

# Westland Observer

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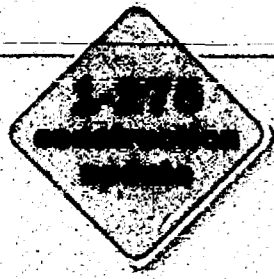
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SEVENTY-FIVE CENTS

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The detour from westbound I-696 to southbound I-275 that takes motorists to a turnaround on the Haggerty Connector is expected to continue for at least another month.

Originally, Michigan Department of Transportation officials anticipated that the new ramp from westbound I-696 would be re-opened in July to traffic. Since the new ramp would need to be reduced from two lanes to one, officials wanted to avoid traffic backups onto I-696 - a problem that surfaced early in the reconstruction project.

Also, southbound I-275's exit ramps onto Six Mile will be closed for at least another week. That closure also includes entrance ramps from Six Mile onto southbound I-275. Motorists should use Seven Mile or Eight Mile.

Once Six Mile is completed, contractors will move crews to Seven Mile to construct new ramps there. That closure will begin in about a week to 10 days, and last about 12 days, weather permitting. During that closure, motorists should use Six Mile and Eight Mile to access southbound I-275.

## THE WEEK

# AHEAD

**Variety:** Pyramid II will perform with Tyrone Hamilton 6 p.m. Sunday, July 11, at the Performance Pavilion of the William P. Faust Public Library of Westland, 6123 Central City Parkway, between Warren and Ford. The Westland Cultural Society concert series continues Sundays, through Aug. 22, with all concerts 6 p.m. at the library except for 6:30 p.m. July 18 at Stottmeyer Park. For information, call (734) 722-7620. Concerts are free. The Bailey Center is the rain site.

## MONDAY

**School board:** The Wayne-Westland Board of Education will meet 7 p.m. Monday, July 12, at the board offices, on Marquette east of Newburgh in Westland.

## INDEX

■ Obituaries	A6
■ Classified Index	E5
Real Estate	E1
Crossword	E8
Jobs	G1
Home & Service	H4
Automotive	H6
■ Taste	B1
■ Health & Fitness	B4
■ Arts & Leisure	C1
■ Sports & Recreation	D1

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## What a swing!



STAFF PHOTOS BY PETER WILLIAMS

**Hot bat:** Eddie Aucoin, catcher, and a member of the Westland team. The game raised money for the Salvation Army and other causes.

## Softball benefit has zany look

**Message:** Eddie Feigner talking of the importance of softball.



Let Chuck Yockey of the Wayne-Westland Salvation Army wasn't looking for heavy-duty competition Thursday.

"I'm going to have fun," Yockey said of the benefit softball game against Eddie Feigner, the King & His Court. Yockey, who has played some softball, vowed to go wherever team manager Lou Toarmina sent him.

"I played in the outfield," Yockey said Friday. "It was a fun time."

He was hard-pressed to give the

score, due to the antics on the field. For example, a player would hit and then run to third base rather than first.

"It was not a serious game at all," Yockey said.

Proceeds supported the work of the Salvation Army, sending young people to Sea World, and other charitable causes. "This is kind of a fundraiser for them to have fun," Yockey said of the Sea World-bound students.

Please see **SOFTBALL**, A4

## Defendant facing evaluation

BY DARRELL CLEM  
STAFF WRITER  
[dclcm@oe.homecomm.net](mailto:dclcm@oe.homecomm.net)

A Novi man accused of trying to abduct a 16-year-old Westland girl has a long history of mental suffering, a defense attorney said in court Thursday.

Michael Duncan MacInnis, accused of trying to kidnap the girl June 30 as she rode her bike along Venoy north of Ford, was described by attorney Carolyn Blanchard as having "a significant psychiatric history."

Blanchard raised the issue in Westland 18th District while seeking a

delay in MacInnis' preliminary hearing on a charge of assault with intent to commit criminal sexual conduct.

Judge Gail McKnight ordered psychiatric tests to help determine whether MacInnis should be held criminally responsible and competent for his court hearing.

The 53-year-old defendant is tentatively scheduled to return to court on Aug. 26.

Westland police Sgt. Terry Donohue said MacInnis has no criminal history but could face a maximum five-year prison term if convicted of trying to abduct and sexually assault the girl.

The victim was riding her bike at 5:18 p.m. when a suspect pulled up in a commercial semi-truck, "ran up and grabbed her and started to drag her back to the truck," Westland police Lt. Marc Stobbe has said.

The girl screamed and struggled with her assailant, managing to free herself as a witness approached the suspect and questioned him about the incident, Stobbe said.

According to a police report, the driver admitted seizing the girl and then waited in his truck until police officers arrived and arrested him.

Please see **EVALUATION**, A2

## Water-sewer rate hike gets final nod of approval

BY DARRELL CLEM  
STAFF WRITER  
[dclcm@oe.homecomm.net](mailto:dclcm@oe.homecomm.net)

Westland still could face a federal court order to tighten its clean-water measures despite the city's region-leading efforts to adopt a voluntary plan, officials said.

Public Services Director Richard Dittmar said he can't promise that local clean-water efforts - paid from a new, 27-cent water-sewer rate hike -

will forestall a court-ordered plan. "There's no 100 percent guarantee," he said Tuesday.

Dittmar's statement came in response to questions from Councilman Glenn Anderson, who asked during a council meeting whether the 6.5 percent rate hike would guarantee no federal intervention.

However, Dittmar and other city leaders said that Westland will stand out among other communities as a

leader for clean-water initiatives.

As such, Westland could avoid possibly higher rate increases that a federal judge could slap on other communities, officials said.

"They will pay the price someday," council President Sandra Cicirelli said.

The latest talks came as council members split 5-2 Tuesday in giving final approval to raising water-sewer rates by 27 cents to \$4.46 per 1,000 gallons.

A typical homeowner using 33,000 gallons of water every three months will see quarterly bills increase about \$9, Finance Director Tim McCortley said. The increase will appear on bills in October, he said.

Anderson and Councilman Richard LeBlanc opposed rate hikes that, nonetheless, won approval from Cicirelli and colleagues Justice Barnes, David Cox, Charles "Trav" Griffin and

Please see **APPROVAL**, A2

## Westland responds to neighborhood rat problem

BY DARRELL CLEM  
STAFF WRITER  
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Under fire from residents, Westland city officials are scurrying to combat a neighborhood rat problem by forcing two homeowners to clean up their properties.

"We are addressing this issue immediately," Deputy Mayor George Gillies pledged Wednesday after visiting a residential neighborhood near Venoy and Cherry Hill roads.

Homeowners have voiced mounting concerns about seeing rats - even in the daytime - along Steinhauer, Hively and Somerset.

On Tuesday, residents Carol Black and Gretchen Love pleaded for help from Westland City Council

members. Black charged that administration officials have ignored calls for help despite rat sightings that she said started occurring eight months ago.

However, Gillies said one Hively property owner was ticketed as early as May 1998, but ignored orders to clean up property.

Gillies said a new citation has been issued warning the owner to fix the problem and appear in Westland District Court by July 12 or face arrest.

A second property owner - this one on Steinhauer - was ticketed Tuesday and ordered to clean up a garage, Gillies said.

City employees planned to sweep through the affected neighborhood Saturday and issue violations to people whose property is littered with debris, junk

cars and other rat-harboring items, Gillies said. Police Chief Emery Price on Tuesday also said he would have his animal control officers investigate the rat problem.

However, Price conceded that "the live traps that we have are for larger animals."

Residents fear that rats could pose health risks, particularly to children - and that the rodent population could skyrocket unless the problem is curbed.

Black said she is concerned that housing values will decline unless the city addresses the problem.

Some neighbors have complained about compost piles that appear to be harboring rats. Compost piles can provide shelter for rats, Wayne County officials

Please see **RAT**, A2

## MEAP raises issues

Local educators are questioning results from the Michigan Educational Assessment Program. One elementary saw science results drop from 71.1 percent to 11.3 percent this year. There were improvements, some dramatic.

BY DARRELL CLEM  
STAFF WRITER  
[dclcm@oe.homecomm.net](mailto:dclcm@oe.homecomm.net)

A school-by-school analysis of new state test results contains some startling - arguably suspect - data on Wayne-Westland students, local educators say.

Consider Edison Elementary in Westland, where the percentage of fifth-graders passing the state science test plunged from 71.1 percent in 1998 to just 11.3 percent this year.

Teachers didn't cut science out of their curriculum, so is a 60-point drop even possible?

"We don't have any explanation for that," Wayne-Westland Superintendent Greg Baracy said Friday. "We are investigating that with the state to see if that's even accurate."

Edison also suffered a sharp decline in fifth-grade writing scores. Only 35.2 percent of students passed that test - down from 86.7 percent in 1998.

Sam Barresi, assistant superintendent for instruction, has said that, overall, Wayne-Westland as a district is making progress in improving its Michigan Educational Assessment Program results, although "we would like our scores to be higher."

Wayne-Westland continues to lag far behind districts like Livonia, which serves north Westland, and in some cases students are losing ground despite efforts to improve instruction. Consider:

■ At Hamilton Elementary in Westland, the percentage of fourth-graders achieving a satisfactory score in reading plummeted from 58.7 percent to 38.6 percent.

■ At Elliott Elementary in Westland, only 30.4 percent of students passed the fifth-grade writing test this year - compared to 76.4 percent last year.

■ At Taft-Galloway in Wayne, fifth-grade writing scores crumbled. Only 25.9 percent of students passed the latest test, compared to what had been a promising 83 percent in 1998.

■ At Walker-Winter Elementary in Canton, the percentage of fifth-graders earning a passing grade in writing plunged from 75 percent to 47.6 percent during the one-year period.

Baracy said teachers are emphasizing writing in all subjects in an attempt to improve student skills.

And, in science, an upswing in scores is expected in coming years due to a

Please see **MEAP**, A2

2-year comparison of MEAP results

Wayne-Westland Community Schools satisfactory performance in grades 4, 5, 7 and 8

Table with columns for Grade 4 Math, Grade 4 Reading, Grade 5 Science, Grade 5 Writing, Grade 7 Math, Grade 7 Reading, Grade 8 Science, and Grade 8 Writing. Rows list various schools and their scores for 1998 and 1999.

Duo facing robbery charges

BY SCOTT DANIEL STAFF WRITER sdaniel@oe.homecomm.net

Two men were charged with armed robbery and retail fraud in connection with a pair of incidents in Canton early Tuesday. Canton resident Robert Lee Kahri, 28, and John Ballard Hinton, 26, of Westland were arraigned by video at 35th District Court in Plymouth Wednesday. A preliminary exam is scheduled for July 19 at the court. Both men are being held on \$50,000 cash bond. Armed robbery, a felony, carries a possible life penalty while retail fraud is a misdemeanor punishable by 93 days in jail. The incident began at approximately 5:30 a.m. at the DeSwann Motel on Michigan Avenue. According to police, an 18-year-old Canton man was sleeping in his room when Kahri and Hinton entered unannounced. The men demanded that the teenager drive them to Detroit to purchase drugs, police reports said. When the 18-year-old refused, the men began punching him in the face and placed a knife at his throat. The teen was able to escape moments later and fled the room. Police said Kahri and Hinton then stole the Canton man's 1985 Chevette, along with several other items, and left the motel. Canton police apprehended the men at 5:45 a.m. after they allegedly stole cigarettes from Super Kmart on Ford Road. Officer James Marinelli stopped the vehicle in the parking lot, said Canton Police Capt. Laura Golles. He recovered a brown-handled kitchen knife used in the robbery on the Canton teen as well as the car and stolen cigarettes, reports said. It's the fourth armed robbery in the township in about a month. Golles said warmer weather might be one explanation for the recent rash of robberies. "Crime goes in cycles," she added. "We had been low for awhile. Now we're on an upswing." While Canton has experienced more than its fair share of crime lately, Golles noted that the township compares well to similar communities in terms of offenses per 1,000 residents. According to 1998 police figures, Canton averaged 32 offenses per 1,000 residents. That's for crimes such as murder, criminal sexual conduct, robberies and motor vehicle theft. The township had 75,000 residents last year. Communities of comparable populations were at higher rates in 1998. Dearborn Heights, a town of 60,000, averaged 41 offenses. Waterford Township, which has 70,000 residents, came in at 45 and Farmington Hills with 82,000 people registered 47 offenses per 1,000 residents.

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Rat from page A1

confirmed. Daytime sightings of rats -- as reported by some residents -- could indicate a potentially large population, county officials said.

Rats typically feed at night. Gillies said he hopes the problem will subside after the city forces property owners to clean up their properties.

"We're on top of this," he said Wednesday. Property owners who refuse to address their violations will face possible arrest, he said.

MEAP from page A1

new curriculum that includes hands-on learning, he said. "There's no doubt that the new curriculum will not only help students learn and retain the science material, but eventually it will help the MEAP scores as well," Baracy said. Educators will use the latest MEAP results to determine which schools appear to be making progress, amid hopes of sharing their successes with schools that posted disappointing scores. "Overall we're continuing to make progress," Baracy said. To be sure, some district schools posted some promising

one-year gains. At Hicks Elementary in Inkster, the percentage of fifth-graders passing the science test more than doubled from 16.7 percent to 38.5 percent. Hoover Elementary in Wayne had the highest percentage of passing scores of all 17 Wayne-Westland elementary schools in both fifth-grade subjects tested: science and writing. At Edison, the percentage of fourth-graders earning satisfactory reading scores rose from 38.3 percent to 58.6 percent. At Adams Middle School, the percentage of seventh-

graders earning satisfactory scores in reading shot from 37.1 percent to 77.7 percent. Educators have repeatedly said that the public should use caution in interpreting MEAP scores, which provide just one measure of how a school or a student is performing. Still, officials are trying to adjust instructional programs amid hopes of improving scores. Districtwide, the latest Wayne-Westland scores lagged behind state results in every single category. Concluded Baracy: "We still have our challenges."

Approval from page A1

Sharon Scott. Rate-hike supporters said they saw no alternative to finding money to hire six water-sewer workers to help implement better clean-water measures. Mayor Robert Thomas' administration proposed the rate hikes in part to help pay for better cleaning of streets and sewers, amid hopes of reducing pollution that spills into local waterways. City officials also are installing some new water lines to ease storm-system problems. Cox, who chairs a group of Downriver communities address-

ing clean-water initiatives, warned that the latest measures may be "the tip of the iceberg." River Rouge communities face possible court orders to return water quality to what it was as long ago as 100 years, Cox said. "It's going to be expensive," he said. Griffin said Westland council members made the right decision to voluntarily increase water-sewer rates in hopes of satisfying the clean-water wishes of U.S. District Judge John Feikens. Other communities, he said,

could face even higher rate increases. Westland's new 27-cent rate hike comes one year after the council imposed a 38-cent increase per 1,000 gallons. But council members have said they will frown upon any proposed increases next year. Of the 27-cent increase, 17 cents will be used to address clean-water measures. The remaining 10 cents will offset an increase passed to Westland from the city of Detroit, which provides local water.

ACHIEVERS

Angola Patrice Adams recently participated in the Minorities in Engineering Workshop at Michigan Technological University. Adams is the daughter of Maurice and Cynthia

Adams of Inkster. The workshop is designed to give high school freshman-junior minorities who are academically talented in math and/or science the opportunity to investigate

careers in engineering and science. Adams will be a sophomore this fall at John Glenn High School. She has been involved in track, her church youth group, and was the Jack and Jill secretary.

Evaluation from page A1

As he awaits his psychiatric evaluation, MacInnis remains in the Wayne County jail in lieu of a \$250,000 cash bond.

Police have described him as a 6-foot, 185-pound man who drives for an area commercial trucking firm.

Police didn't immediately know if the suspect may have been involved in other abduction attempts.

Reader Service Lines section containing contact information for Observer Newsroom, Homeline, Classified Ads, Circulation Department, O&E On-Line, and Photo Reprints.

Westland Observer subscription rates table with columns for Carrier Delivery, Subscription Rates, and Mail Delivery.

Hilltop Summer Specials advertisement featuring 9 Hole Special, Twilight Special, Senior 18 Hole Special, and 2 For 1 Green Fee Special.

Cecil Blackwood & The Blackwood Brothers advertisement for a performance at ABUNDANT LIFE Church of God.

Burn center benefits from effort advertisement for American Power Wash and Detroit Receiving Hospital Burn Center.

Afternoon Delight Summer Series advertisement for a musical performance by The Gratitude Steel Band.

THE Observer NEWSPAPERS logo and address information.

# Storyteller opens vistas

Exploring their world was loads of fun for children at Dawn Daniels' storytelling program. The Tuesday, July 6, session was held at the William P. Faust Public Library as part of the Summer Reading Program.

"They really liked her," said Jolee Kempf, head of children's services. "She got quite a few hugs afterward. We were glad to have her."

Daniels is with Rainbow River Productions and has been an actor-singer for 25 years. She's been a professional storyteller since 1994.

Her Westland program was geared to some 45 preschoolers through fifth-graders, along with about 25 parents. "She told folk tales from around the world," said Kempf. Australia, Africa and other parts of the world were covered.

Daniels incorporated guitar music, riddles and facts about the countries into her program, Kempf said. This was her first time at the Westland library, but it's likely she'll be back.

The Summer Reading Program is sponsored by the Friends of the Library.



Front and center: All eyes are on storyteller Dawn Daniels as she tells tales from around the world during the Tuesday, July 6, program at the William P. Faust Public Library of Westland. The Summer Reading Program for children is sponsored by the Friends of the Library. For information, call (734) 326-6123.

STAFF PHOTOS BY TOM HAWLEY

Libraries offer books, magazines, records and other materials to stimulate children's expanding interests, with the librarian providing guidance for parents and children in finding and selecting materials.



Listen to this: Storyteller Dawn Daniels tells different folk tales from around the world to children at the William P. Faust Public Library.

# Family reading time gets a boost

One of the most important activities for building learning skills - if not the most important - is reading aloud to children. Despite competition from other media, reading remains the key to knowledge and success in our society. Research indicates the foundation must be laid in early childhood. (This information is from the American Library Association Web site, www.ala.org.)

Libraries have traditionally been concerned with promoting reading to children but are placing even greater emphasis on family reading activities as the best hope of stemming the problem of illiteracy in America.

Parents are encouraged to read to their baby as a way of familiarizing their child with sounds, rhythms and concepts useful in building verbal skills. It is also important to continue reading aloud as the child grows. Numerous studies have shown that children who read come from homes where there are plenty of reading materials - where parents, brothers and sisters also read.

Libraries offer books, magazines, records and other materials to stimulate children's expanding interests, with the librarian providing guidance for parents and children in finding and selecting materials. Preschool story hours expose children to the best in children's literature.

Some facts:  
56 percent of intellectual development occurs

between birth and 4 years of age. As children listen to stories, they hear new sound, increase their vocabularies and stretch their imaginations.

Reading - whether by parents, librarians or the children themselves - encourages emotional development as a child learns to share in another's happiness or misfortune, broadening interests beyond themselves.

Research shows that children who have been exposed to reading and other cultural experiences before they begin school have a better chance at success in formal learning. (Source: "Becoming a Nation of Readers," by the National Academy on Education Commission on Reading, 1985.)

Children who grow up using the library continue to use the library when they grow up. A national telephone survey found that 48 percent of the adults surveyed had visited a library during the previous year. Of those, 80 percent had used the library as children.

Reading books ranked fourth on a list of preferred activities among youth surveyed by the Book Industry Study Group in 1983 - after television, sports and movies.

Being read to differs from TV viewing in that the mind must work to "fill in" the mental pictures created (Richard Sinatra of St. Johns Uni-

versity in his article "The Parent's Role in Healthy Brain Development").

Children who become good readers are those who have had many experiences with print during their first five years. If reading is to make sense to children, they must see how it is used in life, according to the National Association for the Education of Young Children.

Practical advice for parents:  
A good children's book is one that will broaden your child's horizons whether through pictures or words, make for greater understanding and help develop qualities such as compassion or sense of humor.

Books for young children should have colorful illustrations and a simple story line that entertains or introduces new concepts in a fun or interesting way.

Read to your baby and continue reading together as your child grows - books that are beyond his/her reading skills, that will challenge and promote discussion.

Let your child see you reading. Modeling is one of the most important ways of teaching behavior.

Make reading a part of your family life. Schedule a regular time for sharing books, poems or articles after dinner or before bed. Use television as a stimulus for reading about people, places and topics of special interest.

# Garfield expansion pondered

BY MARIE CHESTNEY  
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Bigger is better. Smaller is better. Those two opposite points of view will be argued in September by the Livonia Board of Education when it once again takes up the question of whether to add four classes onto Garfield Elementary in southwest Livonia.

The trustees Tuesday agreed to reconsider spending \$800,000 to build the extra classrooms after the construction plan created an uproar in the Garfield neighborhood and brought a deluge of complaints from residents. More than 10 spoke out once again at Monday's board meeting.

Trustee Frank Kokenakes backed the "bigger is better" point of view.

"I wonder why you don't want the extra space; more space is better. I'm having a hard time seeing the down side of this, with the population growth you are experiencing."

Michael Woynick of Richland Street pushed for the opposite point of view. "Smaller is better; we don't need to get bigger."

When the controversy first erupted in the boardroom in June, trustee Pat Nalley said he was willing to reopen talks on the construction plans. To make that happen, however, he needed a second trustee to join him in the request.

He got that Tuesday with the arrival of newly elected trustee Kirsten Galka, who took her oath of office before the board meeting. She then joined him in his request.

The four classrooms are part of a broader plan by Livonia Public Schools to ease overcrowding in elementary schools in the southwest part of the city. The plan also includes erecting portable classrooms at Johnson Elementary for the upcoming school year, closing Johnson in June 2000, and moving Johnson staff and students to Lowell in

## LIVONIA SCHOOLS

September 2000.

Garfield residents fear the four extra classrooms - and extra students - will turn Garfield into a "mega-school." To keep this from happening, they want the school district to either change school boundaries or spread the extra students out among the three elementaries in the southwest, Washington and Lowell as well as Garfield.

"Adding on to a school is permanent; changing boundaries brings temporary problems," said Carol Rossow of Parkdale Street.

