluo Yellow/Reflect

*Includes magnetic
LED light*

Venting tab

Reflective

*Hand warmer
pockets*





RH-004280 NEW

Men's Stride Hybrid Jacket

Built for those who don't stop for anything, our new Hybrid jacket will become your favourite winter running partner. Breathable, super lightweight and warm, but crucially, not too warm. The considered, technical combination of fabrics will keep you running through the cold without overheating.

This isn't an easy problem to solve. Everything we know about cold weather running went into finding an answer. It's about the balance between warmth, weight, movement and moisture management, and using exactly the right material exactly where it's needed. The Thermolite Active insulation we've used for core warmth is specifically developed for high intensity activities, standard insulation wouldn't have done the job. And our Matrix thermal grid fleece provides stretch and wicking on the arms and side panels.

The Hybrid jacket will be a vital addition to your running kit, perfect for pacing out the miles on cold, crisp days. Understated looks mean you'll want to keep it on post run, it's brilliant at keeping the heat in. And when you do actually take it off, it's easy to clean and quick to dry.

- Thermolite active insulation
- Activelite
- Wind resistant
- Breathable
- Lightweight
- Regulite
- Thermal
- Stretch for added movement and support
- Wicking
- Reflective
- 2 zipped hand warmer pockets
- Thumb loops
- Venting tab.
- Slim fit

Size: S, M, L, XL

Weight: 326g

Fibre content:
Main body: 100% Polyester.
Contrast: 96% Polyester,
4% Elastane



RH-00326
Charcoal/Black

RH-00596
Deep Sea/Black



Thermalite Active insulation

Venting tab

Reflective tab

Matrix insulating fabric

Reflectivity

Two hand warmer pockets

Thumb loops







RH-00602
Fig/Black

RH-002583 **UPDATED**

Men's Stride Winter Gilet

This technical wind resistant insulated gilet is designed to keep your core warm; ideal for cold dry winter days.

This hybrid features thermolite active; a breathable insulated upper front and upper back body to keep your core cosy. Thermolite active has been specifically designed for active sportswear. Its major benefits are that it's very soft, low in bulk and delivers super lightweight warmth by trapping an insulating layer of warm air between the fabric and your skin. It's engineered to keep you warmer longer without weighing you down.

The side panels are in a warm stretch fleece back fabric which keeps the fit snug, reduces the bulk and gives stretch for movement. Easy to clean and quick to dry.

- Wind resistant
- Breathable
- Reflective trim
- 2 Zipped hand warmer pockets
- Thermolite active insulation
- Superior warmth
- Low bulk
- Very soft

Size: S, M, L, XL

Weight: 246g

Fibre content: Main body: 100% Polyester.
Contrast: 87% Polyester, 13% Elastane



R848
Black/Fluo Yellow

RH-004305 NEW

Men's Stride Winter Tight

The blue ribbon Italian fabric makes these our warmest, softest and comfiest running tight.

The brush back polyamide fabric features a high level of LYCRA® SPORT to ensure your leg muscles are warm and supported, yet still allowing the freedom of movement you need to hit top speed.

For the extreme testing conditions needed, we through caution to the wind and sent these tights to Winnipeg, Canada (also known as "Winterpeg").

Regularly tested in -10°C the fabric proved impassable to the freezing air whilst remaining breathable. Our ambassador who is a marathoner commented:

"I really like the soft fleece fabric that lined the inside of the tight and was surprised by how well it performed. I have worn a lot of winter tights, and it's unusual to find a warm tight that is breathable. This is a very important feature when running in 0°C or colder as sweat freezes if the tight doesn't breathe".

The function of these tights is to provide warmth and comfort for running in the depths of winter.

- Heavier weight with a brushed inner surface
- LYCRA® SPORT - great stretch and recovery
- Elasticated hem and lock down ankle zips
- Flat waistband with draw cord
- Back zip security pocket
- Reflective Tape

Size: S, M, L, XL

Weight: 258g

Fibre content: 85% Polyamide, 15% Elastane (LYCRA® SPORT)

RH-003369 NEW COLOURS

Men's Stride Matrix 1/2 Zip Tee

For the people that see running as a summer activity, this isn't the top for you.

The autumn temperature falls like leaves from the trees and when training you are quick to feel the cold. Winter training starts with the best intention but the extremities of the weather can soon knock your plan out of kilter.

The Matrix 1/2 zip tee is a layering piece that is essential for the winter season.

Made in a soft fabric with a fleece texture, we've carefully selected this because of its unique knitted grid pattern. It retains the warm air that you produce between your body and the outer surface of the top.

The grid pattern also creates low bulk which means that it will layer effectively over a base layer or under a jacket. It can also be worn next to skin if preferred.

The different sized yarns within the grid work to draw sweat from the inside surface to the outer keeping you dry.

Depending on how cold the conditions are there's the option of a full mitten to stop your body heat escaping through your hands.

The Matrix 1/2 zip has been designed to give you harmony during the challenging winter months.

- Breathable
- Wicking
- Reflective tab
- Small secure pocket
- Thumb loops
- Mitt

Size: S, M, L, XL

Weight: 262g

Fibre content: 96% Polyester,
4% Elastane

Matrix insulating fabric



Thumb loops

Zippered pocket

Mitt

RH-00597
Deep Sea/Cardinal Orange



Reflective tab



R848
Black/Fluo Yellow

RH-00000
Fig/Fluo Yellow

RH-004287 NEW

Men's Stride Thermal 1/2 Zip Tee

This is a lightweight base layer designed to be worn next to the skin and is ideal for cooler days or as a layering piece.

This fabric is a super soft polyester with a peached finish in a modern marl look. Wicking and evaporation results are very good. The front zip allows flexibility for venting once you have warmed up on your run.

This updated style has a warm high collar featuring a small notch allowing for neck movement, thumb loops and reflectivity.

- Lightweight and breathable
- Quick drying
- Reflective trim
- Front ½ zip with lockdown puller
- Thumb loops

Size: S, M, L, XL

Weight: 183g

Fibre content: 100% Polyester

Soft fabric with a peached finish

Half zip with cover

Reflective tab



Thumb loops

RH-00255
Charcoal Marl/Fluo Yellow

Reflective print



RH-00619
Deep Sea Marl/
Cardinal Orange



RH-00603
Fig/Charcoal



RH-004275 NEW

Men's Stride Windspeed Jacket

This is our core wind resistant running jacket.

Whether you are new to running or have been obsessed with running for years you will appreciate the benefits of a wind resistant jacket. Perfect for most days, when it's not raining, a wind resistant jacket will be the most comfortable option for some protection from wind chills and a light drizzle. This is because the breathability is not impeded by a waterproof laminate found on waterproof jackets which need to be more robust to keep the rain out.

The AW19 Stride Windspeed Jacket has a new placement of charcoal reflectivity front and back, and new graphics to sleeve hem.

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Thumb loops
- Venting tab

Size: S, M, L, XL

Weight: 151g

Fibre content: 100% Polyester



RH-00268
Fluo Yellow/Charcoal



RH-004282 NEW

Men's Stride Flex Pant

Introducing our innovative new Flex Pant: high spec, technical running legwear that, wait for it, isn't a tight.

The sweet spot of functionality that sits somewhere in-between a trouser and a tight has always been a bit of an obsession for us. Our often copied, but never bettered, classic Tracksters live here - It's an area we deeply understand.

The upper legs of the Flex Pant are constructed from an incredibly comfortable and lightweight stretch fabric, have quick access drop pockets, secure zip pockets, and a soft flat waistband with a drawstring - a bit like your favourite running shorts. Below the articulated knees the tapered lower legs are closer fitting with great stretch - a little more like a tight.

