

Observer

Winter Park / Maitland

Thursday, April 3, 2014

WPMOBSERVER.COM

50¢+ tax

Serving Winter Park, Maitland, Baldwin Park, College Park and Goldenrod

407-740-0401

www.FirstColonyBank.net

FIRST COLONY BANK

Your Real Hometown Bank

On Hwy 17-92 in Maitland



Member FDIC

CENTRAL FLORIDA'S WEEKENDER ENTERTAINMENT & EVENT GUIDE

www.wpmobserver.com/enews

Winter Park Recovery Center

Comprehensive Drug & Alcohol Treatment Protocols
Sinclair Method For Alcohol Extinction
Subutex/Suboxone For Opioid Abuse
Privacy and Confidentiality Assured

Central Florida's Largest Private Outpatient Treatment Facility

2056 Aloma Ave, Suite 100, Winter Park, FL 32792
www.WinterParkRecoveryCenter.com - 407-629-0413

» INSIDE



THE HOME ON KIDS' ROAD TO RECOVERY

LIFESTYLES, 6

Florida Film Festival opens

Sigourney Weaver will be there.
CULTURE, 12

The dementia simulator

A hauntingly realistic glimpse inside the mind and body of a dementia sufferer.

CENTRAL FLORIDA SENIOR, B1

CALENDAR 3
LIFESTYLES 6
WPV VOICE 10
CULTURE 12
OPINIONS 15
CLASSIFIEDS 36
CENTRAL FLORIDA SENIOR B1

» SUBSCRIBE NOW!
VISIT WPMOBSERVER.COM

U.S. Court lashes law



TIM FREED
Observer staff

A split verdict by the U.S. Court of Appeals may have upheld an ordinance banning "targeted" picketing outside homes in Winter Park, but not without declaring a similar provision from another ordinance unconstitutional more than five decades after City Commissioners passed it through.

Judges declared a portion of the city's loitering ordinance unlawful on March 20 after realizing it gave residents the right to create a 50-foot no protest buffer around their homes, including any parks, sidewalks and other

Protestors won one battle and lost another in a U.S. Court of Appeals decision that said protesting can be conditionally banned when directed at homes in Winter Park.

public areas.

The ordinance states that residents with a "no loitering" sign outside their home can call the police if anyone encroaches on that buffer.

Generalized language in the provision leaves the door open for residents to phone the authorities on protesters based solely on personal views.

"In other words, private citizens can decide that they dislike the content or viewpoint of a speaker's message and then contact the Winter Park police to en-

force [the ordinance]," the verdict reads on the U.S. Court of Appeals for the 11th Circuit website. "This strikes us as unprecedented."

Winter Park Director of Communications Clarissa Howard said that residents have technically had that right for 54 years. The U.S. Court of Appeals stumbled upon the loitering ordinance while reviewing an appeal of Winter Park's picketing ordinance - a law that banned protesters from standing within

■ Please see **PROTEST** on page 2

Capen connected

TIM FREED
Observer staff

Both pieces of the historic Capen House were reunited on their new foundation last week on the grounds of the Albin Polasek Museum and Sculpture Garden - more than four months after they were split apart to travel across Lake Osceola.

The placement of the house brings the project one step closer to completion since the Winter Park community first stepped up to save the house from demolition last June.

"It was an amazing process," said Christine French, Preservation Capen project director. "To see those two pieces together for the first time was unbelievable."

But much work still remains to be done, French said. The project now enters a restoration phase, where the two pieces will be mended together along with minor repairs.

Workers are also still completing the foundation beneath one side of the house.

A sign in front of the museum shows that fundraisers have gathered \$587,000 of the \$650,000 needed to finish the relocation effort, leaving a gap that still need to be raised.

"We still have a way to go," French said. "We definitely want to hit that 650 and we'd like to do that over the summer."

"There's plenty of time for people to contribute to the proj-

■ Please see **CAPEN** on page 2

Road rage over proposed Lee extension

Residents say development could ruin city's character

TIM FREED
Observer staff

A future FDOT project to extend Lee Road faces opposition from some Winter Park residents, fearing new traffic problems if developer's efforts are enough to push the project forward.

The roadwork would extend Lee Road to Denning Drive in hopes of reducing traffic along U.S. Highway 17-92. Drivers look-

ing to head farther east while on Lee Road would be spared from having to turn right on 17-92 and left on Webster Avenue, both avoiding traffic and decreasing the overall volume of cars.

But residents expressed concern at the City Commission's Feb. 24 meeting about the project's potential of adding more traffic elsewhere.

An extension of Lee Road toward Denning could send more cars toward neighborhoods such as Park North, Park Grove and Green Oaks to the southwest of

■ Please see **DEVELOPMENT** on page 2



PHOTO BY **TIM FREED** — THE OBSERVER
Drivers could have an easier commute if a Lee Road extension goes through.

USPS 00-6186
Publisher statement on page 2.



PROTEST | Law upheld in part, but court calls 54-year-old provision unconstitutional

■ CONTINUED FROM FRONT PAGE
50 feet of a targeted residential home.

Local residents Winnifred Bell, Allura Lightfoot and Deanna Waller opposed the law and handed the city a lawsuit in October 2012 for potentially infringing on their constitutional rights, less than a month after City Commissioners voted the ordinance through.

The district court later granted the city's motion to dismiss the lawsuit in March 2013.

An appeal from the disgruntled residents followed.

Judges chose to uphold the picketing ordinance as facially constitutional due to it being content-neutral and leaving open alternative channels of speech.

"Section 62-79 does not regulate speech on the basis of the content or viewpoint of the speech," the verdict reads. "Rather, it regulates the time, place, and manner in which Plaintiffs can speak."

The ordinance originally came about in the aftermath of a protest outside the home of Planned Parenthood of Greater Orlando

CEO Jenna Tosh in August 2012. Tosh told authorities that she felt threatened by the group of anti-abortion protestors outside her own home – a comment that provoked the city to take action.

It's paramount that the city defend its residents' right to free speech, said Mayor Ken Bradley, who voted against the picketing ordinance when it passed by a vote of 4-1.

"I have voted throughout this process to err on the side of the rights of our citizens to picket and

express their thoughts – no matter how heinous they may be," Bradley said. "This is one of the great rights which separate us from the world. You can publicly share without any retribution your thoughts about your mayor, your commission, your president, your neighbor, yourself."

"I hope to always be a defender of those rights."

A revised loitering ordinance will go before the City Commission at a future meeting, Howard said.



ARCHIVE PHOTO BY JENNY ANDREASSON — THE OBSERVER
Winter Park will have to change its law.

DEVELOPMENT | Winter Park residents fear jump in traffic

■ CONTINUED FROM FRONT PAGE
Lake Maitland, Winter Park resident Rosa Levy said.

"We have a beautiful city," Levy said. "I don't want to see it be made into a traffic thoroughfare."

Levy said the Park Maitland School up the street on 17-92 poses other concerns. Hundreds of parents line up in their cars along North Park Avenue to merge onto the major road, on their way to pick up their children on Magnolia Road.

She said more cars along North Park Avenue and 17-92 could be a safety hazard for the students getting picked up.

"I don't feel like that would be wise," Levy said. "There are many, many children in that area."

The project may move forward regardless, possibly coming sooner rather than later because of a developer's plans for the Lee Road/17-92 intersection, City Manager Randy Knight said.

UP Development from Nashville pushed for the original traffic study in 2003 that prompted the road extension project.

The developer hopes to acquire the traffic light at Lee Road to increase access to a planned Whole Foods Market on the other side of 17-92, Knight said. The new portion of Lee Road would lead directly to the new development, placed on either side of the street.

Knight said the developer might try to speed up the project by picking up the remaining costs for the \$16 million FDOT project, originally set to be completely funded by 2018. The road extension would start by 2015 if UP Development stepped up now. Roughly half of the right-of-way for the project has already been acquired, Knight said.

"Rumors are flying that if the DOT has the funds to do this project,



PHOTO BY TIM FREED — THE OBSERVER
Lee Road, which dead-ends at U.S. Highway 17-92, could re-route traffic.

it's going to be done whether we like it or not," Winter Park resident Marilyn Miller said.

City Commissioner Steve Leary said it's likely too late to stop the state-level project.

"With our relationships we could certainly work with DOT, but if they're dead set to get it through, the city has little recourse to stop it," Leary said.

The City Commission agreed at this week's meeting to organize an informational session for residents on the Lee Road extension.

CAPEN | House halves finally reunited

■ CONTINUED FROM FRONT PAGE
ect."

French said residents can expect a grand opening of the Capen House some point in November.

She said the project coordinators will also attempt to raise additional funds beyond the \$650,000 for new landscaping to better integrate the Capen House with the Polasek Museum.

STAY CONNECTED WITH YOUR COMMUNITY.

Sign up for our **FREE E-NEWSLETTERS!**

Visit WPMObserver.com/eNews to subscribe now!

It's TAX time.

Proudly Serving the Orlando Area for 19 years!

No out-of-pocket preparation costs for those who qualify!

\$40⁰⁰ OFF Tax Preparation

Must present this coupon at time service is provided. Offer valid for one-time use. Cannot be combined with any other offer.
Expires April 15, 2014
Offer Code: CFS14

Appointments Available 7 Days a Week!

Tax Form Processing LLC
4070 Aloma Ave., Suite 1010
Winter Park, FL 32792
Tel: (407) 657-6336
www.TaxFormProcessing.com

Scan QR Code

Frank DiPaola, EA
Tax Accountant
Licensed to Practice Before the IRS

Observer

Winter Park / Maitland
Established in 1989 by Gerhard J.W. Munster

Thursday, April 3, 2014
PHONE: 407-563-7000
FAX: 407-563-7099
WPMOBSERVER.COM

PUBLISHER
Tracy Craft
407.515.2605
TCraft@TurnstileMediaGroup.com

MANAGING EDITOR
Isaac Babcock
407.563.7023
IBabcock@TurnstileMediaGroup.com

ASSOCIATE EDITORS
Sarah Wilson
407.563.7026
SWilson@TurnstileMediaGroup.com

Tim Freed
407.563.7054
TFreed@TurnstileMediaGroup.com

ARTS EDITOR
Josh Garrick
joshgarrick9@gmail.com

DESIGNER
Tom Miller
407.563.7032
TMiller@TurnstileMediaGroup.com

STAFF WRITERS
Brittni Larson
Megan Stokes
Allison Olcsvay
Kristy Vickery

COLUMNISTS
Chris Jepson
Jepson@MediAmerica.us
Louis Roney
LRoney@cfl.rr.com

ADVERTISING SALES (Display & Classifieds)
Linda Stern
407.376.2434
LStern@TurnstileMediaGroup.com

LEGAL NOTICE ADVERTISING (Orange & Seminole Counties)
Ashley McBride
407.286.0807
Legal@FLALegals.com

SUBSCRIPTIONS/CIRCULATION
Luana Baez
407.563.7013
LBaez@TurnstileMediaGroup.com

MEMBER OF:
-Florida Press Association
-Winter Park/Maitland/Goldenrod Chambers of Commerce
Winter Park/Maitland Observer is published by Turnstile Media Group. Founded in 1990 and headquartered in Orlando, Fla., Turnstile Media Group is also the parent of Golfweek, Golfweek Custom Media, TurfNet, Professional Artist, Seminole Voice, Baldwin Park Living and Turnstile Connect.

TURNSTILE MEDIA GROUP
CHAIRMAN
Rance Crain

PRESIDENT/CEO
Francis X. Farrell
VICE PRESIDENTS
Patti Green & Jeff Babineau

USPS #00-6186
Vol. 26, No. 14 Winter Park/Maitland Observer (ISSN 1064-3613) is published weekly, 52 times per year, at 1500 Park Center Dr., Orlando, FL 32835. Postage and fees paid in Orlando, FL 32835 and additional offices. Subscriptions \$30 per year. ©Turnstile Publishing Company

POSTMASTER: Send address changes to: Winter Park / Maitland Observer 1500 Park Center Drive Orlando, FL 32835

Publisher reserves right to edit or refuse all advertisements, announcements, articles and/or letters to the editor. Submission does not guarantee publication. Columnists' opinions are made independently of the newspaper. All rights reserved. Winter Park/Maitland Observer © 2014



Pay Principal, Not PMI.*

Now Available **95% Financing**

All the Same Great Benefits!

- NO Broker Fees
- NO Points
- NO Private Mortgage Insurance*

For more information call 407-659-5701 or visit www.TrustcoBank.com and apply today!

Not available for cash out refinances. *PMI - Private Mortgage Insurance. Trustco Bank pays Private Mortgage Insurance on customers behalf. Please note: We reserve the right to alter or withdraw these products or certain features thereof without prior notification.



FAMILY CALENDAR

APRIL 4

Come kick off **Maitland Walks** with an 11:30 a.m. to 1 p.m. event April 4 with a 20-minute walk, a free T-shirt (to the first 150 walkers), pedometer, healthy delicious lunch, and the company with the highest percentage of its employees that walk will win five Fitbit Flex smart-bracelets. It starts at 2400 Maitland Center Parkway. Visit healthcentralfloida.org to register.

APRIL 5

The fifth annual CFNL **Wounded Warrior Lone Sailor 5K/10K** will be Saturday, April 5. Central Florida Navy League sponsors this event in Baldwin Park, site of the former Navy Enlisted Training Base. Visit cfnl5k.org and cfnavyleague.org for more information.

The Winter Park **All-British Car Show** celebrates its 30th anniversary starting at 9 a.m. April 5 at Mead Botanical Garden.

APRIL 6

The Orlando Philharmonic Orchestra's **Spring Pops Concert** gets going at 7 p.m. April 6 in Winter Park's Central Park. Stop

by with a blanket and a picnic basket for classical music or a great date night.

APRIL 8

Popcorn Flicks in the Park returns with "Murder on the Orient Express" at 8 p.m. in Winter Park's Central Park. Bring a picnic and enjoy a movie under the stars.

Calendar

APRIL 4

Date Night at Leu Gardens for April features the thriller "Gravity" on April 4. Come early and enjoy a stroll in the 50-acre garden before the movie. Leu Gardens opens

at 6 p.m. and "Gravity" starts at 8:30 p.m.

The CFCArts String Orchestra will present **Baroque to Beatles**. This classical style concert on Friday, April 4, will take the audience on a journey that will vary from the Baroque era all the way to the twentieth century and the music of the Beatles. The show begins at 7:30 p.m. on Friday, April 4, at Central Christian Church, 250 S.W. Ivanhoe Blvd., Orlando. Tickets are \$10 and are available at cfcarts.com/baroque-to-beatles

APRIL 5

The **Hearts of Gold concert**, benefiting the Coalition for the Homeless of Central Florida, starts at 6 p.m. April 5 with an all-access VIP reception, and the concert, featuring Sister Hazel, begins at 8 p.m. Visit cflhomeless.org for more information and to get tickets.

