



RONHILL

Spring/Summer 2020

Multiple award winning brand





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“Just get your kit on, step out the door. You’ll be as right as rain.”
Dr. Ron Hill

*An inspirational founder, Dr. Ron Hill, and our home, the industrial North of England, have made us what we are today.
For almost 50 years we’ve been putting the miles in - but It’s not something we make a song and dance about.*

We prefer to focus on expertly crafting faultless running gear, we owe that much to every runner out there pushing themselves. Running is pure, simple, unpretentious and deeply human. You become a runner by running - that’s it. Put one foot in front of the other and go. Then it’s just a question of will; legs and minds versus miles. A glorious, stubborn pursuit of better.

Like our founder, we define ourselves by our dedication to running and our unstoppable, daily hunt for improvement. Our testers have run thousands and thousands of miles over the years, and every stride of their insight and expertise lives in our gear. We’re aware there are other sports, but we have no interest in them. All our energy goes into continuing Ron’s legacy - forging the best kit we can for the purest sport there is.



*"It was true on day one and it'll be true on day 18,262.
Who else can say that?"*

*Running has gone from being a very niche activity 50 years
ago to one of the most popular recreational pastimes
in the world today.*

*Ronhill has been at the forefront of this, we make running
clothing for everyone from the beginner to the expert.
And we make nothing but running clothing.*

*To be a runner is to be part of a global family. It is a badge to
wear and we want to celebrate this in all its forms."*

1970:RH.50



Women's Infinity

*Running isn't something we do,
it's part of what we are,
what makes us, us.
Everyday. In all weathers.
Over all terrains.
Kit for those with a never-ending commitment.
Going further.
Going again.
Forever.*



RH-00627
Grape Juice/
Grey Marl

RH-003856 **NEW COLOURS**

Wmn's Infinity Marathon Tank

The seamless construction of this tank provides increased comfort due to zero seams combined with soft fabric. In addition all our seamless products include great wicking ability.

This strappy tank is the ultimate for cool running, ideal for long hot summer runs when minimal coverage and zero seams result in maximum comfort.

Features:

- Super soft, high stretch seamless knit construction for zero chaffing
- Wicking
- Breathable
- Reflective trim
- Slim fit

Size: 6 - 8, 10 - 12, 14 - 16

Weight: 76g

Fibre content: 70% Polyamide, 40% Polyester



RH-00628
Sky Blue Marl

RH-003916 **NEW COLOURS**

Wmn's Infinity Marathon S/S Tee

Softness, stretch and zero chaffing is what makes the Marathon Tee really perform. A unique t-shirt in the range due to its "knitted in a tube" circular knit construction.

This process results in no excess seams, which delivers superior comfort. The t-shirt's design features different knit mesh structures in key zones across the body and is produced from a super soft yarn combination of polyamide/polyester which give improved wicking results from previous versions of this product.

Features:

- Super soft, high stretch seamless knit construction for zero chaffing
- Breathable
- Wicking
- Slim fit
- Reflective
- Vapourlite fabric

Size: 6 - 8, 10 - 12, 14 - 16

Weight: 111g

Fibre content: 70% Polyamide, 30% Polyester



RH-00628
Sky Blue Marl



RH-00627
Grape Juice/
Grey Marl

RH-004630 NEW

Wmn's Infinity Marathon Twin Short

Our founder, Dr. Ron Hill, won the Boston Marathon almost 50 years ago, and since then developing gear fit for the ultimate race has been something of an obsession for us. This season's version is our most technical twin short yet, and is packed with features to help you keep going, and going, and going.

The outer short, in a relaxed fit, stretches brilliantly to let you run freely. Carrying fuel and essentials on a long run shouldn't feel like a long haul – we've carefully designed 2 drop pockets for gels, and a secure pocket at the back too.

A new lightweight performance mesh inner keeps you cool on warm days. Two hidden thigh pockets are great for essential items. The fabric provides the optimum balance of stretch and support.

The Infinity Marathon Twin short is built to help you feel like you can run forever.

Features:

- Breathable
- Wicking
- Reflective
- Relaxed fit
- Outer: Flexlite fabric, inner: Powerlite fabric
- Outer: stretch for added movement, 2 gel stash pockets & 1 secure pocket
- Inner short: stretch for added movement and support, 2 mesh pockets, ventilated

Size: 6 - 16

Weight: 138g

Fibre content: Main Body: 100% Polyester. Lining: 88% Recycled Polyester, 12% Elastane



RH-0009
All Black



RH-00081
Black/Hot Coral



RH-00142
Black/Sky Blue





RH-00631
Charcoal/Cherryade

RH-003815 **NEW COLOURS**

Wmn's Infinity Crop Tight

Super luxurious tight made from true space-dye yarn fabric and tonal power mesh in a modern silhouette with a perfect fit.

Features:

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket

Size: 6 - 16

Weight: 196g

Fibre content: 92% Polyester, 8% Elastane



RH-00304
Black/Grape Juice

RH-003638 NEW COLOURS

Wmn's Infinity Fortify Jacket

To make a truly brilliant waterproof running jacket you need a perfect storm.

Firstly Dr Ron Hill MBE. A trailblazer, not just on the track but in the design of running clothing. To become the best you have to endure the worst and Ron quickly realized this whilst training to break records.

Secondly Manchester. The centrepiece of textile innovation that became known as Cottonopolis. The city and surrounding towns were thriving with the knowledge and expertise that Ron took full advantage of.

Finally rain. This is to Manchester like the sun is to California.

Situated west of the Pennines and close to the Irish sea, the constant scattering of rain makes Manchester the perfect place to design and test jackets. 40 years ago the perfect storm happened to produce the first fully waterproof running jacket. Since that day this jacket has done the miles - just like the runners code, the more miles you cover the better you become. You find small improvements and details that make the difference. The Fortify is the result of forty years work.

Winter weather is prone to change from one mile to the next, which can expose your choice of kit. The Fortify has the perfect sweet spot between breathability and water protection. The balance of the two will stop you from overheating and keep you dry when the rain arrives.

Its worth noting that heavy legs are bad enough without carrying extra weight - that's why we constructed this jacket in a lightweight 15-denier polyamide fabric. The jackets fully adjustable hood molds to your head giving you an un-obstructive view and stopping rain from getting in.

Finally, there's nothing worse than icy cold hands. The front chest pocket is the place to stash a pair of merino gloves for when you need them.

- Waterproof
- Windproof
- Breathable
- Reflective trim
- Relaxed fit
- Aqualite fabric
- Adjustable hood.
- Secure pocket with internal fob pocket including key hook
- Venting tab

Size: 6 - 16

Weight: 211g

Fibre content: 100% Polyamide



RH-00639
Grape Juice/
Hot Coral



Women's Stride

Focus. Improve. Achieve.

*Track, field, road - it doesn't matter where -
we **#RunEveryDay***



Re-invent. Revive. Run.

Keep going, and going, and going. To state the obvious, running is about moving forward. We're 50 this year, but you won't find us taking a nostalgic pause or giving ourselves a celebratory pat on the back - how would that help runners?

50 years ago, our founder, Dr. Ron Hill, was never interested in how things had been, or how things are. Instead he was obsessed with how things could be better. Ron ripped his running shorts to aid his stride, inventing the split short. He was one of the first to experiment with mesh, and performance fabrics for runners. This innovation, invention and re-invention created the benchmarks for modern running gear.

Our new Revive series is the continuation of this story. In 2020 innovation must consider the planet, so using eco-conscious, whisper light fabrics created from recycled yarn, we've defined new standards for split shorts, race vests, T-shirts and tights. Built from the deep insight of our test team, the Revive series is cutting-edge, high-performance technical gear designed to meet real world needs of runners.

Every seam and stitch has been considered, fits have been carefully tweaked and refined, features improved and simplified. Revive takes everything we've learned from 50 years of running and weaves it into gear made for one focused purpose: To help runners run.



RH-004597 **NEW**

Wmn's Stride Revive Racer Vest



Let nothing hold you back. Our streamlined Revive vest sets a new planet-friendly standard in technical running gear. Super soft, highly breathable and moisture-wicking, the whisper light eco-conscious fabric, made from recycled yarn, certainly won't weigh you down.

Slim fitting with stretch for added movement and featuring deep arm holes and a racer back, the carefully engineered performance cut helps you run fast and free. Distinctive patterning and a subtle 50th anniversary date stamp graphic are the perfect finishing line touches.

Features:

- Made from recycled yarns
- Wicking
- Breathable
- Lightweight
- Super soft
- Stretch for added movement
- Slim fit

Size: 6 - 16

Weight: 67g

Fibre content: 88% Polyester (Recycled), 12% Elastane



RH-00648
SkyBlue/Cherryade



RH-00639
Grape Juice/
Hot Coral





RH-004605 NEW

Wmn's Stride Revive S/S Tee



Running may be simple in theory, but that doesn't mean it's always easy. On paper, creating a T-Shirt for running is simple too, right? Just combine a good fit with some good fabric - job done.

50 years of innovation has taught us that actually, simple isn't easy, and 'good' won't cut it - we aim for perfect. The slim fit of our Revive series T-Shirt has been developed from in-depth feedback from our testers to be spot on, run after run. The super soft material is our whisper light, breathable, moisture-wicking, eco-conscious fabric, made from recycled yarn, which has exactly the right amount of stretch. This carefully conceived combination of fit and fabric will help you to push yourself further and faster.

The T-Shirt has reflective elements to help keep you visible, and features our distinctive Revive series patterning and a subtle 50th anniversary date stamp graphic - to celebrate half a century of making kit that helps runners run.

Features:

- Made from recycled yarns
- Wicking
- Breathable
- Lightweight
- Super soft
- Reflective
- Stretch for added movement
- Slim fit

Size: 6 - 16

Weight: 77g

Fibre content: 88% Polyester (Recycled), 12% Elastane



RH-00648
SkyBlue/Cherryade



RH-00639
Grape Juice/
Hot Coral





RH-004646

NEW

Wmn's Stride Revive Short



Running is freedom and movement, which is exactly where our thinking for these shorts started. When you're looking to speed up you don't want shorts that get in your way - the racer is built to let you move - a redefinition of the split short from the brand that invented them.

Light as a feather and minimal, the Revive Racer short has exactly what you need, and nothing you don't. A simple drawstring waistband and ventilation provide mile after mile comfort, one lightweight zipped security pocket adds practicality but not bulk. The lightweight inner knicker, with a design refined from tester feedback, is engineered from our eco-conscious, breathable, high-wicking fabric in recycled yarn. Reflective strips help keep you safe, and a subtle 50th anniversary date stamp graphic celebrates the half century of innovation that is stitched in.

Features:

- Made from recycled yarns
- Stretch for added movement and support
- Secure pocket
- Fob pocket
- Breathable
- Lightweight
- Ventilated
- Inner brief
- Reflective
- Relaxed fit

Size: 6 - 16

Weight: 114g

Fibre content: Main Body: 100% Recycled Polyester. Lining: 88% Recycled Polyester, 12% Elastane



RH-00142
Black/Sky Blue



RH-00081
Black/Hot Coral





RH-004609 NEW

Wmn's Stride Revive Crop Tight



Our founder has a Phd in textile chemistry, so fabric is a pretty big deal for us. The breathable, moisture-wicking, eco-conscious fabric we've found for these cropped tights feels just right next to the skin. Made from recycled yarn, it's amazingly supportive, while still lightweight and stretchy enough not to slow you down.

The tights have a secure pocket, and a stash pocket on the thigh. As part of our innovative Revive series they feature a discreet 50th anniversary date stamp graphic to celebrate half a century of helping runners push themselves further.

Features:

- Made from recycled yarns
- Stretch for added movement and support
- Thigh stash pocket
- Secure pocket
- Wicking
- Breathable
- Lightweight
- Skin fit

Size: 6 - 16

Weight: 153g

Fibre content: Main Body: 88% Recycled Polyester, 12% Elastane.
Mesh Panels: 88% Recycled Polyester, 12% Elastane



RH-00304
Black/Grape Juice



RH-00142
Black/Sky Blue





RH00298
Grape Juice Marl

RH-004774 NEW

Wmn's Stride S/S Tee

Train in it. Race in it. Produced in a fabric which is light, breathable and has a subtle mono-colour rib effect.