This 'best of both worlds' design creates a versatile, specialist running pant that's perfect for autumn and winter miles, and pre and post training sessions. Long zips mean they are easy to take off over trainers, and reflective strips help keep you visible and safe.

- Slim fit
- Stretch for added movement
- Flexlite
- Powerlite
- Breathable
- Lightweight
- 2 gel stash pockets & 1 secure pocket
- Secure pocket with internal fob pocket
- Ankle zips
- Reflective print

Size: S, M, L, XL

Weight: 176g

Fibre content: Main: 88% Polyester, 12% Elastane.
Contrast: 84% Polyester, 16% Elastane



RO09
All Black







R848
Black/Fluo Yellow

RH-004278 NEW

Men's Stride Stretch Tight

This is our core traditional running tight, and we have been producing versions of for this for nearly five decades.

There are key characteristics that make these products consumer favourites season after season. The high quality polyamide fabric gives good coverage and support and works throughout the year. The favourite flat wide waistband with inner draw cord gives superb comfort and security, and the elasticated hem and ankle zips with lock down puller appeal to the traditional runner. Mesh is used behind the knee to add extra breathability and reflective trim keeps you safe when light levels are low.

This updated design features new clean lines and a new stretch pocket on one thigh in addition to the zip secure pocket at the centre back. Testers have commented that they love having two pockets for carrying different items and many like carrying their phone in this new thigh pocket.

- Breathable
- Reflective trim
- Stretch for added movement
- Secure pocket
- Ankle zips
- Side stash pocket

Size: S, M, L, XL

Weight: 259g

Fibre content: 91% Polyamide, 9% Elastane



R009

All Black

RH-004314 **NEW**

Men's Stride L/S Tee

This new jacquard LS tee makes a real design statement, and is an ideal weight for wearing on cooler days.

The bright colour option of fluo yellow and reflective elements also make this a practical choice if you want to be seen whilst road running.

There is a trend for jacquard fabrics right now which provide interesting patterns that are knitted into the fabric. The fabric weight is slightly heavier than our standard short sleeved tees and this makes it a good choice on days when it's too cool for a SS tee and too warm for a jacket.

- Breathable
- Wicking
- Reflective trim
- Relaxed fit
- Vapourlite fabric

Size: S, M, L, XL

Weight: 187g

Fibre content: 100% Polyester

Jacquard fabric

Reflective tab



Reflectivity

RH-00594
Deep Sea



R010
Fluo Yellow



RH-00592
Charcoal/Fluo Yellow Graphic

RH-002815 **UPDATED**

Men's Stride Graphic Tee

See Me Run graphic tee, NEW for the Winter 2019 season.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: S, M, L, XL

Weight: 131g

Fibre content: 100% Recycled Polyester

RH-003939 **NEW COLOURS**

Men's Stride Twin 5" Short

Our popular twin short with the stretch woven outer and supportive next-to-skin inner short.

- Breathable
- High wicking
- Reflective trim
- Inner: Stretch for added movement
- Outer: Secure pocket
- Inner inside leg (size M): 24cm, Outer inside leg: 13cm

Size: S, M, L, XL

Weight: 176g

Fibre content: Outer: 100% Polyester. Inner: 84% Polyester, 16% Elastane



RH-00264
Charcoal/Fluo Yellow



R009
All Black

RH-003938 **NEW COLOURS**

Men's Stride 5" Short

Our traditional lightweight square cut short featuring a bamboo liner and a back zip security pocket for all your essentials. Reflective trim details aid visibility whilst on a run.

- Breathable
- Reflective trim
- Relaxed fit
- Wash before use
- Flexlite fabric
- Secure pocket
- Stretch for added movement
- Inner brief
- Inside leg: 12.5cm

Size: S, M, L, XL

Weight: 108g

Fibre content: 100% Polyester



R009
All Black

Men's Momentum |

Escape. De-stress. Energise. Before breakfast, home from work, at lunch time, on the school run, down to the shops. With friends. On your own. Live to the rhythm of your daily run.





RH-004423 UPDATED

Men's Momentum Afterlight Jacket

Lightweight, wind resistant and highly reflective. The Afterlight jacket has got the balance between these three deceptively simple benchmark attributes absolutely right. We know because lots of you have told us. The Afterlight hasn't been around for that many seasons, but already it is a firm favourite - it is the 'just right' visible, protective layer for running in the cooler months.

Getting a lightweight jacket specifically for running 'right' doesn't just happen. Half a century of specialist running knowledge is sewn in to this trustworthy performer. But just because the Afterlight is reliable, doesn't mean it's dull. Actually, it's a bit of a stylish attention seeker.

A patterned print gives 360° reflective coverage, and additional reflective strips to the front and back complete the job of letting drivers know where you are.

A roll away hood provides extra protection if needed, and a secure pocket provides somewhere to keep keys, a parkrun barcode, or your trusty smartphone.

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Roll away hood
- Venting tab

Size: S, M, L, XL

Weight: 175g

Fibre content: 100% Polyester



R629
Fluo Yellow/Reflect



RH-00606
Fig/Reflect



RH-00598
Deep Sea/Reflect





RH-004424 **UPDATED**

Men's Momentum Afterlight L/S Tee

Three key benefits are lots of reflectivity, lightweight and high-wicking. Designed for all year round use when the weather is cool but its not cold and a jacket would be too much.

The all over reflective print gives the tee 360° reflective coverage, whilst the fluorescent colour options provide good conspicuity during the hours of sunrise and sunset.

- Breathable
- Wicking
- Reflective trim

Size: S, M, L, XL

Weight: 165g

Fibre content: 100% Recycled Polyester

360° Reflectivity



RH-00606
Fig/Reflect



R629
Fluo Yellow/Reflect



RH-00296
Charcoal/Reflect

RH-004425 **UPDATED**

Men's Momentum Afterlight Tight

Reflective, thermal and breathable. The brush inner surface of these tights sets them apart from regular running tights. This thermal quality makes them perfect for the autumn and winter months when the weather is cold and you want to keep your legs warm during your run. Through the winter we can often be found out running in dark conditions so the reflective print, at the lower leg, has been placed to give these tights 360° reflective coverage.

- Breathable
- Wicking
- Reflective trim
- Stretch for added movement
- Secure pocket
- Heavier weight with a brushed inner surface

Size: S, M, L, XL

Weight: 268g

Fibre content: 87% Polyester, 13% Elastane



R954
Black/Reflect

RH-004395

UPDATED

Men's Momentum Afterlight Twin Short

Its very common to see some hardy souls out pounding the streets throughout winter in nothing but a long sleeved tee, gloves and a pair of shorts. Maybe a hat too if its really cold. Well these shorts might just be the ticket. The inner short provides good coverage and support, whilst the flattering loose, stretchy outer fabric features a reflective print to aid visibility. Reflective, supportive and breathable - perfect for a 5 mile after work run.

- Breathable
- High wicking
- Reflective trim
- Inner: Stretch for added movement
- Outer: Secure pocket
- Inner inside leg: 24cm, Outer inside leg: 13cm

Size: S, M, L, XL

Weight: 173g

Fibre content: Outer: 100% Polyester. Inner: 84% Polyester, 16% Elastane

*Stretch woven
outer*

Drawcord

*Back zip security
pocket*



R954
Black/Reflect

Reflective trim

Supportive inner



RH-003371 NEW COLOURS

Men's Momentum Workout Hoodie

Everyone needs a favourite hoodie.

