

Concerned parents address gang issues

"Gangs In Your High School—Real or Myth?" is the topic of a special program scheduled for Wednesday, Nov. 30, from 7 to 9 p.m. in room 138-139 of Niles West High School, 5701 Oakton Street, in Skokie.

Sponsored by the Niles West PTSA and Niles West High School, this meeting will be led by Niles West Dean Larry Erick-

son and will include a panel presentation featuring students, parents and members of the Skokie Task Force on Gang Issues.

Concerned parents from both high schools are invited to attend, as are parents from those schools that feed into Niles West (This includes all elementary and junior high schools in Skokie/Morton Grove District 69, Morton Grove

District 70, Niles District 71, Fairview District 72 and Lincolnwood District 74). All attendees will be given the opportunity to ask questions of and respond to the statements of the panelists.

For further information, contact Larry Erickson at (708) 581-2990, Peggy Vranas at (708) 674-5588 or Judy Bregman at (708) 677-5720.

Niles-Park Ridge to improve intersection

By Lisa Hemminger

Niles Village trustees okayed an agreement with Park Ridge Tuesday night to construct a traffic signal improvement at the intersection of Oakton and Prospect.

A left turn signal will be added onto the existing light at the intersection on the Niles-Park Ridge

border, aiding the flow of traffic from Oakton to Prospect from both the east and west. Park Ridge officials proposed the project, citing traffic congestion there. Niles Public Services Director Jun Noriega said there were "plenty of accidents" in-

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Niles

edition of

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From the Left Hand

by Bud Besser

(Reprinted from (Nov. 25, 1982 issue)

As one of my children mentioned last night, "Thanksgiving is a family day and I'm coming over the night before, just to be with the family."

Indeed Thanksgiving is for family. How often we reached for the family, gathering in the clan from near and far.

Back in 1943, my first year in service, I reached for the family some 700 miles away. I was in an air cadet program in Gettysburg, Pennsylvania and longed to be back home with "family" during this most American of holidays. I don't recall how it happened but I wangled a weekend pass which got me 2 of the 4 days I needed to head back home. The rather inflexible rules demanded I was not to stray more than a few miles from our base. But I hitchhiked to Harrisburg and caught the train to Chicago, aware I had little protection if any M.P.s decided they wanted to see my pass credentials.

In those days of anarchy there was little chance on finding a train seat for the trip home. I wandered back to the baggage car and amidst lumpy barracks bags and bonesharp elbows and knees, I became one more bit of baggage being shipped to the midwest. By the time I got home for our Thanksgiving, my Mother, as only Mothers know, said I

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Park anniversary sparks commissioner's memory

by Lisa Hemminger

Anyone who visited Niles Park District facilities last weekend was invited to look back into time.

News clippings from the 1960s documenting the district's progress were on display. The prime tournament years of the original Tam O'Shanter Country Club came to life through a 1950s newsreel. Pictures capturing moments of Niles history overlooked a modest celebration as park staff recognized the 40th anniversary of the district.

Upstairs at Ballard Leisure

Center, Park Board Commissioner Mariene Baczek watched a handful of girls following the instructions of dance teacher Nancy Kipnis as she leads a ballet routine. Baczek, once the oldest participant in the park district ballet program, reminisced as the routine takes her back in time.

"I actually took my first dance classes at the Niles Park District when I was five-years old," Baczek said.

After taking precision dance classes at Eastern Illinois Univer-

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Residents enjoy park district celebration



Photo by Mike Heuel

The Niles Park District celebrated its 40th anniversary over the weekend with an open house, free skating and aerobic classes, and many activities including Toddler Time, Tae Kwon Do, Youth Tee Ball and Youth Basketball. Pictured are Bill Zillmer, Joe Musso, Val Engelman, Leo Madura and Warner Sonne enjoying a game of circle ball during the Men's Senior Exercise event "Fitness For Fun."

Settlement includes 3.5% raise first year and 4.5% next two years

Contract ratified by Dist. 71 staff

by Lisa Hemminger

Long stretches of negotiations and a week-long strike resulted in a 3.5 percent average pay raise for Niles elementary teachers.

Niles Elementary School District 71 teachers and school board members ratified a three-year contract last Tuesday. The 42 teachers belonging to the Niles Council of Teachers had been working without the benefit of a settled contract since June 30. They walked off their jobs Nov. 7, enacting the first strike in the district's history. Contract negotiations reached a truce Nov. 11, and teachers returned to their classrooms the following Monday.

Dist. 71 teachers can now expect an average 3.5 percent salary

hike including step raises during this contract year, and an average increase of 4.5 percent for the next two years.

Teachers' primary complaint with the contracts offered before the strike centered around pay and number of days worked. Illinois Federation of Teachers negotiator Ray O'Keefe, enlisted by the Council this summer to expedite talks, said the Dist. 71 calendar was longer than most elementary districts in Niles Township. The teachers at Culver Middle and Niles Elementary South Schools had been working a 185-day work year. The teaching schedule for the township ranges between 180 and 185 days, according to the negotiator.

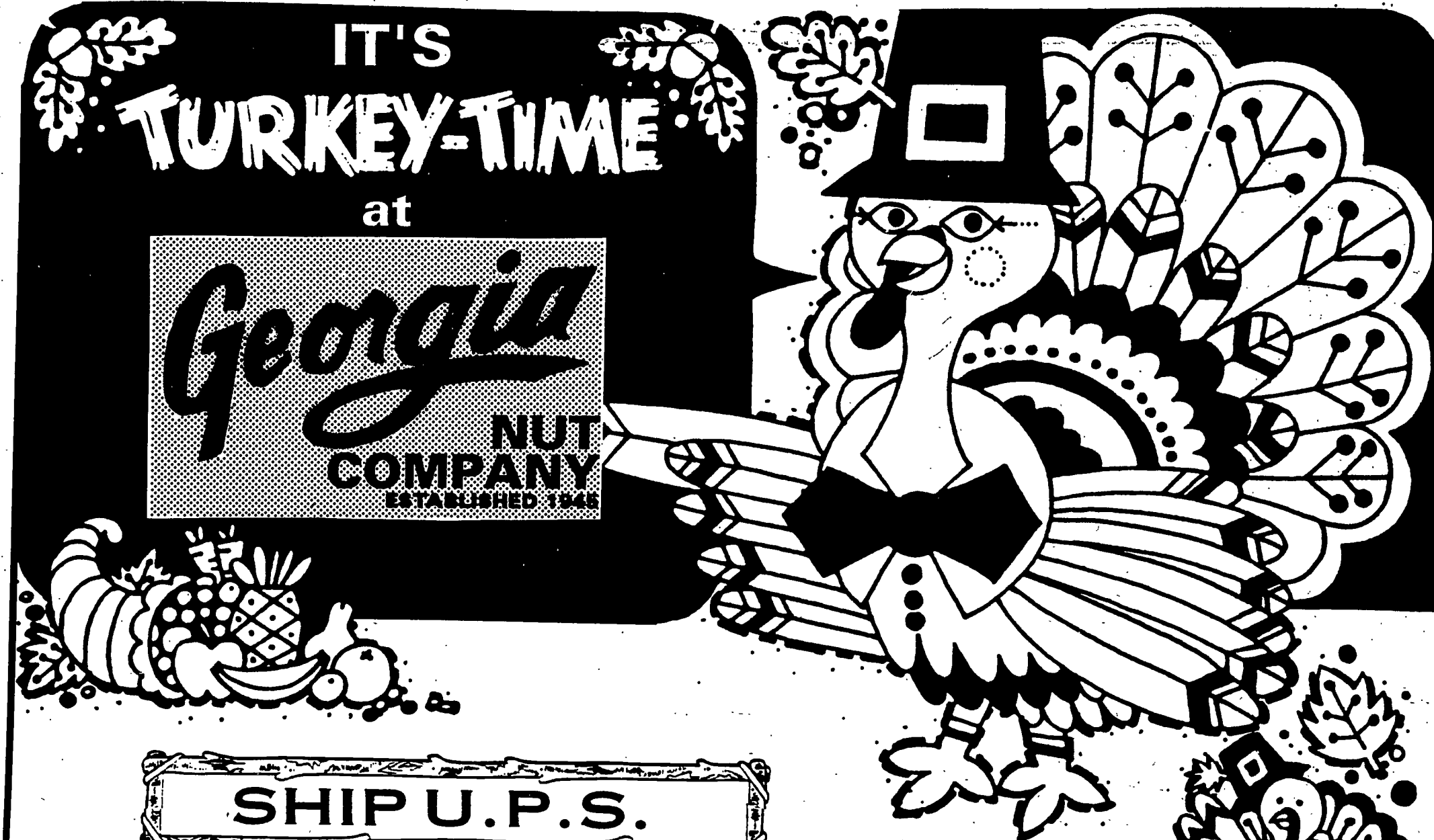
The newly-approved contract is currently set up on a 183-day calendar. The Board of Education could, however, extend that schedule an extra two days and pay teachers on a per-day basis for the extension.

Teachers had argued they would rank "dead last" in the lineup of township elementary teachers salary packages on the original contract offered this year. Now, O'Keefe said the teachers have a "competitive" salary, will end up with a near middle average salary for township elementary teachers by the end of the third year.

The historical strike, with teachers from both schools picketing in shifts in front of their workplaces, lasted four scheduled school days. The fifth day of the strike was a school holiday, Veteran's Day.

The missed days may be logged as school emergency days instead of being made up by teachers and students, O'Keefe said.

Earlier, teachers had proposed knocking two days from their schedule by combining two half-days and eliminating a school day routinely used for a staff-student picnic. Five emergency days are allotted each year, O'Keefe said.



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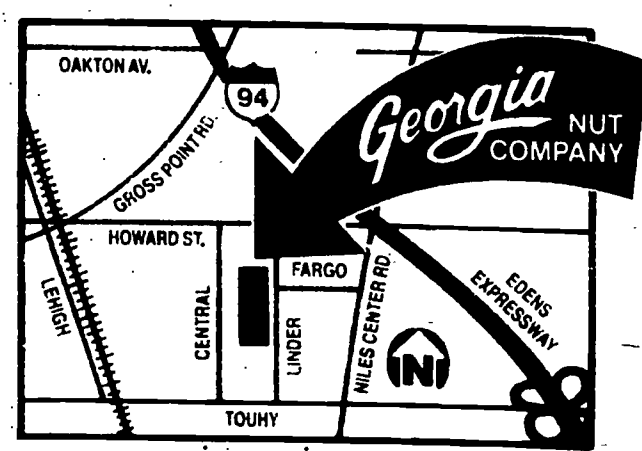
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Officials discuss solutions to gang activity



Dr. Robert Varga (right), superintendent of School District 83, discusses his district's zero tolerance of gang activity and symbols. At left is Maine Township Supervisor Mark Thompson.

Several local school and law enforcement officials recently took part in a panel discussion at Maine Township Town Hall to focus on the level of gang activity in the community and what is being done to prevent gang problems.

Among those speaking were Carol Grenier, principal of Maine East High School; Dr. Robert Varga, superintendent of School District 63; and Henry Spight and Lt. Jerry Cassery of the Cook County Sheriff's Police. The program was moderated by Maine Township Supervisor Mark Thompson.

About 80 residents attended the forum. Also in the audience were State Sen. Marty Butler, State Rep. Rosemary Mulligan, Park Ridge Director of Public Safety Robert Colangelo, School District 63 President Scott Kreisman, Golf Maine Park District President Dave Greenfield, Golf Maine Park District Commissioner Chris Stat, Elmwood Park Mayor and Cook County Board candidate Peter Silvestri, Maine Township Trustees Earl Elliott and Jim Reilly, Maine Township Highway Commissioner Bill

Fraser, Maine Township Collector Robert Provenzano and members of Maine Township Neighborhood Watch.

Both Grenier and Varga emphasized that their schools have zero tolerance for any type of gang activity, including the wearing of caps, coats or other gang symbols. They also reported that the number of gang-related incidents at their schools has been very low this year.

Thompson praised Grenier and Varga for their schools' encouragement of safe and productive alternatives, including the township's Youth Drop-in Center, for area students.

"We've had tremendous support from District 63 and Maine East for the Drop-in Center," he said.

Spight discussed the benefits of community policing, in which Sheriff's police walk beats and actively interact with residents on a regular basis. Cassery added that reducing gang activity also depends upon community involvement and cooperation among a variety of government agencies.

"The future is in our hands," he said.

Niles police chase thief into Chicago

By Tracey Berk

Niles police chased a would-be burglar by car to Chicago before the offender got away on foot Nov. 22.

Police responded to an activated burglar alarm at Sportmart, 7233 Dempster, around midnight. When they arrived, they saw a man run out of the southwest dock door, enter a white Chevrolet and flee eastbound on Dempster.

Niles units chased the car through Morton Grove and onto the highway. There they were joined by state police and Chicago police. The chase continued to the Eisenhower expressway.

The offender exited at California and drove down several streets before exiting his car and fleeing on foot. A check of the area proved negative. Police had the vehicle towed and processed for prints.

"We traced it to a U.S. Government car," said Sergeant Roger Wilson of the Niles Police Department. "It was stolen."

During the burglary investigation, the perimeter of Sportmart was secured by Morton Grove and Niles officers. Rosemont police responded with a canine unit, but did not turn up anything.

Store employees said nothing appeared to have been taken.

The offender had driven the vehicle into the door of the building in an attempt to gain access. This method had been carried out in three other instances last week.

Police said that a brown car was used to attempt to smash the doors at Sportmart, Kmart and Office Max on Nov. 18.

"We thought (the car) was a Buick," Wilson said. "They are checking for alarms. But they can't get in."

Nothing was taken from the three sites Nov. 18, but extensive damage was done to each door.

Wilson said the cases are under investigation.

Niles Chamber to give away holiday tree tags

Free tie-on tags for use by tree vendors will be available this year from the Niles Chamber of Commerce and the Illinois Traffic Safety Leaders (ITSL). One side of the tag reads, Drive Smart/ Drive Sober, Help Keep The Holidays Joyous! The reverse side of the tag has been left blank for the price of the tree. The tags are 7 inches long and include a wire tie.

This is the eighth year that the tags have been distributed, and the first time that the Chamber has joined in the distribution.

The tags are being used in Illinois to call attention to the annual National Drunk and Drugged Driving Awareness Month. Observance is throughout December.

The tags may be ordered by phoning the Niles Chamber of Commerce & Industry at (708) 647-0144.

Community college professor awarded as best

by Susan Klingman

Two of Jerit's writing students explained how she has helped them, in particular, as students returning to school after some time away. Diane English, of Northbrook, spoke of how freely and generously Jerit gives time to her students.

Mary Ann Gonzalez, Des Plaines said, "Lynda Jerit helps her students develop emotionally and socially." "She is a very motivational teacher."

Jerit Mikell, Chicago, one of Jerit's history students, explained how she brings exhilaration and power to the classroom, facilitating her students' ability to put themselves at the time in history they are studying.

"She deserves more than being teacher of the year," Mikell said with obvious emotion. "I wish she could be my mother. Everyone should have a class with her in their life."

Jerit has received numerous awards throughout her career, including the Outstanding Teaching Effectiveness Award from Oakton, and an award from the Illinois Community College Board given to her as a member of the Steering Committee for the Critical Literacy Project. She helped to produce two hour-long videos for the PBS series Teaching for Critical Thinking, and has done extensive consulting nationally in conjunction with the Critical Literacy Project.

"As I go along I continue to learn and grow and what I understand grows," said Jerit, explaining that although she has taught the same courses for 25 years, she never teaches the same thing.

OCC Board Vice-Chair, Ray Hartstein, said that Jerit brings out the best in her students. "On behalf of the Board, thank you for bringing this honor to yourself, and to Oakton," he said.

As she accepted the award, Jerit said she believes there is a lot of very good teaching at Oakton.

Jerit, who has taught at Oakton since 1972, attributes much of her success to the OCC environment. "Oakton has confidence in its teachers to develop their own style," she said. "It is a school that allows me to be who I am and then praises me for it."

Cat show this weekend

A cat show will be held Nov. 26 and 27 at the Rosemont Expo Center.

The Windy City Cat Fanciers are hosting the show in Rosemont at River Road and the Kennedy Expressway where all profits will be donated to cat health development and shelters that help homeless cats.

For more information call Joan (708) 839-5032.

YMCA and local schools join crusade to water-proof kids



Hynes second graders (from left) James Daniel, Andrew Tarach, and Jigmesh Patel get safety instructions from instructor Carol Walsh during the Leaning Tower YMCA's Everybody in the Pool program.

The Leaning Tower YMCA has joined the YMCA of Metropolitan Chicago in launching a crusade to water proof children and save young lives. This fall, in partnership with local schools, 17 YMCAs throughout the area introduced Everybody in the Pool, a free swim and water safety program for second-grade students.

In the Morton Grove community, one school committed to the program. Sixty youngsters from the Hynes School benefited from quality swim instruction during the regular school day. Three additional schools have signed on for the remainder of the year in the communities of Niles and Skokie. Everybody in the Pool is designed to provide healthy exercise, vital safety lessons and build the self-esteem of young children.

"Every year there are tragic accidents where children drown or suffer serious injury in water-related mishaps," said Anita Perrotti, Aquatic Director of the Leaning Tower YMCA. "Many of these incidents could be prevented by teaching youngsters basic water-safety principles. By making swim and safety education part of the school curriculum, we can do just that."

The Leaning Tower YMCA has made an ongoing commitment to the Everybody in the Pool program. Working with schools and focusing on new classrooms of second-grade students each year, the Y has the potential to reach a large number of the area children. With expertise in aquatics and child development, the Leaning Tower YMCA is ideally qualified to launch a water-safety initiative. Participating schools can select from a number of Everybody in the Pool models. Second-grade students from Hynes School left the classroom for one hour of in-pool instruction at the Y, once a week for five weeks.

The YMCA has targeted second-grade students for two reasons. Research shows that children in the seven-to-eight-year range are most susceptible to water-related accidents. In addition, students at this age have the physical and intellectual maturity to benefit from structured swim instruction.

During the hour long program each week, children spend 45 minutes in the pool learning fundamental swimming skills. At the onset, students are tested and divided into groups according to their skill level. Time is devoted each day to water-safety discussions. Children learn how to put on life jackets, what to do when they see a friend having trouble in the water and basic safety do's and don'ts.

Children who complete the in-pool safety segment of the program receive an Everybody in the Pool certificate of accomplishment.



St. Matthew Lutheran Home leads the way

The Illinois Association of Homes for the Aging (IAHA) has reorganized and changed its name to the Life Services Network of Illinois (LSN) to better reflect the diversification and programs its members represent. The statewide Association with offices in Hinsdale and Springfield, represent 300 organizations providing nursing services, retirement housing, assisted living and community services to over 35,000 older adults in Illinois. St. Matthew Lutheran Home is a proud member of Life Services Network of Illinois.

"As part of this Association, St. Matthew Lutheran Home has the additional support we need as we continue to meet the changing needs of the different populations

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Seniors' calendar features holiday celebrations

A Christmas celebration with grandchildren, a luncheon visit from Santa and a trip to see "Camelot" are all on the calendar next month for the Maine Township Seniors.

The Seniors will hold their monthly bingo games on Thursday, Dec. 1, at the Breakers, 8975 Golf Rd., Niles, and on Tuesday, Dec. 6, at Oakton Arms, 1665 Oakton Place, Des Plaines. Doors open at noon and play begins at 1 p.m. There is a limit of 100 players at each location and advance registration is required. An admission fee of 50 cents is charged at the door to cover the cost of coffee and sweet rolls.

On Sunday, Dec. 11, and Wednesday, Dec. 14, entertainer Frank Pellico will play old-time favorites on the electric organ during the Seniors' monthly luncheons at Banquets by Brigante in Park Ridge. Santa Claus also will make a special guest appearance during the afternoon. The Sunday luncheon starts at 1 p.m. while the Wednesday luncheon starts at noon.

On Thursday, Dec. 15, Seniors will take a trip to the Drury Lane Oakbrook to see "Camelot," the classic musical set in the days of King Arthur.

Before the show, Seniors will eat lunch in the restaurant adjoining the theater. Lunch includes salad; a choice of roast sirloin of beef or orange roughy; garden vegetables; potato, rice or pasta; fresh-baked bread; dessert; and choice of beverage.

Buses will leave at 10:30 a.m. from the parking lot at Maine West High School, 1755 S. Wolf Rd., Des Plaines, and will return to the school at about 5:30 p.m. The cost for transportation, lunch and the show is \$31.50 per member and \$36.50 per guest.

On Saturday, Dec. 17, Seniors and their grandchildren will be able to enjoy "The Magic of the Holidays," a program at the Des Plaines Public Library. Scheduled for 10 to 11:30 a.m., the event will feature storytelling, magic, crafts, music and refreshments.

More than 3,800 residents are part of the Maine Township Seniors. Most activities are limited to members, but there's no cost to join and new members always are welcome. Residents who wish to enroll must be at least 65 years old and live in Maine Township. For a membership application, or for more information about trips and other activities, call Sue Neuschel, Director of Adult & Senior Services, at 297-2510, ext. 240 or 241.

The name of the change was approved on Oct. 5, at the Membership Meeting during IAHA's Fall Conference and Exhibition in Peoria, IL, and is effective immediately. St. Matthew Lutheran Home has been an active member in IAHA and now Life Services Network of Illinois since 1974. Life Services Network of Illinois is an affiliate of the American Association of Homes and Services for the Aging, located in Washington, D.C.

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 Bob Besser
 Editor and Publisher

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STAMP CLUB
 The Stamp Club is currently looking for new members. See Mary Oleksy if interested.

YARN NEEDED
 If you have any left-over yarn, please bring it to the senior center. Lap robes are made for veterans from your generous donations. Also, volunteers are needed to crochet and/or sew lap robes or slippers. If interested please call Mary V.

SENIOR CENTER CLOSED FOR HOLIDAY
 The Senior Center will be closed on Thursday, Nov. 24 and 25 due to the Thanksgiving Holiday.

WOMEN'S CLUB PRE-MEETING LUNCHEON
 The Women's Club pre-meeting luncheon is on Monday, Nov. 28 at noon and will feature a beef sandwich for \$2 per person. The business meeting will be held at 1 p.m. followed by guest speaker and meteorologist Harry Volkman.

MEN'S CLUB HOLIDAY PARTY
 Men's Club Holiday Party is on Friday, Dec. 2 at the White Eagle. Prices are \$16.50 for chicken or \$17.50 for beef or fish, individually served, not "family" style. Completed table reservation forms are to be returned to the center no later than Friday, Nov. 18 by 4:30 p.m. Persons will be informed of their table assignments on Dec. 2 at the Holiday Party. Please bring non-perishable food items or a brand new toy for a child between the ages of seven and twelve, on the day of the party, to be donated to the Maine Township Food Pantry. The toy should be gift wrapped and marked with the appropriate age and sex of the child for whose use it is intended.

BOOK REVIEW
 Book review is on Friday, Dec. 2 at 10 a.m. at the Senior Center. Barb Kruser from the Niles Public Library will lead a discussion of Danielle Steel's novel, "Accident." The cost of \$1 includes refreshments.

MEN'S CLUB PLANNING MEETING
 The Men's Club Planning meeting is on Monday, Dec. 5 at 10:30 a.m. All members are invited to come and share their ideas.

NEEDLEPOINT CLASS
 Needlepoint class meets from 1 to 3 p.m. at Ballard Leisure Center on Monday, Dec. 5 and 12. Call for information.

MAKING SENSE OF SHINGLES
 "Making Sense of Shingles" video presentation is on Wednesday, Dec. 7 at 2 p.m. and is designed to help people recognize the warning signs of shingles and understand the importance of seeking prompt medical attention. Registration required. FREE. Presented by Terry Sprengel, RN,BSN.

SENIOR CENTER DECORATION PARTY
 The Senior Center decoration party will be held on Friday, Dec. 9 at 10 a.m. Come join in the fun as we "Spruce" up our center for the holiday season! Pizza will be served to all decoration volunteers! Come share the holiday spirit with us! Registration helpful.

REVERSE MORTGAGE
 Reverse mortgage information sessions are available on an individual basis on Monday, Dec. 12. Call for appointment.

WOMEN'S CLUB HOLIDAY PARTY
 Women's Club holiday party will be held on Monday, Dec. 12 at noon. The menu will feature Chicken Picante, (breast of chicken in a lemon sauce) and all the trimmings. Entertainment will feature the one and only "Frank Passini" and impressionist, singer, actor, comedian! Cost is \$6. Purchase tickets by Monday, Dec. 5.

WOMEN'S EXERCISE PROGRAM
 Women! are you ready to get in shape and reap the benefits of good health? If interested see Mary Oleksy for information. We are looking to start a bi-weekly class.

CRAFT AND HOBBY INSTRUCTORS NEEDED
 If you have a talent for crafts or hobby expertise and would like to teach others how to do those crafts or hobbies, then please call Mary Oleksy at the Senior Center. We are currently looking for part-time instructors with some creative ideas for new classes.

ADDRESS INFORMATION REQUESTED
 If you are not receiving our calendar, flyer and newsletter please call the senior center and let us know and we will correct our records or add you to the mailing list if you aren't currently registered. You don't want to miss all of the happenings so call right away.

VOLUNTEER OFFICE WORKERS TRAINING
 Anyone who would like to volunteer at the front desk of the Niles Senior Center is encouraged to participate in a training session on Wednesday, Nov. 30 at 10 a.m. Newcomers are encouraged to participate. For more information contact Mary Oleksy.

IT CAN'T HAPPEN TO ME OR MY FAMILY
 "It Can't Happen To Me or My Family" community education program on HIV is on Wednesday, Nov. 30 at 2 p.m. Learn basic information on the disease, transmission and progression of AIDS. Talk with someone who is HIV-positive to better understand the effects this diagnosis has on a person. Registration required. FREE.

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Service seeks seniors to volunteer in friendship program

Community Support Services seeks senior citizens to volunteer in its Intergenerational Citizens Advocate Project which is supported by a grant from The Retirement Research Foundation, the largest private foundation solely devoted to aging and retirement issues.

This program is designed to develop friendships between volunteers and adults with developmental disabilities who live in the community. For at least six hours a month, volunteers will share their recreational/leisure interests, building friendships that will help the persons with disabilities reach their greatest potential as they participate in community activities. Volunteers will also assist the individuals to speak out about what they need and want.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D024411 on Nov. 1, 1994 under the Assumed Name of M & G Enterprises, 4912 Jarvis Ave., Skokie, IL 60077. The true name(s) and residence address of owner(s) is: Gregory Goldman, 4912 Jarvis Ave., Skokie, IL 60077.

Volunteer training for this program is provided by Community Support Services. To get involved in this exciting new program, call Liz Marguerite at (708) 354-4547 for more information.

Senior December getaways

December is an exciting month for seniors who enjoy taking one-day excursions with the Northbrook Park District.

Immerse yourself in the magic of "Les Miserables," one of America's most popular shows, on Dec. 1, at the Auditorium Theatre in downtown Chicago. A complete Italian dinner at the Como Inn Restaurant will follow the performance.

Or, enjoy a trip to the famous Christmas House in Racine, Wisconsin, including lunch arrangements, on Dec. 6. This journey is a holiday treat you won't want to miss.

Both senior excursions include round trip transportation by deluxe motorcoach. Buses depart from and return to the Park District Sports Center located at 1720 Pfingsten Rd.

If you would like to join your fellow Senior Center members for either or both of these memorable trips, call the office at 291-2988 to reserve your place.

Seminar focuses on long term care

A free informational seminar entitled "After Medicare, Who Pays?" will be offered Thursday, Dec. 1 at 7:30 p.m., in Central Baptist Home's Mini-Mall, 4750 N. Orange Ave., Norridge.

The seminar will be presented by Murray Gordon, president of MACA Limited, an independent insurance agency that has specialized in Long Term Care. His discussion will center on the following topics: Will any government plan include Long Term Care and when; Medicare's current provisions and limits; What 10 standard Medicare supplements mean to you; How to choose the best LTC protection from policies offered; Medicaid spend-down requirements.