On Saturday, April 5, **CFCArts will present Summon the Heroes, a concert** featuring its Wind Ensemble. Conveying the many facets and shapes of heroism, the concert will feature sweeping film scores, aggressive and bold brass fanfares. The show will begin at 7:30 p.m. on Saturday, April 5, at Cornerstone Charter Academy, 5903 Ran-

dolph Ave., Orlando. Tickets are \$10 and are available at cfcarts.com/summon-the-heroes

APRIL 7

On Monday, April 7, WUCF-TV's executive director Polly Anderson will be the featured speaker for the monthly meeting of **Winter Park Executive Women** beginning at 11:30 a.m. at the Winter Park Welcome Center. The subject will be "Public Television at its Best." Register at winterpark.org

The University Club of Winter Park presents "**The Xylophone: Its Origins and Use in Rag Time and Novelty Music**" on Monday, April 7, at 10 a.m. Dr. Jeffrey Moore, professor of music and director of the UCF School of Performing Arts will speak. This free presentation will take place at 841 N. Park Ave. in Winter Park.

APRIL 9

Learn about the mechanics of tall floral arrangements with the **Winter Park Garden Club** at 10 a.m. on Wednesday, April 9, at 1300 S. Denning Drive, Winter Park. Floral designer Carol Cavanaugh will demonstrate how to create pleasing arrangements in tall vase containers. Attendance is free. Call 407-644-5770.

Community Bulletin

Tars go global

Ten students from Rollins College were recently participated in the 2014 **Clinton Global Initiative University**, on March 21-23 at Arizona State University. The students competed against thousands of applicants worldwide, and joined nearly 1,200 attendees who were chosen for this year's event. Since 2011, Rollins has had 11 students go to CGIU.

The Clinton Global Initiative University annually brings together young leaders to meet and develop solutions for universal challenges, which are outlined in CGIU's five key areas: education, environment and climate change, peace and human rights, poverty alleviation and public health. The model for the event was inspired by the Clinton Global Initiative, which is geared toward world leaders.

President Bill Clinton established the first CGIU in 2007.

Full Sail scholars

WWE is pleased to announce it has awarded three **\$10,000 scholarships** to the following deserving Full Sail University students: Claribel Ross, a Full Sail University Film graduate and current Entertainment Business student from Chelsea, Mass.; Hamza Aboufirass, a Full Sail Film student from Marrakesh, Morocco; and Hunter Haines, a Full Sail Film student from Dublin, Ohio.

Recipients were chosen for exhibiting exceptional professionalism, creative talent and maintaining good academic standing, while shadowing professional WWE staff and crew during the production of NXT events at Full Sail.

Advanced Digestive Care for Winter Park

The award-winning physicians of Central Florida Hepatology & Gastroenterology bring their exclusive brand of GI care, complete with the most advanced technology, to two Winter Park locations.

As an affiliate of Florida Hospital, ranked by *U.S. News & World Report* as being in the top hospitals for gastroenterology, we offer premier treatment and care for a multitude of digestive and liver conditions and diseases. Further, we have extensive training in hepatology and advanced treatments of the digestive tract. Collectively, the physician team is fluent in English, Spanish, Urdu, Hindi, Punjabi and Farsi.



Rafael Cortes, MD



Maryam Kashi, DO



Irteza Inayat, MD



Ilan Aharoni, MD




TWO, NEW WINTER PARK LOCATIONS

100 N. Edinburgh Drive, Winter Park, FL 32792
242 Loch Lomond Drive, Winter Park, FL 32792

2415 North Orange Avenue, Suite 200, Orlando, FL 32804

407.303.1812 office | 407.303.1815 fax | www.CentralFloridaGI.com




HOLIDAY HANGOVER GOT YOU DOWN?


Apply for a consolidation loan today!


Max Amount	Term 12 mos. or less	Term 13 - 60 mos.
up to \$15,000	as low as 6.50%*	as low as 10.50%*

*Rates based on current credit score.



www.gulfstatescu.org | 407-831-8844
9405 S. Highway 17-92 Maitland, FL 32751





Maitland City Talk
BY HOWARD SCHIEFERDECKER
MAYOR

Outdoor fun in April

Keep Maitland in mind when making plans for April. Residents and guests of all ages and all walks of life will appreciate Maitland's seasonal events happening in the Cultural Corridor and along U.S. Highway 17-92 this month. Join us for a screening of "Cloudy with a Chance of Meat-

balls 2" on Saturday, April 5, at 8 p.m. at Quinn Strong Park. For more information related to Movies in the Park, please visit itsmymaitland.com/community-events.aspx

The Movie in the Park at Quinn Strong Park is not the only film event occurring in April. The Florida Film Festival, presented by Maitland's own Enzian Theater, begins on Friday, April 4, through Sunday, April 13. In its 23rd year, this year's festival features 170 films from 32 genres in 10 days. Celebrity guests this year include Giancarlo Esposito of "Breaking Bad" fame and Paul Sorvino, whose filmography includes "Goodfellas" and "William Shakespeare's Romeo & Juliet." To kick off the festival, the Enzian will host an opening night event at the Regal Winter Park Cinema at 7 p.m. with a screening of "The Trip to Italy." Check out the Florida Film Festival website at floridafilmmfestival.com and its Facebook page for festival details, including schedule, movie summaries and ticket information.

The grand opening and ribbon-cutting ceremony for Maitland's new SunRail station will be on Friday, April 11, beginning at 1:30 p.m. A program featuring U.S. Representative John Mica and Florida Department of Transportation's director of transportation development Frank O'Dea begins at 2 p.m. Event parking only will be available at the Maitland City Hall at 1776 Independence Lane. Shuttles will transport attendees from off-site parking to the station. Attendees will be able to tour the station, trains, and ticket kiosks, and SunRail staff will be present to answer questions. Light refreshments will be provided.

The Art & History Museums-Maitland will host Ladies' Art Lounge on April 4 and Culture Pop on April 11. The spring session of A&H's classes and workshops will begin meeting on April 8. Visit artandhistory.org for more information.

The Maitland Area Chamber of Commerce's Spring Festival of the Arts will showcase the work of 125 artists and craftsmen on April 12 and 13 at Lake Lily. So stop by from 9 a.m. to 5 p.m.

on Saturday or 10 a.m. to 4 p.m. on Sunday for art, sun and fun. Music from the Performing Arts of Maitland and children's activities also will be presented at this year's event. Festival prizes will be awarded on Saturday. For more information, please visit maitlandchamber.com

Finally on April 10, the Holocaust Center will host a forum titled, "Diaries and Letters: Primary Sources for Holocaust Education." Participants will study letters, postcards and diaries written during the Holocaust. The event begins at 6 p.m. Follow this link for class details: holocaustedu.org/education/teacher_training/teacher_forums

If you haven't done so already, don't forget to schedule time to check out the Audubon Center for Birds of Prey. They rescue, treat, rehabilitate, and release raptors found in Florida, including bald eagles, ospreys, kites, owls and falcons. You can get an up-close look and an education of a variety of bird species. The website for more information is fl.audubon.org/audubon-center-birds-prey



The Learning Tree is a Ministry of First Baptist Church of Winter Park

We offer Full-Day Infant Care and Childcare Year-Round, Preschool Classes, Summer Camp, and much more!

Established in 1972 - we are celebrating 41 years of service this year.

1021 New York Avenue N., Winter Park, Florida 32789
(407) 628-1761 • www.mylearntree.org
We are licensed through Department of Children and Families (C07OR0154)



Are you ready to get rid of that old paperwork?

Join
Commerce National Bank & Trust
for the
8TH ANNUAL SHRED EVENT

Invite family, friends & neighbors to take advantage of this free service.

EVERYONE IS WELCOME!

We'll even treat you to lunch while your items are shredded!

Friday, April 25, 2014 10:00 - 2:00
1201 South Orlando Avenue in Winter Park
(corner of 17-92 & Orange Avenue)

Limit 8 boxes per person.
To arrange for larger quantities, call Pat at 407-622-8181 ext 101.

This service is intended for shredding documents of a sensitive nature such as tax documents, medical or financial records. Newspapers and magazines can be recycled through your normal recycling service.







WINTER PARK'S ULTIMATE FOODIE FESTIVAL
WEDNESDAY, APRIL 16, 2014 FROM 5-8PM

Winter Park Farmers' Market

PRESENTED BY
 CenturyLink™

All inclusive tickets feature

- Unlimited food and beverage samples from the area's top restaurants, caterers and beverage purveyors
- Live entertainment
- Raffle prizes

Tickets and information at www.winterpark.org or call 407-644-8281
[facebook.com/tasteofwinterpark](https://www.facebook.com/tasteofwinterpark) or @WinterParkTaste on Twitter



















Winter Park City Talk
BY RANDY KNIGHT
 CITY MANAGER

Let's enjoy spring

Spring Pops Concert

The city of Winter Park will proudly host the Orlando Philharmonic Orchestra as they present Spring Pops "Voices of Spring" on Sunday, April 6, at 7 p.m. in charming Central Park in downtown Winter Park. Bring your blankets and lawn chairs to enjoy an evening of heart-warming music under the stars. This wonderful performance is made possible by a generous grant from the Charlotte Julia Hollander Trust. The event is free and open to the public.

Conductor Paul Hostetter will lead the Orlando Philharmonic in a program titled "Voices of Spring," featuring light classical works and selections from American musical classics by Leonard Bernstein, Leroy Anderson, George Gershwin, Rodgers & Hammerstein and Lerner & Lowe. Featured soloists Natalie Cordone and Shawn Kilgore will perform "The Girl from Ipanema," "It Might as Well Be Spring" from "State Fair," "Oh What a Beautiful Morning" from "Oklahoma!," "Do-Re-Mi" from "The Sound of Music," and others.

Paul Hostetter is the conductor and artistic advisor for the acclaimed Sequitur Ensemble, the

principal conductor of the New York Concerti Sinfonietta, and the founder and artistic adviser to the Music Mondays chamber series in New York City. He has served as associate conductor for the Broadway productions of "Candide" and "The Gershwins' Fascinating Rhythm," and appears as a guest conductor at opera companies and orchestras across the United States.

Natalie Cordone has performed Off-Broadway, with the Orlando Opera, and recently had her TV debut on MTV's new half-hour comedy "The Inbetweeners." She is a regular performer at The Winter Park Playhouse including parts in "Nunsense" as Sister Mary Amnesia and "Steppin' Out with Irving Berlin."

Shawn Kilgore played as Billy Bigelow in "Carousel" with the Orlando Philharmonic Orchestra and Orlando Ballet in 2012.

To learn more, please visit orlandophil.org or call the Philharmonic box office at 407-770-0071.

Students join together in unity

The city of Winter Park and the Multifaith Education Project are proud to announce the 11th annual

Trees for Peace Interfaith Tree Planting Project, Tuesday, April 8 in Central Park West Meadow located at 150 N. New York Ave. in downtown Winter Park. Mayor Ken Bradley will begin the ceremony at 11:30 a.m. and the program will be led by Louise Franklin Sheehy, director of the Multifaith Education Project.

More than 100 Christian, Jewish and Muslim students and faculty, representing the Geneva Christian School, the Jewish Academy and Leaders Preparatory School, will join together to plant trees for peace. In recognition of their commitment to work together in the spirit of unity, the students will plant 10 trees and bless them in traditional manner according to each faith. They will then celebrate the occasion with a picnic on the lawn of the park.

The city of Winter Park's Urban Forestry Division will supervise the students in planting the trees including Eastern redbuds, flowering dogwoods, Sweetbay magnolias, fringetrees and live oaks. In addition, the division will donate a tree to each school so the students can hold their own tree planting ceremony on their respective school properties to remind them of this event for years to come.

This unique tree planting project represents a continuing effort to encourage children to appreciate diversity while building positive relationships with people of other faiths. The Trees for Peace project is also dedicated to teaching students to be "stewards of the earth."

Call to artists!

The city of Winter Park and the Winter Park Public Art Advisory

Board announce a call to artists for Art on the Green 2014, an exhibition of outdoor sculptures in Central Park located in downtown Winter Park. Joseph H. Seipel, sculptor, educator and Dean of the Virginia Commonwealth University School of the Arts, will serve as guest curator for Art on the Green 2014. The exhibition will run from Monday, Sept. 1, 2014, through March 1, 2015.

Artists nationwide who have participated in at least three previous juried shows are encouraged to submit entries for the competitive selection process now through Monday, April 21, 2014. Complete details regarding artist entries may be found by visiting the city's official website at cityofwinterpark.org/AoG

Winning entries to be included in the exhibition will be announced Monday, May 19. Each of the six selected artists will receive a \$2,000 honorarium.

For more information regarding Art on the Green, a project of the Winter Park Public Art Advisory Board, please call 407-599-3498.

Spring Cleanup

Spring is here and now is the time for spring cleaning! The city

of Winter Park encourages residents to participate in the city's annual Spring Cleanup. This cleanup provides an extra "bonus" pickup day so that residents can dispose of old furniture, broken appliances and other bulky items. To take advantage of this convenient service, residents must place their items curbside after 5 p.m. on the evening prior to their second regularly scheduled pickup day.

If you live north of Fairbanks/Aloma avenues, your bonus day will be the week of May 5.

If you live south of Fairbanks/Aloma avenues, your bonus day will be the week of May 12.

Please note: Hazardous waste, electronics and yard waste are not included in the Spring Cleanup.

If you live in a townhome or condo, please contact Waste Pro directly for a large item pickup.

For more information regarding Winter Park's Annual Spring Cleanup, please contact Utility Billing Customer Service at 407-599-3220 or Waste Pro at 407-774-0800.

Visit the city's official website at cityofwinterpark.org, find us on Facebook, follow us on Twitter, watch us on Vimeo.



Michael Flurkey
 Building Contractor, Inc.
www.michaelflurkey.com
 Commercial - Residential Construction and Roofing
321-388-5680

State Certified Building Contractor License # CBC1254564
 State Certified Roofing Contractor License # CCC1328753

We make business happen.



We are really lending

City National Bank is a full service commercial bank. We lent more than \$2 billion during the last two years.

- Business Term Loans
- Equipment/Inventory Financing
- Accounts Receivable Lending
- Capital Improvement Loans

- Professional Lines of Credit
- Small Business Lending
- Owner-Occupied Commercial Mortgages
- SBA Loans

- Residential Mortgages*
- Home Equity Lines of Credit*

Please visit any of our banking centers from Orlando to Miami or contact us at 1-800-435-8839.



citynational.com



Member FDIC
 * Loans are subject to credit and collateral approval.

Lifestyles

Fundraiser helps keep parents near kids in need

Ice Cream Social to benefit the Ronald McDonald House

BRITTNI LARSON
Observer staff

Each night, Christy and Jason Roschen were able to put their newborn Macy to bed. Like any 'first' tradition, the newness made it precious and special to do these tasks that eventually become an everyday routine – putting little toes into pink pajamas, nuzzling soft cheeks while reading a bedtime story, and kissing their tiny Macy before she was laid down in her bed.