Something to throw on before and after mid-week training, to cover your glowing efforts after a parkrun and again on a Sunday to lounge in recovering from a long run.

The Momentum Workout Hoodie does all of the above and so much more. The luxurious fabric is both breathable and wicking, which means you can run in this as well as look good in it.

This hoodie has been rigorously tested and the feedback is always unanimous - today's runner loves its versatility and function.

The half zip is great for controlling core body temperature whilst out on your run. Reflectivity, a secure pocket and thumb loops are additional features that make this hoodie so popular.

- Breathable
- Wicking
- Reflective trim
- Secure pocket
- Thumb loops
- 1/2 Zip ventilation

Size: S, M, L, XL

Weight: 280g

Fibre content: 88% Polyester, 12% Elastane



RH-00620
Fig Marl/Charcoal



Grown on hood

Chin guard

1/2 zip ventilation

Secure zip pocket

High neckline

Super soft

Thumb loops

RH-00265
Grey Marl/Fluo Yellow

RH-003980 **NEW COLOURS**

Men's Momentum S/S Tee

Train in it. Race in it. The soft and breathable fabric with a marl appearance has a relaxed sporty look. From our wearer trial and lab testing feedback, the fabric has produced fast wicking and evaporation test results. This high quality tee ensures that you never get wet or cold from sweating and is breathable to prevent you from overheating.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: S, M, L, XL

Weight: 110g

Fibre content: 100% Polyester



Raglan seam

Soft breathable fabric

RH-00578
Alpha Blue Marl



RH-00102
Grey Marl

RH-00600
Fig Marl

RH-003838 **NEW COLOURS**

Men's Momentum Twin 7" Short

A popular leg length for those that love our twin shorts but want a bit more coverage and support on their quads and thighs. The Momentum 7" Twin Short features splits to the sides for extra flexibility and movement. The smooth, curved hem has charcoal reflective graphics at the back.

This short features a Ronhill branded inner waistband, back zipped security pocket and reflective graphics to the back lower hem. The inner brief is a soft marl fabric for a luxurious next-to-skin feel.

- Breathable
- High wicking
- Reflective trim
- Inner: Stretch for added movement
- Outer: Secure pocket

Size: S, M, L, XL

Weight: 170g

Fibre content: Main: 100% Polyester. Inner: 88% Polyester, 12% Elastane



RH-00167
Black/Grey Marl

RH-003016

Men's Momentum 7" Short

A short that has been described from our wearer trials as very comfortable. This is a pared down clean looking piece that could be worn on the run, in the gym and is very breathable to wear running on holiday. We have designed the short with a hidden side pocket ideal to fit most small items.

- Breathable
- Reflective trim
- Stretch for added movement
- Secure pocket
- Inner brief

Size: S, M, L, XL

Weight: 117g

Fibre content: 100% Polyester



R009
All Black

RH-003840 NEW COLOURS

Men's Momentum 9" Short

Whether you are running to the gym, doing a HIIT workout and running home; this longer length short with no inner brief is versatile and fit for purpose.

Our wearer trial feedback has confirmed that the unique versatility of this short is that it has no inner brief, which allows you the choice of undergarment. Use it for a road run or a strength training session in the gym for example.

The short features a Ronhill branded inner waistband, 2 front hand warmer pockets and secured zipped pocket to back for small items such as keys or parkrun card. There are splits to the sides of the short for extra flexibility and movement, and a smooth, curved hem with charcoal reflective graphics to the back of the short.

- Breathable
- Reflective trim
- Relaxed fit
- Flexlite fabric
- Secure pocket
- Stretch for added movement and support

Size: S, M, L, XL

Weight: 122g

Fibre content: 100% Polyester



RH-003975 **UPDATED**

Men's Momentum 3 Quarter Tight

Designed to be worn underneath our 9" Short. The 3-Quarter monochrome printed tight features a front undercarriage panel to give good support and a comfortable fit.

The 3-Quarter Tight is made from our industry leading technical next-to-skin fabric which has great stretch and recovery and no show-through. This tight is ideal for cool autumn days and works on its own or with the Momentum 9" Short - perfect for running or training at the gym.

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support

Size: S, M, L, XL

Weight: 149g

Fibre content: 84% Polyester, 16% Elastane



RH-00610
Grey Cloud

Men's Everyday | *Running feels good. So go running every day. Leave the adrenaline-fuelled nonsense to others. This fuss free gear calmly does the job. Step out your door and let your legs do the rest.*



RH-002248 **NEW COLOURS**

Men's Everyday Jacket

Just a running jacket? Nothing more, nothing less? Well certainly it has more than meets the eye. This functional running jacket is designed on a modern block and features neat articulated sleeves. The jacket is really lightweight and breathable with a water resistant finish. The cuffs and hem are semi articulated and the front zip security pocket is easy to access. The jacket features a fleece-lined collar, which is soft and comfortable around the neckline. We have also lined the pocket bags so your keys don't get caught.



- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket

Size: XS, S, M, L, XL, XXL (Black and Deep Sea/Cardinal Orange)
XS, S, M, L, XL (Fluo Yellow)

Weight: 140g

Fibre content: 100% Polyester

RH-00597
Deep Sea/Cardinal Orange



R009
All Black

R010
Fluo Yellow

RH-002768 **NEW COLOURS**

Men's Everyday L/S Zip Tee

A great piece for cooler days. This lightweight half zip tee is made on a modern block with flat locked seams and raglan style lines..

- Breathable
- Wicking
- 1/2 Zip ventilation
- Relaxed fit
- Vapourlite fabric

Size: S, M, L, XL

Weight: 155g

Fibre content: 100% Polyester



RH-00102
Grey Marl

RH-002244 **NEW COLOURS**

Men's Everyday L/S Tee

Going for a weekend run in the park? Cold morning? This is the one for you. A nice and easy to wear lightweight long-sleeved tee in lots of colour options. The tee is a modern block with flat locked seams and raglan style lines.

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: XS, S, M, L, XL, XXL (Grey Marl)
S, M, L, XL (Fluo Yellow and Deep Sea Marl)

Weight: 188g

Fibre content: 100% Polyester



RH-00595
Deep Sea Marl



RH-00102
Grey Marl

R010
Fluo Yellow

RH-002379 **NEW COLOURS**

Men's Everyday S/S Tee

For your weekend run in the park or the start line of your first marathon. A perfect choice for every run, everyone, every day. A nice and easy to wear lightweight tee in lots of colour options. The tee is a modern block with flat locked seams and raglan style lines.



- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: XS, S, M, L, XL, XXL (Grey Marl)
S, M, L, XL (Crimson Marl and Fluo Yellow)

Weight: 145g

Fibre content: 100% Polyester

RH-00593
Crimson Marl



RH-00102
Grey Marl

R010
Fluo Yellow

05153

Men's Everyday Plain Tee

A stripped back every day running t-shirt. A good choice to print up with your name or team identity for runs and races.

- Breathable
- High wicking

Size: XS, S, M, L, XL, XXL

Weight: 120g

Fibre content: 100% Polyester



R010
Fluo Yellow



R009
All Black

R005
White



R009
All Black

RH-002646

Men's Everyday Training Pant

Throw these on to warm up and warm down.

A training pant for everybody in a comfortable stretch woven fabric.

It includes long ankle zips for easy removal over shoes, knee articulation and a bonidex waist for a great fit. This is a perfect piece for pre and post racing.