"We believe well-informed adults can better cope with long term care crises," said Dan Kiblin. "The probability of needing such care is increasing along with longer life expectancy; annual nursing home costs are spiraling upward and Medicare pays less than 4 percent of these costs. Gordon's valuable insights should prove helpful."

Parking is available in the Central Baptist Home parking lot off Lawrence Avenue at 4750 N. Orange. Call (708) 452-3700, for further information.

City provides Thanksgiving activities for seniors

In an effort to brighten the Thanksgiving holiday for Chicago area senior citizens, the Chicago Department on Aging (CDOA), in cooperation with Odyssey Chef David Koelling, will host the Fourth Annual Odyssey Thanksgiving Luncheon Cruise for 600 homebound elderly residents, Friday, Nov. 25, from 11 a.m. until 2 p.m.

The City of Chicago will also provide other holiday activities for senior citizens that include, ballroom dancing at regional senior centers, delivery of over 8,000 Thanksgiving meals, and hot turkey dinners with all the fixings at 84 Golden Diner locations.



Morton Grove Senior Citizens 470-5223

THANKSGIVING DINNER

Spend a wonderful Thanksgiving Day at the Prairie View Community Center. The afternoon begins with hors d'oeuvres while watching football on a giant screen TV donated by ABT Appliance. Afterwards enjoy a traditional holiday dinner in the Senior Center, ending with a choice of scrumptious elegant desserts and a feeling of warmth and new friendships. If for any reason someone is unable to be with family, then join the Morton Grove family for this year's Thanksgiving celebration on Thursday, Nov. 24. Call the Morton Grove Park District at 965-1200 for details and reservations. Since its inception, this wonderful celebration has been sponsored by the Niles-Morton Grove Rotary, the Morton Grove Park District and the Morton Grove Foundation.

55 ALIVE/MATURE DRIVING

"55 Alive/Mature Driving" is a refresher course for older drivers to improve their driving skills and become eligible for a discount on their auto insurance. A course is offered from 9 a.m. to 1 p.m. on Monday, Nov. 28 and Tuesday, Nov. 29 in the Flickinger Senior Center in Morton Grove. Call the Senior Hot Line at 470-5223 for a reservation.

GOLF MILL

The Morton Grove Senior Center will be making a special trip to Golf Mill Mall on Wednesday, Nov. 30. The trip is free for all Morton Grove residents over age 55 and departure times are 9:30 and 10:30 a.m. For a reservation call the Morton Grove Senior Hot Line at 470-5223.

MAINE EAST, NILES NORTH & NILES WEST

Maine East, Niles North and Niles West High Schools invite seniors (Maine Township residents call 692-8500, Niles Township residents call 965-9366) to join in on free school productions to be performed this fall. At Maine East: Actors' Studio, Dec. 1-3, 7:30 p.m.; and Winter Concert, Dec. 11, 2 p.m. At Niles North: Jazz Concert, Dec. 2, 7:30 p.m.; Band Holiday Concert, Dec. 15, 7:30 p.m.; Choir & Orchestra, Dec. 22, 7:30 p.m.; and Holiday Concert. At Niles West: Holiday Concert, Dec. 20, 7:30 p.m.

CHRISTMAS CHIMES CONCERT

The Morton Grove Chimers will perform a free Christmas Recital for all to enjoy. The recital begins at 2 p.m. on Monday, Dec. 5 in the Council Chamber of the Flickinger Municipal Center. Those interested may bring along their favorite Christmas cookies to share in a social following the recital. Coffee will be provided. Please come and enjoy the music and caroling. At the recital's intermission the Flickinger Senior Center's Creative Gift-Making Class will present the Salvation Army with handmade booties, afghans, mittens, caps and many more items they have been working on over the past months.

CHARLES DICKENS' WINTER WONDERLAND

Delight in Charles Dickens' Old England. Morton Grove seniors experience a Winter Wonderland at the Pheasant Run Resort on Tuesday, Dec. 13. Walk through a life size replica of the Tower of London and be entertained by strolling carolers. A magician will present illusions and jolly Old St. Nick will be on hand as well. One of Pheasant Run's chefs will share the art of decorating gingerbread and holiday cookies and take-home samples will be available along with a personal recipe. A delicious buffet lunch is included along with the opportunity to browse through a holiday style arts and crafts show. After lunch visit the Piano Factory Mall in St. Charles. The bus will leave the Prairie View Community Center at 9 a.m. and return at approximately 4 p.m. The cost of the trip is \$27 for residents and \$29.50 for non-residents. Please register by Nov. 28. For further information call Catherine Dean at 965-7447.

MORTON GROVE HOMECARE SERVICE

The Morton Grove Homecare Service is a new program offered by the Village of Morton Grove to residents age 60 and older who may need assistance with: preparing meals, laundry, light housekeeping, loneliness, bathing, or personal care. The amazing thing about this program is that all services are provided at no charge through the Visiting Nurse Association. To qualify a person must be a Morton Grove resident, be age 60+, demonstrate a need for home care due to medical reasons, and meet income and asset eligibility criteria. For more information contact Morton Grove's Flickinger Senior Center at 470-5246 today.

MORTON GROVE ART GUILD

Artists from the Morton Grove Art Guild will begin creating their artistry through sketching and painting every Friday, from 9 a.m. to noon in the Flickinger Senior Center. All are invited to join in on this group where participants share their ideas and critique. For more information call the Morton Grove Senior Hot Line at 470-5223.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at (708) 470-5223, or the Prairie View Community Center at (708) 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

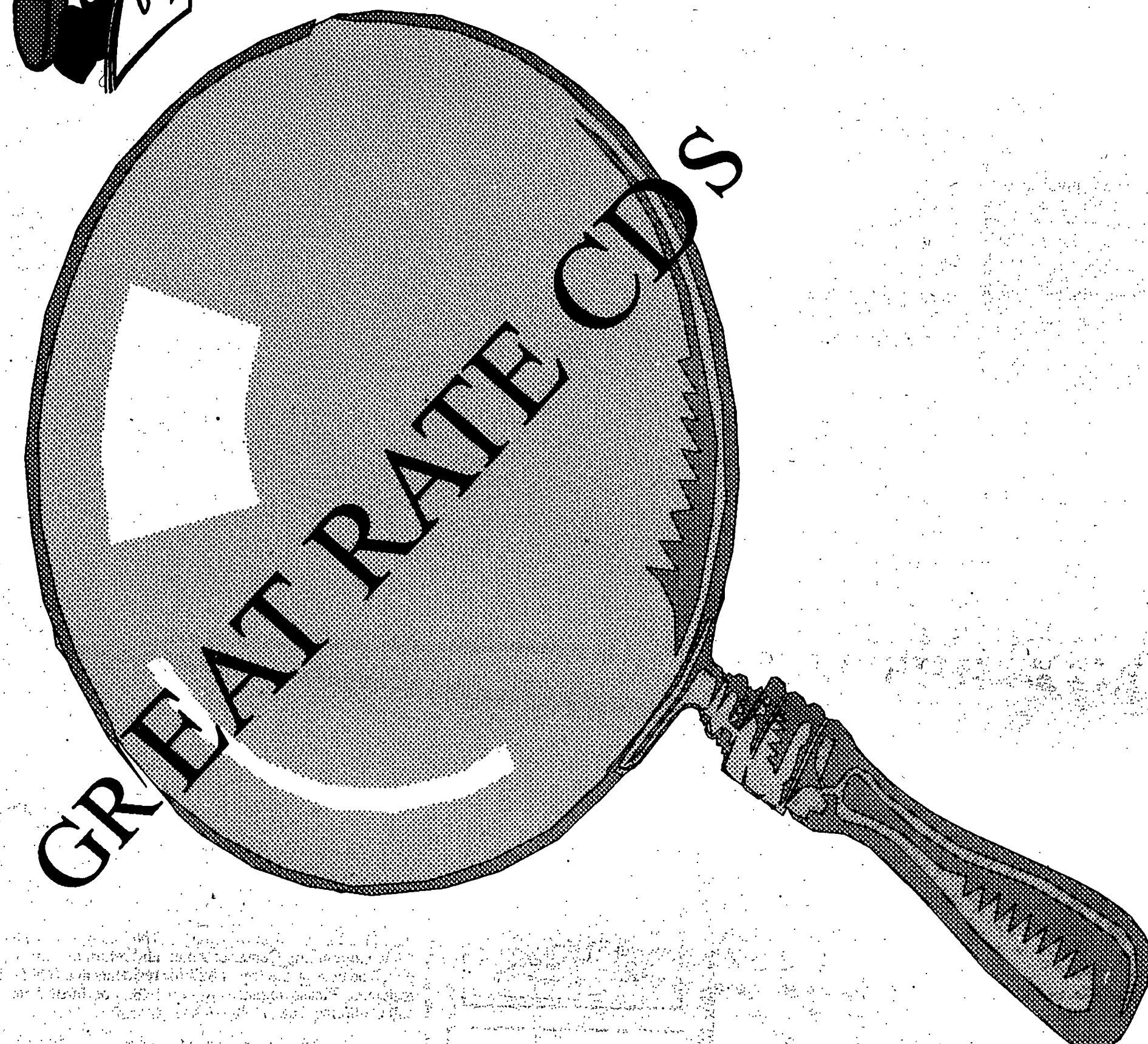
Ring in the New Year at the Senior Center

Join all of your friends as they celebrate good health and cheer at the Northbrook Park District Senior Center New Years Party on Thurs., Dec. 29 at 11:30 a.m.

For registration information, check your November Senior Scene magazine or call 291-2988.



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LEGAL NOTICE
NOTICE OF PUBLIC HEARING
COOK COUNTY COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM PERFORMANCE HEARING

DATE: Wednesday, December 7, 1994
TIME: 6:30 p.m.
PLACE: Cook County Board Room Room 567 - County Building 118 North Clark Street Chicago, IL 60602

PURPOSE: The Cook County Community Development Advisory Council will hold a Performance Hearing to review progress, problems, and the performance of program-wide activities for the 1993 CDBG Program Year. (October 1, 1993 through September 30, 1994.)

The Cook County Community Development Block Grant Program applies only to participating suburban municipalities of less than 50,000 in population. This program does not include the City of Chicago.

Church & Temple News

Church to hold Advent service

Jerusalem Evangelical Lutheran Church will hold its first Advent service on Wednesday, Nov. 30, at 7 p.m. The grade school children will sing. There will also be Advent services on Dec. 7 and 14 at 7 p.m. Jerusalem Lutheran is located at 6218 Capulina Ave., Morton Grove. Sunday services are held at 8 and 10:30 a.m., with Sunday School and Bible classes at 9:15 a.m. For more information, call Pastor Dennis Kleist at 965-7340.

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Congregation honors Hymen

On Thursday, Dec. 1, Beth Hillel Congregation will pay tribute to a very special individual, Muriel Hymen, on behalf of The Jewish Theological Seminary of America.

Since the Hymen Family affiliated with Beth Hillel Congregation in 1960, Muriel has devoted herself to the various services of the Sisterhood, as a Past President, and has functioned for over 25 years as the Chairman of the Kasher Catering Committee. Her untiring efforts have been responsible for raising well over one-million dollars for the Synagogue.

Muriel is married to Earl, and they will soon celebrate their 50th wedding anniversary. They are the parents of four sons, Allen, Ira, Steven and Joel, and the grandparents of seven grandchildren.

A graduate of Morton Jr. College, Muriel went on to continue her education at the Lewis-Weiss National College and received a degree in education.

Earl and Muriel were honored at Beth Hillel Congregation in 1968 at an Israel Bond Testimonial Dinner.

For her dedicated service to the

Synagogue, the Community and the Conservative Movement, and in appreciation for exemplary leadership, The Jewish Theological Seminary of America is proud to bestow the prestigious "Second Century Award" upon Muriel Hymen at the event.

Special guest speaker for the event will be Rabbi William H. Lebeau, Vice Chancellor and Dean of the Rabbinical School at The Jewish Theological Seminary of America in New York.

Chairman for the dinner is Gerald B. Rivlin, a past president of Beth Hillel Congregation.

'Chanukah Shabbat' at Temple Beth-El

Temple Beth-El cordially invites community residents to a Special Chanukah Shabbat Service and Dinner on Friday, Dec. 2 at Temple Beth-El, 3610 Dundee Rd., Northbrook.

Lynn Shapiro and Neal Grofman of the Yiddish Arts Ensemble will perform a dramatic telling of 2 Chanukah stories. The dinner will begin at 6:15 p.m. and the service at 7:30 p.m.

To R.S.V.P. for dinner or for information, call the Temple Beth-El office at (708) 205-9982, weekdays.

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OBITUARIES

Helen J. Brandt
Helen J. Brandt, 91, of Skokie, died on Nov. 5 at the Belard Healthcare Residence, Des Plaines. Mrs. Brandt was preceded in death by her husband, Paul C. She is survived by a daughter, Inga Smith, of Morton Grove; grandchildren, Sharon Heinz, Theresa Mueller, John and Alice Smith; six great-grandchildren; and a sister, Herta Ohman. Funeral service was held Nov. 8 at Haben Funeral Home, Skokie. Interment was in Ridgewood Cemetery, Des Plaines.

All Feizoulof
All Feizoulof, 59, of Skokie, died on Nov. 6 at Evanston Hospital. He is survived by his wife, Sabina; two children, Ceylan and Hayat Feizoulof. Funeral services were held Nov. 8 at Haben Funeral Home, Skokie. Interment was in Memorial Park Cemetery, Skokie.

Josephine L. Maggiore
Josephine L. Maggiore, (nee Bondi), 67, of Skokie, died on Nov. 9 at Lutheran General Hospital. She is survived by her husband, Anthony; children, Lynn Seilheym, Rocco, Rosann Finnicum and Lisa Tomassetti; and six grandchildren. She was preceded in death by a daughter, Karen Maggiore. Funeral Mass was held Nov. 12 at St. Lambert Church, Skokie. Arrangements were made through Haben Funeral Home, Entombment was in All Saints Mausoleum, Des Plaines.

Firmo S. Esguerra
Firmo S. Esguerra, 64, of Skokie, died suddenly, Nov. 12 at Thorak Hospital, Chicago.

Mr. Esguerra was a Radiology Dept. clerk at Thorak Hospital. He is survived by his wife, Velia; children, Firmo, Jr., Mary Ann Hibino, Maribel Mendoza, Albert, Judith and Jennifer; eight grandchildren; five sisters and three brothers. Funeral Mass was held Nov. 15 at St. Lambert Church, Skokie. Arrangements were made through Haben Funeral Home, Skokie. Interment was private.

Anne R. Mitchell
Anne R. Mitchell, 85, of Morton Grove, died on Nov. 14 at Northwest Community Hospital, Arlington Heights. She was the wife of the late Theodore, sister of Helen Zohn, Matilda Blodgett, Marie Kunz and the late Arthur Roggow. Funeral services were held Nov. 18 at Simkins Funeral Home, Morton Grove. Interment was in St. Mary's Cemetery, Evergreen Park.

James M. Miller
James M. Miller, 66, formerly of Morton Grove, died on Nov. 12 at Lutheran General Hospital. He was the husband of Yvonne, father of Jim, Bob, Dee Dee, Nancy, Carol and Mary Lou, grandfather of thirteen, brother of Tom, Jack, Bob and the late Bill. Funeral Mass was held Nov. 15 at St. Martha Church, Arrangements were handled by Simkins Funeral Home, Morton Grove. Interment was private.

Joseph Tarelli
Joseph Tarelli, 79, of Niles, died on Nov. 8 at Lutheran General Hospital. Mr. Tarelli was born Nov. 19, 1914 in Chicago. He was the husband of the late Ida, father of Richard Tarelli and Kathleen (Ray) Johnson, grandfather of Janet and Ray Johnson; brother of Sue, Phyllis, Helen & Marie. Funeral services were held Nov. 12 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

Marie Heinzinger
Marie Heinzinger, 94, of Niles, died on Nov. 11 at St. Theresa Hospital. Mrs. Heinzinger was born Sept. 6, 1900 in Bushnell, IL. She was the wife of the late Harry, mother of Calvin (Tina) Heinzinger, grandmother of six, great-grandmother of twenty-five. Funeral services were held Nov. 14 at Skaja Terrace Funeral Home. Interment was in Forest Home Cemetery, Forest Park.

Joseph J. Raymond
Joseph J. Raymond, 76, of Niles, died on Nov. 12 at Northwest Community Hospital. Mr. Raymond was born June 24, 1918 in Chicago. He was the husband of Rose Raymond, father of Josephine (Robert) Mallek grandfather of Nicholas (Kathy) Mallek and Diana Mallek. Mr. Raymond was a former Niles Zoning Board Member. Funeral services were held Nov. 16 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Mt. Carmel Cemetery, Hillside.

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First Sunday of Advent Service
Niles Community Church, 7401 W. Oakton Street, invites you to worship on the First Sunday of Advent, Sunday, Nov. 27, at 10 a.m. On this Sunday, we begin to get ready for the coming of Christ, as we light the first candle in the Advent Wreath. Our 1994-1995 Seminary Assistant, Linda Holdredge will preach.

Grand Chanukah lighting in Evanston

Grand Chanukah Lighting & Celebration will take place on Tuesday, Nov. 29, at 5:30 p.m. at "Fountain Square" (corner of Sherman and Davis in Downtown Evanston). This will be the third consecutive year in which Evanston's Civic, Business, and Jewish Communities will come together in order to light the 10-foot Menorah.

The entire community is invited to the ceremony, when we join together to celebrate the triumph of light over darkness, good over evil, and freedom of conscience over oppression, which it represents. Musical entertainment will be provided. Refreshments will be served.

For further information, call (708) 869-8060.

Singers welcome at 'Sing-Along Messiah'

Singers are invited to the fifth annual Glenview "Sing-Along Messiah" to be held at 6 p.m. on Sunday, Dec. 11, at St. David's Episcopal Church in Glenview.

Those attending will sing as the chorus, and each is asked to bring their own music for their singing voice, i.e. soprano, alto, tenor, or bass.

Handel's Messiah will be directed by Victoria Jicha, music director at St. David's. The sing-along will feature the Glenview Messiah Orchestra and the following soloists: Tricia Weizer-Swaydrak, Soprano; Janice Pantazelos, Contralto; Mark Nienow, Tenor; and Kevin Misch, Bass.

The concert is held in memory of Albert E. Khamis. Refreshments will be served after the performance.

St. David's Episcopal Church is located at 2410 Glenview Road, Glenview, at the corner of Glenview and Shermer roads. The parking lot is on Shermer.

For further information, call (708) 724-1341.

Success for P-Flag Chapter at local synagogue

The North Suburban chapter of P-Flag (Parents and Friends of Lesbians and Gays) is successful!

Meeting the second Sunday of every month from 2 to 4 p.m., this fledgling chapter has averaged 30-40 attendees at each of its first two meetings. Considering it usually takes several months to a year to reach this level, it is clear the chapter was greatly needed in the north suburban area.

Meeting at B'Nai Jehoshua Beth Elohim (BJBE), a synagogue located at 901 N. Milwaukee Avenue, Glenview, this support group is open to persons of all religious backgrounds, and hopes to provide the opportunity for families to talk about sexual orientation in a non-threatening, confidential environment.

P-Flag is a national, non-gay, educational and family support organization whose main objectives are to heal families, educate society and advocate equal rights.

BJBE's congregation and its rabbis, Mark Shapiro and Amy Memis, had been looking for a way to increase outreach to gays and lesbians, as well as their families, a position strongly advocated by the UAHC, the national body of Reform Jewish synagogues.

In addition to sponsoring local support groups, P-Flag offers both publications and programs on key issues, and hosts an annual international convention.

For more information, contact the BJBE office at (708) 729-7575.

Comedy night at Temple Beth-El

Temple Beth-El cordially invites the community to attend "Taste of Beth-El and Comedy Night" featuring comedienne Caryn Bark to be held on Saturday, Dec. 10, 7 p.m., at Temple Beth-El, 3610 Dundee Road, Northbrook.

Caryn Bark, cited in USA Today as Chicago's top female comic, is a popular performer in all the best comedy clubs. Caryn has performed for HBO and Comedy Central and hosted the local cable show Anything Goes. Caryn currently is performing in her one woman show "Diary of a Skokie Girl".

Their program is part of the library's on-going exhibit Fayerung! Celebrate Yiddish Chicago which continues through

Chanukah party and dance

Chanukah Party and Dance will be hosted at the Tannenbaum Chabad House - Northwestern Jewish Center 2014 Orrington in Evanston.

Featuring at the celebration will be Moshe Moscovitz and the Cheder Boys Choir, and the Koly Noam Band in concert. There will also be a candle lighting ceremony, potato pancakes, loads of refreshments, L'Chaim and more. Of course everyone is welcome.

The festivities will take place on Saturday, Dec. 3 at 8 p.m. The entire community is invited. For further information call (708) 869-8060.

Bat Mitzvah Melissa Bers

Missela Bers, daughter of Elaine and Alan Bers, was called to the Torah in honor of her becoming a Bat Mitzvah, Saturday, Nov. 5, at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove.

A program of Yiddish and Hebrew song

Sima and Arnold Miller, America's Quintessential Interpreters of Jewish song, will present a program of Yiddish and Hebrew Music on Monday, Nov. 28 at 12:15 p.m. in the auditorium of the Harold Washington Library Center, 400 S. State St., in Chicago.

Their program is part of the library's on-going exhibit Fayerung! Celebrate Yiddish Chicago which continues through

Dec. 31. Included in their program will be many selections from their most recent cassette album: Heritage: The Art of the Yiddish Folk Song as well as Chanukah Songs in Keeping with the Holiday Season. Sonia Rockler will present an introduction to the program. Admission is free. For further information, call (312) 747-4876.

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7 DAYS A WEEK

Thanksgiving

"It Is Good To Give Thanks To The Lord" Psalm 92:1

Thanksgiving today is an official holiday but it is a part of our christian and spiritual heritage. With grateful hearts we can thank God for His guidance and blessings. We can celebrate with family and friends the abundant provision that our forefathers never dreamed of.

We would like to invite you to our Thanksgiving service, to worship and sing praise to God for His faithfulness to us.

NILES ASSEMBLY OF GOD CHURCH

Church Service Address: 7877 N. Milwaukee (just east of Oakton) Church Services Time: 11:00 am to 12:00 pm

Church Offices at the Oak Mill Mall, 7800 Milwaukee Ave., Suite 27A Phone (708) 470-9988

Please Call For Prayer or Information

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Niles, Illinois 60714

First Sunday of Advent Service

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NILES ASSEMBLY OF GOD CHURCH

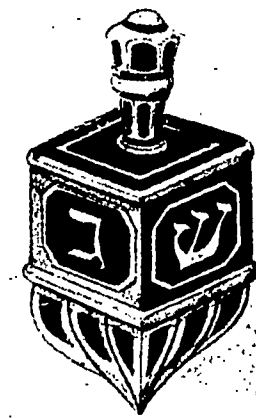
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Church Offices at the Oak Mill Mall, 7800 Milwaukee Ave., Suite 27A Phone (708) 470-9988

Please Call For Prayer or Information



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 Rabbi Naftali Herahkovich

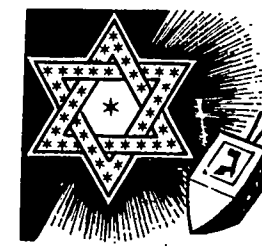


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 Lawrence H. Charney, Rabbi Emeritus
 Aaron Klein, Educational Director
 Shari Bauer, Executive Director
 Roz Parper, Nursery School Director
 Mona Benovitz, U.S.Y. Director
 Marlene Kaplan, President
 Florence Levitt, Sisterhood President
 Herb Root, Men's Club President
 Debbie Feldheim, U.S.Y. President

CHANUKAH GREETINGS.

HAPPY CHANUKAH
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 Jewish Congregation
 Shaare Emet
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 Edmund Winter, Rabbi
 Jan Karzan, rabbi Emeritus
 Myrna Buckman, Pres.
 Joanne Rosenberg, Sisterhood Pres.
 Barry Lieb, Men's Club Pres.