Our testing has shown good wicking and evaporation results making this a wonderful tee all year round.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 94g

Fibre content: 95% Polyester, 5% Elastane



RH-00214
Charcoal Marl



RH-00628
Sky Blue Marl



RH-00628
Sky Blue Marl

RH-004695 **NEW**

Wmn's Stride L/S Tee

Train in it. Race in it. Produced in a fabric which is light, breathable and has a subtle mono-colour rib effect.

Our testing has shown good wicking and evaporation results making this a wonderful tee all year round.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 118g

Fibre content: 95% Polyester, 5% Elastane



RH-00142
Black/Sky Blue

RH-003969 **NEW COLOURS**

Wmn's Stride Tank

This is the only tank we produce with an inner support.

The back panel is made from a luxurious feel, lighter weight marl.

Features:

- Breathable
- Wicking
- Reflective trim
- Inner bust support
- Skin fit

Size: 6 - 16

Weight: 131g

Fibre content: 84% Polyester, 16% Elastane



RH-00640
Grape/Charcoal Marl

RH-004734 NEW

Wmn's Stride Twin Short

A thoroughbred running short that offers both support and freedom – the best of both worlds, without compromising one or the other. The inner short is in our technical Powerlite fabric – carefully chosen to allow stretch where needed, but still provide support without hindering free movement.

The outer short, created from our advanced, breathable and high-wicking Flexlite fabric, has a relaxed fit, a secure pocket for essentials, and features reflective strips to help you stay safe.

Features:

- Breathable
- Wicking
- Relaxed fit
- Reflective
- Outer: Flexlite fabric, inner: Powerlite fabric
- Outer: secure pocket
- Inner short: stretch for added movement and support

Size: 6 - 16

Weight: 134g

Fibre content: Main Body: 100% Polyester. Lining: 88% Polyester, 12% Elastane



RH-00217
Black/Charcoal Marl



RH-003913

Wmn's Stride Cargo Short

This longer short (18cm inside leg) features our multi-pocket system. The outer short features quick access drop pockets, which are ideal for carrying gels.

Alternatively they could be used for small items such as sunscreen, lip salve, tissues etc. The 2-in-1 zipped secure pocket is made for valuables and features an inner fob pocket for keys or parkrun card. The outer short is made in premium stretch woven fabric with elastane, side splits and comes with a reflective trim.

Features:

- Technical short for carrying items whilst you run
- 2 gel stash pockets
- 1 secure pocket
- 1 fob pocket, inner brief
- Breathable
- Reflective trim
- Relaxed fit

Size: 6 - 16

Weight: 127g

Fibre content: Main Body: 100% Polyester. Lining: 100% Polyester (with Bamboo Charcoal)

R009
All Black



RO09
All Black

RH-004760 **NEW**

Wmn's Stride Stretch Short

The high quality polyamide fabric gives good coverage and no show through. The longer leg length is particularly well-liked, whilst the flat waistband with inner draw cord gives superb comfort and security. Reflectivity is included.

Features:

- Breathable
- Skin fit
- Powerlite
- Stretch for added movement and support
- Reflective
- Secure pocket

Size: 6 - 16

Weight: 119g

Fibre content: 91% Polyamide, 9% Elastane



RH-00304
Black/Grape Juice

RH-004428 NEW COLOURS

Wmn's Stride Stretch Capri

This is a capri length version of our stride stretch tight.

There are key characteristics that make these products favourites season after season. The high quality polyamide fabric gives good coverage and support and works throughout the year. The much-loved flat wide waistband with inner draw cord gives superb comfort and security, and the elasticated hem stops the leg length from riding up. Mesh is used behind the knee to add extra breathability and reflective trim keeps you safe when light levels are low.

This design features flattering seamlines and a stretch pocket on one thigh, in addition to the zip secure pocket at the centre back. Our product testers have commented that they love having two pockets for carrying different items and many like carrying their phone in this thigh pocket.

Features:

- Breathable
- Reflective trim
- Stretch for added movement
- Secure pocket
- Side stash pocket
- Inside leg length: 44cm (size 12)

Size: 6 - 16

Weight: 162g

Fibre content: 91% Polyamide, 9% Elastane



R009
All Black



RH-00304
Black/Grape Juice

RH-004276 **NEW COLOURS**

Wmn's Stride Stretch Tight

This is our core traditional running tight, and we have been producing versions of this for nearly five decades. So there's a lot of experience and miles in these tights.

There are key characteristics that make these products favourites season after season. The high quality polyamide fabric gives good coverage and support and works throughout the year. The much-loved flat wide waistband with inner draw cord gives superb comfort and security, and the elasticated hem and ankle zips with lock down puller. Mesh is used behind the knee to add extra breathability and reflective trim keeps you safe when light levels are low.

This design features flattering seamlines and a stretch pocket on one thigh, in addition to the zip secure pocket at the centre back. Our product testers have commented that they love having two pockets for carrying different items and many like carrying their phone in this thigh pocket.

Features:

- Breathable
- Reflective trim
- Stretch for added movement
- Secure pocket
- Ankle zips
- Side stash pocket

Size: 6 - 16

Weight: 221g

Fibre content: 91% Polyamide, 9% Elastane



R009
All Black



RH-00639
Grape Juice/
Hot Coral

RH-003388 **NEW COLOURS**

Wmn's Stride Matrix 1/2 Zip

For the people that see running as just a summer activity, this isn't the top for you.

Temperatures can be particularly low during early mornings training runs in the spring. The Matrix ½ zip tee is a layering piece that is essential for these cold or cool days.

Made in a soft fabric with a fleece texture, we've carefully selected this because of its unique knitted grid pattern.

It retains the warm air that you produce between your body and the outer surface of the top.

The grid pattern also creates low bulk which means that it will layer effectively over a base layer or under a jacket. It can also be worn next to skin if preferred.

The different sized yarns within the grid work to draw sweat from the inside surface to the outer keeping you dry.

Depending on how cold the conditions are there's the option of a full mitten to stop your body heat escaping through your hands.

Features:

- Breathable
- Wicking
- Reflective trim
- Small secure pocket
- Thumb loops
- Mitt

Size: 6 - 16

Weight: 190g

Fibre content: 96% Polyester, 4% Elastane

RH-004281 **NEW COLOURS**

Wmn's Stride Windspeed Jacket

This is our core wind resistant running jacket. Whether you are new to running or have been obsessed with running for years you will appreciate the benefits of a wind resistant jacket. Perfect for most days, when it's not raining, a wind resistant jacket will be the most comfortable option for some protection from wind chills and a light drizzle. This is because the breathability is not impeded by a waterproof laminate found on waterproof jackets which need to be more robust to keep the rain out.

Through experience and research we know that the ideal wind resistant jacket has an air permeability of around 5. Air permeability measures how wind resistant any fabric is with a score of 0 being totally windproof, whilst a result of around 5 means that the trade-off between wind resistance and breathability is at the ideal level for runners.

The Stride Windspeed Jacket has charcoal reflectivity front and back, and graphics to sleeve hem.

Features:

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Thumb loops
- Venting tab

Size: 6 - 16**Weight:** 138g**Fibre content:** 100% Polyester

RH-00304
Black/Grape Juice



Women's Momentum

*Escape. De-stress. Energise.
Before breakfast, home from work,
at lunch time, on the school run,
down to the shops.
With friends. On your own.
Live to the rhythm of your daily run.*



RH-00635
Cherryade/Sky Blue

RH-004804 **NEW**

Wmn's Momentum Flow Vest

Find your flow – run with friends, run to the gym, run to work. The Flow Vest is designed to help you find your rhythm. In a relaxed, flattering fit, it's technical enough to crunch the km's, but won't look out of place running in town or with friends.

The Vapourlite fabric is breathable and will wick moisture away from the body to keep you comfortable and cool.

The Tee has subtle stripes and is available in not so subtle 'look at me go' colours.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 62g

Fibre content: 100% Polyester



R009
All Black



RH-004671 NEW

Wmn's Momentum Flow S/S Tee

Find your flow – run with friends, run to the gym, run to work. The Flow Tee is designed to help you find your rhythm. It's technical enough to crunch the km's, but won't look out of place running in town or with friends. The relaxed, flattering, boxy silhouette looks great with tights.

The Vapourlite fabric is breathable and will wick moisture away from the body to keep you comfortable and cool. The Tee has subtle stripes and is available in not so subtle 'look at me go' colours.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 96g

Fibre content: 100% Polyester



R009
All Black



RH-00635
Cherryade/Sky Blue



RH-00641
Hot Coral/
Grape Juice



RH-003929 **NEW COLOURS**

Wmn's Momentum Run Bra

This circular knit, or seamless bra is soft and comfortable.

The removable pads allows the user choice to customise their shape and coverage.

The Ronhill Run Bra is best for A to C cup.

Features:

- Breathable
- High wicking
- Super soft high stretch seamless knit construction for zero chaffing
- Removable pads
- Suitable up to C-cup bra size

Size: S, M, L

Weight: 88g

Fibre content: 78% Polyamide, 16% Polyester, 6% Elastane



RH-00627
Grape Juice/Grey
Marl



RH-00167
Black/Grey Marl



RH-00298
Grape Juice Marl

RH-003971 **NEW COLOURS**

Wmn's Momentum Body Tank

A modern tank in the longer length, racer back style with a flattering fit. This fabric has had great feedback from our product testers, being lighter and more breathable than ever before.

Features:

- Breathable
- Wicking
- Slim fit
- Powerlite fabric

Size: 6 - 16

Weight: 97g

Fibre content: 88% Polyester, 12% Elastane



RH-00102
Grey Marl



RH-004672 **NEW**

Wmn's Momentum Tencel S/S Tee

Luxurious, soft, highly breathable, and naturally brilliant at wicking moisture away from the body, Tencel™ is a natural wonder, and feels simply amazing next to the skin. Combining this natural fibre with other technical yarns is the best way to hit the sweet spot between feel and performance - this version of our Vapourlite fabric has got the balance just right.

So if your running wardrobe could do with an upgrade give our Tencel™ Tee a go. Available in a relaxed, versatile fit it will help keep you comfortable run after run after run.

Features:

- Luxurious soft Tencel™ is lightweight and naturally breathable
- Breathable
- Wicking
- Relaxed fit
- Vapourlite

Size: 6 - 16

Weight: 98g

Fibre content: 86% Recycled Polyester, 9% Tencel, 5% Elastane



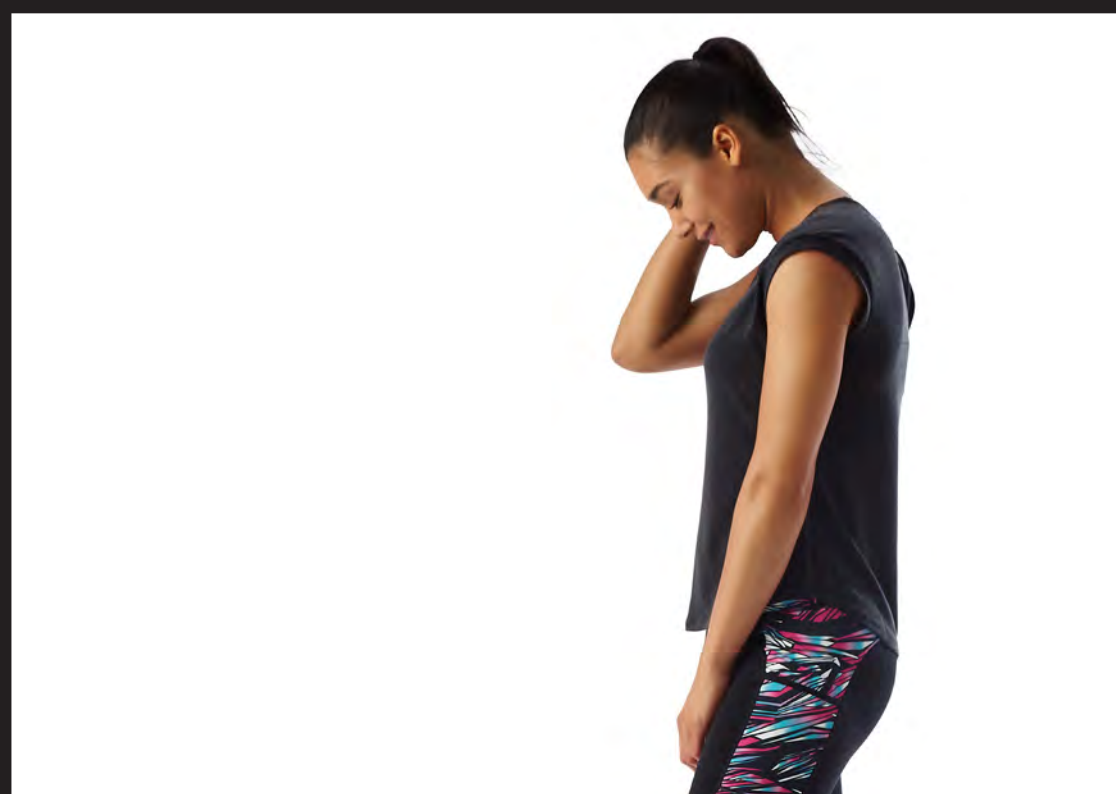
RH-00308
Black Marl



RH-00298
Grape Juice Marl



RH-00628
Sky Blue Marl





RH-00639
Grape Juice/
Hot Coral

RH-004596 NEW

Wmn's Momentum 7" Unlined Short

These unlined shorts are proper runners, just without the inner, which means the choice of what to wear them with is yours. These are our longest length short.