But when they laid Macy down to go to sleep, it was in a hospital's crib instead of the one they had ready for her at home, nearly an hour away. And despite home being so far away, every night they were able to be so close to her at bedtime, because they made a new home right across the street from Florida Hospital for Children at the Ronald McDonald House.

Each evening they'd leave the hospital and be warmly welcomed by people who understood what they were going through, be it other parents in the same situation or the people who worked at the House.

"It was always with open



PHOTO BY BRITTNI LARSON — THE OBSERVER
Christy and Jason Roschen could stay with daughter Macy thanks to Ronald McDonald House, which helps house parents near the hospital when their children are there for long-term care.

arms," Christy said. "First words out of their mouths when they saw you was, 'How is Macy?'"

There are two Ronald McDonald Houses in the Central Florida area where families whose children are being treated in nearby hospitals can stay for free. Both

houses have served more than 20,000 families since opening in 1996, where they have their own private room and bathroom with common areas to have meals, relax and let their other children play. Stays average 11 days, but can go up to a year in some cases. The

because a parent's touch can make all the difference in the comfort of a sick child.

"We know for a fact that children heal better, and in many cases faster, if their families are close by," said Linda Mayfield, chairman for the event.

alternative for most families before the homes were built were to not be able to see their child each day, make long commutes, or sleep on cots or chairs, or even in cars.

This weekend, the public has a chance to help the organization continue to serve more families in need by attending the fourth annual Ice Cream Social on April 6 at the Winter Park Civic Center. At the Social, you can try ice cream frozen by liquid nitrogen, create your own sundaes and floats, and kids can have fun getting their faces painted or watching a ventriloquist perform.

Organizers say it's an important cause

The fourth annual Ice Cream Social takes place April 6 from 1 to 5 p.m. at the Winter Park Civic Center. The event is a fundraiser to support the Ronald McDonald House Charities of Central Florida, which benefits the Ronald McDonald Houses, where families whose children are being treated in nearby hospitals can stay for free. Tickets can be purchased at the door for \$7, or in advance for \$5 by contacting Linda Mayfield at 407-677-1552.

For more information about the Ronald McDonald House and learn more about setting up a stay, visit ronaldmcdonaldhouseorlando.org

That's what the nurses kept telling the Roschens.

"Your touch is the only thing that's going to make her better," Christy said.

Macy was born with intestinal issues, and had to stay in the hospital for almost five months after having 14 inches of her small intestine removed – a serious procedure. During that time, rather than making the hour trek from Cocoa to the hospital every day or sleeping in a chair in their daugh-

■ Please see **MCDONALD** on next page

Small Business FORUMS

Learn about Federal, state and local resources to develop or expand business. Experts from the Small Business Administration, Department of Commerce, Seminole State College Small Business Development Center, Enterprise Florida and local banks.

- SBA Programs & Financing
- Federal Market Contracting
- Exporting
- Agency Experts

When:
April 11th • 8-10am

Where:
**Oviedo Mall
Community Room**
1700 Oviedo Mall Blvd.
Oviedo, FL 32765

For questions or assistance please contact a District Office:
Maitland 407-657-8080
Oviedo 407-366-0833
Deltona 386-860-1499

Sponsored by
U.S. Congressman John L. Mica

www.mica.house.gov

MCDONALD | Fundraiser will help kids in hospital

■ CONTINUED FROM PREVIOUS PAGE

ter's room, Christy and Jason were able to stay at the Ronald McDonald House, which is within walking distance.

So despite their fear of bumping the scars Macy had accumulated already as a newborn, and the worry of grazing the IV in her head, Macy's mom and dad cuddled and kissed their daughter. And they wouldn't have been able to do that nearly as much without the Ronald McDonald House.

And while it took a bit to adjust, the Roschens made both their and Macy's rooms a home, decorating for each holiday they spent there – a tinsel heart sparkled on Macy's window for Valentine's Day, and during Christmastime a 2-foot tree weighed

down with as many lights as would fit glowed in the Roschens' room.

"It felt like home, you made it home," Jason said.

So did the people there. Christy's best friend is a mom she met at the Ronald McDonald House. Orlando has become a second home for the family, who chose to keep Macy's Orlando doctor despite the long drive from Cocoa. And the trips are also a chance to visit the nurses who became family at Florida Hospital and the employees at the Ronald McDonald House.

And now, a healthy 2-year-old Macy goes with her parents to visit the Ronald McDonald House they made a home for her days and milestones.



ARCHIVE PHOTO BY ISAAC BABCOCK — THE OBSERVER

Dry ice makes for magical ice cream at the McDonald House Ice Cream Social, which is coming up April 6.

APRIL SPECIAL START TODAY FOR \$49



MY HOUSE FITNESS®
PERSONAL TRAINING

Individual Session Pricing | Month to Month Pricing
Appointments Only | Real Equipment | Experienced Trainers



GET RESULTS

No Long-Term Contracts
Client Centered - It's all about YOU!

GROUP CLASSES AVAILABLE

New twist on your old boring boot camp workouts.

ONE-ON-ONE TRAINING

Your trainer will know you, your history and fitness goals.

DATE NIGHT / FAMILY TRAINING

Train together for health and a stronger relationship.



www.myhousefitness.com

400 S. Orlando Ave. Ste 102 • Maitland • 407-792-1220

Next to Francesco's



Florida Institute of Technology

Orlando

WE PREPARE EXCEPTIONAL LEADERS



INSTANT DECISION DAY

*Application
Fee Waived!*

Considering
pursuing a master's
degree from Florida

Tech's **Orlando** site? Join us for:

- Information session
- Meet & greet with faculty/staff
- Food and drinks
- Easily apply and enroll*

WEDNESDAY, APRIL 9 4-7 P.M.

2420 Lakemont Ave., Suite 190

Orlando, FL 32814

Register by April 7 to orlando@fit.edu

CONTACT US TODAY

www.fit.edu/orlando

(407) 629-7132 | orlando@fit.edu

*Admittance is contingent upon receipt of official academic records.

Florida Institute of Technology is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award associate, baccalaureate, master's, education specialist and doctoral degrees. Florida Institute of Technology does not discriminate on the basis of race, gender, color, religion, creed, national origin, ancestry, marital status, age, disability, sexual orientation, Vietnam-era veterans status or any other discrimination prohibited by law in the admission of students, administration of its educational policies, scholarship and loan programs, employment policies, and athletic or other university sponsored programs or activities.

Knights streaking as Tars try to recover

ISAAC BABCOCK
Observer staff

Six games deep into American Athletic Conference play, the Knights haven't lost a baseball game as they approach their grudge match of the season against USF.

Against Temple last weekend, just like Cincinnati the weekend before that, it wasn't even close. The Knights would sweep the Owls by 6-4, then 8-2, then 12-5 in a constant battering that only got stronger as the series went forward.

In that brutal final game the Knights would score in five of eight innings, with designated hitter Sam Tolleson going three-for-three with four RBI and two

walks, putting his on base percentage for the game at a perfect 1.000 while teammate Erik Barber went two-for-three with two RBI, and two beanings that allowed him to score four runs. Barber and James Vasquez would both hit their second home runs of the season in the game.

Meanwhile Zach Rodgers picked up his third win of the season on a three-inning, four-strikeout effort.

Tuesday night the Knights trav-



PHOTO BY ISAAC BABCOCK — THE OBSERVER
Knights pitching dominated AAC opponents last week, keeping them undefeated.

eled all the way to Jacksonville for a showdown against the University of North Florida at press time. After that one-night-only

followed by 6 p.m. April 5, then 1 p.m. April 6. The Knights return home April 9 to host Miami, taking the field at 6:30 p.m.

event they'll head down to Tampa this weekend for a three-game series against USF.

The Bulls (17-10, 4-2) are right below the conference-leading Knights (17-12, 6-0) in the standings. The Knights have also only played the two worst conference teams so far.

The first game is at 7 p.m. April 4, followed by 6 p.m. April 5, then 1 p.m. April 6. The Knights return home April 9 to host Miami, taking the field at 6:30 p.m.

Rollins baseball

The Tars' struggles on the diamond continued in Miami Shores as they took game one against Barry but then lost the next two to close out the series. Now the Tars (13-16, 1-11) will only barely break even in Sunshine State Conference play if they can win all of their games for the rest of the season.

That seems less than likely after their first 11 conference losses. Most of those losses weren't even close, adding up to a combined margin of 68-25 in that span.

They played Saint Leo at press time Wednesday, and will keep up their homestand starting at 6 p.m. April 4 against Florida Tech (19-15, 3-9), then 3 p.m. April 5 and 6 p.m. that same day.

Guest artist season comes to laudable close

LOUIS RONEY
Observer columnist

The recital of cellist Alisa Weilerstein and pianist Inon Barnatan on Sunday, March 30, in Tiedtke Hall presented by the Bach Festival Society turned out to be an impromptu affair.

Pleading illness, cellist Weilerstein did not play the first half as planned, leaving pianist Barnatan with an hour of piano solo to fill the required performing time. He did so nobly and fittingly, by playing a dazzling Men-

delssohn "Capriccio" followed by the lengthy, weighty and Beethoven-esque Franz Schubert Sonata in A Major, (1828).

Remembering these artists from last season's Academy of St. Martin's In The Fields concerto performances, there was no chance that this change in the Sunday program would short change anyone in artistry.

Barnatan's pianism is prodigious, with its clear melodic lines, his nuanced liquid runs and arpeggios, and his musical

concepts that bring forth pianism of satisfying dimensions. He has a charming way of playing very softly in a manner that this reviewer has encountered in only a few other fine pianists.

I asked a charming noted local pianist at the intermission how she was enjoying the concert and she said, "I love it, I stopped breathing about an hour ago!"

After intermission, cellist Alisa Weilerstein appeared on stage and the program proceeded as printed. She is a cellist of

extraordinary talent and her return was welcomed by all who had heard her last season. After performing seven "Selections from 24 Preludes" by Lera Auerbach — which were pleasingly humorous, often atonal, tongue-in-cheek, and even Shostakovian! — Weilerstein and partner Barnatan launched into the final piece on the program, the Sonata in G minor by Sergei Rachmaninoff whose splashing right hand chords were right up Barnatan's pianistic alley.

Evaluating the artistry of these performers calls for listeners who have had many years of concert going, and have heard many of the great master performers. This is artistry at its very best: well thought out, impeccably played and breathtakingly beautiful. Finding two artists who communicate with such perfection is an audience members dream! We joined an audience standing on its feet applauding excellence. Thank you, Bach Festival Society.

Cullen & Hemphill PLC
present the
Eleventh Annual

Doggie ART FESTIVAL

Sunday, April 13th • 10:00am-5:00pm • North Central Park in Winter Park
FEATURING PET RELATED ARTISTS, VENDORS AND ADOPTION ORGANIZATIONS

EVENT SPONSORS: **CULLEN & HEMPHILL** PERSONAL INJURY ATTORNEYS

animal EMERGENCY center

The Doggie Door **unleashed** felching wine & gourmet gifts **Urban Pet** MAGAZINE **NEW THE BARKER**

For more information or artist/vendor space:
407-644-2969 • thedoggiedoor.com

A BENEFIT FOR THE SEBASTIAN HAUL FUND - HELPING GREYHOUNDS REACH THEIR NEW FAMILIES.

Poster art by Shari Sherman

IRS offering 'fresh start' to taxpayers

The Internal Revenue Service is continuing its expansion of the "Fresh Start" initiative by offering more flexible terms to its Offer in Compromise (OIC) program that will enable some of the most financially distressed taxpayers to clear up their tax problems and in many cases more quickly than in the past.

"This phase of Fresh Start will assist some taxpayers who have faced the most financial hardship in recent years," said IRS Commissioner Doug Shulman. "It is part of our multiyear effort to help taxpayers who are struggling to make ends meet."

This announcement focuses on the financial analysis used to determine which taxpayers qualify for an OIC (otherwise known as an IRS Settlement). This announcement also enables some taxpayers to resolve their tax problems in as little as two years compared to four or five years in the past.

In certain circumstances, the changes announced include:

- Revising the calculation for the taxpayer's future income.
- Allowing taxpayers to repay their student loans.
- Allowing taxpayers to pay



state and local delinquent taxes.

- Expanding the Allowable Living Expense allowance category and amount.

In general, an OIC is an agreement between a taxpayer and the IRS that settles the taxpayer's tax liabilities for less than the full amount owed. An OIC is generally not accepted if the IRS believes the liability can be paid in full as a lump sum or a through payment agreement. The IRS looks at the taxpayer's income and assets to make a determination of the taxpayer's reasonable collection potential.

The IRS recognizes that many taxpayers are still struggling to pay their bills, so the agency has been working to put in place common-sense changes to the OIC program to more closely reflect real-world situa-

tions.

When the IRS calculates a taxpayer's reasonable collection potential, it will now look at only one year of future income for offers paid in five or fewer months, down from four years, and two years of future income for offers paid in six to 24 months, down from five years. All offers must be fully paid within 24 months of the date the offer is accepted. The Form 656-B, Offer in Compromise Booklet, and Form 656, Offer in Compromise, has been revised to reflect the changes.

Other changes to the program include narrowed parameters and clarification of when a dissipated asset will be included in the calculation of reasonable collection potential. In addition, equity in income pro-

ducing assets generally will not be included in the calculation of reasonable collection potential for on-going businesses.

Allowable Living Expenses

The Allowable Living Expense standards are used in cases requiring financial analysis to determine a taxpayer's ability to pay. The standard allowances provide consistency and fairness in collection determinations by incorporating average expenditures for basic necessities for citizens in similar geographic areas. These standards are used when evaluating installment agreement and offer in compromise requests.

The National Standard miscellaneous allowance has been expanded to include additional items. Taxpayers can use the miscellaneous allowance for expenses such as credit card payments and bank fees and charges.

Guidance has also been clarified to allow payments for loans guaranteed by the federal government for the taxpayer's post-high school education. In addition, payments for delinquent state and local taxes may be allowed based on percentage basis of tax owed to the state

and IRS.

This is another in a series of steps to help struggling taxpayers under the Fresh Start initiative.

In 2008, the IRS announced lien relief for taxpayers trying to refinance or sell a home. The IRS added new flexibility for taxpayers facing payment or collection problems in 2009. The IRS made changes to lien policies in 2011 and expanded the threshold for small businesses to resolve tax problems through IRS installment agreements. And earlier this year, the IRS increased the threshold for streamlined installment agreements allowing individual taxpayers to set up an installment agreement without providing a significant amount of financial information.

INFO: Peter Pappas is both a tax attorney and Certified Public Accountant. His Baldwin Park firm, The Pappas Group, has been assisting both federal and state taxpayers with their tax problems for more than 25 years. For more information call Peter at 407-648-2555, email him at ppappas@pappaslaw.com or visit pappastax.com

The Baldwin Park tax professionals of The Pappas Group have more than 50 years combined experiencing resolving taxpayer debts through the IRS Offer in Compromise and Fresh Start Initiative programs. We know the process and can help you navigate it properly to greatly increase your chances of resolving your tax debt for less than the amount you owe. Call us today for a free consultation at 407-648-2555. Visit pappastax.com to learn more.