Chanukah Greetings
NILES TOWNSHIP JEWISH CONGREGATION
 Rabbi Neil Brief Hazzan Shlomo Shuster
 Arnold Jacobs, President
 Barbara Offenberg - Exec. Director
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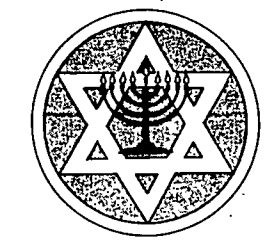
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Congregation Kol Emeth
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 A FAMILY ORIENTED CONSERVATIVE SYNAGOGUE
 Barry Schechter Rabbi
 Congregation President Joyce Avars Sisterhood President Sheila Weiser Men's Club Rep Harvey Weiser

Chanukah Greetings
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 Amy L. Mervis

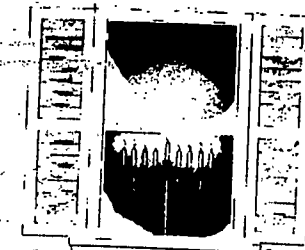


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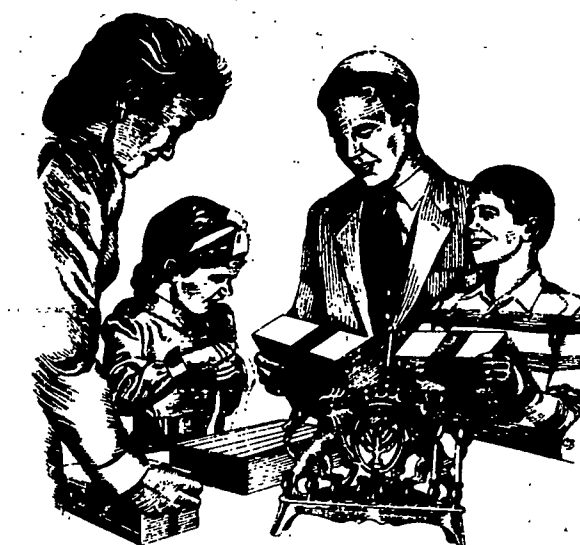
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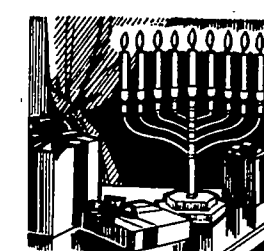
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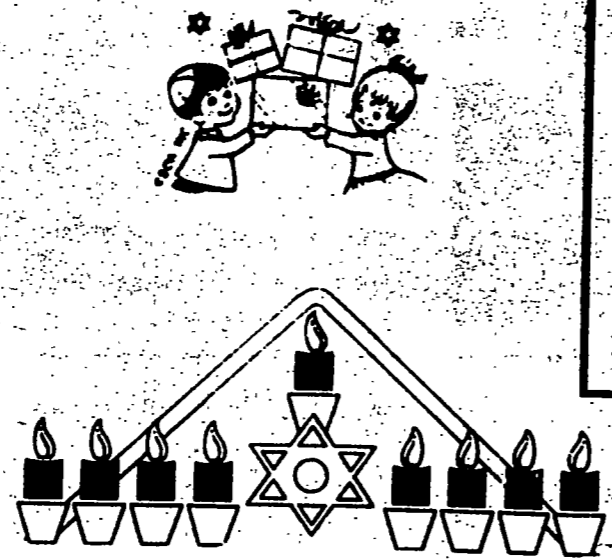
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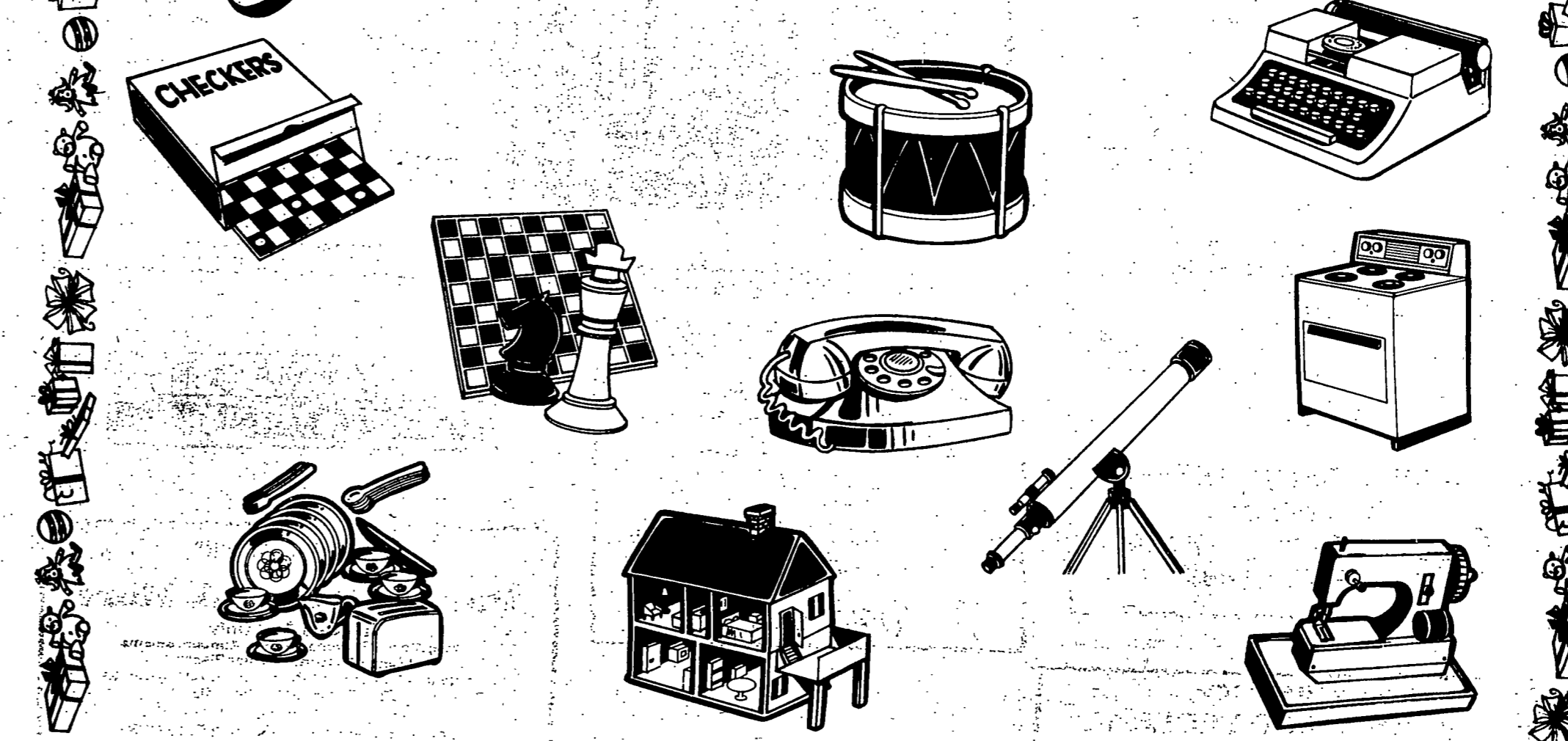
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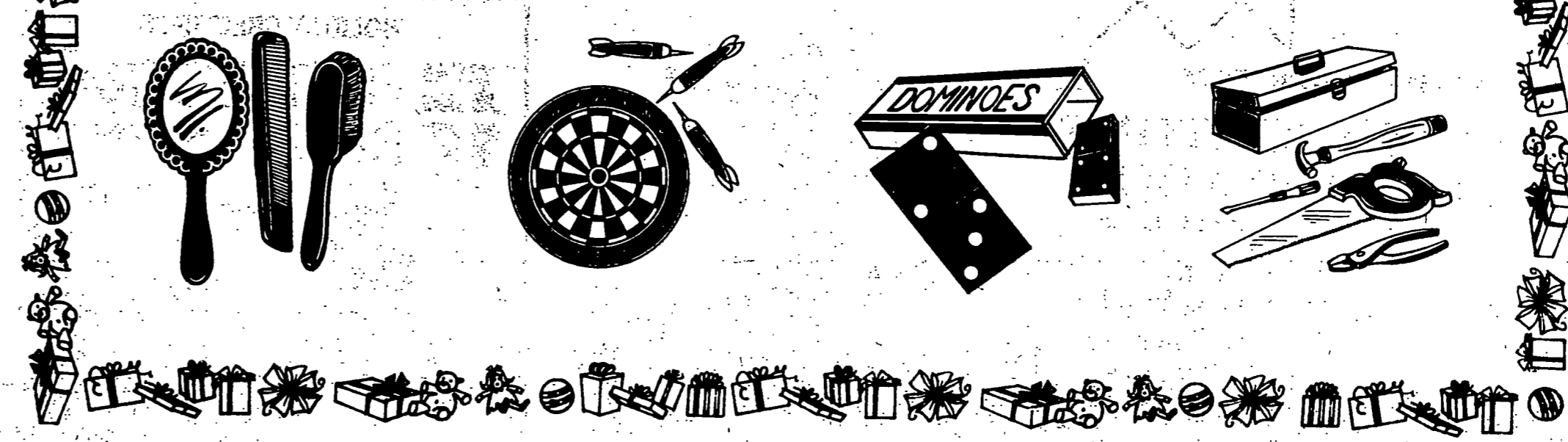
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HOLIDAY FESTIVITIES

Leukemia Research benefits at Rupert's

"Give thanks this Thanksgiving" is the motto of a November special event at Rupert's restaurant, 1701 Golf Rd., Rolling Meadows, in cooperation with the Leukemia Research Foundation. Rupert's is awarding eight dinners for two plus tickets to shows at Second City - Northwest.

Customers who wish to enter the contest may do so by contributing a dollar (\$) to the Leukemia Research Foundation any time during the month in a specially-designed container at Rupert's restaurant. Two winners will be chosen weekly and each will receive a dinner-Second City package for two.

Owner William Kalamaras of Rupert's was proud to announce

that 100 percent of the donations will go to benefit the various programs of the Leukemia Research Foundation. "I think this promotion is going to be great, everybody's got to help other people at some time," said Kalamaras. "I'm just glad the Foundation approached me and I have the facilities to help." Mr. Kalamaras has owned and operated Rupert's for seven years and J. C. Duke's restaurant in Niles for 16 years.

Leukemia is a malignant production of white blood cells eventually interferes with the function of vital organs, and if uncontrolled, causes death.

For more information, contact the Leukemia Research Foundation at (708) 982-1480.

'Breakfast With Santa' returns to Holiday Inn O'Hare

"Breakfast With Santa," an annual holiday delight for young and old, is coming again this year to the Holiday Inn O'Hare International in Rosemont. According to Director of Marketing Christopher Crane, "the program has been so popular, it has become a holiday tradition for area residents." Crane said part of the appeal is that parents or grandparents, as well as the children they bring, don't have to stand in long lines to see Santa.

It is hosted in the hotel's recently remodeled Marketplace Restaurant on the four consecutive Saturdays after Thanksgiving. Families can enjoy a large "all you can eat" breakfast buffet, meet with Santa and then have a complimentary photo taken with him.

Crane said the hotel is supporting the U.S. Marine Corps "Toys For Tots" program by offering one free breakfast for families

that bring a new toy for the Toys For Tots barrel in the restaurant. The toy should be in its original packaging and it is not necessary to have it gift wrapped.

The buffet choices consist of scrambled eggs, bacon, sausage or ham, breakfast potatoes, French toast or pancakes, a variety of cold cereals and choice of juice, milk, coffee or tea.

"Breakfast With Santa" begins Saturday, Nov. 26 and continues the next three Saturdays, Dec. 3, 10 and 17. Reservations are required for seatings beginning at 8 a.m. The cost is \$4.95 for children 12 and under; and \$6.95 for adults, plus tax tips. Extra photographs are available for only \$2 each.

For reservations call the Holiday Inn at (708) 671-6350, extension 7122. The Holiday Inn O'Hare International is located at 5440 North River Rd. in Rosemont, across from the Rosemont Convention Center.

Food Pantry seeks holiday donations

Without help, some needy area residents won't have much to celebrate during the coming holidays. That's why Maine Township is asking for donations to its Emergency Food Pantry.

The pantry distributes hundreds of food baskets to needy residents every Thanksgiving and Christmas. To do so, it needs to keep its shelves well stocked with a wide variety of canned goods and staples.

Right now, the following items are in especially short supply: canned meat products, including pork and beans, Spam and chili; spaghetti sauces; pasta; chunky soups; and fruit juices in non-breakable containers. The pantry also needs donations of turkey, which will be stored in freezers until the holidays.

The volunteer-run food pantry is open year-round to help residents in crisis situations. It is located at the Maine Township Town Hall, 1700 Ballard Road, Park Ridge.

For more information, call the township's General Assistance Office at (708) 297-2510, ext. 236.

Disabled group offers help for holiday blues

Understanding and dealing with holiday stress and sadness will be the topics of next month's meeting of A-SCIP, Maine Township's support group for disabled people.

The meeting is scheduled for 7 to 9 p.m. Thursday, Dec. 1, at the Maine Township Town Hall, 1700 Ballard Road, Park Ridge. Admission is free.

Lisa Wendel, a licensed therapist at Lutheran General Hospital's Pastors' Counseling Center, will talk about why people may feel lonely and depressed during the holidays, and what can be done to cope with the holiday blues. A question-and-answer period will follow her discussion.

A-SCIP offers participants an opportunity to discuss and share methods of coping with the various problems related to their disabilities such as employment, housing, health-related issues, relationships and other topics. Meetings are held on the first Thursday of every month.

Additional information is available through the township's Disabled Services Department, which provides referrals on services for disabled residents, a Telecommunications Device for the Deaf (TDD), transportation services, energy assistance and a guide to accessibility of commercial and public building in Maine Township.

Leukemia Research Foundation to host holiday party

The Golland-Orenstein-Sherman Memorial Chapter of the Leukemia Research Foundation will host a Gala Holiday Party at its monthly meeting on Saturday, Dec. 3.

The meeting will be catered by the Russian Tea Room. You will then be treated to a medley of holiday songs by the Russian Melody Choir. All who are interested are invited to join in the holiday festivities and fun. A lite buffet will be served at 7:30 p.m., followed by the entertainment at 8:30 p.m. Business meeting will then follow.

As space is limited, anyone who is interested in attending must make reservations. For further information and to make your reservation, call (708) 786-3992.

Thanksgiving feast with the animals

Before you begin your Thanksgiving feast on Thursday, Nov. 24, help feed Brookfield Zoo animals a banquet of beet pulp, hog mix, grapes, alfalfa hay, and duck chow at 1 p.m. in Children's Zoo.

Visitors will satisfy the appetites of ducks, horses, donkeys, llamas, cows, and other easily-fed animals and watch as keepers feed not-so-tame animals like hawks, porcupines, and coyotes.

Those who want to join in the fun can meet keepers inside Children's Zoo at 1 p.m. Brookfield Zoo is open from 10 a.m. to 4:30 p.m. daily. Thanksgiving Day admission is free. Car parking is \$4; bus parking is \$8. Children's Zoo is free through February.

Brookfield Zoo is located at First Avenue and 21st Street in Brookfield, just 14 miles west of downtown Chicago. The zoo is accessible via the Stevenson (I-55) and Eisenhower (I-290) expressways, Tri-State tollway (I-294), Burlington Northern commuter line, and PACE bus service.

HOLIDAY FESTIVITIES

Turkey-time travel tips

Grandma's house may be just over the river and through the woods, but getting the family there during Thanksgiving, the most traveled and stressful holiday of the year, can lead to one big headache. Nearly 45 million Americans suffer from headache, 90 percent of which are classified as tension-type. Since stress is a common trigger of tension headaches, traveling during the Thanksgiving season can lead to a whopper unless you're careful. To help you navigate a headache-free holiday, the National Headache Foundation offers several tips.

Plan in advance - A well-planned trip can ease the stress of holiday traveling. Thanksgiving is a time to share with family and friends, so make sure you reserve your tickets early. If you plan to travel by car, plot your course and make all hotel reservations in advance.

Make lists - Forgetting to leave the key with a neighbor who will water the plants and pick up mail can spoil even the best-tasting turkey dinner. Make a list of everything that must be done before you leave, and of all the important items you will need. They may include medication, your toothbrush or Susie's blanket (the one she can't fall to sleep without). Knowing you have everything carefully organized will ease the tension of a long trip.

Set realistic family expectations - Thanksgiving is a time when families are drawn together, but the stress of being with your family over several days may be provoking. Make plans to visit friends, take long walks and give yourself a break from all that family togetherness.

Rest - Fatigue is a common trigger of headaches; be sure to get plenty of sleep before you head out on your journey. Staying up to pack all night will leave you tired and irritable, and may give everyone traveling with you a headache, too.

Don't skip meals or you could spur a headache from hunger - If you're unable to follow your normal eating schedule, pack snacks. Avoid food such as ripe cheeses and chocolate, which can be known to cause headaches.

Avoid alcohol - Drinking alcohol on a flight may seem like a good way to ease the tension of a long trip, but be aware that the dehydrating effects of alcohol become more pronounced in an airplane and may lead to a headache. Additionally, many alcoholic beverages including red wine contain tyramine - a natural-occurring amino acid known to trigger headaches. So, if you choose to drink, do so in moderation.

Consult your doctor - Many Americans suffer from frequent headaches but fail to seek the advice of a physician. If you are experiencing headache pain on a routine basis, ask your doctor for further information on how to treat headaches, as well as avoid them.

For information about headaches or to request a free copy of either one of these brochures - "The Headache Handbook or How to Talk to Your Doctor About Headaches" - call (800) 843-2236 (M-F 9 a.m. - 5 p.m. CT), or send a self-addressed, #10 envelope with three first-class stamps to: National Headache Foundation, Dept. TT, 5252 N. Western Avenue, Chicago, IL 60625.

How to scale down holiday eating

Visions of sugary plums probably started it all, but whatever the origin, there's no question that holidays and food, lots of food, are firmly linked. Banquets, buffets, cocktail parties and cookie swaps set the stage for a non-stop feast from Thanksgiving through New Year's.

For people struggling to maintain diets or those affected by a serious eating disorder, such as compulsive overeating or bulimia, holiday events brimming with tasty temptation pose a difficult challenge.

"People overeat at the holidays for a variety of reasons. There's almost a recklessness that takes hold," says Dr. Maryann Troiani, director of Forest Health Systems' eating disorders program. "Often, our eating has to do with memories of past holidays."

According to Dr. Troiani, the temptation to soothe oneself with so-called comfort foods, such as creamy chocolates or

rich eggnog, takes hold when people are sad or plagued by unhappy memories. On the other hand, glowing recollections of childhood experiences can be "too perfect" for anything in present-day reality to match. "So disappointment or anxiety sets in," says Dr. Troiani, "and some people cope with those feelings by eating."

Busy holiday schedules also contribute to overeating. "It's a hectic time as we try to squeeze extra chores and obligations into already busy lives," she notes. "People eat more when their energy sags or they're overtired."

Dr. Troiani offers some suggestions to avoid overeating during the holiday whirl.

Be good to yourself. If you're feeling overwhelmed by everything you have to do, promise yourself a non-edible treat - a small present or a foot-up, fireside respite at the end of a busy day.

Be realistic. "Perfect" holidays exist thanks to Norman

Rockwell and advertising images, says Dr. Troiani. "Don't make yourself unhappy by expecting non-stop cheer in real life, and you'll be less likely to look in the refrigerator for something to make you feel better."

Be selective -- about where you go and what you eat when you get there. Accept invitations for those gatherings you know you're going to enjoy, and don't feel obligated about the others, she counsels. Ditto for food: savor small servings of the most appealing items and reject the rest.

Be self-centered -- in the best sense. Do what's best to maintain your equilibrium. If you know that spending time with your family creates stress or unhappiness for you, limit it, says Dr. Troiani. "Instead, find pleasure and comfort from an 'adopted' family of friends, with whom you can build healthy, enjoyable holiday traditions."

Nancy Turner supports Grant A Wish Tree at HIP

Nancy Turner, US 99 Radio Personality, will be at Harlem Irving Plaza on Friday, Nov. 25, from 10 a.m. to 2 p.m. promoting the 1994 Grant A Wish Tree. Turner will be at the Tree located near Fannie May Candy in the South Mall of the center which is located at Harlem Avenue, Irving Park Road, and Forest Preserve Drive.

Turner will broadcast live from the Plaza talking with shoppers about the traditional busiest shopping day of the year. She will also be raffling off prizes donated from mail stores and a grand prize round trip airfare from United Airlines.

The Grant A Wish Tree, in its 12th year, provides gifts for the needy throughout the Chicago area. The Tree holds the names of area orphans, handicapped adults and children, and the elderly who are without immediate families. Included are three of their Christmas wishes.

Shoppers are invited to take a card shop for one of the gift wishes, and return the gift wrapped presents under the Tree. The gifts are delivered to the recipients by Christmas Eve. This year visitors to the Tree will also find handmade sachets from Lydia Children's Home available for a donation.

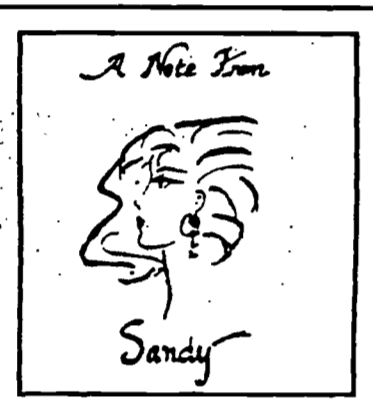
'One Magical Christmas Eve' comes to Park Ridge

"One Magical Christmas Eve," an original play with music and dance, written in the style of Charles Dickens, presented by Classics On Stage of Chicago, will open Nov. 30 at the Pickwick Theatre, Touhy Ave. and Northwest Highway, Park Ridge.

Dates/Curtain times are Monday, Tuesday, Wednesday, Thursday, Friday at 10:30 a.m.; Saturdays, at noon (2nd performance 12:15 at 2:30 p.m.); Opens Nov. 30 and closes Dec. 23.

Reservations are necessary and may be made by calling (312) 989-0598.

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Forest View presents 'Once Upon A Christmas'

In partnership with District 214 Community Education Don Leonard's Family Theater will present eight performances of its world premier production of "Once Upon A Christmas."

Based on the yuletide classic "Miracle on 34th Street," "Once Upon A Christmas" is the new musical collaboration from local playwrights Donald J. Leonard, Jr. and David Reiser.

Featuring a cast of over forty-five participants from the Chicago and the northwest suburbs, "Once Upon A Christmas" tells the story of a man named Kris Kringle and the lawyer who sets out to prove that he is really Santa Claus. Suitable for audiences of all ages, "Once Upon A Christmas" promises to be the one sure-to-please stage hit of the holiday season.

Performances for "Once Upon A Christmas" will be held on Fridays-Dec. 2 and 9 at 8 p.m., Saturdays-Nov. 26, Dec. 3 and 10 at 8 p.m., and Sundays-Nov. 27, Dec. 4 and 11 at

2 p.m. All performances will be held in the Forest View Educational Center Theater, 2121 S. Goebbert Road, Arlington Heights.

Tickets are \$10 at the door, \$9 when purchased in advance and advance groups of 20 or more for the same performance, \$8. All prices are general ticket admission. No student or senior discounts. To order tickets by phone using Visa or MasterCard, call (708) 364-8707, weekdays during normal business hours.

For more information, call (708) 359-3372.

Setting a festive table

The onset of the holidays signals traditional family dinners and that means bringing out the fine china, silver, linens and crystal. If you're planning on hosting such occasions, here are a few tips from Replacements, Ltd., the world's largest supplier of obsolete and discontinued tableware, on setting a festive table without a lot of fuss or expense:

- Use seasonal colored candles, such as red, green, white, gold, or silver. Choose the color that best accents or complements your tableware and linens. You may also want to use candle holders shaped in a holiday motif: angels, stars, etc.
- Accessorize place setting napkins with yuletide themes, such as wrapping candy canes, silver bells or garland sprigs around them. Tie gold or silver pleated ribbons around napkins to coordinate with gold or platinum trimmed tableware.
- Place small wrapped presents or individual garland bouquets with dried flowers at each setting or tiny meshed sacks of chocolates wrapped in tin foil at individual settings.
- Place etched stencils on glassware. Or use colored glassware-red, green, or cobalt.
- Wrap seasonal colored ribbons around stemware. Or hang candy canes from iced tea glasses.
- Fill a soup tureen or crystal bowl with potpourri and pinecones and use as a centerpiece. Or put ornaments and tinsel in a bowl as a centerpiece.
- Put decorated place cards at each setting.
- Attach small wreaths or red bows to the backs of dining chairs.

Adopt a family for the holidays

Each year at holiday time, the Northfield Township Food Pantry distributes Family Food Baskets and children's gifts for needy families living in the Township. The Food Pantry has already received requests for food baskets from approximately 100 local families. These requests come from the elderly and disabled on fixed incomes, white and blue collar workers temporarily unemployed, single mothers, and those who because of extenuating circumstances or low wages, will have a hard time providing holiday dinners for their families.

Historically, requests for help increase rapidly as the Holidays approach. Currently the Food Pantry is far below its goal in being able to supply all these families with food for the Holidays.

The Township is hoping to recruit local families, businesses, and organizations who would be willing to adopt one or more of these families to supply Holiday Food Baskets for Thanksgiving and Christmas and/or provide Christmas presents for the children.

If your family, business, or organization would like to adopt a local family for the Holidays, contact John Bishop at the Northfield Township Food Pantry, at 724-8300.

Pediatric Cancer to benefit from Christmas sale

Volunteers for Bear Necessities Pediatric Cancer Foundation are out raising funds for Kids Cancer Projects, selling Holiday Wreaths and Roping.

Wreaths are available in 24", 30", 36", and 60". Specialty wreaths are also available: Candy Cane, Heart, Christmas Tree and Door Sprays. Roping is available in rolls of 25 ft. and 100 ft. Wreaths prices start at \$13.50; Roping at \$20. All wreaths and roping are made from fresh balsam, direct from the Northwoods.

Pediatric Cancer was rarely attended until Bear Necessities was founded. All proceeds go to Kids Cancer Research. Orders are due Nov. 25, pick-up on Friday, Dec. 2 (3 to 7 p.m.) in Algonquin; on Saturday, Dec. 3, in Park Ridge, or Monday and Tuesday, Dec. 5 and 6 at our office in Cary. Order your wreaths today, by calling Eileen or Deb at (708) 516-4081.

Christmas!

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US99's NANCY TURNER
Friday, November 25, 10 a.m. - 2 p.m.

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Nancy will give away additional prizes during the broadcast as she helps us kick off the opening of our

Grant a Wish Tree!

The Wish Tree holds the names of area orphans, handicapped adults and children, and the elderly who are without immediate families. Included are three of their Christmas wishes. We invite you to take a card, shop for one of the gift wishes, and return the gift-wrapped present under the Tree. We will then deliver them to their recipients by Christmas Eve. Help make Christmas brighter for someone in need.

Visit the Grant a Wish Tree near Fannie May Candy for details and entry blanks.



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HOLIDAY FESTIVITIES

Holiday cards available from Little City

A collection of 12 different holiday cards drawn by children and adults with developmental challenges, such as mental retardation, is now available from Little City Foundation.

Each card depicts a different holiday season and comes packaged in quantities of 25 cards per box. Cost for one package is \$18; \$34 for two packages; \$50 for three packages with 100 cards (four packages) costing \$65. Each package after 100 cards is \$16.25. Shipping costs are \$4.50 for one or two packages; \$5 for three or four packages; \$6.50 for orders of five to nine packages and \$15 for orders of 10 or more packages.

Card imprinting is available at a cost of \$6 for the first package and \$3 for each additional package. Color imprinting available for an additional charge of \$10. Envelope imprinting is available at the same cost.

Coordinated by Little City Industries (LCI) proceeds for the sale of the card will benefit people by providing employment, recreational and housing opportunities. In April 1994, Little City Foundation launched its Cultural Arts Program with a multi-disciplinary project that will culminate in an installation exhibit. The exhibit will provide an opportunity for people with developmental challenges to share their cultural experiences with the general public.

Other forms and additional information are available by calling (708) 358-5510, ext. 886 or 898 or by facsimile machine at (708) 358-3291. Phone orders are accepted when payment is by Visa or MasterCard. The last day for imprinting orders is November 30, 1994.

In addition to the holiday cards, LCI provides employment services for persons with developmental challenges. These services include the placement, training and support of workers throughout the Chicago area. More than 185 individuals are employed by nearly 60 companies in the greater Chicago metropolitan area.

Little City Foundation provides services for children and adults with mental retardation and other developmental challenges such as Down Syndrome, Autism, cerebral palsy and epilepsy. It provides direct care and services for children and adults in Palatine, Illinois and throughout the Chicago metropolitan area. The services include housing, foster care, employment, recreation, health, in-family support, art and advocacy.

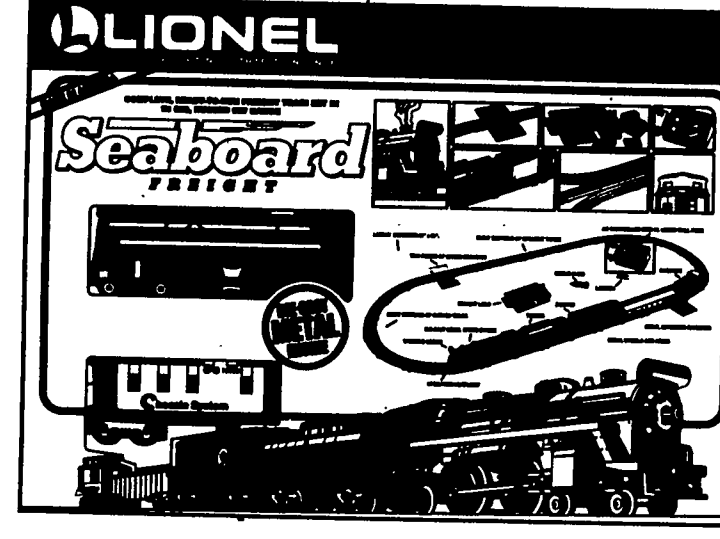
'Christmas at the Cove' opens holiday shopping season

"Christmas at the Cove," the special shopping day that opens the holiday season at the Swedish Covenant Hospital Gift Shop, 5145 N. California, will take place from 10 a.m. to 8 p.m. on Tuesday, Nov. 29.

Great Christmas items for everyone on your shopping list; holiday flowers, cards and decorations, and mouth-watering bakery goods will be available on this festive kick-off to the holidays. Hot cider will be served and special prices will be available. All are invited. The "Cove" Gift Shop is a project of the hospital's Service Guild. All proceeds benefit Swedish Covenant Hospital. For more information, call (312) 878-8200, ext. 5270.