Added Ann Hassell of Hambelton Street: "We won't tolerate oversized classrooms. Jamming in kids won't solve existing problems."

School administrators insist that no school boundaries will be changed to ease the student crunch. In fact, from their point of view, the broader plan to ease overcrowding is successful because no boundaries got changed in the process.

However, one change will take place, effective during the 2000-01 school year, said Superintendent Ken Watson. Garfield will no longer accept school-of-choice students, or students from outside the Garfield boundaries.

The only exceptions, he said, will be for siblings of students already enrolled and schools-of-choice students now enrolled at Garfield.

At the meeting, some residents said they back the extra classrooms, and decry the way the issue has now split the neighborhood.

"It's sad to see what seems to be happening," said Dawn Beier. "This has caused a giant split between families."

Extra traffic into the neighborhood is one of the residents' concerns. When school opens Aug. 31, a traffic study of the area will be done, Watson said.

# New Oakwood Annapolis unit designed with patient in mind

Oakwood Annapolis Hospital in Wayne is inviting the public to attend an open house to see a new, third-floor exceptional care unit. The unveiling is noon to 5 p.m. Friday, July 16, at 33155 Annapolis.

The unit is designed to provide a "care experience" that differentiates Oakwood Healthcare System from other healthcare providers, officials said in a news release.

"At Oakwood Annapolis, the intention is to create this exceptional care unit as a model that can be used throughout other departments in the hospital," Dr. A.B. Setty, physician project leader, said. "Through construc-

tive feedback from those patients who experience the exceptional care, we will continue to refine the model until it is completely driven by the needs of our patients."

Emphasis will be placed on information and education, patients' physical comfort and coordination of care not only during their stay, but after their discharge.

Oakwood Annapolis will continue to involve family and friends in the patient's hospital care because "illness affects the entire family," the press release said. "Another important part of exceptional patient care is that nurses will be available at the

patient's bedside as much as possible."

Some visible changes include improved lighting in rooms; artwork that serves as a directional point for hospital familiarity; color and fabrics conducive for healing; specialty beds, rocking chairs and sleeper chairs to help families; and music and patient education video-viewing at the bedside.

Also this summer, a new television system including local and cable channels is scheduled to be installed in all patient rooms.

For more information about the open house, call 467-4000.

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# Phone 'slamming' may cost you if you're not careful

BY KEN ABRAMCZYK  
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Pat Johnston's problems started in February.

The Livonia resident received a phone call from AT&T to "welcome her back" to the company and its long-distance services, she told a House Republican Task Force on Consumer Issues on Thursday.

Johnston wondered why that phone company would be calling her because she never authorized a change from AT&T to another carrier in the first place.

"Welcome us back? We never left," Johnston said.

The Johnstons later were told that they were "slammed" — known in the telecommunications industry as an unauthorized switch in phone service from one company to another.

It happened again later that month, and a third time in March. The Johnstons had to call AT&T to inquire about the bill, then a 700 number to find out who the long-distance carrier was that changed their service without their knowledge and permission, then call AT&T to be switched back to that company.

They discovered a \$5.20 connecting fee on one bill that they refused to pay, and they had been switched to another carrier by a computer, all without their authorization.

"I feel as a resident and a citizen, that we should have some



rights as to who can be our carrier," Johnston said.

Johnston said about 20 area residents attended a public hearing at St. Mary's Cultural Center in Livonia with a few airing their complaints about telephone slamming. State Rep. Laura Toy, R-Livonia, chaired the task force, which included Reps.

Nancy Cassis, R-Novi; Rep. Joanne Voorhees, R-Wyoming, and Jennifer Faunce, R-Warren. State Rep. Bruce Patterson, R-Canton, also joined the group of lawmakers.

Ameritech reports that 53,000 people have been slammed this year out of its 3 million Michigan customers. In 1998 approximately 68,000 customers were slammed.

Richard Price, a treasurer of Redford Interfaith Relief, told the task force that the church noticed a switch in a long distance carrier without authorization from the director, pastor or Price.

He found the church was billed \$8.43 for five minutes of long distance. He checked with the billing company but could not find the slamming carrier.

"I do not yet know who the long-distance carrier was who authorized this slam," Price said.

Livonia businessman Ken Lawrence said he threatened to report a carrier to the Federal Communications Commission and state Attorney General Jennifer Granholm for slamming after he received about \$15 in charges on his bill.

"I was willing to play hardball, and it was taken off," Lawrence said. About a month ago, Lawrence received a phone call from someone inquiring about his phone lines and his business.

Lawrence asked to speak with a supervisor, who asked him how

to spell "Livonia" in preparation of a switch — and probable slam — of Lawrence's phone service. Lawrence then asked where the company was located and was told Minnesota.

"I asked what Ameritech (Lawrence's actual phone company) was doing in Minnesota, and then I heard a 'click' on the other end," Lawrence said.

Rose Fowler of Redford said she was slammed in February, March and May.

Fowler tried to telephone a relative in Illinois but could not because she was not authorized to call that number as the new "carrier" went out of business. She eventually called her old company to be reinstated after a lot of phone calls and aggravation.

"That angered me. In case of an emergency, we couldn't have gotten through."

The public hearing attendees did not complain about Ameritech, which had a representative at the hearing.

Maryanne Zavagnin, director of regulatory policy for Ameritech, said the issue was causing consumers "a lot of grief and a lot of pain."

Part of the problem is created by phone companies that send electronic transmissions to Ameritech's computers authorizing a change, Zavagnin said.

## What is slamming?

Slamming is the practice of switching a person's telephone service to a different company without their knowledge or permission.

The practice is illegal. Both federal and state governments have taken steps to curb slamming, including fining perpetrators.

Telephone service providers found guilty of violating state law regarding proper and legal procedure for switching consumers from one phone company to another can be fined by the Michigan Public Service Commission up to \$20,000 for the first offense and up to \$50,000 for repeat offenses.

"There is actually no one who looks at it," Zavagnin said. "It's all done electronically, similar to what banks do electronically at night."

Consumers may talk to these companies when they call, but many do not agree to change companies. "Nevertheless, that company may not be on the up and up and they send that change to our computer," Zavagnin said.

Zavagnin said Michigan has some of the stiffest penalties in the country for slamming. In April, the Michigan Public Service Commission fined Brittan Communications International Corp. \$660,000 for 33 unauthorized switches, and ACI Communications was fined \$940,000 for 47 unauthorized switches.

For its part, Ameritech recently changed its bills' appearance to make them easier to read. "Customers must have a better understanding of what they are being billed," Zavagnin said.

A new section on the bill will tell customers when a provider is being changed, Zavagnin said.

Residents who examine their bills closely can tell if they've been slammed. While Price may not have known where a charge of \$8.42 originated on his bill, he did see it listed. Price wondered how much money had been scammed out of others who don't examine their bills.

"If we look at bills, we might find more mysteries, and not just

See SLAMMING, A7

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<b>CANTON</b> Tuesday, July 27th 6:30 p.m. - 8:30 p.m. (evening) <b>CANTON PUBLIC LIBRARY</b> 1200 S. Canton Center Rd. (Between Palmer & Cherry Hill)	<b>NORTHVILLE</b> Wednesday, July 28th 6:30 p.m. - 8:30 p.m. (evening) <b>NORTHVILLE PUBLIC LIBRARY</b> 212 W. Cady (Downtown Northville)

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Paul Leduc is a Registered Representative with Linsco/Private Ledger WSB • 555 S. Old Woodward #777, Birmingham, MI 48009. Securities offered through Linsco/Private Ledger, Member NASD, SIPC.

**Strawberry Festival**  
Sponsored by the Garden City Hospital Guild

**Sunday, July 18**

The Annual Strawberry Festival will be held in front of Garden City Hospital on Sunday, July 18 from 10:00 AM to 5:00 PM. There will be plenty of Strawberry Shortcake and Strawberry Sundae along with a food tent, bake sale, white elephant sale, big raffle, kiddie booth and more.

**A Buck for a Buck!**  
There will be a raffle held for an official Red Wings hockey puck autographed by defenseman **Nick Lidstrom**. Tickets can be purchased the day of the festival at the Human Resources Information Booth. Tickets are only \$1.00.

The hospital is located at 6245 N. Inkster Road between Ford Road and Warren Road.

10:00 AM	Festival Opens
10:00 AM - 12:00 PM	Employee Basketball
10:00 AM - 3:00 PM	Rock-n-Roll DJ
10:00 AM - 5:00 PM	Memories in Motion
11:00 AM - 11:30 PM	Information booths
11:00 AM - 3:00 PM	Pet-a-Pet
	Plymouth Fife and Drum Corps
	Clowns & Face painting
	Police K-9 Unit and Motorcycle
	Dan Dan the Choo Choo Man
12:00 PM - 12:30 PM	Westland Wizards Basketball
1:00 PM - 1:30 PM	Employee Stretcher Races
3:00 PM - 3:30 PM	"Rockin' Rhythm" Clog Dancers
3:30 PM - 4:30 PM	Garden City Fire Department
	Sweet Adeline - Vocal Point
	Barbershop Quartet

# Worker rescued after cave-in

BY LEONARD POGER  
STAFF WRITER  
lpoger@ee.homecomm.net

Hundreds of people cheered when they saw Kevin Jarvis Thursday afternoon smiling and moving his arms.

No, Jarvis wasn't the center of a major sports event. He was rescued from a cave-in while working on a sewer hookup at the Bock-Cadillac intersection after a tense three-hour rescue effort.

The neighborhood residents, along with Jarvis' relatives and girlfriend, were visibly relieved when he was pulled from the trench.

Garden City firefighter Scott Marinovich, one of the first to arrive at the cave-in, used a neighbor's coffee pot to scoop dirt away from Jarvis.

Mayor Jim Barker relayed more good news about Jarvis, whose stepfather called him at City Hall Friday to offer thanks to city employees for their help.

"Kevin is at home now (after being released by University of Michigan Hospital) with a possible bruised kidney," the mayor said following the phone call. "He is also sore."

Barker said the city has something in the works to publicly recognize city employees involved in the rescue.

Jarvis, a 25-year-old Detroit, works for the Dick Merkel Concrete Construction Co.

Rescuers, including his brother, Gene Mezo, used a neighbor's coffee pot to start scooping dirt away from Jarvis. Mezo was on the scene to bring his brother a drink of

## EMERGENCY

water, he said.

The trench was 11-13 feet deep. When the cave-in happened, Jarvis was covered with dirt, but managed to stick several fingers through the dirt to let his rescuers know his location. Jarvis was also helped by having an air bubble within the dirt to allow him to breathe.

When he was pulled from the trench, he appeared alert and talked to his rescuers.

He was rushed by helicopter to the Ann Arbor Hospital for examination and treatment of possible injuries.



Good news: Kevin Jarvis is rescued Thursday, following a sewer project cave-in in Garden City.

## Yule bash is July 22

The Westland Community Foundation has scheduled its Christmas in July fund-raiser for 6 p.m. Thursday, July 22, at the Hellenic Cultural Center, 36375 Joy Road.

The fifth annual event is aimed at raising money for stu-

dent scholarships and summer camp programs at the YMCA and the Salvation Army, among other programs.

To participate, call (734) 595-7727. A \$35 minimum donation is requested, and food items are welcome to be placed under a

Christmas tree to help the Salvation Army food pantry.

The Larados will perform at this year's event, and hors d'oeuvres will be served. Santa Claus will greet participants, and the Salvation Army Band will play holiday tunes.

## OBITUARIES

### RICHARD CHAVEZ

Services for Richard Chavez, 61, of Westland were July 7 in John N. Santeiu & Son Funeral Home with burial at St. Hedwig Cemetery in Dearborn Heights. Officiating was the Rev. Stephen Little from Detroit World Outreach Assembly of God.

Mr. Chavez was born Dec. 16, 1937, in Detroit and died July 2 in Taylor. He was a material handler.

Surviving are his son, Richard "Paco" (Marianne) Chavez; daughter, Monica Chavez; mother, Nicolasa Chavez; brother, Raymond Chavez; sisters, Eugenia Morales, Carmen Gonzalez, Mary Megenity and Deloris Galvan; and granddaughter, Sadie.

Mr. Chavez was preceded in death by his wife, Barbara.

Memorials may be made to Detroit World Outreach Community Impact.

### NORMA A. RAULINS

Services for Norma Raulins, 84, of Westland were July 9 in John N. Santeiu & Son Funeral Home with burial at Cadillac Memorial Gardens West, Westland. Officiating was the Rev. David G. Huber from Our Master Lutheran Church.

Mrs. Raulins was born Jan. 27, 1915, in Detroit and died July 5 in Westland. She was a binder.

Surviving are her brother, Elmer Klink; sister, Loretta Jakubiec; many nieces and nephews.

Mrs. Raulins was preceded in death by her husband, Bill, and sisters, Mildred Davies and Ruth Medwid.

Memorials may be made to Our Master Lutheran Church.

## Archery champs plan return to Canton

BY SCOTT DANIEL  
STAFF WRITER  
sdaniel@ee.homecomm.net

After a one-year hiatus, the National Archery Target Championships will return to Canton next summer.

The township beat out six cities, including finalist Sacramento, Calif., to snare the five-day tournament. The National Archery Association of the United States recently made Canton its selection.

Executive Director George Greenway said the NAA's "positive experience" in 1998 with the township was one factor in the selection. He hopes the tournament will grow to include more than 600 competitors in 2000.

"That would be good for the Canton community and for us," said Greenway.

Parks and Recreation Director Mike Gouin said the township is pleased to have the tournament

back. "It brings a lot of exposure to the community," he added. "It's a neat event that brings Olympic-level competition."

Gouin felt several factors put Canton over the top on his bid.

"We're located in the hot-bed of archery," he said. "That's why we drew more archers (in 1998) than in past tournaments."

Canton's proximity to highways and a major airport also helped, said Gouin.

"They know the site will work for their event," he added.

Canton hosted the target championships from 1997-98. The tournament had previously been held on the campus of Miami University in Oxford, Ohio.

The NAA, in fact, returned to that site for this year's championships, which began last week.

The organization has conducted the tournament for more than a

century.

Competition is broken down into compound and recurve divisions. Archers are broken down into "classes" such as cadet, junior, intermediate and senior.

Each class is further broken down into age groups. Greenway said there are upwards of 30 divisions for male and female competitors.

Archers shoot at targets from 30 to 90 meters away. National champions are crowned in each age group.

Archers come from as far away as Russia, China and Argentina to compete.

Canton's bid to host the tournament was submitted in March. A minimum \$15,000 fee was paid to the NAA, according to Gouin.

The Metropolitan Detroit Convention and Visitors Bureau helped defray the township's cost by posting \$5,000. Gouin said

the township hopes to cut its out-of-pocket expense by providing in-kind services to the tournament.

Besides exposure, the championships will provide a boost to Canton's economy, he added. Local restaurants feel the biggest surge, Gouin said.

"We feel it has a positive effect on business," he commented.

Competition will be held at Heritage Park. Targets will be located on the park's soccer fields.

The township will seek 50-100 volunteers to help run the tournament, Gouin said. "We're hoping to get the same level of support."

The tournament went off more smoothly in 1998 than in the first year, he added.

"The NAA was much more organized from their end," said Gouin. "That made everyone happier."

CITY OF GARDEN CITY NOTICE OF PUBLIC HEARING JULY 19, 1999. PLEASE TAKE NOTICE that the Mayor and Council will hold a Public Hearing on July 19, 1999 at 7:15 p.m. in the Council Chambers, at the Civic Center, 6000 Middlebelt Road, Garden City, Michigan. ... THE CITY OF GARDEN CITY HEREBY ORDAINS: THAT ORDINANCE NO. 92-005, THE ZONING ORDINANCE FOR THE CITY OF GARDEN CITY, SPECIFICALLY THE ZONING MAP OF THE CITY, WITH RESPECT TO THE ZONING CLASSIFICATIONS OF LOT 3921 - 3925, Folker's Garden City Acres #23 (W. of 29469 Warren), PARCEL I.D. #035-005-02-3921-300, FROM R-1 TO R-2.

CITY OF GARDEN CITY JULY 20, 1999 - BOARD OF REVIEW. NOTICE IS HEREBY GIVEN TO all property owners of the City of Garden City that the Board of Review will meet in session on Tuesday, July 20, 1999 from 9:00 a.m. to 11:00 a.m. to correct mutual mistakes of fact or clerical errors. PA 74 of 1995 authorizes the December Board of Review to hear appeals for poverty exemptions, but not for poverty exemptions denied by the March Board of Review. This applies to current year only.

CITY OF GARDEN CITY SPECIAL WORKSHOP MINUTES JUNE 24, 1999. The Mayor and Council of the City of Garden City met in a Special Workshop on June 24, 1999, at 7:00 p.m., in the Police Station Conference Room of the Civic Center, 6000 Middlebelt Road, Garden City, Michigan. ... Present were Mayor Barker, Councilmembers Dodge, Lynch, Wiacek, Kaledas, and Briscoe. Absent and excused was Councilmember Wayneck. Also present were Acting City Manager Kocsis and Acting Police Chief Bertha.

CITY OF GARDEN CITY NOTICE OF PUBLIC HEARING JULY 19, 1999. PLEASE TAKE NOTICE that the Mayor and Council will hold a Public Hearing on July 19, 1999 at 7:10 p.m., in the Council Chambers, at the Civic Center, 6000 Middlebelt Road, Garden City, Michigan. ... THE CITY OF GARDEN CITY HEREBY ORDAINS: THAT ORDINANCE NO. 92-005, THE ZONING ORDINANCE FOR THE CITY OF GARDEN CITY, SPECIFICALLY THE ZONING MAP OF THE CITY, WITH RESPECT TO THE ZONING CLASSIFICATION OF LOT That part of the Southeast quarter of Section 14 described as beginning at the South 1/4 corner of Section 14, T.2S., R.9E., proceeding thence N. 0 degrees 42'40" East along the North and South 1/4 line of said section 157.94 ft., thence South 89 degrees 02'20" East 139.0 feet, thence North 0 degrees 42'40" East 18.34 ft., thence South 89 degrees 09' East 158.85 ft., thence South 0 degrees 38'15" West 176 ft. to the South line of Section 14, thence North 89 degrees 09' West along said South line 298.18 ft., to the point of beginning, except the South 60 feet thereof, (NE Corner Cherry Hill & Henry Ruff), PARCEL I.D. #019-99-0003-001, FROM R-3 TO R-1.

STATE OF WISCONSIN SMALL CLAIMS COURT BROWN COUNTY. FORD MOTOR CREDIT COMPANY a Delaware corporation 54 Park Place P.O. Box 1062 Appleton WI 54912, Plaintiff, vs. ROBERT P. HORTON 34630 Glenwood Road, Apt. 25 Westland MI 48186, Defendant(s). Case No. 99 SC 2781. YOU ARE HEREBY NOTIFIED that a replevin action has been commenced against you to recover the possession of the following described property, to wit: one (1) One 1994 Travel Camper Trailer - VIN 1N1L0TL2XR1019546 of which the above-named plaintiff is entitled to possess, but from whom you have unlawfully detained.

# Only you can change long distance service

Consumers should know that a phone company cannot switch their telephone service from one company to another without a consumer's direct approval.

Consumers should also realize they have the option of selecting three different telephone companies — one to serve local telephone calls, a second to serve long distance calls within their area code, and a third to handle all other long distance calls.

Telephone customers wanting to switch telephone companies should make sure they understand the service the new company is providing and that that new company uses one of the following methods to initiate a switch.

■ The company obtains your authorization on a "Letter of Agency" form provided by the new company, which indicates in writing that you want to switch telephone companies;

■ The company has an independent third party verify your authorization to switch;

■ The company provides you with a toll-free (800) number to call to confirm the request to switch companies;

■ The company sends you an

information packet within three business days of your request to switch companies, which includes the name of your current and new company, a description of any terms, conditions or charges incurred; your name, address and telephone number and that of the new company; and a postage-paid postcard for you to use to deny, cancel or confirm the switch; or

■ The company obtains your verbal authorization through use of a three-way conference call with the local telephone company in which no confidential or proprietary information is disclosed.

Your local telephone company is prohibited from trying to persuade you not to switch telephone companies or from marketing other services.

## Educate yourself

Consumers can avoid slamming by using the old adage, "Let the buyer beware."

Consumers should be skeptical of "cash bonus" checks or contest entry forms. They should never sign anything without reading all documentation and check the fine print.

Here are some other tips:

■ If telemarketers call asking to switch your service and you are not interested, be sure and tell the caller that. If you hang up without stating that fact, you may be slammed.

■ If you are interested, get the offer in writing. If a company isn't willing to do that, you probably don't want to do business with them.

■ Read your phone bill carefully each month. If you see unfamiliar names or charges you can't identify, call the company issuing the charges or call your local phone company right away. (Ameritech now lists all companies whose services appear on the bill on the front page of the bill.)

■ If you are unsure of the identity of your long-distance provider, call (700) 555-4141. For the local-toll provider, call your area code and 700-4141.

Consumers who have concerns or questions about telephone slamming may call the MPSC, which is an agency within the Department of Consumer and Industry Services, at its toll-free number, 1-800-292-9555.

The Federal Communication

Commission also can be contacted at 1-888-225-5322. Its mailing address is Federal Communications Commission, Common Carrier Bureau-Consumer Complaints, Mail Stop Code 1600A2, Washington, DC 20554.

## If you are slammed

Under the FCC rules, if you are slammed you are not obligated to pay the slammed charges for the first 30 days after the illegal switch occurs.

Call the customer service number on your bill to get your service switched back or call the company you were switched from and report that you were switched without your permission. Ask to be reinstated on any calling plans.

If you cannot resolve your complaint, file a complaint with the MPSC at <http://1ermisweb.cis.state.mi.us/mpsc> or FCC electronically at [www.fcc.gov/cecb/enforce/complaints.html](http://www.fcc.gov/cecb/enforce/complaints.html). Consumers can also contact their state representatives.

Source: Ameritech and The Michigan Public Service Commission.

# Slamming

from page A5

the lucrative business of slamming," Price said.

The lawmakers listened and hoped some legislation could be introduced this fall.

Patterson said lawmakers may look to legislate to create a pool of funds from the fines collected against slammers to recompense consumers to help them "deal with aggravation."