The Joyful Journey Baby Expo Extravaganza



presented by

Journey of Joy
Children's Events

Calling all Moms-To-Be, New Moms and Moms of Toddlers (bring along Dads as special inclusions are there for them also) to this FABULOUS Baby & Toddler Expo Showcase event!

LOTS of Goodies and Extraordinary Giveaways!

When: Sunday, April 27, 2014
2pm - 6pm

Where: Hilton Orlando Hotel
6001 Destination Pkwy
Orlando, FL 32819

Owner/Coordinator: Sandy Isaacs
(407) 272-7522 or sandylisaacs@yahoo.com

Complete event details at <http://journeyofjoychildrensevents.com>.

Sponsors: BuyBuy Baby

BABIES R US

Beaches
Resorts for Everyone by Sandals

Sandals
Luxury Included® Vacations
The perfect getaway for two people in love



WPV Voice

Save the date!

The new Starbucks, in Winter Park Village, will open its doors to the public on April 18th. The store is located in the northwest end of the plaza, along U.S. Highway 17-92, in the former Borders location. Guests can expect a larger indoor seating area, a patio and, most im-

portantly, a drive-thru. The addition of a drive-thru Starbucks adjacent to 17-92 should make the morning commute a little more bearable.

Coming to WPV this spring is the women's clothing store J. Jill, a premier national retailer of women's clothing, accessories and footwear.

They offer easy, relaxed and inspired style that lets you dress confidently and focus on enjoying your life. You'll love their exclusive, original designs and friendly, guiding service. Are you style savvy and looking for an opportunity to work in retail? Visit www.jjill.com for more information on their full-time and part-time availabilities.



Did you know?

April 4 - 13 Regal Cinema will be participating in the Florida Film Festival. This event, held annually, features 10 days of movies ranging in categories

from Florida Films to Retro Films to Documentaries. Special guests for this year's festival include Susan Sarandon featuring Dead Man Walking, and Paul Sorvino

featuring Goodfellas. For more information on the Florida Film Festival and a schedule of movies playing at Regal Cinema, visit FloridaFilmFestival.com



The Cheesecake Factory



Mitchell's Fish Market



P.F. Chang's



TAPS



Brio Tuscan Grille



Ruth's Chris Steak House



Winter Park Village gift cards now available at self-serve kiosk—located in the breezeway near White House Black Market
407.571.2700 | www.ShopWinterParkVillage.net





59th ANNUAL SPRING ORCHID SHOW

“Orchid Rhapsody”

Hosted by Central Florida Orchid Society

Maitland Civic Center

641 South Maitland Ave., Maitland, FL 32751

April 5 & 6, 2014

9am to 5pm each day

Exhibits, Sales, Lectures, Door Prizes, Etc.

Admission \$5 at door

(Bring ad-save \$2)

www.cflorchidsociety.org

CELEBRATING 25 YEARS OF SERVING
THE WINTER PARK/MAITLAND COMMUNITY

LOCAL NEWS. BIG IMPACT.

Subscribe now to keep up with the latest news unfolding in your community.

Winter Park / Maitland
Observer

25TH ANNIVERSARY SPECIAL



Purchase a one-year subscription for only \$25 & get one year FREE!

Visit WPMObserver.com/Subscribe or call 407.563.7013 to order today!



Josh Garrick Culture for your calendar

The new Broadway Series Season at the new Dr. Phillips PAC

The first Fairwinds Broadway Season at the new Dr. Phillips Center for the Performing Arts was unveiled in glittering Broadway fashion on March 18 with Mayor Buddy Dyer and Ron Legler sharing the news along with cast members singing and dancing from "Motown." World-class theater is coming to our new world-class stage, headlined by "The Phantom of the Opera," "Newsies," "Motown the Musical," "Pippin," "Anything Goes" and "I Love Lucy." And by popular demand – the season will also offer the record-breaking

"The Book of Mormon" along with Disney's "Beauty and the Beast." It's an incredible season, and it's your first chance to 'subscribe' for seats in the new Performing Arts Center. Visit OrlandoBroadway.com or call 800-448-6322.

Now through April 20 – Shakespeare takes on Julius Caesar

Shakespeare's version of the death of Julius Caesar explores the link between patriotism and personal ambition at a time when the world was brought to the brink of anarchy. In an already brilliant season for the Shakespeare Center, "Julius Caesar" is another timeless clas-



'JULIUS CAESAR'



sic. Visit OrlandoShakes.org or call 407-447-1700.

Now through April 6 – FRLA celebrates the International Fly-In and Expo

An estimated 250,000 people are expected to attend events this weekend at Lakeland Linder Airport as the Florida Restaurant and Lodging Association presents the 40th annual SUN 'n FUN International Fly-In and Expo. Air-shows will showcase aerobatics and precision flying as guest speakers highlight the history of aviation. As a special attraction, the United States Navy's Blue

Angels will participate in this year's Expo. Visit sun-n-fun.org/FlyIn.aspx

April 4 to 13 – The 23rd annual Florida Film Festival

The Florida Film Festival at the Enzian includes cutting-edge cinema, while indulging in food and wine events, 'industry' parties, and a star-packed



FLORIDA FILM FESTIVAL

attendee list. The Festival plays host to more than 100 visiting directors, producers and award-winning talent – this year including events and appearances by Susan Sarandon, Paul Sorvino, Giancarlo Esposito and Shawn Christensen. For a complete list of films and events, visit floridafilmmfestival.com

April 4 – The CFCArts String Orchestra Presents Baroque to Beatles

In this somewhat classical concert, the CFCArts String



Orchestra will take the audience on a journey that varies from the Baroque to the Beatles. From Vivaldi and Mozart to McCartney and Lennon, the concert will include 30 string musicians, violin soloists and a Concerto Grosso trio. Baroque to Beatles will begin at 7:30 p.m. on April 4 at Central Christian Church, 250 S.W. Ivanhoe Blvd. in Orlando. Tickets are \$10. Call 407-937-1800 or visit cfcarts.com

April 4 to 6 – The Central Florida Home and Garden Show

Spring is finally here, which means it's time for homeowners

■ Please see CULTURE on next page

APRIL 21-26

THE WINTER PARK Paint Out

A CENTRAL FLORIDA PLEIN AIR FESTIVAL

Meet the artists — enjoy the art!
View and Purchase New Paintings Daily

Gardens and Gallery Open, Free to the Public
Monday April 21 — 10 am to 5 pm
Tuesday April 22 through Friday April 26 — 10 am to 6 pm
Saturday April 26 — 10 am to noon

Special Events

Monday, April 21 through Friday, April 25
Free Painting Demonstrations in the Gardens

Wednesday April 23 — 6 to 9 pm
Sunset "Paint-In" at the Winter Park Racquet Club
2111 Via Tuscany, Winter Park, FL 32789
No reservations required. Complimentary Valet.

Saturday April 26 — 6 to 9 pm
"Paint Out Garden Party" – A Plein Air Celebration
Albin Polasek Museum & Sculpture Gardens
Tickets are \$50 in advance, \$80 if available at the door

Purchase your tickets online
www.polasek.org or call (407) 647-6294

Albin POLASEK Museum
Sculpture Gardens

"A Polasek Welcome" by Berto Ortega, acrylic on board.

GOOD MORNING WINTER PARK

The Issues • The Questions • The Discussion • The People

It's the place to be!

Join the Winter Park Chamber of Commerce as it hosts its monthly breakfast program featuring

"Setting the Stage: Dr. Phillips Center for the Performing Arts Update"

FOR THE PERFORMING ARTS

Network with community leaders and business owners.
Learn more about the Dr. Phillips Center's mission, master plan, and grand opening in November 2014.
Engage in a conversation about how you can be involved.

Friday, April 11, 2014
 7:45 a.m. - Networking/ 8:15 a.m. - Program
WINTER PARK WELCOME CENTER
 151 W. Lyman Avenue, Winter Park, FL 32789

A complimentary continental breakfast will be served.
The event is free and open to the public.

For more information, call (407) 644-8281 or visit www.winterpark.org.

Presented by:

Supported by:



CULTURE | Like orchestral music? This is your weekend, with three shows that span centuries of music

■ CONTINUED FROM PREVIOUS PAGE
 ers to get started on home-improvement projects. You'll find inspiration and expertise at the Home and Garden Show this weekend at the Orange County Convention Center. This all-things-about-your-home weekend offers new products and great deals in remodeling, home improvement and gardening with hundreds of experts all under one roof. Look for appearances by celebrity landscaper Ahmed Hassan, chef demos, 'how-tos' by Chris Tice, and designer rooms. Visit CentralFloridaHomeAndGardenShow.com or call 877-871-7469.

April 4 to June 29 – Crealdé presents Paul Kwilecki's Four Decades of Photographs

Paul Kwilecki was born in Bainbridge, Ga., and died there in 2009. In between, he raised a family, ran a hardware store, and spent decades with a camera collecting images around his home. "I know of no single body of work with a reach and resonance of what Paul accomplished in Decatur County," says Tom Rankin of Duke University. The exhibit of 48 silver gelatin prints will be presented at two Winter Park locations: Crealdé's main campus and at the



BAROQUE TO BEATLES

Hannibal Square Heritage Center. Call 407-671-1886 or visit crealde.org

April 5 – Oliveira plays Brahms

Violinist Elmar Oliveira is among this generation's most honored artists. Oliveira is the first and only American violinist to win the Gold Medal at Mos-

cow's Tchaikovsky International Competition and the first violinist to receive the Avery Fisher Prize. Oliveira will take on Brahms's towering Violin Concerto with the Orlando Philharmonic on April 5 at 8 p.m. Call 407-896-6700 or visit Orlando-phil.org

■ Please see CULTURE on page 14



OLIVEIRA PLAYS BRAHMS

KEEP UP WITH MAITLAND NEWS AND EVENTS!
www.IndependenceLane.com
 To sign up for the weekly e-newsletter, go here and click "SUBSCRIBE"
 [Facebook.com/ItsMyMaitland](https://www.facebook.com/ItsMyMaitland)

Want Real Jazz?
WUCF
FM 89.9 ORLANDO


ICE CREAM SOCIAL
 Benefiting Ronald McDonald House Charities® of Central Florida

Tickets
 Available at both Ronald McDonald Houses
\$5 ADVANCE
 or
\$7 DOOR
\$5 SENIORS (AT DOOR)
 Children 3 and under FREE!

Sunday, April 6, 2014
1 - 5 P.M. **4TH YEAR!**

Winter Park Civic Center
1050 Morse Blvd.
Winter Park, FL 32789

JOIN US FOR: Ice Cream Floats, Create A Sundae, "Celebrity Servers", Face Painting, Caricaturist, Special Ice Cream Tasting, Games, "Pin the Cherry on the Sundae", Cake Walk, Silent Auction, Door Prizes, Photo booth and more! Entertainment including special guests throughout! **FEATURING:** Blue Bell Ice Cream, Private Island Ice Cream, Jeremiah's Italian Ice, and Peak Season Pops. Special appearance by ventriloquist Jacki Manna!

For Information and Sponsorship Opportunities Contact:
 Linda Mayfield, Event Chair at 407-677-1552 or lmwp@cfl.rr.com.
www.rmhorlando.org/events

Thank You Sponsors
 (As of 3/25/14)



ORLANDO BALLET
 ROBERT HILL | ARTISTIC DIRECTOR

Beauty & the Beast

April 12th 11AM & 3PM
 Family Series | Bob Carr Performing Arts Centre
TICKETS \$25/\$35

407-426-1739 | ORLANDOBALLET.ORG

Photo: Michael Cairns

CULTURE | Heroism, patriotism, a tribute to the Olympics and more will highlight Summon the Heroes

■ CONTINUED FROM PAGE 13

April 5 – CFCArts presents Summon the Heroes

A concert featuring the Wind Ensemble of the CFCArts Orchestra will celebrate – through music – the many facets of heroism in a concert featuring patriotic film scores, brass fanfares, a reflection on Abraham Lincoln by Aaron Copland, a tribute to the Olympics, and more. Summon the Heroes will begin at 7:30 p.m. on April 5 at Cornerstone Charter Academy at 5903 Randolph Ave.



in Orlando. Tickets are \$10 at cfcarts.com

April 6 – Gold Medal Stars on Ice Tour

The United States' first ice-dancing gold medal in history was won this winter by Meryl Davis and Charlie



White at the Olympic Winter Games in Russia. On April 6 Stars on Ice will visit the Amway Center, and for the first time ever, the U.S. Olympic Figure Skating team will headline the tour. Davis and White will bring the spirit of the Winter Olympics home to the U.S. along with a star-studded cast of champions. Visit amwaycenter.com

April 7 – Film-Maker Ken Burns at Rollins College

As part of a series of talks offered free to the public, the Winter Park Institute at Rollins College will present the celebrated filmmaker Ken Burns on April 7 at 7:30 p.m. For the last three decades, Ken Burns has directed and produced the most acclaimed documentaries of all time, and he will speak about the value and beauty of America's national parks in the Alford Sports Center. The event is free and open to the public. Call 407-691-1995 or visit winterparkinstitute.org



“Carmen” (the ballet) brings the most famous love triangle of all time to the Bob Carr PAC. With blazing intensity and an ironic twist of fate, the free-spirited Carmen tempts fate again and again until she dies at the hands of her beloved. Performed to the music of Georges Bizet and choreographed by Robert Hill, this tragic love story brings the Orlando Ballet's season to a finale on April 11 and 12 at 8 p.m. and April 13 at 2 p.m. Call 407-426-1733 or visit OrlandoBallet.org

Dr. Phillips Center announces preferred caterers

Showing once again that good decisions are being made at the new Dr. Phillips Center for the Performing Arts, it was announced this week that the Center has selected four local companies as ‘preferred caterers’ for the Center. Known for creative menus and exceptional service, Arthur's Creative Events & Catering; Food Glorious Food Catering; Hyatt Regency Orlando International Airport; and Puff 'n Stuff Catering will comprise the catering options for events at the Center – from weddings to conventions. The Dr. Phillips Center will celebrate its grand opening on Nov. 6! Visit drphillipscenter.org

Josh Garrick is a writer, photographer, educator, and fine art curator. He is a member of the Curatorial Council for the Museum of Florida Art. Garrick can be reached at joshgarrick9@gmail.com or 407-522-3906.

And looking ahead ...

April 11 to 13 – ‘Carmen’ – the Ballet

Returning by popular demand,

THE DAVEY TREE EXPERT COMPANY
Discover The Davey Difference.

- * Complete Tree, Shrub & Lawn Care
- * Quality Pruning * Landscape
- * Insect & Disease Management
- * Deep-Root Fertilization
- * ISA Certified Arborists

www.davey.com
DAVEY
 407-331-8020

One Senior Place Orlando presents
Retirement 101
 Thursday, April 10th 5pm to 7pm

Retirement...Where do I start? What needs to be done?