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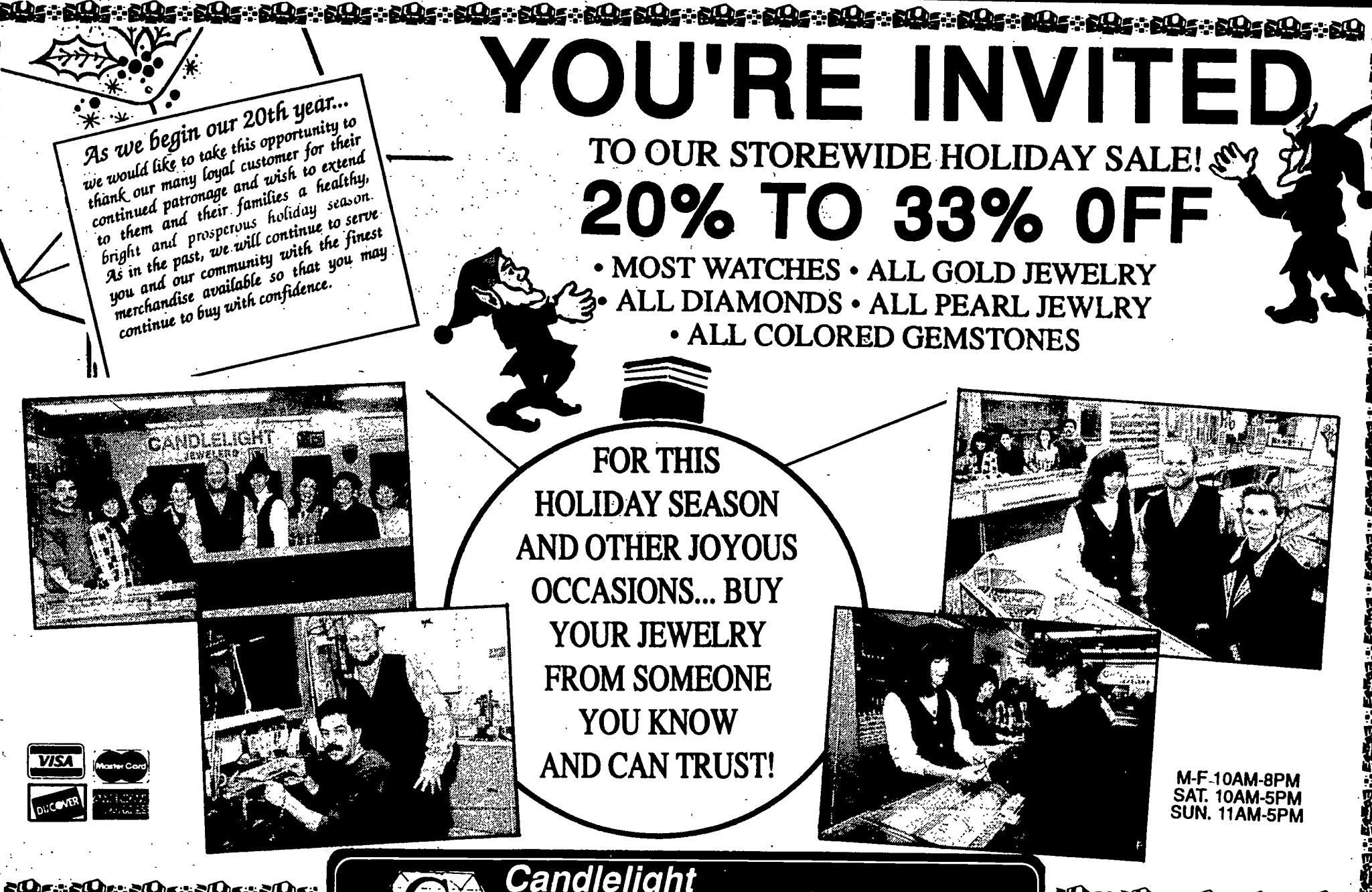
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Entertainment

Music Mart hosts free clinics

The Chicago Music Mart at DePaul Center, State and Jackson, will host two internationally known figures in the music industry in the month of November. Dave Guardala, master saxophone and mouthpiece designer, will host two free clinics on Friday Nov. 25, from 3 to 6 p.m. and on Saturday, Nov. 26, from 12 a.m. to 4 p.m. Kenny Aronoff, drummer for John Mellencamp, will give a free clinic on Tuesday, Nov. 29 at 7 p.m. These events are sponsored.

The Bog Theatre presents 'A Christmas Carol'

In celebration of the holidays, The Bog Theatre, one of the northwest suburbs newest professional theater companies, presents two special family events in December.

The Bog Theatre presents an original radio-play adaptation of Charles Dickens' heartwarming holiday favorite, "A Christmas Carol" beginning Dec. 2 and continuing weekends through Dec. 18.

Performances are at 8 p.m. on Friday and Saturday and at 3 p.m. on Sunday at The Bog Theatre, located at 620 Lee St., in Des Plaines. Tickets are \$10 for adults and \$5 for seniors and students.

The theatre is currently seek-

ing a conductor and musicians (including violin, viola, cello and brass) for this production. The theatre will hold an actors' night on Monday, Dec. 12 at 8 p.m.

The Bog Theatre also invites singers and other music fans to its first "Do-It-Yourself-Messiah" (featuring the Christmas section) on Tuesday, Dec. 20 at 8 p.m. at the theatre. Admission is by donation. Scores available for a fee.

Call 362-6700 for more information.

ing a conductor and musicians (including violin, viola, cello and brass) for this production. The theatre will hold an actors' night on Monday, Dec. 12 at 8 p.m.

The Bog Theatre also invites singers and other music fans to its first "Do-It-Yourself-Messiah" (featuring the Christmas section) on Tuesday, Dec. 20 at 8 p.m. at the theatre. Admission is by donation. Scores available for a fee.

For more information and to reserve tickets, call The Bog Theatre box office at (708) 296-0622.

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You can also help make calls during (Dec. 5-8) at the Year End Campaign.

For more information, call (312) 441-1111

The Greatest Show On Earth opens in Chicago



Step by step, silly stiltwalkers strut their way around the three rings of show-stopping celebration in the all-new 124th Edition of Flingling Bros. and Barnum & Bailey Circus. The circus will be appearing at the United Center through Nov. 27 and at the Rosemont Horizon Nov. 29 through Dec. 11.

A mammoth manager of awe-inspiring animals took to the Three Rings when the all-new 124th Edition of Ringling Bros. and Barnum & Bailey Circus opened its month-long Chicago-area engagement. The animal-packed extravaganza opened Nov. 16, at the United Center, where it will play until Nov. 27, before moving to the Rosemont Horizon, Nov. 29 through Dec. 11.

Headliner Graham Thomas Chipperfield, descendant of

England's oldest Circus family, presents an amazing display of animal training abilities—first with Asian elephants and then with Royal Lions.

Animal antics abound with three rings of canine capers. Astillite Jr. presents a high-energy Old English Sheepdog act, the only one of its kind in the world. Johnny Peers' Mutville Comix incorporates clowning into a canine "tour de farce," and Svetlana's Canine Review features Afghans and St. Ber-

nards. Pint-sized pachyderms Romeo and Juliette, "the babies all America wants to see," are joined by 20 elephants performing to the delight of young and old alike. In an awesome display, nearly a quarter of a million pounds of performing pachyderms rumble the Hippodrome. Tickets to The Greatest Show On Earth can be purchased at the United Center, 1901 W. Madison, Chicago, and Rosemont Horizon, 6920 N. Mannheim, Rosemont, box offices and all TicketMaster outlets. Prices are \$9.50, \$11.50, \$13.50 and \$15.50, with children's discounts available for certain performances. To charge tickets by phone, call (312) 559-1212. For general information, call the United Center at (312) 455-4500 or the Rosemont Horizon at (708) 635-9569.

Apollon, the oldest continuously operating oratorio chorus in the United States, will perform Handel's masterpiece for the 116th consecutive year. For ticket information, call (708) 980-2251.

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ALL SEATS \$1.75

A musical holiday celebration

Music lovers, enjoy the holiday tradition of the Apollo Chorus Messiah on Friday, Dec. 2, and Wednesday, Dec. 7, at 8 p.m. in Orchestra Hall.

Entertainment

Puppet production coming to Centre East

A puppet ballet performance of Hans Christian Andersen's story "The Snow Queen" is scheduled for Centre East Family Theatre in Skokie on Saturday, Dec. 3 at 1 p.m. Preceding the show, Centre East will host its annual Children's Holiday Party in the lobby at noon.

The Snow Queen, performed by the Hudson Vagabond Puppets of Blauvelt, New York, is set to the music of Archangelo Corelli and danced by large-scale puppets including a 14-foot Snow Queen. A host of characters, including a talking reindeer and crow, a fierce snow monster, a rose-growing witch, and dancing ice block letters, join the two children, Kay and Gerda, in their adventures.

All audience members attending this performance are invited to arrive early and join in the fun at the annual Centre East Children's Holiday Party in the lobby, starting at noon. The Skokie Community Chorus will

lead singing of holiday songs, there will be treats for everyone, and a special visit from Santa Claus. Admission to the Holiday Party is included in the ticket price for this show.

Tickets for The Snow Queen are \$7 each (all seats reserved) and are now on sale at the Centre East Box Office (7701 N. Lincoln Ave., Skokie) and at all TicketMaster outlets. Free parking and group discounts are available, and all major credit cards are welcome. To charge tickets by phone, call Centre East at (708) 673-6300 or TicketMaster at (312) 902-1500.

The Centre East Box Office is open Monday through Friday, from 10 a.m. to 3 p.m. and Saturday and Sunday, from 10 a.m. to 2 p.m. Also on sale at the Box Office are Centre East Gift Certificates, in any denomination...perfect for the holiday season. The Box Office will be closed Thanksgiving Day, Thursday, Nov. 24.

Artists offer holiday gifts

A mini-art fair and demonstration, presented by artists from the Illinois Artisans Shop, will take place at the James R. Thompson Center on Dec. 1, on the Atrium Level near the Randolph Street entrance. This is a great opportunity for Loop workers and shoppers to get a head start on their Christmas gift buying.

Ten artists will offer a selection

of wonderful gift ideas for \$20 and under. The Artisans Shop will also have a booth loaded with an assortment of select handcrafted gift and ornament suggestions from the shop. Unusual stocking stuffers such as painted landscape shells, mini-wood clocks, gourd Santas or tiny bottles of natural scents will be available directly from the artists.

Alumni Association presents a Christmas concert

The Taft Alumni & Friends Chorus proudly announces its Third Annual Christmas Concert, "Christmas Was Meant For Children" on Friday, Dec. 9, at 7:30 in the evening in the Taft Auditorium located at 6545 W.

Hurbit, Chicago. Proceeds will benefit extra-curricular programs at Taft High School. You may purchase tickets through Michael Guercio, Special Events Coordinator, by calling him at (312) 775-4356.

Oakton presents "Heaven Can Wait"

Theater lovers can see a rendition of Harry Segall's, Heaven Can Wait, on the stage of the Performing Arts Center at Oakton Community College, 1600 E. Golf Rd. A preview will be held on Thursday, Dec. 1, at 8 p.m., followed by performances

on Friday, Dec. 2 and 9, at 8 p.m.; Saturday, Dec. 3 and 10, at 8 p.m.; and Sunday, Dec. 4 and 11, at 2 p.m. For tickets or more information, call the Oakton Box Office at (708) 635-1900.

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Surprise party for Santa at North Pier

North Pier Festival Market invites every child and their parents to "Santa's Surprise Party Spectacular" on Friday, Nov. 25 at 6 p.m. when he arrives here in Chicago. The surprise party, being held to give something back to Santa, will feature a singing and dancing show on the Ogden Slip dock emceed by Bozo from WGN-TV's "The Bozo Super Sunday Show," with a magical holiday fireworks display choreographed to holiday music lighting the night sky.

Victoria's Christmas Craft Sale

The Norwood Park Historical Society will hold its 7th annual Victoria's Christmas Craft Show and Sale on Wednesday, Thursday, Saturday, Sunday, Nov. 30, Dec. 1, 3, and 4, from 10 a.m. to 5 p.m. and Friday, Dec. 2, from 10 a.m. until 7 p.m., at the Noble-Seymour-Crippen House, 5624 N. Newark, Chicago.

The craft show on Sunday, Dec. 4 will be held in conjunction with the Society's Christmas House Tour and Cafe. Everyone is invited to shop through two floors filled with teddy bears, quilts, hand-painted porcelain, stained glass, dolls, Christmas wreaths & ornaments, tree skirts, fresh breads, and many more unique and lovely handicrafts for holiday decorating and gift giving.

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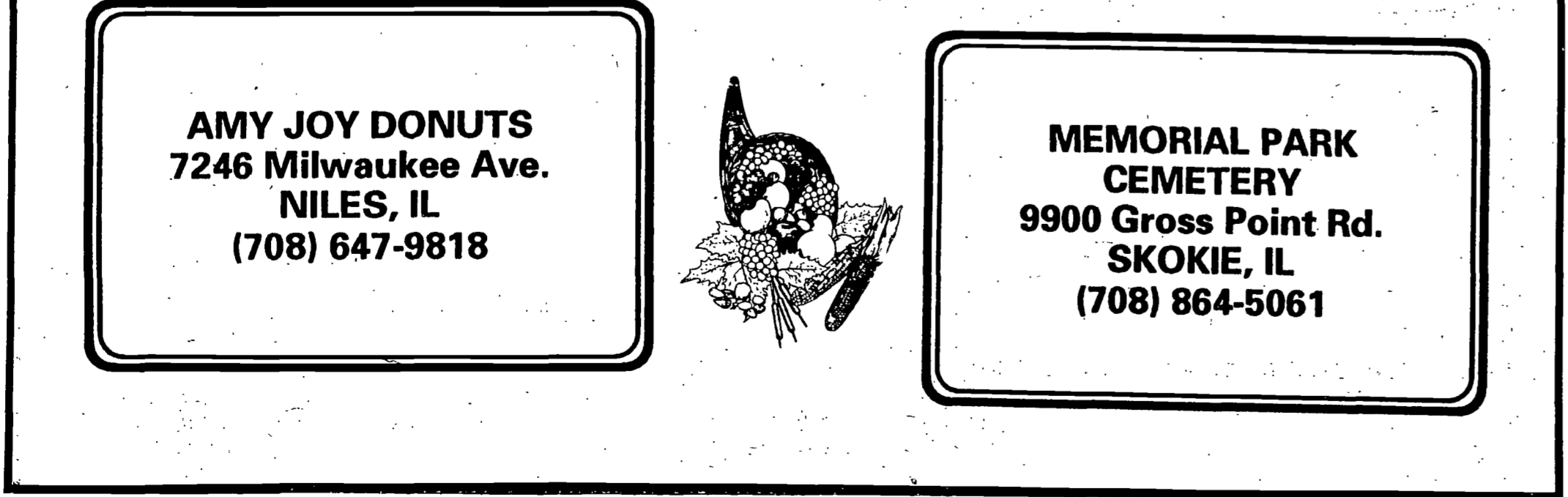


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School News

Festival Jazz Chorus to feature Niles North students



Niles North students (from left) Tricia Laguna, Danny Swartz, Stephanie Feder and Julie Burt all qualified for the Illinois Music Educator's Association (IMEA) District VII Festival Jazz Chorus. Laguna and Feder also will participate in the Festival choir.

St. John Brebeuf Christmas buffet dinner

On Friday, Dec. 2, the St. John Brebeuf Catholic Women's Club will host its annual Christmas Buffet Dinner. The catered dinner will be followed by a raffle and music. Donations of food items and gently-used coats will be collected for the needy. The dinner will begin at 6 p.m. in Flanagan Hall, 8301 N. Harlem, Niles. Ticket price is \$12. For information, call Annette Piousek, 966-6112.

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Local student, staff awarded

Regina Dominican High School student Melissa Moetus, Winnetka, will be awarded the Sheriff's Youth Service Medal of Honor at a special ceremony, on Dec. 3 at the Daley Center, Chicago. Melissa is honored because of her commitment to serving others in the community.

Regina faculty member, Verna Allworth, Glenview, has been nominated by the faculty and staff of Regina Dominican for the 1994-95 Heart of the School Award. This award recognizes Allworth for her special efforts on behalf of students: creative projects and programs, demonstration of excellence, modeling of Christian leadership, and contribution to the faculty and school community.

High School courts light up

The tennis courts at Maine West will have lights thanks to an intergovernmental agreement signed by Maine Township High School District 207 and the Des Plaines Park District. The agreement is designed to provide more tennis facilities for community members without having to build more courts.

In return for the use of the tennis courts whenever the school is not using them, the park district will pay for the cost of the lights. The park district will also inspect, maintain and repair them, as well as providing security for the tennis courts and the lights from Memorial Day through Labor Day. When the project is completed, District 207 will become the owner of the lighting system and will pay the cost of operating it.

Niles student participates in table clinic competition

Russell Cocala from Niles won an award in the annual Table Clinic competition at the University of Iowa College of Dentistry recently.

The purpose of the Table Clinic is to illustrate a clinical technique, a new area of research or a topic of interest, according to Dr. Lisa Wilcox, UI associate professor of endodontics and organizer of the event.

Several of the students will also make their presentations at the annual meeting of the Iowa Dental Association in May 1995.

High school seniors fast for world hunger

St. Scholastica High School seniors again this November participated in a Campus Ministry sponsored "Let It Grow!" Program. Thirty volunteers agreed to fast from solid food for a 31-hour period in unity with the world's hungry people.

The purpose of the "Grow!" is to alert the school community around issues of world hunger. "Growlers" were pledged for each hour of their fast. The entire student body participated in a voluntary cafeteria-served "sample meal" of broth and crackers, donated lunch money to the hungry, and joined the "Growlers" in prayer services. Educational programs helped heighten awareness and make choices as to agencies who would receive funds.

St. Francis celebrates 75th year of teaching nursing

St. Francis Hospital of Evanston, School of Nursing had proudly celebrated its 75th year of excellence in nursing education. The near north shore location with its modern classroom, laboratory and library facilities, offers convenient access to city and suburban amenities in a richly cultural and historical setting. The growing family of facilities at St. Francis Hospital provide extensive clinical experience in all nursing areas including intensive care, coronary care, emergency room and operating room. Mental health and community experiences complete the comprehensive clinical curriculum.

Graduates of the 2-year NLN-accredited program in professional nursing are eligible to take the NCLEX Examination for licensure as registered nurses. The School of Nursing students earn college credits applicable to the baccalaureate degree for selected courses through the School's affiliation with Saint Francis College, Fort Wayne, Indiana.

Men and women of all ages find nursing a career with many personal rewards. For more information, call (708) 316-6230.

Regina plans open house for prospective students

Thanks to numerous members of the Regina Dominican community, the Regina Dominican Nov. 6 Open House was a successful event.

Regina Dominican High School, 701 Locust Road, Wilmette, will hold the next open house for prospective students and their parents on Wednesday, Nov. 30, from 7 to 9 p.m. The National Honor Society members will conduct tours of the entire complex including the computer resource center, the science and physics laboratories and the newly renovated library. Representatives from 15 varsity sports and 20 clubs and organizations will be available in the cafeteria to answer questions for visitors. Registration for 42nd Street, the fall musical, will be open for viewing.

Administrators, counselors, teachers and students will be on hand to welcome and answer questions about Regina's college preparatory program, which includes advanced placement and

early college credit in 13 subject areas. Currently, 100 percent of Regina Dominican graduates go on to college. Regina Dominican serves approximately 500 young women from 69 feeder schools in an area ranging from the Loop on the south, Barrington on the west, and northern Lake County.

"Regina Dominican High School is dedicated to providing programs of academic excellence which promote women's leadership and service in a single-gender, small school environment permeated by gospel values," said Sister Marilee Ewing, O.P., principal.

Students are also welcome to spend a full school day at Regina by placing a reservation with Verna Allworth, pre-admissions director, at (708) 256-7660. Nov. 18, Regina welcomed 20 eighth grade visitors for a day. Regina students acted as hostesses to each visiting eighth grader.

Senior Class fundraiser offers great photo value

Raising enough money for end-of-the-year senior celebrations can be difficult. However, the Class of '95 at Maine East has a possible solution. "Friends Forever," in its second year, is billed as the perfect photo opportunity and a great fund-raiser.

"Friends Forever" could be a great time for all Maine East students and staff members since pictures will arrive in time for holiday gifts. It's a chance to pose for a picture with that special friend, brother or sister, co-workers, class mate, secretary, custodian, ect. Group photos can also be taken as part of "Friends Forever."

Root Photographers have agreed to visit Maine East on Tuesday, Nov. 29, for "Friends Forever." They will be at the school from 7:30 a.m. until 4 p.m. in the dance room (Rm. 166). The price is \$10 per person up to 3 in a photo. With 4 or more in a group, the fee is \$8 per person. All color photo packages whether 8 or 10 dollars will include an 8x10, 4 wallets, and a 5x7. Payment must be made on Nov. 29.

In addition to "Friends Forever," the senior class at Maine East is also currently promoting Jewel and Dominick's Days Coupons

St. Pat's sets open house date

St. Patrick High School, located at 5900 W. Belmont in Chicago, will host its December Open House for 6th, 7th and 8th grade boys and their families on Thursday, Dec. 1, from 7 to 9 p.m. One-hour tours of the school will be given every five minutes by faculty members. Students as well as faculty and staff will be on hand to explain academic, athletic and extra-curricular activities available at St. Pat's.

Open house provides a great opportunity for grade school boys and their families to meet with faculty and to talk to students, it can also be a very effective tool in selecting a school," said St. Patrick Director of Admissions John Catalano.

The visit will include a complete tour of the St. Patrick classroom, laboratory and athletic facilities as well as comprehensive look at the state-of-the-art Computer Education Facility. Information on tuition and financial aid programs will also be provided.

Free parking will be available both in the Austin and Belmont (St. Ferdinand) parking lots. For more information on the open house please call (312) 282-8844, ext. 232.

PTA's Holiday Craft Bazaar a huge success

So many people and area businesses helped to make the PTA's first ever Holiday Craft Bazaar a huge success. Proceeds from the Bazaar will benefit South School's Bulldog Publishing Center and Culver Middle School's Music Program.

Besides all the staff, parent, and student volunteers, the PTA would like to acknowledge raffle contributions made by the following businesses: Cafe Amici, J. C. Duves, Giordanos, Grazianos, Arveys, Subway (Civic Center Plaza), Lone Tree Inn, Amy Joy Donuts, Dunkin' Donuts, Esposito's, LePeep, Jewel, Baker's

Maine students commended for achievement

Each month, the Maine Township High School District 207 Board of Education commends Maine students for distinguished achievement which reflects honor or not only upon the individual students, but also upon their schools and District 207 as well.

Those commended at the November board meeting include: Jamie Vaeth, Nick Stojanovich, Carlisle Kraft, John Lee, Kathy Konieczny, Matthew Kupscio, Tomson George, Richard Grabowski, Tomasz Chochlewicz, Thang Nguyen, Linda Chu, Jennifer Noparstak, Catherine Demavivas, Valerie De La Calle, Demetra Davos, Steven Chiagaris, Agnes Milewski, and Devanshu Patel, of Niles; Edward Suh, Alice Ra, Laura Stone, Robert Abrahamian, Paul Bober, Jason Davis, Alice Lee, and Debbie Park, of Morton Grove; Neela Ghoshal, Larry Smulson, Keith Dvorkin, Rebecca Cohn, Brian Dvorkin, Jung Chul Lee, Catherine Yoon, Raj Ghoshal, Daniel Varghese, James Habel, Richard Kodra, Janusz Nowak, Yasir Bahrani, Magdalena Bialecka, Edna Manteca, Jigisha Patel, Beverly Cronin, Emily Cronin, Kinga Wysocki, Sawa Wysocki, and Stephanie Whalen, of Des Plaines; Jennifer Laurin, Phillip

Yee, Pawel Czeremuga, Bernadette Gil, Alison Adlaf, Nicole Baier, Heather Brammeier, Mary Burns, Neil Gregie, Kristin Klaczek, Todd Pytel, Andrea Wells, Stephen Zibrat, Rachel Cannon, William Dicks, A. Christian Elssesser, Paul Guercio, Nicholas Klensch, Joseph Liss, Daniel Maglier, Scott Marrose, Vicki Pappas, Emily Reiman, Jennifer Schuberth, Scott Schwemin, Terry Wittek, Andrew Kupscio, Jason Loerzel, David Makula, and Mark Simpson, of Park Ridge; and Cindy Park, Brei DiPrima, and Stephanie Johnson, of Glenview.

Laura Heitsch

Laura Heitsch, '94 graduate of St. Scholastica College Prep for Young Women, has been named AP Scholar by the College Board in recognition of her exceptional achievement on the college-level Advanced Placement (AP) Examinations. Heitsch qualified for the AP Scholar with Honor Award by earning grades of 3 or above on four or more AP Examinations, with an average exam grade of at least 3.25.

School News

Res hosts Open House



Resurrection High School students, staff and administration will welcome prospective high school students and their parents to the Res Open House on Dec. 1, from 6:30 to 8:30 p.m. Guests will discover the many reasons why Res is "The Place To Be," while being escorted on a tour of the school's three computer labs, library, theatre, gym, and more. For information about the Res Open House, call (312) 775-6616, ext. 29.

Open house slated at Northwestern

Individuals interested in learning about Northwestern University's Master of Science in Communication (MSC) program will have an opportunity to review course material, meet faculty and discuss the MSC program with current students and graduates of the program at 7 p.m. Thursday, Dec. 1. These information sessions for prospective students will be held in Room EP of Norris University Center, 1999 S. Campus Drive, on Northwestern's Evanston campus.

A two-year, professional degree program that meets weekly on alternate Fridays and Saturdays, the MSC program allows students to pursue a master's degree while working full-time. The program includes courses on communication research, organizational communication, persuasion, bargaining and negotiation, public communication, leadership and decision making, and power and communication.

It all adds up for Niles West Math Team

The Niles West and Niles North Math Teams recently competed in their first math meets of the year with the West sophomore, junior and senior teams all finishing first in their divisions. The Niles West freshman team finished a strong second, with team member Laura Cohn, of Morton Grove, writing a perfect paper. Overall, the Niles West teams collectively placed first in the competition. While the Niles North teams did not fare quite as well, finishing fifth overall in the competition, senior Joel Pollak of Skokie placed first in the oral contest.



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Health News

Multiple Sclerosis support groups meet

The support group of Northwestern's Comprehensive Multiple Sclerosis Program will meet Wednesday, Nov. 30, 10 a.m. to 12:30 p.m., at the Rehabilitation Institute of Chicago (RIC), 345 E. Superior. There will be a discussion on "Holiday Stressors: Getting through the Joyful Season," presented by Mary Ann Sutton, Chaplain, Rehabilitation Institute of Chicago.

The MS Family Support Group will meet Tuesday, Nov. 15, 7 p.m. to 8:30 p.m. at RIC.

The topic will be "Caregiving Concerns: Where Does the Anger Go?" Both meetings are free and open to the public. Free parking is available at the garage at 321 East Erie. Be sure to bring your parking ticket to the meeting for validation. Refreshments are served at every meeting.

For further information, please call Roberta Winter at (312) 908-5381.

American Red Cross battles AIDS crisis

The Illinois Department of Public Health reports 14,834 people in Illinois are infected with HIV, the virus that causes AIDS. More than 12,700 of those people have developed AIDS. Over 80 percent of those reported to be infected with HIV are from the Chicago area. HIV and AIDS can strike people of all ages, races and cultural backgrounds. To help stop the spread of this deadly virus, the American Red Cross urges everyone to take special measures to learn the facts about HIV and AIDS.

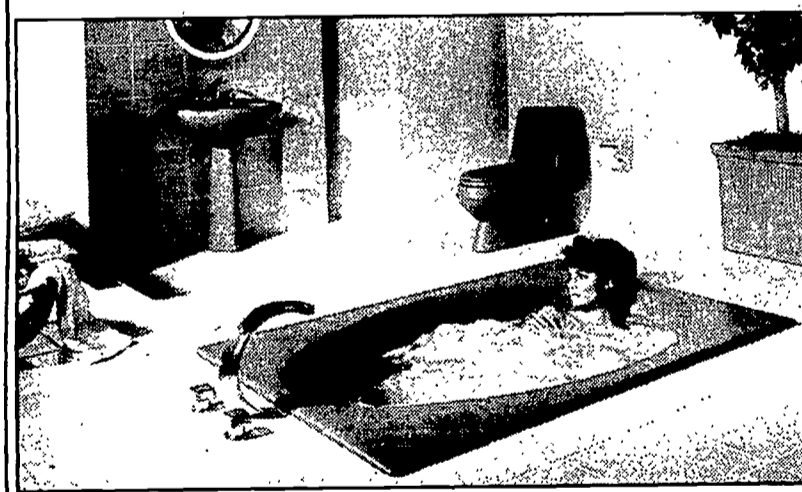
For many of those at risk of becoming infected with HIV and developing AIDS, education may be the difference between life and death. To help combat the AIDS crisis, the American Red Cross offers a variety of HIV/AIDS education programs specially tailored to reach African Americans, Hispanics, teens, young adults, and workplace and community groups. Training courses are also available for those interested in teaching their friends and neighbors how to avoid becoming infected with HIV.