Toy called telephone deregulation a "trial-and-error" process.

Toy has received about 75 calls in the last six months from residents complaining about slamming. She hopes to have a report done by the beginning of September on consumer complaints.

"We hope to have some legislation in place," Toy said.

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**LEGAL SENSE**  
By Mark Slavens, P.C.  
Attorney at Law

**REPRESENTING YOUR INTERESTS**

When money, power, and/or legal rights are at stake, you want to make sure that your interests are well represented by a knowledgeable and experienced attorney. Good legal representation assures you that your case will be judged on its merits. To this end, it is important to select an attorney with whom you are comfortable sharing all the facts of your case so that he or she may make an appropriate assessment of your ability to win. Beyond that, clients should be able to sense an air of confidence in their attorneys that comes with experience. A reasonable expectation of winning combined with a willingness to do the necessary work is the basic recipe for good representation.

Some people just accept losses incurred in accidents that involve another party's liability because they fear they can't afford legal representation needed to sue. In personal injury cases, attorneys will take a case and charge you fees contingent on winning the case. This is done to ensure that everyone can seek redress for damages done.

HINT: When selecting a lawyer to represent you, ask about experiences he or she has in dealing with the particular issues involved in your case.

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We cordially invite you to our One Year Anniversary Celebration. Join us for an open house Friday, July 16, 1999 from 2:00 - 6:00 p.m. 14707 Northville Road Plymouth, MI 48170 R.S.V.P. by July 14, 1999 (734) 453-2600

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Children can expect to see a musical fairytale revue starring many famous storybook characters at 6:30 p.m. Tuesday at Hines Park-Waterford Bend Picnic Area in Northville. The group, Nelson's Off Broadway Productions, offers this unique program to give a new twist to the everyday fairytale. Magic, comedy and audience participation will entertain children of all ages. Characters will be available for photos after the show.

This free performance is part of the Kids Kaleidoscope Series sponsored through Wayne County Parks and Recreation. The series has been made possible through parks millage funding.

The Waterford Bend Picnic Area is located on Northville Road, north of Six Mile Road in Northville.

For information, call (734) 261-1990.

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# EMU opens center in Livonia

BY KEN ABRAMCZYK  
STAFF WRITER  
kabranczyk@oc.homedcomm.net

Many years ago the University of Michigan opened campuses in Flint and Dearborn to supplement the Ann Arbor campus.

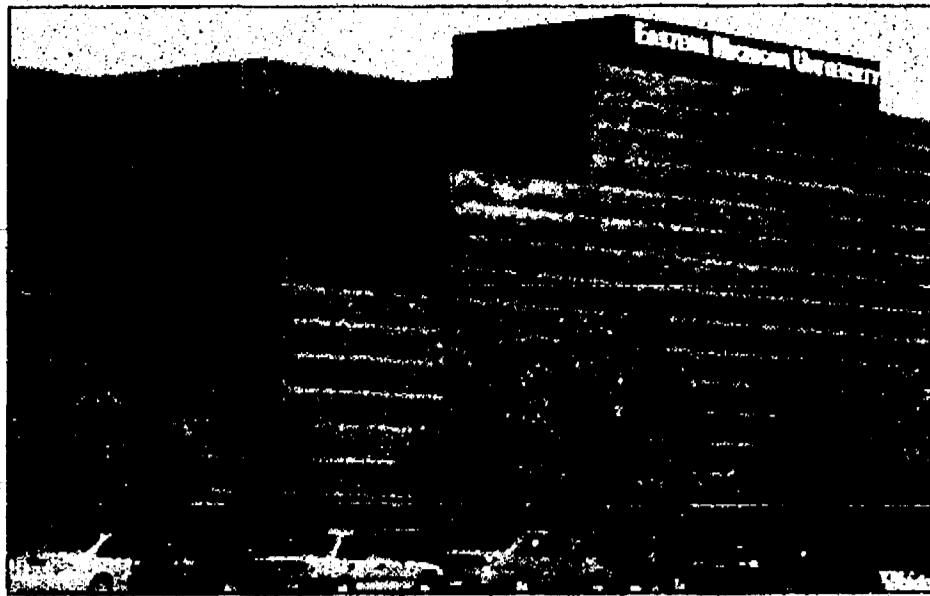
Wayne State University extended its academic reach from downtown Detroit to a campus in Farmington Hills.

And now, Eastern Michigan University has opened an instructional site in Livonia, on the fourth floor of the Cambridge Center at Six Mile and I-275, for the university's Continuing Education and Centers for Corporate Training.

EMU administrators decided to create classroom space in western Wayne County after a regional survey found strong area interest.

"The survey indicated that this was the best location," said Don Loppnow, associate vice president for extended programs at EMU. "It's a high-traffic area in western Wayne County and southwestern Oakland County is nearby, and it is in a high-population area."

EMU will offer graduate programs in communication, public administration, human resource management, educational leadership, secondary education, nursing, CAD/CAM, construction management, liberal studies



STAFF PHOTO BY BRYAN MITCHELL

**New site: The Cambridge Center at Six Mile and I-275 in Livonia sports a sign for Eastern Michigan University that went up this spring.**

in technology and engineering management. Undergraduate programs include hotel and restaurant management, nursing, quality and manufacturing technology.

The site expands Eastern's current graduate programs from the main campus, said Carolyn Dahl, dean of continuing education. The graduate programs at the Livonia site are aimed at working adults.

Eleven classrooms will be housed on the fourth floor at Cambridge. They include a com-

puter lab and an interactive video room for distance learning. EMU is leasing 13,000 square feet of space from Blaine & Associates for \$250,000 a year.

Noncredit training through EMU's Centers for Corporate Training will be available for companies in the automotive and health care industries.

"One of the disadvantages of having these conferences at a hotel is the hotels are not set up with computer labs," Loppnow said. "This site provides them with a setting that is a little clos-

er to home and are designed for computers."

Even though the campus is around the corner from Schoolcraft College and a short drive from Madonna University, Loppnow said the site is not expected to compete with those institutions. EMU will promote graduate programs and undergraduate programs for college juniors and seniors.

"It will be done so as to not compete with Schoolcraft," Loppnow said. EMU officials have discussed their plans with Schoolcraft and Madonna officials, but they have not articulated any agreements for courses or programs, Loppnow said.

Schoolcraft President Dick McDowell believed EMU's programs do not present a problem in competing with Schoolcraft and taking prospective students from them "as long as they aren't offering what we're offering."

"It's more of an opportunity for them to offer advanced studies," McDowell said. "It's more convenient for those graduate students than to have to drive to Ypsilanti."

EMU campus officials have scheduled open houses for prospective students from 5-8 p.m. Aug. 4 and 10 a.m. to 1 p.m. Aug. 14 at the Livonia site.

For information about the Livonia instructional site, call (734) 542-4368.

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Fairlane Town Center, Dearborn (313) 336-3070, Monday through Saturday 10 to 9; Sunday 11 to 6.

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## 2 UNIQUE



KELLI LEWTON

### Home-grown produce is the very best

The blossoming market for all things herbal has Michigan farmers adding new varieties to their crops.

New farms, whose only focus is herbs and specialty produce, are also taking root.

Across the country, people are popping capsules, sipping teas and changing their diet to ward off flu, brighten their moods and rev up their romantic life.

In addition to all the bottled herb concoctions and health potions, there is a whole line of so called "functional foods" popping up at a grocery store near you.

Fruit juices laced with ginger, corn chips with Kava, food to pick you up as well as food to bring you down. Many of our national food chains and drug companies are finding their way into the health food game.

It is estimated that 60 million Americans are now swallowing herbal doses of some form regularly. Americans are rediscovering the healing power of plants and home-grown produce, making the return to an ancient form of medicine that was our mainstay for thousands of years - and that remains so for 80 percent of the world's people.

My sister and I have a small booth at the Royal Oak Farmer's Market, where I have been afforded a bird's-eye view of what local farmers grow.

Greg Marciszewski of Blooming Farms in Grand Blanc, a regular at the market, said his business that he started 11 years ago as hobby of sorts has turned into a thriving 31-acre vocation for himself and his wife, Diane.

He grows a large variety of culinary, medicinal and aromatic herbs as well as other produce, including baby greens.

Many of his customers are buying green foliage, including St. Johns Wort, Echinacea, Skull Cap and Ginger Root, to have a potted pharmacy and culinary cabinet at their fingertips.

Greg suggests tossing herbs such as basil, sorrel, caraway, salad burnet, lovage and dill into your next salad. These herbs promise to perk up your taste buds as well as your feeling of well-being.

Another Royal Oak Market favorite of mine are Heather and her chef husband, Bob Rosencrantz.

They are cultivating an array of medicinal and culinary herbs and are known for their special ointments, salves and powders. They also offer some of the best Chai and Farm blend tea that I've had the good fortune to sample.

Heather said all of their culinary herbs have health and healing properties. She suggests growing your own herbs, potted or directly in the soil.

"Remember during the growing season to trim buds and leaves to zip up your salads, summer vegetable dishes as well as fun treats such as herb pizza!"

To harvest herbs at the end of the growing season, hang and dry them in a dark place, such as a closet, for a week. Pick leaves and store in an airtight glass jar and live the freshness of your garden in your winter fare.

Glen, my produce purveyor, reports the following up-and-coming Michigan produce.

Local crops are rolling in by the truckload: lettuce, spinach, cucumbers, strawberries, cherries, cabbage, kale and the famous Michigan morels and chanterelles.

Expect awesome fresh corn by next week. By mid-July, anticipate peppers, all stone fruits, Honey rock, blueberries, raspberries, watermelons, a variety of squashes, tomatoes of every shape, size and color, local asparagus and more!

Chef Kelli L. Lewton is owner of 2 Unique Caterers and Event Planners in Bloomfield Hills. A graduate of Schoolcraft College's Culinary Arts program, Kelli is a part-time instructor at the college. Look for her column in Taste on the second Sunday of the month.

See recipes inside.

### LOOKING AHEAD

What to watch for in Taste next week:

- Ico cream
- Focus on Wine

# Stay ON THE road TO good health



TAMARA CRAVER/STAFF ARTIST

BY PEGGY MARTINELLI-EVERTS  
SPECIAL WRITER

Staying faithful to a healthy diet can be a challenge when you travel.

A puzzled observation from Europeans is that we Americans eat in our cars. Eating on the road is commonplace. For me, it is an everyday occurrence. I stash food in my glove box where others keep maps and pens.

We often don't take time to sit down at a table and eat — there are too many things that need to be accomplished. But besides food spills in the car, the problem with eating on the run is that we may not make good food choices.

When we're on vacation many of us don't have as many healthy foods as we should. We stay up late, and eat the foods that we enjoy but aren't necessarily nutritious. Vacations last only a short time.

If your job frequently takes you away from home, you may need to develop some good eating strategies. For instance, take advantage of local specialties that are good and fun for you to eat. Going to the East Coast? Try lobster at a lobster pound. To the West Coast? Enjoy Dungeness crab and salmon.

If you are driving, stop at roadside markets. Cherries in Traverse City; peaches in Romeo, Ontario and Georgia; melons in Texas; oranges in Florida. You get the idea. Some hotels have a bowl of apples right at check-in!

Convenience stores have started selling fresh fruit. You can fill up your car tank with gas and buy yourself a banana for the road.

### Foreign versions

Every foreign country has its version of fast food. In England its called a "take-away." They have small sandwiches prepared "to go." English bakeries make up sandwiches on multi-grain rolls and sell bananas, apples, bottled water and juices.

In Mexico City, fruit stands on the street offer juices and cut-up fruit in cups. Sometimes you can't tell by looking whether it is sanitary. The safest place to buy is in a store front or restaurant with modern facilities. Street-side stands aren't worth the risk. In the Third World it may be wisest to buy fruit and vegetables yourself, clean them with disinfectant and peel just before eating.

However, if you're unsure, stick to cooked foods. Drink coffee, bottled water, beer or soda without ice. Cooked vegetables, soups and stews are better choices than a fresh salad. Brush your teeth with bottled water even if the sign says the water is "potable".

Ordering a freshly prepared dish from the restaurant menu may be a better choice than eating from the buffet if your travel takes you to a hot climate in a foreign country. Refrigeration might be less regulated with rules for keeping food "hot" or "cold" frequently lax.

High altitudes cause you to become tired more quickly and eat-

ing lighter is a wise choice until you become acclimated to altitude and the time zone change. Note — the effects of alcohol are more pronounced as well.

Be creative. Quick, tasty and nutritious food can be found in convenience stores, service stations, grocery stores as well as restaurants. Choose wisely and you can stay healthy as you travel.

### Coffee pot cuisine

When staying in a hotel, usually you are forced to dine out, because the room offers no kitchen. However, if yours has a coffee pot, you're in luck! We've developed some "coffee pot cuisine" recipes to make right in good old Mr. Coffee. Pack the ingredients in your suitcase (they're light, portable and nutritious) then enjoy a hot meal anywhere a coffeemaker is available! These economical

recipes are great for anyone who is watching their calories and their cash! See recipes inside.

Peggy Martinelli-Everts, R.D., a Clarkston resident, is a registered dietitian and director of clinical operations for HDS Services, a Farmington Hills based food service and hospitality management and consulting company. Look for her article on the second Sunday of the month in Taste.

### Healthy eating on the go

■ "Fast food" is popular, predictable and, well, fast. It is also high in calories, low in calcium, fiber and vitamins A and C. Huge portions make it difficult to get the nutrients without a bunch of extra calories. A small hamburger, fries and soda pop could be as low as 700 calories. But, if you replace the soda with milk or orange juice, add a salad and forego the fries, the meal becomes fairly healthy.

■ Food prepared away from home tends to be salty. Watch out for pickles, olives, potato chips, and smoked, cured or processed meats. Go easy on extra salt or you'll feel bloated and thirsty later on.

■ Often restaurants will "bundle" foods together to make a meal. Don't feel like you have to have everything that is offered. Skip the higher calorie, fried or creamed foods, or ask for a smaller serving of everything.

■ Try to eat at "normal" times so you don't become famished and chow down without thinking about what you're eating.

■ Make a meal out of a side dish. A baked potato with broccoli and a carton of milk can be quite filling. Same with a large salad, a roll and milk or juice.

■ Select breakfast foods carefully. A plain egg is better than bacon, egg and cheese on a biscuit. A bagel is better than a doughnut. Ready-to-eat cereal is better than a bran muffin.

■ Drink lots of water and other hydrating fluids. Being inside an airplane or traveling in a car can be dehydrating, so drink up. You can often prevent "jet lag" by avoiding alcohol and caffeine-containing fluids.

■ Check the menu for foods denoted to be "healthy." Look for items made with less fat, oil, salt or sugar. Don't be shy about asking that food be prepared the way you want it. Most restaurants are able to handle simple and reasonable requests.

■ As always, choose baked, broiled, steamed or poached meats. Trim away extra fat. Choose poultry or fish. Select low fat dairy products. Ask for sauces, gravies, dressing and margarine on the side. Choose flavored vinegars, spicy mustard, horseradish, lemon or reduced calorie salad dressings.

■ Check out the vegetarian choices on the menu. Often these are high in fiber and other nutrients and low in fat and calories. Watch out for the cheese, it can be high in fat. Pasta with vegetables or in a tomato sauce is filling and nutritious.

■ Find travel sized foods in the grocery store. Look for dried fruits like raisins, dates or apricots. Pick up granola or cereal bars or pretzel sticks. Stash these in your car with juice boxes.

■ When served a bread basket in a restaurant, take the packaged crackers and breadsticks that come with it. These are great foods to keep in your glove box for the road.

■ Order foods a la carte or from the appetizer section of the menu. You can reduce calories because the portion sizes aren't so enormous.

■ Traveling can do a number on your workout schedule. If you cannot exercise on the road, then watch your calories. Otherwise, you'll bring back more than souvenir matches from your trip.

## Make ahead Oriental chicken salad a cool company dish

### MAIN DISH MIRACLE



MURIEL WAGNER

I envy cooks who seem so calm when company arrives for a meal. I've given up trying to uncover their secrets. Instead, I concentrate on developing my own strategy.

One of my ploys is to develop a repertoire of delicious recipes that can be prepared ahead of time and that actually improve on standing. Of course, they must meet my criteria for smart eating as well — low-fat, high fiber and taste tempting.

This recipe for Oriental Chicken Salad is just that. It actually needs to be prepared ahead. The flavor improves while it waits to be served. It combines low fat, high fiber ingredients with my favorite Chinese sweet-sour flavors.

I poach my chicken breasts for the recipe in one of those prepared herb-seasoned broths. I'm a lazy cook, remember? For this salad the roasted garlic flavor enhances the final taste. Be sure to keep the broth at a simmer temperature when you're cooking the chicken. Boiling toughens the meat. If you're planning to use the broth again,

bring it to a full rolling boil to be on the safe side.

I like my chicken breasts torn in large pieces, rather than cut into strips or chopped. You'll note from the ingredient list that most of the ingredients are also in large recognizable pieces. One of the advantages of overnight marinating is that the ingredients become flavored throughout.

The Italian dressing may seem a strange choice for a salad with Oriental flavors, but I like a dressing that adheres to the ingredients. That's difficult to achieve unless you use lots of oil. If you want to reduce the sodium content, a fat reduced, low sodium broth can stand in for the Italian dressing. The other flavors, particularly the Chinese Five Spice Powder, soy sauce and ginger will add the flavor accents that say Chinese. You can call it my version of "fusion" cooking.

The Chinese Five Spice Powder is a blend of star anise, Szechwan pepper and fennel or anise seeds with cinnamon and cloves and possibly licorice root, cardamom or ginger. It has a licorice accent. You could make it yourself but I buy mine in the Oriental food section of my favorite supermarket. The toasted sesame seeds add an interesting flavor accent. Don't skip them.

### ORIENTAL CHICKEN SALAD

- 5 chicken breast halves, cooked and torn into strips
- 1/2 cup baby carrots, washed and peeled.
- 1 cup broccoli florets, washed
- 1 cup pea pods, washed and trimmed
- 6 green onions, washed and slivered
- 3 stalks bok choy or celery, washed and cut into 1-inch pieces.
- 1 can (8 oz.) sliced water chestnuts, drained
- 1 can (9 oz.) mandarin orange sections, drained
- 2 tablespoons sesame seeds, toasted
- 1 recipe nonfat Oriental dressing

Cook carrots on HIGH in microwave for 1 minute. Chill immediately in ice water. Repeat process for broccoli. Microwave pea pods for only 1/2 minute on HIGH and chill immediately in ice water. Drain all ingredients and combine. Pour Oriental dressing over all ingredients and marinate at least 4 hours in refrigerator. Arrange on leaf lettuce and sprinkle with sesame seeds that have been lightly browned over low heat in a skillet treated with nonstick spray. Serves 6

### NONFAT ORIENTAL DRESSING

- 3/4 cup nonfat Italian dressing
  - 1 tablespoon dry sherry or orange juice
  - 1 tablespoon low-sodium soy sauce
  - 2 cloves garlic, minced
  - 1 teaspoon fresh ginger, peeled and minced
  - 1/2 teaspoon Chinese Five Spice Powder
- Mix all the above ingredients well. Refrigerate.
- Nutrition Facts: Calories 210; Fat 3.1 g; Saturated Fat 0.6 g; Cholesterol 62 mg; Sodium 586 mg
- Food Exchanges: 3 lean meat, 2 vegetable.

Look for Main Dish Miracle on the second Sunday of the month in Taste. Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a quarterly newsletter with recipes and nutrition tips. To subscribe, send a check for \$13.50 to "Eating Younger," P.O. Box 69021, Pleasant Ridge, MI 48069.

# Home-grown produce makes it better

See related story on Taste front. Recipes compliments of Kelli Lewton, 2 Unique Catering.

**COOL AS A CUCUMBER SOUP**

4 medium cucumbers, trimmed, peeled and cut into 1-inch chunks.

1/2 cup half & half or whole milk

1 tablespoon fresh mint

1 teaspoon fresh dill

1/2 cup fresh cream or 1 cup plain yogurt

Garnish

2 tablespoons freshly toasted chopped walnuts

1/4 cup yogurt

8 slices of paper thin sliced cucumber

Place cucumbers, half-and-half, mint, dill pepper and 3/4 teaspoon salt in large blender or food pro-

cessor and blend on high until smooth.

In medium bowl mix whisk together sour cream, creme fresh and or yogurt

Stir in half of puree, blend then fold in the rest.

Ladle into bowls, top with yogurt, a teaspoon of walnuts and a few slices of cucumber. Serves 4 to 6.

**HERB GARDEN PIZZA**

1 whole garlic bulb baked until caramel color in 1/4 cup olive oil (reserve oil)

1 pound of your favorite pizza dough or try frozen dough from your grocery freezer section

6 plum tomatoes sliced thin

12 whole basil leaves

1 tablespoon chopped oregano

1/2 teaspoon chopped rosemary

2 tablespoons chopped parsley

1 tablespoon chopped thyme

1 cup grated Mozzarella

1/2 cup good quality hand grated Parmesan or Romano/ Parmesan blend

1/2 cup Monterey Jack cheese

Roll pizza dough to 10 by 12-inch oblong size

Take 1/2 of soft caramel colored garlic cloves and mash with reserved olive oil and smear unto raw pizza dough

Top with thinly sliced plum tomatoes (overlapping)

Sprinkle with chopped herbs and arrange whole basil leaves

Arrange fresh sliced mozzarella. Arrange extra garlic cloves and top with grated cheese.

Season top of pizza generously with coarse black pepper and a pinch of salt.

Preheat oven to 400°F. Bake cookie sheet turned upside down with a little cornmeal sprinkled over top for ten minutes (or bake on pizza stone)

Put pizza directly onto hot sheet tray sprinkled with cornmeal and reduce heat to 375°F and bake for approximately 12-14 minutes until golden brown and cheese is bubbly. Slice into 8-12 squares

**BLUEBERRY-RASPBERRY SOUP**

1 pint blueberries

2 oz. Blueberry Schnapps

2 oz. White wine

1 oz. Olive Oil

Sugar to taste

1 pint Raspberries

2 oz. Chambord

2 oz. White wine

1 oz. Olive oil

Sugar to taste

Saute blueberries in oil two minutes. Add Schnapps and white wine and cook for 10 minutes. Run Through food mill. Adjust consistency with sugar. Repeat same procedures using raspberries.