Built from our Flexlite fabric with stretch for freedom of movement. They are breathable and have a secure pocket for essential items.

The 7" unlined short has the technical performance you expect from Ronhill kit, but with added versatility - winner.

Features:

- Breathable
- Relaxed fit
- Reflective
- Stretch for added movement
- Flexlite
- Secure pocket

Size: 6 - 16

Weight: 131g

Fibre content: Main Body: 100% Polyester.
Contrast: 80% Polyamide, 20% Elastane



RH-00659
Black/Mono Tribal

RH-004664 NEW

Wmn's Momentum Twin Short

*Two-in-one short. Plain outer with a patterned inner.
This stretch woven short with supportive next-to-skin inner short is very flattering.*

Key features are a secure pocket on outer short and the high elastane content on the inner short - perfect for support and great stretch and recovery. This is also the shortest twin short in our range.

Features:

- Breathable
- Wicking
- Relaxed fit
- Reflective
- Outer: Flexlite fabric, inner: Powerlite fabric
- Outer: secure pocket
- Inner short: stretch for added movement and support

Size: 6 - 16

Weight: 148g

Fibre content: Main Body: 100% Polyester.
Lining: 80% Polyamide, 20% Elastane



RH-00142
Black/Sky Blue



RH-00639
Grape Juice/
Hot Coral



RH-00652
Grape Juice Rock



RH-004733 NEW

Wmn's Momentum Crop Tight

These running tights are simple and complicated all at the same time. Sure, they look simple enough - but they do lots of complicated things. The combination of fit and fabric has been carefully chosen to flatter, support, allow free movement, be incredibly comfy, not 'bag' where they shouldn't, wick moisture away from the skin, and look fantastic, all at once.

All this means the Momentum crop tight is perfect for your active life; training, running, and even recovering with a coffee and friends.

This flattering crop length is perfect for summer days.

Features:

- Breathable
- Skin fit
- Powerlite
- Stretch for added movement and support
- Secure pocket

Size: 6 - 16

Weight: 196g

Fibre content: 80% Polyamide, 20% Elastane



RH-00653
Mono Tribal



RH-00658
Sky Blue Soleus

RH-004776 NEW

Wmn's Momentum Tight

These running tights are simple and complicated all at the same time. Sure, they look simple enough - but they do lots of complicated things. The combination of fit and fabric has been carefully chosen to flatter, support, allow free movement, be incredibly comfy, not 'bag' where they shouldn't, wick moisture away from the skin, and look fantastic, all at once.

All this means the Momentum tight is perfect for your active life; training, running, and even recovering with a coffee and friends.

Features:

- Breathable
- Skin fit
- Powerlite
- Stretch for added movement and support
- Secure pocket

Size: 6 - 16

Weight: 201g

Fibre content: 80% Polyamide, 20% Elastane



RH-00656
Mono Rock



RH-004729 NEW

Wmn's Momentum Sculpt Tight

Designed to accentuate the body, so you can look good and feel good.

This tight features a combination of solid and print panels from our latest seasonal print selection. This tight features a stash pocket to the side of the leg, which can securely hold small items. It also works well with most phones. The tight offers a high waistband for a flattering silhouette and a curved seam to the rear enhances the figure. We carefully selected the fabric for great stretch and recovery. A back zip security pocket is offset for floor work in the gym in addition to running.

Features:

- Breathable
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket
- Thigh stash pocket

Size: 6 - 16

Weight: 229g

Fibre content: 80% Polyamide, 20% Elastane



RH-00654
Black/Grape
Juice Blast



RH-00657
Sky Blue Blast





RH-004777 NEW

Wmn's Momentum Sculpt Crop Tight

Designed to accentuate the body, so you can look good and feel good.

This tight features a combination of solid and print panels from our latest seasonal print selection. This tight features a stash pocket to the side of the leg, which can securely hold small items. It also works well with most phones. The tight offers a high waistband for a flattering silhouette and a curved seam to the rear enhances the figure. We carefully selected the fabric for great stretch and recovery. A back zip security pocket is offset for floor work in the gym in addition to running.

This flattering crop length is perfect for summer days.

Features:

- Breathable
- Skin fit
- Powerlite fabric
- Stretch for added movement and support
- Secure pocket
- Thigh stash pocket

Size: 6 - 16

Weight: 214g

Fibre content: 80% Polyamide, 20% Elastane



RH-00405
Charcoal Marl/Black



RH-00655
Black/Cherryade
Blast





RO09
All Black

RH-004293

Wmn's Momentum Seamless Tight

Our Seamless Tights are stylish, flexible, and designed to support your muscles. The high waistband and strong performance fabric hold you in for a flattering look, while still allowing you to run, stretch, train and recover however you want. They'll make you feel like a superhero - quite an achievement for a pair of tights.

We know some superheroes like to wear their underwear on the outside, but these tights are all about keeping everything very hidden, no visible lines thank you very much. Less seams means less chaffing, and the holes aren't just there for decoration - they are a neat way to add ventilation.

If you love to run, and you're on a journey to improve your health and wellbeing, these tights will be your dependable sidekick. They'll also be there for core sessions, stretching, the gym and other general hero work.

Features:

- High stretch seamless knit construction for zero chaffing
- Stretch for added movement and support
- Super soft
- Skin fit
- Breathable
- Ventilated
- Lightweight
- Vapourlite

Size: 6 - 16

Weight: 269g

Fibre content: 91% Polyamide, 9% Elastane



RH-00639
Grape Juice/Hot
Coral

RH-003394 **NEW COLOURS**

Wmn's Momentum Workout Hoodie

Everyone needs a favourite hoodie.

Something to throw on before and after mid-week training, to cover your glowing efforts after a parkrun and again on a Sunday to lounge in recovering from a long run.

The Momentum Workout Hoodie does all of the above and so much more. The luxurious fabric is both breathable and wicking, which means you can run in this as well as look good in it.

This hoodie has been rigorously tested and the feedback is always unanimous - today's runner loves its versatility and function.

The half zip is great for controlling core body temperature whilst out on your run. Reflectivity, a secure pocket and thumb loops are additional features that make this hoodie so popular.

Features:

- Breathable
- Wicking
- Reflective trim
- Secure pocket
- Thumb loops
- 1/2 Zip ventilation

Size: 6 - 16

Weight: 218g

Fibre content: 88% Polyester, 12% Elastane



RH-00634
Charcoal Marl/Sky
Blue



RH-00648
Sky Blue/Cherryade

RH-004429 NEW COLOURS

Wmn's Momentum Afterlight Jacket

Lightweight, wind resistant and highly reflective. The Afterlight jacket has got the balance between these three deceptively simple benchmark attributes absolutely right. We know because lots of you have told us. The Afterlight hasn't been around for that many seasons, but already it is a firm favourite - it is the 'just right' visible, protective layer for running in the cooler months.

Getting a lightweight jacket specifically for running 'right' doesn't just happen. Half a century of specialist running knowledge is sewn in to this trustworthy performer. But just because the Afterlight is reliable, doesn't mean it's dull. Actually, it's a bit of a stylish attention seeker.

A patterned print gives 360° reflective coverage, and additional reflective strips to the front and back complete the job of letting drivers know where you are.

A roll away hood provides extra protection if needed, and a secure pocket provides somewhere to keep keys, a parkrun barcode, or your trusty smartphone.

Features:

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Roll away hood
- Venting tab

Size: 6 - 16

Weight: 154g

Fibre content: 100% Polyester



Women's Everyday

*Running feels good. So go running every day.
Leave the adrenaline-fuelled nonsense to others.
This fuss free gear calmly does the job.
Step out your door and let your legs do the rest.*



RH-00647
Sky Blue Marl/Cherry

RH-004627 **NEW**

Wmn's Everyday Vest

For every run, everyone, every day. Our relaxed fit, basic vest is anything but; made from our high performance Vapourlite fabric, it's lightweight, breathable and effectively wicks moisture away from the body, plus it feels great.

And of course it has Ronhill quality stitched in, which means it will be there for you run after run. Put it on and off you go.

Job done.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 69g

Fibre content: 100% Polyester



RH-00214
Charcoal Marl



RH-00651
Grape Juice Marl/
Hot Coral

RH-004617 NEW

Wmn's Everyday S/S Tee

For every run, everyone, every day. Our relaxed fit, basic Short-sleeved Tee is anything but; made from our high performance Vapourlite fabric, it's lightweight, breathable and effectively wicks moisture away from the body, plus it feels great.

And of course it has Ronhill quality stitched in, which means it will be there for you run after run. Put it on and off you go.

Job done.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 18

Weight: 84g

Fibre content: 100% Polyester



RH-00214
Charcoal Marl



RH-00647
Sky Blue Marl/Cherry



RH-00214
Charcoal Marl

RH-004626 **NEW**

Wmn's Everyday L/S Tee

For every run, everyone, every day. Our relaxed fit, basic Long-sleeved Tee is anything but; made from our high performance Vapourlite fabric, it's lightweight, breathable and effectively wicks moisture away from the body, plus it feels great.

And of course it has Ronhill quality stitched in, which means it will be there for you run after run. Put it on and off you go.

Job done.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: 6 - 16

Weight: 114g

Fibre content: 100% Polyester

RH-002245 **NEW COLOURS**

Wmn's Everyday Jacket

Just a running jacket? Nothing more, nothing less? Well certainly it has more than meets the eye. This functional running jacket has a flattering silhouette, which really slims the waistline and features neat articulated sleeves. The jacket is really lightweight and breathable with a water resistant finish.

The cuffs and hem are semi articulated and the front zip security pocket is easy to access. The jacket features a fleece-lined collar, which is soft and comfortable around the neckline. We have also lined the pocket bags so your keys don't get caught.

Features:

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket

Size: 6 - 18**Weight:** 143g**Fibre content:** 100% Polyester

RH-00648
Sky Blue/Cherryade



R010
Fluo Yellow



RH-00639
Grape Juice/Hot
Coral



RO09
All Black

RH-002381

Wmn's Everyday Run Capri

Whether it is on the pavement, track or trail you're ready to go. A deep modern and supportive waistband, and flattering curved seams through the thigh and over the bottom give this a great flattering fit. This comfortable fabric feels great on and provides lots of stretch and recovery. An internal pocket is tucked into the waistband for small items.

Features:

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support

Size: 6 - 18

Weight: 168g

Fibre content: 90% Polyester, 10% Elastane



R009
All Black

RH-002243

Wmn's Everyday Run Tight

Running tights. They may not be for everyone, but these are. These tights are designed on a modern block with flattering style lines. Made in a comfortable fabric it feels great on and provides lots of stretch and recovery. An internal pocket is tucked into the waistband for small items. The ankle zips feature reflective trim with lock down zips.