All Red Cross HIV/AIDS education courses teach people about HIV and AIDS in a factually accurate, culturally sensitive, non-judgmental way. Activities include fact-based discussions and exercises about prevention methods, sex and sexuality, and drugs and drug dependency.

However, the fight against AIDS is far from over. The Centers for Disease Control and Prevention (CDC) estimates more than 1 million people nationwide are infected with HIV. Over 361,500 of those infected have developed AIDS. By the end of 1994, the CDC estimates between 43,000 and 93,000 new AIDS cases will be reported in the United States. AIDS is now the third leading cause of death for men ages 25 to 44, the sixth leading cause of death for 15- to 24-year-olds, and one of the top five killers of women of childbearing age. Red Cross HIV/AIDS education programs can make the difference.


The Mid-America Chapter of the American Red Cross serves the more than 7 million people of Cook, DuPage, Kane, Kendall, Lake, McHenry and Will counties through the helping hands of more than 6,000 people, primarily volunteers. For more information on Red Cross HIV/AIDS education or other Red Cross Safety and Health courses, contact your local Red Cross chapter or call (312) 440-2000.

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Former U.S. Surgeon General honored



LSSI President Donald M. Hallberg, left, along with dinner Chairperson Barbara Wittenstrom, right, presented Dr. C. Everett Koop with LSSI's 13th Annual Amicus Certus (True Friend) award Nov. 5. In addition to honoring the outstanding contribution Dr. Koop has made to America's health, Amicus Certus raised more than \$75,000 for LSSI's community-based health care services.

Markowitz named to Alzheimer's Board

Anne Markowitz of Golf has been named to the Board of Directors of the Chicago Area Chapter of the Alzheimer's Association, a non-profit volunteer organization providing services to patients and families within Cook, DuPage, Kane and Lake Counties.

Markowitz, a continuing Chapter Board member, is a retired executive from Sears Roebuck & Company. She was associated with the organization for 33 years in Buying and Buying Management. Markowitz shares her management expertise by volunteering with Executive Service Corps, which provides management and consulting services to non-profit organizations. She had a family member with Alzheimer's.

New Occupational Therapy equipment offered

The Physical Medicine department at Resurrection Medical Center, 7435 West Talcott Avenue, Chicago, has added new equipment for patients in Occupational Therapy and Work Hardening.

A fluidotherapy machine in Occupational Therapy can be used for patients with fractures, tendon repairs, tendon grafts, hypersensitivity, compression injuries, burns and carpal tunnel syndrome. "The use of the fluidotherapy machine will increase mobility for hand and wrist injuries," said Linda Dean, Director of Physical Medicine and Health Management.

Work Hardening has upgraded its Baltimore Therapeutic Equipment Work Simulator (BTE) with the Quest Computer System. The BTE simulates work activities like driving a truck, using tools, operating a machine and other functions. "The work simulator enables the therapist to evaluate work function and endurance, which is important so workers can perform their jobs with greater strength and safety," Dean said. "The addition of the Quest Computer System allows for more accurate evaluation and treatment consistent progression of the injured worker."

The Work Hardening Program at Resurrection Medical Center incorporates physical, occupational and industrial rehabilitative therapy. The treatment program is designed to simulate work activities and recondition injured workers. For more information, call (312) 792-5181.

No prior registration is required. For additional information, call the Bereavement Office at (708) 699-2000.

New local workers join Center of Concern

The Center of Concern welcomed two new social workers to its Outreach Department. Peggy Gray and Irene Golees have joined Jan Christiansen in making assessments and providing friendly visits, escort transportation, shopping, food distribution and many other support services which this department arranges. An important part of their work is recruiting, training and directing the volunteers who help with these services.

The Center of Concern is located in Suite 310, 1530 N. Northwest Hwy., Park Ridge. Since 1978, they have offered a variety of programs to help residents in the Maine Township area. For information about volunteering or services, call (708) 823-0453.

ANAD announces group meeting

National Association of Anorexia Nervosa and Associated Disorders (ANAD) will hold a group meeting for anorexics, bulimics, parents and families at 8 p.m., Thursday, Dec. 1, and Dec. 29 at Highland Park Hospital, 718 Glenview Avenue, Highland Park.

The meeting is free. Those interested are invited to attend. ANAD groups now hold regular meetings in numerous North Shore communities and other sections of greater Chicago. For additional information, call (708) 831-3438.

General grief support group

Rainbow Hospice, Inc. is sponsoring an on-going "General Grief Support Group" for adults who are grieving the loss of an adult through death. This group meets the first and third Wednesday from 7 to 8:30 p.m. at Rainbow Hospice, Inc., 1550 N. Northwest Highway, Suite 220, Park Ridge.

No prior registration is required. For additional information, call the Bereavement Office at (708) 699-2000.

The Doctors Bag: PS What?

by Dr. Edward Strom

My friend Strom was over for dinner the other night. It seems that health care workers talk about the most disgusting things over dinner. This time, he was telling me about his dad's recent physical exam. "Hey Doc, what is the recent talk about this blood test that will tell if my dad has prostate cancer?"

I muttered that it was nice of him to ask about this between bits of linguini. Anyway, once Strom gets going, things damn near begin to be a crusade. Reluctantly, I started by saying that prostate cancer is the second most common cancer in men and the third leading cause of male cancer mortality. Luckily for Strom, prostate cancers rarely occur in men under the age of forty. Other than age, no other clearly identifiable risk factors cause the disease. Over a man's life the chance of developing prostate cancer is 10%. Age raises the chance of developing prostate cancer. A majority of men over the age of ninety have small nests of prostate cancer detectable on autopsy.

Strom asked, "Well how about this test?" The Prostate Specific Antigen (PSA) is a compound made only in male prostate tissue. It is released from prostate cells into the blood. The lab will then measure the level of this compound from a specimen of blood. "And, that is how you can tell if there is cancer?" My goodness, you doctors really continue to improve medical technology." I cautioned my eager friend. The problem with the test is that it is elevated in both cancer and benign conditions commonly seen in men.

In my practice, screening for prostate cancer begins at fifty with PSA tests. Higher risk groups are those who have a family history of prostate cancer or are Afro-American. These people should consult their doctors for more specific recommendations. Now I was ready to break the bubble. "Strom, hate to tell you, but not only should a PSA test be done, but a digital rectal exam should be done as well to determine if cancer is present." By itself, the PSA is inadequate for making a diagnosis of cancer. Both Benign Prostatic Hypertrophy (BPH) and prostate infection (prostatitis) may cause an elevated PSA.

I could see that supper would be over soon now. "By doing a rectal, I feel for areas of hardness, nodules, tenderness or generalized enlargement of a gland." A normal prostate is in front of the rectum and just below the bladder. Being part of the reproductive tract in men, this is where a part of the seminal fluid is made. Benign prostatic hypertrophy, often presents as a diffusely enlarged gland, bigger than the normal walnut sized gland. As many as 80% of normal men have this occur with aging. On the other hand, prostate cancer is a firm, often non-tender nodule. The PSA is helpful when a prostate cancer is too small to be felt during a rectal exam. By following the rate of change, I might be suspicious of a non-palpable cancer if there is a rapid rise. Thus, the combination of both PSA and a clinical exam gives the greatest likelihood of making the proper diagnosis.

Once the above screening test lead to a question of prostate cancer, most patients are evaluated with ultrasound scan and biopsy of the prostate. Microscopic evaluation of the sample of prostate tissue allows for proper diagnosis.

"You see, it isn't just ordering tests blindly. In order to come up with the right diagnosis, you must use good medical judgment." Strom said it all, "Doc, I see why they sent you to school all those years. Nothing sounds as simple as it does on the surface." Well said, my friend!

Dr. Strom's office is located at 8780 Golf Road, Suite 102, Des Plaines. Phone (708) 296-3577.

Swallowing Center opens in Park Ridge

This fall, Lutheran General HealthSystem recently opened a Swallowing Center - one of only several such facilities in the country - designed to evaluate and manage the medical problems of patients with swallowing disorders caused by diseases of the esophagus and pharynx. The clinic is located at Lutheran General Hospital, 1775 Dempster St., Park Ridge, and opened on Wednesday, Nov. 16.

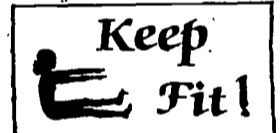
The center brings together a team of specialists including thoracic surgeons, gastroenterologists, otolaryngologists, certified gastroenterology nurses and speech pathologists, to evaluate, diagnose and treat swallowing disorders. Working together, these experts will develop an individual diagnostic and treatment plan for each patient, and will consult and work with other experts such as neurologists, occupational therapists, dietitians, respiratory therapists and dentists to provide comprehensive care.

Course on mastering change at Oakton

MONNACEP, Oakton Community College's Adult Continuing Education Program, will offer Mastering Change, a program for nurses, on Thursday, Dec. 1 from 8:30 a.m. to 4:30 p.m. at the Radisson Hotel, 4500 Touhy Ave., Lincolnwood.

The class is taught by Nancy Brown, Management Associates, Sioux City, Iowa. Change is the one constant in today's health care organizations. The pace varies but the fact of change does not. Managing planned - leading organizations or work units through a change process while keeping things going and continuing to meet patient needs is a challenge to managers at all levels. Poorly handled change impedes the ability to perform, while change that is skillfully designed and implemented can strengthen anew and revitalize. This program explores the knowledge and skills necessary to identify, design and implement required changes. It looks at the stages and dynamics of change with special emphasis on understanding when and why resistance may develop.

The course has been approved for 7.5 contact hours. The fee is \$69 and includes instruction, handouts and lunch. Oakton Community College/MONNACEP is approved as a provider continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. For more information, call (708) 635-1794.



Perinatal Loss support groups

Families who have experienced the death of an infant or loss of pregnancy are invited to attend a meeting of the Kravitt Perinatal Loss Support Group from 7:30 to 9 p.m., Thursday, Dec. 17, in room 1711 of The Evanston Hospital, 2650 Ridge Avenue, Evanston.

Another group, the Kravitt Subsequent Pregnancy Support Group, is designed for families contemplating or experiencing a pregnancy following a miscarriage, stillbirth, or death of an infant. It will meet at 7:30 p.m., Thursday, Dec. 1, in room 1711 of The Evanston Hospital.

Mind, Body, Spirit Seminar

A Mind, Body, Spirit Seminar, co-sponsored by Rush North Shore Medical Center and the Skokie Public Library, will be held on Saturday, Dec. 3 from 9:15 a.m. to noon at the Skokie Public Library, 5215 Oakton Street, Skokie. Jose Velasco, M.D., Chair, Department of Surgery, Rush North Shore Medical Center, will discuss "The Mind: Influences on Healing." The Rev. C. Margaret McClaskey, Director of Pastoral Care, Rush North Shore Medical

Center, will discuss "Belief Systems: Their Influence on Healing."

Mental Excursions Prophesying Healing and Death" will be discussed by speaker Carole A. Travis, Paleontologist, and Steve Oserman, Reference Librarian, Skokie Public Library, will discuss "Dreams: Healing Images and Insights."

There is no fee to attend. To make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.

Volunteers needed at medical center

Volunteers are needed for Holy Family Medical Center's gift shop, thrift shop and wheelchair transportation area. Holy Family Medical Center is located at the corner of Golf and River roads in Des Plaines. The Medical Center's Thrift Shop is located at 6 East Northwest Highway in downtown Mount Prospect and is open Tuesday through Friday, 10 a.m. to 4 p.m., and Saturday, 10 a.m. to 2 p.m.

For more information or to volunteer, please call Mary Bremer in Holy Family Medical Center's volunteer office at (708) 297-1800, ext. 1160.



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Women's News

Procedure eliminates surgery for some with breast cancer

A procedure done in a doctor's office may eliminate a woman's need to have surgery that determines if a lump in her breast is

cancerous. A surgeon at Rush-Presbyterian-St. Luke's Medical Center, Chicago performs ultrasound-guided core biopsies of the breast to provide some women with same-day diagnosis of a lump discovered through a mammogram.

"By providing women with a definitive diagnosis, we eliminate the trepidation for women who do not have cancer and we may begin to plan treatment for women who do have cancer," said Dr. Edgar Staren, the first surgeon in the United States to routinely perform the procedure.

Prior to performing the biopsy, Staren conducts a physical exam of the woman's breast to determine if the lump can be felt, or if other lumps are present. He then utilizes ultrasound imaging to locate the lump or lumps.

Ultrasound uses sound waves that are interpreted by a computer

to generate a picture. The patient is not exposed to any radiation during an ultrasound exam.

After Staren has located the lump, he uses a local anesthetic to numb the area of the breast where he will insert the needle for biopsy. Once the area is numb, he again uses ultrasound to locate the lump, and to guide the needle from a biopsy gun to the lump.

When the trigger to the biopsy gun is pulled a sharp-ended tube extends and retracts from the needle in a millisecond. The sharp end of the tube cuts a piece of tissue from the lump. The tissue remains inside the tube when the needle is removed from the woman's breast. The tissue then is analyzed by a pathologist to determine if the lump is cancerous.

"In many cases, this procedure allows us to tell a woman the same day that the lump is discovered if she has breast cancer," Staren said. "Women who find out they do not have cancer are ecstatic. For the women who do have cancer, they have not had to go through an extended waiting period before and after an open biopsy.

Conventional diagnostic techniques often require a woman to wait days, even weeks, before having biopsy surgery. This surgery results in an additional physical scar for the woman, as well as the costs associated with the surgery.

Staren has trained 40 surgeons from throughout the country in how to perform the procedure and plans to train nearly 200 more within the next six months.

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Engagement

GIMBER-ALSTON

Herbert and Kathy Gimber of Belleville, announce the engagement of their daughter Angela to Michael Alston of Palatine. The bride-to-be, a graduate of Althoff Catholic High School, received her bachelor's degree from Illinois State University. She is currently employed in fashion merchandising at Limited Express in Oakbrook.

Alston is a graduate of Maine East High School and received his bachelor's degree from Illinois State University. He is currently employed as a production lab technician at Amersham Health Care Laboratories in Arlington Heights.

Parents of the groom-to-be are Kathy and Bill Alston of Niles. The couple plan a June wedding at Our Lady of Ransom in Niles followed by an evening reception at Allgauer's Fireside Hilton in Northbrook.

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Women's News

Two Niles eighth graders win essay contest

The Women's Club of Niles (WCN-GFWC, IFWC, 10th District) announces two winners of their essay contest titled, "How Do You See The World in 2001?" The winners are both 8th graders and Niles residents: Holly Edison, who attends Our Lady of Ransom, and Karim Merchant, who attends Gemini Jr. High. They will each receive a \$100 Savings Bond.

The Fine Arts Department of the WCN thanks all 7th and 8th grade students who participated in the contest and appreciates their efforts.

La Leche League to meet

La Leche meets every second Thursday of every month from 7:30 to 10 p.m. in the Des Plaines room at Holy Family Medical Center, located at the corner of Golf and River roads in Des Plaines. La Leche is an organization dedicated to providing education, support and encouragement to women who want to breastfeed.

For more information, contact Mary Ann Bangert (312) 631-7681.

Businesswoman honored with humanitarian award



Harriet Gerber Lewis, Chairman of Gerber Plumbing Fixtures Corporation, will be honored by the Chicago Friends of the Israel Defense Forces at a fund-raising dinner on Nov. 30 at the Chicago Hilton and Towers.

Keynote speaker is Moshe Arens. For tickets, call (312) 427-3586.

SJB holds Christmas buffet dinner

On Friday, Dec. 2, the St. John Brebeuf Catholic Women's Club will host its annual Christmas Buffet Dinner. The catered dinner will be followed by a raffle and music. Donations of food items and gently-used coats will

ESNI presents 'Women and Epilepsy'

"Women and Epilepsy" and "Epilepsy and Pregnancy" are the topics for a community education program presented by Epilepsy Services For Northeastern Illinois (ESNI). The program is on Tuesday, Nov. 29, from 7 to 9 p.m. and will be held at Sharfstein Center 2, Rush North Shore Medical Center, 9600 Gross Point Rd., Skokie.

Dr. Ruzica Ristanovic, neurologist, will speak on "Epilepsy and Pregnancy" including: the interaction of oral contraceptives and anti-epileptic medication, the effect of anti-epileptic drugs on the fetus, the effect of pregnancy on seizure frequency and breast-feeding. Both speakers serve on the staff of Rush Epilepsy Center, Rush-Presbyterian-St. Luke's

Medical Center, Chicago. There will be a question and answer period following the presentation and refreshments will be served. There is no charge for admission.

For information, call ESNI at (708) 433-8960.

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Police News

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Car stolen

An unlocked car with keys in the ignition was stolen from the parking lot of a store in the 9000 block of Milwaukee Ave. at 7:12 p.m. Nov. 17.

The victim, a 50-year-old Des Plaines man, and the store owner believe the suspect was in the store purchasing alcohol. The man, who appeared intoxicated, was seen looking into cars and asking people for money.

Local restaurant burglarized

A pry bar was used to pry off the bolt lock on the south side rear door of Arby's, 7001 Dempster, during the night Nov. 13.

The offender used the same pry bar to pry off the door to the safe where \$530 was taken.

A small window was also found broken. Two slide bar locks on the door were disengaged which could have prevented entry into the establishment.

Neighbor witnesses burglary

A store in the 6300 block of Gross Point Road was burglarized at 8 a.m. Nov. 18 as a woman in a neighboring business watched.

The woman told police that she saw a car back into a parking space in front of the store. A man exited the passenger side of the car and walked past her business window. He soon returned carrying an armload of clothing which he threw in the trunk.

The woman said the offender again passed her window and soon returned with another large armful which he threw in the trunk and left.

Store owners reported approximately \$1,450 in items were taken from the establishment. Each was unique with one-of-a-kind embroidered golf club logos on them.

Juvenile placed in lock-up for theft, battery

A 35-year-old Chicago woman and a juvenile girl entered Sportmart, 7233 Dempster, at 6:10 p.m. Nov. 13 and attempted to get a refund for a jacket they never bought.

The woman watched for security as the juvenile took a jacket, valued at \$162.33, concealed it in a bag and attempted to get a refund for it at the front counter. The woman went to assist the girl and the police were summoned.

When the officers arrived, the juvenile started to fight them, swinging her arms and being combative. It took two police officers to restrain the girl and place her in handcuffs and in a squad car, where she kicked the windows and doors as she sat inside.

While driving to the police station, the girl attempted to spit at the officer, but couldn't hit him because of the Plexi-glass cage that divided them. At the station, the girl was placed in a lock-up cell where she spit in the face of an officer twice. That officer went to the hospital for treatment.

At 7:30 p.m., assistant state's attorney Casey Bartnik approved felony charges on the woman for retail theft based on the amount of the jacket. Bond was set at \$1,000 and the woman was to appear in court Nov. 21.

The juvenile was to be petitioned for retail theft and battery. The woman posted bond and both were freed.

Condo building easily accessed by burglar

An unknown offender entered a condo complex in the 6700 block of Milwaukee Ave. without force and then burglarized a condo between 9:30 a.m. and 2:30 p.m. Nov. 18.

The offender used a pry type tool to gain access to the home on the fifth floor. Each room was ransacked and the contents of all dresser drawers were emptied onto the floor.

Taken from \$605, jewelry, a VCR, a silver silverware set and candle holders. Found was a foot print on the newly cleaned rug. Police believe it is a size 14 shoe.

Mental health patient overdoses

A mental health worker of a Park Ridge center called an ambulance at 11:50 a.m. Nov. 17 for a patient she believes overdosed.

The 47-year-old Niles woman called the worker and told her she had taken a large quantity of an unknown substance to rid her head of bad pictures. The worker

called the Niles Fire Department and the police and fire responded.

A paramedic found loose, white tablets around the kitchen area, later identified as anti-psychotic drugs, police said. The woman was transported to Lutheran General Hospital.

Restaurant burglarized

Unknown offenders removed the lock tumbler on the east entrance of a restaurant in the 9000 block of Greenwood Ave. between 11 p.m. Nov. 16 and 4:30 a.m. Nov. 17.

The offenders caused damage to the cash register and removed \$50. A desk drawer was ransacked and \$300 more was taken.

Gas prices rebound in Indiana and slip again in Illinois

In a surprising move, average pump prices in Northern Indiana shot upward during the past month while Illinois prices dropped slightly for the third month in a row, according to the AAA-Chicago Motor Club's November Fuel Gauge Survey.

Since October, average self-serve gas prices jumped 3.1 cents per gallon in Northern Indiana. The increase comes after sharp declines—a total of 13.8 cents per gallon—during September and October. A gallon of self-serve unleaded regular currently averages \$1.045 per gallon.

In Chicago and Cook County average pump prices fell by 0.7 cents per gallon during the past month. Since September, average self-serve prices are down a total of 4.7 cents per gallon. A gallon of self-serve unleaded regular currently averages \$1.298, the lowest since last July.

In Illinois outside of Cook County, average self-serve pump prices were down 1.2 cents per

Cosco child safety seats being recalled

The Illinois Department of Transportation, Division of Traffic Safety, has been informed by the National Highway Traffic Safety Administration (NHTSA) of the recall of Cosco child safety seats manufactured by Cosco, Inc., of Columbus, Indiana.

The seats are being recalled because of a defective buckle latch. In certain crashes the latch could deform and break and could allow the buckle tongue to pull free. This would leave the child occupant unprotected.

The child safety seats involved include types with a T-shield or

Investigators crack arson case

The North Maine Fire Department is proud to announce that the Cook County States Attorneys office has commended Lt. Rob Batey and firefighter/paramedic Maynard Williams, and presented them with plaques for their participation in a three-year investigation, and conviction, of an arson suspect.

Firefighter/paramedic Williams and Lt. Batey were also recognized by the District Board of Trustees and Chief Farhan for their outstanding contribution in the investigation of the arson case.

Host an exchange student

Youth Exchange Service (YES) is providing golden opportunities for you and your family to savor a brand new world filled with the spirit of adventure. How can your family begin this adventure? By hosting an international high school student. Sharing your life with an intercultural son or daughter is actually an exchange of precious insight to the diversity of cultures that makes up the world we live in.

YES students are 15-18 years old, they have excellent accidental/medical insurance, and provide their own money for personal expenses. All it takes to be a host family is to be able to provide a caring and loving home, room and board, and share choice moments with the student. In exchange, the student has chores and responsibilities as a regular member of the family.

For complete details on hosting an exchange student, contact the Youth Exchange Service at (800) 320-HOST.

Niles home ransacked

A 54-year-old woman returned to her Niles home at 5:20 p.m. Nov. 21 and found the back door had been forced open and her house had been ransacked.

Stolen was a shotgun, three watches, earrings, a ring and a checkbook.

It is believed that another burglary took place in the neighborhood around 1 p.m.

Overdose victim taken to LGH

A 26-year-old man was found unconscious by his mother in his bedroom Nov. 21.

The man was transported to Lutheran General Hospital. Found in his room were two bottles of controlled substances; one empty and the other partially full.

No injuries in house fire

Niles police and fire responded to a house fire in the 7300 block of Mulford at 3:45 p.m. Nov. 16.

Investigators said that the cause was a brass connector on the back of the stove that malfunctioned. Niles fire did not note anything suspicious.

Milan Kondic

Marine Cpl. Milan Kondic, son of Sretko and Sava Kondic of Morton Grove, was recently promoted to his present rank while serving with 1st Battalion, 3rd Marines, 1st Marine Expeditionary Brigade, Kaneohe Bay, Hawaii.

The 1992 graduate of Loyola Academy of Wilmette, joined the Marine Corps in May, 1992.

Police News

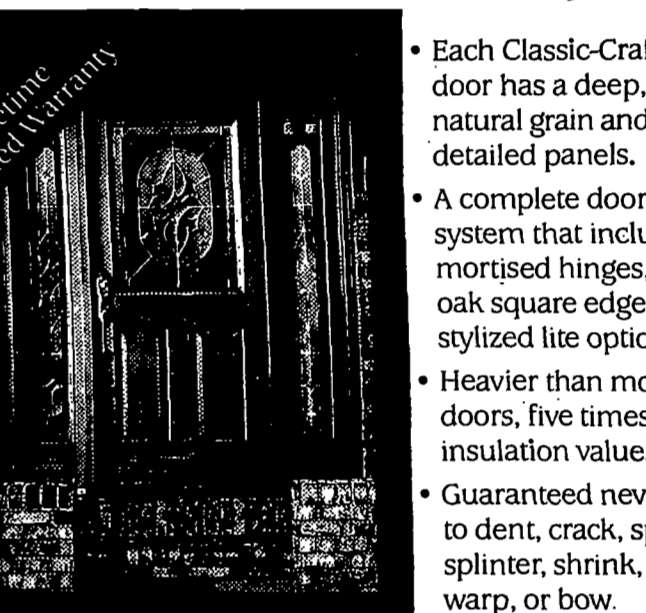
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The rates and terms listed above are subject to change without notice. Rates are updated each Thursday by 3 p.m. For the following weeks editions. These institutions are Illinois Residential Mortgage Licensees

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FIRSTSTAR HOME MORTGAGE CORP. 1110 W. Lake Cook Rd., #130 Buffalo Grove, IL 60089 (708) 541-5444 (Lender)	Fixed	5%	30	9.500	0.00%	9.522
	Fixed	5%	15	9.000	0.00%	9.033
	Arm	10%	1 Year	6.625	0.25%	8.863
	Arm	10%	3/1 Year	7.750	0.25%	8.780
	Arm	10%	7/1 Year	8.750	0.00%	9.005
GLENVIEW STATE BANK 800 Waukegan Road Glenview, IL 60025 (708) 729-1900 (Lender)	Fixed	10%	30	9.625	*0.00%	
	Fixed	10%	20	9.625	*0.00%	
	Fixed	10%	10	9.125	*0.00%	
MAINE MORTGAGE CO. 430 Touhy Ave. Park Ridge, IL 60068 (708) 292-6500 (Broker)	Fixed	5%	30	9.375	0.00%	
	Fixed	5%	15	8.750	0.00%	
	Adjustable	10%	5/1 Arm	8.500	0.00%	
	Adjustable	10%	3/1 Arm	8.250	0.00%	
	Adjustable Cof/Arm	10%	1 Year	6.500	0.00%	
NBD BANK One S. Northwest Hwy. Park Ridge, IL 60068 (708) 518-7100 (Lender)	Fixed	5%	15	9.125	0.00%	9.125
	Fixed	5%	30	9.375	0.00%	9.375
	Adjustable 7/1	5%	30	9.125	0.00%	9.233
	Adjustable 10/1	5%	30	9.250	0.00%	9.286
	Jumbo Fixed	10%	15	9.250	0.00%	9.250

LEGAL NOTICE

ANNUAL FINANCIAL STATEMENT FOR PUBLICATION FOR THE FISCAL YEAR ENDED JUNE 30, 1994. Table with columns for Revenue, Expenses, and Fund Balance.

ANNUAL FINANCIAL STATEMENT FOR PUBLICATION FOR THE FISCAL YEAR ENDED JUNE 30, 1994. Table with columns for Education, Operations & Maintenance, Bond & Interest, Transportation, Municipal Retirement/Soc. Sec., Site & Construction, Working Cash, and Fire Prevention & Safety.

ANNUAL FINANCIAL STATEMENT FOR PUBLICATION FOR THE FISCAL YEAR ENDED JUNE 30, 1994. Table with columns for Education, Operations & Maintenance, Bond & Interest, Transportation, Municipal Retirement/Soc. Sec., Site & Construction, Working Cash, and Fire Prevention & Safety.