To Assemble:

In wide soup bowl ladle a scoop of each soup at the same time into the bowl. Make sure both soups

are of the same consistency. Sprinkle with chopped walnuts as garnish.

**STRAWBERRY RHUBARB PIE**

1 1/2 cups sugar granulated

1 cup Michigan Rhubarb

1/2 cup raisins

1 Orange, segmented

Mix the ingredients together and let the mixture stand overnight on the refrigerator

1 cup chopped Walnuts

2 cups sliced strawberries

1/2 cup flour

Add these to the above mixture and place in a 9-inch pie shell. Place a top crust on the pie and bake at 375°F for 45 minutes to an hour or until rhubarb is tender. Let cool. Serve.

## These recipes will help you down the road to good health

See related story on Taste front.

**Coffee Pot Cuisine**

Making food in a hotel room can be difficult, unless you come prepared. Most hotels and motels now provide a coffee

pot in each room. You can use this handy appliance to make much more than coffee.

The HDS test kitchen successfully made seasoned rice in our very own Mr. Coffee. It took a bit of time — about an hour — but the rice was light, fluffy, and flavorful.

To cook Rice-A-Roni, or other packaged rice, first wash the coffeemaker parts thoroughly, then simply empty the rice and flavor packet into the coffee pot. Pour the water (amount according to package instructions) into the coffeemaker. Turn it on. The water will heat up and cook the rice in about an hour.

Here's a more creative recipe that is easy to pack, requires no refrigeration, and cooks in about the time it takes to make a pot of coffee.

at once in a coffeemaker)

1 serving (2 nests) of Angel hair pasta (we used Delverde Capelli d'Angelo pasta, that comes dry, swirled into a nest)

1/4 cup dried vegetables (available in camping supply stores, some health food stores and grocery stores)

1/4 teaspoon Mrs. Dash

1/8 teaspoon coarse Kosher salt (or less)

pepper to taste

1 packet Kraft "Handi Snack" cheese and cracker combo

Thoroughly clean automatic drip style coffeemaker (like a Mr. Coffee). Put a coffee filter in place.

Put the pasta nest on the coffee filter, where coffee usually goes.

Fill the coffee pot 3/4 full with water and pour into coffeemaker. Put vegetables into empty coffee pot. Position pot in place and turn on coffeemaker.

When all the water has run through, pasta should be cooked. If its not quite done, place it in the

coffee pot with the veggies and water for a few minutes. Drain pasta and veggies by removing the coffee filter and filter holder and putting it into the sink. Pour the coffee pot contents into the coffee filter a little at a time. When drained, put pasta and veggies on a plate.

Toss with spices and mix in the cheese from the Handi Snack. Eat the crackers with your meal. If you want to lower the salt content of this meal, don't add the cheese and crackers.

Nutrition information per serving: Calories 323, Protein (g): 10, Fat (g): 7.4, Sodium (mg): 822, Carbohydrates (g): 13, percent of calories from fat: 21

**GRAB & GO ENERGY COOKIES**

1 cup dates (cut up in small pieces and soaked in hot water)

3 tablespoons hot water

3/4 cup sugar

1/2 cup butter or margarine

2 eggs (beaten)

1 1/4 cups flour

1/2 cup soy flour

3/4 teaspoon cinnamon

3/4 teaspoon baking soda

3/4 teaspoon salt

1/4 cup almonds

1/4 cup pine nuts

1/4 cup sunflower seeds

1/4 cup dried cherries

1/4 cup walnuts, coarsely chopped

Preheat oven to 375° F

Soak dates in hot water

Cream butter and sugar together until fluffy. Beat eggs and add to sugar and butter. Sift together the flour, cinnamon, soda and salt. Add to the sugar, butter and egg mixture. Mix in dates with water, and remaining ingredients.

Drop in tablespoon-size portions onto cookie sheet sprayed with non-stick cooking spray. Bake for 10 minutes. Cool. Makes 28 cookies. Store in a covered tin.

Nutrition information per cookie: Calories 112, Protein (g): 2.7, Fat (g): 4

Sodium (mg): 82, Carbohydrates (g): 16. Percent of calories from fat: 32

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Strawberries - contain elegiac, a compound that helps alert your metabolism, boost your immune system and revitalize your body and mind.

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Leeks - stimulate glands, which help clean your immune system of sludge. They are also very rich in calcium, potassium and B & C.

Apples - are an invaluable energizer and cleanser of inner organs.

Cucumbers - The high potassium content along with sulfur

gives you the feeling of well being by regulating sugars in your metabolism hence "cool as cucumber"

Blueberries - Are a good source of myrtillin an amazing substance that keeps balance blood sugar.

Salad greens - provide the essential nutrients needed to revitalize your sluggish metabolism and are packed with vitamins and minerals.

Echinacea - combats colds and viruses

Chamomile - has been used for thousands of years to cure stomach ailments.

Information from Kelli Lewton

# Peach melba is famous - and deservedly so

BY DANA JACOBI  
SPECIAL WRITER

It's time to observe the centennial of Peach Melba. Renowned Chef Auguste Escoffier created this luscious combination of peaches poached in vanilla syrup, served over vanilla ice cream and drizzled with a sauce of pureed raspberries to honor Dame Nellie Melba, an Australian opera diva with a passion for peaches.

First served in London sometime between 1898 and the turn of the century, Peach Melba soon came to the U.S., where it became an American favorite. Edith Wharton even mentions it in her 1906 novel, The House of Mirth.

Sublime when made with mature, ripe fruit, Peach Melba also brings out the best from the prematurely picked peaches prevalent these days in stores even at peak season. It is even delicious when made entirely with frozen fruit.

In fact, I often use frozen raspberries for the sauce. Not only are they more economical and convenient, but frequently they taste better, as well.

For peaches that taste best, follow your nose. Select fruit exuding a rich, seductive fragrance and glowing with golden color. A rosy cheek is not an indication of ripeness, while any tinge of green should be avoided. Pick fruit that yields somewhat when pressed gently along its suture. Even if the rest of it is hard, these peaches can become soft and juicy when held two to three days, especially if stored in a paper bag.

### PEACH MELBA

- 1 1/4 cups sugar
- 4 fresh peaches, halved and pitted, or 20-ounce bag frozen unsweetened sliced peaches
- 1 teaspoon vanilla
- 1 pint fresh raspberries or 12-ounce bag frozen unsweetened raspberries
- 1 pint low-fat vanilla ice cream

In a deep saucepan, combine 1



AMERICAN INSTITUTE FOR CANCER RESEARCH

**Special dessert: First served in London sometime between 1898 and the turn of the century, Peach Melba soon came to the United States, where it became an American favorite.**

cup of the sugar with 2 cups water. Bring to a boil, reduce the heat, and simmer 3-5 minutes to thicken the syrup slightly.

Add the peaches, cut side down. When the peaches are still firm, about 3 minutes, remove the pot from the heat. Add the vanilla.

Cool the fruit in the syrup. If using fresh peaches, lift the skins from the fruit. The peaches can sit in the syrup for up to 2 days, refrigerated in a closed container.

Puree the berries in a food processor. Strain the puree through a sieve; there should be about 1 cup. Mix in 1/4 cup of the peach syrup. Add up to 1/4 cup of the remaining sugar, according to taste.

To serve, with a slotted spoon, lift a peach half from the syrup. Place it, cut side up, in an individual dessert dish or shallow

bowl. Top with a scoop of the ice cream. Place a second peach half, cut side down, on top of the ice cream. Pour over a quarter cup of the raspberry sauce. If using sliced peaches, start with the scoop of ice cream. Arrange a quarter of the peaches over and around the ice cream in each bowl and top with the raspberry sauce.

Repeat to make four servings. Serve immediately.

(Note: Save the syrup to pour over strawberries and other fresh fruit and to sweeten iced tea.)

Nutrition information: Each of the four servings contains approximately 230 calories and 2 grams of fat.

Written for the American Institute for Cancer Research by Dana Jacobi, author of "The Best of Clay Pot Cooking" and "The Natural Kitchen: SOY!"

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## MEDICAL BRIEFS

### Gift of Life run

The 6th annual "Just Zoo It," Gift of Life 5K run and 1.5 mile fun walk is scheduled for Saturday, July 17 at the Detroit Zoo. To register call (877) 966-6263. This family-style event held inside the Detroit Zoo, is an opportunity to celebrate the "gift of life," and learn more about organ and tissue donation.

### Immunization clinic

Immunizations provided except chicken pox. Bring your child at the most convenient time from 4-7 p.m. Wednesday, July 14. No pre-registration required. Bring child's immunization records with you. Clinic held monthly at Saint Joseph Mercy Arbor Health Building, 990 W. Ann Arbor Trail, Plymouth. Call (734) 414-1010.

### Lyme disease

The Lyme Disease Support Group of Western Wayne County will meet at 7 p.m. Tuesday, July 20 at the First United Methodist Church (3 Towne Square, Wayne). Call Connie, (734) 326-3502 for information. All are welcome.

### Senior health

Saint Joseph Mercy Health System and Bharati Srivastava, M.D., will be presenting a series of free lectures devoted to seniors and their health. These informative programs will answer questions about specific health-related issues. The next lecture will be from 1-2 p.m. Wednesday, Aug. 11 at Canton's Summit on the Park, 46000 Summit Parkway. The topic will be health issues of women, including osteoporosis, breast cancer, uterine cancer, nutrition and exercise. For more information or to register call (734) 397-5444.

### Respite program

Marquette House in Westland is pleased to announce the expansion of their Respite (short term stay) Program. They now have six rooms available to older adults allowing caregivers the chance to vacation or simply take a break. For information call (734) 326-6537.

### Camp 9-1-1

Huron Valley Ambulance will host a free 9-1-1 Camp for children ages 10-13 in Plymouth on July 27 and 28. Activities will include touring an ambulance, learning CPR and first-aid, and taking a tour of a local ER. Interested children are asked to write a short letter explaining why they would like to attend the camp. For a registration form or more information call Julie Saksewski at (734) 482-6259.

### Weight control

The Mission Health Medical Center in Livonia will host a weight control class from 6:30-8:30 p.m. Aug. 12. This program combines behavior modification techniques with the power of self-hypnosis to help change your way of thinking regarding weight loss. First forty-five minutes is a free orientation. \$59. Call (877) 345-5500 to register.

### We want your health news

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Databook (upcoming calendar events), Medical Newsmakers (appointments/new hires in the medical field), and Medical Briefs (medical advances, short news items from hospitals, physicians, companies). We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

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# Alcohol and heat don't mix

BY KIMBERLY A. MORTSON  
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**AS** much as a cold beer or a tall Long Island Iced Tea may sound quenching on a hot summer day — alcohol in general isn't the wisest choice when it comes to staying cool.

According to Dr. Gary Christopher, chief of emergency services, Oakwood Healthcare Center-Canton and Oakwood Hospital-Dearborn, the effect alcohol has on an individual's body is opposite of their desired goal of drinking to stay hydrated or cool.

"Alcohol interferes with the body's ability to cool itself by shifting blood flow and constricting blood vessels," said Christopher. "Your best choice would be to consume sports drinks like Gatorade. A whole host of other similar brands have cropped up in the last few years."

### What works best?

The oakwood physician said sports drinks can be likened to "flavored sweat." The manufacturers, according to Christopher, calculated the number of electrolytes people lose when they sweat and created a drink that equals the contents of critical fluids lost when someone exerts themselves to the point of perspiration.

Medical experts suggest removing yourself from the heat source by getting out of the sun or seeking shade from direct exposure. Other recommendations include:

- Remove unnecessary clothing
- Position yourself in front of a fan to cool down rapidly
- Spray yourself with lukewarm water
- Apply cold compresses to the wrists, ankles, groin, armpits and neck
- Have the person drink cool water, juice or soda

One of the most serious medical issues that arise out of drinking alcohol when it's particularly hot is people not being able to judge the difference between the effects of the alcohol and heat stroke.

"Some of the early signs of heat stroke and illness include confusion, headache and disorientation. People mistake this for the person being drunk. It's more serious than that, though."

The Wayne County Health Department is offering tips on how to avoid heat-related ill-

nesses associated with hot weather.

"Be alert to forecasts warning of a heat wave to prevent a condition known as hyperthermia, which is when the body is unable to perspire and dispel heat," says Dr. Donald Lawrenchuk, Wayne County Medical Director.

Signs of hyperthermia include clammy skin (cold, sticky moisture), headache, dizziness, extreme fatigue and nausea. In extreme cases of a heat emergency, a person can suffer a heat stroke which can cause vision impairment, disorientation, loss of consciousness and possibly death.

To avoid hyperthermia during extremely hot weather, you should:

- Limit your physical activity to cool morning or evening hours
- Spend more time in air-conditioned rooms
- Drink plenty of water for proper hydration
- Wear lightweight and light-colored clothing
- Wear a hat and sunglasses to shield your eyes from the sun

### Counterbalance

Christopher said if you going to consume alcohol, drink an equal amount of other liquids at the same time to balance your body's ability to stay cool and avoid dehydration. Juice, soda and sports drinks all contain sodium that causes the body to retain the necessary fluids to support hydration. While water is a good choice, it lacks the sodium content the other examples contain.

One drink per hour will also help balance out the alcohol in your system and have less of an impact on the average individual than consuming beer or hard liquor drinks successively.

"Eating also helps abate the effects of alcohol. Starches and carbohydrates are some of the best sources," added Christopher.

If you suspect someone has consumed an excessive amount of alcohol, Christopher said sleep is a good remedy but the person should be kept under direct observation. "Essentially a person could throw up and suffocate on their own vomit."

People at increased risk for hyperthermia are senior citizens, overweight individuals, mental health patients, laborers and athletes.

For more information on hyperthermia and heat-related illnesses, call Wayne County Health Department at (734) 727-7000 during regular business hours.



## BE SMART WHEN FIRING UP THE GRILL

Have fun barbecuing outdoors during the hot summer weekends, say emergency medicine doctors at William Beaumont Hospital, but avoid common injuries by following these safety tips:

- Keep children a safe distance away from the grill when in use.
- Never leave lighter fluid within a child's reach. Establish a "safe zone" around the grill and instruct children to avoid the zone.
- Check tubes that lead into the burner for any blockage from insects or food grease. Before starting grill, use a pipe cleaner or wire to clean tubes

and push blockages through the main part of the burner.

- Check grill hoses for cracks, brittleness, holes and leaks. Make sure there are no sharp bends in the hose or tubing.
- Move gas hoses as far away as possible from hot surfaces and dripping grease. If you can't move the hoses, install a heat shield.
- If you detect a leak, immediately turn off the gas. Do not attempt to light the grill until the leak has been fixed by a trained and authorized repairman.

Keep lit cigarettes, matches and open flames away from the grill.

- Keep the grill at least 10 feet away from your house, your car, and any dry vegetation. Never use a grill indoors, in a garage, breezeway, carport, porch or under any surface that can catch fire.
- Keep propane gas tanks upright while transporting them. Never store a spare tank under or near a grill or indoors.
- Always read and follow the manufacturer's directions.

# Take precautions to avoid food-borne illness

There's nothing like the taste of a juicy hamburger or a succulent steak on a warm summer night. Now, imagine the experience of eating these tasty foods ruined by food not handled or cooked properly.

It's a frightening thought. In the past few years, we've heard more and more about food poisoning and illnesses related to undercooked or mishandled food.

Food poisoning or "food-borne illness" is a very common problem and many times can be avoided by simply handling food properly. Outbreaks of food poisoning that have caused death and illness in other parts of the country underscore the importance of proper food handling.

"Each year, thousands of people become ill because of mishandling food," said Susan Ryskamp, M.S., R.D., director of medical nutrition therapy for Oakwood Healthcare System. Ryskamp says food illnesses occur because bacteria develop, which at the right temperature, can multiply in very large numbers in a few short hours.

"These bacteria are tricky because, you cannot see, taste or touch them," said Ryskamp. She continued to explain that food which is left unrefrigerated, particularly in the summer, can produce the dangerous toxins which cause food poisoning.

"It's important to remember to keep hot foods hot and cold foods cold," she said. "When you are storing foods you can keep them safe by refrigerating them."

Ryskamp offers the following tips, to ensure that you are aware of what may lead to food poisoning:

- **When preparing foods, keep everything clean and thaw in the refrigerator.** "Make sure that you keep everything that touches food clean, including your hands, utensils, bowls and even counter tops," said Ryskamp. "Make sure to use separate platters, cutting boards, trays and utensils for cooked and uncooked meat, poultry and fish."
- **Cook food thoroughly.** "Ground meat contains more bacteria that thrives inside of the meat, therefore it should be thoroughly cooked so that it is no longer pink," said Ryskamp. "Also, use a meat thermometer for certain meats and don't leave meat out overnight, because it doesn't take long for bacteria to grow on meat."
- **Safe microwaving: Stir and rotate food to avoid cold spots where bacteria can thrive.** It's important when you use the microwave to avoid partially cooking the food and then finishing it later. Partially cooked food may not reach a temperature to sufficiently destroy any potentially harmful bacteria."
- **When you serve food never leave it out for more than two hours.** Food has the potential to spoil if you leave it out at room temperature for longer than two or more hours. Make sure to use those extra plates or plat-

ters to keep foods from touching each other.

- **When in doubt, throw it out.** "If you have some food left in your refrigerator that you think may be old or you can't remember when you originally had it, it's probably best to throw it away," she said. "You're better off ordering a fresh, piping hot pizza than to take a chance of getting sick from old food." Ryskamp points to the preparation of particular foods to make sure they are cooked properly.
- **Poultry** - make sure its cooked until its white ... don't eat it if you see blood or pink meat.
- **Hamburger** - look out for traces of blood or pinkness in the center.
- **Steaks** - harmful bacteria on steaks are usually found right on top, therefore should be cooked at least at medium to make sure that any potential bacteria are killed.
- **Fish** - cook until it flakes and is translucent in the center.
- **Eggs** - make sure to cook eggs and egg dishes thoroughly. It's not even wise to sample uncooked dough, cake batter or anything else with uncooked eggs in it.

In these situations it is out of our control. We need to be aware of the texture and taste of the food. For example, with the recent Listeria scare in some Michigan based food plants, it was definitely a situation out of control. There are times when we may have to deal with having a food-borne illness. We

may have them more often than you think, said James Sunstrum, M.D., an infectious disease specialist with Oakwood Healthcare System.

One common question, according to Sunstrum, is how do I know if I have a food-borne illness? "We may acquire a food-borne illness, but our bodies have an amazing ability to fight it off. Most food infections and illnesses can be fought off in a few days without ever having to see a doctor," explained Sunstrum. "Thankfully, the body can produce diarrhea, which is very beneficial in ridding threatening organisms from our bodies."

However, if you are very ill you should see a physician, especially if you have frequent diarrhea, a high fever, diabetes or other medical problems.

Often times when people have food-borne illnesses such as E. coli or Salmonella, they won't need much time to rebuild their cells. Drinking water and plenty of fluids can be very helpful in fighting food-borne illness.

Food-borne illnesses occur when a person gets sick by eating food that has been contaminated with an unwanted micro-organism or bacteria. Many cases of food-borne illness go unreported because their symptoms often resemble the stomach flu. The most common symptoms include stomach cramps, nausea, vomiting, diarrhea and fever.

"There are millions of food-borne illness investigations, but only 1-2 percent of food-borne illnesses are actually reported," said Sunstrum.

# Can't afford a computer? Try one of these free ones



MIKE WENDLAND

**PC MIKE** The "Free PC" trend shows no signs of waning, suggesting that, like cellular phones, computer hardware may be routinely given away as users to sign up for extended communications services.

If you've been shopping for a computer and visited either a CompUSA, Best Buy or Circuit City store lately you surely saw the promotion signs offering \$400 discounts on loaded desktop systems. All the customer had to do was sign up for three years of Internet service at \$21.95.

In fact, Circuit City has been specifically promoting a cut-rate 333 MHz system made by Emachines (www.e4me.com) which normally sells for \$475 in the store. With the \$400 rebate that comes if the customer signs up for CompuServe Internet access, along with an additional \$75 rebate from Emachines, the system is basically free.

The promotions by the big retail stores follow the much-publicized PC giveaways on the Net by web-based companies that send them out free to new long-term Internet subscribers.

Take a company called Enchilada (www.enchilada.com). Enchilada offers a desktop system equipped with a 300-MHz AMD K6-2 processor, Windows 98, a 15-inch monitor, and unlimited Internet access for

\$19.99 a month. The catch? Customers agree to the \$19.95 Internet access fee for four years. That works out to just a little under \$1,000. If a customer wants to buy the whole system outright without the Net service, they can do so for \$799.

Is four years too long? Then check out Gobi (www.gobi.com). They offer Internet access and a PC equipped with an Intel Celeron 333 MHz processor, a 15-inch color monitor, Windows 98 and Corel WordPerfect Suite, Version 8. You pay them \$25.99 a month for three years and when it comes time to sign up again, they'll send you a brand new replacement system.

Want something for less of an Internet commitment? No problem. There's the iToaster from MicroWorkz (www.microworkz.com). Pay them \$19.95 a month for a year and you get unlimited Net access and a free PC.

The same thing is happening overseas, too.

I just returned from a three-week business trip to Europe. Over there, America Online just announced that it will give away free computers to new subscribers. In France, England and Germany, Dell Computer is already giving away free computers to new subscribers of its Internet service. If it works there, Dell plans to bring it to the U.S.

All this has major implications for the technology industry.

It used to be we bought computers to run spreadsheets, word processors and other stand-alone programs. But with the Internet, the primary

focus has changed.

Market surveys now reveal that access to the Internet is the primary factor in the purchase of a computer. In other words, as the online news service CNet pointed out recently, PCs are increasingly being viewed not as individual machines but as appliances that let users access another product - the Internet.

Do these promotional offers sound like a good deal to you?

They may be. And indeed, customers have been quick to take advantage of these cheap or free PC offers.

But before you jump on the freebie bandwagon, be aware there also have been a lot of complaints about some companies that take their credit card numbers and then don't deliver PCs for weeks. And if things go wrong with these freebie PCs, customer support is often impossible to find.

