

850-674-4311

The *BHRC* Times

JULY 2019

## Blountstown Health and Rehab Center

16690 S.W. Chipola Rd, Blountstown, FL. 850-674-4311

Jennifer Reyes, Administrator ext. 122

Yadira (Jay) Prowant, Director of Nursing ext. 102

### FLAG DAY PRESENTATION OF THE COLORS @ BHRC

BHRC Resident Veterans, numerous other residents, family & staff enjoyed the ceremony of Posting our nations Colors by the Veterans of Foreign Wars & American Legion. Ian Quin Army National Guard & Captain Burrell Sumner United States Marine Corps with 7,000 hours of flight time presented the flag for posting on our new flag pole. Mr. Sumner is the recipient of the Distinguished Flying Cross, 3 Air Medals along with 12 other medals.



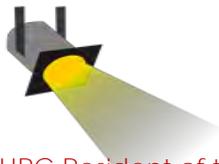
We are excited to announce our partnership with DialyzeDirect.

***Our Dialysis unit is now OPEN FOR BUSINESS!***

*DialyzeDirect's mission is to deliver an exceptional dialysis experience that improves and enhances the quality of care and quality of life to each and every patient.*

***DELIVERING DIALYSIS WITH DIGNITY***

*Dialyze Direct was founded with a single objective: to redefine the accepted standards of a "quality dialysis treatment" by aggressively seeking out and implementing those treatments, methodologies and technologies that have proven successful in elevating quality of care, experience and most importantly patient outcomes.*



Our BHRC Resident of the Month

## Mattie Webb



This month, our spotlight shines on

## Mattie Webb

Mattie was born & raised right here in Calhoun County, FL. She attended school in Altha & Blountstown. She met W.T. Webb here and they were wed in Donaldsonville, Ga. She has 3 sisters and 2 brothers, 2 sons and 1 daughter, 7 Grandchildren including a set of twins and 14 Great Grand Children including 2 sets of twins. Mattie has lived in Apalachicola, Cape Canaveral, Marianna and of course Calhoun County! Her chosen profession was a seamstress. Mattie worked at Warner's Chipola Mills and Russell's for 21 years as a seamstress and inspector.

Mattie Webb has always loved Quilting, Crocheting, gardening, canning, reading & Seamstress. She loved making clothes for family & friends.

Mattie enjoyed a vacation to North Carolina & enjoyed going to Cape Canaveral where her husband worked for 2 years at the Kennedy Space Center.

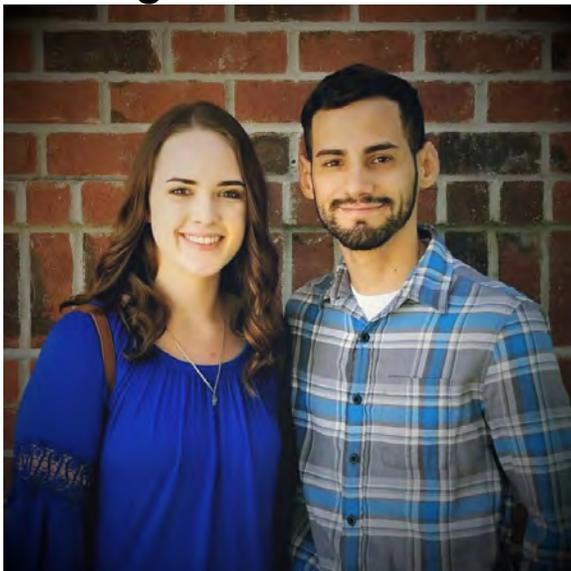
Her daughter shared with us that Mattie has always been a very loving person, always doing for others and she is a wonderful Mother & Grandmother. Mattie says she has always just loved doing things for friends & neighbors. She says "If it wasn't for God, Family & Friends, you would have nothing."

## Rachel Redmond

BHRC's

June Employee of the month

"Congratulations Rachel"



Rachel is a West Wing Nightshift LPN! She is a wonderful asset to BHRC, we are Honored by Rachels Positive Attitude, Personality, & Customer Service to our Residents.

Rachel will marry Peter Ruiz in Oct.