Features:

- Breathable
- Wicking
- Reflective trim
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support
- Ankle zips

Size: 6 - 18

Weight: 199g

Fibre content: 90% Polyester, 10% Elastane



R009
All Black

RH-003989

Wmn's Everyday Slim Pant

This Slim Pant is ideal for days when you don't want to wear tights. Featuring a flat waistband and style lines, including the curved seam to the rear, to enhance the figure. This pant features a water repellent treatment to the fabric, which keeps you dry if you get caught out in a light shower, a back zip secure pocket and reflective tape to back leg complete with colour contrast stitch lines.

Features:

- Water resistant - WR C6
- Breathable
- Reflective trim
- Slim fit
- Regulite fabric
- Secure pocket

Size: 6 - 16

Weight: 216g

Fibre content: 100% Polyester



R009
All Black

RH-003409

Wmn's Everyday Trackster

Just as appropriate to runners now as they were back then. A running classic. The Everyday Trackster is a slim functional running pant based on Ron's design classic that put the brand on the map. Features include a water repellent treatment to the fabric, which keeps you dry if you get caught out in a light shower.

The flat waistband and style lines, including the curved seam to the rear, enhance your figure. Other details include reflective print to the back. The practical foot stirrups hark back to the original design and are useful for securing your pant leg in place whilst running.

Features:

- Water resistant - WR C6
- Breathable
- Reflective trim
- Slim fit
- Regulite fabric
- Secure pocket
- Foot stirrups

Size: 6 - 16

Weight: 220g

Fibre content: 100% Polyester



Men's Infinity

*Running isn't something we do,
it's part of what we are, what makes us, us.
Everyday. In all weathers. Over all terrains.
Kit for those with a never-ending commitment.
Going further. Going again. Forever.*

RH-003915 NEW COLOURS

Men's Infinity Marathon S/S Tee

Developing the ultimate running Tee has, fittingly, been a marathon, not a sprint. Every part of this deceptively simple piece of kit has been carefully considered to help you go the distance. When you're racking up the big miles stretch, softness, fit, and comfort all have to be perfect. The breathable, high wicking, Vapourlite fabric is crafted from super soft performance yarn, which, crucially, is "knitted in a tube" to create a seamless piece of fabric which fits brilliantly around you, resulting in zero chaffing - result!

This circular knit construction also allows us to define different mesh structures in key zones on the body to improve moisture transfer where it's most needed. And if all this innovation isn't enough for you, we've added a reflective strip too.

Features:

- Super soft, high stretch seamless knit construction for zero chaffing
- Breathable
- Wicking
- Slim fit
- Reflective
- Vapourlite fabric

Size: S, M, L**Weight:** 137g**Fibre content:** 70% Polyamide, 30% Polyester

RH-00646
Bright White/Grey
Marl



RH-00637
Electric Blue/Grey
Marl



RH-00642
Midnight Blue/
Electric Blue

RH-004631 NEW

Men's Infinity Marathon Twin Short

Our founder, Dr. Ron Hill, won the Boston Marathon almost 50 years ago, and since then developing gear fit for the ultimate race has been something of an obsession for us. This season's version is our most technical twin short yet, and is packed with features to help you keep going, and going, and going.

The outer short, in a relaxed fit, stretches brilliantly to let you run freely. Carrying fuel and essentials on a long run shouldn't feel like a long haul – we've carefully designed 2 drop pockets for gels, and a secure pocket at the back too.

A new lightweight performance mesh inner keeps you cool on warm days. Two hidden thigh pockets are great for essential items. The fabric provides the optimum balance of stretch and support.

Features:

- Breathable
- Wicking
- Reflective trim
- Relaxed fit
- Outer: Flexlite fabric, inner: Powerlite fabric
- Inner short: stretch for added movement and support, 2 mesh pockets, ventilated - outer: stretch for added movement, 2 gel stash pockets & 1 secure pocket
- Inner inside leg: 24cm, outer inside leg: 12cm

Size: S - XL

Weight: 167g

Fibre content:

Main Body: 100% Polyester. Lining: 88% Recycled Polyester, 12% Elastane



RH-00630
Black/Mulberry/
Bright White



R009
All Black



RH-003994

Men's Infinity Marathon Short

Great supportive short with lots of stretch and maximum storage. Two side power-mesh thigh pockets carry fuel flasks, sunscreen or tissues. This short has four elasticated loop storage for gels and an expandable pocket that accommodate a lightweight jacket or gilet - up to 600ml capacity. It also has two quick access drop pocket.

Features:

- Breathable
- Skin fit
- Powerlite fabric
- Supportive short with pockets
- 4 gel loops
- Suitable for 60ml gels

Size: S - XL

Weight: 228g

Fibre content: 91% Polyamide, 9% Elastane

R009
All Black



RH-00643
Midnight Blue/Flame

RH-003837 **NEW COLOURS**

Men's Infinity Air-Dry S/S Tee

A modern tee where the fabric does all the talking.

From our wearer trial and lab testing feedback this new jacquard fabric combines excellent wicking with superb evaporation or drying rates and is highly breathable. The result is a super comfortable feel, however long or hot your autumn run. Jacquard fabrics incorporate the design into the weave instead of being printed or dyed giving interest to the surface and an updated look. This makes it really stand out from the crowd and provides a different look from the popular melange fabrics. The subtle features include a dropped hem with split sides, contrasting colour bar tacks and a reflective tab to the back hem.

Features:

- Breathable
- Reflective trim
- Relaxed fit
- Vapourlite fabric
- Super wicking and drying

Size: S - XL

Weight: 140g

Fibre content: 96% Polyester, 4% Elastane



RH-00636
Electric Blue/Flame

RH-003389 NEW COLOURS

Men's Infinity Fortify Jacket

To make a truly brilliant waterproof running jacket you need a perfect storm.

Firstly Dr Ron Hill MBE. A trailblazer, not just on the track but in the design of running clothing. To become the best you have to endure the worst and Ron quickly realized this whilst training to break records.

Secondly Manchester. The centrepiece of textile innovation that became known as Cottonopolis. The city and surrounding towns were thriving with the knowledge and expertise that Ron took full advantage of.

Finally rain. This is to Manchester like the sun is to California.

Situated west of the Pennines and close to the Irish sea, the constant scattering of rain makes Manchester the perfect place to design and test jackets.

40 years ago the perfect storm happened to produce the first fully waterproof running jacket. Since that day this jacket has done the miles - just like the runners code, the more miles you cover the better you become. You find small improvements and details that make the difference. The Fortify is the result of forty years work.

Winter weather is prone to change from one mile to the next, which can expose your choice of kit. The Fortify has the perfect sweet spot between breathability and water protection. The balance of the two will stop you from overheating and keep you dry when the rain arrives.

Its worth noting that heavy legs are bad enough without carrying extra weight - that's why we constructed this jacket in a lightweight 15-denier polyamide fabric. The jackets fully adjustable hood molds to your head giving you an un-obstructive view and stopping rain from getting in.

Finally, there's nothing worse than icy cold hands. The front chest pocket is the place to stash a pair of merino gloves for when you need them.

- Waterproof
- Windproof
- Breathable
- Reflective trim
- Relaxed fit
- Aqualite fabric
- Adjustable hood.
- Hydrostatic head 30,000 j/s 1092. Moisture permeability 35,000 j/s 1099-b1.
- Secure pocket with internal fob pocket including key hook
- Venting tab

Size: S - XL

Weight: 245g

Fibre content: 100% Polyamide



Men's Stride

Focus. Improve. Achieve.

*Track, field, road - it doesn't matter where -
we **#RunEveryDay***



Re-invent. Revive. Run.

Keep going, and going, and going. To state the obvious, running is about moving forward. We're 50 this year, but you won't find us taking a nostalgic pause or giving ourselves a celebratory pat on the back – how would that help runners?

50 years ago, our founder, Dr. Ron Hill, was never interested in how things had been, or how things are. Instead he was obsessed with how things could be better. Ron ripped his running shorts to aid his stride, inventing the split short. He was one of the first to experiment with mesh, and performance fabrics for runners. This innovation, invention and re-invention created the benchmarks for modern running gear.

Our new Revive series is the continuation of this story. In 2020 innovation must consider the planet, so using eco-conscious, whisper light fabrics created from recycled yarn, we've defined new standards for split shorts, race vests, T-shirts and tights. Built from the deep insight of our test team, the Revive series is cutting-edge, high-performance technical gear designed to meet real world needs of runners.

Every seam and stitch has been considered, fits have been carefully tweaked and refined, features improved and simplified. Revive takes everything we've learned from 50 years of running and weaves it into gear made for one focused purpose: To help runners run.



RH-004604 **NEW**

Men's Stride Revive Racer Vest



When things get hot, run fast and free in our Revive vest. Highly breathable and moisture-wicking, our super soft, whisper light eco-conscious fabric, made from recycled yarn, certainly won't weigh you down as the miles fly by.

Slim fitting with stretch for added movement and featuring deep arm holes and a racer back, the carefully engineered athletic cut ensures nothing holds you back. With distinctive patterning and a subtle 50th anniversary date stamp graphic, the streamlined Revive vest sets a new planet-friendly standard in technical running gear.

Features:

- Made from recycled yarns
- Wicking
- Breathable
- Lightweight
- Super soft
- Reflective
- Stretch for added movement
- Slim fit

Size: S - XL

Weight: 74g

Fibre content: 88% Polyester (Recycled), 12% Elastane



RH-00643
Midnight Blue/Flame



RH-00629
Black/Mulberry



1970:RH.50



RONHILL



1970:RH.50

RH-004602 **NEW**

Men's Stride Revive Racer Short



Running is freedom and movement, which is exactly where our thinking for these shorts started. When you're looking to speed up you don't want shorts that get in your way - the racer is built to let you move - a redefinition of the split short from the brand that invented them.

Light as a feather and minimal, the Revive Racer short has exactly what you need, and nothing you don't. A simple drawstring waistband and ventilation provide mile after mile comfort, one lightweight zipped security pocket adds practicality but not bulk. The lightweight inner brief is engineered from our eco-conscious, breathable, high-wicking fabric in recycled yarn. Reflective strips help keep you safe, and a subtle 50th anniversary date stamp graphic celebrates the half century of innovation that is stitched in.

Features:

- Made from recycled yarns
- Side split for full movement
- Secure pocket
- Inner brief
- Ventilated
- Lightweight
- Breathable
- Reflective
- Relaxed fit

Size: S - XL

Weight: 102g

Fibre content: Main Body: 100% Recycled Polyester. Lining: 88% Recycled Polyester, 12% Elastane



RH-00650
Electric Blue/
Midnight Blue



RH-00629
Black/Mulberry





RH-004603

NEW

Men's Stride Revive S/S Tee



Running may be simple in theory, but that doesn't mean it's always easy. On paper, creating a T-Shirt for running is simple too, right? Just combine a good fit with some good fabric - job done.

50 years of innovation has taught us that actually, simple isn't easy, and 'good' won't cut it - we aim for perfect. The slim fit of our Revive series T-Shirt has been developed from in-depth feedback from our testers to be spot on, run after run. The super soft material is our whisper light, breathable, moisture-wicking, eco-conscious fabric, made from recycled yarn, which has exactly the right amount of stretch. This carefully conceived combination of fit and fabric will help you to push yourself further and faster.

The T-Shirt has reflective elements to help keep you visible, and features our distinctive Revive series patterning and a subtle 50th anniversary date stamp graphic - to celebrate half a century of making kit that helps runners run.

Features:

- Made from recycled yarns
- Wicking
- Breathable
- Lightweight
- Super soft
- Reflective
- Stretch for added movement
- Slim fit

Size: S - XL

Weight: 116g

Fibre content: 88% Polyester (Recycled), 12% Elastane



RH-00643
Midnight Blue/Flame



RH-00629
Black/Mulberry





RH-004742 NEW

Men's Stride Revive 5" Short



A new standard in simple brilliance. We've re-developed our classic running short for our 50th year. Designed with exactly the right amount of stretch, exactly where you need it, these shorts will be with you for the long run. Constructed in a relaxed fit, from our whisper light, moisture-wicking, eco-conscious fabric, made from recycled yarn, our 5" short has an inner brief and a secure pocket.