But what should we expect? Free service with free PCs?

The free PC for Net service trend is not going to go away. Right now, I wouldn't recommend one of these freebie systems if it is to be your only computer. Most have only limited expansion capabilities.

But as a second system, hey... free is good.

Just don't expect too much. Remember, as my Daddy used to say, "You get what you pay for."

*Mike Wendland reports about computers and the Internet for NBC-television stations coast-to-coast. His radio show is heard every weekend on TalkRadio 1270, WXYT. You can reach Mike through his Web site at www.pcmike.com*

## MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmortson@oe.homecomm.net or faxed to (734) 591-7279.

Wayne County will meet at 7 p.m. the third Tuesday of each month at the First United Methodist Church (3 Towne Square, Wayne). Call Connie, (734) 326-3502 for information. All are welcome.

### WED, JULY 21

#### BASIC LIFE SUPPORT

This course is intended for those 12 years and older interested in learning basic life support and knowledge of the heart and lungs, signs and symptoms of a heart attack and stroke, adult CPR and choking rescue skills. Does not meet requirements for daycare providers. \$25. Class runs from 6-9 p.m. at the Livonia Mission Health Medical Center, 37595 Seven Mile Road at Newburgh. Call (877) 345-5500.

### THUR, JULY 22

#### NUTRIBABY

This class can help your child get a healthier start towards a lifetime of good eating. Learn how to feed your baby, when to introduce different foods, and how to make feeding time fun for your baby and relaxing for you. Class includes cooking demonstrations, recipes and food tasting from 6:30-8:30 p.m. at the Canton Summit on the Park, 46000 Summit Parkway, Canton. Call (734) 397-5110.

### MON, JULY 26

#### INSTRUCTOR LIFE SUPPORT

This course provides updated information and teaching techniques for holders of a current BLS Instructor Card. Course will also include BLS-HCP recertification. Must have taught two BLS courses over the past two years. Please bring instructor manuals to class. \$40. Class runs from 8 a.m. to noon at the Livonia Mission Health Medical Center, 37595 Seven Mile Road at Newburgh. Call (877) 345-5500.

### WED, JULY 14

#### INFANT CPR

Course intended for people age 12 and older interested in learning basic knowledge of the heart and lungs, household safety tips, CPR and choking rescue skills for people age 1-8. Does not meet requirements for day care. \$25 includes manual. Class runs from 7-10 p.m. at the Livonia Mission Health Medical Center, 37595 Seven Mile Road at Newburgh. Call (877) 345-5500.

#### IMMUNIZATION CLINIC

Immunizations provided except chicken pox. Bring your child at the most convenient time from 4-7 p.m. No pre-registration required. Bring child's immunization records with you. Clinic held monthly at Saint Joseph Mercy Arbor Health Building, 990 W. Ann Arbor Trail, Plymouth. Call (734) 414-1010.

### TUE, JULY 20

#### CARBOHYDRATE COUNTING

Learn how to read labels, adjust recipes and incorporate more variety into your diabetic meal plan. Information regarding complex vs. simple carbohydrates and using more fiber. Farmington Hills/Northwestern Providence Medical Center, 30055 Northwestern, Farmington Hills. Call (877) 345-5500.

### TUE, JULY 20

#### LYME DISEASE

The Lyme Disease Support Group of Western

## MEDICAL NEWSMAKERS

Items for Medical Newsmakers are welcome from all professionals active in the Observer-area medical community. Items should be sent to: Medical Newsmakers, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmortson@oe.homecomm.net or faxed to (734) 591-7279.

#### Top award

Sheena Aurora, M.D., a senior staff neurologist at Henry Ford Hospital, received the top research award from the Ameri-

can Association for the Study of Headache.

The award was presented at the annual scientific meeting of the association. The Harold G. Wolff Award is given annually to a researcher for a significant contribution in the understanding of headache. Aurora's research was co-authored by Henry Ford medical physicists Susan Bowyer, Ph.D., and Yue Cao, Ph.D., as well as K.M.A. Welch, M.D., former department chair of Neurology.

Dr. Aurora is a resident of Livonia.

#### New Livonia office

Unlimited Medstaff of America Inc., a temporary medical staffing firm, has opened its eighth office at 38705 Seven Mile Road (Suite 435) in Livonia. The office will match experienced nurses, medical assistants, and other clinical staff with positions in hospitals and nursing homes in Livonia and surrounding areas.

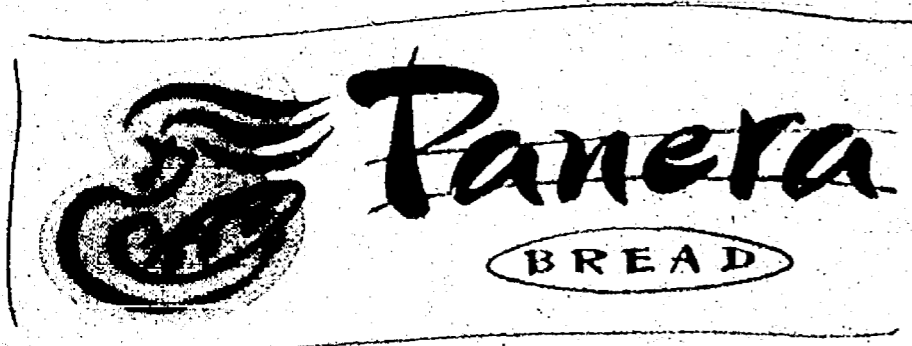
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Novi at Grand River and Novi Road  
(248) 374-1701

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(810) 566-9578

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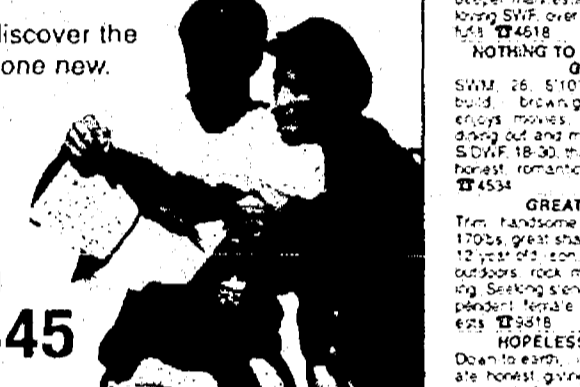
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## ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

### Artist wild about her garden

Westland artist Sandra Weed is not shy about saying her garden is wild and wonderful. In fact, she prides her garden "on being as natural as it can get." She's the first to point out the rose mallow growing in the middle of the yellow evening primrose as she leads Cheryl Guck on a tour of the garden. Guck is chairing the Garden City Garden Club Walk 10 a.m. to 2 p.m. Saturday, July 17. Weed's garden is one of six that visitors can walk through for ideas to incorporate in their own yards.

Tickets are \$5 and available at Barson's Greenhouse, 6414 Merriman, (734) 421-5959, and Garden City's City Hall, (734) 525-8800. For more information about the sixth annual walk, call Guck at (734) 525-7299.

"I think artists think differently about their gardens," said Weed. "This will give people a chance not to be afraid next year. My garden is wild and wonderful. I left the rose mallow in the middle of the evening primrose because I didn't know what it was until it bloomed. Many times plants will come up and I don't know if they're weeds or

what, but I let them go till they bloom and then decide if I like them.

"Sometimes, if it's a Queen Anne's Lace, I'll keep them because I think they're pretty. I also collect seeds from places

where I teach like Arrowmont in Tennessee. I get my plastic bag out and put them in and sometimes don't even know what they are. I just know I like seeing it in my garden."

Weed walks over to one plant with red flowers that she hopes someone will one day identify, but if not, well, she's happy just to enjoy its beauty.

Like Weed, the birds don't care what the names of plants are that grow here. They just love the natural habitat. A black bird flies through the yard with a cherry in his mouth. Weed shares the cherry and apples trees with a neighbor she's come to know well during the 27 years she's lived in her Westland home.

Even though the spring blossoms are long gone, visitors will be able to see what Weed's garden looked like in early May. The daffodils, tulips and grape hyacinths take on new life in an album of Weed's photographs. At walk time, hollyhocks, day lilies, daisies, and hostas will rim the deep rectangular yard.

"I have a secret garden where I go to paint and draw," said Weed, who's been creating art for most of her 60 years. "I love color, anything and everything. I mix it up in my garden."

Unlike her garden, Weed is selective about choosing the colors of flowers to use in her paintings. Visitors will be able to tell from the oriental brush, quilt and silk paintings on display that Weed favors harmonious palettes. Her studio will also be open to anyone interested in a more in depth look at how a gardener recreates nature in art.

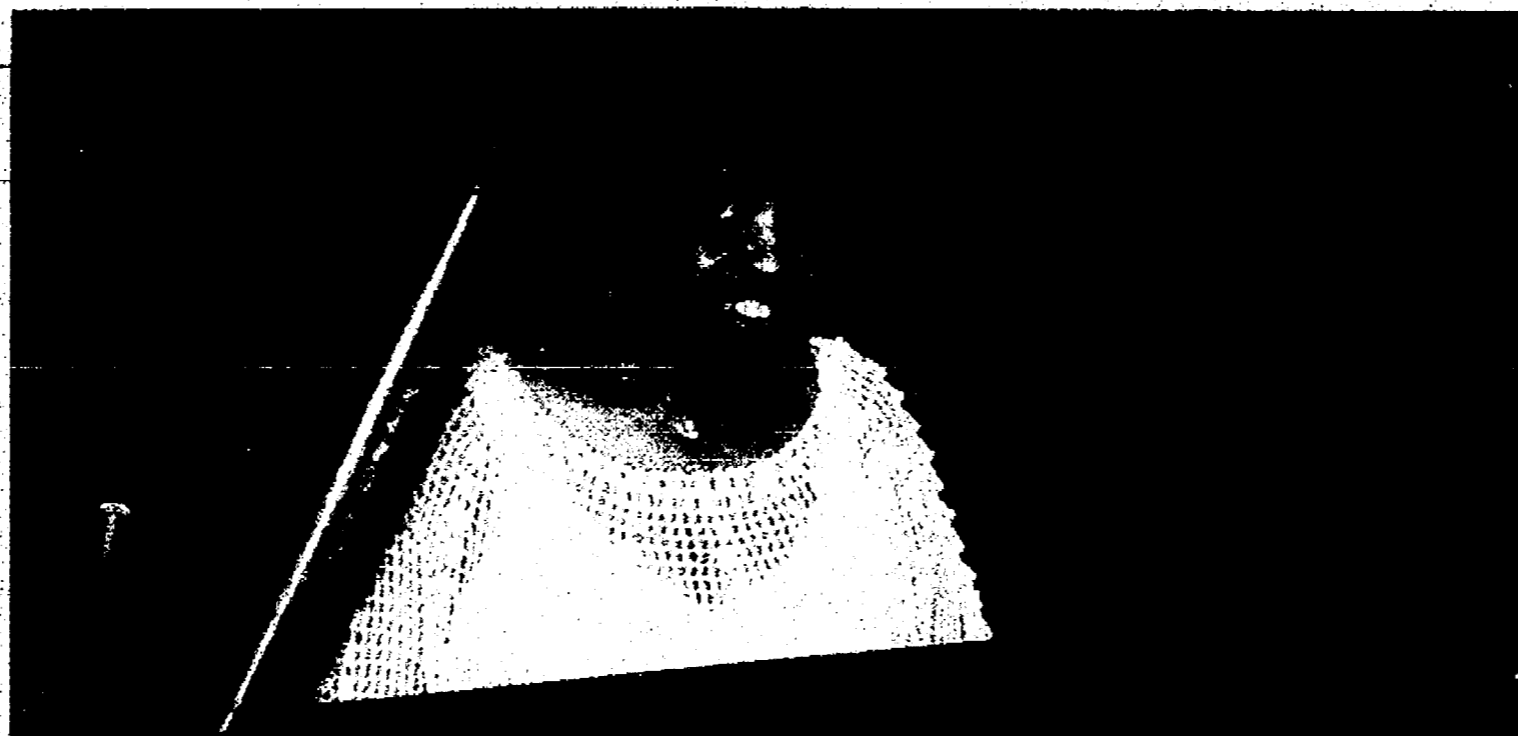
"I plan the color in my paintings, but I think of my garden as tubes of paint rather than a palette," said Weed, a long-time painting instructor at Schoolcraft College in Livonia. Weed will begin teaching classes at the Plymouth Community Arts Council in September.

### Garden delights

In addition to viewing the gardens, visitors will be able to buy perennial plants, garden signs and sachets on the walk. Proceeds from ticket and merchandise sales will go to buy daffodil bulbs club members will path around the walking paths in Garden City Park. Last year, more than \$200 was raised.

"It's nice to show what the community is doing to their yards," said Guck. "And they do it for a variety of reasons including relieving stress. For me gardening and collecting plants is a hobby, plus I get to meet a lot of nice people."

If you have an interesting idea for a story involving the visual or performing arts, call arts reporter Linda Ann Chomin at (734) 953-2145 or send e-mail to [lchomin@ec.homecomm.net](mailto:lchomin@ec.homecomm.net)



Veteran musician: Alma Smith brings her quintet to Lear Stage 3 p.m. Sunday, July 18.

# JAZZ JAM

E U T I F U L T H I N G

BY LINDA ANN CHOMIN  
STAFF WRITER  
[lchomin@ec.homecomm.net](mailto:lchomin@ec.homecomm.net)

Jazz purists like Ron Kischuk think the beauty of the Michigan Jazz Festival is that it features local musicians who are veterans of the art form.

Never mind that the day-long festival still doesn't have the reputation of the Detroit Montreaux Jazz Festival about to celebrate its 20th year. After all, at five years old, the Michigan Jazz Festival is just beginning to build a following that one day may rival Detroit Montreaux.

In the meantime, the Michigan Jazz Festival has come a long way from the first event at Freedom Hill when 200 people showed up. Held at the Botsford Inn for the last three years, the festival promises to grow in size at its new digs on the campus of Schoolcraft College in Livonia. Crowds numbering around 5,000 annually enjoyed the sounds of jazz in the intimate setting of the historic inn. Organizers expect attendance to top that this year because parking is unlimited. Festival goers won't have to park and then take a shuttle to reach

their destination.

And because the festival is by invitation only, the musicians are every bit as good as those who play at Detroit Montreaux. Kischuk, a Bloomfield Hills trombonist, and his Tartarsauce Traditional Jazz Band have been pleasing crowds with their lively Dixieland music for 20 years.

"The Michigan Jazz Festival is kind of nice because it highlights local talent that play at the same level as musicians who play in the Detroit Montreaux Festival," said Kischuk, who performs at the Sunday, July 18 festival. "The committee are truly distinguishing jazz listeners so they're choosing groups with a certain quality. The festival itself gives people, even for just a day, the chance to listen to good music. The jazz community is so small in Detroit now. There are fewer and fewer places people can go to hear jazz. At the Michigan Jazz Festival they can hear all different styles of jazz."

Kischuk, along with 20 other groups and four big bands, take to four stages at the Michigan Jazz

Please see JAZZ, C2



Dixieland: Ron Kischuk leads his Tartarsauce Traditional Jazz Band to the Michigan Jazz Festival.

### Michigan Jazz Festival

**WHEN:** Noon to 10:30 p.m. Sunday, July 18.

**WHERE:** Schoolcraft College, 18600 Haggerty, between Six and Seven Mile roads, Livonia.

**TICKETS:** Free. For more information, call (248) 474-2720 or (734) 459-2454.

### LEAR STAGE (TENT)

- Scool Jazz/Prime, noon
- Tom Saunders & The Detroit All-Stars, 1:30 p.m.
- Alma Smith Quintet, 3 p.m.
- Steve Wood Quintet, 4:30 p.m.
- George Benson Quartet, 6 p.m.
- Jam Session, 7:30 p.m.
- Janet Tenaj Quartet, 9 p.m.

### INMART STAGE (FORUM BUILDING F-530)

- Matt Michaels/Jack Brokensha Quartet, 12:15 p.m.
- Barbara Ware Quartet, 1:45 p.m.
- Dennis & April Tini Quintet, 3:15 p.m.
- Naima Shamborguer Quartet, 4:45 p.m.
- Linda Smith Quartet, 6:15 p.m.
- Paul Vornhagen Quartet, 7:45 p.m.

### MAGNA/WOODBRIDGE STAGE (LOWER WATERMAN CENTER)

- Pistol Allen Quintet, 12:30 p.m.
- Larry Nozero Quartet, 2 p.m.
- Ron Kischuk & The Tartarsauce Traditional Jazz Band, 3:30 p.m.
- Jim Stefanson's Latin Jazz Combine, 5 p.m.
- The World's Oldest Living Saxophone Octet, 6:30 p.m.
- Bess Bonler Quartet, 8 p.m.
- Sheila Landis Quintet, 9:30 p.m.

### COHEN/MORO STAGE (UPPER WATERMAN CENTER)

- New Generation, 12:45 p.m.
- Ed Nuccilli & The Plural Circle, 3 p.m.
- Brookside Jazz Ensemble, 5:15 p.m.
- Jim Wyss Jazz Quintet, 7:15 p.m.
- Johnny Trudell's Big Band, 9 p.m.

**WHAT:** The Three Tenors  
**WHEN:** 7 p.m. Saturday, July 17  
**WHERE:** Tiger Stadium, Michigan Avenue at Trumbull, Detroit  
**TICKETS:** \$50-\$750. Call (248) 222-6400

## Tenormaniamakes over Motown

BY FRANK PROVENZANO  
STAFF WRITER  
[fprovenzano@ec.homecomm.net](mailto:fprovenzano@ec.homecomm.net)

There was a similar invasion in 1964, if anyone noticed.

This one about to commence, however, doesn't have any quick-witted mop tops, shrieking teeny boppers or threats of the British storming the guards.

Except for the more cosmopolitan musical repertoire, not to mention the receding hairlines and bulging midriffs of the performers, it's really just another form of mania.

Tenormaniamakes over Motown.

It's less than a week before Luciano Pavarotti, José Carreras and Plácido Domingo perform at Tiger Stadium, and there's an unmistakable sense of history and euphoria surrounding the Three Tenors concert on Saturday.

"The Three Tenors is a universally acclaimed phenomenon," said David DiChiera, managing director of the Michigan Opera Theatre, which attracted the legendary operatic singers to help raise money for their endowment.

"This concert is a tremendous symbol about the dramatic renaissance of Detroit," he said. "Consider us a major cultural city that commands the attention of the premier performers of our time."

Even skeptics would be impressed. The Three Tenors haven't toured in two years, and their only North American stop this year is in Detroit, where they'll be greeted by 34,000 fans, who have paid \$50 to \$750 to hear maestro James Levine lead the singers in a performance of operatic, folk and pop songs.

"We've heard from people who've always loved opera and others who want to be part of a landmark event," said Bill Lee, senior director of marketing at Olympia Entertainment, which is promoting the event.

Before ticket sales were open to the public, MOT had sold 20,000 to subscribers. Of the remaining 14,000 seats, fewer than 3,000 remain, said Lee, a Birmingham resident.

"Only superstars fill a stadium," he said. "For this show, we have broad demographics - tour operators from all over the Midwest, corporations, senior groups."

Members of the orchestra have been hired by MOT, including accordionist Peter Soave of Farmington Hills. Soave, who has won world-wide accordion competitions, is expected to be a featured musician during the performances of Italian folk songs.

In the last several years, Kiss, The Eagles and Rod Stewart have performed at Tiger Stadium.

For the Three Tenors, the soulful symbol of Motown, Aretha Franklin, will be on hand. Franklin, who lives in Bloomfield Hills, will sing the national anthem and is expected to perform with Pavarotti, Carreras and Domingo during their encore.

Right up until show time, Lee expects tickets to be available.

"There's a perception that this is too expensive for most people," he said. "There are still good seats for \$50. Tickets at most stadium shows are about \$75."

## ART

### "Gina Ferrari: Garden"

**WHAT:** An installation of nearly 900 cast piglets and snakes by the emerging artist. Museum admission is free.

**WHEN:** Through July 25. Hours are 10 a.m. to 5 p.m. Tuesday-Saturday, until 9 p.m. Thursday, and noon to 5 p.m. Sunday.

**WHERE:** University of Michigan Museum of Art, 525 S. State Street, Ann Arbor. For more information, call (734) 764-0305 or visit the Web site at [www.umich.edu/~umma/](http://www.umich.edu/~umma/).

### RELATED ACTIVITIES:

■ Discussion with Ferrari and museum director James Steward about the installation and the broader issues of installation art and its place in the context of contemporary art. 7:30 p.m. Thursday, July 15, in the museum's Apse and Media Room. Free.

■ Participate in events for all ages, focusing on Ferrari's installation, during the Ann Arbor Art Fairs Wednesday-Saturday, July 21-24. View the "Garden" and read a guide containing information about it and questions for discussion, then listen to story telling or create origami (Japanese paper folding) in the shape of animals.

## Emerging artist lets work speak for itself

BY LINDA ANN CHOMIN  
STAFF WRITER  
[lchomin@ec.homecomm.net](mailto:lchomin@ec.homecomm.net)

Standing on the edge of a sea of nearly 900 piglets and snakes, Gina Ferrari is pensive, almost reticent to relay any of the history behind her installation in the Apse of the University of Michigan Museum of Art.

The Southfield artist spent the better part of a year casting the glossy pink bodies in plaster, resin and rubber, but she will reveal little else about the work or herself.

If you missed seeing Ferrari's "Garden" installation in 1998 at Revolution Gallery in Ferndale, this is your chance to decide for yourself what this emerging artist and her art are all about. Was there a method Ferrari used to arrange the piglets in garden-like rows on the pale pink raised platform? Some of the piglets he snuggled together almost as if their togetherness will create a barrier to

keep out the snakes.

"I wanted to deal with the whole nature of gardens," said Ferrari. "It's a metaphor for the cyclical process, and it's the idea of landscape. It's about finding a sense of order - order and chaos. It deals with fragility and ambiguity and has a high-gloss porcelain feel."