ANNUAL FINANCIAL STATEMENT FOR PUBLICATION FOR THE FISCAL YEAR ENDED JUNE 30, 1994. Table with columns for Education, Operations & Maintenance, Bond & Interest, Transportation, Municipal Retirement/Soc. Sec., Site & Construction, Working Cash, and Fire Prevention & Safety.

LEGAL NOTICE

Business News Edward A. Laing. Photo of Edward A. Laing and text describing his role at H.F. Rothschild Company.

SCORE announces all-day small business workshop

Techniques for the successful start-up of a small business... SCORE (Service Corps of Retired Executives) provides workshops on various business topics.

First of America merges with First Park Ridge Corp.

First of America-Northeast IL, N.A. recently completed the acquisition of First Park Ridge Corporation, a bank holding company.

Local printing center earns VIP honors

Bob & Charlene Pisors, who operate the Sir Speedy Printing Center at 1717 Cicero Ave., in Glenview, have earned national VIP (Volume Increase Percentage) recognition.

Business News

Accountants present 45th Annual Tax Seminar

The Independent Accountants Association of Illinois will present its 45th Annual 1040 Tax Seminar at the Marriott Hotel, 50 N. Martingale, Schaumburg, on Friday and Saturday, Dec. 2-3.

Fair Muffler & Brake shops warm their communities

Fair Muffler & Brake asks customers and neighbors to donate warm clothing and blankets at one of their 20 Chicago area locations.

Register for an OST course

Oakton Community College's Office Systems Technology program offers Business Mathematics (MAT 111) and Electronic Computations (OST 116) at Oakton's Des Plaines campus.

'Real Estate Transactions 101'

The Real Estate Institute will offer "Real Estate Transactions #101," the course needed before being able to take the Illinois Real Estate salesperson licensing examination.

LEGAL NOTICE

Table with columns for Salary Range, Name, and Position. Lists various employees and their roles.

GROSS PAYMENT FOR NON-CERTIFICATED PERSONNEL

Table with columns for Name, Position, and Salary Range. Lists non-certificated personnel and their compensation.

GROSS PAYMENT FOR CERTIFICATED PERSONNEL

Table with columns for Name, Position, and Salary Range. Lists certificated personnel and their compensation.

Continued on Page 32

Library/Parks and Sports News

Let's Go Skating sessions at IceLand

Spend your holiday break skating at the Niles Park District's IceLand during these special open skating sessions: Monday, Dec. 19, from 12:10-2:10 p.m.; Tuesday, Dec. 20 through Thursday, Dec. 22, from 12:30-2:30 p.m.; Friday, Dec. 23, from 11 a.m. to 1 p.m.; Saturday, Dec. 24, from 10 a.m. to noon; Monday, Dec. 26 through Thursday, Dec. 29, from 12:30 to 2:30 p.m.; and Friday, Dec. 30 and Saturday, Dec. 31, from 11 a.m. to 1 p.m.

Daily skating admission is \$1.50 Monday through Thursday, and \$3 Friday through Sunday. Rental skates are available for \$2.50. Call IceLand at (708) 297-8010 for additional information and to confirm these "Let's Go Skating!" sessions.

Hypnotherapy and self hypnosis at the library

Join Larry Garrett of the Garrett Hypnosis and Wellness Center, at the Niles Public Library District, on Nov. 30 at 7:30 p.m. Learn how to better use your imagination for change, stress reduction, or weight loss. Develop better understanding of hypnosis and its uses and how they can be applied to reach both short and long term goals.

This program is free and open to all. Registration is required. For mobility or communication access assistance, call 967-8354. Voice and TTY. Parking spaces are limited, so plan to arrive early.

Nominees wanted for Hall of Fame

Applications for nominations of 1995 candidates for the Northbrook Park District Hall of Fame are now being accepted until Nov. 30. Candidates must meet the following criteria:

- Be involved in Park District programs for a minimum of 5 years.
- Be directly involved with furthering the quality of leisure programs within the Park District.
- Receive no monetary compensation related to the service.

Be overall role models to the adults and youth of the community. Hall of Fame members are recognized yearly as exemplary community volunteers. If you would like to submit a nomination, mail your application to: Hall of Fame Committee, c/o Northbrook Park District, 545 Academy Drive, Northbrook, IL 60062. Letters must be signed by the nominators.

Prepare a fabulous holiday dinner

Hurry to sign up for a famous Holiday Dinner Party Menu class, a workshop that will teach how to cook the most phenomenal holiday feast ever tasted. Mushroom and cheese tartlets, fresh beets, mandarin orange and cranberry vinaigrette dressing, poached salmon, potato galettes, fresh green beans with lemon almond butter and a mocha torte are examples of the delicious dishes to be taught.

The sixth in the Northbrook Park District's Fall Gourmet Cooking Series will take place on Wednesday, Nov. 30 at the Leila's Center kitchens, 3323 Walters Ave. From 7 to 10 p.m., plan to taste several dishes, learn tips on utensils and cookware and have a grand time. Registration is currently being taken at 1730 Pfingsten Rd. or 1810 Walters Ave. Consult your 1994 Fall Recreation Guide for further details.

LEGAL NOTICE

Continued from Page 31

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Youth Basketball set

How about some action-packed fun playing basketball? All kids in Grades 3 to 8 are invited to sign up for the Youth Basketball Program at the Morton Grove Park District. The main ingredients of this program are skill development, competition and, above all, fun! This program begins Dec. 3 and takes place at Park View School. All games and practices are on Saturdays. For more details, call 965-1200.

Letters to Santa

Christmas is coming and Santa needs to know who has been naughty or nice. Morton Grove kids can write a letter to Santa to let him know all of the good things you've done and what you want to find under your tree Christmas morning. Letters need to be dropped off or mailed to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053, by Nov. 29. On that day, one of Santa's elves will be picking up all the letters so that Santa can respond promptly. Mail all letters to the attention of Santa at the North Pole, care of the Morton Grove Park District. For more details, call 965-1200.

Niles Junior Bowler wins tournament

Sixteen-year-old Ray Glom of Niles, a product of Brunswick Niles Junior program, against a large field of outstanding Junior Bowlers representing several states, bowled the following games to reach the finals: 181/179/202/269/204/234/207/226; Average: 212. In match play against the top eight finalists he bowled: 257/182/171/217/240/253/196/279; Average: 225. Glom won 7-of-8 matches and the championship, an outstanding achievement.

OLR's 13th annual Track-a-thon



Not even a hurt knee could stop Tom Pomagier from participating in Our Lady of Romans's 13th annual Track-a-thon. The Track-a-thon is sponsored by the OLR Varsity Booster Club to support the athletic programs and extra-curricular sports programs. Each runner attempts to get sponsors who pledge a sum of money for each lap that he/she runs (in this case - walks). Placed (l-r) are Jerry Kowalczyk, Melissa Ranieri, and Tom Pomagier.

26th Annual Northbrook-On-Ice

The 26th Annual Northbrook-On-Ice Show is scheduled to open Thursday through Sunday, May 11-14, 1995. Skaters enrolled in Session II skating classes may participate in the show, but upper level skaters interested in Solo, Pair, Key Character and/or Iceite tryouts should consult Park District regulations concerning eligibility requirements. Northbrook-On-Ice costume information will be available at the Sports Center Office beginning Nov. 28. Costume registration will begin on Dec. 12 and end on Jan. 8, 1995. Call 291-2993, for further information.

Book talks on 'Grace' and 'True North'

"Grace" by Robert Lacey will be reviewed by Connie Adelman, at 7:30 p.m., Thursday, Dec. 1, at the Lincolnwood Public Library. Grace Kelly was a living legend, but she was no fairy-tale princess. Lacey makes her real without really diminishing her effect and effectiveness. His picture is one far more realistic than the impossibly wholesome depiction that Hollywood and the princely court of Monaco wanted us to accept. The program is free and open to the public. On Dec. 2, Virginia Carter reviews "True North: a Memoir" by Jill Ker Conway for the library's Friday Fare program. Coffee at 10 a.m. with the program beginning at 10:30 a.m. A follow up to Conway's best-selling "Road from Coorain" with its exotic Australian setting, this narrative tells of the second stage in Conway's life - from her 1960 arrival in the U.S. as a graduate student to her selection in 1975 as the first woman president of Smith College. The book gives her painful but perceptive explorations of family troubles and her own struggle for individualism. The library is located at 4000 W. Pratt Ave. all (708) 677-5277, voice and TDD.

Lecture on opera 'Candide'

Maru Kurz of the Lyric Opera Lecture Corps will give a talk on "Candide" at 7:30 p.m., Wednesday, Nov. 30, at the Lincolnwood Public Library, 4000 W. Pratt Ave. In this opera by Leonard Bernstein, neither plague nor plunder nor even gloom of the Spanish Inquisition stays Candide and his cohort from trying to believe that this really is the best of all possible worlds. Call (708) 677-5277, voice and TDD.

Craft & Bake Sale at the YMCA

The Leaning Tower YMCA Seniors will be having a Craft and Bake Sale on Monday, Nov. 28 from 10:30 a.m. to 2:30 p.m. Plenty of home baked goodies and crafts will be on sale. At 11:30 a.m. we will hold an auction on special items. Lunch will be available at a nominal fee - hot dogs w/rimnings, chili, chips, etc. Mark your calendars to join us for a fun time!

City of Hope Singles Council holiday party

The City of Hope Singles Council presents a Glittering Gala Holiday Party on Sunday, Dec. 4, "At The Hop" in the Holiday Inn O'Hare International, 5440 N. River Rd., Rosemont, from 6 to 11 p.m. Put on your dancing shoes and holiday best for this festive event. "At The Hop" is a 50s and 60s theme club located in the Holiday Inn. The evening includes an elaborate buffet, dancing to a well known D.J. and door prizes plus the opportunity to meet a dynamic group of singles in the 35 to 55 age group. Proceeds from this event benefit the City of Hope Hospital and Medical Research Center in California.

The non-member cost for this event is \$30 in advance or \$35 at the door. For more information contact Paul Galli, (312) 267-7165 (evenings).

Divorce association seeks national divorce laws

Help is available for divorced men and women thanks to a newly formed divorce organization, National Association of Divorced Americans. This new association has recently merged from the Society for Fathers with Custody (SFWC) according to President and association founder Mr. Steven Roy Erickson.

This came about due to many conversations I've had and letters I've received from men and women that were responding to a news release for SFWC. Instead of another polarized group, many felt a centralized organization that would deal with specific issues for men and women both would be a more effective voice for all concerned.

The association's goal will be to work for the benefit of both men, women and their children when dealing with the massive complications of divorce.

The association's newsletter will have specific articles addressing women's issues and in another column specific issues for men as well as articles that effect both men and women equally. Much of the agenda will be the same for this new organization as for the old. One addition will be a call for a change nationwide in the divorce laws.

"To have changes made that are so desperately overdue we need members. A large organization is the only way we will be heard by the politicians," Erickson said. "President Clinton is obsessed with a so called health care crisis. One true crisis, the deterioration of the family, along with the inequity of the divorce laws nationwide is what needs to be addressed."

The association will be contacting members of Congress about a National Divorce Law System. This would be one set of laws nationwide that will be administered by the state governments. Changing the complicated court system will be another part of the association's agenda. For further information, call (708) 510-9006 or write to National Association of Divorced Americans (NADA) PO Box 612, Winfield, IL 60190.

Mario J. Scaduto

Navy Petty Officer 2nd Class Mario J. Scaduto, son of Laura M. Scaduto of Des Plaines, recently returned to the Persian Gulf aboard the aircraft carrier USS George Washington in response to yet another crisis in Iraq. The 1991 graduate of Maine West High School joined the Navy in July, 1991.

Singles Scene

NOVEMBER 25

AWARE SINGLES and CHICAGOLAND SINGLES
The Chicagoland Singles Association and the Aware Singles Group will sponsor a combined dance at 8 p.m. on Friday, Nov. 25, at the Wyndham Hamilton Hotel, 400 Park Boulevard, Itasca. Music will be provided by Music Makers. All singles are invited. Admission is \$5. For more information, call Aware at (708) 632-9600 or Chicagoland Singles at (312) 545-1515.

NOVEMBER 25/26/27

ST. PETER'S SINGLES
All singles over 45 invited to these dances... St. Peter's Singles Dance, Friday, Nov. 25, 9 p.m., Golden Flame, 6417 Higgins. Saturday, Nov. 26, 9 p.m., Franklin Park American Legion Hall, 9757 Pacific (Belmont). Sunday, Nov. 27, Early Evening Dance, 6 to 9:30, Aqual Bella, 3630 N. Harlem. Each dance \$5. Hotline (312) 334-2589.

NOVEMBER 26

TWENTYSOMETHING SINGLES
Meet David Socials - the Jewish Connection - TWENTY, something Social, Israeli Dance and Rock-n-Roll, ages 21-29 (Men to 34), Saturday, Nov. 26, 7:30 p.m. For membership (708) 317-1171.

NORTHWEST SINGLES ASSOCIATION

All singles are invited to a joint "Super Dance" sponsored by the Combined Club Singles and T.G.I.S. Singles at 8 p.m. on Saturday, Nov. 26, at the Glenora House Ballroom, 10255 S. Harlem, Chicago Ridge. Music will be provided by Music in Motion. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singes and Singles & Company and T.G.I.S. Singles. Admission will be \$5. For more information call (708) 209-2066.

MOGEN DAVID SOCIALS

Mogen David Socials - the Jewish Connection - Israeli Dance and D.J. for Rock-n-Roll, ages 21-49, Saturday, Nov. 26, 7:30 p.m., \$5, blue jeans. For membership (708) 317-1171.

NOVEMBER 27

SPARES SUNDAY EVENING CLUB
Spares Sunday Evening Club for divorced, widowed and single adults, will hold their regular meeting with a special program on Sunday, Nov. 27 at the Morton Grove American Legion Hall, 6140 Dempster, Morton Grove, Social Hour, 6:30 to 7 p.m. Refreshments at 7 p.m. Meeting and special program "Belly Dancing by Lana" at 7:15 p.m. Ballroom Dancing to the music of Emil Brancato from 8:30 to 11 p.m. Members \$5, guests \$6, refreshments included. Contact: (708) 965-5730.

ORIGINAL SUNDAY SINGLES

The Original Sunday Singles dance and party, for all singles from age 25+, will be held on Sunday night, Nov. 27, from 7:30 p.m. - midnight. The evening features DJ music, dancing, door prizes and munchies. Admission is \$3. At Maxies Lounge, Clarion Hotel, 6810 N. Mannheim Rd., Rosemont. For further information, call (708) 453-7017.

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From the Left Hand

Continued from Page 1

didn't look well. She shipped me off to bed where a bit of fever and flu kept me there through the holiday. All the family marched into our house to see the skinny G.I. home for his first visit. They had to march into the bedroom where the fallen hero had the first flush of the holiday season, which was really a hyped fever. Sunday, I climbed out of bed and reversed the trip back to Gettysburg via another baggage car. Arriving at the Harborsburg station I was welcomed back by my commanding officer, who accompanied several of us back to camp where we spent the following 4 weekends doing extra curricular activities which lent to the cleanliness of the camp.

Other Thanksgivings past included a yearly trek to an Aunt's home in a western area named Villa Olivia. The Aunt had married a very stylish gent who bought a 60 acre horse farm west of Chicago. He bred Doberman Pinscher dogs and showed them around the country. The Aunt and Uncle converted the upstairs area of the horse stable for their home, above where he housed the dogs.

There were little family reminiscences never to be forgotten. The man tending the dogs always extended an extra bit of warmth to me, the youngster in the family. He would take me out on the track in front of the stables, and had me race against a stopwatch as I streaked around the track. Afterward, I would join him in feeding the 25 or 30 dogs. Later, they would go out individually into the dogs runs for exercise. More than once, in later years, I saw my Aunt rush into the runs and separate the dogs which got into the same runs. Two Dobermans attacking one another is a vicious, snarling affair and I always thought the Aunt somewhat heroic getting into the runs and separating the angered dogs, Al Frank Buck.

M.G. Parks .. Oakton offers educational tour

Continued from M.G. Page 1
The heating and air conditioning systems will be changed and rerouted, as the rooms in the building have changing uses.
New ductwork will be introduced to the building, a new boiler will be added to heat the registration area and a new heating unit will be needed for the elevator. Also, a staging area has been established north of the community center where a new parking lot will be built.
As the project continues, Balling said that the floor plan will be refined and the focus will shift to the details of the project.
Balling also discussed the recent donation of 10 trees through the Tree Donation Program. The donated trees will be spread throughout Mansfield, Harter and Prairie View Parks, and are a portion of the 31 trees that have been donated since the program began in 1991.
Balling said that Morton Grove parks are deficient of trees in all but Mansfield and Oriole Parks.
According to Balling, the Park District has planted approximately 40 new trees per year since 1988.
Donations, he said, are usually made by citizens for commemorative, civic organizations or businesses.

Anniversary ...

Continued from Page 1

sity, then studying dance professionally in a well-known studio in Evanston. Baczek performed for a number of years. She took a break from the stage to start a family, she says.

As the commissioner reflects, her two daughters mimic the dancers on the floor ahead. Baczek started dancing again four years ago. That's when she became the oldest member of the ballet troupe at the district. Along with other aspiring youngsters, Baczek performed at the district's dance recitals.

Besides hitting the dance floor again, Baczek also went to the table for the Niles dance program before her fellow commissioners. She helped organize a series of dance workshops this past summer and has lobbied for the creation of a full-time dance/creative arts coordinator.

"I arranged for presentations to the board several years ago to back the idea of creating that position," Baczek said. "I've tried to make the board aware of the need to expand our performing arts program."

One of the obstacles to growth of any dance program is attracting interest, Baczek and Kipnis

Intersection ...

Continued from Page 1

program requiring drug and alcohol testing of all commercial drivers' licenses. Beginning in January, all commercial license holders will be subjected to random testing. Since 1991, commercial drivers were subject to drug and alcohol testing only when there was a reasonable suspicion of abuse, or prior to employment, according to Trustee Jeffrey Arnold.

There will be no Village Board meeting held during the month of December.

Trustees presented Niles Fire Department District Chief Walter Blase with a retirement plaque. Blase is retiring after 33 years on the Niles force. The 52-year-old Village employee has served as one of three district chiefs since 1981.

On the incoming side, Niles Plan Commission since 1990, was appointed as chairman of the Village Zoning Board. Callero replaces former chair Joseph Salerno, who stepped down from the position in October.

In other business, assistant Village Manager John Coakley reviewed the status of the Niles Community Development Block Grant program during the 1993-94 year. The program aids in the Village by supplying grant monies to fund needed housing improvements.

Niles is still using funds from grants secured in 1992. Coakley said, with a \$75,000 improvement to the Niles Senior Center parking lot marking the largest project approved through \$150,000 in 1992 grant monies. One residential home was rehabbed with those funds, with \$47,000 in rehabilitation funds left for pending projects.

Once those projects are completed, the Village will begin using a \$100,000 grant awarded during 1993 for future improvements. The Village will draw up a policy to address federal updates to a

Eric J. Leone
Marine Lance Cpl. Eric J. Leone, son of John B. and Sue B. Leone of Des Plaines, recently completed a six-month deployment to the Western Pacific and Indian Oceans with 2nd Battalion, 5th Marines.

The 1992 graduate of Maine West High School joined the Marine Corps in August 1992.

USE THE BUGLE
Even very young children can suffer from severe depression, which is often a precursor to a suicide attempt. In fact, approxi-

city, then studying dance professionally in a well-known studio in Evanston. Baczek performed for a number of years. She took a break from the stage to start a family, she says.
As the commissioner reflects, her two daughters mimic the dancers on the floor ahead. Baczek started dancing again four years ago. That's when she became the oldest member of the ballet troupe at the district. Along with other aspiring youngsters, Baczek performed at the district's dance recitals.
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Bossov named COO for D.P. company

Wayne H. Bossov, CPCU, has been named chief operating officer for The Efil Group, a national safety management organization and insurance brokerage serving the trucking, transportation and related industries.
In this newly created position, Bossov is responsible for the administrative and financial operations of the company, as well as assumes critical responsibilities in sales management and marketing development. Working with Norris L. Beren, Efil's chief executive officer, Bossov also develops corporate policy and oversees safety and other risk management training programs for clients.



Wayne H. Bossov
Bossov graduated from the University of Illinois with B.S. degrees in psychology and mathematics. A national director of the Society of Chartered Property and Casualty Underwriters (CPCU), he is also a past-president of that organization's Chicago and Chicago-Northwest Suburban chapters.

Foundation combats suicide

Thanksgiving, Hanukkah, Christmas and the New Year are supposed to be joyous times to share with friends and families. Yet for many of us, the contrast between the way we think life should be—and how it really is—can be depressing.

Most of us shrug it off and get on with our lives. But for some, the hopeless gloom of severe depression doesn't lift. That may set the stage for a suicide attempt.
The American Suicide Foundation is striving to learn why thousands of Americans take their lives every year and how to prevent those losses.

"Suicide is an epidemic in our society today, but it's a problem we have not admitted and honestly addressed," says Dr. John Zajacka, president of the American Suicide Foundation's Midwest Division. He is also medical director of the Women's Board Depression Treatment and Research Center at Rush-Presbyterian-St. Luke's Medical Center in Chicago. "Until we admit the problem—as we have admitted the existence of other illnesses, such as tuberculosis, cancer and AIDS—we can't begin to solve it."

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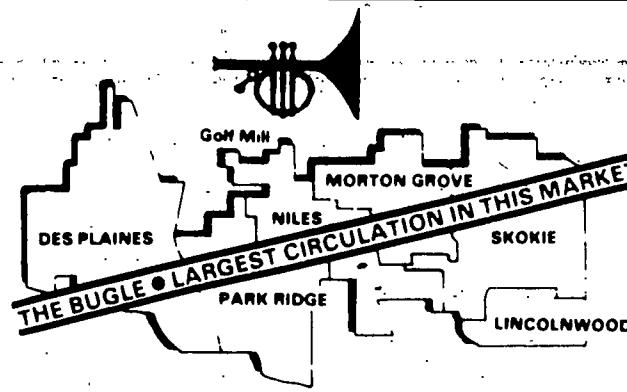
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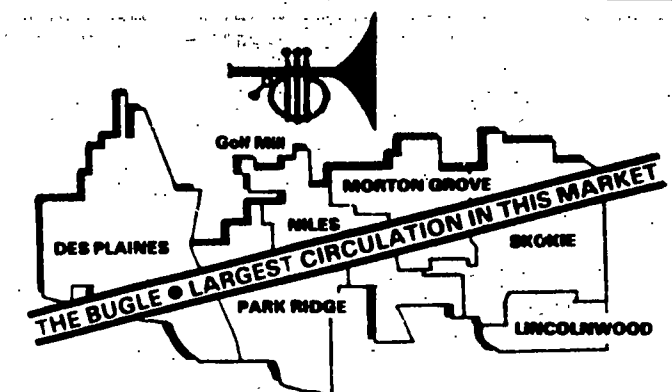
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Professional Office Cleaning And Window Cleaning Service
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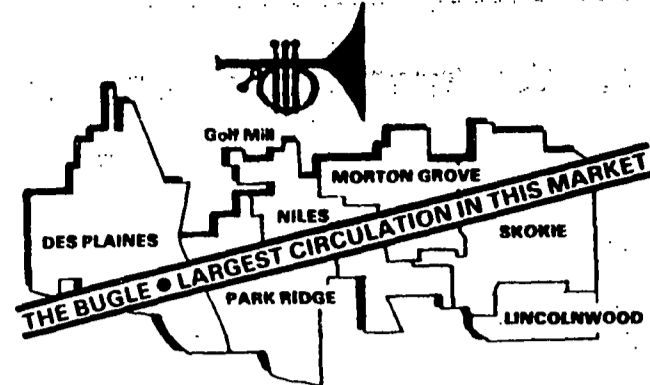
WE WILL GET YOUR AD QUICKLY and ACCURATELY ON OUR FAX MACHINE

FAX FOR ADVERTISING COPY

Bugle Newspapers
8746 N. SHERMER ROAD, NILES, IL (708) 966-0198
(OUR FAX NUMBER)

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USE THE BUGLE Classifieds 966-3900



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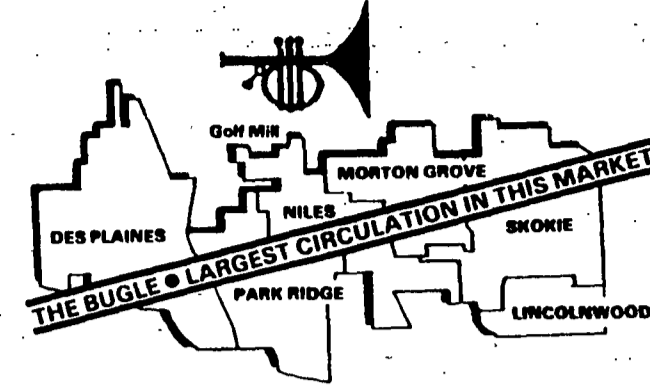
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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
BANKING OPPORTUNITIES	CLERICAL / OFFICE OPPORTUNITIES		CLERICAL OFFICE OPPORTUNITIES	
<p>TELLER OPPORTUNITIES Full time positions available in our Des Plaines and Schaumburg locations. We need dependable individuals with cash handling experience. And if you enjoy interacting with people and providing excellent customer service (including cross-selling), you are the person for us! No direct teller experience needed, we will train. Excellent benefits and working conditions. Please apply in person. Qualified candidates will be contacted for an interview. First Federal Bank for Savings 749 Lee St. Des Plaines, IL 60016 Equal Opportunity Employer M/F/H/V</p>	<p>ACCOUNTS PAYABLE CLERK Immediate opening for an Accounts Payable Clerk. You'll process vendor invoices and perform related clerical functions. Will train. Figure aptitude a plus. Duties also include switchboard relief on a ROLM system. Complete company benefits provided and more. Contact Wanda Pabon (708) 966-2150 x. 2100 MIDWESCO INC. 7720 N. Lough, Niles, IL NO AGENCIES Equal Opportunity Employer M/F</p>		<p>NEW COMPANY Needs 5 People •Customer Service •Data Entry •General Office For more information Call Angela First Temps, Inc. (312) 286-2640</p>	
<p>TELLER Full Time - Glenview Teller Or Heavy Cash Handling And Balancing Experience, Excellent Customer Service And Phone Skills. CUSTOMER SERVICE REP. Full Time - Arlington Heights Typing (50 + Accurately), Computer Experience, Basic Accounting Procedures, Detail-Oriented, Good Customer Service, 2 + Years General Office, Bi-Lingual A Plus. Bank Of Northern Illinois Call: (708) 724-9000 For Interview Appointment e/ole m/f</p>	<p>CLERK - RECEPTIONIST BUSY OFFICE of Healthcare Organization seeks experienced receptionist to greet visitors and answer incoming calls on multi-line console, as well as providing clerical support to our Director of Admissions. TYPING (45 wpm) and familiarity with WP 5.1 or 6.0 and Lotus is required; Windows experience is a plus. Pleasant telephone manner, customer service attitude and the ability to manage multiple tasks. Some college or secretarial school is preferred. COMPETITIVE salary and benefits. To learn more about this opportunity, please call: Connie Elliott at (708) 470-9193 or fax (708) 470-9258 or mail your resume to her at: 5216 Old Orchard Rd., #800 Skokie, IL 60077 VITAS CORPORATION eoe</p>		<p>EXTRA EARN \$\$\$ Market Research Company Needs TESTERS To Participate in TASTE TEST Call: Peryam & Kroll 6323 N. Avondale (312) 774-3155 Ask for: June</p>	
<p>PART TIME STOCK PERSON 20 hours - 5 days / week including Saturday North Suburban Bank is seeking responsible, self directed individual to accept, store and distribute bank supplies, maintain inventory and record retention, process mail, perform errands, etc. Applicant must have HS diploma or equivalent, possess excellent communication and interpersonal skills. Valid driver's license required. FOR INTERVIEW, PLEASE CALL: Human Resource Department FIRST NATIONAL BANK OF NILES (708) 967-5300 EOE / AAP</p>	<p>SECRETARY SALES DEPT Niles electronics manufacturing firm is seeking an experienced secretary with strong typing (60 WPM), word processing, good communication and organizational skills. Competitive benefits and compensation. Send resume to: HR Manager IRCON, INC. 7301 N. Caldwell Niles, IL 60714 or call: 708-967-5151 For further information EOE/M/F/H/V</p>		<p>MISCELLANEOUS</p>	
<p>CUSTOMER SERVICE/SECRETARY Varied and interesting opportunity for experienced professional with growing marketing company near Old Orchard. Tell us about your general office and customer service skills. 708-581-1200</p>	<p>OUR FAX MACHINE FAX FOR ADVERTISING COPY (708) 966-0198 Bugle Newspapers</p>		<p>CORRECTIONS Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.</p>	
<p>CUSTOMER SERVICE/SECRETARY Varied and interesting opportunity for experienced professional with growing marketing company near Old Orchard. Tell us about your general office and customer service skills. 708-581-1200</p>	<p>CLERICAL / OFFICE OPPORTUNITIES</p>		<p>HOTEL DESK CLERK Part Time - Weekends & Holidays 21 Years Or Older Flexible Hours Contact Rosemary Brown: (708) 647-1122</p>	
<p>DATA ENTRY - TRANSCRIBER for pharmaceutical inventory service in Park Ridge. Daytime hours. Must be good speller - typist. Call Janice (708) 299-1510 Place your ad now 966-3900</p>	<p>RECEPTIONIST / SWITCHBOARD Part Time Position The Prudential Preferred Properties Home Office Has An Opening For A Receptionist. This Position Requires An Individual With A Pleasant Telephone Manner, Good Communication Skills And A Professional Appearance. Duties Include Coordinating All Incoming Calls And Messages, Greeting Visitors, Light Typing And Various Clerical Functions. The Hours Are: Monday Through Friday 12 PM - 6:30 PM You May Apply In Person At: 2700 S. River Road, Suite 415 Des Plaines, IL 60018 Christina Brown (708) 299-9100</p>		<p>CURRENCY EXCHANGE CASHIER Full And / Or Part-Time. Spanish / English Bilingual Preferred. Send Letter Or Resume Or Come In To Store. Des Plaines Currency Exchange 1490 Miner Street Des Plaines, IL 60018</p>	