Ventilation and breathability ensure comfort as the miles fly by. Reflective strips help you to be seen on the road, and as part of the technically advanced Revive series, the shorts feature a discreet 50th anniversary date stamp graphic - to celebrate half a century of innovation in running gear.

Features:

- Made from recycled yarns
- Secure pocket
- Inner brief
- Ventilated
- Lightweight
- Breathable
- Reflective
- Relaxed fit

Size: S - XL

Weight: 113g

Fibre content: Main Body: 100% Recycled Polyester. Lining: 88% Recycled Polyester, 12% Elastane



RH-00650
Electric Blue/
Midnight Blue



R009
All Black





RH-004741

NEW

Men's Stride Revive Twin Short



50 years of running has taught us that different runners want different things. Some like freedom of movement, some like support, and some like both. This twin short offers the best of both worlds, without compromising one or the other. Made from our whisper light, breathable, moisture-wicking, eco-conscious fabric, made from recycled yarn, the inner short has been carefully designed to provide support without constricting movement. The outer short has a relaxed fit, and a secure pocket, and to celebrate half a century of running, a discreet 50th anniversary date stamp graphic.

Ventilated to keep you comfortable, the Revive 5" Twin short features reflective strips to help you to be seen. Always popular, these redeveloped twin shorts are sure to become a new benchmark of performance.

Features:

- Made from recycled yarns
- Inner short: stretch for added movement and support
- Outer: secure pocket
- Ventilated
- Wicking
- Lightweight
- Breathable
- Reflective
- Relaxed fit

Size: S - XL

Weight: 156g

Fibre content: Main Body: 100% Recycled Polyester. Lining: 88% Recycled Polyester, 12% Elastane



RH-00162
Black/Midnight Blue



RH-00629
Black/Mulberry



R009
All Black





R009
All Black

RH-003823

Men's Stride Cargo Racer Short

Our most technical racer short features our multi- pocket system.

If you are heading off for a long run and want to wear the lightest short for hot conditions and carry additional items this is your ideal short.

The outer short features quick access drop pockets, which are ideal for carrying gels. The 2-in-1 zipped secure pocket is made for valuables and features an inner fob pocket for keys or parkrun card. Side split for maximum stride and maximum breathability features reflective trim.

The inner brief is made from fabric featuring bamboo which has natural wicking and antimicrobial benefits which keep you dry and odour free.

Features:

- Technical short for carrying items whilst you run
- Inner brief
- 2 gel stash pockets
- 1 secure pocket
- 1 fob pocket
- Split styling
- Breathable
- Reflective trim
- Relaxed fit

Size: S - XL

Weight: 117g

Fibre content: Main Body: 100% Polyester. Lining: 100% Polyester (with Bamboo Charcoal)



RH-003849 **NEW COLOURS**

Men's Stride Cargo Short

Our most technical square cut short featuring our multi-pocket system.

If you are heading off for a long run and want to wear a lightweight square cut short for hot conditions and carry additional items this is your ideal short:

The outer short features new quick access drop pockets, which are ideal for carrying gels. The 2-in-1 zipped secure pocket is made for valuables and features an inner fob pocket for keys or parkrun card. The side split gives you maximum stride and maximum breathability. The Cargo Short also features reflective trim and updated graphics to the side of the short.

The inner brief is made from fabric featuring bamboo which has natural wicking and antimicrobial benefits which keep you dry and odour free.

Features:

- Technical short for carrying items whilst you run
- Inner brief
- Inside leg length: 11cm
- 2 gel stash pockets
- 1 secure pocket
- 1 fob pocket
- Breathable
- Reflective trim
- Relaxed fit

Size: S - XL

Weight: 119g

Fibre content: Main Body: 100% Polyester. Lining: 100% Polyester (with Bamboo Charcoal)

RH-00219
Black/Flame



R009
All Black

RH-004282

Men's Stride Flex Pant

An instant favourite for most, our Flex Pant is a high spec, technical running legwear piece that, wait for it; isn't a tight.

The sweet spot of functionality that sits somewhere in-between a trouser and a tight has always been a bit of an obsession for us. Our often copied, but never bettered, classic Tracksters live here - It's an area we deeply understand.

The upper legs of the Flex Pant are constructed from an incredibly comfortable and lightweight stretch fabric, have quick access drop pockets, secure zip pockets, and a soft flat waistband with a drawstring - a bit like your favourite running shorts. Below the articulated knees the tapered lower legs are closer fitting with great stretch - a little more like a tight.

This 'best of both worlds' design creates a versatile, specialist running pant that's perfect for putting in the miles when the weather is cool, and pre and post training sessions.

Long zips mean they are easy to take off over trainers, and reflective strips help keep you visible and safe.

Features:

- Slim fit
- Stretch for added movement
- Flexlite
- Powerlite
- Breathable
- Lightweight
- 2 gel stash pockets & 1 secure pocket
- Secure pocket with internal fob pocket
- Ankle zips
- Reflective print

Size: S - XL

Weight: 176g

Fibre content: Main: 88% Polyester, 12% Elastane.
Contrast: 84% Recycled Polyester, 16% Elastane





RH-00219
Black/Flame

RH-004278 **NEW COLOURS**

Men's Stride Stretch Tight

This is our core traditional running tight, and we have been producing versions of for this for nearly five decades.

There are key characteristics that make these products favourites season after season. The high quality polyamide fabric gives good coverage and support and works throughout the year. The favourite flat wide waistband with inner draw cord gives superb comfort and security, and the elasticated hem and ankle zips with lock down puller appeal to the traditional runner. Mesh is used behind the knee to add extra breathability and reflective trim keeps you safe when light levels are low.

This design features flattering seamlines and a stretch pocket on one thigh, in addition to the zip secure pocket at the centre back. Our product testers have commented that they love having two pockets for carrying different items and many like carrying their phone in this thigh pocket.

Features:

- Breathable
- Reflective trim
- Stretch for added movement
- Secure pocket
- Ankle zips
- Side stash pocket

Size: S - XL

Weight: 259g

Fibre content: 91% Polyamide, 9% Elastane



R009
All Black



RH-00643
Midnight Blue/Flame

RH-003369 **NEW COLOURS**

Men's Stride Matrix 1/2 Zip Tee

For the people that see running as just a summer activity, this isn't the top for you.

Temperatures can be particularly low during early mornings training runs in the spring. The Matrix 1/2 zip tee is a layering piece that is essential for these cold or cool days.

Made in a soft fabric with a fleece texture, we've carefully selected this because of its unique knitted grid pattern.

It retains the warm air that you produce between your body and the outer surface of the top.

The grid pattern also creates low bulk which means that it will layer effectively over a base layer or under a jacket. It can also be worn next to skin if preferred.

The different sized yarns within the grid work to draw sweat from the inside surface to the outer keeping you dry.

Depending on how cold the conditions are there's the option of a full mitten to stop your body heat escaping through your hands.

Features:

- Breathable
- Wicking
- Reflective tab
- Small secure pocket
- Thumb loops
- Mitt

Size: S - XL

Weight: 228g

Fibre content: 96% Polyester, 4% Elastane



RH-00642
Midnight Blue/
Electric Blue

RH-004275 NEW COLOURS

Men's Stride Windspeed Jacket

This is our core wind resistant running jacket. Whether you are new to running or have been obsessed with running for years you will appreciate the benefits of a wind resistant jacket. Perfect for most days, when it's not raining, a wind resistant jacket will be the most comfortable option for some protection from wind chills and a light drizzle. This is because the breathability is not impeded by a waterproof laminate found on waterproof jackets which need to be more robust to keep the rain out.

Through experience and research we know that the ideal wind resistant jacket has an air permeability of around 5. Air permeability measures how wind resistant any fabric is with a score of 0 being totally windproof, whilst a result of around 5 means that the trade-off between wind resistance and breathability is at the ideal level for runners.

The Stride Windspeed Jacket has charcoal reflectivity front and back, and graphics to sleeve hem.

Features:

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Thumb loops
- Venting tab

Size: S - XL

Weight: 151g

Fibre content: 100% Polyester



Men's Momentum

Escape. De-stress. Energise.

*Before breakfast, home from work,
at lunch time, on the school run, down to the shops.*

With friends. On your own.

Live to the rhythm of your daily run.

RH-003980 **NEW COLOURS**

Men's Momentum S/S Tee

Train in it. Race in it. The soft and breathable fabric with a marl appearance has a relaxed sporty look. From our wearer trial and lab testing feedback, the fabric has produced fast wicking and evaporation test results. This high quality tee ensures that you never get wet or cold from sweating and is breathable to prevent you from overheating.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: S - XL

Weight: 111g

Fibre content: 100% Polyester



RH-00645
Mulberry/Grey Marl



RH-00102
Grey Marl



RH-00661
Electric Blue/
Midnight Blue Marl



RH-00385
Midnight Blue Marl

RH-004619 **NEW COLOURS**

Men's Momentum L/S Tee

Train in it. Race in it. The soft and breathable fabric with a marl appearance has a relaxed sporty look. From our wearer trial and lab testing feedback, the fabric has produced fast wicking and evaporation test results. This high quality tee ensures that you never get wet or cold from sweating and is breathable to prevent you from overheating.

Ideal for cooler mornings and evenings.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: S - XL

Weight: 139g

Fibre content: 100% Polyester



RH-004610 NEW

Men's Momentum 5" Unlined Short

Some of you like to wear shorts over your tights, while some of you prefer underwear to a stitched in inner brief. These unlined shorts are proper runners, just without the inner, which means the choice of what to wear them with is yours.

Built from our breathable Flexlite fabric with stretch for freedom of movement. These shorts also feature a secure pocket for essential items. The 5" unlined short has the technical performance you expect from Ronhill kit, but with added versatility - winner.

Features:

- Breathable
- Relaxed fit
- Reflective
- Stretch for added movement
- Flexlite
- Secure pocket

Size: S - XL

Weight: 92g

Fibre content: 100% Polyester



R009
All Black



RH-00153
Midnight Blue





RH-00153
Midnight Blue

RH-003838 **NEW COLOURS**

Men's Momentum 7" Twin Short

A popular leg length for those that love our twin shorts but want a bit more coverage and support on their quads.

The Momentum 7" Twin Short features splits to the sides for extra flexibility and movement. The smooth, curved hem has charcoal reflective graphics at the back.

This short features a Ronhill branded inner waistband, back zipped security pocket and reflective graphics to the back lower hem. The inner brief is a soft marl fabric for a luxurious next-to-skin feel.

Features:

- Breathable
- High wicking
- Reflective trim
- Inner: Stretch for added movement
- Outer: Secure pocket

Size: S - XL

Weight: 159g

Fibre content: Main: 100% Polyester. Inner: 88% Polyester, 12% Elastane



RH-00217
Black/Charcoal Marl



R009
All Black

RH-0038340

Men's Momentum 9" Unlined Short

Whether you are running to the gym, doing a HIIT workout and running home; this longer length short with no inner brief is versatile and fit for purpose.

Our wearer trial feedback has confirmed that the unique versatility of this short is that it has no inner brief, which allows you the choice of undergarment. Use it for a road run or a strength training session in the gym for example.

The short features a Ronhill branded inner waistband, 2 front hand warmer pockets and secured zipped pocket to back for small items such as keys or parkrun card. There are splits to the sides of the short for extra flexibility and movement, and a smooth, curved hem with charcoal reflective graphics to the back of the short.

Features:

- Breathable
- Reflective trim
- Relaxed fit
- Flexlite fabric
- Secure pocket
- Stretch for added movement and support

Size: S - XL

Weight: 122g

Fibre content: 100% Polyester

RH-004628 **NEW**

Men's Momentum Tencel S/S Tee

Luxurious, soft, highly breathable, and naturally brilliant at wicking moisture away from the body, Tencel™ is a natural wonder, and feels simply amazing next to the skin. Combining this natural fibre with other technical yarns is the best way to hit the sweet spot between feel and performance - this version of our Vapourlite fabric has got the balance just right.