Comments written by visitors show the work makes a definite impact on the psyche of everyone who sees it. People seem to love solving mysteries. As Ferrari bends over to read each of the remarks, she smiles at one that says the installation is better than one created by New York artist Sol Lewitt at the museum last year. For another viewer, Ferrari's "Garden" is a reminder of the Holocaust: The snakes are predators. A colleague notes Arkansas farmers used pigs to rid their properties of snakes, so



AREA OF PIGLETS AND SNAKES



STAFF PHOTO BY PETER WILLIAMS

Fragility and ambiguity: Gina Ferrari talks about wanting viewers to come to their own conclusions about her installation at the University of Michigan Museum of Art.

Please see ARTIST, C2

# Jazz from page C1

Festival, proving the festival organizers' premise that traditional, straight-ahead jazz is alive and well. Seasoned groups led by George Benson, Matt Michaels and Jack Brokensha, Alma Smith, Bess Bonier, and Johnny Trudell join with emerging artists Janet Tenaj and the SCool JAZZ/PRime vocal jazz groups on the nearly 11-hour program.

"These people are all stars in their own right and they play for scale because of their love for jazz," said festival committee member Midge Ellis of Livonia. "The festival gives them exposure and gives people who don't normally go to hear jazz the opportunity to get to hear it for free."

Thanks to sponsors, fundraisers, and money from the Music Performance Trust Funds through the U.S. Recording Companies as arranged by Local No. 5, American Federation of Musicians, the festival, expected to cost \$25,000, remains free.

Ellis is excited about the fact, there will not only be a variety of jazz but food as well. The American Harvest Restaurant in the Waterman Center will tempt jazz lovers with gourmet food prepared by Schoolcraft College's world-renowned Salon Competi-



**Jazz couple:** Dennis and April Tini bring their quintet to the Michigan Jazz Festival.

tion Team. The Food Court on the grounds, south of the Waterman, offers visitors everything from hot dogs to dinners, popcorn, pizza and ice cream provided by the Schoolcraft College Food Service Department.

So listen to the Dennis & April Tini Quintet in the intimate Recital Hall of the Forum Building, then grab a bite to eat and head over to hear the World's Oldest Living Saxophone Octet in the Lower Waterman or the jam session in the Lear tent. The Michigan Jazz Festival is bigger and better than ever.

Ron Kischuk & The

## Tartarsauce Traditional Jazz Band

Kischuk and his band—Charlie Gabriel, clarinet; Nate Panicacci, trumpet; Chuck Shermetaro, piano; Paul Finazzo, bass and Bill Cairo, drums, will literally come straight to the Loyer Waterman from playing the Summer Festival at Greenfield Village. The band plays at the Dearborn historical site seven days a week through Aug. 22. Expect to hear Dixieland sounds such as "Sweet Georgia Brown" and Louie Armstrong's theme, "When It's Sleepy Time Down South." Each of the tunes are on their first CD titled after the band.

"They'll hear really lively Dixieland jazz," said Kischuk, an instructor at Wayne State University and owner of Percussion World in Ferndale.

Dennis & April Tini Quintet  
Farmington Hills musicians

Dennis and April Tini and their quintet—Chris Collins, saxophone; Dan Jordan, bass; and Rich Mikels, drums, mix standards and contemporary jazz with Dennis's original compositions from 3:15 to 4:15 p.m. Sunday, July 18. From Duke Ellington to Jobime, the audience is sure to enjoy the music of the married couple who've been playing professionally for decades. Dennis is chairman of the music department, co-founder/co-director of Jazz Studies & Contemporary Media, and director of choral activities at Wayne State University. As a jazz pianist he has performed throughout Europe, Africa, Canada, and the U.S. during the last 25 years. He's conducted orchestras and album soundtracks for Hollywood movies, composed music for documentaries and commercials, and appeared with the Detroit Symphony Orchestra, Buddy Rich and J.C. Heard.

April also teaches in the music department at Wayne State University. She recently directed Oakland University's show ensemble, Meadow Brook Estate, and has held faculty positions at Berklee College of Music, Northwestern University and Western Michigan University. Even though the Michigan Jazz Festival is close to home it is no less respected by the Tinis.

"The Michigan Jazz Festival offers musicians a wonderful forum to showcase their talents and contributions to continuing the art," said April Tini. "These are all dedicated, seasoned jazz musicians. Now they're going to

be the torch bearers into the new century along with a lot of new players with a lot of fire."

## Alma Smith

Every other Tuesday night for the last seven years, Alma Smith's been playing traditional jazz at Sweet Lorraine's in Southfield. The veteran pianist brings her quintet—saxophonist Vincent York, bassist Will Austen, trumpeter Felton Jones, and former Motown drummer Pistol Allen to the Lear Stage.

Smith chuckles when it's mentioned that over the years, she's played with everybody. The memories flood back as she talks about her more than 40 years in the music business—playing organ for Lou Rawls, vibraharp with Jimmy Dorsey, and opening

Detroit's Music Hall for Ella Fitzgerald. It's a rare treat to hear this Countess of jazz belt out songs by Ellington and Porter.

Smith laughs, "does this date me? The first TV show I did was with Jimmy Dorsey. I started out as a teenage pianist and used to have to sit in the dressing room between sets until I was 21. When I joined the union, my father had to sign for me because I was too young. I'm as nervous as a cat before I hit the stage."

Smith started composing her own tunes, many of which can be heard on her CD "Time Won't Stop," as a kid.

"The most important thing about the business is to stay humble," said Smith.

# Artist from page C1

he sees the reverse of the viewer who saw the snakes as predators. Another viewer thinks the work looks like Silly Putty.

"Compelling," "gross," "unnatural" are just some of the reactions to the work cast from several piglet corpses and plastic foam taxidermist snake forms.

"I think that's pretty interesting, to be so extreme," said Ferrarri.

Where does Ferrarri's art come from? The emerging artist's years at Mercy High School in Farmington Hills? Her undergraduate days at Wayne State University? Graduate studies at Virginia Commonwealth University in Richmond and the Studio Arts Center in Florence, Italy, or even earlier than that?

Ferrarri explains it's been a life-long evolution. But more important, it is the viewer's own history that triggers their

response to the "Garden." "It's open to multiple interpretations," said Ferrarri. "People bring their own interpretations. It's about looking and seeing."

Upcoming lecture Ferrarri and museum director James Steward will talk about the installation as well as the history of installations, why they continue to fascinate artists and viewers alike on Thursday, July 15. Why would Ferrarri rent additional space alongside her Detroit studio and enlist her Wayne State University students to join in the production and spray painting of hundreds of piglets and snakes?

"Creating an installation is a liberating and freeing experience," said Ferrarri. "It's freeing not to be limited and to have the inclusion of video and photography if you should so want."

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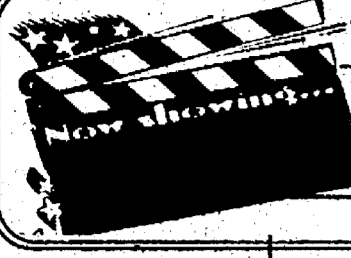
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BOOKS

Helen Thomas' book reveals memories of hometown Detroit



VICTORIA DIAZ

"Front row at the White House: My Life and Times" by Helen Thomas (Scriber, \$26) "I chose to take the personal route and make this an impressionist view of what I saw ... heard and ... felt through eight administrations. I have left it to others to tell the story of ... policies and actions and legacies." So begins this memoir by Helen Thomas, Detroit's own dean of the White House press corps...

As the second youngest in a large and opinionated Syrian-Lebanese family, Helen Thomas remembers that she was "taught early" that "great things were expected" of her and her seven siblings. Shortly after graduating from what was then Wayne University, she headed straight for war-time Washington in 1942, determined to find work as a reporter with one of the capital's newspapers. "It never occurred to me that I might be trespassing into a man's world," she writes. "It never occurred to me that I might not get a job in journalism right away. But I was and I didn't." To stay afloat financially, she worked as a hostess at a Washington restaurant. It was quickly apparent, though, that the job was ill-suited to the rather dour-looking Thomas. The restaurant owners, concerned that she "didn't smile enough," were set to let her go on the same day she hired on at the Washington Daily News as a copy girl. Helen Thomas was on her way. Before war's end, the enthusiastic young reporter was writing for United Press (later to become UPI), the news organization she is still associated with today. During the Kennedy administration, the White House became her beat. In "Front Row," Thomas takes us along as she meets JFK for the first time, finding him slightly "dull" (an opinion that would later change completely). We look in as she and some of her colleagues lunch in the White House with LBJ during the Detroit riots, and the President complains that Michigan Gov. George Romney won't ask Washington for help because he's

afraid of the "potential humiliation." We are present in the White House press room when Richard Nixon strolls in to tell reporters: "I want to be worthy of your trust." We are at Jimmy Crater's side as he visits old friends on the streets of his hometown. We listen as Bill Clinton teases Helen Thomas in a speech at the Washington Gridiron Club. "Helen ... (has) spent more time in the White House than anybody here tonight," he says. "Still, it hurt my feelings we demanded a security deposit when we moved in." Thomas also, in some telling details, acquaints us more closely with first ladies, and presidential press secretaries. She also reveals her "favorite president." In addition she takes us aboard Air Force One, even showing us the favored menus for some of the most important passengers. (Gerald Ford preferred cottage cheese dashed with A-1 sauce; George Bush, Texas barbecue; Ronald Regan, meat loaf and lemon pie.) Though Thomas repeatedly emphasizes that personal likability has never been her No. 1 stock-in-trade, "Front Row" nevertheless has about it a decidedly friendly flavor, mostly achieved through an unpretentious, almost conversational tone and style. The format tends to be a little hither-and-yon and now-and-then, and Thomas occasionally repeats herself. But these are tiny bones to pick with a book that should prove highly rewarding for most readers.

BOOK HAPPENINGS

Book Happenings features various events at suburban bookstores, libraries and literary gatherings. Send news leads to Keely Wygonik, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, Mich., 48150, or fax them to (734) 591-7279 or e-mail to kwygonik@oe.homecomm.net

612 Liberty St. (734)668-7652. BORDERS (ARBORLAND) "Fight Club IV," a short story writing workshop geared for 14-20 people, 4 p.m. Thursdays. "Common Thread," a gathering of knitters, quilters and needlepointers, 7 p.m. Tuesdays July 13 and 27; Gurdjeff-Ouspensky Lecture about practical methods for increasing self-awareness and consciousness, 7 p.m. Wednesday, July 14; Magician Fred Lenter, 2 p.m. Saturday, July 17, at the store, 3527 Washtenaw Ave., Ann Arbor. (734) 677-6948. BORDERS (FARMINGTON HILLS) Leon Schochit displays his watercolors through July 31 in the Borders Cafe; Master Gardener Peggy Malnati discusses "Heritage Gardening" and "Companion Planting," 7 p.m. Tuesday, July 12; Leonard F. Charla discusses his book "Never Cooked Before. Gotta Cook Now!" 7 p.m. Wednesday, July 14, at the store, 30995 Orchard Lake Road, Farmington Hills. (248) 737-0110. BORDERS (ROCHESTER HILLS) Madeline visits Ms. Julie's Toddler Time, 10 a.m. Monday, July 12, at the store, 11222 Rochester Road, Rochester Hills. (248) 662-0658. SOUTHFIELD LIBRARY Book discussion series at the library, 26000 Evergreen Road, Southfield features the works of Edith Wharton. Registration is required and participants will be responsible for providing their own books. Register at the Fiction Desk, or call (248) 948-0470. Discussion dates are 1-3 p.m. Wednesday, July 28.

"Summer," and 1-3 p.m. Thursday, Aug. 26. "The Mother's Repentance." Series is part of the Summer Humanities Program. WALDENBOOKS (SOUTHGATE) Jean Maddern Pitrone signs "Take It From the Big Mouth: The Life of Martha Raye." 7-8 p.m. Thursday, July 15, at the store, 13667 Eureka Road, Southgate. (734) 282-4197. PAPERBACKS "N" THINGS Six authors on Saturday, July 24 from 1 to 3 p.m. will sign their books: Tina St. John ("Lord of Vengeance"); Elizabeth Adkins Bowman ("White Chocolate"); Sharon Pisacreta ("Magic & Moonlight"); Jeanne Savery ("Notorious and Noble"); Patti Shenberger ("Womb for Rent"); Gail Martin ("Dreaming of Castles") at the store; in Oak Plaza, 8044 Wayne Road. (734) 522-8018. CRANBROOK WRITERS Several published writers, all faculty at Cranbrook's third annual retreat for writers, will present their work over the next few days. The schedule: July 11, fiction author Joseph Caldwell; July 12, poet Marie Howe and fiction writer Richard McCann; July 13, poet Richard Tillinghast; July 14, fiction author Daniel Muechter; July 15, Cynthia Huntington; July 16, author John Skoytes; July 17, fiction author Lucy Rosenthal and children's author Elaine Greenstein. The event takes place at 8 p.m. each night at Cranbrook Schools, The Idea House, 550 Cranbrook Road, between Lone Pine and Woodward. Contact Tom Murdock, (248) 645-3664.

BEST SELLER LIST

Here are the current (as of July 5) bestsellers in the Great Lakes area as compiled by the Great Lakes Booksellers Association: Hardcover Non-Fiction 1. "The Greatest Generation" by Tom Brokaw. 2. "Shadow" by Bob Woodward. 3. "Tuesdays with Morrie" by Mitch Albom. 4. "Live Now, Age Later" by Isadore Rosenfeld. 5. "Sugar Busters" by H. Leighton Steward. 6. "Encore Provence" by Peter

Mayle. 7. "Living the 7 Habits" by Stephen R. Covey. 8. "Our Tribe" by Terry Pluto. 9. "Cinderella Story" by Bill Murray. 10. "I Ain't Got Time to Bleed" by Jesse Ventura. Trade Paper Non-Fiction 1. "Angela's Ashes" by Frank McCourt. 2. "Walk in the Woods" by Bill Bryson. 3. "Chicken Soup for the Gopher's Soul" by Jack Canfield. 4. "Don't Sweat the Small Stuff" by Richard Carlson.

5. "6th Bowl of Chicken" by Jack Canfield. Hardcover Fiction 1. "Hannibal" by Thomas Harris. 2. "Mother of Pearl" by Melinda Haynes. 3. "White Oleander" by Janet Fitch. 4. "High Five" by Janet Evanovich. 5. "Testament" by John Grisham. 6. "The Saving Graces" by Patricia Gaffney. 7. "A New Song" by Jan Karon. 8. "Lake News" by Barbara Delinsky.

**ART BEAT**

Art Beat features various happenings in the suburban art world. Send Wayne County arts news leads to Art Beat, Observer Newspapers, 36251 Schoolcraft, Livonia MI 48150, or fax them to (313) 591-7279.

**FINAL DAYS**

This is your last chance to see two black-and-white photographs by Livonia resident Alice McGee in an exhibit at the Biddle Gallery, 2840 Biddle, Wyandotte. For hours and information, call (734) 281-4779.

"Sh... at Mario's," a group show including McGee's work, continues through July 16 at the Biddle Gallery. The juried show of fine art photography was shot at Mario's Mannequin Studio in Detroit before it closed. Barbara Abel of Birmingham; Elaine Redmond and Patricia Izzo are among the other artists exhibiting.

**EXHIBIT OPENING**

The Plymouth Community Arts Council opens an exhibit of lacework by the Great Lakes Lace Group Monday, July 12, at the Joanne Winkelman Hulce Center for the Arts, 774 N. Sheldon at Junction, Plymouth.

The exhibit, continuing through July 25, features hand-made bobbin lace and tatting projects made by members of the nonprofit lace organization.

Michiko Yasuda will give a free demonstration of the decorative art form 11:30 a.m. to 1 p.m. Monday, July 19.

Bobbin lace is one of the two main types of lace, the other



**Lost in time:** Alice McGee took this photograph at Mario's Mannequin Studio in Detroit before it closed.

being needlepoint. Other types of lace include crocheting and tatting.

Denise Knight will teach basic weaving technique (ages 6-12) that will enable students to take home a project such as a snake-shaped bookmark 10 a.m. to noon Friday, July 23. The price is \$16. To register, call (734) 416-4ART.

Viewing hours are 9 a.m. to 3 p.m. Monday-Tuesday, and Thursday, until 9 p.m., and Friday until noon.

**PIANO ACADEMY SCHEDULING INTERVIEWS**

Students interested in joining Schoolcraft College's Piano

Academy in the fall must schedule interviews beginning the week of July 12.

Interviews for elementary and intermediate students will be conducted in August.

To schedule an interview, call (734) 462-4400, ext. 5218.

**CALL FOR ARTISTS**

Canton Project Arts is looking for artists to apply for entry in its Fine Arts Exhibition Oct. 8-15 at Summit on the Park. Juror is Sharon Dillenbeck.

Deadline for entry is Aug. 25. Only slides will be accepted for review. All media will be accepted. A non-refundable fee must accompany each entry. Canton

Project Arts does not take a commission on sales. For more information or an entry form, call Maureen Karby at (734) 397-6450.

**SEASON SUBSCRIBERS WIN BIG**

Subscribers for season tickets to the Plymouth Symphony Orchestra win in more ways than one. In addition to hearing five concerts and meeting the artists at the afterglows that follow, subscribers receive one chance in a drawing to win tickets to anywhere in the continental United States on Northwest Airlines.

The price is \$55 adults, \$45

seniors/ college students and does not include special-event concerts (Nutcracker Ballet and Cabaret/ Auction). However, subscribers receive a discount on special-event concerts.

For more information about subscriptions for the 54th season, call the symphony office at (734) 416-4ART.

**REGISTRATION BEGINS**

Village Music in Plymouth is taking registrations for fall Kindergarten classes, which begin Sept. 6.

The classes are aimed at children from newborn to 7 years. Village Music is at 130 E. Liber-

ty. For more information, call Norma Atwood at (734) 354-9825.

**CALL FOR VOLUNTEERS**

The Ann Arbor Street Art Fair is looking for volunteers to staff the information booth, managed by the Ann Arbor Art Center, Wednesday-Saturday, July 21-24.

As a volunteer, you will receive a free Ann Arbor Street Art Fair T-shirt and earn volunteer credit toward a free class at the art center.

For more information or to volunteer, call the Ann Arbor Art Center at (734) 994-8004.

**Van Gogh exhibit on its way to DIA**

In June of 1890, during his convalescence in Auvers and just one month before his suicide, Vincent van Gogh (1853-1890) wrote: "What fascinates me much, much more than does anything else in my metier is the portrait, the modern portrait...I should like to do portraits which will appear as revelations to people in 100 years time."

Taking this famous passage as a point of departure, the Detroit Institute of Arts (March 12 to June 4), the Museum of Fine Arts, Boston (July 2 to Sept. 24) and the Philadelphia Museum of Art (Oct. 22 to Jan. 14, 2001) will present "Van Gogh: Face to Face," a major exhibition that will tour the three organizing

institutions in the year 2000.

Featuring some 50 paintings and drawings from an international array of public and private collections, "Van Gogh: Face to Face" will focus, for the first time, on van Gogh's evolving approach to the portrait throughout his tragically brief life.

"Van Gogh's portraits resonate with personal compassion and the conviction that, when thoughtfully observed, nature reveals profound truths," explained Maurice D. Parrish, DIA interim director. "These qualities, along with his great talents, inspired this ambitious undertaking."

The permanent collections of

the DIA, Museum of Fine Arts, Boston and the Philadelphia Museum of Art are graced by a total of five major portraits of the Roulin family. Joseph Roulin, a postman, showed great and consistent kindness to van Gogh during his sojourn in Arles in 1888. Roulin, together with his wife Augustine and their three children, were the artist's most frequent and loyal models during this period. These pivotal works, representing van Gogh at his most innovative, will be joined by important portraits from every stage of the artist's career.

For more information about van Gogh exhibition tickets for the DIA, call (313) 833-8499.

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## Have luscious locks in spite of humidity

### THE REAL DEAL



CARI WALDMAN

Don't you dread doing your hair in this summer heat? Standing in front of the mirror holding a hot blow dryer is anything but fun.

Sometimes, by the time you're done drying and styling, you feel as if another shower is order!

To make matters worse, there currently is a heightened desire to have perfectly straight hair. But since the heat and humidity are here to stay for another seven weeks or so, we might as well make the best of it.

Fortunately, there are dozens of products out there to help us obtain the look we desire and prevent a succession of bad hair days. Here are a few products I, along with local hair care experts, recommend:

■ For those of you who like clean hair, but want your hair to have that "slept-in," "pieceny" look, rub a small amount of Bumble and Bumble's "Brilliantine," \$13 at Salon Clique in West Bloomfield, into dried hair. It puts natural oils back into the hair and adds weight.

■ To relax and straighten thick and coarse hair, Bashar, of Bashar Salon in downtown Birmingham, suggests Phytodefisant "Relaxing Balm," \$17 at Bashar Salon. He says it tames hair cuticles and smoothes out the top layer of hair to achieve a straight look.



PHOTOS BY TOM HOFFMEYER

**In control: "Bed Head Control Frizz" by TIGI, \$17 at Bashar Salon in downtown Birmingham, repels moisture.**

■ Those who prefer fragrance-free products, might try Aveda's "Pure-fume Brillante" anti-humectant pomade, \$12 at Aveda-stores at the Somerset Collection in Troy. Derived from plants and flowers, the hair polisher inhibits the surface moisture that causes frizz, and Aveda promises you won't get a whiff of any synthetic aromas with use.

■ If your hair is puffy, try "Secret Weapon" styling creme from John Frieda's Frizz-Ease line, about \$5 at area drug stores. It's one of my favorite drug store products. Applied to dry hair, it produces smooth and shiny locks and tames static and fly-aways.

Other products to try include:

■ "Get It Straight" by Sebastian, which maintains body for curly and wavy hair, \$21.50 at Bashar Salon.

**Keep it flat: KMS "Flat Out" relaxing creme kills frizz in all hair types, \$17 at Ninetieth Floor Salon in downtown Birmingham.**

■ KMS "Stay Smooth" spray, which adds shine and maintains a soft hold, \$9 at Ninetieth Floor Salon.

Also, try drying your hair in sections during the summer months. Use clips to section off hair and dry one section at a time. Hair must be completely dry before styling, since any leftover dampness will lead to big hair by lunch time. For more specific needs, ask your stylist for information and tips.