### July Birthdays

#### RESIDENTS

Frank Guilford	July 1
Elma Mullins	July 9
Emanuel Jackson	July 13
Bernice Whitfield	July 13
Willie Fennell	July 17
Joel Hughes	July 27

#### EMPLOYEE'S

CANDY CRENSHAW	July 4
RACHEL MYERS	July 5
CHRISTA DAVIS	July 9
RYAN WALDEN	July 11
AMY THOMPSON	July 13
MAKAYLA HARVELL	July 17
ALBERT VARNUM	July 18
CHRISTINA BRAMBLETT	July 19
MAURA SHIVER	July 23
GLORIA BRYANT	July 25
SANDRA FELTNER	July 29
ENOR WILLIAMS	July 29

### "Please Welcome"

BHRC's Newest Employees

LORETTA FLOWERS

CALEB MILLS

SAVANNAH STEPHENS

SHELLY GOODWIN

Social Services, Admissions & Marketing  
Tammy Godwin ext. 103

Asst. D.O.N.  
Rebecca Bailey ext.104

West Wing Unit Manager  
Kim Herring ext 130

East Nurses Station Ext. 109 & 110  
West Nurses Station Ext. 108 & 111

Therapy Dept. Manager  
Chad Pomes ext. 117

Business Office Manager  
Cecilia Shiver ext. 112

Director of Environmental Services  
Todd Prowant ext. 116

Dietary Manager  
Sarah Mabbot ext. 106

Activities Director  
Debby White ext. 107

Maintenance Director  
Thomas Cook ext.114

MDS Coordinator  
Danae Holmberg ext. 129

Payroll/Benefits Coord.  
Kyla Sims ext. 127

Medical Records, Transportation & Scheduling  
Sandra Baber ext. 115

## Resident Choice Meal of the Month

**Hamburger**

**Lettuce, Tomato, Onion**

**Potato Salad**

**Baked Beans**

**Watermelon**

**Drink**

**July 4th**

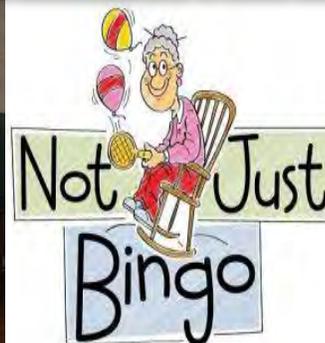


**Now Accepting Applications  
for most positions  
Visit Our Website!  
[blountstownhealthandrehab.com](http://blountstownhealthandrehab.com)**

**Excellent 401K & Benefits!**

**Come Join Us!**

**Rated "5 Stars" by Medicare in 2015-2018  
( 4 Consecutive Years )**



## JULY ACTIVITY NEWS

**WELCOME!!!!**

We would like to welcome our newest volunteers, J.R. Pullam & Connie Clayton. They will be assisting with various activity programs as well as spending time socializing. Brother Jackie Strader is serving as our Facility Chaplain & has many years of experience ministering in local skilled care environments. He is scheduled weekly & is happy to visit those residents who desire to see him. We

greatly appreciate all of our volunteers who bring much joy to our residents. We will be celebrating July 4<sup>th</sup> with music, games, refreshments and a group discussion regarding freedom.

See the activity calendar for all other activities.

**EVERYBODY HAVE A SUPER SUMMER!!!!**





2019  
**CNA**  
 of the Year  
**Carrie Martin**  
 Congratulations  
 Carrie!

**JIMMIE PARRISH**

Celebrated her 103rd Birthday with Family!



“Congratulations” from all your Family,  
 Friends & Loved Ones @ BHRC

How many words can you  
 Make from the words

**“INDEPENDENCE DAY”**

\_\_\_\_\_

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5 Points Each = Your Score \_\_\_\_\_

**4<sup>TH</sup> OF JULY  
 WORD SEARCH**

T M N W Q J E T A R B E L E C D Y  
 I M T Q H H Y M Q R Q U D U E I A  
 O Q T A W Q M Z Y E X U C C N T D  
 I N D E P E N D E N C E L C J A I  
 A S I O U O R H A M U A A T U Q L  
 N K S A M E R I C A R P P S O S O  
 U R P U F U B E E A Y S T R U B H  
 P O A Y D L D W T O E C I N C I P  
 K W R W E A A I L P O E A U E O N  
 F E K H T F O G I A D E U S D I H  
 Y R L I I N T R B E M D T N A T L  
 L I E T N P T Z E U R A E T R S C  
 U F R E U S L Q R R R U I U A A E  
 J V S O D L K V T S L R O K P J B  
 W I T O E O M O Y B B F I U P J L  
 I A S V Y E M R E D R E M M U S E