So if your running wardrobe could do with an upgrade give our Tencel™ Tee a go. Available in a relaxed, versatile fit it will help keep you comfortable run after run after run.

Features:

- Luxurious soft Tencel™ is lightweight and naturally breathable
- Breathable
- Wicking
- Relaxed fit
- Vapourlite

Size: S - XL

Weight: 164g

Fibre content: 86% Recycled Polyester, 9% Tencel, 5% Elastane



RH-00638
Black Marl/Bright
White





RH-00643
Midnight Blue/Flame

RH-003371 **NEW COLOURS**

Men's Momentum Workout Hoodie

Everyone needs a favourite hoodie.

Something to throw on before and after mid-week training, to cover your glowing efforts after a parkrun and again on a Sunday to lounge in recovering from a long run.

The Momentum Workout Hoodie does all of the above and so much more. The luxurious fabric is both breathable and wicking, which means you can run in this as well as look good in it.

This hoodie has been rigorously tested and the feedback is always unanimous - today's runner loves its versatility and function.

The half zip is great for controlling core body temperature whilst out on your run. Reflectivity, a secure pocket and thumb loops are additional features that make this hoodie so popular.

Features:

- Breathable
- Wicking
- Reflective trim
- Secure pocket
- Thumb loops
- 1/2 Zip ventilation

Size: S - XL

Weight: 287g

Fibre content: 88% Polyester, 12% Elastane



RH-00632
Charcoal Marl/
Mulberry



RH-00660
Black/Mono Soleus

RH-003975 **NEW COLOURS**

Men's Momentum 3/4 Tight

Designed to be worn underneath our 9" Short. The 3-Quarter monochrome printed tight features a front undercarriage panel to give good support and a comfortable fit.

The 3-Quarter Tight is made from our industry leading technical next-to-skin fabric which has great stretch and recovery and no show-through. This tight is ideal for cool days and works on its own or with the Momentum 5" or 9" Unlined Shorts - perfect for running or training at the gym.

Features:

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support

Size: S - XL

Weight: 152g

Fibre content: 84% Polyester, 16% Elastane



RH-00629
Black/Mulberry

RH-004423 **NEW COLOURS**

Men's Momentum Afterlight Jacket

Lightweight, wind resistant and highly reflective. The Afterlight jacket has got the balance between these three deceptively simple benchmark attributes absolutely right. We know because lots of you have told us. The Afterlight hasn't been around for that many seasons, but already it is a firm favourite - it is the 'just right' visible, protective layer for running in the cooler months.

Getting a lightweight jacket specifically for running 'right' doesn't just happen. Half a century of specialist running knowledge is sewn in to this trustworthy performer. But just because the Afterlight is reliable, doesn't mean it's dull. Actually, it's a bit of a stylish attention seeker.

A patterned print gives 360° reflective coverage, and additional reflective strips to the front and back complete the job of letting drivers know where you are.

A roll away hood provides extra protection if needed, and a secure pocket provides somewhere to keep keys, a parkrun barcode, or your trusty smartphone.

Features:

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket
- Roll away hood
- Venting tab

Size: S - XL

Weight: 175g

Fibre content: 100% Polyester



R009
All Black

RH-001904

Men's Momentum All Terrain Pant

An alternative full length running pant for those that don't want to wear running tights. A looser silhouette pant ideal for all terrains. This fabric quality is super comfortable and gives great stretch and recovery. Key highlights are this pants great storage, with the large expandable back pocket that will fit one of our wind resistant jackets, such as the Afterlight jacket.

Features:

- Water resistant - WR-C6
- Stretch for added movement
- Secure pocket
- Breathable
- Reflective trim
- Relaxed fit

Size: S - XL

Weight: 310g

Fibre content: 88% Polyester, 12% Elastane



Men's Everyday

Running feels good.

So go running every day.

Leave the adrenaline-fuelled nonsense to others.

This fuss free gear calmly does the job.

Step out your door and let your legs do the rest.



RH-00382
Electric Blue Marl

RH-004600 NEW

Men's Everyday Vest

For every run, everyone, every day. Our relaxed fit, basic vest is anything but; made from our high performance Vapourlite fabric, it's lightweight, breathable and effectively wicks moisture away from the body, plus it feels great.

And of course it has Ronhill quality stitched in, which means it will be there for you run after run. Put it on and off you go.

Job done.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: XS - XL

Weight: 90g

Fibre content: 100% Polyester



RH-00214
Charcoal Marl



RH-004599 NEW

Men's Everyday S/S Tee

For every run, everyone, every day. Our relaxed fit, basic Tee is anything but; made from our high performance Vapourlite fabric, it's lightweight, breathable and effectively wicks moisture away from the body, plus it feels great.

And of course it has Ronhill quality stitched in, which means it will be there for you run after run. Put it on and off you go. Job done.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: XS - XL

Weight: 115g

Fibre content: 100% Polyester



RH-00382
Electric Blue Marl



RH-00644
Mulberry Marl



RH-00214
Charcoal Marl





R005
White

05153

Men's Everyday Plain Tee

A stripped back every day running t-shirt. A good choice to print up with your name or team identity for runs and races.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: XS - XXL

Weight: 120g

Fibre content: 100% Polyester



R004
Black

R010
Fluo Yellow

RH-004601 **NEW**

Men's Everyday L/S Tee

For every run, everyone, every day. Our relaxed fit, basic long-sleeved tee is anything but; made from our high performance Vapourlite fabric, it's lightweight, breathable and effectively wicks moisture away from the body, plus it feels great.

And of course it has Ronhill quality stitched in, which means it will be there for you run after run. Put it on and off you go.

Job done.

Features:

- Breathable
- Wicking
- Relaxed fit
- Vapourlite fabric

Size: XS - XL

Weight: 154g

Fibre content: 100% Polyester



RH-00214
Charcoal Marl

RH-002248 **NEW COLOURS**

Men's Everyday Jacket

Just a running jacket? Nothing more, nothing less? Well certainly it has more than meets the eye. This functional running jacket is designed on a modern block and features neat articulated sleeves. The jacket is really lightweight and breathable with a water resistant finish. The cuffs and hem are semi articulated and the front zip security pocket is easy to access. The jacket features a fleece-lined collar, which is soft and comfortable around the neckline. We have also lined the pocket bags so your keys don't get caught.

Features:

- Water resistant - DWR C6
- Wind resistant
- Breathable
- Reflective trim
- Relaxed fit
- Activelite fabric
- Secure pocket

Size: XS - XL (All Black), X S - XXL (Fluo Yellow), S - XL (Electric Blue)

Weight: 140g

Fibre content: 100% Polyester



RH-00071
Electric Blue



R009
All Black



R010
Fluo Yellow



RO09
All Black

RH-002250

Men's Everyday Split Short

Light. Loose. Flying. Go again. The split short is a tried and tested design based upon our vast history of wrap over style shorts. The key feature is the traditional split cut sides for maximum movement and airflow. A back zip security pocket is perfect for essential items, whilst the reflective graphics aid visibility.

Features:

- Lightweight and breathable
- Wind resistant
- Back zip security pocket - ideal for valuables
- Reflective tape
- Bonadex waistband with draw cord

Size: S - XL

Weight: 90g

Fibre content: 100% Polyester



RO09
All Black

RH-002249

Men's Everyday 5" Short

A trusted training partner, whether it is for an early morning run or a weekend race. The Everyday 5" Short has modern style lines, a back zip security pocket and small side split.

Features:

- Lightweight and breathable
- Wind resistant
- Back zip security pocket - ideal for valuables
- Reflective tape
- Bonadex waistband with draw cord

Size: XS - XXL

Weight: 100g

Fibre content: 100% Polyester

RH-002407

Men's Everyday Run Short

A minimalist supportive next-to-skin short.

Features:

- Breathable
- Wicking
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support

Size: S - XL

Weight: 130g

Fibre content: 90% Polyester, 10% Elastane



R009
All Black



R009
All Black

RH-002242

Men's Everyday Run Tight

Running tights. They're not for everyone. But these are. These tights have mass appeal due to the modern block and style lines. The ankle zips feature reflective trim with lock down zips and internal security pocket.

Features:

- Breathable
- Wicking
- Reflective trim
- Skin fit
- Powerlite fabric
- Fob pocket
- Stretch for added movement and support
- Ankle zips

Size: XS - XL

Weight: 220g

Fibre content: 90% Polyester, 10% Elastane



R009
All Black

RH-002279

Men's Everyday Slim Pant

A running trouser, to warm up, warm down or simply just to run in. The Everyday Slim Pant is a more contemporary looking running pant with a practical and stylish slim fit. The fabric features a water repellent treatment, which keeps you dry if you get caught out in a light shower. Other practical details include a zip security pocket and reflective tape.

Features:

- Water resistant - WR C6
- Breathable
- Reflective trim
- Slim fit
- Regulite fabric
- Secure pocket

Size: S - XL

Weight: 220g

Fibre content: 100% Polyester



R009
All Black

RH-002646

Men's Everyday Training Pant

Throw these on to warm up and warm down.

A training pant for everybody in a comfortable stretch woven fabric.

It includes long ankle zips for easy removal over shoes, knee articulation and a bonidex waist for a great fit. This is a perfect piece for pre and post racing.

Features:

- Breathable
- Slim fit
- Flexlite fabric
- Secure pocket
- Ankle zips
- 2 x hand warmer pockets

Size: S - XL

Weight: 190g

Fibre content: 100% Polyester



R848
Black/Fluo Yellow

RH-003406

Men's Everyday Trackster

Just as appropriate to runners now as they were back then. A running classic. The Everyday Trackster is a slim functional running pant based on Ron's design classic that put the brand on the map. Features include a water repellent treatment to the fabric, which keeps you dry if you get caught out in a light shower. The flat waistband and style lines, including the curved seam to the rear, enhance your figure. Other details include reflective print to back and contrast colour stitch lines. The practical foot stirrups hark back to the original design and are useful for securing your pant leg in place whilst running.

Features:

- Water resistant - WR C6
- Breathable
- Reflective trim
- Regulite fabric
- Secure pocket
- Foot stirrups

Size: XS - XXL

Weight: 220g

Fibre content: 100% Polyester



R009
All Black



Underwear



RH-003843

NEW



Wmn's Brief

Luxurious, soft, highly breathable, and naturally brilliant at wicking moisture away from the body, Tencel™ is a natural wonder, and feels simply amazing next to the skin. Combining this natural fibre with eco-conscious technical yarns is the best way to hit the sweet spot between feel and performance - this version of our Vapourlite fabric has got the balance just right. These briefs just feel great to wear during training and racing.

Features:

- Made from recycled yarns
- Luxurious soft Tencel™ is lightweight and naturally breathable
- Odour resistant
- Wicking
- Skin fit
- Stretch for added movement and support

Size: 8 - 16

Weight: 27g

Fibre content: 86% Recycled Polyester, 9% Tencel, 5% Elastane



RH-00308
Black Marl



RH-00651
Grape Juice Marl/Hot
Coral





RH-003844 NEW

Wmn's Thong



Luxurious, soft, highly breathable, and naturally brilliant at wicking moisture away from the body, Tencel™ is a natural wonder, and feels simply amazing next to the skin. Combining this natural fibre with eco-conscious technical yarns is the best way to hit the sweet spot between feel and performance – this version of our Vapourlite fabric has got the balance just right.

This thong feels great to wear during training and racing.

Features:

- Made from recycled yarns
- Luxurious soft Tencel™ is lightweight and naturally breathable
- Odour resistant
- Wicking
- Skin fit
- Stretch for added movement and support

Size: 8 - 16

Weight: 19g

Fibre content: 86% Recycled Polyester, 9% Tencel, 5% Elastane



RH-00651
Grape Juice Marl/Hot
Coral



RH-00308
Black Marl





RH-003846

NEW

Men's 4.5" Boxer



These boxers aren't as important as what you put in them. The breathable, high-wicking, eco-conscious fabric, made from recycled yarn, is ventilated for comfort and the technical construction of the pouch offers the greatest support you'll get in a race.