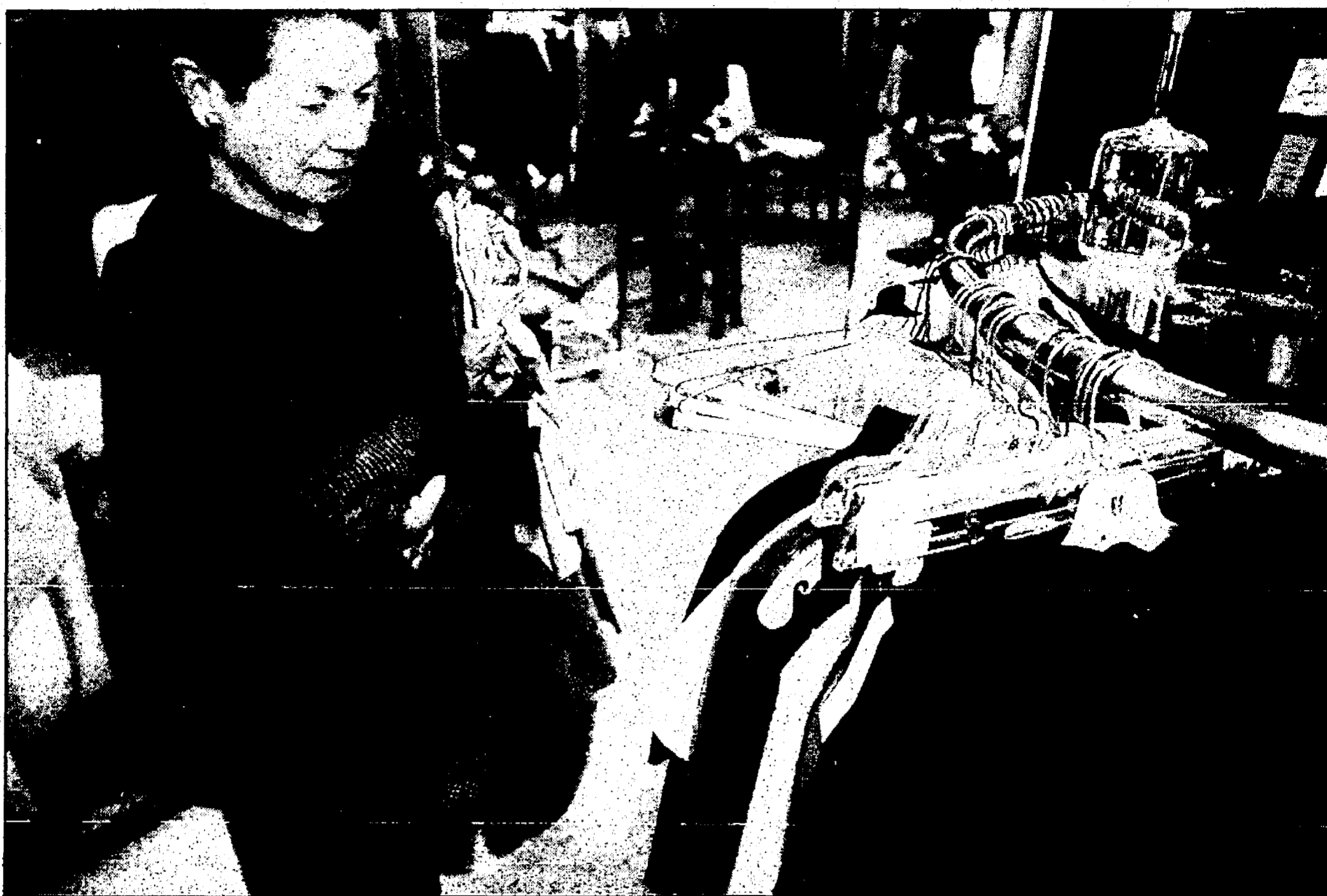
Please send your style and shopping questions to Cari at [OBRealDeal@aol.com](mailto:OBRealDeal@aol.com).

## Go lightly

### Local clothier teaches women to travel with style and ease



**Taking inventory:** Women's clothier Lynn Portnoy selects clothing pieces to pack for a 10-day trip. She'll pack an entire travel wardrobe in one carry-on bag.



STAFF PHOTOS BY ELIZABETH CARNEGIE

**Plan first:** Travelers over-pack because they don't assemble clothing pieces that coordinate, says 61-year-old Lynn Portnoy, a clothing boutique owner and former clothing buyer who teaches women how to travel lightly and still dress in style.

BY NICOLE STAFFORD  
SPECIAL EDITOR

[nstafford@oe.homecomm.net](mailto:nstafford@oe.homecomm.net)

When it comes to travel, fashion can be a real downer.

One never knows exactly what to pack and inevitably ends up struggling to answer a host of troubling questions: what if I don't pack enough, what if the weather turns sour, what if an occasion arises for which I have nothing to wear, am I packing too much, do I have enough room for everything?

As troubling as packing for a vacation can be, clothing boutique owner and women's travel guru Lynn Portnoy considers the process an opportunity for women to hone their skills at assembling wardrobes.

**One bag:** Lynn Portnoy demonstrates how an entire wardrobe for 10 days of travel fits in a single carry-on bag.



"When you're buying your clothes, think of how they go together, even if you're just staying here and not going anywhere," says Portnoy, 61, who has helped professional women assemble wardrobes in the metropolitan-Detroit area for decades as the proprietor of Lynn Portnoy Women's Clothier, a 20-year-old business now located in Southfield.

As a former clothing buyer for the now-closed Claire Pearone, an upscale women's fashion boutique that was located in the Somerset Collection, Portnoy has traveled extensively.

Having long ago mastered the art of packing just enough and never too much, Portnoy gives seminars on how to "travel with one bag." Promoting her recently released book, "Going Like Lynn," a women's travel primer for Paris, Portnoy will be giving a series of packing demonstrations on July 19 and 20 at her store in conjunction with a fall trunk show of wearable, easy-to-pack clothing by YEOHLEE.

"It's not the bag, it's thinking out the clothes you'll be wearing," says Portnoy, as she rifles through a rack of clothing in her store for shirts and tops, demonstrating her planning techniques. "Six, seven, eight tops ... that's too many," she says. "This is only a 10-day trip. ... See, I have three colors, black, cranberry and beige. ... Every piece here works with every other piece."

In general, says Portnoy, women should apply the same principles to packing a vacation wardrobe that they use when assembling a fall or summer wardrobe: only select pieces that coordinate with others.

"More is not better," says Portnoy. "Less is better, if it's thought out and works well together." The mistake most women make when packing is "nothing goes together. That's why they're packing so much."

Portnoy also insists "you have to be very practical."

Practically speaking, one can't pack a closet's worth of clothing or every favorite pair of pants, so don't try, she says.

Likewise, don't pack linen and other fabrics prone to wrinkle. Instead, take knits and synthetic fabrics that resist wrinkling. "I never take an iron," adds Portnoy. "I hang everything up in the shower. I don't even own an iron."

If you insist on packing a linen suit or taffeta dress, don't bring an iron, pay to have the item pressed, says Portnoy.

Portnoy also suggests:  
■ Take destination-appropriate clothing. You won't need a bathing suit while sightseeing in New York City. Likewise, you probably won't need a dress while vacationing in Michigan's Upper Peninsula.

■ Wear the heaviest clothing you wish to take and layer several pieces for your day of travel in case the weather changes.

■ Keep in mind that jackets, sweaters and cosmetics are the bulkiest items you'll pack (buy trial-size cosmetics and toiletries for travel).

■ Select a variety of clothing pieces; pack a long and a short skirt, for instance, and make sure you have sporty and dressy pieces.

■ Always bring tops in black and white or other neutral tones.

■ Add color to your travel wardrobe with tops and scarves, rather than jackets, sweaters and other bulky items.

Lynn Portnoy's "Travel With One Bag" demonstrations are slated for 1 p.m., 1:30 p.m., 2 p.m., 6:30 p.m. and 7 p.m. Monday, July 19, and 11 a.m., 11:30 a.m., 1:30 p.m. and 2 p.m. Tuesday, July 20, at Lynn Portnoy Women's Clothier, 29260 Franklin Road east of Northwestern Highway in Southfield. For additional information, call (248) 353-2900.

## Sidewalk sales promise bargains for savvy shoppers

Finding a bargain shouldn't be difficult in coming weeks since the season for sidewalk sales has arrived. Here are a few to keep in mind:

■ The Best of Birmingham sidewalk sale runs 6-11 p.m. July 16 in conjunction with Night on the Town.

■ Merchants in downtown Rochester

take their wares to the street and extend shopping hours July 15-17.

■ Bargain prices and sidewalk sales are slated July 15-17 at the Northland Center in Southfield.

■ The Livonia Mall's Shoot for Savings Sidewalk Sale, held inside the center, runs July 15-18.

■ Also in Livonia, Wonderland Mall will host a Sale of the Century Sidewalk Sale July 15-18.

■ Tel-Twelve Mall in Southfield will hold a Construction Clearance Sidewalk Sale July 15-18.

■ Sidewalk sales at MeadowBrook Village in Rochester Hills run July 22-

25. Many malls and downtown shopping districts also plan to offer entertainment and shopping giveaways, including coupons, goody bags and gift certificates. Call mall and downtown association offices to find out about extended hours and special offers.

Retail, style and special store events are listed in this calendar. Please send information to: Malls & Mainstreets, c/o Observer & Eccentric Newspapers, 805 East Maple, Birmingham, MI 48009. Fax: (248) 644-1314. Information must be received by 5 p.m. Monday for publication the following Sunday.  
**SUNDAY, JULY 11**

**COLLECTIBLES SHOW**  
Tel-Twelve Mall in Southfield holds an antique and collectibles show throughout the center with antique appraisals and china and glass repair services available, 12-5 p.m.  
**WEDNESDAY, JULY 14**

**HERRERA SPECIAL ORDER COLLECTION**  
Carolina Herrera makes a personal appearance and presents her Fall 1999 special order collection at Saks Fifth Avenue, the Somerset Collection in Troy, 10-11:30 a.m. Collection available for viewing through July 15, 10 a.m.-5 p.m., Designer Salon, second floor.  
**THURSDAY, JULY 15**

## ADDED ATTRACTIONS

**HINO & MALEE SHOW**  
View the complete Fall 1999 line of Hino & Malee and meet design team representative Elaine Louie through July 17 at Roz & Sherm in Bloomfield Hills, Thursday, 10 a.m.-8 p.m. Friday and Saturday, 10 a.m.-6 p.m.

**GIVE BLOOD, WIN THREE TENORS TICKETS**  
Art Van Furniture, at 6053 Dixie Highway in Waterford, sponsors an American Red Cross blood drive to help replenish summer supplies, 2-8 p.m. Blood donors may register to win a pair of tickets to the July 17 Three Tenors concert.  
**FRIDAY, JULY 16**

**BLUES IN DOWNTOWN PLYMOUTH**  
As part of downtown Plymouth's Friday Night Fun series of free concerts, blues act Pete "Mad Dog" Fet-

ters plays at the corner of Main Street and Ann Arbor Trail in Plymouth, 7-9 p.m.  
**SATURDAY, JULY 17**

**ROYAL OAK GARAGE SALE**  
The Greater Royal Oak Chamber of Commerce presents the 24th Annual Antique & Garage Sale in the Center Street parking garage, between S. Washington and S. Main on Center Street at Second, through July 18, Saturday, 10 a.m.-7 p.m. and Sunday, 10 a.m.-5 p.m.

**YO-YO COMPETITION**  
MeadowBrook Village in Rochester Hills hosts the Second Annual Champion Spinners Yo-Yo Classic II with yo-yo entertainment and demonstrations between competition sets, 10 a.m.-5 p.m.  
**SUNDAY, JULY 18**

**WORTH COLLECTION SHOWING**  
View the Fall 1999 Worth Collection through July 26 in the Birmingham-Bloomfield area by appointment. Call (248) 540-4981 or (248) 865-0553.

# a la carte

## STUFF WE CRAVE



**Cool blue:** The milky blue Chalcedony stone takes center stage in jewelry designer David Yurman's new Blue Ice collection, with pave diamonds in sterling silver and 18K gold, \$995-2,300 exclusively at Neiman Marcus.



**Golf guides:** Don't lose stray balls, track them with a hand-held golf scope, \$50 at Brookstone. Rand McNally's Golf Road Map, a guide to golf courses in southeastern Michigan, will help get you there on time, \$4.95 at Rand McNally. All at the Somerset Collection in Troy.

**Little lamb:** It's Mary's Little Lamb in washable purse form, by North American Bear Co., \$28.50 at the Union General Sweet Shop and Cafe in Clarkston.



**Rise and shine:** Tiffany & Co.'s Roosters collection of English earthenware adds vibrant color and a dash of country charm to summer picnics and casual gatherings, \$20-100 and in stock again at Tiffany & Co., the Somerset Collection in Troy.

## Where can I find?

This feature is dedicated to helping readers locate merchandise that's difficult to find. If you've seen or are looking for an item, call (248) 901-2555 and leave a message with your name and phone number. We publish readers' requests for merchandise twice. If you don't hear from us or see information about the item within a few weeks, we were unable to locate it.

### WHAT WE FOUND:

- Quilts with photographs are available at Quilted Life, (734) 722-6766 or 1-877-MY-QUILT.
- Cabinets that open into dining tables are available at Cost Plus World Market and at "Resell It Estate Sales," at 34769 Grand River in Farmington, (248) 478-7355.
- Sheet straps can be found in the Harriet Carter catalog, (800) 377-7878.
- To replace Revlon's feathering color lock product, try Coty "Stop It" in a tube.
- Missing parts for broken appliances may be available through Culinary Parts Unlimited in Pacheco, CA, 800-543-7549 or at www.culinaryparts.com.
- "The Great Mouse Detective" will be released again by Disney on August 31, 1999 and can be ordered through a Disney company catalog or store.
- A picture of dogs playing poker can be purchased at the Meijer store in Northville in the picture department.
- Natural Exfoliating body bar soap might be available through Avon, (800) 500-AVON.
- Eyebrow stencils can be purchased through the Beauty Boutique catalog, (440) 826-3005.
- We also found a WWII uniform.

### WHAT WE'RE LOOKING FOR:

- A place in Oakland County, preferably near Clarkston, that recycles cakes boxes, cereal boxes and the like for Lori. (SCOCRA only does recycling in the general area of Royal Oak.)
- Revlon Fine Line Natural brow pencil refills in light brown color for Lorraine.
- A Ziggy doll (made in 1986 or 1987) dressed in a nightshirt and nightcap for Jim.
- A Mickey Mouse waffle iron for Lucy.
- A replacement glass carafe for a coffee server that tilts and has a place to light a candle underneath.
- A 1968 Clarkston High School yearbook for Gary.
- Thermo-Serve coffee mugs for Maggie.
- A large black plastic hook with adhesive backing for Gloria.
- A catalog for mastectomy patients.
- Revlon color lock eyelid shadow base for oily lids.
- A used "Little Tyke" Playhouse log cabin for the backyard and a Childcraft Changing Table in honey oak finish for Leslie.
- Ultima II lip liner in "Tawny" color for Carol.
- Rose Milk Skin Care lotion for Vivian.
- Stamped, cross-stitch baby quilt material not pre-quilted for Marie.
- A used baritone musical instrument case for Norma.
- A 1980 Highland Park High School yearbook for Carol.
- Coty La'SLEUR cologne for Joanne, a resident of Southfield.
- Rockford socks with red heels and toes to make monkey toys for Noreen of Livonia.
- A 1953 Central High School yearbook for Faye in West Bloomfield.
- A person who refinishes rocking chairs for Barbara.
- Schlinkhaus German cabinet white wine for Barbara.
- A Doubleday cookbook, as seen on "Cooking Live," for Teresa, who lives in Livonia.
- Vietnam and WWI uniforms for Sheila, an American history teacher who wants to use the items in her classroom.

Compiled by Sandi Jarackas

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TRAVEL

# Each island's the best

Part 2 of 2

BY SANDRA ARMBRUSTER  
STAFF WRITER  
sarmbruster@oe.homecomm.net

Remember those popular movies like "South Pacific" and "Jurassic Par?" Ever think you'd like to see where they were filmed? Then visit Kauai, the garden island, the location of the original "Fantasy Island" television series.

Kauai was the first stop on America Hawaii Line's S.S. Independence as we cruised to four islands in the chain. It was also one of the islands touted as the "best" on our return flight home. See if you agree.

Unlike the populated Oahu, which we explored last week, much of Kauai is inaccessible. There is just one paved road, and a round-trip drive is about 90 miles. If you've got the stamina, backroad is popular on unpaved trails to see sugar cane plantations and mountain formations missed on other tours. Whatever tour you take, be prepared for some rain — all the better to see rainbows and waterfalls.

A rainbow can be seen from the top of Mt. Waialeale, the wettest place on earth; it gets 451 inches of rain each year, with frequent rainbows.

But, no problem. Hawaiians have a way of dealing with every



Cooling shade: Visitors to Lahaina on Maui take shelter under a banyan tree whose arms stretch out over an acre in the city.

situation. There is a universally understood gesture among islanders: With thumb and little finger raised, the hand is waved gently signaling others to "Hang loose!"

I took a helicopter ride over the famed "Grand Canyon of the Pacific," a 12-mile-long rift of striated stone with some vegetation. The chopper climbed over the mountains and moved into the canyon as our pilot/guide glided us through the canyon, then up the face of Mt. Waialeale and over to the steep Na Pali cliffs, which resemble an accordion. Concluding the trip was an exciting descent as the pilot spiraled us into the Kawaikini volcano, which formed the island. The cone is now covered with

vegetation. The trip has been rated as the No. 1 tour in the world by National Geographic.

### Surprising Maui

There is much else to be said for Maui: beautiful beaches and resort areas, opportunities for snorkeling, a variety of vegetation, cowboys and the dormant volcano Haleakala.

For me the best part of the trip to Maui was seeing a humpback whale breach not more than 100 yards from me. That means the 40-foot-long behemoth playfully propelled itself completely out of the water. Everyone screamed in delight, including me. Only problem was I got so excited I forgot to take a picture.

We were on watch for the humpbacks during a tour sponsored by the Pacific Whale Foundation. Adding to the memorable trip aboard a two-masted sailboat was the lowering of a microphone into the deep, clear waters so we could listen to the whales calling out to each other.

Or were they inviting us to follow their lead?

With us was a naturalist provided by the foundation, who had spent several days on board ship regaling us with tales during whale sightings. It had been the best sightings of the season, she said. The season runs from December through March.

Joining in on the fun was our amiable captain, who said he would use the ship to "sneak" up

on the whales. By law, all water craft must stay 150 yards from the whales or cut their engines. In this case, the whales seemed to willfully violate the law and delight in performing. It was their time of year to frolic in the waters off the islands for mating season.

### A clear day on Maui

At nearly 10,000 feet, the views from the peak of Haleakala are spectacular — as was the ride up. Switchbacks up the volcano showed the variety of vegetation, a one point looking like northern Michigan with its pine trees. But looking into the crater, clearly we were in another world in which pink mounds contrasted with the hazy blue of distant walls and the beige floor of sand.

We walked slowly up the short path to the overlook site: Oxygen deprivation made breathing and walking difficult.

Pineapple fields spread out in all directions. Sampling some of the golden, melt-in-your-mouth pineapple showed the difference between fresh and the pale, canned varieties found at home.

After spending hours at the seaquarium or shopping, many visitors liked to cool off under the shade of a remarkable banyan tree in Lahaina that spreads its sheltering limbs for an acre in the center of town.

It offered a good chance to regroup before heading for the other big island on our cruise, the Big Island of Hawaii which we were to visit a live volcano.

### The Big Island

The largest of the islands, Hawaii, offers two distinct climates — extremely wet and extremely dry on opposite sides of the island. Consequently, the landscape and activities vary from 13,700-foot Mauna Kea, which is the tallest mountain in the Pacific, and the still-active

volcanos Mauna Loa and Kilauea to tropical gardens.

We sailed at night past the lava flow from Kilauea with molten lava and billowing steam clearly seen where the volcano meets the ocean. Listening to our ship-board kumu (teacher) tell the story of the fire goddess Pele, we could hear the chants and drum beat of native Hawaiians. Pele is to be appeased, Hawaiians remind us, knowing full well the destruction she has wrought in eruptions that have wiped out villages.

Somehow we understand the magic of the islands that keeps drawing people back to the islands.

The Hawaiian experience is as much offshore as on the islands, as those of us who wanted to learn to snorkel enjoyed a new adventure. Supported by inner tubes and donning prescription swim masks, we floated over a fish preserve off the Captain Cook monument. The preserve, in which we were not allowed to touch the bottom, was filled with multi-hued coral and fish. Kelley, who guided me throughout the excursion, judged me "the most improved passenger" after a few false starts. I won't say how many.

I didn't want to get out of water, but it was time to leave for our ship, which was to sail to Honolulu for our trip home. The whirlwind tour of the islands had been like traveling to a foreign land. It was an adventure I wouldn't soon forget.

As the debate grew during the trip home on which was the "best" island, I found myself unable to argue for just one island in the chain.

Hmmm, perhaps it will take a return trip to paradise for me to decide.

Sandra Armbruster is editor of The Lake Orion and Oxford Eccentric papers.

## Pearl Harbor memorial teaches many lessons

BY SANDRA ARMBRUSTER  
STAFF WRITER  
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The history of war times often is blurred. Places and names of wars vary, but reasons and results often seem obscured by political posturing as nations ready for the next battle.

That posturing is pummeled into reality off shore the island of Oahu, where the USS Arizona

came to rest on Dec. 7, 1941, in Pearl Harbor. Such a lovely name; such a vile deed when Japanese pilots bombed the Arizona and other ships in the harbor.

What really happened that day and why? A trip to the famous monument tells the somber story. It began with trade disputes. Sound familiar?

The story of that terrible day

is told in a 20-minute film shown to visitors. It is not for the faint of heart.

During the boat ride to the monument, we listen to an explanation of how the low center of the white monument represents the United States in its darkest hour, while the uplifted ends of the monument recalls the nation's return to greatness.

A nun quietly tells a passenger she frequently comes to the memorial to pray.