Please join us as these questions and much more will be discussed on Thursday, April 10th from 5pm—7pm at One Senior Place. Meet our professional guest speakers and representatives including financial advisors, attorneys and long term insurance advisors. After our presentations, we will have an expert panel to answer your questions! Space is limited—RSVP to 407.949.6733 today!

This seminar is specifically designed for people under the age of 65.

Special Note: If you are over the age of 65, give this flyer to someone who is under 65. If they attend the seminar, your name will go into a drawing for a \$25 gift card to Publix!

Under 65 Attendee: _____

Referred by: _____ Phone Number: _____



New “Retirementality”
 Five Things Your Need to Address In Your Retirement
 Presented by
 Cindy Price, CFP®
 Price Financial Services



Wealth Management 101
 Presented by
 Tony Keena,
 Estate & Business
 Planning Group



Beginning Stages of Retirement—
 The Legal Perspective
 Presented by
 Randy Bryan,
 The Law Offices of
 Hoyt & Bryan



One Senior Place Orlando
 715 Douglas Avenue, Altamonte Springs, FL 32714
 407.949.6733 | OneSeniorPlace.com



Revolutionizing the way America shops for elder care and services.

Your Dog's Destination for All Things Healthy

Rocky's Retreat
 Canine Health & Fitness Center

BARKING DOG FITNESS™

- Boarding
- Dog Daycare
- Weight loss
- Aqua therapy
- Canine massage
- Reiki
- Fitness and fun swims

RockysRetreat.com

407-295-3888

2826 Shader Rd. Orlando, FL 32808

A Gym for Dogs!

- Customized workouts
- Fitness Classes
- K9GetFit™ Boot Camps

BarkingDogFitness.com

\$20 off your next purchase

This week at Enzian

FLORIDA FILM FESTIVAL, APRIL 4-13
 170+ films in 10 days!
 For showtimes & tickets, visit: FloridaFilmFestival.com

OPENING NIGHT PARTY
 Fri 8PM

LOCALLY FRESH!
 Sat 11AM

AN EVENING WITH GIANCARLO ESPOSITO featuring DO THE RIGHT THING
 Sun 7:30

ITALIAN CINEMA NIGHT
 Sponsored by Buca di Beppo
 6:30PM Film: Investigation of a Citizen Above Suspicion
 8PM: FREE Tasting Reception at Eden Bar fountain area
 9:30PM Film: Cheatin'
 Film tickets are \$11 each. Reception is FREE and open to the public

Wednesday Night Pitcher Show: THE BIG LEBOWSKI
 FREE on the lawn! Wed 8PM

AWARDS BASH!
 Sat 4/12 8PM at Rick's Speakeasy

ENZIAN
 FILM • FOOD • FRIENDS

1300 SOUTH ORLANDO AVE MAITLAND, FL 407-629-0054 WWW.ENZIAN.ORG @EnzianTheater

Opinions



**Chris
Jepson**

Perspectives

You make America better

Benjamin Franklin is credited with coining the expression, "Doing well while doing good." Profiting, in other words, from acting honorably. This proves problematical to many who believe that doing the right thing should be done without any thought of personal benefit. Is that even possible? Help a human being, further a cause, realize a dream, and how can such action not personally redound to the benefit of the benefactor? There is an undeniable inner joy and satisfaction that comes from doing good (for the benefit of humankind). Is that not then doing well while doing good?

Oh, it is argued, of course, an inner peace is achievable when giving self or treasure, but we are culturally cautioned that one must not financially prosper from individual acts of goodness. Oh my, can't have that. Or can (should) we?

I've worked in the nonprofit sector for nearly 40 years and have seen all manners of volunteerism and charity. I've run organizations and development departments and each day was concerned with furthering the organizational mission by increasing the revenue stream (charitable donations). Charities (nonprofits) are challenged with tackling many of America's most pressing issues, but doing good requires a revenue stream that keeps the doors open, the electricity on and the mission vigorously pursued. This is the case whether it is the University of Missouri Extension 4-H Program, the American Diabetes Association, Winter Park Memorial Hospital, Junior Achievement or Habitat for Humanity.

Asking for money is an acquired skill. Few are born with that innate quality, but it definitely helps to have a well-grounded sense of self (and mission) because rejection is inherent in the fundraising process. Donors typically identify themselves by expressing an interest in your mission (by either volunteering and/or giving). Over time, through cultivation and recognition, donors/volunteers increase their commitment and both the organization and individual(s) benefit.

Historically, "giving" is not presented as something that the donor will, in turn, reap a financial windfall. Such "profit" challenges the notion of "charitable" giving.

In an intriguing op-ed in the March 30 edition of the New York Times, Arthur Brooks, president of the American Enterprise Institute, found that, "donors ended up with more income after making their gifts." He observed that, "This was more than correlation; I found solid evidence that giving stimulated prosperity." Mr. Brooks concluded, "If charity raises well-being, there is no obvious reason it would not also indirectly stimulate material prosperity as people improve their lives."

Mr. Brooks explained the reason why. "Charitable giving improves what psychologists call "self-efficacy," one's belief that one is capable of handling a situation and bringing about a desired outcome." Mr. Brooks suggested, "Problem solvers are happier than bystanders and victims of circumstance." And, it would seem, acts of charity and generosity definitely offer a return above and beyond the immediate feelings of happiness and control.

No one is arguing that one should give or volunteer because by doing so you ultimately have more "jingle" in your pocket. No, what has been identified is that meaningful involvement in something "larger" than yourself enriches your life. Enrich in every sense of the word.

Yet, I've worked with mothers who devoted much of their lives to finding cures and better treatments for their sick children as well as with volunteers of faith who built homes for the poor. With no thought at all, other than the cause.

We are all enriched by our nonprofit sector. Make America better. Get involved. Give. It'll pay off.

Jepson is a 27-year resident of Central Florida. He's fiscally conservative, socially liberal, likes art and embraces diversity of opinion. Reach him at Jepson@MEDIAmerica.US



**Louis
Roney**

Play On!

Women and such

• I love women. I respect women. My mother was a woman, a Republican, and I had a very good upbringing. My wife is a Republican woman and I have a great marriage. Who's kicking? I think women are not only the equal of men, but in some ways are superior—I think women are simply wonderful! My family's women furnished the requisites that we males somehow forgot to bring along to the picnic. Let me only say that I would not have gotten anywhere in this world without the help of the quality women who have lavished their own strengths on me. My grandmother, mother, sister, daughter, and of course, b.w. and scads of women, who are very close friends, have all been irreplaceable to me. We men lean individually and collectively upon women from the time we get up in the morning until we go to bed at night. To use a biblical phrase, women are "our strength and our redeemers." They help us achieve great things and help us keep our feet out of the quicksand of wacky ideas we men-folk often stray into. Women may often share their tears with us, but then they help us along the way by laughing at some of the screwball ideas that have entranced us guys. Women see our strong points and forgive those weaknesses that make them laugh us back into sanity again. The guy that joked, "take my wife ... please!" didn't deserve the wife he had or any other! I wonder if he ever thanked her for all the time her tact got him out of a mess, and, maybe even saved his job for him. How often did she pump him full of the positive energy he needed to overcome negatives that had laid him low? Men like to play with fire and are big risk-takers; women are fire extinguishers and lead men home safely from their adventurous tomfoolery. Don't knock women—Not to me!

• I was happy to receive a phone call from Richard Tolle, whose wife Joie and he were pals of my b.w. and mine when he was running the Lakemont YMCA where b.w. and I often swim. Richard tells me he is retiring in the near future and that he and Joie may be somewhere in our

neighborhood again — we hope so. The Tolles have been living in Hinesville, Ga., where Richard is head of the big Y there. Hinesville was the home of three signers of the Declaration of Independence: Button Gwinnett, Lyman Hall and George Walton, and is now the home of the giant U.S. Army 3rd Division's, Fort Stewart, the largest Army installment east of the Mississippi.

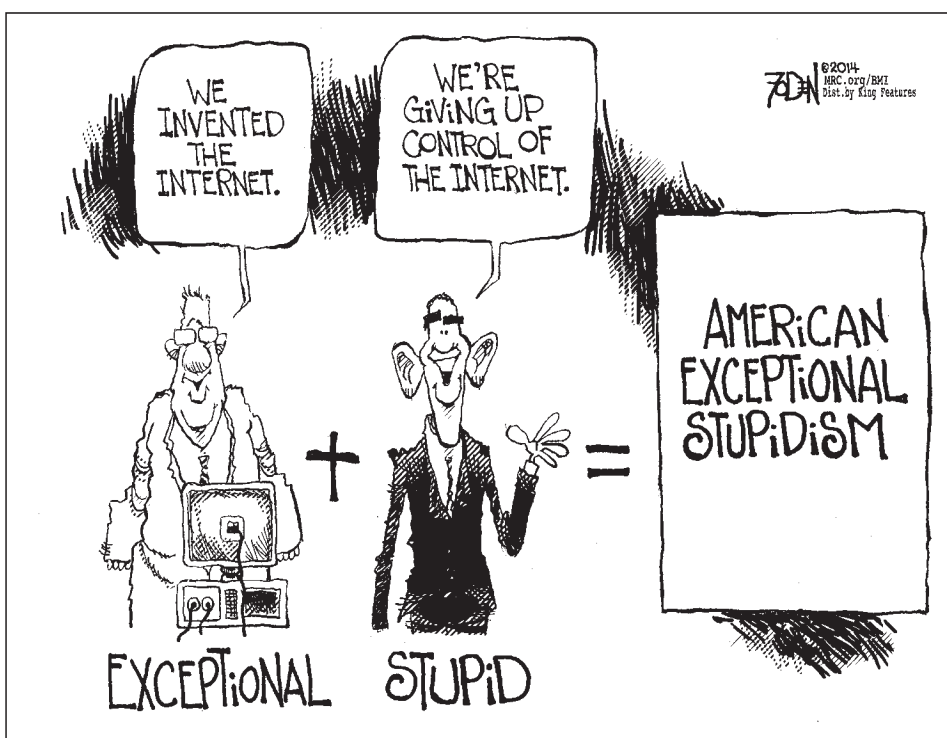
• My b.w., Joy, is well named. For she manages to bring joy with her wherever she goes. She is the spirit of generosity when it comes not only to material things but, more importantly, in the giving of herself and all her many talents to other people. She has been letting me in on her lagniappe for 34 marvelous years. Together we have accomplished lots of things that have brought pleasure not only to us, but we hope, to others. She is demonstrably some 17 percent smarter than I am, and her intelligence has propped up my own.

• At this time our president is speaking in Holland at the Hague, where he has eluded to, "what would the U.S. do if the Russians attacked NYC with nuclear weapons?" Well, Mr. President, I do not think we should have to improvise on the spot, but simply initiate retaliatory actions that you should already have in place as a red button on your desktop.

Our president seems to have a "Gone with the Wind" syndrome: "I'll think about that tomorrow!" (But he doesn't have Scarlett's charm.) Plan-less, Obama is putting us at the mercy of every passing breeze. Maybe we'll muddle through as we have always done and be relieved just at having survived. I personally cannot help thinking of the importance of Washington, D.C., where we have our president, Congress and Supreme Court. What would happen if they were attacked? Do we have such emergency plans in place, Mr. Obama?

About Roney:
Harvard '42—Distinguished Prof, Em.—UCF
2004 Fla. Alliance for the Arts award
(Assisted by beautiful wife Joy Roney)

EDITORIAL CARTOONS



ORANGE COUNTY

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF RESCHEDULED SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF RESCHEDULED SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF RESCHEDULED SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE IS HEREBY GIVEN that the Clerk of the Circuit Court of Orange County, Florida...

NOTICE IS HEREBY GIVEN that the Clerk of the Circuit Court of Orange County, Florida...

YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage covering the following real and personal property...

NOTICE IS HEREBY GIVEN Pursuant to an Order Rescheduling Foreclosure Sale dated on or about February 20, 2014...

NOTICE IS HEREBY GIVEN Pursuant to an Order Rescheduling Foreclosure Sale dated on or about February 20, 2014...

NOTICE IS HEREBY GIVEN Pursuant to a Final Judgment of Foreclosure dated on or about March 20, 2014...

AMERICANS WITH DISABILITIES ACT. If you are a person with a disability you need any accommodation in order to participate in a court proceeding...

AMERICANS WITH DISABILITIES ACT. If you are a person with a disability you need any accommodation in order to participate in a court proceeding...

AMERICANS WITH DISABILITIES ACT. If you are a person with a disability you need any accommodation in order to participate in a court proceeding...

AMERICANS WITH DISABILITIES ACT. If you are a person with a disability you need any accommodation in order to participate in a court proceeding...

AMERICANS WITH DISABILITIES ACT. If you are a person with a disability you need any accommodation in order to participate in a court proceeding...

AMERICANS WITH DISABILITIES ACT. If you are a person with a disability you need any accommodation in order to participate in a court proceeding...

DATED this 25th day of March, 2014. CHRIS BERTELS, Esquire Florida Bar No. 98267...

DATED this 25th day of March, 2014. CHRIS BERTELS, Esquire Florida Bar No. 98267...

DATED this 25th day of March, 2014. EDDIE FERNANDEZ, Esquire Florida Bar No. 98267...

DATED this 27th day of March, 2014. ERIC DELETOILE, Esq. FL Bar # 71675...

DATED this 27th day of March, 2014. ERIC DELETOILE, Esq. FL Bar # 71675...

DATED this 27th day of March, 2014. ERIC DELETOILE, Esq. FL Bar # 71675...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF RESCHEDULED SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF RESCHEDULED SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated March 12, 2014, and entered in 2012-CA-002203-O of the Circuit Court of the Ninth Judicial Circuit in and for Orange County...

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated December 12, 2013, and entered in 2010-CA-013256-O of the Circuit Court of the Ninth Judicial Circuit in and for Orange County...

NOTICE IS HEREBY GIVEN that pursuant to the Final Judgment of Foreclosure dated June 22, 2010, and entered in Case No. 2009-CA-034079-O of the Circuit Court of the Ninth Judicial Circuit in and for Orange County...

NOTICE IS HEREBY GIVEN that in accordance with the Final Judgment of Foreclosure dated March 11, 2014 entered in Civil Case No. 2010-CA-014999-O of the Circuit Court of the Ninth Judicial Circuit in and for Orange County...

NOTICE IS HEREBY GIVEN Pursuant to an Order Rescheduling Foreclosure Sale dated February 13, 2014, and entered in Case No. 2010-CA-002178-O of the Circuit Court of the Ninth Judicial Circuit in and for Orange County...

NOTICE IS HEREBY GIVEN Pursuant to a Final Judgment of Foreclosure dated on or about March 20, 2014, and entered in Case No. 2010-CA-026537-O of the Circuit Court of the Ninth Judicial Circuit in and for Orange County...