- Breathable
- Slim fit
- Flexlite fabric
- Secure pocket
- Ankle zips
- 2 x hand warmer pockets

Size: S, M, L, XL

Weight: 190g

Fibre content: 100% Polyester



RO09
All Black

RH-002279

Men's Everyday Slim Pant

A running trouser, to warm up, warm down or simply just to run in. The Everyday Slim Pant is a more contemporary looking running pant with a practical and stylish slim fit. The fabric features a water repellent treatment, which keeps you dry if you get caught out in a light shower. Other practical details include a zip security pocket and reflective tape.

- Water resistant - WR C6
- Breathable
- Reflective trim
- Slim fit
- Regulite fabric
- Secure pocket

Size: S, M, L, XL

Weight: 220g

Fibre content: 100% Polyester



R848
Black/Fluo Yellow

RH-003406

Men's Everyday Trackster

Just as appropriate to runners now as they were back then. A running classic. The Everyday Trackster is a slim functional running pant based on Ron's design classic that put the brand on the map. Features include a water repellent treatment to the fabric, which keeps you dry if you get caught out in a light shower. The flat waistband and style lines, including the curved seam to the rear, enhance your figure. Other details include reflective print to back and contrast colour stitch lines. The practical foot stirrups hark back to the original design and are useful for securing your pant leg in place whilst running.

- Water resistant - WR C6
- Breathable
- Reflective trim
- Regulite fabric
- Secure pocket
- Foot stirrups

Size: XS, S, M, L, XL, XXL

Weight: 220g

Fibre content: 100% Polyester



R009
All Black



R009
All Black

RH-002242

Men's Everyday Run Tight

Running tights. They're not for everyone. But these are. These tights have mass appeal due to the modern block and style lines. The ankle zips feature reflective trim with lock down zips and internal security pocket.

- Breathable
- Wicking
- Reflective trim
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support
- Ankle zips

Size: XS, S, M, L, XL

Weight: 220g

Fibre content: 90% Polyester, 10% Elastane

RH-002407

Men's Everyday Run Short

A minimalist supportive next-to-skin short.

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support

Size: S, M, L, XL

Weight: 130g

Fibre content: 90% Polyester, 10% Elastane



R009
All Black



RO09
All Black

RH-002249

Men's Everyday 5" Short

A trusted training partner, whether it is for an early morning run or a weekend race. The Everyday 5" Short has modern style lines, a back zip security pocket and small side split.

- Lightweight and breathable
- Wind resistant
- Back zip security pocket - ideal for valuables
- Reflective tape
- Bonadex waistband with draw cord

Size: XS, S, M, L, XL, XXL

Weight: 100g

Fibre content: 100% Polyester



RO09
All Black

RH-002250

Men's Everyday Split Short

Light. Loose. Flying. Go again. The split short is a tried and tested design based upon our vast history of wrap over style shorts. The key feature is the traditional split cut sides for maximum movement and airflow. A back zip security pocket is perfect for essential items, whilst the reflective graphics aid visibility.

- Lightweight and breathable
- Wind resistant
- Back zip security pocket - ideal for valuables
- Reflective tape
- Bonadex waistband with draw cord

Size: S, M, L, XL

Weight: 90g

Fibre content: 100% Polyester

Accessories |



RH-004443 **UPDATED**

Afterlight Beanie

This lightweight beanie features all over reflective print in a thermal brushed back knit fabric. Fast wicking and drying. Also available in 1 fluorescent colour for added daytime conspicuity. Ideal for cool days when the light is low.

This beanie is part of the Afterlight series designed primarily to aid visibility when light levels are low. We have designed an extended collection this winter of lightweight running accessories which all feature the same new unisex reflective print as the Afterlight Jacket, LS Tee and Tights.

- Super reflective
- Regulite fabric
- Excellent thermal properties
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric

Size: One Size

Weight: 34g

Fibre content: 86% Polyester, 14% Elastane



R954
Black/Reflect



R629
Fluo Yellow/Reflect

RH-004444 NEW

Afterlight Glove

This lightweight glove features reflective print on a thermal brushed back knit fabric. The fit is streamlined and snug with smart tip forefinger and thumb. Fast wicking and drying. Also available in 2 fluorescent colours for added daytime conspicuity. Ideal for cool days when the light is low.

These gloves are part of the Afterlight series designed primarily to aid visibility when light levels are low. We have designed an extended collection this winter of lightweight running accessories which all feature the same new unisex reflective print as the Afterlight Jacket, LS Tee and Tight.

- Super reflective
- Regulite fabric
- Excellent thermal properties
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric
- Smart-Tips - use your mobile device with ease

Size: S, M, L

Weight: 36g

Fibre content: 86% Polyester, 14% Elastane



R954
Black/Reflect



R629
Fluo Yellow/Reflect



RH-00608
Hot Pink/Reflect

RH-004445 **UPDATED**

Afterlight Headband

This deep lightweight headband features all over reflective print on a thermal brushed back fabric. This headband helps to keep hair in place, fits snugly over the ears and can be rolled up during your run to help regulate temperature. Fast wicking and drying. Also available in 1 fluorescent colour. Ideal for cool days when the light is low.

This headband is part of the Afterlight series designed primarily to aid visibility when light levels are low. We have designed an extended collection this winter of lightweight running accessories which all feature the same new unisex reflective print as the Afterlight Jacket, LS Tee and Tight.



R954
Black/Reflect



RH-00608
Hot Pink/Reflect

- Super reflective
- Regulite fabric
- Excellent thermal properties
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric
- Contoured design for better ear coverage

Size: S/M, M/L

Weight: 20g

Fibre content: 86% Polyester, 14% Elastane

RH-004446 **NEW**

Afterlight Stretch Arm Pocket

This is our popular stretch arm pocket featuring all over reflective print. This pocket fits snugly over your upper arm and made in a stretchy knit fabric which will hold most mobile phones, nutrition and essential items. Our customers love its versatility and great value.

This arm pocket is part of the Afterlight series designed primarily to aid visibility when light levels are low.

We have designed an extended collection this winter of lightweight running accessories which all feature the same new unisex reflective print as the Afterlight Jacket, LS Tee and Tight.

- Breathable
- Wicking
- Powerlite fabric
- Envelope access, storage for mobile devices, nutrition and essential items
- Reflective trim
- Headphone access points

Size: S/M, M/L

Weight: 16g

Fibre content: 84% Polyester, 16% Elastane



R954
Black/Reflect



R954
Black/Reflect

RH-004447 **NEW**

Afterlight Split Cap

This lightweight woven cap features all over reflective print which is wind and shower resistant. The peak can be folded and so the cap be stowed away easily.

A velcro adjustable strap gives a snug fit. Ideal for breezy damp days when the light is low.

This split cap is part of the Afterlight series designed primarily to aid visibility when light levels are low.

We have designed an extended collection this winter of lightweight running accessories which all feature the same new unisex reflective print as the Afterlight Jacket, LS Tee and Tight.

- Breathable
- Wicking
- Adjustable strap
- Vapourlite
- Reflective trim

Size: S/M, M/L

Weight: 51g

Fibre content: 100% Polyester

RH-004439

NEW

Matrix Beanie

This lightweight beanie features our Matrix fabric which is a great insulator and super effective at moving moisture away from your skin (from the inside to the outside of the fabric.) The beanie also features reflective trim and is ideal for chilly days.

This beanie is one of a series in our accessories made using our Matrix fabric, which until AW19 was only used in our apparel range in the Stride Matrix Half Zip. We have received great reviews of this fabric from all our wearer testers.

The grid pattern helps to trap air, which insulates the body. This same feature also creates low bulk, which means that it feels really light to wear with the result of high warmth to weight ratio. The fabric moves moisture really effectively due to different sized yarn filaments on the outside and inside of the fabric known as denier gradient. This means that the sweat on the inside is drawn to the outside quickly, which keeps you super dry.