Features:

- Made from recycled yarns
- Engineered shaped pouch for maximum support
- Anti-chafe
- Odour resistant
- Wicking
- Breathable
- Lightweight
- Skin fit
- Stretch for added movement and support
- Soft hand feel

Size: S - XL

Weight: 66g

Fibre content: 88% Recycled Polyester, 12% Elastane



RH-00642
Midnight Blue/
Electric Blue



RO09
All Black





RH-003847

NEW

Men's Brief



These briefs aren't as important as what you put in them. The breathable, high-wicking, eco-conscious fabric, made from recycled yarn, is ventilated for comfort and the technical construction of the pouch offers the greatest support you'll get in a race.

Features:

- Made from recycled yarns
- Engineered shaped pouch for maximum support
- Odour resistant
- Wicking
- Breathable
- Lightweight
- Skin fit
- Stretch for added movement and support
- Soft hand feel

Size: S - XL

Weight: 50g

Fibre content: 88% Recycled Polyester, 12% Elastane



R009
All Black



RH-00642
Midnight Blue/
Electric Blue





Accessories



2020 marks 50 years of the Ronhill brand and we wanted to remember some of Ron's achievements from his running career.

From the period of 1964 to 1972, Ron qualified for 3 consecutive Olympic Games, competing in 4 events for Great Britain.

The following **NEW** sunglasses are named in honour of this achievement.



RH-005045

NEW

Tokyo

Tokyo 64' was Ron's inception to the world stage, where at 25 years old, toed the line in both the track 10,000m and the Marathon, with only a week to recover between the two.

Ron arrived on the international stage to finish 18th in the 10,000m and 19th in the Marathon. The games saw the beginning of the African dominance in the distance races as the legendary Abebe Bikila winning the Marathon in a world record 2.12.11.

Features:

- Ice blue platinum lenses (category 3) for strong light
- High optical clarity
- Anti-fog to lens inner surface
- TR90 NZZ Frame
- Impact resistant
- Anti-scratch lenses
- Anti-fog
- 100% UV Protection - UVA + UVB Protection
- Rubber nose pads and sleeves for maximum comfort and a secure fit

Size: One Size

Weight: 25g

Fibre content: N/A



RH-00667
Carbon/Blue





RH-005046

NEW

Munich

Billed as the cheerful games "Die Heiteren Spiele" Munich hosted the games of 72' and after victories in the Boston, European and Commonwealth marathons, Ron lined up in the Marathon as one of the pre-race favorites. Ron was in the lead pack for most of the race finishing in a very respectable 6th position, his highest Olympic finish.

The race was won by American Frank Shorter.

Features:

- Interchangeable lenses for all weather conditions
- Clear lenses (category 0) for clear conditions
- Yellow lenses (category 1) for low light
- Dark smoke lenses (category 3) for strong light
- High optical clarity
- TR90 Frame
- Impact resistant
- Anti-scratch lenses
- Anti-fog
- Light and comfortable
- 100% UV Protection - UVA + UVB Protection
- Rubber nose pads and sleeves for maximum comfort and a secure fit
- Wrap around style

Size: One Size

Weight: 26g

Fibre content: N/A



R047
White/Black



R009
All Black





RH-005047

NEW

Mexico City

In 68' the torch travelled to Mexico City, some 7300ft above sea level. Ron lined up in a world class field that included Mohamed Gammoudi and Ron Clarke, the world record holder from Australia. The thin air played into the hands of the East African countries with Ron finishing in a courageous 7th place and second European finisher.

Features:

- High optical clarity
- PC Frame
- Impact resistant
- 100% UV Protection - UVA + UVB Protection
- Rubber nose pads and sleeves for maximum comfort and a secure fit

Size: One Size

Weight: 32g

Fibre content: N/A



RH-00668
All Grey



RH-00670
Black/Gold



RH-00666
All Teal





RO05
White

RH-003435

500ml Fuel Flask with Straw

Features:

- Soft silicon bottle
- Long straw with bite valve
- Roll away for minimum storage
- BPA free

Size: 500ml

Weight: 54g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RO05
White

RH-003434
500ml Fuel Flask

Features:

- Soft silicon bottle
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 500ml

Weight: 38g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RO05
White

RH-003433
350ml Fuel Flask

Features:

- Soft silicon bottle
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 350ml

Weight: 35g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RO05
White

RH-003289
250ml Fuel Flask

Features:

- Soft silicon bottle
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 250ml

Weight: 22g

Fibre content: 100% Thermoplastic Polyurethane (TPU)



RH-003288
1.5 Ltr Fuel Reservoir

Features:

- Soft silicon reservoir
- Detachable hose
- Slider access
- Bite valve
- Roll away for minimum storage
- BPA free

Size: 1.5 Litre

Weight: 96g

Fibre content: 100% Thermoplastic Polyurethane (TPU)

R005
White

RH-004215 NEW COLOURS

H₂O Bottle - 600ml

Features:

- 600ml
- BPA Free
- Secure drinks cap
- Filter
- Volume guide
- Ergonomic hand grips
- Soft touch
- Wrist strap

Size: 600ml

Weight: 127g

Fibre content: 100% Tritan



RH-00001
Blue



RH-00347
Grey



RH-00169
Pink



RH-00347
Grey

RH-004216

H²O Bottle - 1 Ltr

Features:

- 1 Litre
- BPA Free
- Secure drinks cap
- Filter
- Volume guide
- Ergonomic hand grips
- Soft touch
- Wrist strap

Size: 1 Litre

Weight: 181g

Fibre content: 100% Tritan



R904
Clear/Black

RH-004138

Grip Bottle

Features:

- 600ml
- BPA Free
- Sports cap
- Secure pocket
- Reflective trim
- Adjustable hand strap

Size: 600ml

Weight: 106g

Fibre content: 100% Tritan (Bottle), 100% Polyamide (Holder)



R878
Clear/Black - 500ml



R350
Clear/Black - 270ml

09119

Wrist Bottle

Features:

- 270ml capacity / 500ml capacity
- BPA Free

Size: 270ml, 500ml

Weight: 40g / 50g

Fibre content: Bottle cap: Polypropylene. Body: Polyethylene



RH-00326
Charcoal/Black

RH-004002 Marathon Waist Belt

Features:

- Reflective trim
- 8 Gel loops
- 2 loop sizes accommodate 32-60ml gels
- Secure pocket
- Race number fasteners
- Adjustable waist strap

Size: One Size

Weight: 40g

Fibre content: 82% Polyamide, 18% Elastane



R009
All Black

RH-001016

Neoprene Waist Pack

Features:

- Soft supple neoprene construction
- Large internal pocket
- Adjustable stretch waistband with integrated gel loops and waist tidy.
- Reflective graphic

Size: S/M, L/XL

Weight: 96g

Fibre content: 100% Neoprene

RH-003831

Race Number Belt

Features:

- 8 Gel loops
- 2 loop sizes accommodate 32-60ml gels
- Race number fasteners
- Adjustable waist strap

Size: One Size

Weight: 33g

Fibre content: 82% Polyamide, 18% Elastane



RH-00326
Charcoal/Black



RH-00326
Charcoal/Black

RH-003276
Marathon Arm Strap

Features:

- 3 Gel loops
- Suitable for 60ml gels
- Adjustable arm strap

Size: One Size

Weight: 32g

Fibre content: 82% Polyamide, 18% Elastane

RH-002565
Stretch Waist Pocket

Features:

- Breathable
- Wicking
- Powerlite fabric
- Multiple openings for essential items
- No-bounce

Size: XXS/XS, S/M, L/XL

Weight: 53g

Fibre content: 88% Polyester, 12% Elastane



RH-00217
Black/Charcoal Marl



RH-00306
Black/Charcoal

RH-003282

Phone Armband

Features:

- Adjustable arm strap
- Clear touch screen window
- Headphone points at top and bottom for convenient access
- Reflective trim
- Internal dimensions: 5.4" x 2.6" x 0.3" (137mm x 66mm x 7.6mm)

Size: One Size

Weight: 40g

Fibre content: 60% Polyamide, 40% PU



RH-00306
Black/Charcoal

RH-004700

Larger Phone Armband

Features:

- Adjustable arm strap
- Clear touch screen window
- Headphone points at top and bottom for convenient access
- Reflective trim
- Internal dimensions: 6.3" x 3.1" x 0.3" (160mm x 79mm x 7.6mm)

Size: One Size

Weight: 40g

Fibre content: 60% Polyamide, 40% PU



RH-00639
Grape Juice/Hot
Coral



RH-00657
Sky Blue Blast



RH-00102
Grey Marl



R009
All Black

RH-004449 NEW COLOURS

Stretch Arm Pocket

Features:

- Breathable
- Wicking
- Powerlite fabric
- Envelope access, storage for mobile devices, nutrition and essential items
- Headphone access points

Size: S/M, M/L

Weight: 17g

Fibre content: 84% Polyester, 16% Elastane



R009
All Black

RH-001032

Stretch Wrist Pocket

Features:

- Breathable
- Wicking
- Powerlite fabric
- Envelope access, storage for essential items

Size: S/M, M/L

Weight: 17g

Fibre content: 88% Polyester, 12% Elastane



R954
Black/Reflect

RH-004447

Afterlight Split Cap

This lightweight woven cap features all over reflective print which is wind and shower resistant. The peak can be folded and so the cap be stowed away easily. A velcro adjustable strap gives a snug fit. Ideal for breezy damp days when the light is low.

This split cap is part of the Afterlight series designed primarily to aid visibility when light levels are low.

Features:

- Breathable
- Wicking
- Adjustable strap
- Vapourlite
- Reflective trim

Size: S/M, M/L

Weight: 51g

Fibre content: 100% Polyester



R954
Black/Reflect

RH-004446

Afterlight Stretch Arm Pocket

This is our popular stretch arm pocket featuring all over reflective print. This pocket fits snugly over your upper arm and made in a stretchy knit fabric which will hold most mobile phones, nutrition and essential items.

This arm pocket is part of the Afterlight series designed primarily to aid visibility when light levels are low.

Features:

- Breathable
- Wicking
- Powerlite fabric
- Envelope access, storage for mobile devices, nutrition and essential items
- Reflective trim
- Headphone access points

Size: S/M, M/L

Weight: 16g

Fibre content: 84% Recycled Polyester, 16% Elastane



R954
Black/Reflect

RH-004445

Afterlight Headband

This deep lightweight headband features all over reflective print on a thermal brushed back fabric. This headband helps to keep hair in place, fits snugly over the ears and can be rolled up during your run to help regulate temperature. Fast wicking and drying. Ideal for cool days when the light is low.

This headband is part of the Afterlight series designed primarily to aid visibility when light levels are low.

Features:

- Super reflective
- Regulite fabric
- Excellent thermal properties
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric
- Contoured design for better ear coverage

Size: S/M, M/L

Weight: 20g

Fibre content: 86% Polyester, 14% Elastane



RH-00657
Sky Blue Blast



RH-00639
Grape Juice/Hot
Coral



RH-00642
Midnight Blue/
Electric Blue



RH-00405
Charcoal Marl/Black



RH-00649
Bright White

RH-004781 NEW

Split Air-Lite Cap

Features:

- Super lightweight and breathable
- Split for minimum and quick storage
- Wicking
- Velcro adjustable strap

Size: S/M, M/L

Weight: 44g

Fibre content: Main: 88% Polyester, 12% Elastane.
Mesh: 88% Polyester, 12% Elastane

RH-003238

Air-Lite Vizor

Features:

- Breathable
- Wicking
- Lightweight
- Vapourlite

Size: One Size

Weight: 42g

Fibre content: 82% Polyamide, 18% Elastane



R009
All Black



RH-00649
Bright White



R009
All Black

RH-004731

NEW

Run Vizor

Features:

- Ventilated
- Adjustable strap
- Lightweight
- Breathable
- Reflective

Size: One Size

Weight: 55g

Fibre content: 100% Polyester



R009
All Black



RH-00649
Bright White

RH-004732 **NEW**

Run Cap

Features:

- Ventilated
- Adjustable strap
- Lightweight
- Breathable
- Reflective

Size: One Size

Weight: 66g

Fibre content: 100% Polyester



RH-00202
Grey Marl/Black



RH-00662
Sky Blue/Charcoal



RH-00639
Grape Juice/Hot
Coral

RH-004252

Reversible Contour Headband

This is a lightweight headband made in a soft stretch knit fabric. This wide headband helps to keep hair in place, fits snugly over the ears and narrows to a soft stretch elastic which sits comfortably at the nape of the neck. Versatile reversible headband with different colours each side. Ideal for cool days.