DATED this 27 day of March, 2014. By: PHILIP JONES Fla Bar: 107721...

DATED this 27 day of March, 2014. By: PHILIP JONES Fla Bar: 107721...

DATED in Orlando, Florida, this, 26 day of March, 2014. MARC JANDY, Esq. Florida Bar No. 0091735...

DATED this 27 day of MARCH, 2014. By: KEITH LEHMAN, Esq. FBN 85111...

DATED this 27 day of MARCH, 2014. By: KEITH LEHMAN, Esq. FBN 85111...

DATED this 27 day of MARCH, 2014. By: KEITH LEHMAN, Esq. FBN 85111...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT, IN AND/OR ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT, IN AND/OR ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT, IN AND/OR ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT, IN AND/OR ORANGE COUNTY, FLORIDA...

SUBSEQUENT INSERTIONS

NOTICE OF RESCHEDULED SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

LOT 142, RESERVE AT WEDGE-FIELD UNTI 4, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 53 PAGES 88 AND 89 OF THE PUBLIC RECORDS OF ORANGE COUNTY, FLORIDA...

NOTICE OF SALE PURSUANT TO CHAPTER 45 IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

FROM THE WEST 1/4 CORNER OF SECTION 22, TOWNSHIP 22 SOUTH, RANGE 32 EAST; RUN NORTH 89 DEGREES 59 MINUTES 48 SECONDS EAST 672.40 FEET; THENCE NORTH 89 DEGREES 59 MINUTES 48 SECONDS EAST 645.00 FEET; THENCE NORTH 217.00 FEET FOR POINT OF BEGINNING, CONTINUE THENCE NORTH 167 FEET; RUN THENCE NORTH 89 DEGREES 59 MINUTES 48 SECONDS EAST 645 FEET; THENCE SOUTH 167 FEET; THENCE SOUTH 89 DEGREES 59 MINUTES 48 SECONDS WEST 645 FEET TO POINT OF BEGINNING, ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

FROM THE SOUTHWEST CORNER OF LOT 8, BLOCK A, KING'S GROVE SUBDIVISION, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK R, PAGE 40 OF THE PUBLIC RECORDS OF ORANGE COUNTY, FLORIDA...

NOTICE OF FORECLOSURE SALE PURSUANT TO CHAPTER 45 IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

UNIT 10201, PHASE 1, VISTA CAY AT HARBOR SQUARE, A CONDOMINIUM, ACCORDING TO THE DECLARATION OF CONDOMINIUM AND ALL ITS ATTACHMENTS AND AMENDMENTS AS RECORDED IN OFFICIAL RECORDS BOOK 8613, PAGE 1168, AS AMENDED BY AMENDMENT TO DECLARATION AS RECORDED IN OFFICIAL RECORDS BOOK 8620, PAGE 3104, AS AMENDED BY AMENDMENT TO DECLARATION AS RECORDED IN OFFICIAL RECORDS BOOK 8669, PAGE 1526, AS AMENDED BY AMENDMENT TO DECLARATION AS RECORDED IN OFFICIAL RECORDS BOOK 8736, PAGE 4315, OF THE PUBLIC RECORDS OF ORANGE COUNTY, FLORIDA...

NOTICE OF SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR ORANGE COUNTY...

FROM THE SOUTHWEST CORNER OF LOT 8, BLOCK A, KING'S GROVE SUBDIVISION, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK R, PAGE 40 OF THE PUBLIC RECORDS OF ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

DATE WHICH IS WITHIN 30 DAYS AFTER THE FIRST PUBLICATION, if any, on Elizabeth R. Wellborn, P.A., Plaintiff's Attorney, whose address is 350 Jim Moran Blvd., Suite 100, Deerfield Beach, Florida 33442, and file the original with this Court either before service on Plaintiff's Attorney or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the Complaint or Petition.

GREENS 06 MINUTES 49 SECONDS WEST 136.75 FEET TO THE NORTHWEST CORNER OF SAID LOT 8; THENCE EAST ALONG THE NORTHERLY BOUNDARY OF LOT 8, A DISTANCE OF 195.0 FEET; THENCE SOUTH 00 DEGREES 11 MINUTES 20 SECONDS EAST 172.0 FEET TO A POINT ON THE NORTHERLY RIGHT OF WAY LINE OF KING COURT (NOW KNOWN AS ROBINSON AVENUE); THENCE WEST ALONG SAID RIGHT OF WAY LINE 65.0 FEET TO THE POINT OF BEGINNING...

NOTICE OF SALE PURSUANT TO CHAPTER 45 IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

LOT 1, RIVERA SHORES, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 2, AT PAGE 128, OF THE PUBLIC RECORDS OF ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

NOTICE OF SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR ORANGE COUNTY...

CONDOMINIUM UNIT 19-14, THE AVALON, A CONDOMINIUM, TOGETHER WITH AN UNDIVIDED INTEREST IN THE COMMON ELEMENTS, ACCORDING TO THE DECLARATION OF CONDOMINIUM THEREOF RECORDED IN OFFICIAL RECORD BOOK 8217, PAGE 1960, AS AMENDED FROM TIME TO TIME, OF THE PUBLIC RECORDS OF ORANGE COUNTY, FLORIDA...

NOTICE OF ACTION IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

DATE WHICH IS WITHIN 30 DAYS AFTER THE FIRST PUBLICATION, if any, on Elizabeth R. Wellborn, P.A., Plaintiff's Attorney, whose address is 350 Jim Moran Blvd., Suite 100, Deerfield Beach, Florida 33442, and file the original with this Court either before service on Plaintiff's Attorney or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the Complaint or Petition.

NOTICE OF SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR ORANGE COUNTY...

CONDOMINIUM UNIT NO. TH20, THE LAKES AT MAITLAND CONDOMINIUMS, ACCORDING TO THE DECLARATION THEREOF, AS RECORDED IN OFFICIAL RECORDS BOOK 8891, PAGE 3602, OF THE PUBLIC RECORDS OF ORANGE COUNTY, FLORIDA...

NOTICE OF RESCHEDULED SALE IN THE CIRCUIT COURT OF THE NINTH JUDICIAL CIRCUIT IN AND FOR ORANGE COUNTY, FLORIDA...

DATE WHICH IS WITHIN 30 DAYS AFTER THE FIRST PUBLICATION, if any, on Elizabeth R. Wellborn, P.A., Plaintiff's Attorney, whose address is 350 Jim Moran Blvd., Suite 100, Deerfield Beach, Florida 33442, and file the original with this Court either before service on Plaintiff's Attorney or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the Complaint or Petition.

A trip inside the mind of a dementia sufferer

Simulator gives a haunting glimpse into life with dementia

BRITTNI LARSON
Central Florida Senior

The room was dark and blurry, and a constant trickle of pain radiated from my feet. I was being told some simple tasks to complete, but I couldn't hear much of the instructions because of the other cacophony of noises blasting in my ears — the white noise of a television with lost signal, the jabbering of voices of intelligible words, and the occasional sharp siren that made me jump. I told the instructor I couldn't hear, but all I got was, "You're fine, go ahead." Couldn't she understand me? I had already been told that no help would be given, but I'd somehow already forgotten that.

I knew I had to fold some towels, so I began doing that. It had never been so difficult or taken so long to do something so simple in my adult life. My fingers, with their dulled sensitivity and fine motor skills, struggled over and over again to find the corners of the towels. One finally folded looked more like a lump of material than the normal crisp square I had aimed to create. I was frustrated and emotional. I didn't know why, but I almost wanted to cry. The siren blared again; my hands, startled, lost grip of the towel.

This is as close as a person



PHOTO BY SARAH WILSON — CENTRAL FLORIDA SENIOR

A confusion-inducing sound system and sense-dulling clothes are just part of a realistic dementia simulator that has left some caregivers covering in a corner while experiencing it.

with a normal brain can get to experiencing dementia.

I don't have dementia, but the Virtual Dementia Tour, created by P.K. Beville, a specialist in geriatrics with more than 30 years of experience and sold by her nonprofit Second Wind Dreams, has put me and more than 1 million people in the shoes of someone with the disease. The 10 minutes are

unnerving and eye-opening. Many, including healthcare professionals, have said they could have never imagined that this is what life was like for a person with dementia.

Consulate Health Care, a provider of senior healthcare services based in Maitland where I experienced the simulator, brought the tour to its employees so that they can

provide more understanding, compassionate care.

"We can teach a lot of knowledge, but you really need to experience it yourself to have the empathy for the people that we care for," said Mia Manni, a registered nurse and vice president of clinical outcomes management for Consulate Health Care. "Everything I thought kind of

shifted ... it's powerful."

More than 5 million Americans are living with dementia; every 67 seconds another person develops Alzheimer's, and one in three seniors dies with Alzheimer's or another form of dementia, according to statistics collected by the Alzheimer's Association. Women are more greatly impacted; they

■ Please see **DEMENTIA** on page 6



YOUR OWN HOME. YOUR OWN YARD. YOUR OWN LONG-TERM CARE PLAN.

[WHY WAIT?]

"We customized our home and our retirement plan."

Imagine a time in your life when you have the freedom to do exactly as you please. Relax...revitalize...reinvent...renew. And, then imagine a place where you can do all that *on your terms* – and still have the complete peace of mind that comes only with the guarantee of comprehensive continuing care. That place...is The Mayflower – the gold standard for retirement communities in Central Florida.

Here, you have the freedom and flexibility to customize your home and your retirement lifestyle to make them uniquely *yours*. And while you're doing that, you'll also have the guarantee of pre-funded long-term care in our 5-Star, Gold Seal Health Center. That's what prompted residents like Ernie and Ann Cross to plan ahead and proactively make the move... because they *wanted* to, not because they *needed* to. How about you?

**What's your plan for the future?
Call today, and let's talk about it: 407.672.1620.**



THE MAYFLOWER

www.themayflower.com
1620 Mayflower Court
Winter Park, FL 32792



High-tech gadgets track our health

Kaiser Health News took a look recently at some of the possibilities of remote monitoring by high-tech health gadgets. These devices can fit into your cellphone and allow your doctor to keep track of your health, even if you're not in his office.

For example, if your heart rate accelerates while you're doing your daily errands, the doctor will know it when he reads the information. Some devices can tell whether we're taking pills on time. Others fit under the mattress on our bed to check breathing

SENIOR NEWS LINE

by Matilda Charles

themselves over the Internet. In a preview of coming events, one device developer is already hooked up with advertisers and labs. Insurance companies are encouraging patients to upload their information from other devices. Many of the devices are not yet approved by the Food and Drug Administration.

and heart rate. Still others can check our glucose levels or blood pressure. That's not to say most doctors are jumping on these devices as being the latest and greatest. While they like the information that can be gathered, some doctors are concerned about patient privacy. The information doesn't go straight into patient records, but the day eventually will come when it will.

Are you nervous about this yet? What if you knew your information would go over the Internet, or if you knew it wasn't always covered by health privacy laws? If you're asked to wear one of these new gadgets, ask questions about where the information goes ... lots and lots of questions.

At this point, patients must give permission for their information to be taken and must go into the doctor's office to have the data transferred. Soon patients will be able to send it

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them into her column whenever possible. Send email to columnreply2@gmail.com © 2013 King Features Synd. Inc.



CORNERSTONE
Inpatient Suites
at Winter Park Towers

Hospice • Short-Term • Inpatient Care

Your room is waiting for you if you need

- ❖ Pain and Symptom Management
- ❖ Hospital Follow-up
- ❖ Complex Treatments, or
- ❖ Crisis Care




Information
407-206-2273

Referrals
866-742-6655



Cornerstone
HOSPICE & PALLIATIVE CARE
Your local, not-for-profit Hospice, licensed since 1984. #5019096

www.cornerstonehospice.org
www.SeriousIllness.org/cornerstone

Medicare, Medicaid, most commercial insurances accepted

Loud & Clear and FREE



Florida residents with a hearing loss are eligible to receive a free amplified phone from the non-profit Florida Telecommunications Relay, Inc. Cordless and corded phones for persons with mild to severe hearing loss are available at 23 distribution centers statewide. Limit one per customer.

CONTACT YOUR AREA CENTER FOR DETAILS

Center for Independent Living in Central Florida
720 North Denning Drive
Winter Park, FL 32789
407-623-1070 (v)
407-623-1185 (tty)



Current FTRI clients: If your phone isn't working properly or your hearing has changed, or should you no longer need your phone or are moving out of Florida, call FTRI at 888-554-1151 for assistance.



There should be more to life than maintenance-free living.

The way we see it, it's about living the whole of life. Something that, as the nation's largest not-for-profit provider of senior care and services, we have made our daily mission. And our life's work.

To learn more about our community in Kissimmee, call (407) 933-1999.



Good Samaritan Society
KISSIMMEE VILLAGE



All faiths or beliefs are welcome.

Central Florida Senior

APRIL 2014

PUBLISHER
Tracy Craft
407.515.2605
TCraft@TurnstileMediaGroup.com

MANAGING EDITOR
Isaac Babcock
407.563.7023
IBabcock@TurnstileMediaGroup.com

ADVERTISING
Linda Stern
407.376.2434
LStern@TurnstileMediaGroup.com

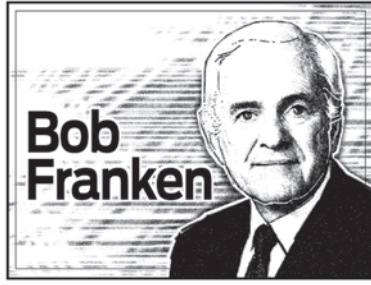
ASSOCIATE EDITOR
Sarah Wilson
407.563.7026
SWilson@TurnstileMediaGroup.com

DESIGNER
Tom Miller
407.563.7032
TMiller@TurnstileMediaGroup.com

Published by Turnstile Media Group
1500 Park Center Drive
Orlando, FL 32835-5705
P: 407.563.7000 F: 407.563.7099

Missing pay and the overtime scam

If it wasn't before, it's certainly clear now why the nation's super-rich oligarchs work relentlessly to sabotage the Obama presidency. Take the new POTUS order to expand overtime pay and thwart a system that effectively cheats employees out of what they've earned. It's just one example of how he and his administration are a threat to the few who have burrowed into our legal framework to get away with their shameless tactics to hoard the other people's money.



"We're going to update those overtime rules to restore that basic principle that if you have to work more, you should be able to earn more."

Their overtime scam is particularly sleazy. What they have been allowed to do by lawmakers and regulators is declare low-level workers to be supervisors if they oversee fellow employees as just a tiny part of their job, while they actually spend nearly all their time performing the same tasks. By designating them salaried, the corporate masters are able to get around the long-standing requirement that working more than 40 hours a week results in time-and-a-half compensation.

That would seem to be fairly straightforward, but not in today's setup. The 1-percenters have their hand puppets, mainly Republicans. And these are talking puppets. When their buttons are pressed, they react to any economic initiatives from the White House by reciting that they're "job killing." Never mind that they offer little proof or that the various proposals are simple fairness — they are "job killing." In fact, there is ample evidence that spreading the wealth just a teeny bit would enhance growth, but it's ignored.