- Regulite fabric
- Excellent thermal properties
- Reflective
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric

Size: One Size

Weight: 25g

Fibre content: 96% Polyester, 4% Elastane



R009
All Black



RH-00586
Blackberry/Aquamint



R009
All Black



RH-00586
Blackberry/Aquamint

RH-004440 **NEW**

Matrix Run Glove

This lightweight glove features our Matrix fabric which is a great insulator and super effective at moving moisture away from your skin (from the inside to the outside of the fabric.) The fit is streamlined and snug with smart tip forefinger and thumb. Ideal for chilly days.

This Glove is one of a series in our accessories made using our Matrix fabric, which until AW19 was only used in our apparel range in the Stride Matrix Half Zip. We have received great reviews of this fabric from all our wearer testers. The grid pattern helps to trap air, which insulates the body. This same feature also creates low bulk, which means that it feels really light to wear with the result of high warmth to weight ratio. The fabric moves moisture really effectively due to different sized yarn filaments on the outside and inside of the fabric known as denier gradient. This means that the sweat on the inside is drawn to the outside quickly, which keeps you super dry.

- Regulite fabric
- Excellent thermal properties
- Reflective
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric
- Finger grips
- Smart-tips - use your mobile device with ease

Size: S, M, L

Weight: 28g

Fibre content: 96% Polyester, 4% Elastane



RH-00586
Blackberry/Aquamint

RH-004442 **NEW**

Matrix Headband

This lightweight headband features our Matrix fabric which is a great insulator and super effective at moving moisture away from your skin (from the inside to the outside of the fabric.) This headband helps to keep hair in place, fits snugly over the ears and can be rolled up during your run to help regulate temperature. Ideal for chilly days.

This headband is one of a series in our accessories made using our Matrix fabric, which until AW19 was only used in our apparel range in the Stride Matrix Half Zip. We have received great reviews of this fabric from all our wearer testers. The grid pattern helps to trap air, which insulates the body. This same feature also creates low bulk, which means that it feels really light to wear with the result of high warmth to weight ratio. The fabric moves moisture really effectively due to different sized yarn filaments on the outside and inside of the fabric known as denier gradient. This means that the sweat on the inside is drawn to the outside quickly, which keeps you super dry.

- Regulite fabric
- Excellent thermal properties
- Reflective
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric
- Contoured design for better ear coverage

Size: S/M, M/L

Weight: 20g

Fibre content: 96% Polyester, 4% Elastane



RO09
All Black

RH-004313 NEW

Matrix Neck Gaiter

This lightweight neck gaiter features our Matrix fabric which is a great insulator and super effective at moving moisture away from your skin (from the inside to the outside of the fabric.) Neck gaiters are very effective at filling in any gaps left by a jacket collar and it is as important to keep your neck warm as it is to keep your head warm. Ideal for chilly days.

This gaiter is one of a series in our accessories made using our Matrix fabric, which until AW19 was only used in our apparel range in the Stride Matrix Half Zip. We have received great reviews of this fabric from all our wearer testers.

The grid pattern helps to trap air, which insulates the body. This same feature also creates low bulk, which means that it feels really light to wear with the result of high warmth to weight ratio. The fabric moves moisture really effectively due to different sized yarn filaments on the outside and inside of the fabric known as denier gradient. This means that the sweat on the inside is drawn to the outside quickly, which keeps you super dry.

- Regulite fabric
- Excellent thermal properties
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric

Size: One Size

Weight: 36g

Fibre content: 96% Polyester, 4% Elastane

RH-004288 NEW

Reversible Merino Hat

This reversible hat is made in our Tech Merino, a blend of merino and polyester, which is light and soft next to the skin and a great insulator. Versatile reversible hat with different colours each side. Ideal for chilly days.

Runners love our Tech Merino fabric, which is our merino and polyester blend products.

Merino is light and soft next to the skin. It's very good at regulating your body temperature. The density and crimp of the fibres traps air and keeps you warm. Also, natural anti-microbial properties of merino wool make it odour resistant.

We then combine this natural wonder fibre with polyester in a 50/50 blend, which gives us several advantages over and above 100% merino for running products:

- *Lighter fabric weight with more stretch*
- *Better wicking*
- *Quicker drying*
- *Higher strength and increased abrasion resistance for better durability*

- Regulite fabric featuring merino blend
- Reversible hat design
- Naturally odour wicking
- Lightweight, breathable & quick drying
- Soft hand feel
- Embroidered branding
- Reflective trim

Size: One Size

Weight: 30g

Fibre content: 50% Wool (Merino), 50% Polyester



RH-00202
Grey Marl/Black



RH-00587
Blackberry/Aquamint/Black



RH-004285 **NEW**

Merino Glove

This glove is made in our Tech Merino, a blend of merino and polyester, which is light and soft next to the skin and a great insulator. The fit is streamlined and snug with smart tip forefinger and thumb. Ideal for chilly days.

Runners love our Tech Merino fabric, which is our merino and polyester blend products.

Merino is light and soft next to the skin. It's very good at regulating your body temperature. The density and crimp of the fibres traps air and keeps you warm. Also, natural anti-microbial properties of merino wool make it odour resistant.

We then combine this natural wonder fibre with polyester in a 50/50 blend, which gives us several advantages over and above 100% merino for running products:

- *Lighter fabric weight with more stretch*
 - *Better wicking*
 - *Quicker drying*
 - *Higher strength and increased abrasion resistance for better durability*
-
- Regulite fabric featuring merino blend
 - Smart-tips - use your mobile device with ease
 - Naturally odour wicking
 - Lightweight, breathable & quick drying
 - Soft hand feel
 - Embroidered branding



RH-00202
Grey Marl/Black



RH-00586
Blackberry/Aquamint

Size: S, M, L

Weight: 21g

Fibre content: 50% Wool (Merino), 50% Polyester



RH-00587
Blackberry/Aquamint/Black

RH-004286 **NEW**

Reversible Merino Headband

This reversible headband is made in our Tech Merino, a blend of merino and polyester, which is light and soft next to the skin and a great insulator. This wide headband helps to keep hair in place, fits snugly over the ears and narrows to a soft stretch elastic which sits comfortably at the nape of the neck. Versatile reversible headband with different colours each side. Ideal for chilly days.

Runners love our Tech Merino fabric, which is our merino and polyester blend products.

Merino is light and soft next to the skin. It's very good at regulating your body temperature. The density and crimp of the fibres traps air and keeps you warm. Also, natural anti-microbial properties of merino wool make it odour resistant.

We then combine this natural wonder fibre with polyester in a 50/50 blend, which gives us several advantages over and above 100% merino for running products:

- *Lighter fabric weight with more stretch*
 - *Better wicking*
 - *Quicker drying*
 - *Higher strength and increased abrasion resistance for better durability*
-
- Regulate fabric featuring Merino blend
 - Naturally odour wicking
 - Lightweight, breathable & quick drying
 - Soft hand feel
 - Embroidered branding
 - Reflective trim
 - Contoured design for better ear coverage

Size: S/M, M/L

Weight: 20g

Fibre content: 50% Wool (Merino), 50% Polyester

RH-002655 NEW COLOURS

Merino Neck Gaiter

This neck gaiter is made in our Tech Merino, a blend of merino and polyester, which is light and soft next to the skin and a great insulator. Neck gaiters are very effective at filling in any gaps left by a jacket collar and it is as important to keep your neck warm as it is to keep your head warm. Ideal for chilly days.

Runners love our Tech Merino fabric, which is our merino and polyester blend products.