We disembark, and all are quiet, except for some teens yet untouched by war's devastation. We hang over the open sides of the memorial, waiting for a cloud

to pass. When it does, we see the rusting tombly in shallow water.

In the shrine room of the memorial is a stone wall with the names of those who died when the USS Arizona went down.

As we near shore on the return trip, we hear former President George Bush tell us: "I bear no grudge toward the Japanese.


None at all."


Those words echo as I recall a family I observed before seeing the film. The husband, wife and their young child were waiting to enter the theater, along with extended families on both sides. There was no doubt that all doted on the child. It mattered not that the father was of Japanese heritage and the mother of some other European her-

itage.

Would that we all could bear no grudges — to anyone, anywhere.

Joining the Arizona in the Pearl Harbor area is the USS Missouri, on which the Japanese government surrendered at the end of the war. It's wise to get tickets ahead of time for both tours.





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# Aufdemberge going strong

## Redford distance standout makes strides

BY STEVE KOWALSKI  
STAFF WRITER  
skowalski@oe.homecomm.net

### RUNNING

Paul Aufdemberge runs an average of 100 miles per week, so you wouldn't think a two-mile race is much of a challenge for him.

It is, however, because usually at the two-mile mark he's only getting started.

Aufdemberge, 34, prefers events of the half-marathon or marathon variety and that's why he was pleasantly surprised with his first-place overall finish in a two-mile race on June 24 in Huntington Woods, the first of three events in the Big Boy Road Race Series.

Aufdemberge's time of 9 minutes, 15 seconds was seven seconds faster than the second-place runner, former University of Detroit-Mercy standout Corey Stedman, 23.

Finishing ahead of runners like Stedman and others almost half his age had Aufdemberge feeling pretty good.

Aufdemberge, a manager at Running Fit in Novi, usually runs at least five miles before and after work each day, so he's always in shape for competition. He didn't prepare himself mentally for this race until the day of, however.

"I decided to run that as kind of a spur of the moment thing," he said. "It was kind of like a workout, a speed run. I'm better

at the 10k or half marathon. The shortness of it made me not too sure if I could win it. If it had been a 10k I would have been pretty confident.

"It's a nice series. I always kind of wanted to run it. It's a good course, nice area, fast and flat, and pretty inexpensive, too. It's nice that the Motor City Striders put that on."

Of the top 10 finishers, five were 19 or under.

"I was kind of worried, especially when I saw those young guys and Corey Stedman there," Aufdemberge said. "I knew Corey had real good speed. If he stayed with me until the last quarter mile he'd be tough to beat. I tried to really break away from him after the mile mark and fortunately that worked."

It's been a winning season for Aufdemberge. Prior to the Huntington Woods race, he won the Trenton 8K Race on June 8 and the Dexter to Ann Arbor Half-Marathon over Memorial Day Weekend.

Aufdemberge chose to skip the second and third parts of the Big Boy Road Race Series. Ironically, his colleague at work, Lee Shaw of Westland, won the three-mile race on Thursday, July 1.

Aufdemberge grew up on the east side of Detroit and graduat-

ed from Harper Woods Lutheran High East School and Hillsdale College. He didn't begin running for his high school until his senior year but made up for lost time, placing sixth in the Class C state cross country meet and sixth in the mile and fourth in the two mile during track season at the state meet.

"I was kind of looking for something different to do and I had the idea I might like to run from running in gym class," Aufdemberge said. "It took me a while to find out if I had the ability for it."

Aufdemberge has completed eight marathons, taking third at the Memphis, Tenn. Marathon in 1997 and fourth twice at the Detroit Free Press Marathon, including last year.

He's looking forward to bettering his place at the next Free Press Marathon, which will start and end this year at Tiger Stadium in recognition of this being the last year of the historic ballpark.

The runners will cross the Ambassador Bridge, run the streets of Windsor and come back through the tunnel before returning.

In years past the runners would cross the river only through the tunnel. Aufdemberge isn't too concerned about the hill runners must climb at the start of the bridge.

"It's about three miles into the

race and I don't think it would be that much of a problem," Aufdemberge said. "A windy day might make it tougher."

Another goal of Aufdemberge's is to qualify for the World Championships in the Half-Marathon. To do that he needs to finish among the top four at the U.S. Half Marathon Championships, Aug. 21 in Parkersburg, W.V.

In 1993 he was a member of the U.S. Half-Marathon Team, taking 20th at the World Championships as the first American across the finish line.

As for future area races, Aufdemberge plans on running in the Just Zoo It 5K Run on July 17 at the Detroit Zoo.

He placed second last year behind friend Guy Murray, the U-D Mercy coach.

"I might have to go back and gain some revenge from him," Aufdemberge joked.

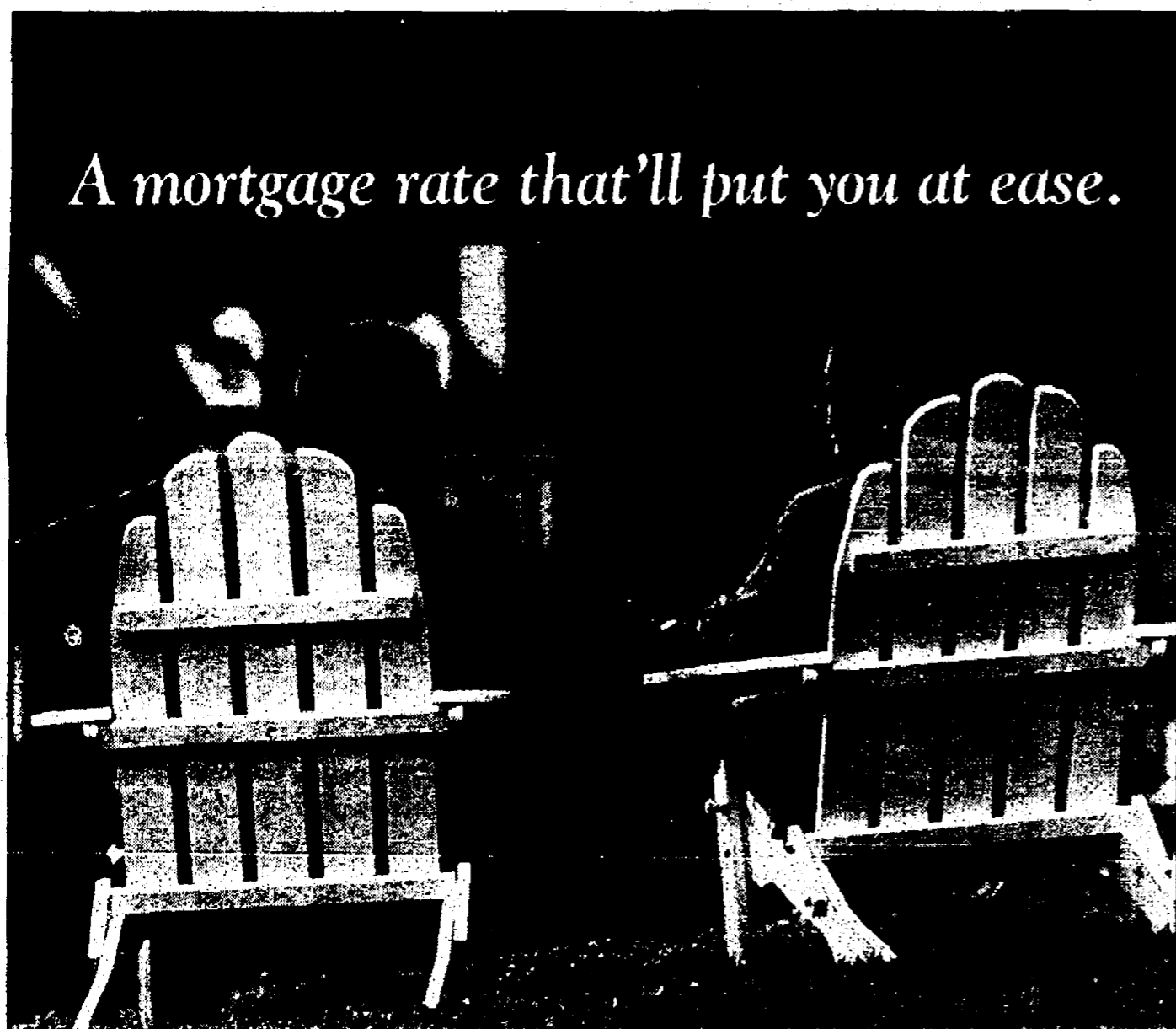
Aufdemberge's wife Jeanne is also an avid runner, completing twice as many marathons as him. Their daughter Emily, 2 in August, is well on her way to a running career, too.

Barely old enough to walk, she's already challenging mom and dad to races.

"When you take her for a walk she says 'Run,' and she starts running," says her father, laughing.



Going the distance: Redford's Paul Aufdemberge is one of the top road racers in the state and country.



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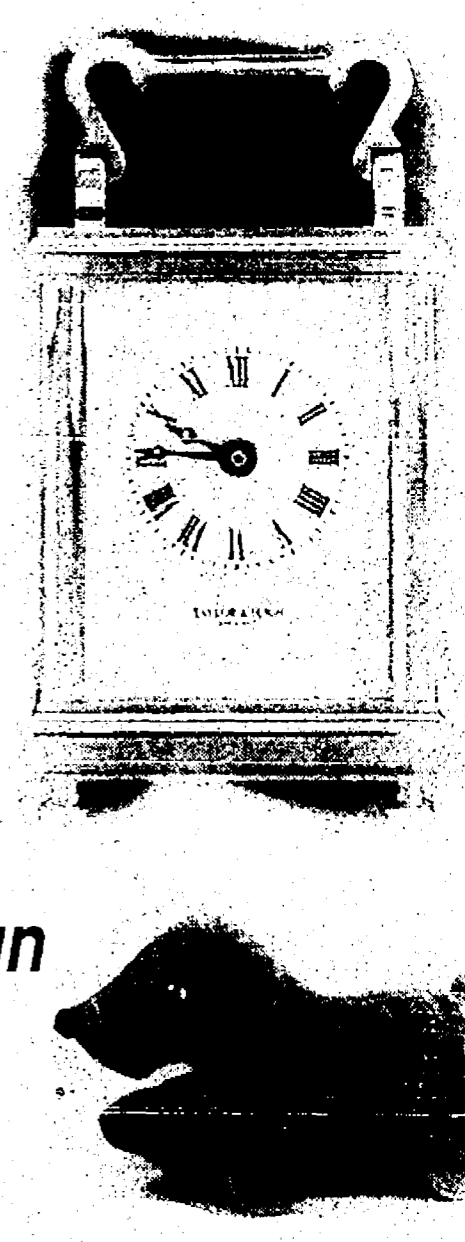
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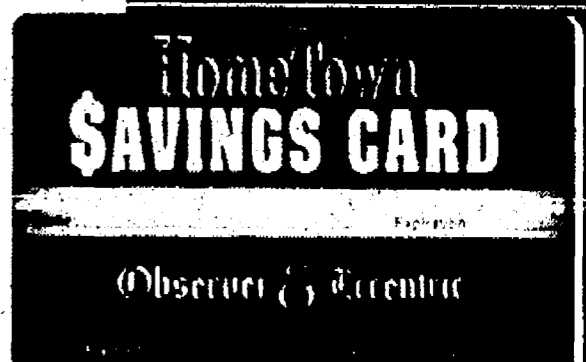
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METRO SUMMER HOCKEY LEAGUE STANDINGS (Through July 7)			
Bulldogs	5	2	0 10
Huskies	4	1	0 8
Lakers	3	3	1 7
Wolverines	3	2	0 6
Spartans	1	4	2 4
Wildcats	2	4	0 4
Broncos	1	3	1 3

LEADING SCORERS (Through July 7)			
Name (team)	G	A	Pts
Eric Bratcher (Bulldogs)	10	14	24
Kevin Swider (Bulldogs)	16	7	23
Brian Jardine (Lakers)	9	12	21
Corey Swider (Bulldogs)	8	10	18
Sean Kesa (Wildcats)	11	6	17
John Pietila (Huskies)	10	6	16
Phil Pietila (Huskies)	9	7	16
Jim Tudor (Huskies)	10	5	15

LEADING GOALTENDERS (Through July 7)			
Name (team)	GA	Avg.	
Art Baker (Huskies)	1	2.03	
Phil Osaer (Bulldogs)	9	3.57	
J.J. Weaks (Huskies)	9	3.59	
Rick Mamon (Broncos)	18	5.96	
Brandon Hotham (Lakers)	19	6.31	
Will Hamele (Spartans)	13	6.57	
Ted Martens (Bulldogs)	23	6.61	

# Huskies ice Bulldogs in 1st-place tilt

Phil Pietila scored three times for the Huskies, but it was Jay Storm who gave them the cushion they needed to slip past the Bulldogs, 5-3 Wednesday in a Metro Summer Hockey League game at the Plymouth Cultural Center.

Pietila's second goal, scored with 9:10 left in the second period, put the Huskies (now 4-1) ahead to stay. Pietila's first goal had given his team a 1-0 lead at the 8:56 mark of the first period; the 'Dogs, however, countered with first-period scores by Darin Fawkes (from Livonia) and Matt Prater.

The Huskies took control with three unanswered goals in the

## MHSL WRAP

second period, the first by Dwight Helminen and the next two by Pietila. The Bulldogs (5-2) closed to within 4-3 on a goal by Corey Swider (Livonia) with 8:50 to play, but Storm countered to make it 5-3 with 6:59 remaining.

J.J. Weaks turned in a solid performance in goal for the Huskies. Will Hamele was in goal for the 'Dogs.

Eric Bratcher added two assists for the Bulldogs.

**WILDCATS 10, LAKERS 8:** Four consecutive goals in the third period gave the Wildcats a come-from-behind

MSHL victory over the Lakers Wednesday at the Plymouth Cultural Center.

Mike Swistak (West Bloomfield) accounted for two of the 'Cats' third-period goals, including the game-tying marker (at the 8:40 mark) and the go-ahead score (at 5:28). Brent Thomas scored his second of the game with :05 left to insure the Wildcats' win.

Brent Bessey led the 'Cats with three goals; Paul Khanam and Bob Abbate (Farmington) added a goal and an assist apiece, and Tad Patterson (Canton) also had a goal. Sean

Kass and Darrin Silvester each added four assists.

Dan Dobrowski (Southfield) was in goal for the Wildcats (now 2-4).

Eric Dolesh (Farmington) paced the Lakers (now 3-3-1) with three goals and an assist. Jeremy Majszak (Canton) added two goals and two assists, with Matt Frick scoring a goal and assisting on two others and Brian Jardine netting a goal and an assist. Ron Lowrie also had a goal, and Scott Dolesh had two assists.

Will Hamele was in the net for the Lakers.

## SWIMMING CALENDAR

### Dearborn Masters meet

A long-course (50-meter pool) Masters swim meet will be held at Dunworth Pool, located in Leavood Park in Dearborn, beginning with warm-ups at 8 a.m. Sunday.

There will be 13 individual events and a series of relays. Swimmers may enter a maximum of four individual events and one relay.

Cost is \$12. All competitors must have their 1999 U.S. Masters Swimming registration; those wishing may register at the meet for \$25 (effective through Dec. 31, 1999).

Events include the 200-meter freestyle; 50 backstroke; 100 butterfly; 50 breaststroke; 400 individual medley or freestyle (your choice); 100 back; 50 fly; 50 free; 200, 400 and 800 relays; 100 free; 200 IM or free; 100 breast; 50 free; and 800 free.

The cost includes a picnic lunch following the meet.

Dunworth Pool is located south of Ford, west of Telegraph, at the west end of Denwood and Sheridan. For additional information, call Skip Thompson at (248) 683-2191.

lope to Marilyn Early, 6212 Emmet Hts., Harbor Springs, MI, 49740. Mail check and application to the Hammerhead Swim Club, c/o Erin Fortune, 3125 Valley View Trail, Harbor Springs, MI, 49740 by July 18. Registrations are limited to the first 150 applicants.

A limited number of custom-designed T-shirts for the race will also be available.

Wet suits and flotation devices, or any device used to maintain body heat, will not be allowed. The races are open to all swimmers, but those under the age of 13 must provide written competency from their coach. Medals will be given to male and female age division winners. Divisions are: 12-and-under, 13-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, etc. (age as of Aug. 1).

For more information, call Early at (616) 526-9824 or Fortune at (616) 526-6840.

### Lake Michigan swim

The fifth annual YMCA Lake Michigan Swim will start at 8:15 a.m. Saturday, July 17 in Grand Haven. The 1.75-mile open water swim begins at the North Pier and proceeds north to the North Beach Pavilion.

Entry fee is \$20 if completed and mailed by Friday, July 9; late registrations will be \$25, and will be accepted through July 16. There will be no registration the day of the race.

Competition will be for males and females in six age divisions: 19-and-under, 20-29, 30-39, 40-49, 50-59 and 60-and-over. Check-in is 7:15-8 a.m. on race day, with a mandatory meeting from 8:8-15 a.m. The swim will end at 10 a.m.; all those still in the water will be assisted to the finish line.

All swimmers must report to the finish line, whether he or she completes the swim. Aids (snorkels, fins) may not be used, but goggles and wet suits are permitted.

T-Shirts are guaranteed to all competitors who register early. Trophies will be awarded to all age division winners; refreshments will be available to all swimmers at the finish line.

Registration forms are available at the Tri-Cities Family YMCA, 1 Y Drive, Grand Haven. For information, call (616) 842-7051.

### Pizzaman Swims

The Domino's Pizzaman Swims are scheduled to start at 8:30 a.m. Sunday, July 25 at Big Portage Lake, located in the Waterloo Recreation Area in Waterloo. The 1.5-mile open water swim will consist of three half-mile laps.

Entry fee is \$15 if postmarked before July 10, \$18 for late entries. A USAT license will be required to compete in the swim. For those not possessing one, a one-day license may be purchased at registration for \$5.

Race day registration will be from 6:30-7:30 a.m. at the park, or from 2-5 p.m. Saturday, July 24 at the Tortoise & Hare Concept Store, located in the Traver Village Mall on Plymouth in Ann Arbor. Entries are available by calling (734) 662-1000, or by faxing (734) 662-3388.


The top female and male swimmers, the top female and male masters swimmers, and the top two males and females in each age group will receive awards. Age divisions are: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 and over.

### Coastal Crawl

The Harbor Springs Coastal Crawl, featuring a one-mile, two-mile or three-mile open water swim in Little Traverse Bay, will be Aug. 1 at Zorn Park, located on Bay Street in Harbor Springs. Check-in is 7:7:55 a.m.; there is a mandatory meeting at 8 a.m.

The three-mile race begins at 8:30 a.m., followed by the two-mile at 8:45 a.m. and the one-mile at 9 a.m. Average water temperature for Aug. 1 is 65 degrees.

Entry fee is \$20, which includes a picnic lunch. Applications are available by sending a self-addressed, stamped envel-



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by Herbert M. Gardner, D.D.S.


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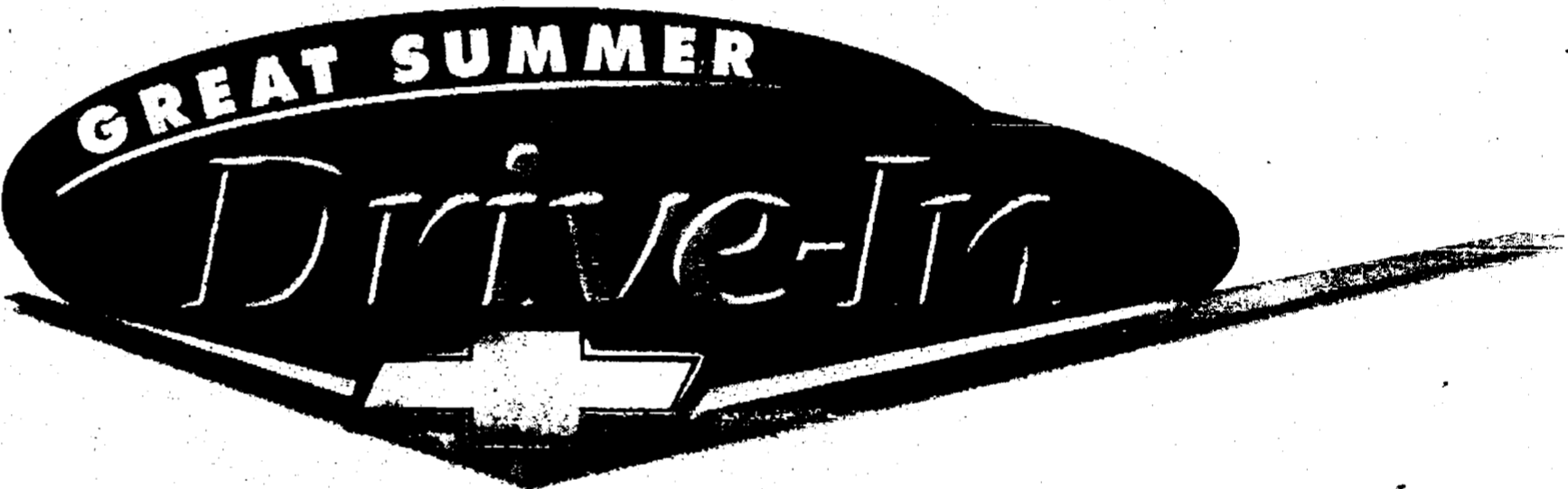
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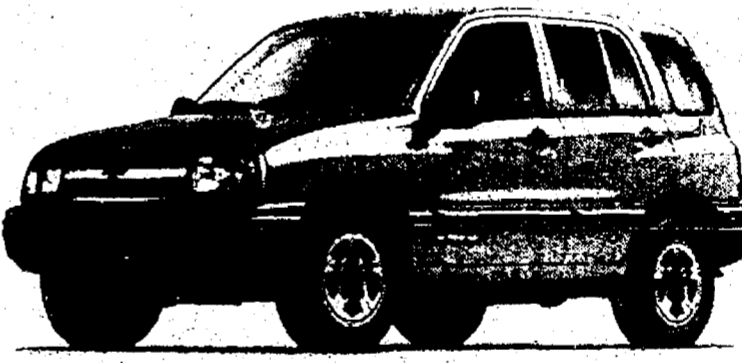
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