Right now, the Bush-era pay dividing line is \$455 per week. This president has directed his Labor Department to increase that to an as-yet-undetermined amount saying,

We witness the same dance of distortion when it comes to the Obama campaign to increase the minimum wage beyond its sub-pittance level. What would that be? You

guessed it: "job killing." By that reasoning, the best way to save jobs is to pay the employees nothing. But let's not go down that road.

Those who hold all the power — meaning the very few who control the nation's financial resources — will do whatever it takes to prevent any disruption of their complex schemes to protect their advantages and support the country's poisonous inequality.

Their most effective tactic is to subvert our election

system, not just by putting up impediments to open ballot access, but more by flooding the campaign with propaganda — much of it misleading — and deceive the voters into ousting anyone who wants reform and installing those who will won't make waves.

So when a federal Consumer Protection Agency somehow slips through the cracks and becomes reality, their lobbyists fan out to dilute its power while the ones whose corrupt practices might be challenged beckon their po-

litical rag dolls to gum up the works, chanting "job killing" as they move in lock step.

Banking regulations? Efforts to strengthen regulation of the most blatant abuses, the ones that caused our financial collapse? Wait for it ... they're "job killing."

These obese cats will use whatever it takes to neutralize anything that threatens their privilege, and they'll work overtime to get their way.

© 2014 Bob Franken Distributed by King Features Synd.

Savannah Court and Cove

Excellence in Assisted Living, Skilled Nursing and Rehabilitation

A Senior Living Community where Hospitality is a Way of Life.

- Assisted Living - Rehabilitation and Skilled Nursing Care
- Variety of Apartment Suite Selections, some with Lake Views
- Restaurant Style Dining
- Laundry, Housekeeping, Maintenance Services
- Transportation to Outings and Medical Appointments
- Beautifully Landscaped Courtyard



Call us today, stop by for a visit, join us for lunch, or all of the above. You are always welcome!



1301 W. Maitland Blvd.

Maitland, FL 32751

407-645-3990

www.SavannahCourtMaitland.com

Assisted Living Facility License No. 8447
Skilled Nursing Facility License No. 1635096



Enjoy the sights, smells and sounds of spring!



For over 26 years, millions of Americans have trusted HearUSA for the best hearing care. HearUSA is the only organization providing the most comprehensive hearing examination in the industry.

Total Care Experience

Most complete and accurate hearing check-up.

Total Care Selection

HearUSA offers a broad selection of advanced hearing aids from trusted brands.

Total Care Technology

Video Otoscope examination — a look inside your ear to determine if you have ear wax.

Call today for a **FREE Hearing Check-up!**



INSTANT REBATE
Save \$1000 on a pair of Siemens Pure 5mi or 7mi hearing aids.*

*Example: Siemens Pure 5mi hearing aid every day retail price \$3445. Sale price \$2945. Not valid with and not to be combined with any other offer or discount.

- **Digital Hearing Aids starting at \$995!**
- **FREE Hearing Check-Up!**
- **FREE Demonstration!**
- **RISK-FREE 60-Day Trial!**
- **FREE 1-Year Supply of Batteries!**
- **FREE In-house service for life of hearing aid!**



7512 Dr. Phillips Blvd., Suite 90
Orlando, FL 32819

(On Dr. Phillips Boulevard, near Steinmart and between Stefano's Grill and Keke's restaurant in the Dr. Phillips Marketplace.)

Call Toll Free: 855.802.5532



407.949.6733

715 Douglas Avenue
Altamonte Springs, FL 32714
Monday – Friday 8:30 am – 5 pm
OneSeniorPlace.com

One Senior Place presents

RETIREMENT 101

Thursday, April 10th, from 5pm - 7pm



Retirement...Where do I start? What needs to be done?

Please join us as these questions and much more will be discussed on Thursday, April 10th from 5pm—7pm at One Senior Place. Meet our professional guest speakers and representatives including financial advisors, attorneys and long term insurance advisors. After our presentations, we will have an expert panel to answer your questions!

Space is limited—RSVP to 407.949.6733 today!

This seminar is specifically designed for people under the age of 65.

Special Note: If you are over the age of 65, give this flyer to someone who is under 65. If they attend the seminar, your name will go into a drawing for a \$25 gift card to Publix!

New “Retirementality” Five Things You Need to Address In Your Retirement

Presented by
Cindy Price, CFP®
Price Financial Services

Wealth Management 101

Presented by
Tony S. Keena, AAMS®, AWMA®,
CAS™, RFC®
Estate & Business
Planning Group

Beginning Stages of Retirement— The Legal Perspective

Presented by
Randy Bryan, J.D.,
The Law Offices of
Hoyt & Bryan



THE LAW OFFICES OF
HOYT & BRYAN, LLC
FAMILY WEALTH & LEGACY COUNSELLORS

Meet the Resident Businesses at One Senior Place Greater Orlando

- Senior Partner In-Home Care
- VITAS Innovative Hospice Care
- The Law Offices of Hoyt & Bryan
- AGED
- Centre for Aging & Wellness
- Price Financial Services
- Medicare Plan Options
- Estate & Business Planning Group
- CarePlus Health Plans
- Harmony Hearing Centers of America
- On Target Web Solutions
- Family Physicians Group
- The Law Office of Kathleen Flammia
- 50plusFYI.org
- Physician Associates
- Orlando Family Physicians
- WellCare Health Plans, Inc.
- LTC Advisors
- Growing Bolder Magazine
- Certified Financial Group
- Compass Research
- Long Term Care Insurance Services
- Orlando Healthcare Guide
- Exit Real Estate Results
- MSA Home Health
- Freedom Health
- Florida Blue-McBride Insurance Agency
- Harmony Mediation
- More T Clinics
- Senior Medical Supplies

Meet these Senior Living Communities and Resources

- One Senior Place Care Management
- Orlando Senior Health Network
- Creating Divine Order
- After 55 Housing & Resource Guide
- Senior Living Guide
- Serenades by Sonata
- Longwood Healthcare Center
- Life Care Centers of Orlando and Altamonte Springs
- Savannah Court & Cottage of Oviedo
- Brookdale Senior Living
- Villa Grande on Saxon
- Eastbrooke Gardens
- Grand Villa Senior Living
- Orlando Senior Services Directory
- Emeritus Senior Living
- Village on the Green



EDUCATIONAL

Senior Self Defense Class
Tuesday, April 1st 10am-11am
By Creating Divine Order. RSVP 407.699.5600

Creative Ways to Share Your Story
Tuesday, April 8th & 15th 11am-12:30pm
By Creating Divine Order. RSVP 407.699.5600

Welcome to Medicare Birthday Party!
Tuesday, April 8th 2pm-4pm
By SHINE. RSVP 407.949.6733

FUN & EXERCISE

Senior Club
Every Monday 10am-12pm
By Family Physicians Group
April 7th – Bingo
April 14th – Computer Club
April 21st – Movie Day
April 28th – Casino Day

Chair Pilates
Friday, April 11th, 18th & 25th 1:30pm-2pm
By VITAS Innovative Hospice Care.
RSVP 407.599.2522

Crafts & Conversation
Tuesday, April 15th 2pm-4pm
By VITAS. Limited seating, must
RSVP 407.599.2522

Birthday Party & Massages
If your birthday is in April, please stop by!
Wednesday, April 16th 11am-1pm
By Freedom Health. RSVP 407.949.6733

**Book Reading: Laughing in the
Face of Lemons**
Friday, April 25th 10am – 11am
By VITAS Innovative Hospice Care.
RSVP 407.599.2522

HEALTH RELATED

Is It Wax or Is It My Hearing?
Wednesday, April 2nd and April 30th
3pm-4:30pm
By Harmony Hearing. RSVP 407.949.6737

Managing Your Stress Through Humor
Thursday, April 3rd 10:30am-1pm
By American Lung Association & VITAS.
RSVP 407.599.2522

Testosterone & Living Longer
Thursday, April 3rd 2pm-3pm
By More T Clinics. RSVP 407.949.0222

Free Ear Cleaning & Checks!
Wednesday, April 9th 3pm-4:30pm
By Harmony Hearing.
RSVP 407.949.6737

Stop the Aging Process
Wednesday, April 16th 2pm-3pm
By More T Clinics. RSVP 407.949.0222

April Calendar of Events

Are Your Hearing Aids in the Drawer?
Wednesday, April 16th 3pm-4:30pm
By Harmony Hearing. RSVP 407.949.6737

HGH/Testosterone and Your Quality of Life
Thursday, April 17th 10:30-11:30
Tuesday, April 22nd 6pm-7pm
By More T Clinics. RSVP 407.949.0222

**Hearing Aids Users Improve
Relationships & Self Image!**
Wednesday, April 23rd 3pm-4:30pm
By Harmony Hearing. RSVP 407.949.6737

Testosterone, Weight Loss & Energy
Tuesday, April 29th, 10:30am-11:30am
By More T Clinics. RSVP 407.949.0222

INSURANCE & REAL ESTATE

The Real Estate Specialists Are In!
Monday, April 7th, 14th, 21st & 28th
10am-1pm
By Exit Real Estate Results.
Appointment Only 407.949.6714

The Real Estate Specialists Are In!
Thursday, April 3rd, 10th, 17th & 24th
9am-12pm
By EXIT Real Estate Results

Selling Your Home & Moving Made Easy
Tuesday, April 8th 10am-12pm
By EXIT Real Estate Results.
RSVP 407.949.6714

BlueMedicare 2014
Friday, April 11th 9:30am-10:30am
By Florida Blue-McBride Insurance Agency.
RSVP 407.949.6735

LEGAL & FINANCIAL

Senior Survival Workshop
Wednesday, April 9th 2pm-4pm
By Kathleen Flammia, P.A.
RSVP 407.478.7800

Retirement 101 Seminar
Designed for anyone under the age of 65.
Thursday, April 10th 5pm – 7pm
RSVP 407.949.6733

Social Security Seminar
Wednesday, April 16th 4pm-5:30pm
By Estate & Business Planning Group.
RSVP 407.949.6733

Truth About Estate Planning
Thursday, April 24th 9:30am-12pm
By The Law Offices of Hoyt & Bryan.
RSVP 407.977.8080

Truth About Medicaid Planning
Thursday, April 24th 2pm-4pm
By The Law Offices of Hoyt & Bryan.
RSVP 407.977.8080



Trusted in-home senior care
is now available
at One Senior Place.

407-841-9788

senior
partner
IN-HOME CARE

Lic # 30211049

DEMENTIA | Inside the dementia simulator, simple tasks become nearly impossible as confusion sets in

■ CONTINUED FROM FRONT PAGE
 represent two-thirds of Americans living with the disease and there are 2.5 times more women than men working to provide the intensive 24-hours-a-day care for a loved one with Alzheimer's.

The symptoms of dementia are incredibly disrupting to daily life. There's memory loss, loss of problem solving and reasoning skills, and normal tasks — such as folding laundry — become almost impossible. Those with dementia experience confusion with time or place, changes in mood and personality, and have trouble joining or following a conversation.

The tour was created using Beville's 30 years of clinical observation of people with dementia and how their caregivers respond to their behavior, and studies of brain scans to see where the damage was on dementia patients to determine ways to mimic that damage and create those behaviors in

people with normal brains.

At the tour, participants enter a dim room with strobe lights flashing and are told simple tasks to complete — folding laundry and setting a table. Headphones pump in loud noises to block out all other sound to represent the loss of ability to differentiate each noise's importance. For example, a television left on across the room would be

equally as noisy as a person standing in front of them trying to talk directly to the person with dementia. Goggles darken and limit vision straight ahead and peripherally, gloves limit feeling in the hands and dull motor skills. Plastic prickly shoe inserts give the pain someone with dementia might be living with but unable to tell anyone about. A seemingly unhelpful person in the room



PHOTOS BY SARAH WILSON — CENTRAL FLORIDA SENIOR

Director of Clinical Education for Consulate Health Care Feryn Lang struggles with simple tasks in the simulator, from folding socks, sorting cards and setting a dinner table.

pretending to not understand your question shows the real struggles people with dementia have communicating every day. It's all disorienting.

The experience is eye-opening for healthcare workers, who, while they understand the clinical symptoms of dementia, have trouble relating those to treatments as they've never felt or experienced those symptoms themselves. The tour does that for them. Manni said she learned that changing an environment is more important to treating a dementia patient than trying to change the person or their medication. A bright room with low noise and simple furniture and a comforting touch can do wonders, she said.

"The behaviors of dementia patients, if you're looking at the whole, can be catastrophic sometimes and easily misinterpreted, they can be angry for absolutely no reason that you can figure out, so to have people go through this and understand, this is why they're angry ... it's very hard to put yourself in their mind and you can't communicate sometimes," Manni said.

Manni said that while watching Consulate employees go through the simulator, she saw her dementia patients. People with normal brains were wandering around lost in the room they had created for the simulator, sitting alone and covering their heads, getting upset when no one would help them, not completing the simple tasks they were given because they couldn't hear or couldn't remember what to do seconds later.

"When you look at a person going through the Virtual

Dementia Tour and you overlay observing a person who actually has the disease, the behaviors are almost exactly the same," Beville said.

That's especially useful for researchers because the simulator experiencers can give insight into the disease by explaining how they felt or why they acted certain ways after a tour, something people with dementia can't do.

Beville's goal with the Virtual Dementia Tour is to reach all communities, from caregivers to grocery store workers, and give them an elevated social consciousness and awareness for those with dementia so that they can "age in place." She would like people with dementia to remain a part of their communities for as long as possible, treated with understanding and patience. People with dementia can't communicate that need, so she's doing it for them.

"It's our intent to help people connect with those who can't speak for themselves," she said.

Candice Beaty, managing director of Second Wind Dreams, has learned that there's no use yelling at her grandmother, who has dementia. Yet that's something anyone might do absentmindedly when questions and commands go unanswered. She can't surprise her grandmother with a tap on the back or speak too quickly. She's learned to look at her in the eye, talk slowly and pay attention when her grandmother speaks or asks a question.

"It got me to understand that I can't make her understand me," she said, "I have to understand her."



Winter Park-Maitland Observer



COMMUNITY CLIPS ARE JUST A CLICK AWAY.



Winter Park / Maitland
Observer

Check out exclusive videos at
YouTube.com/WPMObserver!

Chronic pain management without addiction

Fully 50 percent of veterans in the Department of Veterans Affairs health-care system suffer from chronic pain, according to testimony before the House Committee on Veterans Affairs. That's above the national average.

The treatment method for serious pain typically has been through the use of prescription opioids, which are habit-forming. In at-risk patients, use of these drugs can lead to abuse of the medications and "diversion," which means

VETERANS POST

by Freddy Groves

they're sold to others. Other patients are at risk just because of long-term use.

The methods to help at-risk veterans start before the drugs are even handed out — by improving the training of those who prescribe the drugs and by participation in state-level prescription monitoring

programs.