Merino is light and soft next to the skin. It's very good at regulating your body temperature. The density and crimp of the fibres traps air and keeps you warm. Also, natural anti-microbial properties of merino wool make it odour resistant.

We then combine this natural wonder fibre with polyester in a 50/50 blend, which gives us several advantages over and above 100% merino for running products:

- *Lighter fabric weight with more stretch*
 - *Better wicking*
 - *Quicker drying*
 - *Higher strength and increased abrasion resistance for better durability*
-
- Regulate fabric featuring Merino blend
 - Naturally odour wicking
 - Lightweight, breathable & quick drying
 - Soft hand feel
 - Embroidered branding

Size: One Size

Weight: 35g

Fibre content: 50% Wool (Merino), 50% Polyester



RH-00202
Grey Marl/Black



RH-00587
Blackberry/Aquamint/Black

RH-004307 NEW

Wind-Block Flip Glove

This is our only convertible glove. It features a lightweight thermal knit glove with a fold away stretch windproof and water resistant mitt which can be used to pull over the hand for extra protection in the wind. Other technical features include smart tip forefinger and thumb with exit holes, palm grips for hanging onto things and soft towelling thumb for wiping away perspiration. Ideal for chilly or windy days.

The Flip Glove is an accessory in our Wind-Block series that have part or full windproof fabrics, which work better than fleece knit style fabrics on windy days.

- Thermal and lightweight to the palm and back of the hand
- Fold away wind shell mitt
- Fast wicking and drying
- Smart-Tip - use your mobile device with ease
- Finger tip slits for better grip/touch
- Soft towelling thumb for wiping away perspiration
- Palm grips

Size: S, M, L

Weight: 47g

Fibre content: 86% Polyester, 14% Elastane



RH-009
All Black

RH-00285
Black/Hot Pink

RH-004306 NEW

Wind-Block Glove

This glove features a windproof and water resistant fabric on the back of the hand, combined with a lightweight thermal knit fabric on the palm. Other technical features include smart tip forefinger and thumb with exit holes, palm grips for hanging onto things and soft towelling thumb for wiping away perspiration. Ideal for chilly or windy days.

This glove is an accessory in our Wind-Block series that have part or full windproof fabrics, which work better than fleece knit style fabrics on windy days.



R009
All Black

R848
Black/Fluo Yellow

RH-00285
Black/Hot Pink

- Windproof and water resistant to back of the hand
- Thermal and lightweight to the palm and back of the hand
- Fast wicking and drying
- Smart-Tip - use your mobile device with ease
- Finger tip slits for better grip/touch
- Soft towelling thumb for wiping away perspiration
- Palm grips

Size: S, M, L

Weight: 30g

Fibre content: 86% Polyester, 14% Elastane



RO09
All Black



RH-00325
Hot Pink/Black

RH-004309 NEW

Wind-Block Headband

This is our only headband which is windproof with a thermal fleece liner. This headband helps to keep hair in place, fits snugly over the ears and will keep you really cosy on cold and windy days.

This headband is an accessory in our Wind-Block series that have part or full windproof fabrics, which work better than fleece knit style fabrics on windy days.

- Windproof
- Regulite fabric
- Thermal and lightweight micro fleece
- Fast wicking and drying
- Contoured design for better ear coverage
- Reflective trim

Size: S/M, M/L

Weight: 27g

Fibre content: 86% Polyester, 14% Elastane



RH-00202
Grey Marl/Black



RH-00609
Hot Pink Wave



RH-004294 NEW

Contour Beanie & Glove Set

This is a lightweight beanie and glove set made in a soft stretch knit fabric. The glove fit is streamlined and snug with smart tip forefinger and thumb. Ideal for cool days.

- Regulite fabric
- Lightweight and breathable
- Smart-tip - use your mobile device with ease

Size: S/M, M/L

Weight: 70g

Fibre content: 88% Polyester, 12% Elastane

RH-004252 NEW

Reversible Contour Headband

This is a lightweight headband made in a soft stretch knit fabric. This wide headband helps to keep hair in place, fits snugly over the ears and narrows to a soft stretch elastic which sits comfortably at the nape of the neck. Versatile reversible headband with different colours each side. Ideal for cool days.

- Reversible
- Regulite fabric
- Lightweight and breathable
- Wicking
- Contoured design for better ear coverage

Size: S/M, M/L

Weight: 16g

Fibre content: 88% Polyester, 12% Elastane



RH-00202
Grey Marl/Black



RH-00609
Hot Pink Wave





RH-00586
Blackberry/Aquamint



RH-00306
Black/Charcoal



RH-00307
Hot Pink/Charcoal

RH-004480 **NEW**

Bobble Hat

This wool blend bobble hat is a great insulator.

We have added new multi colours this season which work well with the apparel. The hat features a soft fleece liner and a reflective bobble and tab. Ideal for cold days.

- Regulite fabric
- Excellent thermal properties
- Reflective bobble & tab
- Soft fleece band liner

Size: One Size

Weight: 67g

Fibre content: 50% Wool, 50% Acrylic

RH-002666

Classic Beanie

- Regulite fabric
- Excellent thermal properties
- Soft luxurious handle and feel
- Reflective tab

Size: One Size

Weight: 63g

Fibre content: 96% Acrylic, 3% Nylon, 1% Elastane



RH-00268
Fluo Yellow/Charcoal



RH-00306
Black/Charcoal



RH-00307
Hot Pink/Charcoal

RH-000873
Classic Glove

- Breathable
- Wicking
- Thermal
- Regulite fabric

Size: S, M, L

Weight: 27g

Fibre content: 89% Polyester, 11% Elastane



RO04
Black



RO10
Fluo Yellow



RH-00302
Hot Pink

RH-002650 **NEW COLOURS**

Beanie & Glove Set

- Regulite fabric
- Lightweight and breathable
- Coloured graphics
- Reflective graphic

Size: S/M, M/L

Weight: 48g

Fibre content: 89% Polyester, 11% Elastane



R848
Black/Fluo Yellow



R042
Fluo Yellow/Black



RH-00586
Blackberry/Aquamint

RH-003199

Air-Lite Cap

- Super lightweight and breathable
- Wicking treatment for excellent moisture management
- Velcro adjustable strap

Size: S/M, M/L

Weight: 42g

Fibre content: 88% Polyester, 12% Elastane



RH-00275
Charcoal

RH-004000

Workout Cap

- Excellent thermal properties
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric
- Adjustable strap

Size: S-M, M-L

Weight: 57g

Fibre content: 88% Polyester, 12% Elastane



RH-00214
Charcoal Marl



R829
Glow Red

RH-004448 Magnetic LED Button

- 10 Lumens
- Suitable for fabrics less than 1mm thickness
- Do not wash module

3 illumination modes:

- Mode 1 - Slow (low power) flash
- Mode 2 - Quick flash
- Mode 3 - continuous ON

Operation:

- Long Press (2 seconds) to switch ON/OFF
- Short press (0.5 secs) to change between modes

Battery life:

- 1000 hours - Mode 1 - Slow (low power) flash
- 500 hours - Mode 2 - Quick flash
- 50 hours - Mode 3 - continuous ON

Battery preservation:

- After 2 hours the light will auto switch to Power Save (Mode 1), then run for another 6 hours before Auto-Off

Size: One Size

Weight: 8g

Fibre content: N/A

RH-001460

LED Button

- 4 Lumens
- Shock resistant
- 2 modes, battery life up to 150 hours
- Battery included