America Fireworks Independence Red  
 United Blue Flag July Sparklers White  
 Britain Fourth Liberty Stars Celebrate  
 Freedom Parade Stripes Declaration  
 Holiday Picnic Summer



*Poplar Head Baptist Church brought the Allegiance choir from Amelia Island to sing for our Residents*

**News from BHRC Book club**

**Larry Trantum**

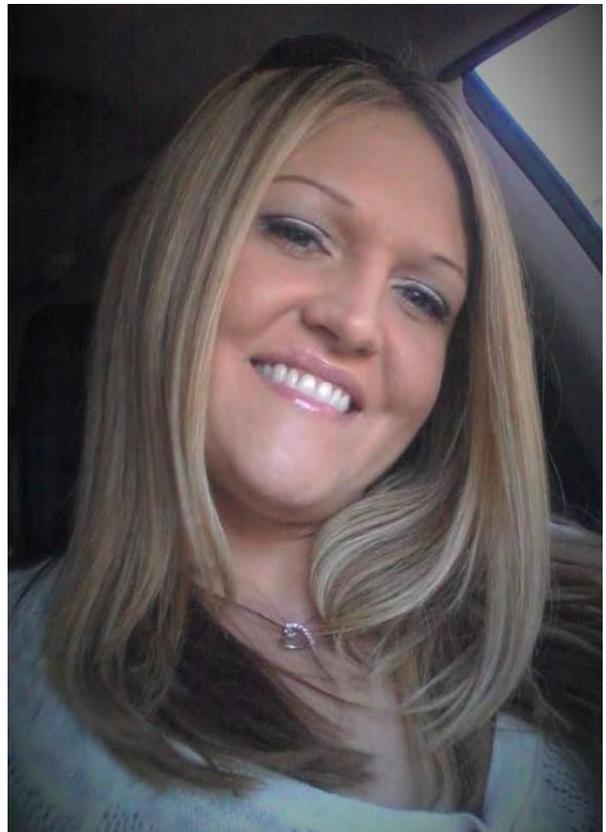
Read 31 Books this month



- |                    |          |
|--------------------|----------|
| James Rollins      | 18 Books |
| Shirley Strickland | 10 Books |
| Curtis Lollie      | 8 Books  |
| Sandra Salter      | 7 Books  |
| Elma Mullins       | 6 Books  |
| Doris Smith        | 3 Books  |

Residents that would like to  
**“JOIN THE BOOK CLUB”**  
please see Patricia in Activities!

**“CONGRATULATIONS”  
TO OUR NEW BHRC MDS  
COORDINATOR**



**DANAE HOLMBERG, RN**



**Residents enjoyed CNA week as much Staff enjoyed dressing up each day from Nerd Day, to Super heroes & Villains day, Team Spirit Day, to East Old Ladies vs West Frat Boyz!**



# Partners in Excellence

The Admission Process



## What is dialysis?

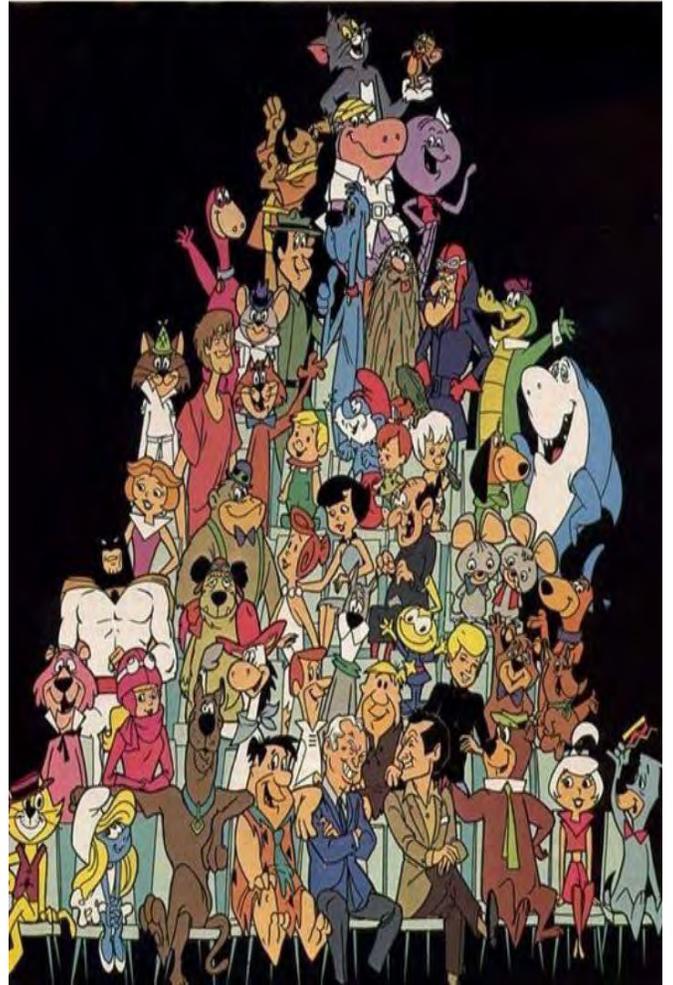
"The process of removing excess water, solutes, and toxins from the blood in people whose kidneys can no longer perform these functions naturally"