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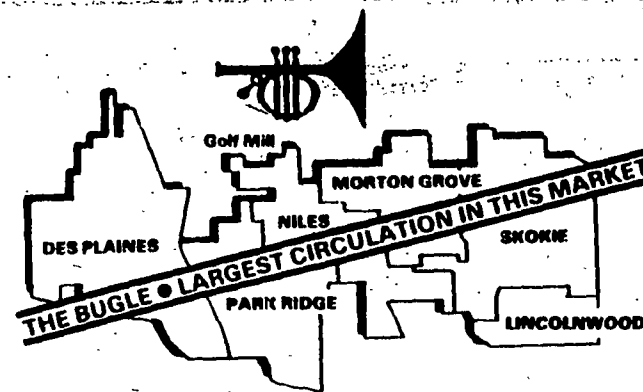
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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
MEDICAL / HEALTHCARE	RESTAURANTS / FOOD SERVICE		SALES/ TELEMARKETING	
<p>RECEPTIONIST Part-time Long term care center is seeking a part time receptionist. At least 1 year experience and good communication skills. Experienced typing skills. Apply in person: Hampton Plaza Nursing Home 8555 Maynard Niles, IL 60714 (708) 967-7000</p>	<p>DOMINO'S PIZZA Full Time - Part Time - Flexible Hours Lunch - Dinner - Late Night • Delivery Drivers • Pizza Makers • Order Takers Average \$10/\$12 per hour - Cash Paid Daily Hourly Wage, Tips, + Bonus Apply In Person Northbrook 1022 N. Waukegan Skokie 4510 Oakton Glenview - 775 N. Milwaukee Countryside Plaza</p>		<p>TELEMARKETERS •Excellent Commission •Cash Paid Daily •Flexible Hours •Great Full Time or Part Time Hours. Call for Appointment (708) 679-7420 10am-2pm everyday Ask for Frank</p>	
<p>Speech Language Pathologist, Pediatric IMMEDIATE OPENING Part time to full time Pediatric position avail. in the Milwaukee area. An opp. to work with birth to 3 ages in a school setting. Coordinate with OT/PT rehab team members, CCC prof, but will consider CPY's, generous sal. & ben. package, continuing edu. reimbursement & flex. work schedule. Please contact: Wlad Stomoniak, MS, CCC-Sp/A Director, Pediatric Speech Svcs. Shared Therapeutic Services 2500 N. Mayfair Rd., Suite 520 Milwaukee, WI 53228 414-778-6888</p>	<p>HAMBURGER HAMLET BAR & GRILLE Of Glenview • SERVERS • DAYTIME HOSTESS Full & Part Time High Volume, Excellent Tips. - Apply in Person Monday-Saturday - 9 To 11 AM & 2 to 6 PM At: 1432 Waukegan Road Carillon Square Shopping Center - Glenview (Lake & Waukegan Rd.)</p>		<p>TELEMARKETERS Cash Paid Daily Start Now Will Train Hanover Park (708) 372-2102 Villa Park (708) 782-0200</p>	
<p>Home Medical Care LIVE-IN POSITIONS • TOP PAY • EXCELLENT BENEFITS • QUALITY AGENCY • DRIVERS PREFERRED Call Susan at: 312-764-1313 ALL-WAYS CARING SERVICES, INC.</p>	<p>CERTIFIED NURSING ASSISTANTS Needed To Provide Care For Elderly And Disabled Individuals. Positions Available Immediately. Please call: (708) 513-0853</p>		<p>FAX FOR ADVERTISING COPY (708) 966-0198</p>	
<p>Achieve success in any area of life by identifying the optimum strategies and repeating them until they become habits.</p>	<p>WAIT STAFF Full time Part time Flexible hours - All Shifts • Will train Fun job - Good tips Riggio's Milwaukee & Oakton (708) 698-3346</p>		<p>SALES / TELEMARKETING</p>	
<p>PROFESSIONAL OPPORTUNITIES</p>	<p>SHAMPOO GIRL Part-Time For Salon In Niles Experience preferred but not necessary. (708) 965-0450 (708) 941-3161</p>		<p>TELEMARKETING Sell for Bugle Newspapers at Niles Office EXPERIENCED ONLY 966-3900</p>	
<p>PINKERTON SECURITY Full & Part Time No Experience Necessary! Must Have Phone & Transportation. We Provide Free Uniforms & Training. OPENINGS IN Northbrook, Arlington Heights, Rolling Meadows, Hoffman Estates, Elk Grove, Elgin, Des Plaines, & Skokie. RETIREES & MILITARY WELCOME! Apply In Person: Mon.-Fri., 8AM to 3 PM 3166 Des Plaines Ave., Suite #15, Des Plaines</p>	<p>PRE-SCHOOL TEACHER Part Time Reliable, responsible teacher with ECC needed for year-round position in Park Ridge Christian pre-school/day care, January, 1995. Please call: (708) 825-3767 Ask for Karen</p>		<p>HELP WANTED Part Time Weekends Cost check in banquet/restaurant facility. Pleasant festive atmosphere though late night hours. Excellent for students being able to study. Also for mothers whose children are monitored on weekends. Call for interview appointment and questions (708) 647-0660</p>	
<p>RGIS The nation's largest inventory service is seeking part time help in the Skokie, Morton Grove areas. No experience necessary - paid training. Must be 18 or older and have reliable transportation. \$6.25/hour to start. To schedule an interview, call: (708) 253-1173</p>	<p>SALES / RETAIL</p>		<p>SALES Sell advertising for Bugle Newspapers at Niles office. Full and part-time. Experience preferred but not necessary. Extensive training program available. Salary plus commission. Bugle Newspapers 8746 Shermer Road Niles, IL 60714 (708) 966-3900</p>	

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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	
SALES / RETAIL		SALES/RETAIL		TRADES / INDUSTRIAL / DRIVERS	
<p>ELK GROVE Super Center Open 24 Hours One Store, One Stop, One Great Area We are Looking for ENTRY LEVEL or EXPERIENCED applicants for the following positions: Seasonal Positions Available</p> <ul style="list-style-type: none"> • ELECTRONICS • MEAT DEPT. ASSOCIATE • FOOD COURT SHIFT LEADER • MAINTENANCE • FASHIONS • SEA FOOD MANAGER • GROCERY • CASHIERS • FOOD SERVICE • LOSS PREVENTION <p>FULL or PART TIME positions are available for FIRST, SECOND or THIRD shifts We encourage applications from all interested Senior Citizens and students wanting full or part time employment. ALL ASSOCIATES RECEIVE THE FOLLOWING EXCELLENT BENEFITS:</p> <ul style="list-style-type: none"> • Excellent working conditions • Flexible Scheduling when possible • Advancement opportunities • Competitive wages • Holiday pay • Paid vacations • 10% Associate discount <p>WE ALSO OFFER THE FOLLOWING ADDITIONAL BENEFITS FOR ALL FULL TIME ASSOCIATES:</p> <ul style="list-style-type: none"> • Group Health Insurance • Sick / Personal Time • Dental Insurance • Associate Savings Plan <p>Applications will be taken Monday thru Friday 9 AM to 6 PM at:</p> <p>Super Center 600 Meacham Elk Grove Village</p> <p>No phone calls will be accepted. In the interest of safety and to promote a safe production work environment, Knart store conduct a pre-employment drug test. An Equal Opportunity Employer</p>		<p>• STORE • ASSOCIATES • Full & Part Time Chicago's Largest Retailer Of Fine Wines And Spirits Is Seeking Energetic, Customer Oriented Individuals For Our North Suburban Locations To Perform A Variety Of Store Functions. Qualified Persons Must Be Over 21 Years Of Age, Able To Lift 40-50 Lbs. And Able To Work Day And Evening Hours. Previous Retail Experience Preferred. We Offer Opportunity For Advancement, Attractive Compensation And A Complete Benefits Package.</p> <p>For Consideration Apply In Person: GOLD STANDARD 5100 W. Dempster Skokie, IL 60077 Or Call Personnel Manager: (708) 674-4200 Equal Opportunity Employer</p> <p>Carpet Salespeople Major carpet retailer New York Carpetworld is growing and expanding fast in the Chicago area. Ideal opportunity for individuals with carpet sales background or willing to train the right person. High earnings and future management positions possible. Please call Mr. Allan 708-967-0150</p> <p>Find the help that you need in our classified section.</p>		<p>Georgia - Tool & Die Maker - Immediate Opening Metro Atlanta area company has opening for an experienced progressive die maker. If interested in relocating, send resume to: Die-Tech Engineering, 131 Louvorn Rd., Carrollton, GA 30117</p> <p>Printing TECHNICAL MANAGER IMMEDIATE OPENING Field Controller, A Leading Independent Manufacturer Of Folding Cartons, Has An Exceptional Opportunity For An Experienced Professional. Your Background Should Include Previous Printing Experience On Web Offset Presses, In-line Die Cutting And Proven Folding Carton Experience. The Ideal Candidate Will Also Have Good Leadership Skills, Strong Communication Skills, SPC And Computer Knowledge And The Ability To Supervise And Motivate Employees. We Offer A Competitive Rate And Full Company Benefits. Interested Candidates Please Send Resume To: Field Controller Company Attn: Bruce Hill 6600 North Industrial Road Milwaukee, WI 53223 equal opportunity employer</p> <p>WAREHOUSE DRIVER Full Time Valid Drivers License Call Mike (708) 647-5980</p> <p>Call one of our sharp adtakers between 9 a.m. and 4 p.m. every day and get your message right in the best spot in town - The Bugle's Classifieds! More potential buyers are going to see your ad than anywhere else and the cost is low! Check our special rates. Call right away and get ready for some instant response!</p>	<p>AUTO MECHANIC Experienced Only Harlem & Shermer Service 9021 N. Harlem Morton Grove 965-4388</p> <p>FLORIDA AUTO JAGUAR TECHNICIAN IMMEDIATE OPENING South Florida Jaguar, Land Rover & Saab Dealer, Factory Trained & ASE Certified. Terrific Location, Excellent Benefits & Salary, Ask For Service Director -407-659-6206</p> <p>Driver DELIVERY DRIVER Full Time We Are A Growing Retailer Of Fine Wine And Liquor Seeking A Delivery Driver For Our North Suburban Locations. Must Be At Least 21 Years Old, Have A Valid Driver's License, A Clean Driving Record, And A Good Knowledge Of The North City And North Suburban Area. Must Be Available To Work Days, Evenings And Weekends. Competitive Salary And Benefits Package. For Consideration, Please Call Or Apply In Person At: Personnel Manager (708) 674-4200 GOLD STANDARD LIQUORS 5100 W. Dempster Skokie, IL Equal Opportunity Employer</p>

Question: What's the best holiday present?

Answer: It's paid for, and you bought it at a discount.

Apply as a Seasonal Sales Associate at Service Merchandise, and this year you could give the best holiday presents ever. You'll earn a competitive wage on day or evening shifts, and you're immediately eligible for excellent associate discounts. Some Jewelry Sales associates may earn a commission in addition to their wage. Call or apply at one of the stores listed below, or call 1-800-251-1212 for the store nearest you.

We're proud to be an equal opportunity employer. m/i/d

Service Merchandise

- **MUNDELEIN:** Mundelein Shopping Center, 340 Town Line Road, Rte. 60 & 83, (708) 949-6000
- **DEERFIELD:** Deerbrook Mall, 240 S. Waukegan Rd. at Lake Cook Rd., (708) 291-9740
- **WAUKEGAN:** Lakhurst Mall, Lakhurst & Greenleaf Rds., (708) 473-0270
- **CRYSTAL LAKE:** 5561 Northwest Hwy (US 14) across from Crystal Point Shopping Ctr., (815) 477-0750
- **ARLINGTON HEIGHTS:** Town & Country Shopping Ctr., 345 E. Palatine Rd. (at Rand Rd. & Arlington Heights Rd.), (708) 577-2900
- **SCHAUMBURG:** 1440 E. Golf Rd. nr. Meachem Rd., (708) 995-9255

OUR FAX MACHINE FAX FOR ADVERTISING COPY (708) 966-0198 Bugle Newspapers

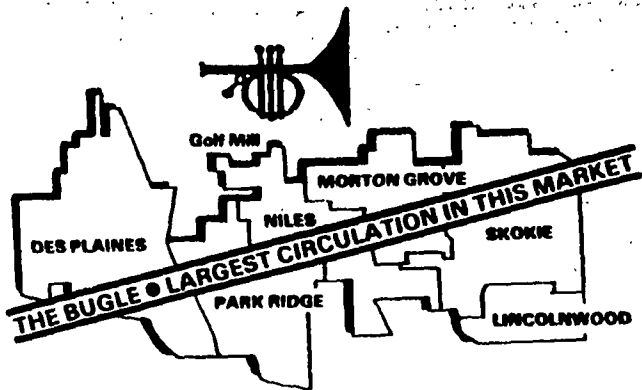
Your credit is good with us! We accept Visa & MasterCard.

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DELIVER NEWSPAPERS
 Deliver three hours on Thursday in Niles.
 Must have car.
(708) 966-3900

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FULL/PART TIME	FULL/PART TIME	MISCELLANEOUS		
REAL ESTATE		AUTOS FOR SALE	MISCELLANEOUS	
<p>HOUSE FOR RENT Niles - Brk. Ranch, 2 Bdrms, 2 Ba, 1/2 c. gar, gd. neighb., \$1100/mo. 966-6688 or (708) 674-0685.</p> <p>HOUSE FOR SALE Niles - Bunker Hill Ranch for sale, 8 rms, 4 bdrms, 2 1/2 Bas, Garage Asking \$359,000. Must See! Fin. Avail. or option to rent. 647-8397</p> <p>Equal Housing Opportunities Federal law and the Illinois Constitution prohibit discrimination based on race, color, religion, national origin, sex, handicap or familial status in the sale, rental or financing of housing. Bugle Newspapers do not knowingly accept advertising which is in violation of the law.</p>	<p>ROOM AVAILABLE ROOM AVAILABLE IN TOWN HOUSE Buffalo Grove Area With Single Mom & Two School Children. Student Or Woman, Non-Smoker. Call Evenings. (708) 541-9555</p> <p>RESORT RENTALS HILTON HEAD DISCOUNT RENTALS Why not get away to beautiful Hilton Head Island, SC? 1 BR-6 BR ocean condos & homes. Toll-free for rental brochure 800-445-8664</p> <p>TOWNHOUSE FOR RENT Niles - New Town-house, 3 Bdr, 2 1/2 Ba, L/R & D/R, Gar, Backs up to lake, Patio, Vaulted Ceils, Carpet thruout. Kit. Appls. \$1450/mo. (312) 509-2901.</p>	<p>'91 Mitsubishi, 34,000 mi. \$8,500. (708) 966-8125 or (708) 966-4400.</p> <p>FURNITURE FOR SALE White Formica Trundle Bed with 5 Year Old Apple Computer 1 Girl's 20" Bike, 1 Boy's 18" Bike. Call Denise After 5 P.M. (708) 541-9555</p> <p>Easy Chair, Sofa And Loveseat Blue, Mauve & Cream \$550 Leather Sofa And Loveseat \$950 Never Used - Must Sell (708) 648-1046</p> <p>MODEL HOME CONTENTS Sofa/Loveseat Set - Hunter Green & Cranberry - \$595, Other Sets, Pilets, Etc. - DR & BR Sets Also (708) 523-4112</p> <p>Furniture - Cherry Queen Ann Style Perfect Condition, Bedroom Set \$1100, Oak Bedroom \$1200, DR Set \$1700, Oak DR Set \$1000. Must Sell Complete Set. (708) 548-1046.</p> <p>GIFTS • 8 Beautiful Note Cards with Envelopes • 8 Different Pictures Per Set • Each Card Hand Personalized in Calligraphy • Packaged in a Gift Box ONLY \$10.00 & 2.00 P&H Actual Size 4 in x 5 in Call Barbara at (708) 291-1446 Call Judie at (708) 966-4567</p>	<p>20 in. Lawnboy Snowblower, Etec. Star - Hot cond. \$145.00 (708) 390-0044 Alt. 8:00</p> <p>1994 Encyclopedia Set Major Brand New. Box Un-opened. Orig. \$1200.00. Must Sell - \$295. (708) 860-0585</p> <p>1960-1970 Vintage Console Phonograph w/AM-FM Radio. Oak finish - good condition. Plays very well. Record storage space. (708) 967-1340 after 6 p.m.</p> <p>MUSIC LESSONS LOVE TO SING? Let an experienced voice teacher guide you through the mechanics of vocal technique. Unlock that hidden talent. No experience necessary. All ages. Evanston. Call Jennifer (708) 523-8004</p> <p>MOTORCYCLES FOR SALE '87 Honda Hurricane 600 All Stock. Red and Black. Low miles \$3100 Call 967-0140</p>	<p>PERSONALS PROFESSIONAL CLEANING LADY Experienced - Honest - Reliable - References. Will clean your house -apartment- ca (312) 486-7782</p> <p>TANNING SUNQUEST WOLFF TANNING BEDS New Commercial-Home Units From \$199.00 Lamps-Lotions-Accesories Monthly payments low as \$18.00 Call Today FREE NEW Color Catalog 1 (800) 462-9197</p> <p>TUTORING Will Tutor Mainly 5th Grade & Up Most Subjects Especially Algebra & Geometry Individual & Group Rates References Available (708) 470-9232</p> <p>WEIGHT LOSS DRINK & SHRINK Hottest Product In The Weight Loss Industry. Works Like Magic! Say Good-Bye To Unwanted Pounds, Hello To Added Energy. Remarkable Results. Proven Effective Satisfaction Guaranteed It's Only A Phone Call Away. (708) 360-0690</p> <p>WANTED TO BUY WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742</p> <p>NEED HELP? CALL... 966-3900</p>
REAL ESTATE		PERSONALS		
<p>GET WELL RUSSELL</p> <p>Real Estate advertised in this publication is subject to the "Federal Fair Housing Act", "The Illinois Human Rights Act" and "The Chicago Fair Housing Ordinance". These laws make it illegal to advertise any preference, limitation, or discrimination based upon a person's race, color, religion, national origin, sex, familial status, marital or physical handicap, age, marital status, parental status, sexual orientation, or lawful source of income. This publication will not knowingly accept any advertising for Real Estate that is in violation of the law. All persons are hereby informed that all dwellings advertised herein are available on an equal opportunity basis.</p> <p>Our classified ads reach more people per week for the least amount of dollars. We cover the near north suburbs and the north side of Chicago with 2 insertions per week. See how your money can work for you by putting your recruitment ads in both editions of The Bugle. You now get both insertions for the price of one! Call us today for details. We will be happy to assist you in placing your ads and in reserving space for our next issue. We offer two TAKE ADVANTAGE OF OUR SPECIALS! SIMPLY CALL (708) 966-3900, and ask for our classified department. Our trained staff will be available to take your orders.</p>		<p>POWERFUL PRAYER to the Holy Spirit. Holy Spirit, You solve all problems, who light all roads so that I can obtain my goals. You who give me the divine gift to forgive & to forget all evil against me. In all instances of my life You are with me. I want in this short prayer to thank You for all things & to confirm once again that I never want to be separated from You, even & in spite of all material illusions. I wish to be with You in eternal glory. Thank You for your mercy toward me & mine. The person must say this prayer for 3 consecutive days, after 3 days the favor requested will be granted even if it may appear difficult. This prayer must be published immediately after the favor is granted without mentioning the favor. AD</p>		

INFORMATION ON CLASSIFIED ADS
 You Can Place Your Classified Ads by Calling (708) 966-3900 or Come To Our Office in Person At: 8746 N. Shermer Road, Niles, Illinois. Our Office Is Open - Monday thru Friday, 9 A.M. to 5 P.M.

North Maine Fire provides tips for worry free winter

As the temperature drops, the number of residential fires goes up. Now that the home heating season has begun, have a qualified serviceman inspect your furnace and change the filters. Make sure that all papers, trash, combustibles and flammable liquids are kept away from the furnace area.

If you have a fireplace or wood stove that you use for home heating, make sure it is cleaned and inspected by a qualified chimney sweep. Burn only dry well seasoned hard woods such as oak, hickory, and maple. Avoid wood that is green and moist. When using your fireplace, make sure the opening is covered with a metal screen or glass door and never leave a fire unattended.

A wood stove should have a minimum clearance of 36 inches between the stove and combustible walls and ceiling. Flammable liquids should never be used to start or accelerate any fire. Place ashes in a metal container and store outside away from the house.

Portable space heaters, electric or kerosene also need special attention. Make sure there is a minimum of 36 inches clearance on all sides of these heaters. Small children should not be left unattended in a room with a portable heater. Follow the manufacturer's suggestions for proper operation and maintenance. Keep kerosene stored in approved metal containers in a well ventilated area outside the house, and never attempt to refuel a heater while it's operating or hot.

Never try to thaw frozen water pipes with a blow torch or other open flame. Use hot water or an underwriters laboratories labeled device for thawing.

Assist your fire department by keeping fire hydrants near your home clear of snow, so in the event of a fire, the hydrant can be easily located. Make sure there are operating smoke detectors on each level of your home. Your family should have and practice a home fire escape plan.

For additional information, call North Maine Fire Department, Fire Inspector Lazier at (708) 297-5020.

Vinegar: it's the spice of life

In some parts of the country, the secret's been out for years: Don't put salt on your french fries, use vinegar instead. At boardwalk concession stands, the bottle of vinegar is right beside the salt shaker -- and it's used more often.

Maybe people strolling along the boardwalk munching fries aren't thinking about healthful alternatives to salt. But the robust flavor of aged red vinegar can add spice to life -- with less than a milligram of sodium per ounce.

One ounce of vinegar has just four calories and less than one gram of fat.

Salt substitute -- here are some ways to use vinegar to replace salt.

• Popcorn: In your popper, add a teaspoon of red wine vinegar to extra virgin olive oil. Heat, add corn and pop.

• Oven browned fries: Toss frozen french fries with extra light olive oil. Bake according to directions. While still hot, sprinkle with red wine vinegar, herbs and fresh pepper to taste.

Homeowners guide to buying tree seedlings

Homeowners looking for a new way to but small quantities of tree seedlings at a reasonable price need only to look to Trees For Tomorrow in Eagle River, WI. Trees For Tomorrow is a natural resources school for fourth graders through senior citizens, but they also sell tree seedlings to support their outdoor education programs.

Red pine, white spruce, blue spruce and a faster growing Elite White Spruce™ can be ordered in quantities as low as twelve trees per species. These are containerized seedlings, grown in a cell of soil and fertilizer, so they have better survival rates and longer planting seasons than bare root seedlings. The seedlings can be ordered now for spring planting. They are shipped via UPS, or can be picked up at the "Trees" Center in Eagle River, between mid-May and late September.

For an informational brochure and order form, write Trees For Tomorrow, Seedlings Program, P.O. Box 609, Eagle River, WI 54521 or call (800)-TFT-WISC. Reserve your seedlings now!

REEC offers real estate pre-licensing classes

Real Estate pre-licensing classes will be presented by Real Estate Education Company for individuals planning to take the Illinois state Salesperson or Broker real estate licensing exams given by Assessment Systems, Inc. Individuals interested in pursuing careers in residential, commercial, industrial brokerage, property management, leasing or other related real estate fields must take mandatory licensing courses, as well as pass the state licensing examinations.

Pre-Licensing courses are also available through Self-Study Programs and a placement service is available in the real estate industry. Real Estate Education Company is approved by the Department of Professional Regulation and has been offering real estate classes for more than twenty-five years. It is the largest real estate school in Illinois. In addition to Pre-licensing courses the school also offers courses in real estate appraisal certification and continuing education.

For information on class times and to register, call (312) 922-6666 or (800) 878-9510.

Consumer Alert

by Attorney General Roland W. Burris

Q. Recently I received a phone call from a telemarketer who convinced me to send his company \$30 for discounts on air fare and accommodations to Florida. Unfortunately, I never received anything in return, except for an increased number of phone calls from other solicitors. Can you tell me how I can determine if a telemarketer is legitimate?

A. Although there is no sure-fire way to know if a telemarketer is legitimate there are certain precautions you should take to make an informed decision. One of the most obvious safeguards is not to give out your credit card number, checking account number or social security number over the phone. Also beware of "free" gifts that may require you to pay "shipping and handling" charges, "redemption" fees, or "gift taxes" before delivery and "high-profit, no-risk" investments. Remember no high-profit investment is free of any risk. Solicitors who seem to be forcing you to make a split second decision because of a one-time offer should also be considered suspicious.

Some unscrupulous telemarketers may also operate under the guise of a charity for their own personal gain. That is why you need to be an informed donor and ask such questions as the name of the charity, its address, telephone number and how long it has been in operation. Also ask what percentage of the money collected goes to the charity and what percentage goes to fundraising costs. You may also want to contact the Illinois Attorney General's Office to find out if any complaints have been registered against the company or charity in question. A word of caution, just because there are no complaints on file doesn't mean that a business or charity is trustworthy. If you feel you have been lured into a fraudulent telemarketing scam, you should consider filing a complaint with the Attorney General's Office.

If a telemarketer is uncooperative in answering your questions, simply hang up the phone. Remember you have a right to know the specifics. They have no right to your money. Above all, follow the rule of thumb that "if it sounds too good to be true, it probably is."

Lung Association urges homeowners to test for radon

One of the most dangerous health hazards in our community is completely invisible. It is odorless, colorless radon gas, which is the second leading cause of lung cancer, and the leading cause among non-smokers.