The greatest effort has gone into determining when these opioids are appropriately prescribed when there are multiple medical conditions — physical as well as psychological — along with the risks for overdose because of a combination of the two.

One of the VA's drug programs is showing great signs of success. The Opioid Safety Initiative, tested at eight sites in Minnesota, has been shown to reduce the dependency on

habit-forming opioids.

This is accomplished via education, monitoring, other non-habit-forming drugs and alternative methods such as acupuncture and behavior therapy, as well as using a multi-disciplinary medical team. Patients were offered a trial of non-opioid drugs to test lower doses for pain management. The result: Dependency on high-dose opioids use was reduced by 50 percent.

Also in development is a pain-management app

for cellphones — the self-management VA Pain Coach. The app includes the veteran's health library, a management toolkit and assessments. To learn more about the cellphone app, go online to mobilehealth.va.gov/content/pain-coach-app

Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to columnreply2@gmail.com © 2013 King Features Synd. Inc.

Life goes on after your appendix comes out

DEAR DR. DONOHUE:

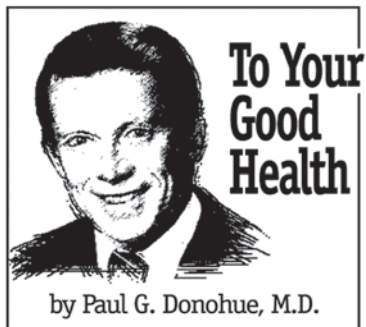
My 13-year-old son went to band camp for five days. On day three, he had terrific stomach pain and started to vomit. The instructors were alarmed and took him to the hospital, where doctors diagnosed appendicitis. We gave phone permission for him to have an operation. Everything went fine, and he recovered quickly.

My wife and I have a few questions. Could he have eaten something that caused appendicitis? What does not having an appendix do to people? No one in my wife's or my family has had such an operation. We're ignorant about all this. — G.G.

ANSWER: The appendix dangles from the first part of the colon in the lower-right side of the abdomen. It looks like a slender worm, and has an average length of 3 inches (8 centimeters). The function of the appendix isn't clearly defined, but it might have a role in body immunity. Life without an appendix goes on as normally as life with one.

The appendix has a hollow core, which is lined with lymphoid tissue, the same kind of tissue found in lymph nodes. Bacteria from the colon can invade the hollow core and cause the lymph tissue to swell. Swelling cuts off blood supply, and the appendix begins to disintegrate — appendicitis. Undigested food or hard fecal material also can block the appendix's core and lead to the same situation. Nothing your son ate is likely the cause. All the other campers ate the same food as he, but he was the only one to develop this problem.

The pain of appendicitis most often starts in the area of the navel (bellybutton) and works its way toward the lower-right corner of the abdomen. Temperature rises. Vomiting is common, and sometimes diarrhea is part of the picture. A doctor, by what he or she hears from the patient, along with the examination of the abdomen, usually



by Paul G. Donohue, M.D.

can make the diagnosis. In confusing circumstances, an ultrasound is most helpful.

Millions of people worldwide live without an appendix. They do quite well. So will your son.

DEAR DR. DONOHUE: When I was about 10 years old, I got the mumps. Now I am 30 and have been married for three years. My wife and I want to have a family, but we aren't having any luck. Do you think the mumps made me infertile? — J.Z.

ANSWER: In around 40 percent of men who get the mumps after puberty, the virus also travels to the testicles. That results in impaired fertility in only 13 percent. Sterility almost never happens. If

both testicles are infected, then sterility might be a problem.

Before puberty, testicular involvement is rare, and infertility isn't a problem. You were only 10. It's highly unlikely that the mumps caused you to be infertile.

You and your wife

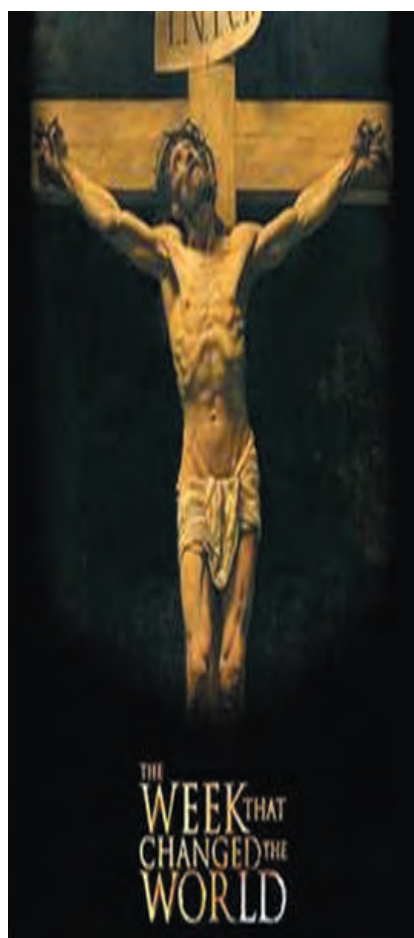
shouldn't have to handle this problem on your own. Why not consult a doctor so both of you can be examined? An answer to the question why you aren't having the family you want will be found, and a solution, if possible, will be suggested by the doctor.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

Tommy Bahama Sample Shop

Tommy Bahama
PURVEYOR OF ISLAND LIFESTYLES.

1235 N. Orange Avenue, Suite 102, Orlando 32804 • Tel. 407.730.4880
(between Princeton & Ivanhoe) Open Monday - Saturday • 11AM - 6PM



St. Dorothy's Catholic Community

Independent Catholic Church
Love Without Judgment

Post Office Box 485 • Winter Park, FL 32790-0485

Mass: Sundays @ 11:00 AM
At: St. Matthew's Tavern
1300 Mills Avenue, Orlando, FL
www.stdorothycatholiccommunity.org
407-610-5109

2014 - HOLY WEEK SCHEDULE

April 13/PALM SUNDAY
April 15/CHRISM MASS
April 17/ HOLY THURSDAY

April 18/GOOD FRIDAY

April 20/EASTER SUNDAY

Mass at 11 am @ St. Matthew's Tavern
To take place in Ft. Lauderdale
Mass of the Last Supper at 7 pm @
St. Matthew's Tavern
Commemoration of the
Lord's Passion at 7 pm
Mass at 11 am @ St. Matthew's Tavern
Followed by a Pot Luck Luncheon

Senior Calendar

Maitland Senior Center programs

Join Audrey every Tuesday in April at 10:30 a.m. for **Line Dance Lessons**. Class is 1.5 hours and perfect for all levels of dancers. Beginners always welcome! Cost of the class is \$4 to

the teacher.

Join us every Monday and Friday in April at 1 p.m. to see **your favorite movies!** Check our calendar online to see what movies are showing. Please call to reserve your seat!

IS YOUR FUTURE SECURE?

Call Us For All Your Insurance Needs!
Auto · Home · Life · Business

NEW TO THE AREA OR ARE YOU TURNING 65?

Medicare Advantage & Medicare Supplements

Dental · Long Term Care (LTC) · Annuities · Final Expense Policies



METROSURANCE INC

Craig Goodman, Sr., Agent

Office: 407.362.1600

www.metroinsurance.com

2431 Aloma Ave Winter Park, FL 32792

Receive Income for the Rest of Your Life!



With a Charitable Gift Annuity you can receive fixed payments for the rest of your life, receive tax benefits and a portion of the annuity payments may be tax free.

For as little as \$10,000 or more to the Cornerstone Hospice Foundation, a non-profit seven-county organization, you will receive high, fixed rate annuity payments that are protected regardless of what the economy does.

Sample Annuity Rates for One Beneficiary

(Rates at other ages available on request)

Age	Yearly Rate
65	5.3%
75	6.5%
85	8.4%

Rates are subject to change, please contact us for the most current rates.



Because of the support of our Hospice communities, we are able to provide vital, life-changing services to those who need our care.

For more information about a charitable gift annuity or other ways to include Cornerstone Hospice in your estate plan, call (352) 742-6728 or contact via email: dcohn@cornerstonehospice.org Lic. # 5019096

**MAITLAND CHAMBER OF COMMERCE
SPRING FESTIVAL
of the ARTS**

**Saturday 9-5 April 12, 2014
Sunday 10-4 April 13, 2014**

100 Artists and Craftsmen around Lake Lily Park
Kluts The Clown Doing Face Painting
Balloon Art And Children's Edible Art

Maitland Library will be having a book sale on the library lawn both days of the show.

ENTERTAINMENT BOTH DAYS
Performing Arts of Maitland
Suzuki Players and Colby Dance School

Duke Energy ♦ Simply Well ♦ Hunter Vision ♦ Granite Transformations ♦ Digital Risk
Home Makeover Systems ♦ Direct Buy ♦ PNC Bank ♦ The Q at Maitland ♦ Trustco Bank
Brightway Insurance ♦ Winter Park Memorial Hospital

CONTRIBUTORS

City of Maitland ♦ W2 Productions ♦ Performing Arts of Maitland ♦ Costco-Altamonte Springs ♦ Buca di Beppo Restaurant ♦ Boy Scouts
Winter Park/Maitland Observer ♦ Central Florida Lifestyle Publication ♦ Sheraton Orlando North Hotel-Maitland ♦ Courtyard by Marriott
Hampton Inn & Suites Orlando North-Altamonte Springs

MEDIA SPONSOR
Clear Channel

Join John every Monday, Thursday and Friday in April at 9 a.m. for **Yoga**. Please wear comfortable clothes and bring your own mat. Cost of the class is \$2 to the teacher.

Join us every Monday in April at 1 p.m. for our **Conversational French** group. Spend time chatting with others and making new friends.

Join Esther every Tuesday in April at 9 a.m. for **Tai Chi** classes. It costs \$10 per month to the teacher. Please wear a white shirt, black pants, and comfortable shoes.

Join us every Tuesday in April at 1 p.m. for our **Conversational Spanish** group. Chat with others and making new friends. Must be fluent in Spanish to participate.

Join Sher're every Wednesday in April at 10 a.m. for Instructor's Choice. This class is a **combo of mat and chair yoga** that is great for all levels. Cost is \$5 to the teacher. Please bring

a yoga mat.

Join Ty every Wednesday in April at 11 a.m. for **Yoga Nidra**, a sublime conscious sleep (meditation) class. Cost of the class is \$5 to the teacher. Please bring a yoga mat, something to cover yourself with (if you get cold), and a small pillow.

Join Donna every Thursday in April at 11:30 a.m. for **Chair Yoga**. Cost is a \$2 donation to the teacher.

Join Ann every Friday in April for **Recorder classes** at 12:30 p.m. Lessons are free! Please call the Senior Center at 407-539-6251 for specifics on this class.

The Maitland Senior Center presents a program for elders on the second Friday of the month that is staffed by counselors from S.H.I.N.E. The program provides free **unbiased counseling about Medicare**, Medigap, HMOs, Medicaid, Prescriptions Drug Plans, and Long Term Care. All counseling is first-come-first-served.

Bring your list of medications or Rx bottles, insurance card and red, white and blue Medicare card. For more information, call 1-800-96 ELDER (1-800-963-5337), email information@elderaffairs.org or visit FLORIDASH-INE.org

The Maitland Senior Center is located at 345 S. Maitland Ave. We are open Monday through Friday from 9 a.m. to 4 p.m. Our schedule is subject to change without notice. For more information about these and any other events at the Maitland Senior Center, please call us at 407-539-6251 or visit us on the web at itsmymaitland.com

Casselberry adult fitness classes

Back 2 Basics is a **low-impact workout** at noon on Tuesdays and Thursdays, and 8:30 a.m. on Saturdays. It's \$49.99 a month for unlimited classes.

Chair Yoga is at 10 a.m. every Monday and will get you moving again! The cost is \$2 per class.

Gentle/Restorative Yoga is from 8:45 to 10 a.m. on Sundays. Cost is \$10 per class. Senior citizen's discount is \$5 per class. For more information, contact Alice Gomes at 609-290-8195 or email alice@imagineyoga.net

Yoga Technique is 8:45 to 10 a.m. on Saturdays. Cost is \$10 per class. Senior discount is \$5 per class.

Chairobics is from 11:05 a.m. to noon on Mondays and Wednesdays. It's free! For more info, contact Claudia Laine at 407-718-9066.

Tai Chi for Beginners is at 1 p.m. on Tuesdays, followed at 2 p.m. by intermediate class. For more information, contact Eric Raboy at 407-731-9130. Cost is \$5 per class or \$20 per month.

For more information on classes and registration, contact Mario Algarin at 407-262-7700, ext. 1576, or malgarin@casselberry.org or visit casselberry.org/register

Winter Springs Senior Center Learn ceramics from a talented group at 11 a.m. to 4 p.m. on Mondays at the Winter Springs Senior Center at 400 N. Edgemon Ave. in Winter Springs. Call 407-327-6556 for more information.

Have fun and get moving at **yoga classes** at 10 a.m. every Friday morning. Chair yoga is also available, offering all the benefits of traditional yoga.

Bingo is Wednesday, Friday and the last Sunday of the month. Lunch is served at 11:45 a.m. followed by Bingo at 1 p.m. There is no bingo prior to the last Sunday.

A **bridge class** meets at 10:30 a.m. every Tuesday to help your game.

Need to relieve some stress? Beginning on Tuesdays at 10:30 a.m., we will start a **"Guided Meditation"** class. This will be a 30-minute class. We are excited about this class and want to thank Robin Ward for taking the time to offer it. Hope to see you all then!

CANADIAN MEDS

SAVE up to 80% on Your Meds Prices

ORDER by phone
No Store Visit required

\$10.00 OFF Initial Purchase \$100 or more

*CALL for a FREE Quote
*We Ship Anywhere in the U.S.A.
*Locally owned & operated
352-633-3301
744 South US Hwy 441
Lady Lake, FL 32159

Advair
Benicar
Celebrex
Cialis
Crestor
Cymbalta
Flomax
Levitra
Lexapro
Lipitor
Nexium
Spiriva
Viagra
Zetia

BINSON'S

Home Health Care Centers

Since 1953

- Adult Diapers
- Bath Safety
- Compression Stockings
- CPAP
- Hospital Beds
- Lady Binson's Boutique for Breast Cancer Patients & Expecting/New Mothers
- Mastectomy Supplies
- Ostomy Supplies
- Oxygen

- Power Scooters
- Prosthetic & Orthotics
- Seat Lift Chairs
- Walkers
- Wheelchairs
- Your Diabetes Headquarters
- And Much More!

20% off
any one item

Coupon redeemable for cash, check or credit card purchases only. Not redeemable for insurance transactions. Excludes custom/special orders & nutritional supplements. May not be combined with any other discounts. Coupon has no cash value.

**Better Services
Products Lives**

762 E. Altamonte Drive
Altamonte Springs,
FL 32701
(407) 691-3009

2069 Aloma Ave.
Winter Park,
FL 32792
(407) 679-2135

Visit us on the web @ www.binsons.com