## Who needs dialysis?

- Patients with **Acute Kidney Injury**- their kidneys are expected to regain function, but they need dialysis while recovering.
- Patients with **End-Stage Renal Disease**- chronic, irreversible loss of kidney function. Also known as **Chronic Kidney Disease, Stage 5**.

# Thank You, Hanna-Barbera



For the Fabulous Fifties!!!

## Nancy Arrant enjoying a workout with Yolanda in Restorative!



**Housekeeping**  
*Taking Pride*  
*in the Service*  
*we provide*

I WISH MY BANK ACCOUNT  
FILLED UP AS FAST  
AS MY LAUNDRY BASKET.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITIES ARE SUBJECT TO CHANGE	1 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Resident Council	2 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Cooking Club 5:30 Resident Choice	3 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	4 9:30 Social Club 9:45 Shape Up 10:00 <b>Dwayne's</b> Hour 2:00 4 <sup>th</sup> of July Celebration	5 9:30 Social Club 9:45 Shape Up 10:00 Kinard Church 2:00 Activity Committee 5:30 Resident Choice	6 9:15 Good Morning Rounds 10:00 Fun and Games 2:00 Bingo
7 9:00 Church Service 3:00 Liberty Holiness Church	8 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Getting to Know Your Neighbor	9 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Bob's Tunes 5:30 Resident Choice	10 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	11 9:30 Social Club 9:45 Shape Up 10:00 Glad Tidings 2:00 Adult Coloring	12 9:30 Social Club 9:45 Shape Up <b>10:00 Larry's</b> Hour 2:00 Helping Hands 5:30 Resident Choice	13 9:15 Good Morning Rounds 10:00 Fun and Games 2:00 Bingo
14 9:00 Church Service 2:00 Sundae Sunday	15 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Brain Aerobics	16 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Creative Crafts 5:30 Resident Choice	17 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	18 9:30 Social Club 9:45 Shape up 10:00 <b>Dwayne's</b> Hour 2:00 Guy Time	19 9:30 Social Club 9:45 Shape Up 10:00 Kinard Church 2:00 Swift Water 5:30 Resident Choice	20 9:15 Good Morning Rounds <b>10:00 St. Mary's</b> Baptist Church 2:00 Bingo
21 9:00 Church Service 2:00 Popcorn Party	22 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Enjoying Everyday Life	23 9:30 Social Club 9:45 Shape up 10:00 Sneads Assembly of God 2:00 Bingo 5:30 Resident Choice	24 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails	25 9:30 Social Club 9:45 Shape Up 10:00 <b>Dwayne's</b> Hour 2:00 Pie of The Month	26 9:30 Social Club 9:45 Shape Up <b>10:00 Steve's</b> Hour 2:00 Birthday Bash 5:30 Resident Choice	27 9:15 Good Morning Rounds 10:00 Kinard Ladies 2:00 Bingo
28 9:00 Church Service 2:00 Sundae Sundays	29 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 My 2 Cents	30 9:30 Social Club 9:45 Shape Up 10:00 Bingo 2:00 Cup Cake Art 5:30 Resident Choice	31 9:30 Social Club 9:45 Shape Up 10:00 Bible Study 2:00 Pretty Nails			