Radon gas is formed by the natural or uranium and radium, both common elements in the soil. Radon gas emitted into the outdoor air is not a risk. It mixes and gets dispersed quickly with the atmosphere. However, the radon gas that enters through cracks in concrete slabs and floor-wall joints and accumulates in people's homes sometimes to dangerous and potentially deadly levels. Radon gas is estimated to cause approximately 15,000 to 20,000 lung cancer deaths each year. If a home has high levels of radon, a family is being exposed to as much radiation as having hundreds of chest-rays every year.

Fortunately, testing for radon is inexpensive and can be done by using an American Lung Association of Metropolitan Chicago radon detector kit.

The only protection against radon is knowledge and action," said Ron Burke, director of environmental health, American Lung Association of Metropolitan Chicago. "That is why we are encouraging everyone to test their homes and, if necessary, take important steps to reduce radon levels in their homes."

To order an American Lung Association radon test kit, call (800)948-9539. Each kit includes a laboratory analysis, confidential test results and a recommended course of action. A portion of the proceeds benefit the lung association's research, education and advocacy programs.

Remembering and practicing these few suggestions will help you and your family through a power outage.

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Remembering and practicing these few suggestions will help you and your family through a power outage.

County opposes forest preserve land grab

Proposed changes in state law enabling forest preserve land to be taken for riverboat gambling facilities met with strenuous opposition at a public hearing held by a Cook County Forest Preserve committee recently.

The Legislation and Intergovernmental Relations Committee adopted a resolution urging the state legislature to reject several bills which would allow condemnation of Forest Preserve lands for commercial purposes, changing a law in existence for over 80 years.

Sponsored by Commissioners Carl R. Hansen (R-Mt. Prospect), John Stroger (D-Chicago), Richard A. Siebel (R-Northbrook), and John P. Daley (D-Chicago), the resolution urges opposition to the destruction of Preserve lands. It urges members of the General Assembly to reject any and all amendments which would allow governmental units to annex, condemn forest preserves for riverboats or any other purpose whatsoever.

Committee chairman Hansen, who introduced the resolution, observed that the Forest Preserves have been untouched since their inception, and must be kept out of the hands of those who would seize for gambling purposes is unthinkable," he stated. "Committee members and the public are appalled that such a thing could even be considered."

Representatives of many community and conservation groups testified, and all were strongly opposed to the proposals, introduced by Representative Lee Danilov of Du Page County. Testimony was heard from individuals speaking on behalf of the Nature Conservancy, the Sierra Club, the League of Women Voters, Open Lands, and several others.

The legislation would allow an almost unknown state board dealing with riverboat gambling to, in effect, authorize condemnation of forest preserves within any municipality, or any number of them, designated to receive a gambling boat.

During its first full week of fall veto session, the Senate voted to approve a measure that could give more senior citizens relief from skyrocketing property taxes, while a comprehensive anti-crime package sponsored by Senate Republicans moved to the Governor's desk, according to State Sen. Dudydz (R-7th).

The Senate voted to override a gubernatorial veto of Senate 1369, which freezes the equalized assessed value of residential property at the 1993 assessment level for senior citizens, beginning with the 1994 assessment year. The exemption would be available for people aged 65 and older with a total household income of \$35,000 or less. Those eligible must apply at the assessor's office by May 1 of each year, or by a date specified by the

Statewide campaign to pass crime bill launched

Mayor Richard M. Daley recently launched a statewide campaign to pass crime legislation this fall. Daley's Illinois Safe Neighborhoods Bill, which targets gangs, guns, drugs, juvenile justice reforms and domestic abuse, will be reintroduced during the upcoming veto session.

"Illinois must come together as one state and one people to meet the threat of crime and violence in our communities. This is the most important fight in our state today so I'm launching a statewide campaign to pass the Illinois Safe Neighborhoods Bill," Daley said, during an event honoring approximately 175 role models who served in a joint Police Department/Board of Education program called "We Care."

Daley said that his administration plans to introduce a range of new measures during the fall session as well, including one which increases penalties for shooting police officers. The proposal raises the minimum sentence from 10 to 15 years, requires that the sentence be served consecutively, instead of concurrently, with other sentences, and requires that they serve the full sen-

tence, without any time off. "This sends a message to the criminals and police. To the criminals it says that no crime is more serious than firing a gun at the men and women who put their lives on the line each day for our safety. To the police, it says that we stand with you 100 percent, and we'll do everything we can to protect you," Daley said.

Daley further vowed to build a statewide coalition of elected officials and concerned citizens to lobby the legislature to pass the Safe Neighborhoods Bill in the fall session, which runs from Nov. 15-17 and Nov. 29 through Dec. 1.

Daley encouraged people to write or call their legislators and ask them to support this crime bill, adding, "People are outraged by crime. They want action. In the coming weeks, I hope to channel that anger and frustration into something positive and hopeful for the people of Illinois, and especially for our children."

USE THE BUGLE

Politics

Sheahan wins Crime Commission Award



Cook County Sheriff Michael F. Sheahan (left) receives the Chicago Crime Commission's 1994 Law Enforcement Administrator of the Year Award from Crime Commission President William Croft. Sheahan was honored for his many innovative accomplishments during his first term as Sheriff. Sheahan is the first Cook County Sheriff to win the award in the 75 year history of the Chicago Crime Commission.

Divide IRS payments throughout year

Most of the time, surprises are a lot of fun. But if you get surprised by a year-end tax bill, that's no fun at all.

Ordinarily, anyone who draws unemployment benefits this year should make quarterly estimated tax payments to the Internal Revenue Service. These payments are necessary because unemployment benefits are now fully taxable for everyone regardless of income, the IRS says. And, unlike a paycheck, there is no federal tax taken out of an unemployment check. Unemployment benefits have been fully taxed since 1987. Yet, according to the IRS, many people are still not aware of this change.

In addition, if you owe more than \$500 tax at the end of the year, you will also owe a penalty in many cases. Unemployment is always a painful experience. By making quarterly tax payments during the year, the IRS says you can avoid the added pain of an unexpected year-end bill.

Each quarterly payment should be sent to the IRS along with Form 1040 ES, Estimated Tax for Individuals. Included with the form is a worksheet which can help you figure out how much to send in each quarter. To get a free copy, call the IRS toll-free at (800) TAX-FORM (829-3676).

Tele-Tax, an automated system of recorded tax messages, has more information on reporting unemployment benefits to the IRS. Call (800) 829-4477 and ask for tape number 419.

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LEGAL NOTICE

Table with financial data for Niles Elementary School District #71, including columns for Assets, Liabilities, and Fund Balances.

Table showing Gross Payment of Certificated Personnel, listing names, salaries, and other financial details.

Table showing Niles Elementary School District 71 Gross Payment of Certificated Personnel, listing names and salaries.

Continued on Page 45. List of names and salaries for certificated personnel.

Moscinski receives award



Pictured are Commissioner Terrence J. O'Brien of the Metropolitan Water Reclamation District and District Civil Engineer, Mary Frances Moscinski, recipient of the 1994 Young Government Civil Engineer of the Year Award.

Commissioner Terrence J. O'Brien of the Metropolitan Water Reclamation District and District Civil Engineer, Mary Frances Moscinski, recipient of the 1994 Young Government Civil Engineer of the Year Award.

Niles Historical Society plans events

Exciting things are planned at the Niles Historical Museum and the public is invited. Mark your calendars for all of the upcoming events and bring friends and neighbors.

Car-X supports rising stars

Car-X Muffler and Brake shops are supporting the area's most promising automotive students with the Scholarship for Technicians in Automotive Repair (STAR) Program.

Great Train Escape rolls into town

Great Train Escape, Chicago's friendliest and most convenient Toy and Model Train Swap Show, steams into the Northwest Suburbs on Sunday, Nov. 27.

Calling all Maine East Alumni

Looking for that old high school buddy? Or sweetheart? Or maybe just wondering what the old gang is up to? Well you are in luck!

Local school board members sought

The general Caucus of School District 64 is now organizing for the purpose of selecting qualified members from our community to recommend for service on our local school board.

N.D. student receives scholar award

Rev. Kenneth Molinaro, CSC, Principal at Notre Dame High School, Niles, has announced that Scott Thesen, a resident of Norridge, has been named AP Scholar by the College Board.

Sporting goods sought for resale to benefit ALS

"Sports Replay," a two-day sale of new and used sporting goods to benefit the Les Turner ALS Foundation, will take place the last weekend in April of 1995.

World's Largest Office Party to benefit charity

The 13th annual World's Largest Office Party will be held on Monday, Dec. 19, from 3:30 to 10:30 p.m., at the Hyatt Regency Chicago, 151 E. Wacker.

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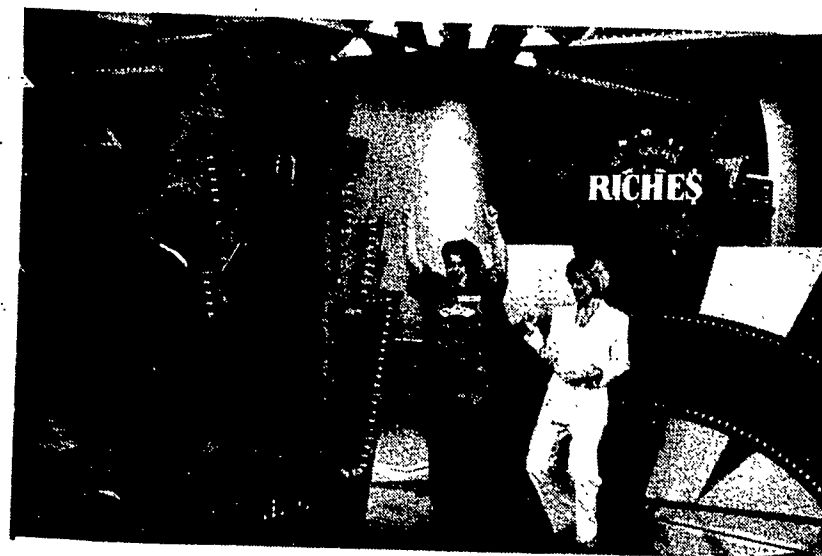
LETTERS TO THE EDITOR

Dear Niles Residents: On behalf of the American Cancer Society, I thank you for your support during our 1994 Community Crusade.

Daniel J. Peistrup

Navy Petty Officer 3rd Class Daniel J. Peistrup, a 1990 graduate of Maine West High School of Des Plaines, recently reported for duty with Strike Fighter Squadron 27, Naval Air Station, Lemoore, Calif.

Glenview resident wins on Illinois lottery's game show



Linda Goll (center) of Glenview, being congratulated by co-hosts Mark Goodman and Linda Kollmeyer, won \$40,000 on the new "Illinois Instant Riches" game show. Goll appeared on the Nov. 12 show. Goll recently purchased a winning "Illinois Instant Riches" ticket at White Hen Pantry, 3120 Glenview Road, in Glenview, and as a result became eligible to be a potential contestant on the Mark Goodson Productions-created show.

University hosts open house to detail MAT program

National-Louis University will discuss its Master of Arts in Teaching (MAT) degree program in an information session Nov. 29 at its Evanston Campus. The MAT program is aimed at individuals who hold undergraduate degrees in areas other than education. Degrees in elementary education, early childhood education and learning disabilities/behavior disorders are offered through the MAT program.

The information session will take place from 5:30 to 7 p.m. at the Evanston Campus, 2840 Sheridan Road. National College of Education faculty members, representatives from the financial aid and career development offices, and students currently enrolled in the program will be present to answer questions. Individuals wishing to enroll in the program for the winter quarter may do so on site. Refreshments will be served and babysitting is available. For reservations and further information, call (800) 443-5522, ext. 5161.

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Get into the act with The Bog Theatre

The Bog Theatre, a professional theatre company located in downtown Des Plaines, seeks volunteers for the following positions: light board operator, costume designer, costumer stitchers, set painters, backstage crew, ushers and more for its radio adaptation of Charles Dickens' "A Christmas Carol" scheduled for Dec. 2-18. The Bog Theatre also seeks technical, backstage and box office volunteers for its 1995 season.

For more information these and other volunteer positions with The Bog Theatre call the box office at (708) 296-0622.

Second City announces special Sunday matinee

The Second City is proud to announce the inaugural production of its Special Sunday Matinee, "Miracle On Wells Street," on Sunday, Dec. 4, at 3 p.m. Directed by Anne Libera, "Miracle On Wells Street" is a show for the whole family, featuring classic Second City scenes & songs, plus a good dose of holiday spirit.

"Miracle On Wells Street" performs in an open run every Sunday, at 3 p.m. at The Second City (1616 North Wells Street). Previews begin Nov. 27. Food, drink and Sunday brunch packages are available. For reservations, call (312) 337-3992.

Lighting ceremony slated in Palatine

The Greater Palatine Chamber of Commerce & Industry, Inc. will hold its Fifth Annual Festival of Trees Tree Lighting Ceremony on Sunday, Nov. 27 at 4 p.m. on the corner of Palatine Road and Smith Street. The Festival of Trees consists of 51 beautifully decorated trees which are sponsored by Palatine Chamber of Commerce member businesses. The fifty trees represent a "state" in the United States while the 51st tree is an "Angel" Tree representing Palatine. The trees will be lit for the first time this season at the ceremony.

The "Angel" Tree, sponsored by the Palatine Jaycees, will be decorated with angels listing an age and gender of a needy Palatine resident. Anyone who would like to donate a gift can pick an angel and drop a present off at the Palatine Township.

The Palatine Chamber of Commerce will also be sponsoring a food drive at the Tree Lighting Ceremony. Donations of canned goods can be brought to the ceremony.

Youth basketball holiday camp set for break

Third through eighth graders can spend their holiday break learning the fundamentals of basketball while having a great time at the Niles Park District's Grennan Heights facility.

This special camp will be held Dec. 27-30, from 10 a.m. to noon. Register at Ballard Leisure Center, 8320 Ballard Road, or the Administrative Office, 7877 N. Milwaukee. Call (708) 967-6975, ext. 46 for more information.

Niles author reveals great drinks without alcohol

A new book of non-alcohol drink recipes by Niles author Richard Lalich was published nationwide on Nov. 15 by St. Martin's Press of New York. The book, "Zero Proof: 200 Non-alcoholic Drinks From America's Most Famous Bars and Restaurants," includes recipes for delicious drinks without alcohol.

"It never seemed fair to me that people who drink responsibly should have only a few, bland drinks to choose from at home or in a restaurant," Lalich said. "The drinks in Zero Proof are every bit as full-flavored and enjoyable as any cocktail you'll find with alcohol." The book includes recipes for non-alcoholic pina colodas, virgin marys, iced coffee concoctions, ice cream drinks, and freshening juice blends - all just as they are made in the nation's finest restaurants and nightclubs.

With his co-author, Pamela Stovall, Lalich gathered the recipes from such restaurants as Spago in Los Angeles, The 21' Club in New York, Stars in San Francisco, Planet Hollywood in Chicago, and dozens of others where

Township expands services by funding agencies

by Mark Thompson
Maine Township Supervisor

Somewhere in Maine Township today, someone may be benefiting from a township service without even knowing it. That's possible because Maine Township, besides providing many direct services to residents, also contracts with local agencies for programs it doesn't itself offer.

For example, while the township does not provide counseling for depression or other mental illnesses, it does support the Maine Center for Mental Health. This year, many more of our residents will be able to receive help at the center, thanks to \$150,000 in Maine Township funding.

In the same way, the township's support this year will allow a greater number of residents to get help from the Maine Township Council on Alcoholism. Without the \$90,000 in township funds for 1994, some residents might have nowhere to turn for the treatment they need to battle their drinking problems.

Township funding this year will help more developmentally disabled children and adults attend programs at the Clearbrook Center, Glenkirk and Northwest Suburban Aid for the Retarded; will provide Head Start classes for more low-income preschoolers through CEDA Northwest; will give more abused or homeless teen-age girls a chance for shelter, counseling and skills training at The Harbour; and will offer more children of low-income working parents a place at Northwest Suburban Day Care.

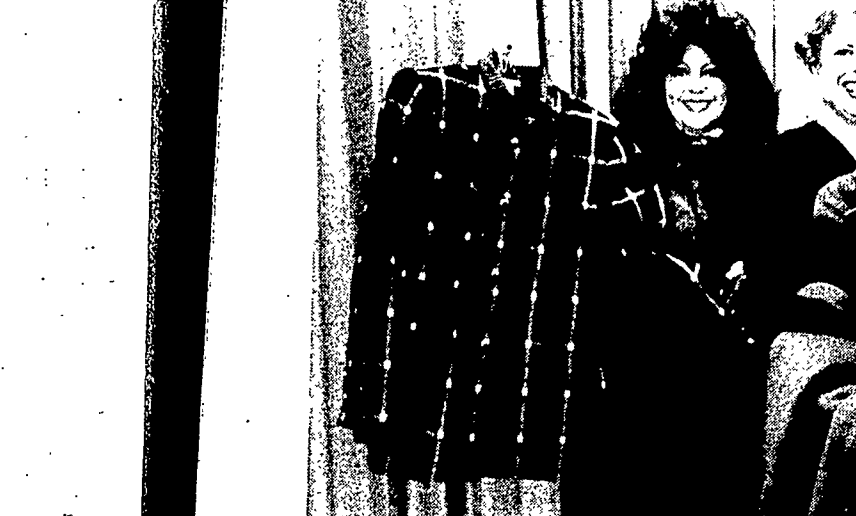
Senior citizens, abused women, troubled youths, the working poor and the disabled also will receive support, shelter, counseling, training or other services with the help of township agency funding. Among the other agencies we fund are the Blare House, Builders of Skills, the Center of Concern, the Des Plaines Senior Center, LifeSpan, the North Shore Senior Center, the Park Ridge Senior Center, the Park Ridge Campus, PRC Paratransit,

the Park Ridge Teen Center, the Salvation Army, Suburban Primary Healthcare and WINGS (Women In Need of Growing Stronger).

In all, \$415,000 in Maine Township funds will go toward 21 area social service agencies this year.

The cost is \$5. For more information, call the Emeritus Program at (708) 635-1414.

NAWBO to hold Holiday Bazaar



Lake Forest resident Marsha Goldstein (left), president of My Kind of Town Tours, Inc., and Skokie resident Linda Forman, partner, Gleason, Sklar, Sawyers & Cumpata, display business clothing that will be donated to the Bottomless Closet at the Chicago Area Chapter National Association of Woman Business Owners (NAWBO) 1994 Holiday Bazaar on Wednesday, Nov. 30, at the Palmer House Hilton, 17 E. Monroe.

Guests are asked to bring a donation for the Bottomless Closet, which supports welfare recipients who are looking for jobs. The bazaar includes dinner and a lavish dessert bar. Call the NAWBO office at (312) 541-1272.

Christmas Tree Lighting Ceremony offers holiday magic

Mayor Richard M. Daley invites everyone to celebrate the 81st Annual Chicago Christmas Tree Lighting Ceremony on Friday, Nov. 25 at Daley Center Plaza from 4 to 5 p.m.

The tree lighting ceremony features a star line-up of characters and celebrities, including Miss America 1995 Heather Whitestone, child star Raven Symone of "The Cosby Show" and "Hangin' with Mr. Cooper," and Monte Reynolds, the 1995 Chicago Easter Seals Child Representative. Also scheduled to appear are Ronald McDonald, Commonwealth Edison's Louie the Lightning Bug, jugglers and mimes from Navy Pier Festival Market Place, Precious Moments characters, and of course, Santa Claus.

Pre-ceremony entertainment begins at 4 p.m. with traditional Christmas carols performed by Fred Koch, and His Elves. Other musical entertainment includes the cappella singing group Frolic Flair.

Through its Bureau of Forestry, the Department of Streets and Sanitation will once again provide this year's Christmas tree. The 40-foot tree will be adorned with 250 red bows about 20 inches in size, 500 pom-pom-like ornaments, 48 Christmas figurines varying in size from 18 inches to 3 feet high surrounding the base, and over 5,000 individual Christmas lights.

Synagogue services scheduled

Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, will hold its Friday Evening Services at 6:30 p.m. on Fridays, Nov. 25 and Dec. 2.

On Friday, Dec. 9, services will begin at 8:15 p.m. Congregants whose anniversaries fall during the months of November and December will be celebrated. Norman and Darlene Padnos will be sharing with us, their return from Israel.

All Saturday Morning Services will begin at 9:30 a.m. Rabbi Edward H. Feldheim will be conducting all services. Everyone is welcome.

Legion salutes 100th birthday

At a recent fish fry, the Morton Grove American Legion Post #134 at 6140 Dempster, celebrated the 100th birthday of Morton Grove resident Oscar Franson.

Franson and his daughters were treated to one of their favorite usual Friday fish fry meals by the local Legion, and then the Happy Birthday song was sung to him by all in attendance according to fish fry chairman, past commander Roger Schmidt.

Thousands of diners stopped by the table to wish Oscar a most happy natal day and share a piece of the cake which the Legion also was happy to furnish his localite who hit the century mark.

Offices to close for Thanksgiving

All Secretary of State offices and facilities will be closed Thursday and Friday, Nov. 24 and 25, for Thanksgiving. Secretary of State George H. Ryan announced. The only exception is the Ford City facility in the Ford City Mall, which will be closed Thanksgiving Day, Nov. 24, only. That facility will resume business on Friday, Nov. 25. The holiday is observed by all state agencies.

Driver Services facilities outside Cook County and the Chicago West, Midlothian and Niles facilities in Cook County, which normally are open Tuesday through Thursday, will reopen Saturday, Nov. 26. All offices that normally are open Monday through Friday will return to their regular work schedules on Monday, Nov. 28.

Holiday Harvest of Crafts in Niles

The excitement is building as Christmas nears, Santa and his elves are readying for their special night, hearts and homes are preparing for this special time.

Catch the spirit of the season at the annual Holiday Harvest of Crafts at 8132 N. Ozark, Niles. The show, entitled "Ficus Interruptus and Recent Landscapes," is free and open to the public.

The gallery is located in the Edward Crown Center for the Humanities at Loyola's Lake Shore Campus, 6525 N. Sheridan Rd., Chicago. Gallery hours are 8:30 a.m. to 4:30 p.m., Monday through Friday and by appointment.

For further information, call (312) 508-2820.

James H. Jensen

James H. Jensen received practical work in military leadership at the Army ROTC Advanced Camp at Fort Lewis, in Tacoma, Wash. The camp, attended by cadets normally between their third and fourth year of college, includes instruction in communications, management, and survival training. Jensen is the son of Clifford P. and Mary E. Jensen, of Des Plaines.

Free clinic with world-famous percussionist

The Chicago Music Mart at DePaul Center, State and Jackson, will host a free drum clinic, co-sponsored by Avedis Zildjian company, featuring world-famous percussionist Kenny Aronoff, on Tuesday, Nov. 29, from 7 to 9 p.m. in the performance center. Aronoff, drummer for the John Mellencamp band since 1989, is considered one of the most influential drummers in rock and roll and will contribute his expertise in the Chicago Music Mart's celebration of International Drum Month. Seating for the clinic is first come-first served.

Aronoff will demonstrate the rock-style techniques for drum and cymbal application and tuning both in live and recording studio situations. Although Aronoff is recognized mainly for his work as a rock drummer, his background includes jazz, R&B and extensive training in classical percussion. He made the transition from classical and jazz/fusion when he joined Mellencamp.

In between albums and tours with Mellencamp, Aronoff has become one of the busiest working session drummers in the business, playing with such diverse artists as Iggy Pop, Bob Dylan, Elton John, Bob Segar, Jon Bon Jovi, Neil Diamond, Bonnie Raitt, B.B. King and many others. The Chicago Music Mart, the Midwest's only retail mall specializing in music, is proud to feature this acclaimed percussionist in November's calendar of events. All of which are free and open to the public.

November competition at D.P. Camera Club

The next meeting of the Des Plaines Camera Club will be held on Monday, Nov. 28, beginning at 7:30 p.m. The Club meets at the Des Plaines Public Library, 841 Graceland Ave., Des Plaines.

After a brief business meeting, the monthly Inter-Club Slide and Print Competition will take place. Members may submit four color slides. This month the special category for the second slide submitted is "Sign of Fall." There are several categories for photographs, black and white and color. The submissions will be judged and critiqued by a panel of three judges from local camera clubs. Awards and Honorable Mentions will be given to those scoring the highest points in each category.

Competition results for the month of October are: Print-of-the-Month was awarded to Harry Hug, President of the Club. Awards were received by Evalyn Mikes (small color), Harry Hug (small and large monochrome), Helen Beck and Tom Chiakulas (small color). Honorable Mentions went to Helen Beck and Tom Chiakulas. October's Slide-of-the-Month was captured by Emie Stolle. Awards were given to Emie Stolle with Honorable Mentions to Evalyn Mikes and Berton Terry.

LEGAL NOTICE BID FOR CUSTODIAL CLEANING EQUIPMENT VACUUM CLEANERS

The Board of Education of East Maine Public Schools District #63, will be accepting bids for custodial cleaning equipment (vacuum cleaners) until 10 a.m., Thursday, December 8, 1994 at which time there will be a public bid opening. Bid requirements and specifications may be obtained between 8:00 a.m. and 4:00 p.m. from the Office of the Director of Operations and Maintenance, East Maine School District #63, 10150 Dee Road, Des Plaines, Illinois 60016. Phone (708) 299-1900.

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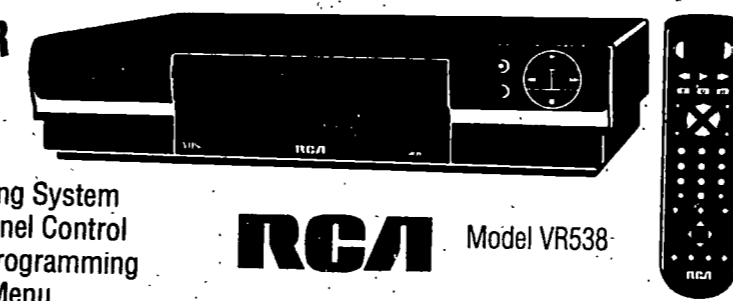
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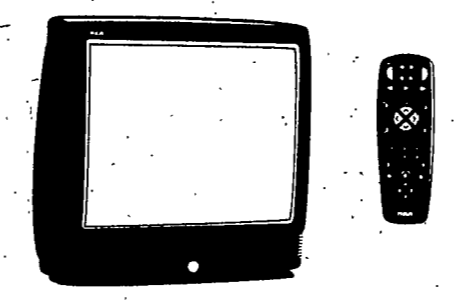


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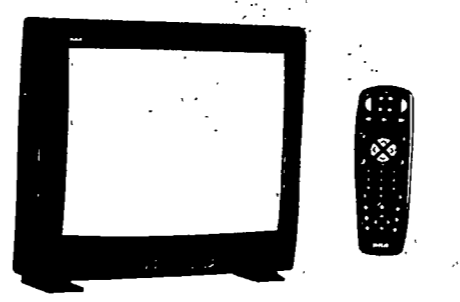
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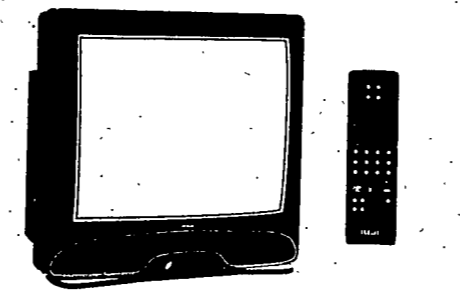
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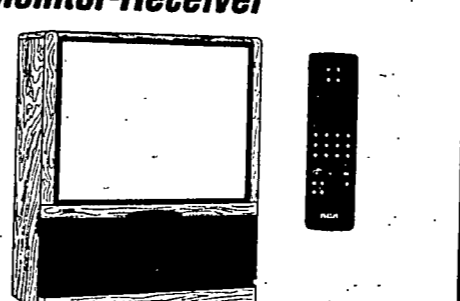
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