Features:

- Reversible
- Regulite fabric
- Lightweight and breathable
- Wicking
- Contoured design for better ear coverage

Size: One Size

Weight: 22g

Fibre content: 88% Polyester, 12% Elastane



RO09
All Black

RH-004442

Matrix Headband

This lightweight headband features our Matrix fabric which is a great insulator and super effective at moving moisture away from your skin (from the inside to the outside of the fabric.) This headband helps to keep hair in place, fits snugly over the ears and can be rolled up during your run to help regulate temperature. Ideal for chilly days.

We have received great reviews of this fabric from all our wearer testers. The grid pattern helps to trap air, which insulates the body. This same feature also creates low bulk, which means that it feels really light to wear with the result of high warmth to weight ratio. The fabric moves moisture really effectively due to different sized yarn filaments on the outside and inside of the fabric known as denier gradient.

This means that the sweat on the inside is drawn to the outside quickly, which keeps you super dry.

Features:

- Regulite fabric
- Excellent thermal properties
- Reflective
- Fast wicking
- Fast drying
- Soft lightweight brush back fabric
- Contoured design for better ear coverage

Size: One Size

Weight: 20g

Fibre content: 96% Polyester, 4% Elastane



R004
Black

RH-000873
Classic Glove

Features:

- Breathable
- Wicking
- Thermal
- Regulite fabric

Size: S, M, L

Weight: 27g

Fibre content: 89% Polyester, 11% Elastane



RH-00306
Black/Charcoal

RH-002666
Classic Beanie

Features:

- Regulite fabric
- Excellent thermal properties
- Soft luxurious handle and feel
- Reflective tab

Size: One Size

Weight: 63g

Fibre content: 96% Acrylic, 3% Nylon, 1% Elastane

RH-004294

Contour Beanie & Glove Set

This is a lightweight beanie and glove set made in a soft stretch knit fabric. The glove fit is streamlined and snug with smart tip forefinger and thumb. Ideal for cool days.

Features:

- Regulite fabric
- Lightweight and breathable
- Smart-tip - use your mobile device with ease

Size: S/M, M/L

Weight: 70g

Fibre content: 88% Polyester, 12% Elastanex



RH-00202
Grey Marl/Black



R010
Fluo Yellow

09138
Hi-Viz Bib

Features:

- Mesh vest with 2 reflective strips front and back for night time safety
- Elasticated side body for a snug fit

Size: One Size

Weight: 64g

Fibre content: 100% Polyester



R829
Glow Red



RH-00129
Glow White

RH-004448

Magnetic LED Button

Flashing LED unit that can be attached to all Ronhill products to aid visibility using the neat magnetic system.

Features:

- 10 Lumens
- Suitable for fabrics less than 1mm thickness
- Do not wash module

3 illumination modes:

- Mode 1 - Slow (low power) flash
- Mode 2 - Quick flash
- Mode 3 - continuous ON

Operation:

- Long Press (2 seconds) to switch ON/OFF
- Short press (0.5 secs) to change between modes

Battery life:

- 1000 hours - Mode 1 - Slow (low power) flash
- 500 hours - Mode 2 - Quick flash
- 50 hours - Mode 3 - continuous ON

Battery preservation:

- After 2 hours the light will auto switch to Power Save (Mode 1), then run for another 6 hours before Auto-Off

Size: One Size

Weight: 9g

Fibre content: N/A



R829
Glow Red

RH-001460

LED Button

Features:

- 4 Lumens
- Shock resistant
- 2 modes, battery life up to 150 hours
- Battery included
- Compatible with the Commuter 15L Pack

Size: One Size

Weight: 9g

Fibre content: N/A



R829
Glow Red



RH-00129
Glow White



RH-001515

Light Clip

Features:

- 70 Hours permanent
- 100 hours flash
- Weather resistant
- Battery included

Size: One Size

Weight: 19g

Fibre content: N/A



R829
Glow Red



RH-00129
Glow White

RH-003114
Light Armband

Features:

- 70 Hours permanent
- 100 hours flash
- Weather resistant
- Battery included

Size: One Size

Weight: 40g

Fibre content: N/A



R829
Glow Red



RH-00129
Glow White

RH-003115
Light Shoe Clip

Features:

- 70 Hours permanent
- 100 hours flash
- Weather resistant
- Battery included

Size: One Size

Weight: 30g

Fibre content: N/A



RO05
White

RH-000604

Nip Guards

Features:

- Protection against nipple abrasion/chaffing
- Pack contains 10 pairs
- UK customers only

Size: One Size

Weight: 14g

Fibre content: N/A



RH-00170
Original



RH-001627
Natural

RH-000605

Run Guard

Features:

Original:

- Protection against abrasion/chaffing
- UK customers only

Natural:

- Helps prevent chafing during extended workouts in all weather conditions
- For best results, generously apply to inner arms, groin, inner thighs, toes, feet, chest etc
- Made with 100% natural plant-based ingredients plus beeswax
- Contains organic aloe vera, carnauba wax, jojoba oil, shea butter and coconut oil
- Protection against abrasion/chaffing
- UK customers only

Size: One Size

Weight: 11g

Fibre content: N/A



R004
Black



R005
White



R010
Fluo Yellow



R027
Fluo Pink

RH-001618

Elastic Shoe Laces - 36"

Features:

- Elasticated shoe laces
- Adjustable toggle fasteners for custom fit

Size: 36 inch

Weight: 10g

Fibre content: Core: Rubber. Outer: Polyester



Packs



RH-00264
Charcoal/Fluo Yellow



RH-004012

Commuter 15L Pack

Features:

- 1) 3D spacer-mesh for fast drying and breathable comfort
- 2) Padding in the upper part of the strap for comfort where it's needed
- 3) Adjustable waist-belt with 2 x stretch mesh waist pockets
- 4) Front zipped pocket
- 5) 15L capacity
- 6) 2 x side-mesh pocket to fit trail fuel bottles
- 7) Main compartment with back panel sleeve to fit i-pad/notebook
- 8) Internal zip pocket and key clip
- 9) Nylon double honey comb 330 denier fabric
- 10) Ronhill LED Button compatible

Size: 15 Litre

Weight: 406g

Fibre content: 60% Polyamide, 40% Polyester



RH-00264
Charcoal/Fluo Yellow

RH-004013 Pioneer 8L Vest

Features:

- 1) True-fit vest chassis with stretch webbing for a close fit
- 2) Stretch fit panels for a closer comfortable fit
- 3) 2 x adjustable sternum & diaphragm straps for optimum fit including bladder tube clip
- 4) 3D spacer-mesh for fast drying & breathable comfort
- 5) 2 x stretch mesh pockets with adjustable draw cord closure to fit fuel bottles
- 6) 2 x secondary drop down pocket to fit running essentials
- 7) Whistle
- 8) Large water resistant zippered pocket
- 9) 8L capacity
- 10) Internal zippered stash pocket with key clip
- 11) Separate bladder zippered pocket
- 12) Bungee strap for compression and additional storage
- 13) Soft feeling binding

Size: 8 Litre

Weight: 303g

Fibre content: 30% Polyamide, 70% Polyester

RH-004014
Nano 3L Vest

Features:

- 1) Vest chassis
- 2) Adjustable straps for comfortable fit
- 3) Stretch fit panels for closer comfortable fit
- 4) 2 x adjustable sternum & diaphragm straps for optimum fit
- 5) 3D spacer-mesh for fast drying & breathable comfort
- 6) 2 x stretch mesh pockets with adjustable draw cord closure to fit fuel bottles
- 7) Right-hand side drop down pocket to fit running essentials
- 8) Whistle
- 9) Mesh stash pocket
- 10) Internal key clip
- 11) 3L capacity
- 12) Bungee strap for compression and additional storage
- 13) Soft feeling binding

Size: 3 Litre

Weight: 195g

Fibre content: 45% Polyamide, 55% Polyester



RH-00292
Charcoal/Hot Pink



RH-00264
Charcoal/Fluo Yellow

Events and Teams |

**Organising a race, run, sports event or wish to supply your local running club?
Then let us quote for your event t-shirts, singlets and more.**



We can offer:

- Technical, wicking fabrics.
- Colour match service for your specific Pantone shade requirements
- Flexible print options to meet your specific requirements
- Quick response option for those urgent requirements
- Ronhill is a member of the Fairwear Foundation



SOCKS

In partnership with our sister brand, Hilly* we are able to offer technical socks as an alternative race souvenir. Incorporated race or event logo options are available.

***Best sock brand 2016, 2017 and 2018 National Running Awards.**

LEAD TIMES

Lead-time is quoted into the UK warehouse. Delivery date will be quoted from confirmation of order.

CONTACT US

For further details and specific quotes/delivery information and pricing call our

Events Customer Services on +44 (0) 161 366 2757 or email helen.berry@osctd.co.uk

Non-UK customers please contact your local distributor.

CLUB, CHARITY AND CORPORATE KIT SERVICE

We offer a bespoke Club and Corporate kit service. A comprehensive range of t-shirts/singlets/shorts/crop tops and other elastane products in bespoke colours.

- Technical, wicking fabrics.
- Small minimums and short lead times.
- Wide range of design options.
- Full print service.
- 'Cut and Sew' and Sublimation print options.
- Made in the UK

CONTACT US

For further details and to obtain a quote please contact:

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Non-UK
Customers contact your local distributor.

Fair Wear Foundation |



In 2013 Outdoor and Sports Company Ltd (OSC) became the first UK outdoor sports supplier to become a member of Fair Wear Foundation. OSC's running brands Ronhill and Hilly, alongside outdoor brands Mountain Equipment and Sprayway are all signed up to the initiative.

Fair Wear Foundation (FWF) exists to promote fair labour conditions in the garment industry worldwide. As an affiliate member, OSC commits to implement the stringent FWF Code of Labour Practices in both its own business operations and the supply chain of all of its brands.

OSC has been awarded Leadership status for the third consecutive year.

"We joined Fair Wear Foundation after undertaking a significant programme of preliminary work. Our affiliation with this independent organisation reflects how seriously we take our social responsibility towards all people connected to the OSC business."
*commented Steve Rothwell,
Commercial Director.*

Outdoor and Sports Company Ltd.

The FWF Code of Labour Practices contains eight elements, which are based on United Nations and International Labour Organization principles:

- Employment is freely chosen
- There is no discrimination in employment
- No exploitation of child labour
- Freedom of association and the right to collective bargaining
- Payment of a living wage

- No excessive working hours
- Safe and healthy working conditions
- Legally-binding employment relationship
- OSC Ltd regularly verifies the implementation of these labour practices through factory audits which include both onsite and offsite worker interviews. Annual 'Brand Performance Checks' which assess how well each member's management policies support the Code of Labour Practices. FWF publicly reports on the progress of member companies towards implementation of the Code elements.

Resources |

Ronhill provides a range of physical and digital assets that can be used by retailers to aid merchandising in-store, online and for social media promotion of products.

We actively encourage retailers and the media to use these assets providing it is in an appropriate and responsible manner befitting of the brand.

Product Imagery

A wide range of high quality location and product photography is available. Every product in the collection is photographed in all colour options, with both front and back angles available. Additional detail images are available on selected products. On location photography covers a wide range of products and a mix of brand statement photos utilizing stunning landscapes, textures and buildings.

Product Videos

A collection of high quality short videos that highlight key features and benefits of a selected range of products from the overall collection. These videos are hosted on YouTube™ and you can embed them within your own product pages.

Trade Resources Area

The various digital assets are available on Dropbox for retailers to download. For log in details and password please contact your Ronhill sales representative or contact the marketing team – Oliver Carter (oliver.carter@ronhill.co.uk) or Jack Martin (jack.martin@ronhill.co.uk)



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basis in;
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www.runningroom.com**

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any product without notice.

All weights and measurements are
made on size medium and size
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