Size: One Size

Weight: 9g

Fibre content: N/A



R829
Glow Red



R829
Glow Red



RH-00129
Glow White



RH-001515 Light Clip

- 70 Hours permanent
- 100 hours flash
- Weather resistant
- Battery included

Size: One Size

Weight: 19g

Fibre content: N/A



R829
Glow Red



RH-00129
Glow White

RH-003114
Light Armband

- 70 Hours permanent
- 100 hours flash
- Weather resistant
- Battery included

Size: One Size

Weight: 40g

Fibre content: N/A



R829
Glow Red



RH-00129
Glow White

RH-003115
Light Shoe Clip

- 70 Hours permanent
- 100 hours flash
- Weather resistant
- Battery included

Size: One Size

Weight: 30g

Fibre content: N/A



RH-00326
Charcoal/Black

RH-003276
Marathon Arm Strap

- 3 Gel loops
- Suitable for 60ml gels
- Adjustable arm strap

Size: One Size

Weight: 32g

Fibre content: 82% Polyamide, 18% Elastane

RH-003831

Race Number Belt

- 8 Gel loops
- 2 loop sizes accommodate 32-60ml gels
- Race number fasteners
- Adjustable waist strap

Size: One Size

Weight: 33g

Fibre content: 82% Polyamide, 18% Elastane



RH-00326
Charcoal/Black



RH-00326
Charcoal/Black

RH-004002
Marathon Waist Belt

- Reflective trim
- 8 Gel loops
- 2 loop sizes accommodate 32-60ml gels
- Secure pocket
- Race number fasteners
- Adjustable waist strap

Size: One Size

Weight: 40g

Fibre content: 82% Polyamide, 18% Elastane



RH-00306
Black/Charcoal

RH-003282
Phone Armband

- Adjustable arm strap
- Clear touch screen window
- Headphone points at top and bottom for convenient access
- Reflective trim
- Internal dimensions: 5.4" x 2.6" x 0.3" (137mm x 66mm x 7.6mm)

Size: One Size

Weight: 40g

Fibre content: 60% Polyamide, 40% PU



RH-00306
Black/Charcoal

RH-004700

Large Phone Armband

- Adjustable arm strap
- Clear touch screen window
- Headphone points at top and bottom for convenient access
- Reflective trim
- Internal dimensions: 6.3" x 3.1" x 0.3" (160mm x 79mm x 7.6mm)

Size: One Size

Weight: 40g

Fibre content: 60% Polyamide, 40% PU



RH-00217
Black/Charcoal Marl

RH-002565
Stretch Waist Pocket

- Breathable
- Wicking
- Powerlite fabric
- Multiple openings for essential items
- No-bounce

Size: XXS/XS, S/M, L/XL

Weight: 53g

Fibre content: 88% Polyester, 12% Elastane



RO09
All Black

RH-004449 **NEW**

Stretch Arm Pocket

- Breathable
- Wicking
- Powerlite fabric
- Envelope access, storage for mobile devices, nutrition and essential items
- Headphone access points

Size: S/M, M/L

Weight: 17g

Fibre content: 84% Polyester, 16% Elastane



RO09
All Black

RH-001032

Stretch Wrist Pocket

- Breathable
- Wicking
- Powerlite fabric
- Envelope access, storage for essential items

Size: S/M, M/L

Weight: 53g

Fibre content: 88% Polyester, 12% Elastane



R878
Clear/Black
500ml



R350
Clear/Black
270ml

09119
Wrist Bottle

- 270ml capacity / 500ml capacity
- BPA Free

Size: 270ml, 500ml

Weight: 40g / 50g

Fibre content: Bottle cap: Polypropylene. Body: Polyethylene



R904
Clear/Black

RH-004138

Grip Bottle

- 600ml
- BPA Free
- Sports cap
- Secure pocket
- Reflective trim
- Adjustable hand strap

Size: 600ml

Weight: 106g

Fibre content: 100% Tritan (Bottle), 100% Polyamide (Holder)



RH-004216
H2O Bottle - 1Ltr

- 1 Litre
- BPA Free
- Secure drinks cap
- Filter
- Volume guide
- Ergonomic hand grips
- Soft touch
- Wrist strap

Size: 1 Litre

Weight: 181g

Fibre content: 100% Tritan

RH-00347
Grey

RH-004215
H2O Bottle - 600ml

- 600ml
- BPA Free
- Secure drinks cap
- Filter
- Volume guide
- Ergonomic hand grips
- Soft touch
- Wrist strap

Size: 600ml

Weight: 127g

Fibre content: 100% Tritan



RH-00347
Grey



RH-00169
Pink



RH-00003
Green



RO05
White

RH-003435

Fuel Flask with Straw - 500ml

- Soft silicon bottle
- Long straw with bite valve
- Roll away for minimum storage
- BPA free

Size: 500ml

Weight: 54g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RO05
White

RH-003434

Fuel Flask - 500ml

- Soft silicon bottle
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 500ml

Weight: 38g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RO05
White

RH-003433

Fuel Flask - 350ml

- Soft silicon bottle
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 350ml

Weight: 35g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RO05
White

RH-003289

Fuel Flask - 250ml

- Soft silicon bottle
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 250ml

Weight: 22g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RH-0003288
1.5 Ltr Fuel Reservoir

- Soft silicon reservoir
- Detachable hose
- Slider access
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 1.5 Litre

Weight: 96g

Fibre content: 100% Thermoplastic Polyurethane (TPU)

R005
White



R010
Fluo Yellow

09138

Hi Viz Bib

- Mesh vest with 2 reflective strips front and back for night time safety
- Elasticated side body for a snug fit

Size: One Size

Weight: 64g

Fibre content: 100% Polyester

RH-001620

Classic Shoe Laces - 45"

- Sports shoe laces

Size: 45 inch

Weight: 11g

Fibre content: 100% Polyester



R004
Black



R005
White

RH-001632

Classic Shoe Laces - 54"

- Sports shoe laces

Size: 54 inch

Weight: 11g

Fibre content: 100% Polyester



R005
White

R004
Black



R004
Black

R005
White

RH-001617
Reflective Shoe Laces - 54"

- Sports shoes laces with reflectivity

Size: 54 inch

Weight: 11g

Fibre content: 100% Polyester

R004
Black



R005
White



RH-001618
Elastic Shoe Laces - 36"

- Elasticated shoe laces
- Adjustable toggle fasteners for custom fit

Size: 36 inch

Weight: 10g

Fibre content: Core: Rubber. Outer: Polyester

R010
Fluo Yellow



R027
Fluo Pink





RO05
White

RH-000604

Nip Guards

- Protection against nipple abrasion/chaffing
- Pack contains 10 pairs
- UK customers only

Size: One Size

Weight: 14g

Fibre content: N/A

RH-000605

NEW

Run Guard



RH-00170
Original



RH-00626
Natural

Original:

- Protection against abrasion/chaffing
- UK customers only

Natural:

- Helps prevent chafing during extended workouts in all weather conditions
- For best results, generously apply to inner arms, groin, inner thighs, toes, feet, chest etc
- Made with 100% natural plant-based ingredients plus beeswax
- Contains organic aloe vera, carnauba wax, jojoba oil, shea butter and coconut oil
- Protection against abrasion/chaffing
- UK customers only

Size: One Size

Weight: 111g

Fibre content: N/A

Packs |





RH-004011

Commuter Xero 10 + 5L Pack

Features:

- 1) True-fit vest chassis with stretch webbing for a close fit
- 2) Stretch fit panels for a closer comfortable fit
- 3) 2 x adjustable sternum & diaphragm straps for optimum fit
- 4) 3D spacer-mesh for fast drying & breathable comfort
- 5) 2 x stretch mesh pockets with adjustable draw cord closure to fit fuel bottles
- 6) Right hand side has secondary drop down pocket to fit running essentials
- 7) Whistle
- 8) Front zipped pocket
- 9) Internal zip pocket and key clip
- 10) Xero waterproof pocket with press seal - capacity for an ipad/ small laptop (23cmw, 35cmd)
- 11) Expandable main pocket volume
- 12) 10L + 5L expansion capacity
- 13) Bungee strap for compression and additional storage
- 14) Soft feeling binding
- 15) Nylon double honey comb 330 denier fabric
- 16) Ronhill LED Button compatible

Size: 10 + 5 Litre

Weight: 421g

Fibre content: 70% Polyamide, 30% Polyester

RH-00264
Charcoal/Fluo Yellow



RH-004012

Commuter 15L Pack

Features:

- 1) 3D spacer-mesh for fast drying and breathable comfort
- 2) Padding in the upper part of the strap for comfort where it's needed
- 3) Adjustable waist-belt with 2 x stretch mesh waist pockets
- 4) Front zipped pocket
- 5) 15L capacity
- 6) 2 x side-mesh pocket to fit trail fuel bottles
- 7) Main compartment with back panel sleeve to fit i-pad/notebook
- 8) Internal zip pocket and key clip
- 9) Nylon double honey comb 330 denier fabric
- 10) Ronhill LED Button compatible

Size: 15 Litre

Weight: 406g

Fibre content: 60% Polyamide, 40% Polyester

RH-00264
Charcoal/Fluo Yellow



RH-004013
Pioneer 8L Vest

Features:

- 1) True-fit vest chassis with stretch webbing for a close fit
- 2) Stretch fit panels for a closer comfortable fit
- 3) 2 x adjustable sternum & diaphragm straps for optimum fit including bladder tube clip
- 4) 3D spacer-mesh for fast drying & breathable comfort
- 5) 2 x stretch mesh pockets with adjustable draw cord closure to fit fuel bottles
- 6) 2 x secondary drop down pocket to fit running essentials
- 7) Whistle
- 8) Large water resistant zipped pocket
- 9) 8L capacity
- 10) Internal zipped stash pocket with key clip
- 11) Separate bladder zipped pocket
- 12) Bungee strap for compression and additional storage
- 13) Soft feeling binding

Size: 8 Litre

Weight: 303g

Fibre content: 30% Polyamide, 70% Polyester

RH-00264
Charcoal/Fluo Yellow

RH-004014
Nano 3L Vest

Features:

- 1) Vest chassis
- 2) Adjustable straps for comfortable fit
- 3) Stretch fit panels for closer comfortable fit
- 4) 2 x adjustable sternum & diaphragm straps for optimum fit
- 5) 3D spacer-mesh for fast drying & breathable comfort
- 6) 2 x stretch mesh pockets with adjustable draw cord closure to fit fuel bottles
- 7) Right-hand side drop down pocket to fit running essentials
- 8) Whistle
- 9) Mesh stash pocket
- 10) Internal key clip
- 11) 3L capacity
- 12) Bungee strap for compression and additional storage
- 13) Soft feeling binding

Size: 3 Litre

Weight: 195g

Fibre content: 45% Polyamide, 55% Polyester



RH-00292
Charcoal/Hot Pink



RH-00264
Charcoal/Fluo Yellow

RH-003942
Run Waist Pack

- Secure pocket with internal fob
- Pocket including key hook
- Adjustable strap
- Stretch for added movement
- Breathable
- Reflective

Size: S/M, L/XL

Weight: 84g

Fibre content: 100% Polyester



R009
All Black

Events and Teams |

**Organising a race, run, sports event or wish to supply your local running club?
Then let us quote for your event t-shirts, singlets and more.**



We can offer:

- Technical, wicking fabrics.
- Colour match service for your specific Pantone shade requirements
- Flexible print options to meet your specific requirements
- Quick response option for those urgent requirements
- Ronhill is a member of the Fairwear Foundation



SOCKS

In partnership with our sister brand, Hilly* we are able to offer technical socks as an alternative race souvenir. Incorporated race or event logo options are available.

***Best sock brand 2016, 2017 and 2018 National Running Awards.**

LEAD TIMES

Lead-time is quoted into the UK warehouse. Delivery date will be quoted from confirmation of order.

CONTACT US

For further details and specific quotes/delivery information and pricing call our

Events Customer Services on +44 (0) 161 366 2757 or email helen.berry@osctd.co.uk

Non-UK customers please contact your local distributor.

CLUB, CHARITY AND CORPORATE KIT SERVICE

We offer a bespoke Club and Corporate kit service. A comprehensive range of t-shirts/singlets/shorts/crop tops and other elastane products in bespoke colours.

- Technical, wicking fabrics.
- Small minimums and short lead times.
- Wide range of design options.
- Full print service.
- 'Cut and Sew' and Sublimation print options.
- Made in the UK

CONTACT US

For further details and to obtain a quote please contact:

UK

Andrew Aked on +44 (0) 1623 559395/551452
andyaked@gmail.com

Non-UK

Customers contact your local distributor.

Fair Wear Foundation |



In 2013 Outdoor and Sports Company Ltd (OSC) became the first UK outdoor sports supplier to become a member of Fair Wear Foundation. OSC's running brands Ronhill and Hilly, alongside outdoor brands Mountain Equipment and Sprayway are all signed up to the initiative.

Fair Wear Foundation (FWF) exists to promote fair labour conditions in the garment industry worldwide. As an affiliate member, OSC commits to implement the stringent FWF Code of Labour Practices in both its own business operations and the supply chain of all of its brands.

OSC has been awarded Leadership status for the third consecutive year.

"We joined Fair Wear Foundation after undertaking a significant programme of preliminary work. Our affiliation with this independent organisation reflects how seriously we take our social responsibility towards all people connected to the OSC business."

*commented Steve Rothwell,
Commercial Director.*

Outdoor and Sports Company Ltd.

The FWF Code of Labour Practices contains eight elements, which are based on United Nations and International Labour Organization principles:

- Employment is freely chosen
- There is no discrimination in employment
- No exploitation of child labour
- Freedom of association and the right to collective bargaining
- Payment of a living wage

- No excessive working hours
- Safe and healthy working conditions
- Legally-binding employment relationship
- OSC Ltd regularly verifies the implementation of these labour practices through factory audits which include both onsite and offsite worker interviews. Annual 'Brand Performance Checks' which assess how well each member's management policies support the Code of Labour Practices. FWF publicly reports on the progress of member companies towards implementation of the Code elements.

Resources |

Ronhill provides a range of physical and digital assets that can be used by retailers to aid merchandising in-store, online and for social media promotion of products.

We actively encourage retailers and the media to use these assets providing it is in an appropriate and responsible manner befitting of the brand.

Product Imagery

A wide range of high quality location and product photography is available. Every product in the collection is photographed in all colour options, with both front and back angles available. Additional detail images are available on selected products. On location photography covers a wide range of products and a mix of brand statement photos utilizing stunning landscapes, textures and buildings.

Product Videos

A collection of high quality short videos that highlight key features and benefits of a selected range of products from the overall collection. These videos are hosted on YouTube™ and you can embed them within your own product pages.

Trade Resources Area

The various digital assets are available on Dropbox for retailers to download. For log in details and password please contact your Ronhill sales representative or contact the marketing team – Oliver Carter (oliver.carter@ronhill.co.uk) or Jack Martin (jack.martin@ronhill.co.uk)



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www.runningroom.com**

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reproduction of the finished garment.

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All weights and measurements are made on
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